

## Para Swimming SA Records

### 15 - 18 Short Course

#### 50m Freestyle

##### Female

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	01:11.90	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:17.27	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:37.91	Mare, Simone	Fish Eagle Short Course Gala 2	Durban	09 Aug 2018
S9	00:32.70	Marais, Katelyn	SA Short Course Championships	Pietermaritzburg	08 Aug 2019
S10	00:33.64	Van Zyl, Paula	SA Short Course Championships	Pietermaritzburg	08 Aug 2019
S11					
S12					
S13	00:32.42	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

##### Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2	01:35.19	Mc Klopper, David	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
S3					
S4	02:47.52	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S5	01:03.61	Adams, Moeketsi	CGA Winter Gala 1	Johannesburg	23 Jun 2019
S6	00:44.79	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	00:32.70	Sadie, Christian	Western Cape Winter SC Championship	Cape Town	15 Jul 2016
S8	00:33.03	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	00:29.90	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:26.50	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:24.65	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13	00:31.59	Naudè, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

**100m Freestyle****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5	01:20.72	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:19.88	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	01:22.08	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	01:05.23	Makgaka, Dimakatso	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:14.44	Bloem, Michelle	NWS Championship	Klerksdorp	24 Sep 2016
S11					
S12					
S13	01:10.63	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5	02:27.11	Adams, Moeketsi	CGA Short Course Championships	Johannesburg	26 Jul 2019
S6	01:19.88	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7	01:15.78	Sadie, Christian	Western Cape Winter SC Championship	Cape Town	15 Jul 2016
S8	01:11.36	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	01:07.34	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:59.35	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:55.96	Smit, Franco	WC Short Course Championships	Cape Town	13 Jul 2017
S13	01:13.66	Naude, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

**200m Freestyle****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9	02:43.99	Marais, Katelyn	SA Short Course Championships	Pietermaritzburg	08 Aug 2019
S10	03:03.01	Bresler, Jordan	AG Junior Short Course Championship	Boksburg	26 Aug 2017
S11					
S12					
S13	02:31.28	Ferreira, Alani	KZN Seals Winter Gala 2	Pietermaritzburg	19 Jun 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5	05:11.10	Adams, Moeketsi	CGA Winter Gala 1	Johannesburg	23 Jun 2019
S6					
S7	03:19.22	Mncube, Gift	CGA Winter Gala 1	Johannesburg	23 Jun 2019
S8	03:09.40	Sibanda, Mduduzi	CGA Winter Gala 2	Johannesburg	05 Jul 2015
S9	02:39.39	Moss, Matthew	EC Short Course Championships	Port Elizabeth	03 Aug 2019
S10	02:22.69	Pretorius, Jean	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
S11					
S12					
S13					

**400m Freestyle****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9	06:03.08	Marais, Katelyn	SA Short Course Championships	Pietermaritzburg	08 Aug 2019
S10					
S11					
S12					
S13	05:07.62	Ferreira, Alani	KZN Seals Winter Gala 2	Pietermaritzburg	19 Jun 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8	06:20.56	Willmore, Garth	EP 2nd A-League Gala	Port Elizabeth	13 Sep 2014
S9					
S10	05:06.35	Pretorius, Jean	WP Senior League Winter 1	Cape Town	21 May 2016
S11					
S12					
S13					

**800m Freestyle**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**1500m Freestyle**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S7					
S8					
S9					
S10					
S11					
S12					
S13					

**50m Backstroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5	00:44.82	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:41.64	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:45.21	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	00:36.26	Makgaka, Dimakatso	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:38.05	Bloem, Michelle	NWS Short Course Championship	Hartbeespoort	25 Sep 2015
S11					
S12					
S13	00:38.32	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2	02:07.68	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S3					
S4	02:07.68	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S5					
S6	01:17.76	Struwig, Nathan	Limpopo Southern Sprint	Bela Bela	07 Sep 2019
S7	00:43.84	Zwane, Kabelo	CGA Short Course Championships	Johannesburg	26 Jul 2019
S8	00:36.01	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
S9	00:35.26	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:32.26	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:29.25	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13					

**100m Backstroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2					
S3					
S4					
S5	03:07.95	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6					
S7					
S8	01:37.77	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	01:16.28	Gray, Emily		Pietermaritzburg	04 Jan 2009
S10	01:22.61	Bloem, Michelle	NWS Short Course Championship	Hartbeespoort	25 Sep 2015
S11					
S12					
S13	01:22.85	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S1					
S2	03:27.84	Mc Klopper, David	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
S3					
S4					
S5	02:35.32	Adams, Moeketsi	CGA Short Course Championships	Johannesburg	26 Jul 2019
S6	02:39.72	Struwig, Nathan	Inter Provincial Gala	Mbombela	24 Aug 2019
S7	01:33.80	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	01:19.08	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
S9	01:16.07	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:13.13	Pretorius, Jean	WP Winter Championships	Cape Town	24 Jul 2015
S11					
S12	01:03.29	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13					



## 200m Backstroke

### Female

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10	03:11.23	Bresler, Jordan	AG Junior Short Course Championship	Boksburg	26 Aug 2017
S11					
S12					
S13					

### Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9	03:10.37	Moss, Matthew	Ultimate Swim Club Short Course	East London	24 Aug 2000
S10	02:42.30	Pretorius, Jean	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
S11					
S12					
S13					

**50m Breaststroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB1					
SB2					
SB3					
SB4					
SB5					
SB6	01:25.35	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB7					
SB8	00:47.33	Martins, Shannon	CGA Senior Short Course	Johannesburg	04 Sep 2015
SB9	00:43.23	Bresler, Jordan	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB11					
SB12					
SB13	00:39.96	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB1					
SB2					
SB3					
SB4					
SB5	01:12.29	Struwig, Nathan	Limpopo Age Group 3	Polokwane	03 Aug 2019
SB6	00:53.14	Dludlu, Nkosimayibongwe	CGA Senior SC Championships	Germiston	05 Sep 2014
SB7	00:45.44	Mncube, Gift	CGA Short Course Championships	Johannesburg	26 Jul 2019
SB8	00:39.03	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB9	00:37.78	van Heerden, Johann	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB11					
SB12					
SB13	00:46.22	Naudè, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

**100m Breaststroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB2					
SB3					
SB4					
SB5					
SB6	03:03.64	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB7					
SB8	01:54.62	Martins, Shannon	CGA Senior Short Course Open 2	Johannesburg	21 Aug 2017
SB9	01:37.00	Bresler, Jordan	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB10	01:59.39	Sabeka, Bongekile	CGA Winter 1	Wahoo	22 Jun 2014
SB11					
SB12					
SB13	01:23.08	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB2					
SB3					
SB4	03:23.42	Adams, Moeketsi	CGA Short Course Championships	Johannesburg	26 Jul 2019
SB5	02:48.46	Struwig, Nathan	Inter Provincial Gala	Mbombela	24 Aug 2019
SB6	02:03.69	Dludlu, Nkosimayibongwe	CGA Senior SC Championships	Germiston	05 Sep 2014
SB7	01:34.71	Sadie, Christian	Western Cape Qualifying Gala 1	Cape Town	25 Jun 2016
SB8	01:26.43	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB9	01:21.69	Pretorius, Jean	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
SB11					
SB12	01:32.96	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB13	01:48.41	Naude, Jean	CGA SC Open Championships	Johannesburg	22 Jul 2011

**200m Breaststroke****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB5					
SB6					
SB7					
SB8					
SB9	04:04.31	Bresler, Jordan	AG Junior Short Course Championship	Boksburg	26 Aug 2017
SB11					
SB12					
SB13	03:11.16	Ferreira, Alani	Prestige	Durban	05 Jul 2014

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SB4					
SB5					
SB6					
SB7	03:51.69	Zwane, Kabelo	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
SB8					
SB9	03:04.23	Pretorius, Jean	WP Senior League Winter 1	Cape Town	21 May 2016
SB11					
SB12					
SB13					

**50m Butterfly****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S3					
S4					
S5	01:22.60	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:28.41	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:46.10	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	00:38.12	Marais, Katelyn	SA Short Course Championships	Pietermaritzburg	08 Aug 2019
S10	00:41.51	Bloem, Michelle	NWS Championship	Klerksdorp	24 Sep 2016
S11					
S12					
S13	00:36.96	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S2					
S3					
S4					
S5	01:06.40	Adams, Moeketsi	CGA Short Course Championships	Johannesburg	26 Jul 2019
S6	00:47.80	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	00:38.19	Zwane, Kabelo	CGA Short Course Championships	Johannesburg	26 Jul 2019
S8	00:42.42	Dludlu, Nkosimayibongwe	CGA Senior Short Course Open 2	Johannesburg	29 Jul 2016
S9	00:32.47	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:29.04	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:26.95	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13					

**100m Butterfly****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S5					
S6					
S7					
S8	01:53.35	Mare, Simone	TYR Westville Sprints	Durban	24 Nov 2018
S9	01:36.87	Marais, Katelyn	SA Short Course Championships	Pietermaritzburg	08 Aug 2019
S10					
S11					
S12					
S13	01:23.64	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S2	03:21.04	Mc Kloppe, David	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
S5	02:27.47	Adams, Moeketsi	CGA Short Course Championships	Johannesburg	26 Jul 2019
S6	01:48.79	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	01:18.49	Sadie, Christian	Western Cape Winter SC Championship	Cape Town	15 Jul 2016
S8	01:44.52	Sibanda, Mduduzi	CGA Winter 1	Johannesburg	22 Jul 2014
S9	01:53.20	Moss, Matthew	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S10	01:14.20	Pretorius, Jean	WP Winter Championships	Cape Town	24 Jul 2015
S11					
S12					
S13					

**200m Butterfly**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S8					
S9					
S10					
S11					
S12					
S13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
S7	03:33.37	Zwane, Kabelo	CGA Short Course Championships	Johannesburg	26 Jul 2019
S8					
S9					
S10					
S11					
S12					
S13					

**100m Individual Medley****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM3					
SM4					
SM5	03:19.46	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM6					
SM7					
SM8					
SM9	01:21.98	Gray, Emily		Pietermaritzburg	03 Jan 2009
SM10	01:30.39	Bloem, Michelle	NWS Short Course Championship	Hartbeespoort	25 Sep 2015
SM11					
SM12					
SM13	01:19.33	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM2					
SM3					
SM4					
SM5	02:36.42	Adams, Moeketsi	CGA Short Course Championships	Johannesburg	26 Jul 2019
SM6					
SM7	01:33.67	Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM8	01:30.81	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
SM9	01:22.78	Moss, Matthew	EC Short Course Championships	Port Elizabeth	03 Aug 2019
SM10	01:23.73	Mabuza, Thulane	SA Short Course Championships	Pietermaritzburg	07 Aug 2014
SM11					
SM12					
SM13					



**150m Individual Medley**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM2					
SM3					
SM4					

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**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM1					
SM2					
SM3					
SM4					

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**200m Individual Medley****Female**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM3					
SM4					
SM5					
SM6					
SM7					
SM8	03:58.25	Mare, Simone	TYR Westville Sprints	Durban	24 Nov 2018
SM9	03:25.01	Marais, Katelyn	SA Short Course Championships	Pietermaritzburg	08 Aug 2019
SM10	03:23.36	Van Zyl, Paula	Zululand Short Course Gala	Vryheid	01 Nov 2019
SM11					
SM12					
SM13	02:46.62	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

**Male**

<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM3					
SM4					
SM5					
SM6	04:08.58	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
SM7	02:53.84	Sadie, Christian	Western Cape Qualifying Gala 1	Cape Town	25 Jun 2016
SM8	02:55.18	van der Merwe, Kaleb	NTS Senior Short Course Championship	Pretoria	13 Aug 2016
SM9	02:59.51	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM10	02:36.00	Pretorius, Jean	WP Winter Championships	Cape Town	24 Jul 2015
SM11					
SM12	02:35.06	Smit, Franco	WC Winter Gala 1	Durbanville	17 Jun 2017
SM13					

**400m Individual Medley**

**Female**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

**Male**

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<b>Classification</b>	<b>SA Record</b>	<b>Holder</b>	<b>Event</b>	<b>Place</b>	<b>Date</b>
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

