

SA NATIONAL YOUTH CHAMPIONSHIPS 2026

1. GENERAL EVENT INFORMATION

- 1.1. The 2026 South Africa Junior National Diving Championships will be held at St. Dominic's School for Girls, Boksburg, from 11 to 15 April 2026.

2. ENTRY PROCEDURES

- 2.1 All Affiliates with SSA registered members, are invited to compete at the event.
- 2.2 Selection is at the discretion of the Affiliate member.
- 2.3 Entries must be made on the attached forms.
- 2.4 The closing date for entries with payment into SSA account is 31 March 2026.

Bank: ABSA BANK

Acc. number: 1003790807

Branch: Rosebank Central

Code: 508005

- 2.5 Payment and proof of payment must be sent to SSA by the affiliate.
Balvant.morar@swimsa.org
- 2.6 A copy of proof of payment must be brought to SA National Championships by the relevant Team Manager.

3. TECHNICAL OFFICIALS

- 3.1 Only SSA registered technical officials will be eligible to officiate.
- 3.2 Each team must supply one judge for every 6 entries or part thereof for the **duration of the event**.
- 3.3 Technical Officials must be correctly attired, navy blue skirts/trousers, white shoes and white shirt.



4. REQUIREMENTS AND SELECTION CRITERIA:

SELECTION CRITERIA

Group A: 16/17/18 years (born 2009/2008/2007)

Group B: 14/15 years (born 2011/2010)

Girls Group A	1m: 5 dives with limit of DD of 9.0 + 4 voluntary dives from 4 different groups 3m: 5 dives with limit of DD of 9.5 + 4 voluntary dives from 4 different groups Platform: 4 dives with limit of DD of 7.6 + 4 voluntary dives from 4 different groups
Boys Group A	1m: 5 dives with limit of DD of 9.0 + 5 voluntary dives from 4 different groups 3m: 5 dives with limit of DD of 9.5 + 5 voluntary dives from 4 different groups Platform: 4 dives with limit of DD of 7.6 + 5 voluntary dives from 4 different groups
Girls Group B	1m: 5 dives with limit of DD of 9.0 + 3 voluntary dives from 3 different groups 3m: 5 dives with limit of DD of 9.5 + 3 voluntary dives 3 different groups Platform: 4 dives with limit of DD of 7.6 + 3 voluntary dives 3 different groups
Boys Group B	1m: 5 dives with limit of DD of 9.0 + 4 voluntary dives 4 different groups 3m: 5 dives with limit of DD of 9.5 + 4 voluntary dives 4 different groups Platform: 4 dives with limit of DD of 7.6 + 4 voluntary dives 4 different groups
Synchronized girls Group A/B 3m:	2 dives from 2 different groups (each DD of + 3 voluntary dives from 4 different groups – 4 groups in TOTAL must be used
Synchronized boys Group A/B 3m:	2 dives from 2 different groups (each DD of 2.0 + 3 voluntary dives from 4 different groups – 4 groups in TOTAL must be used

Note:

- i. Average degree of difficulty per dive for the dives without limit shall be 2.0 for girls and 2.1 for boys.
- ii. Average points achieved in provincial selection per dive shall be 25 points for Group B and 30 points per dive for Group A

5**COMPETITION RULES**

5.1 World Aquatics rules apply unless otherwise stated.

5.2 Should the Technical Committee and/or the Selection Committee request to see a particular pair of divers compete for selection purposes, this will be allowed, even if one or both divers already have another partner entered in the event. They will not, however, be eligible for medals. Divers will always have the right to refuse the request.

6**PROGRAMME**

6.1 The programme shall be held over a period of 5-6 days, when the SA Youth Championships for Group A and Group B are incorporated. Should the events be held separately, each event will be held over 3-4 days.

6.2 On one (1) and three (3) metre, platform and synchro there will be a preliminary and a final event.

7**POINTS**

7.1 Points will be allocated to the Affiliated Member [i.e. province] of the diver or synchro team according to the table indicated below.

Place	1st	2nd	3rd	4th	5th	6th	7th	8th
Points	14	10	7	5	4	3	2	1

7.2

Points will only be awarded to South African competitors

7.3

Points will only be awarded to female divers who attain a minimum average score of 28.0 per dive, and to male divers who attain a minimum average score of 30.0 per dive.

8**TROPHIES**

Trophies are only awarded to Group A divers.

Event	Trophy	Presented By
Boys 1m	G. H. Mandy Memorial Trophy	Vic Mijon
Boys 3m	Willie Welgemoed Memorial Trophy	Vic Mijon

Girls 1m	Heather Mc Gregor	Mc Gregor Family
Girls 3m	Heather Mc Gregor	Mc Gregor Family



The boy and girl from Group A or Group B with the highest combined scores, i.e. 1m score plus 3m score, will be awarded the Victor and Victrix Ludorum trophies.

Event	Trophy	Presented By
Girls Victrix Ludorum	South African Girls SA Junior Diving	Lina Woodward
Boys Victor Ludorum	Goodyear Boys	GOODYEAR

Note:

- 1 It is a specific condition of the donor of the trophies that these be handed to the winners at the championships, but that the trophies shall be kept by SSA for safekeeping.
- 2 Trophies will only be awarded to female divers who attain a minimum score of 300 points, and to male divers who attain a minimum score of 350 points.

SA YOUTH DIVING CHAMPIONSHIPS

World Aquatics rules will apply unless specifically stated otherwise – Appendix A.

20.3. Eligibility

20.3.1. A diver shall be selected by an Affiliated Member and cannot compete as an individual.

20.3.2. The competition is open to divers aged 18 years and younger, on 31st December of the year of competition.

20.3.3. Divers aged 16, 17 or 18 years on 31st December of the year of competition shall enter the Group A event only.

20.3.4. Divers aged 15 years and under on 31st December of the year of competition shall enter the Group B event only. *Please note that divers younger than 12 years of age MAY NOT participate at this event.*

20.3.5. Divers must have achieved a minimum qualifying standard average of 25 points per dive at the qualifying trials with a minimum of 2.0 for girls and 2.1 for boys.

20.3.6. Affiliates of divers who do not achieve the minimum qualifying standard average of 25 points per dive for Group B and 30 points per dive for Group A at the SA Youth Games event, will be fined R50.00 for every point below this standard. Should the diver not have achieved the score due to a failed dive, the diver's affiliate may provide proof that the diver was selected using the minimum score requirement. The SATDC will make a decision at their discretion. The fine must be paid to the LOC before the diver may compete in another event.

20.3.7. A diver may compete in any one or more of the events.

