

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Women 11-11 50 Free</b>								
1	30.05	L	F	Amy Muller	11	PAC	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
2	30.73	L	F	Abigail Rululu	11	AQUA	BUF	10/02/2017 BCA February Age Group Gala 20
3	30.95	L	F	Tori Voke	11	VIKI	BUF	23/03/2017 SA Level 3 Regional Age Group C
4	31.13	L	F	Tayla Haslam	11	KLOO	ETH	23/03/2017 SA Level 3 Regional Age Group C
5	31.46	L	F	Ane' Meier	11	PAC	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
6	31.57	L	F	Lara Daling	11	TKSS	WBD	23/03/2017 SA Level 3 Regional Age Group Ci
7	32.15	L	F	Kairah George	11	WATR	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
8	32.22	L	F	Yvonne Mthembu	11	ELEC	JHB	23/03/2017 SA Level 3 Regional Age Group Ci
9*	32.41	L	F	Michaela Dal Medico	11	GDE		17/02/2017 Gauteng Schools Swimming Trials
9*	32.41	L	F	Christine Wessels	11	HASC	JHB	07/12/2016 NTS Championships 2016
11	32.48	L	F	Olivia Kruger	11	ELEC	JHB	23/03/2017 SA Level 3 Regional Age Group Ci
12	32.52	L	F	Tamika Anderson	11	TUKS	TSH	07/12/2016 NTS Championships 2016
13	32.56	L	F	Milla Drakopoulos	11	BLUO	UGD	23/03/2017 SA Level 2 Regional Age Group Ci
14	32.57	L	P	Mischa King	11	PAQU	CED	23/03/2017 SA Level 3 Regional Age Group C
15	32.78	L	P	Payton Brink	11	VINE	CPT	03/02/2017 Western Cape Jack Currie Champ
16	32.80	L	F	Emma Lacey	11	BEST	NMA	23/03/2017 SA Level 2 Regional Age Group Ci
17	32.81	L	F	Mikaela Goelst	11	FINS	EZD	23/03/2017 SA Level 3 Regional Age Group C
18	32.82	L	F	Jade-Ann Le Roux	11	MDOL	JHB	28/01/2017 CGA Level 3-SANJ Last Chance g
19	32.85	L	F	Gemma Frank	11	ASA	ILD	23/03/2017 SA Level 3 Regional Age Group C
20	32.95	L	P	Lara Groenewald	11	AQU	ADJ	23/03/2017 SA Level 3 Regional Age Group C
21*	32.96	L	F	Samantha Lowman	11	NTS	TSH	07/10/2016 NTS Invitational Gala 2016
21*	32.96	L	F	Chloe Gershuny	11	CYBE	CPT	21/01/2017 WCSAA - Western Cape Schools
21*	32.96	L	F	Mari Nortje	11	BULS	MAN	23/03/2017 SA Level 2 Regional Age Group Ci
24	33.08	L	F	Amber Olsen	11	BLSS	MAN	30/11/2016 FS CHAMPS
25	33.09	L	F	Tiara Finnis	11	AQUB	NMA	02/12/2016 NMBA Championships 2016
26	33.10	L	P	Danielle Davidson	11	SGUL	ETH	13/12/2016 KZN Speedo Provincial Champion
27	33.11	L	F	Miche Johns	11	BLNE	MAN	05/11/2016 Mangaung Aquatics Gala
28	33.14	L	F	Kirsten Cottrell	11	AZON	ETH	23/03/2017 SA Level 2 Regional Age Group Ci
29	33.24	L	F	Kayci Petzer	11	BEAV	ETH	23/03/2017 SA Level 2 Regional Age Group Ci
30	33.25	L	F	Samantha Mouton	11	HARL	BUF	05/11/2016 BCA Nov Age Group Gala 2016
31	33.35	L	F	Isabelle Barrow	11	ELEC	JHB	17/09/2016 CGA Level 3/SANJ Gala No 1
32	33.36	L	P	Teegan Pio	11	PEAS	NMA	23/03/2017 SA Level 3 Regional Age Group C
33	33.38	L	P	Callan Lotter	11	MDOL	JHB	23/03/2017 SA Level 3 Regional Age Group Ci
34	33.39	L	P	Caroline Cress	11	WALM	CPT	23/03/2017 SA Level 3 Regional Age Group C
35	33.43	L	P	Rachel Groepes	11	WSAA	CPT	23/03/2017 SA Level 3 Regional Age Group C
36	33.47	L	F	Christy Dudas	11	ACSA	ETH	04/11/2016 KZN Action Swimming Champs 20
37*	33.59	L	F	Alexia Delicado	11	MRLS	KKD	03/02/2017 NW Schools Swimming Champion
37*	33.59	L	P	Morgan Pharoah	11	CSC	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
39	33.64	L	P	Amber Landskron	11	TUKS	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
40	33.69	L	P	Tamryn Scott	11	MP	EZD	10/04/2017 SA Schools Swimming Champions
41	33.74	L	F	Alexandra Caldwell	11	SASE	JHB	29/10/2016 CGA Level 3/SANJ Gala No 2
42*	33.83	L	P	Ava Rathner	11	WSAA	CPT	01/12/2016 Western Cape Summer Champion
42*	33.83	L	F	Liya Venter	11	BLMA	CPT	23/03/2017 SA Level 2 Regional Age Group Ci
44	33.84	L	P	Tammy Greenwood	11	ROA	EDD	23/03/2017 SA Level 3 Regional Age Group C
45	33.99	L	P	Mary-Jane Hasenbroek	11	PAQU	CED	01/12/2016 Western Cape Summer Champion
46	34.01	L	P	Roslyn Joseph	11	DDA	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
47*	34.03	L	P	Summer Croucamp	11	TUKS	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
47*	34.03	L	F	Isabella Seale-Mckend	11	OLDE	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
49	34.10	L	F	Simone Banducci	11	ELEC	JHB	28/01/2017 CGA Level 3-SANJ Last Chance g
50	34.12	L	P	Zoe Terblanche	11	RFA	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
51*	34.16	L	P	Grace Daly	11	ELEC	JHB	23/03/2017 SA Level 3 Regional Age Group Ci
51*	34.16	L	F	Cara Meldrum	11	AQUB	NMA	23/03/2017 SA Level 2 Regional Age Group Ci
53	34.17	L	P	Tazmyn Robson	11	TUKS	TSH	23/03/2017 SA Level 3 Regional Age Group Ci
54	34.22	L	F	Jada Coetzee	11	FISH	EDD	02/12/2016 NMBA Championships 2016
55	34.24	L	F	Kiara Johnson	11	NCDST	ILD	24/02/2017 KZN Speedo Level 2 Provincial Cf
56	34.28	L	F	Manaal Omar	11	SGUL	ETH	23/03/2017 SA Level 3 Regional Age Group C
57	34.31	L	F	Marli Van Lierop	11	ASA	CPT	23/03/2017 SA Level 3 Regional Age Group C
58	34.36	L	F	Dominique De Jongh	11	FISH	EDD	23/03/2017 SA Level 3 Regional Age Group C

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	Time	P/F/S	Name	Age/Yr			
59	34.39 L	F	Skye Da Fonseca-Hattingh	11	RFA TSH	25/11/2016	NTS November 2016 Age Group C
60	34.40 L	P	Annè Sabbagha	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
61	34.45 L	F	Tumè van Niekerk	11	POTC KKD	31/03/2017	SA Level 2 Regional Age Group C
62	34.58 L	F	Nirene van der Watt	11	PARYS FDD	14/02/2017	Inter Primary
63	34.68 L	P	Georgia Carstens	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group C
64	34.84 L	P	Caitlin Ruane	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group C
65	34.89 L	F	Emma Beyers	11	PENP MP	24/02/2017	MPUMALANGA SCHOOL SWIMM
66	34.91 L	F	Jaimie Black	11	NCDST HLD	23/03/2017	SA Level 2 Regional Age Group C
67	34.93 L	F	Rachel Smith	11	ELEC JHB	29/10/2016	CGA Level 3/SANJ Gala No 2
68	34.96 L	F	Emma Gomes	11	MDOL JHB	31/03/2017	SA Level 2 Regional Age Group C
69	34.98 L	P	Helena Prinsloo	11	PAQU CED	01/12/2016	Western Cape Summer Champion
70	34.99 L	P	Taylor Jordaan	11	BEAV ETH	23/09/2016	KZN Speedo Junior Winter Champ
71	35.00 L	F	Rachel Webb	11	HARL BUF	23/03/2017	SA Level 2 Regional Age Group C
72	35.06 L	F	Mieke Oosthuizen	11	LP LP	07/10/2016	NTS Invitational Gala 2016
73*	35.12 L	F	Mbali Burnett	11	USH UHD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
73*	35.12 L	P	Erin O'Sullivan	11	BLMA CPT	03/02/2017	Western Cape Jack Currie Champ
75	35.15 L	F	Alexandra Bowyer	11	KLOO ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
76	35.17 L	F	Hannah James	11	NCDST HLD	23/09/2016	KZN Speedo Junior Winter Champ
77	35.19 L	F	Izelle Henning	11	BLNE MAN	07/10/2016	Otters Prestige Gala
78	35.20 L	F	Jenna De Jongh	11	SGUL ETH	12/11/2016	eThekwini Age Group Gala 8
79	35.24 L	F	Mieke Bornman	11	PAC TSH	31/03/2017	SA Level 2 Regional Age Group C
80	35.25 L	F	Saffron Tweedie	11	ALBA NMA	23/03/2017	SA Level 2 Regional Age Group C
81	35.27 L	P	Alyssa Pretorius	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
82	35.28 L	F	Ennes Zietsman	11	PSC TSH	28/01/2017	CGA Level 3-SANJ Last Chance g
83	35.29 L	P	Rebecca Leach	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group C
84	35.33 L	P	Gemma Haupt	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
85	35.35 L	P	Ellene Scholtz	11	AQU ADJ	23/03/2017	SA Level 3 Regional Age Group C
86	35.36 L	P	Tyler Hughes	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group C
87	35.45 L	F	Danielle Joubert	11	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group C
88	35.49 L	P	Kayla De Wet	11	SOUL EKU	31/03/2017	SA Level 2 Regional Age Group C
89	35.50 L	F	Jenna Foster	11	AQUB NMA	30/09/2016	Aquabear Invitational Meet
90	35.61 L	P	Jenny Zhang	11	LIMSC LP	10/04/2017	SA Schools Swimming Champions
91	35.66 L	F	Angel Geel	11	KPS NW	03/02/2017	NW Schools Swimming Champion
92*	35.67 L	F	Amber Lewis	11	NDSA ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
92*	35.67 L	F	Theola McDonald	11	CUR MPD	24/02/2017	MPUMALANGA SCHOOL SWIMM
92*	35.67 L	F	Jasmine Witthuhn	11	INFA NMA	02/12/2016	NMBA Championships 2016
95	35.69 L	F	Cara Van Der Bijl	11	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group C
96	35.76 L	F	Jenna Penney	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
97	35.78 L	F	Lesedi Thunzi	11	HARL BUF	27/01/2017	BCA 2nd January Age Group Gala
98	35.80 L	F	Bianca Ribeiro	11	RFA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
99	35.84 L	P	Tenique Riekert	11	TUKS TSH	31/03/2017	SA Level 2 Regional Age Group C
100	35.85 L	F	Melissa Martens	11	STPS UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
101	35.86 L	F	Amy Marnitz	11	LSKP WB	27/01/2017	Limpopo School Championships
102	35.87 L	F	Kelly Williamson	11	INFA NMA	23/03/2017	SA Level 2 Regional Age Group C
103	35.93 L	F	Mikaela Bristow	11	VINE CPT	18/02/2017	Western Cape Qualify Gala 3
104	35.94 L	F	Lia Kotze	11	ROA EDD	18/02/2017	Dragons Night Fury 2017
105	35.95 L	P	Cara Ralfe	11	SEAL UMD	23/03/2017	SA Level 3 Regional Age Group C
106	35.99 L	P	Jodi Dos Santos	11	NSA EZD	13/12/2016	KZN Speedo Provincial Champion
107	36.03 L	F	Casey Davids	11	STAD JHB	18/02/2017	CGA Level 2 last chance gala day
108	36.12 L	F	Melindie van Rensburg	11	UNI EZD	23/03/2017	SA Level 2 Regional Age Group C
109	36.13 L	P	Lara Gouws	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
110	36.15 L	F	Jodi Wilson	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
111	36.20 L	F	Emma Crookes	11	KLOO ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
112	36.24 L	F	Holly Brickles	11	VINE CPT	18/11/2016	Western Cape Summer QF2
113	36.29 L	P	Lucy Friedenthal	11	UNI EZD	23/03/2017	SA Level 2 Regional Age Group C
114	36.32 L	F	Helena du Toit	11	BLUO UGD	24/02/2017	KZN Speedo Level 2 Provincial Cf
115*	36.34 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 2 Regional Age Group C
115*	36.34 L	F	Madison Irvine	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala
117	36.40 L	F	Jozi Nupen	11	CRSC JHB	18/02/2017	CGA Level 2 last chance gala day

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	Time	P/F/S	Name	Age/Yr			
118	36.51 L	F	Kaela Viljoen	11	MDOL JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
119*	36.54 L	P	Liya Davids	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
119*	36.54 L	F	Nirvana Borrageiro	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci
121*	36.58 L	F	Jane Lewis	11	SGUL ETH	23/09/2016	KZN Speedo Junior Winter Champ
121*	36.58 L	P	Rachel Guymer	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
123	36.59 L	F	Kelly Sparg	11	HARL BUF	05/11/2016	BCA Nov Age Group Gala 2016
124*	36.61 L	F	Keila Manthe	11	PSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
124*	36.61 L	P	Meghan Rawson	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
126	36.62 L	F	Jasmin Vermeulen	11	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
127	36.63 L	F	Noa Garnett	11	NCDST ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf
128*	36.66 L	P	Nurul-Huda Samaai	11	MARL CPT	23/03/2017	SA Level 3 Regional Age Group C
128*	36.66 L	P	Tamryn Olsen	11	AQWO CPT	03/02/2017	Western Cape Jack Currie Champ
128*	36.66 L S	F	Tarryn Volkwyn	11	INFA NMA	14/01/2017	5th A League Gala 2017
131	36.67 L	F	Jadyn-Lee Joubert	11	AZON ETH	02/09/2016	KZN Beavers Winter LongCourse
132	36.68 L	F	Rania Gamielidien	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
133	36.69 L	F	Kayla Tully	11	TRIDE ETH	23/03/2017	SA Level 2 Regional Age Group Ci
134	36.74 L	F	Meredith O'Tool	11	WELA LLD	28/10/2016	Neptune Open Gala
135	36.80 L	P	Heidri de Jager	11	RBOT BPD	31/03/2017	SA Level 2 Regional Age Group Ci
136	36.81 L	F	Symone Steyn	11	LBLS NMD	03/02/2017	NW Schools Swimming Champion
137	36.82 L	F	Luane Janssen	11	GZSA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
138	36.83 L	F	Josi Arnold	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
139	36.86 L	F	Sophia Stegmann	11	MDOL JHB	18/02/2017	CGA Level 2 last chance gala day
140	36.87 L	F	Jemma van der Merwe	11	CSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
141	36.94 L	P	Thalia Farrell	11	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci
142	36.96 L S	F	Aminah Lindoor	11	AQUB NMA	14/01/2017	5th A League Gala 2017
143	37.03 L	P	Jessica Reilly	11	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
144	37.12 L	P	Courtney Smith	11	AQWO CPT	01/12/2016	Western Cape Summer Champion
145	37.15 L	F	Rebecca Macquet	11	AZON ETH	02/09/2016	KZN Beavers Winter LongCourse
146	37.21 L	F	Reabetswe Phume	11	AA JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
147	37.24 L	F	Lara Botha	11	PAQU CED	23/03/2017	SA Level 2 Regional Age Group Ci
148*	37.27 L	F	Mia Uys	11	PSC TSH	16/09/2016	NTS September 2016 Age Group
148*	37.27 L	F	Jorja Botes	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
150	37.28 L	P	Li Mc Quire	11	ISSC NMD	31/03/2017	SA Level 2 Regional Age Group Ci
151	37.30 L	P	Njabulo Somthunzi	11	ATLA JHB	31/03/2017	SA Level 2 Regional Age Group Ci
152	37.31 L	F	Eva Markovic	11	MATL KKD	14/01/2017	NWS Age Group 4 1617
153	37.34 L	P	Lara De Beer	11	BENS ECU	08/12/2016	EGA Championships 2016
154	37.43 L	P	Amy Robson-Garth	11	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group Ci
155	37.44 L	F	Rachel Irvine	11	STPS UMD	02/09/2016	KZN Beavers Winter LongCourse
156	37.46 L	F	Annette Greyling	11	NTS TSH	07/10/2016	NTS Invitational Gala 2016
157	37.61 L	P	Zodea Jacobie	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
158	37.64 L	P	Jade Steyn	11	TRIDE ETH	23/03/2017	SA Level 2 Regional Age Group Ci
159	37.68 L	F	Ami Pirie	11	UWCA CPT	23/03/2017	SA Level 3 Regional Age Group C
160	37.70 L	P	Grace Daley	11	WSTV ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
161	37.71 L	P	Anje Van Papendorp	11	PSC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
162	37.72 L	F	Jessica Law	11	ESTR ECU	11/03/2017	SA Level 1 Provincl Age Group Ch
163*	37.78 L	F	Ankia Uys	FR	PSA ZLD	28/01/2017	Ushaka Championship Gala 2017
163*	37.78 L	P	Danielle Webster	11	RFA TSH	31/03/2017	SA Level 2 Regional Age Group Ci
165	37.80 L	F	Dhiya Pillay	11	ACSA ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
166*	37.81 L	P	Zelmarie Levin	11	TTNS SDD	23/03/2017	SA Level 2 Regional Age Group Ci
166*	37.81 L	P	Janke Fourie	11	PAC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
168	37.83 L	F	Carmia Hartman	11	RFA TSH	16/09/2016	NTS September 2016 Age Group
169	37.85 L	F	Tayba Sallie	11	LINR JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
170	37.89 L	P	Simone Pretorius	11	PAC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
171	37.91 L	F	Raphaelia Ioannou	11	MDOL JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
172	37.97 L	F	Vianne Nel	11	TUKS TSH	16/09/2016	NTS September 2016 Age Group
173	37.98 L	P	Carlia Nel	11	TKSS WBD	31/03/2017	SA Level 2 Regional Age Group Ci
174	38.00 L	F	Ashley Jv Vuuren	11	ELRAS LP	25/11/2016	Limpopo Champs 25-27 Novembe
175	38.07 L	P	Cara Botha	11	HARB BPD	31/03/2017	SA Level 2 Regional Age Group Ci
176	38.09 L	F	Kaylee Swartz	11	HARL BUF	10/02/2017	BCA February Age Group Gala 20

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Time	P/F/S	Name	Age/Yr
177	38.11 L	P Olwethu Ndlovu	11 UMSH ETH 23/03/2017 SA Level 2 Regional Age Group Ci
178	38.15 L	P Nicola Harcus	11 ELEC JHB 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
179	38.18 L S	F Jodi Hobson	11 AQUB NMA 10/02/2017 6th A League Gala 2017
180	38.21 L	F Juane Kruger	11 GZSA TSH 03/09/2016 2016 Speedo Hillcrest Sprint Gala
181	38.24 L	F Lara Buchner	11 CUR EZD 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
182	38.25 L	P Izaan Scheepers	HN PSA ZLD 23/03/2017 SA Level 2 Regional Age Group Ci
183	38.31 L	F Hannah Bridge	11 KNYD EDD 23/03/2017 SA Level 2 Regional Age Group Ci
184	38.39 L	F Baylee Engelke	11 MATI CED 15/10/2016 Western Cape Summer 3
185	38.41 L	P Nicole Bantom	11 VINE CPT 03/02/2017 Western Cape Jack Currie Champ
186*	38.42 L	F Julia Volschenk	11 GZSA TSH 02/12/2016 2016 The Tshwane Mayoral Gala
186*	38.42 L	F Sarah Banyard	11 TUKS TSH 02/12/2016 2016 The Tshwane Mayoral Gala
188*	38.60 L	F Kean Van Der Vlugt	11 ASA ILD 24/02/2017 KZN Speedo Level 2 Provincial Ct
188*	38.60 L	F Alexis Jaide Morrison-Goate	11 AA JHB 18/02/2017 CGA Level 2 last chance gala day
188*	38.60 L	P Maddison Griffin	11 SOUL EKU 31/03/2017 SA Level 2 Regional Age Group Ci
191	38.63 L	F Ashley Brown	11 TTNS SDD 18/02/2017 EGA Summer 5 Gala
192*	38.68 L	P Morgan Corns	11 ESP EKU 31/03/2017 SA Level 2 Regional Age Group Ci
192*	38.68 L	F Sophia Kerr	11 SGUL ETH 25/11/2016 KZN TYR Westville Sprints 2016
194	38.72 L	F Alexia Greyling	11 UNIQ JHB 18/11/2016 NTS November 2016 Age Group L
195*	38.76 L	F Kiersten Paulse	11 XSAQ CPT 23/03/2017 SA Level 3 Regional Age Group C
195*	38.76 L	F Elanca Van Jaarsveld	11 PEAS NMA 11/11/2016 4th A League Gala 2016
197	38.89 L	F Dayna Graham	11 ASA ILD 25/11/2016 KZN TYR Westville Sprints 2016
198	38.92 L	F Anmi Esbach	11 GHSL NW 03/02/2017 NW Schools Swimming Champion
199	38.94 L	P Jenna McLoughlin	11 ASA CPT 03/02/2017 Western Cape Jack Currie Champ
200	38.95 L	F Irene Ioannou	11 MDOL JHB 18/02/2017 CGA Level 2 last chance gala day
201	38.98 L	F Erin Foster	11 ELEC JHB 25/02/2017 CGA Level 1 Year End Gala
202*	39.03 L	F Julia Ristow	11 USC BUF 10/02/2017 BCA February Age Group Gala 20
202*	39.03 L	F Mia Van der Mescht	11 BULS MAN 04/02/2017 SUPER SPORT LEAGUE GALA 2
204	39.05 L	F Tatumn Tonkin	11 ONYX EKU 05/11/2016 EGA Summer 3
205	39.06 L	F Christine Craven	11 ACT JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
206	39.07 L	F Nicole Whitfield	11 L2C BPD 03/02/2017 NW Schools Swimming Champion
207	39.08 L	F Alexa De Villiers	11 VINE CPT 23/03/2017 SA Level 2 Regional Age Group Ci
208	39.09 L	F Karla Vogel	11 LSKP WB 27/01/2017 Limpopo School Championships
209	39.10 L	F Christina Sauerma	11 SGUL ETH 12/11/2016 eThekwini Age Group Gala 8
210	39.11 L	F Jordan Meyer	11 FISHS EDD 14/01/2017 Eden 4th A League Gala
211	39.22 L	P Kirsten Storm	11 LINR JHB 31/03/2017 SA Level 2 Regional Age Group Ci
212	39.30 L	F Bianke Pienaar	11 PARYS FDD 12/11/2016 Fezile Dabi Age Group 12 Nov 20
213	39.32 L	F Skye Lang	11 WATR JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
214	39.33 L	F Nicola Hartman	11 RFA TSH 16/09/2016 NTS September 2016 Age Group
215*	39.34 L	F Deidre Murugan	11 BAYV ETH 04/11/2016 KZN Action Swimming Champs 20
215*	39.34 L	F Sharike Rossouw	11 KALA JTD 18/02/2017 NCASA Age Group 6 KTU 2017
217	39.35 L	F Jeani Naude	11 BULS MAN 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
218	39.38 L	P Kameron salis	11 WATR JHB 31/03/2017 SA Level 2 Regional Age Group Ci
219	39.44 L	F Summer Tucker	11 ELEC JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
220	39.45 L	F Skye Westerhuis	11 CYBE CPT 23/03/2017 SA Level 3 Regional Age Group C
221	39.46 L	F Skyla Schroll	11 MATL KKD 29/10/2016 NWS Age Group 2 1617
222*	39.49 L	F Amber Warr	11 SEAL UMD 02/09/2016 KZN Beavers Winter LongCourse
222*	39.49 L	P Kelsey Kemp	11 NEWS ADJ 23/03/2017 SA Level 2 Regional Age Group Ci
224*	39.52 L	F Siphokazi Lockett	11 BEST NMA 23/03/2017 SA Level 2 Regional Age Group Ci
224*	39.52 L	F Sesame Masibi	11 DDA TSH 21/01/2017 EGA Summer 4
226	39.53 L	F Thinica Mc Anda	11 FAAC FBD 05/01/2017 NCASA Champs 2017
227	39.56 L	F Kiara Kunneke	11 RFA TSH 11/03/2017 SA Level 1 Provincl Age Group Ch
228	39.66 L	F Emma Terblanche	11 PRKA PSD 09/12/2016 NCASA Sprints 2016
229	39.71 L	F Matundu Banza	11 UNIN EZD 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
230	39.72 L	F Carike Jansen	11 NWS 07/10/2016 NTS Invitational Gala 2016
231	39.76 L	F Khensany Khosana	11 WELA LLD 28/10/2016 Neptune Open Gala
232	39.79 L	P Kyra Meier	11 PRA GSD 23/03/2017 SA Level 2 Regional Age Group Ci
233	39.80 L	F Lesedi Motloung	11 BLNE MAN 30/11/2016 FS CHAMPS
234	39.83 L	F Keira Booth	11 SS LP 25/11/2016 Limpopo Champs 25-27 Novembe
235	39.84 L	F Shayna Truter	11 MATI CED 18/02/2017 Western Cape Qualify Gala 3

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
236	39.95 L	F	Isabella Reynolds	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
237	40.07 L	F	Cloe Cunningham	11	PIRAN BUF	10/02/2017	BCA February Age Group Gala 20
238	40.13 L	F	Adelia Schonken	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
239*	40.16 L	F	Cara Smook	11	BLNE MAN	30/11/2016	FS CHAMPS
239*	40.16 L	F	Sophie De Kock	11	AZON ETH	12/11/2016	eThekwini Age Group Gala 8
241	40.18 L	F	Tinaye Muchandingona	11	MITCH CC	27/01/2017	Limpopo School Championships
242	40.25 L	F	Erin Heydricks	11	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016
243	40.26 L	F	Emma Hamman	11	FAAC FBD	14/10/2016	MP AGE GROUP 2 - 2016
244	40.34 L	F	Ncumisa Nala	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
245	40.43 L	F	Catherine Rowan	11	SGUL ETH	02/09/2016	KZN Beavers Winter LongCourse
246	40.52 L	F	Larique Joubert	11	TASC LP	25/11/2016	Limpopo Champs 25-27 Novembe
247*	40.55 L	F	Gabriëlle Nieuwoudt	11	CUDU CPT	18/02/2017	Western Cape Qualify Gala 3
247*	40.55 L	F	Nombulelo Masike	11	TTNS SDD	21/01/2017	EGA Summer 4
249	40.63 L	F	Chloe Vd Merwe	11	ASA CPT	18/02/2017	Western Cape Qualify Gala 3
250	40.65 L	F	Somikazi Qwemesha	11	CYBE CPT	18/02/2017	Western Cape Qualify Gala 3
251*	40.73 L	F	Utah Novello	11	CLSC WCD	23/03/2017	SA Level 2 Regional Age Group Ci
251*	40.73 L	F	Mikaila Brown	CR	TSSC ETH	25/11/2016	KZN TYR Westville Sprints 2016
253	40.85 L	F	Refilwelethabo Molepo	11	GHSK FBD	09/12/2016	NCASA Sprints 2016
254*	40.91 L	F	Julia Davies	11	MDOL JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
254*	40.91 L	F	Tendani Mukhithi	11	SWAG KKD	08/12/2016	NWS Championships 2016/2017
256	40.92 L	P	Grace Hoatson	11	AQU ADJ	23/03/2017	SA Level 2 Regional Age Group Ci
257	40.94 L	F	Tsebisu Neduvhuledza	11	UNI-M NGD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
258	41.01 L	F	Tonya Muller	11	CARN ECU	18/02/2017	EGA Summer 5 Gala
259	41.02 L	F	Catriona Wittstock	11	ONYX ECU	11/03/2017	SA Level 1 Provincl Age Group Ch
260	41.05 L	F	Isabella Fouche	11	ACT JHB	18/02/2017	CGA Level 2 last chance gala day
261*	41.07 L	F	Emma Wiggins	11	TUKS FSH	16/09/2016	NTS September 2016 Age Group
261*	41.07 L	F	Nicole Schoeman	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe
263	41.08 L	F	Zara Greenwood	11	CRSC JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
264	41.21 L	F	Jana Naude	11	USH UJD	14/01/2017	Uthungulu District January Age Gr
265*	41.22 L	F	Courtney Linke	11	HARL BUF	02/12/2016	BCA Championships 2016
265*	41.22 L	F	Ruby James	11	RIV MP	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
267	41.26 L	F	Tyla Mitchell	11	FLOD JHB	18/02/2017	CGA Level 2 last chance gala day
268	41.36 L	F	Nina Pretorius	11	CSC FSH	16/09/2016	NTS September 2016 Age Group
269	41.41 L	F	Kaylin Lea Rosendorff	11	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
270	41.46 L	F	Khethelo Ngcobo	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
271	41.49 L	F	Rone' vd Merwe	11	UPTS ZMD	11/02/2017	NCASA Age Group 5 UPT2017
272	41.52 L	F	Marteli Pieters	11	PAC FSH	02/12/2016	2016 The Tshwane Mayoral Gala
273*	41.55 L	F	Amelie Coetzee	11	LSKP WB	27/01/2017	Limpopo School Championships
273*	41.55 L	F	Kaitlyn Immelman	11	ESP ECU	21/01/2017	EGA Summer 4
275	41.56 L	F	Sharné Erasmus	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
276	41.59 L	F	Anna Victor	11	GTC EZD	25/11/2016	Mpumalanga Championships 2016
277	41.62 L	F	Laaiqah Goondie	11	SUPE JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
278	41.63 L	F	Nina Evans	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
279	41.65 L	F	Fatima Khan	11	ATLA JHB	25/02/2017	CGA Level 1 Year End Gala
280	41.68 L	F	Nishke Basson	11	TUKS FSH	18/11/2016	NTS November 2016 Age Group L
281*	41.69 L	F	Tiya Bhika	11	ELEC JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
281*	41.69 L	F	Cleo Cunningham	11	PIRAN BUF	10/02/2017	BCA February Age Group Gala 20
283*	41.88 L	F	Emily Tyldesley	11	HREF BPD	08/12/2016	NWS Championships 2016/2017
283*	41.88 L	F	Aaminah Hassan	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
285	41.90 L	F	Samantha Schultz	11	RC NG	18/02/2017	MP Age Group 5 - 18 FEBRUARY
286	41.93 L	F	Caohme Lalla	11	BEAV ETH	11/06/2016	EThekwini Age Group Gala 2
287	41.94 L	F	Tamsyn Smith	11	SOUL ECU	21/01/2017	EGA Summer 4
288	41.96 L	F	Kayleigh Birch	11	GHSK FBD	18/02/2017	NCASA Age Group 6 KBY 2017
289*	42.00 L	F	Janell Khosa	11	PAC FSH	16/09/2016	NTS September 2016 Age Group
289*	42.00 L	F	Megan Mulkay	11	TUKS FSH	11/03/2017	SA Level 1 Provincl Age Group Ch
291	42.06 L	F	Kaylee Mc Laren	11	USH UJD	28/01/2017	Ushaka Championship Gala 2017
292	42.13 L	F	Nawaal Mia	11	MDOL JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
293	42.16 L	F	Jadyn Marais	11	AA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
294	42.28 L	F	Tabitha Stegman	11	CSC FSH	18/11/2016	NTS November 2016 Age Group L

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
295	42.30	L	F	Atiyah Valli	11	ATLA	JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
296	42.33	L	F	Phillipa Tobias	11	MDOL	JHB	18/02/2017 CGA Level 2 last chance gala day
297	42.34	L	P	Zoe Stock	11	ESP	EKU	31/03/2017 SA Level 2 Regional Age Group Ci
298	42.39	L	F	Caitlyn Fish	11	SODO	JHB	15/10/2016 CGA Level 2 gala No 2
299*	42.42	L	F	Deidre Kessler	11	USC	BUF	23/03/2017 SA Level 2 Regional Age Group Ci
299*	42.42	L	F	Leah Ermann	11	ACT	JHB	18/02/2017 CGA Level 2 last chance gala day
301	42.46	L	F	Afika Ntuli	11	LNDD	ETH	01/10/2016 eThekwini Level O Program 5
302	42.71	L	F	Tessa Van Heyningen	11	SS	LP	25/11/2016 Limpopo Champs 25-27 Novembe
303	42.75	L	F	Danica Bishop	11	TTNS	SDD	21/01/2017 EGA Summer 4
304	42.76	L	P	Erin-Paige Longhurst	11	ESP	EKU	08/12/2016 EGA Championships 2016
305	42.79	L	F	Arya Shukla	11	TRIDE	ETH	25/11/2016 KZN TYR Westville Sprints 2016
306	42.81	L	F	Laiqa Ally	11	LENA	JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
307	42.87	L	F	Kaylin Oelschig	11	BLOT	MAN	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
308	43.03	L	F	Caitlyn Martin	11	WATR	JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
309	43.07	L	F	Olivia Ralfe	11	RIV	MP	11/03/2017 2017 SSA LEVEL 1 SWIMMING M
310	43.08	L	F	Casey-Lee Peters	11	BON	JHB	18/02/2017 CGA Level 2 last chance gala day
311	43.11	L	F	Nerine van der Westhuizen	11	PARYS	FDD	02/02/2017 NFS PRIMARY SCHOOLS
312*	43.19	L	P	Camrin Cloete	11	PAQU	GED	03/02/2017 Western Cape Jack Currie Champ
312*	43.19	L	F	Zoe Viljoen	11	PEAS	NMA	24/06/2016 PEA Winter Gala 2016
314*	43.21	L	F	Katrijn Roefs	11	PSC	FSH	18/11/2016 NTS November 2016 Age Group L
314*	43.21	L	F	Marie-Louise Rose	11	BOKS	EKU	18/02/2017 EGA Summer 5 Gala
316	43.25	L	F	Zoe Scheepers	11	LSN	NGD	24/02/2017 MPUMALANGA SCHOOL SWIMM
317	43.29	L	F	Lesedi Mahole	11	MATL	KKD	08/12/2016 NWS Championships 2016/2017
318	43.38	L	F	Kano Tjia	11	EAGA	LP	25/11/2016 Limpopo Champs 25-27 Novembe
319	43.46	L	F	Charlize De Villiers	11	PRKA	PSD	09/12/2016 NCASA Sprints 2016
320	43.51	L	F	Jeanne Coetzer	11	UPTS	ZMD	11/02/2017 NCASA Age Group 5 UPT2017
321	43.62	L	F	Keira Naidoo	11	STPS	UMD	11/01/2016 eThekwini Level O Program 5
322*	43.63	L	F	Ané Ferreira	11	POTC	KKD	08/12/2016 NWS Championships 2016/2017
322*	43.63	L	F	Joleen Alves	11	ELEC	JHB	25/02/2017 CGA Level 1 Year End Gala
324*	43.69	L	F	Kimberley Howes	11	GHSLS	NW	03/02/2017 NW Schools Swimming Champion
324*	43.69	L	F	Hayley Swanepoel	11	PER	JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
326	43.70	L	F	Sarah Byrne	11	LAD	UTD	25/11/2016 KZN TYR Westville Sprints 2016
327	43.72	L	F	Sadie Tolken	11	SODO	JHB	15/10/2016 CGA Level 2 gala No 2
328	43.78	L	F	Claire Klinkert	11	SS	LP	25/11/2016 Limpopo Champs 25-27 Novembe
329	44.22	L	F	Armani vd Merwe	11	PWC	GED	03/02/2017 NW Schools Swimming Champion
330	44.24	L	F	Lisamey Nel	11	WSAA	CPT	18/02/2017 NWS District Development Champ
331	44.74	L	F	Jezwyne Marimuthu	11	BAYV	ETH	01/10/2016 eThekwini Level O Program 5
332	44.76	L	P	Nakita Da Silva	11	TTNS	SDD	08/12/2016 EGA Championships 2016
333	44.98	L	F	Lindsay Mc Manus	11	GHSLS	NW	03/02/2017 NW Schools Swimming Champion
334	45.03	L	F	Lara Kent	11	PFWA	JHB	25/02/2017 CGA Level 1 Year End Gala
335	45.18	L	F	Amahle Nkwanyana	11	TMAC	ETH	25/11/2016 KZN TYR Westville Sprints 2016
336	45.54	L	F	Caylyn Powell	11	BLOT	MAN	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
337	45.61	L	F	Kara de Wet	11	GHSLS	NW	03/02/2017 NW Schools Swimming Champion
338	45.64	L	F	Liska Meyer	11	PRA	GSD	17/09/2016 MP Xerox Sprint Gala - 17 Septerr
339	45.80	L	F	Tania Swartz	11	GHSLS	NW	03/02/2017 NW Schools Swimming Champion
340	45.90	L	F	Samantha Grobler	11	KNYD	EDD	15/10/2016 EDEN 1st A-League Gala 2016
341	45.94	L	F	Jessica Landsberg	11	GHSK	FBD	11/03/2017 Level 1 Intraprovincial Gala - Kimb
342	46.31	L	F	Liezl Van Der Berg	11	PAC	FSH	02/12/2016 2016 The Tshwane Mayoral Gala
343	46.48	L	F	Milla Sypkens	11	SGA	MAN	04/02/2017 SUPER SPORT LEAGUE GALA 2
344	46.58	L	F	Mandie Steenkamp	11	ELRAS	LP	25/11/2016 Limpopo Champs 25-27 Novembe
345	46.76	L	F	Anne Vd Spuy	11	OLDE	JHB	15/10/2016 CGA Level 2 gala No 2
346	46.80	L	F	Liani Nel	11	TUKS	FSH	16/09/2016 NTS September 2016 Age Group
347	46.98	L	F	Abigail Squires	11	FAAC	FBD	22/10/2016 Flamingo Gala 2016
348	47.01	L	F	Kate De Bruyn	11	BLSS	MAN	30/11/2016 FS CHAMPS
349	47.19	L	F	Thandeka Mbokazi	11	USH	UHD	28/01/2017 Ushaka Championship Gala 2017
350	47.39	L	F	Laeme Van Rooyen	11	KALA	JTD	11/11/2016 Age group 2 2016 Kalahari
351	48.34	L	F	Ester De KOCK	11	LSN	NGD	11/03/2017 2017 SSA LEVEL 1 SWIMMING M
352	48.57	L	F	Emma Mc Menamin	11	TUKS	FSH	02/12/2016 2016 The Tshwane Mayoral Gala
353	48.80	L	F	Karla du Preez	11	MATL	KKD	29/10/2016 NWS Age Group 2 1617

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
354	48.86 L	F	Tenieka Greyling	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
355	48.94 L	F	Amanda Mhlongo	11	UMSH ETH	01/10/2016	eThekwini Level O Program 5
356	49.06 L	F	Sihe Mthembu	11	KWAM ETH	01/10/2016	eThekwini Level O Program 5
357	49.81 L	F	Tamryn Haycock	11	WRP EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
358	50.50 L	F	Sibongile Balada	11	BLNE MAN	30/11/2016	FS CHAMPS
359	50.65 L	F	Elani Neethling	11	HSFM LP	27/01/2017	Limpopo School Championships
360	50.75 L	F	Anri Greyling	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
361	50.90 L	F	Lené Lavarack	11	JASK FBD	14/02/2017	Inter Primary
362	51.59 L	F	Mardenique Hansen	11	DMA EZD	14/10/2016	MP AGE GROUP 2 - 2016
363	52.05 L	F	Bella Verster	11	LBT EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
364	52.71 L	F	Pamella Mkhize	11	KWAM ETH	01/10/2016	eThekwini Level O Program 5
365	52.83 L	F	Khanimamba Chabalala	11	DDA TSH	16/09/2016	NTS September 2016 Age Group
366	52.86 L	F	Marie Alberts	11	PRKA PSD	14/10/2016	Age Group 1 2016 Upington
367	53.33 L	F	Lindokuhle Maboza	11	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
368	53.86 L	F	Trishani Odayar	11	CROF ETH	01/10/2016	eThekwini Level O Program 5
369	54.26 L	F	Reabetswe Makgaka	11	TLAC BPD	26/11/2016	NWS Age Group 3 2016/2017
370	54.43 L	F	Aaminah Ahmed	11	ATLA JHB	11/03/2017	SA Level 1 Provincial Age Group Ch
371	54.51 L	F	Cerinie Otto	11	PPPS BPD	03/02/2017	NW Schools Swimming Champion
372	56.07 L	F	Caitlyn Crawford	11	PENG FBD	18/02/2017	NCASA Age Group 6 KBY 2017
373	56.52 L	F	Rithabile Gumede	11	ILOV ETH	01/10/2016	eThekwini Level O Program 5
374	57.55 L	F	Dudueletsang Mekgwe	11	GHSK FBD	10/02/2017	NCASA Age Group 5 KBY 2017
375	57.78 L	F	Amy De Bruyn	11	WRP EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
376	58.68 L	F	Haylee Nason	11	BON JHB	25/02/2017	CGA Level 1 Year End Gala
377	58.87 L	F	Santhuri Mudaliar	11	STPS UMD	18/09/2016	eThekwini Level O Program 4
378	1:00.47 L	F	Bianca Klingenberg	11	PRA GSD	25/11/2016	Mpumalanga Championships 2016
379	1:07.25 L	F	Nomaswazi Vilakazi	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
<b>Women 11-11 100 Free</b>							
1	1:05.14 L	F	Amy Muller	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
2	1:09.22 L	F	Abigail Rululu	11	ECA ETH	10/04/2017	SA Schools Swimming Champions
3	1:09.45 L	F	Lara Daling	11	LIMSC LP	10/04/2017	SA Schools Swimming Champions
4	1:09.74 L	F	Ane' Meier	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
5	1:10.02 L	F	Tayla Haslam	11	KLOO ETH	23/03/2017	SA Level 3 Regional Age Group C
6	1:10.38 L	F	Teegan Pio	11	PEAS NMA	23/03/2017	SA Level 3 Regional Age Group C
7	1:10.53 L	F	Morgan Pharoah	11	CSC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
8	1:10.55 L	F	Yvonne Mthembu	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
9	1:10.65 L	F	Kairah George	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
10	1:10.82 L	P	Olivia Kruger	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
11	1:10.85 L	P	Tamika Anderson	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
12	1:10.92 L	P	Mischa King	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
13	1:11.22 L	F	Tazmyn Robson	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
14	1:12.05 L	F	Tiara Finnis	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
15	1:12.38 L	F	Milla Drakopoulos	11	BLUO UGD	23/03/2017	SA Level 2 Regional Age Group Ci
16	1:12.50 L	F	Callan Lotter	11	MDOL JHB	08/12/2016	EGA Championships 2016
17	1:12.56 L	F	Tori Voke	11	VIKI BUF	30/09/2016	Aquabear Invitational Meet
18	1:12.57 L	P	Grace Daly	11	ELEC JHB	07/12/2016	NTS Championships 2016
19	1:12.70 L	P	Rachel Groepes	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
20	1:12.82 L	F	Skye Da Fonseca-Hattingh	11	RFA TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
21	1:12.96 L	P	Isabelle Barrow	11	ELEC JHB	07/12/2016	NTS Championships 2016
22	1:13.26 L	F	Jada Coetzee	11	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C
23	1:13.30 L	F	Danielle Davidson	11	SGUL ETH	02/09/2016	KZN Beavers Winter LongCourse
24	1:13.57 L	P	Mikaela Goelst	11	FINS EZD	23/03/2017	SA Level 3 Regional Age Group C
25	1:13.68 L	F	Samantha Lowman	11	ELEC JHB	29/10/2016	CGA Level 3/SANJ Gala No 2
26	1:13.81 L	F	Payton Brink	11	VINE CPT	04/11/2016	Freda Barnard Gala 35
27	1:13.86 L	P	Amber Olsen	11	BLSS MAN	23/03/2017	SA Level 3 Regional Age Group C
28	1:14.09 L	F	Jade-Ann Le Roux	11	MDOL JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
29	1:14.15 L	P	Christine Wessels	11	HASC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
30	1:14.16 L	P	Summer Croucamp	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
31	1:14.27 L	F	Gemma Frank	11	ASA ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf
32	1:14.36 L	F	Tammy Greenwood	11	ROA EDD	26/11/2016	Eden LC Champs 2016

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
33	1:14.40	L	P	Chloe Gershuny	11	CADO	CPT	23/03/2017	SA Level 3 Regional Age Group C
34	1:14.47	L	F	Marli Van Lierop	11	ASA	CPT	23/03/2017	SA Level 3 Regional Age Group C
35	1:14.49	L	P	Caroline Cress	11	WALM	CPT	23/03/2017	SA Level 3 Regional Age Group C
36	1:14.71	L	F	Isabella Seale-Mckend	11	OLDE	JHB	31/03/2017	SA Level 2 Regional Age Group C
37	1:14.95	L	F	Georgia Carstens	11	TUKS	FSH	03/02/2017	NTS Feb 2017 Age Group Level 3
38	1:15.13	L	F	Miche Johns	11	JASK	FBD	14/02/2017	Inter Primary
39	1:15.24	L	F	Alexia Delicado	11	POTC	KKD	08/12/2016	NWS Championships 2016/2017
40*	1:15.39	L	P	Alexandra Caldwell	11	SASE	JHB	16/12/2016	Vita-thion CGA Open LC Champs
40*	1:15.39	L	F	Emma Lacey	11	BEST	NMA	23/03/2017	SA Level 3 Regional Age Group C
42	1:15.52	L	F	Casey Davids	11	STAD	JHB	31/03/2017	SA Level 2 Regional Age Group C
43	1:15.57	L	F	Taylor Jordaan	11	BEAV	ETH	23/03/2017	SA Level 2 Regional Age Group C
44	1:15.86	L	P	Lara Groenewald	11	AQU	ADJ	23/03/2017	SA Level 3 Regional Age Group C
45	1:15.88	L	F	Mari Nortje	11	BULS	MAN	30/11/2016	FS CHAMPS
46	1:15.98	L	F	Simone Banducci	11	ELEC	JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
47	1:16.10	L	P	Ava Rathner	11	WSAA	CPT	23/03/2017	SA Level 3 Regional Age Group C
48	1:16.17	L	F	Manaal Omar	11	SGUL	ETH	23/03/2017	SA Level 2 Regional Age Group C
49	1:16.22	L	F	Alexandra Bowyer	11	KLOO	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
50*	1:16.36	L	P	Caitlin Ruane	11	TUKS	FSH	23/03/2017	SA Level 3 Regional Age Group C
50*	1:16.36	L	F	Cara Meldrum	11	AQUB	NMA	23/03/2017	SA Level 3 Regional Age Group C
52	1:16.49	L	P	Helena Prinsloo	11	PAQU	CED	23/03/2017	SA Level 3 Regional Age Group C
53	1:16.60	L	F	Kiara Johnson	11	NCDST	ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf
54	1:16.61	L	F	Christy Dudas	11	ACSA	ETH	04/11/2016	KZN Action Swimming Champs 20
55	1:16.86	L	F	Jane Lewis	11	SGUL	ETH	23/03/2017	SA Level 2 Regional Age Group C
56	1:16.96	L	P	Roslyn Joseph	11	DDA	FSH	23/03/2017	SA Level 3 Regional Age Group C
57	1:16.97	L	P	Samantha Mouton	11	HARL	BUF	23/03/2017	SA Level 3 Regional Age Group C
58	1:16.99	L	P	Amber Landskron	11	TUKS	FSH	23/03/2017	SA Level 3 Regional Age Group C
59*	1:17.17	L	F	Nirene van der Watt	11	PARYS	FDD	14/02/2017	Inter Primary
59*	1:17.17	L	F	Mieke Oosthuizen	11	TKS	LP	18/02/2017	MP Age Group 5 - 18 FEBRUARY
61	1:17.20	L	P	Rachel Smith	11	ELEC	JHB	07/12/2016	NTS Championships 2016
62	1:17.28	L	F	Annè Sabbagha	11	ASA	CPT	03/02/2017	Western Cape Jack Currie Champ
63	1:17.75	L	F	Symone Steyn	11	WSAA	CPT	18/02/2017	NWS District Development Champ
64	1:17.86	L	F	Michaela Dal Medico	11	ELEC	JHB	17/09/2016	CGA Level 3/SANJ Gala No 1
65	1:18.05	L	P	Rebecca Leach	11	BOKS	EKU	23/03/2017	SA Level 3 Regional Age Group C
66	1:18.15	L	F	Emma Gomes	11	MDOL	JHB	31/03/2017	SA Level 2 Regional Age Group C
67	1:18.23	L	F	Kayci Petzer	11	BEAV	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
68	1:18.46	L	P	Jenna Foster	11	AQUB	NMA	23/03/2017	SA Level 3 Regional Age Group C
69	1:18.53	L	F	Amber Lewis	11	NDSA	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
70	1:18.58	L	P	Tamryn Scott	11	MP	EZD	10/04/2017	SA Schools Swimming Champions
71	1:18.74	L	P	Ellene Scholtz	11	AQU	ADJ	23/03/2017	SA Level 3 Regional Age Group C
72	1:18.90	L	F	Courtney Smith	11	AQWO	CPT	18/02/2017	Western Cape Qualify Gala 3
73*	1:18.92	L	F	Theola McDonald	11	CSA	EZD	25/11/2016	Mpumalanga Championships 2016
73*	1:18.92	L	F	Zoe Terblanche	11	RFA	FSH	03/02/2017	NTS Feb 2017 Age Group Level 3
75	1:19.06	L	F	Izelle Henning	11	BLNE	MAN	30/11/2016	FS CHAMPS
76	1:19.15	L	F	Dominique De Jongh	11	FISH	EDD	23/03/2017	SA Level 2 Regional Age Group C
77*	1:19.30	L	F	Jozi Nupen	11	CRSC	JHB	05/11/2016	CGA Level 2 Gala No 3
77*	1:19.30	L	F	Kelly Sparg	11	HARL	BUF	23/03/2017	SA Level 2 Regional Age Group C
79	1:19.69	L	F	Rachel Webb	11	HARL	BUF	23/03/2017	SA Level 2 Regional Age Group C
80	1:19.72	L	P	Nicola Harcus	11	WATR	JHB	31/03/2017	SA Level 2 Regional Age Group C
81	1:19.77	L	F	Melissa Martens	11	STPS	UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
82	1:19.81	L	F	Emma Beyers	11	UNIN	EZD	03/02/2017	MP Age Group 4 - 3 & 4 February
83	1:19.92	L	F	Kirsten Cottrell	11	AZON	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
84	1:19.94	L	F	Melindie van Rensburg	11	UNI	EZD	23/03/2017	SA Level 2 Regional Age Group C
85	1:20.06	L	F	Bianke Pienaar	11	PARYS	FDD	23/03/2017	SA Level 2 Regional Age Group C
86	1:20.16	L	F	Jodi Wilson	11	AQUB	NMA	23/03/2017	SA Level 2 Regional Age Group C
87	1:20.17	L	F	Alyssa Pretorius	11	ASA	CPT	23/03/2017	SA Level 2 Regional Age Group C
88	1:20.25	L	P	Tyler Hughes	11	BOKS	EKU	08/12/2016	EGA Championships 2016
89*	1:20.44	L	F	Lucy Friedenthal	11	UNI	EZD	23/03/2017	SA Level 2 Regional Age Group C
89*	1:20.44	L	F	Emma Crookes	11	KLOO	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
91	1:20.46	L	F	Erin O'Sullivan	11	BLMA	CPT	23/03/2017	SA Level 3 Regional Age Group C



## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
92	1:20.48 L	F	Jadyn-Lee Joubert	11	AZON ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
93	1:20.54 L	F	Nirvana Borrageiro	11	SGUL ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
94	1:20.64 L S	P	Jodi Dos Santos	11	NSA EZD	13/12/2016	KZN Speedo Provincial Champion
95	1:20.67 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
96	1:20.79 L	P	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional Age Group C
97	1:20.89 L	F	Tumé van Niekerk	11	POTC KKD	31/03/2017	SA Level 2 Regional Age Group C
98	1:21.10 L	F	Liya Venter	11	BLMA CPT	23/03/2017	SA Level 2 Regional Age Group C
99	1:21.11 L	F	Aminah Lindoor	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
100	1:21.23 L	P	Karla Vogel	11	TKSS WBD	31/03/2017	SA Level 2 Regional Age Group C
101	1:21.29 L	F	Angel Geel	11	NWS	28/01/2017	4 + 1 Inter District Gala 2017
102	1:21.35 L	F	Lia Kotze	11	ROA EDD	18/02/2017	Dragons Night Fury 2017
103	1:21.50 L	P	Juliette Nel	11	TYGE CPT	03/02/2017	Western Cape Jack Currie Champ
104	1:21.53 L	F	Saffron Tweedie	11	ALBA NMA	23/03/2017	SA Level 2 Regional Age Group C
105	1:21.64 L	F	Zelmarie Levin	11	TTNS SDD	23/03/2017	SA Level 2 Regional Age Group C
106	1:21.67 L	F	Meredith O'Tool	11	NCASA	05/11/2016	Fezile Dabi Inter Provincial Gala
107	1:21.76 L	P	Zodea Jacobie	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group C
108	1:21.77 L	P	Reabetswe Phume	11	AA JHB	31/03/2017	SA Level 2 Regional Age Group C
109*	1:21.79 L	F	Kayla Tully	11	TRIDE ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
109*	1:21.79 L	F	Bianca Ribeiro	11	RFA TSH	18/11/2016	NTS November 2016 Age Group L
111	1:21.81 L	P	Dayna Graham	11	NCDST ILD	23/03/2017	SA Level 2 Regional Age Group C
112	1:21.83 L	P	Tamryn Olsen	11	AQWO CPT	03/02/2017	Western Cape Jack Currie Champ
113	1:21.91 L	P	Gemma Haupt	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
114	1:21.95 L	F	Gracie Monaghan	11	ELEC JHB	24/09/2016	CGA Level 2 gala No 1
115	1:21.97 L	P	Kaela Viljoen	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group C
116	1:22.07 L	P	Kayla De Wet	11	SOUL EKU	31/03/2017	SA Level 2 Regional Age Group C
117	1:22.11 L	P	Jaimie Black	11	NCDST ILD	23/03/2017	SA Level 2 Regional Age Group C
118	1:22.12 L	P	Mieke Bornman	11	PAC TSH	31/03/2017	SA Level 2 Regional Age Group C
119	1:22.16 L	F	Hannah James	11	NCDST ILD	25/11/2016	KZN TYR Westville Sprints 2016
120	1:22.19 L	F	Josi Arnold	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
121	1:22.20 L	F	Jasmine Witthuhn	11	INFA NMA	23/03/2017	SA Level 2 Regional Age Group C
122	1:22.27 L	P	Lara De Beer	11	BENS EKU	08/12/2016	EGA Championships 2016
123	1:22.39 L	F	Amy Marnitz	11	LSKP WB	27/01/2017	Limpopo School Championships
124	1:22.67 L	P	Eva Markovic	11	MATL KKD	31/03/2017	SA Level 2 Regional Age Group C
125	1:22.70 L	F	Jessica Law	11	ESTR EKU	11/03/2017	SA Level 1 Provincial Age Group Ch
126	1:22.71 L	F	Dhiya Pillay	11	ACSA ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
127	1:22.76 L	P	Cara Ralfe	11	SEAL UMD	23/03/2017	SA Level 3 Regional Age Group C
128	1:22.82 L	F	Jessica Reilly	11	WATR JHB	05/11/2016	CGA Level 2 Gala No 3
129	1:22.86 L	F	Rachel Irvine	11	STPS UMD	04/11/2016	KZN Action Swimming Champs 20
130	1:22.97 L	P	Thinica Mc Anda	11	FAAC FBD	23/03/2017	SA Level 2 Regional Age Group C
131	1:23.03 L	P	Kirsten Storm	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group C
132	1:23.08 L	F	Kaylee Swartz	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
133	1:23.16 L S	F	Kelly Williamson	11	INFA NMA	10/02/2017	6th A League Gala 2017
134*	1:23.17 L	P	Nurul-Huda Samaai	11	MARL CPT	03/02/2017	Western Cape Jack Currie Champ
134*	1:23.17 L	P	Ashley Jv Vuuren	11	ELRAS LP	31/03/2017	SA Level 2 Regional Age Group C
136	1:23.19 L	F	Jenna De Jongh	11	SGUL ETH	12/11/2016	eThekwini Age Group Gala 8
137	1:23.31 L	F	Jenna Penney	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
138	1:23.37 L	F	Madison Irvine	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala
139	1:23.43 L	P	Ankia Uys	FR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group C
140	1:23.57 L	P	Holly Brickles	11	VINE CPT	23/03/2017	SA Level 3 Regional Age Group C
141	1:23.62 L	F	Jade Steyn	11	TRIDE ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
142	1:23.71 L	F	Noa Garnett	11	NCDST ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf
143*	1:23.82 L	F	Alexa De Villiers	11	VINE CPT	23/03/2017	SA Level 2 Regional Age Group C
143*	1:23.82 L	F	Thalia Farrell	11	ELEC JHB	05/11/2016	CGA Level 2 Gala No 3
145	1:23.83 L	P	Helena du Toit	11	BLUO UGD	23/09/2016	KZN Speedo Junior Winter Champ
146	1:23.85 L	P	Tayba Sallie	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group C
147	1:23.86 L	P	Tenique Riekert	11	TUKS TSH	31/03/2017	SA Level 2 Regional Age Group C
148	1:24.10 L	P	Anje Van Papendorp	11	PSC TSH	31/03/2017	SA Level 2 Regional Age Group C
149	1:24.19 L	P	Cara Van Der Bijl	11	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group C
150	1:24.34 L	F	Ennes Zietsman	11	PSC TSH	25/11/2016	NTS November 2016 Age Group C

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
151	1:24.37	L	P	Keila Manthe	11	PSC	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
152	1:24.52	L	P	Simone Pretorius	11	PAC	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
153	1:24.71	L	P	Amy Robson-Garth	11	BOKS	EKU	23/03/2017 SA Level 3 Regional Age Group Ci
154	1:25.10	L	F	Meghan Rawson	11	VINE	CPT	18/02/2017 Western Cape Qualify Gala 3
155	1:25.12	L	F	Danielle Joubert	11	BLNE	MAN	30/11/2016 FS CHAMPS
156	1:25.25	L	P	Alexia Greyling	11	UNIQ	JHB	08/12/2016 EGA Championships 2016
157	1:25.26	L	F	Heidri de Jager	11	RBOT	BPD	08/12/2016 NWS Championships 2016/2017
158	1:25.30	L	F	Mary-Jane Hasenbroek	11	PAQU	CED	04/11/2016 Freda Barnard Gala 35
159	1:25.31	L	F	Cara Botha	11	GHSL	NW	03/02/2017 NW Schools Swimming Champion
160*	1:25.45	L	P	Amber Warr	11	SEAL	UMD	23/09/2016 KZN Speedo Junior Winter Champ
160*	1:25.45	L	F	Lara Gouws	11	VINE	CPT	18/02/2017 Western Cape Qualify Gala 3
162	1:25.47	L	P	Annette Greyling	11	AA	JHB	23/03/2017 SA Level 3 Regional Age Group Ci
163	1:25.50	L	P	Mia Uys	11	PSC	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
164	1:25.51	L S	P	Grace Daley	11	WSTV	ETH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
165	1:25.66	L S	P	Mbali Burnett	11	USH	UHD	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
166	1:25.67	L	P	Raphaelia Ioannou	11	MDOL	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
167	1:25.72	L	F	Jasmin Vermeulen	11	WATR	JHB	24/09/2016 CGA Level 2 gala No 1
168	1:25.87	L	P	Rachel Guymer	11	LINR	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
169	1:26.25	L	F	Rebecca Macquet	11	AZON	ETH	14/01/2017 Ethekwini Age Group 9
170	1:26.39	L	P	Kelsey Kemp	11	NEWS	ADJ	23/03/2017 SA Level 2 Regional Age Group Ci
171	1:26.51	L	F	Ami Pirie	11	UWCA	CPT	23/03/2017 SA Level 2 Regional Age Group Ci
172	1:26.53	L	F	Chloe Vd Merwe	11	ASA	CPT	23/03/2017 SA Level 3 Regional Age Group C
173	1:26.59	L	F	Amy Van Breda	11	VINE	CPT	17/09/2016 Western Cape Summer 2
174	1:26.62	L	F	Kiara Kunneke	11	RFA	FSH	11/03/2017 SA Level 1 Provincl Age Group Ch
175	1:26.85	L	P	Irene Ioannou	11	MDOL	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
176	1:27.01	L	F	Nicole Whitfield	11	WSAA	CPT	18/02/2017 NWS District Development Champ
177	1:27.03	L	F	Morgan Corns	11	ESP	EKU	05/02/2017 CGA Level 2 last chance gala Day
178	1:27.19	L	F	Emma Terblanche	11	PRKA	PSD	09/12/2016 NCASA Sprints 2016
179	1:27.23	L	F	Tarryn Volkwyn	11	INFA	NMA	30/09/2016 Aquabear Invitational Meet
180	1:27.42	L	F	Lesedi Thunzi	11	HARL	BUF	30/09/2016 Aquabear Invitational Meet
181	1:27.49	L	F	Olwethu Ndlovu	11	UMSH	ETH	14/01/2017 Ethekwini Age Group 9
182	1:27.62	L	P	Danielle Webster	11	RFA	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
183	1:27.78	L	F	Njabulo Somthunzi	11	ATLA	JHB	05/02/2017 CGA Level 2 last chance gala Day
184	1:27.87	L	P	Nicole Bantom	11	VINE	CPT	03/02/2017 Western Cape Jack Currie Champ
185	1:27.98	L	F	Rania Gamielidien	11	WALM	CPT	23/03/2017 SA Level 2 Regional Age Group Ci
186	1:28.01	L	P	Kameron salis	11	WATR	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
187	1:28.20	L	F	Elanca Van Jaarsveld	11	PEAS	NMA	15/10/2016 3rd A League Gala 2016
188	1:28.21	L	F	Liya Davids	11	SUPE	JHB	05/02/2017 CGA Level 2 last chance gala Day
189	1:28.25	L	F	Tsebisio Neduvhuledza	11	UNIM	NGD	18/02/2017 MP Age Group 5 - 18 FEBRUARY
190	1:28.31	L	P	Izaan Scheepers	HN	PSA	ZLD	23/03/2017 SA Level 2 Regional Age Group Ci
191	1:28.37	L	P	Julia Davies	11	MDOL	JHB	16/12/2016 Vita-thion CGA Open LC Champs
192	1:28.41	L	P	Carlia Nel	11	TKSS	WBD	31/03/2017 SA Level 2 Regional Age Group Ci
193	1:28.43	L	F	Vianne Nel	11	TUKS	FSH	02/12/2016 2016 The Tshwane Mayoral Gala
194	1:28.97	L	F	Li Mc Quire	11	ISSC	NMD	26/11/2016 NWS Age Group 3 2016/2017
195	1:29.19	L	F	Tendani Mukhithi	11	STCON	NW	03/02/2017 NW Schools Swimming Champion
196	1:29.25	L	P	Kean Van Der Vlugt	11	ASA	ILD	23/03/2017 SA Level 2 Regional Age Group Ci
197	1:29.34	L	P	Lara Botha	11	PAQU	CED	03/02/2017 Western Cape Jack Currie Champ
198	1:29.48	L	P	Welne Pretorius	11	AQU	ADJ	23/03/2017 SA Level 2 Regional Age Group Ci
199	1:29.49	L S	F	Jodi Hobson	11	AQUB	NMA	10/02/2017 6th A League Gala 2017
200	1:29.58	L	F	Baylee Engelke	11	MATI	CED	17/09/2016 Western Cape Summer 2
201	1:29.64	L	F	Lara Buchner	11	CUR	EZD	11/03/2017 2017 SSA LEVEL 1 SWIMMING M
202	1:29.65	L	F	Kiersten Paulse	11	XSAQ	CPT	18/02/2017 Western Cape Qualify Gala 3
203	1:29.69	L	F	Deidre Murugan	11	BAYV	ETH	14/01/2017 Ethekwini Age Group 9
204	1:29.71	L	F	Emma Hamman	11	FAAC	FBD	05/01/2017 NCASA Champs 2017
205	1:29.90	L	F	Jorja Botes	11	ELEC	JHB	25/02/2017 CGA Level 1 Year End Gala
206	1:29.99	L	F	Janke Fourie	11	PAC	FSH	18/11/2016 NTS November 2016 Age Group L
207*	1:30.15	L	F	Caitlyn Fish	11	SODO	JHB	05/02/2017 CGA Level 2 last chance gala Day
207*	1:30.15	L	F	Skye Westerhuis	11	CYBE	CPT	23/03/2017 SA Level 2 Regional Age Group Ci
209	1:30.17	L	F	Siphokazi Lockett	11	BEST	NMA	23/03/2017 SA Level 3 Regional Age Group C

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
210	1:30.43 L	F	Sophia Kerr	11	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
211	1:30.61 L	F	Keira Booth	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
212	1:30.65 L	F	Mikaila Brown	CR	TSSC ETH	25/11/2016	KZN TYR Westville Sprints 2016
213	1:30.82 L	F	Julia Volschenk	11	GZSA FSH	02/12/2016	2016 The Tshwane Mayoral Gala
214	1:30.95 L	P	Jenna McLoughlin	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
215	1:31.05 L	F	Sarah Banyard	11	TUKS FSH	16/09/2016	NTS September 2016 Age Group
216	1:31.07 L	F	Juane Kruger	11	GZSA FSH	02/12/2016	2016 The Tshwane Mayoral Gala
217	1:31.09 L	F	Aaminah Hassan	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
218	1:31.11 L	P	Nerine van der Westhuizen	11	PARYS FDD	23/03/2017	SA Level 2 Regional Age Group Ci
219	1:31.23 L	F	Erin Heydricks	11	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016
220	1:31.27 L	F	Summer Tucker	11	ELEC JHB	05/11/2016	CGA Level 2 Gala No 3
221	1:31.29 L	F	Isabella Reynolds	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
222	1:31.49 L	F	Jordan Meyer	11	FISHS EDD	26/11/2016	Eden LC Champs 2016
223	1:31.71 L	F	Matundu Banza	11	UNIN EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
224	1:31.80 L	F	Skye Lang	11	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day
225	1:32.09 L	F	Refilwelethabo Molepo	11	GHSK FBD	09/12/2016	NCASA Sprints 2016
226*	1:32.12 L S	F	Skyla Schroll	11	MATL KKD	27/06/2016	Sasol National Championship 201
226*	1:32.12 L	F	Nombulelo Masike	11	TTNS SDD	24/09/2016	EGA Summer 1
228	1:32.20 L	F	Sharike Rossouw	11	KALA JTD	05/01/2017	NCASA Champs 2017
229	1:32.36 L	F	Jana Naude	11	USH UHD	29/10/2016	Uthungulu District November 2016
230	1:32.45 L	F	Anmi Esbach	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
231	1:32.49 L	F	Sophia Stegmann	11	MDOL JHB	05/11/2016	CGA Level 2 Gala No 3
232	1:32.51 L	F	Rone' vd Merwe	11	UPTS ZMD	09/12/2016	NCASA Sprints 2016
233	1:32.73 L	F	Laaiah Goondie	11	SUPE JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
234	1:32.77 L	F	Isabella Fouche	11	ACT JHB	05/02/2017	CGA Level 2 last chance gala Day
235	1:32.91 L	P	Maddison Griffin	11	SOUL ECU	08/12/2016	EGA Championships 2016
236	1:32.93 L	F	Erin Foster	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
237	1:33.10 L	P	Celine Hamman	HR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Ci
238	1:33.16 L	F	Gabriëlle Nieuwoudt	11	CUDU CPT	18/02/2017	Western Cape Qualify Gala 3
239	1:33.20 L	F	Nicola Hartman	11	RFA FSH	18/11/2016	NTS November 2016 Age Group L
240	1:33.29 L	F	Julia Ristow	11	USC BUF	10/02/2017	BCA February Age Group Gala 20
241	1:33.33 L	F	Hannah Bridge	11	KNYD EDD	23/03/2017	SA Level 2 Regional Age Group Ci
242	1:33.56 L	F	Khensany Khosana	11	WELA FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
243	1:33.60 L	F	Larika Joubert	11	LSTZN MP	27/01/2017	Limpopo School Championships
244	1:33.66 L	P	Caitlyn Martin	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
245*	1:33.71 L	F	Utah Novello	11	CLSC WCD	23/03/2017	SA Level 2 Regional Age Group Ci
245*	1:33.71 L	F	Casey-Lee Peters	11	BON JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
247	1:33.77 L	F	Megan Mulkay	11	TUKS FSH	11/03/2017	SA Level 1 Provincl Age Group Ch
248	1:33.85 L	F	Cara Smook	11	BLNE MAN	30/11/2016	FS CHAMPS
249	1:33.93 L	F	Emily Tyldesley	11	MCS NW	03/02/2017	NW Schools Swimming Champion
250	1:34.47 L	F	Amelie Coetzee	11	LSKP WB	27/01/2017	Limpopo School Championships
251	1:34.50 L	F	Tiya Bhika	11	ELEC JHB	05/11/2016	CGA Level 2 Gala No 3
252	1:34.80 L	F	Cleo Cunningham	11	PIRAN BUF	10/02/2017	BCA February Age Group Gala 20
253	1:34.81 L	F	Carmia Hartman	11	RFA FSH	16/09/2016	NTS September 2016 Age Group
254	1:34.91 L	F	Somikazi Qwemesha	11	CYBE CPT	17/09/2016	Western Cape Summer 2
255	1:35.00 L	F	Christine Craven	11	ACT JHB	05/02/2017	CGA Level 2 last chance gala Day
256	1:35.17 L	F	Janell Khosa	11	PAC FSH	02/12/2016	2016 The Tshwane Mayoral Gala
257	1:35.24 L	P	Alexis Jaide Morrison-Goate	11	AA JHB	31/03/2017	SA Level 2 Regional Age Group Ci
258	1:35.64 L	F	Kaylin Oelschig	11	BLOT MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
259*	1:35.77 L	F	Ncumisa Nala	11	LNDD ETH	18/09/2016	eThekwini Level O Program 4
259*	1:35.77 L	P	Camrin Cloete	11	PAQU CED	03/02/2017	Western Cape Jack Currie Champ
261	1:36.03 L	F	Arya Shukla	11	TRIDE ETH	25/11/2016	KZN TYR Westville Sprints 2016
262	1:36.07 L	F	Ruby James	11	RIV MP	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
263	1:36.08 L	P	Nawaal Mia	11	MDOL JHB	08/12/2016	EGA Championships 2016
264	1:36.15 L	F	Atiyyah Valli	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
265	1:36.54 L	F	Nina Evans	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
266	1:36.60 L	F	Marteli Pieters	11	PAC FSH	02/12/2016	2016 The Tshwane Mayoral Gala
267	1:36.62 L	F	Jezwyne Marimuthu	11	BAYV ETH	18/09/2016	eThekwini Level O Program 4
268	1:36.74 L	F	Nina Pretorius	11	CSC FSH	02/12/2016	2016 The Tshwane Mayoral Gala

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
269	1:36.76	L	F	Tabitha Stegman	11	CSC	FSH	18/11/2016	NTS November 2016 Age Group L
270*	1:36.81	L	F	Yasmeen Moolla	11	NC DST	ILD	02/09/2016	KZN Beavers Winter LongCourse
270*	1:36.81	L	P	Tonya Muller	11	CARN	EKU	08/12/2016	EGA Championships 2016
272*	1:36.95	L	P	Zoe Stock	11	ESP	EKU	08/12/2016	EGA Championships 2016
272*	1:36.95	L	F	Tyla Mitchell	11	FLOD	JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
274	1:37.32	L	F	Deidre Kessler	11	USC	BUF	02/12/2016	BCA Championships 2016
275	1:37.35	L	F	Marie-Louise Rose	11	BOKS	EKU	18/02/2017	EGA Summer 5 Gala
276	1:37.45	L	F	Ashley Brown	11	TTNS	SDD	24/09/2016	EGA Summer 1
277	1:37.51	L	F	Talitha du Preez	11	NCASA		05/11/2016	Fezile Dabi Inter Provincial Gala
278	1:37.63	L	F	Christina Sauerma	11	SGUL	ETH	25/11/2016	KZN TYR Westville Sprints 2016
279	1:37.78	L	F	Cloe Cunningham	11	PIRAN	BUF	10/02/2017	BCA February Age Group Gala 20
280	1:37.88	L	F	Lesedi Motloung	11	BLNE	MAN	30/11/2016	FS CHAMPS
281	1:38.08	L	F	Nakita Da Silva	11	TTNS	SDD	24/09/2016	EGA Summer 1
282	1:38.24	L	F	Catherine Rowan	11	SGUL	ETH	02/09/2016	KZN Beavers Winter LongCourse
283	1:38.30	L S	P	Charlotte Millard	11	AZON	ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
284	1:38.31	L	P	Catriona Wittstock	11	ONYX	EKU	08/12/2016	EGA Championships 2016
285	1:38.42	L	F	Laiqa Ally	11	LENA	JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
286	1:38.46	L	F	Tamsyn Smith	11	SOUL	EKU	11/03/2017	SA Level 1 Provincl Age Group Ch
287	1:38.47	L	F	Kaylee Mc Laren	11	USH	UHD	28/01/2017	Ushaka Championship Gala 2017
288	1:38.53	L	P	Grace Hoatson	11	AQU	ADJ	23/03/2017	SA Level 2 Regional Age Group Cl
289	1:38.70	L S	P	Sophie De Kock	11	AZON	ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
290	1:38.81	L	F	Anna Victor	11	GTC	EZD	14/10/2016	MP AGE GROUP 2 - 2016
291	1:39.00	L	F	Zara Greenwood	11	CRSC	JHB	05/11/2016	CGA Level 2 Gala No 3
292	1:39.17	L	F	Tessa Van Heyningen	11	LSTZN	MP	27/01/2017	Limpopo School Championships
293	1:39.49	L	F	Caohme Lalla	11	BEAV	ETH	04/11/2016	KZN Action Swimming Champs 20
294	1:39.54	L	F	Phillipa Tobias	11	MDOL	JHB	05/11/2016	CGA Level 2 Gala No 3
295	1:39.87	L	P	Kaitlyn Immelman	11	ESP	EKU	08/12/2016	EGA Championships 2016
296	1:40.02	L	P	Erin-Paige Longhurst	11	ESP	EKU	08/12/2016	EGA Championships 2016
297	1:40.10	L	F	Charlize De Villiers	11	PRKA	PSD	09/12/2016	NCASA Sprints 2016
298	1:40.20	L	F	Nishke Basson	11	TUKS	FSH	18/11/2016	NTS November 2016 Age Group L
299	1:40.27	L	F	Hayley Swanepoel	11	PER	JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
300	1:40.49	L	F	Sesame Masibi	11	DDA	FSH	18/11/2016	NTS November 2016 Age Group L
301	1:40.56	L	F	Sadie Tolken	11	SODO	JHB	05/11/2016	CGA Level 2 Gala No 3
302	1:40.57	L	F	Jasmine Herold	11	WATR	JHB	24/09/2016	CGA Level 2 gala No 1
303	1:40.59	L	F	Leah Ermann	11	ACT	JHB	05/02/2017	CGA Level 2 last chance gala Day
304	1:41.14	L	F	Emma Wiggins	11	TUKS	FSH	18/11/2016	NTS November 2016 Age Group L
305	1:41.30	L	F	Nicole Schoeman	11	TKS	LP	25/11/2016	Limpopo Champs 25-27 Novembe
306	1:41.41	L	F	Olivia Drewett	11	UNIC	MP	27/01/2017	Limpopo School Championships
307	1:41.69	L	F	Jadyn Marais	11	AA	JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
308	1:42.27	L	F	Sharné Erasmus	11	GHSL	NW	03/02/2017	NW Schools Swimming Champion
309	1:42.40	L	F	Sarah Byrne	11	LAD	UTD	25/11/2016	KZN TYR Westville Sprints 2016
310	1:42.65	L	F	Joleen Alves	11	ELEC	JHB	25/02/2017	CGA Level 1 Year End Gala
311	1:42.78	L	F	Armani vd Merwe	11	PWAC	BPD	08/12/2016	NWS Championships 2016/2017
312	1:43.08	L S	F	Zoe Viljoen	11	PEAS	NMA	14/01/2017	5th A League Gala 2017
313	1:43.13	L	F	Amahle Nkwanyana	11	TMAC	ETH	25/11/2016	KZN TYR Westville Sprints 2016
314	1:43.41	L	F	Fatima Khan	11	ATLA	JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
315	1:43.46	L S	F	Danica Bishop	11	TTNS	SDD	27/06/2016	Sasol National Championship 2016
316	1:43.91	L	F	Sibongile Balada	11	SHS	FDD	14/02/2017	Inter Primary
317	1:44.92	L	F	Jeanne Coetzer	11	UPTS	ZMD	05/01/2017	NCASA Champs 2017
318	1:45.86	L	F	Afika Ntuli	11	LNDD	ETH	18/09/2016	eThekwin Level O Program 4
319	1:46.23	L	F	Lesedi Mahole	11	STCON	NW	03/02/2017	NW Schools Swimming Champion
320	1:46.56	L	F	Kano Tjia	11	EAGA	LP	25/11/2016	Limpopo Champs 25-27 Novembe
321	1:46.95	L	F	Anne Vd Spuy	11	OLDE	JHB	24/09/2016	CGA Level 2 gala No 1
322	1:47.13	L	F	Tenieka Greyling	11	GHSL	NW	03/02/2017	NW Schools Swimming Champion
323	1:47.17	L	F	Lisamey Nel	11	PPPS	BPD	03/02/2017	NW Schools Swimming Champion
324	1:47.22	L	F	Lindsay Mc Manus	11	GHSL	NW	03/02/2017	NW Schools Swimming Champion
325	1:48.79	L	F	Samantha Grobler	11	KNYD	EDD	04/11/2016	Freda Barnard Gala 35
326	1:49.01	L S	F	Jeani Naude	11	BLOT	MAN	27/06/2016	Sasol National Championship 2016
327	1:49.41	L	F	Kate De Bruyn	11	BLSS	MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
328	1:49.56 L	F	Tania Swartz	11	GHLSL NW	03/02/2017	NW Schools Swimming Champion
329	1:50.28 L	F	Kyra Meier	11	PRA GSD	18/02/2017	MP Age Group 5 - 18 FEBRUARY
330	1:50.89 L	F	Olivia Ralfe	11	RIV MP	03/02/2017	MP Age Group 4 - 3 & 4 February
331	1:51.31 L	F	Liani Nel	11	TUKS FSH	16/09/2016	NTS September 2016 Age Group
332	1:51.42 L	F	Thandeka Mbokazi	11	USH UJD	28/01/2017	Ushaka Championship Gala 2017
333	1:52.39 L	F	Emma Mc Menamin	11	TUKS FSH	18/11/2016	NTS November 2016 Age Group L
334	1:53.59 L	F	Ester De KOck	11	LSN NGD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
335	1:59.20 L	F	Khanimamba Chabalala	11	DDA FSH	18/11/2016	NTS November 2016 Age Group L
336	2:01.84 L	F	Trishani Odayar	11	CROF ETH	18/09/2016	eThekwini Level O Program 4
337	2:02.54 L	F	Aaminah Ahmed	11	ATLA JHB	11/03/2017	SA Level 1 Provincial Age Group Ch
338	2:05.10 L	F	Elani Neethling	11	ELRAS LP	25/11/2016	Limpopo Champs 25-27 Novembe
339	2:09.17 L	F	Reabetswe Makgaka	11	TLAC BPD	26/11/2016	NWS Age Group 3 2016/2017
340	2:16.93 L	F	Santhuri Mudaliar	11	STPS UMD	18/09/2016	eThekwini Level O Program 4
341	2:21.73 L	F	Pamella Mkhize	11	KWAM ETH	18/09/2016	eThekwini Level O Program 4
<b>Women 11-11 200 Free</b>							
1	2:24.94 L	F	Amy Muller	11	PAC FSH	07/12/2016	NTS Championships 2016
2	2:29.08 L	F	Abigail Rululu	11	AQUA BUF	23/03/2017	SA Level 3 Regional Age Group C
3	2:29.26 L	F	Mischa King	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
4	2:29.35 L	F	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
5	2:30.36 L	F	Tayla Haslam	11	KLOO ETH	23/03/2017	SA Level 3 Regional Age Group C
6	2:33.12 L	F	Tamika Anderson	11	TUKS FSH	23/03/2017	SA Level 3 Regional Age Group Ci
7	2:33.28 L	F	Teegan Pio	11	PEAS NMA	23/03/2017	SA Level 3 Regional Age Group C
8	2:33.30 L	F	Lara Daling	11	TKSS WBD	23/03/2017	SA Level 3 Regional Age Group Ci
9	2:34.65 L	F	Kairah George	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
10	2:35.38 L	P	Michaela Dal Medico	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
11	2:35.90 L	F	Morgan Pharoah	11	CSC FSH	23/03/2017	SA Level 3 Regional Age Group Ci
12	2:37.36 L	P	Grace Daly	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
13	2:37.37 L	P	Olivia Kruger	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
14	2:38.67 L	F	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
15	2:38.73 L	F	Tammy Greenwood	11	ROA EDD	30/09/2016	Aquabear Invitational Meet
16	2:38.78 L	P	Callan Lotter	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
17	2:38.80 L	F	Amber Olsen	11	BLSS MAN	23/03/2017	SA Level 3 Regional Age Group C
18	2:39.04 L	P	Summer Croucamp	11	TUKS FSH	23/03/2017	SA Level 3 Regional Age Group Ci
19	2:39.08 L	P	Tazmyn Robson	11	TUKS FSH	23/03/2017	SA Level 3 Regional Age Group Ci
20	2:39.12 L	P	Rachel Groepes	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
21	2:39.15 L	P	Yvonne Mthembu	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
22	2:39.30 L	P	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
23	2:39.54 L	F	Milla Drakopoulos	11	BLUO UGD	23/03/2017	SA Level 2 Regional Age Group Ci
24	2:40.19 L	P	Tiara Finnis	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
25	2:40.37 L	P	Skye Da Fonseca-Hattingh	11	RFA FSH	23/03/2017	SA Level 3 Regional Age Group Ci
26	2:40.79 L	P	Helena Prinsloo	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
27	2:41.70 L	P	Alexandra Caldwell	11	SASE JHB	23/03/2017	SA Level 3 Regional Age Group Ci
28	2:42.27 L	F	Marli Van Lierop	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
29	2:42.48 L	F	Payton Brink	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
30	2:43.96 L	P	Miche Johns	11	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
31	2:44.36 L	P	Chloe Gershuny	11	CADO CPT	23/03/2017	SA Level 3 Regional Age Group C
32	2:45.00 L	P	Christine Wessels	11	HASC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
33	2:45.26 L	P	Rebecca Leach	11	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group Ci
34	2:45.34 L	P	Mieke Oosthuizen	11	TKS SKD	23/03/2017	SA Level 3 Regional Age Group Ci
35	2:45.43 L	P	Georgia Carstens	11	TUKS FSH	23/03/2017	SA Level 3 Regional Age Group Ci
36	2:46.14 L	F	Simone Banducci	11	ELEC JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
37	2:46.28 L	P	Tori Voke	11	VIKI BUF	23/03/2017	SA Level 3 Regional Age Group C
38	2:46.29 L	F	Taylor Jordaan	11	BEAV ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
39	2:47.12 L	F	Rachel Smith	11	ELEC JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
40	2:47.17 L	P	Tyler Hughes	11	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group Ci
41	2:47.20 L	F	Jada Coetzee	11	CYBE CPT	21/01/2017	WCSAA - Western Cape Schools
42*	2:47.48 L	P	Lara Groenewald	11	AQU ADJ	23/03/2017	SA Level 3 Regional Age Group C
42*	2:47.48 L	F	Isabella Seale-Mckend	11	OLDE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
44	2:48.02 L	P	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
45	2:48.41 L	F	Nicola Harcus	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
46	2:48.51 L	P	Roslyn Joseph	11	DDA TSH	23/03/2017	SA Level 3 Regional Age Group Ci	
47	2:49.24 L	F	Cara Meldrum	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci	
48	2:49.82 L	P	Caitlin Ruane	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci	
49	2:50.34 L	P	Ane' Meier	11	PAC TSH	07/12/2016	NTS Championships 2016	
50	2:50.95 L	P	Ava Rathner	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C	
51	2:51.36 L	F	Jadyn-Lee Joubert	11	AZON ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf	
52	2:51.65 L	P	Annè Sabbagha	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C	
53	2:51.87 L	F	Jane Lewis	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci	
54	2:52.28 L	F	Dominique De Jongh	11	FISH EDD	23/03/2017	SA Level 2 Regional Age Group Ci	
55	2:52.36 L	F	Mikaela Goelst	11	FINS EZD	18/02/2017	MP Age Group 5 - 18 FEBRUARY	
56	2:52.41 L	F	Samantha Mouton	11	HARL BUF	10/02/2017	BCA February Age Group Gala 20	
57*	2:52.75 L	F	Gemma Frank	11	ASA ILD	23/03/2017	SA Level 3 Regional Age Group C	
57*	2:52.75 L	F	Amber Landskron	11	TUKS TSH	03/02/2017	NTS Feb 2017 Age Group Level 3	
59	2:53.16 L	F	Rachel Irvine	11	STPS UMD	04/11/2016	KZN Action Swimming Champs 20	
60	2:53.32 L	F	Izelle Henning	11	BLNE MAN	30/11/2016	FS CHAMPS	
61	2:53.71 L	P	Jessica Reilly	11	WATR JHB	23/03/2017	SA Level 3 Regional Age Group Ci	
62	2:53.79 L	F	Aminah Lindoor	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci	
63	2:54.50 L	F	Jozi Nupen	11	CRSC JHB	18/02/2017	CGA Level 2 last chance gala day	
64	2:55.23 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C	
65	2:56.06 L	F	Jodi Dos Santos	11	LSN NGD	24/02/2017	MPUMALANGA SCHOOL SWIMM	
66	2:56.45 L	F	Courtney Smith	11	AQWO CPT	01/12/2016	Western Cape Summer Champion	
67	2:56.48 L	F	Dayna Graham	11	NCDST ILD	23/03/2017	SA Level 2 Regional Age Group Ci	
68	2:56.50 L	F	Saffron Tweedie	11	ALBA NMA	23/03/2017	SA Level 3 Regional Age Group C	
69	2:56.59 L	F	Tamryn Olsen	11	AQWO CPT	03/02/2017	Western Cape Jack Currie Champ	
70	2:56.92 L	F	Symone Steyn	11	LBSL NMD	03/02/2017	NW Schools Swimming Champion	
71	2:57.02 L	F	Madison Irvine	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala	
72	2:57.22 L	F	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional Age Group Ci	
73	2:57.37 L	F	Kelly Sparg	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C	
74	2:57.60 L	F	Tumé van Niekerk	11	MRLS KKD	03/02/2017	NW Schools Swimming Champion	
75	2:57.95 L	F	Jodi Wilson	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci	
76	2:58.46 L	F	Bianca Ribeiro	11	RFA TSH	02/12/2016	2016 The Tshwane Mayoral Gala	
77	2:58.56 L	F	Manaal Omar	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci	
78	2:58.58 L	F	Amber Lewis	11	NDSA ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf	
79	2:58.73 L	P	Kayci Petzer	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group Ci	
80	2:58.87 L	F	Theola McDonald	11	CUR MPD	24/02/2017	MPUMALANGA SCHOOL SWIMM	
81	2:58.91 L	F	Juliette Nel	11	TYGE CPT	03/02/2017	Western Cape Jack Currie Champ	
82	2:59.14 L	F	Lucy Friedenthal	11	UNI EZD	23/03/2017	SA Level 2 Regional Age Group Ci	
83	2:59.49 L	F	Zelmarie Levin	11	TTNS SDD	23/03/2017	SA Level 2 Regional Age Group Ci	
84	3:00.02 L	F	Rachel Webb	11	HARL BUF	23/03/2017	SA Level 2 Regional Age Group Ci	
85	3:01.03 L	F	Kaylee Swartz	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C	
86	3:01.10 L	F	Nirvana Borrageiro	11	SGUL ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf	
87	3:01.34 L	F	Helena du Toit	11	BLUO UGD	24/02/2017	KZN Speedo Level 2 Provincial Cf	
88	3:01.74 L	P	Ellene Scholtz	11	AQU ADJ	23/03/2017	SA Level 3 Regional Age Group C	
89	3:01.79 L	P	Zodea Jacobie	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
90	3:01.99 L	F	Ennes Zietsman	11	PSC TSH	25/11/2016	NTS November 2016 Age Group C	
91	3:02.43 L	F	Ashley Jv Vuuren	11	HSFM LP	27/01/2017	Limpopo School Championships	
92	3:02.71 L	F	Mari Nortje	11	BULS MAN	30/11/2016	FS CHAMPS	
93	3:03.00 L	P	Amy Robson-Garth	11	BOKS EKU	08/12/2016	EGA Championships 2016	
94	3:03.54 L	P	Lara De Beer	11	BENS EKU	31/03/2017	SA Level 2 Regional Age Group Ci	
95	3:03.66 L	F	Jasmine Witthuhn	11	INFA NMA	23/03/2017	SA Level 2 Regional Age Group Ci	
96	3:03.72 L	F	Erin O'Sullivan	11	BLMA CPT	23/03/2017	SA Level 3 Regional Age Group C	
97	3:03.87 L	F	Angel Geel	11	KPS NW	03/02/2017	NW Schools Swimming Champion	
98	3:04.17 L	F	Karla Vogel	11	TKSS WBD	25/11/2016	Limpopo Champs 25-27 Novembe	
99	3:04.75 L	P	Tenique Riekert	11	TUKS TSH	31/03/2017	SA Level 2 Regional Age Group Ci	
100	3:05.28 L	F	Melindie van Rensburg	11	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016	
101	3:05.62 L	F	Olwethu Ndlovu	11	UMSH ETH	22/10/2016	eThekweni Age Group Gala 7	
102	3:05.69 L	P	Thalia Farrell	11	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
103	3:06.01 L	F	Dhiya Pillay	11	ACSA ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf	

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
104	3:06.30	L	F	Kaela Viljoen	11	MDOL	JHB 28/01/2017 CGA Level 3-SANJ Last Chance g
105	3:06.71	L	F	Josi Arnold	11	HARL	BUF 23/03/2017 SA Level 2 Regional Age Group Ci
106	3:07.09	L	F	Amy Marnitz	11	LSKP	WB 27/01/2017 Limpopo School Championships
107	3:08.62	L	P	Kelsey Kemp	11	NEWS	ADJ 23/03/2017 SA Level 2 Regional Age Group Ci
108	3:09.35	L	F	Heidri de Jager	11	RBOT	BPD 08/12/2016 NWS Championships 2016/2017
109	3:09.59	L	P	Zoe Terblanche	11	DYNA	TSH 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
110	3:09.75	L	P	Kirsten Storm	11	LINR	JHB 31/03/2017 SA Level 2 Regional Age Group Ci
111	3:10.47	L	F	Nirene van der Watt	11	PARYS	FDD 14/01/2017 Fezile Dabi Age Group Gala
112	3:10.71	L	P	Keila Manthe	11	PSC	TSH 31/03/2017 SA Level 2 Regional Age Group Ci
113	3:11.23	L	F	Chloe Vd Merwe	11	ASA	CPT 23/03/2017 SA Level 2 Regional Age Group Ci
114	3:11.30	L	F	Cara Ralfe	11	SEAL	UMD 18/02/2017 Ethekwini Age Group Gala 10
115	3:11.82	L	F	Tsebiso Neduvhuledza	11	UNIM	NGD 18/02/2017 MP Age Group 5 - 18 FEBRUARY
116	3:12.55	L	F	Liya Venter	11	BLMA	CPT 03/02/2017 Western Cape Jack Currie Champ
117	3:12.68	L	P	Carlia Nel	11	TKSS	WBD 31/03/2017 SA Level 2 Regional Age Group Ci
118	3:12.78	L	P	Morgan Corns	11	ESP	EKU 31/03/2017 SA Level 2 Regional Age Group Ci
119	3:13.27	L	F	Thinica Mc Anda	11	FAAC	FBD 23/03/2017 SA Level 2 Regional Age Group Ci
120	3:13.36	L	F	Lesedi Thunzi	11	HARL	BUF 30/09/2016 Aquabear Invitational Meet
121	3:13.98	L	F	Kameron salis	11	WATR	JHB 18/02/2017 CGA Level 2 last chance gala day
122	3:15.04	L	F	Cara Botha	11	HARB	BPD 08/12/2016 NWS Championships 2016/2017
123	3:15.10	L	F	Alexia Greyling	11	UNIQ	JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
124	3:16.23	L	F	Bianke Pienaar	11	PARYS	FDD 14/01/2017 Fezile Dabi Age Group Gala
125	3:17.09	L	F	Eva Markovic	11	STCON	NW 03/02/2017 NW Schools Swimming Champion
126	3:17.82	L	F	Tayba Sallie	11	LINR	JHB 18/02/2017 CGA Level 2 last chance gala day
127	3:18.44	L	F	Julia Davies	11	MDOL	JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
128	3:19.00	L	F	Nurul-Huda Samaai	11	MARL	CPT 20/08/2016 Western Cape Summer 1
129	3:19.08	L	F	Lia Kotze	11	ROA	EDD 04/11/2016 Freda Barnard Gala 35
130	3:19.22	L	F	Emily Tyldesley	11	MCS	NW 03/02/2017 NW Schools Swimming Champion
131	3:19.67	L	F	Li Mc Quire	11	ISSC	NMD 08/12/2016 NWS Championships 2016/2017
132	3:20.14	L	F	Emma Hamman	11	FAAC	FBD 05/01/2017 NCASA Champs 2017
133	3:20.73	L	F	Kean Van Der Vlugt	11	ASA	ILD 04/11/2016 KZN Action Swimming Champs 20
134	3:21.61	L	F	Keira Booth	11	SS	LP 25/11/2016 Limpopo Champs 25-27 Novembe
135	3:21.66	L	F	Deidre Murugan	11	BAYV	ETH 24/02/2017 KZN Speedo Level 2 Provincial Cf
136	3:21.72	L	F	Aaminah Hassan	11	ATLA	JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
137	3:22.36	L	F	Laaigah Goondie	11	SUPE	JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
138	3:22.37	L	F	Elanca Van Jaarsveld	11	PEAS	NMA 11/11/2016 4th A League Gala 2016
139	3:22.61	L	F	Anje Van Papendorp	11	PSC	TSH 02/12/2016 2016 The Tshwane Mayoral Gala
140	3:22.93	L	F	Summer Tucker	11	ELEC	JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
141	3:23.60	L	F	Utah Novello	11	CLSC	WCD 20/08/2016 Western Cape Summer 1
142	3:23.66	L	F	Matundu Banza	11	UNIN	EZD 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
143	3:23.82	L	F	Skylla Schroll	11	MATL	KKD 08/12/2016 NWS Championships 2016/2017
144*	3:24.24	L	F	Njabulo Somthunzi	11	ATLA	JHB 18/02/2017 CGA Level 2 last chance gala day
144*	3:24.24	L	F	Mary-Jane Hasenbroek	11	PAQU	CED 20/08/2016 Western Cape Summer 1
146	3:24.79	L	F	Fatima Khan	11	ATLA	JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
147	3:25.08	L	F	Mikaila Brown	CR	TSSC	ETH 23/09/2016 KZN Speedo Junior Winter Champ
148	3:25.34	L	F	Christine Craven	11	ACT	JHB 18/02/2017 CGA Level 2 last chance gala day
149	3:25.53	L	F	Vianne Nel	11	TUKS	TSH 02/12/2016 2016 The Tshwane Mayoral Gala
150	3:26.52	L	F	Casey-Lee Peters	11	BON	JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
151	3:27.53	L	F	Liya Davids	11	SUPE	JHB 18/02/2017 CGA Level 2 last chance gala day
152	3:27.91	L	F	Tendani Mukhithi	11	SWAG	KKD 08/12/2016 NWS Championships 2016/2017
153	3:28.54	L	F	Ruby James	11	RIV	MP 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
154	3:28.68	L	P	Tonya Muller	11	CARN	EKU 08/12/2016 EGA Championships 2016
155	3:28.86	L	F	Lara Botha	11	PAQU	CED 20/08/2016 Western Cape Summer 1
156	3:29.00	L	F	Yasmeen Moolla	11	NCDST	ILD 06/08/2016 eThekwini Age Group Gala 4
157	3:29.72	L	F	Tessa Van Heyningen	11	SS	LP 25/11/2016 Limpopo Champs 25-27 Novembe
158	3:32.11	L	F	Atiyyah Valli	11	ATLA	JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
159	3:32.89	L	F	Emma Terblanche	11	PRKA	PSD 05/01/2017 NCASA Champs 2017
160	3:33.35	L	F	Kiersten Paulse	11	XSAQ	CPT 20/08/2016 Western Cape Summer 1
161	3:33.36	L	F	Nicole Whitfield	11	RBOT	BPD 29/10/2016 NWS Age Group 2 1617
162	3:33.70	L	F	Rone' vd Merwe	11	UPTS	ZMD 25/11/2016 NCASA Age Group 3 Upington 20

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
163	3:34.53 L	F	Charlize De Villiers	11	PRKA PSD	23/03/2017	SA Level 2 Regional Age Group Ci
164	3:37.05 L	F	Isabella Fouche	11	ACT JHB	18/02/2017	CGA Level 2 last chance gala day
165	3:37.76 L	F	Nicole Schoeman	11	LSJM SK	27/01/2017	Limpopo School Championships
166	3:38.06 L	F	Cara Smook	11	BLNE MAN	01/10/2016	Seals Gala
167	3:38.46 L	F	Hayley Swanepoel	11	PER JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
168	3:39.36 L	F	Zoe Stock	11	ESP EKU	21/01/2017	EGA Summer 4
169	3:40.26 L	F	Caitlyn Martin	11	WATR JHB	15/10/2016	CGA Level 2 gala No 2
170	3:40.89 L	F	Olivia Drewett	11	UNIC MP	27/01/2017	Limpopo School Championships
171	3:45.06 L	F	Zoe Viljoen	11	PEAS NMA	04/02/2017	Uitenhage Swimming Club Gala 20
172	3:47.15 L	F	Sharike Rossouw	11	KALA JTD	21/01/2017	4 + 1 Gala Trials Kathu
173	3:47.38 L	F	Deidre Kessler	11	USC BUF	30/09/2016	Aquabear Invitational Meet
174	3:47.58 L	F	Arya Shukla	11	TRIDE ETH	06/08/2016	eThekwini Age Group Gala 4
175	3:49.19 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe
176	3:49.75 L	P	Nombulelo Masike	11	TTNS SDD	27/06/2016	Sasol National Championship 2016
177	3:49.78 L	F	Lisamey Nel	11	PPPS BPD	03/02/2017	NW Schools Swimming Champion
178	3:55.52 L	F	Amahle Nkwanyana	11	TMAC ETH	25/11/2016	KZN TYR Westville Sprints 2016
179	4:03.35 L	F	Jeanne Coetzer	11	UPTS ZMD	11/02/2017	NCASA Age Group 5 UPT2017
180	4:11.65 L	F	Bella Verster	11	LBT EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
181	4:22.93 L	F	Aaminah Ahmed	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
<b>Women 11-11 400 Free</b>							
1	5:11.61 L	F	Mischa King	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
2	5:16.99 L	F	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
3	5:21.64 L	F	Abigail Rululu	11	AQUA BUF	23/03/2017	SA Level 3 Regional Age Group C
4	5:24.61 L	F	Amy Muller	11	PAC TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
5	5:24.91 L	F	Tayla Haslam	11	KLOO ETH	23/03/2017	SA Level 3 Regional Age Group C
6	5:26.39 L	F	Grace Daly	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
7	5:30.42 L	F	Teegan Pio	11	PEAS NMA	23/03/2017	SA Level 3 Regional Age Group C
8	5:31.13 L	F	Tiara Finnis	11	AQUB NMA	02/12/2016	NMBA Championships 2016
9	5:32.56 L	F	Callan Lotter	11	MDOL JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
10	5:32.93 L	F	Helena Prinsloo	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
11	5:34.78 L	F	Morgan Pharoah	11	CSC TSH	16/12/2016	Hamilton Aquatics Winter Long Co
12	5:35.98 L	F	Lara Daling	11	TKSS WBD	23/03/2017	SA Level 3 Regional Age Group Ci
13	5:36.17 L	F	Tammy Greenwood	11	ROA EDD	02/12/2016	NMBA Championships 2016
14	5:36.54 L	F	Tamika Anderson	11	TUKS TSH	07/12/2016	NTS Championships 2016
15	5:37.27 L	F	Skye Da Fonseca-Hattingh	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
16	5:37.55 L	F	Danielle Davidson	11	ACSA ETH	03/07/2016	eThekwini Age Group Gala 3
17	5:41.82 L	F	Summer Croucamp	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
18	5:42.11 L	F	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
19	5:48.18 L	F	Samantha Mouton	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
20	5:49.81 L	F	Caroline Cress	11	WALM CPT	01/12/2016	Western Cape Summer Champion
21	5:50.63 L	F	Tyler Hughes	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group Ci
22	5:51.43 L	F	Chloe Gershuny	11	CADO CPT	23/03/2017	SA Level 3 Regional Age Group C
23	5:58.34 L	F	Miche Johns	11	BLNE MAN	30/11/2016	FS CHAMPS
24	5:58.58 L	F	Jadyn-Lee Joubert	11	AZON ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
25	6:03.97 L	F	Lara Groenewald	11	AQU ADJ	23/03/2017	SA Level 3 Regional Age Group C
26	6:04.23 L	F	Roslyn Joseph	11	DDA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
27	6:05.40 L	F	Marli Van Lierop	11	ASA CPT	18/11/2016	Western Cape Summer QF2
28	6:06.32 L	F	Jada Coetzee	11	FISH EDD	26/11/2016	Eden LC Champs 2016
29	6:12.98 L	F	Annè Sabbagha	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
30	6:22.64 L	F	Aminah Lindoor	11	AQUB NMA	30/09/2016	Aquabear Invitational Meet
31	6:22.78 L	F	Theola McDonald	11	CSA EZD	25/11/2016	Mpumalanga Championships 2016
32	6:25.20 L	F	Jessica Reilly	11	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
33	6:28.71 L	F	Angel Geel	11	KPS NW	03/02/2017	NW Schools Swimming Champion
34	6:29.83 L	F	Rachel Groepes	11	WSAA CPT	15/10/2016	Western Cape Summer 3
35	6:31.68 L	F	Zelmarie Levin	11	TTNS SDD	18/02/2017	EGA Summer 5 Gala
36	6:32.00 L	F	Ashley Jv Vuuren	11	HSFM LP	27/01/2017	Limpopo School Championships
37	6:35.33 L	F	Izelle Henning	11	BLNE MAN	30/11/2016	FS CHAMPS
38	6:36.60 L	F	Jodi Wilson	11	AQUB NMA	02/12/2016	NMBA Championships 2016
39	6:37.82 L S	F	Jasmine Witthuhn	11	INFA NMA	14/01/2017	5th A League Gala 2017



## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
40*	6:38.14	L	F	Jenny Zhang	11	MITCH CC	27/01/2017 Limpopo School Championships
40*	6:38.14	L	F	Ennes Zietsman	11	PSC TSH	21/10/2016 NTS October 2016 Age Group Gal
42	6:38.34	L	F	Rachel Webb	11	HARL BUF	02/12/2016 BCA Championships 2016
43	6:38.56	L	F	Josi Arnold	11	HARL BUF	10/02/2017 BCA February Age Group Gala 20
44	6:40.06	L	F	Holly Brickles	11	VINE CPT	23/03/2017 SA Level 3 Regional Age Group C
45	6:46.63	L	F	Helena du Toit	11	BLUO UGD	24/02/2017 KZN Speedo Level 2 Provincial Cf
46	6:59.50	L	F	Nirvana Borrageiro	11	SGUL ETH	20/08/2016 eThekwini Age Group Gala 5
47	7:00.24	L	F	Skyla Schroll	11	MATL KKD	08/12/2016 NWS Championships 2016/2017
48	7:02.06	L	F	Kaylee Swartz	11	HARL BUF	13/01/2017 BCA January Age Group Gala 201
49	7:03.67	L	F	Thinica Mc Anda	11	FAAC FBD	10/02/2017 NCASA Age Group 5 KBY 2017
50	7:06.28	L	F	Eva Markovic	11	MATL KKD	15/10/2016 NWS Age Group 1 1617
51	7:15.51	L	F	Emma Hamman	11	FAAC FBD	05/01/2017 NCASA Champs 2017
52	7:23.52	L	F	Dominique De Jongh	11	FISH EDD	15/10/2016 EDEN 1st A-League Gala 2016
53	8:14.82	L	F	Lisamey Nel	11	PPPS BPD	03/02/2017 NW Schools Swimming Champion
<b>Women 11-11 800 Free</b>							
1	11:48.42	L S	F	Tiara Finnis	11	AQUB NMA	10/02/2017 6th A League Gala 2017
2	12:15.88	L	F	Abigail Rululu	11	AQUA BUF	05/11/2016 BCA Nov Age Group Gala 2016
<b>Women 11-11 1500 Free</b>							
1	25:41.39	L	F	Holly Brickles	11	VINE CPT	03/02/2017 Western Cape 1500 Gala 2017
<b>Women 11-11 50 Back</b>							
1	35.18	L	P	Amy Muller	11	PAC TSH	23/03/2017 SA Level 3 Regional Age Group Ci
2	36.06	L	F	Chloe Gershuny	11	CADO CPT	23/03/2017 SA Level 3 Regional Age Group C
3	36.09	L	P	Ane' Meier	11	GDE	10/04/2017 SA Schools Swimming Champions
4	36.58	L	F	Kairah George	11	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
5	36.87	L	F	Abigail Rululu	11	AQUA BUF	27/01/2017 BCA 2nd January Age Group Gala
6	36.96	L	F	Samantha Mouton	11	HARL BUF	23/03/2017 SA Level 3 Regional Age Group C
7	37.01	L	P	Tamika Anderson	11	TUKS TSH	23/03/2017 SA Level 3 Regional Age Group Ci
8	37.32	L	F	Callan Lotter	11	MDOL JHB	08/12/2016 EGA Championships 2016
9	37.41	L	F	Tayla Haslam	11	KLOO ETH	23/03/2017 SA Level 3 Regional Age Group C
10	37.56	L	F	Danielle Davidson	11	ACSA ETH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
11	37.66	L	F	Emma Lacey	11	BCA BUF	07/01/2017 EDEN INTERPROVINCIAL 2017
12	37.70	L	P	Christine Wessels	11	HASC JHB	23/03/2017 SA Level 3 Regional Age Group Ci
13	37.72	L	F	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017 SA Level 3 Regional Age Group Ci
14*	37.81	L	F	Lara Daling	11	LIMSC LP	10/04/2017 SA Schools Swimming Champions
14*	37.81	L	P	Tammy Greenwood	11	ROA EDD	23/03/2017 SA Level 3 Regional Age Group C
16	37.96	L	F	Amber Olsen	11	BLSS MAN	27/06/2016 Sasol National Championship 2016
17	37.97	L	P	Olivia Kruger	11	ELEC JHB	23/03/2017 SA Level 3 Regional Age Group Ci
18	38.12	L	P	Michaela Dal Medico	11	ELEC JHB	23/03/2017 SA Level 3 Regional Age Group Ci
19	38.20	L	P	Samantha Lowman	11	ELEC JHB	23/03/2017 SA Level 3 Regional Age Group Ci
20	38.47	L	P	Rachel Groepes	11	WSAA CPT	23/03/2017 SA Level 3 Regional Age Group C
21	38.97	L	P	Payton Brink	11	VINE CPT	23/03/2017 SA Level 3 Regional Age Group C
22*	39.05	L	F	Alexia Delicado	11	NWS	07/10/2016 NTS Invitational Gala 2016
22*	39.05	L	P	Skye Da Fonseca-Hattingh	11	RFA TSH	23/03/2017 SA Level 3 Regional Age Group Ci
24	39.07	L	F	Mieke Bornman	11	PAC TSH	31/03/2017 SA Level 2 Regional Age Group Ci
25	39.23	L	P	Ava Rathner	11	WSAA CPT	23/03/2017 SA Level 3 Regional Age Group C
26	39.37	L	F	Tiara Finnis	11	AQUB NMA	02/12/2016 NMBA Championships 2016
27*	39.53	L	F	Milla Drakopoulos	11	BLUO UGD	13/12/2016 KZN Speedo Provincial Champion
27*	39.53	L	F	Miche Johns	11	BLNE MAN	30/11/2016 FS CHAMPS
29	39.54	L	P	Tori Voke	11	VIKI BUF	23/03/2017 SA Level 3 Regional Age Group C
30	39.65	L	F	Izelle Henning	11	BLNE MAN	07/10/2016 Otters Prestige Gala
31*	39.68	L	P	Holly Brickles	11	NWS	10/04/2017 SA Schools Swimming Champions
31*	39.68	L	P	Mischa King	11	PAQU CED	23/03/2017 SA Level 3 Regional Age Group C
33	39.72	L	F	Mikaela Goelst	11	PENP MP	24/02/2017 MPUMALANGA SCHOOL SWIMM
34	39.77	L	P	Summer Croucamp	11	TUKS TSH	23/03/2017 SA Level 3 Regional Age Group Ci
35	39.82	L	P	Liya Venter	11	BLMA CPT	03/02/2017 Western Cape Jack Currie Champ
36	39.84	L	P	Zoe Terblanche	11	RFA TSH	23/03/2017 SA Level 3 Regional Age Group Ci
37	40.03	L	F	Christy Dudas	11	ACSA ETH	25/11/2016 KZN TYR Westville Sprints 2016
38	40.18	L	F	Tarryn Volkwyn	11	INFA NMA	30/09/2016 Aquabear Invitational Meet

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
39	40.19 L	F	Cara Meldrum	11	AQUB NMA	23/03/2017	SA Level 3 Regional	Age Group C	
40	40.33 L	P	Tazmyn Robson	11	TUKS FSH	23/03/2017	SA Level 3 Regional	Age Group Ci	
41	40.47 L	P	Rebecca Leach	11	BOKS EKU	23/03/2017	SA Level 3 Regional	Age Group Ci	
42	40.52 L	P	Caitlin Ruane	11	TUKS FSH	23/03/2017	SA Level 3 Regional	Age Group Ci	
43	40.54 L	F	Amber Lewis	11	NDSA ETH	25/11/2016	KZN TYR Westville	Sprints 2016	
44	40.58 L	F	Taylor Jordaan	11	BEAV ETH	23/03/2017	SA Level 2 Regional	Age Group Ci	
45	40.64 L	F	Kaela Viljoen	11	MDOL JHB	28/01/2017	CGA Level 3-SANJ	Last Chance g	
46	40.76 L	F	Kayla De Wet	11	SOUL EKU	31/03/2017	SA Level 2 Regional	Age Group Ci	
47	40.84 L	P	Nurul-Huda Samaai	11	MARL CPT	23/03/2017	SA Level 3 Regional	Age Group C	
48	40.90 L	F	Jada Coetzee	11	BCA BUF	07/01/2017	EDEN INTERPROVINCIAL	2017	
49	40.93 L	F	Mari Nortje	11	BULS MAN	07/10/2016	Otters Prestige	Gala	
50	41.08 L	F	Dayna Graham	11	NCDST ILD	23/03/2017	SA Level 2 Regional	Age Group Ci	
51	41.19 L	F	Dominique De Jongh	11	BCA BUF	07/01/2017	EDEN INTERPROVINCIAL	2017	
52	41.20 L	F	Kayci Petzer	11	BEAV ETH	24/02/2017	KZN Speedo Level 2	Provincial Cf	
53	41.34 L	P	Tyler Hughes	11	BOKS EKU	23/03/2017	SA Level 3 Regional	Age Group Ci	
54	41.42 L	P	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional	Age Group C	
55	41.56 L	F	Rachel Smith	11	ELEC JHB	28/01/2017	CGA Level 3-SANJ	Last Chance g	
56	41.61 L	P	Simone Banducci	11	ELEC JHB	07/12/2016	NTS Championships	2016	
57	41.62 L	F	Lesedi Thunzi	11	HARL BUF	30/09/2016	Aquabear Invitational	Meet	
58	41.80 L	F	Karla Vogel	11	TKSS WBD	31/03/2017	SA Level 2 Regional	Age Group Ci	
59	41.83 L	F	Teegan Pio	11	LORR	09/12/2016	EC Aquatics Schools	Trials Gala	
60*	41.88 L	P	Kirsten Cottrell	11	AZON ETH	23/03/2017	SA Level 2 Regional	Age Group Ci	
60*	41.88 L	F	Georgia Carstens	11	NWS	07/10/2016	NTS Invitational	Gala 2016	
62	41.93 L	F	Lia Kotze	11	ROA EDD	18/02/2017	Dragons Night	Fury 2017	
63	41.96 L	F	Marii Van Lierop	11	ASA CPT	23/03/2017	SA Level 3 Regional	Age Group C	
64	41.97 L	P	Jodi Dos Santos	11	NSA EZD	13/12/2016	KZN Speedo Provincial	Champion	
65	42.02 L	F	Mbali Burnett	11	USH UHD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP		
66	42.04 L	P	Jozi Nupen	11	CRSC JHB	23/03/2017	SA Level 3 Regional	Age Group Ci	
67	42.16 L	F	Jenna Penney	11	ELEC JHB	25/02/2017	CGA Level 1 Year	End Gala	
68	42.26 L	F	Kiara Johnson	11	NCDST ILD	24/02/2017	KZN Speedo Level 2	Provincial Cf	
69	42.27 L	F	Mieke Oosthuizen	11	LP LP	07/10/2016	NTS Invitational	Gala 2016	
70*	42.35 L	F	Emma Gomes	11	MDOL JHB	15/10/2016	CGA Level 2 gala	No 2	
70*	42.35 L	P	Casey Davids	11	STAD JHB	31/03/2017	SA Level 2 Regional	Age Group Ci	
70*	42.35 L	P	Rachel Guymmer	11	LINR JHB	31/03/2017	SA Level 2 Regional	Age Group Ci	
73	42.39 L	F	Isabella Seale-Mckend	11	OLDE JHB	05/02/2017	CGA Level 2 last	chance gala Day	
74	42.52 L	F	Gemma Frank	11	ASA ILD	25/11/2016	KZN TYR Westville	Sprints 2016	
75	42.53 L	F	Nirene van der Watt	11	NCASA	05/11/2016	Fezile Dabi Inter	Provincial Gala	
76	42.56 L	F	Mary-Jane Hasenbroek	11	CYBE CPT	21/01/2017	WCSAA - Western	Cape Schools	
77	42.57 L	P	Melindie van Rensburg	11	UNI EZD	23/03/2017	SA Level 2 Regional	Age Group Ci	
78	42.62 L	F	Theola McDonald	11	CSA EZD	17/09/2016	MP Xerox Sprint	Gala - 17 Septem	
79	42.63 L	F	Jenna Foster	11	AQUB NMA	30/09/2016	Aquabear Invitational	Meet	
80	42.67 L	P	Zoe Stock	11	ESP EKU	31/03/2017	SA Level 2 Regional	Age Group Ci	
81*	42.68 L	F	Emma Beyers	11	PENP MP	24/02/2017	MPUMALANGA SCHOOL	SWIMM	
81*	42.68 L	F	Thalia Farrell	11	ELEC JHB	05/02/2017	CGA Level 2 last	chance gala Day	
81*	42.68 L	F	Aminah Lindoor	11	AQUB NMA	23/03/2017	SA Level 2 Regional	Age Group Ci	
84	42.69 L	F	Jasmine Witthuhn	11	INFA NMA	23/03/2017	SA Level 2 Regional	Age Group Ci	
85	42.85 L	F	Jaimie Black	11	NCDST ILD	25/11/2016	KZN TYR Westville	Sprints 2016	
86	42.90 L	F	Lara Botha	11	PAQU CED	23/03/2017	SA Level 3 Regional	Age Group C	
87	43.03 L	F	Nirvana Borrageiro	11	SGUL ETH	25/11/2016	KZN TYR Westville	Sprints 2016	
88	43.10 L	F	Emma Hamman	11	FAAC FBD	22/10/2016	Flamingo Gala	2016	
89*	43.14 L	F	Yvonne Mthembu	11	ELEC JHB	15/10/2016	CGA Level 2 gala	No 2	
89*	43.14 L	P	Ennes Zietsman	11	PSC FSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP		
91	43.18 L	P	Gemma Haupt	11	ASA CPT	03/02/2017	Western Cape Jack	Currie Champ	
92	43.23 L	F	Symone Steyn	11	KEIK NMD	08/12/2016	NWS Championships	2016/2017	
93*	43.24 L	F	Madison Irvine	11	TUKS FSH	02/12/2016	2016 The Tshwane	Mayoral Gala	
93*	43.24 L	F	Alexandra Bowyer	11	KLOO ETH	24/02/2017	KZN Speedo Level 2	Provincial Cf	
95	43.27 L	P	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional	Age Group Ci	
96	43.30 L	F	Sarah Banyard	11	TUKS FSH	02/12/2016	2016 The Tshwane	Mayoral Gala	
97	43.38 L	F	Hannah James	11	NCDST ILD	04/11/2016	KZN Action Swimming	Champs 20	

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
98*	43.39 L	F	Melissa Martens	11	STPS UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf	
98*	43.39 L	F	Lara Groenewald	11	AQU ADJ	25/11/2016	KZN TYR Westville Sprints 2016	
100	43.41 L	P	Mia Uys	11	PSC FSH	31/03/2017	SA Level 2 Regional Age Group Ci	
101*	43.43 L	P	Jessica Reilly	11	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP	
101*	43.43 L	F	Alyssa Pretorius	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C	
103	43.44 L	P	Grace Daley	11	WSTV ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP	
104	43.46 L	P	Lara Gouws	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ	
105	43.47 L	F	Tenique Riekert	11	TUKS FSH	18/02/2017	EGA Summer 5 Gala	
106	43.58 L	F	Anje Van Papendorp	11	PSC FSH	18/11/2016	NTS November 2016 Age Group L	
107	43.64 L	F	Eva Markovic	11	WSAA CPT	18/02/2017	NWS District Development Champ	
108	43.72 L	P	Skyla Schroll	11	MATL KKD	31/03/2017	SA Level 2 Regional Age Group Ci	
109	43.74 L	F	Jenna De Jongh	11	SGUL ETH	12/11/2016	eThekwini Age Group Gala 8	
110	43.76 L	P	Nicola Harcus	11	ELEC JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP	
111	43.78 L	P	Tayba Sallie	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
112	43.85 L	F	Ellene Scholtz	11	AQU ADJ	25/11/2016	KZN TYR Westville Sprints 2016	
113	43.89 L	F	Jane Lewis	11	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C	
114	43.90 L	F	Nicole Whitfield	11	WSAA CPT	18/02/2017	NWS District Development Champ	
115	43.94 L	F	Courtney Smith	11	AQWO CPT	04/11/2016	Freda Barnard Gala 35	
116	44.04 L	P	Keila Manthe	11	PSC FSH	31/03/2017	SA Level 2 Regional Age Group Ci	
117	44.07 L	P	Kirsten Storm	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
118	44.08 L	F	Rebecca Macquet	11	AZON ETH	22/10/2016	eThekwini Age Group Gala 7	
119	44.18 L	F	Erin O'Sullivan	11	BLMA CPT	23/03/2017	SA Level 2 Regional Age Group Ci	
120*	44.29 L S	F	Kelly Williamson	11	INFA NMA	10/02/2017	6th A League Gala 2017	
120*	44.29 L	P	Kameron salis	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
122	44.31 L	F	Manaal Omar	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci	
123*	44.32 L	P	Amy Robson-Garth	11	BOKS EKU	08/12/2016	EGA Championships 2016	
123*	44.32 L	P	Helena Prinsloo	11	PAQU CED	01/12/2016	Western Cape Summer Champion	
125	44.41 L	P	Li Mc Quire	11	ISSC NMD	31/03/2017	SA Level 2 Regional Age Group Ci	
126	44.42 L	P	Alexa De Villiers	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ	
127	44.43 L	F	Amy Marnitz	11	LSKP WB	27/01/2017	Limpopo School Championships	
128	44.46 L	F	Emma Crookes	11	KLOO ETH	02/09/2016	KZN Beavers Winter LongCourse	
129	44.47 L	F	Josi Arnold	11	HARL BUF	23/03/2017	SA Level 2 Regional Age Group Ci	
130	44.50 L	F	Rachel Irvine	11	STPS UMD	02/09/2016	KZN Beavers Winter LongCourse	
131	44.51 L	F	Morgan Corns	11	ESP EKU	05/02/2017	CGA Level 2 last chance gala Day	
132	44.53 L	F	Lucy Friedenthal	11	UNIN EZD	18/02/2017	MP Age Group 5 - 18 FEBRUARY	
133	44.57 L	F	Bianke Pienaar	11	PARYS FDD	02/02/2017	NFS PRIMARY SCHOOLS	
134	44.60 L	P	Annette Greyling	11	AA JHB	23/03/2017	SA Level 3 Regional Age Group Ci	
135	44.65 L	F	Elanca Van Jaarsveld	11	LORR	09/12/2016	EC Aquatics Schools Trials Gala	
136	44.69 L	F	Juane Kruger	11	GZSA FSH	02/12/2016	2016 The Tshwane Mayoral Gala	
137*	44.76 L	P	Lara De Beer	11	BENS EKU	08/12/2016	EGA Championships 2016	
137*	44.76 L	F	Thinica Mc Anda	11	FAAC FBD	05/01/2017	NCASA Champs 2017	
139	44.78 L	F	Amelie Coetzee	11	LSKP WB	27/01/2017	Limpopo School Championships	
140	44.80 L	F	Amber Warr	11	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf	
141	44.84 L	P	Larique Joubert	11	TASC LP	31/03/2017	SA Level 2 Regional Age Group Ci	
142	44.87 L	F	Roslyn Joseph	11	DDA FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala	
143	44.88 L	F	Danielle Joubert	11	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group Ci	
144	44.89 L	P	Carlia Nel	11	TKSS WBD	31/03/2017	SA Level 2 Regional Age Group Ci	
145	44.90 L	F	Jodi Wilson	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci	
146	45.01 L	F	Julia Volschenk	11	GZSA FSH	18/11/2016	NTS November 2016 Age Group L	
147	45.06 L	F	Jade Steyn	11	TRIDE ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf	
148	45.11 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C	
149*	45.12 L	F	Alexandra Caldwell	11	SASE JHB	29/10/2016	CGA Level 3/SANJ Gala No 2	
149*	45.12 L	F	Utah Novello	11	CLSC WCD	23/03/2017	SA Level 2 Regional Age Group Ci	
151	45.15 L	P	Celine Hamman	HR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Ci	
152	45.17 L	F	Saffron Tweedie	11	ALBA NMA	04/02/2017	Uitenhage Swimming Club Gala 2016	
153	45.18 L	F	Noa Garnett	11	NCDST ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf	
154	45.22 L	F	Skye Lang	11	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day	
155	45.36 L	P	Nicole Bantom	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ	
156	45.37 L	F	Rachel Webb	11	HARL BUF	05/11/2016	BCA Nov Age Group Gala 2016	

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
157	45.49	L	P	Cara Ralfe	11	SEAL	UMD	23/03/2017	SA Level 3 Regional Age Group C
158	45.52	L	F	Ami Pirie	11	UWCA	CPT	23/03/2017	SA Level 3 Regional Age Group C
159	45.54	L	F	Janke Fourie	11	PAC	FSH	02/12/2016	2016 The Tshwane Mayoral Gala
160	45.55	L	P	Simone' Pretorius	11	PAC	FSH	31/03/2017	SA Level 2 Regional Age Group C
161	45.59	L	F	Angel Geel	11	KDOR	KKD	08/12/2016	NWS Championships 2016/2017
162	45.64	L	F	Ashley Brown	11	TTNS	SDD	18/02/2017	EGA Summer 5 Gala
163	45.68	L	P	Tamryn Olsen	11	AQWO	CPT	03/02/2017	Western Cape Jack Currie Champ
164	45.74	L	F	Gabriëlle Nieuwoudt	11	CUDU	CPT	18/02/2017	Western Cape Qualify Gala 3
165	45.77	L	F	Caitlyn Fish	11	SODO	JHB	05/02/2017	CGA Level 2 last chance gala Day
166	45.84	L	F	Heidri de Jager	11	RBOT	BPD	08/12/2016	NWS Championships 2016/2017
167	45.86	L	F	Jessica Law	11	ESTR	EKU	11/03/2017	SA Level 1 Provincial Age Group Ch
168	45.95	L	P	Helena du Toit	11	BLUO	UGD	23/09/2016	KZN Speedo Junior Winter Champ
169	45.98	L	F	Amber Landskron	11	TUKS	FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
170	45.99	L	P	Meghan Rawson	11	VINE	CPT	03/02/2017	Western Cape Jack Currie Champ
171	46.11	L	F	Luane Janssen	11	GZSA	FSH	18/11/2016	NTS November 2016 Age Group L
172	46.12	L	F	Cara Smook	11	JASK	FBD	14/02/2017	Inter Primary
173	46.15	L	F	Cara Botha	11	GHSL	NW	03/02/2017	NW Schools Swimming Champion
174	46.23	L	F	Rone' vd Merwe	11	UPTS	ZMD	09/12/2016	NCASA Sprints 2016
175	46.26	L	F	Christine Craven	11	ACT	JHB	05/02/2017	CGA Level 2 last chance gala Day
176	46.29	L	F	Welne Pretorius	11	AQU	ADJ	23/03/2017	SA Level 2 Regional Age Group C
177	46.35	L	P	Alexia Greyling	11	UNIQ	JHB	08/12/2016	EGA Championships 2016
178	46.43	L	F	Lara Buchner	11	CUR	EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
179*	46.45	L	F	Zodea Jacobie	11	SUPE	JHB	05/02/2017	CGA Level 2 last chance gala Day
179*	46.45	L	P	Izaan Scheepers	HN	PSA	ZLD	23/03/2017	SA Level 2 Regional Age Group C
181	46.48	L	F	Cara Van Der Bijl	11	BLNE	MAN	07/10/2016	Otters Prestige Gala
182	46.51	L	F	Kelly Sparg	11	HARL	BUF	24/06/2016	PEA Winter Gala 2016
183	46.54	L	F	Julia Davies	11	MDOL	JHB	10/09/2016	Adrian Grafe Memorial Gala 2016
184	46.55	L	F	Annè Sabbagha	11	ASA	CPT	18/11/2016	Western Cape Summer QF2
185	46.58	L	P	Ashley Jv Vuuren	11	ELRAS	LP	31/03/2017	SA Level 2 Regional Age Group C
186	46.59	L	F	Ankia Uys	FR	PSA	ZLD	28/01/2017	Ushaka Championship Gala 2017
187	46.60	L	F	Chloe Vd Merwe	11	ASA	CPT	23/03/2017	SA Level 3 Regional Age Group C
188	46.65	L	F	Dhiya Pillay	11	ACSA	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
189	46.66	L	F	Caitlyn Martin	11	WATR	JHB	15/10/2016	CGA Level 2 gala No 2
190	46.76	L	P	Alexis Jaide Morrison-Goate	11	AA	JHB	08/12/2016	EGA Championships 2016
191	46.86	L	F	Skye Westerhuis	11	CYBE	CPT	23/03/2017	SA Level 2 Regional Age Group C
192	46.95	L	F	Kaylee Swartz	11	HARL	BUF	23/03/2017	SA Level 3 Regional Age Group C
193	46.96	L	F	Kayla Tully	11	TRIDE	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
194*	47.09	L	P	Raphaëlia Ioannou	11	MDOL	JHB	31/03/2017	SA Level 2 Regional Age Group C
194*	47.09	L	F	Tinaye Muchandingona	11	MITCH	CC	27/01/2017	Limpopo School Championships
196	47.10	L	F	Nicola Hartman	11	RFA	FSH	18/11/2016	NTS November 2016 Age Group L
197	47.19	L	F	Njabulo Somthunzi	11	ATLA	JHB	05/02/2017	CGA Level 2 last chance gala Day
198	47.23	L	F	Anmi Esbach	11	GHSL	NW	03/02/2017	NW Schools Swimming Champion
199	47.45	L	P	Maddison Griffin	11	SOUL	EKU	08/12/2016	EGA Championships 2016
200	47.50	L	F	Tumé van Niekerk	11	MRLS	KKD	03/02/2017	NW Schools Swimming Champion
201	47.53	L	F	Julia Ristow	11	USC	BUF	23/03/2017	SA Level 2 Regional Age Group C
202	47.58	L	F	Talitha du Preez	11	NCASA		05/11/2016	Fezile Dabi Inter Provincial Gala
203*	47.59	L	P	Reabetswe Phume	11	AA	JHB	16/12/2016	Vita-thion CGA Open LC Champs
203*	47.59	L	F	Kacey Stumke	11	STDOM	FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
205	47.60	L	F	Mia Van der Mescht	11	BULS	MAN	05/11/2016	Mangaung Aquatics Gala
206	47.62	L	F	Fatima Khan	11	ATLA	JHB	11/03/2017	SA Level 1 Provincial Age Group Ch
207	47.66	L	F	Jorja Botes	11	ELEC	JHB	25/02/2017	CGA Level 1 Year End Gala
208	47.68	L	F	Kaylin Lea Rosendorff	11	STDOM	FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
209	47.71	L	P	Irene Ioannou	11	MDOL	JHB	31/03/2017	SA Level 2 Regional Age Group C
210*	47.78	L	F	Isabella Reynolds	11	ELEC	JHB	25/02/2017	CGA Level 1 Year End Gala
210*	47.78	L	F	Olivia Ralfe	11	RIV	MP	03/02/2017	MP Age Group 4 - 3 & 4 February
212	47.83	L	F	Mikaila Brown	CR	TSSC	ETH	25/11/2016	KZN TYR Westville Sprints 2016
213	47.85	L	F	Tatumn Tonkin	11	ONYX	EKU	10/09/2016	Adrian Grafe Memorial Gala 2016
214	47.89	L	F	Tessa Van Heyningen	11	SS	LP	25/11/2016	Limpopo Champs 25-27 Novembe
215	47.91	L	F	Sesame Masibi	11	DDA	FSH	21/01/2017	EGA Summer 4

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
216	47.92 L	F	Nina Evans	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
217	47.95 L	F	Nombulelo Masike	11	TTNS SDD	24/09/2016	EGA Summer 1
218	47.99 L	F	Summer Tucker	11	ELEC JHB	15/10/2016	CGA Level 2 gala No 2
219	48.06 L	F	Jadyn-Lee Joubert	11	AZON ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
220	48.09 L	F	Refilwelethabo Molepo	11	GHSK FBD	21/01/2017	4 + 1 Gala Trials Kimberley
221	48.14 L	F	Kimberley Howes	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
222	48.19 L	F	Liya Davids	11	SUPE JHB	05/02/2017	CGA Level 2 last chance gala Day
223	48.25 L	F	Kean Van Der Vlugt	11	ASA ILD	25/11/2016	KZN TYR Westville Sprints 2016
224	48.27 L	F	Erin Foster	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
225	48.31 L	F	Carmia Hartman	11	RFA TSH	16/09/2016	NTS September 2016 Age Group
226	48.38 L	F	Tiya Bhika	11	ELEC JHB	05/02/2017	CGA Level 2 last chance gala Day
227	48.41 L	F	Khensany Khosana	11	WELA FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
228	48.46 L	F	Emily Tyldesley	11	MCS NW	03/02/2017	NW Schools Swimming Champion
229	48.47 L	F	Hayley Swanepoel	11	PER JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
230	48.55 L	P	Tonya Muller	11	CARN EKU	08/12/2016	EGA Championships 2016
231	48.57 L	F	Arya Shukla	11	TRIDE ETH	25/11/2016	KZN TYR Westville Sprints 2016
232	48.73 L	F	Katrijn Roefs	11	PSC TSH	16/09/2016	NTS September 2016 Age Group
233	49.23 L	P	Erin-Paige Longhurst	11	ESP EKU	08/12/2016	EGA Championships 2016
234	49.26 L	F	Amy Van Breda	11	VINE CPT	12/11/2016	Western Cape Summer 4
235	49.28 L	F	Cleo Cunningham	11	PIRAN BUF	10/02/2017	BCA February Age Group Gala 20
236	49.29 L	F	Kaylee Mc Laren	11	USH UHD	28/01/2017	Ushaka Championship Gala 2017
237	49.35 L	F	Armani vd Merwe	11	PWC CED	03/02/2017	NW Schools Swimming Champion
238	49.39 L	F	Megan Mulkay	11	TUKS TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
239	49.40 L	F	Cloe Cunningham	11	PIRAN BUF	10/02/2017	BCA February Age Group Gala 20
240	49.43 L	F	Sophia Kerr	11	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
241	49.57 L	F	Sophia Stegmann	11	MDOL JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
242	49.65 L	F	Courtney Linke	11	HARL BUF	02/12/2016	BCA Championships 2016
243	49.77 L	F	Marteli Pieters	11	PAC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
244	49.83 L	F	Deidre Kessler	11	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
245	49.84 L	F	Olwethu Ndlovu	11	UMSH ETH	22/10/2016	eThekwini Age Group Gala 7
246	49.88 L	F	Siphokazi Lockett	11	BEST NMA	23/03/2017	SA Level 2 Regional Age Group Ci
247	49.94 L	F	Catriona Wittstock	11	ONYX EKU	11/03/2017	SA Level 1 Provincl Age Group Ch
248*	50.01 L	F	Tsebisu Neduvhuledza	11	UNI-M NGD	17/09/2016	MP Xerox Sprint Gala - 17 Septerr
248*	50.01 L	F	Joleen Alves	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
250	50.18 L	F	Janell Khosa	11	PAC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
251*	50.19 L	F	Nawaal Mia	11	MDOL JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
251*	50.19 L	F	Sadie Tolken	11	SODO JHB	15/10/2016	CGA Level 2 gala No 2
253	50.25 L	F	Laaiqah Goondie	11	SUPE JHB	05/02/2017	CGA Level 2 last chance gala Day
254	50.32 L	P	Christina Sauerman	11	SGUL ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
255	50.51 L	F	Jodi Hobson	11	DSG	09/12/2016	EC Aquatics Schools Trials Gala
256*	50.52 L	F	Sophie De Kock	11	AZON ETH	02/09/2016	KZN Beavers Winter LongCourse
256*	50.52 L	F	Claire Klinkert	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
258	50.63 L	F	Emma Wiggins	11	TUKS TSH	16/09/2016	NTS September 2016 Age Group
259	50.66 L	F	Kiersten Paulse	11	XSAQ CPT	18/02/2017	Western Cape Qualify Gala 3
260	50.67 L	F	Keira Booth	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
261	50.69 L	P	Zelmarie Levin	11	TTNS SDD	08/12/2016	EGA Championships 2016
262	50.77 L	F	Hannah Bridge	11	KNYD EDD	30/09/2016	Aquabear Invitational Meet
263	50.85 L	F	Kaylin Oelschig	11	BLOT MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
264	51.13 L	F	Marie-Louise Rose	11	BOKS EKU	18/02/2017	EGA Summer 5 Gala
265	51.23 L	F	Lesedi Motloung	11	BLNE MAN	30/11/2016	FS CHAMPS
266	51.26 L	F	Jana Naude	11	USH UHD	14/01/2017	Uthungulu District January Age Gr
267	51.34 L	F	Lindsay Mc Manus	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
268	51.54 L	F	Tendani Mukhithi	11	SWAG KKD	14/01/2017	NWS Age Group 4 1617
269	51.67 L	F	Casey-Lee Peters	11	BON JHB	05/02/2017	CGA Level 2 last chance gala Day
270	51.73 L	F	Carike Jansen	11	TUKS TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
271	51.78 L	F	Caylyn Powell	11	BLOT MAN	17/09/2016	Otters Charity Gala
272	51.99 L	F	Laiqa Ally	11	LENA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
273	52.10 L	F	Nicole Schoeman	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe
274	52.22 L	F	Erin Heydricks	11	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
275	52.40 L	F	Sharike Rossouw	11	KALA JTD	05/01/2017	NCASA Champs 2017
276	52.44 L	F	Zara Greenwood	11	CRSC JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
277	52.52 L	F	Aaminah Hassan	11	ATLA JHB	25/02/2017	CGA Level 1 Year End Gala
278	52.58 L	F	Atiyah Valli	11	ATLA JHB	25/02/2017	CGA Level 1 Year End Gala
279	52.68 L	F	Bianca Ribeiro	11	RFA TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
280	52.83 L	F	Lené Lavarack	11	JASK FBD	21/01/2017	4 + 1 Gala Trials Kimberley
281	52.99 L	F	Matundu Banza	11	UNI-N EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
282	53.10 L	F	Camrin Cloete	11	PAQU CED	18/11/2016	Western Cape Summer QF2
283*	53.13 L	F	Danielle Webster	11	RFA TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
283*	53.13 L	F	Lara Kent	11	PFWA JHB	25/02/2017	CGA Level 1 Year End Gala
285	53.15 L	F	Liani Nel	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala
286	53.74 L	F	Nina Pretorius	11	CSC TSH	18/11/2016	NTS November 2016 Age Group L
287	54.06 L	F	Liezl Van Der Berg	11	PAC TSH	18/11/2016	NTS November 2016 Age Group L
288	54.08 L	F	Kyra Meier	11	PRA GSD	25/11/2016	Npumalanga Championships 2016
289	54.10 L	F	Tenieka Greyling	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
290	54.32 L	F	Zoe Viljoen	11	PEAS NMA	11/11/2016	4th A League Gala 2016
291	54.33 L	F	Jessica Landsberg	11	GHSK FBD	18/02/2017	NCASA Age Group 6 KBY 2017
292	54.36 L	F	Rania Gamielien	11	WALM CPT	12/11/2016	Western Cape Summer 4
293	54.39 L	F	Phillipa Tobias	11	MDOL JHB	15/10/2016	CGA Level 2 gala No 2
294	54.42 L	F	Kayleigh Birch	11	GHSK FBD	18/02/2017	NCASA Age Group 6 KBY 2017
295	54.45 L	P	Nakita Da Silva	11	TTNS SDD	08/12/2016	EGA Championships 2016
296*	54.51 L	F	Danica Bishop	11	TTNS SDD	18/02/2017	EGA Summer 5 Gala
296*	54.51 L	F	Kate De Bruyn	11	BLSS MAN	05/11/2016	Mangaung Aquatics Gala
298	54.63 L	F	Tabitha Stegman	11	CSC TSH	18/11/2016	NTS November 2016 Age Group L
299	54.81 L	F	Kaitlyn Immelman	11	ESP EKU	10/09/2016	Adrian Grafe Memorial Gala 2016
300	54.92 L	F	Jeani Naude	11	BULS MAN	01/10/2016	Seals Gala
301	54.95 L	F	Khanimamba Chabalala	11	DDA TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
302	55.01 L	F	Nerine van der Westhuizen	11	PARYS FDD	14/01/2017	Fezile Dabi Age Group Gala
303	55.18 L	F	Emma Terblanche	11	PRKA PSD	22/10/2016	Flamingo Gala 2016
304	55.21 L	F	Catherine Rowan	11	SGUL ETH	02/09/2016	KZN Beavers Winter LongCourse
305	55.39 L	F	Jordan Meyer	11	FISHS EDD	26/11/2016	Eden LC Champs 2016
306	55.68 L	F	Caohme Lalla	11	BEAV ETH	02/09/2016	KZN Beavers Winter LongCourse
307	55.98 L	F	Mandie Steenkamp	11	ELRAS LP	25/11/2016	Limpopo Champs 25-27 Novembe
308	56.00 L	F	Sharné Erasmus	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
309	56.02 L	F	Lisamey Nel	11	RBUR BPD	08/12/2016	NWS Championships 2016/2017
310	56.03 L	F	Somikazi Qwemesha	11	CYBE CPT	12/11/2016	Western Cape Summer 4
311	56.25 L	F	Sarah Byrne	11	LAD JTD	25/11/2016	KZN TYR Westville Sprints 2016
312	56.39 L	F	Kiara Kunneke	11	RFA TSH	11/03/2017	SA Level 1 Provincial Age Group Ch
313	56.43 L	F	Milla Sypkens	11	SGA MAN	19/11/2016	BULL SHARKS DEVELOPMENT (
314	56.44 L	F	Nishke Basson	11	TUKS TSH	18/11/2016	NTS November 2016 Age Group L
315	56.57 L	F	Kara de Wet	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
316	56.59 L	F	Yasmeen Moolla	11	NCDST ILD	02/09/2016	KZN Beavers Winter LongCourse
317	56.70 L	F	Anna Victor	11	GTC EZD	03/02/2017	MP Age Group 4 - 3 & 4 February
318	56.72 L	F	Ané Ferreira	11	POTC KKD	08/12/2016	NWS Championships 2016/2017
319	57.08 L	F	Samantha Schultz	11	RC NG	18/02/2017	MP Age Group 5 - 18 FEBRUARY
320	57.33 L	F	Jeanne Coetzer	11	UPTS ZMD	05/01/2017	NCASA Champs 2017
321	57.49 L	F	Werné Nolte	11	LBT EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
322	57.57 L	F	Laeme Van Rooyen	11	KALA JTD	11/11/2016	Age group 2 2016 Kalahari
323	58.18 L	F	Elani Neethling	11	ELRAS LP	25/11/2016	Limpopo Champs 25-27 Novembe
324	58.31 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe
325	58.45 L	F	Jadyn Marais	11	AA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
326	58.57 L	F	Samantha Grobler	11	KNYD EDD	04/11/2016	Freda Barnard Gala 35
327	58.67 L	F	Charlize De Villiers	11	PRKA PSD	22/10/2016	Flamingo Gala 2016
328	58.70 L	F	Caitlyn Crawford	11	PENG FBD	29/10/2016	Good Hope Swimming Club
329	58.89 L	F	Tamsyn Smith	11	SOUL EKU	21/01/2017	EGA Summer 4
330	58.98 L	F	Abigail Squires	11	FAAC FBD	22/10/2016	Flamingo Gala 2016
331	58.99 L	F	Tamryn Haycock	11	WRP EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
332	59.03 L	F	Anne Vd Spuy	11	OLDE JHB	15/10/2016	CGA Level 2 gala No 2
333	59.90 L	F	Emma Mc Menamin	11	TUKS TSH	18/11/2016	NTS November 2016 Age Group L

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
334	1:00.07 L	F	Sibongile Balada	11	BLNE MAN	02/09/2016	Kovsie Aquatics Gala 2
335	1:00.32 L	F	Amahle Nkwanyana	11	TMAC ETH	25/11/2016	KZN TYR Westville Sprints 2016
336	1:00.35 L	P	Deidre Murugan	11	BAYV ETH	23/09/2016	KZN Speedo Junior Winter Champ
337	1:01.24 L	F	Ester De KOck	11	LSN NGD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
338	1:02.14 L	F	Cerinie Otto	11	PPPS BPD	03/02/2017	NW Schools Swimming Champion
339	1:02.31 L	F	Lindokuhle Maboza	11	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
340	1:02.49 L	F	Karla du Preez	11	MATL KKD	29/10/2016	NWS Age Group 2 1617
341	1:04.38 L	F	Dudueletsang Mekgwe	11	GHSK FBD	22/10/2016	Flamingo Gala 2016
342	1:05.04 L	F	Aaminah Ahmed	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
343	1:05.82 L	F	Lesedi Mahole	11	STCON NW	03/02/2017	NW Schools Swimming Champion
344	1:07.25 L	F	Marie Alberts	11	PRKA PSD	14/10/2016	Age Group 1 2016 Upington
345	1:07.41 L	F	Haylee Nason	11	BON JHB	25/02/2017	CGA Level 1 Year End Gala
346	1:10.13 L	F	Anri Greyling	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
347	1:10.32 L	F	Elza Van Graan	11	SR FBD	09/12/2016	NCASA Sprints 2016
348	1:12.16 L	F	Bella Verster	11	LBT EZD	03/02/2017	MP Age Group 4 - 3 & 4 February
349	1:13.72 L	F	Reabetswe Makgaka	11	TLAC BPD	08/12/2016	NWS Championships 2016/2017
<b>Women 11-11 100 Back</b>							
1	1:17.42 L	F	Amy Muller	11	GDE	17/02/2017	Gauteng Schools Swimming Trials
2	1:18.09 L	F	Ane' Meier	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
3	1:19.06 L	P	Kairah George	11	GDE	10/04/2017	SA Schools Swimming Champions
4	1:19.83 L	F	Tamika Anderson	11	TUKS TSH	07/12/2016	NTS Championships 2016
5	1:19.86 L	F	Abigail Rululu	11	ECA ETH	10/04/2017	SA Schools Swimming Champions
6	1:19.88 L	F	Samantha Mouton	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
7	1:20.02 L	F	Jade-Ann Le Roux	11	GDE	17/02/2017	Gauteng Schools Swimming Trials
8	1:20.42 L	F	Callan Lotter	11	MDOL JHB	07/12/2016	NTS Championships 2016
9	1:20.70 L	F	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
10	1:20.73 L	F	Chloe Gershuny	11	CADO CPT	23/03/2017	SA Level 3 Regional Age Group C
11	1:21.09 L	F	Tammy Greenwood	11	CYBE CPT	21/01/2017	WCSSA - Western Cape Schools
12	1:21.39 L	F	Tayla Haslam	11	KLOO ETH	23/03/2017	SA Level 3 Regional Age Group C
13	1:21.63 L	P	Olivia Kruger	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
14	1:21.92 L	F	Amber Olsen	11	BLSS MAN	09/12/2016	NCASA Sprints 2016
15	1:22.58 L	P	Skye Da Fonseca-Hattingh	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
16	1:22.71 L	P	Christine Wessels	11	HASC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
17	1:23.22 L	F	Emma Lacey	11	BEST NMA	23/03/2017	SA Level 3 Regional Age Group C
18	1:23.29 L	P	Michaela Dal Medico	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
19	1:23.61 L	P	Tori Voke	11	VIKI BUF	23/03/2017	SA Level 3 Regional Age Group C
20	1:23.96 L	F	Tiara Finnis	11	AQUB NMA	02/12/2016	NMBA Championships 2016
21	1:24.74 L	F	Payton Brink	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
22	1:25.14 L	F	Milla Drakopoulos	11	BLUO UGD	23/03/2017	SA Level 2 Regional Age Group Ci
23	1:25.62 L	F	Taylor Jordaan	11	BEAV ETH	14/01/2017	Ethekwini Age Group 9
24	1:25.64 L	P	Mischa King	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
25	1:25.72 L	P	Rachel Groepes	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
26	1:25.86 L	F	Samantha Lowman	11	ELEC JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
27	1:25.87 L	F	Izelle Henning	11	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
28	1:25.96 L	F	Emma Beyers	11	UNIN EZD	23/03/2017	SA Level 3 Regional Age Group C
29	1:26.07 L	P	Summer Croucamp	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
30	1:26.27 L	P	Holly Brickles	11	NWS	10/04/2017	SA Schools Swimming Champions
31	1:26.51 L	P	Jessica Reilly	11	WATR JHB	23/03/2017	SA Level 3 Regional Age Group Ci
32	1:26.54 L	P	Mikaela Goelst	11	MP EZD	10/04/2017	SA Schools Swimming Champions
33	1:26.75 L	F	Lara Daling	11	LIMSC LP	27/01/2017	Limpopo School Championships
34	1:26.82 L	P	Jenny Zhang	11	LIMSC LP	10/04/2017	SA Schools Swimming Champions
35	1:27.17 L	F	Zoe Terblanche	11	RFA TSH	07/12/2016	NTS Championships 2016
36	1:27.35 L	P	Ava Rathner	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
37*	1:27.37 L	F	Kaela Viljoen	11	MDOL JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
37*	1:27.37 L	F	Nurul-Huda Samaai	11	MARL CPT	03/02/2017	Western Cape Jack Currie Champ
39	1:27.38 L	P	Tarryn Volkwyn	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
40	1:27.71 L	F	Mieke Bornman	11	PAC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
41	1:28.34 L	P	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
42	1:28.48 L	F	Kayla De Wet	11	SOUL EKU	31/03/2017	SA Level 2 Regional Age Group Ci

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
43	1:28.49	L	F	Jada Coetzee	11	FISH	EDD	23/03/2017	SA Level 3 Regional Age Group C
44	1:28.70	L	F	Nicola Harcus	11	WATR	JHB	31/03/2017	SA Level 2 Regional Age Group Ci
45	1:28.77	L	F	Courtney Smith	11	AQWO	CPT	18/02/2017	Western Cape Qualify Gala 3
46	1:28.79	L	F	Alexia Delicado	11	MRLS	KKD	03/02/2017	NW Schools Swimming Champion
47	1:29.33	L	F	Keila Manthe	11	PSC	TSH	31/03/2017	SA Level 2 Regional Age Group Ci
48	1:29.42	L	P	Rebecca Leach	11	BOKS	EKU	23/03/2017	SA Level 3 Regional Age Group Ci
49	1:29.45	L	F	Lia Kotze	11	ROA	EDD	18/02/2017	Dragons Night Fury 2017
50	1:29.72	L	F	Liya Venter	11	BLMA	CPT	23/03/2017	SA Level 3 Regional Age Group C
51	1:29.82	L	F	Miche Johns	11	BLNE	MAN	30/11/2016	FS CHAMPS
52	1:29.87	L	F	Amber Lewis	11	NDSA	ETH	25/11/2016	KZN TYR Westville Sprints 2016
53	1:29.97	L	P	Teegan Pio	11	PEAS	NMA	23/03/2017	SA Level 3 Regional Age Group C
54	1:29.99	L	P	Rachel Smith	11	ELEC	JHB	07/12/2016	NTS Championships 2016
55	1:30.07	L	F	Kirsten Cottrell	11	AZON	ETH	23/03/2017	SA Level 2 Regional Age Group Ci
56	1:30.14	L	P	Simone Banducci	11	ELEC	JHB	07/12/2016	NTS Championships 2016
57*	1:30.22	L	F	Georgia Carstens	11	TUKS	TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
57*	1:30.22	L	F	Melindie van Rensburg	11	BRG	EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
59	1:30.52	L	P	Jozi Nupen	11	CRSC	JHB	23/03/2017	SA Level 3 Regional Age Group Ci
60	1:30.99	L	F	Christy Dudas	11	ACSA	ETH	02/09/2016	KZN Beavers Winter LongCourse
61	1:31.13	L	F	Jaimie Black	11	NCDST	ILD	25/11/2016	KZN TYR Westville Sprints 2016
62	1:31.56	L	F	Meredith O'Tool	11	WELA	LLD	28/01/2017	4 + 1 Inter District Gala 2017
63	1:31.58	L	F	Lara Botha	11	PAQU	CED	23/03/2017	SA Level 3 Regional Age Group C
64*	1:31.63	L	F	Caitlin Ruane	11	TUKS	TSH	02/12/2016	2016 The Tshwane Mayoral Gala
64*	1:31.63	L	P	Symone Steyn	11	KEIK	NMD	23/03/2017	SA Level 3 Regional Age Group Ci
66	1:31.65	L	F	Karla Vogel	11	LSKP	WB	27/01/2017	Limpopo School Championships
67	1:31.68	L	F	Dayna Graham	11	NCDST	ILD	23/03/2017	SA Level 2 Regional Age Group Ci
68	1:31.74	L	F	Marli Van Lierop	11	ASA	CPT	23/03/2017	SA Level 3 Regional Age Group C
69	1:31.98	L	F	Tyler Hughes	11	BOKS	EKU	08/12/2016	EGA Championships 2016
70	1:32.07	L	F	Lesedi Thunzi	11	HARL	BUF	27/01/2017	BCA 2nd January Age Group Gala
71	1:32.36	L	F	Jasmine Witthuhn	11	INFA	NMA	23/03/2017	SA Level 3 Regional Age Group C
72	1:32.53	L	F	Jodi Dos Santos	11	NSA	EZD	30/09/2016	Uniswim Spar Summer Gala
73	1:33.04	L	P	Yvonne Mthembu	11	ELEC	JHB	23/03/2017	SA Level 3 Regional Age Group Ci
74	1:33.09	L	F	Emma Crookes	11	KLOO	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
75*	1:33.14	L	F	Dominique De Jongh	11	FISH	EDD	23/03/2017	SA Level 3 Regional Age Group C
75*	1:33.14	L	P	Helena Prinsloo	11	PAQU	CED	23/03/2017	SA Level 3 Regional Age Group C
77	1:33.35	L	P	Zoe Stock	11	ESP	EKU	31/03/2017	SA Level 2 Regional Age Group Ci
78	1:33.51	L	F	Mieke Oosthuizen	11	TKS	LP	25/11/2016	Limpopo Champs 25-27 Novembe
79	1:33.72	L	F	Nirvana Borrageiro	11	SGUL	ETH	23/03/2017	SA Level 2 Regional Age Group Ci
80	1:33.81	L	F	Ami Pirie	11	UWCA	CPT	23/03/2017	SA Level 3 Regional Age Group C
81	1:33.92	L	P	Sarah Banyard	11	TUKS	TSH	31/03/2017	SA Level 2 Regional Age Group Ci
82	1:34.02	L	P	Skyla Schroll	11	MATL	KKD	31/03/2017	SA Level 2 Regional Age Group Ci
83	1:34.04	L	F	Emma Hamman	11	FAAC	FBD	14/10/2016	MP AGE GROUP 2 - 2016
84	1:34.07	L	F	Isabella Seale-Mckend	11	OLDE	JHB	18/02/2017	CGA Level 2 last chance gala day
85	1:34.14	L	F	Aminah Lindoor	11	AQUB	NMA	23/03/2017	SA Level 2 Regional Age Group Ci
86	1:34.39	L	F	Hannah James	11	NCDST	ILD	04/11/2016	KZN Action Swimming Champs 20
87	1:34.51	L	F	Mari Nortje	11	BULS	MAN	30/11/2016	FS CHAMPS
88	1:34.56	L	F	Kayci Petzer	11	BEAV	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
89	1:34.61	L	F	Lucy Friedenthal	11	UNI-N	EZD	25/11/2016	Mpumalanga Championships 2016
90	1:34.71	L	F	Emma Gomes	11	MDOL	JHB	15/10/2016	CGA Level 2 gala No 2
91	1:34.72	L	F	Kiara Johnson	11	NCDST	ILD	25/11/2016	KZN TYR Westville Sprints 2016
92	1:34.88	L	P	Anje Van Papendorp	11	PSC	TSH	31/03/2017	SA Level 2 Regional Age Group Ci
93*	1:34.93	L	F	Cara Meldrum	11	AQUB	NMA	09/09/2016	2nd A League 2016
93*	1:34.93	L	F	Rachel Irvine	11	STPS	UMD	04/11/2016	KZN Action Swimming Champs 20
95	1:35.00	L	F	Tamryn Scott	11	CUR	MPD	24/02/2017	MPUMALANGA SCHOOL SWIMM
96	1:35.11	L	P	Tazmyn Robson	11	TUKS	TSH	07/12/2016	NTS Championships 2016
97	1:35.20	L	P	Cara Botha	11	HARB	BPD	31/03/2017	SA Level 2 Regional Age Group Ci
98	1:35.27	L	F	Jenna Penney	11	ELEC	JHB	25/02/2017	CGA Level 1 Year End Gala
99*	1:35.51	L	F	Theola McDonald	11	CSA	EZD	25/11/2016	Mpumalanga Championships 2016
99*	1:35.51	L	F	Ennes Zietsman	11	PSC	TSH	25/11/2016	NTS November 2016 Age Group C
101	1:35.56	L	P	Mbali Burnett	11	USH	UHD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP



## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
102	1:35.73	L	F	Amber Warr	11	SEAL UMD	06/08/2016 eThekwini Age Group Gala 4
103	1:35.78	L	P	Alexa De Villiers	11	VINE CPT	03/02/2017 Western Cape Jack Currie Champ
104	1:35.92	L	F	Mary-Jane Hasenbroek	11	PAQU CED	04/11/2016 Freda Barnard Gala 35
105	1:35.93	L	F	Rebecca Macquet	11	AZON ETH	14/01/2017 Ethekwini Age Group 9
106	1:35.95	L	P	Alexandra Caldwell	11	SASE JHB	16/12/2016 Vita-thion CGA Open LC Champs
107	1:35.98	L	F	Madison Irvine	11	TUKS TSH	02/12/2016 2016 The Tshwane Mayoral Gala
108	1:36.07	L	P	Thalia Farrell	11	ELEC JHB	31/03/2017 SA Level 2 Regional Age Group Ci
109	1:36.15	L	F	Bianke Pienaar	11	PARYS FDD	23/03/2017 SA Level 2 Regional Age Group Ci
110	1:36.19	L	P	Tayba Sallie	11	LINR JHB	31/03/2017 SA Level 2 Regional Age Group Ci
111	1:36.22	L	F	Josi Arnold	11	HARL BUF	23/03/2017 SA Level 2 Regional Age Group Ci
112	1:36.58	L	F	Nirene van der Watt	11	PARYS FDD	28/01/2017 4 + 1 Inter District Gala 2017
113	1:36.69	L	F	Lara Groenewald	11	AQU ADJ	25/11/2016 KZN TYR Westville Sprints 2016
114	1:36.73	L	F	Utah Novello	11	CLSC WCD	23/03/2017 SA Level 2 Regional Age Group Ci
115	1:36.84	L	P	Kameron salis	11	WATR JHB	31/03/2017 SA Level 2 Regional Age Group Ci
116	1:36.85	L	F	Janke Fourie	11	PAC TSH	02/12/2016 2016 The Tshwane Mayoral Gala
117	1:36.87	L	F	Skye Lang	11	WATR JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
118	1:36.92	L	F	Amelie Coetzee	11	LSKP WB	27/01/2017 Limpopo School Championships
119	1:36.96	L	P	Melissa Martens	11	STPS UMD	23/03/2017 SA Level 3 Regional Age Group C
120	1:37.04	L	F	Welne Pretorius	11	AQU ADJ	23/03/2017 SA Level 2 Regional Age Group Ci
121	1:37.14	L	F	Manaal Omar	11	SGUL ETH	23/03/2017 SA Level 3 Regional Age Group C
122	1:37.25	L	P	Mia Uys	11	PSC TSH	31/03/2017 SA Level 2 Regional Age Group Ci
123	1:37.84	L	P	Kirsten Storm	11	LINR JHB	31/03/2017 SA Level 2 Regional Age Group Ci
124	1:38.08	L	P	Izaan Scheepers	HN	PSA ZLD	23/03/2017 SA Level 2 Regional Age Group Ci
125	1:38.16	L	F	Lara De Beer	11	BENS ECU	21/01/2017 EGA Summer 4
126	1:38.19	L	F	Juliette Nel	11	TYGE CPT	20/08/2016 Western Cape Summer 1
127	1:38.28	L	F	Erin O'Sullivan	11	BLMA CPT	23/03/2017 SA Level 3 Regional Age Group C
128	1:38.30	L	F	Alexia Greyling	11	UNIQ JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
129	1:38.35	L	F	Nicole Whitfield	11	L2C BPD	03/02/2017 NW Schools Swimming Champion
130	1:38.38	L	P	Jade Steyn	11	TRIDE ETH	23/03/2017 SA Level 2 Regional Age Group Ci
131	1:38.41	L	P	Annette Greyling	11	AA JHB	23/03/2017 SA Level 3 Regional Age Group Ci
132	1:38.47	L	P	Rachel Guymer	11	LINR JHB	31/03/2017 SA Level 2 Regional Age Group Ci
133	1:38.49	L	F	Chloe Vd Merwe	11	ASA CPT	23/03/2017 SA Level 2 Regional Age Group Ci
134	1:38.54	L	F	Lara Gouws	11	VINE CPT	23/03/2017 SA Level 3 Regional Age Group C
135	1:38.55	L	P	Carlia Nel	11	TKSS WBD	31/03/2017 SA Level 2 Regional Age Group Ci
136	1:38.60	L	P	Helena du Toit	11	BLUO UGD	23/09/2016 KZN Speedo Junior Winter Champ
137*	1:38.78	L	P	Angel Geel	11	KDOR KKD	31/03/2017 SA Level 2 Regional Age Group Ci
137*	1:38.78	L	P	Kayla Tully	11	TRIDE ETH	23/03/2017 SA Level 2 Regional Age Group Ci
139	1:38.82	L	P	Morgan Corns	11	ESP ECU	31/03/2017 SA Level 2 Regional Age Group Ci
140*	1:38.83	L	P	Reabetswe Phume	11	AA JHB	31/03/2017 SA Level 2 Regional Age Group Ci
140*	1:38.83	L	F	Casey Davids	11	STAD JHB	18/02/2017 CGA Level 2 last chance gala day
142	1:38.89	L	F	Vivianna Pearson	11	VINE CPT	18/02/2017 Western Cape Qualify Gala 3
143	1:39.06	L	F	Amber Landskron	11	TUKS TSH	03/02/2017 NTS Feb 2017 Age Group Level 3
144	1:39.16	L	F	Tamryn Olsen	11	AQWO CPT	04/11/2016 Freda Barnard Gala 35
145	1:39.18	L	F	Danielle Joubert	11	BLNE MAN	30/11/2016 FS CHAMPS
146	1:39.31	L	F	Simone' Pretorius	11	PAC TSH	02/12/2016 2016 The Tshwane Mayoral Gala
147	1:39.35	L	F	Rone' vd Merwe	11	UPTS ZMD	09/12/2016 NCASA Sprints 2016
148	1:39.45	L	P	Amy Robson-Garth	11	BOKS ECU	08/12/2016 EGA Championships 2016
149	1:39.73	L	F	Ellene Scholtz	11	AQU ADJ	25/11/2016 KZN TYR Westville Sprints 2016
150	1:40.11	L	P	Ashley Jv Vuuren	11	ELRAS LP	31/03/2017 SA Level 2 Regional Age Group Ci
151	1:40.30	L	F	Juane Kruger	11	GZSA TSH	02/12/2016 2016 The Tshwane Mayoral Gala
152	1:40.43	L	F	Julia Volschenk	11	GZSA TSH	02/12/2016 2016 The Tshwane Mayoral Gala
153	1:40.85	L	F	Skye Westerhuis	11	CYBE CPT	23/03/2017 SA Level 3 Regional Age Group C
154	1:40.94	L	P	Nawaal Mia	11	MDOL JHB	31/03/2017 SA Level 2 Regional Age Group Ci
155	1:41.00	L	F	Jane Lewis	11	SGUL ETH	25/11/2016 KZN TYR Westville Sprints 2016
156	1:41.11	L	F	Tessa Van Heyningen	11	LSTZN MP	27/01/2017 Limpopo School Championships
157	1:41.12	L	F	Jadyn-Lee Joubert	11	AZON ETH	14/01/2017 Ethekwini Age Group 9
158	1:41.23	L	F	Kaylee Swartz	11	HARL BUF	23/03/2017 SA Level 2 Regional Age Group Ci
159	1:41.25	L	F	Thinica Mc Anda	11	FAAC FBD	05/01/2017 NCASA Champs 2017
160	1:41.26	L	F	Elanca Van Jaarsveld	11	PEAS NMA	30/09/2016 Aquabear Invitational Meet

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
161	1:41.52 L	P	Heidri de Jager	11	RBOT BPD	31/03/2017	SA Level 2 Regional Age Group Ci
162	1:41.83 L	P	Ankia Uys	FR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Ci
163	1:41.90 L	F	Kaylin Lea Rosendorff	11	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
164	1:42.01 L	F	Saffron Tweedie	11	ALBA NMA	23/03/2017	SA Level 3 Regional Age Group C
165	1:42.84 L	F	Cara Smook	11	JASK FBD	14/02/2017	Inter Primary
166	1:43.05 L	F	Li Mc Quire	11	ISSC NMD	08/12/2016	NWS Championships 2016/2017
167	1:43.07 L	F	Erin Foster	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
168	1:43.18 L	F	Caitlyn Martin	11	WATR JHB	18/02/2017	CGA Level 2 last chance gala day
169	1:43.22 L	F	Luane Janssen	11	GZSA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
170	1:43.77 L	F	Hayley Swanepoel	11	PER JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
171	1:43.87 L	F	Emily Tyldesley	11	MCS NW	03/02/2017	NW Schools Swimming Champion
172	1:44.00 L	F	Nina Evans	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
173	1:44.05 L	F	Cara Van Der Bijl	11	JASK FBD	14/02/2017	Inter Primary
174	1:44.18 L	F	Zodea Jacobie	11	SUPE JHB	18/02/2017	CGA Level 2 last chance gala day
175	1:44.25 L	F	Kelsey Kemp	11	NEWS ADJ	10/12/2016	Amajuba District December Age G
176	1:44.27 L	F	Kean Van Der Vlugt	11	ASA ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf
177	1:44.44 L	F	Rachel Webb	11	HARL BUF	10/02/2017	BCA February Age Group Gala 20
178	1:44.53 L	F	Fatima Khan	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
179	1:44.72 L	F	Refilwelethabo Molepo	11	GHSK FBD	11/03/2017	Level 1 Intraprovincial Gala - Kimb
180	1:44.81 L	F	Kimberley Howes	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
181	1:45.10 L	F	Julia Davies	11	MDOL JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
182	1:45.20 L	F	Jemma van der Merwe	11	CSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
183	1:45.22 L	F	Ashley Brown	11	TTNS SDD	15/10/2016	EGA Summer 2_15 Oct 2016
184	1:45.46 L	P	Tsebiso Neduvhuledza	11	UNIM NGD	23/03/2017	SA Level 3 Regional Age Group C
185	1:45.50 L	F	Christine Craven	11	ACT JHB	18/02/2017	CGA Level 2 last chance gala day
186	1:45.97 L	F	Caitlyn Fish	11	SODO JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
187	1:46.66 L	F	Anmi Esbach	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
188	1:46.84 L	F	Katrijn Roefs	11	PSC TSH	18/11/2016	NTS November 2016 Age Group L
189	1:46.97 L	F	Jodi Hobson	11	DSG	09/12/2016	EC Aquatics Schools Trials Gala
190	1:47.06 L	F	Sophie De Kock	11	AZON ETH	06/08/2016	eThekwini Age Group Gala 4
191	1:47.17 L	F	Khensany Khosana	11	WELA LLD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
192	1:47.48 L	F	Liya Davids	11	SUPE JHB	18/02/2017	CGA Level 2 last chance gala day
193	1:47.63 L	F	Sophia Kerr	11	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
194	1:47.90 L	F	Laaiqah Goondie	11	SUPE JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
195	1:47.98 L	P	Mikaila Brown	CR	TSSC ETH	23/09/2016	KZN Speedo Junior Winter Champ
196	1:48.04 L	F	Olwethu Ndlovu	11	UMSH ETH	14/01/2017	Ethekwini Age Group 9
197	1:48.13 L	P	Eva Markovic	11	MATL KKD	27/06/2016	Sasol National Championship 2016
198	1:48.51 L	F	Tendani Mukhithi	11	STCON NW	03/02/2017	NW Schools Swimming Champion
199	1:48.65 L	F	Dhiya Pillay	11	ACSA ETH	04/11/2016	KZN Action Swimming Champs 20
200	1:48.69 L	F	Gabriëlle Nieuwoudt	11	CUDU CPT	18/11/2016	Western Cape Summer QF2
201	1:48.81 L	P	Tonya Muller	11	CARN EKU	08/12/2016	EGA Championships 2016
202	1:49.12 L	F	Leah Ermann	11	ACT JHB	18/02/2017	CGA Level 2 last chance gala day
203	1:49.48 L	F	Laiqa Ally	11	LENA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
204	1:49.78 L	F	Joleen Alves	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
205	1:49.83 L	P	Zelmarie Levin	11	TTNS SDD	08/12/2016	EGA Championships 2016
206	1:49.95 L	F	Khethelo Ngcobo	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
207	1:50.00 L	F	Catriona Wittstock	11	ONYX EKU	11/03/2017	SA Level 1 Provincl Age Group Ch
208	1:50.57 L	P	Tiya Bhika	11	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci
209	1:50.61 L	F	Arya Shukla	11	TRIDE ETH	25/11/2016	KZN TYR Westville Sprints 2016
210	1:50.67 L	F	Olivia Ralfe	11	RIV MP	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
211	1:50.86 L	P	Erin-Paige Longhurst	11	ESP EKU	08/12/2016	EGA Championships 2016
212	1:51.20 L	F	Danielle Webster	11	RFA TSH	16/09/2016	NTS September 2016 Age Group
213	1:51.84 L	F	Keira Booth	11	UNIC MP	27/01/2017	Limpopo School Championships
214	1:52.07 L	F	Lindsay Mc Manus	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
215	1:53.27 L	F	Kiara Kunneke	11	RFA TSH	11/03/2017	SA Level 1 Provincl Age Group Ch
216	1:54.13 L	F	Summer Tucker	11	ELEC JHB	15/10/2016	CGA Level 2 gala No 2
217	1:54.18 L	F	Lesedi Motloung	11	BLNE MAN	30/11/2016	FS CHAMPS
218	1:54.76 L	F	Casey-Lee Peters	11	BON JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20
219	1:55.46 L	F	Atiyyah Valli	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
220	1:55.61 L	F	Aaminah Hassan	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch	
221	1:55.70 L	F	Nicole Schoeman	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe	
222	1:55.76 L	F	Kaylee Mc Laren	11	USH UHD	28/01/2017	Ushaka Championship Gala 2017	
223	1:55.87 L	F	Njabulo Somthunzi	11	ATLA JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20	
224	1:56.02 L	F	Celine Hamman	HR	PSA ZLD	14/01/2017	Uthungulu District January Age Gr	
225	1:56.03 L	F	Isabella Fouche	11	ACT JHB	18/02/2017	CGA Level 2 last chance gala day	
226	1:56.08 L	F	Caohme Lalla	11	BEAV ETH	14/01/2017	Ethekwini Age Group 9	
227	1:56.17 L	F	Zara Greenwood	11	CRSC JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20	
228	1:56.81 L	F	Erin Heydricks	11	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016	
229	1:57.61 L	F	Kaylin Oelschig	11	JASK FBD	14/02/2017	Inter Primary	
230	1:57.69 L	F	Jana Naude	11	USH UHD	29/10/2016	Uthungulu District November 2016	
231	1:57.84 L	F	Kiersten Paulse	11	XSAQ CPT	20/08/2016	Western Cape Summer 1	
232*	1:57.88 L	F	Deidre Murugan	11	BAYV ETH	14/01/2017	Ethekwini Age Group 9	
232*	1:57.88 L	F	Deidre Kessler	11	USC BUF	30/09/2016	Aquabear Invitational Meet	
234	1:58.23 L	F	Keira Naidoo	11	STPS UMD	01/10/2016	eThekwini Level O Program 5	
235	1:58.34 L	F	Nerine van der Westhuizen	11	PARYS FDD	02/02/2017	NFS PRIMARY SCHOOLS	
236	1:58.85 L	F	Emma Wiggins	11	TUKS TSH	18/11/2016	NTS November 2016 Age Group L	
237	1:58.91 L	F	Liani Nel	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala	
238	1:59.91 L	F	Tyla Mitchell	11	FLOD JHB	18/02/2017	CGA Level 2 last chance gala day	
239	2:00.37 L	P	Catherine Rowan	11	SGUL ETH	23/09/2016	KZN Speedo Junior Winter Champ	
240	2:00.53 L	F	Hannah Bridge	11	KNYD EDD	15/10/2016	EDEN 1st A-League Gala 2016	
241	2:02.27 L	F	Sharné Erasmus	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion	
242	2:03.18 L	F	Tania Swartz	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion	
243	2:04.43 L	F	Sibongile Balada	11	SHS FDD	14/02/2017	Inter Primary	
244	2:04.67 L	F	Lisamey Nel	11	RBUR BPD	14/01/2017	NWS Age Group 4 1617	
245	2:04.93 L	F	Kate De Bruyn	11	BLSS MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA	
246	2:06.09 L	F	Anne Vd Spuy	11	OLDE JHB	15/10/2016	CGA Level 2 gala No 2	
247	2:09.08 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe	
248	2:09.59 L	F	Khanimamba Chabalala	11	DDA TSH	18/11/2016	NTS November 2016 Age Group L	
249	2:11.30 L	P	Nakita Da Silva	11	TTNS SDD	27/06/2016	Sasol National Championship 2016	
250	2:11.53 L	F	Jeanne Coetzer	11	UPTS ZMD	21/01/2017	4 + 1 Gala Trials Upington	
251	2:12.29 L	F	Jezwyne Marimuthu	11	BAYV ETH	01/10/2016	eThekwini Level O Program 5	
252	2:16.95 L	F	Charlize De Villiers	11	PRKA PSD	22/10/2016	Flamingo Gala 2016	
253	2:17.30 L	F	Emma Mc Menamin	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala	
254	2:19.81 L	F	Aaminah Ahmed	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch	
<b>Women 11-11 200 Back</b>								
1	2:47.81 L	F	Tayla Haslam	11	KLOO ETH	23/03/2017	SA Level 3 Regional Age Group C	
2	2:48.60 L	F	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci	
3	2:48.87 L	F	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion	
4	2:48.99 L	F	Ane' Meier	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci	
5	2:50.24 L	F	Kairah George	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
6	2:51.59 L	P	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci	
7	2:52.33 L	F	Samantha Mouton	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C	
8	2:53.98 L	F	Tammy Greenwood	11	ROA EDD	30/09/2016	Aquabear Invitational Meet	
9	2:54.93 L	F	Amber Olsen	11	BLSS MAN	23/03/2017	SA Level 3 Regional Age Group C	
10	2:55.38 L	F	Chloe Gershuny	11	CADO CPT	23/03/2017	SA Level 3 Regional Age Group C	
11	2:55.63 L	P	Callan Lotter	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci	
12	2:55.64 L	P	Mischa King	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C	
13	2:55.92 L S	F	Tamika Anderson	11	TUKS TSH	07/12/2016	NTS Championships 2016	
14	2:56.92 L	F	Abigail Rululu	11	AQUA BUF	27/01/2017	BCA 2nd January Age Group Gala	
15	2:58.05 L	P	Olivia Kruger	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci	
16	2:58.45 L	F	Michaela Dal Medico	11	GDE	17/02/2017	Gauteng Schools Swimming Trials	
17	2:59.20 L	F	Jessica Reilly	11	WATR JHB	23/03/2017	SA Level 3 Regional Age Group Ci	
18	2:59.95 L	F	Skye Da Fonseca-Hattingh	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci	
19	3:00.54 L	F	Tiara Finnis	11	AQUB NMA	02/12/2016	NMBA Championships 2016	
20	3:03.40 L	F	Rachel Groepes	11	WSAA CPT	01/12/2016	Western Cape Summer Champion	
21	3:03.57 L	F	Morgan Pharoah	11	CSC TSH	16/12/2016	Hamilton Aquatics Winter Long Co	
22	3:03.59 L	F	Milla Drakopoulos	11	BLUO UGD	23/03/2017	SA Level 2 Regional Age Group Ci	
23	3:05.06 L	F	Courtney Smith	11	AQWO CPT	01/12/2016	Western Cape Summer Champion	

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
24	3:05.16	L	F	Payton Brink	11	NWS	10/04/2017 SA Schools Swimming Champions
25	3:05.61	L	F	Jenny Zhang	11	EAGA LP	31/03/2017 SA Level 2 Regional Age Group C
26	3:06.05	L	F	Tarryn Volkwyn	11	INFA NMA	04/02/2017 Uitenhage Swimming Club Gala 2
27	3:06.64	L	F	Lara Botha	11	PAQU CED	23/03/2017 SA Level 3 Regional Age Group C
28	3:07.24	L	P	Kaela Viljoen	11	MDOL JHB	23/03/2017 SA Level 3 Regional Age Group C
29	3:07.36	L	F	Mieke Bornman	11	PAC TSH	31/03/2017 SA Level 2 Regional Age Group C
30	3:07.39	L	P	Emma Beyers	11	MP EZD	10/04/2017 SA Schools Swimming Champions
31	3:07.57	L	P	Teegan Pio	11	PEAS NMA	23/03/2017 SA Level 3 Regional Age Group C
32	3:08.33	L	F	Taylor Jordaan	11	BEAV ETH	23/03/2017 SA Level 2 Regional Age Group C
33	3:08.51	L	P	Christine Wessels	11	HASC JHB	23/03/2017 SA Level 3 Regional Age Group C
34	3:09.94	L	P	Ava Rathner	11	WSAA CPT	23/03/2017 SA Level 3 Regional Age Group C
35	3:10.03	L S	F	Izelle Henning	11	BLNE MAN	30/11/2016 FS CHAMPS
36	3:10.10	L	F	Lara Daling	11	LIMSC LP	27/01/2017 Limpopo School Championships
37	3:10.76	L	P	Nurul-Huda Samaai	11	MARL CPT	23/03/2017 SA Level 3 Regional Age Group C
38	3:10.88	L S	F	Miche Johns	11	BLNE MAN	30/11/2016 FS CHAMPS
39	3:10.99	L S	P	Rachel Smith	11	ELEC JHB	07/12/2016 NTS Championships 2016
40	3:11.08	L	F	Cara Meldrum	11	AQUB NMA	23/03/2017 SA Level 3 Regional Age Group C
41	3:11.75	L	P	Rebecca Leach	11	BOKS ECU	23/03/2017 SA Level 3 Regional Age Group C
42	3:13.23	L	F	Caitlin Ruane	11	TUKS TSH	25/11/2016 NTS November 2016 Age Group C
43	3:13.60	L	P	Holly Brickles	11	VINE CPT	23/03/2017 SA Level 3 Regional Age Group C
44	3:14.04	L	F	Kirsten Cottrell	11	AZON ETH	23/03/2017 SA Level 2 Regional Age Group C
45	3:14.33	L	F	Mikaela Goelst	11	FINS EZD	03/02/2017 MP Age Group 4 - 3 & 4 February
46	3:14.63	L	F	Mieke Oosthuizen	11	LSJM SK	27/01/2017 Limpopo School Championships
47	3:15.11	L	F	Tori Voke	11	VIKI BUF	05/11/2016 BCA Nov Age Group Gala 2016
48	3:15.70	L	F	Marli Van Lierop	11	ASA CPT	23/03/2017 SA Level 2 Regional Age Group C
49	3:16.60	L	F	Karla Vogel	11	LSKP WB	27/01/2017 Limpopo School Championships
50	3:17.72	L	F	Lesedi Thunzi	11	HARL BUF	13/01/2017 BCA January Age Group Gala 201
51	3:18.00	L	F	Melindie van Rensburg	11	UNI EZD	23/03/2017 SA Level 2 Regional Age Group C
52	3:18.18	L	F	Zoe Stock	11	ESP ECU	31/03/2017 SA Level 2 Regional Age Group C
53	3:18.27	L	F	Georgia Carstens	11	TUKS TSH	03/02/2017 NTS Feb 2017 Age Group Level 3
54	3:18.63	L	F	Liya Venter	11	BLMA CPT	03/02/2017 Western Cape Jack Currie Champ
55	3:19.18	L	F	Morgan Corns	11	ESP ECU	31/03/2017 SA Level 2 Regional Age Group C
56	3:19.51	L	F	Aminah Lindoor	11	AQUB NMA	23/03/2017 SA Level 3 Regional Age Group C
57	3:19.60	L	P	Thalia Farrell	11	ELEC JHB	31/03/2017 SA Level 2 Regional Age Group C
58	3:19.82	L	F	Utah Novello	11	CLSC WCD	23/03/2017 SA Level 2 Regional Age Group C
59	3:20.36	L	F	Symone Steyn	11	KEIK NMD	08/12/2016 NWS Championships 2016/2017
60	3:20.46	L	F	Gracie Monaghan	11	ELEC JHB	24/09/2016 CGA Level 2 gala No 1
61	3:20.93	L	F	Skyla Schroll	11	MATL KKD	31/03/2017 SA Level 2 Regional Age Group C
62	3:22.30	L	F	Alexa De Villiers	11	VINE CPT	23/03/2017 SA Level 2 Regional Age Group C
63	3:22.49	L	F	Mary-Jane Hasenbroek	11	PAQU CED	15/10/2016 Western Cape Summer 3
64	3:22.91	L	F	Tamryn Olsen	11	AQWO CPT	18/02/2017 Western Cape Qualify Gala 3
65	3:23.03	L	F	Helena Prinsloo	11	PAQU CED	15/10/2016 Western Cape Summer 3
66	3:23.75	L	F	Josi Arnold	11	HARL BUF	02/12/2016 BCA Championships 2016
67	3:24.51	L	F	Theola McDonald	11	CSA EZD	25/11/2016 Mpumalanga Championships 2016
68	3:24.85	L	F	Rachel Irvine	11	STPS UMD	03/07/2016 eThekweni Age Group Gala 3
69	3:24.91	L	F	Caroline Cress	11	WALM CPT	18/11/2016 Western Cape Summer QF2
70	3:25.15	L	F	Ashley Jv Vuuren	11	HSFM LP	27/01/2017 Limpopo School Championships
71	3:25.86	L	P	Kameron salis	11	WATR JHB	31/03/2017 SA Level 2 Regional Age Group C
72	3:26.12	L	P	Lara De Beer	11	BENS ECU	31/03/2017 SA Level 2 Regional Age Group C
73	3:26.41	L	F	Yvonne Mthembu	11	ELEC JHB	05/11/2016 CGA Level 2 Gala No 3
74	3:27.75	L	F	Jady-Lee Joubert	11	AZON ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
75	3:27.92	L	P	Amy Robson-Garth	11	BOKS ECU	08/12/2016 EGA Championships 2016
76	3:28.05	L	F	Emma Hamman	11	FAAC FBD	05/01/2017 NCASA Champs 2017
77	3:28.75	L S	F	Mari Nortje	11	BULS MAN	30/11/2016 FS CHAMPS
78	3:29.15	L	P	Cara Botha	11	HARB BPD	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
79	3:29.38	L	F	Ennes Zietsman	11	PSC TSH	16/09/2016 NTS September 2016 Age Group
80	3:30.03	L	F	Lucy Friedenthal	11	UNIN EZD	03/02/2017 MP Age Group 4 - 3 & 4 February
81	3:30.22	L	F	Baylee Engelke	11	MATI CED	15/10/2016 Western Cape Summer 3
82	3:30.28	L	P	Carlia Nel	11	TKSS WBD	31/03/2017 SA Level 2 Regional Age Group C

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
83	3:33.06 L	P	Anje Van Papendorp	11	PSC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
84	3:33.30 L	F	Julia Volschenk	11	GZSA TSH	18/11/2016	NTS November 2016 Age Group L
85	3:34.31 L	P	Izaan Scheepers	HN	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Ci
86	3:36.09 L	P	Alexia Greyling	11	UNIQ JHB	31/03/2017	SA Level 2 Regional Age Group Ci
87	3:37.74 L	F	Helena du Toit	11	BLUO UGD	24/02/2017	KZN Speedo Level 2 Provincial Ch
88	3:37.89 L	F	Janke Fourie	11	PAC TSH	18/11/2016	NTS November 2016 Age Group L
89	3:39.15 L	F	Tatumn Tonkin	11	ONYX EKU	05/11/2016	EGA Summer 3
90	3:39.93 L	F	Julia Davies	11	MDOL JHB	05/11/2016	CGA Level 2 Gala No 3
91	3:40.57 L	F	Annette Greyling	11	AA JHB	18/02/2017	EGA Summer 5 Gala
92	3:42.55 L	F	Bianke Pienaar	11	PARYS FDD	12/11/2016	Fezile Dabi Age Group 12 Nov 201
93	3:45.08 L	F	Nirene van der Watt	11	PARYS FDD	12/11/2016	Fezile Dabi Age Group 12 Nov 201
94	3:49.38 L	F	Zodea Jacobie	11	SUPE JHB	05/02/2017	CGA Level 2 last chance gala Day
95	3:52.59 L	F	Tayba Sallie	11	LINR JHB	05/02/2017	CGA Level 2 last chance gala Day
96	3:53.31 L	F	Laaiahq Goondie	11	SUPE JHB	05/02/2017	CGA Level 2 last chance gala Day
97	3:54.20 L	F	Thinica Mc Anda	11	FAAC FBD	09/12/2016	NCASA Sprints 2016
98	3:55.43 L	F	Somikazi Qwemesha	11	CYBE CPT	15/10/2016	Western Cape Summer 3
99	3:56.73 L	F	Cara Smook	11	BLNE MAN	05/11/2016	Mangaung Aquatics Gala
100	3:57.27 L	F	Tonya Muller	11	CARN EKU	18/02/2017	EGA Summer 5 Gala
101	4:03.97 L	F	Rone' vd Merwe	11	UPTS ZMD	25/11/2016	NCASA Age Group 3 Upington 201
102	4:04.46 L	F	Tsebisu Neduvhuledza	11	UNIM NGD	21/01/2017	MP Age Group 3 - 21 January 201
103	4:04.97 L	F	Kelsey Kemp	11	NEWS ADJ	10/12/2016	Amajuba District December Age G
104	4:24.22 L	F	Lisamey Nel	11	RBUR BPD	08/12/2016	NWS Championships 2016/2017
105	4:24.50 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe

### Women 11-11 50 Breast

1	37.66 L	F	Amy Muller	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
2	37.72 L	F	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
3	37.81 L	F	Michaela Dal Medico	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
4	39.35 L	F	Caitlin Ruane	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
5	39.75 L	F	Baylee Engelke	11	MATI CED	23/03/2017	SA Level 3 Regional Age Group C
6	40.19 L	P	Kairah George	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
7	40.61 L	F	Amy Robson-Garth	11	GDE	17/02/2017	Gauteng Schools Swimming Trials
8	41.05 L	P	Isabelle Barrow	11	ELEC JHB	07/12/2016	NTS Championships 2016
9*	41.07 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 2 Regional Age Group Ci
9*	41.07 L	F	Amber Landskron	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
11	41.26 L	F	Amber Olsen	11	FSS FS	10/04/2017	SA Schools Swimming Champions
12	41.30 L	F	Mikaela Goelst	11	MP EZD	10/04/2017	SA Schools Swimming Champions
13	41.44 L	F	Cara Ralfe	11	SEAL UMD	23/03/2017	SA Level 3 Regional Age Group C
14	41.78 L	F	Gemma Frank	11	ASA ILD	23/03/2017	SA Level 3 Regional Age Group C
15	41.97 L	F	Mari Nortje	11	BULS MAN	23/03/2017	SA Level 2 Regional Age Group Ci
16	42.03 L	F	Jasmin Vermeulen	11	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
17	42.06 L	F	Abigail Rululu	11	AQUA BUF	13/01/2017	BCA January Age Group Gala 201
18	42.27 L	F	Julia Ristow	11	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
19	42.37 L	F	Rebecca Leach	11	GDE	17/02/2017	Gauteng Schools Swimming Trials
20	42.40 L	F	Zoe Terblanche	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
21	42.52 L	P	Tamika Anderson	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
22	42.59 L	F	Grace Daly	11	ELEC JHB	29/10/2016	CGA Level 3/SANJ Gala No 2
23	42.68 L	F	Mikaela Bristow	11	VINE CPT	23/03/2017	SA Level 3 Regional Age Group C
24	42.87 L	F	Simone Banducci	11	WATR JHB	01/10/2016	Waterborn Invitational 2016
25	43.08 L	P	Annette Greyling	11	AA JHB	23/03/2017	SA Level 3 Regional Age Group Ci
26*	43.21 L	P	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
26*	43.21 L	P	Lara Daling	11	TKSS WBD	23/03/2017	SA Level 3 Regional Age Group Ci
28	43.67 L	F	Li Mc Quire	11	ISSC NMD	31/03/2017	SA Level 2 Regional Age Group Ci
29	43.69 L	F	Georgia Carstens	11	TUKS TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
30	43.77 L	P	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
31	43.91 L	F	Gemma Haupt	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
32	44.00 L	P	Melyssa Rocha	11	MOZ	07/12/2016	NTS Championships 2016
33	44.10 L	F	Tenique Riekert	11	TUKS TSH	31/03/2017	SA Level 2 Regional Age Group Ci
34	44.12 L	F	Melissa Martens	11	STPS UMD	23/03/2017	SA Level 3 Regional Age Group C
35	44.13 L	F	Danielle Webster	11	RFA TSH	31/03/2017	SA Level 2 Regional Age Group Ci

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
36	44.18 L	F	Tarryn Volkwyn	11	INFA NMA	11/11/2016	4th A League Gala 2016
37	44.31 L	P	Kirsten Storm	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
38	44.59 L	F	Taylor Jordaan	11	BEAV ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
39	44.61 L	F	Annè Sabbagha	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
40	44.68 L	F	Jenna De Jongh	11	SGUL ETH	12/11/2016	eThekwini Age Group Gala 8
41*	44.75 L	F	Emma Lacey	11	BEST NMA	23/03/2017	SA Level 2 Regional Age Group Ci
41*	44.75 L	F	Tori Voke	11	VIKI BUF	02/12/2016	BCA Championships 2016
43	44.84 L	P	Summer Croucamp	11	TUKS TSH	07/12/2016	NTS Championships 2016
44	45.07 L	P	Jessica Reilly	11	WATR JHB	23/03/2017	SA Level 3 Regional Age Group Ci
45	45.08 L	F	Olivia Kruger	11	ELEC JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
46	45.10 L	F	Alexia Delicado	11	POTC KKD	08/12/2016	NWS Championships 2016/2017
47	45.21 L	F	Tamryn Scott	11	CUR MPD	24/02/2017	MPUMALANGA SCHOOL SWIMM
48	45.35 L	F	Nicole Bantom	11	CYBE CPT	21/01/2017	WCSSA - Western Cape Schools
49	45.36 L	F	Jenna Foster	11	AQUB NMA	30/09/2016	Aquabear Invitational Meet
50	45.38 L	P	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional Age Group Ci
51	45.50 L	F	Miche Johns	11	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
52*	45.59 L	F	Nicola Harcus	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
52*	45.59 L	F	Isabella Reynolds	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
54	45.71 L	F	Jenna McLoughlin	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
55	45.75 L	F	Alexis Jaide Morrison-Goate	11	AA JHB	08/12/2016	EGA Championships 2016
56	45.77 L	F	Callan Lotter	11	MDOL JHB	08/12/2016	EGA Championships 2016
57	45.82 L	F	Jada Coetzee	11	FISH EDD	18/02/2017	Dragons Night Fury 2017
58	46.20 L	P	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
59	46.34 L	F	Rachel Smith	11	ELEC JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
60	46.36 L	P	Nurul-Huda Samaai	11	MARL CPT	23/03/2017	SA Level 3 Regional Age Group C
61	46.39 L	P	Mia Van der Mescht	11	BULS MAN	23/03/2017	SA Level 2 Regional Age Group Ci
62	46.46 L	P	Kayci Petzer	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group Ci
63	46.54 L	F	Jodi Dos Santos	11	NSA EZD	25/11/2016	Mpumalanga Championships 2016
64	46.56 L	F	Emma Beyers	11	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016
65	46.57 L	F	Helena Prinsloo	11	PAQU CED	18/02/2017	Western Cape Qualify Gala 3
66	46.64 L	F	Liya Davids	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
67	46.69 L	F	Roslyn Joseph	11	DDA TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
68	46.70 L	F	Tammy Greenwood	11	ROA EDD	26/11/2016	Eden LC Champs 2016
69	46.73 L	P	Ava Rathner	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
70	46.75 L	F	Samantha Mouton	11	HARL BUF	05/11/2016	BCA Nov Age Group Gala 2016
71	46.77 L	F	Hannah Bridge	11	KNYD EDD	23/03/2017	SA Level 2 Regional Age Group Ci
72	46.93 L	P	Rachel Groepes	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
73	46.97 L	F	Tayla Haslam	11	KLOO ETH	25/11/2016	KZN TYR Westville Sprints 2016
74	47.05 L	P	Payton Brink	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
75	47.09 L	F	Reabetswe Phume	11	AA JHB	31/03/2017	SA Level 2 Regional Age Group Ci
76*	47.11 L	F	Zodea Jacobie	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
76*	47.11 L	F	Emma Terblanche	11	NCASA	05/11/2016	Fezile Dabi Inter Provincial Gala
78	47.17 L	F	Kelly Williamson	11	INFA NMA	23/03/2017	SA Level 2 Regional Age Group Ci
79	47.18 L	P	Jozi Nupen	11	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
80	47.22 L	F	Ane' Meier	11	PAC TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
81	47.25 L	P	Eva Markovic	11	MATL KKD	31/03/2017	SA Level 2 Regional Age Group Ci
82	47.27 L	F	Noa Garnett	11	NCDST ILD	23/03/2017	SA Level 2 Regional Age Group Ci
83	47.32 L	F	Julia Volschenk	11	GZSA TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
84	47.40 L	F	Danielle Joubert	11	JASK FBD	14/02/2017	Inter Primary
85	47.45 L	F	Mieke Oosthuizen	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe
86	47.46 L	F	Matundu Banza	11	UNIN EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
87	47.56 L	P	Alexia Greyling	11	UNIQ JHB	31/03/2017	SA Level 2 Regional Age Group Ci
88	47.58 L	S	Tiya Bhika	11	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci
89	47.66 L	F	Kayla Tully	11	TRIDE ETH	23/03/2017	SA Level 2 Regional Age Group Ci
90	47.73 L	F	Bianke Pienaar	11	PARYS FDD	23/03/2017	SA Level 2 Regional Age Group Ci
91	47.77 L	P	Janke Fourie	11	PAC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
92	47.79 L	F	Jenna Penney	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
93	48.03 L	F	Jasmine Witthuhn	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
94	48.10 L	F	Melindie van Rensburg	11	UNI EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
95	48.16	L	F	Alexandra Bowyer	11	KLOO	ETH 24/02/2017 KZN Speedo Level 2 Provincial Cf
96	48.22	L	F	Symone Steyn	11	WSAA	CPT 18/02/2017 NWS District Development Champ
97	48.26	L	F	Carike Jansen	11	TUKS	FSH 03/09/2016 2016 Speedo Hillcrest Sprint Gala
98*	48.29	L	F	Kiersten Paulse	11	XSAQ	CPT 23/03/2017 SA Level 2 Regional Age Group Ci
98*	48.29	L	F	Rachel Webb	11	HARL	BUF 23/03/2017 SA Level 3 Regional Age Group C
100*	48.40	L	P	Kaela Viljoen	11	MDOL	JHB 23/03/2017 SA Level 3 Regional Age Group Ci
100*	48.40	L	P	Jaimie Black	11	NCDST	ILD 23/03/2017 SA Level 2 Regional Age Group Ci
102	48.43	L	P	Lara Gouws	11	VINE	CPT 03/02/2017 Western Cape Jack Currie Champ
103	48.51	L	P	Celine Hamman	HR	PSA	ZLD 23/03/2017 SA Level 2 Regional Age Group Ci
104	48.53	L	F	Vivianna Pearson	11	VINE	CPT 18/02/2017 Western Cape Qualify Gala 3
105	48.57	L	F	Somikazi Qwemesha	11	CYBE	CPT 18/02/2017 Western Cape Qualify Gala 3
106	48.63	L	F	Jade Steyn	11	TRIDE	ETH 23/03/2017 SA Level 2 Regional Age Group Ci
107	48.64	L	F	Welne Pretorius	11	AQU	ADJ 23/03/2017 SA Level 2 Regional Age Group Ci
108	48.67	L	F	Jodi Wilson	11	AQUB	NMA 11/11/2016 4th A League Gala 2016
109	48.70	L	F	Anje Van Papendorp	11	PSC	FSH 02/12/2016 2016 The Tshwane Mayoral Gala
110	48.77	L	F	Tumé van Niekerk	11	MRLS	KKD 03/02/2017 NW Schools Swimming Champion
111	48.78	L	F	Courtney Smith	11	AQWO	CPT 04/11/2016 Freda Barnard Gala 35
112	48.79	L	F	Jessica Law	11	ESTR	EKU 11/03/2017 SA Level 1 Provincl Age Group Ch
113	48.90	L	F	Shayna Truter	11	MATI	CED 18/02/2017 Western Cape Qualify Gala 3
114	48.95	L	F	Jane Lewis	11	SGUL	ETH 25/11/2016 KZN TYR Westville Sprints 2016
115*	49.10	L	F	Lara Botha	11	PAQU	CED 23/03/2017 SA Level 2 Regional Age Group Ci
115*	49.10	L	F	Kyra Meier	11	PRA	GSD 23/03/2017 SA Level 2 Regional Age Group Ci
117	49.13	L	F	Tiara Finnis	11	COLJ	09/12/2016 EC Aquatics Schools Trials Gala
118	49.14	L	F	Lesedi Thunzi	11	HARL	BUF 27/01/2017 BCA 2nd January Age Group Gala
119	49.18	L	F	Mia Uys	11	PSC	FSH 16/09/2016 NTS September 2016 Age Group
120	49.19	L	F	Cara Van Der Bijl	11	JASK	FBD 14/02/2017 Inter Primary
121*	49.53	L	P	Ennes Zietsman	11	PSC	FSH 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
121*	49.53	L	F	Gracie Monaghan	11	ELEC	JHB 24/09/2016 CGA Level 2 gala No 1
123	49.59	L	F	Jadyn-Lee Joubert	11	AZON	ETH 23/09/2016 KZN Speedo Junior Winter Champ
124	49.60	L	P	Alexandra Caldwell	11	SASE	JHB 23/03/2017 SA Level 3 Regional Age Group Ci
125	49.61	L	P	Deidre Murugan	11	BAYV	ETH 23/03/2017 SA Level 2 Regional Age Group Ci
126	49.68	L	F	Angel Geel	11	KDOR	KKD 08/12/2016 NWS Championships 2016/2017
127*	49.79	L	F	Dhiya Pillay	11	ACSA	ETH 04/11/2016 KZN Action Swimming Champs 20
127*	49.79	L	F	Larike Joubert	11	LSTZN	MP 27/01/2017 Limpopo School Championships
129	49.80	L	F	Charlize De Villiers	11	PRKA	PSD 23/03/2017 SA Level 2 Regional Age Group Ci
130	49.82	L	F	Chloe Gershuny	11	CADO	CPT 20/08/2016 Western Cape Summer 1
131*	49.87	L	F	Izelle Henning	11	BLNE	MAN 07/10/2016 Otters Prestige Gala
131*	49.87	L	F	Manaal Omar	11	SGUL	ETH 23/03/2017 SA Level 3 Regional Age Group C
133	49.91	L	F	Juane Kruger	11	GZSA	FSH 02/12/2016 2016 The Tshwane Mayoral Gala
134	49.94	L	F	Emma Crookes	11	KLOO	ETH 24/02/2017 KZN Speedo Level 2 Provincial Cf
135	49.99	L	F	Ellene Scholtz	11	AQU	ADJ 10/12/2016 Amajuba District December Age G
136	50.07	L	F	Ilhaam Sheik Freed	11	BEAV	ETH 23/03/2017 SA Level 2 Regional Age Group Ci
137	50.08	L	F	Marli Van Lierop	11	ASA	CPT 23/03/2017 SA Level 2 Regional Age Group Ci
138	50.09	L	F	Utah Novello	11	CLSC	WCD 23/03/2017 SA Level 2 Regional Age Group Ci
139	50.19	L	F	Mischa King	11	PAQU	CED 20/08/2016 Western Cape Summer 1
140	50.24	L	P	Caitlyn Martin	11	WATR	JHB 31/03/2017 SA Level 2 Regional Age Group Ci
141	50.26	L	F	Werné Nolte	11	LBT	EZD 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
142	50.47	L	F	Kacey Stumke	11	STDOM	FDD 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
143	50.49	L	P	Juliette Nel	11	TYGE	CPT 03/02/2017 Western Cape Jack Currie Champ
144	50.57	L	F	Yvonne Mthembu	11	ELEC	JHB 21/01/2017 CGA Level 3 - SANJ Last Chance
145	50.58	L	P	Kean Van Der Vlugt	11	ASA	ILD 23/03/2017 SA Level 2 Regional Age Group Ci
146	50.59	L	F	Julia Davies	11	MDOL	JHB 24/09/2016 CGA Level 2 gala No 1
147	50.64	L	P	Tazmyn Robson	11	TUKS	FSH 07/12/2016 NTS Championships 2016
148	50.74	L	F	Tendani Mukhithi	11	STCON	NW 03/02/2017 NW Schools Swimming Champion
149	50.75	L	P	Sesame Masibi	11	DDA	FSH 31/03/2017 SA Level 2 Regional Age Group Ci
150	50.76	L	F	Jemma van der Merwe	11	CSC	FSH 18/11/2016 NTS November 2016 Age Group L
151*	50.80	L	F	Skye Westerhuis	11	CYBE	CPT 23/03/2017 SA Level 3 Regional Age Group C
151*	50.80	L	F	Olwethu Ndlovu	11	UMSH	ETH 14/01/2017 Ethekwini Age Group 9
151*	50.80	L	F	Nicola Hartman	11	RFA	FSH 18/11/2016 NTS November 2016 Age Group L

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
154	50.81 L	F	Amori de Bruyn	11	VTLS BPD	03/02/2017	NW Schools Swimming Champion
155	50.82 L	F	Mary-Jane Hasenbroek	11	PAQU CED	18/11/2016	Western Cape Summer QF2
156	50.83 L	F	Lucy Friedenthal	11	UNIN EZD	18/02/2017	MP Age Group 5 - 18 FEBRUARY
157	50.84 L	F	Mikaila Brown	CR	TSSC ETH	25/11/2016	KZN TYR Westville Sprints 2016
158	50.90 L	P	Thalia Farrell	11	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci
159*	51.02 L	F	Madison Irvine	11	TUKS TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
159*	51.02 L	P	Rachel Guymer	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
161	51.06 L	F	Teegan Pio	11	PEAS NMA	04/02/2017	Uitenhage Swimming Club Gala 2f
162	51.09 L	P	Lara De Beer	11	BENS ECU	08/12/2016	EGA Championships 2016
163*	51.10 L	F	Bianca Ribeiro	11	RFA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
163*	51.10 L	P	Raphaelia Ioannou	11	MDOL JHB	31/03/2017	SA Level 2 Regional Age Group Ci
165*	51.14 L	F	Amber Warr	11	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
165*	51.14 L	F	Izaan Scheepers	HN	PSA ZLD	28/01/2017	Ushaka Championship Gala 2017
167	51.23 L	F	Josi Arnold	11	HARL BUF	05/11/2016	BCA Nov Age Group Gala 2016
168	51.27 L	F	Dominique De Jongh	11	FISH EDD	26/11/2016	Eden LC Champs 2016
169	51.32 L	F	Kate De Bruyn	11	BLSS MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
170	51.33 L	P	Grace Hoatson	11	AQU ADJ	23/03/2017	SA Level 2 Regional Age Group Ci
171	51.37 L	F	Laaiqah Goondie	11	SUPE JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
172	51.56 L	F	Ami Pirie	11	UWCA CPT	23/03/2017	SA Level 2 Regional Age Group Ci
173	51.60 L	P	Mbali Burnett	11	USH UHD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
174	51.61 L	F	Kelly Sparg	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
175	51.63 L	F	Emma Hamman	11	FAAC FBD	22/10/2016	Flamingo Gala 2016
176*	51.67 L	F	Keira Booth	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
176*	51.67 L	F	Rim Youssef	11	CUR MPD	24/02/2017	MPUMALANGA SCHOOL SWIMM
178	51.71 L	F	Grace Daley	11	WSTV ETH	02/09/2016	KZN Beavers Winter LongCourse
179*	51.73 L	F	Liya Venter	11	BLMA CPT	23/03/2017	SA Level 2 Regional Age Group Ci
179*	51.73 L	F	Milla Drakopoulos	11	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016
181*	51.80 L	F	Emily Tyldesley	11	MCS NW	03/02/2017	NW Schools Swimming Champion
181*	51.80 L	F	Tessa Van Heyningen	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
183	51.81 L	F	Carmia Hartman	11	RFA TSH	18/11/2016	NTS November 2016 Age Group L
184	51.95 L	F	Chloe Vd Merwe	11	ASA CPT	23/03/2017	SA Level 2 Regional Age Group Ci
185	52.01 L	P	Isabella Seale-Mckend	11	OLDE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
186*	52.03 L	F	Aminah Lindoor	11	AQUB NMA	09/09/2016	2nd A League 2016
186*	52.03 L	F	Nicole Schoeman	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe
188	52.10 L	F	Phillipa Tobias	11	MDOL JHB	18/02/2017	CGA Level 2 last chance gala day
189	52.11 L	F	Karla Vogel	11	TKSS WBD	25/11/2016	Limpopo Champs 25-27 Novembe
190	52.18 L	F	Lara Buchner	11	CUR EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
191	52.21 L	P	Njabulo Somthunzi	11	ATLA JHB	31/03/2017	SA Level 2 Regional Age Group Ci
192	52.25 L	P	Kameron salis	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
193	52.26 L	P	Skylla Schroll	11	MATL KKD	31/03/2017	SA Level 2 Regional Age Group Ci
194	52.27 L	P	Kirsten Cottrell	11	AZON ETH	23/09/2016	KZN Speedo Junior Winter Champ
195	52.35 L	F	Lara Kent	11	PFWA JHB	25/02/2017	CGA Level 1 Year End Gala
196	52.45 L	F	Khensany Khosana	11	WELA FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
197	52.60 L	P	Meghan Rawson	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
198	52.63 L	F	Mieke Bornman	11	PAC TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
199*	52.64 L	F	Zara Greenwood	11	CRSC JHB	05/11/2016	CGA Level 2 Gala No 3
199*	52.64 L	F	Anna Phillips	11	PENP MP	24/02/2017	MPUMALANGA SCHOOL SWIMM
201	52.65 L	F	Tamryn Olsen	11	AQWO CPT	18/02/2017	Western Cape Qualify Gala 3
202*	52.70 L	F	Marteli Pieters	11	PAC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
202*	52.70 L	F	Cleo Cunningham	11	PIRAN BUF	27/01/2017	BCA 2nd January Age Group Gala
204*	52.72 L	F	Kaitlyn Immelman	11	ESP ECU	11/03/2017	SA Level 1 Provincl Age Group Ch
204*	52.72 L	F	Sophia Stegmann	11	MDOL JHB	18/02/2017	CGA Level 2 last chance gala day
206*	52.78 L	P	Cara Smook	11	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group Ci
206*	52.78 L	F	Cara Botha	11	GHSL NW	03/02/2017	NW Schools Swimming Champion
208	52.79 L	P	Zelmarie Levin	11	TTNS SDD	23/03/2017	SA Level 2 Regional Age Group Ci
209	53.01 L	F	Lia Kotze	11	ROA EDD	04/11/2016	Freda Barnard Gala 35
210	53.13 L	F	Elanca Van Jaarsveld	11	LORR	09/12/2016	EC Aquatics Schools Trials Gala
211	53.14 L	F	Casey Davids	11	STAD JHB	18/02/2017	CGA Level 2 last chance gala day
212	53.16 L	F	Thinica Mc Anda	11	FAAC FBD	05/01/2017	NCASA Champs 2017



## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
213	53.23 L	F	Tyler Hughes	11	BOKS EKU	15/10/2016	EGA Summer 2_15 Oct 2016
214	53.31 L	P	Maddison Griffin	11	SOUL EKU	31/03/2017	SA Level 2 Regional Age Group Cl
215	53.37 L	F	Fatima Khan	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
216	53.54 L	F	Deidre Kessler	11	USC BUF	23/03/2017	SA Level 2 Regional Age Group Cl
217*	53.59 L	F	Simone' Pretorius	11	PAC TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
217*	53.59 L	F	Ruby James	11	RIV MP	03/02/2017	MP Age Group 4 - 3 & 4 February
219	53.61 L	F	Anna Victor	11	GTC EZD	25/11/2016	Mpumalanga Championships 2016
220	53.62 L	F	Rebecca Macquet	11	AZON ETH	14/01/2017	Ethekwini Age Group 9
221	53.75 L	F	Rone' vd Merwe	11	UPTS ZMD	05/01/2017	NCASA Champs 2017
222	53.83 L	F	Kiara Kunneke	11	RFA TSH	11/03/2017	SA Level 1 Provincl Age Group Ch
223	53.86 L	P	Hannah James	11	NCDST ILD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
224	53.91 L	F	Rania Gamielidien	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
225	53.94 L	F	Aaminah Hassan	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
226	53.99 L	F	Caohme Lalla	11	BEAV ETH	04/11/2016	KZN Action Swimming Champs 20
227	54.06 L	F	Hayley Swanepoel	11	PER JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
228	54.13 L	F	Megan Mulkay	11	TUKS TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
229*	54.18 L	P	Zoe Stock	11	ESP EKU	08/12/2016	EGA Championships 2016
229*	54.18 L	F	Kaylee Swartz	11	HARL BUF	10/02/2017	BCA February Age Group Gala 20
231	54.21 L	F	Sarah Banyard	11	TUKS TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
232	54.22 L	F	Tyla Mitchell	11	FLOD JHB	18/02/2017	CGA Level 2 last chance gala day
233	54.36 L	P	Morgan Corns	11	ESP EKU	08/12/2016	EGA Championships 2016
234	54.41 L	F	Kayla De Wet	11	SOUL EKU	10/09/2016	Adrian Grafe Memorial Gala 2016
235	54.43 L	F	Kayleigh Birch	11	GHSK FBD	18/02/2017	NCASA Age Group 6 KBY 2017
236	54.45 L	F	Kara de Wet	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
237	54.56 L	F	Amber Lewis	11	NDSA ETH	14/01/2017	Ethekwini Age Group 9
238	54.65 L S	F	Saffron Tweedie	11	ALBA NMA	10/02/2017	6th A League Gala 2017
239	54.68 L	F	Jodi Hobson	11	AQUB NMA	02/12/2016	NMBA Championships 2016
240	54.69 L	F	Jordan Meyer	11	FISHS EDD	14/01/2017	Eden 4th A League Gala
241	54.80 L	F	Marie-Louise Rose	11	BOKS EKU	18/02/2017	EGA Summer 5 Gala
242	54.81 L	F	Casey-Lee Peters	11	BON JHB	18/02/2017	CGA Level 2 last chance gala day
243	54.87 L	F	Ankia Uys	FR	PSA ZLD	28/01/2017	Ushaka Championship Gala 2017
244	54.97 L	F	Ashley Brown	11	TTNS SDD	18/02/2017	EGA Summer 5 Gala
245	54.99 L	F	Erin-Paige Longhurst	11	ESP EKU	05/11/2016	EGA Summer 3
246	55.01 L	F	Heidri de Jager	11	RBOT BPD	14/01/2017	NWS Age Group 4 1617
247	55.06 L	F	Camrin Cloete	11	PAQU CED	18/11/2016	Western Cape Summer QF2
248	55.11 L	F	Samantha Schultz	11	RC NG	18/02/2017	MP Age Group 5 - 18 FEBRUARY
249	55.12 L	F	Mandie Steenkamp	11	HSFM LP	27/01/2017	Limpopo School Championships
250	55.15 L	F	Nirvana Borrageiro	11	SGUL ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
251	55.22 L	F	Laiqa Ally	11	LENA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
252	55.23 L	F	Talitha du Preez	11	VTLS BPD	03/02/2017	NW Schools Swimming Champion
253	55.26 L	F	Kaylee Mc Laren	11	USH UJD	29/10/2016	Uthungulu District November 2016
254	55.35 L	F	Anmi Esbach	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
255	55.38 L	F	Lesedi Motlounq	11	BLNE MAN	30/11/2016	FS CHAMPS
256	55.40 L	F	Kaylin Lea Rosendorff	11	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
257	55.41 L	F	Irene Ioannou	11	MDOL JHB	05/11/2016	CGA Level 2 Gala No 3
258	55.59 L	F	Nawaal Mia	11	MDOL JHB	05/11/2016	CGA Level 2 Gala No 3
259	55.69 L	F	Courtney Linke	11	HARL BUF	02/12/2016	BCA Championships 2016
260	55.74 L	F	Christine Craven	11	ACT JHB	18/02/2017	CGA Level 2 last chance gala day
261	55.76 L	F	Ncumisa Nala	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
262	55.87 L	F	Nombulelo Masike	11	TTNS SDD	21/01/2017	EGA Summer 4
263	55.94 L	F	Nirene van der Watt	11	PARYS FDD	14/01/2017	Fezile Dabi Age Group Gala
264	56.12 L	F	Jasmine Herold	11	WATR JHB	24/09/2016	CGA Level 2 gala No 1
265	56.15 L	F	Tamsyn Smith	11	SOUL EKU	11/03/2017	SA Level 1 Provincl Age Group Ch
266	56.20 L	F	Amelie Coetzee	11	LSKP WB	27/01/2017	Limpopo School Championships
267	56.41 L	F	Atiyyah Valli	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
268	56.58 L	F	Caylyn Powell	11	BLOT MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
269	56.59 L	F	Zoe Scheepers	11	LSN NGD	24/02/2017	MPUMALANGA SCHOOL SWIMM
270	56.75 L	F	Claire Klinkert	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
271	56.86 L	F	Tatumn Tonkin	11	ONYX EKU	10/09/2016	Adrian Grafe Memorial Gala 2016

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr			
272	56.87 L	F	Tinaye Muchandingona	11	MITCH CC	27/01/2017 Limpopo School Championships
273	56.93 L	F	Olivia Drewett	11	UNIC MP	27/01/2017 Limpopo School Championships
274	57.03 L	F	Yasmeen Moolla	11	NCDST ILD	02/09/2016 KZN Beavers Winter LongCourse
275	57.06 L	F	Nina Evans	11	ELEC JHB	25/02/2017 CGA Level 1 Year End Gala
276	57.11 L	F	Carlia Nel	11	LSKP WB	27/01/2017 Limpopo School Championships
277	57.35 L	F	Summer Tucker	11	ELEC JHB	05/11/2016 CGA Level 2 Gala No 3
278	57.40 L	F	Katrijn Roefs	11	PSC TSH	16/09/2016 NTS September 2016 Age Group 1
279	57.47 L	P	Tsebisu Neduvhuledza	11	UNIM NGD	23/03/2017 SA Level 3 Regional Age Group C
280	57.59 L	F	Jadyn Marais	11	AA JHB	25/02/2017 CGA Level 1 Year End Gala
281	57.67 L	F	Armani vd Merwe	11	PWC CED	03/02/2017 NW Schools Swimming Champion
282	57.70 L	F	Jana Naude	11	USH UJD	14/01/2017 Uthungulu District January Age Gr
283	57.78 L	F	Cerinie Otto	11	PPPS BPD	03/02/2017 NW Schools Swimming Champion
284	57.91 L	F	Zoe Viljoen	11	PEAS NMA	19/08/2016 Nedbank Madibaz Swim Meet
285*	57.98 L	F	Sharike Rossouw	11	KALA JTD	05/01/2017 NCASA Champs 2017
285*	57.98 L	F	Kimberley Howes	11	GHSLS NW	03/02/2017 NW Schools Swimming Champion
287	58.09 L	P	Tonya Muller	11	CARN ECU	08/12/2016 EGA Championships 2016
288	58.35 L	F	Catriona Wittstock	11	ONYX ECU	15/10/2016 EGA Summer 2_15 Oct 2016
289	58.38 L	F	Milla Sypkens	11	SGA MAN	04/02/2017 SUPER SPORT LEAGUE GALA 2
290	58.43 L	F	Christina Sauerma	11	SGUL ETH	25/11/2016 KZN TYR Westville Sprints 2016
291	58.55 L	F	Gabriëlle Nieuwoudt	11	CUDU CPT	18/02/2017 Western Cape Qualify Gala 3
292	58.56 L	F	Erin O'Sullivan	11	BLMA CPT	04/11/2016 Freda Barnard Gala 35
293	58.59 L	P	Sophie De Kock	11	AZON ETH	23/09/2016 KZN Speedo Junior Winter Champ
294	58.66 L	F	Lené Lavarack	11	JASK FBD	21/01/2017 4 + 1 Gala Trials Kimberley
295	58.97 L	F	Lesedi Mahole	11	MATL KKD	08/12/2016 NWS Championships 2016/2017
296	59.11 L	F	Amahle Nkwanyana	11	TMAC ETH	25/11/2016 KZN TYR Westville Sprints 2016
297	59.28 L	F	Danica Bishop	11	TTNS SDD	18/02/2017 EGA Summer 5 Gala
298	59.32 L	F	Ané Ferreira	11	POTC KKD	14/01/2017 NWS Age Group 4 1617
299	59.36 L	F	Afika Ntuli	11	LNDD ETH	01/10/2016 eThekwini Level O Program 5
300	59.37 L	F	Nishke Basson	11	TUKS TSH	18/11/2016 NTS November 2016 Age Group L
301	59.43 L	F	Khanimamba Chabalala	11	DDA TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala
302	59.53 L	F	Ashley Jv Vuuren	11	ELRAS LP	25/11/2016 Limpopo Champs 25-27 Novembe
303	59.65 L	F	Liezl Van Der Berg	11	PAC TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala
304	59.70 L	F	Tenieka Greyling	11	GHSLS NW	03/02/2017 NW Schools Swimming Champion
305	59.85 L	F	Jezwyne Marimuthu	11	BAYV ETH	01/10/2016 eThekwini Level O Program 5
306	1:00.09 L	F	Kaylin Oelschig	11	BLOT MAN	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
307	1:00.43 L	F	Tamryn Haycock	11	WRP EZD	11/03/2017 2017 SSA LEVEL 1 SWIMMING M
308	1:00.47 L	F	Nicole Whitfield	11	RBOT BPD	08/12/2016 NWS Championships 2016/2017
309	1:00.48 L	P	Jeani Naude	11	BLOT MAN	27/06/2016 Sasol National Championship 2016
310	1:00.55 L	F	Elza Van Graan	11	SR FBD	29/10/2016 Good Hope Swimming Club
311	1:00.71 L	F	Rachel Irvine	11	STPS UMD	03/07/2016 eThekwini Age Group Gala 3
312	1:00.73 L	F	Sibongile Balada	11	BLNE MAN	19/08/2016 Kovsie Aquatics Gala 1
313	1:00.82 L	F	Khethelo Ngcobo	11	LNDD ETH	01/10/2016 eThekwini Level O Program 5
314	1:01.14 L	F	Tayba Sallie	11	LINR JHB	24/09/2016 CGA Level 2 gala No 1
315	1:01.15 L	F	Karla du Preez	11	MATL KKD	29/10/2016 NWS Age Group 2 1617
316	1:01.16 L	F	Sarah Byrne	11	LAD UTD	25/11/2016 KZN TYR Westville Sprints 2016
317	1:02.01 L	F	Lindsay Mc Manus	11	GHSLS NW	03/02/2017 NW Schools Swimming Champion
318	1:02.03 L	F	Kano Tjia	11	EAGA LP	25/11/2016 Limpopo Champs 25-27 Novembe
319	1:02.16 L	F	Refilwelethabo Molepo	11	GHSK FBD	09/12/2016 NCASA Sprints 2016
320	1:02.31 L	F	Samantha Grobler	11	KNYD EDD	04/11/2016 Freda Barnard Gala 35
321	1:02.33 L	F	Keira Naidoo	11	STPS UMD	01/10/2016 eThekwini Level O Program 5
322	1:02.41 L	F	Laeme Van Rooyen	11	KALA JTD	11/11/2016 Age group 2 2016 Kalahari
323	1:02.60 L	F	Aaminah Ahmed	11	ATLA JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
324	1:03.20 L	F	Sharné Erasmus	11	GHSLS NW	03/02/2017 NW Schools Swimming Champion
325	1:03.22 L	F	Jessica Landsberg	11	GHSK FBD	11/03/2017 Level 1 Intraprovincial Gala - Kimb
326	1:03.34 L	F	Anne Vd Spuy	11	OLDE JHB	05/11/2016 CGA Level 2 Gala No 3
327	1:03.64 L	F	Thandeka Mbokazi	11	USH UJD	28/01/2017 Ushaka Championship Gala 2017
328	1:04.03 L	F	Emma Mc Menamin	11	TUKS TSH	18/11/2016 NTS November 2016 Age Group L
329	1:04.05 L	F	Elani Neethling	11	HSFM LP	27/01/2017 Limpopo School Championships
330	1:04.72 L	F	Liani Nel	11	TUKS TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
331	1:04.82 L	F	Sadie Tolken	11	SODO JHB	24/09/2016	CGA Level 2 gala No 1
332	1:04.88 L	F	Bianka Klingenberg	11	PRA GSD	25/11/2016	Mpumalanga Championships 2016
333	1:05.29 L	F	Tania Swartz	11	GHLS NW	03/02/2017	NW Schools Swimming Champion
334	1:06.13 L	F	Liska Meyer	11	PRA GSD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
335	1:06.70 L	P	Catherine Rowan	11	SGUL ETH	23/09/2016	KZN Speedo Junior Winter Champ
336	1:07.38 L	F	Vianne Nel	11	TUKS TSH	16/09/2016	NTS September 2016 Age Group
337	1:08.22 L	F	Ester De KOck	11	LSN NGD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
338	1:09.04 L	F	Mardenique Hansen	11	DMA EZD	30/09/2016	Uniswim Spar Summer Gala
339	1:09.10 L	F	Amanda Mhlongo	11	UMSH ETH	01/10/2016	eThekwini Level O Program 5
340	1:09.37 L	F	Reabetswe Makgaka	11	L2C BPD	03/02/2017	NW Schools Swimming Champion
341	1:09.63 L	F	Nerine van der Westhuizen	11	PARYS FDD	14/01/2017	Fezile Dabi Age Group Gala
342	1:09.69 L	F	Haylee Nason	11	BON JHB	25/02/2017	CGA Level 1 Year End Gala
343	1:10.46 L	F	Dudueletsang Mekgwe	11	GHSK FBD	10/02/2017	NCASA Age Group 5 KBY 2017
344	1:10.48 L	F	Lisamey Nel	11	RBUR BPD	14/01/2017	NWS Age Group 4 1617
345	1:11.09 L	F	Caitlyn Crawford	11	PENG FBD	18/02/2017	NCASA Age Group 6 KBY 2017
346	1:11.47 L	F	Pamella Mkhize	11	KWAM ETH	01/10/2016	eThekwini Level O Program 5
347	1:14.35 L	F	Jeanne Coetzer	11	UPTS ZMD	11/02/2017	NCASA Age Group 5 UPT2017
348	1:14.51 L	F	Marie Alberts	11	PRKA PSD	14/10/2016	Age Group 1 2016 Upington
349	1:17.41 L	F	Lindokuhle Maboza	11	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
350	1:20.31 L	F	Sihe Mthembu	11	KWAM ETH	01/10/2016	eThekwini Level O Program 5
351	1:23.58 L	F	Anri Greyling	11	GHLS NW	03/02/2017	NW Schools Swimming Champion
352	1:23.94 L	P	Nakita Da Silva	11	TTNS SDD	27/06/2016	Sasol National Championship 201
353	1:39.76 L	F	Nomaswazi Vilakazi	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
<b>Women 11-11 100 Breast</b>							
1	1:22.39 L	P	Michaela Dal Medico	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
2	1:23.25 L	F	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
3	1:23.26 L	P	Amy Muller	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
4	1:24.69 L	F	Caitlin Ruane	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
5	1:27.33 L	F	Kairah George	11	GDE	17/02/2017	Gauteng Schools Swimming Trials
6	1:28.66 L	F	Isabelle Barrow	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
7	1:28.85 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
8	1:30.71 L	F	Amber Olsen	11	BLSS MAN	23/03/2017	SA Level 3 Regional Age Group C
9	1:30.83 L	F	Cara Ralfe	11	SEAL JMD	23/03/2017	SA Level 3 Regional Age Group C
10	1:31.22 L	F	Abigail Rululu	11	AQUA BUF	10/02/2017	BCA February Age Group Gala 20
11	1:31.44 L	F	Rebecca Leach	11	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group Ci
12	1:31.60 L	F	Mikaela Goelst	11	FINS EZD	23/03/2017	SA Level 3 Regional Age Group C
13	1:32.01 L	P	Zoe Terblanche	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
14	1:32.13 L	F	Amy Robson-Garth	11	BOKS ECU	08/12/2016	EGA Championships 2016
15	1:32.20 L	F	Julia Ristow	11	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
16	1:33.23 L	F	Baylee Engelke	11	MATI CED	01/12/2016	Western Cape Summer Champion
17	1:33.49 L	F	Grace Daly	11	ELEC JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
18	1:33.50 L	F	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
19	1:33.79 L	F	Mikaela Bristow	11	VINE CPT	23/03/2017	SA Level 3 Regional Age Group C
20	1:33.81 L	P	Morgan Pharoah	11	CSC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
21	1:34.42 L	F	Jasmin Vermeulen	11	WATR JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
22	1:35.47 L	P	Jessica Reilly	11	WATR JHB	23/03/2017	SA Level 3 Regional Age Group Ci
23	1:35.70 L	P	Georgia Carstens	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
24	1:35.77 L	P	Melyssa Rocha	11	MOZ	07/12/2016	NTS Championships 2016
25	1:35.92 L	P	Annette Greyling	11	AA JHB	23/03/2017	SA Level 3 Regional Age Group Ci
26*	1:36.02 L	P	Lara Daling	11	TKSS WBD	23/03/2017	SA Level 3 Regional Age Group Ci
26*	1:36.02 L	F	Gemma Frank	11	ASA ILD	23/03/2017	SA Level 3 Regional Age Group C
28	1:36.03 L	P	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
29	1:36.11 L	F	Tarryn Volkwyn	11	ELEC NMA	11/11/2016	4th A League Gala 2016
30	1:36.15 L	P	Simone Banducci	11	ELEC JHB	07/12/2016	NTS Championships 2016
31	1:36.42 L	P	Amber Landskron	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
32	1:36.58 L	F	Tenique Riekert	11	TUKS TSH	31/03/2017	SA Level 2 Regional Age Group Ci
33	1:37.04 L	P	Taylor Jordaan	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group Ci
34	1:37.28 L	P	Emma Beyers	11	UNIN EZD	23/03/2017	SA Level 3 Regional Age Group C
35	1:37.34 L	F	Danielle Webster	11	RFA TSH	31/03/2017	SA Level 2 Regional Age Group Ci

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
36	1:37.37	L	F	Mia Uys	11	PSC	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
37	1:38.27	L	F	Kirsten Storm	11	LINR	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
38	1:38.32	L	F	Alexia Greyling	11	UNIQ	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
39	1:38.52	L	F	Ennes Zietsman	11	PSC	FSH	28/01/2017 CGA Level 3-SANJ Last Chance g
40	1:38.62	L	P	Summer Croucamp	11	TUKS	FSH	07/12/2016 NTS Championships 2016
41*	1:39.02	L	P	Tayla Haslam	11	KLOO	ETH	13/12/2016 KZN Speedo Provincial Champion
41*	1:39.02	L	P	Tamika Anderson	11	TUKS	FSH	07/12/2016 NTS Championships 2016
43	1:39.06	L	F	Melissa Martens	11	STPS	UMD	24/02/2017 KZN Speedo Level 2 Provincial Cf
44*	1:39.08	L	F	Li Mc Quire	11	ISSC	NMD	31/03/2017 SA Level 2 Regional Age Group Ci
44*	1:39.08	L	F	Mari Nortje	11	BULS	MAN	23/03/2017 SA Level 2 Regional Age Group Ci
46	1:40.12	L	F	Jenna McLoughlin	11	ASA	CPT	03/02/2017 Western Cape Jack Currie Champ
47	1:40.15	L	F	Gemma Haupt	11	ASA	CPT	03/02/2017 Western Cape Jack Currie Champ
48	1:40.34	L	F	Roslyn Joseph	11	DDA	FSH	21/01/2017 EGA Summer 4
49	1:40.60	L	F	Tamryn Scott	11	CUR	MPD	24/02/2017 MPUMALANGA SCHOOL SWIMM
50	1:40.63	L	P	Ava Rathner	11	WSAA	CPT	23/03/2017 SA Level 3 Regional Age Group C
51	1:40.67	L	P	Nicola Harcus	11	WATR	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
52	1:41.03	L	F	Jenna Foster	11	BCA	BUF	07/01/2017 EDEN INTERPROVINCIAL 2017
53	1:41.32	L	P	Zodea Jacobie	11	SUPE	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
54	1:41.46	L	P	Annè Sabbagha	11	ASA	CPT	23/03/2017 SA Level 3 Regional Age Group C
55	1:41.59	L	F	Jodi Dos Santos	11	LSN	NGD	24/02/2017 MPUMALANGA SCHOOL SWIMM
56	1:41.73	L	F	Melindie van Rensburg	11	UNIN	EZD	03/02/2017 MP Age Group 4 - 3 & 4 February
57	1:41.80	L	P	Miche Johns	11	BLNE	MAN	23/03/2017 SA Level 3 Regional Age Group C
58*	1:42.01	L	P	Nurul-Huda Samaai	11	MARL	CPT	23/03/2017 SA Level 3 Regional Age Group C
58*	1:42.01	L	F	Jada Coetzee	11	FISH	EDD	23/03/2017 SA Level 3 Regional Age Group C
60	1:42.02	L	P	Jenny Zhang	11	EAGA	LP	31/03/2017 SA Level 2 Regional Age Group Ci
61	1:42.18	L	F	Alexia Delicado	11	POTC	KKD	08/12/2016 NWS Championships 2016/2017
62	1:42.66	L	F	Noa Harnett	11	NCDS	ILD	23/03/2017 SA Level 2 Regional Age Group Ci
63	1:42.68	L	P	Kaela Viljoen	11	MDOL	JHB	23/03/2017 SA Level 3 Regional Age Group Ci
64	1:42.78	L	P	Liya Davids	11	SUPE	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
65	1:42.81	L	P	Symone Steyn	11	KEIK	NMD	23/03/2017 SA Level 3 Regional Age Group Ci
66	1:43.04	L	F	Jozzi Nupen	11	CRSC	JHB	05/11/2016 CGA Level 2 Gala No 3
67	1:43.25	L	F	Emma Crookes	11	KLOO	ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
68	1:43.29	L	P	Alexis Jaide Morrison-Goate	11	AA	JHB	08/12/2016 EGA Championships 2016
69	1:43.64	L	F	Alexandra Bowyer	11	KLOO	ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
70	1:44.00	L	P	Anje Van Papendorp	11	PSC	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
71	1:44.05	L	F	Emma Terblanche	11	PRKA	PSD	23/03/2017 SA Level 3 Regional Age Group C
72	1:44.22	L	P	Tiya Bhika	11	ELEC	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
73	1:44.30	L	F	Tori Voke	11	VIKI	BUF	30/09/2016 Aquabeat Invitational Meet
74	1:44.33	L	F	Ellene Scholtz	11	AQU	ADJ	25/11/2016 KZN TYR Westville Sprints 2016
75	1:44.44	L	P	Caroline Cress	11	WALM	CPT	01/12/2016 Western Cape Summer Champion
76	1:44.54	L	P	Helena Prinsloo	11	PAQU	CED	23/03/2017 SA Level 3 Regional Age Group C
77	1:44.64	L	F	Nicole Bantom	11	CYBE	CPT	21/01/2017 WCSAA - Western Cape Schools
78	1:44.82	L	F	Kelly Williamson	11	INFA	NMA	23/03/2017 SA Level 2 Regional Age Group Ci
79	1:44.93	L	F	Dominique De Jongh	11	BCA	BUF	07/01/2017 EDEN INTERPROVINCIAL 2017
80	1:44.95	L	F	Bianke Pienaar	11	PARYS	FDD	02/02/2017 NFS PRIMARY SCHOOLS
81	1:45.04	L	F	Jadyn-Lee Joubert	11	AZON	ETH	02/09/2016 KZN Beavers Winter LongCourse
82*	1:45.16	L	F	Ane' Meier	11	PAC	FSH	03/02/2017 NTS Feb 2017 Age Group Level 3
82*	1:45.16	L	F	Rachel Webb	11	HARL	BUF	02/12/2016 BCA Championships 2016
84	1:45.18	L	F	Jasmine Witthuhn	11	INFA	NMA	23/03/2017 SA Level 3 Regional Age Group C
85	1:45.48	L	F	Angel Geel	11	KDOR	KKD	26/11/2016 NWS Age Group 3 2016/2017
86	1:45.63	L	P	Reabetswe Phume	11	AA	JHB	31/03/2017 SA Level 2 Regional Age Group Ci
87	1:45.67	L	F	Hannah Bridge	11	KNYD	EDD	23/03/2017 SA Level 2 Regional Age Group Ci
88	1:45.69	L	F	Jane Lewis	11	SGUL	ETH	23/03/2017 SA Level 3 Regional Age Group C
89	1:45.92	L	P	Amy Van Breda	11	VINE	CPT	03/02/2017 Western Cape Jack Currie Champ
90	1:45.97	L	F	Isabella Reynolds	11	ELEC	JHB	25/02/2017 CGA Level 1 Year End Gala
91	1:46.22	L	P	Sesame Masibi	11	DDA	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
92	1:46.26	L	P	Marli Van Lierop	11	ASA	CPT	03/02/2017 Western Cape Jack Currie Champ
93	1:46.34	L	P	Janke Fourie	11	PAC	FSH	31/03/2017 SA Level 2 Regional Age Group Ci
94	1:46.42	L	F	Mia Van der Mescht	11	BULS	MAN	23/03/2017 SA Level 2 Regional Age Group Ci

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
95	1:46.46 L	P	Lara De Beer	11	BENS EKU	31/03/2017	SA Level 2 Regional Age Group Ci
96	1:46.56 L	F	Olivia Kruger	11	ELEC JHB	17/09/2016	CGA Level 3/SANJ Gala No 1
97	1:46.79 L	F	Jade Steyn	11	TRIDE ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
98	1:47.13 L	F	Mieke Oosthuizen	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe
99	1:47.20 L	F	Grace Hoatson	11	AQU ADJ	23/03/2017	SA Level 2 Regional Age Group Ci
100	1:47.24 L	F	Kayci Petzer	11	BEAV ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
101	1:47.34 L	F	Mischa King	11	PAQU CED	17/09/2016	Western Cape Summer 2
102	1:47.46 L	F	Courtney Smith	11	AQWO CPT	04/11/2016	Freda Barnard Gala 35
103	1:47.52 L	F	Tiara Finnis	11	AQUB NMA	13/08/2016	1st A League 2016
104	1:47.58 L	F	Kayla Tully	11	TRIDE ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
105	1:47.74 L	F	Erin Foster	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
106	1:47.80 L	P	Larique Joubert	11	TASC LP	31/03/2017	SA Level 2 Regional Age Group Ci
107	1:47.94 L	F	Welne Pretorius	11	AQU ADJ	23/03/2017	SA Level 2 Regional Age Group Ci
108	1:48.09 L	F	Ilhaam Sheik Freed	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group Ci
109	1:48.18 L	F	Danielle Joubert	11	JASK FBD	14/02/2017	Inter Primary
110	1:48.45 L	P	Caitlyn Martin	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
111	1:48.58 L	F	Emma Hamman	11	FAAC FBD	29/10/2016	Good Hope Swimming Club
112	1:48.66 L	P	Kameron salis	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
113*	1:48.96 L	P	Karla Vogel	11	TKSS WBD	31/03/2017	SA Level 2 Regional Age Group Ci
113*	1:48.96 L	F	Matundu Banza	11	UNIN EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
115	1:49.04 L	F	Rachel Groepes	11	WSAA CPT	17/09/2016	Western Cape Summer 2
116	1:49.05 L	F	Charlize De Villiers	11	PRKA PSD	22/10/2016	Flamingo Gala 2016
117	1:49.15 L	F	Jodi Wilson	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
118	1:49.20 L	F	Skye Lang	11	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day
119*	1:49.29 L	F	Kirsten Cottrell	11	AZON ETH	25/11/2016	KZN TYR Westville Sprints 2016
119*	1:49.29 L	F	Nicola Hartman	11	RFA TSH	18/11/2016	NTS November 2016 Age Group L
121	1:49.34 L	F	Kiersten Paulse	11	XSAQ CPT	23/03/2017	SA Level 3 Regional Age Group C
122	1:49.44 L	F	Lara Botha	11	PAQU CED	23/03/2017	SA Level 2 Regional Age Group Ci
123	1:49.65 L	P	Lara Gouws	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
124	1:49.73 L	F	Dhiya Pillay	11	ACSA ETH	04/11/2016	KZN Action Swimming Champs 20
125	1:49.81 L	F	Teegan Pio	11	LORR	09/12/2016	EC Aquatics Schools Trials Gala
126	1:49.94 L	F	Olwethu Ndlovu	11	UMSH ETH	02/09/2016	KZN Beavers Winter LongCourse
127	1:50.05 L	F	Deidre Murugan	11	BAYV ETH	02/09/2016	KZN Beavers Winter LongCourse
128	1:50.07 L	F	Bianca Ribeiro	11	RFA TSH	16/09/2016	NTS September 2016 Age Group
129	1:50.27 L	F	Amber Warr	11	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
130	1:50.28 L	P	Cara Van Der Bijl	11	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group Ci
131	1:50.54 L	F	Tumé van Niekerk	11	MRLS KKD	03/02/2017	NW Schools Swimming Champion
132*	1:50.73 L	F	Juane Kruger	11	GZSA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
132*	1:50.73 L	F	Manaal Omar	11	SGUL ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
134	1:50.99 L	P	Celine Hamman	HR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Ci
135	1:51.02 L	F	Josi Arnold	11	HARL BUF	24/06/2016	PEA Winter Gala 2016
136	1:51.06 L	F	Mikaila Brown	CR	TSSC ETH	25/11/2016	KZN TYR Westville Sprints 2016
137	1:51.08 L	F	Julia Volschenk	11	GZSA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
138	1:51.16 L	P	Kean Van Der Vlugt	11	ASA ILD	23/03/2017	SA Level 2 Regional Age Group Ci
139	1:51.22 L	F	Tendani Mukhithi	11	STCON NW	03/02/2017	NW Schools Swimming Champion
140	1:51.36 L	F	Lucy Friedenthal	11	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016
141	1:51.66 L	P	Thalia Farrell	11	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci
142	1:52.03 L	F	Skye Westerhuis	11	CYBE CPT	23/03/2017	SA Level 2 Regional Age Group Ci
143	1:52.14 L	F	Izelle Henning	11	BLNE MAN	30/11/2016	FS CHAMPS
144	1:52.31 L	P	Juliette Nel	11	TYGE CPT	03/02/2017	Western Cape Jack Currie Champ
145	1:52.33 L	F	Tammy Greenwood	11	ROA EDD	26/11/2016	Eden LC Champs 2016
146	1:52.34 L	F	Somikazi Qwemesha	11	CYBE CPT	17/09/2016	Western Cape Summer 2
147	1:52.52 L	F	Carike Jansen	11	TUKS TSH	16/09/2016	NTS September 2016 Age Group
148	1:52.83 L	F	Julia Davies	11	MDOL JHB	24/09/2016	CGA Level 2 gala No 1
149	1:52.91 L	F	Werné Nolte	11	LBT EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
150	1:52.99 L	F	Jaimie Black	11	NCDST ILD	25/11/2016	KZN TYR Westville Sprints 2016
151	1:53.05 L	F	Utah Novello	11	CLSC WCD	23/03/2017	SA Level 2 Regional Age Group Ci
152	1:53.13 L	F	Liya Venter	11	BLMA CPT	23/03/2017	SA Level 2 Regional Age Group Ci
153	1:53.22 L	F	Jorja Botes	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
154	1:53.28 L	F Ami Pirie	11 UWCA CPT 23/03/2017 SA Level 2 Regional Age Group Ci
155	1:53.31 L	F Lara Buchner	11 CUR EZD 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
156	1:53.60 L S	F Lia Kotze	11 ROA EDD 14/01/2017 5th A League Gala 2017
157	1:53.63 L	F Sophia Stegmann	11 MDOL JHB 24/09/2016 CGA Level 2 gala No 1
158	1:54.04 L	F Kelly Sparg	11 HARL BUF 10/02/2017 BCA February Age Group Gala 20
159	1:54.19 L	F Skyla Schroll	11 WSAA CPT 18/02/2017 NWS District Development Champ
160	1:54.28 L	F Keira Booth	11 SS LP 25/11/2016 Limpopo Champs 25-27 Novembe
161	1:54.71 L	F Grace Daley	11 WSTV ETH 02/09/2016 KZN Beavers Winter LongCourse
162	1:54.76 L	P Cara Smook	11 BLNE MAN 23/03/2017 SA Level 2 Regional Age Group Ci
163	1:54.87 L	F Anna Phillips	11 PENP MP 24/02/2017 MPUMALANGA SCHOOL SWIMM
164	1:54.96 L	F Nirene van der Watt	11 PARYS FDD 12/11/2016 Fezile Dabi Age Group 12 Nov 20
165	1:55.02 L	F Carmia Hartman	11 RFA TSH 16/09/2016 NTS September 2016 Age Group
166	1:55.30 L	F Rone' vd Merwe	11 UPTS ZMD 05/01/2017 NCASA Champs 2017
167	1:55.36 L	F Jasmine Herold	11 WATR JHB 24/09/2016 CGA Level 2 gala No 1
168	1:55.70 L	F Hannah James	11 NCDST HLD 25/11/2016 KZN TYR Westville Sprints 2016
169	1:55.74 L	F Kyra Meier	11 PRA GSD 03/02/2017 MP Age Group 4 - 3 & 4 February
170	1:55.77 L	F Fatima Khan	11 ATLA JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
171	1:55.88 L	F Cara Botha	11 GHSL NW 03/02/2017 NW Schools Swimming Champion
172	1:55.91 L	P Izaan Scheepers	HN PSA ZLD 23/03/2017 SA Level 2 Regional Age Group Ci
173	1:56.05 L	F Chloe Vd Merwe	11 ASA CPT 23/03/2017 SA Level 3 Regional Age Group C
174	1:56.19 L	F Jemma van der Merwe	11 CSC TSH 18/11/2016 NTS November 2016 Age Group L
175	1:56.26 L	F Elanca Van Jaarsveld	11 PEAS NMA 23/03/2017 SA Level 2 Regional Age Group Ci
176	1:56.30 L	F Nicole Schoeman	11 TKS LP 25/11/2016 Limpopo Champs 25-27 Novembe
177	1:56.38 L	F Thinica Mc Anda	11 FAAC FBD 05/01/2017 NCASA Champs 2017
178	1:56.44 L	F Tabitha Stegman	11 CSC TSH 18/11/2016 NTS November 2016 Age Group L
179	1:56.66 L	F Eva Markovic	11 MATL KKD 08/12/2016 NWS Championships 2016/2017
180	1:56.94 L	F Lesedi Thunzi	11 HARL BUF 24/06/2016 PEA Winter Gala 2016
181	1:56.99 L	F Emma Wiggins	11 TUKS TSH 16/09/2016 NTS September 2016 Age Group
182	1:57.02 L	F Marteli Pieters	11 PAC TSH 02/12/2016 2016 The Tshwane Mayoral Gala
183	1:57.19 L	F Rim Youssef	11 CUR MPD 24/02/2017 MPUMALANGA SCHOOL SWIMM
184	1:57.21 L	P Camrin Cloete	11 PAQU CED 03/02/2017 Western Cape Jack Currie Champ
185	1:57.35 L	F Rania Gamielidien	11 WALM CPT 23/03/2017 SA Level 2 Regional Age Group Ci
186	1:57.50 L	F Amahle Nkwanyana	11 TMAC ETH 06/08/2016 eThekwini Age Group Gala 4
187	1:57.56 L	F Isabella Seale-Mckend	11 OLDE JHB 24/09/2016 CGA Level 2 gala No 1
188	1:57.59 L	F Emily Tyldesley	11 HREF BPD 08/12/2016 NWS Championships 2016/2017
189	1:57.62 L	F Courtney Linke	11 HARL BUF 02/12/2016 BCA Championships 2016
190	1:57.77 L	F Nirvana Borrageiro	11 SGUL ETH 24/02/2017 KZN Speedo Level 2 Provincial Cf
191	1:57.85 L	F Laaiqah Goondie	11 SUPE JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
192	1:57.99 L	F Meredith O'Tool	11 WELA LLD 07/10/2016 Otters Prestige Gala
193	1:58.17 L	F Jordan Meyer	11 FISHS EDD 14/01/2017 Eden 4th A League Gala
194	1:58.28 L	F Kate De Bruyn	11 BLSS MAN 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
195	1:58.56 L	F Sarah Banyard	11 TUKS TSH 02/12/2016 2016 The Tshwane Mayoral Gala
196	1:58.69 L	F Heidri de Jager	11 RBOT BPD 08/12/2016 NWS Championships 2016/2017
197	1:58.80 L	F Mary-Jane Hasenbroek	11 PAQU CED 04/11/2016 Freda Barnard Gala 35
198	1:58.91 L	F Khensany Khosana	11 WELA FDD 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
199	1:59.09 L	F Ruby James	11 RIV MP 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
200	1:59.21 L	F Simone' Pretorius	11 PAC TSH 16/09/2016 NTS September 2016 Age Group
201	1:59.31 L	F Tamryn Olsen	11 AQWO CPT 18/02/2017 Western Cape Qualify Gala 3
202	1:59.46 L	P Morgan Corns	11 ESP EKU 08/12/2016 EGA Championships 2016
203	1:59.50 L	F Leah Ermann	11 ACT JHB 05/02/2017 CGA Level 2 last chance gala Day
204	1:59.61 L	F Jeani Naude	11 BULS MAN 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
205	1:59.82 L	F Anna Victor	11 GTC EZD 25/11/2016 Mpumalanga Championships 2016
206	1:59.83 L	F Christine Craven	11 ACT JHB 05/02/2017 CGA Level 2 last chance gala Day
207	1:59.92 L	F Kaylee Mc Laren	11 USH UHD 28/01/2017 Ushaka Championship Gala 2017
208	2:00.15 L	F Ankia Uys	FR PSA ZLD 28/01/2017 Ushaka Championship Gala 2017
209	2:00.16 L	P Tyler Hughes	11 BOKS EKU 08/12/2016 EGA Championships 2016
210	2:00.36 L	F Mandie Steenkamp	11 HSFM LP 27/01/2017 Limpopo School Championships
211	2:00.77 L	F Lara Groenewald	11 AQU ADJ 25/11/2016 KZN TYR Westville Sprints 2016
212	2:00.82 L	F Catriona Wittstock	11 ONYX EKU 11/03/2017 SA Level 1 Provincl Age Group Ch

## Individual Top Times

Times since: 01-May-16

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Time	P/F/S	Name	Age/Yr				
213	2:00.84 L	F	Deidre Kessler	11	USC BUF	02/12/2016	BCA Championships 2016
214	2:00.92 L	P	Kaitlyn Immelman	11	ESP EKU	08/12/2016	EGA Championships 2016
215	2:00.95 L	F	Sharika Rossouw	11	KALA JTD	05/01/2017	NCASA Champs 2017
216	2:01.22 L	F	Yasmeen Moolla	11	NCDST ILD	06/08/2016	eThekwini Age Group Gala 4
217	2:01.40 L	F	Raphaelia Ioannou	11	MDOL JHB	24/09/2016	CGA Level 2 gala No 1
218	2:01.44 L	F	Irene Ioannou	11	MDOL JHB	24/09/2016	CGA Level 2 gala No 1
219	2:01.46 L	F	Laiqa Ally	11	LENA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
220	2:02.23 L	P	Zoe Stock	11	ESP EKU	08/12/2016	EGA Championships 2016
221	2:02.25 L	F	Tessa Van Heyningen	11	LSTZN MP	27/01/2017	Limpopo School Championships
222	2:02.26 L	F	Sophia Kerr	11	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
223	2:02.61 L	F	Megan Mulkay	11	TUKS TSH	11/03/2017	SA Level 1 Provincl Age Group Ch
224	2:02.97 L	F	Anmi Esbach	11	GHLSL NW	03/02/2017	NW Schools Swimming Champion
225	2:03.17 L	F	Casey-Lee Peters	11	BON JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
226	2:03.18 L	F	Atiyyah Valli	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
227	2:03.22 L	F	Caohme Lalla	11	BEAV ETH	25/11/2016	KZN TYR Westville Sprints 2016
228	2:03.69 L	F	Marie-Louise Rose	11	BOKS EKU	24/09/2016	EGA Summer 1
229	2:04.22 L	F	Claire Klinkert	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
230	2:04.28 L	F	Nombulelo Masike	11	TTNS SDD	24/09/2016	EGA Summer 1
231	2:04.84 L	P	Njabulo Somthunzi	11	ATLA JHB	08/12/2016	EGA Championships 2016
232	2:04.91 L	F	Lesedi Motloung	11	BLNE MAN	30/11/2016	FS CHAMPS
233	2:05.84 L	P	Erin-Paige Longhurst	11	ESP EKU	08/12/2016	EGA Championships 2016
234	2:06.22 L	P	Tonya Muller	11	CARN EKU	08/12/2016	EGA Championships 2016
235	2:06.30 L	F	Summer Tucker	11	ELEC JHB	24/09/2016	CGA Level 2 gala No 1
236	2:06.53 L	F	Tamsyn Smith	11	SOUL EKU	11/03/2017	SA Level 1 Provincl Age Group Ch
237	2:07.18 L	F	Armani vd Merwe	11	PWC CED	03/02/2017	NW Schools Swimming Champion
238	2:07.19 L	F	Carlia Nel	11	LSKP WB	27/01/2017	Limpopo School Championships
239	2:07.36 L S	F	Zoe Viljoen	11	PEAS NMA	14/01/2017	5th A League Gala 2017
240	2:08.20 L	F	Jezwyne Marimuthu	11	BAYV ETH	18/09/2016	eThekwini Level O Program 4
241	2:08.28 L	F	Phillipa Tobias	11	MDOL JHB	24/09/2016	CGA Level 2 gala No 1
242	2:08.97 L	F	Elza Van Graan	11	SR FBD	22/10/2016	Flamingo Gala 2016
243	2:09.01 L	F	Gabriëlle Nieuwoudt	11	CUDU CPT	18/02/2017	Western Cape Qualify Gala 3
244	2:09.88 L	F	Lindsay Mc Manus	11	GHLSL NW	03/02/2017	NW Schools Swimming Champion
245	2:11.12 L	P	Christina Sauerma	11	SGUL ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
246	2:11.22 L	F	Zoe Scheepers	11	LSN NGD	24/02/2017	MPUMALANGA SCHOOL SWIMM
247	2:11.36 L	F	Sadie Tolken	11	SODO JHB	05/11/2016	CGA Level 2 Gala No 3
248	2:11.49 L	F	Jadyn Marais	11	AA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
249	2:11.50 L	F	Katrijn Roefs	11	PSC TSH	18/11/2016	NTS November 2016 Age Group L
250	2:12.41 L	F	Refilwelethabo Molepo	11	GHSK FBD	11/03/2017	Level 1 Intraprovincial Gala - Kimb
251	2:13.65 L S	P	Danica Bishop	11	TTNS SDD	27/06/2016	Sasol National Championship 2016
252	2:13.84 L	F	Lesedi Mahole	11	MATL KKD	08/12/2016	NWS Championships 2016/2017
253	2:13.86 L	F	Afika Ntuli	11	LNDD ETH	18/09/2016	eThekwini Level O Program 4
254	2:14.09 L	P	Amber Lewis	11	NDSA ETH	23/09/2016	KZN Speedo Junior Winter Champ
255	2:14.26 L	F	Tenieka Greyling	11	GHLSL NW	03/02/2017	NW Schools Swimming Champion
256	2:14.82 L	F	Kaylin Oelschig	11	JASK FBD	14/02/2017	Inter Primary
257	2:15.93 L	F	Nicole Whitfield	11	L2C BPD	03/02/2017	NW Schools Swimming Champion
258	2:16.53 L	F	Tsebiso Neduvhuledza	11	UNIM NGD	18/02/2017	MP Age Group 5 - 18 FEBRUARY
259	2:18.12 L	F	Nerine van der Westhuizen	11	PARYS FDD	02/02/2017	NFS PRIMARY SCHOOLS
260	2:19.76 L	F	Aaminah Ahmed	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
261	2:19.94 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe
262	2:20.28 L	F	Anne Vd Spuy	11	OLDE JHB	05/11/2016	CGA Level 2 Gala No 3
263	2:21.22 L	F	Khanimamba Chabalala	11	DDA TSH	18/11/2016	NTS November 2016 Age Group L
264	2:21.23 L	F	Kelsey Kemp	11	NEWS ADJ	10/12/2016	Amajuba District December Age G
265	2:22.75 L	F	Lené Lavarack	11	JASK FBD	14/02/2017	Inter Primary
266	2:23.19 L	F	Emma Mc Menamin	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala
267	2:25.19 L	F	Thandeka Mbokazi	11	USH UHD	28/01/2017	Ushaka Championship Gala 2017
268	2:25.70 L	F	Samantha Grobler	11	KNYD EDD	15/10/2016	EDEN 1st A-League Gala 2016
269	2:26.49 L	F	Tania Swartz	11	GHLSL NW	03/02/2017	NW Schools Swimming Champion
270	2:28.49 L	F	Bianca Kligenberg	11	PRA GSD	25/11/2016	Mpumalanga Championships 2016
271	2:31.85 L	F	Lisamey Nel	11	PPPS BPD	03/02/2017	NW Schools Swimming Champion

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
272	2:34.13 L	F	Mardenique Hansen	11	DMA EZD	25/11/2016	Mpumalanga Championships 2016
273	2:36.01 L	F	Bella Verster	11	LBT EZD	03/02/2017	MP Age Group 4 - 3 & 4 February
274	2:49.71 L	F	Reabetswe Makgaka	11	L2C BPD	03/02/2017	NW Schools Swimming Champion
275	2:51.22 L	F	Santhuri Mudaliar	11	STPS UMD	18/09/2016	eThekwin Level O Program 4
<b>Women 11-11 200 Breast</b>							
1	2:57.96 L	F	Michaela Dal Medico	11	GDE	10/04/2017	SA Schools Swimming Champions
2	2:59.51 L	F	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group C
3	3:07.11 L	F	Amy Muller	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group C
4	3:09.13 L	F	Caitlin Ruane	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group C
5	3:12.59 L	F	Cara Ralfe	11	SEAL UMD	23/03/2017	SA Level 3 Regional Age Group C
6	3:13.63 L	F	Rebecca Leach	11	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group C
7	3:15.11 L	F	Kairah George	11	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
8	3:16.83 L	F	Keesha Adams	11	ASA CPT	03/02/2017	Western Cape Jack Currie Champ
9	3:17.61 L	F	Morgan Pharoah	11	CSC TSH	23/03/2017	SA Level 3 Regional Age Group C
10	3:18.25 L	F	Amy Robson-Garth	11	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group C
11	3:18.34 L	F	Julia Ristow	11	USC BUF	23/03/2017	SA Level 2 Regional Age Group C
12	3:18.79 L	F	Amber Olsen	11	BLSS MAN	23/03/2017	SA Level 3 Regional Age Group C
13	3:20.16 L	P	Jessica Reilly	11	WATR JHB	23/03/2017	SA Level 3 Regional Age Group C
14	3:22.34 L	F	Nicola Harcus	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group C
15	3:22.79 L	F	Jasmin Vermeulen	11	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
16	3:23.41 L	F	Danielle Davidson	11	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
17	3:23.86 L	F	Mikaela Goelst	11	FINS EZD	23/03/2017	SA Level 3 Regional Age Group C
18	3:24.23 L	F	Zoe Terblanche	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group C
19	3:24.38 L	F	Baylee Engelke	11	MATI CED	23/03/2017	SA Level 3 Regional Age Group C
20	3:25.01 L	P	Georgia Carstens	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group C
21	3:28.02 L	F	Jada Coetzee	11	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C
22	3:28.07 L	P	Emma Beyers	11	MP EZD	10/04/2017	SA Schools Swimming Champions
23	3:28.17 L	F	Taylor Jordaan	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group C
24	3:28.60 L	F	Alexia Greyling	11	UNIQU JHB	31/03/2017	SA Level 2 Regional Age Group C
25	3:29.09 L	P	Annette Greyling	11	AA JHB	23/03/2017	SA Level 3 Regional Age Group C
26	3:30.16 L	F	Zodea Jacobie	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group C
27	3:30.20 L	F	Gemma Frank	11	ASA ILD	23/03/2017	SA Level 3 Regional Age Group C
28	3:30.26 L	F	Annè Sabbagha	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
29	3:30.75 L S	P	Melyssa Rocha	11	MOZ	07/12/2016	NTS Championships 2016
30	3:33.76 L	P	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group C
31	3:34.11 L	F	Tarryn Volkwyn	11	INFA NMA	30/09/2016	Aquabear Invitational Meet
32	3:34.80 L	F	Danielle Webster	11	RFA TSH	31/03/2017	SA Level 2 Regional Age Group C
33	3:35.23 L	F	Summer Croucamp	11	TUKS TSH	25/11/2016	NTS November 2016 Age Group C
34	3:35.29 L	F	Roslyn Joseph	11	DDA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
35	3:35.35 L	F	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional Age Group C
36	3:35.82 L	F	Kirsten Storm	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group C
37	3:35.88 L	F	Jodi Dos Santos	11	LSN NGD	24/02/2017	MPUMALANGA SCHOOL SWIMM
38*	3:36.91 L	F	Ennes Zietsman	11	PSC TSH	16/09/2016	NTS September 2016 Age Group
38*	3:36.91 L	P	Amber Landskron	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group C
40	3:37.06 L S	F	Miche Johns	11	BLNE MAN	30/11/2016	FS CHAMPS
41	3:37.12 L	F	Simone Banducci	11	ELEC JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
42	3:37.55 L	F	Abigail Rululu	11	AQUA BUF	24/06/2016	PEA Winter Gala 2016
43	3:37.76 L	P	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
44	3:37.80 L	F	Jasmine Witthuhn	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
45	3:39.12 L	F	Alexis Jaide Morrison-Goate	11	AA JHB	08/12/2016	EGA Championships 2016
46	3:39.42 L	F	Rachel Webb	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
47	3:39.90 L	F	Liya Davids	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group C
48	3:40.40 L	F	Jenna De Jongh	11	SGUL ETH	22/10/2016	eThekwin Age Group Gala 7
49	3:40.50 L	F	Reabetswe Phume	11	AA JHB	31/03/2017	SA Level 2 Regional Age Group C
50	3:40.84 L	F	Jozi Nupen	11	CRSC JHB	15/10/2016	CGA Level 2 gala No 2
51	3:41.22 L	F	Melissa Martens	11	STPS UMD	23/03/2017	SA Level 3 Regional Age Group C
52	3:41.36 L	F	Jenna Foster	11	AQUB NMA	02/12/2016	NMBA Championships 2016
53	3:41.40 L	F	Tayla Haslam	11	KLOO ETH	27/06/2016	Sasol National Championship 2016
54	3:41.89 L	F	Ellene Scholtz	11	AQU ADJ	23/03/2017	SA Level 3 Regional Age Group C



## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
55	3:42.28 L	F Symone Steyn	11 LBL NMD 03/02/2017 NW Schools Swimming Champion
56*	3:43.53 L	F Lara De Beer	11 BENS EKV 08/12/2016 EGA Championships 2016
56*	3:43.53 L	F Lara Daling	11 LIMSC LP 27/01/2017 Limpopo School Championships
58	3:44.81 L	F Nurul-Huda Samaai	11 MARL CPT 03/02/2017 Western Cape Jack Currie Champ
59	3:45.20 L	F Welne Pretorius	11 AQU ADJ 23/03/2017 SA Level 2 Regional Age Group C
60	3:45.25 L	F Jadyne-Lee Joubert	11 AZON ETH 24/02/2017 KZN Speedo Level 2 Provincial C
61	3:45.45 L	F Anje Van Papendorp	11 PSC TSH 31/03/2017 SA Level 2 Regional Age Group C
62	3:45.68 L	F Emma Hamman	11 FAAC FBD 05/01/2017 NCASA Champs 2017
63	3:46.66 L	F Emma Terblanche	11 PRKA PSD 23/03/2017 SA Level 2 Regional Age Group C
64*	3:47.44 L S	F Kelly Williamson	11 INFA NMA 10/02/2017 6th A League Gala 2017
64*	3:47.44 L	F Mia Van der Mescht	11 BULS MAN 23/03/2017 SA Level 2 Regional Age Group C
66	3:47.51 L	P Caitlyn Martin	11 WATR JHB 31/03/2017 SA Level 2 Regional Age Group C
67	3:48.21 L	F Sesame Masibi	11 DDA TSH 31/03/2017 SA Level 2 Regional Age Group C
68	3:48.49 L	F Lara Botha	11 PAQU CED 23/03/2017 SA Level 3 Regional Age Group C
69	3:48.56 L	F Olwethu Ndlovu	11 UMSH ETH 23/03/2017 SA Level 2 Regional Age Group C
70	3:48.80 L	F Mieke Oosthuizen	11 TKS LP 25/11/2016 Limpopo Champs 25-27 Novembe
71	3:48.99 L	F Lucy Friedenthal	11 BRG EZD 24/02/2017 MPUMALANGA SCHOOL SWIMM
72	3:49.92 L	F Grace Hoatson	11 AQU ADJ 23/03/2017 SA Level 2 Regional Age Group C
73	3:50.07 L	F Chloe Gershuny	11 CADO CPT 12/11/2016 Western Cape Summer 4
74	3:50.75 L	F Ilhaam Sheik Freed	11 BEAV ETH 23/03/2017 SA Level 2 Regional Age Group C
75	3:50.81 L	P Skyla Schroll	11 MATL KKD 31/03/2017 SA Level 2 Regional Age Group C
76	3:51.04 L	F Kaela Viljoen	11 MDOL JHB 15/10/2016 CGA Level 2 gala No 2
77	3:51.43 L	F Tiara Finnis	11 AQUB NMA 02/12/2016 NMBA Championships 2016
78	3:51.92 L	F Deidre Murugan	11 BAYV ETH 04/11/2016 KZN Action Swimming Champs 20
79	3:52.35 L	F Melindie van Rensburg	11 UNI-N EZD 30/09/2016 Uniswim Spar Summer Gala
80	3:52.44 L	F Jodi Wilson	11 AQUB NMA 02/12/2016 NMBA Championships 2016
81	3:52.54 L	F Carike Jansen	11 TUKS TSH 02/12/2016 2016 The Tshwane Mayoral Gala
82	3:52.65 L	F Charlize De Villiers	11 PRKA PSD 23/03/2017 SA Level 3 Regional Age Group C
83	3:53.24 L	F Teegan Pio	11 PEAS NMA 15/10/2016 3rd A League Gala 2016
84	3:54.00 L	F Helena Prinsloo	11 PAQU CED 12/11/2016 Western Cape Summer 4
85	3:54.03 L	F Nicole Bantom	11 VINE CPT 18/02/2017 Western Cape Qualify Gala 3
86	3:55.67 L	F Tiya Bhika	11 ELEC JHB 18/02/2017 CGA Level 2 last chance gala day
87	3:56.36 L	F Hannah Bridge	11 KNYD EDD 14/01/2017 Eden 4th A League Gala
88	3:57.40 L	F Tumé van Niekerk	11 MRLS KKD 03/02/2017 NW Schools Swimming Champion
89	3:58.14 L	P Keira Booth	11 SS LP 31/03/2017 SA Level 2 Regional Age Group C
90	3:58.94 L	F Somikazi Qwemesha	11 CYBE CPT 03/02/2017 Western Cape Jack Currie Champ
91	4:00.04 L	F Nicole Schoeman	11 TKS LP 25/11/2016 Limpopo Champs 25-27 Novembe
92*	4:00.22 L S	F Izelle Henning	11 BLNE MAN 30/11/2016 FS CHAMPS
92*	4:00.22 L	F Josi Arnold	11 HARL BUF 02/12/2016 BCA Championships 2016
94	4:01.87 L	F Mikaila Brown	CR TSSC ETH 20/08/2016 eThekwin Age Group Gala 5
95	4:05.52 L	F Li Mc Quire	11 ISSC NMD 14/01/2017 NWS Age Group 4 1617
96	4:05.96 L	F Julia Davies	11 MDOL JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 2C
97	4:06.09 L	F Zara Greenwood	11 CRSC JHB 14/01/2017 CGA Level 2 Gala No 4 14 Jan 2C
98	4:06.41 L	F Courtney Linke	11 HARL BUF 02/12/2016 BCA Championships 2016
99	4:07.26 L	F Marteli Pieters	11 PAC TSH 02/12/2016 2016 The Tshwane Mayoral Gala
100	4:09.07 L	F Theola McDonald	11 CSA EZD 30/09/2016 Uniswim Spar Summer Gala
101	4:10.59 L	F Camrin Cloete	11 PAQU CED 03/02/2017 Western Cape Jack Currie Champ
102	4:11.70 L	F Grace Daley	11 WSTV ETH 22/10/2016 eThekwin Age Group Gala 7
103	4:13.17 L	F Emily Tyldesley	11 MCS NW 03/02/2017 NW Schools Swimming Champion
104	4:13.30 L	P Morgan Corns	11 ESP EKV 08/12/2016 EGA Championships 2016
105	4:13.33 L	F Meghan Rawson	11 VINE CPT 18/02/2017 Western Cape Qualify Gala 3
106	4:13.76 L	F Rone' vd Merwe	11 UPTS ZMD 05/01/2017 NCASA Champs 2017
107	4:14.16 L	F Elanca Van Jaarsveld	11 PEAS NMA 09/09/2016 2nd A League 2016
108	4:14.45 L	F Tendani Mukhithi	11 SWAG KKD 08/12/2016 NWS Championships 2016/2017
109	4:15.05 L	F Laaiqah Goondie	11 SUPE JHB 18/02/2017 CGA Level 2 last chance gala day
110	4:15.85 L	F Thinica Mc Anda	11 FAAC FBD 05/01/2017 NCASA Champs 2017
111	4:16.47 L	P Zoe Stock	11 ESP EKV 08/12/2016 EGA Championships 2016
112	4:16.62 L	F Deidre Kessler	11 USC BUF 23/03/2017 SA Level 3 Regional Age Group C
113	4:18.96 L	F Bianca Ribeiro	11 RFA TSH 18/11/2016 NTS November 2016 Age Group L

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
114	4:21.44 L	F	Isabella Seale-Mckend	11	OLDE JHB	15/10/2016	CGA Level 2 gala No 2
115	4:21.73 L	P	Njabulo Somthunzi	11	ATLA JHB	08/12/2016	EGA Championships 2016
116	4:22.55 L	F	Mandie Steenkamp	11	ELRAS LP	25/11/2016	Limpopo Champs 25-27 Novembe
117	4:24.98 L	F	Mary-Jane Hasenbroek	11	PAQU CED	12/11/2016	Western Cape Summer 4
118	4:28.76 L	P	Tonya Muller	11	CARN EKV	08/12/2016	EGA Championships 2016
119	4:28.89 L	F	Ncumisa Nala	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
120	4:29.88 L	F	Utah Novello	11	CLSC WCD	12/11/2016	Western Cape Summer 4
121	4:30.42 L	F	Elza Van Graan	11	SR FBD	09/12/2016	NCASA Sprints 2016
122	4:35.17 L	F	Phillipa Tobias	11	MDOL JHB	15/10/2016	CGA Level 2 gala No 2
123	4:38.42 L	F	Amahle Nkwanyana	11	TMAC ETH	25/11/2016	KZN TYR Westville Sprints 2016
124	4:38.61 L	F	Jezwyne Marimuthu	11	BAYV ETH	01/10/2016	eThekwini Level O Program 5
125	4:45.48 L S	P	Carlia Nel	11	TUKS LP	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
126	4:46.25 L	F	Afika Ntuli	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
127	4:52.94 L	F	Anne Vd Spuy	11	OLDE JHB	15/10/2016	CGA Level 2 gala No 2
128	5:02.04 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe
129	5:43.16 L	F	Bella Verster	11	LBT EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
<b>Women 11-11 50 Fly</b>							
1	31.75 L	F	Amy Muller	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
2	33.55 L	P	Michaela Dal Medico	11	GDE	10/04/2017	SA Schools Swimming Champions
3	34.06 L	F	Chloe Gershuny	11	CADO CPT	23/03/2017	SA Level 3 Regional Age Group C
4	34.09 L	P	Isabelle Barrow	11	ELEC JHB	07/12/2016	NTS Championships 2016
5	34.65 L	F	Tayla Haslam	11	KLOO ETH	23/03/2017	SA Level 3 Regional Age Group C
6	34.81 L	F	Abigail Rululu	11	AQUA BUF	13/01/2017	BCA January Age Group Gala 201
7	35.57 L	F	Ane' Meier	11	PAC TSH	07/12/2016	NTS Championships 2016
8	35.60 L	F	Alexandra Caldwell	11	SASE JHB	23/03/2017	SA Level 3 Regional Age Group Ci
9	35.81 L	P	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
10	35.90 L	F	Lara Daling	11	TKSS WBD	23/03/2017	SA Level 3 Regional Age Group Ci
11	35.91 L	P	Jodi Dos Santos	11	MP EZD	10/04/2017	SA Schools Swimming Champions
12	36.01 L	F	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
13	36.18 L	P	Simone Banducci	11	ELEC JHB	07/12/2016	NTS Championships 2016
14	36.27 L	F	Kairah George	11	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
15	36.42 L	F	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
16	36.53 L	F	Jade-Ann Le Roux	11	MDOL JHB	29/10/2016	CGA Level 3/SANJ Gala No 2
17	36.75 L	P	Zoe Terblanche	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
18	36.79 L	F	Tammy Greenwood	11	ROA EDD	26/11/2016	Eden LC Champs 2016
19	37.00 L	P	Tazmyn Robson	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
20	37.24 L	P	Alexia Delicado	11	POTC KKD	23/03/2017	SA Level 3 Regional Age Group Ci
21	37.29 L	P	Skye Da Fonseca-Hattingh	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
22	37.44 L	P	Rachel Groepes	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
23	37.64 L	F	Amber Olsen	11	BLSS MAN	27/06/2016	Sasol National Championship 201
24	37.91 L	P	Grace Daly	11	ELEC JHB	07/12/2016	NTS Championships 2016
25	37.94 L	F	Emma Lacey	11	BEST NMA	23/03/2017	SA Level 3 Regional Age Group C
26	38.00 L	F	Jane Lewis	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci
27	38.06 L	P	Tori Voke	11	VIKI BUF	23/03/2017	SA Level 3 Regional Age Group C
28	38.18 L	F	Mari Nortje	11	JASK FBD	14/02/2017	Inter Primary
29	38.26 L	P	Rachel Smith	11	ELEC JHB	07/12/2016	NTS Championships 2016
30*	38.28 L	F	Jasmin Vermeulen	11	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
30*	38.28 L	F	Jessica Law	11	ESTR EKV	11/03/2017	SA Level 1 Provincial Age Group Ch
32*	38.29 L	F	Miche Johns	11	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
32*	38.29 L	F	Kirsten Storm	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
34	38.34 L	F	Tyler Hughes	11	BOKS EKV	08/12/2016	EGA Championships 2016
35	38.42 L	F	Mikaela Goelst	11	FINS EZD	23/03/2017	SA Level 3 Regional Age Group C
36	38.43 L	F	Georgia Carstens	11	TUKS TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
37	38.47 L	P	Sarah Banyard	11	TUKS TSH	31/03/2017	SA Level 2 Regional Age Group Ci
38	38.63 L	F	Alyssa Pretorius	11	ASA CPT	23/03/2017	SA Level 2 Regional Age Group Ci
39	38.64 L	F	Tamika Anderson	11	NWS	07/10/2016	NTS Invitational Gala 2016
40	38.67 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
41	38.72 L	F	Samantha Mouton	11	HARL BUF	24/06/2016	PEA Winter Gala 2016
42	38.80 L	P	Caitlin Ruane	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
43	38.94 L	F	Isabella Seale-Mckend	11	OLDE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
44	39.10 L	F	Christy Dudas	11	ACSA ETH	04/11/2016	KZN Action Swimming Champs 20
45	39.15 L	F	Melissa Martens	11	STPS UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
46	39.16 L	P	Callan Lotter	11	MDOL JHB	16/12/2016	Vita-thion CGA Open LC Champs
47	39.18 L	P	Tarryn Volkwyn	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
48	39.29 L	P	Mischa King	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
49	39.31 L	P	Jozi Nupen	11	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
50	39.33 L	P	Emma Gomes	11	MDOL JHB	31/03/2017	SA Level 2 Regional Age Group Ci
51	39.35 L	F	Jada Coetzee	11	FISH EDD	23/03/2017	SA Level 2 Regional Age Group Ci
52	39.36 L	F	Tiara Finnis	11	BCA BUF	07/01/2017	EDEN INTERPROVINCIAL 2017
53	39.46 L	P	Baylee Engelke	11	MATI CED	23/03/2017	SA Level 3 Regional Age Group C
54	39.47 L	F	Olivia Kruger	11	ELEC JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
55	39.57 L	P	Morgan Pharoah	11	CSC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
56	39.58 L	P	Mikaela Bristow	11	VINE CPT	23/03/2017	SA Level 3 Regional Age Group C
57	39.66 L	F	Alexandra Bowyer	11	KLOO ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
58	39.68 L	F	Payton Brink	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
59	40.05 L	F	Nurul-Huda Samaai	11	MARL CPT	03/02/2017	Western Cape Jack Currie Champ
60	40.11 L	P	Holly Brickles	11	VINE CPT	01/12/2016	Western Cape Summer Champion
61	40.12 L	F	Lara Groenewald	11	AQU ADJ	10/12/2016	Amajuba District December Age G
62	40.15 L	F	Amy Marnitz	11	LSKP WB	27/01/2017	Limpopo School Championships
63	40.21 L	P	Kaela Viljoen	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
64	40.28 L	F	Teegan Pio	11	LORR	09/12/2016	EC Aquatics Schools Trials Gala
65	40.35 L	F	Cara Van Der Bijl	11	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group Ci
66	40.36 L	F	Tamryn Scott	11	CUR MPD	24/02/2017	MPUMALANGA SCHOOL SWIMM
67	40.46 L	F	Angel Geel	11	KDOR KKD	31/03/2017	SA Level 2 Regional Age Group Ci
68	40.58 L	F	Larique Joubert	11	TASC LP	31/03/2017	SA Level 2 Regional Age Group Ci
69	40.67 L	F	Jenna Penney	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
70	40.72 L	P	Roslyn Joseph	11	DDA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
71	40.85 L	F	Jemma van der Merwe	11	CSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
72	40.99 L	F	Yvonne Mthembu	11	ELEC JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
73	41.05 L	P	Kayla De Wet	11	SOUL EKU	31/03/2017	SA Level 2 Regional Age Group Ci
74	41.11 L	F	Manaal Omar	11	SGUL ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
75*	41.14 L	F	Mieke Oosthuizen	11	TKS LP	18/02/2017	MP Age Group 5 - 18 FEBRUARY
75*	41.14 L	F	Symone Steyn	11	LBLS NMD	03/02/2017	NW Schools Swimming Champion
77	41.16 L	F	Kayci Petzer	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group Ci
78	41.22 L	P	Summer Croucamp	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
79	41.26 L	P	Taylor Jordaan	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group Ci
80	41.32 L	P	Melyssa Rocha	11	MOZ	07/12/2016	NTS Championships 2016
81	41.44 L	F	Kelly Williamson	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
82	41.47 L	F	Li Mc Quire	11	ISSC NMD	31/03/2017	SA Level 2 Regional Age Group Ci
83	41.54 L	F	Jasmine Witthuhn	11	INFA NMA	02/12/2016	NMBA Championships 2016
84	41.56 L	F	Meredith O'Tool	11	WELA LLD	28/01/2017	4 + 1 Inter District Gala 2017
85	41.64 L	F	Nirvana Borrageiro	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci
86	41.67 L	F	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional Age Group Ci
87	41.93 L	F	Kelly Sparg	11	HARL BUF	23/03/2017	SA Level 2 Regional Age Group Ci
88	41.94 L	F	Izelle Henning	11	BLNE MAN	01/10/2016	Seals Gala
89	41.96 L	F	Heidri de Jager	11	NCASA	05/11/2016	Fezile Dabi Inter Provincial Gala
90	42.06 L	F	Casey Davids	11	STAD JHB	05/02/2017	CGA Level 2 last chance gala Day
91	42.20 L	F	Courtney Smith	11	AQWO CPT	04/11/2016	Freda Barnard Gala 35
92	42.29 L	F	Rebecca Macquet	11	AZON ETH	02/09/2016	KZN Beavers Winter LongCourse
93	42.33 L	F	Amber Lewis	11	NDSA ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
94	42.38 L	F	Olwethu Ndlovu	11	UMSH ETH	23/03/2017	SA Level 2 Regional Age Group Ci
95	42.39 L	F	Liya Venter	11	BLMA CPT	23/03/2017	SA Level 3 Regional Age Group C
96	42.57 L	P	Tayba Sallie	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
97	42.59 L	F	Christine Wessels	11	HASC JHB	05/11/2016	CGA Level 2 Gala No 3
98	42.64 L	P	Rachel Guymmer	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
99	42.72 L	F	Ava Rathner	11	VINE CPT	17/09/2016	Western Cape Summer 2
100	42.94 L	F	Lesedi Thunzi	11	HARL BUF	27/01/2017	BCA 2nd January Age Group Gala
101	43.04 L	F	Aminah Lindoor	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
102*	43.21 L	F	Milla Drakopoulos	11	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016
102*	43.21 L	F	Tumé van Niekerk	11	POTC KKD	14/01/2017	NWS Age Group 4 1617
104	43.25 L	F	Josi Arnold	11	HARL BUF	13/01/2017	BCA January Age Group Gala 201
105	43.43 L	F	Lara Botha	11	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
106*	43.60 L	P	Rebecca Leach	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group C
106*	43.60 L	P	Mia Van der Mescht	11	BULS MAN	23/03/2017	SA Level 2 Regional Age Group C
106*	43.60 L	F	Melindie van Rensburg	11	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016
109	43.63 L	F	Danielle Joubert	11	JASK FBD	14/02/2017	Inter Primary
110	43.65 L	P	Annè Sabbagha	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
111	43.70 L	P	Noa Garnett	11	NCDST ILD	23/03/2017	SA Level 2 Regional Age Group C
112	43.72 L	F	Gemma Frank	11	ASA ILD	25/11/2016	KZN TYR Westville Sprints 2016
113	43.77 L	P	Reabetswe Phume	11	AA JHB	31/03/2017	SA Level 2 Regional Age Group C
114	43.82 L	F	Lara De Beer	11	BENS EKU	24/09/2016	EGA Summer 1
115	43.87 L	P	Jenna Foster	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
116	44.04 L	F	Amber Landskron	11	TUKS TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
117	44.08 L	F	Summer Tucker	11	ELEC JHB	05/11/2016	CGA Level 2 Gala No 3
118	44.23 L	F	Lara Buchner	11	CUR EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
119	44.27 L	F	Shayna Truter	11	MATI CED	18/02/2017	Western Cape Qualify Gala 3
120	44.29 L	F	Jodi Wilson	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group C
121*	44.49 L S	F	Lia Kotze	11	ROA EDD	14/01/2017	5th A League Gala 2017
121*	44.49 L	F	Nicole Bantom	11	VINE CPT	18/02/2017	Western Cape Qualify Gala 3
123	44.70 L	F	Marli Van Lierop	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
124	44.72 L	F	Emma Hamman	11	FAAC FBD	22/10/2016	Flamingo Gala 2016
125	45.01 L	F	Kirsten Cottrell	11	AZON ETH	25/11/2016	KZN TYR Westville Sprints 2016
126	45.17 L	P	Cara Botha	11	HARB BPD	31/03/2017	SA Level 2 Regional Age Group C
127	45.38 L	P	Jessica Reilly	11	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
128	45.52 L	F	Eva Markovic	11	MATL KKD	14/01/2017	NWS Age Group 4 1617
129	45.59 L	F	Rone' vd Merwe	11	UPTS ZMD	11/02/2017	NCSA Age Group 5 UPT2017
130*	45.68 L	P	Mbali Burnett	11	USH UJD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
130*	45.68 L	F	Ilhaam Sheik Freed	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group C
132*	45.71 L	F	Nicole Whitfield	11	RBOT BPD	08/12/2016	NWS Championships 2016/2017
132*	45.71 L	P	Meghan Rawson	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
134	45.77 L	F	Ellene Scholtz	11	AQU ADJ	25/11/2016	KZN TYR Westville Sprints 2016
135	45.81 L	F	Theola McDonald	11	CSA EZD	25/11/2016	Mpumalanga Championships 2016
136	45.82 L	F	Rachel Irvine	11	STPS UMD	04/11/2016	KZN Action Swimming Champs 20
137	45.92 L	F	Tatumn Tonkin	11	ONYX EKU	05/11/2016	EGA Summer 3
138	46.05 L	P	Zodea Jacobie	11	SUPE JHB	16/12/2016	Vita-thion CGA Open LC Champs
139	46.09 L	F	Ankia Uys	FR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group C
140	46.23 L	F	Siphokazi Lockett	11	BEST NMA	23/03/2017	SA Level 3 Regional Age Group C
141	46.25 L	F	Thalia Farrell	11	ELEC JHB	05/02/2017	CGA Level 2 last chance gala Day
142	46.30 L	F	Sophia Kerr	11	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
143	46.44 L	F	Dayna Graham	11	NCDST ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf
144	46.47 L	P	Amy Robson-Garth	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group C
145	46.66 L	P	Emma Crookes	11	KLOO ETH	23/09/2016	KZN Speedo Junior Winter Champ
146	46.71 L	F	Hannah Bridge	11	KNYD EDD	23/03/2017	SA Level 2 Regional Age Group C
147	47.00 L	P	Zoe Stock	11	ESP EKU	31/03/2017	SA Level 2 Regional Age Group C
148	47.02 L	F	Erin O'Sullivan	11	BLMA CPT	23/03/2017	SA Level 3 Regional Age Group C
149*	47.07 L	F	Nombulelo Masike	11	TTNS SDD	21/01/2017	EGA Summer 4
149*	47.07 L	F	Tenique Riekert	11	TUKS TSH	18/02/2017	EGA Summer 5 Gala
151	47.15 L	F	Morgan Corns	11	ESP EKU	05/11/2016	EGA Summer 3
152	47.34 L	F	Emma Beyers	11	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016
153	47.36 L	P	Alexia Greyling	11	UNIQ JHB	08/12/2016	EGA Championships 2016
154	47.59 L	F	Nicola Harcus	11	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day
155	47.61 L	F	Fatima Khan	11	ATLA JHB	11/03/2017	SA Level 1 Provincal Age Group Ch
156	47.67 L	F	Lindsay Mc Manus	11	GHSL NW	03/02/2017	NW Schools Swimming Champion
157	47.91 L	F	Mia Uys	11	PSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
158	47.92 L	P	Alexis Jaide Morrison-Goate	11	AA JHB	08/12/2016	EGA Championships 2016
159	48.01 L	F	Skye Westerhuis	11	CYBE CPT	23/03/2017	SA Level 3 Regional Age Group C
160	48.10 L	P	Zelmarie Levin	11	TTNS SDD	08/12/2016	EGA Championships 2016

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
161*	48.35	L	F	Nawaal Mia	11	MDOL	JHB 24/09/2016 CGA Level 2 gala No 1
161*	48.35	L	F	Aaminah Hassan	11	ATLA	JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
163	48.37	L	P	Amber Warr	11	SEAL	UMD 23/09/2016 KZN Speedo Junior Winter Champ
164	48.45	L	F	Erin Heydricks	11	BLUO	UGD 25/11/2016 KZN TYR Westville Sprints 2016
165	48.72	L	F	Somikazi Qwemesha	11	CYBE	CPT 18/02/2017 Western Cape Qualify Gala 3
166	48.79	L	F	Saffron Tweedie	11	PAHS	09/12/2016 EC Aquatics Schools Trials Gala
167	48.86	L	F	Nina Pretorius	11	CSC	FSH 18/11/2016 NTS November 2016 Age Group L
168	48.88	L	F	Carmia Hartman	11	RFA	FSH 18/11/2016 NTS November 2016 Age Group L
169	48.92	L	F	Ami Pirie	11	UWCA	CPT 23/03/2017 SA Level 3 Regional Age Group C
170	49.02	L	F	Annette Greyling	11	AA	JHB 05/11/2016 CGA Level 2 Gala No 3
171	49.23	L	F	Charlize De Villiers	11	PRKA	PSD 09/12/2016 NCASA Sprints 2016
172	49.24	L	F	Christine Craven	11	ACT	JHB 05/02/2017 CGA Level 2 last chance gala Day
173	49.63	L	F	Julia Davies	11	MDOL	JHB 05/02/2017 CGA Level 2 last chance gala Day
174	49.66	L	F	Liya Davids	11	SUPE	JHB 05/02/2017 CGA Level 2 last chance gala Day
175	49.68	L	P	Catherine Rowan	11	SGUL	ETH 23/09/2016 KZN Speedo Junior Winter Champ
176	49.74	L	P	Kameron salis	11	WATR	JHB 16/12/2016 Vita-thion CGA Open LC Champs
177	49.82	L	F	Jasmine Herold	11	WATR	JHB 24/09/2016 CGA Level 2 gala No 1
178	49.86	L	F	Helena Prinsloo	11	PAQU	GED 17/09/2016 Western Cape Summer 2
179	49.87	L	P	Helena du Toit	11	BLUO	UGD 23/09/2016 KZN Speedo Junior Winter Champ
180	49.98	L	F	Lucy Friedenthal	11	UNI-N	EZD 25/11/2016 Mpumalanga Championships 2016
181	50.03	L	F	Kayla Tully	11	TRIDE	ETH 25/11/2016 KZN TYR Westville Sprints 2016
182	50.18	L	P	Jaimie Black	11	NCDST	ILD 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
183	50.22	L	F	Jorja Botes	11	ELEC	JHB 25/02/2017 CGA Level 1 Year End Gala
184	50.30	L	F	Amahle Nkwanyana	11	TMAC	ETH 06/08/2016 eThekwini Age Group Gala 4
185	50.40	L	F	Ennes Zietsman	11	PSC	FSH 16/09/2016 NTS September 2016 Age Group
186	50.59	L	F	Casey-Lee Peters	11	BON	JHB 11/03/2017 SA Level 1 Provincl Age Group Ch
187*	50.62	L	F	Deidre Murugan	11	BAYV	ETH 24/02/2017 KZN Speedo Level 2 Provincial Cf
187*	50.62	L	F	Caitlyn Fish	11	SODO	JHB 05/02/2017 CGA Level 2 last chance gala Day
189	50.64	L	F	Skyla Schroll	11	MATL	KKD 08/12/2016 NWS Championships 2016/2017
190	50.73	L	P	Njabulo Somthunzi	11	ATLA	JHB 08/12/2016 EGA Championships 2016
191	50.82	L	F	Sophie De Kock	11	AZON	ETH 12/11/2016 eThekwini Age Group Gala 8
192	50.84	L	F	Nina Evans	11	ELEC	JHB 25/02/2017 CGA Level 1 Year End Gala
193	50.86	L	F	Lara Kent	11	PFWA	JHB 25/02/2017 CGA Level 1 Year End Gala
194	50.92	L	F	Karla Vogel	11	TKSS	WBD 25/11/2016 Limpopo Champs 25-27 Novembe
195	50.95	L	F	Lara Gouws	11	VINE	CPT 18/11/2016 Western Cape Summer QF2
196	50.98	L	F	Dhiya Pillay	11	ACSA	ETH 24/02/2017 KZN Speedo Level 2 Provincial Cf
197	51.38	L S	F	Jodi Hobson	11	AQUB	NMA 10/02/2017 6th A League Gala 2017
198	51.40	L	P	Keira Booth	11	SS	LP 31/03/2017 SA Level 2 Regional Age Group Ci
199	51.60	L	F	Cleo Cunningham	11	PIRAN	BUF 27/01/2017 BCA 2nd January Age Group Gala
200	51.65	L	F	Laaiah Goondie	11	SUPE	JHB 05/02/2017 CGA Level 2 last chance gala Day
201	51.76	L	F	Adelia Schonken	11	SS	LP 25/11/2016 Limpopo Champs 25-27 Novembe
202	51.77	L	F	Khensany Khosana	11	WELA	LLD 28/10/2016 Neptune Open Gala
203	51.81	L	F	Cloe Cunningham	11	PIRAN	BUF 13/01/2017 BCA January Age Group Gala 201
204	51.92	L	F	Anmi Esbach	11	GHSL	NW 03/02/2017 NW Schools Swimming Champion
205	52.15	L	F	Tendani Mukhithi	11	STCON	NW 03/02/2017 NW Schools Swimming Champion
206	52.17	L	F	Kaylee Swartz	11	HARL	BUF 27/01/2017 BCA 2nd January Age Group Gala
207	52.36	L	P	Grace Daley	11	WSTV	ETH 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
208	52.51	L	F	Khethelo Ngcobo	11	LNDD	ETH 01/10/2016 eThekwini Level O Program 5
209	52.56	L	F	Erin-Paige Longhurst	11	ESP	EKU 05/11/2016 EGA Summer 3
210	52.58	L	F	Samantha Schultz	11	RC	NG 18/02/2017 MP Age Group 5 - 18 FEBRUARY
211*	52.63	L	F	Vianne Nel	11	TUKS	FSH 16/09/2016 NTS September 2016 Age Group
211*	52.63	L	F	Bianca Ribeiro	11	RFA	FSH 18/11/2016 NTS November 2016 Age Group L
213*	52.67	L	F	Elanca Van Jaarsveld	11	LORR	09/12/2016 EC Aquatics Schools Trials Gala
213*	52.67	L	F	Vivianna Pearson	11	VINE	CPT 18/02/2017 Western Cape Qualify Gala 3
215	52.83	L	F	Isabella Reynolds	11	ELEC	JHB 25/02/2017 CGA Level 1 Year End Gala
216	52.98	L	F	Jana Naude	11	USH	UHD 29/10/2016 Uthungulu District November 2016
217	53.12	L	F	Leah Ermann	11	ACT	JHB 05/02/2017 CGA Level 2 last chance gala Day
218	53.14	L	F	Kaylin Oelschig	11	BLOT	MAN 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
219	53.32	L	F	Nicola Hartman	11	RFA	FSH 18/11/2016 NTS November 2016 Age Group L

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
220	53.42 L	F	Amy Van Breda	11	VINE CPT	17/09/2016	Western Cape Summer 2
221	53.49 L	F	Refilwelethabo Molepo	11	GHSK FBD	11/03/2017	Level 1 Intraprovincial Gala - Kimb
222	53.69 L	F	Celine Hamman	HR	PSA ZLD	14/01/2017	Uthungulu District January Age Gr
223	53.75 L	F	Nirene van der Watt	11	PARYS FDD	14/01/2017	Fezile Dabi Age Group Gala
224	54.04 L	F	Cara Smook	11	BLNE MAN	05/11/2016	Mangaung Aquatics Gala
225	54.13 L	F	Emily Tyldesley	11	MCS NW	03/02/2017	NW Schools Swimming Champion
226	54.31 L	P	Mikaila Brown	CR	TSSC ETH	23/09/2016	KZN Speedo Junior Winter Champ
227	54.34 L	F	Kaylee Mc Laren	11	USH UHD	29/10/2016	Uthungulu District November 2016
228	54.50 L	F	Caitlyn Martin	11	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day
229	54.79 L	F	Izaan Scheepers	HN	PSA ZLD	14/01/2017	Uthungulu District January Age Gr
230	54.80 L	F	Phillipa Tobias	11	MDOL JHB	05/11/2016	CGA Level 2 Gala No 3
231	55.38 L	F	Lesedi Motloung	11	SHS FDD	14/02/2017	Inter Primary
232	55.54 L	F	Jeani Naude	11	BULS MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
233	55.58 L	F	Armani vd Merwe	11	PWC CED	03/02/2017	NW Schools Swimming Champion
234	55.64 L	F	Marie-Louise Rose	11	BOKS EKU	18/02/2017	EGA Summer 5 Gala
235	55.66 L	F	Ashley Jv Vuuren	11	HSFM LP	27/01/2017	Limpopo School Championships
236	55.72 L	F	Gabriëlle Nieuwoudt	11	CUDU CPT	17/09/2016	Western Cape Summer 2
237	55.74 L	F	Tessa Van Heyningen	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
238*	55.81 L	F	Catriona Wittstock	11	ONYX EKU	11/03/2017	SA Level 1 Provincl Age Group Ch
238*	55.81 L	P	Christina Sauerman	11	SGUL ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
240	55.84 L	F	Tania Swartz	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
241	56.02 L	F	Carike Jansen	11	TUKS TSH	16/09/2016	NTS September 2016 Age Group
242	56.04 L	F	Jordan Meyer	11	FISHS EDD	14/01/2017	Eden 4th A League Gala
243	56.45 L	F	Ncumisa Nala	11	LNDD ETH	01/10/2016	eThekwini Level O Program 5
244	56.99 L	F	Emma Wiggins	11	TUKS TSH	18/11/2016	NTS November 2016 Age Group L
245	57.04 L	P	Carlia Nel	11	TUKS LP	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
246	57.10 L	F	Atiyyah Valli	11	ATLA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
247	57.22 L	F	Kate De Bruyn	11	BLSS MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
248	57.25 L	F	Laiqa Ally	11	LENA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch
249	57.38 L	F	Tonya Muller	11	CARN EKU	10/09/2016	Adrian Grafe Memorial Gala 2016
250	57.40 L	F	Kean Van Der Vlugt	11	ASA ILD	25/11/2016	KZN TYR Westville Sprints 2016
251	57.48 L	F	Anne Vd Spuy	11	OLDE JHB	24/09/2016	CGA Level 2 gala No 1
252	57.55 L	F	Liezl Van Der Berg	11	PAC TSH	18/11/2016	NTS November 2016 Age Group L
253	57.94 L	F	Nishke Basson	11	TUKS TSH	18/11/2016	NTS November 2016 Age Group L
254	58.46 L	F	Joleen Alves	11	ELEC JHB	25/02/2017	CGA Level 1 Year End Gala
255	58.65 L	F	Ashley Brown	11	TTNS SDD	18/02/2017	EGA Summer 5 Gala
256	58.94 L	F	Rania Gamielidien	11	WALM CPT	18/11/2016	Western Cape Summer QF2
257	59.17 L	F	Bianke Pienaar	11	PARYS FDD	15/10/2016	Fezile Dabi Aquatics Sprint Gala
258	59.25 L	F	Lesedi Mahole	11	STCON NW	03/02/2017	NW Schools Swimming Champion
259	59.58 L	F	Mary-Jane Hasenbroek	11	PAQU CED	17/09/2016	Western Cape Summer 2
260	59.65 L	F	Nicole Schoeman	11	LSJM SK	27/01/2017	Limpopo School Championships
261	59.80 L	F	Arya Shukla	11	TRIDE ETH	25/11/2016	KZN TYR Westville Sprints 2016
262	59.82 L	F	Skye Lang	11	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day
263	1:00.01 L	F	Zoe Viljoen	11	PEAS NMA	04/02/2017	Uitenhage Swimming Club Gala 20
264	1:00.09 L	F	Thandeka Mbokazi	11	USH UHD	28/01/2017	Ushaka Championship Gala 2017
265	1:00.27 L	F	Bella Verster	11	LBT EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
266	1:00.64 L	F	Liani Nel	11	TUKS TSH	18/11/2016	NTS November 2016 Age Group L
267	1:01.00 L	F	Lisamey Nel	11	PPPS BPD	03/02/2017	NW Schools Swimming Champion
268	1:01.02 L	F	Keira Naidoo	11	STPS UMD	01/10/2016	eThekwini Level O Program 5
269	1:01.24 L	F	Anna Victor	11	GTC EZD	30/09/2016	Uniswim Spar Summer Gala
270	1:01.31 L	F	Yasmeen Moolla	11	NCDST ILD	06/08/2016	eThekwini Age Group Gala 4
271	1:01.33 L	F	Jeanne Coetzer	11	UPTS ZMD	18/02/2017	NCASA Age Group 6 UPT 2017
272	1:01.49 L	F	Kiersten Paulse	11	XSAQ CPT	17/09/2016	Western Cape Summer 2
273	1:02.84 L	F	Tenieka Greyling	11	GHSLS NW	03/02/2017	NW Schools Swimming Champion
274	1:03.44 L	P	Sarah Byrne	11	LAD UTD	23/09/2016	KZN Speedo Junior Winter Champ
275	1:03.61 L	F	Laeme Van Rooyen	11	KALA JTD	11/11/2016	Age group 2 2016 Kalahari
276	1:04.02 L	F	Dominique De Jongh	11	FISH EDD	15/10/2016	EDEN 1st A-League Gala 2016
277	1:04.27 L	F	Khanimamba Chabalala	11	DDA TSH	11/03/2017	SA Level 1 Provincl Age Group Ch
278	1:04.74 L	F	Danica Bishop	11	TTNS SDD	21/01/2017	EGA Summer 4

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
279	1:05.01 L	F	Katrijn Roefs	11	PSC TSH	16/09/2016	NTS September 2016 Age Group
280	1:05.05 L	F	Lené Lavarack	11	JASK FBD	21/01/2017	4 + 1 Gala Trials Kimberley
281	1:06.49 L	F	Camrin Cloete	11	PAQU CED	17/09/2016	Western Cape Summer 2
282	1:07.36 L	P	Nakita Da Silva	11	TTNS SDD	08/12/2016	EGA Championships 2016
283	1:10.57 L	F	Tamsyn Smith	11	SOUL EKU	21/01/2017	EGA Summer 4
284	1:16.73 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe
<b>Women 11-11 100 Fly</b>							
1	1:12.05 L	F	Amy Muller	11	GDE	10/04/2017	SA Schools Swimming Champions
2	1:15.41 L	F	Abigail Rululu	11	AQUA BUF	23/03/2017	SA Level 3 Regional Age Group C
3	1:21.05 L	F	Chloe Gershuny	11	CADO CPT	23/03/2017	SA Level 3 Regional Age Group C
4	1:21.56 L	F	Tayla Haslam	11	KLOO ETH	13/12/2016	KZN Speedo Provincial Champion
5	1:22.05 L	F	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
6	1:22.89 L	F	Kairah George	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
7	1:23.21 L	F	Ane' Meier	11	PAC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
8	1:24.15 L	P	Jade-Ann Le Roux	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
9	1:24.98 L	F	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
10	1:26.62 L	F	Miche Johns	11	JASK FBD	14/02/2017	Inter Primary
11	1:28.40 L	P	Alexandra Caldwell	11	SASE JHB	23/03/2017	SA Level 3 Regional Age Group Ci
12	1:30.77 L S	F	Tiara Finnis	11	AQUB NMA	10/02/2017	6th A League Gala 2017
13	1:30.94 L	F	Jodi Dos Santos	11	NSA EZD	13/12/2016	KZN Speedo Provincial Champion
14	1:31.14 L	P	Teegan Pio	11	PEAS NMA	23/03/2017	SA Level 3 Regional Age Group C
15	1:31.85 L	P	Tammy Greenwood	11	ROA EDD	23/03/2017	SA Level 3 Regional Age Group C
16	1:32.09 L	F	Tarryn Volkwyn	11	INFA NMA	30/09/2016	Aquabear Invitational Meet
17	1:32.97 L	F	Li Mc Quire	11	ISSC NMD	31/03/2017	SA Level 2 Regional Age Group Ci
18	1:33.26 L	P	Samantha Mouton	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
19	1:33.39 L	F	Mikaela Goelst	11	FINS EZD	21/01/2017	MP Age Group 3 - 21 January 201
20	1:33.63 L	F	Skye Da Fonseca-Hattingh	11	RFA TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
21	1:33.80 L	F	Amber Olsen	11	BLSS MAN	04/02/2017	SUPER SPORT LEAGUE GALA 2
22	1:34.44 L	F	Tyler Hughes	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group Ci
23	1:34.46 L	F	Keesha Adams	11	ASA CPT	18/02/2017	Western Cape Qualify Gala 3
24	1:34.54 L	F	Kaela Viljoen	11	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
25	1:34.68 L	F	Mieke Oosthuizen	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe
26	1:34.92 L	F	Zoe Terblanche	11	DYNA TSH	18/11/2016	NTS November 2016 Age Group L
27	1:35.01 L	P	Nurul-Huda Samaai	11	MARL CPT	23/03/2017	SA Level 3 Regional Age Group C
28	1:35.78 L	F	Keila Manthe	11	PSC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
29	1:36.38 L	F	Angel Geel	11	KDOR KKD	31/03/2017	SA Level 2 Regional Age Group Ci
30	1:36.50 L	F	Aminah Lindoor	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci
31	1:36.99 L	F	Courtney Smith	11	CYBE CPT	21/01/2017	WCSAA - Western Cape Schools
32	1:37.25 L	P	Rebecca Leach	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group Ci
33	1:37.51 L	F	Summer Croucamp	11	TUKS TSH	25/11/2016	NTS November 2016 Age Group C
34	1:37.58 L	F	Manaal Omar	11	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C
35	1:38.32 L	F	Taylor Jordaan	11	BEAV ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
36	1:38.92 L	F	Kelly Sparg	11	HARL BUF	23/03/2017	SA Level 2 Regional Age Group Ci
37	1:40.17 L	F	Jasmine Witthuhn	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
38	1:40.79 L	F	Amber Lewis	11	NDSA ETH	25/11/2016	KZN TYR Westville Sprints 2016
39	1:41.11 L	F	Symone Steyn	11	LBSL NMD	03/02/2017	NW Schools Swimming Champion
40	1:41.57 L	P	Baylee Engelke	11	MATI CED	01/12/2016	Western Cape Summer Champion
41	1:41.84 L	F	Nirvana Borrageiro	11	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C
42	1:42.33 L	F	Lara Daling	11	TKSS WBD	25/11/2016	Limpopo Champs 25-27 Novembe
43	1:42.35 L	F	Emma Hamman	11	FAAC FBD	22/10/2016	Flamingo Gala 2016
44	1:45.63 L	F	Olwethu Ndlovu	11	UMSH ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
45	1:46.23 L	F	Josi Arnold	11	HARL BUF	23/03/2017	SA Level 2 Regional Age Group Ci
46	1:47.04 L	F	Nirene van der Watt	11	PARYS FDD	02/02/2017	NFS PRIMARY SCHOOLS
47	1:48.16 L	F	Meghan Rawson	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
48	1:48.41 L	F	Cara Botha	11	HARB BPD	31/03/2017	SA Level 2 Regional Age Group Ci
49	1:48.44 L S	F	Izelle Henning	11	BLNE MAN	30/11/2016	FS CHAMPS
50	1:48.51 L	F	Bianke Pienaar	11	PARYS FDD	14/02/2017	Inter Primary
51	1:49.29 L	F	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional Age Group Ci
52	1:51.80 L	F	Heidri de Jager	11	RBOT BPD	29/10/2016	NWS Age Group 2 1617

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
53	1:53.63 L	F	Morgan Corns	11	ESP EKU	18/02/2017	EGA Summer 5 Gala
54	1:56.47 L	F	Nicole Whitfield	11	L2C BPD	03/02/2017	NW Schools Swimming Champion
55	1:57.73 L	F	Tendani Mukhithi	11	STCON NW	03/02/2017	NW Schools Swimming Champion
56	1:57.87 L	F	Amy Robson-Garth	11	BOKS EKU	08/12/2016	EGA Championships 2016
57	2:00.70 L	F	Keira Booth	11	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
58	2:02.64 L	F	Ankia Uys	FR	PSA ZLD	28/01/2017	Ushaka Championship Gala 2017
59	2:02.67 L	F	Karla Vogel	11	TKSS WBD	25/11/2016	Limpopo Champs 25-27 Novembe
60	2:04.79 L	F	Kayci Petzer	11	BEAV ETH	04/11/2016	KZN Action Swimming Champs 20
61	2:07.57 L	F	Lara Botha	11	PAQU CED	15/10/2016	Western Cape Summer 3
62	2:08.90 L	F	Rone' vd Merwe	11	UPTS ZMD	05/01/2017	NCASA Champs 2017
63	2:14.65 L	F	Ashley Jv Vuuren	11	HSFM LP	27/01/2017	Limpopo School Championships
64	2:17.24 L	F	Kelsey Kemp	11	NEWS ADJ	10/12/2016	Amajuba District December Age G
65	2:31.95 L	F	Sarah Byrne	11	LAD UTD	25/11/2016	KZN TYR Westville Sprints 2016
66	2:36.76 L	F	Bella Verster	11	LBT EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
<b>Women 11-11 200 Fly</b>							
1	2:50.78 L	F	Abigail Rululu	11	AQUA BUF	27/01/2017	BCA 2nd January Age Group Gala
2	3:31.83 L	F	Danielle Davidson	11	ACSA ETH	11/06/2016	EThekwini Age Group Gala 2
3	3:37.38 L	F	Nurul-Huda Samaai	11	MARL CPT	18/11/2016	Western Cape Summer QF2
4	3:55.81 L	F	Caroline Cress	11	WALM CPT	20/08/2016	Western Cape Summer 1
<b>Women 11-11 200 IM</b>							
1	2:41.80 L	F	Amy Muller	11	GDE	10/04/2017	SA Schools Swimming Champions
2	2:44.88 L	F	Samantha Lowman	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
3	2:48.74 L	F	Abigail Rululu	11	ECA ETH	10/04/2017	SA Schools Swimming Champions
4	2:49.08 L	F	Michaela Dal Medico	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
5	2:51.20 L S	F	Danielle Davidson	11	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
6	2:52.41 L	F	Tayla Haslam	11	KLOO ETH	23/03/2017	SA Level 3 Regional Age Group C
7	2:55.07 L	F	Amber Olsen	11	FSS FS	10/04/2017	SA Schools Swimming Champions
8	2:55.71 L	F	Kairah George	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
9	2:56.85 L	F	Morgan Pharoah	11	CSC TSH	23/03/2017	SA Level 3 Regional Age Group Ci
10	2:57.60 L	P	Mischa King	11	NWS	10/04/2017	SA Schools Swimming Champions
11	2:57.65 L	F	Jade-Ann Le Roux	11	MDOL JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
12	2:58.09 L	P	Olivia Kruger	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
13	3:01.19 L	F	Grace Daly	11	ELEC JHB	17/09/2016	CGA Level 3/SANJ Gala No 1
14	3:02.80 L	P	Tiara Finnis	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
15	3:02.86 L	P	Tazmyn Robson	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
16	3:03.07 L	P	Caitlin Ruane	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
17	3:03.56 L	P	Simone Banducci	11	ELEC JHB	07/12/2016	NTS Championships 2016
18	3:03.66 L	P	Rebecca Leach	11	BOKS EKU	23/03/2017	SA Level 3 Regional Age Group Ci
19	3:04.04 L	F	Tammy Greenwood	11	ROA EDD	26/11/2016	Eden LC Champs 2016
20	3:04.63 L	P	Samantha Mouton	11	HARL BUF	23/03/2017	SA Level 3 Regional Age Group C
21	3:05.05 L	P	Mikaela Goelst	11	FINS EZD	23/03/2017	SA Level 3 Regional Age Group C
22	3:05.39 L	P	Tamika Anderson	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
23	3:05.55 L	P	Chloe Gershuny	11	CADO CPT	23/03/2017	SA Level 3 Regional Age Group C
24	3:05.62 L	F	Taylor Jordaan	11	BEAV ETH	23/03/2017	SA Level 2 Regional Age Group Ci
25	3:06.41 L	P	Caroline Cress	11	WALM CPT	23/03/2017	SA Level 3 Regional Age Group C
26	3:06.58 L	P	Jessica Reilly	11	WATR JHB	23/03/2017	SA Level 3 Regional Age Group Ci
27	3:06.86 L	F	Miche Johns	11	BLNE MAN	30/11/2016	FS CHAMPS
28	3:06.99 L	P	Zoe Terblanche	11	RFA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
29	3:07.97 L	F	Isabelle Barrow	11	ELEC JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
30	3:08.84 L	F	Tori Voke	11	BCA BUF	07/01/2017	EDEN INTERPROVINCIAL 2017
31	3:08.90 L	F	Marli Van Lierop	11	ASA CPT	23/03/2017	SA Level 2 Regional Age Group Ci
32	3:09.08 L	P	Callan Lotter	11	MDOL JHB	16/12/2016	Vita-thion CGA Open LC Champs
33	3:09.39 L	P	Emma Beyers	11	UNIN EZD	23/03/2017	SA Level 3 Regional Age Group C
34	3:09.71 L	P	Roslyn Joseph	11	DDA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
35	3:09.99 L	F	Jada Coetzee	11	FISH EDD	02/12/2016	NMBA Championships 2016
36	3:10.36 L	P	Summer Croucamp	11	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
37	3:10.61 L	P	Tarryn Volkwyn	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
38	3:11.06 L	F	Courtney Smith	11	AQWO CPT	18/02/2017	Western Cape Qualify Gala 3



## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
39	3:11.31 L	P	Christine Wessels	11	HASC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
40	3:11.38 L	F	Nicola Marcus	11	WATR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
41	3:11.51 L	P	Rachel Smith	11	ELEC JHB	07/12/2016	NTS Championships 2016
42	3:12.29 L	F	Keesha Adams	11	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
43	3:12.71 L	F	Jodi Dos Santos	11	LSN NGD	24/02/2017	MPUMALANGA SCHOOL SWIMM
44	3:12.88 L	F	Milla Drakopoulos	11	BLUO UGD	23/03/2017	SA Level 2 Regional Age Group Ci
45	3:13.04 L	P	Ava Rathner	11	WSAA CPT	23/03/2017	SA Level 3 Regional Age Group C
46	3:13.38 L	F	Alexandra Bowyer	11	KLOO ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
47	3:13.89 L	F	Lara Daling	11	TKSS WBD	25/11/2016	Limpopo Champs 25-27 Novembe
48	3:13.91 L	F	Alexia Delicado	11	POTC KKD	08/12/2016	NWS Championships 2016/2017
49	3:14.52 L	F	Kaela Viljoen	11	MDOL JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
50	3:14.86 L	P	Ane' Meier	11	PAC TSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
51	3:15.13 L	F	Skye Da Fonseca-Hattingh	11	RFA TSH	25/11/2016	NTS November 2016 Age Group C
52	3:15.47 L	F	Payton Brink	11	VINE CPT	03/02/2017	Western Cape Jack Currie Champ
53	3:15.61 L	P	Alexandra Caldwell	11	SASE JHB	16/12/2016	Vita-thion CGA Open LC Champs
54*	3:15.84 L	F	Melissa Martens	11	STPS UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
54*	3:15.84 L	F	Jozi Nupen	11	CRSC JHB	05/11/2016	CGA Level 2 Gala No 3
56	3:16.09 L	F	Teegan Pio	11	PEAS NMA	02/12/2016	NMBA Championships 2016
57	3:16.38 L	P	Nurul-Huda Samaai	11	MARL CPT	23/03/2017	SA Level 3 Regional Age Group C
58	3:16.50 L	P	Yvonne Mthembu	11	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
59	3:16.68 L	F	Mieke Oosthuizen	11	TKS LP	25/11/2016	Limpopo Champs 25-27 Novembe
60	3:16.74 L	F	Symone Steyn	11	LBSL NMD	03/02/2017	NW Schools Swimming Champion
61	3:17.86 L	P	Jenny Zhang	11	EAGA LP	31/03/2017	SA Level 2 Regional Age Group Ci
62	3:18.07 L	F	Emma Lacey	11	BEST NMA	04/02/2017	Uitenhage Swimming Club Gala 20
63	3:18.17 L	F	Mieke Bornman	11	PAC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
64	3:18.31 L	F	Baylee Engelke	11	MATI CED	18/02/2017	Western Cape Qualify Gala 3
65	3:18.60 L	P	Melyssa Rocha	11	MOZ	07/12/2016	NTS Championships 2016
66	3:18.74 L	P	Kirsten Storm	11	LINR JHB	31/03/2017	SA Level 2 Regional Age Group Ci
67	3:18.81 L	F	Jasmine Witthuhn	11	INFA NMA	23/03/2017	SA Level 3 Regional Age Group C
68	3:18.96 L	F	Emma Crookes	11	KLOO ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
69	3:19.07 L	F	Dayna Graham	11	NCDST ILD	23/03/2017	SA Level 2 Regional Age Group Ci
70	3:19.30 L	F	Helena Prinsloo	11	PAQU CED	01/12/2016	Western Cape Summer Champion
71	3:19.57 L	F	Gracie Monaghan	11	ELEC JHB	24/09/2016	CGA Level 2 gala No 1
72	3:20.15 L	F	Izelle Henning	11	BLNE MAN	07/10/2016	Otters Prestige Gala
73	3:20.26 L	F	Ennes Zietsman	11	PSC TSH	28/01/2017	CGA Level 3-SANJ Last Chance g
74	3:20.35 L	F	Lara Botha	11	PAQU CED	23/03/2017	SA Level 2 Regional Age Group Ci
75	3:20.46 L	F	Casey Davids	11	STAD JHB	05/02/2017	CGA Level 2 last chance gala Day
76	3:20.50 L	F	Jane Lewis	11	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C
77	3:21.37 L	F	Aminah Lindoor	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
78	3:21.49 L	P	Kayla De Wet	11	SOUL ECU	31/03/2017	SA Level 2 Regional Age Group Ci
79	3:21.52 L	P	Amy Robson-Garth	11	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group Ci
80	3:21.69 L	F	Rachel Webb	11	HARL BUF	23/03/2017	SA Level 2 Regional Age Group Ci
81	3:21.71 L	F	Manaal Omar	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci
82	3:21.74 L	F	Nirvana Borrageiro	11	SGUL ETH	23/03/2017	SA Level 2 Regional Age Group Ci
83	3:22.23 L	F	Mari Nortje	11	BULS MAN	30/11/2016	FS CHAMPS
84	3:22.41 L	F	Jodi Wilson	11	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci
85	3:22.49 L	F	Georgia Carstens	11	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala
86	3:22.90 L	F	Lara De Beer	11	BENS ECU	08/12/2016	EGA Championships 2016
87	3:23.17 L	P	Jenna Foster	11	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
88	3:23.25 L	F	Amber Warr	11	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
89	3:23.40 L	F	Jade Steyn	11	TRIDE ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
90	3:23.43 L	P	Li Mc Quire	11	ISSC NMD	31/03/2017	SA Level 2 Regional Age Group Ci
91	3:23.49 L	P	Emma Gomes	11	MDOL JHB	31/03/2017	SA Level 2 Regional Age Group Ci
92	3:23.50 L	F	Cara Ralfe	11	SEAL UMD	18/02/2017	Ethekwini Age Group Gala 10
93	3:23.54 L	F	Melindie van Rensburg	11	BRG EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
94	3:23.65 L	P	Mikaela Bristow	11	VINE CPT	23/03/2017	SA Level 3 Regional Age Group C
95	3:23.68 L	P	Zodea Jacobie	11	SUPE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
96	3:24.16 L	P	Annette Greyling	11	AA JHB	23/03/2017	SA Level 3 Regional Age Group Ci
97	3:24.18 L	F	Rachel Groepes	11	WSAA CPT	12/11/2016	Western Cape Summer 4

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
98	3:24.26	L	F	Amber Lewis	11	NDSA ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
99	3:24.32	L	F	Angel Geel	11	KDOR KKD	26/11/2016 NWS Age Group 3 2016/2017
100	3:24.45	L	F	Noa Garnett	11	NCDST ILD	23/03/2017 SA Level 2 Regional Age Group Ci
101	3:24.46	L	F	Ellene Scholtz	11	AQU ADJ	25/11/2016 KZN TYR Westville Sprints 2016
102	3:24.72	L	P	Reabetswe Phume	11	AA JHB	31/03/2017 SA Level 2 Regional Age Group Ci
103	3:24.85	L	P	Tenique Riekert	11	TUKS TSH	31/03/2017 SA Level 2 Regional Age Group Ci
104	3:25.14	L	F	Amber Landskron	11	TUKS TSH	18/11/2016 NTS November 2016 Age Group L
105	3:25.43	L	F	Kayci Petzer	11	BEAV ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
106	3:25.51	L	F	Emma Terblanche	11	PRKA PSD	23/03/2017 SA Level 2 Regional Age Group Ci
107	3:26.03	L	F	Alyssa Pretorius	11	ASA CPT	23/03/2017 SA Level 3 Regional Age Group C
108	3:26.12	L	F	Kelly Williamson	11	INFA NMA	23/03/2017 SA Level 3 Regional Age Group C
109	3:26.22	L	F	Lesedi Thunzi	11	HARL BUF	13/01/2017 BCA January Age Group Gala 201
110	3:26.38	L	F	Kayla Tully	11	TRIDE ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
111	3:27.03	L	F	Liya Venter	11	BLMA CPT	23/03/2017 SA Level 2 Regional Age Group Ci
112	3:27.25	L	F	Madison Irvine	11	TUKS TSH	02/12/2016 2016 The Tshwane Mayoral Gala
113	3:27.45	L	P	Tyler Hughes	11	BOKS ECU	08/12/2016 EGA Championships 2016
114	3:27.48	L	F	Rachel Irvine	11	STPS UMD	02/09/2016 KZN Beavers Winter LongCourse
115	3:27.77	L	F	Dominique De Jongh	11	FISH EDD	23/03/2017 SA Level 3 Regional Age Group C
116	3:28.21	L	F	Kirsten Cottrell	11	AZON ETH	25/11/2016 KZN TYR Westville Sprints 2016
117	3:28.27	L	F	Danielle Joubert	11	BLNE MAN	23/03/2017 SA Level 2 Regional Age Group Ci
118	3:28.59	L	P	Cara Botha	11	HARB BPD	31/03/2017 SA Level 2 Regional Age Group Ci
119	3:28.79	L	F	Erin Foster	11	ELEC JHB	25/02/2017 CGA Level 1 Year End Gala
120	3:29.15	L	P	Mia Van der Mescht	11	BULS MAN	23/03/2017 SA Level 2 Regional Age Group Ci
121	3:29.38	L	F	Lucy Friedenthal	11	UNI EZD	23/03/2017 SA Level 2 Regional Age Group Ci
122	3:29.49	L	F	Kiara Johnson	11	NCDST ILD	18/02/2017 Ethekwini Age Group Gala 10
123	3:29.70	L	F	Annè Sabbagha	11	ASA CPT	18/11/2016 Western Cape Summer QF2
124	3:29.96	L	F	Olwethu Ndlovu	11	UMSH ETH	18/02/2017 Ethekwini Age Group Gala 10
125	3:30.14	L	F	Kelly Sparg	11	HARL BUF	23/03/2017 SA Level 2 Regional Age Group Ci
126	3:30.33	L	F	Gemma Frank	11	ASA CPT	18/02/2017 Ethekwini Age Group Gala 10
127	3:30.41	L	F	Jadyn-Lee Joubert	11	AZON ETH	25/11/2016 KZN TYR Westville Sprints 2016
128	3:30.58	L	P	Karla Vogel	11	TKSS WBD	31/03/2017 SA Level 2 Regional Age Group Ci
129	3:30.65	L	F	Emma Hamman	11	FAAC FBD	14/10/2016 MP AGE GROUP 2 - 2016
130	3:30.93	L	F	Tumé van Niekerk	11	WSAA CPT	18/02/2017 NWS District Development Champ
131	3:31.05	L	F	Juliette Nel	11	TYGE CPT	03/02/2017 Western Cape Jack Currie Champ
132	3:31.28	L	F	Julia Ristow	11	USC BUF	02/12/2016 BCA Championships 2016
133	3:31.29	L	F	Jenna De Jongh	11	SGUL ETH	22/10/2016 eThekwini Age Group Gala 7
134	3:31.33	L	F	Christy Dudas	11	ACSA ETH	25/11/2016 KZN TYR Westville Sprints 2016
135	3:31.82	L	F	Josi Arnold	11	HARL BUF	23/03/2017 SA Level 3 Regional Age Group C
136	3:32.16	L	F	Heidri de Jager	11	RBOT BPD	08/12/2016 NWS Championships 2016/2017
137	3:32.29	L	P	Kameron salis	11	WATR JHB	31/03/2017 SA Level 2 Regional Age Group Ci
138	3:33.00	L	F	Bianke Pienaar	11	PARYS FDD	14/02/2017 Inter Primary
139	3:33.01	L	F	Amy Van Breda	11	VINE CPT	12/11/2016 Western Cape Summer 4
140*	3:33.55	L	P	Anje Van Papendorp	11	PSC TSH	31/03/2017 SA Level 2 Regional Age Group Ci
140*	3:33.55	L	F	Thalia Farrell	11	ELEC JHB	05/02/2017 CGA Level 2 last chance gala Day
142	3:33.78	L	F	Alexia Greyling	11	UNIQ JHB	05/11/2016 CGA Level 2 Gala No 3
143	3:34.41	L	F	Nirene van der Watt	11	PARYS FDD	02/02/2017 NFS PRIMARY SCHOOLS
144	3:34.75	L	F	Nicole Whitfield	11	WSAA CPT	18/02/2017 NWS District Development Champ
145	3:34.83	L	F	Theola McDonald	11	CSA EZD	17/09/2016 MP Xerox Sprint Gala - 17 Septem
146	3:35.86	L	F	Nicole Bantom	11	VINE CPT	18/02/2017 Western Cape Qualify Gala 3
147*	3:36.37	L	P	Morgan Corns	11	ESP ECU	31/03/2017 SA Level 2 Regional Age Group Ci
147*	3:36.37	L	F	Skyla Schroll	11	WSAA CPT	18/02/2017 NWS District Development Champ
149	3:36.57	L	F	Helena du Toit	11	BLUO UGD	24/02/2017 KZN Speedo Level 2 Provincial Cf
150	3:36.82	L	P	Mbali Burnett	11	USH UJD	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
151	3:36.93	L	F	Anna Peens	11	NCDST ILD	18/02/2017 Ethekwini Age Group Gala 10
152	3:37.07	L	P	Raphaëlia Ioannou	11	MDOL JHB	31/03/2017 SA Level 2 Regional Age Group Ci
153	3:37.42	L	P	Thinica Mc Anda	11	FAAC FBD	23/03/2017 SA Level 2 Regional Age Group Ci
154	3:37.60	L	F	Saffron Tweedie	11	ALBA NMA	23/03/2017 SA Level 2 Regional Age Group Ci
155	3:37.69	L	F	Julia Volschenk	11	GZSA TSH	18/11/2016 NTS November 2016 Age Group L
156	3:38.04	L	P	Eva Markovic	11	MATL KKD	31/03/2017 SA Level 2 Regional Age Group Ci

## Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
157	3:38.13	L	F	Tamryn Olsen	11	AQWO CPT	03/02/2017 Western Cape Jack Currie Champ
158	3:38.29	L	F	Chloe Vd Merwe	11	ASA CPT	23/03/2017 SA Level 3 Regional Age Group C
159	3:38.41	L	F	Meghan Rawson	11	VINE CPT	18/02/2017 Western Cape Qualify Gala 3
160	3:38.53	L	F	Jaimie Black	11	NCDST ILD	18/02/2017 Ethekwini Age Group Gala 10
161	3:38.59	L	F	Gemma Haupt	11	ASA CPT	12/11/2016 Western Cape Summer 4
162	3:38.69	L	F	Lia Kotze	11	ROA EDD	19/11/2016 EDEN 3rd A-League Gala 2016
163	3:38.70	L	F	Mikaila Brown	CR	TSSC ETH	25/11/2016 KZN TYR Westville Sprints 2016
164	3:40.62	L	F	Holly Brickles	11	VINE CPT	12/11/2016 Western Cape Summer 4
165	3:40.82	L	F	Rebecca Macquet	11	AZON ETH	22/10/2016 eThekwini Age Group Gala 7
166	3:41.07	L	P	Zoe Stock	11	ESP EKU	31/03/2017 SA Level 2 Regional Age Group C
167	3:41.10	L	F	Kaylee Swartz	11	HARL BUF	23/03/2017 SA Level 3 Regional Age Group C
168	3:41.63	L	F	Hannah James	11	NCDST ILD	06/08/2016 eThekwini Age Group Gala 4
169	3:41.87	L	P	Irene Ioannou	11	MDOL JHB	31/03/2017 SA Level 2 Regional Age Group C
170	3:42.07	L	F	Cara Meldrum	11	AQUB NMA	09/09/2016 2nd A League 2016
171	3:42.50	L	F	Dhiya Pillay	11	ACSA ETH	24/02/2017 KZN Speedo Level 2 Provincial C
172	3:42.55	L	F	Luane Janssen	11	GZSA TSH	18/11/2016 NTS November 2016 Age Group L
173	3:42.90	L	F	Mary-Jane Hasenbroek	11	PAQU CED	12/11/2016 Western Cape Summer 4
174	3:43.31	L	P	Alexis Jaide Morrison-Goate	11	AA JHB	08/12/2016 EGA Championships 2016
175	3:44.19	L	F	Tendani Mukhithi	11	STCON NW	03/02/2017 NW Schools Swimming Champion
176	3:44.54	L	F	Isabella Seale-Mckend	11	OLDE JHB	05/02/2017 CGA Level 2 last chance gala Day
177	3:44.71	L	F	Julia Davies	11	MDOL JHB	05/02/2017 CGA Level 2 last chance gala Day
178	3:44.86	L	F	Deidre Murugan	11	BAYV ETH	25/11/2016 KZN TYR Westville Sprints 2016
179	3:45.17	L	F	Ashley Jv Vuuren	11	HSFM LP	27/01/2017 Limpopo School Championships
180	3:45.78	L	F	Laaiqah Goondie	11	SUPE JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
181	3:46.87	L	F	Erin O'Sullivan	11	BLMA CPT	03/02/2017 Western Cape Jack Currie Champ
182	3:47.75	L	F	Utah Novello	11	CLSC WCD	12/11/2016 Western Cape Summer 4
183	3:47.78	L	P	Ilhaam Sheik Freed	11	BEAV ETH	23/03/2017 SA Level 2 Regional Age Group C
184	3:48.36	L	F	Nina Evans	11	ELEC JHB	25/02/2017 CGA Level 1 Year End Gala
185	3:48.56	L	F	Fatima Khan	11	ATLA JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
186	3:48.72	L	F	Vivianna Pearson	11	VINE CPT	18/02/2017 Western Cape Qualify Gala 3
187	3:49.67	L	F	Ankia Uys	FR	PSA ZLD	28/01/2017 Ushaka Championship Gala 2017
188	3:50.03	L	F	Sophia Stegmann	11	MDOL JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
189	3:50.24	L	F	Summer Tucker	11	ELEC JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
190	3:50.33	L	F	Gabriëlle Nieuwoudt	11	CUDU CPT	18/11/2016 Western Cape Summer QF2
191	3:50.46	L	F	Charlize De Villiers	11	PRKA PSD	23/03/2017 SA Level 2 Regional Age Group C
192	3:51.18	L	F	Caitlyn Fish	11	SODO JHB	24/09/2016 CGA Level 2 gala No 1
193	3:51.30	L	F	Elanca Van Jaarsveld	11	PEAS NMA	30/09/2016 Aquabear Invitational Meet
194	3:51.77	L	F	Nawaal Mia	11	MDOL JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
195	3:51.83	L	F	Zelmarie Levin	11	TTNS SDD	15/10/2016 EGA Summer 2_15 Oct 2016
196	3:52.13	L	F	Aaminah Hassan	11	ATLA JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
197	3:52.78	L	F	Rone' vd Merwe	11	UPTS ZMD	09/12/2016 NCASA Sprints 2016
198	3:52.81	L	F	Jana Naude	11	USH UJD	14/01/2017 Uthungulu District January Age Gr
199	3:53.37	L	F	Sophia Kerr	11	SGUL ETH	25/11/2016 KZN TYR Westville Sprints 2016
200	3:53.45	L	F	Cara Van Der Bijl	11	BLNE MAN	07/10/2016 Otters Prestige Gala
201	3:53.50	L	F	Caitlyn Martin	11	WATR JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
202	3:53.69	L	P	Tsebisu Neduvhuledza	11	UNIM NGD	23/03/2017 SA Level 3 Regional Age Group C
203	3:53.79	L	F	Atiyyah Valli	11	ATLA JHB	25/02/2017 CGA Level 1 Year End Gala
204	3:53.98	L S	F	Jodi Hobson	11	AQUB NMA	10/02/2017 6th A League Gala 2017
205	3:54.01	L	F	Cara Smook	11	JASK FBD	14/02/2017 Inter Primary
206	3:54.27	L	F	Casey-Lee Peters	11	BON JHB	11/03/2017 SA Level 1 Provincl Age Group Ch
207	3:54.52	L	F	Liya Davids	11	SUPE JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
208	3:54.54	L	F	Larique Joubert	11	TASC LP	25/11/2016 Limpopo Champs 25-27 Novembe
209	3:54.79	L	F	Sesame Masibi	11	DDA TSH	02/12/2016 2016 The Tshwane Mayoral Gala
210	3:55.23	L	F	Skye Lang	11	WATR JHB	14/01/2017 CGA Level 2 Gala No 4 14 Jan 20
211	3:55.50	L	F	Emily Tyldesley	11	MCS NW	03/02/2017 NW Schools Swimming Champion
212	3:55.51	L	F	Jeani Naude	11	BULS MAN	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
213	3:56.45	L	F	Marteli Pieters	11	PAC TSH	18/11/2016 NTS November 2016 Age Group L
214	3:56.65	L	F	Tatumn Tonkin	11	ONYX EKU	10/09/2016 Adrian Grafe Memorial Gala 2016
215	3:56.90	L	F	Maddison Griffin	11	SOUL EKU	11/03/2017 SA Level 1 Provincl Age Group Ch

## Individual Top Times

Times since: 01-May-16

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	Time	P/F/S	Name	Age/Yr				
216	3:57.56 L	F	Izaan Scheepers	HN	PSA ZLD	14/01/2017	Uthungulu District January Age Gr	
217	3:57.98 L	F	Mia Uys	11	PSC TSH	18/11/2016	NTS November 2016 Age Group L	
218	3:58.24 L	F	Keira Booth	11	UNIC MP	27/01/2017	Limpopo School Championships	
219	3:59.12 L	F	Simone' Pretorius	11	PAC TSH	16/09/2016	NTS September 2016 Age Group	
220	3:59.41 L	F	Carlia Nel	11	LSKP WB	27/01/2017	Limpopo School Championships	
221	3:59.59 L	F	Rachel Guymer	11	LINR JHB	05/02/2017	CGA Level 2 last chance gala Day	
222	3:59.97 L	F	Welne Pretorius	11	AQU ADJ	10/12/2016	Amajuba District December Age G	
223	4:00.02 L	F	Nicole Schoeman	11	LSJM SK	27/01/2017	Limpopo School Championships	
224	4:01.00 L	F	Kaylee Mc Laren	11	USH UHD	28/01/2017	Ushaka Championship Gala 2017	
225	4:01.13 L	F	Lara Gouws	11	VINE CPT	12/11/2016	Western Cape Summer 4	
226	4:01.71 L	F	Emma Wiggins	11	TUKS TSH	18/11/2016	NTS November 2016 Age Group L	
227	4:02.14 L	F	Armani vd Merwe	11	PWC CED	03/02/2017	NW Schools Swimming Champion	
228	4:03.09 L	F	Tyla Mitchell	11	FLOD JHB	18/02/2017	CGA Level 2 last chance gala day	
229	4:03.66 L	F	Camrin Cloete	11	PAQU CED	12/11/2016	Western Cape Summer 4	
230	4:04.80 L	F	Kean Van Der Vlugt	11	ASA ILD	25/11/2016	KZN TYR Westville Sprints 2016	
231	4:04.94 L	F	Tayba Sallie	11	LINR JHB	14/01/2017	CGA Level 2 Gala No 4 14 Jan 20	
232	4:05.01 L	F	Arya Shukla	11	TRIDE ETH	25/11/2016	KZN TYR Westville Sprints 2016	
233	4:05.25 L	F	Celine Hamman	HR	PSA ZLD	14/01/2017	Uthungulu District January Age Gr	
234	4:05.85 L	F	Christina Sauerma	11	SGUL ETH	22/10/2016	eThekwini Age Group Gala 7	
235	4:06.77 L	F	Hannah Bridge	11	KNYD EDD	23/03/2017	SA Level 3 Regional Age Group C	
236	4:08.10 L	F	Somikazi Qwemesha	11	CYBE CPT	12/11/2016	Western Cape Summer 4	
237	4:08.32 L	F	Zara Greenwood	11	CRSC JHB	05/11/2016	CGA Level 2 Gala No 3	
238	4:09.42 L	F	Khensany Khosana	11	WELA LLD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA	
239	4:09.56 L	F	Laiqa Ally	11	LENA JHB	11/03/2017	SA Level 1 Provincl Age Group Ch	
240	4:10.16 L	F	Njabulo Somthunzi	11	ATLA JHB	05/11/2016	CGA Level 2 Gala No 3	
241	4:11.39 L	F	Jasmine Herold	11	WATR JHB	05/11/2016	CGA Level 2 Gala No 3	
242	4:12.67 L	F	Jordan Meyer	11	FISHS EDD	14/01/2017	Eden 4th A League Gala	
243	4:13.69 L	F	Rania Gamielien	11	WALM CPT	12/11/2016	Western Cape Summer 4	
244	4:15.96 L	F	Tiya Bhika	11	ELEC JHB	24/09/2016	CGA Level 2 gala No 1	
245	4:19.05 L	F	Sophie De Kock	11	AZON ETH	02/09/2016	KZN Beavers Winter LongCourse	
246	4:21.83 L	F	Sarah Byrne	11	LAD UTD	25/11/2016	KZN TYR Westville Sprints 2016	
247	4:25.18 L	F	Kyra Meier	11	PRA GSD	18/02/2017	MP Age Group 5 - 18 FEBRUARY	
248	4:26.72 L	F	Jezwyne Marimuthu	11	BAYV ETH	18/09/2016	eThekwini Level O Program 4	
249	4:27.47 L	P	Tonya Muller	11	CARN ECU	27/06/2016	Sasol National Championship 201	
250	4:33.07 L	F	Zoe Viljoen	11	PEAS NMA	11/11/2016	4th A League Gala 2016	
251	4:33.38 L	F	Kelsey Kemp	11	NEWS ADJ	10/12/2016	Amajuba District December Age G	
252	4:36.92 L	F	Kano Tjia	11	EAGA LP	25/11/2016	Limpopo Champs 25-27 Novembe	
253	4:44.54 L	F	Afika Ntuli	11	LNDD ETH	18/09/2016	eThekwini Level O Program 4	
254	4:58.40 L	F	Bella Verster	11	LBT EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM	
<b>Women 11-11 400 IM</b>								
1	6:10.06 L	F	Abigail Rululu	11	AQUA BUF	10/02/2017	BCA February Age Group Gala 20	
2	7:04.19 L	F	Nurul-Huda Samaai	11	MARL CPT	18/11/2016	Western Cape Summer QF2	