

Para Swimming SA Records

15 - 18 Short Course

50m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	01:11.90	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:17.27	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:37.91	Mare, Simone	Fish Eagle Short Course Gala 2	Durban	09 Aug 2018
S9	00:34.29	Martins, Shannon	CGA Jnr Short Course Championships	Johannesburg	26 Jul 2014
S10	00:34.43	Bloem, Michelle	NWS Championship	Klerksdorp	24 Sep 2016
S11					
S12					
S13	00:32.42	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2	01:35.19	Mc Klopper, David	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
S3					
S4	02:47.52	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S5					
S6	00:44.79	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	00:32.70	Sadie, Christian	Western Cape Winter SC Championship	Cape Town	15 Jul 2016
S8	00:33.03	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	00:29.90	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:26.50	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:24.65	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13	00:31.59	Naudè, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

100m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	01:20.72	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:19.88	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	01:22.08	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	01:05.23	Makgakwa, Dimakatso	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:14.44	Bloem, Michelle	NWS Championship	Klerksdorp	24 Sep 2016
S11					
S12					
S13	01:10.63	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6	01:19.88	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7	01:15.78	Sadie, Christian	Western Cape Winter SC Championship	Cape Town	15 Jul 2016
S8	01:11.36	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
S9	01:07.34	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:59.35	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:55.96	Smit, Franco	WC Short Course Championships	Cape Town	13 Jul 2017
S13	01:13.66	Naude, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

200m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9					
S10	03:03.01	Bresler, Jordan	AG Junior Short Course Championship	Boksburg	26 Aug 2017
S11					
S12					
S13	02:31.28	Ferreira, Alani	KZN Seals Winter Gala 2	Pietermaritzburg	19 Jun 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6					
S7	03:29.33	Zwane, Kabelo	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
S8	03:09.40	Sibanda, Mduduzi	CGA Winter Gala 2	Johannesburg	05 Jul 2015
S9	02:51.35	Moss, Matthew	Aquanova Future Stars Gala	East London	15 Sep 2018
S10	02:22.69	Pretorius, Jean	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
S11					
S12					
S13					

400m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13	05:07.62	Ferreira, Alani	KZN Seals Winter Gala 2	Pietermaritzburg	19 Jun 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8	06:20.56	Willmore, Garth	EP 2nd A-League Gala	Port Elizabeth	13 Sep 2014
S9					
S10	05:06.35	Pretorius, Jean	WP Senior League Winter 1	Cape Town	21 May 2016
S11					
S12					
S13					

800m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

1500m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S7					
S8					
S9					
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S7					
S8					
S9					
S10					
S11					
S12					
S13					

50m Backstroke**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	00:44.82	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:41.64	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:45.21	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	00:36.26	Makgakga, Dimakatso	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:38.05	Bloem, Michelle	NWS Short Course Championship	Hartbeespoort	25 Sep 2015
S11					
S12					
S13	00:38.32	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2	02:07.68	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S3					
S4	02:07.68	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S5					
S6	01:19.94	Struwig, Nathan	Tuks Sprint Gala	Bela Bela	18 Aug 2018
S7	00:44.13	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	00:36.01	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
S9	00:35.26	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:32.26	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:29.25	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13					

100m Backstroke**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	03:07.95	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6					
S7					
S8	01:37.77	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	01:16.28	Gray, Emily		Pietermaritzburg	04 Jan 2009
S10	01:22.61	Bloem, Michelle	NWS Short Course Championship	Hartbeespoort	25 Sep 2015
S11					
S12					
S13	01:22.85	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2	03:27.84	Mc Klopper, David	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
S3					
S4					
S5					
S6					
S7	01:33.80	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	01:19.08	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
S9	01:16.07	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:13.13	Pretorius, Jean	WP Winter Championships	Cape Town	24 Jul 2015
S11					
S12	01:03.29	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13					

200m Backstroke

Female

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10	03:11.23	Bresler, Jordan	AG Junior Short Course Championship	Boksburg	26 Aug 2017
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9	03:10.37	Moss, Matthew	Ultimate Swim Club Short Course	East London	24 Aug 2000
S10	02:42.30	Pretorius, Jean	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
S11					
S12					
S13					

50m Breaststroke**Female**

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3					
SB4					
SB5					
SB6	01:25.35	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB7					
SB8	00:47.33	Martins, Shannon	CGA Senior Short Course	Johannesburg	04 Sep 2015
SB9	00:43.23	Bresler, Jordan	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB11					
SB12					
SB13	00:39.96	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3					
SB4					
SB5	01:32.43	Struwig, Nathan	Tuks Sprint Gala	Bela Bela	18 Aug 2018
SB6	00:53.14	Dludlu, Nkosimayibongwe	CGA Senior SC Championships	Germiston	05 Sep 2014
SB7	00:51.82	Zwane, Kabelo	CGA Senior Short Course Open 2	Johannesburg	29 Jul 2016
SB8	00:39.03	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB9	00:37.78	van Heerden, Johann	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB11					
SB12					
SB13	00:46.22	Naudè, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

100m Breaststroke**Female**

Classification	SA Record	Holder	Event	Place	Date
SB2					
SB3					
SB4					
SB5					
SB6	03:03.64	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB7					
SB8	01:54.62	Martins, Shannon	CGA Senior Short Course Open 2	Johannesburg	21 Aug 2017
SB9	01:37.00	Bresler, Jordan	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB10	01:59.39	Sabeka, Bongekile	CGA Winter 1	Wahoo	22 Jun 2014
SB11					
SB12					
SB13	01:23.08	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SB2					
SB3					
SB4					
SB5	03:56.25	Struwig, Nathan	Tuks Sprint Gala	Pretoria	05 Aug 2017
SB6	02:03.69	Dludlu, Nkosimayibongwe	CGA Senior SC Championships	Germiston	05 Sep 2014
SB7	01:34.71	Sadie, Christian	Western Cape Qualifying Gala 1	Cape Town	25 Jun 2016
SB8	01:26.43	van der Merwe, Kaleb	SA Short Course Championships	Pietermaritzburg	10 Aug 2017
SB9	01:21.69	Pretorius, Jean	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
SB11					
SB12	01:32.96	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB13	01:48.41	Naude, Jean	CGA SC Open Championships	Johannesburg	22 Jul 2011

200m Breaststroke**Female**

Classification	SA Record	Holder	Event	Place	Date
SB5					
SB6					
SB7					
SB8					
SB9	04:04.31	Bresler, Jordan	AG Junior Short Course Championship	Boksburg	26 Aug 2017
SB11					
SB12					
SB13	03:11.16	Ferreira, Alani	Prestige	Durban	05 Jul 2014

Male

Classification	SA Record	Holder	Event	Place	Date
SB4					
SB5					
SB6					
SB7	03:51.69	Zwane, Kabelo	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
SB8					
SB9	03:04.23	Pretorius, Jean	WP Senior League Winter 1	Cape Town	21 May 2016
SB11					
SB12					
SB13					

50m Butterfly**Female**

Classification	SA Record	Holder	Event	Place	Date
S3					
S4					
S5	01:22.60	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:28.41	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:46.10	Mare, Simone	KZNA Provincial Championship	Durban	16 Dec 2018
S9	00:40.27	Martins, Shannon	EGA Winter 2	Bedfordview	13 Jul 2014
S10	00:41.51	Bloem, Michelle	NWS Championship	Klerksdorp	24 Sep 2016
S11					
S12					
S13	00:36.96	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

Male

Classification	SA Record	Holder	Event	Place	Date
S2					
S3					
S4					
S5					
S6	00:47.80	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	00:42.24	Zwane, Kabelo	CGA Senior Short Course Open 2	Johannesburg	29 Jul 2016
S8	00:42.42	Dludlu, Nkosimayibongwe	CGA Senior Short Course Open 2	Johannesburg	29 Jul 2016
S9	00:32.47	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:29.04	Clarke, Sean	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	00:26.95	Smit, Franco	SA Short Course Championships	Durban	09 Aug 2018
S13					

100m Butterfly**Female**

Classification	SA Record	Holder	Event	Place	Date
S5					
S6					
S7					
S8	01:53.35	Mare, Simone	TYR Westville Sprints	Durban	24 Nov 2018
S9	01:42.78	Martins, Shannon	CGA Jnr Short Course Championships	Johannesburg	26 Jul 2014
S10					
S11					
S12					
S13	01:23.64	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S2	03:21.04	Mc Kloppe, David	CGA Winter Gala No 2	Johannesburg	25 Jun 2017
S5					
S6	01:48.79	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
S7	01:18.49	Sadie, Christian	Western Cape Winter SC Championship	Cape Town	15 Jul 2016
S8	01:44.52	Sibanda, Mduduzi	CGA Winter 1	Johannesburg	22 Jul 2014
S9	01:53.20	Moss, Matthew	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S10	01:14.20	Pretorius, Jean	WP Winter Championships	Cape Town	24 Jul 2015
S11					
S12					
S13					

200m Butterfly

Female

Classification	SA Record	Holder	Event	Place	Date
S8					
S9					
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S8					
S9					
S10					
S11					
S12					
S13					

100m Individual Medley**Female**

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5	03:19.46	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM6					
SM7					
SM8					
SM9	01:21.98	Gray, Emily		Pietermaritzburg	03 Jan 2009
SM10	01:30.39	Bloem, Michelle	NWS Short Course Championship	Hartbeespoort	25 Sep 2015
SM11					
SM12					
SM13	01:19.33	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SM2					
SM3					
SM4					
SM5					
SM6					
SM7	01:33.67	Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM8	01:30.81	Willmore, Garth	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
SM9	01:27.19	Moss, Matthew	Ultimate Swim Club Short Course	East London	24 Aug 2000
SM10	01:23.73	Mabuza, Thulane	SA Short Course Championships	Pietermaritzburg	07 Aug 2014
SM11					
SM12					
SM13					

150m Individual Medley

Female

Classification	SA Record	Holder	Event	Place	Date
SM2					
SM3					
SM4					

Male

Classification	SA Record	Holder	Event	Place	Date
SM1					
SM2					
SM3					
SM4					

200m Individual Medley**Female**

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5					
SM6					
SM7					
SM8	03:58.25	Mare, Simone	TYR Westville Sprints	Durban	24 Nov 2018
SM9	03:28.18	Martins, Shannon	CGA Winter 1	Johannesburg	22 Jul 2014
SM10	03:33.47	Van Zyl, Paula	Zululand Short Course	Vryheid	03 Nov 2018
SM11					
SM12					
SM13	02:46.62	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5					
SM6	04:08.58	Zwane, Kabelo	CGA Senior Short Course	Johannesburg	04 Sep 2015
SM7	02:53.84	Sadie, Christian	Western Cape Qualifying Gala 1	Cape Town	25 Jun 2016
SM8	02:55.18	van der Merwe, Kaleb	NTS Senior Short Course Championship	Pretoria	13 Aug 2016
SM9	02:59.51	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM10	02:36.00	Pretorius, Jean	WP Winter Championships	Cape Town	24 Jul 2015
SM11					
SM12	02:35.06	Smit, Franco	WC Winter Gala 1	Durbanville	17 Jun 2017
SM13					

400m Individual Medley

Female

Classification	SA Record	Holder	Event	Place	Date
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

Male

Classification	SA Record	Holder	Event	Place	Date
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

