

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Aqua Athlete-JH**

1	Aqua Athlete - 'A'	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	4:21.01
	_____;	_____;	_____;
2	Aqua Athlete - 'A'	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	4:18.19
	_____;	_____;	_____;
3	Aqua Athlete - 'A'	#216 Women 12 & Under 4x100 Freestyle Relay 4	4:59.61
	_____;	_____;	_____;
4	Aqua Athlete - 'A'	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	1:57.84
	_____;	_____;	_____;
5	Aqua Athlete - 'A'	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:16.32
	_____;	_____;	_____;
6	Aqua Athlete - 'A'	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:20.95
	_____;	_____;	_____;
7	Aqua Athlete - 'A'	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:22.33
	_____;	_____;	_____;
8	Aqua Athlete - 'A'	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:14.14
	_____;	_____;	_____;
9	Aqua Athlete - 'A'	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:19.19
	_____;	_____;	_____;
10	Aqua Athlete - 'A'	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	NT
	_____;	_____;	_____;
11	Aqua Athlete - 'A'	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:26.92
	_____;	_____;	_____;

Aqua Athlete-JH Total Individual Entries: 0 - Total Relays: 11

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events**

Aquarius Aquatics Swimming Clu-JH

- | | | | |
|---|--|---|---------|
| 1 | Aquarius Aquatics Swimming Clu - 'A'
Nemakanga, Thendo; Madondo, Sabrina M; Moodley, Kellan D; Banks, Tristan D | #321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 | 2:34.22 |
| 2 | Aquarius Aquatics Swimming Clu - 'A'
Moodley, Kellan D; Nemakanga, Thendo; Madondo, Sabrina M; Banks, Tristan D | #421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100 | 4:55.20 |

Aquarius Aquatics Swimming Clu-JH Total Individual Entries: 0 - Total Relays: 2

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Boksburg Aquatic Saints-EK**

1	Boksburg Aquatic Saints - 'A' _____;	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	4:26.24
2	Boksburg Aquatic Saints - 'A' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	1:57.50
3	Boksburg Aquatic Saints - 'A' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:57.50
4	Boksburg Aquatic Saints - 'A' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	NT
5	Boksburg Aquatic Saints - 'A' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:14.07
6	Boksburg Aquatic Saints - 'A' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:07.78
7	Boksburg Aquatic Saints - 'A' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:23.11

Boksburg Aquatic Saints-EK Total Individual Entries: 0 - Total Relays: 7

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Bulawayo Amatuer Swimming Ass**

1	Bulawayo Amatuer Swimming Ass - 'A' Majoni, Joana; Sibanda, Monalisa; Sibanda, Jaynell; Timveos, Antonia	#216 Women 12 & Under 4x100 Freestyle Relay 4	NT
2	Bulawayo Amatuer Swimming Ass - 'A' Timveos, Antonia; Sibanda, Jaynell; Majoni, Joana; Sibanda, Monalisa	#318 Women 12 & Under 4x50 Freestyle Relay 4	2:32.13
3	Bulawayo Amatuer Swimming Ass - 'A' Timveos, Antonia; Sibanda, Monalisa; Petersen, Eli; Madonko, Jamela	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	NT
4	Bulawayo Amatuer Swimming Ass - 'A' Timveos, Antonia; Sibanda, Monalisa; Majoni, Joana; Sibanda, Jaynell	#418 Women 12 & Under 4x50 Medley Relay 4 x 50	2:55.89
5	Bulawayo Amatuer Swimming Ass - 'A' Sibanda, Monalisa; Petersen, Eli; Timveos, Antonia; Madonko, Jamela	#421 Mixed 12 & Under 4x100 Freestyle Relay 4	NT

Bulawayo Amatuer Swimming Ass Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****C. Desportos Tubarões Maputo**

1	C. Desportos Tubarões Maputo - 'A' _____;	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	4:02.19
2	C. Desportos Tubarões Maputo - 'A' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:45.06
3	C. Desportos Tubarões Maputo - 'A' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	1:57.35
C. Desportos Tubarões Maputo Total Individual Entries: 0 - Total Relays: 3			

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Cardinal Aquatics-EK**

1	Cardinal Aquatics - 'A' _____;	#213 Men 12 & Under 4x100 Freestyle Relay 4 X :	4:37.12
2	Cardinal Aquatics - 'B' _____;	#213 Men 12 & Under 4x100 Freestyle Relay 4 X :	5:05.58
3	Cardinal Aquatics - 'A' _____;	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 Fi	4:17.74
4	Cardinal Aquatics - 'B' _____;	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 Fi	4:35.17
5	Cardinal Aquatics - 'A' _____;	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 Fi	4:04.19
6	Cardinal Aquatics - 'A' _____;	#216 Women 12 & Under 4x100 Freestyle Relay 4	4:46.43
7	Cardinal Aquatics - 'A' _____;	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:30.37
8	Cardinal Aquatics - 'A' _____;	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	4:27.43
9	Cardinal Aquatics - 'A' _____;	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:05.54
10	Cardinal Aquatics - 'B' _____;	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:18.72
11	Cardinal Aquatics - 'A' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	1:56.90
12	Cardinal Aquatics - 'B' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	2:05.88
13	Cardinal Aquatics - 'A' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:51.16
14	Cardinal Aquatics - 'A' _____;	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:14.72
15	Cardinal Aquatics - 'A' _____;	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:05.31
16	Cardinal Aquatics - 'A' _____;	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	2:02.20
17	Cardinal Aquatics - 'A' _____;	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:21.83
18	Cardinal Aquatics - 'B' _____;	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:32.91
19	Cardinal Aquatics - 'A' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:18.61
20	Cardinal Aquatics - 'B' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:22.76
21	Cardinal Aquatics - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:12.34
22	Cardinal Aquatics - 'B' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:16.32
23	Cardinal Aquatics - 'A' _____;	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:20.28
24	Cardinal Aquatics - 'B' _____;	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:36.97
25	Cardinal Aquatics - 'A' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:14.49
26	Cardinal Aquatics - 'B' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:19.37
27	Cardinal Aquatics - 'A' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:05.63

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Cardinal Aquatics-EK**

28	Cardinal Aquatics - 'A' _____;	#418 Women 12 & Under 4x50 Medley Relay 4 x 50	2:29.35
29	Cardinal Aquatics - 'A' _____;	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:34.09
30	Cardinal Aquatics - 'B' _____;	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:49.55
31	Cardinal Aquatics - 'A' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:21.89
32	Cardinal Aquatics - 'B' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:26.22
33	Cardinal Aquatics - 'A' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:14.21
34	Cardinal Aquatics - 'B' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:17.41

Cardinal Aquatics-EK Total Individual Entries: 0 - Total Relays: 34

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Crusaders Swimming Club-JH**

1	Crusaders Swimming Club - 'A' _____;	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	NT
2	Crusaders Swimming Club - 'A' _____;	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	NT
3	Crusaders Swimming Club - 'A' _____;	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	NT
4	Crusaders Swimming Club - 'A' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	NT
5	Crusaders Swimming Club - 'A' _____;	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	NT
6	Crusaders Swimming Club - 'A' _____;	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	NT
7	Crusaders Swimming Club - 'A' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	NT
8	Crusaders Swimming Club - 'B' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	NT
9	Crusaders Swimming Club - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	NT
10	Crusaders Swimming Club - 'A' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	NT
11	Crusaders Swimming Club - 'A' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	NT
12	Crusaders Swimming Club - 'A' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	NT

Crusaders Swimming Club-JH Total Individual Entries: 0 - Total Relays: 12

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events**

Diadora Aquatics-TS

1	Diadora Aquatics - 'A' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	2:04.70
2	Diadora Aquatics - 'A' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:24.53

Diadora Aquatics-TS Total Individual Entries: 0 - Total Relays: 2

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events**

Dragons Swimming Club-JH

1	Dragons Swimming Club - 'A' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	NT
2	Dragons Swimming Club - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	NT
3	Dragons Swimming Club - 'A' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	NT

Dragons Swimming Club-JH Total Individual Entries: 0 - Total Relays: 3

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Eswatini Swimming Association**

1	Eswatini Swimming Association - 'A' Shongwe, Sivikelwe J; Barbosa, Tsailin; Mayabane, Fezubunye; Potgieter, Josea P	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	NT
2	Eswatini Swimming Association - 'A' _____ ; _____ ; _____ ; _____	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	NT
3	Eswatini Swimming Association - 'A' Shongwe, Sivikelwe J; Barbosa, Tsailin; Jarvis, Gabriel Paiva; Potgieter, Josea P	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	NT
Eswatini Swimming Association Total Individual Entries: 0 - Total Relays: 3			

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events**

Expression Swimmers-TS

- | | | | |
|---|---|---|---------|
| 1 | Expression Swimmers - 'A'
Vermeulen, Ben J; De Souza, Peta; Schroeder, Liam R; Haasbroek, Mari | #321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 | 2:29.32 |
| 2 | Expression Swimmers - 'A'
Smit, Anzel; Schroeder, Liam R; De Souza, Peta; Vermeulen, Ben J | #421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100 | 5:00.10 |

Expression Swimmers-TS Total Individual Entries: 0 - Total Relays: 2

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Harare Province**

1	Harare Province - 'A' Muchengi, Nathaniel; Shoko, Mukundi; Bowl, Dominic; Balzer, Klaus	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:50.06
2	Harare Province - 'A' Whyte, Ava; Chirairo, Danaishe; M nangagwa, Bethany; Qiu, Muyan	#216 Women 12 & Under 4x100 Freestyle Relay 4 X 100	5:14.82
3	Harare Province - 'A' Balzer, Klaus; Shoko, Mukundi; Bowl, Dominic; Muchengi, Nathaniel	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:15.08
4	Harare Province - 'A' Whyte, Ava; Chirairo, Danaishe; Qiu, Muyan; M nangagwa, Bethany	#318 Women 12 & Under 4x50 Freestyle Relay 4 x 50	2:17.46
5	Harare Province - 'A' Qiu, Muyan; Muchengi, Nathaniel; Whyte, Ava; Bowl, Dominic	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:37.37
6	Harare Province - 'A' Balzer, Klaus; M nangagwa, Bethany; Chanakira, Blessmore; Chirairo, Danaishe	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixed	2:32.27
7	Harare Province - 'A' Balzer, Klaus; Muchengi, Nathaniel; Chanakira, Blessmore; Mudyiwa, Anashe	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medley	2:21.81
8	Harare Province - 'A' Qiu, Muyan; M nangagwa, Bethany; Whyte, Ava; Chirairo, Danaishe	#418 Women 12 & Under 4x50 Medley Relay 4 x 50	2:42.85
9	Harare Province - 'A' Bowl, Dominic; Balzer, Klaus; Whyte, Ava; Qiu, Muyan	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:52.22
10	Harare Province - 'A' Muchengi, Nathaniel; Chirairo, Danaishe; M nangagwa, Bethany; Mudyiwa, Anashe	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	5:09.49

Harare Province Total Individual Entries: 0 - Total Relays: 10

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Hps Rebels-TS**

1	Hps Rebels - 'A'	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	4:33.95
	_____;	_____;	_____;
2	Hps Rebels - 'A'	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	2:00.15
	_____;	_____;	_____;
3	Hps Rebels - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:34.60
	_____;	_____;	_____;
4	Hps Rebels - 'A'	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:13.00
	_____;	_____;	_____;
5	Hps Rebels - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	5:01.08
	_____;	_____;	_____;
Hps Rebels-TS Total Individual Entries: 0 - Total Relays: 5			

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events**

Limpopo Tuksswimming Club-WB

- | | | | |
|---|---|---|---------|
| 1 | Limpopo Tuksswimming Club - 'A'
Vd Berg, Wihan; Claassen, Emma-lee; Venter, Luan A; Smit, Avah | #321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 | 2:32.28 |
| 2 | Limpopo Tuksswimming Club - 'A'
Vd Berg, Wihan; Claassen, Emma-lee; Smit, Avah; Venter, Luan A | #421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100 | 5:08.44 |

Limpopo Tuksswimming Club-WB Total Individual Entries: 0 - Total Relays: 2

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Mako Aquatics-EK**

1	Mako Aquatics - 'A' _____;	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	4:30.22
2	Mako Aquatics - 'A' _____;	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	4:19.32
3	Mako Aquatics - 'A' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	2:02.87
4	Mako Aquatics - 'A' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:55.20
5	Mako Aquatics - 'A' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:18.31
6	Mako Aquatics - 'A' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:16.57

Mako Aquatics-EK Total Individual Entries: 0 - Total Relays: 6

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Mandeville Dolphins-JH**

1	Mandeville Dolphins - 'A' _____ ; van der Walt, Conrad; Arangies, Leon H; Smith, Isaiah S	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	NT
2	Mandeville Dolphins - 'A' Caldeira, Jessica S; Sun, Berre; Short, Kyla J; _____	#216 Women 12 & Under 4x100 Freestyle Relay 4	4:52.32
3	Mandeville Dolphins - 'A' Cheshire, Kate E; Costa, Charlotte S; Nolan, Kathryn A; Schutze-Langston, Paige L	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:42.70
4	Mandeville Dolphins - 'A' Bruyns, Isabella M; Gallant Da Silva, Emma L; Nolan, Emma M; Kruger, Katelyn	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	4:28.93
5	Mandeville Dolphins - 'A' Arangies, Leon H; _____ ; van der Walt, Conrad; Smith, Isaiah S	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	1:59.92
6	Mandeville Dolphins - 'A' _____ ; Gewer, Amber; Caldeira, Jessica S; Sun, Berre	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:11.91
7	Mandeville Dolphins - 'A' Cheshire, Kate E; Costa, Charlotte S; Shoniwa, Renee R; Schutze-Langston, Paige L	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:07.37
8	Mandeville Dolphins - 'A' Bruyns, Isabella M; Gallant Da Silva, Emma L; Nolan, Emma M; Kruger, Katelyn	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	1:59.91
9	Mandeville Dolphins - 'A' Caldeira, Jessica S; Ellis, Joseph G; _____ ; Ashworth, Ryan R	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:24.83
10	Mandeville Dolphins - 'A' Schutze-Langston, Paige L; Arangies, Leon H; van der Walt, Conrad; Cheshire, Kate E	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:15.46
11	Mandeville Dolphins - 'B' Smith, Isaiah S; Nolan, Kathryn A; _____ ; Shoniwa, Renee R	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.14
12	Mandeville Dolphins - 'A' Bruyns, Isabella M; Von Brandis, Carl C; Sandilands, Matthew L; Kruger, Katelyn	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:09.80
13	Mandeville Dolphins - 'A' Smith, Isaiah S; Arangies, Leon H; _____ ; van der Walt, Conrad	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:10.49
14	Mandeville Dolphins - 'A' Caldeira, Jessica S; Ndlovu, Marang L; _____ ; Sun, Berre	#418 Women 12 & Under 4x50 Medley Relay 4 x 5	2:26.55
15	Mandeville Dolphins - 'A' Ashworth, Ryan R; Wheeler, Jaxon; Caldeira, Jessica S; _____	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:53.58
16	Mandeville Dolphins - 'A' Schutze-Langston, Paige L; Cheshire, Kate E; _____ ; Smith, Isaiah S	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:29.42
17	Mandeville Dolphins - 'B' Nolan, Kathryn A; Arangies, Leon H; Costa, Charlotte S; van der Walt, Conrad	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	NT
18	Mandeville Dolphins - 'A' Von Brandis, Carl C; Bruyns, Isabella M; Kruger, Katelyn; Sandilands, Matthew L	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:14.88

Mandeville Dolphins-JH Total Individual Entries: 0 - Total Relays: 18

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Namibia Swimming Federation**

1	Namibia Swimming Federation - 'A' Swartz, Caleb; Klukowski, Joshua R; Huang, Guoxuan; Thirion, Zandro	#213 Men 12 & Under 4x100 Freestyle Relay 4 X :	4:50.00
2	Namibia Swimming Federation - 'A' Losper, Aaliyah J; Erni, Nele M; Williams, Liya; Stoffberg, Alexis	#216 Women 12 & Under 4x100 Freestyle Relay 4	5:00.48
3	Namibia Swimming Federation - 'A' Thirion, Zandro; Swartz, Caleb; Klukowski, Joshua R; Rijnen, Owen	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:10.78
4	Namibia Swimming Federation - 'A' Losper, Aaliyah J; Erni, Nele M; Williams, Liya; Stoffberg, Alexis	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:18.78
5	Namibia Swimming Federation - 'A' Klukowski, Joshua R; Thirion, Zandro; Shaetonhodi, Larissa; Stoffberg, Alexis	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:31.14
6	Namibia Swimming Federation - 'B' Losper, Aaliyah J; Rijnen, Owen; Swartz, Caleb; Williams, Liya	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:36.93
7	Namibia Swimming Federation - 'A' Kathena, Junior J; Archer, Paul P; McNamara, Scarlett; Dippenaar, Katja R	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.09
8	Namibia Swimming Federation - 'A' Thirion, Zandro; Klukowski, Joshua R; Rijnen, Owen; Swartz, Caleb	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:34.75
9	Namibia Swimming Federation - 'A' Losper, Aaliyah J; Stoffberg, Alexis; Shaetonhodi, Larissa; Williams, Liya	#418 Women 12 & Under 4x50 Medley Relay 4 x !	2:39.27
10	Namibia Swimming Federation - 'A' Thirion, Zandro; Klukowski, Joshua R; Losper, Aaliyah J; Stoffberg, Alexis	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:48.48
11	Namibia Swimming Federation - 'B' Huang, Guoxuan; Williams, Liya; Erni, Nele M; Swartz, Caleb	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	5:02.00
12	Namibia Swimming Federation - 'A' Kathena, Junior J; Dippenaar, Katja R; McNamara, Scarlett; Archer, Paul P	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:24.50

Namibia Swimming Federation Total Individual Entries: 0 - Total Relays: 12

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events**

North West University Swim Clu-KK

- 1 North West University Swim Clu - 'A' #318 Women 12 & Under 4x50 Freestyle Relay 4 : 2:18.64
Janse van Rensburg, Zandri E; Steinbach, Mieke; Van Breda, Isabella; Janse van Rensburg, Grizelda
North West University Swim Clu-KK Total Individual Entries: 0 - Total Relays: 1

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Pretoria Aquatic Club-TS**

1	Pretoria Aquatic Club - 'A' _____;	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:39.09
2	Pretoria Aquatic Club - 'A' _____;	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:04.65
3	Pretoria Aquatic Club - 'A' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:15.25
4	Pretoria Aquatic Club - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:16.13
5	Pretoria Aquatic Club - 'A' _____;	#418 Women 12 & Under 4x50 Medley Relay 4 x 50 Me	2:37.13
6	Pretoria Aquatic Club - 'A' _____;	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:16.52
7	Pretoria Aquatic Club - 'A' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:27.81

Pretoria Aquatic Club-TS Total Individual Entries: 0 - Total Relays: 7

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Royal Fins Aquatics-TS**

1	Royal Fins Aquatics - 'A' Kruger, Benje J; Booysen, James C; Lee, Nathan; Gauldie, Travis R	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	4:11.86
2	Royal Fins Aquatics - 'A' Barnard, Lyla; Scheepers, Tayla; Matthasen, Caitlin; Van Rooyen, Zanie Z	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:47.13
3	Royal Fins Aquatics - 'A' Lee, Nathan; Gauldie, Travis R; Bukes, Xander; Kruger, Benje J	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:54.07
4	Royal Fins Aquatics - 'A' Van Rooyen, Zanie Z; Scheepers, Tayla; Alton, Madison R; Matthasen, Caitlin	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:09.53
5	Royal Fins Aquatics - 'A' Van Rooyen, Zanie Z; Groenewald, Liam D; Matthasen, Caitlin; Booysen, James C	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:23.71
6	Royal Fins Aquatics - 'A' Alton, Madison R; Bukes, Xander; Kruger, Benje J; Scheepers, Tayla	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:14.28
7	Royal Fins Aquatics - 'A' Gauldie, Travis R; Bukes, Xander; Kruger, Benje J; Lee, Nathan	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:06.93
8	Royal Fins Aquatics - 'A' Van Rooyen, Zanie Z; Matthasen, Caitlin; Alton, Madison R; Scheepers, Tayla	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:24.98
9	Royal Fins Aquatics - 'A' Booyesen, James C; Van Rooyen, Zanie Z; Scheepers, Tayla; Groenewald, Liam D	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:44.15
10	Royal Fins Aquatics - 'A' Lee, Nathan; Barnard, Lyla; Matthasen, Caitlin; Kruger, Benje J	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:26.94

Royal Fins Aquatics-TS Total Individual Entries: 0 - Total Relays: 10

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****TuksSwimming Club-TS**

1	TuksSwimming Club - 'A' _____;	#213 Men 12 & Under 4x100 Freestyle Relay 4 X :	4:50.60
2	TuksSwimming Club - 'B' _____;	#213 Men 12 & Under 4x100 Freestyle Relay 4 X :	5:09.30
3	TuksSwimming Club - 'A' _____;	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 Fi	4:16.18
4	TuksSwimming Club - 'B' _____;	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 Fi	4:31.09
5	TuksSwimming Club - 'A' _____;	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 Fi	3:49.85
6	TuksSwimming Club - 'B' _____;	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 Fi	3:59.12
7	TuksSwimming Club - 'A' _____;	#216 Women 12 & Under 4x100 Freestyle Relay 4	4:50.68
8	TuksSwimming Club - 'B' _____;	#216 Women 12 & Under 4x100 Freestyle Relay 4	5:00.58
9	TuksSwimming Club - 'A' _____;	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:26.64
10	TuksSwimming Club - 'B' _____;	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:35.71
11	TuksSwimming Club - 'A' _____;	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	4:28.28
12	TuksSwimming Club - 'B' _____;	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	4:34.38
13	TuksSwimming Club - 'A' _____;	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:06.61
14	TuksSwimming Club - 'B' _____;	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:17.69
15	TuksSwimming Club - 'A' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	1:56.51
16	TuksSwimming Club - 'B' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	2:02.53
17	TuksSwimming Club - 'A' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:44.43
18	TuksSwimming Club - 'B' _____;	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:47.87
19	TuksSwimming Club - 'A' _____;	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:13.77
20	TuksSwimming Club - 'B' _____;	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:16.51
21	TuksSwimming Club - 'A' _____;	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:01.28
22	TuksSwimming Club - 'B' _____;	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:07.63
23	TuksSwimming Club - 'A' _____;	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	2:01.77
24	TuksSwimming Club - 'B' _____;	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	2:05.41
25	TuksSwimming Club - 'A' _____;	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:15.98
26	TuksSwimming Club - 'B' _____;	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:20.45
27	TuksSwimming Club - 'A' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:11.47

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****TuksSwimming Club-TS**

28	TuksSwimming Club - 'B' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:14.88
29	TuksSwimming Club - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:06.20
30	TuksSwimming Club - 'B' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:08.31
31	TuksSwimming Club - 'A' _____;	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:20.39
32	TuksSwimming Club - 'B' _____;	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:31.62
33	TuksSwimming Club - 'A' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:07.59
34	TuksSwimming Club - 'B' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:15.43
35	TuksSwimming Club - 'A' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	1:58.97
36	TuksSwimming Club - 'B' _____;	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:01.09
37	TuksSwimming Club - 'A' _____;	#418 Women 12 & Under 4x50 Medley Relay 4 x 5	2:28.16
38	TuksSwimming Club - 'B' _____;	#418 Women 12 & Under 4x50 Medley Relay 4 x 5	2:35.30
39	TuksSwimming Club - 'A' _____;	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:07.59
40	TuksSwimming Club - 'B' _____;	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:15.43
41	TuksSwimming Club - 'A' _____;	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	1:58.97
42	TuksSwimming Club - 'B' _____;	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:01.09
43	TuksSwimming Club - 'A' _____;	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:42.97
44	TuksSwimming Club - 'B' _____;	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:51.45
45	TuksSwimming Club - 'A' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:16.62
46	TuksSwimming Club - 'B' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:24.20
47	TuksSwimming Club - 'A' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:07.46
48	TuksSwimming Club - 'B' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:10.67

TuksSwimming Club-TS Total Individual Entries: 0 - Total Relays: 48

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026**Team Entries - All Events****Uniswim Uplands Swimming Club-EZ**

1	Uniswim Uplands Swimming Club - 'A' Bosman, Daniel; Papadopoulos, Iliia N; Rautenbach, Syrian B; Van Der Nest, Milan O	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	2:01.65
2	Uniswim Uplands Swimming Club - 'A' Rautenbach, Chloe M; Goosen, Rachele; Goosen, Ashleigh; Jansen, Megan M	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	2:07.74
3	Uniswim Uplands Swimming Club - 'A' Jansen, Megan M; Goosen, Rachele; Bosman, Daniel; Van Der Nest, Milan O	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:15.51
4	Uniswim Uplands Swimming Club - 'A' Bosman, Daniel; Papadopoulos, Iliia N; Van Der Nest, Milan O; Rautenbach, Syrian B	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:18.17
5	Uniswim Uplands Swimming Club - 'A' Jansen, Megan M; Goosen, Rachele; Goosen, Ashleigh; Rautenbach, Chloe M	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:25.65
6	Uniswim Uplands Swimming Club - 'A' Bosman, Daniel; Rautenbach, Chloe M; Jansen, Megan M; Van Der Nest, Milan O	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:19.08

Uniswim Uplands Swimming Club-EZ Total Individual Entries: 0 - Total Relays: 6