

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
<b>Women 17-17 50 Free</b>								
1	25.24	L S	P	Jessica Thompson	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
2	26.24	L	F	Kendra Venter	17	RSA		18/10/2023 BRICS Games Swimming 2023-KZN
3	26.55	L S	F	Milla Drakopoulos	17	KZNA	ETH	08/04/2024 SA National Aquatic Champ 2024-PE
4	27.31	L	P	Genna Cloete	17	RSA		13/10/2023 World Aqua -Swimming World Cup Oct
5	27.36	L	F	Cara Knoblauch	17	LALE	GED	15/03/2024 SA National Junior Age Group
6	27.49	L	F	Xandri Fourie	17	TRAZ	TSH	12/12/2023 NTS Championships 2023
7	27.62	L	F	Caelyn White	17	AA	JHB	15/03/2024 SA National Junior Age Group
8	27.67	L	F	Megan Stewart	17	AZON	ETH	15/03/2024 SA National Junior Age Group
9	27.75	L	P	Indiana De Villers	17	SEALE	ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
10	27.81	L	F	Julie Landmann	17	PAC	TSH	12/12/2023 NTS Championships 2023
11	27.84	L S	P	Tannah Lindsay	17	CA	EKU	07/12/2023 EGA Summer Championships
12	27.92	L	P	Sofia French	17	TUKS	TSH	12/12/2023 NTS Championships 2023
13	28.01	L S	P	Jessica Baker	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
14	28.26	L S	P	Khwezi Jacobs	17	ECA	BUF	08/04/2024 SA National Aquatic Champ 2024-PE
15	28.32	L	P	Ella-May Claassen	17	PAC	TSH	15/03/2024 SA National Junior Age Group
16	28.38	L	F	Leah Lachman	17	SEALE	ETH	24/11/2023 Westville-Seals LC Championships
17	28.40	L	F	Anri Wenhold	17	TUKS	TSH	12/12/2023 NTS Championships 2023
18*	28.48	L S	P	Mila Prinsloo	17	ASAW	GED	14/12/2023 Western Cape LC-A Championship 2023
18*	28.48	L S	P	Alexia McCabe	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
20	28.52	L	P	Jemma Van Wyk	17	TUKS	TSH	12/12/2023 NTS Championships 2023
21	28.62	L	F	Megan Matthews	17	ASA	ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
22	28.64	L	F	Monica Botha	17	BEAV	ETH	24/11/2023 Westville-Seals LC Championships
23	28.67	L	F	Romy Day	17	ELEC	TSH	23/06/2023 Treviso Swim Cup
24	28.68	L	F	Emily Beatt	17	PEAS	NMA	15/12/2023 NMBA Championships 2023
25	28.71	L	P	Alexia Greyling	17	CA	EKU	15/03/2024 SA National Junior Age Group
26	28.79	L S	P	Cleo Lin	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
27	28.95	L	P	Francisca Van Rooyen	17	RSA		18/10/2023 BRICS Games Swimming 2023-KZN
28	28.96	L S	P	Madison Scorgie	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
29	28.99	L	P	Utah Novello	17	CLSC	WCD	15/03/2024 SA National Junior Age Group
30	29.03	L	F	Christine Jackson	17	ELEC	TSH	23/06/2023 Treviso Swim Cup
31	29.06	L	F	Zoe Griffiths	17	TUKS	TSH	22/09/2023 NTS Level 3+ September Age Group
32	29.07	L	F	Madison Goliath	17	USC	BUF	15/12/2023 NMBA Championships 2023
33	29.19	L	F	Gabriella Helberg	17	FLOD	JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
34	29.24	L	F	Ashley Loch	17	VHD	ZLD	24/11/2023 Westville-Seals LC Championships
35	29.46	L	P	Danielle Webster	17	RFA	TSH	12/12/2023 NTS Championships 2023
36	29.54	L	F	Marie-Ella Maske	17	RAV	EKU	11/11/2023 EGA Summer 3
37*	29.56	L	P	Vhenekai Dhemba	17	HRE	MS	14/12/2023 KZNA 2023 Championships Incorp SSA
37*	29.56	L	F	Amber Ogden	17	PEAS	NMA	21/03/2024 SA Level 3 Regional Age Group
39	29.57	L	F	Chloe Steyn	17	BEST	NMA	22/07/2023 1st A League Gala 2023
40	29.61	L	P	Leigh-Ann Van der Vyver	17	CRSC	JHB	15/03/2024 SA National Junior Age Group
41	29.63	L	F	Ella Bouw	17	PER	JHB	20/03/2024 SA Level 3 Regional Age Group
42*	29.65	L	F	Kayla Vorster	17	BLOT	MAN	06/12/2023 Free State Champs 2023
42*	29.65	L	F	Danika Vyncke	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
44	29.66	L	F	Lica Van Niekerk	17	PLAY	GED	17/02/2024 Swartland Invitational Gala 2024
45	29.70	L	P	Kiyara Campbell	17	USC	BUF	24/06/2023 PEA Winter Gala 2023
46	29.72	L	F	Xandri Palmer	17	POTC	KKD	06/12/2023 NWS Championships 2023/24
47	29.82	L	P	Isi Mshudulu	17	FLOD	JHB	24/03/2024 SA Level 2 Regional Age Group Champs
48	29.83	L	P	Maya Laubscher	17	ASAC	CPT	15/03/2024 SA National Junior Age Group
49	29.87	L S	P	Kiera Cloete	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
50	29.88	L	F	Sophia Wium	17	QSAW	GED	21/01/2024 CTA BMEET 4
51*	29.94	L	F	Danel Da Veiga	17	FLOD	JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
51*	29.94	L	P	Skylla Havenga	17	CLSC	WCD	15/03/2024 SA National Junior Age Group
53	29.95	L	P	Lara Botha	17	ASAW	GED	15/03/2024 SA National Junior Age Group
54	29.99	L	F	Janeske Vd Walt	17	RBUR	BPD	06/12/2023 NWS Championships 2023/24
55	30.03	L	P	Madison Alberts	17	AZON	ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
56	30.04	L S	P	Aurora Ryser	17	TYGE	CPT	14/12/2023 Western Cape LC-A Championship 2023
57	30.05	L	F	Kiara Croft	17	PEAS	NMA	15/12/2023 NMBA Championships 2023
58	30.08	L	F	Chloe Graaff	17	CRSC	JHB	12/01/2024 2024 Grand Prix Invitation Swimming

## Individual Top Times

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
59	30.13	L S	P	Jenna Smit	17	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
60	30.15	L	P	Clio Smidt	17	VINE	CPT	15/03/2024	SA National Junior Age Group
61	30.19	L S	P	Anika Hugo	17	QSAW	CED	14/12/2023	Western Cape LC-A Championship 2023
62	30.31	L	P	Erin Langenhoven	17	SFSC	CPT	15/03/2024	SA National Junior Age Group
63	30.33	L	F	Retha De Roubaix	17	LALE	CED	11/11/2023	Winelands SL4
64	30.34	L	F	Elne Haynes	17	AHMP	TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
65	30.38	L	F	Jady Theron	17	ASAW	CED	11/11/2023	Winelands SL4
66	30.43	L	F	Jorja Lindstrom	17	HARL	BUF	15/12/2023	NMBA Championships 2023
67	30.44	L	P	Caitlyn Fish	17	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
68*	30.55	L	F	Chignet Davel	17	ACAQ	CCD	22/09/2023	NTS Level 3+ September Age Group
68*	30.55	L S	P	Morgan Botha	17	PGAC	EKU	07/12/2023	EGA Summer Championships
70	30.56	L	F	Susanna du Preez	17	NWUC	KKD	21/10/2023	NWS Age Group 1 & 2 2023
71	30.61	L	P	Casey Roos	17	ELEC	TSH	20/03/2024	SA Level 3 Regional Age Group
72*	30.69	L	P	Leah Durig	17	SMTC	JHB	20/03/2024	SA Level 3 Regional Age Group
72*	30.69	L	F	Justine Crator	17	SWIFT	EKU	26/01/2024	EGA Last Chance 2024
74*	30.78	L	F	Linique Rowles	17	PGIM	KK	23/02/2024	NW School Championships 2024
74*	30.78	L	F	Annika Serfontein	17	VALS	FDD	03/11/2023	Heidedal Welkom Gala
74*	30.78	L	F	Anmari Greeff	17	ELRAS	WBD	01/12/2023	Limpopo Champs
74*	30.78	L	F	Tayla Bruce	17	BEAV	ETH	21/10/2023	Froggies Championships 2023
78	30.80	L	F	Cara Smook	17	BLOT	MAN	06/12/2023	Free State Champs 2023
79	30.82	L	F	Tanith Ward	17	SSISA	CPT	18/11/2023	CTA QUALIFYING MEET 2
80	30.83	L	P	Juliette Pascoe	17	TUKS	TSH	12/12/2023	NTS Championships 2023
81	30.88	L	F	Miette Van Huyssteen	17	CUHE	QBD	17/02/2024	Swartland Invitational Gala 2024
82	30.98	L	F	Raine Botes	17	TUKS	TSH	26/01/2024	NTS Level 3+ January Age Group 2024
83	31.01	L	F	Nicola Herbst	17	PEAS	NMA	12/08/2023	Madibaz Swim Meet 2023
84	31.08	L	F	Mikaela Landman	17	RFA	TSH	17/11/2023	NTS Level 3+ November Age Group
85	31.15	L	P	Rachel Murray	17	HARL	BUF	24/06/2023	PEA Winter Gala 2023
86	31.29	L	F	Rebekah Olivier	17	SEALE	ETH	12/01/2024	2024 Grand Prix Invitation Swimming
87	31.33	L	P	Ashley Ferguson	17	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
88	31.35	L	P	Marlouise Keet	17	DDA	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
89	31.40	L	F	Gabriella Mitchell	17	CRSC	JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
90	31.44	L	F	Michelle Mulol	17	TUKS	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
91	31.46	L	F	Lune Van Den Berg	17	QSAW	CED	11/11/2023	Winelands SL4
92	31.49	L	F	Abigail Olivier	17	ACAQ	CCD	01/12/2023	Limpopo Champs
93	31.50	L	F	Carli Vorster	17	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
94	31.62	L	F	Kaylin Oelschig	17	BLNE	MAN	27/10/2023	Neptune Prestige Gala
95	31.64	L	P	Janica Stone	17	KALA		21/03/2024	SA Level 3 Regional Age Group
96	31.67	L	F	Elri Van Der Westhuizen	17	TINC	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
97	31.74	L	P	Annika Erasmus	17	AA	JHB	30/11/2023	CGA Championships 2023
98	32.00	L	F	Robyn Cowley	17	TUKS	TSH	23/02/2024	NTS Prestige AG February 2024
99*	32.04	L	F	Kaeli-Peace Armour	17	BLOT	MAN	26/08/2023	kovsie Sprint Gala
99*	32.04	L S	P	Jessica Bott	17	SOUL	EKU	07/12/2023	EGA Summer Championships
101	32.07	L	P	Chante Joubert	17	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
102	32.08	L S	F	Kiara Netherlands	17	SFSC	CPT	24/11/2023	CTA A & B CHAMPS 2023
103*	32.09	L	P	Erin De Montille	17	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
103*	32.09	L	F	Talia Vd Berg	17	QSAW	CED	03/02/2024	Winelands SL final
105	32.16	L	F	Millah Smith	17	BLSS	MAN	27/10/2023	Neptune Prestige Gala
106	32.19	L	F	Heidri De Jager	17	RHS	BP	23/02/2024	NW School Championships 2024
107	32.28	L	F	Kendall Jackson	17	CA	EKU	11/11/2023	EGA Summer 3
108	32.31	L	F	Onika Madela	17	MMD	CPT	18/11/2023	CTA QUALIFYING MEET 2
109	32.32	L	P	Oratile Muthaphuli	17	QUES	JHB	30/11/2023	CGA Championships 2023
110*	32.47	L	F	Kelly Jackson	17	BLSS	MAN	06/12/2023	Free State Champs 2023
110*	32.47	L	F	Oratile Mukhethwa	17	QUES	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
112	32.50	L	F	Melisca Everson	17	KZNA	ETH	08/04/2024	SA National Aquatic Champ 2024-PE
113	32.61	L	P	Chloe Rushton	17	SASE	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
114	32.62	L	P	Skye Micklethwaite	17	SSISA	CPT	21/03/2024	SA Level 3 Regional Age Group
115	32.70	L	P	Amyleigh Tolmay	17	AFIN	JHB	30/11/2023	CGA Championships 2023
116	32.71	L	F	Aqeelah Rinquest	17	MARL	CPT	10/02/2024	WCA-B Champs - 2024
117	32.80	L	F	Sarah Byrne	17	LAD	UTD	05/04/2024	SA Level 2 Regional Age Group Champs

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	Time	P/F/S	Name	Age/Yr			
118	33.01 L	F	Leané van Eeden	17	GHSK	10/02/2024	AGE GROUP 6 KBY - 2024
119	33.29 L	F	Savannah Nicol	17	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
120	33.30 L	F	Kayla Botha	17	BLSS MAN	06/12/2023	Free State Champs 2023
121	33.33 L	F	Aimy Engelbrecht	17	RFA TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
122	33.39 L S	F	Channah Van Coller	17	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
123*	33.65 L S	P	Abigail Pretorius	17	SOUL EKU	07/12/2023	EGA Summer Championships
123*	33.65 L	P	Aliyyah Rangraze	17	ATLA JHB	30/11/2023	CGA Championships 2023
125	33.73 L	F	Leoné Van Schalkwyk	17	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
126*	33.76 L	P	Joelle Buys	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
126*	33.76 L	F	Holleigh Johnstone	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
128	33.79 L	P	Poshika Ramsamy	17	BEST NMA	24/06/2023	PEA Winter Gala 2023
129	33.84 L	F	Lara Heleen Schilz	17	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
130	33.90 L	F	Elani Neethling	17	ELRAS WBD	01/12/2023	Limpopo Champs
131	34.04 L	F	Carlia Nel	17	HPP BUF	27/01/2024	Limpopo School Champs
132	34.09 L	F	Dakota Wyngaard	17	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
133	34.14 L	F	Dane Meintjes	17	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
134	34.35 L	F	Isabella Horwood	17	PEAS NMA	21/10/2023	4th A League Gala 2023
135	34.40 L	F	Tara Dixon	17	CASC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
136*	34.48 L	F	Megan Fermoyle	17	SASE JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
136*	34.48 L	P	Emma-Kate Van Niekerk	17	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
138	34.53 L S	P	Abigail Hains	17	PGAC EKU	07/12/2023	EGA Summer Championships
139	34.54 L	F	Kelee Flanagan	17	PEAS NMA	23/09/2023	3rd A League Gala 2023
140	35.12 L	F	Emma Imrie	17	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
141	35.18 L	F	Lara Luttig	17	QUIC CPT	21/01/2024	CTA BMEET 4
142	35.34 L	F	Cailynn Foster	17	RPAC EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
143	35.84 L	F	Marlet Maré	17	PSC TSH	26/01/2024	NTS Level 3+ Januaery Age Group 2024
144	36.25 L	F	Caitlynn Foster	17	RPAC EKU	15/09/2023	EGA Summer 1
145	36.31 L	F	Christine Keira Pagkatipunan	17	SOUL EKU	02/03/2024	AG Level 1 Regional Age Group
146	36.35 L	F	Nabatende Kituuka	17	ISSA NM	23/02/2024	NW School Championships 2024
147	36.87 L	F	Zoé-Lee Zondagh	17	GHSK	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
148	36.97 L	P	Lara Steenkamp	17	UNI EZD	01/12/2023	Mpumalanga Championships 2023
149	36.99 L	F	Chanelle de Swardt	17	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
150	37.06 L	F	Emma Claydon	17	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
151	37.49 L	F	Carla Basson	17	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
152	38.15 L	F	Nqabayethu Shongwe	17	ZASC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
153	38.22 L	F	Kiara Davids	17	MARL CPT	17/02/2024	Swartland Invitational Gala 2024
154	38.31 L	F	Chelsea Lavita	17	MANT CPT	11/11/2023	Swartland Prestige Gala 2023
155	38.43 L	F	Chloe Hill	17	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
156	38.45 L	F	Amber Olivier	17	BLMA CPT	21/01/2024	CTA BMEET 4
157	39.76 L	F	Tyla Van Zyl	17	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
158	40.48 L	F	Lesedi Mamabolo	17	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
159	40.73 L	F	Alexa Watkins	17	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
160	40.95 L	F	Bernice Erasmus	17	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools
161	41.30 L	F	Joslyn Hatting	17	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
162	42.78 L	F	Jonel Smit	17	GHSK	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
163	43.95 L	F	Limile Dingiswayo	17	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
164	44.09 L	F	Lane Esterhuizen	17	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023
165	44.73 L	F	Isabel Du Preez	17	HWSK FBD	10/02/2024	AGE GROUP 6 KBY - 2024
166	45.50 L	F	Siviwe Nkumane	17	GRIF	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
167	46.69 L	F	Tiffany Koekemoer	17	WAGH BP	23/02/2024	NW School Championships 2024
168	47.46 L	F	Langazwele Nkambule	17	PENC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
169	48.95 L	F	Catherine-Rose Minnaar	17	UWCA CPT	21/01/2024	CTA BMEET 4
170	50.10 L	F	Nosipho Mathebula	17	ESS EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
171	56.20 L	F	Sibahle Booï	17	UMHS OTD	03/02/2024	Buffalo City School Trials 2024
172	59.19 L	F	Lesedi Buthelezi	17	ELIG WRD	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
173	1:14.01 L	F	Yolandie Germeshuysen	17	ESS EZD	13/10/2023	MP AGE GROUP 2
<b>Women 17-17 100 Free</b>							
1	56.32 L	F	Jessica Thompson	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
2	57.39 L	P	Milla Drakopoulos	17	SEAL UMD	15/03/2024	SA National Junior Age Group

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
3	58.38 L	F	Kendra Venter	17	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
4	59.43 L	F	Megan Stewart	17	AZON ETH	24/11/2023	Westville-Seals LC Championships
5	59.44 L	F	Genna Cloete	17	PSC FSH	15/03/2024	SA National Junior Age Group
6	59.49 L	F	Sofia French	17	TUKS FSH	12/12/2023	NTS Championships 2023
7	59.51 L	P	Jessica Baker	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
8*	59.55 L	P	Cara Knoblauch	17	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
8*	59.55 L	F	Tannah Lindsay	17	CA EKU	07/12/2023	EGA Summer Championships
10	1:00.23 L	P	Indiana De Villers	17	SEAL UMD	15/03/2024	SA National Junior Age Group
11	1:00.39 L	F	Xandri Fourie	17	TRAZ FSH	23/02/2024	NTS Prestige AG February 2024
12	1:00.53 L	P	Alexia McCabe	17	WATR JHB	24/06/2023	PEA Winter Gala 2023
13	1:00.91 L	F	Megan Matthews	17	ASA ILD	15/03/2024	SA National Junior Age Group
14*	1:01.20 L	P	Ella-May Claassen	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
14*	1:01.20 L	F	Monica Botha	17	BEAV ETH	24/11/2023	Westville-Seals LC Championships
16	1:01.31 L	F	Caelyn White	17	AA JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
17	1:01.75 L	P	Gabriella Helberg	17	CRSC JHB	15/03/2024	SA National Junior Age Group
18	1:01.88 L	P	Alexia Greyling	17	CA EKU	15/03/2024	SA National Junior Age Group
19	1:01.96 L	P	Zoe Griffiths	17	TUKS FSH	15/03/2024	SA National Junior Age Group
20	1:02.19 L	P	Jemma Van Wyk	17	TUKS FSH	12/12/2023	NTS Championships 2023
21	1:02.46 L	F	Anri Wenhhold	17	TUKS FSH	12/12/2023	NTS Championships 2023
22	1:02.51 L	P	Julie Landmann	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
23	1:02.63 L	F	Khwezi Jacobs	17	PEAS NMA	22/07/2023	1st A League Gala 2023
24	1:02.75 L	P	Christine Jackson	17	ELEC FSH	15/03/2024	SA National Junior Age Group
25	1:02.80 L	P	Mila Prinsloo	17	ASAW CED	14/12/2023	Western Cape LC-A Championship 2023
26	1:03.03 L	P	Utah Novello	17	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
27	1:03.07 L	P	Jady Theron	17	ASAW CED	15/03/2024	SA National Junior Age Group
28	1:03.16 L	P	Romy Day	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
29	1:03.28 L	F	Lica Van Niekerk	17	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
30	1:03.42 L	P	Cleo Lin	17	WATR JHB	24/06/2023	PEA Winter Gala 2023
31	1:03.49 L	P	Francisca Van Rooyen	17	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
32	1:03.55 L	F	Xandri Palmer	17	HPS FSH	01/07/2023	Rossini Swim Cup
33	1:03.60 L	P	Leigh-Ann Van der Vyver	17	CRSC JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
34	1:03.71 L	F	Jenna Lee Ellse	17	ASA ILD	24/11/2023	Westville-Seals LC Championships
35	1:03.88 L	F	Erin Langenhoven	17	SFSC CPT	14/12/2023	Western Cape LC-A Championship 2023
36	1:03.91 L	P	Chanel Du Plessis	17	CYBE CPT	14/12/2023	Western Cape LC-A Championship 2023
37	1:04.05 L	F	Madison Alberts	17	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
38	1:04.13 L	F	Nadia Rossouw	17	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
39	1:04.48 L	P	Skyla Havenga	17	CLSC WCD	15/03/2024	SA National Junior Age Group
40*	1:04.57 L	F	Emily Beatt	17	PEAS NMA	22/07/2023	1st A League Gala 2023
40*	1:04.57 L	F	Kiyara Campbell	17	USC BUF	24/11/2023	BCA Long Course Championships 2023
42	1:04.78 L	F	Jenna Smit	17	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
43	1:04.79 L	P	Sophie Vickers	17	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
44	1:04.80 L	F	Raine Botes	17	TUKS FSH	16/02/2024	NTS February Open Age Group 2024
45	1:04.91 L	F	Janeske Vd Walt	17	RBUR BPD	06/12/2023	NWS Championships 2023/24
46	1:05.24 L	F	Chloe Steyn	17	BEST NMA	22/07/2023	1st A League Gala 2023
47	1:05.28 L	P	Maya Laubscher	17	GSA CPT	14/12/2023	Western Cape LC-A Championship 2023
48	1:05.31 L	F	Kiara Croft	17	PEAS NMA	15/12/2023	NMBA Championships 2023
49	1:05.32 L	F	Aurora Ryser	17	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
50	1:05.39 L	F	Amber Ogden	17	PEAS NMA	21/03/2024	SA Level 3 Regional Age Group
51	1:05.42 L	F	Robyn Cowley	17	TUKS FSH	23/02/2024	NTS Prestige AG February 2024
52	1:05.45 L	F	Madison Scorgie	17	AA JHB	30/11/2023	CGA Championships 2023
53	1:05.52 L	F	Caitlin Herbst	17	MDOL JHB	12/01/2024	2024 Grand Prix Invitation Swimming
54	1:05.59 L	F	Ella Bouw	17	PER JHB	20/03/2024	SA Level 3 Regional Age Group
55	1:05.70 L	F	Danielle Webster	17	RFA FSH	23/06/2023	Treviso Swim Cup
56	1:05.73 L	F	Madison Goliath	17	USC BUF	15/12/2023	NMBA Championships 2023
57*	1:05.80 L	F	Tayla Bruce	17	BEAV ETH	21/10/2023	Froggies Championships 2023
57*	1:05.80 L	F	Danel Da Veiga	17	FLOD JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
59	1:05.82 L	P	Marie-Ella Maske	17	RAV EKU	07/12/2023	EGA Summer Championships
60	1:05.86 L	F	Casey Roos	17	ELEC FSH	20/03/2024	SA Level 3 Regional Age Group
61	1:05.91 L	P	Kiera Cloete	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
62	1:06.13	L	F	Morgan Botha	17	PGAC EKU	07/12/2023 EGA Summer Championships
63	1:06.14	L	F	Miette Van Huyssteen	17	CUHE OBD	05/10/2023 42nd Freda Barnard Invitational Gala
64*	1:06.18	L	P	Tanith Ward	17	SSISA CPT	14/12/2023 Western Cape LC-A Championship 2023
64*	1:06.18	L	P	Danika Vyncke	17	DRGN JHB	14/12/2023 KZNA 2023 Championships Incorp SSA
66	1:06.28	L	F	Yzabela Aromin	17	SEALE ETH	24/11/2023 Westville-Seals LC Championships
67	1:06.46	L	F	Kayla Vorster	17	BLOT MAN	27/10/2023 Neptune Prestige Gala
68	1:06.56	L	F	Rebekah Olivier	17	SEALE ETH	24/11/2023 Westville-Seals LC Championships
69	1:06.68	L	P	Retha De Roubaix	17	LALE CED	15/03/2024 SA National Junior Age Group
70	1:06.72	L	F	Chignet Davel	17	ACAQ CCD	22/09/2023 NTS Level 3+ September Age Group
71	1:06.75	L	F	Amy Beetge	17	LALE CED	21/03/2024 SA Level 3 Regional Age Group
72	1:06.89	L	F	Caitlyn Fish	17	CA EKU	24/11/2023 EGA Summer 4
73	1:06.91	L	F	Leah Lachman	17	SEALE ETH	21/01/2024 EDA Age Group Gala 5 2024
74	1:06.96	L	F	Anika Hugo	17	QSAW CED	11/11/2023 Winelands SL4
75	1:06.99	L	P	Leah Durig	17	SMTG JHB	20/03/2024 SA Level 3 Regional Age Group
76	1:07.37	L	F	Marlouse Keet	17	DDA TSH	24/03/2024 SA Level 2 Regional Age Group Champs
77	1:07.66	L	F	Abby Nicholson	17	SEALE ETH	24/11/2023 Westville-Seals LC Championships
78	1:07.69	L	P	Mikaela Landman	17	RFA TSH	12/12/2023 NTS Championships 2023
79	1:07.82	L	P	Clio Smidt	17	VINE CPT	15/03/2024 SA National Junior Age Group
80	1:08.10	L	P	Skye Micklethwaite	17	SSISA CPT	21/03/2024 SA Level 3 Regional Age Group
81	1:08.34	L	F	Jorja Lindstrom	17	HARL BUF	24/11/2023 BCA Long Course Championships 2023
82	1:08.51	L	P	Abigail Olivier	17	ACAQ CCD	20/03/2024 SA Level 3 Regional Age Group
83	1:08.60	L	P	Roxanne Lothian	17	AFIN JHB	20/03/2024 SA Level 3 Regional Age Group
84	1:08.68	L	F	Lune Van Den Berg	17	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
85	1:09.02	L	F	Kaeli-Peace Armour	17	BLOT MAN	11/11/2023 Bull Sharks Gala
86	1:09.10	L	F	Janica Stone	17	KALA	21/03/2024 SA Level 3 Regional Age Group
87	1:09.15	L	P	Chante Joubert	17	CRSC JHB	20/03/2024 SA Level 3 Regional Age Group
88	1:09.18	L	F	Justine Crator	17	SWIFT EKU	26/01/2024 EGA Last Chance 2024
89	1:09.20	L	F	Susanna du Preez	17	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
90	1:09.33	L	P	Isi Mshudulu	17	FLOD JHB	24/03/2024 SA Level 2 Regional Age Group Champs
91	1:09.37	L	P	Abigaile Pretorius	17	SOUL EKU	20/03/2024 SA Level 3 Regional Age Group
92	1:09.54	L	P	Annika Erasmus	17	AA JHB	30/11/2023 CGA Championships 2023
93	1:09.63	L	F	Jessica Bott	17	SOUL EKU	24/11/2023 EGA Summer 4
94	1:09.95	L	F	Aqeelah Rinquest	17	MARL CPT	10/02/2024 WCA-B Champs - 2024
95	1:10.11	L	F	Anmari Greeff	17	ELRAS WBD	01/12/2023 Limpopo Champs
96	1:10.17	L	P	Amyleigh Tolmay	17	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
97	1:10.19	L	F	Carli Vorster	17	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
98	1:10.58	L	F	Sophia Wium	17	QSAW CED	21/01/2024 CTA BMEET 4
99	1:10.86	L	F	Hannah Parry	17	MGSC UGD	24/11/2023 Westville-Seals LC Championships
100	1:10.88	L	F	Kendall Jackson	17	CA EKU	24/03/2024 SA Level 2 Regional Age Group Champs
101	1:10.96	L	P	Erin De Montille	17	CA EKU	20/03/2024 SA Level 3 Regional Age Group
102	1:11.11	L S	F	Melisca Everson	17	KZNA ETH	08/04/2024 SA National Aquatic Champ 2024-PE
103	1:11.35	L	F	Annika Serfontein	17	VALS FDD	18/11/2023 Valsrivier Gala
104	1:11.64	L	F	Kaylin Oelschig	17	BLNE MAN	27/10/2023 Neptune Prestige Gala
105	1:11.80	L	F	Dakota Wyngaard	17	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
106	1:11.84	L	F	Talia Vd Berg	17	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
107	1:11.92	L	F	Savannah Nicol	17	BEAV ETH	05/04/2024 SA Level 2 Regional Age Group Champs
108	1:11.94	L	F	Dhiya Pillay	17	ACSA ETH	05/04/2024 SA Level 2 Regional Age Group Champs
109	1:11.95	L	F	Onika Madela	17	MMD CPT	18/11/2023 CTA QUALIFYING MEET 2
110	1:12.40	L	F	Kiara Netherlands	17	SFSC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
111	1:12.41	L	F	Dane Meintjes	17	PSCP UMD	05/04/2024 SA Level 2 Regional Age Group Champs
112	1:13.03	L	F	Poshika Ramsamy	17	BEST NMA	22/07/2023 1st A League Gala 2023
113	1:13.05	L	P	Michelle Mulol	17	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
114	1:13.18	L	F	Elri Van Der Westhuizen	17	TINC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
115	1:13.19	L	P	Oratile Muthaphuli	17	QUES JHB	30/11/2023 CGA Championships 2023
116	1:13.32	L	F	Alne Van Eeden	17	PEAS NMA	12/08/2023 Madibaz Swim Meet 2023
117	1:13.35	L	P	Abigail Hains	17	PGAC EKU	07/12/2023 EGA Summer Championships
118	1:13.49	L	P	Chloe Rushton	17	SASE JHB	30/11/2023 CGA Championships 2023
119	1:13.57	L	F	Kelly Jackson	17	BLSS MAN	06/12/2023 Free State Champs 2023
120	1:13.62	L	F	Sarah Byrne	17	LAD UTD	24/11/2023 Westville-Seals LC Championships

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
121	1:14.18	L	P	Jenna Bidgood	17	AFIN	JHB	20/03/2024 SA Level 3 Regional Age Group
122	1:14.31	L	F	Casey Joubert	17	PEAS	NMA	09/02/2024 Infinity Gala 2024
123	1:14.41	L	F	Millah Smith	17	BLSS	MAN	06/12/2023 Free State Champs 2023
124	1:14.49	L	F	Leoné Van Schalkwyk	17	PHS	CCD	14/10/2023 Limpopo Top 8 - High Schools
125	1:14.66	L	F	Gabriella Mitchell	17	CRSC	JHB	28/02/2024 Crusaders Night Gala 5
126	1:14.70	L	F	Heidri De Jager	17	RHS	BP	23/02/2024 NW School Championships 2024
127	1:14.76	L	F	Aimy Engelbrecht	17	RFA	FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
128*	1:15.11	L	F	Kayla Botha	17	BLSS	MAN	06/12/2023 Free State Champs 2023
128*	1:15.11	L	P	Phillippa Formo	17	CRSC	JHB	30/11/2023 CGA Championships 2023
130	1:15.18	L	F	Leané van Eeden	17	GHSK		10/02/2024 AGE GROUP 6 UPT - 2024
131	1:15.34	L	F	Tara Dixon	17	CASC	CPT	21/01/2024 CTA BMEET 4
132	1:15.50	L	P	Joelle Buys	17	MARL	CPT	24/06/2023 PEA Winter Gala 2023
133	1:15.72	L	F	Kelee Flanagan	17	PEAS	NMA	23/09/2023 3rd A League Gala 2023
134	1:15.82	L	F	Elani Neethling	17	ELRAS	WBD	01/12/2023 Limpopo Champs
135	1:15.92	L	F	Emma Imrie	17	HSTAN	MP	27/01/2024 Limpopo School Champs
136	1:16.66	L	F	Lara Heleen Schilz	17	AHMP	FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
137	1:16.75	L	F	Emma-Kate Van Niekerk	17	AFIN	JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
138	1:16.82	L	F	Carlia Nel	17	HPP	BUF	27/01/2024 Limpopo School Champs
139	1:16.87	L	F	Isabella Horwood	17	PEAS	NMA	21/10/2023 4th A League Gala 2023
140	1:18.29	L	F	Lara Luttig	17	QUIC	CPT	21/01/2024 CTA BMEET 4
141	1:19.43	L	P	Kiara Davids	17	MARL	CPT	24/06/2023 PEA Winter Gala 2023
142	1:20.46	L	F	Marlet Maré	17	PSC	FSH	16/02/2024 NTS February Open Age Group 2024
143	1:21.36	L	F	Cailynn Foster	17	RPAC	EKU	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
144	1:22.97	L	F	Zoé-Lee Zondagh	17	GHSK		07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
145	1:23.02	L	P	Lara Steenkamp	17	UNI	EZD	01/12/2023 Mpumalanga Championships 2023
146	1:23.82	L	F	Jana Prinsloo	17	HSTAN	MP	14/10/2023 Limpopo Top 8 - High Schools
147	1:24.10	L	F	Chanelle de Swardt	17	HBV	MP	14/10/2023 Limpopo Top 8 - High Schools
148	1:24.83	L	F	Christine Keira Pagkatipunan	17	SOUL	EKU	02/03/2024 AG Level 1 Regional Age Group
149	1:24.90	L	F	Chelsea Lavita	17	MANT	CPT	11/11/2023 Swartland Prestige Gala 2023
150	1:26.85	L	F	Emma Claydon	17	VPHS	NMA	03/02/2024 Nelson Mandela Bay Schools Trials & 1st
151	1:27.59	L	F	Amber Olivier	17	BLMA	CPT	21/01/2024 CTA BMEET 4
152	1:29.98	L	F	Bernice Erasmus	17	HPP	BUF	14/10/2023 Limpopo Top 8 - High Schools
153	1:32.32	L	F	Lesedi Mamabolo	17	RFA	FSH	02/03/2024 AG Level 1 Regional Age Group
154	1:33.21	L	F	Jonel Smit	17	GHSK		27/10/2023 KALAHARI CLASSIC GALA 2023
155	1:34.85	L	F	Isabel Du Preez	17	HWSK	FBD	14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
156	1:36.72	L	F	Leandri Heyns	17	HFDT	MP	14/10/2023 Limpopo Top 8 - High Schools
157	1:38.87	L	F	Lane Esterhuizen	17	UPSK	ZMD	03/11/2023 UPINGTON 2023
158	1:41.78	L	F	Limile Dingiswayo	17	CAMB	BUF	03/02/2024 Buffalo City School Trials 2024
159	2:02.43	L	F	Nosipho Mathebula	17	ESS	EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
160	2:21.70	L	F	Sibahle Booï	17	UMHS	OTD	03/02/2024 Buffalo City School Trials 2024
161	2:54.42	L	F	Yolandie Germeshuysen	17	ESS	EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
<b>Women 17-17 200 Free</b>								
1	2:06.73	L	F	Jessica Baker	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
2	2:06.80	L	F	Sofia French	17	TUKS	FSH	15/03/2024 SA National Junior Age Group
3	2:08.98	L	F	Alexia McCabe	17	WATR	JHB	24/06/2023 PEA Winter Gala 2023
4	2:09.32	L	F	Megan Stewart	17	AZON	ETH	15/03/2024 SA National Junior Age Group
5	2:09.49	L	F	Tannah Lindsay	17	CA	EKU	15/03/2024 SA National Junior Age Group
6	2:11.21	L	P	Zoe Griffiths	17	TUKS	FSH	15/03/2024 SA National Junior Age Group
7	2:11.71	L	F	Monica Botha	17	BEAV	ETH	16/02/2024 EDA Age Group Gala 6 2024
8	2:12.10	L	F	Genna Cloete	17	PSC	FSH	15/03/2024 SA National Junior Age Group
9	2:12.45	L	P	Megan Matthews	17	KZNA	ETH	08/04/2024 SA National Aquatic Champ 2024-PE
10	2:12.79	L	F	Jemma Van Wyk	17	TUKS	FSH	12/12/2023 NTS Championships 2023
11	2:13.32	L	F	Gabriella Helberg	17	CRSC	JHB	23/02/2024 2024 Grand Prix 2 Invitational Meet -
12	2:13.79	L	P	Indiana De Villers	17	SEAL	UMD	15/03/2024 SA National Junior Age Group
13	2:13.93	L	F	Xandri Fourie	17	TRAZ	FSH	01/07/2023 Rossini Swim Cup
14	2:15.23	L	F	Cleo Lin	17	WATR	JHB	24/06/2023 PEA Winter Gala 2023
15	2:15.86	L	F	Kendra Venter	17	INFA	NMA	09/02/2024 Infinity Gala 2024
16	2:16.18	L	P	Mila Prinsloo	17	ASAW	GED	15/03/2024 SA National Junior Age Group
17	2:16.51	L	F	Caelyn White	17	ELEC	FSH	20/10/2023 NTS Level 3+ October Age Group 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
18	2:16.87	L	P	Leigh-Ann Van der Vyver	17	CRSC	JHB 14/12/2023 KZNA 2023 Championships Incorp SSA
19	2:17.21	L	F	Madison Alberts	17	AZON	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
20	2:17.26	L	F	Chelsea White	17	CRSC	JHB 20/01/2024 CGA Level 2+ Gala 20 Jan 2024
21	2:17.41	L	F	Chanel Du Plessis	17	CYBE	CPT 14/12/2023 Western Cape LC-A Championship 2023
22	2:17.62	L	F	Raine Botes	17	TUKS	FSH 16/02/2024 NTS February Open Age Group 2024
23	2:17.69	L	F	Jady Theron	17	ASAW	GED 14/12/2023 Western Cape LC-A Championship 2023
24	2:17.95	L	P	Alexia Greyling	17	CA	EKU 15/03/2024 SA National Junior Age Group
25	2:18.18	L	P	Erin Langenhoven	17	SFSC	CPT 14/12/2023 Western Cape LC-A Championship 2023
26	2:18.19	L	F	Cara Knoblauch	17	PEAS	NMA 01/10/2023 Curro AquaElite Gala
27	2:18.46	L	F	Xandri Palmer	17	NWS	27/01/2024 4 + 1 Inter Provincial Gala 2023
28	2:18.97	L	P	Retha De Roubaix	17	LALE	GED 15/03/2024 SA National Junior Age Group
29	2:19.34	L	P	Tayla Bruce	17	BEAV	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
30	2:20.04	L	P	Skyla Havenga	17	CLSC	WCD 15/03/2024 SA National Junior Age Group
31	2:20.48	L	F	Lica Van Niekerk	17	PLAY	GED 03/02/2024 Winelands SL final
32	2:20.95	L	P	Maya Laubscher	17	ASAC	CPT 15/03/2024 SA National Junior Age Group
33	2:21.14	L	F	Kiara Croft	17	PEAS	NMA 15/12/2023 NMBA Championships 2023
34	2:22.21	L	F	Christine Jackson	17	ELEC	FSH 01/07/2023 Rossini Swim Cup
35	2:22.28	L	F	Kiyara Campbell	17	USC	BUF 24/11/2023 BCA Long Course Championships 2023
36	2:22.78	L	F	Anri Wenhhold	17	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
37	2:22.80	L	F	Jenna Smit	17	CASC	CPT 20/01/2024 CTA A MEET 4
38	2:23.18	L	F	Ashley Ferguson	17	SEAL	UMD 14/12/2023 KZNA 2023 Championships Incorp SSA
39	2:23.35	L	F	Leah Durig	17	SMTC	JHB 20/03/2024 SA Level 3 Regional Age Group
40	2:23.62	L	F	Emily Beatt	17	PEAS	NMA 24/06/2023 PEA Winter Gala 2023
41	2:23.77	L	P	Jo-Ell Viljoen	17	ASAW	GED 14/12/2023 Western Cape LC-A Championship 2023
42	2:23.92	L	P	Kiera Cloete	17	SASE	JHB 15/03/2024 SA National Junior Age Group
43	2:24.14	L	F	Nadia Rossouw	17	TYGE	CPT 21/03/2024 SA Level 3 Regional Age Group
44	2:24.31	L	F	Chloe Steyn	17	BEST	NMA 21/10/2023 4th A League Gala 2023
45	2:24.37	L	F	Yzabela Aromin	17	SEALE	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
46	2:24.44	L	F	Aurora Ryser	17	TYGE	CPT 21/03/2024 SA Level 3 Regional Age Group
47	2:24.55	L	F	Isabella Mc Colgan	17	TUKS	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
48	2:24.78	L	F	Skye Micklethwaite	17	SSISA	CPT 21/03/2024 SA Level 3 Regional Age Group
49	2:25.77	L	F	Francisca Van Rooyen	17	BLOT	MAN 06/12/2023 Free State Champs 2023
50	2:25.92	L	F	Gute Geldenhuys	17	WATR	JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
51	2:26.15	L	F	Kaeli-Peace Armour	17	BLOT	MAN 06/10/2023 Super Seals & Sentraal Aquatics Gala
52	2:26.36	L	F	Tasnim Nabbie	17	ACSA	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
53	2:27.05	L	F	Khwezi Jacobs	17	PEAS	NMA 22/07/2023 1st A League Gala 2023
54	2:27.31	L S	F	Marlouise Keet	17	DDA	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
55	2:27.38	L	F	Casey Roos	17	ELEC	FSH 01/07/2023 Rossini Swim Cup
56	2:27.82	L	F	Morgan Botha	17	PGAC	EKU 17/02/2024 CGA Level 2+ Gala 17 Feb 2024
57	2:27.84	L	F	Alne Van Eeden	17	PEAS	NMA 15/12/2023 NMBA Championships 2023
58	2:27.88	L	F	Annika Erasmus	17	AA	JHB 30/11/2023 CGA Championships 2023
59	2:28.17	L	F	Rachel Murray	17	HARL	BUF 09/02/2024 Infinity Gala 2024
60	2:28.35	L	F	Chignet Davel	17	ACAQ	CCD 22/09/2023 NTS Level 3+ September Age Group
61	2:28.49	L	F	Janeske Vd Walt	17	BERG	BP 23/02/2024 NW School Championships 2024
62	2:28.66	L	F	Amber Ogden	17	PEAS	NMA 21/03/2024 SA Level 3 Regional Age Group
63	2:28.82	L S	F	Caitlyn Fish	17	CA	EKU 07/12/2023 EGA Summer Championships
64	2:28.87	L	P	Chante Joubert	17	CRSC	JHB 20/03/2024 SA Level 3 Regional Age Group
65	2:28.92	L	F	Sarah Mc Laren	17	LEGC	ETH 16/02/2024 EDA Age Group Gala 6 2024
66	2:29.18	L	F	Madison Goliath	17	USC	BUF 27/01/2024 BCA January Age Group Gala 2024
67	2:29.33	L	F	Isabel Skinner	17	TUKS	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
68	2:29.69	L	F	Rebekah Olivier	17	SEALE	ETH 12/01/2024 2024 Grand Prix Invitation Swimming
69	2:29.79	L	F	Abby Nicholson	17	SEALE	ETH 24/11/2023 Westville-Seals LC Championships
70	2:29.82	L	F	Ella Bouw	17	PER	JHB 14/10/2023 CGA Level 2 + Gala Oct 2023
71	2:30.91	L	F	Aqeelah Rinquest	17	MARL	CPT 10/02/2024 WCA-B Champs - 2024
72	2:31.18	L	F	Dominique Rabie	17	ACSA	ETH 03/11/2023 EDA Age Group Gala 4 2023
73	2:31.19	L	P	Juliette Pascoe	17	TUKS	FSH 12/12/2023 NTS Championships 2023
74	2:31.34	L	F	Danielle Webster	17	RFA	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
75	2:31.55	L	F	Abigail Olivier	17	ACAQ	CCD 01/12/2023 Limpopo Champs
76	2:31.65	L	P	Danel Da Veiga	17	FLOD	JHB 20/03/2024 SA Level 3 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
77	2:31.76	L	P	Tanith Ward	17	SSISA CPT	14/12/2023 Western Cape LC-A Championship 2023
78	2:32.43	L	P	Danika Vyncke	17	DRGN EKU	30/11/2023 CGA Championships 2023
79	2:32.46	L	F	Gabriella Mitchell	17	CRSC JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
80	2:32.55	L	P	Roxanne Lothian	17	AFIN JHB	30/11/2023 CGA Championships 2023
81	2:32.93	L S	P	Jessica Bott	17	SOUL EKU	07/12/2023 EGA Summer Championships
82	2:32.94	L	P	Janica Stone	17	NC FB	19/04/2024 SA Schools Swimming Championship
83	2:33.02	L	P	Abigaile Pretorius	17	SOUL EKU	20/03/2024 SA Level 3 Regional Age Group
84	2:34.43	L	F	Mikaela Landman	17	RFA TSH	23/06/2023 Treviso Swim Cup
85	2:34.55	L	F	Ella-May Claassen	17	PAC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
86	2:34.67	L S	F	Amyleigh Tolmay	17	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
87	2:35.55	L	F	Mila Kriek	17	QSAW CED	11/11/2023 Winelands SL4
88	2:35.99	L	F	Kayla Vorster	17	BLOT MAN	27/10/2023 Neptune Prestige Gala
89	2:36.07	L	F	Amy Beetge	17	LALE CED	03/02/2024 Winelands SL final
90	2:36.32	L	F	Carli Vorster	17	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
91	2:37.00	L	F	Chloe Graaff	17	CRSC JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
92	2:37.21	L	F	Talia Vd Berg	17	QSAW CED	16/09/2023 CTA A MEET 3
93	2:37.89	L	F	Nicola Herbst	17	PEAS NMA	11/11/2023 5th A League Gala 2023
94	2:38.06	L	F	Clio Smidt	17	VINE CPT	20/01/2024 CTA A MEET 4
95	2:38.63	L	F	Miette Van Huyssteen	17	CUHE OBD	20/01/2024 CTA A MEET 4
96	2:38.82	L	P	Erin De Montille	17	CA EKU	20/03/2024 SA Level 3 Regional Age Group
97	2:39.17	L S	F	Dakota Wyngaard	17	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
98	2:39.36	L	P	Isi Mshudulu	17	FLOD JHB	30/11/2023 CGA Championships 2023
99	2:39.40	L	F	Tara Dixon	17	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
100	2:39.53	L	F	Dhiya Pillay	17	ACSA ETH	05/04/2024 SA Level 2 Regional Age Group Champs
101	2:41.18	L	F	Kelly Jackson	17	BLSS MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
102	2:41.20	L	F	Anmari Greeff	17	ELRAS WBD	01/12/2023 Limpopo Champs
103	2:41.89	L	F	Megan Fermoyle	17	SASE JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
104	2:42.18	L	F	Rebekah Fleischer	17	WSTV ETH	24/11/2023 Westville-Seals LC Championships
105	2:42.53	L	F	Savannah Nicol	17	BEAV ETH	05/04/2024 SA Level 2 Regional Age Group Champs
106	2:43.21	L	F	Phillippa Formo	17	CRSC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
107	2:43.24	L	F	Channah Van Coller	17	FISH EDD	18/11/2023 Eden LC Champs 2023
108	2:43.80	L S	P	Abigail Hains	17	PGAC EKU	07/12/2023 EGA Summer Championships
109	2:44.61	L	F	Kayleen van Reenen	17	AFIN JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
110	2:44.86	L S	F	Kiara Netherlands	17	SFSC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
111	2:48.08	L	F	Kayla Botha	17	BLSS MAN	06/12/2023 Free State Champs 2023
112	2:48.31	L	F	Aimy Engelbrecht	17	RFA TSH	23/06/2023 Treviso Swim Cup
113	2:48.62	L	P	Chloe Rushton	17	SASE JHB	30/11/2023 CGA Championships 2023
114	2:49.10	L	F	Kendall Jackson	17	CA EKU	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
115	2:49.18	L	F	Millah Smith	17	BLSS MAN	06/12/2023 Free State Champs 2023
116	2:49.82	L	F	Isabella Horwood	17	PEAS NMA	21/10/2023 4th A League Gala 2023
117	2:49.94	L S	F	Lara Luttig	17	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
118	2:50.21	L	F	Kiara Davids	17	MARL CPT	24/06/2023 PEA Winter Gala 2023
119	2:50.52	L	P	Dane Meintjes	17	PSCP UMD	05/04/2024 SA Level 2 Regional Age Group Champs
120	2:50.53	L	F	Poshika Ramsamy	17	BEST NMA	24/06/2023 PEA Winter Gala 2023
121	2:51.03	L	F	Minet Van den Ende	17	ROA EDD	17/02/2024 EDEN 5th A-League Gala 2024
122	2:51.05	L	F	Emma Imrie	17	HSTAN MP	27/01/2024 Limpopo School Champs
123	2:51.30	L	F	Michelle Mulol	17	TUKS TSH	23/02/2024 NTS Prestige AG February 2024
124	2:51.35	L	F	Justine Crator	17	SWIFT EKU	15/09/2023 EGA Summer 1
125	2:52.08	L S	F	Julie Landmann	17	PAC TSH	05/10/2023 42nd Freda Barnard Invitational Gala
126	2:53.90	L	F	Oratile Mukhethwa	17	QUES JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
127	2:54.32	L	F	Leané van Eeden	17	GHSK	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
128	2:54.48	L	F	Heidri De Jager	17	RHS BP	23/02/2024 NW School Championships 2024
129	2:54.87	L	F	Annika Serfontein	17	VALS FDD	06/12/2023 Free State Champs 2023
130	2:55.52	L	F	Kelee Flanagan	17	PEAS NMA	23/09/2023 3rd A League Gala 2023
131	2:56.61	L	F	Sarah Byrne	17	LAD UTD	09/12/2023 Uthukela District Age group Gala
132	2:58.96	L	F	Jenna Bidgood	17	AFIN JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
133	2:59.00	L	F	Leandri vd Walt	17	BERG BP	23/02/2024 NW School Championships 2024
134	3:00.44	L	F	Lara Steenkamp	17	UNI EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
135	3:00.74	L	P	Emma-Kate Van Niekerk	17	AFIN JHB	30/11/2023 CGA Championships 2023



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
136	3:03.54 L	F	Elri Van Der Westhuizen	17	TINC FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
137	3:09.41 L	F	Christine Keira Pagkatipunan	17	SOUL EKU	11/11/2023	EGA Summer 3
138	3:11.27 L	F	Zoé-Lee Zondagh	17	GHSK	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
139	3:13.28 L	F	Chelsea Lavita	17	MANT CPT	11/11/2023	Swartland Prestige Gala 2023
140	3:34.90 L	F	Isabel Du Preez	17	HWSK FBD	10/02/2024	AGE GROUP 6 UPT - 2024
141	3:34.93 L	F	Lane Esterhuizen	17	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023
<b>Women 17-17 400 Free</b>							
1	4:28.82 L	F	Sofia French	17	TUKS FSH	15/03/2024	SA National Junior Age Group
2	4:30.48 L	F	Alexia McCabe	17	WATR JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
3	4:32.32 L	F	Zoe Griffiths	17	TUKS FSH	15/03/2024	SA National Junior Age Group
4	4:34.65 L	F	Megan Stewart	17	AZON ETH	15/03/2024	SA National Junior Age Group
5	4:36.89 L	F	Jemma Van Wyk	17	TUKS FSH	12/12/2023	NTS Championships 2023
6	4:38.13 L	F	Jessica Baker	17	WATR JHB	15/12/2023	NMBA Championships 2023
7	4:42.92 L	F	Monica Botha	17	BEAV ETH	24/11/2023	Westville-Seals LC Championships
8	4:44.54 L	F	Megan Matthews	17	ASA ILD	15/03/2024	SA National Junior Age Group
9	4:49.17 L	P	Madison Alberts	17	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
10	4:49.52 L	F	Leigh-Ann Van der Vyver	17	CRSC JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
11	4:50.23 L	P	Gabriella Helberg	17	CRSC JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
12	4:50.71 L	F	Kiara Croft	17	PEAS NMA	15/12/2023	NMBA Championships 2023
13	4:51.10 L	F	Mila Prinsloo	17	ASAW CED	14/12/2023	Western Cape LC-A Championship 2023
14	4:52.87 L	F	Tayla Bruce	17	BEAV ETH	21/10/2023	Froggies Championships 2023
15	4:52.95 L	F	Retha De Roubaix	17	LALE CED	15/03/2024	SA National Junior Age Group
16	4:54.25 L	F	Jady Theron	17	ASAW CED	14/12/2023	Western Cape LC-A Championship 2023
17	4:54.40 L	F	Xandri Palmer	17	POTC KKD	15/03/2024	SA National Junior Age Group
18	4:55.10 L	F	Chanel Du Plessis	17	CYBE CPT	14/12/2023	Western Cape LC-A Championship 2023
19	4:56.78 L	F	Erin Langenhoven	17	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023
20	4:58.89 L	F	Maya Laubscher	17	GSA CPT	24/11/2023	CTA A & B CHAMPS 2023
21	4:59.40 L	F	Robyn Cowley	17	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
22	4:59.55 L	F	Raine Botes	17	TUKS FSH	26/01/2024	NTS Level 3+ January Age Group 2024
23	5:00.40 L	F	Genna Cloete	17	PSC FSH	17/11/2023	NTS Level 3+ November Age Group
24	5:01.59 L	F	Alne Van Eeden	17	PEAS NMA	15/12/2023	NMBA Championships 2023
25	5:03.02 L	F	Skyla Havenga	17	CLSC WCD	14/12/2023	Western Cape LC-A Championship 2023
26	5:04.78 L	F	Aurora Ryser	17	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
27	5:05.43 L	F	Rebekah Olivier	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships
28	5:05.70 L	F	Tasnim Nabbie	17	ACSA ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
29	5:07.18 L	F	Nadia Rossouw	17	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
30	5:10.02 L	F	Leah Durig	17	SMTC JHB	20/03/2024	SA Level 3 Regional Age Group
31	5:11.07 L	F	Rachel Murray	17	HARL BUF	21/03/2024	SA Level 3 Regional Age Group
32	5:13.15 L	F	Yzabela Aromin	17	SEALE ETH	27/01/2024	Ushaka Champs 2024
33	5:14.45 L	F	Kaeli-Peace Armour	17	BLOT MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
34	5:17.87 L	F	Chante Joubert	17	CRSC JHB	12/01/2024	2024 Grand Prix Invitation Swimming
35	5:18.01 L	F	Dominique Rabie	17	ACSA ETH	24/11/2023	Westville-Seals LC Championships
36	5:18.07 L	F	Abby Nicholson	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships
37	5:18.21 L	F	Janica Stone	17	KALA	10/02/2024	AGE GROUP 6 KATHU 2024
38	5:18.64 L S	F	Amber Ogden	17	PEAS NMA	26/01/2024	6th A League Gala 2024
39	5:19.47 L	F	Gute Geldenhuys	17	AA JHB	30/11/2023	CGA Championships 2023
40	5:19.64 L	F	Danika Vyncke	17	DRGN EKU	30/11/2023	CGA Championships 2023
41	5:20.49 L	F	Jorja Lindstrom	17	HARL BUF	21/03/2024	SA Level 3 Regional Age Group
42	5:21.65 L	F	Morgan Botha	17	PGAC EKU	07/12/2023	EGA Summer Championships
43	5:23.42 L	F	Chignet Davel	17	ACAQ CCD	22/09/2023	NTS Level 3+ September Age Group
44	5:24.08 L	F	Amyleigh Tolmay	17	AFIN JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
45	5:24.35 L	F	Janeske Vd Walt	17	RBUR BPD	06/12/2023	NWS Championships 2023/24
46	5:24.71 L	F	Marlouse Keet	17	DDA FSH	16/02/2024	NTS February Open Age Group 2024
47	5:25.86 L	F	Annika Erasmus	17	AA JHB	30/11/2023	CGA Championships 2023
48	5:26.56 L	F	Abigail Olivier	17	ACAQ CCD	01/12/2023	Limpopo Champs
49	5:28.78 L	F	Francisca Van Rooyen	17	BLOT MAN	27/10/2023	Neptune Prestige Gala
50	5:31.82 L	F	Tara Dixon	17	CASC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
51	5:32.00 L	F	Abigaile Pretorius	17	SOUL EKU	28/10/2023	EGA Summer 2 2023
52	5:33.31 L S	F	Aqeelah Rinquest	17	MARL CPT	05/10/2023	42nd Freda Barnard Invitational Gala

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
53	5:41.28 L	F	Madison Goliath	17	USC BUF	10/02/2024	BCA Feb Age Group Gala 2024
54	5:42.56 L	F	Lune Van Den Berg	17	QSAW CED	03/02/2024	Winelands SL final
55	5:44.29 L	F	Bailey Hughes	17	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
56	5:47.57 L	F	Talia Vd Berg	17	QSAW CED	11/11/2023	Winelands SL4
57	5:47.91 L	F	Phillippa Formo	17	CRSC JHB	30/11/2023	CGA Championships 2023
58	5:48.92 L	F	Kiera Cloete	17	SASE JHB	30/11/2023	CGA Championships 2023
59	5:49.40 L S	F	Channah Van Coller	17	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
60	5:53.43 L	F	Megan Fermoyle	17	SASE JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
61	5:54.52 L	F	Chloe Rushton	17	SASE JHB	30/11/2023	CGA Championships 2023
62	6:05.50 L	F	Millah Smith	17	BLSS MAN	06/12/2023	Free State Champs 2023
63	6:06.01 L	F	Kayla Botha	17	BLSS MAN	06/12/2023	Free State Champs 2023
64	6:09.22 L	F	Kiara Davids	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
65	6:17.74 L	F	Poshika Ramsamy	17	BEST NMA	24/06/2023	PEA Winter Gala 2023
66	6:23.12 L	F	Anmari Greeff	17	HFM CCD	27/01/2024	Limpopo School Champs
67	6:44.00 L	F	Lara Steenkamp	17	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
68	6:44.61 L	F	Leané van Eeden	17	GHSK	13/01/2024	AGE GROUP 4 KBY 2024
<b>Women 17-17 800 Free</b>							
1	9:11.00 L	P	Alexia McCabe	17	RSA	04/09/2023	9th JUNIOR WORLD SWIMMING
2	9:16.38 L	F	Zoe Griffiths	17	TUKS FSH	15/03/2024	SA National Junior Age Group
3	9:47.00 L	F	Jemma Van Wyk	17	TUKS FSH	23/02/2024	NTS Prestige AG February 2024
4	9:52.79 L	F	Tayla Bruce	17	BEAV ETH	24/11/2023	Westville-Seals LC Championships
5	9:57.80 L	F	Erin Langenhoven	17	SFSC CPT	15/03/2024	SA National Junior Age Group
6	9:59.44 L	F	Retha De Roubaix	17	LALE CED	15/03/2024	SA National Junior Age Group
7	10:01.76 L	F	Kiara Croft	17	PEAS NMA	15/12/2023	NMBA Championships 2023
8	10:06.69 L	F	Maya Laubscher	17	ASAC CPT	15/03/2024	SA National Junior Age Group
9	10:15.50 L	F	Jo-Ell Viljoen	17	ASAW CED	14/12/2023	Western Cape LC-A Championship 2023
10	10:17.91 L	F	Xandri Palmer	17	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
11	10:18.63 L	F	Jady Theron	17	ASAW CED	18/11/2023	CTA QUALIFYING MEET 2
12	10:19.26 L	F	Aine Van Eeden	17	PEAS NMA	15/12/2023	NMBA Championships 2023
13	10:24.91 L	F	Raine Botes	17	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
14	10:38.60 L	F	Rebekah Olivier	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships
15	10:47.04 L	F	Gute Geldenhuys	17	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
16	10:48.71 L	F	Rachel Murray	17	HARL BUF	15/12/2023	NMBA Championships 2023
17	10:56.22 L	F	Kaeli-Peace Armour	17	BLOT MAN	03/11/2023	Heidedal Welkom Gala
18	10:57.77 L	F	Dominique Rabie	17	ACSA ETH	16/02/2024	EDA Age Group Gala 6 2024
19	11:01.30 L	F	Tasnim Nabbe	17	ACSA ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
20	11:07.35 L	F	Annika Erasmus	17	AA JHB	30/11/2023	CGA Championships 2023
21	11:12.11 L	F	Morgan Botha	17	PGAC ECU	26/01/2024	EGA Last Chance 2024
22	11:19.44 L	F	Chante Joubert	17	CRSC JHB	30/11/2023	CGA Championships 2023
23	11:22.35 L	F	Chignet Davel	17	ACAQ CCD	21/10/2023	Limpopo Age Group 4
24	11:53.31 L	F	Phillippa Formo	17	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
25	12:22.45 L	F	Savannah Nicol	17	BEAV ETH	24/11/2023	Westville-Seals LC Championships
26	12:26.13 L	F	Anmari Greeff	17	ELRAS WBD	01/12/2023	Limpopo Champs
27	13:29.42 L	F	Lara Steenkamp	17	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
28	16:16.13 L	F	Lane Esterhuizen	17	UPSK ZMD	03/11/2023	UPINGTON 2023
<b>Women 17-17 1500 Free</b>							
1	17:29.68 L	P	Alexia McCabe	17	RSA	04/09/2023	9th JUNIOR WORLD SWIMMING
2	17:45.14 L S	F	Zoe Griffiths	17	TUKS FSH	15/03/2024	SA National Junior Age Group
3	18:59.39 L	F	Tayla Bruce	17	BEAV ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
4	19:04.03 L S	F	Retha De Roubaix	17	LALE CED	15/03/2024	SA National Junior Age Group
5	19:11.79 L	F	Kiara Croft	17	PEAS NMA	15/12/2023	NMBA Championships 2023
6	19:38.90 L S	F	Robyn Cowley	17	TUKS FSH	12/12/2023	NTS Championships 2023
7	19:49.22 L	F	Maya Laubscher	17	GSA CPT	11/11/2023	Winelands SL4
8	20:00.20 L	F	Erin Langenhoven	17	SFSC CPT	03/02/2024	Winelands SL final
9	20:07.00 L	O	Aine Van Eeden	17	ECA BUF	08/12/2023	2023 SA OWS Champ Trials -PE
10	20:17.48 L	F	Xandri Palmer	17	POTC KKD	06/12/2023	NWS Championships 2023/24
11	20:23.00 L	O	Raine Botes	17	TUKS FSH	08/12/2023	2023 SA OWS Champ Trials -PE
12	21:19.66 L	O	Dominique Rabie	17	KZNA ETH	08/03/2024	SA National OWS Championship

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
13	21:20.93	L	F	Rachel Murray	17	HARL BUF	09/02/2024	Infinity Gala 2024
14	21:45.29	L	F	Chante Joubert	17	CRSC JHB	30/11/2023	CGA Championships 2023
15	21:50.00	L	O	Amber Ogden	17	ECA BUF	08/12/2023	2023 SA OWS Champ Trials -PE
16	21:55.58	L	F	Morgan Botha	17	PGAC ECU	28/10/2023	EGA Summer 2 2023
17	22:22.66	L	F	Jorja Lindstrom	17	HARL BUF	27/01/2024	BCA January Age Group Gala 2024
18	22:38.00	L	O	Erin De Montille	17	CA ECU	21/10/2023	AG Open Water Series #1
19	25:45.00	L	O	Kayleen van Reenen	17	AFIN JHB	20/01/2024	Prime View Swim Festival #3
20	25:51.00	L	O	Phillippa Formo	17	CRSC JHB	20/01/2024	Prime View Swim Festival #3
21	31:26.60	L	F	Lane Esterhuizen	17	UPSK ZMD	03/11/2023	UPINGTON 2023
22	32:13.00	L	O	Kendall Jackson	17	CA ECU	20/01/2024	Prime View Swim Festival #3
23	34:10.88	L	O	Lara Steenkamp	17	UNI EZD	04/02/2024	MPUMALANGA OPEN WATER 4 - 4
<b>Women 17-17 3000 Free</b>								
1	39:20.00	L	O	Robyn Cowley	17	TUKS FSH	21/10/2023	AG Open Water Series #1
2	40:41.00	L	O	Raine Botes	17	TUKS FSH	20/01/2024	Prime View Swim Festival #3
3	41:51.00	L	O	Alne Van Eeden	17	PEAS NMA	15/10/2023	EC Swim Series OWS 1 2023
4	41:59.53	L	O	Erin Langenhoven	17	NWS	08/03/2024	SA National OWS Championship
5	42:27.00	L	O	Amber Ogden	17	PEAS NMA	05/11/2023	EC Swim Series OWS 2 2023
6	42:32.00	L	O	Abigail Pretorius	17	SOUL ECU	21/10/2023	AG Open Water Series #1
7	43:10.00	L	O	Chante Joubert	17	CRSC JHB	21/10/2023	AG Open Water Series #1
8	44:23.49	L	O	Maya Laubscher	17	NWS	08/03/2024	SA National OWS Championship
9	44:43.00	L	F	Tayla Bruce	17	BEAV ETH	18/11/2023	KZN Open Water Champs
10	48:50.00	L	F	Jenna Lee Ellse	17	ASA HLD	18/11/2023	KZN Open Water Champs
11	49:09.00	L	F	Tasnim Nabbie	17	ACSA ETH	18/11/2023	KZN Open Water Champs
12	1:08:42.28	L	O	Lara Steenkamp	17	UNI EZD	04/02/2024	MPUMALANGA OPEN WATER 4 - 4
<b>Women 17-17 5000 Free</b>								
1	1:04:52.65	L	O	Dominique Rabie	17	RSA	10/12/2023	15th African Junior Cham
2	1:10:01.00	L	O	Raine Botes	17	TUKS FSH	08/12/2023	2023 SA OWS Champ Trials -PE
3	1:10:59.20	L	O	Tayla Bruce	17	KZNA ETH	08/03/2024	SA National OWS Championship
4	1:11:49.02	L	O	Erin Langenhoven	17	NWS	08/03/2024	SA National OWS Championship
5	1:15:09.00	L	O	Robyn Cowley	17	TUKS FSH	08/12/2023	2023 SA OWS Champ Trials -PE
6	1:19:15.93	L	O	Maya Laubscher	17	NWS	08/03/2024	SA National OWS Championship
7	1:25:36.00	L	F	Tasnim Nabbie	17	ACSA ETH	18/11/2023	KZN Open Water Champs
<b>Women 17-17 7500 Free</b>								
1	2:04:04.00	L	F	Rebekah Olivier	17	SEALE ETH	18/11/2023	KZN Open Water Champs
<b>Women 17-17 10000 Free</b>								
1	2:28:08.28	L	O	Tayla Bruce	17	KZNA ETH	08/03/2024	SA National OWS Championship
<b>Women 17-17 50 Back</b>								
1	28.53	L	F	Milla Drakopoulos	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
2	28.67	L	F	Jessica Thompson	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
3	30.25	L	P	Indiana De Villers	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
4	31.20	L	F	Kendra Venter	17	INFA NMA	15/12/2023	NMBA Championships 2023
5	31.28	L	F	Chanel Du Plessis	17	CYBE CPT	15/03/2024	SA National Junior Age Group
6	31.39	L	F	Sarah Mc Laren	17	LEGC ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
7	31.46	L	F	Tannah Lindsay	17	CA ECU	15/03/2024	SA National Junior Age Group
8	31.91	L	F	Ashley Loch	17	VHD ZLD	24/11/2023	Westville-Seals LC Championships
9	31.95	L	P	Megan Matthews	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
10	31.97	L	P	Francisca Van Rooyen	17	FSA FS	08/04/2024	SA National Aquatic Champ 2024-PE
11	32.04	L	P	Megan Stewart	17	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
12	32.28	L	P	Ella-May Claassen	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
13	32.44	L	F	Lica Van Niekerk	17	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
14	32.51	L	F	Sofia French	17	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
15	32.60	L	F	Cleo Lin	17	WATR JHB	24/06/2023	PEA Winter Gala 2023
16	32.68	L	F	Monica Botha	17	BEAV ETH	24/11/2023	Westville-Seals LC Championships
17	32.78	L	F	Romy Day	17	ELEC FSH	12/12/2023	NTS Championships 2023
18	32.83	L	F	Tanith Ward	17	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
19	32.87	L	F	Marie-Ella Maske	17	RAV ECU	07/12/2023	EGA Summer Championships
20	32.99	L	P	Jo-Eil Viljoen	17	ASAW CED	15/03/2024	SA National Junior Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
21	33.02 L	P	Caelyn White	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE	
22*	33.09 L	F	Leah Lachman	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships	
22*	33.09 L	P	Sophie Vickers	17	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE	
24	33.25 L	P	Madison Scorgie	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE	
25	33.37 L	F	Emily Beatt	17	PEAS NMA	22/07/2023	1st A League Gala 2023	
26	33.40 L	P	Clio Smidt	17	VINE CPT	15/03/2024	SA National Junior Age Group	
27	33.60 L	F	Kiyara Campbell	17	USC BUF	24/06/2023	PEA Winter Gala 2023	
28	33.71 L	F	Rebekah Olivier	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships	
29	33.79 L	F	Danel Da Veiga	17	FLOD JHB	30/11/2023	CGA Championships 2023	
30	33.80 L	P	Ella Bouw	17	PER JHB	20/03/2024	SA Level 3 Regional Age Group	
31	33.81 L	F	Khwezi Jacobs	17	PEAS NMA	23/09/2023	3rd A League Gala 2023	
32	33.82 L	F	Caitlyn Fish	17	CA EKU	07/12/2023	EGA Summer Championships	
33*	33.85 L	P	Julie Landmann	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE	
33*	33.85 L	F	Anika Hugo	17	QSAW CED	11/11/2023	Winelands SL4	
35	33.86 L S	F	Aurora Ryser	17	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023	
36	33.95 L	F	Lisa Bester	17	WELL CED	11/11/2023	Swartland Prestige Gala 2023	
37	33.96 L	F	Genna Cloete	17	PSC FSH	12/12/2023	NTS Championships 2023	
38	33.97 L	P	Jenna Smit	17	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023	
39	33.99 L	P	Miette Van Huyssteen	17	CUHE OBD	14/12/2023	Western Cape LC-A Championship 2023	
40	34.11 L	F	Anri Wenhold	17	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group	
41	34.20 L	F	Lara Botha	17	ASAW CED	17/02/2024	Swartland Invitational Gala 2024	
42	34.76 L	F	Nadia Rossouw	17	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group	
43	34.79 L	F	Casey Roos	17	ELEC FSH	20/03/2024	SA Level 3 Regional Age Group	
44	34.85 L	P	Robyn Cowley	17	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group	
45	34.86 L	P	Xandri Palmer	17	POTC KKD	15/03/2024	SA National Junior Age Group	
46	35.07 L	P	Mikaela Landman	17	RFA FSH	12/12/2023	NTS Championships 2023	
47	35.14 L	F	Kayla Vorster	17	BLOT MAN	06/12/2023	Free State Champs 2023	
48*	35.18 L	F	Morgan Botha	17	PGAC EKU	24/11/2023	EGA Summer 4	
48*	35.18 L	F	Tayla Bruce	17	BEAV ETH	21/10/2023	Froggies Championships 2023	
50	35.34 L	P	Rachel Murray	17	HARL BUF	24/06/2023	PEA Winter Gala 2023	
51	35.38 L	F	Raine Botes	17	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group	
52	35.54 L	F	Chloe Steyn	17	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
53	35.62 L	F	Lune Van Den Berg	17	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2	
54	35.65 L	F	Elne Haynes	17	AHMP FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG	
55	35.73 L	F	Leigh-Ann Van der Vyver	17	CRSC JHB	30/11/2023	CGA Championships 2023	
56	35.82 L	F	Bailey Hughes	17	KLOO ETH	24/11/2023	Westville-Seals LC Championships	
57	35.87 L	F	Justine Crator	17	SWIFT EKU	26/01/2024	EGA Last Chance 2024	
58	35.95 L	P	Leah Durig	17	AAS JHB	30/11/2023	CGA Championships 2023	
59	36.00 L	P	Jessica Bott	17	SOUL EKU	07/12/2023	EGA Summer Championships	
60	36.15 L	F	Marlouse Keet	17	DDA FSH	24/03/2024	SA Level 2 Regional Age Group Champs	
61	36.29 L	F	Linique Rowles	17	PGIM KK	23/02/2024	NW School Championships 2024	
62*	36.30 L	F	Carlia Nel	17	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools	
62*	36.30 L	F	Cara Smook	17	BLOT MAN	27/10/2023	Neptune Prestige Gala	
64	36.44 L	F	Gabriella Mitchell	17	CRSC JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024	
65	36.46 L S	F	Janeske Vd Walt	17	RBUR BPD	06/12/2023	NWS Championships 2023/24	
66	36.67 L	F	Erin De Montille	17	CA EKU	26/01/2024	EGA Last Chance 2024	
67	36.70 L	F	Chignet Davel	17	PHS CCD	27/01/2024	Limpopo School Champs	
68	36.84 L	P	Chante Joubert	17	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group	
69	37.00 L	F	Yzabela Aromin	17	SEALE ETH	27/01/2024	Ushaka Champs 2024	
70	37.01 L	F	Amber Ogden	17	PEAS NMA	15/12/2023	NMBA Championships 2023	
71	37.10 L	F	Kaeli-Peace Armour	17	BLOT MAN	11/11/2023	Bull Sharks Gala	
72	37.13 L	F	Kendall Jackson	17	CA EKU	28/10/2023	EGA Summer 2 2023	
73*	37.24 L	F	Annika Serfontein	17	VALS FDD	06/12/2023	Free State Champs 2023	
73*	37.24 L	F	Abigaile Pretorius	17	SOUL EKU	24/11/2023	EGA Summer 4	
75	37.38 L S	F	Kiara Netherlands	17	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023	
76	37.51 L	F	Abigail Olivier	17	ACAA CCD	01/12/2023	Limpopo Champs	
77	37.61 L	P	Dane Meintjes	17	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs	
78	37.72 L	F	Susanna du Preez	17	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023	
79	38.13 L	F	Janica Stone	17	KALA	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023	

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
80	38.35 L	F	Talia Vd Berg	17	QSAW CED	11/11/2023	Winelands SL4
81	38.52 L S	F	Erin Langenhoven	17	SFSC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
82	38.61 L	F	Kelly Jackson	17	BLSS MAN	06/12/2023	Free State Champs 2023
83	38.66 L	P	Megan Fermoyle	17	SASE JHB	30/11/2023	CGA Championships 2023
84	38.74 L	F	Kaylin Oelschig	17	BLNE MAN	15/09/2023	Bull Sharks Annual Gala
85	38.80 L	F	Lara Heleen Schilz	17	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
86	38.91 L	F	Channah Van Coller	17	EDA ED	13/01/2024	BCA Inter-District Championship Gala
87	39.34 L	P	Annika Erasmus	17	AA JHB	30/11/2023	CGA Championships 2023
88	39.64 L	F	Lara Steenkamp	17	UNI EZD	01/12/2023	Mpumalanga Championships 2023
89	39.76 L	F	Dakota Wyngaard	17	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
90	39.80 L	F	Anmari Greeff	17	ELRAS WBD	01/12/2023	Limpopo Champs
91	39.94 L	P	Joelle Buys	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
92	40.24 L	F	Skye Micklethwaite	17	SSISA CPT	17/02/2024	Swartland Invitational Gala 2024
93	40.37 L	F	Marlet Maré	17	PSC TSH	16/02/2024	NTS February Open Age Group 2024
94	40.64 L	F	Aimy Engelbrecht	17	RFA TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
95	41.01 L	F	Elani Neethling	17	ELRAS WBD	01/12/2023	Limpopo Champs
96	41.03 L	F	Lara Luttig	17	QUIC CPT	21/01/2024	CTA BMEET 4
97	41.07 L S	F	Melisca Everson	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
98	41.08 L	F	Savannah Nicol	17	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
99	41.11 L	P	Michelle Muloi	17	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
100	41.21 L	P	Amyleigh Tolmay	17	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
101	41.52 L	P	Chloe Rushton	17	SASE JHB	30/11/2023	CGA Championships 2023
102	41.58 L	P	Abigail Hains	17	PGAC EKU	07/12/2023	EGA Summer Championships
103	42.51 L	F	Chanelle de Swardt	17	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
104	42.92 L	F	Tara Dixon	17	CASC CPT	21/01/2024	CTA BMEET 4
105	42.99 L	F	Christine Keira Pagkatipunan	17	SOUL EKU	02/03/2024	AG Level 1 Regional Age Group
106	43.25 L	F	Leané van Eeden	17	GHSK	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
107	43.26 L	F	Emma Claydon	17	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
108	43.38 L	F	Zoé-Lee Zondagh	17	GHSK	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
109	43.80 L	F	Carla Basson	17	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
110	43.95 L	F	Isabella Dando	17	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
111	43.97 L	F	Chloe Hill	17	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
112	43.99 L	F	Kayla Botha	17	BLSS MAN	06/12/2023	Free State Champs 2023
113	44.25 L	F	Nabatende Kituuka	17	ISSA NM	23/02/2024	NW School Championships 2024
114	44.51 L	F	Amber Olivier	17	BLMA CPT	21/01/2024	CTA BMEET 4
115	44.63 L	F	Malkia Mamudo	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
116	45.22 L	F	Nqabayethu Shongwe	17	ZASC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
117	45.24 L	P	Kiara Davids	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
118	45.27 L	F	Cailynn Foster	17	RPAC EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
119	45.39 L	F	Shea Roach	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
120	45.63 L	F	Joslyn Hatting	17	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
121	46.35 L	F	Lesedi Mamabolo	17	RFA TSH	02/03/2024	AG Level 1 Regional Age Group
122	46.74 L	F	Nadia Jv Rensburg	17	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
123	49.32 L	F	Melissa Laubscher	17	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
124	50.21 L	F	Zane Jv Vuuren	17	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
125	54.43 L	F	Lane Esterhuizen	17	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023
126	55.11 L	F	Isabel Du Preez	17	HWSK FBD	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
127	1:01.06 L	F	Siviwe Nkumane	17	GRIF	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
128	1:08.92 L	F	Nosipho Mathebula	17	ESS EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
129	1:15.20 L	F	Yolandie Germeshuysen	17	ESS EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
<b>Women 17-17 100 Back</b>							
1	1:01.28 L	S	Milla Drakopoulos	17	RSA	04/09/2023	9th JUNIOR WORLD SWIMMING
2	1:02.73 L	F	Jessica Thompson	17	AA JHB	15/03/2024	SA National Junior Age Group
3	1:05.87 L	P	Indiana De Villers	17	SEAL UMD	15/03/2024	SA National Junior Age Group
4	1:06.47 L	F	Tannah Lindsay	17	CA EKU	15/03/2024	SA National Junior Age Group
5*	1:06.62 L	F	Chanel Du Plessis	17	CYBE CPT	14/12/2023	Western Cape LC-A Championship 2023
5*	1:06.62 L	F	Kendra Venter	17	INFA NMA	15/12/2023	NMBA Championships 2023
7	1:07.62 L	P	Sarah Mc Laren	17	LEGC ETH	15/03/2024	SA National Junior Age Group
8	1:08.01 L	F	Megan Matthews	17	ASA ILD	15/03/2024	SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9	1:08.41	L	P	Lara Botha	17	ASAW	GED 15/03/2024 SA National Junior Age Group
10	1:09.14	L	F	Gabriella Helberg	17	CRSC	JHB 15/03/2024 SA National Junior Age Group
11	1:09.27	L	F	Sofia French	17	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
12	1:09.49	L	F	Caelyn White	17	GAU	JHB 19/04/2024 SA Schools Swimming Championship
13	1:09.67	L	P	Monica Botha	17	BEAV	ETH 15/03/2024 SA National Junior Age Group
14	1:09.80	L	P	Sophie Vickers	17	WCA	CPT 08/04/2024 SA National Aquatic Champ 2024-PE
15	1:10.05	L	P	Chelsea White	17	CRSC	JHB 15/03/2024 SA National Junior Age Group
16	1:10.16	L	F	Francisca Van Rooyen	17	BLOT	MAN 06/12/2023 Free State Champs 2023
17	1:10.20	L	P	Clio Smidt	17	VINE	CPT 15/03/2024 SA National Junior Age Group
18	1:10.74	L	F	Tanith Ward	17	SSISA	CPT 14/12/2023 Western Cape LC-A Championship 2023
19	1:10.87	L	P	Cleo Lin	17	WATR	JHB 24/06/2023 PEA Winter Gala 2023
20	1:10.96	L	P	Mila Prinsloo	17	ASAW	GED 15/03/2024 SA National Junior Age Group
21	1:11.15	L	F	Kiyara Campbell	17	USC	BUF 24/06/2023 PEA Winter Gala 2023
22	1:11.33	L	P	Jo-Ell Viljoen	17	WCA	CPT 19/04/2024 SA Schools Swimming Championship
23	1:12.06	L	F	Ashley Loch	17	VHD	ZLD 24/11/2023 Westville-Seals LC Championships
24	1:12.25	L	P	Jenna Smit	17	CASC	CPT 14/12/2023 Western Cape LC-A Championship 2023
25	1:12.34	L	F	Zoe Griffiths	17	TUKS	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
26	1:12.63	L	P	Romy Day	17	AGC	FSH 08/04/2024 SA National Aquatic Champ 2024-PE
27	1:12.71	L	P	Ella Bouw	17	PER	JHB 20/03/2024 SA Level 3 Regional Age Group
28*	1:12.83	L	F	Madison Scorgie	17	AA	JHB 26/01/2024 EGA Last Chance 2024
28*	1:12.83	L	F	Robyn Cowley	17	TUKS	FSH 20/03/2024 SA Level 3 Regional Age Group
30	1:12.96	L	P	Ella-May Claassen	17	PAC	FSH 15/03/2024 SA National Junior Age Group
31	1:13.04	L	P	Lica Van Niekerk	17	PLAY	GED 14/12/2023 Western Cape LC-A Championship 2023
32	1:13.09	L	F	Danel Da Veiga	17	FLOD	JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
33	1:13.21	L	P	Leigh-Ann Van der Vyver	17	CRSC	JHB 14/12/2023 KZNA 2023 Championships Incorp SSA
34	1:13.38	L	F	Aurora Ryser	17	TYGE	CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
35	1:13.56	L	F	Marie-Ella Maske	17	RAV	EKU 11/11/2023 EGA Summer 3
36	1:13.79	L	P	Miette Van Huyssteen	17	CUHE	QBD 14/12/2023 Western Cape LC-A Championship 2023
37	1:14.00	L	F	Rachel Murray	17	HARL	BUF 21/03/2024 SA Level 3 Regional Age Group
38	1:14.09	L	P	Retha De Roubaix	17	LALE	GED 15/03/2024 SA National Junior Age Group
39	1:14.13	L	F	Rebekah Olivier	17	SEALE	ETH 24/11/2023 Westville-Seals LC Championships
40	1:14.17	L	F	Roxanne Lothian	17	AFIN	JHB 30/11/2023 CGA Championships 2023
41	1:14.41	L	F	Jacoba Muggenburg	17	ASAW	GED 18/11/2023 CTA QUALIFYING MEET 2
42	1:14.48	L	F	Emily Beatt	17	NMBA	NM 13/01/2024 BCA Inter-District Championship Gala
43	1:14.67	L	P	Nadia Rossouw	17	TYGE	CPT 14/12/2023 Western Cape LC-A Championship 2023
44	1:15.01	L	P	Lisa Bester	17	WELL	GED 14/12/2023 Western Cape LC-A Championship 2023
45	1:15.10	L	P	Casey Roos	17	ELEC	FSH 20/03/2024 SA Level 3 Regional Age Group
46	1:15.13	L	F	Tayla Bruce	17	BEAV	ETH 27/01/2024 Ushaka Champs 2024
47	1:15.41	L	P	Ashley Ferguson	17	SEAL	UMD 14/12/2023 KZNA 2023 Championships Incorp SSA
48	1:15.47	L	F	Chloe Steyn	17	BEST	NMA 21/10/2023 4th A League Gala 2023
49	1:15.54	L	P	Anri Wenhold	17	TUKS	FSH 15/03/2024 SA National Junior Age Group
50*	1:16.02	L	F	Morgan Botha	17	PGAC	EKU 26/01/2024 EGA Last Chance 2024
50*	1:16.02	L	F	Caitlyn Fish	17	CA	EKU 11/11/2023 EGA Summer 3
52	1:16.31	L	F	Xandri Palmer	17	POTC	KKD 06/12/2023 NWS Championships 2023/24
53	1:16.83	L	P	Bailey Hughes	17	KLOO	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
54	1:16.85	L	P	Erin De Montille	17	CA	EKU 20/03/2024 SA Level 3 Regional Age Group
55	1:16.95	L	F	Mikaela Landman	17	RFA	FSH 17/11/2023 NTS Level 3+ November Age Group
56	1:17.57	L	F	Julie Landmann	17	PAC	FSH 27/10/2023 Neptune Prestige Gala
57	1:17.71	L	F	Chignet Davel	17	PHS	CGD 14/10/2023 Limpopo Top 8 - High Schools
58	1:18.05	L	P	Leah Durig	17	AAS	JHB 30/11/2023 CGA Championships 2023
59	1:18.84	L	F	Marlouse Keet	17	DDA	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
60	1:19.03	L	F	Kayla Vorster	17	BLOT	MAN 27/10/2023 Neptune Prestige Gala
61	1:19.09	L	F	Mila Kriek	17	QSAW	GED 18/11/2023 CTA QUALIFYING MEET 2
62	1:19.34	L	F	Carlia Nel	17	HPP	BUF 14/10/2023 Limpopo Top 8 - High Schools
63	1:19.45	L	F	Abigaile Pretorius	17	SOUL	EKU 26/01/2024 EGA Last Chance 2024
64	1:19.48	L	F	Janeske Vd Walt	17	BERG	BP 23/02/2024 NW School Championships 2024
65	1:19.49	L	P	Skye Micklethwaite	17	SSISA	CPT 21/03/2024 SA Level 3 Regional Age Group
66	1:19.68	L	P	Chante Joubert	17	CRSC	JHB 20/03/2024 SA Level 3 Regional Age Group
67	1:20.20	L	F	Kaeli-Peace Armour	17	BLOT	MAN 26/08/2023 kovsie Sprint Gala

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
68	1:20.67 L	P	Raine Botes	17	TUKS FSH	12/12/2023	NTS Championships 2023
69	1:20.80 L	F	Dakota Wyngaard	17	QUIC CPT	24/11/2023	CTA A & B CHAMPS 2023
70	1:20.93 L	F	Kendall Jackson	17	CA EKU	11/11/2023	EGA Summer 3
71	1:21.08 L	F	Cara Smook	17	BLOT MAN	27/10/2023	Neptune Prestige Gala
72	1:21.12 L	F	Lune Van Den Berg	17	QSAW CED	03/02/2024	Winelands SL final
73	1:22.86 L	F	Janica Stone	17	KALA	03/02/2024	NCASA SPRINTS 2024
74	1:23.19 L	F	Isi Mshudulu	17	FLOD JHB	24/03/2024	SA Level 2 Regional Age Group Champs
75	1:23.68 L	F	Carli Vorster	17	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
76	1:23.80 L	F	Talia Vd Berg	17	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
77	1:24.31 L	F	Kiara Netherlands	17	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023
78	1:24.40 L	F	Linique Rowles	17	PGIM KK	23/02/2024	NW School Championships 2024
79	1:24.67 L	F	Jorja Lindstrom	17	HARL BUF	15/12/2023	NMBA Championships 2023
80*	1:25.40 L	F	Kelly Jackson	17	BLSS MAN	13/10/2023	Pelicans Gala
80*	1:25.40 L S	P	Justine Crator	17	SWIFT EKU	07/12/2023	EGA Summer Championships
82	1:25.43 L	F	Lara Luttig	17	QUIC CPT	24/11/2023	CTA A & B CHAMPS 2023
83	1:25.92 L	F	Lara Heleen Schilz	17	AHMP FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
84	1:26.14 L	F	Casey Joubert	17	PEAS NMA	09/02/2024	Infinity Gala 2024
85	1:26.15 L	F	Dane Meintjes	17	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
86	1:26.32 L	F	Channah Van Coller	17	EDA ED	13/01/2024	BCA Inter-District Championship Gala
87	1:26.96 L S	P	Abigail Hains	17	PGAC EKU	07/12/2023	EGA Summer Championships
88	1:27.02 L	F	Aimy Engelbrecht	17	RFA FSH	01/07/2023	Rossini Swim Cup
89	1:27.37 L	F	Kaylin Oelschig	17	BLNE MAN	26/08/2023	kovsie Sprint Gala
90	1:27.49 L	P	Joelle Buys	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
91	1:27.89 L	F	Megan Fermoyle	17	SASE JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
92	1:28.16 L	P	Melisca Everson	17	KZNA ETH	19/04/2024	SA Schools Swimming Championship
93	1:29.28 L	F	Leandri vd Walt	17	BERG BP	23/02/2024	NW School Championships 2024
94	1:29.72 L	F	Lara Steenkamp	17	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
95	1:29.97 L	F	Aqeelah Rinquest	17	MARL CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
96	1:30.48 L	F	Tara Dixon	17	CASC CPT	21/01/2024	CTA BMEET 4
97	1:30.54 L	F	Leoné Van Schalkwyk	17	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
98	1:31.01 L	F	Savannah Nicol	17	BEAV ETH	24/11/2023	Westville-Seals LC Championships
99	1:31.26 L	F	Elani Neethling	17	HE CCD	27/01/2024	Limpopo School Champs
100	1:32.34 L	P	Chloe Rushton	17	SASE JHB	30/11/2023	CGA Championships 2023
101	1:33.15 L	F	Kayla Botha	17	BLSS MAN	27/10/2023	Neptune Prestige Gala
102	1:33.58 L	F	Marlet Maré	17	PSC FSH	26/01/2024	NTS Level 3+ January Age Group 2024
103	1:35.77 L	P	Kiara Davids	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
104	1:36.01 L	F	Anmari Greeff	17	ELRAS WBD	21/10/2023	Limpopo Age Group 4
105	1:40.60 L	F	Isabella Dando	17	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
106	1:41.42 L	F	Christine Keira Pagkatipunan	17	SOUL EKU	11/11/2023	EGA Summer 3
107	1:41.65 L	F	Amber Olivier	17	BLMA CPT	21/01/2024	CTA BMEET 4
108	1:43.96 L	F	Chanelle de Swardt	17	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
109	1:49.55 L	F	Lesedi Mamabolo	17	RFA FSH	02/02/2024	NTS Level 1+2 February Age Group
110	1:54.88 L	F	Nadia Jv Rensburg	17	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
111	2:04.53 L	F	Lane Esterhuizen	17	UPSK ZMD	03/11/2023	UPINGTON 2023
112	2:52.83 L	F	Nosipho Mathebula	17	ESS EZD	13/10/2023	MP AGE GROUP 2
113	3:02.15 L	F	Yolandie Germeshuysen	17	ESS EZD	13/10/2023	MP AGE GROUP 2
<b>Women 17-17 200 Back</b>							
1	2:13.97 L	F	Milla Drakopoulos	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
2	2:23.49 L	P	Indiana De Villers	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
3	2:24.17 L	F	Megan Matthews	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
4	2:25.50 L S	F	Tannah Lindsay	17	CA EKU	15/03/2024	SA National Junior Age Group
5	2:26.25 L	F	Megan Stewart	17	AZON ETH	14/12/2023	KZNA 2023 Championships Incorporate SSA
6	2:27.42 L S	P	Monica Botha	17	BEAV ETH	15/03/2024	SA National Junior Age Group
7	2:28.19 L	F	Kendra Venter	17	INFA NMA	15/12/2023	NMBA Championships 2023
8	2:28.39 L S	F	Gabriella Helberg	17	CRSC JHB	15/03/2024	SA National Junior Age Group
9	2:28.71 L S	F	Chanel Du Plessis	17	CYBE CPT	15/03/2024	SA National Junior Age Group
10	2:28.84 L	F	Sofia French	17	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
11	2:29.55 L	F	Lara Botha	17	ASAW CED	14/12/2023	Western Cape LC-A Championship 2023
12	2:29.61 L	F	Zoe Griffiths	17	TUKS FSH	20/10/2023	NTS Level 3+ October Age Group 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13*	2:31.87 L	F	Sarah Mc Laren	17	LEGC ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
13*	2:31.87 L S	P	Clio Smidt	17	VINE CPT	15/03/2024	SA National Junior Age Group
15	2:32.85 L	P	Jo-Ell Viljoen	17	ASAW CED	14/12/2023	Western Cape LC-A Championship 2023
16	2:32.98 L	P	Sophie Vickers	17	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
17	2:33.66 L	F	Cleo Lin	17	WATR JHB	24/06/2023	PEA Winter Gala 2023
18	2:34.46 L S	P	Tayla Bruce	17	BEAV ETH	15/03/2024	SA National Junior Age Group
19	2:36.26 L	F	Tanith Ward	17	SSISA CPT	14/12/2023	Western Cape LC-A Championship 2023
20	2:36.32 L	F	Robyn Cowley	17	TUKS FSH	12/12/2023	NTS Championships 2023
21	2:37.15 L S	F	Jenna Smit	17	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
22	2:37.82 L	F	Rachel Murray	17	HARL BUF	21/03/2024	SA Level 3 Regional Age Group
23	2:38.27 L	F	Kiyara Campbell	17	USC BUF	24/11/2023	BCA Long Course Championships 2023
24	2:38.48 L	F	Ella Bouw	17	PER JHB	20/03/2024	SA Level 3 Regional Age Group
25	2:38.78 L	P	Ashley Ferguson	17	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
26	2:38.98 L	F	Retha De Roubaix	17	LALE CED	14/12/2023	Western Cape LC-A Championship 2023
27	2:39.43 L	P	Nadia Rossouw	17	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
28	2:39.80 L	F	Rebekah Olivier	17	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
29	2:39.99 L	F	Jacoba Muggenburg	17	ASAW CED	18/11/2023	CTA QUALIFYING MEET 2
30	2:40.12 L	F	Aurora Ryser	17	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
31	2:40.63 L	P	Danel Da Veiga	17	FLOD JHB	20/03/2024	SA Level 3 Regional Age Group
32	2:40.69 L	F	Roxanne Lothian	17	AFIN JHB	30/11/2023	CGA Championships 2023
33	2:42.28 L	F	Raine Botes	17	TUKS FSH	16/02/2024	NTS February Open Age Group 2024
34	2:42.86 L	F	Erin De Montille	17	CA EKU	26/01/2024	EGA Last Chance 2024
35	2:42.89 L	F	Emily Beatt	17	PEAS NMA	24/06/2023	PEA Winter Gala 2023
36	2:43.93 L	P	Caitlyn Fish	17	CA EKU	07/12/2023	EGA Summer Championships
37	2:44.06 L	F	Morgan Botha	17	PGAC EKU	07/12/2023	EGA Summer Championships
38	2:44.47 L	F	Kiara Croft	17	PEAS NMA	12/08/2023	Madibaz Swim Meet 2023
39	2:44.76 L	F	Kaeli-Peace Armour	17	BLOT MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
40	2:44.91 L	F	Xandri Palmer	17	POTC KKD	06/12/2023	NWS Championships 2023/24
41	2:44.99 L	F	Casey Roos	17	ELEC FSH	23/06/2023	Treviso Swim Cup
42	2:47.26 L	F	Chignet Davel	17	ACAA CCD	22/09/2023	NTS Level 3+ September Age Group
43	2:47.51 L	F	Lisa Bester	17	WELL CED	14/12/2023	Western Cape LC-A Championship 2023
44	2:47.84 L	P	Skye Micklethwaite	17	SSISA CPT	21/03/2024	SA Level 3 Regional Age Group
45	2:48.06 L	F	Bailey Hughes	17	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
46	2:51.31 L	F	Gute Geldenhuys	17	AA JHB	30/11/2023	CGA Championships 2023
47	2:51.35 L	F	Elne Haynes	17	AHMP FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
48	2:51.71 L	F	Chante Joubert	17	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
49	2:52.47 L	P	Dakota Wyngaard	17	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
50	2:52.48 L	F	Abigail Pretorius	17	SOUL EKU	07/12/2023	EGA Summer Championships
51	2:53.78 L	F	Marlouse Keet	17	DDA FSH	24/03/2024	SA Level 2 Regional Age Group Champs
52	2:55.69 L	F	Hannah Parry	17	MGSC UGD	24/11/2023	Westville-Seals LC Championships
53	2:56.30 L	F	Madison Scorgie	17	AA JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
54	2:56.96 L	F	Janica Stone	17	KALA	21/03/2024	SA Level 3 Regional Age Group
55	2:58.45 L	F	Mikaela Landman	17	RFA FSH	23/06/2023	Treviso Swim Cup
56	2:59.21 L	F	Carlia Nel	17	HPP BUF	27/01/2024	Limpopo School Champs
57	3:03.66 L	F	Lara Luttig	17	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
58	3:03.95 L	P	Justine Crator	17	SWIFT EKU	07/12/2023	EGA Summer Championships
59	3:06.72 L	P	Abigail Hains	17	PGAC EKU	07/12/2023	EGA Summer Championships
60	3:06.82 L	F	Jorja Lindstrom	17	HARL BUF	27/01/2024	BCA January Age Group Gala 2024
61	3:07.37 L S	F	Kelly Jackson	17	BLSS MAN	06/12/2023	Free State Champs 2023
62	3:09.45 L	F	Aimy Engelbrecht	17	RFA FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
63	3:15.73 L	F	Lara Steenkamp	17	UNI EZD	01/12/2023	Mpumalanga Championships 2023
64	3:18.16 L	F	Minet Van den Ende	17	ROA EDD	17/02/2024	EDEN 5th A-League Gala 2024
65	3:19.42 L	F	Leandri vd Walt	17	BERG BP	23/02/2024	NW School Championships 2024
66	3:20.59 L	F	Kiara Davids	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
67	3:22.10 L	F	Oratile Mukhethwa	17	QUES JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
68	4:26.35 L	F	Lane Esterhuizen	17	UPSK ZMD	03/11/2023	UPINGTON 2023

**Women 17-17 50 Breast**

1	33.35 L	F	Kiera Cloete	17	SASE JHB	15/03/2024	SA National Junior Age Group
2	34.42 L	P	Isabella Mc Colgan	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	35.07	L	P	Khwezi Jacobs	17	PEAS NMA	15/03/2024 SA National Junior Age Group
4	35.11	L	F	Kendra Venter	17	INFA NMA	15/03/2024 SA National Junior Age Group
5	35.27	L	F	Danielle Webster	17	RFA TSH	23/06/2023 Treviso Swim Cup
6	35.36	L	F	Sofia French	17	TUKS TSH	12/12/2023 NTS Championships 2023
7	35.64	L	P	Alexia Greyling	17	CA ECU	15/03/2024 SA National Junior Age Group
8	35.68	L	P	Megan Stewart	17	KZNA ETH	08/04/2024 SA National Aquatic Champ 2024-PE
9	35.84	L	P	Xandri Fourie	17	TRAZ TSH	15/03/2024 SA National Junior Age Group
10	36.07	L	F	Vhenekai Dhemba	17	HRE MS	14/12/2023 KZNA 2023 Championships Incorp SSA
11	36.33	L	P	Cleo Lin	17	WATR JHB	15/03/2024 SA National Junior Age Group
12	36.34	L	P	Danika Vyncke	17	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
13	36.51	L	P	Romy Day	17	ELEC TSH	12/12/2023 NTS Championships 2023
14	36.53	L	P	Utah Novello	17	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
15*	36.80	L	P	Anika Hugo	17	QSAW CED	14/12/2023 Western Cape LC-A Championship 2023
15*	36.80	L	P	Christine Jackson	17	ELEC TSH	15/03/2024 SA National Junior Age Group
17	37.09	L	P	Caelyn White	17	AA JHB	30/11/2023 CGA Championships 2023
18	37.12	L	F	Lica Van Niekerk	17	PLAY CED	14/12/2023 Western Cape LC-A Championship 2023
19	37.31	L	F	Erin Langenhoven	17	SFSC CPT	14/12/2023 Western Cape LC-A Championship 2023
20	37.43	L	F	Juliette Pascoe	17	TUKS TSH	12/12/2023 NTS Championships 2023
21	37.53	L	P	Leah Lachman	17	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
22	37.73	L	F	Chloe Steyn	17	BEST NMA	22/07/2023 1st A League Gala 2023
23	37.75	L	F	Jenna Bidgood	17	AFIN JHB	20/03/2024 SA Level 3 Regional Age Group
24	37.79	L	F	Justine Crator	17	SWIFT ECU	26/01/2024 EGA Last Chance 2024
25	37.86	L	F	Jorja Lindstrom	17	HARL BUF	21/03/2024 SA Level 3 Regional Age Group
26	37.93	L	F	Chloe Graaff	17	CRSC JHB	20/03/2024 SA Level 3 Regional Age Group
27	38.01	L	P	Skyla Havenga	17	CLSC WCD	15/03/2024 SA National Junior Age Group
28	38.12	L	P	Xandri Palmer	17	POTC KKD	06/12/2023 NWS Championships 2023/24
29	38.35	L	P	Jessica Bott	17	SOUL ECU	20/03/2024 SA Level 3 Regional Age Group
30	38.39	L	P	Maya Laubscher	17	GSA CPT	14/12/2023 Western Cape LC-A Championship 2023
31	38.55	L	F	Yzabela Aromin	17	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
32	38.78	L	F	Amy Beetge	17	LALE CED	21/03/2024 SA Level 3 Regional Age Group
33	39.15	L	F	Genna Cloete	17	PSC TSH	17/11/2023 NTS Level 3+ November Age Group
34	39.33	L	F	Leah Stewart	17	PSCP UMD	21/03/2024 SA Level 3 Regional Age Group
35	39.34	L	F	Mila Kriek	17	QSAW CED	20/01/2024 CTA A MEET 4
36	39.39	L	P	Madison Goliath	17	USC BUF	19/04/2024 SA Schools Swimming Championship
37	39.40	L	F	Nadia Rossouw	17	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
38	39.42	L	F	Rebekah Fleischer	17	WSTV ETH	24/11/2023 Westville-Seals LC Championships
39	39.43	L	F	Susanna du Preez	17	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
40	39.49	L	F	Leigh-Ann Van der Vyver	17	CRSC JHB	12/01/2024 2024 Grand Prix Invitation Swimming
41	39.65	L	F	Kayleen van Reenen	17	AFIN JHB	20/03/2024 SA Level 3 Regional Age Group
42	39.79	L	F	Abigail Olivier	17	ACAQ CCD	20/03/2024 SA Level 3 Regional Age Group
43	39.86	L	F	Abby Nicholson	17	SEALE ETH	24/11/2023 Westville-Seals LC Championships
44	39.88	L	P	Aqeelah Rinquest	17	RSA	18/10/2023 BRICS Games Swimming 2023-KZN
45	39.96	L	P	Aliyyah Rangraze	17	GAU JHB	19/04/2024 SA Schools Swimming Championship
46	40.00	L	F	Tayla Bruce	17	BEAV ETH	21/10/2023 Froggies Championships 2023
47	40.18	L	F	Anri Wenhold	17	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
48	40.47	L	F	Kiara Croft	17	PEAS NMA	12/08/2023 Madibaz Swim Meet 2023
49	40.58	L	F	Megan Fermoye	17	SASE JHB	30/11/2023 CGA Championships 2023
50	40.74	L	F	Casey Roos	17	ELEC TSH	01/07/2023 Rossini Swim Cup
51	40.78	L	F	Sophia Wium	17	QSAW CED	21/01/2024 CTA BMEET 4
52*	40.79	L	F	Kaylin Oelschig	17	BLNE MAN	26/08/2023 kovsie Sprint Gala
52*	40.79	L	F	Aurora Ryser	17	TYGE CPT	16/09/2023 CTA A MEET 3
54*	41.21	L	F	Janeske Vd Walt	17	BERG BP	23/02/2024 NW School Championships 2024
54*	41.21	L	F	Julie Landmann	17	PAC TSH	27/10/2023 Neptune Prestige Gala
56	41.59	L	F	Elri Van Der Westhuizen	17	TINC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
57	42.17	L	F	Caitlynn Foster	17	RPAC ECU	15/09/2023 EGA Summer 1
58	42.22	L	F	Talia Vd Berg	17	QSAW CED	11/11/2023 Winelands SL4
59	42.26	L	F	Cara Smook	17	BLOT MAN	27/10/2023 Neptune Prestige Gala
60	42.36	L	F	Bailey Hughes	17	PEAS NMA	01/10/2023 Curro AquaElite Gala
61	42.99	L	F	Chignet Davel	17	PHS CCD	14/10/2023 Limpopo Top 8 - High Schools

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
62	43.02 L	P	Marlouise Keet	17	DDA TSH	12/12/2023	NTS Championships 2023
63	43.07 L	F	Michelle Muloi	17	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
64	43.32 L	F	Millah Smith	17	BLSS MAN	27/10/2023	Neptune Prestige Gala
65	43.41 L	F	Ella-May Claassen	17	PAC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
66	43.45 L	F	Lara Luttig	17	QUIC CPT	21/01/2024	CTA BMEET 4
67	43.65 L	P	Emma-Kate Van Niekerk	17	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
68	43.96 L	P	Dane Meintjes	17	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
69	44.23 L	F	Jenna Smit	17	CASC CPT	20/01/2024	CTA A MEET 4
70	44.25 L	F	Chloe Rushton	17	SASE JHB	24/03/2024	SA Level 2 Regional Age Group Champs
71	44.49 L	F	Linique Rowles	17	PGIM KK	23/02/2024	NW School Championships 2024
72	44.55 L	F	Isabella Horwood	17	PEAS NMA	21/10/2023	4th A League Gala 2023
73	44.68 L	P	Alne Van Eeden	17	PEAS NMA	24/06/2023	PEA Winter Gala 2023
74	44.72 L	F	Annika Serfontein	17	VALS FDD	26/03/2024	SA Level 2 Regional Age Group Champs
75	44.83 L	F	Kelly Jackson	17	BLSS MAN	06/12/2023	Free State Champs 2023
76	44.84 L S	P	Abigail Hains	17	PGAC ECU	07/12/2023	EGA Summer Championships
77	44.88 L	F	Kelee Flanagan	17	PEAS NMA	23/09/2023	3rd A League Gala 2023
78*	44.92 L S	P	Morgan Botha	17	PGAC ECU	07/12/2023	EGA Summer Championships
78*	44.92 L	F	Dakota Wyngaard	17	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
80	45.20 L	F	Leané van Eeden	17	GHSK	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
81	46.27 L	F	Oratile Muthaphuli	17	QUES JHB	30/11/2023	CGA Championships 2023
82	46.64 L	P	Phillippa Formo	17	CRSC JHB	30/11/2023	CGA Championships 2023
83	47.32 L	F	Chelsea Lavita	17	MANT CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
84	47.37 L	F	Leandri vd Walt	17	BERG BP	23/02/2024	NW School Championships 2024
85	47.52 L	F	Carla Van Deventer	17	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
86	47.72 L	F	Tara Dixon	17	CASC CPT	21/01/2024	CTA BMEET 4
87	48.07 L	F	Janica Stone	17	KALA	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
88	48.11 L	F	Chloe Hill	17	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
89	48.25 L	F	Elani Neethling	17	HE CCD	27/01/2024	Limpopo School Champs
90	48.78 L	F	Heidri De Jager	17	RHS BP	23/02/2024	NW School Championships 2024
91	48.93 L	F	Nabatende Kituuka	17	ISSA NM	23/02/2024	NW School Championships 2024
92	49.05 L	F	Isabella Dando	17	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
93	50.45 L	F	Kayla Botha	17	BLSS MAN	06/12/2023	Free State Champs 2023
94	50.55 L	F	Zoé-Lee Zondagh	17	GHSK	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
95	50.59 L	F	Natasha Bourdin	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
96	50.70 L	F	Sarah Byrne	17	LAD UTD	18/11/2023	Uthukela District Age Group Gala
97	50.71 L	F	Carla Basson	17	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
98	51.09 L	F	Minet Van den Ende	17	ROA EDD	17/02/2024	EDEN 5th A-League Gala 2024
99	51.10 L	P	Kiara Davids	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
100	51.32 L	P	Poshika Ramsamy	17	BEST NMA	24/06/2023	PEA Winter Gala 2023
101	51.42 L	F	Lindsay Mc Manus	17	HSH BP	23/02/2024	NW School Championships 2024
102	51.52 L	F	Christine Keira Pagkatipunan	17	SOUL ECU	02/03/2024	AG Level 1 Regional Age Group
103	51.65 L	F	Cailynn Foster	17	RPAC ECU	15/09/2023	EGA Summer 1
104	54.53 L	F	Reese Manowe	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
105	55.00 L	F	Nqabayethu Shongwe	17	ZASC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
106	55.15 L	F	Lesedi Mamabolo	17	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
107	55.47 L	F	Joslyn Hatting	17	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
108	55.66 L	F	Tiffany Koekemoer	17	WAGH BP	23/02/2024	NW School Championships 2024
109	58.39 L	F	Isabel Du Preez	17	HWSK FBD	13/01/2024	AGE GROUP 4 KBY 2024
110	1:00.67 L	F	Catherine-Rose Minnaar	17	UWCA CPT	21/01/2024	CTA BMEET 4
111	1:03.35 L	F	Lane Esterhuizen	17	UPSK ZMD	03/11/2023	UPINGTON 2023
112	1:14.39 L	F	Sibahle Booï	17	UMHS OTD	03/02/2024	Buffalo City School Trials 2024
113	1:20.81 L	F	Sinesipho Dyakala	17	ALEX NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
<b>Women 17-17 100 Breast</b>							
1	1:14.56 L	F	Kiera Cloete	17	SASE JHB	15/03/2024	SA National Junior Age Group
2	1:14.78 L S	F	Isabella Mc Colgan	17	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
3	1:15.58 L	P	Alexia Greyling	17	CA ECU	15/03/2024	SA National Junior Age Group
4	1:16.02 L S	F	Sofia French	17	TUKS TSH	12/12/2023	NTS Championships 2023
5	1:18.41 L S	F	Xandri Fourie	17	TRAZ TSH	12/12/2023	NTS Championships 2023
6	1:18.43 L	P	Danielle Webster	17	RFA TSH	15/03/2024	SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
7	1:18.51	L	P	Chelsea White	17	CRSC	JHB	15/03/2024 SA National Junior Age Group
8	1:18.67	L	P	Sarah Mc Laren	17	LEGC	ETH	15/03/2024 SA National Junior Age Group
9	1:19.51	L S	P	Khwezi Jacobs	17	ECA	BUF	08/04/2024 SA National Aquatic Champ 2024-PE
10	1:20.12	L S	P	Jessica Baker	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
11	1:20.53	L	P	Christine Jackson	17	ELEC	FSH	15/03/2024 SA National Junior Age Group
12	1:20.71	L	F	Vhenekai Dhemba	17	HRE	MS	14/12/2023 KZNA 2023 Championships Incorp SSA
13	1:20.78	L	F	Megan Stewart	17	PEAS	NMA	01/10/2023 Curro AquaElite Gala
14	1:20.96	L	F	Jorja Lindstrom	17	HARL	BUF	21/03/2024 SA Level 3 Regional Age Group
15	1:21.02	L	P	Anika Hugo	17	QSAW	CED	14/12/2023 Western Cape LC-A Championship 2023
16	1:21.27	L	F	Lara Botha	17	ASAW	CED	14/12/2023 Western Cape LC-A Championship 2023
17	1:21.39	L	F	Leigh-Ann Van der Vyver	17	CRSC	JHB	14/12/2023 KZNA 2023 Championships Incorp SSA
18	1:22.15	L	F	Utah Novello	17	CLSC	WCD	14/12/2023 Western Cape LC-A Championship 2023
19	1:22.41	L	F	Danika Vyncke	17	AGB	JHB	08/04/2024 SA National Aquatic Champ 2024-PE
20	1:23.59	L	P	Erin Langenhoven	17	SFSC	CPT	14/12/2023 Western Cape LC-A Championship 2023
21	1:23.65	L	P	Chloe Graaff	17	CRSC	JHB	20/03/2024 SA Level 3 Regional Age Group
22	1:23.75	L	F	Chloe Steyn	17	BEST	NMA	22/07/2023 1st A League Gala 2023
23	1:23.96	L	F	Yzabela Aromin	17	SEALE	ETH	27/01/2024 Ushaka Champs 2024
24	1:24.05	L	F	Skyla Havenga	17	CLSC	WCD	14/12/2023 Western Cape LC-A Championship 2023
25	1:24.25	L	P	Abigail Olivier	17	LP	CCD	19/04/2024 SA Schools Swimming Championship
26	1:24.58	L	F	Jessica Bott	17	SOUL	EKU	20/03/2024 SA Level 3 Regional Age Group
27	1:24.75	L	P	Maya Laubscher	17	ASAC	CPT	15/03/2024 SA National Junior Age Group
28	1:24.84	L	F	Xandri Palmer	17	HPS	FSH	01/07/2023 Rossini Swim Cup
29	1:24.93	L S	F	Juliette Pascoe	17	TUKS	FSH	12/12/2023 NTS Championships 2023
30	1:25.02	L	F	Mila Kriek	17	QSAW	CED	10/02/2024 WCA-B Champs - 2024
31	1:25.03	L	F	Jenna Bidgood	17	AFIN	JHB	30/11/2023 CGA Championships 2023
32	1:25.15	L	F	Amy Beetge	17	LALE	CED	21/03/2024 SA Level 3 Regional Age Group
33	1:26.29	L	F	Leah Durig	17	AAS	JHB	30/11/2023 CGA Championships 2023
34	1:26.71	L	F	Madison Goliath	17	USC	BUF	17/02/2024 Eastern Cape School Trials 2024
35	1:26.83	L	F	Leah Lachman	17	SEALE	ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
36	1:27.43	L	F	Abby Nicholson	17	SEALE	ETH	24/11/2023 Westville-Seals LC Championships
37	1:27.56	L	F	Aliyyah Rangraze	17	ATLA	JHB	30/11/2023 CGA Championships 2023
38	1:28.03	L	P	Kayleen van Reenen	17	AFIN	JHB	20/03/2024 SA Level 3 Regional Age Group
39	1:28.21	L	F	Aqeelah Rinquest	17	MARL	CPT	10/02/2024 WCA-B Champs - 2024
40	1:28.39	L	P	Madison Scorgie	17	RSA		18/10/2023 BRICS Games Swimming 2023-KZN
41	1:28.40	L	P	Justine Crator	17	SWIFT	EKU	07/12/2023 EGA Summer Championships
42	1:28.93	L	F	Nadia Rossouw	17	TYGE	CPT	20/01/2024 CTA A MEET 4
43	1:29.33	L	F	Rebekah Fleischer	17	PEAS	NMA	01/10/2023 Curro AquaElite Gala
44	1:29.42	L	F	Kiara Croft	17	PEAS	NMA	12/08/2023 Madibaz Swim Meet 2023
45	1:29.43	L	P	Janeske Vd Walt	17	RBUR	BPD	06/12/2023 NWS Championships 2023/24
46	1:29.76	L	F	Leah Stewart	17	PSCP	UMD	24/11/2023 Westville-Seals LC Championships
47	1:30.14	L	F	Alne Van Eeden	17	PEAS	NMA	15/12/2023 NMBA Championships 2023
48	1:30.44	L	F	Sophia Wium	17	QSAW	CED	16/09/2023 CTA A MEET 3
49	1:30.45	L	F	Aurora Ryser	17	TYGE	CPT	16/09/2023 CTA A MEET 3
50	1:31.90	L	F	Megan Fermoyle	17	SASE	JHB	30/11/2023 CGA Championships 2023
51	1:32.53	L	F	Ella Bouw	17	PER	JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
52	1:33.18	L	F	Bailey Hughes	17	PEAS	NMA	01/10/2023 Curro AquaElite Gala
53	1:33.21	L	F	Kaylin Oelschig	17	BLNE	MAN	27/10/2023 Neptune Prestige Gala
54	1:33.36	L	F	Lara Luttig	17	QUIC	CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
55	1:34.21	L	F	Millah Smith	17	BLSS	MAN	06/12/2023 Free State Champs 2023
56	1:34.62	L	F	Jenna Smit	17	CASC	CPT	20/01/2024 CTA A MEET 4
57	1:34.67	L	F	Marlouse Keet	17	DDA	FSH	26/01/2024 NTS Level 3+ Januaery Age Group 2024
58	1:35.90	L	F	Talia Vd Berg	17	QSAW	CED	18/11/2023 CTA QUALIFYING MEET 2
59	1:36.02	L	F	Caitlynn Foster	17	RPAC	EKU	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
60	1:36.04	L	P	Elri Van Der Westhuizen	17	TINC	FSH	24/03/2024 SA Level 2 Regional Age Group Champs
61	1:37.80	L	F	Emma-Kate Van Niekerk	17	AFIN	JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
62	1:38.88	L	F	Dane Meintjes	17	PSCP	UMD	05/04/2024 SA Level 2 Regional Age Group Champs
63	1:39.69	L	F	Abigail Hains	17	PGAC	EKU	28/10/2023 EGA Summer 2 2023
64	1:39.73	L	F	Kelly Jackson	17	BLSS	MAN	06/12/2023 Free State Champs 2023
65	1:40.15	L	F	Leané van Eeden	17	GHSK		10/02/2024 AGE GROUP 6 KBY - 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
66	1:40.63	L	P	Abigaile Pretorius	17	SOUL EKU	07/12/2023	EGA Summer Championships
67	1:41.78	L	F	Dhiya Pillay	17	ACSA ETH	05/04/2024	SA Level 2 Regional Age Group Champs
68	1:41.91	L	P	Dakota Wyngaard	17	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
69	1:43.43	L	F	Kelee Flanagan	17	PEAS NMA	23/09/2023	3rd A League Gala 2023
70	1:43.77	L	F	Elani Neethling	17	ELRAS WBD	01/12/2023	Limpopo Champs
71	1:45.43	L	F	Chelsea Lavita	17	MANT CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
72	1:45.74	L	F	Leandri vd Walt	17	BERG BP	23/02/2024	NW School Championships 2024
73	1:46.35	L	F	Aimy Engelbrecht	17	RFA TSH	23/06/2023	Treviso Swim Cup
74	1:51.56	L	F	Sarah Byrne	17	LAD UTD	21/10/2023	Uthukela District Age Group Gala
75	1:51.96	L	F	Nabatende Kituuka	17	ISSA NM	23/02/2024	NW School Championships 2024
76	1:52.61	L	F	Minet Van den Ende	17	ROA EDD	17/02/2024	EDEN 5th A-League Gala 2024
77	1:53.38	L	F	Zoé-Lee Zondagh	17	GHSK	01/12/2023	AGE GROUP 3 KBY 2023
78	1:57.89	L	F	Christine Keira Pagkatipunan	17	SOUL EKU	28/10/2023	EGA Summer 2 2023
79	1:59.31	L	F	Nqabayethu Shongwe	17	ZASC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
80	2:05.80	L	F	Lindsay Mc Manus	17	HSB BP	23/02/2024	NW School Championships 2024
81	2:06.97	L	F	Jonel Smit	17	GHSK	27/10/2023	KALAHARI CLASSIC GALA 2023
82	2:09.65	L	F	Isabel Du Preez	17	HWSK FBD	11/11/2023	AGE GROUP 1
<b>Women 17-17 200 Breast</b>								
1	2:39.76	L	F	Isabella Mc Colgan	17	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
2	2:42.87	L S	F	Alexia Greyling	17	CA EKU	15/03/2024	SA National Junior Age Group
3	2:43.95	L S	F	Sofia French	17	TUKS TSH	15/03/2024	SA National Junior Age Group
4	2:47.28	L	P	Chelsea White	17	CRSC JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
5	2:47.75	L	P	Megan Stewart	17	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
6	2:47.87	L	P	Xandri Fourie	17	TRAZ TSH	12/12/2023	NTS Championships 2023
7	2:49.30	L	P	Kiera Cloete	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
8	2:49.81	L S	P	Sarah Mc Laren	17	LEGC ETH	15/03/2024	SA National Junior Age Group
9	2:50.20	L	F	Danielle Webster	17	RFA TSH	23/06/2023	Treviso Swim Cup
10	2:57.31	L	F	Maya Laubscher	17	GSA CPT	14/12/2023	Western Cape LC-A Championship 2023
11	2:57.38	L S	P	Christine Jackson	17	ELEC TSH	15/03/2024	SA National Junior Age Group
12	2:58.00	L	F	Cleo Lin	17	WATR JHB	24/06/2023	PEA Winter Gala 2023
13	2:58.26	L	F	Jorja Lindstrom	17	HARL BUF	21/03/2024	SA Level 3 Regional Age Group
14	2:59.16	L	P	Anika Hugo	17	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
15	3:01.33	L	P	Yzabela Aromin	17	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
16	3:02.32	L	F	Tayla Bruce	17	BEAV ETH	24/11/2023	Westville-Seals LC Championships
17	3:02.79	L	F	Chloe Steyn	17	BEST NMA	21/10/2023	4th A League Gala 2023
18	3:02.80	L	F	Jessica Bott	17	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
19	3:02.95	L	F	Mila Kriek	17	QSAW CED	10/02/2024	WCA-B Champs - 2024
20	3:03.22	L	P	Utah Novello	17	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
21	3:03.49	L	F	Abigail Olivier	17	PEPPS CCD	27/01/2024	Limpopo School Champs
22	3:04.11	L	F	Lara Botha	17	ASAW CED	17/02/2024	Swartland Invitational Gala 2024
23	3:05.15	L	F	Chloe Graaff	17	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
24	3:05.62	L S	F	Xandri Palmer	17	POTC KKD	06/12/2023	NWS Championships 2023/24
25	3:05.85	L	F	Amy Beetge	17	LALE CED	21/03/2024	SA Level 3 Regional Age Group
26	3:07.42	L	F	Juliette Pascoe	17	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
27	3:07.69	L	F	Leah Stewart	17	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
28	3:08.30	L	F	Robyn Cowley	17	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
29	3:09.84	L	P	Skyla Havenga	17	CLSC WCD	14/12/2023	Western Cape LC-A Championship 2023
30	3:10.89	L	P	Abby Nicholson	17	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
31	3:10.98	L	F	Aliyyah Rangraze	17	ATLA JHB	30/11/2023	CGA Championships 2023
32	3:11.76	L	F	Ane Van Eeden	17	PEAS NMA	21/03/2024	SA Level 3 Regional Age Group
33	3:11.98	L	F	Kayleen van Reenen	17	AFIN JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
34	3:12.12	L	P	Danika Vyncke	17	DRGN JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
35	3:13.68	L	F	Aqeelah Rinquest	17	MARL CPT	10/02/2024	WCA-B Champs - 2024
36	3:18.06	L	F	Jenna Bidgood	17	AFIN JHB	20/03/2024	SA Level 3 Regional Age Group
37	3:19.89	L	F	Rachel Murray	17	HARL BUF	27/01/2024	BCA January Age Group Gala 2024
38	3:20.69	L	F	Justine Crator	17	SWIFT EKU	07/12/2023	EGA Summer Championships
39	3:21.93	L	F	Megan Fermoyle	17	SASE JHB	30/11/2023	CGA Championships 2023
40	3:22.98	L	F	Lara Luttig	17	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
41	3:23.19	L	F	Sophia Wium	17	QSAW CED	11/11/2023	Swartland Prestige Gala 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
42	3:30.01 L	F	Emma-Kate Van Niekerk	17	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
43	3:30.61 L	F	Elri Van Der Westhuizen	17	TINC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
44	3:31.21 L	F	Marlouise Keet	17	DDA FSH	26/01/2024	NTS Level 3+ January Age Group 2024
45	3:32.07 L S	F	Millah Smith	17	BLSS MAN	06/12/2023	Free State Champs 2023
46	3:35.11 L	F	Caitlynn Foster	17	RPAC EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
47	3:36.15 L	F	Abigail Hains	17	PGAC EKU	11/11/2023	EGA Summer 3
48	3:37.11 L	F	Leané van Eeden	17	GHSK	10/02/2024	AGE GROUP 6 UPT - 2024
49	3:49.40 L	F	Chelsea Lavita	17	MANT CPT	11/11/2023	Swartland Prestige Gala 2023
50	3:54.66 L	F	Dakota Wyngaard	17	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
<b>Women 17-17 50 Fly</b>							
1	26.41 L	F	Jessica Thompson	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
2	27.93 L	F	Cara Knoblauch	17	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
3	28.16 L	F	Indiana De Villers	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
4	28.29 L	P	Milla Drakopoulos	17	RSA	20/10/2023	World Aqua -Swimming World Cup Oct
5	28.58 L	F	Tannah Lindsay	17	CA EKU	07/12/2023	EGA Summer Championships
6	29.03 L	P	Jessica Baker	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
7	29.30 L	F	Megan Stewart	17	AZON ETH	23/02/2024	2024 Grand Prix 2 Invitational Meet -
8	29.35 L	F	Kendra Venter	17	INFA NMA	15/12/2023	NMBA Championships 2023
9	29.48 L	F	Madison Scorgie	17	AA JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
10	29.88 L	F	Lica Van Niekerk	17	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
11*	30.03 L	F	Mila Prinsloo	17	ASAW CED	15/03/2024	SA National Junior Age Group
11*	30.03 L	F	Jo-Ell Viljoen	17	WCA CPT	19/04/2024	SA Schools Swimming Championship
13	30.12 L	F	Leigh-Ann Van der Vyver	17	CRSC JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
14	30.25 L	P	Khwezi Jacobs	17	RSA	04/09/2023	9th JUNIOR WORLD SWIMMING
15	30.33 L S	F	Romy Day	17	ELEC FSH	12/12/2023	NTS Championships 2023
16	30.60 L	P	Cleo Lin	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
17	30.61 L	P	Chanel Du Plessis	17	CYBE CPT	15/03/2024	SA National Junior Age Group
18	30.66 L	P	Genna Cloete	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
19	30.69 L	P	Julie Landmann	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
20	30.82 L	F	Caelyn White	17	ELEC FSH	22/09/2023	NTS Level 3+ September Age Group
21	31.03 L	P	Vhenekai Dhemba	17	HRE MS	24/06/2023	PEA Winter Gala 2023
22	31.09 L S	F	Christine Jackson	17	ELEC FSH	12/12/2023	NTS Championships 2023
23	31.11 L	F	Gabriella Helberg	17	CRSC JHB	12/01/2024	2024 Grand Prix Invitation Swimming
24	31.15 L	P	Anika Hugo	17	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023
25	31.23 L	P	Sarah Mc Laren	17	LEGC ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
26	31.25 L	F	Ashley Loch	17	VHD ZLD	24/11/2023	Westville-Seals LC Championships
27	31.40 L	F	Kiara Croft	17	PEAS NMA	15/12/2023	NMBA Championships 2023
28	31.44 L	F	Leah Lachman	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships
29	31.45 L	P	Francisca Van Rooyen	17	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
30	31.46 L	P	Clio Smidt	17	VINE CPT	15/03/2024	SA National Junior Age Group
31	31.65 L	P	Isabella Mc Colgan	17	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
32	31.71 L	P	Tanith Ward	17	SSISA CPT	14/12/2023	Western Cape LC-A Championship 2023
33	31.82 L	P	Maya Laubscher	17	GSA CPT	14/12/2023	Western Cape LC-A Championship 2023
34	31.89 L	P	Lisa Bester	17	WELL CED	14/12/2023	Western Cape LC-A Championship 2023
35	31.97 L	P	Erin Langenhoven	17	SFSC CPT	14/12/2023	Western Cape LC-A Championship 2023
36*	32.07 L	F	Carli Vorster	17	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
36*	32.07 L	F	Kiyara Campbell	17	USC BUF	17/02/2024	Eastern Cape School Trials 2024
38	32.08 L	P	Megan Matthews	17	ASA ILD	15/03/2024	SA National Junior Age Group
39	32.12 L	F	Madison Goliath	17	USC BUF	17/02/2024	Eastern Cape School Trials 2024
40	32.25 L	F	Yzabela Aromin	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships
41	32.32 L	F	Bailey Hughes	17	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
42	32.35 L	F	Ella-May Claassen	17	PAC FSH	23/02/2024	NTS Prestige AG February 2024
43	32.37 L	F	Janeske Vd Walt	17	RBUR BPD	06/12/2023	NWS Championships 2023/24
44	32.43 L	F	Jorja Lindstrom	17	HARL BUF	19/04/2024	SA Schools Swimming Championship
45	32.46 L	P	Emily Beatt	17	PEAS NMA	09/02/2024	Infinity Gala 2024
46	32.47 L	P	Skyla Havenga	17	CLSC WCD	15/03/2024	SA National Junior Age Group
47	32.49 L	F	Chloe Graaff	17	CRSC JHB	12/01/2024	2024 Grand Prix Invitation Swimming
48	32.71 L	F	Chloe Steyn	17	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
49	32.78 L	F	Nicola Herbst	17	PEAS NMA	12/08/2023	Madibaz Swim Meet 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
50	32.81 L	F	Xandri Palmer	17	POTC KKD	06/12/2023	NWS Championships 2023/24
51	32.84 L	P	Tasnim Nabbie	17	ACSA ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
52	32.88 L	F	Rebekah Olivier	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships
53	32.90 L	F	Amber Ogden	17	PEAS NMA	17/02/2024	Eastern Cape School Trials 2024
54	32.91 L	F	Caitlyn Fish	17	CA ECU	24/11/2023	EGA Summer 4
55	32.93 L	P	Danel Da Veiga	17	FLOD JHB	30/11/2023	CGA Championships 2023
56	33.01 L	F	Aurora Ryser	17	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
57	33.03 L	F	Utah Novello	17	CLSC WCD	11/11/2023	Swartland Prestige Gala 2023
58	33.15 L	F	Elna Haynes	17	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
59	33.23 L	P	Kiera Cloete	17	SASE JHB	15/03/2024	SA National Junior Age Group
60	33.25 L	F	Sofia French	17	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
61	33.26 L S	P	Anri Wenhold	17	TUKS TSH	12/12/2023	NTS Championships 2023
62	33.29 L	F	Ella Bouw	17	PER JHB	20/03/2024	SA Level 3 Regional Age Group
63	33.30 L	F	Morgan Botha	17	PGAC ECU	07/12/2023	EGA Summer Championships
64	33.40 L	F	Abby Nicholson	17	SEALE ETH	24/11/2023	Westville-Seals LC Championships
65	33.42 L	F	Danika Vyncke	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
66	33.50 L	F	Kiara Netherlands	17	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023
67	33.63 L	F	Hannah Parry	17	MGSC UGD	24/11/2023	Westville-Seals LC Championships
68	33.68 L	F	Annika Erasmus	17	AA JHB	30/11/2023	CGA Championships 2023
69	33.72 L	F	Abigail Olivier	17	ACAA CCD	01/12/2023	Limpopo Champs
70	33.94 L	F	Casey Roos	17	ELEC TSH	01/07/2023	Rossini Swim Cup
71	33.95 L	F	Danielle Webster	17	RFA TSH	01/07/2023	Rossini Swim Cup
72	34.07 L	F	Chignet Davel	17	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
73	34.10 L	P	Leah Durig	17	AAS JHB	30/11/2023	CGA Championships 2023
74	34.19 L	P	Rachel Murray	17	HARL BUF	24/06/2023	PEA Winter Gala 2023
75	34.33 L	F	Annika Serfontein	17	VALS FDD	18/11/2023	Valsrivier Gala
76	34.34 L	F	Leah Stewart	17	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
77	34.66 L	F	Justine Crator	17	SWIFT ECU	07/12/2023	EGA Summer Championships
78	34.67 L	P	Skye Micklethwaite	17	SSISA CPT	21/03/2024	SA Level 3 Regional Age Group
79	34.68 L	F	Sophia Wium	17	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
80	34.94 L	P	Amyleigh Tolmay	17	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
81	35.21 L	F	Lune Van Den Berg	17	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
82*	35.32 L	F	Megan Fermoyle	17	SASE JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
82*	35.32 L	P	Melisca Everson	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
84*	35.39 L	P	Marlouse Keet	17	DDA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
84*	35.39 L	F	Anmari Greeff	17	ELRAS WBD	01/12/2023	Limpopo Champs
86	35.72 L	F	Kaylin Oelschig	17	BLNE MAN	26/08/2023	kovsie Sprint Gala
87	35.84 L	F	Kendall Jackson	17	CA ECU	28/10/2023	EGA Summer 2 2023
88	35.99 L	P	Joelle Buys	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
89*	36.11 L	F	Elri Van Der Westhuizen	17	TINC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
89*	36.11 L	F	Chloe Rushton	17	SASE JHB	24/03/2024	SA Level 2 Regional Age Group Champs
91	36.16 L	F	Janica Stone	17	KALA	21/03/2024	SA Level 3 Regional Age Group
92	36.29 L	F	Onika Madela	17	MMD CPT	18/11/2023	CTA QUALIFYING MEET 2
93	36.30 L	F	Michelle Mulol	17	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
94	36.52 L	F	Madison Alberts	17	AZON ETH	24/11/2023	Westville-Seals LC Championships
95	36.78 L	F	Mi-ne Verster	17	HMER MP	14/10/2023	Limpopo Top 8 - High Schools
96	37.10 L	F	Heidri De Jager	17	RHS BP	23/02/2024	NW School Championships 2024
97	37.65 L	F	Aimy Engelbrecht	17	RFA TSH	01/07/2023	Rossini Swim Cup
98	37.97 L	F	Talia Vd Berg	17	QSAW CED	10/02/2024	WCA-B Champs - 2024
99	38.06 L	P	Oratile Muthaphuli	17	QUES JHB	30/11/2023	CGA Championships 2023
100	38.31 L	F	Alne Van Eeden	17	PEAS NMA	15/12/2023	NMBA Championships 2023
101	38.40 L	F	Savannah Nicol	17	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
102	38.48 L	F	Leané van Eeden	17	GHSK	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
103	38.62 L	F	Holleigh Johnstone	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
104	38.69 L	F	Oratile Mukhethwa	17	QUES JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
105	38.91 L	F	Carlia Nel	17	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools
106	39.03 L	F	Abigail Hains	17	PGAC ECU	24/11/2023	EGA Summer 4
107	39.32 L	F	Lara Luttig	17	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
108	39.46 L	F	Kayla Botha	17	BLSS MAN	06/12/2023	Free State Champs 2023

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
109	39.61 L	P	Aqeelah Rinquest	17	MARL CPT	21/03/2024	SA Level 3 Regional	Age Group	
110	39.91 L	F	Emma Puffett	17	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st		
111	40.08 L	F	Tara Dixon	17	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2		
112	40.14 L	F	Leoné Van Schalkwyk	17	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools		
113	40.73 L	F	Kelly Jackson	17	BLSS MAN	06/12/2023	Free State Champs 2023		
114	40.86 L	F	Millah Smith	17	BLSS MAN	27/10/2023	Neptune Prestige Gala		
115	41.08 L	F	Cailynn Foster	17	RPAC EKU	24/11/2023	EGA Summer 4		
116	41.18 L	F	Sarah Byrne	17	LAD UTD	18/11/2023	Uthukela District Age Group Gala		
117	41.29 L	F	Lara Heleen Schilz	17	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG		
118	41.52 L	F	Caitlynn Foster	17	RPAC EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG		
119	41.68 L	P	Phillippa Formo	17	CRSC JHB	30/11/2023	CGA Championships 2023		
120*	42.01 L	F	Amber McHugh	17	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools		
120*	42.01 L	F	Channah Van Coller	17	EDA ED	13/01/2024	BCA Inter-District Championship Gala		
122	42.23 L	F	Nabatende Kituuka	17	ISSA NM	23/02/2024	NW School Championships 2024		
123	42.49 L	P	Emma-Kate Van Niekerk	17	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs		
124	43.07 L	F	Nqabayethu Shongwe	17	ZASC TSH	02/03/2024	AG Level 1 Regional Age Group		
125	43.12 L	P	Poshika Ramsamy	17	BEST NMA	24/06/2023	PEA Winter Gala 2023		
126	43.73 L	F	Christine Keira Pagkatipunan	17	SOUL EKU	02/03/2024	AG Level 1 Regional Age Group		
127	43.77 L	F	Marlet Maré	17	PSC TSH	16/02/2024	NTS February Open Age Group 2024		
128	44.35 L	F	Malkia Mamudo	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21		
129	44.96 L	F	Lara Steenkamp	17	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023		
130	45.17 L	F	Tyla Van Zyl	17	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21		
131	49.43 L	F	Leandri Heyns	17	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools		
132	50.99 L	F	Shea Roach	17	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21		
133	52.67 L	F	Lesedi Mamabolo	17	RFA TSH	02/02/2024	NTS Level 1+2 February Age Group		
134	57.93 L	F	Isabel Du Preez	17	HWSK FBD	13/01/2024	AGE GROUP 4 KBY 2024		
135	58.18 L	F	Lane Esterhuizen	17	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023		

#### Women 17-17 100 Fly

1	1:01.77 L	F	Jessica Thompson	17	AA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA		
2	1:03.08 L S	F	Cara Knoblauch	17	LALE CED	15/03/2024	SA National Junior Age Group		
3	1:03.83 L S	F	Indiana De Villers	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE		
4	1:04.79 L	F	Tannah Lindsay	17	CA EKU	07/12/2023	EGA Summer Championships		
5	1:05.12 L S	F	Jessica Baker	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE		
6	1:05.42 L S	F	Mila Prinsloo	17	ASAW CED	14/12/2023	Western Cape LC-A Championship 2023		
7	1:05.55 L	F	Jo-Ell Viljoen	17	WCA CPT	19/04/2024	SA Schools Swimming Championship		
8	1:06.13 L S	F	Chanel Du Plessis	17	CYBE CPT	15/03/2024	SA National Junior Age Group		
9	1:06.85 L	F	Chelsea White	17	CRSC JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -		
10	1:07.27 L S	P	Kendra Venter	17	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE		
11	1:07.67 L S	F	Lica Van Niekerk	17	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023		
12	1:07.86 L S	F	Monica Botha	17	BEAV ETH	15/03/2024	SA National Junior Age Group		
13	1:08.34 L	F	Madison Scorgie	17	AA JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -		
14	1:08.58 L S	P	Sofia French	17	TUKS TSH	15/03/2024	SA National Junior Age Group		
15	1:08.63 L	F	Romy Day	17	ELEC TSH	12/12/2023	NTS Championships 2023		
16	1:08.67 L S	F	Kiara Croft	17	PEAS NMA	26/01/2024	6th A League Gala 2024		
17	1:08.85 L	F	Milla Drakopoulos	17	SEAL UMD	24/11/2023	Westville-Seals LC Championships		
18	1:09.31 L S	P	Cleo Lin	17	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE		
19	1:09.85 L S	F	Erin Langenhoven	17	SFSC CPT	14/12/2023	Western Cape LC-A Championship 2023		
20	1:10.02 L S	P	Leigh-Ann Van der Vyver	17	CRSC JHB	15/03/2024	SA National Junior Age Group		
21	1:10.05 L S	P	Megan Matthews	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE		
22	1:10.25 L	F	Jorja Lindstrom	17	HARL BUF	21/03/2024	SA Level 3 Regional Age Group		
23	1:10.31 L	P	Alexia McCabe	17	WATR JHB	14/12/2023	KZNA 2023 Championships Incorp SSA		
24	1:10.86 L	P	Genna Cloete	17	RSA	13/10/2023	World Aqua -Swimming World Cup Oct		
25	1:11.23 L	F	Gabriella Helberg	17	CRSC JHB	30/11/2023	CGA Championships 2023		
26	1:11.31 L	F	Lara Botha	17	ASAW CED	18/11/2023	CTA QUALIFYING MEET 2		
27	1:11.45 L	P	Vhenekai Dhemba	17	HRE MS	14/12/2023	KZNA 2023 Championships Incorp SSA		
28	1:11.70 L	F	Isabel Skinner	17	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023		
29	1:11.82 L S	P	Clio Smidt	17	VINE CPT	15/03/2024	SA National Junior Age Group		
30	1:11.84 L S	F	Utah Novello	17	CLSC WCD	14/12/2023	Western Cape LC-A Championship 2023		
31	1:12.16 L S	P	Tanith Ward	17	SSISA CPT	15/03/2024	SA National Junior Age Group		

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
32	1:12.18	L S	P	Anika Hugo	17	QSAW	GED 14/12/2023 Western Cape LC-A Championship 2023
33	1:13.39	L	F	Leah Durig	17	SMTG	JHB 20/03/2024 SA Level 3 Regional Age Group
34	1:13.73	L	P	Tasnim Nabbie	17	RSA	18/10/2023 BRICS Games Swimming 2023-KZN
35	1:13.79	L S	P	Skyla Havenga	17	CLSC	WCD 15/03/2024 SA National Junior Age Group
36	1:13.83	L	F	Aurora Ryser	17	TYGE	CPT 18/11/2023 CTA QUALIFYING MEET 2
37	1:13.99	L	F	Raine Botes	17	TUKS	FSH 26/01/2024 NTS Level 3+ Januery Age Group 2024
38	1:14.22	L	P	Rebekah Olivier	17	SEALE	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
39	1:15.10	L	F	Sarah Mc Laren	17	LEGC	ETH 16/02/2024 EDA Age Group Gala 6 2024
40	1:16.09	L	F	Jady Theron	17	ASAW	GED 11/11/2023 Winelands SL4
41	1:16.26	L	F	Madison Goliath	17	USC	BUF 15/12/2023 NMBA Championships 2023
42	1:16.33	L	F	Rachel Murray	17	BCA	BUF 13/01/2024 BCA Inter-District Championship Gala
43	1:16.47	L S	F	Janeske Vd Walt	17	RBUR	BPD 06/12/2023 NWS Championships 2023/24
44	1:16.83	L	P	Bailey Hughes	17	KLOO	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
45	1:19.47	L	F	Leah Stewart	17	PSCP	UMD 14/12/2023 KZNA 2023 Championships Incorp SSA
46	1:20.02	L	F	Chignet Davel	17	PHS	CCD 14/10/2023 Limpopo Top 8 - High Schools
47	1:20.15	L	P	Annika Erasmus	17	AA	JHB 30/11/2023 CGA Championships 2023
48	1:21.75	L	F	Janica Stone	17	KALA	21/03/2024 SA Level 3 Regional Age Group
49	1:21.87	L	P	Alne Van Eeden	17	PEAS	NMA 21/03/2024 SA Level 3 Regional Age Group
50	1:21.91	L	P	Amyleigh Tolmay	17	AFIN	JHB 30/11/2023 CGA Championships 2023
51	1:22.67	L	P	Melisca Everson	17	KZNA	ETH 08/04/2024 SA National Aquatic Champ 2024-PE
52	1:23.58	L	P	Megan Fermoyle	17	SASE	JHB 30/11/2023 CGA Championships 2023
53	1:24.51	L	F	Robyn Cowley	17	TUKS	FSH 23/02/2024 NTS Prestige AG February 2024
54	1:26.76	L	F	Morgan Botha	17	PGAC	EKU 11/11/2023 EGA Summer 3
55	1:27.78	L	P	Joelle Buys	17	MARL	CPT 24/06/2023 PEA Winter Gala 2023
56	1:29.61	L	F	Savannah Nicol	17	BEAV	ETH 16/02/2024 EDA Age Group Gala 6 2024
57	1:30.69	L S	F	Kayla Botha	17	BLSS	MAN 06/12/2023 Free State Champs 2023
58	1:32.98	L	F	Anmari Greeff	17	ELRAS	WBD 01/12/2023 Limpopo Champs
59	1:40.99	L	F	Carlia Nel	17	HPP	BUF 14/10/2023 Limpopo Top 8 - High Schools
<b>Women 17-17 200 Fly</b>							
1	2:25.45	L	F	Jo-Ell Viljoen	17	WCA	CPT 19/04/2024 SA Schools Swimming Championship
2	2:26.73	L	F	Mila Prinsloo	17	ASAW	GED 14/12/2023 Western Cape LC-A Championship 2023
3	2:27.54	L	F	Cara Knoblauch	17	LALE	GED 15/03/2024 SA National Junior Age Group
4	2:33.89	L	F	Kiara Croft	17	PEAS	NMA 15/12/2023 NMBA Championships 2023
5	2:34.41	L	F	Chelsea White	17	RSA	18/10/2023 BRICS Games Swimming 2023-KZN
6	2:43.48	L	F	Tannah Lindsay	17	CA	EKU 07/12/2023 EGA Summer Championships
7	2:53.53	L	F	Erin Langenhoven	17	SFSC	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
8	2:53.75	L	F	Rachel Murray	17	HARL	BUF 09/02/2024 Infinity Gala 2024
9	3:02.97	L	F	Clio Smidt	17	VINE	CPT 11/11/2023 Swartland Prestige Gala 2023
10	3:12.83	L	F	Jorja Lindstrom	17	SHS	KK 03/02/2024 Buffalo City School Trials 2024
11	3:26.08	L	F	Susanna du Preez	17	NWUC	KKD 21/10/2023 NWS Age Group 1 & 2 2023
<b>Women 17-17 200 IM</b>							
1	2:23.02	L	F	Sofia French	17	TUKS	FSH 15/03/2024 SA National Junior Age Group
2	2:24.09	L S	F	Megan Stewart	17	KZNA	ETH 08/04/2024 SA National Aquatic Champ 2024-PE
3	2:26.61	L	F	Milla Drakopoulos	17	SEAL	UMD 24/11/2023 Westville-Seals LC Championships
4	2:27.16	L	F	Chelsea White	17	CRSC	JHB 15/03/2024 SA National Junior Age Group
5	2:28.39	L	F	Cara Knoblauch	17	LALE	GED 15/03/2024 SA National Junior Age Group
6	2:30.07	L	F	Lara Botha	17	ASAW	GED 14/12/2023 Western Cape LC-A Championship 2023
7	2:30.72	L S	P	Jessica Baker	17	AGB	JHB 08/04/2024 SA National Aquatic Champ 2024-PE
8	2:31.33	L	P	Sarah Mc Laren	17	LEGC	ETH 15/03/2024 SA National Junior Age Group
9	2:32.06	L	P	Alexia McCabe	17	WATR	JHB 14/12/2023 KZNA 2023 Championships Incorp SSA
10	2:32.44	L	F	Zoe Griffiths	17	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
11	2:32.52	L	F	Xandri Fourie	17	TRAZ	FSH 01/07/2023 Rossini Swim Cup
12	2:32.57	L	P	Cleo Lin	17	WATR	JHB 15/03/2024 SA National Junior Age Group
13	2:32.72	L	P	Megan Matthews	17	ASA	ILD 14/12/2023 KZNA 2023 Championships Incorp SSA
14	2:33.23	L	F	Caelyn White	17	GAU	JHB 19/04/2024 SA Schools Swimming Championship
15	2:33.26	L	F	Jo-Ell Viljoen	17	WCA	CPT 19/04/2024 SA Schools Swimming Championship
16	2:34.06	L	P	Monica Botha	17	BEAV	ETH 15/03/2024 SA National Junior Age Group
17	2:34.09	L	P	Mila Prinsloo	17	ASAW	GED 15/03/2024 SA National Junior Age Group



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
18	2:34.65	L	P	Christine Jackson	17	ELEC	FSH 15/03/2024 SA National Junior Age Group
19	2:35.18	L S	F	Kendra Venter	17	INFA	NMA 26/01/2024 6th A League Gala 2024
20	2:35.22	L	P	Leigh-Ann Van der Vyver	17	CRSC	JHB 14/12/2023 KZNA 2023 Championships Incorp SSA
21	2:35.39	L	F	Isabella Mc Colgan	17	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
22	2:36.19	L S	P	Utah Novello	17	WCA	CPT 08/04/2024 SA National Aquatic Champ 2024-PE
23	2:37.86	L	F	Alexia Greyling	17	CA	EKU 28/10/2023 EGA Summer 2 2023
24	2:38.06	L	F	Lica Van Niekerk	17	PLAY	GED 14/12/2023 Western Cape LC-A Championship 2023
25	2:38.47	L	F	Yzabela Aromin	17	SEALE	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
26	2:39.51	L	F	Chloe Steyn	17	BEST	NMA 21/10/2023 4th A League Gala 2023
27	2:39.56	L	F	Indiana De Villers	17	SEALE	ETH 24/11/2023 Westville-Seals LC Championships
28	2:39.60	L	F	Tayla Bruce	17	BEAV	ETH 21/10/2023 Froggies Championships 2023
29	2:39.79	L S	F	Anri Wenhold	17	TUKS	FSH 12/12/2023 NTS Championships 2023
30	2:39.90	L	F	Aurora Ryser	17	TYGE	CPT 14/12/2023 Western Cape LC-A Championship 2023
31	2:39.92	L	P	Anika Hugo	17	QSAW	GED 14/12/2023 Western Cape LC-A Championship 2023
32	2:40.22	L	F	Xandri Palmer	17	NWS	27/01/2024 4 + 1 Inter Provincial Gala 2023
33	2:40.57	L	F	Gabriella Helberg	17	CRSC	JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
34	2:40.86	L	F	Erin Langenhoven	17	SFSC	CPT 14/12/2023 Western Cape LC-A Championship 2023
35	2:41.27	L	F	Abby Nicholson	17	SEALE	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
36	2:41.72	L S	P	Kiera Cloete	17	AGB	JHB 08/04/2024 SA National Aquatic Champ 2024-PE
37	2:41.76	L	F	Khwezi Jacobs	17	PEAS	NMA 23/09/2023 3rd A League Gala 2023
38	2:41.84	L	F	Genna Cloete	17	PSC	FSH 17/11/2023 NTS Level 3+ November Age Group
39	2:42.06	L	F	Kiyara Campbell	17	USC	BUF 24/11/2023 BCA Long Course Championships 2023
40	2:42.20	L	F	Robyn Cowley	17	TUKS	FSH 20/03/2024 SA Level 3 Regional Age Group
41	2:42.32	L	P	Danel Da Veiga	17	FLOD	JHB 30/11/2023 CGA Championships 2023
42	2:42.47	L	F	Kiara Croft	17	PEAS	NMA 24/06/2023 PEA Winter Gala 2023
43	2:43.26	L	F	Leah Durig	17	SMTC	JHB 20/03/2024 SA Level 3 Regional Age Group
44	2:43.93	L	F	Nadia Rossouw	17	TYGE	CPT 21/03/2024 SA Level 3 Regional Age Group
45	2:44.46	L	F	Jacoba Muggenburg	17	ASAW	GED 18/11/2023 CTA QUALIFYING MEET 2
46	2:44.58	L	P	Jenna Smit	17	CASC	CPT 14/12/2023 Western Cape LC-A Championship 2023
47	2:44.89	L	F	Rachel Murray	17	HARL	BUF 09/02/2024 Infinity Gala 2024
48	2:45.21	L	F	Jemma Van Wyk	17	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
49*	2:45.29	L	F	Rebekah Olivier	17	SEALE	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
49*	2:45.29	L	F	Jorja Lindstrom	17	HARL	BUF 21/03/2024 SA Level 3 Regional Age Group
51	2:46.82	L	F	Janeske Vd Walt	17	RBUR	BPD 06/12/2023 NWS Championships 2023/24
52	2:46.84	L	P	Madison Scorgie	17	RSA	18/10/2023 BRICS Games Swimming 2023-KZN
53	2:46.95	L	F	Marie-Ella Maske	17	RAV	EKU 07/12/2023 EGA Summer Championships
54	2:47.18	L	F	Casey Roos	17	ELEC	FSH 23/06/2023 Treviso Swim Cup
55	2:47.26	L	F	Kaeli-Peace Armour	17	BLOT	MAN 11/11/2023 Bull Sharks Gala
56	2:47.41	L	F	Ella Bouw	17	PER	JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
57	2:47.97	L	F	Roxanne Lothian	17	AFIN	JHB 17/02/2024 CGA Level 2+ Gala 17 Feb 2024
58	2:48.28	L	F	Clio Smidt	17	VINE	CPT 14/12/2023 Western Cape LC-A Championship 2023
59	2:48.41	L	F	Skyla Havenga	17	CLSC	WCD 11/11/2023 Swartland Prestige Gala 2023
60	2:48.51	L S	F	Danika Vyncke	17	AGB	JHB 08/04/2024 SA National Aquatic Champ 2024-PE
61	2:48.90	L	F	Janica Stone	17	NC	FB 27/01/2024 4 + 1 Inter Provincial Gala 2023
62	2:49.22	L	F	Amy Beetge	17	LALE	GED 03/02/2024 Winelands SL final
63	2:49.54	L	P	Bailey Hughes	17	KLOO	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
64	2:49.87	L	F	Abigail Olivier	17	ACAQ	CCD 17/11/2023 NTS Level 3+ November Age Group
65	2:49.96	L	P	Tanith Ward	17	SSISA	CPT 14/12/2023 Western Cape LC-A Championship 2023
66	2:50.23	L	F	Aine Van Eeden	17	PEAS	NMA 15/12/2023 NMBA Championships 2023
67	2:50.81	L	F	Skye Micklethwaite	17	SSISA	CPT 21/03/2024 SA Level 3 Regional Age Group
68	2:50.88	L	F	Ashley Ferguson	17	SEAL	UMD 03/02/2024 Uthukela District February 2024 Age
69	2:51.16	L	P	Caitlyn Fish	17	CA	EKU 07/12/2023 EGA Summer Championships
70	2:51.38	L	F	Leah Stewart	17	PSCP	UMD 14/12/2023 KZNA 2023 Championships Incorp SSA
71	2:51.99	L	F	Mila Kriek	17	QSAW	GED 11/11/2023 Winelands SL4
72	2:52.55	L	F	Rebekah Fleischer	17	PEAS	NMA 01/10/2023 Curro AquaElite Gala
73	2:52.71	L	F	Madison Goliath	17	USC	BUF 27/01/2024 BCA January Age Group Gala 2024
74	2:53.18	L	F	Emily Beatt	17	NMBA	NM 13/01/2024 BCA Inter-District Championship Gala
75	2:53.39	L	F	Dominique Rabie	17	ACSA	ETH 24/11/2023 Westville-Seals LC Championships
76	2:53.80	L	F	Nicola Herbst	17	PEAS	NMA 15/12/2023 NMBA Championships 2023

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Times until: 30-Apr-24  
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	Time	P/F/S	Name	Age/Yr			
77	2:54.16 L	F	Morgan Botha	17	PGAC EKU	24/11/2023	EGA Summer 4
78	2:54.48 L	F	Retha De Roubaix	17	LALE CED	03/02/2024	Winelands SL final
79	2:54.72 L S	F	Marlouise Keet	17	DDA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
80	2:55.87 L	F	Francisca Van Rooyen	17	BLOT MAN	27/10/2023	Neptune Prestige Gala
81	2:56.04 L	F	Kaylin Oelschig	17	BLNE MAN	15/09/2023	Bull Sharks Annual Gala
82	2:56.56 L	P	Abigaile Pretorius	17	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
83	2:57.81 L	F	Kayla Vorster	17	BLOT MAN	11/11/2023	Bull Sharks Gala
84	2:58.48 L	F	Chante Joubert	17	CRSC JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
85	2:58.60 L	F	Lune Van Den Berg	17	QSAW CED	03/02/2024	Winelands SL final
86	2:58.92 L	F	Justine Crator	17	SWIFT EKU	26/01/2024	EGA Last Chance 2024
87	2:59.44 L	F	Leah Lachman	17	SEALE ETH	21/01/2024	EDA Age Group Gala 5 2024
88	2:59.88 L	P	Aqeelah Rinquest	17	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
89	3:00.72 L	F	Chignet Davel	17	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
90	3:02.29 L	P	Megan Fermoye	17	SASE JHB	30/11/2023	CGA Championships 2023
91	3:02.40 L	F	Amber Ogden	17	PEAS NMA	21/10/2023	4th A League Gala 2023
92	3:02.80 L	P	Aliyyah Rangraze	17	ATLA JHB	30/11/2023	CGA Championships 2023
93	3:03.40 L	F	Mikaela Landman	17	RFA TSH	17/11/2023	NTS Level 3+ November Age Group
94	3:04.00 L	F	Ella-May Claassen	17	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
95	3:04.90 L	F	Lara Luttig	17	QUIC CPT	21/01/2024	CTA BMEET 4
96	3:05.19 L	F	Talia Vd Berg	17	QSAW CED	11/11/2023	Winelands SL4
97	3:05.20 L	F	Sophia Wium	17	QSAW CED	16/09/2023	CTA A MEET 3
98	3:05.23 L	F	Tara Dixon	17	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
99	3:05.47 L	F	Carlia Nel	17	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools
100	3:06.72 L	F	Jenna Bidgood	17	AFIN JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
101	3:07.25 L	F	Kelly Jackson	17	BLSS MAN	06/12/2023	Free State Champs 2023
102	3:07.58 L	F	Kiara Netherlands	17	SFSC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
103	3:08.27 L	P	Abigail Hains	17	PGAC EKU	07/12/2023	EGA Summer Championships
104	3:08.85 L	F	Phillippa Formo	17	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
105	3:10.22 L	F	Elani Neethling	17	ELRAS WBD	01/12/2023	Limpopo Champs
106	3:10.38 L	P	Savannah Nicol	17	BEAV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
107	3:10.83 L	F	Chloe Rushton	17	SASE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
108	3:11.75 L	F	Kayleen van Reenen	17	AFIN JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
109	3:12.00 L	F	Aimy Engelbrecht	17	RFA TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
110	3:12.13 L	F	Channah Van Coller	17	FISH EDD	18/11/2023	Eden LC Champs 2023
111	3:13.35 L	F	Isabella Horwood	17	PEAS NMA	21/10/2023	4th A League Gala 2023
112	3:14.21 L	F	Kendall Jackson	17	CA EKU	24/11/2023	EGA Summer 4
113	3:14.26 L	F	Oratile Muthaphuli	17	QUES JHB	30/11/2023	CGA Championships 2023
114	3:15.30 L S	F	Isi Mshudulu	17	FLOD JHB	24/03/2024	SA Level 2 Regional Age Group Champs
115	3:15.59 L	F	Millah Smith	17	BLSS MAN	06/12/2023	Free State Champs 2023
116	3:16.02 L	F	Julie Landmann	17	PAC TSH	05/10/2023	42nd Freda Barnard Invitational Gala
117	3:16.37 L S	F	Melisca Everson	17	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
118	3:18.67 L	F	Onika Madela	17	MMD CPT	18/11/2023	CTA QUALIFYING MEET 2
119	3:19.06 L	F	Michelle Mulol	17	TUKS TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
120	3:21.36 L	F	Kayla Botha	17	BLSS MAN	24/06/2023	PEA Winter Gala 2023
121	3:25.28 L	F	Emma-Kate Van Niekerk	17	AFIN JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
122	3:26.82 L	F	Leané van Eeden	17	GHSK	10/02/2024	AGE GROUP 6 UPT - 2024
123	3:27.53 L	F	Annika Serfontein	17	VALS FDD	27/10/2023	Neptune Prestige Gala
124	3:31.07 L	F	Kiara Davids	17	MARL CPT	24/06/2023	PEA Winter Gala 2023
125	3:31.34 L	F	Elri Van Der Westhuizen	17	TINC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
126	3:43.14 L	F	Caitlynn Foster	17	RPAC EKU	24/11/2023	EGA Summer 4
127	3:44.14 L	P	Christine Keira Pagkatipunan	17	SOUL EKU	07/12/2023	EGA Summer Championships
128	3:44.38 L	F	Sarah Byrne	17	LAD UTD	21/10/2023	Uthukela District Age Group Gala
<b>Women 17-17 400 IM</b>							
1	5:08.15 L	F	Sofia French	17	TUKS TSH	15/03/2024	SA National Junior Age Group
2	5:09.70 L	F	Megan Stewart	17	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
3	5:11.05 L	F	Chelsea White	17	CRSC JHB	15/03/2024	SA National Junior Age Group
4	5:27.34 L	F	Monica Botha	17	BEAV ETH	15/03/2024	SA National Junior Age Group
5	5:36.19 L	F	Kiara Croft	17	PEAS NMA	22/07/2023	1st A League Gala 2023
6	5:45.69 L	F	Utah Novello	17	CLSC WCD	14/12/2023	Western Cape LC-A Championship 2023

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	Time	P/F/S	Name	Age/Yr			
7	5:47.38 L	F	Maya Laubscher	17	GSA CPT	14/12/2023	Western Cape LC-A Championship 2023
8	5:48.91 L	F	Aurora Ryser	17	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2
9	5:51.23 L	F	Rachel Murray	17	SHS KK	03/02/2024	Buffalo City School Trials 2024
10	5:58.73 L	F	Robyn Cowley	17	TUKS TSH	12/12/2023	NTS Championships 2023
11	5:59.54 L	F	Genna Cloete	17	PSC TSH	17/11/2023	NTS Level 3+ November Age Group
12	6:09.83 L	F	Jorja Lindstrom	17	HARL BUF	24/11/2023	BCA Long Course Championships 2023
13	6:26.33 L	F	Susanna du Preez	17	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023