

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#101 Boys 11&U 400 Meter Free

Name	Age	Team	Finals Time
1 Masiu, Tiisetso K	11	CA-EKU	5:10.88
2 Thirion, Zandro	11	NSFED	5:15.98
3 Madonko, Jamela	11	BASA	5:17.68
4 Prinsloo, James P	11	TUKS-TSH	5:21.35
5 Pieters, Cayden R	11	SWAR-WCD	5:22.90
6 Markgraaff, Dean R	11	TUKS-TSH	5:28.28
7 Huang, Guoxuan	10	NSFED	5:30.59
8 Letsoalo, Thabang M	11	BAS-EKU	5:31.19
9 Coleman, Ian A	11	LINR-JHB	5:43.48
10 Vlok, Rijnhardt A	11	LINR-JHB	5:45.88
11 Joubert, Chris H	11	DDA-TSH	5:46.04
12 Du Toit, Gideon	11	TUKS-TSH	5:47.56
13 Banks, Tristan D	11	AAS-JHB	5:48.30
14 Lin, Yuchen	10	NSFED	5:49.12
15 Manowe, Leano-Laone	11	DMSS	5:49.52
16 Cloete, Matthew H	11	HPS-TSH	5:52.55
17 Minnie, Milano F	11	PGAC-EKU	5:53.22
18 Aliang, Célio J	11	ECN	5:56.52
19 Van der Merwe, Aiden	11	EXP-TSH	5:57.12
20 Roux, Keanu	11	NSFED	5:59.29
21 Kelsey, Jayden	11	ACAQ-CCD	6:04.17
22 Otto, Llewellyn	11	CSC-TSH	6:04.26
23 Modena, Eli L	11	TUKS-TSH	6:04.80
24 Brink, Herman J	11	TUKS-TSH	6:16.07
25 Nunes, Joao	10	ESA	6:19.30
26 Rautenbach, Syrian B	11	UNIU-EZD	6:22.17
27 van der Merwe, Liam	11	ESP-EKU	6:26.82

#102 Girls 11&U 400 Meter Free

Name	Age	Team	Finals Time
1 Thomba, Lame	11	DMSS	5:20.36
2 Spencer, Mackenzie A	11	TRAZ-TSH	5:22.24
3 Rall, Gabriella	11	FAC-EKU	5:37.61
4 Cronje, Kayline	11	JAQ-EKU	5:42.72
5 Erni, Nele M	9	NSFED	5:42.80
6 Raphadu, Kgothatso	11	TUKS-TSH	5:44.73
7 Viviers, Alana	11	LINR-JHB	5:50.83
8 Williams, Liya	11	NSFED	5:50.85
9 Madondo, Sabrina M	11	AAS-JHB	5:51.61
10 Husselmann, Sophia	10	NSFED	5:52.06
11 Sanya, Crystal	11	SHAQC-ZZ	5:57.79
12 Luhabe, Nolitha A	10	CA-EKU	5:58.36
13 Markgraaff, Kelsey	11	TUKS-TSH	5:58.78
14 Kenosi, Zhaoying	11	DMSS	5:58.87
15 Sibanda, Jaynell	11	BASA	6:05.12
16 Bruwer, Leané	11	SWAR-WCD	6:11.13
17 Burger, Marguerite	11	SWAR-WCD	6:12.05
18 Majoni, Joana	11	BASA	6:12.22
19 Myeni, Ivile	11	ESA	6:41.63
20 Noble, Holly	11	ESP-EKU	6:44.53
21 Oswald, Psalm M	11	ESP-EKU	6:53.74

#103 Men 12 400 Meter Free

2016SA Age G: 4:20.00# 2015 Luan E. Grobbelaar at SA L			
Name	Age	Team	Finals Time
1 Balzer, Klaus	12	HRE	5:07.95
2 Nemvumoni, Ntsako C	12	WATR-JHB	5:22.31
3 Britz, Jonathan O	12	MAKO-EKU	5:24.19
4 Swartz, Caleb	12	NSFED	5:28.42
5 Hood, Kaylin C	12	MAKO-EKU	5:29.84
6 Fourie, Hanku	12	TUKS-TSH	5:32.95
7 Bowl, Dominic	12	HRE	5:33.44
8 De Milander, Zian	12	JAQ-EKU	5:37.43
9 Hooghiemstra, Jacques	12	POTC-KKD	5:38.45
10 De Angelis, Luca C	12	VASA-EKU	5:39.27
11 Jv Rensburg, Ben B	12	TUKS-TSH	5:39.42
12 Ashworth, Ryan R	12	MDOL-JHB	5:39.94
13 Venter, Jean	12	PAC-TSH	5:44.04
14 Koller, Zac O	12	SASE-JHB	5:44.16
15 Yaldwyn, Liam	12	SASE-JHB	5:45.23
16 Shongwe, Sivikelwe J	12	ESA	5:49.57
17 Papazian, Alexander	12	SASE-JHB	5:53.68
18 Köpplinger, Axel F	12	TUKS-TSH	5:57.55
--- Snyman, Kaiden	12	SGUL-ETH	DNF

#104 Women 12 400 Meter Free

2016SA Age G: 4:29.00# 1908 Jessica Liss at EP Cham			
Name	Age	Team	Finals Time
1 Spence, Amber G	12	ELEC-TSH	5:10.26
2 De Bruin, Charné	12	TUKS-TSH	5:14.55
3 Nel, Mila M	12	TUKS-TSH	5:15.81
4 Prinsloo, Miané	12	ACAQ-CCD	5:19.96
5 Wood, Amy-Lee	12	CA-EKU	5:20.01
6 Dandoulakis, Alexi	12	CA-EKU	5:25.28
7 Burstein, Morgan R	12	TUKS-TSH	5:27.19
8 Caldeira, Jessica S	12	MDOL-JHB	5:28.49
9 Geldenhuys, Mila	12	ACAQ-CCD	5:29.36
10 Short, Kyla J	12	MDOL-JHB	5:30.05
11 Botha, Annebelle	12	PER-JHB	5:30.48
12 Stoffberg, Alexis	12	NSFED	5:30.87
13 Losper, Aaliyah J	12	NSFED	5:34.17
14 Devaprakash, Diya S	12	DMSS	5:34.97
15 Sohoni, Aahana	12	PSC	5:35.10
16 Smit, Anzel	12	EXP-TSH	5:35.73
17 Roets, Emma	12	TUKS-TSH	5:49.12
18 Komani, Zara	12	WATR-JHB	5:49.40
19 Sanders, Riley M	12	HPS-TSH	5:50.55
20 De Beer, Zenéy	12	CSA-EZD	5:54.43
21 Ndlovu, Marang L	12	MDOL-JHB	5:54.97
22 Odendaal, Olivia L	12	HPS-TSH	5:55.54
23 Adelaine, Jorja	12	AA-JHB	5:57.95
24 Scott, Gabriella	12	TUKS-TSH	5:59.71
25 Dornon, Elizabeth E	12	VASA-EKU	6:02.24
26 Makhatho, Tiisetso	12	ESP-EKU	6:19.16

#105 Men 13 400 Meter Free

2016SA Age G: 4:10.50# 2013 Jarryd L. Baxter at SA L			
Name	Age	Team	Finals Time
1 Kyster, Daylen R	13	MAKO-EKU	4:56.70

2 Carpinteiro, Diego	13	CA-EKU	4:56.86
3 Swarts, Brendan	13	CA-EKU	5:02.10
4 Jahnel, Garrick M	13	SOUL-EKU	5:05.49
5 De Amorim, Connor M	13	PER-JHB	5:07.59
6 Von Bormann, Peter T	13	ELEC-TSH	5:08.95
7 Raymond, Mmoloki J	13	DMSS	5:10.28
8 Heide, Damon	13	H2O-EKU	5:11.01
9 Aspden, Kailan B	13	CA-EKU	5:13.93
10 Ripley, Jordan	13	BAS-EKU	5:14.87
11 Webb, Mason M	13	DRGN-JHB	5:15.22
12 Müller, Eli-Ray	13	MDOL-JHB	5:15.42
13 Van Wyngaard, Rigter Z	13	TUKS-TSH	5:15.80
14 Müller, Dawid H	13	TUKS-TSH	5:16.99
15 McEwan, Nathan	13	AA-JHB	5:19.79
16 Plint, Connor J	13	MAKO-EKU	5:22.14
17 Teich, Shaun	13	TKS-WBD	5:24.87
18 Plint, Matthew J	13	MAKO-EKU	5:28.24
19 Dukoff - Gordon, Kyle	13	CA-EKU	5:30.85
20 Masanganise, Edward	13	BASA	5:34.32
21 Glorioso, Zayne	13	CSA-EZD	5:34.40
22 Kopczynski, Vlad R	13	RFA-TSH	5:37.85
23 Ostoja, Frano M	13	CA-EKU	5:38.64
24 Molefe, Khumo T	13	WATR-JHB	5:43.23
25 Lazaridis, Leo P	13	CA-EKU	5:44.12

#106 Women 13 400 Meter Free

2016SA Age G: 4:25.63# 2015 Rebecca A. Meder at WA			
Name	Age	Team	Finals Time
1 Cheshire, Kate E	13	MDOL-JHB	5:12.76
2 Parker, Cala	13	DMSS	5:13.22
3 Oosthuizen, Mieke	13	HPS-TSH	5:17.99
4 Meyburgh, Olivia C	13	CA-EKU	5:18.75
5 Van Der Merwe, Paiton R	13	CA-EKU	5:20.32
6 Morel, Mattae F	13	CA-EKU	5:24.14
7 Vreenegoor, Isabella	13	CRSC-JHB	5:27.23
8 Schoeman, Shelby L	13	CA-EKU	5:30.45
9 Dippenaar, Katja R	13	NSFED	5:31.21
10 Mostert, Abby J	13	AWIN-TSH	5:33.38
11 Du Preez, Elizabeth	13	TUKS-TSH	5:34.76
12 McDowell, Caitlin L	13	ESP-EKU	5:44.24
13 Rautenbach, Chloe M	13	UNIU-EZD	5:46.24
14 Vermaak, Marizelle	13	HREF-BPD	5:49.67
15 Machill, Cayleigh J	13	BARA-EKU	5:51.22
16 Bhabha, Aisha	13	MDOL-JHB	5:53.18

#107 Men 14 400 Meter Free

2016SA Age G: 4:01.84# 2014 Jarryd L. Baxter at SA L			
Name	Age	Team	Finals Time
1 Eldar, Eitan	14	TUKS-TSH	4:51.84
2 Luhabe, Fezile Z	14	CA-EKU	4:54.21
3 van Niekerk, Jacques	14	PAC-TSH	4:56.80
4 Douglas, William M	14	CA-EKU	4:59.85
5 Vosloo, Matthys	14	DDA-TSH	5:02.13
6 Ferreira, Reid A	14	SOUL-EKU	5:04.52
7 Letsoalo, Tetelo C	14	BAS-EKU	5:05.21
8 Mutooni, Leo K	14	ELEC-TSH	5:05.97
9 Kasselmann, Juan	14	RBOT-BPD	5:06.17
10 Wilkins, Max C	14	HPS-TSH	5:10.26

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#107 Men 14 400 Meter Free

11	Van der Walt, Hein	14	DDA-TSH	5:10.34
12	Vermeulen, Joshua	14	MAKO-EKU	5:11.17
13	Oosthuizen, Nathan	14	PGAC-EKU	5:11.54
14	Pretorius, Hennie H	14	SWAR-WCD	5:11.82
15	van der Walt, Conrad	14	MDOL-JHB	5:13.12
16	Booyesen, James C	14	RFA-TSH	5:13.43
17	Smith, Isaiah S	14	MDOL-JHB	5:17.15
18	Nel, Zian	14	RBOT-BPD	5:20.15
19	Le Roux, Juan	14	AWIN-TSH	5:20.22
20	Bayne, William T	14	DORE-JHB	5:34.20

#108 Women 14 400 Meter Free

2016SA Age G: 4:15.83# 2011 Michelle Weber-Telkom

Name	Age	Team	Finals Time	
1	Wood, Jessica	14	CA-EKU	5:05.39
2	Pienaar, Mia	14	CA-EKU	5:05.54
3	Sutherland, Hayleigh B	14	TUKS-TSH	5:09.13
4	Ward, Anelle	14	TUKS-TSH	5:14.00
5	Maponyane, Mary	14	BAS-EKU	5:14.29
6	Da Silva, Abigail Z	14	TUKS-TSH	5:16.10
7	Ackerman, Emily K	14	QUES-JHB	5:17.30
8	McNamara, Scarlett	14	NSFED	5:17.50
9	Cronje, Jaimee E	14	COMS-TSH	5:18.52
10	Wright, Hannah C	14	CA-EKU	5:19.22
11	Maruping, Bokkie M	14	LINR-JHB	5:19.77
12	Marais, Marijn M	14	TUKS-TSH	5:19.93
13	Stewart, Leah	14	TASC-MPD	5:20.59
14	Alton, Madison R	14	RFA-TSH	5:21.05
15	Costa, Charlotte S	14	MDOL-JHB	5:26.07
16	Els, Megan A	14	BAS-EKU	5:26.18
17	Maseru, Hope	14	DMSS	5:27.45
18	Lloyd-Swanepoel, Ella	14	MAKO-EKU	5:32.32
19	Desilla, Elizabeth M	14	SASE-JHB	5:33.07
20	Cownie, Isabella E	14	TUKS-TSH	5:35.24
21	Barnard, Lyla	14	RFA-TSH	5:38.56
22	Kasiredy, Swapnika	14	SASE-JHB	5:56.93

#109 Men 15 400 Meter Free

2016SA Age G: 3:58.09# 2014 Jarryd L. Baxter at 2014

Name	Age	Team	Finals Time	
1	Buys, Stiaan	15	TUKS-TSH	4:30.94
2	Els, Aiden	15	CSA-EZD	4:40.82
3	Ip, Julian	15	WATR-JHB	4:41.32
4	Balt, Christiaan O	15	TUKS-TSH	4:45.83
5	Clancy, Cayden	15	DRGN-JHB	4:49.95
6	Walters, Luke	15	VASA-EKU	4:50.67
7	De Milander, Evan	15	JAQ-EKU	4:51.93
8	Bornman, Nathan J	15	TUKS-TSH	4:53.30
9	Makurube, Bohlale	15	MATL-KKD	4:56.06
10	Rolfe, Taylor K	15	WATR-JHB	4:56.77
11	Gauldie, Travis R	15	RFA-TSH	5:00.96
12	Jansen van Vuuren, Conr	15	MAKO-EKU	5:05.45
13	Bosman, Daniel	15	UNI-U-EZD	5:05.78
14	Van Der Nest, Milan O	15	UNI-U-EZD	5:06.17
15	Breetzke, Luke B	15	SS-MPD	5:06.23
16	He, Henry	15	CA-EKU	5:06.82

17	Beling, Justin B	15	CA-EKU	5:07.84
18	Kruger, Benje J	15	RFA-TSH	5:07.93
19	Mmatli, Onthatile D	15	DRGN-JHB	5:08.28
20	Swartz, Samuel	15	NSFED	5:16.13
21	Lee, Nathan	15	RFA-TSH	5:18.88
22	Jurgens, Tristen T	15	PGAC-EKU	5:33.93
---	Sandilands, Matthew L	15	MDOL-JHB	DQ
	False start			

#110 Women 15 400 Meter Free

2016SA Age G: 4:15.91# 2012 Michelle Weber at Sa N

Name	Age	Team	Finals Time	
1	Mayhew, Megan A	15	WATR-JHB	5:02.28
2	Knight, Caitlin A	15	WATR-JHB	5:06.57
3	Lamprecht, Macayla A	15	CA-EKU	5:14.48
4	Scheepers, Janneke	15	SGUL-ETH	5:19.17
5	Janse van Vuuren, Zoë	15	CSA-EZD	5:20.58
6	Borges, Anabella M	15	AA-JHB	5:24.54
7	Nolan, Emma M	15	MDOL-JHB	5:29.74
8	Boordman, Leah C	15	CA-EKU	5:31.84
9	Rossouw, Lechelle	15	TUKS-TSH	5:41.09
10	Bulhakova, Victoria	15	SWIFT-EKU	5:50.07
11	Engelbrecht, Dedre	15	RBOT-BPD	6:06.74

#111 Men 16 400 Meter Free

2016SA Age G: 3:54.95# 2015 Jarryd L. Baxter at 5th F

Name	Age	Team	Finals Time	
1	Mellis, Dean T	16	TUKS-TSH	4:19.60
2	Vesely, Matej E	16	TRAZ-TSH	4:32.67
3	Neilson, Evan J	16	QUES-JHB	4:43.77
4	Van Der Westhuizen, Janu	16	STSC-KC	4:43.97
5	Lategan, Nicky N	16	SWAR-WCD	4:47.52
6	Nattrass, Corin R	16	WATR-JHB	4:48.63
7	Baker, Benjamin	16	CA-EKU	4:48.94
8	Breet, Maynard C	16	CSA-EZD	4:50.30
9	Delpport, Jayden S	16	PGAC-EKU	4:51.93
10	Botha, Trevor J	16	SWIFT-EKU	4:54.00
11	Kymdell, Ivan J	16	TUKS-TSH	4:55.69
12	Nel, Jano P	16	MAKO-EKU	4:56.89
13	Williams, Trent J	16	SOUL-EKU	5:00.72
14	Tesfay, Abi A	16	DDA-TSH	5:00.73
15	Lombard, Adriaan	16	TUKS-TSH	5:01.17
16	Maphologela, Thabang T	16	DRGN-JHB	5:08.49
17	Greeve, Nicolas N	16	MATL-KKD	5:13.27
18	Prinsloo, Benjamin	16	TUKS-TSH	5:13.78
19	Xie, Felix	16	ELEC-TSH	5:13.97
20	Holland-Muter, Jesse	16	SWAR-WCD	5:14.99
21	Leproun, Yann	16	SASE-JHB	5:23.11

#112 Women 16 400 Meter Free

2016SA Age G: 4:13.92# 2007 Wendy Trott-12th Fina

Name	Age	Team	Finals Time	
1	Upton, Odette	16	TKS-WBD	5:02.23
2	De Souza, Mila	16	EXP-TSH	5:02.74
3	Pretorius, Lenè L	16	TUKS-TSH	5:12.71
4	Martins, Keira	16	H2O-EKU	5:35.17

#201 Boys 11&U 100 Meter Free

Name	Age	Team	Finals Time	
Finals				
1	Pieters, Cayden R	11	SWAR-WCD	1:06.43
2	Zondo, Nkosana K	11	CA-EKU	1:06.82
3	Felton, Adam M	11	WATR-JHB	1:07.22
4	Prinsloo, James P	11	TUKS-TSH	1:07.28
5	Thirion, Zandro	11	NSFED	1:07.99
6	Masiu, Tiisetso K	11	CA-EKU	1:08.27
7	Banks, Tristan D	11	AAS-JHB	1:09.34
8	Botha, Sebastian	11	AA-JHB	1:09.39
9	Madonko, Jamela	11	BASA	1:09.55
10	Mbugua, Dayo G	10	SHAQC-ZZ	1:10.27

#201 Boys 11&U 100 Meter Free

Name	Age	Team	Prelim Time	
Preliminaries				
1	Pieters, Cayden R	11	SWAR-WCD	1:06.99
2	Masiu, Tiisetso K	11	CA-EKU	1:08.04
3	Felton, Adam M	11	WATR-JHB	1:08.06
4	Zondo, Nkosana K	11	CA-EKU	1:08.36
5	Prinsloo, James P	11	TUKS-TSH	1:08.51
6	Thirion, Zandro	11	NSFED	1:09.47
7	Banks, Tristan D	11	AAS-JHB	1:09.64
8	Mbugua, Dayo G	10	SHAQC-ZZ	1:09.90
9	Botha, Sebastian	11	AA-JHB	1:09.91
10	Madonko, Jamela	11	BASA	1:10.87
11	Schroeder, Liam R	11	EXP-TSH	1:11.04
12	Manowe, Leano-Laone	11	DMSS	1:12.34
13	Du Toit, Gideon	11	TUKS-TSH	1:12.79
14	Huang, Guoxuan	10	NSFED	1:12.95
15	Markgraaff, Dean R	11	TUKS-TSH	1:13.17
16	Maatouk, Jawad	11	SASE-JHB	1:13.46
17	Aliang, Célio J	11	ECN	1:13.90
18	Adams, Avery	10	PAC-TSH	1:14.11
19	Vlok, Rijnhardt A	11	LINR-JHB	1:14.29
20	Whitaker, Jake R	11	SS-MPD	1:14.40
21	Liebenberg, Jacques P	11	SS-MPD	1:14.74
22	Xavier, Travis	11	ELEC-TSH	1:14.89
23	Coleman, Ian A	11	LINR-JHB	1:15.00
24	Cloete, Matthew H	11	HPS-TSH	1:15.11
25	Petersen, Eli	11	BASA	1:15.98
26	Dreyer, Lauritz	11	TUKS-TSH	1:16.03
27	Loubser, Dreyer D	11	CSC-TSH	1:16.08
28	Van der Merwe, Aiden	11	EXP-TSH	1:16.15
29	Rautenbach, Syrian B	11	UNI-U-EZD	1:16.45
30	Swartz, Mauritz M	9	SGUL-ETH	1:16.47
31	Otto, Llewellyn	11	CSC-TSH	1:16.94
32	Vd Westhuizen, Nathan	10	TUKS-TSH	1:17.00
33	Groenewald, Liam D	11	RFA-TSH	1:17.01
34	Lin, Yuchen	10	NSFED	1:17.02
35	Brons, Tristan	11	SOUL-EKU	1:17.25
36	Joubert, Chris H	11	DDA-TSH	1:17.48
37	Van Der Merwe, Xander	11	HARB-BPD	1:17.62
38	Ritchie, Janko	11	TUKS-TSH	1:19.96
39	Minnie, Milano F	11	PGAC-EKU	1:20.04

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#201 Boys 11&U 100 Meter Free)

40	Koekemoer, Ryan J	11	DRGN-JHB	1:20.15
41	North, Jayce J	11	WATR-JHB	1:20.22
42	Kelsey, Jayden	11	ACAQ-CCD	1:20.34
43	Keun, Retief	10	HARB-BPD	1:21.13
44	Mayabane, Fezibunye	11	ESA	1:21.40
45	Brink, Herman J	11	TUKS-TSH	1:21.47
46	Roux, Keanu	11	NSFED	1:22.67
47	van der Merwe, Liam	11	ESP-EKU	1:23.19
48	Pretorius, Luke	11	SOUL-EKU	1:23.81
49	Du Plessis, Lihan	11	HARB-BPD	1:24.03
50	Roos, Callum D	11	TRAZ-TSH	1:24.14
51	Graaff, Juanlu C	11	COMS-TSH	1:33.25
---	Sieberhagen, Dewet M	11	AWIN-TSH	DQ

#201 Boys 12 100 Meter Free

2016SA Age G: 57.43# 2005 Joshua KRIEL at NTS Ch

Name	Age	Team	Finals Time	
Finals				
1	Wilkins, Brody B	12	RACE-JHB	1:06.17
2	Britz, Jonathan O	12	MAKO-EKU	1:06.43
3	Roodt, Adam A	12	TUKS-TSH	1:07.57
4	Fourie, Hanku	12	TUKS-TSH	1:08.98
5	Klukowski, Joshua R	12	NSFED	1:09.09
6	Van Schalkwyk, Joshua J	12	TUKS-TSH	1:09.17
7	Ashworth, Ryan R	12	MDOL-JHB	1:09.52
8	Hood, Kaylin C	12	MAKO-EKU	1:09.57
9	Balzer, Klaus	12	HRE	1:09.63
10	Köpplinger, Axel F	12	TUKS-TSH	1:09.91

#201 Boys 12 100 Meter Free

2016SA Age G: 57.43# 2005 Joshua KRIEL at NTS Ch

Name	Age	Team	Prelim Time	
Preliminaries				
1	Britz, Jonathan O	12	MAKO-EKU	1:07.55
2	Roodt, Adam A	12	TUKS-TSH	1:07.66
3	Wilkins, Brody B	12	RACE-JHB	1:07.87
4	Van Schalkwyk, Joshua J	12	TUKS-TSH	1:09.21
5	Hood, Kaylin C	12	MAKO-EKU	1:09.35
6	Ashworth, Ryan R	12	MDOL-JHB	1:09.44
7	Klukowski, Joshua R	12	NSFED	1:09.48
8	Fourie, Hanku	12	TUKS-TSH	1:09.91
9	Balzer, Klaus	12	HRE	1:10.15
10	Köpplinger, Axel F	12	TUKS-TSH	1:10.35
11	Barbosa, Tsailin	12	ESA	1:10.97
12	Muchengi, Nathaniel	12	HRE	1:11.23
13	Nemvumoni, Ntsako C	12	WATR-JHB	1:11.31
14	Nell, Matteo	12	CRSC-JHB	1:11.39
15	Shongwe, Sivikelwe J	12	ESA	1:11.41
16	Human, Eben	12	BEARS-TSH	1:11.57
17	Evans, Daniel-Louis	12	HREF-BPD	1:11.67
18	Frewen, Aaron D	12	RIVO-JHB	1:11.87
19	Gabriels, James N	12	WATR-JHB	1:11.90
20	Badsha-Eybers, Riley M	12	CRSC-JHB	1:12.62
21	Briscoe, Ayden L	12	OLDE-JHB	1:12.87
22	Hooghiemstra, Jacques	12	POTC-KKD	1:13.08

23	De Angelis, Luca C	12	VASA-EKU	1:13.15
24	Swartz, Caleb	12	NSFED	1:13.18
25	Luz, Levi S	12	SOUL-EKU	1:13.41
26	Luhabe, Bandile L	12	CA-EKU	1:13.45
27	Yaldwyn, Liam	12	SASE-JHB	1:13.87
28	Jv Rensburg, Ben B	12	TUKS-TSH	1:13.90
29	Walters, Kelan	12	HPS-TSH	1:13.94
30	Vd Berg, Wihan	12	TKS-WBD	1:14.07
31	Papazian, Alexander	12	SASE-JHB	1:14.31
32	Pocock, Alex	12	ELEC-TSH	1:14.47
33	De Milander, Zian	12	JAQ-EKU	1:14.66
34	Shoko, Mukundi	12	HRE	1:14.73
35	Wheeler, Jaxon	12	MDOL-JHB	1:14.82
36	Smith, Owen C	12	WATR-JHB	1:15.05
37	Alley, Luke	12	ELEC-TSH	1:15.62
38	Pocock, Benjamin R	12	ELEC-TSH	1:15.64
39	Bowl, Dominic	12	HRE	1:15.99
40	Dippenaar Safi, Ethan C	12	BARA-EKU	1:17.17
41	Stuart-Watson, John C	12	DORE-JHB	1:17.46
42	Venter, Xander	12	RIVO-JHB	1:17.79
43	Kruger, Blake R	12	SWAR-WCD	1:17.89
44	Venter, Jean	12	PAC-TSH	1:17.96
45	Jacobs, MACHARIA D	12	RFA-TSH	1:20.45
---	Snyman, Kaiden	12	SGUL-ETH	DNF

#201 Boys 13 100 Meter Free

2016SA Age G: 53.89# 2011 Kyle Van Niekerk at 9th

Name	Age	Team	Finals Time	
Finals				
1	De Amorim, Connor M	13	PER-JHB	1:01.17
2	Carpinteiro, Diego	13	CA-EKU	1:01.36
3	Basto, Goncalo M	13	CDTM	1:01.37
4	Heitmuller, Quade	13	TRAZ-TSH	1:01.52
5	Von Bormann, Peter T	13	ELEC-TSH	1:03.02
6	Kneubuhler, Luca J	13	AA-JHB	1:03.14
7	Kalvachev, Niki P	13	WATR-JHB	1:03.43
8	Potgieter, Josea P	13	ESA	1:03.61
9	Raymond, Mmoloki J	13	DMSS	1:04.32
10	Ngomez, Tumi K	13	BAS-EKU	1:05.74

#201 Boys 13 100 Meter Free

2016SA Age G: 53.89# 2011 Kyle Van Niekerk at 9th

Name	Age	Team	Prelim Time	
Preliminaries				
1	Carpinteiro, Diego	13	CA-EKU	1:01.60
2	De Amorim, Connor M	13	PER-JHB	1:01.93
3	Basto, Goncalo M	13	CDTM	1:02.24
4	Heitmuller, Quade	13	TRAZ-TSH	1:02.38
5	Kneubuhler, Luca J	13	AA-JHB	1:03.34
6	Raymond, Mmoloki J	13	DMSS	1:03.43
7	Von Bormann, Peter T	13	ELEC-TSH	1:03.71
8	Ngomez, Tumi K	13	BAS-EKU	1:03.87
9	Kalvachev, Niki P	13	WATR-JHB	1:04.30
10	Potgieter, Josea P	13	ESA	1:04.38
11	Kyster, Daylen R	13	MAKO-EKU	1:04.50
12	Aspden, Kailan B	13	CA-EKU	1:04.89
13	Oppen, Luke	13	TUKS-TSH	1:05.06

14	Jjuko, Matthew M	13	GAC	1:05.78
15	Houghton, Ronin D	13	SOUL-EKU	1:05.91
16	Steenkamp, MJ J	13	WATR-JHB	1:06.87
17	Heide, Damon	13	H2O-EKU	1:06.89
18	Cokayne, Gabriel J	13	CRSC-JHB	1:07.15
19	Keitumetse, Tshepang	13	SWC	1:07.16
*20	Vorster, Weirich	13	SS-MPD	1:07.25
*20	Pretorius, Ivan L	13	TUKS-TSH	1:07.25
22	Chivandire, Adriel N	13	WATR-JHB	1:07.29
23	Mülder, Eli-Ray	13	MDOL-JHB	1:07.38
24	Fernandes, David D	13	CA-EKU	1:07.43
25	Van Wyngaard, Rigter Z	13	TUKS-TSH	1:07.68
26	Van der Merwe, Morne F	13	DDA-TSH	1:07.69
27	Mushonga, Christian I	13	RIVO-JHB	1:07.95
28	Symms, Richard J	13	DORE-JHB	1:08.00
29	Sutherland, Luandre W	13	WATR-JHB	1:08.12
30	Plint, Connor J	13	MAKO-EKU	1:08.16
31	Plint, Matthew J	13	MAKO-EKU	1:08.44
32	Mudywiwa, Anashe	13	HRE	1:08.51
33	Taljaard, Adriaan	13	HARB-BPD	1:08.71
34	Glorioso, Zayne	13	CSA-EZD	1:08.88
35	McEwan, Nathan	13	AA-JHB	1:08.96
36	Clark, Logan	13	WATR-JHB	1:09.24
37	Sutherland, Ruben C	13	WATR-JHB	1:09.40
38	Lee, Tristan	13	PGAC-EKU	1:09.49
39	Webb, Mason M	13	DRGN-JHB	1:09.72
40	Le Roux, Marthinus H	13	TUKS-TSH	1:10.23
41	James, Deante	13	WATR-JHB	1:10.26
42	Lazaridis, Leo P	13	CA-EKU	1:11.36
43	Lategan, Wessel W	13	SWAR-WCD	1:11.58
44	Müller, Dawid H	13	TUKS-TSH	1:11.75
45	Olivier, Tiaan	13	TUKS-TSH	1:12.67
46	Ostoja, Frano M	13	CA-EKU	1:12.82
47	Chirwa, Boithato	13	WATR-JHB	1:12.86
48	Buys, Ruhan	13	TUKS-TSH	1:14.87
49	Naude, Liam A	13	CSC-TSH	1:15.60
50	Jarvis, Gabriel Paiva	13	ESA	1:17.02

#201 Boys 14 100 Meter Free

2016SA Age G: 52.91# 1998 Byron Jeffers

Name	Age	Team	Finals Time	
Finals				
1	Otto, Luca L	14	CSC-TSH	58.66
2	Smit, Christiaan	14	TUKS-TSH	59.61
3	Otto, Amir	14	ELEC-TSH	59.99
4	John, Joshua A	14	AA-JHB	1:00.98
5	Hu, Silas G	14	SWIMS-EKU	1:01.16
6	Vosloo, Matthys	14	DDA-TSH	1:01.37
7	Wood, Callum R	14	WATR-JHB	1:02.33
8	Luhabe, Fezile Z	14	CA-EKU	1:02.76
9	Vorster, Ewan	14	HPS-TSH	1:03.51
10	Mutooni, Leo K	14	ELEC-TSH	1:04.09

#201 Boys 14 100 Meter Free

2016SA Age G: 52.91# 1998 Byron Jeffers

Name	Age	Team	Prelim Time	
Preliminaries				
1	Otto, Luca L	14	CSC-TSH	59.84

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#201 Boys 14 100 Meter Free)

2	Smit, Christiaan	14	TUKS-TSH	59.99
3	Otto, Amir	14	ELEC-TSH	1:00.06
4	Hu, Silas G	14	SWIMS-EKU	1:01.37
5	Wood, Callum R	14	WATR-JHB	1:01.61
6	Vosloo, Matthys	14	DDA-TSH	1:01.85
7	John, Joshua A	14	AA-JHB	1:01.99
8	Luhabe, Fezile Z	14	CA-EKU	1:02.59
9	Mutooni, Leo K	14	ELEC-TSH	1:02.82
10	Vorster, Ewan	14	HPS-TSH	1:02.95
11	Le Roux, Juan	14	AWIN-TSH	1:02.96
12	Potgieter, Ruan P	14	CRSC-JHB	1:03.05
13	Smith, Isaiah S	14	MDOL-JHB	1:03.07
14	Kasselman, Juan	14	RBOT-BPD	1:03.32
15	Lipton, Emile	14	ELEC-TSH	1:03.33
16	Douglas, William M	14	CA-EKU	1:03.35
17	Kathena, Junior J	14	NSFED	1:03.36
18	Marais, Mason P	14	SS-MPD	1:03.37
19	Bostwick, Gavin S	14	TUKS-TSH	1:03.42
20	Mayhew, Franko	14	PAC-TSH	1:03.49
21	Morris, Jaydon	14	CA-EKU	1:03.61
22	Archer, Paul P	14	NSFED	1:03.67
23	Moller, Janco J	14	TASC-MPD	1:04.02
24	Nel, Zian	14	RBOT-BPD	1:04.23
25	Papadopoulos, Iliia N	14	UNI-U-EZD	1:04.42
26	Vermeulen, Joshua	14	MAKO-EKU	1:04.69
27	Montshiwa, Katlo L	14	DMSS	1:04.82
28	Mokoena, Bokamoso	14	FAC-EKU	1:05.09
29	Eldar, Eitan	14	TUKS-TSH	1:05.11
30	Abhai, Sameer	14	BAS-EKU	1:05.15
31	Wood, Xavier M	14	AA-JHB	1:05.44
32	Ferreira, Reid A	14	SOUL-EKU	1:05.45
33	van der Walt, Conrad	14	MDOL-JHB	1:05.58
34	Booyesen, James C	14	RFA-TSH	1:05.69
35	Pretorius, Hennie H	14	SWAR-WCD	1:06.04
36	Felton, Connor M	14	WATR-JHB	1:06.58
37	Van Buren, Kian S	14	RIVO-JHB	1:06.63
38	Wilkins, Max C	14	HPS-TSH	1:07.24
39	Van Breda, Jason	14	SOUL-EKU	1:07.56
40	Bayne, William T	14	DORE-JHB	1:08.06
41	Oosthuizen, Nathan	14	PGAC-EKU	1:08.86
42	Kendall, Thomas L	14	ESTR-EKU	1:14.73

#201 Men 15 100 Meter Free

2016SA Age G: 52.10# 2013 Kyle Van Niekerk at CGA

Name	Age	Team	Finals Time
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Finals

1	Els, Aiden	15	CSA-EZD	56.91
2	Allen, Zander K	15	BAS-EKU	57.26
3	Balt, Christiaan O	15	TUKS-TSH	57.68
4	De Villiers, Dawid	15	CSA-EZD	57.96
5	Buys, Stiaan	15	TUKS-TSH	58.03
6	Bloem, Reinhardt	15	TUKS-TSH	58.08
7	van der Westhuizen, Chri	15	NSFED	58.35
8	Van der Westhuizen, Jasp	15	CRSC-JHB	58.37
9	Chilisa, Jerone T	15	TUKS-TSH	1:00.11

10	Tredoux, Keegan C	15	NWUC-KKD	1:01.25
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#201 Men 15 100 Meter Free

2016SA Age G: 52.10# 2013 Kyle Van Niekerk at CGA

Name	Age	Team	Prelim Time
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Preliminaries

1	Els, Aiden	15	CSA-EZD	57.31
2	Balt, Christiaan O	15	TUKS-TSH	58.12
3	Allen, Zander K	15	BAS-EKU	58.18
4	Van der Westhuizen, Jasp	15	CRSC-JHB	58.24
5	Buys, Stiaan	15	TUKS-TSH	58.45
6	van der Westhuizen, Chri	15	NSFED	58.49
7	Bloem, Reinhardt	15	TUKS-TSH	58.57
8	De Villiers, Dawid	15	CSA-EZD	58.65
9	Chilisa, Jerone T	15	TUKS-TSH	59.77
10	Tredoux, Keegan C	15	NWUC-KKD	1:00.29

11	Coxon, Phoenix	15	CRSC-JHB	1:00.43
12	Kruger, Benje J	15	RFA-TSH	1:00.74

13	Lee, Nathan	15	RFA-TSH	1:00.88
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14	Nel, Christiaan	15	POTC-KKD	1:01.06
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15	Beling, Justin B	15	CA-EKU	1:01.32
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16	Breetzke, Luke B	15	SS-MPD	1:01.43
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17	Heyneke, Stephan S	15	TUKS-TSH	1:01.56
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18	Makurube, Bohlale	15	MATL-KKD	1:01.64
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19	Van Der Nest, Milan O	15	UNI-U-EZD	1:01.85
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20	Walters, Luke	15	VASA-EKU	1:01.90
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21	Ip, Julian	15	WATR-JHB	1:02.06
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22	De Milander, Evan	15	JAQ-EKU	1:02.21
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23	Bornman, Nathan J	15	TUKS-TSH	1:02.43
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*24	Hinchcliffe, Drew B	15	RIVO-JHB	1:02.45
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*24	De Sousa, Nicholas J	15	MDOL-JHB	1:02.45
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26	He, Henry	15	CA-EKU	1:02.49
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27	Govindasamy, Gerrard E	15	ELEC-TSH	1:02.67
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28	Moller, Stephan	15	TASC-MPD	1:02.68
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29	Bosman, Daniel	15	UNI-U-EZD	1:02.76
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30	Jansen van Vuuren, Conr	15	MAKO-EKU	1:03.00
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31	Von Brandis, Carl C	15	MDOL-JHB	1:03.33
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32	Venter, Adriaan	15	VRC-TSH	1:03.61
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33	Gauldie, Travis R	15	RFA-TSH	1:04.41
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34	Mmatli, Onthatile D	15	DRGN-JHB	1:04.64
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35	Rolfe, Taylor K	15	WATR-JHB	1:05.45
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36	Arvind, Milan D	15	CDTM	1:05.68
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37	O'Connor, Tristan P	15	AA-JHB	1:06.12
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38	Jacobs, Faez	15	TRAZ-TSH	1:08.85
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---	Sandilands, Matthew L	15	MDOL-JHB	DQ
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#201 Men 16 100 Meter Free

2016SA Age G: 51.01# 2015 ZANE WADDELL at SA L

Name	Age	Team	Finals Time
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Finals

1	Mellis, Dean T	16	TUKS-TSH	54.29
2	Vd Walt, Christiaan	16	TUKS-TSH	54.68
3	Bourbon, Noah	16	TUKS-TSH	56.92
4	Menete Junior, Lazaro H	16	CDTM	57.42
5	Pohl, MJ J	16	SS-MPD	57.49
6	Venter, Jayden	16	BEARS-TSH	57.63

7	Esterhuizen, Aidan	16	CSA-EZD	58.00
8	Brink, Robert	16	TRAZ-TSH	58.30
9	Van Der Westhuizen, Jam	16	STSC-KC	59.86
10	Wilkes, Kieran-Dante K	16	CA-EKU	1:00.17

#201 Men 16 100 Meter Free

2016SA Age G: 51.01# 2015 ZANE WADDELL at SA L

Name	Age	Team	Prelim Time
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Preliminaries

1	Mellis, Dean T	16	TUKS-TSH	55.21
2	Vd Walt, Christiaan	16	TUKS-TSH	55.67
3	Bourbon, Noah	16	TUKS-TSH	57.27
4	Venter, Jayden	16	BEARS-TSH	57.72
5	Pohl, MJ J	16	SS-MPD	57.76
6	Esterhuizen, Aidan	16	CSA-EZD	58.24
7	Menete Junior, Lazaro H	16	CDTM	58.60
8	Brink, Robert	16	TRAZ-TSH	58.86
9	Maphologela, Thabang T	16	DRGN-JHB	58.87
10	Van Der Westhuizen, Jam	16	STSC-KC	58.88

11	Cownie, Nicholas A	16	TUKS-TSH	58.93
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12	Natrass, Corin R	16	WATR-JHB	59.13
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13	Wilkes, Kieran-Dante K	16	CA-EKU	59.17
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14	Potgieter, Brendan	16	TUKS-TSH	59.31
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15	Kymdell, Ivan J	16	TUKS-TSH	59.70
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16	Lategan, Nicky N	16	SWAR-WCD	59.71
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17	Botha, Trevor J	16	SWIFT-EKU	59.79
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18	Clarke, Jonathan W	16	SOUL-EKU	59.88
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19	Botha, Joshua	16	PAC-TSH	1:00.17
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20	Williams, Trent J	16	SOUL-EKU	1:00.35
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21	du Toit, Liam F	16	VRC-TSH	1:00.79
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22	Gomes, Tiago J	16	TUKS-TSH	1:00.95
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23	Nel, Jano P	16	MAKO-EKU	1:00.97
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24	Neilson, Evan J	16	QUES-JHB	1:01.40
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25	Jacobs, Jossie J	16	MATL-KKD	1:01.51
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26	Solomons, Luke	16	QUES-JHB	1:01.79
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*27	Goondie, Asif	16	SUPE-JHB	1:01.82
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*27	Van den Bergh, Neil E	16	RBUR-BPD	1:01.82
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29	Lombard, Adriaan	16	TUKS-TSH	1:02.02
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30	Delpport, Jayden S	16	PGAC-EKU	1:02.08
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31	Greeve, Nicolas N	16	MATL-KKD	1:02.22
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32	Xie, Felix	16	ELEC-TSH	1:02.24
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33	Tesfay, Abi A	16	DDA-TSH	1:02.27
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34	Dowling, Landon G	16	CA-EKU	1:02.33
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35	Breet, Maynard C	16	CSA-EZD	1:02.36
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36	Otto, Luan	16	SWAR-WCD	1:03.26
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37	Taylor, Owen C	16	SOUL-EKU	1:03.95
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38	Abrahams, Cayden	16	DRGN-JHB	1:04.69
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39	Baker, Benjamin	16	CA-EKU	1:05.42
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40	Way, Tristan	16	ESA	1:05.53
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41	Wasley, Dario A	16	SS-MPD	1:06.89
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42	Holland-Muter, Jesse	16	SWAR-WCD	1:06.99
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43	Peer, Amr	16	BAS-EKU	1:07.59
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44	Tallarico, Marcello F	16	MAKO-EKU	1:08.90
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45	Ndjeke, Peter T	16	NSFED	1:09.48
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SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#202 Girls 13 100 Meter Free)

20	Chauke, Rhandzu X	13	DORE-JHB	1:14.11
21	Machill, Cayleigh J	13	BARA-EKU	1:14.70
22	Bhabha, Aisha	13	MDOL-JHB	1:14.81
23	Vermaak, Marizelle	13	HREF-BPD	1:15.97

#202 Girls 14 100 Meter Free

2016SA Age G: 58.02# 2013 Erin P. Gallagher at KZN

Name	Age	Team	Finals Time	
Finals				
1	Erasmus, Amelie	14	SOUL-EKU	1:04.43
2	Martin, Daniela S	14	TUKS-TSH	1:05.09
3	Lamprecht, Anika	14	VRC-TSH	1:05.47
4	Wilson, Keira	14	ELEC-TSH	1:05.52
5	Bezuidenhout, Martinet	14	TUKS-TSH	1:05.67
6	Da Silva, Abigail Z	14	TUKS-TSH	1:05.83
7	Oliphant, Chloe B	14	PAC-TSH	1:07.25
8	Sutherland, Hayleigh B	14	TUKS-TSH	1:07.39
9	De Lange, Roxy	14	PAC-TSH	1:07.52
10	Lloyd-Swanepoel, Ella	14	MAKO-EKU	1:08.60

#202 Girls 14 100 Meter Free

2016SA Age G: 58.02# 2013 Erin P. Gallagher at KZN

Name	Age	Team	Prelim Time	
Preliminaries				
1	Martin, Daniela S	14	TUKS-TSH	1:04.27
2	Erasmus, Amelie	14	SOUL-EKU	1:04.67
3	Lamprecht, Anika	14	VRC-TSH	1:05.65
4	Da Silva, Abigail Z	14	TUKS-TSH	1:05.85
5	Bezuidenhout, Martinet	14	TUKS-TSH	1:06.21
6	Lloyd-Swanepoel, Ella	14	MAKO-EKU	1:06.55
7	De Lange, Roxy	14	PAC-TSH	1:06.60
8	Wilson, Keira	14	ELEC-TSH	1:06.71
9	Sutherland, Hayleigh B	14	TUKS-TSH	1:06.77
10	Oliphant, Chloe B	14	PAC-TSH	1:06.81
11	Roos, Kristen P	14	TRAZ-TSH	1:06.88
12	Redfern, Isabella M	14	CRSC-JHB	1:06.91
13	Kalpage, Kiana T	14	VASA-EKU	1:07.13
14	Pienaar, Mia	14	CA-EKU	1:07.39
15	Cownie, Isabella E	14	TUKS-TSH	1:07.50
16	Wright, Hannah C	14	CA-EKU	1:07.75
17	Wood, Jessica	14	CA-EKU	1:07.83
18	Cronje, Jaimee E	14	COMS-TSH	1:07.85
19	de Jager, Leah	14	CRSC-JHB	1:08.07
20	McNamara, Scarlett	14	NSFED	1:08.74
21	Weber, Abigail M	14	DRGN-JHB	1:08.77
22	Maja, Kat M	14	TRAZ-TSH	1:08.85
23	Jackson, Victoria J	14	SOUL-EKU	1:09.01
24	Els, Megan A	14	BAS-EKU	1:09.42
25	Maseru, Hope	14	DMSS	1:09.74
26	Stewart, Leah	14	TASC-MPD	1:09.84
27	Goosen, Rachele	14	UNI-U-EZD	1:10.13
28	Labuschagne, Layla	14	PAC-TSH	1:10.35
29	Ward, Anelle	14	TUKS-TSH	1:10.47
30	Ackerman, Emily K	14	QUES-JHB	1:10.78
31	Alton, Madison R	14	RFA-TSH	1:11.47

32	Maruping, Bokkie M	14	LINR-JHB	1:12.07
33	Munyoro, Melanie M	14	WATR-JHB	1:12.58
34	Kavanagh, Trinity	14	TCA-EKU	1:12.73
35	Costa, Charlotte S	14	MDOL-JHB	1:13.25
36	Engelbrecht, Alexi	14	PAC-TSH	1:14.35
37	Barnard, Lyla	14	RFA-TSH	1:15.09

#202 Women 15 100 Meter Free

2016SA Age G: 55.86# 2014 Erin P. Gallagher at Con

Name	Age	Team	Finals Time	
Finals				
1	Billett, Kristen	15	ELEC-TSH	1:02.66
2	Henning, Ella-Mae	15	VRC-TSH	1:03.80
3	Watson, Emily R	15	ELEC-TSH	1:05.02
4	Evans, Lillie P	15	RACE-JHB	1:05.91
5	Barreiros, Maria A	15	ELEC-TSH	1:06.03
6	Knight, Caitlin A	15	WATR-JHB	1:06.22
7	Oosthuizen, Amore	15	CSA-EZD	1:07.46
8	Matthysen, Jessica	15	CSA-EZD	1:07.67
9	Lamprecht, Jhuliana	15	CA-EKU	1:07.68
10	Kruger, Katelyn	15	MDOL-JHB	1:07.72

#202 Women 15 100 Meter Free

2016SA Age G: 55.86# 2014 Erin P. Gallagher at Con

Name	Age	Team	Prelim Time	
Preliminaries				
1	Henning, Ella-Mae	15	VRC-TSH	1:04.30
2	Billett, Kristen	15	ELEC-TSH	1:04.46
3	Watson, Emily R	15	ELEC-TSH	1:04.59
4	Kruger, Katelyn	15	MDOL-JHB	1:04.65
5	Evans, Lillie P	15	RACE-JHB	1:06.08
6	Knight, Caitlin A	15	WATR-JHB	1:06.43
7	Lamprecht, Jhuliana	15	CA-EKU	1:06.83
8	Barreiros, Maria A	15	ELEC-TSH	1:06.90
9	Matthysen, Jessica	15	CSA-EZD	1:07.07
10	Oosthuizen, Amore	15	CSA-EZD	1:07.09

#202 Women 15 100 Meter Free

2016SA Age G: 55.86# 2014 Erin P. Gallagher at Con

Name	Age	Team	Finals Time	
11	Mayhew, Megan A	15	WATR-JHB	1:07.13
12	Venter, Lizelle	15	TUKS-TSH	1:07.43
13	Gallant Da Silva, Emma L	15	MDOL-JHB	1:07.96
14	Alala, Marion J	15	TUKS-TSH	1:08.32
15	Slabbert, Anna-Bella	15	TUKS-TSH	1:08.61
16	Scheepers, Janneke	15	SGUL-ETH	1:08.97
17	Xaba, Kapitolina O	15	SASE-JHB	1:09.03
18	de Sa, Tegan S	15	PAC-TSH	1:09.20
*19	Van den Berg, Therese	15	CRSC-JHB	1:09.33
*19	Mans, Kristen	15	TUKS-TSH	1:09.33
21	Palmer, Keira L	15	CRSC-JHB	1:09.40
22	Lamprecht, Macayla A	15	CA-EKU	1:09.63
23	Nolan, Emma M	15	MDOL-JHB	1:10.19
24	Jv Rensburg, Anchen	15	TUKS-TSH	1:10.22
25	Cockeran, Marguerite L	15	DRGN-JHB	1:10.77
26	Huang, Elin	15	PAC-TSH	1:10.99
27	Engelbrecht, Dedre	15	RBOT-BPD	1:11.06
28	Bulhakova, Victoria	15	SWIFT-EKU	1:11.09
29	Rossouw, Lechelle	15	TUKS-TSH	1:12.24
30	September, Isabella J	15	TUKS-TSH	1:13.42
31	Bosch, Una	15	PAC-TSH	1:15.65

32	Johst, Mikaela	15	ELEC-TSH	1:15.72
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#202 Women 16 100 Meter Free

2016SA Age G: 55.61# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Finals Time	
Finals				
1	Upton, Odette	16	TKS-WBD	1:03.31
2	Vd Walt, Inge	16	DDA-TSH	1:03.59
3	De Souza, Mila	16	EXP-TSH	1:04.52
4	Doolan, Addison J	16	WATR-JHB	1:04.82
5	Ferreira, Milan	16	TASC-MPD	1:04.84
6	Jansen, Megan M	16	UNI-U-EZD	1:05.75
7	Kulynych, Abbigail	16	CA-EKU	1:07.15
8	Bouwer, Larissa	16	DORE-JHB	1:07.62
9	Pretorius, Lenè L	16	TUKS-TSH	1:08.24
10	Mashingaidze, Shalem	16	WATR-JHB	1:08.46

#202 Women 16 100 Meter Free

2016SA Age G: 55.61# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Prelim Time	
Preliminaries				
1	Upton, Odette	16	TKS-WBD	1:03.69
2	Vd Walt, Inge	16	DDA-TSH	1:04.10
3	De Souza, Mila	16	EXP-TSH	1:04.27
4	Ferreira, Milan	16	TASC-MPD	1:05.30
5	Doolan, Addison J	16	WATR-JHB	1:05.42
6	Mashingaidze, Shalem	16	WATR-JHB	1:06.20
7	Jansen, Megan M	16	UNI-U-EZD	1:06.35
8	Pretorius, Lenè L	16	TUKS-TSH	1:06.73
9	Bouwer, Larissa	16	DORE-JHB	1:07.97
10	Kulynych, Abbigail	16	CA-EKU	1:08.21
11	Masemola, Lethabo B	16	ELEC-TSH	1:08.88
12	Carver, Nicola S	16	ELEC-TSH	1:09.38
13	Smit, Leila	16	TUKS-TSH	1:10.27
14	Martins, Keira	16	H2O-EKU	1:13.84

#203 Men 15-99 200 Meter IM Multi-Class Multi Clas

2016SA Age G: 55.61# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Finals Time	
Finals				
---	Jordaan, Leonardo C SM1	16	MPAR-JHB	DQ
Arms not brought forward simultaneously over the water				

#203 Men 15-99 200 Meter IM Multi-Class Multi Clas

2016SA Age G: 55.61# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Prelim Time	
Preliminaries				
1	Jordaan, Leonardo C SM1	16	MPAR-JHB	3:27.70

#205 Boys 11&U 100 Meter Breast

2016SA Age G: 55.61# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Finals Time	
Finals				
1	Letsoalo, Thabang M	11	BAS-EKU	1:24.47
2	van Niekerk, Wian W	11	TRAZ-TSH	1:25.67
3	Pieters, Cayden R	11	SWAR-WCD	1:28.63
4	Felton, Adam M	11	WATR-JHB	1:28.87
5	Maatouk, Jawad	11	SASE-JHB	1:28.92
6	Zondo, Nkosana K	11	CA-EKU	1:31.56
7	Nunes, Joao	10	ESA	1:31.97

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Finals ... (#205 Boys 11&U 100 Meter Breast)

8	Groenewald, Liam D	11	RFA-TSH	1:32.02
9	Masiu, Tiisetso K	11	CA-EKU	1:33.92
10	Thirion, Zandro	11	NSFED	1:35.94

#205 Boys 11&U 100 Meter Breast

Name	Age	Team	Prelim Time
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Preliminaries

1	Letsoalo, Thabang M	11	BAS-EKU	1:27.03
2	van Niekerk, Wian W	11	TRAZ-TSH	1:27.47
3	Pieters, Cayden R	11	SWAR-WCD	1:28.96
4	Felton, Adam M	11	WATR-JHB	1:31.01
5	Zondo, Nkosana K	11	CA-EKU	1:31.40
6	Maatouk, Jawad	11	SASE-JHB	1:31.84
7	Groenewald, Liam D	11	RFA-TSH	1:32.67
8	Thirion, Zandro	11	NSFED	1:33.60
9	Masiu, Tiisetso K	11	CA-EKU	1:33.71
10	Nunes, Joao	10	ESA	1:34.46
11	Van Der Merwe, Xander	11	HARB-BPD	1:35.38
12	Rijnen, Owen	11	NSFED	1:35.60
13	Petersen, Eli	11	BASA	1:35.91
14	Vlok, Rijnhardt A	11	LINR-JHB	1:36.27
15	Liebenberg, Jacques P	11	SS-MPD	1:37.01
16	Raffle, Liam	11	CA-EKU	1:37.07
17	Dreyer, Lauritz	11	TUKS-TSH	1:39.15
18	Xavier, Travis	11	ELEC-TSH	1:39.23
19	Huisamen, Luan	11	STAR-BPD	1:39.89
20	Lin, Yuchen	10	NSFED	1:40.28
21	Huang, Guoxuan	10	NSFED	1:40.48
22	Pretorius, Luke	11	SOUL-EKU	1:41.33
23	Markgraaff, Dean R	11	TUKS-TSH	1:41.67
24	Mattheus, Carter	11	PER-JHB	1:42.03
25	Coleman, Ian A	11	LINR-JHB	1:42.21
26	Adams, Avery	10	PAC-TSH	1:42.57
27	North, Jayce J	11	WATR-JHB	1:42.80
28	Du Plessis, Lihan	11	HARB-BPD	1:42.97
29	Sieberhagen, Dewet M	11	AWIN-TSH	1:43.05
30	Kelsey, Jayden	11	ACAQ-CCD	1:43.68
31	Graaff, Juanlu C	11	COMS-TSH	1:43.79
32	Manowe, Leano-Laone	11	DMSS	1:44.53
33	Mayabane, Fezibunye	11	ESA	1:44.57
34	van der Merwe, Liam	11	ESP-EKU	1:44.59
35	Roos, Callum D	11	TRAZ-TSH	1:44.69
36	Vd Westhuizen, Nathan	10	TUKS-TSH	1:44.96
37	Van der Merwe, Aiden	11	EXP-TSH	1:45.75
38	Koekemoer, Ryan J	11	DRGN-JHB	1:45.78
39	Loubser, Dreyer D	11	CSC-TSH	1:46.05
40	Otto, Llewellyn	11	CSC-TSH	1:46.83
41	Swartz, Mauritz M	9	SGUL-ETH	1:47.79
42	Minnie, Milano F	11	PGAC-EKU	1:50.98
43	Roux, Keanu	11	NSFED	1:55.45
44	Keun, Retief	10	HARB-BPD	1:57.09

#205 Boys 12 100 Meter Breast

2016SA Age G: 1:10.71# 2013 Cameron K. Matthews a

Name	Age	Team	Finals Time
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Finals

1	Pocock, Benjamin R	12	ELEC-TSH	1:22.58
2	Quagraine, Ekow A	12	CA-EKU	1:27.04
3	Muchengi, Nathaniel	12	HRE	1:27.45
4	Frewen, Aaron D	12	RIVO-JHB	1:27.96
5	Luhabe, Bandile L	12	CA-EKU	1:28.32
6	Gichari, Keita K	12	SHAQC-ZZ	1:28.36
7	Luz, Levi S	12	SOUL-EKU	1:28.72
8	Nell, Matteo	12	CRSC-JHB	1:29.61
9	Köpplinger, Axel F	12	TUKS-TSH	1:31.88
10	Hood, Kaylin C	12	MAKO-EKU	1:31.90

#205 Boys 12 100 Meter Breast

2016SA Age G: 1:10.71# 2013 Cameron K. Matthews a

Name	Age	Team	Prelim Time
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Preliminaries

1	Pocock, Benjamin R	12	ELEC-TSH	1:23.77
2	Muchengi, Nathaniel	12	HRE	1:28.68
*3	Quagraine, Ekow A	12	CA-EKU	1:29.50
*3	Gichari, Keita K	12	SHAQC-ZZ	1:29.50
5	Frewen, Aaron D	12	RIVO-JHB	1:29.60
6	Luz, Levi S	12	SOUL-EKU	1:29.95
7	Luhabe, Bandile L	12	CA-EKU	1:30.19
8	Nell, Matteo	12	CRSC-JHB	1:31.02
9	Van Schalkwyk, Joshua J	12	TUKS-TSH	1:31.65
10	Hood, Kaylin C	12	MAKO-EKU	1:32.51
11	Alley, Luke	12	ELEC-TSH	1:32.72
12	Köpplinger, Axel F	12	TUKS-TSH	1:32.87
13	Bowl, Dominic	12	HRE	1:32.93
14	Venter, Xander	12	RIVO-JHB	1:33.30
15	van Zyl, Matheo	12	CA-EKU	1:33.35
16	Wilkins, Brody B	12	RACE-JHB	1:33.55
*17	Pocock, Alex	12	ELEC-TSH	1:33.99
*17	Ellis, Joseph G	12	MDOL-JHB	1:33.99
19	Wheeler, Jaxon	12	MDOL-JHB	1:34.17
20	Dippenaar Safi, Ethan C	12	BARA-EKU	1:34.76
21	Barbosa, Tsailin	12	ESA	1:34.98
22	Badsha-Eybers, Riley M	12	CRSC-JHB	1:35.27
23	Swartz, Caleb	12	NSFED	1:35.98
24	Fitzjohn, Benjamin	12	TUKS-TSH	1:36.01
25	Smith, Owen C	12	WATR-JHB	1:36.17
26	Koller, Zac O	12	SASE-JHB	1:36.52
27	Yaldwyn, Liam	12	SASE-JHB	1:36.96
28	Papazian, Alexander	12	SASE-JHB	1:37.35
29	Jv Rensburg, Ben B	12	TUKS-TSH	1:37.43
30	Shongwe, Sivikelwe J	12	ESA	1:38.16
31	Evans, Daniel-Louis	12	HREF-BPD	1:39.07
32	Musoni, Takundzwa	12	HRE	1:39.67
33	De Angelis, Luca C	12	VASA-EKU	1:40.12
34	Nemvumoni, Ntsako C	12	WATR-JHB	1:41.09
35	De Milander, Zian	12	JAQ-EKU	1:42.39
36	Venter, Jean	12	PAC-TSH	1:46.12
37	Klukowski, Joshua R	12	NSFED	1:46.58

38	Shoko, Mukundi	12	HRE	1:48.81
39	Snyman, Kaiden	12	SGUL-ETH	1:53.56

#205 Boys 13 100 Meter Breast

2016SA Age G: 1:07.79# 2014 Cameron K. Matthews a

Name	Age	Team	Finals Time
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Finals

1	Jahnel, Garrick M	13	SOUL-EKU	1:20.14
2	Mülder, Eli-Ray	13	MDOL-JHB	1:20.91
3	Chanakira, Blessmore	13	HRE	1:23.07
4	Le Roux, Marthinus H	13	TUKS-TSH	1:23.19
5	Schalekamp, Anru	13	TASC-MPD	1:23.20
6	Steenkamp, MJ J	13	WATR-JHB	1:23.40
7	De Amorim, Connor M	13	PER-JHB	1:23.75
8	Mushonga, Christian I	13	RIVO-JHB	1:24.09
9	Dukoff - Gordon, Kyle	13	CA-EKU	1:24.25
---	Kyster, Daylen R	13	MAKO-EKU	DQ

Head did not break the surface before hands turned in a

#205 Boys 13 100 Meter Breast

2016SA Age G: 1:07.79# 2014 Cameron K. Matthews a

Name	Age	Team	Prelim Time
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Preliminaries

1	Mülder, Eli-Ray	13	MDOL-JHB	1:21.81
2	Jahnel, Garrick M	13	SOUL-EKU	1:22.15
3	Le Roux, Marthinus H	13	TUKS-TSH	1:23.45
4	De Amorim, Connor M	13	PER-JHB	1:23.84
5	Mushonga, Christian I	13	RIVO-JHB	1:24.21
6	Schalekamp, Anru	13	TASC-MPD	1:24.71
7	Kyster, Daylen R	13	MAKO-EKU	1:25.25
8	Steenkamp, MJ J	13	WATR-JHB	1:25.38
9	Dukoff - Gordon, Kyle	13	CA-EKU	1:25.48
10	Chanakira, Blessmore	13	HRE	1:25.66
11	Heide, Damon	13	H2O-EKU	1:25.68
12	Vorster, Weirich	13	SS-MPD	1:25.93
13	Chirwa, Boithato	13	WATR-JHB	1:26.19
14	Raymond, Mmoloki J	13	DMSS	1:26.33
15	Lazaridis, Leo P	13	CA-EKU	1:27.95
16	Clark, Logan	13	WATR-JHB	1:28.01
17	Kalvachev, Niki P	13	WATR-JHB	1:28.04
18	Symms, Richard J	13	DORE-JHB	1:28.32
19	Jjuko, Matthew M	13	GAC	1:28.71
20	Houghton, Ronin D	13	SOUL-EKU	1:28.98
21	Webb, Mason M	13	DRGN-JHB	1:30.08
22	Basto, Goncalo M	13	CDTM	1:30.27
23	Taljaard, Adriaan	13	HARB-BPD	1:31.65
24	Naude, Liam A	13	CSC-TSH	1:31.71
25	Van der Merwe, Morne F	13	DDA-TSH	1:31.74
26	Lee, Tristan	13	PGAC-EKU	1:31.84
27	Lategan, Wessel W	13	SWAR-WCD	1:32.01
28	Mudyiwa, Anashe	13	HRE	1:32.25
29	Kopczynski, Vlad R	13	RFA-TSH	1:32.51
30	Buys, Ruhan	13	TUKS-TSH	1:32.53
31	McEwan, Nathan	13	AA-JHB	1:32.81
32	Olivier, Tiaan	13	TUKS-TSH	1:33.07
33	Jarvis, Gabriel Paiva	13	ESA	1:33.72
34	Masanganise, Edward	13	BASA	1:36.71

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#205 Boys 13 100 Meter Breast)			
35	Ostojja, Frano M	13	CA-EKU 1:38.71
---	Van Wyngaard, Rigter Z	13	TUKS-TSH DQ

Leg Movements not simultaneous or in the same horizon

#205 Boys 14 100 Meter Breast

2016SA Age G: 1:06.92# 2015 Joshua Hamilton at FSA

Name	Age	Team	Finals Time
1	Garrett, Blake	14	TRAZ-TSH 1:15.92
2	Van Breda, Jason	14	SOUL-EKU 1:16.17
3	Potgieter, Ruan P	14	CRSC-JHB 1:16.49
4	Moller, Janco J	14	TASC-MPD 1:18.74
5	Letsoalo, Tetelo C	14	BAS-EKU 1:19.75
6	Felton, Connor M	14	WATR-JHB 1:19.86
7	Otto, Luca L	14	CSC-TSH 1:22.06
8	Vorster, Ewan	14	HPS-TSH 1:22.62
9	John, Joshua A	14	AA-JHB 1:24.39
10	Weber, Alexander R	14	DRGN-JHB 1:24.46

#205 Boys 14 100 Meter Breast

2016SA Age G: 1:06.92# 2015 Joshua Hamilton at FSA

Name	Age	Team	Prelim Time
1	Potgieter, Ruan P	14	CRSC-JHB 1:17.02
2	Van Breda, Jason	14	SOUL-EKU 1:17.69
3	Garrett, Blake	14	TRAZ-TSH 1:18.37
*4	Moller, Janco J	14	TASC-MPD 1:19.40
*4	Letsoalo, Tetelo C	14	BAS-EKU 1:19.40
6	Otto, Luca L	14	CSC-TSH 1:19.92
7	Felton, Connor M	14	WATR-JHB 1:22.26
8	Weber, Alexander R	14	DRGN-JHB 1:22.59
9	Vorster, Ewan	14	HPS-TSH 1:22.83
10	John, Joshua A	14	AA-JHB 1:23.67
11	Marais, Mason P	14	SS-MPD 1:23.70
12	Papadopoulos, Ilia N	14	UNI-U-EZD 1:23.70

13	Le Roux, Juan	14	AWIN-TSH 1:24.46
14	Tomlinson, Andrew J	14	HPS-TSH 1:24.54
15	Abhai, Sameer	14	BAS-EKU 1:25.59
16	van der Walt, Conrad	14	MDOL-JHB 1:26.03
17	Vermeulen, Joshua	14	MAKO-EKU 1:26.16
18	Kendall, Thomas L	14	ESTR-EKU 1:26.54
19	Montshiwa, Katlo L	14	DMSS 1:26.60
20	Kathena, Junior J	14	NSFED 1:30.72
21	Pretorius, Hennie H	14	SWAR-WCD 1:30.93

#205 Men 15 100 Meter Breast

2016SA Age G: 1:03.98# 2016 Michael J Houlie-Grand

Name	Age	Team	Finals Time
1	Clancy, Cayden	15	DRGN-JHB 1:13.28
2	Schoeman, Sabby A	15	PAC-TSH 1:13.68
3	Venter, Adriaan	15	VRC-TSH 1:15.19
4	Walters, Luke	15	VASA-EKU 1:15.42
5	Tredoux, Keegan C	15	NWUC-KKD 1:15.55
6	Govindasamy, Gerrard E	15	ELEC-TSH 1:18.18

7	Bornman, Nathan J	15	TUKS-TSH 1:19.27
8	Bezuidenhout, Joha J	15	CSC-TSH 1:19.58
9	Struwig, Sebastiaan	15	TUKS-TSH 1:20.27
---	Van der Westhuizen, Jasp	15	CRSC-JHB DQ

Executed more than one butterfly kick at the start or turn

#205 Men 15 100 Meter Breast

2016SA Age G: 1:03.98# 2016 Michael J Houlie-Grand

Name	Age	Team	Prelim Time
1	Schoeman, Sabby A	15	PAC-TSH 1:12.99
2	Clancy, Cayden	15	DRGN-JHB 1:14.87
3	Van der Westhuizen, Jasp	15	CRSC-JHB 1:15.83
4	Walters, Luke	15	VASA-EKU 1:16.27
5	Venter, Adriaan	15	VRC-TSH 1:16.49
6	Tredoux, Keegan C	15	NWUC-KKD 1:16.91
7	Govindasamy, Gerrard E	15	ELEC-TSH 1:16.96
8	Muller, Blake M	15	DRGN-JHB 1:18.17
9	Struwig, Sebastiaan	15	TUKS-TSH 1:18.45
10	Bezuidenhout, Joha J	15	CSC-TSH 1:18.95
11	Bornman, Nathan J	15	TUKS-TSH 1:19.89
12	Chetty, Viknesh	15	PER-JHB 1:19.99
13	De Villiers, Dawid	15	CSA-EZD 1:20.04
14	Van Der Nest, Milan O	15	UNI-U-EZD 1:20.80
15	Jacobs, Faez	15	TRAZ-TSH 1:23.10
16	Sandilands, Matthew L	15	MDOL-JHB 1:23.62
17	Lee, Nathan	15	RFA-TSH 1:23.63
18	Jansen van Vuuren, Conrad	15	MAKO-EKU 1:23.90
19	Von Brandis, Carl C	15	MDOL-JHB 1:24.49
20	Nthomiwa, Wapego	15	PRSC 1:24.81
21	Swartz, Samuel	15	NSFED 1:24.86
22	De Milander, Evan	15	JAQ-EKU 1:25.61
23	Breetzke, Luke B	15	SS-MPD 1:27.04
24	Mmatli, Onthatile D	15	DRGN-JHB 1:29.08
25	He, Henry	15	CA-EKU 1:32.09

#205 Men 16 100 Meter Breast

2016SA Age G: 1:03.07# 2013 Jarred C. Crous at Sa Na

Name	Age	Team	Finals Time
1	Cownie, Nicholas A	16	TUKS-TSH 1:12.76
2	du Toit, Liam F	16	VRC-TSH 1:14.13
3	Wasley, Dario A	16	SS-MPD 1:14.37
4	Way, Tristan	16	ESA 1:16.33
5	Tallarico, Marcello F	16	MAKO-EKU 1:18.17
6	Bukes, Xander	16	RFA-TSH 1:18.40
7	Natgrass, Corin R	16	WATR-JHB 1:18.61
8	Lepron, Yann	16	SASE-JHB 1:19.12
9	Abrahams, Cayden	16	DRGN-JHB 1:19.93
10	Botha, Trevor J	16	SWIFT-EKU 1:21.18

#205 Men 16 100 Meter Breast

2016SA Age G: 1:03.07# 2013 Jarred C. Crous at Sa Na

Name	Age	Team	Prelim Time
1	Cownie, Nicholas A	16	TUKS-TSH 1:13.79
2	du Toit, Liam F	16	VRC-TSH 1:14.74

Executed more than one butterfly kick at the start or turn

3	Wasley, Dario A	16	SS-MPD 1:16.77
4	Lepron, Yann	16	SASE-JHB 1:17.92
5	Way, Tristan	16	ESA 1:18.18
6	Bukes, Xander	16	RFA-TSH 1:18.22
7	Botha, Trevor J	16	SWIFT-EKU 1:18.88
8	Natgrass, Corin R	16	WATR-JHB 1:19.32
9	Tallarico, Marcello F	16	MAKO-EKU 1:19.61
10	Abrahams, Cayden	16	DRGN-JHB 1:19.66
11	Williams, Trent J	16	SOUL-EKU 1:19.79
12	Wilkes, Kieran-Dante K	16	CA-EKU 1:19.94
13	Van den Bergh, Neil E	16	RBUR-BPD 1:20.17
14	Jacobs, Jossie J	16	MATL-KKD 1:20.21
15	Taylor, Owen C	16	SOUL-EKU 1:20.23
16	Pohl, MJ J	16	SS-MPD 1:20.32
17	Potgieter, Brendan	16	TUKS-TSH 1:21.17
18	Goondie, Asif	16	SUPE-JHB 1:21.48
19	Dowling, Landon G	16	CA-EKU 1:23.73
20	Ndjeke, Peter T	16	NSFED 1:25.41

#206 Girls 11&U 100 Meter Breast

2016SA Age G: 1:25.03# 2011 Mia Oosthuizen at FSA

Name	Age	Team	Finals Time
1	Oosthuizen, Mia	11	PAC-TSH 1:25.03
2	Sibanda, Monalisa	11	BASA 1:28.54
3	Du Plessis, Dominique	11	TRAZ-TSH 1:29.78
4	Rall, Gabriella	11	FAC-EKU 1:31.25
5	Nel, Kari	11	TUKS-TSH 1:31.55
6	Phillips, Daniella L	11	DORE-JHB 1:32.53
7	Janse van Rensburg, Noa	11	TCA-EKU 1:33.21
8	Van Breda, Paige	11	TCA-EKU 1:35.14
9	Thomba, Lame	11	DMSS 1:36.49
---	Claassen, Emma-lee	11	TKS-WBD DQ

#206 Girls 11&U 100 Meter Breast

2016SA Age G: 1:25.03# 2011 Mia Oosthuizen at FSA

Name	Age	Team	Prelim Time
1	Oosthuizen, Mia	11	PAC-TSH 1:27.62
2	Sibanda, Monalisa	11	BASA 1:28.03
3	Du Plessis, Dominique	11	TRAZ-TSH 1:29.82
4	Nel, Kari	11	TUKS-TSH 1:30.43
5	Rall, Gabriella	11	FAC-EKU 1:30.45
6	Claassen, Emma-lee	11	TKS-WBD 1:30.97
7	Phillips, Daniella L	11	DORE-JHB 1:31.99
8	Janse van Rensburg, Noa	11	TCA-EKU 1:32.01
9	Thomba, Lame	11	DMSS 1:33.90
10	Van Breda, Paige	11	TCA-EKU 1:34.09

11	Smit, Avah	11	TKS-WBD 1:34.35
12	Labuscagne, Phelan	11	CRSC-JHB 1:35.23
13	Dewey, Harper S	11	PER-JHB 1:36.06
14	Viviers, Alana	11	LINR-JHB 1:36.24
15	Tonkinson, Mia	11	SOUL-EKU 1:37.27
16	Tschofen, Arabella S	11	AA-JHB 1:37.80
17	De Souza, Peta	11	EXP-TSH 1:38.03
18	Gewer, Amber	11	MDOL-JHB 1:38.65
19	Cox, Emma A	10	TUKS-TSH 1:39.15

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#206 Girls 11&U 100 Meter Breast)

20	Madondo, Sabrina M	11	AAS-JHB	1:39.24
21	Markgraaff, Kelsey	11	TUKS-TSH	1:39.35
22	Adelaine, Kenzie	11	AA-JHB	1:39.41
23	Myburgh, Lienke	11	CSA-EZD	1:39.61
24	Burger, Marguerite	11	SWAR-WCD	1:39.65
25	Wakonyo, Talia W	11	SHAQC-ZZ	1:40.02
26	Lingerfelder, Elle A	11	AA-JHB	1:40.24
*27	Kirstein, Mine'	11	PAC-TSH	1:41.41
*27	Erni, Nele M	9	NSFED	1:41.41
29	Myeni, Ivile	11	ESA	1:42.71
30	Bruwer, Leané	11	SWAR-WCD	1:43.18
31	Oswald, Psalm M	11	ESP-EKU	1:44.39
32	Chirairo, Danaishe	11	HRE	1:45.18
33	Cronje, Kayline	11	JAQ-EKU	1:46.56
34	Majoni, Joana	11	BASA	1:47.32
35	Kenosi, Zhaoying	11	DMSS	1:49.51
36	Williams, Liya	11	NSFED	1:49.85
37	Qiu, Muyan	10	HRE	1:50.03
38	Husselmann, Sophia	10	NSFED	1:54.60
---	Noble, Holly	11	ESP-EKU	DQ

Executed more than one butterfly kick at the start or turn

#206 Girls 12 100 Meter Breast

2016SA Age G: 1:11.66# 2008 Jessica Liss at Samsung

Name	Age	Team	Finals Time	
Finals				
1	Stoltz, Makayla E	12	PER-JHB	1:26.11
2	Liebenberg, Leandi	12	SS-MPD	1:26.18
3	Botha, Annebelle	12	PER-JHB	1:27.46
4	Mnangagwa, Bethany	12	HRE	1:28.74
5	Dornon, Elizabeth E	12	VASA-EKU	1:29.88
6	Prinsloo, Miané	12	ACAQ-CCD	1:31.49
7	Sam, Rebecca S	12	HPS-TSH	1:32.67
8	Chiang, Sophie	12	WATR-JHB	1:32.86
9	Dandoulakis, Alexi	12	CA-EKU	1:33.65
10	Knight, Isabella M	12	WATR-JHB	1:33.94

#206 Girls 12 100 Meter Breast

2016SA Age G: 1:11.66# 2008 Jessica Liss at Samsung

Name	Age	Team	Prelim Time	
Preliminaries				
1	Stoltz, Makayla E	12	PER-JHB	1:27.28
2	Botha, Annebelle	12	PER-JHB	1:27.62
3	Liebenberg, Leandi	12	SS-MPD	1:29.92
4	Knight, Isabella M	12	WATR-JHB	1:31.45
5	Dornon, Elizabeth E	12	VASA-EKU	1:31.66
6	Prinsloo, Miané	12	ACAQ-CCD	1:32.28
7	Sam, Rebecca S	12	HPS-TSH	1:32.50
8	Dandoulakis, Alexi	12	CA-EKU	1:33.01
9	Mnangagwa, Bethany	12	HRE	1:33.79
10	Chiang, Sophie	12	WATR-JHB	1:33.91
11	Shelton, Kyleigh A	12	ESTR-EKU	1:34.26
12	Janse van Rensburg, Zanc	12	NWUC-KKD	1:34.36
13	Swart, Milla	12	OLDE-JHB	1:34.54
14	Timveos, Antonia	12	BASA	1:35.15

15	De Bruin, Charné	12	TUKS-TSH	1:35.71
16	Devaprakash, Diya S	12	DMSS	1:35.89
17	Shaetonhodi, Larissa	12	NSFED	1:36.05
18	Mpuchane, Laya S	12	DMSS	1:36.55
19	Smit, Anzel	12	EXP-TSH	1:36.92
20	Ndlovu, Marang L	12	MDOL-JHB	1:36.96
21	Zoutendyk, Simi	12	RBOT-BPD	1:37.61
22	Adelaine, Jorja	12	AA-JHB	1:38.63
23	De Oliveira, Kyra J	12	WATR-JHB	1:39.41
24	Engelbrecht, Livi	12	PAC-TSH	1:40.35
25	Steinbach, Mieke	12	NWUC-KKD	1:40.36
26	Stoffberg, Alexis	12	NSFED	1:40.37
27	Short, Kyla J	12	MDOL-JHB	1:44.66
28	Roets, Emma	12	TUKS-TSH	1:45.01
29	Venter, Mia	12	AWIN-TSH	1:45.05
30	Scott, Gabriella	12	TUKS-TSH	1:45.26
31	Venter, Bella	12	VRC-TSH	1:46.09
32	Makhatho, Tiisetso	12	ESP-EKU	1:48.92

#206 Girls 13 100 Meter Breast

2016SA Age G: 1:11.92# 2009 Jessica S. Liss at Telkom

Name	Age	Team	Finals Time	
Finals				
1	Oosthuizen, Mieke	13	HPS-TSH	1:24.57
2	Vreenegoer, Isabella	13	CRSC-JHB	1:25.75
3	Morel, Mattae F	13	CA-EKU	1:26.83
4	Stedall, Gia	13	PAC-TSH	1:26.94
5	Syrett, Sienna	13	QUES-JHB	1:29.43
6	Schutze-Langston, Paige	13	MDOL-JHB	1:30.44
7	McDowell, Caitlin L	13	ESP-EKU	1:31.50
8	Van Heerden, Mikaela	13	TUKS-TSH	1:32.94
9	Zamisa, Lumka K	13	HREF-BPD	1:34.20
10	Harris, Madison	13	SOUL-EKU	1:34.83

#206 Girls 13 100 Meter Breast

2016SA Age G: 1:11.92# 2009 Jessica S. Liss at Telkom

Name	Age	Team	Prelim Time	
Preliminaries				
1	Oosthuizen, Mieke	13	HPS-TSH	1:25.43
2	Vreenegoer, Isabella	13	CRSC-JHB	1:26.36
3	Morel, Mattae F	13	CA-EKU	1:30.20
4	Syrett, Sienna	13	QUES-JHB	1:30.41
5	Stedall, Gia	13	PAC-TSH	1:31.32
6	Zamisa, Lumka K	13	HREF-BPD	1:31.54
7	McDowell, Caitlin L	13	ESP-EKU	1:31.71
8	Schutze-Langston, Paige	13	MDOL-JHB	1:32.50
9	Van Heerden, Mikaela	13	TUKS-TSH	1:32.70
10	Harris, Madison	13	SOUL-EKU	1:33.05
11	Chauke, Rhandzu X	13	DORE-JHB	1:38.41
12	Cheshire, Kate E	13	MDOL-JHB	1:40.42
13	Du Preez, Elizabeth	13	TUKS-TSH	1:41.09
14	Rautenbach, Chloe M	13	UNI-EZD	1:41.43
15	Machill, Cayleigh J	13	BARA-EKU	1:41.47
16	Bhabha, Aisha	13	MDOL-JHB	1:45.16
17	Parker, Cala	13	DMSS	1:45.71

#206 Girls 14 100 Meter Breast

2016SA Age G: 1:10.37# 1997 Sarah Poewe

Name	Age	Team	Finals Time	
Finals				
1	Wilson, Keira	14	ELEC-TSH	1:23.91
2	Labuschagne, Layla	14	PAC-TSH	1:24.57
3	Massingue, Estela B	14	CDTM	1:26.60
4	Goodchild, Abigail	14	TUKS-TSH	1:27.19
5	Maponyane, Mary	14	BAS-EKU	1:27.58
6	Martin, Daniela S	14	TUKS-TSH	1:27.78
7	Ward, Anelle	14	TUKS-TSH	1:28.70
8	Kasireddy, Swapnika	14	SASE-JHB	1:28.74
9	McNamara, Scarlett	14	NSFED	1:28.99
10	Kleb, Daniela	14	ELEC-TSH	1:30.49

#206 Girls 14 100 Meter Breast

2016SA Age G: 1:10.37# 1997 Sarah Poewe

Name	Age	Team	Prelim Time	
Preliminaries				
1	Labuschagne, Layla	14	PAC-TSH	1:24.55
2	Wilson, Keira	14	ELEC-TSH	1:26.62
3	Massingue, Estela B	14	CDTM	1:27.74
4	Maponyane, Mary	14	BAS-EKU	1:27.93
5	Martin, Daniela S	14	TUKS-TSH	1:28.38
6	Goodchild, Abigail	14	TUKS-TSH	1:29.07
7	Ward, Anelle	14	TUKS-TSH	1:29.17
8	Kasireddy, Swapnika	14	SASE-JHB	1:29.81
9	Kleb, Daniela	14	ELEC-TSH	1:29.83
10	McNamara, Scarlett	14	NSFED	1:30.06
11	Mtetwa, Zama U	14	PAC-TSH	1:30.30
12	Shoniwa, Renee R	14	MDOL-JHB	1:30.37
13	Oswald, Bella D	14	CRSC-JHB	1:30.49
14	Goosen, Rachele	14	UNI-EZD	1:30.52
15	Ackerman, Emily K	14	QUES-JHB	1:30.71
16	Engelbrecht, Alexi	14	PAC-TSH	1:30.97
17	Costa, Charlotte S	14	MDOL-JHB	1:32.05
18	Louw, Cara	14	RBOT-BPD	1:32.59
19	Desilla, Elizabeth M	14	SASE-JHB	1:33.91
20	Munyoro, Melanie M	14	WATR-JHB	1:36.33
21	Maseru, Hope	14	DMSS	1:37.55
22	Maja, Kat M	14	TRAZ-TSH	1:39.16

#206 Women 15 100 Meter Breast

2016SA Age G: 1:10.57# 2015 Kaylee Corbett at- Sa N

Name	Age	Team	Finals Time	
Finals				
1	Palmer, Keira L	15	CRSC-JHB	1:24.68
2	Nolan, Emma M	15	MDOL-JHB	1:25.23
3	Borges, Anabella M	15	AA-JHB	1:25.76
4	Coetzee, Carli	15	QUES-JHB	1:26.26
5	Cockeran, Marguerite L	15	DRGN-JHB	1:26.43
6	de Sa, Tegan S	15	PAC-TSH	1:26.62
7	Bulhakova, Victoria	15	SWIFT-EKU	1:27.28
8	Gallant Da Silva, Emma L	15	MDOL-JHB	1:28.14
9	Van Veelen, Miane A	15	TASC-MPD	1:29.94
10	Kruger, Katelyn	15	MDOL-JHB	1:32.99

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#206 Women 15 100 Meter Breast				#207 Boys 11&U 200 Meter Back				#207 Boys 13 200 Meter Back						
2016SA Age G: 1:10.57# 2015 Kaylee Corbett at- Sa N				2016SA Age G: 2:19.53# 2014 Luan E. Grobbelaar at V				2016SA Age G: 2:10.19# 2009 Christopher P. Reid at V						
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time			
Preliminaries				Preliminaries				Finals						
1	Borges, Anabella M	15	AA-JHB	1:24.72	1	Thirion, Zandro	11	NSFED	2:42.84	1	Chivandire, Adriel N	13	WATR-JHB	2:34.90
2	Coetzee, Carli	15	QUES-JHB	1:24.74	2	Prinsloo, James P	11	TUKS-TSH	2:49.18	2	Kneubuhler, Luca J	13	AA-JHB	2:35.82
3	Palmer, Keira L	15	CRSC-JHB	1:25.04	3	Banks, Tristan D	11	AAS-JHB	2:49.80	3	Mülder, Eli-Ray	13	MDOL-JHB	2:37.61
4	de Sa, Tegan S	15	PAC-TSH	1:25.21	4	Masiu, Tiisetso K	11	CA-EKU	2:52.72	4	Swarts, Brendan	13	CA-EKU	2:38.96
5	Cockeran, Marguerite L	15	DRGN-JHB	1:27.30	5	Markgraaff, Dean R	11	TUKS-TSH	2:54.61	5	Opper, Luke	13	TUKS-TSH	2:40.53
6	Nolan, Emma M	15	MDOL-JHB	1:27.73	6	Aliang, Célio J	11	ECN	2:57.70	6	McEwan, Nathan	13	AA-JHB	2:40.64
7	Bulhakova, Victoria	15	SWIFT-EKU	1:29.34	7	Huang, Guoxuan	10	NSFED	2:59.02	7	Plint, Connor J	13	MAKO-EKU	2:42.57
8	Kruger, Katelyn	15	MDOL-JHB	1:29.53	8	Vd Westhuizen, Nathan	10	TUKS-TSH	2:59.32	8	Symms, Richard J	13	DORE-JHB	2:43.46
9	Gallant Da Silva, Emma L	15	MDOL-JHB	1:29.99	9	Van Der Merwe, Xander	11	HARB-BPD	2:59.80	9	Heide, Damon	13	H2O-EKU	2:44.03
10	Johst, Mikaela	15	ELEC-TSH	1:30.00	10	Schroeder, Liam R	11	EXP-TSH	3:00.97	10	Teich, Shaun	13	TKS-WBD	2:48.36
11	Van Veelen, Miane A	15	TASC-MPD	1:30.18	11	Kelsey, Jayden	11	ACAQ-CCD	3:01.62					
12	Bosch, Una	15	PAC-TSH	1:30.75	12	Modena, Eli L	11	TUKS-TSH	3:04.69					
13	Boardman, Leah C	15	CA-EKU	1:31.60	13	Dreyer, Lauritz	11	TUKS-TSH	3:04.73					
14	Slabbert, Anna-Bella	15	TUKS-TSH	1:32.17	14	Manowe, Leano-Laone	11	DMSS	3:06.41					
15	Xaba, Kapitolina O	15	SASE-JHB	1:33.83	15	Mbugua, Dayo G	10	SHAQ-ZZ	3:06.56					
16	Evans, Lillie P	15	RACE-JHB	1:33.86	16	Du Toit, Gideon	11	TUKS-TSH	3:09.25					
17	Lamprecht, Macayla A	15	CA-EKU	1:34.05	17	Ritchie, Janko	11	TUKS-TSH	3:10.16					
18	Scheepers, Janneke	15	SGUL-ETH	1:40.45	18	Lin, Yuchen	10	NSFED	3:10.75					
#206 Women 16 100 Meter Breast				#207 Boys 12 200 Meter Back				#207 Boys 13 200 Meter Back						
2016SA Age G: 1:09.30# 1999 Sarah Poewe at Pan Pa				2016SA Age G: 2:19.53# 2014 Luan E. Grobbelaar at V				2016SA Age G: 2:10.19# 2009 Christopher P. Reid at V						
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time			
Finals				Finals				Preliminaries						
1	Martins, Keira	16	H2O-EKU	1:20.03	1	Hooghiemstra, Jacques	12	POTC-KKD	2:43.88	1	Kneubuhler, Luca J	13	AA-JHB	2:39.91
2	Prinsloo, Micke	16	TKS-WBD	1:23.97	2	Swartz, Caleb	12	NSFED	2:47.99	2	Mülder, Eli-Ray	13	MDOL-JHB	2:40.53
3	Carver, Nicola S	16	ELEC-TSH	1:25.94	3	Klukowski, Joshua R	12	NSFED	2:51.43	3	Swarts, Brendan	13	CA-EKU	2:42.18
4	Ferreira, Milan	16	TASC-MPD	1:26.64	4	Roodt, Adam A	12	TUKS-TSH	2:52.57	4	Opper, Luke	13	TUKS-TSH	2:43.54
5	Smit, Leila	16	TUKS-TSH	1:29.75	5	Stuart-Watson, John C	12	DORE-JHB	2:56.81	5	Plint, Connor J	13	MAKO-EKU	2:44.30
6	Dayaram, Sahana	16	DORE-JHB	1:34.70	6	De Angelis, Luca C	12	VASA-EKU	2:57.19	6	McEwan, Nathan	13	AA-JHB	2:44.66
7	Pretorius, Lenè L	16	TUKS-TSH	1:40.77	7	Quagraine, Ekow A	12	CA-EKU	2:59.16	7	Symms, Richard J	13	DORE-JHB	2:44.76
#206 Women 16 100 Meter Breast				#207 Boys 12 200 Meter Back				#207 Boys 13 200 Meter Back						
2016SA Age G: 1:09.30# 1999 Sarah Poewe at Pan Pa				2016SA Age G: 2:19.53# 2014 Luan E. Grobbelaar at V				2016SA Age G: 2:10.19# 2009 Christopher P. Reid at V						
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time			
Preliminaries				Preliminaries				Finals						
1	Martins, Keira	16	H2O-EKU	1:22.25	1	Hooghiemstra, Jacques	12	POTC-KKD	2:44.35	1	Kyster, Daylen R	13	MAKO-EKU	2:46.83
2	Prinsloo, Micke	16	TKS-WBD	1:23.49	2	Quagraine, Ekow A	12	CA-EKU	2:51.15	2	Ripley, Jordan	13	BAS-EKU	2:47.96
3	Carver, Nicola S	16	ELEC-TSH	1:26.53	3	Klukowski, Joshua R	12	NSFED	2:53.61	3	Glorioso, Zayne	13	CSA-EZD	2:48.14
4	Ferreira, Milan	16	TASC-MPD	1:27.46					4	Ngomez, Tumi K	13	BAS-EKU	2:48.27	
5	Smit, Leila	16	TUKS-TSH	1:29.87					5	Cokayne, Gabriel J	13	CRSC-JHB	2:49.27	
6	Dayaram, Sahana	16	DORE-JHB	1:33.89										
7	Pretorius, Lenè L	16	TUKS-TSH	1:38.59										
#207 Boys 11&U 200 Meter Back				#207 Boys 12 200 Meter Back				#207 Boys 13 200 Meter Back						
2016SA Age G: 1:09.30# 1999 Sarah Poewe at Pan Pa				2016SA Age G: 2:19.53# 2014 Luan E. Grobbelaar at V				2016SA Age G: 2:10.19# 2009 Christopher P. Reid at V						
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time			
Finals				Finals				Finals						
1	Thirion, Zandro	11	NSFED	2:44.86	1	Hooghiemstra, Jacques	12	POTC-KKD	2:44.35	1	Kyster, Daylen R	13	MAKO-EKU	2:46.83
2	Prinsloo, James P	11	TUKS-TSH	2:46.85	2	Quagraine, Ekow A	12	CA-EKU	2:51.15	2	Ripley, Jordan	13	BAS-EKU	2:47.96
3	Banks, Tristan D	11	AAS-JHB	2:49.67	3	Klukowski, Joshua R	12	NSFED	2:53.61	3	Glorioso, Zayne	13	CSA-EZD	2:48.14
4	Markgraaff, Dean R	11	TUKS-TSH	2:49.94					4	Ngomez, Tumi K	13	BAS-EKU	2:48.27	
5	Huang, Guoxuan	10	NSFED	2:51.91					5	Cokayne, Gabriel J	13	CRSC-JHB	2:49.27	
6	Kelsey, Jayden	11	ACAQ-CCD	2:54.88										

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#207 Boys 13 200 Meter Back)

16	Close, Thomas V	13	DORE-JHB	2:50.84
17	Sutherland, Luandre W	13	WATR-JHB	2:51.28
18	Steenkamp, MJJ	13	WATR-JHB	2:52.97
19	Plint, Matthew J	13	MAKO-EKU	2:53.37
20	Potgieter, Josea P	13	ESA	2:54.00
21	Masanganise, Edward	13	BASA	2:58.17

#207 Boys 14 200 Meter Back

2016SA Age G: 2:08.41# 1998 Byron Jeffers

Name	Age	Team	Finals Time	
Finals				
1	Wood, Callum R	14	WATR-JHB	2:31.68
2	van Niekerk, Jacques	14	PAC-TSH	2:32.81
3	Eldar, Eitan	14	TUKS-TSH	2:33.64
4	Vermeulen, Joshua	14	MAKO-EKU	2:34.80
5	Smit, Christiaan	14	TUKS-TSH	2:35.00
6	Morris, Jaydon	14	CA-EKU	2:36.51
7	Booyesen, James C	14	RFA-TSH	2:36.64
8	Kasselman, Juan	14	RBOT-BPD	2:39.55
9	Garrett, Blake	14	TRAZ-TSH	2:40.20
10	Otto, Amir	14	ELEC-TSH	2:41.91

#207 Boys 14 200 Meter Back

2016SA Age G: 2:08.41# 1998 Byron Jeffers

Name	Age	Team	Prelim Time	
Preliminaries				
1	Smit, Christiaan	14	TUKS-TSH	2:31.76
2	Wood, Callum R	14	WATR-JHB	2:33.51
3	van Niekerk, Jacques	14	PAC-TSH	2:34.44
4	Eldar, Eitan	14	TUKS-TSH	2:37.07
5	Vermeulen, Joshua	14	MAKO-EKU	2:37.32
6	Morris, Jaydon	14	CA-EKU	2:37.37
7	Booyesen, James C	14	RFA-TSH	2:37.56
8	Kasselman, Juan	14	RBOT-BPD	2:38.98
9	Garrett, Blake	14	TRAZ-TSH	2:39.09
10	Otto, Amir	14	ELEC-TSH	2:39.25
11	Van der Walt, Hein	14	DDA-TSH	2:39.51
12	Ferreira, Reid A	14	SOUL-EKU	2:40.21
13	Malan, Philip P	14	TUKS-TSH	2:41.39
14	Bayne, William T	14	DORE-JHB	2:41.44
15	Wood, Xavier M	14	AA-JHB	2:41.77
16	Bostwick, Gavin S	14	TUKS-TSH	2:42.42
17	Oosthuizen, Nathan	14	PGAC-EKU	2:43.09
18	Van Buren, Kian S	14	RIVO-JHB	2:43.56
19	Mokoena, Bokamoso	14	FAC-EKU	2:45.14
20	Smith, Isaiah S	14	MDOL-JHB	2:47.60
21	Wilkins, Max C	14	HPS-TSH	2:49.78
22	Nel, Zian	14	RBOT-BPD	2:50.69
23	van der Walt, Conrad	14	MDOL-JHB	2:55.05
---	Vosloo, Matthys	14	DDA-TSH	DQ

Past vertical at turn: non continuous turning action

#207 Men 15 200 Meter Back

2016SA Age G: 2:06.32# 2011 Christopher P. Reid at T

Name	Age	Team	Finals Time	
Finals				
1	De Sousa, Nicholas J	15	MDOL-JHB	2:23.26
2	Els, Aiden	15	CSA-EZD	2:25.93
3	Struwig, Sebastiaan	15	TUKS-TSH	2:28.67
4	Hinchcliffe, Drew B	15	RIVO-JHB	2:32.83
5	Buys, Stiaan	15	TUKS-TSH	2:32.91
6	Breetzke, Luke B	15	SS-MPD	2:33.09
7	Rolfe, Taylor K	15	WATR-JHB	2:35.63
8	Bloem, Reinhardt	15	TUKS-TSH	2:36.18
9	Nel, Christiaan	15	POTC-KKD	2:36.34
10	Bosman, Daniel	15	UNIU-EZD	2:38.20

#207 Men 15 200 Meter Back

2016SA Age G: 2:06.32# 2011 Christopher P. Reid at T

Name	Age	Team	Prelim Time	
Preliminaries				
1	De Sousa, Nicholas J	15	MDOL-JHB	2:26.48
2	Struwig, Sebastiaan	15	TUKS-TSH	2:27.80
3	Els, Aiden	15	CSA-EZD	2:28.18
4	Breetzke, Luke B	15	SS-MPD	2:33.48
5	Hinchcliffe, Drew B	15	RIVO-JHB	2:33.62
6	Bloem, Reinhardt	15	TUKS-TSH	2:34.38
7	Rolfe, Taylor K	15	WATR-JHB	2:34.71
8	Nel, Christiaan	15	POTC-KKD	2:36.68
9	Buys, Stiaan	15	TUKS-TSH	2:37.14
10	Bosman, Daniel	15	UNIU-EZD	2:37.80
11	Beling, Justin B	15	CA-EKU	2:38.46
12	Arvind, Milan D	15	CDTM	2:38.74
13	Swartz, Samuel	15	NSFED	2:43.36
14	Gauldie, Travis R	15	RFA-TSH	2:45.25
15	O'Connor, Tristan P	15	AA-JHB	2:46.05
16	Jansen van Vuuren, Conr	15	MAKO-EKU	2:48.29
17	Nthomiwa, Wapego	15	PRSC	2:50.49

#207 Men 16 200 Meter Back

2016SA Age G: 2:03.78# 2012 Martin Binedell at Sa N

Name	Age	Team	Finals Time	
Finals				
1	Brink, Robert	16	TRAZ-TSH	2:23.75
2	De Jager, Ruben	16	DMSS	2:25.90
3	Delpport, Jayden S	16	PGAC-EKU	2:28.77
4	Lombard, Adriaan	16	TUKS-TSH	2:33.09
5	Lategan, Nicky N	16	SWAR-WCD	2:33.83
6	Potgieter, Brendan	16	TUKS-TSH	2:34.73
7	Clarke, Jonathan W	16	SOUL-EKU	2:35.30
8	Baker, Benjamin	16	CA-EKU	2:38.66
9	Botha, Trevor J	16	SWIFT-EKU	2:42.19
10	Nel, Jano P	16	MAKO-EKU	2:44.23

#207 Men 16 200 Meter Back

2016SA Age G: 2:03.78# 2012 Martin Binedell at Sa N

Name	Age	Team	Prelim Time	
Preliminaries				
1	De Jager, Ruben	16	DMSS	2:25.60
2	Brink, Robert	16	TRAZ-TSH	2:26.82
3	Delpport, Jayden S	16	PGAC-EKU	2:29.92
4	Lategan, Nicky N	16	SWAR-WCD	2:31.66
5	Potgieter, Brendan	16	TUKS-TSH	2:31.94
6	Lombard, Adriaan	16	TUKS-TSH	2:34.09
7	Menete Junior, Lazaro H	16	CDTM	2:34.41
8	Botha, Trevor J	16	SWIFT-EKU	2:34.47
9	Clarke, Jonathan W	16	SOUL-EKU	2:36.30
10	Baker, Benjamin	16	CA-EKU	2:37.31
11	Nel, Jano P	16	MAKO-EKU	2:37.75
12	Venter, Jayden	16	BEARS-TSH	2:40.99
13	Greeve, Nicolas N	16	MATL-KKD	2:41.70
14	Holland-Muter, Jesse	16	SWAR-WCD	2:42.34
15	Peer, Amr	16	BAS-EKU	2:43.44

#208 Girls 11&U 200 Meter Back

Name	Age	Team	Finals Time	
Finals				
1	Swartz, Chrisna	11	TUKS-TSH	2:54.32
2	Claassen, Emma-lee	11	TKS-WBD	2:54.82
3	Whyte, Ava	10	HRE	2:56.82
4	Janse van Rensburg, Noa-	11	TCA-EKU	2:57.05
5	Oosthuizen, Emma	11	AA-JHB	2:58.49
6	Kotzé, Lisa	11	POTC-KKD	2:59.02
7	Piater, Amelie	11	ELRAS-WBD	3:00.51
8	Phillips, Daniella L	11	DORE-JHB	3:04.22
9	Coetzee, Veronique	11	JAQ-EKU	3:06.61
---	Mann, Sarah	11	CA-EKU	DQ

Swimmer left position on the back other than to initiate

#208 Girls 11&U 200 Meter Back

Name	Age	Team	Prelim Time	
Preliminaries				
1	Janse van Rensburg, Noa-	11	TCA-EKU	2:54.49
2	Claassen, Emma-lee	11	TKS-WBD	2:54.61
3	Swartz, Chrisna	11	TUKS-TSH	2:58.20
4	Piater, Amelie	11	ELRAS-WBD	2:58.56
5	Kotzé, Lisa	11	POTC-KKD	2:59.03
6	Oosthuizen, Emma	11	AA-JHB	2:59.66
7	Mann, Sarah	11	CA-EKU	3:01.03
8	Phillips, Daniella L	11	DORE-JHB	3:01.25
9	Coetzee, Veronique	11	JAQ-EKU	3:01.66
10	Whyte, Ava	10	HRE	3:01.93
11	Ferreira, Mika	11	TUKS-TSH	3:02.67
12	Makwakwa, Riley	9	TUKS-TSH	3:02.96
13	Lingerfelder, Elle A	11	AA-JHB	3:03.11
14	Smit, Avah	11	TKS-WBD	3:03.26
15	Qiu, Muyan	10	HRE	3:05.79
16	Erni, Nele M	9	NSFED	3:06.43
17	Goosen, Ashleigh	11	UNIU-EZD	3:06.44

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#208 Girls 11&U 200 Meter Back)

18	Markgraaff, Kelsey	11	TUKS-TSH	3:08.67
19	Viviers, Alana	11	LINR-JHB	3:09.38
20	Majoni, Joana	11	BASA	3:10.73
21	Tschofen, Arabella S	11	AA-JHB	3:11.85
22	Nemakanga, Thendo	11	AAS-JHB	3:12.34
23	Cronje, Kayline	11	JAQ-EKU	3:12.54
24	Madondo, Sabrina M	11	AAS-JHB	3:12.68
25	Noble, Holly	11	ESP-EKU	3:14.25
26	Bruwer, Leané	11	SWAR-WCD	3:14.87
27	Sanya, Crystal	11	SHAQC-ZZ	3:15.43
28	Sibanda, Jaynell	11	BASA	3:16.83
29	Williams, Liya	11	NSFED	3:18.73
30	Labuscagne, Phelan	11	CRSC-JHB	3:19.24
31	Husselmann, Sophia	10	NSFED	3:21.00
32	Barnard, Jane	10	CSA-EZD	3:24.38
33	Oswald, Psalm M	11	ESP-EKU	3:25.68

#208 Girls 12 200 Meter Back

2016SA Age G: 2:20.72# 2011 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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Finals

1	Caldeira, Jessica S	12	MDOL-JHB	2:46.26
2	Nel, Mila M	12	TUKS-TSH	2:47.65
3	Moabelo, Fatso J	12	BAS-EKU	2:47.77
4	Spence, Amber G	12	ELEC-TSH	2:48.07
5	Losper, Aaliyah J	12	NSFED	2:52.09
6	Prinsloo, Miané	12	ACAQ-CCD	2:52.40
7	De Bruin, Charné	12	TUKS-TSH	2:54.89
8	Short, Kyla J	12	MDOL-JHB	2:56.59
9	Wood, Amy-Lee	12	CA-EKU	2:58.06
10	Botha, Annebelle	12	PER-JHB	3:00.14

#208 Girls 12 200 Meter Back

2016SA Age G: 2:20.72# 2011 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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Preliminaries

1	Caldeira, Jessica S	12	MDOL-JHB	2:49.14
2	Nel, Mila M	12	TUKS-TSH	2:49.63
3	Moabelo, Fatso J	12	BAS-EKU	2:51.23
4	Losper, Aaliyah J	12	NSFED	2:51.44
5	De Bruin, Charné	12	TUKS-TSH	2:54.50
6	Botha, Annebelle	12	PER-JHB	2:56.64
7	Spence, Amber G	12	ELEC-TSH	2:56.80
8	Wood, Amy-Lee	12	CA-EKU	2:57.46
9	Prinsloo, Miané	12	ACAQ-CCD	2:57.89
10	Short, Kyla J	12	MDOL-JHB	2:58.36

11	Stoffberg, Alexis	12	NSFED	2:58.88
12	Chiang, Sophie	12	WATR-JHB	2:59.17

13	Sanders, Riley M	12	HPS-TSH	2:59.48
14	Timveos, Antonia	12	BASA	2:59.51
15	Oliphant, Paige A	12	PAC-TSH	3:01.75
16	De Beer, Zenéy	12	CSA-EZD	3:02.77
17	Roets, Emma	12	TUKS-TSH	3:02.79
18	Stoltz, Makayla E	12	PER-JHB	3:02.85
19	Komani, Zara	12	WATR-JHB	3:04.19

20	Haasbroek, Mari	12	EXP-TSH	3:06.82
21	Knudsen, Harley	12	PGAC-EKU	3:07.87
22	Spies, Lianka	12	HARB-BPD	3:08.99
23	Shelton, Kyleigh A	12	ESTR-EKU	3:09.03
24	Odendaal, Olivia L	12	HPS-TSH	3:10.72
25	Ndlovu, Marang L	12	MDOL-JHB	3:10.73
26	Scott, Gabriella	12	TUKS-TSH	3:13.16
27	Heyns, Lua	12	DDA-TSH	3:15.09
28	Shaetonhodi, Larissa	12	NSFED	3:15.67
29	Dornon, Elizabeth E	12	VASA-EKU	3:16.62
30	Liedeman, Hayley	12	SWAR-WCD	3:19.11
31	Makhatho, Tiisetso	12	ESP-EKU	3:23.76

#208 Girls 13 200 Meter Back

2016SA Age G: 2:16.87# 2012 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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Finals

1	Mostert, Abby J	13	AWIN-TSH	2:41.58
2	Parker, Cala	13	DMSS	2:46.56
3	Cheshire, Kate E	13	MDOL-JHB	2:49.47
4	Dippenaar, Katja R	13	NSFED	2:58.96
5	Chauke, Rhandzu X	13	DORE-JHB	3:01.63
6	Ngwenya, Rachel	13	BASA	3:01.87
7	Machill, Cayleigh J	13	BARA-EKU	3:04.96
8	Vermaak, Marizelle	13	HREF-BPD	3:07.06
9	McDowell, Caitlin L	13	ESP-EKU	3:08.55

#208 Girls 13 200 Meter Back

2016SA Age G: 2:16.87# 2012 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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Preliminaries

1	Parker, Cala	13	DMSS	2:46.66
2	Cheshire, Kate E	13	MDOL-JHB	2:49.97
3	Schoeman, Shelby L	13	CA-EKU	2:53.67
4	Mostert, Abby J	13	AWIN-TSH	2:54.49
5	Dippenaar, Katja R	13	NSFED	2:57.50
6	Chauke, Rhandzu X	13	DORE-JHB	2:58.98
7	Van Der Merwe, Paiton R	13	CA-EKU	3:01.18
8	Zamisa, Lumka K	13	HREF-BPD	3:03.21
9	Ngwenya, Rachel	13	BASA	3:03.49
10	McDowell, Caitlin L	13	ESP-EKU	3:07.28
11	Machill, Cayleigh J	13	BARA-EKU	3:09.91
12	Bhabha, Aisha	13	MDOL-JHB	3:15.28
13	Vermaak, Marizelle	13	HREF-BPD	3:16.03

#208 Girls 14 200 Meter Back

2016SA Age G: 2:13.00# 2013 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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Finals

1	Bezuidenhout, Martinet	14	TUKS-TSH	2:44.47
2	de Jager, Leah	14	CRSC-JHB	2:46.00
3	Roos, Kristen P	14	TRAZ-TSH	2:46.61
4	Weber, Abigail M	14	DRGN-JHB	2:51.06
5	Wood, Jessica	14	CA-EKU	2:51.14
6	Pienaar, Mia	14	CA-EKU	2:51.93
7	Lloyd-Swanepoel, Ella	14	MAKO-EKU	2:53.31
8	Kavanagh, Trinity	14	TCA-EKU	2:54.21

9	Mtetwa, Zama U	14	PAC-TSH	2:54.37
10	Marais, Marijn M	14	TUKS-TSH	2:54.94

#208 Girls 14 200 Meter Back

2016SA Age G: 2:13.00# 2013 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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Preliminaries

1	Bezuidenhout, Martinet	14	TUKS-TSH	2:45.51
2	de Jager, Leah	14	CRSC-JHB	2:46.50
3	Roos, Kristen P	14	TRAZ-TSH	2:48.42
4	Weber, Abigail M	14	DRGN-JHB	2:49.77
5	Lloyd-Swanepoel, Ella	14	MAKO-EKU	2:49.96
6	Kavanagh, Trinity	14	TCA-EKU	2:50.82
7	Wood, Jessica	14	CA-EKU	2:50.89
8	Mtetwa, Zama U	14	PAC-TSH	2:52.34
9	Pienaar, Mia	14	CA-EKU	2:53.53
10	Marais, Marijn M	14	TUKS-TSH	2:53.54
11	Alton, Madison R	14	RFA-TSH	2:53.57
12	Munyoro, Melanie M	14	WATR-JHB	2:56.50
13	Barnard, Lyla	14	RFA-TSH	2:57.70
14	Kalpage, Kiana T	14	VASA-EKU	2:59.24
15	Louw, Cara	14	RBOT-BPD	2:59.57

#208 Women 15 200 Meter Back

2016SA Age G: 2:14.46# 2014 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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Finals

1	Mayhew, Megan A	15	WATR-JHB	2:37.69
2	Govind, Nikita	15	TRAZ-TSH	2:43.63
3	Watson, Emily R	15	ELEC-TSH	2:47.86
4	Billett, Kristen	15	ELEC-TSH	2:48.20
5	Engelbrecht, Dedre	15	RBOT-BPD	2:50.26
6	de Witt, Gite M	15	POTC-KKD	2:50.37
7	September, Isabella J	15	TUKS-TSH	2:50.54
8	Venter, Lizelle	15	TUKS-TSH	2:52.10
9	Evans, Lilliee P	15	RACE-JHB	2:57.55
---	Knight, Caitlin A	15	WATR-JHB	DQ

Swimmer did no touch the wall during the turn

#208 Women 15 200 Meter Back

2016SA Age G: 2:14.46# 2014 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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Preliminaries

1	Govind, Nikita	15	TRAZ-TSH	2:40.79
2	Mayhew, Megan A	15	WATR-JHB	2:41.53
3	Watson, Emily R	15	ELEC-TSH	2:45.46
4	Knight, Caitlin A	15	WATR-JHB	2:46.54
5	September, Isabella J	15	TUKS-TSH	2:48.02
6	de Witt, Gite M	15	POTC-KKD	2:48.77
7	Billett, Kristen	15	ELEC-TSH	2:50.48
8	Venter, Lizelle	15	TUKS-TSH	2:50.82
9	Engelbrecht, Dedre	15	RBOT-BPD	2:51.83
10	Evans, Lilliee P	15	RACE-JHB	2:52.86
11	Oosthuizen, Amore	15	CSA-EZD	2:54.39
12	Huang, Elin	15	PAC-TSH	2:59.49
13	Bulhakova, Victoria	15	SWIFT-EKU	3:02.56

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#208 Women 15 200 Meter Back)

14	Coetzee, Carli	15	QUES-JHB	3:05.63
15	Palmer, Keira L	15	CRSC-JHB	3:08.27

#208 Women 16 200 Meter Back

2016SA Age G: 2:12.92# 2016 Mariella G Venter-Gran

Name	Age	Team	Finals Time
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Finals

1	vd Spuy, Lyla J	16	TUKS-TSH	2:34.67
2	Doolan, Addison J	16	WATR-JHB	2:38.95
3	Ferreira, Milan	16	TASC-MPD	2:41.72
4	Bouwer, Larissa	16	DORE-JHB	2:41.75
5	Vd Walt, Inge	16	DDA-TSH	2:46.86
6	Dayaram, Sahana	16	DORE-JHB	2:54.96
7	Masemola, Lethabo B	16	ELEC-TSH	3:00.49

#208 Women 16 200 Meter Back

2016SA Age G: 2:12.92# 2016 Mariella G Venter-Gran

Name	Age	Team	Prelim Time
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Preliminaries

1	Doolan, Addison J	16	WATR-JHB	2:36.00
2	vd Spuy, Lyla J	16	TUKS-TSH	2:37.39
3	Bouwer, Larissa	16	DORE-JHB	2:43.89
4	Ferreira, Milan	16	TASC-MPD	2:44.76
5	Vd Walt, Inge	16	DDA-TSH	2:45.91
6	Dayaram, Sahana	16	DORE-JHB	2:51.98
7	Masemola, Lethabo B	16	ELEC-TSH	2:58.59

#209 Men 15-99 50 Meter Back Multi-Class Multi Cla

Name	Age	Team	Finals Time
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Finals

1	Qamarana, Amkele V S15	22	MPAR-JHB	34.17
2	Cazzavillan, Lorenzo L S1	20	MDOL-JHB	57.52

#209 Men 15-99 50 Meter Back Multi-Class Multi Cla

Name	Age	Team	Prelim Time
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Preliminaries

1	Qamarana, Amkele V S15	22	MPAR-JHB	34.08
2	Cazzavillan, Lorenzo L S1	20	MDOL-JHB	54.97

#211 Boys 11&U 100 Meter Fly

Name	Age	Team	Finals Time
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Finals

1	Zondo, Nkosana K	11	CA-EKU	1:13.72
2	Aliang, Célio J	11	ECN	1:19.77
3	Masiu, Tiisetso K	11	CA-EKU	1:24.91
4	Maatouk, Jawad	11	SASE-JHB	1:26.42
5	Lin, Yuchen	10	NSFED	1:27.00
6	Mbugua, Dayo G	10	SHAQC-ZZ	1:28.63
7	Thirion, Zandro	11	NSFED	1:29.79
8	van Niekerk, Wian W	11	TRAZ-TSH	1:30.21
9	Rautenbach, Syrian B	11	UNIUEZD	1:36.99

#211 Boys 11&U 100 Meter Fly

Name	Age	Team	Prelim Time
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Preliminaries

1	Zondo, Nkosana K	11	CA-EKU	1:14.34
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2	Aliang, Célio J	11	ECN	1:21.54
3	Masiu, Tiisetso K	11	CA-EKU	1:23.03
4	Thirion, Zandro	11	NSFED	1:24.81
5	Lin, Yuchen	10	NSFED	1:26.59
6	Petersen, Eli	11	BASA	1:26.81
7	Mbugua, Dayo G	10	SHAQC-ZZ	1:27.02
8	van Niekerk, Wian W	11	TRAZ-TSH	1:31.34
9	Maatouk, Jawad	11	SASE-JHB	1:31.75
10	Rautenbach, Syrian B	11	UNIUEZD	1:35.74

11	Coleman, Ian A	11	LINR-JHB	1:37.58
12	Whitaker, Jake R	11	SS-MPD	1:42.39

13	Swartz, Mauritz M	9	SGUL-ETH	1:46.33
14	Roux, Keanu	11	NSFED	1:48.06

15	van der Merwe, Liam	11	ESP-EKU	1:55.38
---	Madonko, Jamela	11	BASA	DQ

Alternating movement of legs or feet

---	Huang, Guoxuan	10	NSFED	DQ
Alternating movement of legs or feet				

#211 Boys 12 100 Meter Fly

2016SA Age G: 55.48# 2015 Jendre Van Der Merwe

Name	Age	Team	Finals Time
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Finals

1	Klukowski, Joshua R	12	NSFED	1:18.51
2	Britz, Jonathan O	12	MAKO-EKU	1:19.10
3	Balzer, Klaus	12	HRE	1:19.27
4	Hood, Kaylin C	12	MAKO-EKU	1:20.24
5	Wilkins, Brody B	12	RACE-JHB	1:21.54
6	Ellis, Joseph G	12	MDOL-JHB	1:22.69
7	Gabriels, James N	12	WATR-JHB	1:25.28
8	Dippenaar Safi, Ethan C	12	BARA-EKU	1:25.58
9	Shoko, Mukundi	12	HRE	1:28.25
---	Gichari, Keita K	12	SHAQC-ZZ	DQ

Touch at the finish or turn was not made with both hand

#211 Boys 12 100 Meter Fly

2016SA Age G: 55.48# 2015 Jendre Van Der Merwe

Name	Age	Team	Prelim Time
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Preliminaries

1	Klukowski, Joshua R	12	NSFED	1:17.25
2	Britz, Jonathan O	12	MAKO-EKU	1:18.16
3	Badsha-Eybers, Riley M	12	CRSC-JHB	1:20.52
4	Hood, Kaylin C	12	MAKO-EKU	1:21.55
5	Wilkins, Brody B	12	RACE-JHB	1:23.20
6	Ellis, Joseph G	12	MDOL-JHB	1:24.51
7	Dippenaar Safi, Ethan C	12	BARA-EKU	1:24.55
8	Gabriels, James N	12	WATR-JHB	1:24.62
9	Fourie, Hanku	12	TUKS-TSH	1:24.65
10	Gichari, Keita K	12	SHAQC-ZZ	1:24.96

11	Shoko, Mukundi	12	HRE	1:26.31
12	Balzer, Klaus	12	HRE	1:26.38

13	Yaldwyn, Liam	12	SASE-JHB	1:26.88
14	Ashworth, Ryan R	12	MDOL-JHB	1:26.90

15	Fitzjohn, Benjamin	12	TUKS-TSH	1:27.75
16	Jacobs, MACHARIA D	12	RFA-TSH	1:31.07

17	Smith, Owen C	12	WATR-JHB	1:31.39
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18	Bowl, Dominic	12	HRE	1:33.41
19	Koller, Zac O	12	SASE-JHB	1:34.55
20	Evans, Daniel-Louis	12	HREF-BPD	1:40.82
21	Stuart-Watson, John C	12	DORE-JHB	1:41.34

#211 Boys 13 100 Meter Fly

2016SA Age G: 58.58# 2010 Mathys C Goosen-Telko

Name	Age	Team	Finals Time
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Finals

1	Kyster, Daylen R	13	MAKO-EKU	1:09.02
2	Mülder, Eli-Ray	13	MDOL-JHB	1:11.30
3	Heide, Damon	13	H2O-EKU	1:12.79
4	Raymond, Mmoloki J	13	DMSS	1:14.22
5	James, Deante	13	WATR-JHB	1:15.67
6	Plint, Matthew J	13	MAKO-EKU	1:19.66
7	McEwan, Nathan	13	AA-JHB	1:20.08
8	Jahnel, Garrick M	13	SOUL-EKU	1:20.65
9	Fernandes, David D	13	CA-EKU	1:21.31
10	Teich, Shaun	13	TKS-WBD	1:22.54

#211 Boys 13 100 Meter Fly

2016SA Age G: 58.58# 2010 Mathys C Goosen-Telko

Name	Age	Team	Prelim Time
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Preliminaries

1	Mülder, Eli-Ray	13	MDOL-JHB	1:11.27
2	Kyster, Daylen R	13	MAKO-EKU	1:11.59
3	Heide, Damon	13	H2O-EKU	1:13.43
4	James, Deante	13	WATR-JHB	1:16.36
5	Raymond, Mmoloki J	13	DMSS	1:16.85
6	Jahnel, Garrick M	13	SOUL-EKU	1:18.33
7	McEwan, Nathan	13	AA-JHB	1:18.82
8	Plint, Matthew J	13	MAKO-EKU	1:19.58
9	Teich, Shaun	13	TKS-WBD	1:19.60
10	Fernandes, David D	13	CA-EKU	1:21.21

11	Chanakira, Blessmore	13	HRE	1:21.61
12	Mudyiwa, Anashe	13	HRE	1:23.92

13	Pretorius, Ivan L	13	TUKS-TSH	1:24.89
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14	Ngomez, Tumi K	13	BAS-EKU	1:25.21
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15	Close, Thomas V	13	DORE-JHB	1:26.20
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16	Plint, Connor J	13	MAKO-EKU	1:26.24
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17	Lazaridis, Leo P	13	CA-EKU	1:30.88
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18	Olivier, Tiaan	13	TUKS-TSH	1:35.06
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#211 Boys 14 100 Meter Fly

2016SA Age G: 57.32# 2012 Kyle Van Niekerk at aQ

Name	Age	Team	Finals Time
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Finals

1	Wood, Callum R	14	WATR-JHB	1:07.77
2	Douglas, William M	14	CA-EKU	1:09.01
3	Marais, Mason P	14	SS-MPD	1:09.05
4	Mayhew, Franko	14	PAC-TSH	1:09.17
5	van der Walt, Conrad	14	MDOL-JHB	1:10.11
6	Kathena, Junior J	14	NSFED	1:10.26
7	Mutooni, Leo K	14	ELEC-TSH	1:10.66
8	Letsoalo, Tetelo C	14	BAS-EKU	1:12.67
9	Tomlinson, Andrew J	14	HPS-TSH	1:13.88
10	Vermeulen, Joshua	14	MAKO-EKU	1:15.04

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#211 Boys 14 100 Meter Fly				2016SA Age G: 57.32# 2012 Kyle Van Niekerk at aQ			
Name	Age	Team	Prelim Time				
Preliminaries							
1 Wood, Callum R	14	WATR-JHB	1:08.37				
2 Douglas, William M	14	CA-EKU	1:09.43				
3 van der Walt, Conrad	14	MDOL-JHB	1:09.80				
4 Kathena, Junior J	14	NSFED	1:09.91				
5 Mutooni, Leo K	14	ELEC-TSH	1:10.40				
6 Marais, Mason P	14	SS-MPD	1:10.86				
7 Letsoalo, Tetelo C	14	BAS-EKU	1:12.26				
8 Mayhew, Franko	14	PAC-TSH	1:12.39				
9 Vermeulen, Joshua	14	MAKO-EKU	1:14.21				
10 Tomlinson, Andrew J	14	HPS-TSH	1:17.41				
11 Weber, Alexander R	14	DRGN-JHB	1:20.03				
12 Mokoena, Bokamoso	14	FAC-EKU	1:23.46				
13 Van der Walt, Hein	14	DDA-TSH	1:25.97				
14 Kendall, Thomas L	14	ESTR-EKU	1:27.93				
#211 Men 15 100 Meter Fly				2016SA Age G: 55.73# 2008 Heinrich Alberts at KZN			
Name	Age	Team	Finals Time				
Finals							
1 Muller, Blake M	15	DRGN-JHB	1:02.08				
2 Balt, Christiaan O	15	TUKS-TSH	1:03.32				
3 Allen, Zander K	15	BAS-EKU	1:05.37				
4 Chilisa, Jerone T	15	TUKS-TSH	1:06.93				
5 Sandilands, Matthew L	15	MDOL-JHB	1:07.89				
6 Heyneke, Stephan S	15	TUKS-TSH	1:09.44				
7 De Milander, Evan	15	JAQ-EKU	1:10.03				
8 Kruger, Benje J	15	RFA-TSH	1:10.71				
9 Von Brandis, Carl C	15	MDOL-JHB	1:11.43				
10 Tredoux, Keegan C	15	NWUC-KKD	1:13.05				
#211 Men 15 100 Meter Fly				2016SA Age G: 55.73# 2008 Heinrich Alberts at KZN			
Name	Age	Team	Prelim Time				
Preliminaries							
1 Muller, Blake M	15	DRGN-JHB	1:02.88				
2 Balt, Christiaan O	15	TUKS-TSH	1:04.20				
3 Allen, Zander K	15	BAS-EKU	1:06.30				
4 Chilisa, Jerone T	15	TUKS-TSH	1:06.75				
5 Heyneke, Stephan S	15	TUKS-TSH	1:08.63				
6 Sandilands, Matthew L	15	MDOL-JHB	1:08.74				
7 De Milander, Evan	15	JAQ-EKU	1:09.92				
8 Tredoux, Keegan C	15	NWUC-KKD	1:09.96				
9 Kruger, Benje J	15	RFA-TSH	1:10.75				
10 Von Brandis, Carl C	15	MDOL-JHB	1:10.92				
11 Moller, Stephan	15	TASC-MPD	1:11.01				
12 De Sousa, Nicholas J	15	MDOL-JHB	1:12.09				
13 Nthomiwa, Wapego	15	PRSC	1:12.62				
14 Clancy, Cayden	15	DRGN-JHB	1:12.70				
15 Makurube, Bohlale	15	MATL-KKD	1:13.31				
16 Breetzke, Luke B	15	SS-MPD	1:13.86				
17 Mmatli, Onthatile D	15	DRGN-JHB	1:14.60				
18 Bosman, Daniel	15	UNI-EZD	1:14.64				
19 Ip, Julian	15	WATR-JHB	1:15.18				
20 Coxon, Phoenix	15	CRSC-JHB	1:15.37				
21 O'Connor, Tristan P	15	AA-JHB	1:19.40				
#211 Men 16 100 Meter Fly				2016SA Age G: 54.45# 2013 Joshua Steyn at NTS Ch			
Name	Age	Team	Finals Time				
Finals							
1 Vd Walt, Christiaan	16	TUKS-TSH	59.39				
2 Maphologela, Thabang T	16	DRGN-JHB	59.82				
3 Breet, Maynard C	16	CSA-EZD	1:01.96				
4 Bourbon, Noah	16	TUKS-TSH	1:04.09				
5 Nel, Jano P	16	MAKO-EKU	1:04.38				
6 Khosa, Yanni B	16	CDTM	1:04.58				
7 Esterhuizen, Aidan	16	CSA-EZD	1:05.07				
8 Neilson, Evan J	16	QUES-JHB	1:06.48				
*9 Botha, Trevor J	16	SWIFT-EKU	1:07.99				
*9 Van Der Westhuizen, Janu	16	STSC-KC	1:07.99				
#211 Men 16 100 Meter Fly				2016SA Age G: 54.45# 2013 Joshua Steyn at NTS Ch			
Name	Age	Team	Prelim Time				
Preliminaries							
1 Vd Walt, Christiaan	16	TUKS-TSH	1:00.27				
2 Maphologela, Thabang T	16	DRGN-JHB	1:01.37				
3 Breet, Maynard C	16	CSA-EZD	1:02.25				
4 Khosa, Yanni B	16	CDTM	1:04.44				
5 Bourbon, Noah	16	TUKS-TSH	1:04.83				
6 Esterhuizen, Aidan	16	CSA-EZD	1:04.91				
7 Nel, Jano P	16	MAKO-EKU	1:05.27				
8 Neilson, Evan J	16	QUES-JHB	1:05.85				
9 Van Der Westhuizen, Janu	16	STSC-KC	1:08.79				
10 Botha, Trevor J	16	SWIFT-EKU	1:09.09				
11 Brink, Robert	16	TRAZ-TSH	1:09.10				
12 Abrahams, Cayden	16	DRGN-JHB	1:09.89				
13 Gomes, Tiago J	16	TUKS-TSH	1:10.81				
14 Xie, Felix	16	ELEC-TSH	1:11.10				
15 Solomons, Luke	16	QUES-JHB	1:11.18				
16 Jacobs, Jossie J	16	MATL-KKD	1:11.40				
17 Greeve, Nicolas N	16	MATL-KKD	1:11.48				
18 Otto, Luan	16	SWAR-WCD	1:12.25				
19 Lepron, Yann	16	SASE-JHB	1:12.59				
20 Delpport, Jayden S	16	PGAC-EKU	1:13.27				
21 Tesfay, Abi A	16	DDA-TSH	1:14.04				
22 Van den Bergh, Neil E	16	RBUR-BPD	1:16.01				
23 Ndjeke, Peter T	16	NSFED	1:16.88				
#211 Men 100 Meter Fly Multi-Class							
Name	Age	Team	Prelim Time				
Preliminaries							
22 Mtyobile, Ntsikayethu S8	15	LEGC-ETH	1:40.68				
#212 Girls 11&U 100 Meter Fly				2016SA Age G: 1:06.45# 2008 Jessica S. Liss at Telkon			
Name	Age	Team	Finals Time				
Finals							
1 Alala, Melissa M	11	SHAQC-ZZ	1:19.15				
2 Spencer, Mackenzie A	11	TRAZ-TSH	1:21.74				
3 Oosthuizen, Mia	11	PAC-TSH	1:22.94				
4 Adelaine, Kenzie	11	AA-JHB	1:25.55				
5 Thomba, Lame	11	DMSS	1:26.43				
6 Williams, Liya	11	NSFED	1:29.43				
7 Claassen, Emma-lee	11	TKS-WBD	1:30.47				
8 Sibanda, Jaynell	11	BASA	1:32.22				
9 Majoni, Joana	11	BASA	1:32.66				
10 Nel, Kari	11	TUKS-TSH	1:33.95				
#212 Girls 11&U 100 Meter Fly				2016SA Age G: 1:06.45# 2008 Jessica S. Liss at Telkon			
Name	Age	Team	Prelim Time				
Preliminaries							
1 Alala, Melissa M	11	SHAQC-ZZ	1:20.59				
2 Spencer, Mackenzie A	11	TRAZ-TSH	1:21.47				
3 Thomba, Lame	11	DMSS	1:24.59				
4 Oosthuizen, Mia	11	PAC-TSH	1:25.44				
5 Claassen, Emma-lee	11	TKS-WBD	1:26.07				
6 Adelaine, Kenzie	11	AA-JHB	1:26.74				
7 Nel, Kari	11	TUKS-TSH	1:31.52				
8 Sibanda, Jaynell	11	BASA	1:32.58				
9 Piater, Amelie	11	ELRAS-WBD	1:32.89				
10 Williams, Liya	11	NSFED	1:32.91				
11 Majoni, Joana	11	BASA	1:33.68				
12 Oswald, Psalm M	11	ESP-EKU	1:34.65				
13 Erni, Nele M	9	NSFED	1:34.65				
14 Husselmann, Sophia	10	NSFED	1:34.95				
15 Raphadu, Kgothatso	11	TUKS-TSH	1:35.12				
16 Myeni, Ivile	11	ESA	1:38.14				
17 Kenosi, Zhaoying	11	DMSS	1:43.51				
18 Trollip, Devhyn G	11	UNI-EZD	1:47.94				
19 Noble, Holly	11	ESP-EKU	1:53.17				
#212 Girls 12 100 Meter Fly				2016SA Age G: 1:06.45# 2008 Jessica S. Liss at Telkon			
Name	Age	Team	Finals Time				
Finals							
1 Zoutendyk, Simi	12	RBOT-BPD	1:20.48				
2 Geldenhuys, Mila	12	ACAQ-CCD	1:21.28				
3 Stoop, Carli	12	TUKS-TSH	1:21.40				
4 Stoffberg, Alexis	12	NSFED	1:22.44				
5 Devaprakash, Diya S	12	DMSS	1:23.18				
6 Steinbach, Mieke	12	NWUC-KKD	1:26.60				
7 Jack, Kayden E	12	PER-JHB	1:29.56				
8 Wood, Amy-Lee	12	CA-EKU	1:29.68				
9 Burstein, Morgan R	12	TUKS-TSH	1:30.24				
10 Losper, Aaliyah J	12	NSFED	1:31.38				
#212 Girls 12 100 Meter Fly				2016SA Age G: 1:06.45# 2008 Jessica S. Liss at Telkon			
Name	Age	Team	Prelim Time				
Preliminaries							
1 Stoop, Carli	12	TUKS-TSH	1:19.99				
2 Geldenhuys, Mila	12	ACAQ-CCD	1:22.86				
3 Devaprakash, Diya S	12	DMSS	1:23.91				
4 Zoutendyk, Simi	12	RBOT-BPD	1:24.77				
5 Steinbach, Mieke	12	NWUC-KKD	1:28.41				

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Results

Preliminaries ... (#212 Girls 12 100 Meter Fly)

6	Wood, Amy-Lee	12	CA-EKU	1:30.09
7	Jack, Kayden E	12	PER-JHB	1:30.55
8	Losper, Aaliyah J	12	NSFED	1:30.63
9	Burstein, Morgan R	12	TUKS-TSH	1:32.28
10	Stoffberg, Alexis	12	NSFED	1:32.61
11	Sam, Rebecca S	12	HPS-TSH	1:32.73
12	De Beer, Zenéy	12	CSA-EZD	1:34.40
13	Adelaine, Jorja	12	AA-JHB	1:34.86
14	Knudsen, Harley	12	PGAC-EKU	1:36.14
15	Moabelo, Fatso J	12	BAS-EKU	1:38.68
16	Makhatho, Tiisetso	12	ESP-EKU	1:40.63
17	Shaetonhodi, Larissa	12	NSFED	1:44.08

#212 Girls 13 100 Meter Fly

2016SA Age G: 1:03.98# 2004 Christy L Lategan at Tel

Name	Age	Team	Finals Time
Finals			
1	Schutze-Langston, Paige	13	MDOL-JHB 1:17.10
2	Cheshire, Kate E	13	MDOL-JHB 1:20.69
3	McDowell, Caitlin L	13	ESP-EKU 1:23.59
4	Miambo, Kiang T	13	CDTM 1:23.63
5	Zamisa, Lumka K	13	HREF-BPD 1:25.80
6	Machill, Cayleigh J	13	BARA-EKU 1:28.16
7	Dippenaar, Katja R	13	NSFED 1:34.73
8	Vermaak, Marizelle	13	HREF-BPD 1:41.45

#212 Girls 13 100 Meter Fly

2016SA Age G: 1:03.98# 2004 Christy L Lategan at Tel

Name	Age	Team	Prelim Time
Preliminaries			
1	Schutze-Langston, Paige	13	MDOL-JHB 1:20.90
2	Cheshire, Kate E	13	MDOL-JHB 1:23.79
3	McDowell, Caitlin L	13	ESP-EKU 1:24.38
4	Miambo, Kiang T	13	CDTM 1:24.87
5	Zamisa, Lumka K	13	HREF-BPD 1:26.62
6	Machill, Cayleigh J	13	BARA-EKU 1:28.56
7	Dippenaar, Katja R	13	NSFED 1:33.63
8	Vermaak, Marizelle	13	HREF-BPD 1:39.22

#212 Girls 14 100 Meter Fly

2016SA Age G: 1:02.12# 2009 VANESSA MOHR at NTS

Name	Age	Team	Finals Time
Finals			
1	Maponyane, Mary	14	BAS-EKU 1:15.24
2	Bezuidenhout, Martinet	14	TUKS-TSH 1:15.30
3	Cronje, Jaimee E	14	COMS-TSH 1:16.81
4	De Lange, Roxy	14	PAC-TSH 1:17.30
5	Stewart, Leah	14	TASC-MPD 1:17.48
6	Oliphant, Chloe B	14	PAC-TSH 1:20.07
7	Maruping, Bokkie M	14	LINR-JHB 1:20.73
8	Els, Megan A	14	BAS-EKU 1:21.38
9	Roos, Kristen P	14	TRAZ-TSH 1:22.40
10	Massingue, Estela B	14	CDTM 1:22.74

#212 Girls 14 100 Meter Fly

2016SA Age G: 1:02.12# 2009 VANESSA MOHR at NTS

Name	Age	Team	Prelim Time
Preliminaries			
1	Bezuidenhout, Martinet	14	TUKS-TSH 1:15.34
2	Maponyane, Mary	14	BAS-EKU 1:16.61
3	Cronje, Jaimee E	14	COMS-TSH 1:17.88
4	Stewart, Leah	14	TASC-MPD 1:18.76
5	Oliphant, Chloe B	14	PAC-TSH 1:19.36
6	Massingue, Estela B	14	CDTM 1:19.44
7	De Lange, Roxy	14	PAC-TSH 1:20.10
8	Roos, Kristen P	14	TRAZ-TSH 1:20.86
9	Maruping, Bokkie M	14	LINR-JHB 1:20.90
10	Els, Megan A	14	BAS-EKU 1:21.63
11	Wood, Jessica	14	CA-EKU 1:22.74
12	Kalpage, Kiana T	14	VASA-EKU 1:23.42
13	Oswald, Bella D	14	CRSC-JHB 1:24.43
14	Sutherland, Hayleigh B	14	TUKS-TSH 1:25.29
15	Desilla, Elizabeth M	14	SASE-JHB 1:25.51
16	Wright, Hannah C	14	CA-EKU 1:25.67
17	Ackerman, Emily K	14	QUES-JHB 1:25.84
18	Kavanagh, Trinity	14	TCA-EKU 1:29.09
19	Kasireddy, Swapnika	14	SASE-JHB 1:29.50
20	Munyoro, Melanie M	14	WATR-JHB 1:34.92

#212 Women 15 100 Meter Fly

2016SA Age G: 59.72# 2010 Vanessa Mohr-at the 10

Name	Age	Team	Finals Time
Finals			
1	Nolan, Emma M	15	MDOL-JHB 1:12.09
2	Henning, Ella-Mae	15	VRC-TSH 1:12.51
3	Barreiros, Maria A	15	ELEC-TSH 1:15.42
4	Alala, Marion J	15	TUKS-TSH 1:15.53
5	de Witt, Gite M	15	POTC-KKD 1:16.98
6	Lamprecht, Macayla A	15	CA-EKU 1:22.80
7	Evans, Lillie P	15	RACE-JHB 1:24.21
8	Rossouw, Lechelle	15	TUKS-TSH 1:24.26

#212 Women 15 100 Meter Fly

2016SA Age G: 59.72# 2010 Vanessa Mohr-at the 10

Name	Age	Team	Prelim Time
Preliminaries			
1	Henning, Ella-Mae	15	VRC-TSH 1:13.66
2	Nolan, Emma M	15	MDOL-JHB 1:14.59
3	Barreiros, Maria A	15	ELEC-TSH 1:16.68
4	Alala, Marion J	15	TUKS-TSH 1:16.94
5	de Witt, Gite M	15	POTC-KKD 1:17.24
6	Evans, Lillie P	15	RACE-JHB 1:19.73
7	Lamprecht, Macayla A	15	CA-EKU 1:24.85
8	Rossouw, Lechelle	15	TUKS-TSH 1:24.94
9	Engelbrecht, Dedre	15	RBOT-BPD 1:33.16

#212 Women 16 100 Meter Fly

2016SA Age G: 58.66# 2011 VANESSA MOHR at 14th

Name	Age	Team	Finals Time
Finals			
1	vd Spuy, Lyla J	16	TUKS-TSH 1:09.80
2	Mashingaidze, Shalem	16	WATR-JHB 1:10.28
3	Upton, Odette	16	TKS-WBD 1:12.74
4	Vd Walt, Inge	16	DDA-TSH 1:15.14
5	Martins, Keira	16	H2O-EKU 1:23.60

#212 Women 16 100 Meter Fly

2016SA Age G: 58.66# 2011 VANESSA MOHR at 14th

Name	Age	Team	Prelim Time
Preliminaries			
1	Mashingaidze, Shalem	16	WATR-JHB 1:12.41
2	vd Spuy, Lyla J	16	TUKS-TSH 1:12.88
3	Upton, Odette	16	TKS-WBD 1:13.92
4	Vd Walt, Inge	16	DDA-TSH 1:15.31
5	Martins, Keira	16	H2O-EKU 1:22.57

#213 Boys 12&U 4x100 Meter Free Relay 4 X 100 Fre

Team	Relay	Finals Time
1	TUKS-TSH	A 4:39.47
	Prinsloo, James P 11	Van Schalkwyk, Joshua J 12
	Roodt, Adam A 12	Fourie, Hanku 12
2	CA-EKU	A 4:42.77
	Masiu, Tiisetso K 11	Luhabe, Bandile L 12
	Quagraine, Ekow A 12	Zondo, Nkosana K 11
3	HRE	A 4:47.37
	Muchengi, Nathaniel 12	Shoko, Mukundi 12
	Bowl, Dominic 12	Balzer, Klaus 12
4	NSFED	A 4:48.57
	Swartz, Caleb 12	Klukowski, Joshua R 12
	Huang, Guoxuan 10	Thirion, Zandro 11
5	TUKS-TSH	B 4:57.23
	Köpplinger, Axel F 12	Du Toit, Gideon 11
	Markgraaff, Dean R 11	Vd Westhuizen, Nathan 10

#214 Men 13-14 4x100 Meter Free Relay 4 X 100 Fre

Team	Relay	Finals Time
1	CA-EKU	A 4:11.71
	Morris, Jaydon 14	Carpinteiro, Diego 13
	Douglas, William M 14	Luhabe, Fezile Z 14
2	AA-JHB	A 4:19.18
	John, Joshua A 14	Kneubuhler, Luca J 13
	Wood, Xavier M 14	McEwan, Nathan 13
3	TUKS-TSH	A 4:20.87
	Smit, Christiaan 14	Bostwick, Gavin S 14
	Pretorius, Ivan L 13	Van Wyngaard, Rigter Z 13
4	BAS-EKU	A 4:22.69
	Abhai, Sameer 14	Ngomez, Tumi K 13
	Letsoalo, Tetelo C 14	Ripley, Jordan 13
5	MAKO-EKU	A 4:26.83
	Kyster, Daylen R 13	Plint, Connor J 13
	Britz, Jonathan O 12	Vermeulen, Joshua 14
6	MDOL-JHB	A 4:31.03
	Smith, Isaiiah S 14	Ashworth, Ryan R 12
	Mulder, Eli-Ray 13	van der Walt, Conrad 14

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#214 Men 13-14 4x100 Meter Free Relay 4 X 100 Free Relay		
Team	Relay	Finals Time
7 TUKS-TSH	B	4:31.37
Opper, Luke 13	Eldar, Eitan 14	
Le Roux, Marthinus H 13	Olivier, Tiaan 13	
8 CA-EKU	B	4:33.12
Aspden, Kailan B 13	Fernandes, David D 13	
Lazaridis, Leo P 13	Swartz, Brendan 13	
9 SWAR-WCD	A	4:41.75
Pieters, Cayden R 11	Kruger, Blake R 12	
Lategan, Wessel W 13	Pretorius, Hennie H 14	
10 ESA	A	4:49.08
Shongwe, Sivikewel J 12	Barbosa, Tsailin 12	
Mayabane, Fezibunye 11	Potgieter, Josea P 13	

#215 Men 15-16 4x100 Meter Free Relay 4 X 100 Free Relay		
Team	Relay	Finals Time
1 TUKS-TSH	A	3:51.74
Vd Walt, Christiaan 16	Mellis, Dean T 16	
Bourbon, Noah 16	Bloem, Reinhardt 15	
2 TUKS-TSH	B	3:58.06
Balt, Christiaan O 15	Cownie, Nicholas A 16	
Potgieter, Brendan 16	Buys, Stiaan 15	
3 CA-EKU	A	4:06.46
Wilkes, Kieran-Dante K 16	Beling, Justin B 15	
He, Henry 15	Dowling, Landon G 16	
4 CDTM	A	4:09.08
Arvind, Milan D 15	Menete Junior, Lazaro H 16	
Khosa, Yanni B 16	Basto, Goncalo M 13	
5 RFA-TSH	A	4:12.01
Kruger, Benje J 15	Booyesen, James C 14	
Lee, Nathan 15	Gauldie, Travis R 15	
6 CRSC-JHB	A	4:14.86
Potgieter, Ruan P 14	Cokayne, Gabriel J 13	
Coxon, Phoenix 15	Van der Westhuizen, Jasper	
--- MAKO-EKU	A	DQ
Number 3 swimmers feet lost touch with the starting pla		
Jansen van Vuuren, Conrad	Plint, Matthew J 13	
Tallarico, Marcello F 16	Nel, Jano P 16	

#216 Women 12&U 4x100 Meter Free Relay 4 X 100 Free Relay		
Team	Relay	Finals Time
1 TUKS-TSH	A	4:47.69
Nel, Mila M 12	Bac, Arianne 11	
Burstein, Morgan R 12	Raphadu, Kgothatso 11	
2 AA-JHB	A	4:53.60
Oosthuyzen, Emma 11	Adelaine, Kenzie 11	
Adelaine, Jorja 12	Lingerfelder, Elle A 11	
3 TUKS-TSH	B	4:54.98
Scott, Gabriella 12	De Bruin, Charné 12	
Makwakwa, Riley 9	Swartz, Chrisna 11	
4 CA-EKU	A	4:55.42
Dandoulakis, Alexi 12	Mann, Sarah 11	
Wood, Amy-Lee 12	Luhabe, Nolitha A 10	
5 NSFED	A	5:01.43
Lospere, Aaliyah J 12	Erni, Nele M 9	
Williams, Liya 11	Stoffberg, Alexis 12	
6 MDOL-JHB	A	5:02.40
Caldeira, Jessica S 12	Ndlovu, Marang L 12	
Short, Kyla J 12	Gewer, Amber 11	

7 HRE	A	5:22.69
Whyte, Ava 10	Chirairo, Danaishe 11	
Mnangagwa, Bethany 12	Qiu, Muyan 10	

#217 Women 13-14 4x100 Meter Free Relay 4 X 100 Free Relay		
Team	Relay	Finals Time
1 TUKS-TSH	A	4:28.36
Da Silva, Abigail Z 14	Sutherland, Hayleigh B 14	
Martin, Daniela S 14	Cownie, Isabella E 14	
2 CA-EKU	A	4:29.88
Pienaar, Mia 14	Wright, Hannah C 14	
Meyburgh, Olivia C 13	Wood, Jessica 14	
3 PAC-TSH	A	4:36.00
De Lange, Roxy 14	Labuschagne, Layla 14	
Mtetwa, Zama U 14	Oliphant, Chloe B 14	
4 TUKS-TSH	B	4:36.63
Bezuidenhout, Martinet 14	Vuyeqaba, Unathi T 13	
Ward, Anelle 14	Goodchild, Abigail 14	
5 MDOL-JHB	A	4:46.52
Cheshire, Kate E 13	Costa, Charlotte S 14	
Nolan, Kathryn A 13	Schutze-Langston, Paige L	
6 CRSC-JHB	A	4:48.64
Vreenegoor, Isabella 13	Harris, Surayia 14	
Labuscagne, Phelan 11	Oswald, Bella D 14	

#218 Women 15-16 4x100 Meter Free Relay 4 X 100 Free Relay		
Team	Relay	Finals Time
1 TUKS-TSH	A	4:29.82
Pretorius, Lenè L 16	vd Spuy, Lyla J 16	
Slabbert, Anna-Bella 15	Venter, Lizelle 15	
2 CA-EKU	A	4:32.23
Lamprecht, Jhuliana 15	Lamprecht, Macayla A 15	
Boardman, Leah C 15	Kulynych, Abigail 16	
3 MDOL-JHB	A	4:32.27
Kruger, Katelyn 15	Shoniwa, Renee R 14	
Nolan, Emma M 15	Gallant Da Silva, Emma L 15	
4 CRSC-JHB	A	4:36.74
de Jager, Leah 14	Palmer, Keira L 15	
Redfern, Isabella M 14	Van den Berg, Therese 15	
5 TUKS-TSH	B	4:41.79
Rossouw, Lechelle 15	Alala, Marion J 15	
Jv Rensburg, Anchen 15	Mans, Kristen 15	

#301 Boys 11&U 200 Meter Free			
Name	Age	Team	Finals Time
1 Masiu, Tiisetso K	11	CA-EKU	2:27.24
2 Prinsloo, James P	11	TUKS-TSH	2:27.77
3 Pieters, Cayden R	11	SWAR-WCD	2:28.92
4 Madonko, Jamela	11	BASA	2:29.96
5 Letsoalo, Thabang M	11	BAS-EKU	2:32.68
6 Thirion, Zandro	11	NSFED	2:32.73
7 Markgraaff, Dean R	11	TUKS-TSH	2:33.84
8 Zondo, Nkosana K	11	CA-EKU	2:35.23
9 Mbugua, Dayo G	10	SHAQC-ZZ	2:36.27
10 Botha, Sebastian	11	AA-JHB	2:39.95

#301 Boys 11&U 200 Meter Free			
Name	Age	Team	Finals Time
1 Masiu, Tiisetso K	11	CA-EKU	2:27.24
2 Prinsloo, James P	11	TUKS-TSH	2:27.77
3 Pieters, Cayden R	11	SWAR-WCD	2:28.92
4 Madonko, Jamela	11	BASA	2:29.96
5 Letsoalo, Thabang M	11	BAS-EKU	2:32.68
6 Thirion, Zandro	11	NSFED	2:32.73
7 Markgraaff, Dean R	11	TUKS-TSH	2:33.84
8 Zondo, Nkosana K	11	CA-EKU	2:35.23
9 Mbugua, Dayo G	10	SHAQC-ZZ	2:36.27
10 Botha, Sebastian	11	AA-JHB	2:39.95

#301 Boys 11&U 200 Meter Free			
Name	Age	Team	Prelim Time
Preliminaries			
1 Pieters, Cayden R	11	SWAR-WCD	2:30.63
2 Thirion, Zandro	11	NSFED	2:30.65
3 Madonko, Jamela	11	BASA	2:31.14
4 Masiu, Tiisetso K	11	CA-EKU	2:31.84
5 Felton, Adam M	11	WATR-JHB	2:33.22
6 Mbugua, Dayo G	10	SHAQC-ZZ	2:34.22
7 Prinsloo, James P	11	TUKS-TSH	2:34.27
8 Zondo, Nkosana K	11	CA-EKU	2:34.53
9 Letsoalo, Thabang M	11	BAS-EKU	2:36.28
10 Botha, Sebastian	11	AA-JHB	2:36.90
11 Markgraaff, Dean R	11	TUKS-TSH	2:39.11
12 Banks, Tristan D	11	AAS-JHB	2:39.32
13 Aliang, Célio J	11	ECN	2:40.95
14 Joubert, Chris H	11	DDA-TSH	2:40.97
15 Manowe, Leano-Laone	11	DMSS	2:41.14
16 Xavier, Travis	11	ELEC-TSH	2:41.26
17 Brons, Tristan	11	SOUL-EKU	2:41.47
18 Coleman, Ian A	11	LINR-JHB	2:42.15
19 Vlok, Rijnhardt A	11	LINR-JHB	2:43.26
20 Huang, Guoxuan	10	NSFED	2:43.35
21 Du Toit, Gideon	11	TUKS-TSH	2:44.10
22 Dreyer, Lauritz	11	TUKS-TSH	2:44.67
23 Cloete, Matthew H	11	HPS-TSH	2:44.72
24 Vd Westhuizen, Nathan	10	TUKS-TSH	2:45.67
25 Whitaker, Jake R	11	SS-MPD	2:46.57
26 Van Der Merwe, Xander	11	HARB-BPD	2:46.77
27 Lin, Yuchen	10	NSFED	2:48.42
28 Loubser, Dreyer D	11	CSC-TSH	2:49.78
29 Minnie, Milano F	11	PGAC-EKU	2:51.47
30 Van der Merwe, Aiden	11	EXP-TSH	2:51.98
31 Swartz, Mauritz M	9	SGUL-ETH	2:52.56
32 Otto, Llewellyn	11	CSC-TSH	2:53.39
33 Ritchie, Janko	11	TUKS-TSH	2:53.76
34 Brink, Herman J	11	TUKS-TSH	2:54.45
35 Rautenbach, Syrian B	11	UNIU-EZD	2:59.23
36 Koekemoer, Ryan J	11	DRGN-JHB	3:00.53
37 Roux, Keanu	11	NSFED	3:00.58
38 Pretorius, Luke	11	SOUL-EKU	3:01.36
39 Petrovic, Gordon	11	TRAZ-TSH	3:02.00
40 van der Merwe, Liam	11	ESP-EKU	3:04.31
41 Keun, Retief	10	HARB-BPD	3:06.67
42 Du Plessis, Lihan	11	HARB-BPD	3:16.26

#301 Boys 12 200 Meter Free			
Name	Age	Team	Finals Time
2016SA Age G: 2:04.32# 2015 Luan E. Grobbelaar at S			
Finals			
1 Wilkins, Brody B	12	RACE-JHB	2:26.32
2 Balzer, Klaus	12	HRE	2:27.74
3 Van Schalkwyk, Joshua J	12	TUKS-TSH	2:29.65
4 Hood, Kaylin C	12	MAKO-EKU	2:30.79
5 Britz, Jonathan O	12	MAKO-EKU	2:31.22
6 Nenvumoni, Ntsako C	12	WATR-JHB	2:33.50

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Finals ... (#301 Boys 12 200 Meter Free)

7	Badsha-Eybers, Riley M	12	CRSC-JHB	2:35.40
8	Fourie, Hanku	12	TUKS-TSH	2:35.94
9	Swartz, Caleb	12	NSFED	2:38.63
10	Frewen, Aaron D	12	RIVO-JHB	2:45.09

#301 Boys 12 200 Meter Free

2016SA Age G: 2:04.32# 2015 Luan E. Grobbelaar at SA L

Name	Age	Team	Prelim Time
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Preliminaries

1	Wilkins, Brody B	12	RACE-JHB	2:28.45
2	Balzer, Klaus	12	HRE	2:29.87
3	Van Schalkwyk, Joshua J	12	TUKS-TSH	2:32.57
4	Britz, Jonathan O	12	MAKO-EKU	2:34.13
5	Fourie, Hanku	12	TUKS-TSH	2:35.41
6	Hood, Kaylin C	12	MAKO-EKU	2:35.56
7	Nemvumoni, Ntsako C	12	WATR-JHB	2:35.95
8	Swartz, Caleb	12	NSFED	2:36.13
9	Frewen, Aaron D	12	RIVO-JHB	2:36.88
10	Badsha-Eybers, Riley M	12	CRSC-JHB	2:36.97
11	Hooghiemstra, Jacques	12	POTC-KKD	2:36.98
12	Ashworth, Ryan R	12	MDOL-JHB	2:38.44

13	Evans, Daniel-Louis	12	HREF-BPD	2:38.68
14	Gabriels, James N	12	WATR-JHB	2:39.24
15	Yaldwyn, Liam	12	SASE-JHB	2:39.38
16	Briscoe, Ayden L	12	OLDE-JHB	2:41.02
17	Human, Eben	12	BEARS-TSH	2:41.05
18	Bowl, Dominic	12	HRE	2:41.28
19	De Milander, Zian	12	JAQ-EKU	2:41.37
20	Quagraine, Ekow A	12	CA-EKU	2:41.98
21	De Angelis, Luca C	12	VASA-EKU	2:42.02
22	Jv Rensburg, Ben B	12	TUKS-TSH	2:42.19
23	Papazian, Alexander	12	SASE-JHB	2:42.48
24	Smith, Owen C	12	WATR-JHB	2:43.03
25	Shongwe, Sivikelwe J	12	ESA	2:43.14
26	Klukowski, Joshua R	12	NSFED	2:43.24
27	Köpplinger, Axel F	12	TUKS-TSH	2:43.60
28	Wheeler, Jaxon	12	MDOL-JHB	2:43.94
29	Venter, Jean	12	PAC-TSH	2:44.01
30	Jacobs, Willem	12	NWUC-KKD	2:45.13
31	Shoko, Mukundi	12	HRE	2:46.49
32	Nell, Matteo	12	CRSC-JHB	2:47.62
33	Luz, Levi S	12	SOUL-EKU	2:48.21
34	Venter, Xander	12	RIVO-JHB	2:49.09
35	Alley, Luke	12	ELEC-TSH	2:49.21
36	Kruger, Blake R	12	SWAR-WCD	2:51.66
37	Dippenaar Safi, Ethan C	12	BARA-EKU	2:53.59
38	Snyman, Kaiden	12	SGUL-ETH	2:53.71
39	Jacobs, MACHARIA D	12	RFA-TSH	2:55.46
40	Musoni, Takundzwa	12	HRE	3:18.89

#301 Boys 13 200 Meter Free

2016SA Age G: 1:58.34# 2013 Jarryd L. Baxter at SA L

Name	Age	Team	Finals Time
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Finals

1	Carpinteiro, Diego	13	CA-EKU	2:14.76
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2	De Amorim, Connor M	13	PER-JHB	2:17.33
3	Kyster, Daylen R	13	MAKO-EKU	2:19.80
4	Ngomezza, Tumi K	13	BAS-EKU	2:20.16
5	Basto, Goncalo M	13	CDTM	2:20.44
6	Von Bormann, Peter T	13	ELEC-TSH	2:21.45
7	Aspden, Kailan B	13	CA-EKU	2:22.25
8	Swarts, Brendan	13	CA-EKU	2:23.57
9	Raymond, Mmoloki J	13	DMSS	2:23.71
10	Kneubuhler, Luca J	13	AA-JHB	2:34.15

#301 Boys 13 200 Meter Free

2016SA Age G: 1:58.34# 2013 Jarryd L. Baxter at SA L

Name	Age	Team	Prelim Time
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Preliminaries

1	Carpinteiro, Diego	13	CA-EKU	2:16.12
2	De Amorim, Connor M	13	PER-JHB	2:19.50
3	Kyster, Daylen R	13	MAKO-EKU	2:20.33
4	Von Bormann, Peter T	13	ELEC-TSH	2:23.16
5	Aspden, Kailan B	13	CA-EKU	2:23.59
6	Raymond, Mmoloki J	13	DMSS	2:23.93
7	Basto, Goncalo M	13	CDTM	2:24.04
8	Jahnel, Garrick M	13	SOUL-EKU	2:24.08
9	Ngomezza, Tumi K	13	BAS-EKU	2:24.91
10	Kneubuhler, Luca J	13	AA-JHB	2:25.02
11	Swarts, Brendan	13	CA-EKU	2:25.53
12	Heitmuller, Quade	13	TRAZ-TSH	2:25.91

13	Kalvachev, Niki P	13	WATR-JHB	2:26.60
14	Van Wyngaard, Rigter Z	13	TUKS-TSH	2:29.17
15	Teich, Shaun	13	TKS-WBD	2:29.67
16	Heide, Damon	13	H2O-EKU	2:29.94
17	Mülder, Eli-Ray	13	MDOL-JHB	2:30.03
18	Sutherland, Luandre W	13	WATR-JHB	2:30.23
19	Glorioso, Zayne	13	CSA-EZD	2:30.28
20	McEwan, Nathan	13	AA-JHB	2:30.74
21	Webb, Mason M	13	DRGN-JHB	2:30.92
22	Mushonga, Christian I	13	RIVO-JHB	2:30.94
23	Cokayne, Gabriel J	13	CRSC-JHB	2:30.95
24	Symms, Richard J	13	DORE-JHB	2:31.20
25	Plint, Connor J	13	MAKO-EKU	2:31.59
26	Fernandes, David D	13	CA-EKU	2:32.54
27	Jjuko, Matthew M	13	GAC	2:33.47
28	Sutherland, Ruben C	13	WATR-JHB	2:33.63
29	Chivandire, Adriel N	13	WATR-JHB	2:33.84
30	James, Deante	13	WATR-JHB	2:34.34
31	Pretorius, Ivan L	13	TUKS-TSH	2:34.35
32	Ripley, Jordan	13	BAS-EKU	2:34.50
33	Müller, Dawid H	13	TUKS-TSH	2:35.11
34	Lategan, Wessel W	13	SWAR-WCD	2:37.12
35	Masanganise, Edward	13	BASA	2:37.29
36	Plint, Matthew J	13	MAKO-EKU	2:38.28
37	Olivier, Tiaan	13	TUKS-TSH	2:38.74
38	Ostoja, Frano M	13	CA-EKU	2:39.35
39	Lazaridis, Leo P	13	CA-EKU	2:40.71
40	Le Roux, Marthinus H	13	TUKS-TSH	2:40.84
41	Potgieter, Josea P	13	ESA	2:40.98
42	Lee, Tristan	13	PGAC-EKU	2:44.07

#301 Boys 14 200 Meter Free

2016SA Age G: 1:55.06# 2012 Kyle Van Niekerk at aQ

Name	Age	Team	Finals Time
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Finals

1	Otto, Amir	14	ELEC-TSH	2:10.22
2	Smit, Christiaan	14	TUKS-TSH	2:10.33
3	Otto, Luca L	14	CSC-TSH	2:15.69
4	Luhabe, Fezile Z	14	CA-EKU	2:18.26
5	Vosloo, Matthys	14	DDA-TSH	2:18.39
6	Letsoalo, Tetelo C	14	BAS-EKU	2:20.73
7	John, Joshua A	14	AA-JHB	2:20.88
8	Mutooni, Leo K	14	ELEC-TSH	2:21.89
9	Papadopoulos, Ilia N	14	UNIU-EZD	2:22.36
10	Archer, Paul P	14	NSFED	2:22.69

#301 Boys 14 200 Meter Free

2016SA Age G: 1:55.06# 2012 Kyle Van Niekerk at aQ

Name	Age	Team	Prelim Time
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Preliminaries

1	Otto, Amir	14	ELEC-TSH	2:12.21
2	Smit, Christiaan	14	TUKS-TSH	2:14.82
3	Otto, Luca L	14	CSC-TSH	2:17.04
4	Hu, Silas G	14	SWIMS-EKU	2:17.32
5	Luhabe, Fezile Z	14	CA-EKU	2:18.21
6	Vosloo, Matthys	14	DDA-TSH	2:19.41
7	Eldar, Eitan	14	TUKS-TSH	2:20.39
8	Mutooni, Leo K	14	ELEC-TSH	2:21.03
9	Wood, Callum R	14	WATR-JHB	2:21.36
10	Letsoalo, Tetelo C	14	BAS-EKU	2:21.43
11	Potgieter, Ruan P	14	CRSC-JHB	2:22.54
12	Archer, Paul P	14	NSFED	2:23.02

13	John, Joshua A	14	AA-JHB	2:23.42
14	Papadopoulos, Ilia N	14	UNIU-EZD	2:23.87
15	Kasselman, Juan	14	RBOT-BPD	2:24.01
16	Vermeulen, Joshua	14	MAKO-EKU	2:24.29
17	Booyesen, James C	14	RFA-TSH	2:24.92
18	van der Walt, Conrad	14	MDOL-JHB	2:24.97
*19	Lipton, Emile	14	ELEC-TSH	2:25.56
*19	Ferreira, Reid A	14	SOUL-EKU	2:25.56
21	Pretorius, Hennie H	14	SWAR-WCD	2:25.89
22	Smith, Isaiah S	14	MDOL-JHB	2:26.08
23	Vorster, Ewan	14	HPS-TSH	2:26.12
24	Nel, Zian	14	RBOT-BPD	2:26.13
25	Marais, Mason P	14	SS-MPD	2:27.92
26	Van Buren, Kian S	14	RIVO-JHB	2:27.99
27	Oosthuizen, Nathan	14	PGAC-EKU	2:29.91
28	Morris, Jaydon	14	CA-EKU	2:31.10
29	Bayne, William T	14	DORE-JHB	2:31.56
30	Wilkins, Max C	14	HPS-TSH	2:32.32
31	Montshiwa, Katlo L	14	DMSS	2:34.76

#301 Men 15 200 Meter Free

2016SA Age G: 1:51.91# 2015 Jarryd L. Baxter at SA L

Name	Age	Team	Finals Time
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Finals

1	Buys, Stiaan	15	TUKS-TSH	2:06.56
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SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Finals ... (#301 Men 15 200 Meter Free)

2	Allen, Zander K	15	BAS-EKU	2:06.66
3	Balt, Christiaan O	15	TUKS-TSH	2:08.97
4	van der Westhuizen, Chri	15	NSFED	2:10.35
5	Sandilands, Matthew L	15	MDOL-JHB	2:10.88
6	Els, Aiden	15	CSA-EZD	2:11.03
7	Van der Westhuizen, Jasp	15	CRSC-JHB	2:14.78
8	Bloem, Reinhardt	15	TUKS-TSH	2:15.03
9	Tredoux, Keegan C	15	NWUC-KKD	2:16.61
10	De Villiers, Dawid	15	CSA-EZD	3:02.28

#301 Men 15 200 Meter Free

2016SA Age G: 1:51.91# 2015 Jarryd L. Baxter at SA L

Name	Age	Team	Prelim Time	
Preliminaries				
1	Buys, Stiaan	15	TUKS-TSH	2:09.82
2	Allen, Zander K	15	BAS-EKU	2:11.02
3	Els, Aiden	15	CSA-EZD	2:11.43
4	Balt, Christiaan O	15	TUKS-TSH	2:11.55
5	van der Westhuizen, Chri	15	NSFED	2:11.82
6	Van der Westhuizen, Jasp	15	CRSC-JHB	2:11.99
7	Sandilands, Matthew L	15	MDOL-JHB	2:12.14
8	De Villiers, Dawid	15	CSA-EZD	2:14.24
*9	Bloem, Reinhardt	15	TUKS-TSH	2:15.00
*9	Tredoux, Keegan C	15	NWUC-KKD	2:15.00

11	Makurube, Bohlale	15	MATL-KKD	2:15.48
12	Ip, Julian	15	WATR-JHB	2:16.33
13	Walters, Luke	15	VASA-EKU	2:16.39
14	De Milander, Evan	15	JAQ-EKU	2:17.07
15	Jansen van Vuuren, Conr	15	MAKO-EKU	2:18.97
16	Heyneke, Stephan S	15	TUKS-TSH	2:19.14
17	Hinchcliffe, Drew B	15	RIVO-JHB	2:19.43
18	Van Der Nest, Milan O	15	UNIUEZD	2:19.85
19	De Sousa, Nicholas J	15	MDOL-JHB	2:20.09
20	Breetzke, Luke B	15	SS-MPD	2:21.00
21	Gauldie, Travis R	15	RFA-TSH	2:21.26
22	Bosman, Daniel	15	UNIUEZD	2:21.46
23	Kruger, Benje J	15	RFA-TSH	2:21.58
24	Beling, Justin B	15	CA-EKU	2:21.74
25	He, Henry	15	CA-EKU	2:22.18
26	Mmatli, Onthatile D	15	DRGN-JHB	2:24.12
27	Von Brandis, Carl C	15	MDOL-JHB	2:25.35
28	Venter, Adriaan	15	VRC-TSH	2:26.42
29	O'Connor, Tristan P	15	AA-JHB	2:27.91

#301 Men 16 200 Meter Free

2016SA Age G: 1:51.71# 2013 Joshua Steyn at NTS Cha

Name	Age	Team	Finals Time	
Finals				
1	Mellis, Dean T	16	TUKS-TSH	1:59.22
2	Vesely, Matej E	16	TRAZ-TSH	2:06.23
3	Van Der Westhuizen, Jan	16	STSC-KC	2:09.63
4	Pohl, MJ J	16	SS-MPD	2:10.60
5	Breet, Maynard C	16	CSA-EZD	2:13.20
6	Kymdell, Ivan J	16	TUKS-TSH	2:13.94
7	Neilson, Evan J	16	QUES-JHB	2:13.99

8	Nattrass, Corin R	16	WATR-JHB	2:14.82
9	Delpport, Jayden S	16	PGAC-EKU	2:18.03
10	Botha, Trevor J	16	SWIFT-EKU	2:20.05

#301 Men 16 200 Meter Free

2016SA Age G: 1:51.71# 2013 Joshua Steyn at NTS Cha

Name	Age	Team	Prelim Time	
Preliminaries				
1	Mellis, Dean T	16	TUKS-TSH	2:01.75
2	Vesely, Matej E	16	TRAZ-TSH	2:09.41
3	Van Der Westhuizen, Jan	16	STSC-KC	2:10.99
4	Pohl, MJ J	16	SS-MPD	2:11.23
5	Breet, Maynard C	16	CSA-EZD	2:12.91
6	Neilson, Evan J	16	QUES-JHB	2:13.13
7	Nattrass, Corin R	16	WATR-JHB	2:13.50
8	Kymdell, Ivan J	16	TUKS-TSH	2:15.08
9	Botha, Trevor J	16	SWIFT-EKU	2:15.59
10	Delpport, Jayden S	16	PGAC-EKU	2:15.80
11	Lategan, Nicky N	16	SWAR-WCD	2:15.82
12	Williams, Trent J	16	SOUL-EKU	2:16.60
13	Nel, Jano P	16	MAKO-EKU	2:17.61
14	Gomes, Tiago J	16	TUKS-TSH	2:19.55
15	Potgieter, Brendan	16	TUKS-TSH	2:19.89
16	Lombard, Adriaan	16	TUKS-TSH	2:20.37
17	Solomons, Luke	16	QUES-JHB	2:21.43
18	Xie, Felix	16	ELEC-TSH	2:21.98
19	Goondie, Asif	16	SUPE-JHB	2:23.78
20	Maphologela, Thabang T	16	DRGN-JHB	2:27.28
21	Holland-Muter, Jesse	16	SWAR-WCD	2:29.69
22	Abrahams, Cayden	16	DRGN-JHB	2:30.05
23	Tallarico, Marcello F	16	MAKO-EKU	2:44.27

#302 Girls 11&U 200 Meter Free

Name	Age	Team	Finals Time	
Finals				
1	Thomba, Lame	11	DMSS	2:30.92
2	Spencer, Mackenzie A	11	TRAZ-TSH	2:33.24
3	Kotzé, Lisa	11	POTC-KKD	2:34.88
4	Whyte, Ava	10	HRE	2:34.98
5	Piater, Amelie	11	ELRAS-WBD	2:35.09
6	Oosthuizen, Emma	11	AA-JHB	2:36.07
7	Goosen, Ashleigh	11	UNIUEZD	2:39.61
8	Qiu, Muyan	10	HRE	2:40.42
9	Bac, Arianne	11	TUKS-TSH	2:40.93
10	Adelaine, Kenzie	11	AA-JHB	2:42.84

#302 Girls 11&U 200 Meter Free

Name	Age	Team	Prelim Time	
Preliminaries				
1	Thomba, Lame	11	DMSS	2:32.48
2	Spencer, Mackenzie A	11	TRAZ-TSH	2:32.79
3	Kotzé, Lisa	11	POTC-KKD	2:37.25
4	Qiu, Muyan	10	HRE	2:37.43
5	Piater, Amelie	11	ELRAS-WBD	2:38.02
6	Oosthuizen, Emma	11	AA-JHB	2:40.44
7	Whyte, Ava	10	HRE	2:41.00
8	Bac, Arianne	11	TUKS-TSH	2:41.05

9	Goosen, Ashleigh	11	UNIUEZD	2:41.34
10	Adelaine, Kenzie	11	AA-JHB	2:42.13
11	Lingerfelder, Elle A	11	AA-JHB	2:42.18
12	Rall, Gabriella	11	FAC-EKU	2:42.45
13	Sun, Berre	11	MDOL-JHB	2:42.64
14	Mann, Sarah	11	CA-EKU	2:43.97
15	Labuscagne, Phelan	11	CRSC-JHB	2:44.07
16	Swartz, Chrisna	11	TUKS-TSH	2:44.33
17	Madondo, Sabrina M	11	AAS-JHB	2:44.57
18	Kenosi, Zhaoying	11	DMSS	2:46.13
19	Erni, Nele M	9	NSFED	2:47.19
20	Cronje, Kayline	11	JAQ-EKU	2:47.94
21	Williams, Liya	11	NSFED	2:48.16
22	Viviers, Alana	11	LINR-JHB	2:49.27
23	Sanya, Crystal	11	SHAQC-ZZ	2:49.76
24	Luhabe, Nolitha A	10	CA-EKU	2:50.15
25	Markgraaff, Kelsey	11	TUKS-TSH	2:50.52
26	Nemakanga, Thendo	11	AAS-JHB	2:50.82
27	Ferreira, Mika	11	TUKS-TSH	2:51.39
28	Trollip, Devhyn G	11	UNIUEZD	2:52.18
29	Tschofen, Arabella S	11	AA-JHB	2:53.85
30	Coetzee, Veronique	11	JAQ-EKU	2:54.07
31	Tonkinson, Mia	11	SOUL-EKU	2:54.24
32	Bruwer, Leané	11	SWAR-WCD	2:54.71
33	Husselmann, Sophia	10	NSFED	2:55.22
34	Sibanda, Jaynell	11	BASA	2:59.72
35	Barnard, Jane	10	CSA-EZD	3:01.57
36	Myeni, Ivile	11	ESA	3:04.52
37	Cox, Emma A	10	TUKS-TSH	3:05.94
38	Noble, Holly	11	ESP-EKU	3:11.43
39	Oswald, Psalm M	11	ESP-EKU	3:21.91

#302 Girls 12 200 Meter Free

2016SA Age G: 2:09.59# 2015 Rebecca A. Meder at SA

Name	Age	Team	Finals Time	
Finals				
1	Spence, Amber G	12	ELEC-TSH	2:24.84
2	De Bruin, Charné	12	TUKS-TSH	2:26.79
3	Dandoulakis, Alexi	12	CA-EKU	2:29.59
4	Prinsloo, Miané	12	ACAQ-CCD	2:29.80
5	Nel, Mila M	12	TUKS-TSH	2:31.02
6	Botha, Annebelle	12	PER-JHB	2:31.85
7	Smit, Anzel	12	EXP-TSH	2:36.86
8	Burstein, Morgan R	12	TUKS-TSH	2:38.00
9	Goldenhuis, Mila	12	ACAQ-CCD	2:38.02
10	Wood, Amy-Lee	12	CA-EKU	2:39.18

#302 Girls 12 200 Meter Free

2016SA Age G: 2:09.59# 2015 Rebecca A. Meder at SA

Name	Age	Team	Prelim Time	
Preliminaries				
1	Spence, Amber G	12	ELEC-TSH	2:28.39
2	De Bruin, Charné	12	TUKS-TSH	2:29.11
3	Dandoulakis, Alexi	12	CA-EKU	2:31.70
4	Botha, Annebelle	12	PER-JHB	2:33.56
5	Prinsloo, Miané	12	ACAQ-CCD	2:34.01
6	Nel, Mila M	12	TUKS-TSH	2:34.45

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#302 Girls 12 200 Meter Free)			
Name	Age	Team	Time
7 Wood, Amy-Lee	12	CA-EKU	2:36.63
8 Burstein, Morgan R	12	TUKS-TSH	2:37.01
9 Geldenhuis, Mila	12	ACAQ-CCD	2:37.63
10 Smit, Anzel	12	EXP-TSH	2:38.30
11 Chiang, Sophie	12	WATR-JHB	2:38.46
12 Sohoni, Aahana	12	PSC	2:38.62
13 Stoffberg, Alexis	12	NSFED	2:39.39
14 Short, Kyla J	12	MDOL-JHB	2:39.81
15 Losper, Aaliyah J	12	NSFED	2:40.56
16 Komani, Zara	12	WATR-JHB	2:40.94
17 Mnangagwa, Bethany	12	HRE	2:43.38
18 Roets, Emma	12	TUKS-TSH	2:44.22
19 Shelton, Kyleigh A	12	ESTR-EKU	2:45.61
20 Ndlovu, Marang L	12	MDOL-JHB	2:45.65
21 Knudsen, Harley	12	PGAC-EKU	2:46.69
22 Van Breda, Isabella	12	NWUC-KKD	2:46.87
23 Makhatho, Tiisetso	12	ESP-EKU	2:47.29
24 De Beer, Zenéy	12	CSA-EZD	2:48.17
25 Adelaine, Jorja	12	AA-JHB	2:48.36
26 Scott, Gabriella	12	TUKS-TSH	2:49.14
27 Odendaal, Olivia L	12	HPS-TSH	2:49.49
28 Haasbroek, Mari	12	EXP-TSH	2:52.54
29 Heyns, Lua	12	DDA-TSH	2:53.74
30 Dornon, Elizabeth E	12	VASA-EKU	2:57.05
31 Shaetonhodi, Larissa	12	NSFED	3:02.20

#302 Girls 13 200 Meter Free

2016SA Age G: 2:07.08# 2015 Rebecca A. Meder at Aff

Name	Age	Team	Finals Time
1 Cheshire, Kate E	13	MDOL-JHB	2:26.01
2 Meyburgh, Olivia C	13	CA-EKU	2:26.11
3 Parker, Cala	13	DMSS	2:29.91
4 Van Der Merwe, Paiton R	13	CA-EKU	2:30.69
5 Vreenegeoor, Isabella	13	CRSC-JHB	2:34.40
6 Vuyeqaba, Unathi T	13	TUKS-TSH	2:34.46
7 Nolan, Kathryn A	13	MDOL-JHB	2:35.72
8 Du Preez, Elizabeth	13	TUKS-TSH	2:36.62
9 Dippenaar, Katja R	13	NSFED	2:38.62
10 Schoeman, Shelby L	13	CA-EKU	2:40.83

#302 Girls 13 200 Meter Free

2016SA Age G: 2:07.08# 2015 Rebecca A. Meder at Aff

Name	Age	Team	Prelim Time
1 Cheshire, Kate E	13	MDOL-JHB	2:30.81
2 Parker, Cala	13	DMSS	2:31.18
3 Meyburgh, Olivia C	13	CA-EKU	2:32.39
4 Van Der Merwe, Paiton R	13	CA-EKU	2:33.20
5 Vuyeqaba, Unathi T	13	TUKS-TSH	2:33.86
6 Vreenegeoor, Isabella	13	CRSC-JHB	2:34.04
7 Nolan, Kathryn A	13	MDOL-JHB	2:34.76
8 Schoeman, Shelby L	13	CA-EKU	2:35.35
9 Du Preez, Elizabeth	13	TUKS-TSH	2:37.04
10 Dippenaar, Katja R	13	NSFED	2:38.28

11 Ngwenya, Rachel	13	BASA	2:39.50
12 Vermaak, Marizelle	13	HREF-BPD	2:39.76
13 Mostert, Abby J	13	AWIN-TSH	2:39.80
14 McDowell, Caitlin L	13	ESP-EKU	2:40.02
15 Harris, Madison	13	SOUL-EKU	2:40.28
16 Zamisa, Lumka K	13	HREF-BPD	2:40.64
17 Rautenbach, Chloe M	13	UNI-U-EZD	2:41.19
18 Nieuwoudt, Jenna M	13	SWAR-WCD	2:42.46
19 Machill, Cayleigh J	13	BARA-EKU	2:43.59
20 Bhabha, Aisha	13	MDOL-JHB	2:44.94

#302 Girls 14 200 Meter Free

2016SA Age G: 2:03.67# 2011 Michelle Weber-Telkom

Name	Age	Team	Finals Time
1 Pienaar, Mia	14	CA-EKU	2:23.11
2 Sutherland, Hayleigh B	14	TUKS-TSH	2:23.75
3 Erasmus, Amelie	14	SOUL-EKU	2:26.14
4 Da Silva, Abigail Z	14	TUKS-TSH	2:26.43
5 De Lange, Roxy	14	PAC-TSH	2:26.70
6 Oliphant, Chloe B	14	PAC-TSH	2:29.03
7 Wood, Jessica	14	CA-EKU	2:29.79
8 Bezuidenhout, Martinet	14	TUKS-TSH	2:30.11
9 Lamprecht, Anika	14	VRC-TSH	2:30.18
10 Wright, Hannah C	14	CA-EKU	2:30.68

#302 Girls 14 200 Meter Free

2016SA Age G: 2:03.67# 2011 Michelle Weber-Telkom

Name	Age	Team	Prelim Time
1 Pienaar, Mia	14	CA-EKU	2:24.30
2 Sutherland, Hayleigh B	14	TUKS-TSH	2:25.54
3 Da Silva, Abigail Z	14	TUKS-TSH	2:26.13
4 Erasmus, Amelie	14	SOUL-EKU	2:26.89
5 Oliphant, Chloe B	14	PAC-TSH	2:27.08
6 Bezuidenhout, Martinet	14	TUKS-TSH	2:27.22
7 Wood, Jessica	14	CA-EKU	2:27.90
8 De Lange, Roxy	14	PAC-TSH	2:28.73
9 Lamprecht, Anika	14	VRC-TSH	2:28.85
10 Wright, Hannah C	14	CA-EKU	2:29.44

11 Maponyane, Mary	14	BAS-EKU	2:30.00
12 Cronje, Jaimee E	14	COMS-TSH	2:30.11
13 McNamara, Scarlett	14	NSFED	2:30.80
14 Ackerman, Emily K	14	QUES-JHB	2:32.36
15 Redfern, Isabella M	14	CRSC-JHB	2:32.88
16 Stewart, Leah	14	TASC-MPD	2:33.09
17 Marais, Marijn M	14	TUKS-TSH	2:33.62
18 Alton, Madison R	14	RFA-TSH	2:34.27
19 Jackson, Victoria J	14	SOUL-EKU	2:34.63
20 Cownie, Isabella E	14	TUKS-TSH	2:34.93
21 Maruping, Bokkie M	14	LINR-JHB	2:34.98
22 Lloyd-Swanepoel, Ella	14	MAKO-EKU	2:35.99
23 de Jager, Leah	14	CRSC-JHB	2:36.50
24 Weber, Abigail M	14	DRGN-JHB	2:36.60
25 Gotthardt, Emma	14	ELEC-TSH	2:37.76
26 Kalpage, Kiana T	14	VASA-EKU	2:40.01
27 Barnard, Lyla	14	RFA-TSH	2:40.60

28 Kavanagh, Trinity	14	TCA-EKU	2:42.03
29 Goosen, Rachele	14	UNI-U-EZD	2:44.59

#302 Women 15 200 Meter Free

2016SA Age G: 2:03.55# 2013 MARLIES ROSS at SPEE

Name	Age	Team	Finals Time
1 Billett, Kristen	15	ELEC-TSH	2:21.50
2 Evans, Lillie P	15	RACE-JHB	2:23.95
3 Govind, Nikita	15	TRAZ-TSH	2:25.71
4 Scheepers, Janneke	15	SGUL-ETH	2:27.35
5 Mayhew, Megan A	15	WATR-JHB	2:27.87
6 Venter, Lizelle	15	TUKS-TSH	2:28.27
7 Matthysen, Jessica	15	CSA-EZD	2:31.54
8 Gallant Da Silva, Emma L	15	MDOL-JHB	2:32.46
9 Lamprecht, Macayla A	15	CA-EKU	2:33.03
10 Watson, Emily R	15	ELEC-TSH	2:34.13

#302 Women 15 200 Meter Free

2016SA Age G: 2:03.55# 2013 MARLIES ROSS at SPEE

Name	Age	Team	Prelim Time
1 Govind, Nikita	15	TRAZ-TSH	2:24.03
2 Watson, Emily R	15	ELEC-TSH	2:24.96
3 Evans, Lillie P	15	RACE-JHB	2:25.00
4 Billett, Kristen	15	ELEC-TSH	2:26.40
5 Mayhew, Megan A	15	WATR-JHB	2:26.68
6 Knight, Caitlin A	15	WATR-JHB	2:27.29
7 Lamprecht, Macayla A	15	CA-EKU	2:30.14
8 Venter, Lizelle	15	TUKS-TSH	2:30.82
9 Matthysen, Jessica	15	CSA-EZD	2:30.96
10 Scheepers, Janneke	15	SGUL-ETH	2:30.97

11 Gallant Da Silva, Emma L	15	MDOL-JHB	2:32.95
12 Oosthuizen, Amore	15	CSA-EZD	2:32.97
13 Van den Berg, Therese	15	CRSC-JHB	2:33.46
14 Palmer, Keira L	15	CRSC-JHB	2:34.10
15 Xaba, Kapitolina O	15	SASE-JHB	2:34.36
16 Cockeran, Marguerite L	15	DRGN-JHB	2:34.70
17 Rossouw, Lechelle	15	TUKS-TSH	2:38.34
18 September, Isabella J	15	TUKS-TSH	2:40.09
19 Bulhakova, Victoria	15	SWIFT-EKU	2:41.20
20 Nolan, Emma M	15	MDOL-JHB	2:41.91
21 Engelbrecht, Dedre	15	RBOT-BPD	2:44.96
22 Coetzee, Carli	15	QUES-JHB	2:48.40

#302 Women 16 200 Meter Free

2016SA Age G: 2:02.06# 2014 MARLIES ROSS at Sa Na

Name	Age	Team	Finals Time
1 De Souza, Mila	16	EXP-TSH	2:18.98
2 Upton, Odette	16	TKS-WBD	2:19.18
3 Vd Walt, Inge	16	DDA-TSH	2:22.21
4 Smith, Madison M	16	CA-EKU	2:27.87
5 Mashingaidze, Shalem	16	WATR-JHB	2:28.94
6 Kulnych, Abbigail	16	CA-EKU	2:29.45
7 Pretorius, Lenè L	16	TUKS-TSH	2:30.14

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#302 Women 16 200 Meter Free				2016SA Age G: 2:02.06# 2014 MARLIES ROSS at Sa Na			
Name	Age	Team	Prelim Time				
Preliminaries							
1 De Souza, Mila	16	EXP-TSH	2:20.35	4 Nunes, Joao	10	ESA	40.50
2 Upton, Odette	16	TKS-WBD	2:21.15	5 Felton, Adam M	11	WATR-JHB	40.60
3 Vd Walt, Inge	16	DDA-TSH	2:24.34	6 Rijnen, Owen	11	NSFED	40.68
4 Doolan, Addison J	16	WATR-JHB	2:26.07	7 Huisamen, Luan	11	STAR-BPD	40.70
5 Pretorius, Lenè L	16	TUKS-TSH	2:28.16	8 Maatouk, Jawad	11	SASE-JHB	40.78
6 Smith, Madison M	16	CA-EKU	2:29.22	*9 Raffle, Liam	11	CA-EKU	41.72
7 Kulynych, Abbigail	16	CA-EKU	2:30.19	*9 Thirion, Zandro	11	NSFED	41.72
8 Mashingaidze, Shalem	16	WATR-JHB	2:30.45	11 Van Der Merwe, Xander	11	HARB-BPD	42.28
9 Jansen, Megan M	16	UNIU-EZD	2:36.04	12 Petersen, Eli	11	BASA	42.53
10 Martins, Keira	16	H20-EKU	2:48.78	*13 Schroeder, Liam R	11	EXP-TSH	42.55
				*13 Masiu, Tiisetso K	11	CA-EKU	42.55
				15 Groenewald, Liam D	11	RFA-TSH	42.69
				16 Vlok, Rijnhardt A	11	LINR-JHB	43.40
				17 Liebenberg, Jacques P	11	SS-MPD	44.13
				18 Dreyer, Lauritz	11	TUKS-TSH	44.66
				19 Mattheus, Carter	11	PER-JHB	44.72
				20 Banks, Tristan D	11	AAS-JHB	44.81
				21 Lin, Yuchen	10	NSFED	44.84
				22 North, Jayce J	11	WATR-JHB	45.10
				23 Adams, Avery	10	PAC-TSH	45.37
				24 Xavier, Travis	11	ELEC-TSH	45.40
				25 Whitaker, Jake R	11	SS-MPD	45.67
				26 Kelsey, Jayden	11	ACAQ-CCD	45.75
				27 Roos, Callum D	11	TRAZ-TSH	45.83
				28 van der Merwe, Liam	11	ESP-EKU	46.12
				29 Pretorius, Luke	11	SOUL-EKU	46.20
				30 Mayabane, Fezibunye	11	ESA	46.22
				*31 Sieberhagen, Dewet M	11	AWIN-TSH	47.10
				*31 Koekemoer, Ryan J	11	DRGN-JHB	47.10
				33 Graaff, Juanlu C	11	COMS-TSH	47.17
				34 Swartz, Mauritz M	9	SGUL-ETH	47.20
				35 Van der Merwe, Aiden	11	EXP-TSH	47.59
				36 Markgraaff, Dean R	11	TUKS-TSH	47.81
				37 Loubser, Dreyer D	11	CSC-TSH	48.11
				38 Otto, Llewellyn	11	CSC-TSH	48.14
				39 Huang, Guoxuan	10	NSFED	48.20
				40 Rautenbach, Syrian B	11	UNIU-EZD	48.44
				41 Du Plessis, Lihan	11	HARB-BPD	48.49
				42 Keun, Retief	10	HARB-BPD	52.80
				--- Roux, Keanu	11	NSFED	DQ
				Head did not break the surface before hands turned in a			
				--- van Niekerk, Wian W	11	TRAZ-TSH	DQ
				False start			
				#305 Boys 12 50 Meter Breast			
				2016SA Age G: 32.75# 2015 Luan E. Grobbelaar at SA L			
				Name	Age	Team	Finals Time
				Finals			
				1 Pockock, Benjamin R	12	ELEC-TSH	36.99
				2 Muchengi, Nathaniel	12	HRE	37.70
				3 Quagraine, Ekow A	12	CA-EKU	37.72
				4 Roodt, Adam A	12	TUKS-TSH	38.71
				5 Frewen, Aaron D	12	RIVO-JHB	39.21
				6 van Zyl, Matheo	12	CA-EKU	40.08
				7 Luhabe, Bandile L	12	CA-EKU	40.34
				8 Alley, Luke	12	ELEC-TSH	40.38
				9 Köpplinger, Axel F	12	TUKS-TSH	40.81
				10 Wheeler, Jaxon	12	MDOL-JHB	43.30
				#305 Boys 12 50 Meter Breast			
				2016SA Age G: 32.75# 2015 Luan E. Grobbelaar at SA L			
				Name	Age	Team	Prelim Time
				Preliminaries			
				1 Pockock, Benjamin R	12	ELEC-TSH	37.40
				2 Muchengi, Nathaniel	12	HRE	38.45
				3 Frewen, Aaron D	12	RIVO-JHB	38.56
				4 Roodt, Adam A	12	TUKS-TSH	38.84
				5 Quagraine, Ekow A	12	CA-EKU	39.53
				6 van Zyl, Matheo	12	CA-EKU	40.56
				7 Luhabe, Bandile L	12	CA-EKU	40.93
				8 Alley, Luke	12	ELEC-TSH	41.12
				9 Wheeler, Jaxon	12	MDOL-JHB	41.13
				10 Köpplinger, Axel F	12	TUKS-TSH	41.22
				11 Nell, Matteo	12	CRSC-JHB	41.26
				12 Luz, Levi S	12	SOUL-EKU	41.32
				13 Venter, Xander	12	RIVO-JHB	41.46
				14 Dippenaar Safi, Ethan C	12	BARA-EKU	41.72
				15 De Angelis, Luca C	12	VASA-EKU	42.55
				16 Musoni, Takundzwa	12	HRE	42.56
				17 Yaldwyn, Liam	12	SASE-JHB	42.74
				18 Ellis, Joseph G	12	MDOL-JHB	42.85
				19 Bowl, Dominic	12	HRE	43.21
				20 Evans, Daniel-Louis	12	HREF-BPD	43.28
				21 Snyman, Kaiden	12	SGUL-ETH	43.70
				22 Smith, Owen C	12	WATR-JHB	43.87
				23 Papazian, Alexander	12	SASE-JHB	44.10
				24 Koller, Zac O	12	SASE-JHB	44.13
				25 Vd Berg, Wihan	12	TKS-WBD	44.14
				26 Jv Rensburg, Ben B	12	TUKS-TSH	44.19
				27 Fitzjohn, Benjamin	12	TUKS-TSH	44.56
				28 Wilkins, Brody B	12	RACE-JHB	44.66
				29 Shongwe, Sivikelwe J	12	ESA	44.99
				30 Swartz, Caleb	12	NSFED	45.31
				31 Shoko, Mukundi	12	HRE	46.15
				32 Nemvumoni, Ntsako C	12	WATR-JHB	46.22
				33 Jacobs, Willem	12	NWUC-KKD	46.47
				34 Jacobs, MACHARIA D	12	RFA-TSH	47.36
				35 De Milander, Zian	12	JAQ-EKU	48.21
				36 Venter, Jean	12	PAC-TSH	48.84
				37 Klukowski, Joshua R	12	NSFED	49.10
				--- Gabriels, James N	12	WATR-JHB	DQ
				Executed more than one butterfly kick at the start or turn			
				#305 Boys 13 50 Meter Breast			
				2016SA Age G: 31.58# 2013 Gareth R. Kemp at SA L			
				Name	Age	Team	Finals Time
				Finals			
				*1 Le Roux, Marthinus H	13	TUKS-TSH	35.92
				*1 Arangies, Leon H	13	MDOL-JHB	35.92
				3 Vorster, Weirich	13	SS-MPD	36.17
				4 Steenkamp, MJ J	13	WATR-JHB	36.50
				5 Mülder, Eli-Ray	13	MDOL-JHB	37.10
				6 De Amorim, Connor M	13	PER-JHB	37.26
				7 Jjuko, Matthew M	13	GAC	37.35
#303 Men 15-99 100 Meter Free Multi-Class Multi Cl							
Name	Age	Team	Finals Time				
Finals							
1 Qamarana, Amkele V S15	22	MPAR-JHB	1:05.87				
2 Cazzavillan, Lorenzo L S1	20	MDOL-JHB	1:47.15				
#303 Men 15-99 100 Meter Free Multi-Class Multi Cl							
Name	Age	Team	Prelim Time				
Preliminaries							
1 Qamarana, Amkele V S15	22	MPAR-JHB	1:06.11				
2 Cazzavillan, Lorenzo L S1	20	MDOL-JHB	1:41.89				
#304 Girls 14&U 100 Meter Free Multi-Class Multi Cl							
Name	Age	Team	Finals Time				
Finals							
1 Buda, Nokubonga G	13	ESP-EKU	1:42.32				
#304 Girls 14&U 100 Meter Free Multi-Class Multi Cl							
Name	Age	Team	Prelim Time				
Preliminaries							
1 Buda, Nokubonga G	13	ESP-EKU	1:41.55				
#305 Boys 11&U 50 Meter Breast							
Name	Age	Team	Finals Time				
Finals							
1 Zondo, Nkosana K	11	CA-EKU	39.73				
2 Pieters, Cayden R	11	SWAR-WCD	40.06				
3 Rijnen, Owen	11	NSFED	40.22				
4 Kyle, Ryan R	11	CRSC-JHB	40.29				
5 Nunes, Joao	10	ESA	40.53				
6 Huisamen, Luan	11	STAR-BPD	40.75				
7 Maatouk, Jawad	11	SASE-JHB	41.31				
8 Thirion, Zandro	11	NSFED	42.62				
9 Raffle, Liam	11	CA-EKU	42.63				
10 Van Der Merwe, Xander	11	HARB-BPD	42.64				
#305 Boys 11&U 50 Meter Breast							
Name	Age	Team	Prelim Time				
Preliminaries							
1 Pieters, Cayden R	11	SWAR-WCD	39.46				
2 Zondo, Nkosana K	11	CA-EKU	39.75				
3 Kyle, Ryan R	11	CRSC-JHB	40.16				

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Finals ... (#305 Boys 13 50 Meter Breast)

8	Mushonga, Christian I	13	RIVO-JHB	37.37
9	Chirwa, Boithato	13	WATR-JHB	37.85
10	Schalekamp, Anru	13	TASC-MPD	38.31

#305 Boys 13 50 Meter Breast

2016SA Age G: 31.58# 2013 Gareth R. Kemp at SA Le

Name	Age	Team	Prelim Time
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Preliminaries

1	Arangies, Leon H	13	MDOL-JHB	36.40
2	Le Roux, Marthinus H	13	TUKS-TSH	36.41
3	De Amorim, Connor M	13	PER-JHB	37.06
4	Mülder, Eli-Ray	13	MDOL-JHB	37.08
5	Vorster, Weirich	13	SS-MPD	37.19
6	Steenkamp, MJ J	13	WATR-JHB	37.55
*7	Mushonga, Christian I	13	RIVO-JHB	37.90
*7	Chirwa, Boithato	13	WATR-JHB	37.90
9	Jjuko, Matthew M	13	GAC	38.10
10	Schalekamp, Anru	13	TASC-MPD	38.28

11	Jahnel, Garrick M	13	SOUL-EKU	38.30
12	Taljaard, Adriaan	13	HARB-BPD	38.33

13	Heide, Damon	13	H2O-EKU	38.38
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14	Chanakira, Blessmore	13	HRE	38.41
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15	Clark, Logan	13	WATR-JHB	38.45
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16	Raymond, Mmoloki J	13	DMSS	38.50
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17	Keitumetse, Tshepang	13	SWC	38.52
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18	Sutherland, Luandre W	13	WATR-JHB	38.61
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19	Lee, Tristan	13	PGAC-EKU	38.89
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20	Houghton, Ronin D	13	SOUL-EKU	38.93
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21	Naude, Liam A	13	CSC-TSH	39.38
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22	Kalvachev, Niki P	13	WATR-JHB	39.41
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23	Dukoff - Gordon, Kyle	13	CA-EKU	39.48
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24	Jarvis, Gabriel Paiva	13	ESA	39.53
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25	Lazaridis, Leo P	13	CA-EKU	39.56
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26	Sutherland, Ruben C	13	WATR-JHB	39.62
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27	Mudyiwa, Anashe	13	HRE	39.87
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28	Lategan, Wessel W	13	SWAR-WCD	40.08
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29	Van der Merwe, Morne F	13	DDA-TSH	40.43
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30	Webb, Mason M	13	DRGN-JHB	40.54
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31	Olivier, Tiaan	13	TUKS-TSH	41.55
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32	Buys, Ruhan	13	TUKS-TSH	42.15
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33	Ostoja, Frano M	13	CA-EKU	43.93
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34	Masanganise, Edward	13	BASA	43.99
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35	Ngomezza, Tumi K	13	BAS-EKU	44.02
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36	Plint, Connor J	13	MAKO-EKU	44.69
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37	Plint, Matthew J	13	MAKO-EKU	47.98
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#305 Boys 14 50 Meter Breast

2016SA Age G: 30.57# 2015 Luke Ashton at Vita-thi

Name	Age	Team	Finals Time
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Finals

1	Potgieter, Ruan P	14	CRSC-JHB	33.44
2	Le Roux, Juan	14	AWIN-TSH	33.63
3	Garrett, Blake	14	TRAZ-TSH	33.81
4	Otto, Luca L	14	CSC-TSH	34.05
5	John, Joshua A	14	AA-JHB	34.69

6	Abhai, Sameer	14	BAS-EKU	35.15
7	Montshiwa, Katlo L	14	DMSS	36.00
8	Marais, Mason P	14	SS-MPD	36.25
9	Weber, Alexander R	14	DRGN-JHB	37.09
10	van der Walt, Conrad	14	MDOL-JHB	37.99

#305 Boys 14 50 Meter Breast

2016SA Age G: 30.57# 2015 Luke Ashton at Vita-thi

Name	Age	Team	Prelim Time
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Preliminaries

1	Garrett, Blake	14	TRAZ-TSH	33.77
2	Le Roux, Juan	14	AWIN-TSH	33.84
3	Otto, Luca L	14	CSC-TSH	33.86
4	Potgieter, Ruan P	14	CRSC-JHB	33.96
5	John, Joshua A	14	AA-JHB	35.22
6	Abhai, Sameer	14	BAS-EKU	35.59
7	Weber, Alexander R	14	DRGN-JHB	36.65
8	Marais, Mason P	14	SS-MPD	36.82
9	Breet, Donovan	14	RBOT-BPD	36.84
*10	Montshiwa, Katlo L	14	DMSS	37.10
*10	van der Walt, Conrad	14	MDOL-JHB	37.10

Swim-Off Required

12	Felton, Connor M	14	WATR-JHB	37.78
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13	Papadopoulos, Ilia N	14	UNIU-EZD	37.81
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14	Hu, Silas G	14	SWIMS-EKU	37.87
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15	Kendall, Thomas L	14	ESTR-EKU	38.09
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16	Vorster, Ewan	14	HPS-TSH	38.19
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17	Booyesen, James C	14	RFA-TSH	38.34
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18	Tomlinson, Andrew J	14	HPS-TSH	38.74
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19	Kathena, Junior J	14	NSFED	40.27
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20	Pretorius, Hennie H	14	SWAR-WCD	40.62
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#305 Men 15 50 Meter Breast

2016SA Age G: 28.65# 2016 Michael J Houlie-Grand

Name	Age	Team	Finals Time
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Finals

1	Schoeman, Sabby A	15	PAC-TSH	32.27
2	Muller, Blake M	15	DRGN-JHB	33.26
3	Venter, Adriaan	15	VRC-TSH	33.28
4	Clancy, Cayden	15	DRGN-JHB	33.53
5	Govindasamy, Gerrard E	15	ELEC-TSH	33.76
6	De Villiers, Dawid	15	CSA-EZD	33.82
7	Bezuidenhout, Joha J	15	CSC-TSH	34.00
8	Walters, Luke	15	VASA-EKU	34.36
9	Chetty, Viknesh	15	PER-JHB	34.48
10	Nel, Christiaan	15	POTC-KKD	36.15

#305 Men 15 50 Meter Breast

2016SA Age G: 28.65# 2016 Michael J Houlie-Grand

Name	Age	Team	Prelim Time
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Preliminaries

1	Schoeman, Sabby A	15	PAC-TSH	33.50
2	Clancy, Cayden	15	DRGN-JHB	33.57
3	Venter, Adriaan	15	VRC-TSH	33.65
4	De Villiers, Dawid	15	CSA-EZD	33.86
5	Bezuidenhout, Joha J	15	CSC-TSH	33.91
*6	Muller, Blake M	15	DRGN-JHB	33.94

*6	Govindasamy, Gerrard E	15	ELEC-TSH	33.94
8	Walters, Luke	15	VASA-EKU	34.25
9	Chetty, Viknesh	15	PER-JHB	34.65
10	Nel, Christiaan	15	POTC-KKD	34.68

11	Tredoux, Keegan C	15	NWUC-KKD	34.75
12	Jacobs, Faez	15	TRAZ-TSH	35.81

13	Van Der Nest, Milan O	15	UNIU-EZD	36.15
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14	Lee, Nathan	15	RFA-TSH	36.31
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15	Bornman, Nathan J	15	TUKS-TSH	36.45
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16	van der Westhuizen, Chri	15	NSFED	37.23
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17	Bosman, Daniel	15	UNIU-EZD	37.33
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18	Von Brandis, Carl C	15	MDOL-JHB	37.46
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19	Swartz, Samuel	15	NSFED	37.67
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20	Jansen van Vuuren, Conr	15	MAKO-EKU	37.75
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21	Breetzke, Luke B	15	SS-MPD	37.96
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22	Mmatli, Onthatile D	15	DRGN-JHB	38.32
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23	De Milander, Evan	15	JAQ-EKU	39.02
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24	He, Henry	15	CA-EKU	41.12
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#305 Men 16 50 Meter Breast

2016SA Age G: 29.12# 2013 Jarred C. Crous at SA Le

Name	Age	Team	Finals Time
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Finals

1	Natrass, Corin R	16	WATR-JHB	32.04
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2	du Toit, Liam F	16	VRC-TSH	32.63
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*3	Wasley, Dario A	16	SS-MPD	32.74
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*3	Cownie, Nicholas A	16	TUKS-TSH	32.74
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5	Menete Junior, Lazaro H	16	CDTM	33.87
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6	Way, Tristan	16	ESA	33.94
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7	Van den Bergh, Neil E	16	RBUR-BPD	34.35
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8	Tallarico, Marcello F	16	MAKO-EKU	34.44
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9	Bukes, Xander	16	RFA-TSH	34.81
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10	Jacobs, Jossie J	16	MATL-KKD	34.83
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#305 Men 16 50 Meter Breast

2016SA Age G: 29.12# 2013 Jarred C. Crous at SA Le

Name	Age	Team	Prelim Time
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Preliminaries

1	du Toit, Liam F	16	VRC-TSH	32.85
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2	Natrass, Corin R	16	WATR-JHB	33.04
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3	Cownie, Nicholas A	16	TUKS-TSH	33.06
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4	Way, Tristan	16	ESA	33.60
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5	Wasley, Dario A	16	SS-MPD	33.66
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6	Menete Junior, Lazaro H	16	CDTM	33.74
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7	Tallarico, Marcello F	16	MAKO-EKU	34.15
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8	Van den Bergh, Neil E	16	RBUR-BPD	34.46
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9	Bukes, Xander	16	RFA-TSH	34.56
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10	Jacobs, Jossie J	16	MATL-KKD	34.57
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11	Williams, Trent J	16	SOUL-EKU	35.03
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12	Wilkes, Kieran-Dante K	16	CA-EKU	35.06
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13	Pohl, MJ J	16	SS-MPD	35.11
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14	Abrahams, Cayden	16	DRGN-JHB	35.16
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15	Otto, Luan	16	SWAR-WCD	35.81
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16	Goondie, Asif	16	SUPE-JHB	35.92
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17	Botha, Trevor J	16	SWIFT-EKU	36.00
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18	Dowling, Landon G	16	CA-EKU	36.33
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SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#305 Men 16 50 Meter Breast)

Name	Age	Team	Finals Time
19 Khosa, Yanni B	16	CDTM	36.60
20 Maphologela, Thabang T	16	DRGN-JHB	37.07
21 Potgieter, Brendan	16	TUKS-TSH	37.23
22 Lepron, Yann	16	SASE-JHB	37.25
23 Solomons, Luke	16	QUES-JHB	37.30
24 Ndjeko, Peter T	16	NSFED	37.90
25 Peer, Amr	16	BAS-EKU	38.78

#306 Girls 11&U 50 Meter Breast

Name	Age	Team	Finals Time
Finals			
1 Sibanda, Monalisa	11	BASA	39.38
2 Oosthuizen, Mia	11	PAC-TSH	39.59
3 Phillips, Daniella L	11	DORE-JHB	39.70
4 Nel, Kari	11	TUKS-TSH	40.42
5 Du Plessis, Dominique	11	TRAZ-TSH	40.69
6 Gewer, Amber	11	MDOL-JHB	41.02
7 Janse van Rensburg, Noa-	11	TCA-EKU	41.43
8 Van Breda, Paige	11	TCA-EKU	41.79
9 Dewey, Harper S	11	PER-JHB	42.09
10 De Souza, Peta	11	EXP-TSH	43.39

#306 Girls 11&U 50 Meter Breast

Name	Age	Team	Prelim Time
Preliminaries			
1 Sibanda, Monalisa	11	BASA	39.21
2 Oosthuizen, Mia	11	PAC-TSH	40.13
3 Nel, Kari	11	TUKS-TSH	40.47
4 Phillips, Daniella L	11	DORE-JHB	40.70
5 Du Plessis, Dominique	11	TRAZ-TSH	41.10
6 Janse van Rensburg, Noa-	11	TCA-EKU	41.15
7 Gewer, Amber	11	MDOL-JHB	41.34
8 De Souza, Peta	11	EXP-TSH	42.08
9 Van Breda, Paige	11	TCA-EKU	42.36
10 Dewey, Harper S	11	PER-JHB	43.60
11 Labuscagne, Phelan	11	CRSC-JHB	43.61
12 Rall, Gabriella	11	FAC-EKU	43.69
13 Madondo, Sabrina M	11	AAS-JHB	43.94
14 Thomba, Lame	11	DMSS	44.14
15 Smit, Avah	11	TKS-WBD	44.47
16 Wakonyo, Talia W	11	SHAQC-ZZ	44.54
17 Myburgh, Lienke	11	CSA-EZD	44.75
18 Tonkinson, Mia	11	SOUL-EKU	44.76
19 Burger, Marguerite	11	SWAR-WCD	44.78
*20 Kirstein, Mine'	11	PAC-TSH	44.81
*20 Nematikanga, Thendo	11	AAS-JHB	44.81
22 Cox, Emma A	10	TUKS-TSH	45.09
23 Chirairo, Danaishe	11	HRE	45.19
24 Adelaine, Kenzie	11	AA-JHB	45.38
*25 Coetzee, Veronique	11	JAQ-EKU	46.84
*25 Oswald, Psalm M	11	ESP-EKU	46.84
27 Myeni, Ivile	11	ESA	47.20
28 Markgraaff, Kelsey	11	TUKS-TSH	47.28
29 Raphadu, Kgothatso	11	TUKS-TSH	47.47
30 Kenosi, Zhaoying	11	DMSS	47.87

31 Majoni, Joana	11	BASA	47.95
32 Erni, Nele M	9	NSFED	48.41
33 Noble, Holly	11	ESP-EKU	48.47
34 Trollip, Devhyn G	11	UNI-U-EZD	48.61
35 Cronje, Kayline	11	JAQ-EKU	49.28
36 Williams, Liya	11	NSFED	52.14
--- Husselmann, Sophia	10	NSFED	DQ

Feet not turned out in the propulsive part of the kick

#306 Girls 12 50 Meter Breast

Name	Age	Team	Finals Time
2016SA Age G: 34.03# 2014 Hanim Abrahams at WF			
Finals			
1 Stoltz, Makayla E	12	PER-JHB	37.91
*2 Mnangagwa, Bethany	12	HRE	40.28
*2 Liebenberg, Leandi	12	SS-MPD	40.28
4 Timveos, Antonia	12	BASA	40.57
5 Dornon, Elizabeth E	12	VASA-EKU	41.24
6 Shaetonhodi, Larissa	12	NSFED	41.77
7 Swart, Milla	12	OLDE-JHB	42.04
8 Moabelo, Fatso J	12	BAS-EKU	42.20
9 Shelton, Kyleigh A	12	ESTR-EKU	42.92
10 Dandoulakis, Alexi	12	CA-EKU	44.11

#306 Girls 12 50 Meter Breast

Name	Age	Team	Prelim Time
2016SA Age G: 34.03# 2014 Hanim Abrahams at WF			
Preliminaries			
1 Stoltz, Makayla E	12	PER-JHB	38.62
2 Liebenberg, Leandi	12	SS-MPD	39.87
3 Timveos, Antonia	12	BASA	41.59
4 Shaetonhodi, Larissa	12	NSFED	41.65
5 Dornon, Elizabeth E	12	VASA-EKU	41.84
6 Swart, Milla	12	OLDE-JHB	42.13
7 Moabelo, Fatso J	12	BAS-EKU	42.30
8 Mnangagwa, Bethany	12	HRE	42.51
9 Shelton, Kyleigh A	12	ESTR-EKU	42.55
10 Dandoulakis, Alexi	12	CA-EKU	42.66
11 Knight, Isabella M	12	WATR-JHB	42.78
12 Sam, Rebecca S	12	HPS-TSH	43.02
13 Janse van Rensburg, Zanc	12	NWUC-KKD	43.13
14 De Oliveira, Kyra J	12	WATR-JHB	43.16
15 Prinsloo, Miané	12	ACAQ-CCD	43.24
16 Smit, Anzel	12	EXP-TSH	43.41
17 De Bruin, Charné	12	TUKS-TSH	43.94
18 Zoutendyk, Simi	12	RBOT-BPD	44.17
19 Caldeira, Jessica S	12	MDOL-JHB	44.55
20 Roets, Emma	12	TUKS-TSH	44.56
21 Steinbach, Mieke	12	NWUC-KKD	45.14
*22 Adelaine, Jorja	12	AA-JHB	45.31
*22 Mpuchane, Laya S	12	DMSS	45.31
24 Stoffberg, Alexis	12	NSFED	45.34
25 Venter, Bella	12	VRC-TSH	45.64
26 Van Breda, Isabella	12	NWUC-KKD	45.75
27 Engelbrecht, Livi	12	PAC-TSH	45.78
28 Sohoni, Aahana	12	PSC	46.28
29 Short, Kyla J	12	MDOL-JHB	47.64

30 Liedeman, Hayley	12	SWAR-WCD	47.82
31 Makhatho, Tiisetso	12	ESP-EKU	47.92
--- Losper, Aaliyah J	12	NSFED	DQ

Executed more than one butterfly kick at the start or turn

#306 Girls 13 50 Meter Breast

Name	Age	Team	Finals Time
2016SA Age G: 33.30# 2015 Hanim Abrahams at Afri			
Finals			
1 Nolan, Kathryn A	13	MDOL-JHB	37.53
2 Oosthuizen, Mieke	13	HPS-TSH	37.77
3 Stedall, Gia	13	PAC-TSH	37.98
4 Vreenegoer, Isabella	13	CRSC-JHB	39.03
5 Morel, Mattae F	13	CA-EKU	39.95
*6 Syrett, Sienna	13	QUES-JHB	41.12
*6 Harris, Madison	13	SOUL-EKU	41.12
8 Zamisa, Lumka K	13	HREF-BPD	41.18
9 Schutze-Langston, Paige	13	MDOL-JHB	41.24
10 Vuyeqaba, Unathi T	13	TUKS-TSH	41.71

#306 Girls 13 50 Meter Breast

Name	Age	Team	Prelim Time
2016SA Age G: 33.30# 2015 Hanim Abrahams at Afri			
Preliminaries			
1 Nolan, Kathryn A	13	MDOL-JHB	38.82
2 Vreenegoer, Isabella	13	CRSC-JHB	39.16
3 Oosthuizen, Mieke	13	HPS-TSH	39.63
4 Morel, Mattae F	13	CA-EKU	40.02
5 Stedall, Gia	13	PAC-TSH	40.39
6 Zamisa, Lumka K	13	HREF-BPD	40.47
7 Vuyeqaba, Unathi T	13	TUKS-TSH	41.09
8 Syrett, Sienna	13	QUES-JHB	41.34
9 Schutze-Langston, Paige	13	MDOL-JHB	41.38
10 Harris, Madison	13	SOUL-EKU	41.39
11 McDowell, Caitlin L	13	ESP-EKU	41.55
12 Chauke, Rhandzu X	13	DORE-JHB	42.25
13 Van Heerden, Mikaela	13	TUKS-TSH	43.02
14 Miambo, Kianga T	13	CDTM	43.50
15 Rautenbach, Chloe M	13	UNI-U-EZD	45.52
16 Machill, Cayleigh J	13	BARA-EKU	46.71
17 Bhabha, Aisha	13	MDOL-JHB	47.06
18 Cheshire, Kate E	13	MDOL-JHB	48.39
19 Dippenaar, Katja R	13	NSFED	49.87

#306 Girls 14 50 Meter Breast

Name	Age	Team	Finals Time
2016SA Age G: 33.28# 2007 Tasmyne S Roe-Telkon			
Finals			
1 Wilson, Keira	14	ELEC-TSH	36.82
2 Labuschagne, Layla	14	PAC-TSH	37.93
3 Harris, Surayia	14	CRSC-JHB	38.87
4 Shoniwa, Renee R	14	MDOL-JHB	39.65
5 Goosen, Rachele	14	UNI-U-EZD	40.03
6 Louw, Cara	14	RBOT-BPD	40.42
7 Kasireddy, Swapnika	14	SASE-JHB	40.90
8 Ward, Anelle	14	TUKS-TSH	41.11
9 Mtetwa, Zama U	14	PAC-TSH	41.28

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Finals ... (#306 Girls 14 50 Meter Breast)

10	Kleb, Daniela	14	ELEC-TSH	41.75
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#306 Girls 14 50 Meter Breast

2016SA Age G: 33.28# 2007 Tasmynne S Roe-Telkon

Name	Age	Team	Prelim Time
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Preliminaries

1	Wilson, Keira	14	ELEC-TSH	38.22
2	Harris, Surayia	14	CRSC-JHB	38.72
3	Labuschagne, Layla	14	PAC-TSH	39.03
4	Shoniwa, Renee R	14	MDOL-JHB	39.73
5	Louw, Cara	14	RBOT-BPD	40.35
6	Kasiredy, Swapnika	14	SASE-JHB	40.37
7	Ward, Anelle	14	TUKS-TSH	40.51
8	Mtetwa, Zama U	14	PAC-TSH	40.87
9	Goosen, Rachele	14	UNIU-EZD	40.96
10	Kleb, Daniela	14	ELEC-TSH	41.03
11	Goodchild, Abigail	14	TUKS-TSH	41.20
12	Desilla, Elizabeth M	14	SASE-JHB	41.33
13	Engelbrecht, Alexi	14	PAC-TSH	41.44
14	McNamara, Scarlett	14	NSFED	41.65
15	Massingue, Estela B	14	CDTM	41.72
16	Oswald, Bella D	14	CRSC-JHB	42.28
17	Cronje, Jaimee E	14	COMS-TSH	42.34
18	Maja, Kat M	14	TRAZ-TSH	42.46
19	Costa, Charlotte S	14	MDOL-JHB	42.56
20	Munyoro, Melanie M	14	WATR-JHB	44.14
21	Lloyd-Swanepoel, Ella	14	MAKO-EKU	45.72

#306 Women 15 50 Meter Breast

2016SA Age G: 32.59# 2011 Tara Nicholas at Telkon

Name	Age	Team	Finals Time
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Finals

1	Borges, Anabella M	15	AA-JHB	36.72
2	Kruger, Katelyn	15	MDOL-JHB	37.34
3	Palmer, Keira L	15	CRSC-JHB	37.71
4	Johst, Mikaela	15	ELEC-TSH	38.48
5	Nolan, Emma M	15	MDOL-JHB	38.91
6	Cockeran, Marguerite L	15	DRGN-JHB	39.15
7	Bosch, Una	15	PAC-TSH	39.25
8	de Sa, Tegan S	15	PAC-TSH	39.47
9	Barreiros, Maria A	15	ELEC-TSH	40.34
10	Van Veelen, Miane A	15	TASC-MPD	42.08

#306 Women 15 50 Meter Breast

2016SA Age G: 32.59# 2011 Tara Nicholas at Telkon

Name	Age	Team	Prelim Time
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Preliminaries

1	Borges, Anabella M	15	AA-JHB	37.05
2	Kruger, Katelyn	15	MDOL-JHB	37.91
3	Palmer, Keira L	15	CRSC-JHB	38.74
4	Cockeran, Marguerite L	15	DRGN-JHB	39.06
5	Johst, Mikaela	15	ELEC-TSH	39.58
6	Nolan, Emma M	15	MDOL-JHB	39.75
7	de Sa, Tegan S	15	PAC-TSH	39.76
8	Barreiros, Maria A	15	ELEC-TSH	39.81

9	Bosch, Una	15	PAC-TSH	40.27
10	Van Veelen, Miane A	15	TASC-MPD	40.56
11	Xaba, Kapitolina O	15	SASE-JHB	40.74
12	Coetzee, Carli	15	QUES-JHB	40.83

13	Boardman, Leah C	15	CA-EKU	41.43
14	Bulhakova, Victoria	15	SWIFT-EKU	41.51
15	Lamprecht, Macayla A	15	CA-EKU	41.66
16	Gallant Da Silva, Emma L	15	MDOL-JHB	42.14
17	Matthysen, Jessica	15	CSA-EZD	44.58
18	Scheepers, Janneke	15	SGUL-ETH	44.62

#306 Women 16 50 Meter Breast

2016SA Age G: 32.39# 2015 Kaylene Corbett at Fina

Name	Age	Team	Finals Time
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Finals

1	Prinsloo, Micke	16	TKS-WBD	36.53
2	Martins, Keira	16	H2O-EKU	37.18
3	Carver, Nicola S	16	ELEC-TSH	37.22
4	Ferreira, Milan	16	TASC-MPD	38.35
5	Smith, Madison M	16	CA-EKU	39.91
6	Smit, Leila	16	TUKS-TSH	39.96
7	Watson, Sharni-Marie	16	HPS-TSH	39.97
8	Kulynych, Abbigail	16	CA-EKU	42.37
9	Masemola, Lethabo B	16	ELEC-TSH	45.09

#306 Women 16 50 Meter Breast

2016SA Age G: 32.39# 2015 Kaylene Corbett at Fina

Name	Age	Team	Prelim Time
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Preliminaries

1	Prinsloo, Micke	16	TKS-WBD	36.95
2	Carver, Nicola S	16	ELEC-TSH	37.85
3	Martins, Keira	16	H2O-EKU	37.87
4	Ferreira, Milan	16	TASC-MPD	39.48
*5	Smith, Madison M	16	CA-EKU	41.19
*5	Watson, Sharni-Marie	16	HPS-TSH	41.19
7	Smit, Leila	16	TUKS-TSH	41.26
8	Kulynych, Abbigail	16	CA-EKU	42.47
9	Masemola, Lethabo B	16	ELEC-TSH	45.12

#307 Men 15-99 50 Meter Breast Multi-Class Multi C

Name	Age	Team	Finals Time
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Finals

1	Qamarana, Amkele V SB1	22	MPAR-JHB	34.46
2	Mtyobile, Ntsikayethu SB	15	LEGC-ETH	45.94

#307 Men 15-99 50 Meter Breast Multi-Class Multi C

Name	Age	Team	Prelim Time
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Preliminaries

*1	Qamarana, Amkele V SB1	22	MPAR-JHB	34.26
*1	Mtyobile, Ntsikayethu SB	15	LEGC-ETH	45.82

#308 Girls 14&U 50 Meter Breast Multi-Class Multi C

Name	Age	Team	Prelim Time
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Preliminaries

---	Buda, Nokubonga G	13	ESP-EKU	DQ
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Executed more than one butterfly kick at the start or tur

#309 Boys 11&U 100 Meter Back

Name	Age	Team	Finals Time
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Finals

1	Prinsloo, James P	11	TUKS-TSH	1:16.36
2	Banks, Tristan D	11	AAS-JHB	1:17.24
3	Thirion, Zandro	11	NSFED	1:19.05
4	Kyle, Ryan R	11	CRSC-JHB	1:20.00
5	Botha, Sebastian	11	AA-JHB	1:20.63
6	Huang, Guoxuan	10	NSFED	1:20.74
7	Masiu, Tiisetso K	11	CA-EKU	1:21.49
8	Aliang, Célio J	11	ECN	1:21.99
9	Markgraaff, Dean R	11	TUKS-TSH	1:22.10
10	Zondo, Nkosana K	11	CA-EKU	1:23.66

#309 Boys 11&U 100 Meter Back

Name	Age	Team	Prelim Time
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Preliminaries

1	Prinsloo, James P	11	TUKS-TSH	1:17.28
2	Thirion, Zandro	11	NSFED	1:18.10
3	Banks, Tristan D	11	AAS-JHB	1:18.53
4	Botha, Sebastian	11	AA-JHB	1:19.79
5	Zondo, Nkosana K	11	CA-EKU	1:21.03
6	Huang, Guoxuan	10	NSFED	1:21.07
7	Masiu, Tiisetso K	11	CA-EKU	1:21.14
8	Kyle, Ryan R	11	CRSC-JHB	1:21.98
9	Aliang, Célio J	11	ECN	1:22.89
10	Markgraaff, Dean R	11	TUKS-TSH	1:22.94
11	Felton, Adam M	11	WATR-JHB	1:23.14
12	Kelsey, Jayden	11	ACAQ-CCD	1:24.71
13	Vd Westhuizen, Nathan	10	TUKS-TSH	1:25.36
14	Mbugua, Dayo G	10	SHAQC-ZZ	1:25.83
15	Dreyer, Lauritz	11	TUKS-TSH	1:26.05
16	Du Toit, Gideon	11	TUKS-TSH	1:26.13
17	Rijnen, Owen	11	NSFED	1:26.52
18	Whitaker, Jake R	11	SS-MPD	1:27.01
19	Van Der Merwe, Xander	11	HARB-BPD	1:27.50
20	Brink, Herman J	11	TUKS-TSH	1:28.47
21	Petrovic, Gordon	11	TRAZ-TSH	1:28.72
22	Swartz, Mauritz M	9	SGUL-ETH	1:28.86
23	Manowe, Leano-Laone	11	DMSS	1:29.07
24	Du Plessis, Lihan	11	HARB-BPD	1:29.46
25	Ritchie, Janko	11	TUKS-TSH	1:29.94
26	Cloete, Matthew H	11	HPS-TSH	1:30.19
27	Lin, Yuchen	10	NSFED	1:30.52
28	North, Jayce J	11	WATR-JHB	1:30.56
29	Keun, Retief	10	HARB-BPD	1:30.71
30	Joubert, Chris H	11	DDA-TSH	1:30.77
31	Groenewald, Liam D	11	RFA-TSH	1:31.60
32	Minnie, Milano F	11	PGAC-EKU	1:32.78
33	Brons, Tristan	11	SOUL-EKU	1:33.42
34	Roux, Keanu	11	NSFED	1:35.03
35	Petersen, Eli	11	BASA	1:38.76
36	Adams, Avery	10	PAC-TSH	1:39.94

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#309 Boys 12 100 Meter Back				#309 Boys 14 100 Meter Back					
2016SA Age G: 1:03.18# 2015 Luan E. Grobbelaar at SA				2016SA Age G: 59.21# 2013 ZANE WADDELL at SA L					
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time		
Finals				Finals					
1	Hooghiemstra, Jacques	12	POTC-KKD	1:16.52	1	Wood, Callum R	14	WATR-JHB	1:09.26
2	Klukowski, Joshua R	12	NSFED	1:17.09	2	Bostwick, Gavin S	14	TUKS-TSH	1:10.00
3	Vermeulen, Ben J	12	EXP-TSH	1:18.39	3	Vermeulen, Joshua	14	MAKO-EKU	1:10.42
4	Van Schalkwyk, Joshua J	12	TUKS-TSH	1:18.43	4	Smit, Christiaan	14	TUKS-TSH	1:10.78
5	Roodt, Adam A	12	TUKS-TSH	1:20.06	5	Morris, Jaydon	14	CA-EKU	1:10.85
6	Quagraine, Ekow A	12	CA-EKU	1:20.22	6	Garrett, Blake	14	TRAZ-TSH	1:11.40
7	Evans, Daniel-Louis	12	HREF-BPD	1:20.75	7	Letsoalo, Tetelo C	14	BAS-EKU	1:12.32
8	Swartz, Caleb	12	NSFED	1:20.96	8	Eldar, Eitan	14	TUKS-TSH	1:12.80
9	Jacobs, Willem	12	NWUC-KKD	1:22.87	9	Mayhew, Franko	14	PAC-TSH	1:14.11
10	Britz, Jonathan O	12	MAKO-EKU	1:25.36	10	Kasselman, Juan	14	RBOT-BPD	1:14.72
#309 Boys 12 100 Meter Back				#309 Boys 14 100 Meter Back					
2016SA Age G: 1:03.18# 2015 Luan E. Grobbelaar at SA				2016SA Age G: 59.21# 2013 ZANE WADDELL at SA L					
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time		
Preliminaries				Preliminaries					
1	Hooghiemstra, Jacques	12	POTC-KKD	1:18.31	1	Garrett, Blake	14	TRAZ-TSH	1:10.83
2	Vermeulen, Ben J	12	EXP-TSH	1:18.40	2	Wood, Callum R	14	WATR-JHB	1:11.00
3	Van Schalkwyk, Joshua J	12	TUKS-TSH	1:18.78	3	Vermeulen, Joshua	14	MAKO-EKU	1:11.09
4	Quagraine, Ekow A	12	CA-EKU	1:19.28	4	Smit, Christiaan	14	TUKS-TSH	1:11.37
5	Klukowski, Joshua R	12	NSFED	1:19.53	5	Morris, Jaydon	14	CA-EKU	1:11.70
6	Roodt, Adam A	12	TUKS-TSH	1:21.10	6	Bostwick, Gavin S	14	TUKS-TSH	1:12.38
7	Swartz, Caleb	12	NSFED	1:21.19	7	Letsoalo, Tetelo C	14	BAS-EKU	1:12.62
8	Evans, Daniel-Louis	12	HREF-BPD	1:21.81	8	Eldar, Eitan	14	TUKS-TSH	1:12.98
9	Britz, Jonathan O	12	MAKO-EKU	1:22.24	9	Mayhew, Franko	14	PAC-TSH	1:13.30
10	Jacobs, Willem	12	NWUC-KKD	1:22.31	10	Kasselman, Juan	14	RBOT-BPD	1:13.46
11	Pocock, Benjamin R	12	ELEC-TSH	1:22.95	11	Vosloo, Matthys	14	DDA-TSH	1:13.59
12	Walters, Kelan	12	HPS-TSH	1:23.77	12	Mokoena, Bokamoso	14	FAC-EKU	1:13.70
13	Human, Eben	12	BEARS-TSH	1:24.00	13	Ferreira, Reid A	14	SOUL-EKU	1:14.13
14	Stuart-Watson, John C	12	DORE-JHB	1:24.01	14	Otto, Amir	14	ELEC-TSH	1:14.16
15	De Angelis, Luca C	12	VASA-EKU	1:24.20	15	Malan, Philip P	14	TUKS-TSH	1:14.21
16	Briscoe, Ayden L	12	OLDE-JHB	1:24.41	*16	Bayne, William T	14	DORE-JHB	1:14.42
17	Jv Rensburg, Ben B	12	TUKS-TSH	1:24.86	*16	van Niekerk, Jacques	14	PAC-TSH	1:14.42
18	Vd Berg, Wihan	12	TKS-WBD	1:25.44	18	Wood, Xavier M	14	AA-JHB	1:14.58
19	Gabriels, James N	12	WATR-JHB	1:25.72	*19	Tomlinson, Andrew J	14	HPS-TSH	1:15.20
20	De Milander, Zian	12	JAQ-EKU	1:26.11	*19	Booyesen, James C	14	RFA-TSH	1:15.20
21	Fourie, Hanku	12	TUKS-TSH	1:26.21	21	Smith, Isaiah S	14	MDOL-JHB	1:15.28
22	Wilkins, Brody B	12	RACE-JHB	1:27.41	22	Van der Walt, Hein	14	DDA-TSH	1:15.30
23	Snyman, Kaiden	12	SGUL-ETH	1:27.57	23	Archer, Paul P	14	NSFED	1:15.37
24	Koller, Zac O	12	SASE-JHB	1:28.37	24	Van Buren, Kian S	14	RIVO-JHB	1:15.97
25	Kruger, Blake R	12	SWAR-WCD	1:29.16	25	Douglas, William M	14	CA-EKU	1:16.73
26	Barbosa, Tsailin	12	ESA	1:29.63	26	Nel, Zian	14	RBOT-BPD	1:16.80
27	Hood, Kaylin C	12	MAKO-EKU	1:29.73	27	Le Roux, Juan	14	AWIN-TSH	1:17.06
28	Shoko, Mukundi	12	HRE	1:30.24	28	Papadopoulos, Ilia N	14	UNIU-EZD	1:17.46
29	Dippenaar Safi, Ethan C	12	BARA-EKU	1:30.75	29	van der Walt, Conrad	14	MDOL-JHB	1:17.97
#309 Boys 13 100 Meter Back				#309 Boys 13 100 Meter Back					
2016SA Age G: 1:01.51# 2015 Luan E. Grobbelaar at SA				2016SA Age G: 1:01.51# 2015 Luan E. Grobbelaar at SA					
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time		
Finals				Finals					
1	Kneubuhler, Luca J	13	AA-JHB	1:09.12	4	Carpinteiro, Diego	13	CA-EKU	1:12.08
2	Chivandire, Adriel N	13	WATR-JHB	1:10.62	5	Mulder, Eli-Ray	13	MDOL-JHB	1:13.34
3	Heitmuller, Quade	13	TRAZ-TSH	1:11.76	6	Oppel, Luke	13	TUKS-TSH	1:14.13
Preliminaries				Preliminaries					
1	Kneubuhler, Luca J	13	AA-JHB	1:11.59	7	Ngomezza, Tumi K	13	BAS-EKU	1:14.34
2	Heitmuller, Quade	13	TRAZ-TSH	1:12.49	8	Heide, Damon	13	H2O-EKU	1:15.77
3	Mulder, Eli-Ray	13	MDOL-JHB	1:13.36	9	Symms, Richard J	13	DORE-JHB	1:15.89
4	Carpinteiro, Diego	13	CA-EKU	1:13.95	10	Kyster, Daylen R	13	MAKO-EKU	1:19.46
5	Chivandire, Adriel N	13	WATR-JHB	1:14.20	#309 Boys 13 100 Meter Back				
6	Oppel, Luke	13	TUKS-TSH	1:14.39	2016SA Age G: 1:01.51# 2015 Luan E. Grobbelaar at SA				
7	Heide, Damon	13	H2O-EKU	1:15.65	Preliminaries				
8	Ngomezza, Tumi K	13	BAS-EKU	1:15.71	1	Kneubuhler, Luca J	13	AA-JHB	1:11.59
9	Symms, Richard J	13	DORE-JHB	1:15.89	2	Heitmuller, Quade	13	TRAZ-TSH	1:12.49
10	Kyster, Daylen R	13	MAKO-EKU	1:15.90	3	Mulder, Eli-Ray	13	MDOL-JHB	1:13.36
11	Cokayne, Gabriel J	13	CRSC-JHB	1:16.12	4	Carpinteiro, Diego	13	CA-EKU	1:13.95
12	McEwan, Nathan	13	AA-JHB	1:16.14	5	Chivandire, Adriel N	13	WATR-JHB	1:14.20
13	Von Bormann, Peter T	13	ELEC-TSH	1:16.53	6	Oppel, Luke	13	TUKS-TSH	1:14.39
14	Raymond, Mmoloki J	13	DMSS	1:16.59	7	Heide, Damon	13	H2O-EKU	1:15.65
15	Potgieter, Josea P	13	ESA	1:16.73	8	Ngomezza, Tumi K	13	BAS-EKU	1:15.71
16	Plint, Connor J	13	MAKO-EKU	1:17.01	9	Symms, Richard J	13	DORE-JHB	1:15.89
17	Swartz, Brendan	13	CA-EKU	1:17.81	10	Kyster, Daylen R	13	MAKO-EKU	1:15.90
18	Teich, Shaun	13	TKS-WBD	1:18.47	11	Cokayne, Gabriel J	13	CRSC-JHB	1:16.12
19	Glorioso, Zayne	13	CSA-EZD	1:18.94	12	McEwan, Nathan	13	AA-JHB	1:16.14
20	Close, Thomas V	13	DORE-JHB	1:19.28	13	Von Bormann, Peter T	13	ELEC-TSH	1:16.53
21	Aspden, Kailan B	13	CA-EKU	1:19.55	14	Raymond, Mmoloki J	13	DMSS	1:16.59
22	Lategan, Wessel W	13	SWAR-WCD	1:19.84	15	Potgieter, Josea P	13	ESA	1:16.73
23	Mushonga, Christian I	13	RIVO-JHB	1:20.68	16	Plint, Connor J	13	MAKO-EKU	1:17.01
24	Plint, Matthew J	13	MAKO-EKU	1:20.84	17	Swartz, Brendan	13	CA-EKU	1:17.81
25	Schalekamp, Anru	13	TASC-MPD	1:20.93	18	Teich, Shaun	13	TKS-WBD	1:18.47
26	Steenkamp, MJ J	13	WATR-JHB	1:21.15	19	Glorioso, Zayne	13	CSA-EZD	1:18.94
27	Ripley, Jordan	13	BAS-EKU	1:21.83	20	Close, Thomas V	13	DORE-JHB	1:19.28
28	Le Roux, Marthinus H	13	TUKS-TSH	1:22.70	21	Aspden, Kailan B	13	CA-EKU	1:19.55
29	Masanganise, Edward	13	BASA	1:23.30	22	Lategan, Wessel W	13	SWAR-WCD	1:19.84
30	Sutherland, Ruben C	13	WATR-JHB	1:23.40	23	Mushonga, Christian I	13	RIVO-JHB	1:20.68
31	Sutherland, Luandre W	13	WATR-JHB	1:23.54	24	Plint, Matthew J	13	MAKO-EKU	1:20.84
32	Keitumetse, Tshepang	13	SWC	1:23.70	25	Schalekamp, Anru	13	TASC-MPD	1:20.93
33	James, Deante	13	WATR-JHB	1:23.85	26	Steenkamp, MJ J	13	WATR-JHB	1:21.15
34	Chanakira, Blessmore	13	HRE	1:25.29	27	Ripley, Jordan	13	BAS-EKU	1:21.83
35	Clark, Logan	13	WATR-JHB	1:25.94	28	Le Roux, Marthinus H	13	TUKS-TSH	1:22.70
36	Buys, Ruhan	13	TUKS-TSH	1:27.09	29	Masanganise, Edward	13	BASA	1:23.30
---	Vorster, Weirich	13	SS-MPD	DQ	30	Sutherland, Ruben C	13	WATR-JHB	1:23.40
Past vertical at turn: non continuous turning action				31	Sutherland, Luandre W	13	WATR-JHB	1:23.54	
---	Taljaard, Adriaan	13	HARB-BPD	DQ	32	Keitumetse, Tshepang	13	SWC	1:23.70
Past vertical at turn: non continuous turning action				33	James, Deante	13	WATR-JHB	1:23.85	
#309 Boys 14 100 Meter Back				#309 Boys 14 100 Meter Back					
2016SA Age G: 59.21# 2013 ZANE WADDELL at SA L				2016SA Age G: 59.21# 2013 ZANE WADDELL at SA L					
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time		
Finals				Finals					
1	Wood, Callum R	14	WATR-JHB	1:09.26	1	Garrett, Blake	14	TRAZ-TSH	1:10.83
2	Bostwick, Gavin S	14	TUKS-TSH	1:10.00	2	Wood, Callum R	14	WATR-JHB	1:11.00
3	Vermeulen, Joshua	14	MAKO-EKU	1:10.42	3	Vermeulen, Joshua	14	MAKO-EKU	1:11.09
4	Smit, Christiaan	14	TUKS-TSH	1:10.78	4	Smit, Christiaan	14	TUKS-TSH	1:11.37
5	Morris, Jaydon	14	CA-EKU	1:10.85	5	Morris, Jaydon	14	CA-EKU	1:11.70
6	Garrett, Blake	14	TRAZ-TSH	1:11.40	6	Bostwick, Gavin S	14	TUKS-TSH	1:12.38
7	Letsoalo, Tetelo C	14	BAS-EKU	1:12.32	7	Letsoalo, Tetelo C	14	BAS-EKU	1:12.62
8	Eldar, Eitan	14	TUKS-TSH	1:12.80	8	Eldar, Eitan	14	TUKS-TSH	1:12.98
9	Mayhew, Franko	14	PAC-TSH	1:14.11	9	Mayhew, Franko	14	PAC-TSH	1:13.30
10	Kasselman, Juan	14	RBOT-BPD	1:14.72	10	Kasselman, Juan	14	RBOT-BPD	1:13.46
#309 Boys 14 100 Meter Back				#309 Boys 14 100 Meter Back					
2016SA Age G: 59.21# 2013 ZANE WADDELL at SA L				2016SA Age G: 59.21# 2013 ZANE WADDELL at SA L					
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time		
Preliminaries				Preliminaries					
1	Garrett, Blake	14	TRAZ-TSH	1:10.83	11	Vosloo, Matthys	14	DDA-TSH	1:13.59
2	Wood, Callum R	14	WATR-JHB	1:11.00	12	Mokoena, Bokamoso	14	FAC-EKU	1:13.70
3	Vermeulen, Joshua	14	MAKO-EKU	1:11.09	13	Ferreira, Reid A	14	SOUL-EKU	1:14.13
4	Smit, Christiaan	14	TUKS-TSH	1:11.37	14	Otto, Amir	14	ELEC-TSH	1:14.16
5	Morris, Jaydon	14	CA-EKU	1:11.70	15	Malan, Philip P	14	TUKS-TSH	1:14.21
6	Bostwick, Gavin S	14	TUKS-TSH	1:12.38	*16	Bayne, William T	14	DORE-JHB	1:14.42
7	Letsoalo, Tetelo C	14	BAS-EKU	1:12.62	*16	van Niekerk, Jacques	14	PAC-TSH	1:14.42
8	Eldar, Eitan	14	TUKS-TSH	1:12.98	18	Wood, Xavier M	14	AA-JHB	1:14.58
9	Mayhew, Franko	14	PAC-TSH	1:13.30	*19	Tomlinson, Andrew J	14	HPS-TSH	1:15.20
10	Kasselman, Juan	14	RBOT-BPD	1:13.46	*19	Booyesen, James C	14	RFA-TSH	1:15.20
11	Vosloo, Matthys	14	DDA-TSH	1:13.59	21	Smith, Isaiah S	14	MDOL-JHB	1:15.28
12	Mokoena, Bokamoso	14	FAC-EKU	1:13.70	22	Van der Walt, Hein	14	DDA-TSH	1:15.30
13</									

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#309 Men 15 100 Meter Back

2016SA Age G: 57.83# 2005 Garth V Tune at RSA 11

Name	Age	Team	Finals Time
Finals			
1 De Sousa, Nicholas J	15	MDOL-JHB	1:06.07
2 Struwig, Sebastiaan	15	TUKS-TSH	1:06.62
3 Els, Aiden	15	CSA-EZD	1:07.06
4 Breetzke, Luke B	15	SS-MPD	1:09.28
5 Bloem, Reinhardt	15	TUKS-TSH	1:09.83
6 Nel, Christiaan	15	POTC-KKD	1:10.47
7 Chilisa, Jerone T	15	TUKS-TSH	1:10.83
8 Hinchcliffe, Drew B	15	RIVO-JHB	1:11.49
9 Buys, Stiaan	15	TUKS-TSH	1:12.56
10 Allen, Zander K	15	BAS-EKU	1:13.14

#309 Men 15 100 Meter Back

2016SA Age G: 57.83# 2005 Garth V Tune at RSA 11

Name	Age	Team	Prelim Time
Preliminaries			
1 De Sousa, Nicholas J	15	MDOL-JHB	1:07.89
2 Struwig, Sebastiaan	15	TUKS-TSH	1:07.97
3 Els, Aiden	15	CSA-EZD	1:08.36
4 Allen, Zander K	15	BAS-EKU	1:08.56
5 Chilisa, Jerone T	15	TUKS-TSH	1:09.03
6 Bloem, Reinhardt	15	TUKS-TSH	1:09.16
7 Buys, Stiaan	15	TUKS-TSH	1:09.55
8 Breetzke, Luke B	15	SS-MPD	1:10.11
9 Nel, Christiaan	15	POTC-KKD	1:10.89
10 Hinchcliffe, Drew B	15	RIVO-JHB	1:11.24
11 Makurube, Bohlale	15	MATL-KKD	1:12.25
12 Bosman, Daniel	15	UNI-U-EZD	1:12.51
13 Muller, Blake M	15	DRGN-JHB	1:12.59
*14 Walters, Luke	15	VASA-EKU	1:12.79
*14 Kruger, Benje J	15	RFA-TSH	1:12.79
16 Beling, Justin B	15	CA-EKU	1:13.01
17 Bezuidenhout, Joha J	15	CSC-TSH	1:14.03
18 Arvind, Milan D	15	CDTM	1:14.06
19 O'Connor, Tristan P	15	AA-JHB	1:14.37
20 Nthomiwa, Wapego	15	PRSC	1:14.58
21 Gauldie, Travis R	15	RFA-TSH	1:15.16
22 Swartz, Samuel	15	NSFED	1:15.36
23 Van Der Nest, Milan O	15	UNI-U-EZD	1:15.50
24 Jansen van Vuuren, Conr	15	MAKO-EKU	1:17.80

#309 Men 16 100 Meter Back

2016SA Age G: 56.67# 2010 Murray McDougall-You

Name	Age	Team	Finals Time
Finals			
1 Bourbon, Noah	16	TUKS-TSH	1:05.28
2 De Jager, Ruben	16	DMSS	1:06.63
3 Lategan, Nicky N	16	SWAR-WCD	1:08.29
4 Menete Junior, Lazaro H	16	CDTM	1:08.35
5 Delpport, Jayden S	16	PGAC-EKU	1:08.46
6 Clarke, Jonathan W	16	SOUL-EKU	1:08.66
7 Potgieter, Brendan	16	TUKS-TSH	1:09.26
8 Lombard, Adriaan	16	TUKS-TSH	1:09.81

9 Venter, Jayden	16	BEARS-TSH	1:09.82
10 Nel, Jano P	16	MAKO-EKU	1:12.50

#309 Men 16 100 Meter Back

2016SA Age G: 56.67# 2010 Murray McDougall-You

Name	Age	Team	Prelim Time
Preliminaries			
1 Bourbon, Noah	16	TUKS-TSH	1:05.66
2 De Jager, Ruben	16	DMSS	1:06.89
3 Lategan, Nicky N	16	SWAR-WCD	1:07.35
4 Menete Junior, Lazaro H	16	CDTM	1:07.36
5 Delpport, Jayden S	16	PGAC-EKU	1:08.30
6 Clarke, Jonathan W	16	SOUL-EKU	1:09.27
7 Potgieter, Brendan	16	TUKS-TSH	1:09.66
8 Venter, Jayden	16	BEARS-TSH	1:09.86
9 Lombard, Adriaan	16	TUKS-TSH	1:11.06
10 Nel, Jano P	16	MAKO-EKU	1:11.38
11 Van den Bergh, Neil E	16	RBUR-BPD	1:11.98
12 Botha, Trevor J	16	SWIFT-EKU	1:12.71
13 Neilson, Evan J	16	QUES-JHB	1:12.90
14 Baker, Benjamin	16	CA-EKU	1:13.85
15 Holland-Muter, Jesse	16	SWAR-WCD	1:14.48
16 Tesfay, Abi A	16	DDA-TSH	1:16.84
17 Ndjeke, Peter T	16	NSFED	1:22.75

#310 Girls 11&U 100 Meter Back

Name	Age	Team	Finals Time
Finals			
1 Sun, Berre	11	MDOL-JHB	1:19.75
2 Swartz, Chrisna	11	TUKS-TSH	1:20.29
3 Claassen, Emma-lee	11	TKS-WBD	1:20.72
4 Thomba, Lame	11	DMSS	1:21.71
5 Mann, Sarah	11	CA-EKU	1:21.86
6 Janse van Rensburg, Noa	11	TCA-EKU	1:23.08
7 Bac, Arianne	11	TUKS-TSH	1:23.75
8 Piater, Amelie	11	ELRAS-WBD	1:23.81
9 Ferreira, Mika	11	TUKS-TSH	1:25.10
10 Phillips, Daniella L	11	DORE-JHB	1:27.62

#310 Girls 11&U 100 Meter Back

Name	Age	Team	Prelim Time
Preliminaries			
1 Swartz, Chrisna	11	TUKS-TSH	1:21.36
2 Sun, Berre	11	MDOL-JHB	1:22.05
3 Claassen, Emma-lee	11	TKS-WBD	1:22.58
4 Janse van Rensburg, Noa	11	TCA-EKU	1:22.90
*5 Mann, Sarah	11	CA-EKU	1:23.41
*5 Spencer, Mackenzie A	11	TRAZ-TSH	1:23.41
7 Piater, Amelie	11	ELRAS-WBD	1:24.45
8 Bac, Arianne	11	TUKS-TSH	1:24.63
9 Phillips, Daniella L	11	DORE-JHB	1:24.66
10 Thomba, Lame	11	DMSS	1:24.67
11 Makwakwa, Riley	9	TUKS-TSH	1:24.69
12 Ferreira, Mika	11	TUKS-TSH	1:25.18
13 Goosen, Ashleigh	11	UNI-U-EZD	1:25.27
14 Kotzé, Lisa	11	POTC-KKD	1:25.78

15 Oosthuyzen, Emma	11	AA-JHB	1:25.89
16 Smit, Avah	11	TKS-WBD	1:25.97
17 Nemakanga, Thendo	11	AAS-JHB	1:26.62
18 Lingerfelder, Elle A	11	AA-JHB	1:26.66
*19 Coetzee, Veronique	11	JAQ-EKU	1:26.68
*19 Alala, Melissa M	11	SHAQC-ZZ	1:26.68
21 Qiu, Muyan	10	HRE	1:27.16
22 Majoni, Joana	11	BASA	1:27.29
23 Raphadu, Kgothatso	11	TUKS-TSH	1:27.83
24 Du Plessis, Dominique	11	TRAZ-TSH	1:27.87
25 Whyte, Ava	10	HRE	1:27.99
26 Gewer, Amber	11	MDOL-JHB	1:28.06
27 Odendaal, Nieke	11	BEARS-TSH	1:28.16
28 Madondo, Sabrina M	11	AAS-JHB	1:28.53
29 Markgraaff, Kelsey	11	TUKS-TSH	1:28.54
30 Noble, Holly	11	ESP-EKU	1:29.94
31 Bruwer, Leané	11	SWAR-WCD	1:30.03
32 Erni, Nele M	9	NSFED	1:30.05
33 Viviers, Alana	11	LINR-JHB	1:30.72
34 Kenosi, Zhaoying	11	DMSS	1:30.84
35 Tschofen, Arabella S	11	AA-JHB	1:31.30
36 Labuscagne, Phelan	11	CRSC-JHB	1:33.04
37 Sibanda, Jaynell	11	BASA	1:34.03
38 Williams, Liya	11	NSFED	1:34.88
39 Cronje, Kayline	11	JAQ-EKU	1:35.32
40 Oswald, Psalm M	11	ESP-EKU	1:35.85
41 Husselmann, Sophia	10	NSFED	1:36.58
42 Barnard, Jane	10	CSA-EZD	1:36.87
43 Trollip, Devhyn G	11	UNI-U-EZD	1:39.45

#310 Girls 12 100 Meter Back

2016SA Age G: 1:06.09# 2011 Nathania Van Niekerk a

Name	Age	Team	Finals Time
Finals			
1 Caldeira, Jessica S	12	MDOL-JHB	1:16.92
2 Spence, Amber G	12	ELEC-TSH	1:17.62
3 Sanders, Riley M	12	HPS-TSH	1:18.70
4 Nel, Mila M	12	TUKS-TSH	1:19.64
5 Roets, Emma	12	TUKS-TSH	1:20.72
6 Prinsloo, Miané	12	ACAQ-CCD	1:21.37
7 Chiang, Sophie	12	WATR-JHB	1:22.14
8 Botha, Annebelle	12	PER-JHB	1:22.24
9 Moabelo, Fatso J	12	BAS-EKU	1:23.42
10 De Beer, Zenéy	12	CSA-EZD	1:27.56

#310 Girls 12 100 Meter Back

2016SA Age G: 1:06.09# 2011 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
Preliminaries			
1 Spence, Amber G	12	ELEC-TSH	1:20.26
2 Caldeira, Jessica S	12	MDOL-JHB	1:20.33
3 Nel, Mila M	12	TUKS-TSH	1:20.54
4 Prinsloo, Miané	12	ACAQ-CCD	1:21.72
5 Sanders, Riley M	12	HPS-TSH	1:21.94
6 Botha, Annebelle	12	PER-JHB	1:22.02
7 Roets, Emma	12	TUKS-TSH	1:22.80
8 Chiang, Sophie	12	WATR-JHB	1:23.75
9 Moabelo, Fatso J	12	BAS-EKU	1:24.43

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#310 Girls 12 100 Meter Back)

10	De Beer, Zenéy	12	CSA-EZD	1:24.50
11	Stoltz, Makayla E	12	PER-JHB	1:24.51
12	Shelton, Kyleigh A	12	ESTR-EKU	1:24.52
13	Losper, Aaliyah J	12	NSFED	1:24.57
14	Stoffberg, Alexis	12	NSFED	1:25.45
15	Wood, Amy-Lee	12	CA-EKU	1:25.84
16	Timveos, Antonia	12	BASA	1:25.94
17	Spies, Lianka	12	HARB-BPD	1:25.97
18	Short, Kyla J	12	MDOL-JHB	1:26.03
19	Adelaine, Jorja	12	AA-JHB	1:26.08
20	Geldenhuis, Mila	12	ACAQ-CCD	1:26.20
21	Oliphant, Paige A	12	PAC-TSH	1:26.57
22	Haasbroek, Mari	12	EXP-TSH	1:26.75
23	Ndlovu, Marang L	12	MDOL-JHB	1:26.78
24	Stoop, Carli	12	TUKS-TSH	1:27.17
25	Komani, Zara	12	WATR-JHB	1:27.53
26	Knudsen, Harley	12	PGAC-EKU	1:27.79
27	Devaprakash, Diya S	12	DMSS	1:28.62
28	Jack, Kayden E	12	PER-JHB	1:29.79
29	Heyns, Lua	12	DDA-TSH	1:30.71
30	Dornon, Elizabeth E	12	VASA-EKU	1:31.09
31	Makhatho, Tiisetso	12	ESP-EKU	1:31.48
32	Scott, Gabriella	12	TUKS-TSH	1:31.73
33	De Oliveira, Kyra J	12	WATR-JHB	1:33.33
34	Liedeman, Hayley	12	SWAR-WCD	1:33.45
35	Shaetonhodi, Larissa	12	NSFED	1:35.98
36	Engelbrecht, Livi	12	PAC-TSH	1:36.77

#310 Girls 13 100 Meter Back

2016SA Age G: 1:03.28# 2013 Nathania Van Niekerk a				
Name	Age	Team	Finals Time	
Finals				
1	Mostert, Abby J	13	AWIN-TSH	1:14.47
2	Parker, Cala	13	DMSS	1:18.90
3	Ngwenya, Rachel	13	BASA	1:19.41
4	Schutze-Langston, Paige	13	MDOL-JHB	1:20.39
5	Nieuwoudt, Jenna M	13	SWAR-WCD	1:20.80
6	Schoeman, Shelby L	13	CA-EKU	1:20.98
7	Cheshire, Kate E	13	MDOL-JHB	1:22.24
8	Zamisa, Lumka K	13	HREF-BPD	1:22.59
9	Chauke, Rhandzu X	13	DORE-JHB	1:23.41
10	Nolan, Kathryn A	13	MDOL-JHB	1:23.58

#310 Girls 13 100 Meter Back

2016SA Age G: 1:03.28# 2013 Nathania Van Niekerk a				
Name	Age	Team	Prelim Time	
Preliminaries				
1	Mostert, Abby J	13	AWIN-TSH	1:17.01
2	Parker, Cala	13	DMSS	1:18.33
3	Nieuwoudt, Jenna M	13	SWAR-WCD	1:19.61
4	Ngwenya, Rachel	13	BASA	1:19.79
5	Cheshire, Kate E	13	MDOL-JHB	1:21.19
6	Schoeman, Shelby L	13	CA-EKU	1:21.32
7	Zamisa, Lumka K	13	HREF-BPD	1:21.85
8	Nolan, Kathryn A	13	MDOL-JHB	1:21.91

9	Schutze-Langston, Paige	13	MDOL-JHB	1:22.18
10	Chauke, Rhandzu X	13	DORE-JHB	1:23.55
11	Dippenaar, Katja R	13	NSFED	1:25.36
12	Van Der Merwe, Paiton R	13	CA-EKU	1:25.43
13	Du Preez, Elizabeth	13	TUKS-TSH	1:26.42
14	Machill, Cayleigh J	13	BARA-EKU	1:27.69
15	Syrett, Sienna	13	QUES-JHB	1:29.25
16	McDowell, Caitlin L	13	ESP-EKU	1:32.39
17	Bhabha, Aisha	13	MDOL-JHB	1:33.63
18	Vermaak, Marizelle	13	HREF-BPD	1:38.56

#310 Girls 14 100 Meter Back

2016SA Age G: 1:03.21# 2013 Nathania Van Niekerk a				
Name	Age	Team	Finals Time	
Finals				
1	de Jager, Leah	14	CRSC-JHB	1:15.52
2	Roos, Kristen P	14	TRAZ-TSH	1:15.97
3	Oliphant, Chloe B	14	PAC-TSH	1:16.06
4	Kavanagh, Trinity	14	TCA-EKU	1:17.06
5	Bezuidenhout, Martinet	14	TUKS-TSH	1:17.30
6	Weber, Abigail M	14	DRGN-JHB	1:18.10
7	Da Silva, Abigail Z	14	TUKS-TSH	1:18.75
8	Engelbrecht, Alexi	14	PAC-TSH	1:19.41
9	Erasmus, Amelie	14	SOUL-EKU	1:19.58
10	Els, Megan A	14	BAS-EKU	1:20.22

#310 Girls 14 100 Meter Back

2016SA Age G: 1:03.21# 2013 Nathania Van Niekerk a				
Name	Age	Team	Prelim Time	
Preliminaries				
1	de Jager, Leah	14	CRSC-JHB	1:15.84
2	Roos, Kristen P	14	TRAZ-TSH	1:16.47
3	Oliphant, Chloe B	14	PAC-TSH	1:16.93
4	Bezuidenhout, Martinet	14	TUKS-TSH	1:18.18
5	Kavanagh, Trinity	14	TCA-EKU	1:18.54
6	Weber, Abigail M	14	DRGN-JHB	1:18.67
7	Els, Megan A	14	BAS-EKU	1:18.74
8	Erasmus, Amelie	14	SOUL-EKU	1:18.77
9	Engelbrecht, Alexi	14	PAC-TSH	1:18.99
10	Da Silva, Abigail Z	14	TUKS-TSH	1:19.04

11	Mtetwa, Zama U	14	PAC-TSH	1:19.56
12	Munyoro, Melanie M	14	WATR-JHB	1:19.58
13	Lloyd-Swanepoel, Ella	14	MAKO-EKU	1:19.77
14	Gotthardt, Emma	14	ELEC-TSH	1:20.65
15	Lamprecht, Anika	14	VRC-TSH	1:20.67
16	Alton, Madison R	14	RFA-TSH	1:21.37
17	Barnard, Lyla	14	RFA-TSH	1:21.46
*18	De Lange, Roxy	14	PAC-TSH	1:21.49
*18	Kalpage, Kiana T	14	VASA-EKU	1:21.49
20	Wilson, Keira	14	ELEC-TSH	1:21.53
21	Wood, Jessica	14	CA-EKU	1:22.15
22	Louw, Cara	14	RBOT-BPD	1:22.23
23	Pienaar, Mia	14	CA-EKU	1:22.38
24	Marais, Marijn M	14	TUKS-TSH	1:22.97
25	Wright, Hannah C	14	CA-EKU	1:23.28
26	Ackerman, Emily K	14	QUES-JHB	1:24.07

27	Maja, Kat M	14	TRAZ-TSH	1:24.15
28	Labuschagne, Layla	14	PAC-TSH	1:24.58
29	Jackson, Victoria J	14	SOUL-EKU	1:25.81
30	Maseru, Hope	14	DMSS	1:28.91

#310 Women 15 100 Meter Back

2016SA Age G: 1:01.86# 2015 Mariella G. Venter Ams

Name	Age	Team	Finals Time	
Finals				
1	Govind, Nikita	15	TRAZ-TSH	1:14.87
2	Mayhew, Megan A	15	WATR-JHB	1:15.06
3	Knight, Caitlin A	15	WATR-JHB	1:15.79
4	Engelbrecht, Dedre	15	RBOT-BPD	1:17.46
5	Billett, Kristen	15	ELEC-TSH	1:17.49
6	Jv Rensburg, Anchen	15	TUKS-TSH	1:17.63
7	Alala, Marion J	15	TUKS-TSH	1:17.66
8	Mans, Kristen	15	TUKS-TSH	1:18.48
9	de Witt, Gite M	15	POTC-KKD	1:18.67
10	Watson, Emily R	15	ELEC-TSH	1:19.11

#310 Women 15 100 Meter Back

2016SA Age G: 1:01.86# 2015 Mariella G. Venter Ams

Name	Age	Team	Prelim Time	
Preliminaries				
1	Watson, Emily R	15	ELEC-TSH	1:14.91
2	Govind, Nikita	15	TRAZ-TSH	1:15.66
3	Mayhew, Megan A	15	WATR-JHB	1:16.46
4	Jv Rensburg, Anchen	15	TUKS-TSH	1:16.73
5	Knight, Caitlin A	15	WATR-JHB	1:16.85
6	Billett, Kristen	15	ELEC-TSH	1:16.99
7	Alala, Marion J	15	TUKS-TSH	1:17.06
8	Mans, Kristen	15	TUKS-TSH	1:17.88
9	de Witt, Gite M	15	POTC-KKD	1:18.15
10	Engelbrecht, Dedre	15	RBOT-BPD	1:18.51

11	September, Isabella J	15	TUKS-TSH	1:18.74
12	Oosthuizen, Amore	15	CSA-EZD	1:19.73
13	de Sa, Tegan S	15	PAC-TSH	1:21.19
14	Nolan, Emma M	15	MDOL-JHB	1:21.34
15	Evans, Lillie P	15	RACE-JHB	1:21.48
16	Huang, Elin	15	PAC-TSH	1:21.91
17	Kruger, Katelyn	15	MDOL-JHB	1:22.16
18	Venter, Lizelle	15	TUKS-TSH	1:22.28
19	Scheepers, Janneke	15	SGUL-ETH	1:22.83
20	Matthysen, Jessica	15	CSA-EZD	1:23.83
21	Gallant Da Silva, Emma L	15	MDOL-JHB	1:24.27
22	Van den Berg, Therese	15	CRSC-JHB	1:25.46
23	Palmer, Keira L	15	CRSC-JHB	1:26.01
24	Coetzee, Carli	15	QUES-JHB	1:28.53
25	Bulhakova, Victoria	15	SWIFT-EKU	1:28.91
26	Van Veelen, Miane A	15	TASC-MPD	1:29.35

#310 Women 16 100 Meter Back

2016SA Age G: 1:02.13# 2016 Mariella G Venter-Gran

Name	Age	Team	Finals Time	
Finals				
1	vd Spuy, Lyla J	16	TUKS-TSH	1:11.38
2	Doolan, Addison J	16	WATR-JHB	1:11.45

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Results

Finals ... (#310 Women 16 100 Meter Back)

3	Ferreira, Milan	16	TASC-MPD	1:12.72
4	Bouwer, Larissa	16	DORE-JHB	1:15.01
5	Vd Walt, Inge	16	DDA-TSH	1:16.47
6	Upton, Odette	16	TKS-WBD	1:17.36
7	Jansen, Megan M	16	UNI-U-EZD	1:18.13
8	Smit, Leila	16	TUKS-TSH	1:21.95
9	Masemola, Lethabo B	16	ELEC-TSH	1:23.37
10	Watson, Sharni-Marie	16	HPS-TSH	1:24.38

#310 Women 16 100 Meter Back

2016SA Age G: 1:02.13# 2016 Mariella G Venter-Gran

Name	Age	Team	Prelim Time	
Preliminaries				
1	Doolan, Addison J	16	WATR-JHB	1:12.29
2	vd Spuy, Lyla J	16	TUKS-TSH	1:12.62
3	Ferreira, Milan	16	TASC-MPD	1:14.68
4	Bouwer, Larissa	16	DORE-JHB	1:16.49
5	Vd Walt, Inge	16	DDA-TSH	1:16.98
6	Jansen, Megan M	16	UNI-U-EZD	1:19.47
7	Upton, Odette	16	TKS-WBD	1:20.30
8	Dayaram, Sahana	16	DORE-JHB	1:21.00
9	Masemola, Lethabo B	16	ELEC-TSH	1:21.64
10	Smit, Leila	16	TUKS-TSH	1:22.71
11	Watson, Sharni-Marie	16	HPS-TSH	1:26.26

#311 Men 15-99 100 Meter Back Multi-Class Multi Cl

Name	Age	Team	Finals Time	
Finals				
1	Qamarana, Amkele V S15	22	MPAR-JHB	1:22.33
2	Jordaan, Leonardo C S15	16	MPAR-JHB	1:29.96

#311 Men 15-99 100 Meter Back Multi-Class Multi Cl

Name	Age	Team	Prelim Time	
Preliminaries				
1	Qamarana, Amkele V S15	22	MPAR-JHB	1:20.75
2	Jordaan, Leonardo C S15	16	MPAR-JHB	1:34.07
---	Cazzavillan, Lorenzo L S1	20	MDOL-JHB	DQ
Swimmer not on back upon leaving the wall after the tur				

#312 Girls 14&U 100 Meter Back Multi-Class Multi Cl

Name	Age	Team	Finals Time	
Finals				
1	Buda, Nokubonga G	13	ESP-EKU	2:00.04

#312 Girls 14&U 100 Meter Back Multi-Class Multi Cl

Name	Age	Team	Prelim Time	
Preliminaries				
1	Buda, Nokubonga G	13	ESP-EKU	2:01.06

#313 Boys 11&U 200 Meter IM

Name	Age	Team	Finals Time	
Finals				
1	Zondo, Nkosana K	11	CA-EKU	2:51.12
2	Prinsloo, James P	11	TUKS-TSH	2:54.06
3	Kyle, Ryan R	11	CRSC-JHB	2:55.08
4	Pieters, Cayden R	11	SWAR-WCD	2:55.54

5	Masiu, Tiisetso K	11	CA-EKU	2:56.78
6	Thirion, Zandro	11	NSFED	2:56.89
7	Letsoalo, Thabang M	11	BAS-EKU	2:58.16
8	Huang, Guoxuan	10	NSFED	3:05.04
9	Lin, Yuchen	10	NSFED	3:06.30
10	Du Toit, Gideon	11	TUKS-TSH	3:07.29

#313 Boys 11&U 200 Meter IM

Name	Age	Team	Prelim Time	
Preliminaries				
1	Felton, Adam M	11	WATR-JHB	2:52.97
2	Zondo, Nkosana K	11	CA-EKU	2:53.58
3	Thirion, Zandro	11	NSFED	2:54.78
4	Masiu, Tiisetso K	11	CA-EKU	2:55.85
5	Prinsloo, James P	11	TUKS-TSH	2:56.26
6	Kyle, Ryan R	11	CRSC-JHB	2:56.78
7	Schroeder, Liam R	11	EXP-TSH	2:58.46
8	Pieters, Cayden R	11	SWAR-WCD	2:58.85
9	Letsoalo, Thabang M	11	BAS-EKU	2:59.86
10	Botha, Sebastian	11	AA-JHB	3:01.58
11	Xavier, Travis	11	ELEC-TSH	3:01.75
12	Maatouk, Jawad	11	SASE-JHB	3:05.79
13	Lin, Yuchen	10	NSFED	3:05.88
14	Huang, Guoxuan	10	NSFED	3:06.48
15	Modena, Eli L	11	TUKS-TSH	3:08.12
16	Du Toit, Gideon	11	TUKS-TSH	3:08.78
17	Petersen, Eli	11	BASA	3:09.78
18	Whitaker, Jake R	11	SS-MPD	3:09.96
19	Coleman, Ian A	11	LINR-JHB	3:11.46
20	Sieberhagen, Dewet M	11	AWIN-TSH	3:11.72
21	Dreyer, Lauritz	11	TUKS-TSH	3:12.01
22	Van Der Merwe, Xander	11	HARB-BPD	3:13.58
23	Swartz, Mauritz M	9	SGUL-ETH	3:16.46
24	Kelsey, Jayden	11	ACAQ-CCD	3:20.72
25	Minnie, Milano F	11	PGAC-EKU	3:21.65
26	North, Jayce J	11	WATR-JHB	3:24.57
27	Pretorius, Luke	11	SOUL-EKU	3:24.94
28	Roux, Keanu	11	NSFED	3:26.52
29	Brons, Tristan	11	SOUL-EKU	3:26.77
30	van der Merwe, Liam	11	ESP-EKU	3:30.05
31	Du Plessis, Lihan	11	HARB-BPD	3:36.85
32	Keun, Retief	10	HARB-BPD	3:41.10
33	Nunes, Joao	10	ESA	3:48.37
---	Vlok, Rijnhardt A	11	LINR-JHB	DQ
Alternating movement of legs or feet - fly				
---	Madonko, Jamela	11	BASA	DQ
At the turn or finish did not touch with both hands simu				

#313 Boys 12 200 Meter IM

Name	Age	Team	Finals Time	
Finals				
1	Roodt, Adam A	12	TUKS-TSH	2:48.94
2	Wilkins, Brody B	12	RACE-JHB	2:50.67
3	Quagraine, Ekow A	12	CA-EKU	2:52.11
4	Yaldwyn, Liam	12	SASE-JHB	2:56.42
5	Hood, Kaylin C	12	MAKO-EKU	2:58.85

6	Britz, Jonathan O	12	MAKO-EKU	3:00.82
7	Smith, Owen C	12	WATR-JHB	3:01.61
8	Ashworth, Ryan R	12	MDOL-JHB	3:05.01
9	Hooghiemstra, Jacques	12	POTC-KKD	3:09.88
---	Frewen, Aaron D	12	RIVO-JHB	DQ
Swimmer did not finish whilst on the back - back				

#313 Boys 12 200 Meter IM

Name	Age	Team	Prelim Time	
Preliminaries				
1	Frewen, Aaron D	12	RIVO-JHB	2:51.66
2	Wilkins, Brody B	12	RACE-JHB	2:51.72
3	Quagraine, Ekow A	12	CA-EKU	2:53.30
4	Roodt, Adam A	12	TUKS-TSH	2:53.44
5	Hood, Kaylin C	12	MAKO-EKU	2:55.20
6	Britz, Jonathan O	12	MAKO-EKU	2:55.57
7	Hooghiemstra, Jacques	12	POTC-KKD	2:58.17
8	Yaldwyn, Liam	12	SASE-JHB	2:58.30
9	Balzer, Klaus	12	HRE	2:58.93
10	Ashworth, Ryan R	12	MDOL-JHB	2:59.78
11	Smith, Owen C	12	WATR-JHB	3:00.51
12	Snyman, Kaiden	12	SGUL-ETH	3:01.30
13	Köpplinger, Axel F	12	TUKS-TSH	3:01.48
14	Bowl, Dominic	12	HRE	3:01.81
15	Gabriels, James N	12	WATR-JHB	3:03.02
16	Koller, Zac O	12	SASE-JHB	3:03.56
17	Ellis, Joseph G	12	MDOL-JHB	3:03.96
18	Klukowski, Joshua R	12	NSFED	3:04.24
19	Swartz, Caleb	12	NSFED	3:04.46
20	De Milander, Zian	12	JAQ-EKU	3:04.91
21	Nemvumoni, Ntsako C	12	WATR-JHB	3:04.94
22	Fitzjohn, Benjamin	12	TUKS-TSH	3:05.28
23	Dippenaar Safi, Ethan C	12	BARA-EKU	3:05.37
24	Papazian, Alexander	12	SASE-JHB	3:05.40
25	Evans, Daniel-Louis	12	HREF-BPD	3:05.86
26	Luz, Levi S	12	SOUL-EKU	3:06.54
27	Venter, Xander	12	RIVO-JHB	3:07.28
28	van Zyl, Matheo	12	CA-EKU	3:07.30
29	Wheeler, Jaxon	12	MDOL-JHB	3:08.07
30	Jacobs, MACHARIA D	12	RFA-TSH	3:09.99
31	De Angelis, Luca C	12	VASA-EKU	3:11.30
32	Shoko, Mukundi	12	HRE	3:11.86
33	Human, Eben	12	BEARS-TSH	3:12.83
34	Vd Berg, Wihan	12	TKS-WBD	3:13.41
35	Stuart-Watson, John C	12	DORE-JHB	3:15.12
36	Kruger, Blake R	12	SWAR-WCD	3:21.78
37	Musoni, Takundzwa	12	HRE	3:34.11

#313 Boys 13 200 Meter IM

Name	Age	Team	Finals Time	
Finals				
1	Basto, Goncalo M	13	CDTM	2:37.60
2	Kyster, Daylen R	13	MAKO-EKU	2:37.73
3	De Amorim, Connor M	13	PER-JHB	2:39.46
4	Heitmuller, Quade	13	TRAZ-TSH	2:40.27

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Results

Finals ... (#313 Boys 13 200 Meter IM)			
Name	Age	Team	Time
5 Müller, Eli-Ray	13	MDOL-JHB	2:40.58
6 McEwan, Nathan	13	AA-JHB	2:47.25
7 Teich, Shaun	13	TKS-WBD	2:49.45
8 Dukoff - Gordon, Kyle	13	CA-EKU	2:53.83
9 Glorioso, Zayne	13	CSA-EZD	2:54.28
10 James, Deante	13	WATR-JHB	2:54.41

#313 Boys 13 200 Meter IM			
2016SA Age G: 2:10.49# 2015 Luan E. Grobbelaar at SA L			
Name	Age	Team	Prelim Time

Preliminaries			
Name	Age	Team	Time
1 Kyster, Daylen R	13	MAKO-EKU	2:39.66
2 Heitmuller, Quade	13	TRAZ-TSH	2:42.70
3 Basto, Goncalo M	13	CDTM	2:43.11
4 Müller, Eli-Ray	13	MDOL-JHB	2:44.15
5 Kalvachev, Niki P	13	WATR-JHB	2:47.44
6 McEwan, Nathan	13	AA-JHB	2:47.53
7 De Amorim, Connor M	13	PER-JHB	2:48.94
8 Teich, Shaun	13	TKS-WBD	2:49.18
9 Glorioso, Zayne	13	CSA-EZD	2:50.54
10 Dukoff - Gordon, Kyle	13	CA-EKU	2:51.00
11 James, Deante	13	WATR-JHB	2:51.14
12 Van Wyngaard, Rigter Z	13	TUKS-TSH	2:51.98
13 Jahnel, Garrick M	13	SOUL-EKU	2:53.06
14 Steenkamp, MJ J	13	WATR-JHB	2:53.26
15 Chivandire, Adriel N	13	WATR-JHB	2:54.49
16 Plint, Matthew J	13	MAKO-EKU	2:55.15
*17 Fernandes, David D	13	CA-EKU	2:55.34
*17 Van der Merwe, Morne F	13	DDA-TSH	2:55.34
19 Koczynski, Vlad R	13	RFA-TSH	2:56.86
20 Lazaridis, Leo P	13	CA-EKU	2:57.46
21 Plint, Connor J	13	MAKO-EKU	2:58.68
22 Olivier, Tiaan	13	TUKS-TSH	2:58.91
23 Clark, Logan	13	WATR-JHB	3:00.34
24 Close, Thomas V	13	DORE-JHB	3:01.62
25 Chanakira, Blessmore	13	HRE	3:02.59
26 Taljaard, Adriaan	13	HARB-BPD	3:05.03
27 Lee, Tristan	13	PGAC-EKU	3:06.64
28 Buys, Ruhan	13	TUKS-TSH	3:09.33
--- Heide, Damon	13	H2O-EKU	DQ
At the turn or finish did not touch with both hands simu			

#313 Boys 14 200 Meter IM			
2016SA Age G: 2:10.65# 2014 Jarryd L. Baxter at SA L			
Name	Age	Team	Finals Time

Finals			
Name	Age	Team	Time
1 Letsoalo, Tetelo C	14	BAS-EKU	2:31.95
2 Eldar, Eitan	14	TUKS-TSH	2:37.23
3 Marais, Mason P	14	SS-MPD	2:40.18
4 Le Roux, Juan	14	AWIN-TSH	2:41.03
5 Potgieter, Ruan P	14	CRSC-JHB	2:41.13
6 Hu, Silas G	14	SWIMS-EKU	2:41.40
7 Kasselmann, Juan	14	RBOT-BPD	2:41.63
8 Nel, Zian	14	RBOT-BPD	2:42.97
9 Vermeulen, Joshua	14	MAKO-EKU	2:49.53

--- Wood, Callum R	14	WATR-JHB	DQ
At the turn or finish did not touch with both hands simu			

#313 Boys 14 200 Meter IM			
2016SA Age G: 2:10.65# 2014 Jarryd L. Baxter at SA L			
Name	Age	Team	Prelim Time

Preliminaries			
Name	Age	Team	Time
1 Letsoalo, Tetelo C	14	BAS-EKU	2:35.52
2 Wood, Callum R	14	WATR-JHB	2:35.98
3 Eldar, Eitan	14	TUKS-TSH	2:39.86
4 Hu, Silas G	14	SWIMS-EKU	2:41.24
5 Marais, Mason P	14	SS-MPD	2:41.42
6 Le Roux, Juan	14	AWIN-TSH	2:41.65
7 Kasselmann, Juan	14	RBOT-BPD	2:41.94
8 Potgieter, Ruan P	14	CRSC-JHB	2:42.51
9 Vermeulen, Joshua	14	MAKO-EKU	2:42.71
10 Nel, Zian	14	RBOT-BPD	2:42.75
11 Felton, Connor M	14	WATR-JHB	2:44.60
12 van der Walt, Conrad	14	MDOL-JHB	2:45.14
13 Van Buren, Kian S	14	RIVO-JHB	2:45.97
14 Archer, Paul P	14	NSFED	2:48.65
15 Van der Walt, Hein	14	DDA-TSH	2:48.85
16 Oosthuizen, Nathan	14	PGAC-EKU	2:50.05
17 Mokoena, Bokamoso	14	FAC-EKU	2:50.14
18 Montshwa, Katlo L	14	DMSS	2:51.41
19 Bayne, William T	14	DORE-JHB	2:51.46
20 Abhai, Sameer	14	BAS-EKU	2:51.68
21 Breet, Donovan	14	RBOT-BPD	2:51.86
22 Kendall, Thomas L	14	ESTR-EKU	2:53.39
23 Weber, Alexander R	14	DRGN-JHB	2:58.47
--- Smith, Isaiah S	14	MDOL-JHB	DQ
At the turn or finish did not touch with both hands simu			

#313 Men 15 200 Meter IM			
2016SA Age G: 2:05.89# 2015 Jarryd L. Baxter at SA L			
Name	Age	Team	Finals Time

Finals			
Name	Age	Team	Time
1 Muller, Blake M	15	DRGN-JHB	2:24.76
2 Buys, Stiaan	15	TUKS-TSH	2:29.24
3 van der Westhuizen, Chri	15	NSFED	2:29.63
4 Sandilands, Matthew L	15	MDOL-JHB	2:30.32
5 Struwig, Sebastiaan	15	TUKS-TSH	2:34.85
6 Allen, Zander K	15	BAS-EKU	2:34.92
7 Van der Westhuizen, Jasp	15	CRSC-JHB	2:35.46
8 De Villiers, Dawid	15	CSA-EZD	2:36.33
9 Tredoux, Keegan C	15	NWUC-KKD	2:37.40
10 Bloem, Reinhardt	15	TUKS-TSH	2:42.22

#313 Men 15 200 Meter IM			
2016SA Age G: 2:05.89# 2015 Jarryd L. Baxter at SA L			
Name	Age	Team	Prelim Time

Preliminaries			
Name	Age	Team	Time
1 Muller, Blake M	15	DRGN-JHB	2:24.55
2 Buys, Stiaan	15	TUKS-TSH	2:29.10
3 Allen, Zander K	15	BAS-EKU	2:30.88
4 De Villiers, Dawid	15	CSA-EZD	2:30.89
5 Sandilands, Matthew L	15	MDOL-JHB	2:31.09

6 van der Westhuizen, Chri	15	NSFED	2:31.67
7 Van der Westhuizen, Jasp	15	CRSC-JHB	2:33.22
8 Struwig, Sebastiaan	15	TUKS-TSH	2:35.22
9 Tredoux, Keegan C	15	NWUC-KKD	2:36.50
10 Bloem, Reinhardt	15	TUKS-TSH	2:36.82
11 Nthomiwa, Wapego	15	PRSC	2:37.39
12 Schoeman, Sabby A	15	PAC-TSH	2:38.40
13 De Sousa, Nicholas J	15	MDOL-JHB	2:39.74
14 De Milander, Evan	15	JAQ-EKU	2:39.87
15 Nel, Christiaan	15	POTC-KKD	2:40.00
16 Swartz, Samuel	15	NSFED	2:41.53
17 Ip, Julian	15	WATR-JHB	2:43.35
18 Heyneke, Stephan S	15	TUKS-TSH	2:43.57
19 Von Brandis, Carl C	15	MDOL-JHB	2:43.58
20 Clancy, Cayden	15	DRGN-JHB	2:43.98
21 Makurube, Bohlale	15	MATL-KKD	2:44.60
22 Arvind, Milan D	15	CDTM	2:45.24
23 Beling, Justin B	15	CA-EKU	2:45.68
24 O'Connor, Tristan P	15	AA-JHB	2:46.04
25 Chetty, Viknesh	15	PER-JHB	2:46.37
26 Govindasamy, Gerrard E	15	ELEC-TSH	2:47.08
27 Jacobs, Faez	15	TRAZ-TSH	2:48.36
28 Jansen van Vuuren, Conr	15	MAKO-EKU	2:48.41
29 Mmatli, Onthatile D	15	DRGN-JHB	2:49.70
--- Chilisa, Jerone T	15	TUKS-TSH	DQ
Swimmer not on back upon leaving the wall after the tur			

#313 Men 16 200 Meter IM			
2016SA Age G: 2:04.09# 2008 Joshua Steyn at JNR Cha			
Name	Age	Team	Finals Time

Finals			
Name	Age	Team	Time
1 Vd Walt, Christiaan	16	TUKS-TSH	2:21.28
2 Cownie, Nicholas A	16	TUKS-TSH	2:27.71
3 Van Der Westhuizen, Jan	16	STSC-KC	2:29.36
4 Botha, Trevor J	16	SWIFT-EKU	2:30.55
5 Lategan, Nicky N	16	SWAR-WCD	2:31.46
6 Pohl, MJ J	16	SS-MPD	2:33.57
7 Esterhuizen, Aidan	16	CSA-EZD	2:33.97
8 Natrass, Corin R	16	WATR-JHB	2:35.60
9 Breet, Maynard C	16	CSA-EZD	2:35.75
10 Nel, Jano P	16	MAKO-EKU	2:38.40

#313 Men 16 200 Meter IM			
2016SA Age G: 2:04.09# 2008 Joshua Steyn at JNR Cha			
Name	Age	Team	Prelim Time

Preliminaries			
Name	Age	Team	Time
1 Vd Walt, Christiaan	16	TUKS-TSH	2:22.43
2 Cownie, Nicholas A	16	TUKS-TSH	2:26.08
3 Van Der Westhuizen, Jan	16	STSC-KC	2:29.09
4 Breet, Maynard C	16	CSA-EZD	2:31.26
5 Lategan, Nicky N	16	SWAR-WCD	2:31.35
6 Botha, Trevor J	16	SWIFT-EKU	2:31.66
7 Pohl, MJ J	16	SS-MPD	2:31.72
8 Natrass, Corin R	16	WATR-JHB	2:34.39
9 Nel, Jano P	16	MAKO-EKU	2:36.01
10 Esterhuizen, Aidan	16	CSA-EZD	2:36.44
11 Neilson, Evan J	16	QUES-JHB	2:37.48

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Results

Preliminaries ... (#313 Men 16 200 Meter IM)

12	Potgieter, Brendan	16	TUKS-TSH	2:39.17
13	Khosa, Yanni B	16	CDTM	2:39.68
14	Delpport, Jayden S	16	PGAC-EKU	2:39.76
15	Gondie, Asif	16	SUPE-JHB	2:41.01
16	Lepron, Yann	16	SASE-JHB	2:43.15
17	Solomons, Luke	16	QUES-JHB	2:44.41
18	Abrahams, Cayden	16	DRGN-JHB	2:47.31
19	Otto, Luan	16	SWAR-WCD	2:47.70
20	Ndjeke, Peter T	16	NSFED	2:53.89
21	Maphologela, Thabang T	16	DRGN-JHB	2:58.85
---	Gomes, Tiago J	16	TUKS-TSH	DQ

Swimmer not on back upon leaving the wall after the turn

#314 Girls 11&U 200 Meter IM

Name	Age	Team	Finals Time	
Finals				
1	Spencer, Mackenzie A	11	TRAZ-TSH	2:53.45
2	Oosthuizen, Mia	11	PAC-TSH	2:54.21
3	Thomba, Lame	11	DMSS	2:54.93
4	Claassen, Emma-lee	11	TKS-WBD	2:57.30
5	Oosthuyzen, Emma	11	AA-JHB	2:57.80
6	Sibanda, Monalisa	11	BASA	3:01.29
7	Kotzé, Lisa	11	POTC-KKD	3:01.30
8	Piater, Amelie	11	ELRAS-WBD	3:02.20
9	Janse van Rensburg, Noa-	11	TCA-EKU	3:02.65
10	Nel, Kari	11	TUKS-TSH	3:06.88

#314 Girls 11&U 200 Meter IM

Name	Age	Team	Prelim Time	
Preliminaries				
1	Spencer, Mackenzie A	11	TRAZ-TSH	2:51.72
2	Claassen, Emma-lee	11	TKS-WBD	2:55.12
3	Oosthuizen, Mia	11	PAC-TSH	2:55.78
4	Thomba, Lame	11	DMSS	2:56.18
5	Janse van Rensburg, Noa-	11	TCA-EKU	2:58.67
6	Sibanda, Monalisa	11	BASA	2:58.90
7	Oosthuyzen, Emma	11	AA-JHB	3:00.75
8	Kotzé, Lisa	11	POTC-KKD	3:01.32
9	Nel, Kari	11	TUKS-TSH	3:01.51
10	Piater, Amelie	11	ELRAS-WBD	3:02.50
11	Adelaine, Kenzie	11	AA-JHB	3:03.86
12	Rall, Gabriella	11	FAC-EKU	3:03.89
13	Makwakwa, Riley	9	TUKS-TSH	3:05.26
14	Sun, Berre	11	MDOL-JHB	3:05.90
15	Phillips, Daniella L	11	DORE-JHB	3:06.50
16	Lingerfelder, Elle A	11	AA-JHB	3:07.37
17	Mann, Sarah	11	CA-EKU	3:07.43
18	Erni, Nele M	9	NSFED	3:09.61
19	Tschofen, Arabella S	11	AA-JHB	3:10.48
20	Tonkinson, Mia	11	SOUL-EKU	3:10.72
21	Viviers, Alana	11	LINR-JHB	3:10.89
22	Sanya, Crystal	11	SHAQC-ZZ	3:11.18
23	Qiu, Muyan	10	HRE	3:13.34
24	Williams, Liya	11	NSFED	3:13.51
25	Sibanda, Jaynell	11	BASA	3:13.94

26	Coetzee, Veronique	11	JAQ-EKU	3:14.52
27	Kirstein, Mine'	11	PAC-TSH	3:15.11
28	Majoni, Joana	11	BASA	3:15.97
29	Bruwer, Leané	11	SWAR-WCD	3:16.59
30	Labuscagne, Phelan	11	CRSC-JHB	3:17.83
31	Kenosi, Zhaoying	11	DMSS	3:18.19
32	Husselmann, Sophia	10	NSFED	3:18.70
33	De Souza, Peta	11	EXP-TSH	3:20.13
34	Dewey, Harper S	11	PER-JHB	3:21.84
35	Myburgh, Lienke	11	CSA-EZD	3:21.86
36	Cox, Emma A	10	TUKS-TSH	3:21.93
37	Myeni, Ivile	11	ESA	3:22.11
38	Wakonyo, Talia W	11	SHAQC-ZZ	3:24.90
39	Oswald, Psalm M	11	ESP-EKU	3:25.04
40	Burger, Marguerite	11	SWAR-WCD	3:28.07
41	Noble, Holly	11	ESP-EKU	3:31.10
42	Barnard, Jane	10	CSA-EZD	3:35.92
---	Van Breda, Paige	11	TCA-EKU	DQ

Swimmer did not finish whilst on the back - back

---	Alala, Melissa M	11	SHAQC-ZZ	DQ
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At the turn or finish did not touch with both hands simultaneously

#314 Girls 12 200 Meter IM

2016SA Age G: 2:21.22# 2008 Jessica S. Liss at Telkom

Name	Age	Team	Finals Time	
Finals				
1	Spence, Amber G	12	ELEC-TSH	2:47.07
2	De Bruin, Charné	12	TUKS-TSH	2:52.73
3	Prinsloo, Miané	12	ACAQ-CCD	2:52.95
4	Botes, Taylor-Rose	12	CA-EKU	2:54.16
5	Nel, Mila M	12	TUKS-TSH	2:56.15
6	Stoffberg, Alexis	12	NSFED	2:56.85
7	Devaprakash, Diya S	12	DMSS	2:58.22
8	Chiang, Sophie	12	WATR-JHB	3:02.82
9	Oliphant, Paige A	12	PAC-TSH	3:04.37
10	Moabelo, Fatso J	12	BAS-EKU	3:12.50

#314 Girls 12 200 Meter IM

2016SA Age G: 2:21.22# 2008 Jessica S. Liss at Telkom

Name	Age	Team	Prelim Time	
Preliminaries				
1	Spence, Amber G	12	ELEC-TSH	2:48.77
2	De Bruin, Charné	12	TUKS-TSH	2:52.51
3	Prinsloo, Miané	12	ACAQ-CCD	2:53.09
4	Nel, Mila M	12	TUKS-TSH	2:55.05
5	Botes, Taylor-Rose	12	CA-EKU	2:57.22
6	Caldeira, Jessica S	12	MDOL-JHB	2:57.99
7	Chiang, Sophie	12	WATR-JHB	2:58.27
8	Sanders, Riley M	12	HPS-TSH	2:59.90
9	Devaprakash, Diya S	12	DMSS	3:00.08
10	Stoffberg, Alexis	12	NSFED	3:00.12
11	Zoutendyk, Simi	12	RBOT-BPD	3:03.05
12	Moabelo, Fatso J	12	BAS-EKU	3:03.58
13	Stoop, Carli	12	TUKS-TSH	3:04.29
14	Oliphant, Paige A	12	PAC-TSH	3:04.69
15	Geldenhuys, Mila	12	ACAQ-CCD	3:04.86
16	De Beer, Zenéy	12	CSA-EZD	3:05.02

17	Wood, Amy-Lee	12	CA-EKU	3:05.31
18	Timveos, Antonia	12	BASA	3:06.07
19	Sohoni, Aahana	12	PSC	3:06.64
20	Komani, Zara	12	WATR-JHB	3:06.82
21	Short, Kyla J	12	MDOL-JHB	3:06.90
22	Burstein, Morgan R	12	TUKS-TSH	3:07.39
23	Adelaine, Jorja	12	AA-JHB	3:08.51
24	Shelton, Kyleigh A	12	ESTR-EKU	3:08.70
25	Steinbach, Mieke	12	NWUC-KKD	3:09.39
26	Sam, Rebecca S	12	HPS-TSH	3:09.57
27	Dornon, Elizabeth E	12	VASA-EKU	3:10.53
28	Losper, Aaliyah J	12	NSFED	3:11.31
29	Spies, Lianka	12	HARB-BPD	3:13.27
30	Van Breda, Isabella	12	NWUC-KKD	3:13.30
31	Liedeman, Hayley	12	SWAR-WCD	3:13.46
32	Venter, Bella	12	VRC-TSH	3:13.56
33	Ndlovu, Marang L	12	MDOL-JHB	3:13.92
34	Knight, Isabella M	12	WATR-JHB	3:15.21
35	Makhatho, Tiisetso	12	ESP-EKU	3:15.48
36	Swart, Milla	12	OLDE-JHB	3:15.98
37	Jack, Kayden E	12	PER-JHB	3:16.74
38	Shaetonhodi, Larissa	12	NSFED	3:16.75
39	Mpuchane, Laya S	12	DMSS	3:17.38
40	De Oliveira, Kyra J	12	WATR-JHB	3:18.69
---	Liebenberg, Leandi	12	SS-MPD	DQ

Arms not brought forward simultaneously over the water

#314 Girls 13 200 Meter IM

2016SA Age G: 2:21.19# 2009 Jessica S. Liss at National

Name	Age	Team	Finals Time	
Finals				
1	Morel, Mattae F	13	CA-EKU	2:47.27
2	Oosthuizen, Mieke	13	HPS-TSH	2:47.98
3	Nolan, Kathryn A	13	MDOL-JHB	2:52.36
4	Cheshire, Kate E	13	MDOL-JHB	2:52.83
5	Vreenegoor, Isabella	13	CRSC-JHB	2:55.97
6	Miambo, Kianga T	13	CDTM	2:58.57
7	McDowell, Caitlin L	13	ESP-EKU	3:00.04
8	Zamisa, Lumka K	13	HREF-BPD	3:02.21
9	Van Der Merwe, Paiton R	13	CA-EKU	3:02.48
10	Parker, Cala	13	DMSS	3:03.55

#314 Girls 13 200 Meter IM

2016SA Age G: 2:21.19# 2009 Jessica S. Liss at National

Name	Age	Team	Prelim Time	
Preliminaries				
1	Oosthuizen, Mieke	13	HPS-TSH	2:49.84
2	Morel, Mattae F	13	CA-EKU	2:49.90
3	Nolan, Kathryn A	13	MDOL-JHB	2:51.60
4	Vreenegoor, Isabella	13	CRSC-JHB	2:54.87
5	Cheshire, Kate E	13	MDOL-JHB	2:56.15
6	Parker, Cala	13	DMSS	2:57.86
7	Miambo, Kianga T	13	CDTM	2:58.25
8	Zamisa, Lumka K	13	HREF-BPD	2:59.15
9	McDowell, Caitlin L	13	ESP-EKU	3:02.27
10	Van Der Merwe, Paiton R	13	CA-EKU	3:03.20
11	Syrett, Sienna	13	QUES-JHB	3:05.50

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#314 Girls 13 200 Meter IM)			
Name	Age	Team	Time
12 Machill, Cayleigh J	13	BARA-EKU	3:06.62
13 Dippenaar, Katja R	13	NSFED	3:07.73
14 Chauke, Rhandzu X	13	DORE-JHB	3:10.91
15 Nieuwoudt, Jenna M	13	SWAR-WCD	3:13.75
16 Vermaak, Marizelle	13	HREF-BPD	3:23.40

#314 Girls 14 200 Meter IM

2016SA Age G: 2:19.31# 2006 JESSICA E. PENGELLY at

Name	Age	Team	Time
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Finals

1 Bezuidenhout, Martinet	14	TUKS-TSH	2:45.25
2 Maponyane, Mary	14	BAS-EKU	2:45.35
3 Els, Megan A	14	BAS-EKU	2:48.20
4 McNamara, Scarlett	14	NSFED	2:48.67
5 Ackerman, Emily K	14	QUES-JHB	2:48.92
6 Roos, Kristen P	14	TRAZ-TSH	2:51.82
7 Oswald, Bella D	14	CRSC-JHB	2:51.98
8 Desilla, Elizabeth M	14	SASE-JHB	2:52.99
9 Wood, Jessica	14	CA-EKU	2:54.72
10 Stewart, Leah	14	TASC-MPD	2:58.57

#314 Girls 14 200 Meter IM

2016SA Age G: 2:19.31# 2006 JESSICA E. PENGELLY at

Name	Age	Team	Time
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Preliminaries

1 Bezuidenhout, Martinet	14	TUKS-TSH	2:44.92
2 Maponyane, Mary	14	BAS-EKU	2:46.85
3 Els, Megan A	14	BAS-EKU	2:49.25
4 McNamara, Scarlett	14	NSFED	2:51.64
5 Roos, Kristen P	14	TRAZ-TSH	2:51.79
6 Ackerman, Emily K	14	QUES-JHB	2:53.06
7 Oswald, Bella D	14	CRSC-JHB	2:53.59
8 Desilla, Elizabeth M	14	SASE-JHB	2:53.89
9 Stewart, Leah	14	TASC-MPD	2:55.83
10 Wood, Jessica	14	CA-EKU	2:56.30

11 Weber, Abigail M	14	DRGN-JHB	2:56.67
12 Kavanagh, Trinity	14	TCA-EKU	2:56.87

13 Costa, Charlotte S	14	MDOL-JHB	2:56.97
14 Massingue, Estela B	14	CDTM	2:58.40
15 Wright, Hannah C	14	CA-EKU	2:58.56
16 Munyoro, Melanie M	14	WATR-JHB	2:58.78
17 Goodchild, Abigail	14	TUKS-TSH	2:59.90
18 Harris, Surayia	14	CRSC-JHB	3:01.29
19 Lloyd-Swanepoel, Ella	14	MAKO-EKU	3:01.42
20 Kalpage, Kiana T	14	VASA-EKU	3:03.01
21 Cownie, Isabella E	14	TUKS-TSH	3:06.52
22 Kleb, Daniela	14	ELEC-TSH	3:07.85
23 Kasiredy, Swapnika	14	SASE-JHB	3:09.10

#314 Women 15 200 Meter IM

2016SA Age G: 2:16.46# 2007 Jessica Pengelly At Telk

Name	Age	Team	Time
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Finals

1 Billett, Kristen	15	ELEC-TSH	2:40.09
2 Nolan, Emma M	15	MDOL-JHB	2:42.95

3 Barreiros, Maria A	15	ELEC-TSH	2:44.50
4 Henning, Ella-Mae	15	VRC-TSH	2:45.59
5 Evans, Lillie P	15	RACE-JHB	2:48.45
6 Alala, Marion J	15	TUKS-TSH	2:49.04
7 Mayhew, Megan A	15	WATR-JHB	2:49.74
8 de Witt, Gite M	15	POTC-KKD	2:53.24
9 Kruger, Katelyn	15	MDOL-JHB	2:54.41
10 Lamprecht, Macayla A	15	CA-EKU	2:56.47

#314 Women 15 200 Meter IM

2016SA Age G: 2:16.46# 2007 Jessica Pengelly At Telk

Name	Age	Team	Time
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Preliminaries

1 Billett, Kristen	15	ELEC-TSH	2:44.72
2 Nolan, Emma M	15	MDOL-JHB	2:46.07
3 Barreiros, Maria A	15	ELEC-TSH	2:46.44
4 Alala, Marion J	15	TUKS-TSH	2:47.85
5 Mayhew, Megan A	15	WATR-JHB	2:48.02
6 Henning, Ella-Mae	15	VRC-TSH	2:48.95
7 Kruger, Katelyn	15	MDOL-JHB	2:50.45
8 de Witt, Gite M	15	POTC-KKD	2:50.76
9 Evans, Lillie P	15	RACE-JHB	2:51.17
10 Lamprecht, Macayla A	15	CA-EKU	2:55.87

11 Boardman, Leah C	15	CA-EKU	2:58.16
12 Cockeran, Marguerite L	15	DRGN-JHB	2:58.38

13 Bulhakova, Victoria	15	SWIFT-EKU	2:58.98
14 Oosthuizen, Amore	15	CSA-EZD	2:59.41
15 Borges, Anabella M	15	AA-JHB	2:59.72
16 Xaba, Kapitolina O	15	SASE-JHB	3:01.84
17 Coetzee, Carli	15	QUES-JHB	3:03.28
18 Huang, Elin	15	PAC-TSH	3:03.49
19 Rossouw, Lechelle	15	TUKS-TSH	3:06.97

#314 Women 16 200 Meter IM

2016SA Age G: 2:15.17# 2014 MARLIES ROSS at Comm

Name	Age	Team	Time
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Finals

1 Doolan, Addison J	16	WATR-JHB	2:42.12
2 Upton, Odette	16	TKS-WBD	2:42.54
3 Ferreira, Milan	16	TASC-MPD	2:44.70
4 Mashingaidze, Shalem	16	WATR-JHB	2:46.20
5 Smith, Madison M	16	CA-EKU	2:50.09
6 Prinsloo, Micke	16	TKS-WBD	2:51.68
7 Carver, Nicola S	16	ELEC-TSH	2:52.67
8 Bouwer, Larissa	16	DORE-JHB	2:53.24
9 Martins, Keira	16	H2O-EKU	3:01.79

#314 Women 16 200 Meter IM

2016SA Age G: 2:15.17# 2014 MARLIES ROSS at Comm

Name	Age	Team	Time
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Preliminaries

1 Doolan, Addison J	16	WATR-JHB	2:44.55
2 Upton, Odette	16	TKS-WBD	2:46.81
3 Ferreira, Milan	16	TASC-MPD	2:47.03
4 Mashingaidze, Shalem	16	WATR-JHB	2:48.40
5 Smith, Madison M	16	CA-EKU	2:48.68
6 Carver, Nicola S	16	ELEC-TSH	2:51.22

7 Prinsloo, Micke	16	TKS-WBD	2:54.97
8 Martins, Keira	16	H2O-EKU	2:55.36
9 Bouwer, Larissa	16	DORE-JHB	2:56.75
10 Dayaram, Sahana	16	DORE-JHB	3:02.57

#315 Men 12&U 4x50 Meter Free Relay 4 x 50 Free R

Team	Relay	Finals Time
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1 TUKS-TSH	A	2:04.33
Köpplinger, Axel F 12	Roodt, Adam A 12	
Prinsloo, James P 11	Fourie, Hanku 12	
2 NSFED	A	2:06.05
Thirion, Zandro 11	Swartz, Caleb 12	
Klukowski, Joshua R 12	Rijnen, Owen 11	
3 CA-EKU	A	2:06.34
Masiu, Tiisetso K 11	Quagraine, Ekow A 12	
Luhabe, Bandile L 12	Zondo, Nkosana K 11	
4 HRE	A	2:07.39
Balzer, Klaus 12	Shoko, Mukundi 12	
Bowl, Dominic 12	Muchengi, Nathaniel 12	
5 TUKS-TSH	B	2:13.64
Du Toit, Gideon 11	Markgraaff, Dean R 11	
Fitzjohn, Benjamin 12	Jv Rensburg, Ben B 12	

#316 Men 13-14 4x50 Meter Free Relay 4 x 50 Free R

Team	Relay	Finals Time
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1 CA-EKU	A	1:52.73
Morris, Jaydon 14	Douglas, William M 14	
Luhabe, Fezile Z 14	Carpinteiro, Diego 13	
2 AA-JHB	A	1:54.31
John, Joshua A 14	Kneubuhler, Luca J 13	
Wood, Xavier M 14	McEwan, Nathan 13	
3 BAS-EKU	A	1:55.01
Ngomezza, Tumi K 13	Ripley, Jordan 13	
Abhai, Sameer 14	Letsoalo, Tetelo C 14	
4 TUKS-TSH	A	1:55.76
Smit, Christiaan 14	Bostwick, Gavin S 14	
Pretorius, Ivan L 13	Opper, Luke 13	
5 MDOL-JHB	A	1:58.88
Mülder, Eli-Ray 13	Arangies, Leon H 13	
van der Walt, Conrad 14	Smith, Isaiah S 14	
6 MAKO-EKU	A	2:00.16
Vermeulen, Joshua 14	Plint, Matthew J 13	
Plint, Connor J 13	Kyster, Daylen R 13	
7 ESA	A	2:01.33
Shongwe, Sivikelwe J 12	Barbosa, Tsailin 12	
Jarvis, Gabriel Paiva 13	Potgieter, Josea P 13	
8 DDA-TSH	A	2:02.21
Van der Walt, Hein 14	Joubert, Chris H 11	
Van der Merwe, Morne F 15	Vosloo, Matthys 14	
9 TUKS-TSH	B	2:05.25
Van Wyngaard, Rigter Z 13	Le Roux, Marthinus H 13	
Eldar, Eitan 14	Olivier, Tiaan 13	
10 CA-EKU	B	2:06.10
Aspden, Kailan B 13	Swarts, Brendan 13	
Lazaridis, Leo P 13	van Zyl, Mattheo 12	
11 SWAR-WCD	A	2:08.81
Pretorius, Hennie H 14	Kruger, Blake R 12	
Lategan, Wessel W 13	Pieters, Cayden R 11	

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#317 Men 15-16 4x50 Meter Free Relay 4 x 50 Free R			#320 Women 15-16 4x50 Meter Free Relay 4 x 50 Fre			#322 Mixed 13-14 4x50 Meter Medley Relay 4 x 50 M		
Team	Relay	Finals Time	Team	Relay	Finals Time	Team	Relay	Finals Time
1 TUKS-TSH	A	1:42.12	1 MDOL-JHB	A	2:00.18	1 TUKS-TSH	A	2:11.41
Bourbon, Noah 16	Vd Walt, Christiaan 16		Kruger, Katelyn 15	Gallant Da Silva, Emma L 15		Smit, Christiaan M14	Le Roux, Marthinus H M13	
Mellis, Dean T 16	Balt, Christiaan O 15		Shoniwa, Renee R 14	Nolan, Emma M 15		Da Silva, Abigail Z W14	Martin, Daniela S W14	
2 TUKS-TSH	B	1:46.32	2 CA-EKU	2:01.61	2 CRSC-JHB	A	2:11.58	
Cownie, Nicholas A 16	Bloem, Reinhardt 15		Kulynych, Abigail 16	Lamprecht, Macayla A 15		de Jager, Leah W14	Potgieter, Ruan P M14	
Potgieter, Brendan 16	Chilisa, Jerone T 15		Smith, Madison M 16	Lamprecht, Jhuliana 15		Badsha-Eybers, Riley M M1	Redfern, Isabella M W14	
3 DRGN-JHB	A	1:47.89	3 TUKS-TSH	2:02.07	3 PAC-TSH	A	2:13.65	
Abrahams, Cayden 16	Clancy, Cayden 15		Jv Rensburg, Anchen 15	Alala, Marion J 15		Engelbrecht, Alexi W14	Labuschagne, Layla W14	
Maphologela, Thabang T 16	Muller, Blake M 15		vd Spuy, Lyla J 16	Venter, Lizelle 15		Mayhew, Franko M14	van Niekerk, Jacques M14	
4 CA-EKU	A	1:47.91	4 UNIU-EZD	2:03.59	4 MDOL-JHB	B	2:13.77	
Wilkes, Kieran-Dante K 16	Beling, Justin B 15		Rautenbach, Chloe M 13	Goosen, Rachele 14		Smith, Isaiah S M14	Nolan, Kathryn A W13	
He, Henry 15	Dowling, Landon G 16		Goosen, Ashleigh 11	Jansen, Megan M 16		Mülder, Eli-Ray M13	Shoniwa, Renee R W14	
5 CDTM	A	1:50.65	5 CRSC-JHB	2:04.04	5 CA-EKU	A	2:15.21	
Basto, Goncalo M 13	Arvind, Milan D 15		de Jager, Leah 14	Palmer, Keira L 15		Morris, Jaydon M14	Morel, Mattae F W13	
Menete Junior, Lazaro H 16	Khosa, Yanni B 16		Redfern, Isabella M 14	Van den Berg, Therese 15		Douglas, William M M14	Pienaar, Mia W14	
6 RFA-TSH	A	1:52.80	6 TUKS-TSH	2:05.78	6 MDOL-JHB	A	2:15.44	
Lee, Nathan 15	Gauldie, Travis R 15		Slabbert, Anna-Bella 15	Pretorius, Lené L 16		Schutze-Langston, Paige L	Arangies, Leon H M13	
Bukes, Xander 16	Kruger, Benje J 15		September, Isabella J 15	Smit, Leila 16		van der Walt, Conrad M14	Cheshire, Kate E W13	
7 MAKO-EKU	A	1:56.64	#321 Mixed 12&U 4x50 Meter Medley Relay 4 x 50 M			7 BAS-EKU	A	2:15.74
Jansen van Vuuren, Conrad	Britz, Jonathan O 12		1 TUKS-TSH	2:24.00		Moabelo, Fatso J W12	Letsoalo, Tetelo C M14	
Tallarico, Marcello F 16	Nel, Jano P 16		Van Schalkwyk, Joshua J M1	Nel, Kari W11		Maponyane, Mary W14	Ngomez, Tumi K M13	
8 UNIU-EZD	A	1:57.22	2 CA-EKU	2:24.01	8 TUKS-TSH	B	2:15.82	
Bosman, Daniel 15	Papadopoulos, Ilia N 14		Mann, Sarah W11	Quagraine, Ekow A M12		Malan, Philip P M14	Goodchild, Abigail W14	
Rautenbach, Syrian B 11	Van Der Nest, Milan O 15		Zondo, Nkosana K M11	Dandoulakis, Alexi W12		Bostwick, Gavin S M14	Vuyeqaba, Unathi T W13	
#318 Women 12&U 4x50 Meter Free Relay 4 x 50 Fre			3 EXP-TSH	2:26.11	9 NSFED	A	2:16.51	
1 TUKS-TSH	B	2:10.25	Schroeder, Liam R M11	De Souza, Peta W11		Dippenaar, Katja R W13	McNamara, Scarlett W14	
Makwakwa, Riley 9	De Bruin, Charné 12		Vermeulen, Ben J M12	Haasbroek, Mari W12		Kathena, Junior J M14	Archer, Paul P M14	
Raphadu, Kgothatso 11	Swartz, Chrisna 11		4 MDOL-JHB	2:26.16	10 AA-JHB	A	2:19.39	
2 MDOL-JHB	A	2:10.83	Caldeira, Jessica S W12	Ellis, Joseph G M12		Wood, Xavier M M14	John, Joshua A M14	
Caldeira, Jessica S 12	Short, Kyla J 12		Sun, Berre W11	Ashworth, Ryan R M12		Adelaine, Kenzie W11	Oosthuyzen, Emma W11	
Ndlovu, Marang L 12	Sun, Berre 11		5 HPS-TSH	2:27.52	11 CRSC-JHB	B	2:22.09	
3 AA-JHB	A	2:11.19	Walters, Kelan M12	Sam, Rebecca S W12		Cokayne, Gabriel J M13	Oswald, Bella D W14	
Adelaine, Kenzie 11	Lingerfelder, Elle A 11		Sanders, Riley M W12	Cloete, Matthew H M11		Harris, Surayia W14	Kyle, Ryan R M11	
Adelaine, Jorja 12	Oosthuyzen, Emma 11		6 TUKS-TSH	2:28.74	12 CA-EKU	B	2:23.51	
4 TUKS-TSH	A	2:11.91	Bac, Arianne W11	Köpplinger, Axel F M12		Aspden, Kailan B M13	Van Der Merwe, Paiton R W14	
Nel, Mila M 12	Ferreira, Mika 11		Stoop, Carli W12	Prinsloo, James P M11		Carpinteiro, Diego M13	Wright, Hannah C W14	
Bac, Arianne 11	Burstein, Morgan R 12		7 BASA	2:29.34	13 RFA-TSH	A	2:27.62	
5 CA-EKU	A	2:14.27	Timveos, Antonia W12	Sibanda, Monalisa W11		Alton, Madison R W14	Groenewald, Liam D M11	
Dandoulakis, Alexi 12	Luhabe, Nolitha A 10		Petersen, Eli M11	Madonko, Jamela M11		Booyesen, James C M14	Scheepers, Tayla W13	
Mann, Sarah 11	Wood, Amy-Lee 12		#319 Women 13-14 4x50 Meter Free Relay 4 x 50 Fre			14 HRE	A	2:32.29
6 BASA	A	2:17.88	1 TUKS-TSH	2:00.17		Balzer, Klaus M12	Chirairo, Danaishe W11	
Timveos, Antonia 12	Sibanda, Jaynell 11		Da Silva, Abigail Z 14	Martin, Daniela S 14		Chanakira, Blessmore M13	Mnangagwa, Bethany W12	
Majoni, Joana 11	Sibanda, Monalisa 11		Vuyeqaba, Unathi T 13	Cownie, Isabella E 14				
7 NSFED	A	2:18.71						
Losper, Aaliyah J 12	Erni, Nele M 9							
Williams, Liya 11	Stoffberg, Alexis 12							
8 HRE	A	2:19.42						
Whyte, Ava 10	Chirairo, Danaishe 11							
Qiu, Muyan 10	Mnangagwa, Bethany 12							

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#323 Mixed 15-16 4x50 Meter Medley Relay 4 x 50 M			
Team	Relay	Finals Time	
1 DRGN-JHB	A	2:06.09	
Weber, Abigail M W14	Clancy, Cayden M15		
Maphologela, Thabang T M	Cockeran, Marguerite L W15		
2 TUKS-TSH	A	2:06.97	
vd Spuy, Lyla J W16	Cownie, Nicholas A M16		
Bourbon, Noah M16	Jv Rensburg, Anchen W15		
3 MDOL-JHB	A	2:10.19	
De Sousa, Nicholas J M15	Nolan, Emma M W15		
Von Brandis, Carl C M15	Kruger, Katelyn W15		
4 TUKS-TSH	B	2:10.36	
Alala, Marion J W15	Smit, Leila W16		
Balt, Christiaan O M15	Vd Walt, Christiaan M16		
5 PAC-TSH	A	2:13.06	
Huang, Elin W15	de Sa, Tegan S W15		
Schoeman, Sabby A M15	Botha, Joshua M16		
6 UNI-U-EZD	A	2:13.78	
Jansen, Megan M W16	Goosen, Rachele W14		
Bosman, Daniel M15	Van Der Nest, Milan O M15		
7 CA-EKU	A	2:14.06	
Beling, Justin B M15	Lamprecht, Macayla A W15		
Wilkes, Kieran-Dante K M15	Lamprecht, Jhuliana W15		
8 CRSC-JHB	A	2:14.68	
Van den Berg, Therese W15	Palmer, Keira L W15		
Van der Westhuizen, Jasper	Coxon, Phoenix M15		
9 CA-EKU	B	2:16.71	
Baker, Benjamin M16	Smith, Madison M W16		
He, Henry M15	Kulynych, Abigail W16		
10 AA-JHB	A	2:17.81	
O'Connor, Tristan P M15	Borges, Anabella M W15		
McEwan, Nathan M13	Lingerfelder, Elle A W11		

#401 Boys 11&U 50 Meter Free

Name	Age	Team	Finals Time
Finals			
1 Zondo, Nkosana K	11	CA-EKU	29.80
2 Pieters, Cayden R	11	SWAR-WCD	30.28
3 Thirion, Zandro	11	NSFED	30.78
4 Prinsloo, James P	11	TUKS-TSH	30.93
5 Masiu, Tiisetso K	11	CA-EKU	31.56
6 Botha, Sebastian	11	AA-JHB	31.67
7 Rautenbach, Syrian B	11	UNI-U-EZD	32.16
8 Rijnen, Owen	11	NSFED	32.24
9 Manowe, Leano-Laone	11	DMSS	32.30
10 Banks, Tristan D	11	AAS-JHB	32.45

#401 Boys 11&U 50 Meter Free

Name	Age	Team	Prelim Time
Preliminaries			
1 Zondo, Nkosana K	11	CA-EKU	29.87
2 Pieters, Cayden R	11	SWAR-WCD	30.90
3 Prinsloo, James P	11	TUKS-TSH	30.94
4 Masiu, Tiisetso K	11	CA-EKU	31.27
5 Botha, Sebastian	11	AA-JHB	31.69
6 Thirion, Zandro	11	NSFED	31.73
7 Manowe, Leano-Laone	11	DMSS	32.03
8 Banks, Tristan D	11	AAS-JHB	32.12

9 Rautenbach, Syrian B	11	UNI-U-EZD	32.21
10 Rijnen, Owen	11	NSFED	32.37
11 Du Toit, Gideon	11	TUKS-TSH	32.62
12 Madonko, Jamela	11	BASA	32.86
13 Maatouk, Jawad	11	SASE-JHB	33.02
14 Xavier, Travis	11	ELEC-TSH	33.08
15 Whitaker, Jake R	11	SS-MPD	33.18
16 Letsoalo, Thabang M	11	BAS-EKU	33.56
17 Sieberhagen, Dewet M	11	AWIN-TSH	33.58
18 Lin, Yuchen	10	NSFED	33.59
19 Loubser, Dreyer D	11	CSC-TSH	33.75
20 Liebenberg, Jacques P	11	SS-MPD	33.89
21 Dreyer, Lauritz	11	TUKS-TSH	33.91
22 Petersen, Eli	11	BASA	34.03
23 Markgraaff, Dean R	11	TUKS-TSH	34.25
24 Van Der Merwe, Xander	11	HARB-BPD	34.28
25 Cloete, Matthew H	11	HPS-TSH	34.29
26 Huang, Guoxuan	10	NSFED	34.34
27 Brons, Tristan	11	SOUL-EKU	34.35
28 Swartz, Mauritz M	9	SGUL-ETH	34.39
29 Vd Westhuizen, Nathan	10	TUKS-TSH	34.72
30 Roux, Keanu	11	NSFED	34.78
31 Kelsey, Jayden	11	ACAQC-CCD	34.84
32 North, Jayce J	11	WATR-JHB	34.87
33 Joubert, Chris H	11	DDA-TSH	35.06
34 Van der Merwe, Aiden	11	EXP-TSH	35.09
35 Otto, Llewellyn	11	CSC-TSH	35.19
36 Mayabane, Fezibunye	11	ESA	35.32
*37 Petrovic, Gordon	11	TRAZ-TSH	35.41
*37 Groenewald, Liam D	11	RFA-TSH	35.41
39 Raffle, Liam	11	CA-EKU	35.69
40 Brink, Herman J	11	TUKS-TSH	35.97
41 Keun, Retief	10	HARB-BPD	36.10
42 Roos, Callum D	11	TRAZ-TSH	36.50
43 Pretorius, Luke	11	SOUL-EKU	36.95
44 van der Merwe, Liam	11	ESP-EKU	37.34
45 Minnie, Milano F	11	PGAC-EKU	37.41
46 Mattheus, Carter	11	PER-JHB	37.59
47 Du Plessis, Lihan	11	HARB-BPD	38.15
48 Graaff, Juanlu C	11	COMS-TSH	38.48

#401 Boys 12 50 Meter Free

2016SA Age G: 26.20# 2000 Gregory Widmer			
Name	Age	Team	Finals Time
Finals			
1 Roodt, Adam A	12	TUKS-TSH	29.96
2 Vermeulen, Ben J	12	EXP-TSH	30.39
3 Köpplinger, Axel F	12	TUKS-TSH	30.62
4 Barbosa, Tsailin	12	ESA	30.70
5 Muchengi, Nathaniel	12	HRE	30.84
6 Klukowski, Joshua R	12	NSFED	30.92
7 Wilkins, Brody B	12	RACE-JHB	30.93
8 Badsha-Eybers, Riley M	12	CRSC-JHB	31.31
9 Fourie, Hanku	12	TUKS-TSH	31.75
10 Frewen, Aaron D	12	RIVO-JHB	31.97

#401 Boys 12 50 Meter Free

2016SA Age G: 26.20# 2000 Gregory Widmer			
Name	Age	Team	Prelim Time
Preliminaries			
1 Barbosa, Tsailin	12	ESA	30.39
2 Roodt, Adam A	12	TUKS-TSH	30.83
3 Vermeulen, Ben J	12	EXP-TSH	31.27
4 Klukowski, Joshua R	12	NSFED	31.30
5 Köpplinger, Axel F	12	TUKS-TSH	31.32
6 Muchengi, Nathaniel	12	HRE	31.38
7 Badsha-Eybers, Riley M	12	CRSC-JHB	31.42
8 Wilkins, Brody B	12	RACE-JHB	31.59
*9 Fourie, Hanku	12	TUKS-TSH	31.71
*9 Frewen, Aaron D	12	RIVO-JHB	31.71
11 Britz, Jonathan O	12	MAKO-EKU	31.97
12 Gabriels, James N	12	WATR-JHB	32.05
13 Shongwe, Sivikelwe J	12	ESA	32.13
14 Human, Eben	12	BEARS-TSH	32.21
15 Nembumoni, Ntsako C	12	WATR-JHB	32.35
16 De Angelis, Luca C	12	VASA-EKU	32.44
17 Hood, Kaylin C	12	MAKO-EKU	32.53
18 Balzer, Klaus	12	HRE	32.56
19 Nell, Matteo	12	CRSC-JHB	32.59
20 Yaldwyn, Liam	12	SASE-JHB	32.67
21 Jacobs, Willem	12	NWUC-KKD	32.76
22 Dippenaar Safi, Ethan C	12	BARA-EKU	32.77
23 Walters, Kelan	12	HPS-TSH	32.85
24 Shoko, Mukundi	12	HRE	32.97
25 Ashworth, Ryan R	12	MDOL-JHB	33.09
26 Swartz, Caleb	12	NSFED	33.14
27 Venter, Luan A	12	TKS-WBD	33.38
28 Snyman, Kaiden	12	SGUL-ETH	33.49
29 Luhabe, Bandile L	12	CA-EKU	33.65
30 Wheeler, Jaxon	12	MDOL-JHB	33.72
31 Briscoe, Ayden L	12	OLDE-JHB	33.91
32 Vd Berg, Wihan	12	TKS-WBD	34.20
33 Smith, Owen C	12	WATR-JHB	34.37
34 De Milander, Zian	12	JAQ-EKU	34.49
35 Jv Rensburg, Ben B	12	TUKS-TSH	34.80
36 Bowl, Dominic	12	HRE	35.09
37 Koller, Zac O	12	SASE-JHB	35.20
38 Musoni, Takundzwa	12	HRE	35.28
39 van Zyl, Matheo	12	CA-EKU	35.50
40 Kruger, Blake R	12	SWAR-WCD	35.53
41 Venter, Xander	12	RIVO-JHB	35.84
42 Jacobs, MACHARIA D	12	RFA-TSH	36.53

#401 Boys 13 50 Meter Free

2016SA Age G: 24.69# 2011 Kyle Van Niekerk at 9th			
Name	Age	Team	Finals Time
Finals			
1 De Amorim, Connor M	13	PER-JHB	27.40
2 Basto, Goncalo M	13	CDTM	27.66
3 Potgieter, Josea P	13	ESA	27.74
4 Heitmuller, Quade	13	TRAZ-TSH	27.87
5 Carpinteiro, Diego	13	CA-EKU	28.11

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Finals ... (#401 Boys 13 50 Meter Free)

6	Ngomez, Tumi K	13	BAS-EKU	28.31
7	Von Bormann, Peter T	13	ELEC-TSH	28.49
8	Kyster, Daylen R	13	MAKO-EKU	29.06
9	Keitumetse, Tshepang	13	SWC	29.11
10	Kneubuhler, Luca J	13	AA-JHB	29.34

#401 Boys 13 50 Meter Free

2016SA Age G: 24.69# 2011 Kyle Van Niekerk at 9th

Name	Age	Team	Prelim Time
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Preliminaries

1	De Amorim, Connor M	13	PER-JHB	27.63
2	Potgieter, Josea P	13	ESA	28.16
3	Heitmuller, Quade	13	TRAZ-TSH	28.53
4	Von Bormann, Peter T	13	ELEC-TSH	28.63
5	Carpinteiro, Diego	13	CA-EKU	28.78
6	Basto, Goncalo M	13	CDTM	28.84
7	Ngomez, Tumi K	13	BAS-EKU	28.97
8	Kyster, Daylen R	13	MAKO-EKU	29.00
9	Kneubuhler, Luca J	13	AA-JHB	29.19
10	Keitumetse, Tshepang	13	SWC	29.31

11	Kalvachev, Niki P	13	WATR-JHB	29.39
12	Jjuko, Matthew M	13	GAC	29.42

13	Aspden, Kailan B	13	CA-EKU	29.43
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14	Raymond, Mmoloki J	13	DMSS	29.44
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15	Vorster, Weirich	13	SS-MPD	29.45
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16	Taljaard, Adriaan	13	HARB-BPD	29.77
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17	Ripley, Jordan	13	BAS-EKU	29.78
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18	Opper, Luke	13	TUKS-TSH	29.80
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19	Houghton, Ronin D	13	SOUL-EKU	29.86
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20	Fernandes, David D	13	CA-EKU	29.87
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21	Pretorius, Ivan L	13	TUKS-TSH	30.02
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22	Arangies, Leon H	13	MDOL-JHB	30.22
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23	McEwan, Nathan	13	AA-JHB	30.43
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24	Steenkamp, MJ J	13	WATR-JHB	30.55
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25	Cokayne, Gabriel J	13	CRSC-JHB	30.60
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26	Mudiyiwa, Anashe	13	HRE	30.62
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27	Van Wyngaard, Rigter Z	13	TUKS-TSH	30.66
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28	Heide, Damon	13	H2O-EKU	30.67
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29	Lee, Tristan	13	PGAC-EKU	30.80
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30	Chivandire, Adriel N	13	WATR-JHB	31.00
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*31	Sutherland, Luandre W	13	WATR-JHB	31.03
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*31	Mushonga, Christian I	13	RIVO-JHB	31.03
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33	Olivier, Tiaan	13	TUKS-TSH	31.09
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34	Swarts, Brendan	13	CA-EKU	31.12
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35	Mülder, Eli-Ray	13	MDOL-JHB	31.13
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36	Schalekamp, Anru	13	TASC-MPD	31.23
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37	Sutherland, Ruben C	13	WATR-JHB	31.36
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38	Plint, Connor J	13	MAKO-EKU	31.41
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39	Le Roux, Marthinus H	13	TUKS-TSH	31.42
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40	Plint, Matthew J	13	MAKO-EKU	31.68
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41	Chirwa, Boithato	13	WATR-JHB	31.90
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42	Webb, Mason M	13	DRGN-JHB	32.00
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*43	Clark, Logan	13	WATR-JHB	32.53
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*43	Jarvis, Gabriel Paiva	13	ESA	32.53
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45	James, Deante	13	WATR-JHB	32.55
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46	Masanganise, Edward	13	BASA	32.87
47	Nauze, Liam A	13	CSC-TSH	32.93
48	Ostoja, Frano M	13	CA-EKU	33.04
49	Lazaridis, Leo P	13	CA-EKU	33.30
50	Buys, Ruhan	13	TUKS-TSH	34.44

#401 Boys 14 50 Meter Free

2016SA Age G: 24.11# 2009 Morne Kemp-Telkom SA

Name	Age	Team	Finals Time
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Finals

1	Otto, Luca L	14	CSC-TSH	26.31
2	John, Joshua A	14	AA-JHB	27.33
3	Kathena, Junior J	14	NSFED	27.78
*4	Vorster, Ewan	14	HPS-TSH	27.98
*4	Morris, Jaydon	14	CA-EKU	27.98
6	Marais, Mason P	14	SS-MPD	27.99
7	Smith, Isaiah S	14	MDOL-JHB	28.06
8	Otto, Amir	14	ELEC-TSH	28.12
9	Potgieter, Ruan P	14	CRSC-JHB	28.16
10	Wood, Callum R	14	WATR-JHB	28.41

#401 Boys 14 50 Meter Free

2016SA Age G: 24.11# 2009 Morne Kemp-Telkom SA

Name	Age	Team	Prelim Time
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Preliminaries

1	Otto, Luca L	14	CSC-TSH	27.41
2	John, Joshua A	14	AA-JHB	27.50
3	Otto, Amir	14	ELEC-TSH	27.80
4	Kathena, Junior J	14	NSFED	27.86
5	Morris, Jaydon	14	CA-EKU	27.93
6	Potgieter, Ruan P	14	CRSC-JHB	28.01
7	Vorster, Ewan	14	HPS-TSH	28.02
8	Marais, Mason P	14	SS-MPD	28.03
9	Wood, Callum R	14	WATR-JHB	28.09
10	Smith, Isaiah S	14	MDOL-JHB	28.13

11	Archer, Paul P	14	NSFED	28.21
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12	Lipton, Emile	14	ELEC-TSH	28.30
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13	Smit, Christiaan	14	TUKS-TSH	28.34
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14	Mayhew, Franko	14	PAC-TSH	28.36
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15	Garrett, Blake	14	TRAZ-TSH	28.41
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16	Letsoalo, Tetelo C	14	BAS-EKU	28.42
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17	Le Roux, Juan	14	AWIN-TSH	28.54
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18	Mutooni, Leo K	14	ELEC-TSH	28.62
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19	Moller, Janco J	14	TASC-MPD	28.69
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20	Vosloo, Matthys	14	DDA-TSH	28.95
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*21	Hu, Silas G	14	SWIMS-EKU	29.09
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*21	Luhabe, Fezile Z	14	CA-EKU	29.09
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23	Bostwick, Gavin S	14	TUKS-TSH	29.13
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24	Van Buren, Kian S	14	RIVO-JHB	29.42
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25	Papadopoulos, Ilia N	14	UNIUI-EZD	29.48
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26	van der Walt, Conrad	14	MDOL-JHB	29.50
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*27	Vermeulen, Joshua	14	MAKO-EKU	29.53
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*27	Montshiwa, Katlo L	14	DMSS	29.53
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29	Mokoena, Bokamoso	14	FAC-EKU	29.69
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30	Wood, Xavier M	14	AA-JHB	29.70
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31	Weber, Alexander R	14	DRGN-JHB	29.71
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32	Douglas, William M	14	CA-EKU	29.82
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33	Abhai, Sameer	14	BAS-EKU	29.83
34	Ferreira, Reid A	14	SOUL-EKU	29.95
35	Nel, Zian	14	RBOT-BPD	29.97
36	van Niekerk, Jacques	14	PAC-TSH	30.38
37	Oosthuizen, Nathan	14	PGAC-EKU	30.61
38	Eldar, Eitan	14	TUKS-TSH	30.73
39	Wilkins, Max C	14	HPS-TSH	30.99
40	Booyesen, James C	14	RFA-TSH	31.05
41	Malan, Philip P	14	TUKS-TSH	31.06
42	Van Breda, Jason	14	SOUL-EKU	31.29
43	Pretorius, Hennie H	14	SWAR-WCD	31.35
44	Kendall, Thomas L	14	ESTR-EKU	32.91

#401 Men 15 50 Meter Free

2016SA Age G: 23.63# 2008 Brett H. Walsh at KZN P

Name	Age	Team	Finals Time
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Finals

1	Allen, Zander K	15	BAS-EKU	25.70
2	Els, Aiden	15	CSA-EZD	26.22
3	Chilisa, Jerone T	15	TUKS-TSH	26.36
4	van der Westhuizen, Chri	15	NSFED	26.39
5	Bloem, Reinhardt	15	TUKS-TSH	26.46
6	De Villiers, Dawid	15	CSA-EZD	26.60
7	Balt, Christiaan O	15	TUKS-TSH	26.63
8	Coxon, Phoenix	15	CRSC-JHB	26.76
9	Muller, Blake M	15	DRGN-JHB	26.96
10	Beling, Justin B	15	CA-EKU	27.83

#401 Men 15 50 Meter Free

2016SA Age G: 23.63# 2008 Brett H. Walsh at KZN P

Name	Age	Team	Prelim Time
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Preliminaries

1	Allen, Zander K	15	BAS-EKU	25.94
2	Els, Aiden	15	CSA-EZD	26.56
3	Chilisa, Jerone T	15	TUKS-TSH	26.66
4	De Villiers, Dawid	15	CSA-EZD	26.67
5	van der Westhuizen, Chri	15	NSFED	26.80
6	Bloem, Reinhardt	15	TUKS-TSH	26.94
7	Muller, Blake M	15	DRGN-JHB	27.17
8	Coxon, Phoenix	15	CRSC-JHB	27.19
9	Balt, Christiaan O	15	TUKS-TSH	27.50
10	Beling, Justin B	15	CA-EKU	27.65

11	Lee, Nathan	15	RFA-TSH	27.69
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12	He, Henry	15	CA-EKU	27.71
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*13	Nel, Christiaan	15	POTC-KKD	27.76
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*13	Breetzke, Luke B	15	SS-MPD	27.76
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15	Buys, Stiaan	15	TUKS-TSH	28.06
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16	De Sousa, Nicholas J	15	MDOL-JHB	28.10
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17	Kruger, Benje J	15	RFA-TSH	28.11
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18	Von Brandis, Carl C	15	MDOL-JHB	28.25
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19	Nthomiwa, Wapego	15	PRSC	28.31
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20	Walters, Luke	15	VASA-EKU	28.33
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21	Bezuidenhout, Joha J	15	CSC-TSH	28.49
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22	Bosman, Daniel	15	UNIUI-EZD	28.50
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23	Van Der Nest, Milan O	15	UNIUI-EZD	28.54
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24	De Milander, Evan	15	JAQ-EKU	28.58
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25	Moller, Stephan	15	TASC-MPD	28.59
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SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#401 Men 15 50 Meter Free)

26	Heyneke, Stephan S	15	TUKS-TSH	28.61
27	Govindasamy, Gerrard E	15	ELEC-TSH	28.74
28	Jansen van Vuuren, Conr	15	MAKO-EKU	28.75
29	Hinchcliffe, Drew B	15	RIVO-JHB	29.06
30	Sandilands, Matthew L	15	MDOL-JHB	29.07
31	Bornman, Nathan J	15	TUKS-TSH	29.12
32	O'Connor, Tristan P	15	AA-JHB	29.62
33	Mmatli, Onthatile D	15	DRGN-JHB	29.91
34	Gauldie, Travis R	15	RFA-TSH	29.96
35	Swartz, Samuel	15	NSFED	30.16
36	Arvind, Milan D	15	CDTM	30.50
37	Jacobs, Faez	15	TRAZ-TSH	31.11

#401 Men 16 50 Meter Free

2016SA Age G: 23.06# 2009 Brett H. Walsh at The S

Name	Age	Team	Finals Time	
1	Mellis, Dean T	16	TUKS-TSH	24.93
2	Menete Junior, Lazaro H	16	CDTM	25.66
3	Pohl, MJ J	16	SS-MPD	25.81
4	Venter, Jayden	16	BEARS-TSH	25.93
5	Van den Bergh, Neil E	16	RBUR-BPD	26.11
6	Esterhuizen, Aidan	16	CSA-EZD	26.41
7	Bourbon, Noah	16	TUKS-TSH	26.46
8	Maphologela, Thabang T	16	DRGN-JHB	26.69
9	Lategan, Nicky N	16	SWAR-WCD	27.03
10	Botha, Joshua	16	PAC-TSH	27.15

#401 Men 16 50 Meter Free

2016SA Age G: 23.06# 2009 Brett H. Walsh at The S

Name	Age	Team	Prelim Time	
1	Mellis, Dean T	16	TUKS-TSH	25.24
2	Pohl, MJ J	16	SS-MPD	25.75
3	Venter, Jayden	16	BEARS-TSH	25.98
4	Menete Junior, Lazaro H	16	CDTM	26.19
5	Van den Bergh, Neil E	16	RBUR-BPD	26.24
6	Maphologela, Thabang T	16	DRGN-JHB	26.25
7	Bourbon, Noah	16	TUKS-TSH	26.36
8	Esterhuizen, Aidan	16	CSA-EZD	26.49
9	Botha, Joshua	16	PAC-TSH	26.66
10	Lategan, Nicky N	16	SWAR-WCD	26.88
11	du Toit, Liam F	16	VRC-TSH	26.90
12	Cownie, Nicholas A	16	TUKS-TSH	26.91

*13	Wilkes, Kieran-Dante K	16	CA-EKU	26.94
*13	Williams, Trent J	16	SOUL-EKU	26.94
15	Van Der Westhuizen, Jan	16	STSC-KC	27.10
16	Potgieter, Brendan	16	TUKS-TSH	27.18
17	Kymdell, Ivan J	16	TUKS-TSH	27.60
18	Clarke, Jonathan W	16	SOUL-EKU	27.69
19	De Jager, Ruben	16	DMSS	27.71
20	Lepron, Yann	16	SASE-JHB	27.75
*21	Khosa, Yanni B	16	CDTM	27.81
*21	Tesfay, Abi A	16	DDA-TSH	27.81
23	Solomons, Luke	16	QUES-JHB	27.84

24	Jacobs, Jossie J	16	MATL-KKD	27.98
25	Way, Tristan	16	ESA	28.13
*26	Xie, Felix	16	ELEC-TSH	28.22
*26	Botha, Trevor J	16	SWIFT-EKU	28.22
28	Wasley, Dario A	16	SS-MPD	28.28
29	Gomes, Tiago J	16	TUKS-TSH	28.33
30	Delpont, Jayden S	16	PGAC-EKU	28.46
31	Lombard, Adriaan	16	TUKS-TSH	28.47
32	Bukes, Xander	16	RFA-TSH	28.50
33	Taylor, Owen C	16	SOUL-EKU	28.52
34	Breet, Maynard C	16	CSA-EZD	29.05
35	Abrahams, Cayden	16	DRGN-JHB	29.06
36	Otto, Luan	16	SWAR-WCD	29.15
37	Baker, Benjamin	16	CA-EKU	29.24
38	Ndjeke, Peter T	16	NSFED	29.55
39	Holland-Muter, Jesse	16	SWAR-WCD	30.66
40	Tallarico, Marcello F	16	MAKO-EKU	31.56

#402 Girls 11&U 50 Meter Free

Name	Age	Team	Finals Time	
1	Thomba, Lame	11	DMSS	30.96
2	Sun, Berre	11	MDOL-JHB	31.35
3	Rall, Gabriella	11	FAC-EKU	31.44
4	Goosen, Ashleigh	11	UNI-U-EZD	32.16
5	Swartz, Chrisna	11	TUKS-TSH	32.61
6	Raphadu, Kgothatso	11	TUKS-TSH	32.71
7	Janse van Rensburg, Noa	11	TCA-EKU	32.88
8	Alala, Melissa M	11	SHAQC-ZZ	33.02
9	Spencer, Mackenzie A	11	TRAZ-TSH	33.24
10	Trollip, Devhyn G	11	UNI-U-EZD	34.91

#402 Girls 11&U 50 Meter Free

Name	Age	Team	Prelim Time	
1	Thomba, Lame	11	DMSS	30.94
2	Rall, Gabriella	11	FAC-EKU	31.75
3	Sun, Berre	11	MDOL-JHB	31.90
4	Goosen, Ashleigh	11	UNI-U-EZD	32.31
5	Raphadu, Kgothatso	11	TUKS-TSH	32.52
6	Swartz, Chrisna	11	TUKS-TSH	32.65
7	Alala, Melissa M	11	SHAQC-ZZ	32.66
8	Janse van Rensburg, Noa	11	TCA-EKU	32.71
9	Sibanda, Monalisa	11	BASA	32.83
10	Spencer, Mackenzie A	11	TRAZ-TSH	32.84
11	Trollip, Devhyn G	11	UNI-U-EZD	32.95
12	Mann, Sarah	11	CA-EKU	33.13
13	Odendaal, Nieke	11	BEARS-TSH	33.20
14	Nemakanga, Thendo	11	AAS-JHB	33.22
15	Oosthuizen, Emma	11	AA-JHB	33.24
16	Madondo, Sabrina M	11	AAS-JHB	33.33
17	Adelaine, Kenzie	11	AA-JHB	33.40
18	Labuscagne, Phelan	11	CRSC-JHB	33.61
19	Kenosi, Zhaoying	11	DMSS	33.72
20	Ferreira, Mika	11	TUKS-TSH	33.79
21	Phillips, Daniella L	11	DORE-JHB	33.87
22	Whyte, Ava	10	HRE	33.90

23	Qiu, Muyan	10	HRE	33.94
24	Piater, Amelie	11	ELRAS-WBD	34.16
25	Lingerfelder, Elle A	11	AA-JHB	34.17
26	Kirstein, Mine'	11	PAC-TSH	34.33
27	Tonkinson, Mia	11	SOUL-EKU	34.71
28	Bac, Arianne	11	TUKS-TSH	34.73
29	Coetzee, Veronique	11	JAQ-EKU	34.91
30	Williams, Liya	11	NSFED	34.94
31	Cox, Emma A	10	TUKS-TSH	35.31
32	Viviers, Alana	11	LINR-JHB	35.34
33	Tschofen, Arabella S	11	AA-JHB	35.39
34	Luhabe, Nolitha A	10	CA-EKU	35.65
35	Markgraaff, Kelsey	11	TUKS-TSH	35.74
36	Cronje, Kayline	11	JAQ-EKU	35.75
37	Smit, Avah	11	TKS-WBD	35.96
38	Husselmann, Sophia	10	NSFED	36.81
39	Erni, Nele M	9	NSFED	37.13
40	Van Breda, Paige	11	TCA-EKU	37.16
41	Burger, Marguerite	11	SWAR-WCD	37.41
42	Oswald, Psalm M	11	ESP-EKU	38.25
43	Chirairo, Danaishe	11	HRE	38.87
44	Noble, Holly	11	ESP-EKU	40.00

#402 Girls 12 50 Meter Free

2016SA Age G: 27.81# 1998 Kelly F Acutt at Westvil

Name	Age	Team	Finals Time	
1	Spence, Amber G	12	ELEC-TSH	30.22
2	Devaprakash, Diya S	12	DMSS	31.38
3	Sanders, Riley M	12	HPS-TSH	31.61
4	Prinsloo, Miané	12	ACAQ-CCD	31.76
5	Venter, Bella	12	VRC-TSH	31.85
6	Spies, Lianka	12	HARB-BPD	31.92
7	Nel, Mila M	12	TUKS-TSH	32.06
8	Komani, Zara	12	WATR-JHB	32.36
9	Dandoulakis, Alexi	12	CA-EKU	33.11
10	Knight, Isabella M	12	WATR-JHB	33.41

#402 Girls 12 50 Meter Free

2016SA Age G: 27.81# 1998 Kelly F Acutt at Westvil

Name	Age	Team	Prelim Time	
1	Spence, Amber G	12	ELEC-TSH	29.83
2	Sanders, Riley M	12	HPS-TSH	31.63
3	Devaprakash, Diya S	12	DMSS	31.84
4	Nel, Mila M	12	TUKS-TSH	31.92
5	Spies, Lianka	12	HARB-BPD	32.24
6	Prinsloo, Miané	12	ACAQ-CCD	32.30
7	Venter, Bella	12	VRC-TSH	32.34
8	Komani, Zara	12	WATR-JHB	32.46
9	Knight, Isabella M	12	WATR-JHB	32.53
10	Dandoulakis, Alexi	12	CA-EKU	32.71
11	Stoffberg, Alexis	12	NSFED	32.75
12	Adelaine, Jorja	12	AA-JHB	32.80
13	Goldenhuis, Mila	12	ACAQ-CCD	33.31
14	Jack, Kayden E	12	PER-JHB	33.32
15	Liebenberg, Leandi	12	SS-MPD	33.47

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#402 Girls 12 50 Meter Free)

16	Mnangagwa, Bethany	12	HRE	33.50
17	Haasbroek, Mari	12	EXP-TSH	33.67
18	Janse van Rensburg, Zanc	12	NWUC-KKD	33.81
19	Makhatho, Tiisetso	12	ESP-EKU	33.84
20	Short, Kyla J	12	MDOL-JHB	33.90
21	Ndlovu, Marang L	12	MDOL-JHB	34.03
22	Smit, Anzel	12	EXP-TSH	34.05
23	Sohoni, Aahana	12	PSC	34.14
24	Caldeira, Jessica S	12	MDOL-JHB	34.15
25	Knudsen, Harley	12	PGAC-EKU	34.28
26	Zoutendyk, Simi	12	RBOT-BPD	34.46
27	Lospers, Aaliyah J	12	NSFED	34.49
28	Burstein, Morgan R	12	TUKS-TSH	34.60
29	Roets, Emma	12	TUKS-TSH	34.67
30	Dornon, Elizabeth E	12	VASA-EKU	34.70
31	Chiang, Sophie	12	WATR-JHB	34.76
32	Mpuchane, Laya S	12	DMSS	34.97
33	Stoltz, Makayla E	12	PER-JHB	35.00
34	Venter, Mia	12	AWIN-TSH	35.35
35	Scott, Gabriella	12	TUKS-TSH	35.57
36	Oliphant, Paige A	12	PAC-TSH	35.62
37	Van Breda, Isabella	12	NWUC-KKD	35.71
38	Shaetonhodi, Larissa	12	NSFED	36.34
39	De Oliveira, Kyra J	12	WATR-JHB	36.45

#402 Girls 13 50 Meter Free

2016SA Age G: 27.28# 2015 Rebecca A. Meder at W

Name	Age	Team	Finals Time	
Finals				
1	Vuyeqaba, Unathi T	13	TUKS-TSH	29.90
2	Zamisa, Lumka K	13	HREF-BPD	30.41
3	Meyburgh, Olivia C	13	CA-EKU	30.75
4	Schoeman, Shelby L	13	CA-EKU	31.08
5	Mostert, Abby J	13	AWIN-TSH	31.30
6	Cheshire, Kate E	13	MDOL-JHB	31.53
7	Rautenbach, Chloe M	13	UNI-U-EZD	31.57
8	Harris, Madison	13	SOUL-EKU	31.99
9	Miambo, Kianga T	13	CDTM	32.63
10	Van Heerden, Mikaela	13	TUKS-TSH	32.93

#402 Girls 13 50 Meter Free

2016SA Age G: 27.28# 2015 Rebecca A. Meder at W

Name	Age	Team	Prelim Time	
Preliminaries				
1	Zamisa, Lumka K	13	HREF-BPD	30.62
2	Meyburgh, Olivia C	13	CA-EKU	31.09
3	Vuyeqaba, Unathi T	13	TUKS-TSH	31.22
4	Schoeman, Shelby L	13	CA-EKU	31.30
5	Cheshire, Kate E	13	MDOL-JHB	31.35
6	Harris, Madison	13	SOUL-EKU	31.59
7	Rautenbach, Chloe M	13	UNI-U-EZD	31.62
8	Mostert, Abby J	13	AWIN-TSH	31.71
9	Miambo, Kianga T	13	CDTM	32.06
10	Van Heerden, Mikaela	13	TUKS-TSH	32.37
11	Parker, Cala	13	DMSS	32.45

12	Ngwenya, Rachel	13	BASA	32.51
13	Du Preez, Elizabeth	13	TUKS-TSH	32.60
14	Chauke, Rhandzu X	13	DORE-JHB	32.66
15	Nolan, Kathryn A	13	MDOL-JHB	32.71
16	Schutze-Langston, Paige	13	MDOL-JHB	32.79
17	Vreeneogor, Isabella	13	CRSC-JHB	32.95
18	Nieuwoudt, Jenna M	13	SWAR-WCD	33.04
19	Scheepers, Tayla	13	RFA-TSH	33.16
20	Machill, Cayleigh J	13	BARA-EKU	33.28
21	Dippenaar, Katja R	13	NSFED	33.97
22	Vermaak, Marizelle	13	HREF-BPD	34.20
23	McDowell, Caitlin L	13	ESP-EKU	34.68

#402 Girls 14 50 Meter Free

2016SA Age G: 26.67# 2004 Tanya Strydom at SA Na

Name	Age	Team	Finals Time	
Finals				
1	Erasmus, Amelie	14	SOUL-EKU	28.79
2	Lamprecht, Anika	14	VRC-TSH	29.22
3	Kalpage, Kiana T	14	VASA-EKU	29.39
4	Redfern, Isabella M	14	CRSC-JHB	29.53
5	Wilson, Keira	14	ELEC-TSH	29.75
6	Martin, Daniela S	14	TUKS-TSH	30.16
7	Lloyd-Swanepoel, Ella	14	MAKO-EKU	30.45
8	De Lange, Roxy	14	PAC-TSH	30.46
9	Da Silva, Abigail Z	14	TUKS-TSH	30.75
10	Cownie, Isabella E	14	TUKS-TSH	31.53

#402 Girls 14 50 Meter Free

2016SA Age G: 26.67# 2004 Tanya Strydom at SA Na

Name	Age	Team	Prelim Time	
Preliminaries				
1	Erasmus, Amelie	14	SOUL-EKU	28.81
2	Redfern, Isabella M	14	CRSC-JHB	29.60
3	Lamprecht, Anika	14	VRC-TSH	29.63
4	Kalpage, Kiana T	14	VASA-EKU	29.70
5	Wilson, Keira	14	ELEC-TSH	29.80
6	De Lange, Roxy	14	PAC-TSH	29.96
7	Martin, Daniela S	14	TUKS-TSH	30.08
8	Da Silva, Abigail Z	14	TUKS-TSH	30.11
9	Lloyd-Swanepoel, Ella	14	MAKO-EKU	30.12
10	Cownie, Isabella E	14	TUKS-TSH	30.26
11	Jackson, Victoria J	14	SOUL-EKU	30.31
12	Oliphant, Chloe B	14	PAC-TSH	30.62
13	Gotthardt, Emma	14	ELEC-TSH	30.83
14	Maja, Kat M	14	TRAZ-TSH	30.89
*15	McNamara, Scarlett	14	NSFED	31.03
*15	Louw, Cara	14	RBOT-BPD	31.03
17	Shoniwa, Renee R	14	MDOL-JHB	31.07
18	Weber, Abigail M	14	DRGN-JHB	31.25
*19	Goosen, Rachele	14	UNI-U-EZD	31.38
*19	Els, Megan A	14	BAS-EKU	31.38
21	Pienaar, Mia	14	CA-EKU	31.69
22	Wright, Hannah C	14	CA-EKU	31.75
23	de Jager, Leah	14	CRSC-JHB	31.78
24	Engelbrecht, Alexi	14	PAC-TSH	31.83
25	Sutherland, Hayleigh B	14	TUKS-TSH	31.91

26	Mtewa, Zama U	14	PAC-TSH	32.24
27	Alton, Madison R	14	RFA-TSH	32.28
*28	Maseru, Hope	14	DMSS	32.31
*28	Labuschagne, Layla	14	PAC-TSH	32.31
30	Ward, Anelle	14	TUKS-TSH	32.34
31	Maponyane, Mary	14	BAS-EKU	32.45
32	Oswald, Bella D	14	CRSC-JHB	32.86
33	Desilla, Elizabeth M	14	SASE-JHB	33.06
34	Ackerman, Emily K	14	QUES-JHB	33.33
35	Massingue, Estela B	14	CDTM	33.40
36	Costa, Charlotte S	14	MDOL-JHB	33.50
37	Munyoro, Melanie M	14	WATR-JHB	33.53
38	Stewart, Leah	14	TASC-MPD	33.72
39	Kleb, Daniela	14	ELEC-TSH	33.78
40	Kasireddy, Swapnika	14	SASE-JHB	33.80
41	Barnard, Lyla	14	RFA-TSH	33.84
42	Maruping, Bokkie M	14	LINR-JHB	33.88
43	Kavanagh, Trinity	14	TCA-EKU	33.95

#402 Women 15 50 Meter Free

2016SA Age G: 26.13# 2003 Lauren Roets at Telkon

Name	Age	Team	Finals Time	
Finals				
1	Kruger, Katelyn	15	MDOL-JHB	28.56
2	Billett, Kristen	15	ELEC-TSH	28.69
3	Henning, Ella-Mae	15	VRC-TSH	29.10
4	Lamprecht, Jhuliana	15	CA-EKU	29.67
5	Gallant Da Silva, Emma L	15	MDOL-JHB	30.03
6	Watson, Emily R	15	ELEC-TSH	30.06
7	Oosthuizen, Amore	15	CSA-EZD	30.98
8	Xaba, Kapitolina O	15	SASE-JHB	31.19
9	Alala, Marion J	15	TUKS-TSH	31.41
10	Janse van Vuuren, Zoë	15	CSA-EZD	33.00

#402 Women 15 50 Meter Free

2016SA Age G: 26.13# 2003 Lauren Roets at Telkon

Name	Age	Team	Prelim Time	
Preliminaries				
1	Kruger, Katelyn	15	MDOL-JHB	28.85
2	Billett, Kristen	15	ELEC-TSH	29.02
3	Henning, Ella-Mae	15	VRC-TSH	29.97
4	Gallant Da Silva, Emma L	15	MDOL-JHB	30.24
5	Lamprecht, Jhuliana	15	CA-EKU	30.30
6	Alala, Marion J	15	TUKS-TSH	30.33
7	Xaba, Kapitolina O	15	SASE-JHB	30.55
8	Oosthuizen, Amore	15	CSA-EZD	30.59
9	Watson, Emily R	15	ELEC-TSH	30.69
10	Janse van Vuuren, Zoë	15	CSA-EZD	31.02

11	Slabbert, Anna-Bella	15	TUKS-TSH	31.14
12	Evans, Lillie P	15	RACE-JHB	31.31
13	Barreiros, Maria A	15	ELEC-TSH	31.46
14	Knight, Caitlin A	15	WATR-JHB	31.55
15	Nolan, Emma M	15	MDOL-JHB	31.56
16	Borges, Anabella M	15	AA-JHB	31.62
17	Scheepers, Janneke	15	SGUL-ETH	31.76
18	Venter, Lizelle	15	TUKS-TSH	31.89
19	Jv Rensburg, Anchen	15	TUKS-TSH	32.06

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#402 Women 15 50 Meter Free)

20	September, Isabella J	15	TUKS-TSH	32.08
21	Van den Berg, Therese	15	CRSC-JHB	32.24
*22	Mayhew, Megan A	15	WATR-JHB	32.25
*22	Palmer, Keira L	15	CRSC-JHB	32.25
24	Mans, Kristen	15	TUKS-TSH	32.34
25	Matthysen, Jessica	15	CSA-EZD	32.46
26	Lamprecht, Macayla A	15	CA-EKU	32.50
27	Engelbrecht, Dedre	15	RBOT-BPD	32.75
28	Bulhakova, Victoria	15	SWIFT-EKU	32.93
29	Huang, Elin	15	PAC-TSH	33.11
30	Cockeran, Marguerite L	15	DRGN-JHB	33.74
31	Rossouw, Lechelle	15	TUKS-TSH	34.19
32	Bosch, Una	15	PAC-TSH	34.75
33	Van Veelen, Miane A	15	TASC-MPD	35.09
34	Coetzee, Carli	15	QUES-JHB	36.61

#402 Women 16 50 Meter Free

2016SA Age G: 25.82# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Finals Time
1	Vd Walt, Inge	16	DDA-TSH 28.62
2	Jansen, Megan M	16	UNI-U-EZD 28.93
3	Upton, Odette	16	TKS-WBD 29.12
4	Doolan, Addison J	16	WATR-JHB 29.24
5	vd Spuy, Lyla J	16	TUKS-TSH 29.69
6	Bouwer, Larissa	16	DORE-JHB 30.12
7	Ferreira, Milan	16	TASC-MPD 30.23
8	De Souza, Mila	16	EXP-TSH 30.32
9	Mashingaidze, Shalem	16	WATR-JHB 30.91
10	Prinsloo, Micke	16	TKS-WBD 31.36

#402 Women 16 50 Meter Free

2016SA Age G: 25.82# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Prelim Time
1	Vd Walt, Inge	16	DDA-TSH 28.84
2	Doolan, Addison J	16	WATR-JHB 29.50
3	Upton, Odette	16	TKS-WBD 29.58
4	Jansen, Megan M	16	UNI-U-EZD 29.62
5	vd Spuy, Lyla J	16	TUKS-TSH 29.84
6	Bouwer, Larissa	16	DORE-JHB 29.91
7	Ferreira, Milan	16	TASC-MPD 30.06
8	Mashingaidze, Shalem	16	WATR-JHB 30.14
9	Prinsloo, Micke	16	TKS-WBD 30.22
10	De Souza, Mila	16	EXP-TSH 30.72
11	Kulynych, Abbigail	16	CA-EKU 31.19
12	Masemola, Lethabo B	16	ELEC-TSH 31.35
13	Pretorius, Lenè L	16	TUKS-TSH 31.36
14	Carver, Nicola S	16	ELEC-TSH 31.41
15	Watson, Sharni-Marie	16	HPS-TSH 31.65
16	Smit, Leila	16	TUKS-TSH 32.16
17	Martins, Keira	16	H2O-EKU 33.60

#403 Men 15-99 50 Meter Free Multi-Class Multi Cla

Name Age Team Finals Time

Finals

1	Qamarana, Amkele V S15	22	MPAR-JHB	28.34
2	Jordaan, Leonardo C S15	16	MPAR-JHB	33.37
3	Cazzavillan, Lorenzo L S1	20	MDOL-JHB	141.78
4	Mtyobile, Ntsikayethu S8	15	LEGC-ETH	139.09

#403 Men 15-99 50 Meter Free Multi-Class Multi Cla

Name Age Team Prelim Time

Preliminaries

*1	Jordaan, Leonardo C S15	16	MPAR-JHB	32.81
*1	Mtyobile, Ntsikayethu S8	15	LEGC-ETH	38.44
2	Qamarana, Amkele V S15	22	MPAR-JHB	37.95
3	Cazzavillan, Lorenzo L S1	20	MDOL-JHB	45.04

#404 Girls 14&U 50 Meter Free Multi-Class Multi Cla

Name Age Team Finals Time

Finals

1	Buda, Nokubonga G	13	ESP-EKU	42.98
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#404 Girls 14&U 50 Meter Free Multi-Class Multi Cla

Name Age Team Prelim Time

Preliminaries

1	Buda, Nokubonga G	13	ESP-EKU	41.39
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#405 Boys 11&U 200 Meter Breast

Name Age Team Finals Time

Finals

1	Letsoalo, Thabang M	11	BAS-EKU	3:04.89
2	van Niekerk, Wian W	11	TRAZ-TSH	3:05.00
3	Maatouk, Jawad	11	SASE-JHB	3:12.32
4	Thirion, Zandro	11	NSFED	3:14.42
5	Schroeder, Liam R	11	EXP-TSH	3:20.16
6	Pieters, Cayden R	11	SWAR-WCD	3:20.78
7	Groenewald, Liam D	11	RFA-TSH	3:20.79
8	Pretorius, Luke	11	SOUL-EKU	3:21.42
9	Lin, Yuchen	10	NSFED	3:24.69
10	Vlok, Rijnhardt A	11	LINR-JHB	3:27.86

#405 Boys 11&U 200 Meter Breast

Name Age Team Prelim Time

Preliminaries

1	van Niekerk, Wian W	11	TRAZ-TSH	3:08.28
2	Letsoalo, Thabang M	11	BAS-EKU	3:10.90
3	Pieters, Cayden R	11	SWAR-WCD	3:15.90
4	Thirion, Zandro	11	NSFED	3:19.07
5	Maatouk, Jawad	11	SASE-JHB	3:22.17
6	Schroeder, Liam R	11	EXP-TSH	3:22.31
7	Groenewald, Liam D	11	RFA-TSH	3:24.76
8	Lin, Yuchen	10	NSFED	3:25.76
9	Pretorius, Luke	11	SOUL-EKU	3:26.05
10	Vlok, Rijnhardt A	11	LINR-JHB	3:26.71
11	Petersen, Eli	11	BASA	3:27.06
12	Van Der Merwe, Xander	11	HARB-BPD	3:27.13
13	Aliang, Célio J	11	ECN	3:29.84

14	Dreyer, Lauritz	11	TUKS-TSH	3:30.92
15	Masiu, Tiisetso K	11	CA-EKU	3:32.87
16	Nunes, Joao	10	ESA	3:32.92
17	Huisamen, Luan	11	STAR-BPD	3:33.20
18	Markgraaff, Dean R	11	TUKS-TSH	3:34.18
19	Modena, Eli L	11	TUKS-TSH	3:34.58
20	Raffle, Liam	11	CA-EKU	3:36.32
21	Xavier, Travis	11	ELEC-TSH	3:36.52
22	Roux, Keanu	11	NSFED	3:37.79
23	Matheus, Carter	11	PER-JHB	3:39.25
24	Graaff, Juanlu C	11	COMS-TSH	3:39.90
25	Adams, Avery	10	PAC-TSH	3:40.08
26	Liebenberg, Jacques P	11	SS-MPD	3:40.50
27	Kelsey, Jayden	11	ACAQ-CCD	3:40.78
28	van der Merwe, Liam	11	ESP-EKU	3:43.15
29	Otto, Llewellyn	11	CSC-TSH	3:43.38
30	Coleman, Ian A	11	LINR-JHB	3:43.54
31	Loubser, Dreyer D	11	CSC-TSH	3:43.93
32	Roos, Callum D	11	TRAZ-TSH	3:44.41
33	Van der Merwe, Aiden	11	EXP-TSH	3:44.57
34	Mayabane, Fezubunye	11	ESA	3:45.86
35	Du Plessis, Lihan	11	HARB-BPD	3:46.08
36	North, Jayce J	11	WATR-JHB	3:51.10
37	Minnie, Milano F	11	PGAC-EKU	3:54.43
38	Keun, Retief	10	HARB-BPD	4:21.38
---	Rijnen, Owen	11	NSFED	DQ

Leg Movements not simultaneous or in the same horizon

#405 Boys 12 200 Meter Breast

2016SA Age G: 2:31.81# 2013 Cameron K. Matthews a

Name Age Team Finals Time

Finals

1	Frewen, Aaron D	12	RIVO-JHB	3:05.99
2	Quagraine, Ekow A	12	CA-EKU	3:08.25
3	Luz, Levi S	12	SOUL-EKU	3:10.71
4	Gichari, Keita K	12	SHAQC-ZZ	3:10.77
5	Venter, Xander	12	RIVO-JHB	3:10.92
6	Nell, Matteo	12	CRSC-JHB	3:12.03
7	van Zyl, Mattheo	12	CA-EKU	3:13.11
8	Alley, Luke	12	ELEC-TSH	3:16.36
9	Badsha-Eybers, Riley M	12	CRSC-JHB	3:18.63
---	Bowl, Dominic	12	HRE	DQ

More than one butterfly kick during the first arm stroke

#405 Boys 12 200 Meter Breast

2016SA Age G: 2:31.81# 2013 Cameron K. Matthews a

Name Age Team Prelim Time

Preliminaries

1	Gichari, Keita K	12	SHAQC-ZZ	3:12.07
2	Luz, Levi S	12	SOUL-EKU	3:12.35
3	Frewen, Aaron D	12	RIVO-JHB	3:12.43
4	Nell, Matteo	12	CRSC-JHB	3:13.79
5	Quagraine, Ekow A	12	CA-EKU	3:14.47
6	Venter, Xander	12	RIVO-JHB	3:18.10
7	Bowl, Dominic	12	HRE	3:18.48
8	Badsha-Eybers, Riley M	12	CRSC-JHB	3:18.56
9	Alley, Luke	12	ELEC-TSH	3:19.26
10	van Zyl, Mattheo	12	CA-EKU	3:19.64

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#405 Boys 12 200 Meter Breast)			
Name	Age	Team	Finals Time
11 Roodt, Adam A	12	TUKS-TSH	3:19.92
12 Luhabe, Bandile L	12	CA-EKU	3:20.49
13 Pocock, Alex	12	ELEC-TSH	3:20.93
14 Wheeler, Jaxon	12	MDOL-JHB	3:21.45
15 Köpplinger, Axel F	12	TUKS-TSH	3:21.64
16 Muchengi, Nathaniel	12	HRE	3:22.04
17 Dippenaar Safi, Ethan C	12	BARA-EKU	3:23.74
18 Venter, Luan A	12	TKS-WBD	3:23.83
19 Hood, Kaylin C	12	MAKO-EKU	3:24.00
20 Swartz, Caleb	12	NSFED	3:25.61
21 Smith, Owen C	12	WATR-JHB	3:27.04
22 Fitzjohn, Benjamin	12	TUKS-TSH	3:27.05
23 Jv Rensburg, Ben B	12	TUKS-TSH	3:27.92
24 Koller, Zac O	12	SASE-JHB	3:28.36
25 De Angelis, Luca C	12	VASA-EKU	3:30.52
26 Barbosa, Tsailin	12	ESA	3:30.90
27 Yaldwyn, Liam	12	SASE-JHB	3:32.09
28 Evans, Daniel-Louis	12	HREF-BPD	3:32.28
29 Shongwe, Sivikelwe J	12	ESA	3:33.64
30 Nemvumoni, Ntsako C	12	WATR-JHB	3:42.60
31 Venter, Jean	12	PAC-TSH	3:42.68
32 Musoni, Takundzwa	12	HRE	3:50.17

#405 Boys 13 200 Meter Breast

2016SA Age G: 2:25.97# 2014 Cameron K. Matthews a

Name	Age	Team	Finals Time
Finals			
1 Jahnel, Garrick M	13	SOUL-EKU	2:54.07
2 Schalekamp, Anru	13	TASC-MPD	2:58.05
3 Dukoff - Gordon, Kyle	13	CA-EKU	3:01.30
4 Sutherland, Luandre W	13	WATR-JHB	3:01.40
5 Mulder, Eli-Ray	13	MDOL-JHB	3:03.91
6 Houghton, Ronin D	13	SOUL-EKU	3:06.41
7 Heide, Damon	13	H2O-EKU	3:07.60
8 Arangies, Leon H	13	MDOL-JHB	3:07.61
9 Mushonga, Christian I	13	RIVO-JHB	3:09.19
10 Le Roux, Marthinus H	13	TUKS-TSH	3:11.09

#405 Boys 13 200 Meter Breast

2016SA Age G: 2:25.97# 2014 Cameron K. Matthews a

Name	Age	Team	Prelim Time
Preliminaries			
1 Jahnel, Garrick M	13	SOUL-EKU	2:59.36
2 Dukoff - Gordon, Kyle	13	CA-EKU	3:02.78
3 Mulder, Eli-Ray	13	MDOL-JHB	3:03.48
4 Schalekamp, Anru	13	TASC-MPD	3:04.34
5 Mushonga, Christian I	13	RIVO-JHB	3:06.37
6 Arangies, Leon H	13	MDOL-JHB	3:06.38
7 Heide, Damon	13	H2O-EKU	3:07.21
8 Le Roux, Marthinus H	13	TUKS-TSH	3:08.05
9 Sutherland, Luandre W	13	WATR-JHB	3:08.26
10 Symms, Richard J	13	DORE-JHB	3:08.55
11 Houghton, Ronin D	13	SOUL-EKU	3:08.92
12 Lazaridis, Leo P	13	CA-EKU	3:09.25

13 Chirwa, Boithato	13	WATR-JHB	3:10.24
14 Lategan, Wessel W	13	SWAR-WCD	3:11.02
15 Steenkamp, MJ J	13	WATR-JHB	3:13.98
16 Webb, Mason M	13	DRGN-JHB	3:14.48
17 Glorioso, Zayne	13	CSA-EZD	3:14.90
18 Buys, Ruhan	13	TUKS-TSH	3:18.51
19 Olivier, Tiaan	13	TUKS-TSH	3:18.75
20 Jjuko, Matthew M	13	GAC	3:19.42
21 Taljaard, Adriaan	13	HARB-BPD	3:19.67
22 Kopczynski, Vlad R	13	RFA-TSH	3:20.73
23 Van der Merwe, Morne F	13	DDA-TSH	3:20.93
24 Lee, Tristan	13	PGAC-EKU	3:21.16
25 Mudyiwa, Anashe	13	HRE	3:25.48
26 Naude, Liam A	13	CSC-TSH	3:25.67
27 Ostoja, Frano M	13	CA-EKU	3:29.02
28 Masanganise, Edward	13	BASA	3:36.09
29 Jarvis, Gabriel Paiva	13	ESA	3:36.72
30 Plint, Connor J	13	MAKO-EKU	3:40.73
31 Plint, Matthew J	13	MAKO-EKU	3:45.81
--- Sutherland, Ruben C	13	WATR-JHB	DQ

Leg Movements not simultaneous or in the same horizon

#405 Boys 14 200 Meter Breast

2016SA Age G: 2:26.43# 2011 Brenden G Crawford-Te

Name	Age	Team	Finals Time
Finals			
1 Potgieter, Ruan P	14	CRSC-JHB	2:48.27
2 Letsoalo, Tetelo C	14	BAS-EKU	2:51.49
3 Van Breda, Jason	14	SOUL-EKU	2:54.28
4 Papadopoulos, Ilia N	14	UNIUI-EZD	3:03.59
5 Moller, Janco J	14	TASC-MPD	3:04.53
6 van der Walt, Conrad	14	MDOL-JHB	3:05.86
7 Kendall, Thomas L	14	ESTR-EKU	3:05.99
8 Vosloo, Matthys	14	DDA-TSH	3:07.01
9 Abhai, Sameer	14	BAS-EKU	3:10.66
10 Marais, Mason P	14	SS-MPD	3:12.64

#405 Boys 14 200 Meter Breast

2016SA Age G: 2:26.43# 2011 Brenden G Crawford-Te

Name	Age	Team	Prelim Time
Preliminaries			
1 Potgieter, Ruan P	14	CRSC-JHB	2:54.42
2 Letsoalo, Tetelo C	14	BAS-EKU	2:57.14
3 Van Breda, Jason	14	SOUL-EKU	3:01.17
4 Papadopoulos, Ilia N	14	UNIUI-EZD	3:06.58
5 Kendall, Thomas L	14	ESTR-EKU	3:07.19
6 Marais, Mason P	14	SS-MPD	3:07.68
7 Moller, Janco J	14	TASC-MPD	3:08.47
8 van der Walt, Conrad	14	MDOL-JHB	3:09.67
9 Vosloo, Matthys	14	DDA-TSH	3:12.52
10 Abhai, Sameer	14	BAS-EKU	3:13.69
11 Weber, Alexander R	14	DRGN-JHB	3:14.53
12 Van der Walt, Hein	14	DDA-TSH	3:19.19
13 Van Buren, Kian S	14	RIVO-JHB	3:20.12
14 Pretorius, Hennie H	14	SWAR-WCD	3:22.83
--- Montshiwa, Katlo L	14	DMSS	DQ

At the turn or finish did not touch with both hands simu

#405 Men 15 200 Meter Breast

2016SA Age G: 2:18.18# 2014 Bryce Skea at 2014 Mcl

Name	Age	Team	Finals Time
Finals			
1 Schoeman, Sabby A	15	PAC-TSH	2:43.13
2 Walters, Luke	15	VASA-EKU	2:44.17
3 Clancy, Cayden	15	DRGN-JHB	2:44.56
4 Tredoux, Keegan C	15	NWUC-KKD	2:46.86
5 Van der Westhuizen, Jasp	15	CRSC-JHB	2:49.52
6 Struwig, Sebastiaan	15	TUKS-TSH	2:51.43
7 Venter, Adriaan	15	VRC-TSH	2:52.74
8 Chetty, Viknesh	15	PER-JHB	2:53.12
9 Bornman, Nathan J	15	TUKS-TSH	2:53.41
10 Van Der Nest, Milan O	15	UNIUI-EZD	2:56.52

#405 Men 15 200 Meter Breast

2016SA Age G: 2:18.18# 2014 Bryce Skea at 2014 Mcl

Name	Age	Team	Prelim Time
Preliminaries			
1 Clancy, Cayden	15	DRGN-JHB	2:45.82
2 Walters, Luke	15	VASA-EKU	2:46.89
3 Schoeman, Sabby A	15	PAC-TSH	2:48.39
4 Struwig, Sebastiaan	15	TUKS-TSH	2:49.10
5 Tredoux, Keegan C	15	NWUC-KKD	2:49.92
6 Venter, Adriaan	15	VRC-TSH	2:52.96
7 Bornman, Nathan J	15	TUKS-TSH	2:53.24
8 Chetty, Viknesh	15	PER-JHB	2:54.51
9 Van der Westhuizen, Jasp	15	CRSC-JHB	2:54.57
10 Van Der Nest, Milan O	15	UNIUI-EZD	2:57.74
11 Nthomiwa, Wapego	15	PRSC	3:01.60
12 Bezuidenhout, Joha J	15	CSC-TSH	3:03.47
13 Govindasamy, Gerrard E	15	ELEC-TSH	3:05.50
14 Lee, Nathan	15	RFA-TSH	3:07.06
15 Jacobs, Faez	15	TRAZ-TSH	3:07.14
16 Jansen van Vuuren, Conra	15	MAKO-EKU	3:07.35
17 De Milander, Evan	15	JAQ-EKU	3:08.13
18 Swartz, Samuel	15	NSFED	3:09.83
19 He, Henry	15	CA-EKU	3:20.31

#405 Men 16 200 Meter Breast

2016SA Age G: 2:19.11# 2013 Jarred C. Crous at 2013

Name	Age	Team	Finals Time
Finals			
1 Cownie, Nicholas A	16	TUKS-TSH	2:40.24
2 Van Der Westhuizen, Jam	16	STSC-KC	2:42.92
3 Taylor, Owen C	16	SOUL-EKU	2:48.69
4 Bukes, Xander	16	RFA-TSH	2:49.80
5 Williams, Trent J	16	SOUL-EKU	2:54.54
6 Wilkes, Kieran-Dante K	16	CA-EKU	2:55.63
7 Botha, Trevor J	16	SWIFT-EKU	2:57.07
8 Lepron, Yann	16	SASE-JHB	2:59.45
9 Way, Tristan	16	ESA	2:59.97
10 Jacobs, Jossie J	16	MATL-KKD	3:00.70

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#405 Men 16 200 Meter Breast

2016SA Age G: 2:19.11# 2013 Jarred C. Crous at 2013

Name	Age	Team	Prelim Time
Preliminaries			
1 Cownie, Nicholas A	16	TUKS-TSH	2:41.78
2 Van Der Westhuizen, Janu	16	STSC-KC	2:42.88
3 Taylor, Owen C	16	SOUL-EKU	2:50.13
4 Bukes, Xander	16	RFA-TSH	2:52.99
5 Wilkes, Kieran-Dante K	16	CA-EKU	2:56.48
6 Botha, Trevor J	16	SWIFT-EKU	2:57.60
7 Williams, Trent J	16	SOUL-EKU	2:58.10
8 Lepron, Yann	16	SASE-JHB	2:59.67
9 Jacobs, Jossie J	16	MATL-KKD	3:02.44
10 Way, Tristan	16	ESA	3:03.77
11 Tallarico, Marcello F	16	MAKO-EKU	3:03.87
12 Ndjeke, Peter T	16	NSFED	3:17.00

#406 Girls 11&U 200 Meter Breast

Name	Age	Team	Finals Time
Finals			
1 Oosthuizen, Mia	11	PAC-TSH	3:09.74
2 Claassen, Emma-lee	11	TKS-WBD	3:12.96
3 Dewey, Harper S	11	PER-JHB	3:14.39
4 Du Plessis, Dominique	11	TRAZ-TSH	3:15.06
5 Rall, Gabriella	11	FAC-EKU	3:15.62
6 Smit, Avah	11	TKS-WBD	3:18.58
7 Labuscagne, Phelan	11	CRSC-JHB	3:23.39
8 Phillips, Daniella L	11	DORE-JHB	3:23.41
9 Spencer, Mackenzie A	11	TRAZ-TSH	3:26.31
--- Sibanda, Monalisa	11	BASA	DQ

Body not on the breast

#406 Girls 11&U 200 Meter Breast

Name	Age	Team	Prelim Time
Preliminaries			
1 Oosthuizen, Mia	11	PAC-TSH	3:10.30
2 Claassen, Emma-lee	11	TKS-WBD	3:13.91
3 Sibanda, Monalisa	11	BASA	3:15.05
4 Du Plessis, Dominique	11	TRAZ-TSH	3:15.54
5 Rall, Gabriella	11	FAC-EKU	3:17.55
6 Dewey, Harper S	11	PER-JHB	3:18.99
7 Smit, Avah	11	TKS-WBD	3:20.17
8 Phillips, Daniella L	11	DORE-JHB	3:20.48
9 Spencer, Mackenzie A	11	TRAZ-TSH	3:22.14
10 Labuscagne, Phelan	11	CRSC-JHB	3:22.95
11 Nel, Kari	11	TUKS-TSH	3:24.66
12 Tonkinson, Mia	11	SOUL-EKU	3:25.75
13 Viviers, Alana	11	LINR-JHB	3:27.70
14 Van Breda, Paige	11	TCA-EKU	3:30.90
15 Erni, Nele M	9	NSFED	3:31.84
16 Burger, Marguerite	11	SWAR-WCD	3:32.58
17 Sun, Berre	11	MDOL-JHB	3:33.97
18 Kirstein, Mine'	11	PAC-TSH	3:35.21
19 Lingerfelder, Elle A	11	AA-JHB	3:35.32
20 Adelaine, Kenzie	11	AA-JHB	3:35.66
21 Markgraaff, Kelsey	11	TUKS-TSH	3:36.17

22 De Souza, Peta	11	EXP-TSH	3:36.32
23 Kotzé, Lisa	11	POTC-KKD	3:37.94
24 Myburgh, Lienke	11	CSA-EZD	3:38.98
25 Cox, Emma A	10	TUKS-TSH	3:39.24
26 Wakonyo, Talia W	11	SHAQC-ZZ	3:40.82
27 Oswald, Psalm M	11	ESP-EKU	3:40.87
28 Bruwer, Leané	11	SWAR-WCD	3:42.38
29 Chirairo, Danaishe	11	HRE	3:43.84
30 Myeni, Ivile	11	ESA	3:44.69
31 Majoni, Joana	11	BASA	3:46.08
32 Cronje, Kayline	11	JAQ-EKU	3:49.01
33 Williams, Liya	11	NSFED	3:49.15
34 Noble, Holly	11	ESP-EKU	3:52.52
35 Husselmann, Sophia	10	NSFED	3:52.88

#406 Girls 12 200 Meter Breast

2016SA Age G: 2:28.55# 2008 Jessica S. Liss at Telkom

Name	Age	Team	Finals Time
Finals			
1 Botha, Annebelle	12	PER-JHB	3:09.08
2 Prinsloo, Miané	12	ACAQ-CCD	3:11.25
3 Stoltz, Makayla E	12	PER-JHB	3:12.33
4 M nangagwa, Bethany	12	HRE	3:16.24
5 Chiang, Sophie	12	WATR-JHB	3:18.06
6 De Bruin, Charné	12	TUKS-TSH	3:19.03
7 Smit, Anzel	12	EXP-TSH	3:19.40
8 Swart, Milla	12	OLDE-JHB	3:19.45
9 Dandoulakis, Alexi	12	CA-EKU	3:21.88
--- Dornon, Elizabeth E	12	VASA-EKU	DQ

At the turn or finish did not touch with both hands simult

#406 Girls 12 200 Meter Breast

2016SA Age G: 2:28.55# 2008 Jessica S. Liss at Telkom

Name	Age	Team	Prelim Time
Preliminaries			
1 Botha, Annebelle	12	PER-JHB	3:11.49
2 Stoltz, Makayla E	12	PER-JHB	3:15.46
3 Prinsloo, Miané	12	ACAQ-CCD	3:17.23
4 Dandoulakis, Alexi	12	CA-EKU	3:20.36
5 Smit, Anzel	12	EXP-TSH	3:20.39
6 Chiang, Sophie	12	WATR-JHB	3:22.03
7 Swart, Milla	12	OLDE-JHB	3:22.30
8 De Bruin, Charné	12	TUKS-TSH	3:24.02
9 Dornon, Elizabeth E	12	VASA-EKU	3:24.25
10 M nangagwa, Bethany	12	HRE	3:24.48
11 Botes, Taylor-Rose	12	CA-EKU	3:24.50
12 Knight, Isabella M	12	WATR-JHB	3:24.65
13 Liebenberg, Leandi	12	SS-MPD	3:25.18
14 Van Breda, Isabella	12	NWUC-KKD	3:25.65
15 Sam, Rebecca S	12	HPS-TSH	3:26.37
16 Shaetonhodi, Larissa	12	NSFED	3:26.38
17 Janse van Rensburg, Zanc	12	NWUC-KKD	3:27.65
18 Shelton, Kyleigh A	12	ESTR-EKU	3:29.41
19 Moabelo, Fatso J	12	BAS-EKU	3:29.86
20 Zoutendyk, Simi	12	RBOT-BPD	3:30.13
21 Adelaine, Jorja	12	AA-JHB	3:30.48
22 Sohoni, Aahana	12	PSC	3:31.35

23 Timveos, Antonia	12	BASA	3:32.19
24 Mpuchane, Laya S	12	DMSS	3:32.39
25 Liedeman, Hayley	12	SWAR-WCD	3:37.53
26 Steinbach, Mieke	12	NWUC-KKD	3:38.31
27 Engelbrecht, Livi	12	PAC-TSH	3:38.71
28 Short, Kyla J	12	MDOL-JHB	3:40.40
29 Makhatho, Tiisetso	12	ESP-EKU	4:11.07

#406 Girls 13 200 Meter Breast

2016SA Age G: 2:30.38# 2009 Jessica S.Liss at National

Name	Age	Team	Finals Time
Finals			
1 Oosthuizen, Mieke	13	HPS-TSH	3:01.12
2 Nolan, Kathryn A	13	MDOL-JHB	3:07.57
3 Syrett, Sienna	13	QUES-JHB	3:07.98
4 Vreenegoor, Isabella	13	CRSC-JHB	3:10.77
5 Stedall, Gia	13	PAC-TSH	3:14.61
6 Morel, Mattae F	13	CA-EKU	3:17.19
7 Harris, Madison	13	SOUL-EKU	3:19.21
8 McDowell, Caitlin L	13	ESP-EKU	3:29.76
9 Zamisa, Lumka K	13	HREF-BPD	3:30.18
--- Du Preez, Elizabeth	13	TUKS-TSH	DQ

Head did not break surface during each stroke cycle (exc

#406 Girls 13 200 Meter Breast

2016SA Age G: 2:30.38# 2009 Jessica S.Liss at National

Name	Age	Team	Prelim Time
Preliminaries			
1 Oosthuizen, Mieke	13	HPS-TSH	3:05.93
2 Nolan, Kathryn A	13	MDOL-JHB	3:10.59
3 Syrett, Sienna	13	QUES-JHB	3:12.41
4 Vreenegoor, Isabella	13	CRSC-JHB	3:13.80
5 Stedall, Gia	13	PAC-TSH	3:15.56
6 Morel, Mattae F	13	CA-EKU	3:18.75
7 Harris, Madison	13	SOUL-EKU	3:21.54
8 McDowell, Caitlin L	13	ESP-EKU	3:23.10
9 Zamisa, Lumka K	13	HREF-BPD	3:28.18
10 Du Preez, Elizabeth	13	TUKS-TSH	3:28.48
11 Chauke, Rhandzu X	13	DORE-JHB	3:31.40
12 Van Heerden, Mikaela	13	TUKS-TSH	3:31.63
13 Machill, Cayleigh J	13	BARA-EKU	3:36.00
14 Rautenbach, Chloe M	13	UNIUI-EZD	3:42.65

#406 Girls 14 200 Meter Breast

2016SA Age G: 2:32.41# 1997 Sarah Poewe

Name	Age	Team	Finals Time
Finals			
1 Goodchild, Abigail	14	TUKS-TSH	3:02.57
2 Wilson, Keira	14	ELEC-TSH	3:05.84
3 Labuschagne, Layla	14	PAC-TSH	3:10.33
4 McNamara, Scarlett	14	NSFED	3:12.39
5 Maponyane, Mary	14	BAS-EKU	3:13.43
6 Kleb, Daniela	14	ELEC-TSH	3:13.49
7 Roos, Kristen P	14	TRAZ-TSH	3:15.54
8 Oswald, Bella D	14	CRSC-JHB	3:18.89
9 Kasireddy, Swapnika	14	SASE-JHB	3:19.27
10 Costa, Charlotte S	14	MDOL-JHB	3:20.38

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#406 Girls 14 200 Meter Breast				#406 Women 16 200 Meter Breast				#409 Boys 11&U 50 Meter Back						
2016SA Age G: 2:32.41# 1997 Sarah Poewe				2016SA Age G: 2:25.90# 1999 Sarah Poewe at Pan Pa				2016SA Age G: 30.02# 2015 Luan E. Grobbelaar at S						
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time			
Preliminaries				Finals				Preliminaries						
1	Goodchild, Abigail	14	TUKS-TSH	3:04.59	1	Martins, Keira	16	H2O-EKU	2:58.02	1	Prinsloo, James P	11	TUKS-TSH	35.71
2	Labuschagne, Layla	14	PAC-TSH	3:06.56	2	Prinsloo, Micke	16	TKS-WBD	3:05.82	2	Banks, Tristan D	11	AAS-JHB	35.87
3	Wilson, Keira	14	ELEC-TSH	3:08.18	3	Carver, Nicola S	16	ELEC-TSH	3:06.35	3	Thirion, Zandro	11	NSFED	35.99
4	Kleb, Daniela	14	ELEC-TSH	3:09.84	#406 Women 16 200 Meter Breast				4	Kyle, Ryan R	11	CRSC-JHB	36.19	
5	Maponyane, Mary	14	BAS-EKU	3:14.28	2016SA Age G: 2:25.90# 1999 Sarah Poewe at Pan Pa				5	Zondo, Nkosana K	11	CA-EKU	36.22	
6	Roos, Kristen P	14	TRAZ-TSH	3:14.47	Name	Age	Team	Prelim Time	6	Botha, Sebastian	11	AA-JHB	36.36	
7	McNamara, Scarlett	14	NSFED	3:14.68	Preliminaries				7	Pieters, Cayden R	11	SWAR-WCD	37.66	
8	Kasiredy, Swapnika	14	SASE-JHB	3:16.21	1	Martins, Keira	16	H2O-EKU	3:01.07	8	Masiu, Tiisetso K	11	CA-EKU	37.83
9	Costa, Charlotte S	14	MDOL-JHB	3:16.45	2	Prinsloo, Micke	16	TKS-WBD	3:06.29	9	Huang, Guoxuan	10	NSFED	38.44
10	Oswald, Bella D	14	CRSC-JHB	3:17.19	3	Carver, Nicola S	16	ELEC-TSH	3:08.21	10	Aliang, Célio J	11	ECN	39.02
11	Goosen, Rachele	14	UNIU-EZD	3:19.31	4	Smith, Madison M	16	CA-EKU	3:13.41	11	Van Der Merwe, Xander	11	HARB-BPD	39.08
12	Desilla, Elizabeth M	14	SASE-JHB	3:20.51	#407 Men 15-99 100 Meter Breast Multi-Class Multi				12	Manowe, Leano-Laone	11	DMSS	39.19	
13	Harris, Surayia	14	CRSC-JHB	3:20.89	Name	Age	Team	Finals Time	13	Vd Westhuizen, Nathan	10	TUKS-TSH	39.27	
14	Louw, Cara	14	RBOT-BPD	3:21.80	Finals				14	Kelsey, Jayden	11	ACAQ-CCD	39.67	
15	Shoniwa, Renee R	14	MDOL-JHB	3:27.12	1	Qamarana, Amkele V SB1	22	MPAR-JHB	1:20.30	15	Rijnen, Owen	11	NSFED	39.79
#406 Women 15 200 Meter Breast				#407 Men 15-99 100 Meter Breast Multi-Class Multi				#409 Boys 11&U 50 Meter Back						
2016SA Age G: 2:31.31# 2015 Kaylee Corbett at-Sa N				2016SA Age G: 2:31.31# 2015 Kaylee Corbett at-Sa N				2016SA Age G: 30.02# 2015 Luan E. Grobbelaar at S						
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time			
Finals				Preliminaries				Finals						
1	Palmer, Keira L	15	CRSC-JHB	3:04.32	*1	Qamarana, Amkele V SB1	22	MPAR-JHB	1:19.00	1	Klukowski, Joshua R	12	NSFED	34.79
2	Coetzee, Carli	15	QUES-JHB	3:06.11	*1	Mtyobile, Ntsikayethu SB	15	LEGC-ETH	1:41.17	2	Van Schalkwyk, Joshua J	12	TUKS-TSH	34.87
3	Cockeran, Marguerite L	15	DRGN-JHB	3:08.31	2	Jordaan, Leonardo C SB1	16	MPAR-JHB	1:46.25	3	Evans, Daniel-Louis	12	HREF-BPD	34.90
4	Nolan, Emma M	15	MDOL-JHB	3:10.66	#408 Girls 14&U 100 Meter Breast Multi-Class Multi				4	Walters, Kelan	12	HPS-TSH	35.86	
5	Bulhakova, Victoria	15	SWIFT-EKU	3:12.50	Name	Age	Team	Finals Time	5	Vermeulen, Ben J	12	EXP-TSH	35.88	
6	Borges, Anabella M	15	AA-JHB	3:13.35	Finals				6	Quagraine, Ekow A	12	CA-EKU	36.75	
7	Gallant Da Silva, Emma L	15	MDOL-JHB	3:16.07	1	Buda, Nokubonga G	13	ESP-EKU	2:08.35	7	Jacobs, Willem	12	NWUC-KKD	37.32
8	Bosch, Una	15	PAC-TSH	3:18.30	#408 Girls 14&U 100 Meter Breast Multi-Class Multi				8	Stuart-Watson, John C	12	DORE-JHB	37.66	
9	Slabbert, Anna-Bella	15	TUKS-TSH	3:19.00	Name	Age	Team	Prelim Time	9	Barbosa, Tsailin	12	ESA	37.78	
10	Boardman, Leah C	15	CA-EKU	3:29.30	Preliminaries				10	Britz, Jonathan O	12	MAKO-EKU	38.09	
#406 Women 15 200 Meter Breast				#409 Boys 11&U 50 Meter Back				#409 Boys 12 50 Meter Back						
2016SA Age G: 2:31.31# 2015 Kaylee Corbett at-Sa N				2016SA Age G: 2:31.31# 2015 Kaylee Corbett at-Sa N				2016SA Age G: 30.02# 2015 Luan E. Grobbelaar at S						
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time			
Preliminaries				Finals				Finals						
1	Palmer, Keira L	15	CRSC-JHB	3:08.50	1	Kyle, Ryan R	11	CRSC-JHB	34.61	1	Klukowski, Joshua R	12	NSFED	34.79
2	Coetzee, Carli	15	QUES-JHB	3:09.55	2	Thirion, Zandro	11	NSFED	34.89	2	Van Schalkwyk, Joshua J	12	TUKS-TSH	34.87
3	Nolan, Emma M	15	MDOL-JHB	3:11.51	3	Prinsloo, James P	11	TUKS-TSH	35.46	3	Evans, Daniel-Louis	12	HREF-BPD	34.90
4	Cockeran, Marguerite L	15	DRGN-JHB	3:11.59	*4	Banks, Tristan D	11	AAS-JHB	35.70	4	Walters, Kelan	12	HPS-TSH	35.86
5	Slabbert, Anna-Bella	15	TUKS-TSH	3:12.60	*4	Zondo, Nkosana K	11	CA-EKU	35.70	5	Vermeulen, Ben J	12	EXP-TSH	35.88
6	Bulhakova, Victoria	15	SWIFT-EKU	3:13.05	6	Botha, Sebastian	11	AA-JHB	36.88	6	Quagraine, Ekow A	12	CA-EKU	36.75
7	Van Veelen, Miane A	15	TASC-MPD	3:13.08	7	Masiu, Tiisetso K	11	CA-EKU	37.20	7	Jacobs, Willem	12	NWUC-KKD	37.32
8	Borges, Anabella M	15	AA-JHB	3:15.94	8	Pieters, Cayden R	11	SWAR-WCD	37.76	8	Stuart-Watson, John C	12	DORE-JHB	37.66
9	Gallant Da Silva, Emma L	15	MDOL-JHB	3:19.18	9	Van Der Merwe, Xander	11	HARB-BPD	38.42	9	Barbosa, Tsailin	12	ESA	37.78
10	Bosch, Una	15	PAC-TSH	3:21.30	10	Huang, Guoxuan	10	NSFED	39.25	10	Britz, Jonathan O	12	MAKO-EKU	38.09
11	Evans, Lillie P	15	RACE-JHB	3:24.18										
12	Boardman, Leah C	15	CA-EKU	3:24.62										
---	de Sa, Tegan S	15	PAC-TSH	DQ										
Body not on the breast														

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#409 Boys 12 50 Meter Back				#409 Boys 14 50 Meter Back			
2016SA Age G: 30.02# 2015 Luan E. Grobbelaar at SA L				2016SA Age G: 27.50# 2013 ZANE WADDELL at SA L			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Preliminaries			
1 Klukowski, Joshua R	12	NSFED	34.93	1 Smit, Christiaan	14	TUKS-TSH	31.90
2 Van Schalkwyk, Joshua J	12	TUKS-TSH	35.59	2 Tomlinson, Andrew J	14	HPS-TSH	32.24
3 Evans, Daniel-Louis	12	HREF-BPD	35.66	3 Wood, Callum R	14	WATR-JHB	32.28
4 Walters, Kelan	12	HPS-TSH	35.91	4 Garrett, Blake	14	TRAZ-TSH	32.43
5 Vermeulen, Ben J	12	EXP-TSH	36.42	5 Vermeulen, Joshua	14	MAKO-EKU	32.69
6 Quagraine, Ekow A	12	CA-EKU	36.68	6 Morris, Jaydon	14	CA-EKU	33.07
7 Britz, Jonathan O	12	MAKO-EKU	36.80	7 Mokoena, Bokamoso	14	FAC-EKU	33.09
8 Jacobs, Willem	12	NWUC-KKD	36.81	8 Bostwick, Gavin S	14	TUKS-TSH	33.50
9 Stuart-Watson, John C	12	DORE-JHB	37.09	9 Le Roux, Juan	14	AWIN-TSH	33.63
10 Barbosa, Tsailin	12	ESA	37.31	10 Smith, Isaiah S	14	MDOL-JHB	33.65
11 Gabriels, James N	12	WATR-JHB	37.41	11 Wood, Xavier M	14	AA-JHB	34.00
12 Swartz, Caleb	12	NSFED	37.76	12 Malan, Philip P	14	TUKS-TSH	34.02
13 Muchengi, Nathaniel	12	HRE	37.78	13 Marais, Mason P	14	SS-MPD	34.10
14 De Angelis, Luca C	12	VASA-EKU	37.83	14 Van Buren, Kian S	14	RIVO-JHB	34.11
15 Human, Eben	12	BEARS-TSH	38.13	15 Mayhew, Franko	14	PAC-TSH	34.12
16 Smith, Owen C	12	WATR-JHB	38.51	16 Van der Walt, Hein	14	DDA-TSH	34.20
17 Vd Berg, Wihan	12	TKS-WBD	38.83	17 Eldar, Eitan	14	TUKS-TSH	34.69
18 Nemvumoni, Ntsako C	12	WATR-JHB	39.16	18 Ferreira, Reid A	14	SOUL-EKU	34.74
19 Wilkins, Brody B	12	RACE-JHB	39.25	19 van Niekerk, Jacques	14	PAC-TSH	35.05
20 Fourie, Hanku	12	TUKS-TSH	39.48	20 Booyesen, James C	14	RFA-TSH	35.10
21 Briscoe, Ayden L	12	OLDE-JHB	39.81	21 Wilkins, Max C	14	HPS-TSH	35.34
22 De Milander, Zian	12	JAQ-EKU	40.36	22 Otto, Amir	14	ELEC-TSH	35.43
23 Pocock, Alex	12	ELEC-TSH	40.40	23 Kathena, Junior J	14	NSFED	35.47
24 Shoko, Mukundi	12	HRE	40.77	24 Archer, Paul P	14	NSFED	35.67
25 Kruger, Blake R	12	SWAR-WCD	40.81	25 Papadopoulos, Ilia N	14	UNIU-EZD	35.96
26 Jv Rensburg, Ben B	12	TUKS-TSH	41.67	26 van der Walt, Conrad	14	MDOL-JHB	36.26
27 Venter, Jean	12	PAC-TSH	42.19	27 Oosthuizen, Nathan	14	PGAC-EKU	36.41
28 Venter, Xander	12	RIVO-JHB	42.34				
29 Alley, Luke	12	ELEC-TSH	42.35	#409 Men 15 50 Meter Back			
30 Dippenaar Safi, Ethan C	12	BARA-EKU	42.66	2016SA Age G: 26.49# 2013 ZANE WADDELL at KZN			
31 Jacobs, MACHARIA D	12	RFA-TSH	44.09	Name Age Team Finals Time			
#409 Boys 13 50 Meter Back				Finals			
2016SA Age G: 28.75# 2012 ZANE WADDELL at SA L				1 Allen, Zander K	15	BAS-EKU	30.61
Name	Age	Team	Finals Time	2 Chilisa, Jerone T	15	TUKS-TSH	30.64
1 Kneubuhler, Luca J	13	AA-JHB	31.49	3 De Sousa, Nicholas J	15	MDOL-JHB	30.69
2 Heitmuller, Quade	13	TRAZ-TSH	32.58	4 Bezuidenhout, Joha J	15	CSC-TSH	31.30
3 Chivandire, Adriel N	13	WATR-JHB	33.50	5 Bloem, Reinhardt	15	TUKS-TSH	31.53
4 Cokayne, Gabriel J	13	CRSC-JHB	33.73	6 Struwig, Sebastiaan	15	TUKS-TSH	31.66
5 Heide, Damon	13	H2O-EKU	33.75	7 Els, Aiden	15	CSA-EZD	31.84
6 Mülder, Eli-Ray	13	MDOL-JHB	33.82	8 Breetzke, Luke B	15	SS-MPD	32.45
7 Raymond, Mmoloki J	13	DMSS	34.21	9 Muller, Blake M	15	DRGN-JHB	34.78
8 Vorster, Weirich	13	SS-MPD	34.30	10 Balt, Christiaan O	15	TUKS-TSH	35.28
9 McEwan, Nathan	13	AA-JHB	35.45				
10 Kyster, Daylen R	13	MAKO-EKU	35.94	#409 Men 15 50 Meter Back			
#409 Boys 14 50 Meter Back				2016SA Age G: 26.49# 2013 ZANE WADDELL at KZN			
2016SA Age G: 27.50# 2013 ZANE WADDELL at SA L				Name Age Team Prelim Time			
Name	Age	Team	Finals Time	Preliminaries			
1 Smit, Christiaan	14	TUKS-TSH	31.63	1 Allen, Zander K	15	BAS-EKU	30.94
2 Tomlinson, Andrew J	14	HPS-TSH	31.70	2 De Sousa, Nicholas J	15	MDOL-JHB	31.31
3 Garrett, Blake	14	TRAZ-TSH	31.91	3 Chilisa, Jerone T	15	TUKS-TSH	31.37
4 Wood, Callum R	14	WATR-JHB	32.02	4 Bezuidenhout, Joha J	15	CSC-TSH	31.68
5 Vermeulen, Joshua	14	MAKO-EKU	32.39	5 Breetzke, Luke B	15	SS-MPD	32.03
6 Morris, Jaydon	14	CA-EKU	32.72				
7 Mokoena, Bokamoso	14	FAC-EKU	32.79				
8 Bostwick, Gavin S	14	TUKS-TSH	32.89				
9 Le Roux, Juan	14	AWIN-TSH	33.27				
10 Smith, Isaiah S	14	MDOL-JHB	33.40				

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#409 Men 15 50 Meter Back)

6	Struwig, Sebastiaan	15	TUKS-TSH	32.13
7	Els, Aiden	15	CSA-EZD	32.36
8	Muller, Blake M	15	DRGN-JHB	32.46
9	Bloem, Reinhardt	15	TUKS-TSH	32.47
10	Balt, Christiaan O	15	TUKS-TSH	32.64
11	van der Westhuizen, Chri	15	NSFED	32.84
12	Kruger, Benje J	15	RFA-TSH	33.25
13	Bosman, Daniel	15	UNI-U-EZD	33.28
14	Hinchcliffe, Drew B	15	RIVO-JHB	33.55
15	Gauldie, Travis R	15	RFA-TSH	33.59
16	O'Connor, Tristan P	15	AA-JHB	33.66
17	Bornman, Nathan J	15	TUKS-TSH	33.81
18	Coxon, Phoenix	15	CRSC-JHB	34.16
19	Arvind, Milan D	15	CDTM	34.19
20	Walters, Luke	15	VASA-EKU	34.53
21	Van Der Nest, Milan O	15	UNI-U-EZD	34.92
22	Jansen van Vuuren, Conr	15	MAKO-EKU	34.97
23	Swartz, Samuel	15	NSFED	35.11
24	Beling, Justin B	15	CA-EKU	35.75
25	De Villiers, Dawid	15	CSA-EZD	35.82
26	De Milander, Evan	15	JAQ-EKU	36.55

#409 Men 16 50 Meter Back

2016SA Age G: 26.42# 2015 ZANE WADDELL at SA L

Name	Age	Team	Finals Time
Finals			
1	Bourbon, Noah	16	TUKS-TSH 29.56
2	Menete Junior, Lazaro H	16	CDTM 30.25
3	Clarke, Jonathan W	16	SOUL-EKU 30.91
4	De Jager, Ruben	16	DMSS 30.98
5	Venter, Jayden	16	BEARS-TSH 31.08
6	Lategan, Nicky N	16	SWAR-WCD 31.09
7	Botha, Trevor J	16	SWIFT-EKU 31.55
8	Van den Bergh, Neil E	16	RBUR-BPD 31.59
9	Potgieter, Brendan	16	TUKS-TSH 32.23
10	Lombard, Adriaan	16	TUKS-TSH 33.15

#409 Men 16 50 Meter Back

2016SA Age G: 26.42# 2015 ZANE WADDELL at SA L

Name	Age	Team	Prelim Time
Preliminaries			
1	Bourbon, Noah	16	TUKS-TSH 29.81
2	Menete Junior, Lazaro H	16	CDTM 30.37
3	Lategan, Nicky N	16	SWAR-WCD 30.62
4	De Jager, Ruben	16	DMSS 30.87
5	Clarke, Jonathan W	16	SOUL-EKU 31.40
6	Botha, Trevor J	16	SWIFT-EKU 31.77
7	Venter, Jayden	16	BEARS-TSH 32.11
8	Potgieter, Brendan	16	TUKS-TSH 32.12
9	Van den Bergh, Neil E	16	RBUR-BPD 32.59
10	Lombard, Adriaan	16	TUKS-TSH 32.59
11	Delpport, Jayden S	16	PGAC-EKU 32.59
12	Breet, Maynard C	16	CSA-EZD 32.78
13	Gomes, Tiago J	16	TUKS-TSH 32.84

14	Baker, Benjamin	16	CA-EKU	34.56
15	Holland-Muter, Jesse	16	SWAR-WCD	34.75
16	Solomons, Luke	16	QUES-JHB	34.81
17	Ndjeke, Peter T	16	NSFED	35.33
18	Wasley, Dario A	16	SS-MPD	36.21
19	Way, Tristan	16	ESA	37.53
20	Tallarico, Marcello F	16	MAKO-EKU	39.91

#410 Girls 11&U 50 Meter Back

33	Erni, Nele M	9	NSFED	43.06
34	Labuscagne, Phelan	11	CRSC-JHB	43.09
35	Noble, Holly	11	ESP-EKU	43.37
36	Van Breda, Paige	11	TCA-EKU	43.81
37	Husselmann, Sophia	10	NSFED	43.83
38	Sibanda, Jaynell	11	BASA	44.03
39	Cox, Emma A	10	TUKS-TSH	44.35
40	Cronje, Kayline	11	JAQ-EKU	45.31
41	Oswald, Psalm M	11	ESP-EKU	47.16
42	Chirairo, Danaishe	11	HRE	53.54

#410 Girls 12 50 Meter Back

2016SA Age G: 30.97# 2011 Nathania Van Niekerk

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#410 Girls 12 50 Meter Back)

28	Knight, Isabella M	12	WATR-JHB	41.25
29	Makhatho, Tiisetso	12	ESP-EKU	41.43
30	Oliphant, Paige A	12	PAC-TSH	41.65
31	De Beer, Zenéy	12	CSA-EZD	42.15
32	Odendaal, Olivia L	12	HPS-TSH	42.50
33	Dornon, Elizabeth E	12	VASA-EKU	42.57
34	De Oliveira, Kýra J	12	WATR-JHB	42.63
35	Timveos, Antonia	12	BASA	42.78
36	Shaetonhodi, Larissa	12	NSFED	43.87
37	Engelbrecht, Livi	12	PAC-TSH	44.28
38	Liedeman, Hayley	12	SWAR-WCD	45.31
39	Mpuchane, Laya S	12	DMSS	46.71

#410 Girls 13 50 Meter Back

2016SA Age G: 30.19# 2013 Nathania Van Niekerk at CG

Name	Age	Team	Finals Time	
Finals				
1	Mostert, Abby J	13	AWIN-TSH	34.41
2	Chauke, Rhandzu X	13	DORE-JHB	35.37
3	Ngwenya, Rachel	13	BASA	35.65
4	Nieuwoudt, Jenna M	13	SWAR-WCD	35.93
5	Parker, Cala	13	DMSS	36.19
6	Zamisa, Lumka K	13	HREF-BPD	36.38
7	Schoeman, Shelby L	13	CA-EKU	36.60
8	Vuyeqaba, Unathi T	13	TUKS-TSH	37.17
9	Dippenaar, Katja R	13	NSFED	38.62
10	Cheshire, Kate E	13	MDOL-JHB	38.78

#410 Girls 13 50 Meter Back

2016SA Age G: 30.19# 2013 Nathania Van Niekerk at CG

Name	Age	Team	Prelim Time	
Preliminaries				
1	Mostert, Abby J	13	AWIN-TSH	35.56
2	Nieuwoudt, Jenna M	13	SWAR-WCD	36.47
3	Ngwenya, Rachel	13	BASA	36.52
4	Zamisa, Lumka K	13	HREF-BPD	36.87
5	Chauke, Rhandzu X	13	DORE-JHB	37.09
6	Parker, Cala	13	DMSS	37.30
7	Schoeman, Shelby L	13	CA-EKU	37.41
8	Vuyeqaba, Unathi T	13	TUKS-TSH	37.66
9	Dippenaar, Katja R	13	NSFED	38.72
10	Cheshire, Kate E	13	MDOL-JHB	38.87
11	Nolan, Kathryn A	13	MDOL-JHB	39.78
12	Scheepers, Tayla	13	RFA-TSH	40.22
13	Du Preez, Elizabeth	13	TUKS-TSH	40.25
14	Vermaak, Marizelle	13	HREF-BPD	40.88
15	McDowell, Caitlin L	13	ESP-EKU	41.38
16	Stedall, Gia	13	PAC-TSH	41.57
17	Machill, Cayleigh J	13	BARA-EKU	42.59

#410 Girls 14 50 Meter Back

2016SA Age G: 29.81# 2014 Mariella G. Venter at CG

Name	Age	Team	Finals Time	
Finals				
1	de Jager, Leah	14	CRSC-JHB	33.29

2	Weber, Abigail M	14	DRGN-JHB	34.31
3	Engelbrecht, Alexi	14	PAC-TSH	34.36
4	Oliphant, Chloe B	14	PAC-TSH	34.64
5	Lloyd-Swanepoel, Ella	14	MAKO-EKU	34.72
6	Munyoro, Melanie M	14	WATR-JHB	35.35
7	Mtsetwa, Zama U	14	PAC-TSH	35.56
8	Roos, Kristen P	14	TRAZ-TSH	36.04
9	Gotthardt, Emma	14	ELEC-TSH	36.11
10	Kalpage, Kiana T	14	VASA-EKU	36.50

#410 Girls 14 50 Meter Back

2016SA Age G: 29.81# 2014 Mariella G. Venter at CG

Name	Age	Team	Prelim Time	
Preliminaries				
1	de Jager, Leah	14	CRSC-JHB	33.88
2	Lloyd-Swanepoel, Ella	14	MAKO-EKU	34.59
3	Engelbrecht, Alexi	14	PAC-TSH	35.15
4	Weber, Abigail M	14	DRGN-JHB	35.51
5	Oliphant, Chloe B	14	PAC-TSH	35.55
6	Mtsetwa, Zama U	14	PAC-TSH	35.58
7	Munyoro, Melanie M	14	WATR-JHB	35.77
8	Roos, Kristen P	14	TRAZ-TSH	35.87
9	Kalpage, Kiana T	14	VASA-EKU	36.15
10	Gotthardt, Emma	14	ELEC-TSH	36.16
11	Kavanagh, Trinity	14	TCA-EKU	36.48
*12	Cownie, Isabella E	14	TUKS-TSH	36.53
*12	Lamprecht, Anika	14	VRC-TSH	36.53

Swim-Off Required

14	Erasmus, Amelie	14	SOUL-EKU	36.70
15	Alton, Madison R	14	RFA-TSH	36.76
16	Els, Megan A	14	BAS-EKU	36.93
17	Da Silva, Abigail Z	14	TUKS-TSH	37.20
18	Maseru, Hope	14	DMSS	37.40
19	Pienaar, Mia	14	CA-EKU	37.41
20	Louw, Cara	14	RBOT-BPD	37.42
21	Wood, Jessica	14	CA-EKU	37.94
22	Maja, Kat M	14	TRAZ-TSH	37.95
23	Wright, Hannah C	14	CA-EKU	38.16
24	De Lange, Roxy	14	PAC-TSH	38.17
25	Harris, Surayia	14	CRSC-JHB	38.45
26	Maponyane, Mary	14	BAS-EKU	38.49
27	Barnard, Lyla	14	RFA-TSH	39.42
28	Kleb, Daniela	14	ELEC-TSH	39.91
29	Jackson, Victoria J	14	SOUL-EKU	40.27
30	Shoniwa, Renee R	14	MDOL-JHB	40.55

#410 Women 15 50 Meter Back

2016SA Age G: 28.88# 2015 Mariella G. Venter at 5t

Name	Age	Team	Finals Time	
Finals				
1	Watson, Emily R	15	ELEC-TSH	32.97
2	Govind, Nikita	15	TRAZ-TSH	33.68
3	Billett, Kristen	15	ELEC-TSH	33.91
4	Knight, Caitlin A	15	WATR-JHB	35.20
5	Engelbrecht, Dedre	15	RBOT-BPD	35.22
6	Oosthuizen, Amore	15	CSA-EZD	35.23
7	Nolan, Emma M	15	MDOL-JHB	35.46

8	Mayhew, Megan A	15	WATR-JHB	35.48
9	September, Isabella J	15	TUKS-TSH	36.88
10	Huang, Elin	15	PAC-TSH	37.84

#410 Women 15 50 Meter Back

2016SA Age G: 28.88# 2015 Mariella G. Venter at 5t

Name	Age	Team	Prelim Time	
Preliminaries				
1	Watson, Emily R	15	ELEC-TSH	33.84
2	Govind, Nikita	15	TRAZ-TSH	33.92
3	Billett, Kristen	15	ELEC-TSH	34.44
4	Oosthuizen, Amore	15	CSA-EZD	35.07
5	Engelbrecht, Dedre	15	RBOT-BPD	35.46
6	Knight, Caitlin A	15	WATR-JHB	35.55
7	Nolan, Emma M	15	MDOL-JHB	35.56
8	Henning, Ella-Mae	15	VRC-TSH	35.99
9	Mayhew, Megan A	15	WATR-JHB	36.25
10	September, Isabella J	15	TUKS-TSH	36.81
11	Huang, Elin	15	PAC-TSH	36.91
12	Jv Rensburg, Anchen	15	TUKS-TSH	37.16

13	Mans, Kristen	15	TUKS-TSH	37.19
14	Venter, Lizelle	15	TUKS-TSH	37.42
15	Matthysen, Jessica	15	CSA-EZD	37.50
16	Scheepers, Janneke	15	SGUL-ETH	37.71
17	Cockeran, Marguerite L	15	DRGN-JHB	37.93
18	Janse van Vuuren, Zoë	15	CSA-EZD	38.23
19	de Sa, Tegan S	15	PAC-TSH	38.28
20	Van den Berg, Therese	15	CRSC-JHB	38.83
21	Palmer, Keira L	15	CRSC-JHB	39.13
22	Kruger, Katelyn	15	MDOL-JHB	39.21
23	Lamprecht, Jhuliana	15	CA-EKU	39.50
24	Bulhakova, Victoria	15	SWIFT-EKU	41.30
25	Van Veelen, Miane A	15	TASC-MPD	41.35
26	Coetzee, Carli	15	QUES-JHB	43.03

#410 Women 16 50 Meter Back

2016SA Age G: 29.37# 2016 Mariella G Venter-Gran

Name	Age	Team	Finals Time	
Finals				
1	vd Spuy, Lyla J	16	TUKS-TSH	32.68
2	Doolan, Addison J	16	WATR-JHB	33.00
3	Ferreira, Milan	16	TASC-MPD	33.40
4	Bouwer, Larissa	16	DORE-JHB	34.16
5	Jansen, Megan M	16	UNIUI-EZD	35.02
6	Vd Walt, Inge	16	DDA-TSH	35.21
7	Upton, Odette	16	TKS-WBD	35.45
8	Watson, Sharni-Marie	16	HPS-TSH	36.55
9	Smith, Madison M	16	CA-EKU	37.77
10	Prinsloo, Micke	16	TKS-WBD	38.65

#410 Women 16 50 Meter Back

2016SA Age G: 29.37# 2016 Mariella G Venter-Gran

Name	Age	Team	Prelim Time	
Preliminaries				
1	Doolan, Addison J	16	WATR-JHB	32.73
2	vd Spuy, Lyla J	16	TUKS-TSH	33.47
3	Ferreira, Milan	16	TASC-MPD	34.09

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#410 Women 16 50 Meter Back)			
Name	Age	Team	Time
4 Bouwer, Larissa	16	DORE-JHB	34.72
5 Jansen, Megan M	16	UNI-U-EZD	35.14
6 Upton, Odette	16	TKS-WBD	35.44
7 Vd Walt, Inge	16	DDA-TSH	35.62
*8 Watson, Sharni-Marie	16	HPS-TSH	37.34
*8 Mashingaidze, Shalem	16	WATR-JHB	37.34
10 Prinsloo, Micke	16	TKS-WBD	37.41
11 Smith, Madison M	16	CA-EKU	37.60
12 Smit, Leila	16	TUKS-TSH	37.93
13 Kulynych, Abbigail	16	CA-EKU	39.05
14 Masemola, Lethabo B	16	ELEC-TSH	39.11
15 Martins, Keira	16	H2O-EKU	42.06

#411 Boys 11&U 50 Meter Fly

Name	Age	Team	Finals Time
Finals			
1 Zondo, Nkosana K	11	CA-EKU	32.35
2 Aliang, Célio J	11	ECN	32.58
3 Prinsloo, James P	11	TUKS-TSH	33.19
4 Kyle, Ryan R	11	CRSC-JHB	33.32
5 Masiu, Tiisetso K	11	CA-EKU	34.41
6 Banks, Tristan D	11	AAS-JHB	35.00
7 Maatouk, Jawad	11	SASE-JHB	35.43
8 Petersen, Eli	11	BASA	36.56
9 Du Toit, Gideon	11	TUKS-TSH	36.78
--- Madonko, Jamela	11	BASA	DQ
False start			

#411 Boys 11&U 50 Meter Fly

Name	Age	Team	Prelim Time
Preliminaries			
1 Zondo, Nkosana K	11	CA-EKU	33.28
2 Prinsloo, James P	11	TUKS-TSH	33.77
3 Aliang, Célio J	11	ECN	33.82
4 Kyle, Ryan R	11	CRSC-JHB	33.93
5 Madonko, Jamela	11	BASA	34.90
6 Banks, Tristan D	11	AAS-JHB	35.05
7 Masiu, Tiisetso K	11	CA-EKU	35.34
8 Pieters, Cayden R	11	SWAR-WCD	35.58
9 Maatouk, Jawad	11	SASE-JHB	35.59
10 Xavier, Travis	11	ELEC-TSH	35.76
11 Petersen, Eli	11	BASA	35.92
12 Du Toit, Gideon	11	TUKS-TSH	36.78
13 Roux, Keanu	11	NSFED	36.88
14 Manowe, Leano-Laone	11	DMSS	36.92
15 Thirion, Zandro	11	NSFED	37.24
16 Schroeder, Liam R	11	EXP-TSH	38.34
17 Rijnen, Owen	11	NSFED	38.63
18 Coleman, Ian A	11	LINR-JHB	38.69
19 Petrovic, Gordon	11	TRAZ-TSH	38.80
20 Rautenbach, Syrian B	11	UNI-U-EZD	39.02
21 Brons, Tristan	11	SOUL-EKU	39.32
22 Lin, Yuchen	10	NSFED	39.51
23 Liebenberg, Jacques P	11	SS-MPD	39.99

24 Swartz, Mauritz M	9	SGUL-ETH	40.13
25 Whitaker, Jake R	11	SS-MPD	40.40
26 Huang, Guoxuan	10	NSFED	40.42
27 Cloete, Matthew H	11	HPS-TSH	41.64
28 Loubser, Dreyer D	11	CSC-TSH	42.15
29 Dreyer, Lauritz	11	TUKS-TSH	42.55
30 Sieberhagen, Dewet M	11	AWIN-TSH	42.59
31 Ritchie, Janko	11	TUKS-TSH	42.70
32 North, Jayce J	11	WATR-JHB	45.78
33 Otto, Llewellyn	11	CSC-TSH	47.75
34 Adams, Avery	10	PAC-TSH	48.01
35 van der Merwe, Liam	11	ESP-EKU	48.65
36 Keun, Retief	10	HARB-BPD	49.00
37 Mayabane, Fezibunye	11	ESA	51.46
38 Huisamen, Luan	11	STAR-BPD	54.31
39 Du Plessis, Lihan	11	HARB-BPD	54.88
--- Botha, Sebastian	11	AA-JHB	DQ
False start			
--- van Niekerk, Wian W	11	TRAZ-TSH	DQ
More than one arm pull under water after start or turn			

#411 Boys 12 50 Meter Fly

2016SA Age G: 25.81# 2015 Jendre Van Der Merwe			
Name	Age	Team	Finals Time
Finals			
1 Klukowski, Joshua R	12	NSFED	32.37
2 Badsha-Eybers, Riley M	12	CRSC-JHB	32.65
3 Vermeulen, Ben J	12	EXP-TSH	33.56
4 Britz, Jonathan O	12	MAKO-EKU	33.57
5 Frewen, Aaron D	12	RIVO-JHB	34.38
6 Fourie, Hanku	12	TUKS-TSH	34.49
7 Wilkins, Brody B	12	RACE-JHB	35.15
8 Quagraine, Ekow A	12	CA-EKU	35.68
9 Van Schalkwyk, Joshua J	12	TUKS-TSH	35.95
10 Evans, Daniel-Louis	12	HREF-BPD	37.17

#411 Boys 12 50 Meter Fly

2016SA Age G: 25.81# 2015 Jendre Van Der Merwe			
Name	Age	Team	Prelim Time
Preliminaries			
1 Klukowski, Joshua R	12	NSFED	32.62
2 Roodt, Adam A	12	TUKS-TSH	33.08
3 Badsha-Eybers, Riley M	12	CRSC-JHB	33.76
4 Vermeulen, Ben J	12	EXP-TSH	34.09
5 Frewen, Aaron D	12	RIVO-JHB	34.30
6 Quagraine, Ekow A	12	CA-EKU	34.48
7 Fourie, Hanku	12	TUKS-TSH	34.84
8 Britz, Jonathan O	12	MAKO-EKU	34.98
9 Wilkins, Brody B	12	RACE-JHB	35.74
10 Van Schalkwyk, Joshua J	12	TUKS-TSH	35.77
11 Gabriels, James N	12	WATR-JHB	35.79
12 Ellis, Joseph G	12	MDOL-JHB	36.05
13 Evans, Daniel-Louis	12	HREF-BPD	36.15
14 Venter, Luan A	12	TKS-WBD	36.24
15 Ashworth, Ryan R	12	MDOL-JHB	36.28
16 Barbosa, Tsailin	12	ESA	36.30
*17 Balzer, Klaus	12	HRE	36.34

*17 Shongwe, Sivikelwe J	12	ESA	36.34
19 Köpplinger, Axel F	12	TUKS-TSH	36.42
20 Yaldwyn, Liam	12	SASE-JHB	36.59
21 Hood, Kaylin C	12	MAKO-EKU	36.70
22 Luz, Levi S	12	SOUL-EKU	37.19
23 Briscoe, Ayden L	12	OLDE-JHB	37.23
24 Nembumoni, Ntsako C	12	WATR-JHB	37.52
25 Dippenaar Safi, Ethan C	12	BARA-EKU	37.59
26 Smith, Owen C	12	WATR-JHB	38.13
27 Muchengi, Nathaniel	12	HRE	38.23
28 Jacobs, Willem	12	NWUC-KKD	38.40
29 Shoko, Mukundi	12	HRE	38.55
30 Fitzjohn, Benjamin	12	TUKS-TSH	39.07
*31 De Angelis, Luca C	12	VASA-EKU	39.54
*31 Bowl, Dominic	12	HRE	39.54
33 Jacobs, MACHARIA D	12	RFA-TSH	40.08
34 Stuart-Watson, John C	12	DORE-JHB	41.31
35 De Milander, Zian	12	JAQ-EKU	42.44
36 Musoni, Takundzwa	12	HRE	42.75
37 van Zyl, Matheo	12	CA-EKU	42.87

#411 Boys 13 50 Meter Fly

2016SA Age G: 26.46# 2005 Kristopher P Matulovic			
Name	Age	Team	Finals Time
Finals			
1 Basto, Goncalo M	13	CDTM	28.57
2 De Amorim, Connor M	13	PER-JHB	28.90
3 Kalvachev, Niki P	13	WATR-JHB	31.33
4 Kyster, Daylen R	13	MAKO-EKU	31.41
5 Fernandes, David D	13	CA-EKU	31.76
6 Raymond, Mmoloki J	13	DMSS	31.87
7 Mülder, Eli-Ray	13	MDOL-JHB	31.94
8 Keitumetse, Tshepang	13	SWC	32.78
9 Vorster, Weirich	13	SS-MPD	33.50
--- Carpinteiro, Diego	13	CA-EKU	DQ
False start			

#411 Boys 13 50 Meter Fly

2016SA Age G: 26.46# 2005 Kristopher P Matulovic			
Name	Age	Team	Prelim Time
Preliminaries			
1 Basto, Goncalo M	13	CDTM	28.92
2 De Amorim, Connor M	13	PER-JHB	30.03
3 Carpinteiro, Diego	13	CA-EKU	30.44
4 Mülder, Eli-Ray	13	MDOL-JHB	31.46
5 Fernandes, David D	13	CA-EKU	31.70
6 Kyster, Daylen R	13	MAKO-EKU	31.78
7 Kalvachev, Niki P	13	WATR-JHB	31.89
8 Raymond, Mmoloki J	13	DMSS	31.93
9 Keitumetse, Tshepang	13	SWC	32.24
10 Vorster, Weirich	13	SS-MPD	32.37
11 Heide, Damon	13	H2O-EKU	32.96
12 Jjuko, Matthew M	13	GAC	33.19
13 Heitmuller, Quade	13	TRAZ-TSH	33.52
14 Plint, Connor J	13	MAKO-EKU	33.61
15 McEwan, Nathan	13	AA-JHB	33.64
16 James, Deante	13	WATR-JHB	33.74

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#411 Boys 13 50 Meter Fly)

17	Potgieter, Josea P	13	ESA	33.75
18	Taljaard, Adriaan	13	HARB-BPD	33.82
19	Chanakira, Blessmore	13	HRE	33.84
20	Aspden, Kailan B	13	CA-EKU	33.97
21	Chirwa, Boithato	13	WATR-JHB	34.01
22	Ngomez, Tumi K	13	BAS-EKU	34.13
23	Opper, Luke	13	TUKS-TSH	34.17
24	Plint, Matthew J	13	MAKO-EKU	34.22
25	Arangies, Leon H	13	MDOL-JHB	34.33
26	Kneubuhler, Luca J	13	AA-JHB	34.44
27	Teich, Shaun	13	TKS-WBD	34.52
28	Pretorius, Ivan L	13	TUKS-TSH	34.66
29	Cokayne, Gabriel J	13	CRSC-JHB	35.29
30	Mudyiwa, Anashe	13	HRE	35.38
31	Van der Merwe, Morne F	13	DDA-TSH	36.45
32	Naude, Liam A	13	CSC-TSH	36.47
33	Sutherland, Ruben C	13	WATR-JHB	36.59
34	Van Wyngaard, Rigter Z	13	TUKS-TSH	36.69
35	Van Der Kooij, Kian D	13	DORE-JHB	36.72
36	Olivier, Tiaan	13	TUKS-TSH	37.78
37	Glorioso, Zayne	13	CSA-EZD	37.92
38	Sutherland, Luandre W	13	WATR-JHB	37.99
39	Chivandire, Adriel N	13	WATR-JHB	38.35
40	Le Roux, Marthinus H	13	TUKS-TSH	40.06
41	Ripley, Jordan	13	BAS-EKU	41.12

#411 Boys 14 50 Meter Fly

2016SA Age G: 25.65# 2013 ZANE WADDELL at SA L

Name	Age	Team	Finals Time	
1	Tomlinson, Andrew J	14	HPS-TSH	28.62
2	Kathena, Junior J	14	NSFED	28.84
3	Garrett, Blake	14	TRAZ-TSH	29.81
4	Otto, Luca L	14	CSC-TSH	30.12
5	Vorster, Ewan	14	HPS-TSH	30.28
*6	van der Walt, Conrad	14	MDOL-JHB	30.34
*6	Douglas, William M	14	CA-EKU	30.34
*6	Wood, Callum R	14	WATR-JHB	30.34
9	Morris, Jaydon	14	CA-EKU	30.59
10	John, Joshua A	14	AA-JHB	30.75

#411 Boys 14 50 Meter Fly

2016SA Age G: 25.65# 2013 ZANE WADDELL at SA L

Name	Age	Team	Prelim Time	
1	Kathena, Junior J	14	NSFED	29.28
2	Tomlinson, Andrew J	14	HPS-TSH	29.36
3	Garrett, Blake	14	TRAZ-TSH	29.77
4	Douglas, William M	14	CA-EKU	30.20
5	Otto, Luca L	14	CSC-TSH	30.42
6	Wood, Callum R	14	WATR-JHB	30.55
7	Morris, Jaydon	14	CA-EKU	30.65
8	van der Walt, Conrad	14	MDOL-JHB	30.72
9	John, Joshua A	14	AA-JHB	30.73
10	Vorster, Ewan	14	HPS-TSH	30.77

11	Letsoalo, Tetelo C	14	BAS-EKU	30.95
12	Otto, Amir	14	ELEC-TSH	31.07
13	Marais, Mason P	14	SS-MPD	31.31
*14	Ferreira, Reid A	14	SOUL-EKU	31.42
*14	Mutooni, Leo K	14	ELEC-TSH	31.42
16	Hu, Silas G	14	SWIMS-EKU	31.52
17	Wood, Xavier M	14	AA-JHB	31.54
18	Bostwick, Gavin S	14	TUKS-TSH	31.63
19	Moller, Janco J	14	TASC-MPD	31.78
20	Potgieter, Ruan P	14	CRSC-JHB	31.95
21	Archer, Paul P	14	NSFED	32.03
*22	Weber, Alexander R	14	DRGN-JHB	32.09
*22	Nel, Zian	14	RBOT-BPD	32.09
24	Le Roux, Juan	14	AWIN-TSH	32.21
25	Mokoena, Bokamoso	14	FAC-EKU	32.24
26	Eldar, Eitan	14	TUKS-TSH	32.63
27	Mayhew, Franko	14	PAC-TSH	32.96
28	Luhabe, Fezile Z	14	CA-EKU	33.07
29	Smith, Isaiah S	14	MDOL-JHB	33.46
30	Abhai, Sameer	14	BAS-EKU	34.46
31	Oosthuizen, Nathan	14	PGAC-EKU	34.65
32	Van der Walt, Hein	14	DDA-TSH	35.23
33	Malan, Philip P	14	TUKS-TSH	36.17
34	Kendall, Thomas L	14	ESTR-EKU	37.78

#411 Men 15 50 Meter Fly

2016SA Age G: 25.24# 2008 Heinrich Alberts at KZN

Name	Age	Team	Finals Time	
1	Muller, Blake M	15	DRGN-JHB	27.41
2	Balt, Christiaan O	15	TUKS-TSH	27.76
3	van der Westhuizen, Chri	15	NSFED	28.01
4	Chilisa, Jerone T	15	TUKS-TSH	28.64
5	Els, Aiden	15	CSA-EZD	29.10
6	Allen, Zander K	15	BAS-EKU	29.12
7	Nel, Christiaan	15	POTC-KKD	29.35
8	De Villiers, Dawid	15	CSA-EZD	29.42
9	Nthomiwa, Wapego	15	PRSC	29.55
10	Heyneke, Stephan S	15	TUKS-TSH	30.98

#411 Men 15 50 Meter Fly

2016SA Age G: 25.24# 2008 Heinrich Alberts at KZN

Name	Age	Team	Prelim Time	
1	Muller, Blake M	15	DRGN-JHB	27.60
2	Balt, Christiaan O	15	TUKS-TSH	28.14
3	van der Westhuizen, Chri	15	NSFED	28.49
4	Allen, Zander K	15	BAS-EKU	29.10
5	Els, Aiden	15	CSA-EZD	29.22
6	De Villiers, Dawid	15	CSA-EZD	29.40
*7	Nel, Christiaan	15	POTC-KKD	29.43
*7	Chilisa, Jerone T	15	TUKS-TSH	29.43
9	Nthomiwa, Wapego	15	PRSC	29.77
10	Heyneke, Stephan S	15	TUKS-TSH	29.83
11	Moller, Stephan	15	TASC-MPD	29.91
12	Govindasamy, Gerrard E	15	ELEC-TSH	30.08
13	Breetzke, Luke B	15	SS-MPD	30.34

14	Sandilands, Matthew L	15	MDOL-JHB	30.42
15	De Sousa, Nicholas J	15	MDOL-JHB	30.48
16	Bosman, Daniel	15	UNIU-EZD	30.49
17	Coxon, Phoenix	15	CRSC-JHB	30.51
18	Kruger, Benje J	15	RFA-TSH	30.55
19	Mmatli, Onthatile D	15	DRGN-JHB	30.59
20	Clancy, Cayden	15	DRGN-JHB	30.88
21	Beling, Justin B	15	CA-EKU	30.89
22	He, Henry	15	CA-EKU	31.13
23	Von Brandis, Carl C	15	MDOL-JHB	31.25
24	Schoeman, Sabby A	15	PAC-TSH	31.59
25	De Milander, Evan	15	JAQ-EKU	31.70
26	Bezuidenhout, Joha J	15	CSC-TSH	31.81
27	Hinchcliffe, Drew B	15	RIVO-JHB	31.92
28	Lee, Nathan	15	RFA-TSH	32.19
29	O'Connor, Tristan P	15	AA-JHB	32.28
30	Van Der Nest, Milan O	15	UNIU-EZD	32.62
31	Gauldie, Travis R	15	RFA-TSH	33.36
32	Jacobs, Faez	15	TRAZ-TSH	33.39
33	Swartz, Samuel	15	NSFED	33.62

#411 Men 16 50 Meter Fly

2016SA Age G: 24.44# 2015 ZANE WADDELL at SA L

Name	Age	Team	Finals Time	
1	Maphologela, Thabang T	16	DRGN-JHB	26.77
2	Mellis, Dean T	16	TUKS-TSH	26.92
3	Khosa, Yanni B	16	CDTM	27.74
4	Breet, Maynard C	16	CSA-EZD	27.98
5	Esterhuizen, Aidan	16	CSA-EZD	28.19
6	Bourbon, Noah	16	TUKS-TSH	28.71
7	Botha, Joshua	16	PAC-TSH	28.90
8	Otto, Luan	16	SWAR-WCD	29.55
9	Bukes, Xander	16	RFA-TSH	29.97
10	Wilkes, Kieran-Dante K	16	CA-EKU	30.29

#411 Men 16 50 Meter Fly

2016SA Age G: 24.44# 2015 ZANE WADDELL at SA L

Name	Age	Team	Prelim Time	
1	Maphologela, Thabang T	16	DRGN-JHB	26.84
2	Khosa, Yanni B	16	CDTM	27.83
3	Mellis, Dean T	16	TUKS-TSH	28.03
4	Breet, Maynard C	16	CSA-EZD	28.36
5	Bourbon, Noah	16	TUKS-TSH	28.49
6	Botha, Joshua	16	PAC-TSH	28.66
7	Esterhuizen, Aidan	16	CSA-EZD	28.70
8	Bukes, Xander	16	RFA-TSH	29.20
*9	Wilkes, Kieran-Dante K	16	CA-EKU	29.47
*9	Otto, Luan	16	SWAR-WCD	29.47
11	Potgieter, Brendan	16	TUKS-TSH	29.48
12	Abrahams, Cayden	16	DRGN-JHB	29.52
13	De Jager, Ruben	16	DMSS	29.56
14	Botha, Trevor J	16	SWIFT-EKU	29.81
15	Lategan, Nicky N	16	SWAR-WCD	29.91
16	Xie, Felix	16	ELEC-TSH	30.15
17	Solomons, Luke	16	QUES-JHB	30.40

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

Preliminaries ... (#411 Men 16 50 Meter Fly)

18	du Toit, Liam F	16	VRC-TSH	30.41
*19	Ndjeke, Peter T	16	NSFED	30.59
*19	Van den Bergh, Neil E	16	RBUR-BPD	30.59
21	Lepron, Yann	16	SASE-JHB	31.17
22	Delpport, Jayden S	16	PGAC-EKU	31.23
23	Jacobs, Jossie J	16	MATL-KKD	31.45
24	Gomes, Tiago J	16	TUKS-TSH	31.52
25	Lombard, Adriaan	16	TUKS-TSH	31.78
26	Way, Tristan	16	ESA	32.27
27	Tallarico, Marcello F	16	MAKO-EKU	32.29
28	Holland-Muter, Jesse	16	SWAR-WCD	33.81
29	Cownie, Nicholas A	16	TUKS-TSH	34.04

#412 Girls 11&U 50 Meter Fly

Name	Age	Team	Finals Time	
1	Alala, Melissa M	11	SHAQC-ZZ	33.76
2	Thomba, Lame	11	DMSS	34.47
*3	Spencer, Mackenzie A	11	TRAZ-TSH	35.16
*3	Oosthuyzen, Emma	11	AA-JHB	35.16
5	Oosthuyzen, Mia	11	PAC-TSH	35.75
6	Sun, Berre	11	MDOL-JHB	35.78
7	Adelaine, Kenzie	11	AA-JHB	36.12
8	Whyte, Ava	10	HRE	36.34
9	Nel, Kari	11	TUKS-TSH	36.69
10	Goosen, Ashleigh	11	UNI-U-EZD	37.56

#412 Girls 11&U 50 Meter Fly

Name	Age	Team	Prelim Time	
1	Thomba, Lame	11	DMSS	34.58
2	Alala, Melissa M	11	SHAQC-ZZ	35.28
3	Sun, Berre	11	MDOL-JHB	35.98
4	Oosthuyzen, Mia	11	PAC-TSH	36.05
5	Spencer, Mackenzie A	11	TRAZ-TSH	36.50
6	Oosthuyzen, Emma	11	AA-JHB	36.56
7	Nel, Kari	11	TUKS-TSH	36.74
8	Adelaine, Kenzie	11	AA-JHB	37.03
9	Goosen, Ashleigh	11	UNI-U-EZD	37.19
10	Whyte, Ava	10	HRE	37.22

11	Nemakanga, Thendo	11	AAS-JHB	37.45
12	Kotzé, Lisa	11	POTC-KKD	37.94
13	Madondo, Sabrina M	11	AAS-JHB	38.34
14	Gewer, Amber	11	MDOL-JHB	38.37
15	Claassen, Emma-lee	11	TKS-WBD	38.40
16	Janse van Rensburg, Noa	11	TCA-EKU	38.52
17	Mann, Sarah	11	CA-EKU	38.83
18	Raphadu, Kgothatso	11	TUKS-TSH	38.92
19	Trollip, Devhyn G	11	UNI-U-EZD	39.34
20	Majoni, Joana	11	BASA	39.37
21	Husselmann, Sophia	10	NSFED	39.51
22	Oswald, Psalm M	11	ESP-EKU	39.97
23	Williams, Liya	11	NSFED	40.55
24	Bac, Arianne	11	TUKS-TSH	40.70
25	Kenosi, Zhaoying	11	DMSS	41.25

26	Sibanda, Jaynell	11	BASA	41.71
27	Wakonyo, Talia W	11	SHAQC-ZZ	42.44
28	Tonkinson, Mia	11	SOUL-EKU	42.62
29	Piater, Amelie	11	ELRAS-WBD	42.78
30	Qiu, Muyan	10	HRE	42.96
31	Erni, Nele M	9	NSFED	43.05
32	Myeni, Ivile	11	ESA	43.66
33	Dewey, Harper S	11	PER-JHB	43.95
34	Van Breda, Paige	11	TCA-EKU	45.06
35	Chirairo, Danaishe	11	HRE	45.71
36	Coetzee, Veronique	11	JAQ-EKU	45.91
37	Labuscagne, Phelan	11	CRSC-JHB	46.37
38	Noble, Holly	11	ESP-EKU	46.53
39	Luhabe, Nolitha A	10	CA-EKU	47.05
---	Myburgh, Lienke	11	CSA-EZD	DQ

Arms not brought forward simultaneously over the water

#412 Girls 12 50 Meter Fly

Name	Age	Team	Finals Time	
1	Stoop, Carli	12	TUKS-TSH	34.12
2	Stoffberg, Alexis	12	NSFED	34.32
3	Devaprakash, Diya S	12	DMSS	34.61
4	Geldenhuis, Mila	12	ACAQ-CCD	34.78
5	Makhatho, Tiisetso	12	ESP-EKU	36.48
6	Steinbach, Mieke	12	NWUC-KKD	37.11
7	Caldeira, Jessica S	12	MDOL-JHB	37.42
8	Adelaine, Jorja	12	AA-JHB	37.49
9	Losper, Aaliyah J	12	NSFED	37.64
10	Jack, Kayden E	12	PER-JHB	37.66

#412 Girls 12 50 Meter Fly

Name	Age	Team	Prelim Time	
1	Stoop, Carli	12	TUKS-TSH	34.83
2	Devaprakash, Diya S	12	DMSS	35.19
3	Stoffberg, Alexis	12	NSFED	35.28
4	Geldenhuis, Mila	12	ACAQ-CCD	36.06
5	Losper, Aaliyah J	12	NSFED	36.61
6	Adelaine, Jorja	12	AA-JHB	36.78
7	Caldeira, Jessica S	12	MDOL-JHB	36.79
8	Zoutendyk, Simi	12	RBOT-BPD	36.94
9	Jack, Kayden E	12	PER-JHB	37.05
10	Makhatho, Tiisetso	12	ESP-EKU	37.09
11	Steinbach, Mieke	12	NWUC-KKD	37.20
12	Mnangagwa, Bethany	12	HRE	37.38
13	Nel, Mila M	12	TUKS-TSH	37.76
14	Wood, Amy-Lee	12	CA-EKU	37.90
15	Shelton, Kyleigh A	12	ESTR-EKU	37.93
16	Komani, Zara	12	WATR-JHB	38.13
17	Liebenberg, Leandi	12	SS-MPD	38.91
18	Venter, Mia	12	AWIN-TSH	39.05
19	Sanders, Riley M	12	HPS-TSH	39.15
20	De Beer, Zenéy	12	CSA-EZD	39.19
21	Haasbroek, Mari	12	EXP-TSH	39.39

22	Sam, Rebecca S	12	HPS-TSH	39.59
23	Moabelo, Fatso J	12	BAS-EKU	39.81
24	Dornon, Elizabeth E	12	VASA-EKU	40.38
25	Roets, Emma	12	TUKS-TSH	40.76
26	Burstein, Morgan R	12	TUKS-TSH	40.79
27	Mpuchane, Laya S	12	DMSS	40.88
28	Janse van Rensburg, Zanc	12	NWUC-KKD	40.90
29	De Oliveira, Kyra J	12	WATR-JHB	41.78
30	Van Breda, Isabella	12	NWUC-KKD	42.39
31	Knudsen, Harley	12	PGAC-EKU	42.96
32	Prinsloo, Miané	12	ACAQ-CCD	43.34
33	Shaetonhodi, Larissa	12	NSFED	44.08
34	Short, Kyla J	12	MDOL-JHB	44.13

#412 Girls 13 50 Meter Fly

Name	Age	Team	Finals Time	
1	Schutze-Langston, Paige I	13	MDOL-JHB	31.98
2	Morel, Mattae F	13	CA-EKU	33.47
3	Meyburgh, Olivia C	13	CA-EKU	33.93
4	Cheshire, Kate E	13	MDOL-JHB	34.33
5	Machill, Cayleigh J	13	BARA-EKU	35.44
6	Schoeman, Shelby L	13	CA-EKU	35.49
7	Du Preez, Elizabeth	13	TUKS-TSH	35.78
8	Miambo, Kianga T	13	CDTM	35.84
9	Zamisa, Lumka K	13	HREF-BPD	37.03
10	Scheepers, Tayla	13	RFA-TSH	38.14

#412 Girls 13 50 Meter Fly

Name	Age	Team	Prelim Time	
1	Schutze-Langston, Paige I	13	MDOL-JHB	33.15
2	Morel, Mattae F	13	CA-EKU	33.50
3	Meyburgh, Olivia C	13	CA-EKU	34.12
4	Du Preez, Elizabeth	13	TUKS-TSH	35.38
5	Cheshire, Kate E	13	MDOL-JHB	35.48
6	Schoeman, Shelby L	13	CA-EKU	35.51
7	Miambo, Kianga T	13	CDTM	35.63
8	Machill, Cayleigh J	13	BARA-EKU	36.06
9	Scheepers, Tayla	13	RFA-TSH	36.28
10	Zamisa, Lumka K	13	HREF-BPD	36.62

11	Nolan, Kathryn A	13	MDOL-JHB	36.78
12	Parker, Cala	13	DMSS	36.96
13	Syrett, Sienna	13	QUES-JHB	37.13
14	Ngwenya, Rachel	13	BASA	37.14
15	Mostert, Abby J	13	AWIN-TSH	37.23
16	McDowell, Caitlin L	13	ESP-EKU	37.26
17	Rautenbach, Chloe M	13	UNI-U-EZD	39.23
18	Dippenaar, Katja R	13	NSFED	39.45
19	Vermaak, Marizelle	13	HREF-BPD	40.31

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Results

#412 Girls 14 50 Meter Fly				#412 Women 15 50 Meter Fly				#412 Women 16 50 Meter Fly			
2016SA Age G: 27.73# 2009 VANESSA MOHR at KZN				2016SA Age G: 26.91# 2011 Vanessa Mohr-Sa Invita				2016SA Age G: 26.68# 2011 VANESSA MOHR at Telk			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time
Finals				Finals				Preliminaries			
*1 De Lange, Roxy	14	PAC-TSH	32.00	1 Henning, Ella-Mae	15	VRC-TSH	30.93	1 Mashingaidze, Shalem	16	WATR-JHB	31.47
*1 Kalpage, Kiana T	14	VASA-EKU	32.00	2 Barreiros, Maria A	15	ELEC-TSH	31.42	2 Upton, Odette	16	TKS-WBD	31.61
3 Weber, Abigail M	14	DRGN-JHB	32.17	3 Nolan, Emma M	15	MDOL-JHB	31.51	3 vd Spuy, Lyla J	16	TUKS-TSH	31.91
4 Lamprecht, Anika	14	VRC-TSH	33.69	4 Govind, Nikita	15	TRAZ-TSH	31.95	4 Doolan, Addison J	16	WATR-JHB	32.23
5 Da Silva, Abigail Z	14	TUKS-TSH	33.74	5 Alala, Marion J	15	TUKS-TSH	32.16	5 Vd Walt, Inge	16	DDA-TSH	32.38
6 Lloyd-Swanepoel, Ella	14	MAKO-EKU	34.21	6 Evans, Lillie P	15	RACE-JHB	33.43	6 Ferreira, Milan	16	TASC-MPD	33.02
7 Roos, Kristen P	14	TRAZ-TSH	34.97	7 Kruger, Katelyn	15	MDOL-JHB	34.41	7 Watson, Sharni-Marie	16	HPS-TSH	33.09
8 Maruping, Bokkie M	14	LINR-JHB	35.22	8 Cockeran, Marguerite L	15	DRGN-JHB	34.84	8 Smith, Madison M	16	CA-EKU	34.03
9 Munyoro, Melanie M	14	WATR-JHB	36.04	9 Huang, Elin	15	PAC-TSH	35.71	9 Jansen, Megan M	16	UNI-U-EZD	34.42
--- Massingue, Estela B	14	CDTM	DQ	10 Janse van Vuuren, Zoë	15	CSA-EZD	36.46	10 Prinsloo, Micke	16	TKS-WBD	34.80
Arms not brought backward simultaneously under the w				#412 Women 15 50 Meter Fly				11 Martins, Keira			
#412 Girls 14 50 Meter Fly				2016SA Age G: 26.91# 2011 Vanessa Mohr-Sa Invita				12 Pretorius, Lenè L			
2016SA Age G: 27.73# 2009 VANESSA MOHR at KZN				Name				Age			
Name				Age				Team			
Prelim Time				Prelim Time				Finals Time			
Preliminaries				Preliminaries				#413 Men 15-99 50 Meter Fly Multi-Class Multi Class			
1 Weber, Abigail M	14	DRGN-JHB	32.89	1 Henning, Ella-Mae	15	VRC-TSH	31.67	1 Mtyobile, Ntsikayethu S8	15	LEGC-ETH	46.25
2 Kalpage, Kiana T	14	VASA-EKU	32.93	2 Alala, Marion J	15	TUKS-TSH	32.63	#414 Girls 14&U 50 Meter Fly Multi-Class Multi Class			
3 De Lange, Roxy	14	PAC-TSH	33.28	3 Nolan, Emma M	15	MDOL-JHB	32.82	Name			
4 Lloyd-Swanepoel, Ella	14	MAKO-EKU	33.65	4 Kruger, Katelyn	15	MDOL-JHB	33.09	Age			
5 Massingue, Estela B	14	CDTM	33.85	*5 Barreiros, Maria A	15	ELEC-TSH	33.44	Team			
6 Lamprecht, Anika	14	VRC-TSH	34.11	*5 Govind, Nikita	15	TRAZ-TSH	33.44	Finals Time			
7 Roos, Kristen P	14	TRAZ-TSH	34.13	7 Cockeran, Marguerite L	15	DRGN-JHB	34.00	1 Buda, Nokubonga G	13	ESP-EKU	56.81
8 Da Silva, Abigail Z	14	TUKS-TSH	34.22	8 Evans, Lillie P	15	RACE-JHB	34.53	#415 Men 12&U 4x50 Meter Medley Relay 4 x 50 Me			
9 Munyoro, Melanie M	14	WATR-JHB	34.25	9 Janse van Vuuren, Zoë	15	CSA-EZD	34.77	Team			
10 Maruping, Bokkie M	14	LINR-JHB	34.38	10 Huang, Elin	15	PAC-TSH	34.87	Relay			
11 Harris, Surayia	14	CRSC-JHB	34.43	11 Gallant Da Silva, Emma L	15	MDOL-JHB	35.47	Finals Time			
12 Maponyane, Mary	14	BAS-EKU	34.44	12 Mayhew, Megan A	15	WATR-JHB	35.62	1 NSFED	A		2:21.33
13 Els, Megan A	14	BAS-EKU	34.61	13 Xaba, Kapitolina O	15	SASE-JHB	35.63	Thirion, Zandro 11	Rijnen, Owen 11		
*14 Oliphant, Chloe B	14	PAC-TSH	34.81	14 Lamprecht, Macayla A	15	CA-EKU	36.13	10 Klukowski, Joshua R 12	Swartz, Caleb 12		
*14 Jackson, Victoria J	14	SOUL-EKU	34.81	15 Boardman, Leah C	15	CA-EKU	36.33	2 TUKS-TSH	A		2:21.50
16 Cronje, Jaimee E	14	COMS-TSH	35.13	16 Engelbrecht, Dedre	15	RBOT-BPD	37.16	Van Schalkwyk, Joshua J 12	Köpplinger, Axel F 12		
17 Wright, Hannah C	14	CA-EKU	35.27	17 Knight, Caitlin A	15	WATR-JHB	37.63	Prinsloo, James P 11	Fourie, Hanku 12		
18 Oswald, Bella D	14	CRSC-JHB	35.36	18 Rossouw, Lechelle	15	TUKS-TSH	38.23	3 CA-EKU	A		2:22.04
19 Shoniwa, Renee R	14	MDOL-JHB	35.41	19 Coetzee, Carli	15	QUES-JHB	38.87	Masiu, Tiisetso K 11	Quagraine, Ekow A 12		
20 Redfern, Isabella M	14	CRSC-JHB	35.50	20 Bulhakova, Victoria	15	SWIFT-EKU	39.30	Zondo, Nkosana K 11	Luhabe, Bandile L 12		
21 Kavanagh, Trinity	14	TCA-EKU	35.81	#412 Women 16 50 Meter Fly				4 TUKS-TSH	B		2:29.98
22 Desilla, Elizabeth M	14	SASE-JHB	35.87	2016SA Age G: 26.68# 2011 VANESSA MOHR at Telk				Vd Westhuizen, Nathan 10	Dreyer, Lauritz 11		
23 Alton, Madison R	14	RFA-TSH	36.03	Name				Fitzjohn, Benjamin 12	Du Toit, Gideon 11		
24 Stewart, Leah	14	TASC-MPD	36.23	Age				5 ESA	A		2:32.25
25 Mtetwa, Zama U	14	PAC-TSH	36.34	Team				Barbosa, Tsailin 12	Nunes, Joao 10		
26 Sutherland, Hayleigh B	14	TUKS-TSH	36.59	Finals Time				Shongwe, Sivikelwe J 12	Mayabane, Fezibunye 11		
27 Wood, Jessica	14	CA-EKU	36.78	Finals				#416 Men 13-14 4x50 Meter Medley Relay 4 x 50 Me			
28 McNamara, Scarlett	14	NSFED	36.93	1 Mashingaidze, Shalem	16	WATR-JHB	30.74	Team			Finals Time
29 Goosen, Rachele	14	UNI-U-EZD	37.21	2 vd Spuy, Lyla J	16	TUKS-TSH	31.05	1 MDOL-JHB	A		2:07.28
30 Maseru, Hope	14	DMSS	37.81	3 Upton, Odette	16	TKS-WBD	31.30	Mülder, Eli-Ray 13	Arangies, Leon H 13		
31 Kasiredy, Swapnika	14	SASE-JHB	38.91	4 Doolan, Addison J	16	WATR-JHB	32.28	van der Walt, Conrad 14	Smith, Isaiah S 14		
32 Costa, Charlotte S	14	MDOL-JHB	39.56	5 Watson, Sharni-Marie	16	HPS-TSH	32.36	2 TUKS-TSH	A		2:09.23
				6 Vd Walt, Inge	16	DDA-TSH	32.46	Smit, Christiaan 14	Le Roux, Marthinus H 13		
				7 Ferreira, Milan	16	TASC-MPD	33.52	Opper, Luke 13	Bostwick, Gavin S 14		
				8 Jansen, Megan M	16	UNI-U-EZD	34.81	3 CA-EKU	A		2:09.71
				9 Smith, Madison M	16	CA-EKU	34.90	Morris, Jaydon 14	Dukoff - Gordon, Kyle 13		
				10 Prinsloo, Micke	16	TKS-WBD	35.92	Douglas, William M 14	Carpinteiro, Diego 13		
								4 AA-JHB	A		2:10.56
								Kneubuhler, Luca J 13	John, Joshua A 14		
								McEwan, Nathan 13	Wood, Xavier M 14		

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Results

#416 Men 13-14 4x50 Meter Medley Relay 4 x 50 Medley R		
Team	Relay	Finals Time
5 MAKO-EKU	A	2:16.17
Vermeulen, Joshua 14	Kyster, Daylen R 13	
Britz, Jonathan O 12	Plint, Connor J 13	
6 TUKS-TSH	B	2:16.40
Malan, Philip P 14	Buys, Ruhan 13	
Eldar, Eitan 14	Pretorius, Ivan L 13	
7 CA-EKU	B	2:17.00
Aspden, Kailan B 13	Lazaridis, Leo P 13	
Fernandes, David D 13	Luhabe, Fezile Z 14	
8 HRE	A	2:22.43
Chanakira, Blessmore 13	Muchengi, Nathaniel 12	
Mudyiwa, Anashe 13	Balzer, Klaus 12	
9 DDA-TSH	A	2:24.46
Vosloo, Matthys 14	Van der Merwe, Morne F 13	
Van der Walt, Hein 14	Joubert, Chris H 11	

#417 Men 15-16 4x50 Meter Medley Relay 4 x 50 Me		
Team	Relay	Finals Time
1 TUKS-TSH	A	1:56.49
Bourbon, Noah 16	Cownie, Nicholas A 16	
Balt, Christiaan O 15	Vd Walt, Christiaan 16	
2 TUKS-TSH	B	2:01.51
Chilisa, Jerone T 15	Struwig, Sebastiaan 15	
Potgieter, Brendan 16	Mellis, Dean T 16	
3 DRGN-JHB	A	2:01.95
Weber, Alexander R 14	Clancy, Cayden 15	
Maphologela, Thabang T 16	Muller, Blake M 15	
4 CDTM	A	2:03.43
Arvind, Milan D 15	Menete Junior, Lazaro H 16	
Khosa, Yanni B 16	Basto, Goncalo M 13	
5 RFA-TSH	A	2:06.43
Gauldie, Travis R 15	Bukes, Xander 16	
Kruger, Benje J 15	Lee, Nathan 15	
6 CA-EKU	A	2:06.64
Beling, Justin B 15	Wilkes, Kieran-Dante K 16	
He, Henry 15	Baker, Benjamin 16	
7 SWAR-WCD	A	2:08.95
Holland-Muter, Jesse 16	Otto, Luan 16	
Lategan, Nicky N 16	Pretorius, Hennie H 14	
8 UNIU-EZD	A	2:16.10
Bosman, Daniel 15	Papadopoulos, Iliia N 14	
Van Der Nest, Milan O 15	Rautenbach, Syrian B 11	
9 MAKO-EKU	A	2:16.68
Jansen van Vuuren, Conrad	Tallarico, Marcello F 16	
Plint, Matthew J 13	Hood, Kaylin C 12	

#418 Women 12&U 4x50 Meter Medley Relay 4 x 50		
Team	Relay	Finals Time
1 TUKS-TSH	A	2:24.79
Bac, Arianne 11	Nel, Kari 11	
Stoop, Carli 12	Nel, Mila M 12	
2 MDOL-JHB	A	2:25.64
Caldeira, Jessica S 12	Ndlovu, Marang L 12	
Sun, Berre 11	Short, Kyla J 12	
3 CA-EKU	A	2:27.81
Mann, Sarah 11	Dandoulakis, Alexi 12	
Botes, Taylor-Rose 12	Wood, Amy-Lee 12	

4 NSFED	A	2:29.05
Losper, Aaliyah J 12	Shaetonhodi, Larissa 12	
Stoffberg, Alexis 12	Williams, Liya 11	
5 TUKS-TSH	B	2:30.98
Swartz, Chrisna 11	De Bruin, Charné 12	
Raphadu, Kgothatso 11	Ferreira, Mika 11	
6 PAC-TSH	A	2:32.38
Oliphant, Paige A 12	Engelbrecht, Livi 12	
Oosthuizen, Mia 11	Kirstein, Mine' 11	
7 BASA	A	2:37.79
Timveos, Antonia 12	Sibanda, Monalisa 11	
Majoni, Joana 11	Sibanda, Jaynell 11	
8 HRE	A	2:38.67
Whyte, Ava 10	Chirairo, Danaishe 11	
Mnangagwa, Bethany 12	Qiu, Muyan 10	

#419 Women 13-14 4x50 Meter Medley Relay 4 x 50		
Team	Relay	Finals Time
1 PAC-TSH	A	2:17.49
Engelbrecht, Alexi 14	Labuschagne, Layla 14	
Oliphant, Chloe B 14	De Lange, Roxy 14	
2 TUKS-TSH	A	2:18.10
Cownie, Isabella E 14	Goodchild, Abigail 14	
Da Silva, Abigail Z 14	Martin, Daniela S 14	
3 TUKS-TSH	B	2:21.08
Bezuidenhout, Martinet 14	Ward, Anelle 14	
Sutherland, Hayleigh B 14	Vuyeqaba, Unathi T 13	
4 CA-EKU	A	2:23.20
Pienaar, Mia 14	Morel, Mattae F 13	
Meyburgh, Olivia C 13	Wright, Hannah C 14	
5 MDOL-JHB	A	2:24.45
Cheshire, Kate E 13	Nolan, Kathryn A 13	
Schutze-Langston, Paige L	Costa, Charlotte S 14	

#420 Women 15-16 4x50 Meter Medley Relay 4 x 50		
Team	Relay	Finals Time
1 TUKS-TSH	A	2:16.30
vd Spuy, Lyla J 16	Smit, Leila 16	
Alala, Marion J 15	Jv Rensburg, Anchen 15	
2 MDOL-JHB	A	2:16.93
Gallant Da Silva, Emma L 11	Kruger, Katelyn 15	
Nolan, Emma M 15	Shoniwa, Renee R 14	
3 TUKS-TSH	B	2:25.32
Mans, Kristen 15	Slabbert, Anna-Bella 15	
Rossouw, Lechelle 15	Venter, Lizelle 15	
4 UNIU-EZD	A	2:25.47
Jansen, Megan M 16	Goosen, Rachele 14	
Goosen, Ashleigh 11	Rautenbach, Chloe M 13	

#421 Mixed 12&U 4x100 Meter Free Relay 4 x 100 M		
Team	Relay	Finals Time
1 CA-EKU	A	4:37.32
Zondo, Nkosana K M11	Masiu, Tiisetso K M11	
Dandoulakis, Alexi W12	Botes, Taylor-Rose W12	
2 TUKS-TSH	A	4:37.67
Prinsloo, James P M11	Van Schalkwyk, Joshua J M11	
Nel, Mila M W12	Bac, Arianne W11	
3 TUKS-TSH	B	4:48.81
Fourie, Hanku M12	Köpplinger, Axel F M12	
Burstein, Morgan R W12	Raphadu, Kgothatso W11	

4 HRE	A	4:50.08
Balzer, Klaus M12	Qiu, Muyan W10	
Bowl, Dominic M12	Whyte, Ava W10	
5 EXP-TSH	A	4:50.37
Smit, Anzel W12	Schroeder, Liam R M11	
Haasbroek, Mari W12	Vermeulen, Ben J M12	
6 CA-EKU	B	4:54.41
Quagraine, Ekow A M12	Luhabe, Bandile L M12	
Wood, Amy-Lee W12	Mann, Sarah W11	
7 NSFED	A	4:54.57
Thirion, Zandro M11	Losper, Aaliyah J W12	
Stoffberg, Alexis W12	Klukowski, Joshua R M12	
8 NSFED	B	4:57.13
Huang, Guoxuan M10	Williams, Liya W11	
Erni, Nele M W9	Swartz, Caleb M12	
9 TKS-WBD	A	5:01.24
Vd Berg, Wihan M12	Claassen, Emma-lee W11	
Smit, Avah W11	Venter, Luan A M12	
10 MDOL-JHB	A	5:04.32
Ashworth, Ryan R M12	Wheeler, Jaxon M12	
Caldeira, Jessica S W12	Short, Kyla J W12	
11 HPS-TSH	A	5:06.73
Odendaal, Olivia L W12	Cloete, Matthew H M11	
Sanders, Riley M W12	Walters, Kelan M12	
12 BASA	A	5:11.62
Sibanda, Monalisa W11	Petersen, Eli M11	
Timveos, Antonia W12	Madonko, Jamela M11	
--- SWAR-WCD	A	DQ
Number 3 swimmers feet lost touch with the starting pla		
Kruger, Blake R M12	Liedeman, Hayley W12	
Bruwer, Leané W11	Pieters, Cayden R M11	

#422 Mixed 13-14 4x100 Meter Free Relay 4 x 100 M		
Team	Relay	Finals Time
1 TUKS-TSH	A	4:17.86
Smit, Christiaan M14	Bostwick, Gavin S M14	
Da Silva, Abigail Z W14	Sutherland, Hayleigh B W14	
2 CA-EKU	B	4:18.90
Morris, Jaydon M14	Carpinteiro, Diego M13	
Meyburgh, Olivia C W13	Pienaar, Mia W14	
*3 CA-EKU	A	4:21.53
Luhabe, Fezile Z M14	Fernandes, David D M13	
Wright, Hannah C W14	Wood, Jessica W14	
*3 PAC-TSH	A	4:21.53
Mayhew, Franko M14	Oliphant, Chloe B W14	
van Niekerk, Jacques M14	De Lange, Roxy W14	
5 CRSC-JHB	A	4:23.84
Redfern, Isabella M W14	Potgieter, Ruan P M14	
Cokayne, Gabriel J M13	de Jager, Leah W14	
6 NSFED	A	4:24.16
Kathena, Junior J M14	Dippenaar, Katja R W13	
McNamara, Scarlett W14	Archer, Paul P M14	
7 TUKS-TSH	B	4:35.73
Pretorius, Ivan L M13	Van Wyngaard, Rigger Z M13	
Martin, Daniela S W14	Cownie, Isabella E W14	
8 AA-JHB	A	4:37.26
Kneubuhler, Luca J M13	John, Joshua A M14	
Oosthuizen, Emma W11	Adelaine, Jorja W12	

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29

Results

#422 Mixed 13-14 4x100 Meter Free Relay 4 x 100 Mixed F

9	MDOL-JHB	B	4:48.55
	Arangies, Leon H M13	van der Walt, Conrad M14	
	Costa, Charlotte S W14	Nolan, Kathryn A W13	
10	HRE	A	5:19.54
	Chirairo, Danaishe W11	Mnangagwa, Bethany W12	
	Muchengi, Nathaniel M12	Mudyiwa, Anashe M13	

#423 Mixed 15-16 4x100 Meter Free Relay 4 x 100 M

	Team	Relay	Finals Time
1	TUKS-TSH	A	4:03.25
	Vd Walt, Christiaan M16	Mellis, Dean T M16	
	Pretorius, Lenè L W16	vd Spuy, Lyla J W16	
2	TUKS-TSH	B	4:13.63
	Bourbon, Noah M16	Bloem, Reinhardt M15	
	Slabbert, Anna-Bella W15	Venter, Lizelle W15	
3	CA-EKU	A	4:16.71
	Wilkes, Kieran-Dante K M16	Beling, Justin B M15	
	Lamprecht, Macayla A W15	Lamprecht, Jhuliana W15	
4	CRSC-JHB	A	4:19.18
	Van der Westhuizen, Jasper	Van den Berg, Therese W15	
	Palmer, Keira L W15	Coxon, Phoenix M15	
5	MDOL-JHB	A	4:20.20
	Von Brandis, Carl C M15	Sandilands, Matthew L M15	
	Gallant Da Silva, Emma L W16	Kruger, Katelyn W15	
6	CA-EKU	B	4:28.76
	He, Henry M15	Baker, Benjamin M16	
	Boardman, Leah C W15	Kulynych, Abbigail W16	
7	AA-JHB	A	4:32.97
	O'Connor, Tristan P M15	Adelaine, Kenzie W11	
	Borges, Anabella M W15	Wood, Xavier M M14	
8	UNI-EZD	A	4:35.44
	Bosman, Daniel M15	Rautenbach, Chloe M W13	
	Jansen, Megan M W16	Van Der Nest, Milan O M15	

#459 Men 16&U 50 Meter Back Swim-off

	Name	Age	Team	Finals Time
- Swim-off				
1	Van den Bergh, Neil E	16	RBUR-BPD	30.78
2	Lombard, Adriaan	16	TUKS-TSH	31.64
3	Delpport, Jayden S	16	PGAC-EKU	32.37