

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Event 1 Women 20 & Under 200 LC Meter Freestyle**

2016Cana RC: 2:03,80 # 2018-12-08 Dune Coetzee

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Coetzee, Dune	16	Republic Of South Africa	2:06,49	2:03,80	18
2 Mundell, Christin	17	Republic Of South Africa	2:05,81	2:04,73	16
3 van der Westhuizen, Paige	15	Zimbabwe	2:11,79	2:10,17	14
4 Stergiadis, Heleni	16	Namibia	2:13,77	2:12,25	12
5 Esslinger, Tiana	14	Namibia	2:18,29	2:17,76	11
6 Sousa, Catarina	18	Angola	2:17,96	2:21,17	10
7 Egner, Maxine	14	Botswana	2:22,45	2:21,87	9
8 Brown, Courtney	16	Zimbabwe	2:22,21	2:23,01	8

**Event 1 Women 20 & Under 200 LC Meter Freestyle**

2016Cana RC: 2:03,80 # 2018-12-08 Dune Coetzee

RSA

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Mundell, Christin	17	Republic Of South Africa	2:04,66	2:05,81	q
2 Coetzee, Dune	16	Republic Of South Africa	2:08,45	2:06,49	q
3 Canny, Aimee L	15	Republic Of South Africa	2:07,42	2:06,82	q
4 Coetzer, Janie	17	Republic Of South Africa	2:05,19	2:08,16	q
5 Weidemann, Inge	17	Republic Of South Africa	2:07,71	2:08,70	q
6 Nel, Georgia	16	Republic Of South Africa	2:08,55	2:09,41	q
7 Nel, Olivia	16	Republic Of South Africa	2:09,06	2:11,05	q
8 Hearne, Trinity S	15	Republic Of South Africa	2:08,64	2:11,27	q
9 van der Westhuizen, Paige	15	Zimbabwe	2:13,73	2:11,79	
10 Stergiadis, Heleni	16	Namibia	2:11,21	2:13,77	
11 Tully, Megan	16	Republic Of South Africa	2:12,23	2:14,26	
12 Sousa, Catarina	18	Angola	2:09,41	2:17,96	
13 Oliver, Tori C	15	Republic Of South Africa	2:10,69	2:18,11	
14 Esslinger, Tiana	14	Namibia	2:17,41	2:18,29	
15 Ribeiro, Nuria A	16	Republic Of South Africa	2:19,14	2:20,95	
16 Brown, Courtney	16	Zimbabwe	2:21,10	2:22,21	
17 Egner, Maxine	14	Botswana	2:24,81	2:22,45	
18 Matthews, Tselane	14	Botswana	2:26,16	2:23,95	
19 Mukonoweshuro, Nyasha	18	Zimbabwe	2:22,00	2:26,69	
20 Coelho, Eliane	15	Angola	2:37,24	2:30,46	
21 Santo, Rafaela	13	Angola	2:42,20	2:31,27	
22 van Rooyen, Leone	16	Botswana	2:44,65	2:37,86	
23 Jobe, Hannah	15	Botswana	2:39,51	2:38,09	
24 Deurwaader, Tjibuya	14	Botswana	2:45,63	2:45,50	

**Event 2 Men 20 & Under 100 LC Meter Freestyle**

2016Cana RC: 50,91 # 2018-12-08 Louw Oberholzer

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Oberholzer, Louw	19	Republic Of South Africa	51,15	50,91	18
2 Bosch, Matthew	17	Republic Of South Africa	51,59	51,09	16
3 Freeman, James S	17	Botswana	53,44	54,07	14
4 Francisco, Daniel	18	Angola	55,29	54,28	12
5 Mascarenhas, Henrique	17	Angola	55,83	54,80	11
6 Bekker, Andile	15	Botswana	55,35	55,45	10
7 Bruce, Dale	18	Zimbabwe	55,88	55,93	9
8 Khatoun, Ayman	18	Zimbabwe	56,87	1:00,02	8

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Event 2 Men 20 & Under 100 LC Meter Freestyle**

2016Cana RC: 50,91 # 2018-12-08		Louw Oberholzer		RSA		
Name	Age	Team	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Oberholzer, Louw	19	Republic Of South Africa	51,81	51,15	q
2	Bosch, Matthew	17	Republic Of South Africa	51,57	51,59	q
3	Coetzee, Calvin	18	Republic Of South Africa	52,08	52,33	q
4	Nortje, Gawie	17	Republic Of South Africa	50,81	52,44	q
5	Ndebele, Kobe A	15	Republic Of South Africa	54,26	52,57	q
6	Di Domenico, Riccardo	18	Republic Of South Africa	53,53	53,23	q
7	Ross, Andrew	17	Republic Of South Africa	53,42	53,34	q
8	Freeman, James S	17	Botswana	52,58	53,44	q
9	Du Preez, Ethan M	15	Republic Of South Africa	54,94	54,09	
10	Francisco, Daniel	18	Angola	55,66	55,29	
11	Bekker, Andile	15	Botswana	55,96	55,35	
12	Mascarenhas, Henrique	17	Angola	56,56	55,83	
13	Bruce, Dale	18	Zimbabwe	55,84	55,88	
14	Taukobong, Lebone T	16	Republic Of South Africa	54,30	56,25	
15	Oliver, Jack H	18	Republic Of South Africa	54,69	56,61	
16	Khatoun, Ayman	18	Zimbabwe	56,08	56,87	
17	Le Roux, Corné	16	Namibia	56,57	57,32	
18	Oosthuizen, Martin S	16	Namibia	57,53	57,60	
19	Mashao, Refiloe M	18	Republic Of South Africa	58,38	57,72	
20	Rouse, Brandon	15	Botswana	59,64	57,73	
21	Sates, Matthew E	15	Republic Of South Africa	53,91	58,22	
22	Dzingai, Solomon	18	Botswana	1:01,21	58,78	
23	Burger, Mikah K	14	Namibia	57,74	59,02	
24	Moosa, Shaquille D	16	Zambia	1:03,02	1:00,02	
25	Lucas, Silva	16	Angola	1:02,10	1:00,35	
26	Chand, Ayaan	17	Botswana	1:00,26	1:00,37	
27	Costa, Luyane	18	Angola	1:01,20	1:00,97	
28	Mumba, Butemwe	17	Zambia	1:01,19	1:01,20	
29	Bekker, Zinhle	17	Botswana	1:01,63	1:01,21	
30	Burger, Heinrich M	18	Namibia	59,69	1:01,32	
31	Macpherson, Murray W	16	Malawi	1:02,20	1:01,47	
32	Ngcobo, Sabusiswa L	18	Republic Of South Africa	57,77	1:02,34	

**Event 3 Women 20 & Under 50 LC Meter Butterfly**

2016Cana RC: 27,73 # 2018-12-08		Inge Weidemann		RSA		
Name	Age	Team	Prelim Time	Finals Time	Points	
<b>Finals</b>						
1	Weidemann, Inge	17	Republic Of South Africa	27,96	27,73	18
2	Nel, Olivia	16	Republic Of South Africa	28,46	28,11	16
3	Lima, Lia A	17	Angola	29,54	29,05	14
4	Phiri, Mia A	15	Zambia	29,59	29,43	12
5	Mjimba, Nomvula B	16	Zimbabwe	30,47	30,57	11
6	Weber, Zuné	17	Namibia	31,62	30,90	10
7	Egner, Maxine	14	Botswana	31,47	31,74	9
8	Gondo, Ruvarashe	16	Botswana	32,63	32,75	8

**Event 3 Women 20 & Under 50 LC Meter Butterfly**

2016Cana RC: 27,73 # 2018-12-08		Inge Weidemann		RSA		
Name	Age	Team	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Weidemann, Inge	17	Republic Of South Africa	28,06	27,96	q
2	Nel, Olivia	16	Republic Of South Africa	28,19	28,46	q
3	Herbst, Kerryn L	16	Republic Of South Africa	28,60	28,82	q

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 3 Women 20 & Under 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time	
4	Canny, Aimee L	15	Republic Of South Africa	29,59	29,20	q
5	Coetzee, Dune	16	Republic Of South Africa	28,61	29,29	q
6	Hearne, Trinity S	15	Republic Of South Africa	28,88	29,40	q
7	Van Niekerk, Lara	15	Republic Of South Africa	28,95	29,50	q
8	Lima, Lia A	17	Angola	29,39	29,54	q
9	Phiri, Mia A	15	Zambia	29,69	29,59	
10	Tully, Megan	16	Republic Of South Africa	30,80	30,41	
11	Mjimba, Nomvula B	16	Zimbabwe	30,06	30,47	
12	Oliver, Tori C	15	Republic Of South Africa	29,89	30,84	
13	Egner, Maxine	14	Botswana	31,56	31,47	
14	Weber, Zuné	17	Namibia	31,77	31,62	
15	Nel, Georgia	16	Republic Of South Africa	31,08	31,63	
16	Coetzer, Janie	17	Republic Of South Africa	30,92	31,82	
17	Gondo, Ruvarashe	16	Botswana	32,82	32,63	
18	Ribeiro, Nuria A	16	Republic Of South Africa	33,12	33,57	
19	Cahombo, Melvire	16	Angola	35,04	34,21	
20	Mukonoweshuro, Nyasha	18	Zimbabwe	33,31	34,54	
21	van Rooyen, Leone	16	Botswana	34,84	35,85	
22	Keitshokile, Rafiwa	15	Botswana	37,83	36,60	
23	Jobe, Hannah	15	Botswana	36,97	37,49	

**Event 4 Men 20 & Under 50 LC Meter Breaststroke**

2016Cana RC: 27,54 # 2018-12-08 Michael J Houlie				RSA		
	Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>						
1	Houlie, Michael J	18	Republic Of South Africa	27,72	27,54	18
2	Robinson, Adrian	18	Botswana	29,35	29,53	16
3	O'Hara, Liam	17	Zimbabwe	30,23	30,05	14
4	Sates, Matthew E	15	Republic Of South Africa	30,62	30,34	12
5	Viljoen, René H	17	Namibia	31,81	31,30	11
6	Francisco, Daniel	18	Angola	32,35	31,49	10
7	Fischer, Ethan	16	Botswana	32,32	32,26	9
8	Bruce, Dale	18	Zimbabwe	32,03	32,39	8

**Event 4 Men 20 & Under 50 LC Meter Breaststroke**

2016Cana RC: 27,54 # 2018-12-08 Michael J Houlie				RSA		
	Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Houlie, Michael J	18	Republic Of South Africa	27,68	27,72	q
2	Robinson, Adrian	18	Botswana	29,60	29,35	q
3	O'Hara, Liam	17	Zimbabwe	29,66	30,23	q
4	Sates, Matthew E	15	Republic Of South Africa	31,04	30,62	q
5	Breytenbach, Ruan	16	Republic Of South Africa	30,89	31,40	q
6	Ngcobo, Sabusiswa L	18	Republic Of South Africa	31,22	31,71	q
7	Viljoen, René H	17	Namibia	31,20	31,81	q
8	Bruce, Dale	18	Zimbabwe	31,12	32,03	q
9	Ramaala, Alex A	18	Republic Of South Africa	33,46	32,28	
10	Fischer, Ethan	16	Botswana	31,67	32,32	
11	Francisco, Daniel	18	Angola	30,90	32,35	
12	Rouse, Brandon	15	Botswana	32,71	32,73	
13	Burger, Mikah K	14	Namibia	33,29	33,06	
14	Shamambo, Damien	15	Zambia	34,42	33,52	
15	Oosthuizen, Martin S	16	Namibia	33,51	33,85	
16	Setswammung, Tumo	16	Botswana	34,34	34,20	
17	Chand, Ayaan	17	Botswana	33,05	34,72	

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 4 Men 20 & Under 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
18 Liakopoulos, Theodoros E	14	Zambia	34,81	35,06
19 Le Roux, Corné	16	Namibia	33,40	36,70
20 Mumba, Butemwe	17	Zambia	35,89	38,75

**Event 5 Women 20 & Under 100 LC Meter Breaststroke**

2016Cana RC: 1:10,25 # 2018-12-08 Lara Van Niekerk

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Van Niekerk, Lara	15	Republic Of South Africa	1:10,25	1:10,25	18
2 Mundell, Christin	17	Republic Of South Africa	1:11,97	1:11,97	16
3 van der Westhuizen, Paige	15	Zimbabwe	1:20,70	1:20,70	14
4 Chungu, Chibwe	16	Zambia	1:22,95	1:22,95	12
5 Fawaz, Yasmina	14	Zambia	1:26,84	1:26,84	11
6 Brown, Courtney	16	Zimbabwe	1:29,59	1:29,59	10
7 Coelho, Eliane	15	Angola	1:29,88	1:29,88	9
8 Deurwaader, Tjibuya	14	Botswana	1:34,79	1:34,79	8

**Event 5 Women 20 & Under 100 LC Meter Breaststroke**

2016Cana RC: 1:10,25 # 2018-12-08 Lara Van Niekerk

RSA

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Van Niekerk, Lara	15	Republic Of South Africa	1:11,96	1:10,25 q
2 Mundell, Christin	17	Republic Of South Africa	1:10,21	1:11,97 q
3 Brombacher, Paige F	15	Republic Of South Africa	1:11,52	1:12,72 q
4 Canny, Aimee L	15	Republic Of South Africa	1:12,83	1:15,08 q
5 van der Westhuizen, Paige	15	Zimbabwe	1:18,39	1:20,70 q
6 Chungu, Chibwe	16	Zambia	1:24,40	1:22,95 q
7 Fawaz, Yasmina	14	Zambia	1:28,71	1:26,84 q
8 Naidu, Harleena	17	Zambia	1:24,45	1:27,37 q
9 Brown, Courtney	16	Zimbabwe	1:28,25	1:29,59
10 Coelho, Eliane	15	Angola	1:32,92	1:29,88
11 Deurwaader, Tjibuya	14	Botswana	1:31,35	1:34,79
12 Cahombo, Melvire	16	Angola	1:35,19	1:36,71
13 Mokgatle, Yaone	14	Botswana	1:33,63	1:37,00

**Event 6 Men 20 & Under 100 LC Meter Backstroke**

2016Cana RC: 56,88 # 2014-12-10 Martin Binedell

South Africa

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Duvenhage, Henju P	17	Republic Of South Africa	57,90	57,90	18
2 Oberholzer, Louw	19	Republic Of South Africa	58,15	58,15	16
3 Cyprianos, Denilson	16	Zimbabwe	1:01,65	1:01,65	14
4 Khatoun, Ayman	18	Zimbabwe	1:03,96	1:03,96	12
5 Bekker, Andile	15	Botswana	1:04,01	1:04,01	11
6 Viljoen, René H	17	Namibia	1:05,45	1:05,45	10
7 Oosthuizen, Martin S	16	Namibia	1:05,80	1:05,80	9
8 Mascarenhas, Henrique	17	Angola	1:06,29	1:06,29	8

**Event 6 Men 20 & Under 100 LC Meter Backstroke**

2016Cana RC: 56,88 # 2014-12-10 Martin Binedell

South Africa

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Duvenhage, Henju P	17	Republic Of South Africa	57,64	57,90 q
2 Oberholzer, Louw	19	Republic Of South Africa	59,11	58,15 q
3 Oliver, Jack H	18	Republic Of South Africa	57,23	58,70 q
4 Ross, Andrew	17	Republic Of South Africa	57,92	58,96 q

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 6 Men 20 & Under 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time	
5 Coetzee, Calvin	18	Republic Of South Africa	59,72	1:00,31	q
6 Ndebele, Kobe A	15	Republic Of South Africa	1:00,44	1:01,21	q
7 Cyprianos, Denilson	16	Zimbabwe	1:01,02	1:01,65	q
8 Du Preez, Ethan M	15	Republic Of South Africa	1:03,70	1:01,89	q
9 Khatoun, Ayman	18	Zimbabwe	1:02,68	1:03,96	
10 Bekker, Andile	15	Botswana	1:04,78	1:04,01	
11 Viljoen, René H	17	Namibia	1:01,96	1:05,45	
12 Oosthuizen, Martin S	16	Namibia	1:02,60	1:05,80	
13 Burger, Mikah K	14	Namibia	1:02,54	1:05,93	
14 Mascarenhas, Henrique	17	Angola	1:05,14	1:06,29	
15 Burger, Heinrich M	18	Namibia	1:04,14	1:06,73	
16 Costa, Luyane	18	Angola	1:07,20	1:07,21	
17 Rouse, Brandon	15	Botswana	1:13,45	1:07,93	
18 Macpherson, Murray W	16	Malawi	1:02,80	1:08,19	
19 Moosa, Shaquille D	16	Zambia	1:12,94	1:09,55	
20 Liakopoulos, Theodoros E	14	Zambia	1:16,90	1:15,68	
21 Sebikiri, Maemo	19	Botswana	1:20,11	1:19,31	
--- Dzingai, Solomon	18	Botswana	1:17,40		DQ

**Event 7 Women 20 & Under 200 LC Meter Butterfly**

2016Cana RC: 2:18,10 # 2018-12-09 Dune Coetzee				RSA		
Name	Age	Team	Seed Time	Finals Time	Points	
1 Coetzee, Dune	16	Republic Of South Africa	2:11,71	2:18,10	18	
2 Hearne, Trinity S	15	Republic Of South Africa	2:21,52	2:23,56	16	
3 Lima, Lia A	17	Angola	2:26,80	2:26,71	14	
4 Stergiadis, Heleni	16	Namibia	2:25,94	2:31,44	12	
5 van Rooyen, Leone	16	Botswana	3:05,13	3:11,74	11	
--- Oliver, Tori C	15	Republic Of South Africa	2:21,70	X2:24,32		

**Event 8 Men 20 & Under 4x100 LC Meter Freestyle Relay**

2016Cana RC: 3:27,21 # 2018-12-09 Republic Of South Africa				RSA		
G Nortje, L Oberholzer, C Coetzee, M Bosch						
Team	Relay	Seed Time	Finals Time	Points		
1 Republic Of South Africa	A	3:32,27	3:27,21	36		
2 Botswana	A	3:44,42	3:43,40	32		
3 Zimbabwe	A	3:47,14	3:47,29	28		
4 Namibia	A	3:50,06	3:51,96	24		

**Event 9 Women 20 & Under 4x100 LC Meter Freestyle Relay**

2016Cana RC: 3:57,69 # 2018-12-09 Republic Of South Africa				RSA		
I Weidemann, O Nel, G Nel, K Herbst						
Team	Relay	Seed Time	Finals Time	Points		
1 Republic Of South Africa	A	3:53,09	3:57,69	36		
2 Namibia	A	4:12,37	4:16,75	32		
3 Zimbabwe	A	4:09,12	4:20,45	28		
4 Botswana	A	4:28,58	4:34,13	24		

**Event 10 Mixed 20 & Under 4x100 LC Meter Medley Relay**

2016Cana RC: 4:03,97 # 2018-12-09 Republic Of South Africa				RSA		
J Oliver, M Houlie, D Coetzee, A Canny						
Team	Relay	Seed Time	Finals Time	Points		
1 Republic Of South Africa	A	3:57,74	4:03,97	36		
2 Angola	A	4:20,35	4:21,23	32		
3 Zimbabwe	A	4:15,93	4:28,25	28		
4 Namibia	A	4:13,34	4:44,43	24		
--- Zambia	A	4:45,00		NS		

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Event 11 Men 20 & Under 200 LC Meter Freestyle**

2016Cana RC: 1:53,76 # 2012-12-10 Calvyn Justus-Zambia				RSA		
Name	Age	Team	Prelim Time	Finals Time	Points	
<b>Finals</b>						
1	Coetzee, Calvin	18 Republic Of South Africa	1:53,89	1:53,95	18	
2	Oberholzer, Louw	19 Republic Of South Africa	1:54,63	1:54,35	16	
3	Freeman, James S	17 Botswana	1:53,89	1:54,50	14	
4	Mascarenhas, Henrique	17 Angola	2:05,18	2:02,65	12	
5	Bekker, Andile	15 Botswana	2:02,80	2:03,27	11	
6	Cyprianos, Denilson	16 Zimbabwe	2:05,42	2:04,70	10	
7	Oosthuizen, Martin S	16 Namibia	2:09,91	2:09,23	9	
8	Le Roux, Corné	16 Namibia	2:06,80	2:11,54	8	

**Event 11 Men 20 & Under 200 LC Meter Freestyle**

2016Cana RC: 1:53,76 # 2012-12-10 Calvyn Justus-Zambia				RSA		
Name	Age	Team	Seed Time	Prelim Time		
<b>Preliminaries</b>						
*1	Coetzee, Calvin	18 Republic Of South Africa	1:53,36	1:53,89	q	
*1	Freeman, James S	17 Botswana	1:52,37	1:53,89	q	
3	Oberholzer, Louw	19 Republic Of South Africa	1:55,87	1:54,63	q	
4	Bosch, Matthew	17 Republic Of South Africa	1:54,32	1:55,59	q	
5	Du Preez, Ethan M	15 Republic Of South Africa	1:58,88	1:56,83	q	
6	Ross, Andrew	17 Republic Of South Africa	1:54,51	1:56,87	q	
7	Di Domenico, Riccardo	18 Republic Of South Africa	1:55,01	1:57,51	q	
8	Breytenbach, Ruan	16 Republic Of South Africa	1:55,83	1:57,69	q	
9	Nortje, Gawie	17 Republic Of South Africa	1:55,69	2:00,13		
10	Bekker, Andile	15 Botswana	2:02,12	2:02,80		
11	Oliver, Jack H	18 Republic Of South Africa	2:01,77	2:04,81		
12	Mascarenhas, Henrique	17 Angola	2:02,41	2:05,18		
13	Cyprianos, Denilson	16 Zimbabwe	2:05,11	2:05,42		
14	Le Roux, Corné	16 Namibia	2:01,87	2:06,80		
15	Mashao, Refiloe M	18 Republic Of South Africa	2:05,26	2:07,06		
16	Ramaala, Alex A	18 Republic Of South Africa	2:06,50	2:07,38		
17	O'Hara, Liam	17 Zimbabwe	2:06,27	2:09,36		
18	Oosthuizen, Martin S	16 Namibia	2:07,38	2:09,91		
19	Macpherson, Murray W	16 Malawi	2:17,78	2:12,16		
20	Duarte, João	17 Angola	2:12,57	2:12,41		
21	Taukobong, Lebone T	16 Republic Of South Africa	2:10,51	2:12,92		
22	Burger, Mikah K	14 Namibia	2:11,42	2:15,25		
23	Setswammung, Tumo	16 Botswana	2:22,42	2:15,47		
24	Bekker, Zinhle	17 Botswana	2:17,77	2:16,45		
25	Burger, Heinrich M	18 Namibia	2:10,26	2:20,76		
26	Dzingai, Solomon	18 Botswana	2:36,96	2:28,64		

**Event 12 Women 20 & Under 100 LC Meter Freestyle**

2016Cana RC: 56,64 # 2018-12-09 Aimee L Canny				RSA		
Name	Age	Team	Prelim Time	Finals Time	Points	
<b>Finals</b>						
1	Canny, Aimee L	15 Republic Of South Africa	56,64	56,81	18	
2	Nel, Olivia	16 Republic Of South Africa	57,80	57,62	16	
3	van der Westhuizen, Paige	15 Zimbabwe	1:00,81	1:00,36	14	
4	Weber, Zuné	17 Namibia	1:02,81	1:01,23	12	
5	Stergiadis, Heleni	16 Namibia	1:01,87	1:02,00	11	
6	Sousa, Catarina	18 Angola	1:02,86	1:03,48	10	
7	Phiri, Mia A	15 Zambia	1:02,97	1:03,51	9	
8	Egner, Maxine	14 Botswana	1:03,04	1:03,68	8	

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Event 12 Women 20 & Under 100 LC Meter Freestyle**

2016Cana RC: 56,64 # 2018-12-09		Aimee L Canny		RSA		
Name	Age	Team	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Canny, Aimee L	15	Republic Of South Africa	57,00	56,64	q
2	Nel, Olivia	16	Republic Of South Africa	57,82	57,80	q
3	Weidemann, Inge	17	Republic Of South Africa	56,89	57,89	q
4	Nel, Georgia	16	Republic Of South Africa	58,47	58,53	q
5	Coetzee, Dune	16	Republic Of South Africa	58,64	59,10	q
6	Hearne, Trinity S	15	Republic Of South Africa	59,10	59,35	q
7	Herbst, Kerryn L	16	Republic Of South Africa	58,88	59,72	q
8	van der Westhuizen, Paige	15	Zimbabwe	1:00,71	1:00,81	q
9	Coetzer, Janie	17	Republic Of South Africa	59,79	1:01,35	
10	Stergiadis, Heleni	16	Namibia	1:01,47	1:01,87	
11	Tully, Megan	16	Republic Of South Africa	1:02,21	1:02,18	
12	Oliver, Tori C	15	Republic Of South Africa	1:01,26	1:02,59	
13	Weber, Zuné	17	Namibia	1:00,56	1:02,81	
14	Sousa, Catarina	18	Angola	1:00,67	1:02,86	
15	Phiri, Mia A	15	Zambia	1:01,74	1:02,97	
16	Egner, Maxine	14	Botswana	1:03,90	1:03,04	
17	Esslinger, Tiana	14	Namibia	1:03,29	1:03,73	
18	Fos, Talia	16	Republic Of South Africa	1:02,62	1:03,80	
19	Brown, Courtney	16	Zimbabwe	1:02,44	1:04,13	
20	Ribeiro, Nuria A	16	Republic Of South Africa	1:03,69	1:04,76	
21	Lima, Lia A	17	Angola	1:05,75	1:04,82	
22	Mukonoweshuro, Nyasha	18	Zimbabwe	1:03,40	1:04,86	
23	Mjimba, Nomvula B	16	Zimbabwe	1:02,57	1:05,54	
24	Matthews, Tselane	14	Botswana	1:07,21	1:06,25	
25	Coelho, Eliane	15	Angola	1:07,80	1:06,79	
26	Oberholzer, Ju-Ané	17	Namibia	1:07,05	1:07,51	
27	Santo, Rafaela	13	Angola	1:10,31	1:08,16	
28	Jobe, Hannah	15	Botswana	1:09,54	1:08,67	
29	Gondo, Ruvarashe	16	Botswana	1:12,07	1:11,26	
30	van Rooyen, Leone	16	Botswana	1:11,74	1:11,31	
31	Deurwaader, Tjibuya	14	Botswana	1:13,79	1:12,03	
32	Cahombo, Melvire	16	Angola	1:10,20	1:12,31	
33	Mokgatle, Yaone	14	Botswana	1:10,09	1:13,19	

**Event 13 Men 20 & Under 50 LC Meter Butterfly**

2016Cana RC: 24,58 # 2012-12-08		Reynard Wessels -Zambai		RSA		
Name	Age	Team	Prelim Time	Finals Time	Points	
<b>Finals</b>						
1	Di Domenico, Riccardo	18	Republic Of South Africa	25,49	25,31	18
2	Duvenhage, Henju P	17	Republic Of South Africa	25,61	25,39	16
3	Francisco, Daniel	18	Angola	26,10	26,02	14
4	Freeman, James S	17	Botswana	26,12	26,38	12
5	Bruce, Dale	18	Zimbabwe	26,51	26,46	11
6	Viljoen, René H	17	Namibia	26,94	26,94	10
7	Khatoun, Ayman	18	Zimbabwe	27,33	27,35	9
8	Mambo, Sithembiso	19	Eswatini	28,10	27,78	8

**Event 13 Men 20 & Under 50 LC Meter Butterfly**

2016Cana RC: 24,58 # 2012-12-08		Reynard Wessels -Zambai		RSA		
Name	Age	Team	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Di Domenico, Riccardo	18	Republic Of South Africa	25,00	25,49	q
2	Duvenhage, Henju P	17	Republic Of South Africa	25,43	25,61	q

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 13 Men 20 & Under 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time	
3 Sates, Matthew E	15	Republic Of South Africa	25,64	25,74	q
4 Francisco, Daniel	18	Angola	25,27	26,10	q
5 Freeman, James S	17	Botswana	25,95	26,12	q
6 Coetzee, Calvin	18	Republic Of South Africa	26,11	26,13	q
7 Ndebele, Kobe A	15	Republic Of South Africa	27,53	26,38	q
8 Bruce, Dale	18	Zimbabwe	26,35	26,51	q
9 Ross, Andrew	17	Republic Of South Africa	26,74	26,54	
10 Du Preez, Ethan M	15	Republic Of South Africa	27,21	26,70	
11 Bosch, Matthew	17	Republic Of South Africa	27,16	26,90	
12 Nortje, Gawie	17	Republic Of South Africa	26,40	26,91	
13 Viljoen, René H	17	Namibia	27,51	26,94	
14 Khatoun, Ayman	18	Zimbabwe	26,97	27,33	
15 Taukobong, Lebone T	16	Republic Of South Africa	27,40	27,36	
16 Oliver, Jack H	18	Republic Of South Africa	26,86	27,48	
17 Mambo, Sithembiso	19	Eswatini	28,68	28,10	
18 Moosa, Shaquille D	16	Zambia	29,67	28,15	
19 Le Roux, Corné	16	Namibia	27,39	28,22	
20 Rouse, Brandon	15	Botswana	28,64	28,31	
21 Costa, Luyane	18	Angola	28,30	28,38	
22 Oosthuizen, Martin S	16	Namibia	29,18	28,59	
23 Chand, Ayaan	17	Botswana	28,83	28,98	
24 Burger, Mikah K	14	Namibia	28,42	29,13	
25 Fischer, Ethan	16	Botswana	29,31	29,33	
26 Lucas, Silva	16	Angola	28,99	29,52	
27 Mashao, Refiloe M	18	Republic Of South Africa	29,45	29,75	
28 Sebikiri, Maemo	19	Botswana	30,45	29,90	
29 Bekker, Zinhle	17	Botswana	31,26	31,18	
30 Mumba, Butemwe	17	Zambia	30,38	31,62	

**Event 14 Women 20 & Under 50 LC Meter Breaststroke**

2016Cana RC: 31,93 # 2018-12-09 Lara Van Niekerk				RSA	
Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Van Niekerk, Lara	15	Republic Of South Africa	31,93	32,29	18
2 Mundell, Christin	17	Republic Of South Africa	33,03	32,94	16
3 van der Westhuizen, Paige	15	Zimbabwe	35,55	36,60	14
4 Fawaz, Yasmina	14	Zambia	38,44	37,06	12
5 Chungu, Chibwe	16	Zambia	36,82	37,11	11
6 Mjimba, Nomvula B	16	Zimbabwe	39,17	37,69	10
7 Gondo, Ruvarashe	16	Botswana	40,19	39,60	9
8 Cahombo, Melvire	16	Angola	39,55	40,05	8

**Event 14 Women 20 & Under 50 LC Meter Breaststroke**

2016Cana RC: 31,93 # 2018-12-09 Lara Van Niekerk				RSA	
Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Van Niekerk, Lara	15	Republic Of South Africa	32,14	31,93	q
2 Mundell, Christin	17	Republic Of South Africa	32,42	33,03	q
3 Canny, Aimee L	15	Republic Of South Africa	33,05	34,17	q
4 Brombacher, Paige F	15	Republic Of South Africa	34,79	34,71	q
5 van der Westhuizen, Paige	15	Zimbabwe	34,71	35,55	q
6 Chungu, Chibwe	16	Zambia	37,97	36,82	q
7 Fawaz, Yasmina	14	Zambia	38,43	38,44	q
8 Naidu, Harleena	17	Zambia	38,21	39,06	q
9 Mjimba, Nomvula B	16	Zimbabwe	36,25	39,17	



**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 14 Women 20 & Under 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
10 Cahombo, Melvire	16	Angola	39,01	39,55
11 Gondo, Ruvarashe	16	Botswana	38,34	40,19
12 Brown, Courtney	16	Zimbabwe	38,47	41,19
13 Coelho, Eliane	15	Angola	42,01	41,93
14 Deurwaader, Tjibuya	14	Botswana	41,39	42,89
15 Mokgatle, Yaone	14	Botswana	42,83	45,24
16 Thompson, Summer	15	Botswana	46,00	45,92

**Event 15 Men 20 & Under 100 LC Meter Breaststroke**

2016Cana RC: 1:02,09 # 2018-12-09 Michael J Houlie

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Houlie, Michael J	18	Republic Of South Africa	1:02,09	1:02,47	18
2 Robinson, Adrian	18	Botswana	1:05,75	1:05,27	16
3 O'Hara, Liam	17	Zimbabwe	1:07,09	1:05,93	14
4 Duvenhage, Henju P	17	Republic Of South Africa	1:07,24	1:06,61	12
5 Viljoen, René H	17	Namibia	1:13,74	1:11,69	11
6 Fischer, Ethan	16	Botswana	1:12,32	1:12,02	10
7 Burger, Mikah K	14	Namibia	1:15,86	1:13,16	9
8 Khatoun, Ayman	18	Zimbabwe	1:15,32	1:16,00	8

**Event 15 Men 20 & Under 100 LC Meter Breaststroke**

2016Cana RC: 1:02,09 # 2018-12-09 Michael J Houlie

RSA

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Houlie, Michael J	18	Republic Of South Africa	1:01,49	1:02,09 q
2 Robinson, Adrian	18	Botswana	1:05,92	1:05,75 q
3 O'Hara, Liam	17	Zimbabwe	1:05,18	1:07,09 q
4 Duvenhage, Henju P	17	Republic Of South Africa	1:08,44	1:07,24 q
5 Breytenbach, Ruan	16	Republic Of South Africa	1:06,47	1:07,42 q
6 Sates, Matthew E	15	Republic Of South Africa	1:05,99	1:07,46 q
7 Ross, Andrew	17	Republic Of South Africa	1:07,84	1:09,39 q
8 Ngcobo, Sabusiswa L	18	Republic Of South Africa	1:09,05	1:09,85 q
9 Ramaala, Alex A	18	Republic Of South Africa	1:13,69	1:11,54
10 Fischer, Ethan	16	Botswana	1:10,22	1:12,32
11 Viljoen, René H	17	Namibia	1:08,93	1:13,74
12 Khatoun, Ayman	18	Zimbabwe	1:13,11	1:15,32
13 Rouse, Brandon	15	Botswana	1:15,33	1:15,66
14 Burger, Mikah K	14	Namibia	1:12,40	1:15,86
15 Oosthuizen, Martin S	16	Namibia	1:12,90	1:16,30
16 Setswammung, Tumo	16	Botswana	1:18,43	1:16,61
17 Bruce, Dale	18	Zimbabwe	1:09,06	1:17,40
18 Chand, Ayaan	17	Botswana	1:14,03	1:17,46
19 Shamambo, Damien	15	Zambia	1:20,04	1:18,78
20 Liakopoulos, Theodoros E	14	Zambia	1:25,73	1:22,52

**Event 16 Women 20 & Under 100 LC Meter Backstroke**

2016Cana RC: 1:03,81 # 2014-12-11 Zanré Oberholzer

NAM

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Herbst, Kerryn L	16	Republic Of South Africa	1:05,89	1:06,10	18
2 Tully, Megan	16	Republic Of South Africa	1:06,04	1:06,18	16
3 Phiri, Mia A	15	Zambia	1:09,65	1:08,54	14
4 Stergiadis, Heleni	16	Namibia	1:08,14	1:08,59	12
5 Esslinger, Tiana	14	Namibia	1:09,91	1:09,80	11

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Finals ... (Event 16 Women 20 & Under 100 LC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time	Points
6 Sousa, Catarina	18	Angola	1:11,77	1:14,40	10
7 Matthews, Tselane	14	Botswana	1:14,35	1:15,24	9
8 Young, Robyn	17	Eswatini	1:14,33	1:16,39	8

**Event 16 Women 20 & Under 100 LC Meter Backstroke**

2016Cana RC: 1:03,81 # 2014-12-11 Zané Oberholzer

NAM

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Herbst, Kerryn L	16	Republic Of South Africa	1:04,02	1:05,89 q
2 Tully, Megan	16	Republic Of South Africa	1:04,64	1:06,04 q
3 Nel, Olivia	16	Republic Of South Africa	1:03,97	1:06,29 q
4 Fos, Talia	16	Republic Of South Africa	1:06,06	1:07,88 q
5 Coetzee, Dune	16	Republic Of South Africa	1:09,97	1:07,96 q
6 Stergiadis, Heleni	16	Namibia	1:04,47	1:08,14 q
7 Nel, Georgia	16	Republic Of South Africa	1:07,55	1:08,39 q
8 Phiri, Mia A	15	Zambia	1:10,88	1:09,65 q
9 Esslinger, Tiana	14	Namibia	1:08,34	1:09,91
10 Oberholzer, Ju-Ané	17	Namibia	1:08,87	1:11,19
11 Coetzer, Janie	17	Republic Of South Africa	1:11,25	1:11,20
12 Sousa, Catarina	18	Angola	1:09,19	1:11,77
13 Ribeiro, Nuria A	16	Republic Of South Africa	1:09,47	1:11,94
14 Weber, Zuné	17	Namibia	1:09,64	1:12,65
15 Young, Robyn	17	Eswatini	1:16,07	1:14,33
16 Matthews, Tselane	14	Botswana	1:13,61	1:14,35
17 Mukonoweshuro, Nyasha	18	Zimbabwe	1:15,72	1:18,98
18 Santo, Rafaela	13	Angola	1:26,08	1:23,71
19 Keitshokile, Rafiwa	15	Botswana	1:29,93	1:27,73
20 Mokgatle, Yaone	14	Botswana	1:24,64	1:27,78
21 Thompson, Summer	15	Botswana	1:27,05	1:28,57

**Event 17 Men 20 & Under 200 LC Meter Butterfly**

2016Cana RC: 2:01,17 # 2018-12-09 Ethan M Du Preez

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Du Preez, Ethan M	15	Republic Of South Africa	2:02,26	2:01,17	18
2 Breytenbach, Ruan	16	Republic Of South Africa	2:07,68	2:05,62	16
3 Le Roux, Corné	16	Namibia	2:17,92	2:14,39	14
4 Lucas, Silva	16	Angola	2:24,02	2:27,01	12
5 Setswammung, Tumo	16	Botswana	2:55,76	2:56,71	11

**Event 17 Men 20 & Under 200 LC Meter Butterfly**

2016Cana RC: 2:01,17 # 2018-12-09 Ethan M Du Preez

RSA

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Du Preez, Ethan M	15	Republic Of South Africa	2:02,18	2:02,26 q
2 Breytenbach, Ruan	16	Republic Of South Africa	2:03,35	2:07,68 q
3 Bosch, Matthew	17	Republic Of South Africa	2:13,83	2:14,58 q
4 Bruce, Dale	18	Zimbabwe	2:12,30	2:17,44 q
5 Le Roux, Corné	16	Namibia	2:10,16	2:17,92 q
6 Sates, Matthew E	15	Republic Of South Africa	2:04,07	2:22,30 q
7 Lucas, Silva	16	Angola	2:28,24	2:24,02 q
8 O'Hara, Liam	17	Zimbabwe	2:20,10	2:27,08 q
9 Mambo, Sithembiso	19	Eswatini	2:52,00	2:41,83
10 Setswammung, Tumo	16	Botswana	2:55,00	2:55,76

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Event 18 Mixed 20 & Under 4x100 LC Meter Freestyle Relay**

2016Cana RC: 3:42,78 # 2018-12-09 Republic Of South Africa RSA

L Oberholzer, M Bosch, A Canny, O Nel

Team	Relay	Seed Time	Finals Time	Points
1 Republic Of South Africa	A	3:32,69	3:42,78	36
2 Botswana	A	3:59,16	3:57,31	32
3 Angola	A	3:57,00	3:57,83	28
4 Namibia	A	3:56,13	4:01,11	24
5 Zimbabwe	A	3:55,07	4:02,00	22
--- Zambia	A	4:18,33	DQ	

**Event 19 Women 20 & Under 400 LC Meter Freestyle**

2016Cana RC: 4:20,34 # 2016-12-16 Kate J Beavon RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Coetzee, Dune	16	Republic Of South Africa	4:27,94	4:21,83	18
2 Mundell, Christin	17	Republic Of South Africa	4:29,93	4:35,45	16
3 Stergiadis, Heleni	16	Namibia	4:44,42	4:39,06	14
4 Esslinger, Tiana	14	Namibia	4:57,27	4:53,50	12
5 Brown, Courtney	16	Zimbabwe	5:07,54	5:03,33	11
6 Matthews, Tselane	14	Botswana	5:06,17	5:04,78	10
7 Egner, Maxine	14	Botswana	5:09,63	5:13,32	9
8 Santo, Rafaela	13	Angola	5:24,92	5:32,62	8

**Event 19 Women 20 & Under 400 LC Meter Freestyle**

2016Cana RC: 4:20,34 # 2016-12-16 Kate J Beavon RSA

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Coetzee, Dune	16	Republic Of South Africa	4:28,72	4:27,94 q
2 Mundell, Christin	17	Republic Of South Africa	4:21,83	4:29,93 q
3 Coetzer, Janie	17	Republic Of South Africa	4:22,94	4:38,67 q
4 Hearne, Trinity S	15	Republic Of South Africa	4:34,73	4:41,01 q
5 Oliver, Tori C	15	Republic Of South Africa	4:30,69	4:43,31 q
6 Stergiadis, Heleni	16	Namibia	4:35,95	4:44,42 q
7 van der Westhuizen, Paige	15	Zimbabwe	4:46,18	4:53,87 q
8 Esslinger, Tiana	14	Namibia	4:45,98	4:57,27 q
9 Matthews, Tselane	14	Botswana	5:09,64	5:06,17
10 Brown, Courtney	16	Zimbabwe	5:03,97	5:07,54
11 Egner, Maxine	14	Botswana	5:12,85	5:09,63
12 Santo, Rafaela	13	Angola	5:34,25	5:24,92
13 Jobe, Hannah	15	Botswana	5:35,32	5:43,19

**Event 20 Men 20 & Under 50 LC Meter Freestyle**

2016Cana RC: 22,93 # 2012-12-09 Reynard Wessels-Zambia RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Oberholzer, Louw	19	Republic Of South Africa	23,46	23,39	18
2 Nortje, Gawie	17	Republic Of South Africa	23,67	23,42	16
3 Freeman, James S	17	Botswana	24,81	24,54	14
4 Francisco, Daniel	18	Angola	25,25	24,65	12
5 Robinson, Adrian	18	Botswana	25,44	25,26	11
6 Viljoen, René H	17	Namibia	25,59	25,31	10
7 Bruce, Dale	18	Zimbabwe	25,40	25,33	9
8 Moosa, Shaquille D	16	Zambia	25,89	25,49	8

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Event 20 Men 20 & Under 50 LC Meter Freestyle**

2016Cana RC:	22,93	#	2012-12-09	Reynard Wessels-Zambia	RSA		
Name	Age	Team	Seed Time	Prelim Time			
<b>Preliminaries</b>							
1	Oberholzer, Louw	19	Republic Of South Africa	23,92	23,46	q	
2	Nortje, Gawie	17	Republic Of South Africa	23,12	23,67	q	
3	Houlie, Michael J	18	Republic Of South Africa	24,71	23,96	q	
4	Bosch, Matthew	17	Republic Of South Africa	24,40	24,28	q	
5	Coetzee, Calvin	18	Republic Of South Africa	24,47	24,38	q	
6	Ndebele, Kobe A	15	Republic Of South Africa	25,31	24,47	q	
7	Sates, Matthew E	15	Republic Of South Africa	24,32	24,56	q	
8	Ross, Andrew	17	Republic Of South Africa	24,94	24,58	q	
9	Freeman, James S	17	Botswana	24,27	24,81		
10	Di Domenico, Riccardo	18	Republic Of South Africa	25,14	25,23		
11	Francisco, Daniel	18	Angola	24,49	25,25		
12	Taukobong, Lebone T	16	Republic Of South Africa	25,73	25,35		
13	Bruce, Dale	18	Zimbabwe	25,00	25,40		
14	Robinson, Adrian	18	Botswana	25,34	25,44		
15	Viljoen, René H	17	Namibia	25,84	25,59		
16	Du Preez, Ethan M	15	Republic Of South Africa	26,73	25,76		
17	Oliver, Jack H	18	Republic Of South Africa	24,56	25,88		
18	Moosa, Shaquille D	16	Zambia	26,68	25,89		
19	Khatoun, Ayman	18	Zimbabwe	25,71	26,01		
20	Oosthuizen, Martin S	16	Namibia	26,15	26,29		
21	Dzingai, Solomon	18	Botswana	26,26	26,45		
22	Mambo, Sithembiso	19	Eswatini	27,42	26,62		
23	Mumba, Butemwe	17	Zambia	26,62	26,72		
24	Ngcobo, Sabusiswa L	18	Republic Of South Africa	26,20	26,81		
25	Ramaala, Alex A	18	Republic Of South Africa	27,40	26,85		
*26	Mashao, Refiloe M	18	Republic Of South Africa	27,00	27,11		
*26	Burger, Mikah K	14	Namibia	26,16	27,11		
28	Le Roux, Corné	16	Namibia	26,23	27,25		
29	Shamambo, Damien	15	Zambia	29,01	27,36		
30	Chand, Ayaan	17	Botswana	26,99	27,53		
31	Lucas, Silva	16	Angola	27,60	27,60		
32	Costa, Luyane	18	Angola	27,30	27,66		
33	Macpherson, Murray W	16	Malawi	27,70	28,10		
34	Sebikiri, Maemo	19	Botswana	27,65	28,27		
35	Bekker, Zinhle	17	Botswana	27,73	28,29		
36	Liakopoulos, Theodoros E	14	Zambia	31,25	28,43		
37	Duvenhage, Henju P	17	Republic Of South Africa	24,71	28,51		

**Event 21 Women 20 & Under 50 LC Meter Backstroke**

2016Cana RC:	29,24	#	2016-12-16	Ruele Naomi	BOT		
Name	Age	Team	Prelim Time	Finals Time	Points		
<b>Finals</b>							
1	Nel, Olivia	16	Republic Of South Africa	29,86	29,40	18	
2	Herbst, Kerry L	16	Republic Of South Africa	30,87	30,37	16	
3	Phiri, Mia A	15	Zambia	31,33	31,22	14	
4	Stergiadis, Heleni	16	Namibia	32,55	31,57	12	
5	Weber, Zuné	17	Namibia	32,53	31,65	11	
6	van der Westhuizen, Paige	15	Zimbabwe	32,70	32,54	10	
7	Sousa, Catarina	18	Angola	33,59	33,47	9	
8	Young, Robyn	17	Eswatini	33,35	34,16	8	

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Event 21 Women 20 & Under 50 LC Meter Backstroke**

2016Cana RC: 29,24 # 2016-12-16		Ruele Naomi		BOT		
Name	Age	Team	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Nel, Olivia	16	Republic Of South Africa	30,03	29,86	q
2	Herbst, Kerryn L	16	Republic Of South Africa	29,81	30,87	q
3	Weidemann, Inge	17	Republic Of South Africa	31,23	31,04	q
4	Phiri, Mia A	15	Zambia	30,96	31,33	q
5	Tully, Megan	16	Republic Of South Africa	30,97	31,98	q
6	Fos, Talia	16	Republic Of South Africa	31,68	32,47	q
7	Weber, Zuné	17	Namibia	31,58	32,53	q
8	Stergiadis, Heleni	16	Namibia	30,86	32,55	q
9	van der Westhuizen, Paige	15	Zimbabwe	32,08	32,70	
10	Young, Robyn	17	Eswatini	32,34	33,35	
11	Ribeiro, Nuria A	16	Republic Of South Africa	32,75	33,40	
12	Sousa, Catarina	18	Angola	32,22	33,59	
13	Esslinger, Tiana	14	Namibia	32,59	33,61	
14	Oberholzer, Ju-Ané	17	Namibia	32,74	33,90	
15	Coetzer, Janie	17	Republic Of South Africa	33,41	34,43	
16	Matthews, Tselane	14	Botswana	34,65	34,69	
17	Mukonoweshuro, Nyasha	18	Zimbabwe	35,03	35,81	
18	Jobe, Hannah	15	Botswana	37,30	36,76	
19	Coelho, Eliane	15	Angola	36,88	37,43	
20	Mokgatle, Yaone	14	Botswana	37,18	38,49	
21	Keitshokile, Rafiwa	15	Botswana	38,89	38,83	
22	Santo, Rafaela	13	Angola	36,22	39,28	
23	Thompson, Summer	15	Botswana	37,41	40,64	

**Event 22 Men 20 & Under 200 LC Meter IM**

2016Cana RC: 2:06,23 # 2018-12-10		Louw Oberholzer		RSA		
Name	Age	Team	Prelim Time	Finals Time	Points	
<b>Finals</b>						
1	Oberholzer, Louw	19	Republic Of South Africa	2:07,34	2:06,23	18
2	Duvenhage, Henju P	17	Republic Of South Africa	2:09,35	2:07,03	16
3	Freeman, James S	17	Botswana	2:16,57	2:13,84	14
4	Robinson, Adrian	18	Botswana	2:20,29	2:19,18	12
5	O'Hara, Liam	17	Zimbabwe	2:23,00	2:19,39	11
6	Mascarenhas, Henrique	17	Angola	2:22,41	2:19,61	10
7	Oosthuizen, Martin S	16	Namibia	2:22,77	2:19,71	9
8	Bruce, Dale	18	Zimbabwe	2:21,32	2:21,33	8

**Event 22 Men 20 & Under 200 LC Meter IM**

2016Cana RC: 2:06,23 # 2018-12-10		Louw Oberholzer		RSA		
Name	Age	Team	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Oberholzer, Louw	19	Republic Of South Africa	2:08,88	2:07,34	q
2	Duvenhage, Henju P	17	Republic Of South Africa	2:06,19	2:09,35	q
3	Coetsee, Calvin	18	Republic Of South Africa	2:10,80	2:11,47	q
4	Breytenbach, Ruan	16	Republic Of South Africa	2:07,66	2:12,00	q
5	Bosch, Matthew	17	Republic Of South Africa	2:11,80	2:13,19	q
6	Houlie, Michael J	18	Republic Of South Africa	2:13,30	2:15,86	q
7	Freeman, James S	17	Botswana	2:10,82	2:16,57	q
8	Du Preez, Ethan M	15	Republic Of South Africa	2:17,61	2:19,04	q
9	Sates, Matthew E	15	Republic Of South Africa	2:10,92	2:19,10	
10	Ross, Andrew	17	Republic Of South Africa	2:08,33	2:19,85	
11	Robinson, Adrian	18	Botswana	2:28,39	2:20,29	

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 22 Men 20 & Under 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
12 Ramaala, Alex A	18	Republic Of South Africa	2:19,00	2:21,16
13 Bruce, Dale	18	Zimbabwe	2:17,87	2:21,32
14 Mascarenhas, Henrique	17	Angola	2:22,14	2:22,41
15 Oosthuizen, Martin S	16	Namibia	2:18,62	2:22,77
16 Di Domenico, Riccardo	18	Republic Of South Africa	2:18,34	2:22,84
17 O'Hara, Liam	17	Zimbabwe	2:16,07	2:23,00
18 Burger, Mikah K	14	Namibia	2:20,22	2:25,38
19 Bekker, Andile	15	Botswana	2:23,68	2:27,36
20 Viljoen, René H	17	Namibia	2:20,78	2:29,79
21 Rouse, Brandon	15	Botswana	2:37,67	2:30,14
22 Duarte, João	17	Angola	2:32,31	2:30,25
23 Lucas, Silva	16	Angola	2:34,17	2:30,67
24 Nortje, Gawie	17	Republic Of South Africa	2:23,63	2:30,80
25 Le Roux, Corné	16	Namibia	2:15,37	2:31,82
26 Fischer, Ethan	16	Botswana	2:29,58	2:32,91
27 Macpherson, Murray W	16	Malawi	2:37,10	2:34,96
28 Chand, Ayaan	17	Botswana	2:40,31	2:41,24
29 Bekker, Zinhle	17	Botswana	2:42,89	2:44,74

**Event 23 Women 20 & Under 200 LC Meter Breaststroke**

2016Cana RC: 2:32,33 # 2018-12-10 Paige F Brombacher

RSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Brombacher, Paige F	15	Republic Of South Africa	2:31,93	2:32,33	18
2 Mundell, Christin	17	Republic Of South Africa	2:34,39	2:34,17	16
3 Naidu, Harleena	17	Zambia	3:12,32	3:06,80	14
4 Fawaz, Yasmina	14	Zambia	3:12,21	3:07,07	12
5 Coelho, Eliane	15	Angola	3:18,40	3:16,67	11
6 Brown, Courtney	16	Zimbabwe	3:10,53	3:17,11	10
--- Van Niekerk, Lara	15	Republic Of South Africa	2:39,72	X2:34,94	
--- Chungu, Chibwe	16	Zambia	3:09,29	X3:10,65	

**Event 24 Men 20 & Under 200 LC Meter Backstroke**

2016Cana RC: 2:02,66 # 2014-12-12 Martin Binedell

South Africa

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Oliver, Jack H	18	Republic Of South Africa	2:08,23	2:05,79	18
2 Ross, Andrew	17	Republic Of South Africa	2:07,70	2:08,51	16
3 Cyprianos, Denilson	16	Zimbabwe	2:11,71	2:09,46	14
4 Bekker, Andile	15	Botswana	2:23,59	2:19,55	12
5 Khatoun, Ayman	18	Zimbabwe	2:20,97	2:21,66	11
6 Burger, Heinrich M	18	Namibia	2:23,60	2:25,18	10
7 Macpherson, Murray W	16	Malawi	2:29,63	2:28,32	9

**Event 24 Men 20 & Under 200 LC Meter Backstroke**

2016Cana RC: 2:02,66 # 2014-12-12 Martin Binedell

South Africa

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Ross, Andrew	17	Republic Of South Africa	2:09,41	2:07,70 q
2 Oliver, Jack H	18	Republic Of South Africa	2:04,73	2:08,23 q
3 Cyprianos, Denilson	16	Zimbabwe	2:10,68	2:11,71 q
4 Du Preez, Ethan M	15	Republic Of South Africa	2:14,74	2:15,28 q
5 Oberholzer, Louw	19	Republic Of South Africa	2:12,44	2:17,13 q
6 Duvenhage, Henju P	17	Republic Of South Africa	2:06,80	2:17,23 q
7 Khatoun, Ayman	18	Zimbabwe	2:17,06	2:20,97 q
8 Bekker, Andile	15	Botswana	2:22,84	2:23,59 q
9 Burger, Heinrich M	18	Namibia	2:16,31	2:23,60

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 24 Men 20 & Under 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
10 Oosthuizen, Martin S	16	Namibia	2:17,54	2:29,08
11 Viljoen, René H	17	Namibia	2:19,35	2:29,40
12 Macpherson, Murray W	16	Malawi	2:27,13	2:29,63
13 Burger, Mikah K	14	Namibia	2:15,36	2:31,16
14 Liakopoulos, Theodoros E	14	Zambia	2:48,22	2:48,22

**Event 25 Women 20 & Under 100 LC Meter Butterfly**

2016Cana RC: 1:01,75 # 2014-12-10 Rita Naude

South Africa

2016Cana RC: 1:01,75 # 2018-12-10 Dune Coetzee

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Coetzee, Dune	16	Republic Of South Africa	1:02,18	1:01,75	18
2 Hearne, Trinity S	15	Republic Of South Africa	1:03,23	1:02,81	16
3 Lima, Lia A	17	Angola	1:04,92	1:04,99	14
4 van der Westhuizen, Paige	15	Zimbabwe	1:08,29	1:07,32	12
5 Mjimba, Nomvula B	16	Zimbabwe	1:11,52	1:09,74	11
6 Sousa, Catarina	18	Angola	1:10,53	1:10,15	10
7 Egner, Maxine	14	Botswana	1:20,79	1:20,35	9

**Event 25 Women 20 & Under 100 LC Meter Butterfly**

2016Cana RC: 1:01,75 # 2014-12-10 Rita Naude

South Africa

2016Cana RC: 1:01,75 # 2018-12-10 Dune Coetzee

RSA

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Coetzee, Dune	16	Republic Of South Africa	1:01,15	1:02,18 q
2 Hearne, Trinity S	15	Republic Of South Africa	1:03,89	1:03,23 q
3 Weidemann, Inge	17	Republic Of South Africa	1:07,65	1:04,72 q
4 Lima, Lia A	17	Angola	1:05,51	1:04,92 q
5 Herbst, Kerry L	16	Republic Of South Africa	1:04,81	1:05,99 q
6 Van Niekerk, Lara	15	Republic Of South Africa	1:04,71	1:06,19 q
7 Oliver, Tori C	15	Republic Of South Africa	1:05,25	1:07,58 q
8 van der Westhuizen, Paige	15	Zimbabwe	1:07,47	1:08,29 q
9 Phiri, Mia A	15	Zambia	1:09,62	1:09,64
10 Sousa, Catarina	18	Angola	1:05,64	1:10,53
11 Brombacher, Paige F	15	Republic Of South Africa	1:06,74	1:10,73
12 Mjimba, Nomvula B	16	Zimbabwe	1:07,72	1:11,52
13 Egner, Maxine	14	Botswana	1:15,69	1:20,79
14 Gondo, Ruvarashe	16	Botswana	1:17,00	1:25,66

**Event 26 Men 20 & Under 4x100 LC Meter Medley Relay**

2016Cana RC: 3:48,96 # 2014-12-12 South Africa

M Binedell, B Crawford, B Levy, Z WADDELL

Team	Relay	Seed Time	Finals Time	Points
1 Republic Of South Africa	A	3:53,30	3:55,34	36
2 Zimbabwe	A	4:00,44	4:03,22	32
3 Botswana	A	4:10,26	4:08,91	28
4 Angola	A	4:19,31	4:17,50	24
5 Zambia	A	4:54,73	4:52,94	22
--- Namibia	A	4:08,38	DQ	

**Event 27 Women 20 & Under 4x50 LC Meter Freestyle Relay**

2016Cana RC: 1:45,17 # 2018-12-10 Republic Of South Africa

RSA

I Weidemann, A Canny, G Nel, O Nel

Team	Relay	Seed Time	Finals Time	Points
1 Republic Of South Africa	A	1:51,27	1:45,17	36
2 Zimbabwe	A	1:53,03	1:54,76	32

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****(Event 27 Women 20 & Under 4x50 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
3 Namibia	A	1:56,90	1:56,48	28
4 Botswana	A	2:00,36	1:57,46	24
5 Zambia	A	2:03,18	1:58,62	22
6 Angola	A	2:00,36	2:00,03	20

**Event 28 Men 20 & Under 400 LC Meter Freestyle**

2016Cana RC: 4:02,09 # 2014-12-13 Matthew M Meyer

South Africa

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Freeman, James S	17	Botswana	4:06,45	4:01,66 #	18
2 Coetzee, Calvin	18	Republic Of South Africa	4:07,21	4:03,53	16
3 Du Preez, Ethan M	15	Republic Of South Africa	4:12,93	4:11,69	14
4 Bekker, Andile	15	Botswana	4:23,92	4:21,69	12
5 Mascarenhas, Henrique	17	Angola	4:30,95	4:25,01	11
6 Cyprianos, Denilson	16	Zimbabwe	4:28,58	4:37,93	10
7 Duarte, João	17	Angola	4:42,06	4:38,39	9
8 Macpherson, Murray W	16	Malawi	4:45,76	4:39,08	8

**Event 28 Men 20 & Under 400 LC Meter Freestyle**

2016Cana RC: 4:02,09 # 2014-12-13 Matthew M Meyer

South Africa

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Freeman, James S	17	Botswana	3:55,27	4:06,45	q
2 Coetzee, Calvin	18	Republic Of South Africa	4:02,06	4:07,21	q
3 Du Preez, Ethan M	15	Republic Of South Africa	4:07,77	4:12,93	q
4 Ross, Andrew	17	Republic Of South Africa	4:05,75	4:13,11	q
5 Bosch, Matthew	17	Republic Of South Africa	4:08,88	4:19,63	q
6 Breytenbach, Ruan	16	Republic Of South Africa	4:01,78	4:19,73	q
7 Bekker, Andile	15	Botswana	4:26,85	4:23,92	q
8 Cyprianos, Denilson	16	Zimbabwe	4:25,88	4:28,58	q
9 Mascarenhas, Henrique	17	Angola	4:22,35	4:30,95	
10 Mashao, Refiloe M	18	Republic Of South Africa	4:26,70	4:31,26	
11 Duarte, João	17	Angola	4:40,22	4:42,06	
12 Macpherson, Murray W	16	Malawi	4:34,31	4:45,76	
13 O'Hara, Liam	17	Zimbabwe	4:29,78	4:47,26	
14 Bekker, Zinhle	17	Botswana	4:54,89	4:49,04	
15 Burger, Heinrich M	18	Namibia	4:42,29	4:57,30	

**Event 29 Women 20 & Under 50 LC Meter Freestyle**

2016Cana RC: 26,31 # 2018-12-11 Olivia Nel

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Canny, Aimee L	15	Republic Of South Africa	26,40	26,02	18
2 Nel, Olivia	16	Republic Of South Africa	26,31	26,12	16
3 van der Westhuizen, Paige	15	Zimbabwe	28,58	27,40	14
4 Weber, Zuné	17	Namibia	28,16	27,59	12
5 Phiri, Mía A	15	Zambia	28,10	27,79	11
6 Egner, Maxine	14	Botswana	28,24	28,16	10
7 Sousa, Catarina	18	Angola	29,15	29,17	9
8 Chungu, Chibwe	16	Zambia	29,13	29,33	8

**Event 29 Women 20 & Under 50 LC Meter Freestyle**

2016Cana RC: 26,31 # 2018-12-11 Olivia Nel

RSA

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Nel, Olivia	16	Republic Of South Africa	26,06	26,31	q



**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 29 Women 20 & Under 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time	
2 Canny, Aimee L	15	Republic Of South Africa	26,43	26,40	q
3 Weidemann, Inge	17	Republic Of South Africa	25,97	26,58	q
4 Nel, Georgia	16	Republic Of South Africa	27,54	27,25	q
5 Coetzee, Dune	16	Republic Of South Africa	28,13	27,82	q
6 Herbst, Kerry L	16	Republic Of South Africa	27,54	27,85	q
7 Van Niekerk, Lara	15	Republic Of South Africa	28,05	27,91	q
8 Phiri, Mia A	15	Zambia	28,11	28,10	q
9 Weber, Zuné	17	Namibia	27,57	28,16	
10 Hearne, Trinity S	15	Republic Of South Africa	27,67	28,19	
11 Egner, Maxine	14	Botswana	28,51	28,24	
12 van der Westhuizen, Paige	15	Zimbabwe	27,91	28,58	
13 Chungu, Chibwe	16	Zambia	29,87	29,13	
14 Sousa, Catarina	18	Angola	28,12	29,15	
15 Mjimba, Nomvula B	16	Zimbabwe	27,88	29,18	
16 Fos, Talia	16	Republic Of South Africa	28,95	29,22	
17 Brown, Courtney	16	Zimbabwe	28,16	29,37	
18 Coetzer, Janie	17	Republic Of South Africa	28,41	29,57	
19 Ribeiro, Nuria A	16	Republic Of South Africa	29,06	29,69	
20 Matthews, Tselane	14	Botswana	30,38	30,40	
21 Esslinger, Tiana	14	Namibia	29,49	30,44	
22 Young, Robyn	17	Eswatini	30,83	30,46	
23 Fawaz, Yasmina	14	Zambia	32,21	30,66	
24 Mukonoweshuro, Nyasha	18	Zimbabwe	29,08	30,81	
25 Oberholzer, Ju-Ané	17	Namibia	30,52	30,89	
26 Gondo, Ruvarashe	16	Botswana	30,95	30,92	
27 Jobe, Hannah	15	Botswana	30,52	30,99	
28 Coelho, Eliane	15	Angola	31,51	31,30	
29 Keitshokile, Rafiwa	15	Botswana	31,92	31,62	
30 Cahombo, Melvire	16	Angola	31,29	31,71	
31 Deurwaader, Tjibuya	14	Botswana	32,41	31,74	
32 van Rooyen, Leone	16	Botswana	33,49	33,06	
33 Naidu, Harleena	17	Zambia	32,19	34,12	
34 Thompson, Summer	15	Botswana	32,88	34,76	
--- Tully, Megan	16	Republic Of South Africa	28,94	DQ	

**Event 30 Men 20 & Under 50 LC Meter Backstroke**

2016Cana RC: 26,70 # 2012-12-09 Niel De Villiers-Zambia

RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Duvenhage, Henju P	17	Republic Of South Africa	26,82	26,63	18
2 Oberholzer, Louw	19	Republic Of South Africa	27,41	26,97	16
3 Cyprianos, Denilson	16	Zimbabwe	29,06	28,49	14
4 Burger, Mikah K	14	Namibia	29,61	28,88	12
5 Viljoen, René H	17	Namibia	29,69	29,27	11
6 Khatoun, Ayman	18	Zimbabwe	30,44	29,82	10
7 Bekker, Andile	15	Botswana	30,30	30,17	9
8 Mascarenhas, Henrique	17	Angola	30,17	30,39	8

**Event 30 Men 20 & Under 50 LC Meter Backstroke**

2016Cana RC: 26,70 # 2012-12-09 Niel De Villiers-Zambia

RSA

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Duvenhage, Henju P	17	Republic Of South Africa	26,44	26,82	q
2 Oberholzer, Louw	19	Republic Of South Africa	27,64	27,41	q
3 Oliver, Jack H	18	Republic Of South Africa	26,96	27,87	q

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 30 Men 20 & Under 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time	
4 Coetzee, Calvin	18	Republic Of South Africa	27,86	27,95	q
5 Ross, Andrew	17	Republic Of South Africa	28,53	28,32	q
6 Ndebele, Kobe A	15	Republic Of South Africa	28,66	28,82	q
7 Cyprianos, Denilson	16	Zimbabwe	29,03	29,06	q
8 Burger, Mikah K	14	Namibia	29,23	29,61	q
9 Viljoen, René H	17	Namibia	28,81	29,69	
10 Du Preez, Ethan M	15	Republic Of South Africa	29,93	30,02	
11 Mascarenhas, Henrique	17	Angola	29,30	30,17	
12 Bekker, Andile	15	Botswana	30,48	30,30	
13 Khatoun, Ayman	18	Zimbabwe	29,26	30,44	
14 Rouse, Brandon	15	Botswana	30,96	30,62	
15 Oosthuizen, Martin S	16	Namibia	29,42	30,71	
16 Nortje, Gawie	17	Republic Of South Africa	30,28	30,95	
17 Costa, Luyane	18	Angola	31,20	31,06	
18 Di Domenico, Riccardo	18	Republic Of South Africa	30,00	31,45	
19 Burger, Heinrich M	18	Namibia	29,96	31,64	
20 Moosa, Shaquille D	16	Zambia	33,23	32,44	
*21 Macpherson, Murray W	16	Malawi	33,40	32,70	
*21 Sates, Matthew E	15	Republic Of South Africa	27,98	32,70	
23 Dzingai, Solomon	18	Botswana	34,28	33,47	
24 Mumba, Butemwe	17	Zambia	34,28	34,17	
25 Sebikiri, Maemo	19	Botswana	30,57	34,54	
26 Liakopoulos, Theodoros E	14	Zambia	38,67	36,73	

**Event 31 Women 20 & Under 200 LC Meter IM**

2016Cana RC: 2:23,73 # 2014-12-13 Megan Van Wyk

South Africa

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Mundell, Christin	17	Republic Of South Africa	2:24,07	2:21,64 #	18
2 Hearne, Trinity S	15	Republic Of South Africa	2:25,91	2:24,06	16
3 Stergiadis, Heleni	16	Namibia	2:29,77	2:26,50	14
4 van der Westhuizen, Paige	15	Zimbabwe	2:39,57	2:32,84	12
5 Lima, Lia A	17	Angola	2:35,37	2:34,39	11
6 Esslinger, Tiana	14	Namibia	2:41,81	2:40,50	10
7 Mukonoweshuro, Nyasha	18	Zimbabwe	2:57,09	2:51,86	9
8 Coelho, Eliane	15	Angola	2:58,61	2:56,66	8

**Event 31 Women 20 & Under 200 LC Meter IM**

2016Cana RC: 2:23,73 # 2014-12-13 Megan Van Wyk

South Africa

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Mundell, Christin	17	Republic Of South Africa	2:18,31	2:24,07	q
2 Hearne, Trinity S	15	Republic Of South Africa	2:27,41	2:25,91	q
3 Canny, Aimee L	15	Republic Of South Africa	2:28,05	2:26,17	q
4 Nel, Georgia	16	Republic Of South Africa	2:24,10	2:27,17	q
5 Coetzee, Dune	16	Republic Of South Africa	2:25,73	2:27,77	q
6 Van Niekerk, Lara	15	Republic Of South Africa	2:25,06	2:28,41	q
7 Stergiadis, Heleni	16	Namibia	2:25,38	2:29,77	q
8 Lima, Lia A	17	Angola	2:30,20	2:35,37	q
9 Brombacher, Paige F	15	Republic Of South Africa	2:24,40	2:38,19	
10 Coetzer, Janie	17	Republic Of South Africa	2:31,72	2:39,03	
11 van der Westhuizen, Paige	15	Zimbabwe	2:35,34	2:39,57	
12 Esslinger, Tiana	14	Namibia	2:35,33	2:41,81	
13 Mjimba, Nomvula B	16	Zimbabwe	2:41,16	2:50,12	
14 Mukonoweshuro, Nyasha	18	Zimbabwe	2:49,25	2:57,09	

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 31 Women 20 & Under 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
15 Coelho, Eliane	15	Angola	2:57,12	2:58,61
16 van Rooyen, Leone	16	Botswana	3:06,07	2:59,56
17 Brown, Courtney	16	Zimbabwe	2:50,85	3:03,86
18 Mokgatle, Yaone	14	Botswana	2:56,06	3:05,99
19 Naidu, Harleena	17	Zambia	2:58,98	3:10,59
20 Santo, Rafaela	13	Angola	3:05,91	3:10,68
21 Thompson, Summer	15	Botswana	3:21,11	3:22,12

**Event 32 Men 20 & Under 200 LC Meter Breaststroke**

2016Cana RC: 2:20,86 # 2014-12-13 Mark M Hunter

South Africa

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Breytenbach, Ruan	16	Republic Of South Africa	2:26,02	2:19,56 #	18
2 Houlie, Michael J	18	Republic Of South Africa	2:26,35	2:24,45	16
3 O'Hara, Liam	17	Zimbabwe	2:32,19	2:26,17	14
4 Robinson, Adrian	18	Botswana	2:32,99	2:34,01	12
5 Setswammung, Tumo	16	Botswana	2:47,43	2:49,13	11
6 Duarte, João	17	Angola	2:57,43	2:53,21	10
7 Shamambo, Damien	15	Zambia	3:06,41	2:57,27	9
8 Liakopoulos, Theodoros E	14	Zambia	3:09,76	3:12,57	8

**Event 32 Men 20 & Under 200 LC Meter Breaststroke**

2016Cana RC: 2:20,86 # 2014-12-13 Mark M Hunter

South Africa

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Breytenbach, Ruan	16	Republic Of South Africa	2:19,94	2:26,02 q
2 Houlie, Michael J	18	Republic Of South Africa	2:16,97	2:26,35 q
3 Ramaala, Alex A	18	Republic Of South Africa	2:32,31	2:30,98 q
4 O'Hara, Liam	17	Zimbabwe	2:20,09	2:32,19 q
5 Robinson, Adrian	18	Botswana	2:45,62	2:32,99 q
6 Ngcobo, Sabusiswa L	18	Republic Of South Africa	2:35,53	2:39,71 q
7 Setswammung, Tumo	16	Botswana	2:54,98	2:47,43 q
8 Fischer, Ethan	16	Botswana	2:40,41	2:48,43 q
9 Duarte, João	17	Angola	2:52,35	2:57,43
10 Rouse, Brandon	15	Botswana	3:00,41	2:58,15
11 Shamambo, Damien	15	Zambia	3:02,46	3:06,41
12 Liakopoulos, Theodoros E	14	Zambia	3:10,27	3:09,76

**Event 33 Women 20 & Under 200 LC Meter Backstroke**

2016Cana RC: 2:16,99 # 2014-12-13 Zanré Oberholzer

NAM

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Tully, Megan	16	Republic Of South Africa	2:25,51	2:23,48	18
2 Herbst, Kerry L	16	Republic Of South Africa	2:27,42	2:25,35	16
3 Stergiadis, Heleni	16	Namibia	2:34,11	2:28,14	14
4 Esslinger, Tiana	14	Namibia	2:31,59	2:28,89	12
5 Matthews, Tselane	14	Botswana	2:40,52	2:36,20	11
6 Lima, Lia A	17	Angola	2:39,01	2:39,86	10
7 Santo, Rafaela	13	Angola	3:11,78	3:08,56	9
--- Young, Robyn	17	Eswatini	2:53,42	NS	

**Event 33 Women 20 & Under 200 LC Meter Backstroke**

2016Cana RC: 2:16,99 # 2014-12-13 Zanré Oberholzer

NAM

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Tully, Megan	16	Republic Of South Africa	2:18,74	2:25,51 q

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 33 Women 20 & Under 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time	
2 Herbst, Kerryn L	16	Republic Of South Africa	2:20,97	2:27,42	q
3 Fos, Talia	16	Republic Of South Africa	2:20,32	2:27,94	q
4 Esslinger, Tiana	14	Namibia	2:25,16	2:31,59	q
5 Stergiadis, Heleni	16	Namibia	2:21,56	2:34,11	q
6 Phiri, Mia A	15	Zambia	2:38,99	2:36,99	q
7 Coetzer, Janie	17	Republic Of South Africa	2:29,67	2:37,09	q
8 Ribeiro, Nuria A	16	Republic Of South Africa	2:33,22	2:37,73	q
9 Oberholzer, Ju-Ané	17	Namibia	2:29,77	2:38,43	
10 Lima, Lia A	17	Angola	2:35,30	2:39,01	
11 Matthews, Tselane	14	Botswana	2:43,38	2:40,52	
12 Sousa, Catarina	18	Angola	2:30,65	2:42,07	
13 Young, Robyn	17	Eswatini	2:56,99	2:53,42	
14 Santo, Rafaela	13	Angola	3:08,02	3:11,78	
15 Thompson, Summer	15	Botswana	3:08,94	3:18,68	
--- Mukonoweshuro, Nyasha	18	Zimbabwe	2:48,52	NS	

**Event 34 Men 20 & Under 100 LC Meter Butterfly**

2016Cana RC: 54,88 # 2012-12-10 Niel Watson-Zambia RSA

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Du Preez, Ethan M	15	Republic Of South Africa	55,96	55,40	18
2 Duvenhage, Henju P	17	Republic Of South Africa	56,02	55,56	16
3 Freeman, James S	17	Botswana	58,03	57,90	14
4 Francisco, Daniel	18	Angola	1:00,73	58,81	12
5 Le Roux, Corné	16	Namibia	1:01,48	59,59	11
6 Bruce, Dale	18	Zimbabwe	1:00,17	59,82	10
7 Viljoen, René H	17	Namibia	1:02,78	1:02,52	9
8 Mascarenhas, Henrique	17	Angola	1:03,04	1:03,78	8

**Event 34 Men 20 & Under 100 LC Meter Butterfly**

2016Cana RC: 54,88 # 2012-12-10 Niel Watson-Zambia RSA

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Du Preez, Ethan M	15	Republic Of South Africa	56,47	55,96	q
2 Duvenhage, Henju P	17	Republic Of South Africa	54,97	56,02	q
3 Sates, Matthew E	15	Republic Of South Africa	55,71	56,69	q
4 Coetzee, Calvin	18	Republic Of South Africa	57,93	57,29	q
5 Di Domenico, Riccardo	18	Republic Of South Africa	56,25	57,31	q
6 Oberholzer, Louw	19	Republic Of South Africa	58,68	57,81	q
7 Ross, Andrew	17	Republic Of South Africa	57,76	57,89	q
8 Freeman, James S	17	Botswana	57,15	58,03	q
9 Breytenbach, Ruan	16	Republic Of South Africa	58,14	58,73	
10 Ndebele, Kobe A	15	Republic Of South Africa	59,98	59,20	
11 Bosch, Matthew	17	Republic Of South Africa	57,49	59,66	
12 Bruce, Dale	18	Zimbabwe	58,16	1:00,17	
13 Francisco, Daniel	18	Angola	58,08	1:00,73	
14 Le Roux, Corné	16	Namibia	59,38	1:01,48	
15 Oliver, Jack H	18	Republic Of South Africa	1:00,01	1:02,72	
16 Viljoen, René H	17	Namibia	1:01,08	1:02,78	
17 Taukobong, Lebone T	16	Republic Of South Africa	1:04,84	1:02,97	
18 Mascarenhas, Henrique	17	Angola	1:02,48	1:03,04	
19 Burger, Mikah K	14	Namibia	1:02,83	1:03,20	
20 O'Hara, Liam	17	Zimbabwe	59,88	1:04,36	
21 Lucas, Silva	16	Angola	1:06,17	1:05,01	
22 Mambo, Sithembiso	19	Eswatini	1:05,82	1:05,42	

**AUSC -Region 5 Under 20 YTH Games 2018 - 2018-12-08 to 2018-12-11****Results****Preliminaries ... (Event 34 Men 20 & Under 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
23 Khatoun, Ayman	18	Zimbabwe	59,93	1:05,49
24 Costa, Luyane	18	Angola	1:04,17	1:05,64
25 Ramaala, Alex A	18	Republic Of South Africa	1:07,74	1:06,04
26 Mashao, Refiloe M	18	Republic Of South Africa	1:04,17	1:07,74
27 Rouse, Brandon	15	Botswana	1:06,89	1:08,62
28 Fischer, Ethan	16	Botswana	1:06,98	1:08,83
29 Chand, Ayaan	17	Botswana	1:12,28	1:09,31
30 Setswammung, Tumo	16	Botswana	1:14,79	1:12,48
31 Sebikiri, Maemo	19	Botswana	1:24,12	1:12,68

**Event 35 Women 20 & Under 4x100 LC Meter Medley Relay**

2016Cana RC: 4:26,52 # 2014-12-13 South Africa

R NAUDE, E Anderson, T Els, N Vd Walt

Team	Relay	Seed Time	Finals Time	Points
1 Republic Of South Africa	A	4:17,50	4:25,44 #	36
2 Namibia	A	4:39,38	4:47,47	32
3 Zimbabwe	A	4:44,27	4:54,97	28
4 Angola	A	4:45,30	4:56,77	24
5 Botswana	A	4:32,05	5:16,67	22

**Event 36 Men 20 & Under 4x50 LC Meter Freestyle Relay**

2016Cana RC: 1:34,32 # 2012-12-08 South Africa-Zambia

R Wessels- C Emslie-C Jimmie-B Doyle

Team	Relay	Seed Time	Finals Time	Points
1 Republic Of South Africa	A	1:37,48	1:34,94	36
2 Botswana	A	1:42,00	1:40,06	32
3 Zimbabwe	A	1:43,84	1:41,45	28
4 Namibia	A	1:44,38	1:42,73	24
5 Angola	A	1:45,11	1:44,65	22
6 Zambia	A	1:52,34	1:48,11	20

**Combined Team Scores****Combined Team Scores - Through Event 36**

1. Republic Of South Africa	1228	2. Zimbabwe	638
3. Botswana	587	4. Namibia	553
5. Angola	483	6. Zambia	229
7. Eswatini	24	8. Malawi	17