

2026 Grand Prix 1 Invitational Meet -PMBG - 07/08/2026 to 09/08/2026

Psych Sheet

Event 101 Mixed 400 SC Meter Medley Relay 4 x 100 Mix Medly Re			
	Team	Relay	Seed Time
1	Tuks-TS	A	3:49.81
2	Cardinals-EK	A	4:11.13

Event 102 Women 100 SC Meter IM				
	Name	Age	Team	Seed Time
1	Helmand, Anieke	21	KOVS-MA	1:05.11
2	Meier, Ane'	20	Players-TS	1:05.16
3	Olivier, Chloe	17	Cardinals-EK	1:08.78
4	Bocking, Mikje	17	Pscp-Umd-UM	1:09.10
5	Cornelius, Jolene	22	Tuks-TS	1:09.59
6	Bosch, Ava H	14	DRGN-JH	1:11.65
7	Kruger, Katelyn	15	Mdol-Jhb-JH	1:13.62
8	Jansen Van Vuuren, Jess	13	APPB-UM	1:14.18
9	Bunge, Ella G	15	Boa-UG	1:14.19
10	Van Niekerk, Clarisè	16	Tuks-TS	1:14.59
11	Barbour, Robyn R	17	Mdol-Jhb-JH	1:15.08
12	Mapulane, Amaru T	14	Cardinals-EK	1:15.92
13	Sandilands, Hannah G	18	Mdol-Jhb-JH	1:16.21
14	Meeser, Paige V	16	Cardinals-EK	1:16.72
15	vd Merwe, Eleni D	15	Tuks-TS	1:17.22
16	Uys, Nicole	14	Mdol-Jhb-JH	1:21.02
17	Cheshire, Kate E	13	Mdol-Jhb-JH	1:21.66
18	Short, Kyla J	13	Mdol-Jhb-JH	1:23.76
19	Vosloo, Kayla	17	BLOT-MA	NT
20	Oosthuizen, Luchelle	21	KOVS-MA	NT
21	Meyer, Maya	15	BULS-MA	NT
22	Elliott, Madisynn E	17	AA-JH	NT
23	Collett, Jordyn D	19	Tuks-TS	NT
24	Shange, Aphelele	13	Ushpm-Umd-UM	NT
25	Maritz, Violet T	15	APPB-UM	NT
26	Macqueen, Emily K	17	AADUB-ET	NT

Event 103 Men 100 SC Meter IM				
	Name	Age	Team	Seed Time
1	Esterhuysen, Christian	19	Tuks-TS	56.79
2	Koekemoer, Marnu	20	Boa-UG	57.81
3	Els, Johnathan R	21	Tuks-TS	58.66
4	Morel, Daniel P	17	Cardinals-EK	59.75
5	Le Roux, Corné	24	Tuks-TS	1:00.96
6	Slabbert, Matthew	18	Cardinals-EK	1:01.88
7	Cocci, Gio R	14	DRGN-JH	1:01.90
8	Frew, Damien J	17	AADUB-ET	1:02.97
9	Muller, Blake M	15	DRGN-JH	1:03.59
10	Sorour, Micheal	16	BULS-MA	1:03.72
11	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	1:03.83
12	Hemphill, Riley J	17	AADUB-ET	1:03.87
13	Vd Merwe, Noah B	16	Tuks-TS	1:03.95
14	Coetzer, JC C	17	BLOT-MA	1:04.35
15	Pienaar, Harold W	18	Cardinals-EK	1:04.40
16	Peters, Levi T	17	Tuks-TS	1:04.49
17	Harrop-Allin, Anton	15	Tuks-TS	1:05.38
18	Fraser, Luca M	16	Mdol-Jhb-JH	1:06.23
19	Wilkes, Kieran-Dante K	17	Cardinals-EK	1:07.16
20	Schoeman, Sabby A	15	Tuks-TS	1:10.83
21	Otto, Amir	15	Vineyard-CP	1:12.46
22	Du Toit, Francois	14	Mdol-Jhb-JH	1:12.63
23	Smith, Isaiah S	15	Mdol-Jhb-JH	1:12.81
24	Wilkins, Brody B	12	Race-Jhb-JH	1:18.54
25	Slabber, Willem J	12	APPB-UM	1:23.44

26	Harder, Callum R	12	Vineyard-CP	1:29.22
27	Hoffman, Anande N	13	APPB-UM	1:29.39
28	Cazzavillan, Lorenzo L	21	Mdol-Jhb-JH	2:12.85
29	Barnard, Adriaan	15	BLOT-MA	NT
30	Badenhorst, Jandre	16	BULS-MA	NT
31	Beens, Harm	14	Cardinals-EK	NT
32	Sandilands, Matthew L	15	Mdol-Jhb-JH	NT
33	Huang, Evan	16	AADUB-ET	NT

Event 104 Women 200 SC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Veldsman, Chanel	17	Tuks-TS	2:25.89
2	Mc Colgan, Isabella L	20	Tuks-TS	2:34.73
3	de Waal, Araya	18	Cardinals-EK	2:38.95
4	Bocking, Mikje	17	Pscp-Umd-UM	2:43.68
5	Van Niekerk, Clarisè	16	Tuks-TS	2:46.52
6	Truter, Alex J	21	Beavers-ET	2:46.59
7	Du Plessis, Mia	15	Tuks-TS	2:49.60
8	Van Tonder, Chanel	16	APPB-UM	2:50.12
9	Harrop-Allin, Katherine	14	Tuks-TS	2:51.55
10	Cole - Edwardes, Emma M	16	APPB-UM	2:52.06
11	Dube, Caitlyn K	17	Mdol-Jhb-JH	2:55.39
12	Constantinides, Ava	14	Cardinals-EK	2:58.49
13	Maree, Morgan	15	DRGN-JH	2:59.51
14	Kooi, Chenique E	13	Tuks-TS	2:59.59
15	Clowes, Cailyn	16	APPB-UM	3:00.08
16	Uys, Nicole	14	Mdol-Jhb-JH	3:06.78
17	Woodburn, Jasmine S	13	Mdol-Jhb-JH	3:08.68
18	Shoniwa, Renee R	14	Mdol-Jhb-JH	3:12.18
19	Radebe, Zekhethelo S	13	Ushpm-Umd-UM	3:13.48
20	White, Suhanna	13	Ushpm-Umd-UM	3:15.17
21	Nhimura, Ruth	13	Sharks-MS	3:18.84

Event 105 Men 200 SC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Thomas, Shaun M	21	Tuks-TS	2:11.00
2	Smith, Chris F	20	Tuks-TS	2:14.65
3	Truter, Tom N	21	TRAZ-TS	2:19.35
4	Hemphill, Riley J	17	AADUB-ET	2:20.16
5	Ciampi, Jayden	16	Tuks-TS	2:21.09
6	Hambloch, Ethan R	16	AADUB-ET	2:21.75
7	van der Heever, Trent B	16	Cardinals-EK	2:23.98
8	Erasmus, Josh M	17	Tuks-TS	2:26.66
9	Fraser, Luca M	16	Mdol-Jhb-JH	2:29.81
10	Cocci, Luca M	16	DRGN-JH	2:30.05
11	Prinsloo, Stefan	16	Tuks-TS	2:33.27
12	Barnard, Adriaan	15	BLOT-MA	2:34.12
13	Gilson, Samuel D	15	Pscp-Umd-UM	2:34.32
14	Clancy, Cayden	15	DRGN-JH	2:38.98
15	Schoeman, Sabby A	15	Tuks-TS	2:39.13
16	Kooi, Ruan	15	Tuks-TS	2:42.22
17	Frimpong, Kwasi A	15	SASE-JH	2:44.47
18	Mujati, Tatenda C	13	AA-JH	2:46.08
19	Huang, Evan	16	AADUB-ET	2:51.68
20	Sandilands, Matthew L	15	Mdol-Jhb-JH	2:57.37
21	Smit, Jayson A	13	APPB-UM	3:00.41

Event 106 Women 100 SC Meter Freestyle				
	Name	Age	Team	Seed Time
1	Vyncke, Giuliana	16	Tuks-TS	56.11
2	Helmand, Anieke	21	KOVS-MA	56.73
3	Maritz, Gizelle G	17	Tuks-TS	57.92

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Psych Sheet

Event 106 ...(Women 100 SC Meter Freestyle)

	Name	Age	Team	Seed Time
4	Wessels, Christine	20	Tuks-TS	57.97
5	Meier, Ane'	20	Players-TS	58.09
6	Meyburgh, Victoria A	13	Cardinals-EK	59.81
7	Woodburn, Indigo S	16	Mdol-Jhb-JH	1:00.13
8	Smith, Taylia	14	AA-JH	1:00.37
9	vd Merwe, Eleni D	15	Tuks-TS	1:00.39
10	Pretorius, Emma E	15	BLOT-MA	1:00.66
11	van der Westhuizen, Anri	17	BLOT-MA	1:00.91
12	Collett, Jordyn D	19	Tuks-TS	1:01.18
13	Mapulane, Amaru T	14	Cardinals-EK	1:01.27
14	Springer, Leila E	16	SASE-JH	1:01.51
15	Mhlongo, Aphelele M	14	Pscp-Umd-UM	1:01.84
16	Jones, Amy-Lee	17	Cardinals-EK	1:01.87
17	Van Zyl, Danika E	17	USH-KC	1:02.21
18	Elliott, Madisynn E	17	AA-JH	1:02.63
19	Dube, Caitlyn K	17	Mdol-Jhb-JH	1:02.67
20	Bunge, Ella G	15	Boa-UG	1:02.95
21	Kruger, Katelyn	15	Mdol-Jhb-JH	1:03.05
22	Melka, Zora	15	Tuks-TS	1:03.18
23	Barbour, Robyn R	17	Mdol-Jhb-JH	1:03.39
24	Jansen Van Vuuren, Jess	13	APPB-UM	1:04.06
25	Lloyd-Swanepoel, Ella	14	MAKO-EK	1:04.11
26	Evans, Lillie P	15	Race-Jhb-JH	1:04.31
27	Meyburgh, Olivia C	13	Cardinals-EK	1:04.32
28	Pienaar, Mia	15	Cardinals-EK	1:04.61
29	De Haas, Hayley	14	Ushpm-Umd-UM	1:04.66
30	Woodburn, Jasmine S	13	Mdol-Jhb-JH	1:04.75
31	Brown, Evalyn	15	AADUB-ET	1:04.81
32	Del Fabbro, Antonella	18	Tuks-TS	1:04.83
33	Maritz, Violet T	15	APPB-UM	1:04.95
34	Palframan, Sisanda B	13	APPB-UM	1:05.02
35	Forsdyke de Almeida, Zaila	14	Race-Jhb-JH	1:05.17
36	Vyncke, Ivana	18	Tuks-TS	1:05.27
37	Van Tonder, Chanel	16	APPB-UM	1:05.63
38	Ojwach, Neliza T	12	APPB-UM	1:06.05
39	Du Toit, Lisa R	14	APPB-UM	1:06.10
40	Cheshire, Kate E	13	Mdol-Jhb-JH	1:06.14
41	Schofield, Sarah A	13	AADUB-ET	1:06.28
42	Otto, Gabriella	17	Vineyard-CP	1:06.42
43	Nhimura, Ruth	13	Sharks-MS	1:06.64
44	Meyer, Maya	15	BULS-MA	1:07.49
45	Mwandla, Senzelwe	13	Ushpm-Umd-UM	1:08.62
46	Shange, Aphelele	13	Ushpm-Umd-UM	1:09.27
47	Sandilands, Hannah G	18	Mdol-Jhb-JH	1:09.88
48	Wheeler, Maike S	14	Mdol-Jhb-JH	1:10.04
49	Shoniwa, Renee R	14	Mdol-Jhb-JH	1:10.39
50	Short, Kyla J	13	Mdol-Jhb-JH	1:10.96
51	Van Leeuwen, Zoey	15	Race-Jhb-JH	1:12.68
52	Steyn, Georgia E	12	APPB-UM	1:19.33

Event 107 Men 100 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Naidoo, Kaydn K	23	Beavers-ET	48.82
2	Mahan, Tumelo E	19	Tuks-TS	49.22
3	Wessels, Guy T	18	Tuks-TS	51.35
4	Pienaar, Harold W	18	Cardinals-EK	51.42
5	Burger, Neil	19	Tuks-TS	51.55
6	Koekemoer, Marnu	20	Boa-UG	51.59
7	Erasmus, Josh M	17	Tuks-TS	51.74
8	Morel, Daniel P	17	Cardinals-EK	52.18

9	Slabbert, Matthew	18	Cardinals-EK	52.24
10	Sorour, Micheal	16	BULS-MA	52.29
11	Peters, Levi T	17	Tuks-TS	52.60
12	Frew, Damien J	17	AADUB-ET	52.60
13	Coetzer, JC C	17	BLOT-MA	52.99
14	Vd Walt, Christiaan	17	Tuks-TS	53.08
15	Landmann, Ramon J	23	Players-TS	53.25
16	Le Roux, Corn�	24	Tuks-TS	53.49
17	Mahaye, Bandile N	15	Ushpm-Umd-UM	53.79
18	Lutchman, Skyler C	16	Tuks-TS	53.85
19	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	54.01
20	Booyesen, Chris D	15	Race-Jhb-JH	54.25
21	Wessels, Troy J	16	Tuks-TS	54.27
22	Berejena, Ashley C	18	Tuks-TS	54.38
23	Mumford, Jason R	17	Pscp-Umd-UM	54.57
24	Vd Merwe, Noah B	16	Tuks-TS	54.65
25	Moleko, Reba M	14	Tuks-TS	54.95
26	Isted, Ashton S	16	AADUB-ET	55.50
27	Sheldon, Joshua C	16	Tuks-TS	56.02
28	Le Roux, Troy	16	Cardinals-EK	56.46
29	Maphologela, Thabang T	16	DRGN-JH	57.02
30	Badenhorst, Jandre	16	BULS-MA	57.10
31	Schoeman, Nicholas	14	Tuks-TS	57.34
32	Wilkes, Kieran-Dante K	17	Cardinals-EK	57.36
33	Du Toit, Francois	14	Mdol-Jhb-JH	57.49
34	Palmer, Travis I	15	Tuks-TS	57.58
35	Fraser, Luca M	16	Mdol-Jhb-JH	57.77
36	Bulhakov, Daniel	14	Swift-EK	57.87
37	Frimpong, Kwasi A	15	SASE-JH	58.22
38	Stead, Owen B	15	USH-KC	58.30
39	Otto, Amir	15	Vineyard-CP	58.39
40	Del Grosso, Gianluca G	17	Cardinals-EK	59.07
41	Delpoit, Jayden S	16	PGAC-EK	59.91
42	Sandilands, Matthew L	15	Mdol-Jhb-JH	1:00.43
43	Schoeman, Sabby A	15	Tuks-TS	1:00.45
44	Abrahams, Cayden	16	DRGN-JH	1:01.08
45	Smith, Connor C	14	Cardinals-EK	1:01.44
46	Smith, Isaiah S	15	Mdol-Jhb-JH	1:01.47
47	Huang, Evan	16	AADUB-ET	1:01.51
48	Beens, Harm	14	Cardinals-EK	1:01.84
49	Kooi, Ruan	15	Tuks-TS	1:01.99
50	Slabber, Willem J	12	APPB-UM	1:02.34
51	Le Roux, William	16	Tuks-TS	1:04.01
52	Wilkins, Brody B	12	Race-Jhb-JH	1:04.57
53	Harder, Callum R	12	Vineyard-CP	1:06.64
54	Wheeler, Jaxon	12	Mdol-Jhb-JH	1:13.22
55	Hoffman, Anande N	13	APPB-UM	1:13.25
56	Cazzavillan, Lorenzo L	21	Mdol-Jhb-JH	1:38.20

Event 108 Women 50 SC Meter Backstroke

	Name	Age	Team	Seed Time
1	Maritz, Gizelle G	17	Tuks-TS	28.90
2	van der Westhuizen, Anri	17	BLOT-MA	30.26
3	Olivier, Chloe	17	Cardinals-EK	30.44
4	Fourie, Katelyn	17	Tuks-TS	30.59
5	Wessels, Christine	20	Tuks-TS	31.13
6	Macqueen, Emily K	17	AADUB-ET	31.23
7	Van Niekerk, Claris�	16	Tuks-TS	31.40
8	Bocking, Mikje	17	Pscp-Umd-UM	31.61
9	Cornelius, Jolene	22	Tuks-TS	31.63
10	De Haas, Hayley	14	Ushpm-Umd-UM	31.80
11	Bosch, Ava H	14	DRGN-JH	31.89

Event 108...(Women 50 SC Meter Backstroke)

	Name	Age	Team	Seed Time
12	Meyburgh, Victoria A	13	Cardinals-EK	32.25
13	Dube, Caitlyn K	17	Mdol-Jhb-JH	32.30
14	Pretorius, Emma E	15	BLOT-MA	32.99
15	Lloyd-Swanepoel, Ella	14	MAKO-EK	32.99
16	Van Zyl, Danika E	17	USH-KC	33.06
17	Melka, Zora	15	Tuks-TS	33.16
18	Woodburn, Indigo S	16	Mdol-Jhb-JH	33.60
19	Otto, Gabriella	17	Vineyard-CP	33.70
20	Du Plessis, Mia	15	Tuks-TS	33.92
21	vd Merwe, Eleni D	15	Tuks-TS	34.70
22	Kruger, Katelyn	15	Mdol-Jhb-JH	34.80
23	Brown, Evalyn	15	AADUB-ET	34.98
24	Woodburn, Jasmine S	13	Mdol-Jhb-JH	35.04
25	Mans, Kristen	15	Tuks-TS	35.32
26	September, Isabella J	15	Tuks-TS	36.11
27	Harrop-Allin, Katherine	14	Tuks-TS	36.13
28	Mwandla, Senzelwe	13	Ushpm-Umd-UM	36.37
29	Palframan, Layla G	12	APPB-UM	36.82
30	Evans, Lillie P	15	Race-Jhb-JH	37.31
31	Kooi, Chenique E	13	Tuks-TS	37.55
32	Wheeler, Maike S	14	Mdol-Jhb-JH	37.95
33	Short, Kyla J	13	Mdol-Jhb-JH	38.01
34	Forsdyke de Almeida, Zaila	14	Race-Jhb-JH	38.20

Event 109 Men 50 SC Meter Backstroke

	Name	Age	Team	Seed Time
1	Cocci, Gio R	14	DRGN-JH	26.84
2	Scheffer, Jonathan	20	Tuks-TS	26.93
3	Van Der Linden, Anthony	18	Cardinals-EK	27.03
4	Sorour, Micheal	16	BULS-MA	27.23
5	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	27.82
6	Lutchman, Skyler C	16	Tuks-TS	27.96
7	Marillier, Matthew P	20	Seal-Umd-UM	28.19
8	Cilliers, Christopher J	18	KOVS-MA	28.24
9	Sheldon, Joshua C	16	Tuks-TS	28.24
10	Landmann, Ramon J	23	Players-TS	28.29
11	Mahaye, Bandile N	15	Ushpm-Umd-UM	28.46
12	Harrop-Allin, Anton	15	Tuks-TS	29.36
13	van der Heever, Trent B	16	Cardinals-EK	29.72
14	Stead, Owen B	15	USH-KC	29.91
15	Vd Merwe, Noah B	16	Tuks-TS	30.04
16	Badenhorst, Jandre	16	BULS-MA	30.33
17	Beens, Harm	14	Cardinals-EK	30.65
18	Booyesen, Chris D	15	Race-Jhb-JH	31.06
19	Delpport, Jayden S	16	PGAC-EK	31.31
20	Smith, Isaiah S	15	Mdol-Jhb-JH	32.69
21	Du Toit, Francois	14	Mdol-Jhb-JH	32.90
22	Otto, Amir	15	Vineyard-CP	33.00
23	Harder, Callum R	12	Vineyard-CP	33.70
24	Le Roux, William	16	Tuks-TS	35.97
25	Wheeler, Jaxon	12	Mdol-Jhb-JH	42.47
26	Cazzavillan, Lorenzo L	21	Mdol-Jhb-JH	49.02

Event 110 Women 800 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Smith, Taylia	14	AA-JH	9:30.41
2	Raffle, Mackenzie	13	Cardinals-EK	9:43.76
3	Pienaar, Mia	15	Cardinals-EK	10:04.55
4	Woodburn, Indigo S	16	Mdol-Jhb-JH	10:13.36
5	Veldsman, Chanel	17	Tuks-TS	NT

Event 111 Men 1500 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Palmer, Travis I	15	Tuks-TS	17:19.84
2	Du Toit, Francois	14	Mdol-Jhb-JH	17:45.18
3	Smith, Connor C	14	Cardinals-EK	17:53.36
4	Hambloch, Ethan R	16	AADUB-ET	NT

Event 201 Women 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Helmand, Anieke	21	KOVS-MA	31.53
2	Veldsman, Chanel	17	Tuks-TS	31.67
3	Mc Colgan, Isabella L	20	Tuks-TS	32.43
4	Collett, Jordyn D	19	Tuks-TS	32.86
5	Mhlongo, Aphelele M	14	Pscp-Umd-UM	33.40
6	de Waal, Araya	18	Cardinals-EK	33.49
7	Du Plessis, Mia	15	Tuks-TS	33.54
8	Cornelius, Jolene	22	Tuks-TS	33.68
9	Bocking, Mikje	17	Pscp-Umd-UM	33.79
10	Springer, Leila E	16	SASE-JH	34.26
11	Mapulane, Amaru T	14	Cardinals-EK	35.04
12	Cole - Edwardes, Emma M	16	APPB-UM	35.09
13	Van Tonder, Chanel	16	APPB-UM	35.16
14	Meeser, Paige V	16	Cardinals-EK	35.36
15	Vosloo, Kayla	17	BLOT-MA	35.52
16	Van Niekerk, Clarisè	16	Tuks-TS	35.70
17	Uys, Nicole	14	Mdol-Jhb-JH	35.72
18	Meier, Ane'	20	Players-TS	36.04
19	Dube, Caitlyn K	17	Mdol-Jhb-JH	36.09
20	De Haas, Hayley	14	Ushpm-Umd-UM	36.09
21	Maree, Morgan	15	DRGN-JH	36.10
22	Raffle, Mackenzie	13	Cardinals-EK	36.23
23	Kruger, Katelyn	15	Mdol-Jhb-JH	36.34
24	Bunge, Ella G	15	Boa-UG	36.56
25	Vyncke, Giuliana	16	Tuks-TS	36.64
26	Harrop-Allin, Katherine	14	Tuks-TS	36.82
27	Jansen Van Vuuren, Jess	13	APPB-UM	37.20
28	Constantinides, Ava	14	Cardinals-EK	37.66
29	Van Leeuwen, Zoey	15	Race-Jhb-JH	37.66
30	Shoniwa, Renee R	14	Mdol-Jhb-JH	38.48
31	Brown, Evalyn	15	AADUB-ET	38.75
32	Radebe, Zekethelo S	13	Ushpm-Umd-UM	38.85
33	Maritz, Violet T	15	APPB-UM	38.95
34	White, Suhanna	13	Ushpm-Umd-UM	39.33
35	Woodburn, Jasmine S	13	Mdol-Jhb-JH	39.98
36	Evans, Lillie P	15	Race-Jhb-JH	42.46

Event 202 Men 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Smith, Chris F	20	Tuks-TS	25.64
2	Thomas, Shaun M	21	Tuks-TS	28.23
3	Hemphill, Riley J	17	AADUB-ET	28.95
4	Koekemoer, Marnu	20	Boa-UG	28.99
5	Hambloch, Ethan R	16	AADUB-ET	29.05
6	Ciampi, Jayden	16	Tuks-TS	29.18
7	van der Heever, Trent B	16	Cardinals-EK	29.39
8	Le Roux, Troy	16	Cardinals-EK	29.83
9	Fraser, Luca M	16	Mdol-Jhb-JH	29.96
10	Gilson, Samuel D	15	Pscp-Umd-UM	30.26
11	Mahaye, Bandile N	15	Ushpm-Umd-UM	30.50
12	Landmann, Ramon J	23	Players-TS	31.09
13	Cocci, Luca M	16	DRGN-JH	31.12

2026 Grand Prix 1 Invitational Meet -PMBG - 07/08/2026 to 09/08/2026

Psych Sheet

Event 202 ...(Men 50 SC Meter Breaststroke)

	Name	Age	Team	Seed Time
14	Govender, Dhilan	20	SGUL-ET	31.14
15	Schoeman, Sabby A	15	Tuks-TS	31.27
16	Cilliers, Christopher J	18	KOVS-MA	31.51
17	Sorour, Micheal	16	BULS-MA	31.61
18	Swartz, Ulrich U	13	SGUL-ET	32.25
19	Muller, Blake M	15	DRGN-JH	32.26
20	Nkunzi, Awande	21	SGUL-ET	32.27
21	Barnard, Adriaan	15	BLOT-MA	32.37
22	Prinsloo, Stefan	16	Tuks-TS	32.42
23	Clancy, Cayden	15	DRGN-JH	32.53
24	Badenhorst, Jandre	16	BULS-MA	32.69
25	Wilkes, Kieran-Dante K	17	Cardinals-EK	32.94
26	Schoeman, Nicholas	14	Tuks-TS	33.41
27	Huang, Evan	16	AADUB-ET	33.73
28	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	34.06
29	Vd Walt, Christiaan	17	Tuks-TS	34.12
30	Abrahams, Cayden	16	DRGN-JH	34.16
31	Mujati, Tatenda C	13	AA-JH	34.41
32	Frimpong, Kwasi A	15	SASE-JH	34.51
33	Marillier, Matthew P	20	Seal-Umd-UM	35.25
34	Smith, Isaiah S	15	Mdol-Jhb-JH	38.93

Event 203 Women 200 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Vyncke, Giuliana	16	Tuks-TS	2:02.96
2	Wessels, Christine	20	Tuks-TS	2:06.05
3	Helmand, Anieke	21	KOVS-MA	2:08.52
4	Meyburgh, Victoria A	13	Cardinals-EK	2:09.76
5	vd Merwe, Eleni D	15	Tuks-TS	2:10.24
6	Woodburn, Indigo S	16	Mdol-Jhb-JH	2:11.03
7	Olivier, Chloe	17	Cardinals-EK	2:12.51
8	Pretorius, Emma E	15	BLOT-MA	2:12.60
9	Jones, Amy-Lee	17	Cardinals-EK	2:13.24
10	Raffle, Mackenzie	13	Cardinals-EK	2:13.70
11	Meeser, Paige V	16	Cardinals-EK	2:16.64
12	Elliott, Madisynn E	17	AA-JH	2:18.41
13	Barbour, Robyn R	17	Mdol-Jhb-JH	2:18.84
14	Woodburn, Jasmine S	13	Mdol-Jhb-JH	2:18.95
15	Maree, Morgan	15	DRGN-JH	2:18.99
16	Pienaar, Mia	15	Cardinals-EK	2:19.22
17	Baqwa, Oyama K	13	SGUL-ET	2:20.16
18	Evans, Lillie P	15	Race-Jhb-JH	2:20.75
19	Harrop-Allin, Katherine	14	Tuks-TS	2:21.50
20	Cheshire, Kate E	13	Mdol-Jhb-JH	2:22.81
21	Del Fabbro, Antonella	18	Tuks-TS	2:23.32
22	Scheepers, Janneke	15	SGUL-ET	2:23.72
23	Clowes, Cailyn	16	APPB-UM	2:23.85
24	Sandilands, Hannah G	18	Mdol-Jhb-JH	2:24.35
25	Vyncke, Ivana	18	Tuks-TS	2:24.57
26	Mans, Kristen	15	Tuks-TS	2:24.89
27	Ojwach, Neliza T	12	APPB-UM	2:26.85
28	Du Toit, Lisa R	14	APPB-UM	2:27.34
29	Meyer, Maya	15	BULS-MA	2:29.43
30	Nhimura, Ruth	13	Sharks-MS	2:30.06
31	Short, Kyla J	13	Mdol-Jhb-JH	2:31.92
32	Wheeler, Maïke S	14	Mdol-Jhb-JH	2:33.52
33	Forsdyke de Almeida, Zaila	14	Race-Jhb-JH	2:34.05
34	Schofield, Sarah A	13	AADUB-ET	2:34.57
35	September, Isabella J	15	Tuks-TS	2:34.63
36	Shange, Aphelele	13	Ushpm-Umd-UM	2:34.78

37	Radebe, Zekhetelo S	13	Ushpm-Umd-UM	2:47.28
38	White, Suhanna	13	Ushpm-Umd-UM	2:47.53
39	Steyn, Georgia E	12	APPB-UM	2:48.82

Event 204 Men 200 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Mahan, Tumelo E	19	Tuks-TS	1:49.95
2	Wessels, Guy T	18	Tuks-TS	1:53.94
3	Haylock, Reuban	19	SGUL-ET	1:54.36
4	Erasmus, Josh M	17	Tuks-TS	1:54.46
5	Cocci, Gio R	14	DRGN-JH	1:55.31
6	Els, Johnathan R	21	Tuks-TS	1:55.36
7	Pienaar, Harold W	18	Cardinals-EK	1:55.37
8	Morel, Daniel P	17	Cardinals-EK	1:56.04
9	Le Roux, Corné	24	Tuks-TS	1:56.14
10	Peters, Levi T	17	Tuks-TS	1:56.35
11	Wessels, Troy J	16	Tuks-TS	1:56.49
12	Slabbert, Matthew	18	Cardinals-EK	1:56.52
13	Booyesen, Chris D	15	Race-Jhb-JH	1:58.09
14	Thomas, Shaun M	21	Tuks-TS	1:59.47
15	Coetzer, JC C	17	BLOT-MA	1:59.65
16	Koekemoer, Marnu	20	Boa-UG	1:59.82
17	Vd Merwe, Noah B	16	Tuks-TS	2:00.38
18	Palmer, Travis I	15	Tuks-TS	2:01.78
19	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	2:01.95
20	Van Der Linden, Anthony	18	Cardinals-EK	2:02.31
21	Berejena, Ashley C	18	Tuks-TS	2:03.35
22	de Wit, Damien J	14	SGUL-ET	2:04.32
23	Bulhakov, Daniel	14	Swift-EK	2:05.46
24	Du Toit, Francois	14	Mdol-Jhb-JH	2:05.63
25	Harrop-Allin, Anton	15	Tuks-TS	2:06.87
26	Otto, Amir	15	Vineyard-CP	2:07.02
27	Sandilands, Matthew L	15	Mdol-Jhb-JH	2:07.68
28	Beens, Harm	14	Cardinals-EK	2:10.43
29	Del Grosso, Gianluca G	17	Cardinals-EK	2:10.97
30	Delpoit, Jayden S	16	PGAC-EK	2:12.60
31	Snyman, Kian	14	SGUL-ET	2:13.50
32	Crerar, Mason	13	SGUL-ET	2:16.29
33	Smith, Isaiah S	15	Mdol-Jhb-JH	2:19.20
34	Wilkins, Brody B	12	Race-Jhb-JH	2:19.71
35	Prinsloo, Stefan	16	Tuks-TS	2:20.32
36	Slabber, Willem J	12	APPB-UM	2:24.74
37	Le Roux, William	16	Tuks-TS	2:29.04
38	Snyman, Kaiden	12	SGUL-ET	2:33.01
39	Harder, Callum R	12	Vineyard-CP	2:34.55
40	Wheeler, Jaxon	12	Mdol-Jhb-JH	2:40.74
41	Cazzavillan, Lorenzo L	21	Mdol-Jhb-JH	3:47.04
42	Nkunzi, Awande	21	SGUL-ET	NT

Event 205 Women 100 SC Meter Butterfly

	Name	Age	Team	Seed Time
1	Vyncke, Giuliana	16	Tuks-TS	1:01.26
2	Wessels, Christine	20	Tuks-TS	1:02.33
3	Meier, Ane'	20	Players-TS	1:03.92
4	Veldsman, Chanel	17	Tuks-TS	1:05.44
5	Springer, Leila E	16	SASE-JH	1:06.44
6	Woodburn, Indigo S	16	Mdol-Jhb-JH	1:07.06
7	Van Zyl, Danika E	17	USH-KC	1:07.09
8	Melka, Zora	15	Tuks-TS	1:08.41
9	Pretorius, Emma E	15	BLOT-MA	1:08.55
10	Oosthuizen, Luchelle	21	KOVS-MA	1:08.57
11	Bosch, Ava H	14	DRGN-JH	1:09.04

Event 205 ...(Women 100 SC Meter Butterfly)

	Name	Age	Team	Seed Time
12	Del Fabbro, Antonella	18	Tuks-TS	1:09.06
13	Cole - Edwardes, Emma M	16	APPB-UM	1:09.83
14	Bocking, Mikje	17	Pscp-Umd-UM	1:10.84
15	Mwandla, Senzelwe	13	Ushpm-Umd-UM	1:11.29
16	Baqwa, Oyama K	13	SGUL-ET	1:11.66
17	Dube, Caitlyn K	17	Mdol-Jhb-JH	1:12.13
18	Lloyd-Swanepoel, Ella	14	MAKO-EK	1:12.20
19	Jones, Amy-Lee	17	Cardinals-EK	1:12.46
20	Meyburgh, Olivia C	13	Cardinals-EK	1:14.56
21	Meyer, Maya	15	BULS-MA	1:17.29
22	Vosloo, Kayla	17	BLOT-MA	1:17.64
23	Evans, Lillee P	15	Race-Jhb-JH	1:18.33
24	Cheshire, Kate E	13	Mdol-Jhb-JH	1:19.29
25	Woodburn, Jasmine S	13	Mdol-Jhb-JH	1:19.33
26	Maritz, Gizelle G	17	Tuks-TS	NT
27	Mc Colgan, Isabella L	20	Tuks-TS	NT

Event 206 Men 100 SC Meter Butterfly

	Name	Age	Team	Seed Time
1	Naidoo, Kaydn K	23	Beavers-ET	52.34
2	Wessels, Guy T	18	Tuks-TS	53.61
3	Esterhuysen, Christian	19	Tuks-TS	53.84
4	Haylock, Reuban	19	SGUL-ET	55.59
5	Burger, Neil	19	Tuks-TS	55.73
6	Coetzer, JC C	17	BLOT-MA	56.23
7	Le Roux, Corn�	24	Tuks-TS	56.52
8	Mumford, Jason R	17	Pscp-Umd-UM	56.84
9	Erasmus, Josh M	17	Tuks-TS	57.28
10	Vd Walt, Christiaan	17	Tuks-TS	57.99
11	Maphologela, Thabang T	16	DRGN-JH	58.42
12	Moleko, Reba M	14	Tuks-TS	58.62
13	Booyesen, Chris D	15	Race-Jhb-JH	58.82
14	Mahaye, Bandile N	15	Ushpm-Umd-UM	59.85
15	Govender, Dhilan	20	SGUL-ET	59.95
16	Muller, Blake M	15	DRGN-JH	1:00.68
17	Lutchman, Skyler C	16	Tuks-TS	1:01.03
18	Isted, Ashton S	16	AADUB-ET	1:01.09
19	Harrop-Allin, Anton	15	Tuks-TS	1:01.91
20	Berejena, Ashley C	18	Tuks-TS	1:02.41
21	Schoeman, Nicholas	14	Tuks-TS	1:02.99
22	Swartz, Ulrich U	13	SGUL-ET	1:06.47
23	Sandilands, Matthew L	15	Mdol-Jhb-JH	1:06.49
24	Snyman, Kian	14	SGUL-ET	1:08.84
25	Du Toit, Francois	14	Mdol-Jhb-JH	1:10.98
26	Badenhorst, Jandre	16	BULS-MA	1:11.77
27	Frimpong, Kwasi A	15	SASE-JH	1:12.67
28	Smit, Jayson A	13	APPB-UM	1:13.82
29	Snyman, Kaiden	12	SGUL-ET	1:18.98
30	Wilkins, Brody B	12	Race-Jhb-JH	1:20.14
31	Hoffman, Anande N	13	APPB-UM	1:27.82

Event 207 Women 400 SC Meter IM

	Name	Age	Team	Seed Time
1	Smith, Taylia	14	AA-JH	5:19.11
2	Sandilands, Hannah G	18	Mdol-Jhb-JH	5:19.89
3	Barbour, Robyn R	17	Mdol-Jhb-JH	5:34.57
4	Kooi, Chenique E	13	Tuks-TS	NT

Event 208 Men 400 SC Meter IM

	Name	Age	Team	Seed Time
1	Els, Johnathan R	21	Tuks-TS	4:31.63
2	Wessels, Troy J	16	Tuks-TS	4:38.32
3	Cocci, Luca M	16	DRGN-JH	5:03.43
4	Palmer, Travis I	15	Tuks-TS	5:05.86
5	Smith, Connor C	14	Cardinals-EK	5:26.99
6	de Wit, Damien J	14	SGUL-ET	5:29.21
7	Kooi, Ruan	15	Tuks-TS	NT

Event 209 Women 200 SC Meter Medley Relay 4 X 50 Free Relay

	Team	Relay	Seed Time
1	Tuks-TS	A	1:52.30
2	Cardinals-EK	A	2:02.73
3	APPB-UM	A	2:11.07

Event 210 Men 200 SC Meter Medley Relay 4 X 50 Free Relay

	Team	Relay	Seed Time
1	Tuks-TS	A	1:40.13
2	Cardinals-EK	A	1:47.02

Event 211 Women 50 SC Meter Butterfly

	Name	Age	Team	Seed Time
1	Wessels, Christine	20	Tuks-TS	27.70
2	Meier, Ane'	20	Players-TS	28.03
3	Veldsman, Chanel	17	Tuks-TS	28.53
4	Woodburn, Indigo S	16	Mdol-Jhb-JH	29.39
5	Olivier, Chloe	17	Cardinals-EK	29.59
6	Cornelius, Jolene	22	Tuks-TS	29.60
7	Bosch, Ava H	14	DRGN-JH	29.64
8	Pretorius, Emma E	15	BLOT-MA	29.65
9	Springer, Leila E	16	SASE-JH	29.74
10	Van Zyl, Danika E	17	USH-KC	29.81
11	Oosthuizen, Luchelle	21	KOVS-MA	29.82
12	Collett, Jordyn D	19	Tuks-TS	30.11
13	Macqueen, Emily K	17	AADUB-ET	30.14
14	Dube, Caitlyn K	17	Mdol-Jhb-JH	30.49
15	Bunge, Ella G	15	Boa-UG	30.71
16	van der Westhuizen, Anri	17	BLOT-MA	30.79
17	Jones, Amy-Lee	17	Cardinals-EK	30.81
18	Bocking, Mikje	17	Pscp-Umd-UM	31.05
19	vd Merwe, Eleni D	15	Tuks-TS	31.10
20	Mwandla, Senzelwe	13	Ushpm-Umd-UM	31.46
21	Maritz, Gizelle G	17	Tuks-TS	31.49
22	Van Leeuwen, Zoey	15	Race-Jhb-JH	31.53
23	De Haas, Hayley	14	Ushpm-Umd-UM	31.64
24	Kruger, Katelyn	15	Mdol-Jhb-JH	31.90
25	Lloyd-Swanepoel, Ella	14	MAKO-EK	31.96
26	Del Fabbro, Antonella	18	Tuks-TS	32.12
27	Barbour, Robyn R	17	Mdol-Jhb-JH	32.37
28	Uys, Nicole	14	Mdol-Jhb-JH	32.51
29	Vosloo, Kayla	17	BLOT-MA	32.55
30	Elliott, Madisynn E	17	AA-JH	32.70
31	Evans, Lillee P	15	Race-Jhb-JH	32.73
32	Meyer, Maya	15	BULS-MA	32.75
33	Meyburgh, Olivia C	13	Cardinals-EK	32.80
34	Baqwa, Oyama K	13	SGUL-ET	33.09
35	Woodburn, Jasmine S	13	Mdol-Jhb-JH	33.43
36	Schofield, Sarah A	13	AADUB-ET	33.56
37	Cheshire, Kate E	13	Mdol-Jhb-JH	33.63
38	Van Tonder, Chanel	16	APPB-UM	33.90
39	Shoniwa, Renee R	14	Mdol-Jhb-JH	34.49

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Psych Sheet

Event 212 Men 50 SC Meter Butterfly				
	Name	Age	Team	Seed Time
1	Naidoo, Kaydn K	23	Beavers-ET	23.89
2	Esterhuysen, Christian	19	Tuks-TS	24.20
3	Burger, Neil	19	Tuks-TS	24.48
4	Mahan, Tumelo E	19	Tuks-TS	24.57
5	Mumford, Jason R	17	Pscp-Umd-UM	25.15
6	Coetzer, JC C	17	BLOT-MA	25.24
7	Haylock, Reuban	19	SGUL-ET	25.38
8	Frew, Damien J	17	AADUB-ET	25.38
9	Maphologela, Thabang T	16	DRGN-JH	26.07
10	Mahaye, Bandile N	15	Ushpm-Umd-UM	26.29
11	Slabbert, Matthew	18	Cardinals-EK	26.32
12	Morel, Daniel P	17	Cardinals-EK	26.39
13	Koekemoer, Marnu	20	Boa-UG	26.45
14	Moleko, Reba M	14	Tuks-TS	26.49
15	Govender, Dhilan	20	SGUL-ET	26.58
16	Lutchman, Skyler C	16	Tuks-TS	26.66
17	Booyesen, Chris D	15	Race-Jhb-JH	26.68
18	Isted, Ashton S	16	AADUB-ET	26.69
19	Muller, Blake M	15	DRGN-JH	26.71
20	Hemphill, Riley J	17	AADUB-ET	27.31
21	Harrop-Allin, Anton	15	Tuks-TS	27.46
22	Sorour, Micheal	16	BULS-MA	27.48
23	Berejena, Ashley C	18	Tuks-TS	27.62
24	Schoeman, Nicholas	14	Tuks-TS	27.99
25	Wilkes, Kieran-Dante K	17	Cardinals-EK	28.50
26	Barnard, Adriaan	15	BLOT-MA	28.71
27	Abrahams, Cayden	16	DRGN-JH	28.82
28	Badenhorst, Jandre	16	BULS-MA	29.23
29	Swartz, Ulrich U	13	SGUL-ET	29.30
30	Stead, Owen B	15	USH-KC	29.94
31	Du Toit, Francois	14	Mdol-Jhb-JH	30.05
32	de Wit, Damien J	14	SGUL-ET	30.07
33	Otto, Amir	15	Vineyard-CP	30.09
34	Snyman, Kian	14	SGUL-ET	30.44
35	Smith, Isaiah S	15	Mdol-Jhb-JH	32.32
36	Slabber, Willem J	12	APPB-UM	32.91
37	Harder, Callum R	12	Vineyard-CP	33.79
38	Crerar, Mason	13	SGUL-ET	34.12
39	Wilkins, Brody B	12	Race-Jhb-JH	34.45
40	Snyman, Kaiden	12	SGUL-ET	35.73
41	Le Roux, William	16	Tuks-TS	36.14 Scr
42	Cilliers, Christopher J	18	KOVS-MA	NT Scr

Event 213 Women 100 SC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Veldsman, Chanel	17	Tuks-TS	1:08.49
2	Mc Colgan, Isabella L	20	Tuks-TS	1:11.45
3	Collett, Jordyn D	19	Tuks-TS	1:12.74
4	Mhlongo, Aphelele M	14	Pscp-Umd-UM	1:13.55
5	de Waal, Araya	18	Cardinals-EK	1:14.17
6	Bocking, Mikje	17	Pscp-Umd-UM	1:15.31
7	Du Plessis, Mia	15	Tuks-TS	1:16.56
8	Cole - Edwardes, Emma M	16	APPB-UM	1:16.91
9	Van Tonder, Chanel	16	APPB-UM	1:17.97
10	Dube, Caitlyn K	17	Mdol-Jhb-JH	1:18.13
11	Uys, Nicole	14	Mdol-Jhb-JH	1:18.22
12	Van Niekerk, Clarisè	16	Tuks-TS	1:18.59
13	Truter, Alex J	21	Beavers-ET	1:18.72
14	Harrop-Allin, Katherine	14	Tuks-TS	1:19.51

15	Mapulane, Amaru T	14	Cardinals-EK	1:19.64
16	Bunge, Ella G	15	Boa-UG	1:20.88
17	Meeser, Paige V	16	Cardinals-EK	1:21.35
18	Jansen Van Vuuren, Jess	13	APPB-UM	1:21.63
19	Maree, Morgan	15	DRGN-JH	1:21.77
20	Constantinides, Ava	14	Cardinals-EK	1:21.89
21	Raffle, Mackenzie	13	Cardinals-EK	1:21.96
22	Kruger, Katelyn	15	Mdol-Jhb-JH	1:24.61
23	Vosloo, Kayla	17	BLOT-MA	1:25.13
24	Woodburn, Jasmine S	13	Mdol-Jhb-JH	1:25.14
25	Radebe, Zekhethelo S	13	Ushpm-Umd-UM	1:25.20
26	Brown, Evalyn	15	AADUB-ET	1:27.26
27	Van Leeuwen, Zoey	15	Race-Jhb-JH	1:27.49
28	Shoniwa, Renee R	14	Mdol-Jhb-JH	1:28.22
29	White, Suhanna	13	Ushpm-Umd-UM	1:29.15
30	Helmand, Anieke	21	KOVS-MA	1:29.31

Event 214 Men 100 SC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Smith, Chris F	20	Tuks-TS	57.95
2	Thomas, Shaun M	21	Tuks-TS	1:01.55
3	Truter, Tom N	21	TRAZ-TS	1:03.55
4	Ciampi, Jayden	16	Tuks-TS	1:03.88
5	Hemphill, Riley J	17	AADUB-ET	1:04.14
6	Hambloch, Ethan R	16	AADUB-ET	1:04.78
7	van der Heever, Trent B	16	Cardinals-EK	1:04.85
8	Koekemoer, Marnu	20	Boa-UG	1:05.13
9	Le Roux, Troy	16	Cardinals-EK	1:05.86
10	Cocci, Luca M	16	DRGN-JH	1:08.33
11	Fraser, Luca M	16	Mdol-Jhb-JH	1:08.36 Scr
12	Gilson, Samuel D	15	Pscp-Umd-UM	1:09.13
13	Morel, Daniel P	17	Cardinals-EK	1:09.17
14	Erasmus, Josh M	17	Tuks-TS	1:09.30
15	Govender, Dhilan	20	SGUL-ET	1:09.63
16	Schoeman, Sabby A	15	Tuks-TS	1:10.08
17	Prinsloo, Stefan	16	Tuks-TS	1:10.28
18	Barnard, Adriaan	15	BLOT-MA	1:10.72
19	Clancy, Cayden	15	DRGN-JH	1:11.28
20	Mahaye, Bandile N	15	Ushpm-Umd-UM	1:12.06
21	Swartz, Ulrich U	13	SGUL-ET	1:12.10
22	Wilkes, Kieran-Dante K	17	Cardinals-EK	1:12.74
23	Badenhorst, Jandre	16	BULS-MA	1:12.76
24	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	1:13.92
25	Frimpong, Kwasi A	15	SASE-JH	1:15.73
26	Huang, Evan	16	AADUB-ET	1:16.75
27	Mujati, Tatenda C	13	AA-JH	1:17.65
28	Sandilands, Matthew L	15	Mdol-Jhb-JH	1:19.90
29	Booyesen, Chris D	15	Race-Jhb-JH	1:20.72
30	Smit, Jayson A	13	APPB-UM	1:22.55
31	Wilkins, Brody B	12	Race-Jhb-JH	1:28.44
32	Hoffman, Anande N	13	APPB-UM	1:36.30
33	Vd Walt, Christiaan	17	Tuks-TS	NT

Event 215 Women 200 SC Meter Backstroke				
	Name	Age	Team	Seed Time
1	Olivier, Chloe	17	Cardinals-EK	2:16.88
2	Melka, Zora	15	Tuks-TS	2:23.09
3	Bosch, Ava H	14	DRGN-JH	2:25.36
4	Smith, Taylia	14	AA-JH	2:26.18
5	Meyburgh, Victoria A	13	Cardinals-EK	2:29.62
6	Harrop-Allin, Katherine	14	Tuks-TS	2:34.88
7	Otto, Gabriella	17	Vineyard-CP	2:38.17

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Event 215 ...(Women 200 SC Meter Backstroke)

	Name	Age	Team	Seed Time
8	Lloyd-Swanepoel, Ella	14	MAKO-EK	2:38.45
9	Mans, Kristen	15	Tuks-TS	2:39.11
10	September, Isabella J	15	Tuks-TS	2:45.62
11	Cheshire, Kate E	13	Mdol-Jhb-JH	2:45.83
12	Short, Kyla J	13	Mdol-Jhb-JH	2:51.59
13	Slabber, Abi A	15	APPB-UM	2:51.65
14	Wheeler, Maike S	14	Mdol-Jhb-JH	2:57.35
15	Nhimura, Ruth	13	Sharks-MS	2:57.36
16	Steyn, Georgia E	12	APPB-UM	3:05.85

Event 216 Men 200 SC Meter Backstroke

	Name	Age	Team	Seed Time
1	Scheffer, Jonathan	20	Tuks-TS	2:03.74
2	Slabbert, Matthew	18	Cardinals-EK	2:05.43
3	Van Der Linden, Anthony	18	Cardinals-EK	2:07.59
4	Wessels, Troy J	16	Tuks-TS	2:12.57
5	Sheldon, Joshua C	16	Tuks-TS	2:14.94
6	Marillier, Matthew P	20	Seal-Umd-UM	2:16.45
7	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	2:16.49
8	Harrop-Allin, Anton	15	Tuks-TS	2:17.42
9	Sorour, Micheal	16	BULS-MA	2:17.43
10	Delpport, Jayden S	16	PGAC-EK	2:23.33
11	Beens, Harm	14	Cardinals-EK	2:23.63
12	Stead, Owen B	15	USH-KC	2:28.64
13	Swartz, Ulrich U	13	SGUL-ET	2:30.72
14	Harder, Callum R	12	Vineyard-CP	2:39.13
15	Smith, Isaiah S	15	Mdol-Jhb-JH	2:40.06
16	Crerar, Mason	13	SGUL-ET	2:45.23
17	Slabber, Willem J	12	APPB-UM	2:45.28
18	Wheeler, Jaxon	12	Mdol-Jhb-JH	NT

Event 217 Women 400 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	vd Merwe, Eleni D	15	Tuks-TS	4:36.16
2	Raffle, Mackenzie	13	Cardinals-EK	4:39.32
3	Woodburn, Indigo S	16	Mdol-Jhb-JH	4:44.40
4	Meeser, Paige V	16	Cardinals-EK	4:49.72
5	Barbour, Robyn R	17	Mdol-Jhb-JH	4:49.96
6	Jones, Amy-Lee	17	Cardinals-EK	4:50.17
7	Kooi, Chenique E	13	Tuks-TS	4:50.79
8	Baqwa, Oyama K	13	SGUL-ET	4:53.15
9	Pienaar, Mia	15	Cardinals-EK	4:56.52
10	Woodburn, Jasmine S	13	Mdol-Jhb-JH	4:59.03
11	Sandilands, Hannah G	18	Mdol-Jhb-JH	5:00.88
12	Elliott, Madisynn E	17	AA-JH	5:01.49
13	Clowes, Cailyn	16	APPB-UM	5:05.24
14	Cheshire, Kate E	13	Mdol-Jhb-JH	5:06.36
15	Ojwach, Neliza T	12	APPB-UM	5:17.14
16	Du Toit, Lisa R	14	APPB-UM	5:18.30
17	Short, Kyla J	13	Mdol-Jhb-JH	5:23.42
18	Wheeler, Maike S	14	Mdol-Jhb-JH	5:24.06
19	Nhimura, Ruth	13	Sharks-MS	5:32.79
20	Shange, Aphelele	13	Ushpm-Umd-UM	5:37.09
21	Schofield, Sarah A	13	AADUB-ET	5:43.43
22	Vyncke, Ivana	18	Tuks-TS	NT

Event 218 Men 400 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Els, Johnathan R	21	Tuks-TS	4:02.32
2	Cocci, Gio R	14	DRGN-JH	4:03.86

3	Wessels, Guy T	18	Tuks-TS	4:05.83
4	Booyesen, Chris D	15	Race-Jhb-JH	4:19.15
5	Palmer, Travis I	15	Tuks-TS	4:22.31
6	de Wit, Damien J	14	SGUL-ET	4:24.35
7	Du Toit, Francois	14	Mdol-Jhb-JH	4:26.67
8	Bulhakov, Daniel	14	Swift-EK	4:30.35
9	Sandilands, Matthew L	15	Mdol-Jhb-JH	4:30.52
10	Beens, Harm	14	Cardinals-EK	4:33.05
11	Delpport, Jayden S	16	PGAC-EK	4:37.11
12	Snyman, Kian	14	SGUL-ET	4:37.71
13	Smith, Connor C	14	Cardinals-EK	4:38.14
14	Crerar, Mason	13	SGUL-ET	4:40.17
15	Kooi, Ruan	15	Tuks-TS	4:40.99
16	Clancy, Cayden	15	DRGN-JH	4:43.55
17	Del Grosso, Gianluca G	17	Cardinals-EK	4:44.38
18	Smith, Isaiah S	15	Mdol-Jhb-JH	4:58.02
19	Mujati, Tatenda C	13	AA-JH	5:03.18
20	Wilkins, Brody B	12	Race-Jhb-JH	5:06.83
21	Snyman, Kaiden	12	SGUL-ET	5:24.40
22	Wheeler, Jaxon	12	Mdol-Jhb-JH	5:51.55

Event 219 Women 400 SC Meter Freestyle Relay 4 X 100 Free Relay

	Team	Relay	Seed Time
1	Tuks-TS	A	3:51.65
2	Cardinals-EK	A	4:03.10

Event 220 Men 400 SC Meter Freestyle Relay 4 X 100 Free Relay

	Team	Relay	Seed Time
1	Tuks-TS	A	3:28.01
2	Cardinals-EK	A	3:32.99

Event 301 Women 200 SC Meter Butterfly

	Name	Age	Team	Seed Time
1	Sandilands, Hannah G	18	Mdol-Jhb-JH	2:34.67
2	Del Fabbro, Antonella	18	Tuks-TS	2:39.82

Event 302 Men 200 SC Meter Butterfly

	Name	Age	Team	Seed Time
1	Wessels, Guy T	18	Tuks-TS	2:03.78
2	Le Roux, Corn�	24	Tuks-TS	2:05.29
3	Els, Johnathan R	21	Tuks-TS	2:05.30
4	Coetzer, JC C	17	BLOT-MA	2:05.39
5	Mumford, Jason R	17	Pscp-Umd-UM	2:14.72

Event 303 Women 50 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Helmand, Anieke	21	KOVS-MA	25.40
2	Meier, Ane'	20	Players-TS	26.92
3	van der Westhuizen, Anri	17	BLOT-MA	27.06
4	Nagel, Xanthe	18	Reflections-BP	27.23
5	Mhlongo, Aphelele M	14	Pscp-Umd-UM	27.36
6	Cornelius, Jolene	22	Tuks-TS	27.45
7	Kruger, Katelyn	15	Mdol-Jhb-JH	27.76
8	Pretorius, Emma E	15	BLOT-MA	27.80
9	Mapulane, Amaru T	14	Cardinals-EK	27.99
10	Collett, Jordyn D	19	Tuks-TS	28.04
11	Meyburgh, Victoria A	13	Cardinals-EK	28.05
12	Elliott, Madisynn E	17	AA-JH	28.13
13	Woodburn, Indigo S	16	Mdol-Jhb-JH	28.15
14	Mc Colgan, Isabella L	20	Tuks-TS	28.30
15	Fourie, Katelyn	17	Tuks-TS	28.32
16	Springer, Leila E	16	SASE-JH	28.35
17	Oosthuizen, Luchelle	21	KOVS-MA	28.39

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Event 303 ...(Women 50 SC Meter Freestyle)

	Name	Age	Team	Seed Time
18	Dube, Caitlyn K	17	Mdol-Jhb-JH	28.56
19	Jones, Amy-Lee	17	Cardinals-EK	28.67
20	Van Zyl, Danika E	17	USH-KC	28.83
21	Raffle, Mackenzie	13	Cardinals-EK	28.91
22	Bocking, Mikje	17	Pscp-Umd-UM	28.97
23	Forsdyke de Almeida, Zaila	14	Race-Jhb-JH	28.99
24	Cole - Edwardes, Emma M	16	APPB-UM	29.02
25	Jansen Van Vuuren, Jess	13	APPB-UM	29.27
26	Maree, Morgan	15	DRGN-JH	29.31
27	Lloyd-Swanepoel, Ella	14	MAKO-EK	29.32
28	De Haas, Hayley	14	Ushpm-Umd-UM	29.35
29	Del Fabbro, Antonella	18	Tuks-TS	29.36
30	Palframan, Sisanda B	13	APPB-UM	29.40
31	Barbour, Robyn R	17	Mdol-Jhb-JH	29.54
32	Ojwach, Neliza T	12	APPB-UM	29.76
33	Vyncke, Ivana	18	Tuks-TS	29.82
34	Du Toit, Lisa R	14	APPB-UM	30.09
35	Meyer, Maya	15	BULS-MA	30.14
36	Woodburn, Jasmine S	13	Mdol-Jhb-JH	30.26
37	Shoniwa, Renee R	14	Mdol-Jhb-JH	30.27
38	Schofield, Sarah A	13	AADUB-ET	30.28
39	Evans, Lillie P	15	Race-Jhb-JH	30.51
40	Constantinides, Ava	14	Cardinals-EK	30.60
41	Brown, Evalyn	15	AADUB-ET	30.60
42	Vosloo, Kayla	17	BLOT-MA	30.61
43	Kooi, Chenique E	13	Tuks-TS	30.99
44	Mwandla, Senzelwe	13	Ushpm-Umd-UM	31.15
45	Shange, Aphelele	13	Ushpm-Umd-UM	31.84
46	Van Leeuwen, Zoey	15	Race-Jhb-JH	31.96
47	Wheeler, Maike S	14	Mdol-Jhb-JH	32.42
48	Short, Kyla J	13	Mdol-Jhb-JH	33.00
49	Du Plessis, Mia	15	Tuks-TS	NT

Event 304 Men 50 SC Meter Freestyle

	Name	Age	Team	Seed Time
1	Smith, Chris F	20	Tuks-TS	22.55
2	Sorour, Micheal	16	BULS-MA	22.61
3	Mahan, Tumelo E	19	Tuks-TS	22.64
4	Naidoo, Kaydn K	23	Beavers-ET	22.85
5	Burger, Neil	19	Tuks-TS	23.01
6	Landmann, Ramon J	23	Players-TS	23.35
7	Frew, Damien J	17	AADUB-ET	23.49
8	Pienaar, Harold W	18	Cardinals-EK	23.64
9	van Niekerk, Jarryd H	15	Mdol-Jhb-JH	23.99
10	Peters, Levi T	17	Tuks-TS	24.08
11	Coetzer, JC C	17	BLOT-MA	24.26
12	Mahaye, Bandile N	15	Ushpm-Umd-UM	24.32
13	Lutchman, Skyler C	16	Tuks-TS	24.38
14	Vd Merwe, Noah B	16	Tuks-TS	24.64
15	Cilliers, Christopher J	18	KOVS-MA	24.91
16	van der Heever, Trent B	16	Cardinals-EK	24.92
17	Isted, Ashton S	16	AADUB-ET	25.03
18	Booyesen, Chris D	15	Race-Jhb-JH	25.08
19	Le Roux, Troy	16	Cardinals-EK	25.15
20	Hemphill, Riley J	17	AADUB-ET	25.26
21	Thomas, Shaun M	21	Tuks-TS	25.39
22	Moleko, Reba M	14	Tuks-TS	25.41
23	Fraser, Luca M	16	Mdol-Jhb-JH	25.43
24	Maphologela, Thabang T	16	DRGN-JH	25.45
25	Berejena, Ashley C	18	Tuks-TS	25.49

26	Badenhorst, Jandre	16	BULS-MA	25.57
27	Sheldon, Joshua C	16	Tuks-TS	25.60
28	Schoeman, Nicholas	14	Tuks-TS	25.94
29	Stead, Owen B	15	USH-KC	26.02
30	Wilkes, Kieran-Dante K	17	Cardinals-EK	26.12
31	Muller, Blake M	15	DRGN-JH	26.16
32	Du Toit, Francois	14	Mdol-Jhb-JH	26.32
33	Frimpong, Kwasi A	15	SASE-JH	26.62
34	Barnard, Adriaan	15	BLOT-MA	26.68
35	Hambloch, Ethan R	16	AADUB-ET	26.77
36	Otto, Amir	15	Vineyard-CP	26.80
37	Abrahams, Cayden	16	DRGN-JH	26.86
38	Prinsloo, Stefan	16	Tuks-TS	27.12
39	Clancy, Cayden	15	DRGN-JH	27.17
40	Smith, Isaiah S	15	Mdol-Jhb-JH	27.17
41	Gilson, Samuel D	15	Pscp-Umd-UM	27.23
42	Del Grosso, Gianluca G	17	Cardinals-EK	27.33
43	Delpoit, Jayden S	16	PGAC-EK	27.47
44	Schoeman, Sabby A	15	Tuks-TS	27.50
45	Sandilands, Matthew L	15	Mdol-Jhb-JH	27.85
46	Kooi, Ruan	15	Tuks-TS	28.27
47	Slabber, Willem J	12	APPB-UM	28.75
48	Le Roux, William	16	Tuks-TS	29.05
49	Harder, Callum R	12	Vineyard-CP	29.97
50	Wilkins, Brody B	12	Race-Jhb-JH	30.13
51	Wheeler, Jaxon	12	Mdol-Jhb-JH	32.92
52	Cazzavillan, Lorenzo L	21	Mdol-Jhb-JH	39.92

Event 305 Women 100 SC Meter Backstroke

	Name	Age	Team	Seed Time
1	Maritz, Gizelle G	17	Tuks-TS	1:01.85
2	Wessels, Christine	20	Tuks-TS	1:03.70
3	Meier, Ane'	20	Players-TS	1:04.29
4	Olivier, Chloe	17	Cardinals-EK	1:04.73
5	Fourie, Katelyn	17	Tuks-TS	1:06.97
6	Meyburgh, Victoria A	13	Cardinals-EK	1:07.06
7	Bosch, Ava H	14	DRGN-JH	1:08.15
8	Smith, Taylia	14	AA-JH	1:08.33
9	Melka, Zora	15	Tuks-TS	1:08.46
10	van der Westhuizen, Anri	17	BLOT-MA	1:08.91
11	Pretorius, Emma E	15	BLOT-MA	1:11.71
12	Lloyd-Swanepoel, Ella	14	MAKO-EK	1:11.80
13	De Haas, Hayley	14	Ushpm-Umd-UM	1:12.61
14	Otto, Gabriella	17	Vineyard-CP	1:13.06
15	Harrop-Allin, Katherine	14	Tuks-TS	1:13.62
16	Mans, Kristen	15	Tuks-TS	1:15.00
17	Brown, Evalyn	15	AADUB-ET	1:15.43
18	Kruger, Katelyn	15	Mdol-Jhb-JH	1:15.67
19	Woodburn, Jasmine S	13	Mdol-Jhb-JH	1:15.82
20	Cheshire, Kate E	13	Mdol-Jhb-JH	1:17.01
21	September, Isabella J	15	Tuks-TS	1:17.54
22	Slabber, Abi A	15	APPB-UM	1:18.51
23	Meyburgh, Olivia C	13	Cardinals-EK	1:19.30
24	Evans, Lillie P	15	Race-Jhb-JH	1:20.12
25	Forsdyke de Almeida, Zaila	14	Race-Jhb-JH	1:20.54
26	Short, Kyla J	13	Mdol-Jhb-JH	1:20.60
27	Nhimura, Ruth	13	Sharks-MS	1:20.61
28	Palframan, Layla G	12	APPB-UM	1:21.05
29	Wheeler, Maike S	14	Mdol-Jhb-JH	1:21.50
30	Steyn, Georgia E	12	APPB-UM	1:26.21
31	Van Zyl, Danika E	17	USH-KC	NT

Event 306 Men 100 SC Meter Backstroke			
Name	Age	Team	Seed Time
1 Esterhuysen, Christian	19	Tuks-TS	54.83
2 Slabbert, Matthew	18	Cardinals-EK	57.35
3 Van Der Linden, Anthony	18	Cardinals-EK	57.55
4 Scheffer, Jonathan	20	Tuks-TS	57.73
5 Cocci, Gio R	14	DRGN-JH	58.46
6 Sorour, Micheal	16	BULS-MA	59.78
7 Wessels, Troy J	16	Tuks-TS	1:00.50
8 Sheldon, Joshua C	16	Tuks-TS	1:00.81
9 Lutchman, Skyler C	16	Tuks-TS	1:00.88
10 Marillier, Matthew P	20	Seal-Umd-UM	1:01.06
11 van Niekerk, Jarryd H	15	Mdol-Jhb-JH	1:01.30
12 Harrop-Allin, Anton	15	Tuks-TS	1:01.80
13 Moleko, Reba M	14	Tuks-TS	1:03.17
14 Cilliers, Christopher J	18	KOVS-MA	1:03.28
15 Delpont, Jayden S	16	PGAC-EK	1:05.41
16 Stead, Owen B	15	USH-KC	1:05.47
17 Badenhorst, Jandre	16	BULS-MA	1:05.88
18 Beens, Harm	14	Cardinals-EK	1:05.98
19 Vd Walt, Christiaan	17	Tuks-TS	1:07.38
20 Harder, Callum R	12	Vineyard-CP	1:09.49
21 Smith, Isaiah S	15	Mdol-Jhb-JH	1:12.17
22 Slabber, Willem J	12	APPB-UM	1:14.51
23 Hoffman, Anande N	13	APPB-UM	1:20.82
24 Wheeler, Jaxon	12	Mdol-Jhb-JH	1:28.21
25 Cazzavillan, Lorenzo L	21	Mdol-Jhb-JH	1:52.45

Event 307 Women 200 SC Meter IM			
Name	Age	Team	Seed Time
1 Vyncke, Giuliana	16	Tuks-TS	2:19.15
2 de Waal, Araya	18	Cardinals-EK	2:30.00
3 Van Niekerk, Clarisè	16	Tuks-TS	2:30.00
4 Mc Colgan, Isabella L	20	Tuks-TS	2:30.70
5 Melka, Zora	15	Tuks-TS	2:31.13
6 Woodburn, Indigo S	16	Mdol-Jhb-JH	2:32.15
7 Bocking, Mikje	17	Pscp-Umd-UM	2:32.37
8 Bosch, Ava H	14	DRGN-JH	2:33.99
9 Cole - Edwardes, Emma M	16	APPB-UM	2:34.23
10 Springer, Leila E	16	SASE-JH	2:34.87
11 Barbour, Robyn R	17	Mdol-Jhb-JH	2:36.91
12 Sandilands, Hannah G	18	Mdol-Jhb-JH	2:37.27
13 Dube, Caitlyn K	17	Mdol-Jhb-JH	2:37.52
14 Constantinides, Ava	14	Cardinals-EK	2:38.78
15 Kooi, Chenique E	13	Tuks-TS	2:38.87
16 Harrop-Allin, Katherine	14	Tuks-TS	2:39.69
17 Jansen Van Vuuren, Jess	13	APPB-UM	2:40.82
18 Woodburn, Jasmine S	13	Mdol-Jhb-JH	2:41.65
19 Elliott, Madisynn E	17	AA-JH	2:46.22
20 Clowes, Cailyn	16	APPB-UM	2:46.35
21 Van Tonder, Chanel	16	APPB-UM	2:47.71
22 Meyer, Maya	15	BULS-MA	2:48.05
23 Cheshire, Kate E	13	Mdol-Jhb-JH	2:49.63
24 Uys, Nicole	14	Mdol-Jhb-JH	2:52.38
25 Mwandla, Senzelwe	13	Ushpm-Umd-UM	2:53.46
26 Slabber, Abi A	15	APPB-UM	2:54.55
27 Wheeler, Maike S	14	Mdol-Jhb-JH	2:56.08
28 Du Toit, Lisa R	14	APPB-UM	2:57.74
29 Short, Kyla J	13	Mdol-Jhb-JH	3:02.30
30 Schofield, Sarah A	13	AADUB-ET	3:02.40
31 Radebe, Zekhethelo S	13	Ushpm-Umd-UM	3:10.01

Event 308 Men 200 SC Meter IM			
Name	Age	Team	Seed Time
1 Naidoo, Kaydn K	23	Beavers-ET	2:03.84
2 Wessels, Guy T	18	Tuks-TS	2:04.62
3 Thomas, Shaun M	21	Tuks-TS	2:05.74
4 Els, Johnathan R	21	Tuks-TS	2:05.81
5 Slabbert, Matthew	18	Cardinals-EK	2:08.65
6 Morel, Daniel P	17	Cardinals-EK	2:10.19
7 Le Roux, Corné	24	Tuks-TS	2:11.52
8 Erasmus, Josh M	17	Tuks-TS	2:11.71
9 Wessels, Troy J	16	Tuks-TS	2:12.22
10 Peters, Levi T	17	Tuks-TS	2:15.55
11 Hambloch, Ethan R	16	AADUB-ET	2:16.11
12 Harrop-Allin, Anton	15	Tuks-TS	2:17.98
13 Vd Walt, Christiaan	17	Tuks-TS	2:18.08
14 Moleko, Reba M	14	Tuks-TS	2:19.06
15 Sorour, Micheal	16	BULS-MA	2:19.10
16 Hemphill, Riley J	17	AADUB-ET	2:19.31
17 Vd Merwe, Noah B	16	Tuks-TS	2:19.52
18 Booysen, Chris D	15	Race-Jhb-JH	2:20.24
19 Ciampi, Jayden	16	Tuks-TS	2:20.92
20 Muller, Blake M	15	DRGN-JH	2:21.35
21 Bulhakov, Daniel	14	Swift-EK	2:24.93
22 Schoeman, Nicholas	14	Tuks-TS	2:26.26
23 Frimpong, Kwasi A	15	SASE-JH	2:26.93
24 Sandilands, Matthew L	15	Mdol-Jhb-JH	2:27.12
25 Gilson, Samuel D	15	Pscp-Umd-UM	2:28.60
26 Kooi, Ruan	15	Tuks-TS	2:29.10
27 Du Toit, Francois	14	Mdol-Jhb-JH	2:29.13
28 Badenhorst, Jandre	16	BULS-MA	2:29.50
29 Smith, Connor C	14	Cardinals-EK	2:36.87
30 Smith, Isaiah S	15	Mdol-Jhb-JH	2:42.03
31 Smit, Jayson A	13	APPB-UM	2:43.98
32 Mujati, Tatenda C	13	AA-JH	2:45.08
33 Wilkins, Brody B	12	Race-Jhb-JH	2:46.64
34 Le Roux, William	16	Tuks-TS	2:55.30 Scr
35 Wheeler, Jaxon	12	Mdol-Jhb-JH	3:04.87

Event 309 Women 1500 SC Meter Freestyle			
Name	Age	Team	Seed Time
1 Houtman, Stephanie	23	Tuks-TS	16:09.77
2 Smith, Taylia	14	AA-JH	18:09.35
3 Meeser, Paige V	16	Cardinals-EK	19:12.76

Event 310 Men 800 SC Meter Freestyle			
Name	Age	Team	Seed Time
1 Du Toit, Francois	14	Mdol-Jhb-JH	9:08.42
2 Palmer, Travis I	15	Tuks-TS	9:08.74
3 Smith, Connor C	14	Cardinals-EK	9:28.99
4 Sandilands, Matthew L	15	Mdol-Jhb-JH	9:49.63
5 Mujati, Tatenda C	13	AA-JH	10:13.37

Event 311 Mixed 200 SC Meter Freestyle Relay 4 X 50 Mix MedlRelay		
Team	Relay	Seed Time
1 Tuks-TS	A	1:36.07
2 Cardinals-EK	A	1:44.78