

SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026

Psych Sheet

#101 Men 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Swart, Petrus J	11	BLSS-MA	5:08.60
2 Erasmus, Marnu J	11	BLSS-MA	5:47.81
3 van Biljon, SJ J	11	BLOT-MA	5:51.69
4 Slabbert, Janne' D	11	BLOT-MA	6:05.06
5 Hasselmann, Liam	11	WSTV-ET	6:08.26

#102 Women 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Nel, Kailah	11	BLSS-MA	5:25.77
2 Kunzler, Mia E	11	KLOO-ET	5:28.02
3 Davies, Paige E	11	KLOO-ET	5:37.96
4 Hoar, Grace	11	KLOO-ET	5:44.67
5 Le Roux, Mieke	11	SEAL-UM	5:50.17
6 Kachisi, Mufaro	11	WSTV-ET	5:51.31
7 Bam, Lizanté	11	BLSS-MA	5:56.60
8 Sanya, Crystal	11	SHAQC-ZZ	6:02.94
9 Kruger, Christine H	11	BLSS-MA	6:03.82

#103 Men 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Nagel, Gideon P	12	BLSS-MA	5:21.80
2 Louw, André J	12	KALA	5:30.54
3 Potgieter, Caleb J	12	SEAL-UM	5:31.57
4 Haslam, Seth J	12	KLOO-ET	5:31.81
5 Nel, Dirk	12	WSS-LL	5:33.00
6 Hoffman, Anande N	12	USHPM-UM	5:46.45
7 Kearney, Leon	12	WSTV-ET	5:52.62
8 de Vries, Jan-Hendrik	12	BLOT-MA	5:54.10

#104 Women 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Ojwach, Neliza T	12	SEAL-UM	5:23.54
2 Morgado, Hannah O	12	CSA-EZ	5:31.77
3 Dempsey, Mckenzie A	12	AZON-ET	5:33.74
4 Kuhn, Alexa J	12	CASC-CP	5:37.91
5 McQueen, Leanne C	12	BLSS-MA	5:41.11
6 Makhanya, Naledi	12	KLOO-ET	5:44.69
7 Coleman, Willow	12	SEAL-UM	5:48.39
8 Niven, Ella L	12	UNI-EZ	5:52.94
9 Nysschen, Nicola	12	KTS	5:56.69
10 Wolmarans, Karla	12	UPSK	6:34.07

#105 Men 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Orffer, Llewellyn	13	UPSK	5:12.29
2 Harty, Hunter R	13	UNI-EZ	5:21.71
3 Bouwer, Levi G	13	WELA-LL	5:21.87
4 Steyl, Kayden L	13	BLSS-MA	5:25.42
5 Hlophe, Lihle L	13	CASC-CP	5:29.00
6 Wessels, Charl J	13	BLSS-MA	5:33.87
7 van Zyl, Hanco	13	BLSS-MA	5:37.99
8 Carson, Cayden J	13	BULS-MA	5:41.33
9 Koekemoer, Wian	13	AASC-GS	6:03.92

#106 Women 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Van Zyl, Liane	13	UPSK	5:23.35
2 Pabalinga, Reabetswe T	13	KLOO-ET	5:32.33
3 van Heerden, Lia	13	BS-LL	5:34.68
4 Hoar, Lily	13	KLOO-ET	5:42.28
5 Tuta, Oyama T	13	PELIC-MA	5:44.56
6 Tait, Holli	13	KLOO-ET	5:49.81
7 Schofield, Sarah A	13	AADUB-ET	5:49.83
8 Du Toit, Emma	12	BLOT-MA	6:00.52

#107 Men 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Naidoo, Riley M	14	BEAV-ET	4:58.95
2 Burger, Marcus P	14	UNI-EZ	4:59.52
3 Lindeboom, Douglas G	14	BLNE-MA	5:08.32
4 Le Breton, Damian	14	BULS-MA	5:08.83
5 Scriven, Conner K	14	BEAV-ET	5:18.11
6 Harbron, Nicholas	14	FAAC	5:22.43
7 Froneman, Andre'	14	BLSS-MA	5:23.27
8 Viviers, Pieter	14	BLOT-MA	5:30.27
9 Mostert, Stian	14	FAAC	5:33.78
10 Welthagen, Rhuwan	14	AASC-GS	5:38.45
11 Koekemoer, Braam	14	AASC-GS	5:39.85
12 Cronje, Jovan	14	KTS	5:43.70

#108 Women 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Morgado, Zoe S	14	BLOT-MA	5:06.38
2 Logie, Courtney A	14	KLOO-ET	5:07.25
3 Van Viegen, Ella A	14	BLSS-MA	5:10.43
4 de Jager, Ashleigh	14	BLOT-MA	5:11.98
5 Terblanche, Emma L	14	UNI-EZ	5:13.24
6 Opperman, Inge	14	BLOT-MA	5:17.81
7 Williams, Ashley	14	BLNE-MA	5:25.29
8 Du Toit, Lisa R	14	SEAL-UM	5:26.46
9 Maritz, Violet T	14	SEAL-UM	5:32.26
10 Slabber, Abi A	14	SEAL-UM	5:35.25
11 Muller, Anika	14	UNI-EZ	5:37.12
12 Van der Merwe, Ami	14	STSC-KC	5:39.12
13 Filday, Ziva L	14	AZON-ET	5:40.01

#109 Men 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Van der Walt, Diaan H	15	BLSS-MA	4:48.63
2 Van der Bijl, Almero	15	EGA-MA	4:51.59
3 Winkel, Liam H	15	SEAL-UM	4:55.53
4 Eilerd, Ayden I	15	KTS	5:04.40
5 Bergh, Ian	15	BLOT-MA	5:06.85
6 Jacobs, Levi	15	BULS-MA	5:08.66
7 Willemse, Sacha	15	UPSK	5:14.72

#110 Women 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Mutie, Muela S	15	KLOO-ET	4:58.36
2 Welgemoed, Isabelle	15	BLSS-MA	5:11.66
3 Clowes, Cailyn	15	SEAL-UM	5:12.28
4 Crozier, Emily N	15	FAAC	5:20.98
5 Avenant, Ankia	15	UPSK	5:25.47
6 Prins, Tiffany C	15	KTS	5:27.46
7 Filday, Deryn S	15	AZON-ET	5:31.27
8 Pool, Johandri	15	BLSS-MA	5:40.11

#111 Men 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Carimo, Kaamil A	16	UNI-EZ	4:50.85
2 Naidoo, Saieshan N	16	BEAV-ET	4:57.17
3 Guddisa, Elrohi	16	BLNE-MA	5:18.87

#112 Women 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Harbron, Danielle	16	BLOT-MA	5:00.68
2 Schuch, Talitha	16	SEAL-UM	5:21.93
3 Theron, Emma-Lee	16	BLOT-MA	5:30.62
4 Van Rensburg, Marne'	16	BLSS-MA	5:42.98

#201 Men 16 & Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Isted, Ashton S	15	AADUB-ET	57.10

2 Jacobs, Levi	15	BULS-MA	57.80
3 Naidoo, Saieshan N	16	BEAV-ET	58.67
4 Badenhorst, Jandre	16	BULS-MA	58.85
5 Willemse, Sacha	15	UPSK	59.17
6 Louw, Dirka A	16	EGA-MA	59.23
7 Carimo, Kaamil A	16	UNI-EZ	59.37
8 Van der Bijl, Almero	15	EGA-MA	59.89
9 Muller, Nathan	15	WSTV-ET	59.98
10 Le Breton, Damian	14	BULS-MA	1:00.31
11 Stead, Owen B	15	FRA-KC	1:00.66
12 Pretorius, Marnus S	15	VHD-ZL	1:00.68
13 Bergh, Ian	15	BLOT-MA	1:00.82
14 Joseph, Thabang L	15	SEAL-UM	1:00.82
15 Eilerd, Ayden I	15	KTS	1:01.24
16 Solomon, Riley	16	BLUO-UG	1:01.35
17 Lindeboom, Douglas G	14	BLNE-MA	1:02.01
18 Van der Walt, Diaan H	15	BLSS-MA	1:02.45
19 Guddisa, Elrohi	16	BLNE-MA	1:02.56
20 Potgieter, Ruben H	14	PSCP-UM	1:02.80
21 Coleman, Ewan H	14	AZON-ET	1:03.08
22 Koekemoer, Braam	14	AASC-GS	1:03.19
23 Orffer, Llewellyn	13	UPSK	1:03.73
24 Kruger, Rikhardt	14	UPSK	1:03.76
25 Tiedt, NJ J	15	GHSK	1:03.83
26 Carson, Cayden J	13	BULS-MA	1:04.24
27 Harty, Hunter R	13	UNI-EZ	1:04.58
28 van Niekerk, Vaughn	13	UNI-EZ	1:04.67
29 Claassens, Xuan	16	UNI-EZ	1:04.83
30 Burger, Marcus P	14	UNI-EZ	1:04.88
31 Pieterse, Nielan	14	UNI-EZ	1:04.98
32 Duncan, Travis P	14	BLOT-MA	1:05.31
33 Winkel, Liam H	15	SEAL-UM	1:05.54
34 Turner, Campbell T	13	PSCP-UM	1:05.80
35 Nixon, Morgan L	12	SEAL-UM	1:06.12
36 Pakkiri, Zuriel	14	BLUO-UG	1:06.22
37 Bruyns, Andrew T	13	UNI-EZ	1:06.31
38 Raynard, Enzo N	14	SEAL-UM	1:06.43
39 Scriven, Conner K	14	BEAV-ET	1:06.50
40 Viviers, Pieter	14	BLOT-MA	1:06.67
41 Bouwer, Levi G	13	WELA-LL	1:06.86
42 Harbron, Nicholas	14	FAAC	1:07.12
43 Swart, Petrus J	11	BLSS-MA	1:07.54
44 Fourie, Jouka	13	BETH-FD	1:07.98
45 van Zyl, Hanco	13	BLSS-MA	1:08.57
46 Bann, Rourke D	13	AZON-ET	1:08.61
47 Naidoo, Riley M	14	BEAV-ET	1:08.68
48 Opperman, Theodore S	13	FAAC	1:08.78
49 Cronje, Jovan	14	KTS	1:08.78
50 Saunderson, Enrique C	12	BLOT-MA	1:09.07
51 Mostert, Stian	14	FAAC	1:09.10
52 Freeman-Smith, Liam A	13	PSCP-UM	1:09.15
53 Welthagen, Rhuwan	14	AASC-GS	1:09.20
54 Mc Donald, Teegan N	14	AADUB-ET	1:09.23
55 Froneman, Andre'	14	BLSS-MA	1:09.59
56 Koekemoer, Wian	13	AASC-GS	1:10.25
57 Pretorius, Christiaan L	12	BLOT-MA	1:10.51
58 Cowley, Eldrid D	11	UNI-EZ	1:11.02
59 Nel, Dirk	12	WSS-LL	1:11.22
60 Mbugua, Dayo G	10	SHAQC-ZZ	1:11.28
61 Wiesner, Jordan	13	WSS-LL	1:11.42
62 Louw, André J	12	KALA	1:11.45
63 Lotriet, Dian H	14	BLOT-MA	1:11.56
64 Bergh, Ruan	12	BLOT-MA	1:11.59
65 Steyl, Kayden L	13	BLSS-MA	1:11.74
66 Wessels, Charl J	13	BLSS-MA	1:11.74
67 Hlophe, Lihle L	13	CASC-CP	1:11.80
68 Smit, Carter S	12	ASA-IL	1:11.82

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Psych Sheet

#201 ... (Men 16 & Under 100 LC Meter Freestyle)

69	Maree, Lohan L	11	BLOT-MA	1:12.54
70	Kotzé, Izak F	13	BS-LL	1:12.63
71	O'Tool, Travis	11	WELA-LL	1:13.30
72	Nagel, Gideon P	12	BLSS-MA	1:13.38
73	de Vries, Jan-Hendrik	12	BLOT-MA	1:13.80
74	Potgieter, Caleb J	12	SEAL-UM	1:14.23
75	Hasselmann, Liam	11	WSTV-ET	1:14.50
76	Ally, Luqmaan M	10	WSTV-ET	1:14.64
77	Oelofse, Hay-Din	11	TNDER-FD	1:14.77
78	De Jager, Evin	11	BLOT-MA	1:14.88
79	Greco, Grayson P	11	BLUO-UG	1:15.09
80	van Biljon, SJ J	11	BLOT-MA	1:15.70
81	Erasmus, Marnu J	11	BLSS-MA	1:15.86
82	Hoffman, Anande N	12	USHPM-UM	1:15.93
83	Haslam, Seth J	12	KLOO-ET	1:16.12
84	Kleynhans, Ivan	11	BLUO-UG	1:16.69
85	Van Zyl, Jacob L	10	SEAL-UM	1:17.42
86	Kearney, Leon	12	WSTV-ET	1:17.89
87	Van der Westhuizen, Han	12	MGSC-UG	1:18.20

#202 Women 16 & Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Morgado, Zoe S	14	BLOT-MA	1:05.12
2	Welgemoed, Isabelle	15	BLSS-MA	1:05.14
3	Leiper, Isla C	15	SEAL-UM	1:05.52
4	Eybers, Carli E	14	VHD-ZL	1:05.80
5	Van De Ruit, Carly A	15	AZON-ET	1:06.12
6	Goelst, Gemma J	15	SEAL-UM	1:06.22
7	De Haas, Hayley	14	USHPM-UM	1:06.26
8	Harbron, Danielle	16	BLOT-MA	1:06.30
9	Brown, Evalyn	15	AADUB-ET	1:06.41
10	Maritz, Violet T	14	SEAL-UM	1:06.55
11	Mutie, Muela S	15	KLOO-ET	1:06.57
12	Palframan, Sisanda B	13	SEAL-UM	1:06.62
13	de Jager, Ashleigh	14	BLOT-MA	1:06.66
14	Theron, Emma-Lee	16	BLOT-MA	1:06.74
15	Zietsman, Lika	14	BLSS-MA	1:06.86
16	Van Rensburg, Marne'	16	BLSS-MA	1:07.33
17	Van der Merwe, Kaylee	14	BETH-FD	1:07.37
18	Gutter, Livia	14	BLOT-MA	1:07.39
19	van Heerden, Lia	13	BS-LL	1:07.45
20	Van Zyl, Liane	13	UPSK	1:07.57
21	Avenant, Ankia	15	UPSK	1:07.63
22	Stuart, Tayla L	14	AADUB-ET	1:07.63
23	Du Toit, Lisa R	14	SEAL-UM	1:07.70
24	Schofield, Sarah A	13	AADUB-ET	1:07.88
25	Burt, Kristen A	16	PSCP-UM	1:07.92
26	Opperman, Inge	14	BLOT-MA	1:08.06
27	Prins, Tiffany C	15	KTS	1:08.27
28	Van der Merwe, Leane	14	UNI-EZ	1:08.27
29	Vorster, Arinda	14	BLSS-MA	1:08.34
30	Pabalinga, Reabetswe T	13	KLOO-ET	1:08.57
31	Mansill, Noa	15	WSS-LL	1:08.61
32	Van Viegen, Ella A	14	BLSS-MA	1:08.74
33	Filday, Deryn S	15	AZON-ET	1:08.80
34	Filday, Ziva L	14	AZON-ET	1:09.19
35	Ojwach, Neliza T	12	SEAL-UM	1:09.24
36	Williams, Ashley	14	BLNE-MA	1:09.27
37	March, Gea A	13	UPSK	1:09.29
38	Slabber, Abi A	14	SEAL-UM	1:09.31
39	Logie, Courtney A	14	KLOO-ET	1:09.51
40	Cupido, Donyelle	14	BLNE-MA	1:09.74
41	Leibbrandt, Amber S	15	AADUB-ET	1:09.76
42	Kunzler, Mia E	11	KLOO-ET	1:10.11
43	Booyens, Morgan H	12	PSCP-UM	1:10.16

44	Clowes, Cailyn	15	SEAL-UM	1:10.19
45	Le Roux, Lisa	12	BLOT-MA	1:10.36
46	Morgado, Hannah O	12	CSA-EZ	1:10.50
47	Gibson, Jess R	14	PSCP-UM	1:10.58
48	Dempsey, Mckenzie A	12	AZON-ET	1:10.71
49	Ngema, Olwe S	13	FRA-KC	1:10.79
50	Pillay, Delija	13	VHD-ZL	1:11.00
51	Niven, Ella L	12	UNI-EZ	1:11.09
52	Coleman, Willow	12	SEAL-UM	1:11.11
53	Snyders, Christie	13	BLSS-MA	1:11.15
54	Engelbrecht, Nieke C	16	UPSK	1:11.48
55	Meyer, Maya	15	BULS-MA	1:11.49
56	Alala, Melissa M	11	SHAQC-ZZ	1:11.55
57	Gasson, Elle R	14	BLSS-MA	1:11.56
58	Van Schalkwyk, Zenicke	14	BLOT-MA	1:11.60
59	Tuta, Oyama T	13	PELIC-MA	1:11.68
60	Radebe, Zekh S	13	USHPM-UM	1:11.97
61	Von Mollendorff, Emma J	12	KLOO-ET	1:12.03
62	Muller, Anika	14	UNI-EZ	1:12.17
63	Van der Merwe, Ami	14	STSC-KC	1:12.20
64	Shange, Aphelele	12	USHPM-UM	1:12.23
65	Roper, Elle-Anne	11	WSS-LL	1:12.76
66	Nel, Kailah	11	BLSS-MA	1:12.84
67	van der Linde, Kaylie C	12	VHD-ZL	1:13.20
68	Palframan, Layla G	12	SEAL-UM	1:13.22
69	Van Zyl, Alta M	13	SEAL-UM	1:13.58
70	Ronnie, Addyson H	14	PSCP-UM	1:13.60
71	Torrie, Brogan L	15	AZON-ET	1:13.64
72	Goosen, Jeanine C	12	BLNE-MA	1:13.75
73	Munro, Diane	16	BLSS-MA	1:13.83
74	Makhanya, Naledi	12	KLOO-ET	1:14.02
75	McQueen, Leanne C	12	BLSS-MA	1:14.14
76	Nadauld, Skyla F	12	BLUO-UG	1:14.53
77	Oelofse, Kens-Linn	11	TNDER-FD	1:14.63
78	Nysschen, Nicola	12	KTS	1:14.70
79	Le Roux, Mieke	11	SEAL-UM	1:14.73
80	Sykes, Sarah J	15	PSCP-UM	1:14.76
81	Kuhn, Alexa J	12	CASC-CP	1:15.02
82	Pool, Johandri	15	BLSS-MA	1:15.40
83	White, Suhanna	12	AQUA-UT	1:15.43
84	Hoar, Grace	11	KLOO-ET	1:15.52
85	Maartens, Accalia M	11	BLOT-MA	1:16.07
86	Fowler, Tenley P	12	AZON-ET	1:16.39
87	Dekker, Bailey A	11	KLOO-ET	1:16.91
88	Siebrits, Taylor L	14	STSC-KC	1:16.94
89	Kachisi, Mufaro	11	WSTV-ET	1:16.99
90	Banza, Emmanuela E	12	UNI-EZ	1:17.00
91	Hoar, Lily	13	KLOO-ET	1:17.11
92	Piechaczek, Z'Ney	11	BLOT-MA	1:17.26
93	Bam, Lizanté	11	BLSS-MA	1:17.67
94	Gibson-Taylor, Emma G	12	AZON-ET	1:17.85
95	Josiah, Phoebe S	12	PSCP-UM	1:18.52
96	Du Toit, Emma	12	BLOT-MA	1:18.82
97	Wolmarans, Karla	12	UPSK	1:19.37
98	Francis, Jessica J	11	SEAL-UM	1:19.41
99	Willemse, Kara C	12	VHD-ZL	1:19.41
100	Sausi, Amani M	12	AZON-ET	1:20.73
101	Kruger, Christine H	11	BLSS-MA	1:20.99

#205 Men 16 & Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Grobbelaar, Jamey L	16	AZON-ET	1:13.53
2	Badenhorst, Jandre	16	BULS-MA	1:14.76
3	Oelofse, Cay-Din	16	TNDER-FD	1:15.59
4	Van der Bijl, Almero	15	EGA-MA	1:17.23
5	Claassens, Xuan	16	UNI-EZ	1:18.73
6	Naidoo, Saieshan N	16	BEAV-ET	1:21.02

7	Tiedt, NJ J	15	GHSK	1:21.56
8	Turner, Campbell T	13	PSCP-UM	1:21.64
9	Mc Donald, Teegan N	14	AADUB-ET	1:21.93
10	Pakkiri, Zuriel	14	BLUO-UG	1:23.29
11	Solomon, Riley	16	BLUO-UG	1:23.35
12	Raynard, Enzo N	14	SEAL-UM	1:23.51
13	Le Breton, Damian	14	BULS-MA	1:23.69
14	Myeza, Ronewa	14	FRA-KC	1:24.36
15	Coetzee, Burhan	13	VALS-FD	1:24.57
16	Froneman, Andre'	14	BLSS-MA	1:24.77
17	Mostert, Stian	14	FAAC	1:24.91
18	Carson, Cayden J	13	BULS-MA	1:25.07
19	Hattingh, Ben	15	FAAC	1:25.22
20	Viviers, Pieter	14	BLOT-MA	1:25.33
21	Bann, Rourke D	13	AZON-ET	1:25.36
22	Harbron, Nicholas	14	FAAC	1:26.26
23	Freeman-Smith, Liam A	13	PSCP-UM	1:26.93
24	Wiesner, Jordan	13	WSS-LL	1:26.98
25	Nixon, Morgan L	12	SEAL-UM	1:27.48
26	Lindeboom, Douglas G	14	BLNE-MA	1:28.44
27	Welthagen, Rhuwan	14	AASC-GS	1:29.49
28	Guddisa, Elrohi	16	BLNE-MA	1:29.89
29	Scriven, Conner K	14	BEAV-ET	1:29.98
30	Bruyns, Andrew T	13	UNI-EZ	1:30.60
31	Greco, Grayson P	11	BLUO-UG	1:30.67
32	Coleman, Ewan H	14	AZON-ET	1:31.20
33	Nagel, Gideon P	12	BLSS-MA	1:31.41
34	Koekemoer, Braam	14	AASC-GS	1:31.82
35	Bouwer, Levi G	13	WELA-LL	1:32.33
36	Swanepoel, Lander L	12	UNI-EZ	1:32.33
37	Wessels, Charl J	13	BLSS-MA	1:32.59
38	Swart, Petrus J	11	BLSS-MA	1:33.20
39	Gichari, Keita K	12	SHAQC-ZZ	1:33.74
40	Harty, Hunter R	13	UNI-EZ	1:33.93
41	Koekemoer, Wian	13	AASC-GS	1:33.97
42	Haslam, Seth J	12	KLOO-ET	1:36.81
43	Kotzé, Izak F	13	BS-LL	1:37.79
44	Erasmus, Marnu J	11	BLSS-MA	1:38.33
45	Opperman, Theodore S	13	FAAC	1:38.45
46	Van Zyl, Jacob L	10	SEAL-UM	1:38.84
47	Van der Westhuizen, Han	12	MGSC-UG	1:39.59
48	Pretorius, Flippie	11	FRA-KC	1:39.88
49	Hoffman, Anande N	12	USHPM-UM	1:41.53
50	De Jager, Evin	11	BLOT-MA	1:41.58
51	Nel, Dirk	12	WSS-LL	1:41.76
52	van Zyl, Hanco	13	BLSS-MA	1:42.23
53	Kearney, Leon	12	WSTV-ET	1:46.40

#206 Women 16 & Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Grobler, Danielle	16	BLOT-MA	1:21.48
2	Munro, Diane	16	BLSS-MA	1:22.66
3	Schuch, Talitha	16	SEAL-UM	1:23.92
4	Gutter, Livia	14	BLOT-MA	1:24.26
5	Harbron, Danielle	16	BLOT-MA	1:24.47
6	Mansill, Noa	15	WSS-LL	1:25.02
7	Sykes, Sarah J	15	PSCP-UM	1:26.55
8	Pool, Johandri	15	BLSS-MA	1:26.80
9	Leiper, Isla C	15	SEAL-UM	1:27.39
10	Van Rooyen, Isabella S	14	AADUB-ET	1:27.50
11	Terblanche, Emma L	14	UNI-EZ	1:27.95
12	Snyders, Christie	13	BLSS-MA	1:28.07
13	Gibson, Jess R	14	PSCP-UM	1:28.19
14	Van De Ruit, Carly A	15	AZON-ET	1:28.21
15	Nadauld, Skyla F	12	BLUO-UG	1:28.47
16	Radebe, Zekh S	13	USHPM-UM	1:28.48
17	Leibbrandt, Amber S	15	AADUB-ET	1:28.74

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#206 ... (Women 16 & Under 100 LC Meter Breaststroke)

18	Welgemoed, Isabelle	15	BLSS-MA	1:28.79
19	Ronnie, Addyson H	14	PSCP-UM	1:29.02
20	Crozier, Emily N	15	FAAC	1:29.33
21	Van der Merwe, Ami	14	STSC-KC	1:29.38
22	Hughes, Cara	14	FRA-KC	1:29.46
23	Clowes, Cailyn	15	SEAL-UM	1:29.48
24	De Haas, Hayley	14	USHPM-UM	1:30.04
25	Maritz, Violet T	14	SEAL-UM	1:30.27
26	Gasson, Elle R	14	BLSS-MA	1:30.38
27	van der Spuy, Melan	14	BLOT-MA	1:30.51
28	Van Zyl, Alta M	13	SEAL-UM	1:30.91
29	Logie, Courtney A	14	KLOO-ET	1:31.00
30	White, Suhanna	12	AQUA-UT	1:31.15
31	Palframan, Sisanda B	13	SEAL-UM	1:31.58
32	Ojwach, Neliza T	12	SEAL-UM	1:31.61
33	Ayekun, Bella T	11	PSCP-UM	1:31.72
34	Siebrits, Taylor L	14	STSC-KC	1:31.75
35	Vorster, Arinda	14	BLSS-MA	1:31.77
36	Banza, Emmanuela E	12	UNI-EZ	1:31.85
37	Stuart, Tayla L	14	AADUB-ET	1:32.65
38	Van der Merwe, Leane	14	UNI-EZ	1:32.92
39	McQueen, Leanne C	12	BLSS-MA	1:33.27
40	de Jager, Ashleigh	14	BLOT-MA	1:33.35
41	Le Roux, Lisa	12	BLOT-MA	1:33.69
42	Cupido, Donyelle	14	BLNE-MA	1:33.95
43	Von Mollendorff, Emma J	12	KLOO-ET	1:34.19
44	Wakonyo, Talia W	11	SHAQC-ZZ	1:34.29
45	Roper, Elle-Anne	11	WSS-LL	1:34.81
46	Shange, Aphelele	12	USHPM-UM	1:35.06
47	Fowler, Tenley P	12	AZON-ET	1:35.09
48	Tait, Holli	13	KLOO-ET	1:36.08
49	Maartens, Accalia M	11	BLOT-MA	1:36.25
50	van Heerden, Lia	13	BS-LL	1:36.35
51	Niven, Ella L	12	UNI-EZ	1:36.41
52	Williams, Ashley	14	BLNE-MA	1:36.62
53	Booyesen, Morgan H	12	PSCP-UM	1:36.91
54	Gibson-Taylor, Emma G	12	AZON-ET	1:36.98
55	Coetzee, Kayla C	12	VALS-FD	1:37.03
56	Oelofse, Kens-Linn	11	TNDER-FD	1:39.89
57	Pillay, Delija	13	VHD-ZL	1:40.07
58	Josiah, Phoebe S	12	PSCP-UM	1:40.98
59	Francis, Jessica J	11	SEAL-UM	1:41.50
60	Kachisi, Mufaro	11	WSTV-ET	1:42.01
61	Goosen, Jeanine C	12	BLNE-MA	1:43.27
62	Dempsey, Mckenzie A	12	AZON-ET	1:44.43
63	Le Roux, Mieke	11	SEAL-UM	1:45.70
64	Erasmus, Alexis	11	FSE-KC	1:45.81
65	Kruger, Christine H	11	BLSS-MA	1:46.35

#207 Men 16 & Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Louw, Dirka A	16	EGA-MA	2:28.21
2	Bergh, Ian	15	BLOT-MA	2:30.71
3	Van der Bijl, Almero	15	EGA-MA	2:33.13
4	Joseph, Thabang L	15	SEAL-UM	2:34.93
5	Hlophe, Lihle L	13	CASC-CP	2:37.25
6	Stead, Owen B	15	FRA-KC	2:37.30
7	Winkel, Liam H	15	SEAL-UM	2:39.71
8	Cronje, Jovan	14	KTS	2:43.95
9	Burger, Marcus P	14	UNI-EZ	2:44.92
10	Lotriet, Dian H	14	BLOT-MA	2:45.39
11	Kruger, Rikhardt	14	UPSK	2:49.93
12	Swart, Petrus J	11	BLSS-MA	2:50.10
13	Bouwer, Levi G	13	WELA-LL	2:50.82
14	Steyl, Kayden L	13	BLSS-MA	2:51.96

15	Nagel, Gideon P	12	BLSS-MA	2:52.82
16	Lindeboom, Douglas G	14	BLNE-MA	2:53.50
17	Naidoo, Riley M	14	BEAV-ET	2:54.23
18	van Zyl, Hanco	13	BLSS-MA	2:55.53
19	Wessels, Charl J	13	BLSS-MA	2:55.57
20	Opperman, Theodore S	13	FAAC	2:56.26
21	Orffer, Llewellyn	13	UPSK	2:59.44
22	Maree, Lohan L	11	BLOT-MA	2:59.68
23	Kotzé, Izak F	13	BS-LL	3:01.31
24	O'Tool, Travis	11	WELA-LL	3:01.61
25	van Biljon, SJJ	11	BLOT-MA	3:01.79
26	Erasmus, Marnu J	11	BLSS-MA	3:01.94
27	Saunderson, Enrique C	12	BLOT-MA	3:02.86
28	Mbugua, Dayo G	10	SHAQC-ZZ	3:02.99
29	de Vries, Jan-Hendrik	12	BLOT-MA	3:03.20
30	Cowley, Eldrid D	11	UNI-EZ	3:03.62
31	Oelofse, Hay-Din	11	TNDER-FD	3:04.26
32	Kearney, Leon	12	WSTV-ET	3:10.15
33	Hasselmann, Liam	11	WSTV-ET	3:10.22
34	Carson, Cayden J	13	BULS-MA	3:10.85
35	Koekemoer, Wian	13	AASC-GS	3:11.19
36	Louw, André J	12	KALA	3:32.54

#208 Women 16 & Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Van Schalkwyk, Zenicke	14	BLOT-MA	2:40.02
2	Van den Heever, Liv M	14	AZON-ET	2:40.54
3	De Haas, Hayley	14	USHPM-UM	2:41.36
4	Van Rooyen, Isabella S	14	AADUB-ET	2:42.70
5	Goelst, Gemma J	15	SEAL-UM	2:43.14
6	Brown, Evalyn	15	AADUB-ET	2:43.98
7	Van Viegen, Ella A	14	BLSS-MA	2:44.97
8	Pabalinga, Reabetswe T	13	KLOO-ET	2:46.41
9	Terblanche, Emma L	14	UNI-EZ	2:46.84
10	Saint, Tara	16	KLOO-ET	2:47.23
11	Zietsman, Lika	14	BLSS-MA	2:47.53
12	Avenant, Ankia	15	UPSK	2:48.73
13	Kunzler, Mia E	11	KLOO-ET	2:48.86
14	Muller, Anika	14	UNI-EZ	2:49.56
15	Burt, Kristen A	16	PSCP-UM	2:50.29
16	Filday, Ziva L	14	AZON-ET	2:50.39
17	Filday, Deryn S	15	AZON-ET	2:51.06
18	Torrie, Brogan L	15	AZON-ET	2:51.35
19	Prins, Tiffany C	15	KTS	2:51.56
20	Kuhn, Alexa J	12	CASC-CP	2:52.23
21	Gutter, Livia	14	BLOT-MA	2:52.33
22	Davies, Paige E	11	KLOO-ET	2:53.07
23	Logie, Courtney A	14	KLOO-ET	2:54.15
24	Makhanya, Naledi	12	KLOO-ET	2:55.22
25	van Heerden, Lia	13	BS-LL	2:57.10
26	Nel, Kailah	11	BLSS-MA	2:57.68
27	Williams, Ashley	14	BLNE-MA	2:58.81
28	Van Rensburg, Marne'	16	BLSS-MA	2:59.52
29	McQueen, Leanne C	12	BLSS-MA	3:00.15
30	Tuta, Oyama T	13	PELIC-MA	3:00.69
31	Coleman, Willow	12	SEAL-UM	3:01.33
32	Tait, Holli	13	KLOO-ET	3:02.13
33	Van Zyl, Liane	13	UPSK	3:03.07
34	Hoar, Lily	13	KLOO-ET	3:03.31
35	Le Roux, Mieke	11	SEAL-UM	3:03.92
36	Nysschen, Nicola	12	KTS	3:06.17
37	Oelofse, Kens-Linn	11	TNDER-FD	3:08.85
38	Francis, Jessica J	11	SEAL-UM	3:09.66
39	Pillay, Delija	13	VHD-ZL	3:10.27
40	Mahomed, Hannah A	11	PSCP-UM	3:10.66
41	Hoar, Grace	11	KLOO-ET	3:11.93
42	Sanya, Crystal	11	SHAQC-ZZ	3:12.00

43	Bam, Lizanté	11	BLSS-MA	3:12.43
44	Josiah, Phoebe S	12	PSCP-UM	3:12.59
45	Kruger, Christine H	11	BLSS-MA	3:18.62
46	Du Toit, Emma	12	BLOT-MA	3:20.03

#211 Men 16 & Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Isted, Ashton S	15	AADUB-ET	1:02.82
2	Willemse, Sacha	15	UPSK	1:03.62
3	Oelofse, Cay-Din	16	TNDER-FD	1:03.70
4	Naidoo, Saieshan N	16	BEAV-ET	1:04.26
5	Carimo, Kaamil A	16	UNI-EZ	1:05.87
6	Jacobs, Levi	15	BULS-MA	1:07.25
7	Le Breton, Damian	14	BULS-MA	1:08.11
8	Louw, Dirka A	16	EGA-MA	1:08.25
9	Lindeboom, Douglas G	14	BLNE-MA	1:09.74
10	Mostert, Stian	14	FAAC	1:10.29
11	Muller, Nathan	15	WSTV-ET	1:10.32
12	Pretorius, Marnus S	15	VHD-ZL	1:11.19
13	Hattingh, Ben	15	FAAC	1:11.54
14	Naidoo, Riley M	14	BEAV-ET	1:11.67
15	Grobbelaar, Jamey L	16	AZON-ET	1:12.04
16	Duncan, Travis P	14	BLOT-MA	1:12.09
17	Guddisa, Elrohi	16	BLNE-MA	1:12.30
18	Bergh, Ian	15	BLOT-MA	1:12.37
19	Solomon, Riley	16	BLUO-UG	1:12.66
20	Stead, Owen B	15	FRA-KC	1:13.79
21	Badenhorst, Jandre	16	BULS-MA	1:14.43
22	Eilerd, Ayden I	15	KTS	1:14.71
23	Freeman-Smith, Liam A	13	PSCP-UM	1:14.77
24	Carson, Cayden J	13	BULS-MA	1:17.02
25	Swart, Petrus J	11	BLSS-MA	1:17.16
26	Kotzé, Izak F	13	BS-LL	1:17.96
27	Pakkiri, Zuriel	14	BLUO-UG	1:18.09
28	Hlophe, Lihle L	13	CASC-CP	1:18.28
29	Kruger, Rikhardt	14	UPSK	1:18.44
30	Nagel, Gideon P	12	BLSS-MA	1:19.27
31	Bouwer, Levi G	13	WELA-LL	1:19.28
32	Wessels, Charl J	13	BLSS-MA	1:23.26
33	Bergh, Ruan	12	BLOT-MA	1:23.45
34	Smit, Carter S	12	ASA-IL	1:23.49
35	Gichari, Keita K	12	SHAQC-ZZ	1:23.57
36	Mc Donald, Teegan N	14	AADUB-ET	1:24.56
37	Orffer, Llewellyn	13	UPSK	1:25.63
38	Welthagen, Rhuwan	14	AASC-GS	1:25.69
39	Mbugua, Dayo G	10	SHAQC-ZZ	1:26.24
40	Steyl, Kayden L	13	BLSS-MA	1:26.65
41	Saunderson, Enrique C	12	BLOT-MA	1:26.66
42	Kleynhans, Ivan	11	BLUO-UG	1:27.61
43	Hasselmann, Liam	11	WSTV-ET	1:28.35
44	Maree, Lohan L	11	BLOT-MA	1:31.25
45	O'Tool, Travis	11	WELA-LL	1:31.34
46	Nel, Dirk	12	WSS-LL	1:31.44
47	Erasmus, Marnu J	11	BLSS-MA	1:41.02
48	Kearney, Leon	12	WSTV-ET	1:45.65

#212 Women 16 & Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Grobler, Danielle	16	BLOT-MA	1:12.59
2	Engelbrecht, Nieke C	16	UPSK	1:15.70
3	Mansill, Noa	15	WSS-LL	1:16.41
4	Van Zyl, Liane	13	UPSK	1:16.53
5	Clowes, Cailyn	15	SEAL-UM	1:16.86
6	Van Viegen, Ella A	14	BLSS-MA	1:16.90
7	Cupido, Donyelle	14	BLNE-MA	1:17.25
8	Morgado, Zoe S	14	BLOT-MA	1:17.48
9	Snyders, Christie	13	BLSS-MA	1:17.56

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#212 ... (Women 16 & Under 100 LC Meter Butterfly)

10	Stuart, Tayla L	14	AADUB-ET	1:18.49
11	Meyer, Maya	15	BULS-MA	1:18.85
12	March, Gea A	13	UPSK	1:19.18
13	Morgado, Hannah O	12	CSA-EZ	1:19.45
14	Palframan, Sisanda B	13	SEAL-UM	1:19.60
15	Opperman, Inge	14	BLOT-MA	1:19.79
16	Alala, Melissa M	11	SHAQC-ZZ	1:19.94
17	Mutie, Muela S	15	KLOO-ET	1:20.02
18	Zietsman, Lika	14	BLSS-MA	1:20.08
19	Ojwach, Neliza T	12	SEAL-UM	1:20.28
20	Tuta, Oyama T	13	PELIC-MA	1:20.89
21	Kuhn, Alexa J	12	CASC-CP	1:22.18
22	Van der Merwe, Leane	14	UNI-EZ	1:23.66
23	van der Spuy, Melan	14	BLOT-MA	1:24.66
24	Le Roux, Mieke	11	SEAL-UM	1:25.07
25	Hoar, Lily	13	KLOO-ET	1:25.69
26	Schofield, Sarah A	13	AADUB-ET	1:26.29
27	Oelofse, Kens-Linn	11	TNDER-FD	1:26.31
28	Sikhakhane, Phiwo E	12	AZON-ET	1:26.67
29	Upton, Neri	12	BLOT-MA	1:26.91
30	McQueen, Leanne C	12	BLSS-MA	1:27.53
31	Davies, Paige E	11	KLOO-ET	1:27.62
32	Kachisi, Mufaro	11	WSTV-ET	1:28.01
33	Torrie, Brogan L	15	AZON-ET	1:28.26
34	Shange, Aphelele	12	USHPM-UM	1:29.19
35	van der Linde, Kaylie C	12	VHD-ZL	1:30.25
36	Willemse, Kara C	12	VHD-ZL	1:30.31
37	Wolmarans, Karla	12	UPSK	1:30.81
38	Palframan, Layla G	12	SEAL-UM	1:31.53
39	Sausi, Amani M	12	AZON-ET	1:31.65
40	Erasmus, Alexis	11	FSE-KC	1:31.87
41	Ronnie, Addyson H	14	PSCP-UM	1:32.91
42	Coleman, Willow	12	SEAL-UM	1:33.89
43	Bam, Lizanté	11	BLSS-MA	1:34.35
44	Roper, Elle-Anne	11	WSS-LL	1:35.58
45	Francis, Jessica J	11	SEAL-UM	1:35.95
46	Piechaczek, Z'Ney	11	BLOT-MA	1:47.20
47	Coetzee, Kayla C	12	VALS-FD	1:58.51

#213 Men 12 & Under 4x100 LC Meter Freestyle Relay 4 X 4

Team	Relay	Seed Time
1	BLOT-MA M12 A	4:43.71
	Pretorius, Christiaan L 12	Maree, Lohan L 11
	Bergh, Ruan 12	Saunderson, Enrique C 12

#214 Men 13-14 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	UNI-EZ A	4:19.11
	Harty, Hunter R 13	van Niekerk, Vaughn 13
	Burger, Marcus P 14	Pieterse, Nielan 14
2	BLSS-MA A	5:11.55
	Swart, Petrus J 11	Nagel, Gideon P 12
	Erasmus, Marnu J 11	van Zyl, Hanco 13

#215 Men 15-16 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	BLUO-UG A	4:08.36
2	BLOT-MA A	4:24.36
	Bergh, Ian 15	Duncan, Travis P 14
	Lotriet, Dian H 14	Viviers, Pieter 14
3	BLSS-MA A	NT
	Van der Walt, Diaan H 15	Wessels, Charl J 13
	Steyl, Kayden L 13	Froneman, Andre' 14

#216 Women 12 & Under 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1	SEAL-UM A	4:48.30

2	KLOO-ET A	4:51.68
3	AZON-ET A	5:06.70
4	PSCP-UM A	5:10.00
5	BLSS-MA A	NT
	Nel, Kailah 11	Kruger, Christine H 11
	Bam, Lizanté 11	McQueen, Leanne C 12

#217 Women 13-14 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1	SEAL-UM A	4:15.48
2	BLOT-MA A	4:27.23
	de Jager, Ashleigh 14	Opperman, Inge 14
	Gutter, Livia 14	Morgado, Zoe S 14
3	KLOO-ET A	4:32.28
4	BLSS-MA A	NT
	Zietsman, Lika 14	Gasson, Elle R 14
	Van Viegen, Ella A 14	Vorster, Arinda 14

#218 Women 15-16 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1	AZON-ET A	4:03.75
2	AADUB-ET A	4:31.68
3	BLOT-MA A	NT
	Grobler, Danielle 16	Harbron, Danielle 16
		Van Schalkwyk, Zenicke 14
4	BLSS-MA A	NT
	Van Rensburg, Marne' 16	Munro, Diane 16
	Pool, Johandri 15	Welgemoed, Isabelle 15

#301 Men 16 & Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1	Muller, Nathan	15	WSTV-ET 2:10.75
2	Naidoo, Saieshan N	16	BEAV-ET 2:11.63
3	Badenhorst, Jandre	16	BULS-MA 2:13.37
4	Willemse, Sacha	15	UPSK 2:14.15
5	Van der Bijl, Almero	15	EGA-MA 2:14.50
6	Van der Walt, Diaan H	15	BLSS-MA 2:14.76
7	Joseph, Thabang L	15	SEAL-UM 2:16.20
8	Louw, Dirka A	16	EGA-MA 2:18.20
9	Eilerd, Ayden I	15	KTS 2:20.27
10	Burger, Marcus P	14	UNI-EZ 2:20.41
11	Lindeboom, Douglas G	14	BLNE-MA 2:22.23
12	Naidoo, Riley M	14	BEAV-ET 2:22.66
13	Koekemoer, Braam	14	AASC-GS 2:22.87
14	Duncan, Travis P	14	BLOT-MA 2:22.90
15	Orffer, Llewellyn	13	UPSK 2:23.03
16	Tiedt, NJ J	15	GHSK 2:23.63
17	Claassens, Xuan	16	UNI-EZ 2:24.35
18	Guddisa, Elrohi	16	BLNE-MA 2:24.87
19	van Niekerk, Vaughn	13	UNI-EZ 2:25.94
20	Harty, Hunter R	13	UNI-EZ 2:26.01
21	Bouwer, Levi G	13	WELA-LL 2:26.67
22	Swart, Petrus J	11	BLSS-MA 2:27.31
23	Potgieter, Ruben H	14	PSCP-UM 2:29.34
24	Solomon, Riley	16	BLUO-UG 2:29.55
25	Carson, Cayden J	13	BULS-MA 2:29.59
26	Nixon, Morgan L	12	SEAL-UM 2:31.50
27	Cronje, Jovan	14	KTS 2:32.62
28	Froneman, Andre'	14	BLSS-MA 2:32.69
29	Harbron, Nicholas	14	FAAC 2:33.24
30	Viviers, Pieter	14	BLOT-MA 2:33.28
31	Opperman, Theodore S	13	FAAC 2:33.45
32	Smuts, Conor	13	AZON-ET 2:34.94
33	Steyl, Kayden L	13	BLSS-MA 2:35.78
34	Saunderson, Enrique C	12	BLOT-MA 2:36.14
35	Wessels, Charl J	13	BLSS-MA 2:36.87
36	Scriven, Conner K	14	BEAV-ET 2:37.26
37	Bann, Rourke D	13	AZON-ET 2:37.53

38	van Zyl, Hanco	13	BLSS-MA 2:37.85
39	Nagel, Gideon P	12	BLSS-MA 2:38.38
40	Koekemoer, Wian	13	AASC-GS 2:38.87
41	Louw, André J	12	KALA 2:38.89
42	Nel, Dirk	12	WSS-LL 2:39.09
43	Stead, Owen B	15	FRA-KC 2:39.28
44	Potgieter, Caleb J	12	SEAL-UM 2:39.34
45	Hlophe, Lihle L	13	CASC-CP 2:39.84
46	Mbugua, Dayo G	10	SHAQC-ZZ 2:40.13
47	O'Tool, Travis	11	WELA-LL 2:40.24
48	Lotriet, Dian H	14	BLOT-MA 2:40.70
49	Hoffman, Anande N	12	USHPM-UM 2:41.75
50	Oelofse, Hay-Din	11	TNDER-FD 2:41.83
51	Bergh, Ruan	12	BLOT-MA 2:42.09
52	De Jager, Evin	11	BLOT-MA 2:42.34
53	Erasmus, Marnu J	11	BLSS-MA 2:42.46
54	Maree, Lohan L	11	BLOT-MA 2:42.90
55	Hasselmann, Liam	11	WSTV-ET 2:43.23
56	Hattingh, Theodor S	12	FAAC 2:43.71
57	Welthagen, Rhuwan	14	AASC-GS 2:43.78
58	Kearney, Leon	12	WSTV-ET 2:44.12
59	de Vries, Jan-Hendrik	12	BLOT-MA 2:44.26
60	van Biljon, SJ J	11	BLOT-MA 2:44.82
61	Dlamini, Nchubeko M	12	AZON-ET 2:44.86
62	Cowley, Eldrid D	11	UNI-EZ 2:44.91
63	Pretorius, Christiaan L	12	BLOT-MA 2:45.82
64	Kleynhans, Ivan	11	BLUO-UG 2:46.02
65	Kotzé, Izak F	13	BS-LL 2:47.06
66	Greco, Grayson P	11	BLUO-UG 2:47.60
67	Pretorius, Flippie	11	FRA-KC 3:07.15

#302 Women 16 & Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1	Mutie, Muela S	15	KLOO-ET 2:21.69
2	Morgado, Zoe S	14	BLOT-MA 2:21.73
3	Grobler, Danielle	16	BLOT-MA 2:23.04
4	Leiper, Isla C	15	SEAL-UM 2:23.28
5	Harbron, Danielle	16	BLOT-MA 2:23.61
6	Welgemoed, Isabelle	15	BLSS-MA 2:25.24
7	Goelst, Gemma J	15	SEAL-UM 2:26.08
8	Van Viegen, Ella A	14	BLSS-MA 2:26.18
9	Avenant, Ankia	15	UPSK 2:26.71
10	de Jager, Ashleigh	14	BLOT-MA 2:27.31
11	Stuart, Tayla L	14	AADUB-ET 2:28.44
12	Clowes, Cailyn	15	SEAL-UM 2:29.50
13	Logie, Courtney A	14	KLOO-ET 2:29.51
14	Burt, Kristen A	16	PSCP-UM 2:29.56
15	Palframan, Sisanda B	13	SEAL-UM 2:29.64
16	Cupido, Donyelle	14	BLNE-MA 2:29.80
17	Maritz, Violet T	14	SEAL-UM 2:29.96
18	Van Zyl, Liane	13	UPSK 2:30.32
19	Opperman, Inge	14	BLOT-MA 2:30.44
20	Ojwach, Neliza T	12	SEAL-UM 2:30.49
21	Du Toit, Lisa R	14	SEAL-UM 2:30.54
22	Theron, Emma-Lee	16	BLOT-MA 2:30.78
23	Zietsman, Lika	14	BLSS-MA 2:31.08
24	Filday, Deryn S	15	AZON-ET 2:31.12
25	Nel, Kailah	11	BLSS-MA 2:31.24
26	Van Schalkwyk, Zenicke	14	BLOT-MA 2:31.37
27	Prins, Tiffany C	15	KTS 2:31.96
28	Kunzler, Mia E	11	KLOO-ET 2:32.18
29	Van De Ruit, Carly A	15	AZON-ET 2:32.26
30	Van Rensburg, Marne'	16	BLSS-MA 2:32.37
31	Ngema, Olwe S	13	FRA-KC 2:32.38
32	Van der Merwe, Leane	14	UNI-EZ 2:32.81
33	Morgado, Hannah O	12	CSA-EZ 2:33.54
34	Filday, Ziva L	14	AZON-ET 2:34.26

SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026

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#302 ... (Women 16 & Under 200 LC Meter Freestyle)

35	van Heerden, Lia	13	BS-LL	2:34.28
36	Slabber, Abi A	14	SEAL-UM	2:34.39
37	Pabalinga, Reabetswe T	13	KLOO-ET	2:34.51
38	Meyer, Maya	15	BULS-MA	2:34.59
39	Williams, Ashley	14	BLNE-MA	2:34.98
40	Eybers, Carli E	14	VHD-ZL	2:35.51
41	Dempsey, Mckenzie A	12	AZON-ET	2:35.91
42	Schofield, Sarah A	13	AADUB-ET	2:37.77
43	Shange, Aphelele	12	USHPM-UM	2:38.42
44	Muller, Anika	14	UNI-EZ	2:38.57
45	Niven, Ella L	12	UNI-EZ	2:38.88
46	March, Gea A	13	UPSK	2:38.99
47	Tuta, Oyama T	13	PELIC-MA	2:39.80
48	Kuhn, Alexa J	12	CASC-CP	2:40.39
49	Coleman, Willow	12	SEAL-UM	2:41.10
50	van der Linde, Kaylie C	12	VHD-ZL	2:41.30
51	McQueen, Leanne C	12	BLSS-MA	2:42.50
52	Munro, Diane	16	BLSS-MA	2:43.23
53	Oelofse, Kens-Linn	11	TNDER-FD	2:43.58
54	Makhanya, Naledi	12	KLOO-ET	2:43.66
55	Nysschen, Nicola	12	KTS	2:44.22
56	Pool, Johandri	15	BLSS-MA	2:44.89
57	Tait, Holli	13	KLOO-ET	2:45.42
58	Sikhakhane, Phiwo E	12	AZON-ET	2:45.56
59	Hoar, Grace	11	KLOO-ET	2:45.81
60	Kachisi, Mufaro	11	WSTV-ET	2:45.95
61	Palframan, Layla G	12	SEAL-UM	2:46.55
62	Le Roux, Mieke	11	SEAL-UM	2:46.57
63	Torrie, Brogan L	15	AZON-ET	2:46.85
64	Goosen, Jeanine C	12	BLNE-MA	2:47.10
65	Piechaczek, Z'Ney	11	BLOT-MA	2:47.91
66	Sanya, Crystal	11	SHAQC-ZZ	2:48.12
67	Bam, Lizanté	11	BLSS-MA	2:48.36
68	White, Suhanna	12	AQUA-UT	2:50.73
69	Siebrits, Taylor L	14	STSC-KC	2:50.74
70	Von Mollendorff, Emma J	12	KLOO-ET	2:51.55
71	Du Toit, Emma	12	BLOT-MA	2:52.20
72	Maartens, Accalia M	11	BLOT-MA	2:53.68
73	Francis, Jessica J	11	SEAL-UM	2:55.17
74	Kruger, Christine H	11	BLSS-MA	2:55.34
75	Willemse, Kara C	12	VHD-ZL	2:57.94
76	Sausi, Amani M	12	AZON-ET	2:59.25
77	Dekker, Bailey A	11	KLOO-ET	3:02.66

#305 Men 16 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Oelofse, Cay-Din	16	TNDER-FD	32.83
2	Badenhorst, Jandre	16	BULS-MA	33.69
3	Van der Bijl, Almero	15	EGA-MA	34.59
4	Claassens, Xuan	16	UNI-EZ	35.39
5	Grobbelaar, Jamey L	16	AZON-ET	35.63
6	Bann, Rourke D	13	AZON-ET	35.95
7	Jacobs, Levi	15	BULS-MA	36.02
8	Tiedt, NJ J	15	GHSK	36.23
9	Le Breton, Damian	14	BULS-MA	36.31
10	Turner, Campbell T	13	PSCP-UM	36.51
11	Mostert, Stian	14	FAAC	36.82
12	Naidoo, Saieshan N	16	BEAV-ET	36.94
13	Muller, Nathan	15	WSTV-ET	37.14
14	Kruger, Rikhardt	14	UPSK	37.26
15	Mc Donald, Teegan N	14	AADUB-ET	37.54
16	Myeza, Ronewa	14	FRA-KC	37.55
17	Raynard, Enzo N	14	SEAL-UM	37.60
18	Pakkiri, Zuriel	14	BLUO-UG	37.61
19	Nixon, Morgan L	12	SEAL-UM	38.05

20	Solomon, Riley	16	BLUO-UG	38.09
21	Hattingh, Ben	15	FAAC	38.18
22	Coetzee, Burhan	13	VALS-FD	38.21
23	Wiesner, Jordan	13	WSS-LL	38.26
24	Carson, Cayden J	13	BULS-MA	38.31
25	Harbron, Nicholas	14	FAAC	38.46
26	Guddisa, Elrohi	16	BLNE-MA	38.59
27	Viviers, Pieter	14	BLOT-MA	38.61
28	Carimo, Kaamil A	16	UNI-EZ	39.48
29	Scriven, Conner K	14	BEAV-ET	39.56
30	Froneman, Andre'	14	BLSS-MA	39.60
31	Smuts, Conor	13	AZON-ET	39.70
32	Koekemoer, Braam	14	AASC-GS	40.03
33	Bruyns, Andrew T	13	UNI-EZ	40.26
34	Welthagen, Rhuwan	14	AASC-GS	40.34
35	Harty, Hunter R	13	UNI-EZ	40.53
36	Freeman-Smith, Liam A	13	PSCP-UM	40.84
37	Bouwer, Levi G	13	WELA-LL	40.89
38	Lindeboom, Douglas G	14	BLNE-MA	40.95
39	Dlamini, Nchubeko M	12	AZON-ET	41.17
40	Greco, Grayson P	11	BLUO-UG	41.35
41	Swanepoel, Lander L	12	UNI-EZ	41.49
42	Nagel, Gideon P	12	BLSS-MA	42.03
43	Coleman, Ewan H	14	AZON-ET	42.03
44	Wessels, Charl J	13	BLSS-MA	42.12
45	Swart, Petrus J	11	BLSS-MA	42.67
46	Koekemoer, Wian	13	AASC-GS	43.15
47	Pretorius, Flippie	11	FRA-KC	43.55
48	van Niekerk, Vaughn	13	UNI-EZ	43.79
49	Kotzé, Izak F	13	BS-LL	44.01
50	Haslam, Seth J	12	KLOO-ET	44.11
51	Hoffman, Anande N	12	USHPM-UM	44.12
52	Erasmus, Marnu J	11	BLSS-MA	44.35
53	Nel, Dirk	12	WSS-LL	44.64
54	Bergh, Ruan	12	BLOT-MA	44.69
55	van Biljon, SJ J	11	BLOT-MA	45.15
56	De Jager, Evin	11	BLOT-MA	45.48
57	van Zyl, Hanco	13	BLSS-MA	45.53
58	Ally, Luqmaan M	10	WSTV-ET	46.82
59	Van Zyl, Jacob L	10	SEAL-UM	47.00
60	Steyl, Kayden L	13	BLSS-MA	47.71
61	Louw, André J	12	KALA	48.25
62	Kearney, Leon	12	WSTV-ET	48.39
63	Pretorius, Christiaan L	12	BLOT-MA	49.57

#306 Women 16 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Grobler, Danielle	16	BLOT-MA	34.97
2	Schuch, Talitha	16	SEAL-UM	36.84
3	Harbron, Danielle	16	BLOT-MA	37.15
4	Mansill, Noa	15	WSS-LL	37.48
5	Gutter, Livia	14	BLOT-MA	37.63
6	Leiper, Isla C	15	SEAL-UM	37.66
7	De Haas, Hayley	14	USHPM-UM	37.75
8	Van Rooyen, Isabella S	14	AADUB-ET	38.85
9	Snyders, Christie	13	BLSS-MA	38.96
10	Nadauld, Skyla F	12	BLUO-UG	39.11
11	Munro, Diane	16	BLSS-MA	39.37
12	Gibson, Jess R	14	PSCP-UM	39.40
13	Sykes, Sarah J	15	PSCP-UM	39.64
14	Maritz, Violet T	14	SEAL-UM	39.95
15	Ronnie, Addyson H	14	PSCP-UM	40.01
16	Booyesen, Morgan H	12	PSCP-UM	40.21
17	White, Suhanna	12	AQUA-UT	40.33
18	Terblanche, Emma L	14	UNI-EZ	40.44
19	Pool, Johandri	15	BLSS-MA	40.45
20	Siebrits, Taylor L	14	STSC-KC	40.57

21	Van der Merwe, Ami	14	STSC-KC	40.67
22	Hughes, Cara	14	FRA-KC	40.71
23	Cloves, Cailyn	15	SEAL-UM	40.99
24	Ayekun, Bella T	11	PSCP-UM	41.05
25	Palframan, Saisanda B	13	SEAL-UM	41.08
26	Banza, Emmanuela E	12	UNI-EZ	41.14
27	Roper, Elle-Anne	11	WSS-LL	41.24
28	Leibbrandt, Amber S	15	AADUB-ET	41.31
29	van der Spuy, Melan	14	BLOT-MA	41.33
30	Crozier, Emily N	15	FAAC	41.36
31	Maartens, Accalia M	11	BLOT-MA	42.07
32	Vorster, Arinda	14	BLSS-MA	42.07
33	Van der Merwe, Leane	14	UNI-EZ	42.13
34	Cupido, Donyelle	14	BLNE-MA	42.14
35	Radebe, Zekh S	13	USHPM-UM	42.16
36	Brown, Evalyn	15	AADUB-ET	42.17
37	Von Mollendorff, Emma J	12	KLOO-ET	42.18
38	Welgemoed, Isabelle	15	BLSS-MA	42.20
39	Fowler, Tenley P	12	AZON-ET	42.26
40	Van Zyl, Alta M	13	SEAL-UM	42.27
41	Niven, Ella L	12	UNI-EZ	42.42
42	Ojwach, Neliza T	12	SEAL-UM	42.56
43	Williams, Ashley	14	BLNE-MA	42.85
44	de Jager, Ashleigh	14	BLOT-MA	42.85
45	van Heerden, Lia	13	BS-LL	42.87
46	Van den Heever, Liv M	14	AZON-ET	43.24
47	Engelbrecht, Nieke C	16	UPSK	43.29
48	McQueen, Leanne C	12	BLSS-MA	43.32
49	Coetzee, Kayla C	12	VALS-FD	43.58
50	van der Linde, Kaylie C	12	VHD-ZL	43.62
51	Wakonyo, Talia W	11	SHAQC-ZZ	43.77
52	Shange, Aphelele	12	USHPM-UM	43.80
53	Meyer, Maya	15	BULS-MA	43.88
54	Oelofse, Kens-Linn	11	TNDER-FD	44.17
55	Josiah, Phoebe S	12	PSCP-UM	44.51
56	Tait, Holli	13	KLOO-ET	44.64
57	Mahomed, Hannah A	11	PSCP-UM	45.03
58	Coleman, Willow	12	SEAL-UM	45.10
59	Francis, Jessica J	11	SEAL-UM	45.40
60	Erasmus, Alexis	11	FSE-KC	45.76
61	Wolmarans, Karla	12	UPSK	47.50
62	Gibson-Taylor, Emma G	12	AZON-ET	47.81
63	Palframan, Layla G	12	SEAL-UM	48.13
64	Le Roux, Mieke	11	SEAL-UM	49.94
65	Sikhakhane, Phiwo E	12	AZON-ET	50.62

#309 Men 16 & Under 100 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Louw, Dirka A	16	EGA-MA	1:05.98
2	Badenhorst, Jandre	16	BULS-MA	1:07.82
3	Van der Bijl, Almero	15	EGA-MA	1:07.95
4	Jacobs, Levi	15	BULS-MA	1:08.00
5	Stead, Owen B	15	FRA-KC	1:08.33
6	Muller, Nathan	15	WSTV-ET	1:08.34
7	Le Breton, Damian	14	BULS-MA	1:08.97
8	Willemse, Sacha	15	UPSK	1:10.97
9	Bergh, Ian	15	BLOT-MA	1:11.66
10	Winkel, Liam H	15	SEAL-UM	1:12.72
11	Van der Walt, Diaan H	15	BLSS-MA	1:12.73
12	Kruger, Rikhardt	14	UPSK	1:14.56
13	Pieterse, Nielan	14	UNI-EZ	1:14.99
14	Burger, Marcus P	14	UNI-EZ	1:15.53
15	Bruyns, Andrew T	13	UNI-EZ	1:15.82
16	Cronje, Jovan	14	KTS	1:17.26
17	Coleman, Ewan H	14	AZON-ET	1:17.65
18	Harty, Hunter R	13	UNI-EZ	1:18.26
19	Fourie, Jouka	13	BETH-FD	1:18.40

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#309 ... (Men 16 & Under 100 LC Meter Backstroke)

20	Hlophe, Lihle L	13	CASC-CP	1:18.81
21	Swart, Petrus J	11	BLSS-MA	1:18.98
22	Lotriet, Dian H	14	BLOT-MA	1:19.15
23	Lindeboom, Douglas G	14	BLNE-MA	1:19.41
24	Steyl, Kayden L	13	BLSS-MA	1:19.76
25	van Zyl, Hanco	13	BLSS-MA	1:19.76
26	Bouwer, Levi G	13	WELA-LL	1:19.87
27	Saunderson, Enrique C	12	BLOT-MA	1:20.02
28	Naidoo, Riley M	14	BEAV-ET	1:20.38
29	Carson, Cayden J	13	BULS-MA	1:20.40
30	Opperman, Theodore S	13	FAAC	1:20.42
31	Guddisa, Elrohi	16	BLNE-MA	1:20.67
32	Wessels, Charl J	13	BLSS-MA	1:21.19
33	Nagel, Gideon P	12	BLSS-MA	1:22.05
34	Cowley, Eldrid D	11	UNI-EZ	1:22.19
35	Van der Westhuizen, Han	12	MGSC-UG	1:22.94
36	Maree, Lohan L	11	BLOT-MA	1:23.55
37	Orffer, Llewellyn	13	UPSK	1:23.92
38	Koekemoer, Wian	13	AASC-GS	1:23.97
39	Pretorius, Christiaan L	12	BLOT-MA	1:24.00
40	Smit, Carter S	12	ASA-IL	1:24.80
41	Kotzé, Izak F	13	BS-LL	1:24.96
42	de Vries, Jan-Hendrik	12	BLOT-MA	1:25.06
43	Oelofse, Hay-Din	11	TNDER-FD	1:25.21
44	Mbugua, Dayo G	10	SHAQC-ZZ	1:25.25
45	Potgieter, Caleb J	12	SEAL-UM	1:25.37
46	Hasselmann, Liam	11	WSTV-ET	1:25.56
47	Kleynhans, Ivan	11	BLUO-UG	1:25.86
48	Erasmus, Marnu J	11	BLSS-MA	1:25.91
49	van Biljon, SJ J	11	BLOT-MA	1:26.07
50	Hoffman, Anande N	12	USHPM-UM	1:26.37
51	Koekemoer, Braam	14	AASC-GS	1:26.95
52	O'Tool, Travis	11	WELA-LL	1:27.77
53	Kearney, Leon	12	WSTV-ET	1:28.46
54	Hattingh, Theodor S	12	FAAC	1:28.81
55	Swanepoel, Lander L	12	UNI-EZ	1:31.10
56	Louw, André J	12	KALA	1:35.13

#310 Women 16 & Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Van den Heever, Liv M	14	AZON-ET	1:13.46
2	De Haas, Hayley	14	USHPM-UM	1:13.81
3	Van Rooyen, Isabella S	14	AADUB-ET	1:14.97
4	Van Schalkwyk, Zenicke	14	BLOT-MA	1:15.53
5	Goelst, Gemma J	15	SEAL-UM	1:15.53
6	Mansill, Noa	15	WSS-LL	1:15.90
7	Van De Ruit, Carly A	15	AZON-ET	1:16.27
8	Terblanche, Emma L	14	UNI-EZ	1:16.40
9	Brown, Evalyn	15	AADUB-ET	1:16.63
10	Burt, Kristen A	16	PSCP-UM	1:16.85
11	Avenant, Ankia	15	UPSK	1:17.03
12	Zietsman, Lika	14	BLSS-MA	1:17.53
13	Muller, Anika	14	UNI-EZ	1:17.57
14	Prins, Tiffany C	15	KTS	1:17.65
15	Van Viegen, Ella A	14	BLSS-MA	1:17.71
16	Kunzler, Mia E	11	KLOO-ET	1:18.23
17	Gutter, Livia	14	BLOT-MA	1:18.33
18	Eybers, Carli E	14	VHD-ZL	1:18.72
19	Pabalinga, Reabetswe T	13	KLOO-ET	1:18.81
20	Filday, Ziva L	14	AZON-ET	1:19.10
21	Torrie, Brogan L	15	AZON-ET	1:19.11
22	Pillay, Delija	13	VHD-ZL	1:19.14
23	van Heerden, Lia	13	BS-LL	1:19.58
24	Brown, Tayla	13	AADUB-ET	1:19.70
25	Slabber, Abi A	14	SEAL-UM	1:19.71

26	Saint, Tara	16	KLOO-ET	1:20.19
27	Makhanya, Naledi	12	KLOO-ET	1:20.29
28	Van Rensburg, Marne'	16	BLSS-MA	1:20.36
29	Van der Merwe, Kaylee	14	BETH-FD	1:20.48
30	Filday, Deryn S	15	AZON-ET	1:20.52
31	Welgemoed, Isabelle	15	BLSS-MA	1:20.64
32	Snyders, Christie	13	BLSS-MA	1:20.91
33	Tait, Holli	13	KLOO-ET	1:21.22
34	Palframan, Sisanda B	13	SEAL-UM	1:21.36
35	Vorster, Arinda	14	BLSS-MA	1:21.64
36	Kuhn, Alexa J	12	CASC-CP	1:21.70
37	Theron, Emma-Lee	16	BLOT-MA	1:21.76
38	Davies, Paige E	11	KLOO-ET	1:21.91
39	Williams, Ashley	14	BLNE-MA	1:22.28
40	van der Linde, Kaylie C	12	VHD-ZL	1:22.35
41	Opperman, Inge	14	BLOT-MA	1:22.54
42	Le Roux, Lisa	12	BLOT-MA	1:22.56
43	Cupido, Donyelle	14	BLNE-MA	1:22.71
44	Van Zyl, Liane	13	UPSK	1:23.33
45	Palframan, Layla G	12	SEAL-UM	1:23.43
46	Gasson, Elle R	14	BLSS-MA	1:23.54
47	Coleman, Willow	12	SEAL-UM	1:23.75
48	March, Gea A	13	UPSK	1:24.98
49	Tuta, Oyama T	13	PELIC-MA	1:25.21
50	Du Toit, Lisa R	14	SEAL-UM	1:25.34
51	Alala, Melissa M	11	SHAQC-ZZ	1:25.69
52	Engelbrecht, Nieke C	16	UPSK	1:25.81
53	Niven, Ella L	12	UNI-EZ	1:25.87
54	Nel, Kailah	11	BLSS-MA	1:26.07
55	McQueen, Leanne C	12	BLSS-MA	1:26.09
56	Meyer, Maya	15	BULS-MA	1:26.17
57	Josiah, Phoebe S	12	PSCP-UM	1:26.31
58	Dempsey, Mckenzie A	12	AZON-ET	1:26.42
59	Goosen, Jeanine C	12	BLNE-MA	1:26.83
60	Oelofse, Kens-Linn	11	TNDER-FD	1:27.13
61	Upton, Neri	12	BLOT-MA	1:27.21
62	Le Roux, Mieke	11	SEAL-UM	1:27.38
63	Mahomed, Hannah A	11	PSCP-UM	1:27.59
64	Hoar, Lily	13	KLOO-ET	1:27.74
65	Dekker, Bailey A	11	KLOO-ET	1:27.85
66	Du Toit, Emma	12	BLOT-MA	1:28.23
67	Shange, Aphelele	12	USHPM-UM	1:28.38
68	Nysschen, Nicola	12	KTS	1:28.86
69	Bam, Lizanté	11	BLSS-MA	1:28.89
70	Sausi, Amani M	12	AZON-ET	1:28.93
71	Radebe, Zekh S	13	USHPM-UM	1:29.39
72	Roper, Elle-Anne	11	WSS-LL	1:29.79
73	Francis, Jessica J	11	SEAL-UM	1:29.91
74	Kachisi, Mufaro	11	WSTV-ET	1:30.38
75	Hoar, Grace	11	KLOO-ET	1:31.31
76	Kruger, Christine H	11	BLSS-MA	1:32.30
77	Siebrits, Taylor L	14	STSC-KC	1:32.87
78	Maartens, Accalia M	11	BLOT-MA	1:35.00
79	Gibson-Taylor, Emma G	12	AZON-ET	1:37.35
80	Banza, Emmanuela E	12	UNI-EZ	1:40.68
81	Munro, Diane	16	BLSS-MA	NT

#313 Men 16 & Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Joseph, Thabang L	15	SEAL-UM	2:30.00
2	Naidoo, Saieshan N	16	BEAV-ET	2:30.11
3	Grobbelaar, Jamey L	16	AZON-ET	2:30.39
4	Badenhorst, Jandre	16	BULS-MA	2:32.70
5	Van der Bijl, Almero	15	EGA-MA	2:32.80
6	Jacobs, Levi	15	BULS-MA	2:32.95
7	Isted, Ashton S	15	AADUB-ET	2:35.79
8	Muller, Nathan	15	WSTV-ET	2:37.48

9	Willemse, Sacha	15	UPSK	2:37.95
10	Le Breton, Damian	14	BULS-MA	2:38.25
11	Tiedt, NJ J	15	GHSK	2:39.26
12	Kruger, Rikhardt	14	UPSK	2:39.91
13	Hattingh, Ben	15	FAAC	2:40.30
14	Winkel, Liam H	15	SEAL-UM	2:40.53
15	Van der Walt, Diaan H	15	BLSS-MA	2:41.68
16	Louw, Dirka A	16	EGA-MA	2:42.78
17	Naidoo, Riley M	14	BEAV-ET	2:44.57
18	Raynard, Enzo N	14	SEAL-UM	2:44.72
19	Lindeboom, Douglas G	14	BLNE-MA	2:45.03
20	Solomon, Riley	16	BLUO-UG	2:45.05
21	Claassens, Xuan	16	UNI-EZ	2:45.23
22	Eilerd, Ayden I	15	KTS	2:45.85
23	Swart, Petrus J	11	BLSS-MA	2:48.17
24	Welthagen, Rhuwan	14	AASC-GS	2:49.26
25	Bouwer, Levi G	13	WELA-LL	2:49.48
26	Nagel, Gideon P	12	BLSS-MA	2:49.54
27	Freeman-Smith, Liam A	13	PSCP-UM	2:49.70
28	Bruyns, Andrew T	13	UNI-EZ	2:50.13
29	Carson, Cayden J	13	BULS-MA	2:50.35
30	Bann, Rourke D	13	AZON-ET	2:52.00
31	Orffer, Llewellyn	13	UPSK	2:52.30
32	Harbron, Nicholas	14	FAAC	2:54.40
33	Hlophe, Lihle L	13	CASC-CP	2:54.86
34	Mostert, Stian	14	FAAC	2:54.89
35	Wessels, Charl J	13	BLSS-MA	2:55.72
36	Viviers, Pieter	14	BLOT-MA	2:57.41
37	Guddisa, Elrohi	16	BLNE-MA	2:57.66
38	Greco, Grayson P	11	BLUO-UG	2:57.66
39	Kotzé, Izak F	13	BS-LL	2:57.74
40	Froneman, Andre'	14	BLSS-MA	2:58.13
41	Nel, Dirk	12	WSS-LL	2:59.66
42	Steyl, Kayden L	13	BLSS-MA	3:01.18
43	Hoffman, Anande N	12	USHPM-UM	3:02.11
44	Dlamini, Nchubeko M	12	AZON-ET	3:03.54
45	Cowley, Eldrid D	11	UNI-EZ	3:03.88
46	Erasmus, Marnu J	11	BLSS-MA	3:04.89
47	Haslam, Seth J	12	KLOO-ET	3:05.40
48	van Zyl, Hanco	13	BLSS-MA	3:05.80
49	O'Tool, Travis	11	WELA-LL	3:06.89
50	Smit, Carter S	12	ASA-IL	3:07.56
51	Van der Westhuizen, Han	12	MGSC-UG	3:08.22
52	Van Zyl, Jacob L	10	SEAL-UM	3:10.36
53	Smuts, Conor	13	AZON-ET	3:10.87
54	Kleynhans, Ivan	11	BLUO-UG	3:11.21
55	Oelofse, Hay-Din	11	TNDER-FD	3:11.64
56	Kearney, Leon	12	WSTV-ET	3:16.74
57	Ally, Luqmaan M	10	WSTV-ET	3:18.39
58	Hattingh, Theodor S	12	FAAC	3:18.96
59	Pretorius, Flippie	11	FRA-KC	3:31.76

#314 Women 16 & Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Grobler, Danielle	16	BLOT-MA	2:40.20
2	Mansill, Noa	15	WSS-LL	2:41.58
3	Welgemoed, Isabelle	15	BLSS-MA	2:44.64
4	Gutter, Livia	14	BLOT-MA	2:46.93
5	Leiper, Isla C	15	SEAL-UM	2:48.41
6	Mutie, Muela S	15	KLOO-ET	2:48.51
7	Van Viegen, Ella A	14	BLSS-MA	2:48.83
8	Van den Heever, Liv M	14	AZON-ET	2:49.23
9	De Haas, Hayley	14	USHPM-UM	2:49.57
10	Opperman, Inge	14	BLOT-MA	2:49.92
11	Van Rensburg, Marne'	16	BLSS-MA	2:50.75
12	Morgado, Zoe S	14	BLOT-MA	2:51.18
13	Schuch, Talitha	16	SEAL-UM	2:51.20

SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026

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#314 ... (Women 16 & Under 200 LC Meter IM)

14	Logie, Courtney A	14	KLOO-ET	2:51.29
15	Clowes, Cailyn	15	SEAL-UM	2:51.54
16	Meyer, Maya	15	BULS-MA	2:51.95
17	Cupido, Donyelle	14	BLNE-MA	2:51.99
18	Van Schalkwyk, Zenicke	14	BLOT-MA	2:52.07
19	Stuart, Tayla L	14	AADUB-ET	2:52.58
20	Ojwach, Neliza T	12	SEAL-UM	2:53.31
21	Davies, Paige E	11	KLOO-ET	2:53.48
22	Prins, Tiffany C	15	KTS	2:53.99
23	Palframan, Sisanda B	13	SEAL-UM	2:54.32
24	Snyders, Christie	13	BLSS-MA	2:54.74
25	Pabalinga, Reabetswe T	13	KLOO-ET	2:55.81
26	Crozier, Emily N	15	FAAC	2:56.40
27	McQueen, Leanne C	12	BLSS-MA	2:56.75
28	Gasson, Elle R	14	BLSS-MA	2:56.97
29	Van Zyl, Liane	13	UPSK	2:57.19
30	Zietsman, Lika	14	BLSS-MA	2:57.33
31	Slabber, Abi A	14	SEAL-UM	2:57.75
32	Van der Merwe, Leane	14	UNI-EZ	2:58.25
33	Le Roux, Lisa	12	BLOT-MA	2:58.27
34	Kunzler, Mia E	11	KLOO-ET	2:58.30
35	Alala, Melissa M	11	SHAQC-ZZ	2:58.31
36	Saint, Tara	16	KLOO-ET	2:58.31
37	Munro, Diane	16	BLSS-MA	2:58.55
38	van Heerden, Lia	13	BS-LL	2:58.60
39	Morgado, Hannah O	12	CSA-EZ	2:58.66
40	Maritz, Violet T	14	SEAL-UM	2:58.70
41	Gibson, Jess R	14	PSCP-UM	2:59.29
42	Kuhn, Alexa J	12	CASC-CP	2:59.34
43	Ronnie, Addyson H	14	PSCP-UM	2:59.89
44	Avenant, Ankia	15	UPSK	3:00.24
45	Du Toit, Lisa R	14	SEAL-UM	3:00.94
46	Sykes, Sarah J	15	PSCP-UM	3:01.99
47	March, Gea A	13	UPSK	3:02.23
48	Tuta, Oyama T	13	PELIC-MA	3:02.42
49	Kachisi, Mufaro	11	WSTV-ET	3:02.54
50	Booyens, Morgan H	12	PSCP-UM	3:02.55
51	Oelofse, Kens-Linn	11	TNDER-FD	3:02.83
52	van der Linde, Kaylie C	12	VHD-ZL	3:03.01
53	Van der Merwe, Ami	14	STSC-KC	3:03.28
54	Ngema, Olwe S	13	FRA-KC	3:04.21
55	Vorster, Arinda	14	BLSS-MA	3:04.32
56	Nel, Kailah	11	BLSS-MA	3:04.72
57	Shange, Aphelele	12	USHPM-UM	3:05.25
58	Le Roux, Mieke	11	SEAL-UM	3:06.54
59	Hoar, Lily	13	KLOO-ET	3:07.66
60	Siebrits, Taylor L	14	STSC-KC	3:07.78
61	Goosen, Jeanine C	12	BLNE-MA	3:07.89
62	Radebe, Zekh S	13	USHPM-UM	3:08.01
63	Sikhakhane, Phiwo E	12	AZON-ET	3:08.48
64	Makhanya, Naledi	12	KLOO-ET	3:09.53
65	Pool, Johandri	15	BLSS-MA	3:10.73
66	Roper, Elle-Anne	11	WSS-LL	3:11.13
67	Coleman, Willow	12	SEAL-UM	3:11.93
68	Upton, Neri	12	BLOT-MA	3:12.15
69	Wolmarans, Karla	12	UPSK	3:12.62
70	Bam, Lizanté	11	BLSS-MA	3:13.09
71	Palframan, Layla G	12	SEAL-UM	3:13.25
72	Sanya, Crystal	11	SHAQC-ZZ	3:14.71
73	Fowler, Tenley P	12	AZON-ET	3:15.24
74	Sausi, Amani M	12	AZON-ET	3:15.47
75	Dekker, Bailey A	11	KLOO-ET	3:17.91
76	Hoar, Grace	11	KLOO-ET	3:18.02
77	White, Suhanna	12	AQUA-UT	3:19.16
78	Gibson-Taylor, Emma G	12	AZON-ET	3:19.25

79	Piechaczek, Z'Ney	11	BLOT-MA	3:19.73
80	Erasmus, Alexus	11	FSE-KC	3:23.68
81	Francis, Jessica J	11	SEAL-UM	3:23.98
82	Mahomed, Hannah A	11	PSCP-UM	3:24.06
83	Ayekun, Bella T	11	PSCP-UM	3:24.95
84	Nadauld, Skyla F	12	BLUO-UG	3:31.63
85	Willemse, Kara C	12	VHD-ZL	3:37.66
86	Wakonyo, Talia W	11	SHAQC-ZZ	3:53.02

#315 Men 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1 BLOT-MA	A	2:05.55
Pretorius, Christiaan L 12	Maree, Lohan L 11	
Bergh, Ruan 12	Saunderson, Enrique C 12	

#316 Men 13-14 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1 AZON-ET	A	1:53.93
2 UNI-EZ	A	1:59.24
Pieterse, Nielan 14	van Niekerk, Vaughn 13	
Bruyns, Andrew T 13	Burger, Marcus P 14	
3 BLSS-MA	A	2:15.16
Wessels, Charl J 13	Froneman, Andre' 14	
Steyl, Kayden L 13	van Zyl, Hanco 13	

#317 Men 15-16 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1 BLUO-UG	A	1:54.92
2 BLOT-MA	A	1:59.29
Bergh, Ian 15	Duncan, Travis P 14	
Lotriet, Dian H 14	Viviers, Pieter 14	

#318 Women 12 & Under 4x50 LC Meter Freestyle Relay 4

Team	Relay	Seed Time
1 SEAL-UM	A	2:07.67
2 KLOO-ET	A	2:10.56
3 AZON-ET	A	2:13.74
4 BLOT-MA	A	2:13.90
Maartens, Accalia M 11	Piechaczek, Z'Ney 11	
Upton, Neri 12	Le Roux, Lisa 12	
5 PSCP-UM	A	2:17.96

#319 Women 13-14 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1 SEAL-UM	A	1:58.21
2 BLOT-MA	A	2:01.30
Morgado, Zoe S 14	Opperman, Inge 14	
Gutter, Livia 14	de Jager, Ashleigh 14	
3 KLOO-ET	A	2:06.58
4 BLSS-MA	A	2:08.34
Zietsman, Lika 14	Gasson, Elle R 14	
Van Viegen, Ella A 14	Vorster, Arinda 14	

#320 Women 15-16 4x50 LC Meter Freestyle Relay 4 x 50 F

Team	Relay	Seed Time
1 AZON-ET	A	1:53.16
2 PSCP-UM	A	2:03.15
3 KLOO-ET	A	2:03.55
4 AADUB-ET	A	2:04.01
5 BLOT-MA	A	NT
Grobler, Danielle 16	Harbron, Danielle 16	
	van der Spuy, Melan 14	
6 BLSS-MA	A	NT
Van Rensburg, Marne' 16	Munro, Diane 16	
Pool, Johandri 15	Welgemoed, Isabelle 15	

#321 Mixed 12 & Under 4x50 LC Meter Medley Relay 4 x 50

Team	Relay	Seed Time
1 BLOT-MA	A	2:25.09
Pretorius, Christiaan L M12	Le Roux, Lisa W12	
Saunderson, Enrique C M12	Maartens, Accalia M W11	
2 UNI-EZ	A	2:27.28
Swanepoel, Lander L M12	Banza, Emmanuela E W12	
Cowley, Eldrid D M11	Niven, Ella L W12	
3 BLSS-MA	A	2:35.17
Nel, Kailah W11	Nagel, Gideon P M12	
Swart, Petrus J M11	McQueen, Leanne C W12	
4 BLOT-MA	B	2:36.90
de Vries, Jan-Hendrik M12	Bergh, Ruan M12	
Maree, Lohan L M11	Piechaczek, Z'Ney W11	
5 SEAL-UM	A	2:40.10

#322 Mixed 13-14 4x50 LC Meter Medley Relay 4 x 50 Mix

Team	Relay	Seed Time
1 BLSS-MA	A	2:10.85
Zietsman, Lika W14	Froneman, Andre' M14	
Wessels, Charl J M13	Vorster, Arinda W14	
2 PSCP-UM	A	2:16.54
3 BLOT-MA	A	2:16.78
Van Schalkwyk, Zenicke W14	Viviers, Pieter M14	
Duncan, Travis P M14	de Jager, Ashleigh W14	
4 AZON-ET	A	2:16.81
5 UNI-EZ	A	2:21.32
Pieterse, Nielan M14	Terblanche, Emma L W14	
Bruyns, Andrew T M13	Muller, Anika W14	

#323 Mixed 15-16 4x50 LC Meter Medley Relay 4 x 50 Mix

Team	Relay	Seed Time
1 PSCP-UM	A	1:59.54
2 AZON-ET	A	2:12.73
3 BLOT-MA	A	2:13.38
Bergh, Ian M15	Grobler, Danielle W16	
Harbron, Danielle W16	Lotriet, Dian H M14	
4 AADUB-ET	A	2:14.27
5 SEAL-UM	A	2:18.03
6 BLSS-MA	A	NT
van Zyl, Hanco M13	Munro, Diane W16	
Van der Walt, Diaan H M15	Welgemoed, Isabelle W15	

#401 Men 16 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Jacobs, Levi	15	BULS-MA	26.05
2 Isted, Ashton S	15	AADUB-ET	26.09
3 Willemse, Sacha	15	UPSK	26.33
4 Badenhorst, Jandre	16	BULS-MA	26.66
5 Muller, Nathan	15	WSTV-ET	26.79
6 Le Breton, Damian	14	BULS-MA	26.94
7 Van der Bijl, Almero	15	EGA-MA	26.98
8 Stead, Owen B	15	FRA-KC	27.20
9 Louw, Dirka A	16	EGA-MA	27.24
10 Pretorius, Marnus S	15	VHD-ZL	27.30
11 Coleman, Ewan H	14	AZON-ET	27.53
12 Naidoo, Saieshan N	16	BEAV-ET	27.59
13 Bergh, Ian	15	BLOT-MA	27.63
14 Eilerd, Ayden I	15	KTS	27.73
15 Carimo, Kaamil A	16	UNI-EZ	27.74
16 Guddisa, Elrohi	16	BLNE-MA	27.86
17 Potgieter, Ruben H	14	PSCP-UM	27.86
18 Lindeboom, Douglas G	14	BLNE-MA	28.01
19 Kruger, Rikhardt	14	UPSK	28.40
20 Tiedt, NJ J	15	GHSK	28.44
21 Claassens, Xuan	16	UNI-EZ	28.46
22 Solomon, Riley	16	BLUO-UG	28.50
23 Carson, Cayden J	13	BULS-MA	28.71

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#401 ... (Men 16 & Under 50 LC Meter Freestyle)

24	Winkel, Liam H	15	SEAL-UM	28.84
25	Van der Walt, Diaan H	15	BLSS-MA	29.14
26	Orffer, Llewellyn	13	UPSK	29.31
27	Turner, Campbell T	13	PSCP-UM	29.37
28	Nixon, Morgan L	12	SEAL-UM	29.39
29	Pieterse, Nielan	14	UNI-EZ	29.47
30	Duncan, Travis P	14	BLOT-MA	29.55
31	Pakkiri, Zuriel	14	BLUO-UG	29.63
32	Hattingh, Ben	15	FAAC	29.79
33	Bruyns, Andrew T	13	UNI-EZ	29.84
34	Koekemoer, Braam	14	AASC-GS	29.84
35	Harbron, Nicholas	14	FAAC	29.91
36	Burger, Marcus P	14	UNI-EZ	29.96
37	van Niekerk, Vaughn	13	UNI-EZ	29.97
38	Harty, Hunter R	13	UNI-EZ	30.04
39	Raynard, Enzo N	14	SEAL-UM	30.06
40	Freeman-Smith, Liam A	13	PSCP-UM	30.14
41	Dlamini, Nchubeko M	12	AZON-ET	30.18
42	Bouwer, Levi G	13	WELA-LL	30.33
43	Saunderson, Enrique C	12	BLOT-MA	30.47
44	Mostert, Stian	14	FAAC	30.60
45	Mc Donald, Teegan N	14	AADUB-ET	30.67
46	Opperman, Theodore S	13	FAAC	30.81
47	Naidoo, Riley M	14	BEAV-ET	30.92
48	Pretorius, Christiaan L	12	BLOT-MA	30.99
49	van Zyl, Hanco	13	BLSS-MA	31.33
50	Nel, Dirk	12	WSS-LL	31.35
51	Smuts, Conor	13	AZON-ET	31.36
52	Bergh, Ruan	12	BLOT-MA	31.56
53	Fourie, Jouka	13	BETH-FD	31.70
54	Haslam, Seth J	12	KLOO-ET	31.80
55	Cronje, Jovan	14	KTS	31.93
56	Swart, Petrus J	11	BLSS-MA	31.94
57	Hlophe, Lihle L	13	CASC-CP	32.00
58	Steyl, Kayden L	13	BLSS-MA	32.01
59	Wessels, Charl J	13	BLSS-MA	32.07
60	Wiesner, Jordan	13	WSS-LL	32.08
61	Froneman, Andre'	14	BLSS-MA	32.44
62	Maree, Lohan L	11	BLOT-MA	32.53
63	Smit, Carter S	12	ASA-IL	32.68
64	Cowley, Eldrid D	11	UNI-EZ	32.69
65	Ally, Luqmaan M	10	WSTV-ET	32.95
66	Koekemoer, Wian	13	AASC-GS	33.19
67	Kotzé, Izak F	13	BS-LL	33.21
68	Louw, André J	12	KALA	33.42
69	Potgieter, Caleb J	12	SEAL-UM	33.45
70	De Jager, Evin	11	BLOT-MA	33.51
71	Kleynhans, Ivan	11	BLUO-UG	33.60
72	Nagel, Gideon P	12	BLSS-MA	33.64
73	Hasselmann, Liam	11	WSTV-ET	33.95
74	Erasmus, Marnu J	11	BLSS-MA	34.00
75	Oelofse, Hay-Din	11	TNDER-FD	34.26
76	van Biljon, SJ J	11	BLOT-MA	34.55
77	Hattingh, Theodor S	12	FAAC	34.62
78	Kearney, Leon	12	WSTV-ET	35.60

#402 Women 16 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Leiper, Isla C	15	SEAL-UM	29.22
2	Van De Ruit, Carly A	15	AZON-ET	29.39
3	Eybers, Carli E	14	VHD-ZL	29.47
4	Welgemoed, Isabelle	15	BLSS-MA	29.57
5	de Jager, Ashleigh	14	BLOT-MA	29.86
6	Vorster, Arinda	14	BLSS-MA	29.93
7	Goelst, Gemma J	15	SEAL-UM	29.98

8	Harbron, Danielle	16	BLOT-MA	30.00
9	Morgado, Zoe S	14	BLOT-MA	30.04
10	Maritz, Violet T	14	SEAL-UM	30.10
11	Palframan, Sisanda B	13	SEAL-UM	30.20
12	van Heerden, Lia	13	BS-LL	30.27
13	Burt, Kristen A	16	PSCP-UM	30.27
14	Kunzler, Mia E	11	KLOO-ET	30.29
15	Mutie, Muela S	15	KLOO-ET	30.41
16	Gutter, Livia	14	BLOT-MA	30.45
17	Stuart, Tayla L	14	AADUB-ET	30.47
18	Saint, Tara	16	KLOO-ET	30.55
19	De Haas, Hayley	14	USHPM-UM	30.57
20	Engelbrecht, Nieke C	16	UPSK	30.66
21	Avenant, Ankia	15	UPSK	30.83
22	Van Rensburg, Marne'	16	BLSS-MA	30.84
23	Opperman, Inge	14	BLOT-MA	30.95
24	Du Toit, Lisa R	14	SEAL-UM	30.95
25	Zietsman, Lika	14	BLSS-MA	31.01
26	Van Viegen, Ella A	14	BLSS-MA	31.07
27	Schofield, Sarah A	13	AADUB-ET	31.08
28	Van Zyl, Liane	13	UPSK	31.09
29	Snyders, Christie	13	BLSS-MA	31.10
30	Van der Merwe, Leane	14	UNI-EZ	31.19
31	Van der Merwe, Kaylee	14	BETH-FD	31.23
32	Meyer, Maya	15	BULS-MA	31.28
33	Booyesen, Morgan H	12	PSCP-UM	31.33
34	Brown, Evalyn	15	AADUB-ET	31.40
35	Prins, Tiffany C	15	KTS	31.41
36	Coleman, Willow	12	SEAL-UM	31.44
37	Leibbrandt, Amber S	15	AADUB-ET	31.45
38	Pillay, Delija	13	VHD-ZL	31.48
39	March, Gea A	13	UPSK	31.50
40	Mansill, Noa	15	WSS-LL	31.57
41	Ojwach, Neliza T	12	SEAL-UM	31.63
42	Sykes, Sarah J	15	PSCP-UM	31.67
43	Slabber, Abi A	14	SEAL-UM	31.68
44	Tuta, Oyama T	13	PELIC-MA	31.73
45	Pabalinga, Reabetswe T	13	KLOO-ET	31.76
46	Radebe, Zekh S	13	USHPM-UM	31.85
47	Nadauld, Skyla F	12	BLUO-UG	31.89
48	Le Roux, Mieke	11	SEAL-UM	31.90
49	Filday, Ziva L	14	AZON-ET	31.92
50	Theron, Emma-Lee	16	BLOT-MA	31.98
51	Niven, Ella L	12	UNI-EZ	32.00
52	Le Roux, Lisa	12	BLOT-MA	32.16
53	Clowes, Cailyn	15	SEAL-UM	32.18
54	Williams, Ashley	14	BLNE-MA	32.23
55	Roper, Elle-Anne	11	WSS-LL	32.23
56	van der Spuy, Melan	14	BLOT-MA	32.28
57	Alala, Melissa M	11	SHAQC-ZZ	32.36
58	Von Mollendorff, Emma J	12	KLOO-ET	32.52
59	Ronnie, Addyson H	14	PSCP-UM	32.53
60	Van der Merwe, Ami	14	STSC-KC	32.56
61	Morgado, Hannah O	12	CSA-EZ	32.69
62	Maartens, Accalia M	11	BLOT-MA	32.70
63	Palframan, Layla G	12	SEAL-UM	32.70
64	Munro, Diane	16	BLSS-MA	32.72
65	Muller, Anika	14	UNI-EZ	32.78
66	Dempsey, Mckenzie A	12	AZON-ET	32.80
67	Gibson-Taylor, Emma G	12	AZON-ET	32.93
68	Shange, Aphelele	12	USHPM-UM	32.97
69	Torrie, Brogan L	15	AZON-ET	33.15
70	Ngema, Olwe S	13	FRA-KC	33.29
71	Filday, Deryn S	15	AZON-ET	33.32
72	Nel, Kailah	11	BLSS-MA	33.46
73	Fowler, Tenley P	12	AZON-ET	33.49
74	Makhanya, Naledi	12	KLOO-ET	33.53

75	Gibson, Jess R	14	PSCP-UM	33.57
76	Van Zyl, Alta M	13	SEAL-UM	33.65
77	McQueen, Leanne C	12	BLSS-MA	33.73
78	Kuhn, Alexa J	12	CASC-CP	33.84
79	Goosen, Jeanine C	12	BLNE-MA	33.93
80	Upton, Neri	12	BLOT-MA	33.94
81	Du Toit, Emma	12	BLOT-MA	34.03
82	Oelofse, Kens-Linn	11	TNDER-FD	34.03
83	Brown, Tayla	13	AADUB-ET	34.06
84	Pool, Johandri	15	BLSS-MA	34.08
85	Ayekun, Bella T	11	PSCP-UM	34.18
86	Banza, Emmanuela E	12	UNI-EZ	34.21
87	Hoar, Grace	11	KLOO-ET	34.22
88	Bam, Lizanté	11	BLSS-MA	34.36
89	van der Linde, Kaylie C	12	VHD-ZL	34.45
90	Sikhakhane, Phiwo E	12	AZON-ET	34.52
91	Wolmarans, Karla	12	UPSK	34.73
92	White, Suhanna	12	AQUA-UT	34.91
93	Piechaczek, Z'Ney	11	BLOT-MA	35.10
94	Hoar, Lily	13	KLOO-ET	35.23
95	Dekker, Bailey A	11	KLOO-ET	35.35
96	Josiah, Phoebe S	12	PSCP-UM	35.65
97	Francis, Jessica J	11	SEAL-UM	35.98
98	Kruger, Christine H	11	BLSS-MA	36.39
99	Erasmus, Alexus	11	FSE-KC	36.63
100	Sausi, Amani M	12	AZON-ET	36.99
101	Kachisi, Mufaro	11	WSTV-ET	38.13
102	Mahomed, Hannah A	11	PSCP-UM	38.19

#405 Men 16 & Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Grobbellaar, Jamey L	16	AZON-ET	2:46.69
2	Oelofse, Cay-Din	16	TNDER-FD	2:49.39
3	Van der Bijl, Almero	15	EGA-MA	2:52.15
4	Raynard, Enzo N	14	SEAL-UM	2:59.32
5	Harbron, Nicholas	14	FAAC	3:00.26
6	Tiedt, NJ J	15	GHSK	3:02.08
7	Turner, Campbell T	13	PSCP-UM	3:04.05
8	Coetzee, Burhan	13	VALS-FD	3:04.92
9	Froneman, Andre'	14	BLSS-MA	3:05.57
10	Myeza, Ronewa	14	FRA-KC	3:08.16
11	Mc Donald, Teegan N	14	AADUB-ET	3:08.42
12	Carson, Cayden J	13	BULS-MA	3:11.97
13	Welthagen, Rhuwan	14	AASC-GS	3:12.74
14	Mostert, Stian	14	FAAC	3:13.02
15	Nagel, Gideon P	12	BLSS-MA	3:14.64
16	Swart, Petrus J	11	BLSS-MA	3:14.69
17	Bouwer, Levi G	13	WELA-LL	3:15.15
18	Nixon, Morgan L	12	SEAL-UM	3:15.71
19	Pakkiri, Zuriel	14	BLUO-UG	3:15.97
20	Swanepoel, Lander L	12	UNI-EZ	3:16.57
21	Lindeboom, Douglas G	14	BLNE-MA	3:16.84
22	Gichari, Keita K	12	SHAQC-ZZ	3:17.56
23	Smuts, Conor	13	AZON-ET	3:18.36
24	Wessels, Charl J	13	BLSS-MA	3:18.47
25	Wiesner, Jordan	13	WSS-LL	3:19.98
26	Greco, Grayson P	11	BLUO-UG	3:19.99
27	Opperman, Theodore S	13	FAAC	3:22.61
28	Kotzé, Izak F	13	BS-LL	3:23.08
29	Hlophe, Lihle L	13	CASC-CP	3:23.91
30	Koekemoer, Wian	13	AASC-GS	3:24.09
31	Koekemoer, Braam	14	AASC-GS	3:25.52
32	Erasmus, Marnu J	11	BLSS-MA	3:28.67
33	Guddisa, Elrohi	16	BLNE-MA	3:31.27
34	De Jager, Evin	11	BLOT-MA	3:34.07
35	Pretorius, Flippie	11	FRA-KC	3:37.69
36	van Biljon, SJ J	11	BLOT-MA	3:37.90

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#405 ... (Men 16 & Under 200 LC Meter Breaststroke)

37	van Zyl, Hanco	13	BLSS-MA	3:38.46
38	Dlamini, Nchubeko M	12	AZON-ET	3:39.25

#406 Women 16 & Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Schuch, Talitha	16	SEAL-UM	3:00.96
2	Gutter, Livia	14	BLOT-MA	3:02.46
3	Harbron, Danielle	16	BLOT-MA	3:03.23
4	Munro, Diane	16	BLSS-MA	3:04.50
5	Clowes, Cailyn	15	SEAL-UM	3:06.88
6	Hughes, Cara	14	FRA-KC	3:07.65
7	Gibson, Jess R	14	PSCP-UM	3:09.78
8	Sykes, Sarah J	15	PSCP-UM	3:10.00
9	Crozier, Emily N	15	FAAC	3:10.46
10	Van der Merwe, Ami	14	STSC-KC	3:11.50
11	Logie, Courtney A	14	KLOO-ET	3:12.52
12	Pool, Johandri	15	BLSS-MA	3:13.01
13	Gasson, Elle R	14	BLSS-MA	3:17.10
14	Siebrits, Taylor L	14	STSC-KC	3:17.23
15	McQueen, Leanne C	12	BLSS-MA	3:17.28
16	Terblanche, Emma L	14	UNI-EZ	3:17.89
17	Van der Merwe, Leane	14	UNI-EZ	3:18.05
18	Ronnie, Addyson H	14	PSCP-UM	3:18.73
19	White, Suhanna	12	AQUA-UT	3:19.17
20	Van Zyl, Alta M	13	SEAL-UM	3:19.44
21	Nadauld, Skyla F	12	BLUO-UG	3:20.72
22	Banza, Emmanuela E	12	UNI-EZ	3:21.03
23	Ojwach, Neliza T	12	SEAL-UM	3:23.22
24	Radebe, Zekh S	13	USHPM-UM	3:23.60
25	van Heerden, Lia	13	BS-LL	3:23.94
26	Von Mollendorff, Emma J	12	KLOO-ET	3:25.55
27	Roper, Elle-Anne	11	WSS-LL	3:25.94
28	Niven, Ella L	12	UNI-EZ	3:27.14
29	Wakonyo, Talia W	11	SHAQC-ZZ	3:29.43
30	Ayekun, Bella T	11	PSCP-UM	3:30.63
31	Maartens, Accalia M	11	BLOT-MA	3:30.75
32	Oelofse, Kens-Linn	11	TNDER-FD	3:30.81
33	Fowler, Tenley P	12	AZON-ET	3:31.81
34	Gibson-Taylor, Emma G	12	AZON-ET	3:32.03
35	Tait, Holli	13	KLOO-ET	3:33.73
36	Coetzee, Kayla C	12	VALS-FD	3:33.88
37	Kachisi, Mufaro	11	WSTV-ET	3:39.02
38	Booyens, Morgan H	12	PSCP-UM	3:41.24
39	Erasmus, Alexis	11	FSE-KC	3:42.46
40	Kruger, Christine H	11	BLSS-MA	3:54.72

#409 Men 16 & Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Louw, Dirka A	16	EGA-MA	30.46
2	Stead, Owen B	15	FRA-KC	30.51
3	Badenhorst, Jandre	16	BULS-MA	30.93
4	Jacobs, Levi	15	BULS-MA	31.28
5	Le Breton, Damian	14	BULS-MA	31.62
6	Muller, Nathan	15	WSTV-ET	31.72
7	Van der Bijl, Almero	15	EGA-MA	31.75
8	Willemse, Sacha	15	UPSK	31.79
9	Naidoo, Saieshan N	16	BEAV-ET	31.90
10	Kruger, Rikhardt	14	UPSK	32.84
11	Tiedt, NJ J	15	GHSK	32.90
12	Bergh, Ian	15	BLOT-MA	33.28
13	Pretorius, Marnus S	15	VHD-ZL	33.56
14	Van der Walt, Diaan H	15	BLSS-MA	34.32
15	Winkel, Liam H	15	SEAL-UM	34.32
16	Coleman, Ewan H	14	AZON-ET	34.50
17	Pieterse, Nielan	14	UNI-EZ	34.72

18	Bruyns, Andrew T	13	UNI-EZ	35.01
19	Burger, Marcus P	14	UNI-EZ	35.07
20	Lindeboom, Douglas G	14	BLNE-MA	35.35
21	Saunderson, Enrique C	12	BLOT-MA	35.84
22	Cowley, Eldrid D	11	UNI-EZ	36.03
23	Bouwer, Levi G	13	WELA-LL	36.32
24	Hlophe, Lihle L	13	CASC-CP	36.36
25	van Zyl, Hanco	13	BLSS-MA	36.37
26	Cronje, Jovan	14	KTS	36.39
27	Scriven, Conner K	14	BEAV-ET	36.43
28	Pretorius, Christiaan L	12	BLOT-MA	36.46
29	Fourie, Jouka	13	BETH-FD	36.63
30	Potgieter, Ruben H	14	PSCP-UM	36.72
31	Harty, Hunter R	13	UNI-EZ	36.75
32	Swart, Petrus J	11	BLSS-MA	36.79
33	Lotriet, Dian H	14	BLOT-MA	36.87
34	Carson, Cayden J	13	BULS-MA	37.09
35	Wessels, Charl J	13	BLSS-MA	37.33
36	Koekemoer, Braam	14	AASC-GS	37.42
37	van Niekerk, Vaughn	13	UNI-EZ	37.43
38	Opperman, Theodore S	13	FAAC	37.46
39	Nixon, Morgan L	12	SEAL-UM	37.63
40	Steyl, Kayden L	13	BLSS-MA	37.68
41	Welthagen, Rhuwan	14	AASC-GS	37.68
42	Wiesner, Jordan	13	WSS-LL	37.96
43	Maree, Lohan L	11	BLOT-MA	38.01
44	Hasselmann, Liam	11	WSTV-ET	38.94
45	Potgieter, Caleb J	12	SEAL-UM	39.00
46	Nagel, Gideon P	12	BLSS-MA	39.07
47	Haslam, Seth J	12	KLOO-ET	39.09
48	Nel, Dirk	12	WSS-LL	39.24
49	Oelofse, Hay-Din	11	TNDER-FD	39.36
50	van Biljon, SJ J	11	BLOT-MA	39.38
51	Orffer, Llewellyn	13	UPSK	39.39
52	Smit, Carter S	12	ASA-IL	39.40
53	Swanepoel, Lander L	12	UNI-EZ	39.41
54	Ally, Luqmaan M	10	WSTV-ET	39.53
55	Erasmus, Marnu J	11	BLSS-MA	39.84
56	Kotzé, Izak F	13	BS-LL	40.02
57	Greco, Grayson P	11	BLUO-UG	40.44
58	Kearney, Leon	12	WSTV-ET	40.53
59	Van Zyl, Jacob L	10	SEAL-UM	40.59
60	Hoffman, Anande N	12	USHPM-UM	41.44
61	De Jager, Evin	11	BLOT-MA	42.60
62	Hattingh, Theodor S	12	FAAC	42.61
63	Louw, André J	12	KALA	44.39

#410 Women 16 & Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Van De Ruit, Carly A	15	AZON-ET	32.33
2	De Haas, Hayley	14	USHPM-UM	33.23
3	Goelst, Gemma J	15	SEAL-UM	34.28
4	Zietsman, Lika	14	BLSS-MA	34.71
5	Van den Heever, Liv M	14	AZON-ET	34.81
6	Kunzler, Mia E	11	KLOO-ET	34.96
7	Avenant, Ankia	15	UPSK	35.32
8	Prins, Tiffany C	15	KTS	35.51
9	Brown, Evalyn	15	AADUB-ET	35.58
10	Burt, Kristen A	16	PSCP-UM	35.71
11	Van Rooyen, Isabella S	14	AADUB-ET	35.73
12	Brown, Tayla	13	AADUB-ET	36.05
13	Van Schalkwyk, Zenicke	14	BLOT-MA	36.07
14	Saint, Tara	16	KLOO-ET	36.12
15	Gutter, Livia	14	BLOT-MA	36.17
16	van Heerden, Lia	13	BS-LL	36.27
17	Eybers, Carli E	14	VHD-ZL	36.33
18	Filday, Ziva L	14	AZON-ET	36.37

19	Filday, Deryn S	15	AZON-ET	36.41
20	Mittay, Muela S	15	KLOO-ET	36.41
21	Pillay, Delija	13	VHD-ZL	36.41
22	Pabalinga, Reabetswe T	13	KLOO-ET	36.43
23	van der Linde, Kaylie C	12	VHD-ZL	36.47
24	Palframan, Sisanda B	13	SEAL-UM	36.58
25	Terblanche, Emma L	14	UNI-EZ	36.61
26	Welgemoed, Isabelle	15	BLSS-MA	36.67
27	Theron, Emma-Lee	16	BLOT-MA	36.70
28	Vorster, Arinda	14	BLSS-MA	36.79
29	Torrie, Brogan L	15	AZON-ET	36.84
30	Muller, Anika	14	UNI-EZ	36.89
31	Makhanya, Naledi	12	KLOO-ET	36.90
32	Slabber, Abi A	14	SEAL-UM	36.90
33	Meyer, Maya	15	BULS-MA	36.92
34	Tait, Holli	13	KLOO-ET	37.00
35	Williams, Ashley	14	BLNE-MA	37.19
36	Van Viegen, Ella A	14	BLSS-MA	37.19
37	Van Rensburg, Marne'	16	BLSS-MA	37.24
38	Du Toit, Lisa R	14	SEAL-UM	37.38
39	Snyders, Christie	13	BLSS-MA	37.44
40	Davies, Paige E	11	KLOO-ET	37.49
41	Le Roux, Lisa	12	BLOT-MA	37.61
42	Stuart, Tayla L	14	AADUB-ET	37.63
43	Van der Merwe, Kaylee	14	BETH-FD	38.04
44	Van der Merwe, Leane	14	UNI-EZ	38.09
45	Sikhakhane, Phiwu E	12	AZON-ET	38.13
46	Schofield, Sarah A	13	AADUB-ET	38.16
47	Goosen, Jeanine C	12	BLNE-MA	38.25
48	Palframan, Layla G	12	SEAL-UM	38.34
49	Kuhn, Alexa J	12	CASC-CP	38.61
50	Coleman, Willow	12	SEAL-UM	38.76
51	Niven, Ella L	12	UNI-EZ	38.79
52	Van Zyl, Liane	13	UPSK	38.93
53	March, Gea A	13	UPSK	39.44
54	Engelbrecht, Nieke C	16	UPSK	39.49
55	Roper, Elle-Anne	11	WSS-LL	39.80
56	Nadauld, Skyla F	12	BLUO-UG	39.87
57	Oelofse, Kens-Linn	11	TNDER-FD	40.11
58	Dempsey, Mckenzie A	12	AZON-ET	40.34
59	Ojwach, Neliza T	12	SEAL-UM	40.42
60	Wolmarans, Karla	12	UPSK	40.44
61	Munro, Diane	16	BLSS-MA	40.46
62	Hoar, Lily	13	KLOO-ET	40.56
63	Josiah, Phoebe S	12	PSCP-UM	40.61
64	Nel, Kailah	11	BLSS-MA	40.65
65	Le Roux, Mieke	11	SEAL-UM	40.79
66	Upton, Neri	12	BLOT-MA	41.31
67	Du Toit, Emma	12	BLOT-MA	41.39
68	Von Mollendorff, Emma J	12	KLOO-ET	41.41
69	McQueen, Leanne C	12	BLSS-MA	41.47
70	Dekker, Bailey A	11	KLOO-ET	41.69
71	Mahomed, Hannah A	11	PSCP-UM	42.04
72	Francis, Jessica J	11	SEAL-UM	42.18
73	Sausi, Amani M	12	AZON-ET	42.26
74	Hoar, Grace	11	KLOO-ET	42.69
75	Bam, Lizanté	11	BLSS-MA	42.74
76	Ayekun, Bella T	11	PSCP-UM	42.79
77	Pool, Johandri	15	BLSS-MA	42.84
78	Piechaczek, Z'Ney	11	BLOT-MA	43.62
79	Kruger, Christine H	11	BLSS-MA	43.86

#411 Men 16 & Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Isted, Ashton S	15	AADUB-ET	27.44
2	Willemse, Sacha	15	UPSK	27.86
3	Oelofse, Cay-Din	16	TNDER-FD	28.17

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#411 ... (Men 16 & Under 50 LC Meter Butterfly)

Rank	Name	Age	Team	Time
4	Naidoo, Saieshan N	16	BEAV-ET	29.14
5	Jacobs, Levi	15	BULS-MA	29.15
6	Louw, Dirka A	16	EGA-MA	29.15
7	Van der Bijl, Almero	15	EGA-MA	29.40
8	Carimo, Kaamil A	16	UNI-EZ	29.73
9	Kruger, Rikhardt	14	UPSK	29.84
10	Le Breton, Damian	14	BULS-MA	29.87
11	Pretorius, Marnus S	15	VHD-ZL	30.14
12	Badenhorst, Jandre	16	BULS-MA	30.17
13	Muller, Nathan	15	WSTV-ET	30.26
14	Eilerd, Ayden I	15	KTS	30.65
15	Solomon, Riley	16	BLUO-UG	30.91
16	Mostert, Stian	14	FAAC	31.05
17	Hattingh, Ben	15	FAAC	31.11
18	Grobbelaar, Jamey L	16	AZON-ET	31.15
19	Bergh, Ian	15	BLOT-MA	31.50
20	Mc Donald, Teegan N	14	AADUB-ET	31.72
21	Naidoo, Riley M	14	BEAV-ET	31.75
22	Lindeboom, Douglas G	14	BLNE-MA	31.82
23	Guddisa, Elrohi	16	BLNE-MA	32.14
24	Duncan, Travis P	14	BLOT-MA	32.24
25	Pakkiri, Zuriel	14	BLUO-UG	32.36
26	Raynard, Enzo N	14	SEAL-UM	32.39
27	Coleman, Ewan H	14	AZON-ET	32.49
28	Pieterse, Nielan	14	UNI-EZ	32.50
29	Carson, Cayden J	13	BULS-MA	32.59
30	Freeman-Smith, Liam A	13	PSCP-UM	32.68
31	Bruyns, Andrew T	13	UNI-EZ	33.38
32	Potgieter, Ruben H	14	PSCP-UM	33.42
33	Swart, Petrus J	11	BLSS-MA	33.61
34	Bouwer, Levi G	13	WELA-LL	33.61
35	van Niekerk, Vaughn	13	UNI-EZ	33.64
36	Kotzé, Izak F	13	BS-LL	33.72
37	Dlamini, Nchubeko M	12	AZON-ET	33.97
38	Van der Walt, Diaan H	15	BLSS-MA	34.01
39	Wessels, Charl J	13	BLSS-MA	34.03
40	Saunderson, Enrique C	12	BLOT-MA	34.31
41	Cowley, Eldrid D	11	UNI-EZ	34.73
42	Bergh, Ruan	12	BLOT-MA	34.78
43	Welthagen, Rhuwan	14	AASC-GS	34.95
44	Koekemoer, Braam	14	AASC-GS	35.31
45	Orffer, Llewellyn	13	UPSK	35.47
46	Kleynhans, Ivan	11	BLUO-UG	35.76
47	Smit, Carter S	12	ASA-IL	35.82
48	Haslam, Seth J	12	KLOO-ET	35.86
49	van Zyl, Hanco	13	BLSS-MA	36.06
50	Hasselmann, Liam	11	WSTV-ET	36.06
51	Hlophe, Lihle L	13	CASC-CP	36.25
52	Froneman, Andre'	14	BLSS-MA	36.34
53	Wiesner, Jordan	13	WSS-LL	36.35
54	Nixon, Morgan L	12	SEAL-UM	36.40
55	Nel, Dirk	12	WSS-LL	36.50
56	Smuts, Conor	13	AZON-ET	36.70
57	Maree, Lohan L	11	BLOT-MA	36.82
58	Steyl, Kayden L	13	BLSS-MA	37.11
59	Nagel, Gideon P	12	BLSS-MA	37.24
60	Ally, Luqmaan M	10	WSTV-ET	37.54
61	Oelofse, Hay-Din	11	TNDER-FD	38.75
62	Potgieter, Caleb J	12	SEAL-UM	39.78
63	Hattingh, Theodor S	12	FAAC	39.82
64	Van Zyl, Jacob L	10	SEAL-UM	41.29
65	Koekemoer, Wian	13	AASC-GS	43.32
66	Erasmus, Marnu J	11	BLSS-MA	43.43
67	Kearney, Leon	12	WSTV-ET	43.83

#412 Women 16 & Under 50 LC Meter Butterfly

Rank	Name	Age	Team	Seed Time
1	Engelbrecht, Nieke C	16	UPSK	31.30
2	Van Zyl, Liane	13	UPSK	32.06
3	Saint, Tara	16	KLOO-ET	32.27
4	Mansill, Noa	15	WSS-LL	32.46
5	Grobler, Danielle	16	BLOT-MA	32.63
6	Eybers, Carli E	14	VHD-ZL	32.68
7	Snyders, Christie	13	BLSS-MA	32.80
8	De Haas, Hayley	14	USHPM-UM	33.10
9	Stuart, Tayla L	14	AADUB-ET	33.37
10	Harbron, Danielle	16	BLOT-MA	33.49
11	Meyer, Maya	15	BULS-MA	33.57
12	Alala, Melissa M	11	SHAQC-ZZ	33.69
13	Booyesen, Morgan H	12	PSCP-UM	33.69
14	Torrie, Brogan L	15	AZON-ET	33.91
15	Palframan, Sisanda B	13	SEAL-UM	33.91
16	Filday, Deryn S	15	AZON-ET	33.95
17	Filday, Ziva L	14	AZON-ET	34.06
18	Van Viegen, Ella A	14	BLSS-MA	34.09
19	Avenant, Ankia	15	UPSK	34.24
20	Schofield, Sarah A	13	AADUB-ET	34.26
21	Clowes, Cailyn	15	SEAL-UM	34.29
22	Van der Merwe, Leane	14	UNI-EZ	34.31
23	Pillay, Delija	13	VHD-ZL	34.32
24	Kunzler, Mia E	11	KLOO-ET	34.44
25	Morgado, Zoe S	14	BLOT-MA	34.52
26	Zietsman, Lika	14	BLSS-MA	34.60
27	Ojwach, Neliza T	12	SEAL-UM	34.65
28	Van Rensburg, Marne'	16	BLSS-MA	34.70
29	Leiper, Isla C	15	SEAL-UM	34.73
30	March, Gea A	13	UPSK	34.82
31	Mutie, Muela S	15	KLOO-ET	34.90
32	Maritz, Violet T	14	SEAL-UM	35.11
33	Von Mollendorff, Emma J	12	KLOO-ET	35.15
34	Pabalinga, Reabetswe T	13	KLOO-ET	35.27
35	Leibbrandt, Amber S	15	AADUB-ET	35.32
36	Morgado, Hannah O	12	CSA-EZ	35.37
37	Sykes, Sarah J	15	PSCP-UM	35.46
38	Vorster, Arinda	14	BLSS-MA	35.48
39	Tuta, Oyama T	13	PELIC-MA	35.56
40	Opperman, Inge	14	BLOT-MA	35.62
41	van der Linde, Kaylie C	12	VHD-ZL	35.62
42	Welgemoed, Isabelle	15	BLSS-MA	35.81
43	van der Spuy, Melan	14	BLOT-MA	35.83
44	Gibson, Jess R	14	PSCP-UM	35.84
45	Ronnie, Addyson H	14	PSCP-UM	35.87
46	Oelofse, Kens-Linn	11	TNDER-FD	35.98
47	Radebe, Zekh S	13	USHPM-UM	36.37
48	Schuch, Talitha	16	SEAL-UM	36.40
49	Munro, Diane	16	BLSS-MA	36.52
50	Prins, Tiffany C	15	KTS	36.52
51	Coleman, Willow	12	SEAL-UM	36.62
52	Palframan, Layla G	12	SEAL-UM	36.63
53	Van Schalkwyk, Zenicke	14	BLOT-MA	36.71
54	Slabber, Abi A	14	SEAL-UM	36.81
55	Gibson-Taylor, Emma G	12	AZON-ET	36.89
56	Van den Heever, Liv M	14	AZON-ET	36.98
57	Wolmarans, Karla	12	UPSK	37.15
58	Hoar, Lily	13	KLOO-ET	37.19
59	Davies, Paige E	11	KLOO-ET	37.36
60	McQueen, Leanne C	12	BLSS-MA	37.47
61	Kuhn, Alexa J	12	CASC-CP	37.72
62	Sikhakhane, Phiwu E	12	AZON-ET	37.84
63	van Heerden, Lia	13	BS-LL	37.92
64	Le Roux, Mieke	11	SEAL-UM	38.30

65	Upton, Neri	12	BLOT-MA	38.36
66	Shange, Aphelele	12	USHPM-UM	38.36
67	Brown, Tayla	13	AADUB-ET	38.67
68	Roper, Elle-Anne	11	WSS-LL	39.03
69	Goosen, Jeanine C	12	BLNE-MA	39.31
70	Hoar, Grace	11	KLOO-ET	39.38
71	Erasmus, Alexus	11	FSE-KC	39.52
72	Sausi, Amani M	12	AZON-ET	40.04
73	Willemse, Kara C	12	VHD-ZL	40.86
74	Piechaczek, Z'Ney	11	BLOT-MA	41.09
75	Wakonyo, Talia W	11	SHAQC-ZZ	41.09
76	White, Suhanna	12	AQUA-UT	41.20
77	Bam, Lizanté	11	BLSS-MA	41.53
78	Nel, Kailah	11	BLSS-MA	41.68
79	Francis, Jessica J	11	SEAL-UM	42.15
80	Kachisi, Mufaro	11	WSTV-ET	43.61
81	Dekker, Bailey A	11	KLOO-ET	45.13

#415 Men 12 & Under 4x50 LC Meter Medley Relay 4 x 50 M

Rank	Team	Relay	Seed Time
1	BLOT-MA	A	2:26.76
	Saunderson, Enrique C 12	van Biljon, SJ J 11	
	Bergh, Ruan 12	Pretorius, Christiaan L 12	

#416 Men 13-14 4x50 LC Meter Medley Relay 4 x 50 Medle

Rank	Team	Relay	Seed Time
1	AZON-ET	A	2:05.84
2	UNI-EZ	A	2:18.66
	Pieterse, Nielan 14	Bruyns, Andrew T 13	
	van Niekerk, Vaughn 13	Harty, Hunter R 13	
3	BLOT-MA	A	2:20.25
	Lotriet, Dian H 14	Viviers, Pieter 14	
	Duncan, Travis P 14	Maree, Lohan L 11	
4	BLSS-MA	A	2:38.54
	van Zyl, Hanco 13	Froneman, Andre' 14	
	Wessels, Charl J 13	Steyl, Kayden L 13	

#417 Men 15-16 4x50 LC Meter Medley Relay 4 x 50 Medle

Rank	Team	Relay	Seed Time
1	BLUO-UG	A	2:09.03
2	BLOT-MA	A	2:15.77
	Bergh, Ian 15	Viviers, Pieter 14	
	Duncan, Travis P 14	Lotriet, Dian H 14	

#418 Women 12 & Under 4x50 LC Meter Medley Relay 4 x

Rank	Team	Relay	Seed Time
1	KLOO-ET	A	2:26.73
2	SEAL-UM	A	2:29.42
3	AZON-ET	A	2:30.08
4	PSCP-UM	A	2:32.15
5	BLOT-MA	A	2:33.14
	Le Roux, Lisa 12	Maartens, Accalia M 11	
	Upton, Neri 12	Piechaczek, Z'Ney 11	
6	BLSS-MA	A	NT
	Bam, Lizanté 11	Kruger, Christine H 11	
	McQueen, Leanne C 12	Nel, Kailah 11	

#419 Women 13-14 4x50 LC Meter Medley Relay 4 x 50 Me

Rank	Team	Relay	Seed Time
1	SEAL-UM	A	2:10.63
2	BLOT-MA	A	2:18.08
	Van Schalkwyk, Zenicke 14	Gutter, Livia 14	
	Morgado, Zoe S 14	de Jager, Ashleigh 14	
3	KLOO-ET	A	2:26.32

#420 Women 15-16 4x50 LC Meter Medley Relay 4 x 50 Me

Rank	Team	Relay	Seed Time
1	AZON-ET	A	2:08.46
2	PSCP-UM	A	2:13.17
3	AADUB-ET	A	2:18.86

SA Level 3 Regional Age Group Champs 2026-FS - 26/03/2026 to 29/03/2026

Psych Sheet

#420 ... (Women 15-16 4x50 LC Meter Medley Relay 4 x 50)

4	KLOO-ET	A	2:23.30
5	BLOT-MA	A	NT
	Harbron, Danielle 16	Grobler, Danielle 16	
		Opperman, Inge 14	
6	BLSS-MA	A	NT
	Zietsman, Lika 14	Gasson, Elle R 14	
	Van Viegen, Ella A 14	Vorster, Arinda 14	

#421 Mixed 12 & Under 4x100 LC Meter Freestyle Relay 4 x 100

	Team	Relay	Seed Time
1	SEAL-UM	A	4:34.00
2	BLOT-MA	A	4:46.01
	Saunderson, Enrique C M12	Pretorius, Christiaan L M12	
	Maartens, Accalia M W11	Le Roux, Lisa W12	
3	UNI-EZ	A	4:55.73
	Niven, Ella L W12	Cowley, Eldrid D M11	
	Swanepoel, Lander L M12	Banza, Emmanuela E W12	
4	BLSS-MA	A	5:00.22
	Nel, Kailah W11	Nagel, Gideon P M12	
	McQueen, Leanne C W12	Swart, Petrus J M11	

#422 Mixed 13-14 4x100 LC Meter Freestyle Relay 4 x 100

	Team	Relay	Seed Time
1	AZON-ET	A	4:11.11
2	PSCP-UM	A	4:15.70
3	UNI-EZ	A	4:30.65
	Burger, Marcus P M14	Harty, Hunter R M13	
	Terblanche, Emma L W14	Muller, Anika W14	
4	BLOT-MA	A	4:31.98
	Duncan, Travis P M14	Viviers, Pieter M14	
	De Jager, Evin M11	Morgado, Zoe S W14	
5	BLOT-MA	B	NT
	Gutter, Livia W14	Lotriet, Dian H M14	
	van Biljon, S J M11	Opperman, Inge W14	
6	BLSS-MA	A	NT
	Zietsman, Lika W14	Wessels, Charl J M13	
	Froneman, Andre' M14	Vorster, Arinda W14	

#423 Mixed 15-16 4x100 LC Meter Freestyle Relay 4 x 100

	Team	Relay	Seed Time
1	AZON-ET	A	3:55.87
2	PSCP-UM	A	4:07.49
3	AADUB-ET	A	4:20.37
4	SEAL-UM	A	4:22.07
5	BLSS-MA	A	NT
	van Zyl, Hanco M13	Munro, Diane W16	
	Welgemoed, Isabelle W15	Van der Walt, Diaan H M15	