

# Para Swimming SA Records

## 15 - 18 Short Course

### 50m Freestyle

#### Female

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9	00:34.29	Martins, Shannon	CGA Jnr Short Course Championships	Johannesburg	26 Jul 2014
S10	00:35.74	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12					
S13	00:34.24	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	19 Aug 2013

#### Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4	02:47.52	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S5	01:11.90	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:44.79	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	00:37.20	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	00:33.03	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	00:29.90	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:26.50	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:28.14	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
S13	00:31.59	Naudè, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

**100m Freestyle****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9	01:05.23	Makgakga, Dimakatso	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:26.35	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12					
S13	01:11.03	Ferreira, Alani	KZN Seagulls Winter Championship	Durban	08 Oct 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5	01:20.72	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:19.88	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7	01:22.38	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	01:11.36	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	01:07.34	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:59.35	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12					
S13	01:13.66	Naude, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

**200m Freestyle****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13	02:37.40	Ferreira, Alani	KZN Seals Winter 2	Pietermaritzburg	21 Jun 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8	03:09.40	Sibanda, Mduduzi	CGA Winter Gala 2	Johannesburg	05 Jul 2015
S9					
S10	02:31.68	Mabuza, Thulane	CGA Winter Gala 2	Johannesburg	05 Jul 2015
S11					
S12					
S13					

**400m Freestyle****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13	05:25.84	Ferreira, Alani	KZN Seals Winter 2	Pietermaritzburg	21 Jun 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8	06:20.56	Willmore, Garth	EP 2nd A-League Gala	Port Elizabeth	13 Sep 2014
S9					
S10	06:10.66	Mabuza, Thulane	EGA Winter 2	Johannesburg	13 Jul 2014
S11					
S12					
S13					

**800m Freestyle**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**1500m Freestyle**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**50m Backstroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9	00:36.26	Makgaka, Dimakatso	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:44.71	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12					
S13	00:38.32	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4	02:07.68	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S5	00:44.82	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:41.64	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7	00:44.13	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	00:43.65	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	00:35.26	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:32.26	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12					
S13					

**100m Backstroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9	01:16.28	Gray, Emily		Pietermaritzburg	04 Jan 2009
S10	01:46.17	Sabeka, Bongekile	CGA Senior Short Course	Johannesburg	04 Sep 2015
S11					
S12					
S13	01:23.52	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5	03:07.95	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6					
S7	01:33.80	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	01:35.39	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	01:16.07	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:20.36	Mabuza, Thulane	CGA Winter Gala 2	Johannesburg	05 Jul 2015
S11					
S12	01:23.54	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
S13					

**200m Backstroke**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

## 50m Breaststroke

### Female

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3					
SB4					
SB5					
SB6					
SB7					
SB8	00:47.33	Martins, Shannon	CGA Senior Short Course	Johannesburg	04 Sep 2015
SB9	00:45.53	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB11					
SB12					
SB13	00:40.54	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

### Male

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3					
SB4					
SB5					
SB6	00:53.14	Dludlu, Nkosimayibongwe	CGA Senior SC Championships	Germiston	05 Sep 2014
SB7	00:59.02	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
SB8	00:43.96	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB9	00:37.78	van Heerden, Johann	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB11					
SB12					
SB13	00:46.22	Naudè, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

**100m Breaststroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB2					
SB3					
SB4					
SB5					
SB6					
SB7					
SB8	01:59.76	Makgakga, Dimakatso	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB9	01:47.60	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB10	01:59.39	Sabeka, Bongekile	CGA Winter 1	Wahoo	22 Jun 2014
SB11					
SB12					
SB13	01:27.11	Ferreira, Alani	KZN Seagulls Winter Championship	Durban	08 Oct 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB2					
SB3					
SB4					
SB5					
SB6	02:03.69	Dludlu, Nkosimayibongwe	CGA Senior SC Championships	Germiston	05 Sep 2014
SB7	02:05.71	Crawford, Sebastian	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB8	01:43.07	Sibanda, Mduduzi	CGA Senior SC Championships	Germiston	05 Sep 2014
SB9	01:27.78	van Heerden, Johann	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB11					
SB12	01:32.96	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB13	01:48.41	Naude, Jean	CGA SC Open Championships	Johannesburg	22 Jul 2011

**200m Breaststroke**

**Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB5					
SB6					
SB7					
SB8					
SB9					
SB11					
SB12					
SB13	03:11.16	Ferreira, Alani	Prestige	Durban	05 Jul 2014

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB4					
SB5					
SB6					
SB7					
SB8					
SB9					
SB11					
SB12					
SB13					

**50m Butterfly****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S3					
S4					
S5					
S6					
S7					
S8					
S9	00:40.27	Martins, Shannon	EGA Winter 2	Bedfordview	13 Jul 2014
S10	00:45.40	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12					
S13	00:36.96	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S2					
S3					
S4					
S5	01:22.60	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:47.80	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	00:43.09	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	00:43.99	Sibanda, Mduduzi	CGA Senior Short Course	Johannesburg	04 Sep 2015
S9	00:32.47	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:29.04	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12					
S13					

**100m Butterfly****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S5					
S6					
S7					
S8					
S9	01:42.78	Martins, Shannon	CGA Jnr Short Course Championships	Johannesburg	26 Jul 2014
S10					
S11					
S12					
S13	01:24.89	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S5					
S6	01:48.79	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	01:36.83	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	01:45.36	Sibanda, Mduduzi	CGA Senior Short Course	Johannesburg	04 Sep 2015
S9					
S10	01:25.62	Mabuza, Thulane	CGA Senior Short Course	Johannesburg	04 Sep 2015
S11					
S12					
S13					

**200m Butterfly**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S8					
S9					
S10					
S11					
S12					
S13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S8					
S9					
S10					
S11					
S12					
S13					

**100m Individual Medley****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM3					
SM4					
SM5					
SM6					
SM7					
SM8					
SM9	01:21.98	Gray, Emily		Pietermaritzburg	03 Jan 2009
SM10					
SM11					
SM12					
SM13	01:19.76	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM2					
SM3					
SM4					
SM5	03:19.46	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM6					
SM7	01:33.67	Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM8	01:30.81	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
SM9					
SM10	01:23.73	Mabuza, Thulane	SA Short Course Championships	Pietermaritzburg	07 Aug 2014
SM11					
SM12					
SM13					

**150m Individual Medley**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM2					
SM3					
SM4					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM1					
SM2					
SM3					
SM4					

**200m Individual Medley****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM3					
SM4					
SM5					
SM6					
SM7					
SM8					
SM9	03:28.18	Martins, Shannon	CGA Winter 1	Johannesburg	22 Jul 2014
SM10	03:50.62	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM11					
SM12					
SM13	02:50.37	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM3					
SM4					
SM5					
SM6	04:08.58	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
SM7	03:19.96	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM8	03:27.88	Sibanda, Mduduzi	CGA Senior Short Course	Johannesburg	04 Sep 2015
SM9	02:59.51	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM10	02:54.36	Mabuza, Thulane	CGA Senior Short Course	Johannesburg	04 Sep 2015
SM11					
SM12					
SM13					

**400m Individual Medley**

**Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

