

## South African Open Water Swimming Calendar 2018 - 2019

### SSA Approved Open Water Swimming Events

\*Times recorded at these events will be regarded as 2019 SANAT OWS QT, subject to published criteria of Affiliate / District

\*\*Recreational events are offered at all of these competitions - contact the respective Race Director for information thereof

Affiliate	Race Date	Race	Venue	Events	Contact	Telephone	Website
<b>October</b>							
Mpumalanga	2018/10/14	MPS Lowmed Open Water 1	Longmere Dam, White River	5km & 3km	LowMed	083 236 8208	<a href="https://lowmed.co.za/blog/">https://lowmed.co.za/blog/</a>
Eastern Cape Aquatics	2018/10/14	E Cape Swim Series 1	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	<a href="https://www.zsports.co.za/ecswim">https://www.zsports.co.za/ecswim</a>
North West	2018/10/20	Diskem Sun City Mile	Sun City Resort	3km	In Motion Event Management	033 341 0790	<a href="https://www.midmarmile.co.za/seeding-events/">https://www.midmarmile.co.za/seeding-events/</a>
Eastern Cape Aquatics	2018/10/28	E Cape Swim Series 2	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	<a href="https://www.zsports.co.za/ecswim">https://www.zsports.co.za/ecswim</a>
Central Gauteng Aquatics	2018/10/28	Aqua Athlete Challenge 1	Cradle Moon, Muldersdrift	3km	Red Hub Events	084 453 8880	<a href="https://www.redhub-events.com">https://www.redhub-events.com</a>
<b>November</b>							
Mpumalanga	2018/11/04	MPS Lowmed Open Water 2	Longmere Dam, White River	10km & 5km & 3km	LowMed	083 236 8208	<a href="https://lowmed.co.za/blog/">https://lowmed.co.za/blog/</a>
Central Gauteng Aquatics	2018/11/11	CGA OWS 1	Stoke City, Midrand	10km & 5km	Theresa Aronson	082 446 8190	<a href="http://www.facebook.com/CGA-Open-Water-Swimming">www.facebook.com/CGA-Open-Water-Swimming</a>
Central Gauteng Aquatics	2018/11/25	Cradle Moon Challenge	Cradle Moon, Muldersdrift	3km	In Motion Event Management	033 341 0790	<a href="https://www.midmarmile.co.za/seeding-events/">https://www.midmarmile.co.za/seeding-events/</a>
Eastern Cape Aquatics	2018/11/25	E Cape Swim Series 3	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	<a href="https://www.zsports.co.za/ecswim">https://www.zsports.co.za/ecswim</a>
<b>December</b>							
Kwa Zulu Natal	2018/12/01	KZNA OWS Championships	Midmar Dam, Howick	10km, 5km	Penguins ASC	072 729 6559	<a href="http://www.penguinssc.co.za/">http://www.penguinssc.co.za/</a>
Kwa Zulu Natal	2018/12/02	KZNA OWS Championships	Midmar Dam, Howick	3km	Penguins ASC	072 729 6559	<a href="http://www.penguinssc.co.za/">http://www.penguinssc.co.za/</a>
Western Cape Aquatics	2018/12/16	Lamond Open Water Swim	Lamond Wine Estate, Gaansbaai	3km	Scuttle Events	079 717 6732	<a href="https://scuttle.co.za/scuttle-events/open-water-swim/">https://scuttle.co.za/scuttle-events/open-water-swim/</a>
Western Cape Aquatics	2018/12/16	OWS Boschendal Challenge	Boschendal Wine Estate	3km, 5km & 10km	Irma Come'	021 380 6600	
<b>January</b>							
SSA / Mpumalanga	2019/01/05	Grand Prix Open Water	Longmere Dam, White River	10km /3km	SSA	SSA via Affiliate	<a href="http://www.swimsa.org">www.swimsa.org</a>
SSA / Mpumalanga	2019/01/06	Grand Prix Open Water	Longmere Dam, White River	5km	SSA	SSA via Affiliate	<a href="http://www.swimsa.org">www.swimsa.org</a>
Free State Aquatics	2019/01/12	Kovsies Open Water 2019	Maselspoort Resort, Bloemfontein	5km	Marco Markgraaf	082 491 0081	TBC
Free State Aquatics	2019/01/13	Kovsies Open Water 2019	Maselspoort Resort, Bloemfontein	3km	Marco Markgraaf	082 491 0081	TBC
Eastern Cape Aquatics	2019/01/13	E Cape Swim Series 4	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	<a href="https://www.zsports.co.za/ecswim">https://www.zsports.co.za/ecswim</a>
Central Gauteng Aquatics	2019/01/19	Lake Heritage Water Festival	Cradle Moon, Muldersdrift	5km	In Motion Event Management	033 341 0790	<a href="https://www.midmarmile.co.za/seeding-events/">https://www.midmarmile.co.za/seeding-events/</a>
Mpumalanga	2019/01/20	MPS Lowmed Open Water 3	Longmere Dam, White River	5km & 3km	LowMed	083 236 8208	<a href="https://lowmed.co.za/blog/">https://lowmed.co.za/blog/</a>
Central Gauteng Aquatics	2019/01/20	Lake Heritage Water Festival	Cradle Moon, Muldersdrift	3km	In Motion Event Management	033 341 0790	<a href="https://www.midmarmile.co.za/seeding-events/">https://www.midmarmile.co.za/seeding-events/</a>
Aquatics Gauteng	2019/01/26	Gauteng Challenge	Homestead Dam, Benoni	10km, 5km	Swim4Life	082 563 9283	<a href="http://www.easterngautengaquatics.co.za">http://www.easterngautengaquatics.co.za</a>
Eastern Cape Aquatics	2019/01/26	E Cape OWS Championships	Marina Martinique, Jbay	10km & 3km	Greg Tucker	084 580 8276	<a href="https://www.zsports.co.za/ecswim">https://www.zsports.co.za/ecswim</a>
Aquatics Gauteng	2019/01/27	Gauteng Challenge	Homestead Dam, Benoni	3km	Swim4Life	082 563 9283	<a href="http://www.easterngautengaquatics.co.za">http://www.easterngautengaquatics.co.za</a>
Eastern Cape Aquatics	2019/01/27	E Cape OWS Championships	Marina Martinique, Jbay	5km & 4 x 1.25 Relay	Greg Tucker	084 580 8276	<a href="https://www.zsports.co.za/ecswim">https://www.zsports.co.za/ecswim</a>
<b>February</b>							
Mpumalanga	2019/02/03	MPS Open Water 4	Pienaar Dam	5km & 3km	LowMed	083 236 8208	<a href="https://lowmed.co.za/blog/">https://lowmed.co.za/blog/</a>
CANA	2019/02/17	CANA Zone IV OWS Championships	Windhoek, Namibia	5km, 3km & 4 x 1.25	SSA	SSA via Affiliate	<a href="http://www.swimsa.org">www.swimsa.org</a>
Western Cape Aquatics	2019/02/17	Sanlam Cape Mile	Gabouw Dam, Grabouw	1 Mile	Stilwater Sports	082 991 0045	<a href="http://www.stilwatersports.com/event/cape-mile/">http://www.stilwatersports.com/event/cape-mile/</a>
<b>March</b>							
SSA / E Cape Aquatics	2019/03/02	SA National OWS Championships	Marina Martinique, Jbay	10km, 3km & 4 x 1.25km Relay	SSA	SSA via Affiliate	<a href="http://www.swimsa.org">www.swimsa.org</a>
SSA / E Cape Aquatics	2019/03/03	SA National OWS Championships	Marina Martinique, Jbay	5km	SSA	SSA via Affiliate	<a href="http://www.swimsa.org">www.swimsa.org</a>
Limpopo	2019/03/16	Ebenezer Mile	Ebernezer Dam, Haenertsburg	3km	Daria Gorbaszewicz	083 456 9798	