

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women 18 & Under 50 Free								
1	33.16	L	F	Jaime Williams	10	CUHE	QBD	06/03/2026 SA Level 2 Regional Age Group Cham
2	33.37	L	F	SCARLETT MAC DONALD	10	WAC	EDD	30/01/2026 Infinity Gala 2026
3	33.51	L	F	Tyla Grobler	10	BEST	NMA	30/01/2026 Infinity Gala 2026
4	33.85	L	P	Ava Maritz	10	CTO	CPT	09/04/2026 SA Level 3 Regional Age Group Cham
5	33.89	L	F	Amahle Jali	10	TUKS	FSH	29/03/2026 SA Level 2 Regional Age Group Cham
6	33.99	L	F	Riley Makwakwa	9	NC	FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
7	34.05	L	F	Amery Vermaak	9	SS	MPD	29/03/2026 SA Level 2 Regional Age Group Cham
8	34.10	L	P	Ayana Mandeane	10	HARL	BUF	06/03/2026 SA Level 2 Regional Age Group Cham
9	34.24	L	F	Ava Els	10	BEST	NMA	30/01/2026 Infinity Gala 2026
10	34.64	L	F	Eryn O'Brien	10	MDOL	JHB	29/03/2026 SA Level 2 Regional Age Group Cham
11	34.72	L	F	Tinashé Ngwenya	10	TUKS	FSH	29/03/2026 SA Level 2 Regional Age Group Cham
12	35.02	L	P	Anzel Swiegers	10	BULS	MAN	30/03/2026 SA Level 2 Regional Age Group Cham
13	35.08	L	F	Alyx Cupido	10	BLNE	MAN	30/03/2026 SA Level 2 Regional Age Group Cham
14	35.17	L	F	Layla Abrahams	10	INFA	NMA	06/03/2026 SA Level 2 Regional Age Group Cham
15	35.19	L	P	Nina Moodley	10	AAS	JHB	29/03/2026 SA Level 2 Regional Age Group Cham
16	35.31	L	P	Emma Cox	10	TUKS	FSH	26/03/2026 SA Level 3 Regional Age Group Cham
17	35.36	L	P	Zuri Taylor	10	TCA	EKU	29/03/2026 SA Level 2 Regional Age Group Cham
18	35.44	L	F	Ava Forsythe	10	INFA	NMA	12/12/2025 NMBA Championships 2025
19	35.46	L	P	Sarah Sinclair	10	KNYA	EDD	06/03/2026 SA Level 2 Regional Age Group Cham
20	35.49	L	F	Ayva Grobler	9	AQUA	UTD	06/12/2025 UThukela District Age Group 3
21	35.56	L	F	Kylie Hair	10	VINE	CPT	29/11/2025 CTA B CHAMPS 2025
22	35.67	L	F	Isabella Bowles	10	PEAS	NMA	30/01/2026 Infinity Gala 2026
23	35.70	L	F	Sadie Govender	10	AZON	ETH	31/03/2026 SA Level 2 Regional Age Group Cham
24	35.71	L	F	Bethany Pierce	10	USC	BUF	12/12/2025 NMBA Championships 2025
25	35.83	L	P	Mieke Roos	10	KNYA	EDD	06/03/2026 SA Level 2 Regional Age Group Cham
26	35.85	L	F	Hayley Couzens	9	WSTV	ETH	31/03/2026 SA Level 2 Regional Age Group Cham
27	35.89	L	F	Kendall Perrins	10	CASC	CPT	06/02/2026 WCA-B Champs - 2026
28	35.95	L	F	Alexis Barendse	9	KABE	NMA	14/03/2026 Level 1 District Age Group Gala 2026
29	36.13	L	F	Chai Wanlu	10	CA	EKU	22/11/2025 EGA Summer 3 & 4
30	36.14	L	P	Inaya Gampoua Ncharre Mouchili	10	INFA	NMA	06/03/2026 SA Level 2 Regional Age Group Cham
31	36.15	L	P	Ashley Trollip	10	CASC	CPT	06/03/2026 SA Level 2 Regional Age Group Cham
32	36.19	L	F	Rae Mazery	9	CPPS	NMA	14/03/2026 Level 1 District Age Group Gala 2026
33	36.20	L	P	Justina Robin	10	PEAS	NMA	06/03/2026 SA Level 2 Regional Age Group Cham
34	36.23	L	P	Holly Durandt	10	KNYA	EDD	06/03/2026 SA Level 2 Regional Age Group Cham
35	36.28	L	P	Kayla Coutts	10	BLMA	CPT	06/03/2026 SA Level 2 Regional Age Group Cham
36	36.29	L	P	Armani Jones	10	XCEL	CPT	06/03/2026 SA Level 2 Regional Age Group Cham
37*	36.36	L	F	Holly Oliphant	10	PAC	FSH	31/10/2025 NTS Level 1+2 November Age Group
37*	36.36	L	P	Kirei Burgess	10	CA	EKU	29/03/2026 SA Level 2 Regional Age Group Cham
39	36.45	L	F	Aria Mossay	10	UWCA	CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
40	36.53	L	F	Emma Reling	10	BULS	MAN	30/03/2026 SA Level 2 Regional Age Group Cham
41	36.60	L	P	Milan Ferreira	10	STAQ	CED	06/03/2026 SA Level 2 Regional Age Group Cham
42	36.65	L	P	Imine Dercksen	10	BETH	FDD	30/03/2026 SA Level 2 Regional Age Group Cham
43*	36.69	L	F	Misha Meyer	10	EDEN	ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
43*	36.69	L	F	Jane Barnard	10	CSA	EZD	05/12/2025 Mpumalanga Championships 2025
45	36.70	L	F	Olivia Mason	10	AZON	ETH	31/03/2026 SA Level 2 Regional Age Group Cham
46	36.77	L	F	Mieke Labuschagne	10	ASAC	CPT	29/11/2025 CTA B CHAMPS 2025
47	36.82	L	F	Aryah Naidoo	10	USC	BUF	12/12/2025 NMBA Championships 2025
48	36.85	L	F	Luzay Gerber	10	BEST	NMA	30/01/2026 Infinity Gala 2026
49	36.86	L	P	Amélie Smith	9	TUKS	FSH	29/03/2026 SA Level 2 Regional Age Group Cham
50	36.98	L	P	Aria Perdijk	9	TUKS	FSH	29/03/2026 SA Level 2 Regional Age Group Cham
51	37.00	L	F	Zara Oganisian	9	WSTV	ETH	31/03/2026 SA Level 2 Regional Age Group Cham
52	37.03	L	F	Cari van der Merwe	10	SWAR	WCD	21/02/2026 Swartland Invitational Gala 2026
53	37.10	L	F	Janika Roux	10	DORE	JHB	27/11/2025 CGA Championships 2025
54	37.16	L	F	Leva Meiring	10	LSM	EZD	13/02/2026 NW School Championships 2026
55	37.20	L	F	Ingrid Filter	10	TYGE	CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
56	37.26	L	F	Leah Staples	10	PELIC	MAN	03/12/2025 Free State Champs 2025
57	37.29	L	P	Sophia Potgieter	9	SS	MPD	29/03/2026 SA Level 2 Regional Age Group Cham
58	37.30	L	P	Nicole Eleftheriou	10	HARL	BUF	06/03/2026 SA Level 2 Regional Age Group Cham

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	Time	P/F/S	Name	Age/Yr			
59	37.39	L	P	Henriette Odendaal	10	QSSC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
60	37.44	L	F	Anje Bartmann	10	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
61	37.46	L	P	Aiva-Grace Wittstock	9	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
62	37.50	L	P	Emily Goosen	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
63	37.51	L	F	Liv Hamilton	9	EXP TSH	05/12/2025 2025 The Tshwane Mayor's Gala
64	37.54	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
65	37.56	L	P	Livia Franzsen	10	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
66	37.66	L	P	Sofia Grebe	10	CUHE QBD	06/03/2026 SA Level 2 Regional Age Group Cham
67	37.69	L	F	Boledi Maredi	10	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
68	37.71	L	F	Sophia Greeff	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
69	37.76	L	F	Willow Landman	10	AA JHB	27/11/2025 CGA Championships 2025
70	37.80	L	P	Eva De Angelis	BR	VASA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
71	37.84	L	F	Ava Kruger	10	ESA CED	22/11/2025 Swartland Prestige Gala 2025
72	37.87	L	F	Penelope Synodinos	9	CASC CPT	06/02/2026 WCA-B Champs - 2026
73	37.90	L	P	Lene Kriel	10	LALE CED	06/03/2026 SA Level 2 Regional Age Group Cham
74*	37.99	L	F	Riley Adams	10	CSA EZD	16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY
74*	37.99	L	P	Carli Steenkamp	9	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
76	38.02	L	P	Chloé Scott	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
77	38.03	L	P	Rouxvé Henn	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
78	38.07	L	P	Iviwe Nobongoza	10	FAC EKU	29/03/2026 SA Level 2 Regional Age Group Cham
79*	38.09	L	F	Emelia Veaudry	10	HARL BUF	28/11/2025 BCA Long Course Championships 202
79*	38.09	L	P	Jala Olivier	10	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
81	38.16	L	P	Katja Marcus	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
82	38.18	L	P	Raya Singh	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
83	38.20	L	F	Amy Dawson	10	XCEL CPT	21/02/2026 Swartland Invitational Gala 2026
84	38.22	L	P	Leah Schley	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
85	38.23	L	F	Enhle Mthembu	9	OHAN ILD	31/01/2026 uShaka Champs 2026
86	38.26	L	F	Melanie Madenyika	10	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
87	38.27	L	P	Yolla Mario	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
88	38.29	L	P	Lua Haasbroek	10	BLSS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
89	38.32	L	F	Ziané Boshoff	10	TINC TSH	31/10/2025 NTS Level 1+2 November Age Group :
90	38.33	L	P	Amice Seaman	9	UNIU EZD	29/03/2026 SA Level 2 Regional Age Group Cham
91	38.36	L	P	Alexis Scheepers	9	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
92	38.37	L	P	Lilani Wolmarans	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
93	38.38	L	P	Rouxi Dong	10	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
94	38.44	L	F	Ziyanda Mtetwa	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
95	38.46	L	F	Leah De Wet	10	FISH EDD	22/11/2025 Eden LC Champs 2025
96	38.53	L	F	Cara Swanepoel	10	UNI EZD	05/12/2025 Mpumalanga Championships 2025
97*	38.54	L	F	Milay Van der Merwe	9	VASTR BPD	13/02/2026 NW School Championships 2026
97*	38.54	L	P	Rachel Coleman	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
99	38.69	L	P	Kora Glencross	9	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
100*	38.74	L	F	Mmangaliso Mkhize	9	SGUL ETH	06/10/2025 Seagulls Winter Championships 2025
100*	38.74	L	P	Emily Jacobs	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
100*	38.74	L	F	Ava Greyvenstein	9	USC BUF	30/01/2026 Infinity Gala 2026
103	38.76	L	F	Mila Van Zyl	9	BS LLD	28/02/2026 FSA LEVEL 1 2026
104	38.77	L	P	Riley Henderson	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
105	38.80	L	P	Ava O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
106	38.85	L	P	Sofiyah Bodiat	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
107	38.86	L	P	Pheladi Manoko	10	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
108	38.87	L	P	Madison Grobler	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
109*	38.90	L	P	Lukholo Ratsibe	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
109*	38.90	L	P	Ankia Slabbert	10	BRAVE CED	06/03/2026 SA Level 2 Regional Age Group Cham
111	38.95	L	F	Lumay De Beer	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
112	38.99	L	P	Mmelwa Mtshweni	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
113	39.00	L	F	Rebecca Lawson	10	CTO CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
114	39.01	L	P	Talin Maatouk	10	SASE JHB	27/11/2025 CGA Championships 2025
115	39.04	L	F	Lila Roux	10	GREY CPT	06/02/2026 WCA-B Champs - 2026
116*	39.12	L	F	Julie-Anne Loots	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
116*	39.12	L	F	Eva Coates	10	WAC EDD	30/01/2026 Infinity Gala 2026

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	Time	P/F/S	Name	Age/Yr			
118	39.16	L	F	Irma-Ann Orffer	10	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
119	39.18	L	F	Elke Bochmann	10	OHAN ILD	31/01/2026 uShaka Champs 2026
120*	39.22	L	F	Liani Van Deventer	10	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
120*	39.22	L	P	McKenzie Clark	10	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
122	39.26	L	P	Imone Venter	10	RBOT BPD	06/12/2025 NWS Championships 2025
123	39.28	L	P	Genevieve Joubert	10	RFA TSH	30/03/2026 SA Level 2 Regional Age Group Cham
124	39.30	L	F	Marli Swiegers	8	BULS MAN	28/02/2026 FSA LEVEL 1 2026
125	39.33	L	P	Shay Grobler	9	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
126*	39.35	L	P	Bohlale Mofokeng	10	JAQ EKU	29/03/2026 SA Level 2 Regional Age Group Cham
126*	39.35	L	F	Jamie Pentz	10	BLOT MAN	03/12/2025 Free State Champs 2025
128*	39.36	L	F	Ziane Geldenhuys	10	SFSC CPT	06/02/2026 WCA-B Champs - 2026
128*	39.36	L	P	Kuno Moleme	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
130	39.42	L	F	Taylor Geswind	10	USC BUF	12/12/2025 NMBA Championships 2025
131	39.47	L	F	Arwen Dannatt	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
132	39.48	L	P	Alessandra De Dominicis	10	CRSC JHB	29/03/2026 SA Level 2 Regional Age Group Cham
133	39.49	L	F	Klarah Geldenhuys	9	ACAQ CCD	28/11/2025 Limpopo Champs 2025
134	39.57	L	F	Savanah Davies	9	ASAC CPT	06/02/2026 WCA-B Champs - 2026
135	39.61	L	F	Ntwanano Chauke	9	DORE JHB	28/02/2026 AG Level 1 Regional Competition 2026
136	39.62	L	P	Vida - Ani Markgraaff	10	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
137*	39.63	L	P	Lisa Hanekom	10	BARR CPT	06/03/2026 SA Level 2 Regional Age Group Cham
137*	39.63	L	F	Paige Plumb	10	CSA EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
137*	39.63	L	F	Hadassah Ragavan	10	KLOO ETH	15/11/2025 KZN Junior Championships 2025
137*	39.63	L	F	Leah Spangenberg	9	XCEL CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
141	39.64	L	P	Olivia-Reign Thomson	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
142	39.66	L	F	Heidi Du Toit	10	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
143	39.73	L	P	Camika Bellamy	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
144	39.77	L	F	Bailey Stoltz	9	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
145	39.80	L	F	Sarélda Velthuysen	10	SS MPD	28/11/2025 Limpopo Champs 2025
146	39.81	L	F	Mathabo Marutla	10	FAC EKU	28/02/2026 AG Level 1 Regional Competition 2026
147	39.82	L	F	Lia Adams	10	STAQ CED	22/11/2025 Swartland Prestige Gala 2025
148	39.84	L	P	Daniella Govender	10	BEAV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
149	39.88	L	F	Lua Smith	10	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
150*	39.91	L	F	Kayla Snoeck Henkemans	9	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
150*	39.91	L	F	Brooklyn Norton	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
152	39.95	L	F	Madison Pienaar	10	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
153	39.98	L	F	Lee-Ann Du Plessis	10	RUSTL BP	13/02/2026 NW School Championships 2026
154*	39.99	L	F	Nila Van der Merwe	9	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
154*	39.99	L	P	Kaylee Engelbrecht	9	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
156	40.00	L	F	Belissa Shabangu	9	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
157	40.02	L	P	Quinn Smith	9	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
158	40.08	L	P	Alexia Virgillito	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
159	40.10	L	F	Yandzisa Sambo	10	UNI EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
160	40.11	L S	P	Olivia Schoultz	9	CA EKU	04/12/2025 EGA Summer Championships 2025
161	40.13	L	F	Lilly Visser	8	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
162	40.15	L	P	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
163	40.16	L	F	Stephanie Lewies	8	TINC TSH	28/02/2026 AG Level 1 Regional Competition 2026
164	40.18	L	F	Ané Plath	9	CSA EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
165	40.19	L	F	Amee De Fortier	10	PAC TSH	31/10/2025 NTS Level 1+2 November Age Group :
166	40.22	L	F	Sophia Erasmus	10	BETH FDD	03/12/2025 Free State Champs 2025
167	40.27	L	F	Adeleen Erasmus	9	RFA TSH	28/02/2026 AG Level 1 Regional Competition 2026
168	40.34	L	F	Sophie Joubert	10	NSAD EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
169	40.36	L	F	Alana Bam	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
170*	40.44	L	F	Jennifer Williams	10	PEAS NMA	12/12/2025 NMBA Championships 2025
170*	40.44	L	F	Adelaide Van Oosten	9	RFA TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
172	40.49	L	F	Elaine Jacobs	10	TUKS TSH	31/10/2025 NTS Level 1+2 November Age Group :
173	40.50	L	F	Ava-Jayne Cuninghame	10	HAAG UTD	31/01/2026 UThukela District Gala 4
174	40.51	L	P	Emily Mijatovic	10	H2O EKU	29/03/2026 SA Level 2 Regional Age Group Cham
175	40.54	L	F	Amelia Figueiredo	10	PSCP UMD	09/07/2025 TYR Prestige Tournament 2025
176*	40.58	L	F	Ane Van Lill	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025

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	Time	P/F/S	Name	Age/Yr			
176*	40.58	L	F	Karli Botha	10	KALA	14/02/2026 KALAHARI CLASSIC 2026
178	40.61	L	F	Elizabeth Laubscher	10	GREY CPT	06/02/2026 WCA-B Champs - 2026
179*	40.69	L S	P	Brynn Jacobs	10	TCA EKU	04/12/2025 EGA Summer Championships 2025
179*	40.69	L	F	Lunell vd Merwe	10	DSK BP	13/02/2026 NW School Championships 2026
181*	40.73	L	F	Emma Potgieter	8	ESA CED	22/11/2025 Swartland Prestige Gala 2025
181*	40.73	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
181*	40.73	L	F	Amelie Greeff	10	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
184	40.78	L	F	Chenique Du Plessis	10	PELIC MAN	23/01/2026 Mangaung Gala
185	40.82	L	F	Jelanri Du Toit	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
186	40.83	L	F	Bea-Mari Bekker	10	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
187*	40.87	L	F	Bemnet Worku	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
187*	40.87	L	F	Ellie van der Mescht	10	PEAS NMA	12/12/2025 NMBA Championships 2025
189	40.89	L	P	Nina Bosch	10	DRGN JHB	27/11/2025 CGA Championships 2025
190	40.96	L	F	Luthando Khoza	9	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
191	40.99	L	F	Dimpho Molepo	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
192	41.02	L	F	Jahne Fick	10	JOIEC	07/02/2026 NC SPRINTS 2026
193	41.03	L	F	Lily Erasmus	10	PELIC MAN	07/11/2025 Otters Prestige Gala 2025
194	41.12	L	P	Annabelle Johnson	10	BLUO UGD	31/03/2026 SA Level 2 Regional Age Group Cham
195*	41.14	L	F	Daniella Da Silva	8	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
195*	41.14	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
197	41.19	L	F	Shylo Smith	10	LSM EZD	13/02/2026 NW School Championships 2026
198	41.24	L	F	Adalyn Shelton	8	ESTR EKU	31/01/2026 EGA Last Chance Gala 2026
199	41.29	L	F	Jemima Muirhead	10	KNYA EDD	22/11/2025 Eden LC Champs 2025
200	41.30	L	F	Riley-Jane Smit	10	SEAL UMD	09/07/2025 TYR Prestige Tournament 2025
201	41.33	L	F	Mia Linder	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
202	41.36	L	P	Jumari Du Toit	10	STGR XRD	30/03/2026 SA Level 2 Regional Age Group Cham
203	41.38	L	F	Clara Kraamwinkel	9	RFA FSH	03/10/2025 NTS Level 1+2 October Age Group 20
204	41.39	L	F	Harlee Hodgson	9	OHAN ILD	06/10/2025 Seagulls Winter Championships 2025
205	41.40	L	P	Luane' Griessel	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
206	41.43	L	P	Michaela Johnson	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
207	41.44	L	P	Tiffany Mujati	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
208	41.45	L	F	Shifaa Benjamin	10	SAAW CPT	21/02/2026 Swartland Invitational Gala 2026
209	41.50	L	F	Clarise Blom	8	TUKS FSH	23/01/2026 2026 NTS Sprint Gala
210	41.56	L	F	Mareli Janse van Rensburg	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
211	41.57	L	F	Aniek Myburgh	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
212	41.59	L	P	Gabrealle Coetzee	10	BEARS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
213	41.61	L	F	Isabella Lacey	9	FRA KCD	30/03/2026 KZNA Level 1 Championships
214*	41.63	L	F	Rainn Hughes	10	BARR CPT	29/11/2025 CTA B CHAMPS 2025
214*	41.63	L	F	Lieke Nelson	9	VASTR BPD	13/02/2026 NW School Championships 2026
216	41.67	L	F	Amelia Deiner	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
217	41.70	L	F	Mila Jooste	8	GREY CPT	06/02/2026 WCA-B Champs - 2026
218*	41.73	L	F	Willow Bezuidenhout	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
218*	41.73	L	F	Zivah Carson	10	BULS MAN	10/10/2025 Super Seals Annual Gala
220*	41.76	L	F	Cathrine Van der Merwe	10	ESA CED	06/02/2026 WCA-B Champs - 2026
220*	41.76	L	F	Birgitte Oosthuizen	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
222	41.81	L	F	Hannah Allison	8	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
223	41.82	L	P	Emily Rushin	10	HURAQ CPT	06/03/2026 SA Level 2 Regional Age Group Cham
224	41.83	L	F	Gopolang Mamogale	10	TUKS FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
225	41.84	L	P	Erynn Clancy	10	DRGN EKU	29/03/2026 SA Level 2 Regional Age Group Cham
226	41.89	L	F	Ché Sebastiao	8	TUKS FSH	23/01/2026 2026 NTS Sprint Gala
227*	41.91	L	F	Micah Bezuidenhout	9	ROA EDD	22/11/2025 Eden LC Champs 2025
227*	41.91	L	F	Madison Caine	9	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
227*	41.91	L	P	Alexandra Evans	10	RACE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
227*	41.91	L	F	Lynise Erasmus	10	WELA LLD	03/12/2025 Free State Champs 2025
231*	41.92	L	P	Ella Rundle	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
231*	41.92	L	F	Amber Maclachlan	10	OHAN ILD	31/01/2026 uShaka Champs 2026
231*	41.92	L	F	Zahn Potgieter	10	DDA FSH	28/02/2026 AG Level 1 Regional Competition 2026
234	41.93	L	F	Oluchi Nwankwoagu	10	TUKS FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
235	41.94	L	F	Emily Hattingh	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	41.95	L	F	Monja Geldenhuys	10	SUN NMA	14/03/2026 Level 1 District Age Group Gala 2026
237*	41.96	L	F	Leillah Bendeman	9	SS MPD	25/10/2025 Limpopo Age Group 5 of 2025/26
237*	41.96	L	F	Kayla Fouche	10	TYGE CPT	06/02/2026 WCA-B Champs - 2026
239	41.99	L	F	Caylee Thompson	8	BEST NMA	30/01/2026 Infinity Gala 2026
240	42.03	L	P	Liane Van Zyl	10	STAR BPD	06/12/2025 NWS Championships 2025
241	42.08	L	F	Hemre Welman	10	BULS MAN	03/12/2025 Free State Champs 2025
242*	42.11	L	F	Olivia Lamprecht	9	WAC EDD	08/11/2025 EDEN 3rd A-League Gala 2025
242*	42.11	L	F	Josie Faught	10	USC BUF	24/01/2026 BCA January Age Group Gala 2026
244	42.13	L	F	Zané Senekal	10	RFA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
245	42.16	L	P	Sarah-Faye Lubbe	10	KTS	30/03/2026 SA Level 2 Regional Age Group Cham
246	42.24	L	F	Hanneli Van der Watt	10	ASAC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
247	42.26	L	F	Kiana De Amorim	10	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
248*	42.28	L	P	Adel�ne Baard	8	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
248*	42.28	L	F	Amelia Moodley	10	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
250	42.34	L	F	Misha Howard	8	TKS WBD	28/11/2025 Limpopo Champs 2025
251	42.38	L	F	Paigan Stols	9	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
252	42.47	L	F	Skyler Shelton	10	ESTR EKU	31/01/2026 EGA Last Chance Gala 2026
253	42.48	L	P	Denni Kriel	8	GREY CPT	06/03/2026 SA Level 2 Regional Age Group Cham
254	42.52	L	F	Lethabo Mokoena	9	FAC EKU	28/02/2026 AG Level 1 Regional Competition 2026
255	42.53	L	F	Karli Annandale	9	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
256	42.58	L	F	Callie Gomes	7	TUKS TSH	04/10/2025 ZASU Matero Twilight Special 2025-26
257	42.60	L	F	Esmere Maritz	10	JOIEC	05/12/2025 NCASA CHAMPS 2025 - copied - copi
258	42.62	L	P	Khumo Mogane	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
259	42.66	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
260	42.67	L	F	Minay Boshoff	10	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
261*	42.68	L	F	Elmi van Heerden	10	BS LLD	03/12/2025 Free State Champs 2025
261*	42.68	L	F	Niki Eastman	8	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
263	42.70	L	P	Thatum Smith	9	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
264	42.73	L	P	Khumo Ranape	10	BAS EKU	29/03/2026 SA Level 2 Regional Age Group Cham
265*	42.85	L	P	Miah Engelbrecht	9	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
265*	42.85	L	F	Willemina Bekker	9	KSTAR EDD	24/01/2026 EDEN 4th A-League Gala 2026
267*	42.86	L	F	Rosemary Nelson	10	PEAS NMA	30/08/2025 Madibaz Swim Meet 2025
267*	42.86	L	F	Livia Venter	10	LEGMA WBD	31/01/2026 Limpopo School Champs & Limpopo A
269	42.87	L	F	Amelia Hawksley	9	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
270	42.90	L	F	Ashley Goller	10	TUKS TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
271	42.92	L	P	Isla Bure	10	KLOO ETH	31/03/2026 SA Level 2 Regional Age Group Cham
272	42.93	L	F	Kristebelle Stander	9	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
273	42.95	L	F	Zara Du Plessis	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025
274*	42.96	L	F	Klara Meindersma	10	AWIN TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
274*	42.96	L	F	Adia Theko	9	PELIC MAN	28/02/2026 FSA LEVEL 1 2026
276	43.01	L	P	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
277	43.03	L	F	Everly Nel	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
278	43.15	L	F	Kianna Flunger	10	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
279	43.16	L	F	Angelique Pieterse	8	WAC EDD	24/01/2026 EDEN 4th A-League Gala 2026
280	43.17	L	F	Lize-Marie Du Plessis	10	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
281	43.18	L	F	Mila De Kock	10	CA EKU	22/11/2025 EGA Summer 3 & 4
282	43.23	L	F	Evelyn Du Plessis	10	FSE KCD	06/12/2025 Stingrays Champs 2025
283	43.26	L	F	Anja Pieterse	9	BLUO UGD	30/03/2026 KZNA Level 1 Championships
284	43.30	L	F	Jank� Terblanche	9	STSC KCD	30/03/2026 KZNA Level 1 Championships
285	43.31	L S	P	Thandolwethu Teto	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
286	43.33	L	F	Elri Vorster	9	HPS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
287	43.35	L	F	Hannah Shonayi	7	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
288	43.39	L	F	Nobanzi Mnisi	10	TUKS TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
289	43.44	L	F	Mila Coetzee	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
290*	43.45	L	F	Abigail Vermaak	10	KSC EZD	05/12/2025 Mpumalanga Championships 2025
290*	43.45	L	F	Kiana Candiotes	8	GHS BPD	13/02/2026 NW School Championships 2026
292	43.46	L	F	Talia Botha	9	INFA NMA	12/12/2025 NMBA Championships 2025
293	43.50	L	F	Emily Schutte	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
294	43.52	L	F	Genevi Saayman	8	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
295	43.57	L	F	Maria Ferreira	9	HREF BP	22/11/2025 EGA Summer 3 & 4
296*	43.59	L	F	Taylor Jones	10	VINE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
296*	43.59	L	F	Amahle Maseko	10	AWIN TSH	31/10/2025 NTS Level 1+2 November Age Group :
296*	43.59	L	F	Nsovo Mabasa	9	SS MPD	28/11/2025 Limpopo Champs 2025
296*	43.59	L	P	Car - Li Roux	9	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
300	43.60	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026 NW School Championships 2026
301	43.65	L	F	Hanné Alberts	10	VOLK NMA	14/03/2026 Level 1 District Age Group Gala 2026
302	43.77	L	F	Kacey Brophy	8	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
303	43.79	L	F	Caylen Preston	9	BLUO UGD	30/03/2026 KZNA Level 1 Championships
304	43.81	L	F	Emma Holt	9	TRAZ TSH	03/10/2025 NTS Level 1+2 October Age Group 20
305*	43.85	L	F	Calynn Harvett	10	STAQ CED	06/02/2026 WCA-B Champs - 2026
305*	43.85	L	F	Johanna Erasmus	9	BETH FDD	03/12/2025 Free State Champs 2025
307*	43.95	L	P	Keira Damons	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
307*	43.95	L	F	Lia Geldenhuys	10	BULS MAN	03/12/2025 Free State Champs 2025
309	43.96	L	P	Mia Oswald	8	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
310	43.99	L	F	Leah Ranft	8	BLOT MAN	28/02/2026 FSA LEVEL 1 2026
311	44.00	L	F	Erin Goller	10	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
312*	44.01	L	F	Lukhanyo Dladla	8	CSA EZD	05/12/2025 Mpumalanga Championships 2025
312*	44.01	L	F	Nina Vlok	8	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
314	44.08	L	F	Lillian Gregory	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
315	44.10	L	F	Ava Sookdeo	10	ESTR EKU	28/02/2026 AG Level 1 Regional Competition 2026
316	44.13	L	F	Ava-Leigh de Kock	8	LSM EZD	13/02/2026 NW School Championships 2026
317	44.14	L	F	Sarah Carelse	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
318	44.15	L	F	Lize' Husselmann	10	PELIC MAN	24/10/2025 Neptunes Gala
319	44.17	L	F	Hope Koopman	10	LEGC ETH	31/01/2026 uShaka Champs 2026
320	44.20	L	F	Meane Dreyer	9	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
321*	44.22	L	F	Christien Snyman	9	ELRAS WBD	31/01/2026 Limpopo School Champs & Limpopo A
321*	44.22	L	F	Anica MacRobert	9	KSTAR EDD	14/02/2026 EDEN 5th A-League Gala 2026
323	44.26	L	F	Imaan Mosaval	10	WALM CPT	29/11/2025 CTA B CHAMPS 2025
324	44.28	L	F	Leah Fourie	9	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
325	44.30	L	F	Sakeenah Du Toit	10	UWCA CPT	06/02/2026 WCA-B Champs - 2026
326	44.34	L	F	Larissa Botha	10	BLMA CPT	22/11/2025 Swartland Prestige Gala 2025
327	44.41	L	P	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025
328	44.45	L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
329	44.46	L	F	Kiara Leigh Schultz	9	PPARK BP	13/02/2026 NW School Championships 2026
330	44.47	L	F	Zara Bayisayi	9	TCA EKU	28/02/2026 AG Level 1 Regional Competition 2026
331	44.50	L	F	Sophia Wustefeld-Janssens	10	STAQ CED	09/10/2025 44th Freda Barnard Invitational Gala
332	44.54	L	F	Alisha Nell	10	BLMA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
333	44.55	L	F	Addision Breeds	9	BETH FDD	28/02/2026 FSA LEVEL 1 2026
334	44.57	L	F	Phathu Mabasaf	10	AWIN TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
335	44.60	L	F	Ashleigh Muchauraya	8	LEGC ETH	30/03/2026 KZNA Level 1 Championships
336	44.66	L	F	Rebecca Ayerst	10	WILL NMA	14/03/2026 Level 1 District Age Group Gala 2026
337	44.70	L	F	Marli Loubser	9	ELRAS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
338	44.76	L	F	Amere Venter	8	PPARK BP	13/02/2026 NW School Championships 2026
339	44.84	L	F	Leandi Bender	9	RFA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
340	44.85	L	F	Chaney Nathan	10	FISH EDD	08/11/2025 EDEN 3rd A-League Gala 2025
341	44.88	L	F	Ziyanda Mthembu	10	HAAG UTD	30/03/2026 KZNA Level 1 Championships
342	44.90	L	F	Lesego Magwaza	10	H2O EKU	28/02/2026 AG Level 1 Regional Competition 2026
343	44.92	L	F	Milah Havenga	9	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
344	45.00	L	F	Ya'el Jooste	9	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
345	45.06	L	F	Amelia Visagie	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
346	45.09	L	F	Annamy vd Merwe	9	MCSP BPD	13/02/2026 NW School Championships 2026
347	45.13	L	F	Catherine McClelland	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
348	45.15	L	F	Kylie Delpont	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
349*	45.16	L	F	Tshireletso Mogajane	9	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
349*	45.16	L	F	Kaylin Keyser	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
351*	45.23	L	F	Milandi Burger	9	ROA EDD	09/10/2025 44th Freda Barnard Invitational Gala
351*	45.23	L	F	Kayla van der Merwe	8	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
353	45.24	L	F	Anja Bochmann	9	OHAN ILD	09/07/2025 TYR Prestige Tournament 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
354	45.25	L	F	Mosa Leshilo	9	TUKS FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
355	45.36	L	F	Isabella Engela	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
356	45.40	L	F	Kganya Sekgobela	9	CA EKU	11/10/2025 EGA Summer 2
357	45.41	L	F	Ryleigh Ellenberger	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
358	45.51	L	F	Giah Sutton	9	LSM EZD	13/02/2026 NW School Championships 2026
359	45.68	L	F	Hester Coetzee	10	WAC EDD	04/10/2025 EDEN 1st A-League Gala 2025
360*	45.72	L	F	Abigail Ninkovic	10	HPS FSH	28/02/2026 AG Level 1 Regional Competition 2026
360*	45.72	L	F	Saoirse Stoltz	9	ESA CED	22/11/2025 Swartland Prestige Gala 2025
362	45.73	L	F	Nicola Johnson	8	BLUO UGD	30/03/2026 KZNA Level 1 Championships
363	45.74	L	F	Sofia Daniels	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
364	45.81	L	F	Thalia Yorkas	10	BLOT MAN	03/12/2025 Free State Champs 2025
365	45.82	L	F	Lara Van Viegen	10	BLSS MAN	03/12/2025 Free State Champs 2025
366	45.98	L	F	Keziah Rae Steyn	9	WAC EDD	22/11/2025 Eden LC Champs 2025
367	46.02	L	F	Amelie Viljoen	8	TKS WBD	28/11/2025 Limpopo Champs 2025
368	46.03	L	F	Isabelle Hooghiemstra	9	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
369	46.06	L	F	Chenique Liebenberg	9	SS MPD	28/11/2025 Limpopo Champs 2025
370	46.07	L	F	Anzelle De Bruyn	10	BETH FDD	03/12/2025 Free State Champs 2025
371*	46.08	L	F	Esmeralda van Niekerk	9	AWIN FSH	28/02/2026 AG Level 1 Regional Competition 2026
371*	46.08	L	F	Adele Van der Merwe	10	PSA ZLD	30/03/2026 KZNA Level 1 Championships
373	46.11	L	F	Anke Roets	10	SUN NMA	14/03/2026 Level 1 District Age Group Gala 2026
374	46.18	L	F	Leah Marais	9	TASC MPD	25/10/2025 Limpopo Age Group 5 of 2025/26
375	46.19	L	F	Madelie Ras	9	GHS BPD	13/02/2026 NW School Championships 2026
376	46.20	L	F	Meklit Woldemariam	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
377	46.23	L	F	Elize Pretorius	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
378*	46.43	L	F	Scarlett Jungnicz	10	SEAL UMD	30/03/2026 KZNA Level 1 Championships
378*	46.43	L	F	Mienke Dirker	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
380*	46.54	L	F	Muneiwa Thidiela	8	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
380*	46.54	L	F	Gia Mcdonald	10	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
380*	46.54	L	F	Jasmyn Olckers	10	RUSTL BP	13/02/2026 NW School Championships 2026
383	46.62	L	F	Milan van der Westhuizen	9	IND MP	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
384	46.63	L	F	Adanje Du Plessis	10	BRAVE CED	21/02/2026 Swartland Invitational Gala 2026
385	46.69	L	P	Kara Spies	10	HARB BPD	30/03/2026 SA Level 2 Regional Age Group Cham
386	46.73	L	F	Kiana De La Rouviere	10	SUMW NMA	14/03/2026 Level 1 District Age Group Gala 2026
387	46.74	L	F	Gizelle Roelofse	9	VRC FSH	03/10/2025 NTS Level 1+2 October Age Group 20
388*	46.78	L	F	Mekayla Van der Bank	10	TKS WBD	25/10/2025 Limpopo Age Group 5 of 2025/26
388*	46.78	L	F	Miané Wills	8	LPTBO CCD	31/01/2026 Limpopo School Champs & Limpopo A
390	46.88	L	F	Olivia De Witt	9	BLSS MAN	03/12/2025 Free State Champs 2025
391	46.95	L	F	Olivia Holliday	8	CA EKU	28/02/2026 AG Level 1 Regional Competition 2026
392	46.99	L	F	Mischke Ballot	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
393	47.03	L	F	Klarabelle van Heerden	10	BEARS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
394	47.10	L	P	Mia Williams	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
395	47.14	L	P	Minke Swart	9	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
396	47.15	L	F	Lienca Van Niekerk	10	PSA ZLD	06/12/2025 Stingrays Champs 2025
397	47.17	L	F	Lienke Coetzee	9	SS MPD	25/10/2025 Limpopo Age Group 5 of 2025/26
398	47.19	L	F	Milane Loock	9	NSAD EZD	05/12/2025 Mpumalanga Championships 2025
399	47.34	L	F	Efua Quagraine	9	CA EKU	21/02/2026 EGA Lets Sprint Gala 2026
400	47.41	L	F	Avah Spies	8	ROA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
401	47.44	L	F	Hannah de Villiers	10	CPSC FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
402	47.45	L	F	Lené Erasmus	8	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
403	47.50	L	F	Annabelle Landman	10	FISH EDD	22/11/2025 Eden LC Champs 2025
404	47.53	L	F	Milan Swart	9	ESA CED	24/01/2026 Drakenstein Invitational - copied
405	47.57	L	F	Imke-Marie Vd Westhuizen	8	SS MPD	28/11/2025 Limpopo Champs 2025
406	47.58	L	P	Nolwazi Sinxi	10	DRGN EKU	29/03/2026 SA Level 2 Regional Age Group Cham
407	47.71	L	F	Aylah Molotsane	8	DRGN JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
408	47.81	L	F	Christel Heckroodt	9	STGR XRD	07/02/2026 NC SPRINTS 2026
409	47.84	L	P	Onalerona Gorewang	10	NWUC KKD	30/03/2026 SA Level 2 Regional Age Group Cham
410*	47.86	L	F	Leané Rademeyer	9	KALA	21/02/2026 AGE GROUP 6 KATHU 2026 - copied
410*	47.86	L	F	Siana Dowle	10	SS MPD	28/11/2025 Limpopo Champs 2025
412	47.87	L	F	Katherina Van Den Berg	9	EXP FSH	28/02/2026 AG Level 1 Regional Competition 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
413	47.88 L	F	India Parr	10	KNYA EDD	04/10/2025	EDEN 1st A-League Gala 2025
414	47.91 L S	P	Umo Ramotlou	10	SOUL EKU	04/12/2025	EGA Summer Championships 2025
415	48.00 L	F	Mikayla Mtsenga	10	DOLFI MPD	28/11/2025	Limpopo Champs 2025
416	48.09 L	F	Ava Maasdorp	10	HPS TSH	03/10/2025	NTS Level 1+2 October Age Group 20
417	48.11 L	F	Lerato Nkwana	8	POLSC CCD	28/11/2025	Limpopo Champs 2025
418	48.13 L	F	Lindi Marais	9	SWAR WCD	21/02/2026	Swartland Invitational Gala 2026
419	48.31 L	F	Kate Pombo	9	BARR CPT	09/10/2025	44th Freda Barnard Invitational Gala
420	48.40 L	F	Loyed Negash	10	BARA EKU	11/10/2025	EGA Summer 2
421	48.44 L	F	Lané Botes	9	SS MPD	31/01/2026	Limpopo School Champs & Limpopo A
422	48.48 L	F	Avery Hutchison	8	NC FBD	31/01/2026	4+1 INTERPROVINCIAL GALA 2026
423	48.50 L	F	Zione van Zyl	9	JOIEC	07/02/2026	NC SPRINTS 2026
424*	48.55 L	F	Elani Vorster	9	TUKS TSH	28/02/2026	AG Level 1 Regional Competition 2026
424*	48.55 L	F	Bea Dixon	10	FAAC	21/02/2026	AGE GROUP 6 KBY 2026
426	48.57 L	F	Milani Rikhotso	10	AASC EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25
427	48.71 L	F	Morgan Mitchell-Innes	9	HAAG UTD	30/03/2026	KZNA Level 1 Championships
428	48.72 L	F	Ame Briedenhann	9	BLNE MAN	03/12/2025	Free State Champs 2025
429	48.75 L	F	Simoné Van der Bank	9	TKS WBD	25/10/2025	Limpopo Age Group 5 of 2025/26
430	48.77 L	F	Madison Venter	9	TUKS TSH	31/10/2025	NTS Level 1+2 November Age Group :
431	48.79 L	F	Riley La Grange	9	BETH FDD	03/12/2025	Free State Champs 2025
432*	48.82 L	F	Sibandle Msiza	9	H2O EKU	28/02/2026	AG Level 1 Regional Competition 2026
432*	48.82 L	F	Sihawukele Simelane	10	USH KCD	31/01/2026	uShaka Champs 2026
432*	48.82 L	F	Tatum Duncan	10	GHS BPD	13/02/2026	NW School Championships 2026
435	48.87 L	F	Elizabeth vd Berg	9	BLS KK	13/02/2026	NW School Championships 2026
436	49.01 L	F	Busisiwe Mosibi	10	MAKO EKU	28/02/2026	AG Level 1 Regional Competition 2026
437	49.10 L	F	Cara Hendricks	10	TYGE CPT	28/06/2025	PEA Winter Gala 2025
438	49.11 L	F	Ninke Botha	10	SWAR WCD	21/02/2026	Swartland Invitational Gala 2026
439	49.16 L	F	Olivia Harbron	10	FAAC	03/12/2025	Free State Champs 2025
440	49.19 L	F	Tsebo Maphologela	9	DRGN EKU	28/02/2026	AG Level 1 Regional Competition 2026
441	49.21 L	F	Leancke Barocci	8	ROA EDD	08/11/2025	EDEN 3rd A-League Gala 2025
442	49.22 L	F	Lexi Street	10	HPS TSH	28/02/2026	AG Level 1 Regional Competition 2026
443	49.26 L	F	Carli Labuschagne	9	GREY CPT	09/10/2025	44th Freda Barnard Invitational Gala
444	49.29 L	F	Divine Ogiorumua	9	HARL BUF	28/11/2025	BCA Long Course Championships 2025
445	49.30 L	F	Zanda Loni	8	COLJ NMA	14/03/2026	Level 1 District Age Group Gala 2026
446	49.33 L	F	Rethabile Letsoalo	10	SFSC CPT	21/02/2026	Swartland Invitational Gala 2026
447*	49.34 L	F	Corrali Duvenhage	8	BARR CPT	29/11/2025	CTA B CHAMPS 2025
447*	49.34 L	F	Thengwiwe Myende	10	SEAL UMD	30/03/2026	KZNA Level 1 Championships
449	49.38 L	F	Alyssa Du Toit	8	SS MPD	31/01/2026	Limpopo School Champs & Limpopo A
450	49.49 L	F	Iyazi Ntlokwana	10	SDSC OTD	28/11/2025	BCA Long Course Championships 2025
451	49.59 L	F	Klara Van Rooyen	10	HPS TSH	28/02/2026	AG Level 1 Regional Competition 2026
452	49.65 L	F	Yan-Ci Wong	10	HAAG UTD	31/01/2026	UThukela District Gala 4
453	49.70 L	F	Aurora Lopes	9	MAKO EKU	28/02/2026	AG Level 1 Regional Competition 2026
454	49.85 L	F	Maia Ndjadila	8	SFSC CPT	21/02/2026	Swartland Invitational Gala 2026
455	50.05 L	F	Lyn-Mari Morrison	10	PELIC MAN	03/12/2025	Free State Champs 2025
456	50.13 L	F	Paledi Kutu	9	SS MPD	31/01/2026	Limpopo School Champs & Limpopo A
457	50.17 L	F	Eva Holman	9	TUKS TSH	28/02/2026	AG Level 1 Regional Competition 2026
458	50.19 L	F	Bhea Venter	9	SS MPD	31/01/2026	Limpopo School Champs & Limpopo A
459	50.23 L	F	Ariana Yiorkas	8	BLOT MAN	03/12/2025	Free State Champs 2025
460	50.25 L	F	Lesedi Mahlase	10	POLSC CCD	31/01/2026	Limpopo School Champs & Limpopo A
461	50.26 L	F	Arya Mohamed	8	TAJ EKU	28/02/2026	AG Level 1 Regional Competition 2026
462	50.31 L	F	Clara Hurter	10	FAAC	25/10/2025	FLAMINGO & GOODHOPE GALA 2025
463	50.32 L	F	Annabelle Fouche	10	KPA EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2026
464	50.34 L	F	Rone Basson	10	AASC EZD	30/01/2026	AG 5 MP SA SCHOOLS TRIALS 30 J/
465	50.38 L	F	Rachel Schutte	8	CPPS NMA	14/03/2026	Level 1 District Age Group Gala 2026
466	50.40 L	F	Ava Drake	7	SS MPD	28/11/2025	Limpopo Champs 2025
467	50.42 L	F	Holly-May Cuninghame	8	HAAG UTD	30/03/2026	KZNA Level 1 Championships
468	50.58 L	F	Cadence Marcus	9	VINE CPT	29/11/2025	CTA B CHAMPS 2025
469	50.72 L	F	Hannah Kroon	8	AGAQ OBD	21/02/2026	Swartland Invitational Gala 2026
470	50.74 L	F	Gabisile Moshane	9	WELA LLD	03/12/2025	Free State Champs 2025
471	50.75 L	F	Carli Roos	10	CPSC TSH	03/10/2025	Swimpartners Gala (Blue vs White) Oc

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
472	50.81	L	F	Piper Freislich	9	KNYA EDD	04/10/2025 EDEN 1st A-League Gala 2025
473	50.82	L	F	Anika Fleming	9	KALA	14/02/2026 KALAHARI CLASSIC 2026
474	50.84	L	F	Sadie Homan	8	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
475	50.87	L	F	Risima Ngoveni	9	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
476	50.96	L	F	Chanique Steele	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
477	51.17	L	F	Xama Vanda	10	SRAY BUF	28/11/2025 BCA Long Course Championships 2025
478	51.24	L	F	Caia Watidaishe	10	KSSC FBD	29/11/2025 AGE GROUP 4 KBY 2025 - copied - c
479	51.28	L	F	Thatego Letsholo	7	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
480	51.30	L	F	Morgan Ranner	8	ESP ECU	28/02/2026 AG Level 1 Regional Competition 2026
481	51.32	L	F	Khumo Mokone	9	FAC ECU	28/02/2026 AG Level 1 Regional Competition 2026
482	51.34	L	F	Reine Fensham	9	VASTR BPD	13/02/2026 NW School Championships 2026
483	51.35	L	F	Noëlle Teich	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
484	51.43	L	F	Hannah van Emmenis	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
485	51.49	L	F	Ella Coetzee	8	WAC EDD	04/10/2025 EDEN 1st A-League Gala 2025
486	51.55	L	F	Elmien Oosthuizen	9	WRP EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
487*	51.60	L	F	Colien Nyamunda	10	UNI EZD	05/12/2025 Mpumalanga Championships 2025
487*	51.60	L	F	Kenzie Burger	10	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
489	51.61	L	F	Maya Botha	10	KNYA EDD	08/11/2025 EDEN 3rd A-League Gala 2025
490	51.63	L	F	Marli Pretorius	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
491	51.64	L	F	Tshimologo Mabuse	10	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
492	51.67	L	F	Olivia Walker	9	UPSK ZMD	17/01/2026 AGE GROUP 5 UPT 2026
493	51.73	L	F	Israah Abrahams	8	MARL CPT	29/11/2025 CTA B CHAMPS 2025
494	51.76	L	F	Sadie Smit	8	UNIU EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
495	51.77	L	F	Zanyke Spies	7	SS MPD	28/11/2025 Limpopo Champs 2025
496*	51.82	L	F	Ane Engels	10	KSC EZD	05/12/2025 Mpumalanga Championships 2025
496*	51.82	L	F	Emma Larsen	8	FSE KCD	31/01/2026 uShaka Champs 2026
498	51.87	L	F	Jeanri Liebenberg	8	KSSC FBD	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - cop
499	51.96	L	F	Kaone Lesejane	10	GHS BPD	13/02/2026 NW School Championships 2026
500	52.00	L	F	Samantha Muller	7	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
501	52.11	L	F	Milan Hattingh	8	EXP TSH	05/12/2025 2025 The Tshwane Mayor's Gala
502	52.25	L	F	Lihle Speckman	9	AA JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
503	52.42	L	F	Lianke Maritz	8	JOIEC	07/02/2026 NC SPRINTS 2026
504	52.48	L	F	Eshile Zungu	10	USH KCD	31/01/2026 uShaka Champs 2026
505	52.54	L	F	Anja Kruger	10	MAKO ECU	28/02/2026 AG Level 1 Regional Competition 2026
506	52.74	L	F	Cara - Mari Van Der Westhuizen	8	JOIEC	07/02/2026 NC SPRINTS 2026
507	52.76	L	F	Lijah Du Plessis	10	OLS BP	13/02/2026 NW School Championships 2026
508	52.78	L	F	Alison Rundle	10	HHPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
509	52.99	L	F	Miekene Van Der Walt	8	FAAC	25/10/2025 FLAMINGO & GOODHOPE GALA 202
510	53.10	L	F	Sinophile Mkhathshwa	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
511	53.12	L	F	Caro Scholtz	9	KTS	17/01/2026 AGE GROUP 5 KATHU 2026
512*	53.16	L	F	Elke Vorster	7	HPS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
512*	53.16	L	F	Alea Boonzaaier	9	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
514	53.23	L	F	Daphne Steyn	8	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
515	53.37	L	F	Courtney Andersen	9	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
516	53.38	L S	P	Sibahle Dlamini	10	MAKO ECU	04/12/2025 EGA Summer Championships 2025
517	53.40	L	F	Ava Mellet	10	UPSK ZMD	07/02/2026 NC SPRINTS 2026
518*	53.46	L	F	Hilmari Barnard	9	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
518*	53.46	L	F	Lisakhanya Dlamini	8	CUR EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
520	53.50	L	F	Katelyn Kunneke	8	HPS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
521	53.60	L	F	Lienke De Wet	7	SS MPD	28/11/2025 Limpopo Champs 2025
522	53.61	L	P	Micah van der Walt	7	RBOT BPD	06/12/2025 NWS Championships 2025
523	53.62	L	F	Amelie Ellis	8	INFA NMA	30/01/2026 Infinity Gala 2026
524	53.63	L	F	Brooklyn Sopio	9	RETR CPT	29/11/2025 CTA B CHAMPS 2025
525	53.66	L	F	Sakinah Gamielidien	9	MARL CPT	28/06/2025 PEA Winter Gala 2025
526	53.72	L	F	Anzone Van Heerden	10	VALS FDD	14/11/2025 Valsrivier Gala
527	53.77	L	F	Leia Kruger	9	SFSC CPT	29/11/2025 CTA B CHAMPS 2025
528	53.83	L	F	Thalia Steinberg	10	FAAC	31/10/2025 UPINGTON PRESTIGE GALA 2025
529	53.86	L	F	Engela Kieviet	8	GREY CPT	22/11/2025 Swartland Prestige Gala 2025
530	53.87	L	F	Amelie Lamprecht	7	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
531	53.89	L	F	Sthandwesihle Khumalo	8	SHARP UTD	30/03/2026 KZNA Level 1 Championships
532	53.94	L	F	Milané Belstead	8	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
533*	53.96	L	F	Karli Jv Niewenhuizen	9	AOLY TSH	05/12/2025 2025 The Tshwane Mayor's Gala
533*	53.96	L	F	Karlién Luttig	8	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
535	53.97	L	F	Jani van Eeden	8	WRP EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
536	54.20	L	F	Arianna Krassas-Soares	9	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
537	54.27	L S	P	Chelsea Jones	10	ESTR EKU	04/12/2025 EGA Summer Championships 2025
538	54.34	L	F	Leah-Mari van Deventer	9	SS MPD	28/11/2025 Limpopo Champs 2025
539	54.41	L	F	Jané Vivier	9	BS LLD	28/02/2026 FSA LEVEL 1 2026
540	54.44	L	F	Mia Van Rooyen	8	EXP TSH	31/10/2025 NTS Level 1+2 November Age Group 2025
541	54.45	L	F	Jessica Smith	8	COLJ NMA	14/03/2026 Level 1 District Age Group Gala 2026
542	54.46	L S	P	Thoriso Senyakoe	7	ESP EKU	04/12/2025 EGA Summer Championships 2025
543	54.59	L	F	Onga Gxididi	10	SDSC OTD	07/02/2026 BCA Feb Age Group Gala 2026
544	54.73	L	F	Brayleigh Stevens	10	KHAY CPT	09/10/2025 44th Freda Barnard Invitational Gala
545	54.77	L	F	Reitumetse Thakalekoala	9	PELIC MAN	24/10/2025 Neptunes Gala
546	54.78	L	F	Neo Modisakeng	10	TLAC BPD	13/02/2026 NW School Championships 2026
547	54.80	L	F	Mila Aucamp	8	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
548	54.85	L	F	Zanay Harmse	9	BEARS TSH	28/02/2026 AG Level 1 Regional Competition 2026
549	54.89	L	F	Leilah Moodaley	9	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
550	54.92	L	F	Miane Engels	8	KSC EZD	05/12/2025 Mpumalanga Championships 2025
551	54.99	L	F	Caro Louw	10	JOIEC	17/01/2026 AGE GROUP 5 UPT 2026
552	55.03	L	F	Kirsten Johnsen	9	AASC EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
553	55.06	L	F	Mila Francisco	9	HPS TSH	03/10/2025 NTS Level 1+2 October Age Group 2025
554	55.24	L	F	Kaylee Rozendaal	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
555	55.25	L	F	Tessa Venter	10	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
556	55.43	L	F	Ruby Doust	7	AQUA BUF	28/11/2025 BCA Long Course Championships 2025
557	55.44	L	F	Tersia Spies	9	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
558	55.50	L	F	Nina Jv Vuuren	9	MCSP BPD	13/02/2026 NW School Championships 2026
559	55.54	L	F	Ntumba-Dilia Tshiala	9	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025
560	55.80	L	F	Anja Nel	8	BETH FDD	28/02/2026 FSA LEVEL 1 2026
561	55.87	L	F	Leah Fox	8	VIPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
562	55.91	L	F	Hette-Mari Botha	8	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
563	56.08	L	F	Mackenzie Newman	9	WAC EDD	25/10/2025 Zasu 1st League OYDC 2025-26
564	56.09	L	F	Taymar Samuels	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
565	56.11	L	F	Ava Nance	9	SUN NMA	14/03/2026 Level 1 District Age Group Gala 2026
566	56.26	L	F	Zanri van Heerden	8	FAAC	20/09/2025 Welkom Seals Gala
567	56.28	L	F	Reine Piater	7	ELRAS WBD	25/10/2025 Limpopo Age Group 5 of 2025/26
568	56.31	L	F	Raaniya Abrahams	9	KSSC FBD	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - copied
569	56.65	L	F	Zani Koch	8	SS MPD	28/11/2025 Limpopo Champs 2025
570	56.70	L	F	Johané Rademeyer	8	KSSS JTD	14/02/2026 KALAHARI CLASSIC 2026
571	57.19	L	F	Sennah Engelbrecht	9	PWC BP	13/02/2026 NW School Championships 2026
572	57.33	L	F	Alexis van Eyssen	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
573	57.38	L	F	Ghaida Zanati	9	CKDP KK	13/02/2026 NW School Championships 2026
574	57.48	L	F	Anneme Coetzer	9	TASC MPD	28/11/2025 Limpopo Champs 2025
575	57.53	L	F	Atarah Naku	9	SRAY BUF	24/01/2026 BCA January Age Group Gala 2026
576	57.58	L	F	Isabella Steenkamp	7	KSC EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
577	57.65	L	F	Kayla Wissekerke	10	FRA KCD	30/03/2026 KZNA Level 1 Championships
578	57.67	L	F	Kenzie Klynveld	7	TKS WBD	28/11/2025 Limpopo Champs 2025
579	57.95	L	F	Madison Downs	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
580	58.13	L	F	Lara Roets	9	GHWK	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - copied
581	58.14	L	F	Emya Plath	7	CUR EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
582	58.16	L	F	Lexi Bennett	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
583	58.17	L	F	Daniella De Franca	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
584	58.24	L	P	Doyeong Baek	8	POTC KKD	06/12/2025 NWS Championships 2025
585	58.30	L	F	Jane Scholtz	10	KTS	21/11/2025 AGE GROUP 2 & 3 KATHU - copied -
586	58.39	L	F	Chayla Coetzee	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
587	58.41	L	F	Zane Schoeman	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
588	58.66	L	F	Kganya Mphahlele	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
589	58.75	L	F	Sibahle Tsomele	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
590	58.83	L	F	Molly O'Tool	7	WELA LLD	05/09/2025 Bullsharks Gala
591	58.92	L	F	Kieno Auth	8	NSAD EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
592	59.42	L	F	Kate Cohen	9	RACE JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
593	59.44	L	F	Mari-Lienke Korff	8	TASC MPD	28/11/2025 Limpopo Champs 2025
594	59.61	L	F	Bandile Zungu	10	HAAG UTD	21/02/2026 Uthukela District Gala 5
595	59.87	L	F	Eden Ehlers	8	BLSS MAN	03/12/2025 Free State Champs 2025
596	1:00.00	L	F	Zelindi Botha	8	WELA LLD	05/09/2025 Bullsharks Gala
597	1:00.08	L	F	Daniela Van Zyl	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
598	1:00.38	L	F	Ana Bodington	9	PWC BP	13/02/2026 NW School Championships 2026
599	1:00.60	L	F	Lize Wolmarans	9	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
600	1:00.78	L	F	Milah Liebenberg	9	JOIEC	21/11/2025 AGE GROUP 2 & 3 UPT
601	1:00.87	L	F	Kwandokuhle Sithole	8	AQUA BUF	08/11/2025 UThukela Age Group Gala 2
602	1:01.44	L	F	Laurika Vorster	10	SAND BP	13/02/2026 NW School Championships 2026
603	1:01.52	L	F	Ané Boshoff	8	ACAQ CCD	31/01/2026 Limpopo School Champs & Limpopo A
604	1:01.68	L	F	Cara Otto	8	EXP TSH	31/10/2025 NTS Level 1+2 November Age Group :
605	1:02.06	L	F	Olivia van Onselen	8	BEARS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
606	1:02.15	L	F	Theunie Matthee	10	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
607	1:02.19	L	F	Kaymi Howard	7	TKS WBD	28/11/2025 Limpopo Champs 2025
608	1:02.20	L	F	Johné Barnard	7	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
609	1:02.29	L	F	Raine Engelbrecht	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
610	1:02.62	L	F	Liyema Mtawali	8	AQUA UTD	21/02/2026 Uthukela District Gala 5
611	1:03.00	L	F	Tinieke Wilken	8	VALS FDD	03/12/2025 Free State Champs 2025
612	1:03.89	L	F	Mieke Kriek	8	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
613	1:04.03	L	F	Steph - Mari Liebenberg	8	KSSC FBD	29/11/2025 AGE GROUP 4 KBY 2025 - copied - c
614	1:04.25	L	F	Orifha Ntshauba	9	SS MPD	28/11/2025 Limpopo Champs 2025
615	1:04.27	L	F	Tinita Swanepoel	7	AOLY TSH	05/12/2025 2025 The Tshwane Mayor's Gala
616	1:04.47	L	F	Edene Steenkamp	9	FAAC	25/10/2025 FLAMINGO & GOODHOPE GALA 202
617	1:05.36	L	F	Mila Vosloo	10	UPSK ZMD	31/10/2025 UPINGTON PRESTIGE GALA 2025
618	1:05.78	L	F	Lisa Bekker	10	KALA	14/02/2026 KALAHARI CLASSIC 2026
619	1:06.43	L	F	Yan-Cing Wong	8	HAAG UTD	21/02/2026 Uthukela District Gala 5
620	1:07.05	L	F	Dineke Hamersma	7	BEARS TSH	31/10/2025 NTS Level 1+2 November Age Group :
621	1:07.18	L	F	Mia van Eyssen	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
622	1:07.40	L	F	Xenia Basson	7	SS MPD	28/11/2025 Limpopo Champs 2025
623	1:07.87	L	F	Bantu Ntshakang	8	FAAC	18/10/2025 AGE GROUP 1 KIMBERLEY 2025
624	1:08.28	L	F	Sauliha Harris	9	WSS LLD	23/08/2025 KOVSIE GALA
625	1:09.78	L	F	Mila Van Tonder	8	TASC MPD	31/01/2026 Limpopo School Champs & Limpopo A
626	1:09.87	L	F	Sinenhlanhla Tshabalala	7	AOLY TSH	05/12/2025 2025 The Tshwane Mayor's Gala
627	1:10.68	L	F	An An Wu	8	CASC CPT	29/11/2025 CTA B CHAMPS 2025
628	1:11.11	L	F	Khumo Williams	10	KSSS JTD	14/02/2026 KALAHARI CLASSIC 2026
629	1:11.13	L	F	Klara Van Deventer	7	SS MPD	28/11/2025 Limpopo Champs 2025
630	1:11.40	L	F	Anulika Prinsloo	7	FISH EDD	08/11/2025 EDEN 3rd A-League Gala 2025
631	1:11.81	L	F	Kenanao Kambula	8	PWC BP	13/02/2026 NW School Championships 2026
632	1:12.57	L	F	Puno Magare	9	ACAQ CCD	31/01/2026 Limpopo School Champs & Limpopo A
633	1:12.61	L	F	Blanche Lubbe	7	KTS	07/02/2026 NC SPRINTS 2026
634	1:12.90	L	F	Mila Naidu	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
635	1:13.06	L	P	Simonè du Plessis	9	HARB BPD	06/12/2025 NWS Championships 2025
636	1:14.03	L	F	Oratile Matlala	10	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
637	1:15.23	L	F	Renate Olivier	8	AASC EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
638	1:17.94	L	F	Noyanda Khumalo	9	PWC BP	13/02/2026 NW School Championships 2026
639	1:18.30	L	F	Arenaya Khoza	9	PWC BP	13/02/2026 NW School Championships 2026
640	1:18.88	L	F	Olivia Rudman	9	FAAC	25/10/2025 FLAMINGO & GOODHOPE GALA 202
641	1:19.31	L	F	Anaya Khoza	9	PWC BP	13/02/2026 NW School Championships 2026
642	1:20.61	L	F	Lea Muller	8	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
643	1:22.12	L	F	Nandi Fuwela	10	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
644	1:23.98	L	F	Amarissa Van Niekerk	6	BASS VBD	25/10/2025 Limpopo Age Group 5 of 2025/26
645	1:24.25	L	F	Thatego Moseki	9	FAAC	18/10/2025 AGE GROUP 1 KIMBERLEY 2025
646	1:26.10	L	F	Kaone Molosi	8	UPSK ZMD	17/01/2026 AGE GROUP 5 UPT 2026
647	1:28.29	L	F	Willow Ford	9	MCSP BPD	13/02/2026 NW School Championships 2026
648	1:29.15	L	F	Danelle Oppermann	9	KSSS JTD	17/01/2026 AGE GROUP 5 KATHU 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
649	1:31.42	L	F	Anouk Massyn	8	KTS	21/11/2025 AGE GROUP 2 & 3 KATHU - copied -
650	1:32.83	L	F	Marne Britz	7	KSSC FBD	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - cop
651	1:35.94	L	F	Miné vd Walt	9	LSM EZD	13/02/2026 NW School Championships 2026
652	1:36.27	L	F	Zithembe Zondi	10	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
653	1:39.86	L	F	Kayla Maphanga	10	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
654	1:43.31	L	F	Ariel Perumal	7	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
655	1:43.85	L	F	Elmay Conradie	6	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
656	1:47.91	L	F	Awande Thelise	9	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
657	1:48.33	L	F	Amahle Mpungose	10	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
658	1:50.00	L	F	Taylor Scullard	9	KTS	21/11/2025 AGE GROUP 2 & 3 KATHU - copied -
659	2:07.50	L	F	Tumelo Ramahlo	10	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
660	2:10.23	L	F	Ziphozonke Zulu	10	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
661	2:37.56	L	F	Nkazimulo Khumalo	8	KTS	21/11/2025 AGE GROUP 2 & 3 KATHU - copied -
662	2:41.78	L	F	Minenhle Thabethe	9	STA NGD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
Women 18 & Under 100 Free							
1	1:12.95	L	P	Riley Makwakwa	9	TUKS TSH	26/03/2026 SA Level 3 Regional Age Group Cham
2*	1:13.56	L	F	Ayana Mandeian	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
2*	1:13.56	L	P	Ava Maritz	10	CTO CPT	09/04/2026 SA Level 3 Regional Age Group Cham
4	1:13.75	L	F	SCARLETT MAC DONALD	10	WAC EDD	06/03/2026 SA Level 2 Regional Age Group Cham
5	1:15.21	L	F	Lente Keun	10	VINE CPT	14/02/2026 CTA Elite Gala (L3+)
6	1:15.61	L	F	Tyla Grobler	10	BEST NMA	30/01/2026 Infinity Gala 2026
7	1:16.07	L	F	Nina Moodley	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
8	1:16.46	L	F	Willow Landman	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
9*	1:16.97	L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
9*	1:16.97	L	F	Amahle Jali	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
11	1:17.94	L	F	Emma Cox	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
12	1:18.14	L	F	Jaime Williams	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
13	1:18.21	L	P	Amery Vermaak	9	SS MPD	29/03/2026 SA Level 2 Regional Age Group Cham
14	1:18.33	L	P	Anzel Swiegers	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
15	1:18.65	L	F	Ava Els	10	NMBA NM	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
16	1:19.29	L	F	Isabella Bowles	10	PEAS NMA	30/01/2026 Infinity Gala 2026
17	1:19.78	L	P	Alyx Cupido	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
18	1:19.83	L	F	Tinashe Ngwenya	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
19	1:20.03	L	F	Ashley Trollip	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
20	1:20.30	L	F	Sadie Govender	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
21	1:20.45	L	P	Aria Perdijk	9	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
22	1:20.95	L	F	Justina Robin	10	PEAS NMA	12/12/2025 NMBA Championships 2025
23	1:21.36	L	F	Mieke Roos	10	KNYA EDD	22/11/2025 Eden LC Champs 2025
24	1:21.38	L	F	Olivia Mason	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
25	1:21.42	L	F	Kayla Coutts	10	BLMA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
26	1:21.48	L	P	Kirei Burgess	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
27	1:21.51	L	F	Cari van der Merwe	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
28	1:21.59	L	P	Sarah Sinclair	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
29	1:21.68	L	P	Zuri Taylor	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
30	1:21.84	L	F	Jane Barnard	10	CSA EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
31	1:21.89	L	P	Holly Durandt	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
32	1:21.96	L	P	Taylor Geswind	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
33	1:22.13	L	P	Armani Jones	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
34	1:22.19	L	F	Holly Oliphant	10	PAC TSH	31/10/2025 NTS Level 1+2 November Age Group :
35	1:22.22	L	F	Kylie Hair	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025
36	1:22.34	L	P	Kendall Perrins	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
37	1:22.51	L	P	Aria Mossay	10	UWCA CPT	06/03/2026 SA Level 2 Regional Age Group Cham
38	1:22.56	L	F	Luzay Gerber	10	BEST NMA	30/01/2026 Infinity Gala 2026
39	1:22.78	L	F	Ava Forsythe	10	INFA NMA	30/01/2026 Infinity Gala 2026
40	1:22.89	L	P	Rouxvé Henn	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
41	1:22.97	L	P	Imine Dercksen	10	BETH FDD	30/03/2026 SA Level 2 Regional Age Group Cham
42	1:23.63	L	F	Aryah Naidoo	10	USC BUF	12/12/2025 NMBA Championships 2025
43	1:23.68	L	P	Emma Reling	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
44	1:24.01	L	F	Mieke Labuschagne	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
45	1:24.02	L	P	Anje Bartmann	10	SWAR WCD	06/03/2026 SA Level 2 Regional Age Group Cham
46	1:24.05	L	F	Zara Oganisian	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
47	1:24.16	L	F	Riley Adams	10	CSA EZD	16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY
48	1:24.31	L	F	Sofia Grebe	10	CUHE OBD	20/09/2025 CTA INVITATIONAL LC MEET
49	1:24.40	L	P	Rachel Coleman	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
50	1:24.71	L	P	Hayley Couzens	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
51	1:24.93	L	F	Henriette Odendaal	10	QSSC CPT	09/10/2025 44th Freda Barnard Invitational Gala
52	1:25.07	L	P	Aiva-Grace Wittstock	9	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
53	1:25.16	L	P	Lene Kriel	10	LALE CED	06/03/2026 SA Level 2 Regional Age Group Cham
54	1:25.18	L	P	Nicole Eleftheriou	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
55	1:25.22	L	P	Katja Marcus	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
56	1:25.24	L	P	Jennifer Williams	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
57	1:25.25	L	F	Ameé De Fortier	10	PAC FSH	05/12/2025 2025 The Tshwane Mayor's Gala
58	1:25.46	L	P	Talin Maatouk	10	SASE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
59	1:25.48	L	F	Alexis Barendse	9	KABE NMA	14/03/2026 Level 1 District Age Group Gala 2026
60	1:25.65	L	P	Iviwe Nobongoza	10	FAC EKU	29/03/2026 SA Level 2 Regional Age Group Cham
61	1:25.72	L	P	Nina Kruger	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
62	1:25.77	L	F	Mmangaliso Mkhize	9	SGUL ETH	31/03/2026 SA Level 2 Regional Age Group Cham
63	1:25.93	L	F	Bethany Pierce	10	USC BUF	28/11/2025 BCA Long Course Championships 202
64	1:25.95	L	P	Raya Singh	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
65	1:26.10	L	P	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
66	1:26.28	L	P	Eva De Angelis	BR	VASA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
67	1:26.46	L	P	Cara Swanepoel	10	UNI EZD	30/03/2026 SA Level 2 Regional Age Group Cham
68	1:26.57	L	F	Imone Venter	10	RBOT BPD	06/12/2025 NWS Championships 2025
69	1:26.59	L	F	Liv Hamilton	9	EXP FSH	13/02/2026 NTS Level 1+2 February Age Group 21
70*	1:26.79	L	F	Amélie Smith	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
70*	1:26.79	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
72	1:26.83	L	F	Emelia Veaudry	10	HARL BUF	24/01/2026 BCA January Age Group Gala 2026
73	1:27.00	L	F	Eva Coates	10	WAC EDD	30/01/2026 Infinity Gala 2026
74	1:27.06	L	P	Sofiyyah Bodiat	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
75	1:27.08	L	P	Ziyanda Mtetwa	10	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
76*	1:27.13	L	P	Genevieve Joubert	10	RFA FSH	30/03/2026 SA Level 2 Regional Age Group Cham
76*	1:27.13	L	F	Leah De Wet	10	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
78	1:27.17	L S	F	Rebecca Lawson	10	CTO CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
79	1:27.20	L	P	Emily Jacobs	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
80	1:27.26	L	F	Klarah Geldenhuys	9	ACAQ CCD	28/11/2025 Limpopo Champs 2025
81	1:27.27	L	F	Enhle Mthembu	9	OHAN ILD	31/01/2026 uShaka Champs 2026
82	1:27.39	L	F	Lilani Wolmarans	10	PEAS NMA	18/10/2025 Fish Eagles Short Course Gala 2025
83	1:27.47	L	F	Layla Abrahams	10	INFA NMA	12/12/2025 NMBA Championships 2025
84	1:27.50	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
85	1:27.68	L	F	Ingrid Filter	10	TYGE CPT	06/02/2026 WCA-B Champs - 2026
86	1:27.70	L	F	Annabelle Johnson	10	BLUO UGD	15/11/2025 KZN Junior Championships 2025
87	1:27.91	L	F	Paige Plumb	10	CSA EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
88	1:27.99	L	P	Bohlale Mofokeng	10	JAQ EKU	29/03/2026 SA Level 2 Regional Age Group Cham
89	1:28.13	L	P	Liani Van Deventer	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
90	1:28.28	L	F	Lumay De Beer	9	CSA EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
91	1:28.34	L	F	Sophia Greeff	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
92	1:28.51	L	F	Yolla Mario	10	KALA	14/02/2026 KALAHARI CLASSIC 2026
93	1:28.58	L	F	Pheladi Manoko	10	PAC FSH	13/02/2026 NTS Level 1+2 February Age Group 21
94	1:28.62	L	P	Milan Ferreira	10	STAQ CED	06/03/2026 SA Level 2 Regional Age Group Cham
95	1:28.71	L	P	Chloé Scott	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
96	1:28.73	L	P	Riley Henderson	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
97	1:28.75	L	F	Leah Spangenberg	9	XCEL CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
98	1:28.79	L	P	Brynn Jacobs	10	TCA EKU	04/12/2025 EGA Summer Championships 2025
99	1:28.85	L	P	Ava O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
100*	1:28.86	L	F	Misha Meyer	10	FISH EDD	22/11/2025 Eden LC Champs 2025
100*	1:28.86	L	P	Kora Glencross	9	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
102	1:28.90	L	F	Juliette Spencer	9	CYBE CPT	29/11/2025 CTA B CHAMPS 2025
103	1:29.06	L	P	Karli Botha	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
104	1:29.10	L	P	Madison Grobler	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
105	1:29.24	L	P	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
106	1:29.27	L	P	Emily Mijatovic	10	H2O EKU	29/03/2026 SA Level 2 Regional Age Group Cham
107	1:29.29	L	P	Amice Seaman	9	UNI U EZD	29/03/2026 SA Level 2 Regional Age Group Cham
108	1:29.30	L	F	Arwen Dannatt	10	CASC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
109	1:29.38	L	F	Leiliah Bendeman	9	SS MPD	28/11/2025 Limpopo Champs 2025
110	1:29.42	L	P	Alexia Virgillito	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
111	1:29.46	L	F	Lee-Ann Du Plessis	10	RUSTL BP	13/02/2026 NW School Championships 2026
112	1:29.47	L	F	Ava Greyvenstein	9	BCA BUF	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
113	1:29.57	L	P	Leah Schley	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
114	1:29.79	L	F	Ntwanano Chauke	9	DORE JHB	28/02/2026 AG Level 1 Regional Competition 2026
115	1:29.82	L	F	Marli Swiegers	8	BULS MAN	28/02/2026 FSA LEVEL 1 2026
116	1:29.85	L	F	Penelope Synodinos	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
117*	1:29.87	L	F	Lila Roux	10	GREY CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
117*	1:29.87	L	F	Lia Adams	10	STAQ CED	22/11/2025 Swartland Prestige Gala 2025
119	1:29.92	L	P	Roux Dong	10	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
120	1:30.08	L	F	Belissa Shabangu	9	UNI EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
121	1:30.13	L	P	Lua Haasbroek	10	BLSS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
122	1:30.14	L	P	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham
123	1:30.15	L	F	Bailey Stoltz	9	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
124	1:30.26	L	P	Alexis Scheepers	9	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
125	1:30.31	L	F	Mila Van Zyl	9	BS LLD	28/02/2026 FSA LEVEL 1 2026
126	1:30.55	L	P	Ziané Boshoff	10	TINC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
127	1:30.57	L	P	Minay Boshoff	10	DDA FSH	29/03/2026 SA Level 2 Regional Age Group Cham
128	1:30.68	L	F	Jamie Pentz	10	BLOT MAN	03/12/2025 Free State Champs 2025
129	1:30.78	L	F	Kuno Moleme	10	TUKS FSH	13/02/2026 NTS Level 1+2 February Age Group 21
130	1:30.88	L	F	Emily Goosen	10	HARL BUF	28/11/2025 BCA Long Course Championships 2026
131	1:30.91	L	F	Aniek Myburgh	9	CSA EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
132	1:30.97	L	P	Amy Dawson	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
133	1:31.01	L	F	Sarélda Velthuysen	10	SS MPD	28/11/2025 Limpopo Champs 2025
134	1:31.07	L	P	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	06/03/2026 SA Level 2 Regional Age Group Cham
135	1:31.08	L	F	Livia Mare	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
136*	1:31.16	L	P	Vida - Ani Markgraaff	10	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
136*	1:31.16	L	F	Ava Kruger	10	ESA CED	22/11/2025 Swartland Prestige Gala 2025
138	1:31.19	L	F	Shifaa Benjamin	10	SAAW CPT	21/02/2026 Swartland Invitational Gala 2026
139	1:31.21	L	P	Livia Franzsen	10	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
140	1:31.23	L	P	Mila Wright	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
141	1:31.25	L	F	Luthando Khoza	9	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
142	1:31.33	L	P	Jala Olivier	10	OLDE JHB	27/11/2025 CGA Championships 2025
143*	1:31.37	L	F	Rainn Hughes	10	BARR CPT	29/11/2025 CTA B CHAMPS 2025
143*	1:31.37	L	P	Camika Bellamy	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
143*	1:31.37	L	F	Leva Meiring	10	LSM EZD	13/02/2026 NW School Championships 2026
146	1:31.57	L	P	Alana Bam	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
147	1:31.58	L	P	Lynise Erasmus	10	WELA LLD	30/03/2026 SA Level 2 Regional Age Group Cham
148	1:31.67	L	P	Olivia-Reign Thomson	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
149	1:31.73	L	F	Harlee Hodgson	9	OHAN LLD	31/01/2026 uShaka Champs 2026
150	1:31.78	L	F	Julie-Anne Loots	10	ASAC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
151	1:32.11	L	F	Amelie Greeff	10	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
152	1:32.38	L	F	Ché Sebastiao	8	TUKS FSH	13/02/2026 NTS Level 1+2 February Age Group 21
153	1:32.49	L	F	Madison Pienaar	10	PER JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
154	1:32.51	L	P	Mila De Kock	10	CA EKU	04/12/2025 EGA Summer Championships 2025
155	1:32.55	L	P	Lua Smith	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
156	1:32.56	L	P	Alessandra De Dominicis	10	CRSC JHB	29/03/2026 SA Level 2 Regional Age Group Cham
157	1:32.58	L	F	Stephanie Lewies	8	TINC FSH	28/02/2026 AG Level 1 Regional Competition 2026
158	1:32.60	L	P	Mmelwa Mtshweni	10	CA EKU	04/12/2025 EGA Summer Championships 2025
159*	1:32.66	L	P	Elmi van Heerden	10	BS LLD	30/03/2026 SA Level 2 Regional Age Group Cham
159*	1:32.66	L	P	Keira Damons	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
161	1:32.68	L	P	Hanneli Van der Watt	10	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
162	1:32.70	L	P	Amelia Deiner	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
163	1:32.78	L	F	Elke Bochmann	10	OHAN	ILD 15/11/2025 KZN Junior Championships 2025
164	1:32.88	L	F	Mathabo Marutlla	10	FAC	EKU 31/01/2026 EGA Last Chance Gala 2026
165	1:32.89	L	F	Carli Steenkamp	9	KALA	05/12/2025 NCASA CHAMPS 2025 - copied - copi
166	1:32.96	L	F	Chelsea Jansen Van Vuuren	10	SEAL	UMD 06/10/2025 Seagulls Winter Championships 2025
167*	1:32.97	L	F	Ellie van der Mescht	10	PEAS	NMA 12/12/2025 NMBA Championships 2025
167*	1:32.97	L	F	Milay Van der Merwe	9	STAR	BPD 06/12/2025 NWS Championships 2025
169	1:33.04	L	F	Janika Roux	10	DORE	JHB 08/11/2025 CGA Summer 3 - Level 2+ - 2025
170	1:33.05	L	F	Daniella Govender	10	BEAV	ETH 31/01/2026 uShaka Champs 2026
171	1:33.09	L	F	Melanie Madenyika	10	AWIN	TSH 05/12/2025 2025 The Tshwane Mayor's Gala
172	1:33.10	L	F	Ané Plath	9	CSA	EZD 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
173	1:33.12	L	F	Irma-Ann Orffer	10	BRAVE	GED 22/11/2025 Swartland Prestige Gala 2025
174	1:33.13	L S	F	Cressida Mitchell	10	VINE	CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
175	1:33.28	L	F	Ankia Slabbert	10	BRAVE	GED 06/02/2026 WCA-B Champs - 2026
176	1:33.29	L	P	Quinn Smith	9	MDOL	JHB 29/03/2026 SA Level 2 Regional Age Group Cham
177	1:33.31	L	F	Mackenzie Stone	10	SHARK	TSH 28/02/2026 AG Level 1 Regional Competition 2026
178	1:33.40	L	F	Mia Linder	10	BARR	CPT 22/11/2025 Swartland Prestige Gala 2025
179	1:33.46	L	F	Lisa Hanekom	10	BARR	CPT 22/11/2025 Swartland Prestige Gala 2025
180	1:33.52	L	P	Riley-Jane Smit	10	SEAL	UMD 31/03/2026 SA Level 2 Regional Age Group Cham
181*	1:33.63	L	F	Sophie Joubert	10	NSAD	EZD 10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
181*	1:33.63	L S	F	Amelia Figueiredo	10	PSCP	UMD 09/07/2025 TYR Prestige Tournament 2025
183	1:33.81	L	P	Livia Venter	10	TKS	WBD 29/03/2026 SA Level 2 Regional Age Group Cham
184	1:33.95	L	F	Gabrealle Coetzee	10	BEARS	TSH 13/02/2026 NTS Level 1+2 February Age Group 2f
185	1:34.03	L	F	Adelène Baard	8	CLA	WCD 22/11/2025 Swartland Prestige Gala 2025
186	1:34.10	L	F	Zahn Potgieter	10	DDA	TSH 28/02/2026 AG Level 1 Regional Competition 2026
187	1:34.16	L	F	Bea-Mari Bekker	10	LSTZN	CCD 31/01/2026 Limpopo School Champs & Limpopo A
188	1:34.41	L	P	Michaela Johnson	10	AAS	JHB 29/03/2026 SA Level 2 Regional Age Group Cham
189	1:34.53	L	F	Hadassah Ragavan	10	KLOO	ETH 15/11/2025 KZN Junior Championships 2025
190	1:34.54	L	F	Emma Potgieter	8	ESA	GED 24/01/2026 Drakenstein Invitational - copied
191	1:34.57	L	F	Paigan Stols	9	LSKP	WBD 31/01/2026 Limpopo School Champs & Limpopo A
192	1:34.62	L S	F	McKenzie Clark	10	CTO	CPT 25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
193	1:34.65	L	F	Kylie Delpont	9	LORR	NMA 14/03/2026 Level 1 District Age Group Gala 2026
194	1:34.79	L	F	Adelaide Van Oosten	9	RFA	TSH 05/12/2025 2025 The Tshwane Mayor's Gala
195	1:34.83	L	F	Micah Bezuidenhout	9	ROA	EDD 22/11/2025 Eden LC Champs 2025
196*	1:34.96	L	F	Caylee Thompson	8	BEST	NMA 30/01/2026 Infinity Gala 2026
196*	1:34.96	L	P	Tiffany Mujati	10	AA	JHB 29/03/2026 SA Level 2 Regional Age Group Cham
198	1:34.99	L	F	Heidi Du Toit	10	CSA	EZD 16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY
199	1:35.03	L	P	Kaylee Engelbrecht	9	ESP	EKU 29/03/2026 SA Level 2 Regional Age Group Cham
200	1:35.07	L	P	Madison Mc Carthy	10	MAKO	EKU 29/03/2026 SA Level 2 Regional Age Group Cham
201	1:35.09	L	P	Mila Coetzee	10	TUKS	TSH 29/03/2026 SA Level 2 Regional Age Group Cham
202	1:35.15	L	F	Jahne Fick	10	JOIEC	07/02/2026 NC SPRINTS 2026
203	1:35.25	L	F	Brooklyn Norton	10	ASAC	CPT 29/11/2025 CTA B CHAMPS 2025
204	1:35.38	L	P	Ziane Geldenhuys	10	SFSC	CPT 06/03/2026 SA Level 2 Regional Age Group Cham
205	1:35.43	L	P	Khumo Ranape	10	BAS	EKU 04/12/2025 EGA Summer Championships 2025
206	1:35.47	L	F	Shay Grobler	9	ASAC	CPT 06/02/2026 WCA-B Champs - 2026
207	1:35.50	L	F	Yandzisa Sambo	10	UNI	EZD 13/09/2025 MP SPRINT 13 SEPTEMBER 2025
208	1:35.82	L	F	Gopolang Mamogale	10	TUKS	TSH 05/12/2025 2025 The Tshwane Mayor's Gala
209	1:35.85	L	F	Leah-May Claassen	8	LSKP	WBD 31/01/2026 Limpopo School Champs & Limpopo A
210	1:35.88	L	F	Maria Ferreira	9	HREF	BP 06/12/2025 NWS Championships 2025
211	1:35.93	L	F	Savanah Davies	9	ASAC	CPT 06/02/2026 WCA-B Champs - 2026
212	1:35.95	L	F	Elaine Jacobs	10	TUKS	TSH 31/10/2025 NTS Level 1+2 November Age Group :
213	1:35.96	L	F	Kianna Flunger	10	AAS	JHB 20/02/2026 CGA Level 1 and Level 2 Championsh
214	1:35.99	L	P	Mareli Janse van Rensburg	9	BARR	CPT 06/03/2026 SA Level 2 Regional Age Group Cham
215	1:36.03	L	P	Zivah Carson	10	BULS	MAN 30/03/2026 SA Level 2 Regional Age Group Cham
216	1:36.08	L	F	Willow Bezuidenhout	9	BEST	NMA 30/01/2026 Infinity Gala 2026
217	1:36.12	L	F	Hannah Allison	8	BEST	NMA 30/01/2026 Infinity Gala 2026
218	1:36.28	L	F	Sarah-Faye Lubbe	10	KTS	05/12/2025 NCASA CHAMPS 2025 - copied - copi
219	1:36.30	L	F	Lukholo Ratsibe	10	USC	BUF 28/11/2025 BCA Long Course Championships 202
220	1:36.33	L	F	Rosemary Nelson	10	PEAS	NMA 30/08/2025 Madibaz Swim Meet 2025
221	1:36.39	L	F	Emily Rushin	10	HURAQ	CPT 22/11/2025 Swartland Prestige Gala 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
222	1:36.55	L	P	Khumo Mogane	10	MAKO EKU	29/03/2026	SA Level 2 Regional Age Group Cham
223	1:36.56	L	P	Madison Van Den Berg	9	ACES ETH	31/03/2026	SA Level 2 Regional Age Group Cham
224	1:36.58	L	F	Lily Erasmus	10	PELIC MAN	03/12/2025	Free State Champs 2025
225	1:36.60	L	F	Adeleen Erasmus	9	RFA TSH	28/02/2026	AG Level 1 Regional Competition 2026
226	1:36.61	L	F	Karen Kieviet	10	GREY CPT	22/11/2025	Swartland Prestige Gala 2025
227	1:36.62	L	F	Jemima Muirhead	10	KNYA EDD	25/10/2025	Zasu 1st League OYDC 2025-26
228	1:36.96	L	F	Ane Van Lill	9	CLA WCD	22/11/2025	Swartland Prestige Gala 2025
229	1:36.98	L	F	Dimpho Molepo	10	TUKS TSH	28/02/2026	AG Level 1 Regional Competition 2026
230	1:37.08	L S	F	Hailey Alcock	10	SFSC CPT	25/10/2025	CTA Qualifying Meet 3 - (L2 & above)
231	1:37.59	L	F	Denni Kriel	8	GREY CPT	06/02/2026	WCA-B Champs - 2026
232	1:37.62	L	F	Kristebelle Stander	9	DDA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
233	1:37.64	L	P	Klara Meindersma	10	AWIN TSH	29/03/2026	SA Level 2 Regional Age Group Cham
234	1:37.68	L	P	Erynn Clancy	10	DRGN EKU	29/03/2026	SA Level 2 Regional Age Group Cham
235	1:37.71	L	F	Bemnet Worku	10	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
236	1:37.75	L	P	Isla Bure	10	KLOO ETH	31/03/2026	SA Level 2 Regional Age Group Cham
237	1:37.79	L	F	Clarise Blom	8	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
238	1:37.84	L	F	Olivia Schoultz	9	CA EKU	04/12/2025	EGA Summer Championships 2025
239	1:37.87	L	F	Clara Kraamwinkel	9	RFA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
240	1:37.94	L	F	Zara Bayisayi	9	TCA EKU	28/02/2026	AG Level 1 Regional Competition 2026
241	1:38.02	L	F	Jankè Terblanche	9	STSC KCD	30/03/2026	KZNA Level 1 Championships
242*	1:38.24	L	F	Liani Jacobs	10	BARR CPT	22/11/2025	Swartland Prestige Gala 2025
242*	1:38.24	L	F	Kayla Fouche	10	TYGE CPT	29/11/2025	CTA B CHAMPS 2025
244	1:38.27	L	F	Josie Faught	10	USC BUF	28/11/2025	BCA Long Course Championships 2026
245*	1:38.36	L	F	Anele Ngcobo	8	UMSH ETH	30/03/2026	KZNA Level 1 Championships
245*	1:38.36	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026	Limpopo School Champs & Limpopo A
247	1:38.40	L	F	Lieke Nelson	9	VASTR BPD	13/02/2026	NW School Championships 2026
248	1:38.44	L	F	Isabella Lacey	9	FRA KCD	30/03/2026	KZNA Level 1 Championships
249	1:38.50	L	P	Alexandra Evans	10	RACE JHB	29/03/2026	SA Level 2 Regional Age Group Cham
250	1:38.51	L	F	Jumari Du Toit	10	STGR XRD	05/12/2025	NCASA CHAMPS 2025 - copied - copi
251	1:38.52	L	F	Hemre Welman	10	BULS MAN	03/12/2025	Free State Champs 2025
252	1:38.65	L	P	Thatum Smith	9	BULS MAN	30/03/2026	SA Level 2 Regional Age Group Cham
253	1:38.69	L	F	Anja Pieterse	9	BLUO UGD	30/03/2026	KZNA Level 1 Championships
254	1:38.72	L	P	Sakeenah Du Toit	10	UWCA CPT	06/03/2026	SA Level 2 Regional Age Group Cham
255	1:38.76	L	F	Hannah Shonayi	7	AAS JHB	20/02/2026	CGA Level 1 and Level 2 Championsh
256	1:38.80	L	F	Elri Vorster	9	HPS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
257	1:38.91	L	F	Daniella Da Silva	8	TUKS TSH	13/02/2026	NTS Level 1+2 February Age Group 21
258	1:39.04	L	F	Isabella Engela	10	CASC CPT	29/11/2025	CTA B CHAMPS 2025
259	1:39.19	L	F	Lukhanyo Dladla	8	CSA EZD	13/02/2026	MP AGE GROUP 6 GALA 13-14 FEBF
260	1:39.21	L	F	Emily Holdcroft	10	CTO CPT	29/11/2025	CTA B CHAMPS 2025
261	1:39.22	L	F	Addison Breeds	9	BETH FDD	14/11/2025	Valsrivier Gala
262	1:39.32	L	F	Ruby Lapinski	10	GREY CPT	06/02/2026	WCA-B Champs - 2026
263	1:39.45	L	F	Willemina Bekker	9	KSTAR EDD	22/11/2025	Eden LC Champs 2025
264	1:39.48	L	F	Genevi Saayman	8	CSA EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2
265	1:39.55	L	P	Skyler Shelton	10	ESTR EKU	29/03/2026	SA Level 2 Regional Age Group Cham
266	1:39.63	L	F	Misha Howard	8	TKS WBD	28/11/2025	Limpopo Champs 2025
267	1:39.67	L	P	Miah Engelbrecht	9	PAC TSH	29/03/2026	SA Level 2 Regional Age Group Cham
268	1:39.69	L	F	Esmere Maritz	10	JOIEC	05/12/2025	NCASA CHAMPS 2025 - copied - copi
269	1:39.73	L	F	Nobanzi Mnisi	10	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
270	1:39.81	L	F	Evelyn Du Plessis	10	FSE KCD	31/01/2026	uShaka Champs 2026
271	1:39.90	L	F	Lethabo Mokoena	9	FAC EKU	28/02/2026	AG Level 1 Regional Competition 2026
272*	1:39.95	L	F	Amelia Moodley	10	AAS JHB	28/02/2026	AG Level 1 Regional Competition 2026
272*	1:39.95	L	F	Karli Annandale	9	BLSS MAN	28/02/2026	FSA LEVEL 1 2026
274	1:40.13	L	F	Amber Maclachlan	10	OHAN ILD	31/01/2026	uShaka Champs 2026
275	1:40.15	L	F	Chaney Nathan	10	FISH EDD	22/11/2025	Eden LC Champs 2025
276	1:40.20	L	F	Oluchi Nwankwoagu	10	TUKS TSH	31/10/2025	NTS Level 1+2 November Age Group :
277	1:40.24	L	F	Sophia Erasmus	10	BETH FDD	10/10/2025	Super Seals Annual Gala
278	1:40.60	L	F	Zané Senekal	10	RFA TSH	13/02/2026	NTS Level 1+2 February Age Group 21
279	1:40.67	L	F	Beau Juries	9	CLA WCD	22/11/2025	Swartland Prestige Gala 2025
280	1:40.70	L	F	Caylen Preston	9	BLUO UGD	30/03/2026	KZNA Level 1 Championships

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
281	1:40.79	L	F	Alisha Nell	10	BLMA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
282	1:40.81	L	F	Ashley Goller	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
283	1:40.89	L	F	Ashleigh Muchauraya	8	LEGC ETH	30/03/2026 KZNA Level 1 Championships
284	1:41.05	L	F	Kganya Sekgobela	9	CA EKU	28/02/2026 AG Level 1 Regional Competition 2026
285	1:41.08	L	P	Adalyn Shelton	8	ESTR EKU	04/12/2025 EGA Summer Championships 2025
286	1:41.09	L	F	Amelie Viljoen	8	TKS WBD	28/11/2025 Limpopo Champs 2025
287	1:41.12	L	F	Liane Van Zyl	10	STAR BPD	06/12/2025 NWS Championships 2025
288	1:41.28	L	F	Anica MacRobert	9	KSTAR EDD	22/11/2025 Eden LC Champs 2025
289	1:41.47	L	F	Madison Caine	9	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
290	1:41.53	L	P	Luane' Griessel	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
291	1:41.54	L	P	Jelanri Du Toit	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
292	1:41.56	L	F	Kirsten Gibson	10	GREY CPT	24/01/2026 Drakenstein Invitational - copied
293	1:41.72	L	P	Emily Hattingh	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
294	1:41.74	L	P	Ella Rundle	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
295	1:41.81	L	F	Hanné Alberts	10	VOLK NMA	14/03/2026 Level 1 District Age Group Gala 2026
296	1:41.82	L	F	Nina Vlok	8	ROA EDD	22/11/2025 Eden LC Champs 2025
297	1:41.84	L	F	Cathrine Van der Merwe	10	ESA CED	06/02/2026 WCA-B Champs - 2026
298	1:41.92	L	F	Milandi Burger	9	ROA EDD	24/01/2026 EDEN 4th A-League Gala 2026
299	1:42.22	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026 NW School Championships 2026
300	1:42.54	L	F	Mila Jooste	8	GREY CPT	29/11/2025 CTA B CHAMPS 2025
301	1:42.59	L	F	Mienke Dirker	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
302	1:42.60	L	F	Mia Oswald	8	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
303	1:42.65	L	P	Mia Williams	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
304	1:42.82	L	P	Thandolwethu Teto	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
305	1:43.17	L	F	Kacey Brophy	8	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
306	1:43.21	L	F	Sofia Daniels	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
307	1:43.32	L	F	Meklit Woldemariam	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
308	1:43.35	L	F	Cara Hendricks	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
309	1:43.61	L	F	Lize-Marie Du Plessis	10	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
310	1:43.86	L	F	Annamy vd Merwe	9	MCSP BPD	13/02/2026 NW School Championships 2026
311	1:43.87	L	F	Angelique Pieterse	8	WAC EDD	22/11/2025 Eden LC Champs 2025
312	1:44.09	L	F	Anzelle De Bruyn	10	BETH FDD	10/10/2025 Super Seals Annual Gala
313	1:44.22	L	F	Abigail Vermaak	10	KSC EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
314	1:44.29	L	F	Corrali Duvenhage	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
315	1:44.45	L	F	Alexia Ras	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
316*	1:44.51	L	F	Erin Goller	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
316*	1:44.51	L	F	Keziah Rae Steyn	9	WAC EDD	22/11/2025 Eden LC Champs 2025
318*	1:44.53	L	F	Ava-Leigh de Kock	8	POTC KKD	06/12/2025 NWS Championships 2025
318*	1:44.53	L	F	Olivia Holliday	8	CA EKU	31/01/2026 EGA Last Chance Gala 2026
320	1:44.55	L	F	Lara Van Viegen	10	BLSS MAN	03/12/2025 Free State Champs 2025
321	1:44.61	L	F	Amelia Hawksley	9	TYGE CPT	06/02/2026 WCA-B Champs - 2026
322	1:44.80	L	F	Calynn Harvett	10	STAQ CED	06/02/2026 WCA-B Champs - 2026
323	1:44.81	L	F	Anja Bochmann	9	OHAN ILD	31/01/2026 uShaka Champs 2026
324	1:44.87	L	F	Lesego Magwaza	10	H2O EKU	28/02/2026 AG Level 1 Regional Competition 2026
325	1:45.03	L	F	Birgitte Oosthuizen	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
326	1:45.06	L	F	Lize' Husselmann	10	PELIC MAN	23/01/2026 Mangaung Gala
327	1:45.18	L	F	Ava-Grace Sanders	10	GREY CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
328	1:45.26	L	P	Onalerona Gorewang	10	NWUC KKD	30/03/2026 SA Level 2 Regional Age Group Cham
329	1:45.29	L	F	Tshireletso Mogajane	9	TUKS FSH	31/10/2025 NTS Level 1+2 November Age Group :
330*	1:45.35	L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
330*	1:45.35	L	F	Lené Erasmus	8	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
332	1:45.37	L	F	Kiana Candiotes	8	GHS BPD	13/02/2026 NW School Championships 2026
333	1:45.46	L	F	Elize Pretorius	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
334	1:45.48	L	F	Olivia Lamprecht	9	WAC EDD	24/01/2026 EDEN 4th A-League Gala 2026
335*	1:45.51	L	F	Meane Dreyer	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
335*	1:45.51	L	F	Kaylin Keyser	10	TUKS FSH	13/02/2026 NTS Level 1+2 February Age Group 21
337	1:45.55	L	F	Scarlett Jungnicz	10	SEAL UMD	30/03/2026 KZNA Level 1 Championships
338	1:45.59	L	F	Larissa Botha	10	BLMA CPT	22/11/2025 Swartland Prestige Gala 2025
339	1:45.64	L	F	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
340	1:45.95	L	F	Zanje Barkhuizen	8	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
341*	1:46.13	L	F	Kayla Snoeck Henkemans	9	TUKS FSH	31/10/2025 NTS Level 1+2 November Age Group :
341*	1:46.13	L	F	Siennah Allen	10	SFSA JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
343	1:46.17	L	F	Kiana De La Rouviere	10	SUMW NMA	14/03/2026 Level 1 District Age Group Gala 2026
344	1:46.28	L	F	Hope Koopman	10	LEGC ETH	31/01/2026 uShaka Champs 2026
345	1:46.40	L	F	Zara Du Plessis	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025
346	1:46.48	L	F	Janel Opperman	9	AWIN FSH	28/02/2026 AG Level 1 Regional Competition 2026
347	1:46.49	L	F	Lesedi Mahlase	10	POLSC CCD	31/01/2026 Limpopo School Champs & Limpopo A
348	1:46.64	L	F	Amere Venter	8	RBOT BPD	06/12/2025 NWS Championships 2025
349	1:46.89	L	F	Talia Botha	9	INFA NMA	30/01/2026 Infinity Gala 2026
350	1:46.95	L	F	Mosa Leshilo	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
351	1:47.05	L	F	Madison Venter	9	TUKS FSH	31/10/2025 NTS Level 1+2 November Age Group :
352	1:47.07	L	F	Kiara Leigh Schultz	9	STAR BPD	06/12/2025 NWS Championships 2025
353	1:47.24	L	P	Umo Ramotlou	10	SOUL EKU	04/12/2025 EGA Summer Championships 2025
354	1:47.37	L	F	Lisa Snyman	9	ROA EDD	22/11/2025 Eden LC Champs 2025
355	1:47.41	L	F	Lilly Visser	8	JOIEC	17/01/2026 AGE GROUP 5 UPT 2026
356	1:47.53	L	F	Nsovo Mabasa	9	UNIC CCD	31/01/2026 Limpopo School Champs & Limpopo A
357	1:47.70	L	F	Adanje Du Plessis	10	BRAVE CED	21/02/2026 Swartland Invitational Gala 2026
358	1:47.90	L	F	Kiana De Amorim	10	PER JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
359	1:47.93	L	F	Madelie Ras	9	HREF BP	06/12/2025 NWS Championships 2025
360	1:47.97	L	F	Elani Vorster	9	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
361	1:48.01	L	F	Keira Douglas	10	BLOT MAN	20/09/2025 Welkom Seals Gala
362	1:48.33	L	F	Leandi Bender	9	RFA FSH	05/12/2025 2025 The Tshwane Mayor's Gala
363	1:48.47	L	F	Johanna Erasmus	9	BETH FDD	10/10/2025 Super Seals Annual Gala
364	1:48.55	L	F	Abigail Ninkovic	10	HPS FSH	28/02/2026 AG Level 1 Regional Competition 2026
365*	1:48.86	L	F	Amahle Maseko	10	AWIN FSH	31/10/2025 NTS Level 1+2 November Age Group :
365*	1:48.86	L	F	Lienca Van Niekerk	10	PSA ZLD	06/12/2025 Stingrays Champs 2025
365*	1:48.86	L	F	Sadie Homan	8	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
368	1:49.11	L	F	Adele Van der Merwe	10	PSA ZLD	30/03/2026 KZNA Level 1 Championships
369	1:49.31	L	F	Siana Dowle	10	SS MPD	28/11/2025 Limpopo Champs 2025
370	1:49.48	L	F	Rebecca Ayerst	10	WILL NMA	14/03/2026 Level 1 District Age Group Gala 2026
371	1:49.65	L	F	Carli Roos	10	CPSC FSH	05/12/2025 2025 The Tshwane Mayor's Gala
372	1:49.80	L	P	Arya Mohamed	8	TCA EKU	04/12/2025 EGA Summer Championships 2025
373	1:49.83	L	F	Emma Holt	9	TRAZ FSH	13/02/2026 NTS Level 1+2 February Age Group 21
374	1:49.92	L	F	Kate Pombo	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
375	1:50.12	L	F	Ziyanda Mthembu	10	HAAG UTD	30/03/2026 KZNA Level 1 Championships
376	1:50.17	L	F	Esmeralda van Niekerk	9	AWIN FSH	31/10/2025 NTS Level 1+2 November Age Group :
377	1:50.25	L	F	Lyn-Mari Morrison	10	PELIC MAN	03/12/2025 Free State Champs 2025
378	1:50.45	L	F	Milani Rikhotso	10	AASC EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
379	1:50.55	L	F	Nicola Johnson	8	BLUO UGD	30/03/2026 KZNA Level 1 Championships
380	1:50.79	L	F	Kara Spies	10	HARB BPD	06/12/2025 NWS Championships 2025
381	1:50.99	L	F	Sibandle Msiza	9	H2O EKU	31/01/2026 EGA Last Chance Gala 2026
382	1:51.19	L	F	Simoné Van der Bank	9	TKS WBD	28/11/2025 Limpopo Champs 2025
383	1:51.46	L	F	Annabelle Landman	10	FISH EDD	22/11/2025 Eden LC Champs 2025
384	1:51.56	L	F	Lushelle Karemaker	10	BARR CPT	29/11/2025 CTA B CHAMPS 2025
385	1:51.84	L	F	Sihawukele Simelane	10	USH KCD	31/01/2026 uShaka Champs 2026
386	1:52.16	L	F	Thoriso Senyakoe	7	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
387	1:52.31	L	F	Lea Engelbrecht	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
388	1:52.34	L	F	Morgan Ranner	8	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
389	1:52.52	L	F	Lexi Street	10	HPS FSH	28/02/2026 AG Level 1 Regional Competition 2026
390	1:52.60	L	F	Carli Labuschagne	9	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
391	1:52.68	L	F	Mischke Ballot	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
392	1:52.80	L	F	Chanique Steele	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
393	1:52.93	L	F	Zione van Zyl	9	JOIEC	07/02/2026 NC SPRINTS 2026
394	1:53.10	L	F	Leané Rademeyer	9	KALA	21/02/2026 AGE GROUP 6 KATHU 2026 - copied
395	1:53.48	L	F	Olivia Harbron	10	FAAC	03/12/2025 Free State Champs 2025
396*	1:53.54	L	F	Madelein Hanekom	8	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
396*	1:53.54	L	F	Olivia Walker	9	UPSK ZMD	31/10/2025 UPINGTON PRESTIGE GALA 2025
398	1:53.59	L	F	Nolwazi Sinxi	10	DRGN EKU	28/02/2026 AG Level 1 Regional Competition 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
399	1:53.72	L	F	Eshle Zungu	10	USH KCD	31/01/2026 uShaka Champs 2026
400	1:53.93	L	F	Hester Coetzee	10	WAC EDD	22/11/2025 Eden LC Champs 2025
401	1:54.00	L	F	Lerato Nkwana	8	POLSC CCD	28/11/2025 Limpopo Champs 2025
402	1:54.03	L	P	Rone Basson	10	AASC EZD	05/12/2025 Mpumalanga Championships 2025
403	1:54.09	L	P	Loyed Negash	10	BARA EKU	04/12/2025 EGA Summer Championships 2025
404*	1:54.32	L	F	Gizelle Roelofse	9	VRC TSH	13/02/2026 NTS Level 1+2 February Age Group 21
404*	1:54.32	L	F	Caia Watidaishe	10	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
406*	1:54.68	L	P	India Parr	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
406*	1:54.68	L	F	Riley La Grange	9	BETH FDD	14/11/2025 Valsrivier Gala
408	1:54.93	L	F	Muneiwa Thidiela	8	MAKO EKU	04/12/2025 EGA Summer Championships 2025
409	1:55.11	L	F	Lillian Gregory	9	HAAG UTD	06/12/2025 UThukela District Age Group 3
410	1:55.24	L	F	Adia Theko	9	PELIC MAN	28/02/2026 FSA LEVEL 1 2026
411	1:55.28	L	F	Chenique Du Plessis	10	PELIC MAN	10/10/2025 Super Seals Annual Gala
412	1:55.32	L	F	Tsebo Maphologela	9	DRGN EKU	28/02/2026 AG Level 1 Regional Competition 2026
413	1:55.42	L	P	Milane Looock	9	NSAD EZD	05/12/2025 Mpumalanga Championships 2025
414	1:55.44	L	F	Ella Coetzee	8	WAC EDD	24/01/2026 EDEN 4th A-League Gala 2026
415	1:55.64	L	F	Ava Sookdeo	10	ESTR EKU	20/09/2025 EGA Summer 1 2025
416	1:55.73	L	F	Milan Hattingh	8	EXP TSH	13/02/2026 NTS Level 1+2 February Age Group 21
417	1:55.79	L	F	Leah Marais	9	TASC MPD	28/11/2025 Limpopo Champs 2025
418	1:56.36	L	F	Bea Dixon	10	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
419	1:56.44	L	F	Sakinah Gamielidien	9	MARL CPT	29/11/2025 CTA B CHAMPS 2025
420	1:56.53	L	F	Courtney Andersen	9	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
421	1:56.88	L	F	Minke Swart	9	OLDE JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
422	1:56.92	L	F	Thalia Yiorcas	10	BLOT MAN	24/10/2025 Neptunes Gala
423	1:57.02	L	F	Marli Pretorius	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
424	1:57.06	L	F	Hannah Kroon	8	AGAQ OBD	21/02/2026 Swartland Invitational Gala 2026
425	1:57.25	L	F	Lienke Coetzee	9	SS MPD	28/11/2025 Limpopo Champs 2025
426	1:57.26	L	F	Risima Ngoveni	9	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
427	1:57.38	L	F	Reine Fensham	9	VASTR BPD	13/02/2026 NW School Championships 2026
428	1:57.43	L	F	Maya Botha	10	KNYA EDD	22/11/2025 Eden LC Champs 2025
429	1:57.72	L	F	Leancke Barocci	8	ROA EDD	24/01/2026 EDEN 4th A-League Gala 2026
430	1:57.77	L	F	Israh Abrahams	8	MARL CPT	29/11/2025 CTA B CHAMPS 2025
431	1:57.90	L	P	Ane Engels	10	KSC EZD	05/12/2025 Mpumalanga Championships 2025
432*	1:58.31	L	F	Lindi Marais	9	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
432*	1:58.31	L	F	Anika Fleming	9	KALA	17/01/2026 AGE GROUP 5 KATHU 2026
434	1:58.64	L	F	Hannah van Emmenis	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
435	1:58.84	L	F	Anja Kruger	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
436	1:58.86	L	F	Rethabile Letsoalo	10	MFSC CPT	21/02/2026 Swartland Invitational Gala 2026
437*	1:58.88	L	F	Divine Ogiorumua	9	HARL BUF	07/02/2026 BCA Feb Age Group Gala 2026
437*	1:58.88	L	F	Paige Mckay	10	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
439	1:58.93	L	F	Milané Belstead	8	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
440	1:59.06	L	F	Kaone Lesejane	10	HARB BPD	06/12/2025 NWS Championships 2025
441	1:59.08	L	F	Isabelle Hooghiemstra	9	LSM EZD	13/02/2026 NW School Championships 2026
442	1:59.29	L	F	Paledi Kutu	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
443	1:59.34	L	F	Mia Van Rooyen	8	EXP TSH	13/02/2026 NTS Level 1+2 February Age Group 21
444*	1:59.45	L	F	Tshimologo Mabuse	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
444*	1:59.45	L	F	Annabelle Fouche	10	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
446	1:59.46	L	F	Elmien Oosthuizen	9	WRP EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
447	1:59.76	L	F	Xama Vanda	10	SRAY BUF	28/11/2025 BCA Long Course Championships 202
448*	2:00.05	L	F	Sinothile Mkhathshwa	9	UNI EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
448*	2:00.05	L	F	Reitumetse Thakalekoala	9	PELIC MAN	24/10/2025 Neptunes Gala
450	2:00.22	L	F	Yan-Ci Wong	10	HAAG UTD	31/01/2026 UThukela District Gala 4
451	2:00.33	L	F	Hilmari Barnard	9	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
452	2:00.77	L	F	Busisiwe Mosibi	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
453	2:00.95	L	F	Khumo Mokone	9	FAC EKU	20/09/2025 EGA Summer 1 2025
454	2:01.08	L	F	Carla Mia Celliers	8	CSC TSH	13/02/2026 NTS Level 1+2 February Age Group 21
455	2:01.73	L	F	Ninke Botha	10	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
456	2:01.74	L	F	Isabelle Wessels	9	XCEL CPT	29/11/2025 CTA B CHAMPS 2025
457	2:01.89	L	F	Noëlle Teich	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
458	2:02.09	L	F	Mekayla Van der Bank	10	TKS WBD	28/11/2025 Limpopo Champs 2025
459	2:02.77	L	F	Klara Van Rooyen	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
460	2:03.41	L	F	Ame Briedenhann	9	BLNE MAN	24/10/2025 Neptunes Gala
461	2:03.48	L	F	Doyeong Baek	8	POTC KKD	06/12/2025 NWS Championships 2025
462	2:04.19	L	F	Jasmyn Olckers	10	RUSTL BP	13/02/2026 NW School Championships 2026
463	2:04.51	L	P	Chelsea Jones	10	ESTR EKU	04/12/2025 EGA Summer Championships 2025
464	2:04.70	L	F	Alison Rundle	10	HHPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
465	2:05.15	L	F	Daniella De Franca	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
466	2:05.49	L	F	Ruby-Mae McIntosh	10	SHARK TSH	28/02/2026 AG Level 1 Regional Competition 2026
467	2:05.98	L	F	Ava Mellet	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
468	2:05.99	L	F	Sibahle Dlamini	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
469	2:06.24	L	F	Karlien Luttig	8	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
470	2:06.72	L	F	Hette-Mari Botha	8	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
471	2:07.23	L	F	Ntumba-Dilia Tshiala	9	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025
472	2:07.31	L	F	Piper Freislich	9	KNYA EDD	22/11/2025 Eden LC Champs 2025
473	2:07.70	L	F	Gabisile Moshane	9	WELA LLD	14/11/2025 Valsrivier Gala
474	2:07.95	L	F	Arianna Krassas-Soares	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
475	2:08.25	L	F	Ariana Yiorkas	8	BLOT MAN	24/10/2025 Neptunes Gala
476	2:08.54	L	P	Colien Nyamunda	10	UNI EZD	05/12/2025 Mpumalanga Championships 2025
477	2:08.74	L	F	Kganya Mphahlele	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
478	2:08.95	L	F	Atarah Naku	9	SRAY BUF	24/01/2026 BCA January Age Group Gala 2026
479	2:09.49	L	F	Brayleigh Stevens	10	KHAY CPT	09/10/2025 44th Freda Barnard Invitational Gala
480	2:09.74	L	F	Kaylee Rozendaal	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
481	2:10.12	L	F	Chayla Coetzee	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
482	2:11.31	L	F	Holly-May Cuninghame	8	HAAG UTD	08/11/2025 UThukela Age Group Gala 2
483	2:11.33	L	F	Anja Nel	8	BETH FDD	26/09/2025 Pelicans Gala..
484	2:11.66	L	F	Mbalenhle Siwela	10	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
485	2:11.99	L	F	Sibahle Tsomele	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
486	2:12.09	L	F	Micah van der Walt	7	RBOT BPD	06/12/2025 NWS Championships 2025
487	2:12.18	L	F	Kwandokuhle Sithole	8	AQUA BUF	08/11/2025 UThukela Age Group Gala 2
488	2:12.44	L	F	Kaytlin Havenga	10	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025
489*	2:12.69	L	F	Amelie Ellis	8	INFA NMA	30/01/2026 Infinity Gala 2026
489*	2:12.69	L	F	Mila Francisco	9	HPS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
491	2:13.62	L	F	Sthandwesihle Khumalo	8	SHARP UTD	30/03/2026 KZNA Level 1 Championships
492	2:14.53	L	F	Molly O'Tool	7	WELA LLD	24/10/2025 Neptunes Gala
493	2:14.54	L	F	Tessa Venter	10	ROA EDD	04/10/2025 EDEN 1st A-League Gala 2025
494	2:14.60	L	F	Madison Downs	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
495	2:15.77	L	F	Anzone Van Heerden	10	VALS FDD	14/11/2025 Valsrivier Gala
496	2:16.07	L	F	Lize Wolmarans	9	UPSK ZMD	21/11/2025 AGE GROUP 2 & 3 UPT
497	2:16.96	L	F	Jazz Claassen	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
498	2:17.38	L	F	Kaymi Howard	7	TKS WBD	28/11/2025 Limpopo Champs 2025
499	2:17.78	L	F	Lijah Du Plessis	10	HARB BPD	06/12/2025 NWS Championships 2025
500	2:18.28	L	F	Bandile Zungu	10	HAAG UTD	30/03/2026 KZNA Level 1 Championships
501	2:18.60	L	F	Mila Vosloo	10	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
502	2:20.23	L	F	Yan-Cing Wong	8	AQUA BUF	08/11/2025 UThukela Age Group Gala 2
503	2:20.30	L	F	Onga Gxididi	10	SDSC OTD	28/11/2025 BCA Long Course Championships 202
504	2:22.14	L	F	Zelindi Botha	8	WELA LLD	24/10/2025 Neptunes Gala
505	2:22.39	L	F	Raine Engelbrecht	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
506	2:22.45	L	F	Ruby Doust	7	AQUA BUF	28/11/2025 BCA Long Course Championships 202
507	2:22.98	L	F	Lexi Bennett	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
508	2:24.23	L	F	Liyema Mtawali	8	AQUA UTD	31/01/2026 uShaka Champs 2026
509	2:24.49	L	F	Lisa Bekker	10	KALA	14/02/2026 KALAHARI CLASSIC 2026
510	2:27.28	L	F	Johané Rademeyer	8	KSSS JTD	21/02/2026 AGE GROUP 6 KATHU 2026 - copied
511	2:28.18	L	F	Motheo Mofokeng	10	CA EKU	20/09/2025 EGA Summer 1 2025
512	2:31.74	L	F	Johné Barnard	7	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
513	2:35.52	L	F	Simonè du Plessis	9	HARB BPD	06/12/2025 NWS Championships 2025
514	2:40.13	L	F	An An Wu	8	CASC CPT	29/11/2025 CTA B CHAMPS 2025
515	2:42.26	L	F	Kieno Auth	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
516	2:59.70	L	F	Ebunoluwa Zungu	8	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
517	3:24.34 L	F	Sibahle May	9	KHAY CPT	09/10/2025	44th Freda Barnard Invitational Gala
518	5:14.84 L	F	Ndalwenhle Hlongwane	7	MPAR JHB	08/11/2025	CGA Summer 3 - Level 2+ - 2025
Women 18 & Under 200 Free							
1	2:38.20 L	F	SCARLETT MAC DONALD	10	WAC EDD	30/01/2026	Infinity Gala 2026
2	2:39.04 L	F	Tyla Grobler	10	BEST NMA	30/01/2026	Infinity Gala 2026
3	2:40.30 L	P	Ava Maritz	10	CTO CPT	09/04/2026	SA Level 3 Regional Age Group Cham
4	2:48.40 L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026	SA Level 2 Regional Age Group Cham
5	2:48.99 L	F	Willow Landman	10	AA JHB	29/03/2026	SA Level 2 Regional Age Group Cham
6	2:50.91 L	F	Anzel Swiegers	10	BULS MAN	30/03/2026	SA Level 2 Regional Age Group Cham
7	2:52.60 L	P	Mieke Roos	10	KNYA EDD	06/03/2026	SA Level 2 Regional Age Group Cham
8	2:53.74 L	F	Armani Jones	10	XCEL CPT	06/03/2026	SA Level 2 Regional Age Group Cham
9	2:53.92 L	F	Ayana Mandean	10	HARL BUF	28/11/2025	BCA Long Course Championships 202
10	2:55.11 L	F	Amahle Jali	10	TUKS TSH	29/03/2026	SA Level 2 Regional Age Group Cham
11	2:56.49 L	F	Aria Perdijk	9	TUKS TSH	29/03/2026	SA Level 2 Regional Age Group Cham
12	2:56.59 L	F	Chai Wanlu	10	CA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
13	2:56.93 L	F	Rouxvé Henn	10	AWIN TSH	29/03/2026	SA Level 2 Regional Age Group Cham
14	2:57.04 L	F	Pheladi Manoko	10	PAC TSH	29/03/2026	SA Level 2 Regional Age Group Cham
15	2:57.09 L	F	Ava Els	10	BEST NMA	30/01/2026	Infinity Gala 2026
16	2:57.33 L	F	Ashley Trollip	10	CASC CPT	06/03/2026	SA Level 2 Regional Age Group Cham
17	2:57.52 L	P	Isabella Bowles	10	PEAS NMA	06/03/2026	SA Level 2 Regional Age Group Cham
18	2:58.14 L	F	Bethany Pierce	10	USC BUF	28/11/2025	BCA Long Course Championships 202
19	2:58.15 L	F	Nina Moodley	10	AAS JHB	29/03/2026	SA Level 2 Regional Age Group Cham
20	2:58.17 L	F	Amery Vermaak	9	SS MPD	28/11/2025	Limpopo Champs 2025
21	2:58.36 L	F	Zara Oganisian	9	WSTV ETH	31/03/2026	SA Level 2 Regional Age Group Cham
22	2:59.23 L	F	Emma Cox	10	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
23	2:59.29 L	F	Alyx Cupido	10	BLNE MAN	30/03/2026	SA Level 2 Regional Age Group Cham
24	2:59.49 L	F	Holly Oliphant	10	PAC TSH	05/12/2025	2025 The Tshwane Mayor's Gala
25	2:59.98 L	P	Henriette Odendaal	10	QSSC CPT	06/03/2026	SA Level 2 Regional Age Group Cham
26	3:00.33 L	P	Mmangaliso Mkhize	9	SGUL ETH	31/03/2026	SA Level 2 Regional Age Group Cham
27	3:00.73 L	F	Sofia Grebe	10	CUHE OBD	06/02/2026	WCA-B Champs - 2026
28	3:00.83 L	P	Kylie Hair	10	VINE CPT	06/03/2026	SA Level 2 Regional Age Group Cham
29	3:01.00 L	P	Kayla Coutts	10	BLMA CPT	06/03/2026	SA Level 2 Regional Age Group Cham
30	3:01.57 L	P	Jane Barnard	10	CSA EZD	26/03/2026	SA Level 3 Regional Age Group Cham
31	3:01.71 L	F	Rachel Coleman	10	TCA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
32	3:01.92 L	F	Holly Durandt	10	KNYA EDD	22/11/2025	Eden LC Champs 2025
33	3:02.67 L	F	Cari van der Merwe	10	SWAR WCD	06/02/2026	WCA-B Champs - 2026
34	3:02.69 L	F	Imone Venter	10	RBOT BPD	30/03/2026	SA Level 2 Regional Age Group Cham
35	3:02.73 L	P	Kendall Perrins	10	CASC CPT	06/03/2026	SA Level 2 Regional Age Group Cham
36	3:02.85 L	P	Taylor Geswind	10	USC BUF	06/03/2026	SA Level 2 Regional Age Group Cham
37	3:03.29 L	P	Jaime Williams	10	CUHE OBD	06/03/2026	SA Level 2 Regional Age Group Cham
38	3:03.93 L	F	Ava Forsythe	10	INFA NMA	16/08/2025	2nd A League Gala 2025
39	3:04.26 L	F	Zuri Taylor	10	TCA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
40	3:04.39 L	F	Eva De Angelis	BR	VASA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
41	3:04.70 L	F	Riley Adams	10	CSA EZD	16/01/2026	MP AGE GROUP 4 - 16-17 JANUARY
42	3:04.76 L	F	Paige Plumb	10	CSA EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25
43	3:05.37 L	F	Mieke Labuschagne	10	ASAC CPT	29/11/2025	CTA B CHAMPS 2025
44	3:05.49 L	P	Raya Singh	10	CASC CPT	06/03/2026	SA Level 2 Regional Age Group Cham
45	3:06.23 L	F	Jemima Muirhead	10	KNYA EDD	22/11/2025	Eden LC Champs 2025
46	3:06.34 L	F	Annabelle Johnson	10	BLUO UGD	31/03/2026	SA Level 2 Regional Age Group Cham
47	3:06.86 L	F	Luzay Gerber	10	BEST NMA	30/01/2026	Infinity Gala 2026
48	3:07.08 L	P	Leah Staples	10	PELIC MAN	30/03/2026	SA Level 2 Regional Age Group Cham
49	3:07.93 L	F	Aryah Naidoo	10	USC BUF	12/12/2025	NMBA Championships 2025
50	3:08.06 L	F	Brynn Jacobs	10	TCA EKU	28/02/2026	AG Level 1 Regional Competition 2026
51	3:08.41 L	F	Cara Swanepoel	10	UNI EZD	30/03/2026	SA Level 2 Regional Age Group Cham
52	3:08.44 L	F	Imine Dercksen	10	BETH FDD	30/03/2026	SA Level 2 Regional Age Group Cham
53	3:08.86 L	F	Lumay De Beer	9	CSA EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2
54	3:08.99 L	P	Aria Mossay	10	UWCA CPT	06/03/2026	SA Level 2 Regional Age Group Cham
55	3:09.25 L	F	Katja Marcus	10	MDOL JHB	28/02/2026	CGA Challenge
56	3:09.38 L	F	Talin Maatouk	10	SASE JHB	06/02/2026	Crusaders & CGA Night Gala

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
57	3:09.39	L	F	Leah Spangenberg	9	XCEL CPT	06/02/2026	WCA-B Champs - 2026
58	3:09.45	L	F	Liv Hamilton	9	EXP FSH	28/02/2026	AG Level 1 Regional Competition 2026
59	3:09.73	L	F	Cayla Joubert	10	PELIC MAN	30/03/2026	SA Level 2 Regional Age Group Cham
60	3:09.79	L	P	Lilani Wolmarans	10	PEAS NMA	06/03/2026	SA Level 2 Regional Age Group Cham
61	3:09.85	L	P	Sarah Sinclair	10	KNYA EDD	06/03/2026	SA Level 2 Regional Age Group Cham
62	3:10.63	L	P	Vida - Ani Markgraaff	10	BLOT MAN	30/03/2026	SA Level 2 Regional Age Group Cham
63	3:10.72	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026	SA Level 2 Regional Age Group Cham
64	3:10.83	L S	P	Kirei Burgess	10	CA EKU	04/12/2025	EGA Summer Championships 2025
65	3:10.92	L	F	Ava Greyvenstein	9	USC BUF	12/12/2025	NMBA Championships 2025
66	3:11.34	L	P	Jennifer Williams	10	PEAS NMA	06/03/2026	SA Level 2 Regional Age Group Cham
67	3:11.41	L	F	Chloé Scott	10	TUKS FSH	05/12/2025	2025 The Tshwane Mayor's Gala
68	3:11.72	L	F	Emily Mijatovic	10	H2O EKU	29/03/2026	SA Level 2 Regional Age Group Cham
69	3:11.80	L	P	Lene Kriel	10	LALE CED	06/03/2026	SA Level 2 Regional Age Group Cham
70	3:12.20	L	P	Lua Haasbroek	10	BLSS MAN	30/03/2026	SA Level 2 Regional Age Group Cham
71	3:12.34	L	F	Liani Van Deventer	10	TUKS FSH	29/03/2026	SA Level 2 Regional Age Group Cham
72	3:12.54	L	P	Alexis Scheepers	9	STAR BPD	30/03/2026	SA Level 2 Regional Age Group Cham
73	3:12.57	L	P	Lee-Ann Du Plessis	10	RBUR BPD	30/03/2026	SA Level 2 Regional Age Group Cham
74	3:12.61	L	F	Iviwe Nobongoza	10	FAC EKU	29/03/2026	SA Level 2 Regional Age Group Cham
75	3:12.91	L	F	Juliette Spencer	9	CYBE CPT	29/11/2025	CTA B CHAMPS 2025
76	3:13.12	L	F	Livia Mare	10	CASC CPT	06/02/2026	WCA-B Champs - 2026
77	3:13.13	L	F	Justina Robin	10	PEAS NMA	12/12/2025	NMBA Championships 2025
78	3:13.22	L	F	Gené Botha	10	DOLFI MPD	29/03/2026	SA Level 2 Regional Age Group Cham
79	3:13.81	L	F	Aiva-Grace Wittstock	9	CA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
80	3:13.97	L	F	Amélie Smith	9	TUKS FSH	05/12/2025	2025 The Tshwane Mayor's Gala
81	3:14.01	L	F	Mila De Kock	10	CA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
82	3:14.02	L	F	Nicole Eleftheriou	10	HARL BUF	28/11/2025	BCA Long Course Championships 2025
83	3:14.08	L	F	Enhle Mthembu	9	OHAN ILD	31/01/2026	uShaka Champs 2026
84	3:14.12	L	F	Ziyanda Mtetwa	10	PAC FSH	05/12/2025	2025 The Tshwane Mayor's Gala
85	3:14.49	L	F	Penelope Synodinos	9	CASC CPT	06/02/2026	WCA-B Champs - 2026
86*	3:14.92	L	F	Maia Bull	9	CASC CPT	13/02/2026	Winelands SL Fin - February 2026 - cc
86*	3:14.92	L	P	Yolla Mario	10	KALA	30/03/2026	SA Level 2 Regional Age Group Cham
88	3:14.94	L	F	Rouxi Dong	10	ESP EKU	29/03/2026	SA Level 2 Regional Age Group Cham
89	3:15.03	L	F	Layla Abrahams	10	INFA NMA	30/01/2026	Infinity Gala 2026
90	3:15.12	L	F	Aniek Myburgh	9	CSA EZD	30/01/2026	AG 5 MP SA SCHOOLS TRIALS 30 J/
91	3:15.29	L	F	Ava O'Brien	10	MDOL JHB	29/03/2026	SA Level 2 Regional Age Group Cham
92	3:15.30	L	F	Madison Grobler	10	TCA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
93	3:15.47	L	F	Ziané Boshoff	10	TINC FSH	05/12/2025	2025 The Tshwane Mayor's Gala
94	3:15.49	L	P	McKenzie Clark	10	CTO CPT	06/03/2026	SA Level 2 Regional Age Group Cham
95*	3:15.71	L	F	Genevieve Joubert	10	RFA FSH	05/12/2025	2025 The Tshwane Mayor's Gala
95*	3:15.71	L	P	Hanneli Van der Watt	10	ASAC CPT	06/03/2026	SA Level 2 Regional Age Group Cham
97	3:15.97	L	F	Kuno Moleme	10	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :
98	3:17.11	L	F	Sofiyyah Bodiat	10	MDOL JHB	29/03/2026	SA Level 2 Regional Age Group Cham
99	3:17.59	L	P	Amy Dawson	10	XCEL CPT	06/03/2026	SA Level 2 Regional Age Group Cham
100	3:17.61	L	F	Belissa Shabangu	9	UNI EZD	13/02/2026	MP AGE GROUP 6 GALA 13-14 FEBF
101	3:17.71	L	F	Luthando Khoza	9	MAKO EKU	28/02/2026	AG Level 1 Regional Competition 2026
102	3:18.11	L	P	Carli Steenkamp	9	KALA	30/03/2026	SA Level 2 Regional Age Group Cham
103	3:18.61	L	P	Shay Grobler	9	ASAC CPT	06/03/2026	SA Level 2 Regional Age Group Cham
104	3:18.78	L	F	Maria Ferreira	9	GHS BPD	13/02/2026	NW School Championships 2026
105	3:18.94	L	P	Emily Goosen	10	HARL BUF	06/03/2026	SA Level 2 Regional Age Group Cham
106	3:19.40	L	P	Karli Botha	10	KALA	30/03/2026	SA Level 2 Regional Age Group Cham
107	3:19.47	L	P	Alexia Virgillito	10	CLA WCD	06/03/2026	SA Level 2 Regional Age Group Cham
108	3:19.64	L	F	Daniella Govender	10	BEAV ETH	31/03/2026	SA Level 2 Regional Age Group Cham
109	3:19.65	L	F	Sophia Potgieter	9	SS MPD	25/10/2025	Limpopo Age Group 5 of 2025/26
110*	3:19.87	L	F	Ellie van der Mescht	10	PEAS NMA	15/11/2025	5th A League Gala 2025
110*	3:19.87	L	F	Mathabo Marutla	10	FAC EKU	28/02/2026	AG Level 1 Regional Competition 2026
112	3:19.91	L	F	Riley Henderson	10	TUKS FSH	29/03/2026	SA Level 2 Regional Age Group Cham
113	3:20.59	L	P	Lisa Hanekom	10	BARR CPT	06/03/2026	SA Level 2 Regional Age Group Cham
114	3:20.68	L	F	Misha Meyer	10	FISH EDD	22/11/2025	Eden LC Champs 2025
115	3:20.70	L	F	Mila Van Zyl	9	BS LLD	28/02/2026	FSA LEVEL 1 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
116	3:20.78	L	F	Olivia Mason	10	AZON ETH	09/07/2025 TYR Prestige Tournament 2025
117	3:21.00	L	F	Amelia Deiner	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
118	3:21.70	L	F	Arwen Dannatt	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
119	3:21.92	L	F	Josie Faught	10	USC BUF	24/01/2026 BCA January Age Group Gala 2026
120	3:22.09	L	F	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
121	3:22.48	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
122	3:22.65	L	F	Eva Coates	10	WAC EDD	28/06/2025 PEA Winter Gala 2025
123	3:22.69	L	F	Caylen Preston	9	BLUO UGD	30/03/2026 KZNA Level 1 Championships
124	3:22.79	L	P	Lua Smith	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
125	3:22.97	L	F	Livia Franzsen	10	OLDE JHB	14/02/2026 CGA Last Chance
126	3:23.22	L	F	Riley-Jane Smit	10	SEAL UMD	31/03/2026 SA Level 2 Regional Age Group Cham
127	3:23.32	L	F	Khumo Ranape	10	BAS EKU	22/11/2025 EGA Summer 3 & 4
128	3:23.38	L	F	Leah De Wet	10	FISH EDD	22/11/2025 Eden LC Champs 2025
129	3:23.43	L	F	Cara Hendricks	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
130	3:23.49	L	F	Sarah-Faye Lubbe	10	KTS	07/02/2026 NC SPRINTS 2026
131	3:23.55	L	P	Isla Bure	10	KLOO ETH	31/03/2026 SA Level 2 Regional Age Group Cham
132	3:24.08	L	P	Ingrid Filter	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
133	3:24.09	L	F	Bohlale Mofokeng	10	JAQ EKU	29/03/2026 SA Level 2 Regional Age Group Cham
134	3:24.34	L	F	Jahne Fick	10	JOIEC	07/02/2026 NC SPRINTS 2026
135	3:25.30	L	P	Mila Wright	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
136	3:25.58	L	F	Alana Bam	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
137	3:26.11	L	P	Milan Ferreira	10	STAQ CED	06/03/2026 SA Level 2 Regional Age Group Cham
138	3:26.21	L	F	Willow Bezuidenhout	9	BEST NMA	30/01/2026 Infinity Gala 2026
139	3:26.42	L	P	Elmi van Heerden	10	BS LLD	30/03/2026 SA Level 2 Regional Age Group Cham
140	3:26.49	L	F	Mmelwa Mtshweni	10	CA EKU	31/01/2026 EGA Last Chance Gala 2026
141	3:27.03	L	F	Hannah Allison	8	BEST NMA	30/01/2026 Infinity Gala 2026
142	3:27.08	L	F	Klara Meindertsm	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
143	3:27.13	L	F	Emily Jacobs	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025
144	3:27.17	L	F	Olivia-Reign Thomson	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
145	3:27.53	L	F	Elke Bochmann	10	OHAN ILD	15/11/2025 KZN Junior Championships 2025
146	3:27.57	L	F	Isabella Engela	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
147	3:27.90	L	F	Ané Plath	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
148	3:28.04	L	F	Zivah Carson	10	BULS MAN	07/11/2025 Otters Prestige Gala 2025
149	3:28.17	L	F	Irma-Ann Orffer	10	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
150	3:28.34	L	F	Liane Van Zyl	10	PPARK BP	13/02/2026 NW School Championships 2026
151	3:29.06	L	F	Esmere Maritz	10	JOIEC	07/02/2026 NC SPRINTS 2026
152	3:29.27	L	F	Kaylee Engelbrecht	9	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
153	3:29.88	L	F	Livia Venter	10	LEGMA WBD	31/01/2026 Limpopo School Champs & Limpopo A
154	3:30.52	L	F	Rainn Hughes	10	BARR CPT	20/09/2025 CTA INVITATIONAL LC MEET
155	3:31.51	L	F	Amber MacLachlan	10	OHAN ILD	31/01/2026 uShaka Champs 2026
156	3:31.96	L	P	Keira Damons	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
157	3:32.02	L	F	Ziane Geldenhuys	10	SFSC CPT	06/02/2026 WCA-B Champs - 2026
158	3:32.24	L	F	Leah Schley	10	CA EKU	31/01/2026 EGA Last Chance Gala 2026
159	3:32.37	L	F	Sophia Erasmus	10	BETH FDD	10/10/2025 Super Seals Annual Gala
160	3:32.75	L	F	Karli Annandale	9	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
161	3:33.46	L	F	Micah Bezuidenhout	9	ROA EDD	08/11/2025 EDEN 3rd A-League Gala 2025
162	3:33.65	L	F	Gopolang Mamogale	10	TUKS TSH	31/10/2025 NTS Level 1+2 November Age Group :
163*	3:33.96	L	P	Sakeenah Du Toit	10	UWCA CPT	06/03/2026 SA Level 2 Regional Age Group Cham
163*	3:33.96	L	F	Caylee Thompson	8	BEST NMA	12/12/2025 NMBA Championships 2025
165	3:34.27	L	F	Kianna Flunger	10	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
166	3:34.43	L	F	Elaine Jacobs	10	TUKS TSH	31/10/2025 NTS Level 1+2 November Age Group :
167	3:35.68	L	F	Khumo Mogane	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
168	3:35.87	L	F	Emily Rushin	10	HURAQ CPT	09/10/2025 44th Freda Barnard Invitational Gala
169	3:35.90	L S	F	Hailey Alcock	10	SFSC CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
170	3:36.51	L	F	Lukhanyo Dladla	8	CSA EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
171	3:36.76	L	F	Yandzisa Sambo	10	UNI EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
172	3:37.08	L	F	Lila Roux	10	GREY CPT	06/02/2026 WCA-B Champs - 2026
173	3:37.12	L	F	Kristebelle Stander	9	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
174	3:37.15	L	F	Madison Caine	9	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
175	3:37.34	L	F	Emily Hattingh	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
176	3:37.91	L	F	Amelia Hawksley	9	TYGE CPT	06/02/2026 WCA-B Champs - 2026
177*	3:39.14	L	F	Lynise Erasmus	10	WELA LLD	03/12/2025 Free State Champs 2025
177*	3:39.14	L	F	Jala Olivier	10	OLDE JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
179	3:39.25	L	F	Alisha Nell	10	BLMA CPT	06/02/2026 WCA-B Champs - 2026
180	3:39.36	L	F	Ava-Jayne Cuninghame	10	HAAG UTD	21/02/2026 Uthukela District Gala 5
181	3:39.53	L	F	Zahn Potgieter	10	DDA FSH	31/10/2025 NTS Level 1+2 November Age Group :
182	3:39.57	L	F	Camika Bellamy	10	AAS JHB	14/02/2026 CGA Last Chance
183	3:39.64	L	F	Adalyn Shelton	8	ESTR EKU	28/02/2026 AG Level 1 Regional Competition 2026
184	3:40.04	L	F	Mia Oswald	8	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
185	3:40.69	L	F	Lily Erasmus	10	PELIC MAN	03/12/2025 Free State Champs 2025
186	3:40.95	L	P	Ella Rundle	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
187	3:41.18	L	F	Zara Bayisayi	9	TCA EKU	06/10/2025 Seagulls Winter Championships 2025
188	3:41.25	L	F	Ziyanda Mthembu	10	HAAG UTD	30/03/2026 KZNA Level 1 Championships
189	3:41.82	L	F	Paigan Stols	9	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
190	3:42.09	L	F	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	20/09/2025 3rd A League Gala 2025
191	3:42.51	L	F	Kganya Sekgobela	9	CA EKU	28/02/2026 AG Level 1 Regional Competition 2026
192	3:42.63	L	F	Quinn Smith	9	MDOL JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
193	3:42.74	L S	P	Thandolwethu Teto	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
194	3:42.86	L	F	Mareli Janse van Rensburg	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
195	3:44.36	L	F	Erin Goller	10	TUKS FSH	31/10/2025 NTS Level 1+2 November Age Group :
196	3:45.05	L	F	Ankia Slabbert	10	BRAVE CED	09/10/2025 44th Freda Barnard Invitational Gala
197	3:45.51	L	F	Willemina Bekker	9	KSTAR EDD	22/11/2025 Eden LC Champs 2025
198	3:46.48	L	F	Skyler Shelton	10	ESTR EKU	29/03/2026 SA Level 2 Regional Age Group Cham
199	3:47.49	L	F	Abigail Vermaak	10	KSC EZD	05/12/2025 Mpumalanga Championships 2025
200	3:47.84	L	F	Lesego Magwaza	10	H2O EKU	28/02/2026 AG Level 1 Regional Competition 2026
201	3:48.38	L	F	Leané Rademeyer	9	KALA	21/02/2026 AGE GROUP 6 KATHU 2026 - copied
202	3:48.66	L	P	Milay Van der Merwe	9	STAR BPD	06/12/2025 NWS Championships 2025
203	3:51.01	L	F	Lethabo Mokoena	9	FAC EKU	06/10/2025 Seagulls Winter Championships 2025
204	3:51.30	L	F	Annamy vd Merwe	9	MCSP BPD	13/02/2026 NW School Championships 2026
205	3:51.35	L	F	Addision Breeds	9	BETH FDD	28/02/2026 FSA LEVEL 1 2026
206	3:52.81	L	F	Adanje Du Plessis	10	BRAVE CED	21/02/2026 Swartland Invitational Gala 2026
207	3:52.82	L	F	Alexia Ras	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
208	3:54.83	L	F	Erynn Clancy	10	DRGN JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
209	3:55.79	L	F	Adia Theko	9	PELIC MAN	28/02/2026 FSA LEVEL 1 2026
210	3:57.83	L	F	Shifaa Benjamin	10	SAAW CPT	21/02/2026 Swartland Invitational Gala 2026
211	3:58.00	L	F	Phathu Mabasaf	10	AWIN FSH	31/10/2025 NTS Level 1+2 November Age Group :
212	3:58.31	L	P	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025
213	3:58.53	L	F	Madelie Ras	9	GHS BPD	13/02/2026 NW School Championships 2026
214	3:59.10	L	F	Sofia Daniels	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
215	4:01.58	L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	09/10/2025 44th Freda Barnard Invitational Gala
216	4:01.82	L	F	Hope Koopman	10	LEGC ETH	31/01/2026 uShaka Champs 2026
217	4:01.95	L	F	Loyed Negash	10	BARA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
218	4:02.42	L	F	Anzelle De Bruyn	10	BETH FDD	26/09/2025 Pelicans Gala..
219	4:02.84	L	F	Lillian Gregory	9	HAAG UTD	10/10/2025 Super Seals Annual Gala
220	4:03.01	L	F	Kate Pombo	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
221	4:05.40	L	F	Cathrine Van der Merwe	10	ESA CED	24/01/2026 Drakenstein Invitational - copied
222	4:05.68	L	P	Kara Spies	10	HARB BPD	06/12/2025 NWS Championships 2025
223	4:05.71	L	F	Lisa Snyman	9	ROA EDD	24/01/2026 EDEN 4th A-League Gala 2026
224	4:06.15	L	F	Chanique Steele	10	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
225	4:07.64	L	F	Chaney Nathan	10	FISH EDD	22/11/2025 Eden LC Champs 2025
226	4:10.16	L	F	Sibandla Msiza	9	H2O EKU	28/02/2026 AG Level 1 Regional Competition 2026
227	4:10.40	L	F	Maya Botha	10	KNYA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
228	4:12.42	L	F	Rone Basson	10	AASC EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
229	4:13.46	L	F	Mekayla Van der Bank	10	TKS WBD	28/11/2025 Limpopo Champs 2025
230	4:15.39	L	F	Thoriso Senyakoe	7	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
231	4:15.61	L	F	Khumo Mokone	9	FAC EKU	22/11/2025 EGA Summer 3 & 4
232	4:18.29	L	F	Anika Fleming	9	KALA	29/11/2025 AGE GROUP 4 KATHU 2025 - copied
233	4:20.68	L	F	Busisiwe Mosibi	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
234	4:23.57 L	F	Kaboentle Raphuti	10	HARB BPD	09/07/2025	TYR Prestige Tournament 2025	
235	4:35.56 L	F	India Parr	10	KNYA EDD	08/11/2025	EDEN 3rd A-League Gala 2025	
236	4:35.81 L	P	Kaone Lesejane	10	HARB BPD	06/12/2025	NWS Championships 2025	
237	4:58.96 L	F	Bandile Zungu	10	HAAG UTD	30/03/2026	KZNA Level 1 Championships	
Women 18 & Under 400 Free								
1	5:25.92 L	F	Ava Maritz	10	CTO CPT	09/04/2026	SA Level 3 Regional Age Group Chan	
2	5:38.73 L	F	SCARLETT MAC DONALD	10	WAC EDD	30/01/2026	Infinity Gala 2026	
3	5:39.61 L	F	Tyla Grobler	10	BEST NMA	12/12/2025	NMBA Championships 2025	
4	6:01.31 L	F	Veda Julia Csala	10	KIS CE	13/02/2026	Winelands SL Fin - February 2026 - cc	
5	6:10.96 L	F	Ava Els	10	BEST NMA	12/12/2025	NMBA Championships 2025	
6	6:11.77 L	F	Ashley Trollip	10	CASC CPT	17/01/2026	CTA BRIAN BUTTON Qualifying Meet	
7	6:14.44 L	F	Isabella Bowles	10	PEAS NMA	12/12/2025	NMBA Championships 2025	
8	6:20.54 L	F	Aria Mossay	10	UWCA CPT	17/01/2026	CTA BRIAN BUTTON Qualifying Meet	
9	6:28.18 L	F	Jemima Muirhead	10	KNYA EDD	22/11/2025	Eden LC Champs 2025	
10	6:29.54 L	F	Paige Plumb	10	CSA EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25	
11	6:29.95 L	F	Holly Durandt	10	KNYA EDD	22/11/2025	Eden LC Champs 2025	
12	6:30.90 L	F	Mieke Roos	10	KNYA EDD	14/02/2026	EDEN 5th A-League Gala 2026	
13	6:33.67 L	F	Henriette Odendaal	10	QSSC CPT	17/01/2026	CTA BRIAN BUTTON Qualifying Meet	
14	6:34.44 L	F	Armani Jones	10	XCEL CPT	06/02/2026	WCA-B Champs - 2026	
15	6:35.97 L	F	Taylor Geswind	10	USC BUF	12/12/2025	NMBA Championships 2025	
16	6:41.77 L	F	Ziané Boshoff	10	TINC FSH	13/02/2026	NTS Level 1+2 February Age Group 2f	
17	6:42.40 L	F	Sofia Grebe	10	CUHE OBD	25/10/2025	CTA Qualifying Meet 3 - (L2 & above)	
18	6:44.64 L	F	Ava Greyvenstein	9	USC BUF	30/01/2026	Infinity Gala 2026	
19	6:51.58 L	F	Mieke Labuschagne	10	ASAC CPT	17/01/2026	CTA BRIAN BUTTON Qualifying Meet	
20	7:00.49 L	F	Kirei Burgess	10	CA EKV	22/11/2025	EGA Summer 3 & 4	
21	7:01.12 L	F	Misha Meyer	10	FISH EDD	14/02/2026	EDEN 5th A-League Gala 2026	
22	7:03.49 L	F	Arwen Dannatt	10	CASC CPT	06/02/2026	WCA-B Champs - 2026	
23	7:07.71 L	F	Amice Seaman	9	UNI EZD	13/02/2026	MP AGE GROUP 6 GALA 13-14 FEBF	
24	7:08.04 L	F	Liani Jacobs	10	BARR CPT	22/11/2025	Swartland Prestige Gala 2025	
25	7:09.49 L	F	Imine Dercksen	10	BETH FDD	10/10/2025	Super Seals Annual Gala	
26	7:15.58 L	F	Leah Staples	10	PELIC MAN	26/09/2025	Pelicans Gala..	
27	7:19.86 L	F	Carli Steenkamp	9	KALA	21/11/2025	AGE GROUP 2 & 3 KATHU - copied -	
28	7:26.26 L	F	Sarah-Faye Lubbe	10	KTS	05/12/2025	NCASA CHAMPS 2025 - copied - copi	
29	7:26.29 L	F	Yolla Mario	10	KALA	05/12/2025	NCASA CHAMPS 2025 - copied - copi	
30	7:32.16 L	F	Emily Rushin	10	HURAQ CPT	22/11/2025	Swartland Prestige Gala 2025	
31	7:44.17 L	F	Willemina Bekker	9	KSTAR EDD	14/02/2026	EDEN 5th A-League Gala 2026	
32	8:04.28 L	F	Ella Rundle	10	CUHE OBD	25/10/2025	CTA Qualifying Meet 3 - (L2 & above)	
33	8:08.28 L	F	Ava-Jayne Cuninghame	10	HAAG UTD	08/11/2025	UThukela Age Group Gala 2	
34	9:01.03 L	F	Lillian Gregory	9	HAAG UTD	08/11/2025	UThukela Age Group Gala 2	
Women 18 & Under 500 Free								
1	10:09.51 L	O	Armani Jones	10	XCEL CPT	14/12/2025	CTA OWS - Series 4	
Women 18 & Under 800 Free								
1	13:24.13 L	F	Paige Plumb	10	CSA EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25	
Women 18 & Under 1000 Free								
1	26:55.00 L	F	Lillian Gregory	9	HAAG UTD	23/11/2025	Capital K Open Water Swim Meet 202	
2	28:16.00 L	F	Ziyanda Mthembu	10	HAAG UTD	23/11/2025	Capital K Open Water Swim Meet 202	
3	30:51.00 L	F	Daniella Govender	10	BEAV ETH	23/11/2025	Capital K Open Water Swim Meet 202	
4	31:20.00 L	F	Peyton Greer	10	SEAL UMD	23/11/2025	Capital K Open Water Swim Meet 202	
5	33:28.00 L	F	Jankè Terblanche	9	STSC KCD	23/11/2025	Capital K Open Water Swim Meet 202	
6	34:09.00 L	F	Morgan Mitchell-Innes	9	HAAG UTD	23/11/2025	Capital K Open Water Swim Meet 202	
7	47:20.00 L	F	Liyema Mtawali	8	AQUA UTD	23/11/2025	Capital K Open Water Swim Meet 202	
Women 18 & Under 1500 Free								
1	22:43.28 L	O	Ava Maritz	10	CTO CPT	16/11/2025	CTA OWS - Series 2	
2	35:36.97 L	O	Alana Bam	9	CSA EZD	09/11/2025	MPUMALANGA OPEN WATER 9 NOV	
3	35:49.07 L	O	Ava Forsythe	10	INFA NMA	30/11/2025	EC Swim Series OWS Round 2 2025	
4	35:52.00 L	F	Lillian Gregory	9	HAAG UTD	31/01/2026	UThukela District Gala 4	

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 18 & Under 3000 Free							
1	1:04:58.00	L	O	Rouxvé Henn	10	AWIN TSH	12/10/2025 Manyaka OW Sprint 2025
Women 18 & Under 50 Back							
1	38.69	L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
2	39.06	L	F	Ayana Mandean	10	HARL BUF	07/02/2026 BCA Feb Age Group Gala 2026
3	39.84	L	F	Jaime Williams	10	CUHE QBD	06/02/2026 WCA-B Champs - 2026
4	39.94	L	F	Ashley Trollip	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
5	40.38	L	P	Amery Vermaak	9	SS MPD	29/03/2026 SA Level 2 Regional Age Group Cham
6	40.76	L	F	Riley Makwakwa	9	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 20
7	40.81	L	F	SCARLETT MAC DONALD	10	WAC EDD	06/03/2026 SA Level 2 Regional Age Group Cham
8	40.89	L	F	Roux Dong	10	ESP ECU	29/03/2026 SA Level 2 Regional Age Group Cham
9	40.99	L	F	Willow Landman	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
10	41.13	L	F	Ava Forsythe	10	NMBA NM	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
11	41.17	L	F	Bethany Pierce	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
12	41.21	L	F	Nina Moodley	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
13	41.29	L	F	Emma Cox	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
14	41.33	L	F	Ava Els	10	BEST NMA	12/12/2025 NMBA Championships 2025
15	41.38	L	F	Janika Roux	10	DORE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
16	41.49	L	F	Camika Bellamy	10	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
17	41.60	L	P	Alyx Cupido	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
18	41.62	L	P	Lente Keun	10	VINE CPT	04/12/2025 Western Cape LC-A Championship 20
19	41.86	L	F	Aria Mossay	10	UWCA CPT	29/11/2025 CTA B CHAMPS 2025
20	42.00	L	P	Aria Perdijk	9	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
21	42.27	L	P	Aryah Naidoo	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
22	42.49	L	P	Sophia Potgieter	9	SS MPD	29/03/2026 SA Level 2 Regional Age Group Cham
23	42.50	L	F	Tyla Grobler	10	BEST NMA	12/12/2025 NMBA Championships 2025
24	42.53	L	F	Liani Van Deventer	10	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
25	42.56	L	F	Zuri Taylor	10	TCA ECU	04/12/2025 EGA Summer Championships 2025
26	42.99	L	P	Sarah Sinclair	10	KNYA EDD	04/12/2025 Western Cape LC-A Championship 20
27	43.05	L	F	Klarah Geldenhuys	9	ACAQ CCD	28/11/2025 Limpopo Champs 2025
28	43.08	L	F	Mieke Labuschagne	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
29	43.15	L	P	Kirei Burgess	10	CA ECU	29/03/2026 SA Level 2 Regional Age Group Cham
30	43.28	L	P	Eva De Angelis	BR	VASA ECU	29/03/2026 SA Level 2 Regional Age Group Cham
31	43.33	L	F	Emily Goosen	10	BCA BUF	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
32	43.35	L	P	Emma Reling	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
33*	43.43	L	F	Jane Barnard	10	CSA EZD	05/12/2025 Mpumalanga Championships 2025
33*	43.43	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
35	43.51	L	F	Elmi van Heerden	10	BS LLD	30/03/2026 SA Level 2 Regional Age Group Cham
36	43.57	L	F	Sophia Greeff	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
37	43.58	L	F	Kaylee Engelbrecht	9	ESP ECU	28/02/2026 AG Level 1 Regional Competition 2026
38	43.61	L	P	Kendall Perrins	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
39	43.76	L	F	Ava Maritz	10	CTO CPT	06/02/2026 WCA-B Champs - 2026
40	43.82	L	P	Emily Jacobs	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
41	43.84	L	F	Holly Oliphant	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
42	43.86	L	P	McKenzie Clark	10	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
43	43.98	L	F	Nicole Eleftheriou	10	HARL BUF	28/11/2025 BCA Long Course Championships 2025
44*	44.06	L	F	Isabella Bowles	10	PEAS NMA	30/01/2026 Infinity Gala 2026
44*	44.06	L	F	Emelia Veaudry	10	HARL BUF	24/01/2026 BCA January Age Group Gala 2026
46	44.22	L	F	Hayley Couzens	9	WSTV ETH	15/11/2025 KZN Junior Championships 2025
47	44.25	L	F	Justina Robin	10	PEAS NMA	16/08/2025 2nd A League Gala 2025
48*	44.41	L	F	Amy Dawson	10	XCEL CPT	06/02/2026 WCA-B Champs - 2026
48*	44.41	L	P	Anzel Swiegers	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
50	44.46	L	P	Henriette Odendaal	10	QSSC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
51	44.47	L	P	Amahle Jali	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
52*	44.54	L	F	Boledi Maredi	10	SS MPD	28/11/2025 Limpopo Champs 2025
52*	44.54	L	P	Pheladi Manoko	10	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
54	44.56	L	F	Kayla Coutts	10	BLMA CPT	06/02/2026 WCA-B Champs - 2026
55*	44.57	L	P	Zara Oganisian	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
55*	44.57	L	F	Cari van der Merwe	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
57	44.58	L	F	Anje Bartmann	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
58	44.62	L	F	Liv Hamilton	9	EXP TSH	28/02/2026 AG Level 1 Regional Competition 2026
59	44.67	L	P	Lume Botha	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
60	44.72	L	P	Mila Coetzee	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
61	44.81	L	F	Rae Mazery	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
62	44.86	L	F	Genevieve Joubert	10	RFA TSH	30/03/2026 SA Level 2 Regional Age Group Cham
63	44.92	L	P	Madison Grobler	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
64	44.97	L	P	Sofia Grebe	10	CUHE QBD	06/03/2026 SA Level 2 Regional Age Group Cham
65	45.02	L	F	Kayla Fouche	10	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
66	45.06	L	F	Luzay Gerber	10	BEST NMA	30/01/2026 Infinity Gala 2026
67*	45.12	L	P	Tinashé Ngwenya	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
67*	45.12	L	P	Imine Dercksen	10	BETH FDD	30/03/2026 SA Level 2 Regional Age Group Cham
69	45.21	L	F	Olivia Mason	10	AZON ETH	15/11/2025 KZN Junior Championships 2025
70	45.23	L	P	Quinn Smith	9	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
71	45.24	L	F	Daniella Govender	10	BEAV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
72*	45.25	L	F	Lee-Ann Du Plessis	10	RUSTL BP	13/02/2026 NW School Championships 2026
72*	45.25	L	F	Lisa Hanekom	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
72*	45.25	L	F	Ameé De Fortier	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
75	45.27	L	F	Daniella Da Silva	8	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
76	45.30	L	P	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
77	45.42	L	P	Yolla Mario	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
78	45.45	L	P	Holly Durandt	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
79	45.46	L	F	Layla Abrahams	10	INFA NMA	12/12/2025 NMBA Championships 2025
80	45.48	L	F	Leva Meiring	10	LSM EZD	13/02/2026 NW School Championships 2026
81	45.60	L	F	Lumay De Beer	9	CSA EZD	16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY
82	45.71	L	F	Kylie Hair	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025
83	45.72	L	F	Eva Coates	10	EDEN ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
84	45.75	L	P	Aiva-Grace Wittstock	9	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
85	45.76	L	P	Nina Kruger	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
86	45.80	L	P	Armani Jones	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
87	45.81	L	P	Talin Maatouk	10	SASE JHB	27/11/2025 CGA Championships 2025
88*	45.99	L	P	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
88*	45.99	L	F	Alexis Scheepers	9	VASTR BPD	13/02/2026 NW School Championships 2026
90	46.00	L	F	Amelia Figueiredo	10	PSCP UMD	09/07/2025 TYR Prestige Tournament 2025
91*	46.01	L	F	Brooklyn Norton	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
91*	46.01	L	P	Rachel Coleman	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
93	46.02	L	F	Arwen Dannatt	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
94	46.04	L	P	Ava Kruger	10	ESA CED	06/03/2026 SA Level 2 Regional Age Group Cham
95	46.06	L	F	Elaine Jacobs	10	TUKS TSH	31/10/2025 NTS Level 1+2 November Age Group :
96	46.11	L	F	Shay Grobler	9	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
97	46.22	L	P	Madison Mc Carthy	10	MAKO EKU	04/12/2025 EGA Summer Championships 2025
98	46.26	L	P	Lua Haasbroek	10	BLSS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
99	46.28	L	F	Ntwanano Chauke	9	DORE JHB	28/02/2026 AG Level 1 Regional Competition 2026
100*	46.29	L	F	Rainn Hughes	10	BARR CPT	29/11/2025 CTA B CHAMPS 2025
100*	46.29	L	P	Raya Singh	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
102	46.34	L	P	Nina Bosch	10	DRGN JHB	27/11/2025 CGA Championships 2025
103	46.45	L	F	Ziane Geldenhuys	10	SFSC CPT	06/02/2026 WCA-B Champs - 2026
104	46.53	L	F	Bailey Stoltz	9	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
105*	46.54	L	P	Michaela Johnson	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
105*	46.54	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
107*	46.56	L	P	Emily Rushin	10	HURAQ CPT	06/03/2026 SA Level 2 Regional Age Group Cham
107*	46.56	L	F	Sadie Govender	10	AZON ETH	15/11/2025 KZN Junior Championships 2025
109	46.67	L	F	Ngwekazi Mthiyane	10	ASA ILD	31/01/2026 uShaka Champs 2026
110*	46.70	L	F	Paige Plumb	10	CSA EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
110*	46.70	L	P	Milan Ferreira	10	STAQ CED	06/03/2026 SA Level 2 Regional Age Group Cham
112*	46.71	L	F	Amélie Smith	9	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
112*	46.71	L	F	Aniek Myburgh	9	CSA EZD	16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY
114	46.72	L	P	Livia Venter	10	TKS WBD	29/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
115	46.76	L	F	Alana Bam	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
116	46.78	L	F	Willow Bezuidenhout	9	BEST NMA	30/01/2026 Infinity Gala 2026
117*	46.81	L	F	Julie-Anne Loots	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
117*	46.81	L	P	Rouxvé Henn	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
119	46.83	L	F	Sarélda Velthuysen	10	SS MPD	28/11/2025 Limpopo Champs 2025
120*	46.87	L	F	Sofia Daniels	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
120*	46.87	L	F	Mila De Kock	10	CA EKU	22/11/2025 EGA Summer 3 & 4
122	46.95	L	F	Niki Eastman	8	SS MPD	28/11/2025 Limpopo Champs 2025
123	46.97	L	F	Chelsea Jansen Van Vuuren	10	SEAL UMD	06/10/2025 Seagulls Winter Championships 2025
124*	47.01	L	P	Riley Henderson	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
124*	47.01	L	F	Birgitte Oosthuizen	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
126	47.17	L	F	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham
127*	47.20	L	F	Harlee Hodgson	9	OHAN HLD	06/10/2025 Seagulls Winter Championships 2025
127*	47.20	L	P	Chloé Scott	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
129	47.21	L	P	Carli Steenkamp	9	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
130	47.24	L	F	Leiliah Bendeman	9	SS MPD	28/11/2025 Limpopo Champs 2025
131*	47.28	L	F	Cara Swanepoel	10	UNI EZD	05/12/2025 Mpumalanga Championships 2025
131*	47.28	L	F	Maria Ferreira	9	GHS BPD	13/02/2026 NW School Championships 2026
133	47.36	L	P	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	06/03/2026 SA Level 2 Regional Age Group Cham
134	47.37	L	F	Enhle Mthembu	9	OHAN HLD	31/01/2026 uShaka Champs 2026
135*	47.38	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
135*	47.38	L	F	Clarise Blom	8	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
137	47.43	L	F	Katja Marcus	10	MDOL JHB	06/02/2026 Crusaders & CGA Night Gala
138	47.44	L	F	Zahn Potgieter	10	DDA TSH	28/02/2026 AG Level 1 Regional Competition 2026
139	47.45	L	F	Imone Venter	10	RBOT BPD	06/12/2025 NWS Championships 2025
140	47.48	L	F	Lieke Nelson	9	VASTR BPD	13/02/2026 NW School Championships 2026
141	47.50	L	P	Alessandra De Dominicis	10	CRSC JHB	29/03/2026 SA Level 2 Regional Age Group Cham
142	47.56	L	F	Mareli Janse van Rensburg	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
143	47.59	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
144	47.66	L	P	Leah Schley	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
145	47.72	L	F	Leah Spangenberg	9	XCEL CPT	29/11/2025 CTA B CHAMPS 2025
146*	47.73	L	F	Taylor Jones	10	VINE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
146*	47.73	L	P	Ava O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
148	47.76	L	F	Misha Meyer	10	FISH EDD	14/02/2026 EDEN 5th A-League Gala 2026
149	47.86	L	F	Ané Plath	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
150	47.88	L	P	Sofiyyah Bodiat	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
151	48.00	L	F	Leandi Bender	9	RFA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
152	48.06	L	F	Skyler Shelton	10	ESTR EKU	31/01/2026 EGA Last Chance Gala 2026
153	48.07	L	F	Emily Mijatovic	10	H2O EKU	04/12/2025 EGA Summer Championships 2025
154	48.08	L	F	Mila Van Zyl	9	BS LLD	03/12/2025 Free State Champs 2025
155*	48.12	L	F	Bea-Mari Bekker	10	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
155*	48.12	L	F	Riley-Jane Smit	10	SEAL UMD	31/01/2026 uShaka Champs 2026
155*	48.12	L	P	Lua Smith	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
158	48.13	L	F	Ziyanda Mtetwa	10	PAC TSH	31/10/2025 NTS Level 1+2 November Age Group :
159*	48.18	L	F	Sarah-Faye Lubbe	10	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
159*	48.18	L	F	Everly Nel	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
161	48.19	L	F	Kristebelle Stander	9	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
162*	48.20	L	F	Elke Bochmann	10	OHAN HLD	31/01/2026 uShaka Champs 2026
162*	48.20	L	F	Penelope Synodinos	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
164*	48.33	L	F	Dimpho Molepo	10	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
164*	48.33	L	F	Marli Swiegers	8	FSA FS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
166	48.35	L	F	Mackenzie Stone	10	SHARK TSH	28/02/2026 AG Level 1 Regional Competition 2026
167*	48.37	L	F	Karen Kieviet	10	GREY CPT	29/11/2025 CTA B CHAMPS 2025
167*	48.37	L	P	Livia Franzsen	10	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
169*	48.44	L	P	Olivia-Reign Thomson	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
169*	48.44	L	P	Iviwe Nobongoza	10	FAC EKU	29/03/2026 SA Level 2 Regional Age Group Cham
171	48.46	L	F	Leah De Wet	10	FISH EDD	04/10/2025 EDEN 1st A-League Gala 2025
172	48.52	L	F	Adeleen Erasmus	9	RFA TSH	28/02/2026 AG Level 1 Regional Competition 2026
173	48.61	L	F	Amelia Deiner	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
174	48.62	L	F	Luane' Griessel	10	BULS MAN	23/01/2026	Mangaung Gala
175	48.65	L	F	Savanah Davies	9	ASAC CPT	29/11/2025	CTA B CHAMPS 2025
176*	48.69	L	F	Lukhanyo Dladla	8	CSA EZD	05/12/2025	Mpumalanga Championships 2025
176*	48.69	L	F	Hailey Alcock	10	SFSC CPT	29/11/2025	CTA B CHAMPS 2025
178	48.74	L	P	Bohlale Mofokeng	10	JAQ EKU	29/03/2026	SA Level 2 Regional Age Group Cham
179	48.76	L	F	Adalyn Shelton	8	ESTR EKU	31/01/2026	EGA Last Chance Gala 2026
180	48.79	L	F	Hope Koopman	10	LEGC ETH	31/01/2026	uShaka Champs 2026
181	48.81	L	F	Mia Oswald	8	ESP EKU	28/02/2026	AG Level 1 Regional Competition 2026
182	48.82	L	F	Caylee Thompson	8	BEST NMA	19/07/2025	1st A League Gala 2025
183*	48.83	L	F	Liane Van Zyl	10	STAR BPD	22/11/2025	EGA Summer 3 & 4
183*	48.83	L	F	Adelaide Van Oosten	9	RFA TSH	13/02/2026	NTS Level 1+2 February Age Group 21
185*	48.88	L	P	Karli Botha	10	KALA	30/03/2026	SA Level 2 Regional Age Group Cham
185*	48.88	L	F	Jamie Pentz	10	BLOT MAN	03/12/2025	Free State Champs 2025
187	48.92	L	F	Lilani Wolmarans	10	PEAS NMA	12/12/2025	NMBA Championships 2025
188	48.98	L	P	Khumo Ranape	10	BAS EKU	29/03/2026	SA Level 2 Regional Age Group Cham
189	48.99	L	F	Adia Theko	9	PELIC MAN	26/09/2025	Pelicans Gala..
190	49.00	L	F	Stephanie Lewies	8	TINC TSH	28/02/2026	AG Level 1 Regional Competition 2026
191	49.01	L	F	Rebecca Lawson	10	CTO CPT	06/02/2026	WCA-B Champs - 2026
192	49.06	L	F	Ingrid Filter	10	TYGE CPT	06/02/2026	WCA-B Champs - 2026
193	49.10	L	F	Amice Seaman	9	UNI U EZD	05/12/2025	Mpumalanga Championships 2025
194	49.12	L	F	Brynn Jacobs	10	TCA EKU	28/02/2026	AG Level 1 Regional Competition 2026
195	49.21	L	F	Milay Van der Merwe	9	VASTR BPD	13/02/2026	NW School Championships 2026
196*	49.22	L	F	Erin Goller	10	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
196*	49.22	L	F	Janel Opperman	9	AWIN TSH	28/02/2026	AG Level 1 Regional Competition 2026
198*	49.25	L	F	Isabella Engela	10	CASC CPT	06/02/2026	WCA-B Champs - 2026
198*	49.25	L	F	Yandzisa Sambo	10	UNI EZD	10/10/2025	MP AGE GROUP 2 10-11 OCTOBER
200	49.35	L	F	Hanneli Van der Watt	10	GREY CPT	09/10/2025	44th Freda Barnard Invitational Gala
201	49.45	L	F	Jennifer Williams	10	PEAS NMA	12/12/2025	NMBA Championships 2025
202	49.47	L	F	Heidi Du Toit	10	CSA EZD	16/01/2026	MP AGE GROUP 4 - 16-17 JANUARY
203	49.49	L	F	Willemina Bekker	9	KSTAR EDD	14/02/2026	EDEN 5th A-League Gala 2026
204	49.51	L	F	Lia Adams	10	STAQ CED	22/11/2025	Swartland Prestige Gala 2025
205	49.57	L	F	Kganya Sekgobela	9	CA EKU	04/12/2025	EGA Summer Championships 2025
206	49.61	L	F	Misha Howard	8	TKS WBD	28/11/2025	Limpopo Champs 2025
207	49.63	L	F	Ché Sebastiao	8	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
208	49.64	L	F	Zara Bayisayi	9	TCA EKU	04/12/2025	EGA Summer Championships 2025
209	49.67	L	F	Ashley Goller	10	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
210	49.68	L	P	Kara Spies	10	HARB BPD	30/03/2026	SA Level 2 Regional Age Group Cham
211	49.71	L	F	Amelia Hawksley	9	TYGE CPT	30/11/2025	CTA B CHAMPS 2025
212	49.72	L	P	Annabelle Johnson	10	BLUO UGD	31/03/2026	SA Level 2 Regional Age Group Cham
213	49.79	L	F	Olivia Schoultz	9	CA EKU	22/11/2025	EGA Summer 3 & 4
214	49.80	L	P	Jumari Du Toit	10	STGR XRD	30/03/2026	SA Level 2 Regional Age Group Cham
215	49.84	L	F	Lethabo Mokoena	9	FAC EKU	28/02/2026	AG Level 1 Regional Competition 2026
216	49.89	L	F	Clara Kraamwinkel	9	RFA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
217	49.92	L	F	Olivia Lamprecht	9	WAC EDD	08/11/2025	EDEN 3rd A-League Gala 2025
218	49.95	L	P	Siennah Allen	10	SFSA JHB	27/11/2025	CGA Championships 2025
219	50.03	L	F	Riley Whittle	9	VINE CPT	29/11/2025	CTA B CHAMPS 2025
220*	50.08	L	F	Esmeralda van Niekerk	9	AWIN TSH	05/12/2025	2025 The Tshwane Mayor's Gala
220*	50.08	L	P	Keira Damons	10	BLNE MAN	30/03/2026	SA Level 2 Regional Age Group Cham
222	50.15	L	F	Adanje Du Plessis	10	BRAVE CED	21/02/2026	Swartland Invitational Gala 2026
223*	50.17	L	F	Leah Fourie	9	LSTZN CCD	31/01/2026	Limpopo School Champs & Limpopo A
223*	50.17	L	F	Hannah Shonayi	7	AAS JHB	20/02/2026	CGA Level 1 and Level 2 Championsh
225	50.19	L	F	Mmangaliso Mkhize	9	SGUL ETH	31/01/2026	uShaka Champs 2026
226	50.20	L	P	Mmelwa Mtshweni	10	CA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
227	50.30	L	P	Minay Boshoff	10	DDA TSH	29/03/2026	SA Level 2 Regional Age Group Cham
228	50.34	L	F	Sophie Joubert	10	NSAD EZD	13/09/2025	MP SPRINT 13 SEPTEMBER 2025
229	50.35	L	F	Lilly Visser	8	NC FBD	31/01/2026	4+1 INTERPROVINCIAL GALA 2026
230	50.37	L	P	Belissa Shabangu	9	UNI EZD	29/03/2026	SA Level 2 Regional Age Group Cham
231	50.42	L	F	Hemre Welman	10	BULS MAN	03/12/2025	Free State Champs 2025
232	50.57	L	F	Micah Bezuidenhout	9	ROA EDD	22/11/2025	Eden LC Champs 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
233	50.59	L	P	Kora Glencross	9	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
234	50.61	L	F	Lily Erasmus	10	PELIC MAN	07/11/2025 Otters Prestige Gala 2025
235	50.62	L	F	Catherine McClelland	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
236	50.64	L	F	Ayva Grobler	9	AQUA UTD	06/12/2025 UThukela District Age Group 3
237	50.67	L	P	Klara Meindertsma	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
238	50.68	L	F	Marli Loubser	9	ELRAS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
239	50.69	L	P	Vida - Ani Markgraaff	10	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
240*	50.89	L	F	Corrali Duvenhage	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
240*	50.89	L	F	Madison Caine	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
242*	50.91	L	F	Emma Potgieter	8	ESA CED	22/11/2025 Swartland Prestige Gala 2025
242*	50.91	L	F	Bemnet Worku	10	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
242*	50.91	L	F	Kate Pombo	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
245	50.97	L	F	Ava Greyvenstein	9	USC BUF	24/01/2026 BCA January Age Group Gala 2026
246	51.02	L	P	Denni Kriel	8	GREY CPT	06/03/2026 SA Level 2 Regional Age Group Cham
247	51.05	L	P	Thandolwethu Teto	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
248	51.08	L	F	Hannah Allison	8	BEST NMA	30/01/2026 Infinity Gala 2026
249	51.10	L	F	Sadie Homan	8	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
250	51.11	L	F	Annamy vd Merwe	9	MCSP BPD	13/02/2026 NW School Championships 2026
251	51.17	L	F	Nolwazi Sinxi	10	DRGN EKU	28/02/2026 AG Level 1 Regional Competition 2026
252	51.20	L	F	Zivah Carson	10	BULS MAN	24/10/2025 Neptunes Gala
253*	51.21	L	F	Mienke Dirker	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
253*	51.21	L	P	Madison Van Den Berg	9	ACES ETH	31/03/2026 SA Level 2 Regional Age Group Cham
253*	51.21	L	P	Elizabeth Laubscher	10	GREY CPT	06/03/2026 SA Level 2 Regional Age Group Cham
256	51.25	L	F	Ankia Slabbert	10	BRAVE CED	06/02/2026 WCA-B Champs - 2026
257	51.27	L	F	Ellie van der Mescht	10	PEAS NMA	15/11/2025 5th A League Gala 2025
258	51.28	L	F	Amelia Visagie	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
259*	51.31	L	F	Emma Holt	9	TRAZ TSH	05/12/2025 2025 The Tshwane Mayor's Gala
259*	51.31	L	F	Chenique Du Plessis	10	PELIC MAN	07/11/2025 Otters Prestige Gala 2025
261	51.33	L	F	Chanique Steele	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
262	51.37	L	F	Lushelle Karemaker	10	BARR CPT	29/11/2025 CTA B CHAMPS 2025
263	51.39	L	F	Ava Sookdeo	10	ESTR EKU	28/02/2026 AG Level 1 Regional Competition 2026
264	51.41	L	F	Alexis Barendse	9	KABE NMA	14/03/2026 Level 1 District Age Group Gala 2026
265	51.42	L	F	Adelene Baard	8	CLA WCD	09/10/2025 44th Freda Barnard Invitational Gala
266	51.51	L	F	Madelein Hanekom	8	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
267	51.52	L	F	Amelia Moodley	10	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
268	51.60	L	F	Nobanzi Mnisi	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
269*	51.65	L	F	Thatum Smith	9	BULS MAN	05/09/2025 Bullsharks Gala
269*	51.65	L	F	Gopolang Mamogale	10	TUKS TSH	31/10/2025 NTS Level 1+2 November Age Group :
271*	51.68	L	F	Amere Venter	8	PPARK BP	13/02/2026 NW School Championships 2026
271*	51.68	L	F	Nina Vlok	8	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
273	51.71	L	F	Thalia Steinberg	10	FAAC	25/10/2025 FLAMINGO & GOODHOPE GALA 2026
274	51.74	L	P	Car - Li Roux	9	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
275	51.78	L	F	Ziyanda Mthembu	10	HAAG UTD	08/11/2025 UThukela Age Group Gala 2
276	51.83	L	F	Josie Faught	10	USC BUF	28/11/2025 BCA Long Course Championships 2026
277	51.86	L	P	Alexandra Evans	10	RACE JHB	27/11/2025 CGA Championships 2025
278	51.88	L	F	Liani Jacobs	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
279*	51.93	L	F	Abigail Vermaak	10	KSC EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
279*	51.93	L	F	Callie Gomes	7	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
281	51.97	L	P	Isla Bure	10	KLOO ETH	31/03/2026 SA Level 2 Regional Age Group Cham
282	51.99	L	F	Hanné Alberts	10	VOLK NMA	14/03/2026 Level 1 District Age Group Gala 2026
283	52.00	L	F	Alisha Nell	10	BLMA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
284	52.04	L	F	Milan Hattingh	8	EXP TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
285	52.05	L	F	Jelanri Du Toit	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
286	52.09	L	F	Gabrealle Coetzee	10	BEARS TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
287	52.20	L	F	Lynise Erasmus	10	WELA LLD	03/12/2025 Free State Champs 2025
288	52.24	L	F	Kayla Snoeck Henkemans	9	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
289	52.32	L	F	Calynn Harvett	10	STAQ CED	09/10/2025 44th Freda Barnard Invitational Gala
290*	52.42	L	F	Kuno Moleme	10	TUKS TSH	31/10/2025 NTS Level 1+2 November Age Group :
290*	52.42	L	F	Zané Senekal	10	RFA TSH	13/02/2026 NTS Level 1+2 February Age Group 2f

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
292	52.43	L	F	Isabella Lacey	9	FRA KCD	30/03/2026 KZNA Level 1 Championships
293*	52.47	L	F	Lea Engelbrecht	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
293*	52.47	L	F	Genevi Saayman	8	CSA EZD	05/12/2025 Mpumalanga Championships 2025
295*	52.48	L	F	Zanje Barkhuizen	8	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
295*	52.48	L	F	Sophia Erasmus	10	BETH FDD	14/11/2025 Valsrivier Gala
297	52.49	L	F	Sophia Wustefeld-Janssens	10	STAQ CED	09/10/2025 44th Freda Barnard Invitational Gala
298	52.50	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026 NW School Championships 2026
299	52.52	L	F	Ghaida Zanati	9	CKDP KK	13/02/2026 NW School Championships 2026
300	52.53	L	F	Jankè Terblanche	9	STSC KCD	30/03/2026 KZNA Level 1 Championships
301	52.75	L	F	Kacey Brophy	8	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
302*	52.76	L	F	Luthando Khoza	9	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
302*	52.76	L	F	Isabelle Hooghiemstra	9	LSM EZD	13/02/2026 NW School Championships 2026
304	52.81	L	F	Abigail Ninkovic	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
305	52.84	L	P	Tiffany Mujati	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
306*	52.93	L	F	Anja Bochmann	9	OHAN ILD	31/01/2026 uShaka Champs 2026
306*	52.93	L	F	Meane Dreyer	9	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
308	52.94	L	F	Olivia De Witt	9	BLSS MAN	24/10/2025 Neptunes Gala
309	52.95	L	F	Mathabo Marutla	10	FAC EKU	31/01/2026 EGA Last Chance Gala 2026
310	53.05	L	F	Muneiwa Thidiela	8	MAKO EKU	04/12/2025 EGA Summer Championships 2025
311*	53.08	L	F	Anja Pieterse	9	BLUO UGD	30/03/2026 KZNA Level 1 Championships
311*	53.08	L	F	Mosa Leshilo	9	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
313	53.31	L	F	Emily Schutte	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
314	53.33	L	F	Talia Botha	9	INFA NMA	19/07/2025 1st A League Gala 2025
315	53.34	L	F	Kiana De Amorim	10	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
316	53.35	L	F	Mila Jooste	8	GREY CPT	29/11/2025 CTA B CHAMPS 2025
317	53.54	L	P	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025
318	53.55	L	F	Thalia Yorlka	10	BLOT MAN	03/12/2025 Free State Champs 2025
319	53.57	L	F	Caylen Preston	9	BLUO UGD	30/03/2026 KZNA Level 1 Championships
320	53.64	L	P	Minke Swart	9	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
321	53.65	L	F	Hadassah Ragavan	10	KLOO ETH	15/11/2025 KZN Junior Championships 2025
322	53.67	L	F	Paigan Stols	9	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
323*	53.70	L	F	Keziah Rae Steyn	9	WAC EDD	22/11/2025 Eden LC Champs 2025
323*	53.70	L	F	Klarabelle van Heerden	10	BEARS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
325	53.77	L	F	Kaylin Keyser	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
326	53.80	L	F	Larissa Botha	10	BLMA CPT	22/11/2025 Swartland Prestige Gala 2025
327	53.93	L	F	Ashleigh Muchauraya	8	LEGC ETH	30/03/2026 KZNA Level 1 Championships
328	53.99	L	F	Monja Geldenhuys	10	SUN NMA	14/03/2026 Level 1 District Age Group Gala 2026
329*	54.04	L	F	Chaney Nathan	10	FISH EDD	22/11/2025 Eden LC Champs 2025
329*	54.04	L	F	Lia Geldenhuys	10	BULS MAN	03/12/2025 Free State Champs 2025
331	54.08	L	F	Beau Juries	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
332	54.09	L	P	Khumo Mogane	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
333	54.19	L	F	Cara Hendricks	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
334	54.23	L	F	Mia Van Rooyen	8	EXP TSH	05/12/2025 2025 The Tshwane Mayor's Gala
335	54.25	L	F	Simoné Van der Bank	9	TKS WBD	25/10/2025 Limpopo Age Group 5 of 2025/26
336	54.26	L	F	Sakeenah Du Toit	10	UWCA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
337*	54.29	L	F	Tshireletso Mogajane	9	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
337*	54.29	L	F	Rebecca Ayerst	10	WILL NMA	14/03/2026 Level 1 District Age Group Gala 2026
339	54.31	L	F	Kianna Flunger	10	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
340	54.35	L	F	Kylie Delpont	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
341	54.36	L	P	India Parr	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
342	54.42	L	P	Efua Quagraine	9	CA EKU	04/12/2025 EGA Summer Championships 2025
343	54.53	L	F	Anzelle De Bruyn	10	BETH FDD	14/11/2025 Valsrivier Gala
344	54.59	L	F	Sibandle Msiza	9	H2O EKU	28/02/2026 AG Level 1 Regional Competition 2026
345	54.61	L	F	Karli Annandale	9	BLSS MAN	23/01/2026 Mangaung Gala
346	54.62	L	P	Loyed Negash	10	BARA EKU	04/12/2025 EGA Summer Championships 2025
347*	54.64	L	F	Nsovo Mabasa	9	SS MPD	28/11/2025 Limpopo Champs 2025
347*	54.64	L	F	Christel Heckroodt	9	STGR XRD	07/02/2026 NC SPRINTS 2026
349	54.67	L	F	Katherina Van Den Berg	9	EXP TSH	28/02/2026 AG Level 1 Regional Competition 2026
350	54.69	L	F	Emily Hattingh	10	TUKS TSH	23/01/2026 2026 NTS Sprint Gala

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
351	54.71 L	F	Meklit Woldemariam	10	TUKS FSH	28/02/2026	AG Level 1 Regional Competition 2026
352	54.74 L	F	Katherine Lazenby	9	TYGE CPT	29/11/2025	CTA B CHAMPS 2025
353*	54.81 L	F	Ya'el Jooste	9	TASC MPD	28/11/2025	Limpopo Champs 2025
353*	54.81 L	F	Milah Havenga	9	BLSS MAN	28/02/2026	FSA LEVEL 1 2026
355	54.84 L	F	Mischke Ballot	10	TUKS FSH	28/02/2026	AG Level 1 Regional Competition 2026
356	54.88 L	F	Engela Kieviet	8	GREY CPT	29/11/2025	CTA B CHAMPS 2025
357	54.94 L	F	Risima Ngoveni	9	TUKS FSH	28/02/2026	AG Level 1 Regional Competition 2026
358	54.95 L	F	Irma-Ann Orffer	10	BRAVE CED	22/11/2025	Swartland Prestige Gala 2025
359	54.97 L	P	Erynn Clancy	10	DRGN JHB	27/11/2025	CGA Championships 2025
360	55.01 L	F	Elizabeth vd Berg	9	BLS KK	13/02/2026	NW School Championships 2026
361	55.07 L	F	Lara Van Viegen	10	BLSS MAN	07/11/2025	Otters Prestige Gala 2025
362	55.10 L	F	Amelie Viljoen	8	TKS WBD	27/09/2025	Limpopo Age Group 4 of 2025/26
363	55.12 L	F	Aylah Molotsane	8	DRGN EKU	28/02/2026	AG Level 1 Regional Competition 2026
364	55.14 L	F	Oluchi Nwankwoagu	10	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :
365	55.24 L	F	Alison Rundle	10	HHPS NMA	14/03/2026	Level 1 District Age Group Gala 2026
366	55.25 L	F	Hannah van Emmenis	9	SS MPD	28/11/2025	Limpopo Champs 2025
367	55.26 L	F	Angelique Pieterse	8	WAC EDD	25/10/2025	Zasu 1st League OYDC 2025-26
368	55.32 L	F	Leané Rademeyer	9	KALA	21/02/2026	AGE GROUP 6 KATHU 2026 - copied
369	55.33 L	F	Rosemary Nelson	10	PEAS NMA	30/08/2025	Madibaz Swim Meet 2025
370	55.35 L	F	Shifaa Benjamin	10	SAAW CPT	21/02/2026	Swartland Invitational Gala 2026
371	55.41 L	F	Lené Barnard	10	FISH EDD	24/01/2026	EDEN 4th A-League Gala 2026
372	55.46 L	P	Arya Mohamed	8	TCA EKU	04/12/2025	EGA Summer Championships 2025
373	55.52 L	F	Leah Marais	9	TASC MPD	28/11/2025	Limpopo Champs 2025
374*	55.58 L	F	Divine Ogiorumua	9	HARL BUF	07/02/2026	BCA Feb Age Group Gala 2026
374*	55.58 L	F	Anika Fleming	9	KALA	29/11/2025	AGE GROUP 4 KATHU 2025 - copied
376	55.68 L	F	Carla Mia Celliers	8	CSC FSH	13/02/2026	NTS Level 1+2 February Age Group 21
377	55.70 L	F	Saoirse Stoltz	9	ESA CED	24/01/2026	Drakenstein Invitational - copied
378	55.78 L	F	Khumo Mokone	9	FAC EKU	28/02/2026	AG Level 1 Regional Competition 2026
379	55.81 L	P	Umo Ramotlou	10	SOUL EKU	04/12/2025	EGA Summer Championships 2025
380	55.87 L	F	Morgan Mitchell-Innes	9	HAAG UTD	08/11/2025	UThukela Age Group Gala 2
381	55.88 L	F	Carli Labuschagne	9	GREY CPT	09/10/2025	44th Freda Barnard Invitational Gala
382	55.94 L	F	Gianna Smith	9	MCSP BPD	13/02/2026	NW School Championships 2026
383	55.99 L	F	Ariana Yiorkas	8	BLOT MAN	03/12/2025	Free State Champs 2025
384	56.03 L	F	Lyn-Mari Morrison	10	PELIC MAN	28/02/2026	FSA LEVEL 1 2026
385	56.10 L	F	Gizelle Roelofse	9	VRC FSH	13/02/2026	NTS Level 1+2 February Age Group 21
386	56.11 L	F	Leancke Barocci	8	ROA EDD	22/11/2025	Eden LC Champs 2025
387	56.18 L	F	Madison Venter	9	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :
388	56.25 L	F	Lillian Gregory	9	HAAG UTD	08/11/2025	UThukela Age Group Gala 2
389	56.26 L	F	Ziané Boshoff	10	TINC FSH	23/01/2026	2026 NTS Sprint Gala
390	56.30 L	F	Giah Sutton	9	LSM EZD	13/02/2026	NW School Championships 2026
391	56.33 L	F	Milane Looek	9	NSAD EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25
392	56.37 L	F	Israh Abrahams	8	MARL CPT	29/11/2025	CTA B CHAMPS 2025
393	56.39 L	F	Samantha Stasch	10	TYGE CPT	29/11/2025	CTA B CHAMPS 2025
394	56.40 L	F	Miah Engelbrecht	9	PAC FSH	13/02/2026	NTS Level 1+2 February Age Group 21
395	56.47 L	F	Tsebo Maphologela	9	DRGN JHB	20/02/2026	CGA Level 1 and Level 2 Championsh
396	56.52 L	F	Rone Basson	10	AASC EZD	05/12/2025	Mpumalanga Championships 2025
397	56.57 L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	29/11/2025	CTA B CHAMPS 2025
398*	56.69 L	F	Amahle Maseko	10	AWIN FSH	23/01/2026	2026 NTS Sprint Gala
398*	56.69 L	F	Scarlett Jungnicz	10	SEAL UMD	09/07/2025	TYR Prestige Tournament 2025
400	56.73 L	F	Kiara Leigh Schultz	9	PPARK BP	13/02/2026	NW School Championships 2026
401	56.80 L	F	Kiana De La Rouviere	10	SUMW NMA	14/03/2026	Level 1 District Age Group Gala 2026
402	56.82 L	F	Mia Linder	10	BARR CPT	09/10/2025	44th Freda Barnard Invitational Gala
403	56.85 L	F	Lesego Magwaza	10	H2O EKU	28/02/2026	AG Level 1 Regional Competition 2026
404	56.86 L	F	Zanda Loni	8	COLJ NMA	14/03/2026	Level 1 District Age Group Gala 2026
405*	56.94 L	F	Tshimologo Mabuse	10	TUKS FSH	28/02/2026	AG Level 1 Regional Competition 2026
405*	56.94 L	F	Morgan Ranner	8	ESP EKU	28/02/2026	AG Level 1 Regional Competition 2026
405*	56.94 L	F	Milani Rikhotso	10	AASC EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25
408	56.96 L	F	Olivia Harbron	10	FAAC	21/11/2025	AGE GROUP 2 & 3 KIMBERLEY - cop
409	56.97 L	F	Elani Vorster	9	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
410	56.99	L	F	Milan Swart	9	ESA CED	24/01/2026 Drakenstein Invitational - copied
411	57.02	L	F	Paledi Kutu	9	SS MPD	28/11/2025 Limpopo Champs 2025
412	57.13	L	F	Carli Roos	10	CPSC TSH	13/02/2026 NTS Level 1+2 February Age Group 21
413	57.15	L	F	Milané Belstead	8	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
414	57.22	L	F	Yan-Ci Wong	10	AQUA BUF	08/11/2025 UThukela Age Group Gala 2
415	57.25	L	F	Onalerona Gorewang	10	LEBII BP	13/02/2026 NW School Championships 2026
416	57.27	L	F	Ninke Botha	10	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
417	57.36	L	F	Mekayla Van der Bank	10	TKS WBD	25/10/2025 Limpopo Age Group 5 of 2025/26
418*	57.39	L	F	Ava-Leigh de Kock	8	LSM EZD	13/02/2026 NW School Championships 2026
418*	57.39	L	F	Isabelle Wessels	9	XCEL CPT	29/11/2025 CTA B CHAMPS 2025
420	57.57	L	F	Thatego Letsholo	7	KSSC FBD	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - copy
421	57.73	L	F	Raaniya Abrahams	9	KSSC FBD	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - copy
422	57.74	L	P	Esmere Maritz	10	JOIEC	30/03/2026 SA Level 2 Regional Age Group Cham
423	57.77	L	F	Rethabile Letsoalo	10	SFSC CPT	21/02/2026 Swartland Invitational Gala 2026
424	57.88	L	F	Annabelle Fouche	10	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
425	57.91	L	F	Miané Wills	8	LPTBO CCD	31/01/2026 Limpopo School Champs & Limpopo A
426	57.94	L	F	Amelie Ellis	8	INFA NMA	28/06/2025 PEA Winter Gala 2025
427	57.95	L	F	Johanna Erasmus	9	BETH FDD	07/11/2025 Otters Prestige Gala 2025
428	58.01	L	F	Addision Breeds	9	BETH FDD	14/11/2025 Valsrivier Gala
429	58.06	L	F	Elize Pretorius	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
430	58.10	L	F	Anica MacRobert	9	KSTAR EDD	22/11/2025 Eden LC Champs 2025
431	58.17	L	F	Jeanri Liebenberg	8	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
432	58.20	L	F	Kiana Candiotes	8	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
433	58.36	L	F	Ryleigh Ellenberger	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
434	58.49	L	F	Hester Coetzee	10	WAC EDD	22/11/2025 Eden LC Champs 2025
435	58.52	L	F	Imke-Marie Vd Westhuizen	8	SS MPD	28/11/2025 Limpopo Champs 2025
436	58.55	L	F	Courtney Andersen	9	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
437*	58.57	L	F	Cathrine Van der Merwe	10	ESA CED	06/02/2026 WCA-B Champs - 2026
437*	58.57	L	F	Bea Dixon	10	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
439	58.69	L	F	Leah Ranft	8	BLOT MAN	26/09/2025 Pelicans Gala..
440	58.82	L	F	Lienke Coetzee	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
441	58.84	L	F	Lienca Van Niekerk	10	PSA ZLD	30/03/2026 KZNA Level 1 Championships
442	58.85	L	F	Isabelle Green	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
443*	58.89	L	F	Phathu Mabasaf	10	AWIN TSH	31/10/2025 NTS Level 1+2 November Age Group :
443*	58.89	L	F	Lené Erasmus	8	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
445*	58.92	L	F	Milandi Burger	9	ROA EDD	28/06/2025 PEA Winter Gala 2025
445*	58.92	L	F	Samantha Muller	7	TKS WBD	28/11/2025 Limpopo Champs 2025
447	59.00	L	F	Annabelle Landman	10	FISH EDD	22/11/2025 Eden LC Champs 2025
448	59.03	L	F	Tatum Duncan	10	GHS BPD	13/02/2026 NW School Championships 2026
449	59.08	L	F	Siana Dowle	10	SS MPD	28/11/2025 Limpopo Champs 2025
450	59.10	L	F	Holly-May Cuninghame	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
451*	59.23	L	F	Maia Ndjadila	8	SFSC CPT	21/02/2026 Swartland Invitational Gala 2026
451*	59.23	L	F	Elmien Oosthuizen	9	WRP EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
453	59.37	L	F	Leia Kruger	9	SFSC CPT	29/11/2025 CTA B CHAMPS 2025
454	59.39	L	F	Hannah Kroon	8	AGAQ OBD	21/02/2026 Swartland Invitational Gala 2026
455	59.52	L	F	Rachel Schutte	8	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
456*	59.59	L	F	Alyssa Du Toit	8	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
456*	59.59	L	F	Piper Freislich	9	KNYA EDD	04/10/2025 EDEN 1st A-League Gala 2025
456*	59.59	L	F	Klara Van Rooyen	10	HPS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
459	59.63	L	F	Lerato Nkwana	8	PEPPS CCD	31/01/2026 Limpopo School Champs & Limpopo A
460	59.66	L	P	Lijah Du Plessis	10	HARB BPD	06/12/2025 NWS Championships 2025
461	59.68	L	F	Lesedi Mahlase	10	POLSC CCD	31/01/2026 Limpopo School Champs & Limpopo A
462	59.80	L	P	Mia Williams	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
463	59.81	L	F	Christien Snyman	9	ELRAS WBD	31/01/2026 Limpopo School Champs & Limpopo A
464*	59.87	L	F	Marli Pretorius	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
464*	59.87	L	F	Ava Drake	7	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
466	59.92	L	F	Arianna Krassas-Soares	9	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
467	59.96	L	F	Daniella De Franca	9	HAAG UTD	08/11/2025 UThukela Age Group Gala 2
468	1:00.15	L	F	Karlien Luttig	8	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
469	1:00.22	L	F	Miekene Van Der Walt	8	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
470	1:00.26	L	F	Amelie Lamprecht	7	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
471	1:00.30	L	F	Lindi Marais	9	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
472	1:00.31	L	P	Aurora Lopes	9	MAKO EKU	04/12/2025 EGA Summer Championships 2025
473	1:00.38	L	F	Sinophile Mkhathswa	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
474	1:00.39	L	F	Hilmari Barnard	9	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
475	1:00.40	L	F	Emma Larsen	8	FSE KCD	31/01/2026 uShaka Champs 2026
476	1:00.48	L	F	Reine Fensham	9	RBOT BPD	22/11/2025 EGA Summer 3 & 4
477	1:00.56	L	F	Riley La Grange	9	BETH FDD	26/09/2025 Pelicans Gala..
478	1:00.73	L	F	Lihle Speckman	9	AA JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
479	1:00.77	L	F	Nina Jv Vuuren	9	MCSP BPD	13/02/2026 NW School Championships 2026
480	1:00.80	L	F	Zanyke Spies	7	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
481	1:00.84	L	F	Lize-Marie Du Plessis	10	FISH EDD	22/11/2025 Eden LC Champs 2025
482	1:00.89	L	F	Steph - Mari Liebenberg	8	KSSC FBD	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - cop
483	1:00.99	L	F	Ame Briedenhann	9	BLNE MAN	07/11/2025 Otters Prestige Gala 2025
484	1:01.07	L	F	Kaymi Howard	7	TKS WBD	28/11/2025 Limpopo Champs 2025
485	1:01.09	L	F	Nicola Johnson	8	BLUO UGD	30/03/2026 KZNA Level 1 Championships
486	1:01.11	L	F	Maya Botha	10	KNYA EDD	22/11/2025 Eden LC Champs 2025
487	1:01.21	L	F	Jani van Eeden	8	WRP EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
488	1:01.28	L	F	Lisa Snyman	9	ROA EDD	04/10/2025 EDEN 1st A-League Gala 2025
489	1:01.33	L	F	Xama Vanda	10	SRAY BUF	07/02/2026 BCA Feb Age Group Gala 2026
490	1:01.37	L	F	Olivia Walker	9	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
491	1:01.51	L	F	Zanay Harmse	9	BEARS TSH	28/02/2026 AG Level 1 Regional Competition 2026
492	1:01.53	L	F	Cara Otto	8	EXP TSH	13/02/2026 NTS Level 1+2 February Age Group 21
493	1:01.58	L	F	Ava Mellet	10	UPSK ZMD	17/01/2026 AGE GROUP 5 UPT 2026
494	1:01.69	L	F	Leilah Moodaley	9	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
495	1:01.71	L	F	Ane Engels	10	KSC EZD	05/12/2025 Mpumalanga Championships 2025
496	1:01.81	L	F	Daphne Steyn	8	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
497	1:01.83	L	F	Adele Van der Merwe	10	PSA ZLD	30/03/2026 KZNA Level 1 Championships
498	1:01.92	L	P	Doyeong Baek	8	POTC KKD	06/12/2025 NWS Championships 2025
499	1:01.95	L	F	Caro Scholtz	9	KTS	17/01/2026 AGE GROUP 5 KATHU 2026
500	1:02.03	L	F	Kaone Lesejane	10	GHS BPD	13/02/2026 NW School Championships 2026
501	1:02.36	L	F	Ella Coetzee	8	WAC EDD	22/11/2025 Eden LC Champs 2025
502	1:02.40	L	F	Gabisile Moshane	9	WELA LLD	03/12/2025 Free State Champs 2025
503	1:02.44	L	F	Lané Botes	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
504	1:02.54	L	F	Sakinah Gamielidien	9	MARL CPT	28/06/2025 PEA Winter Gala 2025
505	1:02.72	L	F	Lexi Bennett	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
506	1:02.77	L	F	Caia Watidaishe	10	KSSC FBD	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - cop
507	1:02.78	L	F	Colien Nyamunda	10	UNI EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
508	1:02.86	L	F	Ruby Doust	7	AQUA BUF	07/02/2026 BCA Feb Age Group Gala 2026
509	1:02.90	L	F	Theunie Matthee	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
510*	1:02.91	L	F	Chelsea Jones	10	ESTR EKU	22/11/2025 EGA Summer 3 & 4
510*	1:02.91	L	F	Kirsten Johnsen	9	AASC EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
512	1:03.06	L	F	Katelyn Kunneke	8	HPS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
513	1:03.13	L	F	Lize Wolmarans	9	UPSK ZMD	31/10/2025 UPINGTON PRESTIGE GALA 2025
514	1:03.22	L	F	Molly O'Tool	7	WELA LLD	14/11/2025 Valsrivier Gala
515	1:03.37	L	F	Lisakhanya Dlamini	8	CUR EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
516	1:03.63	L	F	Leah Fox	8	HAPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
517	1:03.64	L	F	Kaylee Rozendaal	8	VIAAG UTD	21/02/2026 Uthukela District Gala 5
518	1:03.73	L	P	Iyazi Ntlokwana	10	SDSC OTD	06/03/2026 SA Level 2 Regional Age Group Cham
519	1:03.81	L	F	Atarah Naku	9	SRAY BUF	24/01/2026 BCA January Age Group Gala 2026
520	1:03.83	L	F	Evelyn Du Plessis	10	FSE KCD	06/12/2025 Stingrays Champs 2025
521	1:03.91	L	F	Sibahle Dlamini	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
522	1:03.99	L	F	Cara - Mari Van Der Westhuizen	8	JOIEC	31/10/2025 UPINGTON PRESTIGE GALA 2025
523	1:04.04	L	F	Anja Kruger	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
524	1:04.07	L	F	Tessa Venter	10	ROA EDD	04/10/2025 EDEN 1st A-League Gala 2025
525	1:04.11	L	F	Reitumetse Thakalekoala	9	PELIC MAN	05/09/2025 Bullsharks Gala
526	1:04.17	L	F	Taymar Samuels	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
527	1:04.21	L	F	Mila Francisco	9	HPS TSH	05/12/2025 2025 The Tshwane Mayor's Gala

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
528	1:04.50	L	F	Thoriso Senyakoe	7	ESP EKU	22/11/2025 EGA Summer 3 & 4
529	1:04.51	L	F	Esihle Zungu	10	USH KCD	31/01/2026 uShaka Champs 2026
530	1:04.63	L	F	Busisiwe Mosibi	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
531	1:04.64	L	P	Simonè du Plessis	9	HARB BPD	06/12/2025 NWS Championships 2025
532	1:04.65	L	F	Sadie Smit	8	UNIU EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
533	1:04.85	L	F	Tersia Spies	9	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
534	1:04.99	L	F	Noëlle Teich	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
535	1:05.13	L	F	Zanri van Heerden	8	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
536	1:05.15	L	F	Onga Gxididi	10	SDSC OTD	28/11/2025 BCA Long Course Championships 2025
537	1:05.34	L	F	Eden Ehlers	8	BLSS MAN	03/12/2025 Free State Champs 2025
538	1:05.64	L	F	Kwandokuhle Sithole	8	AQUA UTD	06/12/2025 UThukela District Age Group 3
539	1:05.75	L	F	Karli Jv Niewenhuizen	9	AOLY TSH	05/12/2025 2025 The Tshwane Mayor's Gala
540	1:05.94	L	F	Avery Hutchison	8	GHSK	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - copied
541	1:06.28	L	F	Emya Plath	7	CUR EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
542	1:06.30	L	F	Daniela Van Zyl	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
543*	1:06.36	L	F	Ané Boshoff	8	ACAQ CCD	31/01/2026 Limpopo School Champs & Limpopo A
543*	1:06.36	L	F	Isabella Steenkamp	7	KSC EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
545	1:06.41	L	F	Edene Steenkamp	9	FAAC	25/10/2025 FLAMINGO & GOODHOPE GALA 2025
546	1:06.42	L	F	Bhea Venter	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
547	1:06.44	L	F	Mila Vosloo	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
548	1:06.63	L	F	Anneme Coetzer	9	TASC MPD	28/11/2025 Limpopo Champs 2025
549	1:06.65	L	F	Neo Modisakeng	10	TLAC BPD	13/02/2026 NW School Championships 2026
550	1:06.71	L	F	Jessica Smith	8	COLJ NMA	14/03/2026 Level 1 District Age Group Gala 2026
551	1:06.74	L	F	Shaye Abrahams	10	LINR JHB	20/02/2026 CGA Level 1 and Level 2 Championships
552	1:06.77	L	F	Khumo Williams	10	KSSS JTD	14/02/2026 KALAHARI CLASSIC 2026
553	1:06.78	L	F	Kganya Mphahlele	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
554	1:07.00	L	F	Dineke Hamersma	7	BEARS TSH	31/10/2025 NTS Level 1+2 November Age Group :
555	1:07.06	L	F	Mila Aucamp	8	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
556	1:07.09	L	F	Chayla Coetzee	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
557	1:07.27	L	F	Hette-Mari Botha	8	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
558	1:07.42	L	F	Kieno Auth	8	NSAD EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
559	1:07.56	L	F	Mieke Kriek	8	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
560	1:07.83	L	F	Madison Downs	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
561	1:07.85	L	F	Liyema Mtawali	8	AQUA UTD	21/02/2026 Uthukela District Gala 5
562	1:08.03	L	F	Anzone Van Heerden	10	VALS FDD	14/11/2025 Valsrivier Gala
563	1:08.04	L	F	Jasmyn Olckers	10	RUSTL BP	13/02/2026 NW School Championships 2026
564	1:08.45	L	F	Jané Vivier	9	BS LLD	03/12/2025 Free State Champs 2025
565	1:08.48	L	F	Ruby-Mae McIntosh	10	SHARK TSH	28/02/2026 AG Level 1 Regional Competition 2026
566	1:08.61	L	F	Bantu Ntshakang	8	FAAC	18/10/2025 AGE GROUP 1 KIMBERLEY 2025
567	1:09.07	L	P	Micah van der Walt	7	RBOT BPD	06/12/2025 NWS Championships 2025
568	1:09.12	L	F	Ntumba-Dilia Tshiala	9	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025
569	1:09.35	L	F	Lienke De Wet	7	SS MPD	28/11/2025 Limpopo Champs 2025
570	1:09.38	L	F	An An Wu	8	CASC CPT	29/11/2025 CTA B CHAMPS 2025
571	1:09.70	L	F	Mikayla Mtsenga	10	DOLFI MPD	28/11/2025 Limpopo Champs 2025
572	1:09.81	L	F	Sinenhlanhla Tshabalala	7	AOLY TSH	05/12/2025 2025 The Tshwane Mayor's Gala
573	1:09.88	L	F	Kate Cohen	9	RACE JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
574	1:09.91	L	F	Anja Nel	8	BETH FDD	28/02/2026 FSA LEVEL 1 2026
575	1:10.05	L	F	Alexis van Eyssen	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
576	1:10.49	L	F	Leah-Mari van Deventer	9	SS MPD	28/11/2025 Limpopo Champs 2025
577	1:10.56	L	F	Renate Olivier	8	AASC EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J
578	1:10.74	L	F	Sibahle Tsomele	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
579	1:10.95	L	F	Mila Naidu	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
580	1:11.04	L	F	Lisa Bekker	10	KALA	17/01/2026 AGE GROUP 5 KATHU 2026
581	1:11.46	L	F	Xenia Basson	7	SS MPD	28/11/2025 Limpopo Champs 2025
582	1:11.97	L	F	Sennah Engelbrecht	9	PWC BP	13/02/2026 NW School Championships 2026
583	1:12.02	L	F	Kaytlin Havenga	10	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025
584	1:12.05	L	F	Johné Barnard	7	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
585	1:12.20	L	F	Johané Rademeyer	8	KSSS JTD	21/02/2026 AGE GROUP 6 KATHU 2026 - copied
586	1:12.34	L	F	Zane Schoeman	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
587	1:12.35	L	F	Danelle Oppermann	9	KSSS JTD	21/02/2026 AGE GROUP 6 KATHU 2026 - copied
588	1:12.60	L	F	Reine Piater	7	ELRAS WBD	25/10/2025 Limpopo Age Group 5 of 2025/26
589	1:12.74	L	F	Lisa Pohl	8	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
590	1:13.08	L	F	Kayla Wissekerke	10	FRA KCD	30/03/2026 KZNA Level 1 Championships
591	1:13.43	L	F	Ebunoluwa Zungu	8	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025
592	1:13.75	L	F	Tinieke Wilken	8	VALS FDD	14/11/2025 Valsrivier Gala
593	1:13.78	L	F	Jazz Claassen	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
594	1:14.05	L	F	Puno Magare	9	ACAA CCD	31/01/2026 Limpopo School Champs & Limpopo A
595	1:14.21	L	F	Zelindi Botha	8	WELA LLD	07/11/2025 Otters Prestige Gala 2025
596	1:14.56	L	F	Brayleigh Stevens	10	KHAY CPT	09/10/2025 44th Freda Barnard Invitational Gala
597	1:14.61	L	F	Mila Van Tonder	8	TASC MPD	28/11/2025 Limpopo Champs 2025
598	1:14.80	L	F	Lianke Maritz	8	JOIEC	21/11/2025 AGE GROUP 2 & 3 UPT
599	1:15.16	L	F	Mia van Eyssen	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
600	1:15.34	L	F	Zani Koch	8	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
601	1:16.46	L	F	Miane Engels	8	KSC EZD	05/12/2025 Mpumalanga Championships 2025
602	1:17.41	L	F	Raine Engelbrecht	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
603	1:18.07	L	F	Lea Muller	8	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
604	1:19.22	L	F	Klara Van Deventer	7	SS MPD	28/11/2025 Limpopo Champs 2025
605	1:19.52	L	F	Bandile Zungu	10	HAAG JTD	30/03/2026 KZNA Level 1 Championships
606	1:21.53	L	F	Orifha Ntshauba	9	SS MPD	28/11/2025 Limpopo Champs 2025
607	1:22.80	L	F	Olivia Rudman	9	FAAC	18/10/2025 AGE GROUP 1 KIMBERLEY 2025
608	1:23.06	L	F	Yan-Cing Wong	8	HAAG JTD	21/02/2026 Uthukela District Gala 5
609	1:23.48	L	F	Noyanda Khumalo	9	PWC BP	13/02/2026 NW School Championships 2026
610	1:23.81	L	F	Anaya Khoza	9	PWC BP	13/02/2026 NW School Championships 2026
611	1:24.58	L	F	Mari-Lienke Korff	8	TASC MPD	28/11/2025 Limpopo Champs 2025
612	1:24.88	L	F	Thatego Moseki	9	FAAC	18/10/2025 AGE GROUP 1 KIMBERLEY 2025
613	1:30.17	L	F	Amarissa Van Niekerk	6	BASS VBD	25/10/2025 Limpopo Age Group 5 of 2025/26
614	1:33.52	L	F	Arenaya Khoza	9	PWC BP	13/02/2026 NW School Championships 2026
615	1:40.09	L	F	Lienke Olivier	6	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
616	1:41.26	L	F	Kaone Molosi	8	UPSK ZMD	17/01/2026 AGE GROUP 5 UPT 2026
617	1:48.04	L	F	Ariel Perumal	7	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
618	2:02.30	L	F	Sibahle May	9	KHAY CPT	09/10/2025 44th Freda Barnard Invitational Gala
619	2:09.37	L	F	Ndalwenhle Hlongwane	7	MPAR JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
Women 18 & Under 100 Back							
1	1:23.94	L	P	Ayana Mandean	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
2	1:24.68	L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
3	1:24.69	L	P	Riley Makwakwa	9	TUKS FSH	26/03/2026 SA Level 3 Regional Age Group Cham
4	1:26.26	L	F	Aria Perdijk	9	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
5	1:27.51	L	F	SCARLETT MAC DONALD	10	WAC EDD	30/01/2026 Infinity Gala 2026
6	1:28.08	L	F	Tyla Grobler	10	BEST NMA	12/12/2025 NMBA Championships 2025
7	1:28.62	L	P	Nina Moodley	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
8	1:28.91	L	F	Roux Dong	10	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
9	1:29.06	L	F	Aria Mossay	10	UWCA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
10	1:29.64	L	F	Ashley Trollip	10	CASC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
11	1:29.72	L	F	Amery Vermaak	9	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
12	1:29.97	L	F	Ava Els	10	BEST NMA	12/12/2025 NMBA Championships 2025
13	1:29.98	L	F	Ava Forsythe	10	INFA NMA	30/01/2026 Infinity Gala 2026
14	1:30.21	L	F	Willow Landman	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
15	1:30.48	L	F	Olivia Mason	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
16	1:30.59	L	F	Lente Keun	10	VINE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
17	1:31.02	L	F	Jaime Williams	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
18	1:31.46	L	F	Liani Van Deventer	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
19	1:31.65	L	F	Veda Julia Csala	10	KIS GE	13/02/2026 Winelands SL Fin - February 2026 - cc
20	1:31.97	L	F	Henriette Odendaal	10	QSSC CPT	14/02/2026 CTA Elite Gala (L3+)
21	1:32.08	L	F	Alyx Cupido	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
22	1:32.38	L	F	Hayley Couzens	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
23	1:32.52	L	F	Nicole Eleftheriou	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
24	1:32.90	L S	P	Chai Wanlu	10	CA EKU	04/12/2025 EGA Summer Championships 2025
25	1:33.14	L	F	Janika Roux	10	DORE JHB	27/11/2025 CGA Championships 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
26	1:33.23	L	P	Anzel Swiegers	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
27	1:34.17	L	F	Justina Robin	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
28	1:34.21	L	F	Mieke Labuschagne	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
29	1:34.23	L	F	Taylor Geswind	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
30	1:34.41	L	F	Bethany Pierce	10	USC BUF	12/12/2025 NMBA Championships 2025
31	1:34.42	L	F	Klarah Geldenhuys	9	ACAA CCD	28/11/2025 Limpopo Champs 2025
32	1:34.91	L	F	Jane Barnard	10	CSA EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
33	1:35.59	L	F	Holly Oliphant	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
34	1:35.96	L	P	Sofia Grebe	10	CUHE QBD	06/03/2026 SA Level 2 Regional Age Group Cham
35	1:36.08	L	P	Kaylee Engelbrecht	9	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
36	1:36.11	L	F	Lee-Ann Du Plessis	10	RBUR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
37	1:36.14	L	F	Emma Cox	10	TUKS TSH	27/02/2026 NTS Level 3+ February Age Group Ga
38	1:36.30	L	F	Kirei Burgess	10	CA EKU	31/01/2026 EGA Last Chance Gala 2026
39	1:36.47	L	P	Imine Dercksen	10	BETH FDD	30/03/2026 SA Level 2 Regional Age Group Cham
40	1:36.49	L	F	Isabella Bowles	10	PEAS NMA	30/01/2026 Infinity Gala 2026
41	1:36.62	L	P	Eva De Angelis	BR	VASA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
42	1:36.70	L	F	Camika Bellamy	10	AAS JHB	14/02/2026 CGA Last Chance
43	1:36.75	L	F	Cari van der Merwe	10	SWAR WCD	06/02/2026 WCA-B Champs - 2026
44	1:36.80	L	P	Sarah Sinclair	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
45	1:36.90	L	F	Kayla Coutts	10	BLMA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
46	1:37.40	L	P	Rouxvé Henn	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
47	1:37.58	L	P	Kylie Hair	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
48	1:37.67	L	F	Layla Abrahams	10	INFA NMA	12/12/2025 NMBA Championships 2025
49	1:37.72	L	P	Elmi van Heerden	10	BS LLD	30/03/2026 SA Level 2 Regional Age Group Cham
50	1:37.75	L	P	Armani Jones	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
51	1:37.76	L	F	Alexis Scheepers	9	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
52	1:37.82	L	F	Chloé Scott	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
53	1:37.83	L	F	Daniella Da Silva	8	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
54	1:37.93	L	P	Pheladi Manoko	10	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
55	1:38.11	L	F	Holly Durandt	10	EDEN ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
56	1:38.16	L	P	McKenzie Clark	10	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
57	1:38.24	L	F	Arwen Dannatt	10	CASC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
58	1:38.46	L	F	Liv Hamilton	9	EXP TSH	05/12/2025 2025 The Tshwane Mayor's Gala
59	1:38.52	L	F	Leiliah Bendeman	9	LSPHA MP	31/01/2026 Limpopo School Champs & Limpopo A
60	1:38.72	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
61	1:39.20	L	F	Kayla Fouche	10	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
62	1:39.26	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
63	1:39.36	L	F	Anje Bartmann	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
64	1:39.52	L S	F	Zuri Taylor	10	TCA EKU	04/12/2025 EGA Summer Championships 2025
65	1:39.75	L	P	Amy Dawson	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
66	1:39.79	L	F	Luzay Gerber	10	BEST NMA	30/01/2026 Infinity Gala 2026
67	1:40.09	L	P	Lume Botha	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
68*	1:40.16	L	F	Elaine Jacobs	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
68*	1:40.16	L	F	Caylee Thompson	8	BEST NMA	30/01/2026 Infinity Gala 2026
70	1:40.19	L	F	Amahle Jali	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
71	1:40.20	L	F	Amee De Fortier	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
72	1:40.38	L	P	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
73	1:40.42	L	F	Bailey Stoltz	9	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
74	1:40.61	L	P	Eva Coates	10	WAC EDD	06/03/2026 SA Level 2 Regional Age Group Cham
75	1:40.63	L	P	Quinn Smith	9	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
76	1:40.64	L	P	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
77	1:40.81	L	F	Leah Spangenberg	9	XCEL CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
78	1:40.83	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
79*	1:40.86	L	P	Mila Coetzee	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
79*	1:40.86	L	F	Genevieve Joubert	10	RFA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
81	1:41.03	L	F	Lumay De Beer	9	CSA EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
82	1:41.24	L	P	Madison Grobler	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
83	1:41.27	L	P	Cara Swanepoel	10	UNI EZD	30/03/2026 SA Level 2 Regional Age Group Cham
84	1:41.32	L	F	Raya Singh	10	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
85*	1:41.62	L	P	Imone Venter	10	RBOT BPD	06/12/2025 NWS Championships 2025
85*	1:41.62	L	F	Sarélda Velthuysen	10	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
87	1:41.74	L	F	Ntwanano Chauke	9	DORE JHB	28/02/2026 AG Level 1 Regional Competition 2026
88*	1:41.75	L	P	Ziane Geldenhuys	10	SFSC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
88*	1:41.75	L	F	Aryah Naidoo	10	USC BUF	28/11/2025 BCA Long Course Championships 2025
90	1:41.81	L	F	Lisa Hanekom	10	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
91	1:42.10	L	P	Yolla Mario	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
92	1:42.13	L	F	Kendall Perrins	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
93	1:42.16	L	F	Ziyanda Mtetwa	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
94	1:42.29	L	F	Zahn Potgieter	10	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
95*	1:42.51	L	F	Amélie Smith	9	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
95*	1:42.51	L	F	Willow Bezuidenhout	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
97	1:42.58	L	P	Emily Jacobs	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
98	1:42.61	L	F	Stephanie Lewies	8	TINC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
99	1:42.74	L	P	Lukholo Ratsibe	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
100	1:42.78	L	F	Kara Spies	10	GHS BPD	13/02/2026 NW School Championships 2026
101	1:42.93	L	F	Juliette Spencer	9	CYBE CPT	29/11/2025 CTA B CHAMPS 2025
102	1:42.96	L	P	Karli Botha	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
103	1:43.01	L	P	Amelia Figueiredo	10	PSCP UMD	31/03/2026 SA Level 2 Regional Age Group Cham
104	1:43.29	L	F	Mareli Janse van Rensburg	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
105	1:43.31	L	F	Maia Bull	9	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
106*	1:43.38	L	F	Aniek Myburgh	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
106*	1:43.38	L	F	Rebecca Lawson	10	CTO CPT	29/11/2025 CTA B CHAMPS 2025
108	1:43.43	L	F	Maria Ferreira	9	GHS BPD	13/02/2026 NW School Championships 2026
109	1:43.50	L	F	Katja Marcus	10	MDOL JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
110	1:43.56	L	P	Michaela Johnson	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
111	1:44.04	L S	F	Emily Mijatovic	10	H2O EKU	04/12/2025 EGA Summer Championships 2025
112	1:44.20	L	P	Olivia-Reign Thomson	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
113*	1:44.55	L	P	Ellie van der Mescht	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
113*	1:44.55	L	F	Leah De Wet	10	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
115	1:44.59	L	F	Lilani Wolmarans	10	PEAS NMA	12/12/2025 NMBA Championships 2025
116	1:44.63	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
117	1:44.67	L	F	Shay Grobler	9	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
118	1:44.74	L	P	Liane Van Zyl	10	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
119	1:44.92	L	F	Jemima Muirhead	10	KNYA EDD	08/11/2025 EDEN 3rd A-League Gala 2025
120	1:44.98	L	F	Leva Meiring	10	LSM EZD	13/02/2026 NW School Championships 2026
121*	1:45.09	L	F	Paige Plumb	10	CSA EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
121*	1:45.09	L	F	Hailey Alcock	10	SFSC CPT	29/11/2025 CTA B CHAMPS 2025
123	1:45.22	L	P	Iwiwe Nobongoza	10	FAC EKU	29/03/2026 SA Level 2 Regional Age Group Cham
124	1:45.24	L	P	Ingrid Filter	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
125*	1:45.38	L	F	Emily Goosen	10	HARL BUF	28/11/2025 BCA Long Course Championships 2025
125*	1:45.38	L	F	Alexia Virgillito	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
127	1:45.39	L	F	Savanah Davies	9	ASAC CPT	06/02/2026 WCA-B Champs - 2026
128	1:45.42	L	F	Emily Rushin	10	HURAQ CPT	06/02/2026 WCA-B Champs - 2026
129	1:45.44	L	F	Lua Haasbroek	10	BLSS MAN	03/12/2025 Free State Champs 2025
130	1:45.45	L	F	Brynn Jacobs	10	TCA EKU	28/02/2026 AG Level 1 Regional Competition 2026
131	1:45.47	L	P	Mia Oswald	8	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
132	1:45.50	L	P	Lua Smith	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
133*	1:45.61	L	P	Riley Henderson	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
133*	1:45.61	L	P	Jumari Du Toit	10	STGR XRD	30/03/2026 SA Level 2 Regional Age Group Cham
135	1:45.62	L	P	Carli Steenkamp	9	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
136	1:45.68	L	F	Julie-Anne Loots	10	ASAC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
137	1:45.88	L	P	Amice Seaman	9	UNIU EZD	29/03/2026 SA Level 2 Regional Age Group Cham
138	1:45.93	L	P	Ava O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
139	1:45.97	L	F	Alexis Barendse	9	KABE NMA	14/03/2026 Level 1 District Age Group Gala 2026
140	1:46.08	L	F	Nina Bosch	10	DRGN JHB	27/11/2025 CGA Championships 2025
141	1:46.09	L	F	Hannah Allison	8	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
142	1:46.13	L	P	Sarah-Faye Lubbe	10	KTS	30/03/2026 SA Level 2 Regional Age Group Cham
143	1:46.14	L	F	Ché Sebastiao	8	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
144*	1:46.18	L S	P	Rachel Coleman`	10	TCA EKU	04/12/2025	EGA Summer Championships 2025
144*	1:46.18	L	F	Jamie Pentz	10	BLOT MAN	20/09/2025	Welkom Seals Gala
146	1:46.19	L	F	Misha Meyer	10	FISH EDD	14/02/2026	EDEN 5th A-League Gala 2026
147	1:46.35	L	P	Mmangaliso Mkhize	9	SGUL ETH	31/03/2026	SA Level 2 Regional Age Group Cham
148	1:46.41	L	F	Clarise Blom	8	TUKS TSH	03/10/2025	NTS Level 1+2 October Age Group 20
149	1:46.51	L	F	Amelia Hawksley	9	TYGE CPT	06/02/2026	WCA-B Champs - 2026
150	1:46.57	L	F	Daniella Govender	10	BEAV ETH	31/01/2026	uShaka Champs 2026
151	1:46.66	L	F	Ané Plath	9	CSA EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2
152	1:46.76	L	F	Gopolang Mamogale	10	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
153	1:46.77	L	F	Nobanzi Mnisi	10	TUKS TSH	05/12/2025	2025 The Tshwane Mayor's Gala
154	1:46.96	L	F	Mila Van Zyl	9	BS LLD	28/02/2026	FSA LEVEL 1 2026
155	1:47.20	L	F	Harlee Hodgson	9	OHAN ILD	06/10/2025	Seagulls Winter Championships 2025
156	1:47.27	L	F	Alana Bam	9	CSA EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2
157	1:47.79	L	P	Annabelle Johnson	10	BLUO UGD	31/03/2026	SA Level 2 Regional Age Group Cham
158	1:48.17	L	F	Adelène Baard	8	CLA WCD	17/01/2026	CTA BRIAN BUTTON Qualifying Meet
159	1:48.35	L	F	Olivia Lamprecht	9	WAC EDD	14/02/2026	EDEN 5th A-League Gala 2026
160	1:48.40	L	F	Luane' Griessel	10	BULS MAN	23/01/2026	Mangaung Gala
161	1:48.57	L	F	Penelope Synodinos	9	CASC CPT	06/02/2026	WCA-B Champs - 2026
162	1:48.59	L	F	Siennah Allen	10	SFSA JHB	08/11/2025	CGA Summer 3 - Level 2+ - 2025
163	1:48.61	L	F	Livia Venter	10	LEGMA WBD	31/01/2026	Limpopo School Champs & Limpopo A
164	1:48.65	L	F	Clara Kraamwinkel	9	RFA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
165	1:48.74	L	F	Melanie Madenyika	10	AWIN TSH	05/12/2025	2025 The Tshwane Mayor's Gala
166*	1:48.94	L	F	Lia Adams	10	STAQ CED	22/11/2025	Swartland Prestige Gala 2025
166*	1:48.94	L	F	Sofia Daniels	10	CASC CPT	29/11/2025	CTA B CHAMPS 2025
168	1:49.07	L	F	Ella Rundle	10	CUHE OBD	25/10/2025	CTA Qualifying Meet 3 - (L2 & above)
169	1:49.11	L	P	Kora Glencross	9	CTO CPT	06/03/2026	SA Level 2 Regional Age Group Cham
170	1:49.24	L	F	Enhle Mthembu	9	OHAN ILD	06/10/2025	Seagulls Winter Championships 2025
171	1:49.43	L	F	Nienke van Wyngaard	10	DDA TSH	13/02/2026	NTS Level 1+2 February Age Group 20
172	1:49.47	L	P	Sofiyyah Bodiati	10	MDOL JHB	29/03/2026	SA Level 2 Regional Age Group Cham
173	1:49.50	L	F	Dimpho Molepo	10	TUKS TSH	28/02/2026	AG Level 1 Regional Competition 2026
174	1:49.70	L	F	Mila Wright	10	TYGE CPT	17/01/2026	CTA BRIAN BUTTON Qualifying Meet
175	1:49.75	L	F	Hanneli Van der Watt	10	GREY CPT	09/10/2025	44th Freda Barnard Invitational Gala
176	1:49.86	L	P	Madison Van Den Berg	9	ACES ETH	31/03/2026	SA Level 2 Regional Age Group Cham
177	1:50.14	L	F	Ava Greyvenstein	9	USC BUF	12/12/2025	NMBA Championships 2025
178	1:50.25	L	F	Chanique Steele	10	CASC CPT	29/11/2025	CTA B CHAMPS 2025
179	1:50.28	L	F	Adia Theko	9	PELIC MAN	26/09/2025	Pelicans Gala..
180	1:50.45	L	P	Mmelwa Mtshweni	10	CA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
181	1:50.58	L	F	Klara Meindertsmma	10	AWIN TSH	05/12/2025	2025 The Tshwane Mayor's Gala
182	1:50.60	L	F	Boledi Maredi	10	SS MPD	31/01/2026	Limpopo School Champs & Limpopo A
183	1:50.67	L	F	Alisha Nell	10	BLMA CPT	17/01/2026	CTA BRIAN BUTTON Qualifying Meet
184	1:50.70	L S	P	Mila De Kock	10	CA EKU	04/12/2025	EGA Summer Championships 2025
185	1:50.79	L	F	Elke Bochmann	10	OHAN ILD	31/01/2026	uShaka Champs 2026
186	1:50.87	L	F	Emelia Veaudry	10	HARL BUF	28/11/2025	BCA Long Course Championships 2025
187	1:51.05	L	F	Nina Kruger	10	MDOL JHB	08/11/2025	CGA Summer 3 - Level 2+ - 2025
188	1:51.12	L	F	Amelia Deiner	9	UNI EZD	05/12/2025	Mpumalanga Championships 2025
189	1:51.37	L S	F	Kganya Sekgobela	9	CA EKU	04/12/2025	EGA Summer Championships 2025
190	1:51.45	L	F	Misha Howard	8	TKS WBD	28/11/2025	Limpopo Champs 2025
191	1:51.47	L	F	Hannah Shonayi	7	AAS JHB	28/02/2026	AG Level 1 Regional Competition 2026
192	1:51.48	L	F	Zara Bayisayi	9	TCA EKU	28/02/2026	AG Level 1 Regional Competition 2026
193	1:52.03	L S	P	Leah Schley	10	CA EKU	04/12/2025	EGA Summer Championships 2025
194*	1:52.04	L	F	Kayla Snoeck Henkemans	9	TUKS TSH	03/10/2025	NTS Level 1+2 October Age Group 20
194*	1:52.04	L	F	Jankè Terblanche	9	STSC KCD	30/03/2026	KZNA Level 1 Championships
196	1:52.05	L	F	Niki Eastman	8	SS MPD	28/11/2025	Limpopo Champs 2025
197	1:52.06	L	F	Lila Roux	10	GREY CPT	13/02/2026	Winelands SL Fin - February 2026 - cc
198	1:52.08	L S	P	Skyler Shelton	10	ESTR EKU	04/12/2025	EGA Summer Championships 2025
199	1:52.11	L	F	Kylie Delport	9	LORR NMA	14/03/2026	Level 1 District Age Group Gala 2026
200	x1:52.23	L	P	Ayva Grobler	9	AQUA UTD	31/03/2026	SA Level 2 Regional Age Group Cham
201*	1:52.23	L	F	Liani Jacobs	10	BARR CPT	22/11/2025	Swartland Prestige Gala 2025
201*	1:52.23	L	P	Keira Damons	10	BLNE MAN	30/03/2026	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
203	1:52.24	L	F	Chenique Du Plessis	10	PELIC MAN	23/01/2026	Mangaung Gala
204	1:52.39	L	F	Erin Goller	10	TUKS FSH	05/12/2025	2025 The Tshwane Mayor's Gala
205	1:52.41	L	F	Caylen Preston	9	BLUO UGD	30/03/2026	KZNA Level 1 Championships
206	1:52.56	L	F	Adelaide Van Oosten	9	RFA FSH	13/02/2026	NTS Level 1+2 February Age Group 2f
207	1:52.59	L	F	Livia Mare	10	CASC CPT	13/02/2026	Winelands SL Fin - February 2026 - cc
208	1:52.68	L	F	Josie Faught	10	USC BUF	28/11/2025	BCA Long Course Championships 202
209	1:52.78	L	F	Minay Boshoff	10	DDA FSH	05/12/2025	2025 The Tshwane Mayor's Gala
210	1:52.84	L	F	Ava-Jayne Cuninghame	10	HAAG UTD	31/01/2026	UThukela District Gala 4
211	1:52.88	L	F	Amelie Viljoen	8	TKS WBD	28/11/2025	Limpopo Champs 2025
212	1:52.92	L	P	Livia Franzsen	10	OLDE JHB	29/03/2026	SA Level 2 Regional Age Group Cham
213	1:52.95	L	F	Ashley Goller	10	TUKS FSH	05/12/2025	2025 The Tshwane Mayor's Gala
214	1:53.21	L	F	Kuno Moleme	10	TUKS FSH	05/12/2025	2025 The Tshwane Mayor's Gala
215	1:53.40	L	F	Zivah Carson	10	BULS MAN	31/10/2025	Mangaung Gala
216	1:53.48	L	F	Sadie Homan	8	AAS JHB	28/02/2026	AG Level 1 Regional Competition 202f
217	1:53.49	L	F	Madison Caine	9	AAS JHB	28/02/2026	AG Level 1 Regional Competition 202f
218	1:53.54	L	F	Gené Botha	10	DOLFI MPD	27/09/2025	Limpopo Age Group 4 of 2025/26
219	1:53.61	L	F	Adeleen Erasmus	9	RFA FSH	28/02/2026	AG Level 1 Regional Competition 202f
220	1:53.67	L	F	Nina Vlok	8	ROA EDD	14/02/2026	EDEN 5th A-League Gala 2026
221	1:53.82	L	F	Aiva-Grace Wittstock	9	CA EKU	22/11/2025	EGA Summer 3 & 4
222	1:53.85	L	F	Luthando Khoza	9	MAKO EKU	22/11/2025	EGA Summer 3 & 4
223	1:53.86	L	F	Willemina Bekker	9	KSTAR EDD	24/01/2026	EDEN 4th A-League Gala 2026
224	1:53.90	L	F	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	12/12/2025	NMBA Championships 2025
225	1:53.91	L	F	Ziyanda Mthembu	10	HAAG UTD	30/03/2026	KZNA Level 1 Championships
226	1:53.93	L	F	Alexia Ras	10	CASC CPT	29/11/2025	CTA B CHAMPS 2025
227	1:54.06	L	F	Bemnet Worku	10	TUKS FSH	28/02/2026	AG Level 1 Regional Competition 202f
228	1:54.07	L	F	Lethabo Mokoena	9	FAC EKU	28/02/2026	AG Level 1 Regional Competition 202f
229	1:54.26	L	F	Lexi Street	10	HPS FSH	28/02/2026	AG Level 1 Regional Competition 202f
230	1:54.39	L	F	Cara Hendricks	10	CASC CPT	06/02/2026	WCA-B Champs - 2026
231	1:54.66	L	F	Meklit Woldemariam	10	TUKS FSH	28/02/2026	AG Level 1 Regional Competition 202f
232	1:54.78	L	P	Isabelle Hooghiemstra	9	POTC KKD	06/12/2025	NWS Championships 2025
233	1:54.86	L	F	Corrali Duvenhage	8	BARR CPT	29/11/2025	CTA B CHAMPS 2025
234	1:55.41	L S	P	Adalyn Shelton	8	ESTR EKU	04/12/2025	EGA Summer Championships 2025
235	1:55.46	L	F	Zané Senekal	10	RFA FSH	05/12/2025	2025 The Tshwane Mayor's Gala
236	1:55.50	L	F	Sophie Joubert	10	NSAD EZD	13/09/2025	MP SPRINT 13 SEPTEMBER 2025
237	1:55.51	L	F	Beau Juries	9	CLA WCD	22/11/2025	Swartland Prestige Gala 2025
238	1:55.60	L	F	Esmeralda van Niekerk	9	AWIN FSH	05/12/2025	2025 The Tshwane Mayor's Gala
239*	1:55.63	L	F	Paigan Stols	9	LSKP WBD	31/01/2026	Limpopo School Champs & Limpopo A
239*	1:55.63	L	F	Lieke Nelson	9	VASTR BPD	13/02/2026	NW School Championships 2026
241	1:55.66	L	P	Isla Bure	10	KLOO ETH	31/03/2026	SA Level 2 Regional Age Group Cham
242	1:55.67	L	F	Karli Annandale	9	BLSS MAN	28/02/2026	FSA LEVEL 1 2026
243	1:55.71	L	F	Lily Erasmus	10	PELIC MAN	05/09/2025	Bullsharks Gala
244	1:55.84	L	F	Kacey Brophy	8	AAS JHB	20/02/2026	CGA Level 1 and Level 2 Championsh
245	1:55.92	L	F	Isabella Engela	10	CASC CPT	29/11/2025	CTA B CHAMPS 2025
246	1:56.00	L	F	Morgan Mitchell-Innes	9	HAAG UTD	21/02/2026	Uthukela District Gala 5
247	1:56.26	L	F	Rosemary Nelson	10	PEAS NMA	28/06/2025	PEA Winter Gala 2025
248	1:56.45	L	F	Sophia Erasmus	10	BETH FDD	10/10/2025	Super Seals Annual Gala
249	1:56.62	L	F	Kate Pombo	9	BARR CPT	09/10/2025	44th Freda Barnard Invitational Gala
250	1:56.79	L	F	Lea Engelbrecht	9	BARR CPT	09/10/2025	44th Freda Barnard Invitational Gala
251	1:56.88	L	P	Bohlale Mofokeng	10	JAQ EKU	29/03/2026	SA Level 2 Regional Age Group Cham
252	1:56.92	L	F	Ankia Slabbert	10	BRAVE CED	09/10/2025	44th Freda Barnard Invitational Gala
253	1:57.35	L	F	Bea-Mari Bekker	10	SS MPD	28/11/2025	Limpopo Champs 2025
254	1:57.57	L	P	Loyed Negash	10	BARA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
255	1:57.58	L	F	Belissa Shabangu	9	UNI EZD	13/09/2025	MP SPRINT 13 SEPTEMBER 2025
256	1:57.61	L	P	Madelie Ras	9	HREF BP	06/12/2025	NWS Championships 2025
257	1:57.62	L	F	Khumo Ranape	10	BAS EKU	20/09/2025	EGA Summer 1 2025
258	1:57.66	L	F	Riley-Jane Smit	10	SEAL UMD	31/01/2026	uShaka Champs 2026
259	1:57.71	L	F	Mosa Leshilo	9	TUKS FSH	05/12/2025	2025 The Tshwane Mayor's Gala
260	1:57.87	L	P	Amere Venter	8	RBOT BPD	06/12/2025	NWS Championships 2025
261	1:57.90	L	F	Mischke Ballot	10	TUKS FSH	28/02/2026	AG Level 1 Regional Competition 202f

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
262	1:57.96	L	F	Tinashe Ngwenya	10	TUKS FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
263	1:58.00	L	F	Olivia De Witt	9	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
264	1:58.02	L	F	Hester Coetzee	10	WAC EDD	22/11/2025 Eden LC Champs 2025
265	1:58.12	L S	P	Ava Sookdeo	10	ESTR EKU	04/12/2025 EGA Summer Championships 2025
266	1:58.32	L	F	Annamy vd Merwe	9	MCSP BPD	13/02/2026 NW School Championships 2026
267	1:58.51	L	F	Addision Breeds	9	BETH FDD	28/02/2026 FSA LEVEL 1 2026
268	1:58.70	L	P	Emily Hattingh	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
269	1:58.81	L	F	Hope Koopman	10	LEGC ETH	31/01/2026 uShaka Champs 2026
270	1:58.83	L	F	Phathu Mabasaf	10	AWIN FSH	05/12/2025 2025 The Tshwane Mayor's Gala
271	1:58.84	L	F	Meane Dreyer	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
272	1:59.17	L	F	Lara Van Viegen	10	BLSS MAN	24/10/2025 Neptunes Gala
273	1:59.23	L	F	Thandolwethu Teto	10	FAC EKU	20/09/2025 EGA Summer 1 2025
274	1:59.26	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026 NW School Championships 2026
275	1:59.47	L	F	Lyn-Mari Morrison	10	PELIC MAN	28/02/2026 FSA LEVEL 1 2026
276	1:59.55	L	F	Zanje Barkhuizen	8	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
277	1:59.58	L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	09/10/2025 44th Freda Barnard Invitational Gala
278	1:59.73	L S	P	Mathabo Marutla	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
279	2:00.03	L	F	Holly-May Cuninghame	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
280	2:00.40	L	F	Rone Basson	10	AASC EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 Jf
281	2:00.94	L	F	Chaney Nathan	10	FISH EDD	22/11/2025 Eden LC Champs 2025
282	2:01.21	L	P	Lukhanyo Dladla	8	CSA EZD	05/12/2025 Mpumalanga Championships 2025
283	2:01.32	L	F	Gizelle Roelofse	9	VRC FSH	13/02/2026 NTS Level 1+2 February Age Group 2f
284	2:01.39	L	F	Risima Ngoveni	9	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 202f
285	2:01.52	L S	F	Arya Mohamed	8	TCA EKU	04/12/2025 EGA Summer Championships 2025
286	2:01.86	L	F	Khumo Mokone	9	FAC EKU	20/09/2025 EGA Summer 1 2025
287	2:02.06	L	F	Sibandle Msiza	9	H2O EKU	28/02/2026 AG Level 1 Regional Competition 202f
288	2:02.66	L	F	Kiara Leigh Schultz	9	PPARK BP	13/02/2026 NW School Championships 2026
289	2:03.32	L	F	Carli Roos	10	CPSC FSH	05/12/2025 2025 The Tshwane Mayor's Gala
290	2:03.72	L	F	Lesego Magwaza	10	H2O EKU	28/02/2026 AG Level 1 Regional Competition 202f
291	2:04.18	L	P	Milane Looek	9	NSAD EZD	05/12/2025 Mpumalanga Championships 2025
292	2:04.24	L	F	Tshimologo Mabuse	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 202f
293	2:04.25	L	F	Keziah Rae Steyn	9	WAC EDD	25/10/2025 Zasu 1st League OYDC 2025-26
294	2:04.39	L	F	Kiana Candiotes	8	GHS BPD	13/02/2026 NW School Championships 2026
295	2:04.46	L	F	Tsebo Maphologela	9	DRGN EKU	28/02/2026 AG Level 1 Regional Competition 202f
296	2:04.54	L	F	Anzelle De Bruyn	10	BETH FDD	10/10/2025 Super Seals Annual Gala
297	2:04.83	L	F	Rethabile Letsoalo	10	SFSC CPT	21/02/2026 Swartland Invitational Gala 2026
298	2:04.89	L	F	Engela Kieviet	8	GREY CPT	22/11/2025 Swartland Prestige Gala 2025
299	2:05.32	L	F	Olivia Schoultz	9	CA EKU	20/09/2025 EGA Summer 1 2025
300	2:05.49	L	F	Arianna Krassas-Soueres	9	AAS JHB	28/02/2026 AG Level 1 Regional Competition 202f
301	2:05.59	L	F	Siana Dowle	10	SS MPD	25/10/2025 Limpopo Age Group 5 of 2025/26
302	2:05.84	L	F	Divine Ogiorumua	9	HARL BUF	28/11/2025 BCA Long Course Championships 202f
303	2:05.86	L	F	Abigail Ninkovic	10	HPS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
304	2:06.12	L	F	Madelein Hanekom	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
305	2:06.23	L	F	Milané Belstead	8	FISH EDD	09/10/2025 44th Freda Barnard Invitational Gala
306	2:06.47	L	F	Mia Van Rooyen	8	EXP FSH	05/12/2025 2025 The Tshwane Mayor's Gala
307	2:06.50	L	F	Leancke Barocci	8	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
308	2:07.16	L	F	Yandzisa Sambo	10	UNI EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
309	2:07.32	L	F	Zanay Harmse	9	BEARS FSH	28/02/2026 AG Level 1 Regional Competition 202f
310	2:07.33	L	F	Alison Rundle	10	HHPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
311	2:07.66	L	F	Marli Pretorius	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
312	2:08.05	L	F	Yan-Ci Wong	10	HAAG UTD	31/01/2026 UThukela District Gala 4
313	2:08.12	L	F	Anja Bochmann	9	OHAN ILD	31/01/2026 uShaka Champs 2026
314	2:08.19	L	F	Kianna Flunger	10	AAS JHB	28/02/2026 AG Level 1 Regional Competition 202f
315	2:08.39	L	F	Hadassah Ragavan	10	KLOO ETH	15/11/2025 KZN Junior Championships 2025
316	2:08.40	L	F	Ghaida Zanati	9	MATL KKD	28/02/2026 NWS Last Chance 2026
317	2:09.12	L	F	Sarah Carelse	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
318	2:10.20	L	F	Riley La Grange	9	BETH FDD	26/09/2025 Pelicans Gala..
319	2:10.29	L	F	Lené Barnard	10	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
320	2:10.63	L	P	Doyeong Baek	8	POTC KKD	06/12/2025 NWS Championships 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
321	2:10.73	L	F	Leané Rademeyer	9	KALA	14/02/2026 KALAHARI CLASSIC 2026
322	2:11.00	L	F	Maya Botha	10	KNYA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
323	2:11.64	L	F	Xama Vanda	10	SRAY BUF	28/11/2025 BCA Long Course Championships 202
324	2:11.72	L	F	Lexi Bennett	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
325	2:11.79	L	F	Lillian Gregory	9	HAAG UTD	08/11/2025 UThukela Age Group Gala 2
326	2:12.55	L	F	Ninke Botha	10	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
327	2:12.68	L	F	Anika Fleming	9	KALA	17/01/2026 AGE GROUP 5 KATHU 2026
328	2:12.83	L	F	Kaymi Howard	7	TKS WBD	28/11/2025 Limpopo Champs 2025
329	2:12.96	L	F	Scarlett Jungnicz	10	SEAL UMD	09/07/2025 TYR Prestige Tournament 2025
330	2:14.36	L	F	Ava Maasdorp	10	HPS TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
331	2:14.49	L	F	Morgan Ranner	8	ESP EKU	31/01/2026 EGA Last Chance Gala 2026
332	2:14.62	L	F	Leah Fox	8	VIPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
333	2:14.87	L	F	Ella Coetzee	8	WAC EDD	24/01/2026 EDEN 4th A-League Gala 2026
334	2:14.96	L	F	Noëlle Teich	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
335	2:15.31	L	F	Tshireletso Mogajane	9	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
336	2:15.59	L	F	Lerato Nkwana	8	POLSC CCD	28/11/2025 Limpopo Champs 2025
337	2:16.62	L	F	Lindi Marais	9	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
338	2:16.66	L	F	Lesedi Mahlase	10	POLSC CCD	31/01/2026 Limpopo School Champs & Limpopo A
339	2:16.87	L	F	Kaylee Rozendaal	8	HAAG UTD	21/02/2026 Uthukela District Gala 5
340	2:18.46	L	P	Lijah Du Plessis	10	HARB BPD	06/12/2025 NWS Championships 2025
341	2:19.24	L	F	Lize Wolmarans	9	UPSK ZMD	21/11/2025 AGE GROUP 2 & 3 UPT
342	2:20.54	L	F	Kaone Lesejane	10	GHS BPD	13/02/2026 NW School Championships 2026
343	2:23.21	L	F	Olivia Walker	9	UPSK ZMD	21/11/2025 AGE GROUP 2 & 3 UPT
344	2:23.27	L	F	Olivia van Onselen	8	BEARS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
345	2:24.80	L	F	Thoriso Senyakoe	7	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
346	2:24.88	L	F	Jasmyn Olckers	10	RUSTL BP	13/02/2026 NW School Championships 2026
347	2:24.95	L	F	Hannah de Villiers	10	CPSC TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
348	2:25.26	L	F	Sibahle Dlamini	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
349	2:25.62	L	F	Shifaa Benjamin	10	SAAW CPT	21/02/2026 Swartland Invitational Gala 2026
350	2:26.54	L	F	Reitumetse Thakalekoala	9	PELIC MAN	10/10/2025 Super Seals Annual Gala
351	2:26.72	L	F	Bea Dixon	10	FAAC	23/08/2025 KOVSIE GALA
352	2:27.89	L	F	Karlien Luttig	8	UPSK ZMD	17/01/2026 AGE GROUP 5 UPT 2026
353	2:28.51	L	F	Kganya Mphahlele	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
354	2:28.63	L	F	Micah van der Walt	7	LSB BP	13/02/2026 NW School Championships 2026
355	2:30.19	L	F	Mila Francisco	9	HPS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
356	2:30.96	L	F	Motheo Mofokeng	10	CA EKU	20/09/2025 EGA Summer 1 2025
357	2:30.98	L	F	Zanri van Heerden	8	FAAC	29/11/2025 AGE GROUP 4 KBY 2025 - copied - c
358	2:31.06	L	F	Kieno Auth	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
359	2:31.61	L	F	Sinophile Mkhathshwa	9	UNI EZD	07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025
360	2:33.35	L	F	Ame Briedenhann	9	BLNE MAN	24/10/2025 Neptunes Gala
361	2:38.74	L	F	Ntumba-Dilia Tshiala	9	ANAX CPT	22/11/2025 Swartland Prestige Gala 2025
362	2:41.04	L	F	Lisa Bekker	10	KALA	14/02/2026 KALAHARI CLASSIC 2026
363	2:45.37	L	F	Madison Downs	8	HAAG UTD	08/11/2025 UThukela Age Group Gala 2
364	3:09.28	L	F	Raine Engelbrecht	10	UPSK ZMD	17/01/2026 AGE GROUP 5 UPT 2026
365	3:12.83	L	F	Lilly Visser	8	JOIEC	31/10/2025 UPINGTON PRESTIGE GALA 2025
366	4:29.86	L	F	Ndalwenhle Hlongwane	7	MPAR JHB	08/11/2025 CGA Summer 3 - Level 2+ - 2025
Women 18 & Under 200 Back							
1	3:02.96	L	P	Riley Makwakwa	9	TUKS TSH	26/03/2026 SA Level 3 Regional Age Group Cham
2	3:03.38	L	F	Tyla Grobler	10	BEST NMA	12/12/2025 NMBA Championships 2025
3	3:03.39	L	F	SCARLETT MAC DONALD	10	WAC EDD	30/01/2026 Infinity Gala 2026
4	3:03.96	L	F	Eryn O'Brien	10	MDOL JHB	27/11/2025 CGA Championships 2025
5	3:07.74	L	F	Ava Els	10	BEST NMA	12/12/2025 NMBA Championships 2025
6	3:08.16	L	F	Willow Landman	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
7	3:08.43	L	F	Aria Perdijk	9	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
8	3:09.48	L	F	Rouxie Dong	10	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
9	3:10.26	L S	F	Aria Mossay	10	UWCA CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
10	3:11.96	L	F	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
11	3:14.01	L	F	Jane Barnard	10	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
12	3:14.46	L	P	Ashley Trollip	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13	3:16.39	L	F	Olivia Mason	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
14	3:17.70	L	F	Ava Forsythe	10	INFA NMA	30/01/2026 Infinity Gala 2026
15	3:18.38	L	F	Lente Keun	10	VINE CPT	14/02/2026 CTA Elite Gala (L3+)
16	3:18.67	L	P	Anzel Swiegers	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
17	3:20.54	L	F	Eva De Angelis	BR	VASA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
18	3:21.05	L	F	Sofia Grebe	10	CUHE OBD	06/02/2026 WCA-B Champs - 2026
19	3:21.74	L	F	Nicole Eleftheriou	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
20	3:21.75	L	F	Mieke Labuschagne	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
21	3:22.28	L	F	Liani Van Deventer	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
22	3:23.47	L	P	Imine Dercksen	10	BETH FDD	30/03/2026 SA Level 2 Regional Age Group Cham
23	3:23.91	L	F	Chloé Scott	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
24	3:25.37	L	F	Kendall Perrins	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
25	3:25.49	L	F	Holly Durandt	10	KNYA EDD	22/11/2025 Eden LC Champs 2025
26	3:26.05	L	F	Cari van der Merwe	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
27	3:26.35	L	F	Bethany Pierce	10	USC BUF	12/12/2025 NMBA Championships 2025
28	3:27.19	L	F	Nina Moodley	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
29	3:27.38	L	F	Raya Singh	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
30	3:27.45	L	F	Rouxvé Henn	10	AWIN TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
31	3:28.91	L	F	Amy Dawson	10	XCEL CPT	06/02/2026 WCA-B Champs - 2026
32	3:28.93	L	F	Genevieve Joubert	10	RFA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
33	3:28.95	L	P	Kirei Burgess	10	CA EKU	04/12/2025 EGA Summer Championships 2025
34	3:29.06	L	F	Jaime Williams	10	CUHE OBD	22/11/2025 Swartland Prestige Gala 2025
35	3:29.12	L	F	Leah Spangenberg	9	XCEL CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
36	3:29.96	L	F	Janika Roux	10	DORE JHB	14/02/2026 CGA Last Chance
37	3:30.03	L	F	Armani Jones	10	XCEL CPT	06/02/2026 WCA-B Champs - 2026
38	3:30.18	L	F	Eva Coates	10	WAC EDD	30/01/2026 Infinity Gala 2026
39	3:30.68	L	F	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
40	3:31.02	L	F	Alexis Scheepers	9	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
41	3:31.45	L	P	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
42	3:31.71	L	P	Kayla Coutts	10	BLMA CPT	06/03/2026 SA Level 2 Regional Age Group Cham
43	3:32.16	L S	F	Henriette Odendaal	10	QSSC CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
44	3:32.59	L	F	Taylor Geswind	10	USC BUF	12/12/2025 NMBA Championships 2025
45	3:33.20	L	F	Sadie Govender	10	AZON ETH	06/10/2025 Seagulls Winter Championships 2025
46	3:33.28	L	F	Paige Plumb	10	CSA EZZ	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
47	3:33.72	L	F	Kaylee Engelbrecht	9	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
48	3:33.86	L	P	Anje Bartmann	10	SWAR WCD	06/03/2026 SA Level 2 Regional Age Group Cham
49	3:34.70	L	P	Lisa Hanekom	10	BARR CPT	06/03/2026 SA Level 2 Regional Age Group Cham
50	3:34.76	L	F	Penelope Synodinos	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
51	3:35.97	L	F	Camika Bellamy	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
52	3:36.42	L	P	Cara Swanepoel	10	UNI EZZ	30/03/2026 SA Level 2 Regional Age Group Cham
53	3:36.95	L	F	Arwen Dannatt	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
54	3:37.14	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
55	3:37.71	L	F	Mwangala Semenova	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
56	3:38.12	L	F	Maia Bull	9	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
57	3:39.32	L	F	Ingrid Filter	10	TYGE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
58	3:39.67	L S	F	Juliette Spencer	9	CYBE CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
59	3:41.15	L	F	Mila Coetzee	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
60	3:42.53	L	F	Imone Venter	10	RBOT BPD	06/12/2025 NWS Championships 2025
61	3:42.89	L	F	Iviwe Nobongoza	10	FAC EKU	29/03/2026 SA Level 2 Regional Age Group Cham
62	3:43.31	L	P	Carli Steenkamp	9	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
63	3:44.21	L	F	Jemima Muirhead	10	KNYA EDD	04/10/2025 EDEN 1st A-League Gala 2025
64	3:44.67	L	F	Zahn Potgieter	10	DDA TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
65	3:44.75	L	F	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
66	3:44.81	L	P	Alexia Virgillito	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
67	3:45.39	L	F	Katja Marcus	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
68	3:45.43	L	F	Sarah-Faye Lubbe	10	KTS	07/02/2026 NC SPRINTS 2026
69	3:45.62	L	F	Elmi van Heerden	10	BS LLD	10/10/2025 Super Seals Annual Gala
70	3:45.63	L	F	Mia Oswald	8	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
71	3:45.84	L	P	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
72	3:46.31	L	F	Emily Mijatovic	10	H2O EKU	29/03/2026 SA Level 2 Regional Age Group Cham
73	3:46.78	L	P	Liane Van Zyl	10	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
74	3:47.68	L	F	Lua Smith	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
75	3:49.39	L	F	Quinn Smith	9	MDOL JHB	27/11/2025 CGA Championships 2025
76	3:50.01	L	F	Willow Bezuidenhout	9	BEST NMA	30/01/2026 Infinity Gala 2026
77	3:51.15	L	P	Kara Spies	10	HARB BPD	30/03/2026 SA Level 2 Regional Age Group Cham
78	3:51.86	L	F	Josie Faught	10	USC BUF	28/11/2025 BCA Long Course Championships 202
79	3:53.03	L	F	Sofiyyah Bodiati	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
80	3:53.33	L	F	Hannah Allison	8	BEST NMA	30/01/2026 Infinity Gala 2026
81	3:54.22	L	F	Chanique Steele	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
82	3:54.36	L	F	Emily Rushin	10	HURAQ CPT	09/10/2025 44th Freda Barnard Invitational Gala
83	3:54.66	L	F	Alisha Nell	10	BLMA CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
84	3:54.96	L	F	Ava Greyvenstein	9	USC BUF	12/12/2025 NMBA Championships 2025
85	3:55.80	L	F	Mila De Kock	10	CA EKU	11/10/2025 EGA Summer 2
86	3:55.94	L	F	Aniek Myburgh	9	CSA EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
87	3:56.13	L	F	Willemina Bekker	9	KSTAR EDD	24/01/2026 EDEN 4th A-League Gala 2026
88	3:56.69	L	F	Amice Seaman	9	UNIU EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
89	3:57.72	L	F	Amélie Smith	9	TUKS TSH	14/11/2025 NTS Level 3+ November Age Group G
90	3:58.98	L	F	Isabella Engela	10	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
91	3:59.22	L	F	Sophia Erasmus	10	BETH FDD	14/11/2025 Valsrivier Gala
92	3:59.30	L	F	Bohlale Mofokeng	10	JAQ EKU	31/01/2026 EGA Last Chance Gala 2026
93	3:59.45	L	F	Cara Hendricks	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
94	4:00.33	L	F	Skyler Shelton	10	ESTR EKU	31/01/2026 EGA Last Chance Gala 2026
95	4:00.80	L S	F	Lily Erasmus	10	PELIC MAN	03/12/2025 Free State Champs 2025
96	4:02.03	L	P	Loyed Negash	10	BARA EKU	04/12/2025 EGA Summer Championships 2025
97	4:03.10	L	F	Kuno Moleme	10	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
98	4:03.24	L	F	Paigan Stols	9	TKS WBD	28/11/2025 Limpopo Champs 2025
99	4:04.07	L	F	Madelie Ras	9	GHS BPD	13/02/2026 NW School Championships 2026
100	4:04.63	L	F	Morgan Mitchell-Innes	9	HAAG UTD	21/02/2026 Uthukela District Gala 5
101	4:08.80	L	F	Kganya Sekgobela	9	CA EKU	04/12/2025 EGA Summer Championships 2025
102	4:09.92	L	F	Chenique Du Plessis	10	PELIC MAN	23/01/2026 Mangaung Gala
103	4:10.61	L	F	Lea Engelbrecht	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
104	4:12.26	L	F	Micah Bezuidenhout	9	ROA EDD	24/01/2026 EDEN 4th A-League Gala 2026
105	4:12.31	L	F	Lukhanyo Dladla	8	CSA EZD	07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025
106	4:12.32	L	F	Mathabo Marutla	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
107	4:15.55	L	F	Sofia Daniels	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
108	4:15.66	L	F	Adia Theko	9	PELIC MAN	26/09/2025 Pelicans Gala..
109	4:18.86	L	P	Lethabo Mokoena	9	FAC EKU	04/12/2025 EGA Summer Championships 2025
110	4:21.41	L	F	Kaboentle Raphuti	10	HARB BPD	06/12/2025 NWS Championships 2025
111	4:22.09	L	F	Adalyn Shelton	8	ESTR EKU	22/11/2025 EGA Summer 3 & 4
112	4:23.48	L	F	Divine Ogiorumua	9	HARL BUF	28/11/2025 BCA Long Course Championships 202
113	4:23.85	L	P	Khumo Mogane	10	MAKO EKU	04/12/2025 EGA Summer Championships 2025
114	4:26.98	L	F	Ziyanda Mthembu	10	HAAG UTD	08/11/2025 UThukela Age Group Gala 2
115	4:35.50	L	F	Anika Fleming	9	KALA	14/02/2026 KALAHARI CLASSIC 2026
116	4:37.44	L	P	Lesego Magwaza	10	H2O EKU	04/12/2025 EGA Summer Championships 2025
117	4:40.77	L	F	Lillian Gregory	9	HAAG UTD	10/10/2025 Super Seals Annual Gala
118	4:44.30	L	F	Leané Rademeyer	9	KALA	14/02/2026 KALAHARI CLASSIC 2026
119	4:48.35	L	F	Karlien Luttig	8	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
120	4:55.02	L	F	Lize Wolmarans	9	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
121	4:59.16	L	F	Shifaa Benjamin	10	SAAW CPT	21/02/2026 Swartland Invitational Gala 2026
122	7:11.11	L	F	Bandile Zungu	10	HAAG UTD	08/11/2025 UThukela Age Group Gala 2

Women 18 & Under 50 Breast

1	43.98	L	P	Sophia Potgieter	9	SS MPD	29/03/2026 SA Level 2 Regional Age Group Cham
2	44.20	L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
3	44.52	L	F	Tinashe Ngwenya	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
4	44.58	L	F	Sofiyyah Bodiati	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
5	44.61	L	F	Aryah Naidoo	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
6	44.82	L	F	Tyla Grobler	10	BEST NMA	12/12/2025 NMBA Championships 2025
7	44.97	L	P	Talin Maatouk	10	SASE JHB	29/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
8	45.09	L	P	Emma Cox	10	TUKS FSH	26/03/2026 SA Level 3 Regional Age Group Cham
9	45.11	L	F	Bethany Pierce	10	USC BUF	12/12/2025 NMBA Championships 2025
10	45.63	L	S	Zuri Taylor	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
11	45.66	L	P	Alessandra De Dominicis	10	CRSC JHB	29/03/2026 SA Level 2 Regional Age Group Cham
12	45.79	L	F	Alyx Cupido	10	BLNE MAN	24/10/2025 Neptunes Gala
13	45.90	L	F	Ashley Trollip	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
14*	46.13	L	F	Lukholo Ratsibe	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
14*	46.13	L	F	Justina Robin	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
16	46.27	L	F	Emma Reling	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
17	46.30	L	P	Ava Maritz	10	CTO CPT	09/04/2026 SA Level 3 Regional Age Group Cham
18	46.33	L	F	Sadie Govender	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
19	46.39	L	F	Olivia Mason	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
20	46.47	L	F	SCARLETT MAC DONALD	10	WAC EDD	30/01/2026 Infinity Gala 2026
21	47.01	L	P	Armani Jones	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
22	47.24	L	P	Livia Venter	10	TKS WBD	29/03/2026 SA Level 2 Regional Age Group Cham
23	47.32	L	F	Bailey Stoltz	9	PER JHB	29/03/2026 SA Level 2 Regional Age Group Cham
24	47.68	L	F	Mila Wright	10	TYGE CPT	06/02/2026 WCA-B Champs - 2026
25	47.72	L	P	Erynn Clancy	10	DRGN EKU	29/03/2026 SA Level 2 Regional Age Group Cham
26	47.95	L	F	Riley Makwakwa	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
27	48.01	L	F	Mwangala Semenova	10	TUKS FSH	13/02/2026 NTS Level 1+2 February Age Group 21
28	48.03	L	F	Kayla Coutts	10	BLMA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
29	48.23	L	F	Chelsea Jansen Van Vuuren	10	SEAL UMD	15/11/2025 KZN Junior Championships 2025
30	48.30	L	P	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	06/03/2026 SA Level 2 Regional Age Group Cham
31	48.45	L	P	Ayana Mandean	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
32	48.47	L	F	Jemima Muirhead	10	EDEN ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
33	48.55	L	P	Tiffany Mujati	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
34	48.59	L	P	Lente Keun	10	VINE CPT	04/12/2025 Western Cape LC-A Championship 20
35	48.62	L	F	Enhle Mthembu	9	OHAN ILD	31/01/2026 uShaka Champs 2026
36	48.68	L	P	Ava O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
37	48.73	L	P	Quinn Smith	9	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
38	48.75	L	P	Aria Perdijk	9	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
39	48.77	L	F	Anzel Swiegers	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
40	48.79	L	F	Kendall Perrins	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
41	48.83	L	F	Willow Landman	10	AA JHB	27/11/2025 CGA Championships 2025
42	48.87	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
43	48.89	L	F	Elke Bochmann	10	OHAN ILD	31/01/2026 uShaka Champs 2026
44	48.98	L S	P	Skyler Shelton	10	ESTR EKU	04/12/2025 EGA Summer Championships 2025
45	49.09	L	F	Amice Seaman	9	UNIU EZD	05/12/2025 Mpumalanga Championships 2025
46	49.13	L	F	Janika Roux	10	DORE JHB	27/11/2025 CGA Championships 2025
47	49.17	L	F	Alana Bam	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
48	49.37	L	P	Isabella Bowles	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
49	49.39	L	F	Jala Olivier	10	OLDE JHB	27/11/2025 CGA Championships 2025
50	49.60	L	F	Imone Venter	10	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
51	49.69	L	F	Minay Boshoff	10	DDA FSH	23/01/2026 2026 NTS Sprint Gala
52	49.78	L	F	Cathrine Van der Merwe	10	ESA CED	06/02/2026 WCA-B Champs - 2026
53	49.91	L	P	Amelia Figueiredo	10	PSCP UMD	31/03/2026 SA Level 2 Regional Age Group Cham
54	49.93	L	F	Eva Coates	10	WAC EDD	30/01/2026 Infinity Gala 2026
55	49.95	L	F	Sophia Greeff	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
56	50.03	L	F	Aniek Myburgh	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
57	50.04	L	F	Kylie Hair	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025
58	50.05	L	P	Lilani Wolmarans	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
59	50.06	L	F	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
60	50.08	L	P	Eva De Angelis	BR	VASA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
61	50.14	L	P	Iyazi Ntlokwana	10	SDSC OTD	06/03/2026 SA Level 2 Regional Age Group Cham
62	50.17	L	F	Marli Swiegers	8	FSA FS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
63	50.21	L	F	Henriette Odendaal	10	QSSC CPT	06/02/2026 WCA-B Champs - 2026
64	50.22	L	F	Savanah Davies	9	ASAC CPT	06/02/2026 WCA-B Champs - 2026
65	50.24	L	F	Layla Abrahams	10	INFA NMA	30/01/2026 Infinity Gala 2026
66	50.26	L	P	Ella Rundle	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
67	50.27	L	P	Emily Hattingh	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
68	50.28	L	F	Nicole Eleftheriou	10	BCA BUF	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
69	50.30	L	F	Rae Mazery	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
70	50.37	L	F	Ava Els	10	BEST NMA	12/12/2025 NMBA Championships 2025
71	50.42	L	F	Dana Anderssen	10	MMD CPT	29/11/2025 CTA B CHAMPS 2025
72	50.46	L	F	Sofia Grebe	10	CUHE OBD	06/02/2026 WCA-B Champs - 2026
73	50.48	L	F	Leah Spangenberg	9	XCEL CPT	06/02/2026 WCA-B Champs - 2026
74	50.50	L	P	Alexandra Evans	10	RACE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
75	50.63	L	P	Nina Moodley	10	AAS JHB	27/11/2025 CGA Championships 2025
76	50.68	L	F	Aria Mossay	10	UWCA CPT	06/02/2026 WCA-B Champs - 2026
77	50.71	L	P	Ziané Boshoff	10	TINC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
78	50.72	L	P	Pheladi Manoko	10	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
79	50.74	L	F	Madison Pienaar	10	PER JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
80	50.76	L	F	Rainn Hughes	10	BARR CPT	06/02/2026 WCA-B Champs - 2026
81	50.94	L	F	Karli Botha	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
82*	51.02	L	P	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
82*	51.02	L	F	Luzay Gerber	10	BEST NMA	30/01/2026 Infinity Gala 2026
84	51.04	L	P	Emily Goosen	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
85	51.07	L	F	Ava Greyvenstein	9	USC BUF	30/01/2026 Infinity Gala 2026
86	51.08	L	P	Hayley Couzens	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
87	51.11	L	P	Jennifer Williams	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
88	51.21	L	F	Cressida Mitchell	10	VINE CPT	20/09/2025 CTA INVITATIONAL LC MEET
89	51.27	L S	P	Leah Schley	10	CA EKU	04/12/2025 EGA Summer Championships 2025
90	51.34	L	F	Jane Barnard	10	CSA EZD	05/12/2025 Mpumalanga Championships 2025
91	51.42	L	F	Liani Jacobs	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
92*	51.44	L	P	Liani Van Deventer	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
92*	51.44	L	F	Elizabeth Laubscher	10	GREY CPT	06/02/2026 WCA-B Champs - 2026
94	51.49	L	F	Mia Linder	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
95	51.51	L	F	Lynise Erasmus	10	WELA LLD	03/12/2025 Free State Champs 2025
96	51.54	L	F	Everly Nel	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
97	51.55	L	P	Zara Oganisian	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
98	51.58	L	F	Elmi van Heerden	10	BS LLD	24/10/2025 Neptunes Gala
99	51.61	L	P	Alexis Scheepers	9	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
100	51.67	L	P	Emily Mijatovic	10	H2O EKU	29/03/2026 SA Level 2 Regional Age Group Cham
101	51.68	L	F	Lua Haasbroek	10	BLSS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
102*	51.70	L	F	Liv Hamilton	9	EXP FSH	28/02/2026 AG Level 1 Regional Competition 2026
102*	51.70	L	F	Karen Kieviet	10	GREY CPT	22/11/2025 Swartland Prestige Gala 2025
104	51.72	L	F	Julie-Anne Loots	10	ASAC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
105	51.73	L	F	Amelia Deiner	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
106*	51.78	L	F	Ankia Slabbert	10	BRAVE CED	06/02/2026 WCA-B Champs - 2026
106*	51.78	L	P	Daniella Govender	10	BEAV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
108	51.81	L	P	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
109	51.86	L	F	Niki Eastman	8	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
110	51.96	L	P	Khumo Mogane	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
111	51.99	L	P	Annabelle Johnson	10	BLUO UGD	31/03/2026 SA Level 2 Regional Age Group Cham
112	52.01	L	P	Ziyanda Mtetwa	10	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
113	52.03	L	F	Lize' Husselmann	10	PELIC MAN	24/10/2025 Neptunes Gala
114	52.06	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
115	52.14	L	F	Emma Potgieter	8	ESA CED	24/01/2026 Drakenstein Invitational - copied
116*	52.19	L	F	Heidi Du Toit	10	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
116*	52.19	L	P	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham
116*	52.19	L	P	Minke Swart	9	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
119*	52.20	L	F	Taylor Geswind	10	USC BUF	12/12/2025 NMBA Championships 2025
119*	52.20	L	P	Mareli Janse van Rensburg	9	BARR CPT	06/03/2026 SA Level 2 Regional Age Group Cham
119*	52.20	L	F	Olivia Schoultz	9	CA EKU	28/02/2026 AG Level 1 Regional Competition 2026
122	52.22	L	F	Lia Geldenhuis	10	BULS MAN	23/01/2026 Mangaung Gala
123	52.25	L	F	Ava Forsythe	10	INFA NMA	19/07/2025 1st A League Gala 2025
124*	52.29	L	F	Mieke Labuschagne	10	ASAC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
124*	52.29	L	F	Mila Jooste	8	GREY CPT	06/02/2026 WCA-B Champs - 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
126	52.30	L	F	Rouxi Dong	10	ESP EKU	22/11/2025 EGA Summer 3 & 4
127	52.35	L	F	Emelia Veaudry	10	HARL BUF	28/11/2025 BCA Long Course Championships 202
128*	52.43	L	F	Alisha Nell	10	BLMA CPT	06/02/2026 WCA-B Champs - 2026
128*	52.43	L	F	Sadie Homan	8	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
130	52.47	L	F	Ché Sebastiao	8	TUKS FSH	23/01/2026 2026 NTS Sprint Gala
131	52.50	L	F	Elaine Jacobs	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
132	52.53	L	F	Shylo Smith	10	LSM EZD	13/02/2026 NW School Championships 2026
133*	52.61	L	F	Zivah Carson	10	BULS MAN	03/12/2025 Free State Champs 2025
133*	52.61	L	F	Jamie Pentz	10	BLOT MAN	03/12/2025 Free State Champs 2025
135	52.65	L	P	Jumari Du Toit	10	STGR XRD	30/03/2026 SA Level 2 Regional Age Group Cham
136	52.70	L	F	Mila Van Zyl	9	BS LLD	03/12/2025 Free State Champs 2025
137	52.73	L	F	Emily Rushin	10	HURAQ CPT	06/02/2026 WCA-B Champs - 2026
138	52.76	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
139	52.84	L	F	Ingrid Filter	10	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
140	52.85	L	F	Amery Vermaak	9	SS MPD	28/11/2025 Limpopo Champs 2025
141	52.89	L	F	Melanie Madenyika	10	AWIN FSH	05/12/2025 2025 The Tshwane Mayor's Gala
142	52.94	L	P	Lene Kriel	10	LALE CED	06/03/2026 SA Level 2 Regional Age Group Cham
143	52.99	L	F	Amelie Greeff	10	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
144	53.02	L	F	Hemre Welman	10	BULS MAN	03/12/2025 Free State Champs 2025
145	53.06	L S	P	Bohlale Mofokeng	10	JAQ EKU	04/12/2025 EGA Summer Championships 2025
146	53.14	L	F	Calynn Harvett	10	STAQ CED	13/02/2026 Winelands SL Fin - February 2026 - cc
147	53.23	L	P	Rouxvé Henn	10	AWIN FSH	29/03/2026 SA Level 2 Regional Age Group Cham
148	53.37	L	F	Hope Koopman	10	LEGC ETH	31/01/2026 uShaka Champs 2026
149*	53.46	L	P	Klara Meindersma	10	AWIN FSH	29/03/2026 SA Level 2 Regional Age Group Cham
149*	53.46	L	P	Hanneli Van der Watt	10	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
149*	53.46	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
152	53.59	L	P	Amy Dawson	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
153	53.60	L	F	Harlee Hodgson	9	OHAN ILD	31/01/2026 uShaka Champs 2026
154	53.69	L	F	Penelope Synodinos	9	CASC CPT	06/02/2026 WCA-B Champs - 2026
155	53.72	L	F	Simoné Van der Bank	9	TKS WBD	28/11/2025 Limpopo Champs 2025
156	53.74	L	F	Gopolang Mamogale	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
157	53.75	L	F	Efua Quagraine	9	CA EKU	21/02/2026 EGA Lets Sprint Gala 2026
158	53.78	L	F	Livia Mare	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
159	53.79	L	F	Rosemary Nelson	10	PEAS NMA	30/08/2025 Madibaz Swim Meet 2025
160	53.80	L	F	Genevieve Joubert	10	RFA FSH	05/12/2025 2025 The Tshwane Mayor's Gala
161*	53.82	L	P	Nina Bosch	10	DRGN JHB	27/11/2025 CGA Championships 2025
161*	53.82	L	F	Lily Erasmus	10	PELIC MAN	07/11/2025 Otters Prestige Gala 2025
163	53.96	L	F	Shay Grobler	9	ASAC CPT	06/02/2026 WCA-B Champs - 2026
164	54.00	L	F	Kara Spies	10	GHS BPD	13/02/2026 NW School Championships 2026
165	54.01	L	F	Kayla Snoeck Henkemans	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
166	54.04	L	P	Nienke van Wyngaard	10	DDA FSH	29/03/2026 SA Level 2 Regional Age Group Cham
167	54.05	L	P	Birgitte Oosthuizen	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
168	54.16	L	F	Ziane Geldenhuys	10	SFSC CPT	06/02/2026 WCA-B Champs - 2026
169*	54.21	L	F	Denni Kriel	8	GREY CPT	06/02/2026 WCA-B Champs - 2026
169*	54.21	L	P	Michaela Johnson	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
171	54.27	L	F	Kuno Moleme	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
172	54.28	L	F	Ava Kruger	10	ESA CED	22/11/2025 Swartland Prestige Gala 2025
173	54.30	L	F	Ariana Yiorkas	8	BLOT MAN	03/12/2025 Free State Champs 2025
174	54.31	L	F	Aylah Molotsane	8	DRGN EKU	28/02/2026 AG Level 1 Regional Competition 2026
175	54.33	L	F	Car - Li Roux	9	BLOT MAN	03/12/2025 Free State Champs 2025
176	54.42	L	P	Loyed Negash	10	BARA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
177	54.46	L S	F	Luthando Khoza	9	MAKO EKU	04/12/2025 EGA Summer Championships 2025
178	54.55	L	F	Rebecca Lawson	10	CTO CPT	06/02/2026 WCA-B Champs - 2026
179	54.60	L	F	Callie Gomes	7	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
180	54.63	L	F	Olivia Lamprecht	9	WAC EDD	08/11/2025 EDEN 3rd A-League Gala 2025
181	54.64	L	F	Paigan Stols	9	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
182	54.66	L	F	Lillian Gregory	9	HAAG UTD	10/10/2025 Super Seals Annual Gala
183	54.68	L	F	Yandzisa Sambo	10	UNI EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
184	54.72	L	F	Paige Plumb	10	CSA EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
185	54.76	L	F	Lisa Hanekom	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
186	54.80	L	F	Kirei Burgess	10	CA EKU	11/10/2025 EGA Summer 2
187	54.85	L	F	Meklit Woldemariam	10	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
188	54.87	L	F	Chloé Scott	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
189*	54.90	L	F	Mmangaliso Mkhize	9	SGUL ETH	31/01/2026 uShaka Champs 2026
189*	54.90	L	P	Nina Kruger	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
191*	54.92	L	F	Ava Maasdorp	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
191*	54.92	L	P	Yolla Mario	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
193*	54.94	L	P	Katja Marcus	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
193*	54.94	L	F	Klarabelle van Heerden	10	BEARS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
195	54.95	L	F	Leah De Wet	10	FISH EDD	22/11/2025 Eden LC Champs 2025
196*	54.97	L	F	Misha Howard	8	TKS WBD	28/11/2025 Limpopo Champs 2025
196*	54.97	L	F	Amber Maclachlan	10	OHAN ILD	31/01/2026 uShaka Champs 2026
198	54.99	L	F	Holly Durandt	10	KNYA EDD	28/06/2025 PEA Winter Gala 2025
199	55.02	L	P	Amélie Smith	9	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
200*	55.07	L	F	Holly Oliphant	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
200*	55.07	L	F	Anke Roets	10	SUN NMA	14/03/2026 Level 1 District Age Group Gala 2026
202	55.08	L	P	Mila Coetzee	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
203	55.10	L	P	Mia Oswald	8	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
204	55.11	L	F	Larissa Botha	10	BLMA CPT	22/11/2025 Swartland Prestige Gala 2025
205	55.12	L	F	Lua Smith	10	CLA WCD	06/02/2026 WCA-B Champs - 2026
206*	55.13	L	F	Mekayla Van der Bank	10	TKS WBD	25/10/2025 Limpopo Age Group 5 of 2025/26
206*	55.13	L	F	Stephanie Lewies	8	TINC TSH	28/02/2026 AG Level 1 Regional Competition 2026
208	55.17	L	F	Luane' Griessel	10	BULS MAN	23/01/2026 Mangaung Gala
209	55.23	L	F	Nsovo Mabasa	9	SS MPD	28/11/2025 Limpopo Champs 2025
210	55.30	L	F	Klarah Geldenhuys	9	ACAAQ CCD	31/01/2026 Limpopo School Champs & Limpopo A
211	55.32	L S	F	Umo Ramotlou	10	SOUL EKU	04/12/2025 EGA Summer Championships 2025
212*	55.39	L	P	Lee-Ann Du Plessis	10	RBUR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
212*	55.39	L	F	Emily Schutte	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
214	55.51	L	F	Hadassah Ragavan	10	KLOO ETH	15/11/2025 KZN Junior Championships 2025
215*	55.62	L	F	Maria Ferreira	9	HREF BP	06/12/2025 NWS Championships 2025
215*	55.62	L S	P	Adalyn Shelton	8	ESTR EKU	04/12/2025 EGA Summer Championships 2025
217	55.66	L	F	Amahle Jali	10	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
218	55.68	L	P	Adelène Baard	8	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
219	55.73	L	F	Leah Fourie	9	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
220	55.74	L	F	Onalerona Gorewang	10	NWUC KKD	06/12/2025 NWS Championships 2025
221	55.77	L	F	Vida - Ani Markgraaff	10	BLOT MAN	03/12/2025 Free State Champs 2025
222*	55.84	L	F	Sakeenah Du Toit	10	UWCA CPT	06/02/2026 WCA-B Champs - 2026
222*	55.84	L	F	Thalia Yiorcas	10	BLOT MAN	03/12/2025 Free State Champs 2025
224	55.85	L	F	Amelia Moodley	10	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
225	55.87	L	F	Olivia De Witt	9	BLSS MAN	03/12/2025 Free State Champs 2025
226	55.88	L	F	Boledi Maredi	10	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
227	55.90	L	F	Kaylee Engelbrecht	9	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
228	55.92	L	F	Christien Snyman	9	ELRAS WBD	31/01/2026 Limpopo School Champs & Limpopo A
229	55.97	L	P	Gabrealle Coetzee	10	BEARS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
230	56.03	L	F	Emily Jacobs	10	VINE CPT	06/02/2026 WCA-B Champs - 2026
231	56.10	L	P	Keira Damons	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
232	56.14	L	F	Leillah Bendeman	9	SS MPD	28/11/2025 Limpopo Champs 2025
233	56.19	L	F	Erin Goller	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
234	56.20	L	P	Mmelwa Mtshweni	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
235	56.24	L	F	Kaylin Keyser	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
236	56.25	L	F	Ellie van der Mescht	10	PEAS NMA	12/12/2025 NMBA Championships 2025
237*	56.27	L S	P	Kganya Sekgobela	9	CA EKU	04/12/2025 EGA Summer Championships 2025
237*	56.27	L	F	Thatum Smith	9	BULS MAN	03/12/2025 Free State Champs 2025
239*	56.31	L	F	Abigail Ninkovic	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
239*	56.31	L	F	Reine Fensham	9	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
241*	56.33	L	F	Chanique Steele	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
241*	56.33	L	F	Adeleen Erasmus	9	RFA TSH	28/02/2026 AG Level 1 Regional Competition 2026
243	56.39	L	F	Hannah Allison	8	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
244	56.46	L	F	Bemnet Worku	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
245	56.47	L	F	Elani Vorster	9	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
246	56.50	L	F	Genevi Saayman	8	CSA EZD	05/12/2025 Mpumalanga Championships 2025
247	56.55	L	F	Sarélda Velthuysen	10	SS MPD	28/11/2025 Limpopo Champs 2025
248	56.63	L	F	Zahn Potgieter	10	DDA FSH	23/01/2026 2026 NTS Sprint Gala
249	56.66	L	P	Nolwazi Sinxi	10	DRGN EKU	29/03/2026 SA Level 2 Regional Age Group Cham
250	56.69	L	F	Sophia Wustefeld-Janssens	10	STAQ CED	09/10/2025 44th Freda Barnard Invitational Gala
251	56.82	L	F	Mieke Roos	10	KNYA EDD	08/11/2025 EDEN 3rd A-League Gala 2025
252	56.92	L	F	Kirsten Gibson	10	GREY CPT	24/01/2026 Drakenstein Invitational - copied
253	56.94	L	F	Hannah Shonayi	7	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
254	56.96	L	P	Miah Engelbrecht	9	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
255	56.99	L	F	Kristebelle Stander	9	DDA FSH	05/12/2025 2025 The Tshwane Mayor's Gala
256	57.04	L	F	Ava-Leigh de Kock	8	LSM EZD	13/02/2026 NW School Championships 2026
257	57.11	L	F	Amelia Visagie	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
258	57.15	L	F	Isabella Engela	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
259	57.17	L	F	Ashleigh Muchauraya	8	LEGC ETH	30/03/2026 KZNA Level 1 Championships
260	57.20	L	P	Siennah Allen	10	SFSA JHB	27/11/2025 CGA Championships 2025
261	57.21	L	F	Irma-Ann Orffer	10	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
262	57.26	L	P	McKenzie Clark	10	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
263	57.32	L	F	Shifaa Benjamin	10	SAAW CPT	22/11/2025 Swartland Prestige Gala 2025
264	57.33	L	F	Leah Ranft	8	BLOT MAN	28/02/2026 FSA LEVEL 1 2026
265	57.34	L	F	Adanje Du Plessis	10	BRAVE CED	21/02/2026 Swartland Invitational Gala 2026
266	57.36	L	F	Leva Meiring	10	LSM EZD	13/02/2026 NW School Championships 2026
267	57.39	L	F	Carli Roos	10	CPSC FSH	05/12/2025 2025 The Tshwane Mayor's Gala
268	57.41	L	F	Lunell vd Merwe	10	DSK BP	13/02/2026 NW School Championships 2026
269	57.45	L	F	Bea-Mari Bekker	10	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
270	57.57	L	F	Belissa Shabangu	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
271	57.59	L	F	Jelanri Du Toit	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
272*	57.60	L S	P	Aiva-Grace Wittstock	9	CA EKU	04/12/2025 EGA Summer Championships 2025
272*	57.60	L	F	Dimpho Molepo	10	TUKS FSH	23/01/2026 2026 NTS Sprint Gala
274	57.63	L	F	Katherine Lazenby	9	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
275	57.67	L	F	Arianna Krassas-Soares	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
276*	57.78	L	F	Imaan Mosaval	10	WALM CPT	29/11/2025 CTA B CHAMPS 2025
276*	57.78	L	F	Milay Van der Merwe	9	VASTR BPD	13/02/2026 NW School Championships 2026
278	57.79	L	F	Riley Whittle	9	VINE CPT	29/11/2025 CTA B CHAMPS 2025
279	57.80	L	F	Avery Hutchison	8	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
280	57.86	L	F	Emma Holt	9	TRAZ FSH	05/12/2025 2025 The Tshwane Mayor's Gala
281*	57.91	L	F	Sakinah Gamielidien	9	MARL CPT	29/11/2025 CTA B CHAMPS 2025
281*	57.91	L	F	Olivia-Reign Thomson	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
283*	57.92	L	F	Ruby Lapinski	10	GREY CPT	06/02/2026 WCA-B Champs - 2026
283*	57.92	L	F	Shaye Abrahams	10	LINR JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
285	57.98	L	F	Daniella Da Silva	8	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
286	58.14	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026 NW School Championships 2026
287	58.19	L	F	Zanay Harmse	9	BEARS FSH	28/02/2026 AG Level 1 Regional Competition 2026
288	58.21	L	F	Hannah Kroon	8	AGAQ OBD	21/02/2026 Swartland Invitational Gala 2026
289	58.23	L	F	Lushelle Karemaker	10	BARR CPT	29/11/2025 CTA B CHAMPS 2025
290*	58.27	L	F	Sibandle Msiza	9	H2O EKU	21/02/2026 EGA Lets Sprint Gala 2026
290*	58.27	L	F	Adia Theko	9	PELIC MAN	03/12/2025 Free State Champs 2025
292	58.28	L	F	Misha Meyer	10	FISH EDD	08/11/2025 EDEN 3rd A-League Gala 2025
293*	58.31	L S	P	Zara Bayisayi	9	TCA EKU	04/12/2025 EGA Summer Championships 2025
293*	58.31	L	F	Clarise Blom	8	TUKS FSH	23/01/2026 2026 NTS Sprint Gala
295*	58.33	L	F	Scarlett Jungnicz	10	SEAL UMD	09/07/2025 TYR Prestige Tournament 2025
295*	58.33	L S	P	Lesego Magwaza	10	H2O EKU	04/12/2025 EGA Summer Championships 2025
297*	58.35	L	P	Madison Van Den Berg	9	ACES ETH	31/03/2026 SA Level 2 Regional Age Group Cham
297*	58.35	L	F	Kacey Brophy	8	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
299	58.42	L	F	Evelyn Du Plessis	10	FSE KCD	31/01/2026 uShaka Champs 2026
300*	58.52	L	F	Anja Bochmann	9	OHAN ILD	31/01/2026 uShaka Champs 2026
300*	58.52	L	F	Xama Vanda	10	SRAY BUF	28/11/2025 BCA Long Course Championships 2026
302*	58.60	L	F	Nobanzi Mnisi	10	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
302*	58.60	L	F	Isabelle Hooghiemstra	9	LSM EZD	13/02/2026 NW School Championships 2026
304*	58.61	L	P	Cara Swanepoel	10	UNI EZD	05/12/2025 Mpumalanga Championships 2025
304*	58.61	L	F	Morgan Ranner	8	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
306	58.64	L	F	Adele Van der Merwe	10	PSA ZLD	30/03/2026 KZNA Level 1 Championships
307	58.68	L	F	Colien Nyamunda	10	UNI EZD	05/12/2025 Mpumalanga Championships 2025
308	58.69	L	F	Anje Bartmann	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
309	58.73	L	F	Jahne Fick	10	JOIEC	07/02/2026 NC SPRINTS 2026
310	58.76	L	F	Ziyanda Mthembu	10	HAAG UTD	06/12/2025 UThukela District Age Group 3
311	58.80	L	F	Paige Mckay	10	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
312	58.82	L	F	Lethabo Mokoena	9	FAC EKU	28/02/2026 AG Level 1 Regional Competition 2026
313	58.89	L	F	Kayla van der Merwe	8	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
314	58.90	L	F	Lexi Street	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
315*	58.92	L	F	Avah Spies	8	ROA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
315*	58.92	L	F	Adelaide Van Oosten	9	RFA TSH	13/02/2026 NTS Level 1+2 February Age Group 21
317	59.07	L	F	Chaney Nathan	10	FISH EDD	22/11/2025 Eden LC Champs 2025
318	59.17	L	F	Brooklyn Sopio	9	RETR CPT	29/11/2025 CTA B CHAMPS 2025
319	59.18	L	F	Lara Van Viegen	10	BLSS MAN	03/12/2025 Free State Champs 2025
320	59.22	L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
321	59.23	L	F	Sophia Erasmus	10	BETH FDD	14/11/2025 Valsrivier Gala
322	59.28	L	F	Amahle Maseko	10	AWIN TSH	23/01/2026 2026 NTS Sprint Gala
323	59.31	L	F	Kayla Fouche	10	TYGE CPT	20/09/2025 CTA INVITATIONAL LC MEET
324	59.37	L	F	Madelie Ras	9	GHS BPD	13/02/2026 NW School Championships 2026
325	59.38	L	F	Raya Singh	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
326*	59.42	L	F	Sarah Sinclair	10	KNYA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
326*	59.42	L	F	Lilly Visser	8	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
328	59.51	L	F	Jankè Terblanche	9	STSC KCD	30/03/2026 KZNA Level 1 Championships
329	59.52	L	F	Lila Roux	10	GREY CPT	06/02/2026 WCA-B Champs - 2026
330	59.64	L	P	Liane Van Zyl	10	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
331	59.65	L	F	Ashley Goller	10	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
332	59.70	L	F	Ame Briedenhann	9	BLNE MAN	07/11/2025 Otters Prestige Gala 2025
333	59.72	L	F	Angelique Pieterse	8	WAC EDD	22/11/2025 Eden LC Champs 2025
334	59.76	L	F	Riley-Jane Smit	10	SEAL UMD	09/07/2025 TYR Prestige Tournament 2025
335	59.77	L	F	Josie Faught	10	USC BUF	28/11/2025 BCA Long Course Championships 2026
336*	59.85	L	F	Alexis Barendse	9	KABE NMA	14/03/2026 Level 1 District Age Group Gala 2026
336*	59.85	L	F	Lieke Nelson	9	VASTR BPD	13/02/2026 NW School Championships 2026
338	59.89	L	F	Anja Pieterse	9	BLUO UGD	30/03/2026 KZNA Level 1 Championships
339	59.91	L	F	Engela Kieviet	8	GREY CPT	22/11/2025 Swartland Prestige Gala 2025
340	1:00.00	L	P	Carli Steenkamp	9	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
341	1:00.01	L S	P	Arya Mohamed	8	TCA EKU	04/12/2025 EGA Summer Championships 2025
342	1:00.05	L	F	Lukhanyo Dladla	8	CSA EZD	05/12/2025 Mpumalanga Championships 2025
343	1:00.20	L	F	Daniela Van Zyl	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
344	1:00.21	L	F	India Parr	10	KNYA EDD	04/10/2025 EDEN 1st A-League Gala 2025
345	1:00.24	L	F	Saoirse Stoltz	9	ESA CED	22/11/2025 Swartland Prestige Gala 2025
346	1:00.25	L S	P	Rachel Coleman	10	TCA EKU	04/12/2025 EGA Summer Championships 2025
347	1:00.26	L	F	Karli Annandale	9	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
348	1:00.31	L	F	Mackenzie Stone	10	SHARK TSH	13/02/2026 NTS Level 1+2 February Age Group 21
349	1:00.40	L	F	Mathabo Marutla	10	FAC EKU	31/01/2026 EGA Last Chance Gala 2026
350	1:00.50	L	F	Ninke Botha	10	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
351	1:00.61	L	F	Elri Vorster	9	HPS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
352	1:00.62	L	F	Noëlle Teich	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
353*	1:00.66	L	F	Willow Bezuidenhout	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
353*	1:00.66	L	P	Alexia Virgillito	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
355	1:00.67	L	F	Keziah Rae Steyn	9	WAC EDD	22/11/2025 Eden LC Champs 2025
356*	1:00.71	L	F	Catherine McClelland	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
356*	1:00.71	L	F	Hannah de Villiers	10	CPSC TSH	03/10/2025 Swimparters Gala (Blue vs White) Oc
358	1:00.77	L	F	Amelia Hawksley	9	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
359	1:00.84	L	F	Ava Nance	9	SUN NMA	14/03/2026 Level 1 District Age Group Gala 2026
360	1:01.09	L	F	Gia Mcdonald	10	WAC EDD	24/01/2026 EDEN 4th A-League Gala 2026
361	1:01.11	L	F	Imke-Marie Vd Westhuizen	8	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
362	1:01.17	L	F	Clara Kraamwinkel	9	RFA TSH	13/02/2026 NTS Level 1+2 February Age Group 21
363	1:01.24	L	F	Chenique Du Plessis	10	PELIC MAN	07/11/2025 Otters Prestige Gala 2025
364	1:01.27	L	F	Milan Swart	9	ESA CED	24/01/2026 Drakenstein Invitational - copied
365	1:01.28	L	F	Lerato Nkwana	8	POLSC CCD	28/11/2025 Limpopo Champs 2025
366	1:01.37	L	F	Nikola De Villiers	10	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
367	1:01.46	L	P	Khumo Ranape	10	BAS EKU	29/03/2026 SA Level 2 Regional Age Group Cham
368	1:01.48	L	F	Kiana De La Rouviere	10	SUMW NMA	14/03/2026 Level 1 District Age Group Gala 2026
369	1:01.57	L	F	Kganya Mphahlele	9	AAS JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
370	1:01.58	L	F	Ava Sookdeo	10	ESTR EKU	28/02/2026 AG Level 1 Regional Competition 2026
371*	1:01.59	L	F	Christel Heckroodt	9	STGR XRD	07/02/2026 NC SPRINTS 2026
371*	1:01.59	L	F	Rachel Schutte	8	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
373	1:01.60	L	F	Hanné Alberts	10	VOLK NMA	14/03/2026 Level 1 District Age Group Gala 2026
374	1:01.66	L	F	Lumay De Beer	9	CSA EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
375	1:01.67	L	F	Klara Van Rooyen	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
376	1:01.68	L	F	Monja Geldenhuys	10	SUN NMA	14/03/2026 Level 1 District Age Group Gala 2026
377	1:01.73	L	F	Jazz Claassen	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
378	1:01.85	L	F	Milah Havenga	9	BLSS MAN	23/01/2026 Mangaung Gala
379	1:01.90	L	F	Carli Labuschagne	9	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
380	1:01.91	L	F	Kiana Candiotes	8	GHS BPD	13/02/2026 NW School Championships 2026
381	1:01.93	L	F	Talia Botha	9	INFA NMA	15/11/2025 5th A League Gala 2025
382	1:01.96	L	F	Phathu Mabasaf	10	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
383	1:01.97	L S	F	Muneiva Thidiela	8	MAKO EKU	04/12/2025 EGA Summer Championships 2025
384	1:02.18	L	F	Mosa Leshilo	9	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
385	1:02.23	L	F	Olivia Harbron	10	FAAC	07/11/2025 Otters Prestige Gala 2025
386*	1:02.26	L	F	Eva Holman	9	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
386*	1:02.26	L	P	Mia Williams	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
388	1:02.32	L	F	Caia Watidaishe	10	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
389	1:02.34	L	F	Willemina Bekker	9	KSTAR EDD	22/11/2025 Eden LC Champs 2025
390	1:02.62	L	F	Caylee Thompson	8	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
391	1:02.65	L	F	Mila Francisco	9	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
392	1:02.69	L	F	Annamy vd Merwe	9	MCSP BPD	13/02/2026 NW School Championships 2026
393	1:02.74	L	F	Thandolwethu Teto	10	FAC EKU	22/11/2025 EGA Summer 3 & 4
394	1:02.87	L	P	Esmere Maritz	10	JOIEC	30/03/2026 SA Level 2 Regional Age Group Cham
395	1:02.92	L	F	Ané Plath	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
396	1:02.96	L	F	Kylie Delpont	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
397	1:02.97	L	F	Kate Pombo	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
398	1:03.01	L	F	Ryleigh Ellenberger	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
399	1:03.13	L	F	Ruby-Mae McIntosh	10	SHARK TSH	13/02/2026 NTS Level 1+2 February Age Group 21
400	1:03.17	L	F	Nicola Johnson	8	BLUO UGD	30/03/2026 KZNA Level 1 Championships
401	1:03.23	L	F	Zanje Barkhuizen	8	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
402	1:03.25	L	F	Madelein Hanekom	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
403	1:03.38	L	F	Leia Kruger	9	SFSC CPT	29/11/2025 CTA B CHAMPS 2025
404	1:03.43	L	F	Rebecca Ayerst	10	WILL NMA	14/03/2026 Level 1 District Age Group Gala 2026
405	1:03.53	L	F	Tshireletso Mogajane	9	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
406	1:03.61	L	F	Kiara Leigh Schultz	9	PPARK BP	13/02/2026 NW School Championships 2026
407	1:03.65	L	F	Yan-Ci Wong	10	HAAG UTD	21/02/2026 Uthukela District Gala 5
408	1:03.66	L	F	Kiana De Amorim	10	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
409	1:03.78	L	F	Mienke Dirker	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
410	1:03.89	L	F	Meane Dreyer	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
411	1:03.92	L	F	Mia van Eyssen	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
412	1:04.01	L	F	Holly-May Cuninghame	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
413	1:04.10	L	F	Nina Vlok	8	ROA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
414	1:04.14	L	F	Thoriso Senyakoe	7	ESP EKU	31/01/2026 EGA Last Chance Gala 2026
415	1:04.17	L	F	Lyn-Mari Morrison	10	PELIC MAN	28/02/2026 FSA LEVEL 1 2026
416	1:04.24	L	F	Tessa Venter	10	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
417	1:04.25	L	F	Zara Du Plessis	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025
418	1:04.27	L	F	Leandi Bender	9	RFA TSH	13/02/2026 NTS Level 1+2 February Age Group 21
419	1:04.33	L	F	Samantha Muller	7	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
420	1:04.37	L	F	Beau Juries	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
421	1:04.44	L	F	Micah Bezuidenhout	9	ROA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
422	1:04.52	L	F	Kaone Lesejane	10	GHS BPD	13/02/2026 NW School Championships 2026
423	1:04.55	L	F	Lize-Marie Du Plessis	10	FISH EDD	22/11/2025 Eden LC Champs 2025
424	1:04.59	L S	P	Sibahle Dlamini	10	MAKO ECU	04/12/2025 EGA Summer Championships 2025
425	1:04.71	L	F	Piper Freislich	9	KNYA EDD	22/11/2025 Eden LC Champs 2025
426	1:04.78	L	F	Emily Holdcroft	10	CTO CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
427	1:04.82	L	F	Ava Alberts	8	POLSC CCD	28/11/2025 Limpopo Champs 2025
428	1:04.86	L	F	Paledi Kutu	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
429	1:04.88	L	F	Milane Loock	9	NSAD EZD	05/12/2025 Mpumalanga Championships 2025
430	1:04.91	L	F	Ane Van Lill	9	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
431	1:04.92	L	F	Sophie Joubert	10	NSAD EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
432	1:04.97	L	F	Tersia Spies	9	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
433	1:04.98	L	F	Oluchi Nwankwoagu	10	TUKS FSH	03/10/2025 NTS Level 1+2 October Age Group 20
434	1:05.02	L	F	Zanda Loni	8	COLJ NMA	14/03/2026 Level 1 District Age Group Gala 2026
435	1:05.03	L	F	Daniella De Franca	9	HAAG UTD	21/02/2026 Uthukela District Gala 5
436*	1:05.19	L	F	Clara Hartwig	7	SFSC CPT	29/11/2025 CTA B CHAMPS 2025
436*	1:05.19	L	F	Olivia Holliday	8	CA ECU	31/01/2026 EGA Last Chance Gala 2026
438	1:05.25	L	F	Anja Nel	8	BETH FDD	03/12/2025 Free State Champs 2025
439	1:05.33	L	F	Chelsea Jones	10	ESTR ECU	22/11/2025 EGA Summer 3 & 4
440	1:05.36	L	F	Amelie Ellis	8	COLJ NMA	14/03/2026 Level 1 District Age Group Gala 2026
441	1:05.41	L	F	Olivia Walker	9	UPSK ZMD	05/12/2025 NCASA CHAMPS 2025 - copied - copi
442	1:05.50	L	F	Chenique Liebenberg	9	SS MPD	28/11/2025 Limpopo Champs 2025
443	1:05.51	L	F	Alison Rundle	10	HHPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
444	1:05.63	L	F	Jasmyn Olckers	10	RUSTL BP	13/02/2026 NW School Championships 2026
445	1:05.72	L	F	Abigail Vermaak	10	KSC EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
446	1:05.76	L	F	Hester Coetzee	10	WAC EDD	25/10/2025 Zasu 1st League OYDC 2025-26
447	1:05.79	L	F	Mischke Ballot	10	TUKS FSH	23/01/2026 2026 NTS Sprint Gala
448	1:05.84	L	F	Rone Basson	10	AASC EZD	05/12/2025 Mpumalanga Championships 2025
449	1:05.86	L	F	Anneme Coetzer	9	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
450	1:05.92	L	F	Tsebo Maphologela	9	DRGN ECU	28/02/2026 AG Level 1 Regional Competition 2026
451	1:06.03	L	F	Anja Kruger	10	MAKO ECU	28/02/2026 AG Level 1 Regional Competition 2026
452	1:06.11	L	F	Lienca Van Niekerk	10	PSA ZLD	30/03/2026 KZNA Level 1 Championships
453	1:06.14	L	F	Amere Venter	8	PPARK BP	13/02/2026 NW School Championships 2026
454	1:06.22	L	F	Courtney Andersen	9	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
455	1:06.25	L	F	Sarah-Faye Lubbe	10	KTS	31/10/2025 UPINGTON PRESTIGE GALA 2025
456	1:06.27	L	F	Isabelle Wessels	9	XCEL CPT	29/11/2025 CTA B CHAMPS 2025
457	1:06.30	L	F	Madison Downs	8	HAAG UTD	31/01/2026 Uthukela District Gala 4
458	1:06.58	L	F	Sinothiile Mkhathshwa	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
459	1:06.65	L	F	Morgan Mitchell-Innes	9	HAAG UTD	08/11/2025 UThukela Age Group Gala 2
460	1:06.67	L	F	Ya'el Jooste	9	TASC MPD	25/10/2025 Limpopo Age Group 5 of 2025/26
461	1:06.80	L	F	Imine Dercksen	10	BETH FDD	14/11/2025 Valsrivier Gala
462*	1:06.87	L	F	Leancke Barocci	8	ROA EDD	22/11/2025 Eden LC Champs 2025
462*	1:06.87	L	F	Esihle Zungu	10	USH KCD	31/01/2026 uShaka Champs 2026
464	1:06.95	L	F	Mila Aucamp	8	AWIN FSH	28/02/2026 AG Level 1 Regional Competition 2026
465	1:06.96	L	F	Alexis van Eyssen	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
466*	1:07.00	L	F	Lienke Coetzee	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
466*	1:07.00	L	F	Lisa Pohl	8	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
468	1:07.11	L	P	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025
469	1:07.15	L	F	Katelyn Kunneke	8	HPS FSH	03/10/2025 Swimparters Gala (Blue vs White) Oc
470	1:07.16	L	F	Lienke De Wet	7	SS MPD	28/11/2025 Limpopo Champs 2025
471	1:07.34	L	F	Bhea Venter	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
472	1:07.42	L	F	Risima Ngoveni	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
473	1:07.64	L	F	Tatum Duncan	10	GHS BPD	13/02/2026 NW School Championships 2026
474	1:07.78	L	F	Hilmari Barnard	9	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
475	1:07.83	L	F	Karlien Luttig	8	UPSK ZMD	31/10/2025 UPINGTON PRESTIGE GALA 2025
476	1:07.94	L	F	Thalia Steinberg	10	FAAC	31/10/2025 UPINGTON PRESTIGE GALA 2025
477	1:08.34	L	F	Raaniya Abrahams	9	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
478	1:08.35	L	F	Maya Botha	10	KNYA EDD	08/11/2025 EDEN 3rd A-League Gala 2025
479	1:08.36	L	F	Reine Piater	7	ELRAS WBD	28/11/2025 Limpopo Champs 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
480	1:08.37	L	F	Leah Marais	9	LSTZN	CCD 31/01/2026 Limpopo School Champs & Limpopo A
481	1:08.41	L	F	Ella Coetzee	8	WAC	EDD 24/01/2026 EDEN 4th A-League Gala 2026
482	1:08.44	L	F	Anica MacRobert	9	KSTAR	EDD 22/11/2025 Eden LC Champs 2025
483	1:08.60	L	F	Katherina Van Den Berg	9	EXP	TSH 28/02/2026 AG Level 1 Regional Competition 2026
484	1:08.65	L	F	Lané Botes	9	SS	MPD 31/01/2026 Limpopo School Champs & Limpopo A
485	1:08.74	L	P	Doyeong Baek	8	POTC	KKD 06/12/2025 NWS Championships 2025
486	1:08.82	L	F	Lize Wolmarans	9	UPSK	ZMD 21/11/2025 AGE GROUP 2 & 3 UPT
487	1:08.90	L	F	Kaymi Howard	7	TKS	WBD 28/11/2025 Limpopo Champs 2025
488	1:08.94	L	F	Annabelle Fouche	10	KPA	EZD 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
489	1:08.95	L	F	Caylen Preston	9	BLUO	UGD 30/03/2026 KZNA Level 1 Championships
490	1:09.04	L	F	Carla Mia Celliers	8	CSC	TSH 13/02/2026 NTS Level 1+2 February Age Group 2026
491	1:09.16	L	F	Gizelle Roelofse	9	VRC	TSH 13/02/2026 NTS Level 1+2 February Age Group 2026
492	1:09.26	L	P	Simonè du Plessis	9	HARB	BPD 06/12/2025 NWS Championships 2025
493	1:09.30	L	F	Lea Engelbrecht	9	BARR	CPT 09/10/2025 44th Freda Barnard Invitational Gala
494	1:09.31	L	F	Alyssa Du Toit	8	SS	MPD 31/01/2026 Limpopo School Champs & Limpopo A
495	1:09.33	L	F	Elize Pretorius	9	SWAR	WCD 21/02/2026 Swartland Invitational Gala 2026
496	1:09.34	L	F	Tshimologo Mabuse	10	TUKS	TSH 28/02/2026 AG Level 1 Regional Competition 2026
497	1:09.38	L	F	Lené Erasmus	8	BLSS	MAN 28/02/2026 FSA LEVEL 1 2026
498	1:09.60	L	F	Anika Fleming	9	KALA	17/01/2026 AGE GROUP 5 KATHU 2026
499	1:09.83	L	F	Kate Cohen	9	RACE	JHB 20/02/2026 CGA Level 1 and Level 2 Champions
500	1:09.91	L	F	Zione van Zyl	9	JOIEC	17/01/2026 AGE GROUP 5 UPT 2026
501	1:10.43	L	F	Jané Vivier	9	BS	LLD 28/02/2026 FSA LEVEL 1 2026
502	1:10.45	L	F	Zani Koch	8	SS	MPD 28/11/2025 Limpopo Champs 2025
503	1:10.50	L	F	Milandi Burger	9	ROA	EDD 28/06/2025 PEA Winter Gala 2025
504	1:10.67	L	F	Clara Hurter	10	FAAC	25/10/2025 FLAMINGO & GOODHOPE GALA 2025
505	1:11.00	L	F	Ava Drake	7	SS	MPD 31/01/2026 Limpopo School Champs & Limpopo A
506	1:11.29	L	F	Busisiwe Mosibi	10	MAKO	EKU 28/02/2026 AG Level 1 Regional Competition 2026
507	1:11.35	L	F	Corrali Duvenhage	8	BARR	CPT 22/11/2025 Swartland Prestige Gala 2025
508	1:11.41	L	F	Leané Rademeyer	9	KALA	14/02/2026 KALAHARI CLASSIC 2026
509	1:11.65	L	F	Leilah Moodaley	9	KSSC	FBD 21/02/2026 AGE GROUP 6 KBY 2026
510	1:11.77	L	F	Thengiwe Myende	10	SEAL	UMD 30/03/2026 KZNA Level 1 Championships
511	1:11.97	L	F	Lindi Marais	9	SWAR	WCD 21/02/2026 Swartland Invitational Gala 2026
512	1:11.98	L	F	Kaylee Rozendaal	8	HAAG	UTD 31/01/2026 UThukela District Gala 4
513	1:12.02	L	F	Amelie Lamprecht	7	WAC	EDD 14/02/2026 EDEN 5th A-League Gala 2026
514	1:12.12	L	F	Milani Rikhotso	10	AASC	EZD 26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
515	1:12.19	L	F	Ayva Grobler	9	AQUA	UTD 06/12/2025 UThukela District Age Group 3
516	1:12.24	L	F	Zanri van Heerden	8	FAAC	21/11/2025 AGE GROUP 2 & 3 KIMBERLEY - cop
517	1:12.35	L	F	Ane Engels	10	KSC	EZD 05/12/2025 Mpumalanga Championships 2025
518	1:12.48	L	F	Johanna Erasmus	9	BETH	FDD 14/11/2025 Valsrivier Gala
519	1:12.58	L	F	Zanyke Spies	7	SS	MPD 28/11/2025 Limpopo Champs 2025
520	1:12.78	L	F	Madison Venter	9	TUKS	TSH 03/10/2025 Swimpartners Gala (Blue vs White) Oc
521	1:12.97	L	F	Chayla Coetzee	9	SWAR	WCD 21/02/2026 Swartland Invitational Gala 2026
522	1:13.15	L	F	Theunie Matthee	10	SWAR	WCD 22/11/2025 Swartland Prestige Gala 2025
523	1:13.18	L	F	Milan Hattingh	8	EXP	TSH 28/02/2026 AG Level 1 Regional Competition 2026
524	1:13.57	L	F	Cara Hendricks	10	TYGE	CPT 28/06/2025 PEA Winter Gala 2025
525	1:13.59	L	F	Ava Mellet	10	UPSK	ZMD 07/02/2026 NC SPRINTS 2026
526	1:13.83	L	F	Amelie Viljoen	8	TKS	WBD 27/09/2025 Limpopo Age Group 4 of 2025/26
527	1:14.04	L	F	Emke Nöthnagel	10	CASC	CPT 29/11/2025 CTA B CHAMPS 2025
528	1:14.10	L	F	Bea Dixon	10	FAAC	23/08/2025 KOVSIE GALA
529	1:14.58	L	F	Kenzie Klynveld	7	TKS	WBD 28/11/2025 Limpopo Champs 2025
530	1:14.59	L	F	Olivia van Onselen	8	BEARS	TSH 05/12/2025 2025 The Tshwane Mayor's Gala
531	1:14.66	L	F	Anzone Van Heerden	10	VALS	FDD 14/11/2025 Valsrivier Gala
532	1:14.73	L	F	Marli Pretorius	10	LSKP	WBD 31/01/2026 Limpopo School Champs & Limpopo A
533	1:14.80	L	F	Kayla Wissekerke	10	FRA	KCD 30/03/2026 KZNA Level 1 Championships
534	1:14.92	L	F	Khumo Mokone	9	FAC	EKU 28/02/2026 AG Level 1 Regional Competition 2026
535	1:14.93	L	F	Jessica Smith	8	COLJ	NMA 14/03/2026 Level 1 District Age Group Gala 2026
536	1:14.94	L	F	Orifha Ntshauba	9	SS	MPD 31/01/2026 Limpopo School Champs & Limpopo A
537	1:15.23	L	F	Sibahle Tsomele	8	NSAD	EZD 28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
538	1:15.32	L	F	Ruby Doust	7	AQUA	BUF 24/01/2026 BCA January Age Group Gala 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
539	1:15.47	L	F	Jeanri Liebenberg	8	KSSC	FBD	21/02/2026	AGE GROUP 6 KBY 2026
540	1:15.51	L	F	Lara Roets	9	GHWK		21/11/2025	AGE GROUP 2 & 3 KIMBERLEY - cop
541	1:15.56	L	F	Kianna Flunger	10	AAS	JHB	20/02/2026	CGA Level 1 and Level 2 Championsh
542	1:15.60	L	F	Taymar Samuels	9	CASC	CPT	29/11/2025	CTA B CHAMPS 2025
543	1:15.72	L	P	Lijah Du Plessis	10	HARB	BPD	06/12/2025	NWS Championships 2025
544	1:15.98	L	F	Tinieke Wilken	8	VALS	FDD	03/12/2025	Free State Champs 2025
545	1:16.11	L	F	Sadie Smit	8	UNIU	EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2
546	1:16.12	L	F	Onga Gxididi	10	SDSC	OTD	24/01/2026	BCA January Age Group Gala 2026
547	1:16.42	L	F	Cara Otto	8	EXP	TSH	13/02/2026	NTS Level 1+2 February Age Group 21
548	1:16.60	L	F	Hannah van Emmenis	9	SS	MPD	28/11/2025	Limpopo Champs 2025
549	1:16.80	L	F	Mackenzie Newman	9	WAC	EDD	25/10/2025	Zasu 1st League OYDC 2025-26
550	1:17.02	L	F	Mia Van Rooyen	8	EXP	TSH	03/10/2025	NTS Level 1+2 October Age Group 20
551	1:17.46	L	F	Bantu Ntshakang	8	FAAC		18/10/2025	AGE GROUP 1 KIMBERLEY 2025
552	1:17.62	L	F	Nina Jv Vuuren	9	MCSP	BPD	13/02/2026	NW School Championships 2026
553	1:18.05	L	F	Atarah Naku	9	SRAY	BUF	24/01/2026	BCA January Age Group Gala 2026
554	1:18.07	L	F	Addision Breeds	9	BETH	FDD	14/11/2025	Valsrivier Gala
555	1:18.10	L	F	Leah Fox	8	VIPS	NMA	14/03/2026	Level 1 District Age Group Gala 2026
556	1:18.14	L	F	Steph - Mari Liebenberg	8	KSSC	FBD	21/02/2026	AGE GROUP 6 KBY 2026
557	1:18.24	L	F	Johné Barnard	7	TKS	WBD	27/09/2025	Limpopo Age Group 4 of 2025/26
558	1:18.32	L	F	Maia Ndjadila	8	SFSC	CPT	21/02/2026	Swartland Invitational Gala 2026
559	1:18.56	L	F	An An Wu	8	CASC	CPT	29/11/2025	CTA B CHAMPS 2025
560	1:18.97	L	F	Yan-Cing Wong	8	HAAG	UTD	31/01/2026	UThukela District Gala 4
561	1:19.09	L S	P	Iviwe Nobongoza	10	FAC	EKU	04/12/2025	EGA Summer Championships 2025
562	1:19.18	L	F	Elke Vorster	7	HPS	TSH	05/12/2025	2025 The Tshwane Mayor's Gala
563	1:19.26	L	F	Reitumetse Thakalekoala	9	PELIC	MAN	05/09/2025	Bullsharks Gala
564	1:19.55	L	F	Eden Ehlers	8	BLSS	MAN	23/01/2026	Mangaung Gala
565	1:19.68	L	F	Annabelle Landman	10	FISH	EDD	22/11/2025	Eden LC Champs 2025
566	1:20.59	L	P	Micah van der Walt	7	RBOT	BPD	06/12/2025	NWS Championships 2025
567	1:20.61	L	F	Marli Loubser	9	ELRAS	WBD	27/09/2025	Limpopo Age Group 4 of 2025/26
568	1:20.79	L	F	Elmien Oosthuizen	9	WRP	EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2
569	1:20.81	L	F	Kieno Auth	8	NSAD	EZD	28/02/2026	SSA LEVEL 1 REGIONAL CHAMPS 2
570	1:20.85	L	F	Xenia Basson	7	SS	MPD	28/11/2025	Limpopo Champs 2025
571	1:21.24	L	F	Leah-Mari van Deventer	9	SS	MPD	28/11/2025	Limpopo Champs 2025
572	1:21.94	L	F	Ghaida Zanati	9	MATL	KKD	28/02/2026	NWS Last Chance 2026
573	1:22.35	L	F	Sauliha Harris	9	WSS	LLD	14/11/2025	Valsrivier Gala
574	1:22.72	L	F	Liyema Mtawali	8	AQUA	UTD	21/02/2026	Uthukela District Gala 5
575	1:23.11	L	F	Miekene Van Der Walt	8	FAAC		21/02/2026	AGE GROUP 6 KBY 2026
576	1:23.32	L	F	Ntumba-Dilia Tshiala	9	ANAX	CPT	22/11/2025	Swartland Prestige Gala 2025
577	1:23.46	L	F	Bandile Zungu	10	HAAG	UTD	30/03/2026	KZNA Level 1 Championships
578	1:23.55	L	F	Sthandwesihle Khumalo	8	SHARP	UTD	21/02/2026	Uthukela District Gala 5
579	1:23.75	L	F	Israh Abrahams	8	MARL	CPT	09/10/2025	44th Freda Barnard Invitational Gala
580	1:23.92	L	F	Mila Van Tonder	8	TASC	MPD	31/01/2026	Limpopo School Champs & Limpopo A
581	1:25.80	L	F	Mila Vosloo	10	UPSK	ZMD	21/02/2026	AGE GROUP 6 UPT 2026 - copied
582	1:26.52	L	F	Divine Ogiorumua	9	HARL	BUF	28/11/2025	BCA Long Course Championships 202
583	1:27.11	L	F	Thatego Letsholo	7	KSSC	FBD	21/02/2026	AGE GROUP 6 KBY 2026
584	1:28.86	L	F	Kwandokuhle Sithole	8	AQUA	UTD	06/12/2025	UThukela District Age Group 3
585	1:29.22	L	F	Cara - Mari Van Der Westhuizen	8	JOIEC		31/10/2025	UPINGTON PRESTIGE GALA 2025
586	1:29.30	L	F	Zelindi Botha	8	WELA	LLD	23/08/2025	KOVSIE GALA
587	1:29.49	L	F	Gabisile Moshane	9	WELA	LLD	10/10/2025	Super Seals Annual Gala
588	1:32.37	L	F	Klara Van Deventer	7	SS	MPD	28/11/2025	Limpopo Champs 2025
589	1:32.67	L	F	Esmeralda van Niekerk	9	AWIN	TSH	13/02/2026	NTS Level 1+2 February Age Group 21
590	1:36.83	L	F	Tinita Swanepoel	7	AOLY	TSH	05/12/2025	2025 The Tshwane Mayor's Gala
591	1:38.84	L	F	Molly O'Tool	7	WELA	LLD	14/11/2025	Valsrivier Gala
592	1:39.17	L	F	Marne Britz	7	KSSC	FBD	21/11/2025	AGE GROUP 2 & 3 KIMBERLEY - cop
593	1:39.74	L	F	Mari-Lienke Korff	8	TASC	MPD	28/11/2025	Limpopo Champs 2025
594	1:41.01	L	F	Raine Engelbrecht	10	UPSK	ZMD	21/02/2026	AGE GROUP 6 UPT 2026 - copied
595	1:41.40	L	F	Ebunoluwa Zungu	8	ANAX	CPT	22/11/2025	Swartland Prestige Gala 2025
596	1:49.50	L	F	Lisa Bekker	10	KALA		14/02/2026	KALAHARI CLASSIC 2026
597	1:49.67	L	F	Thatego Moseki	9	FAAC		23/08/2025	KOVSIE GALA

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
598	1:50.96 L	F	Brayleigh Stevens	10	KHAY CPT	09/10/2025	44th Freda Barnard Invitational Gala
599	1:50.99 L	F	Kaone Molosi	8	UPSK ZMD	07/02/2026	NC SPRINTS 2026
600	1:54.20 L	F	Lianke Maritz	8	JOIEC	17/01/2026	AGE GROUP 5 UPT 2026
601	1:57.96 L	F	Asante Mangena	7	SS MPD	28/11/2025	Limpopo Champs 2025
Women 18 & Under 100 Breast							
1	1:36.69 L	F	Tyla Grobler	10	BEST NMA	09/10/2025	44th Freda Barnard Invitational Gala
2	1:36.99 L	F	Emma Cox	10	TUKS FSH	05/12/2025	2025 The Tshwane Mayor's Gala
3	1:37.28 L	F	Bethany Pierce	10	USC BUF	12/12/2025	NMBA Championships 2025
4	1:37.70 L	F	Sophia Potgieter	9	SS MPD	29/03/2026	SA Level 2 Regional Age Group Cham
5	1:38.18 L	F	Tinashe Ngwenya	10	TUKS FSH	29/03/2026	SA Level 2 Regional Age Group Cham
6	1:38.47 L	F	Lukholo Ratsibe	10	USC BUF	06/03/2026	SA Level 2 Regional Age Group Cham
7	1:39.07 L	F	Sofiyyah Bodiat	10	MDOL JHB	29/03/2026	SA Level 2 Regional Age Group Cham
8	1:40.29 L	F	Aryah Naidoo	10	USC BUF	06/03/2026	SA Level 2 Regional Age Group Cham
9	1:41.23 L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026	SA Level 2 Regional Age Group Cham
10	1:41.50 L	P	Nina Moodley	10	AAS JHB	29/03/2026	SA Level 2 Regional Age Group Cham
11	1:41.58 L	F	Ayana Mandeane	10	HARL BUF	28/11/2025	BCA Long Course Championships 202
12	1:42.07 L	P	Emma Reling	10	BULS MAN	30/03/2026	SA Level 2 Regional Age Group Cham
13	1:42.26 L	F	Anzel Swiegers	10	FSA FS	31/01/2026	4+1 INTERPROVINCIAL GALA 2026
14	1:42.39 L	F	Ava Maritz	10	CTO CPT	06/02/2026	WCA-B Champs - 2026
15	1:42.46 L	F	SCARLETT MAC DONALD	10	EDEN ED	10/01/2026	NMBA INTER-DISTRICT PRESTIGE (
16	1:43.21 L	F	Sadie Govender	10	AZON ETH	31/03/2026	SA Level 2 Regional Age Group Cham
17	1:43.30 L	P	Lente Keun	10	VINE CPT	04/12/2025	Western Cape LC-A Championship 20
18	1:43.69 L	P	Mila Wright	10	TYGE CPT	06/03/2026	SA Level 2 Regional Age Group Cham
19	1:43.73 L	P	Taylor Geswind	10	USC BUF	06/03/2026	SA Level 2 Regional Age Group Cham
20	1:43.91 L	P	Kayla Coutts	10	BLMA CPT	06/03/2026	SA Level 2 Regional Age Group Cham
21	1:44.21 L	F	Armani Jones	10	XCEL CPT	06/02/2026	WCA-B Champs - 2026
22	1:44.40 L	F	Olivia Mason	10	AZON ETH	31/03/2026	SA Level 2 Regional Age Group Cham
23	1:45.02 L	F	Aria Perdijk	9	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :
24*	1:45.08 L	F	Talin Maatouk	10	SASE JHB	27/11/2025	CGA Championships 2025
24*	1:45.08 L	F	Alessandra De Dominicis	10	CRSC JHB	27/11/2025	CGA Championships 2025
26	1:45.12 L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026	Limpopo School Champs & Limpopo A
27	1:45.13 L	P	Justina Robin	10	PEAS NMA	06/03/2026	SA Level 2 Regional Age Group Cham
28	1:45.93 L	P	Kendall Perrins	10	CASC CPT	06/03/2026	SA Level 2 Regional Age Group Cham
29	1:46.37 L	P	Zuri Taylor	10	TCA EKU	04/12/2025	EGA Summer Championships 2025
30*	1:46.82 L	F	Amelia Figueiredo	10	PSCP UMD	31/03/2026	SA Level 2 Regional Age Group Cham
30*	1:46.82 L	F	Karli Botha	10	KALA	30/03/2026	SA Level 2 Regional Age Group Cham
32	1:47.00 L	F	Willow Landman	10	AA JHB	27/11/2025	CGA Championships 2025
33	1:47.03 L	F	Marli Swiegers	8	BULS MAN	28/02/2026	FSA LEVEL 1 2026
34	1:47.28 L	F	Annabelle Johnson	10	BLUO UGD	31/03/2026	SA Level 2 Regional Age Group Cham
35	1:47.33 L	F	Imone Venter	10	RBOT BPD	30/03/2026	SA Level 2 Regional Age Group Cham
36	1:47.50 L	F	Livia Venter	10	LEGMA WBD	31/01/2026	Limpopo School Champs & Limpopo A
37	1:47.59 L	F	Jemima Muirhead	10	KNYA EDD	24/01/2026	EDEN 4th A-League Gala 2026
38	1:47.70 L	F	Enhle Mthembu	9	OHAN ILD	31/01/2026	uShaka Champs 2026
39	1:47.73 L	F	Leah Spangenberg	9	XCEL CPT	06/02/2026	WCA-B Champs - 2026
40	1:47.76 L	P	Nicole Eleftheriou	10	HARL BUF	06/03/2026	SA Level 2 Regional Age Group Cham
41	1:47.87 L	P	Ziané Boshoff	10	TINC FSH	29/03/2026	SA Level 2 Regional Age Group Cham
42	1:48.05 L	P	Bailey Stoltz	9	PER JHB	29/03/2026	SA Level 2 Regional Age Group Cham
43	1:48.24 L	F	Alyx Cupido	10	BLNE MAN	30/03/2026	SA Level 2 Regional Age Group Cham
44	1:48.31 L	F	Chelsea Jansen Van Vuuren	10	SEAL UMD	06/10/2025	Seagulls Winter Championships 2025
45	1:48.38 L	P	Janika Roux	10	DORE JHB	29/03/2026	SA Level 2 Regional Age Group Cham
46	1:48.76 L	P	Amice Seaman	9	UNIU EZD	05/12/2025	Mpumalanga Championships 2025
47	1:48.89 L	P	Ava O'Brien	10	MDOL JHB	29/03/2026	SA Level 2 Regional Age Group Cham
48	1:48.98 L	P	Rouxi Dong	10	ESP EKU	29/03/2026	SA Level 2 Regional Age Group Cham
49	1:49.11 L	P	Sofia Grebe	10	CUHE OBD	06/03/2026	SA Level 2 Regional Age Group Cham
50	1:49.32 L	F	Riley Makwakwa	9	TUKS FSH	03/10/2025	NTS Level 1+2 October Age Group 20
51*	1:49.48 L	P	Erynn Clancy	10	DRGN EKU	29/03/2026	SA Level 2 Regional Age Group Cham
51*	1:49.48 L	F	Rainn Hughes	10	BARR CPT	29/11/2025	CTA B CHAMPS 2025
53	1:49.58 L	F	Henriette Odendaal	10	QSSC CPT	17/01/2026	CTA BRIAN BUTTON Qualifying Meet
54	1:49.66 L	F	Eva De Angelis	BR	VASA EKU	22/11/2025	EGA Summer 3 & 4

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
55	1:49.75	L	P	Leah Schley	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
56	1:49.80	L	F	Mwangala Semenova	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
57	1:50.05	L	F	Sophia Greeff	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
58	1:50.10	L	F	Liv Hamilton	9	EXP TSH	28/02/2026 AG Level 1 Regional Competition 2026
59	1:50.11	L	P	Emily Hattingh	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
60	1:50.28	L	F	Aniek Myburgh	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
61	1:50.31	L	P	Quinn Smith	9	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
62	1:50.34	L	F	Julie-Anne Loots	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
63	1:50.46	L	P	Pheladi Manoko	10	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
64	1:50.57	L	F	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham
65	1:50.82	L	F	Emelia Veaudry	10	HARL BUF	28/11/2025 BCA Long Course Championships 2025
66	1:51.02	L	F	Jala Olivier	10	OLDE JHB	14/02/2026 CGA Last Chance
67	1:51.05	L	F	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
68	1:51.10	L	F	Elke Bochmann	10	OHAN ILD	31/01/2026 uShaka Champs 2026
69	1:51.21	L	P	Tiffany Mujati	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
70	1:51.24	L	F	Ashley Trollip	10	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
71	1:51.28	L	F	Ankia Slabbert	10	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
72	1:51.31	L	P	Jennifer Williams	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
73	1:51.47	L	F	Eva Coates	10	WAC EDD	30/01/2026 Infinity Gala 2026
74	1:51.56	L	P	Layla Abrahams	10	INFA NMA	06/03/2026 SA Level 2 Regional Age Group Cham
75	1:51.64	L	P	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
76*	1:51.92	L S	F	Cressida Mitchell	10	VINE CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
76*	1:51.92	L	F	Karen Kieviet	10	GREY CPT	22/11/2025 Swartland Prestige Gala 2025
78	1:52.05	L	P	Holly Durandt	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
79	1:52.15	L	P	Alexandra Evans	10	RACE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
80	1:52.17	L	F	Aria Mossay	10	UWCA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
81	1:52.21	L	P	Mmangaliso Mkhize	9	SGUL ETH	31/03/2026 SA Level 2 Regional Age Group Cham
82	1:52.24	L	F	Mia Linder	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
83	1:52.25	L	P	Isabella Bowles	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
84	1:52.43	L	F	Cathrine Van der Merwe	10	ESA CED	06/02/2026 WCA-B Champs - 2026
85	1:52.53	L	P	Hanneli Van der Watt	10	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
86	1:52.54	L	P	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	06/03/2026 SA Level 2 Regional Age Group Cham
87	1:52.57	L	F	Alexis Scheepers	9	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
88	1:52.64	L	F	Hayley Couzens	9	WSTV ETH	15/11/2025 KZN Junior Championships 2025
89	1:52.91	L	P	Elizabeth Laubscher	10	GREY CPT	06/03/2026 SA Level 2 Regional Age Group Cham
90	1:53.05	L	F	Alana Bam	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
91	1:53.12	L	F	Luzay Gerber	10	BEST NMA	30/01/2026 Infinity Gala 2026
92	1:53.18	L	P	Jade Botha	10	SFSA JHB	27/11/2025 CGA Championships 2025
93	1:53.36	L	F	Gopolang Mamogale	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
94	1:53.40	L	F	Emily Goosen	10	BCA BUF	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
95	1:53.42	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
96	1:53.68	L	F	Ava Els	10	BEST NMA	18/10/2025 4th A League Gala 2025
97	1:53.69	L	P	Emily Mijatovic	10	H2O EKU	29/03/2026 SA Level 2 Regional Age Group Cham
98	1:53.91	L	P	Skyler Shelton	10	ESTR EKU	04/12/2025 EGA Summer Championships 2025
99	1:53.97	L	P	Ella Rundle	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
100	1:54.00	L	F	Mieke Labuschagne	10	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
101	1:54.12	L	P	Rouxvé Henn	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
102	1:54.13	L	F	Lilani Wolmarans	10	PEAS NMA	18/10/2025 Fish Eagles Short Course Gala 2025
103	1:54.14	L	P	Minay Boshoff	10	DDA TSH	29/03/2026 SA Level 2 Regional Age Group Cham
104	1:54.16	L	F	Maia Bull	9	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
105	1:54.18	L	P	Adelène Baard	8	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
106	1:54.24	L	P	Minke Swart	9	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
107	1:54.28	L	F	Klara Meindersma	10	AWIN TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
108	1:54.33	L	F	Lynise Erasmus	10	WELA LLD	30/03/2026 SA Level 2 Regional Age Group Cham
109	1:54.58	L	F	Kuno Moleme	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
110	1:55.00	L	F	Savanah Davies	9	ASAC CPT	06/02/2026 WCA-B Champs - 2026
111	1:55.05	L	P	Ingrid Filter	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
112	1:55.09	L	F	Penelope Synodinos	9	CASC CPT	06/02/2026 WCA-B Champs - 2026
113	1:55.14	L	F	Leah De Wet	10	FISH EDD	22/11/2025 Eden LC Champs 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
114	1:55.16	L	F	Jane Barnard	10	CSA EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
115	1:55.24	L	F	Ziyanda Mtetwa	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
116	1:55.30	L	P	Nina Bosch	10	DRGN JHB	27/11/2025 CGA Championships 2025
117	1:55.51	L	P	Madison Grobler	10	TCA ECU	29/03/2026 SA Level 2 Regional Age Group Cham
118	1:55.79	L	P	Elmi van Heerden	10	BS LLD	30/03/2026 SA Level 2 Regional Age Group Cham
119	1:55.80	L	F	Stephanie Lewies	8	TINC TSH	28/02/2026 AG Level 1 Regional Competition 2026
120*	1:56.01	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
120*	1:56.01	L	F	Heidi Du Toit	10	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
122	1:56.04	L	F	Daniella Govender	10	BEAV ETH	31/01/2026 uShaka Champs 2026
123	1:56.08	L	F	Livia Mare	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
124	1:56.25	L	F	Simoné Van der Bank	9	TKS WBD	28/11/2025 Limpopo Champs 2025
125	1:56.48	L	P	Madison Mc Carthy	10	MAKO ECU	29/03/2026 SA Level 2 Regional Age Group Cham
126	1:56.86	L	F	Melanie Madenyika	10	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
127	1:56.99	L	F	Liani Van Deventer	10	TUKS TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
128	1:57.10	L	F	Holly Oliphant	10	PAC TSH	31/10/2025 NTS Level 1+2 November Age Group :
129	1:57.13	L	F	Lillian Gregory	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
130	1:57.28	L	F	Paigan Stols	9	TKS WBD	28/11/2025 Limpopo Champs 2025
131	1:57.34	L	F	Mareli Janse van Rensburg	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
132	1:57.54	L	F	Mila Jooste	8	GREY CPT	06/02/2026 WCA-B Champs - 2026
133	1:57.76	L	P	Vida - Ani Markgraaff	10	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
134	1:57.87	L	F	Ché Sebastiao	8	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
135	1:58.08	L	P	Amelia Deiner	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
136	1:58.15	L	F	Genevieve Joubert	10	RFA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
137*	1:58.38	L	F	Meklit Woldemariam	10	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
137*	1:58.38	L	P	Jumari Du Toit	10	STGR XRD	30/03/2026 SA Level 2 Regional Age Group Cham
139	1:58.41	L	F	Olivia Lamprecht	9	WAC EDD	08/11/2025 EDEN 3rd A-League Gala 2025
140	1:58.44	L	P	Yolla Mario	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
141	1:58.86	L	F	Zivah Carson	10	BULS MAN	03/12/2025 Free State Champs 2025
142	1:58.95	L	P	Onalerona Gorewang	10	NWUC KKD	30/03/2026 SA Level 2 Regional Age Group Cham
143	1:58.98	L	P	Kirei Burgess	10	CA ECU	04/12/2025 EGA Summer Championships 2025
144	1:59.01	L	F	Amelie Greeff	10	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
145	1:59.09	L	F	Abigail Ninkovic	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
146	1:59.13	L	F	Ntwanano Chauke	9	DORE JHB	28/02/2026 AG Level 1 Regional Competition 2026
147	1:59.14	L	P	Miah Engelbrecht	9	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
148	1:59.18	L	P	Khumo Mogane	10	MAKO ECU	29/03/2026 SA Level 2 Regional Age Group Cham
149	1:59.24	L	F	Rosemary Nelson	10	PEAS NMA	30/08/2025 Madibaz Swim Meet 2025
150	1:59.36	L	F	Irma-Ann Orffer	10	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
151	1:59.40	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
152	1:59.47	L	F	Alisha Nell	10	BLMA CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
153	1:59.57	L	F	Mila Van Zyl	9	BS LLD	28/02/2026 FSA LEVEL 1 2026
154	1:59.63	L S	F	Rebecca Lawson	10	CTO CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
155	1:59.65	L	F	Michaela Johnson	10	AAS JHB	14/02/2026 CGA Last Chance
156	1:59.66	L	F	Mekayla Van der Bank	10	TKS WBD	25/10/2025 Limpopo Age Group 5 of 2025/26
157	1:59.89	L	F	Thalia Yiorakas	10	BLOT MAN	03/12/2025 Free State Champs 2025
158	1:59.92	L	F	Emily Rushin	10	HURAQ CPT	06/02/2026 WCA-B Champs - 2026
159	2:00.08	L	P	Bohlale Mofokeng	10	JAQ ECU	04/12/2025 EGA Summer Championships 2025
160	2:00.11	L	F	Lia Geldenhuys	10	BULS MAN	23/01/2026 Mangaung Gala
161	2:00.38	L	P	Lua Smith	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
162	2:00.48	L	P	Car - Li Roux	9	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
163	2:00.50	L	F	Nolwazi Sinxi	10	DRGN ECU	28/02/2026 AG Level 1 Regional Competition 2026
164	2:00.51	L	P	Sakeenah Du Toit	10	UWCA CPT	06/03/2026 SA Level 2 Regional Age Group Cham
165	2:00.55	L	F	Amee De Fortier	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
166*	2:00.66	L	P	Mila De Kock	10	CA ECU	04/12/2025 EGA Summer Championships 2025
166*	2:00.66	L	F	Ava Kruger	10	ESA CED	22/11/2025 Swartland Prestige Gala 2025
168	2:00.75	L	F	Juliette Spencer	9	CYBE CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
169	2:00.81	L	F	Calynn Harvett	10	STAQ CED	13/02/2026 Winelands SL Fin - February 2026 - cc
170	2:00.86	L	F	Daniella Da Silva	8	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
171	2:00.87	L	F	Ziane Geldenhuys	10	SFSC CPT	06/02/2026 WCA-B Champs - 2026
172	2:00.91	L	F	Ava-Grace Sanders	10	GREY CPT	13/02/2026 Winelands SL Fin - February 2026 - cc

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
173	2:00.93	L	F	Kayla Fouche	10	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
174	2:01.02	L	P	Amy Dawson	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
175	2:01.04	L	F	Ava Greyvenstein	9	USC BUF	12/12/2025 NMBA Championships 2025
176	2:01.09	L	F	Harlee Hodgson	9	OHAN ILD	31/01/2026 uShaka Champs 2026
177	2:01.15	L	F	Umo Ramotlou	10	SOUL EKU	22/11/2025 EGA Summer 3 & 4
178	2:01.22	L	F	Adanje Du Plessis	10	BRAVE CED	21/02/2026 Swartland Invitational Gala 2026
179	2:01.24	L	F	Gabrealle Coetzee	10	BEARS TSH	31/10/2025 NTS Level 1+2 November Age Group :
180	2:01.26	L	F	Shay Grobler	9	ASAC CPT	06/02/2026 WCA-B Champs - 2026
181	2:01.43	L	F	Maria Ferreira	9	GHS BPD	13/02/2026 NW School Championships 2026
182	2:01.77	L	F	Yandzisa Sambo	10	UNI EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
183	2:01.80	L	P	Rachel Coleman	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
184	2:01.81	L	F	Olivia Schoultz	9	CA EKU	22/11/2025 EGA Summer 3 & 4
185	2:01.83	L	F	Loyed Negash	10	BARA EKU	22/11/2025 EGA Summer 3 & 4
186	2:01.87	L	P	Mia Oswald	8	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
187*	2:01.92	L	F	Luthando Khoza	9	MAKO EKU	04/12/2025 EGA Summer Championships 2025
187*	2:01.92	L	F	Lua Haasbroek	10	BLSS MAN	10/10/2025 Super Seals Annual Gala
189	2:02.37	L	F	Ava Maasdorp	10	HPS TSH	28/02/2026 AG Level 1 Regional Competition 2026
190	2:02.42	L	F	Kayla Snoeck Henkemans	9	TUKS TSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
191	2:02.73	L	F	Nsovo Mabasa	9	UNIC CCD	31/01/2026 Limpopo School Champs & Limpopo A
192	2:02.74	L	P	Siennah Allen	10	SFSA JHB	27/11/2025 CGA Championships 2025
193	2:02.77	L	F	Kaylin Keyser	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
194	2:02.87	L	F	Ariana Yiorkas	8	BLOT MAN	24/10/2025 Neptunes Gala
195	2:02.92	L	F	Callie Gomes	7	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
196	2:03.24	L	F	Carli Roos	10	CPSC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
197	2:03.33	L	F	Elaine Jacobs	10	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
198	2:03.42	L	F	Ngwekazi Mthiyane	10	ASA ILD	31/01/2026 uShaka Champs 2026
199	2:03.73	L	F	Larissa Botha	10	BLMA CPT	22/11/2025 Swartland Prestige Gala 2025
200	2:03.74	L	F	Denni Kriel	8	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
201	2:03.85	L	F	Amelia Visagie	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
202	2:03.87	L	F	Jamie Pentz	10	BLOT MAN	03/12/2025 Free State Champs 2025
203	2:03.98	L	P	Mila Coetzee	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
204	2:04.25	L	P	Kganya Sekgobela	9	CA EKU	04/12/2025 EGA Summer Championships 2025
205	2:04.36	L	P	Kaylee Engelbrecht	9	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
206	2:04.56	L	F	Hannah Allison	8	BEST NMA	16/08/2025 2nd A League Gala 2025
207	2:04.59	L	P	Olivia-Reign Thomson	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
208	2:04.66	L	F	Amelia Moodley	10	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
209	2:04.67	L	F	Amahle Jali	10	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
210	2:04.71	L	F	Lisa Hanekom	10	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
211	2:04.75	L	F	Dimpho Molepo	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
212	2:04.76	L	F	Niki Eastman	8	SS MPD	28/11/2025 Limpopo Champs 2025
213	2:04.82	L	F	Sophia Wustefeld-Janssens	10	STAQ CED	22/11/2025 Swartland Prestige Gala 2025
214	2:04.99	L	F	Siana Dowle	10	SS MPD	25/10/2025 Limpopo Age Group 5 of 2025/26
215	2:05.03	L	F	Misha Howard	8	TKS WBD	28/11/2025 Limpopo Champs 2025
216	2:05.08	L	F	Klarabelle van Heerden	10	BEARS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
217	2:05.14	L	F	Ashley Goller	10	TUKS TSH	03/10/2025 NTS Level 1+2 October Age Group 20
218	2:05.54	L	F	Katja Marcus	10	MDOL JHB	14/02/2026 CGA Last Chance
219	2:05.62	L	F	Bernnet Worku	10	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
220	2:05.63	L	P	Luane' Griessel	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
221	2:05.68	L	F	Erin Goller	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
222	2:05.86	L	F	Lumay De Beer	9	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
223	2:06.03	L	F	Jahne Fick	10	JOIEC	07/02/2026 NC SPRINTS 2026
224	2:06.11	L	F	Willow Bezuidenhout	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
225	2:06.24	L	F	Emily Jacobs	10	VINE CPT	06/02/2026 WCA-B Champs - 2026
226	2:06.25	L	F	Anje Bartmann	10	SWAR WCD	06/02/2026 WCA-B Champs - 2026
227	2:06.30	L	F	Emma Holt	9	TRAZ TSH	13/02/2026 NTS Level 1+2 February Age Group 21
228	2:06.32	L	F	Emma Potgieter	8	ESA CED	24/01/2026 Drakenstein Invitational - copied
229	2:06.34	L	F	Xama Vanda	10	SRAY BUF	28/11/2025 BCA Long Course Championships 2025
230	2:06.35	L	F	Adalyn Shelton	8	ESTR EKU	04/12/2025 EGA Summer Championships 2025
231	2:06.48	L	F	Adele Van der Merwe	10	PSA ZLD	30/03/2026 KZNA Level 1 Championships

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
232	2:06.50	L	F	Reine Fensham	9	RBOT BPD	28/02/2026	NWS Last Chance 2026
233	2:06.51	L	F	Olivia De Witt	9	BLSS MAN	28/02/2026	FSA LEVEL 1 2026
234	2:06.56	L	F	Cara Swanepoel	10	UNI EZD	30/01/2026	AG 5 MP SA SCHOOLS TRIALS 30 J
235	2:06.58	L	P	Madison Van Den Berg	9	ACES ETH	31/03/2026	SA Level 2 Regional Age Group Cham
236	2:06.65	L	F	Hope Koopman	10	LEGC ETH	31/01/2026	uShaka Champs 2026
237	2:06.66	L	P	Keira Damons	10	BLNE MAN	30/03/2026	SA Level 2 Regional Age Group Cham
238	2:06.73	L	F	Lethabo Mokoena	9	FAC EKU	28/02/2026	AG Level 1 Regional Competition 2026
239	2:06.78	L	F	Lara Van Viegen	10	BLSS MAN	03/12/2025	Free State Champs 2025
240	2:06.96	L	F	Hemre Welman	10	BULS MAN	10/10/2025	Super Seals Annual Gala
241	2:07.00	L	F	Josie Faught	10	USC BUF	24/01/2026	BCA January Age Group Gala 2026
242	2:07.04	L	F	Amelia Hawksley	9	TYGE CPT	29/11/2025	CTA B CHAMPS 2025
243	2:07.09	L	F	Emmaline Kotze	8	CHSA CPT	06/02/2026	WCA-B Champs - 2026
244	2:07.37	L	P	Thatum Smith	9	BULS MAN	30/03/2026	SA Level 2 Regional Age Group Cham
245	2:07.46	L	F	Isabella Lacey	9	FRA KCD	07/02/2026	KCDA Age Group 5 2026
246	2:07.50	L	F	Chanique Steele	10	CASC CPT	06/02/2026	WCA-B Champs - 2026
247	2:07.51	L	F	Alexis Barendse	9	KABE NMA	14/03/2026	Level 1 District Age Group Gala 2026
248	2:07.74	L	F	Morgan Ranner	8	ESP EKU	28/02/2026	AG Level 1 Regional Competition 2026
249	2:07.76	L	P	McKenzie Clark	10	CTO CPT	06/03/2026	SA Level 2 Regional Age Group Cham
250	2:07.84	L	F	Scarlett Jungnicz	10	SEAL UMD	30/03/2026	KZNA Level 1 Championships
251	2:07.87	L	F	Anja Bochmann	9	OHAN ILD	31/01/2026	uShaka Champs 2026
252	2:07.92	L	P	Kara Spies	10	HARB BPD	30/03/2026	SA Level 2 Regional Age Group Cham
253*	2:07.96	L	F	Sarélda Velthuysen	10	SS MPD	31/01/2026	Limpopo School Champs & Limpopo A
253*	2:07.96	L	F	Hannah Kroon	8	AGAQ OBD	21/02/2026	Swartland Invitational Gala 2026
255	2:07.97	L	F	Lily Erasmus	10	PELIC MAN	28/02/2026	FSA LEVEL 1 2026
256	2:08.18	L	F	Anja Pieterse	9	BLUO UGD	30/03/2026	KZNA Level 1 Championships
257	2:08.27	L	F	Lesego Magwaza	10	H2O EKU	28/02/2026	AG Level 1 Regional Competition 2026
258	2:08.40	L	F	Adeleen Erasmus	9	RFA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
259	2:08.42	L	P	Colien Nyamunda	10	UNI EZD	05/12/2025	Mpumalanga Championships 2025
260	2:08.69	L	F	Ninke Botha	10	SWAR WCD	21/02/2026	Swartland Invitational Gala 2026
261	2:09.03	L	F	Milay Van der Merwe	9	VASTR BPD	13/02/2026	NW School Championships 2026
262	2:09.20	L	F	Kiana De La Rouviere	10	SUMW NMA	14/03/2026	Level 1 District Age Group Gala 2026
263	2:09.63	L	F	Sakinah Gamielidien	9	MARL CPT	28/06/2025	PEA Winter Gala 2025
264	2:09.81	L	F	Riley Whittle	9	VINE CPT	29/11/2025	CTA B CHAMPS 2025
265	2:09.84	L	F	Hadassah Ragavan	10	KLOO ETH	31/01/2026	uShaka Champs 2026
266	2:09.88	L	F	Lukhanyo Dladla	8	CSA EZD	13/02/2026	MP AGE GROUP 6 GALA 13-14 FEBF
267	2:09.89	L	F	Cari van der Merwe	10	SWAR WCD	21/02/2026	Swartland Invitational Gala 2026
268	2:09.92	L	F	Ellie van der Mescht	10	PEAS NMA	28/06/2025	PEA Winter Gala 2025
269	2:10.02	L	P	Jelanri Du Toit	9	CSA EZD	05/12/2025	Mpumalanga Championships 2025
270	2:10.07	L	F	Sibandle Msiza	9	H2O EKU	28/02/2026	AG Level 1 Regional Competition 2026
271	2:10.08	L	F	Isabella Engela	10	CASC CPT	06/02/2026	WCA-B Champs - 2026
272	2:10.09	L	F	Isabelle Hooghiemstra	9	POTC KKD	06/12/2025	NWS Championships 2025
273	2:10.15	L	F	Lize' Husselmann	10	PELIC MAN	23/01/2026	Mangaung Gala
274	2:10.32	L	F	Karli Annandale	9	BLSS MAN	28/02/2026	FSA LEVEL 1 2026
275	2:10.41	L	F	Nobanzi Mnisi	10	TUKS TSH	13/02/2026	NTS Level 1+2 February Age Group 21
276	2:10.55	L	F	Ava Mitchell	10	TUKS TSH	03/10/2025	NTS Level 1+2 October Age Group 20
277	2:10.59	L	F	Amélie Smith	9	TUKS TSH	14/11/2025	NTS Level 3+ November Age Group G
278	2:10.63	L	F	Zahn Potgieter	10	DDA TSH	31/10/2025	NTS Level 1+2 November Age Group :
279	2:10.70	L	F	Kristebelle Stander	9	DDA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
280	2:10.75	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026	NW School Championships 2026
281	2:10.77	L	F	Annamy vd Merwe	9	MCSP BPD	13/02/2026	NW School Championships 2026
282	2:11.04	L	F	Klarah Geldenhuys	9	ACAQ CCD	31/01/2026	Limpopo School Champs & Limpopo A
283	2:11.10	L	F	Zanay Harmse	9	BEARS TSH	28/02/2026	AG Level 1 Regional Competition 2026
284	2:11.14	L	F	Ava-Leigh de Kock	8	LSM EZD	13/02/2026	NW School Championships 2026
285	2:11.19	L	F	Brooklyn Sopio	9	RETR CPT	29/11/2025	CTA B CHAMPS 2025
286	2:11.22	L	F	Evelyn Du Plessis	10	FSE KCD	07/02/2026	KCDA Age Group 5 2026
287	2:11.30	L	P	Riley-Jane Smit	10	SEAL UMD	31/03/2026	SA Level 2 Regional Age Group Cham
288	2:11.53	L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	29/11/2025	CTA B CHAMPS 2025
289	2:11.57	L	F	Clara Kraamwinkel	9	RFA TSH	05/12/2025	2025 The Tshwane Mayor's Gala
290	2:11.58	L	F	Mathabo Marutla	10	FAC EKU	28/02/2026	AG Level 1 Regional Competition 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
291	2:11.79	L	P	Esmere Maritz	10	JOIEC	30/03/2026 SA Level 2 Regional Age Group Cham
292	2:11.89	L	F	Keziah Rae Steyn	9	WAC EDD	22/11/2025 Eden LC Champs 2025
293	2:12.07	L	F	Chaney Nathan	10	FISH EDD	22/11/2025 Eden LC Champs 2025
294	2:12.30	L	F	Imaan Mosaval	10	WALM CPT	29/11/2025 CTA B CHAMPS 2025
295	2:12.35	L	F	Thandolwethu Teto	10	FAC EKU	22/11/2025 EGA Summer 3 & 4
296	2:12.43	L	F	Isabelle Green	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
297	2:12.53	L	F	Sofia Daniels	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
298	2:12.62	L	F	Mosa Leshilo	9	TUKS FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
299	2:12.67	L	F	Adelaide Van Oosten	9	RFA FSH	28/02/2026 AG Level 1 Regional Competition 2026
300	2:12.76	L	F	Holly-May Cuninghame	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
301	2:12.93	L	F	Lee-Ann Du Plessis	10	RBUR BPD	06/12/2025 NWS Championships 2025
302	2:13.02	L	F	Caylee Thompson	8	BEST NMA	15/11/2025 5th A League Gala 2025
303	2:13.20	L	F	Carli Labuschagne	9	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
304	2:13.21	L	F	Hanné Alberts	10	VOLK NMA	14/03/2026 Level 1 District Age Group Gala 2026
305	2:13.47	L	F	Daniela Van Zyl	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
306	2:13.65	L	F	Hester Coetzee	10	WAC EDD	25/10/2025 Zasu 1st League OYDC 2025-26
307	2:13.77	L	F	Lushelle Karemaker	10	BARR CPT	29/11/2025 CTA B CHAMPS 2025
308	2:13.78	L	F	Engela Kieviet	8	GREY CPT	22/11/2025 Swartland Prestige Gala 2025
309	2:14.05	L	F	Liane Van Zyl	10	STAR BPD	22/11/2025 EGA Summer 3 & 4
310	2:14.08	L	F	Elani Vorster	9	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
311	2:14.09	L	F	Lexi Street	10	HPS FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
312	2:14.19	L	F	Carli Steenkamp	9	KALA	05/12/2025 NCASA CHAMPS 2025 - copied - copi
313*	2:14.24	L	P	Mmelwa Mtshweni	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
313*	2:14.24	L	F	Alison Rundle	10	HHPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
315	2:14.45	L	F	Morgan Mitchell-Innes	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
316	2:14.53	L	F	Madelie Ras	9	HREF BP	06/12/2025 NWS Championships 2025
317	2:14.64	L	F	Ane Van Lill	9	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
318	2:15.05	L	F	Eva Holman	9	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
319*	2:15.09	L	F	Zara Bayisayi	9	TCA EKU	28/02/2026 AG Level 1 Regional Competition 2026
319*	2:15.09	L	F	Milan Swart	9	ESA CED	24/01/2026 Drakenstein Invitational - copied
321	2:15.10	L	F	Alexia Ras	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
322	2:15.19	L	F	Jazz Claassen	9	CPPS NMA	14/03/2026 Level 1 District Age Group Gala 2026
323	2:15.45	L	F	Tshireletso Mogajane	9	TUKS FSH	31/10/2025 NTS Level 1+2 November Age Group :
324	2:15.48	L	F	Sarah Carelse	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
325	2:15.64	L	P	Arya Mohamed	8	TCA EKU	04/12/2025 EGA Summer Championships 2025
326	2:15.68	L	P	Muneiwa Thidiela	8	MAKO EKU	04/12/2025 EGA Summer Championships 2025
327	2:15.69	L	F	Katelyn Kunneke	8	HPS FSH	13/02/2026 NTS Level 1+2 February Age Group 21
328*	2:15.72	L	F	Lerato Nkwana	8	PEPPS CCD	31/01/2026 Limpopo School Champs & Limpopo A
328*	2:15.72	L	F	Ya'el Jooste	9	TASC MPD	28/11/2025 Limpopo Champs 2025
330	2:15.86	L	F	Meane Dreyer	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
331	2:15.91	L	F	Adia Theko	9	PELIC MAN	26/09/2025 Pelicans Gala..
332	2:15.98	L	F	Riley Henderson	10	TUKS FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
333	2:16.37	L	F	Ava Sookdeo	10	ESTR EKU	28/02/2026 AG Level 1 Regional Competition 2026
334	2:16.56	L	F	Daniella De Franca	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
335	2:16.60	L	F	Kiana De Amorim	10	PER JHB	28/02/2026 AG Level 1 Regional Competition 2026
336	2:16.63	L	F	Nina Vlok	8	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
337	2:16.79	L	F	Kate Pombo	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
338	2:17.21	L S	F	Hailey Alcock	10	SFSC CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
339	2:17.32	L	F	Mila Francisco	9	HPS FSH	28/02/2026 AG Level 1 Regional Competition 2026
340	2:17.51	L	F	Samantha Stasch	10	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
341	2:17.92	L	F	Mia van Eyssen	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
342	2:18.25	L	P	Rone Basson	10	AASC EZD	05/12/2025 Mpumalanga Championships 2025
343	2:18.30	L	F	Madelein Hanekom	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
344	2:18.54	L	F	Phathu Mabasaf	10	AWIN FSH	31/10/2025 NTS Level 1+2 November Age Group :
345	2:18.64	L	F	Courtney Andersen	9	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
346	2:19.22	L	F	Kaone Lesejane	10	HARB BPD	06/12/2025 NWS Championships 2025
347	2:19.41	L	F	Mia Williams	10	BLNE MAN	24/10/2025 Neptunes Gala
348	2:19.74	L	P	Milane Loock	9	NSAD EZD	05/12/2025 Mpumalanga Championships 2025
349	2:19.82	L	F	Zara Du Plessis	10	VINE CPT	29/11/2025 CTA B CHAMPS 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
350	2:20.02	L	P	Khumo Ranape	10	BAS EKU	04/12/2025 EGA Summer Championships 2025
351	2:20.09	L	F	Klara Van Rooyen	10	HPS FSH	13/02/2026 NTS Level 1+2 February Age Group 21
352	2:21.17	L	F	Ryleigh Ellenberger	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
353	2:21.22	L	F	Anja Kruger	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
354	2:21.29	L	F	Tersia Spies	9	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
355	2:21.35	L	F	Kylie Delport	9	LORR NMA	14/03/2026 Level 1 District Age Group Gala 2026
356	2:21.83	L	F	Madison Downs	8	HAAG UTD	31/01/2026 UThukela District Gala 4
357	2:22.13	L	F	Leandi Bender	9	RFA FSH	05/12/2025 2025 The Tshwane Mayor's Gala
358	2:22.50	L	F	Piper Freislich	9	KNYA EDD	04/10/2025 EDEN 1st A-League Gala 2025
359	2:22.83	L	F	Lilly Visser	8	JOIEC	17/01/2026 AGE GROUP 5 UPT 2026
360	2:23.44	L	F	Micah Bezuidenhout	9	ROA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
361	2:23.47	L	F	Ella Coetzee	8	WAC EDD	24/01/2026 EDEN 4th A-League Gala 2026
362	2:23.54	L	P	India Parr	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
363	2:23.89	L	F	Zione van Zyl	9	JOIEC	07/02/2026 NC SPRINTS 2026
364	2:24.28	L	F	Hilmari Barnard	9	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
365	2:24.44	L	F	Cara Hendricks	10	TYGE CPT	28/06/2025 PEA Winter Gala 2025
366	2:24.67	L	F	Mila Aucamp	8	AWIN FSH	28/02/2026 AG Level 1 Regional Competition 2026
367	2:25.28	L	F	Thoriso Senyakoe	7	ESP EKU	31/01/2026 EGA Last Chance Gala 2026
368	2:25.46	L	F	Corrali Duvenhage	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
369	2:25.72	L	F	Oluchi Nwankwoagu	10	TUKS FSH	31/10/2025 NTS Level 1+2 November Age Group :
370	2:26.27	L	F	Sibahle Dlamini	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
371	2:26.81	L	F	Yan-Ci Wong	10	HAAG UTD	21/02/2026 Uthukela District Gala 5
372	2:26.90	L	F	Ziyanda Mthembu	10	HAAG UTD	31/01/2026 UThukela District Gala 4
373	2:27.41	L	F	Sarah-Faye Lubbe	10	KTS	17/01/2026 AGE GROUP 5 KATHU 2026
374	2:27.78	L	F	Karliene Luttig	8	UPSK ZMD	17/01/2026 AGE GROUP 5 UPT 2026
375	2:27.87	L	F	Lize-Marie Du Plessis	10	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
376	2:27.97	L	F	Gizelle Roelofse	9	VRC FSH	03/10/2025 Swimpartners Gala (Blue vs White) Oc
377	2:28.00	L	F	Tessa Venter	10	ROA EDD	04/10/2025 EDEN 1st A-League Gala 2025
378	2:28.06	L	F	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025
379	2:28.16	L	F	Paledi Kutu	9	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
380	2:28.29	L	F	Olivia Walker	9	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
381	2:28.95	L	F	Lea Engelbrecht	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
382	2:29.06	L	F	Anja Nel	8	BETH FDD	26/09/2025 Pelicans Gala..
383	2:29.66	L	F	Kiara Leigh Schultz	9	PPARK BP	13/02/2026 NW School Championships 2026
384	2:29.74	L	F	Doyeong Baek	8	POTC KKD	06/12/2025 NWS Championships 2025
385	2:30.25	L	F	Avery Hutchison	8	GHSK	25/10/2025 FLAMINGO & GOODHOPE GALA 2026
386	2:30.59	L	F	Busisiwe Mosibi	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
387	2:30.66	L	F	Elize Pretorius	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
388	2:30.95	L	F	Lindi Marais	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
389	2:32.29	L	F	Risima Ngoveni	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
390	2:32.97	L	F	Kaylee Rozendaal	8	HAAG UTD	21/02/2026 Uthukela District Gala 5
391	2:33.50	L	F	Rethabile Letsoalo	10	SFSC CPT	21/02/2026 Swartland Invitational Gala 2026
392	2:33.65	L	F	Imine Dercksen	10	BETH FDD	05/09/2025 Bullsharks Gala
393	2:34.04	L	F	Lize Wolmarans	9	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
394	2:34.45	L	F	Maya Botha	10	KNYA EDD	22/11/2025 Eden LC Champs 2025
395	2:34.51	L	F	Anica MacRobert	9	KSTAR EDD	24/01/2026 EDEN 4th A-League Gala 2026
396	2:34.55	L	F	Kaymi Howard	7	TKS WBD	28/11/2025 Limpopo Champs 2025
397	2:35.15	L	F	Ava Mellet	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
398	2:35.64	L	F	Tshimologo Mabuse	10	TUKS FSH	13/02/2026 NTS Level 1+2 February Age Group 21
399	2:35.68	L	F	Mischke Ballot	10	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
400	2:35.74	L	F	Abigail Vermaak	10	KSC EZD	07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025
401	2:36.14	L	F	Sibahle Tsomele	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
402	2:38.37	L	F	Leané Rademeyer	9	KALA	07/02/2026 NC SPRINTS 2026
403	2:39.44	L	F	Khumo Mokone	9	FAC EKU	22/11/2025 EGA Summer 3 & 4
404	2:41.81	L	F	Ruby Doust	7	AQUA BUF	28/11/2025 BCA Long Course Championships 2026
405	2:42.44	L	F	Kayla Wissekerke	10	FRA KCD	30/03/2026 KZNA Level 1 Championships
406	2:42.78	L	F	Kenzie Klynveld	7	TKS WBD	28/11/2025 Limpopo Champs 2025
407	2:43.27	L	F	Taymar Samuels	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
408	2:43.31	L	F	Puno Magare	9	ACAQ CCD	31/01/2026 Limpopo School Champs & Limpopo A

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
409	2:43.72	L	F	Emke Nöthnagel	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
410	2:45.24	L	F	Micah van der Walt	7	LSB BP	13/02/2026 NW School Championships 2026
411	2:45.63	L	F	Theunie Matthee	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
412	2:49.14	L	F	Lexi Bennett	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
413	2:51.32	L	F	Onga Gxididi	10	SDSC OTD	24/01/2026 BCA January Age Group Gala 2026
414	3:00.59	L	F	Yan-Cing Wong	8	HAAG UTD	21/02/2026 Uthukela District Gala 5
415	3:02.19	L	F	An An Wu	8	CASC CPT	29/11/2025 CTA B CHAMPS 2025
416	3:04.57	L	F	Mila Vosloo	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
417	3:09.80	L	F	Annabelle Landman	10	FISH EDD	25/10/2025 Zasu 1st League OYDC 2025-26
Women 18 & Under 200 Breast							
1	3:23.60	L	F	Tyla Grobler	10	BEST NMA	12/12/2025 NMBA Championships 2025
2	3:29.79	L	F	Lukholo Ratsibe	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
3	3:33.92	L	F	SCARLETT MAC DONALD	10	WAC EDD	30/01/2026 Infinity Gala 2026
4*	3:34.33	L	F	Armani Jones	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
4*	3:34.33	L	F	Aryah Naidoo	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
6	3:35.24	L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
7	3:35.69	L	F	Bethany Pierce	10	USC BUF	28/11/2025 BCA Long Course Championships 202
8	3:36.00	L	F	Kayla Coutts	10	BLMA CPT	06/02/2026 WCA-B Champs - 2026
9	3:37.70	L	F	Nina Moodley	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
10	3:38.59	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
11	3:38.71	L	F	Lente Keun	10	VINE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
12	3:39.05	L	P	Anzel Swiegers	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
13*	3:39.24	L	P	Emma Cox	10	TUKS FSH	26/03/2026 SA Level 3 Regional Age Group Cham
13*	3:39.24	L	F	Sofiyyah Bodiat	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
15	3:40.11	L	F	Zuri Taylor	10	TCA ECU	29/03/2026 SA Level 2 Regional Age Group Cham
16	3:40.90	L	F	Ava Maritz	10	CTO CPT	06/02/2026 WCA-B Champs - 2026
17	3:41.80	L	F	Liani Jacobs	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
18	3:43.28	L	F	Emma Reling	10	BULS MAN	23/01/2026 Mangaung Gala
19	3:44.60	L	F	Leah Spangenberg	9	XCEL CPT	06/02/2026 WCA-B Champs - 2026
20	3:44.82	L	P	Justina Robin	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
21	3:44.92	L	F	Mila Wright	10	TYGE CPT	06/02/2026 WCA-B Champs - 2026
22	3:44.96	L	F	Mwangala Semenova	10	TUKS FSH	13/02/2026 NTS Level 1+2 February Age Group 2f
23	3:45.12	L	P	Taylor Geswind	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
24	3:46.74	L	F	Annabelle Johnson	10	BLUO UGD	31/03/2026 SA Level 2 Regional Age Group Cham
25	3:47.07	L	F	Sadie Govender	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
26	3:47.50	L	P	Kendall Perrins	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
27	3:48.24	L	F	Talin Maatouk	10	SASE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
28	3:48.27	L	F	Karli Botha	10	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
29	3:48.59	L	F	Bailey Stoltz	9	PER JHB	29/03/2026 SA Level 2 Regional Age Group Cham
30	3:49.08	L	P	Jemima Muirhead	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
31	3:50.19	L	F	Ava O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
32	3:50.28	L	F	Amice Seaman	9	UNIUI EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
33	3:50.93	L	P	Jennifer Williams	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
34*	3:51.11	L	F	Imone Venter	10	RBOT BPD	30/03/2026 SA Level 2 Regional Age Group Cham
34*	3:51.11	L	F	Livia Venter	10	LEGMA WBD	31/01/2026 Limpopo School Champs & Limpopo A
36	3:51.30	L	F	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham
37	3:52.08	L	F	Henriette Odendaal	10	QSSC CPT	06/02/2026 WCA-B Champs - 2026
38	3:52.42	L	F	Eva De Angelis	BR	VASA ECU	22/11/2025 EGA Summer 3 & 4
39	3:52.44	L	P	Sofia Grebe	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
40	3:52.63	L	F	Amelia Figueiredo	10	PSCP UMD	31/03/2026 SA Level 2 Regional Age Group Cham
41	3:52.64	L	F	Alessandra De Dominicis	10	CRSC JHB	27/11/2025 CGA Championships 2025
42	3:52.69	L	F	Aniek Myburgh	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
43	3:52.77	L S	F	Aria Mossay	10	UWCA CPT	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
44	3:53.06	L	F	Quinn Smith	9	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
45	3:53.14	L	F	Erynn Clancy	10	DRGN ECU	29/03/2026 SA Level 2 Regional Age Group Cham
46	3:53.36	L	F	Jala Olivier	10	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
47	3:53.42	L	F	Ziané Boshoff	10	TINC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
48	3:54.00	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
49	3:54.26	L	F	Ashley Trollip	10	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
50	3:54.27	L	F	Aria Perdijk	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
51	3:54.33	L	F	Pheladi Manoko	10	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
52	3:55.22	L	P	Janika Roux	10	DORE JHB	27/11/2025 CGA Championships 2025
53	3:55.64	L	F	Ankia Slabbert	10	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
54*	3:56.32	L	F	Simoné Van der Bank	9	TKS WBD	28/11/2025 Limpopo Champs 2025
54*	3:56.32	L	F	Alexis Scheepers	9	STAR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
56	3:56.44	L	F	Sophia Potgieter	9	SS MPD	28/11/2025 Limpopo Champs 2025
57	3:56.62	L	F	Paigan Stols	9	TKS WBD	28/11/2025 Limpopo Champs 2025
58	3:57.14	L	F	Karen Kieviet	10	GREY CPT	22/11/2025 Swartland Prestige Gala 2025
59	3:57.64	L	F	Minay Boshoff	10	DDA FSH	13/02/2026 NTS Level 1+2 February Age Group 2f
60	3:58.04	L	P	Chai Wanlu	10	CA EKU	04/12/2025 EGA Summer Championships 2025
61	3:58.05	L	P	Hanneli Van der Watt	10	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
62	3:58.69	L	F	Maia Bull	9	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
63	3:59.45	L	F	Mia Linder	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
64	4:00.18	L	F	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
65	4:00.42	L	F	Adelène Baard	8	CLA WCD	06/02/2026 WCA-B Champs - 2026
66*	4:00.66	L	P	Isabella Bowles	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
66*	4:00.66	L	P	Ella Rundle	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
66*	4:00.66	L	P	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
69	4:01.58	L	F	Klara Meindertsm	10	AWIN FSH	29/03/2026 SA Level 2 Regional Age Group Cham
70	4:02.30	L	P	Elizabeth Laubscher	10	GREY CPT	06/03/2026 SA Level 2 Regional Age Group Cham
71	4:02.32	L	F	Ziyanda Mtetwa	10	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
72	4:02.44	L	F	Penelope Synodinos	9	CASC CPT	06/02/2026 WCA-B Champs - 2026
73	4:02.57	L	F	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
74	4:02.59	L	F	Kuno Moleme	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
75	4:02.61	L	F	Mieke Labuschagne	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
76	4:02.71	L	F	Ingrid Filter	10	TYGE CPT	06/02/2026 WCA-B Champs - 2026
77	4:03.23	L	F	Emily Rushin	10	HURAQ CPT	09/10/2025 44th Freda Barnard Invitational Gala
78	4:03.34	L	P	Eva Coates	10	WAC EDD	06/03/2026 SA Level 2 Regional Age Group Cham
79	4:04.89	L	F	Minke Swart	9	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
80	4:04.91	L	F	Leah Schley	10	CA EKU	31/01/2026 EGA Last Chance Gala 2026
81	4:04.92	L	F	Emily Mijatovic	10	H2O EKU	29/03/2026 SA Level 2 Regional Age Group Cham
82	4:05.76	L	F	Rouxli Dong	10	ESP EKU	22/11/2025 EGA Summer 3 & 4
83	4:05.95	L	F	Tiffany Mujati	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
84	4:06.58	L	F	Mekayla Van der Bank	10	TKS WBD	28/11/2025 Limpopo Champs 2025
85	4:06.77	L	F	Michaela Johnson	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
86	4:07.03	L	P	Jumari Du Toit	10	STGR XRD	30/03/2026 SA Level 2 Regional Age Group Cham
87	4:07.38	L	P	Kirei Burgess	10	CA EKU	04/12/2025 EGA Summer Championships 2025
88	4:08.75	L	F	Maria Ferreira	9	GHS BPD	13/02/2026 NW School Championships 2026
89	4:08.98	L	F	Emily Goosen	10	HARL BUF	28/11/2025 BCA Long Course Championships 202
90	4:09.06	L	F	Zivah Carson	10	BULS MAN	31/10/2025 Mangaung Gala
91	4:09.63	L	F	Leah De Wet	10	FISH EDD	08/11/2025 EDEN 3rd A-League Gala 2025
92	4:10.73	L	F	Amy Dawson	10	XCEL CPT	06/02/2026 WCA-B Champs - 2026
93	4:12.33	L	F	Yandzisa Sambo	10	UNI EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
94	4:12.49	L	F	Alana Bam	9	CSA EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
95	4:13.14	L	F	Miah Engelbrecht	9	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
96	4:13.91	L	F	Amelia Deiner	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
97	4:14.07	L	F	Mia Oswald	8	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
98	4:14.44	L	P	Denni Kriel	8	GREY CPT	06/03/2026 SA Level 2 Regional Age Group Cham
99	4:14.52	L	P	Lua Smith	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
100	4:14.59	L	F	Alisha Nell	10	BLMA CPT	06/02/2026 WCA-B Champs - 2026
101*	4:14.83	L	F	Larissa Botha	10	BLMA CPT	22/11/2025 Swartland Prestige Gala 2025
101*	4:14.83	L	F	Shay Grobler	9	ASAC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
103	4:15.71	L	F	Genevieve Joubert	10	RFA FSH	13/02/2026 NTS Level 1+2 February Age Group 2f
104	4:17.54	L	F	Kaylee Engelbrecht	9	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
105	4:17.90	L	F	Luthando Khoza	9	MAKO EKU	04/12/2025 EGA Summer Championships 2025
106	4:17.96	L	F	Bohlale Mofokeng	10	JAQ EKU	29/03/2026 SA Level 2 Regional Age Group Cham
107	4:18.93	L	F	Yolla Mario	10	KALA	05/12/2025 NCASA CHAMPS 2025 - copied - copi
108	4:18.97	L	F	Olivia Lamprecht	9	WAC EDD	24/01/2026 EDEN 4th A-League Gala 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
109	4:19.43	L	F	Gabrealle Coetzee	10	BEARS	FSH	13/02/2026 NTS Level 1+2 February Age Group 21
110	4:19.59	L	F	Katja Marcus	10	MDOL	JHB	29/03/2026 SA Level 2 Regional Age Group Cham
111	4:20.00	L	F	Skyler Shelton	10	ESTR	EKU	29/03/2026 SA Level 2 Regional Age Group Cham
112	4:20.56	L	F	Arwen Dannatt	10	CASC	CPT	06/02/2026 WCA-B Champs - 2026
113	4:20.94	L	F	Calynn Harvett	10	STAQ	CED	06/02/2026 WCA-B Champs - 2026
114	4:21.04	L	F	Kara Spies	10	GHS	BPD	13/02/2026 NW School Championships 2026
115	4:21.51	L	F	Cathrine Van der Merwe	10	ESA	CED	24/01/2026 Drakenstein Invitational - copied
116	4:21.61	L	F	Mila De Kock	10	CA	EKU	22/11/2025 EGA Summer 3 & 4
117	4:21.62	L	F	Hannah Allison	8	BEST	NMA	30/01/2026 Infinity Gala 2026
118	4:22.76	L	F	Isabella Engela	10	CASC	CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
119	4:23.05	L	F	Rebecca Lawson	10	CTO	CPT	06/02/2026 WCA-B Champs - 2026
120	4:23.34	L	F	Lillian Gregory	9	HAAG	UTD	06/12/2025 UThukela District Age Group 3
121	4:24.28	L	P	Luane' Griessel	10	BULS	MAN	30/03/2026 SA Level 2 Regional Age Group Cham
122	4:24.40	L	F	Olivia Schoultz	9	CA	EKU	22/11/2025 EGA Summer 3 & 4
123	4:25.45	L	F	Loyed Negash	10	BARA	EKU	29/03/2026 SA Level 2 Regional Age Group Cham
124*	4:26.60	L	F	Holly Durandt	10	KNYA	EDD	04/10/2025 EDEN 1st A-League Gala 2025
124*	4:26.60	L	F	Lisa Hanekom	10	BARR	CPT	09/10/2025 44th Freda Barnard Invitational Gala
126	4:26.76	L	F	Elmi van Heerden	10	BS	LLD	10/10/2025 Super Seals Annual Gala
127	4:27.04	L	F	Brooklyn Soppio	9	RETR	CPT	29/11/2025 CTA B CHAMPS 2025
128	4:27.24	L	F	Luzay Gerber	10	BEST	NMA	28/06/2025 PEA Winter Gala 2025
129	4:28.57	L	F	Sofia Daniels	10	CASC	CPT	06/02/2026 WCA-B Champs - 2026
130	4:28.99	L	F	Kirsten Gibson	10	GREY	CPT	24/01/2026 Drakenstein Invitational - copied
131	4:29.10	L	F	Lily Erasmus	10	PELIC	MAN	10/10/2025 Super Seals Annual Gala
132	4:30.60	L	F	Lumay De Beer	9	CSA	EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
133	4:33.14	L	F	Callie Gomes	7	TUKS	FSH	25/10/2025 Zasu 1st League OYDC 2025-26
134	4:33.59	L	F	Chanique Steele	10	CASC	CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
135	4:33.63	L	F	Reine Fensham	9	RBOT	BPD	28/02/2026 NWS Last Chance 2026
136	4:34.64	L	F	Adalyn Shelton	8	ESTR	EKU	31/01/2026 EGA Last Chance Gala 2026
137*	4:36.73	L	F	Kganya Sekgobela	9	CA	EKU	20/09/2025 EGA Summer 1 2025
137*	4:36.73	L	P	Lesego Magwaza	10	H2O	EKU	04/12/2025 EGA Summer Championships 2025
139	4:38.74	L	F	Mathabo Marutla	10	FAC	EKU	31/01/2026 EGA Last Chance Gala 2026
140	4:40.73	L	F	Amelia Moodley	10	AAS	JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
141	4:40.89	L	F	Lushelle Karemaker	10	BARR	CPT	29/11/2025 CTA B CHAMPS 2025
142	4:41.96	L	P	Kaboentle Raphuti	10	HARB	BPD	06/12/2025 NWS Championships 2025
143	4:43.21	L	F	India Parr	10	KNYA	EDD	08/11/2025 EDEN 3rd A-League Gala 2025
144	4:47.97	L	F	Sibandle Msiza	9	H2O	EKU	04/12/2025 EGA Summer Championships 2025
145	4:48.54	L	F	Willow Bezuidenhout	9	BEST	NMA	15/11/2025 5th A League Gala 2025
146	4:48.67	L	F	Alea Boonzaaier	9	ROA	EDD	14/02/2026 EDEN 5th A-League Gala 2026
147	4:49.31	L	F	Madelie Ras	9	GHS	BPD	13/02/2026 NW School Championships 2026
148	4:52.07	L	P	Zara Bayisayi	9	TCA	EKU	04/12/2025 EGA Summer Championships 2025
149	4:53.71	L	F	Meane Dreyer	9	CLA	WCD	21/02/2026 Swartland Invitational Gala 2026
150	4:55.76	L	F	Ane Van Lill	9	CLA	WCD	21/02/2026 Swartland Invitational Gala 2026
151	5:00.98	L	F	Chaney Nathan	10	FISH	EDD	22/11/2025 Eden LC Champs 2025
152	5:02.07	L	F	Piper Freislich	9	KNYA	EDD	14/02/2026 EDEN 5th A-League Gala 2026
153	5:02.14	L	F	Holly-May Cuninghame	8	HAAG	UTD	06/12/2025 UThukela District Age Group 3
154	5:02.17	L	F	Adia Theko	9	PELIC	MAN	10/10/2025 Super Seals Annual Gala
155	5:05.02	L	F	Kate Pombo	9	BARR	CPT	22/11/2025 Swartland Prestige Gala 2025
156	5:12.46	L	F	Arya Mohamed	8	TCA	EKU	20/09/2025 EGA Summer 1 2025
157	5:14.46	L	F	Zahra Muyaka	9	HARB	BPD	06/12/2025 NWS Championships 2025
158	5:18.22	L	F	Ziyanda Mthembu	10	HAAG	UTD	31/01/2026 UThukela District Gala 4
159	5:27.07	L	F	Busisiwe Mosibi	10	MAKO	EKU	20/09/2025 EGA Summer 1 2025
160	5:32.92	L	F	Anika Fleming	9	KALA		29/11/2025 AGE GROUP 4 KATHU 2025 - copied

Women 18 & Under 50 Fly

1	36.70	L	F	Ava Maritz	10	CTO	CPT	09/04/2026 SA Level 3 Regional Age Group Cham
2	36.85	L	F	Kendall Perrins	10	CASC	CPT	06/03/2026 SA Level 2 Regional Age Group Cham
3	37.45	L	F	Alyx Cupido	10	BLNE	MAN	30/03/2026 SA Level 2 Regional Age Group Cham
4	37.58	L	F	Sophia Potgieter	9	SS	MPD	29/03/2026 SA Level 2 Regional Age Group Cham
5	37.73	L	P	Ayana Mandeane	10	HARL	BUF	06/03/2026 SA Level 2 Regional Age Group Cham
6	37.75	L	F	Tyla Grobler	10	BEST	NMA	30/01/2026 Infinity Gala 2026

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
7	38.05	L	F	Lente Keun	10	VINE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
8	38.06	L	F	Ashley Trollip	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
9	38.28	L	F	Amery Vermaak	9	SS MPD	29/03/2026 SA Level 2 Regional Age Group Cham
10	38.46	L	F	Ava Forsythe	10	NMBA NM	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
11	38.49	L	F	Armani Jones	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
12	38.66	L	F	Misha Meyer	10	EDEN ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
13	39.07	L	F	Riley Makwakwa	9	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
14	39.20	L	F	Aria Mossay	10	UWCA CPT	29/11/2025 CTA B CHAMPS 2025
15	39.50	L	F	Jaime Williams	10	CUHE OBD	06/02/2026 WCA-B Champs - 2026
16	39.66	L	F	Sadie Govender	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
17	39.70	L	F	Zara Oganisian	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
18	39.97	L	F	Talin Maatouk	10	SASE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
19	40.03	L	F	Kylie Hair	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
20	40.16	L	F	Eva De Angelis	BR	VASA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
21	40.94	L	F	SCARLETT MAC DONALD	10	WAC EDD	30/01/2026 Infinity Gala 2026
22	41.29	L	F	Isabella Bowles	10	NMBA NM	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
23	41.34	L	P	Layla Abrahams	10	INFA NMA	06/03/2026 SA Level 2 Regional Age Group Cham
24	41.35	L	F	Kirei Burgess	10	CA EKU	04/12/2025 EGA Summer Championships 2025
25*	41.36	L	F	Ava Els	10	BEST NMA	30/01/2026 Infinity Gala 2026
25*	41.36	L	P	Aria Perdijk	9	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
27	41.50	L	F	Bethany Pierce	10	USC BUF	12/12/2025 NMBA Championships 2025
28	41.61	L	F	Mmangaliso Mkhize	9	SGUL ETH	31/03/2026 SA Level 2 Regional Age Group Cham
29	41.81	L	P	Emma Reling	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
30	41.82	L	F	Zuri Taylor	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
31	42.14	L	F	Henriette Odendaal	10	QSSC CPT	29/11/2025 CTA B CHAMPS 2025
32	42.17	L	F	Amélie Smith	9	TUKS FSH	05/12/2025 2025 The Tshwane Mayor's Gala
33	42.29	L	F	Eryn O'Brien	10	MDOL JHB	27/11/2025 CGA Championships 2025
34	42.58	L	F	Lee-Ann Du Plessis	10	RBUR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
35	42.62	L	F	Genevieve Joubert	10	RFA FSH	30/03/2026 SA Level 2 Regional Age Group Cham
36	42.78	L	P	Amahle Jali	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
37	42.88	L	F	Kayla Snoeck Henkemans	9	TUKS FSH	28/02/2026 AG Level 1 Regional Competition 2026
38	42.94	L	F	Nila Van der Merwe	9	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
39	43.14	L	P	Lume Botha	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
40	43.34	L	F	Enhle Mthembu	9	OHAN ILD	31/01/2026 uShaka Champs 2026
41*	43.37	L	P	Holly Oliphant	10	PAC FSH	29/03/2026 SA Level 2 Regional Age Group Cham
41*	43.37	L	P	Willow Landman	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
43	43.45	L	F	Emelia Veaudry	10	HARL BUF	28/11/2025 BCA Long Course Championships 2025
44	43.67	L	F	Ané Plath	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
45	43.75	L	P	Kayla Coutts	10	BLMA CPT	06/03/2026 SA Level 2 Regional Age Group Cham
46	43.86	L	P	Tinashe Ngwenya	10	TUKS FSH	29/03/2026 SA Level 2 Regional Age Group Cham
47	43.99	L	F	Marli Swiegers	8	FSA FS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
48	44.19	L	F	Lynise Erasmus	10	WELA LLD	30/03/2026 SA Level 2 Regional Age Group Cham
49	44.33	L	F	Mieke Roos	10	EDEN ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
50	44.39	L	F	Rouxvé Henn	10	AWIN FSH	23/01/2026 2026 NTS Sprint Gala
51	44.53	L	P	Olivia Mason	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
52	44.55	L	P	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
53	44.77	L	F	Kayla Fouche	10	TYGE CPT	29/11/2025 CTA B CHAMPS 2025
54	44.89	L	F	Mieke Labuschagne	10	ASAC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
55	45.02	L	P	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	06/03/2026 SA Level 2 Regional Age Group Cham
56	45.07	L	F	Hayley Couzens	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
57	45.08	L	P	Shay Grobler	9	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
58	45.21	L	P	Emily Jacobs	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
59	45.23	L	F	Justina Robin	10	PEAS NMA	12/12/2025 NMBA Championships 2025
60	45.32	L	F	Arwen Dannatt	10	CASC CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
61	45.39	L	F	Rainn Hughes	10	BARR CPT	06/02/2026 WCA-B Champs - 2026
62	45.47	L	F	Leah Spangenberg	9	XCEL CPT	06/02/2026 WCA-B Champs - 2026
63	45.73	L	F	Leva Meiring	10	LSM EZD	13/02/2026 NW School Championships 2026
64	45.74	L	F	Lily Erasmus	10	PELIC MAN	03/12/2025 Free State Champs 2025
65	45.79	L	F	Ashleigh Muchauraya	8	LEGC ETH	30/03/2026 KZNA Level 1 Championships

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
66	45.80	L	F	Amee De Fortier	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
67	45.81	L	F	Emily Goosen	10	BCA BUF	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
68	45.90	L	F	Lene Kriel	10	LALE CED	06/02/2026 WCA-B Champs - 2026
69	45.96	L	F	Pheladi Manoko	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
70	46.18	L	F	Eva Coates	10	WAC EDD	30/01/2026 Infinity Gala 2026
71	46.21	L	F	Anzel Swiegers	10	BULS MAN	07/11/2025 Otters Prestige Gala 2025
72	46.23	L	F	Juliette Spencer	9	CYBE CPT	29/11/2025 CTA B CHAMPS 2025
73	46.32	L	F	Leah De Wet	10	FISH EDD	22/11/2025 Eden LC Champs 2025
74	46.54	L	P	Chai Wanlu	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
75	46.66	L	P	Emily Rushin	10	HURAQ CPT	06/03/2026 SA Level 2 Regional Age Group Cham
76	46.73	L	F	Mila Van Zyl	9	BS LLD	28/02/2026 FSA LEVEL 1 2026
77	46.76	L	F	Paige Plumb	10	CSA EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
78	46.78	L	F	Olivia Schoultz	9	CA EKU	28/02/2026 AG Level 1 Regional Competition 2026
79	46.82	L	F	Klarah Geldenhuys	9	ACAQ CCD	28/11/2025 Limpopo Champs 2025
80	46.86	L	P	Ziyanda Mtetwa	10	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
81	46.95	L	F	Elke Bochmann	10	OHAN HLD	15/11/2025 KZN Junior Championships 2025
82	46.97	L	P	Jala Olivier	10	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
83	47.10	L	P	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham
84	47.21	L	F	Leah Staples	10	PELIC MAN	07/11/2025 Otters Prestige Gala 2025
85	47.22	L	F	Yandzisa Sambo	10	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025
86	47.24	L	F	Lumay De Beer	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
87	47.30	L	F	Ngwekazi Mthiyane	10	ASA HLD	31/01/2026 uShaka Champs 2026
88	47.34	L	F	Brooklyn Norton	10	ASAC CPT	29/11/2025 CTA B CHAMPS 2025
89	47.56	L	F	Ava Greyvenstein	9	USC BUF	12/12/2025 NMBA Championships 2025
90	47.62	L	F	Hadassah Ragavan	10	KLOO ETH	15/11/2025 KZN Junior Championships 2025
91	47.82	L	P	Amy Dawson	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
92	47.98	L	P	Minay Boshoff	10	DDA TSH	29/03/2026 SA Level 2 Regional Age Group Cham
93	48.01	L	F	Imine Dercksen	10	BETH FDD	10/10/2025 Super Seals Annual Gala
94	48.03	L	P	Lisa Hanekom	10	BARR CPT	06/03/2026 SA Level 2 Regional Age Group Cham
95	48.11	L	F	Liani Van Deventer	10	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
96	48.16	L	F	Cari van der Merwe	10	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
97*	48.17	L	F	Raya Singh	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
97*	48.17	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
99	48.25	L	F	Riley Henderson	10	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
100	48.27	L	P	Rouxie Dong	10	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
101	48.41	L	F	Leiliah Bendeman	9	SS MPD	28/11/2025 Limpopo Champs 2025
102	48.79	L	P	Hanneli Van der Watt	10	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
103	48.84	L	F	Aryah Naidoo	10	USC BUF	28/11/2025 BCA Long Course Championships 202
104	48.89	L	F	Olivia Rossouw	10	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
105	48.95	L	P	Janika Roux	10	DORE JHB	27/11/2025 CGA Championships 2025
106	49.03	L	P	Emily Mijatovic	10	H2O EKU	29/03/2026 SA Level 2 Regional Age Group Cham
107	49.04	L	F	Sophie Joubert	10	NSAD EZD	10/10/2025 MP AGE GROUP 2 10-11 OCTOBER
108	49.10	L	P	Mareli Janse van Rensburg	9	BARR CPT	06/03/2026 SA Level 2 Regional Age Group Cham
109	49.18	L	F	Savanah Davies	9	ASAC CPT	06/02/2026 WCA-B Champs - 2026
110	49.26	L	F	Alexis Scheepers	9	VASTR BPD	13/02/2026 NW School Championships 2026
111	49.46	L	F	Aniek Myburgh	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
112	49.50	L	F	Zahn Potgieter	10	DDA TSH	05/12/2025 2025 The Tshwane Mayor's Gala
113	49.53	L	F	Callie Gomes	7	TUKS TSH	25/10/2025 Zasu 1st League OYDC 2025-26
114	49.57	L	F	Jennifer Williams	10	PEAS NMA	30/01/2026 Infinity Gala 2026
115	49.61	L	F	Katja Marcus	10	MDOL JHB	14/02/2026 CGA Last Chance
116	49.79	L	P	Ziane Geldenhuys	10	SFSC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
117	49.88	L	F	Lillian Gregory	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
118	49.91	L	F	Lukholo Ratsibe	10	USC BUF	28/11/2025 BCA Long Course Championships 202
119	50.01	L	F	Larissa Botha	10	BLMA CPT	22/11/2025 Swartland Prestige Gala 2025
120	50.02	L	F	Kara Spies	10	GHS BPD	13/02/2026 NW School Championships 2026
121	50.05	L	F	Lize' Husselmann	10	PELIC MAN	23/01/2026 Mangaung Gala
122	50.15	L	F	Hailey Alcock	10	SFSC CPT	29/11/2025 CTA B CHAMPS 2025
123*	50.19	L	F	Maria Ferreira	9	GHS BPD	13/02/2026 NW School Championships 2026
123*	50.19	L	P	Thatum Smith	9	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
125	50.32	L	F	Morgan Mitchell-Innes	9	HAAG UTD	30/03/2026 KZNA Level 1 Championships
126*	50.38	L	F	Misha Howard	8	TKS WBD	28/11/2025 Limpopo Champs 2025
126*	50.38	L	F	Lia Geldenhuys	10	BULS MAN	23/01/2026 Mangaung Gala
128*	50.42	L	P	Livia Venter	10	TKS WBD	29/03/2026 SA Level 2 Regional Age Group Cham
128*	50.42	L	P	Kora Glencross	9	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
130	50.54	L	P	Belissa Shabangu	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
131	50.67	L	F	Sophia Erasmus	10	BETH FDD	07/11/2025 Otters Prestige Gala 2025
132	50.68	L	F	Amice Seaman	9	UNIU EZD	05/12/2025 Mpumalanga Championships 2025
133	50.82	L	F	Luzay Gerber	10	BEST NMA	30/01/2026 Infinity Gala 2026
134	50.92	L	F	Lilani Wolmarans	10	PEAS NMA	28/06/2025 PEA Winter Gala 2025
135	51.08	L	F	Anje Bartmann	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
136	51.20	L	F	Lila Roux	10	GREY CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
137	51.33	L	F	Penelope Synodinos	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
138	51.41	L	F	Zivah Carson	10	BULS MAN	05/09/2025 Bullsharks Gala
139	51.42	L	F	Willemina Bekker	9	KSTAR EDD	25/10/2025 Zasu 1st League OYDC 2025-26
140	51.58	L	F	Brynn Jacobs	10	TCA EKU	28/02/2026 AG Level 1 Regional Competition 2026
141	51.59	L	P	Madison Van Den Berg	9	ACES ETH	31/03/2026 SA Level 2 Regional Age Group Cham
142	51.60	L	F	Liv Hamilton	9	EXP TSH	23/01/2026 2026 NTS Sprint Gala
143*	51.63	L	F	Kganya Sekgobela	9	CA EKU	06/10/2025 Seagulls Winter Championships 2025
143*	51.63	L	P	Sofiyyah Bodiati	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
145	52.00	L	F	Jemima Muirhead	10	KNYA EDD	04/10/2025 EDEN 1st A-League Gala 2025
146	52.04	L	P	Jade Botha	10	SFSA JHB	27/11/2025 CGA Championships 2025
147	52.14	L	F	Lieke Nelson	9	VASTR BPD	13/02/2026 NW School Championships 2026
148	52.22	L	F	Heidi Du Toit	10	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
149	52.36	L	F	Elmi van Heerden	10	BS LLD	03/12/2025 Free State Champs 2025
150	52.38	L	F	Karli Annandale	9	BLSS MAN	03/12/2025 Free State Champs 2025
151	52.39	L	F	Mia Linder	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
152	52.47	L	P	Ella Rundle	10	CUHE OBD	06/03/2026 SA Level 2 Regional Age Group Cham
153	52.48	L	F	Emily Holdcroft	10	CTO CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
154	52.52	L	F	Rebecca Lawson	10	CTO CPT	20/09/2025 CTA INVITATIONAL LC MEET
155	52.59	L	F	Amahle Maseko	10	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
156	52.65	L	F	Bea-Mari Bekker	10	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
157	52.75	L	F	Johanni Van der Merwe	10	TYGE CPT	20/09/2025 CTA INVITATIONAL LC MEET
158	52.77	L	F	Adia Theko	9	PELIC MAN	26/09/2025 Pelicans Gala..
159	53.00	L	F	Sarélda Velthuysen	10	SS MPD	28/11/2025 Limpopo Champs 2025
160	53.07	L	F	Ankia Slabbert	10	BRAVE CED	06/02/2026 WCA-B Champs - 2026
161	53.15	L	F	Harlee Hodgson	9	OHAN ILD	06/10/2025 Seagulls Winter Championships 2025
162*	53.31	L	P	Iviwe Nobongoza	10	FAC EKU	29/03/2026 SA Level 2 Regional Age Group Cham
162*	53.31	L	F	Mathabo Marutla	10	FAC EKU	28/02/2026 AG Level 1 Regional Competition 2026
164	53.43	L	F	Daniella Govender	10	BEAV ETH	31/01/2026 uShaka Champs 2026
165*	53.46	L	F	Stephanie Lewies	8	TINC TSH	28/02/2026 AG Level 1 Regional Competition 2026
165*	53.46	L	F	Chenique Du Plessis	10	PELIC MAN	10/10/2025 Super Seals Annual Gala
167	53.51	L	F	Mmelwa Mtshweni	10	CA EKU	22/11/2025 EGA Summer 3 & 4
168	53.54	L	F	Angelique Pieterse	8	WAC EDD	22/11/2025 Eden LC Champs 2025
169	53.64	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
170	53.68	L	F	Cara Hendricks	10	CASC CPT	29/11/2025 CTA B CHAMPS 2025
171	53.73	L	P	Riley-Jane Smit	10	SEAL UMD	31/03/2026 SA Level 2 Regional Age Group Cham
172	53.75	L	F	Efua Quagraine	9	CA EKU	21/02/2026 EGA Lets Sprint Gala 2026
173	53.78	L	P	Carli Steenkamp	9	KALA	30/03/2026 SA Level 2 Regional Age Group Cham
174	53.83	L	F	Irma-Ann Orffer	10	BRAVE CED	22/11/2025 Swartland Prestige Gala 2025
175	53.85	L	F	Abigail Vermaak	10	KSC EZD	05/12/2025 Mpumalanga Championships 2025
176	53.87	L	F	Nolwazi Sinxi	10	DRGN EKU	28/02/2026 AG Level 1 Regional Competition 2026
177	53.93	L	F	Nsovo Mabasa	9	SS MPD	28/11/2025 Limpopo Champs 2025
178	53.98	L	P	Kuno Moleme	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
179	54.02	L	F	Keira Damons	10	BLNE MAN	28/02/2026 FSA LEVEL 1 2026
180	54.14	L	F	Ellie van der Mescht	10	PEAS NMA	28/06/2025 PEA Winter Gala 2025
181	54.20	L	F	Mila Jooste	8	GREY CPT	06/02/2026 WCA-B Champs - 2026
182	54.37	L	F	Nina Vlok	8	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
183	54.39	L	P	Iyazi Ntlokwana	10	SDSC OTD	06/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
184	54.48	L	F	Amelie Viljoen	8	TKS WBD	28/11/2025 Limpopo Champs 2025
185*	54.53	L	F	Mia Williams	10	BLNE MAN	24/10/2025 Neptunes Gala
185*	54.53	L	P	Luane' Griessel	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
187	54.59	L	P	Isla Bure	10	KLOO ETH	31/03/2026 SA Level 2 Regional Age Group Cham
188	54.65	L	F	Sofia Grebe	10	CUHE QBD	22/11/2025 Swartland Prestige Gala 2025
189	54.68	L	F	Keira Douglas	10	BLOT MAN	07/11/2025 Otters Prestige Gala 2025
190	54.73	L	F	Emmaline Kotze	8	CHSA CPT	06/02/2026 WCA-B Champs - 2026
191	54.75	L	P	Leah Schley	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
192	54.84	L	F	Amelia Hawksley	9	TYGE CPT	06/02/2026 WCA-B Champs - 2026
193	54.90	L	F	Isabella Lacey	9	FRA KCD	30/03/2026 KZNA Level 1 Championships
194	55.11	L	P	Olivia-Reign Thomson	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
195	55.14	L	F	Genevi Saayman	8	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
196	55.23	L	P	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
197	55.50	L	F	Mia Oswald	8	ESP EKU	31/01/2026 EGA Last Chance Gala 2026
198	55.62	L	F	Sakeenah Du Toit	10	UWCA CPT	06/02/2026 WCA-B Champs - 2026
199	55.64	L	F	Amelia Moodley	10	AAS JHB	28/02/2026 AG Level 1 Regional Competition 2026
200	55.66	L	P	Livia Franzsen	10	OLDE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
201	55.99	L	F	Lilly Visser	8	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
202	56.04	L	F	Lukhanyo Dladla	8	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
203	56.15	L	F	Alexandra Evans	10	RACE JHB	14/02/2026 CGA Last Chance
204*	56.27	L	F	Amelia Deiner	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
204*	56.27	L	F	Vida - Ani Markgraaff	10	BLOT MAN	03/12/2025 Free State Champs 2025
204*	56.27	L	F	Isabella Engela	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
207	56.38	L	F	Cara Swanepoel	10	UNI EZD	05/12/2025 Mpumalanga Championships 2025
208	56.42	L	P	Thandolwethu Teto	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
209	56.48	L	F	Addision Breeds	9	BETH FDD	14/11/2025 Valsrivier Gala
210	56.53	L	F	Anja Bochmann	9	OHAN ILD	09/07/2025 TYR Prestige Tournament 2025
211	56.56	L	F	Kaylee Engelbrecht	9	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
212	56.59	L	F	Alana Bam	9	CSA EZD	05/12/2025 Mpumalanga Championships 2025
213	56.87	L	F	Ntwanano Chauke	9	DORE JHB	28/02/2026 AG Level 1 Regional Competition 2026
214	56.88	L	F	Alexia Virgillito	10	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
215	56.97	L	F	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025
216	57.10	L	F	Marli Loubser	9	ELRAS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
217	57.11	L	F	Leah Fourie	9	SS MPD	28/11/2025 Limpopo Champs 2025
218	57.24	L	F	Ziyanda Mthembu	10	HAAG UTD	30/03/2026 KZNA Level 1 Championships
219	57.36	L	F	Rachel Coleman	10	TCA EKU	06/10/2025 Seagulls Winter Championships 2025
220	57.48	L	F	Adelaide Van Oosten	9	RFA FSH	28/02/2026 AG Level 1 Regional Competition 2026
221	57.58	L	F	Willow Bezuidenhout	9	BEST NMA	15/11/2025 5th A League Gala 2025
222	58.19	L	F	Calynn Harvett	10	STAQ CED	09/10/2025 44th Freda Barnard Invitational Gala
223	58.20	L	F	Chaney Nathan	10	FISH EDD	22/11/2025 Eden LC Champs 2025
224	58.21	L	P	Luthando Khoza	9	MAKO EKU	04/12/2025 EGA Summer Championships 2025
225	58.42	L	F	Sarah Carelse	9	CLA WCD	22/11/2025 Swartland Prestige Gala 2025
226	58.49	L	F	Adalyn Shelton	8	ESTR EKU	04/12/2025 EGA Summer Championships 2025
227	58.55	L	P	Khumo Ranape	10	BAS EKU	29/03/2026 SA Level 2 Regional Age Group Cham
228	58.58	L	F	Karli Botha	10	KALA	05/12/2025 NCASA CHAMPS 2025 - copied - copi
229	58.59	L	F	Lesedi Mahlase	10	POLSC CCD	31/01/2026 Limpopo School Champs & Limpopo A
230	58.76	L	F	Evelyn Du Plessis	10	FSE KCD	31/01/2026 uShaka Champs 2026
231	58.85	L	F	Holly Durandt	10	KNYA EDD	28/06/2025 PEA Winter Gala 2025
232	58.90	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026 NW School Championships 2026
233	59.09	L	F	Zara Bayisayi	9	TCA EKU	28/02/2026 AG Level 1 Regional Competition 2026
234	59.11	L	F	Lienca Van Niekerk	10	PSA ZLD	06/12/2025 Stingrays Champs 2025
235	59.19	L	F	Chanique Steele	10	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
236	59.36	L	F	Erynn Clancy	10	DRGN JHB	14/02/2026 CGA Last Chance
237	59.53	L	F	Ziané Boshoff	10	TINC FSH	23/01/2026 2026 NTS Sprint Gala
238	59.59	L	F	Lené Barnard	10	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
239	59.64	L	F	Lize-Marie Du Plessis	10	FISH EDD	14/02/2026 EDEN 5th A-League Gala 2026
240	59.81	L	F	Kate Pombo	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
241	59.87	L	F	Corrali Duvenhage	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
242	59.98	L	F	Dimpho Molepo	10	TUKS FSH	23/01/2026 2026 NTS Sprint Gala

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
243	1:00.07	L	F	Yolla Mario	10	KALA	07/02/2026 NC SPRINTS 2026
244	1:00.15	L	P	Jumari Du Toit	10	STGR XRD	30/03/2026 SA Level 2 Regional Age Group Cham
245	1:00.29	L	P	Bohlale Mofokeng	10	JAQ EKU	04/12/2025 EGA Summer Championships 2025
246	1:00.58	L	F	Niki Eastman	8	SS MPD	28/11/2025 Limpopo Champs 2025
247	1:00.59	L	F	Mikayla Mtsenga	10	DOLFI MPD	28/11/2025 Limpopo Champs 2025
248	1:00.72	L	F	Sakinah Gamielidien	9	MARL CPT	29/11/2025 CTA B CHAMPS 2025
249*	1:00.76	L	F	Aiva-Grace Wittstock	9	CA EKU	22/11/2025 EGA Summer 3 & 4
249*	1:00.76	L	F	Israh Abrahams	8	MARL CPT	29/11/2025 CTA B CHAMPS 2025
251	1:00.89	L	F	Emma Potgieter	8	ESA CED	24/01/2026 Drakenstein Invitational - copied
252	1:00.91	L	F	Lisa Snyman	9	ROA EDD	25/10/2025 Zasu 1st League OYDC 2025-26
253	1:00.94	L	F	Thoriso Senyakoe	7	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
254	1:01.01	L	F	Paigan Stols	9	TKS WBD	28/11/2025 Limpopo Champs 2025
255	1:01.10	L	F	Kiara Leigh Schultz	9	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
256	1:01.24	L	F	Lyn-Mari Morrison	10	PELIC MAN	28/02/2026 FSA LEVEL 1 2026
257	1:01.26	L	F	Alisha Nell	10	BLMA CPT	09/10/2025 44th Freda Barnard Invitational Gala
258	1:01.63	L	F	Lesego Magwaza	10	H2O EKU	21/02/2026 EGA Lets Sprint Gala 2026
259	1:01.68	L	F	Anica MacRobert	9	KSTAR EDD	22/11/2025 Eden LC Champs 2025
260	1:01.80	L	F	Jahne Fick	10	JOIEC	17/01/2026 AGE GROUP 5 UPT 2026
261	1:01.82	L	F	Sarah-Faye Lubbe	10	KTS	05/12/2025 NCASA CHAMPS 2025 - copied - copi
262	1:01.96	L	F	Zione van Zyl	9	JOIEC	07/02/2026 NC SPRINTS 2026
263	1:02.00	L	P	Klara Meindertsm	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
264	1:02.18	L	F	Meane Dreyer	9	CLA WCD	21/02/2026 Swartland Invitational Gala 2026
265	1:02.20	L	F	Annamy vd Merwe	9	HREF BP	06/12/2025 NWS Championships 2025
266*	1:02.26	L	F	Yan-Ci Wong	10	AQUA BUF	10/10/2025 Super Seals Annual Gala
266*	1:02.26	L	F	Sihawukele Simelane	10	USH KCD	31/01/2026 uShaka Champs 2026
268	1:02.45	L	F	Lara Van Viegen	10	BLSS MAN	03/12/2025 Free State Champs 2025
269	1:02.77	L	F	Madelain Hanekom	8	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
270	1:02.91	L	F	Daphne Steyn	8	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
271	1:02.95	L	F	Denni Kriel	8	GREY CPT	06/02/2026 WCA-B Champs - 2026
272	1:03.08	L	P	Skyler Shelton	10	ESTR EKU	29/03/2026 SA Level 2 Regional Age Group Cham
273	1:03.33	L	F	Karlien Luttig	8	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
274	1:03.40	L	F	Lea Engelbrecht	9	BARR CPT	09/10/2025 44th Freda Barnard Invitational Gala
275	1:03.56	L	F	Esmere Maritz	10	JOIEC	07/02/2026 NC SPRINTS 2026
276	1:03.93	L	F	Ella Coetzee	8	WAC EDD	22/11/2025 Eden LC Champs 2025
277*	1:04.13	L	F	Elaine Jacobs	10	TUKS TSH	23/01/2026 2026 NTS Sprint Gala
277*	1:04.13	L	F	Eshle Zungu	10	USH KCD	22/11/2025 KCDA Age Group 3 2025
279	1:04.68	L	F	Khumo Mokone	9	FAC EKU	28/02/2026 AG Level 1 Regional Competition 2026
280	1:04.72	L	F	Aylah Molotsane	8	DRGN JHB	20/02/2026 CTA Level 1 and Level 2 Championsh
281	1:04.81	L	P	Loyed Negash	10	BARA EKU	04/12/2025 EGA Summer Championships 2025
282	1:04.89	L	F	Thalia Yorkas	10	BLOT MAN	07/11/2025 Otters Prestige Gala 2025
283	1:05.22	L	P	India Parr	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
284	1:05.28	L	F	Onga Gxididi	10	SDSC OTD	07/02/2026 BCA Feb Age Group Gala 2026
285	1:05.29	L	F	Kaone Lesejane	10	HARB BPD	06/12/2025 NWS Championships 2025
286	1:05.37	L	F	Amere Venter	8	NWS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
287	1:05.93	L	F	Madelle Ras	9	HREF BP	06/12/2025 NWS Championships 2025
288	1:06.17	L	F	Morgan Ranner	8	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
289	1:06.28	L	F	Gianna Smith	9	MCSP BPD	13/02/2026 NW School Championships 2026
290	1:06.30	L	F	Chayla Coetzee	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
291	1:06.37	L	F	Lené Erasmus	8	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
292	1:06.71	L	F	Micah Bezuidenhout	9	ROA EDD	08/11/2025 EDEN 3rd A-League Gala 2025
293	1:07.31	L	F	Lerato Nkwana	8	PEPPS CCD	31/01/2026 Limpopo School Champs & Limpopo A
294	1:07.63	L	F	Khumo Mogane	10	MAKO EKU	22/11/2025 EGA Summer 3 & 4
295	1:07.91	L	P	Chelsea Jones	10	ESTR EKU	04/12/2025 EGA Summer Championships 2025
296	1:07.98	L	F	Liane Van Zyl	10	PPARK BP	13/02/2026 NW School Championships 2026
297	1:07.99	L	F	Kaylee Rozendaal	8	HAAG UTD	30/03/2026 KZNA Level 1 Championships
298	1:08.18	L	F	Annabelle Fouche	10	KPA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
299	1:08.42	L	F	Lethabo Mokoena	9	FAC EKU	20/09/2025 EGA Summer 1 2025
300	1:08.62	L	F	Xama Vanda	10	SRAY BUF	07/02/2026 BCA Feb Age Group Gala 2026
301	1:08.89	L	P	Sibahle Dlamini	10	MAKO EKU	04/12/2025 EGA Summer Championships 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
302	1:09.02	L	F	Zanri van Heerden	8	FAAC	21/02/2026 AGE GROUP 6 KBY 2026
303	1:09.31	L	F	Anja Kruger	10	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
304	1:09.77	L	F	Tessa Venter	10	ROA EDD	04/10/2025 EDEN 1st A-League Gala 2025
305	1:10.27	L	F	Samantha Muller	7	TKS WBD	28/11/2025 Limpopo Champs 2025
306	1:10.31	L	F	Reitumetse Thakalekoala	9	PELIC MAN	10/10/2025 Super Seals Annual Gala
307	1:10.36	L	F	Leancke Barocci	8	ROA EDD	14/02/2026 EDEN 5th A-League Gala 2026
308	1:10.41	L	F	Adelène Baard	8	CLA WCD	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
309	1:10.51	L	F	Ruby Doust	7	AQUA BUF	24/01/2026 BCA January Age Group Gala 2026
310	1:10.67	L	F	Elize Pretorius	9	SWAR WCD	21/02/2026 Swartland Invitational Gala 2026
311	1:10.88	L	F	Arya Mohamed	8	TCA EKU	04/12/2025 EGA Summer Championships 2025
312	1:11.28	L	P	Sibandle Msiza	9	H2O EKU	04/12/2025 EGA Summer Championships 2025
313	1:11.44	L	F	Milane Loock	9	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
314	1:11.56	L	F	Rethabile Letsoalo	10	SFSC CPT	21/02/2026 Swartland Invitational Gala 2026
315	1:13.32	L	F	Anja Nel	8	BETH FDD	28/02/2026 FSA LEVEL 1 2026
316	1:13.79	L	F	Holly-May Cuninghame	8	HAAG UTD	06/12/2025 UThukela District Age Group 3
317	1:14.11	L	F	Ryleigh Ellenberger	9	WAC EDD	14/02/2026 EDEN 5th A-League Gala 2026
318	1:14.91	L	F	Jeanri Liebenberg	8	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
319	1:15.37	L	F	Ame Briedenhann	9	BLNE MAN	03/12/2025 Free State Champs 2025
320	1:15.48	L	F	Olivia Harbron	10	FAAC	03/12/2025 Free State Champs 2025
321	1:15.78	L	F	Lize Wolmarans	9	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
322	1:15.84	L	F	Mila Vosloo	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
323	1:16.02	L	F	Busisiwe Mosibi	10	MAKO EKU	24/10/2025 Neptunes Gala
324	1:16.29	L	F	Bandile Zungu	10	HAAG UTD	30/03/2026 KZNA Level 1 Championships
325	1:17.21	L	F	Taymar Samuels	9	CASC CPT	29/11/2025 CTA B CHAMPS 2025
326	1:17.94	L	F	Ariana Yiorikas	8	BLOT MAN	07/11/2025 Oters Prestige Gala 2025
327	1:18.04	L	F	Leilah Moodaley	9	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
328	1:18.29	L	F	Raine Engelbrecht	10	UPSK ZMD	07/02/2026 NC SPRINTS 2026
329	1:18.36	L	F	Caia Watidaishe	10	KSSC FBD	21/02/2026 AGE GROUP 6 KBY 2026
330	1:18.89	L	F	Ava Mellet	10	UPSK ZMD	21/02/2026 AGE GROUP 6 UPT 2026 - copied
331	1:20.19	L	F	Sinothile Mkhathshwa	9	UNI EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
332	1:20.82	L	F	Piper Freislich	9	KNYA EDD	14/02/2026 EDEN 5th A-League Gala 2026
333	1:23.63	L	F	Zanyke Spies	7	SS MPD	31/01/2026 Limpopo School Champs & Limpopo A
334	1:24.26	L	F	Sibahle Tsomele	8	NSAD EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2026
335	1:25.45	L	F	Sauliha Harris	9	WSS LLD	14/11/2025 Valsrivier Gala
336	1:27.71	L	F	Kwandokuhle Sithole	8	AQUA BUF	08/11/2025 UThukela Age Group Gala 2
337	1:32.85	L	F	Eden Ehlers	8	BLSS MAN	28/02/2026 FSA LEVEL 1 2026
338	1:34.34	L	F	Johné Barnard	7	TKS WBD	27/09/2025 Limpopo Age Group 4 of 2025/26
339	1:35.47	L	F	Liyema Mtawali	8	AQUA BUF	08/11/2025 UThukela Age Group Gala 2

Women 18 & Under 100 Fly

1	1:24.21	L	F	Tyla Grobler	10	BEST NMA	30/01/2026 Infinity Gala 2026
2	1:25.03	L	F	Veda Julia Csala	10	KIS CE	13/02/2026 Winelands SL Fin - February 2026 - cc
3	1:25.39	L	P	Ayana Mandeau	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
4	1:28.25	L	F	Alyx Cupido	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
5	1:28.82	L	F	Ashley Trollip	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
6	1:29.11	L	F	Aria Mossay	10	UWCA CPT	06/02/2026 WCA-B Champs - 2026
7	1:31.10	L	F	Zara Oganisian	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
8	1:31.90	L S	F	Lente Keun	10	VINE CPT	04/12/2025 Western Cape LC-A Championship 20
9	1:32.28	L	F	Mmangaliso Mkhize	9	SGUL ETH	31/03/2026 SA Level 2 Regional Age Group Cham
10	1:36.46	L	F	Kirei Burgess	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
11	1:36.85	L	F	Bethany Pierce	10	USC BUF	24/01/2026 BCA January Age Group Gala 2026
12	1:38.45	L	F	Rouxvé Henn	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
13	1:38.58	L	P	Kylie Hair	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
14	1:40.38	L	P	Sophia Potgieter	9	SS MPD	29/03/2026 SA Level 2 Regional Age Group Cham
15	1:41.08	L	F	Lene Kriel	10	LALE CED	06/03/2026 SA Level 2 Regional Age Group Cham
16	1:41.25	L	F	Henriette Odendaal	10	QSSC CPT	09/10/2025 44th Freda Barnard Invitational Gala
17	1:42.48	L	F	Jaime Williams	10	CUHE QBD	22/11/2025 Swartland Prestige Gala 2025
18	1:43.11	L	F	Misha Meyer	10	EDEN ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE C
19	1:45.25	L	F	Enhle Mthembu	9	OHAN LLD	31/01/2026 uShaka Champs 2026
20	1:46.02	L	F	Leah De Wet	10	FISH EDD	06/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
21	1:46.66	L	F	Lily Erasmus	10	PELIC MAN	24/10/2025 Neptunes Gala
22	1:48.53	L	F	Ava Greyvenstein	9	BCA BUF	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
23	1:50.48	L	F	Rainn Hughes	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
24	1:51.20	L	F	Imone Venter	10	RBOT BPD	30/03/2026 SA Level 2 Regional Age Group Cham
25	1:51.96	L	F	Emelia Veaudry	10	HARL BUF	07/02/2026 BCA Feb Age Group Gala 2026
26	1:52.33	L	F	Aryah Naidoo	10	USC BUF	12/12/2025 NMBA Championships 2025
27	1:56.58	L	F	Lisa Hanekom	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
28	1:57.17	L	F	Ava-Jayne Cuninghame	10	HAAG UTD	31/01/2026 UThukela District Gala 4
29	2:00.69	L	P	Belissa Shabangu	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
30	2:01.12	L	P	Gené Botha	10	DOLFI MPD	29/03/2026 SA Level 2 Regional Age Group Cham
31	2:03.16	L	F	Taylor Geswind	10	USC BUF	28/11/2025 BCA Long Course Championships 202
32	2:06.25	L	F	Raya Singh	10	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
33	2:07.96	L	F	Adia Theko	9	FSA FS	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
34	2:08.28	L	F	Willemina Bekker	9	KSTAR EDD	14/02/2026 EDEN 5th A-League Gala 2026
35	2:09.74	L	F	Lea Engelbrecht	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
36	2:28.60	L	F	Onga Gxididi	10	SDSC OTD	07/02/2026 BCA Feb Age Group Gala 2026
37	2:35.79	L	F	Kate Pombo	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
Women 18 & Under 200 Fly							
1	4:18.97	L	F	Misha Meyer	10	FISH EDD	22/11/2025 Eden LC Champs 2025
Women 18 & Under 200 IM							
1	3:00.27	L	F	Tyla Grobler	10	BEST NMA	30/01/2026 Infinity Gala 2026
2	3:02.99	L	F	Ayana Mandean	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
3	3:05.26	L	P	Riley Makwakwa	9	TUKS TSH	26/03/2026 SA Level 3 Regional Age Group Cham
4	3:07.68	L	F	SCARLETT MAC DONALD	10	EDEN ED	10/01/2026 NMBA INTER-DISTRICT PRESTIGE (
5	3:09.51	L	F	Veda Julia Csala	10	KIS CE	13/02/2026 Winelands SL Fin - February 2026 - cc
6	3:11.84	L	F	Bethany Pierce	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
7	3:11.86	L	P	Ava Maritz	10	CTO CPT	09/04/2026 SA Level 3 Regional Age Group Cham
8	3:13.00	L	F	Lente Keun	10	VINE CPT	14/02/2026 CTA Elite Gala (L3+)
9	3:13.09	L	F	Aria Mossay	10	UWCA CPT	06/03/2026 SA Level 2 Regional Age Group Cham
10	3:14.44	L	P	Ashley Trollip	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
11	3:14.67	L	F	Aria Perdijk	9	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
12	3:14.68	L	F	Eryn O'Brien	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
13	3:15.94	L	F	Olivia Mason	10	AZON ETH	31/03/2026 SA Level 2 Regional Age Group Cham
14	3:16.45	L	P	Armani Jones	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
15	3:17.41	L	F	Zuri Taylor	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
16	3:17.42	L	F	Emma Cox	10	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
17	3:17.95	L	F	Sophia Potgieter	9	SS MPD	29/03/2026 SA Level 2 Regional Age Group Cham
18	3:18.16	L	F	Willow Landman	10	AA JHB	29/03/2026 SA Level 2 Regional Age Group Cham
19	3:18.28	L	P	Alyx Cupido	10	BLNE MAN	30/03/2026 SA Level 2 Regional Age Group Cham
20	3:18.60	L	F	Nina Moodley	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
21	3:18.69	L	P	Anzel Swiegers	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
22	3:19.37	L	F	Chai Wanlu	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
23	3:19.92	L	F	Ava Forsythe	10	INFA NMA	12/12/2025 NMBA Championships 2025
24	3:21.03	L	P	Jemima Muirhead	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
25	3:22.06	L	F	Eva De Angelis	BR	VASA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
26	3:22.40	L	F	Talin Maatouk	10	SASE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
27	3:23.56	L	F	Isabella Bowles	10	PEAS NMA	30/01/2026 Infinity Gala 2026
28	3:24.73	L	F	Ava Els	10	BEST NMA	12/12/2025 NMBA Championships 2025
29	3:24.89	L	F	Kayla Coutts	10	BLMA CPT	06/02/2026 WCA-B Champs - 2026
30	3:25.25	L	F	Zara Oganisian	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
31	3:25.49	L	F	Tinashe Ngwenya	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
32	3:25.58	L	P	Aryah Naidoo	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
33	3:25.59	L	P	Kylie Hair	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
34	3:25.71	L	F	Mmangaliso Mkhize	9	SGUL ETH	31/03/2026 SA Level 2 Regional Age Group Cham
35	3:26.25	L	P	Emma Reling	10	BULS MAN	30/03/2026 SA Level 2 Regional Age Group Cham
36	3:26.26	L	F	Rouxvé Henn	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
37	3:27.14	L	F	Mwangala Semenova	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 2I
38	3:27.34	L	F	Roux Dong	10	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
39	3:27.53	L	P	Lukhlo Ratsibe	10	USC BUF	06/03/2026 SA Level 2 Regional Age Group Cham
40	3:27.58	L	F	Henriette Odendaal	10	QSSC CPT	06/02/2026 WCA-B Champs - 2026
41	3:27.97	L	F	Nicole Eleftheriou	10	HARL BUF	28/11/2025 BCA Long Course Championships 202
42	3:28.17	L	F	Emelia Veaudry	10	HARL BUF	07/02/2026 BCA Feb Age Group Gala 2026
43	3:28.27	L	F	Kirei Burgess	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
44	3:29.14	L	F	Eva Coates	10	WAC EDD	30/01/2026 Infinity Gala 2026
45	3:29.24	L	P	Jennifer Williams	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
46	3:29.64	L	F	Taylor Geswind	10	USC BUF	12/12/2025 NMBA Championships 2025
47	3:30.33	L	P	Johanni Van der Merwe	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
48	3:30.72	L	F	Annabelle Johnson	10	BLUO UGD	31/03/2026 SA Level 2 Regional Age Group Cham
49	3:30.80	L	F	Imone Venter	10	RBOT BPD	30/03/2026 SA Level 2 Regional Age Group Cham
50	3:31.14	L	P	Lee-Ann Du Plessis	10	RBUR BPD	30/03/2026 SA Level 2 Regional Age Group Cham
51	3:31.22	L	P	Lene Kriel	10	LALE CED	06/03/2026 SA Level 2 Regional Age Group Cham
52	3:31.73	L	F	Amery Vermaak	9	SS MPD	28/11/2025 Limpopo Champs 2025
53	3:32.16	L	F	Leah Spangenberg	9	XCEL CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
54	3:32.95	L	F	Paige Plumb	10	CSA EZD	26/09/2025 MP AGE GROUP 1 26-27 SEPT'25
55	3:33.64	L	F	Janika Roux	10	DORE JHB	29/03/2026 SA Level 2 Regional Age Group Cham
56	3:34.05	L	F	Liani Van Deventer	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
57	3:34.16	L S	F	Sofia Grebe	10	CUHE OBD	25/10/2025 CTA Qualifying Meet 3 - (L2 & above)
58	3:34.59	L	P	Ava-Jayne Cuninghame	10	HAAG UTD	31/03/2026 SA Level 2 Regional Age Group Cham
59	3:34.70	L	P	Cayla Joubert	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham
60	3:34.73	L	F	Justina Robin	10	PEAS NMA	12/12/2025 NMBA Championships 2025
61	3:34.95	L	P	Hayley Couzens	9	WSTV ETH	31/03/2026 SA Level 2 Regional Age Group Cham
62	3:35.54	L	P	McKenzie Clark	10	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
63	3:35.63	L	F	Rainn Hughes	10	BARR CPT	06/02/2026 WCA-B Champs - 2026
64	3:35.80	L	F	Juliette Spencer	9	CYBE CPT	29/11/2025 CTA B CHAMPS 2025
65	3:35.82	L	F	Holly Oliphant	10	PAC TSH	05/12/2025 2025 The Tshwane Mayor's Gala
66*	3:35.92	L	P	Jane Barnard	10	CSA EZD	26/03/2026 SA Level 3 Regional Age Group Cham
66*	3:35.92	L	F	Elke Bochmann	10	OHAN ILD	31/01/2026 uShaka Champs 2026
68	3:35.99	L	P	Raya Singh	10	CASC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
69	3:36.14	L	F	Mieke Roos	10	KNYA EDD	22/11/2025 Eden LC Champs 2025
70	3:36.26	L	F	Rachel Coleman	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
71	3:36.43	L	P	Amy Dawson	10	XCEL CPT	06/03/2026 SA Level 2 Regional Age Group Cham
72	3:36.52	L	P	Mila Wright	10	TYGE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
73	3:36.71	L	F	Enhle Mthembu	9	OHAN ILD	31/01/2026 uShaka Champs 2026
74	3:36.74	L	F	Mila De Kock	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
75	3:36.89	L	F	Layla Abrahams	10	INFA NMA	30/01/2026 Infinity Gala 2026
76	3:37.27	L	P	Sarah Sinclair	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
77	3:37.85	L	F	Cari van der Merwe	10	SWAR WCD	22/11/2025 Swartland Prestige Gala 2025
78	3:37.91	L	P	Shay Grobler	9	ASAC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
79	3:38.09	L	F	Aniek Myburgh	9	CSA EZD	30/01/2026 AG 5 MP SA SCHOOLS TRIALS 30 J/
80	3:38.17	L	F	Riley Adams	10	CSA EZD	16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY
81	3:38.25	L	F	Madison Grobler	10	TCA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
82	3:39.12	L	F	Leah-May Claassen	8	LSKP WBD	31/01/2026 Limpopo School Champs & Limpopo A
83	3:39.19	L	F	Ingrid Filter	10	TYGE CPT	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
84	3:39.21	L	F	Bailey Stoltz	9	PER JHB	29/03/2026 SA Level 2 Regional Age Group Cham
85	3:39.33	L	F	Livia Venter	10	LEGMA WBD	31/01/2026 Limpopo School Champs & Limpopo A
86	3:39.74	L	F	Livia Mare	10	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
87	3:39.81	L	F	Amahle Jali	10	TUKS TSH	05/12/2025 2025 The Tshwane Mayor's Gala
88	3:39.84	L	P	Emily Goosen	10	HARL BUF	06/03/2026 SA Level 2 Regional Age Group Cham
89	3:40.30	L	F	Madison Mc Carthy	10	MAKO EKU	29/03/2026 SA Level 2 Regional Age Group Cham
90	3:40.62	L	F	Lumay De Beer	9	CSA EZD	13/02/2026 MP AGE GROUP 6 GALA 13-14 FEBF
91	3:41.03	L	P	Lisa Hanekom	10	BARR CPT	06/03/2026 SA Level 2 Regional Age Group Cham
92	3:41.43	L	F	Maia Bull	9	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
93	3:41.50	L	F	Josie Faught	10	USC BUF	24/01/2026 BCA January Age Group Gala 2026
94	3:41.64	L	F	Mieke Labuschagne	10	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
95	3:41.90	L	F	Katja Marcus	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
96	3:42.73	L	F	Chelsea Jansen Van Vuuren	10	SEAL UMD	06/10/2025 Seagulls Winter Championships 2025
97	3:42.74	L	F	Leah Staples	10	PELIC MAN	30/03/2026 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
98	3:43.25	L	F	Ngwekazi Mthiyane	10	ASA ILD	31/01/2026 uShaka Champs 2026
99	3:43.37	L	F	Luzay Gerber	10	BEST NMA	09/10/2025 44th Freda Barnard Invitational Gala
100	3:43.69	L	F	Ziyanda Mtetwa	10	PAC TSH	29/03/2026 SA Level 2 Regional Age Group Cham
101	3:45.06	L	P	Anje Bartmann	10	SWAR WCD	06/03/2026 SA Level 2 Regional Age Group Cham
102	3:45.15	L	P	Ziane Geldenhuys	10	SFSC CPT	06/03/2026 SA Level 2 Regional Age Group Cham
103	3:45.23	L	F	Kuno Moleme	10	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
104	3:45.50	L	F	Nienke van Wyngaard	10	DDA TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
105	3:46.32	L	F	Leah De Wet	10	FISH EDD	22/11/2025 Eden LC Champs 2025
106	3:46.45	L	F	Misha Meyer	10	FISH EDD	22/11/2025 Eden LC Champs 2025
107	3:46.53	L	P	Lilani Wolmarans	10	PEAS NMA	06/03/2026 SA Level 2 Regional Age Group Cham
108	3:46.60	L	F	Liani Jacobs	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
109	3:46.85	L	F	Nina Kruger	10	MDOL JHB	29/03/2026 SA Level 2 Regional Age Group Cham
110	3:46.97	L	P	Kora Glencross	9	CTO CPT	06/03/2026 SA Level 2 Regional Age Group Cham
111	3:47.00	L	F	Ava O'Brien	10	MDOL JHB	06/02/2026 Crusaders & CGA Night Gala
112	3:47.23	L	F	Ava Greyvenstein	9	USC BUF	12/12/2025 NMBA Championships 2025
113	3:48.14	L	F	Amelia Deiner	9	UNI EZD	05/12/2025 Mpumalanga Championships 2025
114	3:48.31	L	F	Olivia-Reign Thomson	9	UNI EZD	29/03/2026 SA Level 2 Regional Age Group Cham
115	3:48.34	L	F	Imine Dercksen	10	BETH FDD	03/12/2025 Free State Champs 2025
116	3:48.36	L	F	Amélie Smith	9	TUKS TSH	29/03/2026 SA Level 2 Regional Age Group Cham
117	3:48.53	L	F	Kayla Fouche	10	TYGE CPT	06/02/2026 WCA-B Champs - 2026
118	3:48.58	L	P	Mareli Janse van Rensburg	9	BARR CPT	06/03/2026 SA Level 2 Regional Age Group Cham
119	3:48.84	L	F	Leiliah Bendeman	9	SS MPD	28/11/2025 Limpopo Champs 2025
120	3:49.39	L	P	Emily Jacobs	10	VINE CPT	06/03/2026 SA Level 2 Regional Age Group Cham
121	3:49.59	L	F	Genevieve Joubert	10	RFA TSH	26/07/2025 NTS 200 IM Time Trials
122	3:50.44	L	F	Chloé Scott	10	TUKS TSH	26/07/2025 NTS 200 IM Time Trials
123	3:50.72	L	F	Julie-Anne Loots	10	CHSA CPT	20/09/2025 CTA INVITATIONAL LC MEET
124	3:50.80	L	F	Aiva-Grace Wittstock	9	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
125	3:50.92	L	F	Lily Erasmus	10	PELIC MAN	24/10/2025 Neptunes Gala
126	3:51.13	L	F	Callie Gomes	7	TUKS TSH	25/10/2025 Zasu 1st League OYDC 2025-26
127	3:51.18	L	F	Karli Botha	10	NC FBD	31/01/2026 4+1 INTERPROVINCIAL GALA 2026
128	3:51.25	L	F	Minay Boshoff	10	DDA TSH	13/02/2026 NTS Level 1+2 February Age Group 2f
129	3:51.29	L	F	Klarah Geldenhuys	9	ACAA CCD	31/01/2026 Limpopo School Champs & Limpopo A
130	3:51.81	L	F	Leah Schley	10	CA EKU	29/03/2026 SA Level 2 Regional Age Group Cham
131	3:52.27	L	F	Carli Steenkamp	9	KALA	05/12/2025 NCASA CHAMPS 2025 - copied - copi
132	3:52.34	L	P	Emily Rushin	10	HURAQ CPT	06/03/2026 SA Level 2 Regional Age Group Cham
133	3:52.73	L	F	Mila Van Zyl	9	BS LLD	07/11/2025 Otters Prestige Gala 2025
134	3:52.98	L	F	Luthando Khoza	9	MAKO EKU	28/02/2026 AG Level 1 Regional Competition 2026
135	3:53.01	L	P	Alexia Virgillito	10	CLA WCD	06/03/2026 SA Level 2 Regional Age Group Cham
136	3:53.22	L	F	Kayla Snoeck Henkemans	9	TUKS TSH	28/02/2026 AG Level 1 Regional Competition 2026
137	3:53.36	L	F	Hanneli Van der Watt	10	GREY CPT	09/10/2025 44th Freda Barnard Invitational Gala
138	3:53.60	L	F	Melanie Madenyika	10	AWIN TSH	05/12/2025 2025 The Tshwane Mayor's Gala
139	3:53.73	L	F	Ané Plath	9	CSA EZD	28/02/2026 SSA LEVEL 1 REGIONAL CHAMPS 2
140	3:53.83	L	F	Klara Meindertsm	10	AWIN TSH	29/03/2026 SA Level 2 Regional Age Group Cham
141	3:53.89	L	P	Vida - Ani Markgraaff	10	BLOT MAN	30/03/2026 SA Level 2 Regional Age Group Cham
142	3:54.08	L	F	Kaylee Engelbrecht	9	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
143	3:54.25	L	P	Lynise Erasmus	10	WELA LLD	30/03/2026 SA Level 2 Regional Age Group Cham
144	3:54.38	L	F	Alexis Scheepers	9	STAR BPD	06/12/2025 NWS Championships 2025
145	3:54.47	L	F	Mila Coetzee	10	TUKS TSH	27/02/2026 NTS Level 3+ February Age Group Ga
146	3:54.48	L	F	Harlee Hodgson	9	OHAN ILD	31/01/2026 uShaka Champs 2026
147	3:54.55	L	F	Michaela Johnson	10	AAS JHB	29/03/2026 SA Level 2 Regional Age Group Cham
148	3:55.00	L	F	Heidi Du Toit	10	CSA EZD	16/01/2026 MP AGE GROUP 4 - 16-17 JANUARY
149	3:55.07	L	F	Sakeenah Du Toit	10	UWCA CPT	06/02/2026 WCA-B Champs - 2026
150	3:55.09	L	F	Zahn Potgieter	10	DDA TSH	28/02/2026 AG Level 1 Regional Competition 2026
151	3:55.35	L	F	Maria Ferreira	9	GHS BPD	13/02/2026 NW School Championships 2026
152	3:55.62	L	F	Rebecca Lawson	10	CTO CPT	06/02/2026 WCA-B Champs - 2026
153	3:55.90	L	F	Zivah Carson	10	BULS MAN	07/11/2025 Otters Prestige Gala 2025
154	3:55.95	L	F	Mia Oswald	8	ESP EKU	29/03/2026 SA Level 2 Regional Age Group Cham
155	3:56.06	L	F	Bea-Mari Bekker	10	LSTZN CCD	31/01/2026 Limpopo School Champs & Limpopo A
156	3:56.13	L	F	Yandzisa Sambo	10	UNI EZD	13/09/2025 MP SPRINT 13 SEPTEMBER 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
157	3:56.22	L	F	Alisha Nell	10	BLMA CPT	13/02/2026	Winelands SL Fin - February 2026 - cc
158	3:56.66	L	F	Emma Potgieter	8	ESA CED	22/11/2025	Swartland Prestige Gala 2025
159	3:57.19	L	F	Lua Haasbroek	10	BLSS MAN	03/12/2025	Free State Champs 2025
160	3:58.15	L	P	Ella Rundle	10	CUHE OBD	06/03/2026	SA Level 2 Regional Age Group Cham
161	3:58.40	L	F	Jala Olivier	10	OLDE JHB	14/02/2026	CGA Last Chance
162	3:58.47	L	P	Elmi van Heerden	10	BS LLD	30/03/2026	SA Level 2 Regional Age Group Cham
163	3:58.48	L	F	Inaya Gampoua Ncharre Mouchili	10	INFA NMA	15/11/2025	5th A League Gala 2025
164	3:58.88	L	F	Mia Linder	10	BARR CPT	22/11/2025	Swartland Prestige Gala 2025
165	3:58.92	L	F	Kganya Sekgobela	9	CA EKU	04/12/2025	EGA Summer Championships 2025
166	3:59.76	L	F	Tiffany Mujati	10	AA JHB	29/03/2026	SA Level 2 Regional Age Group Cham
167	3:59.94	L	F	Ellie van der Mescht	10	PEAS NMA	28/06/2025	PEA Winter Gala 2025
168	3:59.99	L	F	Hailey Alcock	10	SFSC CPT	29/11/2025	CTA B CHAMPS 2025
169	4:00.11	L	F	Sofiyyah Bodiat	10	MDOL JHB	27/11/2025	CGA Championships 2025
170	4:00.32	L	F	Mmelwa Mtshweni	10	CA EKU	29/03/2026	SA Level 2 Regional Age Group Cham
171	4:00.71	L	F	Daniella Govender	10	BEAV ETH	09/07/2025	TYR Prestige Tournament 2025
172	4:00.79	L	F	Larissa Botha	10	BLMA CPT	22/11/2025	Swartland Prestige Gala 2025
173	4:01.21	L	F	Gopolang Mamogale	10	TUKS FSH	31/10/2025	NTS Level 1+2 November Age Group :
174	4:01.25	L	F	Lila Roux	10	GREY CPT	13/02/2026	Winelands SL Fin - February 2026 - cc
175	4:01.45	L	F	Isabella Engela	10	CASC CPT	13/02/2026	Winelands SL Fin - February 2026 - cc
176	4:01.78	L	F	Thatum Smith	9	BULS MAN	23/01/2026	Mangaung Gala
177	4:01.79	L	F	Alana Bam	9	CSA EZD	26/09/2025	MP AGE GROUP 1 26-27 SEPT'25
178	4:02.64	L	F	Belissa Shabangu	9	UNI EZD	29/03/2026	SA Level 2 Regional Age Group Cham
179	4:02.66	L	F	Sarélida Velthuysen	10	SS MPD	31/01/2026	Limpopo School Champs & Limpopo A
180	4:02.72	L	F	Ankia Slabbert	10	BRAVE CED	06/02/2026	WCA-B Champs - 2026
181	4:03.01	L	F	Sophie Joubert	10	NSAD EZD	10/10/2025	MP AGE GROUP 2 10-11 OCTOBER
182	4:03.34	L	F	Sophia Erasmus	10	BETH FDD	10/10/2025	Super Seals Annual Gala
183	4:03.75	L	F	Camika Bellamy	10	AAS JHB	14/02/2026	CGA Last Chance
184	4:03.93	L	F	Jamie Pentz	10	BLOT MAN	10/10/2025	Super Seals Annual Gala
185	4:04.53	L	F	Livia Franzsen	10	OLDE JHB	14/02/2026	CGA Last Chance
186	4:04.67	L	F	Alessandra De Dominicis	10	CRSC JHB	14/02/2026	CGA Last Chance
187	4:04.86	L	F	Olivia Lamprecht	9	WAC EDD	14/02/2026	EDEN 5th A-League Gala 2026
188	4:05.16	L	F	Cara Swanepoel	10	UNI EZD	16/01/2026	MP AGE GROUP 4 - 16-17 JANUARY
189	4:05.25	L	F	Chenique Du Plessis	10	PELIC MAN	23/01/2026	Mangaung Gala
190	4:05.55	L	P	Yolla Mario	10	KALA	30/03/2026	SA Level 2 Regional Age Group Cham
191	4:06.29	L	F	Khumo Ranape	10	BAS EKU	29/03/2026	SA Level 2 Regional Age Group Cham
192	4:06.83	L	F	Rosemary Nelson	10	PEAS NMA	28/06/2025	PEA Winter Gala 2025
193	4:06.91	L	F	Amelia Moodley	10	AAS JHB	28/02/2026	AG Level 1 Regional Competition 2026
194	4:06.93	L	F	Holly Durandt	10	KNYA EDD	04/10/2025	EDEN 1st A-League Gala 2025
195	4:07.66	L	F	Liane Van Zyl	10	PPARK BP	13/02/2026	NW School Championships 2026
196	4:07.87	L	P	Keira Damons	10	BLNE MAN	30/03/2026	SA Level 2 Regional Age Group Cham
197	4:08.24	L	F	Ziané Boshoff	10	TINC FSH	31/10/2025	NTS Level 1+2 November Age Group :
198	4:08.97	L	F	Cara Hendricks	10	CASC CPT	20/09/2025	CTA INVITATIONAL LC MEET
199	4:09.31	L	F	Elaine Jacobs	10	TUKS FSH	13/02/2026	NTS Level 1+2 February Age Group 2f
200	4:10.32	L	F	Lillian Gregory	9	HAAG UTD	30/03/2026	KZNA Level 1 Championships
201*	4:10.37	L	F	Ava Kruger	10	ESA CED	24/01/2026	Drakenstein Invitational - copied
201*	4:10.37	L	F	Jahne Fick	10	JOIEC	21/02/2026	AGE GROUP 6 UPT 2026 - copied
203	4:11.07	L	F	Riley Henderson	10	TUKS FSH	03/10/2025	Swimpartners Gala (Blue vs White) Oc
204	4:11.12	L	F	Zara Bayisayi	9	TCA EKU	28/02/2026	AG Level 1 Regional Competition 2026
205	4:11.31	L	F	Nikola De Villiers	10	TYGE CPT	29/11/2025	CTA B CHAMPS 2025
206	4:11.98	L	F	Paigan Stols	9	TKS WBD	28/11/2025	Limpopo Champs 2025
207	4:12.41	L	P	Denni Kriel	8	GREY CPT	06/03/2026	SA Level 2 Regional Age Group Cham
208	4:13.03	L	F	Kara Spies	10	GHS BPD	13/02/2026	NW School Championships 2026
209	4:13.41	L	F	Calynn Harvett	10	STAQ CED	13/02/2026	Winelands SL Fin - February 2026 - cc
210	4:13.55	L	P	Elizabeth Laubscher	10	GREY CPT	06/03/2026	SA Level 2 Regional Age Group Cham
211	4:14.14	L	F	Birgitte Oosthuizen	10	CLA WCD	22/11/2025	Swartland Prestige Gala 2025
212*	4:14.44	L	F	Hadassah Ragavan	10	KLOO ETH	31/01/2026	uShaka Champs 2026
212*	4:14.44	L	F	Ntwanano Chauke	9	DORE JHB	20/02/2026	CGA Level 1 and Level 2 Championsh
214	4:15.38	L	F	Willemina Bekker	9	KSTAR EDD	22/11/2025	Eden LC Champs 2025
215	4:15.39	L	P	Loyed Negash	10	BARA EKU	04/12/2025	EGA Summer Championships 2025

Individual Top Times

Times since: 01-May-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
216	4:16.14	L	F	Mathabo Marutla	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
217	4:16.33	L	F	Alexandra Evans	10	RACE JHB	14/02/2026 CGA Last Chance
218	4:16.45	L	F	Olivia Schoultz	9	CA EKU	31/01/2026 EGA Last Chance Gala 2026
219	4:16.75	L	F	Gabrealle Coetzee	10	BEARS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
220	4:17.10	L	P	Thandolwethu Teto	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
221	4:17.26	L	F	Lukhanyo Dladla	8	CSA EZD	05/12/2025 Mpumalanga Championships 2025
222	4:17.31	L	F	Chanique Steele	10	CASC CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
223	4:17.54	L	F	Cathrine Van der Merwe	10	ESA GED	06/02/2026 WCA-B Champs - 2026
224	4:17.67	L	F	Sofia Daniels	10	CASC CPT	06/02/2026 WCA-B Champs - 2026
225	4:18.20	L	F	Lea Engelbrecht	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
226	4:18.40	L	F	Kirsten Gibson	10	GREY CPT	24/01/2026 Drakenstein Invitational - copied
227	4:18.57	L	F	Lesego Magwaza	10	H2O EKU	21/02/2026 EGA Lets Sprint Gala 2026
228	4:18.76	L	F	Lia Geldenhuis	10	BULS MAN	23/01/2026 Mangaung Gala
229	4:20.28	L	F	Sibandle Msiza	9	H2O EKU	28/02/2026 AG Level 1 Regional Competition 2026
230	4:20.74	L	F	Angelique Pieterse	8	WAC EDD	22/11/2025 Eden LC Champs 2025
231	4:20.86	L	F	Lize' Husselmann	10	PELIC MAN	23/01/2026 Mangaung Gala
232	4:20.91	L	F	Adel�ne Baard	8	CLA WCD	17/01/2026 CTA BRIAN BUTTON Qualifying Meet
233	4:21.03	L	F	Anja Bochmann	9	OHAN ILD	31/01/2026 uShaka Champs 2026
234	4:21.31	L	F	Chaney Nathan	10	FISH EDD	22/11/2025 Eden LC Champs 2025
235	4:21.82	L	F	Emily Hattingh	10	TUKS TSH	13/02/2026 NTS Level 1+2 February Age Group 21
236	4:22.24	L	F	Phathu Mabasaf	10	AWIN TSH	31/10/2025 NTS Level 1+2 November Age Group 21
237	4:22.41	L	F	Kaboentle Raphuti	10	GHS BPD	13/02/2026 NW School Championships 2026
238	4:23.25	L	F	Abigail Vermaak	10	KSC EZD	07/11/2025 MP AGE GROUP 3 - 7-8 NOV 2025
239	4:23.40	L	F	Luane' Griessel	10	BULS MAN	10/10/2025 Super Seals Annual Gala
240	4:23.60	L	F	Mila Jooste	8	GREY CPT	24/01/2026 Drakenstein Invitational - copied
241	4:25.40	L	F	Riley-Jane Smit	10	SEAL UMD	31/01/2026 uShaka Champs 2026
242	4:27.55	L	F	Kate Pombo	9	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
243	4:27.58	L	F	Adia Theko	9	PELIC MAN	20/09/2025 Welkom Seals Gala
244	4:28.32	L	F	Ava-Grace Sanders	10	GREY CPT	13/02/2026 Winelands SL Fin - February 2026 - cc
245	4:28.72	L	F	Corrali Duvenhage	8	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
246	4:28.84	L	F	Keziah Rae Steyn	9	WAC EDD	22/11/2025 Eden LC Champs 2025
247	4:29.07	L	F	Bohlale Mofokeng	10	JAQ EKU	20/09/2025 EGA Summer 1 2025
248	4:29.14	L	F	Car - Li Roux	9	BLOT MAN	23/01/2026 Mangaung Gala
249	4:29.26	L	F	Lushelle Karemaker	10	BARR CPT	22/11/2025 Swartland Prestige Gala 2025
250	4:30.77	L	F	Zahra Muyaka	9	HARB BPD	06/12/2025 NWS Championships 2025
251	4:31.01	L	F	Madelie Ras	9	HREF BP	06/12/2025 NWS Championships 2025
252	4:31.25	L	F	Thalia Yiorkas	10	BLOT MAN	24/10/2025 Neptunes Gala
253	4:31.53	L	F	Lethabo Mokoena	9	FAC EKU	04/12/2025 EGA Summer Championships 2025
254	4:31.54	L	F	Iyazi Ntlokwana	10	SDSC OTD	28/11/2025 BCA Long Course Championships 2025
255	4:33.62	L	F	Thoriso Senyakoe	7	ESP EKU	28/02/2026 AG Level 1 Regional Competition 2026
256	4:34.76	L	F	Mia Williams	10	BLNE MAN	14/02/2026 MA LAST CHANCE GALA
257	4:35.03	L	F	Len� Barnard	10	FISH EDD	24/01/2026 EDEN 4th A-League Gala 2026
258	4:35.42	L	F	Esmere Maritz	10	JOIE FBD	14/02/2026 KALAHARI CLASSIC 2026
259	4:37.08	L	F	Evelyn Du Plessis	10	FSE KCD	07/02/2026 KCDA Age Group 5 2026
260	4:37.30	L	F	Mekayla Van der Bank	10	TKS WBD	28/11/2025 Limpopo Champs 2025
261	4:37.58	L	F	Esmeralda van Niekerk	9	AWIN TSH	13/02/2026 NTS Level 1+2 February Age Group 21
262	4:37.59	L	F	Yan-Ci Wong	10	AQUA BUF	10/10/2025 Super Seals Annual Gala
263	4:39.25	L	F	Micah Bezuidenhout	9	ROA EDD	24/01/2026 EDEN 4th A-League Gala 2026
264	4:40.38	L	F	Paige-Mitchelle Dreyer	9	TYGE CPT	09/10/2025 44th Freda Barnard Invitational Gala
265	4:40.55	L	F	Lihle Speckman	9	AA JHB	20/02/2026 CGA Level 1 and Level 2 Championsh
266	4:40.76	L	F	Lerato Nkwana	8	PEPPS CCD	31/01/2026 Limpopo School Champs & Limpopo A
267	4:42.74	L	P	India Parr	10	KNYA EDD	06/03/2026 SA Level 2 Regional Age Group Cham
268	4:47.74	L	F	Karlien Luttig	8	UPSK ZMD	07/02/2026 NC SPRINTS 2026
269	4:48.65	L	F	Ziyanda Mthembu	10	HAAG UTD	10/10/2025 Super Seals Annual Gala
270	4:49.57	L	F	Skyler Shelton	10	ESTR EKU	20/09/2025 EGA Summer 1 2025
271	4:51.78	L	P	Iviwe Nobongoza	10	FAC EKU	04/12/2025 EGA Summer Championships 2025
272	5:41.51	L	F	Onga Gxididi	10	SDSC OTD	28/11/2025 BCA Long Course Championships 2025