

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                            | Time  | P/F/S | Name | Age/Yr                    |    |           |  |
|----------------------------|-------|-------|------|---------------------------|----|-----------|--|
| <b>Women 13-14 50 Free</b> |       |       |      |                           |    |           |  |
| 1                          | 27.96 | L     | F    | Morgan Butterworth        | 13 | AQX       | 12/12/2025 ADInternational Swimming Champions    |
| 2                          | 28.17 | L     | F    | Riley Haupt               | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 3                          | 28.31 | L     | P    | Shiloh Cruywagen          | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship   |
| 4                          | 28.37 | L     | F    | Jade Chilisa              | 13 | TUKS FSH  | 10/12/2025 20th Botswana Swimming Nationals 20   |
| 5                          | 28.40 | L     | F    | Gia Heldsinger            | 13 | SSISA CPT | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 6                          | 28.72 | L     | F    | Shalea Hamilton           | 13 | BEST NMA  | 28/06/2025 PEA Winter Gala 2025                  |
| 7                          | 28.85 | L     | F    | Victoria Meyburgh         | 13 | CA EKU    | 22/11/2025 EGA Summer 3 & 4                      |
| 8                          | 28.95 | L     | F    | Isabella Goncalves        | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 9                          | 29.34 | L     | F    | Sarah Schofield           | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 10                         | 29.38 | L     | F    | Emma Van Deventer         | 13 | WSTV ETH  | 18/12/2025 KZN Premier Provincial Championship   |
| 11                         | 29.48 | L     | F    | Mienke Kok                | 13 | INFA NMA  | 30/01/2026 Infinity Gala 2026                    |
| 12                         | 29.58 | L     | F    | Sisanda Palframan         | 13 | SEAL UMD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 13                         | 29.69 | L     | F    | Amber Spence              | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 14                         | 29.71 | L     | F    | Mackenzie Raffle          | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 15*                        | 29.81 | L     | P    | Mikaela Lotz              | 13 | PAC FSH   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 15*                        | 29.81 | L     | P    | Laila Christie            | 13 | USC BUF   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 17                         | 29.86 | L     | P    | Sophia Gullan             | 13 | VINE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 18                         | 29.90 | L     | F    | Unathi Vuyeqaba           | 13 | TUKS FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 19                         | 29.91 | L     | F    | Milani Butau              | 13 | BEST NMA  | 30/01/2026 Infinity Gala 2026                    |
| 20                         | 30.01 | L S   | F    | Aqeelah Williams          | 13 | UWCA CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 21                         | 30.07 | L     | F    | Jessica Jansen van Vuuren | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship   |
| 22                         | 30.11 | L     | F    | Arya De Sousa             | 13 | TRAZ FSH  | 10/12/2025 NTS Championships 2025                |
| 23                         | 30.15 | L     | F    | Tayla Brown               | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 24                         | 30.19 | L     | F    | Samantha Wilson           | 13 | INFA NMA  | 30/01/2026 Infinity Gala 2026                    |
| 25*                        | 30.27 | L     | F    | Sarah-Kate Odendaal       | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 25*                        | 30.27 | L     | F    | Lia van Heerden           | 13 | BS LLD    | 03/12/2025 Free State Champs 2025                |
| 27                         | 30.30 | L     | F    | Noa Sebastiao             | 13 | TUKS FSH  | 10/12/2025 NTS Championships 2025                |
| 28*                        | 30.31 | L     | F    | Ava Bosch                 | 13 | DRGN JHB  | 27/11/2025 CGA Championships 2025                |
| 28*                        | 30.31 | L     | P    | Barcelona Xaba            | 13 | SASE JHB  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 30                         | 30.34 | L     | F    | Liane Van Zyl             | 13 | NC FBD    | 24/04/2026 SA Schools Swimming Championship      |
| 31                         | 30.37 | L     | F    | Wilhelmina Erasmus        | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                   |
| 32*                        | 30.38 | L S   | F    | Kayla Gerber              | 13 | STAQ CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 32*                        | 30.38 | L     | F    | Lumka Zamisa              | 13 | HREF BP   | 10/12/2025 NTS Championships 2025                |
| 34                         | 30.40 | L     | F    | Ryleigh Moir              | 13 | AADUB ETH | 21/02/2026 KZN Schools Trials 2026               |
| 35                         | 30.41 | L     | P    | Laila van Antwerpen       | 13 | PAC FSH   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 36                         | 30.42 | L     | F    | Mikayla Oliver            | 13 | PAC FSH   | 10/12/2025 NTS Championships 2025                |
| 37                         | 30.43 | L     | F    | Jadine Grobler            | 13 | TKS WBD   | 28/11/2025 Limpopo Champs 2025                   |
| 38                         | 30.49 | L     | F    | Annabel Meyer             | 13 | BULS MAN  | 03/12/2025 Free State Champs 2025                |
| 39                         | 30.55 | L     | F    | Zoe Thompson              | 13 | MDOL JHB  | 11/05/2025 SE East Region LC Championships 20    |
| 40                         | 30.56 | L     | P    | Milla Christensen         | 13 | WELL CED  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 41                         | 30.58 | L     | P    | Emma De Smidt             | 13 | AQDO CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 42                         | 30.59 | L     | P    | Elizabeth Roth            | 13 | ECSA BUF  | 24/04/2026 SA Schools Swimming Championship      |
| 43                         | 30.63 | L     | F    | Liané Stoltz              | 13 | MP EZD    | 24/04/2026 SA Schools Swimming Championship      |
| 44                         | 30.68 | L     | P    | Oyama Baqwa               | 13 | SGUL ETH  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 45*                        | 30.75 | L     | F    | Mignon Swart              | 13 | UNI EZD   | 05/12/2025 Mpumalanga Championships 2025         |
| 45*                        | 30.75 | L     | F    | Charlotte Hofinger        | 13 | ASAC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 45*                        | 30.75 | L     | F    | Olivia Meyburgh           | 13 | CA EKU    | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 48                         | 30.76 | L     | P    | Nadelija Pillay           | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 49                         | 30.78 | L     | F    | Katherine Harrop-Allin    | 13 | CSC FSH   | 10/12/2025 NTS Championships 2025                |
| 50                         | 30.86 | L S   | F    | Shelby Schoeman           | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 51                         | 30.91 | L     | P    | Nicoline Du Preez         | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025                |
| 52*                        | 30.96 | L     | F    | Evie du Plessis           | 13 | BLOT MAN  | 03/12/2025 Free State Champs 2025                |
| 52*                        | 30.96 | L     | F    | Libby Ritchie             | 13 | PSCP UMD  | 18/12/2025 KZN Premier Provincial Championship   |
| 54                         | 30.97 | L     | P    | Kirsten Cupido            | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 55*                        | 30.98 | L     | P    | Ayvah Jacob               | BR | VASA EKU  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 55*                        | 30.98 | L     | P    | Lize De Wet               | 13 | SS MPD    | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 57                         | 31.00 | L     | P    | Uma Pearson-Adams         | 13 | SAAW CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 58                         | 31.03 | L     | P    | Ruvarashe Chibharo        | 13 | CASC CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |

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|------|-------|-------|------|---------------------|----|-----------|--|
| 59   | 31.06 | L     | F    | Jasmine Woodburn    | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2021    |
| 60   | 31.08 | L     | P    | Kara De Wit         | 13 | RFA TSH   | 21/03/2026 Sa National JNR Age Group Champs-     |
| 61*  | 31.10 | L     | F    | Thalia Naidoo       | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 61*  | 31.10 | L     | F    | Christie Snyders    | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                |
| 63   | 31.11 | L     | F    | Alexis Visser       | 13 | MAKO EKU  | 11/10/2025 EGA Summer 2                          |
| 64   | 31.27 | L     | F    | Carinke Wessels     | 13 | BLOT MAN  | 03/12/2025 Free State Champs 2025                |
| 65*  | 31.29 | L     | F    | Anja Boshoff        | 13 | TYGE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 65*  | 31.29 | L     | F    | Ella Kalp           | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 67   | 31.30 | L     | F    | Abby Mostert        | 13 | AWIN TSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 68   | 31.32 | L S   | F    | Hannah Van Heerden  | 13 | AACTA CPT | 01/11/2025 CTA District A CHAMPS 2025            |
| 69   | 31.34 | L     | F    | Mikayla Wilensky    | 13 | ASAC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 70   | 31.35 | L     | P    | Kate Cheshire       | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 71   | 31.44 | L S   | P    | Anna Horn           | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 72   | 31.55 | L     | P    | Milah Allen         | 13 | SFSA JHB  | 27/11/2025 CGA Championships 2025                |
| 73   | 31.57 | L     | F    | Chloe Rautenbach    | 13 | UNIU EZD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 74   | 31.59 | L     | P    | Madison Harris      | 13 | SOUL EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 75   | 31.61 | L     | F    | Riley Sanders       | 13 | HPS TSH   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 76   | 31.63 | L     | P    | Gia Newkirk         | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-     |
| 77*  | 31.65 | L     | F    | Johané Burger       | 13 | ROA EDD   | 28/06/2025 PEA Winter Gala 2025                  |
| 77*  | 31.65 | L     | F    | Micah Gomes         | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 79   | 31.68 | L S   | P    | Emily Koegelenberg  | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 80   | 31.69 | L     | F    | Nina Pieterse       | 13 | PEAS NMA  | 30/01/2026 Infinity Gala 2026                    |
| 81*  | 31.72 | L     | P    | Kara Pretorius      | 13 | SSISA CPT | 21/03/2026 Sa National JNR Age Group Champs-     |
| 81*  | 31.72 | L     | F    | Mali Louw           | 13 | WELL CED  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 83   | 31.73 | L     | F    | Oyama Tuta          | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025                |
| 84   | 31.77 | L     | F    | Brooklyn Terwin     | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 85   | 31.79 | L     | F    | Chenique Kooi       | 13 | TUKS TSH  | 10/12/2025 NTS Championships 2025                |
| 86   | 31.81 | L     | P    | Nokutenda Tembo     | 13 | KNYA EDD  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 87   | 31.83 | L S   | P    | Luisa Kimani        | 13 | CYBE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 88   | 31.85 | L     | F    | Annabella Venter    | 13 | VRC TSH   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 89   | 31.89 | L     | F    | Inge Du Plessis     | 13 | SS MPD    | 27/09/2025 Limpopo Age Group 4 of 2025/26        |
| 90   | 31.91 | L     | P    | Megan Palmer        | 13 | AFIN JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 91   | 31.94 | L S   | P    | Amelie Billson      | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 92   | 31.97 | L     | F    | Georgia Sabbagha    | 13 | PAQU CED  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 93   | 31.99 | L     | F    | Zekhethelo Radebe   | 13 | USHPM UMD | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 94   | 32.00 | L     | F    | Sophia Castleden    | 13 | STAQ CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 95*  | 32.01 | L     | P    | Clara Duvenage      | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 95*  | 32.01 | L     | F    | Trinity Baty        | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 97   | 32.04 | L     | P    | Zara Lockitch       | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-     |
| 98   | 32.08 | L     | F    | Mieke Oosthuizen    | 13 | HPS TSH   | 10/12/2025 NTS Championships 2025                |
| 99   | 32.14 | L     | P    | Lily Hoar           | 13 | KLOO ETH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 100  | 32.15 | L S   | F    | Saffiya Emjedi      | 13 | SAAW CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 101  | 32.19 | L     | F    | Senzelwe Mwandla    | 13 | USHPM UMD | 09/07/2025 TYR Prestige Tournament 2025          |
| 102  | 32.21 | L     | F    | Amahle Mdlalose     | 13 | CSC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 103  | 32.22 | L S   | F    | Jovanah McGluwa     | 13 | CASC CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 104  | 32.29 | L     | P    | Rebecca Osler       | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 105  | 32.36 | L     | P    | Kathryn Nolan       | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 106* | 32.37 | L     | F    | Isabella Vreenegoor | 13 | CRSC JHB  | 27/11/2025 CGA Championships 2025                |
| 106* | 32.37 | L     | P    | Mikaela Van Heerden | 13 | TUKS TSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 108  | 32.39 | L     | P    | Ava Grebe           | 13 | CUHE OBD  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 109* | 32.45 | L     | P    | Alexia Smith        | 13 | WATR JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 109* | 32.45 | L S   | P    | Jenna Nieuwoudt     | 13 | SWAR WCD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 111  | 32.46 | L S   | F    | Leila Parker        | 13 | SSISA CPT | 01/11/2025 CTA District A CHAMPS 2025            |
| 112* | 32.47 | L     | F    | Danika Steyn        | 13 | KPA EZD   | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/       |
| 112* | 32.47 | L     | F    | Abigail Paice       | 13 | SOUL EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 114* | 32.48 | L     | F    | Kayla Kleynhans     | 13 | ROA EDD   | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 114* | 32.48 | L     | P    | Grace Julies        | 13 | XCEL CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 116  | 32.53 | L     | F    | Zoe Kruger          | 13 | LALE CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 117  | 32.54 | L S   | P    | Alex Theron         | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |

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|------|-------|-------|------|-----------------------------|----|-----------|--|
| 118* | 32.55 | L     | P    | Annabella Mitchell-Innes    | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 118* | 32.55 | L     | P    | Georgia Henning             | 13 | ACES ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 120  | 32.57 | L     | F    | Lara Rosenstrauch           | 13 | HTSA CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 121  | 32.60 | L     | F    | Jessica Arenz               | 13 | SSISA CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 122  | 32.62 | L     | P    | Phillipa Williams           | 13 | SOUL EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 123  | 32.63 | L     | F    | Mia Vorster                 | 13 | WELA LLD  | 05/09/2025 Bullsharks Gala                       |
| 124  | 32.64 | L S   | F    | Zara Jantjies               | 13 | MANT CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 125* | 32.66 | L     | P    | Zarah Matthee               | 13 | UWCA CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 125* | 32.66 | L     | P    | Rirhandzu Chauke            | 13 | DORE JHB  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 127  | 32.67 | L     | F    | Ava de Bruin                | 13 | SEAL UMD  | 21/02/2026 KZN Schools Trials 2026               |
| 128  | 32.68 | L     | P    | Dione Smit                  | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 129  | 32.69 | L     | P    | Lauren Kleinhans            | 13 | AA JHB    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 130* | 32.71 | L     | P    | Hannah Von Mollendorff      | 13 | KLOO ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 130* | 32.71 | L S   | P    | Mattae Morel                | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 130* | 32.71 | L     | F    | Rebecca Joubert             | 13 | INFA NMA  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 133  | 32.75 | L     | P    | Jada Hendricks              | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 134  | 32.77 | L     | F    | Rorisang Monareng           | 13 | BLNE MAN  | 07/11/2025 Otters Prestige Gala 2025             |
| 135  | 32.78 | L     | F    | Ruby Van Dyk                | 13 | PSCP UMD  | 09/07/2025 TYR Prestige Tournament 2025          |
| 136  | 32.79 | L     | P    | Paige Schutze-Langston      | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 137* | 32.80 | L     | P    | Jua Jonker                  | 13 | POTC KKD  | 06/12/2025 NWS Championships 2025                |
| 137* | 32.80 | L     | P    | Olivia Nel                  | 13 | CLA WCD   | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 139* | 32.85 | L     | F    | Ineke Van Maarleveld        | 13 | LPTBO CCD | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 139* | 32.85 | L     | F    | Dané De Kock                | 13 | LSM EZD   | 13/02/2026 NW School Championships 2026          |
| 141  | 32.86 | L     | F    | Mikayla Jordaan             | 13 | CASC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 142  | 32.91 | L     | P    | Mikayla Holmes              | 13 | CRSC JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 143  | 32.92 | L     | P    | Mijone Beyers               | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 144* | 32.98 | L     | F    | Taylor Ten Napel            | 13 | BEAV ETH  | 06/10/2025 Seagulls Winter Championships 2025    |
| 144* | 32.98 | L     | P    | Mieke Smit                  | 13 | UNI EZD   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 146  | 33.09 | L S   | P    | Sky Eyssen                  | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 147  | 33.14 | L S   | P    | Isabella Haldane            | 13 | FISH EDD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 148  | 33.15 | L     | F    | Elah-Mae Budram             | 13 | PSCP UMD  | 21/02/2026 KZN Schools Trials 2026               |
| 149  | 33.16 | L     | P    | Tayla Scheepers             | 13 | RFA TSH   | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 150  | 33.22 | L     | P    | Suhanna White               | 13 | AQUA BUF  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 151* | 33.23 | L     | F    | Lara Van Veelen             | 13 | LSDWK MPD | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 151* | 33.23 | L     | P    | Tayla Welgemoed             | 13 | AAS JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 151* | 33.23 | L     | F    | Grizelda Janse van Rensburg | 13 | BLS KK    | 13/02/2026 NW School Championships 2026          |
| 154  | 33.24 | L     | P    | Taylynn Boshoff             | 13 | ECSA BUF  | 24/04/2026 SA Schools Swimming Championship      |
| 155  | 33.28 | L     | P    | Cayleigh Machill            | 13 | BARA EKU  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 156* | 33.29 | L     | F    | Olwemvelo Ngema             | 13 | FRA KCD   | 21/02/2026 KZN Schools Trials 2026               |
| 156* | 33.29 | L     | F    | Jaimey Shaw                 | 13 | ESTR EKU  | 11/10/2025 EGA Summer 2                          |
| 158  | 33.30 | L     | F    | Jisthi Maharaj              | 13 | AADUB ETH | 21/02/2026 KZN Schools Trials 2026               |
| 159* | 33.32 | L     | F    | Sienna Barenblatt           | 13 | STAQ CED  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 159* | 33.32 | L     | F    | Joslyn Zwaanenburg          | 13 | SGUL ETH  | 03/10/2025 Curro AquaElite Gala                  |
| 161  | 33.33 | L     | P    | Emily Hengst                | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 162* | 33.34 | L     | F    | Alexis Kalapac              | 13 | SLAQ CPT  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 162* | 33.34 | L     | P    | Alessia Barthus             | 13 | MANT CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 162* | 33.34 | L     | P    | Tumisho Mojapelo            | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 165  | 33.36 | L S   | P    | Zanli Le Roux               | 13 | AGAQ OBD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 166  | 33.45 | L     | P    | Sophie Kretzmann            | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 167  | 33.47 | L     | P    | Leandi Liebenberg           | 13 | SS MPD    | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 168  | 33.49 | L     | F    | Mienke Pretorius            | 13 | KALA      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 169  | 33.50 | L     | F    | Gabriella Bengell           | 13 | BLNE MAN  | 03/12/2025 Free State Champs 2025                |
| 170  | 33.51 | L     | F    | Selma Rumbold               | 13 | OLDE JHB  | 20/02/2026 CGA Level 1 and Level 2 Championsh    |
| 171  | 33.57 | L     | P    | Alta Van Zyl                | 13 | SEAL UMD  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 172  | 33.58 | L     | P    | Hlumisa Mfabe               | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 173  | 33.60 | L     | F    | Shadri Bosman               | 13 | RFA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 174  | 33.61 | L     | F    | Margaret-Anne Pienaar       | 13 | DDA TSH   | 23/01/2026 2026 NTS Sprint Gala                  |
| 175* | 33.62 | L     | F    | Lara Greyling               | 13 | TNDER FDD | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 175* | 33.62 | L     | P    | Hester Janse van Rensburg   | 13 | NC FBD    | 24/04/2026 SA Schools Swimming Championship      |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                |    |           |  |
|------|-------|-------|------|-----------------------|----|-----------|--|
| 177  | 33.66 | L     | P    | Lea Kotzé             | 13 | NWUC KKD  | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 178  | 33.69 | L     | P    | Katelyn Naidoo        | 13 | MAKO EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 179  | 33.71 | L     | F    | Zaarah Meyer          | 13 | HTSA CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 180* | 33.72 | L     | F    | Tatum Van Zijl        | 13 | OHAN ILD  | 15/11/2025 KZN Junior Championships 2025         |
| 180* | 33.72 | L     | F    | Carlie van der Veen   | 13 | VRC TSH   | 31/10/2025 NTS Level 1+2 November Age Group ;    |
| 182  | 33.74 | L     | F    | Emma Ristow           | 13 | USC BUF   | 12/12/2025 NMBA Championships 2025               |
| 183  | 33.75 | L     | F    | Abigail Langerman     | 13 | DORE JHB  | 28/02/2026 CGA Challenge                         |
| 184  | 33.77 | L     | F    | Mia Smit              | 13 | KPA EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 185  | 33.79 | L     | P    | Kaitlyn Haynes-Smart  | 13 | VINE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 186  | 33.80 | L     | F    | Leah Du Plessis       | 13 | PEAS NMA  | 30/01/2026 Infinity Gala 2026                    |
| 187  | 33.81 | L     | P    | Kiarah Beukes         | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 188* | 33.85 | L S   | P    | Caitlin McDowell      | 13 | ESP EKU   | 04/12/2025 EGA Summer Championships 2025         |
| 188* | 33.85 | L     | F    | Emihle Mnuu           | 13 | FRA KCD   | 01/11/2025 KCDA Age Group Gala 2 2025            |
| 190  | 33.87 | L     | P    | Amelia-Rose Schutzler | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 191  | 33.89 | L     | P    | Kayleigh Brophy       | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025                |
| 192* | 33.90 | L     | F    | Rebecca Osler         | 13 | VINE CPT  | 15/11/2025 5th A League Gala 2025                |
| 192* | 33.90 | L     | F    | Sophia Hutchison      | 13 | GHSK      | 25/10/2025 FLAMINGO & GOODHOPE GALA 202          |
| 194  | 33.91 | L     | F    | Larelle Du Toit       | 13 | LALE CED  | 22/11/2025 Swartland Prestige Gala 2025          |
| 195* | 33.94 | L     | P    | Ella Adams            | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 195* | 33.94 | L     | F    | Willow Makwakwa       | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 197  | 33.95 | L     | P    | Ilé Ferreira          | 13 | TUKS TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 198  | 33.97 | L     | P    | Arelí Muyaka          | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025                |
| 199* | 34.00 | L     | F    | Bonaventure Makore    | 13 | ASAC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 199* | 34.00 | L     | F    | Charné De Bruin       | 13 | TUKS TSH  | 14/11/2025 NTS Level 3+ November Age Group G     |
| 201  | 34.01 | L     | F    | Minei Harmse          | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 202* | 34.03 | L     | F    | Jazmin Anthony        | 13 | PAQU CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 202* | 34.03 | L     | P    | Marang Ndlovu         | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 204  | 34.04 | L     | F    | Ziane Drenth          | 13 | AWIN TSH  | 23/01/2026 2026 NTS Sprint Gala                  |
| 205  | 34.10 | L     | F    | Esmé Bowes            | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 206  | 34.11 | L     | F    | Jenna Leppan          | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 207  | 34.15 | L     | P    | Alexianne Metzger     | 13 | SWIFT EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 208  | 34.20 | L     | P    | Marizelle Vermaak     | 13 | HREF BPD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 209  | 34.21 | L     | F    | Anye Brink            | 13 | ESA CED   | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 210* | 34.22 | L     | P    | Chloe Mkhabela        | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 210* | 34.22 | L     | F    | Morgan Martins        | 13 | TASC MPD  | 25/10/2025 Limpopo Age Group 5 of 2025/26        |
| 212  | 34.26 | L     | F    | Abi Fourie            | 13 | VINE CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 213* | 34.27 | L     | F    | Mila Barkhuysen       | 13 | GREY CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 213* | 34.27 | L     | P    | Stephné Swanepoel     | 13 | INFA NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 215  | 34.29 | L     | F    | Roxanne Coetzee       | 13 | HREF BP   | 31/01/2026 EGA Last Chance Gala 2026             |
| 216  | 34.44 | L     | F    | Luniko Manise         | 13 | WALM CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 217  | 34.46 | L     | P    | Noluthando Nkosi      | 13 | NSAD EZD  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 218  | 34.54 | L     | P    | Mercy Theu            | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 219  | 34.58 | L     | P    | Emma Grobler          | 13 | HAAG UTD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 220  | 34.60 | L     | F    | Tatum Samuels         | 13 | XCEL CPT  | 21/02/2026 Swartland Invitational Gala 2026      |
| 221  | 34.67 | L S   | F    | Vanessa Jurado        | 13 | VINE CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 222  | 34.73 | L     | F    | Karla Wolmarans       | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 223  | 34.77 | L S   | P    | Khalalelo Ratlhogo    | 13 | ESP EKU   | 04/12/2025 EGA Summer Championships 2025         |
| 224* | 34.78 | L     | F    | Destheonique Julius   | 13 | UPSK ZMD  | 14/02/2026 KALAHARI CLASSIC 2026                 |
| 224* | 34.78 | L     | P    | Abigail Grieve        | 13 | SASE JHB  | 27/11/2025 CGA Championships 2025                |
| 226* | 34.81 | L     | P    | Hlelo Mtwa            | 13 | PER JHB   | 27/11/2025 CGA Championships 2025                |
| 226* | 34.81 | L     | F    | Micaela Fourie        | 13 | NHS EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 228  | 34.82 | L     | F    | Mupindiishe Msipa     | 13 | MDOL JHB  | 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 229* | 34.83 | L     | F    | Racquelle Saporta     | 13 | INFA NMA  | 28/06/2025 PEA Winter Gala 2025                  |
| 229* | 34.83 | L     | F    | Liane Muller          | 13 | INFA NMA  | 18/10/2025 4th A League Gala 2025                |
| 231  | 34.84 | L     | F    | Lienke Van Wyk        | 13 | BULS MAN  | 24/10/2025 Neptunes Gala                         |
| 232  | 34.87 | L     | P    | Tamika Abbey          | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 233  | 34.89 | L     | F    | Liné Schoeman         | 13 | FISH EDD  | 30/01/2026 Infinity Gala 2026                    |
| 234  | 34.92 | L     | F    | Machayda Titus        | 13 | MARL CPT  | 28/06/2025 PEA Winter Gala 2025                  |
| 235* | 34.94 | L     | P    | Milla Da Silva        | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time      | P/F/S | Name                    | Age/Yr |           |            |                                       |
|------|-----------|-------|-------------------------|--------|-----------|------------|---------------------------------------|
| 235* | 34.94 L   | F     | Qhayiya Sizani          | 13     | PAC FSH   | 31/10/2025 | NTS Level 1+2 November Age Group :    |
| 235* | 34.94 L   | F     | Zoe Ngema               | 13     | SGUL ETH  | 06/10/2025 | Seagulls Winter Championships 2025    |
| 238  | 34.95 L S | P     | Mikayla Coleman         | 13     | TCA EKU   | 04/12/2025 | EGA Summer Championships 2025         |
| 239  | 34.98 L   | F     | Hailey Jooste - Coetsee | 13     | FLOD JHB  | 28/02/2026 | AG Level 1 Regional Competition 2026  |
| 240  | 35.03 L   | F     | Sloan Warner            | 13     | INFA NMA  | 20/09/2025 | 3rd A League Gala 2025                |
| 241  | 35.05 L   | F     | Izabella Botha          | 13     | BLMA CPT  | 22/11/2025 | Swartland Prestige Gala 2025          |
| 242  | 35.07 L S | P     | Leah Wentzel            | 13     | MARL CPT  | 04/12/2025 | Western Cape LC-A Championship 2025   |
| 243  | 35.09 L   | F     | Alyssa Coetzter         | 13     | AZON ETH  | 15/11/2025 | KZN Junior Championships 2025         |
| 244  | 35.10 L   | F     | Jessieka Faul           | 13     | ASAC CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 245* | 35.13 L   | P     | Scarlett Garassino      | 13     | SASE JHB  | 27/11/2025 | CGA Championships 2025                |
| 245* | 35.13 L   | F     | Taliyah Eveleigh        | 13     | MCSH BPD  | 13/02/2026 | NW School Championships 2026          |
| 247  | 35.14 L S | P     | Kyleigh Shelton         | 13     | ESTR EKU  | 04/12/2025 | EGA Summer Championships 2025         |
| 248  | 35.16 L   | P     | Bailey Maralik          | 13     | SFSA JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 249  | 35.19 L S | P     | Holly Karels            | 13     | SWIFT EKU | 04/12/2025 | EGA Summer Championships 2025         |
| 250* | 35.20 L   | P     | Dominic De Jager        | 13     | USH KCD   | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 250* | 35.20 L   | F     | Emily Van t Slot        | 13     | ANAX CPT  | 22/11/2025 | Swartland Prestige Gala 2025          |
| 252  | 35.23 L   | F     | Nuhaa Cozyn             | 13     | MANT CPT  | 17/01/2026 | CTA BRIAN BUTTON Qualifying Meet      |
| 253  | 35.25 L S | P     | Juno Bouwer             | 13     | CASC CPT  | 04/12/2025 | Western Cape LC-A Championship 2025   |
| 254  | 35.26 L   | F     | Nabeeha Raja            | 13     | SHS KK    | 14/02/2026 | BCSA School Trials 2026               |
| 255  | 35.27 L   | P     | Taeya Roper             | 13     | HPS FSH   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 256* | 35.29 L   | F     | Leane Nel               | 13     | EXP FSH   | 23/01/2026 | 2026 NTS Sprint Gala                  |
| 256* | 35.29 L   | F     | Amogelang Mamabolo      | 13     | HSH BP    | 13/02/2026 | NW School Championships 2026          |
| 258  | 35.35 L   | P     | Eleftheria Synodinos    | 13     | CASC CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 259  | 35.38 L   | F     | Kayla-Anne Walker       | 13     | CYBE CPT  | 17/01/2026 | CTA BRIAN BUTTON Qualifying Meet      |
| 260  | 35.39 L   | F     | Lily Sykes              | 13     | TUKS FSH  | 03/10/2025 | NTS Level 1+2 October Age Group 2025  |
| 261  | 35.40 L   | F     | Marni Snyman            | 13     | LSBOS WBD | 31/01/2026 | Limpopo School Champs & Limpopo A     |
| 262  | 35.41 L   | F     | Malin Swart             | 13     | USC BUF   | 30/01/2026 | Infinity Gala 2026                    |
| 263* | 35.46 L   | F     | Catharina Coetzter      | 13     | QSSC CPT  | 06/02/2026 | WCA-B Champs - 2026                   |
| 263* | 35.46 L   | F     | Safurah Wadvalla        | 13     | DORE JHB  | 14/02/2026 | CGA Last Chance                       |
| 265  | 35.47 L   | P     | Jana Booysen            | 13     | CUHE OBD  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 266  | 35.51 L   | F     | Tahlia Roelofsz         | 13     | VHD ZLD   | 31/01/2026 | uShaka Champs 2026                    |
| 267* | 35.52 L   | F     | Lerina Thomas           | 13     | SWAR WCD  | 21/02/2026 | Swartland Invitational Gala 2026      |
| 267* | 35.52 L   | P     | Cait Dawson             | 13     | XCEL CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 269  | 35.53 L   | F     | Kgalalelo Makoloi       | 13     | AZON ETH  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 270  | 35.54 L   | F     | Sydney Howes            | 13     | HSH BP    | 13/02/2026 | NW School Championships 2026          |
| 271  | 35.63 L   | F     | Zara Field              | 13     | CTO CPT   | 29/11/2025 | CTA B CHAMPS 2025                     |
| 272  | 35.66 L   | P     | Isabel Wessinger        | 13     | ELEC FSH  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 273  | 35.71 L   | F     | Dwa Kaone Magagula      | 13     | ELEC FSH  | 31/10/2025 | NTS Level 1+2 November Age Group :    |
| 274  | 35.76 L   | F     | Michaela Hirst          | 13     | MCSH BPD  | 13/02/2026 | NW School Championships 2026          |
| 275  | 35.82 L   | F     | Amogelang Kutu          | 13     | SS MPD    | 28/11/2025 | Limpopo Champs 2025                   |
| 276  | 35.83 L   | F     | Skyler Engelbrecht      | 13     | CAMB BUF  | 28/02/2026 | Eastern Cape School Provincial Trials |
| 277  | 35.85 L   | P     | Amore Breytenbach       | 13     | ESA CED   | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 278  | 36.01 L   | P     | Zizipho Ginindza        | 13     | PAC FSH   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 279  | 36.02 L   | F     | Nina Koen               | 13     | FISH EDD  | 25/10/2025 | Zasu 1st League OYDC 2025-26          |
| 280* | 36.04 L   | F     | Aliana Stipic           | 13     | WAC EDD   | 14/02/2026 | EDEN 5th A-League Gala 2026           |
| 280* | 36.04 L   | F     | Mienke Grobler          | 13     | BULS MAN  | 03/12/2025 | Free State Champs 2025                |
| 282  | 36.05 L   | P     | Nadine Mutanga          | 13     | BEAV ETH  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 283  | 36.13 L   | P     | Talia Grantham          | 13     | PSCP UMD  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 284  | 36.15 L   | F     | Imke Swanepoel          | 13     | FISH EDD  | 22/11/2025 | Eden LC Champs 2025                   |
| 285  | 36.35 L   | F     | Karli Van Greunen       | 13     | ELRAS WBD | 28/11/2025 | Limpopo Champs 2025                   |
| 286  | 36.39 L   | F     | Gia Chanquin            | 13     | WALM CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 287* | 36.44 L   | F     | Le-May Van Zyl          | 13     | ELRAS WBD | 28/11/2025 | Limpopo Champs 2025                   |
| 287* | 36.44 L   | F     | Lisasa Faltein          | 13     | PEAS NMA  | 30/08/2025 | Madibaz Swim Meet 2025                |
| 289  | 36.45 L S | P     | Dikgang Mokgele         | 13     | MAKO EKU  | 04/12/2025 | EGA Summer Championships 2025         |
| 290  | 36.47 L   | F     | Delinda Faber           | 13     | AFIN JHB  | 28/02/2026 | AG Level 1 Regional Competition 2026  |
| 291  | 36.51 L   | P     | Leandi Swarts           | 13     | PSA ZLD   | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 292  | 36.57 L   | F     | Larique Pretorius       | 13     | KTS       | 21/02/2026 | AGE GROUP 6 KATHU 2026 - copied       |
| 293  | 36.58 L   | P     | Realeboga Kunene        | 13     | PER JHB   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 294* | 36.68 L   | P     | Ava van der Mescht      | 13     | PEAS NMA  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                |    |           |   |
|------|-------|-------|------|-----------------------|----|-----------|---|
| 294* | 36.68 | L     | F    | Emlynn Hugo           | 13 | SWIFT EKU | 11/10/2025 EGA Summer 2                         |
| 296  | 36.73 | L     | F    | Fredri Uys            | 13 | DDA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 297  | 36.74 | L     | P    | Alexa Steenkamp       | 13 | CPSC TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 298  | 36.81 | L     | F    | Aaminah Spruit        | 13 | WEST CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 299* | 36.84 | L     | F    | Rachel Konigkramer    | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 299* | 36.84 | L     | F    | Emma Venter           | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 301  | 36.91 | L     | F    | Keyante Lynch         | 13 | SWIM1 JHB | 20/02/2026 CGA Level 1 and Level 2 Championsh   |
| 302  | 36.97 | L     | F    | Madeleine de Villiers | 13 | EXP TSH   | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 303  | 36.98 | L     | F    | Alexis Visagie        | 13 | BEST NMA  | 12/12/2025 NMBA Championships 2025              |
| 304* | 37.00 | L S   | P    | Ava Arde              | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025        |
| 304* | 37.00 | L     | P    | Leah Mohamed          | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 306  | 37.02 | L     | F    | Charlie de Beer       | 13 | DRGN JHB  | 20/02/2026 CGA Level 1 and Level 2 Championsh   |
| 307  | 37.05 | L     | F    | Lethabo Nyandeni      | 13 | TUKS TSH  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 308  | 37.19 | L     | F    | Leah-Bella Budram     | 13 | PSCP UMD  | 09/07/2025 TYR Prestige Tournament 2025         |
| 309  | 37.24 | L     | F    | Zahraa Essack         | 13 | ATLA JHB  | 14/02/2026 CGA Last Chance                      |
| 310  | 37.37 | L     | F    | Aimee Taylor          | 13 | MAKO EKU  | 11/10/2025 EGA Summer 2                         |
| 311  | 37.40 | L     | F    | Haylee Julius         | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 312  | 37.41 | L     | F    | Caroline Angius       | 13 | BERG BPD  | 13/02/2026 NW School Championships 2026         |
| 313  | 37.42 | L     | P    | Teresa Smith          | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 314  | 37.57 | L     | F    | Tsakile Mahumane      | 13 | NSAD EZD  | 13/09/2025 MP SPRINT 13 SEPTEMBER 2025          |
| 315  | 37.58 | L     | F    | Ava Arragon           | 13 | UPC EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI      |
| 316  | 37.61 | L     | F    | Kaitlyn Swart         | 13 | CPSC TSH  | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 317  | 37.63 | L     | F    | Lee-Ann Labuscagne    | 13 | AWIN TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 318  | 37.67 | L     | F    | Gemma Smith           | 13 | SWIM1 JHB | 14/02/2026 CGA Last Chance                      |
| 319* | 37.74 | L     | F    | Amy Erasmus           | 13 | EGA MAN   | 03/12/2025 Free State Champs 2025               |
| 319* | 37.74 | L     | F    | Sarah-Leigh Phillips  | 13 | LSTZN CCD | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 321  | 37.75 | L     | P    | Mia Benade            | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 322  | 37.76 | L     | F    | Anika Bester          | 13 | STGR XRD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 323  | 37.82 | L     | F    | Genevieve Venter      | 13 | WSS LLD   | 28/02/2026 FSA LEVEL 1 2026                     |
| 324  | 37.86 | L     | F    | Livi Engelbrecht      | 13 | PAC TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 325  | 37.89 | L     | F    | Liney Retief          | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 326  | 37.97 | L     | F    | Cara van Wyk          | 13 | BARR CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 327  | 38.02 | L     | F    | Livia Vancoillie      | 13 | QSSC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 328  | 38.05 | L     | P    | Shyla Lutchman        | 13 | VINE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 329  | 38.15 | L     | F    | Retshepile Phalafala  | 13 | MDOL JHB  | 14/02/2026 CGA Last Chance                      |
| 330  | 38.19 | L     | F    | Izeldi Van Niekerk    | 13 | DOLFI MPD | 28/11/2025 Limpopo Champs 2025                  |
| 331  | 38.20 | L     | F    | Thatohatsi Masomba    | 13 | THOK EKU  | 21/02/2026 EGA Lets Sprint Gala 2026            |
| 332  | 38.27 | L     | F    | Sienna Robertson      | 13 | HPS TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 333  | 38.32 | L     | F    | Nyandano Madaba       | 13 | FAC EKU   | 22/11/2025 EGA Summer 3 & 4                     |
| 334  | 38.34 | L     | F    | Amy Jacobs            | 13 | STSC KCD  | 22/11/2025 KCDA Age Group 3 2025                |
| 335  | 38.38 | L     | F    | Wilmie Fourie         | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 336  | 38.44 | L     | F    | Tshiamo Mlangeni      | 13 | UNI EZD   | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/      |
| 337  | 38.46 | L     | F    | Lia Schoeman          | 13 | RFA TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 338  | 38.60 | L     | F    | Mia Witbooi           | 13 | RETR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 339  | 38.67 | L     | F    | Skyla De Lange        | 13 | SHS KK    | 14/02/2026 BCSA School Trials 2026              |
| 340  | 38.84 | L     | F    | Kyla De Beer          | 13 | SS MPD    | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 341  | 38.85 | L     | F    | Alexia Dippenaar      | 13 | BS LLD    | 23/08/2025 KOVSIE GALA                          |
| 342  | 39.20 | L     | F    | Kenzy Barnard         | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26         |
| 343  | 39.35 | L     | F    | Relebohile Maduna     | 13 | PELIC MAN | 12/12/2025 NMBA Championships 2025              |
| 344  | 39.38 | L     | F    | Katelee Swanepoel     | 13 | ROA EDD   | 14/02/2026 EDEN 5th A-League Gala 2026          |
| 345  | 39.43 | L     | F    | Stella Rainier        | 13 | HDAQ MPD  | 27/09/2025 Limpopo Age Group 4 of 2025/26       |
| 346  | 39.58 | L     | F    | Zoë Van Vuuren        | 13 | FISH EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 347  | 39.63 | L     | F    | Rebecca Lawlor        | 13 | SHS KK    | 14/02/2026 BCSA School Trials 2026              |
| 348  | 39.66 | L     | F    | Tionie Groenewald     | 13 | CLA WCD   | 21/02/2026 Swartland Invitational Gala 2026     |
| 349  | 39.71 | L     | F    | Elizabeth Gouws       | 13 | KNYA EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 350  | 39.72 | L     | F    | Milan Booysen         | 13 | BLOT MAN  | 07/11/2025 Otters Prestige Gala 2025            |
| 351  | 39.93 | L     | F    | Siphesihle Mncube     | 13 | PAC TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 352  | 39.98 | L     | F    | Emily Louw            | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 353  | 40.14 | L     | F    | Lily Lucas            | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr              |    |           |   |
|------|-------|-------|------|---------------------|----|-----------|---|
| 354  | 40.19 | L     | F    | Lily Goldswain      | 13 | CASC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 355  | 40.44 | L     | P    | Penelope Mullineux  | 13 | AASC EZD  | 05/12/2025 Mpumalanga Championships 2025        |
| 356* | 40.47 | L S   | P    | Riley Van Niekerk   | 13 | ESTR EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 356* | 40.47 | L     | F    | Reatile Moshoke     | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025               |
| 358  | 40.50 | L     | F    | Mackenzie Baker     | 13 | HPS TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 359  | 40.58 | L     | F    | Kelsey Arnot        | 13 | TUKS TSH  | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 360  | 40.62 | L     | F    | Zahara Bhamjee      | 13 | ATLA JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 361  | 40.66 | L     | F    | Rifumo Mnisi        | 13 | CA EKU    | 31/01/2026 EGA Last Chance Gala 2026            |
| 362  | 40.72 | L     | F    | Chloé Harding       | 13 | SOUL EKU  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 363  | 40.87 | L     | F    | Rebecca Boardman    | 13 | STUTT ATD | 14/02/2026 BCSA School Trials 2026              |
| 364* | 40.88 | L     | P    | Mpilenhle Dladla    | 13 | CSA EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 364* | 40.88 | L     | F    | Taylor Kotzee       | 13 | GAA CPT   | 09/10/2025 44th Freda Barnard Invitational Gala |
| 366  | 40.94 | L     | F    | Vibha Fakir         | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 2025   |
| 367  | 40.95 | L     | F    | Lungile Ndaba       | OR | VASA EKU  | 11/10/2025 EGA Summer 2                         |
| 368  | 40.96 | L     | F    | Mokgabo Monnana     | 13 | LEBII BP  | 13/02/2026 NW School Championships 2026         |
| 369* | 41.06 | L     | F    | Annemi Loots        | 13 | SWAR WCD  | 21/02/2026 Swartland Invitational Gala 2026     |
| 369* | 41.06 | L     | F    | Carla Smith         | 13 | SEAL JMD  | 30/03/2026 KZNA Level 1 Championships           |
| 371  | 41.11 | L     | F    | Marené Theunissen   | 13 | PGIM KKD  | 13/02/2026 NW School Championships 2026         |
| 372  | 41.14 | L     | F    | Mila Schutte        | 13 | QSSC CPT  | 06/02/2026 WCA-B Champs - 2026                  |
| 373  | 41.19 | L     | F    | Taylor Ridgard      | 13 | NICOH NMA | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 374  | 41.22 | L     | F    | Mischa Wagenaar     | 13 | MARL CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 375  | 41.23 | L     | F    | Mieke Stoltz        | 13 | WRP EZD   | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026     |
| 376  | 41.24 | L     | F    | Kate Scott          | 13 | UHS NMA   | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 377  | 41.26 | L     | F    | Nika Smit           | 13 | BS LLD    | 10/10/2025 Super Seals Annual Gala              |
| 378  | 41.39 | L     | P    | Nokubonga Buda      | 13 | ESP EKU   | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 379  | 41.49 | L     | F    | Morgha Posthumus    | 13 | WBAC CCD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 380  | 41.62 | L     | F    | Tanique Loots       | 13 | WAGH BP   | 13/02/2026 NW School Championships 2026         |
| 381  | 41.63 | L     | F    | Ziyada Tekle        | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 2025   |
| 382  | 41.66 | L     | F    | Mikayla Botes       | 13 | WAC EDD   | 04/10/2025 EDEN 1st A-League Gala 2025          |
| 383  | 41.80 | L     | F    | Stacy McGurk        | 13 | TYGE CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 384  | 41.85 | L     | F    | Nina Engelbrecht    | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 385  | 41.87 | L     | F    | Khumo Goeieman      | 13 | KALA      | 14/02/2026 KALAHARI CLASSIC 2026                |
| 386  | 42.17 | L     | F    | Dhakiya Peters      | 13 | WALM CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 387  | 42.21 | L     | F    | Ikageng Moloko      | 13 | TUKS TSH  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 388  | 42.93 | L     | F    | Vhulenda Mathivha   | 13 | HSH BP    | 13/02/2026 NW School Championships 2026         |
| 389  | 43.10 | L     | F    | Ashleigh Petersen   | 13 | VPHS NMA  | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 390  | 43.54 | L     | F    | Almaaz Plaatjies    | 13 | WEST CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 391  | 43.92 | L     | F    | Alme' Bornman       | 13 | PELIC MAN | 26/09/2025 Pelicans Gala..                      |
| 392  | 43.98 | L     | F    | Khanyisa Mqeke      | 13 | WELA LLD  | 28/02/2026 FSA LEVEL 1 2026                     |
| 393  | 43.99 | L     | F    | Khanya Ramone       | 13 | MATL KKD  | 28/02/2026 NWS Last Chance 2026                 |
| 394  | 44.02 | L     | F    | Nadia Booysen       | 13 | CA EKU    | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 395  | 44.13 | L     | F    | Madison Outhwaite   | 13 | SFSC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 396  | 44.22 | L     | F    | Masego Motsalane    | 13 | AAS JHB   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 397  | 44.25 | L     | F    | Katia Cerone        | 13 | HAAG UTD  | 06/12/2025 UThukela District Age Group 3        |
| 398  | 44.78 | L     | F    | Isabel Charles      | 13 | WALW NMA  | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 399  | 45.27 | L     | F    | Emily Anderson      | 13 | WAC EDD   | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 400  | 45.32 | L     | F    | Rulene Vermeulen    | 13 | SFSC CPT  | 21/02/2026 Swartland Invitational Gala 2026     |
| 401  | 45.48 | L     | F    | Emily Muller        | 13 | FER KKD   | 13/02/2026 NW School Championships 2026         |
| 402  | 45.94 | L     | F    | Larika Van Heerden  | 13 | SWIMS EKU | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 403  | 45.97 | L     | F    | Hadassah Daniels    | 13 | RETR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 404  | 46.43 | L     | F    | Muazza Dawood       | 13 | ATLA JHB  | 14/02/2026 CGA Last Chance                      |
| 405  | 46.84 | L     | F    | Phiwokuhle Sibisi   | 13 | USH KCD   | 31/01/2026 uShaka Champs 2026                   |
| 406* | 47.56 | L     | F    | Elethu Maqabangqa   | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 406* | 47.56 | L     | F    | Phoenix Knoetze     | 13 | TPS BPD   | 30/01/2026 ORTA SCHOOL TRIALS 2026              |
| 408  | 47.57 | L     | F    | Leanolaona Molosi   | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 409  | 49.20 | L     | F    | Abenathi Mzimela    | 13 | USH KCD   | 04/10/2025 KCDA Age Group Gala 1 2025           |
| 410  | 50.04 | L     | F    | Gizelle Tyers       | 13 | KSSS JTD  | 21/11/2025 AGE GROUP 2 & 3 KATHU - copied -     |
| 411  | 50.47 | L     | F    | Okuhle Zungu        | 13 | USH KCD   | 01/11/2025 KCDA Age Group Gala 2 2025           |
| 412  | 52.56 | L     | F    | Sinophile Sibanyoni | 13 | STA NGD   | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2        |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                             | Time        | P/F/S | Name                      | Age/Yr |       |     |   |
|-----------------------------|-------------|-------|---------------------------|--------|-------|-----|---|
| 413                         | 52.79 L     | F     | Fezeka Mpunga             | 13     | STA   | NGD | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2          |
| 414                         | 54.25 L     | F     | Skyla Andrew              | 13     | TPS   | BPD | 30/01/2026 ORTA SCHOOL TRIALS 2026                |
| 415                         | 54.94 L     | F     | Azukiwe Nzimande          | 13     | STA   | NGD | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2          |
| 416                         | 1:04.84 L   | F     | Imange Sindzwanga         | 13     | MHS   | NGD | 30/01/2026 ORTA SCHOOL TRIALS 2026                |
| 417                         | 1:05.93 L   | F     | Lukhona Tele              | 13     | SHS   | KK  | 14/02/2026 BCSA School Trials 2026                |
| 418                         | 1:07.55 L   | F     | Nomathemba Mothiba        | 13     | SHE   | BPD | 13/02/2026 NW School Championships 2026           |
| 419                         | 2:12.34 L   | F     | Simphiwe Mputamputa       | 13     | KVP   | BPD | 13/02/2026 NW School Championships 2026           |
| <b>Women 13-14 100 Free</b> |             |       |                           |        |       |     |   |
| 1                           | 1:00.70 L S | F     | Morgan Butterworth        | 13     | AQX   |     | 12/12/2025 ADInternational Swimming Champions     |
| 2                           | 1:01.35 L   | F     | Shiloh Cruywagen          | 13     | SEAL  | UMD | 21/02/2026 KZN Schools Trials 2026                |
| 3                           | 1:01.41 L   | F     | Victoria Meyburgh         | 13     | CA    | EKU | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 4                           | 1:01.68 L   | F     | Shalea Hamilton           | 13     | BEST  | NMA | 30/01/2026 Infinity Gala 2026                     |
| 5                           | 1:02.52 L   | F     | Riley Haupt               | 13     | CA    | EKU | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 6                           | 1:04.12 L   | F     | Mackenzie Raffle          | 13     | CA    | EKU | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 7                           | 1:04.20 L   | P     | Mikaela Lotz              | 13     | PAC   | FSH | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 8                           | 1:04.23 L   | F     | Sophia Gullan             | 13     | VINE  | CPT | 14/02/2026 CTA Elite Gala (L3+)                   |
| 9                           | 1:04.34 L   | F     | Wilhelmina Erasmus        | 13     | LP    | CCD | 24/04/2026 SA Schools Swimming Championship       |
| 10                          | 1:04.37 L   | P     | Gia Heldsinger            | 13     | SSISA | CPT | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 11                          | 1:04.84 L   | F     | Sisanda Palframan         | 13     | GAU   | JHB | 24/04/2026 SA Schools Swimming Championship       |
| 12                          | 1:04.87 L   | P     | Ava Bosch                 | 13     | DRGN  | EKU | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 13                          | 1:04.95 L   | P     | Laila Christie            | 13     | USC   | BUF | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 14                          | 1:04.99 L   | F     | Amber Spence              | 13     | GAU   | JHB | 24/04/2026 SA Schools Swimming Championship       |
| 15                          | 1:05.05 L   | P     | Mienke Kok                | 13     | INFA  | NMA | 30/01/2026 Infinity Gala 2026                     |
| 16                          | 1:05.32 L S | P     | Emma Van Deventer         | 13     | WSTV  | ETH | 18/12/2025 KZN Premier Provincial Championship    |
| 17                          | 1:05.40 L   | F     | Noa Sebastiao             | 13     | TUKS  | FSH | 10/12/2025 NTS Championships 2025                 |
| 18                          | 1:05.63 L   | P     | Barcelona Xaba            | 13     | SASE  | JHB | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 19                          | 1:05.65 L   | F     | Aqeelah Williams          | 13     | UWCA  | CPT | 28/06/2025 PEA Winter Gala 2025                   |
| 20                          | 1:05.66 L S | F     | Jessica Jansen van Vuuren | 13     | SEAL  | UMD | 18/12/2025 KZN Premier Provincial Championship    |
| 21                          | 1:05.92 L   | F     | Olivia Meyburgh           | 13     | CA    | EKU | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 22                          | 1:06.01 L   | F     | Oyama Baqwa               | 13     | SGUL  | ETH | 04/12/2025 EGA Summer Championships 2025          |
| 23                          | 1:06.22 L   | F     | Samantha Wilson           | 13     | INFA  | NMA | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 24                          | 1:06.27 L   | F     | Jade Chilisa              | 13     | TUKS  | FSH | 20/09/2025 BSSA 1st League Gala 2025              |
| 25                          | 1:06.30 L   | F     | Anja Boshoff              | 13     | TYGE  | CPT | 14/02/2026 CTA Elite Gala (L3+)                   |
| 26                          | 1:06.35 L   | F     | Jasmine Woodburn          | 13     | MDOL  | JHB | 08/11/2025 CGA Summer 3 - Level 2+ - 2025         |
| 27                          | 1:06.37 L   | F     | Jadine Grobler            | 13     | LP    | CCD | 24/04/2026 SA Schools Swimming Championship       |
| 28                          | 1:06.38 L   | T     | Milani Butau              | 13     | BEST  | NMA | 30/01/2026 Infinity Gala 2026                     |
| 29                          | 1:06.46 L   | F     | Emily Koegelenberg        | 13     | XCEL  | CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 30                          | 1:06.53 L   | F     | Sarah Schofield           | 13     | AADUB | ETH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 31                          | 1:06.61 L   | F     | Mattae Morel              | 13     | CA    | EKU | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 32*                         | 1:06.69 L   | F     | Isabella Goncalves        | 13     | CA    | EKU | 09/01/2026 2026 Grand Prix Invitation Swimming I  |
| 32*                         | 1:06.69 L   | P     | Ruvarashe Chibharo        | 13     | CASC  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 34                          | 1:06.72 L   | P     | Mikayla Oliver            | 13     | PAC   | FSH | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 35                          | 1:06.83 L   | F     | Liane Van Zyl             | 13     | NC    | FBD | 24/04/2026 SA Schools Swimming Championship       |
| 36                          | 1:06.96 L   | F     | Unathi Vuyeqaba           | 13     | TUKS  | FSH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 37                          | 1:07.02 L   | P     | Charlotte Hofinger        | 13     | ASAC  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 38                          | 1:07.03 L   | F     | Katherine Harrop-Allin    | 13     | CSC   | FSH | 20/09/2025 EGA Summer 1 2025                      |
| 39                          | 1:07.05 L   | P     | Kirsten Cupido            | 13     | CYBE  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 40                          | 1:07.09 L   | F     | Chenique Kooi             | 13     | GAU   | JHB | 24/04/2026 SA Schools Swimming Championship       |
| 41                          | 1:07.14 L   | F     | Uma Pearson-Adams         | 13     | SAAW  | CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 42                          | 1:07.15 L   | F     | Evie du Plessis           | 13     | BLOT  | MAN | 23/08/2025 KOVSIE GALA                            |
| 43                          | 1:07.23 L   | F     | Lia van Heerden           | 13     | FSS   |     | 24/04/2026 SA Schools Swimming Championship       |
| 44                          | 1:07.37 L   | F     | Kayla Kleynhans           | 13     | ROA   | EDD | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 45                          | 1:07.50 L   | F     | Elizabeth Roth            | 13     | PEAS  | NMA | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 46                          | 1:07.62 L   | F     | Brooklyn Terwin           | 13     | USC   | BUF | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 47                          | 1:07.74 L   | F     | Kate Cheshire             | 13     | MDOL  | JHB | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 48                          | 1:07.77 L   | P     | Ayvah Jacob               | BR     | VASA  | EKU | 04/12/2025 EGA Summer Championships 2025          |
| 49                          | 1:07.80 L   | F     | Milla Christensen         | 13     | WELL  | CED | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 50                          | 1:07.98 L   | F     | Olivia Kruger             | 13     | PLAY  | CED | 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 51                          | 1:07.99 L   | P     | Sarah-Kate Odendaal       | 13     | QSSC  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;     |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|------|---------|-------|------|------------------------|----|-----------|--|
| 52   | 1:08.05 | L S   | F    | Ryleigh Moir           | 13 | AADUB ETH | 18/12/2025 KZN Premier Provincial Championship   |
| 53   | 1:08.09 | L     | F    | Alexis Visser          | 13 | MAKO EKU  | 11/10/2025 EGA Summer 2                          |
| 54   | 1:08.25 | L     | F    | Johané Burger          | 13 | ROA EDD   | 22/11/2025 Eden LC Champs 2025                   |
| 55   | 1:08.27 | L     | F    | Nina Pieterse          | 13 | PEAS NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 56   | 1:08.32 | L     | F    | Mikayla Wilensky       | 13 | ASAC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 57   | 1:08.33 | L     | F    | Mignon Swart           | 13 | CUR EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 58   | 1:08.37 | L     | F    | Lize De Wet            | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                   |
| 59   | 1:08.43 | L     | P    | Kara De Wit            | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 60   | 1:08.52 | L     | F    | Lumka Zamisa           | 13 | HREF BP   | 06/12/2025 NWS Championships 2025                |
| 61   | 1:08.54 | L     | P    | Annabel Meyer          | 13 | BULS MAN  | 21/03/2026 Sa National JNR Age Group Champs-2    |
| 62   | 1:08.59 | L     | P    | Liané Stoltz           | 13 | MP EZD    | 24/04/2026 SA Schools Swimming Championship      |
| 63   | 1:08.74 | L     | F    | Amelie Billson         | 13 | CASC CPT  | 03/10/2025 Curro AquaElite Gala                  |
| 64   | 1:08.76 | L     | P    | Arya De Sousa          | 13 | TRAZ FSH  | 10/12/2025 NTS Championships 2025                |
| 65   | 1:08.81 | L     | F    | Carinke Wessels        | 13 | BLOT MAN  | 03/12/2025 Free State Champs 2025                |
| 66   | 1:08.82 | L     | P    | Ella Kalp              | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 67   | 1:08.84 | L     | F    | Zara Lockitch          | 13 | CYBE CPT  | 14/02/2026 CTA Elite Gala (L3+)                  |
| 68   | 1:08.97 | L     | P    | Ineke Van Maarleveld   | 13 | ACAQ CCD  | 21/03/2026 Sa National JNR Age Group Champs-2    |
| 69   | 1:09.02 | L     | P    | Shelby Schoeman        | 13 | CA EKU    | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 70   | 1:09.30 | L     | F    | Alexis De Witt         | 13 | TUKS FSH  | 17/10/2025 NTS Level 3+ October Age Group Gal    |
| 71   | 1:09.52 | L     | F    | Nokutenda Tembo        | 13 | KNYA EDD  | 24/01/2026 EDEN 4th A-League Gala 2026           |
| 72   | 1:09.56 | L     | F    | Saffiya Emjedi         | 13 | SAAW CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 73   | 1:09.65 | L     | P    | Gia Newkirk            | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-2    |
| 74   | 1:09.69 | L     | F    | Georgia Sabbagha       | 13 | PAQU CED  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 75   | 1:09.70 | L     | F    | Laila van Antwerpen    | 13 | PAC FSH   | 28/06/2025 PEA Winter Gala 2025                  |
| 76   | 1:09.75 | L     | F    | Abigail Paice          | 13 | SOUL EKU  | 21/02/2026 EGA Lets Sprint Gala 2026             |
| 77   | 1:09.89 | L     | P    | Luisa Kimani           | 13 | CYBE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 78   | 1:10.00 | L     | F    | Kayla Gerber           | 13 | STAQ CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 79   | 1:10.07 | L     | F    | Phillipa Williams      | 13 | SOUL EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 80   | 1:10.11 | L     | F    | Inge Du Plessis        | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                   |
| 81   | 1:10.13 | L S   | P    | Libby Ritchie          | 13 | PSCP UMD  | 18/12/2025 KZN Premier Provincial Championship   |
| 82   | 1:10.20 | L     | P    | Jemma Lloyd            | 13 | VINE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 83   | 1:10.22 | L     | P    | Senzelwe Mwandla       | 13 | USHPM UMD | 21/03/2026 Sa National JNR Age Group Champs-2    |
| 84   | 1:10.24 | L     | F    | Tayla Scheepers        | 13 | RFA FSH   | 17/10/2025 NTS Level 3+ October Age Group Gal    |
| 85   | 1:10.25 | L     | P    | Grace Julies           | 13 | XCEL CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 86   | 1:10.31 | L     | F    | Madison Harris         | 13 | SOUL EKU  | 31/01/2026 EGA Last Chance Gala 2026             |
| 87   | 1:10.35 | L     | F    | Jovanah McGluwa        | 13 | CASC CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 88   | 1:10.44 | L     | P    | Ella Voysey            | 13 | ASAC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 89   | 1:10.46 | L     | F    | Abby Mostert           | 13 | AWIN FSH  | 14/11/2025 NTS Level 3+ November Age Group G     |
| 90   | 1:10.52 | L     | F    | Ava Grebe              | 13 | CUHE OBD  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 91   | 1:10.53 | L     | F    | Alex Theron            | 13 | CASC CPT  | 14/02/2026 CTA Elite Gala (L3+)                  |
| 92   | 1:10.55 | L     | P    | Sienna Barenblatt      | 13 | STAQ CED  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 93   | 1:10.71 | L     | P    | Isabella Vreenegoor    | 13 | CRSC JHB  | 27/11/2025 CGA Championships 2025                |
| 94   | 1:10.72 | L     | P    | Chloe Rautenbach       | 13 | MP EZD    | 24/04/2026 SA Schools Swimming Championship      |
| 95   | 1:10.78 | L     | P    | Alexis Kalapac         | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 96   | 1:10.79 | L     | F    | Olwemvelo Ngema        | 13 | FRA KCD   | 07/02/2026 KCDA Age Group 5 2026                 |
| 97   | 1:10.84 | L     | P    | Kathryn Nolan          | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 98*  | 1:10.90 | L     | F    | Zara Jantjies          | 13 | MANT CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 98*  | 1:10.90 | L     | P    | Taylor-Rose Botes      | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 100  | 1:10.95 | L     | F    | Riley Sanders          | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2026    |
| 101  | 1:11.00 | L     | F    | Nadelija Pillay        | 13 | VHD ZLD   | 06/12/2025 Stingrays Champs 2025                 |
| 102* | 1:11.15 | L     | F    | Anna Horn              | 13 | XCEL CPT  | 20/09/2025 CTA INVITATIONAL LC MEET              |
| 102* | 1:11.15 | L     | P    | Rebecca Joubert        | 13 | INFA NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 102* | 1:11.15 | L     | P    | Mia Van de Vyver       | 13 | ESA CED   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 102* | 1:11.15 | L     | P    | Christie Snyders       | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                |
| 106  | 1:11.18 | L     | P    | Mikaela Van Heerden    | 13 | TUKS FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 107  | 1:11.22 | L     | F    | Rebecca Osler          | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 108  | 1:11.25 | L     | P    | Lene Klopper           | 13 | QSSC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 109  | 1:11.29 | L     | P    | Paige Schutze-Langston | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 110  | 1:11.34 | L     | F    | Kara Pretorius         | 13 | SSISA CPT | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                      |    |           |   |
|------|---------|-------|------|-----------------------------|----|-----------|---|
| 111  | 1:11.37 | L     | P    | Sophia Hutchison            | 13 | NC FBD    | 24/04/2026 SA Schools Swimming Championship     |
| 112  | 1:11.38 | L     | F    | Leila Parker                | 13 | SSISA CPT | 01/11/2025 CTA District A CHAMPS 2025           |
| 113  | 1:11.39 | L     | F    | Margaret-Anne Pienaar       | 13 | DDA TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 114  | 1:11.40 | L     | P    | Leah Du Plessis             | 13 | PEAS NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 115  | 1:11.61 | L     | F    | Ava de Bruin                | 13 | SEAL UMD  | 21/02/2026 KZN Schools Trials 2026              |
| 116* | 1:11.63 | L     | F    | Emily Hengst                | 13 | CASC CPT  | 14/02/2026 CTA Elite Gala (L3+)                 |
| 116* | 1:11.63 | L     | P    | Hlumisa Mfabe               | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 118* | 1:11.65 | L     | F    | Annabella Mitchell-Innes    | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 118* | 1:11.65 | L     | F    | Zarah Matthee               | 13 | UWCA CPT  | 14/02/2026 CTA Elite Gala (L3+)                 |
| 120  | 1:11.68 | L     | F    | Oyama Tuta                  | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025               |
| 121  | 1:11.69 | L     | F    | Caitlin Barnes              | 13 | SAAW CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 122  | 1:11.79 | L     | P    | Kenna Lilley                | 13 | TYGE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 123  | 1:11.80 | L     | P    | Mikayla Jordaan             | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 124* | 1:11.81 | L     | F    | Annabella Venter            | 13 | VRC TSH   | 27/02/2026 NTS Level 3+ February Age Group Ga   |
| 124* | 1:11.81 | L     | F    | Tumisho Mojapelo            | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 126  | 1:11.88 | L     | P    | Alta Van Zyl                | 13 | SEAL UMD  | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 127  | 1:11.89 | L     | P    | Olivia Nel                  | 13 | CLA WCD   | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 128  | 1:11.95 | L     | P    | Danika Steyn                | 13 | MP EZD    | 24/04/2026 SA Schools Swimming Championship     |
| 129* | 1:11.97 | L     | F    | Zekhethelo Radebe           | 13 | USHPM UMD | 31/01/2026 uShaka Champs 2026                   |
| 129* | 1:11.97 | L     | F    | Jamie Els                   | 13 | AQDO CPT  | 01/11/2025 CTA District A CHAMPS 2025           |
| 131  | 1:12.08 | L     | P    | Jada Hendricks              | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 132  | 1:12.17 | L     | P    | Thalia Naidoo               | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 133  | 1:12.24 | L     | P    | Gia Stedall                 | 13 | PAC TSH   | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 134  | 1:12.25 | L     | F    | Nicoline Du Preez           | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025               |
| 135* | 1:12.30 | L     | P    | Mali Louw                   | 13 | PLAY CED  | 04/12/2025 Western Cape LC-A Championship 20    |
| 135* | 1:12.30 | L     | F    | Mia Vorster                 | 13 | WELA LLD  | 05/09/2025 Bullsharks Gala                      |
| 137  | 1:12.38 | L     | F    | Lauren Kleinhans            | 13 | AA JHB    | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 138  | 1:12.41 | L     | F    | Alivia Nel                  | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 139  | 1:12.63 | L     | P    | Hannah Van Heerden          | 13 | AACTA CPT | 04/12/2025 Western Cape LC-A Championship 20    |
| 140  | 1:12.64 | L     | F    | Georgia Henning             | 13 | ACES ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 141  | 1:12.68 | L     | F    | Carlie van der Veen         | 13 | VRC TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 142  | 1:12.87 | L     | F    | Ella Adams                  | 13 | CASC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 143  | 1:12.96 | L     | F    | Elizabeth Vd Berg           | 13 | TUKS TSH  | 13/02/2026 NTS Level 1+2 February Age Group 2I  |
| 144  | 1:13.10 | L     | F    | Lara Greyling               | 13 | TNDER FDD | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 145  | 1:13.12 | L     | P    | Megan Palmer                | 13 | AFIN JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 146  | 1:13.18 | L S   | F    | Taylor Ten Napel            | 13 | BEAV ETH  | 09/07/2025 TYR Prestige Tournament 2025         |
| 147  | 1:13.21 | L     | P    | Kyleigh Shelton             | 13 | ESTR EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 148  | 1:13.24 | L     | F    | Sky Eyssen                  | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 149  | 1:13.35 | L     | P    | Jenna Leppan                | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 150  | 1:13.36 | L     | P    | Willow Makwakwa             | 13 | TUKS TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 151* | 1:13.44 | L     | P    | Trinity Baty                | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 151* | 1:13.44 | L     | F    | Hope Churchman              | 13 | SEAL UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 153  | 1:13.46 | L     | F    | Alexia Smith                | 13 | WATR JHB  | 14/02/2026 CGA Last Chance                      |
| 154* | 1:13.51 | L     | P    | Bonaventure Makore          | 13 | ASAC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 154* | 1:13.51 | L     | P    | Sienna Syrett               | 13 | QUES JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 156* | 1:13.53 | L     | P    | Mieke Smit                  | 13 | UNI EZD   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 156* | 1:13.53 | L     | P    | Qhayiya Sizani              | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 156* | 1:13.53 | L     | F    | Grizelda Janse van Rensburg | 13 | BLS KK    | 13/02/2026 NW School Championships 2026         |
| 159* | 1:13.55 | L     | F    | Jenna Nieuwoudt             | 13 | SWAR WCD  | 21/02/2026 Swartland Invitational Gala 2026     |
| 159* | 1:13.55 | L     | F    | Tatum Van Zijl              | 13 | OHAN ILD  | 15/11/2025 KZN Junior Championships 2025        |
| 161  | 1:13.60 | L S   | P    | Danica Marrier D'Unienville | 13 | KLOO ETH  | 18/12/2025 KZN Premier Provincial Championship  |
| 162  | 1:13.61 | L     | P    | Isabella Haldane            | 13 | FISH EDD  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 163  | 1:13.63 | L     | P    | Cayleigh Machill            | 13 | BARA EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 164* | 1:13.66 | L     | F    | Caitlin McDowell            | 13 | ESP EKU   | 31/01/2026 EGA Last Chance Gala 2026            |
| 164* | 1:13.66 | L     | F    | Jua Jonker                  | 13 | POTC KKD  | 06/12/2025 NWS Championships 2025               |
| 166  | 1:13.72 | L     | P    | Jessica Arenz               | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20    |
| 167  | 1:13.73 | L     | P    | Kaitlyn Haynes-Smart        | 13 | VINE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 168  | 1:13.75 | L     | P    | Leandi Liebenberg           | 13 | SS MPD    | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 169  | 1:13.79 | L     | P    | Lara Rosenstrauch           | 13 | HTSA CPT  | 04/12/2025 Western Cape LC-A Championship 20    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |           |  |
|------|---------|-------|------|-----------------------|----|-----------|--|
| 170* | 1:13.85 | L     | F    | Amahle Mdlalose       | 13 | CSC FSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 170* | 1:13.85 | L S   | F    | Cadence Smith         | 13 | SSISA CPT | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 172  | 1:13.99 | L     | P    | Mikayla Holmes        | 13 | CRSC JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 173* | 1:14.11 | L     | P    | Mijone Beyers         | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 173* | 1:14.11 | L     | P    | Rirhandzu Chauke      | 13 | DORE JHB  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 175  | 1:14.16 | L     | P    | Suhanna White         | 13 | AQUA BUF  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 176  | 1:14.20 | L     | P    | Mercy Theu            | 13 | MDOL JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 177  | 1:14.25 | L     | F    | Marizelle Vermaak     | 13 | HSH BP    | 13/02/2026 NW School Championships 2026          |
| 178  | 1:14.28 | L     | F    | Joslyn Zwaanenburg    | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025    |
| 179  | 1:14.32 | L     | P    | Amelia-Rose Schutzler | 13 | ECSA BUF  | 24/04/2026 SA Schools Swimming Championship      |
| 180  | 1:14.37 | L     | F    | Taylynn Boshoff       | 13 | USC BUF   | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 181  | 1:14.50 | L     | P    | Tayla Welgemoed       | 13 | AAS JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 182  | 1:14.51 | L     | F    | Ruby Van Dyk          | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025         |
| 183  | 1:14.60 | L     | F    | Xia Jacobs            | 13 | WSTV ETH  | 21/02/2026 KZN Schools Trials 2026               |
| 184  | 1:14.62 | L     | P    | Sophie Kretzmann      | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 185  | 1:14.67 | L     | P    | Selma Rumbold         | 13 | OLDE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 186  | 1:14.73 | L     | P    | Leane Nel             | 13 | EXP FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 187  | 1:14.82 | L     | P    | Dione Smit            | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 188  | 1:14.93 | L     | F    | Rorisang Monareng     | 13 | BLNE MAN  | 07/11/2025 Otters Prestige Gala 2025             |
| 189  | 1:14.96 | L     | P    | Lily Hoar             | 13 | KLOO ETH  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 190  | 1:15.04 | L     | P    | Kayleigh Brophy       | 13 | AAS JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 191  | 1:15.11 | L     | P    | Kiarah Beukes         | 13 | PAC FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 192  | 1:15.12 | L     | P    | Hlelo Mtwa            | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 193  | 1:15.17 | L     | F    | Emma Ristow           | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202     |
| 194  | 1:15.24 | L     | P    | Alessia Barthus       | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 195  | 1:15.34 | L     | P    | Clara Duvenage        | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 196* | 1:15.38 | L S   | F    | Zethembiso Mbambo     | 13 | SEAL UMD  | 09/07/2025 TYR Prestige Tournament 2025          |
| 196* | 1:15.38 | L     | P    | Neanè Van Zyl         | 13 | GREY CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 198  | 1:15.45 | L     | F    | Lara Van Veelen       | 13 | LSDWK MPD | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 199  | 1:15.56 | L     | F    | Abigail Langerman     | 13 | DORE JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 200  | 1:15.72 | L     | F    | Rebecca Osler         | 13 | VINE CPT  | 15/11/2025 5th A League Gala 2025                |
| 201  | 1:15.80 | L     | P    | Mikayla Coleman       | 13 | TCA EKU   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 202  | 1:15.83 | L     | F    | Abi Fourie            | 13 | VINE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 203  | 1:15.95 | L     | P    | Kayla-Anne Walker     | 13 | CYBE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 204  | 1:15.98 | L S   | F    | Juno Bouwer           | 13 | CASC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 205  | 1:16.21 | L     | P    | Alexianne Metzger     | 13 | SWIFT EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 206  | 1:16.30 | L     | P    | Esme Bowes            | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 207  | 1:16.34 | L     | F    | Liné Schoeman         | 13 | FISH EDD  | 30/01/2026 Infinity Gala 2026                    |
| 208  | 1:16.53 | L     | P    | Roxanne Coetzee       | 13 | HREF BP   | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 209  | 1:16.57 | L     | P    | Bailey Maralik        | 13 | SFSA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 210* | 1:16.60 | L     | F    | Micaela Fourie        | 13 | NSAD EZD  | 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER          |
| 210* | 1:16.60 | L     | F    | Mienke Pretorius      | 13 | KALA      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 212  | 1:16.62 | L     | F    | Annabel Van Reenen    | 13 | ACSA ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 213  | 1:16.68 | L     | F    | Catharina Coetzer     | 13 | QSSC CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 214  | 1:16.70 | L     | F    | Noluthando Nkosi      | 13 | NSAD EZD  | 13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF        |
| 215  | 1:16.73 | L     | F    | Lily Sykes            | 13 | TUKS FSH  | 13/02/2026 NTS Level 1+2 February Age Group 2f   |
| 216  | 1:16.74 | L     | F    | Summer Moonsamy       | 13 | BEAV ETH  | 31/01/2026 uShaka Champs 2026                    |
| 217  | 1:16.80 | L     | F    | Jaimey Shaw           | 13 | ESTR EKU  | 11/10/2025 EGA Summer 2                          |
| 218  | 1:16.85 | L     | F    | Ilé Ferreira          | 13 | TUKS FSH  | 14/11/2025 NTS Level 3+ November Age Group G     |
| 219  | 1:16.91 | L     | F    | Alyssa Coetzer        | 13 | AZON ETH  | 15/11/2025 KZN Junior Championships 2025         |
| 220  | 1:17.20 | L     | P    | Chloe Mkhabela        | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 221  | 1:17.26 | L     | F    | Leah Wentzel          | 13 | MARL CPT  | 28/06/2025 PEA Winter Gala 2025                  |
| 222  | 1:17.27 | L     | F    | Emihle Mnuu           | 13 | FRA KCD   | 01/11/2025 KCDA Age Group Gala 2 2025            |
| 223* | 1:17.33 | L S   | F    | Zaarah Meyer          | 13 | HTSA CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 223* | 1:17.33 | L     | P    | Abigail Grieve        | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 225  | 1:17.34 | L     | F    | Mupindiishe Msipa     | 13 | MDOL JHB  | 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 226  | 1:17.36 | L     | P    | Elah-Mae Budram       | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 227  | 1:17.39 | L     | P    | Elizabeth Willemse    | 13 | VHD ZLD   | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 228  | 1:17.42 | L     | F    | Amore Breytenbach     | 13 | ESA CED   | 13/02/2026 Winelands SL Fin - February 2026 - cc |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                    |    |           |   |
|------|---------|-------|------|---------------------------|----|-----------|---|
| 229  | 1:17.51 | L     | P    | Tamika Abbey              | 13 | PER JHB   | 27/11/2025 CGA Championships 2025               |
| 230  | 1:17.53 | L     | F    | Ava van der Mescht        | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 231  | 1:17.57 | L     | F    | Ziane Drenth              | 13 | AWIN TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 232  | 1:17.65 | L     | F    | Racquelle Saporta         | 13 | INFA NMA  | 28/06/2025 PEA Winter Gala 2025                 |
| 233  | 1:17.66 | L     | P    | Lerina Thomas             | 13 | SWAR WCD  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 234  | 1:17.67 | L     | F    | Destheonique Julius       | 13 | KALA      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 235  | 1:17.68 | L     | F    | Zanli Le Roux             | 13 | AGAQ OBD  | 22/11/2025 Swartland Prestige Gala 2025         |
| 236  | 1:17.71 | L     | F    | Dané De Kock              | 13 | LSM EZD   | 13/02/2026 NW School Championships 2026         |
| 237  | 1:17.75 | L     | F    | Emily Van t Slot          | 13 | ANAX CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 238  | 1:17.81 | L     | P    | Zizipho Ginindza          | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 239  | 1:17.84 | L     | P    | Holly Karels              | 13 | SWIFT EKU | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 240  | 1:17.86 | L     | F    | Hester Janse van Rensburg | 13 | BLS KK    | 13/02/2026 NW School Championships 2026         |
| 241  | 1:17.93 | L     | P    | Taeya Roper               | 13 | HPS TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 242  | 1:18.01 | L     | F    | Areli Muyaka              | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025               |
| 243  | 1:18.06 | L     | P    | Nuhaa Cozyn               | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20    |
| 244  | 1:18.10 | L     | P    | Tatum Samuels             | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 245  | 1:18.30 | L     | P    | Karla Wolmarans           | 13 | UPSK ZMD  | 26/03/2026 SA Level 3 Regional Age Group Cham   |
| 246  | 1:18.31 | L     | F    | Lea Kotzé                 | 13 | PGIM KKD  | 13/02/2026 NW School Championships 2026         |
| 247  | 1:18.34 | L     | F    | Machayda Titus            | 13 | MARL CPT  | 28/06/2025 PEA Winter Gala 2025                 |
| 248  | 1:18.38 | L     | P    | Emma Grobler              | 13 | HAAG UTD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 249* | 1:18.43 | L     | F    | Sloan Warner              | 13 | INFA NMA  | 30/08/2025 Madibaz Swim Meet 2025               |
| 249* | 1:18.43 | L     | P    | Luah Theron               | 13 | TUKS TSH  | 10/12/2025 NTS Championships 2025               |
| 251  | 1:18.50 | L     | F    | Zara Field                | 13 | CTO CPT   | 29/11/2025 CTA B CHAMPS 2025                    |
| 252  | 1:18.56 | L     | P    | Katelyn Naidoo            | 13 | MAKO EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 253  | 1:18.61 | L     | F    | Anye Brink                | 13 | ESA CED   | 22/11/2025 Swartland Prestige Gala 2025         |
| 254  | 1:18.66 | L     | F    | Kgalalelo Makoloi         | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 255  | 1:18.69 | L     | F    | Minei Harmse              | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 256  | 1:18.71 | L     | F    | Mila Barkhuysen           | 13 | GREY CPT  | 06/02/2026 WCA-B Champs - 2026                  |
| 257  | 1:18.92 | L     | F    | Zoe Ngema                 | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025   |
| 258  | 1:19.01 | L     | F    | Dominic De Jager          | 13 | USH KCD   | 01/11/2025 KCDA Age Group Gala 2 2025           |
| 259  | 1:19.12 | L     | F    | Gabriella Bengell         | 13 | BLNE MAN  | 07/11/2025 Otters Prestige Gala 2025            |
| 260  | 1:19.29 | L     | F    | Jessieka Faul             | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 261  | 1:19.33 | L     | P    | Scarlett Garassino        | 13 | SASE JHB  | 27/11/2025 CGA Championships 2025               |
| 262  | 1:19.38 | L     | P    | Liane Muller              | 13 | INFA NMA  | 30/01/2026 Infinity Gala 2026                   |
| 263  | 1:19.42 | L     | F    | Amogelang Mamabolo        | 13 | HARB BPD  | 28/02/2026 NWS Last Chance 2026                 |
| 264  | 1:19.44 | L     | F    | Le-May Van Zyl            | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 265  | 1:19.55 | L     | F    | Khalalelo Ratlhogo        | 13 | ESP EKU   | 11/10/2025 EGA Summer 2                         |
| 266  | 1:19.57 | L     | F    | Talia Grantham            | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 267  | 1:20.02 | L     | F    | Karli Van Greunen         | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 268  | 1:20.06 | L S   | F    | Vanessa Jurado            | 13 | VINE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 269  | 1:20.10 | L     | F    | Nina Koen                 | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26         |
| 270  | 1:20.17 | L     | F    | Larelle Du Toit           | 13 | LALE CED  | 22/11/2025 Swartland Prestige Gala 2025         |
| 271  | 1:20.26 | L     | F    | Larique Pretorius         | 13 | KTS       | 07/02/2026 NC SPRINTS 2026                      |
| 272  | 1:20.42 | L     | F    | Madeleine de Villiers     | 13 | EXP TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 273  | 1:20.44 | L     | F    | Morgan Martins            | 13 | TASC MPD  | 28/11/2025 Limpopo Champs 2025                  |
| 274  | 1:20.55 | L     | F    | Keyante Lynch             | 13 | SWIM1 JHB | 28/02/2026 CGA Challenge                        |
| 275  | 1:20.56 | L     | F    | Nabeeha Raja              | 13 | SHS KK    | 14/02/2026 BCSA School Trials 2026              |
| 276  | 1:20.59 | L     | F    | Holli Tait                | 13 | KLOO ETH  | 15/11/2025 KZN Junior Championships 2025        |
| 277  | 1:20.70 | L     | P    | Zoe Kruger                | 13 | LALE CED  | 04/12/2025 Western Cape LC-A Championship 20    |
| 278  | 1:20.92 | L     | F    | Zené Gouws                | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                  |
| 279  | 1:20.94 | L     | F    | Aaminah Spruit            | 13 | WEST CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 280  | 1:20.96 | L     | F    | Alexia Dippenaar          | 13 | BS LLD    | 31/10/2025 NTS Level 1+2 November Age Group ;   |
| 281  | 1:21.04 | L     | P    | Nkosazana Manana          | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 282  | 1:21.15 | L     | P    | Malin Swart               | 13 | USC BUF   | 30/01/2026 Infinity Gala 2026                   |
| 283  | 1:21.18 | L     | F    | Marni Snyman              | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 284  | 1:21.19 | L     | F    | Izabella Botha            | 13 | BLMA CPT  | 22/11/2025 Swartland Prestige Gala 2025         |
| 285  | 1:21.23 | L     | F    | Stephné Swanepoel         | 13 | INFA NMA  | 15/11/2025 5th A League Gala 2025               |
| 286  | 1:21.24 | L     | P    | Realeboga Kunene          | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 287  | 1:21.27 | L     | F    | Dwa Kaone Magagula        | 13 | ELEC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr               |    |           |            |                                      |
|------|---------|-------|------|----------------------|----|-----------|------------|--------------------------------------|
| 288  | 1:21.36 | L     | P    | Cara van Wyk         | 13 | BARR CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham   |
| 289  | 1:21.38 | L     | P    | Eleftheria Synodinos | 13 | CASC CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham   |
| 290  | 1:21.64 | L     | F    | Taliyah Eveleigh     | 13 | HREF BP   | 31/01/2026 | EGA Last Chance Gala 2026            |
| 291  | 1:21.66 | L     | F    | Milla Da Silva       | 13 | CA EKU    | 31/01/2026 | EGA Last Chance Gala 2026            |
| 292  | 1:21.80 | L     | F    | Livia Vancoillie     | 13 | QSSC CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 293  | 1:21.81 | L     | P    | Leah-Bella Budram    | 13 | PSCP UMD  | 31/03/2026 | SA Level 2 Regional Age Group Cham   |
| 294  | 1:22.14 | L     | P    | Jana Booysen         | 13 | CUHE OBD  | 06/03/2026 | SA Level 2 Regional Age Group Cham   |
| 295  | 1:22.26 | L     | F    | Cait Dawson          | 13 | XCEL CPT  | 21/02/2026 | Swartland Invitational Gala 2026     |
| 296  | 1:22.28 | L     | F    | Alexei Slabbert      | 13 | ASAC CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 297  | 1:22.50 | L     | F    | Rachel Konigkramer   | 13 | PSCP UMD  | 15/11/2025 | KZN Junior Championships 2025        |
| 298  | 1:22.79 | L     | F    | Alexis Visagie       | 13 | BEST NMA  | 12/12/2025 | NMBA Championships 2025              |
| 299  | 1:22.80 | L     | F    | Lethabo Nyandeni     | 13 | TUKS FSH  | 13/02/2026 | NTS Level 1+2 February Age Group 21  |
| 300  | 1:22.82 | L     | F    | Mackenzie Dekker     | 13 | KLOO ETH  | 03/10/2025 | Curro AquaElite Gala                 |
| 301  | 1:22.84 | L     | P    | Ava Arde             | 13 | CA EKU    | 04/12/2025 | EGA Summer Championships 2025        |
| 302  | 1:23.04 | L     | F    | Haylee Julius        | 13 | KHAY CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala |
| 303  | 1:23.19 | L     | F    | Tsakile Mahumane     | 13 | NSAD EZD  | 07/11/2025 | MP AGE GROUP 3 - 7-8 NOV 2025        |
| 304  | 1:23.23 | L     | F    | Wilmie Fourie        | 13 | UPSK ZMD  | 05/12/2025 | NCASA CHAMPS 2025 - copied - copi    |
| 305  | 1:23.31 | L     | P    | Emma Venter          | 13 | PSCP UMD  | 31/03/2026 | SA Level 2 Regional Age Group Cham   |
| 306  | 1:23.56 | L     | P    | Isabel Wessinger     | 13 | ELEC FSH  | 29/03/2026 | SA Level 2 Regional Age Group Cham   |
| 307  | 1:23.57 | L     | F    | Sydney Howes         | 13 | HSH BP    | 13/02/2026 | NW School Championships 2026         |
| 308  | 1:23.58 | L     | F    | Liney Retief         | 13 | ELRAS WBD | 28/11/2025 | Limpopo Champs 2025                  |
| 309* | 1:23.69 | L     | F    | Aliana Stipec        | 13 | WAC EDD   | 22/11/2025 | Eden LC Champs 2025                  |
| 309* | 1:23.69 | L     | P    | Livi Engelbrecht     | 13 | PAC FSH   | 26/03/2026 | SA Level 3 Regional Age Group Cham   |
| 311  | 1:23.70 | L     | P    | Kaitlyn Swart        | 13 | CPSC FSH  | 29/03/2026 | SA Level 2 Regional Age Group Cham   |
| 312  | 1:23.75 | L     | P    | Gemma Smith          | 13 | SWIM1 JHB | 29/03/2026 | SA Level 2 Regional Age Group Cham   |
| 313  | 1:23.85 | L     | F    | Entle Lehabe         | 13 | TRAZ FSH  | 05/12/2025 | 2025 The Tshwane Mayor's Gala        |
| 314  | 1:23.98 | L     | P    | Alexa Steenkamp      | 13 | CPSC FSH  | 29/03/2026 | SA Level 2 Regional Age Group Cham   |
| 315  | 1:24.06 | L     | F    | Elsa Massawe         | 13 | CA EKU    | 31/01/2026 | EGA Last Chance Gala 2026            |
| 316  | 1:24.12 | L     | F    | Lienke Van Wyk       | 13 | BULS MAN  | 24/10/2025 | Neptunes Gala                        |
| 317  | 1:24.23 | L     | F    | Amy Jacobs           | 13 | STSC KCD  | 31/01/2026 | uShaka Champs 2026                   |
| 318  | 1:24.36 | L     | F    | Anika Bester         | 13 | STGR XRD  | 05/12/2025 | NCASA CHAMPS 2025 - copied - copi    |
| 319  | 1:24.40 | L     | F    | Safurah Wadvalla     | 13 | DORE JHB  | 08/11/2025 | CGA Summer 3 - Level 2+ - 2025       |
| 320  | 1:24.41 | L     | F    | Caroline Angius      | 13 | STAR BPD  | 06/12/2025 | NWS Championships 2025               |
| 321  | 1:24.46 | L     | F    | Imke Swanepoel       | 13 | FISH EDD  | 08/11/2025 | EDEN 3rd A-League Gala 2025          |
| 322  | 1:24.49 | L     | F    | Emlynn Hugo          | 13 | SWIFT EKU | 11/10/2025 | EGA Summer 2                         |
| 323  | 1:24.55 | L     | P    | Shyla Lutchman       | 13 | VINE CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham   |
| 324  | 1:24.71 | L     | F    | Mienke Grobler       | 13 | BULS MAN  | 20/09/2025 | Welkom Seals Gala                    |
| 325  | 1:25.04 | L     | P    | Zahraa Essack        | 13 | ATLA JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham   |
| 326  | 1:25.06 | L     | F    | Lize-Mari Vorster    | 13 | WELL CED  | 06/02/2026 | WCA-B Champs - 2026                  |
| 327  | 1:25.16 | L     | P    | Mia Benade           | 13 | UPSK ZMD  | 30/03/2026 | SA Level 2 Regional Age Group Cham   |
| 328  | 1:25.25 | L     | F    | Lisasa Faltein       | 13 | PEAS NMA  | 30/08/2025 | Madibaz Swim Meet 2025               |
| 329  | 1:25.28 | L     | F    | Izeldi Van Niekerk   | 13 | DOLFI MPD | 28/11/2025 | Limpopo Champs 2025                  |
| 330  | 1:25.45 | L     | F    | Amogelang Kutu       | 13 | SS MPD    | 25/10/2025 | Limpopo Age Group 5 of 2025/26       |
| 331* | 1:25.48 | L     | P    | Dikgang Mokgele      | 13 | MAKO EKU  | 04/12/2025 | EGA Summer Championships 2025        |
| 331* | 1:25.48 | L     | F    | Elihle Ntaka         | 13 | UMSH ETH  | 30/03/2026 | KZNA Level 1 Championships           |
| 333  | 1:25.53 | L     | F    | Delinda Faber        | 13 | AFIN JHB  | 08/11/2025 | CGA Summer 3 - Level 2+ - 2025       |
| 334  | 1:25.57 | L     | F    | Kyla De Beer         | 13 | SS MPD    | 28/11/2025 | Limpopo Champs 2025                  |
| 335  | 1:25.58 | L     | P    | Caelyn Kempgen       | 13 | CRSC JHB  | 27/11/2025 | CGA Championships 2025               |
| 336  | 1:26.17 | L     | F    | Madison Thiardt      | 13 | EVO CPT   | 21/02/2026 | Swartland Invitational Gala 2026     |
| 337  | 1:26.29 | L     | F    | Sarah-Leigh Phillips | 13 | TASC MPD  | 28/11/2025 | Limpopo Champs 2025                  |
| 338* | 1:26.60 | L     | F    | Tshiamo Mlangeni     | 13 | UNI EZD   | 30/01/2026 | AG 5 MP SA SCHOOLS TRIALS 30 J/      |
| 338* | 1:26.60 | L     | F    | Michaela Hirst       | 13 | MCSH BPD  | 13/02/2026 | NW School Championships 2026         |
| 340  | 1:26.65 | L     | F    | Leah Mohamed         | 13 | PSCP UMD  | 15/11/2025 | KZN Junior Championships 2025        |
| 341  | 1:26.69 | L     | P    | Maliyah Strydom      | 13 | USC BUF   | 06/03/2026 | SA Level 2 Regional Age Group Cham   |
| 342  | 1:26.73 | L     | F    | Mia Witbooi          | 13 | RETR CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 343  | 1:26.89 | L     | F    | Aimee Taylor         | 13 | MAKO EKU  | 11/10/2025 | EGA Summer 2                         |
| 344  | 1:26.94 | L     | F    | Emily Louw           | 13 | UWCA CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 345  | 1:27.00 | L     | F    | Emily Botha          | 13 | ASAC CPT  | 06/02/2026 | WCA-B Champs - 2026                  |
| 346  | 1:27.06 | L     | F    | Skyler Engelbrecht   | 13 | CAMPB BUF | 14/02/2026 | BCSA School Trials 2026              |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                  |    |           |   |
|------|---------|-------|------|-------------------------|----|-----------|---|
| 347  | 1:27.38 | L     | F    | Charlie de Beer         | 13 | DRGN JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 348  | 1:27.47 | L     | F    | Fredri Uys              | 13 | DDA FSH   | 13/02/2026 NTS Level 1+2 February Age Group 21  |
| 349  | 1:27.49 | L     | F    | Elizabeth Gouws         | 13 | KNYA EDD  | 04/10/2025 EDEN 1st A-League Gala 2025          |
| 350  | 1:27.56 | L     | F    | Hailey Jooste - Coetsee | 13 | FLOD JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 351* | 1:27.63 | L     | F    | Luniko Manise           | 13 | WALM CPT  | 06/02/2026 WCA-B Champs - 2026                  |
| 351* | 1:27.63 | L     | F    | Sofia O'Leary           | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 353  | 1:27.74 | L     | P    | Amy Erasmus             | 13 | EGA MAN   | 03/12/2025 Free State Champs 2025               |
| 354  | 1:27.93 | L     | P    | Teresa Smith            | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 355  | 1:28.03 | L     | F    | Ella Venter             | 13 | ROA EDD   | 04/10/2025 EDEN 1st A-League Gala 2025          |
| 356  | 1:28.38 | L     | P    | Retshepile Phalafala    | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 357  | 1:29.43 | L     | F    | Genevieve Venter        | 13 | WSS LLD   | 28/02/2026 FSA LEVEL 1 2026                     |
| 358  | 1:29.82 | L     | F    | Riley Van Niekerk       | 13 | ESTR EKU  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 359  | 1:30.11 | L     | F    | Mpilenhle Dladla        | 13 | CSA EZD   | 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER         |
| 360  | 1:30.17 | L     | F    | Mia Du Toit             | 13 | QSSC CPT  | 22/11/2025 Swartland Prestige Gala 2025         |
| 361  | 1:30.56 | L     | F    | Thatohatsi Masomba      | 13 | THOK EKU  | 21/02/2026 EGA Lets Sprint Gala 2026            |
| 362  | 1:30.90 | L     | F    | Hayley Strydom          | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 363  | 1:30.93 | L     | F    | Tionie Groenewald       | 13 | CLA WCD   | 22/11/2025 Swartland Prestige Gala 2025         |
| 364  | 1:31.48 | L     | F    | Carla Smith             | 13 | SEAL UMD  | 30/03/2026 KZNA Level 1 Championships           |
| 365  | 1:31.53 | L     | F    | Mackenzie Baker         | 13 | HPS FSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 366  | 1:31.60 | L     | F    | Rone Putter             | 13 | ACAQ CCD  | 25/10/2025 Limpopo Age Group 5 of 2025/26       |
| 367  | 1:31.74 | L     | F    | Anathi Qamba            | 13 | FAC EKU   | 20/09/2025 EGA Summer 1 2025                    |
| 368  | 1:32.10 | L     | F    | Tiana Kalan             | 13 | WATR JHB  | 14/02/2026 CGA Last Chance                      |
| 369  | 1:32.39 | L     | F    | Nyandano Madaba         | 13 | FAC EKU   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 370  | 1:32.41 | L     | F    | Annemi Loots            | 13 | SWAR WCD  | 21/02/2026 Swartland Invitational Gala 2026     |
| 371  | 1:32.62 | L     | F    | Emily Sayers            | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 372  | 1:32.77 | L     | F    | Vibha Fakir             | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 2026   |
| 373  | 1:32.88 | L     | F    | Morghhan Posthumus      | 13 | WBAC CCD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 374  | 1:32.92 | L     | F    | Megan Sykes             | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 375  | 1:32.93 | L     | F    | Lia Schoeman            | 13 | RFA FSH   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 376  | 1:32.99 | L     | F    | Chloé Harding           | 13 | SOUL EKU  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 377  | 1:33.27 | L     | F    | Rebecca Lawlor          | 13 | SHS KK    | 14/02/2026 BCSA School Trials 2026              |
| 378  | 1:33.28 | L     | F    | Siphesihle Mncube       | 13 | PAC FSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 379  | 1:33.34 | L     | F    | Lily Goldswain          | 13 | CASC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 380  | 1:33.56 | L     | P    | Milan Booysen           | 13 | BLOT MAN  | 03/12/2025 Free State Champs 2025               |
| 381  | 1:33.63 | L     | F    | Taylor Kotzee           | 13 | GAA CPT   | 09/10/2025 44th Freda Barnard Invitational Gala |
| 382  | 1:33.71 | L     | P    | Mila Schutte            | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 383  | 1:34.18 | L     | F    | Ziyada Tekle            | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 2026   |
| 384  | 1:34.40 | L     | F    | Zahara Bhamjee          | 13 | ATLA JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 385  | 1:34.67 | L     | P    | Relebohile Maduna       | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025               |
| 386  | 1:34.80 | L     | F    | Lungile Ndaba           | OR | VASA EKU  | 11/10/2025 EGA Summer 2                         |
| 387  | 1:35.34 | L     | F    | Dhakiya Peters          | 13 | WALM CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 388  | 1:35.41 | L     | F    | Ikageng Moloko          | 13 | TUKS FSH  | 13/02/2026 NTS Level 1+2 February Age Group 21  |
| 389  | 1:35.64 | L     | F    | Stacy McGurk            | 13 | TYGE CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 390  | 1:35.81 | L     | P    | Mikayla Botes           | 13 | WAC EDD   | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 391  | 1:36.33 | L     | F    | Kate Scott              | 13 | UHS NMA   | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 392  | 1:36.72 | L     | F    | Mieke Stoltz            | 13 | WRP EZD   | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2        |
| 393  | 1:36.76 | L     | F    | Rifumo Mnisi            | 13 | CA EKU    | 31/01/2026 EGA Last Chance Gala 2026            |
| 394  | 1:37.15 | L     | F    | Stella Rainier          | 13 | HDAQ MPD  | 27/09/2025 Limpopo Age Group 4 of 2025/26       |
| 395  | 1:37.27 | L     | F    | Almaaz Plaatjies        | 13 | WEST CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 396  | 1:37.67 | L     | F    | Milena-Marie Jacobs     | 13 | HSB BP    | 13/02/2026 NW School Championships 2026         |
| 397  | 1:38.01 | L     | F    | Muazza Dawood           | 13 | ATLA JHB  | 14/02/2026 CGA Last Chance                      |
| 398  | 1:38.18 | L     | F    | Penelope Mullineux      | 13 | AASC EZD  | 07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025        |
| 399  | 1:38.55 | L     | F    | Amanda Beard            | 13 | FLOD JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 400  | 1:38.62 | L     | F    | Alme' Bornman           | 13 | PELIC MAN | 26/09/2025 Pelicans Gala..                      |
| 401  | 1:38.81 | L     | F    | Mischa Wagenaar         | 13 | MARL CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 402  | 1:38.88 | L     | F    | Nika Smit               | 13 | BS LLD    | 10/10/2025 Super Seals Annual Gala              |
| 403  | 1:39.72 | L     | F    | Khumo Goeieman          | 13 | KALA      | 14/02/2026 KALAHARI CLASSIC 2026                |
| 404  | 1:39.77 | L     | F    | Nina Engelbrecht        | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 405  | 1:40.04 | L     | F    | Katia Cerone            | 13 | HAAG UTD  | 21/02/2026 Uthukela District Gala 5             |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                             | Time    | P/F/S | Name | Age/Yr                    |    |           |   |
|-----------------------------|---------|-------|------|---------------------------|----|-----------|---|
| 406                         | 1:40.53 | L     | P    | Nokubonga Buda            | 13 | ESP EKU   | 04/12/2025 EGA Summer Championships 2025          |
| 407                         | 1:40.54 | L     | F    | Larike Van Heerden        | 13 | SWIMS EKU | 28/02/2026 AG Level 1 Regional Competition 2026   |
| 408                         | 1:40.81 | L     | F    | Buhle Sibisi              | 13 | USC BUF   | 12/12/2025 NMBA Championships 2025                |
| 409                         | 1:43.01 | L     | F    | Leanolaona Molosi         | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi      |
| 410                         | 1:43.81 | L     | P    | Reatile Moshoke           | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                 |
| 411                         | 1:44.28 | L     | F    | Tanique Loots             | 13 | WAGH BP   | 13/02/2026 NW School Championships 2026           |
| 412                         | 1:46.04 | L     | F    | Emily Muller              | 13 | FER KKD   | 13/02/2026 NW School Championships 2026           |
| 413                         | 1:47.35 | L     | F    | Vhulenda Mathivha         | 13 | HSB BP    | 13/02/2026 NW School Championships 2026           |
| 414                         | 1:47.81 | L     | F    | Mokgabo Monnana           | 13 | LEBII BP  | 13/02/2026 NW School Championships 2026           |
| 415                         | 1:48.77 | L     | F    | Elethu Maqabangqa         | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala   |
| 416                         | 1:49.29 | L     | F    | Masego Motsalane          | 13 | AAS JHB   | 28/02/2026 AG Level 1 Regional Competition 2026   |
| 417                         | 1:49.80 | L     | F    | Khanyisa Mqeke            | 13 | WELA LLD  | 28/02/2026 FSA LEVEL 1 2026                       |
| 418                         | 1:50.15 | L     | P    | Nadia Booysen             | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025          |
| 419                         | 1:52.73 | L     | F    | Abenathi Mzimela          | 13 | USH KCD   | 01/11/2025 KCDA Age Group Gala 2 2025             |
| 420                         | 2:00.49 | L     | F    | Okuhle Zungu              | 13 | USH KCD   | 22/11/2025 KCDA Age Group 3 2025                  |
| 421                         | 2:00.96 | L     | F    | Phiwokuhle Sibisi         | 13 | USH KCD   | 31/01/2026 uShaka Champs 2026                     |
| 422                         | 2:04.48 | L     | F    | Gizelle Tyers             | 13 | KSSS JTD  | 21/11/2025 AGE GROUP 2 & 3 KATHU - copied -       |
| 423                         | 2:22.59 | L     | F    | Fezeka Mpunga             | 13 | STA NGD   | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2          |
| <b>Women 13-14 200 Free</b> |         |       |      |                           |    |           |   |
| 1                           | 2:12.96 | L     | F    | Victoria Meyburgh         | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 2                           | 2:13.59 | L     | F    | Morgan Butterworth        | 13 | AQX       | 06/02/2026 Dubai Open Swimming Championship       |
| 3                           | 2:13.66 | L     | F    | Shalea Hamilton           | 13 | BEST NMA  | 12/12/2025 NMBA Championships 2025                |
| 4                           | 2:14.10 | L     | F    | Shiloh Cruywagen          | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship    |
| 5                           | 2:16.67 | L     | P    | Aqeelah Williams          | 13 | UWCA CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 6                           | 2:16.90 | L     | P    | Mackenzie Raffle          | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 7                           | 2:17.35 | L     | P    | Mikaela Lotz              | 13 | PAC TSH   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 8                           | 2:18.21 | L     | P    | Ava Bosch                 | 13 | DRGN EKU  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 9                           | 2:19.13 | L     | F    | Evie du Plessis           | 13 | BLOT MAN  | 23/08/2025 KOVSIE GALA                            |
| 10                          | 2:20.37 | L     | P    | Wilhelmina Erasmus        | 13 | ELRAS WBD | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 11                          | 2:21.73 | L     | P    | Chenique Kooi             | 13 | TUKS TSH  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 12                          | 2:21.82 | L     | P    | Riley Haupt               | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 13                          | 2:22.08 | L     | P    | Laila Christie            | 13 | USC BUF   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 14                          | 2:22.15 | L     | P    | Jasmine Woodburn          | 13 | MDOL JHB  | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 15                          | 2:22.31 | L     | P    | Noa Sebastiao             | 13 | TUKS TSH  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 16                          | 2:22.55 | L     | P    | Ayvah Jacob               | BR | VASA EKU  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 17                          | 2:22.77 | L     | F    | Amber Spence              | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship       |
| 18                          | 2:22.84 | L     | F    | Emma Van Deventer         | 13 | WSTV ETH  | 18/12/2025 KZN Premier Provincial Championship    |
| 19                          | 2:23.23 | L     | P    | Anja Boshoff              | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 20                          | 2:23.30 | L     | P    | Mienke Kok                | 13 | ECSA BUF  | 24/04/2026 SA Schools Swimming Championship       |
| 21                          | 2:23.36 | L     | P    | Oyama Baqwa               | 13 | SGUL ETH  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 22                          | 2:24.44 | L     | P    | Ruvarashe Chibharo        | 13 | CASC CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 23                          | 2:24.48 | L     | P    | Charlotte Hofinger        | 13 | ASAC CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 24                          | 2:24.52 | L     | P    | Juliette Hosatte          | 13 | INFA NMA  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 25                          | 2:24.65 | L     | P    | Laila van Antwerpen       | 13 | PAC TSH   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 26                          | 2:24.70 | L     | P    | Katherine Harrop-Allin    | 13 | CSC TSH   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 27                          | 2:25.01 | L     | P    | Zara Lockitch             | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 28                          | 2:25.52 | L     | F    | Emma De Smidt             | 13 | AQDO CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 29                          | 2:25.56 | L     | F    | Jessica Jansen van Vuuren | 13 | SEAL UMD  | 09/07/2025 TYR Prestige Tournament 2025           |
| 30                          | 2:25.57 | L     | P    | Brooklyn Terwin           | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 31                          | 2:25.64 | L     | F    | Emily Koegelenberg        | 13 | XCEL CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 32*                         | 2:26.01 | L     | F    | Jamie Els                 | 13 | AQDO CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 32*                         | 2:26.01 | L     | F    | Kate Cheshire             | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 34                          | 2:26.11 | L     | F    | Olivia Meyburgh           | 13 | CA EKU    | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 35*                         | 2:26.19 | L     | F    | Sophia Gullan             | 13 | VINE CPT  | 14/02/2026 CTA Elite Gala (L3+)                   |
| 35*                         | 2:26.19 | L     | P    | Kirsten Cupido            | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 37                          | 2:26.46 | L S   | F    | Jade Chilisa              | 13 | TUKS TSH  | 10/12/2025 20th Botswana Swimming Nationals 20    |
| 38                          | 2:26.50 | L     | F    | Sisanda Palframan         | 13 | SEAL UMD  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 39                          | 2:26.56 | L     | F    | Liane Van Zyl             | 13 | UPSK ZMD  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 40                          | 2:26.75 | L     | F    | Johané Burger             | 13 | ROA EDD   | 22/11/2025 Eden LC Champs 2025                    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                      |    |           |  |
|-----|---------|-------|------|-----------------------------|----|-----------|--|
| 41  | 2:26.79 | L     | F    | Charné De Bruin             | 13 | TUKS FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 42  | 2:26.99 | L     | F    | Gia Heldsinger              | 13 | SSISA CPT | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 43  | 2:27.67 | L     | F    | Ryleigh Moir                | 13 | AADUB ETH | 21/02/2026 KZN Schools Trials 2026               |
| 44  | 2:27.80 | L     | F    | Mikayla Wilensky            | 13 | ASAC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 45  | 2:28.41 | L     | F    | Mignon Swart                | 13 | UNI EZD   | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/       |
| 46  | 2:28.43 | L     | P    | Barcelona Xaba              | 13 | SASE JHB  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 47  | 2:28.73 | L     | P    | Amelie Billson              | 13 | LALE CED  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 48  | 2:28.74 | L     | P    | Ava Grebe                   | 13 | CUHE QBD  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 49  | 2:28.85 | L     | F    | Milani Butau                | 13 | BEST NMA  | 30/01/2026 Infinity Gala 2026                    |
| 50  | 2:29.30 | L     | P    | Kayla Kleynhans             | 13 | ROA EDD   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 51  | 2:29.32 | L     | F    | Samantha Wilson             | 13 | INFA NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 52  | 2:29.39 | L     | P    | Mikayla Jordaan             | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 53  | 2:29.65 | L     | F    | Nina Pieterse               | 13 | PEAS NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 54  | 2:31.16 | L     | F    | Nokutenda Tembo             | 13 | KNYA EDD  | 22/11/2025 Eden LC Champs 2025                   |
| 55  | 2:31.19 | L     | F    | Kara De Wit                 | 13 | RFA FSH   | 10/12/2025 NTS Championships 2025                |
| 56  | 2:31.43 | L     | F    | Danica Marrier D'Unienville | 13 | KLOO ETH  | 21/02/2026 KZN Schools Trials 2026               |
| 57  | 2:31.49 | L     | P    | Georgia Sabbagha            | 13 | PAQU CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 58  | 2:31.86 | L     | F    | Sarah Schofield             | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 59  | 2:32.15 | L     | F    | Carinke Wessels             | 13 | BLOT MAN  | 03/12/2025 Free State Champs 2025                |
| 60  | 2:32.32 | L     | F    | Elizabeth Roth              | 13 | PEAS NMA  | 12/12/2025 NMBA Championships 2025               |
| 61  | 2:32.36 | L     | F    | Olivia Nel                  | 13 | CLA WCD   | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 62  | 2:32.38 | L     | F    | Olwemvelo Ngema             | 13 | FRA KCD   | 21/02/2026 KZN Schools Trials 2026               |
| 63  | 2:32.53 | L     | F    | Jovanah McGluwa             | 13 | CASC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 64  | 2:32.56 | L     | F    | Alexis Visser               | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2026    |
| 65  | 2:32.96 | L     | P    | Grace Julies                | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 66  | 2:33.03 | L     | F    | Shelby Schoeman             | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2026    |
| 67  | 2:33.08 | L     | F    | Caitlin Barnes              | 13 | SAAW CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 68  | 2:33.63 | L     | P    | Taylor Ten Napel            | 13 | BEAV ETH  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 69  | 2:33.86 | L     | P    | Unathi Vuyeqaba             | 13 | TUKS FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 70  | 2:34.01 | L     | F    | Mattae Morel                | 13 | CA EKU    | 22/11/2025 EGA Summer 3 & 4                      |
| 71  | 2:34.04 | L     | P    | Isabella Vreenegoor         | 13 | CRSC JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 72  | 2:34.14 | L     | F    | Inge Du Plessis             | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                   |
| 73  | 2:34.20 | L     | P    | Zarah Matthee               | 13 | UWCA CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 74  | 2:34.24 | L     | P    | Sarah-Kate Odendaal         | 13 | QSSC CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 75  | 2:34.28 | L     | F    | Lia van Heerden             | 13 | BS LLD    | 03/12/2025 Free State Champs 2025                |
| 76* | 2:34.43 | L     | F    | Rebecca Joubert             | 13 | INFA NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 76* | 2:34.43 | L     | F    | Kathryn Nolan               | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 78  | 2:34.51 | L S   | F    | Uma Pearson-Adams           | 13 | SAAW CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 79  | 2:34.65 | L     | P    | Gia Newkirk                 | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 80  | 2:34.75 | L     | F    | Alexis De Witt              | 13 | TUKS FSH  | 17/10/2025 NTS Level 3+ October Age Group Gala   |
| 81  | 2:34.85 | L S   | F    | Luisa Kimani                | 13 | CYBE CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 82  | 2:35.09 | L     | F    | Imme Wolfaardt              | 13 | LALE CED  | 21/02/2026 Swartland Invitational Gala 2026      |
| 83  | 2:35.30 | L     | F    | Jemma Lloyd                 | 13 | VINE CPT  | 14/02/2026 CTA Elite Gala (L3+)                  |
| 84  | 2:35.31 | L     | P    | Sienna Barenblatt           | 13 | STAQ CED  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 85  | 2:35.34 | L     | P    | Ella Voysey                 | 13 | ASAC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 86  | 2:36.09 | L     | F    | Jadine Grobler              | 13 | LSKP WBD  | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 87  | 2:36.70 | L     | F    | Ella Kalp                   | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 88  | 2:36.84 | L     | F    | Senzelwe Mwandla            | 13 | USHPM UMD | 21/02/2026 KZN Schools Trials 2026               |
| 89  | 2:36.97 | L     | F    | Xia Jacobs                  | 13 | WSTV ETH  | 21/02/2026 KZN Schools Trials 2026               |
| 90  | 2:37.25 | L     | F    | Ineke Van Maarleveld        | 13 | ACAQ CCD  | 28/11/2025 Limpopo Champs 2025                   |
| 91  | 2:37.46 | L     | F    | Oyama Tuta                  | 13 | PELIC MAN | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 92  | 2:37.59 | L     | F    | Sophia Hutchison            | 13 | GHSK      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 93  | 2:37.86 | L     | F    | Abby Mostert                | 13 | AWIN FSH  | 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 94  | 2:37.91 | L     | P    | Rebecca Osler               | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 95  | 2:38.07 | L     | F    | Liané Stoltz                | 13 | UNIU EZD  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 96  | 2:38.12 | L     | F    | Christie Snyders            | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                |
| 97  | 2:38.15 | L     | P    | Olivia Kruger               | 13 | PLAY CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 98  | 2:38.50 | L     | P    | Leah Du Plessis             | 13 | PEAS NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 99  | 2:38.73 | L     | F    | Ella Adams                  | 13 | CASC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|------|---------|-------|------|------------------------|----|-----------|--|
| 100  | 2:38.80 | L S   | F    | Saffiya Emjedi         | 13 | SAAW CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 101  | 2:38.98 | L     | F    | Alex Theron            | 13 | CASC CPT  | 14/02/2026 CTA Elite Gala (L3+)                  |
| 102  | 2:39.08 | L     | P    | Emily Hengst           | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 103  | 2:39.22 | L     | F    | Phillipa Williams      | 13 | SOUL ECU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 104* | 2:39.37 | L     | P    | Mia Van de Vyver       | 13 | ESA CED   | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 104* | 2:39.37 | L     | P    | Hlumisa Mfabe          | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 106  | 2:39.71 | L     | P    | Jada Hendricks         | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 107  | 2:39.76 | L     | P    | Marizelle Vermaak      | 13 | HREF BPD  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 108  | 2:39.96 | L     | F    | Annabel Meyer          | 13 | BULS MAN  | 07/11/2025 Otters Prestige Gala 2025             |
| 109  | 2:40.02 | L     | P    | Caitlin McDowell       | 13 | ESP ECU   | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 110  | 2:40.04 | L     | P    | Zara Jantjies          | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 111  | 2:40.28 | L     | P    | Madison Harris         | 13 | SOUL ECU  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 112  | 2:40.33 | L     | P    | Isabella Haldane       | 13 | FISH EDD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 113  | 2:40.45 | L     | P    | Cadence Smith          | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20     |
| 114  | 2:40.48 | L     | F    | Nicoline Du Preez      | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025                |
| 115  | 2:40.64 | L     | P    | Lumka Zamisa           | 13 | HREF BPD  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 116  | 2:40.97 | L     | F    | Danika Steyn           | 13 | KSC EZD   | 05/12/2025 Mpumalanga Championships 2025         |
| 117  | 2:41.14 | L     | F    | Jenna Leppan           | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 118  | 2:41.18 | L     | P    | Kara Pretorius         | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20     |
| 119  | 2:41.19 | L     | P    | Chloe Rautenbach       | 13 | UNI U EZD | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 120  | 2:41.22 | L     | F    | Carlie van der Veen    | 13 | VRC TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 121  | 2:41.35 | L S   | P    | Abigail Paice          | 13 | SOUL ECU  | 04/12/2025 EGA Summer Championships 2025         |
| 122  | 2:41.62 | L     | P    | Bonaventure Makore     | 13 | ASAC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 123  | 2:41.76 | L     | F    | Sophie Kretzmann       | 13 | USC BUF   | 28/02/2026 Eastern Cape School Provincial Trials |
| 124  | 2:42.29 | L     | P    | Kenna Lilley           | 13 | TYGE CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 125  | 2:42.33 | L     | F    | Lara Greyling          | 13 | TNDER FDD | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 126  | 2:42.46 | L     | P    | Jenna Nieuwoudt        | 13 | SWAR WCD  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 127  | 2:42.50 | L     | F    | Kayla-Anne Walker      | 13 | CYBE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 128  | 2:42.57 | L     | F    | Alessia Barthus        | 13 | MANT CPT  | 20/09/2025 CTA INVITATIONAL LC MEET              |
| 129  | 2:42.58 | L     | P    | Dione Smit             | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 130* | 2:42.67 | L     | F    | Annabella Venter       | 13 | VRC TSH   | 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 130* | 2:42.67 | L     | F    | Mia Vorster            | 13 | WELA LLD  | 14/11/2025 Valsrivier Gala                       |
| 132  | 2:42.68 | L     | F    | Rebecca Osler          | 13 | VINE CPT  | 15/11/2025 5th A League Gala 2025                |
| 133  | 2:42.75 | L     | F    | Paige Schutze-Langston | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 134  | 2:42.80 | L     | F    | Cayleigh Machill       | 13 | BARA ECU  | 22/11/2025 EGA Summer 3 & 4                      |
| 135* | 2:42.91 | L     | P    | Lara Van Veelen        | 13 | TASC MPD  | 21/03/2026 Sa National JNR Age Group Champs-7    |
| 135* | 2:42.91 | L     | F    | Madison Wissekerke     | 13 | FRA KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 137  | 2:42.92 | L     | P    | Riley Sanders          | 13 | HPS TSH   | 10/12/2025 NTS Championships 2025                |
| 138  | 2:43.45 | L     | F    | Mieke Smit             | 13 | UNI EZD   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 139  | 2:43.61 | L     | F    | Marang Ndlovu          | 13 | MDOL JHB  | 24/11/2025 2025 Basa Senior Championships        |
| 140* | 2:43.72 | L     | F    | Kiarah Beukes          | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 140* | 2:43.72 | L     | F    | Jessica Arenz          | 13 | SSISA CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 142  | 2:43.95 | L     | F    | Mijone Beyers          | 13 | CA ECU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 143  | 2:44.26 | L     | F    | Kaitlyn Haynes-Smart   | 13 | VINE CPT  | 12/12/2025 NMBA Championships 2025               |
| 144  | 2:44.30 | L     | F    | Taylor-Rose Botes      | 13 | CA ECU    | 31/01/2026 EGA Last Chance Gala 2026             |
| 145  | 2:44.39 | L     | F    | Margaret-Anne Pienaar  | 13 | DDA TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 146  | 2:44.90 | L     | P    | Liné Schoeman          | 13 | FISH EDD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 147  | 2:44.91 | L     | F    | Tayla Scheepers        | 13 | RFA TSH   | 17/10/2025 NTS Level 3+ October Age Group Gal    |
| 148  | 2:45.21 | L     | F    | Qhayiya Sizani         | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 149* | 2:45.52 | L     | F    | Alexia Smith           | 13 | WATR JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 149* | 2:45.52 | L     | P    | Lily Hoar              | 13 | KLOO ETH  | 18/12/2025 KZN Premier Provincial Championship   |
| 151  | 2:45.58 | L     | F    | Clara Duvenage         | 13 | CA ECU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 152  | 2:45.61 | L     | P    | Kyleigh Shelton        | 13 | ESTR ECU  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 153  | 2:45.64 | L     | F    | Lauren Kleinhans       | 13 | AA JHB    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 154  | 2:45.87 | L     | F    | Amelia-Rose Schutzler  | 13 | USC BUF   | 12/12/2025 NMBA Championships 2025               |
| 155  | 2:46.02 | L     | F    | Ava van der Mescht     | 13 | PEAS NMA  | 15/11/2025 5th A League Gala 2025                |
| 156  | 2:46.27 | L     | F    | Kayleigh Brophy        | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025                |
| 157  | 2:46.48 | L     | F    | Mikayla Coleman        | 13 | TCA ECU   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 158  | 2:46.56 | L     | P    | Tatum Van Zijl         | 13 | OHAN ILD  | 18/12/2025 KZN Premier Provincial Championship   |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                      |    |       |     |  |
|------|---------|-------|------|-----------------------------|----|-------|-----|--|
| 159  | 2:47.09 | L     | F    | Summer Moonsamy             | 13 | BEAV  | ETH | 31/01/2026 uShaka Champs 2026                    |
| 160* | 2:47.15 | L     | F    | Alexianne Metzger           | 13 | SWIFT | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 160* | 2:47.15 | L     | F    | Tumisho Mojapelo            | 13 | PAC   | FSH | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 162  | 2:47.28 | L     | F    | Ruby Van Dyk                | 13 | PSCP  | UMD | 15/11/2025 KZN Junior Championships 2025         |
| 163  | 2:47.72 | L     | F    | Leane Nel                   | 13 | EXP   | FSH | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 164  | 2:47.76 | L     | F    | Jazmin Anthony              | 13 | PAQU  | CED | 24/01/2026 Drakenstein Invitational - copied     |
| 165  | 2:47.77 | L     | F    | Trinity Baty                | 13 | CA    | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 166  | 2:47.84 | L     | P    | Lara Rosenstrauch           | 13 | HTSA  | CPT | 04/12/2025 Western Cape LC-A Championship 20     |
| 167  | 2:47.85 | L     | F    | Leah Wentzel                | 13 | MARL  | CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 168  | 2:47.87 | L     | F    | Roxanne Coetzee             | 13 | GHS   | BPD | 13/02/2026 NW School Championships 2026          |
| 169  | 2:48.15 | L     | F    | Elizabeth Vd Berg           | 13 | TUKS  | FSH | 31/10/2025 NTS Level 1+2 November Age Group ;    |
| 170  | 2:48.75 | L S   | F    | Machayda Titus              | 13 | MARL  | CPT | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 171* | 2:48.93 | L     | F    | Dominic De Jager            | 13 | USH   | KCD | 22/11/2025 KCDA Age Group 3 2025                 |
| 171* | 2:48.93 | L     | F    | Tatum Samuels               | 13 | XCEL  | CPT | 21/02/2026 Swartland Invitational Gala 2026      |
| 173  | 2:49.08 | L     | F    | Annabel Van Reenen          | 13 | ACSA  | ETH | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 174  | 2:49.14 | L     | F    | Juno Bouwer                 | 13 | CASC  | CPT | 29/11/2025 CTA B CHAMPS 2025                     |
| 175  | 2:49.47 | L     | F    | Grizelda Janse van Rensburg | 13 | BLS   | KK  | 13/02/2026 NW School Championships 2026          |
| 176  | 2:49.49 | L     | F    | Jua Jonker                  | 13 | POTC  | KKD | 06/12/2025 NWS Championships 2025                |
| 177  | 2:49.53 | L     | F    | Ilé Ferreira                | 13 | TUKS  | FSH | 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 178  | 2:49.70 | L     | F    | Sky Eyssen                  | 13 | MANT  | CPT | 20/09/2025 CTA INVITATIONAL LC MEET              |
| 179  | 2:49.73 | L     | P    | Suhanna White               | 13 | AQUA  | BUF | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 180  | 2:50.02 | L     | F    | Ziane Drenth                | 13 | AWIN  | FSH | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 181  | 2:50.37 | L     | P    | Luah Theron                 | 13 | TUKS  | FSH | 10/12/2025 NTS Championships 2025                |
| 182* | 2:50.48 | L     | F    | Zekhethelo Radebe           | 13 | USHPM | UMD | 09/07/2025 TYR Prestige Tournament 2025          |
| 182* | 2:50.48 | L     | F    | Emma Ristow                 | 13 | USC   | BUF | 28/11/2025 BCA Long Course Championships 202     |
| 184  | 2:50.58 | L     | F    | Tamika Abbey                | 13 | PER   | JHB | 14/02/2026 CGA Last Chance                       |
| 185  | 2:51.31 | L     | F    | Hope Churchman              | 13 | SEALE | ETH | 03/10/2025 Curro AquaElite Gala                  |
| 186  | 2:51.34 | L     | F    | Noluthando Nkosi            | 13 | NSAD  | EZD | 13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBFB       |
| 187  | 2:51.41 | L     | F    | Emma Venter                 | 13 | PSCP  | UMD | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 188  | 2:51.67 | L     | F    | Selma Rumbold               | 13 | OLDE  | JHB | 20/02/2026 CGA Level 1 and Level 2 Championsh    |
| 189  | 2:51.87 | L     | F    | Mercy Theu                  | 13 | MDOL  | JHB | 27/11/2025 CGA Championships 2025                |
| 190  | 2:51.88 | L     | F    | Joslyn Zwaanenburg          | 13 | SGUL  | ETH | 06/10/2025 Seagulls Winter Championships 2025    |
| 191  | 2:52.09 | L     | F    | Amore Breytenbach           | 13 | ESA   | CED | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 192  | 2:52.15 | L     | F    | Racquelle Saporta           | 13 | INFA  | NMA | 28/06/2025 PEA Winter Gala 2025                  |
| 193  | 2:52.17 | L     | F    | Zaarah Meyer                | 13 | HTSA  | CPT | 29/11/2025 CTA B CHAMPS 2025                     |
| 194  | 2:52.41 | L     | F    | Holli Tait                  | 13 | KLOO  | ETH | 15/11/2025 KZN Junior Championships 2025         |
| 195  | 2:52.49 | L     | P    | Lene Klopper                | 13 | QSSC  | CPT | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 196  | 2:52.78 | L     | F    | Zizipho Ginindza            | 13 | PAC   | FSH | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 197* | 2:52.82 | L     | F    | Marni Snyman                | 13 | ELRAS | WBD | 28/11/2025 Limpopo Champs 2025                   |
| 197* | 2:52.82 | L     | F    | Rirhandzu Chauke            | 13 | DORE  | JHB | 14/02/2026 CGA Last Chance                       |
| 199  | 2:52.93 | L     | F    | Gabriella Bengell           | 13 | BLNE  | MAN | 03/12/2025 Free State Champs 2025                |
| 200  | 2:53.02 | L     | F    | Micaela Fourie              | 13 | NSAD  | EZD | 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER          |
| 201  | 2:53.25 | L     | F    | Kaitlyn Swart               | 13 | CPSC  | FSH | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 202  | 2:53.46 | L     | F    | Mienke Gerber               | 13 | FISH  | EDD | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 203  | 2:53.54 | L     | F    | Amahle Mdlalose             | 13 | CSC   | FSH | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 204  | 2:53.62 | L     | F    | Tayla Welgemoed             | 13 | AAS   | JHB | 27/11/2025 CGA Championships 2025                |
| 205  | 2:53.74 | L     | F    | Abigail Grieve              | 13 | SASE  | JHB | 27/11/2025 CGA Championships 2025                |
| 206  | 2:53.76 | L     | P    | Elizabeth Willemse          | 13 | VHD   | ZLD | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 207  | 2:53.95 | L     | F    | Chloe Mkhabela              | 13 | CA    | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 208  | 2:54.13 | L     | F    | Emihle Mnunu                | 13 | FRA   | KCD | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 209  | 2:54.22 | L     | F    | Mienke Pretorius            | 13 | KALA  |     | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 210  | 2:54.51 | L     | F    | Larelle Du Toit             | 13 | LALE  | CED | 22/11/2025 Swartland Prestige Gala 2025          |
| 211  | 2:54.60 | L     | F    | Lily Sykes                  | 13 | TUKS  | FSH | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 212  | 2:54.85 | L     | F    | Katelyn Naidoo              | 13 | MAKO  | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 213  | 2:54.90 | L     | F    | Mila Barkhuysen             | 13 | GREY  | CPT | 06/02/2026 WCA-B Champs - 2026                   |
| 214  | 2:55.11 | L     | F    | Leandi Liebenberg           | 13 | SS    | MPD | 25/10/2025 Limpopo Age Group 5 of 2025/26        |
| 215  | 2:55.32 | L     | F    | Holly Karels                | 13 | SWIFT | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 216  | 2:55.33 | L     | P    | Catharina Coetzer           | 13 | QSSC  | CPT | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 217  | 2:55.34 | L     | F    | Zanli Le Roux               | 13 | AGAQ  | QBD | 09/10/2025 44th Freda Barnard Invitational Gala  |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                    |    |           |   |
|------|---------|-------|------|---------------------------|----|-----------|---|
| 218  | 2:55.86 | L     | P    | Lerina Thomas             | 13 | SWAR WCD  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 219  | 2:55.89 | L     | F    | Zara Field                | 13 | CTO CPT   | 06/02/2026 WCA-B Champs - 2026                  |
| 220  | 2:55.94 | L     | F    | Esmé Bowes                | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 221  | 2:56.33 | L     | F    | Madeleine de Villiers     | 13 | EXP TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 222  | 2:56.46 | L     | F    | Bailey Maralik            | 13 | SFSA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 223  | 2:56.53 | L     | F    | Destheonique Julius       | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 224  | 2:56.66 | L     | P    | Talia Grantham            | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 225  | 2:57.27 | L     | F    | Shadri Bosman             | 13 | RFA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 226  | 2:57.82 | L     | P    | Eleftheria Synodinos      | 13 | CASC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 227  | 2:57.87 | L     | F    | Alexis Visagie            | 13 | BEST NMA  | 12/12/2025 NMBA Championships 2025              |
| 228  | 2:58.01 | L     | F    | Lea Kotzé                 | 13 | NWUC KKD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 229  | 2:58.18 | L     | F    | Emily Van t Slot          | 13 | ANAX CPT  | 06/02/2026 WCA-B Champs - 2026                  |
| 230  | 2:58.40 | L     | F    | Nkosazana Manana          | 13 | PER JHB   | 20/02/2026 CGA Level 1 and Level 2 Championsh   |
| 231  | 2:59.02 | L     | F    | Abigail Langerman         | 13 | DORE JHB  | 06/02/2026 Crusaders & CGA Night Gala           |
| 232  | 2:59.05 | L     | F    | Le-May Van Zyl            | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 233  | 2:59.23 | L     | F    | Dwa Kaone Magagula        | 13 | ELEC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 234  | 2:59.32 | L     | F    | Jessieka Faul             | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 235  | 2:59.36 | L     | F    | Amy Jacobs                | 13 | STSC KCD  | 22/11/2025 KCDA Age Group 3 2025                |
| 236  | 2:59.58 | L     | P    | Kgalalelo Makoloi         | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 237  | 2:59.90 | L     | F    | Taeya Roper               | 13 | HPS TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 238  | 2:59.95 | L     | F    | Zethembiso Mbambo         | 13 | SEAL UMD  | 09/07/2025 TYR Prestige Tournament 2025         |
| 239  | 3:00.06 | L     | F    | Karla Wolmarans           | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 240  | 3:00.16 | L     | F    | Mikayla Holmes            | 13 | CRSC JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 241  | 3:00.32 | L     | F    | Zoe Ngema                 | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025   |
| 242  | 3:00.45 | L     | F    | Cara van Wyk              | 13 | BARR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 243  | 3:00.60 | L     | F    | Sloan Warner              | 13 | INFA NMA  | 20/09/2025 3rd A League Gala 2025               |
| 244  | 3:00.67 | L     | F    | Rorisang Monareng         | 13 | BLNE MAN  | 24/10/2025 Neptunes Gala                        |
| 245  | 3:00.76 | L     | F    | Milla Da Silva            | 13 | CA EKU    | 31/01/2026 EGA Last Chance Gala 2026            |
| 246  | 3:01.17 | L     | F    | Thalia Naidoo             | 13 | SASE JHB  | 14/02/2026 CGA Last Chance                      |
| 247  | 3:01.36 | L     | F    | Georgia Henning           | 13 | ACES ETH  | 15/11/2025 KZN Junior Championships 2025        |
| 248  | 3:02.77 | L     | P    | Cait Dawson               | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 249  | 3:03.22 | L     | F    | Lethabo Nyandeni          | 13 | TUKS TSH  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 250  | 3:03.50 | L     | F    | Cayla Cunningham          | 13 | TRAZ TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 251  | 3:03.65 | L     | F    | Abi Fourie                | 13 | VINE CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 252  | 3:03.71 | L S   | F    | Livia Vancoillie          | 13 | QSSC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 253  | 3:04.16 | L     | P    | Shyla Lutchman            | 13 | VINE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 254  | 3:04.30 | L     | P    | Nuhaa Cozyn               | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20    |
| 255  | 3:04.31 | L     | F    | Emma Grobler              | 13 | HAAG UTD  | 08/11/2025 UThukela Age Group Gala 2            |
| 256  | 3:04.32 | L     | F    | Larike Pretorius          | 13 | KTS       | 07/02/2026 NC SPRINTS 2026                      |
| 257  | 3:04.37 | L     | P    | Jana Booysen              | 13 | CUHE OBD  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 258  | 3:04.42 | L     | F    | Nina Koen                 | 13 | FISH EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 259  | 3:04.56 | L     | F    | Aaminah Spruit            | 13 | WEST CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 260  | 3:04.78 | L     | P    | Minei Harmse              | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 261  | 3:04.92 | L     | F    | Morgan Martins            | 13 | TASC MPD  | 28/11/2025 Limpopo Champs 2025                  |
| 262  | 3:05.26 | L     | F    | Alexa Steenkamp           | 13 | CPSC TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 263  | 3:05.69 | L     | P    | Mia Benade                | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 264  | 3:05.80 | L     | F    | Alexia Dippenaar          | 13 | BS LLD    | 03/12/2025 Free State Champs 2025               |
| 265  | 3:06.02 | L     | F    | Zené Gouws                | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                  |
| 266  | 3:06.89 | L     | F    | Khalalelo Ratlhogo        | 13 | ESP EKU   | 22/11/2025 EGA Summer 3 & 4                     |
| 267  | 3:07.00 | L S   | P    | Ava Arde                  | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025        |
| 268  | 3:07.60 | L     | F    | Taliyah Eveleigh          | 13 | MCSH BPD  | 13/02/2026 NW School Championships 2026         |
| 269* | 3:07.90 | L     | P    | Hester Janse van Rensburg | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025               |
| 269* | 3:07.90 | L     | F    | Jaimey Shaw               | 13 | ESTR EKU  | 22/11/2025 EGA Summer 3 & 4                     |
| 271  | 3:08.20 | L     | F    | Maliyah Strydom           | 13 | SHS KK    | 14/02/2026 BCSA School Trials 2026              |
| 272  | 3:08.49 | L     | F    | Keyante Lynch             | 13 | SWIM1 JHB | 14/02/2026 CGA Last Chance                      |
| 273  | 3:08.88 | L     | F    | Helena Calitz             | 13 | LALE CED  | 06/02/2026 WCA-B Champs - 2026                  |
| 274  | 3:09.28 | L     | F    | Hlelo Mtwa                | 13 | PER JHB   | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 275  | 3:09.45 | L     | F    | Haylee Julius             | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 276  | 3:09.78 | L     | F    | Sofia O'Leary             | 13 | MDOL JHB  | 14/02/2026 CGA Last Chance                      |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                             | Time    | P/F/S | Name | Age/Yr                   |    |           |   |
|-----------------------------|---------|-------|------|--------------------------|----|-----------|---|
| 277                         | 3:10.10 | L     | F    | Wilmie Fourie            | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 278                         | 3:10.46 | L     | F    | Emlynn Hugo              | 13 | SWIFT EKU | 31/01/2026 EGA Last Chance Gala 2026            |
| 279                         | 3:11.08 | L     | F    | Gemma Smith              | 13 | SWIM1 JHB | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 280                         | 3:11.11 | L     | F    | Izeldi Van Niekerk       | 13 | DOLFI MPD | 28/11/2025 Limpopo Champs 2025                  |
| 281                         | 3:11.15 | L     | F    | Amogelang Mamabolo       | 13 | HSH BP    | 13/02/2026 NW School Championships 2026         |
| 282                         | 3:12.08 | L     | F    | Rachel Konigkramer       | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 283                         | 3:12.14 | L S   | P    | Dikgang Mokgele          | 13 | MAKO EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 284                         | 3:13.02 | L     | F    | Mienke Grobler           | 13 | BULS MAN  | 07/11/2025 Otters Prestige Gala 2025            |
| 285                         | 3:13.12 | L     | P    | Areli Muyaka             | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025               |
| 286                         | 3:13.20 | L     | F    | Annabella Mitchell-Innes | 13 | PSCP UMD  | 09/07/2025 TYR Prestige Tournament 2025         |
| 287                         | 3:13.63 | L     | F    | Emily Botha              | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 288                         | 3:13.67 | L     | F    | Elizabeth Gouws          | 13 | KNYA EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 289                         | 3:14.10 | L     | F    | Leah Mohamed             | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 290                         | 3:14.69 | L     | F    | Genevieve Venter         | 13 | WSS LLD   | 28/02/2026 FSA LEVEL 1 2026                     |
| 291                         | 3:15.11 | L     | F    | Tshiamo Mlangeni         | 13 | UNI EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 292                         | 3:16.96 | L     | F    | Charlie de Beer          | 13 | DRGN JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 293                         | 3:17.15 | L     | F    | Teresa Smith             | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 294                         | 3:17.37 | L     | F    | Livi Engelbrecht         | 13 | PAC TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 295                         | 3:17.82 | L     | F    | Zahraa Essack            | 13 | ATLA JHB  | 27/11/2025 CGA Championships 2025               |
| 296                         | 3:18.14 | L     | F    | Retshepile Phalafala     | 13 | MDOL JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 297                         | 3:18.61 | L     | F    | Safurah Wadvalla         | 13 | DORE JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 298                         | 3:18.63 | L     | F    | Tsakile Mahumane         | 13 | UNI EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 299                         | 3:20.77 | L     | F    | Sofia Ruscic             | 13 | ELEC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 300                         | 3:21.01 | L     | F    | Anika Bester             | 13 | STGR XRD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 301                         | 3:21.42 | L     | F    | Imke Swanepoel           | 13 | FISH EDD  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 302                         | 3:22.98 | L     | F    | Amogelang Kutu           | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                  |
| 303                         | 3:24.85 | L     | F    | Realeboga Kunene         | 13 | PER JHB   | 20/02/2026 CGA Level 1 and Level 2 Championsh   |
| 304                         | 3:25.14 | L     | F    | Mpilenhle Dladla         | 13 | CSA EZD   | 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER         |
| 305                         | 3:25.25 | L     | F    | Siphesihle Mncube        | 13 | PAC TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 306                         | 3:25.51 | L     | F    | Mackenzie Baker          | 13 | HPS TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 307                         | 3:25.72 | L     | F    | Fredri Uys               | 13 | DDA TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 308                         | 3:26.00 | L     | F    | Relebohile Maduna        | 13 | PELIC MAN | 28/02/2026 FSA LEVEL 1 2026                     |
| 309                         | 3:26.67 | L     | F    | Vibha Fakir              | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202    |
| 310                         | 3:27.19 | L S   | P    | Riley Van Niekerk        | 13 | ESTR EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 311                         | 3:29.22 | L     | F    | Caelyn Kempgen           | 13 | CRSC JHB  | 27/11/2025 CGA Championships 2025               |
| 312                         | 3:29.80 | L     | F    | Jennanice Kershaw        | 13 | AZON ETH  | 09/07/2025 TYR Prestige Tournament 2025         |
| 313*                        | 3:29.97 | L     | F    | Emily Sayers             | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 313*                        | 3:29.97 | L     | P    | Nika Smit                | 13 | BS LLD    | 03/12/2025 Free State Champs 2025               |
| 315                         | 3:32.54 | L     | F    | Rebecca Lawlor           | 13 | SDSC OTD  | 07/02/2026 BCA Feb Age Group Gala 2026          |
| 316                         | 3:32.77 | L     | F    | Lily Goldswain           | 13 | CASC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 317                         | 3:34.03 | L     | F    | Katia Cerone             | 13 | HAAG UTD  | 06/12/2025 UThukela District Age Group 3        |
| 318                         | 3:35.80 | L     | F    | Khumo Goeieman           | 13 | KALA      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 319                         | 3:37.45 | L     | F    | Tionie Groenewald        | 13 | CLA WCD   | 21/02/2026 Swartland Invitational Gala 2026     |
| 320                         | 3:38.02 | L     | F    | Lungile Ndaba            | OR | VASA EKU  | 22/11/2025 EGA Summer 3 & 4                     |
| 321                         | 3:39.25 | L     | F    | Lisasa Faltein           | 13 | PEAS NMA  | 16/08/2025 2nd A League Gala 2025               |
| 322                         | 3:40.90 | L     | F    | Nyandano Madaba          | 13 | FAC EKU   | 22/11/2025 EGA Summer 3 & 4                     |
| 323                         | 3:41.84 | L     | F    | Nina Engelbrecht         | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 324                         | 3:42.85 | L     | F    | Penelope Mullineux       | 13 | AASC EZD  | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2        |
| 325                         | 3:43.82 | L     | F    | Leanolaona Molosi        | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 326                         | 3:50.48 | L S   | P    | Larike Van Heerden       | 13 | SWIMS EKU | 04/12/2025 EGA Summer Championships 2025        |
| 327                         | 3:58.36 | L     | F    | Mila Schutte             | 13 | QSSC CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 328                         | 4:06.26 | L     | F    | Vhulenda Mathivha        | 13 | HSH BP    | 13/02/2026 NW School Championships 2026         |
| 329                         | 4:09.62 | L     | F    | Elethu Maqabangqa        | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 330                         | 4:18.03 | L     | F    | Masego Motsalane         | 13 | AAS JHB   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| <b>Women 13-14 400 Free</b> |         |       |      |                          |    |           |   |
| 1                           | 4:42.88 | L     | F    | Victoria Meyburgh        | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-2   |
| 2                           | 4:44.07 | L     | F    | Shalea Hamilton          | 13 | BEST NMA  | 21/03/2026 Sa National JNR Age Group Champs-2   |
| 3                           | 4:44.49 | L     | F    | Shiloh Cruywagen         | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship  |
| 4                           | 4:44.66 | L     | F    | Morgan Butterworth       | 13 | AQX       | 06/02/2026 Dubai Open Swimming Championship     |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|    | Time     | P/F/S | Name | Age/Yr                      |    |          |   |
|----|----------|-------|------|-----------------------------|----|----------|---|
| 5  | 4:45.72  | L     | F    | Mackenzie Raffle            | 13 | CA EKU   | 21/03/2026 Sa National JNR Age Group Champs-      |
| 6  | 4:46.37  | L     | F    | Ava Bosch                   | 13 | DRGN EKU | 21/03/2026 Sa National JNR Age Group Champs-      |
| 7  | 4:52.38  | L     | F    | Aqeelah Williams            | 13 | UWCA CPT | 21/03/2026 Sa National JNR Age Group Champs-      |
| 8  | 4:52.88  | L     | F    | Mikaela Lotz                | 13 | NC FBD   | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026          |
| 9  | 4:53.12  | L     | F    | Evie du Plessis             | 13 | FSA FS   | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026          |
| 10 | 4:54.01  | L     | F    | Juliette Hosatte            | 13 | INFA NMA | 21/03/2026 Sa National JNR Age Group Champs-      |
| 11 | 4:57.19  | L     | F    | Chenique Kooi               | 13 | TUKS TSH | 21/03/2026 Sa National JNR Age Group Champs-      |
| 12 | 5:00.07  | L     | F    | Noa Sebastiao               | 13 | TUKS TSH | 21/03/2026 Sa National JNR Age Group Champs-      |
| 13 | 5:00.91  | L     | F    | Anja Boshoff                | 13 | TYGE CPT | 21/03/2026 Sa National JNR Age Group Champs-      |
| 14 | 5:02.32  | L     | F    | Jamie Els                   | 13 | AQDO CPT | 21/03/2026 Sa National JNR Age Group Champs-      |
| 15 | 5:02.91  | L     | F    | Charlotte Hofinger          | 13 | ASAC CPT | 21/03/2026 Sa National JNR Age Group Champs-      |
| 16 | 5:03.24  | L     | F    | Megan Jacobs                | 13 | WSTV ETH | 21/02/2026 KZN Schools Trials 2026                |
| 17 | 5:03.36  | L     | F    | Oyama Baqwa                 | 13 | SGUL ETH | 21/03/2026 Sa National JNR Age Group Champs-      |
| 18 | 5:04.15  | L     | F    | Emily Koegelenberg          | 13 | XCEL CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 19 | 5:04.35  | L     | F    | Nina Pieterse               | 13 | PEAS NMA | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 20 | 5:05.43  | L     | P    | Jasmine Woodburn            | 13 | MDOL JHB | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 21 | 5:06.98  | L     | F    | Johané Burger               | 13 | ROA EDD  | 28/06/2025 PEA Winter Gala 2025                   |
| 22 | 5:07.40  | L S   | F    | Jade Chilisa                | 13 | TUKS TSH | 10/12/2025 20th Botswana Swimming Nationals 20    |
| 23 | 5:08.41  | L     | F    | Mikayla Wilensky            | 13 | ASAC CPT | 21/03/2026 Sa National JNR Age Group Champs-      |
| 24 | 5:09.10  | L     | F    | Amelie Billson              | 13 | CASC CPT | 04/12/2025 Western Cape LC-A Championship 20      |
| 25 | 5:09.35  | L     | F    | Jessica Jansen van Vuuren   | 13 | SEAL UMD | 18/12/2025 KZN Premier Provincial Championship    |
| 26 | 5:09.97  | L     | F    | Brooklyn Terwin             | 13 | USC BUF  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 27 | 5:10.26  | L     | F    | Amber Spence                | 13 | ELEC TSH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 28 | 5:10.38  | L     | F    | Ava Grebe                   | 13 | CUHE OBD | 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 29 | 5:11.43  | L     | F    | Emma De Smidt               | 13 | AQDO CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 30 | 5:12.28  | L     | F    | Mikayla Jordaan             | 13 | CASC CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 31 | 5:12.76  | L     | F    | Kate Cheshire               | 13 | MDOL JHB | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 32 | 5:13.03  | L     | F    | Wilhelmina Erasmus          | 13 | HE CCD   | 31/01/2026 Limpopo School Champs & Limpopo A      |
| 33 | 5:14.02  | L     | F    | Ayvah Jacob                 | BR | VASA EKU | 21/02/2026 EGA Lets Sprint Gala 2026              |
| 34 | 5:14.55  | L     | F    | Charné De Bruin             | 13 | TUKS TSH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 35 | 5:15.27  | L     | F    | Anna Horn                   | 13 | XCEL CPT | 04/12/2025 Western Cape LC-A Championship 20      |
| 36 | 5:17.99  | L     | F    | Mieke Oosthuizen            | 13 | HPS TSH  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 37 | 5:18.38  | L     | F    | Caitlin Barnes              | 13 | SAAW CPT | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 38 | 5:18.75  | L     | F    | Olivia Meyburgh             | 13 | CA EKU   | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 39 | 5:19.19  | L     | F    | Zara Lockitch               | 13 | CYBE CPT | 20/09/2025 CTA INVITATIONAL LC MEET               |
| 40 | 5:20.21  | L     | F    | Laila Christie              | 13 | USC BUF  | 28/11/2025 BCA Long Course Championships 202      |
| 41 | 5:20.33  | L     | F    | Ruvarashe Chibharo          | 13 | CASC CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 42 | x5:20.68 | L     | F    | Liane Van Zyl               | 13 | NC FBD   | 24/04/2026 SA Schools Swimming Championship       |
| 43 | 5:20.95  | L     | F    | Kayla Kleynhans             | 13 | ROA EDD  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 44 | 5:21.85  | L     | F    | Mattae Morel                | 13 | CA EKU   | 22/11/2025 EGA Summer 3 & 4                       |
| 45 | 5:21.99  | L     | F    | Milani Butau                | 13 | BEST NMA | 12/12/2025 NMBA Championships 2025                |
| 46 | 5:22.08  | L     | F    | Olivia Nel                  | 13 | CLA WCD  | 04/12/2025 Western Cape LC-A Championship 20      |
| 47 | 5:22.34  | L     | F    | Danica Marrier D'Unienville | 13 | KLOO ETH | 21/02/2026 KZN Schools Trials 2026                |
| 48 | 5:23.61  | L     | F    | Georgia Sabbagha            | 13 | PAQU CED | 22/11/2025 Swartland Prestige Gala 2025           |
| 49 | 5:23.63  | L S   | F    | Jovanah McGluwa             | 13 | CASC CPT | 01/11/2025 CTA District A CHAMPS 2025             |
| 50 | 5:23.95  | L     | F    | Carinke Wessels             | 13 | BLOT MAN | 03/12/2025 Free State Champs 2025                 |
| 51 | 5:24.38  | L     | F    | Mignon Swart                | 13 | CSA EZD  | 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER           |
| 52 | 5:27.23  | L     | F    | Isabella Vreenegoor         | 13 | CRSC JHB | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 53 | 5:27.68  | L     | F    | Zarah Mathee                | 13 | UWCA CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 54 | 5:28.00  | L     | F    | Taylor Ten Napel            | 13 | BEAV ETH | 31/01/2026 uShaka Champs 2026                     |
| 55 | 5:28.16  | L     | F    | Grace Julies                | 13 | XCEL CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 56 | 5:28.85  | L     | F    | Rebecca Joubert             | 13 | INFA NMA | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 57 | 5:29.27  | L S   | F    | Kirsten Cupido              | 13 | CYBE CPT | 01/11/2025 CTA District A CHAMPS 2025             |
| 58 | 5:29.44  | L     | F    | Imme Wolfaardt              | 13 | LALE CED | 04/12/2025 Western Cape LC-A Championship 20      |
| 59 | 5:30.45  | L     | F    | Shelby Schoeman             | 13 | CA EKU   | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 60 | 5:30.64  | L     | F    | Alexis Visser               | 13 | GAU JHB  | 30/01/2026 Gauteng Schools Championships 202      |
| 61 | 5:31.37  | L     | F    | Jada Hendricks              | 13 | CASC CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 62 | 5:33.38  | L     | F    | Abby Mostert                | 13 | AWIN TSH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 63 | 5:33.47  | L S   | F    | Alex Theron                 | 13 | CASC CPT | 01/11/2025 CTA District A CHAMPS 2025             |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                      |    |           |            |                                       |
|-----|---------|-------|------|-----------------------------|----|-----------|------------|---------------------------------------|
| 64  | 5:33.85 | L     | F    | Sophia Hutchison            | 13 | GHSK      | 25/10/2025 | FLAMINGO & GOODHOPE GALA 202          |
| 65  | 5:33.97 | L     | F    | Nokutenda Tembo             | 13 | KNYA EDD  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 66  | 5:34.45 | L     | F    | Amelia-Rose Schutzler       | 13 | USC BUF   | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 67  | 5:34.47 | L     | F    | Luisa Kimani                | 13 | CYBE CPT  | 17/01/2026 | CTA BRIAN BUTTON Qualifying Meet      |
| 68  | 5:34.68 | L     | F    | Lia van Heerden             | 13 | BS LLD    | 03/12/2025 | Free State Champs 2025                |
| 69  | 5:35.04 | L     | F    | Gia Newkirk                 | 13 | TYGE CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 70  | 5:35.14 | L     | F    | Emily Hengst                | 13 | CASC CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 71  | 5:35.24 | L     | F    | Annabel Meyer               | 13 | BULS MAN  | 24/10/2025 | Neptunes Gala                         |
| 72  | 5:35.96 | L     | F    | Leah Du Plessis             | 13 | PEAS NMA  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 73  | 5:35.97 | L     | F    | Isabella Haldane            | 13 | FISH EDD  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 74  | 5:35.99 | L     | F    | Kara De Wit                 | 13 | RFA FSH   | 17/10/2025 | NTS Level 3+ October Age Group Gal    |
| 75  | 5:36.03 | L     | F    | Mia Van de Vyver            | 13 | ESA CED   | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 76  | 5:37.44 | L     | F    | Uma Pearson-Adams           | 13 | SAAW CPT  | 22/11/2025 | Swartland Prestige Gala 2025          |
| 77  | 5:37.46 | L     | F    | Elizabeth Roth              | 13 | PEAS NMA  | 28/06/2025 | PEAW Winter Gala 2025                 |
| 78  | 5:37.71 | L     | F    | Ineke Van Maarleveld        | 13 | ACAQ CCD  | 28/11/2025 | Limpopo Champs 2025                   |
| 79  | 5:38.99 | L     | F    | Jadine Grobler              | 13 | TKS WBD   | 28/11/2025 | Limpopo Champs 2025                   |
| 80  | 5:39.34 | L     | F    | Alivia Nel                  | 13 | MDOL JHB  | 14/11/2025 | NTS Level 3+ November Age Group G     |
| 81  | 5:39.68 | L     | F    | Ella Adams                  | 13 | CASC CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 82  | 5:40.21 | L     | F    | Sienna Barenblatt           | 13 | STAQ CED  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 83  | 5:40.33 | L     | F    | Hlumisa Mfabe               | 13 | USC BUF   | 28/11/2025 | BCA Long Course Championships 202     |
| 84  | 5:40.36 | L     | F    | Saffiya Emjedi              | 13 | SAAW CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 85  | 5:40.57 | L     | F    | Zara Jantjies               | 13 | MANT CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 86  | 5:41.18 | L     | F    | Unathi Vuyeqaba             | 13 | TUKS FSH  | 17/10/2025 | NTS Level 3+ October Age Group Gal    |
| 87  | 5:42.28 | L     | F    | Lily Hoar                   | 13 | KLOO ETH  | 18/12/2025 | KZN Premier Provincial Championship   |
| 88  | 5:43.37 | L     | F    | Marizelle Vermaak           | 13 | HREF BP   | 10/12/2025 | NTS Championships 2025                |
| 89  | 5:44.24 | L     | F    | Caitlin McDowell            | 13 | ESP EKU   | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 90  | 5:44.36 | L     | F    | Sarah Schofield             | 13 | AADUB ETH | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 91  | 5:44.55 | L     | F    | Elizabeth Vd Berg           | 13 | TUKS FSH  | 27/02/2026 | NTS Level 3+ February Age Group Ga    |
| 92  | 5:44.56 | L     | F    | Oyama Tuta                  | 13 | PELIC MAN | 12/12/2025 | NMBA Championships 2025               |
| 93  | 5:44.73 | L     | F    | Dione Smit                  | 13 | CASC CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 94  | 5:45.21 | L     | F    | Marang Ndlovu               | 13 | MDOL JHB  | 24/11/2025 | 2025 Basa Senior Championships        |
| 95  | 5:45.22 | L     | F    | Kaitlyn Haynes-Smart        | 13 | VINE CPT  | 12/12/2025 | NMBA Championships 2025               |
| 96  | 5:45.53 | L     | F    | Sophie Kretzmann            | 13 | USC BUF   | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 97  | 5:46.04 | L     | F    | Cayleigh Machill            | 13 | BARA EKU  | 31/01/2026 | EGA Last Chance Gala 2026             |
| 98  | 5:46.24 | L     | F    | Chloe Rautenbach            | 13 | UNIU EZD  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 99  | 5:48.35 | L     | F    | Ava van der Mescht          | 13 | PEAS NMA  | 15/11/2025 | 5th A League Gala 2025                |
| 100 | 5:49.77 | L     | F    | Kenna Lilley                | 13 | TYGE CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 101 | 5:50.55 | L     | F    | Riley Sanders               | 13 | HPS FSH   | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 102 | 5:50.71 | L     | F    | Namangolwa Semenova         | 13 | USCLT BUF | 25/10/2025 | Zasu 1st League OYDC 2025-26          |
| 103 | 5:50.88 | L     | F    | Liné Schoeman               | 13 | FISH EDD  | 30/01/2026 | Infinity Gala 2026                    |
| 104 | 5:51.46 | L     | F    | Alessia Barthus             | 13 | MANT CPT  | 17/01/2026 | CTA BRIAN BUTTON Qualifying Meet      |
| 105 | 5:54.61 | L     | F    | Paige Schutze-Langston      | 13 | MDOL JHB  | 27/11/2025 | CGA Championships 2025                |
| 106 | 5:55.05 | L     | F    | Gia Stedall                 | 13 | PAC FSH   | 27/02/2026 | NTS Level 3+ February Age Group Ga    |
| 107 | 5:55.62 | L     | F    | Nicoline Du Preez           | 13 | NWUC KKD  | 06/12/2025 | NWS Championships 2025                |
| 108 | 5:57.05 | L     | F    | Clara Duvenage              | 13 | CA EKU    | 22/11/2025 | EGA Summer 3 & 4                      |
| 109 | 5:57.31 | L     | F    | Jenna Leppan                | 13 | AZON ETH  | 21/02/2026 | KZN Schools Trials 2026               |
| 110 | 5:57.91 | L     | F    | Kiarah Beukes               | 13 | PAC FSH   | 13/02/2026 | NTS Level 1+2 February Age Group 2f   |
| 111 | 5:58.00 | L     | F    | Roxanne Coetzee             | 13 | GHS BPD   | 13/02/2026 | NW School Championships 2026          |
| 112 | 5:58.30 | L     | F    | Kayla-Anne Walker           | 13 | CYBE CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 113 | 5:58.49 | L     | F    | Senzelwe Mwandla            | 13 | USHPM UMD | 31/01/2026 | uShaka Champs 2026                    |
| 114 | 5:59.05 | L     | F    | Grizelda Janse van Rensburg | 13 | BLS KK    | 13/02/2026 | NW School Championships 2026          |
| 115 | 6:00.08 | L     | F    | Leah Wentzel                | 13 | MARL CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 116 | 6:00.54 | L     | F    | Holli Tait                  | 13 | KLOO ETH  | 18/12/2025 | KZN Premier Provincial Championship   |
| 117 | 6:00.77 | L     | F    | Lily Sykes                  | 13 | TUKS FSH  | 13/02/2026 | NTS Level 1+2 February Age Group 2f   |
| 118 | 6:01.06 | L     | F    | Bonaventure Makore          | 13 | ASAC CPT  | 13/02/2026 | Winelands SL Fin - February 2026 - cc |
| 119 | 6:01.23 | L     | F    | Summer Moonsamy             | 13 | BEAV ETH  | 31/01/2026 | uShaka Champs 2026                    |
| 120 | 6:02.52 | L     | F    | Alexis Visagie              | 13 | BEST NMA  | 12/12/2025 | NMBA Championships 2025               |
| 121 | 6:04.55 | L     | F    | Machayda Titus              | 13 | MARL CPT  | 06/02/2026 | WCA-B Champs - 2026                   |
| 122 | 6:04.65 | L     | F    | Tatum Samuels               | 13 | XCEL CPT  | 17/01/2026 | CTA BRIAN BUTTON Qualifying Meet      |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                             | Time     | P/F/S | Name | Age/Yr               |    |          |   |
|-----------------------------|----------|-------|------|----------------------|----|----------|---|
| 123                         | 6:04.81  | L     | F    | Elizabeth Willemse   | 13 | VHD ZLD  | 31/01/2026 uShaka Champs 2026                   |
| 124                         | 6:07.15  | L     | F    | Juno Bouwer          | 13 | CASC CPT | 04/12/2025 Western Cape LC-A Championship 20    |
| 125                         | 6:07.24  | L     | F    | Dominic De Jager     | 13 | USH KCD  | 06/12/2025 Stingrays Champs 2025                |
| 126                         | 6:08.04  | L     | F    | Sky Eyssen           | 13 | MANT CPT | 09/10/2025 44th Freda Barnard Invitational Gala |
| 127                         | 6:08.73  | L     | F    | Leane Nel            | 13 | EXP TSH  | 13/02/2026 NTS Level 1+2 February Age Group 2f  |
| 128                         | 6:11.67  | L     | F    | Lara Rosenstrauch    | 13 | HTSA CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 129                         | 6:12.62  | L     | F    | Maya Sissing         | 13 | TUKS TSH | 13/02/2026 NTS Level 1+2 February Age Group 2f  |
| 130                         | 6:12.99  | L     | F    | Noluthando Nkosi     | 13 | NSAD EZD | 05/12/2025 Mpumalanga Championships 2025        |
| 131                         | 6:13.25  | L     | F    | Tamika Abbey         | 13 | PER JHB  | 14/02/2026 CGA Last Chance                      |
| 132                         | 6:13.70  | L     | F    | Karla Wolmarans      | 13 | UPSK ZMD | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 133                         | 6:15.43  | L     | F    | Mienke Pretorius     | 13 | KALA     | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 134                         | 6:16.91  | L     | F    | Luah Theron          | 13 | TUKS TSH | 17/10/2025 NTS Level 3+ October Age Group Gal   |
| 135                         | 6:17.28  | L     | F    | Taeya Roper          | 13 | HPS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 136                         | 6:17.33  | L     | F    | Gabriella Bengell    | 13 | BLNE MAN | 26/09/2025 Pelicans Gala..                      |
| 137                         | 6:17.50  | L     | F    | Nina Koen            | 13 | FISH EDD | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 138                         | 6:17.67  | L     | F    | Mieke Smit           | 13 | UNI EZD  | 07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025        |
| 139                         | 6:19.19  | L     | F    | Liané Stoltz         | 13 | UNIU EZD | 07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025        |
| 140                         | 6:21.20  | L     | F    | Cara van Wyk         | 13 | BARR CPT | 06/02/2026 WCA-B Champs - 2026                  |
| 141                         | 6:22.71  | L     | F    | Mupindiishe Msipa    | 13 | MDOL JHB | 21/09/2025 HAS 2ND SEEDED GALA 2025             |
| 142                         | 6:23.92  | L     | F    | Destheonique Julius  | 13 | KALA     | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 143                         | 6:24.81  | L     | F    | Chloe Mkhabela       | 13 | CA EKU   | 04/12/2025 EGA Summer Championships 2025        |
| 144                         | 6:26.08  | L     | F    | Zaarah Meyer         | 13 | HTSA CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 145                         | 6:31.12  | L     | F    | Cait Dawson          | 13 | XCEL CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 146                         | 6:33.47  | L     | F    | Ilé Ferreira         | 13 | TUKS TSH | 17/10/2025 NTS Level 3+ October Age Group Gal   |
| 147                         | 6:37.62  | L     | F    | Alexia Dippenaar     | 13 | BS LLD   | 03/12/2025 Free State Champs 2025               |
| 148                         | 6:41.17  | L     | F    | Lethabo Nyandeni     | 13 | TUKS TSH | 13/02/2026 NTS Level 1+2 February Age Group 2f  |
| 149                         | 6:43.11  | L     | F    | Khalalelo Ratlhogo   | 13 | ESP EKU  | 22/11/2025 EGA Summer 3 & 4                     |
| 150                         | 6:43.21  | L     | F    | Alexa Steenkamp      | 13 | CPSC TSH | 13/02/2026 NTS Level 1+2 February Age Group 2f  |
| 151                         | 6:44.42  | L     | F    | Anye Brink           | 13 | ESA CED  | 22/11/2025 Swartland Prestige Gala 2025         |
| 152                         | 6:47.90  | L     | F    | Maliyah Strydom      | 13 | USC BUF  | 28/11/2025 BCA Long Course Championships 202    |
| 153                         | 6:51.90  | L     | F    | Haylee Julius        | 13 | KHAY CPT | 09/10/2025 44th Freda Barnard Invitational Gala |
| 154                         | 6:53.54  | L     | F    | Larique Pretorius    | 13 | KTS      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 155                         | 6:54.60  | L     | F    | Rorisang Monareng    | 13 | BLNE MAN | 24/10/2025 Neptunes Gala                        |
| 156                         | 6:59.85  | L     | F    | Hiranya Moodley      | 13 | USH KCD  | 21/02/2026 KZN Schools Trials 2026              |
| 157                         | 6:59.88  | L     | F    | Amogelang Mamabolo   | 13 | HARB BPD | 06/12/2025 NWS Championships 2025               |
| 158                         | 7:06.52  | L     | F    | Katelyn Naidoo       | 13 | MAKO EKU | 31/01/2026 EGA Last Chance Gala 2026            |
| 159                         | 7:17.52  | L     | F    | Mia Benade           | 13 | UPSK ZMD | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 160                         | 7:18.64  | L     | F    | Retshepile Phalafala | 13 | MDOL JHB | 22/11/2025 EGA Summer 3 & 4                     |
| 161                         | 7:26.62  | L     | F    | Wilmie Fourie        | 13 | UPSK ZMD | 21/11/2025 AGE GROUP 2 & 3 UPT                  |
| 162                         | 7:42.65  | L     | F    | Ikageng Moloko       | 13 | TUKS TSH | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 163                         | 7:48.25  | L     | F    | Nina Engelbrecht     | 13 | UPSK ZMD | 14/02/2026 KALAHARI CLASSIC 2026                |
| 164                         | 7:52.06  | L     | F    | Amogelang Kutu       | 13 | SS MPD   | 28/11/2025 Limpopo Champs 2025                  |
| 165                         | 7:58.85  | L     | F    | Nyandano Madaba      | 13 | FAC EKU  | 22/11/2025 EGA Summer 3 & 4                     |
| 166                         | 8:02.67  | L     | F    | Leanolaona Molosi    | 13 | UPSK ZMD | 21/11/2025 AGE GROUP 2 & 3 UPT                  |
| 167                         | 8:48.40  | L     | F    | Khumo Goeieman       | 13 | KALA     | 29/11/2025 AGE GROUP 4 KATHU 2025 - copied      |
| <b>Women 13-14 500 Free</b> |          |       |      |                      |    |          |   |
| 1                           | 9:59.03  | L     | O    | Cait Dawson          | 13 | XCEL CPT | 14/12/2025 CTA OWS - Series 4                   |
| <b>Women 13-14 800 Free</b> |          |       |      |                      |    |          |   |
| 1                           | 9:55.39  | L     | F    | Shalea Hamilton      | 13 | BEST NMA | 19/07/2025 1st A League Gala 2025               |
| 2                           | 9:56.56  | L     | F    | Mackenzie Raffle     | 13 | CA EKU   | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 3                           | 9:56.76  | L     | F    | Shiloh Cruywagen     | 13 | SEAL UMD | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 4                           | 9:57.90  | L     | F    | Aqeelah Williams     | 13 | UWCA CPT | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 5                           | 10:10.29 | L     | F    | Morgan Butterworth   | 13 | VINE CPT | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 6                           | 10:16.47 | L     | F    | Evie du Plessis      | 13 | BLOT MAN | 03/12/2025 Free State Champs 2025               |
| 7                           | 10:23.28 | L     | F    | Jamie Els            | 13 | AQDO CPT | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 8                           | 10:24.43 | L     | F    | Oyama Baqwa          | 13 | SGUL ETH | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 9                           | 10:24.93 | L     | F    | Jade Chilisa         | 13 | TUKS TSH | 10/12/2025 20th Botswana Swimming Nationals 2f  |
| 10                          | 10:33.98 | L     | F    | Victoria Meyburgh    | 13 | CA EKU   | 11/10/2025 EGA Summer 2                         |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|    | Time     | P/F/S | Name | Age/Yr                |    |       |   |
|----|----------|-------|------|-----------------------|----|-------|---|
| 11 | 10:34.64 | L     | F    | Emma Van Deventer     | 13 | WSTV  | ETH 21/03/2026 Sa National JNR Age Group Champs-1     |
| 12 | 10:37.30 | L     | F    | Amelie Billson        | 13 | LALE  | GED 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 13 | 10:38.32 | L     | F    | Charlotte Hofinger    | 13 | ASAC  | CPT 21/03/2026 Sa National JNR Age Group Champs-1     |
| 14 | 10:38.61 | L     | F    | Noa Sebastiao         | 13 | TUKS  | TSH 27/02/2026 NTS Level 3+ February Age Group Ga     |
| 15 | 10:39.02 | L     | F    | Johané Burger         | 13 | ROA   | EDD 09/10/2025 44th Freda Barnard Invitational Gala   |
| 16 | 10:40.89 | L     | F    | Charné De Bruin       | 13 | NC    | FBD 31/01/2026 4+1 INTERPROVINCIAL GALA 2026          |
| 17 | 10:42.27 | L     | F    | Zara Lockitch         | 13 | CYBE  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 18 | 10:47.15 | L     | F    | Emily Koegelenberg    | 13 | XCEL  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 19 | 10:58.62 | L     | F    | Mikayla Jordaan       | 13 | CASC  | CPT 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 20 | 11:00.58 | L     | F    | Jasmine Woodburn      | 13 | MDOL  | JHB 27/11/2025 CGA Championships 2025                 |
| 21 | 11:06.59 | L     | F    | Ruvarashe Chibharo    | 13 | TYGE  | CPT 28/06/2025 PEA Winter Gala 2025                   |
| 22 | 11:08.22 | L     | F    | Mignon Swart          | 13 | UNI   | EZD 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/        |
| 23 | 11:12.21 | L     | F    | Anna Horn             | 13 | XCEL  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 24 | 11:12.42 | L     | F    | Jovanah McGluwa       | 13 | CASC  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 25 | 11:13.64 | L     | F    | Namangolwa Semenova   | 13 | TUKS  | TSH 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 26 | 11:19.21 | L     | F    | Olivia Nel            | 13 | CLA   | WCD 04/12/2025 Western Cape LC-A Championship 20      |
| 27 | 11:20.10 | L     | F    | Laila Christie        | 13 | USC   | BUF 28/11/2025 BCA Long Course Championships 202      |
| 28 | 11:20.83 | L     | F    | Liane Van Zyl         | 13 | UPSK  | ZMD 05/12/2025 NCASA CHAMPS 2025 - copied - copi      |
| 29 | 11:21.79 | L     | F    | Alexis Visser         | 13 | MAKO  | EKU 11/10/2025 EGA Summer 2                           |
| 30 | 11:26.76 | L     | F    | Amelia-Rose Schutzler | 13 | USC   | BUF 30/01/2026 Infinity Gala 2026                     |
| 31 | 11:27.36 | L     | F    | Caitlin Barnes        | 13 | SAAW  | CPT 04/12/2025 Western Cape LC-A Championship 20      |
| 32 | 11:28.63 | L     | F    | Mieke Oosthuizen      | 13 | HPS   | TSH 10/12/2025 NTS Championships 2025                 |
| 33 | 11:29.58 | L     | F    | Emma De Smidt         | 13 | AQDO  | CPT 14/02/2026 CTA Elite Gala (L3+)                   |
| 34 | 11:35.22 | L     | F    | Georgia Sabbagha      | 13 | PAQU  | GED 22/11/2025 Swartland Prestige Gala 2025           |
| 35 | 11:35.68 | L     | F    | Imme Wolfaardt        | 13 | LALE  | GED 04/12/2025 Western Cape LC-A Championship 20      |
| 36 | 11:39.09 | L     | F    | Kirsten Cupido        | 13 | CYBE  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 37 | 11:41.67 | L     | F    | Zarah Mathee          | 13 | UWCA  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 38 | 11:42.33 | L     | F    | Brooklyn Terwin       | 13 | USC   | BUF 28/11/2025 BCA Long Course Championships 202      |
| 39 | 11:53.02 | L     | F    | Isabella Haldane      | 13 | FISH  | EDD 22/11/2025 Eden LC Champs 2025                    |
| 40 | 11:54.11 | L     | F    | Kayla-Anne Walker     | 13 | CYBE  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 41 | 11:58.39 | L     | F    | Luisa Kimani          | 13 | CYBE  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 42 | 11:59.83 | L     | F    | Ella Adams            | 13 | CASC  | CPT 20/09/2025 CTA INVITATIONAL LC MEET               |
| 43 | 12:00.77 | L     | F    | Hlumisa Mfabe         | 13 | USC   | BUF 28/11/2025 BCA Long Course Championships 202      |
| 44 | 12:05.68 | L     | F    | Cayleigh Machill      | 13 | BARA  | EKU 04/12/2025 EGA Summer Championships 2025          |
| 45 | 12:09.12 | L     | F    | Sophie Kretzmann      | 13 | USC   | BUF 28/11/2025 BCA Long Course Championships 202      |
| 46 | 12:11.66 | L     | F    | Lara Greyling         | 13 | TNDER | FDD 05/09/2025 Bullsharks Gala                        |
| 47 | 12:16.93 | L     | F    | Liné Schoeman         | 13 | FISH  | EDD 04/12/2025 Western Cape LC-A Championship 20      |
| 48 | 12:18.01 | L     | F    | Nicoline Du Preez     | 13 | NWUC  | KKD 06/12/2025 NWS Championships 2025                 |
| 49 | 12:19.41 | L     | F    | Riley Sanders         | 13 | HPS   | TSH 17/10/2025 NTS Level 3+ October Age Group Gal     |
| 50 | 12:23.47 | L     | F    | Lia van Heerden       | 13 | BS    | LLD 24/10/2025 Neptunes Gala                          |
| 51 | 12:26.84 | L     | F    | Kaitlyn Haynes-Smart  | 13 | VINE  | CPT 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 52 | 12:29.38 | L     | F    | Juno Bouwer           | 13 | CASC  | CPT 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 53 | 12:36.62 | L     | F    | Leah Wentzel          | 13 | MARL  | CPT 09/10/2025 44th Freda Barnard Invitational Gala   |
| 54 | 12:49.83 | L     | F    | Noluthando Nkosi      | 13 | NSAD  | EZD 05/12/2025 Mpumalanga Championships 2025          |
| 55 | 13:24.69 | L     | F    | Cara van Wyk          | 13 | BARR  | CPT 09/10/2025 44th Freda Barnard Invitational Gala   |
| 56 | 14:22.78 | L     | F    | Nadelija Pillay       | 13 | VHD   | ZLD 31/01/2026 uShaka Champs 2026                     |
| 57 | 14:43.81 | L     | F    | Alexia Dippenaar      | 13 | BS    | LLD 05/09/2025 Bullsharks Gala                        |
| 58 | 15:16.15 | L     | F    | Wilmie Fourie         | 13 | UPSK  | ZMD 31/10/2025 UPINGTON PRESTIGE GALA 2025            |

#### Women 13-14 1000 Free

|    |          |   |   |                    |    |       |   |
|----|----------|---|---|--------------------|----|-------|---|
| 1  | 15:29.00 | L | F | Oyama Baqwa        | 13 | SGUL  | ETH 23/11/2025 Capital K Open Water Swim Meet 202 |
| 2  | 15:35.00 | L | F | Emma Van Deventer  | 13 | WSTV  | ETH 23/11/2025 Capital K Open Water Swim Meet 202 |
| 3  | 17:22.00 | L | F | Sarah Schofield    | 13 | AADUB | ETH 23/11/2025 Capital K Open Water Swim Meet 202 |
| 4  | 18:09.00 | L | F | Taylor Ten Napel   | 13 | BEAV  | ETH 23/11/2025 Capital K Open Water Swim Meet 202 |
| 5  | 18:11.00 | L | F | Alta Van Zyl       | 13 | SEAL  | UMD 23/11/2025 Capital K Open Water Swim Meet 202 |
| 6  | 18:55.00 | L | F | Annabel Van Reenen | 13 | ACSA  | ETH 23/11/2025 Capital K Open Water Swim Meet 202 |
| 7  | 20:09.00 | L | F | Ruby Van Dyk       | 13 | PSCP  | UMD 23/11/2025 Capital K Open Water Swim Meet 202 |
| 8  | 20:11.00 | L | F | Alyssa Coetzer     | 13 | AZON  | ETH 23/11/2025 Capital K Open Water Swim Meet 202 |
| 9  | 20:54.00 | L | F | Suhanna White      | 13 | AQUA  | UTD 23/11/2025 Capital K Open Water Swim Meet 202 |
| 10 | 20:59.00 | L | F | Emma Grobler       | 13 | HAAG  | UTD 23/11/2025 Capital K Open Water Swim Meet 202 |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                              | Time     | P/F/S | Name | Age/Yr                   |    |           |   |
|------------------------------|----------|-------|------|--------------------------|----|-----------|---|
| 11                           | 21:59.00 | L     | F    | Elah-Mae Budram          | 13 | PSCP UMD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 12                           | 22:11.00 | L     | F    | Emihle Mnuunu            | 13 | FRA KCD   | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 13                           | 23:22.00 | L     | F    | Annabella Mitchell-Innes | 13 | PSCP UMD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 14                           | 23:27.00 | L     | F    | Lily Hoar                | 13 | KLOO ETH  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 15                           | 23:55.00 | L     | F    | Leah-Bella Budram        | 13 | PSCP UMD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 16                           | 23:59.00 | L     | F    | Rachel Konigkramer       | 13 | PSCP UMD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 17                           | 24:16.00 | L     | F    | Minei Harmse             | 13 | PSCP UMD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 18                           | 24:26.00 | L     | F    | Megan Sykes              | 13 | PSCP UMD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 19                           | 26:01.00 | L     | F    | Nandile Shabalala        | 13 | AQUA UTD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 20                           | 32:07.00 | L     | F    | Katia Cerone             | 13 | HAAG UTD  | 23/11/2025 Capital K Open Water Swim Meet 202 |
| <b>Women 13-14 1500 Free</b> |          |       |      |                          |    |           |   |
| 1                            | 18:25.95 | L     | O    | Ava Grebe                | 13 | CUHE OBD  | 16/11/2025 CTA OWS - Series 2                 |
| 2                            | 18:54.02 | L     | F    | Mackenzie Raffle         | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-  |
| 3                            | 19:06.99 | L     | O    | Emily Koegelenberg       | 13 | XCEL CPT  | 16/11/2025 CTA OWS - Series 2                 |
| 4                            | 19:17.17 | L     | F    | Evie du Plessis          | 13 | FSA FS    | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026      |
| 5                            | 19:20.29 | L     | F    | Shalea Hamilton          | 13 | BEST NMA  | 16/08/2025 2nd A League Gala 2025             |
| 6                            | 19:22.21 | L     | O    | Georgia Sabbagha         | 13 | PAQU CED  | 16/11/2025 CTA OWS - Series 2                 |
| 7                            | 19:44.96 | L     | F    | Aqeelah Williams         | 13 | UWCA CPT  | 21/03/2026 Sa National JNR Age Group Champs-  |
| 8                            | 20:00.88 | L     | F    | Charlotte Hofinger       | 13 | ASAC CPT  | 21/03/2026 Sa National JNR Age Group Champs-  |
| 9                            | 20:04.64 | L     | F    | Oyama Baqwa              | 13 | SGUL ETH  | 21/03/2026 Sa National JNR Age Group Champs-  |
| 10                           | 20:28.38 | L     | F    | Amelie Billson           | 13 | LALE CED  | 21/03/2026 Sa National JNR Age Group Champs-  |
| 11                           | 20:58.74 | L S   | F    | Johané Burger            | 13 | ROA EDD   | 04/12/2025 Western Cape LC-A Championship 20  |
| 12                           | 21:15.19 | L     | F    | Charné De Bruin          | 13 | TUKS FSH  | 27/02/2026 NTS Level 3+ February Age Group Ga |
| 13                           | 21:24.53 | L     | F    | Olivia Nel               | 13 | CLA WCD   | 21/02/2026 Swartland Invitational Gala 2026   |
| 14                           | 21:24.79 | L     | O    | Caitlin Barnes           | 13 | SAAW CPT  | 14/12/2025 CTA OWS - Series 4                 |
| 15                           | 21:47.00 | L     | O    | Milani Butau             | 13 | BEST NMA  | 18/01/2026 NMBA OWS Championships 2026        |
| 16                           | 21:53.15 | L     | F    | Laila Christie           | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202  |
| 17                           | 21:54.00 | L     | O    | Mienke Kok               | 13 | INFA NMA  | 18/01/2026 NMBA OWS Championships 2026        |
| 18                           | 22:08.90 | L     | F    | Liane Van Zyl            | 13 | UPSK ZMD  | 31/10/2025 UPINGTON PRESTIGE GALA 2025        |
| 19                           | 22:25.26 | L     | O    | Juno Bouwer              | 13 | CASC CPT  | 14/12/2025 CTA OWS - Series 4                 |
| 20                           | 22:30.97 | L     | F    | Alexis Visser            | 13 | MAKO EKU  | 20/09/2025 EGA Summer 1 2025                  |
| 21                           | 23:05.66 | L     | F    | Cayleigh Machill         | 13 | BARA EKU  | 20/09/2025 EGA Summer 1 2025                  |
| 22                           | 23:06.06 | L     | F    | Marizelle Vermaak        | 13 | HREF BP   | 15/11/2025 NWS Age Group 3 2025               |
| 23                           | 23:32.48 | L     | O    | Karli Karstens           | 13 | WAC EDD   | 16/11/2025 CTA OWS - Series 2                 |
| 24                           | 23:47.00 | L     | F    | Jasmine Woodburn         | 13 | MDOL JHB  | 17/01/2026 Primeview Festival AG Champs 2026  |
| 25                           | 23:47.85 | L     | F    | Isabella Haldane         | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26       |
| 26                           | 23:55.00 | L     | O    | Ella Adams               | 13 | CASC CPT  | 10/01/2026 WCA Open Water Champions           |
| 27                           | 24:35.11 | L     | O    | Alexei Slabbert          | 13 | ASAC CPT  | 16/11/2025 CTA OWS - Series 2                 |
| 28                           | 26:17.46 | L     | O    | Cara van Wyk             | 13 | BARR CPT  | 16/11/2025 CTA OWS - Series 2                 |
| 29                           | 26:47.32 | L     | F    | Alexia Dippenaar         | 13 | BS LLD    | 10/10/2025 Super Seals Annual Gala            |
| 30                           | 27:26.00 | L     | O    | Alexis Visagie           | 13 | BEST NMA  | 18/01/2026 NMBA OWS Championships 2026        |
| 31                           | 27:27.15 | L     | O    | Holly Grondman           | 13 | CTO CPT   | 16/11/2025 CTA OWS - Series 2                 |
| 32                           | 27:46.00 | L     | O    | Kayleigh Brophy          | 13 | AAS JHB   | 12/10/2025 Manyaka OW Sprint 2025             |
| 33                           | 27:59.53 | L     | O    | Noluthando Nkosi         | 13 | NSAD EZD  | 12/10/2025 MPUMALANGA OPEN WATER 12 OC        |
| 34                           | 28:13.73 | L     | O    | Chloe Rautenbach         | 13 | UNIU EZD  | 15/02/2026 MPUMALANGA OPEN WATER 15 FEI       |
| 35                           | 30:56.00 | L     | F    | Gemma Smith              | 13 | SWIM1 JHB | 06/12/2025 Primeview #2 2025                  |
| 36                           | 33:35.00 | L     | F    | Lulibo Mdluli            | 13 | ELEC FSH  | 06/12/2025 Primeview #2 2025                  |
| 37                           | 34:45.00 | L     | O    | Muazza Dawood            | 13 | ATLA JHB  | 12/10/2025 Manyaka OW Sprint 2025             |
| 38                           | 34:53.82 | L     | O    | Tshiamo Mlangeni         | 13 | UNI EZD   | 12/10/2025 MPUMALANGA OPEN WATER 12 OC        |
| 39                           | 42:28.00 | L     | F    | Emihle Mnuunu            | 13 | FRA KCD   | 15/11/2025 KZNA Open Water Championship       |
| <b>Women 13-14 3000 Free</b> |          |       |      |                          |    |           |   |
| 1                            | 19:40.41 | L     | P    | Shalea Hamilton          | 13 | ECA BUF   | 06/03/2026 SA National Bombela OWS Champion   |
| 2                            | 43:02.00 | L     | O    | Georgia Sabbagha         | 13 | PAQU CED  | 14/12/2025 CTA OWS - Series 4                 |
| 3                            | 43:56.01 | L     | O    | Oyama Baqwa              | 13 | KZNA ETH  | 06/03/2026 SA National Bombela OWS Champion   |
| 4                            | 44:29.07 | L     | O    | Caitlin Barnes           | 13 | SAAW CPT  | 10/01/2026 WCA Open Water Champions           |
| 5                            | 45:01.32 | L     | O    | Jasmine Woodburn         | 13 | AGB JHB   | 06/03/2026 SA National Bombela OWS Champion   |
| 6                            | 45:03.02 | L     | O    | Zarah Mathee             | 13 | UWCA CPT  | 10/01/2026 WCA Open Water Champions           |
| 7                            | 46:05.00 | L     | O    | Milani Butau             | 13 | BEST NMA  | 18/01/2026 NMBA OWS Championships 2026        |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|    | Time       | P/F/S | Name | Age/Yr            |    |           |   |
|----|------------|-------|------|-------------------|----|-----------|---|
| 8  | 46:54.00   | L     | O    | Aqeelah Williams  | 13 | RSA       | 07/09/2025 XXI AA Zone IV OWS Championships   |
| 9  | 50:33.96   | L     | O    | Noluthando Nkosi  | 13 | NSAD EZD  | 15/02/2026 MPUMALANGA OPEN WATER 15 FE        |
| 10 | 54:29.00   | L     | F    | Olwemvelo Ngema   | 13 | FRA KCD   | 15/11/2025 KZNA Open Water Championship       |
| 11 | 55:47.00   | L     | F    | Marizelle Vermaak | 13 | HREF BPD  | 17/01/2026 Primeview Festival AG Champs 2026  |
| 12 | 55:50.00   | L     | O    | Alexis Visagie    | 13 | BEST NMA  | 18/01/2026 NMBA OWS Championships 2026        |
| 13 | 1:00:50.00 | L     | O    | Suhanna White     | 13 | AADUB ETH | 10/01/2026 Baynesfield 2026                   |
| 14 | 1:01:40.62 | L     | O    | Saffiya Emjedi    | 13 | SAAW CPT  | 16/11/2025 CTA OWS - Series 2                 |
| 15 | 1:01:50.00 | L     | F    | Zekhethelo Radebe | 13 | USHPM UMD | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 16 | 1:05:06.00 | L     | F    | Gemma Smith       | 13 | SWIM1 JHB | 06/12/2025 Primeview #2 2025                  |
| 17 | 1:06:24.00 | L     | F    | Keyante Lynch     | 13 | SWIM1 JHB | 02/11/2025 Primeview #1 2025                  |
| 18 | 1:08:17.00 | L     | F    | Senzelwe Mwandla  | 13 | USHPM UMD | 23/11/2025 Capital K Open Water Swim Meet 202 |
| 19 | 1:09:44.00 | L     | O    | Lara Ainslie      | 13 | LINR JHB  | 12/10/2025 Manyaka OW Sprint 2025             |
| 20 | 1:10:22.00 | L     | F    | Lulibo Mdluli     | 13 | ELEC TSH  | 06/12/2025 Primeview #2 2025                  |

#### Women 13-14 5000 Free

|   |            |   |   |                  |    |          |   |
|---|------------|---|---|------------------|----|----------|---|
| 1 | 1:03:00.00 | L | O | Aqeelah Williams | 13 | UWCA CPT | 10/01/2026 WCA Open Water Champions         |
| 2 | 1:07:56.56 | L | O | Shalea Hamilton  | 13 | ECA BUF  | 06/03/2026 SA National Bombela OWS Champion |
| 3 | 1:32:44.00 | L | F | Carinke Wessels  | 13 | BLOT MAN | 17/01/2026 Gariep Open 2026                 |
| 4 | 1:33:34.10 | L | O | Noluthando Nkosi | 13 | NSAD EZD | 01/02/2026 MPUMALANGA OPEN WATER 1 FEB      |

#### Women 13-14 50 Back

|     |       |   |   |                             |    |           |   |
|-----|-------|---|---|-----------------------------|----|-----------|---|
| 1   | 32.49 | L | F | Riley Haupt                 | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 2   | 32.77 | L | F | Anja Boshoff                | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 3   | 32.81 | L | P | Ava Bosch                   | 13 | DRGN EKU  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 4   | 32.85 | L | P | Victoria Meyburgh           | 13 | CA EKU    | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 5   | 32.89 | L | F | Barcelona Xaba              | 13 | SASE JHB  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 6   | 32.99 | L | F | Shalea Hamilton             | 13 | BEST NMA  | 30/01/2026 Infinity Gala 2026                     |
| 7   | 33.14 | L | F | Mienke Kok                  | 13 | INFA NMA  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 8   | 33.16 | L | F | Jade Chilisa                | 13 | TUKS TSH  | 22/11/2025 20th UBSC Swimming Gala                |
| 9   | 33.24 | L | F | Elizabeth Roth              | 13 | PEAS NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 10  | 33.55 | L | F | Uma Pearson-Adams           | 13 | SAAW CPT  | 04/12/2025 Western Cape LC-A Championship 20      |
| 11  | 33.83 | L | P | Wilhelmina Erasmus          | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship       |
| 12  | 34.01 | L | P | Sophia Gullan               | 13 | VINE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 13  | 34.04 | L | F | Lia van Heerden             | 13 | FSS       | 24/04/2026 SA Schools Swimming Championship       |
| 14  | 34.07 | L | P | Morgan Butterworth          | 13 | AQX       | 06/02/2026 Dubai Open Swimming Championship       |
| 15  | 34.11 | L | P | Isabella Goncalves          | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship       |
| 16  | 34.15 | L | P | Sarah-Kate Odendaal         | 13 | QSSC CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 17  | 34.18 | L | F | Danika Steyn                | 13 | KSC EZD   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 18  | 34.39 | L | P | Ineke Van Maarleveld        | 13 | ACAQ CCD  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 19  | 34.41 | L | F | Abby Mostert                | 13 | AWIN TSH  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 20  | 34.60 | L | P | Annabel Meyer               | 13 | BULS MAN  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 21  | 34.77 | L | F | Alessia Barthus             | 13 | MANT CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 22  | 34.80 | L | P | Carinke Wessels             | 13 | BLOT MAN  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 23  | 34.89 | L | P | Arya De Sousa               | 13 | TRAZ TSH  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 24  | 35.00 | L | F | Lene Klopper                | 13 | QSSC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 25  | 35.21 | L | F | Isabella Haldane            | 13 | FISH EDD  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 26* | 35.37 | L | P | Alexis De Witt              | 13 | TUKS TSH  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 26* | 35.37 | L | F | Rirhandzu Chauke            | 13 | DORE JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 28  | 35.39 | L | P | Mignon Swart                | 13 | UNI EZD   | 05/12/2025 Mpumalanga Championships 2025          |
| 29  | 35.57 | L | F | Danica Marrier D'Unienville | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship       |
| 30* | 35.64 | L | P | Jasmine Woodburn            | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                 |
| 30* | 35.64 | L | F | Tayla Brown                 | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 32  | 35.67 | L | P | Leila Parker                | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20      |
| 33  | 35.69 | L | F | Nadelija Pillay             | 13 | VHD ZLD   | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 34  | 35.76 | L | F | Lumka Zamisa                | 13 | PWC BP    | 13/02/2026 NW School Championships 2026           |
| 35  | 35.80 | L | P | Laila Christie              | 13 | USC BUF   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 36  | 35.84 | L | P | Mikayla Oliver              | 13 | PAC TSH   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 37  | 35.88 | L | F | Libby Ritchie               | 13 | PSCP UMD  | 18/12/2025 KNZA Premier Provincial Championship   |
| 38* | 35.92 | L | F | Nokutenda Tembo             | 13 | EDEN ED   | 10/01/2026 NMBA INTER-DISTRICT PRESTIGE C         |
| 38* | 35.92 | L | F | Jenna Nieuwoudt             | 13 | SWAR WCD  | 21/02/2026 Swartland Invitational Gala 2026       |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time  | P/F/S | Name | Age/Yr                    |    |       |  |
|-----|-------|-------|------|---------------------------|----|-------|--|
| 40  | 36.03 | L     | F    | Riley Sanders             | 13 | HPS   | FSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 41  | 36.05 | L     | F    | Zarah Matthee             | 13 | UWCA  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 42  | 36.10 | L     | P    | Mattae Morel              | 13 | CA    | EKU 04/12/2025 EGA Summer Championships 2025         |
| 43  | 36.23 | L     | F    | Samantha Wilson           | 13 | INFA  | NMA 30/01/2026 Infinity Gala 2026                    |
| 44  | 36.35 | L     | F    | Hope Churchman            | 13 | WSTV  | ETH 18/12/2025 KZN Premier Provincial Championship   |
| 45  | 36.36 | L     | F    | Milani Butau              | 13 | BEST  | NMA 28/06/2025 PEA Winter Gala 2025                  |
| 46  | 36.42 | L     | F    | Jadine Grobler            | 13 | LSKP  | WBD 31/01/2026 Limpopo School Champs & Limpopo A     |
| 47  | 36.43 | L     | F    | Ryleigh Moir              | 13 | AADUB | ETH 21/02/2026 KZN Schools Trials 2026               |
| 48  | 36.56 | L     | P    | Lize De Wet               | 13 | LP    | CCD 24/04/2026 SA Schools Swimming Championship      |
| 49  | 36.60 | L     | F    | Shelby Schoeman           | 13 | CA    | EKU 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 50  | 36.73 | L     | P    | Katherine Harrop-Allin    | 13 | CSC   | FSH 21/03/2026 Sa National JNR Age Group Champs-;    |
| 51  | 36.87 | L     | F    | Anna Horn                 | 13 | XCEL  | CPT 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 52  | 36.94 | L     | F    | Sisanda Palframan         | 13 | SEAL  | UMD 18/12/2025 KZN Premier Provincial Championship   |
| 53  | 37.00 | L     | F    | Holli Tait                | 13 | KLOO  | ETH 03/10/2025 Curro AquaElite Gala                  |
| 54  | 37.03 | L     | F    | Annabella Mitchell-Innes  | 13 | PSCP  | UMD 21/02/2026 KZN Schools Trials 2026               |
| 55  | 37.05 | L     | F    | Jovanah McGluwa           | 13 | CASC  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 56  | 37.08 | L     | F    | Inge Du Plessis           | 13 | LP    | CCD 24/04/2026 SA Schools Swimming Championship      |
| 57  | 37.13 | L     | F    | Ruby Van Dyk              | 13 | PSCP  | UMD 21/02/2026 KZN Schools Trials 2026               |
| 58  | 37.17 | L     | F    | Unathi Vuyeqaba           | 13 | TUKS  | FSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 59  | 37.21 | L     | P    | Senzelwe Mwandla          | 13 | USHPM | UMD 21/03/2026 Sa National JNR Age Group Champs-;    |
| 60* | 37.23 | L     | F    | Nina Pieterse             | 13 | PEAS  | NMA 20/09/2025 3rd A League Gala 2025                |
| 60* | 37.23 | L S   | F    | Aqeelah Williams          | 13 | UWCA  | CPT 01/11/2025 CTA District A CHAMPS 2025            |
| 62  | 37.32 | L S   | F    | Jemma Lloyd               | 13 | VINE  | CPT 01/11/2025 CTA District A CHAMPS 2025            |
| 63  | 37.35 | L     | F    | Milah Allen               | 13 | SFSA  | JHB 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 64  | 37.38 | L     | F    | Emily Hengst              | 13 | CASC  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 65* | 37.44 | L     | F    | Mikayla Holmes            | 13 | CRSC  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 65* | 37.44 | L     | F    | Christie Snyders          | 13 | VALS  | FDD 03/12/2025 Free State Champs 2025                |
| 67  | 37.48 | L     | F    | Liane Van Zyl             | 13 | UPSK  | ZMD 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 68  | 37.49 | L     | P    | Noa Sebastiao             | 13 | TUKS  | FSH 10/12/2025 NTS Championships 2025                |
| 69  | 37.54 | L     | F    | Mia Vorster               | 13 | WELA  | LLD 05/09/2025 Bullsharks Gala                       |
| 70  | 37.56 | L     | F    | Paige Schutze-Langston    | 13 | MDOL  | JHB 27/11/2025 CGA Championships 2025                |
| 71  | 37.60 | L     | F    | Elah-Mae Budram           | 13 | PSCP  | UMD 21/02/2026 KZN Schools Trials 2026               |
| 72* | 37.62 | L     | F    | Kate Cheshire             | 13 | MDOL  | JHB 27/11/2025 CGA Championships 2025                |
| 72* | 37.62 | L     | F    | Kathryn Nolan             | 13 | MDOL  | JHB 27/11/2025 CGA Championships 2025                |
| 74* | 37.63 | L     | F    | Marni Snyman              | 13 | LP    | CCD 24/04/2026 SA Schools Swimming Championship      |
| 74* | 37.63 | L     | F    | Alyssa Coetzer            | 13 | AZON  | ETH 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 74* | 37.63 | L     | P    | Megan Palmer              | 13 | AFIN  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 77  | 37.73 | L     | P    | Olivia Nel                | 13 | CLA   | WCD 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 78  | 37.75 | L     | F    | Tayllyn Boshoff           | 13 | USC   | BUF 28/02/2026 Eastern Cape School Provincial Trials |
| 79  | 37.81 | L     | F    | Laila van Antwerpen       | 13 | PAC   | FSH 28/06/2025 PEA Winter Gala 2025                  |
| 80  | 37.85 | L     | F    | Alexia Smith              | 13 | WATR  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 81  | 37.88 | L     | F    | Amber Spence              | 13 | ELEC  | FSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 82  | 37.90 | L     | F    | Ayyah Jacob               | BR | VASA  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 83  | 37.91 | L     | F    | Jessica Jansen van Vuuren | 13 | SEAL  | UMD 09/07/2025 TYR Prestige Tournament 2025          |
| 84  | 37.93 | L     | P    | Brooklyn Terwin           | 13 | USC   | BUF 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 85  | 37.99 | L     | P    | Rebecca Osler             | 13 | PEAS  | NMA 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 86* | 38.06 | L     | P    | Phillipa Williams         | 13 | SOUL  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 86* | 38.06 | L     | P    | Sophie Kretzmann          | 13 | USC   | BUF 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 88  | 38.09 | L     | F    | Namangolwa Semenova       | 13 | USCLT | BUF 04/10/2025 ZASU Matero Twilight Special 2025-26  |
| 89  | 38.15 | L     | F    | Chenique Kooi             | 13 | TUKS  | FSH 23/01/2026 2026 NTS Sprint Gala                  |
| 90  | 38.16 | L     | F    | Sarah Schofield           | 13 | AADUB | ETH 21/02/2026 KZN Schools Trials 2026               |
| 91  | 38.17 | L     | F    | Kayleigh Brophy           | 13 | AAS   | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 92  | 38.18 | L     | P    | Nicoline Du Preez         | 13 | NWUC  | KKD 06/12/2025 NWS Championships 2025                |
| 93* | 38.25 | L     | P    | Emily Koegelenberg        | 13 | XCEL  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 93* | 38.25 | L     | F    | Leane Nel                 | 13 | EXP   | FSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 93* | 38.25 | L     | F    | Mieke Smit                | 13 | UNI   | EZD 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/       |
| 96* | 38.36 | L     | P    | Kara Pretorius            | 13 | SSISA | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 96* | 38.36 | L     | F    | Dané De Kock              | 13 | LSM   | EZD 13/02/2026 NW School Championships 2026          |
| 98* | 38.37 | L     | F    | Alexis Kalapac            | 13 | SLAQ  | CPT 09/10/2025 44th Freda Barnard Invitational Gala  |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                 |    |       |  |
|------|-------|-------|------|------------------------|----|-------|--|
| 98*  | 38.37 | L     | F    | Mercy Theu             | 13 | MDOL  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 100  | 38.40 | L     | F    | Ava de Bruin           | 13 | SEAL  | UMD 21/02/2026 KZN Schools Trials 2026               |
| 101* | 38.42 | L     | P    | Johané Burger          | 13 | ROA   | EDD 04/12/2025 Western Cape LC-A Championship 20     |
| 101* | 38.42 | L     | F    | Ella Kalp              | 13 | AZON  | ETH 06/10/2025 Seagulls Winter Championships 2025    |
| 103  | 38.46 | L     | F    | Isabella Vreenegoor    | 13 | CRSC  | JHB 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 104  | 38.54 | L     | P    | Lily Hoar              | 13 | KLOO  | ETH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 105* | 38.62 | L     | P    | Khalalelo Ratlhogo     | 13 | ESP   | EKU 04/12/2025 EGA Summer Championships 2025         |
| 105* | 38.62 | L     | F    | Alivia Nel             | 13 | MDOL  | JHB 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 107  | 38.64 | L     | F    | Zoe Ngema              | 13 | SGUL  | ETH 06/10/2025 Seagulls Winter Championships 2025    |
| 108  | 38.74 | L     | P    | Karla Wolmarans        | 13 | NC    | FBD 24/04/2026 SA Schools Swimming Championship      |
| 109  | 38.78 | L     | P    | Kiarah Beukes          | 13 | PAC   | FSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 110  | 38.81 | L     | F    | Grace Julies           | 13 | XCEL  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 111  | 38.82 | L     | F    | Jaimey Shaw            | 13 | ESTR  | EKU 22/11/2025 EGA Summer 3 & 4                      |
| 112  | 38.88 | L     | P    | Sky Eyssen             | 13 | MANT  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 113  | 39.00 | L     | P    | Zara Jantjies          | 13 | MANT  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 114  | 39.12 | L     | F    | Hannah Von Mollendorff | 13 | KLOO  | ETH 21/02/2026 KZN Schools Trials 2026               |
| 115  | 39.13 | L     | F    | Joslyn Zwaanenburg     | 13 | SGUL  | ETH 06/10/2025 Seagulls Winter Championships 2025    |
| 116  | 39.17 | L     | P    | Kenna Lilley           | 13 | TYGE  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 117  | 39.19 | L     | F    | Leah Du Plessis        | 13 | CHSA  | CPT 28/02/2026 Eastern Cape School Provincial Trials |
| 118  | 39.23 | L     | F    | Taliyah Eveleigh       | 13 | MCSH  | BPD 13/02/2026 NW School Championships 2026          |
| 119  | 39.25 | L     | P    | Leandi Liebenberg      | 13 | LP    | CCD 24/04/2026 SA Schools Swimming Championship      |
| 120  | 39.27 | L     | F    | Rebecca Osler          | 13 | VINE  | CPT 15/11/2025 5th A League Gala 2025                |
| 121  | 39.28 | L     | P    | Lauren Kleinhans       | 13 | AA    | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 122* | 39.29 | L     | F    | Juliette Hosatte       | 13 | INFA  | NMA 24/10/2025 QATAR FOUNDATION SWIM SERIES          |
| 122* | 39.29 | L     | P    | Selma Rumbold          | 13 | OLDE  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 124  | 39.30 | L     | P    | Olivia Meyburgh        | 13 | CA    | EKU 04/12/2025 EGA Summer Championships 2025         |
| 125  | 39.31 | L     | F    | Oyama Tuta             | 13 | PELIC | MAN 31/10/2025 Mangaung Gala                         |
| 126  | 39.33 | L     | F    | Marang Ndlovu          | 13 | MDOL  | JHB 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 127  | 39.36 | L     | P    | Neanè Van Zyl          | 13 | GREY  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 128  | 39.44 | L     | P    | Nuhaa Cozyn            | 13 | MANT  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 129* | 39.47 | L     | F    | Zaarah Meyer           | 13 | HTSA  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 129* | 39.47 | L     | F    | Ziane Drenth           | 13 | AWIN  | FSH 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 131  | 39.48 | L     | P    | Kyleigh Shelton        | 13 | ESTR  | EKU 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 132  | 39.52 | L     | F    | Catharina Coetzer      | 13 | QSSC  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 133  | 39.59 | L     | P    | Leah Struwig           | 13 | TUKS  | FSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 134  | 39.70 | L S   | F    | Vanessa Jurado         | 13 | VINE  | CPT 01/11/2025 CTA District A CHAMPS 2025            |
| 135  | 39.78 | L     | F    | Charné De Bruin        | 13 | TUKS  | FSH 14/11/2025 NTS Level 3+ November Age Group G     |
| 136  | 39.84 | L     | P    | Amore Breytenbach      | 13 | ESA   | GED 04/12/2025 Western Cape LC-A Championship 20     |
| 137  | 39.87 | L     | F    | Shadri Bosman          | 13 | RFA   | FSH 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 138  | 39.91 | L     | P    | Alexis Visser          | 13 | MAKO  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 139  | 39.94 | L     | F    | Zethembiso Mbambo      | 13 | SEAL  | UMD 09/07/2025 TYR Prestige Tournament 2025          |
| 140  | 39.96 | L     | F    | Lea Kotzé              | 13 | PGIM  | KKD 13/02/2026 NW School Championships 2026          |
| 141  | 39.97 | L     | P    | Caitlin McDowell       | 13 | ESP   | EKU 04/12/2025 EGA Summer Championships 2025         |
| 142  | 39.98 | L     | P    | Jessica Arenz          | 13 | SSISA | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 143  | 40.01 | L     | P    | Areli Muyaka           | 13 | HARB  | BPD 06/12/2025 NWS Championships 2025                |
| 144  | 40.06 | L     | P    | Dione Smit             | 13 | CASC  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 145  | 40.10 | L     | P    | Jada Hendricks         | 13 | CASC  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 146* | 40.12 | L     | F    | Tatum Samuels          | 13 | XCEL  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 146* | 40.12 | L     | P    | Mikayla Jordaan        | 13 | CASC  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 148  | 40.17 | L     | P    | Abigail Paice          | 13 | SOUL  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 149  | 40.19 | L     | F    | Lara Rosenstrauch      | 13 | HTSA  | CPT 29/11/2025 CTA B CHAMPS 2025                     |
| 150  | 40.22 | L     | P    | Tayla Scheepers        | 13 | RFA   | FSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 151  | 40.33 | L     | F    | Scarlett Garassino     | 13 | SASE  | JHB 27/11/2025 CGA Championships 2025                |
| 152* | 40.34 | L     | P    | Kaitlyn Haynes-Smart   | 13 | VINE  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 152* | 40.34 | L     | F    | Mienke Pretorius       | 13 | UPSK  | ZMD 17/01/2026 AGE GROUP 5 UPT 2026                  |
| 154  | 40.35 | L     | F    | Ilé Ferreira           | 13 | TUKS  | FSH 23/01/2026 2026 NTS Sprint Gala                  |
| 155* | 40.46 | L     | P    | Katelyn Naidoo         | 13 | MAKO  | EKU 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 155* | 40.46 | L     | P    | Esme Bowes             | 13 | TUKS  | FSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 157  | 40.48 | L     | F    | Anye Brink             | 13 | ESA   | GED 06/02/2026 WCA-B Champs - 2026                   |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr               |    |           |            |                                       |
|------|-------|-------|------|----------------------|----|-----------|------------|---------------------------------------|
| 158  | 40.49 | L     | F    | Roxanne Coetzee      | 13 | GHS BPD   | 13/02/2026 | NW School Championships 2026          |
| 159  | 40.50 | L     | F    | Mienke Gerber        | 13 | FISH EDD  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 160* | 40.53 | L     | F    | Liané Stoltz         | 13 | UNIU EZD  | 26/09/2025 | MP AGE GROUP 1 26-27 SEPT'25          |
| 160* | 40.53 | L     | F    | Livia Vancoillie     | 13 | QSSC CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 162  | 40.54 | L     | F    | Katie Van den Heever | 13 | ROB EZD   | 18/02/2026 | EHLANZENI INTER HIGH GALA 18 FI       |
| 163  | 40.55 | L     | P    | Juno Bouwer          | 13 | CASC CPT  | 04/12/2025 | Western Cape LC-A Championship 20     |
| 164  | 40.68 | L     | P    | Mia Benade           | 13 | UPSK ZMD  | 30/03/2026 | SA Level 2 Regional Age Group Cham    |
| 165  | 40.70 | L     | P    | Tumisho Mojapelo     | 13 | PAC TSH   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 166  | 40.76 | L     | F    | Ruvarashe Chibharo   | 13 | TYGE CPT  | 28/06/2025 | PEA Winter Gala 2025                  |
| 167* | 40.77 | L     | F    | Kara De Wit          | 13 | RFA TSH   | 17/10/2025 | NTS Level 3+ October Age Group Gal    |
| 167* | 40.77 | L     | P    | Mia Van de Vyver     | 13 | ESA CED   | 04/12/2025 | Western Cape LC-A Championship 20     |
| 169  | 40.78 | L     | F    | Malin Swart          | 13 | USC BUF   | 30/01/2026 | Infinity Gala 2026                    |
| 170  | 40.79 | L     | P    | Alexianne Metzger    | 13 | SWIFT EKU | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 171  | 40.83 | L     | F    | Jua Jonker           | 13 | POTC KKD  | 06/12/2025 | NWS Championships 2025                |
| 172  | 40.87 | L     | P    | Mikayla Coleman      | 13 | TCA EKU   | 04/12/2025 | EGA Summer Championships 2025         |
| 173* | 40.88 | L     | P    | Milla Da Silva       | 13 | CA EKU    | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 173* | 40.88 | L     | P    | Marizelle Vermaak    | 13 | HREF BPD  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 175  | 40.90 | L     | F    | Sophia Hutchison     | 13 | GHSK      | 05/12/2025 | NCASA CHAMPS 2025 - copied - copi     |
| 176  | 40.96 | L     | F    | Cayleigh Machill     | 13 | BARA EKU  | 22/11/2025 | EGA Summer 3 & 4                      |
| 177  | 40.99 | L     | F    | Nina Koen            | 13 | FISH EDD  | 08/11/2025 | EDEN 3rd A-League Gala 2025           |
| 178  | 41.08 | L     | F    | Mikaela Van Heerden  | 13 | TUKS TSH  | 23/01/2026 | 2026 NTS Sprint Gala                  |
| 179  | 41.11 | L     | F    | Liane Muller         | 13 | CHSA CPT  | 28/02/2026 | Eastern Cape School Provincial Trials |
| 180  | 41.19 | L     | P    | Holly Karels         | 13 | SWIFT EKU | 04/12/2025 | EGA Summer Championships 2025         |
| 181  | 41.23 | L     | F    | Retshepile Phalafala | 13 | MDOL JHB  | 14/02/2026 | CGA Last Chance                       |
| 182  | 41.26 | L     | P    | Clara Duvenage       | 13 | CA EKU    | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 183* | 41.30 | L     | P    | Thalia Naidoo        | 13 | SASE JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 183* | 41.30 | L     | F    | Abigail Langerman    | 13 | DORE JHB  | 08/11/2025 | CGA Summer 3 - Level 2+ - 2025        |
| 185  | 41.33 | L     | P    | Qhayiya Sizani       | 13 | PAC TSH   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 186  | 41.41 | L     | F    | Tamika Abbey         | 13 | PER JHB   | 08/11/2025 | CGA Summer 3 - Level 2+ - 2025        |
| 187  | 41.49 | L     | F    | Izabella Botha       | 13 | BLMA CPT  | 22/11/2025 | Swartland Prestige Gala 2025          |
| 188  | 41.50 | L     | P    | Leandi Swarts        | 13 | PSA ZLD   | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 189  | 41.52 | L     | F    | Shyla Lutchman       | 13 | VINE CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 190  | 41.57 | L     | P    | Gia Stedall          | 13 | PAC TSH   | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 191  | 41.72 | L     | F    | Annabel Van Reenen   | 13 | ACSA ETH  | 15/11/2025 | KZN Junior Championships 2025         |
| 192  | 41.73 | L     | P    | Jana Booysen         | 13 | CUHE OBD  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 193* | 41.76 | L     | F    | Rebecca Joubert      | 13 | INFA NMA  | 12/12/2025 | NMBA Championships 2025               |
| 193* | 41.76 | L     | P    | Bailey Maralik       | 13 | SFSA JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 195  | 41.84 | L     | P    | Jenna Leppan         | 13 | AZON ETH  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 196  | 41.85 | L     | P    | Ella Adams           | 13 | CASC CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 197  | 41.98 | L     | F    | Sydney Howes         | 13 | HSH BP    | 13/02/2026 | NW School Championships 2026          |
| 198  | 42.01 | L     | F    | Leah-Bella Budram    | 13 | PSCP UMD  | 15/11/2025 | KZN Junior Championships 2025         |
| 199  | 42.02 | L     | F    | Cayla Fourie         | 13 | NHS EZD   | 18/02/2026 | EHLANZENI INTER HIGH GALA 18 FI       |
| 200  | 42.05 | L     | F    | Amogelang Mamabolo   | 13 | HSH BP    | 13/02/2026 | NW School Championships 2026          |
| 201  | 42.07 | L     | P    | Tayla Welgemoed      | 13 | AAS JHB   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 202* | 42.13 | L     | F    | Talia Grantham       | 13 | PSCP UMD  | 15/11/2025 | KZN Junior Championships 2025         |
| 202* | 42.13 | L     | F    | Lara Van Veelen      | 13 | TASC MPD  | 28/11/2025 | Limpopo Champs 2025                   |
| 204  | 42.20 | L     | P    | Chloe Mkhabela       | 13 | CA EKU    | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 205  | 42.28 | L     | F    | Zara Field           | 13 | CTO CPT   | 29/11/2025 | CTA B CHAMPS 2025                     |
| 206  | 42.30 | L S   | F    | Luisa Kimani         | 13 | CYBE CPT  | 01/11/2025 | CTA District A CHAMPS 2025            |
| 207  | 42.32 | L     | F    | Hlelo Mtwa           | 13 | PER JHB   | 08/11/2025 | CGA Summer 3 - Level 2+ - 2025        |
| 208  | 42.36 | L     | P    | Ava Grebe            | 13 | CUHE OBD  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 209  | 42.41 | L     | F    | Zanli Le Roux        | 13 | AGAQ OBD  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 210  | 42.42 | L     | F    | Sloan Warner         | 13 | INFA NMA  | 30/08/2025 | Madibaz Swim Meet 2025                |
| 211  | 42.50 | L     | F    | Emma Grobler         | 13 | HAAG UTD  | 06/12/2025 | UThukela District Age Group 3         |
| 212  | 42.62 | L     | F    | Racquelle Saporta    | 13 | INFA NMA  | 28/06/2025 | PEA Winter Gala 2025                  |
| 213  | 42.69 | L     | F    | Cait Dawson          | 13 | XCEL CPT  | 21/02/2026 | Swartland Invitational Gala 2026      |
| 214  | 42.74 | L     | F    | Delinda Faber        | 13 | AFIN JHB  | 14/02/2026 | CGA Last Chance                       |
| 215  | 42.94 | L     | F    | Michaela Hirst       | 13 | MCSH BPD  | 13/02/2026 | NW School Championships 2026          |
| 216* | 42.98 | L     | F    | Zahara Bhamjee       | 13 | ATLA JHB  | 28/02/2026 | AG Level 1 Regional Competition 2026  |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                      |    |            |  |
|------|-------|-------|------|-----------------------------|----|------------|--|
| 216* | 42.98 | L     | F    | Kgalalelo Makoloi           | 13 | AZON ETH   | 15/11/2025 KZN Junior Championships 2025         |
| 218  | 43.01 | L     | P    | Alexa Steenkamp             | 13 | CPSC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 219  | 43.04 | L     | P    | Le-May Van Zyl              | 13 | ELRAS WBD  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 220  | 43.09 | L     | F    | Chloe Timperley             | 13 | TRAZ TSH   | 23/01/2026 2026 NTS Sprint Gala                  |
| 221* | 43.10 | L     | F    | Stephné Swanepoel           | 13 | INFA NMA   | 12/12/2025 NMBA Championships 2025               |
| 221* | 43.10 | L     | F    | Luah Theron                 | 13 | TUKS TSH   | 13/02/2026 NTS Level 1+2 February Age Group 21   |
| 223  | 43.12 | L     | F    | Caroline Angius             | 13 | BERG BPD   | 13/02/2026 NW School Championships 2026          |
| 224  | 43.14 | L     | F    | Lize-Mari Vorster           | 13 | WELL GED   | 22/11/2025 Swartland Prestige Gala 2025          |
| 225  | 43.19 | L     | F    | Wilmie Fourie               | 13 | UPSK ZMD   | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 226  | 43.22 | L     | F    | Alexei Slabbert             | 13 | ASAC CPT   | 29/11/2025 CTA B CHAMPS 2025                     |
| 227* | 43.26 | L     | F    | Fredri Uys                  | 13 | DDA TSH    | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 227* | 43.26 | L     | P    | Noluthando Nkosi            | 13 | NSAD EZD   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 229  | 43.29 | L     | F    | Sofia O'Leary               | 13 | MDOL JHB   | 20/02/2026 CGA Level 1 and Level 2 Championsh    |
| 230  | 43.30 | L     | F    | Gabriella Bengell           | 13 | BLNE MAN   | 03/12/2025 Free State Champs 2025                |
| 231  | 43.31 | L     | F    | Keyante Lynch               | 13 | SWIM1 JHB  | 14/02/2026 CGA Last Chance                       |
| 232  | 43.32 | L     | F    | Morgan Martins              | 13 | HSTAN MP   | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 233  | 43.36 | L     | F    | Larike Pretorius            | 13 | KTS        | 18/10/2025 AGE GROUP 1 KATHU 2025                |
| 234* | 43.38 | L     | P    | Margaret-Anne Pienaar       | 13 | DDA TSH    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 234* | 43.38 | L     | P    | Realeboga Kunene            | 13 | PER JHB    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 236  | 43.47 | L     | F    | Eleftheria Synodinos        | 13 | CASC CPT   | 06/02/2026 WCA-B Champs - 2026                   |
| 237  | 43.56 | L     | F    | Rorisang Monareng           | 13 | BLNE MAN   | 03/12/2025 Free State Champs 2025                |
| 238  | 43.57 | L     | F    | Liné Schoeman               | 13 | FISH EDD   | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 239  | 43.71 | L     | F    | Kenzy Barnard               | 13 | FISH EDD   | 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 240  | 43.78 | L     | F    | Leah Mohamed                | 13 | PSCP UMD   | 15/11/2025 KZN Junior Championships 2025         |
| 241* | 43.83 | L     | F    | Emihle Mnuu                 | 13 | FRA KCD    | 31/01/2026 uShaka Champs 2026                    |
| 241* | 43.83 | L     | F    | Nabeeha Raja                | 13 | SHS KK     | 14/02/2026 BCASA School Trials 2026              |
| 243  | 43.86 | L     | F    | Skyler Engelbrecht          | 13 | CAMB P BUF | 14/02/2026 BCASA School Trials 2026              |
| 244  | 43.87 | L     | P    | Nadine Mutanga              | 13 | BEAV ETH   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 245  | 43.96 | L     | F    | Aaminah Spruit              | 13 | WEST CPT   | 22/11/2025 Swartland Prestige Gala 2025          |
| 246  | 44.02 | L     | F    | Ava van der Mescht          | 13 | PEAS NMA   | 28/06/2025 PEA Winter Gala 2025                  |
| 247  | 44.05 | L     | F    | Summer Moonsamy             | 13 | BEAV ETH   | 06/12/2025 Stingrays Champs 2025                 |
| 248  | 44.09 | L     | F    | Jennanice Kershaw           | 13 | AZON ETH   | 09/07/2025 TYR Prestige Tournament 2025          |
| 249  | 44.11 | L     | P    | Mupindiishe Msipa           | 13 | MDOL JHB   | 19/02/2026 Senior National Championships 2026    |
| 250* | 44.12 | L     | F    | Aliana Stipec               | 13 | WAC EDD    | 22/11/2025 Eden LC Champs 2025                   |
| 250* | 44.12 | L     | F    | Izeldi Van Niekerk          | 13 | DOLFI MPD  | 28/11/2025 Limpopo Champs 2025                   |
| 252  | 44.21 | L     | P    | Destheonique Julius         | 13 | UPSK ZMD   | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 253* | 44.25 | L     | P    | Rachel Konigkramer          | 13 | PSCP UMD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 253* | 44.25 | L     | P    | Zoe Kruger                  | 13 | LALE GED   | 04/12/2025 Western Cape LC-A Championship 20     |
| 255  | 44.26 | L     | P    | Grizelda Janse van Rensburg | 13 | NWUC KKD   | 06/12/2025 NWS Championships 2025                |
| 256  | 44.28 | L     | P    | Livi Engelbrecht            | 13 | PAC TSH    | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 257  | 44.31 | L     | F    | Alexis Visagie              | 13 | BEST NMA   | 28/06/2025 PEA Winter Gala 2025                  |
| 258  | 44.45 | L     | F    | Micaela Fourie              | 13 | CSA EZD    | 05/12/2025 Mpumalanga Championships 2025         |
| 259* | 44.46 | L     | F    | Sarah-Leigh Phillips        | 13 | LSTZN CCD  | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 259* | 44.46 | L     | F    | Hailey Jooste - Coetsee     | 13 | FLOD JHB   | 28/02/2026 AG Level 1 Regional Competition 2026  |
| 261  | 44.55 | L     | F    | Sienna Robertson            | 13 | HPS TSH    | 13/02/2026 NTS Level 1+2 February Age Group 21   |
| 262  | 44.57 | L     | F    | Milan Booysen               | 13 | BLOT MAN   | 03/12/2025 Free State Champs 2025                |
| 263  | 44.60 | L     | P    | Zahraa Essack               | 13 | ATLA JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 264  | 44.64 | L     | P    | Ava Arde                    | 13 | CA EKU     | 04/12/2025 EGA Summer Championships 2025         |
| 265  | 44.65 | L     | F    | Gemma Smith                 | 13 | SWIM1 JHB  | 20/02/2026 CGA Level 1 and Level 2 Championsh    |
| 266  | 44.90 | L     | P    | Zizipho Ginindza            | 13 | PAC TSH    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 267  | 44.98 | L     | F    | Lia Schoeman                | 13 | RFA TSH    | 28/02/2026 AG Level 1 Regional Competition 2026  |
| 268  | 45.08 | L     | F    | Ella Venter                 | 13 | ROA EDD    | 04/10/2025 EDEN 1st A-League Gala 2025           |
| 269  | 45.10 | L     | F    | Teresa Smith                | 13 | MDOL JHB   | 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 270  | 45.21 | L     | P    | Nyandano Madaba             | 13 | FAC EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 271  | 45.29 | L     | F    | Hayley Strydom              | 13 | MDOL JHB   | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 272* | 45.34 | L     | F    | Tshiamo Mlangeni            | 13 | UNI EZD    | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/       |
| 272* | 45.34 | L     | F    | Rebecca Lawlor              | 13 | SDSC OTD   | 07/02/2026 BCA Feb Age Group Gala 2026           |
| 274  | 45.40 | L     | F    | Vibha Fakir                 | 13 | USC BUF    | 28/11/2025 BCA Long Course Championships 202     |
| 275  | 45.44 | L     | P    | Dikgang Mokgele             | 13 | MAKO EKU   | 04/12/2025 EGA Summer Championships 2025         |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                |    |           |   |
|------|-------|-------|------|-----------------------|----|-----------|---|
| 276  | 45.52 | L     | P    | Maliyah Strydom       | 13 | USC BUF   | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 277  | 45.55 | L     | F    | Amy Erasmus           | 13 | EGA MAN   | 24/10/2025 Neptunes Gala                        |
| 278  | 45.57 | L     | F    | Haylee Julius         | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 279  | 45.58 | L     | F    | Madeleine de Villiers | 13 | EXP TSH   | 23/01/2026 2026 NTS Sprint Gala                 |
| 280  | 45.76 | L     | F    | Imke Swanepoel        | 13 | FISH EDD  | 22/11/2025 Eden LC Champs 2025                  |
| 281* | 45.81 | L     | F    | Emily Sayers          | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 281* | 45.81 | L     | F    | Taylor Ridgard        | 13 | NICOH NMA | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 283  | 45.97 | L     | F    | Lily Lucas            | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 284  | 46.03 | L     | F    | Rone Putter           | 13 | ACAQ CCD  | 25/10/2025 Limpopo Age Group 5 of 2025/26       |
| 285  | 46.06 | L     | F    | Mia Witbooi           | 13 | RETR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 286  | 46.08 | L     | F    | Abigail Grieve        | 13 | SASE JHB  | 28/02/2026 CGA Challenge                        |
| 287  | 46.09 | L     | F    | Charlie de Beer       | 13 | DRGN JHB  | 14/02/2026 CGA Last Chance                      |
| 288  | 46.14 | L     | F    | Liney Retief          | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 289  | 46.19 | L     | F    | Lily Goldswain        | 13 | CASC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 290  | 46.28 | L     | F    | Amogelang Kutu        | 13 | ECPS MPD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 291  | 46.39 | L     | F    | Elsa Massawe          | 13 | CA EKU    | 31/01/2026 EGA Last Chance Gala 2026            |
| 292  | 46.57 | L     | F    | Kyla De Beer          | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                  |
| 293* | 46.58 | L     | P    | Mila Schutte          | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 293* | 46.58 | L     | F    | Megan Sykes           | 13 | PSCP UMD  | 06/10/2025 Seagulls Winter Championships 2025   |
| 295  | 46.62 | L     | P    | Mikayla Botes         | 13 | WAC EDD   | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 296  | 46.93 | L     | F    | Emma Venter           | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 297  | 46.99 | L     | F    | Dominic De Jager      | 13 | USH KCD   | 01/11/2025 KCDA Age Group Gala 2 2025           |
| 298  | 47.04 | L     | F    | Chloé Harding         | 13 | SOUL EKU  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 299* | 47.07 | L     | F    | Emily Louw            | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 299* | 47.07 | L     | F    | Mia Du Toit           | 13 | QSSC CPT  | 22/11/2025 Swartland Prestige Gala 2025         |
| 301  | 47.21 | L     | F    | Lungile Ndaba         | OR | VASA EKU  | 22/11/2025 EGA Summer 3 & 4                     |
| 302  | 47.26 | L     | F    | Lisasa Faltein        | 13 | PEAS NMA  | 30/08/2025 Madibaz Swim Meet 2025               |
| 303  | 47.51 | L     | F    | Mienke Grobler        | 13 | BULS MAN  | 26/09/2025 Pelicans Gala..                      |
| 304  | 47.73 | L     | F    | Lee-Ann Labuscagne    | 13 | AWIN TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 305  | 47.98 | L     | P    | Abi Fourie            | 13 | VINE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 306  | 47.99 | L     | P    | Nokubonga Buda        | 13 | ESP EKU   | 04/12/2025 EGA Summer Championships 2025        |
| 307  | 48.03 | L     | F    | Emily Anderson        | 13 | WAC EDD   | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 308  | 48.08 | L     | F    | Alexia Dippenaar      | 13 | BS LLD    | 23/08/2025 KOVSIE GALA                          |
| 309  | 48.30 | L     | F    | Kaitlyn Swart         | 13 | CPSC TSH  | 23/01/2026 2026 NTS Sprint Gala                 |
| 310  | 48.37 | L     | F    | Emily Botha           | 13 | ASAC CPT  | 24/01/2026 Drakenstein Invitational - copied    |
| 311  | 48.38 | L     | F    | Cara van Wyk          | 13 | BARR CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 312  | 48.40 | L     | F    | Elizabeth Gouws       | 13 | KNYA EDD  | 04/10/2025 EDEN 1st A-League Gala 2025          |
| 313  | 48.76 | L     | F    | Riley Van Niekerk     | 13 | ESTR EKU  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 314  | 48.82 | L     | F    | Reatile Moshoke       | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025               |
| 315  | 48.87 | L     | F    | Masego Motsalane      | 13 | AAS JHB   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 316  | 48.99 | L     | F    | Amanda Beard          | 13 | FLOD JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 317  | 49.03 | L     | F    | Tiana Kalan           | 13 | WATR JHB  | 14/02/2026 CGA Last Chance                      |
| 318  | 49.04 | L     | F    | Lethabo Nyandeni      | 13 | TUKS TSH  | 31/10/2025 NTS Level 1+2 November Age Group ;   |
| 319  | 49.08 | L     | P    | Tsakile Mahumane      | 13 | UNI EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 320  | 49.20 | L     | P    | Rifumo Mnisi          | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025        |
| 321  | 49.50 | L     | F    | Sofia Ruscic          | 13 | ELEC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 322  | 49.64 | L     | P    | Penelope Mullineux    | 13 | AASC EZD  | 05/12/2025 Mpumalanga Championships 2025        |
| 323  | 49.79 | L     | F    | Morghana Posthumus    | 13 | WBAC CCD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 324  | 49.92 | L     | F    | Mokgabo Monnana       | 13 | LEBII BP  | 13/02/2026 NW School Championships 2026         |
| 325  | 50.14 | L     | F    | Annemi Loots          | 13 | SWAR WCD  | 21/02/2026 Swartland Invitational Gala 2026     |
| 326  | 50.21 | L     | F    | Tanique Loots         | 13 | WAGH BP   | 13/02/2026 NW School Championships 2026         |
| 327  | 50.27 | L     | F    | Stacy McGurk          | 13 | TYGE CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 328  | 50.50 | L     | F    | Vhulenda Mathivha     | 13 | HSH BP    | 13/02/2026 NW School Championships 2026         |
| 329  | 50.71 | L     | F    | Isabel Wessinger      | 13 | ELEC TSH  | 13/02/2026 NTS Level 1+2 February Age Group 21  |
| 330  | 50.90 | L     | F    | Ikageng Moloko        | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 331  | 50.91 | L     | F    | Alme' Bornman         | 13 | PELIC MAN | 26/09/2025 Pelicans Gala..                      |
| 332  | 51.04 | L     | F    | Mackenzie Baker       | 13 | HPS TSH   | 13/02/2026 NTS Level 1+2 February Age Group 21  |
| 333  | 51.18 | L     | P    | Mpilenhle Dladla      | 13 | CSA EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 334  | 51.32 | L     | F    | Muazza Dawood         | 13 | ATLA JHB  | 14/02/2026 CGA Last Chance                      |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                             | Time      | P/F/S | Name                        | Age/Yr |           |            |                                       |
|-----------------------------|-----------|-------|-----------------------------|--------|-----------|------------|---------------------------------------|
| 335                         | 51.51 L   | F     | Katia Cerone                | 13     | HAAG UTD  | 06/12/2025 | UThukela District Age Group 3         |
| 336                         | 51.64 L   | F     | Relebohile Maduna           | 13     | PELIC MAN | 12/12/2025 | NMBA Championships 2025               |
| 337                         | 51.72 L   | F     | Ziyada Tekle                | 13     | USC BUF   | 28/11/2025 | BCA Long Course Championships 2025    |
| 338                         | 51.97 L   | F     | Nina Engelbrecht            | 13     | UPSK ZMD  | 21/02/2026 | AGE GROUP 6 UPT 2026 - copied         |
| 339                         | 52.33 L   | F     | Nika Smit                   | 13     | BS LLD    | 28/02/2026 | FSA LEVEL 1 2026                      |
| 340                         | 52.41 L   | F     | Mischa Wagenaar             | 13     | MARL CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 341                         | 52.53 L   | F     | Genevieve Venter            | 13     | WSS LLD   | 10/10/2025 | Super Seals Annual Gala               |
| 342                         | 52.61 L   | F     | Almaaz Plaatjies            | 13     | WEST CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 343                         | 53.12 L   | F     | Taylor Kotzee               | 13     | GAA CPT   | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 344                         | 53.67 L   | F     | Khanyisa Mqeke              | 13     | WELA LLD  | 03/12/2025 | Free State Champs 2025                |
| 345                         | 54.60 L   | F     | Elethu Maqabangqa           | 13     | KHAY CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 346                         | 54.96 L   | F     | Rulene Vermeulen            | 13     | SFSC CPT  | 21/02/2026 | Swartland Invitational Gala 2026      |
| 347                         | 55.60 L   | F     | Isabel Charles              | 13     | WALW NMA  | 14/03/2026 | Level 1 District Age Group Gala 2026  |
| 348                         | 56.63 L   | F     | Nadia Booysen               | 13     | CA EKU    | 22/11/2025 | EGA Summer 3 & 4                      |
| 349                         | 56.89 L   | F     | Emily Muller                | 13     | FER KKD   | 13/02/2026 | NW School Championships 2026          |
| 350                         | 57.38 L   | F     | Gizelle Tyers               | 13     | KSSS JTD  | 17/01/2026 | AGE GROUP 5 KATHU 2026                |
| 351                         | 57.54 L   | F     | Siphesihle Mncube           | 13     | PAC TSH   | 05/12/2025 | 2025 The Tshwane Mayor's Gala         |
| 352                         | 57.75 L   | F     | Khanya Ramone               | 13     | MATL KKD  | 28/02/2026 | NWS Last Chance 2026                  |
| 353                         | 57.88 L   | F     | Kate Scott                  | 13     | UHS NMA   | 14/03/2026 | Level 1 District Age Group Gala 2026  |
| 354                         | 58.22 L   | F     | Khumo Goeieman              | 13     | KALA      | 21/02/2026 | AGE GROUP 6 KATHU 2026 - copied       |
| 355                         | 58.25 L   | F     | Leanolaona Molosi           | 13     | UPSK ZMD  | 07/02/2026 | NC SPRINTS 2026                       |
| 356                         | 1:01.25 L | F     | Femke Nieuwenhuizen         | 13     | QSSC CPT  | 22/11/2025 | Swartland Prestige Gala 2025          |
| 357                         | 1:02.43 L | F     | Hadassah Daniels            | 13     | RETR CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 358                         | 1:05.67 L | F     | Abenathi Mzimela            | 13     | USH KCD   | 01/11/2025 | KCDA Age Group Gala 2 2025            |
| 359                         | 1:07.94 L | F     | Skyla Andrew                | 13     | TPS BPD   | 30/01/2026 | ORTA SCHOOL TRIALS 2026               |
| 360                         | 1:12.72 L | F     | Okuhle Zungu                | 13     | USH KCD   | 01/11/2025 | KCDA Age Group Gala 2 2025            |
| 361                         | 1:21.34 L | F     | Imange Sindzwanga           | 13     | MHS NGD   | 30/01/2026 | ORTA SCHOOL TRIALS 2026               |
| 362                         | 1:28.45 L | F     | Fezeka Mpunga               | 13     | STA NGD   | 28/02/2026 | SSA LEVEL 1 REGIONAL CHAMPS 2026      |
| <b>Women 13-14 100 Back</b> |           |       |                             |        |           |            |                                       |
| 1                           | 1:09.35 L | F     | Ava Bosch                   | 13     | DRGN EKU  | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 2                           | 1:10.01 L | F     | Victoria Meyburgh           | 13     | CA EKU    | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 3                           | 1:10.14 L | F     | Shalea Hamilton             | 13     | BEST NMA  | 30/01/2026 | Infinity Gala 2026                    |
| 4                           | 1:10.72 L | F     | Anja Boshoff                | 13     | TYGE CPT  | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 5                           | 1:11.12 L | P     | Riley Haupt                 | 13     | CA EKU    | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 6                           | 1:11.93 L | F     | Ajsa Gelencser              | 13     | KIS CE    | 13/02/2026 | Winelands SL Fin - February 2026 - cc |
| 7                           | 1:12.25 L | P     | Jade Chilisa                | 13     | TUKS TSH  | 10/12/2025 | 20th Botswana Swimming Nationals 2025 |
| 8                           | 1:12.95 L | P     | Barcelona Xaba              | 13     | SASE JHB  | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 9                           | 1:13.31 L | F     | Danika Steyn                | 13     | MP EZD    | 24/04/2026 | SA Schools Swimming Championship      |
| 10                          | 1:13.55 L | P     | Ineke Van Maarleveld        | 13     | ACAQ CCD  | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 11                          | 1:13.89 L | P     | Elizabeth Roth              | 13     | ECSA BUF  | 24/04/2026 | SA Schools Swimming Championship      |
| 12                          | 1:14.06 L | P     | Uma Pearson-Adams           | 13     | SAAW CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 13                          | 1:14.47 L | F     | Abby Mostert                | 13     | AWIN TSH  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 14                          | 1:14.51 L | F     | Mienke Kok                  | 13     | CHSA CPT  | 28/02/2026 | Eastern Cape School Provincial Trials |
| 15                          | 1:14.65 L | F     | Sophia Gullan               | 13     | VINE CPT  | 14/02/2026 | CTA Elite Gala (L3+)                  |
| 16                          | 1:14.94 L | F     | Sarah-Kate Odendaal         | 13     | QSSC CPT  | 25/10/2025 | CTA Qualifying Meet 3 - (L2 & above)  |
| 17                          | 1:14.99 L | P     | Isabella Goncalves          | 13     | CA EKU    | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 18                          | 1:15.06 L | F     | Laila Christie              | 13     | USC BUF   | 12/12/2025 | NMBA Championships 2025               |
| 19                          | 1:15.45 L | F     | Carinke Wessels             | 13     | BLOT MAN  | 12/12/2025 | NMBA Championships 2025               |
| 20                          | 1:15.93 L | P     | Arya De Sousa               | 13     | TRAZ TSH  | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 21                          | 1:15.95 L | P     | Mikayla Oliver              | 13     | PAC TSH   | 10/12/2025 | NTS Championships 2025                |
| 22                          | 1:16.32 L | F     | Wilhelmina Erasmus          | 13     | HE CCD    | 31/01/2026 | Limpopo School Champs & Limpopo A     |
| 23                          | 1:16.43 L | F     | Danica Marrier D'Unienville | 13     | KLOO ETH  | 21/02/2026 | KZN Schools Trials 2026               |
| 24                          | 1:16.46 L | F     | Alexis De Witt              | 13     | TUKS TSH  | 10/12/2025 | NTS Championships 2025                |
| 25                          | 1:16.83 L | P     | Annabel Meyer               | 13     | BULS MAN  | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 26                          | 1:16.90 L | P     | Samantha Wilson             | 13     | INFA NMA  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 27                          | 1:16.92 L | P     | Morgan Butterworth          | 13     | AQX       | 21/06/2025 | Hamilton Aquatics Summer Sizzler      |
| 28                          | 1:17.02 L | P     | Jasmine Woodburn            | 13     | MDOL JHB  | 21/03/2026 | Sa National JNR Age Group Champs-2026 |
| 29                          | 1:17.03 L | F     | Leila Parker                | 13     | SSISA CPT | 01/11/2025 | CTA District A CHAMPS 2025            |
| 30                          | 1:17.12 L | F     | Zoe Thompson                | 13     | MDOL JHB  | 11/05/2025 | SE East Region LC Championships 2025  |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                    |    |           |   |
|-----|---------|-------|------|---------------------------|----|-----------|---|
| 31  | 1:17.26 | L     | P    | Namangolwa Semenova       | 13 | TUKS FSH  | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 32  | 1:17.41 | L     | F    | Megan Jacobs              | 13 | WSTV ETH  | 03/10/2025 Curro AquaElite Gala                   |
| 33  | 1:17.42 | L     | F    | Katherine Harrop-Allin    | 13 | CSC FSH   | 14/11/2025 NTS Level 3+ November Age Group G      |
| 34  | 1:17.51 | L     | F    | Isabella Haldane          | 13 | FISH EDD  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 35  | 1:17.53 | L     | F    | Olivia Kruger             | 13 | PLAY CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 36  | 1:17.57 | L     | P    | Noa Sebastiao             | 13 | TUKS FSH  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 37* | 1:17.58 | L     | F    | Tayla Brown               | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 37* | 1:17.58 | L     | F    | Alessia Barthus           | 13 | MANT CPT  | 20/09/2025 CTA INVITATIONAL LC MEET               |
| 39  | 1:17.62 | L     | F    | Amber Spence              | 13 | ELEC FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 40  | 1:17.99 | L     | F    | Libby Ritchie             | 13 | PSCP UMD  | 18/12/2025 KZN Premier Provincial Championship    |
| 41  | 1:18.13 | L     | F    | Lia van Heerden           | 13 | BS LLD    | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 42  | 1:18.58 | L     | F    | Lumka Zamisa              | 13 | HREF BP   | 10/12/2025 NTS Championships 2025                 |
| 43  | 1:18.70 | L     | F    | Riley Sanders             | 13 | HPS FSH   | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 44  | 1:18.86 | L     | F    | Emily Koegelenberg        | 13 | XCEL CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 45  | 1:19.06 | L S   | P    | Shelby Schoeman           | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025          |
| 46  | 1:19.09 | L     | F    | Saffiya Emjedi            | 13 | SAAW CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 47  | 1:19.14 | L     | F    | Nadelija Pillay           | 13 | VHD ZLD   | 07/02/2026 KCDA Age Group 5 2026                  |
| 48  | 1:19.44 | L     | F    | Jovanah McGluwa           | 13 | CASC CPT  | 01/11/2025 CTA District A CHAMPS 2025             |
| 49  | 1:19.61 | L     | P    | Jenna Nieuwoudt           | 13 | SWAR WCD  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 50  | 1:19.72 | L     | F    | Olivia Nel                | 13 | CLA WCD   | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 51  | 1:19.74 | L     | F    | Johané Burger             | 13 | ROA EDD   | 28/06/2025 PEA Winter Gala 2025                   |
| 52  | 1:19.96 | L     | F    | Emily Hengst              | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 53  | 1:20.19 | L     | F    | Jessica Jansen van Vuuren | 13 | SEAL UMD  | 09/07/2025 TYR Prestige Tournament 2025           |
| 54  | 1:20.20 | L     | P    | Mignon Swart              | 13 | UNI EZD   | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 55  | 1:20.39 | L     | F    | Paige Schutze-Langston    | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 56  | 1:20.40 | L     | F    | Rirhandzu Chauke          | 13 | DORE JHB  | 27/11/2025 CGA Championships 2025                 |
| 57  | 1:20.71 | L     | F    | Ryleigh Moir              | 13 | AADUB ETH | 18/12/2025 KZN Premier Provincial Championship    |
| 58  | 1:20.91 | L     | F    | Christie Snyders          | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                 |
| 59  | 1:20.92 | L     | F    | Milani Butau              | 13 | BEST NMA  | 15/11/2025 5th A League Gala 2025                 |
| 60* | 1:20.93 | L     | F    | Zarah Mathee              | 13 | UWCA CPT  | 14/02/2026 CTA Elite Gala (L3+)                   |
| 60* | 1:20.93 | L     | F    | Aqeelah Williams          | 13 | UWCA CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 60* | 1:20.93 | L     | F    | Caitlin Barnes            | 13 | SAAW CPT  | 01/11/2025 CTA District A CHAMPS 2025             |
| 63  | 1:21.11 | L     | F    | Inge Du Plessis           | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                    |
| 64  | 1:21.12 | L     | P    | Brooklyn Terwin           | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 65  | 1:21.18 | L     | F    | Annabella Mitchell-Innes  | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham     |
| 66  | 1:21.19 | L     | P    | Kate Cheshire             | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 67  | 1:21.21 | L     | F    | Evie du Plessis           | 13 | BLOT MAN  | 07/11/2025 Otters Prestige Gala 2025              |
| 68* | 1:21.24 | L     | F    | Alexis Kalapac            | 13 | SLAQ CPT  | 09/10/2025 44th Freda Barnard Invitational Gala   |
| 68* | 1:21.24 | L     | F    | Nokutenda Tembo           | 13 | KNYA EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26           |
| 70  | 1:21.34 | L     | F    | Lize De Wet               | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                    |
| 71  | 1:21.36 | L     | P    | Sophie Kretzmann          | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 72  | 1:21.46 | L     | P    | Anna Horn                 | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20      |
| 73  | 1:21.56 | L     | F    | Imme Wolfaardt            | 13 | LALE CED  | 21/02/2026 Swartland Invitational Gala 2026       |
| 74  | 1:21.63 | L     | F    | Sienna Barenblatt         | 13 | STAQ CED  | 14/11/2025 Winelands SL4 November 2025 & Sch      |
| 75  | 1:21.79 | L     | F    | Lene Klopper              | 13 | QSSC CPT  | 14/02/2026 CTA Elite Gala (L3+)                   |
| 76  | 1:21.91 | L     | P    | Kathryn Nolan             | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 77  | 1:21.94 | L     | F    | Jemma Lloyd               | 13 | VINE CPT  | 20/09/2025 CTA INVITATIONAL LC MEET               |
| 78  | 1:21.97 | L     | F    | Nina Pieterse             | 13 | PEAS NMA  | 12/12/2025 NMBA Championships 2025                |
| 79  | 1:22.00 | L     | F    | Grace Julies              | 13 | XCEL CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 80  | 1:22.03 | L     | F    | Oyama Baqwa               | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025     |
| 81  | 1:22.14 | L     | F    | Mattae Morel              | 13 | CA EKU    | 20/09/2025 EGA Summer 1 2025                      |
| 82  | 1:22.15 | L     | F    | Taylynn Boshoff           | 13 | USC BUF   | 06/03/2026 SA Level 2 Regional Age Group Cham     |
| 83  | 1:22.23 | L     | F    | Jadine Grobler            | 13 | TKS WBD   | 28/11/2025 Limpopo Champs 2025                    |
| 84* | 1:22.39 | L     | F    | Sky Eyssen                | 13 | MANT CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 84* | 1:22.39 | L     | F    | Alyssa Coetzer            | 13 | AZON ETH  | 21/02/2026 KZN Schools Trials 2026                |
| 86  | 1:22.41 | L     | F    | Kayla Gerber              | 13 | STAQ CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 87  | 1:22.51 | L     | F    | Taylor Ten Napel          | 13 | BEAV ETH  | 09/07/2025 TYR Prestige Tournament 2025           |
| 88  | 1:22.58 | L     | P    | Leane Nel                 | 13 | EXP FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham     |
| 89  | 1:22.62 | L     | P    | Georgia Sabbagha          | 13 | PAQU CED  | 04/12/2025 Western Cape LC-A Championship 20      |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr               |    |           |   |
|------|---------|-------|------|----------------------|----|-----------|---|
| 90   | 1:22.66 | L     | F    | Mikayla Jordaan      | 13 | CASC CPT  | 01/11/2025 CTA District A CHAMPS 2025           |
| 91   | 1:22.70 | L     | P    | Zara Jantjies        | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20    |
| 92   | 1:22.75 | L     | P    | Hope Churchman       | 13 | WSTV ETH  | 18/12/2025 KZN Premier Provincial Championship  |
| 93   | 1:22.78 | L     | F    | Juliette Hosatte     | 13 | INFA NMA  | 24/10/2025 QATAR FOUNDATION SWIM SERIES         |
| 94   | 1:22.87 | L     | F    | Rebecca Osler        | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 95   | 1:22.91 | L     | F    | Sisanda Palframan    | 13 | SEAL UMD  | 21/02/2026 KZN Schools Trials 2026              |
| 96*  | 1:23.13 | L     | F    | Isabella Vreenegoor  | 13 | CRSC JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 96*  | 1:23.13 | L     | F    | Ziane Drenth         | 13 | AWIN TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 98   | 1:23.18 | L     | F    | Mikayla Holmes       | 13 | CRSC JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 99   | 1:23.24 | L     | F    | Kayleigh Brophy      | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025               |
| 100  | 1:23.33 | L     | F    | Liane Van Zyl        | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 101  | 1:23.35 | L     | F    | Laila van Antwerpen  | 13 | PAC TSH   | 28/06/2025 PEA Winter Gala 2025                 |
| 102  | 1:23.40 | L     | P    | Phillipa Williams    | 13 | SOUL EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 103  | 1:23.46 | L     | F    | Gia Newkirk          | 13 | TYGE CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 104  | 1:23.55 | L     | F    | Kirsten Cupido       | 13 | CYBE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 105  | 1:23.67 | L     | P    | Emma De Smidt        | 13 | AQDO CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 106  | 1:23.72 | L     | P    | Kenna Lilley         | 13 | TYGE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 107  | 1:23.79 | L     | F    | Mikaela Lotz         | 13 | PAC TSH   | 17/10/2025 NTS Level 3+ October Age Group Gal   |
| 108  | 1:23.83 | L     | F    | Amelie Billson       | 13 | CASC CPT  | 01/11/2025 CTA District A CHAMPS 2025           |
| 109  | 1:23.91 | L     | F    | Alexia Smith         | 13 | WATR JHB  | 14/02/2026 CGA Last Chance                      |
| 110  | 1:23.92 | L     | F    | Unathi Vuyeqaba      | 13 | TUKS TSH  | 27/02/2026 NTS Level 3+ February Age Group Ga   |
| 111  | 1:23.94 | L     | F    | Elah-Mae Budram      | 13 | PSCP UMD  | 21/02/2026 KZN Schools Trials 2026              |
| 112* | 1:24.16 | L     | F    | Ruby Van Dyk         | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 112* | 1:24.16 | L     | F    | Milah Allen          | 13 | SFSA JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 114  | 1:24.23 | L S   | P    | Ayyah Jacob          | BR | VASA EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 115  | 1:24.52 | L     | P    | Kyleigh Shelton      | 13 | ESTR EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan   |
| 116  | 1:24.62 | L     | P    | Nicoline Du Preez    | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025               |
| 117* | 1:24.72 | L     | P    | Holli Tait           | 13 | KLOO ETH  | 18/12/2025 KZN Premier Provincial Championship  |
| 117* | 1:24.72 | L     | P    | Mercy Theu           | 13 | MDOL JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 119  | 1:24.86 | L S   | P    | Olivia Meyburgh      | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025        |
| 120  | 1:25.17 | L S   | P    | Abigail Paice        | 13 | SOUL EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 121  | 1:25.18 | L S   | P    | Alexis Visser        | 13 | MAKO EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 122  | 1:25.21 | L     | F    | Oyama Tuta           | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025               |
| 123  | 1:25.40 | L     | F    | Shadri Bosman        | 13 | RFA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 124  | 1:25.48 | L     | F    | Mikayla Coleman      | 13 | TCA EKU   | 20/09/2025 EGA Summer 1 2025                    |
| 125  | 1:25.62 | L     | F    | Alex Theron          | 13 | CASC CPT  | 20/09/2025 CTA INVITATIONAL LC MEET             |
| 126  | 1:25.65 | L     | P    | Charné De Bruin      | 13 | TUKS TSH  | 10/12/2025 NTS Championships 2025               |
| 127  | 1:25.76 | L     | F    | Catharina Coetzer    | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 128  | 1:26.06 | L     | P    | Leah Struwig         | 13 | TUKS TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 129  | 1:26.11 | L     | F    | Ming-Xi Tsai         | 13 | AA JHB    | 22/11/2025 EGA Summer 3 & 4                     |
| 130  | 1:26.19 | L     | P    | Dione Smit           | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan   |
| 131  | 1:26.21 | L     | P    | Areli Muyaka         | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025               |
| 132  | 1:26.36 | L     | F    | Alexianne Metzger    | 13 | SWIFT EKU | 31/01/2026 EGA Last Chance Gala 2026            |
| 133  | 1:26.44 | L     | F    | Marang Ndlovu        | 13 | MDOL JHB  | 24/11/2025 2025 Basa Senior Championships       |
| 134  | 1:26.45 | L     | F    | Tayla Scheepers      | 13 | RFA TSH   | 17/10/2025 NTS Level 3+ October Age Group Gal   |
| 135  | 1:26.46 | L     | P    | Senzelwe Mwandla     | 13 | USHPM UMD | 18/12/2025 KZN Premier Provincial Championship  |
| 136  | 1:26.49 | L     | F    | Mia Marais           | 13 | TRAZ TSH  | 03/10/2025 Swimparters Gala (Blue vs White) Oc  |
| 137  | 1:26.50 | L     | F    | Esmé Bowes           | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 138  | 1:26.65 | L     | F    | Amore Breytenbach    | 13 | ESA CED   | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 139  | 1:26.75 | L     | F    | Kaitlyn Haynes-Smart | 13 | VINE CPT  | 12/12/2025 NMBA Championships 2025              |
| 140  | 1:26.77 | L S   | P    | Caitlin McDowell     | 13 | ESP EKU   | 04/12/2025 EGA Summer Championships 2025        |
| 141  | 1:26.86 | L     | P    | Mieke Smit           | 13 | UNI EZD   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 142  | 1:26.87 | L     | P    | Megan Palmer         | 13 | AFIN JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 143  | 1:27.01 | L     | P    | Kiarah Beukes        | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 144  | 1:27.11 | L     | F    | Taliyah Eveleigh     | 13 | MCSH BPD  | 13/02/2026 NW School Championships 2026         |
| 145* | 1:27.14 | L     | F    | Ilé Ferreira         | 13 | TUKS TSH  | 27/02/2026 NTS Level 3+ February Age Group Ga   |
| 145* | 1:27.14 | L     | F    | Ruvarashe Chibharo   | 13 | TYGE CPT  | 28/06/2025 PEA Winter Gala 2025                 |
| 147  | 1:27.65 | L     | F    | Livia Vancoillie     | 13 | QSSC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 148* | 1:27.69 | L     | P    | Cayleigh Machill     | 13 | BARA EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan   |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr             |    |           |   |
|------|---------|-------|------|--------------------|----|-----------|---|
| 148* | 1:27.69 | L     | F    | Nina Koen          | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26         |
| 150  | 1:27.74 | L     | P    | Lily Hoar          | 13 | KLOO ETH  | 18/12/2025 KZN Premier Provincial Championship  |
| 151  | 1:27.76 | L     | P    | Marizelle Vermaak  | 13 | HREF BP   | 10/12/2025 NTS Championships 2025               |
| 152  | 1:27.77 | L     | F    | Jaimey Shaw        | 13 | ESTR ECU  | 22/11/2025 EGA Summer 3 & 4                     |
| 153  | 1:27.94 | L     | F    | Ava Grebe          | 13 | CUHE OBD  | 22/11/2025 Swartland Prestige Gala 2025         |
| 154  | 1:27.97 | L S   | F    | Mila Barkhuysen    | 13 | GREY CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 155  | 1:28.10 | L     | P    | Zaarah Meyer       | 13 | HTSA CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 156  | 1:28.16 | L     | F    | Kara De Wit        | 13 | RFA TSH   | 14/11/2025 NTS Level 3+ November Age Group G    |
| 157  | 1:28.17 | L     | F    | Dané De Kock       | 13 | LSM EZD   | 13/02/2026 NW School Championships 2026         |
| 158  | 1:28.27 | L     | F    | Hannah Van Heerden | 13 | AACTA CPT | 01/11/2025 CTA District A CHAMPS 2025           |
| 159  | 1:28.28 | L     | P    | Clara Duvenage     | 13 | CA ECU    | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 160  | 1:28.40 | L     | F    | Lea Kotzé          | 13 | NWUC KKD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 161  | 1:28.42 | L     | F    | Khalalelo Ratlhogo | 13 | ESP ECU   | 22/11/2025 EGA Summer 3 & 4                     |
| 162  | 1:28.52 | L S   | F    | Luisa Kimani       | 13 | CYBE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 163  | 1:28.56 | L     | P    | Qhayiya Sizani     | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 164  | 1:28.80 | L     | F    | Jada Hendricks     | 13 | TYGE CPT  | 28/06/2025 PEA Winter Gala 2025                 |
| 165  | 1:28.95 | L     | F    | Leah Du Plessis    | 13 | PEAS NMA  | 28/06/2025 PEA Winter Gala 2025                 |
| 166  | 1:29.00 | L     | F    | Mia Vorster        | 13 | WELA LLD  | 24/10/2025 Neptunes Gala                        |
| 167  | 1:29.02 | L     | P    | Juno Bouwer        | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20    |
| 168* | 1:29.09 | L     | P    | Lara Rosenstrauch  | 13 | HTSA CPT  | 04/12/2025 Western Cape LC-A Championship 20    |
| 168* | 1:29.09 | L     | P    | Roxanne Coetzee    | 13 | HREF BP   | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 170  | 1:29.11 | L     | F    | Scarlett Garassino | 13 | SASE JHB  | 06/02/2026 Crusaders & CGA Night Gala           |
| 171  | 1:29.14 | L     | F    | Luah Theron        | 13 | TUKS TSH  | 14/11/2025 NTS Level 3+ November Age Group G    |
| 172* | 1:29.16 | L     | P    | Tamika Abbey       | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 172* | 1:29.16 | L     | F    | Zethembiso Mbambo  | 13 | SEAL UMD  | 09/07/2025 TYR Prestige Tournament 2025         |
| 174  | 1:29.25 | L     | P    | Sienna Syrett      | 13 | QUEZ JHB  | 26/03/2026 SA Level 3 Regional Age Group Cham   |
| 175  | 1:29.27 | L     | F    | Nuhaa Cozyn        | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 176  | 1:29.36 | L     | F    | Jessica Arenz      | 13 | SSISA CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 177  | 1:29.39 | L     | P    | Holly Karels       | 13 | SWIFT ECU | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 178  | 1:29.52 | L     | F    | Joslyn Zwaanenburg | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025   |
| 179  | 1:29.59 | L     | F    | Elizabeth Vd Berg  | 13 | TUKS TSH  | 13/02/2026 NTS Level 1+2 February Age Group 21  |
| 180  | 1:29.65 | L     | F    | Jaime Lewis        | 13 | SHARK TSH | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 181  | 1:29.89 | L     | F    | Zoe Ngema          | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025   |
| 182  | 1:30.01 | L     | P    | Cadence Smith      | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20    |
| 183* | 1:30.21 | L     | F    | Maya Sissing       | 13 | TUKS TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 183* | 1:30.21 | L     | F    | Leandi Liebenberg  | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                  |
| 185  | 1:30.27 | L     | F    | Tatum Van Zijl     | 13 | OHAN ILD  | 15/11/2025 KZN Junior Championships 2025        |
| 186  | 1:30.33 | L     | P    | Ella Adams         | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham   |
| 187  | 1:30.43 | L     | F    | Amahle Mdlalose    | 13 | CSC TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 188  | 1:30.51 | L S   | F    | Neanè Van Zyl      | 13 | GREY CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 189  | 1:30.53 | L     | F    | Jana Booysen       | 13 | CUHE OBD  | 06/02/2026 WCA-B Champs - 2026                  |
| 190  | 1:30.57 | L     | F    | Tatum Samuels      | 13 | XCEL CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 191  | 1:30.66 | L     | P    | Selma Rumbold      | 13 | OLDE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 192  | 1:30.76 | L     | F    | Mia Benade         | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 193  | 1:30.85 | L     | F    | Zekhethelo Radebe  | 13 | USHPM UMD | 26/03/2026 SA Level 3 Regional Age Group Cham   |
| 194  | 1:30.94 | L     | P    | Milla Da Silva     | 13 | CA ECU    | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 195  | 1:31.05 | L S   | F    | Vanessa Jurado     | 13 | VINE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 196  | 1:31.16 | L     | P    | Ava van der Mescht | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 197  | 1:31.24 | L     | F    | Zara Field         | 13 | CTO CPT   | 29/11/2025 CTA B CHAMPS 2025                    |
| 198  | 1:31.26 | L     | F    | Mia Van de Vyver   | 13 | ESA GED   | 22/11/2025 Swartland Prestige Gala 2025         |
| 199  | 1:31.40 | L     | F    | Malin Swart        | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202    |
| 200  | 1:31.48 | L     | P    | Bailey Maralik     | 13 | SFSA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 201  | 1:31.65 | L     | P    | Tumisho Mojapelo   | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 202  | 1:31.75 | L     | F    | Mienke Pretorius   | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 203  | 1:31.84 | L     | P    | Annabel Van Reenen | 13 | ACSA ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 204  | 1:32.12 | L     | F    | Talia Grantham     | 13 | PSCP UMD  | 21/02/2026 KZN Schools Trials 2026              |
| 205  | 1:32.26 | L     | F    | Hlumisa Mfabe      | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202    |
| 206  | 1:32.27 | L     | P    | Jenna Leppan       | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 207  | 1:32.50 | L     | F    | Liané Stoltz       | 13 | UNIU EZD  | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/      |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |       |  |
|------|---------|-------|------|-----------------------|----|-------|--|
| 208  | 1:32.53 | L     | F    | Marni Snyman          | 13 | LSBOS | WBD 31/01/2026 Limpopo School Champs & Limpopo A     |
| 209  | 1:32.54 | L S   | P    | Katelyn Naidoo        | 13 | MAKO  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 210  | 1:32.57 | L     | F    | Tayla Welgemoed       | 13 | AAS   | JHB 27/11/2025 CGA Championships 2025                |
| 211  | 1:32.70 | L     | F    | Jessieka Faul         | 13 | ASAC  | CPT 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 212  | 1:32.78 | L     | F    | Karla Wolmarans       | 13 | UPSK  | ZMD 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 213  | 1:32.89 | L     | P    | Liné Schoeman         | 13 | FISH  | EDD 04/12/2025 Western Cape LC-A Championship 20     |
| 214  | 1:32.90 | L     | P    | Chloe Mkhabela        | 13 | CA    | EKU 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 215  | 1:33.13 | L     | F    | Amelia-Rose Schutzler | 13 | USC   | BUF 28/11/2025 BCA Long Course Championships 202     |
| 216  | 1:33.27 | L     | F    | Summer Moonsamy       | 13 | BEAV  | ETH 31/01/2026 uShaka Champs 2026                    |
| 217  | 1:33.48 | L     | F    | Leah-Bella Budram     | 13 | PSCP  | UMD 15/11/2025 KZN Junior Championships 2025         |
| 218  | 1:33.59 | L     | F    | Chloe Rautenbach      | 13 | UNIU  | EZD 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/       |
| 219  | 1:33.60 | L     | F    | Gabriella Bengell     | 13 | BLNE  | MAN 03/12/2025 Free State Champs 2025                |
| 220  | 1:33.75 | L     | F    | Hlelo Mtwa            | 13 | PER   | JHB 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 221  | 1:34.05 | L     | F    | Emily Van t Slot      | 13 | ANAX  | CPT 06/02/2026 WCA-B Champs - 2026                   |
| 222  | 1:34.12 | L     | F    | Kayla-Anne Walker     | 13 | CYBE  | CPT 20/09/2025 CTA INVITATIONAL LC MEET              |
| 223  | 1:34.31 | L     | F    | Alexis Visagie        | 13 | BEST  | NMA 12/12/2025 NMBA Championships 2025               |
| 224  | 1:34.32 | L     | P    | Margaret-Anne Pienaar | 13 | DDA   | TSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 225  | 1:34.88 | L     | F    | Cayla Cunningham      | 13 | TRAZ  | TSH 13/02/2026 NTS Level 1+2 February Age Group 2/   |
| 226  | 1:35.12 | L     | F    | Mienke Gerber         | 13 | FISH  | EDD 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 227  | 1:35.20 | L     | F    | Wilmie Fourie         | 13 | UPSK  | ZMD 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 228  | 1:35.21 | L     | F    | Amogelang Mamabolo    | 13 | HARB  | BPD 28/02/2026 NWS Last Chance 2026                  |
| 229  | 1:35.33 | L     | F    | Emily Botha           | 13 | ASAC  | CPT 29/11/2025 CTA B CHAMPS 2025                     |
| 230  | 1:35.34 | L     | P    | Cait Dawson           | 13 | XCEL  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 231  | 1:35.36 | L     | F    | Delinda Faber         | 13 | AFIN  | JHB 28/02/2026 AG Level 1 Regional Competition 2026  |
| 232  | 1:35.40 | L S   | F    | Alexei Slabbert       | 13 | ASAC  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 233  | 1:35.47 | L     | F    | Emma Ristow           | 13 | USC   | BUF 28/11/2025 BCA Long Course Championships 202     |
| 234  | 1:35.62 | L     | F    | Maliyah Strydom       | 13 | USC   | BUF 24/01/2026 BCA January Age Group Gala 2026       |
| 235  | 1:35.63 | L     | P    | Machayda Titus        | 13 | MARL  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 236  | 1:35.78 | L     | P    | Rachel Konigkramer    | 13 | PSCP  | UMD 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 237  | 1:35.92 | L     | F    | Chloe Timperley       | 13 | TRAZ  | TSH 03/10/2025 Swimpartners Gala (Blue vs White) Oc  |
| 238* | 1:35.94 | L     | F    | Le-May Van Zyl        | 13 | ELRAS | WBD 28/11/2025 Limpopo Champs 2025                   |
| 238* | 1:35.94 | L     | F    | Fredri Uys            | 13 | DDA   | TSH 13/02/2026 NTS Level 1+2 February Age Group 2/   |
| 240  | 1:36.28 | L     | F    | Retshepile Phalafala  | 13 | MDOL  | JHB 14/02/2026 CGA Last Chance                       |
| 241  | 1:36.33 | L     | F    | Destheonique Julius   | 13 | UPSK  | ZMD 07/02/2026 NC SPRINTS 2026                       |
| 242  | 1:36.47 | L     | P    | Caroline Angius       | 13 | STAR  | BPD 06/12/2025 NWS Championships 2025                |
| 243  | 1:36.49 | L     | F    | Noluthando Nkosi      | 13 | NSAD  | EZD 13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF        |
| 244  | 1:36.58 | L     | F    | Kenzy Barnard         | 13 | FISH  | EDD 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 245  | 1:36.61 | L     | F    | Thalia Naidoo         | 13 | SASE  | JHB 27/11/2025 CGA Championships 2025                |
| 246  | 1:36.64 | L     | F    | Sofia O'Leary         | 13 | MDOL  | JHB 14/02/2026 CGA Last Chance                       |
| 247  | 1:36.69 | L     | F    | Dominic De Jager      | 13 | USH   | KCD 01/11/2025 KCDA Age Group Gala 2 2025            |
| 248  | 1:36.71 | L     | F    | Leah Wentzel          | 13 | MARL  | CPT 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 249  | 1:36.77 | L     | P    | Livi Engelbrecht      | 13 | PAC   | TSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 250  | 1:36.78 | L     | F    | Alexia Dippenaar      | 13 | BS    | LLD 03/12/2025 Free State Champs 2025                |
| 251  | 1:37.05 | L     | P    | Lia Schoeman          | 13 | RFA   | TSH 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 252  | 1:37.06 | L     | P    | Alexa Steenkamp       | 13 | CPSC  | TSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 253  | 1:37.19 | L S   | F    | Eleftheria Synodinos  | 13 | CASC  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 254  | 1:37.29 | L     | F    | Gemma Smith           | 13 | SWIM1 | JHB 14/02/2026 CGA Last Chance                       |
| 255  | 1:37.41 | L     | F    | Izabella Botha        | 13 | BLMA  | CPT 22/11/2025 Swartland Prestige Gala 2025          |
| 256  | 1:37.48 | L     | P    | Madeleine de Villiers | 13 | EXP   | TSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 257  | 1:37.54 | L     | F    | Rone Putter           | 13 | ACAO  | CCD 25/10/2025 Limpopo Age Group 5 of 2025/26        |
| 258  | 1:37.85 | L     | F    | Racquelle Saporta     | 13 | CHSA  | CPT 28/02/2026 Eastern Cape School Provincial Trials |
| 259  | 1:38.23 | L     | F    | Michaela Hirst        | 13 | MCSH  | BPD 13/02/2026 NW School Championships 2026          |
| 260  | 1:38.46 | L     | F    | Izeldi Van Niekerk    | 13 | LSPN  | MPD 31/01/2026 Limpopo School Champs & Limpopo A     |
| 261  | 1:38.50 | L     | F    | Aliana Stipec         | 13 | WAC   | EDD 14/02/2026 EDEN 5th A-League Gala 2026           |
| 262  | 1:39.21 | L     | F    | Keyante Lynch         | 13 | SWIM1 | JHB 20/02/2026 CGA Level 1 and Level 2 Championsh    |
| 263  | 1:39.43 | L S   | F    | Mia Du Toit           | 13 | QSSC  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 264  | 1:39.47 | L     | F    | Micaela Fourie        | 13 | NSAD  | EZD 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER          |
| 265  | 1:39.79 | L     | F    | Elsa Massawe          | 13 | CA    | EKU 31/01/2026 EGA Last Chance Gala 2026             |
| 266  | 1:39.87 | L     | F    | Skyler Engelbrecht    | 13 | CAMP  | BUF 14/02/2026 BCSA School Trials 2026               |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr               |    |           |   |
|------|---------|-------|------|----------------------|----|-----------|---|
| 267  | 1:39.98 | L     | P    | Zizipho Ginindza     | 13 | PAC FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 268  | 1:40.05 | L     | F    | Mikayla Botes        | 13 | WAC EDD   | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 269  | 1:40.15 | L     | P    | Shyla Lutchman       | 13 | VINE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 270  | 1:40.30 | L     | P    | Zahraa Essack        | 13 | ATLA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 271  | 1:40.33 | L     | P    | Leah Mohamed         | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 272  | 1:40.85 | L     | F    | Sarah-Leigh Phillips | 13 | LSTZN CCD | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 273  | 1:40.87 | L     | F    | Nkosazana Manana     | 13 | PER JHB   | 20/02/2026 CGA Level 1 and Level 2 Championsh   |
| 274  | 1:41.00 | L S   | P    | Ava Arde             | 13 | CA ECU    | 04/12/2025 EGA Summer Championships 2025        |
| 275  | 1:41.01 | L     | F    | Emily Sayers         | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 276  | 1:41.02 | L     | F    | Aaminah Spruit       | 13 | WEST CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 277  | 1:41.31 | L     | F    | Lienke Van Wyk       | 13 | BULS MAN  | 24/10/2025 Neptunes Gala                        |
| 278  | 1:41.33 | L     | F    | Morgan Martins       | 13 | TASC MPD  | 28/11/2025 Limpopo Champs 2025                  |
| 279  | 1:41.49 | L     | F    | Teresa Smith         | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 280  | 1:41.53 | L     | P    | Dwa Kaone Magagula   | 13 | ELEC FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 281  | 1:41.66 | L     | F    | Realeboga Kunene     | 13 | PER JHB   | 20/02/2026 CGA Level 1 and Level 2 Championsh   |
| 282  | 1:41.96 | L     | F    | Lethabo Nyandeni     | 13 | TUKS FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 283  | 1:42.50 | L     | P    | Mila Schutte         | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 284  | 1:42.54 | L     | F    | Emlynn Hugo          | 13 | SWIFT ECU | 20/09/2025 EGA Summer 1 2025                    |
| 285  | 1:42.83 | L     | F    | Caelyn Kempgen       | 13 | CRSC JHB  | 27/11/2025 CGA Championships 2025               |
| 286  | 1:43.15 | L     | P    | Mienke Grobler       | 13 | BULS MAN  | 03/12/2025 Free State Champs 2025               |
| 287  | 1:43.51 | L     | F    | Elizabeth Gouws      | 13 | KNYA EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 288  | 1:43.59 | L     | F    | Cara van Wyk         | 13 | BARR CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 289  | 1:43.77 | L     | P    | Tshiamo Mlangeni     | 13 | UNI EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 290  | 1:43.85 | L     | F    | Emma Venter          | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 291  | 1:43.90 | L     | F    | Larique Pretorius    | 13 | KTS       | 07/02/2026 NC SPRINTS 2026                      |
| 292  | 1:44.11 | L     | P    | Mupindiishe Msipa    | 13 | MDOL JHB  | 28/11/2025 HA SENIOR CHAMPS 2025                |
| 293  | 1:44.14 | L     | F    | Imke Swanepoel       | 13 | FISH EDD  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 294  | 1:44.94 | L     | F    | Haylee Julius        | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 295  | 1:45.45 | L     | F    | Rorisang Monareng    | 13 | BLNE MAN  | 10/10/2025 Super Seals Annual Gala              |
| 296  | 1:46.55 | L     | F    | Milena-Marie Jacobs  | 13 | HSB BP    | 13/02/2026 NW School Championships 2026         |
| 297  | 1:46.58 | L     | F    | Nyandano Madaba      | 13 | FAC ECU   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 298  | 1:47.75 | L     | F    | Chloé Harding        | 13 | SOUL ECU  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 299  | 1:47.92 | L     | F    | Rebecca Lawlor       | 13 | SDSC OTD  | 07/02/2026 BCA Feb Age Group Gala 2026          |
| 300  | 1:47.98 | L     | F    | Isabel Wessinger     | 13 | ELEC FSH  | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 301  | 1:48.82 | L     | F    | Kyla De Beer         | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                  |
| 302  | 1:48.97 | L     | F    | Lily Lucas           | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 303  | 1:49.45 | L     | F    | Abi Fourie           | 13 | VINE CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 304  | 1:49.57 | L     | F    | Madison Thiaradt     | 13 | EVO CPT   | 21/02/2026 Swartland Invitational Gala 2026     |
| 305  | 1:49.96 | L     | F    | Lulibo Mdluli        | 13 | ELEC FSH  | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 306  | 1:51.16 | L     | F    | Ikageng Moloko       | 13 | TUKS FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 307  | 1:52.08 | L     | F    | Anathi Qamba         | 13 | FAC ECU   | 20/09/2025 EGA Summer 1 2025                    |
| 308  | 1:52.92 | L     | F    | Mackenzie Baker      | 13 | HPS FSH   | 13/02/2026 NTS Level 1+2 February Age Group 21  |
| 309  | 1:54.58 | L     | F    | Nika Smit            | 13 | BS LLD    | 07/11/2025 Otters Prestige Gala 2025            |
| 310  | 1:56.10 | L     | F    | Muazza Dawood        | 13 | ATLA JHB  | 14/02/2026 CGA Last Chance                      |
| 311* | 1:56.26 | L     | P    | Mpilenhle Dladla     | 13 | CSA EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 311* | 1:56.26 | L     | F    | Vhulenda Mathivha    | 13 | HSH BP    | 13/02/2026 NW School Championships 2026         |
| 313  | 1:56.43 | L S   | P    | Larique Van Heerden  | 13 | SWIMS ECU | 04/12/2025 EGA Summer Championships 2025        |
| 314  | 1:56.55 | L     | F    | Relebohile Maduna    | 13 | PELIC MAN | 28/02/2026 FSA LEVEL 1 2026                     |
| 315  | 1:57.49 | L     | F    | Ziyada Tekle         | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 2025   |
| 316  | 1:57.63 | L     | F    | Riley Van Niekerk    | 13 | ESTR ECU  | 20/09/2025 EGA Summer 1 2025                    |
| 317  | 1:57.75 | L     | F    | Rifumo Mnisi         | 13 | CA ECU    | 20/09/2025 EGA Summer 1 2025                    |
| 318  | 1:57.76 | L     | F    | Almaaz Plaatjies     | 13 | WEST CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 319  | 1:58.05 | L     | F    | Masego Motsalane     | 13 | AAS JHB   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 320  | 1:58.20 | L     | F    | Katia Cerone         | 13 | HAAG UTD  | 06/12/2025 UThukela District Age Group 3        |
| 321  | 1:59.88 | L     | F    | Sofia Ruscic         | 13 | ELEC FSH  | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 322  | 2:00.04 | L     | F    | Nokubonga Buda       | 13 | ESP ECU   | 26/03/2026 SA Level 3 Regional Age Group Cham   |
| 323  | 2:00.15 | L     | F    | Nina Engelbrecht     | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 324  | 2:03.23 | L     | F    | Genevieve Venter     | 13 | WSS LLD   | 20/09/2025 Welkom Seals Gala                    |
| 325  | 2:05.33 | L     | F    | Mokgabo Monnana      | 13 | LEBII BP  | 13/02/2026 NW School Championships 2026         |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                             | Time        | P/F/S | Name                        | Age/Yr |           |            |  |  |
|-----------------------------|-------------|-------|-----------------------------|--------|-----------|------------|--|--|
| 326                         | 2:07.62 L   | F     | Khanyisa Mqeke              | 13     | WELA LLD  | 28/02/2026 | FSA LEVEL 1 2026                       |  |
| 327                         | 2:08.75 L   | F     | Kate Scott                  | 13     | UHS NMA   | 14/03/2026 | Level 1 District Age Group Gala 2026   |  |
| 328                         | 2:09.08 L   | F     | Leanolaona Molosi           | 13     | UPSK ZMD  | 07/02/2026 | NC SPRINTS 2026                        |  |
| 329                         | 2:21.73 L   | F     | Khumo Goeieman              | 13     | KALA      | 14/02/2026 | KALAHARI CLASSIC 2026                  |  |
| <b>Women 13-14 200 Back</b> |             |       |                             |        |           |            |  |  |
| 1                           | 2:28.37 L S | F     | Anja Boshoff                | 13     | TYGE CPT  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 2                           | 2:32.02 L   | F     | Victoria Meyburgh           | 13     | CA EKU    | 22/11/2025 | EGA Summer 3 & 4                       |  |
| 3                           | 2:32.84 L S | F     | Ava Bosch                   | 13     | DRGN EKU  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 4                           | 2:37.43 L   | F     | Danika Steyn                | 13     | MP EZD    | 24/04/2026 | SA Schools Swimming Championship       |  |
| 5                           | 2:37.61 L S | P     | Shalea Hamilton             | 13     | BEST NMA  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 6                           | 2:38.91 L   | F     | Alexis De Witt              | 13     | TUKS FSH  | 10/12/2025 | NTS Championships 2025                 |  |
| 7                           | 2:39.53 L S | P     | Barcelona Xaba              | 13     | SASE JHB  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 8                           | 2:40.12 L S | P     | Sarah-Kate Odendaal         | 13     | QSSC CPT  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 9                           | 2:40.37 L   | P     | Elizabeth Roth              | 13     | PEAS NMA  | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 10                          | 2:40.65 L   | F     | Katherine Harrop-Allin      | 13     | CSC FSH   | 10/12/2025 | NTS Championships 2025                 |  |
| 11                          | 2:40.69 L S | P     | Ineke Van Maarleveld        | 13     | ACAQ CCD  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 12                          | 2:41.58 L   | F     | Abby Mostert                | 13     | AWIN FSH  | 26/03/2026 | SA Level 3 Regional Age Group Chan     |  |
| 13                          | 2:43.33 L   | F     | Uma Pearson-Adams           | 13     | SAAW CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 14                          | 2:43.44 L S | F     | Jade Chilisa                | 13     | TUKS FSH  | 10/12/2025 | 20th Botswana Swimming Nationals 21    |  |
| 15                          | 2:44.28 L   | F     | Laila Christie              | 13     | USC BUF   | 12/12/2025 | NMBA Championships 2025                |  |
| 16                          | 2:45.12 L   | F     | Danica Marrier D'Unienville | 13     | KLOO ETH  | 21/02/2026 | KZN Schools Trials 2026                |  |
| 17                          | 2:46.07 L S | P     | Oyama Baqwa                 | 13     | SGUL ETH  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 18                          | 2:46.20 L   | F     | Emily Koegelenberg          | 13     | XCEL CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 19                          | 2:46.49 L   | F     | Wilhelmina Erasmus          | 13     | ELRAS WBD | 28/11/2025 | Limpopo Champs 2025                    |  |
| 20                          | 2:46.76 L   | F     | Nokutenda Tembo             | 13     | KNYA EDD  | 22/11/2025 | Eden LC Champs 2025                    |  |
| 21                          | 2:46.77 L   | F     | Riley Haupt                 | 13     | CA EKU    | 11/10/2025 | EGA Summer 2                           |  |
| 22                          | 2:47.17 L   | F     | Johané Burger               | 13     | ROA EDD   | 28/06/2025 | PEA Winter Gala 2025                   |  |
| 23                          | 2:47.57 L   | P     | Isabella Haldane            | 13     | FISH EDD  | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 24                          | 2:47.76 L S | P     | Noa Sebastiao               | 13     | TUKS FSH  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 25                          | 2:48.07 L   | F     | Amber Spence                | 13     | ELEC FSH  | 26/03/2026 | SA Level 3 Regional Age Group Chan     |  |
| 26                          | 2:48.11 L S | P     | Zara Lockitch               | 13     | CYBE CPT  | 21/03/2026 | Sa National JNR Age Group Champs-      |  |
| 27                          | 2:49.01 L   | F     | Jessica Jansen van Vuuren   | 13     | SEAL UMD  | 18/12/2025 | KZN Premier Provincial Championship    |  |
| 28                          | 2:49.02 L   | P     | Namangolwa Semenova         | 13     | TUKS FSH  | 20/02/2026 | 2026 Grand Prix 2 Invitational Meet -N |  |
| 29                          | 2:49.47 L   | F     | Kate Cheshire               | 13     | MDOL JHB  | 26/03/2026 | SA Level 3 Regional Age Group Chan     |  |
| 30                          | 2:49.76 L   | P     | Laila van Antwerpen         | 13     | PAC FSH   | 10/12/2025 | NTS Championships 2025                 |  |
| 31                          | 2:49.85 L   | F     | Carinke Wessels             | 13     | BLOT MAN  | 10/10/2025 | Super Seals Annual Gala                |  |
| 32                          | 2:50.21 L   | F     | Olivia Nel                  | 13     | CLA WCD   | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 33                          | 2:50.58 L   | P     | Isabella Goncalves          | 13     | CA EKU    | 04/12/2025 | EGA Summer Championships 2025          |  |
| 34                          | 2:50.87 L   | F     | Emily Hengst                | 13     | CASC CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 35                          | 2:51.76 L   | F     | Sienna Barenblatt           | 13     | STAQ CED  | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 36                          | 2:52.03 L S | F     | Annabel Meyer               | 13     | BULS MAN  | 03/12/2025 | Free State Champs 2025                 |  |
| 37                          | 2:52.32 L   | P     | Alessia Barthus             | 13     | MANT CPT  | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 38                          | 2:52.59 L   | F     | Zarah Mathee                | 13     | UWCA CPT  | 14/02/2026 | CTA Elite Gala (L3+)                   |  |
| 39                          | 2:52.85 L S | F     | Jovanah McGluwa             | 13     | CASC CPT  | 01/11/2025 | CTA District A CHAMPS 2025             |  |
| 40                          | 2:52.89 L   | P     | Sophie Kretzmann            | 13     | USC BUF   | 09/04/2026 | SA Level 3 Regional Age Group Chan     |  |
| 41                          | 2:53.05 L   | F     | Lia van Heerden             | 13     | BS LLD    | 26/03/2026 | SA Level 3 Regional Age Group Chan     |  |
| 42                          | 2:53.34 L   | F     | Milani Butau                | 13     | BEST NMA  | 30/01/2026 | Infinity Gala 2026                     |  |
| 43                          | 2:53.67 L   | P     | Shelby Schoeman             | 13     | CA EKU    | 26/03/2026 | SA Level 3 Regional Age Group Chan     |  |
| 44                          | 2:54.33 L   | F     | Arya De Sousa               | 13     | TRAZ FSH  | 27/02/2026 | NTS Level 3+ February Age Group Ga     |  |
| 45                          | 2:54.41 L S | F     | Saffiya Emjedi              | 13     | SAAW CPT  | 01/11/2025 | CTA District A CHAMPS 2025             |  |
| 46                          | 2:54.50 L   | P     | Charné De Bruin             | 13     | TUKS FSH  | 26/03/2026 | SA Level 3 Regional Age Group Chan     |  |
| 47                          | 2:54.61 L   | F     | Rirhandzu Chauke            | 13     | DORE JHB  | 27/11/2025 | CGA Championships 2025                 |  |
| 48                          | 2:54.77 L   | P     | Jenna Nieuwoudt             | 13     | SWAR WCD  | 04/12/2025 | Western Cape LC-A Championship 20      |  |
| 49                          | 2:55.12 L   | F     | Evie du Plessis             | 13     | BLOT MAN  | 10/10/2025 | Super Seals Annual Gala                |  |
| 50                          | 2:55.50 L S | F     | Jemma Lloyd                 | 13     | VINE CPT  | 01/11/2025 | CTA District A CHAMPS 2025             |  |
| 51*                         | 2:56.03 L   | F     | Nina Pieterse               | 13     | PEAS NMA  | 15/11/2025 | 5th A League Gala 2025                 |  |
| 51*                         | 2:56.03 L   | F     | Aqeelah Williams            | 13     | UWCA CPT  | 28/06/2025 | PEA Winter Gala 2025                   |  |
| 53                          | 2:56.09 L   | F     | Olivia Kruger               | 13     | PLAY CED  | 22/11/2025 | Swartland Prestige Gala 2025           |  |
| 54                          | 2:56.84 L   | F     | Lumka Zamisa                | 13     | NWS       | 31/01/2026 | 4+1 INTERPROVINCIAL GALA 2026          |  |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                   |    |           |  |
|------|---------|-------|------|--------------------------|----|-----------|--|
| 55   | 2:57.30 | L     | F    | Zara Jantjies            | 13 | MANT CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 56   | 2:57.43 | L     | F    | Kathryn Nolan            | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 57   | 2:57.85 | L     | F    | Kirsten Cupido           | 13 | CYBE CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 58   | 2:58.21 | L     | F    | Leane Nel                | 13 | EXP TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 59   | 2:58.76 | L     | F    | Alyssa Coetzer           | 13 | AZON ETH  | 21/02/2026 KZN Schools Trials 2026               |
| 60   | 2:59.20 | L     | F    | Mikaela Lotz             | 13 | PAC TSH   | 17/10/2025 NTS Level 3+ October Age Group Gal    |
| 61   | 2:59.48 | L     | P    | Riley Sanders            | 13 | HPS TSH   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 62   | 2:59.53 | L     | F    | Hope Churchman           | 13 | WSTV ETH  | 21/02/2026 KZN Schools Trials 2026               |
| 63   | 2:59.61 | L     | P    | Georgia Sabbagha         | 13 | PAQU CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 64   | 2:59.88 | L     | F    | Mignon Swart             | 13 | UNI EZD   | 16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY        |
| 65*  | 2:59.96 | L     | F    | Phillipa Williams        | 13 | SOUL EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 65*  | 2:59.96 | L     | F    | Qhayiya Sizani           | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 67   | 3:00.05 | L     | F    | Ziane Drenth             | 13 | AWIN TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 68   | 3:00.22 | L     | F    | Kayleigh Brophy          | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025                |
| 69   | 3:00.27 | L     | F    | Jadine Grobler           | 13 | TKS WBD   | 28/11/2025 Limpopo Champs 2025                   |
| 70   | 3:00.50 | L     | P    | Liane Van Zyl            | 13 | UPSK ZMD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 71   | 3:00.69 | L S   | F    | Oyama Tuta               | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025                |
| 72   | 3:00.70 | L     | F    | Kenna Lilley             | 13 | TYGE CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 73   | 3:00.78 | L     | P    | Grace Julies             | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 74   | 3:00.96 | L     | F    | Alexia Smith             | 13 | WATR JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 75   | 3:00.99 | L S   | P    | Gia Newkirk              | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-     |
| 76   | 3:01.05 | L     | F    | Sky Eyssen               | 13 | MANT CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 77   | 3:01.07 | L     | F    | Mikayla Jordaan          | 13 | CASC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 78   | 3:01.38 | L     | P    | Amelie Billson           | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 79   | 3:01.42 | L     | P    | Alexis Visser            | 13 | MAKO EKU  | 04/12/2025 EGA Summer Championships 2025         |
| 80   | 3:01.58 | L     | F    | Annabella Mitchell-Innes | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 81   | 3:01.85 | L     | P    | Caitlin Barnes           | 13 | SAAW CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 82   | 3:02.09 | L     | P    | Rebecca Osler            | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 83   | 3:02.40 | L     | F    | Mikayla Coleman          | 13 | TCA EKU   | 31/01/2026 EGA Last Chance Gala 2026             |
| 84   | 3:02.58 | L     | F    | Tayla Scheepers          | 13 | RFA TSH   | 17/10/2025 NTS Level 3+ October Age Group Gal    |
| 85   | 3:03.31 | L     | P    | Lily Hoar                | 13 | KLOO ETH  | 18/12/2025 KZN Premier Provincial Championship   |
| 86   | 3:03.93 | L     | F    | Taylynn Boshoff          | 13 | USC BUF   | 28/02/2026 Eastern Cape School Provincial Trials |
| 87   | 3:04.24 | L     | P    | Caitlin McDowell         | 13 | ESP EKU   | 04/12/2025 EGA Summer Championships 2025         |
| 88   | 3:04.33 | L     | F    | Tatum Samuels            | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 89   | 3:04.89 | L     | P    | Alex Theron              | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 90   | 3:04.96 | L     | F    | Cayleigh Machill         | 13 | BARA EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 91   | 3:05.12 | L     | F    | Livia Vancoillie         | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 92   | 3:05.17 | L     | F    | Olivia Meyburgh          | 13 | CA EKU    | 11/10/2025 EGA Summer 2                          |
| 93   | 3:05.38 | L     | P    | Dione Smit               | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 94   | 3:05.75 | L     | P    | Holli Tait               | 13 | KLOO ETH  | 18/12/2025 KZN Premier Provincial Championship   |
| 95   | 3:06.01 | L     | F    | Ruvarashe Chibharo       | 13 | TYGE CPT  | 28/06/2025 PEA Winter Gala 2025                  |
| 96   | 3:06.27 | L     | F    | Alexianne Metzger        | 13 | SWIFT EKU | 31/01/2026 EGA Last Chance Gala 2026             |
| 97   | 3:06.40 | L     | F    | Shadri Bosman            | 13 | RFA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 98   | 3:06.45 | L     | F    | Nicoline Du Preez        | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025                |
| 99   | 3:06.52 | L     | P    | Mia Van de Vyver         | 13 | ESA CED   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 100  | 3:07.04 | L     | F    | Catharina Coetzer        | 13 | QSSC CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 101  | 3:07.06 | L     | F    | Marizelle Vermaak        | 13 | HREF BPD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 102  | 3:07.12 | L     | F    | Kiarah Beukes            | 13 | PAC TSH   | 31/10/2025 NTS Level 1+2 November Age Group :    |
| 103  | 3:07.38 | L     | P    | Kaitlyn Haynes-Smart     | 13 | VINE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 104  | 3:07.59 | L S   | F    | Mila Barkhuysen          | 13 | GREY CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 105* | 3:07.65 | L     | F    | Mia Marais               | 13 | TRAZ TSH  | 03/10/2025 Swimpartners Gala (Blue vs White) Oc  |
| 105* | 3:07.65 | L     | F    | Jada Hendricks           | 13 | TYGE CPT  | 28/06/2025 PEA Winter Gala 2025                  |
| 107  | 3:08.06 | L     | F    | Luisa Kimani             | 13 | CYBE CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 108  | 3:09.03 | L     | P    | Kyleigh Shelton          | 13 | ESTR EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 109  | 3:09.44 | L     | F    | Ming-Xi Tsai             | 13 | AA JHB    | 27/11/2025 CGA Championships 2025                |
| 110  | 3:09.55 | L     | F    | Ruby Van Dyk             | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 111  | 3:09.64 | L     | F    | Esmé Bowes               | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 112  | 3:09.67 | L S   | F    | Lene Klopper             | 13 | QSSC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 113  | 3:10.25 | L     | F    | Mercy Theu               | 13 | MDOL JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |           |  |
|------|---------|-------|------|-----------------------|----|-----------|--|
| 114  | 3:10.27 | L     | F    | Nadelija Pillay       | 13 | VHD ZLD   | 31/01/2026 uShaka Champs 2026                    |
| 115  | 3:10.28 | L     | F    | Milla Da Silva        | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 116  | 3:10.42 | L S   | F    | Juno Bouwer           | 13 | CASC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 117  | 3:10.73 | L     | P    | Marang Ndlovu         | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 118  | 3:11.64 | L     | P    | Liné Schoeman         | 13 | FISH EDD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 119  | 3:12.02 | L     | F    | Tamika Abbey          | 13 | PER JHB   | 14/02/2026 CGA Last Chance                       |
| 120  | 3:12.40 | L     | F    | Kayla-Anne Walker     | 13 | CYBE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 121  | 3:12.71 | L     | F    | Leah-Bella Budram     | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 122  | 3:12.76 | L     | F    | Areli Muyaka          | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025                |
| 123  | 3:12.88 | L     | F    | Khalalelo Ratlhogo    | 13 | ESP EKU   | 11/10/2025 EGA Summer 2                          |
| 124  | 3:12.90 | L     | F    | Ilé Ferreira          | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 125  | 3:13.08 | L     | F    | Milah Allen           | 13 | SFSA JHB  | 27/11/2025 CGA Championships 2025                |
| 126* | 3:13.24 | L     | P    | Nuhaa Cozyn           | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 126* | 3:13.24 | L     | F    | Roxanne Coetzee       | 13 | HREF BP   | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 128  | 3:13.40 | L     | F    | Tumisho Mojapelo      | 13 | PAC FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 129  | 3:13.85 | L     | F    | Ava van der Mescht    | 13 | PEAS NMA  | 12/12/2025 NMBA Championships 2025               |
| 130  | 3:14.48 | L     | F    | Maya Sissing          | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 131  | 3:14.75 | L     | F    | Scarlett Garassino    | 13 | SASE JHB  | 14/02/2026 CGA Last Chance                       |
| 132  | 3:15.03 | L     | P    | Holly Karels          | 13 | SWIFT EKU | 04/12/2025 EGA Summer Championships 2025         |
| 133  | 3:15.26 | L     | P    | Ella Adams            | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 134  | 3:15.36 | L     | F    | Katelyn Naidoo        | 13 | MAKO EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 135  | 3:15.37 | L     | P    | Zaarah Meyer          | 13 | HTSA CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 136  | 3:15.43 | L     | F    | Abigail Paice         | 13 | SOUL EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 137  | 3:15.61 | L     | F    | Mia Benade            | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 138  | 3:16.00 | L     | F    | Hlelo Mtwa            | 13 | PER JHB   | 27/11/2025 CGA Championships 2025                |
| 139  | 3:16.16 | L     | F    | Jenna Leppan          | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 140  | 3:16.33 | L     | F    | Malin Swart           | 13 | USC BUF   | 30/01/2026 Infinity Gala 2026                    |
| 141  | 3:16.39 | L     | F    | Luah Theron           | 13 | TUKS FSH  | 17/10/2025 NTS Level 3+ October Age Group Gala   |
| 142  | 3:16.70 | L     | F    | Jaimey Shaw           | 13 | ESTR EKU  | 22/11/2025 EGA Summer 3 & 4                      |
| 143  | 3:16.86 | L     | F    | Clara Duvenage        | 13 | CA EKU    | 22/11/2025 EGA Summer 3 & 4                      |
| 144  | 3:17.29 | L S   | F    | Gabriella Bengell     | 13 | BLNE MAN  | 03/12/2025 Free State Champs 2025                |
| 145  | 3:17.31 | L     | F    | Taliyah Eveleigh      | 13 | MCSH BPD  | 13/02/2026 NW School Championships 2026          |
| 146  | 3:17.44 | L     | P    | Lara Rosenstrauch     | 13 | HTSA CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 147  | 3:17.50 | L     | F    | Karla Wolmarans       | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 148  | 3:19.15 | L     | F    | Lily Sykes            | 13 | TUKS FSH  | 03/10/2025 Swimpartners Gala (Blue vs White) Oc  |
| 149  | 3:20.13 | L     | P    | Jana Booysen          | 13 | CUHE OBD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 150  | 3:20.22 | L     | F    | Maliyah Strydom       | 13 | USC BUF   | 24/01/2026 BCA January Age Group Gala 2026       |
| 151  | 3:20.29 | L     | F    | Alexis Visagie        | 13 | BEST NMA  | 28/06/2025 PEA Winter Gala 2025                  |
| 152  | 3:20.56 | L     | F    | Lea Kotzé             | 13 | PGIM KKD  | 13/02/2026 NW School Championships 2026          |
| 153  | 3:20.64 | L     | P    | Machayda Titus        | 13 | MARL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 154  | 3:20.70 | L     | F    | Megan Palmer          | 13 | AFIN JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 155  | 3:23.12 | L     | F    | Mienke Pretorius      | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                       |
| 156  | 3:23.49 | L     | F    | Zara Field            | 13 | CTO CPT   | 06/02/2026 WCA-B Champs - 2026                   |
| 157  | 3:23.82 | L     | F    | Noluthando Nkosi      | 13 | NSAD EZD  | 13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF        |
| 158  | 3:23.85 | L     | F    | Taeya Roper           | 13 | HPS FSH   | 03/10/2025 NTS Level 1+2 October Age Group 20    |
| 159  | 3:24.25 | L S   | F    | Neanè Van Zyl         | 13 | GREY CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 160  | 3:24.64 | L     | P    | Cait Dawson           | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 161  | 3:24.72 | L     | F    | Anye Brink            | 13 | ESA CED   | 24/01/2026 Drakenstein Invitational - copied     |
| 162  | 3:25.50 | L     | F    | Margaret-Anne Pienaar | 13 | DDA FSH   | 03/10/2025 Swimpartners Gala (Blue vs White) Oc  |
| 163  | 3:25.61 | L     | F    | Tayla Welgemoed       | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025                |
| 164  | 3:26.45 | L     | F    | Vibha Fakir           | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202     |
| 165  | 3:26.81 | L     | F    | Emily Botha           | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 166  | 3:27.21 | L     | F    | Teresa Smith          | 13 | MDOL JHB  | 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 167  | 3:27.35 | L     | F    | Mieke Smit            | 13 | UNI EZD   | 26/09/2025 MP AGE GROUP 1 26-27 SEPT'25          |
| 168  | 3:27.59 | L     | F    | Destheonique Julius   | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 169  | 3:27.65 | L     | F    | Retshepile Phalafala  | 13 | MDOL JHB  | 14/02/2026 CGA Last Chance                       |
| 170  | 3:29.77 | L     | F    | Madeleine de Villiers | 13 | EXP FSH   | 03/10/2025 NTS Level 1+2 October Age Group 20    |
| 171  | 3:30.04 | L S   | F    | Alexei Slabbert       | 13 | ASAC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 172  | 3:30.08 | L     | F    | Leah Wentzel          | 13 | MARL CPT  | 30/01/2026 Infinity Gala 2026                    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                              | Time    | P/F/S | Name | Age/Yr                 |    |       |   |
|------------------------------|---------|-------|------|------------------------|----|-------|---|
| 173                          | 3:30.71 | L     | F    | Alexa Steenkamp        | 13 | CPSC  | FSH 29/03/2026 SA Level 2 Regional Age Group Cham     |
| 174                          | 3:32.21 | L     | F    | Alexia Dippenaar       | 13 | BS    | LLD 31/10/2025 NTS Level 1+2 November Age Group :     |
| 175                          | 3:33.13 | L     | F    | Mienke Gerber          | 13 | FISH  | EDD 09/10/2025 44th Freda Barnard Invitational Gala   |
| 176                          | 3:34.38 | L     | F    | Elsa Massawe           | 13 | CA    | EKU 31/01/2026 EGA Last Chance Gala 2026              |
| 177                          | 3:34.51 | L     | F    | Izeldi Van Niekerk     | 13 | DOLFI | MPD 28/11/2025 Limpopo Champs 2025                    |
| 178                          | 3:36.11 | L     | F    | Realeboga Kunene       | 13 | PER   | JHB 20/02/2026 CGA Level 1 and Level 2 Championsh     |
| 179                          | 3:36.64 | L     | F    | Skyler Engelbrecht     | 13 | CAMP  | BUF 14/02/2026 BCSA School Trials 2026                |
| 180                          | 3:36.98 | L     | F    | Eleftheria Synodinos   | 13 | CASC  | GPT 06/02/2026 WCA-B Champs - 2026                    |
| 181                          | 3:37.00 | L     | F    | Emlynn Hugo            | 13 | SWIFT | EKU 11/10/2025 EGA Summer 2                           |
| 182                          | 3:39.51 | L     | F    | Cara van Wyk           | 13 | BARR  | CPT 09/10/2025 44th Freda Barnard Invitational Gala   |
| 183                          | 3:40.20 | L S   | F    | Shyla Lutchman         | 13 | VINE  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 184                          | 3:40.81 | L S   | F    | Mia Du Toit            | 13 | QSSC  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 185                          | 3:41.44 | L     | F    | Lethabo Nyandeni       | 13 | TUKS  | FSH 05/12/2025 2025 The Tshwane Mayor's Gala          |
| 186                          | 3:44.49 | L     | F    | Aaminah Spruit         | 13 | WEST  | CPT 09/10/2025 44th Freda Barnard Invitational Gala   |
| 187                          | 3:45.25 | L     | F    | Zahraa Essack          | 13 | ATLA  | JHB 27/11/2025 CGA Championships 2025                 |
| 188                          | 3:45.84 | L     | P    | Amogelang Mamabolo     | 13 | HARB  | BPD 06/12/2025 NWS Championships 2025                 |
| 189                          | 3:45.99 | L     | F    | Isabel Wessinger       | 13 | ELEC  | FSH 03/10/2025 Swimpartners Gala (Blue vs White) Oc   |
| 190                          | 3:46.31 | L     | F    | Larique Pretorius      | 13 | KTS   | 05/12/2025 NCASA CHAMPS 2025 - copied - copi          |
| 191                          | 3:47.57 | L     | F    | Wilmie Fourie          | 13 | UPSK  | ZMD 21/11/2025 AGE GROUP 2 & 3 UPT                    |
| 192                          | 3:51.27 | L     | F    | Zizipho Ginindza       | 13 | PAC   | FSH 13/02/2026 NTS Level 1+2 February Age Group 2f    |
| 193                          | 3:52.33 | L     | P    | Nyandano Madaba        | 13 | FAC   | EKU 04/12/2025 EGA Summer Championships 2025          |
| 194                          | 3:55.56 | L     | F    | Ikageng Moloko         | 13 | TUKS  | FSH 31/10/2025 NTS Level 1+2 November Age Group :     |
| 195                          | 3:57.62 | L     | F    | Tshiamo Mlangeni       | 13 | UNI   | EZD 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER           |
| 196                          | 4:00.34 | L     | F    | Rorisang Monareng      | 13 | BLNE  | MAN 24/10/2025 Neptunes Gala                          |
| 197                          | 4:01.51 | L     | F    | Rebecca Lawlor         | 13 | SHS   | KK 14/02/2026 BCSA School Trials 2026                 |
| 198                          | 4:15.35 | L     | F    | Katia Cerone           | 13 | HAAG  | UTD 10/10/2025 Super Seals Annual Gala                |
| 199                          | 4:21.09 | L     | F    | Aimee Taylor           | 13 | MAKO  | EKU 11/10/2025 EGA Summer 2                           |
| 200                          | 4:30.16 | L     | F    | Nokubonga Buda         | 13 | ESP   | EKU 22/11/2025 EGA Summer 3 & 4                       |
| 201                          | 4:34.48 | L     | F    | Nina Engelbrecht       | 13 | UPSK  | ZMD 31/10/2025 UPINGTON PRESTIGE GALA 2025            |
| 202                          | 4:36.66 | L     | F    | Mpilehle Dladla        | 13 | CSA   | EZD 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER           |
| 203                          | 4:41.28 | L     | F    | Relebohile Maduna      | 13 | PELIC | MAN 20/09/2025 Welkom Seals Gala                      |
| 204                          | 4:52.35 | L     | F    | Leanolaona Molosi      | 13 | UPSK  | ZMD 05/12/2025 NCASA CHAMPS 2025 - copied - copi      |
| <b>Women 13-14 50 Breast</b> |         |       |      |                        |    |       |   |
| 1                            | 34.69   | L     | F    | Anna Horn              | 13 | XCEL  | CPT 21/03/2026 Sa National JNR Age Group Champs-;     |
| 2                            | 35.54   | L     | F    | Isabella Goncalves     | 13 | GAU   | JHB 24/04/2026 SA Schools Swimming Championship       |
| 3                            | 36.25   | L     | F    | Barcelona Xaba         | 13 | SASE  | JHB 21/03/2026 Sa National JNR Age Group Champs-;     |
| 4                            | 36.37   | L     | F    | Laila van Antwerpen    | 13 | PAC   | FSH 10/12/2025 NTS Championships 2025                 |
| 5                            | 36.48   | L     | P    | Megan Jacobs           | 13 | WSTV  | ETH 21/03/2026 Sa National JNR Age Group Champs-;     |
| 6                            | 36.51   | L     | F    | Kara Pretorius         | 13 | SSISA | CPT 04/12/2025 Western Cape LC-A Championship 20      |
| 7                            | 36.55   | L     | F    | Mignon Swart           | 13 | UNI   | EZD 21/03/2026 Sa National JNR Age Group Champs-;     |
| 8                            | 36.86   | L     | P    | Lize De Wet            | 13 | SS    | MPD 21/03/2026 Sa National JNR Age Group Champs-;     |
| 9                            | 36.87   | L     | F    | Gia Newkirk            | 13 | TYGE  | CPT 04/12/2025 Western Cape LC-A Championship 20      |
| 10                           | 37.23   | L     | P    | Mackenzie Raffle       | 13 | CA    | EKU 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 11                           | 37.53   | L     | F    | Kathryn Nolan          | 13 | MDOL  | JHB 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 12                           | 37.58   | L     | F    | Sophia Hutchison       | 13 | NC    | FBD 31/01/2026 4+1 INTERPROVINCIAL GALA 2026          |
| 13                           | 37.59   | L     | F    | Lara Van Veelen        | 13 | LP    | CCD 24/04/2026 SA Schools Swimming Championship       |
| 14                           | 37.62   | L     | F    | Alexis De Witt         | 13 | TUKS  | FSH 10/12/2025 NTS Championships 2025                 |
| 15                           | 37.77   | L     | F    | Mieke Oosthuizen       | 13 | HPS   | FSH 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 16                           | 37.82   | L     | F    | Katherine Harrop-Allin | 13 | CSC   | FSH 27/02/2026 NTS Level 3+ February Age Group Ga     |
| 17                           | 37.83   | L     | F    | Tatum Van Zijl         | 13 | OHAN  | ILD 21/02/2026 KZN Schools Trials 2026                |
| 18                           | 37.98   | L     | F    | Gia Stedall            | 13 | PAC   | FSH 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 19                           | 38.02   | L     | P    | Taylor Ten Napel       | 13 | BEAV  | ETH 21/03/2026 Sa National JNR Age Group Champs-;     |
| 20                           | 38.13   | L     | P    | Annabel Meyer          | 13 | BULS  | MAN 21/03/2026 Sa National JNR Age Group Champs-;     |
| 21                           | 38.16   | L     | F    | Mali Louw              | 13 | WELL  | CED 09/10/2025 44th Freda Barnard Invitational Gala   |
| 22                           | 38.32   | L     | P    | Carinke Wessels        | 13 | BLOT  | MAN 21/03/2026 Sa National JNR Age Group Champs-;     |
| 23                           | 38.46   | L     | F    | Zekhethelo Radebe      | 13 | USHPM | UMD 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 24                           | 38.50   | L     | P    | Ayvah Jacob            | BR | VASA  | EKU 21/03/2026 Sa National JNR Age Group Champs-;     |
| 25                           | 38.51   | L     | F    | Alexis Kalapac         | 13 | WCS   | 24/04/2026 SA Schools Swimming Championship           |
| 26                           | 38.59   | L     | F    | Zoe Thompson           | 13 | MDOL  | JHB 05/05/2025 SE East Region Long Course Champi      |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time  | P/F/S | Name | Age/Yr                    |    |       |  |
|-----|-------|-------|------|---------------------------|----|-------|--|
| 27  | 38.60 | L     | F    | Xia Jacobs                | 13 | WSTV  | ETH 18/12/2025 KZN Premier Provincial Championship   |
| 28  | 38.69 | L     | P    | Jessica Jansen van Vuuren | 13 | SEAL  | UMD 21/03/2026 Sa National JNR Age Group Champs-;    |
| 29  | 38.75 | L     | P    | Chenique Kooi             | 13 | TUKS  | TSH 21/03/2026 Sa National JNR Age Group Champs-;    |
| 30  | 38.89 | L     | F    | Namangolwa Semenova       | 13 | USCLT | BUF 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 31  | 38.96 | L     | F    | Christie Snyders          | 13 | VALS  | FDD 03/12/2025 Free State Champs 2025                |
| 32  | 38.98 | L     | F    | Shalea Hamilton           | 13 | BEST  | NMA 30/01/2026 Infinity Gala 2026                    |
| 33  | 39.00 | L     | F    | Ava Grebe                 | 13 | CUHE  | QBD 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 34  | 39.03 | L     | F    | Isabella Vreenegoor       | 13 | CRSC  | JHB 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 35  | 39.04 | L     | F    | Milla Christensen         | 13 | WELL  | CED 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 36  | 39.08 | L     | F    | Alta Van Zyl              | 13 | SEAL  | UMD 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 37  | 39.22 | L     | F    | Ella Voysey               | 13 | ASAC  | CPT 20/09/2025 CTA INVITATIONAL LC MEET              |
| 38  | 39.26 | L     | F    | Paige Schutze-Langston    | 13 | MDOL  | JHB 27/11/2025 CGA Championships 2025                |
| 39* | 39.28 | L     | F    | Ajsa Gelencser            | 13 | KIS   | CE 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 39* | 39.28 | L     | F    | Micah Gomes               | 13 | TUKS  | TSH 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 41  | 39.41 | L     | F    | Suhanna White             | 13 | AQUA  | BUF 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 42  | 39.49 | L     | F    | Leandi Liebenberg         | 13 | SS    | MPD 28/11/2025 Limpopo Champs 2025                   |
| 43  | 39.56 | L     | F    | Mijone Beyers             | 13 | CA    | EKU 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 44  | 39.92 | L S   | F    | Jade Chilisa              | 13 | TUKS  | TSH 10/12/2025 20th Botswana Swimming Nationals 20   |
| 45  | 39.95 | L     | F    | Mattae Morel              | 13 | CA    | EKU 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 46  | 39.96 | L     | F    | Lumka Zamisa              | 13 | PWC   | BP 13/02/2026 NW School Championships 2026           |
| 47  | 39.97 | L     | P    | Ineke Van Maarleveld      | 13 | ACAQ  | CCD 21/03/2026 Sa National JNR Age Group Champs-;    |
| 48  | 39.98 | L     | F    | Aqeelah Williams          | 13 | UWCA  | CPT 01/11/2025 CTA District A CHAMPS 2025            |
| 49  | 40.10 | L     | P    | Ruvarashe Chibharo        | 13 | CASC  | CPT 21/03/2026 Sa National JNR Age Group Champs-;    |
| 50* | 40.20 | L     | P    | Grace Julies              | 13 | XCEL  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 50* | 40.20 | L     | F    | Hope Churchman            | 13 | GAU   | JHB 24/04/2026 SA Schools Swimming Championship      |
| 52  | 40.29 | L     | P    | Nina Pieterse             | 13 | PEAS  | NMA 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 53  | 40.72 | L     | F    | Riley Haupt               | 13 | CA    | EKU 11/10/2025 EGA Summer 2                          |
| 54  | 40.84 | L     | P    | Neanè Van Zyl             | 13 | GREY  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 55  | 40.86 | L     | P    | Milah Allen               | 13 | SFSA  | JHB 27/11/2025 CGA Championships 2025                |
| 56* | 40.98 | L S   | P    | Madison Harris            | 13 | SOUL  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 56* | 40.98 | L     | P    | Jasmine Woodburn          | 13 | MDOL  | JHB 21/03/2026 Sa National JNR Age Group Champs-;    |
| 56* | 40.98 | L     | F    | Mia Vorster               | 13 | WELA  | LLD 24/10/2025 Neptunes Gala                         |
| 59  | 41.00 | L     | F    | Mila Hinteregger          | 13 | CA    | EKU 31/01/2026 EGA Last Chance Gala 2026             |
| 60  | 41.01 | L     | F    | Uma Pearson-Adams         | 13 | CTA   | CPT 10/07/2025 Bulgarian Swimming Championships L    |
| 61  | 41.09 | L     | P    | Unathi Vuyeqaba           | 13 | TUKS  | TSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 62* | 41.12 | L     | F    | Senzelwe Mwandla          | 13 | USHPM | UMD 31/01/2026 uShaka Champs 2026                    |
| 62* | 41.12 | L     | F    | Sienna Syrett             | 13 | QUES  | JHB 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 64  | 41.19 | L     | F    | Kayla Gerber              | 13 | STAQ  | CED 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 65  | 41.24 | L     | P    | Leandi Swarts             | 13 | PSA   | ZLD 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 66  | 41.27 | L     | P    | Sisanda Palframan         | 13 | SEAL  | UMD 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 67  | 41.36 | L S   | P    | Caitlin McDowell          | 13 | ESP   | EKU 04/12/2025 EGA Summer Championships 2025         |
| 68  | 41.37 | L     | F    | Emma Ristow               | 13 | USC   | BUF 24/01/2026 BCA January Age Group Gala 2026       |
| 69  | 41.38 | L     | F    | Elah-Mae Budram           | 13 | PSCP  | UMD 21/02/2026 KZN Schools Trials 2026               |
| 70  | 41.43 | L     | P    | Alivia Nel                | 13 | MDOL  | JHB 27/11/2025 CGA Championships 2025                |
| 71  | 41.61 | L     | F    | Milla Da Silva            | 13 | CA    | EKU 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 72  | 41.70 | L     | P    | Hester Janse van Rensburg | 13 | NC    | FBD 24/04/2026 SA Schools Swimming Championship      |
| 73  | 41.91 | L     | F    | Cayla Cunningham          | 13 | TRAZ  | TSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 74  | 41.93 | L     | F    | Inge Du Plessis           | 13 | SS    | MPD 28/11/2025 Limpopo Champs 2025                   |
| 75  | 41.94 | L     | F    | Rorisang Monareng         | 13 | BLNE  | MAN 03/12/2025 Free State Champs 2025                |
| 76  | 42.00 | L     | F    | Lara Rosenstrauch         | 13 | HTSA  | CPT 29/11/2025 CTA B CHAMPS 2025                     |
| 77* | 42.06 | L     | P    | Safurah Wadvalla          | 13 | DORE  | JHB 27/11/2025 CGA Championships 2025                |
| 77* | 42.06 | L     | F    | Sophia Castleden          | 13 | STAQ  | CED 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 79  | 42.09 | L     | F    | Libby Ritchie             | 13 | PSCP  | UMD 18/12/2025 KZN Premier Provincial Championship   |
| 80  | 42.21 | L     | P    | Leah Struwig              | 13 | TUKS  | TSH 10/12/2025 NTS Championships 2025                |
| 81* | 42.25 | L     | P    | Cait Dawson               | 13 | XCEL  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 81* | 42.25 | L     | P    | Rirhandzu Chauke          | 13 | DORE  | JHB 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 81* | 42.25 | L     | P    | Amelia-Rose Schutzler     | 13 | ECSA  | BUF 24/04/2026 SA Schools Swimming Championship      |
| 84  | 42.33 | L     | P    | Milani Butau              | 13 | BEST  | NMA 21/03/2026 Sa National JNR Age Group Champs-;    |
| 85  | 42.35 | L     | F    | Mieke Cilliers            | 13 | VHD   | ZLD 21/02/2026 KZN Schools Trials 2026               |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                 |    |       |  |
|------|-------|-------|------|------------------------|----|-------|--|
| 86   | 42.55 | L     | P    | Kyleigh Shelton        | 13 | ESTR  | EKU 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 87   | 42.59 | L     | F    | Kirsten Cupido         | 13 | CYBE  | CPT 20/09/2025 CTA INVITATIONAL LC MEET              |
| 88   | 42.63 | L     | F    | Jadine Grobler         | 13 | TKS   | WBD 28/11/2025 Limpopo Champs 2025                   |
| 89   | 42.65 | L     | P    | Thalia Naidoo          | 13 | SASE  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 90   | 42.71 | L     | F    | Zethembiso Mbambo      | 13 | SEAL  | UMD 09/07/2025 TYR Prestige Tournament 2025          |
| 91   | 42.80 | L     | P    | Taylynn Boshoff        | 13 | ECSA  | BUF 24/04/2026 SA Schools Swimming Championship      |
| 92   | 42.84 | L     | P    | Jemma Lloyd            | 13 | VINE  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 93   | 42.87 | L     | F    | Lia van Heerden        | 13 | BS    | LLD 03/12/2025 Free State Champs 2025                |
| 94   | 42.92 | L     | F    | Jua Jonker             | 13 | POTC  | KKD 06/12/2025 NWS Championships 2025                |
| 95   | 42.94 | L     | F    | Mikaela Van Heerden    | 13 | TUKS  | FSH 23/01/2026 2026 NTS Sprint Gala                  |
| 96   | 42.95 | L     | F    | Noa Sebastiao          | 13 | TUKS  | FSH 14/11/2025 NTS Level 3+ November Age Group G     |
| 97   | 42.96 | L     | F    | Zoe Kruger             | 13 | LALE  | CED 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 98   | 42.99 | L     | P    | Isabella Haldane       | 13 | FISH  | EDD 04/12/2025 Western Cape LC-A Championship 20     |
| 99   | 43.09 | L S   | P    | Mikayla Coleman        | 13 | TCA   | EKU 04/12/2025 EGA Summer Championships 2025         |
| 100  | 43.18 | L     | F    | Katie Van den Heever   | 13 | ROB   | EZD 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 101  | 43.19 | L     | F    | Micaela Fourie         | 13 | NHS   | EZD 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 102* | 43.25 | L     | F    | Alexianne Metzger      | 13 | SWIFT | EKU 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 102* | 43.25 | L     | P    | Jazmin Anthony         | 13 | PAQU  | CED 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 104* | 43.34 | L     | F    | Elizabeth Roth         | 13 | PEAS  | NMA 30/01/2026 Infinity Gala 2026                    |
| 104* | 43.34 | L     | F    | Jaimey Shaw            | 13 | ESTR  | EKU 11/10/2025 EGA Summer 2                          |
| 106  | 43.43 | L     | F    | Willow Makwakwa        | 13 | TUKS  | FSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 107* | 43.46 | L     | P    | Jada Hendricks         | 13 | CASC  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 107* | 43.46 | L     | P    | Juno Bouwer            | 13 | CASC  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 109  | 43.51 | L     | P    | Taeya Roper            | 13 | HPS   | FSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 110  | 43.52 | L     | P    | Khalalelo Rathhogo     | 13 | ESP   | EKU 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 111  | 43.62 | L     | F    | Amber Spence           | 13 | GAU   | JHB 30/01/2026 Gauteng Schools Championships 2026    |
| 112  | 43.69 | L     | F    | Mienke Pretorius       | 13 | UPSK  | ZMD 14/02/2026 KALAHARI CLASSIC 2026                 |
| 113  | 43.73 | L     | P    | Imme Wolfaardt         | 13 | LALE  | CED 04/12/2025 Western Cape LC-A Championship 20     |
| 114  | 43.86 | L     | F    | Helena Calitz          | 13 | LALE  | CED 06/02/2026 WCA-B Champs - 2026                   |
| 115  | 43.93 | L     | P    | Abigail Grieve         | 13 | SASE  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 116* | 43.94 | L S   | P    | Alexis Visser          | 13 | MAKO  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 116* | 43.94 | L     | P    | Charné De Bruin        | 13 | TUKS  | FSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 118  | 44.12 | L     | F    | Lize-Mari Vorster      | 13 | WELL  | CED 06/02/2026 WCA-B Champs - 2026                   |
| 119  | 44.14 | L     | F    | Marang Ndlovu          | 13 | MDOL  | JHB 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 120  | 44.15 | L     | P    | Scarlett Garassino     | 13 | SASE  | JHB 27/11/2025 CGA Championships 2025                |
| 121  | 44.20 | L     | F    | Nina Koen              | 13 | FISH  | EDD 08/11/2025 EDEN 3rd A-League Gala 2025           |
| 122  | 44.25 | L     | F    | Kate Cheshire          | 13 | MDOL  | JHB 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 123  | 44.27 | L     | F    | Kara De Wit            | 13 | RFA   | FSH 14/11/2025 NTS Level 3+ November Age Group G     |
| 124  | 44.39 | L     | P    | Zara Jantjies          | 13 | MANT  | CPT 04/12/2025 Western Cape LC-A Championship 20     |
| 125  | 44.43 | L S   | P    | Katelyn Naidoo         | 13 | MAKO  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 126  | 44.44 | L     | P    | Tamika Abbey           | 13 | PER   | JHB 27/11/2025 CGA Championships 2025                |
| 127  | 44.47 | L     | F    | Liane Van Zyl          | 13 | UPSK  | ZMD 31/10/2025 UPINGTON PRESTIGE GALA 2025           |
| 128  | 44.48 | L     | F    | Leah Du Plessis        | 13 | PEAS  | NMA 28/06/2025 PEA Winter Gala 2025                  |
| 129  | 44.52 | L     | F    | Hannah Von Mollendorff | 13 | KLOO  | ETH 21/02/2026 KZN Schools Trials 2026               |
| 130  | 44.57 | L     | P    | Ella Kalp              | 13 | AZON  | ETH 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 131  | 44.62 | L     | P    | Nadine Mutanga         | 13 | BEAV  | ETH 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 132  | 44.64 | L     | F    | Gia Chanquin           | 13 | WALM  | CPT 06/02/2026 WCA-B Champs - 2026                   |
| 133  | 44.69 | L     | F    | Anika Bester           | 13 | STGR  | XRD 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 134  | 44.74 | L     | P    | Alexia Smith           | 13 | WATR  | JHB 27/11/2025 CGA Championships 2025                |
| 135  | 44.79 | L     | F    | Zaarah Meyer           | 13 | HTSA  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 136  | 44.84 | L     | F    | Luisa Kimani           | 13 | CYBE  | CPT 20/09/2025 CTA INVITATIONAL LC MEET              |
| 137* | 44.88 | L     | F    | Amahle Mdlalose        | 13 | CSC   | FSH 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 137* | 44.88 | L     | P    | Georgia Henning        | 13 | ACES  | ETH 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 139  | 44.90 | L     | F    | Zanli Le Roux          | 13 | AGAQ  | QBD 22/11/2025 Swartland Prestige Gala 2025          |
| 140  | 44.91 | L     | F    | Hlumisa Mfabe          | 13 | BCA   | BUF 10/01/2026 NMBA INTER-DISTRICT PRESTIGE (        |
| 141  | 44.93 | L     | P    | Ming-Xi Tsai           | 13 | AA    | JHB 27/11/2025 CGA Championships 2025                |
| 142  | 44.94 | L     | P    | Liané Stoltz           | 13 | UNIU  | EZD 05/12/2025 Mpumalanga Championships 2025         |
| 143  | 44.95 | L     | F    | Eleftheria Synodinos   | 13 | CASC  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 144  | 45.06 | L     | P    | Holli Tait             | 13 | KLOO  | ETH 18/12/2025 KZN Premier Provincial Championship   |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                |    |           |   |
|------|-------|-------|------|-----------------------|----|-----------|---|
| 145  | 45.08 | L     | F    | Ilé Ferreira          | 13 | TUKS FSH  | 23/01/2026 2026 NTS Sprint Gala                 |
| 146  | 45.19 | L     | F    | Saffiya Emjedi        | 13 | SAAW CPT  | 20/09/2025 CTA INVITATIONAL LC MEET             |
| 147  | 45.28 | L     | F    | Nicoline Du Preez     | 13 | PGIM KKD  | 13/02/2026 NW School Championships 2026         |
| 148  | 45.34 | L     | F    | Riley Sanders         | 13 | HPS FSH   | 23/01/2026 2026 NTS Sprint Gala                 |
| 149  | 45.37 | L     | F    | Amore Breytenbach     | 13 | ESA CED   | 22/11/2025 Swartland Prestige Gala 2025         |
| 150  | 45.45 | L     | P    | Shiloh Cruywagen      | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship  |
| 151  | 45.51 | L     | F    | Tahlia Roelofs        | 13 | VHD ZLD   | 07/02/2026 KCDA Age Group 5 2026                |
| 152* | 45.52 | L     | F    | Kaitlyn Haynes-Smart  | 13 | VINE CPT  | 12/12/2025 NMBA Championships 2025              |
| 152* | 45.52 | L     | P    | Chloe Rautenbach      | 13 | UNI U EZD | 26/03/2026 SA Level 3 Regional Age Group Cham   |
| 152* | 45.52 | L     | P    | Zarah Mathee          | 13 | UWCA CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham   |
| 152* | 45.52 | L     | F    | Cayleigh Machill      | 13 | BARA EKU  | 22/11/2025 EGA Summer 3 & 4                     |
| 156* | 45.54 | L     | P    | Hlelo Mtwa            | 13 | PER JHB   | 27/11/2025 CGA Championships 2025               |
| 156* | 45.54 | L     | F    | Madison Wissekerke    | 13 | FRA KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 158  | 45.60 | L     | P    | Karla Wolmarans       | 13 | UPSK ZMD  | 26/03/2026 SA Level 3 Regional Age Group Cham   |
| 159  | 45.61 | L     | F    | Anye Brink            | 13 | ESA CED   | 22/11/2025 Swartland Prestige Gala 2025         |
| 160  | 45.63 | L     | F    | Sarah-Kate Odendaal   | 13 | QSSC CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 161* | 45.64 | L     | P    | Annabella Venter      | 13 | VRC FSH   | 26/03/2026 SA Level 3 Regional Age Group Cham   |
| 161* | 45.64 | L     | P    | Kaitlyn Swart         | 13 | CPSC FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 163  | 45.65 | L     | F    | Livi Engelbrecht      | 13 | PAC FSH   | 27/02/2026 NTS Level 3+ February Age Group Ga   |
| 164* | 45.66 | L     | F    | Rachel Konigkramer    | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 164* | 45.66 | L     | P    | Caelyn Kempgen        | 13 | CRSC JHB  | 27/11/2025 CGA Championships 2025               |
| 166  | 45.71 | L     | F    | Vanessa Jurado        | 13 | VINE CPT  | 01/11/2025 CTA District A CHAMPS 2025           |
| 167  | 45.76 | L     | F    | Nuhaa Cozyn           | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 168  | 45.79 | L     | F    | Liné Schoeman         | 13 | FISH EDD  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 169* | 45.81 | L     | F    | Jessica Arenz         | 13 | SSISA CPT | 20/09/2025 CTA INVITATIONAL LC MEET             |
| 169* | 45.81 | L     | F    | Mieke Smit            | 13 | UNI EZD   | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/      |
| 171  | 45.83 | L     | F    | Danika Steyn          | 13 | KSC EZD   | 05/12/2025 Mpumalanga Championships 2025        |
| 172  | 45.90 | L     | P    | Leah Mohamed          | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 173  | 46.03 | L     | P    | Dione Smit            | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham   |
| 174  | 46.09 | L     | F    | Wilhelmina Erasmus    | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 175* | 46.10 | L     | P    | Stephné Swanepoel     | 13 | INFA NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 175* | 46.10 | L     | F    | Izabella Botha        | 13 | BLMA CPT  | 22/11/2025 Swartland Prestige Gala 2025         |
| 177  | 46.17 | L     | F    | Lerina Thomas         | 13 | SWAR WCD  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 178  | 46.24 | L     | F    | Le-May Van Zyl        | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 179  | 46.35 | L     | P    | Shyla Lutchman        | 13 | VINE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 180  | 46.39 | L     | F    | Malin Swart           | 13 | GPS EDD   | 14/02/2026 BCSA School Trials 2026              |
| 181  | 46.41 | L     | F    | Olwemvelo Ngema       | 13 | FRA KCD   | 15/11/2025 KZN Junior Championships 2025        |
| 182  | 46.46 | L     | F    | Entle Lehabe          | 13 | TRAZ FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 183  | 46.48 | L     | P    | Leah-Bella Budram     | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 184  | 46.53 | L     | F    | Mienke Grobler        | 13 | BULS MAN  | 03/12/2025 Free State Champs 2025               |
| 185  | 46.54 | L     | F    | Zara Lockitch         | 13 | CYBE CPT  | 20/09/2025 CTA INVITATIONAL LC MEET             |
| 186  | 46.55 | L     | P    | Clara Duvenage        | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 187  | 46.64 | L     | F    | Sloan Warner          | 13 | INFA NMA  | 30/08/2025 Madibaz Swim Meet 2025               |
| 188  | 46.71 | L     | F    | Lara Greyling         | 13 | TNDER FDD | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 189  | 46.75 | L     | P    | Mikayla Wilensky      | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship     |
| 190  | 46.86 | L     | P    | Tayla Welgemoed       | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025               |
| 191  | 46.87 | L     | P    | Realeboga Kunene      | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 192  | 46.91 | L     | P    | Margaret-Anne Pienaar | 13 | DDA FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 193  | 46.92 | L     | F    | Oyama Tuta            | 13 | PELIC MAN | 05/09/2025 Bullsharks Gala                      |
| 194  | 46.95 | L     | F    | Luniko Manise         | 13 | WALM CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 195  | 47.04 | L     | F    | Isabel Wessinger      | 13 | ELEC FSH  | 13/02/2026 NTS Level 1+2 February Age Group 2I  |
| 196  | 47.19 | L     | F    | Marni Snyman          | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 197  | 47.28 | L     | F    | Samantha Wilson       | 13 | INFA NMA  | 19/07/2025 1st A League Gala 2025               |
| 198  | 47.33 | L     | F    | Lienke Van Wyk        | 13 | BULS MAN  | 05/09/2025 Bullsharks Gala                      |
| 199  | 47.46 | L     | P    | Teresa Smith          | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 200  | 47.47 | L     | F    | Catharina Coetzer     | 13 | QSSC CPT  | 06/02/2026 WCA-B Champs - 2026                  |
| 201  | 47.54 | L     | F    | Zoe De Monk           | 13 | HHPS NMA  | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 202  | 47.57 | L     | F    | Racquelle Saporta     | 13 | INFA NMA  | 28/06/2025 PEA Winter Gala 2025                 |
| 203  | 47.63 | L     | P    | Holly Karels          | 13 | SWIFT EKU | 29/03/2026 SA Level 2 Regional Age Group Cham   |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                |    |           |            |                                       |
|------|-------|-------|------|-----------------------|----|-----------|------------|---------------------------------------|
| 204  | 47.68 | L     | F    | Ziyada Tekle          | 13 | USC BUF   | 28/11/2025 | BCA Long Course Championships 202     |
| 205* | 47.69 | L     | P    | Lauren Kleinhans      | 13 | AA JHB    | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 205* | 47.69 | L     | F    | Bonaventure Makore    | 13 | ASAC CPT  | 25/10/2025 | CTA Qualifying Meet 3 - (L2 & above)  |
| 207  | 47.74 | L     | F    | Mupindiishe Msipa     | 13 | MDOL JHB  | 17/10/2025 | Zimbabwe National Sprint Gala 2025    |
| 208  | 47.79 | L     | F    | Genevieve Venter      | 13 | WSS LLD   | 28/02/2026 | FSA LEVEL 1 2026                      |
| 209  | 47.85 | L     | P    | Luah Theron           | 13 | TUKS TSH  | 10/12/2025 | NTS Championships 2025                |
| 210* | 47.91 | L     | F    | Morgan Martins        | 13 | TASC MPD  | 28/11/2025 | Limpopo Champs 2025                   |
| 210* | 47.91 | L     | F    | Jessieka Faul         | 13 | ASAC CPT  | 13/02/2026 | Winelands SL Fin - February 2026 - cc |
| 212  | 47.97 | L     | F    | Leane Nel             | 13 | EXP TSH   | 23/01/2026 | 2026 NTS Sprint Gala                  |
| 213  | 48.15 | L     | P    | Kayla-Anne Walker     | 13 | CYBE CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 214  | 48.17 | L     | F    | Kenna Lilley          | 13 | TYGE CPT  | 06/02/2026 | WCA-B Champs - 2026                   |
| 215  | 48.19 | L     | P    | Caroline Angius       | 13 | STAR BPD  | 06/12/2025 | NWS Championships 2025                |
| 216  | 48.21 | L     | P    | Gemma Smith           | 13 | SWIM1 JHB | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 217  | 48.27 | L     | P    | Dominic De Jager      | 13 | USH KCD   | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 218  | 48.28 | L     | F    | Elihle Ntaka          | 13 | UMSH ETH  | 30/03/2026 | KZNA Level 1 Championships            |
| 219  | 48.36 | L     | F    | Zahraa Essack         | 13 | ATLA JHB  | 14/02/2026 | CGA Last Chance                       |
| 220  | 48.38 | L S   | P    | Dikgang Mokgele       | 13 | MAKO EKU  | 04/12/2025 | EGA Summer Championships 2025         |
| 221* | 48.41 | L     | F    | Rebecca Joubert       | 13 | INFA NMA  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 221* | 48.41 | L     | P    | Bailey Maralik        | 13 | SFSA JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 223  | 48.52 | L     | P    | Talia Grantham        | 13 | PSCP UMD  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 224  | 48.56 | L     | F    | Lene Klopper          | 13 | QSSC CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 225  | 48.59 | L     | F    | Morghan Posthumus     | 13 | WBAC CCD  | 31/01/2026 | Limpopo School Champs & Limpopo A     |
| 226  | 48.61 | L     | P    | Tatum Samuels         | 13 | XCEL CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 227  | 48.64 | L     | F    | Mienke Gerber         | 13 | FISH EDD  | 25/10/2025 | Zasu 1st League OYDC 2025-26          |
| 228  | 48.66 | L     | F    | Isabel Charles        | 13 | WALW NMA  | 14/03/2026 | Level 1 District Age Group Gala 2026  |
| 229  | 48.68 | L     | F    | Alessia Barthus       | 13 | MANT CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 230  | 48.72 | L     | F    | Zené Gouws            | 13 | SS MPD    | 28/11/2025 | Limpopo Champs 2025                   |
| 231  | 48.77 | L     | P    | Amy Erasmus           | 13 | EGA MAN   | 03/12/2025 | Free State Champs 2025                |
| 232  | 48.80 | L     | F    | Sky Eyssen            | 13 | MANT CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 233  | 48.81 | L     | F    | Aimee Taylor          | 13 | MAKO EKU  | 11/10/2025 | EGA Summer 2                          |
| 234  | 48.85 | L     | F    | Abby Mostert          | 13 | AWIN TSH  | 23/01/2026 | 2026 NTS Sprint Gala                  |
| 235  | 48.86 | L     | F    | Joslyn Zwaanenburg    | 13 | SGUL ETH  | 06/10/2025 | Seagulls Winter Championships 2025    |
| 236  | 48.92 | L     | F    | Alme' Bornman         | 13 | PELIC MAN | 24/10/2025 | Neptunes Gala                         |
| 237  | 48.94 | L     | F    | Shadri Bosman         | 13 | RFA TSH   | 23/01/2026 | 2026 NTS Sprint Gala                  |
| 238  | 48.95 | L     | F    | Lulibo Mdluli         | 13 | ELEC TSH  | 03/10/2025 | NTS Level 1+2 October Age Group 20    |
| 239  | 48.96 | L     | F    | Ava de Bruin          | 13 | SEAL UMD  | 06/10/2025 | Seagulls Winter Championships 2025    |
| 240  | 48.99 | L     | F    | Livia Vancoillie      | 13 | QSSC CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 241  | 49.03 | L     | F    | Wilmie Fourie         | 13 | UPSK ZMD  | 31/10/2025 | UPINGTON PRESTIGE GALA 2025           |
| 242  | 49.09 | L     | F    | Kayla Kleynhans       | 13 | ROA EDD   | 08/11/2025 | EDEN 3rd A-League Gala 2025           |
| 243  | 49.33 | L     | F    | Ziane Drenth          | 13 | AWIN TSH  | 23/01/2026 | 2026 NTS Sprint Gala                  |
| 244  | 49.45 | L     | F    | Madeleine de Villiers | 13 | EXP TSH   | 23/01/2026 | 2026 NTS Sprint Gala                  |
| 245  | 49.51 | L     | F    | Larelle Du Toit       | 13 | LALE CED  | 22/11/2025 | Swartland Prestige Gala 2025          |
| 246* | 49.85 | L     | F    | Lisasa Faltein        | 13 | PEAS NMA  | 30/08/2025 | Madibaz Swim Meet 2025                |
| 246* | 49.85 | L     | F    | Alex Theron           | 13 | CASC CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 246* | 49.85 | L     | F    | Emma Grobler          | 13 | HAAG UTD  | 06/12/2025 | UThukela District Age Group 3         |
| 249  | 49.90 | L     | P    | Ava van der Mescht    | 13 | PEAS NMA  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 250  | 49.99 | L     | F    | Leah Wentzel          | 13 | MARL CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 251  | 50.00 | L     | F    | Imke Swanepoel        | 13 | FISH EDD  | 25/10/2025 | Zasu 1st League OYDC 2025-26          |
| 252  | 50.18 | L     | F    | Skyla De Lange        | 13 | SHS KK    | 14/02/2026 | BCSA School Trials 2026               |
| 253  | 50.20 | L     | F    | Destheonique Julius   | 13 | UPSK ZMD  | 30/03/2026 | SA Level 2 Regional Age Group Cham    |
| 254  | 50.25 | L     | F    | Michaela Hirst        | 13 | MCSH BPD  | 13/02/2026 | NW School Championships 2026          |
| 255  | 50.30 | L     | F    | Mikayla Botes         | 13 | WAC EDD   | 22/11/2025 | Eden LC Champs 2025                   |
| 256  | 50.33 | L     | P    | Emma Venter           | 13 | PSCP UMD  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 257  | 50.36 | L     | F    | Mia Du Toit           | 13 | QSSC CPT  | 17/01/2026 | CTA BRIAN BUTTON Qualifying Meet      |
| 258  | 50.45 | L     | F    | Taylor Ridgard        | 13 | NICOH NMA | 14/03/2026 | Level 1 District Age Group Gala 2026  |
| 259  | 50.62 | L     | F    | Tsakile Mahumane      | 13 | NSAD EZD  | 10/10/2025 | MP AGE GROUP 2 10-11 OCTOBER          |
| 260  | 50.69 | L     | F    | Amogelang Kutu        | 13 | ECPS MPD  | 31/01/2026 | Limpopo School Champs & Limpopo A     |
| 261* | 50.70 | L     | F    | Lily Goldswain        | 13 | CASC CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 261* | 50.70 | L     | P    | Gabriella Bengell     | 13 | BLNE MAN  | 03/12/2025 | Free State Champs 2025                |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                      |    |           |   |
|------|-------|-------|------|-----------------------------|----|-----------|---|
| 263  | 50.84 | L     | F    | Hiranya Moodley             | 13 | USH KCD   | 04/10/2025 KCDA Age Group Gala 1 2025           |
| 264  | 50.91 | L     | F    | Emily Sayers                | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 265  | 50.98 | L     | F    | Karli Van Greunen           | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 266  | 51.04 | L     | P    | Rebecca Osler               | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 267  | 51.07 | L     | F    | Fredri Uys                  | 13 | DDA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 268  | 51.08 | L     | F    | Aliana Stipec               | 13 | WAC EDD   | 14/02/2026 EDEN 5th A-League Gala 2026          |
| 269* | 51.14 | L     | F    | Emily Botha                 | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 269* | 51.14 | L     | F    | Lethabo Nyandeni            | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 271* | 51.41 | L     | F    | Sofia Ruscic                | 13 | ELEC TSH  | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 271* | 51.41 | L     | F    | Emihle Mnuu                 | 13 | FRA KCD   | 31/01/2026 uShaka Champs 2026                   |
| 273  | 51.55 | L     | F    | Ava Arde                    | 13 | CA EKU    | 11/10/2025 EGA Summer 2                         |
| 274  | 51.65 | L     | F    | Lungile Ndaba               | OR | VASA EKU  | 11/10/2025 EGA Summer 2                         |
| 275  | 51.74 | L     | F    | Amy Jacobs                  | 13 | STSC KCD  | 30/03/2026 KZNA Level 1 Championships           |
| 276  | 51.82 | L     | F    | Tiana Kalan                 | 13 | WATR JHB  | 14/02/2026 CGA Last Chance                      |
| 277  | 51.92 | L     | P    | Dwa Kaone Magagula          | 13 | ELEC TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 278  | 51.94 | L     | F    | Milan Booysen               | 13 | BLOT MAN  | 23/08/2025 KOVSIE GALA                          |
| 279  | 52.10 | L     | F    | Kyla De Beer                | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                  |
| 280  | 52.13 | L     | F    | Amanda Beard                | 13 | FLOD JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 281  | 52.19 | L     | F    | Keyante Lynch               | 13 | SWIM1 JHB | 28/02/2026 CGA Challenge                        |
| 282  | 52.24 | L     | F    | Emily Van t Slot            | 13 | ANAX CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 283  | 52.28 | L     | F    | Emily Louw                  | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 284  | 52.43 | L     | F    | Mia Witbooi                 | 13 | RETR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 285  | 52.51 | L     | F    | Annemi Loots                | 13 | SWAR WCD  | 21/02/2026 Swartland Invitational Gala 2026     |
| 286  | 52.54 | L     | F    | Rone Putter                 | 13 | ACAQ CCD  | 25/10/2025 Limpopo Age Group 5 of 2025/26       |
| 287  | 52.81 | L     | F    | Marené Theunissen           | 13 | PGIM KKD  | 13/02/2026 NW School Championships 2026         |
| 288  | 52.83 | L     | F    | Ashleigh Petersen           | 13 | VPHS NMA  | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 289  | 52.86 | L     | F    | Tanique Loots               | 13 | WAGH BP   | 13/02/2026 NW School Championships 2026         |
| 290  | 52.92 | L S   | P    | Rifumo Mnisi                | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025        |
| 291  | 52.93 | L     | F    | Alexei Slabbert             | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 292  | 53.02 | L     | F    | Taliyah Eveleigh            | 13 | MCSH BPD  | 13/02/2026 NW School Championships 2026         |
| 293  | 53.16 | L     | P    | Alexa Steenkamp             | 13 | CPSC TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 294  | 53.22 | L     | F    | Megan Sykes                 | 13 | PSCP UMD  | 06/10/2025 Seagulls Winter Championships 2025   |
| 295  | 53.28 | L     | F    | Jaime Lewis                 | 13 | SHARK TSH | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 296  | 53.34 | L     | F    | Stacy McGurk                | 13 | TYGE CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 297  | 53.48 | L     | F    | Nina Engelbrecht            | 13 | UPSK ZMD  | 14/02/2026 KALAHARI CLASSIC 2026                |
| 298  | 53.60 | L     | F    | Alexis Visagie              | 13 | BEST NMA  | 30/08/2025 Madibaz Swim Meet 2025               |
| 299  | 53.64 | L     | F    | Alexia Dippenaar            | 13 | BS LLD    | 23/08/2025 KOVSIE GALA                          |
| 300  | 53.93 | L     | F    | Mia Benade                  | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 301  | 54.10 | L     | P    | Grizelda Janse van Rensburg | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025               |
| 302  | 54.37 | L     | F    | Haylee Julius               | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 303  | 54.40 | L     | F    | Nyandano Madaba             | 13 | FAC EKU   | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 304  | 54.52 | L     | F    | Elizabeth Gouws             | 13 | KNYA EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 305  | 54.53 | L     | F    | Khumo Goeieman              | 13 | KALA      | 14/02/2026 KALAHARI CLASSIC 2026                |
| 306  | 54.66 | L     | F    | Tionie Groenewald           | 13 | CLA WCD   | 21/02/2026 Swartland Invitational Gala 2026     |
| 307  | 54.73 | L     | F    | Izeldi Van Niekerk          | 13 | LSPN MPD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 308  | 54.88 | L     | F    | Aaminah Spruit              | 13 | WEST CPT  | 22/11/2025 Swartland Prestige Gala 2025         |
| 309  | 54.90 | L     | F    | Larike Pretorius            | 13 | KTS       | 21/02/2026 AGE GROUP 6 KATHU 2026 - copied      |
| 310  | 55.02 | L     | F    | Charlie de Beer             | 13 | DRGN JHB  | 14/02/2026 CGA Last Chance                      |
| 311  | 55.03 | L     | F    | Zizipho Ginindza            | 13 | PAC TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 312  | 55.04 | L     | F    | Reatile Moshoke             | 13 | VALS FDD  | 14/11/2025 Valsrivier Gala                      |
| 313  | 55.10 | L     | F    | Mila Schutte                | 13 | QSSC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 314  | 55.13 | L     | F    | Chloé Harding               | 13 | SOUL EKU  | 11/10/2025 EGA Summer 2                         |
| 315  | 55.57 | L     | F    | Relebohile Maduna           | 13 | PELIC MAN | 23/01/2026 Mangaung Gala                        |
| 316  | 55.64 | L     | F    | Kenzy Barnard               | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26         |
| 317  | 56.00 | L     | F    | Machayda Titus              | 13 | MARL CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 318  | 56.07 | L     | P    | Penelope Mullineux          | 13 | AASC EZD  | 05/12/2025 Mpumalanga Championships 2025        |
| 319  | 56.32 | L     | F    | Mieke Stoltz                | 13 | WRP EZD   | 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2        |
| 320  | 56.41 | L     | F    | Khanya Ramone               | 13 | MATL KKD  | 28/02/2026 NWS Last Chance 2026                 |
| 321  | 56.49 | L     | F    | Thatohatsi Masomba          | 13 | THOK EKU  | 28/02/2026 AG Level 1 Regional Competition 2026 |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                  |    |           |            |                                       |
|-----|---------|-------|------|-------------------------|----|-----------|------------|---------------------------------------|
| 322 | 56.53   | L     | F    | Maliyah Strydom         | 13 | USC BUF   | 28/11/2025 | BCA Long Course Championships 202     |
| 323 | 56.61   | L     | F    | Hailey Jooste - Coetsee | 13 | FLOD JHB  | 28/02/2026 | AG Level 1 Regional Competition 2026  |
| 324 | 56.77   | L     | F    | Stella Rainier          | 13 | HDAQ MPD  | 27/09/2025 | Limpopo Age Group 4 of 2025/26        |
| 325 | 56.85   | L     | F    | Jenna Leppan            | 13 | AZON ETH  | 06/10/2025 | Seagulls Winter Championships 2025    |
| 326 | 56.94   | L     | F    | Ella Adams              | 13 | TYGE CPT  | 28/06/2025 | PEA Winter Gala 2025                  |
| 327 | 56.99   | L     | F    | Mischa Wagenaar         | 13 | MARL CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 328 | 57.14   | L     | F    | Lia Schoeman            | 13 | RFA FSH   | 13/02/2026 | NTS Level 1+2 February Age Group 21   |
| 329 | 57.18   | L     | F    | Carla Smith             | 13 | SEAL UMD  | 30/03/2026 | KZNA Level 1 Championships            |
| 330 | 57.21   | L     | F    | Riley Van Niekerk       | 13 | ESTR EKU  | 28/02/2026 | AG Level 1 Regional Competition 2026  |
| 331 | 57.58   | L     | F    | Kate Scott              | 13 | UHS NMA   | 14/03/2026 | Level 1 District Age Group Gala 2026  |
| 332 | 57.61   | L     | F    | Lily Lucas              | 13 | UWCA CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 333 | 57.79   | L     | F    | Vibha Fakir             | 13 | USC BUF   | 28/11/2025 | BCA Long Course Championships 202     |
| 334 | 57.95   | L     | F    | Nokutenda Tembo         | 13 | KNYA EDD  | 04/10/2025 | EDEN 1st A-League Gala 2025           |
| 335 | 58.17   | L     | F    | Sarah-Leigh Phillips    | 13 | TASC MPD  | 28/11/2025 | Limpopo Champs 2025                   |
| 336 | 58.36   | L     | P    | Cara van Wyk            | 13 | BARR CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 337 | 58.51   | L     | F    | Katia Cerone            | 13 | HAAG UTD  | 06/12/2025 | UThukela District Age Group 3         |
| 338 | 58.80   | L     | F    | Emlynn Hugo             | 13 | SWIFT EKU | 31/01/2026 | EGA Last Chance Gala 2026             |
| 339 | 58.81   | L     | F    | Hadassah Daniels        | 13 | RETR CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 340 | 58.84   | L     | F    | Taylor Kotzee           | 13 | GAA CPT   | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 341 | 58.97   | L     | F    | Zahara Bhamjee          | 13 | ATLA JHB  | 28/02/2026 | AG Level 1 Regional Competition 2026  |
| 342 | 59.16   | L     | P    | Mpilehle Dladla         | 13 | CSA EZD   | 05/12/2025 | Mpumalanga Championships 2025         |
| 343 | 59.26   | L     | F    | Larique Van Heerden     | 13 | SWIMS EKU | 28/02/2026 | AG Level 1 Regional Competition 2026  |
| 344 | 59.82   | L     | F    | Ikageng Moloko          | 13 | TUKS FSH  | 05/12/2025 | 2025 The Tshwane Mayor's Gala         |
| 345 | 1:00.05 | L     | P    | Tshiamo Mlangeni        | 13 | UNI EZD   | 05/12/2025 | Mpumalanga Championships 2025         |
| 346 | 1:00.22 | L     | F    | Buhle Sibisi            | 13 | USC BUF   | 12/12/2025 | NMBA Championships 2025               |
| 347 | 1:00.37 | L     | F    | Nokubonga Buda          | 13 | ESP EKU   | 11/10/2025 | EGA Summer 2                          |
| 348 | 1:00.41 | L     | F    | Emily Muller            | 13 | FER KKD   | 13/02/2026 | NW School Championships 2026          |
| 349 | 1:00.45 | L     | F    | Noluthando Nkosi        | 13 | NSAD EZD  | 13/09/2025 | MP SPRINT 13 SEPTEMBER 2025           |
| 350 | 1:00.79 | L     | F    | Nika Smit               | 13 | BS LLD    | 23/01/2026 | Mangaung Gala                         |
| 351 | 1:00.86 | L     | F    | Siphesihle Mncube       | 13 | PAC FSH   | 05/12/2025 | 2025 The Tshwane Mayor's Gala         |
| 352 | 1:01.03 | L     | F    | Katelee Swanepoel       | 13 | ROA EDD   | 14/02/2026 | EDEN 5th A-League Gala 2026           |
| 353 | 1:01.06 | L     | F    | Jennanice Kershaw       | 13 | AZON ETH  | 09/07/2025 | TYR Prestige Tournament 2025          |
| 354 | 1:01.26 | L     | F    | Muazza Dawood           | 13 | ATLA JHB  | 14/02/2026 | CGA Last Chance                       |
| 355 | 1:02.81 | L     | F    | Retshepile Phalafala    | 13 | MDOL JHB  | 09/01/2026 | 2026 Grand Prix Invitation Swimming I |
| 356 | 1:02.90 | L     | F    | Mokgabo Monnana         | 13 | LEBII BP  | 13/02/2026 | NW School Championships 2026          |
| 357 | 1:04.27 | L     | F    | Okuhle Zungu            | 13 | USH KCD   | 01/11/2025 | KCDA Age Group Gala 2 2025            |
| 358 | 1:05.23 | L     | F    | Nadia Booyesen          | 13 | CA EKU    | 11/10/2025 | EGA Summer 2                          |
| 359 | 1:06.46 | L     | F    | Rulene Vermeulen        | 13 | SFSC CPT  | 21/02/2026 | Swartland Invitational Gala 2026      |
| 360 | 1:07.96 | L     | F    | Phoenix Knoetze         | 13 | TPS BPD   | 30/01/2026 | ORTA SCHOOL TRIALS 2026               |
| 361 | 1:09.63 | L     | F    | Phiwokuhle Sibisi       | 13 | USH KCD   | 07/02/2026 | KCDA Age Group 5 2026                 |
| 362 | 1:11.41 | L     | F    | Mackenzie Baker         | 13 | HPS FSH   | 03/10/2025 | NTS Level 1+2 October Age Group 20    |
| 363 | 1:12.62 | L     | F    | Khanyisa Mqeke          | 13 | WELA LLD  | 14/11/2025 | Valsrivier Gala                       |
| 364 | 1:16.44 | L     | F    | Almaaz Plaatjies        | 13 | WEST CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala  |
| 365 | 1:22.10 | L     | F    | Leanolaona Molosi       | 13 | UPSK ZMD  | 17/01/2026 | AGE GROUP 5 UPT 2026                  |
| 366 | 1:26.86 | L     | F    | Abenathi Mzimela        | 13 | USH KCD   | 04/10/2025 | KCDA Age Group Gala 1 2025            |
| 367 | 1:41.47 | L     | F    | Skyla Andrew            | 13 | TPS BPD   | 30/01/2026 | ORTA SCHOOL TRIALS 2026               |

#### Women 13-14 100 Breast

|    |         |     |   |                        |    |           |            |                                    |
|----|---------|-----|---|------------------------|----|-----------|------------|------------------------------------|
| 1  | 1:16.89 | L   | F | Anna Horn              | 13 | XCEL CPT  | 04/12/2025 | Western Cape LC-A Championship 20  |
| 2  | 1:17.93 | L   | F | Megan Jacobs           | 13 | GAU JHB   | 24/04/2026 | SA Schools Swimming Championship   |
| 3  | 1:19.20 | L   | F | Barcelona Xaba         | 13 | SASE JHB  | 21/03/2026 | Sa National JNR Age Group Champs-; |
| 4  | 1:20.20 | L   | F | Lize De Wet            | 13 | LP CCD    | 24/04/2026 | SA Schools Swimming Championship   |
| 5  | 1:21.06 | L   | F | Lara Van Veelen        | 13 | LP CCD    | 24/04/2026 | SA Schools Swimming Championship   |
| 6  | 1:21.33 | L   | F | Mignon Swart           | 13 | UNI EZD   | 21/03/2026 | Sa National JNR Age Group Champs-; |
| 7  | 1:21.51 | L   | F | Katherine Harrop-Allin | 13 | CSC FSH   | 21/03/2026 | Sa National JNR Age Group Champs-; |
| 8  | 1:21.82 | L   | P | Gia Newkirk            | 13 | TYGE CPT  | 21/03/2026 | Sa National JNR Age Group Champs-; |
| 9  | 1:22.18 | L   | F | Kara Pretorius         | 13 | SSISA CPT | 04/12/2025 | Western Cape LC-A Championship 20  |
| 10 | 1:23.00 | L   | F | Carinke Wessels        | 13 | FSA FS    | 31/01/2026 | 4+1 INTERPROVINCIAL GALA 2026      |
| 11 | 1:23.03 | L S | F | Laila van Antwerpen    | 13 | PAC FSH   | 10/12/2025 | NTS Championships 2025             |
| 12 | 1:23.08 | L   | P | Alexis De Witt         | 13 | TUKS FSH  | 21/03/2026 | Sa National JNR Age Group Champs-; |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                    |    |       |     |   |
|-----|---------|-------|------|---------------------------|----|-------|-----|---|
| 13  | 1:23.19 | L     | F    | Taylor Ten Napel          | 13 | BEAV  | ETH | 31/01/2026 uShaka Champs 2026                     |
| 14  | 1:23.59 | L     | P    | Isabella Goncalves        | 13 | CA    | EKU | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 15  | 1:23.96 | L     | P    | Mackenzie Raffle          | 13 | CA    | EKU | 04/12/2025 EGA Summer Championships 2025          |
| 16  | 1:23.97 | L     | F    | Alexis Kalapac            | 13 | WCS   |     | 24/04/2026 SA Schools Swimming Championship       |
| 17  | 1:24.05 | L     | F    | Tatum Van Zijl            | 13 | OHAN  | ILD | 21/02/2026 KZN Schools Trials 2026                |
| 18  | 1:24.24 | L     | F    | Jessica Jansen van Vuuren | 13 | SEAL  | UMD | 18/12/2025 KZN Premier Provincial Championship    |
| 19  | 1:24.47 | L     | F    | Shalea Hamilton           | 13 | BEST  | NMA | 28/06/2025 PEA Winter Gala 2025                   |
| 20  | 1:24.57 | L     | F    | Mieke Oosthuizen          | 13 | HPS   | TSH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 21  | 1:24.59 | L     | P    | Sophia Hutchison          | 13 | NC    | FBD | 24/04/2026 SA Schools Swimming Championship       |
| 22  | 1:24.79 | L     | F    | Chenique Kooi             | 13 | GAU   | JHB | 30/01/2026 Gauteng Schools Championships 2026     |
| 23  | 1:24.80 | L     | P    | Annabel Meyer             | 13 | BULS  | MAN | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 24  | 1:24.84 | L     | P    | Namangolwa Semenova       | 13 | TUKS  | TSH | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 25  | 1:24.92 | L     | P    | Ayyah Jacob               | BR | VASA  | EKU | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 26* | 1:25.60 | L     | F    | Mali Louw                 | 13 | WELL  | GED | 09/10/2025 44th Freda Barnard Invitational Gala   |
| 26* | 1:25.60 | L     | F    | Ineke Van Maarleveld      | 13 | LP    | CCD | 24/04/2026 SA Schools Swimming Championship       |
| 28  | 1:25.75 | L     | F    | Isabella Vreenegoor       | 13 | CRSC  | JHB | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 29  | 1:26.18 | L     | F    | Leandi Liebenberg         | 13 | SS    | MPD | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 30  | 1:26.40 | L     | F    | Xia Jacobs                | 13 | GAU   | JHB | 24/04/2026 SA Schools Swimming Championship       |
| 31  | 1:26.48 | L S   | F    | Aqeelah Williams          | 13 | UWCA  | CPT | 01/11/2025 CTA District A CHAMPS 2025             |
| 32  | 1:26.54 | L     | P    | Ruvarashe Chibharo        | 13 | CASC  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 33  | 1:26.65 | L     | P    | Nina Pieterse             | 13 | PEAS  | NMA | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 34  | 1:26.80 | L     | F    | Ava Grebe                 | 13 | CUHE  | QBD | 22/11/2025 Swartland Prestige Gala 2025           |
| 35  | 1:26.83 | L     | F    | Mattae Morel              | 13 | CA    | EKU | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 36  | 1:26.94 | L     | F    | Gia Stedall               | 13 | PAC   | TSH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 37  | 1:27.14 | L     | F    | Jasmine Woodburn          | 13 | GAU   | JHB | 30/01/2026 Gauteng Schools Championships 2026     |
| 38  | 1:27.24 | L     | F    | Zekhethelo Radebe         | 13 | USHPM | UMD | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 39  | 1:27.69 | L     | F    | Ella Voysey               | 13 | ASAC  | CPT | 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 40  | 1:27.82 | L     | F    | Grace Julies              | 13 | XCEL  | CPT | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 41  | 1:28.00 | L S   | P    | Mikaela Lotz              | 13 | PAC   | TSH | 10/12/2025 NTS Championships 2025                 |
| 42  | 1:28.04 | L     | P    | Laila Christie            | 13 | USC   | BUF | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 43  | 1:28.07 | L     | F    | Christie Snyders          | 13 | VALS  | FDD | 03/12/2025 Free State Champs 2025                 |
| 44  | 1:28.36 | L     | F    | Kathryn Nolan             | 13 | MDOL  | JHB | 27/11/2025 CGA Championships 2025                 |
| 45  | 1:28.91 | L     | F    | Jade Chilisa              | 13 | TUKS  | TSH | 10/12/2025 20th Botswana Swimming Nationals 21    |
| 46  | 1:29.07 | L     | F    | Milla Christensen         | 13 | WELL  | GED | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 47  | 1:29.12 | L     | F    | Hope Churchman            | 13 | GAU   | JHB | 24/04/2026 SA Schools Swimming Championship       |
| 48  | 1:29.31 | L     | F    | Amelia-Rose Schutzler     | 13 | USC   | BUF | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 49* | 1:29.43 | L     | F    | Suhanna White             | 13 | AQUA  | BUF | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 49* | 1:29.43 | L     | F    | Sienna Syrett             | 13 | QUES  | JHB | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 51  | 1:29.83 | L     | P    | Mijone Beyers             | 13 | CA    | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham     |
| 52  | 1:30.44 | L     | F    | Paige Schutze-Langston    | 13 | MDOL  | JHB | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 53  | 1:30.80 | L     | F    | Emma Ristow               | 13 | USC   | BUF | 28/11/2025 BCA Long Course Championships 202      |
| 54  | 1:30.91 | L     | F    | Alta Van Zyl              | 13 | SEAL  | UMD | 15/11/2025 KZN Junior Championships 2025          |
| 55  | 1:31.01 | L     | P    | Imme Wolfaardt            | 13 | LALE  | GED | 04/12/2025 Western Cape LC-A Championship 20      |
| 56  | 1:31.27 | L     | F    | Milla Da Silva            | 13 | CA    | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham     |
| 57  | 1:31.37 | L     | F    | Alexis Visser             | 13 | GAU   | JHB | 30/01/2026 Gauteng Schools Championships 2026     |
| 58  | 1:31.50 | L     | F    | Caitlin McDowell          | 13 | ESP   | EKU | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 59  | 1:31.54 | L     | P    | Lumka Zamisa              | 13 | HREF  | BPD | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 60  | 1:31.67 | L     | F    | Evie du Plessis           | 13 | BLOT  | MAN | 07/11/2025 Otters Prestige Gala 2025              |
| 61  | 1:31.87 | L     | F    | Sisanda Palframan         | 13 | SEAL  | UMD | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 62  | 1:32.21 | L     | F    | Ava Bosch                 | 13 | DRGN  | JHB | 06/02/2026 Crusaders & CGA Night Gala             |
| 63  | 1:32.23 | L S   | F    | Neanè Van Zyl             | 13 | GREY  | CPT | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 64  | 1:32.51 | L     | F    | Anja Boshoff              | 13 | TYGE  | CPT | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 65  | 1:32.69 | L     | F    | Lia van Heerden           | 13 | BS    | LLD | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 66  | 1:32.70 | L     | P    | Mikaela Van Heerden       | 13 | TUKS  | TSH | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 67  | 1:33.05 | L     | P    | Madison Harris            | 13 | SOUL  | EKU | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 68  | 1:33.06 | L     | P    | Trinity Baty              | 13 | CA    | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham     |
| 69  | 1:33.08 | L     | F    | Mila Hinteregger          | 13 | CA    | EKU | 31/01/2026 EGA Last Chance Gala 2026              |
| 70* | 1:33.27 | L     | F    | Unathi Vuyeqaba           | 13 | TUKS  | TSH | 27/02/2026 NTS Level 3+ February Age Group Ga     |
| 70* | 1:33.27 | L     | F    | Clara Duvenage            | 13 | CA    | EKU | 29/03/2026 SA Level 2 Regional Age Group Cham     |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                      |    |           |  |
|------|---------|-------|------|-----------------------------|----|-----------|--|
| 70*  | 1:33.27 | L     | F    | Leah Struwig                | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 73   | 1:33.43 | L     | F    | Micah Gomes                 | 13 | TUKS FSH  | 04/10/2025 ZASU Matero Twilight Special 2025-26  |
| 74   | 1:33.44 | L     | F    | Hester Janse van Rensburg   | 13 | BLS KK    | 13/02/2026 NW School Championships 2026          |
| 75   | 1:33.48 | L     | P    | Taylor-Rose Botes           | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 76   | 1:33.57 | L     | P    | Isabella Haldane            | 13 | FISH EDD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 77   | 1:33.89 | L     | F    | Uma Pearson-Adams           | 13 | CTA CPT   | 27/06/2025 Coop Services National LC Champion    |
| 78   | 1:33.94 | L     | P    | Lara Rosenstrauch           | 13 | HTSA CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 79   | 1:33.99 | L     | P    | Milah Allen                 | 13 | SFSA JHB  | 27/11/2025 CGA Championships 2025                |
| 80   | 1:34.06 | L     | P    | Jazmin Anthony              | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 81   | 1:34.18 | L     | F    | Juno Bouwer                 | 13 | CASC CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 82   | 1:34.26 | L     | P    | Kyleigh Shelton             | 13 | ESTR EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 83   | 1:34.41 | L     | F    | Sophia Castleden            | 13 | STAQ CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 84   | 1:34.60 | L     | F    | Elah-Mae Budram             | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 85   | 1:34.62 | L     | P    | Jemma Lloyd                 | 13 | VINE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 86   | 1:34.64 | L     | F    | Marang Ndlovu               | 13 | MDOL JHB  | 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 87   | 1:34.65 | L     | P    | Jada Hendricks              | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 88   | 1:34.85 | L     | P    | Safurah Wadvalla            | 13 | DORE JHB  | 27/11/2025 CGA Championships 2025                |
| 89   | 1:35.11 | L     | F    | Zoe Kruger                  | 13 | LALE CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 90   | 1:35.14 | L S   | F    | Vanessa Jurado              | 13 | VINE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 91   | 1:35.19 | L     | F    | Jadine Grobler              | 13 | TKS WBD   | 28/11/2025 Limpopo Champs 2025                   |
| 92   | 1:35.20 | L     | F    | Cait Dawson                 | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 93   | 1:35.45 | L     | F    | Willow Makwakwa             | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 94   | 1:35.64 | L     | F    | Milani Butau                | 13 | BEST NMA  | 30/01/2026 Infinity Gala 2026                    |
| 95   | 1:35.69 | L     | F    | Saffiya Emjedi              | 13 | SAAW CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 96   | 1:35.71 | L     | P    | Charné De Bruin             | 13 | TUKS FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 97   | 1:35.76 | L     | F    | Danica Marrier D'Unienville | 13 | KLOO ETH  | 31/01/2026 uShaka Champs 2026                    |
| 98   | 1:35.98 | L     | P    | Leandi Swarts               | 13 | PSA ZLD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 99   | 1:36.10 | L     | P    | Cayla Cunningham            | 13 | TRAZ FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 100  | 1:36.20 | L     | F    | Nadelija Pillay             | 13 | VHD ZLD   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 101  | 1:36.39 | L     | F    | Hannah Von Mollendorff      | 13 | KLOO ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 102* | 1:36.45 | L     | F    | Taeya Roper                 | 13 | HPS FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 102* | 1:36.45 | L     | F    | Rorisang Monareng           | 13 | BLNE MAN  | 07/11/2025 Otters Prestige Gala 2025             |
| 104  | 1:36.47 | L     | F    | Katie Van den Heever        | 13 | ROB EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 105  | 1:36.52 | L     | P    | Mikayla Coleman             | 13 | TCA EKU   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 106  | 1:36.54 | L     | F    | Kirsten Cupido              | 13 | CYBE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 107  | 1:36.66 | L     | P    | Leah Du Plessis             | 13 | PEAS NMA  | 30/01/2026 Infinity Gala 2026                    |
| 108  | 1:36.75 | L     | F    | Nina Koen                   | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 109  | 1:36.82 | L     | F    | Mieke Cilliers              | 13 | VHD ZLD   | 31/01/2026 uShaka Champs 2026                    |
| 110  | 1:36.88 | L     | F    | Jua Jonker                  | 13 | POTC KKD  | 06/12/2025 NWS Championships 2025                |
| 111  | 1:37.17 | L     | F    | Taylynn Boshoff             | 13 | USC BUF   | 24/01/2026 BCA January Age Group Gala 2026       |
| 112  | 1:37.24 | L     | P    | Kayla Gerber                | 13 | STAQ CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 113  | 1:37.34 | L     | P    | Hlelo Mtwa                  | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 114  | 1:37.35 | L     | P    | Katelyn Naidoo              | 13 | MAKO EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 115  | 1:37.40 | L     | F    | Zanli Le Roux               | 13 | AGAQ QBD  | 22/11/2025 Swartland Prestige Gala 2025          |
| 116  | 1:37.57 | L     | F    | Noa Sebastiao               | 13 | TUKS FSH  | 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 117  | 1:37.60 | L     | F    | Nadine Mutanga              | 13 | BEAV ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 118  | 1:37.71 | L     | F    | Kaitlyn Haynes-Smart        | 13 | VINE CPT  | 20/09/2025 CTA INVITATIONAL LC MEET              |
| 119  | 1:37.83 | L     | P    | Mienke Pretorius            | 13 | NC FBD    | 24/04/2026 SA Schools Swimming Championship      |
| 120  | 1:37.94 | L     | F    | Oyama Tuta                  | 13 | PELIC MAN | 07/11/2025 Otters Prestige Gala 2025             |
| 121  | 1:37.95 | L     | P    | Lily Sykes                  | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 122  | 1:38.03 | L     | F    | Ming-Xi Tsai                | 13 | AA JHB    | 14/02/2026 CGA Last Chance                       |
| 123  | 1:38.21 | L     | P    | Thalia Naidoo               | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 124  | 1:38.26 | L     | F    | Lize-Mari Vorster           | 13 | WELL CED  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 125  | 1:38.31 | L     | F    | Liane Van Zyl               | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                       |
| 126  | 1:38.36 | L     | P    | Mieke Smit                  | 13 | UNI EZD   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 127  | 1:38.38 | L     | F    | Zara Lockitch               | 13 | CYBE CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 128  | 1:38.41 | L     | P    | Rirhandzu Chauke            | 13 | DORE JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 129  | 1:38.44 | L     | P    | Abigail Grieve              | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 130  | 1:38.61 | L     | P    | Alexia Smith                | 13 | WATR JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                |    |       |  |
|-----|---------|-------|------|-----------------------|----|-------|--|
| 131 | 1:38.67 | L     | P    | Eleftheria Synodinos  | 13 | CASC  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 132 | 1:38.70 | L     | F    | Georgia Henning       | 13 | ACES  | ETH 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 133 | 1:38.78 | L     | F    | Ilé Ferreira          | 13 | TUKS  | FSH 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 134 | 1:39.04 | L     | F    | Oyama Baqwa           | 13 | SGUL  | ETH 06/10/2025 Seagulls Winter Championships 2025    |
| 135 | 1:39.08 | L     | F    | Sarah-Kate Odendaal   | 13 | QSSC  | CPT 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 136 | 1:39.17 | L     | P    | Emma De Smidt         | 13 | AQDO  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 137 | 1:39.22 | L     | F    | Alexianne Metzger     | 13 | SWIFT | EKU 31/01/2026 EGA Last Chance Gala 2026             |
| 138 | 1:39.26 | L     | P    | Zara Jantjies         | 13 | MANT  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 139 | 1:39.34 | L     | F    | Amber Spence          | 13 | ELEC  | FSH 14/11/2025 NTS Level 3+ November Age Group G     |
| 140 | 1:39.65 | L     | S    | Tamika Abbey          | 13 | PER   | JHB 27/11/2025 CGA Championships 2025                |
| 141 | 1:39.80 | L     | F    | Khalalelo Ratlhogo    | 13 | ESP   | EKU 22/11/2025 EGA Summer 3 & 4                      |
| 142 | 1:39.85 | L     | P    | Jaimey Shaw           | 13 | ESTR  | EKU 04/12/2025 EGA Summer Championships 2025         |
| 143 | 1:39.87 | L     | F    | Senzelwe Mwandla      | 13 | USHPM | UMD 09/07/2025 TYR Prestige Tournament 2025          |
| 144 | 1:40.11 | L     | F    | Luah Theron           | 13 | TUKS  | FSH 13/02/2026 NTS Level 1+2 February Age Group 2I   |
| 145 | 1:40.13 | L     | P    | Lene Klopper          | 13 | QSSC  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 146 | 1:40.21 | L     | F    | Amahle Mdlalose       | 13 | CSC   | FSH 03/10/2025 Swimpartners Gala (Blue vs White) Oc  |
| 147 | 1:40.35 | L     | P    | Livi Engelbrecht      | 13 | PAC   | FSH 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 148 | 1:40.42 | L     | P    | Kate Cheshire         | 13 | MDOL  | JHB 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 149 | 1:40.55 | L     | F    | Scarlett Garassino    | 13 | SASE  | JHB 14/02/2026 CGA Last Chance                       |
| 150 | 1:40.60 | L     | F    | Ella Kalp             | 13 | AZON  | ETH 15/11/2025 KZN Junior Championships 2025         |
| 151 | 1:40.62 | L S   | F    | Jessica Arenz         | 13 | SSISA | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 152 | 1:40.65 | L     | P    | Margaret-Anne Pienaar | 13 | DDA   | FSH 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 153 | 1:40.70 | L     | F    | Le-May Van Zyl        | 13 | ELRAS | WBD 28/11/2025 Limpopo Champs 2025                   |
| 154 | 1:40.82 | L     | F    | Entle Lehabe          | 13 | TRAZ  | FSH 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 155 | 1:40.93 | L     | F    | Micaela Fourie        | 13 | NSAD  | EZD 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER          |
| 156 | 1:40.96 | L     | F    | Rachel Konigkramer    | 13 | PSCP  | UMD 15/11/2025 KZN Junior Championships 2025         |
| 157 | 1:40.98 | L     | F    | Cayleigh Machill      | 13 | BARA  | EKU 31/01/2026 EGA Last Chance Gala 2026             |
| 158 | 1:41.02 | L     | F    | Zaarah Meyer          | 13 | HTSA  | CPT 06/02/2026 WCA-B Champs - 2026                   |
| 159 | 1:41.20 | L     | F    | Shyla Lutchman        | 13 | VINE  | CPT 06/02/2026 WCA-B Champs - 2026                   |
| 160 | 1:41.28 | L     | F    | Kaitlyn Swart         | 13 | CPSC  | FSH 03/10/2025 NTS Level 1+2 October Age Group 20    |
| 161 | 1:41.30 | L     | P    | Liné Schoeman         | 13 | FISH  | EDD 04/12/2025 Western Cape LC-A Championship 20     |
| 162 | 1:41.33 | L     | P    | Zarah Matthee         | 13 | UWCA  | CPT 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 163 | 1:41.39 | L S   | F    | Luisa Kimani          | 13 | CYBE  | CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 164 | 1:41.43 | L     | P    | Chloe Rautenbach      | 13 | UNIU  | EZD 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 165 | 1:41.56 | L     | F    | Nuhaa Cozyn           | 13 | MANT  | CPT 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 166 | 1:41.61 | L     | P    | Holli Tait            | 13 | KLOO  | ETH 18/12/2025 KZN Premier Provincial Championship   |
| 167 | 1:41.70 | L     | P    | Mikayla Holmes        | 13 | CRSC  | JHB 27/11/2025 CGA Championships 2025                |
| 168 | 1:41.76 | L     | F    | Helena Calitz         | 13 | LALE  | GED 14/11/2025 Winelands SL4 November 2025 & Sch     |
| 169 | 1:41.99 | L     | P    | Lauren Kleinhans      | 13 | AA    | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 170 | 1:42.04 | L     | F    | Hlumisa Mfabe         | 13 | USC   | BUF 28/11/2025 BCA Long Course Championships 202     |
| 171 | 1:42.26 | L     | F    | Anika Bester          | 13 | STGR  | XRD 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 172 | 1:42.29 | L     | F    | Lara Greyling         | 13 | TNDER | FDD 05/09/2025 Bullsharks Gala                       |
| 173 | 1:42.32 | L     | P    | Catharina Coetzer     | 13 | QSSC  | CPT 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 174 | 1:42.37 | L     | F    | Abi Fourie            | 13 | VINE  | CPT 06/02/2026 WCA-B Champs - 2026                   |
| 175 | 1:42.42 | L     | F    | Leah-Bella Budram     | 13 | PSCP  | UMD 15/11/2025 KZN Junior Championships 2025         |
| 176 | 1:42.47 | L     | F    | Riley Sanders         | 13 | HPS   | FSH 14/11/2025 NTS Level 3+ November Age Group G     |
| 177 | 1:42.59 | L     | F    | Kenna Lilley          | 13 | TYGE  | CPT 06/02/2026 WCA-B Champs - 2026                   |
| 178 | 1:42.86 | L     | P    | Tayla Welgemoed       | 13 | AAS   | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 179 | 1:42.92 | L     | P    | Madison Wissekerke    | 13 | FRA   | KCD 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 180 | 1:42.98 | L     | F    | Minei Harmse          | 13 | PSCP  | UMD 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 181 | 1:43.02 | L     | P    | Lerina Thomas         | 13 | SWAR  | WCD 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 182 | 1:43.10 | L     | F    | Isabel Wessinger      | 13 | ELEC  | FSH 03/10/2025 NTS Level 1+2 October Age Group 20    |
| 183 | 1:43.20 | L     | F    | Summer Moonsamy       | 13 | BEAV  | ETH 06/12/2025 Stingrays Champs 2025                 |
| 184 | 1:43.46 | L     | P    | Gemma Smith           | 13 | SWIM1 | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 185 | 1:43.71 | L     | F    | Zethembiso Mbambo     | 13 | SEAL  | UMD 09/07/2025 TYR Prestige Tournament 2025          |
| 186 | 1:43.84 | L     | F    | Leah Mohamed          | 13 | PSCP  | UMD 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 187 | 1:44.18 | L     | F    | Izabella Botha        | 13 | BLMA  | CPT 22/11/2025 Swartland Prestige Gala 2025          |
| 188 | 1:44.26 | L     | P    | Bailey Maralik        | 13 | SFSA  | JHB 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 189 | 1:44.37 | L     | F    | Teresa Smith          | 13 | MDOL  | JHB 09/01/2026 2026 Grand Prix Invitation Swimming I |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |           |  |
|------|---------|-------|------|-----------------------|----|-----------|--|
| 190  | 1:44.42 | L     | P    | Madeleine de Villiers | 13 | EXP TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 191  | 1:44.48 | L     | P    | Bonaventure Makore    | 13 | ASAC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 192  | 1:44.62 | L     | F    | Annabella Venter      | 13 | VRC TSH   | 14/11/2025 NTS Level 3+ November Age Group G     |
| 193  | 1:44.90 | L     | F    | Madison Thiaradt      | 13 | EVO CPT   | 21/02/2026 Swartland Invitational Gala 2026      |
| 194  | 1:44.98 | L     | F    | Genevieve Venter      | 13 | WSS LLD   | 07/11/2025 Otters Prestige Gala 2025             |
| 195* | 1:45.09 | L     | P    | Kayla-Anne Walker     | 13 | CYBE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 195* | 1:45.09 | L     | F    | Wilhelmina Erasmus    | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                   |
| 197  | 1:45.14 | L     | F    | Gia Chanquin          | 13 | WALM CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 198  | 1:45.16 | L     | P    | Holly Karels          | 13 | SWIFT ECU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 199  | 1:45.35 | L     | F    | Mienke Grobler        | 13 | BULS MAN  | 14/02/2026 MA LAST CHANCE GALA                   |
| 200  | 1:45.61 | L     | P    | Anye Brink            | 13 | ESA CED   | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 201  | 1:45.74 | L     | P    | Emma Grobler          | 13 | HAAG UTD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 202  | 1:45.76 | L     | P    | Livia Vancoillie      | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 203  | 1:45.83 | L     | F    | Sofia Ruscic          | 13 | ELEC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 204* | 1:46.18 | L     | F    | Kgalalelo Makoloi     | 13 | AZON ETH  | 15/11/2025 KZN Junior Championships 2025         |
| 204* | 1:46.18 | L     | P    | Amore Breytenbach     | 13 | ESA CED   | 04/12/2025 Western Cape LC-A Championship 20     |
| 206  | 1:46.23 | L     | P    | Alessia Barthus       | 13 | MANT CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 207  | 1:46.25 | L     | F    | Caroline Angius       | 13 | STAR BPD  | 06/12/2025 NWS Championships 2025                |
| 208  | 1:46.49 | L     | P    | Stephné Swanepoel     | 13 | INFA NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 209  | 1:46.57 | L     | F    | Karla Wolmarans       | 13 | UPSK ZMD  | 21/02/2026 AGE GROUP 6 UPT 2026 - copied         |
| 210  | 1:46.69 | L     | P    | Dikgang Mokgele       | 13 | MAKO ECU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 211  | 1:46.85 | L     | F    | Zoe De Monk           | 13 | HHPS NMA  | 14/03/2026 Level 1 District Age Group Gala 2026  |
| 212  | 1:47.17 | L     | P    | Dominic De Jager      | 13 | USH KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 213  | 1:47.30 | L     | F    | Sienna Robertson      | 13 | HPS TSH   | 13/02/2026 NTS Level 1+2 February Age Group 2T   |
| 214  | 1:47.33 | L     | F    | Leah Wentzel          | 13 | MARL CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 215  | 1:47.41 | L     | F    | Sloan Warner          | 13 | INFA NMA  | 30/08/2025 Madibaz Swim Meet 2025                |
| 216  | 1:47.47 | L     | P    | Alexia Dippenaar      | 13 | BS LLD    | 03/12/2025 Free State Champs 2025                |
| 217  | 1:47.59 | L     | F    | Mia Smit              | 13 | KPA EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 218  | 1:47.67 | L     | P    | Sky Eyssen            | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 219  | 1:48.18 | L     | F    | Luniko Manise         | 13 | WALM CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 220  | 1:48.21 | L     | P    | Tatum Samuels         | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 221  | 1:48.24 | L     | P    | Hiranya Moodley       | 13 | USH KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 222  | 1:48.38 | L     | P    | Mikayla Botes         | 13 | WAC EDD   | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 223  | 1:48.40 | L     | F    | Imke Swanepoel        | 13 | FISH EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025           |
| 224  | 1:48.55 | L     | F    | Emma Venter           | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025         |
| 225  | 1:48.56 | L     | F    | Destheonique Julius   | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 226  | 1:48.60 | L     | F    | Gabriella Bengell     | 13 | BLNE MAN  | 26/09/2025 Pelicans Gala..                       |
| 227  | 1:48.82 | L     | F    | Dwa Kaone Magagula    | 13 | ELEC TSH  | 31/10/2025 NTS Level 1+2 November Age Group :    |
| 228  | 1:49.01 | L     | P    | Mupindiishe Msipa     | 13 | MDOL JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 229  | 1:49.14 | L     | F    | Joslyn Zwaanenburg    | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025    |
| 230  | 1:49.31 | L     | F    | Amanda Beard          | 13 | FLOD JHB  | 28/02/2026 AG Level 1 Regional Competition 2026  |
| 231  | 1:49.99 | L     | P    | Alex Theron           | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 232  | 1:50.39 | L     | F    | Lienke Van Wyk        | 13 | BULS MAN  | 24/10/2025 Neptunes Gala                         |
| 233  | 1:50.52 | L     | P    | Amy Erasmus           | 13 | EGA MAN   | 03/12/2025 Free State Champs 2025                |
| 234  | 1:50.71 | L     | F    | Emily Louw            | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 235  | 1:50.73 | L     | F    | Lethabo Nyandeni      | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 236  | 1:50.75 | L     | F    | Jessieka Faul         | 13 | ASAC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 237  | 1:51.05 | L     | F    | Liané Stoltz          | 13 | UNIU EZD  | 07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025         |
| 238  | 1:51.14 | L     | F    | Amy Jacobs            | 13 | STSC KCD  | 30/03/2026 KZNA Level 1 Championships            |
| 239  | 1:51.43 | L     | F    | Alme' Bornman         | 13 | PELIC MAN | 26/09/2025 Pelicans Gala..                       |
| 240  | 1:51.60 | L     | F    | Kelsey Arnot          | 13 | TUKS TSH  | 13/02/2026 NTS Level 1+2 February Age Group 2T   |
| 241  | 1:51.62 | L     | F    | Wilmie Fourie         | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 242  | 1:51.86 | L     | P    | Zara Field            | 13 | CTO CPT   | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 243  | 1:52.12 | L     | F    | Megan Sykes           | 13 | PSCP UMD  | 06/10/2025 Seagulls Winter Championships 2025    |
| 244  | 1:52.21 | L     | F    | Mackenzie Dekker      | 13 | KLOO ETH  | 03/10/2025 Curro AquaElite Gala                  |
| 245  | 1:52.29 | L     | F    | Alexei Slabbert       | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 246  | 1:52.60 | L     | P    | Caelyn Kempgen        | 13 | CRSC JHB  | 27/11/2025 CGA Championships 2025                |
| 247  | 1:52.75 | L     | F    | Maya Sissing          | 13 | TUKS TSH  | 03/10/2025 Swimpartners Gala (Blue vs White) Oc  |
| 248  | 1:52.78 | L     | F    | Tsakile Mahumane      | 13 | NSAD EZD  | 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER          |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time      | P/F/S | Name                | Age/Yr |           |            |                                      |
|------|-----------|-------|---------------------|--------|-----------|------------|--------------------------------------|
| 249  | 1:53.02 L | F     | Tiana Kalan         | 13     | WATR JHB  | 14/02/2026 | CGA Last Chance                      |
| 250  | 1:53.09 L | F     | Emily Van t Slot    | 13     | ANAX CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 251  | 1:53.11 L | F     | Rone Putter         | 13     | ACAA CCD  | 25/10/2025 | Limpopo Age Group 5 of 2025/26       |
| 252  | 1:53.37 L | F     | Aimee Taylor        | 13     | MAKO ECU  | 11/10/2025 | EGA Summer 2                         |
| 253  | 1:53.38 L | F     | Ashleigh Petersen   | 13     | VPHS NMA  | 14/03/2026 | Level 1 District Age Group Gala 2026 |
| 254  | 1:53.59 L | F     | Abigail Langerman   | 13     | DORE JHB  | 06/02/2026 | Crusaders & CGA Night Gala           |
| 255  | 1:53.83 L | F     | Isabel Charles      | 13     | WALW NMA  | 14/03/2026 | Level 1 District Age Group Gala 2026 |
| 256  | 1:54.04 L | F     | Mienke Gerber       | 13     | FISH EDD  | 09/10/2025 | 44th Freda Barnard Invitational Gala |
| 257  | 1:54.24 L | P     | Milan Booysen       | 13     | BLOT MAN  | 03/12/2025 | Free State Champs 2025               |
| 258  | 1:54.38 L | F     | Liney Retief        | 13     | ELRAS WBD | 28/11/2025 | Limpopo Champs 2025                  |
| 259  | 1:54.65 L | F     | Fredri Uys          | 13     | DDA TSH   | 05/12/2025 | 2025 The Tshwane Mayor's Gala        |
| 260  | 1:54.78 L | F     | Tumisho Mojapelo    | 13     | PAC TSH   | 31/10/2025 | NTS Level 1+2 November Age Group     |
| 261  | 1:54.89 L | F     | Machayda Titus      | 13     | MARL CPT  | 06/02/2026 | WCA-B Champs - 2026                  |
| 262  | 1:54.97 L | F     | Lungile Ndaba       | OR     | VASA ECU  | 22/11/2025 | EGA Summer 3 & 4                     |
| 263  | 1:55.09 L | F     | Menieke Rowe-Rowe   | 13     | BULS MAN  | 05/09/2025 | Bullsharks Gala                      |
| 264  | 1:55.10 L | F     | Elizabeth Gouws     | 13     | KNYA EDD  | 08/11/2025 | EDEN 3rd A-League Gala 2025          |
| 265  | 1:55.14 L | F     | Mia Du Toit         | 13     | QSSC CPT  | 17/01/2026 | CTA BRIAN BUTTON Qualifying Meet     |
| 266  | 1:55.42 L | F     | Talia Grantham      | 13     | PSCP UMD  | 09/07/2025 | TYR Prestige Tournament 2025         |
| 267  | 1:55.58 L | F     | Ella Venter         | 13     | ROA EDD   | 04/10/2025 | EDEN 1st A-League Gala 2025          |
| 268  | 1:55.74 L | F     | Chloé Harding       | 13     | SOUL ECU  | 28/02/2026 | AG Level 1 Regional Competition 2026 |
| 269  | 1:55.79 L | F     | Annemi Loots        | 13     | SWAR WCD  | 21/02/2026 | Swartland Invitational Gala 2026     |
| 270  | 1:55.89 L | F     | Emily Botha         | 13     | ASAC CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 271  | 1:56.20 L | F     | Haylee Julius       | 13     | KHAY CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala |
| 272  | 1:56.41 L | F     | Aliana Stipec       | 13     | WAC EDD   | 22/11/2025 | Eden LC Champs 2025                  |
| 273  | 1:56.68 L | F     | Michaela Hirst      | 13     | MCSH BPD  | 13/02/2026 | NW School Championships 2026         |
| 274  | 1:57.29 L | F     | Reatile Moshoke     | 13     | VALS FDD  | 14/11/2025 | Valsrivier Gala                      |
| 275  | 1:57.44 L | F     | Rifumo Mnisi        | 13     | CA ECU    | 11/10/2025 | EGA Summer 2                         |
| 276  | 1:58.10 L | F     | Tionie Groenewald   | 13     | CLA WCD   | 21/02/2026 | Swartland Invitational Gala 2026     |
| 277  | 1:58.33 L | F     | Maliyah Strydom     | 13     | USC BUF   | 24/01/2026 | BCA January Age Group Gala 2026      |
| 278  | 1:58.37 L | F     | Kenzy Barnard       | 13     | FISH EDD  | 25/10/2025 | Zasu 1st League OYDC 2025-26         |
| 279  | 1:58.43 L | F     | Dhakiya Peters      | 13     | WALM CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 280  | 1:58.90 L | F     | Emily Anderson      | 13     | WAC EDD   | 08/11/2025 | EDEN 3rd A-League Gala 2025          |
| 281  | 1:59.01 L | F     | Stacy McGurk        | 13     | TYGE CPT  | 29/11/2025 | CTA B CHAMPS 2025                    |
| 282  | 1:59.11 L | P     | Alexis Visagie      | 13     | BEST NMA  | 30/01/2026 | Infinity Gala 2026                   |
| 283  | 1:59.47 L | F     | Ella Adams          | 13     | TYGE CPT  | 28/06/2025 | PEA Winter Gala 2025                 |
| 284  | 1:59.55 L | F     | Mieke Stoltz        | 13     | WRP EZD   | 28/02/2026 | SSA LEVEL 1 REGIONAL CHAMPS 2        |
| 285  | 1:59.97 L | F     | Zizipho Ginindza    | 13     | PAC TSH   | 05/12/2025 | 2025 The Tshwane Mayor's Gala        |
| 286  | 2:00.68 L | F     | Mila Schutte        | 13     | QSSC CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala |
| 287  | 2:00.84 L | F     | Katia Cerone        | 13     | HAAG UTD  | 06/12/2025 | UThukela District Age Group 3        |
| 288  | 2:00.87 L | F     | Marené Theunissen   | 13     | PGIM KKD  | 13/02/2026 | NW School Championships 2026         |
| 289  | 2:00.90 L | F     | Charlie de Beer     | 13     | DRGN JHB  | 14/02/2026 | CGA Last Chance                      |
| 290  | 2:01.82 L | P     | Mia Benade          | 13     | UPSK ZMD  | 30/03/2026 | SA Level 2 Regional Age Group Cham   |
| 291  | 2:01.88 L | F     | Amogelang Kutu      | 13     | ECPS MPD  | 31/01/2026 | Limpopo School Champs & Limpopo A    |
| 292  | 2:02.18 L | F     | Larique Pretorius   | 13     | KTS       | 05/12/2025 | NCASA CHAMPS 2025 - copied - copi    |
| 293* | 2:04.18 L | P     | Cara van Wyk        | 13     | BARR CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham   |
| 293* | 2:04.18 L | F     | Nina Engelbrecht    | 13     | UPSK ZMD  | 21/02/2026 | AGE GROUP 6 UPT 2026 - copied        |
| 295  | 2:04.46 L | P     | Penelope Mullineux  | 13     | AASC EZD  | 05/12/2025 | Mpumalanga Championships 2025        |
| 296  | 2:04.92 L | F     | Khanya Ramone       | 13     | MATL KKD  | 28/02/2026 | NWS Last Chance 2026                 |
| 297  | 2:05.18 L | F     | Stella Rainier      | 13     | HDAQ MPD  | 27/09/2025 | Limpopo Age Group 4 of 2025/26       |
| 298  | 2:06.51 L | P     | Nokubonga Buda      | 13     | ESP ECU   | 26/03/2026 | SA Level 3 Regional Age Group Chan   |
| 299  | 2:06.54 L | F     | Amogelang Mamabolo  | 13     | HARB BPD  | 06/12/2025 | NWS Championships 2025               |
| 300  | 2:07.31 L | P     | Lia Schoeman        | 13     | RFA TSH   | 30/03/2026 | SA Level 2 Regional Age Group Cham   |
| 301  | 2:07.33 L | F     | Thatohatsi Masomba  | 13     | THOK ECU  | 28/02/2026 | AG Level 1 Regional Competition 2026 |
| 302  | 2:07.62 L | F     | Relebohile Maduna   | 13     | PELIC MAN | 24/10/2025 | Neptunes Gala                        |
| 303  | 2:09.43 L | F     | Larique Van Heerden | 13     | SWIMS ECU | 28/02/2026 | AG Level 1 Regional Competition 2026 |
| 304  | 2:09.60 L | F     | Taylor Kotzee       | 13     | GAA CPT   | 09/10/2025 | 44th Freda Barnard Invitational Gala |
| 305  | 2:09.99 L | F     | Ikageng Moloko      | 13     | TUKS TSH  | 13/02/2026 | NTS Level 1+2 February Age Group 21  |
| 306  | 2:10.29 L | F     | Kate Scott          | 13     | UHS NMA   | 14/03/2026 | Level 1 District Age Group Gala 2026 |
| 307  | 2:10.40 L | F     | Hadassah Daniels    | 13     | RETR CPT  | 22/11/2025 | Swartland Prestige Gala 2025         |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                               | Time    |     | P/F/S | Name                      | Age/Yr |       |     |  |
|-------------------------------|---------|-----|-------|---------------------------|--------|-------|-----|--|
| 308                           | 2:11.63 | L   | F     | Zahara Bhamjee            | 13     | ATLA  | JHB | 28/02/2026 AG Level 1 Regional Competition 2026  |
| 309                           | 2:12.50 | L   | P     | Nika Smit                 | 13     | BS    | LLD | 03/12/2025 Free State Champs 2025                |
| 310                           | 2:12.62 | L   | F     | Khumo Goeieman            | 13     | KALA  |     | 14/02/2026 KALAHARI CLASSIC 2026                 |
| 311                           | 2:14.07 | L   | P     | Riley Van Niekerk         | 13     | ESTR  | EKU | 04/12/2025 EGA Summer Championships 2025         |
| 312                           | 2:15.16 | L   | F     | Milena-Marie Jacobs       | 13     | HSB   | BP  | 13/02/2026 NW School Championships 2026          |
| 313                           | 2:16.62 | L   | F     | Emlynn Hugo               | 13     | SWIFT | EKU | 31/01/2026 EGA Last Chance Gala 2026             |
| 314                           | 2:17.74 | L   | F     | Elethu Maqabangqa         | 13     | KHAY  | CPT | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 315                           | 2:25.38 | L   | F     | Siphesihle Mncube         | 13     | PAC   | TSH | 13/02/2026 NTS Level 1+2 February Age Group 21   |
| 316                           | 2:47.79 | L   | F     | Khanyisa Mqoke            | 13     | WELA  | LLD | 28/02/2026 FSA LEVEL 1 2026                      |
| 317                           | 3:09.90 | L   | F     | Leanolaona Molosi         | 13     | UPSK  | ZMD | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| <b>Women 13-14 200 Breast</b> |         |     |       |                           |        |       |     |  |
| 1                             | 2:45.42 | L S | F     | Anna Horn                 | 13     | XCEL  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 2                             | 2:45.74 | L S | F     | Megan Jacobs              | 13     | WSTV  | ETH | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 3                             | 2:55.40 | L S | F     | Mignon Swart              | 13     | UNI   | EZD | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 4                             | 2:55.55 | L   | F     | Katherine Harrop-Allin    | 13     | NC    | FBD | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026         |
| 5                             | 2:57.02 | L S | P     | Lize De Wet               | 13     | SS    | MPD | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 6                             | 2:57.84 | L   | F     | Carinke Wessels           | 13     | FSA   | FMS | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026         |
| 7                             | 2:58.25 | L   | F     | Shalea Hamilton           | 13     | BEST  | NMA | 20/09/2025 3rd A League Gala 2025                |
| 8                             | 2:58.40 | L   | F     | Taylor Ten Napel          | 13     | BEAV  | ETH | 18/12/2025 KZN Premier Provincial Championship   |
| 9                             | 2:58.80 | L   | F     | Namangolwa Semenova       | 13     | USCLT | BUF | 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 10                            | 2:59.30 | L   | F     | Lara Van Veelen           | 13     | LP    | CCD | 24/04/2026 SA Schools Swimming Championship      |
| 11                            | 2:59.47 | L S | P     | Alexis De Witt            | 13     | TUKS  | TSH | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 12                            | 2:59.54 | L S | P     | Aqeelah Williams          | 13     | UWCA  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 13                            | 3:00.73 | L S | P     | Ayvah Jacob               | BR     | VASA  | EKU | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 14                            | 3:01.01 | L   | F     | Nina Pieterse             | 13     | PEAS  | NMA | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 15                            | 3:01.02 | L   | F     | Laila van Antwerpen       | 13     | PAC   | TSH | 28/06/2025 PEA Winter Gala 2025                  |
| 16                            | 3:01.12 | L   | F     | Mieke Oosthuizen          | 13     | HPS   | TSH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 17                            | 3:01.72 | L   | F     | Ava Grebe                 | 13     | CUHE  | OB  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 18                            | 3:02.54 | L S | F     | Mackenzie Raffle          | 13     | CA    | EKU | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 19                            | 3:02.59 | L   | F     | Ruvarashe Chibharo        | 13     | CASC  | CPT | 21/02/2026 Swartland Invitational Gala 2026      |
| 20                            | 3:02.74 | L   | P     | Alexis Kalapac            | 13     | WCS   |     | 24/04/2026 SA Schools Swimming Championship      |
| 21                            | 3:03.02 | L   | F     | Sophia Hutchison          | 13     | NC    | FBD | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026         |
| 22                            | 3:03.59 | L   | F     | Chenique Kooi             | 13     | TUKS  | TSH | 10/12/2025 NTS Championships 2025                |
| 23                            | 3:03.83 | L   | F     | Tatum Van Zijl            | 13     | OHAN  | LD  | 21/02/2026 KZN Schools Trials 2026               |
| 24                            | 3:03.93 | L   | F     | Jessica Jansen van Vuuren | 13     | SEAL  | UMD | 18/12/2025 KZN Premier Provincial Championship   |
| 25                            | 3:04.53 | L S | P     | Gia Newkirk               | 13     | TYGE  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 26                            | 3:05.39 | L   | F     | Zoe Thompson              | 13     | MDOL  | JHB | 11/05/2025 SE East Region LC Championships 2026  |
| 27                            | 3:05.77 | L   | F     | Ajsa Gelencser            | 13     | KIS   | CE  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 28                            | 3:06.30 | L   | F     | Mali Louw                 | 13     | PLAY  | GED | 04/12/2025 Western Cape LC-A Championship 2026   |
| 29                            | 3:06.37 | L   | F     | Grace Julies              | 13     | XCEL  | CPT | 04/12/2025 Western Cape LC-A Championship 2026   |
| 30                            | 3:06.40 | L   | F     | Annabel Meyer             | 13     | BULS  | MAN | 23/01/2026 Mangaung Gala                         |
| 31                            | 3:06.80 | L S | P     | Kara Pretorius            | 13     | SSISA | CPT | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 32                            | 3:07.11 | L S | P     | Ineke Van Maarleveld      | 13     | ACAQ  | CCD | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 33                            | 3:07.53 | L   | F     | Alivia Nel                | 13     | MDOL  | JHB | 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 34                            | 3:07.57 | L   | F     | Kathryn Nolan             | 13     | MDOL  | JHB | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 35                            | 3:07.98 | L   | F     | Sienna Syrett             | 13     | QUES  | JHB | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 36                            | 3:08.74 | L   | F     | Isabella Vreenegoor       | 13     | GAU   | JHB | 30/01/2026 Gauteng Schools Championships 2026    |
| 37                            | 3:09.00 | L   | F     | Mikaela Lotz              | 13     | PAC   | TSH | 17/10/2025 NTS Level 3+ October Age Group Gal    |
| 38                            | 3:10.29 | L   | F     | Barcelona Xaba            | 13     | SASE  | JHB | 27/11/2025 CGA Championships 2025                |
| 39                            | 3:10.31 | L   | F     | Ava Bosch                 | 13     | DRGN  | JHB | 27/11/2025 CGA Championships 2025                |
| 40                            | 3:10.49 | L   | F     | Hope Churchman            | 13     | WSTV  | ETH | 21/02/2026 KZN Schools Trials 2026               |
| 41                            | 3:10.83 | L S | P     | Kirsten Cupido            | 13     | CYBE  | CPT | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 42                            | 3:11.61 | L   | F     | Taylor-Rose Botes         | 13     | CA    | EKU | 04/12/2025 EGA Summer Championships 2025         |
| 43                            | 3:11.93 | L   | P     | Mattae Morel              | 13     | CA    | EKU | 04/12/2025 EGA Summer Championships 2025         |
| 44                            | 3:12.68 | L   | F     | Jasmine Woodburn          | 13     | MDOL  | JHB | 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 45                            | 3:13.01 | L   | F     | Imme Wolfaardt            | 13     | LALE  | GED | 21/02/2026 Swartland Invitational Gala 2026      |
| 46                            | 3:14.61 | L   | F     | Gia Stedall               | 13     | PAC   | TSH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 47                            | 3:15.20 | L   | P     | Christie Snyders          | 13     | FSS   |     | 24/04/2026 SA Schools Swimming Championship      |
| 48                            | 3:15.22 | L   | F     | Suhanna White             | 13     | AQUA  | BUF | 26/03/2026 SA Level 3 Regional Age Group Chan    |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                    |    |           |  |
|-----|---------|-------|------|---------------------------|----|-----------|--|
| 49  | 3:15.24 | L     | F    | Ella Voysey               | 13 | ASAC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 50  | 3:15.63 | L     | P    | Xia Jacobs                | 13 | WSTV ETH  | 18/12/2025 KZN Premier Provincial Championship   |
| 51  | 3:16.49 | L     | F    | Laila Christie            | 13 | USC BUF   | 12/12/2025 NMBA Championships 2025               |
| 52  | 3:16.67 | L     | F    | Alta Van Zyl              | 13 | SEAL UMD  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 53  | 3:16.90 | L     | F    | Amelia-Rose Schutzler     | 13 | USC BUF   | 28/02/2026 Eastern Cape School Provincial Trials |
| 54  | 3:17.33 | L     | F    | Mijone Beyers             | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 55  | 3:17.60 | L     | F    | Paige Schutze-Langston    | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 56  | 3:18.99 | L     | F    | Milla Da Silva            | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 57  | 3:19.03 | L     | F    | Charné De Bruin           | 13 | TUKS TSH  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 58  | 3:19.21 | L     | F    | Madison Harris            | 13 | SOUL EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 59  | 3:19.75 | L     | P    | Isabella Haldane          | 13 | FISH EDD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 60  | 3:19.96 | L     | F    | Zekhethelo Radebe         | 13 | USHPM UMD | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 61  | 3:20.15 | L     | F    | Saffiya Emjedi            | 13 | SAAW CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 62  | 3:20.32 | L     | F    | Jazmin Anthony            | 13 | PAQU CED  | 22/11/2025 Swartland Prestige Gala 2025          |
| 63  | 3:20.36 | L     | F    | Caitlin McDowell          | 13 | ESP EKU   | 31/01/2026 EGA Last Chance Gala 2026             |
| 64  | 3:20.71 | L     | F    | Emma Ristow               | 13 | USC BUF   | 24/01/2026 BCA January Age Group Gala 2026       |
| 65  | 3:21.42 | L     | P    | Jemma Lloyd               | 13 | VINE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 66  | 3:21.60 | L     | F    | Lara Rosenstrauch         | 13 | HTSA CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 67  | 3:22.27 | L S   | F    | Neanè Van Zyl             | 13 | GREY CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 68  | 3:22.28 | L     | P    | Leah Struwig              | 13 | TUKS TSH  | 10/12/2025 NTS Championships 2025                |
| 69  | 3:22.52 | L     | F    | Unathi Vuyeqaba           | 13 | TUKS TSH  | 17/10/2025 NTS Level 3+ October Age Group Gal    |
| 70  | 3:22.54 | L     | F    | Hester Janse van Rensburg | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025                |
| 71  | 3:22.72 | L     | F    | Elah-Mae Budram           | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 72  | 3:22.92 | L     | P    | Emily Koegelenberg        | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 73  | 3:23.04 | L     | P    | Isabella Goncalves        | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 74  | 3:23.20 | L     | F    | Leandi Liebenberg         | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                   |
| 75  | 3:23.75 | L     | F    | Mila Hinteregger          | 13 | CA EKU    | 31/01/2026 EGA Last Chance Gala 2026             |
| 76  | 3:23.94 | L S   | F    | Lia van Heerden           | 13 | BS LLD    | 03/12/2025 Free State Champs 2025                |
| 77  | 3:24.23 | L     | F    | Jua Jonker                | 13 | POTC KKD  | 06/12/2025 NWS Championships 2025                |
| 78  | 3:24.35 | L     | P    | Juno Bouwer               | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 79  | 3:24.38 | L     | F    | Clara Duvenage            | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 80  | 3:25.24 | L     | F    | Leah Du Plessis           | 13 | PEAS NMA  | 30/01/2026 Infinity Gala 2026                    |
| 81  | 3:25.79 | L     | F    | Cait Dawson               | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 82  | 3:26.56 | L     | F    | Rirhandzu Chauke          | 13 | DORE JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 83  | 3:26.58 | L     | F    | Uma Pearson-Adams         | 13 | CTA CPT   | 27/06/2025 Coop Services Nattional LC Champion   |
| 84  | 3:27.05 | L     | F    | Thalia Naidoo             | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 85  | 3:27.47 | L     | F    | Jade Chilisa              | 13 | TUKS TSH  | 20/09/2025 BSSA 1st League Gala 2025             |
| 86  | 3:27.78 | L     | F    | Mikayla Coleman           | 13 | TCA EKU   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 87  | 3:27.89 | L     | P    | Kaitlyn Haynes-Smart      | 13 | VINE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 88  | 3:27.96 | L     | P    | Milah Allen               | 13 | SFSA JHB  | 27/11/2025 CGA Championships 2025                |
| 89  | 3:28.18 | L     | P    | Lumka Zamisa              | 13 | HREF BPD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 90  | 3:28.26 | L     | P    | Jada Hendricks            | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 91  | 3:28.32 | L     | F    | Milla Christensen         | 13 | WELL CED  | 24/01/2026 Drakenstein Invitational - copied     |
| 92  | 3:28.47 | L     | F    | Alexis Visser             | 13 | MAKO EKU  | 20/09/2025 EGA Summer 1 2025                     |
| 93  | 3:28.58 | L     | F    | Mikaela Van Heerden       | 13 | TUKS TSH  | 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 94  | 3:28.77 | L     | F    | Safurah Wadvalla          | 13 | DORE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 95  | 3:29.15 | L     | F    | Milani Butau              | 13 | BEST NMA  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 96  | 3:29.21 | L     | F    | Oyama Baqwa               | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025    |
| 97  | 3:29.41 | L     | P    | Kyleigh Shelton           | 13 | ESTR EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 98  | 3:29.85 | L     | F    | Kaitlyn Swart             | 13 | CPSC TSH  | 13/02/2026 NTS Level 1+2 February Age Group 21   |
| 99  | 3:30.05 | L     | F    | Zanli Le Roux             | 13 | AGAQ OBD  | 22/11/2025 Swartland Prestige Gala 2025          |
| 100 | 3:30.29 | L     | F    | Taylynn Boshoff           | 13 | GPS EDD   | 14/02/2026 BCSA School Trials 2026               |
| 101 | 3:30.54 | L     | F    | Zoe Kruger                | 13 | LALE CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 102 | 3:30.69 | L     | F    | Shyla Lutchman            | 13 | VINE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 103 | 3:30.88 | L     | F    | Lily Sykes                | 13 | TUKS TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 104 | 3:31.40 | L     | F    | Ming-Xi Tsai              | 13 | AA JHB    | 27/11/2025 CGA Championships 2025                |
| 105 | 3:31.54 | L     | P    | Zara Lockitch             | 13 | CYBE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 106 | 3:31.72 | L     | F    | Katelyn Naidoo            | 13 | MAKO EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 107 | 3:31.88 | L     | F    | Mienke Pretorius          | 13 | NC FBD    | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026         |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|-----|---------|-------|------|------------------------|----|-----------|--|
| 108 | 3:31.99 | L     | F    | Leandi Swarts          | 13 | PSA ZLD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 109 | 3:32.60 | L     | F    | Abigail Grieve         | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 110 | 3:32.82 | L     | F    | Hannah Von Mollendorff | 13 | KLOO ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 111 | 3:33.01 | L     | F    | Taeya Roper            | 13 | HPS TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 112 | 3:33.64 | L     | P    | Lize-Mari Vorster      | 13 | WELL CED  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 113 | 3:33.96 | L     | F    | Mieke Smit             | 13 | UNI EZD   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 114 | 3:34.07 | L     | P    | Luah Theron            | 13 | TUKS TSH  | 10/12/2025 NTS Championships 2025                |
| 115 | 3:35.01 | L     | F    | Alexianne Metzger      | 13 | SWIFT EKU | 31/01/2026 EGA Last Chance Gala 2026             |
| 116 | 3:35.12 | L     | F    | Cayla Cunningham       | 13 | TRAZ TSH  | 13/02/2026 NTS Level 1+2 February Age Group 21   |
| 117 | 3:35.22 | L     | F    | Liane Van Zyl          | 13 | UPSK ZMD  | 31/10/2025 UPINGTON PRESTIGE GALA 2025           |
| 118 | 3:35.47 | L     | F    | Tamika Abbey           | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 119 | 3:35.66 | L     | P    | Khalalelo Ratlhogo     | 13 | ESP EKU   | 04/12/2025 EGA Summer Championships 2025         |
| 120 | 3:36.00 | L     | P    | Cayleigh Machill       | 13 | BARA EKU  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 121 | 3:37.53 | L S   | F    | Eleftheria Synodinos   | 13 | CASC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 122 | 3:37.59 | L     | F    | Nina Koen              | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 123 | 3:37.87 | L S   | F    | Jessica Arenz          | 13 | SSISA CPT | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 124 | 3:38.30 | L     | F    | Zaarah Meyer           | 13 | HTSA CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 125 | 3:38.63 | L     | F    | Isabel Wessinger       | 13 | ELEC TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 126 | 3:38.71 | L     | P    | Livi Engelbrecht       | 13 | PAC TSH   | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 127 | 3:39.18 | L     | F    | Summer Moonsamy        | 13 | BEAV ETH  | 06/12/2025 Stingrays Champs 2025                 |
| 128 | 3:39.26 | L     | F    | Ilé Ferreira           | 13 | TUKS TSH  | 14/11/2025 NTS Level 3+ November Age Group G     |
| 129 | 3:39.28 | L     | F    | Margaret-Anne Pienaar  | 13 | DDA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 130 | 3:39.30 | L     | F    | Nuhaa Cozyn            | 13 | MANT CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 131 | 3:39.76 | L     | F    | Catharina Coetzer      | 13 | QSSC CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 132 | 3:40.10 | L     | P    | Tayla Welgemoed        | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025                |
| 133 | 3:40.21 | L     | F    | Entle Lehabe           | 13 | TRAZ TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 134 | 3:40.31 | L     | F    | Rachel Konigkramer     | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 135 | 3:40.36 | L     | P    | Dominic De Jager       | 13 | USH KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 136 | 3:40.41 | L     | F    | Gemma Smith            | 13 | SWIM1 JHB | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 137 | 3:40.50 | L     | F    | Lara Greyling          | 13 | TNDER FDD | 05/09/2025 Bullsharks Gala                       |
| 138 | 3:40.76 | L     | P    | Luisa Kimani           | 13 | CYBE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 139 | 3:40.81 | L     | F    | Madison Wissekerke     | 13 | FRA KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 140 | 3:41.15 | L     | P    | Alessia Barthus        | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 141 | 3:41.36 | L     | P    | Ella Kalp              | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 142 | 3:41.57 | L     | F    | Scarlett Garassino     | 13 | SASE JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 143 | 3:41.69 | L     | F    | Bailey Maralik         | 13 | SFSA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 144 | 3:41.94 | L     | F    | Amahle Mdlalose        | 13 | CSC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 145 | 3:42.28 | L     | F    | Liné Schoeman          | 13 | FISH EDD  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 146 | 3:42.65 | L     | P    | Chloe Rautenbach       | 13 | UNIU EZD  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 147 | 3:42.77 | L     | F    | Le-May Van Zyl         | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                   |
| 148 | 3:42.82 | L     | P    | Lerina Thomas          | 13 | SWAR WCD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 149 | 3:42.97 | L     | F    | Hlelo Mtwá             | 13 | PER JHB   | 14/02/2026 CGA Last Chance                       |
| 150 | 3:43.02 | L     | F    | Teresa Smith           | 13 | MDOL JHB  | 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 151 | 3:43.51 | L     | F    | Holly Karels           | 13 | SWIFT EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 152 | 3:43.82 | L S   | F    | Rorisang Monareng      | 13 | BLNE MAN  | 03/12/2025 Free State Champs 2025                |
| 153 | 3:43.95 | L     | F    | Karla Wolmarans        | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                       |
| 154 | 3:45.07 | L     | P    | Tatum Samuels          | 13 | XCEL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 155 | 3:45.77 | L     | F    | Oyama Tuta             | 13 | PELIC MAN | 05/09/2025 Bullsharks Gala                       |
| 156 | 3:46.67 | L     | F    | Malin Swart            | 13 | USC BUF   | 24/01/2026 BCA January Age Group Gala 2026       |
| 157 | 3:46.75 | L     | P    | Alexia Smith           | 13 | WATR JHB  | 27/11/2025 CGA Championships 2025                |
| 158 | 3:47.45 | L     | F    | Kenna Lilley           | 13 | TYGE CPT  | 22/11/2025 Swartland Prestige Gala 2025          |
| 159 | 3:47.71 | L     | F    | Holli Tait             | 13 | KLOO ETH  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 160 | 3:47.86 | L     | P    | Emma De Smidt          | 13 | AQDO CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 161 | 3:47.88 | L     | P    | Hiranya Moodley        | 13 | USH KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 162 | 3:48.30 | L S   | F    | Mienke Grobler         | 13 | BULS MAN  | 03/12/2025 Free State Champs 2025                |
| 163 | 3:48.44 | L     | F    | Emma Venter            | 13 | PSCP UMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 164 | 3:48.49 | L     | P    | Mikayla Botes          | 13 | WAC EDD   | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 165 | 3:48.58 | L     | F    | Bonaventure Makore     | 13 | ASAC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 166 | 3:49.16 | L     | P    | Jaimey Shaw            | 13 | ESTR EKU  | 04/12/2025 EGA Summer Championships 2025         |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                           | Time     | P/F/S | Name | Age/Yr                |    |           |  |
|---------------------------|----------|-------|------|-----------------------|----|-----------|--|
| 167                       | 3:49.72  | L     | F    | Anika Bester          | 13 | STGR XRD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 168                       | 3:50.23  | L     | F    | Abi Fourie            | 13 | VINE CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 169                       | 3:50.63  | L S   | F    | Alexia Dippenaar      | 13 | BS LLD    | 03/12/2025 Free State Champs 2025                |
| 170                       | 3:50.82  | L     | F    | Izabella Botha        | 13 | BLMA CPT  | 22/11/2025 Swartland Prestige Gala 2025          |
| 171                       | 3:50.86  | L     | F    | Anye Brink            | 13 | ESA CED   | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 172                       | 3:52.17  | L     | F    | Gabriella Bengell     | 13 | BLNE MAN  | 20/09/2025 Welkom Seals Gala                     |
| 173                       | 3:53.16  | L     | F    | Lienke Van Wyk        | 13 | BULS MAN  | 05/09/2025 Bullsharks Gala                       |
| 174                       | 3:53.27  | L     | F    | Maya Sissing          | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 175                       | 3:53.39  | L     | F    | Dikgang Mokgele       | 13 | MAKO EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 176                       | 3:54.00  | L S   | F    | Livia Vancoillie      | 13 | QSSC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 177                       | 3:54.20  | L     | F    | Madeleine de Villiers | 13 | EXP TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 178                       | 3:54.62  | L     | P    | Leah Wentzel          | 13 | MARL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 179                       | 3:55.19  | L     | F    | Caelyn Kempgen        | 13 | CRSC JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 180                       | 3:55.85  | L     | F    | Destheonique Julius   | 13 | UPSK ZMD  | 14/02/2026 KALAHARI CLASSIC 2026                 |
| 181                       | 3:56.05  | L     | F    | Abigail Langerman     | 13 | DORE JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 182                       | 3:56.11  | L     | F    | Larelle Du Toit       | 13 | LALE CED  | 22/11/2025 Swartland Prestige Gala 2025          |
| 183                       | 3:56.63  | L     | F    | Dwa Kaone Magagula    | 13 | ELEC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 184                       | 3:57.69  | L     | F    | Luniko Manise         | 13 | WALM CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 185                       | 3:58.46  | L     | P    | Mupindiishe Msipa     | 13 | MDOL JHB  | 19/02/2026 Senior National Championships 2026    |
| 186                       | 4:00.00  | L     | F    | Emily Botha           | 13 | ASAC CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 187                       | 4:00.91  | L     | F    | Wilmie Fourie         | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 188                       | 4:01.19  | L     | F    | Lulibo Mdluli         | 13 | ELEC TSH  | 03/10/2025 NTS Level 1+2 October Age Group 20    |
| 189                       | 4:02.10  | L     | P    | Kgalalelo Makoloi     | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 190                       | 4:04.02  | L     | F    | Aliana Stipic         | 13 | WAC EDD   | 22/11/2025 Eden LC Champs 2025                   |
| 191                       | 4:06.33  | L     | F    | Sydney Howes          | 13 | HSB BP    | 13/02/2026 NW School Championships 2026          |
| 192                       | 4:06.88  | L     | F    | Fredri Uys            | 13 | DDA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 193                       | 4:07.40  | L     | F    | Genevieve Venter      | 13 | WSS LLD   | 05/09/2025 Bullsharks Gala                       |
| 194                       | x4:09.16 | L     | F    | Hayley Strydom        | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 195                       | 4:09.27  | L     | F    | Sofia Ruscic          | 13 | ELEC TSH  | 03/10/2025 NTS Level 1+2 October Age Group 20    |
| 196                       | 4:11.07  | L     | F    | Emily Anderson        | 13 | WAC EDD   | 08/11/2025 EDEN 3rd A-League Gala 2025           |
| 197                       | 4:12.99  | L     | F    | Mercy Theu            | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 198                       | 4:13.03  | L     | F    | Larike Pretorius      | 13 | KTS       | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 199                       | 4:15.73  | L     | F    | Mila Schutte          | 13 | QSSC CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 200                       | 4:16.33  | L     | F    | Keyante Lynch         | 13 | SWIM1 JHB | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 201                       | 4:16.35  | L     | F    | Tsakile Mahumane      | 13 | NSAD EZD  | 26/09/2025 MP AGE GROUP 1 26-27 SEPT'25          |
| 202                       | 4:17.00  | L     | F    | Chloé Harding         | 13 | SOUL EKU  | 20/09/2025 EGA Summer 1 2025                     |
| 203                       | 4:17.68  | L     | F    | Anathi Qamba          | 13 | FAC EKU   | 20/09/2025 EGA Summer 1 2025                     |
| 204                       | 4:20.66  | L     | F    | Haylee Julius         | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 205                       | 4:27.07  | L     | F    | Dhakiya Peters        | 13 | WALM CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 206                       | 4:27.22  | L S   | P    | Relebohile Maduna     | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025                |
| 207                       | 4:29.61  | L     | F    | Katia Cerone          | 13 | HAAG UTD  | 21/02/2026 Uthukela District Gala 5              |
| 208                       | 4:30.47  | L     | F    | Michaela Hirst        | 13 | MCSH BPD  | 13/02/2026 NW School Championships 2026          |
| 209                       | 4:31.30  | L     | F    | Cara van Wyk          | 13 | BARR CPT  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 210                       | 4:31.42  | L     | F    | Khanya Ramone         | 13 | MATL KKD  | 28/02/2026 NWS Last Chance 2026                  |
| 211                       | 4:34.29  | L     | F    | Mia Benade            | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 212                       | 4:35.12  | L     | F    | Nina Engelbrecht      | 13 | UPSK ZMD  | 14/02/2026 KALAHARI CLASSIC 2026                 |
| 213                       | 4:36.17  | L S   | P    | Nika Smit             | 13 | BS LLD    | 03/12/2025 Free State Champs 2025                |
| 214                       | 4:39.49  | L     | F    | Riley Van Niekerk     | 13 | ESTR EKU  | 20/09/2025 EGA Summer 1 2025                     |
| 215                       | 4:40.22  | L     | P    | Amogelang Mamabolo    | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025                |
| 216                       | 4:47.20  | L     | F    | Hadassah Daniels      | 13 | RETR CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 217                       | 5:02.88  | L     | F    | Elethu Maqabangqa     | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| <b>Women 13-14 50 Fly</b> |          |       |      |                       |    |           |  |
| 1                         | 29.62    | L     | F    | Riley Haupt           | 13 | CA EKU    | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 2                         | 29.81    | L     | F    | Ajsa Gelencser        | 13 | KIS CE    | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 3                         | 30.09    | L     | F    | Emma Van Deventer     | 13 | WSTV ETH  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 4                         | 30.17    | L     | F    | Arya De Sousa         | 13 | TRAZ TSH  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 5                         | 30.34    | L     | F    | Ava Bosch             | 13 | DRGN EKU  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 6                         | 30.56    | L     | S    | Shalea Hamilton       | 13 | BEST NMA  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 7                         | 30.63    | L     | F    | Barcelona Xaba        | 13 | SASE JHB  | 21/03/2026 Sa National JNR Age Group Champs-;    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time  | P/F/S | Name | Age/Yr                 |    |           |  |
|-----|-------|-------|------|------------------------|----|-----------|--|
| 8   | 30.67 | L     | F    | Shiloh Cruywagen       | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship   |
| 9   | 30.69 | L     | F    | Jade Chilisa           | 13 | TUKS FSH  | 22/11/2025 20th UBSC Swimming Gala               |
| 10  | 30.93 | L     | F    | Wilhelmina Erasmus     | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship      |
| 11  | 31.07 | L     | F    | Morgan Butterworth     | 13 | AQX       | 12/12/2025 ADInternational Swimming Champions    |
| 12  | 31.75 | L     | F    | Samantha Wilson        | 13 | ECSA BUF  | 24/04/2026 SA Schools Swimming Championship      |
| 13  | 31.76 | L     | F    | Anna Horn              | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 14  | 31.84 | L     | P    | Mikayla Oliver         | 13 | PAC FSH   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 15  | 31.98 | L     | F    | Paige Schutze-Langston | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 16  | 32.05 | L     | P    | Mikaela Lotz           | 13 | PAC FSH   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 17  | 32.06 | L     | F    | Liane Van Zyl          | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 18  | 32.13 | L     | F    | Libby Ritchie          | 13 | PSCP UMD  | 18/12/2025 KZN Premier Provincial Championship   |
| 19  | 32.16 | L     | P    | Senzelwe Mwandla       | 13 | USHPM UMD | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 20  | 32.18 | L     | F    | Micah Gomes            | 13 | TUKS FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 21  | 32.20 | L     | F    | Mikayla Wilensky       | 13 | ASAC CPT  | 21/03/2026 SA National JNR Age Group Champs-;    |
| 22  | 32.21 | L     | P    | Aqeelah Williams       | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 23  | 32.23 | L S   | F    | Noa Sebastiao          | 13 | TUKS FSH  | 10/12/2025 NTS Championships 2025                |
| 24  | 32.43 | L     | P    | Kirsten Cupido         | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 25  | 32.47 | L     | F    | Mienke Kok             | 13 | INFA NMA  | 30/08/2025 Madibaz Swim Meet 2025                |
| 26  | 32.51 | L     | P    | Carinke Wessels        | 13 | BLOT MAN  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 27  | 32.53 | L     | P    | Kara De Wit            | 13 | RFA FSH   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 28  | 32.55 | L     | F    | Isabella Goncalves     | 13 | CA EKU    | 09/01/2026 2026 Grand Prix Invitation Swimming I |
| 29  | 32.61 | L     | F    | Sisanda Palframan      | 13 | SEAL UMD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 30  | 32.63 | L     | F    | Jadine Grobler         | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship      |
| 31  | 32.69 | L     | F    | Juliette Hosatte       | 13 | INFA NMA  | 23/01/2026 QATAR FOUNDATION SWIM SERIES          |
| 32  | 32.71 | L     | F    | Sarah Schofield        | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 33  | 32.80 | L     | F    | Christie Snyders       | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                |
| 34  | 32.90 | L     | P    | Gia Heldsinger         | 13 | SSISA CPT | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 35  | 32.98 | L S   | F    | Alexis De Witt         | 13 | TUKS FSH  | 10/12/2025 NTS Championships 2025                |
| 36  | 33.11 | L     | P    | Laila van Antwerpen    | 13 | PAC FSH   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 37  | 33.13 | L     | F    | Brooklyn Terwin        | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 38  | 33.18 | L     | F    | Alessia Barthus        | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 39  | 33.21 | L     | P    | Annabel Meyer          | 13 | BULS MAN  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 40  | 33.25 | L     | F    | Sarah-Kate Odendaal    | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 41  | 33.27 | L     | F    | Lize De Wet            | 13 | HMER MPD  | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 42  | 33.31 | L     | P    | Victoria Meyburgh      | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 43  | 33.32 | L     | P    | Sophia Gullan          | 13 | VINE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 44  | 33.41 | L     | F    | Amber Spence           | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 45* | 33.47 | L     | F    | Mattae Morel           | 13 | CA EKU    | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 45* | 33.47 | L     | P    | Kayla Gerber           | 13 | STAQ CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 47  | 33.53 | L     | F    | Lene Klopper           | 13 | QSSC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 48  | 33.56 | L     | P    | Ruvarashe Chibharo     | 13 | CASC CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 49  | 33.57 | L     | F    | Elizabeth Roth         | 13 | PEAS NMA  | 30/08/2025 Madibaz Swim Meet 2025                |
| 50  | 33.58 | L     | F    | Zekhethelo Radebe      | 13 | USHPM UMD | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 51  | 33.62 | L     | P    | Nadelija Pillay        | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 52  | 33.75 | L     | P    | Anja Boshoff           | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 53  | 33.76 | L     | P    | Chenique Kooi          | 13 | TUKS FSH  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 54  | 33.78 | L     | F    | Alivia Nel             | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 55  | 33.79 | L     | P    | Oyama Baqwa            | 13 | SGUL ETH  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 56  | 33.81 | L     | F    | Uma Pearson-Adams      | 13 | SAAW CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 57  | 33.82 | L     | P    | Ayvah Jacob            | BR | VASA EKU  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 58  | 33.85 | L     | F    | Sophia Castleden       | 13 | STAQ CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 59* | 33.93 | L     | F    | Milani Butau           | 13 | BEST NMA  | 30/01/2026 Infinity Gala 2026                    |
| 59* | 33.93 | L     | F    | Olivia Meyburgh        | 13 | CA EKU    | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 61  | 33.95 | L     | F    | Jada Hendricks         | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 62  | 33.98 | L     | P    | Kara Pretorius         | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20     |
| 63  | 34.06 | L     | F    | Alexis Visser          | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2021    |
| 64  | 34.07 | L     | F    | Mignon Swart           | 13 | CSA EZD   | 13/09/2025 MP SPRINT 13 SEPTEMBER 2025           |
| 65  | 34.09 | L     | P    | Katherine Harrop-Allin | 13 | CSC FSH   | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 66  | 34.13 | L     | F    | Jasmine Woodburn       | 13 | MDOL JHB  | 09/01/2026 2026 Grand Prix Invitation Swimming I |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                   |    |           |  |
|------|-------|-------|------|--------------------------|----|-----------|--|
| 67   | 34.14 | L     | P    | Lia van Heerden          | 13 | BS LLD    | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 68   | 34.19 | L     | F    | Mali Louw                | 13 | WELL CED  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 69   | 34.20 | L     | F    | Mikayla Jordaan          | 13 | CASC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 70*  | 34.24 | L     | P    | Hannah Van Heerden       | 13 | AACTA CPT | 04/12/2025 Western Cape LC-A Championship 20     |
| 70*  | 34.24 | L     | P    | Taylynn Boshoff          | 13 | ECSA BUF  | 24/04/2026 SA Schools Swimming Championship      |
| 72   | 34.33 | L     | F    | Kate Cheshire            | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 73   | 34.45 | L     | P    | Gia Newkirk              | 13 | TYGE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 74   | 34.50 | L     | F    | Zara Jantjies            | 13 | MANT CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 75   | 34.85 | L     | P    | Taylor Ten Napel         | 13 | BEAV ETH  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 76   | 34.87 | L     | F    | Tayla Brown              | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 77*  | 34.92 | L     | F    | Kathryn Nolan            | 13 | MDOL JHB  | 14/02/2026 CGA Last Chance                       |
| 77*  | 34.92 | L     | F    | Ella Kalp                | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 79   | 34.93 | L     | F    | Nina Pieterse            | 13 | PEAS NMA  | 12/12/2025 NMBA Championships 2025               |
| 80   | 34.94 | L     | F    | Shelby Schoeman          | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 202     |
| 81   | 34.98 | L     | F    | Mienke Gerber            | 13 | FISH EDD  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 82   | 35.01 | L     | F    | Cayla Cunningham         | 13 | TRAZ TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 83   | 35.13 | L     | F    | Thalia Naidoo            | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 84   | 35.16 | L     | F    | Leila Parker             | 13 | SSISA CPT | 01/11/2025 CTA District A CHAMPS 2025            |
| 85   | 35.23 | L     | P    | Alexis Kalapac           | 13 | SLAQ CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 86   | 35.24 | L     | F    | Ryleigh Moir             | 13 | AADUB ETH | 21/02/2026 KZN Schools Trials 2026               |
| 87   | 35.44 | L     | F    | Cayleigh Machill         | 13 | BARA ECU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 88*  | 35.53 | L     | P    | Georgia Sabbagha         | 13 | PAQU CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 88*  | 35.53 | L     | F    | Mackenzie Raffle         | 13 | CA ECU    | 22/11/2025 EGA Summer 3 & 4                      |
| 88*  | 35.53 | L     | F    | Johané Burger            | 13 | ROA EDD   | 28/06/2025 PEA Winter Gala 2025                  |
| 88*  | 35.53 | L     | P    | Kiarah Beukes            | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 88*  | 35.53 | L     | P    | Amelie Billson           | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 93*  | 35.55 | L     | F    | Scarlett Garassino       | 13 | SASE JHB  | 27/11/2025 CGA Championships 2025                |
| 93*  | 35.55 | L     | P    | Hope Churchman           | 13 | WSTV ETH  | 18/12/2025 KZN Premier Provincial Championship   |
| 95   | 35.56 | L     | F    | Oyama Tuta               | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025                |
| 96   | 35.64 | L     | F    | Mercy Theu               | 13 | MDOL JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 97*  | 35.72 | L     | P    | Emily Koegelenberg       | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 97*  | 35.72 | L     | P    | Mia Van de Vyver         | 13 | ESA CED   | 04/12/2025 Western Cape LC-A Championship 20     |
| 99*  | 35.73 | L     | F    | Jovanah McGluwa          | 13 | CASC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 99*  | 35.73 | L     | F    | Khalalelo Ratlhogo       | 13 | ESP ECU   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 101* | 35.78 | L     | F    | Inge Du Plessis          | 13 | SS MPD    | 25/10/2025 Limpopo Age Group 5 of 2025/26        |
| 101* | 35.78 | L     | F    | Nicoline Du Preez        | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025                |
| 103  | 35.81 | L     | F    | Danika Steyn             | 13 | KPA EZD   | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/       |
| 104  | 35.85 | L     | P    | Grace Julies             | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 105  | 35.93 | L     | F    | Saffiya Emjedi           | 13 | SAAW CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 106  | 36.05 | L     | P    | Zarah Mathee             | 13 | UWCA CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 107  | 36.08 | L     | P    | Zara Lockitch            | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 108  | 36.11 | L S   | P    | Lumka Zamisa             | 13 | HREF BP   | 10/12/2025 NTS Championships 2025                |
| 109  | 36.14 | L     | F    | Annabella Mitchell-Innes | 13 | PSCP UMD  | 21/02/2026 KZN Schools Trials 2026               |
| 110  | 36.15 | L     | P    | Trinity Baty             | 13 | CA ECU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 111  | 36.16 | L     | F    | Annabella Venter         | 13 | VRC TSH   | 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 112  | 36.19 | L     | F    | Mia Vorster              | 13 | WELA LLD  | 05/09/2025 Bullsharks Gala                       |
| 113  | 36.21 | L     | P    | Jenna Nieuwoudt          | 13 | SWAR WCD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 114  | 36.24 | L     | P    | Taylor-Rose Botes        | 13 | CA ECU    | 04/12/2025 EGA Summer Championships 2025         |
| 115  | 36.25 | L     | P    | Mikayla Holmes           | 13 | CRSC JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 116  | 36.28 | L     | P    | Tayla Scheepers          | 13 | RFA TSH   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 117  | 36.49 | L     | P    | Hlumisa Mfabe            | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 118  | 36.52 | L     | P    | Dione Smit               | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 119  | 36.56 | L     | F    | Unathi Vuyeqaba          | 13 | TUKS TSH  | 27/02/2026 NTS Level 3+ February Age Group Ga    |
| 120  | 36.60 | L     | F    | Jisthi Maharaj           | 13 | AADUB ETH | 21/02/2026 KZN Schools Trials 2026               |
| 121  | 36.62 | L     | P    | Amelia-Rose Schutzler    | 13 | ECSA BUF  | 24/04/2026 SA Schools Swimming Championship      |
| 122  | 36.67 | L     | F    | Caitlin Barnes           | 13 | SAAW CPT  | 20/09/2025 CTA INVITATIONAL LC MEET              |
| 123  | 36.68 | L     | P    | Elizabeth Willemse       | 13 | VHD ZLD   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 124* | 36.69 | L     | P    | Katelyn Naidoo           | 13 | MAKO ECU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 124* | 36.69 | L     | P    | Selma Rumbold            | 13 | OLDE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                       |    |           |  |
|------|-------|-------|------|------------------------------|----|-----------|--|
| 126  | 36.73 | L     | P    | Tatum Van Zijl               | 13 | OHAN JLD  | 18/12/2025 KZN Premier Provincial Championship   |
| 127  | 36.77 | L     | P    | Kayleigh Brophy              | 13 | AAS JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 128  | 36.85 | L     | P    | Emily Hengst                 | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 129  | 36.86 | L     | F    | Jessica Jansen van Vuuren    | 13 | SEAL JMD  | 09/07/2025 TYR Prestige Tournament 2025          |
| 130  | 36.89 | L     | F    | Ruby Van Dyk                 | 13 | PSCP JMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 131  | 36.91 | L     | F    | Georgia Henning              | 13 | ACES ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 132  | 36.98 | L     | F    | Rorisang Monareng            | 13 | BLNE MAN  | 24/10/2025 Neptunes Gala                         |
| 133  | 37.04 | L     | F    | Elah-Mae Budram              | 13 | PSCP JMD  | 09/07/2025 TYR Prestige Tournament 2025          |
| 134  | 37.12 | L     | F    | Zahraa Essack                | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2026    |
| 135  | 37.13 | L     | P    | Sienna Syrett                | 13 | QUES JHB  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 136  | 37.15 | L     | F    | Karla Wolmarans              | 13 | NC FBD    | 31/01/2026 4+1 INTERPROVINCIAL GALA 2026         |
| 137  | 37.18 | L     | F    | Lerina Thomas                | 13 | SWAR WCD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 138  | 37.19 | L     | P    | Lily Hoar                    | 13 | KLOO ETH  | 18/12/2025 KZN Premier Provincial Championship   |
| 139* | 37.21 | L     | F    | Leah Du Plessis              | 13 | PEAS NMA  | 20/09/2025 3rd A League Gala 2025                |
| 139* | 37.21 | L     | F    | Kayla Kleynhans              | 13 | ROA EDD   | 24/01/2026 EDEN 4th A-League Gala 2026           |
| 141  | 37.23 | L     | P    | Abby Mostert                 | 13 | AWIN FSH  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 142  | 37.26 | L     | P    | Caitlin McDowell             | 13 | ESP EKU   | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 143  | 37.30 | L     | P    | Bonaventure Makore           | 13 | ASAC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 144  | 37.31 | L     | F    | Marni Snyman                 | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                   |
| 145  | 37.34 | L     | F    | Juno Bouwer                  | 13 | CASC CPT  | 29/11/2025 CTA B CHAMPS 2025                     |
| 146  | 37.37 | L     | F    | Rebecca Joubert              | 13 | INFA NMA  | 30/01/2026 Infinity Gala 2026                    |
| 147  | 37.43 | L     | F    | Zoe Kruger                   | 13 | LALE CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 148  | 37.46 | L     | P    | Ziane Drenth                 | 13 | AWIN FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 149  | 37.49 | L     | F    | Kenna Lilley                 | 13 | TYGE CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 150* | 37.53 | L     | P    | Clara Duvenage               | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 150* | 37.53 | L     | F    | Nokutenda Tembo              | 13 | KNYA EDD  | 24/01/2026 EDEN 4th A-League Gala 2026           |
| 152  | 37.63 | L     | P    | Lara Rosenstrauch            | 13 | HTSA CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 153  | 37.71 | L     | F    | Mia Smit                     | 13 | KPA EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 154* | 37.86 | L     | F    | Shadri Bosman                | 13 | RFA FSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 154* | 37.86 | L     | F    | Malin Swart                  | 13 | GPS EDD   | 14/02/2026 BCSA School Trials 2026               |
| 156  | 37.90 | L     | F    | Joslyn Zwaanenburg           | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025    |
| 157  | 37.93 | L     | P    | Kyleigh Shelton              | 13 | ESTR EKU  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 158  | 38.07 | L     | F    | Catharina Coetzer            | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 159* | 38.09 | L     | F    | Ava de Bruin                 | 13 | SEAL JMD  | 21/02/2026 KZN Schools Trials 2026               |
| 159* | 38.09 | L     | F    | Esme Bowes                   | 13 | TUKS FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 161  | 38.10 | L     | F    | Jazmin Anthony               | 13 | PAQU CED  | 22/11/2025 Swartland Prestige Gala 2025          |
| 162  | 38.17 | L     | F    | Emma Grobler                 | 13 | HAAG UTD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 163  | 38.23 | L     | P    | Liané Stoltz                 | 13 | UNIU EZD  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 164  | 38.32 | L     | F    | Cayla Fourie                 | 13 | NHS EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 165  | 38.33 | L     | F    | Alyssa Coetzer               | 13 | AZON ETH  | 21/02/2026 KZN Schools Trials 2026               |
| 166  | 38.39 | L     | F    | Danica Marrier D'Univerville | 13 | KLOO ETH  | 31/01/2026 uShaka Champs 2026                    |
| 167  | 38.43 | L     | P    | Abigail Grieve               | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 168  | 38.46 | L     | P    | Hlelo Mtwa                   | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 169* | 38.54 | L     | P    | Olivia Nel                   | 13 | CLA WCD   | 04/12/2025 Western Cape LC-A Championship 20     |
| 169* | 38.54 | L     | F    | Ella Voysey                  | 13 | ASAC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 171  | 38.66 | L     | P    | Ella Adams                   | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 172  | 38.70 | L     | F    | Zaarah Meyer                 | 13 | HTSA CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 173* | 38.81 | L     | P    | Sky Eyssen                   | 13 | MANT CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 173* | 38.81 | L     | F    | Mupindiishe Msipa            | 13 | MDOL JHB  | 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 175  | 38.86 | L     | F    | Vanessa Jurado               | 13 | VINE CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 176* | 38.87 | L     | F    | Gabriella Bengell            | 13 | BLNE MAN  | 28/06/2025 PEA Winter Gala 2025                  |
| 176* | 38.87 | L     | F    | Sloan Warner                 | 13 | INFA NMA  | 30/08/2025 Madibaz Swim Meet 2025                |
| 178  | 38.90 | L     | F    | Willow Makwakwa              | 13 | TUKS FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 179  | 38.91 | L     | P    | Leandi Liebenberg            | 13 | SS MPD    | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 180  | 38.93 | L     | P    | Annabel Van Reenen           | 13 | ACSA ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 181* | 38.96 | L     | P    | Isabella Haldane             | 13 | FISH EDD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 181* | 38.96 | L     | P    | Luisa Kimani                 | 13 | CYBE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 183  | 38.99 | L     | F    | Alex Theron                  | 13 | CASC CPT  | 03/10/2025 Curro AquaElite Gala                  |
| 184  | 39.02 | L     | P    | Milah Allen                  | 13 | SFSA JHB  | 27/11/2025 CGA Championships 2025                |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                      |    |       |  |
|------|-------|-------|------|-----------------------------|----|-------|--|
| 185  | 39.11 | L     | F    | Jana Booysen                | 13 | CUHE  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 186  | 39.15 | L     | P    | Riley Sanders               | 13 | HPS   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 187  | 39.16 | L     | F    | Grizelda Janse van Rensburg | 13 | NWUC  | 06/12/2025 NWS Championships 2025                |
| 188  | 39.17 | L     | P    | Le-May Van Zyl              | 13 | ELRAS | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 189  | 39.21 | L     | F    | Mikaela Van Heerden         | 13 | TUKS  | 23/01/2026 2026 NTS Sprint Gala                  |
| 190  | 39.23 | L     | P    | Chloe Rautenbach            | 13 | UNIU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 191  | 39.26 | L     | P    | Tumisho Mojapelo            | 13 | PAC   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 192  | 39.35 | L     | F    | Lize-Mari Vorster           | 13 | WELL  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 193  | 39.40 | L     | F    | Tatum Samuels               | 13 | XCEL  | 29/11/2025 CTA B CHAMPS 2025                     |
| 194  | 39.46 | L     | P    | Abigail Paice               | 13 | SOUL  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 195  | 39.47 | L     | P    | Holly Karels                | 13 | SWIFT | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 196  | 39.65 | L     | F    | Marang Ndlovu               | 13 | MDOL  | 24/11/2025 2025 Basa Senior Championships        |
| 197  | 39.68 | L     | F    | Amahle Mdlalose             | 13 | CSC   | 20/09/2025 EGA Summer 1 2025                     |
| 198  | 39.76 | L     | P    | Milla Da Silva              | 13 | CA    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 199  | 39.79 | L     | F    | Leah Wentzel                | 13 | MARL  | 30/01/2026 Infinity Gala 2026                    |
| 200  | 39.82 | L     | F    | Carlie van der Veen         | 13 | VRC   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 201  | 39.85 | L     | P    | Gemma Smith                 | 13 | SWIM1 | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 202  | 39.89 | L     | P    | Jessica Arenz               | 13 | SSISA | 04/12/2025 Western Cape LC-A Championship 20     |
| 203  | 39.93 | L     | F    | Sophia Hutchison            | 13 | GHSK  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 204  | 40.10 | L     | F    | Hester Janse van Rensburg   | 13 | BLS   | 13/02/2026 NW School Championships 2026          |
| 205  | 40.13 | L     | F    | Amore Breytenbach           | 13 | ESA   | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 206  | 40.16 | L     | F    | Ineke Van Maarleveld        | 13 | LPTBO | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 207  | 40.20 | L     | F    | Alexei Slabbert             | 13 | ASAC  | 29/11/2025 CTA B CHAMPS 2025                     |
| 208  | 40.21 | L     | F    | Cait Dawson                 | 13 | XCEL  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 209* | 40.26 | L     | P    | Dikgang Mokgele             | 13 | MAKO  | 04/12/2025 EGA Summer Championships 2025         |
| 209* | 40.26 | L     | F    | Destheonique Julius         | 13 | UPSK  | 30/03/2026 SA Level 2 Regional Age Group Cham    |
| 211  | 40.27 | L     | F    | Nabeeha Raja                | 13 | SHS   | 14/02/2026 BCSA School Trials 2026               |
| 212  | 40.29 | L     | P    | Mikayla Coleman             | 13 | TCA   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 213  | 40.31 | L     | P    | Marizelle Vermaak           | 13 | HREF  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 214  | 40.35 | L     | P    | Jaimey Shaw                 | 13 | ESTR  | 04/12/2025 EGA Summer Championships 2025         |
| 215  | 40.38 | L     | F    | Tahlia Roelofsz             | 13 | VHD   | 07/02/2026 KCDA Age Group 5 2026                 |
| 216  | 40.56 | L     | F    | Jenna Leppan                | 13 | AZON  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 217* | 40.57 | L     | P    | Lauren Kleinhans            | 13 | AA    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 217* | 40.57 | L     | F    | Zizopho Ginindza            | 13 | PAC   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 219  | 40.63 | L     | F    | Rebecca Osler               | 13 | PEAS  | 12/12/2025 NMBA Championships 2025               |
| 220  | 40.64 | L     | F    | Anye Brink                  | 13 | ESA   | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 221  | 40.67 | L     | P    | Margaret-Anne Pienaar       | 13 | DDA   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 222  | 40.74 | L     | F    | Kaitlyn Haynes-Smart        | 13 | VINE  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 223  | 41.03 | L     | F    | Nina Koen                   | 13 | FISH  | 08/11/2025 EDEN 3rd A-League Gala 2025           |
| 224  | 41.06 | L     | F    | Rebecca Osler               | 13 | VINE  | 15/11/2025 5th A League Gala 2025                |
| 225  | 41.08 | L     | F    | Luniko Manise               | 13 | WALM  | 06/02/2026 WCA-B Champs - 2026                   |
| 226  | 41.15 | L     | F    | Amy Jacobs                  | 13 | STSC  | 06/12/2025 Stingrays Champs 2025                 |
| 227  | 41.17 | L     | F    | Charné De Bruin             | 13 | TUKS  | 14/11/2025 NTS Level 3+ November Age Group G     |
| 228  | 41.19 | L     | F    | Emma Ristow                 | 13 | USC   | 12/12/2025 NMBA Championships 2025               |
| 229  | 41.27 | L     | P    | Alexianne Metzger           | 13 | SWIFT | 04/12/2025 EGA Summer Championships 2025         |
| 230  | 41.28 | L     | F    | Zanli Le Roux               | 13 | AGAQ  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 231* | 41.39 | L     | F    | Mieke Smit                  | 13 | UNI   | 07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025         |
| 231* | 41.39 | L     | P    | Phillipa Williams           | 13 | SOUL  | 04/12/2025 EGA Summer Championships 2025         |
| 233  | 41.44 | L     | F    | Kgalalelo Makoloi           | 13 | AZON  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 234* | 41.49 | L     | F    | Tamika Abbey                | 13 | PER   | 14/02/2026 CGA Last Chance                       |
| 234* | 41.49 | L     | P    | Alexia Smith                | 13 | WATR  | 27/11/2025 CGA Championships 2025                |
| 236  | 41.70 | L     | F    | Lia Schoeman                | 13 | RFA   | 28/02/2026 AG Level 1 Regional Competition 2026  |
| 237* | 41.74 | L     | F    | Areli Muyaka                | 13 | HARB  | 06/12/2025 NWS Championships 2025                |
| 237* | 41.74 | L     | F    | Abigail Langerman           | 13 | DORE  | 28/02/2026 CGA Challenge                         |
| 237* | 41.74 | L     | F    | Zoe Ngema                   | 13 | SGUL  | 03/10/2025 Curro AquaElite Gala                  |
| 240  | 41.94 | L     | P    | Suhanna White               | 13 | AQUA  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 241  | 41.99 | L     | F    | Liney Retief                | 13 | ELRAS | 28/11/2025 Limpopo Champs 2025                   |
| 242  | 42.03 | L     | F    | Kayla-Anne Walker           | 13 | CYBE  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 243  | 42.14 | L     | F    | Lara Van Veelen             | 13 | LSDWK | 31/01/2026 Limpopo School Champs & Limpopo A     |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr               |    |           |   |
|------|-------|-------|------|----------------------|----|-----------|---|
| 244  | 42.15 | L     | F    | Wilmie Fourie        | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi    |
| 245  | 42.19 | L     | F    | Taylor Ridgard       | 13 | NICOH NMA | 14/03/2026 Level 1 District Age Group Gala 2026 |
| 246  | 42.24 | L     | F    | Lethabo Nyandeni     | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 247  | 42.25 | L     | F    | Livia Vancoillie     | 13 | QSSC CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 248  | 42.33 | L     | F    | Qhayiya Sizani       | 13 | PAC TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 249  | 42.43 | L     | P    | Nadine Mutanga       | 13 | BEAV ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham   |
| 250  | 42.59 | L     | F    | Morgan Martins       | 13 | TASC MPD  | 25/10/2025 Limpopo Age Group 5 of 2025/26       |
| 251  | 42.66 | L     | F    | Delinda Faber        | 13 | AFIN JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |
| 252* | 42.80 | L     | P    | Ava Arde             | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025        |
| 252* | 42.80 | L     | F    | Ilé Ferreira         | 13 | TUKS TSH  | 23/01/2026 2026 NTS Sprint Gala                 |
| 254  | 42.97 | L     | F    | Shyla Lutchman       | 13 | VINE CPT  | 06/02/2026 WCA-B Champs - 2026                  |
| 255  | 43.09 | L     | F    | Dwa Kaone Magagula   | 13 | ELEC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 256  | 43.16 | L     | F    | Talia Grantham       | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 257* | 43.26 | L     | F    | Emily Van t Slot     | 13 | ANAX CPT  | 06/02/2026 WCA-B Champs - 2026                  |
| 257* | 43.26 | L     | P    | Lea Kotzé            | 13 | NWUC KKD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 259  | 43.31 | L     | F    | Taylor Kotzee        | 13 | GAA CPT   | 09/10/2025 44th Freda Barnard Invitational Gala |
| 260  | 43.46 | L     | F    | Zara Field           | 13 | CTO CPT   | 20/09/2025 CTA INVITATIONAL LC MEET             |
| 261  | 43.56 | L     | F    | Micaela Fourie       | 13 | NSAD EZD  | 13/09/2025 MP SPRINT 13 SEPTEMBER 2025          |
| 262  | 43.67 | L     | F    | Mijone Beyers        | 13 | CA EKU    | 20/09/2025 EGA Summer 1 2025                    |
| 263  | 43.76 | L     | F    | Leane Nel            | 13 | EXP TSH   | 23/01/2026 2026 NTS Sprint Gala                 |
| 264  | 43.80 | L     | P    | Eleftheria Synodinos | 13 | CASC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 265  | 43.90 | L     | F    | Mia Witbooi          | 13 | RETR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 266  | 44.25 | L     | F    | Chloe Timperley      | 13 | TRAZ TSH  | 23/01/2026 2026 NTS Sprint Gala                 |
| 267  | 44.30 | L     | F    | Liné Schoeman        | 13 | FISH EDD  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 268  | 44.39 | L     | F    | Mikayla Botes        | 13 | WAC EDD   | 22/11/2025 Eden LC Champs 2025                  |
| 269  | 44.52 | L     | F    | Alexa Steenkamp      | 13 | CPSC TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 270  | 44.58 | L     | F    | Aliana Stipec        | 13 | WAC EDD   | 24/01/2026 EDEN 4th A-League Gala 2026          |
| 271  | 44.85 | L     | F    | Izabella Botha       | 13 | BLMA CPT  | 22/11/2025 Swartland Prestige Gala 2025         |
| 272  | 44.87 | L     | F    | Charlie de Beer      | 13 | DRGN JHB  | 14/02/2026 CGA Last Chance                      |
| 273* | 45.15 | L     | P    | Bailey Maralik       | 13 | SFSA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 273* | 45.15 | L     | F    | Noluthando Nkosi     | 13 | NSAD EZD  | 13/09/2025 MP SPRINT 13 SEPTEMBER 2025          |
| 275  | 45.17 | L     | F    | Machayda Titus       | 13 | MARL CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 276  | 45.18 | L     | F    | Realeboga Kunene     | 13 | PER JHB   | 20/02/2026 CGA Level 1 and Level 2 Championsh   |
| 277  | 45.21 | L     | F    | Emily Louw           | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 278  | 45.42 | L     | F    | Lily Lucas           | 13 | UWCA CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 279  | 45.44 | L     | F    | Megan Sykes          | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 280* | 45.50 | L     | F    | Cara van Wyk         | 13 | BARR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 280* | 45.50 | L     | F    | Roxanne Coetzee      | 13 | GHS BPD   | 13/02/2026 NW School Championships 2026         |
| 282  | 46.02 | L     | F    | Morghan Posthumus    | 13 | WBAC CCD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 283  | 46.26 | L     | F    | Mia Benade           | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 284  | 46.27 | L     | F    | Relebohile Maduna    | 13 | PELIC MAN | 28/02/2026 FSA LEVEL 1 2026                     |
| 285  | 46.42 | L     | F    | Hiranya Moodley      | 13 | USH KCD   | 04/10/2025 KCDA Age Group Gala 1 2025           |
| 286  | 46.72 | L     | F    | Izeldi Van Niekerk   | 13 | LSPN MPD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 287  | 46.77 | L     | F    | Kaitlyn Swart        | 13 | CPSC TSH  | 23/01/2026 2026 NTS Sprint Gala                 |
| 288  | 46.85 | L     | F    | Amogelang Mamabolo   | 13 | HARB BPD  | 28/02/2026 NWS Last Chance 2026                 |
| 289  | 46.97 | L     | F    | Ava van der Mescht   | 13 | PEAS NMA  | 12/12/2025 NMBA Championships 2025              |
| 290  | 47.02 | L     | F    | Skyler Engelbrecht   | 13 | CAMBP BUF | 14/02/2026 BCSA School Trials 2026              |
| 291  | 47.03 | L     | P    | Mila Schutte         | 13 | QSSC CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 292  | 47.21 | L     | F    | Tiana Kalan          | 13 | WATR JHB  | 14/02/2026 CGA Last Chance                      |
| 293  | 47.27 | L     | F    | Alexis Visagie       | 13 | BEST NMA  | 12/12/2025 NMBA Championships 2025              |
| 294  | 47.46 | L     | F    | Elsa Massawe         | 13 | CA EKU    | 21/02/2026 EGA Lets Sprint Gala 2026            |
| 295  | 47.58 | L     | F    | Emlynn Hugo          | 13 | SWIFT EKU | 20/09/2025 EGA Summer 1 2025                    |
| 296  | 47.78 | L     | F    | Fredri Uys           | 13 | DDA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 297  | 47.87 | L     | F    | Haylee Julius        | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 298  | 48.16 | L     | F    | Mienke Grobler       | 13 | BULS MAN  | 10/10/2025 Super Seals Annual Gala              |
| 299  | 48.21 | L     | F    | Mia Du Toit          | 13 | QSSC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 300  | 48.28 | L     | F    | Sofia O'Leary        | 13 | MDOL JHB  | 14/02/2026 CGA Last Chance                      |
| 301  | 48.40 | L     | F    | Amogelang Kutu       | 13 | ECPS MPD  | 31/01/2026 Limpopo School Champs & Limpopo A    |
| 302  | 48.47 | L     | F    | Emihle Mnunu         | 13 | FRA KCD   | 31/01/2026 uShaka Champs 2026                   |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                            | Time        | P/F/S | Name                 | Age/Yr |           |            |  |
|----------------------------|-------------|-------|----------------------|--------|-----------|------------|--|
| 303                        | 48.69 L     | F     | Alexia Dippenaar     | 13     | BS LLD    | 23/08/2025 | KOVSIIE GALA                           |
| 304                        | 48.93 L     | F     | Maliyah Strydom      | 13     | SHS KK    | 14/02/2026 | BCSA School Trials 2026                |
| 305                        | 49.09 L     | F     | Annemi Loots         | 13     | SWAR WCD  | 21/02/2026 | Swartland Invitational Gala 2026       |
| 306                        | 49.32 L     | F     | Aaminah Spruit       | 13     | WEST CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala   |
| 307                        | 49.59 L     | P     | Emma Venter          | 13     | PSCP UMD  | 31/03/2026 | SA Level 2 Regional Age Group Cham     |
| 308                        | 49.97 L     | F     | Chloe Mkhabela       | 13     | CA EKU    | 20/09/2025 | EGA Summer 1 2025                      |
| 309                        | 50.70 L     | F     | Sarah-Leigh Phillips | 13     | TASC MPD  | 28/11/2025 | Limpopo Champs 2025                    |
| 310                        | 50.74 L     | F     | Riley Van Niekerk    | 13     | ESTR EKU  | 20/09/2025 | EGA Summer 1 2025                      |
| 311                        | 50.83 L     | F     | Mienke Pretorius     | 13     | UPSK ZMD  | 07/02/2026 | NC SPRINTS 2026                        |
| 312                        | 50.97 L     | F     | Carla Smith          | 13     | SEAL UMD  | 30/03/2026 | KZNA Level 1 Championships             |
| 313                        | 51.21 L     | F     | Genevieve Venter     | 13     | WSS LLD   | 14/11/2025 | Valsrivier Gala                        |
| 314                        | 51.31 L     | F     | Thatohatsi Masomba   | 13     | THOK EKU  | 28/02/2026 | AG Level 1 Regional Competition 2026   |
| 315                        | 51.90 L     | F     | Rifumo Mnisi         | 13     | CA EKU    | 31/01/2026 | EGA Last Chance Gala 2026              |
| 316                        | 52.42 L     | P     | Amy Erasmus          | 13     | EGA MAN   | 03/12/2025 | Free State Champs 2025                 |
| 317                        | 52.84 L     | P     | Tsakile Mahumane     | 13     | UNI EZD   | 05/12/2025 | Mpumalanga Championships 2025          |
| 318                        | 52.91 L     | F     | Ella Venter          | 13     | ROA EDD   | 04/10/2025 | EDEN 1st A-League Gala 2025            |
| 319                        | 53.06 L     | F     | Ikageng Moloko       | 13     | TUKS TSH  | 28/02/2026 | AG Level 1 Regional Competition 2026   |
| 320                        | 53.10 L     | F     | Nyandano Madaba      | 13     | FAC EKU   | 28/02/2026 | AG Level 1 Regional Competition 2026   |
| 321                        | 54.24 L     | P     | Mpilenhle Dladla     | 13     | CSA EZD   | 05/12/2025 | Mpumalanga Championships 2025          |
| 322                        | 54.48 L     | F     | Okuhle Zungu         | 13     | USH KCD   | 22/11/2025 | KCDA Age Group 3 2025                  |
| 323                        | 54.52 L     | F     | Rebecca Lawlor       | 13     | SHS KK    | 14/02/2026 | BCSA School Trials 2026                |
| 324                        | 54.55 L     | P     | Reatile Moshoke      | 13     | VALS FDD  | 03/12/2025 | Free State Champs 2025                 |
| 325                        | 54.66 L     | F     | Buhle Sibisi         | 13     | USC BUF   | 12/12/2025 | NMBA Championships 2025                |
| 326                        | 55.10 L     | F     | Khanyisa Mqeke       | 13     | WELA LLD  | 28/02/2026 | FSA LEVEL 1 2026                       |
| 327                        | 55.63 L     | F     | Nina Engelbrecht     | 13     | UPSK ZMD  | 21/02/2026 | AGE GROUP 6 UPT 2026 - copied          |
| 328                        | 55.72 L     | P     | Retshepile Phalafala | 13     | MDOL JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham     |
| 329                        | 55.83 L     | F     | Muazza Dawood        | 13     | ATLA JHB  | 14/02/2026 | CGA Last Chance                        |
| 330                        | 55.98 L     | P     | Tshiamo Mlangeni     | 13     | UNI EZD   | 05/12/2025 | Mpumalanga Championships 2025          |
| 331                        | 56.81 L     | F     | Nokubonga Buda       | 13     | ESP EKU   | 26/03/2026 | SA Level 3 Regional Age Group Cham     |
| 332                        | 56.83 L     | P     | Penelope Mullineux   | 13     | AASC EZD  | 05/12/2025 | Mpumalanga Championships 2025          |
| 333                        | 57.49 L     | F     | Nika Smit            | 13     | BS LLD    | 10/10/2025 | Super Seals Annual Gala                |
| 334                        | 58.36 L     | F     | Anathi Qamba         | 13     | FAC EKU   | 20/09/2025 | EGA Summer 1 2025                      |
| 335                        | 58.65 L     | F     | Larike Van Heerden   | 13     | SWIMS EKU | 28/02/2026 | AG Level 1 Regional Competition 2026   |
| 336                        | 59.15 L     | F     | Almaaz Plaatjies     | 13     | WEST CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala   |
| 337                        | 1:00.56 L   | F     | Katia Cerone         | 13     | HAAG UTD  | 08/11/2025 | UThukela Age Group Gala 2              |
| 338                        | 1:01.05 L   | F     | Leanolaona Molosi    | 13     | UPSK ZMD  | 21/02/2026 | AGE GROUP 6 UPT 2026 - copied          |
| 339                        | 1:04.58 L   | F     | Emily Anderson       | 13     | WAL EDD   | 08/11/2025 | EDEN 3rd A-League Gala 2025            |
| 340                        | 1:10.04 L   | F     | Khumo Goeieman       | 13     | KALA      | 31/10/2025 | UPINGTON PRESTIGE GALA 2025            |
| 341                        | 1:16.15 L   | F     | Phiwokuhle Sibisi    | 13     | USH KCD   | 31/01/2026 | uShaka Champs 2026                     |
| 342                        | 1:20.20 L   | F     | Kate Scott           | 13     | UHS NMA   | 14/03/2026 | Level 1 District Age Group Gala 2026   |
| 343                        | 1:20.60 L   | F     | Elethu Maqabangqa    | 13     | KHAY CPT  | 09/10/2025 | 44th Freda Barnard Invitational Gala   |
| <b>Women 13-14 100 Fly</b> |             |       |                      |        |           |            |  |
| 1                          | 1:08.49 L S | F     | Wilhelmina Erasmus   | 13     | ELRAS WBD | 21/03/2026 | Sa National JNR Age Group Champs-2     |
| 2                          | 1:08.96 L S | F     | Shalea Hamilton      | 13     | BEST NMA  | 21/03/2026 | Sa National JNR Age Group Champs-2     |
| 3                          | 1:09.12 L   | F     | Emma Van Deventer    | 13     | WSTV ETH  | 18/12/2025 | KZN Premier Provincial Championship    |
| 4                          | 1:09.73 L   | P     | Shiloh Cruywagen     | 13     | SEAL UMD  | 18/12/2025 | KZN Premier Provincial Championship    |
| 5                          | 1:09.78 L   | F     | Aqeelah Williams     | 13     | WCS       | 24/04/2026 | SA Schools Swimming Championship       |
| 6                          | 1:10.35 L S | F     | Mikayla Oliver       | 13     | PAC TSH   | 21/03/2026 | Sa National JNR Age Group Champs-2     |
| 7                          | 1:10.44 L   | P     | Ava Bosch            | 13     | DRGN JHB  | 20/02/2026 | 2026 Grand Prix 2 Invitational Meet -N |
| 8                          | 1:10.58 L S | F     | Arya De Sousa        | 13     | TRAZ TSH  | 21/03/2026 | Sa National JNR Age Group Champs-2     |
| 9                          | 1:11.28 L   | F     | Jade Chilisa         | 13     | TUKS TSH  | 22/11/2025 | 20th UBSC Swimming Gala                |
| 10                         | 1:12.03 L   | P     | Juliette Hosatte     | 13     | INFA NMA  | 06/02/2026 | Dubai Open Swimming Championship       |
| 11                         | 1:12.14 L S | P     | Riley Haupt          | 13     | CA EKU    | 21/03/2026 | Sa National JNR Age Group Champs-2     |
| 12                         | 1:12.52 L   | F     | Mienke Kok           | 13     | INFA NMA  | 30/01/2026 | Infinity Gala 2026                     |
| 13                         | 1:12.94 L S | F     | Annabel Meyer        | 13     | BULS MAN  | 03/12/2025 | Free State Champs 2025                 |
| 14                         | 1:13.06 L   | F     | Oyama Baqwa          | 13     | SGUL ETH  | 04/12/2025 | EGA Summer Championships 2025          |
| 15                         | 1:13.15 L S | F     | Mikayla Wilensky     | 13     | ASAC CPT  | 21/03/2026 | Sa National JNR Age Group Champs-2     |
| 16                         | 1:13.24 L   | F     | Jadine Grobler       | 13     | LP CCD    | 24/04/2026 | SA Schools Swimming Championship       |
| 17                         | 1:13.39 L S | F     | Morgan Butterworth   | 13     | AQX       | 31/01/2026 | SC-2nd Competitive Swimming Cham       |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|-----|---------|-------|------|------------------------|----|-----------|--|
| 18  | 1:13.69 | L     | F    | Kirsten Cupido         | 13 | CYBE CPT  | 14/02/2026 CTA Elite Gala (L3+)                  |
| 19  | 1:13.76 | L     | F    | Mikaela Lotz           | 13 | PAC TSH   | 10/12/2025 NTS Championships 2025                |
| 20  | 1:14.11 | L     | F    | Brooklyn Terwin        | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 21  | 1:14.22 | L     | F    | Kara De Wit            | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2026    |
| 22  | 1:14.60 | L     | F    | Senzelwe Mwandla       | 13 | USHPM UMD | 21/02/2026 KZN Schools Trials 2026               |
| 23  | 1:14.84 | L     | F    | Emma De Smidt          | 13 | AQDO CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 24  | 1:15.00 | L     | F    | Samantha Wilson        | 13 | INFA NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 25* | 1:15.04 | L     | F    | Mikayla Jordaan        | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 25* | 1:15.04 | L     | F    | Emily Koegelenberg     | 13 | XCEL CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 27  | 1:16.53 | L     | F    | Liane Van Zyl          | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copy     |
| 28  | 1:16.64 | L     | P    | Libby Ritchie          | 13 | PSCP UMD  | 18/12/2025 KZN Premier Provincial Championship   |
| 29  | 1:17.10 | L     | F    | Paige Schutze-Langston | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 30  | 1:17.31 | L     | F    | Kayla Gerber           | 13 | STAQ CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 31  | 1:17.56 | L S   | F    | Christie Snyders       | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                |
| 32  | 1:17.75 | L S   | P    | Anna Horn              | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 33  | 1:17.99 | L     | F    | Chenique Kooi          | 13 | TUKS TSH  | 10/12/2025 NTS Championships 2025                |
| 34  | 1:18.01 | L     | P    | Ruvarashe Chibharo     | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 35  | 1:18.86 | L     | P    | Ayvah Jacob            | BR | VASA EKU  | 04/12/2025 EGA Summer Championships 2025         |
| 36  | 1:18.98 | L     | F    | Alivia Nel             | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 37  | 1:19.29 | L     | P    | Marni Snyman           | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship      |
| 38  | 1:19.32 | L     | F    | Alexis De Witt         | 13 | TUKS TSH  | 14/11/2025 NTS Level 3+ November Age Group G     |
| 39  | 1:19.42 | L     | F    | Sisanda Palframan      | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 40  | 1:19.48 | L     | F    | Alessia Barthus        | 13 | MANT CPT  | 14/02/2026 CTA Elite Gala (L3+)                  |
| 41  | 1:19.58 | L     | F    | Anja Boshoff           | 13 | TYGE CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 42  | 1:19.71 | L     | F    | Alexis Visser          | 13 | MAKO EKU  | 04/12/2025 EGA Summer Championships 2025         |
| 43  | 1:19.93 | L     | F    | Kathryn Nolan          | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 44  | 1:20.24 | L     | F    | Lize De Wet            | 13 | HMER MPD  | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 45  | 1:20.69 | L     | F    | Kate Cheshire          | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 46  | 1:20.75 | L     | P    | Mia Van de Vyver       | 13 | ESA CED   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 47  | 1:20.84 | L     | P    | Alexis Kalapac         | 13 | SLAQ CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 48  | 1:20.89 | L S   | F    | Oyama Tuta             | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025                |
| 49* | 1:21.49 | L     | P    | Lene Klopper           | 13 | QSSC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 49* | 1:21.49 | L     | F    | Emily Hengst           | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 51  | 1:21.54 | L S   | P    | Mali Louw              | 13 | PLAY CED  | 04/12/2025 Western Cape LC-A Championship 20     |
| 52  | 1:21.56 | L     | F    | Imme Wolfaardt         | 13 | LALE CED  | 21/02/2026 Swartland Invitational Gala 2026      |
| 53  | 1:21.57 | L     | F    | Mignon Swart           | 13 | UNI EZD   | 05/12/2025 Mpumalanga Championships 2025         |
| 54  | 1:21.90 | L     | F    | Amelie Billson         | 13 | CASC CPT  | 03/10/2025 Curro AquaElite Gala                  |
| 55  | 1:21.99 | L S   | P    | Zara Lockitch          | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-2    |
| 56  | 1:22.02 | L     | F    | Sarah Schofield        | 13 | AADUB ETH | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 57  | 1:22.03 | L S   | P    | Jada Hendricks         | 13 | CASC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 58  | 1:22.08 | L     | P    | Hlumisa Mfabe          | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 59  | 1:22.38 | L S   | P    | Jasmine Woodburn       | 13 | MDOL JHB  | 21/03/2026 Sa National JNR Age Group Champs-2    |
| 60  | 1:22.76 | L     | P    | Zahraa Essack          | 13 | ATLA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 61  | 1:22.80 | L     | F    | Micah Gomes            | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 62  | 1:22.81 | L     | P    | Zarah Matthee          | 13 | UWCA CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 63  | 1:22.85 | L S   | F    | Carinke Wessels        | 13 | BLOT MAN  | 03/12/2025 Free State Champs 2025                |
| 64  | 1:23.22 | L S   | F    | Zara Jantjies          | 13 | MANT CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 65  | 1:23.44 | L     | F    | Jazmin Anthony         | 13 | PAQU CED  | 22/11/2025 Swartland Prestige Gala 2025          |
| 66  | 1:23.59 | L     | F    | Caitlin McDowell       | 13 | ESP EKU   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 67  | 1:23.85 | L     | F    | Hope Churchman         | 13 | SEAL UMD  | 15/11/2025 KZN Junior Championships 2025         |
| 68  | 1:23.88 | L     | F    | Georgia Sabbagha       | 13 | PAQU CED  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 69  | 1:23.91 | L     | F    | Leah Du Plessis        | 13 | PEAS NMA  | 30/01/2026 Infinity Gala 2026                    |
| 70  | 1:23.96 | L     | F    | Bonaventure Makore     | 13 | ASAC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 71  | 1:24.17 | L     | F    | Sarah-Kate Odendaal    | 13 | QSSC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 72  | 1:24.56 | L     | F    | Taylor Ten Napel       | 13 | BEAV ETH  | 31/01/2026 uShaka Champs 2026                    |
| 73  | 1:24.65 | L S   | P    | Gia Newkirk            | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-2    |
| 74  | 1:24.77 | L     | F    | Ella Kalp              | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 75  | 1:24.87 | L     | F    | Inge Du Plessis        | 13 | SS MPD    | 28/11/2025 Limpopo Champs 2025                   |
| 76  | 1:25.53 | L     | P    | Rebecca Joubert        | 13 | INFA NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |           |  |
|------|---------|-------|------|-----------------------|----|-----------|--|
| 77   | 1:25.69 | L     | F    | Lily Hoar             | 13 | KLOO ETH  | 31/01/2026 uShaka Champs 2026                    |
| 78   | 1:25.80 | L     | F    | Lumka Zamisa          | 13 | HREF BPD  | 26/03/2026 SA Level 3 Regional Age Group Cham    |
| 79*  | 1:25.86 | L     | F    | Laila van Antwerpen   | 13 | PAC TSH   | 28/06/2025 PEA Winter Gala 2025                  |
| 79*  | 1:25.86 | L     | F    | Milani Butau          | 13 | BEST NMA  | 19/07/2025 1st A League Gala 2025                |
| 81   | 1:25.90 | L     | F    | Khalalelo Ratlhogo    | 13 | ESP EKU   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 82   | 1:25.91 | L     | P    | Jovanah McGluwa       | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 83   | 1:26.11 | L     | P    | Amelia-Rose Schutzler | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 84   | 1:26.52 | L     | P    | Elizabeth Willemse    | 13 | VHD ZLD   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 85   | 1:26.69 | L     | F    | Nokutenda Tembo       | 13 | KNYA EDD  | 22/11/2025 Eden LC Champs 2025                   |
| 86   | 1:26.95 | L     | P    | Grace Julies          | 13 | XCEL CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 87   | 1:27.42 | L     | F    | Olivia Meyburgh       | 13 | CA EKU    | 22/11/2025 EGA Summer 3 & 4                      |
| 88   | 1:27.89 | L     | F    | Annabel Van Reenen    | 13 | ACSA ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 89   | 1:27.91 | L     | F    | Dione Smit            | 13 | CASC CPT  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 90   | 1:27.94 | L     | P    | Nicoline Du Preez     | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025                |
| 91   | 1:28.16 | L     | F    | Cayleigh Machill      | 13 | BARA EKU  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 92   | 1:29.33 | L     | P    | Scarlett Garassino    | 13 | SASE JHB  | 27/11/2025 CGA Championships 2025                |
| 93   | 1:29.75 | L     | P    | Karla Wolmarans       | 13 | NC FBD    | 24/04/2026 SA Schools Swimming Championship      |
| 94   | 1:30.46 | L     | F    | Katelyn Naidoo        | 13 | MAKO EKU  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 95   | 1:30.69 | L     | F    | Sky Eyssen            | 13 | MANT CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 96   | 1:30.76 | L     | F    | Danika Steyn          | 13 | KSC EZD   | 05/12/2025 Mpumalanga Championships 2025         |
| 97   | 1:30.84 | L     | F    | Mia Smit              | 13 | KPA EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 98   | 1:30.87 | L     | P    | Malin Swart           | 13 | USC BUF   | 30/01/2026 Infinity Gala 2026                    |
| 99   | 1:30.93 | L     | F    | Leah Wentzel          | 13 | MARL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 100  | 1:31.33 | L     | F    | Lerina Thomas         | 13 | SWAR WCD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 101  | 1:31.35 | L     | F    | Ziane Drenth          | 13 | AWIN TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 102  | 1:31.48 | L     | F    | Laila Christie        | 13 | USC BUF   | 24/01/2026 BCA January Age Group Gala 2026       |
| 103  | 1:32.36 | L S   | F    | Gabriella Bengell     | 13 | BLNE MAN  | 03/12/2025 Free State Champs 2025                |
| 104  | 1:32.41 | L     | F    | Trinity Baty          | 13 | CA EKU    | 22/11/2025 EGA Summer 3 & 4                      |
| 105* | 1:33.27 | L     | F    | Leandi Liebenberg     | 13 | LSTZN CCD | 31/01/2026 Limpopo School Champs & Limpopo A     |
| 105* | 1:33.27 | L     | F    | Hlelo Mtwa            | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 107  | 1:33.53 | L     | F    | Kenna Lilley          | 13 | TYGE CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 108  | 1:33.60 | L     | F    | Catharina Coetzer     | 13 | QSSC CPT  | 06/02/2026 WCA-B Champs - 2026                   |
| 109  | 1:33.80 | L S   | F    | Rorisang Monareng     | 13 | BLNE MAN  | 03/12/2025 Free State Champs 2025                |
| 110  | 1:33.90 | L     | P    | Esmé Bowes            | 13 | TUKS TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 111  | 1:33.93 | L     | F    | Kayla-Anne Walker     | 13 | CYBE CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 112  | 1:34.52 | L     | F    | Mercy Theu            | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025        |
| 113  | 1:34.63 | L     | F    | Summer Moonsamy       | 13 | BEAV ETH  | 21/02/2026 KZN Schools Trials 2026               |
| 114  | 1:34.74 | L     | F    | Nadelija Pillay       | 13 | VHD ZLD   | 07/02/2026 KCDA Age Group 5 2026                 |
| 115  | 1:34.84 | L     | F    | Mienke Gerber         | 13 | FISH EDD  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 116  | 1:35.51 | L     | F    | Marizelle Vermaak     | 13 | HSH BP    | 13/02/2026 NW School Championships 2026          |
| 117  | 1:35.56 | L S   | P    | Luisa Kimani          | 13 | CYBE CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 118  | 1:35.96 | L     | F    | Willow Makwakwa       | 13 | TUKS TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 119  | 1:36.18 | L     | F    | Dominic De Jager      | 13 | USH KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 120  | 1:36.19 | L     | F    | Mupindiishe Msipa     | 13 | MDOL JHB  | 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 121  | 1:36.32 | L     | F    | Alexia Dippenaar      | 13 | BS LLD    | 24/10/2025 Neptunes Gala                         |
| 122  | 1:37.39 | L     | F    | Annabella Venter      | 13 | VRC TSH   | 14/11/2025 NTS Level 3+ November Age Group G     |
| 123  | 1:37.42 | L     | F    | Taylynn Boshoff       | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202     |
| 124  | 1:37.79 | L     | F    | Gemma Smith           | 13 | SWIM1 JHB | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 125  | 1:38.23 | L     | F    | Zizipho Ginindza      | 13 | PAC TSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 126  | 1:38.46 | L     | F    | Juno Bouwer           | 13 | CASC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 127  | 1:39.19 | L     | F    | Lia van Heerden       | 13 | BS LLD    | 24/10/2025 Neptunes Gala                         |
| 128  | 1:39.32 | L     | F    | Zoe Ngema             | 13 | SGUL ETH  | 03/10/2025 Curro AquaElite Gala                  |
| 129  | 1:39.82 | L     | F    | Clara Duvenage        | 13 | CA EKU    | 22/11/2025 EGA Summer 3 & 4                      |
| 130  | 1:40.74 | L     | P    | Jana Booysen          | 13 | CUHE OBD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 131  | 1:40.78 | L     | P    | Jaimey Shaw           | 13 | ESTR EKU  | 04/12/2025 EGA Summer Championships 2025         |
| 132  | 1:41.14 | L     | P    | Le-May Van Zyl        | 13 | ELRAS WBD | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 133  | 1:41.32 | L     | F    | Sophie Kretzmann      | 13 | USC BUF   | 28/11/2025 BCA Long Course Championships 202     |
| 134  | 1:41.39 | L     | F    | Emma Grobler          | 13 | HAAG JTD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 135  | 1:41.62 | L     | F    | Lethabo Nyandeni      | 13 | TUKS TSH  | 28/02/2026 AG Level 1 Regional Competition 2026  |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                      |    |           |   |
|-----|---------|-------|------|-----------------------------|----|-----------|---|
| 136 | 1:42.63 | L     | F    | Ella Adams                  | 13 | CASC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 137 | 1:43.79 | L     | F    | Machayda Titus              | 13 | MARL CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet     |
| 138 | 1:44.82 | L     | F    | Ilé Ferreira                | 13 | TUKS FSH  | 27/02/2026 NTS Level 3+ February Age Group Ga   |
| 139 | 1:45.83 | L     | F    | Charlie de Beer             | 13 | DRGN JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 140 | 1:47.15 | L     | F    | Grizelda Janse van Rensburg | 13 | BLS KK    | 13/02/2026 NW School Championships 2026         |
| 141 | 1:47.31 | L     | F    | Izeldi Van Niekerk          | 13 | DOLFI MPD | 28/11/2025 Limpopo Champs 2025                  |
| 142 | 1:47.33 | L     | F    | Noluthando Nkosi            | 13 | NSAD EZD  | 05/12/2025 Mpumalanga Championships 2025        |
| 143 | 1:49.06 | L     | P    | Cara van Wyk                | 13 | BARR CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 144 | 1:49.36 | L     | P    | Areli Muyaka                | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025               |
| 145 | 1:49.53 | L     | F    | Liney Retief                | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                  |
| 146 | 1:49.56 | L     | F    | Maliyah Strydom             | 13 | USC BUF   | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 147 | 1:49.98 | L     | P    | Dikgang Mokgele             | 13 | MAKO EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 148 | 1:51.08 | L     | F    | Taylor Kotzee               | 13 | GAA CPT   | 09/10/2025 44th Freda Barnard Invitational Gala |
| 149 | 1:53.82 | L     | F    | Mia Benade                  | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 150 | 1:56.12 | L     | F    | Sofia O'Leary               | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025       |
| 151 | 1:56.63 | L     | F    | Amogelang Mamabolo          | 13 | HSH BP    | 13/02/2026 NW School Championships 2026         |
| 152 | 1:58.86 | L     | F    | Mia Witbooi                 | 13 | RETR CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 153 | 2:05.11 | L     | F    | Milena-Marie Jacobs         | 13 | HSB BP    | 13/02/2026 NW School Championships 2026         |
| 154 | 2:06.78 | L     | F    | Ikgeng Moloko               | 13 | TUKS FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 155 | 2:25.52 | L     | F    | Katia Cerone                | 13 | HAAG UTD  | 08/11/2025 UThukela Age Group Gala 2            |

### Women 13-14 200 Fly

|    |         |   |   |                    |    |           |   |
|----|---------|---|---|--------------------|----|-----------|---|
| 1* | 2:34.88 | L | F | Juliette Hosatte   | 13 | INFA NMA  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 1* | 2:34.88 | L | F | Wilhelmina Erasmus | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship     |
| 3  | 2:35.24 | L | F | Shiloh Cruywagen   | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship  |
| 4  | 2:36.70 | L | F | Shalea Hamilton    | 13 | BEST NMA  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 5  | 2:40.59 | L | F | Aqeelah Williams   | 13 | UWCA CPT  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 6  | 2:44.41 | L | F | Emma Van Deventer  | 13 | WSTV ETH  | 18/12/2025 KZN Premier Provincial Championship  |
| 7  | 2:47.39 | L | F | Oyama Baqwa        | 13 | SGUL ETH  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 8  | 2:48.01 | L | F | Kirsten Cupido     | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 9  | 2:53.91 | L | F | Anna Horn          | 13 | XCEL CPT  | 14/11/2025 Winelands SL4 November 2025 & Sch    |
| 10 | 2:55.81 | L | F | Anja Boshoff       | 13 | TYGE CPT  | 14/02/2026 CTA Elite Gala (L3+)                 |
| 11 | 2:57.00 | L | F | Arya De Sousa      | 13 | TRAZ FSH  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 12 | 2:59.32 | L | F | Zara Lockitch      | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 13 | 3:00.72 | L | F | Liane Van Zyl      | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                      |
| 14 | 3:01.37 | L | F | Ruvarashe Chibharo | 13 | CASC CPT  | 21/03/2026 Sa National JNR Age Group Champs-;   |
| 15 | 3:06.12 | L | F | Alivia Nel         | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 16 | 3:08.82 | L | F | Jada Hendricks     | 13 | CASC CPT  | 20/09/2025 CTA INVITATIONAL LC MEET             |
| 17 | 3:09.52 | L | F | Ava Bosch          | 13 | DRGN JHB  | 27/11/2025 CGA Championships 2025               |
| 18 | 3:12.57 | L | F | Emily Koegelenberg | 13 | XCEL CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 19 | 3:13.26 | L | F | Libby Ritchie      | 13 | PSCP UMD  | 18/12/2025 KZN Premier Provincial Championship  |
| 20 | 3:17.61 | L | F | Senzelwe Mwandla   | 13 | USHPM UMD | 31/01/2026 uShaka Champs 2026                   |
| 21 | 3:19.75 | L | F | Micah Gomes        | 13 | TUKS FSH  | 25/10/2025 Zasu 1st League OYDC 2025-26         |
| 22 | 3:23.19 | L | F | Zahraa Essack      | 13 | ATLA JHB  | 27/11/2025 CGA Championships 2025               |
| 23 | 3:34.38 | L | F | Oyama Tuta         | 13 | PELIC MAN | 05/09/2025 Bullsharks Gala                      |
| 24 | 3:42.65 | L | F | Cayleigh Machill   | 13 | BARA EKU  | 31/01/2026 EGA Last Chance Gala 2026            |
| 25 | 3:43.10 | L | F | Leah Wentzel       | 13 | MARL CPT  | 09/10/2025 44th Freda Barnard Invitational Gala |
| 26 | 3:44.06 | L | F | Kate Cheshire      | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025               |
| 27 | 3:45.80 | L | F | Zarah Matthee      | 13 | UWCA CPT  | 28/06/2025 PEA Winter Gala 2025                 |
| 28 | 3:49.84 | L | F | Gabriella Bengell  | 13 | BLNE MAN  | 26/09/2025 Pelicans Gala..                      |
| 29 | 3:53.63 | L | F | Katelyn Naidoo     | 13 | MAKO EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 30 | 3:53.70 | L | F | Karla Wolmarans    | 13 | UPSK ZMD  | 21/02/2026 AGE GROUP 6 UPT 2026 - copied        |
| 31 | 4:14.71 | L | F | Cara van Wyk       | 13 | BARR CPT  | 22/11/2025 Swartland Prestige Gala 2025         |

### Women 13-14 200 IM

|   |         |   |   |                 |    |          |   |
|---|---------|---|---|-----------------|----|----------|---|
| 1 | 2:32.49 | L | F | Shalea Hamilton | 13 | BEST NMA | 12/12/2025 NMBA Championships 2025                |
| 2 | 2:35.66 | L | F | Mikaela Lotz    | 13 | PAC FSH  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 3 | 2:37.14 | L | F | Ajsa Gelencser  | 13 | KIS CE   | 13/02/2026 Winelands SL Fin - February 2026 - cc  |
| 4 | 2:37.19 | L | P | Ava Bosch       | 13 | DRGN JHB | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 5 | 2:37.63 | L | F | Anja Boshoff    | 13 | TYGE CPT | 21/03/2026 Sa National JNR Age Group Champs-;     |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                      |    |           |   |
|-----|---------|-------|------|-----------------------------|----|-----------|---|
| 6   | 2:37.77 | L     | F    | Anna Horn                   | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20      |
| 7   | 2:39.40 | L     | P    | Aqeelah Williams            | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship       |
| 8   | 2:39.50 | L     | P    | Megan Jacobs                | 13 | WSTV ETH  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 9   | 2:40.41 | L     | P    | Emma Van Deventer           | 13 | WSTV ETH  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 10  | 2:40.72 | L     | F    | Morgan Butterworth          | 13 | AQX       | 12/12/2025 ADInternational Swimming Champions     |
| 11  | 2:41.61 | L     | F    | Nina Pieterse               | 13 | PEAS NMA  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 12  | 2:42.03 | L     | F    | Evie du Plessis             | 13 | BLOT MAN  | 20/09/2025 Welkom Seals Gala                      |
| 13  | 2:42.07 | L     | F    | Chenique Kooi               | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship       |
| 14  | 2:42.18 | L     | F    | Mignon Swart                | 13 | MP EZD    | 24/04/2026 SA Schools Swimming Championship       |
| 15  | 2:42.40 | L     | F    | Ineke Van Maarleveld        | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship       |
| 16  | 2:42.59 | L     | F    | Jade Chilisa                | 13 | TUKS FSH  | 25/10/2025 BSSA 3rd League Gala 2025              |
| 17  | 2:42.88 | L     | P    | Laila Christie              | 13 | USC BUF   | 21/03/2026 Sa National JNR Age Group Champs-      |
| 18  | 2:42.89 | L     | P    | Katherine Harrop-Allin      | 13 | CSC FSH   | 21/03/2026 Sa National JNR Age Group Champs-      |
| 19  | 2:43.26 | L     | P    | Carinke Wessels             | 13 | BLOT MAN  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 20  | 2:43.37 | L     | P    | Barcelona Xaba              | 13 | SASE JHB  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 21  | 2:43.52 | L     | P    | Oyama Baqwa                 | 13 | SGUL ETH  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 22  | 2:43.69 | L     | P    | Lize De Wet                 | 13 | SS MPD    | 21/03/2026 Sa National JNR Age Group Champs-      |
| 23  | 2:44.53 | L     | P    | Arya De Sousa               | 13 | TRAZ FSH  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 24  | 2:44.85 | L     | F    | Jasmine Woodburn            | 13 | MDOL JHB  | 06/02/2026 Crusaders & CGA Night Gala             |
| 25  | 2:45.42 | L S   | F    | Jessica Jansen van Vuuren   | 13 | SEAL UMD  | 18/12/2025 KZN Premier Provincial Championship    |
| 26  | 2:45.50 | L     | F    | Wilhelmina Erasmus          | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                    |
| 27  | 2:45.66 | L     | F    | Riley Haupt                 | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025          |
| 28  | 2:46.88 | L     | F    | Brooklyn Terwin             | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 29  | 2:46.89 | L     | P    | Juliette Hosatte            | 13 | INFA NMA  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 30  | 2:47.03 | L     | F    | Shiloh Cruywagen            | 13 | SEAL UMD  | 15/11/2025 KZN Junior Championships 2025          |
| 31* | 2:47.07 | L     | F    | Amber Spence                | 13 | ELEC FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 31* | 2:47.07 | L     | P    | Kirsten Cupido              | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 33  | 2:47.27 | L     | F    | Mattae Morel                | 13 | CA EKU    | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 34* | 2:47.54 | L     | P    | Gia Heldsinger              | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20      |
| 34* | 2:47.54 | L S   | F    | Mikayla Oliver              | 13 | PAC FSH   | 10/12/2025 NTS Championships 2025                 |
| 36  | 2:47.56 | L     | F    | Emily Koegelenberg          | 13 | XCEL CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 37  | 2:47.57 | L     | P    | Annabel Meyer               | 13 | BULS MAN  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 38* | 2:47.65 | L     | P    | Ayvah Jacob                 | BR | VASA EKU  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 38* | 2:47.65 | L     | P    | Ruvarashe Chibharo          | 13 | CASC CPT  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 40  | 2:47.72 | L     | F    | Jadine Grobler              | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship       |
| 41  | 2:47.98 | L     | F    | Mieke Oosthuizen            | 13 | HPS FSH   | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 42  | 2:48.21 | L     | P    | Taylor Ten Napel            | 13 | BEAV ETH  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 43  | 2:48.33 | L     | P    | Laila van Antwerpen         | 13 | PAC FSH   | 21/03/2026 Sa National JNR Age Group Champs-      |
| 44  | 2:48.59 | L     | P    | Namangolwa Semenova         | 13 | TUKS FSH  | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 45  | 2:48.71 | L     | F    | Kathryn Nolan               | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                 |
| 46  | 2:48.93 | L     | F    | Alivia Nel                  | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                 |
| 47  | 2:49.26 | L     | F    | Danica Marrier D'Unienville | 13 | KLOO ETH  | 21/02/2026 KZN Schools Trials 2026                |
| 48  | 2:49.33 | L     | F    | Imme Wolfaardt              | 13 | LALE CED  | 21/02/2026 Swartland Invitational Gala 2026       |
| 49  | 2:49.45 | L     | P    | Noa Sebastiao               | 13 | TUKS FSH  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 50  | 2:49.60 | L     | P    | Zara Lockitch               | 13 | CYBE CPT  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 51  | 2:49.96 | L     | F    | Elizabeth Roth              | 13 | CHSA CPT  | 28/02/2026 Eastern Cape School Provincial Trials  |
| 52  | 2:51.07 | L S   | P    | Libby Ritchie               | 13 | PSCP UMD  | 18/12/2025 KZN Premier Provincial Championship    |
| 53  | 2:51.13 | L     | P    | Grace Julies                | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20      |
| 54  | 2:52.27 | L     | F    | Mikayla Wilensky            | 13 | ASAC CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet       |
| 55  | 2:52.36 | L     | F    | Caitlin Barnes              | 13 | SAAW CPT  | 01/11/2025 CTA District A CHAMPS 2025             |
| 56  | 2:52.46 | L     | F    | Hope Churchman              | 13 | WSTV ETH  | 21/02/2026 KZN Schools Trials 2026                |
| 57  | 2:52.51 | L     | P    | Charné De Bruin             | 13 | TUKS FSH  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 58  | 2:52.83 | L     | F    | Kate Cheshire               | 13 | MDOL JHB  | 26/03/2026 SA Level 3 Regional Age Group Chan     |
| 59* | 2:53.00 | L     | F    | Alexis Visser               | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2026     |
| 59* | 2:53.00 | L     | F    | Milani Butau                | 13 | BEST NMA  | 12/12/2025 NMBA Championships 2025                |
| 61  | 2:53.21 | L     | P    | Gia Newkirk                 | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-      |
| 62  | 2:54.01 | L     | F    | Isabella Vreenegoor         | 13 | GAU JHB   | 30/01/2026 Gauteng Schools Championships 2026     |
| 63  | 2:54.09 | L     | P    | Alexis Kalapac              | 13 | SLAQ CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan     |
| 64  | 2:54.16 | L     | F    | Taylor-Rose Botes           | 13 | CA EKU    | 26/03/2026 SA Level 3 Regional Age Group Chan     |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|-----|---------|-------|------|------------------------|----|-----------|--|
| 65  | 2:54.32 | L     | F    | Zarah Mathee           | 13 | UWCA CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 66  | 2:54.37 | L     | F    | Lia van Heerden        | 13 | BS LLD    | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 67  | 2:54.74 | L     | F    | Christie Snyders       | 13 | VALS FDD  | 03/12/2025 Free State Champs 2025                |
| 68  | 2:54.79 | L     | F    | Sisanda Palframan      | 13 | SEAL UMD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 69  | 2:54.86 | L     | P    | Lumka Zamisa           | 13 | NC FBD    | 24/04/2026 SA Schools Swimming Championship      |
| 70  | 2:55.00 | L     | P    | Jada Hendricks         | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 71  | 2:55.06 | L     | F    | Samantha Wilson        | 13 | INFA NMA  | 30/01/2026 Infinity Gala 2026                    |
| 72  | 2:55.14 | L     | P    | Leila Parker           | 13 | SSISA CPT | 04/12/2025 Western Cape LC-A Championship 20     |
| 73  | 2:55.27 | L     | F    | Liane Van Zyl          | 13 | UPSK ZMD  | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 74  | 2:55.78 | L     | F    | Olivia Kruger          | 13 | PLAY CED  | 22/11/2025 Swartland Prestige Gala 2025          |
| 75  | 2:56.39 | L     | F    | Amelie Billson         | 13 | CASC CPT  | 03/10/2025 Curro AquaElite Gala                  |
| 76  | 2:56.46 | L     | P    | Shelby Schoeman        | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 77  | 2:56.82 | L     | F    | Sarah-Kate Odendaal    | 13 | QSSC CPT  | 14/02/2026 CTA Elite Gala (L3+)                  |
| 78  | 2:57.18 | L     | F    | Saffiya Emjedi         | 13 | SAAW CPT  | 01/11/2025 CTA District A CHAMPS 2025            |
| 79* | 2:57.40 | L     | F    | Paige Schutze-Langston | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 79* | 2:57.40 | L     | P    | Leandi Liebenberg      | 13 | LP CCD    | 24/04/2026 SA Schools Swimming Championship      |
| 81  | 2:57.41 | L     | P    | Senzelwe Mwandla       | 13 | USHPM UMD | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 82  | 2:57.49 | L     | F    | Georgia Sabbagha       | 13 | PAQU CED  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 83  | 2:57.58 | L     | F    | Zara Jantjies          | 13 | MANT CPT  | 17/01/2026 CTA BRIAN BUTTON Qualifying Meet      |
| 84  | 2:57.79 | L     | P    | Uma Pearson-Adams      | 13 | SAAW CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 85  | 2:57.89 | L     | P    | Jovanah McGluwa        | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 86  | 2:57.91 | L     | F    | Ryleigh Moir           | 13 | AADUB ETH | 21/02/2026 KZN Schools Trials 2026               |
| 87  | 2:58.47 | L     | P    | Jamie Els              | 13 | AQDO CPT  | 21/03/2026 Sa National JNR Age Group Champs-;    |
| 88  | 2:58.49 | L     | F    | Ella Kalp              | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 89  | 2:58.52 | L     | F    | Mienie Kok             | 13 | INFA NMA  | 28/06/2025 PEA Winter Gala 2025                  |
| 90  | 2:58.71 | L     | P    | Alessia Barthus        | 13 | WCS       | 24/04/2026 SA Schools Swimming Championship      |
| 91  | 2:58.94 | L     | F    | Caitlin McDowell       | 13 | ESP EKU   | 22/11/2025 EGA Summer 3 & 4                      |
| 92  | 2:59.24 | L     | P    | Emily Hengst           | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 93  | 2:59.25 | L     | F    | Inge Du Plessis        | 13 | SS MPD    | 25/10/2025 Limpopo Age Group 5 of 2025/26        |
| 94  | 2:59.36 | L     | P    | Xia Jacobs             | 13 | GAU JHB   | 24/04/2026 SA Schools Swimming Championship      |
| 95  | 2:59.49 | L     | F    | Kara De Wit            | 13 | RFA FSH   | 26/07/2025 NTS 200 IM Time Trials                |
| 96  | 2:59.70 | L     | P    | Emma De Smidt          | 13 | AQDO CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 97  | 2:59.90 | L     | P    | Riley Sanders          | 13 | HPS FSH   | 26/03/2026 SA Level 3 Regional Age Group Chan    |
| 98  | 2:59.93 | L     | P    | Isabella Goncalves     | 13 | CA EKU    | 04/12/2025 EGA Summer Championships 2025         |
| 99* | 3:00.05 | L     | P    | Amelia-Rose Schutzler  | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 99* | 3:00.05 | L     | F    | Sophia Hutchison       | 13 | GHSK      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 101 | 3:00.25 | L     | P    | Olivia Nel             | 13 | CLA WCD   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 102 | 3:00.34 | L     | F    | Micah Gomes            | 13 | TUKS FSH  | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 103 | 3:00.42 | L     | F    | Isabella Haldane       | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26          |
| 104 | 3:00.71 | L     | F    | Emma Ristow            | 13 | USC BUF   | 12/12/2025 NMBA Championships 2025               |
| 105 | 3:00.74 | L     | F    | Hannah Van Heerden     | 13 | AACTA CPT | 01/11/2025 CTA District A CHAMPS 2025            |
| 106 | 3:00.93 | L     | P    | Ava Grebe              | 13 | CUHE OBD  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 107 | 3:00.98 | L     | F    | Charlotte Hofinger     | 13 | ASAC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 108 | 3:01.00 | L     | F    | Marang Ndlovu          | 13 | MDOL JHB  | 17/10/2025 Zimbabwe National Sprint Gala 2025    |
| 109 | 3:01.15 | L     | P    | Kenna Lilley           | 13 | TYGE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 110 | 3:01.23 | L     | F    | Ella Voysey            | 13 | ASAC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 111 | 3:01.43 | L     | P    | Jenna Nieuwoudt        | 13 | SWAR WCD  | 04/12/2025 Western Cape LC-A Championship 20     |
| 112 | 3:01.57 | L     | P    | Hlumisa Mfabe          | 13 | USC BUF   | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 113 | 3:01.72 | L     | F    | Sophia Castleden       | 13 | STAQ CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 114 | 3:02.42 | L     | F    | Oyama Tuta             | 13 | PELIC MAN | 03/12/2025 Free State Champs 2025                |
| 115 | 3:02.47 | L     | F    | Cayla Cunningham       | 13 | TRAZ FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 116 | 3:02.62 | L     | F    | Danika Steyn           | 13 | KSC EZD   | 05/12/2025 Mpumalanga Championships 2025         |
| 117 | 3:02.71 | L     | F    | Tatum Van Zijl         | 13 | OHAN ILD  | 15/11/2025 KZN Junior Championships 2025         |
| 118 | 3:03.65 | L     | P    | Jemma Lloyd            | 13 | VINE CPT  | 09/04/2026 SA Level 3 Regional Age Group Chan    |
| 119 | 3:03.77 | L     | F    | Clara Duvenage         | 13 | CA EKU    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 120 | 3:03.81 | L     | F    | Willow Makwakwa        | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 121 | 3:04.03 | L     | F    | Alexia Smith           | 13 | WATR JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 122 | 3:04.09 | L     | P    | Bonaventure Makore     | 13 | ASAC CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 123 | 3:04.21 | L     | F    | Olwemvelo Ngema        | 13 | FRA KCD   | 21/02/2026 KZN Schools Trials 2026               |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr               |    |           |            |                                       |
|------|---------|-------|------|----------------------|----|-----------|------------|---------------------------------------|
| 124  | 3:04.45 | L S   | P    | Marizelle Vermaak    | 13 | HREF BP   | 10/12/2025 | NTS Championships 2025                |
| 125  | 3:04.56 | L     | P    | Luisa Kimani         | 13 | CYBE CPT  | 04/12/2025 | Western Cape LC-A Championship 20     |
| 126  | 3:04.87 | L     | F    | Kayla Kleynhans      | 13 | ROA EDD   | 14/02/2026 | EDEN 5th A-League Gala 2026           |
| 127  | 3:04.90 | L     | F    | Zanli Le Roux        | 13 | AGAQ OBD  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 128  | 3:05.43 | L     | F    | Abby Mostert         | 13 | AWIN TSH  | 26/07/2025 | NTS 200 IM Time Trials                |
| 129  | 3:05.50 | L     | P    | Sienna Syrett        | 13 | QUES JHB  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 130  | 3:05.93 | L     | F    | Kayleigh Brophy      | 13 | AAS JHB   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 131  | 3:06.15 | L     | F    | Taylynn Boshoff      | 13 | USC BUF   | 28/02/2026 | Eastern Cape School Provincial Trials |
| 132  | 3:06.24 | L     | F    | Mijone Beyers        | 13 | CA EKU    | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 133  | 3:06.61 | L     | F    | Ziane Drenth         | 13 | AWIN TSH  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 134  | 3:06.62 | L     | P    | Cayleigh Machill     | 13 | BARA EKU  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 135  | 3:06.83 | L     | F    | Phillipa Williams    | 13 | SOUL EKU  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 136  | 3:06.88 | L     | P    | Jazmin Anthony       | 13 | PAQU CED  | 04/12/2025 | Western Cape LC-A Championship 20     |
| 137  | 3:07.42 | L     | F    | Rebecca Joubert      | 13 | INFA NMA  | 30/01/2026 | Infinity Gala 2026                    |
| 138  | 3:07.46 | L     | F    | Milla Da Silva       | 13 | CA EKU    | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 139  | 3:07.54 | L     | P    | Alex Theron          | 13 | CASC CPT  | 04/12/2025 | Western Cape LC-A Championship 20     |
| 140  | 3:07.61 | L     | F    | Johané Burger        | 13 | ROA EDD   | 30/08/2025 | Madibaz Swim Meet 2025                |
| 141  | 3:07.66 | L S   | P    | Lily Hoar            | 13 | KLOO ETH  | 18/12/2025 | KZN Premier Provincial Championship   |
| 142  | 3:07.70 | L     | P    | Tatum Samuels        | 13 | XCEL CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 143  | 3:07.76 | L     | F    | Thalia Naidoo        | 13 | SASE JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 144  | 3:07.84 | L     | F    | Juno Bouwer          | 13 | CASC CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 145  | 3:08.01 | L     | F    | Zekhethelo Radebe    | 13 | USHPM UMD | 21/02/2026 | KZN Schools Trials 2026               |
| 146  | 3:08.03 | L     | F    | Nokutenda Tembo      | 13 | KNYA EDD  | 22/11/2025 | Eden LC Champs 2025                   |
| 147  | 3:08.35 | L     | F    | Alexianne Metzger    | 13 | SWIFT EKU | 31/01/2026 | EGA Last Chance Gala 2026             |
| 148  | 3:08.39 | L     | F    | Tayla Scheepers      | 13 | RFA TSH   | 17/10/2025 | NTS Level 3+ October Age Group Gal    |
| 149  | 3:08.58 | L     | P    | Georgia Henning      | 13 | ACES ETH  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 150  | 3:08.70 | L     | P    | Kyleigh Shelton      | 13 | ESTR EKU  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 151  | 3:08.88 | L     | F    | Nicoline Du Preez    | 13 | PGIM KKD  | 13/02/2026 | NW School Championships 2026          |
| 152  | 3:08.99 | L     | F    | Catharina Coetzer    | 13 | QSSC CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 153  | 3:09.04 | L     | F    | Holli Tait           | 13 | KLOO ETH  | 03/10/2025 | Curro AquaElite Gala                  |
| 154  | 3:09.11 | L     | F    | Elah-Mae Budram      | 13 | PSCP UMD  | 09/07/2025 | TYR Prestige Tournament 2025          |
| 155  | 3:09.18 | L     | F    | Sky Eyssen           | 13 | MANT CPT  | 29/11/2025 | CTA B CHAMPS 2025                     |
| 156  | 3:09.28 | L     | F    | Khalalelo Ratlhogo   | 13 | ESP EKU   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 157  | 3:09.29 | L     | F    | Dione Smit           | 13 | CASC CPT  | 25/10/2025 | CTA Qualifying Meet 3 - (L2 & above)  |
| 158  | 3:09.40 | L     | F    | Mia Smit             | 13 | KPA EZD   | 18/02/2026 | EHLANZENI INTER HIGH GALA 18 FI       |
| 159  | 3:09.42 | L     | F    | Mikayla Holmes       | 13 | CRSC JHB  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 160* | 3:09.45 | L     | F    | Mikayla Coleman      | 13 | TCA EKU   | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 160* | 3:09.45 | L     | P    | Rirhandzu Chauke     | 13 | DORÉ JHB  | 27/11/2025 | CGA Championships 2025                |
| 162  | 3:09.55 | L     | P    | Leah Du Plessis      | 13 | PEAS NMA  | 09/04/2026 | SA Level 3 Regional Age Group Chan    |
| 163  | 3:10.16 | L     | F    | Lily Sykes           | 13 | TUKS TSH  | 13/02/2026 | NTS Level 1+2 February Age Group 2I   |
| 164  | 3:10.39 | L     | F    | Alyssa Coetzer       | 13 | AZON ETH  | 21/02/2026 | KZN Schools Trials 2026               |
| 165  | 3:10.66 | L     | P    | Karla Wolmarans      | 13 | UPSK ZMD  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 166  | 3:10.85 | L     | F    | Mia Vorster          | 13 | WELA LLD  | 03/12/2025 | Free State Champs 2025                |
| 167  | 3:10.95 | L     | F    | Ruby Van Dyk         | 13 | PSCP UMD  | 15/11/2025 | KZN Junior Championships 2025         |
| 168  | 3:11.08 | L     | P    | Kayla-Anne Walker    | 13 | CYBE CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 169  | 3:11.15 | L     | P    | Lerina Thomas        | 13 | SWAR WCD  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 170  | 3:11.22 | L     | F    | Sarah Schofield      | 13 | AADUB ETH | 15/11/2025 | KZN Junior Championships 2025         |
| 171  | 3:11.38 | L     | P    | Suhanna White        | 13 | AQUA BUF  | 26/03/2026 | SA Level 3 Regional Age Group Chan    |
| 172  | 3:11.39 | L     | F    | Marni Snyman         | 13 | ELRAS WBD | 28/11/2025 | Limpopo Champs 2025                   |
| 173  | 3:11.61 | L     | F    | Katelyn Naidoo       | 13 | MAKO EKU  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 174  | 3:11.64 | L S   | F    | Cadence Smith        | 13 | SSISA CPT | 25/10/2025 | CTA Qualifying Meet 3 - (L2 & above)  |
| 175  | 3:11.72 | L     | F    | Kaitlyn Haynes-Smart | 13 | VINE CPT  | 20/09/2025 | CTA INVITATIONAL LC MEET              |
| 176  | 3:11.79 | L     | P    | Annabel Van Reenen   | 13 | ACSA ETH  | 31/03/2026 | SA Level 2 Regional Age Group Cham    |
| 177  | 3:11.91 | L     | F    | Cait Dawson          | 13 | XCEL CPT  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 178  | 3:12.03 | L     | F    | Liané Stoltz         | 13 | UNIU EZD  | 29/03/2026 | SA Level 2 Regional Age Group Cham    |
| 179  | 3:12.55 | L     | F    | Nadelija Pillay      | 13 | VHD ZLD   | 06/12/2025 | Stingrays Champs 2025                 |
| 180  | 3:12.61 | L     | P    | Rebecca Osler        | 13 | PEAS NMA  | 06/03/2026 | SA Level 2 Regional Age Group Cham    |
| 181  | 3:12.66 | L     | F    | Madison Harris       | 13 | SOUL EKU  | 31/01/2026 | EGA Last Chance Gala 2026             |
| 182* | 3:13.56 | L     | P    | Annabella Venter     | 13 | VRC TSH   | 26/03/2026 | SA Level 3 Regional Age Group Chan    |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                    |    |           |  |
|------|---------|-------|------|---------------------------|----|-----------|--|
| 182* | 3:13.56 | L     | F    | Lara Greyling             | 13 | TNDER FDD | 05/09/2025 Bullsharks Gala                       |
| 184  | 3:13.64 | L     | P    | Lara Rosenstrauch         | 13 | HTSA CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 185  | 3:13.73 | L     | P    | Liné Schoeman             | 13 | FISH EDD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 186  | 3:14.13 | L     | F    | Nina Koen                 | 13 | FISH EDD  | 08/11/2025 EDEN 3rd A-League Gala 2025           |
| 187  | 3:14.42 | L     | F    | Mikaela Van Heerden       | 13 | TUKS FSH  | 26/07/2025 NTS 200 IM Time Trials                |
| 188  | 3:14.76 | L     | P    | Scarlett Garassino        | 13 | SASE JHB  | 27/11/2025 CGA Championships 2025                |
| 189  | 3:14.90 | L     | P    | Zaarah Meyer              | 13 | HTSA CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 190  | 3:14.96 | L     | F    | Abigail Grieve            | 13 | SASE JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 191  | 3:15.10 | L     | F    | Luah Theron               | 13 | TUKS FSH  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 192  | 3:15.49 | L     | F    | Hester Janse van Rensburg | 13 | BLS KK    | 13/02/2026 NW School Championships 2026          |
| 193  | 3:15.57 | L     | F    | Olivia Meyburgh           | 13 | CA EKU    | 20/09/2025 EGA Summer 1 2025                     |
| 194  | 3:15.79 | L     | P    | Ava van der Mescht        | 13 | PEAS NMA  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 195  | 3:15.89 | L     | P    | Ella Adams                | 13 | CASC CPT  | 09/04/2026 SA Level 3 Regional Age Group Cham    |
| 196  | 3:15.98 | L     | P    | Tayla Welgemoed           | 13 | AAS JHB   | 27/11/2025 CGA Championships 2025                |
| 197  | 3:16.02 | L     | F    | Margaret-Anne Pienaar     | 13 | DDA FSH   | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 198  | 3:16.07 | L     | F    | Sienna Barenblatt         | 13 | STAQ CED  | 09/10/2025 44th Freda Barnard Invitational Gala  |
| 199  | 3:16.26 | L     | F    | Ilé Ferreira              | 13 | TUKS FSH  | 26/07/2025 NTS 200 IM Time Trials                |
| 200  | 3:16.65 | L     | F    | Malin Swart               | 13 | USC BUF   | 30/01/2026 Infinity Gala 2026                    |
| 201  | 3:16.80 | L     | F    | Unathi Vuyeqaba           | 13 | TUKS FSH  | 26/07/2025 NTS 200 IM Time Trials                |
| 202  | 3:16.91 | L     | P    | Abigail Paice             | 13 | SOUL EKU  | 04/12/2025 EGA Summer Championships 2025         |
| 203  | 3:16.95 | L S   | F    | Mila Barkhuysen           | 13 | GREY CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 204  | 3:16.97 | L     | F    | Leane Nel                 | 13 | EXP FSH   | 13/02/2026 NTS Level 1+2 February Age Group 2f   |
| 205  | 3:17.00 | L     | F    | Jenna Leppan              | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 206* | 3:17.39 | L     | F    | Trinity Baty              | 13 | CA EKU    | 22/11/2025 EGA Summer 3 & 4                      |
| 206* | 3:17.39 | L     | F    | Amahle Mdlalose           | 13 | CSC FSH   | 05/12/2025 2025 The Tshwane Mayor's Gala         |
| 208  | 3:17.55 | L     | F    | Mienke Pretorius          | 13 | UPSK ZMD  | 07/02/2026 NC SPRINTS 2026                       |
| 209  | 3:17.68 | L     | F    | Summer Moonsamy           | 13 | BEAV ETH  | 31/01/2026 uShaka Champs 2026                    |
| 210  | 3:17.69 | L     | P    | Nuhaa Cozyn               | 13 | MANT CPT  | 04/12/2025 Western Cape LC-A Championship 20     |
| 211  | 3:18.14 | L     | P    | Jaimey Shaw               | 13 | ESTR EKU  | 04/12/2025 EGA Summer Championships 2025         |
| 212  | 3:18.32 | L     | F    | Holly Karels              | 13 | SWIFT EKU | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 213  | 3:18.54 | L     | F    | Chloe Rautenbach          | 13 | ROB EZD   | 18/02/2026 EHLANZENI INTER HIGH GALA 18 FI       |
| 214  | 3:19.00 | L     | P    | Leah Wentzel              | 13 | MARL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 215  | 3:19.83 | L     | F    | Rebecca Osler             | 13 | VINE CPT  | 15/11/2025 5th A League Gala 2025                |
| 216  | 3:20.21 | L     | F    | Mieke Cilliers            | 13 | VHD ZLD   | 31/01/2026 uShaka Champs 2026                    |
| 217  | 3:20.29 | L     | F    | Mila Hinteregger          | 13 | CA EKU    | 31/01/2026 EGA Last Chance Gala 2026             |
| 218  | 3:20.30 | L     | F    | Gabriella Bengell         | 13 | BLNE MAN  | 03/12/2025 Free State Champs 2025                |
| 219  | 3:20.59 | L     | F    | Destheonique Julius       | 13 | KALA      | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 220  | 3:20.62 | L     | P    | Milah Allen               | 13 | SFSA JHB  | 27/11/2025 CGA Championships 2025                |
| 221  | 3:20.91 | L     | F    | Joslyn Zwaanenburg        | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025    |
| 222  | 3:20.92 | L     | F    | Le-May Van Zyl            | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                   |
| 223  | 3:21.03 | L     | F    | Zoe Kruger                | 13 | LALE CED  | 13/02/2026 Winelands SL Fin - February 2026 - cc |
| 224  | 3:21.10 | L     | F    | Lauren Kleinhans          | 13 | AA JHB    | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 225  | 3:21.28 | L     | F    | Selma Rumbold             | 13 | OLDE JHB  | 14/02/2026 CGA Last Chance                       |
| 226  | 3:21.55 | L     | F    | Livia Vancoillie          | 13 | QSSC CPT  | 20/09/2025 CTA INVITATIONAL LC MEET              |
| 227  | 3:21.72 | L     | P    | Mercy Theu                | 13 | MDOL JHB  | 27/11/2025 CGA Championships 2025                |
| 228  | 3:21.75 | L     | F    | Zoe Ngema                 | 13 | SGUL ETH  | 06/10/2025 Seagulls Winter Championships 2025    |
| 229  | 3:21.86 | L     | F    | Wilmie Fourie             | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi     |
| 230  | 3:21.89 | L S   | F    | Neanè Van Zyl             | 13 | GREY CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)  |
| 231  | 3:22.44 | L     | F    | Anye Brink                | 13 | ESA CED   | 22/11/2025 Swartland Prestige Gala 2025          |
| 232  | 3:22.57 | L     | P    | Madison Wissekerke        | 13 | FRA KCD   | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 233  | 3:22.60 | L     | F    | Hlelo Mtwa                | 13 | PER JHB   | 14/02/2026 CGA Last Chance                       |
| 234* | 3:22.61 | L     | F    | Rachel Konigkramer        | 13 | PSCP JMD  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 234* | 3:22.61 | L     | F    | Jisthi Maharaj            | 13 | AADUB ETH | 06/10/2025 Seagulls Winter Championships 2025    |
| 236  | 3:22.67 | L     | F    | Alexia Dippenaar          | 13 | BS LLD    | 03/12/2025 Free State Champs 2025                |
| 237  | 3:22.98 | L     | F    | Zahraa Essack             | 13 | ATLA JHB  | 29/03/2026 SA Level 2 Regional Age Group Cham    |
| 238  | 3:23.05 | L     | P    | Kgalalelo Makoloi         | 13 | AZON ETH  | 31/03/2026 SA Level 2 Regional Age Group Cham    |
| 239  | 3:23.23 | L     | P    | Jana Booysen              | 13 | CUHE OBD  | 06/03/2026 SA Level 2 Regional Age Group Cham    |
| 240  | 3:23.40 | L     | F    | Rorisang Monareng         | 13 | BLNE MAN  | 10/10/2025 Super Seals Annual Gala               |
| 241  | 3:23.42 | L     | P    | Elizabeth Willemse        | 13 | VHD ZLD   | 26/03/2026 SA Level 3 Regional Age Group Cham    |

### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                      |    |           |   |
|------|---------|-------|------|-----------------------------|----|-----------|---|
| 242  | 3:23.43 | L     | F    | Mupindiishe Msipa           | 13 | MDOL JHB  | 17/10/2025 Zimbabwe National Sprint Gala 2025   |
| 243  | 3:23.46 | L     | F    | Areli Muyaka                | 13 | HARB BPD  | 06/12/2025 NWS Championships 2025               |
| 244  | 3:23.59 | L     | F    | Emihle Mnunu                | 13 | FRA KCD   | 21/02/2026 KZN Schools Trials 2026              |
| 245  | 3:23.66 | L     | F    | Nadine Mutanga              | 13 | BEAV ETH  | 21/02/2026 KZN Schools Trials 2026              |
| 246  | 3:23.71 | L     | F    | Ming-Xi Tsai                | 13 | AA JHB    | 14/02/2026 CGA Last Chance                      |
| 247  | 3:23.72 | L     | F    | Amore Breytenbach           | 13 | ESA CED   | 24/01/2026 Drakenstein Invitational - copied    |
| 248  | 3:23.87 | L     | P    | Tamika Abbey                | 13 | PER JHB   | 27/11/2025 CGA Championships 2025               |
| 249  | 3:24.51 | L     | F    | Maya Sissing                | 13 | TUKS TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 250* | 3:24.72 | L     | F    | Micaela Fourie              | 13 | NSAD EZD  | 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER         |
| 250* | 3:24.72 | L     | F    | Kaitlyn Swart               | 13 | CPSC TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 252  | 3:24.73 | L     | P    | Machayda Titus              | 13 | MARL CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 253  | 3:25.27 | L     | F    | Mieke Smit                  | 13 | UNI EZD   | 26/09/2025 MP AGE GROUP 1 26-27 SEPT'25         |
| 254  | 3:25.37 | L S   | F    | Alexei Slabbert             | 13 | ASAC CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 255  | 3:25.40 | L     | F    | Minei Harmse                | 13 | PSCP UMD  | 21/02/2026 KZN Schools Trials 2026              |
| 256  | 3:25.88 | L     | F    | Mia Marais                  | 13 | TRAZ TSH  | 03/10/2025 Swimpartners Gala (Blue vs White) Oc |
| 257  | 3:26.15 | L     | P    | Lize-Mari Vorster           | 13 | WELL CED  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 258  | 3:26.38 | L     | F    | Emily Van t Slot            | 13 | ANAX CPT  | 29/11/2025 CTA B CHAMPS 2025                    |
| 259  | 3:26.76 | L     | F    | Liane Muller                | 13 | INFA NMA  | 30/01/2026 Infinity Gala 2026                   |
| 260  | 3:26.98 | L     | F    | Realeboga Kunene            | 13 | PER JHB   | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 261  | 3:27.13 | L     | F    | Tumisho Mojapelo            | 13 | PAC TSH   | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 262  | 3:29.04 | L     | F    | Elizabeth Vd Berg           | 13 | TUKS TSH  | 31/10/2025 NTS Level 1+2 November Age Group :   |
| 263  | 3:29.26 | L     | F    | Esmé Bowes                  | 13 | TUKS TSH  | 03/10/2025 Swimpartners Gala (Blue vs White) Oc |
| 264  | 3:29.33 | L     | P    | Dikgang Mokgele             | 13 | MAKO EKU  | 04/12/2025 EGA Summer Championships 2025        |
| 265  | 3:30.49 | L     | F    | Dominic De Jager            | 13 | USH KCD   | 22/11/2025 KCDA Age Group 3 2025                |
| 266  | 3:30.73 | L     | F    | Alexis Visagie              | 13 | BEST NMA  | 12/12/2025 NMBA Championships 2025              |
| 267  | 3:30.88 | L     | F    | Alexa Steenkamp             | 13 | CPSC TSH  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 268  | 3:31.13 | L     | F    | Morgan Martins              | 13 | TASC MPD  | 28/11/2025 Limpopo Champs 2025                  |
| 269  | 3:31.49 | L S   | F    | Zara Field                  | 13 | CTO CPT   | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above) |
| 270  | 3:31.76 | L     | F    | Lea Kotzé                   | 13 | NWUC KKD  | 28/02/2026 NWS Last Chance 2026                 |
| 271  | 3:31.89 | L     | F    | Leah-Bella Budram           | 13 | PSCP UMD  | 09/07/2025 TYR Prestige Tournament 2025         |
| 272  | 3:33.01 | L     | F    | Sydney Howes                | 13 | HSH BP    | 13/02/2026 NW School Championships 2026         |
| 273  | 3:33.03 | L     | F    | Mia Du Toit                 | 13 | QSSC CPT  | 22/11/2025 Swartland Prestige Gala 2025         |
| 274  | 3:33.62 | L     | F    | Safurah Wadvalla            | 13 | DORE JHB  | 06/02/2026 Crusaders & CGA Night Gala           |
| 275  | 3:33.74 | L     | F    | Livi Engelbrecht            | 13 | PAC TSH   | 27/02/2026 NTS Level 3+ February Age Group Ga   |
| 276  | 3:33.90 | L     | F    | Leah Struwig                | 13 | TUKS TSH  | 17/10/2025 NTS Level 3+ October Age Group Gal:  |
| 277  | 3:33.96 | L     | P    | Cara van Wyk                | 13 | BARR CPT  | 06/03/2026 SA Level 2 Regional Age Group Cham   |
| 278  | 3:34.44 | L     | F    | Grizelda Janse van Rensburg | 13 | NWUC KKD  | 06/12/2025 NWS Championships 2025               |
| 279  | 3:35.46 | L     | F    | Emily Botha                 | 13 | ASAC CPT  | 24/01/2026 Drakenstein Invitational - copied    |
| 280  | 3:35.60 | L     | F    | Aliana Stipeć               | 13 | WAC EDD   | 24/01/2026 EDEN 4th A-League Gala 2026          |
| 281  | 3:35.82 | L     | F    | Lethabo Nyandeni            | 13 | TUKS TSH  | 26/07/2025 NTS 200 IM Time Trials               |
| 282  | 3:35.88 | L     | F    | Madison Thiarde             | 13 | EVO CPT   | 21/02/2026 Swartland Invitational Gala 2026     |
| 283  | 3:35.92 | L     | F    | Madeleine de Villiers       | 13 | EXP TSH   | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 284  | 3:36.10 | L     | F    | Izeldi Van Niekerk          | 13 | DOLFI MPD | 28/11/2025 Limpopo Champs 2025                  |
| 285  | 3:36.30 | L     | F    | Talia Grantham              | 13 | PSCP UMD  | 09/07/2025 TYR Prestige Tournament 2025         |
| 286  | 3:36.70 | L     | F    | Noluthando Nkosi            | 13 | NSAD EZD  | 29/03/2026 SA Level 2 Regional Age Group Cham   |
| 287  | 3:36.90 | L     | F    | Chloe Timperley             | 13 | TRAZ TSH  | 03/10/2025 NTS Level 1+2 October Age Group 20   |
| 288  | 3:37.47 | L     | F    | Keyante Lynch               | 13 | SWIM1 JHB | 14/02/2026 CGA Last Chance                      |
| 289  | 3:37.49 | L     | F    | Larelle Du Toit             | 13 | LALE CED  | 22/11/2025 Swartland Prestige Gala 2025         |
| 290  | 3:37.57 | L     | F    | Megan Palmer                | 13 | AFIN JHB  | 31/01/2026 EGA Last Chance Gala 2026            |
| 291  | 3:37.87 | L     | F    | Tahlia Roelofs              | 13 | VHD ZLD   | 06/12/2025 Stingrays Champs 2025                |
| 292  | 3:38.01 | L     | F    | Fredri Uys                  | 13 | DDA TSH   | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 293  | 3:38.13 | L     | F    | Isabel Wessinger            | 13 | ELEC TSH  | 26/07/2025 NTS 200 IM Time Trials               |
| 294  | 3:39.28 | L     | F    | Amy Jacobs                  | 13 | STSC KCD  | 01/11/2025 KCDA Age Group Gala 2 2025           |
| 295  | 3:39.60 | L     | F    | Megan Sykes                 | 13 | PSCP UMD  | 15/11/2025 KZN Junior Championships 2025        |
| 296  | 3:39.79 | L     | P    | Mia Benade                  | 13 | UPSK ZMD  | 30/03/2026 SA Level 2 Regional Age Group Cham   |
| 297  | 3:40.27 | L     | F    | Entle Lehabe                | 13 | TRAZ TSH  | 05/12/2025 2025 The Tshwane Mayor's Gala        |
| 298  | 3:40.39 | L     | F    | Mikayla Botes               | 13 | WAC EDD   | 08/11/2025 EDEN 3rd A-League Gala 2025          |
| 299  | 3:40.43 | L     | F    | Lulibo Mdluli               | 13 | ELEC TSH  | 03/10/2025 Swimpartners Gala (Blue vs White) Oc |
| 300  | 3:40.49 | L     | F    | Delinda Faber               | 13 | AFIN JHB  | 28/02/2026 AG Level 1 Regional Competition 2026 |

## Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|                           | Time    | P/F/S | Name | Age/Yr                    |    |           |   |
|---------------------------|---------|-------|------|---------------------------|----|-----------|---|
| 301                       | 3:40.89 | L     | F    | Liney Retief              | 13 | ELRAS WBD | 28/11/2025 Limpopo Champs 2025                    |
| 302                       | 3:41.15 | L     | F    | Sofia O'Leary             | 13 | MDOL JHB  | 14/02/2026 CGA Last Chance                        |
| 303                       | 3:41.59 | L     | F    | Mienke Grobler            | 13 | BULS MAN  | 10/10/2025 Super Seals Annual Gala                |
| 304                       | 3:41.83 | L     | F    | Emma Grobler              | 13 | HAAG UTD  | 08/11/2025 UThukela Age Group Gala 2              |
| 305                       | 3:42.10 | L     | F    | Elsa Massawe              | 13 | CA EKU    | 31/01/2026 EGA Last Chance Gala 2026              |
| 306                       | 3:44.17 | L     | F    | Emma Venter               | 13 | PSCP UMD  | 09/07/2025 TYR Prestige Tournament 2025           |
| 307                       | 3:45.36 | L     | F    | Aaminah Spruit            | 13 | WEST CPT  | 22/11/2025 Swartland Prestige Gala 2025           |
| 308                       | 3:45.94 | L     | F    | Stephné Swanepoel         | 13 | INFA NMA  | 07/02/2026 BCA Feb Age Group Gala 2026            |
| 309                       | 3:46.13 | L     | F    | Imke Swanepoel            | 13 | FISH EDD  | 25/10/2025 Zasu 1st League OYDC 2025-26           |
| 310                       | 3:46.30 | L     | F    | Anika Bester              | 13 | STGR XRD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi      |
| 311                       | 3:46.94 | L     | F    | Hiranya Moodley           | 13 | USH KCD   | 04/10/2025 KCDA Age Group Gala 1 2025             |
| 312                       | 3:47.66 | L     | F    | Amogelang Mamabolo        | 13 | HSH BP    | 13/02/2026 NW School Championships 2026           |
| 313                       | 3:47.83 | L     | F    | Emlynn Hugo               | 13 | SWIFT EKU | 20/09/2025 EGA Summer 1 2025                      |
| 314                       | 3:48.31 | L     | F    | Tiana Kalan               | 13 | WATR JHB  | 14/02/2026 CGA Last Chance                        |
| 315                       | 3:48.89 | L     | F    | Eleftheria Synodinos      | 13 | CASC CPT  | 09/10/2025 44th Freda Barnard Invitational Gala   |
| 316                       | 3:49.01 | L     | F    | Lienke Van Wyk            | 13 | BULS MAN  | 24/10/2025 Neptunes Gala                          |
| 317                       | 3:49.40 | L     | F    | Charlie de Beer           | 13 | DRGN JHB  | 20/02/2026 CGA Level 1 and Level 2 Champions      |
| 318                       | 3:51.30 | L     | F    | Haylee Julius             | 13 | KHAY CPT  | 09/10/2025 44th Freda Barnard Invitational Gala   |
| 319                       | 3:51.73 | L     | F    | Menieke Rowe-Rowe         | 13 | BULS MAN  | 05/09/2025 Bullsharks Gala                        |
| 320                       | 3:57.99 | L     | F    | Hailey Jooste - Coetsee   | 13 | FLOD JHB  | 28/02/2026 AG Level 1 Regional Competition 2026   |
| 321                       | 3:58.35 | L     | F    | Tshiamo Mlangeni          | 13 | UNI EZD   | 30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J         |
| 322                       | 4:00.74 | L     | F    | Katia Cerone              | 13 | HAAG UTD  | 10/10/2025 Super Seals Annual Gala                |
| 323                       | 4:02.47 | L     | F    | Nika Smit                 | 13 | BS LLD    | 07/11/2025 Otters Prestige Gala 2025              |
| 324                       | 4:03.19 | L     | F    | Mila Schutte              | 13 | QSSC CPT  | 09/10/2025 44th Freda Barnard Invitational Gala   |
| 325                       | 4:04.78 | L     | F    | Genevieve Venter          | 13 | WSS LLD   | 20/09/2025 Welkom Seals Gala                      |
| 326                       | 4:05.66 | L     | F    | Relebohile Maduna         | 13 | PELIC MAN | 20/09/2025 Welkom Seals Gala                      |
| 327                       | 4:06.19 | L     | F    | Rebecca Lawlor            | 13 | SDSC OTD  | 07/02/2026 BCA Feb Age Group Gala 2026            |
| 328                       | 4:06.77 | L     | F    | Taylor Kotzee             | 13 | GAA CPT   | 09/10/2025 44th Freda Barnard Invitational Gala   |
| 329                       | 4:08.35 | L     | F    | Tsakile Mahumane          | 13 | NSAD EZD  | 13/09/2025 MP SPRINT 13 SEPTEMBER 2025            |
| 330                       | 4:10.31 | L     | P    | Nyandano Madaba           | 13 | FAC EKU   | 04/12/2025 EGA Summer Championships 2025          |
| 331                       | 4:11.38 | L     | F    | Tionie Groenewald         | 13 | CLA WCD   | 22/11/2025 Swartland Prestige Gala 2025           |
| 332                       | 4:21.74 | L     | F    | Siphesihle Mncube         | 13 | PAC TSH   | 31/10/2025 NTS Level 1+2 November Age Group :     |
| 333                       | 4:25.78 | L     | F    | Mpilenhle Dladla          | 13 | CSA EZD   | 13/09/2025 MP SPRINT 13 SEPTEMBER 2025            |
| 334                       | 4:26.51 | L     | F    | Ikageng Moloko            | 13 | TUKS TSH  | 26/07/2025 NTS 200 IM Time Trials                 |
| 335                       | 4:55.65 | L     | F    | Khumo Goeieman            | 13 | KALA      | 31/10/2025 UPINGTON PRESTIGE GALA 2025            |
| 336                       | 5:04.42 | L     | F    | Abenathi Mzimela          | 13 | USH KCD   | 01/11/2025 KCDA Age Group Gala 2 2025             |
| <b>Women 13-14 400 IM</b> |         |       |      |                           |    |           |   |
| 1                         | 5:29.16 | L     | F    | Shalea Hamilton           | 13 | BEST NMA  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 2                         | 5:38.94 | L     | F    | Anja Boshoff              | 13 | TYGE CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 3                         | 5:39.73 | L     | F    | Aqeelah Williams          | 13 | UWCA CPT  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 4                         | 5:40.21 | L     | F    | Juliette Hosatte          | 13 | INFA NMA  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 5                         | 5:42.48 | L     | F    | Anna Horn                 | 13 | XCEL CPT  | 04/12/2025 Western Cape LC-A Championship 20      |
| 6                         | 5:42.72 | L     | F    | Jade Chilisa              | 13 | TUKS TSH  | 10/12/2025 20th Botswana Swimming Nationals 2f    |
| 7                         | 5:44.75 | L     | F    | Oyama Baqwa               | 13 | SGUL ETH  | 04/12/2025 EGA Summer Championships 2025          |
| 8                         | 5:56.19 | L     | F    | Ava Bosch                 | 13 | DRGN JHB  | 27/11/2025 CGA Championships 2025                 |
| 9                         | 5:58.40 | L     | F    | Kirsten Cupido            | 13 | CYBE CPT  | 14/02/2026 CTA Elite Gala (L3+)                   |
| 10                        | 6:00.54 | L     | F    | Jasmine Woodburn          | 13 | MDOL JHB  | 14/02/2026 CGA Last Chance                        |
| 11                        | 6:00.83 | L     | F    | Imme Wolfaardt            | 13 | LALE CED  | 04/12/2025 Western Cape LC-A Championship 20      |
| 12                        | 6:00.87 | L     | F    | Taylor Ten Napel          | 13 | BEAV ETH  | 31/01/2026 uShaka Champs 2026                     |
| 13                        | 6:01.38 | L     | F    | Namangolwa Semenova       | 13 | TUKS TSH  | 20/02/2026 2026 Grand Prix 2 Invitational Meet -N |
| 14                        | 6:02.50 | L     | F    | Emily Koegelenberg        | 13 | XCEL CPT  | 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)   |
| 15                        | 6:04.62 | L     | F    | Mignon Swart              | 13 | UNI EZD   | 16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY         |
| 16                        | 6:05.58 | L     | F    | Jessica Jansen van Vuuren | 13 | SEAL UMD  | 21/03/2026 Sa National JNR Age Group Champs-;     |
| 17                        | 6:07.23 | L     | F    | Alexis Visser             | 13 | MAKO EKU  | 11/10/2025 EGA Summer 2                           |
| 18                        | 6:07.89 | L     | F    | Ruvarashe Chibharo        | 13 | CASC CPT  | 14/02/2026 CTA Elite Gala (L3+)                   |
| 19                        | 6:08.90 | L     | F    | Zara Lockitch             | 13 | CYBE CPT  | 04/12/2025 Western Cape LC-A Championship 20      |
| 20                        | 6:09.78 | L     | F    | Alivia Nel                | 13 | MDOL JHB  | 08/11/2025 CGA Summer 3 - Level 2+ - 2025         |
| 21                        | 6:17.28 | L     | F    | Liane Van Zyl             | 13 | UPSK ZMD  | 05/12/2025 NCASA CHAMPS 2025 - copied - copi      |
| 22                        | 6:22.56 | L     | F    | Carinke Wessels           | 13 | BLOT MAN  | 24/10/2025 Neptunes Gala                          |

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### Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

|    | Time      | P/F/S | Name               | Age/Yr |           |            |                                      |
|----|-----------|-------|--------------------|--------|-----------|------------|--------------------------------------|
| 23 | 6:22.57 L | F     | Caitlin McDowell   | 13     | ESP EKU   | 04/12/2025 | EGA Summer Championships 2025        |
| 24 | 6:28.05 L | F     | Gia Newkirk        | 13     | TYGE CPT  | 25/10/2025 | CTA Qualifying Meet 3 - (L2 & above) |
| 25 | 6:29.70 L | F     | Kate Cheshire      | 13     | MDOL JHB  | 27/11/2025 | CGA Championships 2025               |
| 26 | 6:37.44 L | F     | Milani Butau       | 13     | BEST NMA  | 16/08/2025 | 2nd A League Gala 2025               |
| 27 | 6:42.64 L | F     | Jazmin Anthony     | 13     | PAQU CED  | 04/12/2025 | Western Cape LC-A Championship 20    |
| 28 | 6:47.66 L | F     | Micah Gomes        | 13     | TUKS TSH  | 04/10/2025 | ZASU Matero Twilight Special 2025-26 |
| 29 | 6:51.44 L | F     | Cayleigh Machill   | 13     | BARA EKU  | 04/12/2025 | EGA Summer Championships 2025        |
| 30 | 6:54.34 L | F     | Clara Duvenage     | 13     | CA EKU    | 11/10/2025 | EGA Summer 2                         |
| 31 | 6:55.52 L | F     | Nicoline Du Preez  | 13     | NWUC KKD  | 06/12/2025 | NWS Championships 2025               |
| 32 | 6:55.99 L | F     | Oyama Tuta         | 13     | PELIC MAN | 26/09/2025 | Pelicans Gala..                      |
| 33 | 7:22.42 L | F     | Khalalelo Ratlhogo | 13     | ESP EKU   | 11/10/2025 | EGA Summer 2                         |
| 34 | 7:46.05 L | F     | Alexia Dippenaar   | 13     | BS LLD    | 10/10/2025 | Super Seals Annual Gala              |
| 35 | 7:58.86 L | F     | Cara van Wyk       | 13     | BARR CPT  | 22/11/2025 | Swartland Prestige Gala 2025         |