

2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

Results

Event 1 Girls 14 & Under 800 LC Meter Freestyle

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------|----|----------------------------|-----------|-------------|
| 1 Islam Ali, Lubaina | 05 | Team Kenya-ZZ | 10:03.25 | 10:49.76 |
| 2 Phiri, Jade A | 06 | Zambia Swimming | 11:30.67 | 11:10.51 |
| 3 Latiff, Sophia | 06 | Team Tanzania - Tanzanites | 12:40.11 | 12:06.00 |
| 4 Mosho, Chisanga | 07 | Zambia Swimming | 12:26.85 | 12:11.35 |
| 5 Mary, Banona | 06 | Uganda Swim Team | 12:06.50 | 12:48.69 |
| 6 Fischer, Avalon | 05 | Team Tanzania - Tanzanites | 13:10.09 | 12:59.98 |
| 7 Luzinda, Nakafu | 06 | Uganda Swim Team | 12:30.25 | 13:06.99 |

Event 2 Boys 14 & Under 800 LC Meter Freestyle

| Name | Yr | Team | Seed Time | Finals Time |
|------------------|----|----------------------------|-----------|-------------|
| 1 Hart, Ivan J | 06 | Team Kenya-ZZ | 9:32.83 | 9:49.46 |
| 2 Tarimo, Terry | 05 | Team Tanzania - Tanzanites | 12:36.54 | 11:00.05 |
| 3 Rashid, Delhem | 06 | Team Tanzania - Tanzanites | 12:12.45 | 11:19.00 |
| 4 Tyaba, Kigundu | 07 | Uganda Swim Team | NT | 11:32.00 |

Event 3 Girls 15 & Over 800 LC Meter Freestyle

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------|----|----------------------------|-----------|-------------|
| 1 Mbite, Christine R | 03 | Republic Of South Africa | 11:40.70 | 10:16.94 |
| 2 Ahura, Ambala | 04 | Uganda Swim Team | NT | 10:53.71 |
| 3 Okumu, Virginia N | 01 | Team Kenya-ZZ | 10:13.06 | 10:54.66 |
| 4 Caloiaro, Sylvia | 01 | Team Tanzania - Tanzanites | 12:20.15 | 11:44.11 |
| 5 Thobeha, Lerato | 04 | Republic Of South Africa | 11:30.00 | 11:54.60 |
| 6 Bachmann, Maria | 04 | Team Tanzania - Tanzanites | 13:10.81 | 12:37.12 |

Event 4 Boys 15 & Over 800 LC Meter Freestyle

| Name | Yr | Team | Seed Time | Finals Time |
|---------------------------|----|----------------------------|-----------|-------------|
| 1 Mashao, Refiloe M | 00 | Republic Of South Africa | 9:25.74 | 9:19.00 |
| 2 Kigundu, Mikka | 04 | Uganda Swim Team | NT | 10:54.60 |
| 3 Akwenda, Aaron | 03 | Team Tanzania - Tanzanites | 12:30.45 | 11:18.92 |
| 4 Kyabayinze, Daryl | 04 | Uganda Swim Team | NT | 11:31.50 |
| 5 Barkat, Houmed Houssein | | Djibouti | 9:02.46 | 13:26.76 |
| --- Chatterjee, Aheer | 03 | Team Kenya B-ZZ | 9:30.53 | X9:59.48 |

Event 5 Girls 11-12 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|---------------------------|----|----------------------------|-----------|-------------|
| 1 Nanjala, Rebecca | 06 | Team Kenya-ZZ | 41.50 | 42.05 |
| 2 Katemba, Karimah | 07 | Uganda Swim Team | 42.02 | 42.65 |
| 3 Hardeman, Sydney G | 07 | Team Tanzania - Tanzanites | 43.69 | 42.68 |
| 4 Latiff, Sophia | 06 | Team Tanzania - Tanzanites | 42.26 | 43.14 |
| 5 Mayende, Elizabeth V | 07 | Team Kenya-ZZ | 41.95 | 43.49 |
| 6 Mosho, Chisanga | 07 | Zambia Swimming | 43.54 | 43.74 |
| 7 Arinda, Kayla | 07 | Uganda Swim Team | 44.94 | 44.97 |
| 8 Ishimwe, Alias Darcelle | | Republic of Burundi | 44.58 | 46.94 |
| 9 Abdelrazeg, Yara Osman | 07 | Sudan | NT | 48.80 |
| 10 Ali, Elham Alata | 07 | Sudan | NT | 50.69 |
| 11 Hakizimana, Deneuve | | Republic of Burundi | 44.65 | 51.52 |

Event 6 Boys 11-12 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|---------------------|----|------------------|-----------|-------------|
| 1 Ian, Aziku | 07 | Uganda Swim Team | 37.79 | 37.02 |
| 2 Leunoto, Sabbah J | 07 | Team Kenya-ZZ | 40.86 | 38.73 |
| 3 Nuwagaba, Daniel | 08 | Uganda Swim Team | 38.87 | 39.02 |

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(Event 6 Boys 11-12 50 LC Meter Breaststroke)

| Name | Yr | Team | Seed Time | Finals Time |
|------------------------------|----|----------------------------|-----------|-------------|
| *4 Zeravica, Jack | 08 | Zambia Swimming | 41.63 | 41.70 |
| *4 Sichone, Kaluzi | 07 | Zambia Swimming | 41.80 | 41.70 |
| *4 Lwanya, Warren | 07 | Team Kenya-ZZ | 44.34 | 41.70 |
| 7 Mwaipasi, Romeo-Mihaly A | 07 | Team Tanzania - Tanzanites | 42.06 | 42.23 |
| 8 Moani, Ahmed Adil Ismat | 07 | Sudan | NT | 44.70 |
| 9 Steiner, Singko | 08 | Team Tanzania - Tanzanites | 48.00 | 47.83 |
| 10 Bigirimana, Jonathan | | Republic of Burundi | 41.77 | 49.05 |
| 11 Harinzima, Flack Zacharie | | Republic of Burundi | 41.44 | 49.28 |

Event 7 Girls 13-14 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|------------------------|----|----------------------------|-----------|-------------|
| 1 Namutebi, Kirabo | 05 | Uganda Swim Team | 35.79 | 35.90 |
| 2 Banza, Ingrid I | 05 | Republic Of South Africa | 39.14 | 36.36 |
| 3 Liacopoulos, Antonia | 05 | Zambia Swimming | 37.31 | 37.94 |
| 4 Adams, Keesha | 06 | Republic Of South Africa | 39.29 | 37.98 |
| 5 Fischer, Avalon | 05 | Team Tanzania - Tanzanites | 39.41 | 39.98 |
| 6 Nevelsteen, Roos | 06 | Team Tanzania - Tanzanites | 42.06 | 40.95 |
| 7 Makwenda, Jessica | 05 | Malawi | 42.09 | 42.98 |
| 8 Mugisha, Karla | 06 | Uganda Swim Team | 37.99 | 44.48 |
| 9 Bashir, Fatima Sami | 05 | Sudan | NT | 47.98 |

Event 8 Boys 13-14 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|-----------------------------|----|----------------------------|-----------|-------------|
| 1 Fernando, Khushal J | 05 | Zambia Swimming | 35.62 | 35.45 |
| 2 Birungi, Shane | 06 | Uganda Swim Team | 37.99 | 35.66 |
| 3 Paulsen, Settumba | 05 | Uganda Swim Team | 35.35 | 36.28 |
| 4 Shivo, Eric | 06 | Team Kenya-ZZ | 37.52 | 37.29 |
| 5 Alimanya, Ethan | 06 | Team Tanzania - Tanzanites | 39.72 | 38.28 |
| 6 Uwineza, Tony Lilia | | Republic of Burundi | 41.88 | 41.98 |
| 7 Rashid, Delhem | 06 | Team Tanzania - Tanzanites | 41.78 | 42.47 |
| 8 Moani, Mohamed Adil Esmat | 05 | Sudan | NT | 47.27 |
| 9 Elhag, Sami Omer | 05 | Sudan | NT | 47.61 |
| 10 Girimpore, Don Signol | | Republic of Burundi | 42.58 | 48.68 |

Event 9 Girls 15-16 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------------|----|----------------------------|-----------|-------------|
| 1 Mbite, Christine R | 03 | Republic Of South Africa | 37.39 | 36.58 |
| 2 Buffel, Jordan C | 04 | Republic Of South Africa | 36.39 | 37.81 |
| 3 Patel, Saloni | 03 | Team Kenya-ZZ | 42.13 | 41.48 |
| 4 Moani, Aya Mohamed Esmat | 04 | Sudan | NT | 47.09 |
| 5 Ali, Manar Alata | 04 | Sudan | NT | 47.29 |
| 6 Temba, Kayla | 03 | Team Tanzania - Tanzanites | 42.82 | 47.75 |
| 7 Shariff, Sarah | 04 | Team Tanzania - Tanzanites | 47.28 | 47.88 |

Event 10 Boys 15-16 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|-----------------------|----|----------------------------|-----------|-------------|
| 1 Rumball, Brandon | 03 | Zambia Swimming | 33.76 | 33.01 |
| 2 Francesco, Kagugube | 04 | Uganda Swim Team | 34.09 | 33.11 |
| 3 Catillaz, Jeanre P | 03 | Republic Of South Africa | 33.66 | 33.17 |
| 4 Lwanya, Clyde | 04 | Team Kenya-ZZ | 35.31 | 34.21 |
| 5 Ampaire, Namanya | 04 | Uganda Swim Team | 35.98 | 34.41 |
| 6 Moonsamy, Zaid | 04 | Republic Of South Africa | 35.30 | 34.78 |
| 7 Akwenda, Aaron | 03 | Team Tanzania - Tanzanites | 35.21 | 36.84 |

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(Event 10 Boys 15-16 50 LC Meter Breaststroke)

| Name | Yr | Team | Seed Time | Finals Time |
|-------------------------------|----|----------------------------|-----------|-------------|
| 8 Hashim, Mohamed Assad | 04 | Sudan | NT | 41.15 |
| 9 Basogomba, Bayard Toussaint | | Republic of Burundi | 39.67 | 42.03 |
| 10 Kleinveld, Sil | 04 | Team Tanzania - Tanzanites | 46.50 | 43.00 |
| 11 Girabagenzi, Boris Nobel | | Republic of Burundi | 42.08 | 44.91 |
| 12 Adabo, Mohamed Ali | | Djibouti | 49.23 | 54.80 |

Event 11 Girls 17 & Over 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|--------------------------|----|----------------------------|-----------|-------------|
| 1 Hawala, Samantha | 02 | Team Kenya-ZZ | 38.38 | 39.14 |
| 2 Khatundi, Nasiminyu | 99 | Team Kenya-ZZ | 37.76 | 39.87 |
| 3 Caloiaro, Sylvia | 01 | Team Tanzania - Tanzanites | 41.80 | 41.25 |
| 4 Barkat, Safia Houssein | | Djibouti | 37.16 | 47.15 |

Event 12 Boys 17 & Over 50 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------------|----|----------------------------|-----------|-------------|
| 1 Fadlalla, Abobakr Abass | | Sudan | NT | 30.83 |
| 2 Mukalazi, Tendo | 02 | Uganda Swim Team | 32.03 | 32.37 |
| 3 Irakoze, Karl Van Melvin | | Republic of Burundi | 35.96 | 33.41 |
| 4 Solomons, Angus N | 01 | Republic Of South Africa | 32.75 | 33.43 |
| 5 Ahmed, Izzeldin Salih | | Sudan | NT | 34.07 |
| 6 Kabuye, Adnan | 02 | Uganda Swim Team | 33.29 | 34.10 |
| 7 Smith-Chopin, Ulysse | 02 | Team Kenya B-ZZ | 34.61 | 34.31 |
| 8 Lucas, Augustino | 02 | Team Tanzania - Tanzanites | 36.30 | 36.20 |
| 9 Buyagu, Edgar | | Republic of Burundi | 35.87 | 36.64 |
| 10 Mashao, Refiloe M | 00 | Republic Of South Africa | 36.32 | 37.03 |
| 11 Haroun, Daoud Ali | | Djibouti | 44.51 | 40.79 |
| 12 Dini, Gado Ahmed | | Djibouti | 47.69 | 44.07 |

Event 13 Girls 14 & Under 400 LC Meter IM

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------|----|----------------------------|-----------|-------------|
| 1 Islam Ali, Lubaina | 05 | Team Kenya-ZZ | 5:37.49 | 5:59.53 |
| 2 Nagayi, Sophia | 06 | Uganda Swim Team | NT | 6:38.98 |
| 3 Luzinda, Nakafu | 06 | Uganda Swim Team | 6:42.85 | 7:05.99 |
| 4 Stanley, Lissa | 05 | Team Tanzania - Tanzanites | 7:35.15 | 7:23.91 |

Event 14 Boys 14 & Under 400 LC Meter IM

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------------|----|----------------------------|-----------|-------------|
| 1 Hart, Ivan J | 06 | Team Kenya-ZZ | 5:09.36 | 5:33.69 |
| 2 Kisitu, Hayyan | 04 | Uganda Swim Team | NT | 5:55.95 |
| 3 Rashid, Delhem | 06 | Team Tanzania - Tanzanites | 6:05.13 | 6:07.58 |
| 4 Mwaipasi, Romeo-Mihaly A | 07 | Team Tanzania - Tanzanites | 6:18.38 | 6:31.61 |
| --- Frantz, Shad | 06 | Team Kenya B-ZZ | 6:05.72 | X6:05.18 |
| --- Kyabayinze, Zaabu | 07 | Uganda Swim Team | NT | DQ |

Event 16 Boys 15 & Over 400 LC Meter IM

| Name | Yr | Team | Seed Time | Finals Time |
|------------------------------|----|------------------|-----------|-------------|
| 1 Khandwalla, Mohammed Iqbal | 02 | Team Kenya-ZZ | 5:10.66 | 5:28.22 |
| 2 Van Staden, Derick-Juan | 03 | Zambia Swimming | 5:37.24 | 5:32.27 |
| 3 Ampaire, Namanya | 04 | Uganda Swim Team | NT | 6:18.90 |
| 4 Walusimbi, Kami | 04 | Uganda Swim Team | 5:40.75 | 6:43.11 |
| --- Smith-Chopin, Ulysse | 02 | Team Kenya B-ZZ | 5:41.86 | X5:31.48 |

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Event 17 Girls 14 & Under 200 LC Meter Medley Relay

| Team | Relay | Seed Time | Finals Time |
|------------------------------|----------------------------|-------------------------|----------------------------|
| 1 Zambia Swimming | A | 2:18.20 | 2:17.17 |
| 1) Phiri, Jade A 06 | 2) Liacopoulos, Antonia 05 | 3) Vidmar, Julijana 06 | 4) Coates, Johanna K 06 |
| 2 Uganda Swim Team | A | NT | 2:20.65 |
| 1) Namutebi, Kirabo 05 | 2) Mubiru, Swagia 05 | 3) Katemba, Karimah 07 | 4) Mugisha, Karla 06 |
| 3 Team Kenya-ZZ | A | 2:28.61 | 2:28.56 |
| 1) Islam Ali, Lubaina 05 | 2) Nanjala, Rebecca 06 | 3) Kagwima, Ashley N 07 | 4) Mayende, Elizabeth V 07 |
| 4 Team Tanzania - Tanzanites | A | NT | 2:29.79 |
| 1) Nevelsteen, Roos 06 | 2) Fischer, Avalon 05 | 3) Laiser, Linnet 07 | 4) Shebe, Nawal 06 |

Event 18 Girls 15 & Over 200 LC Meter Medley Relay

| Team | Relay | Seed Time | Finals Time |
|------------------------------|--------------------------|---------------------------|-------------------------|
| 1 Team Kenya-ZZ | A | NT | 2:12.12 |
| 1) Thorpe, Imara Bella 01 | 2) Hawala, Samantha 02 | 3) Khatundi, Nasiminyu 99 | 4) Okumu, Victoria A 04 |
| 2 Republic Of South Africa | A | 1:50.00 | 2:15.49 |
| 1) Bulose, Megan 04 | 2) Mbite, Christine R 03 | 3) Thobeha, Lerato 04 | |
| 3 Team Tanzania - Tanzanites | A | NT | 2:28.62 |
| 1) Shariff, Sarah 04 | 2) Caloiaro, Sylvia 01 | 3) Bachmann, Maria 04 | 4) Temba, Kayla 03 |
| 4 Sudan | A | NT | 2:48.50 |
| --- Team Kenya B-ZZ | A | NT | X2:36.01 |
| 1) Makau, Nicole 02 | 2) Shavdia, Kreeshi R 04 | | |

Event 19 Boys 14 & Under 200 LC Meter Medley Relay

| Team | Relay | Seed Time | Finals Time |
|------------------------------|------------------------------|-------------------------|--------------------------|
| 1 Uganda Swim Team | A | NT | 2:08.72 |
| 1) Birungi, Shane 06 | 2) Kisitu, Hayyan 04 | 3) Paulsen, Settumba 05 | 4) Magera, Steve 05 |
| 2 Team Kenya-ZZ | A | 2:12.55 | 2:11.48 |
| 1) Hart, Ivan J 06 | 2) Shivo, Eric 06 | 3) Masinde, Johari M 07 | 4) Masakha, Joshua J 07 |
| 3 Team Tanzania - Tanzanites | A | 2:19.79 | 2:17.35 |
| 1) Tarimo, Terry 05 | 2) Alimanya, Ethan 06 | 3) Itatiro, Peter 06 | 4) Kagoro, Nathan 05 |
| 4 Republic of Burundi | A | NT | 2:46.62 |
| 1) Bigirimana, Jonathan | 2) Harinzima, Flack Zacharie | 3) Uwineza, Tony Lilia | 4) Girimpore, Don Signol |
| 5 Sudan | A | NT | 3:10.56 |

Event 20 Boys 15 & Over 200 LC Meter Medley Relay

| Team | Relay | Seed Time | Finals Time |
|------------------------------------|-------------------------|-----------------------------|-------------------------------|
| 1 Republic Of South Africa | A | 1:51.00 | 1:57.67 |
| 2 Team Kenya-ZZ | A | NT | 1:58.50 |
| 1) Khandwalla, Mohammed Iqbal 022) | Kunyiha, Kirunda 00 | 3) Bifwoli, Tabuka 03 | 4) Ndezwa, Stanley 02 |
| 3 Uganda Swim Team | A | NT | 1:58.62 |
| 1) Kabuye, Adnan 02 | 2) Ampaire, Namanya 04 | 3) Kaganda, Ben 03 | 4) Mukalazi, Tendo 02 |
| 4 Zambia Swimming | A | NT | 1:59.33 |
| 1) Rumball, Brandon 03 | | | 4) Van Staden, Derick-Juan 03 |
| 5 Sudan | A | NT | 2:00.37 |
| 6 Republic of Burundi | A | NT | 2:08.51 |
| 1) Basogomba, Bayard Toussaint | 2) Buyagu, Edgar | 3) Irakoze, Karl Van Melvin | 4) Irakoze, Billy Scott |
| 7 Team Tanzania - Tanzanites | A | NT | 2:10.97 |
| 1) Kleinveld, Sil 04 | 2) Akwenda, Aaron 03 | 3) Moez, Ashraf 04 | 4) Lucas, Augustino 02 |
| --- Team Kenya B-ZZ | A | NT | X2:12.51 |
| | 2) Chatterjee, Aheer 03 | 3) Smith-Chopin, Ulysse 02 | |

Event 21 Girls 14 & Under 200 LC Meter Breaststroke

| Name | Yr Team | Seed Time | Finals Time |
|-------------------|-----------------------------|-----------|-------------|
| 1 Banza, Ingrid I | 05 Republic Of South Africa | 3:11.39 | 3:02.62 |

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(Event 21 Girls 14 & Under 200 LC Meter Breaststroke)

| Name | Yr | Team | Seed Time | Finals Time |
|------------------------|----|----------------------------|-----------|-------------|
| 2 Namutebi, Kirabo | 05 | Uganda Swim Team | 3:00.04 | 3:04.48 |
| 3 Mubiru, Swagia | 05 | Uganda Swim Team | 3:17.08 | 3:07.54 |
| 4 Adams, Keesha | 06 | Republic Of South Africa | 3:08.81 | 3:10.54 |
| 5 Fischer, Avalon | 05 | Team Tanzania - Tanzanites | 3:06.08 | 3:13.02 |
| 6 Liacopoulos, Antonia | 05 | Zambia Swimming | 3:11.51 | 3:16.20 |
| 7 Caffini, Duini G | 08 | Team Kenya-ZZ | 3:24.05 | 3:17.14 |
| 8 Coates, Johanna K | 06 | Zambia Swimming | 3:20.17 | 3:31.68 |
| 9 Shebe, Nawal | 06 | Team Tanzania - Tanzanites | 3:21.31 | 3:32.88 |

Event 22 Boys 14 & Under 200 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|-------------------|----|----------------------------|-----------|-------------|
| 1 Birungi, Shane | 06 | Uganda Swim Team | 2:59.28 | 3:03.70 |
| 2 Tyaba, Kigundu | 07 | Uganda Swim Team | 3:10.48 | 3:09.48 |
| 3 Alimanya, Ethan | 06 | Team Tanzania - Tanzanites | 3:33.12 | 3:25.94 |
| 4 Steiner, Singko | 08 | Team Tanzania - Tanzanites | 3:43.19 | 3:50.90 |

Event 23 Girls 15 & Over 200 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------|----|----------------------------|-----------|-------------|
| 1 Mbite, Christine R | 03 | Republic Of South Africa | 2:55.80 | 2:59.16 |
| 2 Buffel, Jordan C | 04 | Republic Of South Africa | 3:07.33 | 3:03.27 |
| 3 Hawala, Samantha | 02 | Team Kenya-ZZ | 3:11.27 | 3:21.75 |
| 4 Caloiaro, Sylvia | 01 | Team Tanzania - Tanzanites | 3:19.77 | 3:22.10 |
| 5 Patel, Saloni | 03 | Team Kenya-ZZ | NT | 3:34.38 |

Event 24 Boys 15 & Over 200 LC Meter Breaststroke

| Name | Yr | Team | Seed Time | Finals Time |
|---------------------------|----|----------------------------|-----------|-------------|
| 1 Fadlalla, Abobakr Abass | | Sudan | NT | 2:38.96 |
| 2 Catillaz, Jeanre P | 03 | Republic Of South Africa | 2:41.38 | 2:41.94 |
| 3 Solomons, Angus N | 01 | Republic Of South Africa | 2:43.42 | 2:48.95 |
| 4 Ampaire, Namanya | 04 | Uganda Swim Team | 2:49.70 | 2:55.72 |
| 5 Bashier, Yousif Salih | | Sudan | NT | 2:59.93 |
| 6 Kigundu, Mikka | 04 | Uganda Swim Team | 2:55.07 | 3:04.22 |
| 7 Lucas, Augustino | 02 | Team Tanzania - Tanzanites | 2:59.05 | 3:07.79 |
| 8 Buyagu, Edgar | | Republic of Burundi | 3:14.19 | 3:18.63 |
| 9 Akwenda, Aaron | 03 | Team Tanzania - Tanzanites | 3:23.79 | 3:26.20 |
| --- Chatterjee, Aheer | 03 | Team Kenya B-ZZ | 2:54.64 | X3:00.98 |

Event 25 Girls 11-12 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|-------------------------|----|----------------------------|-----------|-------------|
| 1 Miti, Tamenji | 07 | Zambia Swimming | 1:21.72 | 1:16.94 |
| 2 Hardeman, Sydney G | 07 | Team Tanzania - Tanzanites | 1:20.21 | 1:17.74 |
| 3 Kagwima, Ashley N | 07 | Team Kenya-ZZ | 1:20.44 | 1:21.74 |
| 4 Moshu, Chisanga | 07 | Zambia Swimming | 1:23.59 | 1:22.12 |
| 5 Nanjala, Rebecca | 06 | Team Kenya-ZZ | 1:21.09 | 1:23.06 |
| 6 Katemba, Karimah | 07 | Uganda Swim Team | 1:23.96 | 1:23.59 |
| 7 Arinda, Kayla | 07 | Uganda Swim Team | 1:27.98 | 1:26.32 |
| 8 Laiser, Linnet | 07 | Team Tanzania - Tanzanites | 1:26.57 | 1:32.46 |
| 9 Maniriyo, Alyse Leila | | Republic of Burundi | 1:49.31 | 1:47.71 |
| --- Hakizimana, Deneuve | | Republic of Burundi | 1:49.06 | DQ |

Event 26 Boys 11-12 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|---------------------|----|---------------|-----------|-------------|
| 1 Masinde, Johari M | 07 | Team Kenya-ZZ | 1:19.29 | 1:14.40 |

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(Event 26 Boys 11-12 100 LC Meter Butterfly)

| Name | Yr | Team | Seed Time | Finals Time |
|-----------------------------|----|----------------------------|-----------|-------------|
| 2 Masakha, Joshua J | 07 | Team Kenya-ZZ | 1:16.83 | 1:15.25 |
| 3 Tyaba, Kigundu | 07 | Uganda Swim Team | 1:20.44 | 1:17.01 |
| 4 Kyabayinze, Zaabu | 07 | Uganda Swim Team | 1:25.88 | 1:27.28 |
| 5 Mwaipasi, Romeo-Mihaly A | 07 | Team Tanzania - Tanzanites | 1:29.70 | 1:29.65 |
| 6 Steiner, Singko | 08 | Team Tanzania - Tanzanites | 1:31.90 | 1:33.11 |
| 7 Harinzima, Flack Zacharie | | Republic of Burundi | 1:38.87 | 1:34.31 |
| 8 Bigirimana, Jonathan | | Republic of Burundi | 1:36.04 | 1:42.37 |

Event 27 Girls 13-14 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|------------------------------|----|----------------------------|-----------|-------------|
| 1 Islam Ali, Lubaina | 05 | Team Kenya-ZZ | 1:13.71 | 1:12.98 |
| 2 Vidmar, Julijana | 06 | Zambia Swimming | 1:19.28 | 1:19.15 |
| 3 Nagayi, Sophia | 06 | Uganda Swim Team | 1:23.87 | 1:24.54 |
| 4 Adams, Keesha | 06 | Republic Of South Africa | 1:24.21 | 1:24.78 |
| 5 Mugisha, Karla | 06 | Uganda Swim Team | 1:19.53 | 1:32.67 |
| 6 Mathayo, Eunike | 06 | Team Tanzania - Tanzanites | 1:29.75 | 1:33.73 |
| 7 Stanley, Lissa | 05 | Team Tanzania - Tanzanites | 1:46.87 | 1:41.02 |
| 8 Mohamed, Fawzia Salaheldin | 06 | Sudan | NT | 2:10.35 |

Event 28 Boys 13-14 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|-------------------------|----|----------------------------|-----------|-------------|
| 1 Rumball, Liam | 05 | Zambia Swimming | 1:07.50 | 1:05.01 |
| 2 Hart, Ivan J | 06 | Team Kenya-ZZ | 1:05.06 | 1:05.77 |
| 3 Magera, Steve | 05 | Uganda Swim Team | 1:13.26 | 1:06.10 |
| 4 Paulsen, Settumba | 05 | Uganda Swim Team | 1:09.56 | 1:07.05 |
| 5 Itatiro, Peter | 06 | Team Tanzania - Tanzanites | 1:17.43 | 1:15.87 |
| 6 Rashid, Delhem | 06 | Team Tanzania - Tanzanites | 1:18.73 | 1:18.70 |
| 7 Uwineza, Tony Lilia | | Republic of Burundi | 1:33.31 | 1:24.72 |
| 8 Girimpore, Don Signol | | Republic of Burundi | 1:38.06 | 1:45.26 |
| 9 Elhag, Sami Omer | 05 | Sudan | NT | 1:52.89 |

Event 29 Girls 15-16 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------|----|----------------------------|-----------|-------------|
| 1 Okumu, Victoria A | 04 | Team Kenya-ZZ | 1:10.94 | 1:11.44 |
| 2 Thobeha, Lerato | 04 | Republic Of South Africa | 1:07.44 | 1:11.61 |
| 3 Mbite, Christine R | 03 | Republic Of South Africa | 1:11.86 | 1:11.68 |
| 4 Ahura, Ambala | 04 | Uganda Swim Team | 1:18.28 | 1:17.08 |
| 5 Bachmann, Maria | 04 | Team Tanzania - Tanzanites | 1:27.78 | 1:28.15 |

Event 30 Boys 15-16 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|--------------------------------|----|----------------------------|-----------|-------------|
| 1 Bifwoli, Tabuka | 03 | Team Kenya-ZZ | 59.42 | 1:01.04 |
| 2 Rumball, Brandon | 03 | Zambia Swimming | 1:02.28 | 1:02.12 |
| 3 Peceur, Mark D | 04 | Republic Of South Africa | 1:06.37 | 1:03.95 |
| 4 Hofmeister, Rajiv M | 03 | Republic Of South Africa | 1:06.72 | 1:04.96 |
| 5 Kaganda, Ben | 03 | Uganda Swim Team | 1:05.66 | 1:04.99 |
| 6 Khandwalla, Mohammed Iqbal | 02 | Team Kenya-ZZ | 1:05.51 | 1:05.39 |
| 7 Van Staden, Derick-Juan | 03 | Zambia Swimming | 1:09.52 | 1:06.79 |
| 8 Moez, Ashraf | 04 | Team Tanzania - Tanzanites | 1:13.68 | 1:17.30 |
| 9 Kigundu, Mikka | 04 | Uganda Swim Team | 1:15.29 | 1:22.37 |
| 10 Basogomba, Bayard Toussaint | | Republic of Burundi | 1:18.44 | 1:26.55 |
| 11 Girabagenzi, Boris Nobel | | Republic of Burundi | 1:24.53 | 1:36.31 |
| 12 Khir, Mohamed Salaheldin M | 04 | Sudan | NT | 1:38.61 |

2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

Results

Event 31 Girls 17 & Over 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|-----------------------|----|----------------------------|-----------|-------------|
| 1 Thorpe, Imara Bella | 01 | Team Kenya-ZZ | 1:04.24 | 1:06.21 |
| 2 Karia, Riva | 02 | Team Kenya-ZZ | 1:12.75 | 1:11.62 |
| 3 Caloiaro, Sylvia | 01 | Team Tanzania - Tanzanites | 1:26.72 | 1:25.62 |

Event 32 Boys 17 & Over 100 LC Meter Butterfly

| Name | Yr | Team | Seed Time | Finals Time |
|----------------------------|----|--------------------------|-----------|-------------|
| 1 Irakoze, Karl Van Melvin | | Republic of Burundi | 1:05.36 | 1:03.48 |
| 2 Ahmed, Mohamed Badreldin | | Sudan | NT | 1:04.92 |
| 3 Irakoze, Billy Scott | | Republic of Burundi | 1:06.21 | 1:05.08 |
| 4 Mashao, Refiloe M | 00 | Republic Of South Africa | 1:05.29 | 1:05.19 |
| 5 Smith-Chopin, Ulysse | 02 | Team Kenya B-ZZ | 1:09.50 | 1:08.61 |
| 6 Solomons, Angus N | 01 | Republic Of South Africa | 1:06.45 | 1:08.64 |
| 7 Mohamed, Wadah Osama | | Sudan | NT | 1:19.92 |
| --- Ndezwa, Stanley | 02 | Team Kenya-ZZ | 1:11.56 | DQ |

Event 33 Mixed 14 & Under 400 LC Meter Medley Relay

| Team | Relay | Seed Time | Finals Time |
|------------------------------|------------------------------|---------------------------|--------------------------------|
| 1 Zambia Swimming | A | NT | 4:54.93 |
| 1) Coates, Johanna K W06 | 2) Fernando, Khushal J M05 | 3) Rumball, Liam M05 | 4) Phiri, Jade A W06 |
| 2 Uganda Swim Team | A | NT | 5:03.41 |
| 1) Namutebi, Kirabo W05 | 2) Birungi, Shane M06 | 3) Paulsen, Settumba M05 | 4) Mugisha, Karla W06 |
| 3 Team Kenya-ZZ | A | 5:14.84 | 5:17.01 |
| 1) Hart, Ivan J M06 | 2) Nanjala, Rebecca W06 | 3) Islam Ali, Lubaina W05 | 4) Masinde, Johari M M07 |
| 4 Team Tanzania - Tanzanites | A | NT | 5:17.42 |
| 1) Hardeman, Sydney G W07 | 2) Alimanya, Ethan M06 | 3) Itatiro, Peter M06 | 4) Latiff, Sophia W06 |
| 5 Republic of Burundi | A | NT | 6:48.30 |
| 1) Hakizimana, Deneuve W | 2) Ishimwe, Alias Darcelle W | 3) Bigirimana, Jonathan M | 4) Harinzima, Flack Zacharie M |
| --- Team Kenya B-ZZ | A | NT | X5:43.08 |
| 1) Apsey, Jessica W07 | 2) Shah, Rianna W07 | | 4) Frantz, Shad M06 |

Event 36 Mixed 15 & Over 400 LC Meter Medley Relay

| Team | Relay | Seed Time | Finals Time |
|------------------------------|---------------------------|-----------------------------|--------------------------|
| 1 Team Kenya-ZZ | A | NT | 4:40.67 |
| 1) Thorpe, Imara Bella W01 | 2) Kunyiha, Kirunda M00 | 3) Karia, Riva W02 | 4) Bifwoli, Tabuka M03 |
| 2 Republic Of South Africa | A | 4:47.75 | 4:41.88 |
| 1) Remley, Breydon L M03 | 2) Mbite, Christine R W03 | 3) Hofmeister, Rajiv M M03 | 4) Thobeha, Lerato W04 |
| 3 Uganda Swim Team | A | NT | 5:08.33 |
| 1) Ahura, Ambala W04 | 2) Kabuye, Adnan M02 | 3) Mukalazi, Tendo M02 | 4) Kagugube, Chiara W03 |
| 4 Team Kenya B-ZZ | A | NT | 5:27.73 |
| 1) Makau, Nicole W02 | 2) Shavdia, Kreeshi R W04 | 3) Smith-Chopin, Ulysse M02 | 4) Chatterjee, Aheer M03 |
| 5 Team Tanzania - Tanzanites | A | NT | 5:28.84 |
| 1) Temba, Kayla W03 | 2) Lucas, Augustino M02 | 3) Moez, Ashraf M04 | 4) Caloiaro, Sylvia W01 |