

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 37 Girls 14 & Under 400 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
1	Ishimwe, Claudette		RWA	NT
2	Luzinda, Nakafu	06	Uganda	6:12.14
3	Vidmar, Julijana	06	Zambia	5:43.38
4	Islam Ali, Lubaina	05	KEN-ZZ	4:56.38
5	Mubiru, Swagia	05	Uganda	5:42.14
6	Shebe, Nawal	06	TAN	6:09.85
7	Ngoshani, Mischa	07	TAN	6:35.90
8				

**Event 38 Boys 14 & Under 400 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
1				
2	Miller, Ezra	08	TAN	6:10.02
3	Birungi, Shane	06	Uganda	5:15.73
4	Hart, Ivan J	06	KEN-ZZ	4:30.62
5	Agnew, Jayden R	05	RSA	5:00.76
6	Itatiro, Peter	06	TAN	5:48.45
7	Frantz, Shad	06	KEN-B-ZZ	NT
8				

**Event 39 Girls 15 & Over 400 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
1				
2	Temba, Kayla	03	TAN	6:00.76
3	Ahura, Ambala	04	Uganda	5:42.27
4	Okumu, Virginia N	01	KEN-ZZ	5:00.81
5	Omondi, Mya	04	KEN-ZZ	5:10.17
6	Bachmann, Maria	04	TAN	5:47.84
7	Irafasha, Louise		RWA	NT
8				

**Event 40 Boys 15 & Over 400 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Kamali, Alix		RWA	NT
4	Buyagu, Edgar		BDI	5:11.99
5	Moez, Ashraf	04	TAN	5:30.21
6	Niybizi, Cedric		RWA	NT
7				
8				
<b>Heat 2 of 2 Finals</b>				
1	Walusimbi, Kami	04	Uganda	5:00.98
2	Rumball, Brandon	03	Zambia	4:54.50
3	Chatterjee, Aheer	03	KEN-B-ZZ	4:36.02
4	Mashao, Refiloe M	00	RSA	4:21.15
5	Barkat, Houmed Houssein		DJI	4:30.41
6	Irakoze, Karl Van Melvin		BDI	4:52.75
7	Solomons, Angus N	01	RSA	4:58.85
8	Kyabayinze, Daryl	04	Uganda	5:09.68

**Event 41 Girls 11-12 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2	Osman, Mozan Mohamed	08	SDN	NT
3	Maniriyo, Alyse Leila		BDI	40.18
4	Arinda, Kayla	07	Uganda	38.68
5	Shah, Rianna	07	KEN-B-ZZ	39.92
6	Ishimwe, Alias Darcelle		BDI	41.31
7	Mohmoud, Rana Hani	08	SDN	NT
8				
<b>Heat 2 of 2 Finals</b>				
1	Apsey, Jessica	07	KEN-B-ZZ	36.60
2	Katamba, Karimah	07	Uganda	35.44
3	Latiff, Sophia	06	TAN	34.62
4	Hardeman, Sydney G	07	TAN	34.08
5	Miti, Tamenji	07	Zambia	34.52
6	Nanjala, Rebecca	06	KEN-ZZ	35.17
7	Kagwima, Ashley N	07	KEN-ZZ	35.64
8	Mosho, Chisanga	07	Zambia	36.91

**Event 42 Boys 11-12 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Yousif, Mohamed Sayd Moh	07	SDN	NT
4	Harinzima, Flack Zacharie		BDI	39.99
5	Moani, Ahmed Adil Ismat	07	SDN	NT
6				
7				
8				
<b>Heat 2 of 2 Finals</b>				
1	Bigirimana, Jonathan		BDI	37.09
2	Matthew Prince, Mwase	07	Uganda	35.64
3	Mwaipasi, Romeo-Mihaly A	07	TAN	35.40
4	Masakha, Joshua J	07	KEN-ZZ	34.49
5	Masinde, Johari M	07	KEN-ZZ	34.79
6	Zeravica, Jack	08	Zambia	35.47
7	Tyaba, Kigundu	07	Uganda	36.54
8	Steiner, Singko	08	TAN	39.84

**Event 43 Girls 13-14 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Elkheldir, Hiba Osman	05	SDN	NT
4	Banza, Ingrid I	05	RSA	39.78
5	Mohamed, Fawzia Salaheldi	06	SDN	NT
6	Ishimwe, Claudette		RWA	NT
7				
8				

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Heat 2 Finals (#43 Girls 13-14 50 LC Meter Butterfly)**

1	Makwenda, Jessica	05	MWI	37.22
2	Mugisha, Karla	06	Uganda	35.20
3	Vidmar, Julijana	06	Zambia	34.32
4	Namutebi, Kirabo	05	Uganda	31.88
5	Phiri, Jade A	06	Zambia	32.03
6	Adams, Keesha	06	RSA	34.44
7	Mathayo, Eunike	06	TAN	36.35
8	Nevelsteen, Roos	06	TAN	37.34

**Event 44 Boys 13-14 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1	Kaiga, Kevin		RWA	NT
2	Girimpore, Don Signol		BDI	38.93
3	Moosa, Muhammad Ali	05	MWI	35.30
4	Rashid, Delhem	06	TAN	33.78
5	Tarimo, Terry	05	TAN	33.86
6	Uwineza, Tony Lilia		BDI	36.02
7	Moani, Mohamed Adil Esma	05	SDN	NT
8				

**Heat 2 of 2 Finals**

1	Shivo, Eric	06	KEN-ZZ	32.88
2	Agnew, Jayden R	05	RSA	32.29
3	Paulsen, Settumba	05	Uganda	30.56
4	Hart, Ivan J	06	KEN-ZZ	28.60
5	Rumball, Liam	05	Zambia	29.69
6	Magera, Steve	05	Uganda	31.09
7	Fernando, Khushal J	05	Zambia	32.65
8	Mhlope, Andile t	06	KEN-B-ZZ	32.88

**Event 45 Girls 15-16 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1	Bachmann, Maria	04	TAN	37.14
2	Ahura, Ambala	04	Uganda	34.56
3	Omondi, Mya	04	KEN-ZZ	32.19
4	Okumu, Victoria A	04	KEN-ZZ	31.33
5	Thobeha, Lerato	04	RSA	31.87
6	Jephthah, Aimeè-Jane	03	RSA	34.27
7	Temba, Kayla	03	TAN	35.78
8	Irafasha, Louise		RWA	NT

**Event 46 Boys 15-16 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1	Hashim, Mohamed Assad	04	SDN	NT
2	Yousif, Mohamed Yousif	03	SDN	NT
3	Basogomba, Bayard Toussai		BDI	34.06
4	Ampaire, Namanya	04	Uganda	31.76
5	Moez, Ashraf	04	TAN	33.00
6	Girabagenzi, Boris Nobel		BDI	36.21
7	Irudukunda, Eric		RWA	NT
8	Niybizi, Cedric		RWA	NT

**Heat 2 of 2 Finals**

1	Peceur, Mark D	04	RSA	30.12
2	Lwanya, Clyde	04	KEN-ZZ	29.40
3	Kaganda, Ben	03	Uganda	29.26
4	Bifwoli, Tabuka	03	KEN-ZZ	26.55
5	Rumball, Brandon	03	Zambia	27.54
6	Van Staden, Derick-Juan	03	Zambia	29.39
7	Hofmeister, Rajiv M	03	RSA	29.94
8	Akwenda, Aaron	03	TAN	31.48

**Event 47 Girls 17 & Over 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1				
2	Salahedien, Leena		SDN	NT
3	Caloiaro, Sylvia	01	TAN	34.57
4	Thorpe, Imara Bella	01	KEN-ZZ	28.82
5	Khatundi, Nasiminyu	99	KEN-ZZ	29.96
6	Makau, Nicole	02	KEN-B-ZZ	35.07
7	Bashier, Haneen Sami		SDN	NT
8				

**Event 48 Boys 17 & Over 50 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Ahmed, Mohamed Badreldi		SDN	NT
4	Irudukunda, Isiac		RWA	NT
5	Maniraguha, Eloi		RWA	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Solomons, Angus N	01	RSA	30.38
2	Kunyiha, Kirunda	00	KEN-ZZ	29.00
3	Kabuye, Adnan	02	Uganda	28.58
4	Irakoze, Billy Scott		BDI	26.84
5	Irakoze, Karl Van Melvin		BDI	27.66
6	Ndezwa, Stanley	02	KEN-ZZ	28.71
7	Mukalazi, Tendo	02	Uganda	29.65
8	Ahmed, Izzeldin Salih		SDN	NT

**Event 49 Girls 14 & Under 200 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1	Ishimwe, Claudette		RWA	NT
2	Mary, Banona	06	Uganda	3:04.33
3	Hardeman, Sydney G	07	TAN	2:48.60
4	Islam Ali, Lubaina	05	KEN-ZZ	2:45.13
5	Coates, Johanna K	06	Zambia	2:46.40
6	Shah, Rianna	07	KEN-B-ZZ	2:59.08
7	Stanley, Lissa	05	TAN	3:43.59
8	Mohmoud, Rana Hani	08	SDN	NT

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 50 Boys 14 & Under 200 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Kyabayinze, Zaabu	07	Uganda	NT
4	Miller, Ezra	08	TAN	3:55.10
5	Kaiga, Kevin		RWA	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1				
2	Zeravica, Jack	08	Zambia	3:04.18
3	Blunsum, Carlo A	06	KEN-ZZ	2:42.70
4	Rumball, Liam	05	Zambia	2:38.77
5	Agnew, Jayden R	05	RSA	2:42.52
6	Kisitu, Hayyan	04	Uganda	2:44.78
7	Itatiro, Peter	06	TAN	3:10.05
8				

**Event 51 Girls 15 & Over 200 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Irafasha, Louise		RWA	NT
4	Makau, Nicole	02	KEN-B-ZZ	2:55.65
5	Shariff, Sarah	04	TAN	2:58.91
6				
7				
8				

**Heat 2 of 2 Finals**

1				
2	Temba, Kayla	03	TAN	2:53.49
3	Karia, Riva	02	KEN-ZZ	2:44.42
4	Bulose, Megan	04	RSA	2:41.53
5	Okumu, Virginia N	01	KEN-ZZ	2:42.57
6	Jephthah, Aimeè-Jane	03	RSA	2:45.73
7	Shavdia, Kreeshi R	04	KEN-B-ZZ	2:54.80
8				

**Event 52 Boys 15 & Over 200 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2	Kamali, Alix		RWA	NT
3	Harindimana, Amin		RWA	NT
4	Irakoze, Karl Van Melvin		BDI	2:58.22
5	Moez, Ashraf	04	TAN	3:30.15
6	Awad, Mohamed Salaheldin	04	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Chemirmir, Jabali	03	KEN-ZZ	2:38.55
2	Hofmeister, Rajiv M	03	RSA	2:25.20
3	Chatterjee, Aheer	03	KEN-B-ZZ	2:21.37
4	Kabuye, Adnan	02	Uganda	2:19.87
5	Rumball, Brandon	03	Zambia	2:21.04
6	Khandwalla, Mohammed Iq	02	KEN-ZZ	2:24.75
7	Remley, Breydon L	03	RSA	2:27.35
8	Walusimbi, Kami	04	Uganda	2:40.87

**Event 57 Girls 14 & Under 200 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Mohmoud, Rana Hani	08	SDN	NT
4	Ishimwe, Claudette		RWA	NT
5	Mohamed, Fawzia Salaheldi	06	SDN	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Ngoshani, Mischa	07	TAN	3:02.57
2	Banza, Ingrid I	05	RSA	2:45.92
3	Phiri, Jade A	06	Zambia	2:29.54
4	Namutebi, Kirabo	05	Uganda	2:21.56
5	Islam Ali, Lubaina	05	KEN-ZZ	2:22.93
6	Adams, Keesha	06	RSA	2:38.45
7	Mary, Banona	06	Uganda	2:47.65
8	Laiser, Linnet	07	TAN	3:12.46

**Event 58 Boys 14 & Under 200 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Kaiga, Kevin		RWA	NT
4	Kagoro, Nathan	05	TAN	2:46.02
5	Sichone, Kaluzi	07	Zambia	2:58.26
6				
7				
8				

**Heat 2 of 2 Finals**

1	Masinde, Johari M	07	KEN-ZZ	2:42.79
2	Tarimo, Terry	05	TAN	2:24.12
3	Fernando, Khushal J	05	Zambia	2:19.90
4	Hart, Ivan J	06	KEN-ZZ	2:08.84
5	Agnew, Jayden R	05	RSA	2:19.67
6	Paulsen, Settumba	05	Uganda	2:23.44
7	Birungi, Shane	06	Uganda	2:34.54
8				

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 59 Girls 15 & Over 200 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
1	Kagugube, Chiara	03	Uganda	NT
2	Jephthah, Aimeè-Jane	03	RSA	2:31.80
3	Islam Ali, Juhaina	02	KEN-ZZ	2:23.67
4	Okumu, Victoria A	04	KEN-ZZ	2:17.93
5	Mbite, Christine R	03	RSA	2:23.63
6	Ahura, Ambala	04	Uganda	2:29.06
7	Bachmann, Maria	04	TAN	2:47.14
8	Irafasha, Louise		RWA	NT

**Event 60 Boys 15 & Over 200 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2	Irudukunda, Eric		RWA	NT
3	Khair, Mohamed Salaheldin M	04	SDN	NT
4	Van Staden, Derick-Juan	03	Zambia	2:28.74
5	Akwenda, Aaron	03	TAN	2:32.19
6	Mohamed, Wadah Osama		SDN	NT
7	Niybizi, Cedric		RWA	NT
8				

**Heat 2 of 2 Finals**

1	Walusimbi, Kami	04	Uganda	2:23.14
2	Irakoze, Karl Van Melvin		BDI	2:18.04
3	Chatterjee, Aheer	03	KEN-B-ZZ	2:10.89
4	Mashao, Refiloe M	00	RSA	2:04.23
5	Catillaz, Jeanre P	03	RSA	2:07.44
6	Chemirmir, Jabali	03	KEN-ZZ	2:13.87
7	Irakoze, Billy Scott		BDI	2:22.42
8	Kyabayinze, Daryl	04	Uganda	2:23.44

**Event 61 Girls 11-12 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2	Osman, Mozan Mohamed	08	SDN	NT
3	Hakizimana, Deneuve		BDI	42.55
4	Arinda, Kayla	07	Uganda	39.81
5	Ishimwe, Alias Darcelle		BDI	41.45
6	Mohmoud, Rana Hani	08	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Katamba, Karimah	07	Uganda	39.15
2	Apsey, Jessica	07	KEN-B-ZZ	38.08
3	Latiff, Sophia	06	TAN	37.07
4	Hardeman, Sydney G	07	TAN	35.16
5	Miti, Tamenji	07	Zambia	36.94
6	Nanjala, Rebecca	06	KEN-ZZ	37.59
7	Kagwima, Ashley N	07	KEN-ZZ	38.51
8	Shah, Rianna	07	KEN-B-ZZ	39.38

**Event 62 Boys 11-12 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Yousif, Mohamed Sayd Moh:	07	SDN	NT
4	Bigirimana, Jonathan		BDI	40.35
5	Moani, Ahmed Adil Ismat	07	SDN	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Harinzima, Flack Zacharie		BDI	39.49
2	Masinde, Johari M	07	KEN-ZZ	37.98
3	Masakha, Joshua J	07	KEN-ZZ	37.52
4	Mwaipasi, Romeo-Mihaly A	07	TAN	37.22
5	Zeravica, Jack	08	Zambia	37.25
6	Nuwagaba, Daniel	08	Uganda	37.75
7	Peterson, Inhyensiko	08	Uganda	38.98
8	Miller, Ezra	08	TAN	39.82

**Event 63 Girls 13-14 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Elkhedir, Hiba Osman	05	SDN	NT
4	Banza, Ingrid I	05	RSA	41.43
5	Mohamed, Fawzia Salaheldi	06	SDN	NT
6	Ishimwe, Claudette		RWA	NT
7				
8				

**Heat 2 of 2 Finals**

1	Fischer, Avalon	05	TAN	40.96
2	Stanley, Lissa	05	TAN	39.53
3	Coates, Johanna K	06	Zambia	35.75
4	Namutebi, Kirabo	05	Uganda	33.50
5	Phiri, Jade A	06	Zambia	35.15
6	Mugisha, Karla	06	Uganda	36.93
7	Adams, Keesha	06	RSA	39.80
8	Makwenda, Jessica	05	MWI	41.35

**Event 64 Boys 13-14 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2	Moani, Mohamed Adil Esma	05	SDN	NT
3	Uwineza, Tony Lilia		BDI	39.99
4	Moosa, Muhammad Ali	05	MWI	36.08
5	Shivo, Eric	06	KEN-ZZ	36.73
6	Girimpore, Don Signol		BDI	41.55
7	Kaiga, Kevin		RWA	NT
8				

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Heat 2 Finals (#64 Boys 13-14 50 LC Meter Backstroke)**

1	Agnew, Jayden R	05	RSA	34.59
2	Blunsum, Carlo A	06	KEN-ZZ	34.12
3	Fernando, Khushal J	05	Zambia	33.31
4	Rumball, Liam	05	Zambia	31.70
5	Paulsen, Settumba	05	Uganda	32.44
6	Magera, Steve	05	Uganda	33.54
7	Tarimo, Terry	05	TAN	34.25
8	Rashid, Delhem	06	TAN	35.13

**Event 65 Girls 15-16 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Irafasha, Louise		RWA	NT
4	Abdelmonem, Tala Shihab	03	SDN	NT
5	Kagugube, Chiara	03	Uganda	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Shavdia, Kreeshi R	04	KEN-B-ZZ	39.44
2	Thobeha, Lerato	04	RSA	37.02
3	Temba, Kayla	03	TAN	35.37
4	Omondi, Mya	04	KEN-ZZ	34.51
5	Bulose, Megan	04	RSA	34.80
6	Maye, Kenda	04	KEN-ZZ	36.08
7	Shariff, Sarah	04	TAN	37.82
8	Moani, Aya Mohamed Esmat	04	SDN	NT

**Event 66 Boys 15-16 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 3 Finals**

1				
2				
3	Niybizi, Cedric		RWA	NT
4	Kamali, Alix		RWA	NT
5	Yousif, Mohamed Yousif	03	SDN	NT
6				
7				
8				

**Heat 2 of 3 Finals**

1	Moani, Ismat Adil Ismat	03	SDN	NT
2	Girabagenzi, Boris Nobel		BDI	38.81
3	Basogomba, Bayard Toussai		BDI	36.72
4	Kaganda, Ben	03	Uganda	33.30
5	Kleinveld, Sil	04	TAN	35.16
6	Barkat, Houmed Houssein		DJI	37.03
7	Irakunda, Eric		RWA	NT
8				

**Heat 3 of 3 Finals**

1	Van Staden, Derick-Juan	03	Zambia	32.56
2	Khandwalla, Mohammed Iq	02	KEN-ZZ	32.29
3	Bifwoli, Tabuka	03	KEN-ZZ	29.79
4	Remley, Breydon L	03	RSA	29.41
5	Rumball, Brandon	03	Zambia	29.58
6	Akwenda, Aaron	03	TAN	32.12
7	Francesco, Kagugube	04	Uganda	32.50
8	Hofmeister, Rajiv M	03	RSA	33.23

**Event 67 Girls 17 & Over 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1				
2	Salahedien, Leena		SDN	NT
3	Caloiaro, Sylvia	01	TAN	36.38
4	Thorpe, Imara Bella	01	KEN-ZZ	31.93
5	Karia, Riva	02	KEN-ZZ	35.51
6	Makau, Nicole	02	KEN-B-ZZ	37.13
7	Bashier, Haneen Sami		SDN	NT
8				

**Event 68 Boys 17 & Over 50 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Bashier, Yousif Salih		SDN	NT
4	Ahmed, Izzeldin Salih		SDN	NT
5	Harindimana, Amin		RWA	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Lucas, Augustino	02	TAN	35.82
2	Smith-Chopin, Ulysse	02	KEN-B-ZZ	32.66
3	Irakoze, Karl Van Melvin		BDI	29.98
4	Kabuye, Adnan	02	Uganda	29.40
5	Mukalazi, Tendo	02	Uganda	29.41
6	Irakoze, Billy Scott		BDI	30.32
7	Ndezwa, Stanley	02	KEN-ZZ	33.26
8				

**Event 69 Girls 11-12 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Ali, Elham Alata	07	SDN	NT
4	Ishimwe, Alias Darcelle		BDI	1:55.32
5	Hakizimana, Deneuve		BDI	1:56.41
6				
7				
8				

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Heat 2 Finals (#69 Girls 11-12 100 LC Meter Breaststroke)**

1	Arinda, Kayla	07	Uganda	1:40.98
2	Apsey, Jessica	07	KEN-B-ZZ	1:40.07
3	Hardeman, Sydney G	07	TAN	1:37.36
4	Katemba, Karimah	07	Uganda	1:33.66
5	Caffini, Duini G	08	KEN-ZZ	1:34.48
6	Mayende, Elizabeth V	07	KEN-ZZ	1:39.78
7	Ngoshani, Mischa	07	TAN	1:40.29
8				

**Event 70 Boys 11-12 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Harinzima, Flack Zacharie		BDI	1:42.48
4	Bigirimana, Jonathan		BDI	1:40.06
5	Lwanya, Warren	07	KEN-ZZ	1:41.13
6				
7				
8				

**Heat 2 of 2 Finals**

1	Miller, Ezra	08	TAN	1:39.99
2	Zeravica, Jack	08	Zambia	1:36.56
3	Leunoto, Sabbah J	07	KEN-ZZ	1:33.01
4	Ian, Aziku	07	Uganda	1:20.19
5	Nuwagaba, Daniel	08	Uganda	1:30.34
6	Mwaipasi, Romeo-Mihaly A	07	TAN	1:33.56
7	Sichone, Kaluzi	07	Zambia	1:37.45
8				

**Event 71 Girls 13-14 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Ishimwe, Claudette		RWA	NT
4	Mathayo, Eunike	06	TAN	1:33.34
5	Makwenda, Jessica	05	MWI	1:37.84
6				
7				
8				

**Heat 2 of 2 Finals**

1	Vidmar, Julijana	06	Zambia	1:29.43
2	Adams, Keesha	06	RSA	1:26.57
3	Mubiru, Swagia	05	Uganda	1:25.98
4	Namutebi, Kirabo	05	Uganda	1:21.77
5	Banza, Ingrid I	05	RSA	1:25.79
6	Liacopoulos, Antonia	05	Zambia	1:26.10
7	Fischer, Avalon	05	TAN	1:27.59
8				

**Event 72 Boys 13-14 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Kaiga, Kevin		RWA	NT
4	Uwineza, Tony Lilia		BDI	1:41.67
5	Girimpore, Don Signol		BDI	1:43.03
6				
7				
8				

**Heat 2 of 2 Finals**

1	Rashid, Delhem	06	TAN	1:31.87
2	Shivo, Eric	06	KEN-ZZ	1:26.97
3	Birungi, Shane	06	Uganda	1:25.43
4	Fernando, Khushal J	05	Zambia	1:21.60
5	Kisitu, Hayyan	04	Uganda	1:22.43
6	Blunsum, Carlo A	06	KEN-ZZ	1:26.42
7	Alimanya, Ethan	06	TAN	1:27.74
8				

**Event 73 Girls 15-16 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Ali, Manar Alata	04	SDN	NT
4	Irafasha, Louise		RWA	NT
5	Kagugube, Chiara	03	Uganda	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1				
2	Shariff, Sarah	04	TAN	1:43.68
3	Patel, Saloni	03	KEN-ZZ	1:33.96
4	Mbite, Christine R	03	RSA	1:19.19
5	Buffel, Jordan C	04	RSA	1:25.29
6	Temba, Kayla	03	TAN	1:38.22
7	Moani, Aya Mohamed Esmā	04	SDN	NT
8				

**Event 74 Boys 15-16 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Niybizi, Cedric		RWA	NT
4	Kleinveld, Sil	04	TAN	1:47.41
5	Irudukunda, Eric		RWA	NT
6	Khair, Mohamed Salaheldin M	04	SDN	NT
7				
8				

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Heat 2 Finals (#74 Boys 15-16 100 LC Meter Breaststroke)**

1	Basogomba, Bayard Toussai		BDI	1:38.56
2	Moonsamy, Zaid	04	RSA	1:22.35
3	Francesco, Kagugube	04	Uganda	1:17.69
4	Catillaz, Jeanre P	03	RSA	1:15.42
5	Ampaire, Namanya	04	Uganda	1:17.66
6	Lwanya, Clyde	04	KEN-ZZ	1:19.92
7	Akwenda, Aaron	03	TAN	1:23.68
8	Girabagenzi, Boris Nobel		BDI	1:44.74

**Event 75 Girls 17 & Over 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1				
2				
3	Caloiaro, Sylvia	01	TAN	1:30.38
4	Hawala, Samantha	02	KEN-ZZ	1:25.29
5	Khatundi, Nasiminyu	99	KEN-ZZ	1:30.13
6	Ahmed, Ridaallabadreldin		SDN	NT
7				
8				

**Event 76 Boys 17 & Over 100 LC Meter Breaststroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Fadlalla, Abobakr Abass		SDN	NT
4	Babiker, Omer Yousif		SDN	NT
5	Irudukunda, Isiac		RWA	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Haroun, Daoud Ali		DJI	1:47.93
2	Buyagu, Edgar		BDI	1:29.53
3	Kunyiha, Kirunda	00	KEN-ZZ	1:15.59
4	Solomons, Angus N	01	RSA	1:12.09
5	Mukalazi, Tendo	02	Uganda	1:13.77
6	Lucas, Augustino	02	TAN	1:20.89
7	Irakoze, Karl Van Melvin		BDI	1:33.61
8	Maniraguha, Eloi		RWA	NT

**Event 77 Girls 14 & Under 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	Uganda	A	NT
4	Zambia	A	4:45.87
5	KEN-ZZ	A	4:47.57
6	TAN	A	NT
7			
8			

**Event 78 Boys 14 & Under 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	TAN	A	4:36.42
4	Zambia	A	4:23.91
5	KEN-ZZ	A	4:29.92
6	Uganda	A	NT
7			
8			

**Event 79 Girls 15 & Over 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	KEN-ZZ	A	NT
4	RSA	A	4:29.81
5	TAN	A	NT
6	KEN-B-ZZ	A	NT
7			
8			

**Event 80 Boys 15 & Over 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2	Uganda	A	NT
3	TAN	A	4:12.82
4	KEN-ZZ	A	4:08.52
5	RSA	A	4:09.45
6	KEN-B-ZZ	A	NT
7			
8			

**Event 81 Girls 14 & Under 200 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1	Laiser, Linnet	07	TAN	4:05.13
2	Luzinda, Nakafu	06	Uganda	3:30.00
3	Mosho, Chisanga	07	Zambia	3:13.17
4	Islam Ali, Lubaina	05	KEN-ZZ	2:40.14
5	Vidmar, Julijana	06	Zambia	2:58.07
6	Nagayi, Sophia	06	Uganda	3:25.79
7	Mathayo, Eunike	06	TAN	4:04.28
8	Mohmoud, Rana Hani	08	SDN	NT

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 82 Boys 14 & Under 200 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1				
2	Mwaipasi, Romeo-Mihaly A	07	TAN	3:15.12
3	Magera, Steve	05	Uganda	2:48.23
4	Hart, Ivan J	06	KEN-ZZ	2:25.59
5	Itatiro, Peter	06	TAN	2:47.77
6	Kisitu, Hayyan	04	Uganda	2:52.96
7				
8				

**Event 84 Boys 15 & Over 200 LC Meter Butterfly**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1				
2				
3	Kigundu, Mikka	04	Uganda	2:49.98
4	Khandwalla, Mohammed Iqbal	02	KEN-ZZ	2:22.01
5	Kaganda, Ben	03	Uganda	2:32.33
6	Moez, Ashraf	04	TAN	3:08.33
7				
8				

**Event 85 Girls 11-12 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Hakizimana, Deneuve		BDI	1:30.45
4	Katemba, Karimah	07	Uganda	1:16.95
5	Maniriyo, Alyse Leila		BDI	1:28.19
6	Osman, Mozan Mohamed	08	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Apsey, Jessica	07	KEN-B-ZZ	1:16.45
2	Miti, Tamenji	07	Zambia	1:14.88
3	Nanjala, Rebecca	06	KEN-ZZ	1:10.28
4	Latiff, Sophia	06	TAN	1:06.71
5	Kagwima, Ashley N	07	KEN-ZZ	1:10.28
6	Hardeman, Sydney G	07	TAN	1:13.87
7	Mosho, Chisanga	07	Zambia	1:16.25
8	Arinda, Kayla	07	Uganda	1:16.88

**Event 86 Boys 11-12 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Yousif, Mohamed Sayd Mohamed	07	SDN	NT
4	Zeravica, Jack	08	Zambia	1:17.29
5	Harinzima, Flack Zacharie		BDI	1:19.05
6	Moani, Ahmed Adil Ismat	07	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Sichone, Kaluzi	07	Zambia	1:15.35
2	Kyabayinze, Zaabu	07	Uganda	1:12.27
3	Mwaipasi, Romeo-Mihaly A	07	TAN	1:10.30
4	Masakha, Joshua J	07	KEN-ZZ	1:08.64
5	Leunoto, Sabbah J	07	KEN-ZZ	1:09.02
6	Miller, Ezra	08	TAN	1:11.88
7	Peterson, Inhyensiko	08	Uganda	1:13.44
8	Bigirimana, Jonathan		BDI	1:15.35

**Event 87 Girls 13-14 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Ishimwe, Claudette		RWA	NT
4	Shebe, Nawal	06	TAN	1:13.79
5	Banza, Ingrid I	05	RSA	1:13.93
6				
7				
8				

**Heat 2 of 2 Finals**

1				
2	Adams, Keesha	06	RSA	1:10.88
3	Mugisha, Karla	06	Uganda	1:09.99
4	Namutebi, Kirabo	05	Uganda	1:03.45
5	Phiri, Jade A	06	Zambia	1:06.64
6	Makwenda, Jessica	05	MWI	1:10.86
7	Mathayo, Eunike	06	TAN	1:13.66
8				

**Event 88 Boys 13-14 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1	Elhag, Sami Omer	05	SDN	NT
2	Moani, Mohamed Adil Esma	05	SDN	NT
3	Uwineza, Tony Lilia		BDI	1:15.11
4	Moosa, Muhammad Ali	05	MWI	1:08.41
5	Kagoro, Nathan	05	TAN	1:09.17
6	Girimpore, Don Signol		BDI	1:18.43
7	Kaiga, Kevin		RWA	NT
8	Birungi, Shane	06	Uganda	NT

**Heat 2 of 2 Finals**

1	Frantz, Shad	06	KEN-B-ZZ	1:07.95
2	Tarimo, Terry	05	TAN	1:04.85
3	Fernando, Khushal J	05	Zambia	1:01.40
4	Paulsen, Settumba	05	Uganda	1:00.78
5	Rumball, Liam	05	Zambia	1:00.82
6	Agnew, Jayden R	05	RSA	1:02.91
7	Mhlope, Andile t	06	KEN-B-ZZ	1:07.51
8	Shivo, Eric	06	KEN-ZZ	1:08.05



## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 89 Girls 15-16 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Irafasha, Louise		RWA	NT
4	Bachmann, Maria	04	TAN	1:12.50
5	Kagugube, Chiara	03	Uganda	1:18.79
6				
7				
8				

**Heat 2 of 2 Finals**

1				
2	Ahura, Ambala	04	Uganda	1:09.77
3	Mbite, Christine R	03	RSA	1:05.54
4	Okumu, Victoria A	04	KEN-ZZ	1:02.97
5	Thobeha, Lerato	04	RSA	1:03.90
6	Omondi, Mya	04	KEN-ZZ	1:06.43
7	Temba, Kayla	03	TAN	1:10.57
8				

**Event 90 Boys 15-16 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1	Hashim, Mohamed Assad	04	SDN	NT
2	Iradukunda, Eric		RWA	NT
3	Basogomba, Bayard Toussai		BDI	1:12.55
4	Kigundu, Mikka	04	Uganda	1:04.56
5	Moez, Ashraf	04	TAN	1:05.75
6	Girabagenzi, Boris Nobel		BDI	1:15.61
7	Niybizi, Cedric		RWA	NT
8	Moani, Ismat Adil Ismat	03	SDN	NT

**Heat 2 of 2 Finals**

1	Van Staden, Derick-Juan	03	Zambia	1:01.61
2	Chemirmir, Jabali	03	KEN-ZZ	59.64
3	Catillaz, Jeanre P	03	RSA	56.94
4	Bifwoli, Tabuka	03	KEN-ZZ	56.22
5	Rumball, Brandon	03	Zambia	56.94
6	Remley, Breydon L	03	RSA	57.71
7	Kaganda, Ben	03	Uganda	59.87
8	Akwenda, Aaron	03	TAN	1:03.02

**Event 91 Girls 17 & Over 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
1				
2	Barkat, Safia Houssein		DJI	1:31.19
3	Caloiaro, Sylvia	01	TAN	1:09.65
4	Thorpe, Imara Bella	01	KEN-ZZ	1:00.37
5	Islam Ali, Juhaina	02	KEN-ZZ	1:06.14
6	Makau, Nicole	02	KEN-B-ZZ	1:13.25
7	Ahmed, Ridaallabadreldin		SDN	NT
8				

**Event 92 Boys 17 & Over 100 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2	Mohamed, Wadah Osama		SDN	NT
3	Maniraguha, Eloï		RWA	NT
4	Haroun, Daoud Ali		DJI	1:10.06
5	Dini, Gado Ahmed		DJI	1:15.37
6	Bashier, Yousif Salih		SDN	NT
7	Harindimana, Amin		RWA	NT
8				

**Heat 2 of 2 Finals**

1	Irakoze, Karl Van Melvin		BDI	1:02.12
2	Irakoze, Billy Scott		BDI	1:01.31
3	Kunyiha, Kirunda	00	KEN-ZZ	59.19
4	Mukalazi, Tendo	02	Uganda	56.44
5	Mashao, Refiloe M	00	RSA	58.04
6	Kabuye, Adnan	02	Uganda	59.87
7	Solomons, Angus N	01	RSA	1:01.52
8	Ndezwa, Stanley	02	KEN-ZZ	1:02.28

**Event 93 Girls 14 & Under 200 LC Meter IM**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Mohamed, Fawzia Salaheldi	06	SDN	NT
4	Stanley, Lissa	05	TAN	4:03.26
5	Ishimwe, Claudette		RWA	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Banza, Ingrid I	05	RSA	3:01.08
2	Vidmar, Julijana	06	Zambia	2:53.49
3	Phiri, Jade A	06	Zambia	2:48.43
4	Namutebi, Kirabo	05	Uganda	2:40.98
5	Islam Ali, Lubaina	05	KEN-ZZ	2:41.33
6	Mubiru, Swagia	05	Uganda	2:52.34
7	Adams, Keesha	06	RSA	2:57.78
8	Nevelsteen, Roos	06	TAN	3:08.68

**Event 94 Boys 14 & Under 200 LC Meter IM**

Lane	Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1				
2				
3	Kaiga, Kevin		RWA	NT
4	Zeravica, Jack	08	Zambia	3:04.38
5	Steiner, Singko	08	TAN	3:11.40
6				
7				
8				

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Heat 2 Finals (#94 Boys 14 & Under 200 LC Meter IM)**

1	Mhlope, Andile t	06	KEN-B-ZZ	2:48.01
2	Frantz, Shad	06	KEN-B-ZZ	2:46.30
3	Magera, Steve	05	Uganda	2:39.87
4	Hart, Ivan J	06	KEN-ZZ	2:27.78
5	Paulsen, Settumba	05	Uganda	2:32.34
6	Fernando, Khushal J	05	Zambia	2:45.87
7	Blunsum, Carlo A	06	KEN-ZZ	2:47.90
8	Rashid, Delhem	06	TAN	2:48.80

**Event 95 Girls 15 & Over 200 LC Meter IM**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1	Irafasha, Louise		RWA	NT
2	Bachmann, Maria	04	TAN	3:14.24
3	Thobeha, Lerato	04	RSA	2:40.77
4	Shariff, Sarah	04	TAN	1:43.68
5	Mbite, Christine R	03	RSA	2:40.42
6	Karia, Riva	02	KEN-ZZ	2:46.71
7	Kagugube, Chiara	03	Uganda	3:17.42
8				

**Event 96 Boys 15 & Over 200 LC Meter IM**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 3 Finals**

1				
2				
3	Fadlalla, Abobakr Abass		SDN	NT
4	Maniraguha, Eloï		RWA	NT
5	Irudukunda, Isiac		RWA	NT
6				
7				
8				

**Heat 2 of 3 Finals**

1	Mohamed, Wadah Osama		SDN	NT
2	Barkat, Houmed Houssein		DJI	2:56.01
3	Irakoze, Billy Scott		BDI	2:44.52
4	Lwanya, Clyde	04	KEN-ZZ	2:36.50
5	Irakoze, Karl Van Melvin		BDI	2:41.41
6	Akwenda, Aaron	03	TAN	2:49.56
7	Kleinveld, Sil	04	TAN	13:41.10
8				

**Heat 3 of 3 Finals**

1	Van Staden, Derick-Juan	03	Zambia	2:33.98
2	Chatterjee, Aheer	03	KEN-B-ZZ	2:27.83
3	Hofmeister, Rajiv M	03	RSA	2:23.83
4	Mukalazi, Tendo	02	Uganda	2:22.91
5	Kabuye, Adnan	02	Uganda	2:23.44
6	Mashao, Refiloe M	00	RSA	2:24.52
7	Khandwalla, Mohammed Iq	02	KEN-ZZ	2:28.16
8	Smith-Chopin, Ulysse	02	KEN-B-ZZ	2:34.59

**Event 97 Girls 14 & Under 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	Zambia	A	NT
4	TAN	A	NT
5	KEN-ZZ	A	NT
6	Uganda	A	NT
7			
8			

**Event 98 Boys 14 & Under 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	KEN-ZZ	A	NT
4	TAN	A	NT
5	Uganda	A	NT
6			
7			
8			

**Event 99 Girls 15 & Over 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	KEN-ZZ	A	NT
4	RSA	A	4:52.07
5	TAN	A	NT
6	KEN-B-ZZ	A	NT
7			
8			

**Event 100 Boys 15 & Over 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2	TAN	A	NT
3	Uganda	A	NT
4	RSA	A	4:34.13
5	KEN-B-ZZ	A	NT
6	KEN-ZZ	A	NT
7			
8			

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 101 Girls 11-12 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Ali, Elham Alata	07	SDN	NT
4	Maniriyo, Alyse Leila		BDI	36.95
5	Ishimwe, Alias Darcelle		BDI	38.40
6	Abdelrazeg, Yara Osman	07	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Arinda, Kayla	07	Uganda	32.96
2	Mayende, Elizabeth V	07	KEN-ZZ	32.79
3	Katamba, Karimah	07	Uganda	32.15
4	Latiff, Sophia	06	TAN	30.74
5	Nanjala, Rebecca	06	KEN-ZZ	31.05
6	Miti, Tamenji	07	Zambia	32.49
7	Ngoshani, Mischa	07	TAN	32.88
8	Apsey, Jessica	07	KEN-B-ZZ	33.00

**Event 102 Boys 11-12 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Yousif, Mohamed Sayd Moh	07	SDN	NT
4	Harinzima, Flack Zacharie		BDI	35.35
5	Moani, Ahmed Adil Ismat	07	SDN	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Miller, Ezra	08	TAN	32.76
2	Peterson, Inhyensiko	08	Uganda	32.26
3	Mwaipasi, Romeo-Mihaly A	07	TAN	31.85
4	Masakha, Joshua J	07	KEN-ZZ	29.84
5	Leunoto, Sabbah J	07	KEN-ZZ	29.87
6	Ian, Aziku	07	Uganda	32.14
7	Zeravica, Jack	08	Zambia	32.34
8	Bigirimana, Jonathan		BDI	33.85

**Event 103 Girls 13-14 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Elkheldir, Hiba Osman	05	SDN	NT
4	Shebe, Nawal	06	TAN	35.34
5	Ishimwe, Claudette		RWA	NT
6	Bashir, Fatima Sami	05	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Vidmar, Julijana	06	Zambia	32.55
2	Adams, Keesha	06	RSA	31.86
3	Mugisha, Karla	06	Uganda	30.40
4	Namutebi, Kirabo	05	Uganda	26.54
5	Phiri, Jade A	06	Zambia	29.43
6	Makwenda, Jessica	05	MWI	30.68
7	Mathayo, Eunike	06	TAN	32.20
8	Banza, Ingrid I	05	RSA	34.68

**Event 104 Boys 13-14 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 3 Finals**

1				
2				
3	Elhag, Sami Omer	05	SDN	NT
4	Kaiga, Kevin		RWA	NT
5	Moani, Mohamed Adil Esma	05	SDN	NT
6				
7				
8				

**Heat 2 of 3 Finals**

1				
2	Uwineza, Tony Lilia		BDI	33.44
3	Kagoro, Nathan	05	TAN	30.78
4	Mhlope, Andile t	06	KEN-B-ZZ	30.62
5	Shivo, Eric	06	KEN-ZZ	30.65
6	Frantz, Shad	06	KEN-B-ZZ	31.47
7	Girimpore, Don Signol		BDI	35.02
8				

**Heat 3 of 3 Finals**

1	Tarimo, Terry	05	TAN	29.74
2	Agnew, Jayden R	05	RSA	28.70
3	Paulsen, Settumba	05	Uganda	27.65
4	Fernando, Khushal J	05	Zambia	27.32
5	Rumball, Liam	05	Zambia	27.42
6	Hart, Ivan J	06	KEN-ZZ	27.96
7	Magera, Steve	05	Uganda	28.79
8	Moosa, Muhammad Ali	05	MWI	30.31

**Event 105 Girls 15-16 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1	Irafasha, Louise		RWA	NT
2	Temba, Kayla	03	TAN	31.58
3	Omondi, Mya	04	KEN-ZZ	30.38
4	Okumu, Victoria A	04	KEN-ZZ	28.80
5	Thobeha, Lerato	04	RSA	29.30
6	Bulose, Megan	04	RSA	31.32
7	Bachmann, Maria	04	TAN	33.24
8	Abdelmonem, Tala Shihab	03	SDN	NT

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 106 Boys 15-16 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 3 Finals**

1				
2				
3	Iradukunda, Eric		RWA	NT
4	Niybizi, Cedric		RWA	NT
5	Yousif, Mohamed Yousif	03	SDN	NT
6				
7				
8				

**Heat 2 of 3 Finals**

1				
2	Adabo, Mohamed Ali		DJI	35.12
3	Barkat, Houmed Houssein		DJI	32.25
4	Moez, Ashraf	04	TAN	29.64
5	Basogomba, Bayard Toussai		BDI	30.78
6	Girabagenzi, Boris Nobel		BDI	32.88
7	Moani, Ismat Adil Ismat	03	SDN	NT
8				

**Heat 3 of 3 Finals**

1	Kaganda, Ben	03	Uganda	27.65
2	Chemirmir, Jabali	03	KEN-ZZ	27.12
3	Remley, Breydon L	03	RSA	26.07
4	Bifwoli, Tabuka	03	KEN-ZZ	24.60
5	Rumball, Brandon	03	Zambia	25.56
6	Catillaz, Jeanre P	03	RSA	26.46
7	Van Staden, Derick-Juan	03	Zambia	27.60
8	Ampaire, Namanya	04	Uganda	27.98

**Event 107 Girls 17 & Over 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1	Salahedien, Leena		SDN	NT
2	Barkat, Safia Houssein		DJI	49.56
3	Caloiaro, Sylvia	01	TAN	31.59
4	Thorpe, Imara Bella	01	KEN-ZZ	27.99
5	Islam Ali, Juhaina	02	KEN-ZZ	30.25
6	Makau, Nicole	02	KEN-B-ZZ	32.33
7	Bashier, Haneen Sami		SDN	NT
8				

**Event 108 Boys 17 & Over 50 LC Meter Freestyle**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1	Maniraguha, Eloi		RWA	NT
2	Bashier, Yousif Salih		SDN	NT
3	Dini, Gado Ahmed		DJI	33.82
4	Solomons, Angus N	01	RSA	27.97
5	Haroun, Daoud Ali		DJI	29.62
6	Ahmed, Izzeldin Salih		SDN	NT
7	Iradukunda, Isiac		RWA	NT
8				

**Heat 2 of 2 Finals**

1	Mashao, Refiloe M	00	RSA	26.96
2	Kunyiha, Kirunda	00	KEN-ZZ	26.63
3	Kabuye, Adnan	02	Uganda	26.04
4	Irakoze, Billy Scott		BDI	24.99
5	Mukalazi, Tendo	02	Uganda	25.01
6	Irakoze, Karl Van Melvin		BDI	26.55
7	Ndezwa, Stanley	02	KEN-ZZ	26.82
8	Lucas, Augustino	02	TAN	27.44

**Event 109 Girls 11-12 100 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2	Osman, Mozan Mohamed	08	SDN	NT
3	Hakizimana, Deneuve		BDI	1:51.55
4	Arinda, Kayla	07	Uganda	1:29.08
5	Maniriyo, Alyse Leila		BDI	1:48.77
6	Mohmoud, Rana Hani	08	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Laiser, Linnet	07	TAN	1:27.76
2	Shah, Rianna	07	KEN-B-ZZ	1:24.77
3	Miti, Tamenji	07	Zambia	1:23.38
4	Hardeman, Sydney G	07	TAN	1:17.46
5	Kagwima, Ashley N	07	KEN-ZZ	1:20.39
6	Nanjala, Rebecca	06	KEN-ZZ	1:23.68
7	Apsey, Jessica	07	KEN-B-ZZ	1:27.10
8	Katamba, Karimah	07	Uganda	1:28.76

**Event 110 Boys 11-12 100 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Moani, Ahmed Adil Ismat	07	SDN	NT
4	Harinzima, Flack Zacharie		BDI	1:33.65
5	Yousif, Mohamed Sayd Moh	07	SDN	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Masinde, Johari M	07	KEN-ZZ	1:27.48
2	Mwaipasi, Romeo-Mihaly A	07	TAN	1:25.47
3	Zeravica, Jack	08	Zambia	1:23.71
4	Tyaba, Kigundu	07	Uganda	1:18.78
5	Kyabayinze, Zaabu	07	Uganda	1:21.97
6	Lwanya, Warren	07	KEN-ZZ	1:23.98
7	Miller, Ezra	08	TAN	1:26.57
8	Bigirimana, Jonathan		BDI	1:31.25

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 111 Girls 13-14 100 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Ishimwe, Claudette		RWA	NT
4	Stanley, Lissa	05	TAN	1:26.16
5	Banza, Ingrid I	05	RSA	1:35.79
6				
7				
8				

**Heat 2 of 2 Finals**

1				
2	Nevelsteen, Roos	06	TAN	1:25.85
3	Coates, Johanna K	06	Zambia	1:16.86
4	Namutebi, Kirabo	05	Uganda	1:13.45
5	Phiri, Jade A	06	Zambia	1:15.66
6	Mugisha, Karla	06	Uganda	1:21.41
7	Adams, Keesha	06	RSA	1:26.08
8				

**Event 112 Boys 13-14 100 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2	Kaiga, Kevin		RWA	NT
3	Kisitu, Hayyan	04	Uganda	NT
4	Uwineza, Tony Lilia		BDI	1:28.65
5	Girimpore, Don Signol		BDI	1:38.44
6	Moani, Mohamed Adil Esma	05	SDN	NT
7				
8				

**Heat 2 of 2 Finals**

1	Itatiro, Peter	06	TAN	1:21.95
2	Rashid, Delhem	06	TAN	1:14.84
3	Blunsum, Carlo A	06	KEN-ZZ	1:13.97
4	Paulsen, Settumba	05	Uganda	1:10.98
5	Fernando, Khushal J	05	Zambia	1:13.11
6	Rumball, Liam	05	Zambia	1:14.34
7	Agnew, Jayden R	05	RSA	1:14.84
8	Moosa, Muhammad Ali	05	MWI	1:24.27

**Event 113 Girls 15-16 100 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 2 Finals**

1				
2				
3	Irafasha, Louise		RWA	NT
4	Moani, Aya Mohamed Esma	04	SDN	NT
5	Ali, Manar Alata	04	SDN	NT
6				
7				
8				

**Heat 2 of 2 Finals**

1	Shavdia, Kreeshe R	04	KEN-B-ZZ	1:23.79
2	Maye, Kenda	04	KEN-ZZ	1:19.63
3	Temba, Kayla	03	TAN	1:17.58
4	Bulose, Megan	04	RSA	1:13.58
5	Jephthah, Aimeè-Jane	03	RSA	1:16.20
6	Omondi, Mya	04	KEN-ZZ	1:18.41
7	Shariff, Sarah	04	TAN	1:20.48
8	Kagugube, Chiara	03	Uganda	1:33.31

**Event 114 Boys 15-16 100 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 3 Finals**

1				
2				
3	Yousif, Mohamed Yousif	03	SDN	NT
4	Irudukunda, Eric		RWA	NT
5	Khair, Mohamed Salaheldin M	04	SDN	NT
6				
7				
8				

**Heat 2 of 3 Finals**

1	Kamali, Alix		RWA	NT
2	Girabagenzi, Boris Nobel		BDI	1:32.33
3	Kleinveld, Sil	04	TAN	1:24.69
4	Walusimbi, Kami	04	Uganda	1:19.87
5	Moez, Ashraf	04	TAN	1:23.04
6	Basogomba, Bayard Toussai		BDI	1:27.12
7	Niybizi, Cedric		RWA	NT
8				

**Heat 3 of 3 Finals**

1	Chatterjee, Aheer	03	KEN-B-ZZ	1:09.15
2	Hofmeister, Rajiv M	03	RSA	1:07.37
3	Khandwalla, Mohammed Iq	02	KEN-ZZ	1:06.51
4	Rumball, Brandon	03	Zambia	1:03.79
5	Remley, Breydon L	03	RSA	1:03.95
6	Kaganda, Ben	03	Uganda	1:06.57
7	Bifwoli, Tabuka	03	KEN-ZZ	1:07.93
8	Van Staden, Derick-Juan	03	Zambia	1:11.24

**Event 116 Boys 17 & Over 100 LC Meter Backstroke**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Heat 1 of 1 Finals**

1	Harindimana, Amin		RWA	NT
2	Buyagu, Edgar		BDI	1:22.54
3	Irakoze, Billy Scott		BDI	1:11.37
4	Mukalazi, Tendo	02	Uganda	1:03.45
5	Kabuye, Adnan	02	Uganda	1:05.43
6	Smith-Chopin, Ulysse	02	KEN-B-ZZ	1:12.43
7	Lucas, Augustino	02	TAN	1:25.14
8	Babiker, Omer Yousif		SDN	NT

## 2019 EASC CANA Zone 3 Championships - 2019-11-28 to 2019-11-30

## Meet Program

**Event 117 Girls 14 & Under 200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	Uganda	A	NT
4	Zambia	A	2:05.34
5	KEN-ZZ	A	2:09.05
6	TAN	A	NT
7			
8			

**Event 118 Boys 14 & Under 200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	TAN	A	2:04.99
4	Zambia	A	1:57.50
5	KEN-ZZ	A	1:57.58
6	Uganda	A	NT
7			
8			

**Event 119 Girls 15 & Over 200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2			
3	KEN-ZZ	A	NT
4	RSA	A	1:59.00
5	KEN-B-ZZ	A	NT
6	TAN	A	NT
7			
8			

**Event 120 Boys 15 & Over 200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1			
2	KEN-B-ZZ	A	NT
3	RSA	A	1:54.41
4	KEN-ZZ	A	1:50.08
5	TAN	A	1:52.19
6	Uganda	A	NT
7			
8			