

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team List**

	Team	Female	Male	Total Athletes	Entries	Relay	Total	
1	ACAQ-CC	Action Aquatics	4	1	5	49	0	49
2	TRAZ-TS	Alcatraz Swimming Club	5	10	15	86	0	86
3	AA-JH	Aqua Athlete	6	6	12	101	11	112
4	AAS-JH	Aquarius Aquatics Swimming Clu	2	2	4	35	2	37
5	AWIN-TS	Aquatic Wings Swim Club	2	2	4	28	0	28
6	BARA-EK	Baracuda Swim Club	1	1	2	25	0	25
7	BAS-EK	Boksburg Aquatic Saints	3	7	10	81	7	88
8	BASA	Bulawayo Amatuer Swimming Ass	5	3	8	70	5	75
9	CDTM	C. Desportos Tubarões Maputo	2	4	6	36	3	39
10	CA-EK	Cardinal Aquatics	17	22	39	265	34	299
11	CSC-TS	Champion Swimming Club	0	5	5	35	0	35
12	COMS-TS	Complete Swimming Club	1	1	2	11	0	11
13	CRSC-JH	Crusaders Swimming Club	8	7	15	100	12	112
14	CSA-EZ	Curro Swimming Academy	6	5	11	75	0	75
15	DDA-TS	Diadora Aquatics	2	5	7	45	2	47
16	DMSS	Dmss Gators Swimming Club	6	4	10	91	0	91
17	DORE-JH	Doreys Swim Club	4	5	9	54	0	54
18	DRGN-JH	Dragons Swimming Club	2	8	10	79	3	82
19	ESTR-EK	Edenvale Stingrays	1	1	2	18	0	18
20	ELEC-TS	Electric Eels Swimming Club	10	10	20	120	0	120
21	ELRAS-WB	Ellisras Aquatics	1	0	1	11	0	11
22	ECN	Endorfin Club de Natação	0	1	1	9	0	9
23	ESP-EK	Esp Kempton Park	5	2	7	84	0	84
24	ESA	Eswatini Swimming Association	1	7	8	56	3	59
25	EXP-TS	Expression Swimmers	4	3	7	41	2	43
26	FAC-EK	Falcon Aquatic Club	1	1	2	17	0	17
27	GAC	Gaborone Aquatics Club	0	1	1	7	0	7
28	HRE	Harare Province	4	7	11	90	10	100
29	HARB-BP	Harties Red Bears	1	4	5	47	0	47
30	HREF-BP	Harties Reflections	2	1	3	33	0	33
31	HPS-TS	Hps Rebels	5	5	10	62	5	67
32	JAQ-EK	J's Aqua Swimming Club	2	2	4	41	0	41
33	LEGC-ET	Legacy Swimming Club	0	1	1	5	0	5
34	TKS-WB	Limpopo Tuksswimming Club	4	3	7	49	2	51
35	LINR-JH	Linrand Swimming Club	2	2	4	30	0	30
36	MAKO-EK	Mako Aquatics	1	9	10	101	8	109
37	MDOL-JH	Mandeville Dolphins	16	11	27	224	18	242
38	MPAR-JH	Mandeville Para Swimming Club	0	3	3	18	0	18
39	MATL-KK	Matlosana Swimming Club	0	3	3	19	0	19
40	NSFED	Namibia Swimming Federation	9	12	21	223	12	235
41	NWUC-KK	North West University Swim Clu	4	2	6	37	1	38
42	OLDE-JH	Old Edwardian Swimming Club	1	1	2	12	0	12
43	RBOT-BP	Otters Rustenburg	3	3	6	45	0	45
44	PER-JH	Perfect Stroke Swimming Club	4	3	7	44	0	44
45	PSC	Phoenix Swimming	1	0	1	7	0	7
46	PGAC-EK	Pinnacle Gryphons Aquatics Clu	1	5	6	45	0	45
47	POTC-KK	Potchefstroom Swimming Club	2	2	4	24	0	24
48	PAC-TS	Pretoria Aquatic Club	13	6	19	112	7	119
49	PRSC	Propellers Swimming Club	0	1	1	9	0	9
50	QUES-JH	Quest Swim Club	3	2	5	41	0	41
51	RACE-JH	Reds Centre of Aquatice Excell	1	1	2	20	0	20
52	RIVO-JH	Rivonia Elite Swimming Club	0	5	5	40	0	40
53	RFA-TS	Royal Fins Aquatics	5	8	13	94	10	104
54	RBUR-BP	Rustenburg Swimming Club	0	1	1	8	0	8
55	SASE-JH	Sandton Seals	4	5	9	77	0	77
56	SGUL-ET	Seagulls SC	1	2	3	31	0	31
57	SHAQC-ZZ	Seahorses Aquatic Center	3	2	5	23	0	23
58	SS-MP	Shamu Swimming Club	1	7	8	62	0	62
59	SOUL-EK	Soul Swimming Club	4	10	14	86	0	86

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60	STSC-KC Stingrays Swimming Club	0	1	1	7	0	7
61	SWC Stingrays Swimming Club	0	1	1	6	0	6
62	SUPE-JH Superfins	0	1	1	5	0	5
63	SWAR-WC Swartland Swim Club	4	7	11	85	0	85
64	SWIFT-EK Swift Aquatics	1	1	2	25	0	25
65	STAR-BP Swim Star Aquatics Rtb	0	1	1	5	0	5
66	SWIMS-EK SwimSmart Aquatics	0	1	1	6	0	6
67	TCA-EK TC Aquatics	3	0	3	26	0	26
68	H2O-EK Team H2o	1	1	2	24	0	24
69	TUKS-TS TuksSwimming Club	36	43	79	524	48	572
70	TASC-MP Tzaneen Amateur Swimming Club	3	3	6	37	0	37
71	UNIU-EZ Uniswim Uplands Swimming Club	5	4	9	72	6	78
72	USHAK-EK Ushaka Aquatics	0	1	1	3	0	3
73	VASA-EK Vasa Swim	2	2	4	42	0	42
74	VRC-TS Vikings Race Club	3	2	5	27	0	27
75	BEARS-TS WaterBears Swim Club	1	2	3	16	0	16
76	WATR-JH Waterborn Swimming Club	9	19	28	226	0	226
		264	343	607	4524	211	4735