

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#101 Men 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Masiu, Tiisetso K	11	CA-EK	5:16.45
2 Madonko, Jamela	11	BASA	5:29.62
3 Pieters, Cayden R	11	SWAR-WC	5:33.56
4 Banks, Tristan D	11	AAS-JH	5:39.28
5 Huang, Guoxuan	10	NSFED	5:39.29
6 Botha, Sebastian	11	AA-JH	5:40.28
7 Markgraaff, Dean R	11	TUKS-TS	5:43.05
8 Jackson, JC	11	CA-EK	5:43.46
9 Prinsloo, James P	11	TUKS-TS	5:43.47
10 Manowe, Leano-Laone	11	DMSS	5:47.42
11 Modena, Eli L	11	TUKS-TS	5:50.43
12 Letsoalo, Thabang M	11	BAS-EK	5:51.22
13 Thirion, Zandro	11	NSFED	5:51.49
14 Aliang, Célio J	11	ECN	5:54.88
15 Du Toit, Gideon	11	TUKS-TS	5:55.62
16 Joubert, Chris H	11	DDA-TS	5:57.43
17 Coleman, Ian A	11	LINR-JH	5:58.98
18 Vlok, Rijnhardt A	11	LINR-JH	6:01.31
19 Lin, Yuchen	10	NSFED	6:08.70
20 Van der Merwe, Aiden	11	EXP-TS	6:09.95
21 Roux, Keanu	11	NSFED	6:10.14
22 Otto, Llewellyn	11	CSC-TS	6:13.82
23 Cloete, Matthew H	11	HPS-TS	6:15.19
24 Minnie, Milano F	11	PGAC-EK	6:19.81
25 Brink, Herman J	11	TUKS-TS	6:20.79
26 Kelsey, Jayden	11	ACAQ-CC	6:21.58
27 van der Merwe, Liam	11	ESP-EK	6:33.61
28 Rautenbach, Syrian B	11	UNI-U-EZ	6:49.50
29 Nunes, Joao	10	ESA	7:07.87

#102 Women 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Thomba, Lame	11	DMSS	5:24.26
2 Spencer, Mackenzie A	11	TRAZ-TS	5:39.27
3 Raphadu, Kgothatso	11	TUKS-TS	5:39.56
4 Markgraaff, Kelsey	11	TUKS-TS	5:58.18
5 Kenosi, Zhaoying	11	DMSS	6:00.10
6 Sanya, Crystal	11	SHAQC-ZZ	6:02.94
7 Madondo, Sabrina M	11	AAS-JH	6:04.58
8 Husselmann, Sophia	10	NSFED	6:08.11
9 Williams, Liya	11	NSFED	6:09.24
10 Rall, Gabriella	11	FAC-EK	6:09.46
11 Myeni, Ivile	11	ESA	6:09.63
12 Viviers, Alana	11	LINR-JH	6:09.69
13 Luhabe, Nolitha A	10	CA-EK	6:10.41
14 Sibanda, Jaynell	11	BASA	6:10.60
15 Cronje, Kayline	11	JAQ-EK	6:12.80
16 Majoni, Joana	11	BASA	6:14.18
17 Bruwer, Leané	11	SWAR-WC	6:20.45
18 Erni, Nele M	9	NSFED	6:21.34
19 Burger, Marguerite	11	SWAR-WC	6:28.76
20 Oswald, Psalm M	11	ESP-EK	6:47.90
21 Noble, Holly	11	ESP-EK	6:49.79

#103 Men 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Balzer, Klaus	12	HRE	5:13.32
2 Britz, Jonathan O	12	MAKO-EK	5:23.88
3 Snyman, Kaiden	12	SGUL-ET	5:30.80
4 Hooghiemstra, Jacques	12	POTC-KK	5:32.50
5 Ashworth, Ryan R	12	MDOL-JH	5:37.67
6 Swartz, Caleb	12	NSFED	5:40.51
7 Hood, Kaylin C	12	MAKO-EK	5:41.03
8 De Angelis, Luca C	12	VASA-EK	5:43.92
9 Venter, Jean	12	PAC-TS	5:43.94

10 De Milander, Zian	12	JAQ-EK	5:45.39
11 Fourie, Hanku	12	TUKS-TS	5:45.81
12 Koller, Zac O	12	SASE-JH	5:47.55
13 Jv Rensburg, Ben B	12	TUKS-TS	5:48.45
14 Yaldwyn, Liam	12	SASE-JH	5:50.31
15 Köpplinger, Axel F	12	TUKS-TS	5:52.08
16 Shongwe, Sivikelwe J	12	ESA	5:54.87
17 Bowl, Dominic	12	HRE	5:57.21
18 Nemvumoni, Ntsako C	12	WATR-JH	6:00.19
19 Papazian, Alexander	12	SASE-JH	6:13.72

#104 Women 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Botha, Annebelle	12	PER-JH	5:18.71
2 De Bruin, Charné	12	TUKS-TS	5:22.53
3 Spence, Amber G	12	ELEC-TS	5:26.34
4 Wood, Amy-Lee	12	CA-EK	5:28.68
5 Burstein, Morgan R	12	TUKS-TS	5:29.51
6 Devaprakash, Diya S	12	DMSS	5:32.92
7 Nel, Mila M	12	TUKS-TS	5:33.11
8 Sohoni, Aahana	12	PSC	5:34.04
9 Short, Kyla J	12	MDOL-JH	5:34.04
10 Stoffberg, Alexis	12	NSFED	5:36.42
11 Losper, Aaliyah J	12	NSFED	5:37.94
12 Geldenhuys, Mila	12	ACAQ-CC	5:38.70
13 Prinsloo, Miané	12	ACAQ-CC	5:40.38
14 Caldeira, Jessica S	12	MDOL-JH	5:40.64
15 Dandoulakis, Alexi	12	CA-EK	5:41.61
16 Ndlovu, Marang L	12	MDOL-JH	5:45.21
17 Odendaal, Olivia L	12	HPS-TS	5:47.92
18 Scott, Gabriella	12	TUKS-TS	5:50.36
19 Komani, Zara	12	WATR-JH	5:51.65
20 Smit, Anzel	12	EXP-TS	5:52.27
21 De Beer, Zenéy	12	CSA-EZ	5:53.24
22 Roets, Emma	12	TUKS-TS	5:53.67
23 Janse van Rensburg, Grizt	12	NWUC-KK	5:59.05
24 Sanders, Riley M	12	HPS-TS	5:59.54
25 Timveos, Antonia	12	BASA	6:00.59
26 Adelaine, Jorja	12	AA-JH	6:01.19
27 Dornon, Elizabeth E	12	VASA-EK	6:10.95
28 Makhatho, Tiisetso	12	ESP-EK	6:14.55

#105 Men 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Carpinteiro, Diego	13	CA-EK	5:03.23
2 Kyster, Daylen R	13	MAKO-EK	5:13.56
3 Von Borrmann, Peter T	13	ELEC-TS	5:15.85
4 Van Wyngaard, Rigter Z	13	TUKS-TS	5:16.51
5 Heide, Damon	13	H2O-EK	5:16.79
6 De Amorim, Connor M	13	PER-JH	5:18.43
7 Raymond, Mmoloki J	13	DMSS	5:19.09
8 Swarts, Brendan	13	CA-EK	5:20.92
9 Webb, Mason M	13	DRGN-JH	5:23.40
10 Plint, Connor J	13	MAKO-EK	5:26.47
11 Glorioso, Zayne	13	CSA-EZ	5:26.64
12 Ripley, Jordan	13	BAS-EK	5:26.70
13 Aspden, Kailan B	13	CA-EK	5:27.38
14 Teich, Shaun	13	TKS-WB	5:27.78
15 Jahnel, Garrick M	13	SOUL-EK	5:27.83
16 Müller, Dawid H	13	TUKS-TS	5:30.23
17 Molefe, Khumo T	13	WATR-JH	5:33.14
18 Ostoja, Frano M	13	CA-EK	5:34.44
19 Kopczyński, Vlad R	13	RFA-TS	5:34.53
20 Plint, Matthew J	13	MAKO-EK	5:35.15
21 Masanganise, Edward	13	BASA	5:39.19
22 McEwan, Nathan	13	AA-JH	5:40.13
23 Lazaridis, Leo P	13	CA-EK	5:43.01

24 Dukoff - Gordon, Kyle	13	CA-EK	5:46.13
25 Siziba, Khanya	13	ESP-EK	6:05.58

#106 Women 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Meyburgh, Olivia C	13	CA-EK	5:15.80
2 Cheshire, Kate E	13	MDOL-JH	5:17.91
3 Morel, Mattae F	13	CA-EK	5:21.85
4 Vreenegoor, Isabella	13	CRSC-JH	5:25.20
5 Parker, Cala	13	DMSS	5:28.77
6 Van Der Merwe, Paiton R	13	CA-EK	5:35.50
7 Schoeman, Shelby L	13	CA-EK	5:37.98
8 Mostert, Abby J	13	AWIN-TS	5:39.19
9 Vermaak, Marizelle	13	HREF-BP	5:43.15
10 Dippenaar, Katja R	13	NSFED	5:43.60
11 Bhabha, Aisha	13	MDOL-JH	5:44.33
12 Du Preez, Elizabeth	13	TUKS-TS	5:46.01
13 Machill, Cayleigh J	13	BARA-EK	5:46.04
14 McDowell, Caitlin L	13	ESP-EK	5:46.78
15 Oosthuizen, Mieke	13	HPS-TS	5:49.92
16 Scheepers, Tayla	13	RFA-TS	5:53.07
17 Rautenbach, Chloe M	13	UNI-U-EZ	6:14.18

#107 Men 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Eldar, Eitan	14	TUKS-TS	5:00.72
2 Letsoalo, Tetelo C	14	BAS-EK	5:02.50
3 Smith, Isaiah S	14	MDOL-JH	5:04.42
4 Nel, Zian	14	RBOT-BP	5:05.14
5 Vermeulen, Joshua	14	MAKO-EK	5:06.01
6 Vosloo, Matthys	14	DDA-TS	5:07.11
7 Mutooni, Leo K	14	ELEC-TS	5:08.27
8 van Niekerk, Jacques	14	PAC-TS	5:08.67
9 Luhabe, Fezile Z	14	CA-EK	5:08.82
10 van der Walt, Conrad	14	MDOL-JH	5:09.84
11 Kasselmann, Juan	14	RBOT-BP	5:12.79
12 Oosthuizen, Nathan	14	PGAC-EK	5:13.70
13 Wilkins, Max C	14	HPS-TS	5:14.80
14 Booysen, James C	14	RFA-TS	5:17.70
15 Douglas, William M	14	CA-EK	5:18.25
16 Van der Walt, Hein	14	DDA-TS	5:19.39
17 Pretorius, Hennie H	14	SWAR-WC	5:19.62
18 Ferreira, Reid A	14	SOUL-EK	5:22.19
19 Le Roux, Juan	14	AWIN-TS	5:27.21
20 Bayne, William T	14	DORE-JH	5:45.07

#108 Women 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Pienaar, Mia	14	CA-EK	5:02.92
2 Wood, Jessica	14	CA-EK	5:06.04
3 Sutherland, Hayleigh B	14	TUKS-TS	5:08.64
4 Ackerman, Emily K	14	QUES-JH	5:14.34
5 Maruping, Bokkie M	14	LINR-JH	5:14.72
6 Wright, Hannah C	14	CA-EK	5:16.49
7 Maponyane, Mary	14	BAS-EK	5:16.81
8 Ward, Anelle	14	TUKS-TS	5:17.71
9 McNamara, Scarlett	14	NSFED	5:20.05
10 Cronje, Jaimee E	14	COMS-TS	5:20.57
11 Maseru, Hope	14	DMSS	5:20.94
12 Marais, Marijn M	14	TUKS-TS	5:22.06
13 Da Silva, Abigail Z	14	TUKS-TS	5:22.11
14 Alton, Madison R	14	RFA-TS	5:23.99
15 Stewart, Leah	14	TASC-MP	5:26.42
16 Biggs, Courtney C	14	SASE-JH	5:30.56
17 Cownie, Isabella E	14	TUKS-TS	5:32.00
18 Lloyd-Swanepoel, Ella	14	MAKO-EK	5:33.29
19 Costa, Charlotte S	14	MDOL-JH	5:35.53
20 Els, Megan A	14	BAS-EK	5:39.74

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Psych Sheet

#108 ... (Women 14 Year Olds 400 LC Meter Freestyle)

21	Desilla, Elizabeth M	14	SASE-JH	5:41.05
22	Barnard, Lyla	14	RFA-TS	5:45.08
23	Kasireddy, Swapnika	14	SASE-JH	5:55.41

#109 Men 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Els, Aiden	15	CSA-EZ	4:34.02
2	Buys, Stiaan	15	TUKS-TS	4:35.46
3	Sandilands, Matthew L	15	MDOL-JH	4:40.84
4	Ip, Julian	15	WATR-JH	4:51.43
5	Rolfe, Taylor K	15	WATR-JH	4:54.04
6	Bornman, Nathan J	15	TUKS-TS	4:56.52
7	De Milander, Evan	15	JAQ-EK	4:56.81
8	Beling, Justin B	15	CA-EK	4:58.82
9	Makurube, Bohlale	15	MATL-KK	4:59.25
10	Balt, Christiaan O	15	TUKS-TS	5:01.78
11	Gauldie, Travis R	15	RFA-TS	5:03.05
12	Jansen van Vuuren, Conra	15	MAKO-EK	5:03.37
13	Clancy, Cayden	15	DRGN-JH	5:04.85
14	He, Henry	15	CA-EK	5:04.93
15	Van Der Nest, Milan O	15	UNIUEZ	5:04.96
16	Bosman, Daniel	15	UNIUEZ	5:05.49
17	Lee, Nathan	15	RFA-TS	5:06.35
18	Mmatli, Onthatile D	15	DRGN-JH	5:06.41
19	Walters, Luke	15	VASA-EK	5:07.01
20	Breetzke, Luke B	15	SS-MP	5:08.71
21	Kruger, Benje J	15	RFA-TS	5:09.67
22	Nthomiwa, Wapego	15	PRSC	5:09.99
23	Tshabalala, Buhle	15	TUKS-TS	5:17.32
24	Swartz, Samuel	15	NSFED	5:17.35
25	Jurgens, Tristen T	15	PGAC-EK	5:21.54

#110 Women 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Knight, Caitlin A	15	WATR-JH	4:57.64
2	Mayhew, Megan A	15	WATR-JH	5:03.81
3	Rossouw, Lechelle	15	TUKS-TS	5:11.39
4	Lamprecht, Macayla A	15	CA-EK	5:12.10
5	Scheepers, Janneke	15	SGUL-ET	5:12.65
6	Boardman, Leah C	15	CA-EK	5:18.84
7	Janse van Vuuren, Zoë	15	CSA-EZ	5:22.45
8	Nolan, Emma M	15	MDOL-JH	5:26.81
9	Vd Schyff, Talitha	15	ACAQ-CC	5:26.90
10	Borges, Anabella M	15	AA-JH	5:28.81
11	Bulhakova, Victoria	15	SWIFT-EK	5:34.12
12	Engelbrecht, Dedre	15	RBOT-BP	5:57.06

#111 Men 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Vesely, Matej E	16	TRAZ-TS	4:26.65
2	Mellis, Dean T	16	TUKS-TS	4:29.71
3	Van Der Westhuizen, Janu	16	STSC-KC	4:31.82
4	Delpport, Jayden S	16	PGAC-EK	4:43.51
5	Lategan, Nicky N	16	SWAR-WC	4:46.23
6	Kymdell, Ivan J	16	TUKS-TS	4:48.52
7	Lombard, Adriaan	16	TUKS-TS	4:49.92
8	Maphologela, Thabang T	16	DRGN-JH	4:50.37
9	Williams, Trent J	16	SOUL-EK	4:50.79
10	Neilson, Evan J	16	QUES-JH	4:50.87
11	Baker, Benjamin	16	CA-EK	4:54.35
12	Botha, Trevor J	16	SWIFT-EK	4:54.85
13	Breet, Maynard C	16	CSA-EZ	4:55.61
14	Prinsloo, Benjamin	16	TUKS-TS	4:57.76
15	Tesfay, Abi A	16	DDA-TS	4:58.11
16	Nel, Jano P	16	MAKO-EK	5:02.96
17	Natras, Corin R	16	WATR-JH	5:03.82

18	Xie, Felix	16	ELEC-TS	5:05.52
19	Greeve, Nicolas N	16	MATL-KK	5:14.23
20	Holland-Muter, Jesse	16	SWAR-WC	5:14.30
21	Lepron, Yann	16	SASE-JH	5:19.41

#112 Women 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Upton, Odette	16	TKS-WB	4:57.52
2	De Souza, Mila	16	EXP-TS	4:59.12
3	Tome, Zuri R	16	TUKS-TS	5:06.48
4	Korff, Rozaan	16	ACAQ-CC	5:10.50
5	Pretorius, Lenè L	16	TUKS-TS	5:14.50
6	Martins, Keira	16	H20-EK	5:37.68

#201 Men 16 & Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Vd Walt, Christiaan	16	TUKS-TS	56.40
2	Mellis, Dean T	16	TUKS-TS	57.07
3	Bourbon, Noah	16	TUKS-TS	57.29
4	van der Westhuizen, Chri	16	NSFED	57.39
5	Menete Junior, Lazaro H	16	CDTM	57.62
6	Els, Aiden	15	CSA-EZ	57.67
7	Pohl, MJ J	16	SS-MP	57.92
8	Brink, Robert	16	TRAZ-TS	58.32
9	Botha, Joshua	16	PAC-TS	58.43
10	Van der Westhuizen, Jasp	15	CRSC-JH	58.53
11	Maphologela, Thabang T	16	DRGN-JH	58.62
12	Williams, Trent J	16	SOUL-EK	58.86
13	Esterhuizen, Aidan	16	CSA-EZ	58.95
14	Wilkes, Kieran-Dante K	16	CA-EK	58.96
15	De Villiers, Dawid	16	CSA-EZ	58.98
16	Venter, Jayden	16	BEARS-TS	59.02
17	Tshabalala, Buhle	15	TUKS-TS	59.09
18	Van Der Westhuizen, Janu	16	STSC-KC	59.32
19	Bloem, Reinhardt	15	TUKS-TS	59.53
20	Otto, Luca L	14	CSC-TS	59.60
21	Breetzke, Luke B	15	SS-MP	59.63
22	Balt, Christiaan O	15	TUKS-TS	59.70
23	Cownie, Nicholas A	16	TUKS-TS	59.83
24	Allen, Zander K	15	BAS-EK	59.88
25	Lategan, Nicky N	16	SWAR-WC	59.90
26	Potgieter, Brendan	16	TUKS-TS	1:00.06
27	Otto, Amir	14	ELEC-TS	1:00.18
28	Buys, Stiaan	15	TUKS-TS	1:00.25
29	Kymdell, Ivan J	16	TUKS-TS	1:00.40
30	Tredoux, Keegan C	15	NWUC-KK	1:00.47
31	du Toit, Liam F	16	VRC-TS	1:00.61
32	Botha, Trevor J	16	SWIFT-EK	1:00.67
33	Nel, Jano P	16	MAKO-EK	1:00.68
34	Dowling, Landon G	16	CA-EK	1:00.79
35	Makurube, Bohlale	15	MATL-KK	1:00.86
36	Heyneke, Stephan S	15	TUKS-TS	1:00.87
37	Lee, Nathan	15	RFA-TS	1:00.96
38	Clarke, Jonathan W	16	SOUL-EK	1:00.96
39	Lombard, Adriaan	16	TUKS-TS	1:01.02
40	Smit, Christiaan	14	TUKS-TS	1:01.02
41	Gomes, Tiago J	16	TUKS-TS	1:01.04
42	Kruger, Benje J	15	RFA-TS	1:01.15
43	Chilisa, Jerone T	15	TUKS-TS	1:01.21
44	John, Joshua A	14	AA-JH	1:01.25
45	Coxon, Phoenix	15	CRSC-JH	1:01.32
46	Mac Lachlan, Ethan C	16	TRAZ-TS	1:01.48
47	Walters, Luke	15	VASA-EK	1:01.50
48	Delpport, Jayden S	16	PGAC-EK	1:01.51
49	Xie, Felix	16	ELEC-TS	1:01.53
50	Breet, Maynard C	16	CSA-EZ	1:01.65
51	Van den Bergh, Neil E	16	RBUR-BP	1:01.65

52	Archer, Paul P	14	NSFED	1:01.73
53	Van Der Nest, Milan O	15	UNIUEZ	1:01.77
54	Greeve, Nicolas N	16	MATL-KK	1:01.79
55	Wood, Callum R	14	WATR-JH	1:02.01
56	Von Brandis, Carl C	15	MDOL-JH	1:02.06
57	Neilson, Evan J	16	QUES-JH	1:02.06
58	Beling, Justin B	15	CA-EK	1:02.12
59	Hu, Silas G	14	SWIMS-EK	1:02.12
60	Natras, Corin R	16	WATR-JH	1:02.19
61	Mutooni, Leo K	14	ELEC-TS	1:02.31
62	He, Henry	15	CA-EK	1:02.32
63	Jacobs, Jossie J	16	MATL-KK	1:02.38
64	Vosloo, Matthys	14	DDA-TS	1:02.39
65	Peer, Amr	16	BAS-EK	1:02.41
66	Marais, Mason P	14	SS-MP	1:02.47
67	Sandilands, Matthew L	15	MDOL-JH	1:02.60
68	Tesfay, Abi A	16	DDA-TS	1:02.61
69	Nel, Christiaan	15	POTC-KK	1:02.67
70	Ip, Julian	15	WATR-JH	1:02.68
71	De Amorim, Connor M	13	PER-JH	1:02.72
72	Goondie, Asif	16	SUPE-JH	1:02.72
73	Solomons, Luke	16	QUES-JH	1:02.76
74	Lipton, Emile	14	ELEC-TS	1:02.78
75	Baker, Benjamin	16	CA-EK	1:02.83
76	De Milander, Evan	15	JAQ-EK	1:02.95
77	Kathena, Junior J	14	NSFED	1:03.01
78	Taylor, Owen C	16	SOUL-EK	1:03.01
79	Jansen van Vuuren, Conra	15	MAKO-EK	1:03.13
80	Govindasamy, Gerrard E	15	ELEC-TS	1:03.20
81	Otto, Luan	16	SWAR-WC	1:03.39
82	Smith, Isaiah S	14	MDOL-JH	1:03.55
83	Moller, Stephan	15	TASC-MP	1:03.58
84	Bosman, Daniel	15	UNIUEZ	1:03.71
85	Luhabe, Fezile Z	14	CA-EK	1:03.80
86	Vorster, Ewan	14	HPS-TS	1:03.88
87	Hinchcliffe, Drew B	15	RIVO-JH	1:03.98
88	Fernandes, David D	13	CA-EK	1:04.02
89	Vermeulen, Joshua	14	MAKO-EK	1:04.10
90	Gauldie, Travis R	15	RFA-TS	1:04.37
91	Le Roux, Juan	14	AWIN-TS	1:04.39
92	Venter, Adriaan	15	VRC-TS	1:04.43
93	Kasselman, Juan	14	RBOT-BP	1:04.47
94	Arvind, Milan D	15	CDTM	1:04.62
95	Aspden, Kailan B	13	CA-EK	1:04.67
96	Bostwick, Gavin S	14	TUKS-TS	1:04.70
97	Kneubuhler, Luca J	13	AA-JH	1:04.74
98	Kalvachev, Niki P	13	WATR-JH	1:04.75
99	Raymond, Mmoloki J	13	DMSS	1:04.82
100	Mokoena, Bokamoso	14	FAC-EK	1:04.88
101	Basto, Goncalo M	13	CDTM	1:04.92
102	De Sousa, Nicholas J	15	MDOL-JH	1:05.00
103	Nel, Zian	14	RBOT-BP	1:05.03
104	Heitmuller, Quade	13	TRAZ-TS	1:05.03
105	Mayhew, Franko	14	PAC-TS	1:05.11
106	Douglas, William M	14	CA-EK	1:05.25
107	Carpinteiro, Diego	13	CA-EK	1:05.28
108	Ngomez, Tumi K	13	BAS-EK	1:05.34
109	Potgieter, Josea P	13	ESA	1:05.35
110	Booyesen, James C	14	RFA-TS	1:05.38
111	Papadopoulos, Ilia N	14	UNIUEZ	1:05.75
112	Morris, Jaydon	14	CA-EK	1:05.75
113	Abrahams, Cayden	16	DRGN-JH	1:06.01
114	Pretorius, Ivan L	13	TUKS-TS	1:06.03
115	O'Connor, Tristan P	15	AA-JH	1:06.05
116	Montshiwa, Katlo L	14	DMSS	1:06.06
117	Moller, Janco J	14	TASC-MP	1:06.10
118	Kyster, Daylen R	13	MAKO-EK	1:06.16

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Psych Sheet

#201 ... (Men 16 & Under 100 LC Meter Freestyle)				#202 Women 16 & Under 100 LC Meter Freestyle			
Name	Age	Team	Time	Name	Age	Team	Time
119 Zondo, Nkosana K	11	CA-EK	1:06.26	1	16	TKS-WB	1:03.35
120 Van Breda, Jason	14	SOUL-EK	1:06.32	2	15	ELEC-TS	1:03.47
121 Potgieter, Ryan P	14	CRSC-JH	1:06.36	3	16	DDA-TS	1:03.57
122 Rolfe, Taylor K	15	WATR-JH	1:06.56	4	15	WATR-JH	1:03.79
123 Nondumo, Lizandro	12	USHAK-EK	1:06.67	5	16	EXP-TS	1:03.91
124 Way, Tristan	16	ESA	1:06.68	6	14	SOUL-EK	1:04.68
125 Mmatli, Onthatile D	15	DRGN-JH	1:06.73	7	15	MDOL-JH	1:04.80
126 Wood, Xavier M	14	AA-JH	1:06.89	8	16	WATR-JH	1:05.00
127 Felton, Connor M	14	WATR-JH	1:06.95	9	16	UNIU-EZ	1:05.01
128 Ferreira, Reid A	14	SOUL-EK	1:06.95	10	15	VRC-TS	1:05.10
129 Wilkins, Brody B	12	RACE-JH	1:06.95	11	14	TUKS-TS	1:05.11
130 Milder, Eli-Ray	13	MDOL-JH	1:07.08	12	16	MDOL-JH	1:05.42
131 Jjuko, Matthew M	13	GAC	1:07.25	13	16	TASC-MP	1:05.53
132 Van Wyngaard, Rigter Z	13	TUKS-TS	1:07.25	14	16	WATR-JH	1:05.70
133 Holland-Muter, Jesse	16	SWAR-WC	1:07.35	15	16	TOME-ZURI	1:05.70
134 Sutherland, Ruben C	13	WATR-JH	1:07.40	16	15	SASE-JH	1:05.85
135 Keitumetse, Tshepang	13	SWC	1:07.48	17	15	ELEC-TS	1:06.04
136 Bornman, Nathan J	15	TUKS-TS	1:07.51	18	14	TUKS-TS	1:06.06
137 Houghton, Ronin D	13	SOUL-EK	1:07.57	19	14	TUKS-TS	1:06.17
138 Masiu, Tisetso K	11	CA-EK	1:07.59	20	16	CA-EK	1:06.20
139 Opper, Luke	13	TUKS-TS	1:07.67	21	14	CA-EK	1:06.21
140 Von Bormann, Peter T	13	ELEC-TS	1:07.78	22	14	CRSC-JH	1:06.24
141 van der Walt, Conrad	14	MDOL-JH	1:07.85	23	15	CSA-EZ	1:06.41
142 Eldar, Eitan	14	TUKS-TS	1:07.87	24	14	PAC-TS	1:06.45
143 Wasley, Dario A	16	SS-MP	1:07.91	25	14	CRSC-JH	1:06.71
144 Wilkins, Max C	14	HPS-TS	1:07.98	26	14	CA-EK	1:06.73
145 Jacobs, Faez	15	TRAZ-TS	1:08.16	27	14	TRAZ-TS	1:06.88
146 Chivandire, Adriel N	13	WATR-JH	1:08.22	28	15	ELEC-TS	1:06.89
147 Van der Merwe, Morne F	13	DDA-TS	1:08.24	29	16	ACAQ-CC	1:06.94
148 Oosthuizen, Nathan	14	PGAC-EK	1:08.30	30	16	TUKS-TS	1:06.94
149 Tallarico, Marcello F	16	MAKO-EK	1:08.43				
150 Britz, Jonathan O	12	MAKO-EK	1:08.52				
151 Steenkamp, MJ J	13	WATR-JH	1:08.58				
152 Taljaard, Adriaan	13	HARB-BP	1:08.69				
153 Ndjeko, Peter T	16	NSFED	1:08.78				
154 Pretorius, Hennie H	14	SWAR-WC	1:08.82				
155 Schalekamp, Anru	13	TASC-MP	1:08.84				
156 McEwan, Nathan	13	AA-JH	1:08.87				
157 Heide, Damon	13	H2O-EK	1:08.93				
158 Van Buren, Kian S	14	RIVO-JH	1:09.15				
159 Plint, Connor J	13	MAKO-EK	1:09.36				
160 Lee, Tristan	13	PGAC-EK	1:09.38				
161 Bayne, William T	14	DORE-JH	1:09.45				
162 Prinsloo, James P	11	TUKS-TS	1:09.50				
163 Madonko, Jamela	11	BASA	1:09.61				
164 Molefe, Khumo T	13	WATR-JH	1:09.69				
165 Banks, Tristan D	11	AAS-JH	1:09.73				
166 Siziba, Khanya	13	ESP-EK	1:09.85				
167 Mudywa, Anashe	13	HRE	1:09.98				
168 Plint, Matthew J	13	MAKO-EK	1:09.99				
169 Cokayne, Gabriel J	13	CRSC-JH	1:10.03				
170 Van Schalkwyk, Joshua J	12	TUKS-TS	1:10.09				
171 Webb, Mason M	13	DRGN-JH	1:10.33				
172 Gloriosio, Zayne	13	CSA-EZ	1:10.47				
173 Abhai, Sameer	14	BAS-EK	1:10.81				
174 Pieters, Cayden R	11	SWAR-WC	1:10.84				
175 Thirion, Zandro	11	NSFED	1:10.84				
176 Symms, Richard J	13	DORE-JH	1:11.09				
177 Botha, Sebastian	11	AA-JH	1:11.09				
178 Balzer, Klaus	12	HRE	1:11.15				
179 Mbugua, Dayo G	10	SHAQC-ZZ	1:11.28				
180 Felton, Adam M	11	WATR-JH	1:11.36				
181 Hooghiemstra, Jacques	12	POTC-KK	1:11.54				
182 Sutherland, Luandre W	13	WATR-JH	1:11.66				
183 Roodt, Adam A	12	TUKS-TS	1:11.82				
184 Muchengi, Nathaniel	12	HRE	1:11.88				
185 Shongwe, Sivikelwe J	12	ESA	1:11.94				
186 Human, Eben	12	BEARS-TS	1:11.95				
187 Aliang, Célio J	11	ECN	1:12.03				
188 Le Roux, Marthinus H	13	TUKS-TS	1:12.15				
189 Lategan, Wessel W	13	SWAR-WC	1:12.19				
190 Olivier, Tiaan	13	TUKS-TS	1:12.31				
191 Fourie, Hanku	12	TUKS-TS	1:12.33				
192 Swartz, Caleb	12	NSFED	1:12.42				
193 Snyman, Kaiden	12	SGUL-ET	1:12.49				
194 Chirwa, Boithato	13	WATR-JH	1:12.50				
195 Köpplinger, Axel F	12	TUKS-TS	1:12.68				
196 Huang, Guoxuan	10	NSFED	1:12.72				
197 Ashworth, Ryan R	12	MDOL-JH	1:12.72				
198 Badsha-Eybers, Riley M	12	CRSC-JH	1:12.72				
199 Mushonga, Christian I	13	RIVO-JH	1:12.76				
200 Clark, Logan	13	WATR-JH	1:12.82				
201 Frewen, Aaron D	12	RIVO-JH	1:12.92				
202 Ostoja, Frano M	13	CA-EK	1:13.10				
203 Vorster, Weirich	13	SS-MP	1:13.14				
204 Barbosa, Tsailin	12	ESA	1:13.21				
205 Lazaridis, Leo P	13	CA-EK	1:13.23				
206 Buys, Ruhan	13	TUKS-TS	1:13.28				
207 Manowe, Leano-Laone	11	DMSS	1:13.31				
208 Hood, Kaylin C	12	MAKO-EK	1:13.38				
209 Whitaker, Jake R	11	SS-MP	1:13.43				
210 Nemvumoni, Ntsako C	12	WATR-JH	1:13.43				
211 Yaldwyn, Liam	12	SASE-JH	1:13.44				
212 Luz, Levi S	12	SOUL-EK	1:13.48				
213 James, Deante	13	WATR-JH	1:13.77				
214 Du Toit, Gideon	11	TUKS-TS	1:13.77				
215 Jackson, JC	11	CA-EK	1:13.81				
216 Müller, Dawid H	13	TUKS-TS	1:13.83				
217 Bowl, Dominic	12	HRE	1:13.88				
218 Markgraaff, Dean R	11	TUKS-TS	1:13.96				
219 Klukowski, Joshua R	12	NSFED	1:14.02				
220 Evans, Daniel-Louis	12	HREF-BP	1:14.13				
221 Moodley, Kellan D	11	AAS-JH	1:14.24				
222 Loubser, Dreyer D	11	CSC-TS	1:14.27				
223 Papazian, Alexander	12	SASE-JH	1:14.27				
224 Smith, Owen C	12	WATR-JH	1:14.31				
225 De Angelis, Luca C	12	VASA-EK	1:14.37				
226 Dippenaar Safi, Ethan C	12	BARA-EK	1:14.44				
227 Nell, Matteo	12	CRSC-JH	1:14.49				
228 Vd Berg, Wihan	12	TKS-WB	1:14.60				
229 Janse van Rensburg, Cael	14	TRAZ-TS	1:14.80				
230 Pockock, Benjamin R	12	ELEC-TS	1:14.98				
231 Sieberhagen, Dewet M	11	AWIN-TS	1:15.01				
232 Gabriels, James N	12	WATR-JH	1:15.30				
233 Luhabe, Bandile L	12	CA-EK	1:15.38				
234 Alley, Luke	12	ELEC-TS	1:15.60				
235 Naude, Liam A	13	CSC-TS	1:15.62				
236 Vd Westhuizen, Nathan	10	TUKS-TS	1:15.91				
237 Van Der Merwe, Xander	11	HARB-BP	1:15.97				
238 Rautenbach, Syrian B	11	UNIU-EZ	1:16.03				
239 Cloete, Matthew H	11	HPS-TS	1:16.12				
240 Walters, Kelan	12	HPS-TS	1:16.14				
241 Jarvis, Gabriel Paiva	13	ESA	1:16.28				
242 Joubert, Chris H	11	DDA-TS	1:16.37				
243 Kendall, Thomas L	14	ESTR-EK	1:16.45				
244 Xavier, Travis	11	ELEC-TS	1:16.45				
245 Groenewald, Liam D	11	RFA-TS	1:16.47				
246 De Milander, Zian	12	JAQ-EK	1:16.54				
247 Schroeder, Liam R	11	EXP-TS	1:16.78				
248 Briscoe, Ayden L	12	OLDE-JH	1:16.91				
249 Lin, Yuchen	10	NSFED	1:16.96				
250 Petersen, Eli	11	BASA	1:17.11				
251 Maatouk, Jawad	11	SASE-JH	1:17.16				
252 Coleman, Ian A	11	LINR-JH	1:17.24				
253 Wheeler, Jaxon	12	MDOL-JH	1:17.30				
254 Venter, Xander	12	RIVO-JH	1:17.63				
255 Venter, Jean	12	PAC-TS	1:17.91				
256 Shoko, Mukundi	12	HRE	1:17.93				
257 Kruger, Blake R	12	SWAR-WC	1:17.98				
258 Liebenberg, Jacques P	11	SS-MP	1:18.15				
259 Pockock, Alex	12	ELEC-TS	1:18.24				
260 Adams, Avery	10	PAC-TS	1:18.35				
261 Keun, Retief	10	HARB-BP	1:18.69				
262 Roux, Keanu	11	NSAFD	1:18.69				
263 Kelsey, Jayden	11	ACAQ-CC	1:18.70				
264 Vlok, Rijnhardt A	11	LINR-JH	1:18.77				
265 Jv Rensburg, Ben B	12	TUKS-TS	1:18.79				
266 Brons, Tristan	11	SOUL-EK	1:19.24				
267 Malan, Philip P	14	TUKS-TS	1:19.53				
268 Stuart-Watson, John C	12	DORE-JH	1:19.61				
269 Otto, Llewellyn	11	CSC-TS	1:20.04				
270 Jacobs, MACHARIA D	12	RFA-TS	1:20.33				
271 Dreyer, Lauritz	11	TUKS-TS	1:20.64				
272 Swartz, Mauritz M	9	SGUL-ET	1:20.88				
273 North, Jayce J	11	WATR-JH	1:21.21				
274 Minnie, Milano F	11	PGAC-EK	1:21.26				
275 Mayabane, Fezubunye	11	ESA	1:21.42				
276 Ritchie, Janko	11	TUKS-TS	1:21.74				
277 Van der Merwe, Aiden	11	EXP-TS	1:21.93				
278 Brink, Herman J	11	TUKS-TS	1:22.01				
279 Koekemoer, Ryan J	11	DRGN-JH	1:22.34				
280 van der Merwe, Liam	11	ESP-EK	1:24.33				
281 Roos, Callum D	11	TRAZ-TS	1:24.54				
282 Pretorius, Luke	11	SOUL-EK	1:26.62				
283 Graaff, Juanlu C	11	COMS-TS	1:27.39				
284 Du Plessis, Lihan	11	HARB-BP	1:31.62				

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#202 ... (Women 16 & Under 100 LC Meter Freestyle)	96 Alala, Melissa M	11 SHAQC-ZZ	1:11.55	163 Swartz, Chrisna	11 TUKS-TS	1:15.61		
31 Slabbert, Anna-Bella	15 TUKS-TS	1:07.08	97 Geldenhuys, Mila	12 ACAQ-CC	1:11.57	164 Syrett, Sienna	13 QUES-JH	1:15.63
32 Lamprecht, Anika	14 VRC-TS	1:07.11	98 Goodchild, Abigail	14 TUKS-TS	1:11.73	165 Knudsen, Harley	12 PGAC-EK	1:15.65
33 Venter, Lizelle	15 TUKS-TS	1:07.21	99 Venter, Bella	12 VRC-TS	1:11.81	166 Adelaine, Kenzie	11 AA-JH	1:15.66
34 Thomba, Lame	11 DMSS	1:07.22	100 Dippenaar, Katja R	13 NSFED	1:11.88	167 Oliphant, Paige A	12 PAC-TS	1:15.78
35 Oosthuizen, Amore	15 CSA-EZ	1:07.23	101 Janse van Rensburg, Noa-	11 TCA-EK	1:11.95	168 Trollip, Devhyn G	11 UNIU-EZ	1:16.00
36 Lamprecht, Macayla A	15 CA-EK	1:07.26	102 Huang, Elin	15 PAC-TS	1:11.98	169 Zoutendyk, Simi	12 RBOT-BP	1:16.28
37 Bouwer, Larissa	16 DORE-JH	1:07.30	103 Goosen, Rachele	14 UNIU-EZ	1:12.05	170 Madondo, Sabrina M	11 AAS-JH	1:16.48
38 Cownie, Isabella E	14 TUKS-TS	1:07.30	104 Van Rooyen, Zanie Z	14 RFA-TS	1:12.06	171 Adelaine, Jorja	12 AA-JH	1:16.53
39 Gallant Da Silva, Emma L	15 MDOL-JH	1:07.40	105 Maruping, Bokkie M	14 LINR-JH	1:12.17	172 Roets, Emma	12 TUKS-TS	1:16.66
40 Wilson, Keira	14 ELEC-TS	1:07.42	106 Barnard, Lyla	14 RFA-TS	1:12.20	173 Johst, Mikaela	15 ELEC-TS	1:16.75
41 Maja, Kat M	14 TRAZ-TS	1:07.52	107 Chiang, Sophie	12 WATR-JH	1:12.21	174 Odendaal, Nieke	11 BEARS-TS	1:17.02
42 Bezuidenhout, Martinet	14 TUKS-TS	1:07.54	108 Labuschagne, Layla	14 PAC-TS	1:12.33	175 Haasbroek, Mari	12 EXP-TS	1:17.26
43 Lloyd-Swanepoel, Ella	14 MAKO-EK	1:07.77	109 Qiu, Muyan	10 HRE	1:12.61	176 De Oliveira, Kyra J	12 WATR-JH	1:17.46
44 Wood, Jessica	14 CA-EK	1:07.86	110 Labuscagne, Phelan	11 CRSC-JH	1:12.61	177 Luhabe, Nolitha A	10 CA-EK	1:17.60
45 Kalpage, Kiana T	14 VASA-EK	1:07.86	111 Matthasen, Caitlin	14 RFA-TS	1:12.63	178 Liedeman, Hayley	12 SWAR-WC	1:17.71
46 McNamara, Scarlett	14 NSFED	1:07.88	112 Weber, Abigail M	14 DRGN-JH	1:12.63	179 Janse van Rensburg, Zand	12 NWUC-KK	1:17.86
47 Meyburgh, Olivia C	13 CA-EK	1:07.89	113 Alton, Madison R	14 RFA-TS	1:12.65	180 Cox, Emma A	10 TUKS-TS	1:17.94
48 Rossouw, Lechelle	15 TUKS-TS	1:07.90	114 Biggs, Courtney C	14 SASE-JH	1:12.65	181 Kenosi, Zhaoying	11 DMSS	1:18.21
49 Alala, Marion J	15 TUKS-TS	1:07.94	115 Sibanda, Monalisa	11 BASA	1:12.74	182 Williams, Liya	11 NSFED	1:18.30
50 Carver, Nicola S	16 ELEC-TS	1:07.97	116 Stedall, Gia	13 PAC-TS	1:12.76	183 Stoop, Carli	12 TUKS-TS	1:18.45
51 Vuyeqaba, Unathi T	13 TUKS-TS	1:08.01	117 Smit, Anzel	12 EXP-TS	1:12.92	184 Mpuchane, Laya S	12 DMSS	1:18.52
52 Evans, Lillie P	15 RACE-JH	1:08.21	118 Devaprakash, Diya S	12 DMSS	1:12.95	185 Erni, Nele M	9 NSFED	1:18.56
53 Bulhakova, Victoria	15 SWIFT-EK	1:08.41	119 Munyoro, Melanie M	14 WATR-JH	1:12.96	186 Kirstein, Mine'	11 PAC-TS	1:18.73
54 Wright, Hannah C	14 CA-EK	1:08.41	120 Spencer, Mackenzie A	11 TRAZ-TS	1:13.05	187 Dornon, Elizabeth E	12 VASA-EK	1:18.86
55 Mayhew, Megan A	15 WATR-JH	1:08.43	121 Costa, Charlotte S	14 MDOL-JH	1:13.07	188 Moabelo, Fatso J	12 BAS-EK	1:19.12
56 Ward, Anelle	14 TUKS-TS	1:08.43	122 Bhabha, Aisha	13 MDOL-JH	1:13.12	189 Cronje, Kayline	11 JAQ-EK	1:19.27
57 Jackson, Victoria J	14 SOUL-EK	1:08.47	123 Caldeira, Jessica S	12 MDOL-JH	1:13.24	190 Ferreira, Mika	11 TUKS-TS	1:19.30
58 Zamisa, Lumka K	13 HREF-BP	1:08.52	124 Engelbrecht, Alexi	14 PAC-TS	1:13.27	191 Coetzee, Veronique	11 JAQ-EK	1:19.44
59 Scheepers, Janneke	15 SGUL-ET	1:08.53	125 Losper, Aaliyah J	12 NSFED	1:13.29	192 Gewer, Amber	11 MDOL-JH	1:19.45
60 Rautenbach, Chloe M	13 UNIU-EZ	1:08.59	126 Bac, Arianne	11 TUKS-TS	1:13.30	193 Shelton, Kyleigh A	12 ESTR-EK	1:19.59
61 Gotthardt, Emma	14 ELEC-TS	1:08.86	127 Van Der Merwe, Paiton R	13 CA-EK	1:13.30	194 Heyns, Lua	12 DDA-TS	1:19.63
62 Spence, Amber G	12 ELEC-TS	1:08.89	128 Komani, Zara	12 WATR-JH	1:13.41	195 Du Plessis, Dominique	11 TRAZ-TS	1:20.05
63 Jv Rensburg, Anchen	15 TUKS-TS	1:08.91	129 Van Heerden, Mikaela	13 TUKS-TS	1:13.42	196 Markgraaff, Kelsey	11 TUKS-TS	1:20.10
64 Van den Berg, Therese	15 CRSC-JH	1:09.10	130 Kotzé, Lisa	11 POTC-KK	1:13.51	197 Tonkinson, Mia	11 SOUL-EK	1:20.48
65 Vd Schyff, Talitha	15 ACAQ-CC	1:09.15	131 Janse van Rensburg, Griz	12 NWUC-KK	1:13.53	198 Husselmann, Sophia	10 NSFED	1:20.60
66 Botha, Annebelle	12 PER-JH	1:09.28	132 Sohoni, Aahana	12 PSC	1:13.54	199 Burger, Marguerite	11 SWAR-WC	1:20.61
67 Engelbrecht, Dedre	15 RBOT-BP	1:09.31	133 Nieuwoudt, Jenna M	13 SWAR-WC	1:13.55	200 Tschofen, Arabella S	11 AA-JH	1:21.00
68 Dandoulakis, Alexi	12 CA-EK	1:09.34	134 Kavanagh, Trinity	14 TCA-EK	1:13.56	201 Venter, Mia	12 AWIN-TS	1:21.48
69 Schoeman, Shelby L	13 CA-EK	1:09.39	135 Oosthuizen, Emma	11 AA-JH	1:13.57	202 Barnard, Jane	10 CSA-EZ	1:21.84
70 Oliphant, Chloe B	14 PAC-TS	1:09.45	136 Burstein, Morgan R	12 TUKS-TS	1:13.57	203 Shaetonhodi, Larissa	12 NSFED	1:23.89
71 Masemola, Lethabo B	16 ELEC-TS	1:09.57	137 Machill, Cayleigh J	13 BARA-EK	1:13.63	204 Sibanda, Jaynell	11 BASA	1:24.13
72 Cheshire, Kate E	13 MDOL-JH	1:09.62	138 McDowell, Caitlin L	13 ESP-EK	1:13.66	205 Van Breda, Paige	11 TCA-EK	1:24.23
73 Mans, Kristen	15 TUKS-TS	1:09.63	139 Cronje, Jaimee E	14 COMS-TS	1:13.70	206 Myburgh, Lienke	11 CSA-EZ	1:25.75
74 Ngwenya, Rachel	13 BASA	1:09.80	140 Raphadu, Kgotatso	11 TUKS-TS	1:13.73	207 Noble, Holly	11 ESP-EK	1:25.97
75 Mostert, Abby J	13 AWIN-TS	1:10.01	141 Lingerfelder, Elle A	11 AA-JH	1:13.85	208 Engelbrecht, Livi	12 PAC-TS	1:26.46
76 Parker, Cala	13 DMSS	1:10.05	142 Makhatho, Tiisetso	12 ESP-EK	1:13.85	209 Oswald, Psalm M	11 ESP-EK	1:27.36
77 Nel, Mila M	12 TUKS-TS	1:10.08	143 Rall, Gabriella	11 FAC-EK	1:13.87	210 Dewey, Harper S	11 PER-JH	1:27.57
78 Maseru, Hope	14 DMSS	1:10.21	144 Short, Kyla J	12 MDOL-JH	1:13.92	211 Chirairo, Danaishe	11 HRE	1:32.99
79 Smit, Leila	16 TUKS-TS	1:10.23	145 Martins, Keira	16 H2O-EK	1:14.09	212 Swart, Milla	12 OLDE-JH	1:33.19
80 Scheepers, Tayla	13 RFA-TS	1:10.24	146 Vermaak, Marizelle	13 HREF-BP	1:14.21	213 Myeni, Ivile	11 ESA	NT
81 Harris, Madison	13 SOUL-EK	1:10.31	147 Bosch, Una	15 PAC-TS	1:14.34			
82 Stoffberg, Alexis	12 NSFED	1:10.33	148 Stewart, Leah	14 TASC-MP	1:14.47			
83 Ackerman, Emily K	14 QUES-JH	1:10.46	149 De Beer, Zenéy	12 CSA-EZ	1:14.56			
84 Palmer, Keira L	15 CRSC-JH	1:10.50	150 Whyte, Ava	10 HRE	1:14.58			
85 Els, Megan A	14 BAS-EK	1:10.65	151 Mnangagwa, Bethany	12 HRE	1:14.64			
86 Cockeran, Marguerite L	15 DRGN-JH	1:10.82	152 Scott, Gabriella	12 TUKS-TS	1:14.69			
87 Morel, Mattae F	13 CA-EK	1:10.83	153 September, Isabella J	15 TUKS-TS	1:14.75			
88 Prinsloo, Miané	12 ACAQ-CC	1:10.84	154 Liebenberg, Leandi	12 SS-MP	1:14.77			
89 Botes, Taylor-Rose	12 CA-EK	1:10.90	155 Jack, Kayden E	12 PER-JH	1:14.80			
90 Sanders, Riley M	12 HPS-TS	1:10.95	156 Mann, Sarah	11 CA-EK	1:14.84			
91 Piater, Amelie	11 ELRAS-WB	1:10.98	157 Du Preez, Elizabeth	13 TUKS-TS	1:14.94			
92 Nolan, Emma M	15 MDOL-JH	1:11.31	158 Spies, Lianka	12 HARB-BP	1:15.20			
93 de Sa, Tegan S	15 PAC-TS	1:11.31	159 Nemaakanga, Thendo	11 AAS-JH	1:15.23			
94 Wood, Amy-Lee	12 CA-EK	1:11.35	160 Makwakwa, Riley	9 TUKS-TS	1:15.25			
95 Miambo, Kianga T	13 CDTM	1:11.53	161 Goosen, Ashleigh	11 UNIU-EZ	1:15.41			
			162 Chauke, Rhandzu X	13 DORE-JH	1:15.52			

#203 Men 99 & Under 200 LC Meter IM Multi-Class Multi C

Name	Age	Team	Seed Time
1 Jordaan, Leonardo C	16	MPAR-JH	3:27.36
2 Sibanda, Blessing	18	MPAR-JH	3:58.99

#204 Women 99 & Under 200 LC Meter IM Multi-Class Mul

Name	Age	Team	Seed Time
1 van der Linden, Namasika	18	NSFED	3:57.91

#205 Men 16 & Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Cownie, Nicholas A	16	TUKS-TS	1:13.84
2 Clancy, Cayden	15	DRGN-JH	1:14.04
3 Schoeman, Sabby A	15	PAC-TS	1:14.31
4 Van der Westhuizen, Jasp	15	CRSC-JH	1:15.09
5 Wasley, Dario A	16	SS-MP	1:15.16

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Psych Sheet

#206 ... (Women 16 & Under 100 LC Meter Breaststroke)				#207 Men 16 & Under 200 LC Meter Backstroke			
				Name	Age	Team	Seed Time
10	Schutze-Langston, Paige	13	MDOL-JH 1:25.48	1	Brink, Robert	16	TRAZ-TS 2:23.43
11	Van Veelen, Miane A	15	TASC-MP 1:25.74	2	Lategan, Nicky N	16	SWAR-WC 2:26.34
12	Carver, Nicola S	16	ELEC-TS 1:25.92	3	Els, Aiden	15	CSA-EZ 2:26.56
13	Labuschagne, Layla	14	PAC-TS 1:26.00	4	Potgieter, Brendan	16	TUKS-TS 2:27.27
14	Ward, Anelle	14	TUKS-TS 1:26.07	5	De Jager, Ruben	16	DMSS 2:28.26
15	Bulhakova, Victoria	15	SWIFT-EK 1:26.14	6	De Sousa, Nicholas J	15	MDOL-JH 2:28.45
16	Kruger, Katelyn	15	MDOL-JH 1:26.61	7	Struwig, Sebastiaan	15	TUKS-TS 2:29.88
17	Vreenegoor, Isabella	13	CRSC-JH 1:26.91	8	Menete Junior, Lazaro H	16	CDTM 2:30.22
18	Martin, Daniela S	14	TUKS-TS 1:27.26	9	Venter, Jayden	16	BEARS-TS 2:30.51
19	Oosthuizen, Mieke	13	HPS-TS 1:27.38	10	Delport, Jayden S	16	PGAC-EK 2:30.57
20	Ferreira, Milan	16	TASC-MP 1:27.58	11	Bloem, Reinhardt	15	TUKS-TS 2:30.99
21	Palmer, Keira L	15	CRSC-JH 1:27.73	12	Hinchcliffe, Drew B	15	RIVO-JH 2:31.01
22	Knight, Isabella M	12	WATR-JH 1:27.80	13	Peer, Amr	16	BAS-EK 2:31.79
23	McNamara, Scarlett	14	NSFED 1:28.24	14	van Niekerk, Jacques	14	PAC-TS 2:31.94
24	Ackerman, Emily K	14	QUES-JH 1:28.44	15	Lombard, Adriaan	16	TUKS-TS 2:32.08
25	Johst, Mikaela	15	ELEC-TS 1:28.55	16	Rolfe, Taylor K	15	WATR-JH 2:33.10
26	Liebenberg, Leandi	12	SS-MP 1:28.56	17	Holland-Muter, Jesse	16	SWAR-WC 2:33.72
27	Mtetwa, Zama U	14	PAC-TS 1:28.70	18	Buys, Stiaan	15	TUKS-TS 2:34.01
28	Morel, Mattae F	13	CA-EK 1:28.75	19	Botha, Trevor J	16	SWIFT-EK 2:34.32
29	Bosch, Una	15	PAC-TS 1:28.94	20	Baker, Benjamin	16	CA-EK 2:34.41
30	Goodchild, Abigail	14	TUKS-TS 1:28.97	21	Clarke, Jonathan W	16	SOUL-EK 2:34.71
31	Smit, Leila	16	TUKS-TS 1:29.05	22	Nel, Jano P	16	MAKO-EK 2:34.90
32	Stoltz, Makayla E	12	PER-JH 1:29.17	23	Beling, Justin B	15	CA-EK 2:34.99
33	Botha, Annebelle	12	PER-JH 1:29.22	24	Wood, Xavier M	14	AA-JH 2:35.19
34	Kleb, Daniela	14	ELEC-TS 1:29.52	25	Arvind, Milan D	15	CDTM 2:35.39
35	Oswald, Bella D	14	CRSC-JH 1:29.57	26	Vermeulen, Joshua	14	MAKO-EK 2:35.76
36	Gallant Da Silva, Emma L	15	MDOL-JH 1:29.88	27	Wood, Callum R	14	WATR-JH 2:35.85
37	Xaba, Kapitolina O	15	SASE-JH 1:29.94	28	Vosloo, Matthys	14	DDA-TS 2:36.00
38	Oosthuizen, Mia	11	PAC-TS 1:29.95	29	Smit, Christiaan	14	TUKS-TS 2:36.96
39	Boardman, Leah C	15	CA-EK 1:29.98	30	Eldar, Eitan	14	TUKS-TS 2:37.03
40	Claassen, Emma-lee	11	TKS-WB 1:30.02	31	Breetzke, Luke B	15	SS-MP 2:37.26
41	Lamprecht, Macayla A	15	CA-EK 1:30.07	32	Swartz, Samuel	15	NSFED 2:37.52
42	Shoniwa, Renee R	14	MDOL-JH 1:30.22	33	Nel, Christiaan	15	POTC-KK 2:37.69
43	Slabbert, Anna-Bella	15	TUKS-TS 1:30.24	34	Bosman, Daniel	15	UNI-U-EZ 2:38.42
44	Stedall, Gia	13	PAC-TS 1:30.71	35	Kasselmann, Juan	14	RBOT-BP 2:39.24
45	Goosen, Rachele	14	UNI-U-EZ 1:30.79	36	Otto, Amir	14	ELEC-TS 2:39.41
46	Costa, Charlotte S	14	MDOL-JH 1:30.84	37	Garrett, Blake	14	TRAZ-TS 2:39.47
47	Labuscagne, Phelan	11	CRSC-JH 1:30.89	38	Morris, Jaydon	14	CA-EK 2:39.59
48	Mnangagwa, Bethany	12	HRE 1:30.92	39	O'Connor, Tristan P	15	AA-JH 2:40.34
49	Kasireddy, Swapnika	14	SASE-JH 1:31.19	40	Booyesen, James C	14	RFA-TS 2:40.38
50	Rall, Gabriella	11	FAC-EK 1:31.21	41	Greeve, Nicolas N	16	MATL-KK 2:40.49
51	Van Heerden, Mikaela	13	TUKS-TS 1:31.37	42	Opper, Luke	13	TUKS-TS 2:41.91
52	Zamisa, Lumka K	13	HREF-BP 1:31.55	43	Chivandire, Adriel N	13	WATR-JH 2:42.26
53	McDowell, Caitlin L	13	ESP-EK 1:31.69	44	Smith, Isaiah S	14	MDOL-JH 2:42.46
54	Engelbrecht, Alexi	14	PAC-TS 1:31.75	45	Nthomiwa, Wapego	15	PRSC 2:42.62
55	Harris, Madison	13	SOUL-EK 1:31.77	46	Nel, Zian	14	RBOT-BP 2:42.87
56	Maponyane, Mary	14	BAS-EK 1:31.93	47	Van Buren, Kian S	14	RIVO-JH 2:43.07
57	Du Plessis, Dominique	11	TRAZ-TS 1:32.34	48	Kyster, Daylen R	13	MAKO-EK 2:43.25
58	Nel, Kari	11	TUKS-TS 1:32.49	49	Jansen van Vuuren, Conra	15	MAKO-EK 2:43.50
59	Chiang, Sophie	12	WATR-JH 1:32.67	50	Mulder, Eli-Ray	13	MDOL-JH 2:43.51
60	Shaetonhodi, Larissa	12	NSFED 1:32.78	51	Ferreira, Reid A	14	SOUL-EK 2:44.08
61	Syrett, Sienna	13	QUES-JH 1:32.83	52	Gauldie, Travis R	15	RFA-TS 2:44.12
62	Sibanda, Monalisa	11	BASA 1:32.94	53	McEwan, Nathan	13	AA-JH 2:44.16
63	Dandoulakis, Alexi	12	CA-EK 1:33.05	54	Bayne, William T	14	DORE-JH 2:44.47
64	Desilla, Elizabeth M	14	SASE-JH 1:33.09	55	Van der Walt, Hein	14	DDA-TS 2:44.61
65	Janse van Rensburg, Zand	12	NWUC-KK 1:33.44	56	Oosthuizen, Nathan	14	PGAC-EK 2:44.85
66	Botes, Taylor-Rose	12	CA-EK 1:33.48	57	Malan, Philip P	14	TUKS-TS 2:44.99
67	Mpuchane, Laya S	12	DMSS 1:33.58	58	Wilkins, Max C	14	HPS-TS 2:45.40
68	Swart, Milla	12	OLDE-JH 1:33.64	59	Bostwick, Gavin S	14	TUKS-TS 2:45.70
69	Ndlovu, Marang L	12	MDOL-JH 1:33.66	60	Close, Thomas V	13	DORE-JH 2:46.17
70	Smit, Anzel	12	EXP-TS 1:33.93	61	Plint, Connor J	13	MAKO-EK 2:46.89
71	Dornon, Elizabeth E	12	VASA-EK 1:34.07	62	Hooghiemstra, Jacques	12	POTC-KK 2:47.24
72	Sam, Rebecca S	12	HPS-TS 1:34.22	63	Ngomez, Tumi K	13	BAS-EK 2:47.43
73	Evans, Lillie P	15	RACE-JH 1:34.22	64	Mokoena, Bokamoso	14	FAC-EK 2:48.49
74	Wakonyo, Talia W	11	SHAQC-ZZ 1:34.29				
75	Van Breda, Paige	11	TCA-EK 1:34.49				
76	Thomba, Lame	11	DMSS 1:34.61				
77	De Souza, Peta	11	EXP-TS 1:34.68				
78	Janse van Rensburg, Noa	11	TCA-EK 1:34.70				
79	Phillips, Daniella L	11	DORE-JH 1:34.72				
80	Smit, Avah	11	TKS-WB 1:34.87				
81	Scheepers, Janneke	15	SGUL-ET 1:34.99				
82	Prinsloo, Miané	12	ACAQ-CC 1:35.04				
83	Louw, Cara	14	RBOT-BP 1:35.57				
84	De Oliveira, Kyra J	12	WATR-JH 1:35.64				
85	Myburgh, Lienke	11	CSA-EZ 1:36.36				
86	Steinbach, Mieke	12	NWUC-KK 1:36.68				
87	Maja, Kat M	14	TRAZ-TS 1:36.68				
88	Rautenbach, Chloe M	13	UNI-U-EZ 1:36.79				
89	Chauke, Rhandzu X	13	DORE-JH 1:36.80				
90	Munyoro, Melanie M	14	WATR-JH 1:36.85				
91	Devaprakash, Diya S	12	DMSS 1:36.87				
92	Dayaram, Sahana	16	DORE-JH 1:36.88				
93	Cox, Emma A	10	TUKS-TS 1:36.99				
94	Fine, Paisley-Gray	11	MDOL-JH 1:37.09				
95	Kirstein, Mine'	11	PAC-TS 1:37.44				
96	Pretorius, Lenè L	16	TUKS-TS 1:37.53				
97	Maseru, Hope	14	DMSS 1:37.58				
98	Lingerfelder, Elle A	11	AA-JH 1:37.59				
99	Shelton, Kyleigh A	12	ESTR-EK 1:37.66				
100	Timveos, Antonia	12	BASA 1:37.94				
101	De Bruin, Charné	12	TUKS-TS 1:38.20				
102	Adelaine, Jorja	12	AA-JH 1:38.59				
103	Zoutendyk, Simi	12	RBOT-BP 1:38.70				
104	Tonkinson, Mia	11	SOUL-EK 1:38.75				
105	Dewey, Harper S	11	PER-JH 1:38.76				
106	Gewer, Amber	11	MDOL-JH 1:39.16				
107	Machill, Cayleigh J	13	BARA-EK 1:39.33				
108	Du Preez, Elizabeth	13	TUKS-TS 1:40.09				
109	Chirairo, Danaishe	11	HRE 1:40.20				
110	Burger, Marguerite	11	SWAR-WC 1:40.40				
111	Bhabha, Aisha	13	MDOL-JH 1:40.44				
112	Stoffberg, Alexis	12	NSFED 1:40.51				
113	Adelaine, Kenzie	11	AA-JH 1:40.65				
114	Tschofen, Arabella S	11	AA-JH 1:40.71				
115	Markgraaff, Kelsey	11	TUKS-TS 1:41.15				
116	Engelbrecht, Livi	12	PAC-TS 1:41.37				
117	Oswald, Psalm M	11	ESP-EK 1:41.81				
118	Venter, Bella	12	VRC-TS 1:41.92				
119	Myeni, Ivile	11	ESA 1:42.17				
120	Viviers, Alana	11	LINR-JH 1:42.32				
121	Piater, Amelie	11	ELRAS-WB 1:42.42				
122	Parker, Cala	13	DMSS 1:43.95				
123	Erni, Nele M	9	NSFED 1:44.11				
124	Kenosi, Zhaoying	11	DMSS 1:44.24				
125	Short, Kyla J	12	MDOL-JH 1:44.38				
126	Majoni, Joana	11	BASA 1:44.60				
127	Bruwer, Leané	11	SWAR-WC 1:45.73				
128	Venter, Mia	12	AWIN-TS 1:45.92				
129	Cheshire, Kate E	13	MDOL-JH 1:46.21				
130	Scott, Gabriella	12	TUKS-TS 1:46.66				
131	Cronje, Kayline	11	JAQ-EK 1:46.68				
132	Williams, Liya	11	NSFED 1:47.33				
133	Qiu, Muyan	10	HRE 1:48.21				
134	Oosthuizen, Emma	11	AA-JH 1:48.58				
135	Makhatho, Tiisetso	12	ESP-EK 1:48.70				
136	Roets, Emma	12	TUKS-TS 1:49.96				
137	Noble, Holly	11	ESP-EK 1:50.76				
138	Husselmann, Sophia	10	NSFED 1:53.83				
139	Madondo, Sabrina M	11	AAS-JH 1:57.60				

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#207 ... (Men 16 & Under 200 LC Meter Backstroke)

65	Teich, Shaun	13	TKS-WB	2:48.80
66	Masanganise, Edward	13	BASA	2:49.72
67	Prinsloo, James P	11	TUKS-TS	2:49.80
68	Symms, Richard J	13	DORE-JH	2:50.18
69	Heide, Damon	13	H20-EK	2:50.28
70	Vermeulen, Ben J	12	EXP-TS	2:51.01
71	Masiu, Tiisetso K	11	CA-EK	2:51.03
72	Swartz, Brendan	13	CA-EK	2:51.05
73	Quagraine, Ekow A	12	CA-EK	2:51.07
74	Steenkamp, MJ J	13	WATR-JH	2:51.21
75	Thirion, Zandro	11	NSFED	2:51.78
76	van der Walt, Conrad	14	MDOL-JH	2:51.78
77	Cokayne, Gabriel J	13	CRSC-JH	2:52.06
78	Kneubuhler, Luca J	13	AA-JH	2:52.18
79	Potgieter, Josea P	13	ESA	2:53.07
80	Swartz, Caleb	12	NSFED	2:53.14
81	Pretorius, Declan	13	TUKS-TS	2:54.37
82	Britz, Jonathan O	12	MAKO-EK	2:54.62
83	Plint, Matthew J	13	MAKO-EK	2:54.79
84	Roodt, Adam A	12	TUKS-TS	2:54.87
85	Huang, Guoxuan	10	NSFED	2:55.13
86	Ripley, Jordan	13	BAS-EK	2:55.13
87	Banks, Tristan D	11	AAS-JH	2:55.14
88	Glorioso, Zayne	13	CSA-EZ	2:55.21
89	Markgraaff, Dean R	11	TUKS-TS	2:55.35
90	Sutherland, Luandre W	13	WATR-JH	2:58.65
91	Pieters, Cayden R	11	SWAR-WC	2:58.71
92	De Angelis, Luca C	12	VASA-EK	2:58.83
93	Schroeder, Liam R	11	EXP-TS	2:59.38
94	Frewen, Aaron D	12	RIVO-JH	2:59.82
95	Modena, Eli L	11	TUKS-TS	3:00.61
96	Evans, Daniel-Louis	12	HREF-BP	3:01.24
97	Vd Berg, Wihan	12	TKS-WB	3:01.31
98	Aliang, Célio J	11	ECN	3:01.33
99	James, Deante	13	WATR-JH	3:01.82
100	Kruger, Blake R	12	SWAR-WC	3:02.26
101	Vd Westhuizen, Nathan	10	TUKS-TS	3:02.79
102	Mbugua, Dayo G	10	SHAQC-ZZ	3:02.99
103	Koller, Zac O	12	SASE-JH	3:03.18
104	Stuart-Watson, John C	12	DORE-JH	3:03.34
105	Siziba, Khanya	13	ESP-EK	3:03.77
106	Kelsey, Jayden	11	ACAQ-CC	3:04.38
107	Van Der Merwe, Xander	11	HARB-BP	3:04.49
108	Jv Rensburg, Ben B	12	TUKS-TS	3:05.07
109	Gabriels, James N	12	WATR-JH	3:06.10
110	Human, Eben	12	BEARS-TS	3:06.49
111	Du Toit, Gideon	11	TUKS-TS	3:06.95
112	Pocock, Alex	12	ELEC-TS	3:07.18
113	Lin, Yuchen	10	NSFED	3:07.87
114	Manowe, Leano-Laone	11	DMSS	3:09.43
115	Ritchie, Janko	11	TUKS-TS	3:10.60
116	Cloete, Matthew H	11	HPS-TS	3:11.16
117	Snyman, Kaiden	12	SGUL-ET	3:11.80
118	De Milander, Zian	12	JAQ-EK	3:12.28
119	Shoko, Mukundi	12	HRE	3:12.45
120	Minnie, Milano F	11	PGAC-EK	3:12.56
121	Klukowski, Joshua R	12	NSFED	3:13.14
122	Dreyer, Lauritz	11	TUKS-TS	3:13.36
123	Brink, Herman J	11	TUKS-TS	3:13.70
124	Joubert, Chris H	11	DDA-TS	3:13.85
125	Briscoe, Ayden L	12	OLDE-JH	3:14.61
126	Dippenaar Safi, Ethan C	12	BARA-EK	3:15.68
127	Roux, Keanu	11	NSFED	3:16.45
128	Walters, Kelan	12	HPS-TS	3:17.06
129	Du Plessis, Lihan	11	HARB-BP	3:20.96

130	Keun, Retief	10	HARB-BP	3:27.22
131	van der Merwe, Liam	11	ESP-EK	3:33.40

#208 Women 16 & Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	vd Spuy, Lyla J	16	TUKS-TS	2:36.02
2	Doolan, Addison J	16	WATR-JH	2:36.69
3	Govind, Nikita	15	TRAZ-TS	2:37.15
4	Mayhew, Megan A	15	WATR-JH	2:37.81
5	Bruyns, Isabella M	16	MDOL-JH	2:39.82
6	Mans, Kristen	15	TUKS-TS	2:41.51
7	Bezuidenhout, Martinet	14	TUKS-TS	2:43.14
8	de Witt, Gite M	15	POTC-KK	2:43.27
9	Lloyd-Swanepoel, Ella	14	MAKO-EK	2:44.05
10	Watson, Emily R	15	ELEC-TS	2:44.55
11	Vd Schyff, Taliitha	15	ACAQ-CC	2:45.12
12	Bouwer, Larissa	16	DORE-JH	2:45.38
13	Billett, Kristen	15	ELEC-TS	2:45.91
14	Roos, Kristen P	14	TRAZ-TS	2:45.92
15	Tome, Zuri R	16	TUKS-TS	2:46.55
16	Engelbrecht, Dedre	15	RBOT-BP	2:46.78
17	Mostert, Abby J	13	AWIN-TS	2:47.34
18	Gotthardt, Emma	14	ELEC-TS	2:47.56
19	Kavanagh, Trinity	14	TCA-EK	2:47.57
20	Pienaar, Mia	14	CA-EK	2:48.20
21	Cheshire, Kate E	13	MDOL-JH	2:48.23
22	Masemola, Lethabo B	16	ELEC-TS	2:48.31
23	Dayaram, Sahana	16	DORE-JH	2:48.45
24	Zamisa, Lumka K	13	HREF-BP	2:48.54
25	Losper, Aaliyah J	12	NSFED	2:48.65
26	Botha, Annebelle	12	PER-JH	2:48.69
27	Wood, Jessica	14	CA-EK	2:49.08
28	September, Isabella J	15	TUKS-TS	2:49.44
29	Ferreira, Milan	16	TASC-MP	2:49.75
30	Venter, Lizelle	15	TUKS-TS	2:49.75
31	Vd Walt, Inge	16	DDA-TS	2:49.99
32	Caldeira, Jessica S	12	MDOL-JH	2:50.14
33	Alton, Madison R	14	RFA-TS	2:50.25
34	Nel, Mila M	12	TUKS-TS	2:50.29
35	de Jager, Leah	14	CRSC-JH	2:50.57
36	Matthasen, Caitlin	14	RFA-TS	2:50.91
37	Chiang, Sophie	12	WATR-JH	2:50.94
38	Knight, Caitlin A	15	WATR-JH	2:50.94
39	Parker, Cala	13	DMSS	2:51.09
40	Weber, Abigail M	14	DRGN-JH	2:51.97
41	Bulhakova, Victoria	15	SWIFT-EK	2:52.18
42	Louw, Cara	14	RBOT-BP	2:52.28
43	Munyoru, Melanie M	14	WATR-JH	2:52.33
44	Stoffberg, Alexis	12	NSFED	2:52.39
45	Barnard, Lyla	14	RFA-TS	2:52.39
46	Marais, Marijn M	14	TUKS-TS	2:52.99
47	Huang, Elin	15	PAC-TS	2:53.39
48	Biggs, Courtney C	14	SASE-JH	2:53.78
49	Short, Kyla J	12	MDOL-JH	2:53.99
50	Oosthuizen, Amore	15	CSA-EZ	2:54.15
51	Chauke, Rhandzu X	13	DORE-JH	2:54.61
52	Schoeman, Shelby L	13	CA-EK	2:54.76
53	Nieuwoudt, Jenna M	13	SWAR-WC	2:54.77
54	Mtewa, Zama U	14	PAC-TS	2:54.81
55	Prinsloo, Miané	12	ACAQ-CC	2:55.25
56	Janse van Rensburg, Noa-	11	TCA-EK	2:55.94
57	Van Rooyen, Zanie Z	14	RFA-TS	2:56.06
58	Van Der Merwe, Paiton R	13	CA-EK	2:56.43
59	Spence, Amber G	12	ELEC-TS	2:57.06
60	Kotzé, Lisa	11	POTC-KK	2:57.15
61	Evans, Lillie P	15	RACE-JH	2:57.35
62	Claassen, Emma-lee	11	TKS-WB	2:57.36

63	Ferreira, Mika	11	TUKS-TS	2:57.76
64	Swartz, Chrisna	11	TUKS-TS	2:57.93
65	Timveos, Antonia	12	BASA	2:57.94
66	Piater, Amelie	11	ELRAS-WB	2:58.49
67	De Beer, Zenéy	12	CSA-EZ	2:58.59
68	Korff, Rozaan	16	ACAQ-CC	2:58.66
69	Roets, Emma	12	TUKS-TS	2:59.09
70	Ngwenya, Rachel	13	BASA	2:59.23
71	Oliphant, Paige A	12	PAC-TS	2:59.31
72	De Bruin, Charné	12	TUKS-TS	2:59.42
73	Stoltz, Makayla E	12	PER-JH	2:59.70
74	Markgraaff, Kelsey	11	TUKS-TS	2:59.79
75	Wood, Amy-Lee	12	CA-EK	2:59.94
76	Whyte, Ava	10	HRE	3:00.42
77	Mann, Sarah	11	CA-EK	3:00.62
78	Scheepers, Tayla	13	RFA-TS	3:01.46
79	Sanders, Riley M	12	HPS-TS	3:01.80
80	Qiu, Muyan	10	HRE	3:01.88
81	Phillips, Daniella L	11	DORE-JH	3:02.21
82	Palmer, Keira L	15	CRSC-JH	3:02.37
83	Smit, Avah	11	TKS-WB	3:02.59
84	Liedeman, Hayley	12	SWAR-WC	3:02.64
85	Vermaak, Marizelle	13	HREF-BP	3:02.79
86	Knudsen, Harley	12	PGAC-EK	3:03.08
87	Moabelo, Fatso J	12	BAS-EK	3:03.47
88	McDowell, Caitlin L	13	ESP-EK	3:04.24
89	Williams, Liya	11	NSFED	3:04.92
90	Odendaal, Olivia L	12	HPS-TS	3:05.23
91	Komani, Zara	12	WATR-JH	3:05.66
92	Kalpage, Kiana T	14	VASA-EK	3:06.14
93	Ndlovu, Marang L	12	MDOL-JH	3:06.63
94	Spies, Lianka	12	HARB-BP	3:06.64
95	Oosthuizen, Emma	11	AA-JH	3:07.20
96	Scott, Gabriella	12	TUKS-TS	3:08.24
97	Goosen, Ashleigh	11	UNIU-EZ	3:08.37
98	Haasbroek, Mari	12	EXP-TS	3:08.52
99	Machill, Cayleigh J	13	BARA-EK	3:08.81
100	Dippenaar, Katja R	13	NSFED	3:08.99
101	Erni, Nele M	9	NSFED	3:09.47
102	Labuscagne, Phelan	11	CRSC-JH	3:09.57
103	Bhabha, Aisha	13	MDOL-JH	3:10.11
104	Lingerfelder, Elle A	11	AA-JH	3:10.26
105	Noble, Holly	11	ESP-EK	3:10.75
106	Bruwer, Leané	11	SWAR-WC	3:11.07
107	Makwakwa, Riley	9	TUKS-TS	3:11.22
108	Sanya, Crystal	11	SHAQC-ZZ	3:12.00
109	Coetzee, Carli	15	QUES-JH	3:12.03
110	Coetzee, Veronique	11	JAQ-EK	3:12.08
111	Heyns, Lua	12	DDA-TS	3:12.52
112	Barnard, Jane	10	CSA-EZ	3:14.01
113	Tschofen, Arabella S	11	AA-JH	3:16.02
114	Cronje, Kayline	11	JAQ-EK	3:16.76
115	Viviers, Alana	11	LINR-JH	3:16.82
116	Husselmann, Sophia	10	NSFED	3:17.41
117	Dornon, Elizabeth E	12	VASA-EK	3:18.02
118	Majoni, Joana	11	BASA	3:19.39
119	Makhatho, Tiisetso	12	ESP-EK	3:20.28
120	Nemakanga, Thendo	11	AAS-JH	3:21.19
121	Shelton, Kyleigh A	12	ESTR-EK	3:21.72
122	Madondo, Sabrina M	11	AAS-JH	3:21.98
123	Shaetonhodi, Larissa	12	NSFED	3:22.05
124	Sibanda, Jaynell	11	BASA	3:24.45
125	Oswald, Psalm M	11	ESP-EK	3:24.88

#209 Men 99 & Under 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time	
1	Qamarana, Amkele V	22	MPAR-JH	35.75

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#209 ... (Men 99 & Under 50 LC Meter Backstroke Multi-Cl)	58	Fernandes, David D	13	CA-EK	1:17.04	2	vd Spuy, Lyla J	16	TUKS-TS	1:11.63			
2 Cazzavillan, Lorenzo L	20	MDOL-JH	49.62	59	Letsoalo, Tetelo C	14	BAS-EK	1:17.30	3	Upton, Odette	16	TKS-WB	1:13.08
#210 Women 99 & Under 50 LC Meter Backstroke Multi-Cl	60	Raymond, Mmoloki J	13	DMSS	1:17.38	4	de Witt, Gite M	15	POTC-KK	1:13.57			
Name	Age	Team	Seed Time	61	James, Deante	13	WATR-JH	1:17.70	5	Alala, Marion J	15	TUKS-TS	1:14.12
1 van der Linden, Namasiki	18	NSFED	55.92	62	Mokoena, Bokamoso	14	FAC-EK	1:17.82	6	Nolan, Emma M	15	MDOL-JH	1:14.70
#211 Men 16 & Under 100 LC Meter Butterfly	63	Aliang, Célio J	11	ECN	1:18.10	7	Henning, Ella-Mae	15	VRC-TS	1:14.78			
Name	Age	Team	Seed Time	64	Britz, Jonathan O	12	MAKO-EK	1:18.62	8	Vd Walt, Inge	16	DDA-TS	1:15.45
1 Vd Walt, Christiaan	16	TUKS-TS	1:00.83	65	Teich, Shaun	13	TKS-WB	1:19.77	9	Barreiros, Maria A	15	ELEC-TS	1:15.96
2 Maphologela, Thabang T	16	DRGN-JH	1:01.52	66	Klukowski, Joshua R	12	NSFED	1:19.96	10	Maponyane, Mary	14	BAS-EK	1:16.13
3 Khosa, Yanni B	16	CDTM	1:02.09	67	Plint, Matthew J	13	MAKO-EK	1:20.30	11	Bezuidenhout, Martinet	14	TUKS-TS	1:16.48
4 Breet, Maynard C	16	CSA-EZ	1:02.91	68	Snyman, Kaiden	12	SGUL-ET	1:20.38	12	De Lange, Roxy	14	PAC-TS	1:17.27
5 Bourbon, Noah	16	TUKS-TS	1:02.93	69	Plint, Connor J	13	MAKO-EK	1:20.54	13	Schutze-Langston, Paige I	13	MDOL-JH	1:17.65
6 Esterhuizen, Aidan	16	CSA-EZ	1:03.29	70	O'Connor, Tristan P	15	AA-JH	1:20.86	14	Massingue, Estela B	14	CDTM	1:17.78
7 Muller, Blake M	15	DRGN-JH	1:03.48	71	Rolfe, Taylor K	15	WATR-JH	1:20.86	15	Cronje, Jaimee E	14	COMS-TS	1:17.89
8 Balt, Christiaan O	15	TUKS-TS	1:04.34	72	Mayhew, Franko	14	PAC-TS	1:21.73	16	Wood, Jessica	14	CA-EK	1:18.36
9 Mac Lachlan, Ethan C	16	TRAZ-TS	1:04.51	73	Madonko, Jamela	11	BASA	1:22.03	17	Wright, Hannah C	14	CA-EK	1:18.76
10 Van Der Westhuizen, Janu	16	STSC-KC	1:04.58	74	Dippenaar Safi, Ethan C	12	BARA-EK	1:23.09	18	Els, Megan A	14	BAS-EK	1:19.35
11 Brink, Robert	16	TRAZ-TS	1:05.90	75	Wilkins, Brody B	12	RACE-JH	1:23.10	19	Roos, Kristen P	14	TRAZ-TS	1:19.38
12 Allen, Zander K	15	BAS-EK	1:06.71	76	Pretorius, Ivan L	13	TUKS-TS	1:23.39	20	Alala, Melissa M	11	SHAQC-ZZ	1:19.94
13 Heyneke, Stephan S	15	TUKS-TS	1:07.06	77	Jahnel, Garrick M	13	SOUL-EK	1:23.48	21	Oliphant, Chloe B	14	PAC-TS	1:20.07
14 Nel, Jano P	16	MAKO-EK	1:07.85	78	Gichari, Keita K	12	SHAQC-ZZ	1:23.57	22	Martins, Keira	16	H2O-EK	1:20.10
15 Botha, Trevor J	16	SWIFT-EK	1:07.95	79	Masiu, Tiisetso K	11	CA-EK	1:23.88	23	Bruyns, Isabella M	16	MDOL-JH	1:20.28
16 Chilisa, Jerone T	15	TUKS-TS	1:08.17	80	Gabriels, James N	12	WATR-JH	1:24.57	24	Maruping, Bokkie M	14	LINR-JH	1:20.46
17 Neilson, Evan J	16	QUES-JH	1:08.50	81	Balzer, Klaus	12	HRE	1:24.58	25	Lamprecht, Macayla A	15	CA-EK	1:20.54
18 Wood, Callum R	14	WATR-JH	1:08.74	82	Jacobs, MACHARIA D	12	RFA-TS	1:24.97	26	Rossouw, Lechelle	15	TUKS-TS	1:20.66
19 Abrahams, Cayden	16	DRGN-JH	1:08.80	83	Smith, Owen C	12	WATR-JH	1:25.50	27	Miambo, Kianga T	13	CDTM	1:20.68
20 Nthomiwa, Wapego	15	PRSC	1:09.36	84	Badsha-Eybers, Riley M	12	CRSC-JH	1:25.73	28	Cheshire, Kate E	13	MDOL-JH	1:22.02
21 Xie, Felix	16	ELEC-TS	1:09.54	85	Shoko, Mukundi	12	HRE	1:25.85	29	Evans, Lillie P	15	RACE-JH	1:22.10
22 van der Walt, Conrad	14	MDOL-JH	1:09.62	86	Ashworth, Ryan R	12	MDOL-JH	1:25.86	30	Stewart, Leah	14	TASC-MP	1:22.52
23 Von Brandis, Carl C	15	MDOL-JH	1:09.78	87	Mudyiwa, Anashe	13	HRE	1:26.01	31	Oosthuizen, Mia	11	PAC-TS	1:22.55
24 Jacobs, Jossie J	16	MATL-KK	1:09.96	88	Mbugua, Dayo G	10	SHAQC-ZZ	1:26.24	32	Zoutendyk, Simi	12	RBOT-BP	1:22.77
25 Ndjeke, Peter T	16	NSFED	1:10.10	89	Hood, Kaylin C	12	MAKO-EK	1:26.42	33	Da Silva, Abigail Z	14	TUKS-TS	1:22.86
26 Sandilands, Matthew L	15	MDOL-JH	1:10.13	90	McEwan, Nathan	13	AA-JH	1:26.74	34	Vd Schyff, Talitha	15	ACAQ-CC	1:23.09
27 Kruger, Benje J	15	RFA-TS	1:10.25	91	Bowl, Dominic	12	HRE	1:26.88	35	Stoop, Carli	12	TUKS-TS	1:23.22
28 De Milander, Evan	15	JAQ-EK	1:10.30	92	Van der Walt, Hein	14	DDA-TS	1:27.05	36	Thomba, Lame	11	DMSS	1:23.31
29 Gomes, Tiago J	16	TUKS-TS	1:10.41	93	Lin, Yuchen	10	NSFED	1:27.08	37	Spencer, Mackenzie A	11	TRAZ-TS	1:23.38
30 Delpport, Jayden S	16	PGAC-EK	1:10.75	94	Weber, Alexander R	14	DRGN-JH	1:27.69	38	Oswald, Bella D	14	CRSC-JH	1:23.39
31 Lepron, Yann	16	SASE-JH	1:10.76	95	Huang, Guoxuan	10	NSFED	1:27.73	39	Kavanagh, Trinity	14	TCA-EK	1:23.45
32 Greeve, Nicolas N	16	MATL-KK	1:10.79	96	Fourie, Hanku	12	TUKS-TS	1:28.14	40	Sutherland, Hayleigh B	14	TUKS-TS	1:23.56
33 Otto, Luan	16	SWAR-WC	1:10.81	97	Ellis, Joseph G	12	MDOL-JH	1:28.39	41	Kalpage, Kiana T	14	VASA-EK	1:24.70
34 Kathena, Junior J	14	NSFED	1:10.93	98	Yaldwyn, Liam	12	SASE-JH	1:28.86	42	Matthasen, Caitlin	14	RFA-TS	1:25.01
35 Moller, Stephan	15	TASC-MP	1:11.06	99	Petersen, Eli	11	BASA	1:28.92	43	Devaprakash, Diya S	12	DMSS	1:25.38
36 Breetzke, Luke B	15	SS-MP	1:11.08	100	Koller, Zac O	12	SASE-JH	1:29.28	44	McDowell, Caitlin L	13	ESP-EK	1:25.77
37 Breet, Donovan	14	RBOT-BP	1:11.30	101	Thirion, Zandro	11	NSFED	1:29.41	45	Desilla, Elizabeth M	14	SASE-JH	1:25.90
38 Heide, Damon	13	H2O-EK	1:11.54	102	van Niekerk, Wian W	11	TRAZ-TS	1:29.45	46	Steinbach, Mieke	12	NWUC-KK	1:26.04
39 Solomons, Luke	16	QUES-JH	1:11.79	103	Maatouk, Jawad	11	SASE-JH	1:30.15	47	Munyoro, Melanie M	14	WATR-JH	1:26.87
40 Kyster, Daylen R	13	MAKO-EK	1:12.06	104	Evans, Daniel-Louis	12	HREF-BP	1:30.60	48	Pretorius, Lenè L	16	TUKS-TS	1:27.24
41 Vermeulen, Joshua	14	MAKO-EK	1:12.35	105	Kendall, Thomas L	14	ESTR-EK	1:31.53	49	Engelbrecht, Dedre	15	RBOT-BP	1:27.36
42 Coxon, Phoenix	15	CRSC-JH	1:12.36	106	Fitzjohn, Benjamin	12	TUKS-TS	1:31.76	50	Geldenhuys, Mila	12	ACAQ-CC	1:27.53
43 Marais, Mason P	14	SS-MP	1:12.50	107	Chanakira, Blessmore	13	HRE	1:32.01	51	Losper, Aaliyah J	12	NSFED	1:27.59
44 Tesfay, Abi A	16	DDA-TS	1:12.54	108	Close, Thomas V	13	DORE-JH	1:32.78	52	Stoffberg, Alexis	12	NSFED	1:28.05
45 Mutooni, Leo K	14	ELEC-TS	1:12.54	109	Swartz, Mauritz M	9	SGUL-ET	1:33.13	53	Claassen, Emma-lee	11	TKS-WB	1:28.16
46 De Sousa, Nicholas J	15	MDOL-JH	1:12.73	110	Molefe, Khumo T	13	WATR-JH	1:33.83	54	Machill, Cayleigh J	13	BARA-EK	1:28.22
47 Douglas, William M	14	CA-EK	1:13.23	111	Ngomezza, Tumi K	13	BAS-EK	1:36.19	55	Zamisa, Lumka K	13	HREF-BP	1:28.28
48 Tomlinson, Andrew J	14	HPS-TS	1:13.23	112	Lazaridis, Leo P	13	CA-EK	1:36.73	56	Wood, Amy-Lee	12	CA-EK	1:28.48
49 Clancy, Cayden	15	DRGN-JH	1:13.25	113	Roux, Keanu	11	NSFED	1:36.90	57	Adelaine, Kenzie	11	AA-JH	1:29.90
50 Bosman, Daniel	15	UNI-U-EZ	1:13.32	114	Rautenbach, Syrian B	11	UNI-U-EZ	1:42.00	58	Jack, Kayden E	12	PER-JH	1:30.40
51 Ip, Julian	15	WATR-JH	1:13.75	115	Mtyobile, Ntsikayethu S8	15	LEGC-ET	1:45.45	59	Burstein, Morgan R	12	TUKS-TS	1:31.12
52 Makurube, Bohlale	15	MATL-KK	1:13.77	116	Stuart-Watson, John C	12	DORE-JH	1:45.67	60	Piater, Amelie	11	ELRAS-WB	1:31.24
53 Zondo, Nkosana K	11	CA-EK	1:14.06	117	Coleman, Ian A	11	LINR-JH	1:46.03	61	Sam, Rebecca S	12	HPS-TS	1:31.26
54 Siziba, Khanya	13	ESP-EK	1:14.18	118	Olivier, Tiaan	13	TUKS-TS	1:46.34	62	Nel, Kari	11	TUKS-TS	1:31.48
55 Tredoux, Keegan C	15	NWUC-KK	1:16.16	119	Whitaker, Jake R	11	SS-MP	1:47.94	63	Majoni, Joana	11	BASA	1:31.49
56 Mmatli, Onthatile D	15	DRGN-JH	1:16.59	120	van der Merwe, Liam	11	ESP-EK	2:01.05	64	Raphadu, Kgotatso	11	TUKS-TS	1:31.70
57 Van den Bergh, Neil E	16	RBUR-BP	1:16.81	#212 Women 16 & Under 100 LC Meter Butterfly				65	Ackerman, Emily K	14	QUES-JH	1:31.90	
				Name	Age	Team	Seed Time	66	De Beer, Zenéy	12	CSA-EZ	1:31.92	
				1 Mashingaidze, Shalem	16	WATR-JH	1:10.22	67	Erni, Nele M	9	NSFED	1:32.72	
								68	Sibanda, Jaynell	11	BASA	1:33.26	

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#212 ... (Women 16 & Under 100 LC Meter Butterfly)

69	Husselmann, Sophia	10	NSFED	1:33.34
70	Knudsen, Harley	12	PGAC-EK	1:33.47
71	Kasireddy, Swapnika	14	SASE-JH	1:33.61
72	Moabelo, Fatso J	12	BAS-EK	1:34.44
73	Oswald, Psalm M	11	ESP-EK	1:34.61
74	Dippenaar, Katja R	13	NSFED	1:35.50
75	Vermaak, Marizelle	13	HREF-BP	1:35.51
76	Makhatho, Tiisetso	12	ESP-EK	1:36.21
77	Myeni, Ivile	11	ESA	1:36.82
78	Adelaine, Jorja	12	AA-JH	1:36.94
79	Williams, Liya	11	NSFED	1:38.30
80	Noble, Holly	11	ESP-EK	1:44.06
81	Kenosi, Zhaoying	11	DMSS	1:45.96
82	Janse van Rensburg, Grizel	12	NWUC-KK	1:47.15
83	Trollip, Devhyn G	11	UNI-U-EZ	1:47.73
84	Shaetonhodi, Larissa	12	NSFED	1:48.20

#213 Men 12 & Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1 CA-EK	M12 A	4:37.12
2 NSFED	M12 A	4:50.00
Swartz, Caleb 12	Klukowski, Joshua R 12	
Huang, Guoxuan 10	Thirion, Zandro 11	
3 HRE	M12 A	4:50.06
Muchengi, Nathaniel 12	Shoko, Mukundi 12	
Bowl, Dominic 12	Balzer, Klaus 12	
4 TUKS-TS	M12 A	4:50.60
5 CA-EK	M12 B	5:05.58
6 TUKS-TS	M12 B	5:09.30

#214 Men 13-14 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 TUKS-TS	A	4:16.18
2 CA-EK	A	4:17.74
3 AA-JH	A	4:21.01
4 BAS-EK	A	4:26.24
5 MAKO-EK	A	4:30.22
6 TUKS-TS	B	4:31.09
7 HPS-TS	A	4:33.95
8 CA-EK	B	4:35.17
9 MDOL-JH	A	NT
van der Walt, Conrad 14		
Arangies, Leon H 13	Smith, Isaiah S 14	
10 ESA	A	NT
Shongwe, Sivikelwe J 12	Barbosa, Tsailin 12	
Mayabane, Fezibunye 11	Potgieter, Josea P 13	

#215 Men 15-16 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 TUKS-TS	A	3:49.85
2 TUKS-TS	B	3:59.12
3 CDTM	A	4:02.19
4 CA-EK	A	4:04.19
5 RFA-TS	A	4:11.86
Kruger, Benje J 15	Booyesen, James C 14	
Lee, Nathan 15	Gauldie, Travis R 15	
6 AA-JH	A	4:18.19
7 MAKO-EK	A	4:19.32
8 CRSC-JH	A	NT

#216 Women 12 & Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1 CA-EK	A	4:46.43
2 TUKS-TS	A	4:50.68
3 MDOL-JH	A	4:52.32
Caldeira, Jessica S 12	Sun, Berre 11	
Short, Kyla J 12		

4 AA-JH	A	4:59.61
5 NSFED	A	5:00.48
Losper, Aaliyah J 12	Erni, Nele M 9	
Williams, Liya 11	Stoffberg, Alexis 12	
6 TUKS-TS	B	5:00.58
7 HRE	A	5:14.82
Whyte, Ava 10	Chirairo, Danaishe 11	
Mnangangwa, Bethany 12	Qiu, Muyan 10	
8 BASA	A	NT
Majoni, Joana 11	Sibanda, Monalisa 11	
Sibanda, Jaynell 11	Timveos, Antonia 12	

#217 Women 13-14 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1 TUKS-TS	A	4:26.64
2 CA-EK	A	4:30.37
3 TUKS-TS	B	4:35.71
4 PAC-TS	A	4:39.09
5 MDOL-JH	A	4:42.70
Cheshire, Kate E 13	Costa, Charlotte S 14	
Nolan, Kathryn A 13	Schutze-Langston, Paige L 13	
6 RFA-TS	A	4:47.13
Barnard, Lyla 14	Scheepers, Tayla 13	
Matthasen, Caitlin 14	Van Rooyen, Zanie Z 14	
7 CRSC-JH	A	NT

#218 Women 15-16 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1 CA-EK	A	4:27.43
2 TUKS-TS	A	4:28.28
3 MDOL-JH	A	4:28.93
Bruyns, Isabella M 16	Gallant Da Silva, Emma L 15	
Nolan, Emma M 15	Kruger, Katelyn 15	
4 TUKS-TS	B	4:34.38
5 CRSC-JH	A	NT

#301 Men 16 & Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Vesely, Matej E	16	TRAZ-TS	2:04.95
2 Mellis, Dean T	16	TUKS-TS	2:05.86
3 Van der Westhuizen, Jasp	15	CRSC-JH	2:06.38
4 Van Der Westhuizen, Janu	16	STSC-KC	2:07.24
5 van der Westhuizen, Chri	15	NSFED	2:08.67
6 Williams, Trent J	16	SOUL-EK	2:11.24
7 Buys, Stiaan	15	TUKS-TS	2:11.82
8 Lategan, Nicky N	16	SWAR-WC	2:12.43
9 Els, Aiden	15	CSA-EZ	2:12.54
10 Maphologela, Thabang T	16	DRGN-JH	2:13.18
11 Kymdell, Ivan J	16	TUKS-TS	2:13.41
12 De Villiers, Dawid	15	CSA-EZ	2:13.61
13 Otto, Amir	14	ELEC-TS	2:13.66
14 Bloem, Reinhardt	15	TUKS-TS	2:13.98
15 Neilson, Evan J	16	QUES-JH	2:14.01
16 Botha, Trevor J	16	SWIFT-EK	2:14.34
17 Balt, Christiaan O	15	TUKS-TS	2:14.45
18 Pohl, MJ J	16	SS-MP	2:14.66
19 Sandilands, Matthew L	15	MDOL-JH	2:14.77
20 Ip, Julian	15	WATR-JH	2:14.90
21 Natrass, Corin R	16	WATR-JH	2:15.02
22 Makurube, Bohlale	15	MATL-KK	2:15.99
23 Mac Lachlan, Ethan C	16	TRAZ-TS	2:16.02
24 Breetzke, Luke B	15	SS-MP	2:16.04
25 Lombard, Adriaan	16	TUKS-TS	2:16.20
26 Allen, Zander K	15	BAS-EK	2:16.36
27 Otto, Luca L	14	CSC-TS	2:16.73
28 Delpo, Jayden S	16	PGAC-EK	2:16.86
29 Tredoux, Keegan C	15	NWUC-KK	2:17.15
30 Xie, Felix	16	ELEC-TS	2:17.23

31 Smit, Christiaan	14	TUKS-TS	2:17.29
32 De Sousa, Nicholas J	15	MDOL-JH	2:17.43
33 Breet, Maynard C	16	CSA-EZ	2:17.48
34 Nel, Jano P	16	MAKO-EK	2:17.57
35 De Milander, Evan	15	JAQ-EK	2:17.90
36 Vosloo, Matthys	14	DDA-TS	2:18.03
37 Beling, Justin B	15	CA-EK	2:18.04
38 Heyneke, Stephan S	15	TUKS-TS	2:18.22
39 He, Henry	15	CA-EK	2:18.44
40 Rolfe, Taylor K	15	WATR-JH	2:18.64
41 Archer, Paul P	14	NSFED	2:18.70
42 Walters, Luke	15	VASA-EK	2:18.99
43 Tshabalala, Buhle	15	TUKS-TS	2:19.16
44 Jansen van Vuuren, Conra	15	MAKO-EK	2:19.67
45 Solomons, Luke	16	QUES-JH	2:19.78
46 Gomes, Tiago J	16	TUKS-TS	2:19.81
47 Hinchcliffe, Drew B	15	RIVO-JH	2:20.62
48 Bosman, Daniel	15	UNI-U-EZ	2:20.87
49 Gauldie, Travis R	15	RFA-TS	2:21.03
50 John, Joshua A	14	AA-JH	2:21.12
51 Van Der Nest, Milan O	15	UNI-U-EZ	2:21.28
52 Wood, Callum R	14	WATR-JH	2:21.40
53 Mutooni, Leo K	14	ELEC-TS	2:21.55
54 Letsoalo, Tetelo C	14	BAS-EK	2:21.56
55 Basto, Goncalo M	13	CDTM	2:21.57
56 Goondie, Asif	16	SUPE-JH	2:21.84
57 Luhabe, Fezile Z	14	CA-EK	2:22.19
58 Eldar, Eitan	14	TUKS-TS	2:22.29
59 Von Brandis, Carl C	15	MDOL-JH	2:22.44
60 Kruger, Benje J	15	RFA-TS	2:22.50
61 Smith, Isaiah S	14	MDOL-JH	2:22.68
62 Potgieter, Brendan	16	TUKS-TS	2:22.79
63 Heitmuller, Quade	13	TRAZ-TS	2:22.86
64 Wilkins, Brody B	12	RACE-JH	2:22.91
65 Nel, Zian	14	RBOT-BP	2:22.93
66 Greeve, Nicolas N	16	MATL-KK	2:22.97
67 Vorster, Ewan	14	HPS-TS	2:23.11
68 Vermeulen, Joshua	14	MAKO-EK	2:23.27
69 De Amorim, Connor M	13	PER-JH	2:23.69
70 Carpinteiro, Diego	13	CA-EK	2:23.73
71 Pretorius, Ivan L	13	TUKS-TS	2:23.94
72 Fernandes, David D	13	CA-EK	2:24.06
73 Kasselmann, Juan	14	RBOT-BP	2:24.39
74 Lipton, Emile	14	ELEC-TS	2:24.57
75 Kalvachev, Niki P	13	WATR-JH	2:24.64
76 Raymond, Mmoloki J	13	DMSS	2:25.62
77 Kneubuhler, Luca J	13	AA-JH	2:25.85
78 Kyser, Daylen R	13	MAKO-EK	2:25.98
79 Hu, Silas G	14	SWIMS-EK	2:26.00
80 Papadopoulos, Ilia N	14	UNI-U-EZ	2:26.41
81 Marais, Mason P	14	SS-MP	2:26.67
82 Mmatli, Onthatile D	15	DRGN-JH	2:26.97
83 Oosthuizen, Nathan	14	PGAC-EK	2:27.32
84 Von Bormann, Peter T	13	ELEC-TS	2:27.34
85 Morris, Jaydon	14	CA-EK	2:27.50
86 Mulder, Eli-Ray	13	MDOL-JH	2:27.53
87 O'Connor, Tristan P	15	AA-JH	2:27.84
88 Aspden, Kailan B	13	CA-EK	2:28.47
89 Holland-Muter, Jesse	16	SWAR-WC	2:28.61
90 Ngomez, Tumi K	13	BAS-EK	2:28.81
91 Montshiwa, Katlo L	14	DMSS	2:29.01
92 Wilkins, Max C	14	HPS-TS	2:29.14
93 Potgieter, Ruan P	14	CRSC-JH	2:29.32
94 Abrahams, Cayden	16	DRGN-JH	2:29.38
95 Jahnel, Garrick M	13	SOUL-EK	2:29.41
96 Heide, Damon	13	H20-EK	2:29.75
97 Van Wyngaard, Rigter Z	13	TUKS-TS	2:29.85

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Psych Sheet

#301 ... (Men 16 & Under 200 LC Meter Freestyle)				#302 Women 16 & Under 200 LC Meter Freestyle			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
98 Pretorius, Hennie H	14	SWAR-WC	2:29.87	163 Smith, Owen C	12	WATR-JH	2:42.50
99 van der Walt, Conrad	14	MDOL-JH	2:30.01	164 Venter, Jean	12	PAC-TS	2:42.61
100 Ferreira, Reid A	14	SOUL-EK	2:30.25	165 K�pplinger, Axel F	12	TUKS-TS	2:43.13
101 Masiu, Tiisetso K	11	CA-EK	2:30.52	166 Jackson, J C	11	CA-EK	2:43.20
102 Van Buren, Kian S	14	RIVO-JH	2:30.61	167 Letsoalo, Thabang M	11	BAS-EK	2:43.31
103 Balzer, Klaus	12	HRE	2:31.13	168 Shongwe, Sivikelwe J	12	ESA	2:43.60
104 Ripley, Jordan	13	BAS-EK	2:31.34	169 Yaldwyn, Liam	12	SASE-JH	2:43.81
105 Zondo, Nkosana K	11	CA-EK	2:31.49	170 Briscoe, Ayden L	12	OLDE-JH	2:44.07
106 Swarts, Brendan	13	CA-EK	2:31.76	171 Papazian, Alexander	12	SASE-JH	2:44.29
107 McEwan, Nathan	13	AA-JH	2:31.92	172 Nondumo, Lizandro	12	USHAK-EK	2:44.35
108 Venter, Adriaan	15	VRC-TS	2:32.09	173 De Milander, Zian	12	JAQ-EK	2:44.44
109 Madonko, Jamela	11	BASA	2:32.30	174 Du Toit, Gideon	11	TUKS-TS	2:44.51
110 Molefe, Khumo T	13	WATR-JH	2:32.51	175 Human, Eben	12	BEARS-TS	2:44.84
111 Sutherland, Ruben C	13	WATR-JH	2:32.55	176 Moodley, Kellan D	11	AAS-JH	2:44.90
112 Webb, Mason M	13	DRGN-JH	2:32.62	177 Whitaker, Jake R	11	SS-MP	2:45.06
113 Teich, Shaun	13	TKS-WB	2:32.95	178 Jv Rensburg, Ben B	12	TUKS-TS	2:45.13
114 Van Schalkwyk, Joshua J	12	TUKS-TS	2:33.00	179 Bowl, Dominic	12	HRE	2:45.62
115 Plint, Connor J	13	MAKO-EK	2:33.00	180 Joubert, Chris H	11	DDA-TS	2:45.67
116 Chivandire, Adriel N	13	WATR-JH	2:33.65	181 Van Der Merwe, Xander	11	HARB-BP	2:45.93
117 Britz, Jonathan O	12	MAKO-EK	2:33.79	182 Venter, Xander	12	RIVO-JH	2:45.93
118 Symms, Richard J	13	DORE-JH	2:34.43	183 Vd Westhuizen, Nathan	10	TUKS-TS	2:46.13
119 Jjuko, Matthew M	13	GAC	2:34.50	184 Alley, Luke	12	ELEC-TS	2:46.67
120 Felton, Adam M	11	WATR-JH	2:34.75	185 Jacobs, Willem	12	NWUC-KK	2:47.12
121 Sutherland, Luandre W	13	WATR-JH	2:34.75	186 Kruger, Blake R	12	SWAR-WC	2:47.27
122 Booysen, James C	14	RFA-TS	2:34.89	187 Olivier, Tiaan	13	TUKS-TS	2:47.46
123 Plint, Matthew J	13	MAKO-EK	2:34.89	188 Wheeler, Jaxon	12	MDOL-JH	2:47.59
124 Bayne, William T	14	DORE-JH	2:35.24	189 Brons, Tristan	11	SOUL-EK	2:48.24
125 Hooghiemstra, Jacques	12	POTC-KK	2:35.33	190 Dippenaar Safi, Ethan C	12	BARA-EK	2:49.53
126 Mushonga, Christian I	13	RIVO-JH	2:35.41	191 Xavier, Travis	11	ELEC-TS	2:49.75
127 Tallarico, Marcello F	16	MAKO-EK	2:35.42	192 Coleman, Ian A	11	LINR-JH	2:49.92
128 Quagraine, Ekow A	12	CA-EK	2:35.51	193 Cloete, Matthew H	11	HPS-TS	2:50.40
129 Snyman, Kaiden	12	SGUL-ET	2:36.21	194 Shoko, Mukundi	12	HRE	2:51.23
130 Pieters, Cayden R	11	SWAR-WC	2:36.35	195 Loubser, Dreyer D	11	CSC-TS	2:51.52
131 Ashworth, Ryan R	12	MDOL-JH	2:36.59	196 Vlok, Rijnhardt A	11	LINR-JH	2:52.10
132 Badsha-Eybers, Riley M	12	CRSC-JH	2:36.61	197 Swartz, Mauritz M	9	SGUL-ET	2:52.45
133 Ostoja, Frano M	13	CA-EK	2:36.70	198 Petrovic, Gordon	11	TRAZ-TS	2:52.45
134 Thirion, Zandro	11	NSFED	2:36.76	199 Otto, Llewellyn	11	CSC-TS	2:52.65
135 Prinsloo, James P	11	TUKS-TS	2:36.88	200 Lin, Yuchen	10	NSFED	2:53.18
136 Cokayne, Gabriel J	13	CRSC-JH	2:37.94	201 Le Roux, Marthinus H	13	TUKS-TS	2:53.34
137 Banks, Tristan D	11	AAS-JH	2:37.97	202 Lee, Tristan	13	PGAC-EK	2:53.81
138 M�ller, Dawid H	13	TUKS-TS	2:37.97	203 Dreyer, Lauritz	11	TUKS-TS	2:54.44
139 Markgraaff, Dean R	11	TUKS-TS	2:38.14	204 Klukowski, Joshua R	12	NSFED	2:54.83
140 Glorioso, Zayne	13	CSA-EZ	2:38.16	205 Roux, Keanu	11	NSFED	2:57.00
141 Gabriels, James N	12	WATR-JH	2:38.20	206 Jacobs, MACHARIA D	12	RFA-TS	2:57.20
142 Potgieter, Josea P	13	ESA	2:38.30	207 Ritchie, Janko	11	TUKS-TS	2:57.97
143 Botha, Sebastian	11	AA-JH	2:38.36	208 Brink, Herman J	11	TUKS-TS	2:58.15
144 Swartz, Caleb	12	NSFED	2:38.65	209 Minnie, Milano F	11	PGAC-EK	2:58.31
145 Masanganise, Edward	13	BASA	2:38.93	210 van der Merwe, Liam	11	ESP-EK	3:02.48
146 Fourie, Hanku	12	TUKS-TS	2:38.93	211 Rautenbach, Syrian B	11	UNIUEZ	3:04.87
147 Evans, Daniel-Louis	12	HREF-BP	2:39.01	212 Musoni, Takundzwa	12	HRE	3:05.11
148 Nell, Matteo	12	CRSC-JH	2:39.10	213 Keun, Retief	10	HARB-BP	3:05.39
149 Huang, Guoxuan	10	NSFED	2:39.40	214 Van der Merwe, Aiden	11	EXP-TS	3:05.44
150 James, Deante	13	WATR-JH	2:39.64	215 Koekemoer, Ryan J	11	DRGN-JH	3:06.72
151 Siziba, Khanya	13	ESP-EK	2:39.67	216 Pretorius, Luke	11	SOUL-EK	3:09.39
152 Luz, Levi S	12	SOUL-EK	2:39.96	217 Du Plessis, Lihan	11	HARB-BP	3:20.23
153 Mbugua, Dayo G	10	SHAQC-ZZ	2:40.13				
154 Manowe, Leano-Laone	11	DMSS	2:40.28				
155 Hood, Kaylin C	12	MAKO-EK	2:40.39				
156 Aliang, C�lio J	11	ECN	2:40.87				
157 Way, Tristan	16	ESA	2:41.02				
158 De Angelis, Luca C	12	VASA-EK	2:41.34				
159 Lategan, Wessel W	13	SWAR-WC	2:41.68				
160 Lazaridis, Leo P	13	CA-EK	2:42.24				
161 Frewen, Aaron D	12	RIVO-JH	2:42.33				
162 Nemvumoni, Ntsako C	12	WATR-JH	2:42.39				

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Psych Sheet

#302 ... (Women 16 & Under 200 LC Meter Freestyle)				#303 Men 99 & Under 100 LC Meter Freestyle Multi-Class I				#304 Women 99 & Under 100 LC Meter Freestyle Multi-Class II				#305 Men 16 & Under 50 LC Meter Breaststroke				
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	
77 Piater, Amelie	11	ELRAS-WB	2:36.85	142 Sibanda, Monalisa	11	BASA	2:53.80	36 Jacobs, Faez	15	TRAZ-TS	36.32	1	Way, Tristan	16	ESA	33.18
78 Palmer, Keira L	15	CRSC-JH	2:37.83	143 Williams, Liya	11	NSFED	2:54.11	37 Botha, Trevor J	16	SWIFT-EK	36.32	2	Wasley, Dario A	16	SS-MP	33.38
79 September, Isabella J	15	TUKS-JS	2:37.83	144 Donnon, Elizabeth E	12	VASA-EK	2:55.08	38 Van Der Nest, Milan O	15	UNI-U-EZ	36.34	3	Tallarico, Marcello F	16	MAKO-EK	33.38
80 Mostert, Abby J	13	AWIN-TS	2:37.86	145 Tonkinson, Mia	11	SOUL-EK	2:55.30	39 Vorster, Ewan	14	HPS-TS	36.35	4	Bezuidenhout, Joha J	15	CSC-TS	33.44
81 Van Der Merwe, Paiton R	13	CA-EK	2:38.00	146 Sibanda, Jaynell	11	BASA	2:56.68	40 Lepron, Yann	16	SASE-JH	36.42	5	Menete Junior, Lazaro H	16	CDTM	33.46
82 Short, Kyla J	12	MDOL-JH	2:38.82	147 Coetzee, Carli	15	QUES-JH	2:57.33	41 Otto, Luan	16	SWAR-WC	36.45	6	Raymond, Mmoloki J	13	DMSS	33.51
83 Geldenhuis, Mila	12	ACAQ-CC	2:39.01	148 Bruwer, Leané	11	SWAR-WC	2:57.61	42 Von Brandis, Carl C	15	MDOL-JH	36.49	7	Govindasamy, Gerrard E	15	ELEC-TS	33.71
84 Dandoulakis, Alexi	12	CA-EK	2:39.27	149 Shelton, Kyleigh A	12	ESTR-EK	2:58.46	43 John, Joshua A	14	AA-JH	36.50	8	Venter, Adriaan	15	VRC-TS	33.80
85 Burstein, Morgan R	12	TUKS-TS	2:39.39	150 Cox, Emma A	10	TUKS-TS	2:59.23	44 Van den Bergh, Neil E	16	RBUR-BP	36.54	9	Wilkes, Kieran-Dante K	16	CA-EK	33.94
86 Losper, Aaliyah J	12	NSFED	2:39.53	151 Trollip, Devhyn G	11	UNI-U-EZ	2:59.93	45 Weber, Alexander R	14	DRGN-JH	36.62	10	Walters, Luke	15	VASA-EK	33.95
87 Sohoni, Aahana	12	PSC	2:39.73	152 Husselmann, Sophia	10	NSFED	2:59.98	46 Marais, Mason P	14	SS-MP	36.66	11	Otto, Luca L	14	CSC-TS	33.96
88 Qiu, Muyan	10	HRE	2:39.87	153 Tschofen, Arabella S	11	AA-JH	3:00.25	47 Montshiwa, Katlo L	14	DMSS	36.86	12	Schoeman, Sabby A	15	PAC-TS	34.15
89 Smit, Anzel	12	EXP-TS	2:39.96	154 Barnard, Jane	10	CSA-EZ	3:01.94	48 Peer, Amr	16	BAS-EK	36.90	13	Chetty, Viknesh	15	PER-JH	34.15
90 Martins, Keira	16	H2O-EK	2:40.44	155 Coetzee, Veronique	11	JAQ-EK	3:01.94	49 Ndjeke, Peter T	16	NSFED	36.91	14	du Toit, Liam F	16	VRC-TS	34.21
91 Van Rooyen, Zanie Z	14	RFA-TS	2:40.46	156 Nemakanga, Thendo	11	AAS-JH	3:02.90	50 Breet, Donovan	14	RBOT-BP	36.93	15	Clancy, Cayden	15	DRGN-JH	34.33
92 Vermaak, Marizelle	13	HREF-BP	2:40.50	157 Myeni, Ivile	11	ESA	3:09.74	51 Le Roux, Juan	14	AWIN-TS	36.99	16	Bukes, Xander	16	RFA-TS	34.43
93 Labuscagne, Phelan	11	CRSC-JH	2:40.90	158 Noble, Holly	11	ESP-EK	3:10.24	52 Arangies, Leon H	13	MDOL-JH	37.05	17	Dowling, Landon G	16	CA-EK	34.53
94 Bhabha, Aisha	13	MDOL-JH	2:40.97	159 Shaetonhodi, Larissa	12	NSFED	3:11.53	53 Abhai, Sameer	14	BAS-EK	37.17	18	Tredoux, Keegan C	15	NWUC-KK	34.72
95 Kalpage, Kiana T	14	VASA-EK	2:41.03	160 Oswald, Psalm M	11	ESP-EK	3:14.89	54 Bornman, Nathan J	15	TUKS-TS	37.30	19	van der Westhuizen, Chri	15	NSFED	34.75
96 Zamisa, Lumka K	13	HREF-BP	2:41.20					55 Jjuko, Matthew M	13	GAC	37.32	20	Goondie, Asif	16	SUPE-JH	34.76
97 Scott, Gabriella	12	TUKS-TS	2:41.39					56 Milder, Eli-Ray	13	MDOL-JH	37.56	21	Jacobs, Jossie J	16	MATL-KK	34.85
98 Barnard, Lyla	14	RFA-TS	2:41.43					57 Tomlinson, Andrew J	14	HPS-TS	37.57	22	Muller, Blake M	15	DRGN-JH	34.87
99 Engelbrecht, Dedre	15	RBOT-BP	2:41.88					58 Jansen van Vuuren, Conra	15	MAKO-EK	37.91	23	Cownie, Nicholas A	16	TUKS-TS	34.93
100 Bac, Arianne	11	TUKS-TS	2:42.16					59 Steenkamp, MJ J	13	WATR-JH	38.03	24	Garrett, Blake	14	TRAZ-TS	35.18
101 Machill, Cayleigh J	13	BARA-EK	2:42.80					60 Papadopoulos, Ilia N	14	UNI-U-EZ	38.12	25	De Villiers, Dawid	15	CSA-EZ	35.30
102 Oosthuizen, Emma	11	AA-JH	2:42.86					61 Muchengi, Nathaniel	12	HRE	38.16	26	Williams, Trent J	16	SOUL-EK	35.35
103 McDowell, Caitlin L	13	ESP-EK	2:42.99					62 Bosman, Daniel	15	UNI-U-EZ	38.22	27	Maphologela, Thabang T	16	DRGN-JH	35.37
104 Dippenaar, Katja R	13	NSFED	2:43.02					63 Mmatli, Onthatile D	15	DRGN-JH	38.25	28	Nel, Christiaan	15	POTC-KK	35.46
105 Nieuwoudt, Jenna M	13	SWAR-WC	2:43.49					64 Taljaard, Adriaan	13	HARB-BP	38.27	29	Lee, Nathan	15	RFA-TS	35.50
106 Ndlovu, Marang L	12	MDOL-JH	2:43.61					65 De Amorim, Connor M	13	PER-JH	38.28	30	Abrahams, Cayden	16	DRGN-JH	35.66
107 Goosen, Ashleigh	11	UNI-U-EZ	2:43.92					66 Booyesen, James C	14	RFA-TS	38.38	31	Potgieter, Ruan P	14	CRSC-JH	36.01
108 Whyte, Ava	10	HRE	2:43.95					67 Kendall, Thomas L	14	ESTR-EK	38.50	32	Nattrass, Corin R	16	WATR-JH	36.09
109 Komani, Zara	12	WATR-JH	2:44.01					68 Quagraine, Ekow A	12	CA-EK	38.56	33	Pohl, MJ J	16	SS-MP	36.13
110 Prinsloo, Miané	12	ACAQ-CC	2:44.20					69 Jahnel, Garrick M	13	SOUL-EK	38.58	34	Khosa, Yanni B	16	CDTM	36.23
111 Du Preez, Elizabeth	13	TUKS-TS	2:44.32					70 Solomons, Luke	16	QUES-JH	38.63	35	Potgieter, Brendan	16	TUKS-TS	36.29
112 Scheepers, Tayla	13	RFA-TS	2:44.91					71 Swartz, Samuel	15	NSFED	38.73					
113 Rall, Gabriella	11	FAC-EK	2:44.91					72 van der Walt, Conrad	14	MDOL-JH	38.78					
114 Harris, Madison	13	SOUL-EK	2:46.17					73 Vorster, Weirich	13	SS-MP	38.84					
115 Roets, Emma	12	TUKS-TS	2:46.31					74 Felton, Connor M	14	WATR-JH	38.87					
116 Swartz, Chrisna	11	TUKS-TS	2:46.69					75 Schalekamp, Anru	13	TASC-MP	38.96					
117 Knudsen, Harley	12	PGAC-EK	2:46.79					76 Breetzke, Luke B	15	SS-MP	38.99					
118 Goosen, Rachele	14	UNI-U-EZ	2:46.90					77 Chanakira, Blessmore	13	HRE	39.03					
119 De Beer, Zenéy	12	CSA-EZ	2:47.71					78 Janse van Rensburg, Calel	14	TRAZ-TS	39.08					
120 Madondo, Sabrina M	11	AAS-JH	2:47.76					79 Kalvachev, Niki P	13	WATR-JH	39.09					
121 Kavanagh, Trinity	14	TCA-EK	2:48.09					80 Kathena, Junior J	14	NSFED	39.13					
122 Sanya, Crystal	11	SHAQC-ZZ	2:48.12					81 He, Henry	15	CA-EK	39.20					
123 Mann, Sarah	11	CA-EK	2:48.12					82 Chirwa, Boithato	13	WATR-JH	39.23					
124 Luhabe, Nolitha A	10	CA-EK	2:48.17					83 Pocock, Benjamin R	12	ELEC-TS	39.31					
125 Kenosi, Zhaoying	11	DMSS	2:49.19					84 De Milander, Evan	15	JAQ-EK	39.39					
126 Adelaine, Jorja	12	AA-JH	2:49.33					85 Lee, Tristan	13	PGAC-EK	39.45					
127 Janse van Rensburg, Grizt	12	NWUC-KK	2:49.47					86 Sutherland, Luandre W	13	WATR-JH	39.54					
128 Adelaine, Kenzie	11	AA-JH	2:49.48					87 Keitumetse, Tshepang	13	SWC	39.63					
129 Lingerfelder, Elle A	11	AA-JH	2:49.62					88 Hu, Silas G	14	SWIMS-EK	39.74					
130 Sun, Berre	11	MDOL-JH	2:49.70					89 Rijnen, Owen	11	NSFED	39.86					
131 Ferreira, Mika	11	TUKS-TS	2:50.16					90 Köpplinger, Axel F	12	TUKS-TS	39.87					
132 Haasbroek, Mari	12	EXP-TS	2:50.33					91 Houghton, Ronin D	13	SOUL-EK	39.99					
133 Mnangagwa, Bethany	12	HRE	2:50.35					92 Dukoff - Gordon, Kyle	13	CA-EK	40.34					
134 Markgraaff, Kelsey	11	TUKS-TS	2:50.60					93 Pieters, Cayden R	11	SWAR-WC	40.43					
135 Odendaal, Olivia L	12	HPS-TS	2:50.66					94 Huisamen, Luan	11	STAR-BP	40.45					
136 Van Breda, Isabella	12	NWUC-KK	2:51.29					95 Sutherland, Ruben C	13	WATR-JH	40.45					
137 Cronje, Kayline	11	JAQ-EK	2:52.14					96 Webb, Mason M	13	DRGN-JH	40.49					
138 Heyns, Lua	12	DDA-TS	2:52.22					97 van Niekerk, Wian W	11	TRAZ-TS	40.50					
139 Erni, Nele M	9	NSFED	2:52.29					98 van Zyl, Matheo	12	CA-EK	40.58					
140 Makhatho, Tiisetso	12	ESP-EK	2:52.33					99 Nell, Matteo	12	CRSC-JH	40.64					
141 Viviers, Alana	11	LINR-JH	2:52.62					100 Zondo, Nkosana K	11	CA-EK	40.73					
								101 Jarvis, Gabriel Paiva	13	ESA	40.76					
								102 Felton, Adam M	11	WATR-JH	40.86					

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#305 ... (Men 16 & Under 50 LC Meter Breaststroke)

103	Heide, Damon	13	H2O-EK	40.95
104	Mudyiwa, Anashe	13	HRE	40.97
105	Roodt, Adam A	12	TUKS-TS	40.99
106	Clark, Logan	13	WATR-JH	41.11
107	Mushonga, Christian I	13	RIVO-JH	41.12
108	Dippenaar Safi, Ethan C	12	BARA-EK	41.14
109	Musoni, Takundzwa	12	HRE	41.16
110	Groenewald, Liam D	11	RFA-TS	41.19
111	Ellis, Joseph G	12	MDOL-JH	41.22
112	Thirion, Zandro	11	NSFED	41.23
113	Naude, Liam A	13	CSC-TS	41.30
114	Van der Merwe, Morne F	13	DDA-TS	41.30
115	Lazaridis, Leo P	13	CA-EK	41.30
116	Buys, Ruhan	13	TUKS-TS	41.34
117	Siziba, Khanya	13	ESP-EK	41.34
118	Nunes, Joao	10	ESA	41.59
119	Luz, Levi S	12	SOUL-EK	41.68
120	Smith, Owen C	12	WATR-JH	41.71
121	Shongwe, Sivikelwe J	12	ESA	41.83
122	Wilkins, Brody B	12	RACE-JH	41.86
123	Frewen, Aaron D	12	RIVO-JH	41.89
124	Lategan, Wessel W	12	SWAR-WC	42.07
125	Raffle, Liam	11	CA-EK	42.33
126	Van Der Kooij, Kian D	13	DORE-JH	42.40
127	Pretorius, Hennie H	14	SWAR-WC	42.43
128	Olivier, Tiaan	13	TUKS-TS	42.51
129	Swartz, Caleb	12	NSFED	42.52
130	Luhabe, Bandile L	12	CA-EK	42.57
131	Masiu, Tiiisetso K	11	CA-EK	42.70
132	Venter, Xander	12	RIVO-JH	42.72
133	Papazian, Alexander	12	SASE-JH	42.73
134	Wheeler, Jaxon	12	MDOL-JH	42.91
135	Koller, Zac O	12	SASE-JH	42.94
136	Van Der Merwe, Xander	11	HARB-BP	43.00
137	Bowl, Dominic	12	HRE	43.36
138	Petersen, Eli	11	BASA	43.41
139	Evans, Daniel-Louis	12	HREF-BP	43.41
140	Vlok, Rijnhardt A	11	LINR-JH	43.41
141	Schroeder, Liam R	11	EXP-TS	43.42
142	Ngomezza, Tumi K	13	BAS-EK	43.46
143	Liebenberg, Jacques P	11	SS-MP	43.48
144	Kyle, Ryan R	11	CRSC-JH	43.50
145	Maatouk, Jawad	11	SASE-JH	43.75
146	Dreyer, Lauritz	11	TUKS-TS	43.80
147	Fitzjohn, Benjamin	12	TUKS-TS	43.96
148	Masanganise, Edward	13	BASA	44.00
149	Lin, Yuchen	10	NSFED	44.09
150	North, Jayce J	11	WATR-JH	44.09
151	De Angelis, Luca C	12	VASA-EK	44.55
152	Kelsey, Jayden	11	ACAQ-CC	44.58
153	Yaldwyn, Liam	12	SASE-JH	44.88
154	van der Merwe, Liam	11	ESP-EK	44.95
155	Koekemoer, Ryan J	11	DRGN-JH	45.01
156	Vd Berg, Wihan	12	TKS-WB	45.14
157	Huang, Guoxuan	10	NSFED	45.20
158	Alley, Luke	12	ELEC-TS	45.27
159	Loubser, Dreyer D	11	CSC-TS	45.32
160	Jv Rensburg, Ben B	12	TUKS-TS	45.35
161	Adams, Avery	10	PAC-TS	45.54
162	Markgraaff, Dean R	11	TUKS-TS	45.65
163	Snyman, Kaiden	12	SGUL-ET	45.89
164	Whitaker, Jake R	11	SS-MP	46.05
165	Ostoja, Frano M	13	CA-EK	46.08
166	Nemvumoni, Ntsako C	12	WATR-JH	46.16
167	Roos, Callum D	11	TRAZ-TS	46.19

168	Pretorius, Luke	11	SOUL-EK	46.44
169	Sieberhagen, Dewet M	11	AWIN-TS	46.60
170	Mayabane, Fezubunyne	11	ESA	46.70
171	Otto, Llewellyn	11	CSC-TS	47.23
172	Xavier, Travis	11	ELEC-TS	47.23
173	Plint, Matthew J	13	MAKO-EK	47.73
174	Graaff, Juanlu C	11	COMS-TS	47.77
175	Shoko, Mukundi	12	HRE	48.10
176	De Milander, Zian	12	JAQ-EK	48.22
177	Venter, Jean	12	PAC-TS	48.23
178	Gabriels, James N	12	WATR-JH	48.44
179	Jacobs, MACHARIA D	12	RFA-TS	48.45
180	Van der Merwe, Aiden	11	EXP-TS	48.86
181	Roux, Keanu	11	NSFED	49.03
182	Moodley, Kellan D	11	AAS-JH	49.03
183	Swartz, Mauritz M	9	SGUL-ET	49.06
184	Banks, Tristan D	11	AAS-JH	49.19
185	Jacobs, Willem	12	NWUC-KK	49.25
186	Plint, Connor J	13	MAKO-EK	49.49
187	Klukowski, Joshua R	12	NSFED	49.81
188	Rautenbach, Syrian B	11	UNI-U-EZ	50.08
189	Du Plessis, Lihan	11	HARB-BP	50.10
190	Mattheus, Carter	11	PER-JH	50.34
191	Keun, Rietief	10	HARB-BP	51.09

#306 Women 16 & Under 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Borges, Anabella M	15	AA-JH	36.99
2	Prinsloo, Micke	16	TKS-WB	37.84
3	Harris, Surayia	14	CRSC-JH	38.08
4	Martins, Keira	16	H2O-EK	38.17
5	Wilson, Keira	14	ELEC-TS	38.19
6	Nolan, Emma M	15	MDOL-JH	38.32
7	Palmer, Keira L	15	CRSC-JH	38.54
8	Cockeran, Marguerite L	15	DRGN-JH	38.59
9	Coetzee, Carli	15	QUES-JH	38.61
10	Labuschagne, Layla	14	PAC-TS	38.72
11	Stoltz, Makayla E	12	PER-JH	38.83
12	Carver, Nicola S	16	ELEC-TS	38.83
13	Kruger, Katelyn	15	MDOL-JH	39.02
14	Van Veelen, Miane A	15	TASC-MP	39.13
15	Schutze-Langston, Paige I	13	MDOL-JH	39.14
16	Johst, Mikaela	15	ELEC-TS	39.17
17	Nolan, Kathryn A	13	MDOL-JH	39.18
18	de Sa, Tegan S	15	PAC-TS	39.20
19	McNamara, Scarlett	14	NSFED	39.29
20	Massingue, Estela B	14	CDTM	39.38
21	Shoniwa, Renee R	14	MDOL-JH	39.48
22	Liebenberg, Leandi	12	SS-MP	39.49
23	Ferreira, Milan	16	TASC-MP	39.49
24	Goodchild, Abigail	14	TUKS-TS	39.50
25	Mtetwa, Zama U	14	PAC-TS	39.52
26	Lamprecht, Macayla A	15	CA-EK	39.59
27	Bulhakova, Victoria	15	SWIFT-EK	39.66
28	Smit, Leila	16	TUKS-TS	39.85
29	Oosthuizen, Mieke	13	HPS-TS	39.85
30	Gallant Da Silva, Emma L	15	MDOL-JH	39.91
31	Ward, Anelle	14	TUKS-TS	39.94
32	Zamisa, Lumka K	13	HREF-BP	39.96
33	Vreenegoor, Isabella	13	CRSC-JH	39.97
34	Barreiros, Maria A	15	ELEC-TS	40.04
35	Oosthuizen, Mia	11	PAC-TS	40.10
36	Bosch, Una	15	PAC-TS	40.10
37	Smith, Madison M	16	CA-EK	40.15
38	Morel, Mattae F	13	CA-EK	40.19
39	Knight, Isabella M	12	WATR-JH	40.28
40	Mnangagwa, Bethany	12	HRE	40.31

41	De Souza, Peta	11	EXP-TS	40.36
42	Matthasen, Caitlin	14	RFA-TS	40.46
43	Nel, Kari	11	TUKS-TS	40.61
44	Xaba, Kapitolina O	15	SASE-JH	40.62
45	Phillips, Daniella L	11	DORE-JH	40.69
46	Labuscagne, Phelan	11	CRSC-JH	40.69
47	Engelbrecht, Alexi	14	PAC-TS	40.74
48	Kleb, Daniela	14	ELEC-TS	40.92
49	Harris, Madison	13	SOUL-EK	40.98
50	Boardman, Leah C	15	CA-EK	41.08
51	Stedall, Gia	13	PAC-TS	41.22
52	Shaetonhodi, Larissa	12	NSFED	41.23
53	McDowell, Caitlin L	13	ESP-EK	41.36
54	Du Plessis, Dominique	11	TRAZ-TS	41.38
55	Syrett, Sienna	13	QUES-JH	41.38
56	Vuyeqaba, Unathi T	13	TUKS-TS	41.40
57	Kulynych, Abbigail	16	CA-EK	41.53
58	Dornon, Elizabeth E	12	VASA-EK	41.54
59	Costa, Charlotte S	14	MDOL-JH	41.65
60	Oswald, Bella D	14	CRSC-JH	41.65
61	Rall, Gabriella	11	FAC-EK	41.65
62	Goosen, Rachele	14	UNI-U-EZ	41.71
63	Bruyns, Isabella M	16	MDOL-JH	41.78
64	Kasireddy, Swapnika	14	SASE-JH	41.79
65	Janse van Rensburg, Zand	12	NWUC-KK	41.87
66	Sibanda, Monalisa	11	BASA	41.91
67	Smit, Anzel	12	EXP-TS	41.94
68	Janse van Rensburg, Noa-	11	TCA-EK	42.01
69	Cronje, Jaimee E	14	COMS-TS	42.15
70	Prinsloo, Miané	12	ACAQ-CC	42.22
71	Desilla, Elizabeth M	14	SASE-JH	42.38
72	Sam, Rebecca S	12	HPS-TS	42.44
73	Van Heerden, Mikaela	13	TUKS-TS	42.49
74	Dandoulakis, Alexi	12	CA-EK	42.50
75	Swart, Milla	12	OLDE-JH	42.58
76	Van Breda, Paige	11	TCA-EK	42.61
77	Louw, Cara	14	RBOT-BP	42.76
78	Smit, Avah	11	TKS-WB	43.14
79	Timveos, Antonia	12	BASA	43.17
80	Masemola, Lethabo B	16	ELEC-TS	43.22
81	Mpuchane, Laya S	12	DMSS	43.28
82	Rautenbach, Chloe M	13	UNI-U-EZ	43.38
83	Miamba, Kianga T	13	CDTM	43.41
84	Moabelo, Fatso J	12	BAS-EK	43.53
85	Matthysen, Jessica	15	CSA-EZ	43.56
86	Piater, Amelie	11	ELRAS-WB	43.75
87	Wakonyo, Talia W	11	SHAQC-ZZ	43.77
88	Watson, Sharni-Marie	16	HPS-TS	43.78
89	Bhabha, Aisha	13	MDOL-JH	43.90
90	Thomba, Lame	11	DMSS	43.94
91	Myburgh, Lienke	11	CSA-EZ	44.00
92	Adelaine, Kenzie	11	AA-JH	44.04
93	Cheshire, Kate E	13	MDOL-JH	44.05
94	De Bruin, Charné	12	TUKS-TS	44.10
95	Maja, Kat M	14	TRAZ-TS	44.14
96	Gewer, Amber	11	MDOL-JH	44.31
97	Shelton, Kyleigh A	12	ESTR-EK	44.34
98	Fine, Paisley-Gray	11	MDOL-JH	44.42
99	Lloyd-Swanepoel, Ella	14	MAKO-EK	44.56
100	Kirstein, Mine'	11	PAC-TS	44.61
101	De Oliveira, Kyra J	12	WATR-JH	44.79
102	Scheepers, Tayla	13	RFA-TS	44.82
103	Zoutendyk, Simi	12	RBOT-BP	44.86
104	Caldeira, Jessica S	12	MDOL-JH	45.03
105	Scheepers, Janneke	15	SGUL-ET	45.05
106	Chauke, Rhandzu X	13	DORE-JH	45.09
107	Steinbach, Mieke	12	NWUC-KK	45.10

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#306 ... (Women 16 & Under 50 LC Meter Breaststroke)				#307 Men 99 & Under 50 LC Meter Breaststroke Multi-Class				#308 Women 99 & Under 50 LC Meter Breaststroke Multi-Class				#309 Men 16 & Under 100 LC Meter Backstroke			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
108 Stoffberg, Alexis	12	NSFED	45.13	17 Peer, Amr	16	BAS-EK	1:09.80	1 van der Linden, Namasika	18	NSFED	58.18	1 Els, Aiden	15	CSA-EZ	1:05.01
109 Van Breda, Isabella	12	NWUC-KK	45.23	18 Struwig, Sebastiaan	15	TUKS-TS	1:10.52	2 Buda, Nokubonga G	13	ESP-EK	1:00.37	2 Bourbon, Noah	16	TUKS-TS	1:05.80
110 Chirairo, Danaishie	11	HWUC	45.25	19 Lombard, Adriaan	16	TUKS-TS	1:10.67					3 Breetzke, Luke B	15	SS-MP	1:07.15
111 Adelaine, Jorja	12	AA-JH	45.33	20 Vermeulen, Joshua	14	MAKO-EK	1:10.95					4 Bloem, Reinhardt	15	TUKS-TS	1:07.30
112 Machill, Cayleigh J	13	BARA-EK	45.52	21 Nel, Christiaan	15	POTC-KK	1:11.30					5 Menete Junior, Lazaro H	16	CDTM	1:07.65
113 Markgraaff, Kelsey	11	TUKS-TS	45.63	22 Hinchcliffe, Drew B	15	RIVO-JH	1:11.40					6 Potgieter, Brendan	16	TUKS-TS	1:07.68
114 Engelbrecht, Livi	12	PAC-TS	45.65	23 Allen, Zander K	15	BAS-EK	1:11.41					7 De Jager, Ruben	16	DMSS	1:07.94
115 Oswald, Psalm M	11	ESP-EK	45.77	24 van Niekerk, Jacques	14	PAC-TS	1:11.60					8 Venter, Jayden	16	BEARS-TS	1:08.27
116 Munyoro, Melanie M	14	WATR-JH	45.86	25 Wood, Callum R	14	WATR-JH	1:11.67					9 Botha, Trevor J	16	SWIFT-EK	1:08.39
117 Tonkinson, Mia	11	SOUL-EK	46.02	26 Garrett, Blake	14	TRAZ-TS	1:11.92					10 Buys, Stiaan	15	TUKS-TS	1:08.74
118 Burger, Marguerite	11	SWAR-WC	46.18	27 Smit, Christiaan	14	TUKS-TS	1:11.95					11 Chilisa, Jerone T	15	TUKS-TS	1:08.81
119 Myeni, Ivile	11	ESA	46.33	28 Rolfe, Taylor K	15	WATR-JH	1:12.10					12 Lategan, Nicky N	16	SWAR-WC	1:08.94
120 Madondo, Sabrina M	11	AAS-JH	46.38	29 Heitmuller, Quade	13	TRAZ-TS	1:12.58					13 Delpport, Jayden S	16	PGAC-EK	1:09.27
121 Short, Kyla J	12	MDOL-JH	46.41	30 Nthomiwa, Wapego	15	PRSC	1:12.60					14 Clarke, Jonathan W	16	SOUL-EK	1:09.43
122 Sohoni, Aahana	12	PSC	46.45	31 Otto, Amir	14	ELEC-TS	1:12.81					15 Nel, Jano P	16	MAKO-EK	1:09.48
123 Makhatho, Tiisetso	12	ESP-EK	46.45	32 Beling, Justin B	15	CA-EK	1:12.90					16 De Sousa, Nicholas J	15	MDOL-JH	1:09.70
124 Dewey, Harper S	11	PER-JH	46.50	33 Bezuidenhout, Joha J	15	CSC-TS	1:12.94								
125 Cox, Emma A	10	TUKS-TS	46.70	34 Bosman, Daniel	15	UNIUEZ	1:12.95								
126 Venter, Bella	12	VRC-TS	46.77	35 Jansen van Vuuren, Conra	15	MAKO-EK	1:12.99								
127 Botes, Taylor-Rose	12	CA-EK	46.97	36 Arvind, Milan D	15	CDTM	1:13.13								
128 Nemakanga, Thendo	11	AAS-JH	47.06	37 Mayhew, Franko	14	PAC-TS	1:13.17								
129 Majoni, Joana	11	BASA	47.33	38 Ferreira, Reid A	14	SOUL-EK	1:13.18								
130 Nel, Mila M	12	TUKS-TS	47.35	39 Chivandire, Adriel N	13	WATR-JH	1:13.28								
131 Erni, Nele M	9	NSFED	47.36	40 Vosloo, Matthys	14	DDA-TS	1:13.32								
132 Liedeman, Hayley	12	SWAR-WC	47.39	41 Van Der Nest, Milan O	15	UNIUEZ	1:13.35								
133 Raphadu, Kgothatso	11	TUKS-TS	47.69	42 Smith, Isaiah S	14	MDOL-JH	1:13.37								
134 Coetzee, Veronique	11	JAQ-EK	48.14	43 Morris, Jaydon	14	CA-EK	1:13.47								
135 Kenosi, Zhaoying	11	DMSS	48.85	44 Neilson, Evan J	16	QUES-JH	1:13.57								
136 Losper, Aaliyah J	12	NSFED	49.00	45 Booysen, James C	14	RFA-TS	1:13.65								
137 Dippenaar, Katja R	13	NSFED	49.59	46 Raymond, Mmoloki J	13	DMSS	1:13.74								
138 Roets, Emma	12	TUKS-TS	49.93	47 Holland-Muter, Jesse	16	SWAR-WC	1:13.76								
139 Williams, Liya	11	NSFED	50.18	48 Opper, Luke	13	TUKS-TS	1:13.78								
140 Trollip, Devhyn G	11	UNIUEZ	50.26	49 Archer, Paul P	14	NSFED	1:13.82								
141 Cronje, Kayline	11	JAQ-EK	50.28	50 Wood, Xavier M	14	AA-JH	1:14.11								
142 Husselmann, Sophia	10	NSFED	52.58	51 Gaudie, Travis R	15	RFA-TS	1:14.16								
143 Noble, Holly	11	ESP-EK	53.67	52 Walters, Luke	15	VASA-EK	1:14.22								
				53 Eldar, Eitan	14	TUKS-TS	1:14.33								
				54 Swartz, Samuel	15	NSFED	1:14.40								
				55 Kruger, Benje J	15	RFA-TS	1:14.40								
				56 Baker, Benjamin	16	CA-EK	1:14.41								
				57 Kasselmann, Juan	14	RBOT-BP	1:14.45								
				58 Letsoalo, Tetelo C	14	BAS-EK	1:14.66								
				59 Van der Walt, Hein	14	DDA-TS	1:14.73								
				60 O'Connor, Tristan P	15	AA-JH	1:14.84								
				61 Bostwick, Gavin S	14	TUKS-TS	1:14.84								
				62 Mokoena, Bokamoso	14	FAC-EK	1:15.03								
				63 Malan, Philip P	14	TUKS-TS	1:15.22								
				64 Milder, Eli-Ray	13	MDOL-JH	1:15.33								
				65 Kyster, Daylen R	13	MAKO-EK	1:15.41								
				66 Potgieter, Josea P	13	ESA	1:15.42								
				67 Nel, Zian	14	RBOT-BP	1:15.61								
				68 McEwan, Nathan	13	AA-JH	1:15.94								
				69 Makurube, Bohlale	15	MATL-KK	1:16.10								
				70 Tesfay, Abi A	16	DDA-TS	1:16.15								
				71 Thirion, Zandro	11	NSFED	1:16.39								
				72 Muller, Blake M	15	DRGN-JH	1:16.48								
				73 Douglas, William M	14	CA-EK	1:16.53								
				74 Von Bormann, Peter T	13	ELEC-TS	1:16.53								
				75 Van den Bergh, Neil E	16	RBUR-BP	1:16.54								
				76 Le Roux, Juan	14	AWIN-TS	1:16.54								
				77 Carpinteiro, Diego	13	CA-EK	1:16.58								
				78 Van Buren, Kian S	14	RIVO-JH	1:16.62								
				79 Kneubuhler, Luca J	13	AA-JH	1:16.66								
				80 Heide, Damon	13	H2O-EK	1:16.84								
				81 Ngomez, Tumi K	13	BAS-EK	1:17.00								
				82 Tomlinson, Andrew J	14	HPS-TS	1:17.22								
				83 Van Schalkwyk, Joshua J	12	TUKS-TS	1:17.96								
				84 Oosthuizen, Nathan	14	PGAC-EK	1:18.05								
				85 Cokayne, Gabriel J	13	CRSC-JH	1:18.06								
				86 Masanganise, Edward	13	BASA	1:18.09								
				87 Plint, Connor J	13	MAKO-EK	1:18.10								
				88 Symms, Richard J	13	DORE-JH	1:18.16								
				89 Papadopoulos, Ilia N	14	UNIUEZ	1:18.25								
				90 Ndjeke, Peter T	16	NSFED	1:18.46								
				91 Pretorius, Declan	13	TUKS-TS	1:18.47								
				92 Ripley, Jordan	13	BAS-EK	1:18.53								
				93 Hooghiemstra, Jacques	12	POTC-KK	1:18.99								
				94 Wilkins, Max C	14	HPS-TS	1:19.22								
				95 van der Walt, Conrad	14	MDOL-JH	1:19.24								
				96 Plint, Matthew J	13	MAKO-EK	1:19.27								
				97 Banks, Tristan D	11	AAS-JH	1:19.33								
				98 Close, Thomas V	13	DORE-JH	1:19.37								
				99 Bayne, William T	14	DORE-JH	1:19.84								
				100 Vermeulen, Ben J	12	EXP-TS	1:19.88								
				101 Prinsloo, James P	11	TUKS-TS	1:20.07								
				102 Taljaard, Adriaan	13	HARB-BP	1:20.09								
				103 Teich, Shaun	13	TKS-WB	1:20.12								
				104 Quagraine, Ekow A	12	CA-EK	1:20.12								
				105 Mushonga, Christian I	13	RIVO-JH	1:20.15								
				106 Huang, Guoxuan	10	NSFED	1:20.30								
				107 Masiu, Tiisetso K	11	CA-EK	1:20.31								
				108 Swartz, Caleb	12	NSFED	1:20.40								
				109 Swartz, Brendan	13	CA-EK	1:20.62								
				110 Vd Berg, Wihan	12	TKS-WB	1:20.76								
				111 Felton, Connor M	14	WATR-JH	1:20.91								
				112 Manowe, Leano-Laone	11	DMSS	1:21.36								
				113 Britz, Jonathan O	12	MAKO-EK	1:21.39								
				114 Wilkins, Brody B	12	RACE-JH	1:21.53								
				115 Zondo, Nkosana K	11	CA-EK	1:21.55								
				116 Schalekamp, Anru	13	TASC-MP	1:21.81								
				117 Roodt, Adam A	12	TUKS-TS	1:21.94								
				118 Klukowski, Joshua R	12	NSFED	1:22.05								
				119 Pieters, Cayden R	11	SWAR-WC	1:22.08								
				120 Glorioso, Zayne	13	CSA-EZ	1:22.10								
				121 Markgraaff, Dean R	11	TUKS-TS	1:22.21								
				122 Vorster, Weirich	13	SS-MP	1:22.23								
				123 Lategan, Wessel W	13	SWAR-WC	1:22.26								
				124 Felton, Adam M	11	WATR-JH									

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#309 ... (Men 16 & Under 100 LC Meter Backstroke)

151	Gabriels, James N	12	WATR-JH	1:26.00
152	Du Toit, Gideon	11	TUKS-TS	1:26.46
153	Buys, Ruhan	13	TUKS-TS	1:26.68
154	Hood, Kaylin C	12	MAKO-EK	1:26.72
155	Koller, Zac O	12	SASE-JH	1:26.75
156	Steenkamp, MJ J	13	WATR-JH	1:26.90
157	Balzer, Klaus	12	HRE	1:26.95
158	James, Deante	13	WATR-JH	1:27.02
159	Barbosa, Tsailin	12	ESA	1:27.03
160	Moodley, Kellan D	11	AAS-JH	1:27.20
161	Briscoe, Ayden L	12	OLDE-JH	1:27.35
162	Whitaker, Jake R	11	SS-MP	1:27.41
163	Jackson, JC	11	CA-EK	1:27.73
164	Kruger, Blake R	12	SWAR-WC	1:28.08
165	Jv Rensburg, Ben B	12	TUKS-TS	1:28.40
166	Du Plessis, Lihan	11	HARB-BP	1:28.46
167	Snyman, Kaiden	12	SGUL-ET	1:28.65
168	Joubert, Chris H	11	DDA-TS	1:28.77
169	De Milander, Zian	12	JAQ-EK	1:28.93
170	Evans, Daniel-Louis	12	HREF-BP	1:29.05
171	Brink, Herman J	11	TUKS-TS	1:29.11
172	Keun, Retief	10	HARB-BP	1:29.23
173	Rijnen, Owen	11	NSFED	1:29.37
174	Ritchie, Janko	11	TUKS-TS	1:29.54
175	Minnie, Milano F	11	PGAC-EK	1:29.65
176	Petersen, Eli	11	BASA	1:29.97
177	Roux, Keanu	11	NSFED	1:30.45
178	Madonko, Jamela	11	BASA	1:30.94
179	Shoko, Mukundi	12	HRE	1:31.04
180	Groenewald, Liam D	11	RFA-TS	1:31.52
181	Dippenaar Safi, Ethan C	12	BARA-EK	1:31.55
182	Dreyer, Lauritz	11	TUKS-TS	1:31.59
183	Chanakira, Blessmore	13	HRE	1:31.89
184	Swartz, Mauritz M	9	SGUL-ET	1:33.34
185	North, Jayce J	11	WATR-JH	1:33.48
186	Cloete, Matthew H	11	HPS-TS	1:36.46
187	van der Merwe, Liam	11	ESP-EK	1:37.38
188	Adams, Avery	10	PAC-TS	1:40.17
189	Brons, Tristan	11	SOUL-EK	1:42.47

#310 Women 16 & Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	vd Spuy, Lyla J	16	TUKS-TS	1:10.97
2	Doolan, Addison J	16	WATR-JH	1:12.85
3	Ferreira, Milan	16	TASC-MP	1:12.87
4	Knight, Caitlin A	15	WATR-JH	1:12.88
5	Bruyns, Isabella M	16	MDOL-JH	1:13.20
6	Billett, Kristen	15	ELEC-TS	1:13.23
7	Govind, Nikita	15	TRAZ-TS	1:13.62
8	de Witt, Gite M	15	POTC-KK	1:14.35
9	de Jager, Leah	14	CRSC-JH	1:14.38
10	Lloyd-Swanepoel, Ella	14	MAKO-EK	1:14.81
11	Alala, Marion J	15	TUKS-TS	1:15.11
12	Mayhew, Megan A	15	WATR-JH	1:15.21
13	Bouwer, Larissa	16	DORE-JH	1:15.39
14	Roos, Kristen P	14	TRAZ-TS	1:15.48
15	Nolan, Emma M	15	MDOL-JH	1:15.53
16	Oliphant, Chloe B	14	PAC-TS	1:15.61
17	Upton, Odette	16	TKS-WB	1:15.73
18	Mans, Kristen	15	TUKS-TS	1:16.20
19	Mtetwa, Zama U	14	PAC-TS	1:16.29
20	Vd Walt, Inge	16	DDA-TS	1:16.38
21	Engelbrecht, Dedre	15	RBOT-BP	1:16.41
22	Jv Rensburg, Anchen	15	TUKS-TS	1:16.46
23	Oosthuizen, Amore	15	CSA-EZ	1:16.61

24	Vd Schyff, Talitha	15	ACAQ-CC	1:16.69
25	Mostert, Abby J	13	AWIN-TS	1:16.70
26	Kruger, Katelyn	15	MDOL-JH	1:16.87
27	Bezuidenhout, Martinet	14	TUKS-TS	1:16.94
28	Weber, Abigail M	14	DRGN-JH	1:17.20
29	Schutze-Langston, Paige I	13	MDOL-JH	1:17.23
30	Ngwenya, Rachel	13	BASA	1:17.37
31	Els, Megan A	14	BAS-EK	1:17.43
32	Parker, Cala	13	DMSS	1:17.47
33	Jansen, Megan M	16	UNI-U-EZ	1:17.65
34	Caldeira, Jessica S	12	MDOL-JH	1:17.65
35	Engelbrecht, Alexi	14	PAC-TS	1:17.67
36	Wright, Hannah C	14	CA-EK	1:17.72
37	Botha, Annebelle	12	PER-JH	1:17.94
38	Kavanagh, Trinity	14	TCA-EK	1:18.06
39	Cheshire, Kate E	13	MDOL-JH	1:18.21
40	Watson, Emily R	15	ELEC-TS	1:18.22
41	Nolan, Kathryn A	13	MDOL-JH	1:18.29
42	Van Rooyen, Zanie Z	14	RFA-TS	1:18.34
43	Gotthardt, Emma	14	ELEC-TS	1:18.43
44	Zamisa, Lumka K	13	HREF-BP	1:18.58
45	Huang, Elin	15	PAC-TS	1:18.76
46	Lamprecht, Anika	14	VRC-TS	1:18.80
47	Da Silva, Abigail Z	14	TUKS-TS	1:18.87
48	September, Isabella J	15	TUKS-TS	1:18.92
49	Pienaar, Mia	14	CA-EK	1:19.06
50	Schoeman, Shelby L	13	CA-EK	1:19.06
51	Munyoro, Melanie M	14	WATR-JH	1:19.07
52	Matthasen, Caitlin	14	RFA-TS	1:19.11
53	Smit, Leila	16	TUKS-TS	1:19.25
54	Van den Berg, Therese	15	CRSC-JH	1:19.39
55	Losper, Aaliyah J	12	NSFED	1:19.57
56	Scheepers, Tayla	13	RFA-TS	1:19.60
57	Erasmus, Amelie	14	SOUL-EK	1:19.84
58	Barnard, Lyla	14	RFA-TS	1:19.85
59	Nel, Mila M	12	TUKS-TS	1:19.87
60	Masemola, Lethabo B	16	ELEC-TS	1:19.98
61	Dayaram, Sahana	16	DORE-JH	1:20.14
62	Wood, Jessica	14	CA-EK	1:20.29
63	Chauke, Rhandzu X	13	DORE-JH	1:20.32
64	Alton, Madison R	14	RFA-TS	1:20.36
65	De Lange, Roxy	14	PAC-TS	1:20.43
66	Chiang, Sophie	12	WATR-JH	1:20.46
67	Watson, Sharni-Marie	16	HPS-TS	1:20.48
68	Venter, Lizelle	15	TUKS-TS	1:20.72
69	de Sa, Tegan S	15	PAC-TS	1:20.77
70	Thomba, Lame	11	DMSS	1:20.80
71	Louw, Cara	14	RBOT-BP	1:20.80
72	Nieuwoudt, Jenna M	13	SWAR-WC	1:20.86
73	Wilson, Keira	14	ELEC-TS	1:21.22
74	Scheepers, Janneke	15	SGUL-ET	1:21.28
75	Biggs, Courtney C	14	SASE-JH	1:21.31
76	Evans, Lillie P	15	RACE-JH	1:21.32
77	Claassen, Emma-lee	11	TKS-WB	1:21.33
78	Marais, Marijn M	14	TUKS-TS	1:21.33
79	Stoffberg, Alexis	12	NSFED	1:21.85
80	Mann, Sarah	11	CA-EK	1:21.94
81	Bulhakova, Victoria	15	SWIFT-EK	1:21.98
82	Kalpage, Kiana T	14	VASA-EK	1:22.01
83	Maja, Kat M	14	TRAZ-TS	1:22.74
84	De Beer, Zenéy	12	CSA-EZ	1:22.75
85	Sanders, Riley M	12	HPS-TS	1:22.76
86	Spence, Amber G	12	ELEC-TS	1:22.79
87	Short, Kyla J	12	MDOL-JH	1:23.08
88	Janse van Rensburg, Noa-	11	TCA-EK	1:23.40
89	Bac, Arianne	11	TUKS-TS	1:23.45
90	Piater, Amelie	11	ELRAS-WB	1:23.47
91	Gallant Da Silva, Emma L	15	MDOL-JH	1:23.60
92	Devaprakash, Diya S	12	DMSS	1:23.76
93	Kotzé, Lisa	11	POTC-KK	1:23.77
94	Spies, Lianka	12	HARB-BP	1:23.78
95	Jackson, Victoria J	14	SOUL-EK	1:23.84
96	Matthysen, Jessica	15	CSA-EZ	1:23.90
97	Stoltz, Makayla E	12	PER-JH	1:24.05
98	Wood, Amy-Lee	12	CA-EK	1:24.32
99	Spencer, Mackenzie A	11	TRAZ-TS	1:24.40
100	Stoop, Carli	12	TUKS-TS	1:24.45
101	Maseru, Hope	14	DMSS	1:24.62
102	Oliphant, Paige A	12	PAC-TS	1:24.67
103	Ferreira, Mika	11	TUKS-TS	1:24.83
104	Van Der Merwe, Paiton R	13	CA-EK	1:24.85
105	Qiu, Muyan	10	HRE	1:24.89
106	Roets, Emma	12	TUKS-TS	1:24.94
107	Sun, Berre	11	MDOL-JH	1:25.40
108	Whyte, Ava	10	HRE	1:25.46
109	Timveos, Antonia	12	BASA	1:25.53
110	Palmer, Keira L	15	CRSC-JH	1:25.63
111	Swartz, Chrisna	11	TUKS-TS	1:25.64
112	Alala, Melissa M	11	SHAQC-ZZ	1:25.69
113	Makwakwa, Riley	9	TUKS-TS	1:25.72
114	Haasbroek, Mari	12	EXP-TS	1:25.74
115	Oosthuyzen, Emma	11	AA-JH	1:25.79
116	Ndlovu, Marang L	12	MDOL-JH	1:26.00
117	Geldenhuis, Mila	12	ACAQ-CC	1:26.01
118	Vermaak, Marizelle	13	HREF-BP	1:26.05
119	Burstein, Morgan R	12	TUKS-TS	1:26.23
120	Dippenaar, Katja R	13	NSFED	1:26.29
121	Erni, Nele M	9	NSFED	1:26.36
122	Prinsloo, Miané	12	ACAQ-CC	1:26.38
123	Markgraaff, Kelsey	11	TUKS-TS	1:26.39
124	Majoni, Joana	11	BASA	1:26.41
125	Coetzee, Veronique	11	JAQ-EK	1:26.44
126	Knudsen, Harley	12	PGAC-EK	1:26.49
127	Komani, Zara	12	WATR-JH	1:26.65
128	McDowell, Caitlin L	13	ESP-EK	1:26.77
129	Gewer, Amber	11	MDOL-JH	1:26.87
130	Lingerfelder, Elle A	11	AA-JH	1:26.99
131	Machill, Cayleigh J	13	BARA-EK	1:27.46
132	Williams, Liya	11	NSFED	1:27.54
133	Ackerman, Emily K	14	QUES-JH	1:27.61
134	Smit, Avah	11	TKS-WB	1:27.65
135	Phillips, Daniella L	11	DORE-JH	1:27.67
136	Liedeman, Hayley	12	SWAR-WC	1:27.94
137	Nemakanga, Thendo	11	AAS-JH	1:28.03
138	Goosen, Ashleigh	11	UNI-U-EZ	1:28.16
139	Labuschagne, Layla	14	PAC-TS	1:28.48
140	Du Preez, Elizabeth	13	TUKS-TS	1:28.51
141	Scott, Gabriella	12	TUKS-TS	1:28.71
142	Odendaal, Nieke	11	BEARS-TS	1:28.72
143	Van Veelen, Miane A	15	TASC-MP	1:28.78
144	Bhabha, Aisha	13	MDOL-JH	1:29.36
145	Adelaine, Jorja	12	AA-JH	1:29.44
146	Bruwer, Leané	11	SWAR-WC	1:29.54
147	Noble, Holly	11	ESP-EK	1:29.65
148	Jack, Kayden E	12	PER-JH	1:29.74
149	Moabelo, Fatso J	12	BAS-EK	1:29.85
150	Kenosi, Zhaoying	11	DMSS	1:30.07
151	Coetzee, Carli	15	QUES-JH	1:30.31
152	Dornon, Elizabeth E	12	VASA-EK	1:30.37
153	Syrett, Sienna	13	QUES-JH	1:30.87
154	Heyns, Lua	12	DDA-TS	1:31.24
155	Labuschagne, Phelan	11	CRSC-JH	1:31.28
156	Raphadu, Kgothatso	11	TUKS-TS	1:31.34
157	Tschofen, Arabella S	11	AA-JH	1:31.75

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#310 ... (Women 16 & Under 100 LC Meter Backstroke)	38	Lepron, Yann	16	SASE-JH	2:40.05	105	James, Deante	13	WATR-JH	2:57.47			
158 Shelton, Kyleigh A	12	ESTR-EK	1:31.77	39	Basto, Goncalo M	13	CDTM	2:40.46	106	Frewen, Aaron D	12	RIVO-JH	2:57.69
159 Husselmann, Sophia	10	NSFED	1:31.78	40	Schoeman, Sabby A	15	PAC-TS	2:40.47	107	Thirion, Zandro	11	NSFED	2:58.02
160 Madondo, Sabrina M	11	AAS-JH	1:32.47	41	Khosa, Yanni B	16	CDTM	2:40.88	108	Hooghiemstra, Jacques	12	POTC-KK	2:58.39
161 Makhatho, Tiisetso	12	ESP-EK	1:32.67	42	Jansen van Vuuren, Conra	15	MAKO-EK	2:41.33	109	Britz, Jonathan O	12	MAKO-EK	2:58.46
162 Du Plessis, Dominique	11	TRAZ-TS	1:32.71	43	Nel, Zian	14	RBOT-BP	2:41.96	110	Masiu, Tiisetso K	11	CA-EK	2:58.47
163 Viviers, Alana	11	LINR-JH	1:33.09	44	Heyneke, Stephan S	15	TUKS-TS	2:42.01	111	Koller, Zac O	12	SASE-JH	2:58.98
164 Cronje, Kayline	11	JAQ-EK	1:33.19	45	Mülder, Eli-Ray	13	MDOL-JH	2:42.12	112	Plint, Matthew J	13	MAKO-EK	2:59.01
165 Shaetonhodi, Larissa	12	NSFED	1:34.22	46	Vermeulen, Joshua	14	MAKO-EK	2:42.36	113	Mokoena, Bokamoso	14	FAC-EK	2:59.03
166 Barnard, Jane	10	CSA-EZ	1:34.66	47	van der Walt, Conrad	14	MDOL-JH	2:42.68	114	Hood, Kaylin C	12	MAKO-EK	2:59.23
167 Oswald, Psalm M	11	ESP-EK	1:34.74	48	Hu, Silas G	14	SWIMS-EK	2:42.73	115	Smith, Owen C	12	WATR-JH	2:59.52
168 De Oliveira, Kyra J	12	WATR-JH	1:34.80	49	Heide, Damon	13	H2O-EK	2:42.74	116	Siziba, Khanya	13	ESP-EK	2:59.57
169 Sibanda, Jaynell	11	BASA	1:36.76	50	Kyster, Daylen R	13	MAKO-EK	2:42.74	117	Balzer, Klaus	12	HRE	3:00.23
170 Trollip, Devhyn G	11	UNI-U-EZ	1:36.81	51	Archer, Paul P	14	NSFED	2:43.63	118	Lin, Yuchen	10	NSFED	3:01.19
171 Engelbrecht, Livi	12	PAC-TS	1:41.47	52	Greeve, Nicolas N	16	MATL-KK	2:43.69	119	Swartz, Caleb	12	NSFED	3:01.82
#311 Men 99 & Under 100 LC Meter Backstroke Multi-Clas	53	Breet, Donovan	14	RBOT-BP	2:44.01	120	Schroeder, Liam R	11	EXP-TS	3:01.89			
Name Age Team Seed Time	54	Govindasamy, Gerrard E	15	ELEC-TS	2:44.32	121	Close, Thomas V	13	DORE-JH	3:02.15			
1 Qamarana, Amkele V	22	MPAR-JH	1:19.91	55	Swartz, Samuel	15	NSFED	2:44.54	122	Yaldwyn, Liam	12	SASE-JH	3:02.28
2 Jordaan, Leonardo C	16	MPAR-JH	1:40.12	56	Marais, Mason P	14	SS-MP	2:44.76	123	Abhai, Sameer	14	BAS-EK	3:02.86
3 Cazzavillan, Lorenzo L	20	MDOL-JH	1:53.65	57	Solomons, Luke	16	QUES-JH	2:45.04	124	Gabriels, James N	12	WATR-JH	3:02.88
4 Sibanda, Blessing	18	MPAR-JH	1:54.06	58	Smith, Isaiah S	14	MDOL-JH	2:45.23	125	De Angelis, Luca C	12	VASA-EK	3:03.29
#312 Women 99 & Under 100 LC Meter Backstroke Multi-Clas	59	Otto, Luan	16	SWAR-WC	2:45.51	126	Modena, Eli L	11	TUKS-TS	3:03.41			
Name Age Team Seed Time	60	Kasselman, Juan	14	RBOT-BP	2:45.59	127	Olivier, Tiaan	13	TUKS-TS	3:03.94			
1 Buda, Nokubonga G	13	ESP-EK	1:57.39	61	Eldar, Eitan	14	TUKS-TS	2:45.92	128	Molefe, Khumo T	13	WATR-JH	3:04.32
2 van der Linden, Namasiki	18	NSFED	2:01.31	62	Felton, Connor M	14	WATR-JH	2:46.28	129	Luz, Levi S	12	SOUL-EK	3:04.37
#313 Men 16 & Under 200 LC Meter IM	63	Chetty, Viknesh	15	PER-JH	2:46.41	130	Evans, Daniel-Louis	12	HREF-BP	3:04.86			
Name Age Team Seed Time	64	O'Connor, Tristan P	15	AA-JH	2:46.43	131	Kyle, Ryan R	11	CRSC-JH	3:05.36			
1 Vd Walt, Christiaan	16	TUKS-TS	2:24.76	65	Makurube, Bohlale	15	MATL-KK	2:47.27	132	Clark, Logan	13	WATR-JH	3:05.62
2 Van Der Westhuizen, Janu	16	STSC-KC	2:26.06	66	Le Roux, Juan	14	AWIN-TS	2:47.81	133	Dippenaar Safi, Ethan C	12	BARA-EK	3:05.66
3 Muller, Blake M	15	DRGN-JH	2:29.77	67	Oosthuizen, Nathan	14	PGAC-EK	2:47.97	134	Van Der Merwe, Xander	11	HARB-BP	3:05.77
4 van der Westhuizen, Chri	15	NSFED	2:29.96	68	Fernandes, David D	13	CA-EK	2:48.00	135	Papazian, Alexander	12	SASE-JH	3:05.88
5 Van der Westhuizen, Jasp	15	CRSC-JH	2:30.24	69	Van Buren, Kian S	14	RIVO-JH	2:48.07	136	Letsoalo, Thabang M	11	BAS-EK	3:05.96
6 Botha, Trevor J	16	SWIFT-EK	2:31.32	70	Ndjeke, Peter T	16	NSFED	2:48.26	137	Lazaridis, Leo P	13	CA-EK	3:05.99
7 Pohl, MJ J	16	SS-MP	2:31.51	71	Montshiwa, Katlo L	14	DMSS	2:49.40	138	Nemvumoni, Ntsako C	12	WATR-JH	3:06.45
8 Potgieter, Brendan	16	TUKS-TS	2:31.84	72	De Amorim, Connor M	13	PER-JH	2:49.40	139	Maatouk, Jawad	11	SASE-JH	3:06.54
9 Lategan, Nicky N	16	SWAR-WC	2:31.96	73	Wilkins, Brody B	12	RACE-JH	2:49.84	140	Ashworth, Ryan R	12	MDOL-JH	3:07.10
10 Tredoux, Keegan C	15	NWUC-KK	2:31.99	74	Abrahams, Cayden	16	DRGN-JH	2:50.15	141	Xavier, Travis	11	ELEC-TS	3:07.40
11 Buys, Stiaan	15	TUKS-TS	2:31.99	75	Mmatli, Onthatile D	15	DRGN-JH	2:50.31	142	Venter, Xander	12	RIVO-JH	3:07.63
12 Natrass, Corin R	16	WATR-JH	2:32.19	76	Jahnel, Garrick M	13	SOUL-EK	2:50.44	143	Manowe, Leano-Laone	11	DMSS	3:08.51
13 Breet, Maynard C	16	CSA-EZ	2:32.72	77	Teich, Shaun	13	TKS-WB	2:51.14	144	Buys, Ruhan	13	TUKS-TS	3:08.71
14 Allen, Zander K	15	BAS-EK	2:33.14	78	Heitmuller, Quade	13	TRAZ-TS	2:51.39	145	Kopczynski, Vlad R	13	RFA-TS	3:08.94
15 Nthomiwa, Wapego	15	PRSC	2:33.48	79	Ip, Julian	15	WATR-JH	2:51.74	146	Wheeler, Jaxon	12	MDOL-JH	3:08.98
16 Struwig, Sebastiaan	15	TUKS-TS	2:33.93	80	Van der Walt, Hein	14	DDA-TS	2:52.55	147	Vd Berg, Wihan	12	TKS-WB	3:09.04
17 Maphologela, Thabang T	16	DRGN-JH	2:34.58	81	Taljaard, Adriaan	13	HARB-BP	2:52.87	148	Ellis, Joseph G	12	MDOL-JH	3:09.09
18 Esterhuizen, Aidan	16	CSA-EZ	2:35.48	82	Beling, Justin B	15	CA-EK	2:53.19	149	Du Toit, Gideon	11	TUKS-TS	3:09.11
19 De Villiers, Dawid	15	CSA-EZ	2:35.84	83	Kalvachev, Niki P	13	WATR-JH	2:53.24	150	Bowl, Dominic	12	HRE	3:09.14
20 Nel, Jano P	16	MAKO-EK	2:36.21	84	McEwan, Nathan	13	AA-JH	2:53.40	151	Roodt, Adam A	12	TUKS-TS	3:09.54
21 Sandilands, Matthew L	15	MDOL-JH	2:36.44	85	Bayne, William T	14	DORE-JH	2:53.61	152	Botha, Sebastian	11	AA-JH	3:09.74
22 Letsoalo, Tetelo C	14	BAS-EK	2:36.74	86	Prinsloo, James P	11	TUKS-TS	2:53.63	153	Klukowski, Joshua R	12	NSFED	3:10.44
23 Neilson, Evan J	16	QUES-JH	2:37.61	87	Van Wyngaard, Rigter Z	13	TUKS-TS	2:53.67	154	De Milander, Zian	12	JAQ-EK	3:10.69
24 Bloem, Reinhardt	15	TUKS-TS	2:37.70	88	Quagraine, Ekow A	12	CA-EK	2:53.69	155	Van Der Kooij, Kian D	13	DORE-JH	3:11.27
25 Chilisa, Jerone T	15	TUKS-TS	2:38.35	89	Zondo, Nkosana K	11	CA-EK	2:53.79	156	Petersen, Eli	11	BASA	3:12.07
26 Von Brandis, Carl C	15	MDOL-JH	2:38.37	90	Weber, Alexander R	14	DRGN-JH	2:54.57	157	Van der Merwe, Morne F	13	DDA-TS	3:12.13
27 De Sousa, Nicholas J	15	MDOL-JH	2:38.51	91	Potgieter, Ruan P	14	CRSC-JH	2:54.60	158	Swartz, Mauritz M	9	SGUL-ET	3:12.25
28 Cownie, Nicholas A	16	TUKS-TS	2:38.78	92	Badsha-Eybers, Riley M	12	CRSC-JH	2:55.06	159	Lee, Tristan	13	PGAC-EK	3:12.28
29 Gomes, Tiago J	16	TUKS-TS	2:38.82	93	Dukoff - Gordon, Kyle	13	CA-EK	2:55.12	160	Shoko, Mukundi	12	HRE	3:13.52
30 Delport, Jayden S	16	PGAC-EK	2:38.82	94	Chivandire, Adriel N	13	WATR-JH	2:55.80	161	Kelsey, Jayden	11	ACAQ-CC	3:14.11
31 Nel, Christiaan	15	POTC-KK	2:38.86	95	Glorioso, Zayne	13	CSA-EZ	2:55.82	162	van Zyl, Matheo	12	CA-EK	3:15.87
32 Arvind, Milan D	15	CDTM	2:38.88	96	Plint, Connor J	13	MAKO-EK	2:55.96	163	Vlok, Rijnhardt A	11	LINR-JH	3:15.90
33 Goondie, Asif	16	SUPE-JH	2:39.10	97	Pieters, Cayden R	11	SWAR-WC	2:56.38	164	Sieberhagen, Dewet M	11	AWIN-TS	3:15.97
34 Clancy, Cayden	15	DRGN-JH	2:39.19	98	Steenkamp, MJ J	13	WATR-JH	2:56.45	165	Liebenberg, Jacques P	11	SS-MP	3:16.51
35 Wood, Callum R	14	WATR-JH	2:39.65	99	Jacobs, Faez	15	TRAZ-TS	2:56.75	166	Coleman, Ian A	11	LINR-JH	3:17.26
36 Peer, Amr	16	BAS-EK	2:39.89	100	Felton, Adam M	11	WATR-JH	2:57.04	167	Ritchie, Janko	11	TUKS-TS	3:18.14
37 De Milander, Evan	15	JAQ-EK	2:39.95	101	Madonko, Jamela	11	BASA	2:57.22	168	Jacobs, MACHARIA D	12	RFA-TS	3:18.55
	102	Kendall, Thomas L	14	ESTR-EK	2:57.34	169	Human, Eben	12	BEARS-TS	3:18.62			
	103	Snyman, Kaiden	12	SGUL-ET	2:57.39	170	Kruger, Blake R	12	SWAR-WC	3:18.82			
	104	Huang, Guoxuan	10	NSFED	2:57.41	171	Stuart-Watson, John C	12	DORE-JH	3:19.35			

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Psych Sheet

#313 ... (Men 16 & Under 200 LC Meter IM)

172	Whitaker, Jake R	11	SS-MP	3:19.79
173	Minnie, Milano F	11	PGAC-EK	3:20.22
174	Roux, Keanu	11	NSFED	3:20.70
175	Dreyer, Lauritz	11	TUKS-TS	3:20.98
176	Köpplinger, Axel F	12	TUKS-TS	3:22.95
177	Pretorius, Luke	11	SOUL-EK	3:26.28
178	van der Merwe, Liam	11	ESP-EK	3:26.88
179	Musoni, Takundzwa	12	HRE	3:28.17
180	Chanakira, Blessmore	13	HRE	3:28.39
181	North, Jayce J	11	WATR-JH	3:28.90
182	Brons, Tristan	11	SOUL-EK	3:29.86
183	Keun, Retief	10	HARB-BP	3:30.82
184	Fitzjohn, Benjamin	12	TUKS-TS	3:30.82
185	Nunes, Joao	12	ESA	3:44.04
186	Du Plessis, Lihan	11	HARB-BP	3:45.25
187	Mattheus, Carter	11	PER-JH	4:13.77

#314 Women 16 & Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Upton, Odette	16	TKS-WB	2:41.76
2	Billett, Kristen	15	ELEC-TS	2:43.49
3	Doolan, Addison J	16	WATR-JH	2:44.78
4	Smith, Madison M	16	CA-EK	2:45.59
5	Alala, Marion J	15	TUKS-TS	2:46.38
6	Bezuidenhout, Martinet	14	TUKS-TS	2:46.64
7	Mashingaidze, Shalem	16	WATR-JH	2:46.84
8	Ferreira, Milan	16	TASC-MP	2:46.98
9	Bruyns, Isabella M	16	MDOL-JH	2:47.21
10	Borges, Anabella M	15	AA-JH	2:47.35
11	Nolan, Emma M	15	MDOL-JH	2:47.46
12	de Witt, Gite M	15	POTC-KK	2:48.23
13	Massingue, Estela B	14	CDTM	2:48.61
14	Nolan, Kathryn A	13	MDOL-JH	2:48.71
15	Morel, Mattae F	13	CA-EK	2:48.82
16	Korff, Rozaan	16	ACAQ-CC	2:48.84
17	Maponyane, Mary	14	BAS-EK	2:49.13
18	Mayhew, Megan A	15	WATR-JH	2:49.41
19	Lamprecht, Macayla A	15	CA-EK	2:49.47
20	Barreiros, Maria A	15	ELEC-TS	2:49.49
21	Lloyd-Swanepoel, Ella	14	MAKO-EK	2:50.82
22	Henning, Ella-Mae	15	VRC-TS	2:50.93
23	Carver, Nicola S	16	ELEC-TS	2:50.98
24	McNamara, Scarlett	14	NSFED	2:51.15
25	Boardman, Leah C	15	CA-EK	2:51.44
26	Kruger, Katelyn	15	MDOL-JH	2:52.65
27	Claassen, Emma-lee	11	TKS-WB	2:53.03
28	Vreenegoor, Isabella	13	CRSC-JH	2:53.13
29	Biggs, Courtney C	14	SASE-JH	2:53.13
30	Cheshire, Kate E	13	MDOL-JH	2:53.45
31	Wright, Hannah C	14	CA-EK	2:53.47
32	Prinsloo, Miané	12	ACAQ-CC	2:53.80
33	Martins, Keira	16	H2O-EK	2:53.80
34	Bouwer, Larissa	16	DORE-JH	2:53.98
35	Bulhakova, Victoria	15	SWIFT-EK	2:54.01
36	Els, Megan A	14	BAS-EK	2:54.06
37	Cockeran, Marguerite L	15	DRGN-JH	2:54.30
38	Roos, Kristen P	14	TRAZ-TS	2:54.55
39	Wood, Jessica	14	CA-EK	2:54.66
40	Ackerman, Emily K	14	QUES-JH	2:54.69
41	Spence, Amber G	12	ELEC-TS	2:54.82
42	Prinsloo, Micke	16	TKS-WB	2:55.12
43	Vd Schyff, Talitha	15	ACAQ-CC	2:55.16
44	Miambo, Kianga T	13	CDTM	2:55.23
45	Xaba, Kapitolina O	15	SASE-JH	2:55.32
46	Oswald, Bella D	14	CRSC-JH	2:55.34

47	Zamisa, Lumka K	13	HREF-BP	2:55.40
48	Goodchild, Abigail	14	TUKS-TS	2:55.61
49	Oosthuizen, Amore	15	CSA-EZ	2:55.73
50	De Bruin, Charné	12	TUKS-TS	2:56.10
51	Stoffberg, Alexis	12	NSFED	2:56.27
52	Weber, Abigail M	14	DRGN-JH	2:56.73
53	Kavanagh, Trinity	14	TCA-EK	2:56.95
54	Evans, Lilliee P	15	RACE-JH	2:57.03
55	Huang, Elin	15	PAC-TS	2:57.04
56	Nel, Mila M	12	TUKS-TS	2:57.36
57	Pretorius, Lenè L	16	TUKS-TS	2:57.62
58	Desilla, Elizabeth M	14	SASE-JH	2:57.83
59	Piater, Amelie	11	ELRAS-WB	2:58.14
60	Rossouw, Lechelle	15	TUKS-TS	2:58.22
61	Alala, Melissa M	11	SHAQC-ZZ	2:58.31
62	Chiang, Sophie	12	WATR-JH	2:58.72
63	Spencer, Mackenzie A	11	TRAZ-TS	2:58.81
64	Geldenhuis, Mila	12	ACAQ-CC	2:58.84
65	McDowell, Caitlin L	13	ESP-EK	2:58.94
66	Palmer, Keira L	15	CRSC-JH	2:59.05
67	Costa, Charlotte S	14	MDOL-JH	2:59.34
68	Caldeira, Jessica S	12	MDOL-JH	2:59.37
69	Thomba, Lame	11	DMSS	2:59.47
70	Engelbrecht, Dedre	15	RBOT-BP	2:59.67
71	Munyoro, Melanie M	14	WATR-JH	2:59.69
72	Janse van Rensburg, Noa-	11	TCA-EK	2:59.89
73	Oosthuizen, Emma	11	AA-JH	3:00.10
74	Devaprakash, Diya S	12	DMSS	3:00.61
75	Parker, Cala	13	DMSS	3:00.92
76	Ndlovu, Marang L	12	MDOL-JH	3:01.00
77	Wood, Amy-Lee	12	CA-EK	3:01.01
78	Nieuwoudt, Jenna M	13	SWAR-WC	3:01.43
79	Sibanda, Monalisa	11	BASA	3:01.79
80	Dayaram, Sahana	16	DORE-JH	3:02.16
81	Cownie, Isabella E	14	TUKS-TS	3:02.22
82	Botes, Taylor-Rose	12	CA-EK	3:02.44
83	Stewart, Leah	14	TASC-MP	3:02.45
84	Lospere, Aaliyah J	12	NSFED	3:02.52
85	Kotzé, Lisa	11	POTC-KK	3:02.62
86	Van Der Merwe, Paiton R	13	CA-EK	3:03.08
87	Moabelo, Fatso J	12	BAS-EK	3:03.64
88	Oosthuizen, Mieke	13	HPS-TS	3:04.20
89	Vermaak, Marizelle	13	HREF-BP	3:04.45
90	Machill, Cayleigh J	13	BARA-EK	3:04.85
91	Sanders, Riley M	12	HPS-TS	3:05.50
92	Kalpage, Kiana T	14	VASA-EK	3:05.86
93	Labuscagne, Phelan	11	CRSC-JH	3:05.88
94	Chauke, Rhandzu X	13	DORE-JH	3:05.94
95	Oliphant, Paige A	12	PAC-TS	3:06.00
96	Zoutendyk, Simi	12	RBOT-BP	3:06.01
97	Short, Kyla J	12	MDOL-JH	3:06.06
98	Harris, Surayia	14	CRSC-JH	3:06.13
99	Mann, Sarah	11	CA-EK	3:06.24
100	Oosthuizen, Mia	11	PAC-TS	3:06.65
101	Lingerfelder, Elle A	11	AA-JH	3:06.83
102	Rall, Gabriella	11	FAC-EK	3:06.95
103	Nel, Kari	11	TUKS-TS	3:07.55
104	Liebenberg, Leandi	12	SS-MP	3:07.72
105	Qiu, Muyan	10	HRE	3:08.20
106	Scheepers, Tayla	13	RFA-TS	3:08.39
107	Syrett, Sienna	13	QUES-JH	3:08.59
108	Sohoni, Aahana	12	PSC	3:08.90
109	Timveos, Antonia	12	BASA	3:09.76
110	Makwakwa, Riley	9	TUKS-TS	3:09.95
111	Adelaine, Kenzie	11	AA-JH	3:09.96
112	Knight, Isabella M	12	WATR-JH	3:09.99
113	Whyte, Ava	10	HRE	3:10.34

114	Kleb, Daniela	14	ELEC-TS	3:10.40
115	Steinbach, Mieke	12	NWUC-KK	3:10.57
116	Dippenaar, Katja R	13	NSFED	3:11.15
117	Stoop, Carli	12	TUKS-TS	3:11.26
118	Bac, Arianne	11	TUKS-TS	3:11.40
119	Jack, Kayden E	12	PER-JH	3:11.44
120	De Beer, Zenéy	12	CSA-EZ	3:11.51
121	Liedeman, Hayley	12	SWAR-WC	3:12.17
122	Kasireddy, Swapnika	14	SASE-JH	3:12.21
123	Adelaine, Jorja	12	AA-JH	3:12.31
124	Sun, Berre	11	MDOL-JH	3:12.32
125	Burstein, Morgan R	12	TUKS-TS	3:12.48
126	Phillips, Daniella L	11	DORE-JH	3:12.76
127	Tonkinson, Mia	11	SOUL-EK	3:12.76
128	Sam, Rebecca S	12	HPS-TS	3:13.02
129	De Oliveira, Kyra J	12	WATR-JH	3:13.45
130	De Souza, Peta	11	EXP-TS	3:13.69
131	Erni, Nele M	9	NSFED	3:13.88
132	Majoni, Joanna	11	BASA	3:14.07
133	Van Breda, Isabella	12	NWUC-KK	3:14.24
134	Husselmann, Sophia	10	NSFED	3:14.25
135	Coetzee, Carli	15	QUES-JH	3:14.36
136	Viviers, Alana	11	LINR-JH	3:14.47
137	Sanya, Crystal	11	SHAQC-ZZ	3:14.71
138	Kirstein, Mine'	11	PAC-TS	3:14.77
139	Venter, Bella	12	VRC-TS	3:14.96
140	Dornon, Elizabeth E	12	VASA-EK	3:15.39
141	Spies, Lianka	12	HARB-BP	3:15.53
142	Williams, Liya	11	NSFED	3:15.53
143	Shaetonhodi, Larissa	12	NSFED	3:16.26
144	Komani, Zara	12	WATR-JH	3:17.22
145	Cox, Emma A	10	TUKS-TS	3:17.42
146	Bruwer, Leané	11	SWAR-WC	3:18.44
147	Makhatho, Tiisetso	12	ESP-EK	3:19.77
148	Van Breda, Paige	11	TCA-EK	3:19.98
149	Sibanda, Jaynell	11	BASA	3:20.03
150	Mpuchane, Laya S	12	DMSS	3:20.13
151	Swart, Milla	12	OLDE-JH	3:20.51
152	Myeni, Ivile	11	ESA	3:20.59
153	Fine, Paisley-Gray	11	MDOL-JH	3:20.73
154	Tschofen, Arabella S	11	AA-JH	3:22.43
155	Coetzee, Veronique	11	JAQ-EK	3:22.63
156	Kenosi, Zhaoying	11	DMSS	3:23.53
157	Oswald, Psalm M	11	ESP-EK	3:23.84
158	Myburgh, Lienke	11	CSA-EZ	3:25.14
159	Noble, Holly	11	ESP-EK	3:28.33
160	Dewey, Harper S	11	PER-JH	3:32.04
161	Barnard, Jane	10	CSA-EZ	3:32.26
162	Burger, Marguerite	11	SWAR-WC	3:33.26
163	Shelton, Kyleigh A	12	ESTR-EK	3:49.67
164	Wakonyo, Talia W	11	SHAQC-ZZ	3:53.02

#315 Men 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50

Team	Relay	Seed Time	
1	CA-EK	A	2:05.54
2	TUKS-TS	A	2:06.61
3	NSFED	A	2:10.78
4	HRE	A	2:15.08
Thirion, Zandro 11	Swartz, Caleb 12		
Klukowski, Joshua R 12	Rijnen, Owen 11		
Balzer, Klaus 12	Shoko, Mukundi 12		
Bowl, Dominic 12	Muchengi, Nathaniel 12		
5	TUKS-TS	B	2:17.69
6	CA-EK	B	2:18.72
7	ESA	A	NT

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#316 Men 13-14 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle			#320 Women 15-16 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle			#323 Mixed 15-16 4x50 LC Meter Medley Relay 4 x 50 Mixed						
Team	Relay	Seed Time	Team	Relay	Seed Time	Team	Relay	Seed Time				
1 TUKS-TS	A	1:56.51	1 MDOL-JH	A	1:59.91	1 TUKS-TS	A	2:06.20				
2 CA-EK	A	1:56.90	Bruyns, Isabella M 16	Gallant Da Silva, Emma L 15	2 TUKS-TS	B	2:08.31					
3 BAS-EK	A	1:57.50	Nolan, Emma M 15	Kruger, Katelyn 15	3 MDOL-JH	A	2:09.80					
4 AA-JH	A	1:57.84	2 TUKS-TS	A	2:01.77	Bruyns, Isabella M W16	Von Brandis, Carl C M15	2:12.34				
5 MDOL-JH	A	1:59.92	3 CA-EK	A	2:02.20	Sandilands, Matthew L M15	Kruger, Katelyn W15	2:14.28				
Arangies, Leon H 13			4 TUKS-TS	B	2:05.41	4 CA-EK	A	2:12.34				
van der Walt, Conrad 14	Smith, Isaiah S 14		5 UNIU-EZ	A	2:07.74	5 RFA-TS	A	2:14.28				
6 HPS-TS	A	2:00.15	Rautenbach, Chloe M 13	Goosen, Rachele 14	Alton, Madison R W14	Bukes, Xander M16	2:15.51					
7 TUKS-TS	B	2:02.53	Goosen, Ashleigh 11	Jansen, Megan M 16	Kruger, Benje J M15	Scheepers, Tayla W13	2:15.51					
8 MAKO-EK	A	2:02.87	6 CRSC-JH	A	NT	6 UNIU-EZ	A	2:15.51				
9 DDA-TS	A	2:04.70				Jansen, Megan M W16	Goosen, Rachele W14	2:16.32				
10 CA-EK	B	2:05.88				Bosman, Daniel M15	Van Der Nest, Milan O M15	2:16.32				
11 ESA	A	NT				7 PAC-TS	A	2:16.13				
Shongwe, Sivikelwe J 12	Barbosa, Tsailin 12					8 CA-EK	B	2:16.32				
Jarvis, Gabriel Paiva 13	Potgieter, Josea P 13					9 AA-JH	A	2:22.33				
						10 CRSC-JH	A	NT				
						11 DRGN-JH	A	NT				
#317 Men 15-16 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle			#321 Mixed 12 & Under 4x50 LC Meter Medley Relay 4 x 50 Mixed			#401 Men 16 & Under 50 LC Meter Freestyle						
Team	Relay	Seed Time	Team	Relay	Seed Time	Name	Age	Team	Seed Time			
1 TUKS-TS	A	1:44.43	1 TUKS-TS	A	2:15.98	1 Menete Junior, Lazaro H	16	CDTM	25.60			
2 CDTM	A	1:45.06	2 TUKS-TS	B	2:20.45	2 Venter, Jayden	16	BEARS-TS	25.62			
3 TUKS-TS	B	1:47.87	3 CA-EK	A	2:21.83	3 Bourbon, Noah	16	TUKS-TS	25.93			
4 CA-EK	A	1:51.16	4 MDOL-JH	A	2:24.83	4 Mellis, Dean T	16	TUKS-TS	26.10			
5 RFA-TS	A	1:54.07	Caldeira, Jessica S W12	Ellis, Joseph G M12	5 EXP-TS	A	2:29.32	5 Maphologela, Thabang T	16	DRGN-JH	26.25	
Lee, Nathan 15	Gauldie, Travis R 15		5 EXP-TS	A	2:29.32	Nemakanga, Thendo W11	Madondo, Sabrina M W11	2:31.14	6 Tshabalala, Buhle	15	TUKS-TS	26.46
Bukes, Xander 16	Kruger, Benje J 15		6 NSFED	A	2:31.14	Moodley, Kellan D M11	Banks, Tristan D M11	2:32.28	7 Allen, Zander K	15	BAS-EK	26.46
6 MAKO-EK	A	1:55.20	7 TKS-WB	A	2:32.28	Losper, Aaliyah J W12	Rijnen, Owen M11	2:32.91	8 Esterhuizen, Aidan	16	CSA-EZ	26.50
7 BAS-EK	A	1:57.50	Vd Berg, Wihan M12	Claassen, Emma-lee W11	Swartz, Caleb M12	Williams, Liya W11	2:37.37	9 van der Westhuizen, Chri	15	NSFED	26.63	
8 UNIU-EZ	A	2:01.65	Venter, Luan A M12	Smit, Avah W11	12 HRE	A	2:37.37	10 Otto, Luca L	14	CSC-TS	26.65	
Bosman, Daniel 15	Papadopoulos, Iliia N 14		8 CA-EK	B	2:32.91	Qiu, Muyan W10	Muchengi, Nathaniel M12	2:38.22	11 Balt, Christiaan O	15	TUKS-TS	26.66
Rautenbach, Syrian B 11	Van Der Nest, Milan O 15		9 AAS-JH	A	2:34.22	Whyte, Ava W10	Bowl, Dominic M12	2:38.22	12 Williams, Trent J	16	SOUL-EK	26.69
9 CRSC-JH	A	NT	Nemakanga, Thendo W11	Madondo, Sabrina M W11	13 BASA	A	NT	13 Botha, Joshua	16	PAC-TS	26.75	
10 DRGN-JH	A	NT	Moodley, Kellan D M11	Banks, Tristan D M11	Timveos, Antonia W12	Sibanda, Monalisa W11	2:36.93	14 Els, Aiden	15	CSA-EZ	26.78	
			11 NSFED	B	2:36.93	Petersen, Eli M11	Madonko, Jamela M11	2:36.93	15 Pohl, MJ J	16	SS-MP	26.79
			Losper, Aaliyah J W12	Rijnen, Owen M11				16 Raymond, Mmoloki J	13	DMSS	26.84	
			Swartz, Caleb M12	Williams, Liya W11				17 Van den Bergh, Neil E	16	RBUR-BP	26.86	
			12 HRE	A	2:37.37			18 Cownie, Nicholas A	16	TUKS-TS	26.90	
			Qiu, Muyan W10	Muchengi, Nathaniel M12				19 Wilkes, Kieran-Dante K	16	CA-EK	26.99	
			Whyte, Ava W10	Bowl, Dominic M12				20 Jacobs, Jossie J	16	MATL-KK	27.03	
			13 BASA	A	NT			21 Clarke, Jonathan W	16	SOUL-EK	27.03	
			Timveos, Antonia W12	Sibanda, Monalisa W11				22 Bloem, Reinhardt	15	TUKS-TS	27.07	
			Petersen, Eli M11	Madonko, Jamela M11				23 Potgieter, Brendan	16	TUKS-TS	27.24	
								24 De Villiers, Dawid	15	CSA-EZ	27.29	
								25 Khosa, Yanni B	16	CDTM	27.32	
								26 du Toit, Liam F	16	VRC-TS	27.34	
								27 John, Joshua A	14	AA-JH	27.38	
								28 Breetzke, Luke B	15	SS-MP	27.45	
								29 Muller, Blake M	15	DRGN-JH	27.53	
								30 Coxon, Phoenix	15	CRSC-JH	27.57	
								31 Botha, Trevor J	16	SWIFT-EK	27.57	
								32 Otto, Amir	14	ELEC-TS	27.60	
								33 Van Der Westhuizen, Janu	16	STSC-KC	27.61	
								34 Chilisa, Jerone T	15	TUKS-TS	27.65	
								35 Nthomiwa, Wapego	15	PRSC	27.67	
								36 Marais, Mason P	14	SS-MP	27.70	
#318 Women 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle			#322 Mixed 13-14 4x50 LC Meter Medley Relay 4 x 50 Mixed									
Team	Relay	Seed Time	Team	Relay	Seed Time							
1 MDOL-JH	A	2:11.91	1 TUKS-TS	A	2:11.47							
Caldeira, Jessica S 12	Gewer, Amber 11		2 TUKS-TS	B	2:14.88							
2 TUKS-TS	A	2:13.77	3 PAC-TS	A	2:15.25							
3 CA-EK	A	2:14.72	4 MDOL-JH	A	2:15.46							
4 AA-JH	A	2:16.32	Schutze-Langston, Paige L V	Arangies, Leon H M13								
5 TUKS-TS	B	2:16.51	van der Walt, Conrad M14	Cheshire, Kate E W13								
6 HRE	A	2:17.46	5 MDOL-JH	B	2:16.14							
Whyte, Ava 10	Chirairo, Danaishe 11		Smith, Isaiah S M14	Nolan, Kathryn A W13								
Qiu, Muyan 10	Mnangagwa, Bethany 12		6 CA-EK	A	2:18.61							
7 NWUC-KK	A	2:18.64	7 AA-JH	A	2:20.95							
Janse van Rensburg, Zandri	Steinbach, Mieke 12		8 CA-EK	B	2:22.76							
Van Breda, Isabella 12	Janse van Rensburg, Grizeld		9 RFA-TS	A	2:23.71							
8 NSFED	A	2:18.78	Van Rooyen, Zanie Z W14	Groenewald, Liam D M11								
Losper, Aaliyah J 12	Erni, Nele M 9		Matthasen, Caitlin W14	Booyens, James C M14								
Williams, Liya 11	Stoffberg, Alexis 12											
9 BASA	A	2:32.13										
Timveos, Antonia 12	Sibanda, Jaynell 11											
Majoni, Joana 11	Sibanda, Monalisa 11											
#319 Women 13-14 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle												
Team	Relay	Seed Time										
1 TUKS-TS	A	2:01.28										
2 PAC-TS	A	2:04.65										
3 CA-EK	A	2:05.31										
4 MDOL-JH	A	2:07.37										
Cheshire, Kate E 13	Costa, Charlotte S 14											
Shoniwa, Renee R 14	Schutze-Langston, Paige L V											
5 TUKS-TS	B	2:07.63										

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#401 ... (Men 16 & Under 50 LC Meter Freestyle)

236	Groenewald, Liam D	11	RFA-TS	34.52
237	Markgraaff, Dean R	11	TUKS-TS	34.65
238	Raffle, Liam	11	CA-EK	34.73
239	Koller, Zac O	12	SASE-JH	34.78
240	Letsoalo, Thabang M	11	BAS-EK	34.78
241	Shoko, Mukundi	12	HRE	34.79
242	Cloete, Matthew H	11	HPS-TS	34.79
243	Xavier, Travis	11	ELEC-TS	34.81
244	Joubert, Chris H	11	DDA-TS	34.90
245	Ostoja, Frano M	13	CA-EK	34.92
246	Jv Rensburg, Ben B	12	TUKS-TS	35.03
247	Luhabe, Bandile L	12	CA-EK	35.04
248	Otto, Llewellyn	11	CSC-TS	35.11
249	North, Jayce J	11	WATR-JH	35.22
250	Vd Westhuizen, Nathan	10	TUKS-TS	35.25
251	Kelsey, Jayden	11	ACAQ-CC	35.38
252	Venter, Xander	12	RIVO-JH	35.39
253	Liebenberg, Jacques P	11	SS-MP	35.51
254	Keun, Retief	10	HARB-BP	35.53
255	van Zyl, Matheo	12	CA-EK	35.53
256	Van der Merwe, Aiden	11	EXP-TS	35.60
257	Ritchie, Janko	11	TUKS-TS	35.83
258	Roux, Keanu	11	NSFED	35.92
259	Koekemoer, Ryan J	11	DRGN-JH	35.92
260	Briscoe, Ayden L	12	OLDE-JH	36.17
261	Kruger, Blake R	12	SWAR-WC	36.24
262	Brink, Herman J	11	TUKS-TS	36.28
263	Jacobs, MACHARIA D	12	RFA-TS	36.68
264	Petrovic, Gordon	11	TRAZ-TS	36.70
265	Dreyer, Lauritz	11	TUKS-TS	36.80
266	Minnie, Milano F	11	PGAC-EK	36.81
267	Swartz, Mauritz M	9	SGUL-ET	36.95
268	Mayabane, Fezibunye	11	ESA	37.21
269	Brons, Tristan	11	SOUL-EK	37.28
270	Roos, Callum D	11	TRAZ-TS	37.29
271	van der Merwe, Liam	11	ESP-EK	38.26
272	Du Plessis, Lihan	11	HARB-BP	38.30
273	Graaff, Juanlu C	11	COMS-TS	38.31
274	Pretorius, Luke	11	SOUL-EK	38.34
275	Mattheus, Carter	11	PER-JH	40.44

#402 Women 16 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Vd Walt, Inge	16	DDA-TS	28.54
2	Erasmus, Amelie	14	SOUL-EK	28.80
3	Billett, Kristen	15	ELEC-TS	29.02
4	Kruger, Katelyn	15	MDOL-JH	29.13
5	Doolan, Addison J	16	WATR-JH	29.53
6	Redfern, Isabella M	14	CRSC-JH	29.54
7	Upton, Odette	16	TKS-WB	29.55
8	Lamprecht, Jhuliana	15	CA-EK	29.63
9	Kalpage, Kiana T	14	VASA-EK	29.71
10	De Souza, Mila	16	EXP-TS	29.75
11	Jansen, Megan M	16	UNIUEZ	29.82
12	Xaba, Kapitolina O	15	SASE-JH	29.83
13	Da Silva, Abigail Z	14	TUKS-TS	29.86
14	Bruyns, Isabella M	16	MDOL-JH	29.88
15	De Lange, Roxy	14	PAC-TS	30.01
16	Henning, Ella-Mae	15	VRC-TS	30.02
17	Mashingaidze, Shalem	16	WATR-JH	30.02
18	Tome, Zuri R	16	TUKS-TS	30.04
19	Watson, Emily R	15	ELEC-TS	30.09
20	Maja, Kat M	14	TRAZ-TS	30.19
21	Jv Rensburg, Anchen	15	TUKS-TS	30.22
22	Gotthardt, Emma	14	ELEC-TS	30.25

23	Ferreira, Milan	16	TASC-MP	30.30
24	Alala, Marion J	15	TUKS-TS	30.32
25	Wilson, Keira	14	ELEC-TS	30.36
26	Zamisa, Lumka K	13	HREF-BP	30.38
27	Martin, Daniela S	14	TUKS-TS	30.40
28	Kulynych, Abigail	16	CA-EK	30.41
29	Nolan, Emma M	15	MDOL-JH	30.42
30	vd Spuy, Lyla J	16	TUKS-TS	30.42
31	Watson, Sharni-Marie	16	HPS-TS	30.43
32	Vuyeqaba, Unathi T	13	TUKS-TS	30.44
33	Lloyd-Swanepoel, Ella	14	MAKO-EK	30.45
34	Gallant Da Silva, Emma L	15	MDOL-JH	30.48
35	Lamprecht, Anika	14	VRC-TS	30.55
36	Oliphant, Chloe B	14	PAC-TS	30.57
37	Cownie, Isabella E	14	TUKS-TS	30.58
38	de Jager, Leah	14	CRSC-JH	30.60
39	Pienaar, Mia	14	CA-EK	30.62
40	Thomba, Lame	11	DMSS	30.64
41	Venter, Lizelle	15	TUKS-TS	30.81
42	Knight, Caitlin A	15	WATR-JH	30.82
43	Oosthuizen, Amore	15	CSA-EZ	30.86
44	Jackson, Victoria J	14	SOUL-EK	30.86
45	Schoeman, Shelby L	13	CA-EK	30.86
46	Goosen, Rachele	14	UNIUEZ	30.89
47	Janse van Vuuren, Zoë	15	CSA-EZ	30.89
48	Slabbert, Anna-Bella	15	TUKS-TS	30.93
49	McNamara, Scarlett	14	NSFED	30.98
50	Pretorius, Lenè L	16	TUKS-TS	31.07
51	Maseru, Hope	14	DMSS	31.11
52	Sutherland, Hayleigh B	14	TUKS-TS	31.11
53	Engelbrecht, Dedre	15	RBOT-BP	31.12
54	Miamba, Kianga T	13	CDTM	31.13
55	Bouwer, Larissa	16	DORE-JH	31.15
56	Spence, Amber G	12	ELEC-TS	31.16
57	Carver, Nicola S	16	ELEC-TS	31.20
58	Weber, Abigail M	14	DRGN-JH	31.23
59	Parker, Cala	13	DMSS	31.28
60	Lamprecht, Macayla A	15	CA-EK	31.29
61	Ward, Anelle	14	TUKS-TS	31.31
62	Barreiros, Maria A	15	ELEC-TS	31.34
63	Korff, Rozaan	16	ACAQ-CC	31.39
64	Mayhew, Megan A	15	WATR-JH	31.39
65	September, Isabella J	15	TUKS-TS	31.42
66	Ngwenya, Rachel	13	BASA	31.43
67	Borges, Anabella M	15	AA-JH	31.46
68	Masemola, Lethabo B	16	ELEC-TS	31.46
69	Rautenbach, Chloe M	13	UNIUEZ	31.52
70	Mostert, Abby J	13	AWIN-TS	31.52
71	Wright, Hannah C	14	CA-EK	31.53
72	Matthysen, Jessica	15	CSA-EZ	31.59
73	Bulhakova, Victoria	15	SWIFT-EK	31.60
74	Vd Schyff, Talitha	15	ACAQ-CC	31.61
75	Schutze-Langston, Paige I	13	MDOL-JH	31.61
76	Cheshire, Kate E	13	MDOL-JH	31.67
77	Louw, Cara	14	RBOT-BP	31.68
78	Prinsloo, Micke	16	TKS-WB	31.69
79	Sanders, Riley M	12	HPS-TS	31.70
80	Scheepers, Janneke	15	SGUL-ET	31.71
81	Mtetwa, Zama U	14	PAC-TS	31.71
82	Maponyane, Mary	14	BAS-EK	31.74
83	Mnangagwa, Bethany	12	HRE	31.85
84	Oswald, Bella D	14	CRSC-JH	31.88
85	Cockeran, Marguerite L	15	DRGN-JH	31.98
86	Smit, Leila	16	TUKS-TS	31.99
87	Shoniwa, Renee R	14	MDOL-JH	32.02
88	Devaprakash, Diya S	12	DMSS	32.05
89	Costa, Charlotte S	14	MDOL-JH	32.07
90	Els, Megan A	14	BAS-EK	32.10
91	Venter, Bella	12	VRC-TS	32.13
92	Evans, Lilliee P	15	RACE-JH	32.13
93	Matthasen, Caitlin	14	RFA-TS	32.15
94	Scheepers, Tayla	13	RFA-TS	32.18
95	Sun, Berre	11	MDOL-JH	32.21
96	Rossouw, Lechelle	15	TUKS-TS	32.23
97	Mans, Kristen	15	TUKS-TS	32.24
98	Odendaal, Nieke	11	BEARS-TS	32.28
99	Meyburgh, Olivia C	13	CA-EK	32.33
100	Alala, Melissa M	11	SHAQ-ZZ	32.36
101	Nolan, Kathryn A	13	MDOL-JH	32.36
102	Labuschagne, Layla	14	PAC-TS	32.36
103	Prinsloo, Miané	12	ACAQ-CC	32.37
104	Vreenegoer, Isabella	13	CRSC-JH	32.37
105	Van den Berg, Therese	15	CRSC-JH	32.37
106	Smit, Anzel	12	EXP-TS	32.41
107	Nel, Mila M	12	TUKS-TS	32.43
108	Van Heerden, Mikaela	13	TUKS-TS	32.44
109	Nieuwoudt, Jenna M	13	SWAR-WC	32.45
110	Sibanda, Monalisa	11	BASA	32.47
111	Van Rooyen, Zanie Z	14	RFA-TS	32.47
112	Massingue, Estela B	14	CDTM	32.56
113	Piater, Amelie	11	ELRAS-WB	32.60
114	Geldenhuis, Mila	12	ACAQ-CC	32.66
115	Munyoro, Melanie M	14	WATR-JH	32.68
116	Huang, Elin	15	PAC-TS	32.69
117	Nemakanga, Thendo	11	AAS-JH	32.72
118	Alton, Madison R	14	RFA-TS	32.73
119	Palmer, Keira L	15	CRSC-JH	32.73
120	Du Preez, Elizabeth	13	TUKS-TS	32.77
121	Janse van Rensburg, Noa-	11	TCA-EK	32.80
122	Dandoulakis, Alexi	12	CA-EK	32.85
123	Komani, Zara	12	WATR-JH	32.92
124	Caldeira, Jessica S	12	MDOL-JH	32.93
125	Desilla, Elizabeth M	14	SASE-JH	32.96
126	Stewart, Leah	14	TASC-MP	32.98
127	Whyte, Ava	10	HRE	33.04
128	Stoffberg, Alexis	12	NSFED	33.04
129	Spencer, Mackenzie A	11	TRAZ-TS	33.04
130	Biggs, Courtney C	14	SASE-JH	33.04
131	Knight, Isabella M	12	WATR-JH	33.06
132	Rall, Gabriella	11	FAC-EK	33.11
133	Kasireddy, Swapnika	14	SASE-JH	33.13
134	Harris, Madison	13	SOUL-EK	33.16
135	Janse van Rensburg, Grizel	12	NWUC-KK	33.23
136	Losper, Aaliyah J	12	NSFED	33.30
137	Kleb, Daniela	14	ELEC-TS	33.30
138	Adelaine, Kenzie	11	AA-JH	33.45
139	Kavanagh, Trinity	14	TCA-EK	33.46
140	Haasbroek, Mari	12	EXP-TS	33.54
141	Chauke, Rhandzu X	13	DORE-JH	33.54
142	Bhabha, Aisha	13	MDOL-JH	33.57
143	Qiu, Muyan	10	HRE	33.58
144	Barnard, Lyla	14	RFA-TS	33.61
145	Janse van Rensburg, Zand	12	NWUC-KK	33.62
146	Ackerman, Emily K	14	QUES-JH	33.62
147	Engelbrecht, Alexi	14	PAC-TS	33.65
148	Ferreira, Mika	11	TUKS-TS	33.67
149	Chiang, Sophie	12	WATR-JH	33.77
150	Bac, Arianne	11	TUKS-TS	33.77
151	Labuschagne, Phelan	11	CRSC-JH	33.80
152	Martins, Keira	16	H2O-EK	33.80
153	Dippenaar, Katja R	13	NSFED	33.81
154	Mann, Sarah	11	CA-EK	33.82
155	Vermaak, Marizelle	13	HREF-BP	33.84
156	Jack, Kayden E	12	PER-JH	33.84

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#402 ... (Women 16 & Under 50 LC Meter Freestyle)

Name	Age	Team	Seed Time
157 McDowell, Caitlin L	13	ESP-EK	33.85
158 Lingerfelder, Elle A	11	AA-JH	33.86
159 Zoutendyk, Simi	12	RBOT-BP	33.88
160 Burstein, Morgan R	12	TUKS-TS	33.90
161 Spies, Lianka	12	HARB-BP	33.96
162 Machill, Cayleigh J	13	BARA-EK	34.10
163 Adelaine, Jorja	12	AA-JH	34.11
164 Kenosi, Zhaoying	11	DMSS	34.12
165 Raphadu, Kgothatso	11	TUKS-TS	34.13
166 Sohoni, Aahana	12	PSC	34.31
167 Swartz, Chrisna	11	TUKS-TS	34.39
168 Knudsen, Harley	12	PGAC-EK	34.42
169 Short, Kyla J	12	MDOL-JH	34.47
170 Stoltz, Makayla E	12	PER-JH	34.49
171 Dornon, Elizabeth E	12	VASA-EK	34.58
172 Ndlovu, Marang L	12	MDOL-JH	34.60
173 Madondo, Sabrina M	11	AAS-JH	34.62
174 Oliphant, Paige A	12	PAC-TS	34.64
175 Johst, Mikaela	15	ELEC-TS	34.65
176 Liebenberg, Leandi	12	SS-MP	34.66
177 Maruping, Bökkie M	14	LINR-JH	34.67
178 Scott, Gabriella	12	TUKS-TS	34.70
179 Makhatho, Tiiisetso	12	ESP-EK	34.71
180 Fine, Paisley-Gray	11	MDOL-JH	34.71
181 Van Veelen, Miane A	15	TASC-MP	34.83
182 Oosthuyzen, Emma	11	AA-JH	34.90
183 Bosch, Una	15	PAC-TS	34.91
184 Coetzee, Veronique	11	JAQ-EK	35.15
185 Mpuchane, Laya S	12	DMSS	35.19
186 Tonkinson, Mia	11	SOUL-EK	35.20
187 Kirstein, Mine'	11	PAC-TS	35.22
188 Luhabe, Nolitha A	10	CA-EK	35.25
189 Van Breda, Isabella	12	NWUC-KK	35.32
190 De Oliveira, Kyra J	12	WATR-JH	35.43
191 Roets, Emma	12	TUKS-TS	35.44
192 Phillips, Daniella L	11	DORE-JH	35.50
193 Markgraaff, Kelsey	11	TUKS-TS	35.51
194 Trollip, Devhyn G	11	UNI-U-EZ	35.68
195 Williams, Liya	11	NSFED	35.73
196 Goosen, Ashleigh	11	UNI-U-EZ	35.76
197 Van Breda, Paige	11	TCA-EK	36.10
198 Cox, Emma A	10	TUKS-TS	36.17
199 Tschofen, Arabella S	11	AA-JH	36.43
200 Coetzee, Carli	15	QUES-JH	36.55
201 Erni, Nele M	9	NSFED	36.71
202 Smit, Avah	11	TKS-WB	36.89
203 Burger, Marguerite	11	SWAR-WC	37.04
204 Shaetonhodi, Larissa	12	NSFED	37.05
205 Husselmann, Sophia	10	NSFED	37.11
206 Venter, Mia	12	AWIN-TS	37.22
207 Oswald, Psalm M	11	ESP-EK	37.25
208 Viviers, Alana	11	LINR-JH	37.31
209 Cronje, Kayline	11	JAQ-EK	37.32
210 Noble, Holly	11	ESP-EK	38.89
211 Chirairo, Danaishe	11	HRE	38.99

#403 Men 99 & Under 50 LC Meter Freestyle Multi-Class M

Name	Age	Team	Seed Time
1 Qamarana, Amkele V	22	MPAR-JH	28.49
2 Jordaan, Leonardo C	16	MPAR-JH	31.99
3 Sibanda, Blessing	18	MPAR-JH	34.71
4 Mtyobile, Ntsikayethu S8	15	LEGC-ET	39.46
5 Cazzavillan, Lorenzo L	20	MDOL-JH	40.72

#404 Women 99 & Under 50 LC Meter Freestyle Multi-Clas

Name	Age	Team	Seed Time
1 Buda, Nokubonga G	13	ESP-EK	41.16
2 van der Linden, Namasiki	18	NSFED	45.22

#405 Men 16 & Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Cownie, Nicholas A	16	TUKS-TS	2:40.26
2 Clancy, Cayden	15	DRGN-JH	2:42.98
3 Schoeman, Sabby A	15	PAC-TS	2:46.75
4 Walters, Luke	15	VASA-EK	2:46.95
5 Tredoux, Keegan C	15	NWUC-KK	2:48.88
6 Williams, Trent J	16	SOUL-EK	2:49.33
7 Struwig, Sebastiaan	15	TUKS-TS	2:50.06
8 Taylor, Owen C	16	SOUL-EK	2:50.75
9 Wilkes, Kieran-Dante K	16	CA-EK	2:50.78
10 Chetty, Viknesh	15	PER-JH	2:51.67
11 Lepron, Yann	16	SASE-JH	2:52.20
12 Lee, Nathan	15	RFA-TS	2:53.03
13 Van Der Westhuizen, Janu	16	STSC-KC	2:53.14
14 Bukes, Xander	16	RFA-TS	2:53.31
15 Botha, Trevor J	16	SWIFT-EK	2:53.63
16 Venter, Adriaan	15	VRC-TS	2:54.79
17 Letsoalo, Tetelo C	14	BAS-EK	2:54.92
18 Bezuidenhout, Joha J	15	CSC-TS	2:55.10
19 Govindasamy, Gerrard E	15	ELEC-TS	2:55.77
20 Van Der Nest, Milan O	15	UNI-U-EZ	2:56.58
21 Van der Westhuizen, Jasp	15	CRSC-JH	2:56.75
22 Bornman, Nathan J	15	TUKS-TS	2:57.22
23 Van Breda, Jason	14	SOUL-EK	2:57.40
24 Way, Tristan	16	ESA	2:57.40
25 Tallarico, Marcello F	16	MAKO-EK	2:59.22
26 Nthomiwa, Wapego	15	PRSC	2:59.54
27 Potgieter, Ruan P	14	CRSC-JH	3:02.36
28 Ndjeke, Peter T	16	NSFED	3:02.44
29 Jahnel, Garrick M	13	SOUL-EK	3:02.93
30 Jacobs, Faez	15	TRAZ-TS	3:04.51
31 Tomlinson, Andrew J	14	HPS-TS	3:04.86
32 Mushonga, Christian I	13	RIVO-JH	3:05.28
33 Jansen van Vuuren, Conra	15	MAKO-EK	3:05.34
34 Dukoff - Gordon, Kyle	13	CA-EK	3:05.62
35 Mülder, Eli-Ray	13	MDOL-JH	3:05.62
36 Janse van Rensburg, Cael	14	TRAZ-TS	3:06.93
37 van der Walt, Conrad	14	MDOL-JH	3:07.38
38 Schalekamp, Anru	13	TASC-MP	3:07.56
39 Vosloo, Matthys	14	DDA-TS	3:08.35
40 Sutherland, Ruben C	13	WATR-JH	3:08.38
41 Jacobs, Jossie J	16	MATL-KK	3:08.39
42 Weber, Alexander R	14	DRGN-JH	3:09.06
43 Marais, Mason P	14	SS-MP	3:09.12
44 Quagraine, Ekow A	12	CA-EK	3:09.71
45 Kendall, Thomas L	14	ESTR-EK	3:09.82
46 Swartz, Samuel	15	NSFED	3:10.46
47 De Milander, Evan	15	JAQ-EK	3:10.98
48 Moller, Janco J	14	TASC-MP	3:10.99
49 Papadopoulos, Ilia N	14	UNI-U-EZ	3:11.15
50 Buys, Ruhana	13	TUKS-TS	3:11.35
51 Sutherland, Luandre W	13	WATR-JH	3:11.39
52 Arangies, Leon H	13	MDOL-JH	3:11.77
53 Le Roux, Marthinus H	13	TUKS-TS	3:12.00
54 Nell, Matteo	12	CRSC-JH	3:12.84
55 Van der Walt, Hein	14	DDA-TS	3:13.51
56 Webb, Mason M	13	DRGN-JH	3:13.52
57 Jjuko, Matthew M	13	GAC	3:13.87
58 Pocock, Benjamin R	12	ELEC-TS	3:13.90
59 Chirwa, Boithato	13	WATR-JH	3:14.48

60 Lazaridis, Leo P	13	CA-EK	3:14.82
61 O'Connor, Tristan P	15	AA-JH	3:15.23
62 Luz, Levi S	12	SOUL-EK	3:15.47
63 Taljaard, Adriaan	13	HARB-BP	3:15.55
64 van Niekerk, Wian W	11	TRAZ-TS	3:15.61
65 Lategan, Wessel W	13	SWAR-WC	3:15.83
66 van Zyl, Matheo	12	CA-EK	3:16.21
67 He, Henry	15	CA-EK	3:17.35
68 Gichari, Keita K	12	SHAQC-ZZ	3:17.56
69 Montshiwa, Katlo L	14	DMSS	3:17.75
70 Heide, Damon	13	H20-EK	3:17.96
71 Letsoalo, Thabang M	11	BAS-EK	3:18.13
72 Koller, Zac O	12	SASE-JH	3:18.15
73 Olivier, Tiaan	13	TUKS-TS	3:18.68
74 Kopczynski, Vlad R	13	RFA-TS	3:19.07
75 Alley, Luke	12	ELEC-TS	3:19.34
76 Frewen, Aaron D	12	RIVO-JH	3:19.44
77 Lee, Tristan	13	PGAC-EK	3:19.77
78 Venter, Xander	12	RIVO-JH	3:19.77
79 Schroeder, Liam R	11	EXP-TS	3:19.82
80 Raymond, Mmoloki J	13	DMSS	3:20.35
81 Badsha-Eybers, Riley M	12	CRSC-JH	3:20.36
82 Clark, Logan	13	WATR-JH	3:20.88
83 Muchengi, Nathaniel	12	HRE	3:21.23
84 Steenkamp, MJ J	13	WATR-JH	3:21.30
85 Abhai, Sameer	14	BAS-EK	3:21.42
86 Pretorius, Hennie H	14	SWAR-WC	3:21.51
87 Roodt, Adam A	12	TUKS-TS	3:22.25
88 Glorioso, Zayne	13	CSA-EZ	3:22.29
89 Dippenaar Safi, Ethan C	12	BARA-EK	3:22.44
90 Swartz, Caleb	12	NSFED	3:22.47
91 Houghton, Ronin D	13	SOUL-EK	3:22.86
92 Van Buren, Kian S	14	RIVO-JH	3:22.92
93 Groenewald, Liam D	11	RFA-TS	3:23.13
94 Van der Merwe, Morne F	13	DDA-TS	3:23.37
95 Nunes, Joao	10	ESA	3:23.45
96 Venter, Luan A	12	TKS-WB	3:23.79
97 Jarvis, Gabriel Paiva	13	ESA	3:23.84
98 Pieters, Cayden R	11	SWAR-WC	3:24.02
99 Köpplinger, Axel F	12	TUKS-TS	3:24.92
100 Vlok, Rijnhardt A	11	LINR-JH	3:24.96
101 Luhabe, Bandile L	12	CA-EK	3:25.03
102 Snyman, Kaiden	12	SGUL-ET	3:25.29
103 Modena, Eli L	11	TUKS-TS	3:25.34
104 Masiu, Tiiisetso K	11	CA-EK	3:25.67
105 Van Der Merwe, Xander	11	HARB-BP	3:26.24
106 De Angelis, Luca C	12	VASA-EK	3:26.30
107 Bowl, Dominic	12	HRE	3:26.53
108 Fitzjohn, Benjamin	12	TUKS-TS	3:27.04
109 Pocock, Alex	12	ELEC-TS	3:28.05
110 Maatouk, Jawad	11	SASE-JH	3:28.18
111 Shongwe, Sivikelwe J	12	ESA	3:28.18
112 Madonko, Jamela	11	BASA	3:28.43
113 Yaldwyn, Liam	12	SASE-JH	3:28.51
114 Evans, Daniel-Louis	12	HREF-BP	3:28.55
115 Papazian, Alexander	12	SASE-JH	3:28.99
116 Hood, Kaylin C	12	MAKO-EK	3:29.22
117 Smith, Owen C	12	WATR-JH	3:29.47
118 Siziba, Khanya	13	ESP-EK	3:29.55
119 Naude, Liam A	13	CSC-TS	3:29.71
120 Aliang, Célio J	11	ECN	3:29.73
121 Barbosa, Tsailin	12	ESA	3:29.99
122 Wheeler, Jaxon	12	MDOL-JH	3:30.28
123 Masanganise, Edward	13	BASA	3:30.46
124 Loubser, Dreyer D	11	CSC-TS	3:30.67
125 Raffle, Liam	11	CA-EK	3:31.47
126 Pretorius, Luke	11	SOUL-EK	3:32.42

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#405 ... (Men 16 & Under 200 LC Meter Breaststroke)

127	Lin, Yuchen	10	NSFED	3:32.84
128	Xavier, Travis	11	ELEC-TS	3:32.90
129	Petersen, Eli	11	BASA	3:33.31
130	Huisamen, Luan	11	STAR-BP	3:33.68
131	Liebenberg, Jacques P	11	SS-MP	3:34.35
132	Dreyer, Lauritz	11	TUKS-TS	3:34.55
133	Musoni, Takundzwa	12	HRE	3:35.40
134	Jv Rensburg, Ben B	12	TUKS-TS	3:35.88
135	Mudyiwa, Anashe	13	HRE	3:36.42
136	Adams, Avery	10	PAC-TS	3:36.59
137	Nemvumoni, Ntsako C	12	WATR-JH	3:36.63
138	Ostojka, Frano M	13	CA-EK	3:36.97
139	Venter, Jean	12	PAC-TS	3:37.39
140	Rijnen, Owen	11	NSFED	3:37.54
141	Thirion, Zandro	11	NSFED	3:37.98
142	Koekemoer, Ryan J	11	DRGN-JH	3:38.22
143	Roos, Callum D	11	TRAZ-TS	3:38.66
144	Markgraaff, Dean R	11	TUKS-TS	3:39.01
145	Kelsey, Jayden	11	ACAQ-CC	3:41.00
146	Mattheus, Carter	11	PER-JH	3:43.69
147	Graaff, Juanlu C	11	COMS-TS	3:43.76
148	van der Merwe, Liam	11	ESP-EK	3:44.77
149	North, Jayce J	11	WATR-JH	3:45.15
150	Otto, Llewellyn	11	CSC-TS	3:46.76
151	Coleman, Ian A	11	LINR-JH	3:47.79
152	Van der Merwe, Aiden	11	EXP-TS	3:48.31
153	Plint, Connor J	13	MAKO-EK	3:48.37
154	Mayabane, Fezibunye	11	ESA	3:50.66
155	Minnie, Milano F	11	PGAC-EK	3:50.68
156	Du Plessis, Lihan	11	HARB-BP	3:52.52
157	Plint, Matthew J	13	MAKO-EK	3:53.15
158	Roux, Keanu	11	NSFED	4:07.45
159	Keun, Retief	10	HARB-BP	4:11.43

#406 Women 16 & Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Borges, Anabella M	15	AA-JH	3:02.45
2	Martins, Keira	16	H2O-EK	3:02.63
3	de Sa, Tegan S	15	PAC-TS	3:04.55
4	Carver, Nicola S	16	ELEC-TS	3:05.16
5	Prinsloo, Micke	16	TKS-WB	3:05.63
6	Cockeran, Marguerite L	15	DRGN-JH	3:05.70
7	Nolan, Kathryn A	13	MDOL-JH	3:05.72
8	Wilson, Keira	14	ELEC-TS	3:06.55
9	Smith, Madison M	16	CA-EK	3:07.01
10	Labuschagne, Layla	14	PAC-TS	3:07.13
11	Nolan, Emma M	15	MDOL-JH	3:07.52
12	Bulhakova, Victoria	15	SWIFT-EK	3:08.71
13	Vreenegoor, Isabella	13	CRSC-JH	3:08.74
14	Van Veelen, Miane A	15	TASC-MP	3:09.13
15	Coetzee, Carli	15	QUES-JH	3:09.60
16	Goodchild, Abigail	14	TUKS-TS	3:09.64
17	Schutze-Langston, Paige	13	MDOL-JH	3:09.72
18	Botha, Annebelle	12	PER-JH	3:09.98
19	Ackerman, Emily K	14	QUES-JH	3:10.04
20	Claassen, Emma-lee	11	TKS-WB	3:10.80
21	McNamara, Scarlett	14	NSFED	3:11.25
22	Botes, Taylor-Rose	12	CA-EK	3:11.61
23	Oosthuizen, Mia	11	PAC-TS	3:11.69
24	Palmer, Keira L	15	CRSC-JH	3:11.92
25	Morel, Mattae F	13	CA-EK	3:11.93
26	Labuschagne, Phelan	11	CRSC-JH	3:12.13
27	Gallant Da Silva, Emma L	15	MDOL-JH	3:12.37
28	Slabbert, Anna-Bella	15	TUKS-TS	3:12.96
29	Roos, Kristen P	14	TRAZ-TS	3:13.05

30	Prinsloo, Miané	12	ACAQ-CC	3:13.52
31	Oswald, Bella D	14	CRSC-JH	3:13.54
32	Oosthuizen, Mieke	13	HPS-TS	3:13.85
33	Knight, Isabella M	12	WATR-JH	3:13.98
34	Stoltz, Makayla E	12	PER-JH	3:14.69
35	Costa, Charlotte S	14	MDOL-JH	3:14.90
36	Kleb, Daniela	14	ELEC-TS	3:16.00
37	Shoniwa, Renee R	14	MDOL-JH	3:16.18
38	Syrett, Sienna	13	QUES-JH	3:16.36
39	Desilla, Elizabeth M	14	SASE-JH	3:16.66
40	Kasireddy, Swapnika	14	SASE-JH	3:17.28
41	Johst, Mikaela	15	ELEC-TS	3:17.54
42	Mnangagwa, Bethany	12	HRE	3:17.82
43	Biggs, Courtney C	14	SASE-JH	3:17.99
44	Chiang, Sophie	12	WATR-JH	3:18.10
45	Stedall, Gia	13	PAC-TS	3:18.54
46	Bosch, Una	15	PAC-TS	3:19.39
47	Rall, Gabriella	11	FAC-EK	3:20.18
48	Boardman, Leah C	15	CA-EK	3:20.27
49	McDowell, Caitlin L	13	ESP-EK	3:20.36
50	Du Plessis, Dominique	11	TRAZ-TS	3:20.72
51	Louw, Cara	14	RBOT-BP	3:21.06
52	Harris, Madison	13	SOUL-EK	3:21.18
53	Goosen, Rachele	14	UNI-U-EZ	3:22.10
54	Dornon, Elizabeth E	12	VASA-EK	3:22.33
55	Ndlovu, Marang L	12	MDOL-JH	3:22.35
56	Dandoulakis, Alexi	12	CA-EK	3:22.42
57	Janse van Rensburg, Zand	12	NWUC-KK	3:22.54
58	De Souza, Peta	11	EXP-TS	3:22.78
59	Evans, Lillie P	15	RACE-JH	3:22.80
60	Harris, Surayia	14	CRSC-JH	3:23.15
61	Van Heerden, Mikaela	13	TUKS-TS	3:23.17
62	Smit, Anzel	12	EXP-TS	3:23.19
63	Liebenberg, Leandi	12	SS-MP	3:23.20
64	Smit, Avah	11	TKS-WB	3:23.39
65	Phillips, Daniella L	11	DORE-JH	3:23.45
66	Sibanda, Monalisa	11	BASA	3:24.16
67	Zamisa, Lumka K	13	HREF-BP	3:24.37
68	Timveos, Antonia	12	BASA	3:24.61
69	Nel, Kari	11	TUKS-TS	3:26.10
70	Van Breda, Isabella	12	NWUC-KK	3:26.23
71	Chauke, Rhاندzu X	13	DORE-JH	3:26.56
72	Swart, Milla	12	OLDE-JH	3:26.60
73	Lingerfelder, Elle A	11	AA-JH	3:26.86
74	Kirstein, Mine'	11	PAC-TS	3:27.79
75	Moabelo, Fatso J	12	BAS-EK	3:28.03
76	De Bruin, Charné	12	TUKS-TS	3:28.59
77	Maponyane, Mary	14	BAS-EK	3:28.81
78	Sohoni, Aahana	12	PSC	3:28.88
79	Burger, Marguerite	11	SWAR-WC	3:29.34
80	Wakonyo, Talia W	11	SHAQC-ZZ	3:29.43
81	Machill, Cayleigh J	13	BARA-EK	3:29.87
82	Sam, Rebecca S	12	HPS-TS	3:30.14
83	Tonkinson, Mia	11	SOUL-EK	3:30.17
84	Liedeman, Hayley	12	SWAR-WC	3:30.31
85	Van Breda, Paige	11	TCA-EK	3:30.31
86	Steinbach, Mieke	12	NWUC-KK	3:30.63
87	Shaetonhodi, Larissa	12	NSFED	3:31.08
88	Markgraaff, Kelsey	11	TUKS-TS	3:31.37
89	Engelbrecht, Livi	12	PAC-TS	3:31.40
90	Short, Kyla J	12	MDOL-JH	3:31.71
91	Kotzé, Lisa	11	POTC-TS	3:31.77
92	Du Preez, Elizabeth	13	TUKS-TS	3:33.15
93	Dewey, Harper S	11	PER-JH	3:33.16
94	Spencer, Mackenzie A	11	TRAZ-TS	3:33.51
95	Zoutendyk, Simi	12	RBOT-BP	3:33.81
96	Adelaine, Jorja	12	AA-JH	3:33.97

97	Mpuchane, Laya S	12	DMSS	3:34.03
98	Myburgh, Lienke	11	CSA-EZ	3:34.04
99	Myeni, Ivile	11	ESA	3:35.23
100	Viviers, Alana	11	LINR-JH	3:36.25
101	Adelaine, Kenzie	11	AA-JH	3:36.60
102	Rautenbach, Chloe M	13	UNI-U-EZ	3:36.84
103	Chirairo, Danaishe	11	HRE	3:37.84
104	Sun, Berre	11	MDOL-JH	3:37.96
105	Shelton, Kyleigh A	12	ESTR-EK	3:38.49
106	Oswald, Psalm M	11	ESP-EK	3:38.73
107	Bhabha, Aisha	13	MDOL-JH	3:38.76
108	Bruwer, Leané	11	SWAR-WC	3:40.80
109	Erni, Nele M	9	NSFED	3:42.37
110	Cox, Emma A	10	TUKS-TS	3:42.57
111	Qiu, Muyan	10	HRE	3:45.13
112	Cronje, Kayline	11	JAQ-EK	3:45.71
113	Majoni, Joana	11	BASA	3:49.15
114	Williams, Liya	11	NSFED	3:52.03
115	Noble, Holly	11	ESP-EK	4:00.66
116	Makhatho, Tiisetso	12	ESP-EK	4:02.12
117	Husselmann, Sophia	10	NSFED	4:03.23

#407 Men 99 & Under 100 LC Meter Breaststroke Multi-Cl

Name	Age	Team	Seed Time	
1	Qamarana, Amkele V	22	MPAR-JH	1:17.71
2	Mtyobile, Ntsikayethu SB	15	LEGC-ET	1:40.08
3	Jordaan, Leonardo C	16	MPAR-JH	1:41.96
4	Sibanda, Blessing	18	MPAR-JH	1:44.69

#408 Women 99 & Under 100 LC Meter Breaststroke Multi

Name	Age	Team	Seed Time	
1	Buda, Nokubonga G	13	ESP-EK	2:09.22
2	van der Linden, Namasiki	18	NSFED	2:11.37

#409 Men 16 & Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Bourbon, Noah	16	TUKS-TS	30.10
2	Menete Junior, Lazaro H	16	CDTM	30.41
3	Chilisa, Jerone T	15	TUKS-TS	30.59
4	Breetzke, Luke B	15	SS-MP	30.80
5	van der Westhuizen, Chri	15	NSFED	30.83
6	Clarke, Jonathan W	16	SOUL-EK	31.23
7	Allen, Zander K	15	BAS-EK	31.25
8	Els, Aiden	15	CSA-EZ	31.32
9	Venter, Jayden	16	BEARS-TS	31.45
10	Potgieter, Brendan	16	TUKS-TS	31.52
11	Smit, Christiaan	14	TUKS-TS	31.70
12	De Sousa, Nicholas J	15	MDOL-JH	31.72
13	Bezuidenhout, Joha J	15	CSC-TS	31.74
14	De Jager, Ruben	16	DMSS	31.76
15	Lategan, Nicky N	16	SWAR-WC	31.79
16	Botha, Trevor J	16	SWIFT-EK	31.90
17	Peer, Amr	16	BAS-EK	32.17
18	Lombard, Adriaan	16	TUKS-TS	32.29
19	Tomlinson, Andrew J	14	HPS-TS	32.60
20	Van den Bergh, Neil E	16	RBUR-BP	32.84
21	Vermeulen, Joshua	14	MAKO-EK	32.88
22	Wood, Callum R	14	WATR-JH	32.89
23	Heitmuller, Quade	13	TRAZ-TS	33.02
24	Struwig, Sebastiaan	15	TUKS-TS	33.06
25	Garrett, Blake	14	TRAZ-TS	33.12
26	Hinchcliffe, Drew B	15	RIVO-JH	33.18
27	Muller, Blake M	15	DRGN-JH	33.21
28	Smith, Isaiah S	14	MDOL-JH	33.29
29	Walters, Luke	15	VASA-EK	33.35
30	Beling, Justin B	15	CA-EK	33.36
31	Breet, Maynard C	16	CSA-EZ	33.40
32	Baker, Benjamin	16	CA-EK	33.46

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Psych Sheet

#410 ... (Women 16 & Under 50 LC Meter Backstroke)	102 Swartz, Chrisna	11 TUKS-TS	38.73	169 Husselmann, Sophia	10 NSFED	43.19			
37 Parker, Cala	13 DMSS	35.95	103 Whyte, Ava	10 HRE	38.83	170 Oswald, Psalm M	11 ESP-EK	43.28	
38 Maja, Kat M	14 TRAZ-TS	35.95	104 Scheepers, Janneke	15 SGUL-ET	38.86	171 Shaetonhodi, Larissa	12 NSFED	43.29	
39 Huang, Elin	15 PAC-TS	36.15	105 Goosen, Ashleigh	11 UNIU-EZ	38.86	172 Trollip, Devhyn G	11 UNIU-EZ	43.34	
40 Schoeman, Shelby L	13 CA-EK	36.22	106 Scheepers, Tayla	13 RFA-TS	38.88	173 Mpuchane, Laya S	12 DMSS	43.38	
41 Kavanagh, Trinity	14 TCA-EK	36.23	107 Ferreira, Mika	11 TUKS-TS	38.96	174 Van Breda, Paige	11 TCA-EK	43.39	
42 Da Silva, Abigail Z	14 TUKS-TS	36.30	108 Haasbroek, Mari	12 EXP-TS	39.04	175 Rall, Gabriella	11 FAC-EK	43.88	
43 De Lange, Roxy	14 PAC-TS	36.32	109 Maseru, Hope	14 DMSS	39.05	176 Sibanda, Jaynell	11 BASA	44.67	
44 Vd Schyff, Talitha	15 ACAQ-CC	36.39	110 Venter, Mia	12 AWIN-TS	39.18	177 Engelbrecht, Livi	12 PAC-TS	44.74	
45 Caldeira, Jessica S	12 MDOL-JH	36.42	111 Prinsloo, Micke	16 TKS-WB	39.19	178 Chirairo, Danaishe	11 HRE	53.56	
46 Kalpage, Kiana T	14 VASA-EK	36.50	112 Jackson, Victoria J	14 SOUL-EK	39.19				
47 Sanders, Riley M	12 HPS-TS	36.54	113 Knudsen, Harley	12 PGAC-EK	39.24	#411 Men 16 & Under 50 LC Meter Butterfly			
48 Losper, Aaliyah J	12 NSFED	36.63	114 Qiu, Muyan	10 HRE	39.25	Name	Age	Team	Seed Time
49 Munyoro, Melanie M	14 WATR-JH	36.63	115 Spies, Lianka	12 HARB-BP	39.34	1 Maphologela, Thabang T	16 DRGN-JH	27.16	
50 Chauke, Rhandzu X	13 DORE-JH	36.67	116 Sun, Berre	11 MDOL-JH	39.34	2 Muller, Blake M	15 DRGN-JH	27.78	
51 Korff, Rozaan	16 ACAQ-CC	36.69	117 Smit, Avah	11 TKS-WB	39.46	3 Bourbon, Noah	16 TUKS-TS	27.83	
52 September, Isabella J	15 TUKS-TS	36.71	118 Devaprakash, Diya S	12 DMSS	39.51	4 Balt, Christiaan O	15 TUKS-TS	28.00	
53 Matthasen, Caitlin	14 RFA-TS	36.75	119 Zoutendyk, Simi	12 RBOT-BP	39.61	5 Khosa, Yanni B	16 CDTM	28.03	
54 Thomba, Lame	11 DMSS	36.80	120 Stoop, Carli	12 TUKS-TS	39.64	6 Mac Lachlan, Ethan C	16 TRAZ-TS	28.68	
55 Mayhew, Megan A	15 WATR-JH	36.84	121 Palmer, Keira L	15 CRSC-JH	39.71	7 Tomlinson, Andrew J	14 HPS-TS	28.68	
56 Lamprecht, Jhuliana	15 CA-EK	36.86	122 Roets, Emma	12 TUKS-TS	39.77	8 Breet, Maynard C	16 CSA-EZ	28.69	
57 Pienaar, Mia	14 CA-EK	36.89	123 De Bruin, Charné	12 TUKS-TS	39.78	9 Esterhuizen, Aidan	16 CSA-EZ	28.86	
58 Cockeran, Marguerite L	15 DRGN-JH	36.90	124 Du Preez, Elizabeth	13 TUKS-TS	39.82	10 Mellis, Dean T	16 TUKS-TS	28.91	
59 Prinsloo, Miané	12 ACAQ-CC	36.91	125 Dornon, Elizabeth E	12 VASA-EK	39.90	11 Brink, Robert	16 TRAZ-TS	29.04	
60 Van den Berg, Therese	15 CRSC-JH	36.93	126 Majoni, Joana	11 BASA	39.92	12 Potgieter, Brendan	16 TUKS-TS	29.04	
61 Wood, Jessica	14 CA-EK	36.93	127 Oliphant, Paige A	12 PAC-TS	39.94	13 van der Westhuizen, Chri	15 NSFED	29.06	
62 Kulynych, Abigail	16 CA-EK	36.96	128 McDowell, Caitlin L	13 ESP-EK	39.97	14 Basto, Gonzalo M	13 CDTM	29.09	
63 Els, Megan A	14 BAS-EK	36.97	129 Komani, Zara	12 WATR-JH	39.98	15 Allen, Zander K	15 BAS-EK	29.24	
64 Smit, Leila	16 TUKS-TS	37.00	130 Lingerfelder, Elle A	11 AA-JH	40.07	16 Moller, Stephan	15 TASC-MP	29.31	
65 Janse van Rensburg, Noa-	11 TCA-EK	37.01	131 Knight, Isabella M	12 WATR-JH	40.07	17 Govindasamy, Gerrard E	15 ELEC-TS	29.55	
66 Harris, Surayia	14 CRSC-JH	37.12	132 Kleb, Daniela	14 ELEC-TS	40.21	18 Breetzke, Luke B	15 SS-MP	29.60	
67 Gotthardt, Emma	14 ELEC-TS	37.17	133 Spencer, Mackenzie A	11 TRAZ-TS	40.28	19 Cownie, Nicholas A	16 TUKS-TS	29.64	
68 Alton, Madison R	14 RFA-TS	37.26	134 Wood, Amy-Lee	12 CA-EK	40.28	20 Botha, Trevor J	16 SWIFT-EK	29.64	
69 Louw, Cara	14 RBOT-BP	37.28	135 Williams, Liya	11 NSFED	40.30	21 Gomes, Tiago J	16 TUKS-TS	29.70	
70 Vuyeqaba, Unathi T	13 TUKS-TS	37.31	136 Bhabha, Aisha	13 MDOL-JH	40.31	22 Wilkes, Kieran-Dante K	16 CA-EK	29.76	
71 Venter, Lizelle	15 TUKS-TS	37.33	137 Markgraaff, Kelsey	11 TUKS-TS	40.34	23 Bukes, Xander	16 RFA-TS	29.90	
72 Smith, Madison M	16 CA-EK	37.42	138 Raphadu, Kgothatso	11 TUKS-TS	40.39	24 Chilisa, Jerone T	15 TUKS-TS	29.95	
73 Claassen, Emma-lee	11 TKS-WB	37.47	139 Adelaine, Jorja	12 AA-JH	40.51	25 Els, Aiden	15 CSA-EZ	29.98	
74 Nolan, Kathryn A	13 MDOL-JH	37.51	140 Van Veelen, Miane A	15 TASC-MP	40.59	26 Otto, Luan	16 SWAR-WC	29.98	
75 Watson, Sharni-Marie	16 HPS-TS	37.58	141 Makhatho, Tiisetso	12 ESP-EK	40.60	27 Xie, Felix	16 ELEC-TS	30.04	
76 Cheshire, Kate E	13 MDOL-JH	37.62	142 Martins, Keira	16 H2O-EK	40.65	28 Botha, Joshua	16 PAC-TS	30.05	
77 Mann, Sarah	11 CA-EK	37.81	143 Coetzee, Veronique	11 JAQ-EK	40.67	29 De Amorim, Connor M	13 PER-JH	30.14	
78 Geldenhuis, Mila	12 ACAQ-CC	37.86	144 Burstein, Morgan R	12 TUKS-TS	40.72	30 Abrahams, Cayden	16 DRGN-JH	30.14	
79 Nemakanga, Thendo	11 AAS-JH	37.89	145 Oosthuyzen, Emma	11 AA-JH	40.89	31 Jacobs, Jossie J	16 MATL-KK	30.25	
80 Biggs, Courtney C	14 SASE-JH	37.92	146 Bruwer, Leané	11 SWAR-WC	40.90	32 Nthomiwa, Wapego	15 PRSC	30.29	
81 Dippenaar, Katja R	13 NSFED	37.93	147 Madondo, Sabrina M	11 AAS-JH	40.91	33 Kathena, Junior J	14 NSFED	30.31	
82 Wright, Hannah C	14 CA-EK	37.93	148 Sam, Rebecca S	12 HPS-TS	40.95	34 De Sousa, Nicholas J	15 MDOL-JH	30.34	
83 Maponyane, Mary	14 BAS-EK	37.94	149 Machill, Cayleigh J	13 BARA-EK	40.96	35 Delpport, Jayden S	16 PGAC-EK	30.37	
84 Chiang, Sophie	12 WATR-JH	38.01	150 Shoniwa, Renee R	14 MDOL-JH	40.99	36 Wood, Callum R	14 WATR-JH	30.40	
85 Barnard, Lyla	14 RFA-TS	38.05	151 Phillips, Daniella L	11 DORE-JH	41.01	37 Kruger, Benje J	15 RFA-TS	30.41	
86 Nel, Mila M	12 TUKS-TS	38.06	152 Kenosi, Zhaoying	11 DMSS	41.08	38 De Villiers, Dawid	15 CSA-EZ	30.46	
87 Masemola, Lethabo B	16 ELEC-TS	38.17	153 Cox, Emma A	10 TUKS-TS	41.29	39 Von Brandis, Carl C	15 MDOL-JH	30.46	
88 Bac, Arianne	11 TUKS-TS	38.18	154 Jack, Kayden E	12 PER-JH	41.39	40 Lategan, Nicky N	16 SWAR-WC	30.55	
89 Stoffberg, Alexis	12 NSFED	38.24	155 Tschofen, Arabella S	11 AA-JH	41.46	41 Siziba, Khanya	13 ESP-EK	30.62	
90 Matthysen, Jessica	15 CSA-EZ	38.28	156 De Souza, Peta	11 EXP-TS	41.70	42 Schoeman, Sabby A	15 PAC-TS	30.70	
91 de Sa, Tegan S	15 PAC-TS	38.28	157 Liedeman, Hayley	12 SWAR-WC	41.71	43 Bosman, Daniel	15 UNIU-EZ	30.71	
92 Piater, Amelie	11 ELRAS-WB	38.30	158 Coetzee, Carli	15 QUES-JH	41.88	44 Heyneke, Stephan S	15 TUKS-TS	30.77	
93 Bulhakova, Victoria	15 SWIFT-EK	38.30	159 Odendaal, Olivia L	12 HPS-TS	41.89	45 Otto, Luca L	14 CSC-TS	30.80	
94 Timveos, Antonia	12 BASA	38.36	160 Pretorius, Lenè L	16 TUKS-TS	41.92	46 Letsoalo, Tetelo C	14 BAS-EK	30.82	
95 Odendaal, Nieke	11 BEARS-TS	38.45	161 Stedall, Gia	13 PAC-TS	41.98	47 Coxon, Phoenix	15 CRSC-JH	30.84	
96 De Beer, Zenéy	12 CSA-EZ	38.47	162 Erni, Nele M	9 NSFED	42.04	48 Lepron, Yann	16 SASE-JH	30.85	
97 Spence, Amber G	12 ELEC-TS	38.47	163 Vermaak, Marizelle	13 HREF-BP	42.25	49 De Jager, Ruben	16 DMSS	30.88	
98 Gewer, Amber	11 MDOL-JH	38.48	164 De Oliveira, Kyra J	12 WATR-JH	42.44	50 Sandilands, Matthew L	15 MDOL-JH	30.91	
99 Moabelo, Fatsjo J	12 BAS-EK	38.59	165 Shelton, Kyleigh A	12 ESTR-EK	42.46	51 Marais, Mason P	14 SS-MP	30.98	
100 Short, Kyla J	12 MDOL-JH	38.61	166 Noble, Holly	11 ESP-EK	42.70	52 Hu, Silas G	14 SWIMS-EK	31.03	
101 Stoltz, Makayla E	12 PER-JH	38.68	167 Labuscagne, Phelan	11 CRSC-JH	42.74	53 Garrett, Blake	14 TRAZ-TS	31.16	
	168 Cronje, Kayline	11 JAQ-EK	43.04			54 Weber, Alexander R	14 DRGN-JH	31.21	

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#411 ... (Men 16 & Under 50 LC Meter Butterfly)				#412 Women 16 & Under 50 LC Meter Butterfly			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
55 Nel, Christiaan	15	POTC-KK	31.23	120 Banks, Tristan D	11	AAS-JH	34.20
56 Van den Bergh, Neil E	16	RBUR-BP	31.23	121 Vermeulen, Ben J	12	EXP-TS	34.36
57 Mokoena, Bokamoso	14	FAC-EK	31.26	122 Masiu, Tiisetso K	11	CA-EK	34.36
58 Ndjeke, Peter T	16	NSFED	31.35	123 Kyle, Ryan R	11	CRSC-JH	34.37
59 Lee, Nathan	15	RFA-TS	31.37	124 Mudyiwa, Anashe	13	HRE	34.38
60 Solomons, Luke	16	QUES-JH	31.37	125 Beling, Justin B	15	CA-EK	34.60
61 Peer, Amr	16	BAS-EK	31.41	126 Quagraine, Ekow A	12	CA-EK	34.72
62 van der Walt, Conrad	14	MDOL-JH	31.42	127 Luhabe, Fezile Z	14	CA-EK	34.74
63 Heide, Damon	13	H2O-EK	31.42	128 Jacobs, Faez	15	TRAZ-TS	34.75
64 Mayhew, Franko	14	PAC-TS	31.49	129 Lombard, Adriaan	16	TUKS-TS	34.79
65 Douglas, William M	14	CA-EK	31.55	130 Pretorius, Ivan L	13	TUKS-TS	34.87
66 Morris, Jaydon	14	CA-EK	31.56	131 Aspden, Kailan B	13	CA-EK	34.99
67 Way, Tristan	16	ESA	31.58	132 Ellis, Joseph G	12	MDOL-JH	35.07
68 Mmatli, Onthatile D	15	DRGN-JH	31.59	133 Eldar, Eitan	14	TUKS-TS	35.10
69 Tallarico, Marcello F	16	MAKO-EK	31.65	134 Teich, Shaun	13	TKS-WB	35.18
70 Mülder, Eli-Ray	13	MDOL-JH	31.65	135 Abhai, Sameer	14	BAS-EK	35.18
71 De Milander, Evan	15	JAQ-EK	31.72	136 Venter, Luan A	12	TKS-WB	35.20
72 Moller, Janco J	14	TASC-MP	31.76	137 McEwan, Nathan	13	AA-JH	35.22
73 Vorster, Ewan	14	HPS-TS	31.77	138 James, Deante	13	WATR-JH	35.33
74 John, Joshua A	14	AA-JH	31.81	139 Van Schalkwyk, Joshua J	12	TUKS-TS	35.41
75 Mutooni, Leo K	14	ELEC-TS	31.83	140 Kneubuhler, Luca J	13	AA-JH	35.47
76 Fernandes, David D	13	CA-EK	31.91	141 Plint, Matthew J	13	MAKO-EK	35.49
77 Ferreira, Reid A	14	SOUL-EK	31.92	142 Wilkins, Brody B	12	RACE-JH	35.54
78 Breet, Donovan	14	RBOT-BP	32.04	143 Pieters, Cayden R	11	SWAR-WC	35.60
79 Van Der Nest, Milan O	15	UNI-U-EZ	32.06	144 Dippenaar Safi, Ethan C	12	BARA-EK	35.72
80 Keitumetse, Tshengang	13	SWC	32.11	145 Manowe, Leano-Laone	11	DMSS	35.79
81 Bostwick, Gavin S	14	TUKS-TS	32.20	146 Frewen, Aaron D	12	RIVO-JH	35.83
82 Kyster, Daylen R	13	MAKO-EK	32.24	147 Van der Walt, Hein	14	DDA-TS	35.86
83 He, Henry	15	CA-EK	32.30	148 Van Der Kooij, Kian D	13	DORE-JH	35.99
84 Le Roux, Juan	14	AWIN-TS	32.31	149 Smith, Owen C	12	WATR-JH	36.05
85 Kalvachev, Niki P	13	WATR-JH	32.45	150 Nemvumoni, Ntsako C	12	WATR-JH	36.09
86 Archer, Paul P	14	NSFED	32.47	151 Petersen, Eli	11	BASA	36.10
87 Hinchcliffe, Drew B	15	RIVO-JH	32.50	152 Cokayne, Gabriel J	13	CRSC-JH	36.25
88 Otto, Amir	14	ELEC-TS	32.53	153 Barbosa, Tsailin	12	ESA	36.28
89 Vorster, Weirich	13	SS-MP	32.54	154 Van Wyngaard, Rigter Z	13	TUKS-TS	36.32
90 Raymond, Mmoloki J	13	DMSS	32.59	155 Fourie, Hanku	12	TUKS-TS	36.34
91 O'Connor, Tristan P	15	AA-JH	32.63	156 Snyman, Kaiden	12	SGUL-ET	36.43
92 Zondo, Nkosana K	11	CA-EK	32.66	157 Botha, Sebastian	11	AA-JH	36.43
93 du Toit, Liam F	16	VRC-TS	32.67	158 Van der Merwe, Morne F	13	DDA-TS	36.47
94 Swartz, Samuel	15	NSFED	32.83	159 Madonko, Jamela	11	BASA	36.54
95 Carpinteiro, Diego	13	CA-EK	32.84	160 Thirion, Zandro	11	NSFED	36.57
96 Jjuko, Matthew M	13	GAC	32.85	161 Evans, Daniel-Louis	12	HREF-BP	36.59
97 Taljaard, Adriaan	13	HARB-BP	32.87	162 Balzer, Klaus	12	HRE	36.76
98 Gaudie, Travis R	15	RFA-TS	32.90	163 Olivier, Tiaan	13	TUKS-TS	36.77
99 Clancy, Cayden	15	DRGN-JH	32.91	164 Rijnen, Owen	11	NSFED	36.78
100 Holland-Muter, Jesse	16	SWAR-WC	32.96	165 Oosthuizen, Nathan	14	PGAC-EK	36.79
101 Bezuidenhout, Joha J	15	CSC-TS	32.99	166 Maatouk, Jawad	11	SASE-JH	36.91
102 Smith, Isaiah S	14	MDOL-JH	33.02	167 Ngomez, Tumi K	13	BAS-EK	36.94
103 Oppen, Luke	13	TUKS-TS	33.13	168 Gabriels, James N	12	WATR-JH	36.96
104 Potgieter, Josea P	13	ESA	33.19	169 Kendall, Thomas L	14	ESTR-EK	37.36
105 Wood, Xavier M	14	AA-JH	33.28	170 Xavier, Travis	11	ELEC-TS	37.40
106 Nel, Zian	14	RBOT-BP	33.31	171 Malan, Philip P	14	TUKS-TS	37.68
107 Plint, Connor J	13	MAKO-EK	33.38	172 Du Toit, Gideon	11	TUKS-TS	37.75
108 Roodt, Adam A	12	TUKS-TS	33.40	173 van Niekerk, Wian W	11	TRAZ-TS	37.81
109 Potgieter, Ruan P	14	CRSC-JH	33.47	174 Yaldwyn, Liam	12	SASE-JH	37.81
110 Heitmuller, Quade	13	TRAZ-TS	33.51	175 Lin, Yuchen	10	NSFED	37.88
111 Montshiwa, Katlo L	14	DMSS	33.70	176 Muchengi, Nathaniel	12	HRE	37.98
112 Aliang, Célio J	11	ECN	33.70	177 Hood, Kaylin C	12	MAKO-EK	38.04
113 Britz, Jonathan O	12	MAKO-EK	33.76	178 De Angelis, Luca C	12	VASA-EK	38.05
114 Arangies, Leon H	13	MDOL-JH	33.78	179 Molefe, Khumo T	13	WATR-JH	38.06
115 Chanakira, Blessmore	13	HRE	33.80	180 Papazian, Alexander	12	SASE-JH	38.32
116 Chirwa, Boithato	13	WATR-JH	33.95	181 Roux, Keanu	11	NSFED	38.39
117 Prinsloo, James P	11	TUKS-TS	33.99	182 Huang, Guoxuan	10	NSFED	38.53
118 Badsha-Eybers, Riley M	12	CRSC-JH	34.02	183 Shoko, Mukundi	12	HRE	38.57
119 Klukowski, Joshua R	12	NSFED	34.09	184 Moodley, Kellan D	11	AAS-JH	38.60
				185 Fitzjohn, Benjamin	12	TUKS-TS	38.67
				186 Koller, Zac O	12	SASE-JH	38.71
				187 Jacobs, MACHARIA D	12	RFA-TS	38.79
				188 Briscoe, Ayden L	12	OLDE-JH	39.10
				189 Ashworth, Ryan R	12	MDOL-JH	39.16
				190 Bowl, Dominic	12	HRE	39.17
				191 Jacobs, Willem	12	NWUC-KK	39.18
				192 Schroeder, Liam R	11	EXP-TS	39.26
				193 Shongwe, Sivikelwe J	12	ESA	39.26
				194 Whitaker, Jake R	11	SS-MP	39.32
				195 Musoni, Takundzwa	12	HRE	39.56
				196 Sieberhagen, Dewet M	11	AWIN-TS	39.70
				197 Naude, Liam A	13	CSC-TS	39.88
				198 Köpplinger, Axel F	12	TUKS-TS	40.03
				199 Chivandire, Adriel N	13	WATR-JH	40.16
				200 Le Roux, Marthinus H	13	TUKS-TS	40.35
				201 Sutherland, Luandre W	13	WATR-JH	40.36
				202 Liebenberg, Jacques P	11	SS-MP	40.50
				203 De Milander, Zian	12	JAQ-EK	40.57
				204 Sutherland, Ruben C	13	WATR-JH	40.68
				205 Ripley, Jordan	13	BAS-EK	40.72
				206 Ritchie, Janko	11	TUKS-TS	40.90
				207 Coleman, Ian A	11	LINR-JH	41.06
				208 Loubser, Dreyer D	11	CSC-TS	41.29
				209 Luz, Levi S	12	SOUL-EK	41.36
				210 Rautenbach, Syrian B	11	UNI-U-EZ	41.45
				211 Swartz, Mauritz M	9	SGUL-ET	42.00
				212 Stuart-Watson, John C	12	DORE-JH	42.23
				213 van Zyl, Matheo	12	CA-EK	42.23
				214 Cloete, Matthew H	11	HPS-TS	42.94
				215 Petrovic, Gordon	11	TRAZ-TS	44.23
				216 North, Jayce J	11	WATR-JH	44.23
				217 Brons, Tristan	11	SOUL-EK	44.25
				218 Keun, Rietief	10	HARB-BP	44.79
				219 Huisamen, Luan	11	STAR-BP	46.89
				220 Dreyer, Lauritz	11	TUKS-TS	46.99
				221 Otto, Llewellyn	11	CSC-TS	47.21
				222 Mayabane, Fezibunye	11	ESA	47.43
				223 Adams, Avery	10	PAC-TS	48.62
				224 van der Merwe, Liam	11	ESP-EK	51.05
				225 Du Plessis, Lihan	11	HARB-BP	52.13

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#412 ... (Women 16 & Under 50 LC Meter Butterfly)	91 Caldeira, Jessica S	12 MDOL-JH	37.05	158 Van Breda, Paige	11 TCA-EK	42.73			
26 Meyburgh, Olivia C	13 CA-EK	34.00	92 Devaprakash, Diya S	12 DMSS	37.07	159 Labuscagne, Phelan	11 CRSC-JH	42.89	
27 Huang, Elin	15 PAC-TS	34.13	93 Bulhakova, Victoria	15 SWIFT-EK	37.08	160 Myburgh, Lienke	11 CSA-EZ	43.91	
28 Els, Megan A	14 BAS-EK	34.24	94 Kenosi, Zhaoying	11 DMSS	37.14	161 De Oliveira, Kyra J	12 WATR-JH	44.70	
29 Ngwenya, Rachel	13 BASA	34.47	95 Nel, Mila M	12 TUKS-TS	37.29	162 Fine, Paisley-Gray	11 MDOL-JH	46.22	
30 Wood, Jessica	14 CA-EK	34.52	96 Pretorius, Lenè L	16 TUKS-TS	37.32	163 Noble, Holly	11 ESP-EK	46.71	
31 Jansen, Megan M	16 UNIU-EZ	34.53	97 Komani, Zara	12 WATR-JH	37.39	164 Luhabe, Nolitha A	10 CA-EK	46.73	
32 Roos, Kristen P	14 TRAZ-TS	34.54	98 Nel, Kari	11 TUKS-TS	37.51	165 Madondo, Sabrina M	11 AAS-JH	49.27	
33 Oliphant, Chloe B	14 PAC-TS	34.58	99 Goosen, Ashleigh	11 UNIU-EZ	37.52	166 Coetzee, Veronique	11 JAQ-EK	49.37	
34 Wright, Hannah C	14 CA-EK	34.67	100 Rautenbach, Chloe M	13 UNIU-EZ	37.54	167 Chirairo, Danaishé	11 HRE	49.45	
35 Miambo, Kianga T	13 CDTM	34.80	101 McDowell, Caitlin L	13 ESP-EK	37.58	168 Dewey, Harper S	11 PER-JH	54.50	
36 Vd Schyff, Talitha	15 ACAQ-CC	34.80	102 Mayhew, Megan A	15 WATR-JH	37.59	#413 Men 99 & Under 50 LC Meter Butterfly Multi-Class M			
37 Rossouw, Lechelle	15 TUKS-TS	34.82	103 Steinbach, Mieke	12 NWUC-KK	37.69	Name	Age	Team	Seed Time
38 Janse van Vuuren, Zoë	15 CSA-EZ	34.91	104 Coetzee, Carli	15 QUES-JH	37.72	1 Qamarana, Amkele V	22 MPAR-JH	31.86	
39 Nolan, Kathryn A	13 MDOL-JH	34.92	105 Parker, Cala	13 DMSS	37.82	2 Sibanda, Blessing	18 MPAR-JH	42.66	
40 Lamprecht, Anika	14 VRC-TS	34.92	106 Machill, Cayleigh J	13 BARA-EK	37.87	3 Mtyobile, Ntsikayethu S8	15 LEGC-ET	43.77	
41 Schoeman, Shelby L	13 CA-EK	34.94	107 Piater, Amelie	11 ELRAS-WB	38.16	#414 Women 99 & Under 50 LC Meter Butterfly Multi-Class			
42 Evans, Lillie P	15 RACE-JH	34.98	108 Gewer, Amber	11 MDOL-JH	38.16	Name	Age	Team	Seed Time
43 Gallant Da Silva, Emma L	15 MDOL-JH	35.01	109 Stoffberg, Alexis	12 NSFED	38.21	1 van der Linden, Namasiki	18 NSFED	49.59	
44 Lamprecht, Macayla A	15 CA-EK	35.04	110 Maseru, Hope	14 DMSS	38.28	2 Buda, Nokubonga G	13 ESP-EK	55.41	
45 Morel, Mattae F	13 CA-EK	35.05	111 Oswald, Psalm M	11 ESP-EK	38.30	#415 Men 12 & Under 4x50 LC Meter Medley Relay 4 x 50 M			
46 Prinsloo, Micke	16 TKS-WB	35.13	112 Nemakanga, Thendo	11 AAS-JH	38.41	Team	Relay	Seed Time	
47 Jackson, Victoria J	14 SOUL-EK	35.18	113 Dippenaar, Katja R	13 NSFED	38.42	1 CA-EK	A	2:20.28	
48 Shoniwa, Renee R	14 MDOL-JH	35.19	114 De Beer, Zenéy	12 CSA-EZ	38.54	2 TUKS-TS	A	2:20.39	
49 Matthasen, Caitlin	14 RFA-TS	35.25	115 Husselmann, Sophia	10 NSFED	38.55	3 TUKS-TS	B	2:31.62	
50 Maruping, Bokkie M	14 LINR-JH	35.34	116 Costa, Charlotte S	14 MDOL-JH	38.64	4 NSFED	A	2:34.75	
51 Cronje, Jaimee E	14 COMS-TS	35.38	117 Sanders, Riley M	12 HPS-TS	38.67	Thirion, Zandro 11	Klukowski, Joshua R 12		
52 Harris, Surayia	14 CRSC-JH	35.43	118 Du Preez, Elizabeth	13 TUKS-TS	38.68	Rijnen, Owen 11	Swartz, Caleb 12		
53 Oswald, Bella D	14 CRSC-JH	35.43	119 Mann, Sarah	11 CA-EK	38.70	5 CA-EK	B	2:36.97	
54 Boardman, Leah C	15 CA-EK	35.57	120 Kotzé, Lisa	11 POTC-KK	38.76	#416 Men 13-14 4x50 LC Meter Medley Relay 4 x 50 Medle			
55 Desilla, Elizabeth M	14 SASE-JH	35.59	121 Palmer, Keira L	15 CRSC-JH	38.78	Team	Relay	Seed Time	
56 Xaba, Kapitolina O	15 SASE-JH	35.63	122 Adelaine, Kenzie	11 AA-JH	38.79	1 TUKS-TS	A	2:07.59	
57 Thomba, Lame	11 DMSS	35.78	123 Raphadu, Kgothatso	11 TUKS-TS	38.80	2 MDOL-JH	A	2:10.49	
58 Geldenhuys, Mila	12 ACAQ-CC	35.84	124 Adelaine, Jorja	12 AA-JH	38.81	Smith, Isaiah S 14	Arangies, Leon H 13		
59 Mtetwa, Zama U	14 PAC-TS	35.89	125 Bhabha, Aisha	13 MDOL-JH	38.81	van der Walt, Conrad 14			
60 Martins, Keira	16 H2O-EK	35.94	126 Majoni, Joana	11 BASA	38.84	3 HPS-TS	A	2:13.00	
61 Spencer, Mackenzie A	11 TRAZ-TS	35.95	127 Kasireddy, Swapnika	14 SASE-JH	38.94	4 BAS-EK	A	2:14.07	
62 Sun, Berre	11 MDOL-JH	36.07	128 Burstein, Morgan R	12 TUKS-TS	38.94	5 AA-JH	A	2:14.14	
63 Zamisa, Lumka K	13 HREF-BP	36.11	129 Bac, Arianne	11 TUKS-TS	38.94	6 CA-EK	A	2:14.49	
64 Sutherland, Hayleigh B	14 TUKS-TS	36.13	130 Janse van Rensburg, Griz	12 NWUC-KK	39.16	7 TUKS-TS	B	2:15.43	
65 Engelbrecht, Dedre	15 RBOT-BP	36.15	131 Makhatho, Tiisetso	12 ESP-EK	39.19	8 MAKO-EK	A	2:18.31	
66 Cheshire, Kate E	13 MDOL-JH	36.31	132 Wood, Amy-Lee	12 CA-EK	39.37	9 CA-EK	B	2:19.37	
67 Claassen, Emma-lee	11 TKS-WB	36.32	133 Liebenberg, Leandi	12 SS-MP	39.81	10 HRE	A	2:21.81	
68 Oosthuizen, Mia	11 PAC-TS	36.32	134 Erni, Nele M	9 NSFED	39.91	Balzer, Klaus 12	Muchengi, Nathaniel 12		
69 McNamara, Scarlett	14 NSFED	36.33	135 Janse van Rensburg, Zand	12 NWUC-KK	40.10	Chanakira, Blessmore 13	Mudyiywa, Anashe 13		
70 Oosthuizen, Emma	11 AA-JH	36.33	136 Ackerman, Emily K	14 QUES-JH	40.13	11 DDA-TS	A	2:24.53	
71 Kavanagh, Trinity	14 TCA-EK	36.34	137 Sibanda, Jaynell	11 BASA	40.38	#417 Men 15-16 4x50 LC Meter Medley Relay 4 x 50 Medle			
72 Mostert, Abby J	13 AWIN-TS	36.37	138 Dornon, Elizabeth E	12 VASA-EK	40.41	Team	Relay	Seed Time	
73 Mnangagwa, Bethany	12 HRE	36.39	139 Myeni, Ivile	11 ESA	40.50	1 CDTM	A	1:57.35	
74 Stewart, Leah	14 TASC-MP	36.42	140 Haasbroek, Mari	12 EXP-TS	40.62	2 TUKS-TS	A	1:58.97	
75 Biggs, Courtney C	14 SASE-JH	36.42	141 Vermaak, Marizelle	13 HREF-BP	40.67	3 TUKS-TS	B	2:01.09	
76 Zoutendyk, Simi	12 RBOT-BP	36.55	142 Moabelo, Fatso J	12 BAS-EK	40.75	4 CA-EK	A	2:05.63	
77 Alton, Madison R	14 RFA-TS	36.57	143 Wakonyo, Talia W	11 SHAQC-ZZ	41.09	5 RFA-TS	A	2:06.93	
78 Jack, Kayden E	12 PER-JH	36.57	144 Trollip, Devhyn G	11 UNIU-EZ	41.10	Gauldie, Travis R 15	Bukes, Xander 16		
79 Korff, Rozaan	16 ACAQ-CC	36.64	145 Williams, Liya	11 NSFED	41.18	Kruger, Benje J 15	Lee, Nathan 15		
80 Redfern, Isabella M	14 CRSC-JH	36.72	146 Sam, Rebecca S	12 HPS-TS	41.20	6 BAS-EK	A	2:07.78	
81 Knight, Caitlin A	15 WATR-JH	36.76	147 Mpuchane, Laya S	12 DMSS	41.21	7 MAKO-EK	A	2:16.57	
82 Goodchild, Abigail	14 TUKS-TS	36.76	148 Shelton, Kyleigh A	12 ESTR-EK	41.25	8 UNIU-EZ	A	2:18.17	
83 Goosen, Rachele	14 UNIU-EZ	36.81	149 Tonkinson, Mia	11 SOUL-EK	41.49	Bosman, Daniel 15	Papadopoulos, Iliá N 14		
84 Scheepers, Tayla	13 RFA-TS	36.85	150 Van Breda, Isabella	12 NWUC-KK	41.55	Van Der Nest, Milan O 15	Rautenbach, Syrian B 11		
85 Whyte, Ava	10 HRE	36.87	151 Prinsloo, Miané	12 ACAQ-CC	41.58	9 AA-JH	A	2:19.19	
86 Janse van Rensburg, Noa-	11 TCA-EK	36.87	152 Qiu, Muyan	10 HRE	41.63	10 CRSC-JH	A	NT	
87 Venter, Mia	12 AWIN-TS	36.89	153 Syrett, Sienna	13 QUES-JH	41.76	11 DRGN-JH	A	NT	
88 Lospere, Aaliyah J	12 NSFED	36.94	154 Shaetonhodi, Larissa	12 NSFED	41.78				
89 Stoop, Carli	12 TUKS-TS	36.94	155 Knudsen, Harley	12 PGAC-EK	41.96				
90 Munyoro, Melanie M	14 WATR-JH	36.95	156 Roets, Emma	12 TUKS-TS	42.09				
			157 Short, Kyla J	12 MDOL-JH	42.28				

SA Level 3 Regional Age Group Champs 2026-AQ - 26/03/2026 to 29/03/2026

Psych Sheet

#418 Women 12 & Under 4x50 LC Meter Medley Relay 4 x 50 M

Team	Relay	Seed Time
1 MDOL-JH	A	2:26.55
Caldeira, Jessica S 12	Ndlovu, Marang L 12 Sun, Berre 11	
2 TUKS-TS	A	2:28.16
3 CA-EK	A	2:29.35
4 TUKS-TS	B	2:35.30
5 PAC-TS	A	2:37.13
6 NSFED	A	2:39.27
Losper, Aaliyah J 12	Stoffberg, Alexis 12	
Shaetonhodi, Larissa 12	Williams, Liya 11	
7 HRE	A	2:42.85
Qiu, Muyan 10	Mnangagwa, Bethany 12	
Whyte, Ava 10	Chirairo, Danaishe 11	
8 BASA	A	2:55.89
Timveos, Antonia 12	Sibanda, Monalisa 11	
Majoni, Joana 11	Sibanda, Jaynell 11	

#419 Women 13-14 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time
1 TUKS-TS	A	2:07.59
2 TUKS-TS	B	2:15.43
3 PAC-TS	A	2:16.52
4 RFA-TS	A	2:24.98
Van Rooyen, Zanie Z 14	Matthasen, Caitlin 14	
Alton, Madison R 14	Scheepers, Tayla 13	

#420 Women 15-16 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time
1 TUKS-TS	A	1:58.97
2 TUKS-TS	B	2:01.09
3 UNIU-EZ	A	2:25.65
Jansen, Megan M 16	Goosen, Rachele 14	
Goosen, Ashleigh 11	Rautenbach, Chloe M 13	

#421 Mixed 12 & Under 4x100 LC Meter Freestyle Relay 4 x 100

Team	Relay	Seed Time
1 CA-EK	A	4:34.09
2 TUKS-TS	A	4:42.97
3 NSFED	A	4:48.48
Thirion, Zandro M11	Klukowski, Joshua R M12	
Losper, Aaliyah J W12	Stoffberg, Alexis W12	
4 CA-EK	B	4:49.55
5 TUKS-TS	B	4:51.45
6 HRE	A	4:52.22
Bowl, Dominic M12	Balzer, Klaus M12	
Whyte, Ava W10	Qiu, Muyan W10	
7 MDOL-JH	A	4:53.58
Ashworth, Ryan R M12	Wheeler, Jaxon M12	
Caldeira, Jessica S W12		
8 AAS-JH	A	4:55.20
Moodley, Kellan D M11	Nemakanga, Thendo W11	
Madondo, Sabrina M W11	Banks, Tristan D M11	
9 EXP-TS	A	5:00.10
Smit, Anzel W12	Schroeder, Liam R M11	
De Souza, Peta W11	Vermeulen, Ben J M12	
10 HPS-TS	A	5:01.08
11 NSFED	B	5:02.00
Huang, Guoxuan M10	Williams, Liya W11	
Erni, Nele M W9	Swartz, Caleb M12	
12 TKS-WB	A	5:08.44
Vd Berg, Wihan M12	Claassen, Emma-lee W11	
Smit, Avah W11	Venter, Luan A M12	
13 BASA	A	NT
Sibanda, Monalisa W11	Petersen, Eli M11	
Timveos, Antonia W12	Madonko, Jamela M11	

#422 Mixed 13-14 4x100 LC Meter Freestyle Relay 4 x 100

Team	Relay	Seed Time
1 TUKS-TS	A	4:16.62
2 CA-EK	A	4:21.89
3 TUKS-TS	B	4:24.20
4 NSFED	A	4:24.50
Kathena, Junior J M14	Dippenaar, Katja R W13	
McNamara, Scarlett W14	Archer, Paul P M14	
5 CA-EK	B	4:26.22
6 PAC-TS	A	4:27.81
7 MDOL-JH	A	4:29.42
Schutze-Langston, Paige L	Cheshire, Kate E W13	
	Smith, Isaiah S M14	
8 RFA-TS	A	4:44.15
Booyesen, James C M14	Van Rooyen, Zanie Z W14	
Scheepers, Tayla W13	Groenewald, Liam D M11	
9 HRE	A	5:09.49
Muchengi, Nathaniel M12	Chirairo, Danaishe W11	
Mnangagwa, Bethany W12	Mudyiwa, Anashe M13	
10 AA-JH	A	NT
11 CRSC-JH	A	NT
12 MDOL-JH	B	NT
Nolan, Kathryn A W13	Arangies, Leon H M13	
Costa, Charlotte S W14	van der Walt, Conrad M14	

#423 Mixed 15-16 4x100 LC Meter Freestyle Relay 4 x 100

Team	Relay	Seed Time
1 TUKS-TS	A	4:07.46
2 TUKS-TS	B	4:10.67
3 CA-EK	A	4:14.21
4 MDOL-JH	A	4:14.88
Von Brandis, Carl C M15	Bruyns, Isabella M W16	
Kruger, Katelyn W15	Sandilands, Matthew L M15	
5 CA-EK	B	4:17.41
6 UNIU-EZ	A	4:19.08
Bosman, Daniel M15	Rautenbach, Chloe M W13	
Jansen, Megan M W16	Van Der Nest, Milan O M15	
7 BAS-EK	A	4:23.11
8 AA-JH	A	4:26.92
9 RFA-TS	A	4:26.94
Lee, Nathan M15	Barnard, Lyla W14	
Matthasen, Caitlin W14	Kruger, Benje J M15	
10 CRSC-JH	A	NT