

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events**

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**Aqua Athlete Durban-ET**

1	Aqua Athlete Durban - 'A' _____;	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	4:31.68
2	Aqua Athlete Durban - 'A' _____;	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	2:04.01
3	Aqua Athlete Durban - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:14.27
4	Aqua Athlete Durban - 'A' _____;	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:18.86
5	Aqua Athlete Durban - 'A' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:20.37

**Aqua Athlete Durban-ET Total Individual Entries: 0 - Total Relays: 5**

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events****Aquazone Swim Club-ET**

1	Aquazone Swim Club - 'A' _____;	#216 Women 12 & Under 4x100 Freestyle Relay 4	5:06.70
2	Aquazone Swim Club - 'A' _____;	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	4:03.75
3	Aquazone Swim Club - 'A' _____;	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	1:53.93
4	Aquazone Swim Club - 'A' _____;	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:13.74
5	Aquazone Swim Club - 'A' _____;	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	1:53.16
6	Aquazone Swim Club - 'A' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.81
7	Aquazone Swim Club - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:12.73
8	Aquazone Swim Club - 'A' _____;	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:05.84
9	Aquazone Swim Club - 'A' _____;	#418 Women 12 & Under 4x50 Medley Relay 4 x !	2:30.08
10	Aquazone Swim Club - 'A' _____;	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:08.46
11	Aquazone Swim Club - 'A' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:11.11
12	Aquazone Swim Club - 'A' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	3:55.87

**Aquazone Swim Club-ET Total Individual Entries: 0 - Total Relays: 12**

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events****Bloemfontein Otters-MA**

1	Bloemfontein Otters - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X :	4:43.71
	Pretorius, Christiaan L; Maree, Lohan L; Bergh, Ruan; Saunderson, Enrique C		
2	Bloemfontein Otters - 'A'	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	4:24.36
	Bergh, Ian; Duncan, Travis P; Lotriet, Dian H; Viviers, Pieter		
3	Bloemfontein Otters - 'A'	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:27.23
	de Jager, Ashleigh; Opperman, Inge; Gutter, Livia; Morgado, Zoe S		
4	Bloemfontein Otters - 'A'	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	NT
	Grobler, Danielle; Harbron, Danielle; _____; Van Schalkwyk, Zenicke		
5	Bloemfontein Otters - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:05.55
	Pretorius, Christiaan L; Maree, Lohan L; Bergh, Ruan; Saunderson, Enrique C		
6	Bloemfontein Otters - 'A'	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:59.29
	Bergh, Ian; Duncan, Travis P; Lotriet, Dian H; Viviers, Pieter		
7	Bloemfontein Otters - 'A'	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:13.90
	Maartens, Accalia M; Piechaczek, Z'Ney; Upton, Neri; Le Roux, Lisa		
8	Bloemfontein Otters - 'A'	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:01.30
	Morgado, Zoe S; Opperman, Inge; Gutter, Livia; de Jager, Ashleigh		
9	Bloemfontein Otters - 'A'	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	NT
	Grobler, Danielle; Harbron, Danielle; _____; van der Spuy, Melan		
10	Bloemfontein Otters - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:25.09
	Pretorius, Christiaan L; Le Roux, Lisa; Saunderson, Enrique C; Maartens, Accalia M		
11	Bloemfontein Otters - 'B'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:36.90
	de Vries, Jan-Hendrik; Bergh, Ruan; Maree, Lohan L; Piechaczek, Z'Ney		
12	Bloemfontein Otters - 'A'	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.78
	Van Schalkwyk, Zenicke; Viviers, Pieter; Duncan, Travis P; de Jager, Ashleigh		
13	Bloemfontein Otters - 'A'	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:13.38
	Bergh, Ian; Grobler, Danielle; Harbron, Danielle; Lotriet, Dian H		
14	Bloemfontein Otters - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:26.76
	Saunderson, Enrique C; van Biljon, SJ J; Bergh, Ruan; Pretorius, Christiaan L		
15	Bloemfontein Otters - 'A'	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:20.25
	Lotriet, Dian H; Viviers, Pieter; Duncan, Travis P; Maree, Lohan L		
16	Bloemfontein Otters - 'A'	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:15.77
	Bergh, Ian; Viviers, Pieter; Duncan, Travis P; Lotriet, Dian H		
17	Bloemfontein Otters - 'A'	#418 Women 12 & Under 4x50 Medley Relay 4 x 5	2:33.14
	Le Roux, Lisa; Maartens, Accalia M; Upton, Neri; Piechaczek, Z'Ney		
18	Bloemfontein Otters - 'A'	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:18.08
	Van Schalkwyk, Zenicke; Gutter, Livia; Morgado, Zoe S; de Jager, Ashleigh		
19	Bloemfontein Otters - 'A'	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	NT
	_____; Grobler, Danielle; Harbron, Danielle; Opperman, Inge		
20	Bloemfontein Otters - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:46.01
	Saunderson, Enrique C; Pretorius, Christiaan L; Maartens, Accalia M; Le Roux, Lisa		
21	Bloemfontein Otters - 'A'	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:31.98
	Duncan, Travis P; Viviers, Pieter; De Jager, Evin; Morgado, Zoe S		
22	Bloemfontein Otters - 'B'	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	NT
	Gutter, Livia; Lotriet, Dian H; van Biljon, SJ J; Opperman, Inge		

**Bloemfontein Otters-MA Total Individual Entries: 0 - Total Relays: 22**

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events**

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**Blue Ocean AquaticsSwim Club-UG**

1	Blue Ocean AquaticsSwim Club - 'A' _____ ; _____ ; _____ ; _____	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	4:08.36
2	Blue Ocean AquaticsSwim Club - 'A' _____ ; _____ ; _____ ; _____	#317 Men 15-16 4x50 Freestyle Relay 4 x 50 Free	1:54.92
3	Blue Ocean AquaticsSwim Club - 'A' _____ ; _____ ; _____ ; _____	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:09.03

**Blue Ocean AquaticsSwim Club-UG Total Individual Entries: 0 - Total Relays: 3**

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events****Kloof Asc-ET**

1	Kloof Asc - 'A'	#216 Women 12 & Under 4x100 Freestyle Relay 4	4:51.68
	_____;	_____;	_____;
2	Kloof Asc - 'A'	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:32.28
	_____;	_____;	_____;
3	Kloof Asc - 'A'	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:10.56
	_____;	_____;	_____;
4	Kloof Asc - 'A'	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:06.58
	_____;	_____;	_____;
5	Kloof Asc - 'A'	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	2:03.55
	_____;	_____;	_____;
6	Kloof Asc - 'A'	#418 Women 12 & Under 4x50 Medley Relay 4 x !	2:26.73
	_____;	_____;	_____;
7	Kloof Asc - 'A'	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.32
	_____;	_____;	_____;
8	Kloof Asc - 'A'	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:23.30
	_____;	_____;	_____;

**Kloof Asc-ET Total Individual Entries: 0 - Total Relays: 8**

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events****Penguins Swimming Club-UM**

1	Penguins Swimming Club - 'A' _____;	#216 Women 12 & Under 4x100 Freestyle Relay 4	5:10.00
2	Penguins Swimming Club - 'A' _____;	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:17.96
3	Penguins Swimming Club - 'A' _____;	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	2:03.15
4	Penguins Swimming Club - 'A' _____;	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.54
5	Penguins Swimming Club - 'A' _____;	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	1:59.54
6	Penguins Swimming Club - 'A' _____;	#418 Women 12 & Under 4x50 Medley Relay 4 x !	2:32.15
7	Penguins Swimming Club - 'A' _____;	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:13.17
8	Penguins Swimming Club - 'A' _____;	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:15.70
9	Penguins Swimming Club - 'A' _____;	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:07.49

**Penguins Swimming Club-UM Total Individual Entries: 0 - Total Relays: 9**

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events****Seals Asc-UM**

1	Seals Asc - 'A'	#216 Women 12 & Under 4x100 Freestyle Relay 4	4:48.30
	_____;	_____;	_____;
2	Seals Asc - 'A'	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	4:15.48
	_____;	_____;	_____;
3	Seals Asc - 'A'	#318 Women 12 & Under 4x50 Freestyle Relay 4 :	2:07.67
	_____;	_____;	_____;
4	Seals Asc - 'A'	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	1:58.21
	_____;	_____;	_____;
5	Seals Asc - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:40.10
	_____;	_____;	_____;
6	Seals Asc - 'A'	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:18.03
	_____;	_____;	_____;
7	Seals Asc - 'A'	#418 Women 12 & Under 4x50 Medley Relay 4 x 5	2:29.42
	_____;	_____;	_____;
8	Seals Asc - 'A'	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:10.63
	_____;	_____;	_____;
9	Seals Asc - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:34.00
	_____;	_____;	_____;
10	Seals Asc - 'A'	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	4:22.07
	_____;	_____;	_____;

**Seals Asc-UM Total Individual Entries: 0 - Total Relays: 10**

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events****Super Seals-MA**

1	Super Seals - 'A' Swart, Petrus J; Nagel, Gideon P; Erasmus, Marnu J; van Zyl, Hanco	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	5:11.55
2	Super Seals - 'A' Van der Walt, Diaan H; Wessels, Charl J; Steyl, Kayden L; Froneman, Andre'	#215 Men 15-16 4x100 Freestyle Relay 4 X 100 F	NT
3	Super Seals - 'A' Nel, Kailah; Kruger, Christine H; Bam, Lizanté; McQueen, Leanne C	#216 Women 12 & Under 4x100 Freestyle Relay 4	NT
4	Super Seals - 'A' Zietsman, Lika; Gasson, Elle R; Van Viegen, Ella A; Vorster, Arinda	#217 Women 13-14 4x100 Freestyle Relay 4 X 10	NT
5	Super Seals - 'A' Van Rensburg, Marne'; Munro, Diane; Pool, Johandri; Welgemoed, Isabelle	#218 Women 15-16 4x100 Freestyle Relay 4 X 10	NT
6	Super Seals - 'A' Wessels, Charl J; Froneman, Andre'; Steyl, Kayden L; van Zyl, Hanco	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	2:15.16
7	Super Seals - 'A' Zietsman, Lika; Gasson, Elle R; Van Viegen, Ella A; Vorster, Arinda	#319 Women 13-14 4x50 Freestyle Relay 4 x 50 F	2:08.34
8	Super Seals - 'A' Van Rensburg, Marne'; Munro, Diane; Pool, Johandri; Welgemoed, Isabelle	#320 Women 15-16 4x50 Freestyle Relay 4 x 50 F	NT
9	Super Seals - 'A' Nel, Kailah; Nagel, Gideon P; Swart, Petrus J; McQueen, Leanne C	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:35.17
10	Super Seals - 'A' Zietsman, Lika; Froneman, Andre'; Wessels, Charl J; Vorster, Arinda	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:10.85
11	Super Seals - 'A' van Zyl, Hanco; Munro, Diane; Van der Walt, Diaan H; Welgemoed, Isabelle	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	NT
12	Super Seals - 'A' van Zyl, Hanco; Froneman, Andre'; Wessels, Charl J; Steyl, Kayden L	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:38.54
13	Super Seals - 'A' Bam, Lizanté; Kruger, Christine H; McQueen, Leanne C; Nel, Kailah	#418 Women 12 & Under 4x50 Medley Relay 4 x 5	NT
14	Super Seals - 'A' Zietsman, Lika; Gasson, Elle R; Van Viegen, Ella A; Vorster, Arinda	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	NT
15	Super Seals - 'A' Nel, Kailah; Nagel, Gideon P; McQueen, Leanne C; Swart, Petrus J	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	5:00.22
16	Super Seals - 'A' Zietsman, Lika; Wessels, Charl J; Froneman, Andre'; Vorster, Arinda	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	NT
17	Super Seals - 'A' van Zyl, Hanco; Munro, Diane; Welgemoed, Isabelle; Van der Walt, Diaan H	#423 Mixed 15-16 4x100 Freestyle Relay 4 x 100	NT
<b>Super Seals-MA Total Individual Entries: 0 - Total Relays: 17</b>			

**SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026****Team Entries - All Events****Uniswim-EZ**

1	Uniswim - 'A'	#214 Men 13-14 4x100 Freestyle Relay 4 X 100 F	4:19.11
	Harty, Hunter R; van Niekerk, Vaughn; Burger, Marcus P; Pieterse, Nielan		
2	Uniswim - 'A'	#316 Men 13-14 4x50 Freestyle Relay 4 x 50 Free	1:59.24
	Pieterse, Nielan; van Niekerk, Vaughn; Bruyns, Andrew T; Burger, Marcus P		
3	Uniswim - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:27.28
	Swanepoel, Lander L; Banza, Emmanuela E; Cowley, Eldrid D; Niven, Ella L		
4	Uniswim - 'A'	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:21.32
	Pieterse, Nielan; Terblanche, Emma L; Bruyns, Andrew T; Muller, Anika		
5	Uniswim - 'A'	#416 Men 13-14 4x50 Medley Relay 4 x 50 Medle	2:18.66
	Pieterse, Nielan; Bruyns, Andrew T; van Niekerk, Vaughn; Harty, Hunter R		
6	Uniswim - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:55.73
	Niven, Ella L; Cowley, Eldrid D; Swanepoel, Lander L; Banza, Emmanuela E		
7	Uniswim - 'A'	#422 Mixed 13-14 4x100 Freestyle Relay 4 x 100	4:30.65
	Burger, Marcus P; Harty, Hunter R; Terblanche, Emma L; Muller, Anika		

**Uniswim-EZ Total Individual Entries: 0 - Total Relays: 7**