South African Under-18 Men's and Women's National Team
Training and Selection Camp
Reddam House Umhlanga
13 – 15 March 2026

Objectives

- To select and finalize the only SSA Official Under-18 team to participate at the World Aquatics U/18 World Championships, ensuring that players chosen will exemplify excellence, commitment, and national pride.
- To broaden participation and further strengthen the existing Under-18 Squads.
- To allow for the inclusion of additional eligible players.
- To support the expansion of the current squad.
- This Under-18 selection camp carries significant national prestige and responsibility.

Player Eligibility

Players will only be allowed to attend the camp if they:

1. Are registered for the period 1 May 2025 – 30 April 2026.
2. Present a copy of a valid South African passport, proof of registration, and proof of payment of the camp fee upon arrival.
3. Are in good standing with Swimming South Africa (SSA).
4. Registration facilities will be available on Day 1 of the camp for any officials or players who have not yet completed the required registration process. All such individuals must ensure compliance before participating.
5. All payments must be made via the Speedpoint card facilities available at the camp; cash payments will not be accepted.

Camp Fee

R 1,100.00 per player is to be deposited into the following bank account:

- Bank: ABSA
- Branch: The Zone, Rosebank
- Account Name: Swimming South Africa
- Account Number: 1003790807
- Branch Code: 632005
- Reference: U18 Camp DBN (Name & Surname)

Proof of payment must be sent by **5 March 2026** to the following team managers:

- Christina Mogale – christina.mogale@gmail.com (Under-18 Woman)
- Mervyn Coetzee – mecoetzee@uwc.ac.za (Under-18 Men)
- Qhakazile Nzama – Qhakazile.nzama@swimsa.org both Men and Women (SSA)

Accommodation

- All players must arrange their own transport, accommodation, and meals.
- Swimming South Africa has secured preferential accommodation rates for participants and their families at the following hotels: Southern Sun Elangeni, Maharani, The Edward Hotel, Garden Court Marine Parade, and Garden Court South Beach.

  Bookings can be made on the following Website: https://www.southernsun.com/southern-sun-elangeni-maharani, https://www.southernsun.com/the-edward, https://www.southernsun.com/garden-court-marine-parade, https://www.southernsun.com/garden-court-south-beach;

  Dedicated Point of Contact: Katelynn Larche - (031) 337 3341 or Katelynn.Larche@southernsun.com

- In addition, a 10% discount on leisure rates has been arranged with **Bluu Car Rental** for tournament attendees.

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Staff Required to attend:

Head Coach	Siya Guzana	GP
Head Coach	Rob Ambler	KZN
Assistant Coach	Kaylin Short	KZN
Assistant Coach	Khanyisa Mpumlwana	EL
Team Manager	Christina Mogale	GP
Team Manager	Mervyn Coetzee	WC

Invited Officials:

Warren Beuster	Referee	KZN
Matthew Stringer	Referee	KZN
Dion Willis	TC Chairman	WC
Galidjah Hendricks	TC Member	KZN
Vaughn Meecham	TC Member	EL
Lucky Letshabo	Convenor of Selection	GP
Executive Member	Asmeralda Motau	GP

Camp Programme

Thursday 12 March		
18:00	Mens and Ladies	Camp Briefing, Dion Willis, Steve La Marque,
		Guest Speaker
Friday 13 March:		
08:00	Men & Ladies	Meet and Greet
08:15	Men & Ladies	Briefing
08:30	Men & Ladies	Testing
13:00	Men	Game 1
14:30	Men	Debrief
14:30	Ladies	Game 1
16:00	Ladies	Debrief
17:00	Men	Game 2
18:30	Men	Debrief
18:30	Ladies	Game 2
20:00	Ladies	Debrief
Saturday 14 March		
08:00	Men & Ladies	Meet and Greet
08:15	Men & Ladies	Briefing

08:30	Men & Ladies	Skills and Drills Session
13:00	Ladies	Game 3
14:30	Ladies	Debrief
14:30	Men	Game 3
16:00	Men	Debrief
17:00	Ladies	Game 4
18:30	Ladies	Debrief
18:30	Men	Game 4
20:00	Men	Debrief
Sunday 15 March		
08:00	Men	Meet and Greet
08:15	Men	Briefing
08:30	Men	Game 5
09:30	Ladies	Meet and Greet
09:45	Ladies	Camp Briefing
10:00	Ladies	Game 5
12:00	Men	Game 6
13:00	Men	Debrief
13:00	Ladies	Game 6
14:00	Ladies	Debrief
14:30	**Camp Concludes**	

Mr Steven le Marque	**19 February 2026**
Director of Coaching	Date