

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 50 Free</b>							
1	26.44	L	P	Grace Morris	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
2	26.49	L	F	Daena Robinson	18	KZNA ETH	14/04/2026 BombelaSA National Aquatic SNR-Ch
3	27.38	L S	F	Anje Van As	18	TUKS TSH	28/11/2025 HAS SENIOR CHAMPS 2025
4	27.44	L	F	Nathalie Vogt	18	SCU CE	13/02/2026 Winelands SL Fin - February 2026 - cc
5	27.52	L	F	Keira Van Heerden	18	INFA NMA	30/01/2026 Infinity Gala 2026
6	27.62	L	F	Alex-Zandre' Labuschagne	18	MGSC UGD	21/02/2026 KZN Schools Trials 2026
7	27.67	L	F	Rebecca Fury	18	VINE CPT	18/03/2026 Sa National Youth Champs 2026 NMB
8	27.91	L	P	Cassidy Burgess	18	VINE CPT	28/06/2025 PEA Winter Gala 2025
9	27.98	L	F	Myra Viduya	18	INFA NMA	20/09/2025 3rd A League Gala 2025
10	28.03	L	F	Xanthe Nagel	18	MCSH BPD	13/02/2026 NW School Championships 2026
11*	28.15	L	P	Hannah Ferreira	18	KZNA ETH	14/04/2026 BombelaSA National Aquatic SNR-Ch
11*	28.15	L	F	Gabriella Douglas	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
13	28.19	L	P	Mathilda Liebenberg	18	POTC KKD	18/03/2026 Sa National Youth Champs 2026 NMB
14	28.47	L	P	Nicole Beling	18	CA EKU	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
15	28.50	L	P	Rebecca Kühn	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
16	28.51	L	F	Madelé Harding	18	POTC KKD	06/12/2025 NWS Championships 2025
17	28.56	L	F	Morgan Rabie	18	TUKS TSH	10/12/2025 NTS Championships 2025
18	28.59	L	P	Kayla Petersen	18	USC BUF	18/03/2026 Sa National Youth Champs 2026 NMB
19	28.70	L	P	Mareze Frylinck	18	PAC TSH	18/03/2026 Sa National Youth Champs 2026 NMB
20	28.81	L	P	Ava Fourie	18	TRAZ TSH	18/03/2026 Sa National Youth Champs 2026 NMB
21	28.84	L	P	Jordyn Collett	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
22	28.89	L	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
23	28.92	L	P	Jordana Azran	18	KLOO ETH	18/12/2025 KZN Premier Provincial Championship
24*	28.96	L	P	Tiffany Marshall	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
24*	28.96	L	F	Kaitlynn Horne	18	NMU NMA	30/01/2026 Infinity Gala 2026
26	29.13	L	F	Isabel Vorster	18	BLSS MAN	18/12/2025 KZN Premier Provincial Championship
27	29.33	L	P	Carleigh Palmer	18	AA JHB	27/11/2025 CGA Championships 2025
28	29.40	L	F	Karmen Van Rensburg	18	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
29	29.41	L	P	Erin Mayoss	18	KLOO ETH	18/12/2025 KZN Premier Provincial Championship
30	29.67	L S	F	Hayley Beling	18	CA EKU	04/12/2025 EGA Summer Championships 2025
31	29.71	L S	F	Amahle Mhlongo	18	PSCP UMD	09/07/2025 TYR Prestige Tournament 2025
32	29.72	L	F	Tatum Cabral	18	ELEC TSH	10/12/2025 NTS Championships 2025
33	29.87	L	P	Tamsyn Kotzè	18	SLAQ CPT	18/03/2026 Sa National Youth Champs 2026 NMB
34	29.89	L	F	Mari Zanne Nortje	18	HSBV SKD	31/01/2026 Limpopo School Champs & Limpopo A
35	30.10	L	P	Veneske Steenkamp	18	WAC EDD	18/03/2026 Sa National Youth Champs 2026 NMB
36	30.11	L	P	Alexia Luz	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
37	30.19	L	P	Grace George	18	GAU JHB	24/04/2026 SA Schools Swimming Championship
38	30.21	L	P	Une Van den Berg	18	AA JHB	27/11/2025 CGA Championships 2025
39	30.32	L	F	Hannah Prince	18	CA EKU	11/10/2025 EGA Summer 2
40*	30.44	L	P	Ella Mills	18	UNIU EZD	18/03/2026 Sa National Youth Champs 2026 NMB
40*	30.44	L	P	Hannah Witten	18	CYBE CPT	18/03/2026 Sa National Youth Champs 2026 NMB
42	30.45	L	F	Clarise Coetzer	18	STSC KCD	21/02/2026 KZN Schools Trials 2026
43	30.48	L	P	Mia Pienaar	18	VHD ZLD	18/03/2026 Sa National Youth Champs 2026 NMB
44	30.68	L	P	Abigail Van Dyk	18	TUKS TSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
45	30.77	L	F	Holly Allison	18	AZON ETH	31/01/2026 uShaka Champs 2026
46	30.85	L	F	Neema Banza	18	UNI EZD	05/12/2025 Mpumalanga Championships 2025
47	30.93	L	P	Sally-Louise Ingwe	18	DMSS	18/03/2026 Sa National Youth Champs 2026 NMB
48	30.96	L S	P	Alexia Adreani	18	CA EKU	04/12/2025 EGA Summer Championships 2025
49	31.03	L	F	Ciska Ferreira	18	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
50	31.07	L	F	Simone Van Aswegen	18	WATR JHB	12/12/2025 NMBA Championships 2025
51	31.10	L S	P	Isabella Vicente	18	SOUL EKU	04/12/2025 EGA Summer Championships 2025
52	31.12	L	F	Cherise Coetzer	18	STSC KCD	31/01/2026 uShaka Champs 2026
53	31.24	L	F	Cara Fourie	18	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
54	31.25	L	F	Madison Franks	18	SSISA CPT	03/10/2025 Curro AquaElite Gala
55	31.27	L	F	Jean Marie Swartz	18	ACAAQ CCD	28/11/2025 Limpopo Champs 2025
56	31.30	L	P	Erin Glover	18	TYGE CPT	28/06/2025 PEA Winter Gala 2025
57	31.34	L	F	Milla Delpont	18	PEAS NMA	20/09/2025 3rd A League Gala 2025
58	31.40	L S	F	Zara Jeftha	18	VINE CPT	01/11/2025 CTA District A CHAMPS 2025

### Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
59	31.41	L S	F	Rene Sauerman	18	SEAL UMD	09/07/2025	TYR Prestige Tournament 2025
60*	31.51	L	F	Mia Barnard	18	BLOT MAN	24/10/2025	Neptunes Gala
60*	31.51	L	F	Hannah Rigby	18	ELEC TSH	14/11/2025	NTS Level 3+ November Age Group G
60*	31.51	L	F	Hayley Hoy	18	TUKS TSH	23/01/2026	2026 NTS Sprint Gala
63	31.72	L S	F	Joy Vd Westhuizen	18	ALPHA CPT	01/11/2025	CTA District A CHAMPS 2025
64	31.73	L	F	Carmi Schoeman	18	HPP BUF	31/01/2026	Limpopo School Champs & Limpopo A
65	31.86	L S	P	Kirstin Brady	BR	VASA EKU	04/12/2025	EGA Summer Championships 2025
66	32.06	L	F	Abigale Meineke	18	AQUA BUF	31/01/2026	UThukela District Gala 4
67	32.08	L	F	Mignon Smit	18	SS MPD	27/02/2026	NTS Level 3+ February Age Group Ga
68*	32.20	L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025	Limpopo Champs 2025
68*	32.20	L	F	Emma Roberts	18	UPC EZD	24/10/2025	MP TOP SCHOOLS HIGH SCHOOLS
70	32.22	L	P	Caitlin Kennedy	18	AFIN JHB	27/11/2025	CGA Championships 2025
71	32.26	L S	P	Kendra Beukes	18	PGAC EKU	04/12/2025	EGA Summer Championships 2025
72	32.29	L	F	Kimberley Strong	18	KTS	05/12/2025	NCASA CHAMPS 2025 - copied - copi
73	32.46	L	F	Josslyn Gauldie	18	RFA TSH	10/12/2025	NTS Championships 2025
74	32.57	L	P	Jaiden Funnell	18	AA JHB	27/11/2025	CGA Championships 2025
75	32.61	L	F	Alexa Louw	18	BLMA CPT	25/10/2025	CTA Qualifying Meet 3 - (L2 & above)
76	32.73	L	P	Mmathabo Marite	18	CRSC JHB	27/11/2025	CGA Championships 2025
77	33.41	L	F	Alessia Erasmus	18	MDOL JHB	09/01/2026	2026 Grand Prix Invitation Swimming I
78	33.61	L	F	Taaliah Rinquest	18	MARL CPT	06/02/2026	WCA-B Champs - 2026
79	33.85	L	F	Janca Hattingh	18	NHS EZD	24/10/2025	MP TOP SCHOOLS HIGH SCHOOLS
80	33.96	L	F	Clara van Rooyen	18	TUKS TSH	23/01/2026	2026 NTS Sprint Gala
81	34.43	L	F	Hanrike Barnard	18	WAGH BP	13/02/2026	NW School Championships 2026
82	34.59	L	F	Cathrijn Davel	18	MHS NGD	24/10/2025	MP TOP SCHOOLS HIGH SCHOOLS
83	34.65	L	F	Lerato Molobye	18	TUKS TSH	14/11/2025	NTS Level 3+ November Age Group G
84	34.88	L	F	Megan Van der Merwe	18	MHS NGD	30/01/2026	AG 5 MP SA SCHOOLS TRIALS 30 J/
85	34.93	L	F	Kristin Murray	18	HPHS BUF	14/02/2026	BCSA School Trials 2026
86	35.10	L	F	Christn Engelbrecht	18	KPA EZD	18/02/2026	EHLANZENI INTER HIGH GALA 18 FI
87	35.71	L	F	Carmen Botha	18	MATL KKD	06/12/2025	NWS Championships 2025
88	35.74	L	F	Catherine Jones	18	EXP TSH	03/10/2025	NTS Level 1+2 October Age Group 20
89	35.81	L S	P	Makayla Lombard	18	JAQ EKU	04/12/2025	EGA Summer Championships 2025
90	35.82	L	F	Tiffany Van Wyk	18	ESTR EKU	28/02/2026	AG Level 1 Regional Competition 2026
91	36.45	L	F	Emma Kruger	18	DDA TSH	03/10/2025	NTS Level 1+2 October Age Group 20
92	36.87	L	F	Marlene Jansen van Rensburg	18	AWIN TSH	03/10/2025	NTS Level 1+2 October Age Group 20
93	38.30	L	F	Zoe Jacobs	18	HPHS BUF	14/02/2026	BCSA School Trials 2026
94	38.40	L	F	Sone Jacobs	18	NICOH NMA	14/03/2026	Level 1 District Age Group Gala 2026
95	38.74	L	P	Caylin Bach	18	AASC EZD	05/12/2025	Mpumalanga Championships 2025
96*	41.95	L	F	Kayla Schoenfeldt	18	CAMBH BUF	14/02/2026	BCSA School Trials 2026
96*	41.95	L	F	Ofentse Molusi	18	RFA TSH	03/10/2025	Swimpartners Gala (Blue vs White) Oc
98	1:01.12	L	F	Sfungo Keswa	18	MHS NGD	30/01/2026	ORTA SCHOOL TRIALS 2026
99	1:28.53	L	F	Inathi Tomose	18	TSS EZD	30/01/2026	ORTA SCHOOL TRIALS 2026

#### Women 100 Free

1	56.84	L	F	Grace Morris	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
2	58.33	L	F	Daena Robinson	18	GAU JHB	24/04/2026	SA Schools Swimming Championship
3	58.39	L	F	Anje Van As	18	TUKS TSH	20/02/2026	2026 Grand Prix 2 Invitational Meet -N
4	59.35	L	F	Nathalie Vogt	18	SCU CE	13/02/2026	Winelands SL Fin - February 2026 - cc
5	59.96	L	F	Marony Jacobs	18	INFA NMA	28/06/2025	PEA Winter Gala 2025
6	1:00.11	L	P	Hannah Ferreira	18	KZNA ETH	14/04/2026	BombelaSA National Aquatic SNR-Ch
7	1:00.45	L	F	Cassidy Burgess	18	VINE CPT	28/06/2025	PEA Winter Gala 2025
8	1:00.60	L	F	Myra Viduya	18	INFA NMA	28/06/2025	PEA Winter Gala 2025
9	1:00.63	L	F	Mathilda Liebenberg	18	POTC KKD	18/03/2026	Sa National Youth Champs 2026 NMB
10	1:01.10	L	P	Gabriella Douglas	18	CA EKU	18/03/2026	Sa National Youth Champs 2026 NMB
11	1:01.17	L	P	Keira Van Heerden	18	INFA NMA	28/06/2025	PEA Winter Gala 2025
12	1:01.37	L	F	Xanthe Nagel	18	MCSH BPD	13/02/2026	NW School Championships 2026
13	1:01.62	L	P	Cassidy Sinclair	18	INFA NMA	20/02/2026	2026 Grand Prix 2 Invitational Meet -N
14	1:01.92	L	P	Dane De Klerk	18	BLSS MAN	03/12/2025	Free State Champs 2025
15	1:01.97	L	P	Jana Lombard	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
16	1:02.06	L	F	Erin Hudson	18	CRSC JHB	27/11/2025	CGA Championships 2025
17	1:02.10	L	F	Tiffany Marshall	18	TUKS TSH	18/03/2026	Sa National Youth Champs 2026 NMB

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
18	1:02.18	L	F	Nicole Beling	18	CA	EKU	31/01/2026 EGA Last Chance Gala 2026
19	1:02.30	L	F	Madelé Harding	18	POTC	KKD	06/12/2025 NWS Championships 2025
20	1:02.40	L	P	Rebecca Fury	18	WCA	CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
21	1:02.44	L	F	Alex-Zandre' Labuschagne	18	MGSC	UGD	07/02/2026 KCDA Age Group 5 2026
22	1:02.78	L	F	Jordyn Collett	18	TUKS	FSH	14/11/2025 NTS Level 3+ November Age Group G
23	1:03.08	L	F	Morgan Rabie	18	TUKS	FSH	10/12/2025 NTS Championships 2025
24	1:03.44	L	P	Isabel Vorster	18	BLSS	MAN	18/12/2025 KZN Premier Provincial Championship
25	1:03.53	L	F	Kaitlynn Horne	18	PEAS	NMA	30/08/2025 Madibaz Swim Meet 2025
26	1:03.56	L	F	Veneske Steenkamp	18	WAC	EDD	04/12/2025 Western Cape LC-A Championship 20
27	1:03.68	L	P	Mareze Frylinck	18	PAC	FSH	18/03/2026 Sa National Youth Champs 2026 NMB
28	1:04.15	L	P	Tatum Cabral	18	ELEC	FSH	10/12/2025 NTS Championships 2025
29	1:04.19	L	F	Tamsyn Kotzè	18	SLAQ	CPT	01/11/2025 CTA District A CHAMPS 2025
30	1:04.47	L	P	Rebecca Kühn	18	CA	EKU	18/03/2026 Sa National Youth Champs 2026 NMB
31	1:04.49	L	P	Erin Mayoss	18	KLOO	ETH	18/12/2025 KZN Premier Provincial Championship
32	1:04.54	L	F	Kate Truter	18	BEAV	ETH	31/01/2026 uShaka Champs 2026
33	1:04.69	L	P	Ava Fourie	18	TRAZ	FSH	18/03/2026 Sa National Youth Champs 2026 NMB
34	1:04.93	L	P	Alexia Luz	18	TUKS	FSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
35	1:04.94	L	F	Jordana Azran	18	KLOO	ETH	18/12/2025 KZN Premier Provincial Championship
36	1:05.10	L	P	Carleigh Palmer	18	AA	JHB	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
37	1:05.16	L	P	Hayley Hoy	18	TUKS	FSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
38	1:05.25	L	P	Cassidey Doubell	18	CRSC	JHB	27/11/2025 CGA Championships 2025
39	1:05.96	L	F	Grace George	18	SEAL	UMD	21/02/2026 KZN Schools Trials 2026
40	1:06.19	L	F	Hayley Beling	18	CA	EKU	04/12/2025 EGA Summer Championships 2025
41	1:06.22	L	P	Hannah Prince	18	GAU	JHB	24/04/2026 SA Schools Swimming Championship
42	1:06.43	L	F	Ella Mills	18	UNI	EZD	05/12/2025 Mpumalanga Championships 2025
43	1:06.46	L	P	Erin Glover	18	TYGE	CPT	28/06/2025 PEA Winter Gala 2025
44	1:06.47	L	F	Karmen Van Rensburg	18	UNI	EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
45	1:06.60	L	F	Madison Franks	18	SSISA	CPT	03/10/2025 Curro AquaElite Gala
46	1:07.07	L	P	Clarise Coetzer	18	STSC	KCD	18/12/2025 KZN Premier Provincial Championship
47	1:07.30	L	F	Neema Banza	18	UNI	EZD	05/12/2025 Mpumalanga Championships 2025
48	1:07.31	L	F	Amahle Mhlongo	18	PSCP	UMD	09/07/2025 TYR Prestige Tournament 2025
49	1:07.42	L	P	Holly Allison	18	AZON	ETH	18/03/2026 Sa National Youth Champs 2026 NMB
50	1:07.59	L	P	Sally-Louise Ingwe	18	DMSS		18/03/2026 Sa National Youth Champs 2026 NMB
51	1:07.74	L	F	Ciska Ferreira	18	UNI	EZD	05/12/2025 Mpumalanga Championships 2025
52	1:07.78	L	F	Mari Zanne Nortje	18	HSBV	SKD	31/01/2026 Limpopo School Champs & Limpopo A
53	1:07.80	L	F	Kendra Beukes	18	PGAC	EKU	04/12/2025 EGA Summer Championships 2025
54	1:08.17	L	P	Hannah Witten	18	CYBE	CPT	18/03/2026 Sa National Youth Champs 2026 NMB
55	1:08.34	L	P	Joy Vd Westhuizen	18	ALPHA	CPT	18/03/2026 Sa National Youth Champs 2026 NMB
56	1:08.47	L	F	Rene Sauerman	18	SEAL	UMD	21/02/2026 KZN Schools Trials 2026
57	1:08.70	L	F	Alexia Adreani	18	CA	EKU	11/10/2025 EGA Summer 2
58	1:09.38	L	P	Milla Delpont	18	PEAS	NMA	28/06/2025 PEA Winter Gala 2025
59	1:09.64	L	P	Abigail Van Dyk	18	TUKS	FSH	10/12/2025 NTS Championships 2025
60	1:09.94	L	F	Isabella Vicente	18	SOUL	EKU	04/12/2025 EGA Summer Championships 2025
61	1:10.16	L	F	Mia Pienaar	18	VHD	ZLD	06/12/2025 Stingrays Champs 2025
62	1:10.17	L	F	Jean Marie Swartz	18	TONAU	CCD	31/01/2026 Limpopo School Champs & Limpopo A
63*	1:10.29	L	P	Kirstin Brady	BR	VASA	EKU	04/12/2025 EGA Summer Championships 2025
63*	1:10.29	L	F	Mignon Smit	18	SS	MPD	27/02/2026 NTS Level 3+ February Age Group Ga
65	1:10.42	L	P	Alexa Louw	18	BLMA	CPT	18/03/2026 Sa National Youth Champs 2026 NMB
66	1:10.53	L	P	Cameron Landman	18	BETH	FDD	03/12/2025 Free State Champs 2025
67	1:10.77	L	F	Simone Van Aswegen	18	GAU	JHB	30/01/2026 Gauteng Schools Championships 2021
68	1:11.15	L	F	Abigale Meineke	18	AQUA	BUF	31/01/2026 UThukela District Gala 4
69	1:11.17	L	F	Cherise Coetzer	18	STSC	KCD	04/10/2025 KCDA Age Group Gala 1 2025
70	1:11.25	L	F	Jaiden Funnell	18	AA	JHB	14/02/2026 CGA Last Chance
71	1:11.56	L	P	Jenna Loubser	18	SLAQ	CPT	04/12/2025 Western Cape LC-A Championship 20
72	1:11.78	L	F	Clara van Rooyen	18	PGAC	EKU	04/12/2025 EGA Summer Championships 2025
73	1:12.10	L	P	Emma Wentzel	18	AA	JHB	27/11/2025 CGA Championships 2025
74	1:12.18	L	P	Zara Jeftha	18	MARL	CPT	28/06/2025 PEA Winter Gala 2025
75	1:12.53	L	F	Janca Hattingh	18	UNI	EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
76	1:12.72	L	F	Cara Fourie	18	UPSK	ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
77	1:12.89	L	F	Kimberley Strong	18	KTS	05/12/2025 NCASA CHAMPS 2025 - copied - copi
78	1:13.07	L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026 uShaka Champs 2026
79	1:13.85	L	P	Caitlin Kennedy	18	AFIN JHB	18/03/2026 Sa National Youth Champs 2026 NMB
80	1:13.96	L	P	Taaliah Rinquest	18	MARL CPT	28/06/2025 PEA Winter Gala 2025
81	1:16.00	L	F	Mmathabo Marite	18	CRSC JHB	28/02/2026 CGA Challenge
82	1:17.37	L	F	Michelle Allison	18	CTA CPT	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
83	1:18.85	L	F	Carmen Botha	18	MATL KKD	06/12/2025 NWS Championships 2025
84	1:19.93	L	P	Makayla Lombard	18	JAQ EKU	04/12/2025 EGA Summer Championships 2025
85	1:21.93	L	F	Emma Kruger	18	DDA TSH	31/10/2025 NTS Level 1+2 November Age Group :
86	1:24.30	L	F	Madelein Bronkhorst	18	AGAQ OBD	09/10/2025 44th Freda Barnard Invitational Gala
87	1:24.94	L	F	Tiffany Van Wyk	18	ESTR EKU	28/02/2026 AG Level 1 Regional Competition 2026
88	1:25.62	L	F	Christn Engelbrecht	18	KPA EZD	18/02/2026 EHLANZENI INTER HIGH GALA 18 FI
89	1:32.22	L	F	Caylin Bach	18	AASC EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
90	1:38.24	L	F	Kayla Schoenfeldt	18	CAMBH BUF	14/02/2026 BCSEA School Trials 2026
<b>Women 200 Free</b>							
1	2:03.23	L	F	Grace Morris	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
2	2:03.77	L	F	Anje Van As	18	AGC TSH	14/04/2026 BombelaSA National Aquatic SNR-Ch
3	2:04.36	L	P	Hannah Mouton	18	RSA	19/08/2025 World Aquatics Junior Swim Champs-
4	2:06.23	L	F	Marony Jacobs	18	ECA NMA	14/04/2026 BombelaSA National Aquatic SNR-Ch
5	2:09.47	L	F	Kaitlyne Horne	18	PEAS NMA	12/12/2025 NMBA Championships 2025
6	2:11.25	L	F	Daena Robinson	18	SEAL UMD	18/12/2025 KZN Premier Provincial Championship
7	2:11.31	L	F	Cassidy Sinclair	18	INFA NMA	30/01/2026 Infinity Gala 2026
8	2:12.84	L	P	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
9	2:13.76	L	P	Hannah Ferreira	18	KZNA ETH	14/04/2026 BombelaSA National Aquatic SNR-Ch
10	2:14.49	L	F	Mathilda Liebenberg	18	POTC KKD	06/12/2025 NWS Championships 2025
11	2:14.61	L	P	Katie-Peta Marcelino	18	KLOO ETH	18/03/2026 Sa National Youth Champs 2026 NMB
12	2:14.64	L	P	Rebecca Fury	18	VINE CPT	18/03/2026 Sa National Youth Champs 2026 NMB
13	2:15.12	L	F	Tiffany Marshall	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
14	2:15.37	L	P	Gabriella Douglas	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
15	2:15.93	L	F	Alex-Zandre' Labuschagne	18	GAU JHB	24/04/2026 SA Schools Swimming Championship
16	2:16.08	L	P	Nicole Beling	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
17	2:16.32	L	F	Veneske Steenkamp	18	WAC EDD	22/11/2025 Eden LC Champs 2025
18	2:16.55	L	F	Myra Viduya	18	INFA NMA	15/11/2025 5th A League Gala 2025
19	2:17.46	L	F	Erin Hudson	18	CRSC JHB	27/11/2025 CGA Championships 2025
20	2:17.47	L	P	Jordyn Collett	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
21	2:18.24	L	P	Xanthe Nagel	18	HREF BPD	18/03/2026 Sa National Youth Champs 2026 NMB
22	2:18.27	L	P	Isabel Vorster	18	BLSS MAN	18/03/2026 Sa National Youth Champs 2026 NMB
23	2:18.43	L	F	Kate Truter	18	BEAV ETH	18/12/2025 KZN Premier Provincial Championship
24*	2:19.57	L	P	Tamsyn Kotzè	18	SLAQ CPT	18/03/2026 Sa National Youth Champs 2026 NMB
24*	2:19.57	L	F	Erin Glover	18	TYGE CPT	28/06/2025 PEA Winter Gala 2025
26	2:19.58	L	P	Alexia Luz	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
27	2:20.78	L	P	Erin Mayoss	18	KLOO ETH	18/03/2026 Sa National Youth Champs 2026 NMB
28	2:21.30	L	F	Hannah Rigby	18	ELEC TSH	10/12/2025 NTS Championships 2025
29	2:21.61	L	P	Hayley Hoy	18	TUKS TSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
30	2:21.64	L	P	Madelé Harding	18	POTC KKD	06/12/2025 NWS Championships 2025
31	2:22.39	L	F	Grace George	18	SEAL UMD	21/02/2026 KZN Schools Trials 2026
32	2:23.81	L	P	Carleigh Palmer	18	AA JHB	18/03/2026 Sa National Youth Champs 2026 NMB
33	2:25.32	L S	F	Kendra Beukes	18	PGAC EKU	04/12/2025 EGA Summer Championships 2025
34	2:26.06	L	F	Mareze Frylinck	18	BLSS MAN	26/09/2025 Pelicans Gala..
35	2:27.33	L	F	Ciska Ferreira	18	UNI EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
36	2:28.51	L	P	Joy Vd Westhuizen	18	ALPHA CPT	18/03/2026 Sa National Youth Champs 2026 NMB
37	2:29.17	L	F	Rene Sauerman	18	SEAL UMD	09/07/2025 TYR Prestige Tournament 2025
38	2:30.26	L	F	Une Van den Berg	18	AA JHB	27/11/2025 CGA Championships 2025
39	2:30.32	L	P	Hannah Witten	18	CYBE CPT	18/03/2026 Sa National Youth Champs 2026 NMB
40	2:30.34	L	F	Jean Marie Swartz	18	ACAAQ CCD	28/11/2025 Limpopo Champs 2025
41	2:32.11	L	F	Morgan Rabie	18	TUKS TSH	14/11/2025 NTS Level 3+ November Age Group G
42	2:32.24	L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026 uShaka Champs 2026
43	2:32.79	L S	F	Sally-Louise Ingwe	18	DMSS	09/04/2026 6th DMSS Gators Gala 2026
44	2:33.37	L	F	Madison Franks	18	SSISA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet

### Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
45	2:33.81 L	F	Mignon Smit	18	SS MPD	28/11/2025	Limpopo Champs 2025
46	2:34.35 L	F	Amahle Mhlongo	18	PSCP UMD	09/07/2025	TYR Prestige Tournament 2025
47	2:35.77 L	F	Clarise Coetzer	18	STSC KCD	31/01/2026	uShaka Champs 2026
48	2:36.36 L	P	Jenna Loubser	18	SLAQ CPT	04/12/2025	Western Cape LC-A Championship 20
49	2:36.41 L S	P	Isabella Vicente	18	SOUL EKU	04/12/2025	EGA Summer Championships 2025
50	2:36.59 L	F	Zara Jeftha	18	MARL CPT	28/06/2025	PEA Winter Gala 2025
51	2:36.95 L	F	Abigale Meineke	18	AQUA BUF	08/11/2025	UThukela Age Group Gala 2
52	2:38.61 L	F	Taaliah Rinquest	18	MARL CPT	28/06/2025	PEA Winter Gala 2025
53	2:38.71 L	F	Cherise Coetzer	18	STSC KCD	31/01/2026	uShaka Champs 2026
54	2:40.13 L	F	Holly Allison	18	AZON ETH	09/07/2025	TYR Prestige Tournament 2025
55	2:40.27 L	F	Clara van Rooyen	18	PGAC EKU	22/11/2025	EGA Summer 3 & 4
56	2:41.28 L	F	Janca Hattingh	18	UNI EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25
57	2:41.36 L	P	Alexa Louw	18	BLMA CPT	18/03/2026	Sa National Youth Champs 2026 NMB
58	2:42.59 L	F	Lerato Molobye	18	TUKS FSH	14/11/2025	NTS Level 3+ November Age Group G
59	2:43.58 L	F	Jaiden Funnell	18	AA JHB	27/11/2025	CGA Championships 2025
60	2:44.34 L	F	Emma Wentzel	18	AA JHB	08/11/2025	CGA Summer 3 - Level 2+ - 2025
61	2:44.37 L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025	Limpopo Champs 2025
62	2:46.62 L	F	Kimberley Strong	18	KTS	05/12/2025	NCASA CHAMPS 2025 - copied - copi
63	2:54.92 L	F	Marita Lackey	18	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :
64	2:59.06 L S	P	Makayla Lombard	18	JAQ EKU	04/12/2025	EGA Summer Championships 2025
65	3:00.77 L	F	Cara Fourie	18	UPSK ZMD	05/12/2025	NCASA CHAMPS 2025 - copied - copi
66	3:02.95 L	F	Charissa Volschenk	18	VHD ZLD	08/11/2025	UThukela Age Group Gala 2
67	3:09.28 L	F	Madelein Bronkhorst	18	AGAQ OBD	09/10/2025	44th Freda Barnard Invitational Gala
68	3:20.67 L	F	Tiffany Van Wyk	18	ESTR EKU	31/01/2026	EGA Last Chance Gala 2026
<b>Women 400 Free</b>							
1	4:23.13 L	P	Hannah Mouton	18	RSA	19/08/2025	World Aquatics Junior Swim Champs-
2	4:25.82 L	F	Marony Jacobs	18	INFA NMA	18/03/2026	Sa National Youth Champs 2026 NMB
3	4:28.22 L	F	Kaitlynn Horne	18	PEAS NMA	12/12/2025	NMBA Championships 2025
4	4:38.58 L	F	Loghan Gray	18	TUKS FSH	18/03/2026	Sa National Youth Champs 2026 NMB
5	4:39.76 L	F	Dane De Klerk	18	BLSS MAN	03/12/2025	Free State Champs 2025
6	4:40.37 L	F	Katie-Peta Marcelino	18	KLOO ETH	18/03/2026	Sa National Youth Champs 2026 NMB
7	4:40.87 L S	P	Cassidy Sinclair	18	ECA NMA	14/04/2026	BombelaSA National Aquatic SNR-Ch
8	4:48.12 L	F	Veneske Steenkamp	18	WAC EDD	04/12/2025	Western Cape LC-A Championship 20
9	4:52.59 L	F	Hayley Hoy	18	TUKS FSH	10/12/2025	NTS Championships 2025
10	4:53.76 L	F	Tamsyn Kotzè	18	SLAQ CPT	18/03/2026	Sa National Youth Champs 2026 NMB
11	4:54.82 L	P	Alexia Luz	18	TUKS FSH	18/03/2026	Sa National Youth Champs 2026 NMB
12	5:01.51 L S	F	Kate Truter	18	BEAV ETH	18/12/2025	KZN Premier Provincial Championship
13	5:01.97 L	F	Jordyn Collett	18	TUKS FSH	14/11/2025	NTS Level 3+ November Age Group G
14	5:02.41 L	F	Erin Glover	18	TYGE CPT	28/06/2025	PEA Winter Gala 2025
15	5:03.69 L	F	Cassidey Doubell	18	CRSC JHB	27/11/2025	CGA Championships 2025
16	5:06.50 L	F	Ciska Ferreira	18	UNI EZD	05/12/2025	Npumalanga Championships 2025
17	5:06.63 L	F	Mathilda Liebenberg	18	POTC KKD	06/12/2025	NWS Championships 2025
18	5:08.73 L	F	Mareze Frylinck	18	BLSS MAN	26/09/2025	Pelicans Gala..
19	5:11.62 L	F	Kendra Beukes	18	PGAC EKU	22/11/2025	EGA Summer 3 & 4
20	5:14.16 L	F	Grace George	18	SEAL UMD	21/02/2026	KZN Schools Trials 2026
21	5:15.78 L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026	uShaka Champs 2026
22	5:16.10 L	F	Abigale Meineke	18	AQUA BUF	08/11/2025	UThukela Age Group Gala 2
23	5:17.24 L	F	Joy Vd Westhuizen	18	CTA CPT	10/01/2026	NMBA INTER-DISTRICT PRESTIGE C
24	5:17.64 L	F	Rene Sauerman	18	SEAL UMD	09/07/2025	TYR Prestige Tournament 2025
25	5:22.62 L	F	Jean Marie Swartz	18	TONAU CCD	31/01/2026	Limpopo School Champs & Limpopo A
26	5:23.31 L	F	Milla Delpont	18	PEAS NMA	30/08/2025	Madibaz Swim Meet 2025
27	5:28.51 L	F	Tiffany Marshall	18	UNI EZD	07/11/2025	MP AGE GROUP 3 - 7-8 NOV 2025
28	5:38.31 L	F	Hannah Witten	18	CYBE CPT	20/09/2025	CTA INVITATIONAL LC MEET
29	5:38.60 L	F	Mignon Smit	18	SS MPD	28/11/2025	Limpopo Champs 2025
30	5:57.90 L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025	Limpopo Champs 2025
31	6:00.14 L	F	Gail Polman	18	CASC CPT	20/09/2025	CTA INVITATIONAL LC MEET
32	6:18.72 L	F	Marita Lackey	18	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :
33	6:23.55 L	F	Cara Fourie	18	UPSK ZMD	05/12/2025	NCASA CHAMPS 2025 - copied - copi
34	6:34.77 L	F	Makayla Lombard	18	JAQ EKU	22/11/2025	EGA Summer 3 & 4

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
35	6:36.63 L	F	Kimberley Strong	18	KTS	17/01/2026	AGE GROUP 5 KATHU 2026	
36	6:39.84 L	F	Madelein Bronkhorst	18	AGAQ ØBD	22/11/2025	Swartland Prestige Gala 2025	
<b>Women 800 Free</b>								
1	9:07.31 L	F	Marony Jacobs	18	INFA NMA	18/03/2026	Sa National Youth Champs 2026 NMB	
2	9:17.20 L	F	Kaitlyne Horne	18	ECA NMA	14/04/2026	BombelaSA National Aquatic SNR-Ch	
3	9:35.70 L	F	Cassidy Sinclair	18	INFA NMA	30/01/2026	Infinity Gala 2026	
4	9:38.71 L	F	Katie-Peta Marcelino	18	KLOO ETH	18/03/2026	Sa National Youth Champs 2026 NMB	
5	9:44.22 L	F	Loghan Gray	18	TUKS FSH	20/02/2026	2026 Grand Prix 2 Invitational Meet -N	
6	9:45.72 L	F	Dane De Klerk	18	BLSS MAN	03/12/2025	Free State Champs 2025	
7	9:52.37 L	F	Veneske Steenkamp	18	WAC EDD	22/11/2025	Eden LC Champs 2025	
8	10:05.48 L	F	Anje Van As	18	TUKS FSH	10/10/2025	HAS 3RD SEEDED GALA 2025 - copi	
9	10:10.93 L	F	Tamsyn Kotzè	18	SLAQ CPT	04/12/2025	Western Cape LC-A Championship 20	
10	10:14.46 L	F	Erin Glover	18	CASC CPT	01/11/2025	CTA District A CHAMPS 2025	
11	10:24.73 L	F	Ciska Ferreira	18	UNI EZD	05/12/2025	Mpumalanga Championships 2025	
12	10:37.34 L	F	Kendra Beukes	18	PGAC EKU	04/12/2025	EGA Summer Championships 2025	
13	10:39.19 L	F	Mareze Frylinck	18	BLSS MAN	24/10/2025	Neptunes Gala	
14	11:06.21 L S	F	Rene Sauerman	18	SEAL UMD	09/07/2025	TYR Prestige Tournament 2025	
15	11:12.76 L	F	Jean Marie Swartz	18	ACAAQ ØCD	28/11/2025	Limpopo Champs 2025	
<b>Women 1000 Free</b>								
1	15:04.00 L	F	Abigale Meineke	18	AQUA UTD	23/11/2025	Capital K Open Water Swim Meet 202	
2	15:10.00 L	F	Rene Sauerman	18	SEAL UMD	23/11/2025	Capital K Open Water Swim Meet 202	
3	15:12.00 L	F	Jenna-Mae Lally	18	BEAV ETH	23/11/2025	Capital K Open Water Swim Meet 202	
4	16:31.00 L	F	Amelia Fraser-Harding	18	ACSA ETH	23/11/2025	Capital K Open Water Swim Meet 202	
<b>Women 1500 Free</b>								
1	17:25.89 L	F	Marony Jacobs	18	ECA NMA	14/04/2026	BombelaSA National Aquatic SNR-Ch	
2	17:42.76 L	F	Kaitlyne Horne	18	ECA NMA	14/04/2026	BombelaSA National Aquatic SNR-Ch	
3	18:45.99 L	F	Loghan Gray	18	TUKS FSH	18/03/2026	Sa National Youth Champs 2026 NMB	
4	18:55.00 L	F	Kirsty Andraos	18	TUKS FSH	17/01/2026	Primeview Festival AG Champs 2026	
5	18:55.12 L S	F	Dane De Klerk	18	BLSS MAN	03/12/2025	Free State Champs 2025	
6	18:55.69 L	O	Tamsyn Kotzè	18	SLAQ CPT	14/12/2025	CTA OWS - Series 4	
7	19:23.73 L S	F	Erin Glover	18	CASC CPT	01/11/2025	CTA District A CHAMPS 2025	
8	19:55.78 L	F	Ciska Ferreira	18	UNI EZD	05/12/2025	Mpumalanga Championships 2025	
9	20:08.48 L	F	Cassidey Doubell	18	CRSC JHB	27/11/2025	CGA Championships 2025	
10	20:15.26 L	F	Abigale Meineke	18	AQUA BUF	31/01/2026	UThukela District Gala 4	
11	20:33.00 L	F	Cassidy Sinclair	18	DRGN EKU	06/12/2025	Primeview #2 2025	
12	21:42.80 L	F	Jean Marie Swartz	18	ACAAQ ØCD	28/11/2025	Limpopo Champs 2025	
13	21:47.26 L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026	uShaka Champs 2026	
14	23:07.00 L	F	Rene Sauerman	18	SEAL UMD	06/12/2025	Primeview #2 2025	
15	23:52.78 L	O	Myra Viduya	18	INFA NMA	30/11/2025	EC Swim Series OWS Round 2 2025	
16	24:55.00 L	F	Amelia Fraser-Harding	18	ACSA ETH	15/11/2025	KZNA Open Water Championship	
17	25:08.00 L	F	Lerato Molobye	18	TUKS FSH	17/01/2026	Primeview Festival AG Champs 2026	
18	25:18.87 L	O	Emma Roberts	18	UNIU EZD	12/10/2025	MPUMALANGA OPEN WATER 12 OC	
19	28:00.00 L	F	Kayla Botha	18	SFSA JHB	06/12/2025	Primeview #2 2025	
<b>Women 3000 Free</b>								
1	6:01.21 L	F	Kaitlyne Horne	18	ECA BUF	06/03/2026	SA National Bombela OWS Champion	
2	6:03.87 L	F	Loghan Gray	18	AGC FSH	06/03/2026	SA National Bombela OWS Champion	
3	6:12.34 L	F	Marony Jacobs	18	ECA BUF	06/03/2026	SA National Bombela OWS Champion	
4	13:01.94 L	S	Kirsty Andraos	18	AGC FSH	06/03/2026	SA National Bombela OWS Champion	
5	19:34.54 L	P	Cassidy Sinclair	18	ECA BUF	06/03/2026	SA National Bombela OWS Champion	
6	40:49.00 L	O	Joy Vd Westhuizen	18	ALPHA CPT	14/12/2025	CTA OWS - Series 4	
7	40:57.15 L	O	Cassidey Doubell	18	AGB JHB	06/03/2026	SA National Bombela OWS Champion	
8	41:02.25 L	O	Kate Truter	18	KZNA ETH	06/03/2026	SA National Bombela OWS Champion	
9	41:12.25 L	O	Abigale Meineke	18	KZNA ETH	06/03/2026	SA National Bombela OWS Champion	
10	41:21.00 L	F	Katie-Peta Marcelino	18	KLOO ETH	23/11/2025	Capital K Open Water Swim Meet 202	
11	42:19.00 L	O	Jordana Azran	18	KZNA ETH	06/03/2026	SA National Bombela OWS Champion	
12	42:53.58 L	O	Tamsyn Kotzè	18	WCA CPT	06/03/2026	SA National Bombela OWS Champion	
13	43:47.01 L	O	Hayley Beling	18	AGA EKU	06/03/2026	SA National Bombela OWS Champion	
14	44:10.00 L	O	Erin Mayoss	18	KLOO ETH	10/01/2026	Baynesfield 2026	

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26  
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
15	44:28.85	L	O	Ciska Ferreira	18	UNI EZD	15/02/2026 MPUMALANGA OPEN WATER 15 FE
16	44:41.42	L	O	Rene Sauerman	18	KZNA ETH	06/03/2026 SA National Bombela OWS Champion
17	44:51.14	L	O	Jenna-Mae Lally	18	KZNA ETH	06/03/2026 SA National Bombela OWS Champion
18	47:09.00	L	O	Hannah Rigby	18	ELEC TSH	12/10/2025 Manyaka OW Sprint 2025
19	48:28.29	L	O	Milla Delpont	18	PEAS NMA	30/11/2025 EC Swim Series OWS Round 2 2025
20	48:51.00	L	F	Amelia Fraser-Harding	18	ACSA ETH	23/11/2025 Capital K Open Water Swim Meet 2025
21	49:13.50	L	O	Emma Roberts	18	UNI EZD	12/10/2025 MPUMALANGA OPEN WATER 12 OC
22	49:32.00	L	O	Gabriella Smith	18	MDOL JHB	12/10/2025 Manyaka OW Sprint 2025
23	50:06.00	L	F	Nanette Jordaan	18	KOVS MAN	17/01/2026 Gariep Open 2026
24	51:28.00	L	F	Lerato Molobye	18	TUKS TSH	17/01/2026 Primeview Festival AG Champs 2026
25	57:18.00	L	F	Kayla Botha	18	SFSA JHB	06/12/2025 Primeview #2 2025
<b>Women 5000 Free</b>							
1	1:02:07.09	L	O	Marony Jacobs	18	ECA BUF	06/03/2026 SA National Bombela OWS Champion
2	1:02:07.57	L	O	Kaitlynn Horne	18	ECA BUF	06/03/2026 SA National Bombela OWS Champion
3	1:04:26.00	L	O	Kirsty Andraos	18	TUKS TSH	17/01/2026 Primeview Festival AG Champs 2026
4	1:05:11.00	L	O	Loghan Gray	18	TUKS TSH	17/01/2026 Primeview Festival AG Champs 2026
5	1:05:35.16	L	O	Cassidy Sinclair	18	ECA BUF	06/03/2026 SA National Bombela OWS Champion
6	1:06:10.00	L	O	Tamsyn Kotzè	18	SLAQ CPT	10/01/2026 WCA Open Water Champions
7	1:08:59.00	L	O	Cassidy Dobbell	18	CRSC JHB	17/01/2026 Primeview Festival AG Champs 2026
8	1:10:58.77	L	O	Myra Viduya	18	ECA BUF	06/03/2026 SA National Bombela OWS Champion
9	1:16:14.70	L	O	Jenna-Mae Lally	18	KZNA ETH	06/03/2026 SA National Bombela OWS Champion
10	1:18:35.00	L	O	Abigale Meineke	18	AQUA UTD	06/12/2025 Primeview #2 2025
11	1:18:44.63	L	O	Rene Sauerman	18	KZNA ETH	06/03/2026 SA National Bombela OWS Champion
12	1:21:12.70	L	O	Ciska Ferreira	18	UNI EZD	09/11/2025 MPUMALANGA OPEN WATER 9 NOV
<b>Women 10000 Free</b>							
1	2:04:53.21	L	O	Kaitlynn Horne	18	ECA BUF	06/03/2026 SA National Bombela OWS Champion
2	2:04:59.68	L	O	Marony Jacobs	18	ECA BUF	06/03/2026 SA National Bombela OWS Champion
<b>Women 50 Back</b>							
1	29.09	L	F	Grace Morris	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
2	29.38	L	F	Cassidy Burgess	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
3	29.90	L	F	Emma De Wet	18	TUKS TSH	10/12/2025 NTS Championships 2025
4	30.91	L	P	Hannah Ferreira	18	KZNA ETH	14/04/2026 BombelaSA National Aquatic SNR-Ch
5	31.21	L	F	Gabriella Douglas	18	CA ECU	18/03/2026 Sa National Youth Champs 2026 NMB
6	31.39	L	P	Keira Van Heerden	18	INFA NMA	28/06/2025 PEA Winter Gala 2025
7	31.48	L	P	Jana Lombard	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
8	32.02	L	F	Myra Viduya	18	INFA NMA	20/09/2025 3rd A League Gala 2025
9	32.30	L	F	Daena Robinson	18	SEAL UMD	09/07/2025 TYR Prestige Tournament 2025
10	32.58	L	F	Morgan Rabie	18	TUKS TSH	10/12/2025 NTS Championships 2025
11	32.77	L	P	Ava Fourie	18	TRAZ TSH	18/03/2026 Sa National Youth Champs 2026 NMB
12	32.84	L	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
13	32.87	L	F	Une Van den Berg	18	GAU JHB	30/01/2026 Gauteng Schools Championships 2025
14	32.88	L	P	Mareze Frylinck	18	PAC TSH	18/03/2026 Sa National Youth Champs 2026 NMB
15	32.93	L	F	Tiffany Marshall	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
16	33.08	L	F	Kate Truter	18	BEAV ETH	21/02/2026 KZN Schools Trials 2026
17	33.15	L	P	Xanthe Nagel	18	HREF BPD	18/03/2026 Sa National Youth Champs 2026 NMB
18	33.29	L	F	Jordana Azran	18	KLOO ETH	18/03/2026 Sa National Youth Champs 2026 NMB
19*	33.31	L	F	Kaitlynn Horne	18	PEAS NMA	18/10/2025 Fish Eagles Short Course Gala 2025
19*	33.31	L	F	Abigail Van Dyk	18	TUKS TSH	10/12/2025 NTS Championships 2025
21	33.64	L	P	Rebecca Kühn	18	CA ECU	18/03/2026 Sa National Youth Champs 2026 NMB
22	33.97	L	F	Cassidy Sinclair	18	INFA NMA	30/01/2026 Infinity Gala 2026
23	34.21	L	F	Hannah Rigby	18	ELEC TSH	17/10/2025 NTS Level 3+ October Age Group Gala
24	34.29	L	F	Amelia Vincent	18	BLSS MAN	03/12/2025 Free State Champs 2025
25	34.43	L	F	Hayley Beling	18	CA ECU	18/03/2026 Sa National Youth Champs 2026 NMB
26	34.55	L	F	Holly Allison	18	AZON ETH	31/01/2026 uShaka Champs 2026
27	34.58	L	F	Veneske Steenkamp	18	WAC EDD	22/11/2025 Eden LC Champs 2025
28	34.88	L	F	Caitlin Kennedy	18	AFIN JHB	27/11/2025 CGA Championships 2025
29	35.04	L	F	Ciska Ferreira	18	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
30	35.06	L	P	Erin Glover	18	TYGE CPT	28/06/2025 PEA Winter Gala 2025

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26  
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
31*	35.28 L	P	Alexia Luz	18	SOUL EKU	04/12/2025	EGA Summer Championships 2025
31*	35.28 L	F	Sally-Louise Ingwe	18	DMSS	18/03/2026	Sa National Youth Champs 2026 NMB
33	35.33 L	F	Isabel Vorster	18	BLSS MAN	26/09/2025	Pelicans Gala..
34	35.34 L	F	Hayley Hoy	18	TUKS TSH	23/01/2026	2026 NTS Sprint Gala
35	35.57 L	F	Emma Roberts	18	UNI EKD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25
36	35.75 L	F	Ella Mills	18	UNI EKD	13/09/2025	MP SPRINT 13 SEPTEMBER 2025
37	35.94 L	P	Neema Banza	18	UNI EKD	05/12/2025	Mpumalanga Championships 2025
38	35.98 L	F	Hannah Prince	18	CA EKU	04/12/2025	EGA Summer Championships 2025
39	36.17 L	P	Kendra Beukes	18	PGAC EKU	04/12/2025	EGA Summer Championships 2025
40	36.27 L	P	Lize Burness	18	PAC TSH	10/12/2025	NTS Championships 2025
41	36.31 L S	F	Tamsyn Kotzè	18	SLAQ CPT	01/11/2025	CTA District A CHAMPS 2025
42	36.33 L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025	Limpopo Champs 2025
43	36.64 L	F	Isabella Vicente	18	SOUL EKU	04/12/2025	EGA Summer Championships 2025
44	36.66 L	P	Alexia Adreani	18	CA EKU	04/12/2025	EGA Summer Championships 2025
45	36.78 L	F	Milla Delpont	18	PEAS NMA	20/09/2025	3rd A League Gala 2025
46	36.84 L	F	Mari Zanne Nortje	18	HSBV SKD	31/01/2026	Limpopo School Champs & Limpopo A
47	36.85 L	F	Carmi Schoeman	18	HPP BUF	31/01/2026	Limpopo School Champs & Limpopo A
48	36.95 L	F	Karmen Van Rensburg	18	UNI EKD	13/09/2025	MP SPRINT 13 SEPTEMBER 2025
49	36.98 L	P	Joy Vd Westhuizen	18	ALPHA CPT	04/12/2025	Western Cape LC-A Championship 20
50	37.01 L	F	Jean Marie Swartz	18	TONAU CCD	31/01/2026	Limpopo School Champs & Limpopo A
51	37.22 L	P	Jaiden Funnell	18	AA JHB	27/11/2025	CGA Championships 2025
52	37.35 L	P	Mmathabo Marite	18	CRSC JHB	27/11/2025	CGA Championships 2025
53	37.73 L	P	Amahle Mhlongo	18	PSCP UMD	18/03/2026	Sa National Youth Champs 2026 NMB
54	37.96 L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026	uShaka Champs 2026
55	37.98 L	P	Mia Pienaar	18	VHD ZLD	18/03/2026	Sa National Youth Champs 2026 NMB
56	38.08 L	F	Simone Van Aswegen	18	WATR JHB	12/12/2025	NMBA Championships 2025
57	38.54 L	F	Mia Barnard	18	BLOT MAN	03/12/2025	Free State Champs 2025
58	38.89 L	F	Rene Sauerman	18	SEAL UMD	09/07/2025	TYR Prestige Tournament 2025
59	39.12 L	F	Cherise Coetzer	18	STSC KCD	06/12/2025	Stingrays Champs 2025
60	39.80 L	P	Carmen Botha	18	MATL KKD	06/12/2025	NWS Championships 2025
61	39.96 L	P	Taaliah Rinquest	18	MARL CPT	28/06/2025	PEA Winter Gala 2025
62	40.10 L	F	Clara van Rooyen	18	PGAC EKU	04/12/2025	EGA Summer Championships 2025
63	40.43 L	P	Makayla Lombard	18	JAQ EKU	04/12/2025	EGA Summer Championships 2025
64	40.49 L	F	Marita Lackey	18	TUKS TSH	31/10/2025	NTS Level 1+2 November Age Group :
65	40.56 L	F	Kimberley Strong	18	KTS	25/10/2025	FLAMINGO & GOODHOPE GALA 202
66	40.68 L	F	Abigale Meineke	18	AQUA BUF	31/01/2026	UThukela District Gala 4
67	40.92 L	F	Cathrijn Davel	18	MHS NGD	24/10/2025	MP TOP SCHOOLS HIGH SCHOOLS
68	41.00 L	F	Michelle Allison	18	CTA CPT	10/01/2026	NMBA INTER-DISTRICT PRESTIGE C
69	41.57 L	F	Janca Hattingh	18	NHS EKD	24/10/2025	MP TOP SCHOOLS HIGH SCHOOLS
70	41.95 L	F	Cara Fourie	18	UPSK ZMD	21/11/2025	AGE GROUP 2 & 3 UPT
71	42.11 L	F	Miana Fourie	18	BLSS MAN	26/09/2025	Pelicans Gala..
72	42.55 L	F	Alessia Erasmus	18	MDOL JHB	09/01/2026	2026 Grand Prix Invitation Swimming I
73	42.92 L	F	Emma Kruger	18	DDA TSH	31/10/2025	NTS Level 1+2 November Age Group :
74	43.94 L	F	Megan Van der Merwe	18	MHS NGD	30/01/2026	AG 5 MP SA SCHOOLS TRIALS 30 J/
75	44.94 L	F	Caylin Bach	18	AASC EKD	13/09/2025	MP SPRINT 13 SEPTEMBER 2025
76	46.10 L	F	Sone Jacobs	18	NICOH NMA	14/03/2026	Level 1 District Age Group Gala 2026
77	47.96 L	F	Tiffany Van Wyk	18	ESTR EKU	31/01/2026	EGA Last Chance Gala 2026
78	1:37.41 L	F	Sfungo Keswa	18	MHS NGD	30/01/2026	ORTA SCHOOL TRIALS 2026
<b>Women 100 Back</b>							
1	1:02.35 L	P	Grace Morris	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
2	1:02.95 L	F	Cassidy Burgess	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
3	1:04.24 L	F	Emma De Wet	18	AGC TSH	14/04/2026	BombelaSA National Aquatic SNR-Ch
4	1:06.23 L	P	Hannah Ferreira	18	KZNA ETH	14/04/2026	BombelaSA National Aquatic SNR-Ch
5	1:07.79 L	F	Dane De Klerk	18	BLSS MAN	03/12/2025	Free State Champs 2025
6	1:08.57 L	P	Gabriella Douglas	18	AGA EKU	14/04/2026	BombelaSA National Aquatic SNR-Ch
7	1:08.66 L	P	Jana Lombard	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
8	1:09.55 L	F	Myra Viduya	18	INFA NMA	18/10/2025	Fish Eagles Short Course Gala 2025
9	1:11.08 L	F	Hannah Rigby	18	ELEC TSH	17/10/2025	NTS Level 3+ October Age Group Gal
10	1:11.32 L	P	Morgan Rabie	18	TUKS TSH	10/12/2025	NTS Championships 2025

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
11	1:11.46	L	F	Kaitlyne Horne	18	PEAS NMA	19/07/2025 1st A League Gala 2025
12	1:11.77	L	F	Cassidy Sinclair	18	INFA NMA	30/01/2026 Infinity Gala 2026
13	1:12.08	L	F	Kate Truter	18	BEAV ETH	18/12/2025 KZN Premier Provincial Championship
14	1:12.11	L	P	Tatum Cabral	18	ELEC TSH	10/12/2025 NTS Championships 2025
15	1:13.04	L	F	Une Van den Berg	18	AA JHB	27/11/2025 CGA Championships 2025
16	1:14.03	L S	F	Hayley Beling	18	CA EKU	04/12/2025 EGA Summer Championships 2025
17	1:14.43	L	F	Jordana Azran	18	KLOO ETH	18/03/2026 Sa National Youth Champs 2026 NMB
18	1:15.04	L	P	Alexia Luz	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
19	1:15.22	L	F	Katie-Peta Marcelino	18	KLOO ETH	31/01/2026 uShaka Champs 2026
20	1:15.36	L	F	Mareze Frylinck	18	BLSS MAN	26/09/2025 Pelicans Gala..
21	1:15.45	L	F	Veneske Steenkamp	18	WAC EDD	22/11/2025 Eden LC Champs 2025
22	1:15.76	L	P	Ava Fourie	18	TRAZ TSH	10/12/2025 NTS Championships 2025
23	1:15.97	L	F	Hayley Hoy	18	TUKS TSH	14/11/2025 NTS Level 3+ November Age Group G
24	1:16.25	L	P	Lize Burness	18	PAC TSH	10/12/2025 NTS Championships 2025
25	1:16.31	L	F	Amelia Vincent	18	BLSS MAN	03/12/2025 Free State Champs 2025
26	1:16.60	L	P	Abigail Van Dyk	18	TUKS TSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
27	1:16.66	L	F	Ella Mills	18	UNI U EZD	18/03/2026 Sa National Youth Champs 2026 NMB
28	1:16.72	L	F	Tamsyn Kotzè	18	SLAQ CPT	01/11/2025 CTA District A CHAMPS 2025
29	1:17.06	L	F	Emma Roberts	18	UNI U EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
30	1:17.43	L	F	Xanthe Nagel	18	MCSH BPD	13/02/2026 NW School Championships 2026
31	1:17.57	L S	P	Kendra Beukes	18	PGAC EKU	04/12/2025 EGA Summer Championships 2025
32	1:17.61	L	F	Holly Allison	18	AZON ETH	31/01/2026 uShaka Champs 2026
33	1:18.18	L	F	Sally-Louise Ingwe	18	DMSS	09/04/2026 6th DMSS Gators Gala 2026
34	1:18.41	L	F	Mignon Smit	18	SS MPD	28/11/2025 Limpopo Champs 2025
35	1:18.73	L	F	Isabel Vorster	18	BLSS MAN	18/12/2025 KZN Premier Provincial Championship
36	1:19.08	L	F	Ciska Ferreira	18	UNI EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
37	1:19.30	L	F	Milla Delport	18	PEAS NMA	28/06/2025 PEA Winter Gala 2025
38	1:19.48	L	P	Joy Vd Westhuizen	18	ALPHA CPT	04/12/2025 Western Cape LC-A Championship 20
39	1:19.63	L	F	Jenna-Mae Lally	18	BEAV ETH	03/10/2025 Curro AquaElite Gala
40	1:19.74	L	P	Caitlin Kennedy	18	AFIN JHB	18/03/2026 Sa National Youth Champs 2026 NMB
41	1:19.97	L	F	Alexa Louw	18	BLMA CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
42	1:20.20	L S	F	Alexia Adreani	18	CA EKU	04/12/2025 EGA Summer Championships 2025
43	1:21.37	L	P	Cherise Coetzer	18	STSC KCD	18/03/2026 Sa National Youth Champs 2026 NMB
44	1:22.57	L	F	Madison Franks	18	SSISA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
45	1:22.74	L	F	Gail Polman	18	CASC CPT	20/09/2025 CTA INVITATIONAL LC MEET
46	1:23.00	L	F	Mmathabo Marite	18	CRSC JHB	27/11/2025 CGA Championships 2025
47	1:23.30	L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025 Limpopo Champs 2025
48	1:23.70	L S	F	Clara van Rooyen	18	PGAC EKU	04/12/2025 EGA Summer Championships 2025
49	1:23.94	L	F	Neema Banza	18	UNI EZD	05/12/2025 Mpumalanga Championships 2025
50	1:23.96	L	F	Jaiden Funnell	18	AA JHB	27/11/2025 CGA Championships 2025
51	1:24.50	L	F	Hannah Witten	18	CYBE CPT	20/09/2025 CTA INVITATIONAL LC MEET
52	1:24.91	L	P	Mia Barnard	18	BLOT MAN	03/12/2025 Free State Champs 2025
53	1:25.06	L	P	Taaliah Rinquest	18	MARL CPT	28/06/2025 PEA Winter Gala 2025
54	1:25.16	L	P	Amahle Mhlongo	18	PSCP UMD	18/03/2026 Sa National Youth Champs 2026 NMB
55	1:25.42	L	P	Carmen Botha	18	MATL KKD	06/12/2025 NWS Championships 2025
56	1:26.31	L	F	Zara Jeftha	18	CTA CPT	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
57	1:26.82	L	F	Lerato Molobye	18	TUKS TSH	14/11/2025 NTS Level 3+ November Age Group G
58	1:27.83	L	F	Kimberley Strong	18	KTS	05/12/2025 NCASA CHAMPS 2025 - copied - copi
59	1:29.92	L S	P	Makayla Lombard	18	JAQ EKU	04/12/2025 EGA Summer Championships 2025
60	1:32.38	L	F	Michelle Allison	18	CTA CPT	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
61	1:32.91	L	F	Cara Fourie	18	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
62	1:35.04	L	F	Emma Kruger	18	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
63	1:35.42	L	F	Catherine Jones	18	EXP TSH	03/10/2025 NTS Level 1+2 October Age Group 20
64	1:36.28	L	F	Madelein Bronkhorst	18	AGAQ OBD	09/10/2025 44th Freda Barnard Invitational Gala
65	1:54.79	L	F	Tiffany Van Wyk	18	ESTR EKU	31/01/2026 EGA Last Chance Gala 2026
66	2:27.52	L	F	Ofentse Molusi	18	RFA TSH	03/10/2025 NTS Level 1+2 October Age Group 20
<b>Women 200 Back</b>							
1	2:13.25	L S	F	Grace Morris	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
2	2:16.90	L	P	Emma De Wet	18	RSA	19/08/2025 World Aquatics Junior Swim Champs-

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	2:21.89	L	F	Cassidy Burgess	18	WCS	24/04/2026 SA Schools Swimming Championship
4	2:23.83	L S	P	Hannah Ferreira	18	KZNA ETH	14/04/2026 BombelaSA National Aquatic SNR-Ch
5	2:25.12	L S	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
6	2:30.11	L	F	Kaitlyne Horne	18	NMU NMA	30/01/2026 Infinity Gala 2026
7	2:32.28	L	F	Kate Truter	18	BEAV ETH	18/12/2025 KZN Premier Provincial Championship
8	2:32.46	L	F	Gabriella Douglas	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
9	2:34.59	L	F	Katie-Peta Marcelino	18	KLOO ETH	18/03/2026 Sa National Youth Champs 2026 NMB
10	2:35.92	L	P	Hannah Rigby	18	ELEC TSH	10/12/2025 NTS Championships 2025
11	2:36.49	L	F	Cassidy Sinclair	18	INFA NMA	30/01/2026 Infinity Gala 2026
12	2:37.44	L	F	Cassidey Doubell	18	CRSC JHB	27/11/2025 CGA Championships 2025
13	2:39.27	L	F	Veneske Steenkamp	18	WAC EDD	25/10/2025 Zasu 1st League OYDC 2025-26
14	2:39.79	L	P	Alexia Luz	18	TUKS TSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
15	2:42.82	L	P	Hayley Beling	18	CA EKU	04/12/2025 EGA Summer Championships 2025
16	2:44.75	L	F	Mareze Frylinck	18	BLSS MAN	10/10/2025 Super Seals Annual Gala
17	2:44.94	L	F	Kendra Beukes	18	PGAC EKU	04/12/2025 EGA Summer Championships 2025
18	2:45.77	L	F	Lize Burness	18	PAC TSH	10/12/2025 NTS Championships 2025
19	2:46.36	L	F	Jordana Azran	18	KLOO ETH	18/12/2025 KZN Premier Provincial Championship
20	2:48.67	L	P	Amelia Vincent	18	BLSS MAN	18/03/2026 Sa National Youth Champs 2026 NMB
21	2:51.34	L	F	Ciska Ferreira	18	UNI EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
22	2:53.06	L	F	Emma Roberts	18	UNI U EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
23	2:53.24	L	P	Alexia Adreani	18	CA EKU	04/12/2025 EGA Summer Championships 2025
24	2:54.63	L	F	Mignon Smit	18	SS MPD	28/11/2025 Limpopo Champs 2025
25	2:55.50	L	F	Jean Marie Swartz	18	TONAU CCD	31/01/2026 Limpopo School Champs & Limpopo A
26	2:56.34	L	F	Alexa Louw	18	BLMA CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
27	2:56.49	L	F	Carmi Schoeman	18	HPP BUF	31/01/2026 Limpopo School Champs & Limpopo A
28	2:57.11	L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026 uShaka Champs 2026
29	2:57.12	L	F	Caitlin Kennedy	18	AFIN JHB	18/03/2026 Sa National Youth Champs 2026 NMB
30	2:58.35	L	F	Holly Allison	18	AZON ETH	03/10/2025 Curro AquaElite Gala
31	2:58.58	L	P	Clara van Rooyen	18	PGAC EKU	04/12/2025 EGA Summer Championships 2025
32	2:59.04	L	F	Ella Mills	18	UNI U EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
33	3:00.05	L	F	Taaliah Rinquest	18	MARL CPT	28/06/2025 PEA Winter Gala 2025
34	3:05.74	L	F	Carmen Botha	18	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
35	3:06.08	L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025 Limpopo Champs 2025
36	3:07.76	L	F	Mia Barnard	18	BLOT MAN	03/10/2025 Curro AquaElite Gala
37	3:11.05	L	F	Kimberley Strong	18	KTS	05/12/2025 NCASA CHAMPS 2025 - copied - copi
38	3:13.83	L	F	Cara Fourie	18	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
39	3:16.92	L	P	Makayla Lombard	18	JAQ EKU	04/12/2025 EGA Summer Championships 2025
40	3:27.85	L	F	Emma Kruger	18	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
41	3:58.78	L	F	Tiffany Van Wyk	18	ESTR EKU	11/10/2025 EGA Summer 2
<b>Women 50 Breast</b>							
1	32.67	L	P	Daena Robinson	18	KZNA ETH	14/04/2026 BombelaSA National Aquatic SNR-Ch
2	33.29	L	F	Keira Van Heerden	18	INFA NMA	28/06/2025 PEA Winter Gala 2025
3	33.71	L	P	Myra Viduya	18	RSA	19/08/2025 World Aquatics Junior Swim Champs-
4	33.78	L	F	Rebecca Kühn	18	CA EKU	11/10/2025 EGA Summer 2
5	33.86	L	F	Jordyn Collett	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
6	34.40	L	F	Kayla Petersen	18	USC BUF	18/03/2026 Sa National Youth Champs 2026 NMB
7	34.72	L	F	Erin Hudson	18	CRSC JHB	27/11/2025 CGA Championships 2025
8	35.30	L	F	Nicole Beling	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
9	35.62	L	F	Alex-Zandre' Labuschagne	18	MGSC UGD	21/02/2026 KZN Schools Trials 2026
10	36.13	L	P	Rebecca Fury	18	VINE CPT	18/03/2026 Sa National Youth Champs 2026 NMB
11	36.29	L	F	Zara Jeftha	18	VINE CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
12	36.42	L	F	Hannah Ferreira	18	ASA ILD	31/01/2026 uShaka Champs 2026
13	36.66	L S	F	Kirstin Brady	BR	VASA EKU	04/12/2025 EGA Summer Championships 2025
14	37.19	L	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
15	37.32	L	P	Tatum Cabral	18	ELEC TSH	10/12/2025 NTS Championships 2025
16*	37.42	L	P	Erin Mayoss	18	KLOO ETH	18/12/2025 KZN Premier Provincial Championship
16*	37.42	L	F	Neema Banza	18	UNI EZD	05/12/2025 Mpumalanga Championships 2025
18	37.50	L	F	Carleigh Palmer	18	AA JHB	18/03/2026 Sa National Youth Champs 2026 NMB
19	37.63	L S	P	Hannah Prince	18	CA EKU	04/12/2025 EGA Summer Championships 2025

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
20	37.69	L	F	Karmen Van Rensburg	18	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
21	37.79	L	F	Simone Van Aswegen	18	GAU JHB	30/01/2026 Gauteng Schools Championships 2026
22	37.94	L	P	Mathilda Liebenberg	18	POTC KKD	06/12/2025 NWS Championships 2025
23	38.07	L	P	Anje Van As	18	TUKS TSH	28/11/2025 HAS SENIOR CHAMPS 2025
24	38.11	L	P	Hannah Witten	18	CYBE CPT	18/03/2026 Sa National Youth Champs 2026 NMB
25	38.54	L	F	Xanthe Nagel	18	MCSH BPD	13/02/2026 NW School Championships 2026
26	38.56	L	F	Kaitlynn Horne	18	PEAS NMA	30/08/2025 Madibaz Swim Meet 2025
27	38.80	L	P	Clarise Coetzer	18	STSC KCD	18/03/2026 Sa National Youth Champs 2026 NMB
28	39.07	L	F	Mari Zanne Nortje	18	HSBV SKD	31/01/2026 Limpopo School Champs & Limpopo A
29	39.55	L	P	Mmathabo Marite	18	CRSC JHB	27/11/2025 CGA Championships 2025
30	39.65	L	P	Josslyn Gaudie	18	RFA TSH	10/12/2025 NTS Championships 2025
31	39.75	L	F	Madelé Harding	18	POTC KKD	06/12/2025 NWS Championships 2025
32	39.87	L	F	Cherise Coetzer	18	STSC KCD	31/01/2026 uShaka Champs 2026
33	40.32	L	F	Kendra Beukes	18	PGAC EKU	11/10/2025 EGA Summer 2
34	40.60	L	P	Lerato Molobye	18	TUKS TSH	10/12/2025 NTS Championships 2025
35	40.63	L	F	Mareze Frylinck	18	BLSS MAN	26/09/2025 Pelicans Gala..
36	40.67	L	F	Cameron Landman	18	BETH FDD	03/12/2025 Free State Champs 2025
37	41.00	L	F	Ciska Ferreira	18	UNI EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J
38	41.16	L	F	Hayley Hoy	18	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
39	41.35	L	P	Isabel Vorster	18	BLSS MAN	18/12/2025 KZN Premier Provincial Championship
40	41.44	L	F	Emma Roberts	18	UPC EZD	24/10/2025 MP TOP SCHOOLS HIGH SCHOOLS
41	41.57	L	F	Alexia Adreani	18	CA EKU	22/11/2025 EGA Summer 3 & 4
42	41.74	L	F	Sally-Louise Ingwe	18	DMSS	09/04/2026 6th DMSS Gators Gala 2026
43	42.02	L	P	Emma Wentzel	18	AA JHB	27/11/2025 CGA Championships 2025
44*	42.30	L	F	Carmi Schoeman	18	HPP BUF	31/01/2026 Limpopo School Champs & Limpopo A
44*	42.30	L	F	Hanrike Barnard	18	WAGH BP	13/02/2026 NW School Championships 2026
46	42.64	L	F	Taalih Rinquest	18	MARL CPT	30/01/2026 Infinity Gala 2026
47	43.30	L	F	Joy Vd Westhuizen	18	CTA CPT	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
48	43.73	L	F	Janca Hattingh	18	UNI EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
49	44.53	L	F	Jean Marie Swartz	18	TONAU CCD	31/01/2026 Limpopo School Champs & Limpopo A
50	45.28	L	F	Charissa Volschenk	18	VHD ZLD	08/11/2025 UThukela Age Group Gala 2
51	45.29	L	F	Clara van Rooyen	18	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
52	45.87	L	F	Abigale Meineke	18	AQUA BUF	31/01/2026 UThukela District Gala 4
53	45.88	L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026 uShaka Champs 2026
54	46.30	L	F	Madelein Bronkhorst	18	AGAQ OBD	09/10/2025 44th Freda Barnard Invitational Gala
55	46.50	L	F	Agena Swanepoel	18	PENC EZD	18/02/2026 EHLANZENI INTER HIGH GALA 18 FI
56	46.89	L	F	Kimberley Strong	18	KTS	05/12/2025 NCASA CHAMPS 2025 - copied - copi
57	47.47	L S	P	Makayla Lombard	18	JAQ EKU	04/12/2025 EGA Summer Championships 2025
58	47.63	L	P	Caitlin Kennedy	18	AFIN JHB	27/11/2025 CGA Championships 2025
59	48.01	L	F	Cara Fourie	18	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
60	48.30	L	F	Isabella Vicente	18	SOUL EKU	22/11/2025 EGA Summer 3 & 4
61	48.60	L	F	Carmen Botha	18	MATL KKD	06/12/2025 NWS Championships 2025
62	49.68	L	F	Catherine Jones	18	EXP TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
63	49.74	L	F	Emma Kruger	18	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
64	51.23	L	F	Marlene Jansen van Rensburg	18	AWIN TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
65	51.66	L	F	Tiffany Van Wyk	18	ESTR EKU	21/02/2026 EGA Lets Sprint Gala 2026
66	51.78	L	F	Alessia Erasmus	18	MDOL JHB	09/01/2026 2026 Grand Prix Invitation Swimming I
67	51.96	L	F	Sone Jacobs	18	NICOH NMA	14/03/2026 Level 1 District Age Group Gala 2026
68	53.68	L	F	Zoe Jacobs	18	HPHS BUF	14/02/2026 BCSEA School Trials 2026
69	56.92	L	P	Caylin Bach	18	AASC EZD	05/12/2025 Mpumalanga Championships 2025
70	1:01.82	L	F	Kayla Schoenfeldt	18	CAMBH BUF	14/02/2026 BCSEA School Trials 2026
71	1:47.97	L	F	Sfungo Keswa	18	MHS NGD	30/01/2026 ORTA SCHOOL TRIALS 2026
72	2:03.50	L	F	Inathi Tomose	18	TSS EZD	30/01/2026 ORTA SCHOOL TRIALS 2026
<b>Women 100 Breast</b>							
1	1:11.63	L	F	Keira Van Heerden	18	INFA NMA	28/06/2025 PEA Winter Gala 2025
2	1:11.68	L	F	Daena Robinson	18	KZNA ETH	14/04/2026 BombelaSA National Aquatic SNR-Ch
3	1:14.74	L	F	Jordyn Collett	18	TUKS TSH	18/03/2026 Sa National Youth Champs 2026 NMB
4	1:15.80	L	P	Rebecca Kühn	18	AGA EKU	14/04/2026 BombelaSA National Aquatic SNR-Ch
5	1:15.96	L	F	Kayla Petersen	18	USC BUF	18/03/2026 Sa National Youth Champs 2026 NMB

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
6	1:16.39	L	F	Myra Viduya	18	INFA NMA	18/03/2026 Sa National Youth Champs 2026 NMB
7	1:17.84	L	F	Alex-Zandre' Labuschagne	18	GAU JHB	24/04/2026 SA Schools Swimming Championship
8	1:18.14	L	F	Erin Hudson	18	CRSC JHB	27/11/2025 CGA Championships 2025
9	1:18.80	L	P	Nicole Beling	18	CA EKU	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
10	1:19.12	L	P	Tiffany Marshall	18	TUKS FSH	18/03/2026 Sa National Youth Champs 2026 NMB
11	1:19.32	L	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
12	1:20.01	L	F	Kirstin Brady	BR	VASA EKU	04/12/2025 EGA Summer Championships 2025
13	1:20.92	L	F	Simone Van Aswegen	18	WATR JHB	12/12/2025 NMBA Championships 2025
14	1:21.37	L S	F	Zara Jefftha	18	VINE CPT	01/11/2025 CTA District A CHAMPS 2025
15	1:21.93	L	P	Hannah Prince	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
16	1:22.95	L	F	Nikha Lambden	18	EXP FSH	17/10/2025 NTS Level 3+ October Age Group Gala
17	1:23.12	L	F	Hannah Ferreira	18	ASA ILD	31/01/2026 uShaka Champs 2026
18	1:23.25	L	F	Hannah Witten	18	CYBE CPT	14/02/2026 CTA Elite Gala (L3+)
19	1:23.40	L	F	Kaitlyne Horne	18	PEAS NMA	18/10/2025 4th A League Gala 2025
20	1:23.67	L	P	Amelia Vincent	18	BLSS MAN	18/03/2026 Sa National Youth Champs 2026 NMB
21	1:23.94	L	F	Mathilda Liebenberg	18	PGIM KKD	13/02/2026 NW School Championships 2026
22	1:24.33	L	F	Neema Banza	18	UNI EZD	05/12/2025 Mpumalanga Championships 2025
23	1:24.56	L	F	Anje Van As	18	TUKS FSH	21/09/2025 HAS 2ND SEEDED GALA 2025
24	1:25.42	L	F	Erin Mayoss	18	KLOO ETH	18/12/2025 KZN Premier Provincial Championship
25	1:26.03	L	F	Clarise Coetzer	18	STSC KCD	18/12/2025 KZN Premier Provincial Championship
26	1:26.05	L	P	Isabel Vorster	18	BLSS MAN	18/03/2026 Sa National Youth Champs 2026 NMB
27	1:26.33	L	F	Kendra Beukes	18	PGAC EKU	22/11/2025 EGA Summer 3 & 4
28	1:26.42	L	F	Karmen Van Rensburg	18	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
29	1:26.61	L	F	Hayley Beling	18	CA EKU	11/10/2025 EGA Summer 2
30	1:27.31	L	F	Hannah Rigby	18	ELEC FSH	17/10/2025 NTS Level 3+ October Age Group Gala
31	1:27.73	L S	P	Josslyn Gaudie	18	RFA FSH	10/12/2025 NTS Championships 2025
32	1:27.88	L	P	Mmathabo Marite	18	CRSC JHB	27/11/2025 CGA Championships 2025
33	1:28.30	L	F	Mareze Frylinck	18	BLSS MAN	10/10/2025 Super Seals Annual Gala
34	1:29.33	L	F	Lerato Molobye	18	GAU JHB	30/01/2026 Gauteng Schools Championships 2026
35	1:29.47	L	F	Cameron Landman	18	BETH FDD	07/11/2025 Otters Prestige Gala 2025
36	1:29.56	L	F	Cherise Coetzer	18	STSC KCD	04/10/2025 KCDA Age Group Gala 1 2025
37	1:30.22	L	P	Erin Glover	18	TYGE CPT	28/06/2025 PEA Winter Gala 2025
38	1:31.17	L	P	Emma Wentzel	18	AA JHB	27/11/2025 CGA Championships 2025
39	1:32.56	L	F	Mari Zanne Nortje	18	HSBV SKD	31/01/2026 Limpopo School Champs & Limpopo A
40	1:33.14	L	F	Sally-Louise Ingwe	18	DMSS	09/04/2026 6th DMSS Gators Gala 2026
41	1:33.15	L	F	Taaliah Rinquest	18	MARL CPT	29/11/2025 CTA B CHAMPS 2025
42	1:34.24	L	F	Janca Hattingh	18	UNI EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
43	1:34.57	L	F	Mignon Smit	18	SS MPD	28/11/2025 Limpopo Champs 2025
44	1:35.71	L	F	Hanrike Barnard	18	WAGH BP	13/02/2026 NW School Championships 2026
45	1:36.22	L	P	Clara van Rooyen	18	PGAC EKU	04/12/2025 EGA Summer Championships 2025
46	1:36.42	L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025 Limpopo Champs 2025
47	1:40.84	L	F	Charissa Volschenk	18	VHD ZLD	08/11/2025 UThukela Age Group Gala 2
48	1:44.45	L	F	Kimberley Strong	18	KTS	05/12/2025 NCASA CHAMPS 2025 - copied - copi
49	1:45.18	L	F	Cara Fourie	18	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
50	1:45.56	L	F	Madelein Bronkhorst	18	AGAQ OBD	13/02/2026 Winelands SL Fin - February 2026 - cc
51	1:46.29	L	F	Emma Kruger	18	DDA FSH	31/10/2025 NTS Level 1+2 November Age Group :
52	1:47.01	L	P	Makayla Lombard	18	JAQ EKU	04/12/2025 EGA Summer Championships 2025
53	1:49.26	L	F	Catherine Jones	18	EXP FSH	03/10/2025 NTS Level 1+2 October Age Group 20
54	1:55.57	L	F	Marlene Jansen van Rensburg	18	AWIN FSH	03/10/2025 Swimparters Gala (Blue vs White) Oc
55	1:59.60	L	P	Tiffany Van Wyk	18	ESTR EKU	04/12/2025 EGA Summer Championships 2025

### Women 200 Breast

1	2:36.49	L	F	Keira Van Heerden	18	INFA NMA	28/06/2025 PEA Winter Gala 2025
2	2:44.39	L	F	Myra Viduya	18	INFA NMA	18/03/2026 Sa National Youth Champs 2026 NMB
3	2:44.95	L S	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
4	2:46.07	L S	F	Daena Robinson	18	SEAL UMD	18/12/2025 KZN Premier Provincial Championship
5	2:47.70	L	F	Kayla Petersen	18	USC BUF	18/03/2026 Sa National Youth Champs 2026 NMB
6	2:49.33	L	P	Loghan Gray	18	TUKS FSH	18/03/2026 Sa National Youth Champs 2026 NMB
7	2:52.20	L	P	Rebecca Kühn	18	CA EKU	04/12/2025 EGA Summer Championships 2025
8	2:53.02	L	F	Alex-Zandre' Labuschagne	18	MGSC UGD	21/02/2026 KZN Schools Trials 2026

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
9	2:53.38	L	P	Hannah Witten	18	CYBE CPT	18/03/2026	Sa National Youth Champs 2026 NMB
10	2:55.52	L	F	Simone Van Aswegen	18	GAU JHB	30/01/2026	Gauteng Schools Championships 2026
11	2:56.94	L	P	Hannah Prince	18	CA EKU	18/03/2026	Sa National Youth Champs 2026 NMB
12	2:57.42	L	F	Nicole Beling	18	CA EKU	04/12/2025	EGA Summer Championships 2025
13	2:57.60	L	F	Mathilda Liebenberg	18	POTC KKD	06/12/2025	NWS Championships 2025
14	2:58.08	L	F	Kaitlynn Horne	18	PEAS NMA	28/06/2025	PEA Winter Gala 2025
15	2:58.16	L	P	Kirstin Brady	BR	VASA EKU	04/12/2025	EGA Summer Championships 2025
16	3:00.34	L	F	Zara Jeftha	18	MARL CPT	28/06/2025	PEA Winter Gala 2025
17	3:01.12	L	F	Nikha Lambden	18	EXP TSH	17/10/2025	NTS Level 3+ October Age Group Gala
18	3:01.51	L	P	Amelia Vincent	18	BLSS MAN	18/03/2026	Sa National Youth Champs 2026 NMB
19	3:01.92	L	F	Kendra Beukes	18	PGAC EKU	04/12/2025	EGA Summer Championships 2025
20	3:05.11	L	P	Clarise Coetzer	18	STSC KCD	18/03/2026	Sa National Youth Champs 2026 NMB
21	3:07.75	L	P	Lerato Molobye	18	TUKS TSH	10/12/2025	NTS Championships 2025
22	3:15.07	L	F	Mmathabo Marite	18	CRSC JHB	18/03/2026	Sa National Youth Champs 2026 NMB
23	3:16.17	L	F	Cherise Coetzer	18	STSC KCD	31/01/2026	uShaka Champs 2026
24	3:18.78	L	P	Josslyn Gauldie	18	RFA TSH	10/12/2025	NTS Championships 2025
25	3:24.94	L	F	Janca Hattingh	18	UNI EZD	10/10/2025	MP AGE GROUP 2 10-11 OCTOBER
26	3:26.76	L	F	Taaliah Rinquest	18	MARL CPT	29/11/2025	CTA B CHAMPS 2025
27	3:29.16	L	F	Hanrike Barnard	18	WAGH BP	13/02/2026	NW School Championships 2026
28	3:29.78	L	F	Clara van Rooyen	18	PGAC EKU	04/12/2025	EGA Summer Championships 2025
29	3:44.71	L	F	Cara Fourie	18	NC FBD	31/01/2026	4+1 INTERPROVINCIAL GALA 2026
30	3:50.99	L	F	Emma Kruger	18	DDA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
31	3:51.93	L	F	Madelein Bronkhorst	18	AGAQ OBD	13/02/2026	Winelands SL Fin - February 2026 - cc
32	3:59.66	L	F	Kimberley Strong	18	KTS	17/01/2026	AGE GROUP 5 KATHU 2026
33	4:00.26	L	F	Makayla Lombard	18	JAQ EKU	20/09/2025	EGA Summer 1 2025
34	4:47.44	L	F	Tiffany Van Wyk	18	ESTR EKU	20/09/2025	EGA Summer 1 2025
<b>Women 50 Fly</b>								
1	27.83	L S	F	Anje Van As	18	AGC TSH	14/04/2026	BombelaSA National Aquatic SNR-Ch
2	28.45	L S	F	Keira Van Heerden	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
3	28.60	L	F	Nathalie Vogt	18	SCU GE	13/02/2026	Winelands SL Fin - February 2026 - cc
4	28.70	L	F	Grace Morris	18	LALE CED	28/06/2025	PEA Winter Gala 2025
5	28.93	L	F	Myra Viduya	18	INFA NMA	18/03/2026	Sa National Youth Champs 2026 NMB
6	29.11	L S	P	Daena Robinson	18	KZNA ETH	14/04/2026	BombelaSA National Aquatic SNR-Ch
7	29.18	L	F	Cassidy Burgess	18	VINE CPT	28/06/2025	PEA Winter Gala 2025
8	29.43	L	P	Dane De Klerk	18	BLSS MAN	03/12/2025	Free State Champs 2025
9	29.60	L S	P	Rebecca Fury	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
10	29.81	L	F	Ava Fourie	18	TRAZ TSH	18/03/2026	Sa National Youth Champs 2026 NMB
11	30.02	L	F	Ella Mills	18	UNIU EZD	18/03/2026	Sa National Youth Champs 2026 NMB
12	30.11	L S	P	Jana Lombard	18	WCA CPT	14/04/2026	BombelaSA National Aquatic SNR-Ch
13	30.25	L	P	Kayla Petersen	18	USC BUF	18/03/2026	Sa National Youth Champs 2026 NMB
14	30.44	L S	P	Gabriella Douglas	18	AGA EKU	14/04/2026	BombelaSA National Aquatic SNR-Ch
15	30.50	L	P	Veneske Steenkamp	18	WAC EDD	04/12/2025	Western Cape LC-A Championship 2026
16	30.59	L	P	Xanthe Nagel	18	HREF BPD	20/02/2026	2026 Grand Prix 2 Invitational Meet -N
17	30.63	L	F	Erin Hudson	18	CRSC JHB	27/11/2025	CGA Championships 2025
18	30.66	L	P	Morgan Rabie	18	TUKS TSH	18/03/2026	Sa National Youth Champs 2026 NMB
19	30.75	L	P	Hayley Hoy	18	TUKS TSH	20/02/2026	2026 Grand Prix 2 Invitational Meet -N
20	30.81	L	P	Jordyn Collett	18	TUKS TSH	20/02/2026	2026 Grand Prix 2 Invitational Meet -N
21	30.92	L	F	Loghan Gray	18	MDOL JHB	22/11/2025	EGA Summer 3 & 4
22	30.97	L	F	Carleigh Palmer	18	AA JHB	27/11/2025	CGA Championships 2025
23	31.10	L	P	Mareze Frylinck	18	PAC TSH	18/03/2026	Sa National Youth Champs 2026 NMB
24	31.19	L	F	Hayley Beling	18	CA EKU	04/12/2025	EGA Summer Championships 2025
25	31.20	L	P	Isabel Vorster	18	BLSS MAN	18/03/2026	Sa National Youth Champs 2026 NMB
26	31.33	L S	P	Tatum Cabral	18	ELEC TSH	10/12/2025	NTS Championships 2025
27	31.39	L	F	Nicole Beling	18	CA EKU	04/12/2025	EGA Summer Championships 2025
28	31.43	L	F	Kaitlynn Horne	18	PEAS NMA	30/08/2025	Madibaz Swim Meet 2025
29	31.46	L	F	Rebecca Kühn	18	CA EKU	04/12/2025	EGA Summer Championships 2025
30	31.59	L	P	Erin Mayoss	18	KLOO ETH	18/12/2025	KZN Premier Provincial Championship
31	31.64	L	F	Tamsyn Kotzè	18	SLAQ CPT	01/11/2025	CTA District A CHAMPS 2025
32	31.95	L	P	Grace George	18	GAU JHB	24/04/2026	SA Schools Swimming Championship

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
33	32.17	L	F	Katie-Peta Marcelino	18	KLOO	ETH 31/01/2026 uShaka Champs 2026
34	32.34	L	F	Mathilda Liebenberg	18	PGIM	KKD 13/02/2026 NW School Championships 2026
35	32.36	L	F	Cassidy Dobbell	18	CRSC	JHB 14/11/2025 NTS Level 3+ November Age Group G
36	32.41	L	F	Karmen Van Rensburg	18	UNI	EZD 13/09/2025 MP SPRINT 13 SEPTEMBER 2025
37	32.53	L	F	Amahle Mhlongo	18	PSCP	UMD 09/07/2025 TYR Prestige Tournament 2025
38	32.56	L	F	Carmi Schoeman	18	HPP	BUF 31/01/2026 Limpopo School Champs & Limpopo A
39	33.00	L	P	Joy Vd Westhuizen	18	ALPHA	CPT 18/03/2026 Sa National Youth Champs 2026 NMB
40	33.01	L	F	Mari Zanne Nortje	18	HSBV	SKD 31/01/2026 Limpopo School Champs & Limpopo A
41	33.03	L	F	Erin Glover	18	CASC	CPT 01/11/2025 CTA District A CHAMPS 2025
42	33.16	L	F	Alexia Adreani	18	CA	EKU 04/12/2025 EGA Summer Championships 2025
43	33.49	L	F	Clarise Coetzer	18	STSC	KCD 21/02/2026 KZN Schools Trials 2026
44	33.51	L	F	Madelé Harding	18	POTC	KKD 06/12/2025 NWS Championships 2025
45	33.63	L	P	Alexia Luz	18	SOUL	EKU 04/12/2025 EGA Summer Championships 2025
46	33.81	L	F	Kate Truter	18	BEAV	ETH 09/07/2025 TYR Prestige Tournament 2025
47	33.82	L	F	Hannah Rigby	18	ELEC	FSH 14/11/2025 NTS Level 3+ November Age Group G
48	33.90	L S	P	Lize Burness	18	PAC	FSH 10/12/2025 NTS Championships 2025
49	33.97	L	P	Hannah Prince	18	CA	EKU 04/12/2025 EGA Summer Championships 2025
50	34.36	L	F	Zara Jeftha	18	VINE	CPT 01/11/2025 CTA District A CHAMPS 2025
51	34.63	L	F	Kendra Beukes	18	PGAC	EKU 20/09/2025 EGA Summer 1 2025
52*	35.24	L	F	Cameron Landman	18	BETH	FDD 03/12/2025 Free State Champs 2025
52*	35.24	L	P	Mmathabo Marite	18	CRSC	JHB 27/11/2025 CGA Championships 2025
54	35.31	L	F	Holly Allison	18	AZON	ETH 31/01/2026 uShaka Champs 2026
55	35.42	L	F	Neema Banza	18	UNI	EZD 05/12/2025 Mpumalanga Championships 2025
56	35.77	L	F	Taaliah Rinquest	18	MARL	CPT 30/01/2026 Infinity Gala 2026
57	36.00	L	P	Caitlin Kennedy	18	AFIN	JHB 18/03/2026 Sa National Youth Champs 2026 NMB
58	36.09	L	F	Mia Barnard	18	BLOT	MAN 03/12/2025 Free State Champs 2025
59	36.12	L	F	Marilee Coetzee	18	DOLFI	MPD 28/11/2025 Limpopo Champs 2025
60	36.15	L	P	Kirstin Brady	BR	VASA	EKU 04/12/2025 EGA Summer Championships 2025
61	36.42	L	F	Mignon Smit	18	SS	MPD 28/11/2025 Limpopo Champs 2025
62	36.82	L	F	Emma Roberts	18	UPC	EZD 24/10/2025 MP TOP SCHOOLS HIGH SCHOOLS
63	36.86	L	F	Rene Sauerman	18	SEAL	UMD 18/12/2025 KZN Premier Provincial Championship
64	37.27	L	F	Cara Fourie	18	NC	FBD 31/01/2026 4+1 INTERPROVINCIAL GALA 2026
65	37.55	L	F	Carmen Botha	18	MATL	KKD 06/12/2025 NWS Championships 2025
66	38.23	L	F	Miana Fourie	18	BLSS	MAN 26/09/2025 Pelicans Gala..
67	38.41	L	P	Makayla Lombard	18	JAQ	EKU 04/12/2025 EGA Summer Championships 2025
68	38.48	L	P	Jaiden Funnell	18	AA	JHB 27/11/2025 CGA Championships 2025
69	38.63	L	F	Lerato Molobye	18	TUKS	FSH 17/10/2025 NTS Level 3+ October Age Group Gal
70	38.69	L	F	Josslyn Gaudie	18	RFA	FSH 14/11/2025 NTS Level 3+ November Age Group G
71	39.53	L	F	Agena Swanepoel	18	PENC	EZD 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI
72	39.62	L	F	Ciska Ferreira	18	UNI	EZD 26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
73	39.80	L	F	Jean Marie Swartz	18	TONAU	CCD 31/01/2026 Limpopo School Champs & Limpopo A
74	39.82	L	F	Hannah Witten	18	CYBE	CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
75	39.84	L	F	Jenna-Mae Lally	18	BEAV	ETH 31/01/2026 uShaka Champs 2026
76	39.97	L	F	Megan Van der Merwe	18	MHS	NGD 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
77	40.01	L	F	Janca Hattingh	18	NHS	EZD 24/10/2025 MP TOP SCHOOLS HIGH SCHOOLS
78	41.17	L	F	Charissa Volschenk	18	VHD	ZLD 08/11/2025 UThukela Age Group Gala 2
79	41.56	L	F	Alessia Erasmus	18	MDOL	JHB 09/01/2026 2026 Grand Prix Invitation Swimming I
80	41.64	L	F	Kimberley Strong	18	KTS	07/02/2026 NC SPRINTS 2026
81	41.67	L	F	Emma Kruger	18	DDA	FSH 28/02/2026 AG Level 1 Regional Competition 2026
82	42.83	L	F	Christn Engelbrecht	18	KPA	EZD 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI
83	43.72	L	F	Madelein Bronkhorst	18	AGAQ	OBD 09/10/2025 44th Freda Barnard Invitational Gala
84	43.89	L	P	Tiffany Van Wyk	18	ESTR	EKU 04/12/2025 EGA Summer Championships 2025
85	44.82	L	F	Michelle Allison	18	CTA	CPT 10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
86	50.72	L	P	Caylin Bach	18	AASC	EZD 05/12/2025 Mpumalanga Championships 2025
<b>Women 100 Fly</b>							
1	1:00.43	L	F	Anje Van As	18	AGC	FSH 14/04/2026 BombelaSA National Aquatic SNR-Ch
2	1:02.78	L S	F	Dane De Klerk	18	BLSS	MAN 03/12/2025 Free State Champs 2025
3	1:02.91	L	F	Keira Van Heerden	18	WCA	CPT 14/04/2026 BombelaSA National Aquatic SNR-Ch
4	1:03.50	L	F	Cassidy Burgess	18	VINE	CPT 28/06/2025 PEA Winter Gala 2025

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	1:04.39	L	P	Myra Viduya	18	RSA	19/08/2025 World Aquatics Junior Swim Champs-
6	1:05.24	L	F	Daena Robinson	18	GAU JHB	24/04/2026 SA Schools Swimming Championship
7*	1:07.17	L	P	Emma De Wet	18	TUKS FSH	10/12/2025 NTS Championships 2025
7*	1:07.17	L	P	Rebecca Fury	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
9	1:07.52	L	F	Marony Jacobs	18	INFA NMA	28/06/2025 PEA Winter Gala 2025
10	1:07.86	L	F	Hayley Hoy	18	TUKS FSH	10/12/2025 NTS Championships 2025
11	1:07.91	L S	P	Veneske Steenkamp	18	WAC EDD	04/12/2025 Western Cape LC-A Championship 20
12	1:08.83	L	P	Isabel Vorster	18	BLSS MAN	18/03/2026 Sa National Youth Champs 2026 NMB
13	1:08.94	L	P	Erin Hudson	18	CRSC JHB	27/11/2025 CGA Championships 2025
14	1:09.57	L	F	Ella Mills	18	UNIU EZD	05/12/2025 Mpumalanga Championships 2025
15	1:10.35	L	F	Carleigh Palmer	18	AA JHB	27/11/2025 CGA Championships 2025
16	1:10.44	L S	F	Katie-Peta Marcelino	18	KLOO ETH	18/12/2025 KZN Premier Provincial Championship
17	1:10.95	L	F	Ava Fourie	18	TRAZ FSH	10/12/2025 NTS Championships 2025
18	1:11.45	L	F	Gabriella Douglas	18	CA EKU	04/12/2025 EGA Summer Championships 2025
19	1:11.67	L S	F	Taylor Morton	18	LALE CED	04/12/2025 Western Cape LC-A Championship 20
20	1:11.99	L S	P	Tamsyn Kotzè	18	SLAQ CPT	04/12/2025 Western Cape LC-A Championship 20
21	1:12.06	L	F	Kaitlynn Horne	18	PEAS NMA	30/08/2025 Madibaz Swim Meet 2025
22	1:12.22	L	F	Mareze Frylinck	18	BLSS MAN	24/10/2025 Neptunes Gala
23	1:12.48	L	P	Morgan Rabie	18	TUKS FSH	18/03/2026 Sa National Youth Champs 2026 NMB
24	1:13.12	L	F	Hayley Beling	18	CA EKU	04/12/2025 EGA Summer Championships 2025
25	1:13.54	L	P	Joy Vd Westhuizen	18	ALPHA CPT	18/03/2026 Sa National Youth Champs 2026 NMB
26	1:13.70	L	F	Xanthe Nagel	18	MCSH BPD	13/02/2026 NW School Championships 2026
27	1:15.32	L	F	Carmi Schoeman	18	HPP BUF	31/01/2026 Limpopo School Champs & Limpopo A
28	1:18.10	L	F	Clarise Coetzer	18	STSC KCD	21/02/2026 KZN Schools Trials 2026
29	1:18.69	L	F	Kendra Beukes	18	PGAC EKU	20/09/2025 EGA Summer 1 2025
30	1:18.89	L	P	Rebecca Kühn	18	CA EKU	04/12/2025 EGA Summer Championships 2025
31	1:19.29	L	F	Taaliah Rinquest	18	MARL CPT	06/02/2026 WCA-B Champs - 2026
32	1:22.17	L S	P	Jenna Loubser	18	SLAQ CPT	04/12/2025 Western Cape LC-A Championship 20
33	1:22.25	L	P	Mmathabo Marite	18	CRSC JHB	27/11/2025 CGA Championships 2025
34	1:22.26	L	P	Zara Jeftha	18	MARL CPT	28/06/2025 PEA Winter Gala 2025
35	1:27.53	L	F	Makayla Lombard	18	JAQ EKU	04/12/2025 EGA Summer Championships 2025
36	1:28.30	L	P	Carmen Botha	18	MATL KKD	06/12/2025 NWS Championships 2025
37	1:32.78	L	F	Marilee Coetzee	18	DOLFI MPD	28/11/2025 Limpopo Champs 2025
<b>Women 200 Fly</b>							
1	2:14.45	L	F	Anje Van As	18	AGC FSH	14/04/2026 BombelaSA National Aquatic SNR-Ch
2	2:21.38	L	F	Keira Van Heerden	18	WCA CPT	14/04/2026 BombelaSA National Aquatic SNR-Ch
3	2:22.56	L	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
4	2:28.24	L	F	Myra Viduya	18	INFA NMA	15/11/2025 5th A League Gala 2025
5	2:31.13	L	F	Kaitlynn Horne	18	PEAS NMA	28/06/2025 PEA Winter Gala 2025
6	2:34.64	L	F	Veneske Steenkamp	18	WAC EDD	04/12/2025 Western Cape LC-A Championship 20
7	2:35.23	L	F	Hayley Hoy	18	TUKS FSH	10/12/2025 NTS Championships 2025
8	2:40.24	L	F	Isabel Vorster	18	BLSS MAN	18/03/2026 Sa National Youth Champs 2026 NMB
9	2:50.13	L	F	Joy Vd Westhuizen	18	ALPHA CPT	18/03/2026 Sa National Youth Champs 2026 NMB
10	3:15.73	L	F	Kendra Beukes	18	PGAC EKU	22/11/2025 EGA Summer 3 & 4
11	3:35.92	L	F	Makayla Lombard	18	JAQ EKU	22/11/2025 EGA Summer 3 & 4
<b>Women 200 IM</b>							
1	2:19.70	L	P	Keira Van Heerden	18	RSA	19/08/2025 World Aquatics Junior Swim Champs-
2	2:23.69	L	F	Nathalie Vogt	18	SCU CE	13/02/2026 Winelands SL Fin - February 2026 - cc
3	2:24.68	L	F	Daena Robinson	18	GAU JHB	24/04/2026 SA Schools Swimming Championship
4	2:26.04	L	F	Dane De Klerk	18	BLSS MAN	03/12/2025 Free State Champs 2025
5	2:27.31	L	F	Myra Viduya	18	INFA NMA	30/01/2026 Infinity Gala 2026
6	2:28.54	L	F	Kaitlynn Horne	18	PEAS NMA	15/11/2025 5th A League Gala 2025
7	2:29.72	L	F	Loghan Gray	18	TUKS FSH	18/03/2026 Sa National Youth Champs 2026 NMB
8	2:30.58	L S	F	Anje Van As	18	TUKS FSH	28/11/2025 HAS SENIOR CHAMPS 2025
9	2:31.82	L	F	Alex-Zandre' Labuschagne	18	GAU JHB	24/04/2026 SA Schools Swimming Championship
10	2:32.96	L	F	Katie-Peta Marcelino	18	KLOO ETH	18/03/2026 Sa National Youth Champs 2026 NMB
11	2:33.02	L	P	Tatum Cabral	18	ELEC FSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
12	2:33.31	L	F	Hannah Ferreira	18	ASA ILD	31/01/2026 uShaka Champs 2026

## Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13	2:33.73	L	P	Cassidy Sinclair	18	ECA NMA	14/04/2026 BombelaSA National Aquatic SNR-Ch
14	2:33.74	L	P	Tiffany Marshall	18	TUKS FSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
15	2:34.47	L	F	Rebecca Fury	18	VINE CPT	14/02/2026 CTA Elite Gala (L3+)
16	2:34.61	L	F	Marony Jacobs	18	INFA NMA	19/07/2025 1st A League Gala 2025
17	2:35.78	L	F	Hayley Beling	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
18	2:36.17	L	F	Mathilda Liebenberg	18	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
19	2:36.89	L	P	Gabriella Douglas	18	CA EKU	18/03/2026 Sa National Youth Champs 2026 NMB
20	2:37.32	L	F	Kate Truter	18	BEAV ETH	18/12/2025 KZN Premier Provincial Championship
21	2:37.93	L	F	Hayley Hoy	18	TUKS FSH	14/11/2025 NTS Level 3+ November Age Group G
22	2:39.76	L	P	Hannah Rigby	18	ELEC FSH	20/02/2026 2026 Grand Prix 2 Invitational Meet -N
23	2:40.54	L	F	Isabel Vorster	18	BLSS MAN	18/12/2025 KZN Premier Provincial Championship
24	2:40.73	L	F	Veneske Steenkamp	18	WAC EDD	04/10/2025 EDEN 1st A-League Gala 2025
25	2:41.41	L	F	Mareze Frylinck	18	BLSS MAN	10/10/2025 Super Seals Annual Gala
26	2:42.19	L	P	Rebecca Kühn	18	AGA EKU	14/04/2026 BombelaSA National Aquatic SNR-Ch
27	2:43.40	L	P	Carleigh Palmer	18	AA JHB	27/11/2025 CGA Championships 2025
28	2:44.32	L	P	Alexia Luz	18	SOUL EKU	04/12/2025 EGA Summer Championships 2025
29	2:45.08	L	F	Simone Van Aswegen	18	WATR JHB	12/12/2025 NMBA Championships 2025
30	2:45.13	L	F	Kendra Beukes	18	PGAC EKU	20/09/2025 EGA Summer 1 2025
31	2:45.40	L	P	Amelia Vincent	18	BLSS MAN	18/03/2026 Sa National Youth Champs 2026 NMB
32	2:45.57	L	F	Erin Glover	18	TYGE CPT	28/06/2025 PEA Winter Gala 2025
33	2:46.21	L	P	Carmi Schoeman	18	LP CCD	24/04/2026 SA Schools Swimming Championship
34	2:46.96	L	F	Hannah Prince	18	GAU JHB	30/01/2026 Gauteng Schools Championships 2026
35	2:47.17	L	F	Nikha Lambden	18	EXP FSH	17/10/2025 NTS Level 3+ October Age Group Gala
36	2:48.85	L	F	Joy Vd Westhuizen	18	ALPHA CPT	04/12/2025 Western Cape LC-A Championship 20
37	2:49.21	L	F	Karmen Van Rensburg	18	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
38	2:49.91	L	F	Emma Roberts	18	UPC EZD	24/10/2025 MP TOP SCHOOLS HIGH SCHOOLS
39	2:51.19	L	F	Abigale Meineke	18	AQUA BUF	31/01/2026 UThukela District Gala 4
40	2:51.98	L	F	Sally-Louise Ingwe	18	DMSS	09/04/2026 6th DMSS Gators Gala 2026
41	2:53.86	L	F	Cherise Coetzer	18	STSC KCD	31/01/2026 uShaka Champs 2026
42	2:54.58	L	F	Rene Sauerman	18	SEAL UMD	09/07/2025 TYR Prestige Tournament 2025
43	2:54.71	L	F	Hannah Witten	18	CYBE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
44	2:55.00	L	F	Ciska Ferreira	18	NHS EZD	18/02/2026 EHLANZENI INTER HIGH GALA 18 FI
45	2:57.17	L	P	Mmathabo Marite	18	CRSC JHB	27/11/2025 CGA Championships 2025
46	2:58.65	L	F	Taaliah Rinquest	18	MARL CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
47	2:58.90	L	F	Jenna-Mae Lally	18	BEAV ETH	31/01/2026 uShaka Champs 2026
48	2:59.04	L	F	Alexa Louw	18	BLMA CPT	04/12/2025 Western Cape LC-A Championship 20
49	3:00.11	L	P	Jenna Loubser	18	SLAQ CPT	04/12/2025 Western Cape LC-A Championship 20
50	3:01.14	L	F	Ella Mills	18	UPC EZD	24/10/2025 MP TOP SCHOOLS HIGH SCHOOLS
51	3:01.15	L	F	Mignon Smit	18	SS MPD	28/11/2025 Limpopo Champs 2025
52	3:01.56	L	F	Amahle Mhlongo	18	PSCP UMD	09/07/2025 TYR Prestige Tournament 2025
53	3:01.81	L	F	Lerato Molobye	18	TUKS FSH	14/11/2025 NTS Level 3+ November Age Group G
54	3:03.06	L	F	Grace George	18	SEAL UMD	21/02/2026 KZN Schools Trials 2026
55	3:03.74	L	F	Cameron Landman	18	BETH FDD	10/10/2025 Super Seals Annual Gala
56	3:05.21	L	F	Holly Allison	18	AZON ETH	09/07/2025 TYR Prestige Tournament 2025
57	3:05.36	L	F	Jaiden Funnell	18	AA JHB	14/02/2026 CGA Last Chance
58	3:05.77	L	P	Clara van Rooyen	18	PGAC EKU	04/12/2025 EGA Summer Championships 2025
59	3:07.74	L	F	Janca Hattingh	18	UNI EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
60	3:09.14	L	F	Mia Pienaar	18	VHD ZLD	31/01/2026 uShaka Champs 2026
61	3:13.88	L	P	Makayla Lombard	18	JAQ EKU	04/12/2025 EGA Summer Championships 2025
62	3:13.90	L	F	Cara Fourie	18	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
63	3:18.72	L	F	Mia Barnard	18	BLOT MAN	10/10/2025 Super Seals Annual Gala
64	3:19.62	L	F	Kimberley Strong	18	KTS	25/10/2025 FLAMINGO & GOODHOPE GALA 202
65	3:28.59	L	F	Emma Kruger	18	DDA FSH	31/10/2025 NTS Level 1+2 November Age Group :
66	3:31.98	L	F	Madelein Bronkhorst	18	AGAQ OBD	09/10/2025 44th Freda Barnard Invitational Gala
67	3:33.40	L	F	Charissa Volschenk	18	VHD ZLD	08/11/2025 UThukela Age Group Gala 2
68	3:58.15	L	F	Tiffany Van Wyk	18	ESTR EKU	31/01/2026 EGA Last Chance Gala 2026
<b>Women 400 IM</b>							
1	5:04.99	L	F	Kaitlyne Horne	18	ECA NMA	14/04/2026 BombelaSA National Aquatic SNR-Ch
2	5:06.90	L	T	Keira Van Heerden	18	INFA NMA	30/08/2025 Madibaz Swim Meet 2025

---

### Individual Top Times

Times since: 01-May-25 Times until: 30-Apr-26

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	5:08.05 L	P	Dane De Klerk	18	RSA	19/08/2025	World Aquatics Junior Swim Champs-
4	5:10.16 L	P	Emma De Wet	18	RSA	19/08/2025	World Aquatics Junior Swim Champs-
5	5:14.66 L	F	Loghan Gray	18	TUKS TSH	18/03/2026	Sa National Youth Champs 2026 NMB
6	5:15.46 L	F	Anje Van As	18	TUKS TSH	28/11/2025	HAS SENIOR CHAMPS 2025
7	5:19.16 L	F	Katie-Peta Marcelino	18	KLOO ETH	18/03/2026	Sa National Youth Champs 2026 NMB
8	5:36.75 L	F	Hannah Rigby	18	ELEC TSH	10/12/2025	NTS Championships 2025
9	5:40.01 L	F	Hayley Beling	18	CA EKU	18/03/2026	Sa National Youth Champs 2026 NMB
10	5:44.65 L	F	Kate Truter	18	BEAV ETH	21/02/2026	KZN Schools Trials 2026
11	5:49.89 L	F	Mareze Frylinck	18	BLSS MAN	24/10/2025	Neptunes Gala
12	5:54.26 L	F	Kendra Beukes	18	PGAC EKU	04/12/2025	EGA Summer Championships 2025