

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women 13-13 50 Free								
1	27.97	L	F	Jaime Mote	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
2	28.34	L	F	Jaime Mote	13	INFA NMA	25/02/2022	Infinity Gala
3	28.53	L	F	Ruth Dredge	13	PAC TSH	15/12/2021	NTS Championships 2021
4	28.61	L	P	Leila Yazbek	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
5	28.76	L	F	Lara Gouws	13	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
6	28.78	L	P	Kayla Gous	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
7	28.83	L	F	Amy Combrink	13	VINE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
8	28.85	L	F	Emily Palmer	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
9	29.40	L	P	Anri Van Der Westhuizen	KR	BLOT MAN	08/12/2021	Free State Champs 2021
10	29.44	L	P	Scarlett Le Roux	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
11	29.50	L	F	Jesse-Leah Laderach	13	PEAS NMA	25/02/2022	Infinity Gala
12	29.51	L	F	Corli Liversage	13	BLSS MAN	25/02/2022	Neptune last chance gala
13	29.52	L	F	Erin Joubert	13	KLOO ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
14*	29.54	L	P	Emily Macqueen	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021
14*	29.54	L	F	Jana Vorster	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
16	29.59	L	P	Madison du Plessis	AR	BLOT MAN	08/12/2021	Free State Champs 2021
17*	29.61	L	P	Kendra Begley	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
17*	29.61	L	P	Ruby Gaines	13	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
19	29.62	L	F	Ashley Scholtz	13	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
20	29.68	L	F	Danielle Harbron	13	NCA	06/04/2022	SA National Aquatic SNR-JNR Champ
21	29.72	L	P	Jenna Coetzee	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
22	29.76	L	P	Danielle Cronjè	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
23	29.80	L	P	Gizelle Maritz	13	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
24	29.84	L	F	Moya Steer	13	KZNS ET	26/03/2022	SA Schools Swimming Championship
25	29.87	L S	F	Simone Vd Merwe	13	PAQU CED	07/12/2021	Western Cape LC-A Championship 20
26	29.91	L S	F	Isabella Havemann	13	ASAC CPT	07/12/2021	Western Cape LC-A Championship 20
27	29.94	L	F	Abigail Roberts	13	GAUT	26/03/2022	SA Schools Swimming Championship
28	29.97	L	F	Gabriella Van Den Berg	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202
29*	29.98	L	P	Joslyn Botha	13	SOUL EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
29*	29.98	L	F	Gemma Goncalves	13	STSC UHD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
31	29.99	L	P	Lily Durant	13	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
32	30.00	L	F	Zandri Knoetze	13	INFA NMA	17/03/2022	SA Level 3 Regional Age Group Chan
33	30.06	L	F	Kathleen Welsh	13	MSC NGD	29/10/2021	CANA Virtual Swimming Championship
34	30.07	L	P	Stephanie Jurado	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
35	30.09	L	F	Paige Jacobs	13	FAAC FB	23/10/2021	Otters Prestige Gala 2021
36*	30.19	L	P	Rachel Hinckley	13	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
36*	30.19	L	F	Juliette van Vught	13	HASC JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
38	30.26	L	F	Megan Nieman	13	PSC TSH	18/03/2022	SA Level 3 Regional Age Group Chan
39	30.27	L S	F	Sophie Hudson	13	WATR JHB	07/12/2021	Western Cape LC-A Championship 20
40	30.30	L	F	Mikayla Smit	13	SWIM1 JHB	03/12/2021	CGA LC Summer Champs - Level3+
41	30.32	L S	F	Naledi Thobeha	13	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20
42	30.34	L	P	Grace Powell	13	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
43	30.40	L	P	Karla Myburgh	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
44	30.42	L	P	Katelyn Fourie	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
45	30.44	L	F	Leah Scott	13	MGSC UGD	03/12/2021	WSC & Seals Summer LC Champs 20
46	30.45	L	P	Maria Steyn	13	BLSS MAN	08/12/2021	Free State Champs 2021
47	30.50	L	F	Lara Smith	13	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
48	30.54	L	F	Jodi Boettger	13	USC BUF	29/01/2022	3rd A League Gala 2022
49	30.62	L	F	Veronique Riekert	13	TUKS TSH	18/03/2022	SA Level 3 Regional Age Group Chan
50	30.63	L	P	Savannah Mostert	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
51	30.65	L	F	Madisynn Elliott	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202
52	30.69	L	P	Gabrielle Hobson	13	TUKS TSH	15/12/2021	NTS Championships 2021
53*	30.70	L	F	Jemma Pearse	13	VINE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
53*	30.70	L	P	Leia Braithwaite	13	SGUL ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
53*	30.70	L	F	Jaime Maritz	13	MPA EZD	26/03/2022	SA Schools Swimming Championship
56	30.76	L	F	Chloe Olivier	13	SOUL EKU	18/03/2022	SA Level 3 Regional Age Group Chan
57	30.77	L	F	Paige Edmundson	13	SASE JHB	18/03/2022	SA Level 3 Regional Age Group Chan
58	30.82	L	F	Mareze Frylinck	13	BLSS MAN	08/12/2021	Free State Champs 2021

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
59	30.85	L	P	Kate-Lynn de Jager	AR	BLOT MAN	08/12/2021	Free State Champs 2021
60	30.87	L	F	Emily Liebenberg	13	SWAR WCD	29/03/2022	SA Regional SNR & JNR Champs WC
61	30.92	L	P	Sunny Huang	13	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
62	30.95	L S	P	Hannah Burke	13	AACTA CPT	07/12/2021	Western Cape LC-A Championship 20
63*	30.97	L	F	Me-Kayla Rew	13	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
63*	30.97	L	F	Elrike du Plessis	13	NWS	26/03/2022	SA Schools Swimming Championship
65	30.98	L	F	Araya de Waal	13	ONYX EKU	18/03/2022	SA Level 3 Regional Age Group Chan
66	31.09	L	F	Ilanthy Moolman	13	MSC NGD	18/03/2022	SA Level 3 Regional Age Group Chan
67	31.10	L	P	Amy Aaron	13	WSTV ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
68	31.12	L	F	Moya Steer	13	SEAL UMD	05/02/2022	KZN Junior Championships 2021
69*	31.18	L	F	Mila Vd Linde	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
69*	31.18	L	P	Mieke Vd Wal	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
71*	31.21	L	F	Elne Reynolds	13	INFA NMA	12/11/2021	PEA Winter Gala Take 2
71*	31.21	L	F	Caitlyn Dube	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202
73*	31.22	L	P	Karmen Van Rensburg	13	UNI EZD	03/12/2021	Mpumalanga Championships 2021
73*	31.22	L	F	Kendra Matthysen	13	SSISA CPT	17/03/2022	SA Level 3 Regional Age Group Chan
75*	31.24	L	F	Ella Bruyns	13	ASA ILD	29/01/2022	EDA Age Group Gala 4
75*	31.24	L	F	Jessica Smith	13	SWIM1 JHB	03/12/2021	CGA LC Summer Champs - Level3+
77	31.26	L	F	Isabella Els	13	INFA NMA	10/12/2021	NMBA Championships 2021
78	31.29	L	F	Lana Viljoen	13	ZASC FSH	22/10/2021	NTS October Level 1-3 Age Group
79	31.33	L	F	Anne Marais	13	TKS WBD	18/03/2022	SA Level 3 Regional Age Group Chan
80	31.34	L	F	Lucy Le Roux	13	ASAW CED	12/11/2021	PEA Winter Gala Take 2
81	31.35	L	F	Rebecca Wolstenholme	13	AA JHB	11/03/2022	SA Level 2 Regional Age Group Cham
82	31.38	L	F	Milri-Ann Summerton	13	NWUC KKD	17/03/2022	SA Level 3 Regional Age Group Chan
83	31.39	L	F	Jana Swiegers	13	TUKS FSH	08/10/2021	NTS October Combined Age Group
84	31.40	L	F	Marlene Ward	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
85*	31.42	L	P	Jade O'Connor	13	AWIN FSH	15/12/2021	NTS Championships 2021
85*	31.42	L	P	Amy O'Connor	13	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
87	31.49	L	P	Alika Vd Merwe	13	TUKS FSH	15/12/2021	NTS Championships 2021
88	x31.49	L	P	Charnè Landman	13	ASAC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
89	31.51	L	F	Zandile Sipuka	13	BEST NMA	16/10/2021	1st A League Gala 2021
90*	31.59	L	F	Lumka Ntaka	13	UMSH ETH	29/01/2022	EDA Age Group Gala 4
90*	31.59	L	P	Jessica Sardinha	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
92	31.60	L S	F	Samantha Magava	13	DRGN EKU	09/12/2021	EGA Summer Champs 2021
93	31.62	L	F	Zoë Goebel	13	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
94	31.63	L	F	Natania Komakech	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
95*	31.70	L	P	Kiara Banks	13	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
95*	31.70	L	F	Ava-Loren Van Galen	13	BIOS CED	29/03/2022	SA Regional SNR & JNR Champs WC
95*	31.70	L	F	Amy Botha	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202
98	31.81	L	F	Daniëlla Müller	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202
99	31.85	L	F	Keira Holland	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202
100	31.91	L	P	Caibella Oliver	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
101	31.92	L	F	Maria Outram	13	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group Chan
102	31.96	L	F	Georgia Gouws	13	BEST NMA	25/02/2022	Infinity Gala
103	32.02	L	F	Rouxne Du Plessis	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
104	32.03	L	F	Taylor-Blake Van Tonder	13	ROA EDD	25/02/2022	Infinity Gala
105	32.08	L	P	Mia Wellsted	13	HASC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
106	32.12	L	F	Amy Calogridis	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
107*	32.13	L	F	Michaela Nell	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202
107*	32.13	L	F	Mari Wium	13	QSAW CED	17/03/2022	SA Level 3 Regional Age Group Chan
109*	32.15	L	F	Caitlin Govender	13	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
109*	32.15	L	F	Summer Ascielli	13	CYBE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
109*	32.15	L	P	Leeya Amon	13	TYGE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
112	32.17	L	F	Dorette du Plessis	13	NWUC KKD	17/03/2022	SA Level 3 Regional Age Group Chan
113	32.18	L	F	Emma Rossouw	13	QUIC CPT	08/10/2021	40th Freda Barnard Invitational Gala
114	32.22	L	F	Ayalakha Mokoena	13	TUKS FSH	11/03/2022	SA Level 2 Regional Age Group Cham
115*	32.24	L	F	Lienke Van OS	13	BULS MAN	08/12/2021	Free State Champs 2021
115*	32.24	L	F	Mieka Wichmann	13	SEAL UMD	11/03/2022	SA Level 2 Regional Age Group Chan
117	32.25	L	P	Sarah-Jane Mouton	13	HPPS BUF	08/02/2022	BCA Primary School Top 8

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	Time	P/F/S	Name	Age/Yr				
118	32.26	L	F	Kelci Leech	13	BLSS MAN	23/10/2021	Otters Prestige Gala 2021
119	32.28	L	F	Elisha Perumal	CR	BAYV ETH	17/03/2022	SA Level 3 Regional Age Group Cham
120	32.30	L	P	Zine Mostert	13	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
121	32.31	L	P	Athina Mc Colgan	13	TUKS FSH	15/12/2021	NTS Championships 2021
122	32.33	L	P	Emma Ralfe	13	SEAL UMD	05/02/2022	KZN Junior Championships 2021
123	32.35	L	F	Robyn Barbour	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2021
124*	32.38	L	F	Janca Hattingh	13	CSA EZD	03/12/2021	Mpumalanga Championships 2021
124*	32.38	L	F	René Kotzé	13	POTC KKD	17/03/2022	SA Level 3 Regional Age Group Chan
126	32.39	L	P	Kingsley Greyling	13	AZON ETH	05/02/2022	KZN Junior Championships 2021
127*	32.40	L	F	Sarah Bruwer	13	MMD CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
127*	32.40	L	P	Anastasia Sequeira	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
129*	32.41	L	F	Hannah Sandilands	13	BAS EKU	22/10/2021	EGA Summer 3
129*	32.41	L	F	Kemantha Ayair	CR	BAYV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
131*	32.42	L	F	Lyuba van Niekerk	13	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
131*	32.42	L	F	Kayleigh Hahn	13	ROA EDD	25/02/2022	Infinity Gala
133	32.46	L	F	Annebel Stewart	13	AZON ETH	17/12/2021	2021 KZNA Premier Provincial Champ
134	32.49	L	F	Jaime Lee Roome	13	VRC FSH	14/01/2022	NTS January 2022 Combined Age Grc
135	32.50	L	F	Ella Bradshaw	13	CRSC JHB	11/03/2022	SA Level 2 Regional Age Group Cham
136	32.51	L	F	Kayla Verbaan	13	KLOO ETH	02/10/2021	Frank Gray Memorial Championships :
137*	32.53	L	F	Elizabeth Opperman	13	KTS	17/03/2022	SA Level 3 Regional Age Group Chan
137*	32.53	L	P	Cathrijn Davel	13	MSC NGD	29/03/2022	SA Regional Aquatic Champs 2022- N
139	32.55	L	P	Catherine Desilla	13	MDOL EKU	11/03/2022	SA Level 2 Regional Age Group Cham
140*	32.57	L	F	Minke Labuscagne	13	BLSS MAN	28/10/2021	Neptune Prestige Gala
140*	32.57	L	F	Imre' Bezuidenhout	13	PAC FSH	11/03/2022	SA Level 2 Regional Age Group Cham
142	32.59	L	P	Leané Gouws	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
143	32.61	L	F	Lily Ogden	13	BLTA NMA	12/11/2021	PEA Winter Gala Take 2
144	32.63	L	P	Danaleigh Swanepoel	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
145	32.67	L	P	Megan Webster	13	RFA FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
146*	32.69	L	F	Stacey Smith	13	PAC FSH	22/10/2021	NTS October Level 1-3 Age Group
146*	32.69	L	F	Nicola Schwartz	13	SPS BUF	08/02/2022	BCA Primary School Top 8
146*	32.69	L	F	Wilmien Verbeek	13	CUDU CPT	17/03/2022	SA Level 3 Regional Age Group Chan
149	32.71	L	P	Tia Mari Theron	13	LP CCD	26/03/2022	SA Schools Swimming Championship
150*	32.73	L	F	Macy Hains	13	INFA NMA	12/11/2021	PEA Winter Gala Take 2
150*	32.73	L	F	Taylor Emslie	13	HPPS BUF	08/02/2022	BCA Primary School Top 8
152	32.75	L	F	Larissa Visagie	13	ASAC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
153	32.78	L	F	Zante Young	13	RBUR BPD	08/12/2021	NWS Championships 2020/2021
154	32.79	L	P	Wilona Erasmus	13	NWS	26/03/2022	SA Schools Swimming Championship
155	32.81	L	F	Mieke Van Der Walt	13	CTA CPT	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2
156*	32.82	L	F	Nicole Norman	13	RPAC EKU	17/10/2021	2021 AG Swim Stars Champs & OR Tz
156*	32.82	L	P	Kelly Stork	13	MAC EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
158	32.83	L	F	Tanika Du Plessis	13	TUKS FSH	08/10/2021	NTS October Combined Age Group
159	32.84	L	P	Rii Spoelstra	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
160*	32.86	L	F	Cait Da Cunha	13	BON JHB	02/10/2021	EGA Summer 2
160*	32.86	L	P	Rafaela Boltler	13	KLOO ETH	05/02/2022	KZN Junior Championships 2021
160*	32.86	L	P	Jocelyn Cromhout	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
163	32.92	L	P	Donne Bruyns	13	MPA EZD	26/03/2022	SA Schools Swimming Championship
164	32.93	L	F	Keanda Mokoena	13	TUKS FSH	11/03/2022	SA Level 2 Regional Age Group Cham
165	32.95	L	P	Sandri Visser	13	PLAY CED	29/03/2022	SA Regional SNR & JNR Champs WC
166*	32.97	L	P	Kiera Ruane	13	TUKS FSH	15/12/2021	NTS Championships 2021
166*	32.97	L	F	Kaylie Groenewald	13	SS MPD	12/02/2022	Limpopo Champs
166*	32.97	L	P	Kailey Joubert	13	AZON ETH	05/02/2022	KZN Junior Championships 2021
169*	32.98	L S	P	Daniela Colyn	13	ONYX EKU	09/12/2021	EGA Summer Champs 2021
169*	32.98	L	P	Tshenolo Ntsie	13	TUKS FSH	15/12/2021	NTS Championships 2021
171	33.00	L	P	Tehi-Cadi Day Garden	13	BLUO UGD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
172	33.03	L S	P	Carine Röntgen	13	SWAR WCD	07/12/2021	Western Cape LC-A Championship 20
173*	33.04	L S	P	Caitlin Scheepers	13	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20
173*	33.04	L S	P	Megan Augustyn	13	ONYX EKU	09/12/2021	EGA Summer Champs 2021
175	33.06	L	F	Leane Muller	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2021
176	33.07	L	F	Kaylin Bezuidenhout	13	BLSS MAN	22/03/2022	SA Level 2 Regional Age Group Cham

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Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
177*	33.09 L S	P Storme Badenhorst	13 MARL CPT 07/12/2021 Western Cape LC-A Championship 20
177*	33.09 L	P Nicole Van Zyl	13 CA EKU 18/03/2022 SA Level 3 Regional Age Group Chan
177*	33.09 L	F Michaela Blaine	13 PEAS NMA 17/03/2022 SA Level 3 Regional Age Group Chan
180	33.12 L	P Jemma Park	13 CRSC JHB 29/03/2022 SA Regional Aquatic Champs 2022- N
181	33.15 L	F Micke De Jager	LR PSA ZLD 04/12/2021 Stingrays Swim Club Championships 2
182	33.16 L	P Julie Kockott	13 SPS BUF 08/02/2022 BCA Primary School Top 8
183	33.17 L	F Teagan Hamer	13 INFA NMA 18/03/2022 SA Level 2 Regional Age Group Cham
184	33.20 L	P Sinoah Pretorius	13 TUKS TSH 15/12/2021 NTS Championships 2021
185*	33.22 L	F Amy-Lee Jones	13 BENS EKU 28/01/2022 EGA Last Chance Gala
185*	33.22 L	P Nicola Olivier	13 HARB BPD 08/12/2021 NWS Championships 2020/2021
187	33.25 L	P Simonè Schonken	13 SS MPD 11/03/2022 SA Level 2 Regional Age Group Cham
188	33.33 L	F Tayler Ririe	13 BLSS MAN 17/03/2022 SA Level 3 Regional Age Group Chan
189	33.34 L	F Isabè Van Dyk	13 CUHE OBD 08/10/2021 40th Freda Barnard Invitational Gala
190	33.36 L	F Anne Steyl	13 PRKA PS 05/02/2022 NCASA Sprints Gala 2022
191	33.38 L S	P Jaimee-Lee Marais	13 SWIFT EKU 09/12/2021 EGA Summer Champs 2021
192	33.40 L	P Jocelyn Cromhout	13 HARL BUF 17/03/2022 SA Level 3 Regional Age Group Chan
193*	33.42 L	F Hannah Naidoo	CR BAYV ETH 03/12/2021 WSC & Seals Summer LC Champs 20
193*	33.42 L	F Zoe Ann Kruger	13 AQU ADJ 03/12/2021 WSC & Seals Summer LC Champs 20
193*	33.42 L	P Danika Van Zyl	13 FRA UHD 17/03/2022 SA Level 3 Regional Age Group Chan
196	33.45 L	F Leigh Pijoes	13 BLMA CPT 30/10/2021 CANA Virtual Swimming Championship
197	33.49 L	P Kuzinsca Siranza	13 ECA NMA 26/03/2022 SA Schools Swimming Championship
198	33.52 L	P Abigail Scheffer	13 PAC TSH 29/03/2022 SA Regional Aquatic Champs 2022- N
199	33.54 L	P Maya Ndegwa	13 ELEC JHB 11/03/2022 SA Level 2 Regional Age Group Cham
200*	33.56 L	F Leah Crozier	13 FAAC FB 20/11/2021 Age Group 3 - Kimberley
200*	33.56 L	F Nisa Da Silva	13 WSS FDD 25/02/2022 Gauteng Schools Championships 202
200*	33.56 L	F Chloe Petersen	13 WSS FDD 25/02/2022 Gauteng Schools Championships 202
203	33.59 L	P Johané Jv Rensburg	13 TUKS TSH 11/03/2022 SA Level 2 Regional Age Group Cham
204	33.60 L	P Lelanie Buhr	13 SWAR WCD 17/03/2022 SA Level 3 Regional Age Group Chan
205	33.61 L	P Danielle Van Vuuren	13 DDA TSH 18/03/2022 SA Level 3 Regional Age Group Chan
206	33.68 L	F Keera De Esclana	13 VRC TSH 14/01/2022 NTS January 2022 Combined Age Grc
207	33.75 L	P Emily Tsai	13 BLMA CPT 17/03/2022 SA Level 3 Regional Age Group Chan
208	33.79 L	P Anè Kemp	13 SWAR WCD 17/03/2022 SA Level 3 Regional Age Group Chan
209	33.80 L	F Milena Pugliese	13 MMD CPT 04/12/2021 CTA Qualifying Meet
210	33.82 L	F Emily Mc Laren	13 SGUL ETH 30/10/2021 CANA Virtual Swimming Championship
211*	33.83 L	F Sanelisiwe Dawe	13 SGUL ETH 17/12/2021 2021 KZNA Premier Provincial Champ
211*	33.83 L	P Amelie Van der Merwe	13 RFA TSH 11/03/2022 SA Level 2 Regional Age Group Cham
213	33.84 L	P Gemma Caminsky	13 OLDE JHB 18/03/2022 SA Level 3 Regional Age Group Chan
214	33.85 L	P Anya Fernando	13 SASE JHB 11/03/2022 SA Level 2 Regional Age Group Cham
215	33.86 L	F Chloe Jewell	13 PEAS NMA 10/12/2021 NMBA Championships 2021
216	33.87 L	F Nikita Scruby	13 SGUL ETH 17/03/2022 SA Level 3 Regional Age Group Chan
217	33.88 L	F Daniella Harcus	13 INFA NMA 20/11/2021 2nd A League Gala 2021
218	33.92 L	P Helena Pretorius	13 TKS WBD 18/03/2022 SA Level 3 Regional Age Group Chan
219*	33.98 L	F Ivana Vyncke	13 VRY ZLD 17/12/2021 2021 KZNA Premier Provincial Champ
219*	33.98 L	F Dahlia Cassar	13 VINE CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
221	34.00 L	F Ella Eldar	13 TUKS TSH 04/02/2022 NTS February Age Group 14 & Under
222*	34.01 L	P Taylor Dukes	13 CRSC JHB 18/03/2022 SA Level 3 Regional Age Group Chan
222*	34.01 L	F Jorja Turner	13 VINE CPT 22/03/2022 SA Level 2 Regional Age Group Chan
224	34.09 L	F Lara Louw	13 BLNE MAN 25/02/2022 Neptune last chance gala
225	34.12 L	P Liza Schoeman	13 RBOT BPD 30/03/2022 SA Regional Aquatic JNR-Senior Cha
226*	34.15 L	F Annika Potgieter	13 POTC KKD 22/03/2022 SA Level 2 Regional Age Group Cham
226*	34.15 L	P Zianè Jantzen	13 QUIC CPT 29/03/2022 SA Regional SNR & JNR Champs WC
228	34.16 L	P Esther Sauls	13 PGAC EKU 11/03/2022 SA Level 2 Regional Age Group Cham
229*	34.21 L	P Vera Chen	13 BLSS MAN 08/12/2021 Free State Champs 2021
229*	34.21 L	P Michaela Clegg	13 AZON ETH 11/03/2022 SA Level 2 Regional Age Group Chan
231	34.22 L	F Emma Neethling	13 FISH EDD 19/11/2021 Eden LC Champs 2021
232	34.26 L	P Emma Lategan	13 CUDU CPT 17/03/2022 SA Level 3 Regional Age Group Chan
233	34.28 L	F Jaimee-Lee Wenham	13 WSTV ETH 29/01/2022 EDA Age Group Gala 4
234	34.29 L	P Lara Verhoef	13 VINE CPT 17/03/2022 SA Level 3 Regional Age Group Chan
235	34.30 L	F Cambria Steyn	13 TUKS TSH 22/10/2021 NTS October Level 1-3 Age Group

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
236	34.31	L	F	Jordan Riebeseel	13	SGUL	ETH	29/01/2022 EDA Age Group Gala 4
237	34.32	L	F	Anzelle van Rooyen	13	DRGN	EKU	22/10/2021 EGA Summer 3
238*	34.33	L	P	Simone Cussons	13	CSA	EZD	03/12/2021 Mpumalanga Championships 2021
238*	34.33	L	F	Christi Serfontein	13	QUIC	CPT	30/10/2021 CANA Virtual Swimming Championship
240	34.34	L	F	Yvonne Pretorius	13	MSC	NGD	29/10/2021 CANA Virtual Swimming Championship
241	34.35	L	P	Chrisley Barnard	13	WSS	FDD	17/03/2022 SA Level 3 Regional Age Group Chan
242*	34.36	L	F	Charlee Davis	13	RAV	EKU	28/01/2022 EGA Last Chance Gala
242*	34.36	L	P	Ogalaletseng Khosana	13	TUKS	FSH	11/03/2022 SA Level 2 Regional Age Group Cham
244	34.37	L	F	Kayla Honey	13	ONYX	EKU	02/10/2021 EGA Summer 2
245*	34.38	L	F	Maria Dos Santos	13	HREF	BPD	08/12/2021 NWS Championships 2020/2021
245*	34.38	L	P	Sune von Wielligh	13	KTS		22/03/2022 SA Level 2 Regional Age Group Cham
247	34.40	L	F	Kellen McLaren	13	SOUL	EKU	04/09/2021 EGA Adrian Grafe Gala 2021
248	34.42	L	F	Lungiswa Grootboom	13	SWAR	WCD	22/03/2022 SA Level 2 Regional Age Group Chan
249*	34.44	L	F	Kayla Vosloo	AR	BLOT	MAN	06/11/2021 Heidedal Gala
249*	34.44	L S	P	Asia Kleinhans	13	AQDO	CPT	07/12/2021 Western Cape LC-A Championship 20
251*	34.46	L	P	Erin Haslam	13	ELEC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
251*	34.46	L	P	Buhle Mahlalela	13	MPA	EZD	26/03/2022 SA Schools Swimming Championship
253	34.48	L	P	Esti Mouton	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
254	34.49	L	F	Morgan Meyer	13	WSS	FDD	25/02/2022 Gauteng Schools Championships 202
255	34.50	L	F	Mia Gerber	13	DDA	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
256	34.51	L	F	Gabriella Gericke	13	MMD	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
257	34.52	L	F	Jesse Mather-Pike	13	BLUO	UGD	11/03/2022 SA Level 2 Regional Age Group Chan
258	34.55	L	P	Esther Sullivan	13	WSTV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
259	34.58	L S	P	Shanna-Leigh Zeelie	13	BLMA	CPT	07/12/2021 Western Cape LC-A Championship 20
260	34.62	L	P	Nieke Breytenbach	13	WELA	FDD	08/12/2021 Free State Champs 2021
261	34.63	L S	P	Abby Novos	13	ASAC	CPT	07/12/2021 Western Cape LC-A Championship 20
262	34.68	L	P	Chloe Pieterse	13	CLSC	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
263	34.72	L	F	Monique Van Zyl	13	ASAC	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
264	34.78	L	F	Mila Petrak	13	ELEC	JHB	18/02/2022 NTS Combined February Age Group C
265	34.79	L	F	Ashley Seymour	13	WSS	FDD	22/03/2022 SA Level 2 Regional Age Group Cham
266	34.82	L	F	Mila Naudé	13	TUKS	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
267	34.83	L	P	Makula Kyabayinze	13	TUKS	FSH	11/03/2022 SA Level 2 Regional Age Group Cham
268*	34.87	L	F	Mekayla Pretorius	13	HWSK		13/11/2021 Kalahari Classic Gala 2021
268*	34.87	L	F	Kate Savage	13	VINE	CPT	30/10/2021 CANA Virtual Swimming Championship
270	34.88	L	P	Judy Stevens	13	QUIC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
271	34.90	L	P	Mia Bruwer	13	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
272	34.96	L	F	Giuliana Raccanello	13	CA	EKU	22/10/2021 EGA Summer 3
273	34.97	L	F	Bianca O'Kennedy	13	CUDU	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
274*	34.99	L	F	Hayley Steyn	13	NHS	EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
274*	34.99	L	P	Megan Van den Heever	13	CSA	EZD	03/12/2021 Mpumalanga Championships 2021
276	35.00	L	F	Tayla Dowie	13	AA	JHB	03/12/2021 CGA LC Summer Champs - Level3+
277	35.02	L	F	Rienke Blignaut	13	WSS	FDD	23/10/2021 Otters Prestige Gala 2021
278	35.03	L	F	Jessica Carrol	13	BLMA	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
279	35.05	L	P	Owami Mthethwa	13	VRY	ZLD	05/02/2022 KZN Junior Championships 2021
280*	35.08	L	F	Carli Dippenaar	13	ROJ	EDD	08/10/2021 40th Freda Barnard Invitational Gala
280*	35.08	L	P	Izolde Lombard	13	ASAC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
282	35.09	L	P	Aisling McLean	13	ELEC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
283	35.10	L	F	Jorja De Beer	13	VINE	CPT	30/10/2021 CANA Virtual Swimming Championship
284	35.13	L	P	Kganya Mashigo	13	PAC	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
285	35.15	L	F	Aida Louw	13	UPSK		19/11/2021 Age Group 3 - Uppington 2021
286	35.17	L	F	Lara Wink	13	VINE	CPT	30/10/2021 CANA Virtual Swimming Championship
287*	35.19	L	F	Zia Petersen	13	XSAQ	CPT	04/12/2021 CTA Qualifying Meet
287*	35.19	L	P	Gabriella Lobban	13	CRSC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
289	35.20	L S	P	Mea Harding	13	BAS	EKU	09/12/2021 EGA Summer Champs 2021
290	35.22	L	P	Micaela Mutooni	13	ELEC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
291	35.29	L	P	Carmen Du Toit	13	INFA	NMA	17/03/2022 SA Level 3 Regional Age Group Chan
292	35.33	L	P	Mia Crookham	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
293	35.35	L	P	Miela Smit	13	AQUA	BUF	17/03/2022 SA Level 3 Regional Age Group Chan
294	35.36	L	P	McKayla Moodley	13	BEAV	ETH	11/03/2022 SA Level 2 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
295	35.38	L	P	Andria Le Roux	13	JAQ EKU	11/03/2022	SA Level 2 Regional Age Group Cham
296*	35.39	L	F	Dorethe Meyer	AR	BLOT MAN	23/10/2021	Otters Prestige Gala 2021
296*	35.39	L	F	Ilanze du Plessis	13	BULS MAN	23/10/2021	Otters Prestige Gala 2021
298	35.41	L S	F	Kate Allwood	13	GREY CPT	07/12/2021	Western Cape LC-A Championship 20
299	35.42	L	P	Anè Cloete	13	QUIC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
300	35.43	L	F	Madison Pike	13	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group Chan
301	35.44	L	F	Jacoline Crous	13	SWAR WCD	19/02/2022	Swartland Invitational #2 2022
302	35.51	L	P	Chrisna Du Plessis	13	KALA	22/03/2022	SA Level 2 Regional Age Group Cham
303	35.52	L	F	Ilze Hendriks	13	TOTIS ETH	30/10/2021	CANA Virtual Swimming Championship
304*	35.55	L	F	Emily Gebhardt	13	BIOS CED	13/11/2021	Winelands SL Final
304*	35.55	L	F	Esmarie Terblanche	13	HTSA CPT	22/03/2022	SA Level 2 Regional Age Group Chan
306	35.60	L	F	Madison Hayes	13	TYGE CPT	08/10/2021	40th Freda Barnard Invitational Gala
307	35.74	L	P	Nakita Snyman	13	FLOD JHB	11/03/2022	SA Level 2 Regional Age Group Cham
308	35.81	L	P	Carne Louw	13	TASC MPD	11/03/2022	SA Level 2 Regional Age Group Cham
309	35.91	L	P	Emma Davies	13	BAS EKU	18/03/2022	SA Level 3 Regional Age Group Chan
310	35.93	L	F	Emma Brits	13	PSC TSH	02/10/2021	NTS Level 1 Age Group September
311	35.94	L	P	Chrystil Raymond	13	CSA EZD	03/12/2021	Mpumalanga Championships 2021
312	35.96	L	F	Tenè Louw	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
313	35.97	L	F	Emily Serman	13	BON JHB	28/01/2022	EGA Last Chance Gala
314	35.98	L	F	Leanke Voigt	13	JAQ EKU	02/10/2021	EGA Summer 2
315	36.00	L	F	Amelie Brügers	13	VINE CPT	30/10/2021	CANA Virtual Swimming Championship
316	36.03	L	F	Zoie Cloete	13	CLSC WCD	12/11/2021	Swartland Invitational Gala 2021
317	36.04	L	F	Aurelia Pretorius	13	SSISA CPT	04/12/2021	CTA Qualifying Meet
318*	36.05	L	P	Rachel Watermeyer	13	SEAL UMD	05/02/2022	KZN Junior Championships 2021
318*	36.05	L	P	Richelle Rothmann	13	AQU ADJ	17/03/2022	SA Level 3 Regional Age Group Chan
320	36.07	L	F	Tanisha Barnes	13	DRGN EKU	22/10/2021	EGA Summer 3
321	36.08	L	P	Sienna Wilensky	13	ASAC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
322	36.11	L	P	Paris Shiwundlana	13	AFIN JHB	11/03/2022	SA Level 2 Regional Age Group Cham
323	36.12	L	P	Zelmari Van der Walt	13	AQU ADJ	11/03/2022	SA Level 2 Regional Age Group Chan
324	36.16	L	P	Sian Kleynhans	13	KALA	17/03/2022	SA Level 3 Regional Age Group Chan
325	36.21	L	F	Ebenette Van Niekerk	13	FISHS EDD	19/11/2021	Eden LC Champs 2021
326	36.22	L	F	Cara Francis	13	DDA TSH	10/12/2021	2021 The Tshwane Mayoral Gala
327	36.26	L	F	Zorina Tromp	13	MAC EKU	02/10/2021	EGA Summer 2
328	36.34	L	F	Eireann De Witte	13	TCA EKU	06/03/2022	SSA Regional Level 1 Championships
329*	36.35	L	P	Georgia Knight	13	WATR JHB	11/03/2022	SA Level 2 Regional Age Group Cham
329*	36.35	L	P	Anmi Slabbert	13	PAQU CED	17/03/2022	SA Level 3 Regional Age Group Chan
331	36.36	L	F	Mieke Smit	13	HWSK	20/11/2021	Age Group 3 - Kimberley
332	36.40	L	P	Deoné Borstlap	13	POTC KKD	08/12/2021	NWS Championships 2020/2021
333	36.41	L	P	Izabella Alevras	13	AAS JHB	11/03/2022	SA Level 2 Regional Age Group Cham
334	36.56	L	F	Kayla Welgemoed	13	VALS FDD	06/11/2021	Heidedal Gala
335	36.57	L	F	Aime' Heydricks	13	BLUO UGD	11/03/2022	SA Level 2 Regional Age Group Chan
336	36.62	L	P	Amylee Holtzhausen	13	SEAL UMD	05/02/2022	KZN Junior Championships 2021
337	36.66	L	P	Megan Neizel	13	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group Chan
338	36.68	L	P	Logan Francke	13	RBOT BPD	22/03/2022	SA Level 2 Regional Age Group Cham
339	36.69	L	P	Mischka Sam	13	SPS BUF	08/02/2022	BCA Primary School Top 8
340	36.76	L	F	Tayla Ferreira	13	ESTR EKU	28/01/2022	EGA Last Chance Gala
341	36.79	L S	P	Abby Tribe	13	TCA EKU	09/12/2021	EGA Summer Champs 2021
342	36.92	L	F	Zara Carrie	13	LINR JHB	03/12/2021	CGA LC Summer Champs - Level 2
343	36.94	L	F	Jacy Brand	13	SWAR WCD	29/01/2022	West Coast Qualify Gala 2022
344	36.98	L	P	Lehanra Greeff	13	HARB BPD	22/03/2022	SA Level 2 Regional Age Group Cham
345	37.01	L	P	Catherine O'Grady	13	EXA EZD	03/12/2021	Mpumalanga Championships 2021
346	37.06	L	P	Emma Jansen van Rensburg	13	QSAW CED	22/03/2022	SA Level 2 Regional Age Group Chan
347	37.07	L	F	Hayley Diedericks	13	FRA UHD	05/03/2022	KCDA Level 1 Champs 2022
348	37.09	L	F	Hannah Minnie	13	TYGE CPT	04/12/2021	CTA Qualifying Meet
349	37.10	L	F	Lwazi Mqeke	13	WELA FDD	13/11/2021	NWS Age Group 3 2021/22
350	37.12	L	P	Anja Koen	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
351	37.15	L	P	Hannah Jacobs	13	MANT CPT	17/03/2022	SA Level 3 Regional Age Group Chan
352	37.20	L	F	Shyenne Laubscher	13	WELA FDD	19/02/2022	Bull-Sharks Gala
353	37.25	L	P	Jocke Coetzee	13	KALA	22/03/2022	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

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	Time	P/F/S	Name	Age/Yr			
354	37.31	L	F	Onkaribile Molamu	13	MATL KKD	16/10/2021 NWS Age Group 1&2
355	37.34	L	F	Nina Van Tonder	13	WOAQ CED	04/12/2021 CTA Qualifying Meet
356	37.35	L	F	Dalya Swartz	13	MDOL EKU	28/01/2022 EGA Last Chance Gala
357	37.37	L	F	Kate Best	13	CSC TSH	17/09/2021 NTS Age group September Level 2+3
358	37.47	L	F	Lerize Du Toit	13	ACAQ CCD	12/02/2022 Limpopo Champs
359	37.48	L	P	Cyan van Den Berg	13	SPS BUF	08/02/2022 BCA Primary School Top 8
360	37.57	L	F	Helena Van Vuuren	13	KALA	16/10/2021 Age Group 1 - Kathu
361	37.59	L	F	Hannah Coert	13	MANT CPT	12/11/2021 Swartland Invitational Gala 2021
362	37.64	L	F	Amy Burrell	13	PEAS NMA	29/01/2022 3rd A League Gala 2022
363*	37.69	L	P	Sophie McQuirk	13	SPS BUF	08/02/2022 BCA Primary School Top 8
363*	37.69	L	P	Abigail Cullen	13	WELA FDD	22/03/2022 SA Level 2 Regional Age Group Cham
365	37.77	L	F	Tayla Gerber	13	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
366	37.79	L	F	Sadie Jelley	13	PAC TSH	17/09/2021 NTS Age group September Level 2+3
367	37.82	L	P	Kailyn Roopchand	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
368	37.86	L	P	Tatiana Ioannides	13	BLSS MAN	08/12/2021 Free State Champs 2021
369	37.98	L	F	Cleo May	13	MARL CPT	30/10/2021 CANA Virtual Swimming Championshipj
370	37.99	L	F	Bokamoso Imasiku	13	TLAC BPD	02/10/2021 Frank Gray Memorial Championships :
371	38.00	L	P	Leah Flanagan	13	STUTT BUF	08/02/2022 BCA Primary School Top 8
372*	38.03	L	F	Sunique Coetzee	13	SS MPD	12/02/2022 Limpopo Champs
372*	38.03	L	F	Sinalo Ndlovu	13	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 20
374	38.22	L	F	Maya McCollum	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
375*	38.30	L	F	Thaania Omar	13	WALM CPT	30/10/2021 CANA Virtual Swimming Championshipj
375*	38.30	L	F	Zadie Van Wyk	13	TRAZ TSH	08/10/2021 NTS October Combined Age Group
377	38.40	L	F	Zine Ferns	13	ACAQ CCD	16/10/2021 Limpopo Age Group 4
378	38.56	L	F	Elizabeth Du Plessis	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
379	38.58	L	F	Gita Hildebrand	13	KNYJ EDD	12/02/2022 EDEN 5th A-League Gala 2022
380	38.63	L	F	Khano Mudau	13	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
381	38.67	L	P	Hannah van Der Veen	13	SPS BUF	08/02/2022 BCA Primary School Top 8
382	38.74	L	P	Selente Oosthuysen	13	HARB BPD	22/03/2022 SA Level 2 Regional Age Group Cham
383	38.84	L	F	Micaïla Hegter	13	BLSS MAN	08/10/2021 Super Seals Prestige Gala
384	38.89	L	F	Olivia Van der Nest	13	KSC EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.
385	38.91	L	F	Lisa Senekal	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
386	38.95	L	P	Paxton Rankin	13	TLAC BPD	08/12/2021 NWS Championships 2020/2021
387	39.20	L	F	Hermien Schwarzer	13	FRA UJD	29/01/2022 Frog n' Fish Sprints 2022
388	39.21	L	F	Eva Joannou	HR	ROB EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
389	39.23	L	F	Kendra Lai Thom	13	ELEC JHB	17/10/2021 2021 AG Swim Stars Champs & OR Tz
390	39.33	L	F	Rylie Smith	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
391*	39.35	L	F	Gabrielle Kramer	13	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
391*	39.35	L	P	Kgothatso Tsebe	13	STAR BPD	22/03/2022 SA Level 2 Regional Age Group Cham
393	39.40	L	F	Marlie Oliphant	13	FSE UJD	05/03/2022 KCDA Level 1 Champs 2022
394	39.41	L	P	Kara Du Preez	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
395	39.45	L	P	Kate Pretorius	13	SPS BUF	08/02/2022 BCA Primary School Top 8
396	39.53	L	P	Veera Khusal	13	BON JHB	11/03/2022 SA Level 2 Regional Age Group Cham
397	39.65	L	F	Lisa van der Westhuizen	13	POTC KKD	11/02/2022 NW Last Chance
398	39.68	L	F	Alea Du Toit	13	BLMA CPT	30/10/2021 CANA Virtual Swimming Championshipj
399	39.73	L	F	Leila Schenk	13	USC BUF	10/12/2021 BCA Long Course Championships 202
400	39.75	L	P	Jaschnene Coetzer	13	STUTT BUF	08/02/2022 BCA Primary School Top 8
401*	39.87	L	F	Carla Carolus	13	XSAQ CPT	30/10/2021 CANA Virtual Swimming Championshipj
401*	39.87	L	F	Laila Davidson	13	FISHS EDD	12/02/2022 EDEN 5th A-League Gala 2022
403	40.12	L	F	Naseerah Vd Merwe	13	WEST CPT	12/11/2021 Swartland Invitational Gala 2021
404	40.17	L	F	Juli Schoof	13	CAMPS CPT	04/12/2021 CTA Qualifying Meet
405	40.36	L	F	Lutifiyya Sheik	13	AQSC UMD	03/12/2021 WSC & Seals Summer LC Champs 20
406	40.42	L	F	Thandolwenkosi Mabaso	13	FRA UJD	05/03/2022 KCDA Level 1 Champs 2022
407	40.44	L	F	Gemma van der Merwe	13	PGAC EKU	06/03/2022 SSA Regional Level 1 Championships
408	40.63	L	F	Karla Odendaal	13	TYGE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
409	40.65	L	F	Elandri Piek	13	SOUL EKU	22/10/2021 EGA Summer 3
410	40.69	L	P	Amariah Singh	13	AWSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
411	40.71	L	P	Hannah Watson	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
412*	40.88	L	F	Andrea De Boer	13	TRAZ TSH	08/10/2021 NTS October Combined Age Group

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
412*	40.88	L	F	Iseabel Laubsher	13	BLMA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
414	40.90	L	F	Olwakhe Godlo	13	WELA FDD	25/02/2022 Neptune last chance gala
415	41.09	L	F	Kirsten Campbell	13	WALM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
416	41.25	L	F	Mishka Pienaar	13	PLAY CED	29/01/2022 West Coast Qualify Gala 2022
417	41.39	L	F	Alaynah Bhamjee	13	ATLA JHB	06/11/2021 OR TAMBO Soncini 2021
418	41.47	L	P	Shaelyn Lawson	13	CAMPB BUF	08/02/2022 BCA Primary School Top 8
419	41.49	L	F	Asmaa Bonnasse	13	ELRAS WBD	16/10/2021 Limpopo Age Group 4
420	41.89	L	F	Chade Van Niekerk	13	SS MPD	06/11/2021 Limpopo Age Group 5
421	41.94	L	F	Naomi-Jane Kleinsmith	13	KHAY CPT	04/12/2021 CTA Qualifying Meet
422	41.97	L	F	Gabrielle Assam	13	HARL BUF	10/12/2021 BCA Long Course Championships 202
423	41.99	L	P	Ilse Roos	13	EXA EZD	03/12/2021 Mpumalanga Championships 2021
424	42.19	L	P	Tamasa Nhlangulela	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
425	42.82	L	F	Mieké Schlebusch	13	HWSK	20/11/2021 Age Group 3 - Kimberley
426	43.03	L	F	Lyrece Louw	13	SOUL EKU	17/10/2021 2021 AG Swim Stars Champs & OR T
427	43.13	L	F	Helen Sickles	13	KALA	13/11/2021 Kalahari Classic Gala 2021
428	43.14	L	F	Ambeswa Peter	13	WILL NMA	12/03/2022 Level 1 Intra District Age Group Gala 2
429	43.50	L	F	Louca Joubert	13	DDA FSH	22/10/2021 NTS October Level 1-3 Age Group
430	43.75	L	F	Sophia Le Roux	13	TLAC BPD	16/10/2021 NWS Age Group 1&2
431	43.98	L	F	Nazley Jacobs	13	ISSC NMD	11/02/2022 NW Last Chance
432	44.16	L	F	Zoë Pierce	13	ESTR EKU	06/03/2022 SSA Regional Level 1 Championships
433	44.42	L	P	Khwezi Khaba	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
434	45.19	L	P	Shannon Rautenbach	13	UNI EZD	03/12/2021 Mpumalanga Championships 2021
435	46.91	L	F	Lesedi-Lere Themba	13	ESP EKU	06/03/2022 SSA Regional Level 1 Championships
436	47.44	L	F	Alana Shell	13	TLAC BPD	16/10/2021 NWS Age Group 1&2
437	47.47	L	F	Cleoné Stone	13	CUHE OBD	12/11/2021 Swartland Invitational Gala 2021
438	49.05	L	P	Jorja Schroeder	13	STUTT BUF	08/02/2022 BCA Primary School Top 8
439	50.62	L	F	Mbali Mahlangu	13	ATTE FSH	06/03/2022 SSA Regional Level 1 Championships
440	50.78	L	F	Naseerah Du Toit	13	WCA CPT	26/03/2022 SA Schools Swimming Championship
441	54.48	L	F	Caris McCarthy	13	WILL NMA	12/03/2022 Level 1 Intra District Age Group Gala 2
442	55.83	L	F	Azalia Louw	13	RPAC EKU	17/10/2021 2021 AG Swim Stars Champs & OR T
443	59.15	L	F	Tshegofatso Modupe	13	USHAK EKU	06/03/2022 SSA Regional Level 1 Championships
444	1:01.24	L	F	Musa Mahlangu	13	ESP EKU	06/03/2022 SSA Regional Level 1 Championships

Women 13-13 100 Free

1	1:00.92	L	F	Jaime Mote	13	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
2	1:02.23	L	F	Ruth Dredge	13	PAC FSH	15/12/2021 NTS Championships 2021
3	1:02.29	L	P	Lara Gouws	13	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
4	1:02.32	L	F	Emily Palmer	13	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
5	1:02.43	L	F	Jaime Mote	13	INFA NMA	25/02/2022 Infinity Gala
6	1:03.20	L	F	Kayla Gous	13	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
7	1:03.71	L	F	Grace Powell	13	CSC FSH	15/12/2021 NTS Championships 2021
8	1:03.79	L	F	Jenna Coetzee	13	INFA NMA	10/12/2021 NMBA Championships 2021
9	1:03.92	L	F	Jana Vorster	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
10	1:03.93	L	F	Scarlett Le Roux	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
11	1:04.40	L	F	Leila Yazbek	13	BLNE MAN	08/12/2021 Free State Champs 2021
12	1:04.42	L	F	Me-Kayla Rew	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
13	1:04.48	L	P	Erin Joubert	13	KLOO ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
14	1:04.57	L	P	Danielle Cronjè	13	GSA CPT	07/12/2021 Western Cape LC-A Championship 20
15	1:04.68	L	F	Jesse-Leah Laderach	13	PEAS NMA	29/03/2022 SA Regional SNR & JNR Champs WC
16	1:04.90	L	F	Madison du Plessis	AR	BLOT MAN	08/12/2021 Free State Champs 2021
17	1:04.94	L	P	Ruby Gaines	13	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
18	1:04.96	L	F	Simone Vd Merwe	13	PAQU CED	12/11/2021 PEA Winter Gala Take 2
19	1:05.13	L	P	Stephanie Jurado	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
20	1:05.22	L	F	Amy Combrink	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
21*	1:05.25	L	P	Gizelle Maritz	13	WATR JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
21*	1:05.25	L	P	Maria Steyn	13	BLSS MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
23	1:05.28	L	F	Rachel Hinckley	13	CA EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
24	1:05.45	L	F	Karla Myburgh	13	BEST NMA	12/11/2021 PEA Winter Gala Take 2
25	1:05.49	L	F	Kendra Begley	13	PEAS NMA	10/12/2021 NMBA Championships 2021
26*	1:05.72	L	F	Savannah Mostert	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
26*	1:05.72	L	F	Moya Steer	13	SEAL	UMD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
28	1:05.80	L	F	Anri Van Der Westhuizen	KR	BLOT	MAN	08/12/2021 Free State Champs 2021
29	1:05.93	L	F	Kathleen Welsh	13	MSC	NGD	29/10/2021 CANA Virtual Swimming Championshipj
30	1:06.07	L	F	Corli Liversage	13	BLSS	MAN	29/01/2022 EDA Age Group Gala 4
31	1:06.11	L	F	Lily Durant	13	WATR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
32	1:06.22	L	F	Zandri Knoetze	13	INFA	NMA	17/03/2022 SA Level 3 Regional Age Group Chan
33	1:06.35	L	F	Naledi Thobeha	13	QUIC	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
34*	1:06.41	L	P	Danielle Harbron	13	NCA		06/04/2022 SA National Aquatic SNR-JNR Champ
34*	1:06.41	L	F	Isabella Havemann	13	ASAC	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
36	1:06.49	L	P	Leia Braithwaite	13	SGUL	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
37	1:06.59	L	F	Mikayla Smit	13	SWIM1	JHB	03/12/2021 CGA LC Summer Champs - Level3+
38	1:06.61	L	F	Gabrielle Hobson	13	TUKS	TSH	22/10/2021 NTS October Level 1-3 Age Group
39	1:06.68	L	F	Veronique Riekert	13	TUKS	TSH	29/03/2022 SA Regional Aquatic Champs 2022- N
40	1:06.74	L	P	Angel Williams	13	GSA	CPT	07/12/2021 Western Cape LC-A Championship 20
41	1:06.79	L	F	Mareze Frylinck	13	BLSS	MAN	28/10/2021 Neptune Prestige Gala
42	1:06.81	L	P	Hannah Burke	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
43	1:06.92	L	P	Ashley Scholtz	13	CA	EKU	09/12/2021 EGA Summer Champs 2021
44	1:06.96	L	F	Joslyn Botha	13	SOUL	EKU	09/12/2021 EGA Summer Champs 2021
45	1:07.04	L	F	Michaela Nell	13	WATR	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
46	1:07.13	L	F	Paige Edmundson	13	SASE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
47	1:07.17	L	F	Abigail Roberts	13	TUKS	TSH	15/12/2021 NTS Championships 2021
48	1:07.20	L	P	Emily Macqueen	13	SGUL	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
49	1:07.26	L	F	Emily Liebenberg	13	SWAR	WCD	29/03/2022 SA Regional SNR & JNR Champs WC
50*	1:07.31	L	P	Katelyn Fourie	13	AGA	EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
50*	1:07.31	L	F	Chloe Olivier	13	SOUL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
52	1:07.32	L	P	Gemma Goncalves	13	TSCS	UHD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
53	1:07.47	L	F	Lara Smith	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
54	1:07.49	L	F	Gabriella Van Den Berg	13	ELEC	JHB	03/12/2021 CGA LC Summer Champs - Level3+
55	1:07.52	L	P	Paige Jacobs	13	FAAC	FB	30/03/2022 SA Regional Aquatic JNR-Senior Cha
56	1:07.65	L	F	Alika Vd Merwe	13	TUKS	TSH	04/02/2022 NTS February Age Group 14 & Under
57	1:07.68	L	P	Elne Reynolds	13	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
58	1:07.76	L	P	Leah Scott	13	MGSC	UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
59	1:07.84	L	F	Emma Neethling	13	WCA	CPT	26/03/2022 SA Schools Swimming Championship
60	1:07.86	L	P	Juliette van Vught	13	HASC	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
61	1:07.87	L	P	Madisynn Elliott	13	LINR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
62	1:07.89	L	F	Philippa Stevens	13	INFA	NMA	12/11/2021 PEA Winter Gala Take 2
63	1:07.91	L	P	Mieke Vd Wal	13	BARR	CPT	07/12/2021 Western Cape LC-A Championship 20
64	1:07.92	L	F	Kendra Matthysen	13	SSISA	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
65	1:07.95	L	F	Ilanthy Moolman	13	MSC	NGD	18/03/2022 SA Level 3 Regional Age Group Chan
66	1:07.96	L	F	Cathrijn Davel	13	MSC	NGD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
67	1:07.97	L	F	Carine Röntgen	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
68	1:07.98	L	P	Sophie Hudson	13	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
69	1:08.00	L	F	Karmen Van Rensburg	13	UNI	EZD	03/12/2021 Mpumalanga Championships 2021
70	1:08.08	L	F	Jemma Pearse	13	VINE	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
71	1:08.30	L	P	Jana Swiegers	13	TUKS	TSH	15/12/2021 NTS Championships 2021
72	1:08.34	L	F	Milri-Ann Summerton	13	NWUC	KKD	17/03/2022 SA Level 3 Regional Age Group Chan
73	1:08.39	L	F	René Kotzé	13	POTC	KKD	17/03/2022 SA Level 3 Regional Age Group Chan
74	1:08.54	L	F	Robyn Barbour	13	WSS	FDD	25/02/2022 Gauteng Schools Championships 202
75	1:08.68	L	P	Ella Bruyns	13	ASA	ILD	17/03/2022 SA Level 3 Regional Age Group Chan
76	1:08.70	L	F	Isabella Els	13	INFA	NMA	10/12/2021 NMBA Championships 2021
77	1:08.88	L	F	Leeya Amon	13	TYGE	CPT	08/10/2021 40th Freda Barnard Invitational Gala
78	1:08.92	L	P	Caibella Oliver	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
79	1:08.99	L	P	Kailey Joubert	13	AZON	ETH	05/02/2022 KZN Junior Championships 2021
80	1:09.00	L	P	Kiara Banks	13	TUKS	TSH	15/12/2021 NTS Championships 2021
81	1:09.05	L	P	Amy Botha	13	BAS	EKU	09/12/2021 EGA Summer Champs 2021
82	1:09.10	L	P	Rebecca Wolstenholme	13	AA	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
83	1:09.16	L	P	Daniëlla Müller	13	TUKS	TSH	29/03/2022 SA Regional Aquatic Champs 2022- N
84*	1:09.25	L	F	Donne Bruyns	13	MPA	EZD	26/03/2022 SA Schools Swimming Championship
84*	1:09.25	L	F	Kate-Lynn de Jager	AR	BLOT	MAN	17/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
86	1:09.39	L	P	Mila Vd Linde	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
87*	1:09.41	L	P	Sunny Huang	13	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
87*	1:09.41	L	P	Lucy Le Roux	13	ASAW CED	29/03/2022 SA Regional SNR & JNR Champs WC
89*	1:09.45	L	P	Lumka Ntaka	13	UMSH ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
89*	1:09.45	L	F	Rouxne Du Plessis	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
91	1:09.46	L	P	Athina Mc Colgan	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
92	1:09.63	L	P	Chloe Watson	13	PEAS NMA	18/02/2022 2022 Grand Prix 2 Invitational Meet Dt
93	1:09.68	L	F	Jessica Smith	13	SWIM1 JHB	03/12/2021 CGA LC Summer Champs - Level3+
94	1:09.71	L	F	Giselle Kemper	13	CYBE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
95	1:09.82	L	F	Lana Viljoen	13	ZASC FSH	08/10/2021 NTS October Combined Age Group
96	1:09.84	L	F	Zoë Goebel	13	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
97	1:09.93	L	P	Caitlin Scheepers	13	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20
98	1:09.95	L	F	Kayleigh Hahn	13	ROA EDD	12/11/2021 PEA Winter Gala Take 2
99	1:10.02	L	F	Macy Hains	13	INFA NMA	10/12/2021 NMBA Championships 2021
100	1:10.12	L	F	Jodi Boettger	13	USC BUF	29/01/2022 3rd A League Gala 2022
101*	1:10.14	L	F	Asia Kleinhans	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
101*	1:10.14	L	P	Hannah Sandilands	13	BAS EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
103	1:10.15	L	P	Jade O'Connor	13	AWIN FSH	15/12/2021 NTS Championships 2021
104	1:10.18	L	F	Wilmien Verbeek	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
105	1:10.25	L	P	Hannah Turner	13	SAAW CPT	07/12/2021 Western Cape LC-A Championship 20
106	1:10.26	L	P	Kingsley Greyling	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
107	1:10.30	L	F	Amy Calogridis	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
108	1:10.34	L	P	Anastasia Sequeira	13	DRGN EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Dt
109	1:10.37	L	P	Amy Aaron	13	WSTV ETH	05/02/2022 KZN Junior Championships 2021
110	1:10.41	L	P	Kemantha Ayair	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
111	1:10.47	L	F	Janca Hattingh	13	CSA EZD	29/10/2021 CANA Virtual Swimming Championship
112	1:10.48	L	P	Samantha Magava	13	DRGN EKU	09/12/2021 EGA Summer Champs 2021
113	1:10.50	L	P	Nakita Snyman	13	FLOD JHB	11/03/2022 SA Level 2 Regional Age Group Cham
114	1:10.54	L	F	Marlene Ward	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
115	1:10.63	L	P	Caitlin Govender	13	SGUL ETH	17/03/2022 SA Level 3 Regional Age Group Chan
116	1:10.64	L	P	Kelly Stork	13	MAC EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
117*	1:10.65	L	F	Georgia Gouws	13	BEST NMA	20/11/2021 2nd A League Gala 2021
117*	1:10.65	L	F	Anne Marais	13	TKS WBD	18/03/2022 SA Level 3 Regional Age Group Chan
119	1:10.67	L	P	Kelci Leech	13	BLSS MAN	08/12/2021 Free State Champs 2021
120	1:10.73	L	F	Amy O'Connor	13	CRSC JHB	04/02/2022 NTS February Age Group 14 & Under
121*	1:10.74	L	P	Emma Rossouw	13	QUIC CPT	07/12/2021 Western Cape LC-A Championship 20
121*	1:10.74	L	P	Charnè Landman	13	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
123	1:10.78	L	P	Mieke Van Der Walt	13	FISH EDD	17/03/2022 SA Level 3 Regional Age Group Chan
124	1:10.79	L	F	Zandile Sipuka	13	BEST NMA	16/10/2021 1st A League Gala 2021
125	1:10.86	L	F	Lily Ogden	13	BLTA NMA	12/11/2021 PEA Winter Gala Take 2
126	1:10.88	L	F	Rii Spoelstra	13	TUKS FSH	17/09/2021 NTS Age group September Level 2+3
127	1:10.93	L	F	Annebel Stewart	13	AZON ETH	17/03/2022 SA Level 3 Regional Age Group Chan
128	1:10.94	L	P	Suzanna Walsh	13	SAAW CPT	07/12/2021 Western Cape LC-A Championship 20
129	1:10.96	L	P	Jessica Sardinha	13	BAS EKU	09/12/2021 EGA Summer Champs 2021
130	1:11.10	L	P	Tehl-Cadi Day Garden	13	BLUO UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
131	1:11.13	L	P	Zine Mostert	13	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
132	1:11.27	L	F	Summer Ascieri	13	CYBE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
133	1:11.41	L	F	Zoe Ann Kruger	13	AQU ADJ	11/03/2022 SA Level 2 Regional Age Group Chan
134	1:11.42	L	P	Natania Komakech	13	ELEC JHB	03/12/2021 CGA LC Summer Champs - Level3+
135	1:11.49	L	F	Jaime Lee Roome	13	VRC FSH	22/10/2021 NTS October Level 1-3 Age Group
136	1:11.52	L	F	Dorette du Plessis	13	NWUC KKD	08/12/2021 NWS Championships 2020/2021
137	1:11.61	L	F	Hannah Naidoo	CR	BAYV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
138	1:11.77	L	P	Caitlyn Dube	13	MDOL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
139	1:11.90	L	F	Daniella Harcus	13	INFA NMA	20/11/2021 2nd A League Gala 2021
140*	1:11.91	L	F	Elizabeth Opperman	13	KTS	19/02/2022 Age Group 6 & SA Schools Select - K&
140*	1:11.91	L	F	Stacey Smith	13	PAC FSH	24/09/2021 NTS Age Group September SANJ+
142*	1:11.92	L	F	Jocelyn Cromhout	13	HARL BUF	17/03/2022 SA Level 3 Regional Age Group Chan
142*	1:11.92	L	P	Anzelle van Rooyen	13	DRGN EKU	18/03/2022 SA Level 3 Regional Age Group Chan
144	1:11.97	L	P	Nicola Olivier	13	HARB BPD	08/12/2021 NWS Championships 2020/2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
145	1:11.99	L	P	Lienke Van OS	13	BULS MAN	17/03/2022	SA Level 3 Regional Age Group Chan
146	1:12.00	L	F	Peta Mazery	13	SGUL ETH	30/10/2021	CANA Virtual Swimming Championships
147	1:12.01	L	P	Jemma Park	13	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
148	1:12.04	L	P	Danielle Van Vuuren	13	DDA TSH	18/03/2022	SA Level 3 Regional Age Group Chan
149	1:12.13	L	P	Danaleigh Swanepoel	13	TUKS TSH	15/12/2021	NTS Championships 2021
150	1:12.24	L	P	Leina Myburgh	13	PER JHB	18/03/2022	SA Level 3 Regional Age Group Chan
151*	1:12.31	L	F	Gabriella Fotheringham	13	SOUL EKU	28/01/2022	EGA Last Chance Gala
151*	1:12.31	L	P	Keira Holland	13	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
153	1:12.33	L	F	Jaime Maritz	13	NSAD EZD	07/01/2022	2022 Grand Prix Invitation Swimming I
154	1:12.40	L	P	Sarah Bruwer	13	MMD CPT	22/03/2022	SA Level 2 Regional Age Group Chan
155	1:12.43	L	F	Tia Mari Theron	13	TKS WBD	12/02/2022	Limpopo Champs
156	1:12.44	L	P	Mia Wellsted	13	HASC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
157	1:12.50	L	P	Anya Fernando	13	SASE JHB	11/03/2022	SA Level 2 Regional Age Group Cham
158	1:12.51	L	P	Sinoah Pretorius	13	TUKS TSH	15/12/2021	NTS Championships 2021
159	1:12.61	L	F	Lara Verhoef	13	VINE CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
160	1:12.65	L	F	Elrike du Plessis	13	FSAC BPD	08/12/2021	NWS Championships 2020/2021
161	1:12.69	L	P	Abigail Scheffer	13	PAC TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
162	1:12.75	L	P	Leané Gouws	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
163	1:12.82	L	F	Maya Ndegwa	13	ELEC JHB	11/03/2022	SA Level 2 Regional Age Group Cham
164	1:12.96	L	F	Megan Nieman	13	PSC TSH	04/02/2022	NTS February Age Group 14 & Under
165	1:12.98	L	P	Jaimee-Lee Marais	13	SWIFT EKU	18/03/2022	SA Level 3 Regional Age Group Chan
166	1:13.03	L	F	Anè Kemp	13	SWAR WCD	29/01/2022	West Coast Qualify Gala 2022
167	1:13.17	L	P	Megan Augustyn	13	ONYX EKU	09/12/2021	EGA Summer Champs 2021
168	1:13.19	L	P	Nisa Da Silva	13	TUKS TSH	18/03/2022	SA Level 3 Regional Age Group Chan
169	1:13.20	L	F	Johané Jv Rensburg	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
170	1:13.21	L	P	Mia Gerber	13	MATI CED	17/03/2022	SA Level 3 Regional Age Group Chan
171	1:13.29	L	P	Larissa Visagie	13	ASAC CPT	07/12/2021	Western Cape LC-A Championship 20
172	1:13.34	L	F	Jocelyn Cromhout	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
173	1:13.36	L	P	Chloe Petersen	13	GAUT	26/03/2022	SA Schools Swimming Championship
174	1:13.44	L	F	Kellen McLaren	13	SOUL EKU	28/01/2022	EGA Last Chance Gala
175	1:13.46	L	P	Emily Tsai	13	BLMA CPT	07/12/2021	Western Cape LC-A Championship 20
176	1:13.47	L	P	Amy-Lee Jones	13	BENS EKU	18/03/2022	SA Level 3 Regional Age Group Chan
177	1:13.51	L	F	Ayalakha Mokoena	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
178	1:13.52	L	P	Tayla Dowie	13	AA JHB	18/03/2022	SA Level 3 Regional Age Group Chan
179	1:13.53	L	P	Michaela Blaine	13	PEAS NMA	17/03/2022	SA Level 3 Regional Age Group Chan
180	1:13.55	L	P	Kiera Ruane	13	TUKS TSH	18/03/2022	SA Level 3 Regional Age Group Chan
181	1:13.57	L	P	Kayla Honey	13	ONYX EKU	11/03/2022	SA Level 2 Regional Age Group Cham
182	1:13.59	L	P	Ella Bradshaw	13	CRSC JHB	11/03/2022	SA Level 2 Regional Age Group Cham
183	1:13.61	L	P	Imke Els	13	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
184	1:13.63	L	P	Lelanie Buhr	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
185	1:13.64	L	P	Maria Outram	13	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group Chan
186	1:13.72	L	F	Tatiana Ioannides	13	BLSS MAN	23/10/2021	Otters Prestige Gala 2021
187	1:13.80	L	P	Sarah-Jane Mouton	13	HARL BUF	17/03/2022	SA Level 3 Regional Age Group Chan
188	1:13.84	L	P	Nikita Scruby	13	SGUL ETH	17/03/2022	SA Level 3 Regional Age Group Chan
189	1:13.85	L	F	Mari Wium	13	QSAW CED	19/02/2022	Swartland Invitational #2 2022
190*	1:13.89	L	P	Storme Badenhorst	13	MARL CPT	17/03/2022	SA Level 3 Regional Age Group Chan
190*	1:13.89	L	P	Jordan Wessels	13	ASA ILD	17/03/2022	SA Level 3 Regional Age Group Chan
192	1:13.91	L	F	Helena Pretorius	13	TKS WBD	12/02/2022	Limpopo Champs
193	1:13.95	L	P	Kayla Verbaan	13	KLOO ETH	05/02/2022	KZN Junior Championships 2021
194	1:13.96	L	F	Leane Muller	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
195	1:14.00	L	F	Emma Ralfe	13	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 20
196*	1:14.05	L	P	Cait Da Cunha	13	BON JHB	03/12/2021	CGA LC Summer Champs - Level3+
196*	1:14.05	L	P	Elisha Perumal	CR	BAYV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
198	1:14.11	L	P	Yvonne Pretorius	13	MPA EZD	26/03/2022	SA Schools Swimming Championship
199	1:14.16	L	P	Sandri Visser	13	PLAY CED	07/12/2021	Western Cape LC-A Championship 20
200	1:14.18	L	F	Nicola Schwartz	13	SPS BUF	08/02/2022	BCA Primary School Top 8
201	1:14.21	L	F	Taylor-Blake Van Tonder	13	ROA EDD	25/02/2022	Infinity Gala
202	1:14.22	L	P	Cambria Steyn	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
203	1:14.23	L	P	Kaylie Groenewald	13	SS MPD	11/03/2022	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
204	1:14.26	L	P	Emma Lategan	13	CUDU CPT	17/03/2022	SA Level 3 Regional Age Group Chan
205	1:14.31	L	F	Kaylin Bezuidenhoud	13	BLSS MAN	06/11/2021	Heidedal Gala
206	1:14.32	L	P	Nicole Van Zyl	13	CA EKU	18/03/2022	SA Level 3 Regional Age Group Chan
207	1:14.40	L	F	Wilona Erasmus	13	NWUC KKD	11/02/2022	NW Last Chance
208	1:14.65	L	F	Micke De Jager	LR	PSA ZLD	20/11/2021	KCDA November Age Group Gala 202
209	1:14.75	L	F	Lyuba van Niekerk	13	TUKS TSH	10/12/2021	2021 The Tshwane Mayoral Gala
210	1:14.88	L	F	Milena Pugliese	13	MMD CPT	04/12/2021	CTA Qualifying Meet
211	1:14.91	L	P	Shanna-Leigh Zeelie	13	BLMA CPT	17/03/2022	SA Level 3 Regional Age Group Chan
212	1:14.96	L	P	Chrystil Raymond	13	CSA EZD	18/03/2022	SA Level 3 Regional Age Group Chan
213	1:15.06	L	F	Tanika Du Plessis	13	TUKS TSH	22/10/2021	NTS October Level 1-3 Age Group
214*	1:15.07	L	F	Taylor Ririe	13	BLSS MAN	08/12/2021	Free State Champs 2021
214*	1:15.07	L	P	Leah Crozier	13	FAAC FB	17/03/2022	SA Level 3 Regional Age Group Chan
216	1:15.11	L	P	Chrisley Barnard	13	WSS FDD	08/12/2021	Free State Champs 2021
217	1:15.14	L	P	Ilze Hendriks	13	TOTIS ETH	11/03/2022	SA Level 2 Regional Age Group Chan
218	1:15.15	L	P	Liza Schoeman	13	RBOT BPD	08/12/2021	NWS Championships 2020/2021
219	1:15.18	L	P	Michaela Clegg	13	AZON ETH	11/03/2022	SA Level 2 Regional Age Group Chan
220	1:15.20	L	F	Nicole Norman	13	RPAC EKU	06/11/2021	OR TAMBO Soncini 2021
221*	1:15.25	L	P	Vera Chen	13	BLSS MAN	08/12/2021	Free State Champs 2021
221*	1:15.25	L	P	Miela Smit	13	AQUA BUF	17/03/2022	SA Level 3 Regional Age Group Chan
221*	1:15.25	L	P	Aisling McLean	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
221*	1:15.25	L	P	Mieka Wichmann	13	SEAL UMD	11/03/2022	SA Level 2 Regional Age Group Chan
225	1:15.27	L	P	Christi Serfontein	13	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20
226	1:15.31	L	F	Zante Young	13	RBUR BPD	08/12/2021	NWS Championships 2020/2021
227	1:15.34	L	F	Monique Van Zyl	13	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
228	1:15.36	L	P	Chloe Pieterse	13	CLSC WCD	17/03/2022	SA Level 3 Regional Age Group Chan
229	1:15.47	L	F	Imre' Bezuidenhout	13	PAC TSH	04/02/2022	NTS February Age Group 14 & Under
230	1:15.48	L	F	Gabriella Gericke	13	MMD CPT	22/03/2022	SA Level 2 Regional Age Group Chan
231	1:15.54	L	F	Mila Naudé	13	TUKS TSH	04/02/2022	NTS February Age Group 14 & Under
232	1:15.60	L	P	Makula Kyabayinze	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
233*	1:15.66	L	F	Ella Eldar	13	TUKS TSH	10/12/2021	2021 The Tshwane Mayoral Gala
233*	1:15.66	L	F	Teagan Hamer	13	INFA NMA	25/02/2022	Infinity Gala
235	1:15.82	L	P	Catherine Desilla	13	MDOL EKU	11/03/2022	SA Level 2 Regional Age Group Cham
236	1:15.85	L	F	Madison Hayes	13	TYGE CPT	08/10/2021	40th Freda Barnard Invitational Gala
237	1:15.96	L	P	Mia Vd Merwe	13	GREY CPT	17/03/2022	SA Level 3 Regional Age Group Chan
238	1:16.02	L	P	Esti Mouton	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
239	1:16.04	L	P	Jordan Riebeseel	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021
240	1:16.09	L	P	Sienna Wilensky	13	ASAC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
241	1:16.16	L	P	Sanelisiwe Dawe	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021
242	1:16.19	L	F	Ava-Loren Van Galen	13	BIOS CED	29/01/2022	West Coast Qualify Gala 2022
243	1:16.21	L	P	Zia Petersen	13	XSAQ CPT	17/03/2022	SA Level 3 Regional Age Group Chan
244	1:16.23	L	P	Zianè Jantzen	13	QUIC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
245	1:16.26	L	F	Chloe Jewell	13	PEAS NMA	10/12/2021	NMBA Championships 2021
246	1:16.28	L	F	Keera De Esclana	13	VRC TSH	04/02/2022	NTS February Age Group 14 & Under
247	1:16.30	L	P	Keanda Mokoena	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
248	1:16.34	L	F	Leigh Pijoo	13	BLMA CPT	22/03/2022	SA Level 2 Regional Age Group Chan
249	1:16.37	L	F	Kayla Vosloo	AR	BLOT MAN	23/10/2021	Otters Prestige Gala 2021
250	1:16.41	L	F	Ivana Vyncke	13	VRY ZLD	17/03/2022	SA Level 3 Regional Age Group Chan
251*	1:16.43	L	P	Maria Dos Santos	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
251*	1:16.43	L	F	Mia Bruwer	13	SS MPD	06/11/2021	Limpopo Age Group 5
253	1:16.47	L	P	Mila Petrak	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
254*	1:16.54	L	F	Lungiswa Grootboom	13	SWAR WCD	22/03/2022	SA Level 2 Regional Age Group Chan
254*	1:16.54	L	P	Andria Le Roux	13	JAQ EKU	11/03/2022	SA Level 2 Regional Age Group Cham
256	1:16.60	L	F	Anne Steyl	13	PRKA PS	05/02/2022	NCASA Sprints Gala 2022
257	1:16.61	L	F	Charlee Davis	13	RAV EKU	28/01/2022	EGA Last Chance Gala
258	1:16.63	L	P	Esther Sauls	13	PGAC EKU	11/03/2022	SA Level 2 Regional Age Group Cham
259*	1:16.70	L	F	Lara Louw	13	BLNE MAN	25/02/2022	Neptune last chance gala
259*	1:16.70	L	F	Ashley Seymour	13	WSS FDD	22/03/2022	SA Level 2 Regional Age Group Cham
261	1:16.80	L	P	Taylor Dukes	13	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
262	1:16.86	L	P	Katey Nel	13	SOUL EKU	18/03/2022	SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
263	1:16.90	L	F	Jaimee-Lee Wenham	13	WSTV	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
264	1:17.08	L	F	Tshenolo Ntsie	13	TUKS	FSH	22/10/2021	NTS October Level 1-3 Age Group
265	1:17.09	L	P	Simonè Schonken	13	SS	MPD	11/03/2022	SA Level 2 Regional Age Group Cham
266	1:17.12	L	F	Annika Potgieter	13	POTC	KKD	22/03/2022	SA Level 2 Regional Age Group Cham
267*	1:17.21	L	F	Esther Sullivan	13	WSTV	ETH	03/12/2021	WSC & Seals Summer LC Champs 20
267*	1:17.21	L	P	Daniela Colyn	13	ONYX	EKU	09/12/2021	EGA Summer Champs 2021
269	1:17.30	L	F	Megan Webster	13	RFA	FSH	22/10/2021	NTS October Level 1-3 Age Group
270	1:17.39	L	P	Micaela Mutooni	13	ELEC	JHB	11/03/2022	SA Level 2 Regional Age Group Cham
271	1:17.50	L	P	Jacoline Crous	13	SWAR	WCD	17/03/2022	SA Level 3 Regional Age Group Chan
272	1:17.52	L	F	Izolde Lombard	13	ASAC	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
273	1:17.66	L S	F	Kate Allwood	13	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
274	1:17.68	L	F	Jessica Bosman	13	QUIC	CPT	30/10/2021	CANA Virtual Swimming Championship
275	1:17.73	L	F	Likhanye Jamjam	13	BEST	NMA	20/11/2021	2nd A League Gala 2021
276	1:17.81	L	P	Izabella Alevras	13	AAS	JHB	11/03/2022	SA Level 2 Regional Age Group Cham
277	1:17.87	L	P	Buhle Mahlalela	13	UNI	EZD	11/03/2022	SA Level 2 Regional Age Group Cham
278	1:17.97	L	P	Carmen Du Toit	13	INFA	NMA	17/03/2022	SA Level 3 Regional Age Group Chan
279	1:18.04	L	P	Jessica Carrol	13	BLMA	CPT	22/03/2022	SA Level 2 Regional Age Group Chan
280	1:18.12	L	F	Sian Kleynhans	13	KALA		05/02/2022	NCASA Sprints Gala 2022
281	1:18.14	L	P	Mea Harding	13	BAS	EKU	09/12/2021	EGA Summer Champs 2021
282	1:18.25	L	P	Ogalaletseng Khosana	13	TUKS	FSH	11/03/2022	SA Level 2 Regional Age Group Cham
283	1:18.40	L	P	Emily Serman	13	BON	JHB	03/12/2021	CGA LC Summer Champs - Level3+
284	1:18.42	L	P	Gemma Caminsky	13	OLDE	JHB	18/03/2022	SA Level 3 Regional Age Group Chan
285	1:18.51	L	F	Zelmary Van der Walt	13	AQU	ADJ	11/03/2022	SA Level 2 Regional Age Group Chan
286	1:18.76	L	P	Emma Davies	13	BAS	EKU	18/03/2022	SA Level 3 Regional Age Group Chan
287	1:18.77	L	F	Kganya Mashigo	13	PAC	FSH	04/02/2022	NTS February Age Group 14 & Under
288	1:18.87	L	P	Mia Crookham	13	TYGE	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
289	1:18.88	L	F	Jorja De Beer	13	VINE	CPT	30/10/2021	CANA Virtual Swimming Championship
290	1:18.99	L	P	Jessica Carver	13	ELEC	JHB	18/03/2022	SA Level 3 Regional Age Group Chan
291	1:19.00	L	F	Abby Novos	13	ASAC	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
292	1:19.04	L	F	Georgia Alston	13	SASE	JHB	04/02/2022	NTS February Age Group 14 & Under
293	1:19.08	L	F	Esmarie Terblanche	13	HTSA	CPT	22/03/2022	SA Level 2 Regional Age Group Chan
294	1:19.10	L	F	Aurelia Pretorius	13	SSISA	CPT	04/12/2021	CTA Qualifying Meet
295	1:19.15	L	F	Ebenette Van Niekerk	13	FISHS	EDD	19/11/2021	Eden LC Champs 2021
296	1:19.40	L	P	Amelie Van der Merwe	13	RFA	FSH	11/03/2022	SA Level 2 Regional Age Group Cham
297	1:19.44	L	P	Gabriella Lobban	13	CRSC	JHB	11/03/2022	SA Level 2 Regional Age Group Cham
298	1:19.47	L	F	Simone Cussons	13	CSA	EZD	11/02/2022	MP SA SCHOOLS TRIALS 11-12 FEB
299	1:19.50	L	P	Isabè Van Dyk	13	CUHE	OBD	22/03/2022	SA Level 2 Regional Age Group Chan
300	1:19.56	L	P	Dorethe Meyer	AR	BLOT	MAN	08/12/2021	Free State Champs 2021
301	1:19.60	L	P	Richelle Rothmann	13	AQU	ADJ	17/03/2022	SA Level 3 Regional Age Group Chan
302	1:19.68	L	F	Jonea Pretorius	13	SS	MPD	16/10/2021	Limpopo Age Group 4
303	1:19.73	L	F	Leanke Voigt	13	JAQ	EKU	02/10/2021	Frank Gray Memorial Championships :
304	1:19.81	L	P	Deoné Borstlap	13	POTC	KKD	17/03/2022	SA Level 3 Regional Age Group Chan
305	1:19.90	L	F	Ingrid Van Loggerenberg	13	TUKS	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
306	1:19.95	L	F	Caitlyn Arendse	13	TUKS	FSH	18/02/2022	NTS Combined February Age Group G
307	1:20.15	L	F	Rienke Blignaut	13	WSS	FDD	19/02/2022	Bull-Sharks Gala
308	1:20.32	L	P	Nieke Breytenbach	KR	BLOT	MAN	22/03/2022	SA Level 2 Regional Age Group Cham
309	1:20.34	L	F	Megan Van den Heever	13	WRP	EZD	11/02/2022	MP SA SCHOOLS TRIALS 11-12 FEB
310	1:20.37	L	F	Bianca O'Kennedy	13	CUDU	CPT	22/03/2022	SA Level 2 Regional Age Group Chan
311	1:20.40	L	F	Minke Labuscagne	13	BLSS	MAN	16/10/2021	Bull-Sharks Gala
312	1:20.41	L	F	Lara Wink	13	VINE	CPT	30/10/2021	CANA Virtual Swimming Championship
313	1:20.47	L	F	Lana Koegelenberg	13	ONYX	EKU	18/09/2021	EGA Summer 1
314	1:20.52	L	P	Jesse Mather-Pike	13	BLUO	UGD	11/03/2022	SA Level 2 Regional Age Group Chan
315	1:20.59	L	P	Abby Tribe	13	TCA	EKU	09/12/2021	EGA Summer Champs 2021
316	1:20.66	L	P	Amelie Brügers	13	VINE	CPT	17/03/2022	SA Level 3 Regional Age Group Chan
317	1:20.71	L	F	Cara Francis	13	DDA	FSH	04/02/2022	NTS February Age Group 14 & Under
318	1:20.91	L	P	Eireann De Wltte	13	TCA	EKU	09/12/2021	EGA Summer Champs 2021
319	1:20.92	L	F	Zara Carrie	13	LINR	JHB	03/12/2021	CGA LC Summer Champs - Level 2
320	1:21.10	L	F	Jacy Brand	13	SWAR	WCD	19/02/2022	Swartland Invitational #2 2022
321	1:21.36	L	F	Jorja Turner	13	VINE	CPT	30/10/2021	CANA Virtual Swimming Championship

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
322	1:21.39	L	P	Aime' Heydricks	13	BLUO	UGD	11/03/2022 SA Level 2 Regional Age Group Chan
323	1:21.48	L	F	Kate Best	13	CSC	FSH	17/09/2021 NTS Age group September Level 2+3
324	1:21.52	L	P	Kailyn Roopchand	13	PSCP	UMD	11/03/2022 SA Level 2 Regional Age Group Chan
325	1:21.59	L	P	Nina Van Tonder	13	WOAQ	GED	22/03/2022 SA Level 2 Regional Age Group Chan
326	1:21.65	L	P	Taegon Gunkel	13	BEAV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
327	1:21.74	L	F	Carli Dippenaar	13	ROA	EDD	12/02/2022 EDEN 5th A-League Gala 2022
328	1:21.79	L	F	Emily Gebhardt	13	BIOS	GED	13/11/2021 Winelands SL Final
329	1:21.82	L	F	Amylee Holtzhausen	13	SEAL	UMD	30/10/2021 CANA Virtual Swimming Championship
330	1:22.01	L	F	Morgan Meyer	13	ESP	EKU	18/09/2021 EGA Summer 1
331	1:22.09	L	P	Owami Mthethwa	13	VRY	ZLD	05/02/2022 KZN Junior Championships 2021
332	1:22.12	L	F	Zoie Cloete	13	CLSC	WCD	12/11/2021 Swartland Invitational Gala 2021
333	1:22.19	L	P	Tanasha Barnes	13	DRGN	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
334	1:22.20	L	P	McKayla Moodley	13	BEAV	ETH	05/02/2022 KZN Junior Championships 2021
335*	1:22.23	L	F	Dalya Swartz	13	MDOL	EKU	28/01/2022 EGA Last Chance Gala
335*	1:22.23	L	F	Sune von Wielligh	13	KTS		22/03/2022 SA Level 2 Regional Age Group Cham
337	1:22.34	L	F	Hannah Coert	13	MANT	CPT	12/11/2021 Swartland Invitational Gala 2021
338	1:22.42	L	F	Judy Stevens	13	QUIC	CPT	08/10/2021 40th Freda Barnard Invitational Gala
339*	1:22.59	L	F	Emma Swart	13	KNYA	EDD	08/10/2021 40th Freda Barnard Invitational Gala
339*	1:22.59	L	F	Kate Savage	13	VINE	CPT	30/10/2021 CANA Virtual Swimming Championship
341	1:22.62	L	F	Alida Louw	13	UPSK		19/11/2021 Age Group 3 - Upington 2021
342	1:22.64	L	P	Rachel Watermeyer	13	SEAL	UMD	05/02/2022 KZN Junior Championships 2021
343	1:22.83	L	F	Zine Ferns	13	ACAQ	CCD	16/10/2021 Limpopo Age Group 4
344	1:22.86	L	F	Anè Cloete	13	QUIC	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
345*	1:22.94	L	F	Shyenne Laubscher	13	WELA	FDD	19/02/2022 Bull-Sharks Gala
345*	1:22.94	L	P	Tatum Sanderson	13	SOWE	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
347	1:23.01	L	F	Mekayla Pretorius	13	HWSK		08/12/2021 Champs 2021
348	1:23.12	L	F	Taylor Emslie	13	HPPS	BUF	08/02/2022 BCA Primary School Top 8
349	1:23.14	L	P	Megan Neizel	13	PSCP	UMD	05/02/2022 KZN Junior Championships 2021
350	1:23.32	L	F	Leila Schenk	13	USC	BUF	18/03/2022 SA Level 2 Regional Age Group Cham
351	1:23.37	L	F	Ilanze du Plessis	13	BULS	MAN	23/10/2021 Otters Prestige Gala 2021
352	1:23.39	L	P	Madison Pike	13	PSCP	UMD	11/03/2022 SA Level 2 Regional Age Group Chan
353	1:23.41	L	F	Logan Francke	13	RBOT	BPD	11/02/2022 NW Last Chance
354	1:23.48	L	F	Anja Koen	13	HARB	BPD	16/10/2021 NWS Age Group 1&2
355	1:23.66	L	F	Mignon Burger	13	SWAR	WCD	19/02/2022 Swartland Invitational #2 2022
356	1:23.84	L	F	Amy Burrell	13	PEAS	NMA	25/02/2022 Infinity Gala
357	1:24.09	L	F	Julie Kockott	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
358*	1:24.41	L	F	Tayla Gerber	13	AWSC	JHB	03/12/2021 CGA LC Summer Champs - Level 2
358*	1:24.41	L	P	Tayla Ferreira	13	ESTR	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
360	1:24.45	L	P	Cleo May	13	MARL	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
361	1:24.68	L	F	Tenè Louw	13	BLMA	CPT	30/10/2021 CANA Virtual Swimming Championship
362	1:24.84	L	F	Helena Van Vuuren	13	KALA		08/12/2021 Champs 2021
363	1:24.90	L	F	Hannah Jacobs	13	MANT	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
364	1:24.99	L	P	Catherine O'Grady	13	EXA	EZD	03/12/2021 Mpumalanga Championships 2021
365	1:25.61	L	F	Gita Hildebrand	13	KNYJ	EDD	29/01/2022 EDEN 4th A-League Gala 2022
366	1:25.81	L	F	Shayla Harvey	13	WSTV	ETH	03/12/2021 WSC & Seals Summer LC Champs 20
367	1:25.99	L	P	Kara Du Preez	13	CSA	EZD	03/12/2021 Mpumalanga Championships 2021
368	1:26.09	L	F	Kuzinsca Siranza	13	CAMB	BUF	08/02/2022 BCA Primary School Top 8
369	1:26.15	L	F	Anmi Slabbert	13	PAQU	GED	08/10/2021 40th Freda Barnard Invitational Gala
370	1:26.25	L	F	Hayley Diedericks	13	FRA	UHD	05/03/2022 KCDA Level 1 Champs 2022
371	1:26.26	L	F	Sinalo Ndlovu	13	UMSH	ETH	03/12/2021 WSC & Seals Summer LC Champs 20
372	1:26.39	L	F	Cyan van Den Berg	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
373	1:26.41	L	F	Riley Koegelenberg	13	ASAC	CPT	30/10/2021 CANA Virtual Swimming Championship
374	1:26.43	L	P	Onkaribile Molamu	13	MATL	KKD	22/03/2022 SA Level 2 Regional Age Group Cham
375	1:26.60	L	F	Cesca Nel	13	SS	MPD	16/10/2021 Limpopo Age Group 4
376	1:26.78	L	F	Kendra Lai Thom	13	ELEC	JHB	17/10/2021 2021 AG Swim Stars Champs & OR T
377	1:26.90	L	P	Lwazi Mqeke	13	WELA	FDD	08/12/2021 Free State Champs 2021
378	1:26.92	L	F	Lehanra Greeff	13	HARB	BPD	02/10/2021 Frank Gray Memorial Championships :
379	1:26.98	L	F	Jocke Coetzee	13	KALA		21/01/2022 Flamingo Gala 2022
380	1:27.16	L	F	Selente Oosthuysen	13	HARB	BPD	04/02/2022 NTS February Age Group 14 & Under

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
381	1:27.53	L	F	Sadie Jelley	13	PAC FSH	04/02/2022 NTS February Age Group 14 & Under
382	1:27.62	L	F	Carla Carolus	13	XSAQ CPT	30/10/2021 CANA Virtual Swimming Championship
383	1:28.98	L	F	Zadie Van Wyk	13	TRAZ FSH	08/10/2021 NTS October Combined Age Group
384	1:29.03	L	F	Elizabeth Du Plessis	13	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021
385	1:29.09	L	F	Micaila Hegter	13	BLSS MAN	02/10/2021 Frank Gray Memorial Championships ;
386	1:29.16	L	F	Maya McCollum	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
387	1:29.28	L	F	Anna Gardner	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
388	1:29.29	L	F	Lisa van der Westhuizen	13	POTC KKD	11/02/2022 NW Last Chance
389	1:29.45	L	F	Chrisna Du Plessis	13	KALA	21/01/2022 Flamingo Gala 2022
390	1:29.78	L	F	Lutfiyya Sheik	13	AQSC UMD	30/10/2021 CANA Virtual Swimming Championship
391	1:30.15	L	F	Carme Louw	13	TASC MPD	12/02/2022 Limpopo Champs
392	1:30.25	L	P	Kgothatso Tsebe	13	STAR BPD	22/03/2022 SA Level 2 Regional Age Group Cham
393	1:30.63	L	F	Khano Mudau	13	TUKS FSH	02/10/2021 NTS Level 1 Age Group September
394	1:31.26	L	F	Olivia Van der Nest	13	KSC EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.
395	1:31.37	L	F	Gabrielle Kramer	13	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
396	1:32.00	L	F	Alea Du Toit	13	BLMA CPT	30/10/2021 CANA Virtual Swimming Championship
397	1:32.14	L	F	Laila Davidson	13	FISHS EDD	12/02/2022 EDEN 5th A-League Gala 2022
398	1:32.53	L	F	Hermien Schwarzer	13	FRA UHD	04/12/2021 Stingrays Swim Club Championships 2
399	1:32.56	L	F	Thaania Omar	13	WALM CPT	30/10/2021 CANA Virtual Swimming Championship
400	1:32.57	L	F	Paxton Rankin	13	TLAC BPD	02/10/2021 Frank Gray Memorial Championships ;
401	1:32.64	L	P	Hannah Watson	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
402	1:33.25	L	F	Lisa Senekal	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
403	1:33.33	L	F	Naseerah Vd Merwe	13	WEST CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
404	1:33.41	L	F	Hannah van Der Veen	13	SPS BUF	08/02/2022 BCA Primary School Top 8
405	1:33.46	L	F	Kayla Welgemoed	13	VALS FDD	06/11/2021 Heidedal Gala
406	1:33.85	L	P	Veera Khusal	13	BON JHB	11/03/2022 SA Level 2 Regional Age Group Cham
407	1:34.15	L	F	Rylie Smith	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
408	1:34.52	L	P	Bokamoso Imasiku	13	TLAC BPD	22/03/2022 SA Level 2 Regional Age Group Cham
409	1:34.66	L	F	Gemma van der Merwe	13	PGAC EKU	06/03/2022 SSA Regional Level 1 Championships
410	1:34.85	L	F	Kirsten Campbell	13	WALM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
411	1:35.04	L	F	Andrea De Boer	13	TRAZ FSH	08/10/2021 NTS October Combined Age Group
412	1:35.21	L	F	Iseabel Laubsher	13	BLMA CPT	04/12/2021 CTA Qualifying Meet
413	1:35.31	L	F	Karla Odendaal	13	TYGE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
414	1:35.64	L	F	Gabrielle Assam	13	HARL BUF	10/12/2021 BCA Long Course Championships 202
415	1:35.73	L	F	Amariah Singh	13	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
416	1:36.52	L	P	Ilse Roos	13	EXA EZD	03/12/2021 Mpumalanga Championships 2021
417	1:36.72	L	F	Shaelyn Lawson	13	CAMPB BUF	08/02/2022 BCA Primary School Top 8
418	1:36.94	L	F	Danelle Conradie	13	HWSK	06/11/2021 Age Group 1 & 2 - Kimberley
419	1:37.52	L	F	Abigail Cullen	13	WELA FDD	19/02/2022 Bull-Sharks Gala
420	1:37.63	L	F	Olwakhe Godlo	13	WELA FDD	25/02/2022 Neptune last chance gala
421	1:37.78	L	P	Zoë Pierce	13	ESTR EKU	09/12/2021 EGA Summer Champs 2021
422	1:38.82	L	F	Caitlyn Mthembu	13	PRIO NMA	19/02/2022 EC Provincial Schools Gala
423	1:39.32	L	F	Naomi-Jane Kleinsmith	13	KHAY CPT	30/10/2021 CANA Virtual Swimming Championship
424	1:40.05	L	P	Khwezi Khaba	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
425	1:41.33	L	P	Tamasa Nhlangulela	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
426	1:41.34	L	F	Helen Sickles	13	KALA	19/02/2022 Age Group 6 & SA Schools Select - Ke
427	1:41.98	L	F	Mieké Schlebusch	13	HWSK	20/11/2021 Age Group 3 - Kimberley
428	1:42.69	L	F	Asmaa Bonnasse	13	ELRAS WBD	16/10/2021 Limpopo Age Group 4
429	1:43.83	L	F	Nazley Jacobs	13	ISSC NMD	13/11/2021 NWS Age Group 3 2021/22
430	1:44.56	L	F	Alaynah Bhamjee	13	ATLA JHB	06/03/2022 SSA Regional Level 1 Championships
431	1:44.82	L	F	Lesedi-Lere Themba	13	ESP EKU	06/03/2022 SSA Regional Level 1 Championships
432	1:45.54	L	P	Elandri Piek	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
433	1:45.93	L	F	Sophia Le Roux	13	TLAC BPD	16/10/2021 NWS Age Group 1&2
434	1:46.10	L	F	Cleoné Stone	13	CUHE OBD	12/11/2021 Swartland Invitational Gala 2021
435	1:46.49	L	F	Lyrece Louw	13	SOUL EKU	17/10/2021 2021 AG Swim Stars Champs & OR T
436	1:48.39	L	F	Ambeswa Peter	13	WILL NMA	12/03/2022 Level 1 Intra District Age Group Gala 2
437	1:49.30	L	P	Shannon Rautenbach	13	UNI EZD	03/12/2021 Mpumalanga Championships 2021
438	1:51.60	L	F	Ayanda Luthuli	13	USH UHD	05/03/2022 KCDA Level 1 Champs 2022
439	1:59.62	L	F	Alana Shell	13	TLAC BPD	16/10/2021 NWS Age Group 1&2

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
440	2:21.28 L	F	Mbali Mahlangu	13	ATTE FSH	06/03/2022	SSA Regional Level 1 Championships	
441	2:24.14 L	F	Tshegofatso Modupe	13	USHAK EKU	06/03/2022	SSA Regional Level 1 Championships	
442	2:29.25 L	F	Musa Mahlangu	13	ESP EKU	06/11/2021	OR TAMBO Soncini 2021	
Women 13-13 200 Free								
1	2:12.06 L	F	Lara Gouws	13	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
2	2:14.32 L	F	Jaime Mote	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
3	2:15.10 L	F	Scarlett Le Roux	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ	
4	2:16.59 L	F	Me-Kayla Rew	13	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
5	2:17.80 L S	F	Ruth Dredge	13	PAC FSH	15/12/2021	NTS Championships 2021	
6	2:19.27 L	F	Jaime Mote	13	INFA NMA	25/02/2022	Infinity Gala	
7	2:19.29 L	F	Kayla Gous	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
8	2:19.34 L	F	Karla Myburgh	13	BEST NMA	12/11/2021	PEA Winter Gala Take 2	
9	2:19.37 L	F	Kendra Begley	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
10	2:19.67 L	F	Emily Palmer	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
11	2:20.09 L	F	Jenna Coetzee	13	INFA NMA	12/11/2021	PEA Winter Gala Take 2	
12	2:20.15 L	F	Madison du Plessis	AR	BLOT MAN	17/12/2021	2021 KZNA Premier Provincial Champ	
13	2:20.33 L	F	Maria Steyn	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
14	2:22.41 L	F	Mareze Frylinck	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
15	2:23.00 L	F	Erin Joubert	13	KLOO ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
16	2:23.32 L	F	Rachel Hinckley	13	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N	
17	2:23.76 L	F	Jesse-Leah Laderach	13	PEAS NMA	29/03/2022	SA Regional SNR & JNR Champs WC	
18	2:23.90 L	F	Simone Vd Merwe	13	PAQU CED	12/11/2021	PEA Winter Gala Take 2	
19	2:24.09 L	F	Kathleen Welsh	13	MSC NGD	29/10/2021	CANA Virtual Swimming Championship	
20	2:24.21 L	P	Grace Powell	13	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
21	2:24.39 L	F	Corli Liversage	13	BLSS MAN	29/01/2022	EDA Age Group Gala 4	
22	2:24.42 L	F	Gemma Goncalves	13	STSC UJD	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
23	2:24.48 L	P	Angel Williams	13	GSA CPT	07/12/2021	Western Cape LC-A Championship 20	
24*	2:25.19 L	F	Naledi Thobeha	13	QUIC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
24*	2:25.19 L	F	Cathrijn Davel	13	MSC NGD	29/03/2022	SA Regional Aquatic Champs 2022- N	
26	2:25.31 L	F	Phillippa Stevens	13	INFA NMA	10/12/2021	NMBA Championships 2021	
27	2:25.44 L	F	Jessica Carrol	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship	
28	2:25.54 L	P	Asia Kleinhans	13	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20	
29	2:25.75 L	F	Chloe Olivier	13	SOUL EKU	29/03/2022	SA Regional Aquatic Champs 2022- N	
30	2:25.79 L	F	Georgia Gouws	13	BEST NMA	25/02/2022	Infinity Gala	
31	2:25.83 L	P	Danielle Harbron	13	NCA	06/04/2022	SA National Aquatic SNR-JNR Champ	
32	2:25.84 L	P	Leila Yazbek	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ	
33	2:25.94 L	F	Emily Liebenberg	13	SWAR WCD	29/03/2022	SA Regional SNR & JNR Champs WC	
34	2:26.13 L	P	Savannah Mostert	13	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
35	2:26.32 L	F	Moya Steer	13	KZNS ET	26/03/2022	SA Schools Swimming Championship	
36	2:26.40 L	P	Hannah Burke	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
37	2:26.51 L	F	Hannah Sandilands	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2022	
38	2:27.08 L	F	Alika Vd Merwe	13	TUKS FSH	24/09/2021	NTS Age Group September SANJ+	
39	2:27.35 L	P	Anri Van Der Westhuizen	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ	
40	2:27.45 L	P	Danielle Cronjè	13	GSA CPT	07/12/2021	Western Cape LC-A Championship 20	
41*	2:27.46 L	F	Genevieve Christensen	13	ACSA ETH	05/02/2022	KZN Junior Championships 2021	
41*	2:27.46 L	P	Moya Steer	13	SEAL UMD	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
43	2:27.63 L	F	Ashley Scholtz	13	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N	
44	2:27.64 L	P	Stephanie Jurado	13	SSISA CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet Du	
45	2:27.72 L	P	Amy Botha	13	BAS EKU	09/12/2021	EGA Summer Champs 2021	
46	2:27.74 L	F	Madisynn Elliott	13	LINR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N	
47	2:27.79 L	F	Leeya Amon	13	TYGE CPT	08/10/2021	40th Freda Barnard Invitational Gala	
48	2:28.17 L S	F	Gabrielle Hobson	13	TUKS FSH	15/12/2021	NTS Championships 2021	
49	2:28.28 L	F	Araya de Waal	13	ONYX EKU	18/03/2022	SA Level 3 Regional Age Group Chan	
50	2:28.37 L	F	Daniëlla Müller	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan	
51	2:28.42 L	P	Caitlin Scheepers	13	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20	
52	2:28.61 L	F	Macy Hains	13	INFA NMA	10/12/2021	NMBA Championships 2021	
53*	2:28.68 L	P	Sophie Hudson	13	WATR JHB	07/12/2021	Western Cape LC-A Championship 20	
53*	2:28.68 L	P	Elne Reynolds	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
55	2:29.19 L	P	Veronique Rieker	13	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- N	

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56	2:29.25	L	F	Zandri Knoetze	13	INFA NMA	17/03/2022 SA Level 3 Regional Age Group Chan
57	2:29.31	L	F	Giselle Kemper	13	CYBE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
58	2:29.45	L	P	Amy Combrink	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
59	2:29.53	L	P	Jessica Sardinha	13	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
60	2:29.64	L	F	Milri-Ann Summerton	13	NWUC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
61	2:29.70	L	F	Paige Edmundson	13	SASE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
62	2:29.73	L	F	Carine Röntgen	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
63	2:29.74	L	P	Katelyn Fourie	13	JAQ EKU	09/12/2021 EGA Summer Champs 2021
64	2:29.90	L	P	Caibella Oliver	13	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20
65	2:30.04	L	F	Amy O'Connor	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
66	2:30.06	L	F	René Kotzé	13	POTC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
67	2:30.16	L	F	Robyn Barbour	13	ESP EKU	18/02/2022 EGA Lets Race 2022
68	2:30.17	L	F	Kiara Banks	13	TUKS FSH	14/01/2022 NTS January 2022 Combined Age Grc
69	2:30.19	L	P	Leia Braithwaite	13	SGUL ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
70	2:30.22	L	F	Chloe Watson	13	PEAS NMA	10/12/2021 NMBA Championships 2021
71	2:30.23	L	P	Paige Jacobs	13	FAAC FB	30/03/2022 SA Regional Aquatic JNR-Senior Cha
72	2:30.52	L	P	Kate-Lynn de Jager	AR	BLOT MAN	17/03/2022 SA Level 3 Regional Age Group Chan
73	2:30.83	L	F	Jemma Pearse	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
74	2:31.21	L	P	Abigail Roberts	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
75	2:31.42	L	F	Anastasia Sequeira	13	DRGN EKU	09/12/2021 EGA Summer Champs 2021
76	2:31.57	L	F	Kayleigh Hahn	13	ROA EDD	12/11/2021 PEA Winter Gala Take 2
77	2:31.76	L	F	Lumka Ntaka	13	UMSH ETH	17/12/2021 2021 KZNA Premier Provincial Champ
78	2:31.83	L	F	Lily Ogden	13	BLTA NMA	17/03/2022 SA Level 3 Regional Age Group Chan
79	2:32.05	L	F	Wilmien Verbeek	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
80	2:32.35	L	F	Mila Vd Linde	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
81	2:32.38	L	F	Mieke Van Der Walt	13	FISH EDD	17/03/2022 SA Level 3 Regional Age Group Chan
82	2:32.73	L	P	Athina Mc Colgan	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
83	2:32.78	L	P	Lucy Le Roux	13	ASAW CED	07/12/2021 Western Cape LC-A Championship 20
84	2:32.79	L	P	Rii Spoelstra	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
85	2:32.81	L	F	Daniella Harcus	13	INFA NMA	20/11/2021 2nd A League Gala 2021
86	2:32.89	L	F	Keira Holland	13	CRSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
87	2:32.93	L	F	Mieke Vd Wal	13	BARR CPT	08/10/2021 40th Freda Barnard Invitational Gala
88	2:33.09	L	F	Isabella Els	13	INFA NMA	10/12/2021 NMBA Championships 2021
89*	2:33.17	L	F	Karmen Van Rensburg	13	NHS EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
89*	2:33.17	L	P	Suzanna Walsh	13	SAAW CPT	07/12/2021 Western Cape LC-A Championship 20
91	2:33.31	L	P	Lily Durant	13	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
92	2:33.36	L	F	Jana Swiegers	13	TUKS FSH	04/02/2022 NTS February Age Group 14 & Under
93	2:33.43	L	P	Sunny Huang	13	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
94	2:33.52	L	F	Danielle Van Vuuren	13	DDA FSH	18/03/2022 SA Level 3 Regional Age Group Chan
95	2:33.60	L	F	Michaela Nell	13	WATR JHB	18/03/2022 SA Level 3 Regional Age Group Chan
96	2:33.87	L	F	Rouxne Du Plessis	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
97	2:34.52	L	F	Kemantha Ayair	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
98	2:34.61	L	P	Ilanthy Moolman	13	MSC NGD	18/03/2022 SA Level 3 Regional Age Group Chan
99	2:34.67	L	P	Emma Neethling	13	FISH EDD	29/03/2022 SA Regional SNR & JNR Champs WC
100	2:34.69	L	P	Jocelyn Cromhout	13	HARL BUF	17/03/2022 SA Level 3 Regional Age Group Chan
101	2:34.74	L	P	Charnè Landman	13	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
102	2:34.84	L	F	Kailey Joubert	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
103	2:35.05	L S	P	Jade O'Connor	13	AWIN FSH	15/12/2021 NTS Championships 2021
104	2:35.51	L	F	Emma Rossouw	13	QUIC CPT	08/10/2021 40th Freda Barnard Invitational Gala
105	2:35.95	L	F	Kelly Stork	13	MAC EKU	12/11/2021 EGA Summer 4
106	2:36.00	L	F	Hannah Naidoo	CR	BAYV ETH	17/12/2021 2021 KZNA Premier Provincial Champ
107	2:36.05	L	F	Janca Hattingh	13	NHS EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
108	2:36.21	L	F	Leané Gouws	13	HREF BPD	08/12/2021 NWS Championships 2020/2021
109	2:36.39	L	F	Amy Calogridis	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
110	2:37.34	L	P	Stacey Smith	13	PAC FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
111	2:37.59	L	F	Kendra Matthysen	13	SSISA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
112	2:37.63	L	P	Hannah Turner	13	SAAW CPT	07/12/2021 Western Cape LC-A Championship 20
113	2:37.83	L	F	Peta Mazery	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
114	2:38.07	L	P	Donne Bruyns	13	CSA EZD	18/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
115	2:38.34	L	P	Caitlin Govender	13	SGUL	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
116	2:39.17	L	P	Kellen McLaren	13	SOUL	EKU	09/12/2021 EGA Summer Champs 2021
117	2:39.24	L	P	Storme Badenhorst	13	MARL	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
118	2:39.31	L	P	Samantha Magava	13	DRGN	EKU	09/12/2021 EGA Summer Champs 2021
119	2:40.09	L	F	Johané Jv Rensburg	13	TUKS	FSH	11/03/2022 SA Level 2 Regional Age Group Cham
120	2:40.43	L	P	Lienke Van OS	13	BULS	MAN	17/03/2022 SA Level 3 Regional Age Group Chan
121	2:40.57	L	P	Jemma Park	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
122	2:40.70	L	F	Nicole Van Zyl	13	CA	EKU	12/11/2021 EGA Summer 4
123	2:40.76	L	F	Chloe Petersen	13	TUKS	FSH	18/02/2022 NTS Combined February Age Group C
124	2:40.93	L S	P	Danaleigh Swanepoel	13	TUKS	FSH	15/12/2021 NTS Championships 2021
125	2:41.50	L	P	Amy-Lee Jones	13	BENS	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
126	2:41.53	L	P	Jaimee-Lee Marais	13	SWIFT	EKU	09/12/2021 EGA Summer Champs 2021
127	2:41.57	L	P	Emily Tsai	13	BLMA	CPT	07/12/2021 Western Cape LC-A Championship 20
128	2:41.62	L	P	Anè Kemp	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
129	2:41.69	L	F	Marlene Ward	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
130	2:41.77	L	F	Jodi Boettger	13	USC	BUF	10/12/2021 BCA Long Course Championships 202
131	2:41.86	L	P	Miela Smit	13	AQUA	BUF	17/03/2022 SA Level 3 Regional Age Group Chan
132	2:42.18	L	F	Yvonne Pretorius	13	MSC	NGD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
133	2:42.19	L	F	Leane Muller	13	RFA	FSH	22/10/2021 NTS October Level 1-3 Age Group
134	2:42.32	L	F	Jaime Maritz	13	NSAD	EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.
135*	2:42.57	L	P	Lelanie Buhr	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
135*	2:42.57	L	F	Leah Crozier	13	FAAC	FB	17/03/2022 SA Level 3 Regional Age Group Chan
137	2:42.66	L	P	Mia Wellsted	13	HASC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
138	2:42.68	L	F	Taylor-Blake Van Tonder	13	ROA	EDD	19/11/2021 Eden LC Champs 2021
139	2:42.76	L	P	Ella Eldar	13	TUKS	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
140	2:42.81	L	F	Zoë Goebel	13	TYGE	CPT	08/10/2021 40th Freda Barnard Invitational Gala
141	2:43.07	L	F	Sian Kleynhans	13	KALA		05/02/2022 NCASA Sprints Gala 2022
142	2:43.35	L	P	Natania Komakech	13	ELEC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
143	2:43.36	L	F	Lana Viljoen	13	ZASC	FSH	22/10/2021 NTS October Level 1-3 Age Group
144	2:43.38	L	F	Imke Els	13	TYGE	CPT	30/10/2021 CANA Virtual Swimming Championshipj
145	2:43.40	L	P	Chloe Pieterse	13	CLSC	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
146	2:43.74	L	P	Shanna-Leigh Zeelie	13	BLMA	CPT	07/12/2021 Western Cape LC-A Championship 20
147	2:43.79	L	F	Gabriella Fotheringham	13	SOUL	EKU	12/11/2021 EGA Summer 4
148	2:43.99	L	P	Tia Mari Theron	13	TKS	WBD	11/03/2022 SA Level 2 Regional Age Group Cham
149	2:44.10	L	P	Madison Hayes	13	TYGE	CPT	07/12/2021 Western Cape LC-A Championship 20
150	2:44.12	L	F	Kelci Leech	13	BLSS	MAN	22/03/2022 SA Level 2 Regional Age Group Cham
151	2:44.29	L	F	Sanelisiwe Dawe	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
152	2:44.46	L	P	Caitlyn Dube	13	MDOL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
153	2:44.51	L	F	Kayla Verbaan	13	KLOO	ETH	02/10/2021 Frank Gray Memorial Championships :
154	2:44.58	L	P	Megan Augustyn	13	ONYX	EKU	09/12/2021 EGA Summer Champs 2021
155	2:44.81	L	F	Lara Verhoef	13	VINE	CPT	08/10/2021 40th Freda Barnard Invitational Gala
156	2:44.82	L	F	Megan Nieman	13	PSC	FSH	22/10/2021 NTS October Level 1-3 Age Group
157*	2:44.87	L	F	Christi Serfontein	13	QUIC	CPT	30/10/2021 CANA Virtual Swimming Championshipj
157*	2:44.87	L	F	Maya Ndegwa	13	ELEC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
159	2:44.88	L	F	Tanika Du Plessis	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
160	2:44.94	L	P	Dorette du Plessis	13	NWUC	KKD	08/12/2021 NWS Championships 2020/2021
161	2:45.01	L	F	Mia Vd Merwe	13	GREY	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
162	2:45.37	L	F	Elisha Perumal	CR	BAYV	ETH	05/02/2022 KZN Junior Championships 2021
163	2:45.47	L	F	Zoe Ann Kruger	13	AQU	ADJ	11/03/2022 SA Level 2 Regional Age Group Chan
164*	2:45.53	L	F	Mia Gerber	13	MATI	GED	29/01/2022 West Coast Qualify Gala 2022
164*	2:45.53	L	F	Michaela Blaine	13	PEAS	NMA	29/01/2022 3rd A League Gala 2022
166	2:45.81	L	F	Monique Van Zyl	13	ASAC	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
167	2:45.85	L	P	Tayla Dowie	13	AA	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
168	2:46.13	L	F	Liza Schoeman	13	RBOT	BPD	08/12/2021 NWS Championships 2020/2021
169	2:46.18	L	F	Nisa Da Silva	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
170	2:46.29	L	P	Leina Myburgh	13	PER	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
171	2:46.72	L	F	Mila Naudé	13	TUKS	FSH	08/10/2021 NTS October Combined Age Group
172	2:46.83	L	P	Anya Fernando	13	SASE	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
173*	2:46.84	L	F	Ayalakha Mokoena	13	TUKS	FSH	10/12/2021 2021 The Tshwane Mayoral Gala

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
173*	2:46.84	L	F	Lyuba van Niekerk	13	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
175	2:46.89	L	P	Anzelle van Rooyen	13	DRGN EKU	09/12/2021 EGA Summer Champs 2021
176	2:47.19	L	P	Sienna Wilensky	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
177	2:47.26	L	F	Zia Petersen	13	XSAQ CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
178	2:47.41	L	F	Lara Smith	13	TYGE CPT	30/10/2021 CANA Virtual Swimming Championship
179	2:47.57	L	P	Elizabeth Opperman	13	KTS	17/03/2022 SA Level 3 Regional Age Group Chan
180	2:47.64	L	P	Chrisley Barnard	13	WSS FDD	17/03/2022 SA Level 3 Regional Age Group Chan
181	2:47.78	L	P	Sinoah Pretorius	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
182	2:47.88	L	P	Zelmarie Van der Walt	13	AQU ADJ	11/03/2022 SA Level 2 Regional Age Group Chan
183	2:48.36	L	F	Kaylin Bezuidenhoud	13	BLSS MAN	28/10/2021 Neptune Prestige Gala
184	2:48.52	L	F	Mea Harding	13	BAS EKU	11/03/2022 SA Level 2 Regional Age Group Cham
185	2:48.54	L	F	Nicole Norman	13	RPAC EKU	17/10/2021 2021 AG Swim Stars Champs & OR Tz
186	2:48.56	L	P	Nicola Olivier	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
187	2:48.69	L	F	Sandri Visser	13	PLAY CED	08/10/2021 40th Freda Barnard Invitational Gala
188	2:48.84	L	F	Jaimee-Lee Wenham	13	WSTV ETH	17/12/2021 2021 KZNA Premier Provincial Champ
189	2:49.07	L	F	Lara Louw	13	BLNE MAN	25/02/2022 Neptune last chance gala
190	2:49.09	L	F	Michaela Clegg	13	AZON ETH	11/03/2022 SA Level 2 Regional Age Group Chan
191	2:49.42	L	F	Mia Bruwer	13	SS MPD	11/03/2022 SA Level 2 Regional Age Group Cham
192	2:49.56	L	F	Esther Sullivan	13	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
193	2:49.92	L	F	Megan Webster	13	RFA FSH	22/10/2021 NTS October Level 1-3 Age Group
194	2:49.93	L	P	Summer Ascielli	13	CYBE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
195	2:49.97	L	P	Esti Mouton	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
196	2:49.99	L	P	Aisling McLean	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
197	2:50.06	L	F	Mignon Burger	13	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Chan
198	2:50.23	L	F	Zandile Sipuka	13	BEST NMA	11/09/2021 Beast Club LC Gala
199	2:50.49	L	P	Leigh Pijoes	13	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
200	2:50.55	L	P	Izolde Lombard	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
201	2:50.91	L	P	Jacoline Crous	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
202	2:51.13	L	F	Zianè Jantzen	13	QUIC CPT	30/10/2021 CANA Virtual Swimming Championship
203	2:51.49	L	F	Sarah-Jane Mouton	13	HARL BUF	10/12/2021 BCA Long Course Championships 202
204	2:51.58	L	F	Kate Allwood	13	GREY CPT	04/12/2021 CTA Qualifying Meet
205	2:51.61	L	F	Tshenolo Ntsie	13	TUKS FSH	14/01/2022 NTS January 2022 Combined Age Grc
206	2:51.62	L	F	Micaela Mutooni	13	ELEC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
207	2:51.63	L	F	Emma Ralfe	13	SEAL UMD	05/02/2022 KZN Junior Championships 2021
208	2:51.70	L	P	Emma Davies	13	BAS EKU	18/03/2022 SA Level 3 Regional Age Group Chan
209	2:51.76	L	P	Lana Koegelenberg	13	ONYX EKU	09/12/2021 EGA Summer Champs 2021
210*	2:52.01	L	F	Anne Steyl	13	PRKA PS	05/02/2022 NCASA Sprints Gala 2022
210*	2:52.01	L	P	Lungiswa Grootboom	13	SWAR WCD	22/03/2022 SA Level 2 Regional Age Group Chan
212	2:52.18	L	P	Ilanze du Plessis	13	BULS MAN	08/12/2021 Free State Champs 2021
213	2:52.28	L	F	Larissa Visagie	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
214	2:52.38	L	F	Amylee Holtzhausen	13	SEAL UMD	30/10/2021 CANA Virtual Swimming Championship
215	2:52.39	L	P	Deoné Borstlap	13	POTC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
216	2:52.44	L	F	Abby Novos	13	ASAC CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
217	2:52.80	L	F	Chrystil Raymond	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
218	2:52.84	L	F	Mari Wium	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
219	2:53.05	L	P	Vera Chen	13	BLSS MAN	08/12/2021 Free State Champs 2021
220	2:53.37	L	F	Helena Pretorius	13	TKS WBD	16/10/2021 Limpopo Age Group 4
221	2:53.50	L	P	Maria Dos Santos	13	HREF BPD	08/12/2021 NWS Championships 2020/2021
222	2:53.63	L	F	Buhle Mahlalela	13	UNI EZD	03/12/2021 Mpumalanga Championships 2021
223	2:53.67	L	F	Andria Le Roux	13	JAQ EKU	11/03/2022 SA Level 2 Regional Age Group Cham
224	2:53.76	L	F	Emma Lategan	13	CUDU CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
225	2:53.78	L	F	Megan Van den Heever	13	CSA EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU,
226	2:53.89	L	P	Annika Potgieter	13	POTC KKD	22/03/2022 SA Level 2 Regional Age Group Cham
227	2:54.78	L	P	Dorethe Meyer	AR	BLOT MAN	17/03/2022 SA Level 3 Regional Age Group Chan
228	2:54.82	L	F	Mia Crookham	13	TYGE CPT	30/10/2021 CANA Virtual Swimming Championship
229	2:54.85	L	P	Ingrid Van Loggerenberg	13	TUKS FSH	11/03/2022 SA Level 2 Regional Age Group Cham
230	2:54.87	L	F	Leanke Voigt	13	JAQ EKU	12/11/2021 EGA Summer 4
231	2:54.91	L	F	Ashley Seymour	13	WSS FDD	22/03/2022 SA Level 2 Regional Age Group Cham
232	2:55.13	L	F	Eireann De Witte	13	TCA EKU	06/03/2022 SSA Regional Level 1 Championships

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
233	2:55.15	L	P	Ogalaletseng Khosana	13	TUKS FSH	11/03/2022 SA Level 2 Regional Age Group Cham
234	2:55.17	L	F	Esther Sauls	13	PGAC EKU	28/01/2022 EGA Last Chance Gala
235	2:55.78	L	F	Daniela Colyn	13	ONYX EKU	28/01/2022 EGA Last Chance Gala
236	2:56.18	L	P	Izabella Alevras	13	AAS JHB	11/03/2022 SA Level 2 Regional Age Group Cham
237	2:56.38	L	F	Kaylie Groenewald	13	SS MPD	12/02/2022 Limpopo Champs
238	2:56.72	L	P	Tayler Ririe	13	BLSS MAN	08/12/2021 Free State Champs 2021
239	2:56.92	L	P	Taylor Dukes	13	CRSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
240	2:56.95	L	P	Rienke Blignaut	13	WSS FDD	08/12/2021 Free State Champs 2021
241	2:57.22	L	P	Taegon Gunkel	13	BEAV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
242	2:57.25	L	F	Hannah Coert	13	MANT CPT	12/11/2021 Swartland Invitational Gala 2021
243	2:57.34	L	F	McKayla Moodley	13	BEAV ETH	11/03/2022 SA Level 2 Regional Age Group Chan
244	2:57.71	L	F	Kate Savage	13	VINE CPT	30/10/2021 CANA Virtual Swimming Championship
245	2:58.10	L	F	Emma Swart	13	KNYA EDD	12/02/2022 EDEN 5th A-League Gala 2022
246	2:58.20	L	F	Karli Lotter	13	ROA EDD	19/11/2021 Eden LC Champs 2021
247	2:58.43	L	F	Elrike du Plessis	13	FSAC BPD	16/10/2021 NWS Age Group 1&2
248	2:59.00	L	F	Simone Cussons	13	CSA EZD	29/10/2021 CANA Virtual Swimming Championship
249	2:59.33	L	F	Shayla Harvey	13	WSTV ETH	29/01/2022 EDA Age Group Gala 4
250	2:59.34	L	F	Sune von Wielligh	13	KTS	05/02/2022 NCASA Sprints Gala 2022
251	2:59.62	L	F	Ava-Loren Van Galen	13	BIOS CED	13/11/2021 Winelands SL Final
252	2:59.66	L	F	Mila Petrak	13	ELEC JHB	18/02/2022 NTS Combined February Age Group C
253	2:59.77	L	F	Kganya Mashigo	13	PAC FSH	22/10/2021 NTS October Level 1-3 Age Group
254	3:00.05	L	P	Kailyn Roopchand	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
255	3:00.13	L	F	Keanda Mokoena	13	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
256	3:00.19	L	F	Teagan Hamer	13	INFA NMA	12/11/2021 PEA Winter Gala Take 2
257	3:01.04	L	P	Anmi Slabbert	13	PAQU CED	17/03/2022 SA Level 3 Regional Age Group Chan
258	3:01.17	L	P	Emily Serman	13	BON JHB	18/03/2022 SA Level 3 Regional Age Group Chan
259	3:01.27	L	F	Cara Francis	13	DDA FSH	22/10/2021 NTS October Level 1-3 Age Group
260	3:01.32	L	P	Amelie Brügers	13	VINE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
261	3:01.54	L	F	Morgan Meyer	13	ESP EKU	12/11/2021 EGA Summer 4
262	3:01.69	L	F	Leila Schenk	13	USC BUF	18/03/2022 SA Level 2 Regional Age Group Cham
263	3:01.87	L	F	Láne Fouché	13	HREF BPD	16/10/2021 NWS Age Group 1&2
264	3:02.22	L	F	Shyenne Laubscher	13	WELA FDD	19/02/2022 Bull-Sharks Gala
265	3:02.80	L	P	Gemma Caminsky	13	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
266	3:03.03	L	F	Megan Neizel	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
267	3:04.08	L	P	Anja Koen	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
268	3:04.45	L	F	Helena Van Vuuren	13	KALA	08/12/2021 Champs 2021
269	3:06.63	L	F	Gita Hildebrand	13	KNYJ EDD	19/11/2021 Eden LC Champs 2021
270	3:06.92	L	F	Kara Du Preez	13	CUR EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
271	3:07.14	L	F	Cait Da Cunha	13	BON JHB	18/09/2021 EGA Summer 1
272	3:07.58	L	F	Esmarie Terblanche	13	HTSA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
273	3:07.63	L	F	Nina Van Tonder	13	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Chan
274	3:07.99	L	P	Tayla Gerber	13	AWSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
275	3:09.11	L	F	Sinalo Ndlovu	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
276	3:09.38	L	F	Carli Dippenaar	13	ROA EDD	12/02/2022 EDEN 5th A-League Gala 2022
277	3:10.37	L	F	Amelie Van der Merwe	13	RFA FSH	22/10/2021 NTS October Level 1-3 Age Group
278	3:10.46	L	P	Tatiana Ioannides	13	BLSS MAN	08/12/2021 Free State Champs 2021
279	3:10.69	L	F	Isabella Day	13	BEAV ETH	30/10/2021 CANA Virtual Swimming Championship
280	3:13.30	L	F	Cleo May	13	MARL CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
281	3:13.73	L	P	Jocke Coetzee	13	KALA	22/03/2022 SA Level 2 Regional Age Group Cham
282	3:13.85	L	P	Selente Oosthuysen	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
283	3:13.93	L	P	Lwazi Mqoke	13	WELA FDD	08/12/2021 Free State Champs 2021
284	3:14.39	L	F	Amy Burrell	13	PEAS NMA	10/12/2021 NMBA Championships 2021
285	3:14.91	L	F	Isabè Van Dyk	13	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
286	3:15.21	L	F	Zorina Tromp	13	OLDE JHB	12/11/2021 EGA Summer 4
287	3:15.50	L	F	Maya McCollum	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
288	3:16.01	L	F	Chrisna Du Plessis	13	KALA	05/02/2022 NCASA Sprints Gala 2022
289	3:16.70	L	F	Karla Odendaal	13	TYGE CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
290	3:18.53	L	F	Alea Du Toit	13	BLMA CPT	30/10/2021 CANA Virtual Swimming Championship
291	3:18.94	L	F	Elizabeth Du Plessis	13	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
292	3:19.20	L	P	Lehanra Greeff	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
293	3:19.83	L	F	Catherine O'Grady	13	EXA EZD	03/12/2021	Mpumalanga Championships 2021
294	3:20.16	L	F	Rylie Smith	13	AQDO CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
295	3:20.77	L	F	Veera Khusal	13	BON JHB	28/01/2022	EGA Last Chance Gala
296	3:20.98	L	F	Andrea De Boer	13	TRAZ TSH	08/10/2021	NTS October Combined Age Group
297	3:21.40	L	P	Tayla Ferreira	13	ESTR EKU	11/03/2022	SA Level 2 Regional Age Group Cham
298	3:21.48	L	F	Lutifiyya Sheik	13	AQSC UMD	03/12/2021	WSC & Seals Summer LC Champs 20
299	3:22.15	L	F	Carla Carolus	13	XSAQ CPT	04/12/2021	CTA Qualifying Meet
300	3:23.09	L	F	Micaïla Hegter	13	BLSS MAN	08/10/2021	Super Seals Prestige Gala
301	3:23.78	L	F	Gabrielle Kramer	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
302	3:26.83	L	F	Gabriella Oaten	13	CYBE CPT	30/10/2021	CANA Virtual Swimming Championship
303	3:29.50	L	F	Ilse Roos	13	EXA EZD	29/10/2021	CANA Virtual Swimming Championship
304	3:29.69	L	P	Kgothatso Tsebe	13	STAR BPD	08/12/2021	NWS Championships 2020/2021
305	3:34.22	L	F	Naomi-Jane Kleinsmith	13	KHAY CPT	04/12/2021	CTA Qualifying Meet
306	3:43.25	L	F	Zoë Pierce	13	ESTR EKU	12/11/2021	EGA Summer 4
307	3:46.17	L	F	Alaynah Bhamjee	13	ATLA JHB	06/03/2022	SSA Regional Level 1 Championships
308	3:47.61	L	F	Lesedi-Lere Themba	13	ESP EKU	06/03/2022	SSA Regional Level 1 Championships
309	3:50.30	L	F	Tamasa Nhlangulela	13	UMSH ETH	05/02/2022	KZN Junior Championships 2021
310	3:51.95	L	F	Ammaarah Davids	13	XSAQ CPT	06/11/2021	CTA Qualifying Meet 4 - Long Distance
311	3:52.56	L	P	Lisa van der Westhuizen	13	POTC KKD	08/12/2021	NWS Championships 2020/2021
312	3:53.13	L	F	Bokamoso Imasiku	13	TLAC BPD	02/10/2021	Frank Gray Memorial Championships :
313	3:56.61	L	F	Helen Sickles	13	KALA	05/02/2022	NCASA Sprints Gala 2022
314	4:02.13	L	F	Olwakhe Godlo	13	WELA FDD	03/09/2021	Mangaung Winter Champs
Women 13-13 400 Free								
1	4:43.51	L S	F	Jaime Mote	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
2	4:43.81	L S	F	Lara Gouws	13	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
3	4:45.31	L	F	Jaime Mote	13	INFA NMA	25/02/2022	Infinity Gala
4	4:48.19	L	F	Karla Myburgh	13	BEST NMA	12/11/2021	PEA Winter Gala Take 2
5	4:51.83	L	F	Me-Kayla Rew	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
6	4:53.37	L	F	Maria Steyn	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
7	4:53.76	L S	F	Madison du Plessis	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
8	4:54.37	L S	F	Ruth Dredge	13	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
9	4:54.59	L S	F	Jenna Coetzee	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
10	4:55.30	L	F	Kendra Begley	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
11	4:56.30	L	F	Asia Kleinhans	13	AQDO CPT	29/03/2022	SA Regional SNR & JNR Champs WC
12	4:56.95	L	F	Kayla Gous	13	USC BUF	25/02/2022	Infinity Gala
13	4:58.13	L	F	Philippa Stevens	13	INFA NMA	10/12/2021	NMBA Championships 2021
14	4:59.21	L	F	Scarlett Le Roux	13	SOUL EKU	09/12/2021	EGA Summer Champs 2021
15	5:01.60	L	F	Erin Joubert	13	KLOO ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
16	5:02.34	L	F	Simone Vd Merwe	13	PAQU CED	07/12/2021	Western Cape LC-A Championship 20
17	5:03.13	L	F	Angel Williams	13	GSA CPT	07/12/2021	Western Cape LC-A Championship 20
18	5:05.51	L	F	Cathrijn Davel	13	MSC NGD	29/03/2022	SA Regional Aquatic Champs 2022- N
19	5:05.56	L	F	Hannah Burke	13	AACTA CPT	12/11/2021	Swartland Invitational Gala 2021
20	5:05.74	L S	F	Anastasia Sequeira	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
21	5:05.87	L	F	Georgia Gouws	13	BEST NMA	25/02/2022	Infinity Gala
22	5:05.97	L	F	Mieke Vd Wal	13	BARR CPT	07/12/2021	Western Cape LC-A Championship 20
23	5:06.13	L	F	Chloe Watson	13	PEAS NMA	10/12/2021	NMBA Championships 2021
24	5:06.17	L	F	Mareze Frylinck	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
25	5:06.48	L	F	Macy Hains	13	INFA NMA	10/12/2021	NMBA Championships 2021
26	5:08.96	L	F	Caibella Oliver	13	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20
27	5:09.70	L	F	Grace Powell	13	CSC TSH	15/12/2021	NTS Championships 2021
28	5:09.75	L	F	Hannah Sandilands	13	BAS EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
29	5:10.05	L	F	Chloe Olivier	13	SOUL EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
30	5:10.12	L	F	Rachel Hinckley	13	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
31	5:10.32	L S	F	Emily Palmer	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
32	5:12.09	L	F	Jesse-Leah Laderach	13	PEAS NMA	10/12/2021	NMBA Championships 2021
33	5:12.33	L	F	Kathleen Welsh	13	MSC NGD	29/10/2021	CANA Virtual Swimming Championship
34	5:12.53	L	F	Danielle Cronjè	13	GSA CPT	12/11/2021	PEA Winter Gala Take 2
35	5:12.65	L S	F	Leeya Amon	13	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
36	5:12.97	L	F	Daniëlla Müller	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
37	5:13.29	L	F	Giselle Kemper	13	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
38	5:13.32	L	F	Emma Neethling	13	WCA CPT	26/03/2022 SA Schools Swimming Championship
39	5:14.02	L	F	Kiara Banks	13	TUKS FSH	15/12/2021 NTS Championships 2021
40	5:14.62	L	F	Lucy Le Roux	13	ASAW CED	07/12/2021 Western Cape LC-A Championship 20
41	5:14.81	L S	F	Amy O'Connor	13	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
42	5:15.11	L	F	Corli Liversage	13	BLSS MAN	08/12/2021 Free State Champs 2021
43	5:15.44	L	F	Madisynn Elliott	13	LINR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
44	5:15.88	L S	F	Danielle Harbron	13	NCA	06/04/2022 SA National Aquatic SNR-JNR Champ
45	5:15.92	L	F	Caitlin Scheepers	13	AQDO CPT	29/03/2022 SA Regional SNR & JNR Champs WC
46	5:15.98	L	F	Alika Vd Merwe	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
47	5:16.34	L S	F	Jessica Sardinha	13	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
48	5:16.53	L	F	Savannah Mostert	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
49	5:16.69	L	F	Naledi Thobeha	13	QUIC CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
50	5:17.77	L	F	Milri-Ann Summerton	13	NWUC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
51	5:17.97	L	F	Robyn Barbour	13	ESP EKU	28/01/2022 EGA Last Chance Gala
52	5:19.22	L	F	Emily Liebenberg	13	SWAR WCD	29/03/2022 SA Regional SNR & JNR Champs WC
53	5:19.49	L	F	Kate-Lynn de Jager	AR	BLOT MAN	17/03/2022 SA Level 3 Regional Age Group Chan
54	5:20.89	L	F	Karmen Van Rensburg	13	UNI EZD	29/10/2021 CANA Virtual Swimming Championship
55	5:21.14	L	F	Leila Yazbek	13	BLNE MAN	08/12/2021 Free State Champs 2021
56	5:21.46	L	F	Amy Botha	13	BAS EKU	09/12/2021 EGA Summer Champs 2021
57	5:21.50	L	P	Lumka Ntaka	13	UMSH ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
58	5:21.60	L	F	Chelsea Main	13	PEAS NMA	25/02/2022 Infinity Gala
59	5:22.39	L	F	Danielle Van Vuuren	13	DDA FSH	18/03/2022 SA Level 3 Regional Age Group Chan
60	5:22.48	L	F	Araya de Waal	13	ONYA EKU	18/03/2022 SA Level 3 Regional Age Group Chan
61	5:22.49	L	F	Mikayla Smit	13	SWIM1 JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
62	5:23.06	L	F	Rii Spoelstra	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
63	5:23.23	L	F	Kayleigh Hahn	13	ROA EDD	17/03/2022 SA Level 3 Regional Age Group Chan
64	5:23.73	L	F	Jana Swiegers	13	TUKS FSH	04/02/2022 NTS February Age Group 14 & Under
65	5:23.87	L	F	Hannah Naidoo	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
66	5:24.02	L	F	Keira Holland	13	CRSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
67	5:24.25	L	F	Kemantha Ayair	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
68	5:24.52	L	F	Carine Röntgen	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
69	5:24.61	L	F	Donne Bruyns	13	CSA EZD	18/03/2022 SA Level 3 Regional Age Group Chan
70	5:25.05	L	F	Katelyn Fourie	13	JAQ EKU	09/12/2021 EGA Summer Champs 2021
71	5:25.21	L	F	Veronique Riekert	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
72	5:25.65	L	F	René Kotzé	13	POTC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
73	5:25.77	L	F	Mila Vd Linde	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
74	5:25.88	L	F	Amy Combrink	13	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
75	5:26.07	L	F	Suzanna Walsh	13	SAAW CPT	07/12/2021 Western Cape LC-A Championship 20
76	5:26.31	L	F	Charnè Landman	13	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
77	5:26.62	L	F	Lily Ogden	13	BLTA NMA	12/11/2021 PEA Winter Gala Take 2
78	5:28.53	L	F	Wilmien Verbeek	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
79	5:30.26	L	F	Jocelyn Cromhout	13	HARL BUF	17/03/2022 SA Level 3 Regional Age Group Chan
80	5:30.44	L	F	Kelly Stork	13	MAC EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
81	5:32.19	L	F	Daniella Harcus	13	INFA NMA	20/11/2021 2nd A League Gala 2021
82	5:32.71	L	F	Marlene Ward	13	TUKS FSH	15/12/2021 NTS Championships 2021
83	5:33.18	L	F	Abigail Roberts	13	TUKS FSH	15/12/2021 NTS Championships 2021
84	5:34.63	L	F	Mieke Van Der Walt	13	FISH EDD	17/03/2022 SA Level 3 Regional Age Group Chan
85	5:34.74	L	F	Paige Jacobs	13	FAAC FB	21/01/2022 Flamingo Gala 2022
86	5:34.84	L	F	Annebel Stewart	13	AZON ETH	17/12/2021 2021 KZNA Premier Provincial Champ
87	5:35.01	L	F	Leané Gouws	13	HREF BPD	17/03/2022 SA Level 3 Regional Age Group Chan
88	5:36.81	L	F	Sian Kleynhans	13	KALA	05/02/2022 NCASA Sprints Gala 2022
89	5:37.44	L	F	Leah Crozier	13	FAAC FB	17/03/2022 SA Level 3 Regional Age Group Chan
90	5:37.67	L	F	Nicola Olivier	13	HARB BPD	16/10/2021 NWS Age Group 1&2
91	5:38.85	L	F	Ella Eldar	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
92	5:39.86	L	F	Kellen McLaren	13	SOUL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
93	5:40.50	L	F	Ashley Scholtz	13	CA EKU	02/10/2021 EGA Summer 2
94	5:41.42	L	F	Shanna-Leigh Zeelie	13	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
95	5:41.59	L	F	Jessica Bosman	13	QUIC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
96	5:42.72	L	F	Anè Kemp	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
97	5:43.31	L	F	Chloe Petersen	13	TUKS	FSH	18/02/2022 NTS Combined February Age Group C
98	5:43.40	L	F	Lelanie Buhr	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
99	5:43.63	L	F	Yvonne Pretorius	13	MSC	NGD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
100	5:43.75	L	F	Maria Dos Santos	13	HREF	BPD	17/03/2022 SA Level 3 Regional Age Group Chan
101	5:43.90	L	F	Zoë Goebel	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
102	5:44.36	L	F	Jaimee-Lee Marais	13	SWIFT	EKU	09/12/2021 EGA Summer Champs 2021
103	5:44.62	L	F	Caitlin Govender	13	SGUL	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
104	5:45.01	L	F	Rouxne Du Plessis	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
105	5:45.20	L	F	Zandile Sipuka	13	BEST	NMA	11/09/2021 Beast Club LC Gala
106	5:45.21	L	F	Miela Smit	13	AQUA	BUF	17/03/2022 SA Level 3 Regional Age Group Chan
107	5:45.80	L	F	Storme Badenhorst	13	MARL	CPT	08/10/2021 40th Freda Barnard Invitational Gala
108	5:46.06	L	F	Madison Hayes	13	TYGE	CPT	08/10/2021 40th Freda Barnard Invitational Gala
109	5:46.38	L	F	Jaime Maritz	13	NSAD	EZD	18/03/2022 SA Level 3 Regional Age Group Chan
110	5:48.25	L	F	Danaleigh Swanepoel	13	TUKS	FSH	15/12/2021 NTS Championships 2021
111	5:48.42	L	F	Zianè Jantzen	13	QUIC	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
112	5:50.74	L	F	Esther Sullivan	13	WSTV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
113	5:50.91	L	F	Caitlyn Dube	13	RSA		14/04/2022 CANA Zone IV Swimming Championsh
114	5:52.03	L	F	Vera Chen	13	BLSS	MAN	17/03/2022 SA Level 3 Regional Age Group Chan
115	5:52.55	L S	F	Emily Tsai	13	BLMA	CPT	30/10/2021 CANA Virtual Swimming Championship
116	5:53.00	L	F	Lienke Van OS	13	BULS	MAN	08/12/2021 Free State Champs 2021
117	5:54.34	L	F	Chrystil Raymond	13	CSA	EZD	18/03/2022 SA Level 3 Regional Age Group Chan
118	5:55.17	L	F	Sanelisiwe Dawe	13	SGUL	ETH	29/01/2022 EDA Age Group Gala 4
119	5:55.37	L	F	Chloe Pieterse	13	CLSC	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
120	5:55.39	L	F	Jessica Staats	13	SGUL	ETH	12/06/2021 Curro Age Group Gala 1
121	5:55.89	L	F	Tayla Dowie	13	AA	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
122	5:55.92	L	F	Johané Jv Rensburg	13	TUKS	FSH	04/02/2022 NTS February Age Group 14 & Under
123	5:57.76	L	F	Sandri Visser	13	PLAY	GED	07/12/2021 Western Cape LC-A Championship 20
124	5:58.65	L	F	Kailey Joubert	13	AZON	ETH	12/06/2021 Curro Age Group Gala 1
125	5:59.28	L	F	Stacey Smith	13	PAC	FSH	04/02/2022 NTS February Age Group 14 & Under
126	5:59.51	L	F	Izolde Lombard	13	ASAC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
127	5:59.89	L	F	Mila Naudé	13	TUKS	FSH	08/10/2021 NTS October Combined Age Group
128	6:00.17	L	F	Mia Vd Merwe	13	GREY	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
129	6:00.18	L	F	Jacoline Crous	13	SWAR	WCD	19/02/2022 Swartland Invitational #2 2022
130	6:01.68	L	F	Peta Mazery	13	SGUL	ETH	12/06/2021 Curro Age Group Gala 1
131	6:02.15	L	F	Megan Van den Heever	13	CSA	EZD	18/03/2022 SA Level 3 Regional Age Group Chan
132	6:04.89	L	F	Dorette du Plessis	13	MATL	KKD	16/10/2021 NWS Age Group 1&2
133	6:05.13	L	F	Deoné Borstlap	13	POTC	KKD	17/03/2022 SA Level 3 Regional Age Group Chan
134	6:05.27	L	F	Shayla Harvey	13	WSTV	ETH	03/12/2021 WSC & Seals Summer LC Champs 20
135	6:08.66	L S	F	Judy Stevens	13	QUIC	CPT	30/10/2021 CANA Virtual Swimming Championship
136	6:09.83	L	F	Lungiswa Grootboom	13	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
137	6:10.85	L	F	Taegon Gunkel	13	BEAV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
138	6:10.97	L S	F	Summer Ascielli	13	CYBE	CPT	30/10/2021 CANA Virtual Swimming Championship
139	6:11.38	L	F	Elizabeth Opperman	13	KTS		17/03/2022 SA Level 3 Regional Age Group Chan
140	6:12.40	L	F	Leanke Voigt	13	JAQ	EKU	02/10/2021 EGA Summer 2
141	6:13.06	L	F	Jamie-Lee Espag	13	AZON	ETH	12/06/2021 Curro Age Group Gala 1
142	6:13.60	L	F	Lana Koegelenberg	13	ONYX	EKU	02/10/2021 EGA Summer 2
143	6:13.70	L	F	Chrisley Barnard	13	WSS	FDD	08/12/2021 Free State Champs 2021
144	6:13.80	L	F	Dorethe Meyer	AR	BLOT	MAN	08/12/2021 Free State Champs 2021
145	6:15.39	L	F	Emma Swart	13	KNYA	EDD	19/11/2021 Eden LC Champs 2021
146	6:18.74	L	F	Taylor Dukes	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
147	6:18.79	L	F	Jessica Carrol	13	BLMA	CPT	08/10/2021 40th Freda Barnard Invitational Gala
148	6:19.16	L	F	Megan Augustyn	13	ONYX	EKU	02/10/2021 EGA Summer 2
149	6:20.28	L	F	Leane Muller	13	RFA	FSH	14/01/2022 NTS January 2022 Combined Age Grc
150	6:21.67	L	F	Zante Young	13	RBUR	BPD	08/12/2021 NWS Championships 2020/2021
151	6:22.94	L	F	Mia Crookham	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
152	6:22.98	L	F	Lara Louw	13	BLNE	MAN	08/12/2021 Free State Champs 2021
153	6:25.61	L	F	Nicole Norman	13	RP	EKU	04/09/2021 EGA Adrian Grafe Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
154	6:26.06	L	F	Caitlyn Arendse	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
155	6:26.41	L	F	Esti Mouton	13	SWAR WCD	19/02/2022 Swartland Invitational #2 2022
156	6:28.47	L	F	Kaylin Bezuidenhout	13	BLSS MAN	28/10/2021 Neptune Prestige Gala
157	6:28.93	L	F	Morgan Meyer	13	ESP EKU	04/09/2021 EGA Adrian Grafe Gala 2021
158	6:30.67	L	F	Megan Webster	13	RFA FSH	14/01/2022 NTS January 2022 Combined Age Gr
159	6:30.70	L	F	Anja Koen	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
160	6:31.37	L	F	Kara Du Preez	13	CUR EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
161	6:31.81	L	F	Annika Potgieter	13	POTC KKD	11/02/2022 NW Last Chance
162	6:33.70	L	F	Helena Van Vuuren	13	KALA	08/12/2021 Champs 2021
163	6:36.05	L	F	Selente Oosthuysen	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
164	6:37.17	L	F	Isabella Day	13	BEAV ETH	30/10/2021 CANA Virtual Swimming Championship
165	6:38.82	L	F	Anmi Slabbert	13	PAQU CED	08/10/2021 40th Freda Barnard Invitational Gala
166	6:40.16	L	F	Nikita Scruby	13	SGUL ETH	12/06/2021 Curro Age Group Gala 1
167	6:41.33	L	F	Andria Le Roux	13	JAQ EKU	02/10/2021 EGA Summer 2
168	6:46.62	L	F	Mia Sarakis	13	ETTN EKU	04/09/2021 EGA Adrian Grafe Gala 2021
169	6:48.83	L	F	Milena Pugliese	13	MMD CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
170	7:05.39	L	F	Lehanra Greeff	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
171	7:06.37	L	F	Charis Naidoo	13	AZON ETH	12/06/2021 Curro Age Group Gala 1
172	7:07.68	L	F	Micaïla Hegter	13	BLSS MAN	28/10/2021 Neptune Prestige Gala
173	7:08.64	L	F	Gita Hildebrand	13	KNYJ EDD	30/10/2021 CANA Virtual Swimming Championship
174	7:13.81	L	F	Makenna Penney	13	AZON ETH	12/06/2021 Curro Age Group Gala 1
175	7:17.55	L	F	Catherine O'Grady	13	EXA EZD	03/12/2021 Mpumalanga Championships 2021
176	7:20.85	L S	F	Gabriella Oaten	13	CYBE CPT	30/10/2021 CANA Virtual Swimming Championship
177	7:34.84	L	O	Mia De Klerk	13	CSA EZD	17/10/2021 AGE GROUP 2 - OPEN WATER SWIM
178	7:37.00	L	F	Kgothatso Tsebe	13	STAR BPD	08/12/2021 NWS Championships 2020/2021

Women 13-13 800 Free

1	9:36.72	L S	F	Lara Gouws	13	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
2	9:52.70	L S	F	Karla Myburgh	13	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
3	10:08.64	L	F	Madison du Plessis	AR	BLOT MAN	17/12/2021 2021 KZNA Premier Provincial Champ
4	10:19.37	L	F	Asia Kleinhans	13	AQDO CPT	29/03/2022 SA Regional SNR & JNR Champs WC
5	10:25.78	L	F	Scarlett Le Roux	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
6	10:28.07	L S	F	Anastasia Sequeira	13	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
7	10:30.60	L	F	Cathrijn Davel	13	MSC NGD	29/03/2022 SA Regional Aquatic Champs 2022- N
8	10:30.88	L S	F	Caibella Oliver	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
9	10:31.66	L	F	Hannah Sandilands	13	BAS EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
10	10:35.01	L	F	Hannah Burke	13	AACTA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
11	10:35.77	L	F	Me-Kayla Rew	13	TUKS FSH	08/10/2021 NTS October Combined Age Group
12	10:38.13	L	F	Mieke Vd Wal	13	BARR CPT	07/12/2021 Western Cape LC-A Championship 20
13	10:45.04	L	F	Maria Steyn	13	BLSS MAN	08/12/2021 Free State Champs 2021
14	10:46.33	L	F	Georgia Gouws	13	BEST NMA	29/01/2022 3rd A League Gala 2022
15	10:46.52	L	F	Leeya Amon	13	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
16	10:49.72	L	F	Lumka Ntaka	13	UMSH ETH	17/12/2021 2021 KZNA Premier Provincial Champ
17	10:53.40	L	F	Robyn Barbour	13	ESP EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
18	10:55.12	L	F	Caitlin Scheepers	13	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20
19	10:58.23	L	F	Kathleen Welsh	13	MSC NGD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
20	10:59.71	L	F	Angel Williams	13	GSA CPT	30/10/2021 CANA Virtual Swimming Championship
21	11:01.23	L S	F	Jessica Sardinha	13	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
22	11:05.12	L	F	Mareze Frylinck	13	BLSS MAN	08/10/2021 Super Seals Prestige Gala
23	11:13.65	L	F	Amy Botha	13	BAS EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
24	11:17.64	L	F	Emily Palmer	13	USC BUF	10/12/2021 BCA Long Course Championships 202
25	11:20.23	L	F	Kiara Banks	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
26	11:20.44	L	F	Rachel Hinckley	13	CA EKU	22/10/2021 EGA Summer 3
27	11:21.65	L	F	Milri-Ann Summerton	13	NWUC KKD	08/12/2021 NWS Championships 2020/2021
28	11:26.52	L	F	Ella Eldar	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
29	11:28.20	L	F	Leila Yazbek	13	BLNE MAN	03/09/2021 Mangaung Winter Champs
30	11:28.69	L	F	Karmen Van Rensburg	13	UNI EZD	29/10/2021 CANA Virtual Swimming Championship
31	11:29.13	L	F	Corli Liversage	13	BLSS MAN	02/10/2021 Frank Gray Memorial Championships :
32	11:31.20	L	F	Ashley Scholtz	13	CA EKU	22/10/2021 EGA Summer 3
33	11:37.65	L	F	Kate-Lynn de Jager	AR	BLOT MAN	08/12/2021 Free State Champs 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
34	11:43.56	L	F	Nicola Olivier	13	HARB BPD	16/10/2021	NWS Age Group 1&2
35	11:50.26	L	F	Rii Spoelstra	13	TUKS TSH	08/10/2021	NTS October Combined Age Group
36	11:51.58	L	F	Nicole Van Zyl	13	CA EKU	22/10/2021	EGA Summer 3
37	11:52.32	L	F	Zoë Goebel	13	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
38	11:54.94	L	F	Madison Hayes	13	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
39	11:54.95	L	F	Leané Gouws	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
40	11:59.41	L	F	Jodi Boettger	13	USC BUF	10/12/2021	BCA Long Course Championships 202
41	12:13.01	L	F	Esther Sullivan	13	WSTV ETH	17/12/2021	2021 KZNA Premier Provincial Champ
42	12:16.91	L	F	Maria Dos Santos	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
43	12:17.92	L	F	Kayla Honey	13	ONYX EKU	22/10/2021	EGA Summer 3
44	12:24.62	L	F	Miela Smit	13	AQUA BUF	10/12/2021	BCA Long Course Championships 202
45	12:27.70	L	F	Karli Lotter	13	ROA EDD	19/11/2021	Eden LC Champs 2021
46	12:44.55	L	F	Sarah-Jane Mouton	13	HARL BUF	10/12/2021	BCA Long Course Championships 202
47	12:58.48	L	F	Dorethe Meyer	AR	BLOT MAN	08/12/2021	Free State Champs 2021
48	13:00.32	L	F	Leanke Voigt	13	JAQ EKU	02/10/2021	Frank Gray Memorial Championships :
49	13:16.89	L	F	Morgan Meyer	13	ESP EKU	22/10/2021	EGA Summer 3
50	13:21.91	L	F	Deoné Borstlap	13	POTC KKD	08/12/2021	NWS Championships 2020/2021
51	13:25.20	L	F	Chrystil Raymond	13	CSA EZD	29/10/2021	CANA Virtual Swimming Championship
52	13:30.87	L	F	Lara Louw	13	BLNE MAN	28/10/2021	Neptune Prestige Gala
53	13:41.07	L	F	Andria Le Roux	13	JAQ EKU	02/10/2021	Frank Gray Memorial Championships :
54	13:43.01	L	F	Simone Cussons	13	CSA EZD	29/10/2021	CANA Virtual Swimming Championship
55	13:45.65	L	F	Leila Schenk	13	USC BUF	10/12/2021	BCA Long Course Championships 202
56	14:43.80	L	F	Micaïla Hegter	13	BLSS MAN	08/10/2021	Super Seals Prestige Gala
57	16:00.79	L	F	Catherine O'Grady	13	EXA EZD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 20
Women 13-13 1500 Free								
1	19:01.83	L	F	Madison du Plessis	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
2	20:48.04	L S	F	Angel Williams	13	GSA CPT	30/10/2021	CANA Virtual Swimming Championship
3	21:28.61	L	F	Maria Steyn	13	BLSS MAN	08/10/2021	Super Seals Prestige Gala
4	22:11.71	L	F	Corli Liversage	13	BLSS MAN	28/10/2021	Neptune Prestige Gala
5	22:30.02	L	F	Nicola Olivier	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
6	24:01.81	L	F	Maria Dos Santos	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
7	24:38.29	L	F	Ella Eldar	13	TUKS TSH	14/01/2022	NTS January 2022 Combined Age Grc
Women 13-13 50 Back								
1	32.36	L S	F	Naledi Thobeha	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
2	32.40	L S	F	Anri Van Der Westhuizen	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
3	32.50	L S	F	Jenna Coetzee	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
4	32.66	L S	F	Gizelle Maritz	13	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
5	32.87	L	P	Katelyn Fourie	13	FSS FS	26/03/2022	SA Schools Swimming Championship
6	32.99	L S	F	Kayla Gous	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
7	33.18	L	F	Danielle Cronjè	13	GSA CPT	07/12/2021	Western Cape LC-A Championship 20
8	33.29	L	F	Amy Aaron	13	WSTV ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
9	33.72	L	P	Stephanie Jurado	13	ROA EDD	07/12/2021	Western Cape LC-A Championship 20
10	34.01	L	F	Emily Macqueen	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021
11	34.06	L	F	Lara Smith	13	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
12*	34.14	L S	P	Kendra Begley	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
12*	34.14	L	F	Abigail Roberts	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
14	34.21	L S	P	Scarlett Le Roux	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
15	34.27	L	F	Erin Joubert	13	KLOO ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
16	34.34	L	F	Amy O'Connor	13	GAUT	26/03/2022	SA Schools Swimming Championship
17	34.37	L	F	Anastasia Sequeira	13	DRGN EKU	28/01/2022	EGA Last Chance Gala
18	34.45	L	P	Mila Vd Linde	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
19	34.52	L	F	Amy Combrink	13	VINE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
20	34.64	L	F	Ashley Scholtz	13	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
21	34.80	L S	P	Leila Yazbek	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
22	34.84	L	F	Jesse-Leah Laderach	13	PEAS NMA	29/03/2022	SA Regional SNR & JNR Champs WC
23	34.85	L	F	Emma Rossouw	13	QUIC CPT	30/10/2021	CANA Virtual Swimming Championship
24	34.91	L S	F	Hannah Burke	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
25	34.98	L	F	Amy Botha	13	BAS EKU	29/03/2022	SA Regional Aquatic Champs 2022- N

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
26	35.01	L	F	Kendra Matthysen	13	SSISA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
27	35.10	L	F	Savannah Mostert	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
28	35.12	L	F	Jana Swiegers	13	TUKS FSH	15/12/2021 NTS Championships 2021
29*	35.14	L	P	Genevieve Christensen	13	ACSA ETH	05/02/2022 KZN Junior Championships 2021
29*	35.14	L	P	Gemma Goncalves	13	STSC UHD	05/02/2022 KZN Junior Championships 2021
31	35.21	L	F	Grace Powell	13	CSC FSH	18/02/2022 NTS Combined February Age Group C
32	35.25	L	F	Jemma Pearse	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
33	35.28	L	P	Milri-Ann Summerton	13	NWUC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
34	35.29	L	F	Eine Reynolds	13	ECA NMA	26/03/2022 SA Schools Swimming Championship
35	35.33	L	P	Emily Palmer	13	CPRIM BUF	08/02/2022 BCA Primary School Top 8
36*	35.34	L	F	Zandri Knoetze	13	INFA NMA	17/03/2022 SA Level 3 Regional Age Group Chan
36*	35.34	L S	P	Simone Vd Merwe	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
38	35.45	L	F	Chloe Olivier	13	SOUL EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
39	35.48	L	F	Philippa Stevens	13	INFA NMA	12/11/2021 PEA Winter Gala Take 2
40	35.57	L	F	Lucy Le Roux	13	ASAW CED	29/03/2022 SA Regional SNR & JNR Champs WC
41	35.69	L	F	Rouxne Du Plessis	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
42	35.80	L	F	Paige Jacobs	13	FAAC FB	08/12/2021 Champs 2021
43	35.85	L	P	Hannah Turner	13	SAAW CPT	07/12/2021 Western Cape LC-A Championship 20
44	35.87	L	F	Jaime Mote	13	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
45	35.90	L	P	Lily Durant	13	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
46	35.93	L	P	Ava-Loren Van Galen	13	BIOS CED	29/03/2022 SA Regional SNR & JNR Champs WC
47	36.04	L	P	Marlene Ward	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
48	36.23	L	P	Sarah-Jane Mouton	13	HARL BUF	17/03/2022 SA Level 3 Regional Age Group Chan
49	36.29	L	F	Charnè Landman	13	ASAC CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
50	36.31	L	F	Mareze Frylinck	13	BLSS MAN	08/10/2021 Super Seals Prestige Gala
51	36.34	L	F	Me-Kayla Rew	13	TUKS FSH	24/09/2021 NTS Age Group September SANJ+
52	36.39	L	P	Moya Steer	13	SEAL UMD	05/02/2022 KZN Junior Championships 2021
53	36.45	L	P	Corli Livsavage	13	BLSS MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
54	36.47	L	P	Ianthy Moolman	13	MSC NGD	18/03/2022 SA Level 3 Regional Age Group Chan
55	36.52	L S	P	Ruth Dredge	13	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
56	36.53	L	F	Emma Lategan	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
57	36.56	L	P	Anne Marais	13	LP CCD	26/03/2022 SA Schools Swimming Championship
58	36.63	L	F	Megan Nieman	13	PSC FSH	18/03/2022 SA Level 3 Regional Age Group Chan
59*	36.66	L	F	Chelsea Main	13	UITH NMA	30/10/2021 CANA Virtual Swimming Championship
59*	36.66	L	P	Leah Scott	13	MGSC UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
61	36.67	L	F	Abigail Scheffer	13	PAC FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
62	36.74	L	F	Danaleigh Swanepoel	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
63	36.91	L	P	Jade O'Connor	13	AWIN FSH	18/03/2022 SA Level 3 Regional Age Group Chan
64	36.95	L	F	Zoë Goebel	13	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
65	37.03	L	F	Lily Ogden	13	BLTA NMA	12/11/2021 PEA Winter Gala Take 2
66*	37.15	L	F	Jaime Maritz	13	RIV EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
66*	37.15	L	F	Taylor-Blake Van Tonder	13	ROA EDD	17/03/2022 SA Level 3 Regional Age Group Chan
68	37.21	L	F	Isabella Havemann	13	ASAC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
69	37.22	L	F	Veronique Riekert	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
70	37.24	L	F	Lara Verhoef	13	VINE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
71	37.26	L	F	Kaylin Bezuidenhoud	13	BLSS MAN	08/12/2021 Free State Champs 2021
72	37.28	L	F	Emily Mc Laren	13	SGUL ETH	29/01/2022 EDA Age Group Gala 4
73	37.34	L	F	Caitlyn Dube	13	RSA	14/04/2022 CANA Zone IV SwimmingChampionsh
74	37.36	L	P	Mikayla Smit	13	SWIM1 JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
75	37.37	L	P	Kailey Joubert	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
76	37.39	L	P	Sophie Hudson	13	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
77	37.41	L	F	Mieke Van Der Walt	13	FISH EDD	19/11/2021 Eden LC Champs 2021
78	37.42	L	F	Hannah Sandilands	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
79	37.47	L	F	Danielle Harbron	13	FAAC FB	21/01/2022 Flamingo Gala 2022
80	37.49	L	P	Kelly Stork	13	MAC EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
81*	37.50	L	F	Zante Young	13	RBUR BPD	08/12/2021 NWS Championships 2020/2021
81*	37.50	L	F	Maria Steyn	13	BLSS MAN	08/12/2021 Free State Champs 2021
83	37.53	L	F	Dorette du Plessis	13	NWUC KKD	08/12/2021 NWS Championships 2020/2021
84	37.57	L	P	Peta Mazery	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
85	37.58	L	P	Kaylie Groenewald	13	SS MPD	11/03/2022	SA Level 2 Regional Age Group Cham
86	37.59	L	F	Ilanze du Plessis	13	BULS MAN	08/12/2021	Free State Champs 2021
87	37.61	L	F	Annebel Stewart	13	AZON ETH	17/03/2022	SA Level 3 Regional Age Group Chan
88*	37.62	L	F	Jaimee-Lee Wenham	13	WSTV ETH	17/12/2021	2021 KZNA Premier Provincial Champ
88*	37.62	L	F	Gabrielle Hobson	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
90	37.67	L	F	Natania Komakech	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
91*	37.71	L	F	Larissa Visagie	13	ASAC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
91*	37.71	L	F	Leané Gouws	13	HREF BPD	17/03/2022	SA Level 3 Regional Age Group Chan
93	37.73	L	F	Macy Hains	13	INFA NMA	10/12/2021	NMBA Championships 2021
94	37.82	L	F	Hannah Naidoo	CR	BAYV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
95	37.84	L	F	Mieke Vd Wal	13	BARR CPT	08/10/2021	40th Freda Barnard Invitational Gala
96	37.86	L	F	Madison du Plessis	AR	BLOT MAN	03/09/2021	Mangaung Winter Champs
97	37.87	L	P	Jocelyn Cromhout	13	HARL BUF	17/03/2022	SA Level 3 Regional Age Group Chan
98	37.88	L	P	Athina Mc Colgan	13	TUKS FSH	15/12/2021	NTS Championships 2021
99	37.92	L	F	Chrisley Barnard	13	WSS FDD	17/03/2022	SA Level 3 Regional Age Group Chan
100	37.93	L	P	Jodi Boettger	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
101*	37.95	L	F	René Kotzé	13	POTC KKD	08/12/2021	NWS Championships 2020/2021
101*	37.95	L	F	Kate-Lynn de Jager	AR	BLOT MAN	17/03/2022	SA Level 3 Regional Age Group Chan
101*	37.95	L	P	Michaela Blaine	13	PEAS NMA	17/03/2022	SA Level 3 Regional Age Group Chan
104	37.97	L	F	Jessica Staats	13	SGUL ETH	12/06/2021	Curro Age Group Gala 1
105	37.98	L	F	Isabella Els	13	INFA NMA	10/12/2021	NMBA Championships 2021
106	37.99	L	F	Amy-Lee Jones	13	BENS EKU	28/01/2022	EGA Last Chance Gala
107	38.00	L	P	Jocelyn Cromhout	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
108	38.02	L	P	Ilze Hendriks	13	TOTIS ETH	11/03/2022	SA Level 2 Regional Age Group Chan
109	38.05	L	P	Abby Novos	13	ASAC CPT	07/12/2021	Western Cape LC-A Championship 20
110*	38.06	L	F	Leeya Amon	13	TYGE CPT	08/10/2021	40th Freda Barnard Invitational Gala
110*	38.06	L	F	Morgan Meyer	13	ESP EKU	04/09/2021	EGA Adrian Grafe Gala 2021
110*	38.06	L	P	Karmen Van Rensburg	13	UNI EZD	03/12/2021	Mpumalanga Championships 2021
113	38.07	L S	P	Jessica Sardinha	13	BAS EKU	09/12/2021	EGA Summer Champs 2021
114	38.14	L	F	Sandri Visser	13	PLAY CED	29/03/2022	SA Regional SNR & JNR Champs WC
115	38.17	L	F	Stacey Smith	13	PAC FSH	24/09/2021	NTS Age Group September SANJ+
116	38.18	L	F	Shanna-Leigh Zeelie	13	BLMA CPT	17/03/2022	SA Level 3 Regional Age Group Chan
117*	38.21	L	F	Leia Braithwaite	13	SGUL ETH	29/01/2022	EDA Age Group Gala 4
117*	38.21	L	F	Lyuba van Niekerk	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
119	38.24	L	P	Kayla Verbaan	13	KLOO ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
120*	38.30	L	F	Amelie Van der Merwe	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
120*	38.30	L	F	Chrystil Raymond	13	CSA EZD	18/03/2022	SA Level 3 Regional Age Group Chan
122	38.32	L	P	Emily Liebenberg	13	SWAR WCD	07/12/2021	Western Cape LC-A Championship 20
123	38.35	L	P	Sunny Huang	13	WATR JHB	07/12/2021	Western Cape LC-A Championship 20
124	38.54	L	F	Anja Koen	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
125	38.58	L	F	Nisa Da Silva	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
126	38.63	L S	P	Megan Augustyn	13	ONYX EKU	09/12/2021	EGA Summer Champs 2021
127	38.67	L	P	Madisynn Elliott	13	LINR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
128*	38.74	L	F	Jessica Smith	13	SWIM1 JHB	03/12/2021	CGA LC Summer Champs - Level3+
128*	38.74	L	F	Dorethe Meyer	AR	BLOT MAN	25/02/2022	Neptune last chance gala
130	38.77	L	P	Christi Serfontein	13	QUIC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
131	38.84	L	F	Mia Vd Merwe	13	GREY CPT	17/03/2022	SA Level 3 Regional Age Group Chan
132*	38.87	L	F	Kathleen Welsh	13	MSC NGD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 20
132*	38.87	L	P	Cambria Steyn	13	TUKS FSH	11/03/2022	SA Level 2 Regional Age Group Cham
134*	38.91	L	F	Maria Outram	13	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group Chan
134*	38.91	L	F	Johané Jv Rensburg	13	TUKS FSH	11/03/2022	SA Level 2 Regional Age Group Cham
136*	38.99	L	F	Elrike du Plessis	13	FSAC BPD	08/12/2021	NWS Championships 2020/2021
136*	38.99	L	F	Rachel Hinckley	13	CA EKU	22/10/2021	EGA Summer 3
138*	39.01	L	F	Zoe Ann Kruger	13	AQU ADJ	03/12/2021	WSC & Seals Summer LC Champs 20
138*	39.01	L	F	Taylor Emslie	13	HPPS BUF	08/02/2022	BCA Primary School Top 8
140*	39.05	L	F	Robyn Barbour	13	ESP EKU	04/09/2021	EGA Adrian Grafe Gala 2021
140*	39.05	L	F	Taylor Dukes	13	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
142	39.07	L	P	Megan Neizel	13	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group Chan
143	39.08	L	P	Michaela Nell	13	WATR JHB	18/03/2022	SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
144*	39.12	L	F	Nicola Olivier	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
144*	39.12	L	F	Nicole Van Zyl	13	CA EKU	04/09/2021	EGA Adrian Grafe Gala 2021
146*	39.21	L	F	Donne Bruyns	13	CSA EZD	03/12/2021	Mpumalanga Championships 2021
146*	39.21	L	F	Anne Steyl	13	PRKA PS	08/12/2021	Champs 2021
148	39.24	L	P	Mari Wium	13	QSAW CED	07/12/2021	Western Cape LC-A Championship 20
149	39.26	L	F	Mia Wellsted	13	HASC JHB	03/12/2021	CGA LC Summer Champs - Level3+
150	39.28	L	P	Simone Cussons	13	CSA EZD	03/12/2021	Mpumalanga Championships 2021
151	39.31	L	F	Imre' Bezuidenhout	13	PAC FSH	10/12/2021	2021 The Tshwane Mayoral Gala
152	39.32	L	P	Leina Myburgh	13	PER JHB	18/03/2022	SA Level 3 Regional Age Group Chan
153*	39.34	L	F	Mieka Wichmann	13	SEAL UMD	30/10/2021	CANA Virtual Swimming Championship
153*	39.34	L	P	Makula Kyabayinze	13	TUKS FSH	11/03/2022	SA Level 2 Regional Age Group Cham
153*	39.34	L	P	Jaimee-Lee Marais	13	SWIFT EKU	18/03/2022	SA Level 3 Regional Age Group Chan
153*	39.34	L	P	Leah Crozier	13	FAAC FB	17/03/2022	SA Level 3 Regional Age Group Chan
157	39.39	L	P	Leigh Pijoes	13	BLMA CPT	07/12/2021	Western Cape LC-A Championship 20
158	39.46	L	P	Chloe Pieterse	13	CLSC WCD	17/03/2022	SA Level 3 Regional Age Group Chan
159	39.57	L	F	Cait Da Cunha	13	BON JHB	18/09/2021	EGA Summer 1
160	39.62	L	F	Tanika Du Plessis	13	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
161	39.63	L	P	Tayler Ririe	13	BLSS MAN	17/03/2022	SA Level 3 Regional Age Group Chan
162	39.80	L	F	Lienke Van OS	13	BULS MAN	08/12/2021	Free State Champs 2021
163	39.81	L	P	Giselle Kemper	13	CYBE CPT	07/12/2021	Western Cape LC-A Championship 20
164	39.92	L	P	Bianca O'Kennedy	13	CUDU CPT	22/03/2022	SA Level 2 Regional Age Group Chan
165	39.93	L	F	Catherine Desilla	13	MDOL EKU	11/03/2022	SA Level 2 Regional Age Group Cham
166*	39.95	L	F	Cathrijn Davel	13	MSC NGD	21/01/2022	MP AGE GROUP 4 GALA 21 - 22 JAN
166*	39.95	L	P	Julie Kockott	13	SPS BUF	08/02/2022	BCA Primary School Top 8
168*	39.98	L	P	Lumka Ntaka	13	UMSH ETH	05/02/2022	KZN Junior Championships 2021
168*	39.98	L	P	Kelci Leech	13	BLSS MAN	08/12/2021	Free State Champs 2021
170	40.01	L	F	Gabriella Fotheringham	13	SOUL EKU	28/01/2022	EGA Last Chance Gala
171	40.02	L	F	Jessica Bosman	13	QUIC CPT	30/10/2021	CANA Virtual Swimming Championship
172	40.06	L	P	Wilmien Verbeek	13	CUDU CPT	17/03/2022	SA Level 3 Regional Age Group Chan
173	40.09	L	F	Daniella Harcus	13	INFA NMA	20/11/2021	2nd A League Gala 2021
174	40.13	L	P	Lelanie Buhr	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
175	40.16	L	P	Danielle Van Vuuren	13	DDA FSH	18/03/2022	SA Level 3 Regional Age Group Chan
176	40.25	L	F	Kayleigh Hahn	13	ROA EDD	19/11/2021	Eden LC Champs 2021
177	40.26	L	F	Ayalakha Mokoena	13	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
178	40.28	L	F	Caitlin Govender	13	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
179	40.31	L	F	Tia Mari Theron	13	TKS WBD	12/02/2022	Limpopo Champs
180*	40.43	L	F	Ingrid Van Loggerenberg	13	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
180*	40.43	L	P	Kiera Ruane	13	TUKS FSH	15/12/2021	NTS Championships 2021
182	40.44	L	F	Sarah Bruwer	13	MMD CPT	04/12/2021	CTA Qualifying Meet
183	40.47	L	F	Teagan Hamer	13	INFA NMA	08/10/2021	40th Freda Barnard Invitational Gala
184*	40.50	L	F	Minke Labuscagne	13	BLSS MAN	28/10/2021	Neptune Prestige Gala
184*	40.50	L	F	Jamie-Lee Espag	13	AZON ETH	12/06/2021	Curro Age Group Gala 1
186	40.53	L	F	Lana Viljoen	13	ZASC FSH	18/02/2022	NTS Combined February Age Group G
187	40.55	L	F	Daniëlla Müller	13	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
188*	40.59	L	F	Megan Webster	13	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
188*	40.59	L	P	Kiara Banks	13	TUKS FSH	15/12/2021	NTS Championships 2021
190	40.62	L	F	Ella Bruyns	13	ASA ILD	30/10/2021	CANA Virtual Swimming Championship
191	40.64	L	F	Anmi Slabbert	13	PAQU CED	08/10/2021	40th Freda Barnard Invitational Gala
192	40.67	L	P	Anè Cloete	13	QUIC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
193	40.73	L	F	Monique Van Zyl	13	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
194	40.75	L	P	Amelie Brügers	13	VINE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
195	40.78	L	P	Esti Mouton	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
196*	40.79	L	F	Zia Petersen	13	XSAQ CPT	30/10/2021	CANA Virtual Swimming Championship
196*	40.79	L	F	Ashley Seymour	13	WSS FDD	22/03/2022	SA Level 2 Regional Age Group Cham
198*	40.83	L	F	Mila Naudé	13	TUKS FSH	04/02/2022	NTS February Age Group 14 & Under
198*	40.83	L	P	Esmarie Terblanche	13	HTSA CPT	22/03/2022	SA Level 2 Regional Age Group Chan
200	40.84	L	F	Imke Els	13	TYGE CPT	30/10/2021	CANA Virtual Swimming Championship
201	40.86	L	F	Kemantha Ayair	CR	BAYV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
202	40.92	L	F	Kate Savage	13	VINE CPT	30/10/2021	CANA Virtual Swimming Championship

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
203	40.96	L	F	Lungiswa Grootboom	13	SWAR	WCD	22/03/2022 SA Level 2 Regional Age Group Chan
204*	41.08	L	F	Lara Louw	13	BLNE	MAN	28/10/2021 Neptune Prestige Gala
204*	41.08	L	F	Nicola Schwartz	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
206	41.11	L	F	Emma Neethling	13	FISH	EDD	30/10/2021 CANA Virtual Swimming Championshipj
207	41.17	L	F	Simonè Schonken	13	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
208	41.19	L	F	Zine Ferns	13	ACAQ	CCD	16/10/2021 Limpopo Age Group 4
209	41.22	L	P	Anè Kemp	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
210	41.26	L	F	Jessica Carrol	13	BLMA	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
211*	41.28	L	P	Nikita Scruby	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
211*	41.28	L	F	Shayla Harvey	13	WSTV	ETH	29/01/2022 EDA Age Group Gala 4
213	41.29	L	P	Emma Ralfe	13	SEAL	UMD	17/03/2022 SA Level 3 Regional Age Group Chan
214	41.31	L	F	Emily Serman	13	BON	JHB	28/01/2022 EGA Last Chance Gala
215	41.37	L	F	Kendra Lai Thom	13	ELEC	JHB	17/10/2021 2021 AG Swim Stars Champs & OR T
216	41.42	L	P	Summer Ascielli	13	CYBE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
217	41.49	L	F	Gabriella Lobban	13	CRSC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
218	41.57	L	F	Sinoah Pretorius	13	TUKS	FSH	18/02/2022 NTS Combined February Age Group C
219	41.58	L S	P	Kellen McLaren	13	SOUL	EKU	09/12/2021 EGA Summer Champs 2021
220	41.62	L	F	Mia Crookham	13	TYGE	CPT	04/12/2021 CTA Qualifying Meet
221	41.66	L	F	Sian Kleynhans	13	KALA		05/02/2022 NCASA Sprints Gala 2022
222	41.67	L	P	Andria Le Roux	13	JAQ	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
223*	41.68	L	P	Logan Francke	13	RBOT	BPD	22/03/2022 SA Level 2 Regional Age Group Cham
223*	41.68	L	P	Carme Louw	13	TASC	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
225	41.71	L	P	Tatiana Ioannides	13	BLSS	MAN	08/12/2021 Free State Champs 2021
226	41.72	L	P	Vera Chen	13	BLSS	MAN	08/12/2021 Free State Champs 2021
227	41.73	L	P	Michaela Clegg	13	AZON	ETH	11/03/2022 SA Level 2 Regional Age Group Chan
228*	41.78	L	F	Janca Hattingh	13	CSA	EZD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
228*	41.78	L	P	Leanke Voigt	13	JAQ	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
230	41.80	L	F	Hayley Steyn	13	NHS	EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
231	41.81	L	P	Owami Mthethwa	13	VRY	ZLD	05/02/2022 KZN Junior Championships 2021
232	41.86	L	P	Esther Sullivan	13	WSTV	ETH	05/02/2022 KZN Junior Championships 2021
233	41.87	L	F	Nieke Breytenbach	KR	BLOT	MAN	22/03/2022 SA Level 2 Regional Age Group Cham
234	41.93	L	F	Micaela Mutooni	13	ELEC	JHB	03/12/2021 CGA LC Summer Champs - Level 2
235	41.94	L	F	Kayla Vosloo	AR	BLOT	MAN	06/11/2021 Heidedal Gala
236	41.96	L	P	Yvonne Pretorius	13	MSC	NGD	03/12/2021 Mpumalanga Championships 2021
237*	41.97	L	F	Milena Pugliese	13	MMD	CPT	04/12/2021 CTA Qualifying Meet
237*	41.97	L	F	Daniela Colyn	13	ONYX	EKU	28/01/2022 EGA Last Chance Gala
239	42.02	L	F	Mila Petrak	13	ELEC	JHB	03/12/2021 CGA LC Summer Champs - Level3+
240	42.06	L	P	Zine Mostert	13	WATR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
241	42.09	L	P	Mia Bruwer	13	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
242	42.14	L	P	Judy Stevens	13	QUIC	CPT	07/12/2021 Western Cape LC-A Championship 20
243	42.16	L	F	Anzelle van Rooyen	13	DRGN	EKU	22/10/2021 EGA Summer 3
244	42.26	L	F	Chloe Petersen	13	TUKS	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
245	42.33	L	F	Helena Pretorius	13	TKS	WBD	12/02/2022 Limpopo Champs
246	42.34	L	P	Keanda Mokoena	13	TUKS	FSH	11/03/2022 SA Level 2 Regional Age Group Cham
247*	42.37	L	F	Chloe Jewell	13	PEAS	NMA	10/12/2021 NMBA Championships 2021
247*	42.37	L	F	Gabriella Gericke	13	MMD	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
249	42.43	L	F	Madison Hayes	13	TYGE	CPT	08/10/2021 40th Freda Barnard Invitational Gala
250*	42.44	L	F	Jocke Coetzee	13	KALA		22/03/2022 SA Level 2 Regional Age Group Cham
250*	42.44	L	P	Georgia Knight	13	WATR	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
252	42.45	L	F	Carmen Du Toit	13	INFA	NMA	10/12/2021 NMBA Championships 2021
253	42.47	L	F	Miela Smit	13	AQUA	BUF	27/11/2021 BCA November Age Group Gala 2021
254*	42.48	L	F	Elizabeth Opperman	13	KTS		19/02/2022 Age Group 6 & SA Schools Select - Ke
254*	42.48	L	F	Nicole Norman	13	RPAC	EKU	06/11/2021 OR TAMBO Soncini 2021
254*	42.48	L	P	Cyan van Den Berg	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
257	42.54	L	F	Zadie Van Wyk	13	TRAZ	FSH	08/10/2021 NTS October Combined Age Group
258	42.55	L	P	Maria Dos Santos	13	HREF	BPD	08/12/2021 NWS Championships 2020/2021
259	42.60	L S	P	Mea Harding	13	BAS	EKU	09/12/2021 EGA Summer Champs 2021
260	42.61	L	F	Kganya Mashigo	13	PAC	FSH	22/10/2021 NTS October Level 1-3 Age Group
261	42.62	L	F	Asia Kleinhans	13	AQDO	CPT	08/10/2021 40th Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
262	42.68	L	P	Rachel Watermeyer	13	SEAL UMD	05/02/2022 KZN Junior Championships 2021
263	42.79	L	P	Isabè Van Dyk	13	CUHE ØBD	22/03/2022 SA Level 2 Regional Age Group Chan
264*	42.84	L	P	Izolde Lombard	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
264*	42.84	L	P	Charlee Davis	13	RAV EKV	11/03/2022 SA Level 2 Regional Age Group Cham
266	42.90	L	F	Abby Tribe	13	TCA EKV	22/10/2021 EGA Summer 3
267	42.93	L	P	Emily Tsai	13	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
268	43.02	L	F	Mia Gerber	13	DDA TSH	22/10/2021 NTS October Level 1-3 Age Group
269*	43.07	L	F	Sienna Wilensky	13	ASAC CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
269*	43.07	L	P	Cara Francis	13	DDA TSH	11/03/2022 SA Level 2 Regional Age Group Cham
271	43.09	L	P	Tatum Sanderson	13	SOWE JHB	11/03/2022 SA Level 2 Regional Age Group Cham
272*	43.12	L	F	Tayla Gerber	13	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
272*	43.12	L	F	Micke De Jager	LR	PSA ZLD	05/03/2022 KCDA Level 2 Champs 2022
274	43.23	L	F	Dahlia Cassar	13	VINE CPT	04/12/2021 CTA Qualifying Meet
275	43.25	L	P	Tayla Ferreira	13	ESTR EKV	11/03/2022 SA Level 2 Regional Age Group Cham
276	43.27	L	P	Sanelisiwe Dawe	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
277	43.28	L	P	Kailyn Roopchand	13	PSCP UMD	05/02/2022 KZN Junior Championships 2021
278	43.35	L	F	Anya Fernando	13	SASE JHB	03/12/2021 CGA LC Summer Champs - Level 2
279	43.37	L	F	Selente Oosthuysen	13	HARB BPD	22/03/2022 SA Level 2 Regional Age Group Cham
280	43.41	L	F	Lara Wink	13	VINE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
281	43.46	L	F	Charis Naidoo	13	AZON ETH	12/06/2021 Curro Age Group Gala 1
282	43.47	L	F	Makenna Penney	13	AZON ETH	12/06/2021 Curro Age Group Gala 1
283	43.54	L	P	Jorja Turner	13	VINE CPT	22/03/2022 SA Level 2 Regional Age Group Chan
284	43.56	L	F	Danika Van Zyl	13	FRA UJD	29/01/2022 Frog n' Fish Sprints 2022
285	43.62	L	P	Aime' Heydricks	13	BLUO UGD	11/03/2022 SA Level 2 Regional Age Group Chan
286	43.63	L	F	Ebenette Van Niekerk	13	FISHS EDD	19/11/2021 Eden LC Champs 2021
287	43.67	L	P	Mischka Sam	13	SPS ØUF	08/02/2022 BCA Primary School Top 8
288	43.70	L	F	Emma Brits	13	PSC TSH	02/10/2021 NTS Level 1 Age Group September
289	43.78	L S	P	Eireann De Witte	13	TCA EKV	09/12/2021 EGA Summer Champs 2021
290	43.80	L	F	Megan Van den Heever	13	CSA EZD	29/10/2021 CANA Virtual Swimming Championship
291	43.82	L	F	Zorina Tromp	13	OE JHB	22/10/2021 EGA Summer 3
292	43.90	L	P	Wilona Erasmus	13	VALS FDD	08/12/2021 Free State Champs 2021
293	43.92	L	F	Deoné Borstlap	13	POTC KKD	08/12/2021 NWS Championships 2020/2021
294	43.93	L	F	Kgothatso Tsebe	13	STAR BPD	08/12/2021 NWS Championships 2020/2021
295	43.94	L	F	Onkaribile Molamu	13	MATL KKD	11/02/2022 NW Last Chance
296	44.06	L	F	Zara Carrie	13	LINR JHB	06/03/2022 SSA Regional Level 1 Championships
297	44.07	L	P	Annika Potgieter	13	POTC KKD	08/12/2021 NWS Championships 2020/2021
298	44.27	L	F	Lerize Du Toit	13	ACAQ CCD	16/10/2021 Limpopo Age Group 4
299*	44.28	L	F	Buhle Mahlalela	13	UNI EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.
299*	44.28	L	F	Mignon Burger	13	SWAR WCD	19/02/2022 Swartland Invitational #2 2022
301	44.29	L	F	Alida Louw	13	UPSK	04/12/2021 Age Group 4 - Upington
302	44.36	L	F	Rienke Blignaut	13	WSS FDD	08/10/2021 Super Seals Prestige Gala
303	44.38	L	F	Esther Sauls	13	PGAC EKV	22/10/2021 EGA Summer 3
304	44.49	L	F	Anna Gardner	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
305	44.52	L	F	Sune von Wielligh	13	KTS	13/11/2021 Kalahari Classic Gala 2021
306	44.58	L	F	Alea Du Toit	13	BLMA CPT	30/10/2021 CANA Virtual Swimming Championship
307*	44.67	L	F	Liza Schoeman	13	ØBOT BPD	11/02/2022 NW Last Chance
307*	44.67	L	F	Sadie Jelley	13	PAC TSH	04/02/2022 NTS February Age Group 14 & Under
309	44.68	L	F	Nina Van Tonder	13	WOAQ CED	04/12/2021 CTA Qualifying Meet
310	44.72	L	F	Danelle Conradie	13	HWSK	06/11/2021 Age Group 1 & 2 - Kimberley
311*	44.80	L	F	Lisa van der Westhuizen	13	POTC KKD	11/02/2022 NW Last Chance
311*	44.80	L	F	Caitlyn Arendse	13	TUKS TSH	18/02/2022 NTS Combined February Age Group G
313	44.83	L	F	Chrisna Du Plessis	13	KALA	21/01/2022 Flamingo Gala 2022
314	44.85	L	P	Maya Ndegwa	13	ELEC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
315	44.90	L	P	Kuzinsca Siranza	13	CAMBØ ØUF	08/02/2022 BCA Primary School Top 8
316	44.91	L	P	Veera Khusal	13	BON JHB	11/03/2022 SA Level 2 Regional Age Group Cham
317	45.12	L	F	Lehanra Greeff	13	HARB BPD	02/10/2021 Frank Gray Memorial Championships :
318	45.14	L	P	Emma Davies	13	BAS EKV	18/03/2022 SA Level 3 Regional Age Group Chan
319	45.18	L	P	Gemma Caminsky	13	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
320	45.20	L	F	Olivia Van der Nest	13	KSC EZD	04/02/2022 MP AGE GROUP 5 GALA 4-5 FEBRU.

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

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	Time	P/F/S	Name	Age/Yr			
321	45.22	L	F	Hannah Coert	13	MANT CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
322	45.25	L	P	Elisha Perumal	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
323	45.32	L	F	Riley Koegelenberg	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
324	45.39	L	F	Hayley Diedericks	13	FRA UHD	20/11/2021 KCDA November Age Group Gala 202
325	45.53	L	P	Katey Nel	13	SOUL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
326	45.55	L	F	Amylee Holtzhausen	13	SEAL UMD	30/10/2021 CANA Virtual Swimming Championship
327	45.59	L	F	Emily Gebhardt	13	BIOS CED	29/01/2022 West Coast Qualify Gala 2022
328	45.61	L	P	Jesse Mather-Pike	13	BLUO UGD	11/03/2022 SA Level 2 Regional Age Group Chan
329	45.63	L	F	Amy Burrell	13	PEAS NMA	25/02/2022 Infinity Gala
330*	45.67	L	F	Juli Schoof	13	CAMPS CPT	04/12/2021 CTA Qualifying Meet
330*	45.67	L	P	Sophie McQuirk	13	SPS BUF	08/02/2022 BCA Primary School Top 8
332	45.76	L	F	Carli Dippenaar	13	ROJ EDD	08/10/2021 40th Freda Barnard Invitational Gala
333	45.85	L	F	Gabrielle Kramer	13	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
334	45.91	L	F	McKayla Moodley	13	BEAV ETH	11/03/2022 SA Level 2 Regional Age Group Chan
335	46.01	L	F	Kayla Welgemoed	13	VALS FDD	06/11/2021 Heidedal Gala
336	46.20	L	F	Cleo May	13	MARL CPT	12/11/2021 Swartland Invitational Gala 2021
337*	46.21	L	F	Micaïla Hegter	13	BLSS MAN	02/10/2021 Frank Gray Memorial Championships :
337*	46.21	L	F	Kara Du Preez	13	CSA EZD	29/10/2021 CANA Virtual Swimming Championship
339	46.31	L	F	Tenè Louw	13	BLMA CPT	30/10/2021 CANA Virtual Swimming Championship
340	46.33	L	F	Marlie Oliphant	13	FSE UHD	05/03/2022 KCDA Level 1 Champs 2022
341	46.36	L	F	Thaania Omar	13	WALM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
342	46.57	L	F	Helena Van Vuuren	13	KALA	13/11/2021 Kalahari Classic Gala 2021
343	46.81	L	F	Gita Hildebrand	13	KNYJ EDD	19/11/2021 Eden LC Champs 2021
344	46.99	L	F	Shyenne Laubscher	13	WSS FDD	08/10/2021 Super Seals Prestige Gala
345	47.11	L	P	Ilse Roos	13	EXA EZD	03/12/2021 Mpumalanga Championships 2021
346	47.62	L	F	Carla Carolus	13	XSAQ CPT	30/10/2021 CANA Virtual Swimming Championship
347	47.63	L	F	Leila Schenk	13	USC BUF	27/11/2021 BCA November Age Group Gala 2021
348	47.67	L	F	Dalya Swartz	13	MDOL EKU	28/01/2022 EGA Last Chance Gala
349	47.68	L S	F	Kate Allwood	13	GREY CPT	07/12/2021 Western Cape LC-A Championship 20
350	47.87	L	F	Ogalaletseng Khosana	13	TUKS FSH	02/10/2021 NTS Level 1 Age Group September
351	47.96	L	P	Amariah Singh	13	AWSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
352	47.99	L	P	Taegon Gunkel	13	BEAV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
353	48.12	L	P	Leah Flanagan	13	STUTT BUF	08/02/2022 BCA Primary School Top 8
354	48.13	L	F	Mekayla Pretorius	13	HWSK	13/11/2021 Kalahari Classic Gala 2021
355	48.44	L	P	Hannah Watson	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
356	48.60	L	F	Jacy Brand	13	SWAR WCD	29/01/2022 West Coast Qualify Gala 2022
357	48.67	L	F	Khano Mudau	13	TUKS FSH	02/10/2021 NTS Level 1 Age Group September
358	49.01	L	F	Elizabeth Du Plessis	13	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021
359	49.13	L	F	Karla Odendaal	13	TYGE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
360	49.25	L	F	Jacoline Crous	13	SWAR WCD	16/10/2021 Winelands SL 4
361	49.35	L	P	Sinalo Ndlovu	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
362	49.56	L	P	Catherine O'Grady	13	EXA EZD	03/12/2021 Mpumalanga Championships 2021
363	49.63	L	F	Andrea De Boer	13	TRAZ FSH	08/10/2021 NTS October Combined Age Group
364	49.77	L	F	Lyrece Louw	13	SOUL EKU	17/10/2021 2021 AG Swim Stars Champs & OR T
365	49.79	L	F	Olwakhe Godlo	13	WELA FDD	25/02/2022 Neptune last chance gala
366	50.04	L	F	Chade Van Niekerk	13	SS MPD	06/11/2021 Limpopo Age Group 5
367	50.54	L	P	Shaelyn Lawson	13	CAMB P BUF	08/02/2022 BCA Primary School Top 8
368	50.55	L	P	Naseerah Du Toit	13	WCA CPT	26/03/2022 SA Schools Swimming Championship
369	50.94	L	F	Naseerah Vd Merwe	13	WEST CPT	30/10/2021 CANA Virtual Swimming Championship
370	51.01	L	F	Lutfiyya Sheik	13	AQSC UMD	30/10/2021 CANA Virtual Swimming Championship
371	51.25	L	F	Rylie Smith	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
372	51.27	L	F	Elandri Piek	13	SOUL EKU	18/09/2021 EGA Summer 1
373	51.29	L	P	Kate Pretorius	13	SPS BUF	08/02/2022 BCA Primary School Top 8
374	51.53	L	F	Kirsten Campbell	13	WALM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
375	51.83	L	F	Bokamoso Imasiku	13	TLAC BPD	02/10/2021 Frank Gray Memorial Championships :
376	51.86	L	F	Lesedi-Lere Themba	13	ESP EKU	22/10/2021 EGA Summer 3
377	52.24	L	F	Gemma van der Merwe	13	PGAC EKU	06/03/2022 SSA Regional Level 1 Championships
378	52.75	L	F	Alaynah Bhamjee	13	ATLA JHB	06/11/2021 OR TAMBO Soncini 2021
379	52.83	L	F	Louca Joubert	13	DDA FSH	22/10/2021 NTS October Level 1-3 Age Group

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
380	53.70	L	F	Helen Sickles	13	KALA	05/02/2022 NCASA Sprints Gala 2022
381	54.01	L	F	Lwazi Mqeke	13	WELA FDD	16/10/2021 NWS Age Group 1&2
382	54.23	L	P	Khwezi Khaba	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
383	55.34	L	F	Mieké Schlebusch	13	HWSK	20/11/2021 Age Group 3 - Kimberley
384	55.53	L	P	Abigail Cullen	13	WELA FDD	08/12/2021 Free State Champs 2021
385	55.59	L	P	Paxton Rankin	13	TLAC BPD	08/12/2021 NWS Championships 2020/2021
386	55.98	L	F	Caris McCarthy	13	WILL NMA	12/03/2022 Level 1 Intra District Age Group Gala 2
387	58.16	L	F	Musa Mahlangu	13	ESP EKU	06/03/2022 SSA Regional Level 1 Championships
388	58.58	L	F	Zoë Pierce	13	ESTR EKU	18/09/2021 EGA Summer 1
389	59.00	L	F	Ambeswa Peter	13	WILL NMA	19/02/2022 EC Provincial Schools Gala
390	59.07	L	F	Gabriella Oaten	13	CYBE CPT	30/10/2021 CANA Virtual Swimming Championship
391	1:01.05	L	F	Naomi-Jane Kleinsmith	13	KHAY CPT	30/10/2021 CANA Virtual Swimming Championship
392	1:01.61	L	F	Iseabel Laubsher	13	BLMA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
393	1:01.74	L	F	Thandolwenkosi Mabaso	13	FRA UHD	02/10/2021 Froggies Aquatics Championships 202
394	1:08.12	L	F	Azalia Louw	13	RP EKU	22/10/2021 EGA Summer 3
395	1:09.97	L	F	Alana Shell	13	TLAC BPD	16/10/2021 NWS Age Group 1&2
Women 13-13 100 Back							
1	1:09.28	L	F	Jenna Coetzee	13	INFA NMA	10/12/2021 NMBA Championships 2021
2	1:11.05	L	F	Naledi Thobeha	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
3	1:11.29	L	F	Kayla Gous	13	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
4	1:11.31	L	F	Gizelle Maritz	13	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
5	1:12.23	L	P	Scarlett Le Roux	13	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
6	1:12.47	L	P	Danielle Cronjè	13	GSA CPT	07/12/2021 Western Cape LC-A Championship 20
7	1:12.90	L	P	Madison du Plessis	13	FSA FS	06/04/2022 SA National Aquatic SNR-JNR Champ
8	1:13.06	L	F	Katelyn Fourie	13	FSS FS	26/03/2022 SA Schools Swimming Championship
9	1:13.23	L	F	Mila Vd Linde	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
10	1:13.32	L	P	Anastasia Sequeira	13	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
11	1:13.45	L	F	Amy Combrink	13	VAUT CPT	29/03/2022 SA Regional SNR & JNR Champs WC
12	1:13.51	L	F	Amy O'Connor	13	GAIN	26/03/2022 SA Schools Swimming Championship
13	1:13.54	L	F	Erin Joubert	13	KLOO ETH	30/03/2022 SA National Aquatic JNR-Senior Cha
14	1:13.95	L	P	Angel Williams	13	GSA CPT	07/12/2021 Western Cape LC-A Championship 20
15	1:14.14	L	F	Amy Aaron	13	WSTV ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
16	1:14.30	L	F	Elne Reynolds	13	PEAR NMA	19/02/2022 EC Provincial Schools Gala
17	1:14.33	L	F	Emily Macqueen	13	SGUL ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
18	1:14.41	L	P	Kendra Begley	13	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
19	1:14.49	L	F	Anri Van Der Westhuizen	KR	BLOT MAN	21/01/2022 Flamingo Gala 2022
20	1:14.55	L S	F	Stephanie Jurado	13	SSISA CPT	30/10/2021 CANA Virtual Swimming Championship
21	1:14.64	L	F	Hannah Burke	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
22	1:14.69	L	F	Jemma Pearse	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
23	1:14.70	L	P	Paige Jacobs	13	FAAC FB	30/03/2022 SA Regional Aquatic JNR-Senior Cha
24	1:14.98	L	F	Abigail Roberts	13	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
25	1:15.09	L S	F	Jana Swiegers	13	TUKS FSH	15/12/2021 NTS Championships 2021
26	1:15.56	L	F	Emily Palmer	13	USC BUF	12/11/2021 PEA Winter Gala Take 2
27	1:15.61	L	F	Philippa Stevens	13	INFA NMA	10/12/2021 NMBA Championships 2021
28	1:15.89	L	F	Simone Vd Merwe	13	PAQU CED	12/11/2021 PEA Winter Gala Take 2
29	1:15.95	L	F	Amy Botha	13	BAS EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
30	1:16.14	L	F	Zandri Knoetze	13	INFA NMA	17/03/2022 SA Level 3 Regional Age Group Chan
31	1:16.17	L	F	Ashley Scholtz	13	CA EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
32	1:16.23	L	F	Gemma Goncalves	13	STSC UHD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
33	1:16.41	L	P	Leila Yazbek	13	FSA FS	06/04/2022 SA National Aquatic SNR-JNR Champ
34*	1:16.53	L	F	Me-Kayla Rew	13	TUKS FSH	24/09/2021 NTS Age Group September SANJ+
34*	1:16.53	L	F	Grace Powell	13	CSC FSH	08/10/2021 NTS October Combined Age Group
36*	1:16.60	L	F	Chelsea Main	13	PEAS NMA	25/02/2022 Infinity Gala
36*	1:16.60	L	F	Chelsea Main	13	PEAS NMA	25/02/2022 Infinity Gala
38	1:16.65	L	P	Emma Rossouw	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
39	1:16.71	L	F	Milri-Ann Summerton	13	NWUC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
40	1:16.89	L	F	Emily Mc Laren	13	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial Champ
41	1:16.96	L	P	Chloe Olivier	13	SOUL EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
42	1:17.12	L	P	Kelly Stork	13	MAC EKU	29/03/2022 SA Regional Aquatic Champs 2022- N

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
43	1:17.24	L	F	Hannah Sandilands	13	BAS EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
44	1:17.30	L	P	Corli Liversage	13	BLSS MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
45	1:17.37	L S	F	Veronique Riekert	13	TUKS TSH	15/12/2021 NTS Championships 2021
46	1:17.42	L	F	Jaime Mote	13	PEAS NMA	16/10/2021 1st A League Gala 2021
47	1:17.47	L	F	Genevieve Christensen	13	ACSA ETH	17/12/2021 2021 KZNA Premier Provincial Champ
48	1:17.50	L	F	Ruth Dredge	13	PAC TSH	05/11/2021 NTS Prestige Gala 2021
49	1:17.52	L	F	Danaleigh Swanepoel	13	TUKS TSH	18/03/2022 SA Level 3 Regional Age Group Chan
50	1:17.74	L	P	Mareze Frylinck	13	BLSS MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
51*	1:17.90	L	F	Lucy Le Roux	13	ASAW CED	29/03/2022 SA Regional SNR & JNR Champs WC
51*	1:17.90	L	F	Rachel Hinckley	13	CA EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
53	1:18.05	L	F	Kendra Matthyssen	13	SSISA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
54	1:18.53	L	F	Maria Steyn	13	BLSS MAN	08/12/2021 Free State Champs 2021
55	1:18.58	L	P	Jesse-Leah Laderach	13	PEAS NMA	29/03/2022 SA Regional SNR & JNR Champs WC
56	1:18.66	L	F	Zoë Goebel	13	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
57	1:18.70	L S	F	Athina Mc Colgan	13	TUKS TSH	15/12/2021 NTS Championships 2021
58	1:19.04	L	P	Lara Smith	13	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
59	1:19.23	L	F	Emma Lategan	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
60	1:19.24	L	F	Kingsley Greyling	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
61	1:19.34	L	P	Abigail Scheffer	13	PAC TSH	29/03/2022 SA Regional Aquatic Champs 2022- N
62	1:19.44	L	P	Lily Durant	13	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
63	1:19.65	L	F	Ava-Loren Van Galen	13	BIOS CED	29/03/2022 SA Regional SNR & JNR Champs WC
64	1:19.72	L	P	Mieke Van Der Walt	13	FISH EDD	17/03/2022 SA Level 3 Regional Age Group Chan
65	1:19.95	L	F	Mieke Vd Wal	13	BARR CPT	08/10/2021 40th Freda Barnard Invitational Gala
66	1:20.14	L	P	Jade O'Connor	13	AWIN TSH	18/03/2022 SA Level 3 Regional Age Group Chan
67	1:20.16	L	F	Rouxne Du Plessis	13	TUKS TSH	18/03/2022 SA Level 3 Regional Age Group Chan
68	1:20.47	L	P	Abby Novos	13	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
69	1:20.50	L	F	Anne Marais	13	TKS WBD	18/03/2022 SA Level 3 Regional Age Group Chan
70	1:20.65	L	F	Hannah Naidoo	CR	BAYV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
71	1:20.74	L	P	Kayla Verbaan	13	KLOO ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
72	x1:20.90	L	P	Charnè Landman	13	ASAC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
73	1:20.93	L	P	Sophie Hudson	13	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
74	1:21.07	L	P	Marlene Ward	13	TUKS TSH	18/03/2022 SA Level 3 Regional Age Group Chan
75	1:21.09	L	F	Jocelyn Cromhout	13	HARL BUF	17/03/2022 SA Level 3 Regional Age Group Chan
76	1:21.18	L	F	Leeya Amon	13	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
77	1:21.24	L	P	Hannah Turner	13	SAAW CPT	07/12/2021 Western Cape LC-A Championship 20
78	1:21.31	L	F	Megan Nieman	13	PSC TSH	18/03/2022 SA Level 3 Regional Age Group Chan
79	1:21.34	L	F	Savannah Mostert	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
80	1:21.39	L	F	Macy Hains	13	INFA NMA	10/12/2021 NMBA Championships 2021
81	1:21.40	L	F	Annebel Stewart	13	AZON ETH	17/03/2022 SA Level 3 Regional Age Group Chan
82	1:21.48	L	F	Peta Mazery	13	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
83	1:21.49	L	F	Samantha Nimb	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
84	1:21.63	L	P	Lily Ogden	13	ECA NMA	26/03/2022 SA Schools Swimming Championship
85	1:21.75	L	P	Emily Liebenberg	13	SWAR WCD	07/12/2021 Western Cape LC-A Championship 20
86	1:21.92	L	F	Taylor-Blake Van Tonder	13	ROA EDD	25/02/2022 Infinity Gala
87	1:21.94	L	P	Isabella Havemann	13	ASAC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
88	1:21.95	L	P	Larissa Visagie	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
89	1:21.98	L	F	Mieka Wichmann	13	SEAL UMD	11/03/2022 SA Level 2 Regional Age Group Chan
90	1:21.99	L	F	Nicole Van Zyl	13	CA EKU	18/03/2022 SA Level 3 Regional Age Group Chan
91	1:22.06	L	F	Gabrielle Hobson	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
92	1:22.12	L	P	Kailey Joubert	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
93	1:22.13	L	F	Madsynn Elliott	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
94	1:22.16	L	P	Caitlyn Dube	13	MDOL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
95	1:22.23	L	P	Sunny Huang	13	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
96*	1:22.26	L	P	Sarah-Jane Mouton	13	HARL BUF	17/03/2022 SA Level 3 Regional Age Group Chan
96*	1:22.26	L	P	Robyn Barbour	13	ESP EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
98	1:22.34	L	P	Lumka Ntaka	13	UMSH ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
99	1:22.36	L	F	René Kotzé	13	POTC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
100	1:22.37	L	P	Lara Verhoef	13	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
101	1:22.38	L	F	Zante Young	13	RBUR BPD	08/12/2021 NWS Championships 2020/2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
102*	1:22.40	L	F	Michaela Blaine	13	PEAS NMA	17/03/2022	SA Level 3 Regional Age Group Chan
102*	1:22.40	L	F	Kate-Lynn de Jager	AR	BLOT MAN	17/03/2022	SA Level 3 Regional Age Group Chan
104	1:22.46	L	F	Kayleigh Hahn	13	ROA EDD	25/02/2022	Infinity Gala
105	1:22.51	L	F	Dorette du Plessis	13	NWUC KKD	08/12/2021	NWS Championships 2020/2021
106	1:22.55	L	F	Nicola Olivier	13	HARB BPD	16/10/2021	NWS Age Group 1&2
107	1:22.60	L	F	Chrystil Raymond	13	CSA EZD	11/02/2022	MP SA SCHOOLS TRIALS 11-12 FEB
108	1:22.68	L	F	Dorethe Meyer	AR	BLOT MAN	17/03/2022	SA Level 3 Regional Age Group Chan
109	1:22.69	L	F	Danielle Harbron	13	FAAC FB	08/12/2021	Champs 2021
110	1:22.84	L	P	Megan Augustyn	13	ONYX EKU	09/12/2021	EGA Summer Champs 2021
111	1:22.88	L	P	Kiara Banks	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
112	1:22.93	L	P	Leané Gouws	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
113	1:22.95	L	P	Natania Komakech	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
114	1:23.02	L	P	Jessica Sardinha	13	BAS EKU	09/12/2021	EGA Summer Champs 2021
115	1:23.10	L	P	Karmen Van Rensburg	13	UNI EZD	03/12/2021	Mpumalanga Championships 2021
116	1:23.14	L	P	Donne Bruyns	13	MPA EZD	26/03/2022	SA Schools Swimming Championship
117	1:23.25	L	F	Kaylin Bezuidenhoud	13	BLSS MAN	08/12/2021	Free State Champs 2021
118	1:23.28	L	F	Chrisley Barnard	13	WSS FDD	17/03/2022	SA Level 3 Regional Age Group Chan
119	1:23.32	L	F	Ilanze du Plessis	13	BULS MAN	17/03/2022	SA Level 3 Regional Age Group Chan
120	1:23.39	L	F	Mia Wellsted	13	HASC JHB	03/12/2021	CGA LC Summer Champs - Level3+
121	1:23.40	L	P	Christi Serfontein	13	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20
122	1:23.45	L	F	Isabella Els	13	PEAS NMA	29/01/2022	3rd A League Gala 2022
123	1:23.66	L	F	Ilze Hendriks	13	TOTIS ETH	11/03/2022	SA Level 2 Regional Age Group Chan
124	1:23.67	L	F	Jaimee-Lee Wenham	13	WSTV ETH	17/12/2021	2021 KZNA Premier Provincial Champ
125	1:23.72	L	P	Caibella Oliver	13	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20
126	1:23.79	L	F	Jordan Wessels	13	ASA HLD	17/03/2022	SA Level 3 Regional Age Group Chan
127	1:23.87	L	F	Ianthy Moolman	13	MSC NGD	15/10/2021	MP AGE GROUP 2 - 15-16 October 20
128	1:24.13	L	F	Araya de Waal	13	ONYX EKU	28/01/2022	EGA Last Chance Gala
129	1:24.18	L	F	Lelanie Buhr	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
130	1:24.32	L	F	Cambria Steyn	13	TUKS TSH	10/12/2021	2021 The Tshwane Mayoral Gala
131	1:24.43	L	F	Keera De Esclana	13	VRC TSH	18/02/2022	NTS Combined February Age Group C
132	1:24.50	L	P	Michaela Nell	13	WATR JHB	18/03/2022	SA Level 3 Regional Age Group Chan
133	1:24.57	L	P	Amy-Lee Jones	13	BENS EKU	18/03/2022	SA Level 3 Regional Age Group Chan
134	1:24.58	L	F	Kathleen Welsh	13	MSC NGD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 20
135	1:24.70	L	F	Zianè Jantzen	13	QUIC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
136	1:24.78	L	F	Cait Da Cunha	13	BON JHB	28/01/2022	EGA Last Chance Gala
137	1:25.00	L	F	Stacey Smith	13	PAC TSH	24/09/2021	NTS Age Group September SANJ+
138	1:25.20	L	P	Ingrid Van Loggerenberg	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
139	1:25.24	L	P	Leina Myburgh	13	PER JHB	18/03/2022	SA Level 3 Regional Age Group Chan
140	1:25.29	L	P	Anja Koen	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
141	1:25.33	L	F	Makula Kyabayinze	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
142	1:25.34	L	F	Leah Crozier	13	FAAC FB	05/02/2022	NCASA Sprints Gala 2022
143	1:25.37	L	P	Jaimee-Lee Marais	13	SWIFT EKU	18/03/2022	SA Level 3 Regional Age Group Chan
144	1:25.38	L	F	Johané Jv Rensburg	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
145	1:25.46	L	P	Danielle Van Vuuren	13	DDA TSH	18/03/2022	SA Level 3 Regional Age Group Chan
146	1:25.58	L	F	Sandri Visser	13	PLAY CED	08/10/2021	40th Freda Barnard Invitational Gala
147	1:25.79	L	F	Lienke Van OS	13	BULS MAN	23/10/2021	Otters Prestige Gala 2021
148	1:25.97	L S	F	Shanna-Leigh Zeelie	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
149	1:26.05	L	F	Jodi Boettger	13	USC BUF	10/12/2021	BCA Long Course Championships 202
150	1:26.09	L	P	Tehl-Cadi Day Garden	13	BLUO UGD	18/02/2022	2022 Grand Prix 2 Invitational Meet Du
151	1:26.18	L	P	Zoe Ann Kruger	13	AQU ADJ	11/03/2022	SA Level 2 Regional Age Group Chan
152	1:26.25	L	F	Kaylie Groenewald	13	SS MPD	12/02/2022	Limpopo Champs
153	1:26.43	L	P	Georgia Alston	13	SASE JHB	18/03/2022	SA Level 3 Regional Age Group Chan
154*	1:26.46	L	P	Mari Wium	13	QSAW CED	07/12/2021	Western Cape LC-A Championship 20
154*	1:26.46	L	P	Jessica Smith	13	SWIM1 JHB	03/12/2021	CGA LC Summer Champs - Level3+
156	1:26.55	L S	F	Storme Badenhorst	13	MARL CPT	30/10/2021	CANA Virtual Swimming Championship
157	1:26.56	L	F	Cathrijn Davel	13	MSC NGD	15/10/2021	MP AGE GROUP 2 - 15-16 October 20
158	1:26.63	L	F	Lyuba van Niekerk	13	TUKS TSH	10/12/2021	2021 The Tshwane Mayoral Gala
159	1:26.76	L S	F	Zia Petersen	13	XSAQ CPT	30/10/2021	CANA Virtual Swimming Championship
160	1:26.79	L	F	Jessica Carrol	13	BLMA CPT	22/03/2022	SA Level 2 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
161	1:26.83	L	P	Imke Els	13	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
162	1:26.86	L	F	Helena Pretorius	13	TKS WBD	12/02/2022 Limpopo Champs
163	1:26.89	L	P	Catherine Desilla	13	MDOL EKU	11/03/2022 SA Level 2 Regional Age Group Cham
164	1:26.95	L	P	Amy Calogridis	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
165	1:27.18	L	F	Sian Kleynhans	13	KALA	05/02/2022 NCASA Sprints Gala 2022
166	1:27.30	L	P	Jessica Staats	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
167	1:27.44	L	P	Kelci Leech	13	BLSS MAN	08/12/2021 Free State Champs 2021
168	1:27.54	L	F	Jaime Maritz	13	NSAD EZD	03/12/2021 Mpumalanga Championships 2021
169	1:27.73	L	F	Nanika Langenegger	13	VINE CPT	22/03/2022 SA Level 2 Regional Age Group Chan
170	1:28.05	L	F	Kayla Honey	13	ONYX EKU	11/03/2022 SA Level 2 Regional Age Group Cham
171	1:28.07	L	P	Chloe Pieterse	13	CLSC WCD	17/03/2022 SA Level 3 Regional Age Group Chan
172	1:28.08	L	P	Asia Kleinhans	13	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20
173	1:28.10	L	F	Lana Viljoen	13	ZASC FSH	22/10/2021 NTS October Level 1-3 Age Group
174	1:28.14	L	F	Daniella Harcus	13	INFA NMA	20/11/2021 2nd A League Gala 2021
175	1:28.20	L	F	Tia Mari Theron	13	TKS WBD	12/02/2022 Limpopo Champs
176*	1:28.47	L	P	Keira Holland	13	CRSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
176*	1:28.47	L	F	Jocelyn Cromhout	13	CPRIM BUF	08/02/2022 BCA Primary School Top 8
178	1:28.62	L S	F	Jessica Bosman	13	QUIC CPT	30/10/2021 CANA Virtual Swimming Championship
179	1:28.64	L	F	Lara Louw	13	BLNE MAN	25/02/2022 Neptune last chance gala
180	1:28.71	L S	F	Summer Ascielli	13	CYBE CPT	30/10/2021 CANA Virtual Swimming Championship
181	1:28.72	L	F	Miela Smit	13	AQUA BUF	17/03/2022 SA Level 3 Regional Age Group Chan
182	1:28.73	L	F	Lungiswa Grootboom	13	SWAR WCD	22/03/2022 SA Level 2 Regional Age Group Chan
183	1:28.79	L	F	Anne Steyl	13	PRKA PS	08/12/2021 Champs 2021
184	1:28.80	L	F	Mila Naudé	13	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
185*	1:28.82	L	F	Jaime Lee Roome	13	VRC FSH	14/01/2022 NTS January 2022 Combined Age Grc
185*	1:28.82	L	F	Kemantha Ayair	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
187	1:28.83	L	P	Taylor Dukes	13	CRSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
188	1:28.88	L	F	Bianca O'Kennedy	13	CUDU CPT	22/03/2022 SA Level 2 Regional Age Group Chan
189	1:28.98	L	F	Amelie Van der Merwe	13	RFA FSH	11/03/2022 SA Level 2 Regional Age Group Cham
190	1:29.07	L	F	Chloe Petersen	13	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
191	1:29.15	L	P	Rii Spoelstra	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
192*	1:29.23	L	F	Micaela Mutooni	13	ELEC JHB	03/12/2021 CGA LC Summer Champs - Level 2
192*	1:29.23	L	F	Caitlin Govender	13	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial Champ
194	1:29.26	L	P	Taylor Ririe	13	BLSS MAN	17/03/2022 SA Level 3 Regional Age Group Chan
195	1:29.31	L	P	Zine Mostert	13	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
196	1:29.32	L	F	Kellen McLaren	13	SOUL EKU	28/01/2022 EGA Last Chance Gala
197	1:29.41	L	F	Carmen Du Toit	13	INFA NMA	10/12/2021 NMBA Championships 2021
198	1:29.45	L	F	Likhanye Jamjam	13	BEST NMA	20/11/2021 2nd A League Gala 2021
199	1:29.65	L	P	Anni Slabbert	13	PAQU CED	17/03/2022 SA Level 3 Regional Age Group Chan
200	1:29.74	L	F	Teagan Hamer	13	INFA NMA	08/10/2021 40th Freda Barnard Invitational Gala
201	1:29.84	L	F	Yvonne Pretorius	13	MSC NGD	29/10/2021 CANA Virtual Swimming Championship
202	1:30.04	L	F	Imre' Bezuidenhout	13	WSS FDD	25/02/2022 Gauteng Schools Championships 2021
203	1:30.08	L	P	Esti Mouton	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
204	1:30.34	L S	F	Sienna Wilensky	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
205	1:30.37	L	F	Ashley Seymour	13	WSS FDD	22/03/2022 SA Level 2 Regional Age Group Cham
206	1:30.40	L	P	Maria Dos Santos	13	HREF BPD	08/12/2021 NWS Championships 2020/2021
207	1:30.52	L	P	Gabriella Lobban	13	CRSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
208	1:30.56	L	P	Emily Tsai	13	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
209	1:30.68	L	P	Elizabeth Opperman	13	KTS	17/03/2022 SA Level 3 Regional Age Group Chan
210	1:30.71	L	P	Anè Cloete	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
211	1:30.74	L	P	Judy Stevens	13	QUIC CPT	07/12/2021 Western Cape LC-A Championship 20
212	1:30.81	L	F	Taylor Emslie	13	HPPS BUF	08/02/2022 BCA Primary School Top 8
213	1:30.83	L	P	Michaela Clegg	13	AZON ETH	11/03/2022 SA Level 2 Regional Age Group Chan
214	1:30.87	L	F	Tanika Du Plessis	13	TUKS FSH	08/10/2021 NTS October Combined Age Group
215	1:30.93	L	P	Amelie Brügers	13	VINE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
216	1:31.05	L	P	Izolde Lombard	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
217	1:31.15	L	P	Samantha Magava	13	DRGN EKU	09/12/2021 EGA Summer Champs 2021
218	1:31.24	L	P	Simone Cussons	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
219*	1:31.25	L	F	Shaelyn Lawson	13	CAMP BUF	08/02/2022 BCA Primary School Top 8

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
219*	1:31.25	L	F	Nicola Schwartz	13	SPS BUF	08/02/2022	BCA Primary School Top 8
221	1:31.27	L	P	Maria Outram	13	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group Chan
222	1:31.28	L	F	Nieke Breytenbach	13	WELA FDD	23/10/2021	Otters Prestige Gala 2021
223	1:31.33	L	F	Kendra Lai Thom	13	ELEC JHB	17/10/2021	2021 AG Swim Stars Champs & OR Tz
224	1:31.44	L	F	Emma Ralfe	13	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 20
225	1:31.53	L	F	Leigh Pijoos	13	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala
226	1:31.63	L	P	Aisling McLean	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
227	1:31.68	L	F	Annika Potgieter	13	POTC KKD	22/03/2022	SA Level 2 Regional Age Group Cham
228	1:31.70	L	F	Logan Francke	13	RBOT BPD	16/10/2021	NWS Age Group 1&2
229	1:31.75	L	F	Esmarie Terblanche	13	HTSA CPT	22/03/2022	SA Level 2 Regional Age Group Chan
230	1:31.79	L	P	Tayla Dowie	13	AA JHB	03/12/2021	CGA LC Summer Champs - Level3+
231	1:31.83	L	F	Vera Chen	13	BLSS MAN	28/01/2022	New Year Heidedal Gala
232	1:31.89	L	F	Gabriella Fotheringham	13	SOUL EKU	28/01/2022	EGA Last Chance Gala
233	1:31.99	L	P	Mea Harding	13	BAS EKU	09/12/2021	EGA Summer Champs 2021
234	1:32.03	L	F	Leane Muller	13	RFA TSH	14/01/2022	NTS January 2022 Combined Age Grc
235	1:32.11	L	P	Mila Petrak	13	ELEC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
236	1:32.22	L	F	Mignon Burger	13	WOAQ CED	22/03/2022	SA Level 2 Regional Age Group Chan
237*	1:32.23	L	F	Megan Webster	13	RFA TSH	14/01/2022	NTS January 2022 Combined Age Grc
237*	1:32.23	L	F	Aarifah Haffijee	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
239	1:32.33	L	F	Tayla Gerber	13	AWSC JHB	03/12/2021	CGA LC Summer Champs - Level 2
240	1:32.60	L	F	Jordan Riebeseel	13	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
241	1:32.63	L	P	Mia Crookham	13	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
242	1:32.77	L	F	Mia Vd Merwe	13	GREY CPT	08/10/2021	40th Freda Barnard Invitational Gala
243	1:32.83	L	P	Leanke Voigt	13	JAQ EKU	11/03/2022	SA Level 2 Regional Age Group Cham
244	1:32.92	L	F	Jocke Coetzee	13	KALA	21/01/2022	Flamingo Gala 2022
245	1:33.31	L	F	Sanelisiwe Dawe	13	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
246	1:33.37	L	P	Lehanra Greeff	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
247	1:33.41	L	F	Megan Neizel	13	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group Chan
248	1:33.42	L	F	Daniela Colyn	13	ONYX EKU	28/01/2022	EGA Last Chance Gala
249	1:33.50	L	P	Carme Louw	13	TASC MPD	11/03/2022	SA Level 2 Regional Age Group Cham
250	1:33.58	L	F	Charlee Davis	13	RAV EKU	18/02/2022	EGA Lets Race 2022
251	1:33.63	L	P	Andria Le Roux	13	JAQ EKU	09/12/2021	EGA Summer Champs 2021
252	1:34.21	L	F	Mia Gerber	13	DDA TSH	22/10/2021	NTS October Level 1-3 Age Group
253	1:34.29	L	F	Kgothatso Tsebe	13	STAR BPD	22/03/2022	SA Level 2 Regional Age Group Cham
254	1:34.30	L	F	Gita Hildebrand	13	KNYJ EDD	19/11/2021	Eden LC Champs 2021
255	1:34.31	L S	F	Alea Du Toit	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
256	1:34.51	L	F	Sinoah Pretorius	13	TUKS TSH	08/10/2021	NTS October Combined Age Group
257	1:34.59	L	F	Owami Mthethwa	13	VRY ZLD	15/01/2022	KCDA January 2022 Age Group Gala
258	1:34.75	L	P	Jacoline Crous	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
259	1:34.91	L	F	Kailyn Roopchand	13	PSCP UMD	30/10/2021	CANA Virtual Swimming Championship
260	1:34.99	L	F	Keanda Mokoena	13	TUKS TSH	10/12/2021	2021 The Tshwane Mayoral Gala
261*	1:35.18	L	F	Anè Kemp	13	SWAR WCD	29/01/2022	West Coast Qualify Gala 2022
261*	1:35.18	L	F	Zine Ferns	13	ACAAQ CCD	16/10/2021	Limpopo Age Group 4
263	1:35.21	L	P	Esther Sullivan	13	WSTV ETH	05/02/2022	KZN Junior Championships 2021
264	1:35.29	L	P	Abby Tribe	13	TCA EKU	09/12/2021	EGA Summer Champs 2021
265	1:35.56	L	F	Deoné Borstlap	13	POTC KKD	16/10/2021	NWS Age Group 1&2
266	1:35.62	L	F	Gabriella Gericke	13	MMD CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
267	1:35.83	L	P	Tatiana Ioannides	13	BLSS MAN	08/12/2021	Free State Champs 2021
268	1:35.84	L	P	Esther Sauls	13	PGAC EKU	09/12/2021	EGA Summer Champs 2021
269	1:36.09	L	P	Emily Serman	13	BON JHB	18/03/2022	SA Level 3 Regional Age Group Chan
270	1:36.13	L	F	Nicole Norman	13	RPAC EKU	18/02/2022	EGA Lets Race 2022
271	1:36.18	L	P	Taegon Gunkel	13	BEAV ETH	05/02/2022	KZN Junior Championships 2021
272	1:36.40	L	F	Amylee Holtzhausen	13	SEAL UMD	30/10/2021	CANA Virtual Swimming Championship
273	1:36.56	L	F	Hannah Coert	13	MANT CPT	12/11/2021	Swartland Invitational Gala 2021
274	1:36.67	L	P	Buhle Mahlalela	13	UNI EZD	03/12/2021	Mpumalanga Championships 2021
275	1:36.83	L	F	Rienke Blignaut	13	WSS FDD	19/02/2022	Bull-Sharks Gala
276	1:36.98	L	F	Cara Francis	13	DDA TSH	04/02/2022	NTS February Age Group 14 & Under
277	1:37.15	L	F	Zadie Van Wyk	13	TRAZ TSH	08/10/2021	NTS October Combined Age Group
278*	1:37.24	L	P	Lana Koegelenberg	13	ONYX EKU	09/12/2021	EGA Summer Champs 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
278*	1:37.24	L	F	Emma Swart	13	KNYA EDD	29/01/2022 3rd A League Gala 2022
280	1:37.47	L	P	Maya Ndegwa	13	ELEC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
281	1:37.49	L	P	Gemma Caminsky	13	OLDE JHB	18/03/2022 SA Level 3 Regional Age Group Cham
282	1:37.64	L	P	Kara Du Preez	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
283	1:37.71	L	F	Ogalaletseng Khosana	13	TUKS TSH	10/12/2021 2021 The Tshwane Mayoral Gala
284	1:37.75	L	P	Selente Oosthuysen	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
285	1:37.87	L	P	Eireann De Witte	13	TCA EKU	09/12/2021 EGA Summer Champs 2021
286	1:38.32	L	F	Kate Best	13	CSC TSH	17/09/2021 NTS Age group September Level 2+3
287	1:38.44	L S	F	Riley Koegelenberg	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
288	1:38.58	L	F	Sadie Jelley	13	PAC TSH	22/10/2021 NTS October Level 1-3 Age Group
289	1:38.68	L	F	Emma Jansen van Rensburg	13	QSAW CED	22/03/2022 SA Level 2 Regional Age Group Cham
290	1:38.78	L	P	Elisha Perumal	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Cham
291	1:39.29	L	P	Onkaribile Molamu	13	MATL KKD	22/03/2022 SA Level 2 Regional Age Group Cham
292	1:39.47	L	F	Zara Carrie	13	LINR JHB	06/03/2022 SSA Regional Level 1 Championships
293	1:39.56	L	F	Micaïla Hegter	13	BLSS MAN	16/10/2021 Bull-Sharks Gala
294	1:39.64	L	P	Veera Khusal	13	BON JHB	11/03/2022 SA Level 2 Regional Age Group Cham
295	1:39.96	L	F	Jonea Pretorius	13	SS MPD	16/10/2021 Limpopo Age Group 4
296	1:40.11	L	F	Cyan van Den Berg	13	SPS BUF	08/02/2022 BCA Primary School Top 8
297	1:40.67	L	F	Kate Allwood	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
298	1:41.01	L	P	Tayla Ferreira	13	ESTR EKU	09/12/2021 EGA Summer Champs 2021
299	1:41.06	L	F	Shyenne Laubscher	13	WELA FDD	19/02/2022 Bull-Sharks Gala
300	1:41.65	L	F	Danelle Conradie	13	HWSK	06/11/2021 Age Group 1 & 2 - Kimberley
301	1:41.72	L	F	Khano Mudau	13	TUKS TSH	17/10/2021 2021 AG Swim Stars Champs & OR T
302	1:42.06	L	F	Hannah Minnie	13	TYGE CPT	04/12/2021 CTA Qualifying Meet
303	1:42.12	L	F	Elizabeth Du Plessis	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
304	1:42.22	L	F	Karla Odendaal	13	TYGE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
305	1:42.39	L	F	Helena Van Vuuren	13	KALA	13/11/2021 Kalahari Classic Gala 2021
306	1:42.74	L	F	Cleo May	13	MARL CPT	04/12/2021 CTA Qualifying Meet
307	1:42.97	L	F	Emily Gebhardt	13	BIOS CED	29/01/2022 West Coast Qualify Gala 2022
308	1:43.03	L	F	Leila Schenk	13	USC BUF	10/12/2021 BCA Long Course Championships 202
309	1:43.43	L	F	Nina Van Tonder	13	WOAQ CED	04/12/2021 CTA Qualifying Meet
310	1:43.55	L	F	Zorina Tromp	13	MAC EKU	02/10/2021 EGA Summer 2
311	1:43.83	L	F	Isabè Van Dyk	13	CUHE QBD	08/10/2021 40th Freda Barnard Invitational Gala
312	1:44.87	L	P	Emma Davies	13	BAS EKU	09/12/2021 EGA Summer Champs 2021
313	1:45.11	L	F	Lisa van der Westhuizen	13	POTC KKD	11/02/2022 NW Last Chance
314	1:45.60	L	P	Chrisna Du Plessis	13	KALA	22/03/2022 SA Level 2 Regional Age Group Cham
315	1:46.59	L	F	Kuzinsca Siranza	13	CAMPB BUF	08/02/2022 BCA Primary School Top 8
316	1:46.89	L	F	Carla Carolus	13	XSAQ CPT	04/12/2021 CTA Qualifying Meet
317	1:47.68	L	F	Andrea De Boer	13	TRAZ TSH	08/10/2021 NTS October Combined Age Group
318	1:47.78	L	F	Lisa Senekal	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
319	1:49.17	L	F	Lutifiyya Sheik	13	AQSC UMD	03/12/2021 WSC & Seals Summer LC Champs 20
320	1:49.95	L	P	Ilse Roos	13	EXA EZD	03/12/2021 Mpumalanga Championships 2021
321	1:51.37	L	F	Naseerah Du Toit	13	WCA CPT	26/03/2022 SA Schools Swimming Championship
322	1:53.76	L	P	Sinalo Ndlovu	13	UMSH ETH	05/02/2022 KZN Junior Championships 2021
323	1:54.14	L	F	Kirsten Campbell	13	WALM CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
324	1:54.34	L	P	Catherine O'Grady	13	EXA EZD	03/12/2021 Mpumalanga Championships 2021
325	1:56.11	L	P	Bokamoso Imasiku	13	TLAC BPD	08/12/2021 NWS Championships 2020/2021
326	1:56.36	L	F	Chade Van Niekerk	13	SS MPD	06/11/2021 Limpopo Age Group 5
327	1:56.89	L	F	Lesedi-Lere Themba	13	ESP EKU	06/03/2022 SSA Regional Level 1 Championships
328	1:58.71	L	F	Eva Joannou	HR	ROB EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
329	2:01.29	L	F	Lwazi Mqoke	13	WELA FDD	03/09/2021 Mangaung Winter Champs
330	2:03.93	L	F	Olwakhe Godlo	13	WELA FDD	03/09/2021 Mangaung Winter Champs
331	2:05.15	L	P	Elandri Piek	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
332	2:13.88	L	F	Iseabel Laubsher	13	BLMA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
333	2:15.38	L	F	Zoë Pierce	13	ESTR EKU	06/03/2022 SSA Regional Level 1 Championships
334	2:21.16	L	F	Musa Mahlangu	13	ESP EKU	06/11/2021 OR TAMBO Soncini 2021
Women 13-13 200 Back							
1	2:28.93	L	F	Jenna Coetzee	13	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
2	2:33.64	L	F	Gizelle Maritz	13	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
3	2:33.75	L	F	Naledi Thobeha	13	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
4	2:33.82	L	F	Scarlett Le Roux	13	AGA	EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
5	2:37.85	L	F	Amy O'Connor	13	GAUT		26/03/2022	SA Schools Swimming Championship
6	2:38.27	L	F	Kayla Gous	13	USC	BUF	25/02/2022	Infinity Gala
7	2:38.84	L	F	Angel Williams	13	GSA	CPT	07/12/2021	Western Cape LC-A Championship 20
8	2:39.45	L	P	Kendra Begley	13	ECA	NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
9	2:39.86	L	P	Anastasia Sequeira	13	AGA	EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
10	2:39.91	L	P	Danielle Cronjè	13	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
11	2:40.60	L S	F	Erin Joubert	13	KLOO	ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
12	2:41.38	L	P	Katelyn Fourie	13	AGA	EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
13	2:41.87	L	P	Anri Van Der Westhuizen	13	FSA	FS	06/04/2022	SA National Aquatic SNR-JNR Champ
14*	2:42.18	L	F	Chelsea Main	13	PEAS	NMA	25/02/2022	Infinity Gala
14*	2:42.18	L	F	Chelsea Main	13	PEAS	NMA	25/02/2022	Infinity Gala
16	2:42.21	L	F	Mila Vd Linde	13	TUKS	FSH	18/03/2022	SA Level 3 Regional Age Group Chan
17	2:42.23	L	P	Hannah Burke	13	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
18	2:42.54	L	F	Maria Steyn	13	BLSS	MAN	29/01/2022	EDA Age Group Gala 4
19	2:42.72	L	F	Simone Vd Merwe	13	PAQU	CED	07/12/2021	Western Cape LC-A Championship 20
20	2:42.73	L	F	Jana Swiegers	13	TUKS	FSH	15/12/2021	NTS Championships 2021
21	2:42.93	L	F	Hannah Sandilands	13	GAUT		26/03/2022	SA Schools Swimming Championship
22	2:43.14	L	F	Philippa Stevens	13	INFA	NMA	12/11/2021	PEA Winter Gala Take 2
23	2:43.56	L S	F	Mareze Frylinck	13	BLSS	MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
24	2:43.72	L	F	Elne Reynolds	13	INFA	NMA	25/02/2022	Infinity Gala
25	2:43.94	L	F	Grace Powell	13	CSC	FSH	22/10/2021	NTS October Level 1-3 Age Group
26	2:44.08	L	F	Zandri Knoetze	13	INFA	NMA	17/03/2022	SA Level 3 Regional Age Group Chan
27	2:44.33	L S	F	Emma Rossouw	13	QUIC	CPT	30/10/2021	CANA Virtual Swimming Championship
28	2:44.50	L S	F	Amy Botha	13	BAS	EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
29	2:44.56	L S	F	Kelly Stork	13	MAC	EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
30	2:45.10	L S	F	Corli Liversage	13	BLSS	MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
31	2:46.01	L	F	Abigail Roberts	13	GAUT		26/03/2022	SA Schools Swimming Championship
32	2:46.37	L S	F	Jemma Pearse	13	VINE	CPT	29/03/2022	SA Regional SNR & JNR Champs WC
33	2:46.51	L S	F	Rouxne Du Plessis	13	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- N
34	2:47.03	L	F	Emily Palmer	13	USC	BUF	10/12/2021	BCA Long Course Championships 202
35	2:47.04	L	F	Lucy Le Roux	13	ASAW	CED	12/11/2021	PEA Winter Gala Take 2
36	2:47.79	L	F	Chloe Olivier	13	SOUL	EKU	18/03/2022	SA Level 3 Regional Age Group Chan
37	2:48.08	L	F	Milri-Ann Summerton	13	NWUC	KKD	17/03/2022	SA Level 3 Regional Age Group Chan
38	2:48.73	L	F	Danaleigh Swanepoel	13	TUKS	FSH	18/03/2022	SA Level 3 Regional Age Group Chan
39	2:49.26	L	F	Athina Mc Colgan	13	TUKS	FSH	15/12/2021	NTS Championships 2021
40	2:49.42	L	F	Emily Mc Laren	13	SGUL	ETH	17/12/2021	2021 KZNA Premier Provincial Champ
41	2:49.71	L	F	Veronique Riekert	13	TUKS	FSH	18/03/2022	SA Level 3 Regional Age Group Chan
42	2:49.77	L	F	Stephanie Jurado	13	SSISA	CPT	04/12/2021	CTA Qualifying Meet
43	2:50.29	L	F	Madison du Plessis	AR	BLOT	MAN	03/09/2021	Mangaung Winter Champs
44	2:50.66	L	P	Charnè Landman	13	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
45	2:51.18	L	F	Emma Lategan	13	CUDU	CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
46	2:51.29	L	F	Leeya Amon	13	TYGE	CPT	08/10/2021	40th Freda Barnard Invitational Gala
47	2:51.43	L	F	Amy Combrink	13	VINE	CPT	06/11/2021	CTA Qualifying Meet 4 - Long Distance
48	2:51.59	L	F	Hannah Naidoo	CR	BAYV	ETH	17/03/2022	SA Level 3 Regional Age Group Chan
49	2:51.80	L	F	Kayla Verbaan	13	KLOO	ETH	29/01/2022	EDA Age Group Gala 4
50	2:52.31	L	F	Lily Ogden	13	BLTA	NMA	17/03/2022	SA Level 3 Regional Age Group Chan
51	2:52.44	L	F	Paige Jacobs	13	FAAC	FB	03/09/2021	Mangaung Winter Champs
52	2:52.63	L S	P	Madisynn Elliott	13	LINR	JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
53	2:52.64	L	P	Jessica Sardinha	13	BAS	EKU	09/12/2021	EGA Summer Champs 2021
54	2:53.24	L	F	Taylor-Blake Van Tonder	13	ROA	EDD	25/02/2022	Infinity Gala
55	2:53.49	L	P	Jocelyn Cromhout	13	HARL	BUF	17/03/2022	SA Level 3 Regional Age Group Chan
56	2:53.55	L	F	René Kotzé	13	POTC	KKD	17/03/2022	SA Level 3 Regional Age Group Chan
57	2:54.30	L	P	Lara Smith	13	TYGE	CPT	07/12/2021	Western Cape LC-A Championship 20
58	2:55.20	L	F	Annebel Stewart	13	AZON	ETH	17/03/2022	SA Level 3 Regional Age Group Chan
59	2:55.24	L	P	Sunny Huang	13	WATR	JHB	07/12/2021	Western Cape LC-A Championship 20
60	2:55.35	L S	P	Robyn Barbour	13	ESP	EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
61	2:55.43	L	F	Kate-Lynn de Jager	AR	BLOT	MAN	17/03/2022	SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
62	2:55.50	L	P	Zoë Goebel	13	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
63	2:55.58	L S	P	Lily Durant	13	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
64	2:55.66	L	F	Macy Hains	13	INFA NMA	10/12/2021 NMBA Championships 2021
65	2:56.00	L	F	Mikayla Smit	13	SWIM1 JHB	03/12/2021 CGA LC Summer Champs - Level3+
66	2:56.48	L	F	Kathleen Welsh	13	MSC NGD	01/10/2021 MP AGE GROUP 1 1-2 OCTOBER 20
67	2:56.52	L	P	Larissa Visagie	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
68	2:56.66	L	F	Emily Liebenberg	13	SWAR WCD	29/01/2022 West Coast Qualify Gala 2022
69*	2:56.71	L	F	Chrystil Raymond	13	CSA EZD	18/03/2022 SA Level 3 Regional Age Group Chan
69*	2:56.71	L	P	Kendra Matthysen	13	SSISA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
71	2:56.75	L	F	Mieke Vd Wal	13	BARR CPT	08/10/2021 40th Freda Barnard Invitational Gala
72	2:56.78	L	F	Peta Mazery	13	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
73	2:57.27	L	F	Jaimee-Lee Wenham	13	WSTV ETH	17/12/2021 2021 KZNA Premier Provincial Champ
74	2:57.33	L	F	Lumka Ntaka	13	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 20
75	2:57.51	L	P	Gabrielle Hobson	13	TUKS FSH	15/12/2021 NTS Championships 2021
76	2:57.57	L	F	Chrisley Barnard	13	WSS FDD	17/03/2022 SA Level 3 Regional Age Group Chan
77	2:57.67	L	F	Leila Yazbek	13	BLNE MAN	28/10/2021 Neptune Prestige Gala
78	2:57.73	L	F	Abigail Scheffer	13	PAC FSH	22/10/2021 NTS October Level 1-3 Age Group
79	2:58.18	L S	P	Anja Koen	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
80	2:58.29	L	F	Ilanze du Plessis	13	BULS MAN	17/03/2022 SA Level 3 Regional Age Group Chan
81	2:58.35	L	F	Caibella Oliver	13	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
82	2:58.46	L	P	Samantha Nimb	13	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
83	2:58.87	L	F	Kayleigh Hahn	13	ROA EDD	19/11/2021 Eden LC Champs 2021
84	2:59.03	L	F	Michaela Blaine	13	PEAS NMA	17/03/2022 SA Level 3 Regional Age Group Chan
85	2:59.16	L	F	Nicole Van Zyl	13	CA EKU	12/11/2021 EGA Summer 4
86	2:59.37	L	P	Leah Crozier	13	FAAC FB	17/03/2022 SA Level 3 Regional Age Group Chan
87	2:59.61	L	F	Anne Marais	13	TKS WBD	12/02/2022 Limpopo Champs
88	2:59.73	L	F	Jessica Carrol	13	BLMA CPT	22/03/2022 SA Level 2 Regional Age Group Chan
89	2:59.74	L	F	Keera De Esclana	13	VRC FSH	22/10/2021 NTS October Level 1-3 Age Group
90	2:59.81	L	P	Araya de Waal	13	ONYX EKU	18/03/2022 SA Level 3 Regional Age Group Chan
91	2:59.87	L	F	Jesse-Leah Laderach	13	PEAS NMA	20/11/2021 2nd A League Gala 2021
92	2:59.99	L	F	Stacey Smith	13	PAC FSH	22/10/2021 NTS October Level 1-3 Age Group
93	3:00.17	L	P	Giselle Kemper	13	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
94	3:00.33	L S	F	Lara Verhoef	13	VINE CPT	30/10/2021 CANA Virtual Swimming Championship
95	3:00.52	L	P	Leina Myburgh	13	PER JHB	18/03/2022 SA Level 3 Regional Age Group Chan
96	3:00.71	L	F	Kiara Banks	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
97	3:01.10	L	F	Cait Da Cunha	13	BON JHB	28/01/2022 EGA Last Chance Gala
98	3:01.40	L	F	Lelanie Buhr	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
99	3:01.43	L	P	Abby Novos	13	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
100	3:01.92	L	P	Caitlyn Dube	13	MDOL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
101	3:02.09	L S	P	Dorethe Meyer	AR	BLOT MAN	08/12/2021 Free State Champs 2021
102	3:02.10	L	F	Johané Jv Rensburg	13	TUKS FSH	11/03/2022 SA Level 2 Regional Age Group Cham
103	3:02.79	L	F	Chloe Pieterse	13	CLSC WCD	17/03/2022 SA Level 3 Regional Age Group Chan
104	3:02.83	L S	F	Zianè Jantzen	13	QUIC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
105	3:02.90	L	F	Ilanthy Moolman	13	MPA EZD	26/03/2022 SA Schools Swimming Championship
106	3:03.29	L	F	Jaimee-Lee Marais	13	SWIFT EKU	12/11/2021 EGA Summer 4
107	3:03.65	L	P	Jessica Bosman	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
108	3:03.79	L	P	Shanna-Leigh Zeelie	13	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
109	3:03.80	L	F	Shayla Harvey	13	WSTV ETH	29/01/2022 EDA Age Group Gala 4
110*	3:03.84	L	F	Rii Spoelstra	13	TUKS FSH	04/02/2022 NTS February Age Group 14 & Under
110*	3:03.84	L	P	Danielle Van Vuuren	13	DDA FSH	18/03/2022 SA Level 3 Regional Age Group Chan
112	3:03.96	L	P	Natania Komakech	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
113	3:04.09	L	P	Amy-Lee Jones	13	BENS EKU	18/03/2022 SA Level 3 Regional Age Group Chan
114	3:04.32	L S	F	Nicola Olivier	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
115	3:04.50	L S	F	Dorette du Plessis	13	NWUC KKD	08/12/2021 NWS Championships 2020/2021
116	3:05.33	L	F	Ilze Hendriks	13	TOTIS ETH	11/03/2022 SA Level 2 Regional Age Group Chan
117	3:05.56	L S	F	Christi Serfontein	13	QUIC CPT	30/10/2021 CANA Virtual Swimming Championship
118	3:06.44	L	F	Sian Kleynhans	13	KALA	05/02/2022 NCASA Sprints Gala 2022
119	3:06.52	L S	F	Imke Els	13	TYGE CPT	30/10/2021 CANA Virtual Swimming Championship
120	3:06.96	L	F	Morgan Meyer	13	ESP EKU	12/11/2021 EGA Summer 4

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
121	3:06.98	L	F	Lungiswa Grootboom	13	SWAR	WCD	22/03/2022 SA Level 2 Regional Age Group Chan
122	3:07.54	L	F	Megan Augustyn	13	ONYX	EKU	28/01/2022 EGA Last Chance Gala
123	3:07.78	L	P	Zoe Ann Kruger	13	AQU	ADJ	11/03/2022 SA Level 2 Regional Age Group Chan
124	3:08.40	L	F	Megan Nieman	13	PSC	TSH	08/10/2021 NTS October Combined Age Group
125	3:08.46	L	F	Mignon Burger	13	WOAQ	CED	22/03/2022 SA Level 2 Regional Age Group Chan
126	3:08.60	L	F	Asia Kleinhans	13	AQDO	CPT	08/10/2021 40th Freda Barnard Invitational Gala
127	3:08.70	L	P	Taylor Dukes	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
128	3:09.29	L	F	Anmi Slabbert	13	PAQU	CED	08/10/2021 40th Freda Barnard Invitational Gala
129	3:09.91	L S	P	Leané Gouws	13	HREF	BPD	08/12/2021 NWS Championships 2020/2021
130	3:10.61	L	F	Micaela Mutooni	13	ELEC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
131	3:11.55	L	F	Chloe Petersen	13	TUKS	TSH	04/02/2022 NTS February Age Group 14 & Under
132	3:11.78	L	F	Anè Kemp	13	SWAR	WCD	19/02/2022 Swartland Invitational #2 2022
133	3:11.83	L	F	Miela Smit	13	AQUA	BUF	17/03/2022 SA Level 3 Regional Age Group Chan
134	3:11.95	L	F	Teagan Hamer	13	INFA	NMA	12/11/2021 PEA Winter Gala Take 2
135	3:12.08	L	P	Summer Ascili	13	CYBE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
136	3:12.62	L	F	Kaylie Groenewald	13	SS	MPD	12/02/2022 Limpopo Champs
137	3:12.64	L	P	Amelie Brügers	13	VINE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
138	3:12.67	L S	F	Lara Louw	13	BLNE	MAN	08/12/2021 Free State Champs 2021
139	3:13.08	L	F	Tia Mari Theron	13	TKS	WBD	11/03/2022 SA Level 2 Regional Age Group Cham
140	3:13.51	L	F	Leanke Voigt	13	JAQ	EKU	02/10/2021 Frank Gray Memorial Championships :
141	3:13.75	L	F	Zia Petersen	13	XSAQ	CPT	04/12/2021 CTA Qualifying Meet
142	3:13.88	L S	F	Maria Dos Santos	13	HREF	BPD	08/12/2021 NWS Championships 2020/2021
143	3:14.18	L	F	Ingrid Van Loggerenberg	13	TUKS	TSH	14/01/2022 NTS January 2022 Combined Age Grc
144	3:14.46	L	F	Sandri Visser	13	PLAY	CED	08/10/2021 40th Freda Barnard Invitational Gala
145	3:14.65	L	F	Mea Harding	13	BAS	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
146	3:14.95	L	P	Aisling McLean	13	ELEC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
147	3:15.76	L	F	Mila Naudé	13	TUKS	TSH	08/10/2021 NTS October Combined Age Group
148	3:15.77	L	F	Yvonne Pretorius	13	MSC	NGD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
149	3:15.92	L	F	Ashley Seymour	13	WSS	FDD	22/03/2022 SA Level 2 Regional Age Group Cham
150	3:15.97	L	F	Vera Chen	13	BLSS	MAN	28/10/2021 Neptune Prestige Gala
151	3:16.15	L	F	Ava-Loren Van Galen	13	BIOS	CED	16/10/2021 Winelands SL 3
152	3:16.24	L	F	Láne Fouché	13	HREF	BPD	16/10/2021 NWS Age Group 1&2
153	3:16.79	L	F	Caitlin Scheepers	13	AQDO	CPT	08/10/2021 40th Freda Barnard Invitational Gala
154	3:16.90	L	F	Tayla Gerber	13	AWSC	JHB	03/12/2021 CGA LC Summer Champs - Level 2
155	3:17.30	L	F	Mia Crookham	13	TYGE	CPT	04/12/2021 CTA Qualifying Meet
156	3:17.49	L S	F	Anè Cloete	13	QUIC	CPT	30/10/2021 CANA Virtual Swimming Championship
157	3:18.47	L	F	Jocke Coetzee	13	KALA		22/03/2022 SA Level 2 Regional Age Group Cham
158	3:18.95	L	F	Mia Gerber	13	DDA	TSH	10/12/2021 2021 The Tshwane Mayoral Gala
159	3:19.31	L S	F	Riley Koegelenberg	13	ASAC	CPT	30/10/2021 CANA Virtual Swimming Championship
160	3:19.47	L	F	Michaela Clegg	13	AZON	ETH	11/03/2022 SA Level 2 Regional Age Group Chan
161	3:19.72	L	F	Emily Tsai	13	BLMA	CPT	08/10/2021 40th Freda Barnard Invitational Gala
162	3:20.87	L	F	Maya Ndegwa	13	ELEC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
163	3:20.94	L S	F	Alea Du Toit	13	BLMA	CPT	30/10/2021 CANA Virtual Swimming Championship
164	3:21.45	L S	P	Kgothatso Tsebe	13	STAR	BPD	08/12/2021 NWS Championships 2020/2021
165	3:21.70	L	F	Logan Francke	13	RBOT	BPD	22/03/2022 SA Level 2 Regional Age Group Cham
166	3:21.89	L	F	Leila Schenk	13	USC	BUF	18/03/2022 SA Level 2 Regional Age Group Cham
167	3:22.07	L	F	Andria Le Roux	13	JAQ	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
168	3:22.16	L	P	Deoné Borstlap	13	POTC	KKD	17/03/2022 SA Level 3 Regional Age Group Chan
169	3:22.91	L	F	Esmarie Terblanche	13	HTSA	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
170	3:24.82	L	F	Kara Du Preez	13	CSA	EZD	03/12/2021 Mpumalanga Championships 2021
171	3:25.35	L	F	Isabella Day	13	BEAV	ETH	30/10/2021 CANA Virtual Swimming Championship
172	3:25.73	L	F	Emma Swart	13	KNYA	EDD	12/02/2022 EDEN 5th A-League Gala 2022
173	3:26.70	L	F	Kendra Lai Thom	13	ELEC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
174	3:26.77	L	F	Hannah Coert	13	MANT	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
175	3:26.85	L S	P	Tatiana Ioannides	13	BLSS	MAN	08/12/2021 Free State Champs 2021
176	3:28.62	L	F	Amelie Van der Merwe	13	RFA	TSH	22/10/2021 NTS October Level 1-3 Age Group
177	3:29.31	L	F	Jacoline Crous	13	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
178	3:32.26	L	P	Anya Fernando	13	SASE	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
179	3:32.44	L S	P	Annika Potgieter	13	POTC	KKD	08/12/2021 NWS Championships 2020/2021

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Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
180	3:34.05	L	P	Emily Serman	13	BON	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
181	3:34.89	L	F	Anne Steyl	13	PRKA	PS	04/12/2021 Age Grouo 4 - Upington
182	3:35.43	L	F	Leigh Pijoes	13	BLMA	CPT	08/10/2021 40th Freda Barnard Invitational Gala
183	3:35.47	L	F	Cara Francis	13	DDA	FSH	12/11/2021 EGA Summer 4
184	3:37.55	L	F	Caitlyn Arendse	13	TUKS	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
185	3:37.88	L S	P	Selente Oosthuysen	13	HARB	BPD	08/12/2021 NWS Championships 2020/2021
186	3:42.04	L	F	Micaïla Hegter	13	BLSS	MAN	02/10/2021 Frank Gray Memorial Championships :
187	3:42.13	L	P	Veera Khusal	13	BON	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
188	3:43.46	L	F	Danelle Conradie	13	HWSK		20/11/2021 Age Group 3 - Kimberley
189	3:44.13	L	F	Shyenne Laubscher	13	WELA	FDD	13/11/2021 NWS Age Group 3 2021/22
190	3:44.48	L	F	Helena Van Vuuren	13	KALA		08/12/2021 Champs 2021
191	3:52.37	L	F	Zorina Tromp	13	OLDE	JHB	12/11/2021 EGA Summer 4
192	3:59.39	L	F	Gita Hildebrand	13	KNYJ	EDD	30/10/2021 CANA Virtual Swimming Championship
193	4:11.48	L	F	Lisa van der Westhuizen	13	POTC	KKD	11/02/2022 NW Last Chance
194	4:17.13	L	F	Naseerah Du Toit	13	UWCA	CPT	04/12/2021 CTA Qualifying Meet
195	4:25.52	L	F	Lesedi-Lere Themba	13	ESP	EKU	28/01/2022 EGA Last Chance Gala
196	4:26.61	L S	F	Gabriella Oaten	13	CYBE	CPT	30/10/2021 CANA Virtual Swimming Championship
197	4:30.27	L	F	Zoë Pierce	13	ESTR	EKU	12/11/2021 EGA Summer 4
198	4:54.10	L	F	Musa Mahlangu	13	ESP	EKU	12/11/2021 EGA Summer 4
Women 13-13 50 Breast								
1	34.98	L	F	Lara Gouws	13	AGC	FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
2	35.51	L	F	Gabriella Van Den Berg	13	AGB	JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
3	36.22	L	F	Mieke Vd Wal	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
4	36.55	L	F	Jessica Sardinha	13	BAS	EKU	09/12/2021 EGA Summer Champs 2021
5	36.58	L	F	Madison du Plessis	AR	BLOT	MAN	08/12/2021 Free State Champs 2021
6	36.68	L	F	Zine Mostert	13	WATR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
7	36.99	L	F	Kendra Begley	13	PEAS	NMA	25/02/2022 Infinity Gala
8	37.12	L	F	Chanel Veldsman	13	KZNS	ET	26/03/2022 SA Schools Swimming Championship
9	37.26	L	P	Kayla Gous	13	CPRIM	BUF	08/02/2022 BCA Primary School Top 8
10	37.53	L	P	Amy Combrink	13	VINE	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
11	37.68	L	F	Monique Van Zyl	13	ASAC	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
12	37.75	L	F	Leah Scott	13	MGSC	UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
13	37.78	L	F	Amy Aaron	13	WSTV	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
14	37.93	L	F	Juliette van Vught	13	HASC	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
15	38.07	L	F	Tshenolo Ntsie	13	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
16	38.32	L	P	Genevieve Christensen	13	ACSA	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
17	38.43	L S	F	Jana Vorster	13	TUKS	FSH	15/12/2021 NTS Championships 2021
18	38.50	L	F	Simone Vd Merwe	13	PAQU	CED	07/12/2021 Western Cape LC-A Championship 20
19*	38.55	L S	F	Alika Vd Merwe	13	TUKS	FSH	15/12/2021 NTS Championships 2021
19*	38.55	L	F	Ella Eldar	13	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
21	38.63	L	F	Caitlyn Dube	13	RSA		14/04/2022 CANA Zone IV SwimmingChampionsh
22	38.73	L	F	Elizabeth Victor	13	UNI	EZD	29/03/2022 SA Regional Aquatic Champs 2022- N
23*	38.97	L	F	Isabella Havemann	13	ASAC	CPT	07/12/2021 Western Cape LC-A Championship 20
23*	38.97	L	F	Georgia Gouws	13	ECA	NMA	26/03/2022 SA Schools Swimming Championship
25	39.05	L	F	Jaime Maritz	13	MPA	EZD	26/03/2022 SA Schools Swimming Championship
26	39.09	L	F	Stephanie Jurado	13	ROA	EDD	07/12/2021 Western Cape LC-A Championship 20
27	39.25	L	F	Chloe Watson	13	PEAS	NMA	29/03/2022 SA Regional SNR & JNR Champs WC
28	39.44	L	F	Jaime Mote	13	PEAS	NMA	08/10/2021 40th Freda Barnard Invitational Gala
29	39.48	L	F	Ava-Loren Van Galen	13	BIOS	CED	29/03/2022 SA Regional SNR & JNR Champs WC
30	39.50	L	F	Emma Ralfe	13	SEAL	UMD	17/03/2022 SA Level 3 Regional Age Group Chan
31	39.63	L	F	Kayla Verbaan	13	KLOO	ETH	05/02/2022 KZN Junior Championships 2021
32	39.67	L	F	Sandri Visser	13	WCA	CPT	26/03/2022 SA Schools Swimming Championship
33	39.72	L	P	Emily Palmer	13	CPRIM	BUF	08/02/2022 BCA Primary School Top 8
34	39.81	L	P	Jodi Boettger	13	CPRIM	BUF	08/02/2022 BCA Primary School Top 8
35	39.84	L	F	Lucy Le Roux	13	ASAW	CED	29/03/2022 SA Regional SNR & JNR Champs WC
36	39.90	L	P	Megan Webster	13	RFA	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
37	39.98	L	P	Emily Macqueen	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
38	39.99	L	F	Angel Williams	13	GSA	CPT	07/12/2021 Western Cape LC-A Championship 20
39*	40.00	L	F	Jesse-Leah Laderach	13	PEAS	NMA	12/11/2021 PEA Winter Gala Take 2

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
39*	40.00	L	F	Mia Johnson	13	AAS	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
41	40.13	L	F	Kiera Ruane	13	TUKS	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
42	40.14	L	F	Maria Steyn	13	BLSS	MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
43	40.25	L	P	Katelyn Fourie	13	AGA	EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
44	40.34	L	F	Vera Chen	13	BLSS	MAN	06/11/2021 Heidedal Gala
45	40.35	L	P	Suzanna Walsh	13	SAAW	CPT	07/12/2021 Western Cape LC-A Championship 20
46	40.43	L	P	Kingsley Greyling	13	AZON	ETH	05/02/2022 KZN Junior Championships 2021
47	40.45	L	F	Corli Liversage	13	BLSS	MAN	08/12/2021 Free State Champs 2021
48	40.47	L	F	Liza Schoeman	13	RBOT	BPD	08/12/2021 NWS Championships 2020/2021
49	40.54	L	F	Jade O'Connor	13	AWIN	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
50	40.65	L	P	Joslyn Botha	13	SOUL	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
51	40.71	L	F	Mia Gerber	13	MATI	GED	17/03/2022 SA Level 3 Regional Age Group Chan
52*	40.72	L	F	Lienke Van OS	13	BULS	MAN	28/10/2021 Neptune Prestige Gala
52*	40.72	L	P	Leila Yazbek	13	FSA	FS	06/04/2022 SA National Aquatic SNR-JNR Champ
54	40.77	L	F	Emily Tsai	13	BLMA	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
55	40.80	L	P	Judy Stevens	13	QUIC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
56	40.87	L	F	Leane Muller	13	RFA	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
57	40.91	L	F	Danielle Harbron	13	FAAC	FB	08/12/2021 Champs 2021
58	40.94	L	P	Nicola Schwartz	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
59	41.00	L	F	Mareze Frylinck	13	BLSS	MAN	08/10/2021 Super Seals Prestige Gala
60	41.02	L	F	Tatiana Ioannides	13	BLSS	MAN	28/10/2021 Neptune Prestige Gala
61	41.03	L S	F	Veronique Riekert	13	TUKS	FSH	15/12/2021 NTS Championships 2021
62	41.04	L	F	Emily Mc Laren	13	SGUL	ETH	30/10/2021 CANA Virtual Swimming Championship
63	41.16	L	F	Chloe Jewell	13	PEAS	NMA	17/03/2022 SA Level 3 Regional Age Group Chan
64	41.24	L	P	Sophie Hudson	13	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
65	41.29	L	F	Nikita Scruby	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
66	41.37	L	P	Anzelle van Rooyen	13	DRGN	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
67	41.38	L	F	Carine Röntgen	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
68	41.53	L	F	Michaela Nell	13	WATR	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
69	41.54	L	F	Sinoah Pretorius	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
70	41.56	L	P	Nicole Van Zyl	13	CA	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
71	41.58	L	P	Samantha Nimb	13	VINE	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
72	41.59	L	P	Storme Badenhorst	13	MARL	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
73	41.62	L	P	Lily Durant	13	WATR	JHB	03/12/2021 CGA LC Summer Champs - Level3+
74	41.67	L	P	Tehl-Cadi Day Garden	13	BLUO	UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
75	41.73	L	P	Rachel Hinckley	13	CA	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
76	41.84	L	P	Stacey Smith	13	PAC	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
77	41.86	L	P	Araya de Waal	13	ONYX	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
78	41.89	L	F	Tia Mari Theron	13	LP	CCD	26/03/2022 SA Schools Swimming Championship
79	41.92	L	F	Scarlett Le Roux	13	SOUL	EKU	04/09/2021 EGA Adrian Grafe Gala 2021
80	41.93	L	F	Kganya Mashigo	13	PAC	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
81	41.95	L	F	Kelci Leech	13	BLSS	MAN	25/02/2022 Neptune last chance gala
82	42.13	L	F	Giuliana Raccanello	13	CA	EKU	04/09/2021 EGA Adrian Grafe Gala 2021
83	42.15	L	P	Mila Petrak	13	ELEC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
84	42.19	L	F	Athina Mc Colgan	13	TUKS	FSH	04/02/2022 NTS February Age Group 14 & Under
85	42.22	L	P	Jemma Park	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
86	42.42	L	F	Mieka Wichmann	13	SEAL	UMD	11/03/2022 SA Level 2 Regional Age Group Chan
87	42.51	L	P	Tanika Du Plessis	13	TUKS	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
88*	42.54	L	F	Lumka Ntaka	13	UMSH	ETH	17/12/2021 2021 KZNA Premier Provincial Champ
88*	42.54	L	P	Madison Pike	13	PSCP	UMD	11/03/2022 SA Level 2 Regional Age Group Chan
90*	42.61	L	F	Helena Pretorius	13	TKS	WBD	12/02/2022 Limpopo Champs
90*	42.61	L	F	Daniëlla Müller	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
92	42.62	L	F	Janca Hattingh	13	NHS	EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
93	42.68	L	F	Rafaëla Boltler	13	KLOO	ETH	05/02/2022 KZN Junior Championships 2021
94	42.72	L	P	Kaylie Groenewald	13	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
95	42.78	L	F	Gemma Goncalves	13	STSC	UHD	02/10/2021 Froggies Aquatics Championships 202
96	42.80	L	F	Dorette du Plessis	13	NWUC	KKD	08/12/2021 NWS Championships 2020/2021
97	42.81	L	F	Richelle Rothmann	13	AQU	ADJ	17/03/2022 SA Level 3 Regional Age Group Chan
98*	42.87	L	F	McKayla Moodley	13	BEAV	ETH	11/03/2022 SA Level 2 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
98*	42.87	L	F	Jordan Riebeseel	13	SGUL	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
100	42.89	L	P	Jessica Smith	13	SWIM1	JHB	03/12/2021 CGA LC Summer Champs - Level3+
101	42.91	L	F	Me-Kayla Rew	13	TUKS	TSH	22/10/2021 NTS October Level 1-3 Age Group
102	42.93	L	P	Lerize Du Toit	13	ACAQ	CCD	18/03/2022 SA Level 3 Regional Age Group Chan
103	42.98	L	P	Keira Holland	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
104	43.01	L	F	René Kotzé	13	POTC	KKD	08/12/2021 NWS Championships 2020/2021
105*	43.10	L	F	Kathleen Welsh	13	MSC	NGD	15/10/2021 MP AGE GROUP 2 - 15-16 October 2021
105*	43.10	L	P	Georgia Alston	13	SASE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
107	43.12	L	P	Emma Neethling	13	WCA	CPT	26/03/2022 SA Schools Swimming Championship
108	43.14	L	F	Jordan Wessels	13	ASA	ILD	17/03/2022 SA Level 3 Regional Age Group Chan
109	43.16	L	F	Anne Steyl	13	PRKA	PS	08/12/2021 Champs 2021
110	43.20	L	F	Carne Louw	13	TASC	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
111*	43.25	L	P	Sophie McQuirk	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
111*	43.25	L	P	Daniela Colyn	13	ONYX	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
113*	43.32	L	P	Julie Kockott	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
113*	43.32	L	P	Danaleigh Swanepoel	13	TUKS	TSH	18/03/2022 SA Level 3 Regional Age Group Chan
115	43.33	L	P	Anne Marais	13	TKS	WBD	18/03/2022 SA Level 3 Regional Age Group Chan
116*	43.34	L	F	Elrike du Plessis	13	FSAC	BPD	16/10/2021 NWS Age Group 1&2
116*	43.34	L	P	Emma Rossouw	13	QUIC	CPT	07/12/2021 Western Cape LC-A Championship 2021
118*	43.56	L	F	Savannah Mostert	13	TUKS	TSH	22/10/2021 NTS October Level 1-3 Age Group
118*	43.56	L	F	Nisa Da Silva	13	WSS	FDD	25/02/2022 Gauteng Schools Championships 2021
120	43.62	L	P	Jessica Bosman	13	QUIC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
121	43.66	L	P	Katey Nel	13	SOUL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
122	43.68	L	F	Zandile Sipuka	13	BEST	NMA	16/10/2021 1st A League Gala 2021
123	43.69	L	F	Zoë Goebel	13	TYGE	CPT	30/10/2021 CANA Virtual Swimming Championship
124*	43.77	L	F	Simonè Schonken	13	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
124*	43.77	L	F	Amelie Van der Merwe	13	RFA	TSH	11/03/2022 SA Level 2 Regional Age Group Cham
126	43.79	L	P	Kayleigh Hahn	13	ROA	EDD	17/03/2022 SA Level 3 Regional Age Group Chan
127*	43.92	L	P	Amy Calogridis	13	ELEC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
127*	43.92	L	F	Imke Els	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
129	43.96	L	P	Leia Braithwaite	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
130	43.98	L	F	Anri Van Der Westhuizen	KR	BLOT	MAN	28/10/2021 Neptune Prestige Gala
131	44.06	L	F	Carmen Du Toit	13	INFA	NMA	10/12/2021 NMBA Championships 2021
132	44.09	L	F	Kayla Honey	13	ONYX	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
133	44.14	L	P	Gemma Caminsky	13	OLDE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
134	44.16	L	P	Amy Botha	13	BAS	EKU	09/12/2021 EGA Summer Champs 2021
135	44.18	L	F	Paige Jacobs	13	FAAC	FB	28/10/2021 Neptune Prestige Gala
136	44.22	L	F	Abby Novos	13	ASAC	CPT	30/10/2021 CANA Virtual Swimming Championship
137	44.24	L	F	Anastasia Sequeira	13	DRGN	EKU	18/09/2021 EGA Summer 1
138	44.28	L	P	Ella Bradshaw	13	CRSC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
139	44.31	L	F	Ivana Vyncke	13	VRY	ZLD	17/03/2022 SA Level 3 Regional Age Group Chan
140	44.35	L	F	Megan Van den Heever	13	WRP	EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
141	44.36	L	F	Megan Nieman	13	PSC	TSH	14/01/2022 NTS January 2022 Combined Age Grp
142	44.37	L	P	Ilanze du Plessis	13	BULS	MAN	17/03/2022 SA Level 3 Regional Age Group Chan
143	44.40	L	P	Buhle Mahlalela	13	MPA	EZD	26/03/2022 SA Schools Swimming Championship
144	44.57	L	F	Minke Labuscagne	13	BLSS	MAN	28/10/2021 Neptune Prestige Gala
145	44.59	L	P	Emma Davies	13	BAS	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
146	44.60	L	P	Georgia Knight	13	WATR	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
147	44.63	L	F	Kelly Stork	13	MAC	EKU	12/11/2021 EGA Summer 4
148	44.65	L	F	Hannah Sandilands	13	BAS	EKU	28/01/2022 EGA Last Chance Gala
149*	44.68	L	F	Jorja De Beer	13	VINE	CPT	30/10/2021 CANA Virtual Swimming Championship
149*	44.68	L	F	Morgan Meyer	13	ESP	EKU	04/09/2021 EGA Adrian Grafe Gala 2021
151	44.69	L	F	Aurelia Pretorius	13	SSISA	CPT	04/12/2021 CTA Qualifying Meet
152	44.72	L	P	Kate Allwood	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
153	44.73	L	P	Wilmien Verbeek	13	CUDU	CPT	07/12/2021 Western Cape LC-A Championship 2021
154	44.75	L	P	Paige Edmundson	13	SASE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
155	44.83	L	F	Chrisley Barnard	13	WSS	FDD	17/03/2022 SA Level 3 Regional Age Group Chan
156	44.88	L	F	Micke De Jager	LR	PSA	ZLD	20/11/2021 KCDA November Age Group Gala 2021
157	44.92	L	F	Lana Viljoen	13	ZASC	TSH	17/09/2021 NTS Age group September Level 2+3

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
158	45.06	L	F	Elizabeth Opperman	13	KTS	17/03/2022 SA Level 3 Regional Age Group Chan
159	45.16	L	P	Madison Hayes	13	TYGE CPT	07/12/2021 Western Cape LC-A Championship 20
160	45.18	L	P	Kemantha Ayair	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
161	45.22	L	P	Kendra Matthysen	13	ROA EDD	07/12/2021 Western Cape LC-A Championship 20
162	45.27	L	F	Sienna Wilensky	13	ASAC CPT	08/10/2021 40th Freda Barnard Invitational Gala
163*	45.28	L	F	Elne Reynolds	13	INFA NMA	29/01/2022 3rd A League Gala 2022
163*	45.28	L	P	Larissa Visagie	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
165	45.30	L	P	Jessica Staats	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
166	45.31	L	F	Aarifah Haffjee	13	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
167	45.32	L	F	Zante Young	13	RBUR BPD	08/12/2021 NWS Championships 2020/2021
168	45.35	L	F	Amariah Singh	13	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
169	45.45	L	F	Mari Wium	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
170	45.48	L	F	Leeya Amon	13	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
171	45.49	L	F	Carli Dippenaar	13	ROA EDD	12/02/2022 EDEN 5th A-League Gala 2022
172	45.52	L	P	Taylor Ririe	13	BLSS MAN	17/03/2022 SA Level 3 Regional Age Group Chan
173	45.59	L	F	Hannah Jacobs	13	MANT CPT	12/11/2021 Swartland Invitational Gala 2021
174	45.61	L	P	Emma Lategan	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
175*	45.62	L	F	Leigh Pijoo	13	BLMA CPT	08/10/2021 40th Freda Barnard Invitational Gala
175*	45.62	L	P	Sarah-Jane Mouton	13	HPPS BUF	08/02/2022 BCA Primary School Top 8
177	45.63	L	P	Annika Potgieter	13	POTC KKD	22/03/2022 SA Level 2 Regional Age Group Cham
178	45.64	L	P	Nicola Olivier	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
179	45.77	L	F	Abigail Roberts	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
180	45.82	L	P	Chloe Olivier	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
181	45.84	L	F	Alida Louw	13	UPSK	19/11/2021 Age Group 3 - Uppington 2021
182	45.98	L	P	Megan Augustyn	13	ONYX EKU	09/12/2021 EGA Summer Champs 2021
183	45.99	L	P	Elisha Perumal	CR	BAYV ETH	05/02/2022 KZN Junior Championships 2021
184	46.03	L	F	Ebenette Van Niekerk	13	FISHS EDD	29/01/2022 EDEN 4th A-League Gala 2022
185	46.18	L	F	Keera De Esclana	13	VRC FSH	10/12/2021 2021 The Tshwane Mayoral Gala
186	46.24	L	F	Gabrielle Hobson	13	TUKS FSH	08/10/2021 NTS October Combined Age Group
187	46.25	L	P	Hannah Naidoo	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
188	46.33	L	P	Kailyn Roopchand	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
189	46.38	L	F	Elizabeth Du Plessis	13	LALE CED	04/12/2021 CTA Qualifying Meet
190	46.43	L	P	Tanisha Barnes	13	DRGN EKU	11/03/2022 SA Level 2 Regional Age Group Cham
191	46.61	L	F	Cait Da Cunha	13	BON JHB	28/01/2022 EGA Last Chance Gala
192	46.65	L	P	Lara Louw	13	BLNE MAN	08/12/2021 Free State Champs 2021
193	46.73	L	F	Onkaribile Molamu	13	MATL KKD	22/03/2022 SA Level 2 Regional Age Group Cham
194	46.84	L	F	Lelanie Buhr	13	SWAR WCD	29/01/2022 West Coast Qualify Gala 2022
195	46.89	L	P	Maria Outram	13	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group Chan
196*	46.92	L	F	Caitlin Scheepers	13	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
196*	46.92	L	P	Kailey Joubert	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
198	47.00	L	P	Makula Kyabayinze	13	TUKS FSH	11/03/2022 SA Level 2 Regional Age Group Cham
199	47.08	L	F	Cathrijn Davel	13	MSC NGD	21/01/2022 MP AGE GROUP 4 GALA 21 - 22 JAN
200	47.13	L	P	Emily Serman	13	BON JHB	18/03/2022 SA Level 3 Regional Age Group Chan
201	47.23	L	P	Jaimee-Lee Marais	13	SWIFT EKU	18/03/2022 SA Level 3 Regional Age Group Chan
202	47.25	L	F	Charlee Davis	13	RAV EKU	12/11/2021 EGA Summer 4
203	47.29	L	P	Andria Le Roux	13	JAQ EKU	09/12/2021 EGA Summer Champs 2021
204	47.33	L	P	Yvonne Pretorius	13	MSC NGD	18/03/2022 SA Level 3 Regional Age Group Chan
205	47.34	L	F	Logan Francke	13	RBOT BPD	22/03/2022 SA Level 2 Regional Age Group Cham
206	47.41	L	P	Anè Cloete	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
207	47.43	L	F	Amy Burrell	13	PEAS NMA	25/02/2022 Infinity Gala
208	47.49	L	P	Veera Khusal	13	BON JHB	11/03/2022 SA Level 2 Regional Age Group Cham
209	47.55	L	F	Ella Bruyns	13	ASA ILD	29/01/2022 EDA Age Group Gala 4
210*	47.63	L	P	Samantha Magava	13	DRGN EKU	09/12/2021 EGA Summer Champs 2021
210*	47.63	L	F	Catherine Desilla	13	MDOL EKU	28/01/2022 EGA Last Chance Gala
212	47.64	L	F	Asmaa Bonnasse	13	ELRAS WBD	12/02/2022 Limpopo Champs
213	47.71	L	F	Milri-Ann Summerton	13	NWUC KKD	02/10/2021 Frank Gray Memorial Championships :
214	47.73	L	F	Cara Francis	13	DDA FSH	10/12/2021 2021 The Tshwane Mayoral Gala
215	47.81	L	P	Amelie Brügers	13	VINE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
216	47.85	L	P	Deoné Borstlap	13	POTC KKD	17/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
217*	47.87 L	F	Alaynah Bhamjee	13	ATLA JHB	18/02/2022	EGA Lets Race 2022
217*	47.87 L	F	Charnè Landman	13	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
219	47.89 L	P	Rebecca Schenk	13	SPS BUF	08/02/2022	BCA Primary School Top 8
220	47.92 L	P	Sune von Wielligh	13	KTS	22/03/2022	SA Level 2 Regional Age Group Cham
221	47.96 L	F	Chrisna Du Plessis	13	KALA	05/02/2022	NCASA Sprints Gala 2022
222	48.01 L	F	Robyn Barbour	13	ESP EKU	04/09/2021	EGA Adrian Grafe Gala 2021
223	48.06 L	F	Emma Brits	13	PSC FSH	02/10/2021	NTS Level 1 Age Group September
224	48.10 L	P	Sanelisiwe Dawe	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021
225	48.14 L	P	Leané Gouws	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
226	48.16 L	F	Esther Sullivan	13	WSTV ETH	03/12/2021	WSC & Seals Summer LC Champs 20
227	48.17 L	P	Taylor Dukes	13	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
228	48.22 L	P	Esti Mouton	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
229	48.35 L	F	Caitlin Govender	13	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ
230	48.42 L	P	Zelmari Van der Walt	13	AQU ADJ	11/03/2022	SA Level 2 Regional Age Group Chan
231	48.43 L	F	Milena Pugliese	13	MMD CPT	04/12/2021	CTA Qualifying Meet
232	48.44 L	P	Mischka Sam	13	SPS BUF	08/02/2022	BCA Primary School Top 8
233	48.58 L	F	Danielle Van Vuuren	13	DDA FSH	12/11/2021	EGA Summer 4
234	48.61 L	F	Mekayla Pretorius	13	HWSK	20/11/2021	Age Group 3 - Kimberley
235	48.67 L	F	Jesse Mather-Pike	13	BLUO UGD	11/03/2022	SA Level 2 Regional Age Group Chan
236	48.70 L	P	Chloe Pieterse	13	CLSC WCD	17/03/2022	SA Level 3 Regional Age Group Chan
237	48.77 L	F	Mieke Van Der Walt	13	FISH EDD	08/10/2021	40th Freda Barnard Invitational Gala
238*	48.83 L	F	Izolde Lombard	13	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
238*	48.83 L	P	Simone Cussons	13	CSA EZD	03/12/2021	Mpumalanga Championships 2021
240	48.98 L	F	Gita Hildebrand	13	KNYJ EDD	08/10/2021	40th Freda Barnard Invitational Gala
241	49.03 L	F	Mishka Pienaar	13	PLAY CED	29/01/2022	West Coast Qualify Gala 2022
242	49.07 L	F	Zandri Knoetze	13	INFA NMA	12/11/2021	PEA Winter Gala Take 2
243	49.09 L	F	Eva Joannou	HR	ROB EZD	11/02/2022	MP SA SCHOOLS TRIALS 11-12 FEB
244	49.10 L	F	Jessica Carrol	13	BLMA CPT	22/03/2022	SA Level 2 Regional Age Group Chan
245	49.11 L	F	Mia Bruwer	13	SS MPD	12/02/2022	Limpopo Champs
246	49.15 L	F	Sarah Bruwer	13	MMD CPT	04/12/2021	CTA Qualifying Meet
247	49.26 L	F	Cambria Steyn	13	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
248	49.34 L	F	Zia Petersen	13	XSAQ CPT	04/12/2021	CTA Qualifying Meet
249	49.36 L	F	Chloe Petersen	13	TUKS FSH	08/10/2021	NTS October Combined Age Group
250*	49.40 L	F	Nazley Jacobs	13	ISSC NMD	11/02/2022	NW Last Chance
250*	49.40 L	P	Summer Ascielli	13	CYBE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
252	49.41 L	F	Maya McCollum	13	AQDO CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
253	49.42 L	F	Wilona Erasmus	13	NWUC KKD	11/02/2022	NW Last Chance
254	49.50 L	P	Rachel Watermeyer	13	SEAL UMD	05/02/2022	KZN Junior Championships 2021
255	49.54 L	P	Kaylin Bezuidenhoud	13	BLSS MAN	08/12/2021	Free State Champs 2021
256	49.58 L	F	Lisa van der Westhuizen	13	POTC KKD	11/02/2022	NW Last Chance
257	49.60 L	F	Tayla Ferreira	13	ESTR EKU	28/01/2022	EGA Last Chance Gala
258	49.72 L	P	Kayla Welgemoed	13	VALS FDD	08/12/2021	Free State Champs 2021
259	49.85 L	P	Lara Wink	13	VINE CPT	22/03/2022	SA Level 2 Regional Age Group Chan
260	49.91 L	P	Esther Sauls	13	PGAC EKU	09/12/2021	EGA Summer Champs 2021
261	49.93 L	P	Cyan van Den Berg	13	SPS BUF	08/02/2022	BCA Primary School Top 8
262	50.02 L	F	Caitlyn Mthembu	13	PRIO NMA	19/02/2022	EC Provincial Schools Gala
263	50.15 L	F	Sadie Jelley	13	PAC FSH	17/09/2021	NTS Age group September Level 2+3
264	50.16 L	F	Likhanye Jamjam	13	BEST NMA	20/11/2021	2nd A League Gala 2021
265	50.22 L	F	Cleo May	13	MARL CPT	22/03/2022	SA Level 2 Regional Age Group Chan
266	50.23 L	P	Leah Flanagan	13	STUTT BUF	08/02/2022	BCA Primary School Top 8
267	50.26 L	P	Hannah van Der Veen	13	SPS BUF	08/02/2022	BCA Primary School Top 8
268	50.33 L	P	Mia Crookham	13	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
269	50.39 L	F	Dahlia Cassar	13	VINE CPT	22/03/2022	SA Level 2 Regional Age Group Chan
270	50.64 L	P	Isabè Van Dyk	13	CUHE OBD	22/03/2022	SA Level 2 Regional Age Group Chan
271	50.69 L	F	Anè Kemp	13	SWAR WCD	12/11/2021	Swartland Invitational Gala 2021
272	50.73 L	F	Selente Oosthuysen	13	HARB BPD	16/10/2021	NWS Age Group 1&2
273	50.77 L	P	Lehanra Greeff	13	HARB BPD	22/03/2022	SA Level 2 Regional Age Group Cham
274	50.84 L	P	Paxton Rankin	13	TLAC BPD	08/12/2021	NWS Championships 2020/2021
275	50.88 L	F	Zoie Cloete	13	CLSC WCD	12/11/2021	Swartland Invitational Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
276	50.91 L	F	Mea Harding	13	BAS EKU	12/11/2021	EGA Summer 4
277	50.96 L	F	Alea Du Toit	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
278	50.97 L	P	Ogalaletseng Khosana	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
279	51.05 L	P	Kuzinsca Siranza	13	CAMPB BUF	08/02/2022	BCA Primary School Top 8
280	51.19 L	F	Jacy Brand	13	SWAR WCD	19/02/2022	Swartland Invitational #2 2022
281	51.20 L	F	Kendra Lai Thom	13	ELEC JHB	17/10/2021	2021 AG Swim Stars Champs & OR Tz
282	51.22 L	P	Donne Bruyns	13	CSA EZD	03/12/2021	Mpumalanga Championships 2021
283	51.27 L	P	Sinalo Ndlovu	13	UMSH ETH	05/02/2022	KZN Junior Championships 2021
284	51.37 L	P	Jorja Turner	13	VINE CPT	22/03/2022	SA Level 2 Regional Age Group Chan
285	51.38 L	F	Ilanthy Moolman	13	MSC NGD	21/01/2022	MP AGE GROUP 4 GALA 21 - 22 JAN
286	51.41 L	P	Taegon Gunkel	13	BEAV ETH	17/03/2022	SA Level 3 Regional Age Group Chan
287	51.49 L	P	Megan Neizel	13	PSCP UMD	05/02/2022	KZN Junior Championships 2021
288	51.58 L	P	Abby Tribe	13	TCA EKU	09/12/2021	EGA Summer Champs 2021
289	51.75 L	F	Owami Mthethwa	13	VRY ZLD	15/01/2022	KCDA January 2022 Age Group Gala
290	51.79 L	P	Kellen McLaren	13	SOUL EKU	18/03/2022	SA Level 3 Regional Age Group Chan
291	51.82 L	F	Michaela Clegg	13	AZON ETH	30/10/2021	CANA Virtual Swimming Championship
292	51.88 L	F	Danika Van Zyl	13	FRA UHD	29/01/2022	Frog n' Fish Sprints 2022
293	51.91 L	F	Kate Savage	13	VINE CPT	30/10/2021	CANA Virtual Swimming Championship
294	51.92 L	P	Sian Kleynhans	13	KALA	17/03/2022	SA Level 3 Regional Age Group Chan
295	51.98 L	P	Catherine O'Grady	13	EXA EZD	03/12/2021	Mpumalanga Championships 2021
296	52.01 L	F	Gabriella Fotheringham	13	SOUL EKU	12/11/2021	EGA Summer 4
297*	52.03 L	F	Emily Gebhardt	13	BIOS CED	29/01/2022	West Coast Qualify Gala 2022
297*	52.03 L	F	Mbali Mahlangu	13	ATTE TSH	14/01/2022	NTS January 2022 Combined Age Grc
299	52.37 L	F	Asia Kleinhans	13	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
300	52.40 L	F	Zorina Tromp	13	OLDE JHB	12/11/2021	EGA Summer 4
301	52.48 L	P	Anja Koen	13	HARB BPD	08/12/2021	NWS Championships 2020/2021
302	52.54 L	F	Zara Carrie	13	LINR JHB	06/03/2022	SSA Regional Level 1 Championships
303	52.56 L	P	Jocke Coetzee	13	KALA	22/03/2022	SA Level 2 Regional Age Group Cham
304	52.83 L	F	Kate Best	13	CSC TSH	17/09/2021	NTS Age group September Level 2+3
305	52.93 L	F	Emma Swart	13	KNYA EDD	08/10/2021	40th Freda Barnard Invitational Gala
306	52.94 L	F	Miela Smit	13	AQUA BUF	27/11/2021	BCA November Age Group Gala 2021
307	52.95 L	F	Leanke Voigt	13	JAQ EKU	12/11/2021	EGA Summer 4
308	53.03 L	F	Gabrielle Kramer	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
309	53.37 L	F	Laila Davidson	13	FISHS EDD	12/02/2022	EDEN 5th A-League Gala 2022
310	53.41 L	F	Micaïla Hegter	13	BLSS MAN	08/10/2021	Super Seals Prestige Gala
311	53.42 L	P	Aime' Heydricks	13	BLUO UGD	11/03/2022	SA Level 2 Regional Age Group Chan
312*	53.44 L	F	Nicole Norman	13	RPAC EKU	17/10/2021	2021 AG Swim Stars Champs & OR Tz
312*	53.44 L	P	Eireann De Witte	13	TCA EKU	09/12/2021	EGA Summer Champs 2021
314	53.56 L	P	Shaelyn Lawson	13	CAMPB BUF	08/02/2022	BCA Primary School Top 8
315	53.68 L	F	Karla Odendaal	13	TYGE CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
316*	53.70 L	F	Mieke Smit	13	HWSK	20/11/2021	Age Group 3 - Kimberley
316*	53.70 L	F	Zadie Van Wyk	13	TRAZ TSH	08/10/2021	NTS October Combined Age Group
318	53.73 L	F	Anna Gardner	13	ASAC CPT	30/10/2021	CANA Virtual Swimming Championship
319	53.81 L	F	Thaania Omar	13	WALM CPT	30/10/2021	CANA Virtual Swimming Championship
320	53.89 L	F	Shanna-Leigh Zeelie	13	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala
321	54.10 L	F	Elizabeth Du Plessis	13	QSAW CED	19/02/2022	Swartland Invitational #2 2022
322	54.23 L	F	Ashley Seymour	13	WSS FDD	08/10/2021	Super Seals Prestige Gala
323	54.51 L	P	Amy-Lee Jones	13	BENS EKU	09/12/2021	EGA Summer Champs 2021
324	54.64 L	F	Ilze Hendriks	13	TOTIS ETH	30/10/2021	CANA Virtual Swimming Championship
325	54.66 L	F	Hannah Watson	13	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship
326	54.74 L	F	Tayla Gerber	13	AWSC JHB	03/12/2021	CGA LC Summer Champs - Level 2
327	54.75 L	F	Anmi Slabbert	13	PAQU CED	19/02/2022	Swartland Invitational #2 2022
328	54.84 L	P	Shannon Rautenbach	13	UNI EZD	03/12/2021	Mpumalanga Championships 2021
329	54.95 L	F	Hayley Diedericks	13	FRA UHD	05/03/2022	KCDA Level 1 Champs 2022
330	55.00 L	F	Lyrece Louw	13	SOUL EKU	17/10/2021	2021 AG Swim Stars Champs & OR Tz
331	55.27 L	P	Maria Dos Santos	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
332	55.44 L	P	Bokamoso Imasiku	13	TLAC BPD	22/03/2022	SA Level 2 Regional Age Group Cham
333	56.36 L	F	Gabrielle Assam	13	HARL BUF	10/12/2021	BCA Long Course Championships 202
334	56.60 L	P	Ilse Roos	13	EXA EZD	03/12/2021	Mpumalanga Championships 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
335	56.67	L	F	Helen Sickles	13	KALA	13/11/2021	Kalahari Classic Gala 2021
336	56.93	L	F	Lutifiyya Sheik	13	AQSC UMD	30/10/2021	CANA Virtual Swimming Championship
337	56.97	L	F	Helena Van Vuuren	13	KALA	16/10/2021	Age Group 1 - Kathu
338	57.28	L	F	Rylie Smith	13	AQDO CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
339	57.53	L	F	Naseerah Vd Merwe	13	WEST CPT	12/11/2021	Swartland Invitational Gala 2021
340	57.65	L	F	Cleoné Stone	13	CUHE OBD	12/11/2021	Swartland Invitational Gala 2021
341	58.43	L	F	Rienke Blignaut	13	WSS FDD	08/10/2021	Super Seals Prestige Gala
342*	58.72	L	F	Naomi-Jane Kleinsmith	13	KHAY CPT	30/10/2021	CANA Virtual Swimming Championship
342*	58.72	L	P	Jaschnene Coetzer	13	STUTT BUF	08/02/2022	BCA Primary School Top 8
344	58.84	L	F	Hannah Coert	13	MANT CPT	08/10/2021	40th Freda Barnard Invitational Gala
345	58.99	L	F	Olivia Van der Nest	13	KSC EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5 FEBRU.
346	59.24	L	F	Iseabel Laubsher	13	BLMA CPT	04/12/2021	CTA Qualifying Meet
347	1:01.54	L	P	Khwezi Khaba	13	UMSH ETH	05/02/2022	KZN Junior Championships 2021
348	1:01.62	L	F	Lwazi Mqeke	13	WELA FDD	16/10/2021	NWS Age Group 1&2
349	1:01.89	L	F	Mieké Schlebusch	13	HWSK	20/11/2021	Age Group 3 - Kimberley
350	1:02.57	L	F	Gemma van der Merwe	13	PGAC ECU	06/03/2022	SSA Regional Level 1 Championships
351	1:02.69	L	P	Tamasa Nhlangulela	13	UMSH ETH	05/02/2022	KZN Junior Championships 2021
352	1:02.84	L	F	Alana Shell	13	TLAC BPD	16/10/2021	NWS Age Group 1&2
353	1:03.07	L	P	Elandri Piek	13	SOUL ECU	09/12/2021	EGA Summer Champs 2021
354	1:03.61	L	F	Thandolwenkosi Mabaso	13	FRA UHD	05/03/2022	KCDA Level 1 Champs 2022
355	1:04.71	L	P	Zoë Pierce	13	ESTR ECU	09/12/2021	EGA Summer Champs 2021
356	1:04.85	L	F	Carla Carolus	13	XSAQ CPT	30/10/2021	CANA Virtual Swimming Championship
357	1:06.12	L	F	Chade Van Niekerk	13	SS MPD	06/11/2021	Limpopo Age Group 5
358	1:06.54	L	F	Louca Joubert	13	DDA TSH	22/10/2021	NTS October Level 1-3 Age Group
359	1:07.05	L	F	Ambeswa Peter	13	WILL NMA	12/03/2022	Level 1 Intra District Age Group Gala 2
360	1:09.61	L	F	Kirsten Campbell	13	WALM CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
361	1:16.03	L	F	Musa Mahlangu	13	ESP ECU	12/11/2021	EGA Summer 4
362	1:27.20	L	F	Lesedi-Lere Themba	13	ESP ECU	06/03/2022	SSA Regional Level 1 Championships
363	1:27.21	L	F	Tshegofatso Modupe	13	USHAK ECU	06/03/2022	SSA Regional Level 1 Championships

Women 13-13 100 Breast

1	1:16.31	L	F	Lara Gouws	13	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	1:16.53	L	F	Gabriella Van Den Berg	13	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
3	1:19.56	L	F	Mieke Vd Wal	13	WCA CPT	26/03/2022	SA Schools Swimming Championship
4	1:19.85	L	F	Madison du Plessis	AR	BLOT MAN	28/10/2021	Neptune Prestige Gala
5	1:21.63	L	F	Jessica Sardinha	13	BAS ECU	09/12/2021	EGA Summer Champs 2021
6	1:22.86	L	F	Chanel Veldsman	13	KZNS ET	26/03/2022	SA Schools Swimming Championship
7	1:22.94	L	F	Kayla Gous	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
8	1:23.84	L	F	Amy Aaron	13	WSTV ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
9	1:24.06	L	F	Amy Combrink	13	VINE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
10	1:24.12	L	F	Juliette van Vught	13	HASC JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
11	1:24.14	L	F	Chloe Watson	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
12	1:24.17	L	F	Kendra Begley	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
13	1:24.19	L	F	Monique Van Zyl	13	ASAC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
14	1:24.39	L	F	Simone Vd Merwe	13	PAQU CED	07/12/2021	Western Cape LC-A Championship 20
15	1:24.55	L	F	Tshenolo Ntsie	13	TUKS TSH	18/03/2022	SA Level 3 Regional Age Group Chan
16	1:24.57	L	F	Zine Mostert	13	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
17	1:24.90	L	F	Alika Vd Merwe	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
18	1:25.66	L	F	Caitlyn Dube	13	RSA	14/04/2022	CANA Zone IV SwimmingChampionsh
19	1:25.71	L	F	Leah Scott	13	MGSC UGD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
20	1:25.74	L	F	Angel Williams	13	GSA CPT	07/12/2021	Western Cape LC-A Championship 20
21	1:26.10	L	F	Georgia Gouws	13	ECA NMA	26/03/2022	SA Schools Swimming Championship
22	1:26.37	L	F	Ella Eldar	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
23	1:26.66	L	F	Mareze Frylinck	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
24	1:26.74	L	F	Athina Mc Colgan	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
25	1:26.99	L	F	Genevieve Christensen	13	ACSA ETH	05/02/2022	KZN Junior Championships 2021
26	1:27.04	L	P	Kayla Verbaan	13	KLOO ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha
27	1:27.27	L	F	Jodi Boettger	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
28	1:27.38	L	P	Maria Steyn	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
29	1:27.44	L	P	Suzanna Walsh	13	SAAW CPT	07/12/2021	Western Cape LC-A Championship 20

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
30	1:27.46	L	F	Jana Vorster	13	TUKS FSH	15/12/2021 NTS Championships 2021
31	1:27.47	L	F	Leila Yazbek	13	FSA FS	06/04/2022 SA National Aquatic SNR-JNR Champ
32	1:27.63	L	F	Liza Schoeman	13	NWS	26/03/2022 SA Schools Swimming Championship
33	1:27.76	L	F	Emma Ralfe	13	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group Chan
34	1:27.83	L	F	Sandri Visser	13	PLAY CED	07/12/2021 Western Cape LC-A Championship 20
35	1:28.10	L	F	Corli Liversage	13	BLSS MAN	08/12/2021 Free State Champs 2021
36	1:28.49	L	F	Scarlett Le Roux	13	SOUL EKU	22/10/2021 EGA Summer 3
37	1:28.55	L	F	Grace Powell	13	CSC FSH	18/02/2022 NTS Combined February Age Group G
38	1:28.80	L	F	Mia Gerber	13	MATI CED	17/03/2022 SA Level 3 Regional Age Group Chan
39	1:28.86	L	F	Jaime Maritz	13	MPA EZD	26/03/2022 SA Schools Swimming Championship
40	1:29.18	L	F	Megan Webster	13	RFA FSH	08/10/2021 NTS October Combined Age Group
41	1:29.45	L	P	Kiera Ruane	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
42	1:29.47	L	P	Samantha Nimb	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
43	1:29.56	L	F	Jesse-Leah Laderach	13	PEAS NMA	16/10/2021 1st A League Gala 2021
44	1:29.63	L	P	Elizabeth Victor	13	UNI EZD	29/03/2022 SA Regional Aquatic Champs 2022- N
45	1:29.80	L	P	Chloe Jewell	13	PEAS NMA	17/03/2022 SA Level 3 Regional Age Group Chan
46	1:29.84	L	F	Mia Johnson	13	AAS JHB	18/03/2022 SA Level 3 Regional Age Group Chan
47	1:30.04	L	F	Danielle Harbron	13	FAAC FB	25/02/2022 Neptune last chance gala
48	1:30.21	L	F	Lumka Ntaka	13	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 20
49	1:30.40	L	F	Storme Badenhorst	13	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
50	1:30.60	L	P	Veronique Riekert	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
51	1:30.63	L	F	Michaela Nell	13	WATR JHB	03/12/2021 CGA LC Summer Champs - Level3+
52	1:30.74	L	F	Erin Joubert	13	KLOO ETH	03/12/2021 WSC & Seals Summer LC Champs 20
53	1:30.91	L	P	Ava-Loren Van Galen	13	BIOS CED	07/12/2021 Western Cape LC-A Championship 20
54	1:30.95	L	P	Isabella Havemann	13	ASAC CPT	07/12/2021 Western Cape LC-A Championship 20
55	1:31.06	L	F	Stacey Smith	13	PAC FSH	22/10/2021 NTS October Level 1-3 Age Group
56	1:31.22	L	F	Daniëlla Müller	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
57	1:31.24	L	P	Lienke Van OS	13	BULS MAN	08/12/2021 Free State Champs 2021
58*	1:31.25	L	F	Sinoah Pretorius	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
58*	1:31.25	L	F	Jade O'Connor	13	AWIN FSH	18/03/2022 SA Level 3 Regional Age Group Chan
60	1:31.26	L	F	Jordan Wessels	13	ASA ILD	17/03/2022 SA Level 3 Regional Age Group Chan
61	1:31.32	L	F	Emily Mc Laren	13	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial Champ
62	1:31.36	L	P	Kingsley Greyling	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
63	1:31.45	L	F	Me-Kayla Rew	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
64	1:31.55	L	P	Tehi-Cadi Day Garden	13	BLUO UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
65	1:31.60	L	P	Joslyn Botha	13	SOUL EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
66	1:31.69	L	F	Tatiana Ioannides	13	BLSS MAN	08/12/2021 Free State Champs 2021
67	1:31.72	L	F	Emily Palmer	13	CPRIM BUF	08/02/2022 BCA Primary School Top 8
68*	1:31.77	L	F	Janca Hattingh	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
68*	1:31.77	L	F	Judy Stevens	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
70	1:31.78	L	F	Emily Tsai	13	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
71	1:31.83	L	F	Danielle Cronjè	13	GSA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
72	1:31.98	L	F	Chelsea Main	13	UITH NMA	30/10/2021 CANA Virtual Swimming Championship
73	1:32.18	L	F	Anzelle van Rooyen	13	DRGN EKU	18/03/2022 SA Level 3 Regional Age Group Chan
74	1:32.22	L	F	Kathleen Welsh	13	MSC NGD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
75	1:32.26	L	P	Vera Chen	13	FSS FS	26/03/2022 SA Schools Swimming Championship
76	1:32.36	L	F	Carine Röntgen	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
77	1:32.58	L	F	Kayla Vosloo	AR	BLOT MAN	17/03/2022 SA Level 3 Regional Age Group Chan
78	1:32.61	L	F	Tanika Du Plessis	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
79	1:32.65	L	P	René Kotzé	13	NWS	26/03/2022 SA Schools Swimming Championship
80	1:32.89	L	F	Paige Jacobs	13	FAAC FB	20/11/2021 Age Group 3 - Kimberley
81	1:32.98	L	P	Araya de Waal	13	ONYX EKU	18/03/2022 SA Level 3 Regional Age Group Chan
82	1:33.00	L	P	Nikita Scruby	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
83*	1:33.48	L	F	Nicole Van Zyl	13	CA EKU	22/10/2021 EGA Summer 3
83*	1:33.48	L	P	Lucy Le Roux	13	ASAW CED	07/12/2021 Western Cape LC-A Championship 20
85	1:33.63	L	F	Madison Pike	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
86	1:33.73	L	P	Christi Serfontein	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
87	1:33.77	L	F	Leane Muller	13	RFA FSH	22/10/2021 NTS October Level 1-3 Age Group
88	1:33.89	L	F	Anne Steyl	13	PRKA PS	17/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
89	1:33.90	L	F	Rachel Hinckley	13	CA	EKU	22/10/2021 EGA Summer 3
90	1:33.91	L	P	Jemma Park	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
91	1:33.98	L	P	Hannah Sandilands	13	BAS	EKU	09/12/2021 EGA Summer Champs 2021
92	1:34.10	L	F	Jordan Riebeseel	13	SGUL	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
93	1:34.18	L	P	Sophie Hudson	13	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
94	1:34.29	L	P	Elrike du Plessis	13	FSAC	BPD	08/12/2021 NWS Championships 2020/2021
95*	1:34.47	L	F	Erin Haslam	13	ELEC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
95*	1:34.47	L	P	McKayla Moodley	13	BEAV	ETH	11/03/2022 SA Level 2 Regional Age Group Chan
95*	1:34.47	L	P	Hannah Jacobs	13	MANT	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
98*	1:34.59	L	F	Hannah Naidoo	CR	BAYV	ETH	17/12/2021 2021 KZNA Premier Provincial Champ
98*	1:34.59	L	F	Nicola Schwartz	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
100	1:34.77	L	P	Tia Mari Theron	13	TKS	WBD	11/03/2022 SA Level 2 Regional Age Group Cham
101	1:34.90	L	F	Mila Petrak	13	ELEC	JHB	03/12/2021 CGA LC Summer Champs - Level3+
102	1:35.05	L	P	Dorette du Plessis	13	NWUC	KKD	08/12/2021 NWS Championships 2020/2021
103	1:35.06	L	F	Anastasia Sequeira	13	DRGN	EKU	22/10/2021 EGA Summer 3
104	1:35.09	L	F	Savannah Mostert	13	TUKS	TSH	24/09/2021 NTS Age Group September SANJ+
105	1:35.19	L	P	Imke Els	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
106	1:35.30	L	F	Rafaela Boltler	13	KLOO	ETH	05/02/2022 KZN Junior Championships 2021
107	1:35.38	L	F	Amy Calogridis	13	ELEC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
108	1:35.43	L	P	Jessica Bosman	13	QUIC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
109	1:35.47	L	P	Kganya Mashigo	13	PAC	TSH	18/03/2022 SA Level 3 Regional Age Group Chan
110	1:35.68	L	P	Katelyn Fourie	13	JAQ	EKU	09/12/2021 EGA Summer Champs 2021
111	1:35.76	L	F	Carme Louw	13	TASC	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
112	1:35.78	L	F	Georgia Knight	13	WATR	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
113	1:35.87	L	P	Richelle Rothmann	13	AQU	ADJ	17/03/2022 SA Level 3 Regional Age Group Chan
114	1:35.94	L	F	Helena Pretorius	13	TKS	WBD	12/02/2022 Limpopo Champs
115	1:36.04	L	P	Anne Marais	13	TKS	WBD	18/03/2022 SA Level 3 Regional Age Group Chan
116	1:36.08	L	P	Lara Smith	13	TYGE	CPT	07/12/2021 Western Cape LC-A Championship 20
117	1:36.20	L	F	Nicola Olivier	13	HARB	BPD	16/10/2021 NWS Age Group 1&2
118	1:36.38	L	F	Ilanze du Plessis	13	BULS	MAN	08/12/2021 Free State Champs 2021
119	1:36.52	L	F	Kayleigh Hahn	13	ROA	EDD	12/11/2021 PEA Winter Gala Take 2
120	1:36.56	L	F	Lelanie Buhr	13	SWAR	WCD	19/02/2022 Swartland Invitational #2 2022
121	1:36.69	L	P	Keira Holland	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
122	1:36.77	L	F	Kate-Lynn de Jager	AR	BLOT	MAN	19/02/2022 Bull-Sharks Gala
123	1:36.79	L	F	Mieka Wichmann	13	SEAL	UMD	11/03/2022 SA Level 2 Regional Age Group Chan
124*	1:36.92	L	F	Emma Neethling	13	CTA	CPT	15/01/2022 EDEN INTER DISTRICT PRESTIGE 2
124*	1:36.92	L	F	Giuliana Raccanello	13	CA	EKU	22/10/2021 EGA Summer 3
126	1:37.04	L	P	Amy Botha	13	BAS	EKU	09/12/2021 EGA Summer Champs 2021
127	1:37.18	L	P	Katey Nel	13	SOUL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
128	1:37.27	L	F	Nisa Da Silva	13	WSS	FDD	25/02/2022 Gauteng Schools Championships 202
129	1:37.31	L	P	Kelly Stork	13	MAC	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
130	1:37.32	L	F	Zoë Goebel	13	TYGE	CPT	30/10/2021 CANA Virtual Swimming Championship
131	1:37.41	L	P	Georgia Alston	13	SASE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
132	1:37.59	L	P	Buhle Mahlalela	13	MPA	EZD	26/03/2022 SA Schools Swimming Championship
133	1:37.67	L	T	Dalya Swartz	13	MDOL	EKU	28/01/2022 EGA Last Chance Gala
134	1:37.70	L	F	Paris Shiwundlana	13	AFIN	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
135*	1:37.82	L	P	Larissa Visagie	13	ASAC	CPT	07/12/2021 Western Cape LC-A Championship 20
135*	1:37.82	L	P	Abby Novos	13	ASAC	CPT	07/12/2021 Western Cape LC-A Championship 20
137	1:37.83	L	F	Kate Allwood	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
138	1:37.90	L	P	Megan Augustyn	13	ONYX	EKU	09/12/2021 EGA Summer Champs 2021
139	1:37.98	L	P	Ella Bradshaw	13	CRSC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
140	1:38.18	L	F	Kelci Leech	13	BLSS	MAN	06/11/2021 Heidedal Gala
141	1:38.27	L	P	Gemma Caminsky	13	OLDE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
142	1:38.39	L	F	Sarah-Jane Mouton	13	HPPS	BUF	08/02/2022 BCA Primary School Top 8
143	1:38.42	L	P	Simonè Schonken	13	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
144	1:38.47	L	F	Elizabeth Opperman	13	KTS		17/03/2022 SA Level 3 Regional Age Group Chan
145	1:38.58	L	F	Megan Van den Heever	13	CSA	EZD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
146	1:38.61	L	P	Lerize Du Toit	13	ACAQ	CCD	18/03/2022 SA Level 3 Regional Age Group Chan
147	1:38.73	L	P	Jessica Staats	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
148	1:38.97	L	F	Ivana Vyncke	13	VRY ZLD	12/02/2022 KCDA February Age Group Gala 2022
149	1:39.06	L	F	Carmen Du Toit	13	INFA NMA	10/12/2021 NMBA Championships 2021
150	1:39.11	L	F	Kaylie Groenewald	13	SS MPD	12/02/2022 Limpopo Champs
151	1:39.12	L	F	Kemantha Ayair	CR	BAYV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
152	1:39.14	L	F	Megan Nieman	13	PSC TSH	14/01/2022 NTS January 2022 Combined Age Grc
153	1:39.19	L	P	Jessica Smith	13	SWIM1 JHB	03/12/2021 CGA LC Summer Champs - Level3+
154	1:39.27	L	P	Madisynn Elliott	13	LINR JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
155	1:39.28	L	F	Leeya Amon	13	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
156	1:39.58	L	F	Anri Van Der Westhuizen	KR	BLOT MAN	28/10/2021 Neptune Prestige Gala
157	1:39.92	L	P	Elisha Perumal	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
158	1:40.04	L	P	Taylor Ririe	13	BLSS MAN	08/12/2021 Free State Champs 2021
159	1:40.10	L	F	Kayla Honey	13	ONYX EKU	28/01/2022 EGA Last Chance Gala
160	1:40.25	L	P	Sienna Wilensky	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
161	1:40.31	L	P	Emma Davies	13	BAS EKU	18/03/2022 SA Level 3 Regional Age Group Chan
162	1:40.32	L	P	Emma Lategan	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
163*	1:40.40	L	P	Wilmien Verbeek	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
163*	1:40.40	L	P	Amelie Brügers	13	VINE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
165	1:40.43	L	F	Lana Viljoen	13	ZASC TSH	17/09/2021 NTS Age group September Level 2+3
166	1:40.59	L	F	Julie Kockott	13	SPS BUF	08/02/2022 BCA Primary School Top 8
167	1:40.94	L	P	Veera Khusal	13	BON JHB	11/03/2022 SA Level 2 Regional Age Group Cham
168	1:41.03	L	F	Peta Mazery	13	SGUL ETH	30/10/2021 CANA Virtual Swimming Championshipj
169	1:41.05	L	F	Aarifah Haffjee	13	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
170	1:41.11	L	F	Jaimee Lee Roome	13	VRC TSH	18/02/2022 NTS Combined February Age Group G
171	1:41.41	L	P	Leané Gouws	13	HREF BPD	08/12/2021 NWS Championships 2020/2021
172*	1:41.57	L	F	Keera De Esclana	13	VRC TSH	18/02/2022 NTS Combined February Age Group G
172*	1:41.57	L	P	Anè Cloete	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
174	1:42.09	L	P	Zia Petersen	13	XSAQ CPT	17/03/2022 SA Level 3 Regional Age Group Chan
175	1:42.14	L	F	Morgan Meyer	13	ESP EKU	22/10/2021 EGA Summer 3
176	1:42.24	L	P	Esther Sullivan	13	WSTV ETH	05/02/2022 KZN Junior Championships 2021
177	1:42.41	L	F	Caitlin Govender	13	SGUL ETH	29/01/2022 EDA Age Group Gala 4
178	1:42.42	L	F	Kailey Joubert	13	AZON ETH	12/06/2021 Curro Age Group Gala 1
179	1:42.48	L	P	Tayla Dowie	13	AA JHB	18/03/2022 SA Level 3 Regional Age Group Chan
180	1:42.50	L	F	Amariah Singh	13	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
181	1:42.63	L	F	Ella Bruyns	13	ASA ILD	30/10/2021 CANA Virtual Swimming Championshipj
182	1:42.67	L	P	Kailyn Roopchand	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
183	1:42.73	L	P	Izolde Lombard	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
184	1:42.82	L	F	Daniela Colyn	13	ONYX EKU	28/01/2022 EGA Last Chance Gala
185	1:42.83	L	F	Mari Wium	13	QSAW CED	13/11/2021 Winelands SL Final
186	1:42.85	L	F	Madison Hayes	13	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
187	1:42.93	L	F	Lara Verhoef	13	VINE CPT	30/10/2021 CANA Virtual Swimming Championshipj
188	1:43.00	L	F	Onkaribile Molamu	13	MATL KKD	16/10/2021 NWS Age Group 1&2
189	1:43.10	L	F	Esti Mouton	13	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021
190	1:43.14	L	F	Carli Dippenaar	13	ROA EDD	19/11/2021 Eden LC Champs 2021
191	1:43.20	L	P	Kiara Banks	13	TUKS TSH	29/03/2022 SA Regional Aquatic Champs 2022- N
192	1:43.23	L	F	Micke De Jager	LR	PSA ZLD	20/11/2021 KCDA November Age Group Gala 202
193	1:43.38	L	F	Emily Liebenberg	13	SWAR WCD	29/01/2022 West Coast Qualify Gala 2022
194	1:43.45	L	F	Lara Louw	13	BLNE MAN	25/02/2022 Neptune last chance gala
195*	1:43.66	L	F	Ebenette Van Niekerk	13	FISHS EDD	19/11/2021 Eden LC Champs 2021
195*	1:43.66	L	F	Hayley Steyn	13	NHS EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
197	1:43.69	L	P	Maria Outram	13	SEAL UMD	05/02/2022 KZN Junior Championships 2021
198	1:43.70	L	F	Rii Spoelstra	13	TUKS TSH	17/09/2021 NTS Age group September Level 2+3
199	1:43.86	L	P	Jaimee-Lee Marais	13	SWIFT EKU	18/03/2022 SA Level 3 Regional Age Group Chan
200	1:43.90	L	P	Emily Serman	13	BON JHB	18/03/2022 SA Level 3 Regional Age Group Chan
201	1:44.04	L	P	Deoné Borstlap	13	POTC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
202	1:44.27	L	P	Mieke Van Der Walt	13	FISH EDD	17/03/2022 SA Level 3 Regional Age Group Chan
203	1:44.33	L	P	Yvonne Pretorius	13	MSC NGD	18/03/2022 SA Level 3 Regional Age Group Chan
204	1:44.34	L	P	Aisling McLean	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
205	1:44.49	L	F	Leigh Pijoes	13	BLMA CPT	08/10/2021 40th Freda Barnard Invitational Gala
206	1:44.75	L	F	Emma Jansen van Rensburg	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
207	1:45.20	L	P	Chrisley Barnard	13	WSS FDD	08/12/2021 Free State Champs 2021
208	1:45.24	L	P	Tanisha Barnes	13	DRGN EKU	11/03/2022 SA Level 2 Regional Age Group Cham
209	1:45.31	L	F	Minke Labuscagne	13	BLSS MAN	06/11/2021 Heidedal Gala
210	1:45.76	L	F	Ingrid Van Loggerenberg	13	TUKS FSH	17/09/2021 NTS Age group September Level 2+3
211	1:45.78	L	P	Esther Sauls	13	PGAC EKU	11/03/2022 SA Level 2 Regional Age Group Cham
212	1:45.95	L	F	Sune von Wielligh	13	KTS	13/11/2021 Kalahari Classic Gala 2021
213	1:46.29	L	P	Mia Wellsted	13	HASC JHB	03/12/2021 CGA LC Summer Champs - Level3+
214	1:46.49	L	P	Catherine Desilla	13	MDOL EKU	11/03/2022 SA Level 2 Regional Age Group Cham
215	1:46.66	L	F	Robyn Barbour	13	ESP EKU	22/10/2021 EGA Summer 3
216	1:46.67	L	F	Cara Francis	13	DDA FSH	04/02/2022 NTS February Age Group 14 & Under
217	1:47.34	L	F	Zandile Sipuka	13	BEST NMA	11/09/2021 Best Club LC Gala
218	1:47.67	L	P	Tatum Sanderson	13	SOWE JHB	11/03/2022 SA Level 2 Regional Age Group Cham
219	1:47.96	L	F	Alaynah Bhamjee	13	ATLA JHB	18/02/2022 EGA Lets Race 2022
220	1:48.04	L	F	Amy Burrell	13	PEAS NMA	25/02/2022 Infinity Gala
221	1:48.13	L	F	Annika Potgieter	13	POTC KKD	22/03/2022 SA Level 2 Regional Age Group Cham
222	1:48.16	L	P	Zante Young	13	RBUR BPD	08/12/2021 NWS Championships 2020/2021
223	1:48.17	L	F	Logan Francke	13	RBOT BPD	11/02/2022 NW Last Chance
224	1:48.18	L	F	Tayla Ferreira	13	BARR CPT	22/10/2021 EGA Summer 3
225	1:48.30	L	F	Chloe Petersen	13	TUKS FSH	17/09/2021 NTS Age group September Level 2+3
226	1:48.58	L	F	Riley Koegelenberg	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
227	1:48.69	L	F	Summer Ascielli	13	CYBE CPT	30/10/2021 CANA Virtual Swimming Championship
228	1:48.76	L	P	Chrisna Du Plessis	13	KALA	22/03/2022 SA Level 2 Regional Age Group Cham
229	1:49.04	L	F	Gabriella Fotheringham	13	SOUL EKU	28/01/2022 EGA Last Chance Gala
230	1:49.18	L	F	Nieke Breytenbach	13	WELA FDD	23/10/2021 Otters Prestige Gala 2021
231	1:49.25	L	F	Juli Schoof	13	CAMPS CPT	04/12/2021 CTA Qualifying Meet
232	1:49.31	L	F	Cleo May	13	MARL CPT	22/03/2022 SA Level 2 Regional Age Group Cham
233	1:49.35	L	F	Kate Savage	13	VINE CPT	30/10/2021 CANA Virtual Swimming Championship
234	1:49.45	L	F	Amylee Holtzhausen	13	SEAL UMD	30/10/2021 CANA Virtual Swimming Championship
235	1:49.54	L	F	Sanelisiwe Dawe	13	SGUL ETH	30/10/2021 CANA Virtual Swimming Championship
236	1:49.56	L	F	Abby Tribe	13	TCA EKU	22/10/2021 EGA Summer 3
237	1:49.62	L	F	Maya McCollum	13	AQDO CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
238	1:49.65	L	F	Hannah van Der Veen	13	SPS BUF	08/02/2022 BCA Primary School Top 8
239	1:49.77	L	F	Mia Bruwer	13	SS MPD	12/02/2022 Limpopo Champs
240	1:49.80	L	F	Leila Schenk	13	USC BUF	10/12/2021 BCA Long Course Championships 202
241	1:49.84	L	P	Zelmari Van der Walt	13	AQU ADJ	11/03/2022 SA Level 2 Regional Age Group Cham
242	1:49.92	L	F	Danielle Van Vuuren	13	DDA FSH	08/10/2021 NTS October Combined Age Group
243	1:49.94	L	F	Mekayla Pretorius	13	HWSK	08/12/2021 Champs 2021
244	1:50.05	L	F	Cesca Nel	13	SS MPD	16/10/2021 Limpopo Age Group 4
245	1:50.08	L	F	Alida Louw	13	UPSK	19/11/2021 Age Group 3 - Uppington 2021
246	1:50.19	L	F	Shayla Harvey	13	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
247	1:50.29	L	F	Amelie Van der Merwe	13	TUKS FSH	17/10/2021 2021 AG Swim Stars Champs & OR T
248	1:50.40	L	F	Mia Crookham	13	TYGE CPT	04/12/2021 CTA Qualifying Meet
249	1:50.77	L	P	Kellen McLaren	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
250	1:50.79	L	F	Mishka Pienaar	13	PLAY CED	29/01/2022 West Coast Qualify Gala 2022
251	1:51.16	L	P	Mea Harding	13	BAS EKU	11/03/2022 SA Level 2 Regional Age Group Cham
252	1:51.22	L	F	Jonea Pretorius	13	SS MPD	16/10/2021 Limpopo Age Group 4
253*	1:51.53	L	F	Jacy Brand	13	SWAR WCD	19/02/2022 Swartland Invitational #2 2022
253*	1:51.53	L	F	Mignon Burger	13	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Cham
255	1:51.56	L	F	Kaylin Bezuidenhoud	13	BLSS MAN	16/10/2021 Bull-Sharks Gala
256	1:51.60	L	F	Sian Kleynhans	13	KALA	19/02/2022 Age Group 6 & SA Schools Select - Ke
257	1:51.74	L	P	Rachel Watermeyer	13	SEAL UMD	05/02/2022 KZN Junior Championships 2021
258	1:51.83	L	P	Ogalaletseng Khosana	13	TUKS FSH	11/03/2022 SA Level 2 Regional Age Group Cham
259	1:51.92	L	F	Caitlyn Mthembu	13	PRIO NMA	19/02/2022 EC Provincial Schools Gala
260	1:52.00	L	P	Emma Swart	13	KNYA EDD	17/03/2022 SA Level 3 Regional Age Group Cham
261	1:52.04	L	P	Andria Le Roux	13	JAQ EKU	09/12/2021 EGA Summer Champs 2021
262	1:52.24	L	F	Bianca O'Kennedy	13	CUDU CPT	30/10/2021 CANA Virtual Swimming Championship
263*	1:52.32	L	F	Eva Joannou	HR	ROB EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
263*	1:52.32	L	P	Megan Neizel	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Cham
265	1:52.40	L	F	Kuzinsca Siranza	13	CAMBP BUF	08/02/2022 BCA Primary School Top 8

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
266	1:52.46	L	F	Khano Mudau	13	TUKS	FSH	17/10/2021 2021 AG Swim Stars Champs & OR Tz
267	1:52.72	L	F	Donne Bruyns	13	CSA	EZD	29/10/2021 CANA Virtual Swimming Championship
268	1:52.78	L	F	Abigail Cullen	13	WELA	FDD	22/03/2022 SA Level 2 Regional Age Group Cham
269	1:52.81	L	F	Gita Hildebrand	13	KNYJ	EDD	30/10/2021 CANA Virtual Swimming Championship
270*	1:52.94	L	F	Shyenne Laubscher	13	WELA	FDD	19/02/2022 Bull-Sharks Gala
270*	1:52.94	L	F	Sadie Jelley	13	PAC	FSH	17/09/2021 NTS Age group September Level 2+3
272	1:53.04	L	P	Taegon Gunkel	13	BEAV	ETH	05/02/2022 KZN Junior Championships 2021
273	1:53.18	L	F	Makenna Penney	13	AZON	ETH	12/06/2021 Curro Age Group Gala 1
274	1:53.25	L	F	Anna Gardner	13	ASAC	CPT	30/10/2021 CANA Virtual Swimming Championship
275	1:53.28	L	P	Tayla Gerber	13	AWSC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
276	1:53.79	L	P	Amy-Lee Jones	13	BENS	EKU	18/03/2022 SA Level 3 Regional Age Group Cham
277	1:53.99	L	F	Asmaa Bonnasse	13	ELRAS	WBD	12/02/2022 Limpopo Champs
278*	1:54.01	L	F	Lisa van der Westhuizen	13	POTC	KKD	11/02/2022 NW Last Chance
278*	1:54.01	L	F	Isabella Day	13	BEAV	ETH	30/10/2021 CANA Virtual Swimming Championship
280	1:54.67	L	P	Eireann De Wltte	13	TCA	EKU	09/12/2021 EGA Summer Champs 2021
281	1:54.95	L	P	Sinalo Ndlovu	13	UMSH	ETH	05/02/2022 KZN Junior Championships 2021
282	1:55.04	L	F	Owami Mthethwa	13	VRY	ZLD	04/12/2021 Stingrays Swim Club Championships 2
283	1:55.24	L	F	Taylor Dukes	13	CRSC	JHB	04/02/2022 NTS February Age Group 14 & Under
284	1:55.51	L	F	Anja Koen	13	HARB	BPD	16/10/2021 NWS Age Group 1&2
285	1:55.55	L	F	Isabè Van Dyk	13	CUHE	QBD	08/10/2021 40th Freda Barnard Invitational Gala
286	1:56.27	L	F	Zorina Tromp	13	OE	JHB	22/10/2021 EGA Summer 3
287	1:56.41	L	P	Lehanra Greeff	13	HARB	BPD	22/03/2022 SA Level 2 Regional Age Group Cham
288	1:56.78	L	F	Mbali Mahlangu	13	ATTE	FSH	14/01/2022 NTS January 2022 Combined Age Grc
289	1:56.95	L	P	Catherine O'Grady	13	EXA	EZD	03/12/2021 Mpumalanga Championships 2021
290	1:57.25	L	F	Elizabeth Du Plessis	13	QSAW	CED	19/02/2022 Swartland Invitational #2 2022
291	1:57.37	L	F	Maria Dos Santos	13	HREF	BPD	16/10/2021 NWS Age Group 1&2
292	1:57.47	L	F	Danelle Conradie	13	HWSK		06/11/2021 Age Group 1 & 2 - Kimberley
293	1:58.39	L	F	Nazley Jacobs	13	ISSC	NMD	11/02/2022 NW Last Chance
294	1:58.63	L	F	Jocke Coetzee	13	KALA		21/01/2022 Flamingo Gala 2022
295	1:58.75	L	F	Ilse Roos	13	EXA	EZD	29/10/2021 CANA Virtual Swimming Championship
296	1:58.82	L	F	Jamie-Lee Espag	13	AZON	ETH	12/06/2021 Curro Age Group Gala 1
297	1:59.10	L	F	Nicole Norman	13	RP	EKU	22/10/2021 EGA Summer 3
298	1:59.13	L	F	Hannah Watson	13	SGUL	ETH	30/10/2021 CANA Virtual Swimming Championship
299	1:59.44	L	F	Laila Davidson	13	FISHS	EDD	12/02/2022 EDEN 5th A-League Gala 2022
300	1:59.57	L	F	Gabrielle Assam	13	HARL	BUF	10/12/2021 BCA Long Course Championships 202
301	1:59.81	L	F	Shannon Rautenbach	13	UNI	EZD	03/12/2021 Mpumalanga Championships 2021
302	2:00.05	L	F	Michaela Clegg	13	AZON	ETH	12/06/2021 Curro Age Group Gala 1
303	2:00.62	L	F	Micaïla Hegter	13	BLSS	MAN	02/10/2021 Frank Gray Memorial Championships :
304	2:01.45	L	F	Sunique Coetzee	13	SS	MPD	12/02/2022 Limpopo Champs
305	2:01.50	L	F	Lisa Senekal	13	QSAW	CED	19/02/2022 Swartland Invitational #2 2022
306	2:03.07	L	F	Rylie Smith	13	AQDO	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
307	2:04.30	L	F	Helen Sickles	13	KALA		13/11/2021 Kalahari Classic Gala 2021
308	2:04.60	L	F	Lutifiyya Sheik	13	AQSC	UMD	30/10/2021 CANA Virtual Swimming Championship
309	2:04.71	L	P	Paxton Rankin	13	TLAC	BPD	08/12/2021 NWS Championships 2020/2021
310	2:04.87	L	F	Helena Van Vuuren	13	KALA		08/12/2021 Champs 2021
311	2:05.24	L	F	Iseabel Laubsher	13	BLMA	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
312	2:05.32	L	F	Sophia Le Roux	13	TLAC	BPD	16/10/2021 NWS Age Group 1&2
313	2:05.90	L	F	Naseerah Vd Merwe	13	WEST	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
314	2:05.96	L	P	Rienke Blignaut	13	WSS	FDD	08/12/2021 Free State Champs 2021
315	2:08.03	L	F	Ayanda Luthuli	13	USH	UHD	05/03/2022 KCDA Level 1 Champs 2022
316	2:11.03	L	F	Cleoné Stone	13	CUHE	QBD	12/11/2021 Swartland Invitational Gala 2021
317	2:11.09	L	F	Carla Carolus	13	XSAQ	CPT	04/12/2021 CTA Qualifying Meet
318	2:11.25	L	P	Bokamoso Imasiku	13	TLAC	BPD	22/03/2022 SA Level 2 Regional Age Group Cham
319	2:11.95	L	F	Ashley Seymour	13	WSS	FDD	08/10/2021 Super Seals Prestige Gala
320	2:12.35	L	F	Lwazi Mqeke	13	WELA	FDD	19/02/2022 Bull-Sharks Gala
321	2:13.58	L	P	Khwezi Khaba	13	UMSH	ETH	05/02/2022 KZN Junior Championships 2021
322	2:17.01	L	F	Gemma van der Merwe	13	PGAC	EKU	06/03/2022 SSA Regional Level 1 Championships
323	2:17.50	L	P	Elandri Piek	13	SOUL	EKU	09/12/2021 EGA Summer Champs 2021
324	2:17.91	L	F	Zoë Pierce	13	ESTR	EKU	18/02/2022 EGA Lets Race 2022

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
325	2:18.67 L	P	Tamasa Nhlangulela	13	UMSH ETH	05/02/2022	KZN Junior Championships 2021	
326	2:24.51 L	F	Lyrece Louw	13	SUPE JHB	06/03/2022	SSA Regional Level 1 Championships	
Women 13-13 200 Breast								
1	2:46.42 L	P	Lara Gouws	13	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
2	2:49.31 L	F	Gabriella Van Den Berg	13	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ	
3	2:50.59 L	F	Mieke Vd Wal	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
4	2:51.68 L	F	Madison du Plessis	AR	BLOT MAN	17/12/2021	2021 KZNA Premier Provincial Champ	
5	2:55.79 L	F	Alika Vd Merwe	13	TUKS TSH	15/12/2021	NTS Championships 2021	
6	2:56.40 L S	F	Jessica Sardinha	13	BAS EKU	09/12/2021	EGA Summer Champs 2021	
7	2:59.13 L	F	Simone Vd Merwe	13	PAQU CED	07/12/2021	Western Cape LC-A Championship 20	
8	2:59.74 L	F	Karla Myburgh	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ	
9	2:59.87 L S	F	Maria Steyn	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
10	3:00.52 L	F	Angel Williams	13	GSA CPT	07/12/2021	Western Cape LC-A Championship 20	
11	3:01.02 L S	F	Juliette van Vught	13	HASC JHB	29/03/2022	SA Regional Aquatic Champs 2022- N	
12	3:01.34 L	F	Kayla Gous	13	USC BUF	29/01/2022	3rd A League Gala 2022	
13	3:01.35 L	P	Chloe Watson	13	PEAS NMA	18/02/2022	2022 Grand Prix 2 Invitational Meet Du	
14	3:02.17 L S	F	Leah Scott	13	MGSC UGD	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
15	3:02.67 L	F	Amy Combrink	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
16	3:05.35 L	F	Georgia Gouws	13	ECA NMA	26/03/2022	SA Schools Swimming Championship	
17	3:05.40 L S	F	Zine Mostert	13	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N	
18	3:05.72 L	F	Monique Van Zyl	13	ASAC CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
19	3:05.88 L	F	Mia Gerber	13	MATI CED	17/03/2022	SA Level 3 Regional Age Group Chan	
20	3:06.06 L	F	Chanel Veldsman	13	KZNS ET	26/03/2022	SA Schools Swimming Championship	
21	3:06.44 L S	F	Ella Eldar	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
22	3:06.81 L S	P	Tshenolo Ntsie	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
23	3:07.21 L	F	Jana Vorster	13	TUKS TSH	15/12/2021	NTS Championships 2021	
24	3:07.46 L S	F	Elizabeth Victor	13	UNI EZD	29/03/2022	SA Regional Aquatic Champs 2022- N	
25	3:07.67 L	F	Suzanna Walsh	13	SAAW CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe	
26	3:09.68 L S	P	Kayla Verbaan	13	KLOO ETH	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
27	3:10.61 L	F	Kiera Ruane	13	TUKS TSH	18/03/2022	SA Level 3 Regional Age Group Chan	
28	3:10.84 L	F	Jaime Maritz	13	NSAD EZD	18/03/2022	SA Level 3 Regional Age Group Chan	
29	3:10.85 L	F	Samantha Nimb	13	VINE CPT	07/12/2021	Western Cape LC-A Championship 20	
30	3:10.89 L S	P	Liza Schoeman	13	RBOT BPD	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
31	3:11.04 L	F	Sandri Visser	13	PLAY CED	07/12/2021	Western Cape LC-A Championship 20	
32	3:11.77 L S	F	Corli Liversage	13	BLSS MAN	08/12/2021	Free State Champs 2021	
33	3:11.95 L	F	Caitlyn Dube	13	WSS FDD	25/02/2022	Gauteng Schools Championships 202	
34	3:12.02 L	P	Stephanie Jurado	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
35	3:12.03 L	F	Jodi Boettger	13	USC BUF	29/01/2022	3rd A League Gala 2022	
36	3:12.09 L S	P	Megan Webster	13	RFA TSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
37	3:12.93 L	F	Lumka Ntaka	13	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 20	
38	3:12.97 L	F	René Kotzé	13	POTC KKD	17/03/2022	SA Level 3 Regional Age Group Chan	
39	3:13.21 L	F	Jemma Park	13	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan	
40	3:13.87 L	F	Araya de Waal	13	ONYX EKU	18/03/2022	SA Level 3 Regional Age Group Chan	
41	3:13.96 L	F	Kathleen Welsh	13	MSC NGD	15/10/2021	MP AGE GROUP 2 - 15-16 October 20	
42	3:14.69 L	F	Mia Johnson	13	AAS JHB	18/03/2022	SA Level 3 Regional Age Group Chan	
43	3:14.82 L S	P	Athina Mc Colgan	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N	
44	3:15.36 L	F	Jade O'Connor	13	AWIN TSH	15/12/2021	NTS Championships 2021	
45	3:15.50 L	F	Emily Mc Laren	13	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial Champ	
46	3:15.60 L	P	Sinoah Pretorius	13	TUKS TSH	15/12/2021	NTS Championships 2021	
47	3:16.10 L	F	Daniëlla Müller	13	TUKS TSH	22/10/2021	NTS October Level 1-3 Age Group	
48	3:16.46 L	F	Scarlett Le Roux	13	SOUL EKU	28/01/2022	EGA Last Chance Gala	
49	3:16.83 L	F	Carine Röntgen	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan	
50	3:17.04 L	F	Kendra Begley	13	PEAS NMA	16/10/2021	1st A League Gala 2021	
51	3:18.02 L	F	Jordan Wessels	13	ASA ILD	17/03/2022	SA Level 3 Regional Age Group Chan	
52	3:18.41 L	F	Emma Ralfe	13	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group Chan	
53	3:18.75 L S	P	Tehl-Cadi Day Garden	13	BLUO UGD	30/03/2022	SA Regional Aquatic JNR-Senior Cha	
54	3:19.23 L	F	Mareze Frylinck	13	BLSS MAN	02/10/2021	Frank Gray Memorial Championships :	
55	3:19.62 L S	F	Lienke Van OS	13	BULS MAN	08/12/2021	Free State Champs 2021	
56	3:19.74 L	F	Storme Badenhorst	13	MARL CPT	17/03/2022	SA Level 3 Regional Age Group Chan	

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
57	3:19.81	L	F	Nikita Scruby	13	SGUL	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
58	3:19.83	L	F	Dorette du Plessis	13	NWUC	KKD	17/03/2022 SA Level 3 Regional Age Group Chan
59	3:19.87	L	F	Richelle Rothmann	13	AQU	ADJ	17/03/2022 SA Level 3 Regional Age Group Chan
60	3:20.26	L	F	Hannah Sandilands	13	BAS	EKU	02/10/2021 EGA Summer 2
61	3:20.71	L S	F	Vera Chen	13	BLSS	MAN	08/12/2021 Free State Champs 2021
62	3:20.83	L	F	Danielle Harbron	13	FAAC	FB	21/01/2022 Flamingo Gala 2022
63*	3:21.10	L	F	Stacey Smith	13	PAC	FSH	24/09/2021 NTS Age Group September SANJ+
63*	3:21.10	L	P	Abby Novos	13	ASAC	CPT	07/12/2021 Western Cape LC-A Championship 20
65	3:21.50	L	F	Elrike du Plessis	13	FSAC	BPD	16/10/2021 NWS Age Group 1&2
66	3:21.81	L	F	Ilanze du Plessis	13	BULS	MAN	17/03/2022 SA Level 3 Regional Age Group Chan
67	3:21.89	L	F	Christi Serfontein	13	QUIC	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
68	3:22.12	L	P	Hannah Jacobs	13	MANT	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
69	3:22.33	L	P	Judy Stevens	13	QUIC	CPT	07/12/2021 Western Cape LC-A Championship 20
70	3:22.47	L	F	Michaela Nell	13	WSS	FDD	25/02/2022 Gauteng Schools Championships 202
71	3:22.65	L	F	Anzelle van Rooyen	13	DRGN	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
72	3:22.68	L	F	Kayleigh Hahn	13	ROA	EDD	12/02/2022 EDEN 5th A-League Gala 2022
73	3:23.32	L S	F	Tatiana Ioannides	13	BLSS	MAN	08/12/2021 Free State Champs 2021
74	3:23.36	L	P	Tanika Du Plessis	13	TUKS	FSH	15/12/2021 NTS Championships 2021
75	3:23.60	L S	P	Madisynn Elliott	13	LINR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
76	3:23.79	L	F	Grace Powell	13	CSC	FSH	17/09/2021 NTS Age group September Level 2+3
77	3:24.33	L	F	Anne Steyl	13	PRKA	PS	08/12/2021 Champs 2021
78	3:24.37	L	F	Amy Calogridis	13	ELEC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
79	3:24.49	L	F	Janca Hattingh	13	CSA	EZD	29/10/2021 CANA Virtual Swimming Championship
80	3:24.66	L	P	Keira Holland	13	CRSC	JHB	03/12/2021 CGA LC Summer Champs - Level3+
81	3:24.92	L	F	Nicole Van Zyl	13	CA	EKU	28/01/2022 EGA Last Chance Gala
82	3:25.11	L	P	Emma Davies	13	BAS	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
83	3:25.12	L	F	Mila Petrak	13	ELEC	JHB	03/12/2021 CGA LC Summer Champs - Level3+
84	3:25.26	L	P	Isabella Havemann	13	ASAC	CPT	07/12/2021 Western Cape LC-A Championship 20
85	3:25.71	L	F	Hannah Naidoo	CR	BAYV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
86	3:26.39	L	F	Jordan Riebeseel	13	SGUL	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
87	3:26.83	L	F	McKayla Moodley	13	BEAV	ETH	11/03/2022 SA Level 2 Regional Age Group Chan
88	3:27.00	L	F	Jorja De Beer	13	VINE	CPT	30/10/2021 CANA Virtual Swimming Championship
89	3:27.05	L	F	Carme Louw	13	TASC	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
90	3:27.34	L	F	Emily Tsai	13	BLMA	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
91	3:27.89	L S	F	Nicola Olivier	13	HARB	BPD	08/12/2021 NWS Championships 2020/2021
92	3:27.97	L	F	Madison Pike	13	PSCP	UMD	11/03/2022 SA Level 2 Regional Age Group Chan
93	3:27.99	L	F	Nisa Da Silva	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
94	3:28.23	L	F	Kganya Mashigo	13	PAC	FSH	22/10/2021 NTS October Level 1-3 Age Group
95	3:28.53	L	P	Ava-Loren Van Galen	13	BIOS	CED	07/12/2021 Western Cape LC-A Championship 20
96	3:28.61	L	F	Megan Van den Heever	13	CSA	EZD	03/12/2021 Mpumalanga Championships 2021
97	3:29.00	L S	P	Kelly Stork	13	MAC	EKU	09/12/2021 EGA Summer Champs 2021
98	3:29.06	L	P	Georgia Alston	13	SASE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
99	3:29.12	L	F	Carmen Du Toit	13	INFA	NMA	10/12/2021 NMBA Championships 2021
100	3:29.36	L S	P	Joslyn Botha	13	SOUL	EKU	09/12/2021 EGA Summer Champs 2021
101	3:29.47	L	F	Dalya Swartz	13	MDOL	EKU	28/01/2022 EGA Last Chance Gala
102	3:29.87	L	F	Emma Neethling	13	FISH	EDD	19/11/2021 Eden LC Champs 2021
103	3:30.19	L	F	Helena Pretorius	13	TKS	WBD	12/02/2022 Limpopo Champs
104	3:30.35	L	F	Katey Nel	13	SOUL	EKU	28/01/2022 EGA Last Chance Gala
105	3:30.67	L	P	Imke Els	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
106*	3:31.00	L S	P	Rachel Hinckley	13	CA	EKU	09/12/2021 EGA Summer Champs 2021
106*	3:31.00	L	P	Kemantha Ayair	CR	BAYV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
108	3:31.09	L	F	Kayla Honey	13	ONYX	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
109	3:31.10	L	F	Elizabeth Opperman	13	KTS		19/02/2022 Age Group 6 & SA Schools Select - Ke
110	3:31.33	L	F	Veronique Riekert	13	TUKS	FSH	17/09/2021 NTS Age group September Level 2+3
111	3:31.47	L	F	Georgia Knight	13	WATR	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
112	3:31.84	L	P	Leane Muller	13	RFA	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
113	3:32.14	L	P	Kate Allwood	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
114	3:32.45	L	F	Simonè Schonken	13	SS	MPD	11/03/2022 SA Level 2 Regional Age Group Cham
115	3:32.47	L	P	Danielle Van Vuuren	13	DDA	FSH	18/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
116	3:32.68	L	F	Lerize Du Toit	13	ACAAQ	CCD 12/02/2022 Limpopo Champs
117	3:33.01	L	F	Leeya Amon	13	TYGE	CPT 08/10/2021 40th Freda Barnard Invitational Gala
118	3:33.47	L	F	Jessica Bosman	13	QUIC	CPT 30/10/2021 CANA Virtual Swimming Championship
119	3:33.55	L	F	Anne Marais	13	TKS	WBD 12/02/2022 Limpopo Champs
120	3:33.88	L	F	Mari Wium	13	QSAW	GED 19/02/2022 Swartland Invitational #2 2022
121	3:34.01	L	P	Larissa Visagie	13	ASAC	CPT 07/12/2021 Western Cape LC-A Championship 20
122	3:34.03	L	F	Sienna Wilensky	13	ASAC	CPT 08/10/2021 40th Freda Barnard Invitational Gala
123	3:34.83	L	F	Giselle Kemper	13	CYBE	CPT 06/11/2021 CTA Qualifying Meet 4 - Long Distance
124	3:35.60	L	P	Emily Serman	13	BON	JHB 03/12/2021 CGA LC Summer Champs - Level3+
125	3:35.89	L S	F	Lara Louw	13	BLNE	MAN 08/12/2021 Free State Champs 2021
126*	3:36.28	L	P	Gemma Caminsky	13	OLDE	JHB 18/03/2022 SA Level 3 Regional Age Group Cham
126*	3:36.28	L	P	Emma Lategan	13	CUDU	CPT 17/03/2022 SA Level 3 Regional Age Group Cham
128	3:36.61	L	P	Wilmiën Verbeek	13	CUDU	CPT 17/03/2022 SA Level 3 Regional Age Group Cham
129	3:36.64	L S	P	Megan Augustyn	13	ONYX	EKU 09/12/2021 EGA Summer Champs 2021
130	3:37.16	L	P	Ivana Vyncke	13	VRY	ZLD 17/03/2022 SA Level 3 Regional Age Group Cham
131	3:37.30	L	F	Paris Shiwundlana	13	AFIN	JHB 11/03/2022 SA Level 2 Regional Age Group Cham
132	3:37.67	L	P	Buhle Mahlalela	13	UNI	EZD 11/03/2022 SA Level 2 Regional Age Group Cham
133	3:37.83	L	F	Kelci Leech	13	BLSS	MAN 28/10/2021 Neptune Prestige Gala
134	3:38.09	L	P	Tayla Dowie	13	AA	JHB 18/03/2022 SA Level 3 Regional Age Group Cham
135	3:38.33	L	F	Cameryn Suckerman	13	MDOL	EKU 28/01/2022 EGA Last Chance Gala
136	3:38.47	L	F	Veera Khusal	13	BON	JHB 11/03/2022 SA Level 2 Regional Age Group Cham
137	3:38.92	L	P	Jessica Smith	13	SWIM1	JHB 03/12/2021 CGA LC Summer Champs - Level3+
138	3:39.63	L	P	Aisling McLean	13	ELEC	JHB 18/03/2022 SA Level 3 Regional Age Group Cham
139	3:40.66	L	F	Megan Nieman	13	PSC	TSH 14/01/2022 NTS January 2022 Combined Age Grc
140	3:40.91	L	F	Madison Hayes	13	TYGE	CPT 08/10/2021 40th Freda Barnard Invitational Gala
141	3:41.83	L S	P	Daniela Colyn	13	ONYX	EKU 09/12/2021 EGA Summer Champs 2021
142	3:42.13	L	F	Leigh Pijoo	13	BLMA	CPT 30/10/2021 CANA Virtual Swimming Championship
143	3:43.04	L	F	Carli Dippenaar	13	ROA	EDD 19/11/2021 Eden LC Champs 2021
144	3:43.15	L	P	Elisha Perumal	CR	BAYV	ETH 17/03/2022 SA Level 3 Regional Age Group Cham
145	3:43.97	L	F	Amelie Brügers	13	VINE	CPT 30/10/2021 CANA Virtual Swimming Championship
146	3:44.15	L	P	Kailyn Roopchand	13	PSCP	UMD 11/03/2022 SA Level 2 Regional Age Group Cham
147	3:44.16	L	F	Amariah Singh	13	AWSC	JHB 03/12/2021 CGA LC Summer Champs - Level 2
148	3:44.19	L	F	Mieke Van Der Walt	13	FISH	EDD 19/11/2021 Eden LC Champs 2021
149	3:44.31	L	F	Amy Botha	13	BAS	EKU 02/10/2021 EGA Summer 2
150	3:44.40	L	F	Anè Cloete	13	QUIC	CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
151	3:45.06	L	F	Katelyn Fourie	13	JAQ	EKU 02/10/2021 EGA Summer 2
152	3:45.46	L	P	Mia Wellsted	13	HASC	JHB 03/12/2021 CGA LC Summer Champs - Level3+
153	3:45.72	L	F	Esther Sauls	13	PGAC	EKU 11/03/2022 SA Level 2 Regional Age Group Cham
154	3:46.17	L	F	Yvonne Pretorius	13	MSC	NGD 15/10/2021 MP AGE GROUP 2 - 15-16 October 20
155	3:46.23	L	F	Zia Petersen	13	XSAQ	CPT 04/12/2021 CTA Qualifying Meet
156	3:46.57	L	F	Amy Burrell	13	PEAS	NMA 29/01/2022 3rd A League Gala 2022
157	3:47.11	L	F	Robyn Barbour	13	ESP	EKU 02/10/2021 EGA Summer 2
158	3:47.32	L	P	Chrisna Du Plessis	13	KALA	22/03/2022 SA Level 2 Regional Age Group Cham
159	3:48.25	L	F	Láne Fouché	13	HREF	BPD 16/10/2021 NWS Age Group 1&2
160*	3:49.22	L	P	Deoné Borstlap	13	POTC	KKD 17/03/2022 SA Level 3 Regional Age Group Cham
160*	3:49.22	L	P	Jessica Carver	13	ELEC	JHB 18/03/2022 SA Level 3 Regional Age Group Cham
162	3:50.03	L	P	Jaimee-Lee Marais	13	SWIFT	EKU 18/03/2022 SA Level 3 Regional Age Group Cham
163	3:51.24	L	F	Annika Potgieter	13	POTC	KKD 22/03/2022 SA Level 2 Regional Age Group Cham
164	3:51.54	L	F	Sune von Wielligh	13	KTS	22/03/2022 SA Level 2 Regional Age Group Cham
165	3:52.13	L	F	Leila Schenk	13	USC	BUF 18/03/2022 SA Level 2 Regional Age Group Cham
166	3:52.25	L	F	Sian Kleynhans	13	KALA	17/03/2022 SA Level 3 Regional Age Group Cham
167	3:52.42	L	P	Tanisha Barnes	13	DRGN	EKU 11/03/2022 SA Level 2 Regional Age Group Cham
168	3:53.09	L	F	Riley Koegelenberg	13	ASAC	CPT 30/10/2021 CANA Virtual Swimming Championship
169	3:53.16	L	F	Lana Koegelenberg	13	ONYX	EKU 02/10/2021 EGA Summer 2
170	3:53.24	L	P	Nakita Snyman	13	FLOD	JHB 11/03/2022 SA Level 2 Regional Age Group Cham
171	3:53.78	L	F	Onkaribile Molamu	13	MATL	KKD 16/10/2021 NWS Age Group 1&2
172	3:54.25	L	F	Cara Francis	13	DDA	TSH 08/10/2021 NTS October Combined Age Group
173*	3:54.46	L	F	Cait Da Cunha	13	BON	JHB 02/10/2021 EGA Summer 2
173*	3:54.46	L S	P	Andria Le Roux	13	JAQ	EKU 09/12/2021 EGA Summer Champs 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
175	3:56.25	L	F	Mignon Burger	13	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
176	3:56.56	L	P	Mea Harding	13	BAS	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
177	3:57.38	L	F	Mia Crookham	13	TYGE	CPT	04/12/2021 CTA Qualifying Meet
178	3:57.66	L	F	Logan Francke	13	RBOT	BPD	02/10/2021 Frank Gray Memorial Championships ;
179	3:58.17	L S	F	Chrisley Barnard	13	WSS	FDD	08/12/2021 Free State Champs 2021
180	3:58.48	L	F	Cleo May	13	MARL	CPT	22/03/2022 SA Level 2 Regional Age Group Chan
181	4:01.58	L	F	Megan Neizel	13	PSCP	UMD	11/03/2022 SA Level 2 Regional Age Group Chan
182	4:02.37	L	F	Gita Hildebrand	13	KNYJ	EDD	29/01/2022 EDEN 4th A-League Gala 2022
183	4:04.03	L	P	Abigail Cullen	13	WELA	FDD	22/03/2022 SA Level 2 Regional Age Group Cham
184	4:04.46	L	F	Anja Koen	13	HARB	BPD	16/10/2021 NWS Age Group 1&2
185	4:06.56	L	F	Lehanra Greeff	13	HARB	BPD	02/10/2021 Frank Gray Memorial Championships ;
186	4:07.42	L	P	Selente Oosthuysen	13	HARB	BPD	22/03/2022 SA Level 2 Regional Age Group Cham
187	4:08.58	L	F	Chloe Petersen	13	TUKS	FSH	17/09/2021 NTS Age group September Level 2+3
188	4:08.74	L	P	Jocke Coetzee	13	KALA		22/03/2022 SA Level 2 Regional Age Group Cham
189	4:16.18	L S	P	Amy-Lee Jones	13	BENS	EKU	09/12/2021 EGA Summer Champs 2021
190	4:17.74	L S	P	Micaila Hegter	13	BLSS	MAN	08/12/2021 Free State Champs 2021
191	4:17.98	L	F	Lisa van der Westhuizen	13	POTC	KKD	11/02/2022 NW Last Chance
192	4:19.24	L	F	Hannah Watson	13	SGUL	ETH	30/10/2021 CANA Virtual Swimming Championship
193	4:20.34	L	F	Ammaarah Davids	13	XSAQ	CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
194	4:20.96	L	F	Mbali Mahlangu	13	ATTE	FSH	04/02/2022 NTS February Age Group 14 & Under
195	4:23.36	L	F	Zorina Tromp	13	MAC	EKU	02/10/2021 EGA Summer 2
196	4:25.88	L	F	Paxton Rankin	13	TLAC	BPD	11/02/2022 NW Last Chance
197	4:26.12	L	F	Helen Sickles	13	KALA		05/02/2022 NCASA Sprints Gala 2022
198	4:27.03	L	F	Sunique Coetzee	13	SS	MPD	16/10/2021 Limpopo Age Group 4
199	4:28.05	L	F	Gabriella Oaten	13	CYBE	CPT	06/11/2021 CTA Qualifying Meet 4 - Long Distance
200	4:31.22	L	F	Shannon Rautenbach	13	UNI	EZD	03/12/2021 Mpumalanga Championships 2021
201	4:35.17	L	F	Ashley Seymour	13	WSS	FDD	08/10/2021 Super Seals Prestige Gala
202	4:58.81	L	P	Bokamoso Imasiku	13	TLAC	BPD	22/03/2022 SA Level 2 Regional Age Group Cham
203	5:08.51	L	F	Lwazi Mqeke	13	WELA	FDD	16/10/2021 NWS Age Group 1&2
Women 13-13 50 Fly								
1	30.26	L	P	Ruby Gaines	13	KZNS	ET	26/03/2022 SA Schools Swimming Championship
2	30.32	L	P	Emily Macqueen	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
3	30.63	L	F	Leila Yazbek	13	FSA	FS	06/04/2022 SA National Aquatic SNR-JNR Champ
4	30.92	L	F	Jaime Mote	13	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
5	30.94	L	F	Abigail Roberts	13	GAUT		26/03/2022 SA Schools Swimming Championship
6	31.01	L	F	Ruth Dredge	13	PAC	FSH	15/12/2021 NTS Championships 2021
7	31.13	L	F	Lara Gouws	13	AGC	FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
8	31.40	L	P	Kendra Begley	13	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
9	31.45	L	F	Mieke Vd Wal	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
10	31.67	L	P	Stephanie Jurado	13	SSISA	CPT	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
11	31.74	L	F	Jaime Mote	13	INFA	NMA	25/02/2022 Infinity Gala
12	31.79	L	F	Jenna Coetzee	13	INFA	NMA	12/11/2021 PEA Winter Gala Take 2
13	31.88	L	F	Mikayla Smit	13	SWIM1	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
14	31.89	L	F	Danielle Cronjè	13	GSA	CPT	07/12/2021 Western Cape LC-A Championship 20
15	31.93	L	F	Jana Vorster	13	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
16	32.03	L	P	Grace Powell	13	AGC	FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
17	32.15	L	P	Katelyn Fourie	13	AGA	EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
18	32.19	L	P	Madison du Plessis	13	FSA	FS	06/04/2022 SA National Aquatic SNR-JNR Champ
19	32.27	L	F	Amy Aaron	13	WSTV	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
20	32.28	L	F	Jesse-Leah Laderach	13	PEAS	NMA	29/01/2022 3rd A League Gala 2022
21	32.48	L	F	Leia Braithwaite	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
22*	32.53	L	F	Gemma Goncalves	13	STSC	UHD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
22*	32.53	L	F	Ashley Scholtz	13	CA	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
24	32.58	L	F	Charnè Landman	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
25	32.62	L	P	Amy O'Connor	13	AGB	JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
26*	32.86	L	F	Mareze Frylinck	13	BLSS	MAN	28/10/2021 Neptune Prestige Gala
26*	32.86	L	P	Emily Palmer	13	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
28	32.88	L	F	Savannah Mostert	13	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
29	32.93	L	F	Lara Smith	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
30	32.96	L	P	Emily Liebenberg	13	SWAR	WCD 29/03/2022 SA Regional SNR & JNR Champs WC
31	33.00	L	P	Alika Vd Merwe	13	TUKS	TSH 29/03/2022 SA Regional Aquatic Champs 2022- N
32	33.07	L	P	Caitlyn Dube	13	GAUT	26/03/2022 SA Schools Swimming Championship
33	33.08	L S	S	Mila Vd Linde	13	TUKS	TSH 29/03/2022 SA Regional Aquatic Champs 2022- N
34	33.09	L	F	Genevieve Christensen	13	ACSA	ETH 17/12/2021 2021 KZNA Premier Provincial Champ
35	33.11	L	F	Jana Swiegers	13	TUKS	TSH 15/12/2021 NTS Championships 2021
36	33.12	L	F	Scarlett Le Roux	13	SOUL	EKU 04/09/2021 EGA Adrian Grafe Gala 2021
37	33.20	L	F	Erin Joubert	13	KLOO	ETH 17/12/2021 2021 KZNA Premier Provincial Champ
38	33.24	L	F	Jade O'Connor	13	AWIN	TSH 18/03/2022 SA Level 3 Regional Age Group Chan
39	33.25	L	F	Dorette du Plessis	13	NWUC	KKD 08/12/2021 NWS Championships 2020/2021
40	33.27	L	F	Moya Steer	13	KZNS	ET 26/03/2022 SA Schools Swimming Championship
41	33.29	L	F	Keira Holland	13	CRSC	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
42	33.36	L	P	Naledi Thobeha	13	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
43	33.40	L	F	Ava-Loren Van Galen	13	BIOS	GED 29/03/2022 SA Regional SNR & JNR Champs WC
44	33.41	L	P	Leah Scott	13	MGSC	UGD 18/02/2022 2022 Grand Prix 2 Invitational Meet Du
45	33.42	L	F	Me-Kayla Rew	13	TUKS	TSH 08/10/2021 NTS October Combined Age Group
46	33.49	L	P	Anri Van Der Westhuizen	13	FSA	FS 06/04/2022 SA National Aquatic SNR-JNR Champ
47	33.56	L	F	Paige Jacobs	13	FAAC	FB 25/02/2022 Neptune last chance gala
48	33.59	L	P	Maria Steyn	13	BLSS	MAN 08/12/2021 Free State Champs 2021
49	33.63	L	F	Corli Liversage	13	BLSS	MAN 08/10/2021 Super Seals Prestige Gala
50*	33.64	L	F	Minke Labuscagne	13	BLSS	MAN 28/10/2021 Neptune Prestige Gala
50*	33.64	L	F	Lily Durant	13	WATR	JHB 29/03/2022 SA Regional Aquatic Champs 2022- N
52	33.65	L	F	Sarah-Jane Mouton	13	HARL	BUF 17/03/2022 SA Level 3 Regional Age Group Chan
53	33.72	L	F	Moya Steer	13	SEAL	UMD 03/12/2021 WSC & Seals Summer LC Champs 20
54	33.74	L	F	Annebel Stewart	13	AZON	ETH 17/03/2022 SA Level 3 Regional Age Group Chan
55	33.85	L	P	Sunny Huang	13	WATR	JHB 29/03/2022 SA Regional Aquatic Champs 2022- N
56	33.94	L	F	Danika Van Zyl	13	FRA	UHD 17/03/2022 SA Level 3 Regional Age Group Chan
57	33.96	L	F	Danielle Harbron	13	FAAC	FB 25/02/2022 Neptune last chance gala
58*	33.97	L	P	Kayla Gous	13	CPRIM	BUF 08/02/2022 BCA Primary School Top 8
58*	33.97	L	F	Elisha Perumal	CR	BAYV	ETH 17/03/2022 SA Level 3 Regional Age Group Chan
60*	33.98	L	F	Samantha Magava	13	DRGN	EKU 09/12/2021 EGA Summer Champs 2021
60*	33.98	L	P	Gizelle Maritz	13	AGB	JHB 06/04/2022 SA National Aquatic SNR-JNR Champ
62	34.17	L	P	Emma Rossouw	13	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
63	34.19	L	F	Chloe Olivier	13	SOUL	EKU 18/03/2022 SA Level 3 Regional Age Group Chan
64	34.25	L	F	Megan Nieman	13	WSS	FDD 25/02/2022 Gauteng Schools Championships 202
65	34.35	L	P	Mia Gerber	13	MATI	GED 17/03/2022 SA Level 3 Regional Age Group Chan
66	34.38	L	F	Jemma Park	13	CRSC	JHB 18/03/2022 SA Level 3 Regional Age Group Chan
67	34.39	L	F	Lienke Van OS	13	BULS	MAN 17/03/2022 SA Level 3 Regional Age Group Chan
68	34.42	L	P	Hannah Burke	13	AACTA	CPT 07/12/2021 Western Cape LC-A Championship 20
69	34.45	L	F	Giuliana Raccanello	13	CA	EKU 04/09/2021 EGA Adrian Grafe Gala 2021
70	34.46	L	P	Amy Combrink	13	VINE	CPT 29/03/2022 SA Regional SNR & JNR Champs WC
71	34.48	L	P	Anastasia Sequeira	13	AGA	EKU 06/04/2022 SA National Aquatic SNR-JNR Champ
72	34.49	L	F	Samantha Nimb	13	VINE	CPT 29/03/2022 SA Regional SNR & JNR Champs WC
73	34.53	L	F	Cathrijn Davel	13	MPA	EZD 26/03/2022 SA Schools Swimming Championship
74	34.66	L	P	Juliette van Vught	13	HASC	JHB 29/03/2022 SA Regional Aquatic Champs 2022- N
75	34.72	L	P	Anne Marais	13	LP	CCD 26/03/2022 SA Schools Swimming Championship
76	34.74	L	P	Mari Wium	13	QSAW	GED 17/03/2022 SA Level 3 Regional Age Group Chan
77*	34.77	L	F	Maria Outram	13	SEAL	UMD 17/03/2022 SA Level 3 Regional Age Group Chan
77*	34.77	L	F	Jaime Maritz	13	NSAD	EZD 18/03/2022 SA Level 3 Regional Age Group Chan
79	34.78	L	F	Rebecca Wolstenholme	13	AA	JHB 11/03/2022 SA Level 2 Regional Age Group Cham
80	34.88	L	F	Jodi Boettger	13	USC	BUF 12/11/2021 PEA Winter Gala Take 2
81*	34.89	L	F	Isabella Havemann	13	ASAC	CPT 29/03/2022 SA Regional SNR & JNR Champs WC
81*	34.89	L	F	Rouxne Du Plessis	13	TUKS	TSH 18/03/2022 SA Level 3 Regional Age Group Chan
83	34.90	L	P	Hannah Sandilands	13	BAS	EKU 29/03/2022 SA Regional Aquatic Champs 2022- N
84	35.08	L	F	Zandri Knoetze	13	INFA	NMA 17/03/2022 SA Level 3 Regional Age Group Chan
85	35.12	L	F	Elne Reynolds	13	INFA	NMA 10/12/2021 NMBA Championships 2021
86	35.16	L	F	René Kotzé	13	POTC	KKD 08/12/2021 NWS Championships 2020/2021
87	35.18	L	F	Taylor-Blake Van Tonder	13	ROA	EDD 25/02/2022 Infinity Gala
88*	35.21	L	F	Jessica Sardinha	13	BAS	EKU 02/10/2021 EGA Summer 2

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
88*	35.21	L	F	Leeya Amon	13	TYGE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
90*	35.23	L	F	Elrike du Plessis	13	FSAC BPD	08/12/2021 NWS Championships 2020/2021
90*	35.23	L	F	Karmen Van Rensburg	13	UNI EZD	03/12/2021 Mpumalanga Championships 2021
92	35.31	L	F	Leané Gouws	13	HREF BPD	08/12/2021 NWS Championships 2020/2021
93	35.32	L	P	Sophie Hudson	13	WATR JHB	07/12/2021 Western Cape LC-A Championship 20
94	35.34	L	P	Rachel Hinckley	13	CA EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
95	35.36	L	P	Danaleigh Swanepoel	13	TUKS FSH	15/12/2021 NTS Championships 2021
96	35.40	L	F	Lumka Ntaka	13	UMSH ETH	17/12/2021 2021 KZNA Premier Provincial Champ
97	35.45	L	F	Karla Myburgh	13	BEST NMA	08/10/2021 40th Freda Barnard Invitational Gala
98	35.48	L	F	Abigail Scheffer	13	PAC FSH	17/09/2021 NTS Age group September Level 2+3
99	35.52	L	F	Chelsea Main	13	UITH NMA	30/10/2021 CANA Virtual Swimming Championship
100	35.58	L	F	Jemma Pearse	13	VINE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
101	35.60	L	F	Tanika Du Plessis	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
102	35.72	L	F	Isabella Els	13	PEAS NMA	17/03/2022 SA Level 3 Regional Age Group Chan
103	35.81	L	F	Zoë Goebel	13	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
104	35.89	L	F	Kelci Leech	13	BLSS MAN	08/12/2021 Free State Champs 2021
105	35.90	L	P	Araya de Waal	13	ONYX EKU	18/03/2022 SA Level 3 Regional Age Group Chan
106	35.93	L	F	Ayalakha Mokoena	13	TUKS FSH	11/03/2022 SA Level 2 Regional Age Group Cham
107	35.99	L	F	Kelly Stork	13	MAC EKU	02/10/2021 EGA Summer 2
108	36.03	L	P	Ella Bradshaw	13	CRSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
109	36.05	L	P	Carine Röntgen	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
110	36.06	L	F	Catherine Desilla	13	MDOL EKU	18/02/2022 EGA Lets Race 2022
111	36.07	L	F	Taylor Ririe	13	BLSS MAN	17/03/2022 SA Level 3 Regional Age Group Chan
112	36.09	L	P	Rii Spoelstra	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
113	36.10	L	F	Imre' Bezuidenhout	13	PAC FSH	10/12/2021 2021 The Tshwane Mayoral Gala
114	36.22	L	F	Kayleigh Hahn	13	ROA EDD	25/02/2022 Infinity Gala
115	36.23	L	P	Gabrielle Hobson	13	TUKS FSH	15/12/2021 NTS Championships 2021
116	36.28	L	F	Anzelle van Rooyen	13	DRGN EKU	18/03/2022 SA Level 3 Regional Age Group Chan
117*	36.29	L	F	Kayla Vosloo	AR	BLOT MAN	17/03/2022 SA Level 3 Regional Age Group Chan
117*	36.29	L	P	Helena Pretorius	13	TKS WBD	18/03/2022 SA Level 3 Regional Age Group Chan
119	36.33	L	F	Macy Hains	13	INFA NMA	12/11/2021 PEA Winter Gala Take 2
120	36.36	L	P	Kingsley Greyling	13	AZON ETH	05/02/2022 KZN Junior Championships 2021
121	36.46	L	F	Emily Mc Laren	13	SGUL ETH	12/06/2021 Curro Age Group Gala 1
122*	36.49	L	P	Danielle Van Vuuren	13	DDA FSH	18/03/2022 SA Level 3 Regional Age Group Chan
122*	36.49	L	P	Robyn Barbour	13	ESP EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
124*	36.55	L	F	Zandile Sipuka	13	BEST NMA	16/10/2021 1st A League Gala 2021
124*	36.55	L	P	Leigh Pijoos	13	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
126	36.60	L	F	Kiera Ruane	13	TUKS FSH	04/02/2022 NTS February Age Group 14 & Under
127	36.63	L	P	Amy Botha	13	BAS EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
128	36.66	L	P	Imke Els	13	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
129	36.67	L	F	Hannah Naidoo	CR	BAYV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
130	36.74	L	P	Giselle Kemper	13	CYBE CPT	29/03/2022 SA Regional SNR & JNR Champs WC
131	36.81	L	P	Caitlin Govender	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
132	36.82	L	F	Simonè Schonken	13	SS MPD	12/02/2022 Limpopo Champs
133	36.88	L	F	Caibella Oliver	13	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
134	36.98	L	P	Shanna-Leigh Zeelie	13	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
135	37.02	L	F	Simone Vd Merwe	13	PAQU CED	12/11/2021 PEA Winter Gala Take 2
136	37.14	L	F	Lara Verhoef	13	VINE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
137	37.18	L	P	Veronique Riekert	13	TUKS FSH	15/12/2021 NTS Championships 2021
138	37.22	L	P	Nisa Da Silva	13	TUKS FSH	18/03/2022 SA Level 3 Regional Age Group Chan
139	37.24	L	F	Kiara Banks	13	TUKS FSH	14/01/2022 NTS January 2022 Combined Age Grc
140*	37.26	L	F	Nicole Van Zyl	13	CA EKU	02/10/2021 EGA Summer 2
140*	37.26	L	P	Paige Edmundson	13	SASE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
142	37.28	L	F	Zante Young	13	RBUR BPD	08/12/2021 NWS Championships 2020/2021
143*	37.29	L	F	Kaylie Groenewald	13	SS MPD	16/10/2021 Limpopo Age Group 4
143*	37.29	L	P	Zianè Jantzen	13	QUIC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
145*	37.36	L	F	Lucy Le Roux	13	ASAW CED	08/10/2021 40th Freda Barnard Invitational Gala
145*	37.36	L	P	Keera De Esclana	13	VRC FSH	18/03/2022 SA Level 3 Regional Age Group Chan
147	37.41	L	F	Natania Komakech	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
148	37.45	L	P	Esti Mouton	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
149	37.46	L	F	Kayla Verbaan	13	KLOO ETH	02/10/2021 Frank Gray Memorial Championships :
150	37.57	L	F	Lara Louw	13	BLNE MAN	25/02/2022 Neptune last chance gala
151	37.58	L	F	Chloe Petersen	13	TUKS TSH	04/02/2022 NTS February Age Group 14 & Under
152	37.61	L	P	Chrystil Raymond	13	CSA EZD	18/03/2022 SA Level 3 Regional Age Group Chan
153*	37.63	L	F	Janca Hattingh	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
153*	37.63	L	P	Wilmien Verbeek	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
155	37.68	L	F	Amy-Lee Jones	13	BENS EKU	28/01/2022 EGA Last Chance Gala
156	37.92	L	F	Amy Calogridis	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
157	38.00	L	F	Nicole Norman	13	RPAC EKU	06/11/2021 OR TAMBO Soncini 2021
158	38.03	L	P	Tehl-Cadi Day Garden	13	BLUO UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
159	38.05	L	F	Tayla Dowie	13	AA JHB	03/12/2021 CGA LC Summer Champs - Level3+
160*	38.07	L	F	Megan Van den Heever	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
160*	38.07	L	F	Milri-Ann Summertown	13	NWUC KKD	02/10/2021 Frank Gray Memorial Championships :
162	38.23	L	F	Kemantha Ayair	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
163*	38.36	L	F	Kaylin Bezuidenhoud	13	BLSS MAN	08/10/2021 Super Seals Prestige Gala
163*	38.36	L	P	Larissa Visagie	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
165	38.41	L	P	Kendra Matthysen	13	SSISA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
166	38.44	L	F	Micke De Jager	LR	PSA ZLD	05/03/2022 KCDA Level 2 Champs 2022
167	38.45	L	F	Nanika Langenegger	13	VINE CPT	22/03/2022 SA Level 2 Regional Age Group Chan
168*	38.47	L	F	Ilanthy Moolman	13	MSC NGD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
168*	38.47	L	P	Donne Bruyns	13	CSA EZD	18/03/2022 SA Level 3 Regional Age Group Chan
170	38.48	L	F	Sanelisiwe Dawe	13	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial Champ
171	38.51	L	F	Caitlin Scheepers	13	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
172	38.52	L	P	Tia Mari Theron	13	TKS WBD	11/03/2022 SA Level 2 Regional Age Group Cham
173	38.54	L S	F	Sienna Wilensky	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
174	38.56	L	F	Kellen McLaren	13	SOUL EKU	12/11/2021 EGA Summer 4
175	38.60	L	F	Nina Van Tonder	13	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Chan
176	38.64	L	P	Megan Webster	13	RFA TSH	15/12/2021 NTS Championships 2021
177	38.67	L	F	Kailyn Roopchand	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
178	38.69	L	F	Simone Cussons	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
179	38.79	L	P	Jaimee-Lee Marais	13	SWIFT EKU	09/12/2021 EGA Summer Champs 2021
180	38.82	L	F	Esther Sullivan	13	WSTV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
181	38.84	L	F	Jordan Riebeseel	13	SGUL ETH	29/01/2022 EDA Age Group Gala 4
182	38.91	L	F	Morgan Meyer	13	ESP EKU	04/09/2021 EGA Adrian Grafe Gala 2021
183	38.95	L	F	Zoe Ann Kruger	13	AQU ADJ	11/03/2022 SA Level 2 Regional Age Group Chan
184	39.00	L	F	Leane Muller	13	RFA TSH	22/10/2021 NTS October Level 1-3 Age Group
185	39.03	L	F	Sarah Bruwer	13	MMD CPT	04/12/2021 CTA Qualifying Meet
186	39.09	L	P	Nikita Scruby	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
187*	39.12	L	F	Kathleen Welsh	13	MSC NGD	01/10/2021 MP AGE GROUP 1 1-2 OCTOBER 20
187*	39.12	L	P	Kate-Lynn de Jager	AR	BLOT MAN	08/12/2021 Free State Champs 2021
189	39.19	L	F	Peta Mazery	13	SGUL ETH	12/06/2021 Curro Age Group Gala 1
190*	39.21	L	P	Emma Lategan	13	CUDU CPT	07/12/2021 Western Cape LC-A Championship 20
190*	39.21	L	P	Jessica Carver	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
192	39.22	L	P	Summer Ascielli	13	CYBE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
193	39.25	L	P	Emily Tsai	13	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
194	39.27	L	P	Vera Chen	13	BLSS MAN	08/12/2021 Free State Champs 2021
195	39.38	L	P	Makula Kyabayinze	13	TUKS TSH	11/03/2022 SA Level 2 Regional Age Group Cham
196	39.40	L	F	Mieke Van Der Walt	13	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
197	39.41	L	F	Lily Ogden	13	PEAR NMA	19/02/2022 EC Provincial Schools Gala
198	39.57	L	P	Judy Stevens	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
199	39.61	L	F	Miela Smit	13	AQUA BUF	17/03/2022 SA Level 3 Regional Age Group Chan
200	39.62	L	P	Megan Augustyn	13	ONYX EKU	18/03/2022 SA Level 3 Regional Age Group Chan
201	39.69	L	P	Tatum Sanderson	13	SOWE JHB	11/03/2022 SA Level 2 Regional Age Group Cham
202	39.70	L	P	Nicola Olivier	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
203	39.76	L	F	Charis Naidoo	13	AZON ETH	12/06/2021 Curro Age Group Gala 1
204*	39.78	L	F	Jaimee-Lee Wenham	13	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
204*	39.78	L	P	Taylor Dukes	13	CRSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
206	39.79	L	F	Madison Hayes	13	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

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	Time	P/F/S	Name	Age/Yr			
207*	39.91	L	P	Mia Wellsted	13	HASC JHB	03/12/2021 CGA LC Summer Champs - Level3+
207*	39.91	L	F	Lyuba van Niekerk	13	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
209	40.02	L	P	Rafaela Boltler	13	KLOO ETH	05/02/2022 KZN Junior Championships 2021
210	40.14	L S	F	Storme Badenhorst	13	MARL CPT	30/10/2021 CANA Virtual Swimming Championship
211	40.23	L	P	Emily Serman	13	BON JHB	03/12/2021 CGA LC Summer Champs - Level3+
212	40.28	L	F	Ilanze du Plessis	13	BULS MAN	25/02/2022 Neptune last chance gala
213	40.34	L	F	Tshenolo Ntsie	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
214	40.47	L	P	Izolde Lombard	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
215	40.51	L	F	Johané Jv Rensburg	13	TUKS FSH	17/09/2021 NTS Age group September Level 2+3
216	40.53	L	F	Dorethe Meyer	AR	BLOT MAN	23/10/2021 Otters Prestige Gala 2021
217	40.61	L	F	Esmarie Terblanche	13	HTSA CPT	22/03/2022 SA Level 2 Regional Age Group Chan
218	40.71	L	P	Chloe Pieterse	13	CLSC WCD	17/03/2022 SA Level 3 Regional Age Group Chan
219	40.77	L	F	Ingrid Van Loggerenberg	13	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
220*	40.83	L	F	Monique Van Zyl	13	ASAC CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
220*	40.83	L	P	Cait Da Cunha	13	BON JHB	03/12/2021 CGA LC Summer Champs - Level3+
222	41.01	L	P	Cyan van Den Berg	13	SPS BUF	08/02/2022 BCA Primary School Top 8
223	41.05	L	F	Charlee Davis	13	RAV EKU	12/11/2021 EGA Summer 4
224	41.15	L	P	Gabriella Lobban	13	CRSC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
225	41.18	L S	F	Zia Petersen	13	XSAQ CPT	30/10/2021 CANA Virtual Swimming Championship
226	41.22	L	F	Lungiswa Grootboom	13	SWAR WCD	22/03/2022 SA Level 2 Regional Age Group Chan
227	41.23	L	F	Michaela Blaine	13	PEAS NMA	12/11/2021 PEA Winter Gala Take 2
228	41.31	L	P	Nicola Schwartz	13	SPS BUF	08/02/2022 BCA Primary School Top 8
229	41.33	L	F	Mekayla Pretorius	13	HWSK	06/11/2021 Heidedal Gala
230	41.36	L	F	Ebenette Van Niekerk	13	FISHS EDD	19/11/2021 Eden LC Champs 2021
231	41.55	L S	F	Jorja Turner	13	VINE CPT	30/10/2021 CANA Virtual Swimming Championship
232	41.60	L	F	Micaela Mutooni	13	ELEC JHB	03/12/2021 CGA LC Summer Champs - Level 2
233	41.65	L	P	Emma Davies	13	BAS EKU	18/03/2022 SA Level 3 Regional Age Group Chan
234	41.66	L	F	Marlene Ward	13	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
235	41.72	L	F	Jonea Pretorius	13	SS MPD	16/10/2021 Limpopo Age Group 4
236	41.75	L	P	Liza Schoeman	13	RBOT BPD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
237	41.87	L	F	Anne Steyl	13	PRKA PS	05/02/2022 NCASA Sprints Gala 2022
238	41.90	L	P	Daniela Colyn	13	ONYX EKU	09/12/2021 EGA Summer Champs 2021
239	41.93	L	F	Kayla Honey	13	ONYX EKU	28/01/2022 EGA Last Chance Gala
240	41.94	L	P	Mea Harding	13	BAS EKU	09/12/2021 EGA Summer Champs 2021
241	42.01	L	F	Maya Ndegwa	13	ELEC JHB	17/10/2021 2021 AG Swim Stars Champs & OR T
242	42.14	L	F	Deoné Borstlap	13	POTC KKD	11/02/2022 NW Last Chance
243*	42.15	L	F	Leah Crozier	13	FAAC FB	17/03/2022 SA Level 3 Regional Age Group Chan
243*	42.15	L	P	Anya Fernando	13	SASE JHB	11/03/2022 SA Level 2 Regional Age Group Cham
245	42.24	L	F	Mia Bruwer	13	SS MPD	12/02/2022 Limpopo Champs
246	42.27	L	F	Leanke Voigt	13	JAQ EKU	12/11/2021 EGA Summer 4
247*	42.32	L	F	Naseerah Vd Merwe	13	WEST CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
247*	42.32	L	F	Hannah Jacobs	13	MANT CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
249	42.42	L	F	Isabè Van Dyk	13	CUHE OBD	08/10/2021 40th Freda Barnard Invitational Gala
250	42.49	L	F	Cesca Nel	13	SS MPD	16/10/2021 Limpopo Age Group 4
251	42.51	L	P	Julie Kockott	13	SPS BUF	08/02/2022 BCA Primary School Top 8
252	42.64	L	F	Mia Vd Merwe	13	GREY CPT	08/10/2021 40th Freda Barnard Invitational Gala
253	42.66	L	F	Gabriella Fotheringham	13	SOUL EKU	12/11/2021 EGA Summer 4
254	42.77	L	F	Onkaribile Molamu	13	MATL KKD	08/12/2021 NWS Championships 2020/2021
255*	43.22	L	F	Jacy Brand	13	SWAR WCD	19/02/2022 Swartland Invitational #2 2022
255*	43.22	L	P	Chrisley Barnard	13	WSS FDD	08/12/2021 Free State Champs 2021
257	43.28	L	F	Katey Nel	13	SOUL EKU	12/11/2021 EGA Summer 4
258	43.29	L	F	Yvonne Pretorius	13	MSC NGD	29/10/2021 CANA Virtual Swimming Championship
259	43.36	L	P	Esther Sauls	13	PGAC EKU	09/12/2021 EGA Summer Champs 2021
260	43.38	L	F	Tatiana Ioannides	13	BLSS MAN	28/10/2021 Neptune Prestige Gala
261	43.62	L	F	Ashley Seymour	13	WSS FDD	25/02/2022 Neptune last chance gala
262	43.72	L	F	Aida Louw	13	UPSK	04/12/2021 Age Group 4 - Uington
263	43.75	L	F	Wilona Erasmus	13	NWUC KKD	11/02/2022 NW Last Chance
264	43.84	L	F	Keanda Mokoena	13	TUKS FSH	08/10/2021 NTS October Combined Age Group
265	43.90	L	F	Dalya Swartz	13	MDOL EKU	28/01/2022 EGA Last Chance Gala

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
266	44.18 L	P	Zine Mostert	13	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
267	44.22 L	F	Emma Brits	13	PSC TSH	02/10/2021	NTS Level 1 Age Group September
268	44.37 L	F	Hannah Minnie	13	TYGE CPT	04/12/2021	CTA Qualifying Meet
269	44.38 L	F	Zorina Tromp	13	MAC EKV	02/10/2021	EGA Summer 2
270	44.51 L	P	Andria Le Roux	13	JAQ EKV	09/12/2021	EGA Summer Champs 2021
271	44.53 L	F	Cara Francis	13	DDA TSH	12/11/2021	EGA Summer 4
272	44.56 L	P	Eireann De Witte	13	TCA EKV	09/12/2021	EGA Summer Champs 2021
273	44.70 L	P	Kate Allwood	13	GREY CPT	17/03/2022	SA Level 3 Regional Age Group Chan
274	44.79 L	F	Paris Shiwundlana	13	AFIN JHB	22/10/2021	NTS October Level 1-3 Age Group
275	44.83 L	P	Rienke Blignaut	13	WSS FDD	08/12/2021	Free State Champs 2021
276	44.93 L	F	Kganya Mashigo	13	PAC TSH	10/12/2021	2021 The Tshwane Mayoral Gala
277	44.95 L	F	Lwazi Mqeke	13	WELA FDD	25/02/2022	Neptune last chance gala
278	45.04 L	F	Lehanra Greeff	13	HARB BPD	02/10/2021	Frank Gray Memorial Championships :
279	45.29 L	F	Sian Kleynhans	13	KALA	08/12/2021	Champs 2021
280	45.45 L	P	Anè Kemp	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
281	45.52 L	P	Buhle Mahlalela	13	UNI EZD	03/12/2021	Mpumalanga Championships 2021
282	45.54 L	P	Anmi Slabbert	13	PAQU CED	17/03/2022	SA Level 3 Regional Age Group Chan
283	45.67 L S	F	Alea Du Toit	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
284	45.80 L	F	Hannah Coert	13	MANT CPT	12/11/2021	Swartland Invitational Gala 2021
285	46.02 L	P	Annika Potgieter	13	POTC KKD	08/12/2021	NWS Championships 2020/2021
286	46.12 L	F	Jessica Carrol	13	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala
287	46.15 L	F	Emma Jansen van Rensburg	13	QSAW CED	22/03/2022	SA Level 2 Regional Age Group Chan
288	46.17 L	P	Jacoline Crous	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
289	46.18 L	F	Asia Kleinhans	13	AQDO CPT	08/10/2021	40th Freda Barnard Invitational Gala
290	46.38 L	F	Lana Viljoen	13	ZASC TSH	22/10/2021	NTS October Level 1-3 Age Group
291	46.44 L	P	Catherine O'Grady	13	EXA EZD	03/12/2021	Mpumalanga Championships 2021
292	46.58 L	P	Elizabeth Opperman	13	KTS	17/03/2022	SA Level 3 Regional Age Group Chan
293	46.64 L	F	Selente Oosthuysen	13	HARB BPD	22/03/2022	SA Level 2 Regional Age Group Cham
294	46.70 L	P	Megan Neizel	13	PSCP UMD	05/02/2022	KZN Junior Championships 2021
295	46.72 L	F	Caitlyn Arendse	13	TUKS TSH	10/12/2021	2021 The Tshwane Mayoral Gala
296	46.97 L	F	Emma Ralfe	13	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 20
297	47.37 L	P	Micaila Hegter	13	BLSS MAN	08/12/2021	Free State Champs 2021
298	47.42 L	P	Ogalaletseng Khosana	13	TUKS TSH	11/03/2022	SA Level 2 Regional Age Group Cham
299	47.91 L	F	Veera Khusal	13	BON JHB	03/12/2021	CGA LC Summer Champs - Level 2
300	47.97 L	F	Owami Mthethwa	13	VRY ZLD	29/01/2022	Frog n' Fish Sprints 2022
301	48.21 L	F	Carla Carolus	13	XSAQ CPT	04/12/2021	CTA Qualifying Meet
302	48.31 L	P	Amariah Singh	13	AWSC JHB	11/03/2022	SA Level 2 Regional Age Group Cham
303	48.54 L	P	Maria Dos Santos	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
304	48.62 L	F	Sune von Wielligh	13	KTS	05/02/2022	NCASA Sprints Gala 2022
305	48.80 L	F	Carme Louw	13	TASC MPD	12/02/2022	Limpopo Champs
306	49.04 L	F	Logan Francke	13	RBOT BPD	02/10/2021	Frank Gray Memorial Championships :
307	49.06 L	F	Shyenne Laubscher	13	WSS FDD	08/10/2021	Super Seals Prestige Gala
308	49.30 L	F	Lutifiyya Sheik	13	AQSC UMD	30/10/2021	CANA Virtual Swimming Championship
309	49.49 L	F	Chrisna Du Plessis	13	KALA	05/02/2022	NCASA Sprints Gala 2022
310	49.51 L	F	Jocke Coetzee	13	KALA	22/03/2022	SA Level 2 Regional Age Group Cham
311	49.69 L	P	Izabella Alevras	13	AAS JHB	11/03/2022	SA Level 2 Regional Age Group Cham
312	49.74 L	F	Gabrielle Kramer	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
313	49.78 L	P	Kgothatso Tsebe	13	STAR BPD	08/12/2021	NWS Championships 2020/2021
314	49.79 L	P	Leah Flanagan	13	STUTT BUF	08/02/2022	BCA Primary School Top 8
315	50.02 L	P	Mia Crookham	13	TYGE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
316*	50.36 L	P	Kara Du Preez	13	CSA EZD	03/12/2021	Mpumalanga Championships 2021
316*	50.36 L S	F	Gabriella Oaten	13	CYBE CPT	30/10/2021	CANA Virtual Swimming Championship
318	50.63 L	P	Kuzinsca Siranza	13	CAMPB BUF	08/02/2022	BCA Primary School Top 8
319	51.11 L	F	Tayla Ferreira	13	ESTR EKV	28/01/2022	EGA Last Chance Gala
320	51.20 L	F	Abigail Cullen	13	WELA FDD	23/10/2021	Otters Prestige Gala 2021
321	51.90 L S	F	Naomi-Jane Kleinsmith	13	KHAY CPT	30/10/2021	CANA Virtual Swimming Championship
322	52.68 L	P	Ilse Roos	13	EXA EZD	03/12/2021	Mpumalanga Championships 2021
323	53.17 L	F	Nazley Jacobs	13	ISSC NMD	11/02/2022	NW Last Chance
324	53.46 L	P	Hannah Watson	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
325	53.81	L	F	Cleoné Stone	13	CUHE	OBD	12/11/2021 Swartland Invitational Gala 2021
326	54.38	L	F	Asmaa Bonnasse	13	ELRAS	WBD	16/10/2021 Limpopo Age Group 4
327	54.62	L	F	Zoë Pierce	13	ESTR	EKU	18/02/2022 EGA Lets Race 2022
328	55.03	L	F	Hermien Schwarzer	13	FRA	UHD	05/03/2022 KCDA Level 1 Champs 2022
329	55.65	L	P	Paxton Rankin	13	TLAC	BPD	08/12/2021 NWS Championships 2020/2021
330	56.23	L	F	Thandolwenkosi Mabaso	13	FRA	UHD	05/03/2022 KCDA Level 1 Champs 2022
331	56.34	L	F	Rylie Smith	13	AQDO	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
332	56.43	L	F	Iseabel Laubsher	13	BLMA	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
333	56.47	L	F	Bokamoso Imasiku	13	TLAC	BPD	22/03/2022 SA Level 2 Regional Age Group Cham
334	56.85	L	F	Mishka Pienaar	13	PLAY	GED	29/01/2022 West Coast Qualify Gala 2022
335	57.22	L	F	Lisa Senekal	13	QSAW	GED	19/02/2022 Swartland Invitational #2 2022
336	58.37	L	F	Sinalo Ndlovu	13	UMSH	ETH	03/12/2021 WSC & Seals Summer LC Champs 20
337	1:01.09	L	F	Lesedi-Lere Themba	13	ESP	EKU	28/01/2022 EGA Last Chance Gala
338	1:02.37	L	F	Olwakhe Godlo	13	WELA	FDD	25/02/2022 Neptune last chance gala
339	1:11.14	L	F	Helen Sickles	13	KALA		19/02/2022 Age Group 6 & SA Schools Select - Ke
340	1:16.32	L	F	Musa Mahlangu	13	ESP	EKU	12/11/2021 EGA Summer 4
Women 13-13 100 Fly								
1	1:06.70	L	F	Ruth Dredge	13	AGC	FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
2	1:09.42	L	F	Jaime Mote	13	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
3	1:09.48	L	F	Jenna Coetzee	13	ECA	NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
4	1:10.10	L	F	Jaime Mote	13	INFA	NMA	25/02/2022 Infinity Gala
5	1:10.35	L	F	Mieke Vd Wal	13	WCA	CPT	26/03/2022 SA Schools Swimming Championship
6	1:10.87	L	F	Ruby Gaines	13	KZNS	ET	26/03/2022 SA Schools Swimming Championship
7	1:11.09	L	F	Mikayla Smit	13	SWIM1	JHB	03/12/2021 CGA LC Summer Champs - Level3+
8	1:11.17	L	F	Madison du Plessis	13	FSA	FS	06/04/2022 SA National Aquatic SNR-JNR Champ
9	1:11.36	L	F	Stephanie Jurado	13	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
10	1:11.73	L	F	Leila Yazbek	13	BLNE	MAN	28/01/2022 New Year Heidedal Gala
11	1:12.40	L	F	Kendra Begley	13	PEAS	NMA	25/02/2022 Infinity Gala
12	1:13.08	L	F	Me-Kayla Rew	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
13	1:13.33	L S	F	Mareze Frylinck	13	BLSS	MAN	30/03/2022 SA Regional Aquatic JNR-Senior Cha
14	1:13.50	L S	F	Emily Macqueen	13	SGUL	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
15	1:13.77	L	F	Karla Myburgh	13	BEST	NMA	12/11/2021 PEA Winter Gala Take 2
16	1:13.91	L S	F	Ashley Scholtz	13	CA	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
17	1:14.53	L	F	Leia Braithwaite	13	SGUL	ETH	17/12/2021 2021 KZNA Premier Provincial Champ
18	1:14.70	L	F	Abigail Roberts	13	TUKS	FSH	15/12/2021 NTS Championships 2021
19	1:15.35	L S	F	Emily Liebenberg	13	SWAR	WCD	29/03/2022 SA Regional SNR & JNR Champs WC
20	1:15.67	L	F	Jana Vorster	13	TUKS	FSH	18/02/2022 NTS Combined February Age Group G
21*	1:15.69	L	F	Lara Gouws	13	TUKS	FSH	08/10/2021 NTS October Combined Age Group
21*	1:15.69	L	F	Hannah Sandilands	13	GAUT		26/03/2022 SA Schools Swimming Championship
23	1:15.85	L S	F	Jesse-Leah Laderach	13	PEAS	NMA	29/03/2022 SA Regional SNR & JNR Champs WC
24	1:16.02	L S	F	Genevieve Christensen	13	ACSA	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
25	1:16.03	L S	F	Alika Vd Merwe	13	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
26	1:16.04	L	F	Emily Palmer	13	CPRIM	BUF	08/02/2022 BCA Primary School Top 8
27	1:16.06	L	F	Danielle Cronjè	13	GSA	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
28	1:16.16	L	F	Moya Steer	13	KZNS	ET	26/03/2022 SA Schools Swimming Championship
29	1:16.67	L S	P	Gemma Goncalves	13	STSC	UHD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
30	1:16.83	L S	F	Leeya Amon	13	TYGE	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
31	1:17.33	L S	F	Sunny Huang	13	WATR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
32	1:17.43	L	F	Moya Steer	13	SEAL	UMD	03/12/2021 WSC & Seals Summer LC Champs 20
33	1:17.79	L	F	Scarlett Le Roux	13	SOUL	EKU	12/11/2021 EGA Summer 4
34	1:17.82	L	F	Lara Smith	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
35	1:17.84	L	F	Philippa Stevens	13	INFA	NMA	10/12/2021 NMBA Championships 2021
36	1:17.85	L	F	Emily Mc Laren	13	SGUL	ETH	17/12/2021 2021 KZNA Premier Provincial Champ
37	1:18.03	L	F	Paige Jacobs	13	FAAC	FB	08/12/2021 Champs 2021
38	1:18.21	L	P	Anastasia Sequeira	13	DRGN	EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet Du
39	1:18.32	L	F	Abigail Scheffer	13	PAC	FSH	18/02/2022 NTS Combined February Age Group G
40	1:18.38	L	F	Grace Powell	13	CSC	FSH	18/02/2022 NTS Combined February Age Group G
41	1:18.55	L	P	Danika Van Zyl	13	FRA	UHD	17/03/2022 SA Level 3 Regional Age Group Chan
42	x1:18.61	L S	P	Charnè Landman	13	ASAC	CPT	29/03/2022 SA Regional SNR & JNR Champs WC

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
43	1:19.05	L	F	Angel Williams	13	GSA CPT	30/10/2021 CANA Virtual Swimming Championship
44	1:19.41	L S	P	Dorette du Plessis	13	NWUC KKD	08/12/2021 NWS Championships 2020/2021
45	1:19.52	L S	F	Maria Steyn	13	BLSS MAN	08/12/2021 Free State Champs 2021
46	1:19.62	L	F	Jodi Boettger	13	USC BUF	10/12/2021 BCA Long Course Championships 202
47	1:19.80	L	F	Annebel Stewart	13	AZON ETH	17/03/2022 SA Level 3 Regional Age Group Chan
48	1:19.92	L	F	Sarah-Jane Mouton	13	HARL BUF	17/03/2022 SA Level 3 Regional Age Group Chan
49	1:20.34	L	F	Mari Wium	13	QSAW CED	19/02/2022 Swartland Invitational #2 2022
50*	1:20.77	L S	P	Robyn Barbour	13	ESP EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
50*	1:20.77	L	P	Emma Rossouw	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
52	1:20.90	L S	P	Cathrijn Davel	13	MSC NGD	29/03/2022 SA Regional Aquatic Champs 2022- N
53	1:20.92	L	F	Lumka Ntaka	13	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 20
54*	1:21.02	L	F	Corli Liversage	13	BLSS MAN	28/10/2021 Neptune Prestige Gala
54*	1:21.02	L	P	Paige Edmundson	13	SASE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
56	1:21.15	L	F	Kayleigh Hahn	13	ROA EDD	12/02/2022 EDEN 5th A-League Gala 2022
57	1:21.26	L	F	Keera De Esclana	13	VRC TSH	18/03/2022 SA Level 3 Regional Age Group Chan
58	1:21.36	L	P	Katelyn Fourie	13	AGA EKU	06/04/2022 SA National Aquatic SNR-JNR Champ
59	1:21.63	L	P	Caitlyn Dube	13	MDOL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
60	1:22.20	L	F	Keira Holland	13	CRSC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
61	1:22.30	L	F	Lienke Van OS	13	BULS MAN	17/03/2022 SA Level 3 Regional Age Group Chan
62	1:22.36	L	F	Savannah Mostert	13	WSS FDD	25/02/2022 Gauteng Schools Championships 202
63	1:22.40	L	P	Caibella Oliver	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
64	1:22.44	L S	P	Amy Botha	13	BAS EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
65	1:22.54	L	F	Jana Swiegers	13	TUKS TSH	08/10/2021 NTS October Combined Age Group
66	1:23.02	L	F	Leané Gouws	13	HREF BPD	17/03/2022 SA Level 3 Regional Age Group Chan
67	1:23.06	L	F	Naledi Thobeha	13	CTA CPT	15/01/2022 EDEN INTER DISTRICT PRESTIGE 2
68	1:23.18	L S	F	Zianè Jantzen	13	QUIC CPT	29/03/2022 SA Regional SNR & JNR Champs WC
69	1:23.52	L	F	Amy Combrink	13	VINE CPT	30/10/2021 CANA Virtual Swimming Championship
70	1:23.93	L	F	Danaleigh Swanepoel	13	TUKS TSH	18/03/2022 SA Level 3 Regional Age Group Chan
71	1:23.95	L	P	Karmen Van Rensburg	13	UNI EZD	18/03/2022 SA Level 3 Regional Age Group Chan
72*	1:24.02	L S	P	Giselle Kemper	13	CYBE CPT	07/12/2021 Western Cape LC-A Championship 20
72*	1:24.02	L	P	Mia Gerber	13	MATI CED	17/03/2022 SA Level 3 Regional Age Group Chan
74	1:24.06	L	F	René Kotzé	13	POTC KKD	17/03/2022 SA Level 3 Regional Age Group Chan
75	1:24.24	L S	P	Samantha Nimb	13	VINE CPT	07/12/2021 Western Cape LC-A Championship 20
76	1:24.45	L	F	Erin Joubert	13	KLOO ETH	02/10/2021 Frank Gray Memorial Championships :
77	1:24.60	L	F	Anri Van Der Westhuizen	KR	BLOT MAN	06/11/2021 Heidedal Gala
78	1:25.12	L	F	Kelly Stork	13	MAC EKU	22/10/2021 EGA Summer 3
79	1:25.18	L	P	Kiara Banks	13	TUKS TSH	15/12/2021 NTS Championships 2021
80	1:25.26	L	F	Jade O'Connor	13	AWIN TSH	24/09/2021 NTS Age Group September SANJ+
81	1:25.57	L	F	Kayla Vosloo	AR	BLOT MAN	17/03/2022 SA Level 3 Regional Age Group Chan
82	1:25.65	L	P	Jordan Riebeseel	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
83	1:25.78	L	F	Megan Nieman	13	PSC TSH	18/02/2022 NTS Combined February Age Group C
84	1:25.86	L	P	Chloe Olivier	13	SOUL EKU	18/03/2022 SA Level 3 Regional Age Group Chan
85	1:26.23	L	F	Shanna-Leigh Zeelie	13	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
86	1:26.28	L	P	Lily Durant	13	WATR JHB	03/12/2021 CGA LC Summer Champs - Level3+
87	1:26.34	L	P	Chloe Petersen	13	TUKS TSH	18/03/2022 SA Level 3 Regional Age Group Chan
88	1:26.61	L	F	Jaime Maritz	13	RIV EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
89	1:26.71	L	F	Catherine Desilla	13	MDOL EKU	11/03/2022 SA Level 2 Regional Age Group Cham
90	1:26.93	L	P	Esti Mouton	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
91	1:26.95	L	P	Araya de Waal	13	ONYX EKU	18/03/2022 SA Level 3 Regional Age Group Chan
92	1:27.57	L	P	Lara Verhoef	13	VINE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
93	1:27.77	L	F	Hannah Naidoo	CR	BAYV ETH	05/02/2022 KZN Junior Championships 2021
94	1:27.98	L	F	Helena Pretorius	13	TKS WBD	12/02/2022 Limpopo Champs
95	1:28.17	L S	P	Carine Röntgen	13	SWAR WCD	07/12/2021 Western Cape LC-A Championship 20
96	1:28.18	L	F	Maria Outram	13	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group Chan
97	1:28.19	L	F	Kate-Lynn de Jager	AR	BLOT MAN	19/02/2022 Bull-Sharks Gala
98	1:28.23	L	F	Kemantha Ayair	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
99	1:28.36	L	F	Chrystil Raymond	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
100	1:28.81	L	P	Elisha Perumal	CR	BAYV ETH	05/02/2022 KZN Junior Championships 2021
101	1:29.25	L	P	Anzelle van Rooyen	13	DRGN EKU	18/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
102	1:29.56	L	P	Peta Mazery	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
103	1:29.63	L	F	Jessica Sardinha	13	BAS EKU	12/11/2021 EGA Summer 4
104	1:29.69	L S	P	Caitlin Scheepers	13	AQDO CPT	07/12/2021 Western Cape LC-A Championship 20
105	1:29.75	L	F	Anne Marais	13	TKS WBD	18/03/2022 SA Level 3 Regional Age Group Chan
106	1:29.89	L	F	Gabrielle Hobson	13	TUKS TSH	08/10/2021 NTS October Combined Age Group
107	1:30.03	L S	F	Tayler Ririe	13	BLSS MAN	08/12/2021 Free State Champs 2021
108	1:30.07	L S	P	Samantha Magava	13	DRGN EKU	09/12/2021 EGA Summer Champs 2021
109	1:30.45	L	P	Wilmien Verbeek	13	CUDU CPT	17/03/2022 SA Level 3 Regional Age Group Chan
110	1:30.56	L	F	Miela Smit	13	AQUA BUF	17/03/2022 SA Level 3 Regional Age Group Chan
111	1:31.09	L	P	Imke Els	13	TYGE CPT	17/03/2022 SA Level 3 Regional Age Group Chan
112	1:31.29	L	P	Caitlin Govender	13	SGUL ETH	17/03/2022 SA Level 3 Regional Age Group Chan
113	1:31.81	L	P	Jaimee-Lee Marais	13	SWIFT EKU	18/03/2022 SA Level 3 Regional Age Group Chan
114	1:32.25	L	F	Zoë Goebel	13	TYGE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
115	1:32.60	L	P	Christi Serfontein	13	QUIC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
116	1:32.64	L	F	Sanelisiwe Dawe	13	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial Champ
117	1:33.09	L	P	Donne Bruyns	13	CSA EZD	18/03/2022 SA Level 3 Regional Age Group Chan
118	1:33.22	L	F	Lara Louw	13	BLNE MAN	28/01/2022 New Year Heidedal Gala
119	1:33.52	L	F	Rii Spoelstra	13	TUKS TSH	17/09/2021 NTS Age group September Level 2+3
120	1:33.74	L S	P	Ava-Loren Van Galen	13	BIOS CED	07/12/2021 Western Cape LC-A Championship 20
121	1:34.07	L	F	Megan Van den Heever	13	WRP EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
122	1:34.27	L S	P	Vera Chen	13	BLSS MAN	08/12/2021 Free State Champs 2021
123	1:34.38	L	P	Makula Kyabayinze	13	TUKS TSH	11/03/2022 SA Level 2 Regional Age Group Cham
124	1:35.20	L	P	Zia Petersen	13	XSAQ CPT	17/03/2022 SA Level 3 Regional Age Group Chan
125	1:36.31	L	F	Esther Sullivan	13	WSTV ETH	17/12/2021 2021 KZNA Premier Provincial Champ
126	1:36.61	L	P	Kailyn Roopchand	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
127	1:37.58	L S	F	Nicola Olivier	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
128	1:37.79	L	F	Mila Vd Linde	13	TUKS TSH	17/09/2021 NTS Age group September Level 2+3
129	1:38.31	L	F	Sienna Wilensky	13	ASAC CPT	30/10/2021 CANA Virtual Swimming Championship
130	1:38.44	L	F	Madison Hayes	13	TYGE CPT	30/10/2021 CANA Virtual Swimming Championship
131	1:38.92	L	F	Jaime Lee Roome	13	VRC TSH	18/02/2022 NTS Combined February Age Group C
132	1:39.25	L	F	Esmarie Terblanche	13	HTSA CPT	22/03/2022 SA Level 2 Regional Age Group Chan
133	1:39.85	L	P	Jessica Carver	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Chan
134*	1:40.48	L	F	Rienke Blignaut	13	WSS FDD	19/02/2022 Bull-Sharks Gala
134*	1:40.48	L	F	Hannah Coert	13	MANT CPT	22/03/2022 SA Level 2 Regional Age Group Chan
136	1:41.08	L	F	Emma Davies	13	BAS EKU	28/01/2022 EGA Last Chance Gala
137	1:41.80	L	F	Asia Kleinhans	13	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
138	1:42.26	L	F	Mekayla Pretorius	13	HWSK	08/12/2021 Champs 2021
139	1:42.72	L	F	Simone Cussons	13	CSA EZD	03/12/2021 Mpumalanga Championships 2021
140	1:43.75	L	F	Morgan Meyer	13	ESP EKU	22/10/2021 EGA Summer 3
141	1:43.86	L	F	Nicola Schwartz	13	SPS BUF	08/02/2022 BCA Primary School Top 8
142	1:44.68	L S	P	Lehanra Greeff	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
143	1:44.81	L	F	Taegon Gunkel	13	BEAV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
144	1:46.86	L S	F	Selente Oosthuysen	13	HARB BPD	08/12/2021 NWS Championships 2020/2021
145	1:47.64	L	F	Láne Fouché	13	HREF BPD	16/10/2021 NWS Age Group 1&2
146	1:47.67	L	P	Jacoline Crous	13	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group Chan
147	1:51.97	L	F	Ilanze du Plessis	13	BULS MAN	03/09/2021 Mangaung Winter Champs
148	1:52.37	L S	P	Maria Dos Santos	13	HREF BPD	08/12/2021 NWS Championships 2020/2021
149	1:52.83	L	P	Megan Neizel	13	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group Chan
150	1:54.39	L	F	Carla Carolus	13	XSAQ CPT	04/12/2021 CTA Qualifying Meet
151	1:55.53	L	F	Cara Francis	13	DDA TSH	10/12/2021 2021 The Tshwane Mayoral Gala
152	1:57.95	L	F	Chrisley Barnard	13	WSS FDD	16/10/2021 Bull-Sharks Gala
153	1:58.26	L	F	Wilona Erasmus	13	VALS FDD	28/10/2021 Neptune Prestige Gala
154	1:58.27	L S	P	Onkaribile Molamu	13	MATL KKD	08/12/2021 NWS Championships 2020/2021
155	2:02.85	L	F	Kgothatso Tsebe	13	STAR BPD	16/10/2021 NWS Age Group 1&2
156	2:07.47	L	F	Micaila Hegter	13	BLSS MAN	06/11/2021 Heidedal Gala
Women 13-13 200 Fly							
1*	2:39.05	L	F	Jaime Mote	13	INFA NMA	25/02/2022 Infinity Gala
1*	2:39.05	L	F	Jaime Mote	13	INFA NMA	25/02/2022 Infinity Gala
3	2:47.46	L S	F	Mieke Vd Wal	13	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
4	2:50.46 L	F	Hannah Sandilands	13	BAS EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
5	2:55.53 L	F	Mikayla Smit	13	SWIM1 JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
6	2:55.72 L	F	Mareze Frylinck	13	BLSS MAN	28/01/2022	New Year Heidedal Gala
7	2:56.45 L	F	Leila Yazbek	13	BLNE MAN	08/12/2021	Free State Champs 2021
8	2:57.95 L	F	Giselle Kemper	13	CYBE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
9	2:59.65 L	F	Cathrijn Davel	13	MSC NGD	11/02/2022	MP SA SCHOOLS TRIALS 11-12 FEB
10	3:06.16 L	F	Emily Liebenberg	13	SWAR WCD	29/03/2022	SA Regional SNR & JNR Champs WC
11	3:10.18 L	F	Robyn Barbour	13	ESP EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
12	3:12.86 L	F	Kelly Stork	13	MAC EKU	28/01/2022	EGA Last Chance Gala
13	3:19.86 L	F	Emma Rossouw	13	QUIC CPT	07/12/2021	Western Cape LC-A Championship 20
14	3:21.63 L	F	Peta Mazery	13	SGUL ETH	30/10/2021	CANA Virtual Swimming Championship
Women 13-13 200 IM							
1	2:29.12 L	F	Lara Gouws	13	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	2:33.32 L	P	Madison du Plessis	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
3	2:34.36 L	F	Karla Myburgh	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
4	2:34.61 L	F	Jenna Coetzee	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
5	2:35.94 L	F	Mieke Vd Wal	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
6	2:37.36 L	F	Scarlett Le Roux	13	SOUL EKU	09/12/2021	EGA Summer Champs 2021
7	2:37.78 L	F	Kendra Begley	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
8	2:37.90 L	F	Kayla Gous	13	CPRIM BUF	08/02/2022	BCA Primary School Top 8
9	2:38.83 L	P	Gabriella Van Den Berg	13	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
10	2:38.96 L	F	Mareze Frylinck	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
11	2:39.49 L	F	Simone Vd Merwe	13	PAQU CED	07/12/2021	Western Cape LC-A Championship 20
12	2:40.01 L	F	Maria Steyn	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
13	2:40.03 L	F	Ruth Dredge	13	PAC TSH	15/12/2021	NTS Championships 2021
14	2:41.23 L	F	Jaime Mote	13	PEAS NMA	12/11/2021	PEA Winter Gala Take 2
15	2:42.24 L	P	Stephanie Jurado	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
16	2:42.85 L	F	Amy Combrink	13	VINE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
17	2:42.90 L	P	Leila Yazbek	13	FSA FS	06/04/2022	SA National Aquatic SNR-JNR Champ
18	2:43.73 L	F	Alika Vd Merwe	13	TUKS TSH	15/12/2021	NTS Championships 2021
19	2:44.09 L	F	Hannah Sandilands	13	BAS EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
20	2:44.60 L	F	Me-Kayla Rew	13	TUKS TSH	24/09/2021	NTS Age Group September SANJ+
21	2:44.76 L	P	Amy O'Connor	13	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
22	2:44.97 L	F	Corli Liversage	13	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior Cha
23	2:45.52 L	F	Juliette van Vught	13	HASC JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
24	2:45.62 L	F	Grace Powell	13	CSC TSH	15/12/2021	NTS Championships 2021
25	2:45.64 L	F	Genevieve Christensen	13	ACSA ETH	05/02/2022	KZN Junior Championships 2021
26	2:46.07 L	F	Georgia Gouws	13	ECA NMA	26/03/2022	SA Schools Swimming Championship
27	2:46.66 L	F	Philippa Stevens	13	INFA NMA	10/12/2021	NMBA Championships 2021
28	2:46.85 L	F	Samantha Nimb	13	VINE CPT	29/03/2022	SA Regional SNR & JNR Champs WC
29	2:47.30 L	F	Savannah Mostert	13	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- N
30	2:47.62 L	F	Gemma Goncalves	13	STSC UHD	17/12/2021	2021 KZNA Premier Provincial Champ
31	2:48.37 L	F	Emily Macqueen	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021
32	2:48.53 L	P	Jessica Sardinha	13	BAS EKU	09/12/2021	EGA Summer Champs 2021
33	2:48.58 L	F	Emily Palmer	13	USC BUF	25/02/2022	Infinity Gala
34	2:48.61 L	F	Paige Jacobs	13	FAAC FB	08/12/2021	Champs 2021
35	2:49.29 L	F	Chloe Watson	13	PEAS NMA	16/10/2021	1st A League Gala 2021
36	2:49.45 L	P	Anastasia Sequeira	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
37	2:49.46 L	F	Erin Joubert	13	KLOO ETH	03/12/2021	WSC & Seals Summer LC Champs 20
38	2:49.92 L	P	Danielle Harbron	13	NCA	06/04/2022	SA National Aquatic SNR-JNR Champ
39	2:50.06 L	P	Sophie Hudson	13	WATR JHB	07/12/2021	Western Cape LC-A Championship 20
40	2:50.37 L	F	Elne Reynolds	13	INFA NMA	10/12/2021	NMBA Championships 2021
41	2:50.73 L	F	Rachel Hinckley	13	CA EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
42	2:50.92 L	F	Leeya Amon	13	TYGE CPT	08/10/2021	40th Freda Barnard Invitational Gala
43*	2:50.94 L	F	Chelsea Main	13	PEAS NMA	25/02/2022	Infinity Gala
43*	2:50.94 L	F	Chelsea Main	13	PEAS NMA	25/02/2022	Infinity Gala
45	2:50.99 L	F	Ashley Scholtz	13	CA EKU	12/11/2021	EGA Summer 4
46	2:51.07 L	F	Kingsley Greyling	13	AZON ETH	05/02/2022	KZN Junior Championships 2021
47	2:51.10 L	F	Jodi Boettger	13	BCA BUF	15/01/2022	EDEN INTER DISTRICT PRESTIGE 2

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
48	2:51.16	L	F	Lumka Ntaka	13	UMSH	ETH	03/12/2021 WSC & Seals Summer LC Champs 20
49	2:51.25	L	F	Moya Steer	13	SEAL	UMD	05/02/2022 KZN Junior Championships 2021
50	2:51.30	L	F	Araya de Waal	13	ONYX	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
51	2:51.45	L	P	Katelyn Fourie	13	JAQ	EKU	09/12/2021 EGA Summer Champs 2021
52	2:51.53	L	F	Jana Swiegers	13	TUKS	FSH	15/12/2021 NTS Championships 2021
53	2:51.86	L	F	Jesse-Leah Laderach	13	PEAS	NMA	10/12/2021 NMBA Championships 2021
54	2:52.02	L	F	Naledi Thobeha	13	QUIC	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
55	2:52.10	L	F	Emily Liebenberg	13	SWAR	WCD	29/03/2022 SA Regional SNR & JNR Champs WC
56	2:52.63	L	F	Kathleen Welsh	13	MSC	NGD	15/10/2021 MP AGE GROUP 2 - 15-16 October 20
57	2:52.78	L	F	René Kotzé	13	NWS		26/03/2022 SA Schools Swimming Championship
58	2:53.09	L	F	Kayla Verbaan	13	KLOO	ETH	30/03/2022 SA Regional Aquatic JNR-Senior Cha
59	2:53.13	L	P	Hannah Burke	13	AACTA	CPT	07/12/2021 Western Cape LC-A Championship 20
60	2:53.18	L	P	Emma Rossouw	13	QUIC	CPT	07/12/2021 Western Cape LC-A Championship 20
61	2:53.33	L	F	Ruby Gaines	13	SEAL	UMD	05/02/2022 KZN Junior Championships 2021
62	2:53.60	L	F	Robyn Barbour	13	WSS	FDD	25/02/2022 Gauteng Schools Championships 2021
63	2:53.66	L	F	Lucy Le Roux	13	ASAW	CED	29/03/2022 SA Regional SNR & JNR Champs WC
64	2:53.85	L	F	Jade O'Connor	13	AWIN	FSH	18/03/2022 SA Level 3 Regional Age Group Chan
65	2:53.94	L	F	Leia Braithwaite	13	SGUL	ETH	05/02/2022 KZN Junior Championships 2021
66	2:54.05	L	F	Emily Mc Laren	13	SGUL	ETH	17/12/2021 2021 KZNA Premier Provincial Champ
67	2:54.36	L	F	Karmen Van Rensburg	13	UNI	EZD	18/03/2022 SA Level 3 Regional Age Group Chan
68	2:54.42	L	P	Leah Scott	13	MGSC	UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
69	2:54.72	L	F	Kayleigh Hahn	13	ROA	EDD	12/11/2021 PEA Winter Gala Take 2
70	2:54.73	L	P	Cathrijn Davel	13	MPA	EZD	26/03/2022 SA Schools Swimming Championship
71	2:54.80	L	F	Jana Vorster	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
72	2:54.93	L	P	Caitlyn Dube	13	MDOL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
73	2:55.08	L	P	Sunny Huang	13	WATR	JHB	07/12/2021 Western Cape LC-A Championship 20
74	2:55.41	L	P	Kelly Stork	13	MAC	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
75	2:55.51	L	F	Carine Röntgen	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Chan
76	2:55.57	L	F	Zoë Goebel	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
77	2:55.61	L	P	Elizabeth Victor	13	UNI	EZD	29/03/2022 SA Regional Aquatic Champs 2022- N
78*	2:55.66	L	F	Daniëlla Müller	13	TUKS	FSH	15/12/2021 NTS Championships 2021
78*	2:55.66	L	F	Kate-Lynn de Jager	AR	BLOT	MAN	17/03/2022 SA Level 3 Regional Age Group Chan
80	2:55.73	L	P	Hannah Turner	13	SAAW	CPT	07/12/2021 Western Cape LC-A Championship 20
81	2:55.80	L	F	Jemma Park	13	CRSC	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
82	2:55.85	L	P	Michaela Nell	13	WATR	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
83	2:55.86	L	F	Annebel Stewart	13	AZON	ETH	17/03/2022 SA Level 3 Regional Age Group Chan
84	2:56.02	L	F	Paige Edmundson	13	SASE	JHB	18/03/2022 SA Level 3 Regional Age Group Chan
85	2:56.07	L	P	Mikayla Smit	13	SWIM1	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
86	2:56.09	L	F	Chloe Olivier	13	SOUL	EKU	18/03/2022 SA Level 3 Regional Age Group Chan
87	2:56.13	L	P	Amy Botha	13	BAS	EKU	29/03/2022 SA Regional Aquatic Champs 2022- N
88	2:56.53	L	F	Emma Neethling	13	WCA	CPT	26/03/2022 SA Schools Swimming Championship
89	2:56.69	L	P	Athina Mc Colgan	13	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- N
90	2:56.75	L	F	Abigail Scheffer	13	PAC	FSH	17/09/2021 NTS Age group September Level 2+3
91	2:56.79	L	P	Lily Durant	13	WATR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- N
92	2:56.85	L	F	Sarah-Jane Mouton	13	HPPS	BUF	08/02/2022 BCA Primary School Top 8
93	2:56.89	L	F	Monique Van Zyl	13	ASAC	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
94	2:56.98	L	P	Giselle Kemper	13	CYBE	CPT	07/12/2021 Western Cape LC-A Championship 20
95	2:57.08	L	F	Dorette du Plessis	13	NWUC	KKD	08/12/2021 NWS Championships 2020/2021
96	2:57.11	L	P	Tehl-Cadi Day Garden	13	BLUO	UGD	30/03/2022 SA Regional Aquatic JNR-Senior Cha
97	2:57.14	L	F	Zandri Knoetze	13	INFA	NMA	17/03/2022 SA Level 3 Regional Age Group Chan
98	2:57.55	L	F	Hannah Naidoo	CR	BAYV	ETH	17/12/2021 2021 KZNA Premier Provincial Champ
99	2:57.62	L	F	Macy Hains	13	INFA	NMA	10/12/2021 NMBA Championships 2021
100	2:57.68	L	F	Kayla Vosloo	AR	BLOT	MAN	17/03/2022 SA Level 3 Regional Age Group Chan
101	x2:57.70	L	P	Charnè Landman	13	ASAC	CPT	29/03/2022 SA Regional SNR & JNR Champs WC
102	2:57.87	L	F	Nicole Van Zyl	13	CA	EKU	12/11/2021 EGA Summer 4
103	2:58.34	L	F	Imke Els	13	TYGE	CPT	17/03/2022 SA Level 3 Regional Age Group Chan
104	2:58.44	L	P	Mieke Van Der Walt	13	FISH	EDD	17/03/2022 SA Level 3 Regional Age Group Chan
105	2:58.48	L	F	Anri Van Der Westhuizen	KR	BLOT	MAN	21/01/2022 Flamingo Gala 2022
106	2:58.66	L	F	Kemantha Ayair	CR	BAYV	ETH	17/03/2022 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
107	2:58.87	L	P	Jaime Maritz	13	NSAD EZD	18/03/2022	SA Level 3 Regional Age Group Chan
108	2:59.69	L	P	Danielle Van Vuuren	13	DDA FSH	18/03/2022	SA Level 3 Regional Age Group Chan
109	2:59.72	L	P	Kiera Ruane	13	TUKS FSH	15/12/2021	NTS Championships 2021
110	2:59.75	L	P	Tshenolo Ntsie	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
111	2:59.79	L	P	Madisynn Elliott	13	LINR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
112	3:00.09	L	F	Giuliana Raccanello	13	CA EKU	18/09/2021	EGA Summer 1
113	3:00.23	L	P	Keira Holland	13	CRSC JHB	18/03/2022	SA Level 3 Regional Age Group Chan
114	3:00.32	L	F	Lienke Van OS	13	BULS MAN	16/10/2021	Bull-Sharks Gala
115	3:00.36	L	P	Jessica Bosman	13	QUIC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
116	3:00.43	L	F	Suzanna Walsh	13	SAAW CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
117	3:00.58	L	F	Lara Verhoef	13	VINE CPT	17/03/2022	SA Level 3 Regional Age Group Chan
118	3:00.65	L	F	Storme Badenhorst	13	MARL CPT	08/10/2021	40th Freda Barnard Invitational Gala
119	3:00.69	L	P	Isabella Havemann	13	ASAC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
120	3:00.82	L	P	Anzelle van Rooyen	13	DRGN EKU	18/03/2022	SA Level 3 Regional Age Group Chan
121	3:00.87	L	F	Christi Serfontein	13	QUIC CPT	30/10/2021	CANA Virtual Swimming Championship
122	3:00.89	L	P	Ella Eldar	13	TUKS FSH	18/03/2022	SA Level 3 Regional Age Group Chan
123	3:01.18	L	F	Leané Gouws	13	HREF BPD	08/12/2021	NWS Championships 2020/2021
124	3:01.38	L	P	Rebecca Wolstenholme	13	AA JHB	11/03/2022	SA Level 2 Regional Age Group Cham
125	3:01.49	L	P	Megan Augustyn	13	ONYX EKU	09/12/2021	EGA Summer Champs 2021
126	3:01.68	L	F	Abigail Roberts	13	TUKS FSH	08/10/2021	NTS October Combined Age Group
127	3:01.73	L	F	Rii Spoelstra	13	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
128	3:02.05	L	P	Elrike du Plessis	13	NWS	26/03/2022	SA Schools Swimming Championship
129	3:02.08	L	P	Tayla Dowie	13	AA JHB	18/03/2022	SA Level 3 Regional Age Group Chan
130	3:02.40	L	F	Gabrielle Hobson	13	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
131	3:02.42	L	F	Stacey Smith	13	PAC FSH	22/10/2021	NTS October Level 1-3 Age Group
132	3:02.55	L	P	Zine Mostert	13	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- N
133	3:02.57	L	P	Taylor-Blake Van Tonder	13	ROA EDD	17/03/2022	SA Level 3 Regional Age Group Chan
134	3:02.74	L	P	Donne Bruyns	13	MPA EZD	26/03/2022	SA Schools Swimming Championship
135	3:02.77	L	F	Danaleigh Swanepoel	13	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
136	3:02.79	L	F	Isabella Els	13	PEAS NMA	25/02/2022	Infinity Gala
137*	3:02.91	L	P	Liza Schoeman	13	RBOT BPD	30/03/2022	SA Regional Aquatic JNR-Senior Cha
137*	3:02.91	L	F	Kiara Banks	13	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
139	3:02.93	L	P	Joslyn Botha	13	SOUL EKU	09/12/2021	EGA Summer Champs 2021
140	3:03.08	L	F	Jemma Pearse	13	VINE CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
141	3:03.33	L	P	Caitlin Scheepers	13	AQDO CPT	07/12/2021	Western Cape LC-A Championship 20
142	3:03.48	L	F	Megan Nieman	13	PSC FSH	22/10/2021	NTS October Level 1-3 Age Group
143	3:03.72	L	P	Anne Marais	13	TKS WBD	18/03/2022	SA Level 3 Regional Age Group Chan
144*	3:03.85	L	F	Janca Hattingh	13	CSA EZD	29/10/2021	CANA Virtual Swimming Championship
144*	3:03.85	L	F	Kailey Joubert	13	AZON ETH	05/02/2022	KZN Junior Championships 2021
146	3:04.04	L	P	Wilmien Verbeek	13	CUDU CPT	17/03/2022	SA Level 3 Regional Age Group Chan
147	3:04.30	L	P	Lelanie Buhr	13	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group Chan
148	3:04.44	L	F	Jordan Wessels	13	ASA ILD	30/10/2021	CANA Virtual Swimming Championship
149	3:04.75	L	P	Emily Tsai	13	BLMA CPT	07/12/2021	Western Cape LC-A Championship 20
150	3:04.91	L	F	Taylor Emslie	13	HPPS BUF	08/02/2022	BCA Primary School Top 8
151	3:04.97	L	P	Jaimee-Lee Marais	13	SWIFT EKU	18/03/2022	SA Level 3 Regional Age Group Chan
152	3:04.99	L	F	Veronique Riekert	13	TUKS FSH	17/09/2021	NTS Age group September Level 2+3
153	3:05.08	L	F	Jordan Riebeseel	13	SGUL ETH	29/01/2022	EDA Age Group Gala 4
154	3:05.33	L	F	Milri-Ann Summerton	13	NWUC KKD	13/11/2021	NWS Age Group 3 2021/22
155	3:05.39	L	F	Tanika Du Plessis	13	TUKS FSH	08/10/2021	NTS October Combined Age Group
156	3:05.69	L	F	Lily Ogden	13	BLTA NMA	12/11/2021	PEA Winter Gala Take 2
157	3:05.84	L	P	Mari Wium	13	QSAW CED	07/12/2021	Western Cape LC-A Championship 20
158	3:05.98	L	P	Abby Novos	13	ASAC CPT	07/12/2021	Western Cape LC-A Championship 20
159	3:06.21	L	P	Larissa Visagie	13	ASAC CPT	17/03/2022	SA Level 3 Regional Age Group Chan
160	3:06.24	L	F	Zante Young	13	RBUR BPD	08/12/2021	NWS Championships 2020/2021
161	3:06.48	L	F	Emma Ralfe	13	SEAL UMD	05/02/2022	KZN Junior Championships 2021
162	3:06.73	L	F	Megan Webster	13	RFA FSH	08/10/2021	NTS October Combined Age Group
163	3:06.91	L	P	Zianè Jantzen	13	QUIC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
164	3:07.05	L	P	Helena Pretorius	13	TKS WBD	18/03/2022	SA Level 3 Regional Age Group Chan
165	3:07.15	L	F	Tayler Ririe	13	BLSS MAN	08/12/2021	Free State Champs 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
166	3:07.35	L	F	Caibella Oliver	13	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
167	3:07.40	L	F	Kelci Leech	13	BLSS MAN	08/12/2021 Free State Champs 2021
168	3:07.58	L	P	Natania Komakech	13	ELEC JHB	18/03/2022 SA Level 3 Regional Age Group Cham
169	3:07.80	L	F	Mia Wellsted	13	HASC JHB	03/12/2021 CGA LC Summer Champs - Level3+
170	3:08.05	L	F	Keera De Esclana	13	VRC TSH	18/02/2022 NTS Combined February Age Group C
171	3:08.12	L	F	Jessica Smith	13	SWIM1 JHB	03/12/2021 CGA LC Summer Champs - Level3+
172	3:08.29	L	P	Ilanze du Plessis	13	BULS MAN	08/12/2021 Free State Champs 2021
173	3:08.31	L	P	Georgia Alston	13	SASE JHB	18/03/2022 SA Level 3 Regional Age Group Chan
174	3:08.88	L	F	Sandri Visser	13	PLAY CED	19/02/2022 Swartland Invitational #2 2022
175	3:08.90	L	F	Madison Hayes	13	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
176	3:08.93	L	F	Kayla Honey	13	ONYX EKU	11/03/2022 SA Level 2 Regional Age Group Cham
177	3:08.99	L	F	Mia Gerber	13	DDA TSH	10/12/2021 2021 The Tshwane Mayoral Gala
178	3:09.13	L	F	Chrystil Raymond	13	CSA EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12 FEB
179	3:09.18	L	F	Vera Chen	13	BLSS MAN	08/12/2021 Free State Champs 2021
180	3:09.38	L	F	Nisa Da Silva	13	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
181	3:09.43	L	F	Sinoah Pretorius	13	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
182	3:09.60	L	F	Asia Kleinhans	13	AQDO CPT	08/10/2021 40th Freda Barnard Invitational Gala
183	3:09.65	L	F	Kendra Matthyssen	13	SSISA CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
184	3:09.93	L	P	Emma Lategan	13	CUDU CPT	07/12/2021 Western Cape LC-A Championship 20
185	3:10.50	L	P	Maria Outram	13	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group Chan
186	3:10.54	L	F	Mila Vd Linde	13	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
187	3:10.61	L	P	Mia Vd Merwe	13	GREY CPT	17/03/2022 SA Level 3 Regional Age Group Chan
188	3:10.70	L	F	Zia Petersen	13	XSAQ CPT	04/12/2021 CTA Qualifying Meet
189	3:11.05	L	F	Ava-Loren Van Galen	13	BIOS CED	13/11/2021 Winelands SL Final
190	3:11.10	L	P	Erin Haslam	13	ELEC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
191	3:11.12	L	P	Kellen McLaren	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
192	3:11.27	L	P	Zoe Ann Kruger	13	AQU ADJ	11/03/2022 SA Level 2 Regional Age Group Chan
193	3:11.89	L	F	Jaimee-Lee Wenham	13	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 20
194	3:12.13	L	F	Ella Bruyns	13	ASA ILD	30/10/2021 CANA Virtual Swimming Championship
195	3:12.22	L	F	Johané Jv Rensburg	13	TUKS TSH	11/03/2022 SA Level 2 Regional Age Group Cham
196	3:12.96	L	F	Micaela Mutooni	13	ELEC JHB	11/03/2022 SA Level 2 Regional Age Group Cham
197	3:12.99	L	F	Carmen Du Toit	13	INFA NMA	10/12/2021 NMBA Championships 2021
198	3:13.07	L	F	Amy-Lee Jones	13	BENS EKU	28/01/2022 EGA Last Chance Gala
199	3:13.13	L	F	Caitlin Govender	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021
200	3:13.21	L	F	Gabriella Fotheringham	13	SOUL EKU	28/01/2022 EGA Last Chance Gala
201	3:13.22	L	P	Daniela Colyn	13	ONYX EKU	09/12/2021 EGA Summer Champs 2021
202	3:13.30	L	F	Anne Steyl	13	PRKA PS	08/12/2021 Champs 2021
203	3:13.34	L	F	Yvonne Pretorius	13	MSC NGD	03/12/2021 Mpumalanga Championships 2021
204	3:13.49	L	P	Megan Van den Heever	13	CSA EZD	18/03/2022 SA Level 3 Regional Age Group Chan
205	3:13.84	L	P	Chloe Petersen	13	TUKS TSH	18/03/2022 SA Level 3 Regional Age Group Chan
206	3:13.88	L	P	Mieka Wichmann	13	SEAL UMD	11/03/2022 SA Level 2 Regional Age Group Chan
207	3:13.91	L	F	Lara Smith	13	TYGE CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
208*	3:14.25	L	P	Shanna-Leigh Zeelie	13	BLMA CPT	17/03/2022 SA Level 3 Regional Age Group Chan
208*	3:14.25	L	F	Leah Crozier	13	FAAC FB	17/03/2022 SA Level 3 Regional Age Group Chan
210	3:14.37	L	F	Makula Kyabayinze	13	TUKS TSH	11/03/2022 SA Level 2 Regional Age Group Cham
211	3:14.78	L	F	Zandile Sipuka	13	BEST NMA	11/09/2021 Beast Club LC Gala
212	3:14.95	L	P	Elisha Perumal	CR	BAYV ETH	17/03/2022 SA Level 3 Regional Age Group Chan
213	3:15.56	L	F	Jaime Lee Roome	13	VRC TSH	18/02/2022 NTS Combined February Age Group C
214	3:15.61	L	P	Sienna Wilensky	13	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group Chan
215	3:16.03	L	P	Samantha Magava	13	DRGN EKU	09/12/2021 EGA Summer Champs 2021
216	3:16.13	L	F	Marlene Ward	13	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
217	3:16.18	L	P	Leigh Pijoo	13	BLMA CPT	07/12/2021 Western Cape LC-A Championship 20
218	3:16.24	L	F	Sarah Bruwer	13	MMD CPT	22/03/2022 SA Level 2 Regional Age Group Chan
219	3:16.32	L	P	Katey Nel	13	SOUL EKU	09/12/2021 EGA Summer Champs 2021
220	3:16.46	L	F	Kaylie Groenewald	13	SS MPD	12/02/2022 Limpopo Champs
221	3:16.51	L	F	Sian Kleynhans	13	KALA	08/12/2021 Champs 2021
222	3:16.75	L	F	Mignon Burger	13	WOAQ CED	22/03/2022 SA Level 2 Regional Age Group Chan
223	3:16.89	L	F	Tatum Sanderson	13	SOWE JHB	11/03/2022 SA Level 2 Regional Age Group Cham
224	3:16.98	L	F	Sanelisiwe Dawe	13	SGUL ETH	05/02/2022 KZN Junior Championships 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
225	3:17.04	L	F	Rouxne Du Plessis	13	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
226*	3:17.13	L	F	Kganya Mashigo	13	PAC	FSH	22/10/2021 NTS October Level 1-3 Age Group
226*	3:17.13	L	F	Leane Muller	13	RFA	FSH	18/02/2022 NTS Combined February Age Group C
228	3:17.79	L	F	Ilanthy Moolman	13	MSC	NGD	01/10/2021 MP AGE GROUP 1 1-2 OCTOBER 20
229	3:17.92	L	F	Emily Serman	13	BON	JHB	28/01/2022 EGA Last Chance Gala
230	3:18.05	L	F	Imre' Bezuidenhout	13	PAC	FSH	04/02/2022 NTS February Age Group 14 & Under
231	3:18.29	L	F	Lara Louw	13	BLNE	MAN	28/01/2022 New Year Heidedal Gala
232	3:18.61	L	F	Anè Cloete	13	QUIC	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
233	3:18.73	L	F	Nicola Schwartz	13	SPS	BUF	08/02/2022 BCA Primary School Top 8
234	3:19.09	L	F	Lyuba van Niekerk	13	TUKS	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
235	3:19.45	L	P	Zelmary Van der Walt	13	AQU	ADJ	11/03/2022 SA Level 2 Regional Age Group Cham
236	3:19.47	L	F	Charlee Davis	13	RAV	EKU	28/01/2022 EGA Last Chance Gala
237	3:19.57	L	F	Minke Labuscagne	13	BLSS	MAN	28/10/2021 Neptune Prestige Gala
238	3:19.74	L	P	Anya Fernando	13	SASE	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
239	3:19.76	L	P	Kailyn Roopchand	13	PSCP	UMD	11/03/2022 SA Level 2 Regional Age Group Cham
240	3:19.85	L	P	Esther Sauls	13	PGAC	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
241	3:20.20	L	F	Micke De Jager	LR	PSA	ZLD	20/11/2021 KCDA November Age Group Gala 202
242	3:20.41	L	F	Kate Savage	13	VINE	CPT	30/10/2021 CANA Virtual Swimming Championshipj
243	3:20.44	L	F	Morgan Meyer	13	ESP	EKU	12/11/2021 EGA Summer 4
244	3:20.49	L	P	Hannah Jacobs	13	MANT	CPT	17/03/2022 SA Level 3 Regional Age Group Cham
245	3:20.56	L	F	Jessica Carrol	13	BLMA	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
246	3:20.78	L	F	Tia Mari Theron	13	TKS	WBD	12/02/2022 Limpopo Champs
247	3:20.85	L	F	Amelie Brügers	13	VINE	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
248	3:20.96	L	F	Dorethe Meyer	AR	BLOT	MAN	16/10/2021 Bull-Sharks Gala
249	3:21.05	L	F	Michaela Blaine	13	PEAS	NMA	10/12/2021 NMBA Championships 2021
250	3:22.04	L	F	Judy Stevens	13	QUIC	CPT	08/10/2021 40th Freda Barnard Invitational Gala
251	3:22.16	L	P	Ella Bradshaw	13	CRSC	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
252	3:22.45	L	F	Michaela Clegg	13	AZON	ETH	11/03/2022 SA Level 2 Regional Age Group Cham
253	3:22.64	L	P	Mea Harding	13	BAS	EKU	11/03/2022 SA Level 2 Regional Age Group Cham
254	3:22.82	L	F	Esti Mouton	13	SWAR	WCD	12/11/2021 Swartland Invitational Gala 2021
255	3:22.84	L	F	Buhle Mahlalela	13	UNI	EZD	03/12/2021 Mpumalanga Championships 2021
256	3:22.98	L	F	Chrisley Barnard	13	WSS	FDD	28/10/2021 Neptune Prestige Gala
257	3:23.24	L	F	Simone Cussons	13	CSA	EZD	15/10/2021 MP AGE GROUP 2 - 15-16 October 2(
258	3:23.25	L	F	Deoné Borstlap	13	POTC	KKD	11/02/2022 NW Last Chance
259	3:23.27	L	F	Danika Van Zyl	13	FRA	UHD	12/02/2022 KCDA February Age Group Gala 2022
260	3:23.40	L	F	Ingrid Van Loggerenberg	13	TUKS	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
261	3:23.63	L	F	Mila Naudé	13	TUKS	FSH	04/02/2022 NTS February Age Group 14 & Under
262	3:23.71	L	F	Hannah Coert	13	MANT	CPT	22/03/2022 SA Level 2 Regional Age Group Cham
263	3:23.76	L	P	Anè Kemp	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Cham
264	3:23.93	L	P	Nakita Snyman	13	FLOD	JHB	11/03/2022 SA Level 2 Regional Age Group Cham
265	3:23.97	L	F	Chloe Pieterse	13	CLSC	WCD	29/01/2022 West Coast Qualify Gala 2022
266	3:23.98	L	F	Tatiana Ioannides	13	BLSS	MAN	23/10/2021 Otters Prestige Gala 2021
267	3:24.11	L	F	Cait Da Cunha	13	BON	JHB	18/09/2021 EGA Summer 1
268	3:24.18	L	F	Esmarie Terblanche	13	HTSA	CPT	22/03/2022 SA Level 2 Regional Age Group Cham
269	3:24.24	L	P	Lungiswa Grootboom	13	SWAR	WCD	22/03/2022 SA Level 2 Regional Age Group Cham
270	3:24.25	L	F	Emma Swart	13	KNYA	EDD	12/02/2022 EDEN 5th A-League Gala 2022
271	3:24.44	L	F	Ayalakha Mokoena	13	TUKS	FSH	10/12/2021 2021 The Tshwane Mayoral Gala
272	3:24.58	L	F	Miela Smit	13	AQU	BUF	27/11/2021 BCA November Age Group Gala 2021
273	3:24.96	L	P	Aime' Heydricks	13	BLUO	UGD	11/03/2022 SA Level 2 Regional Age Group Cham
274	3:24.99	L	F	Ebenette Van Niekerk	13	FISHS	EDD	19/11/2021 Eden LC Champs 2021
275	3:25.10	L	F	Aarifah Haffjee	13	PEAS	NMA	12/11/2021 PEA Winter Gala Take 2
276	3:25.29	L	F	Elizabeth Opperman	13	KTS		08/12/2021 Champs 2021
277	3:25.66	L	F	Lana Viljoen	13	ZASC	FSH	22/10/2021 NTS October Level 1-3 Age Group
278	3:25.77	L	F	Izolde Lombard	13	ASAC	CPT	19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
279	3:26.06	L	P	Jacoline Crous	13	SWAR	WCD	17/03/2022 SA Level 3 Regional Age Group Cham
280	3:26.28	L	P	Andria Le Roux	13	JAQ	EKU	09/12/2021 EGA Summer Champs 2021
281	3:26.59	L	F	Amylee Holtzhausen	13	SEAL	UMD	30/10/2021 CANA Virtual Swimming Championshipj
282	3:26.87	L	P	Eireann De Witte	13	TCA	EKU	09/12/2021 EGA Summer Champs 2021
283	3:27.16	L	P	Anja Koen	13	HARB	BPD	08/12/2021 NWS Championships 2020/2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
284	3:27.19 L	F Sune von Wielligh	13 KTS 22/03/2022 SA Level 2 Regional Age Group Cham
285	3:27.21 L	F Shyenne Laubscher	13 WELA FDD 19/02/2022 Bull-Sharks Gala
286	3:27.28 L	F Emma Jansen van Rensburg	13 QSAW CED 19/02/2022 Swartland Invitational #2 2022
287	3:27.59 L	P Emma Davies	13 BAS EKV 09/12/2021 EGA Summer Champs 2021
288	3:27.97 L	F Milena Pugliese	13 MMD CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
289	3:28.25 L	F Kaylin Bezuidenhout	13 BLSS MAN 23/10/2021 Otters Prestige Gala 2021
290	3:28.60 L	F Emily Gebhardt	13 BIOS CED 13/11/2021 Winelands SL Final
291	3:28.78 L	P Mia Bruwer	13 SS MPD 11/03/2022 SA Level 2 Regional Age Group Cham
292	3:28.97 L	F Dahlia Cassar	13 VINE CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
293*	3:29.01 L	F Lara Wink	13 VINE CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
293*	3:29.01 L	F Mekayla Pretorius	13 HWSK 08/12/2021 Champs 2021
295	3:29.05 L	F Carli Dippenaar	13 ROA EDD 12/02/2022 EDEN 5th A-League Gala 2022
296	3:29.16 L	P Izabella Alevras	13 AAS JHB 11/03/2022 SA Level 2 Regional Age Group Cham
297	3:29.41 L	F Anmi Slabbert	13 PAQU CED 08/10/2021 40th Freda Barnard Invitational Gala
298	3:29.43 L	F Leanke Voigt	13 JAQ EKV 18/09/2021 EGA Summer 1
299	3:29.90 L	F Amelie Van der Merwe	13 RFA TSH 22/10/2021 NTS October Level 1-3 Age Group
300	3:30.18 L	F Nicole Norman	13 RPAC EKV 18/09/2021 EGA Summer 1
301	3:30.33 L	F Cesca Nel	13 SS MPD 16/10/2021 Limpopo Age Group 4
302*	3:30.54 L	F Lana Koegelenberg	13 ONYX EKV 18/09/2021 EGA Summer 1
302*	3:30.54 L	F Cara Francis	13 DDA TSH 22/10/2021 NTS October Level 1-3 Age Group
304	3:30.60 L	F Rachel Watermeyer	13 SEAL UMD 05/02/2022 KZN Junior Championships 2021
305	3:30.65 L	P Maria Dos Santos	13 HREF BPD 08/12/2021 NWS Championships 2020/2021
306	3:30.71 L	F Bianca O'Kennedy	13 CUDU CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
307	3:31.15 L	F Logan Francke	13 RBOT BPD 02/10/2021 Frank Gray Memorial Championships
308	3:31.82 L	F Cambria Steyn	13 TUKS TSH 22/10/2021 NTS October Level 1-3 Age Group
309	3:32.29 L	P Nina Van Tonder	13 WOAQ CED 22/03/2022 SA Level 2 Regional Age Group Chan
310	3:32.34 L	P Mia Crookham	13 TYGE CPT 17/03/2022 SA Level 3 Regional Age Group Chan
311	3:32.43 L	F Selente Oosthuysen	13 HARB BPD 08/12/2021 NWS Championships 2020/2021
312	3:32.72 L	F Onkaribile Molamu	13 MATL KKD 11/02/2022 NW Last Chance
313	3:32.88 L	P Annika Potgieter	13 POTC KKD 08/12/2021 NWS Championships 2020/2021
314	3:32.89 L	F Carme Louw	13 TASC MPD 06/11/2021 Limpopo Age Group 5
315	3:32.90 L	F Rienke Blignaut	13 WSS FDD 19/02/2022 Bull-Sharks Gala
316	3:33.15 L	F Gabriella Lobban	13 CRSC JHB 03/12/2021 CGA LC Summer Champs - Level 2
317	3:34.25 L	F Taegon Gunkel	13 BEAV ETH 05/02/2022 KZN Junior Championships 2021
318	3:34.42 L	F Jocke Coetzee	13 KALA 22/03/2022 SA Level 2 Regional Age Group Cham
319	3:34.48 L	P Lehanra Greeff	13 HARB BPD 08/12/2021 NWS Championships 2020/2021
320	3:34.96 L	F Zadie Van Wyk	13 TRAZ TSH 18/02/2022 NTS Combined February Age Group G
321	3:35.60 L	F Ilze Hendriks	13 TOTIS ETH 30/10/2021 CANA Virtual Swimming Championship
322	3:36.24 L	F Megan Neizel	13 PSCP UMD 11/03/2022 SA Level 2 Regional Age Group Chan
323	3:36.59 L	F Caitlyn Arendse	13 TUKS TSH 18/02/2022 NTS Combined February Age Group G
324	3:36.96 L	F Sadie Jelley	13 PAC TSH 22/10/2021 NTS October Level 1-3 Age Group
325	3:37.19 L	F Amy Burrell	13 PEAS NMA 25/02/2022 Infinity Gala
326	3:38.02 L	F McKayla Moodley	13 BEAV ETH 17/12/2021 2021 KZNA Premier Provincial Champ
327	3:38.16 L	F Maya McCollum	13 AQDO CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
328	3:38.77 L	F Ashley Seymour	13 WSS FDD 19/02/2022 Bull-Sharks Gala
329	3:38.91 L	F Jorja Turner	13 VINE CPT 30/10/2021 CANA Virtual Swimming Championship
330	3:39.38 L	F Tanesha Barnes	13 DRGN EKV 28/01/2022 EGA Last Chance Gala
331	3:39.43 L	F Elizabeth Du Plessis	13 SWAR WCD 12/11/2021 Swartland Invitational Gala 2021
332	3:39.77 L	F Alida Louw	13 UPSK 19/11/2021 Age Group 3 - Upington 2021
333	3:40.10 L	F Zine Ferns	13 ACAQ CCD 16/10/2021 Limpopo Age Group 4
334	3:40.63 L	F Owami Mthethwa	13 VRY ZLD 04/12/2021 Stingrays Swim Club Championships 2
335	3:41.49 L	F Zara Carrie	13 LINR JHB 06/03/2022 SSA Regional Level 1 Championships
336	3:41.85 L	P Nieke Breytenbach	13 WELA FDD 08/12/2021 Free State Champs 2021
337	3:41.98 L	F Veera Khusal	13 BON JHB 28/01/2022 EGA Last Chance Gala
338	3:42.20 L	F Ogalaletseng Khosana	13 TUKS TSH 10/12/2021 2021 The Tshwane Mayoral Gala
339	3:43.21 L	F Karla Odendaal	13 TYGE CPT 19/02/2022 CTA QUALIFYING MEET 6 - 19to20Fe
340	3:43.66 L	F Jacy Brand	13 SWAR WCD 29/01/2022 West Coast Qualify Gala 2022
341	3:44.56 L	F Kara Du Preez	13 CSA EZD 03/12/2021 Mpumalanga Championships 2021
342	3:44.68 L	F Chrisna Du Plessis	13 KALA 13/11/2021 Kalahari Classic Gala 2021

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
343	3:45.26 L	F	Cleo May	13	MARL CPT	08/10/2021	40th Freda Barnard Invitational Gala
344	3:46.22 L	F	Alea Du Toit	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
345	3:46.52 L	F	Isabè Van Dyk	13	CUHE OBD	08/10/2021	40th Freda Barnard Invitational Gala
346	3:47.12 L	F	Catherine O'Grady	13	EXA EZD	03/12/2021	Mpumalanga Championships 2021
347	3:48.55 L	F	Gita Hildebrand	13	KNYJ EDD	30/10/2021	CANA Virtual Swimming Championship
348	3:49.27 L	F	Carla Carolus	13	XSAQ CPT	04/12/2021	CTA Qualifying Meet
349	3:49.93 L	F	Tenè Louw	13	BLMA CPT	30/10/2021	CANA Virtual Swimming Championship
350	3:50.10 L	F	Sinalo Ndlovu	13	UMSH ETH	05/02/2022	KZN Junior Championships 2021
351	3:50.41 L	F	Wilona Erasmus	13	VALS FDD	28/10/2021	Neptune Prestige Gala
352	3:51.18 L	F	Mieke Smit	13	HWSK	20/11/2021	Age Group 3 - Kimberley
353	3:51.33 L	F	Kuzinsca Siranza	13	CAMBP BUF	08/02/2022	BCA Primary School Top 8
354	3:51.43 L	F	Kgothatso Tsebe	13	STAR BPD	11/02/2022	NW Last Chance
355	3:51.66 L	P	Micaïla Hegter	13	BLSS MAN	08/12/2021	Free State Champs 2021
356	3:51.82 L	F	Leïla Schenk	13	USC BUF	27/11/2021	BCA November Age Group Gala 2021
357	3:52.49 L	F	Hannah Watson	13	SGUL ETH	05/02/2022	KZN Junior Championships 2021
358	3:53.69 L	F	Helena Van Vuuren	13	KALA	08/12/2021	Champs 2021
359	3:54.25 L	F	Keanda Mokoena	13	TUKS FSH	02/10/2021	NTS Level 1 Age Group September
360	3:54.76 L	F	Danelle Conradie	13	HWSK	06/11/2021	Age Group 1 & 2 - Kimberley
361	3:54.97 L	F	Andrea De Boer	13	TRAZ FSH	08/10/2021	NTS October Combined Age Group
362	3:56.37 L	F	Paris Shiwundlana	13	AFIN JHB	22/10/2021	NTS October Level 1-3 Age Group
363	3:58.80 L	F	Lerize Du Toit	13	ACAA CCD	06/11/2021	Limpopo Age Group 5
364	3:59.06 L	F	Sunique Coetzee	13	SS MPD	16/10/2021	Limpopo Age Group 4
365	4:00.13 L	F	Lisa Senekal	13	QSAW CED	19/02/2022	Swartland Invitational #2 2022
366	4:01.16 L	P	Abigail Cullen	13	WELA FDD	08/12/2021	Free State Champs 2021
367	4:01.20 L	P	Tayla Ferreira	13	ESTR EKU	09/12/2021	EGA Summer Champs 2021
368	4:02.57 L	F	Olivia Van der Nest	13	KSC EZD	05/03/2022	SSA LEVEL 1 PROVINCIAL SWIM 20:
369	4:04.33 L	F	Rylie Smith	13	AQDO CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
370	4:04.62 L	F	Ilse Roos	13	EXA EZD	29/10/2021	CANA Virtual Swimming Championship
371	4:05.45 L	F	Nazley Jacobs	13	ISSC NMD	13/11/2021	NWS Age Group 3 2021/22
372	4:07.93 L	F	Gemma van der Merwe	13	PGAC EKU	06/03/2022	SSA Regional Level 1 Championships
373	4:08.04 L	F	Iseabel Laubsher	13	BLMA CPT	19/02/2022	CTA QUALIFYING MEET 6 - 19to20Fe
374	4:10.70 L	F	Lwazi Mqoke	13	WELA FDD	23/10/2021	Otters Prestige Gala 2021
375	4:13.57 L	F	Alaynah Bhamjee	13	ATLA JHB	06/03/2022	SSA Regional Level 1 Championships
376	4:20.48 L	F	Lesedi-Lere Themba	13	ESP EKU	28/01/2022	EGA Last Chance Gala
377	4:24.77 L	P	Zoë Pierce	13	ESTR EKU	09/12/2021	EGA Summer Champs 2021
378	4:29.41 L	P	Bokamoso Imasiku	13	TLAC BPD	08/12/2021	NWS Championships 2020/2021
379	4:30.40 L	F	Mieké Schlebusch	13	HWSK	06/11/2021	Heidedal Gala
380	4:33.51 L	P	Paxton Rankin	13	TLAC BPD	08/12/2021	NWS Championships 2020/2021
381	5:52.37 L	F	Musa Mahlangu	13	ESP EKU	17/10/2021	2021 AG Swim Stars Champs & OR Tz
Women 13-13 400 IM							
1	5:23.26 L	P	Lara Gouws	13	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	5:24.42 L	F	Karla Myburgh	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
3	5:29.21 L	F	Madison du Plessis	AR	BLOT MAN	17/12/2021	2021 KZNA Premier Provincial Champ
4	5:30.78 L	F	Jenna Coetzee	13	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
5	5:44.48 L	P	Mieke Vd Wal	13	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
6	5:46.51 L	F	Simone Vd Merwe	13	PAQU CED	12/11/2021	PEA Winter Gala Take 2
7	5:47.52 L	F	Hannah Sandilands	13	BAS EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
8	5:50.23 L	F	Alika Vd Merwe	13	TUKS FSH	15/12/2021	NTS Championships 2021
9	5:55.74 L	F	Maria Steyn	13	BLSS MAN	08/12/2021	Free State Champs 2021
10	5:55.89 L	F	Mareze Frylinck	13	BLSS MAN	02/10/2021	Frank Gray Memorial Championships ;
11	5:58.15 L	P	Anastasia Sequeira	13	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
12	6:09.65 L	F	Corli Liversage	13	BLSS MAN	02/10/2021	Frank Gray Memorial Championships ;
13	6:10.60 L	F	Robyn Barbour	13	ESP EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
14	6:12.12 L	F	Giselle Kemper	13	CYBE CPT	07/12/2021	Western Cape LC-A Championship 20
15	6:13.55 L	F	René Kotzé	13	POTC KKD	08/12/2021	NWS Championships 2020/2021
16	6:13.87 L	F	Kelly Stork	13	MAC EKU	29/03/2022	SA Regional Aquatic Champs 2022- N
17	x6:18.77 L	F	Charnè Landman	13	ASAC CPT	29/03/2022	SA Regional SNR & JNR Champs WC
18	6:20.52 L	F	Ruth Dredge	13	PAC FSH	24/09/2021	NTS Age Group September SANJ+
19	6:23.07 L	F	Kathleen Welsh	13	MSC NGD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 20

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
20	6:42.70 L	F	Nicola Olivier	13	HARB BPD	16/10/2021	NWS Age Group 1&2	
21	6:43.67 L	F	Kate-Lynn de Jager	AR	BLOT MAN	03/09/2021	Mangaung Winter Champs	
22	6:54.06 L	F	Wilmien Verbeek	13	CUDU CPT	30/10/2021	CANA Virtual Swimming Championship	
23	6:54.22 L	F	Jaimee-Lee Marais	13	SWIFT EKU	09/12/2021	EGA Summer Champs 2021	
24	7:04.19 L	F	Caitlyn Dube	13	MDOL EKU	22/10/2021	EGA Summer 3	
25	7:06.89 L	F	Morgan Meyer	13	ESP EKU	22/10/2021	EGA Summer 3	