

RECORDS SA Age Group

LC Meters-Women

10 & U	50 Free	29.75	2-Nov-02	STIN- ES	Clarissa L Enslin at Johan Terblanche Gala	
	100 Free	1:05.20	31-Oct-15	MDOL- JH	Hannah K. Robertson at CGA Level 2/3 gala No 2	
	200 Free	2:20.88	22-Mar-13	SEAL- KZ	Zoe" Frank at SA Level 2 Regional Age Group Champs 2013-KIM	
	400 Free	4:54.06	27-Oct-06	KASA- EP	JESSICA S. LISS at EP 2nd A League Gala	
	50 Back	32.79	11-Dec-12	SEAL- KZ	Zoe" Frank at aQuelle KZN Provincial Championships	
	100 Back	1:11.14	22-Mar-13	SEAL- KZ	Zoe" Frank at SA Level 2 Regional Age Group Champs 2013-KIM	
	200 Back	2:33.95	22-Mar-13	SEAL- KZ	Zoe" Frank at SA Level 2 Regional Age Group Champs 2013-KIM	
	50 Breast	36.46	14-Oct-06	KASA- EP	Jessica S. Liss at EP 1st A League Gala	
	100 Breast	1:18.99	14-Oct-06	KASA- EP	Jessica S. Liss at EP 1st A League Gala	
	200 Breast	2:46.87	14-Oct-06	KASA- EP	Jessica S. Liss at EP 1st A League Gala	
	50 Fly	32.51	6-Nov-15	HARL- BU	Catherine A. Eland at BCA November Age Group Gala	
	100 Fly	1:13.78	27-Oct-06	KASA- EP	Jessica Liss at EP 1st League Gala	
	200 IM	2:36.66	14-Oct-06	KASA- EP	Jessica S. Liss at EP 1st A League Gala	
	11-11	50 Free	28.43	3-Jan-97		Melanie Greyling
		100 Free	1:02.27	24-Sep-15	TUKS- TS	Sune Liebenberg at NTS Invitational Gala 2015
		200 Free	2:16.12	23-Sep-07	KASA- EP	Jessica S. Liss at Vineyard Spring Gala 2007
400 Free		4:42.55	9-Feb-07	KASA- EP	Jessica S Liss EP Champs 2007	
50 Back		31.06	20-Mar-14	ELEC- CG	Carissa Van Rooyen at SA Level 2 Regional Age Group Champs 2014	
100 Back		1:08.27	20-Mar-14	ELEC- CG	Carissa Van Rooyen at SA Level 2 Regional Age Group Champs 2014	
200 Back		2:30.04	13-Mar-14	ASA- KZ	Zoe" Frank at SA Level 3 National Age Group Champs 2014 -CT	
50 Breast		35.74	6-Oct-07	KASA- EP	Jessica S. Liss at EP 1st A League Gala	
100 Breast		1:15.16	10-Apr-07	EPS- EP	Jessica S. Liss at Telkom Sa Natioanl Championships 2007	
200 Breast		2:38.14	6-Oct-07	KASA- EP	Jessica S. Liss at EP 1st A League Gala	
50 Fly		31.12	10-Jul-12	CYBE- WP	Nina Rossouw at KZN PRESTIGE 2012	
100 Fly		1:09.05	8-Jul-09	SEAL- KZ	Jamie Reynolds at KZN SPEEDO PRESTIGE 2009	
200 IM		2:29.64	23-Sep-07	KASA- EP	Jessica S. Liss at Vineyard Spring Gala 2007	
12-12		50 Free	27.81	18-Dec-98	SEPN	Kelly F Acutt at Westville Sprints
	100 Free	59.69	23-Sep-16	TUKS- TS	Sune Liebenberg at KZN Speedo Junior Winter Championships 2016	
	200 Free	2:09.59	12-Mar-15	TYGE- WP	Rebecca A. Meder at SA Level 3 National Age Group Champs 2015-	
	400 Free	4:29.00	25-Feb-08	KASA- EP	Jessica Liss at EP Champs 2008	
	800 Free	9:08.92	4-Mar-08	KASA- EP	Jessica S. Liss at Telkom SA National Level 3 Championship2008	
	1500 Free	17:52.00	11-Jan-08	KASA- EP	Jessica Liss at EP 3rd League Gal	
	50 Back	30.97	13-Dec-11	PSA- LP	Nathania Van Niekerk at Aquelle KZN Provincial Open Championsh	
	100 Back	1:06.09	13-Dec-11	PSA- LP	Nathania Van Niekerk at Aquelle KZN Provincial Open Championsh	
	200 Back	2:20.72	13-Dec-11	PSA- LP	Nathania Van Niekerk at Aquelle KZN Provincial Open Championsh	
	50 Breast	33.90	18-Mar-16	PAC- TS	Lara Van Niekerk at SA Level 3 National Age Group Champs 2016-	
	100 Breast	1:11.66	23-Mar-08	KASA- EP	Jessica Liss at Samsung Series 2	
	200 Breast	2:28.55	1-Apr-08	EPA- EP	Jessica S. Liss at Telkom SA National Aquatic Championships 2008	
	50 Fly	29.76	12-Mar-15	TUKS- NT	Dune Coetzee at SA Level 3 National Age Group Champs 2015-PE	
	100 Fly	1:06.45	4-Mar-08	KASA- EP	Jessica S. Liss at Telkom SA National Level 3 Championship2008	
	200 Fly	2:21.63	1-Feb-08	KASA- EP	Jessica S. Liss at EP 4th League Gala	
	200 IM	2:21.22	1-Apr-08	EPA- EP	Jessica S. Liss at Telkom SA National Aquatic Championships 2008	
	400 IM	4:51.88	1-Apr-08	EPA- EP	Jessica S. Liss at Telkom SA National Aquatic Championships 2008	
	13-13	50 Free	26.75	10-Apr-16	WPA- CP	Olivia Nel at Sa National Aquatic Championship 2016 Durban
		100 Free	58.56	18-Mar-16	WSAA- CP	Olivia Nel at SA Level 3 National Age Group Champs 2016-PE
		200 Free	2:05.72	18-Mar-16	TYGE- CP	Rebecca A. Meder at SA Level 3 National Age Group Champs 2016-
400 Free		4:24.01	10-Apr-16	WPA- CP	Rebecca A. Meder at Sa National Aquatic Championship 2016 Durb.	
800 Free		9:03.21	10-Apr-16	WPA- CP	Rebecca A. Meder at Sa National Aquatic Championship 2016 Durb.	
1500 Free		17:24.96	17-Dec-14	ACSA- KZ	Tracy-Lea Meyer at KZN Premier Championships 2014	
50 Back		30.19	18-Jan-13	RSA	Nathania Van Niekerk at 2013 BHP Billiton Aquatic Super Series	
100 Back		1:03.28	18-Jan-13	RSA	Nathania Van Niekerk at 2013 BHP Billiton Aquatic Super Series	

RECORDS SA Age Group

13-13	200 Back	2:16.87	16-Apr-12	LP- LP	Nathania Van Niekerk at Sa Level 3 National Age Group Champs PE	
	50 Breast	32.99	17-Mar-17	PAC- TS	Lara Van Niekerk at SA National JNR Age Group Champs 2017-KZ	
	100 Breast	1:11.92	14-Apr-09	EPA- EP	Jessica S. Liss at Telkom Sa National Championships 2009	
	200 Breast	2:30.38	22-Jul-09	PLYW- EP	Jessica S.Liss at National Age Championship 2009	
	50 Fly	28.67	17-Mar-17	SGUL- ET	Kirsten A. de Goede at SA National JNR Age Group Champs 2017-I	
	100 Fly	1:03.31	10-Apr-16	NTS- TS	Dune Coetzee at Sa National Aquatic Championship 2016 Durban	
	200 Fly	2:18.24	29-Mar-04	KDOR- NW	Christy L Lategan at Telkom SA Prestige Age Group	
	200 IM	2:21.19	22-Jul-09	PLYW	Jessica S. Liss at National Age Group Championships 2009	
	400 IM	4:54.88	22-Jul-09	PLYW	Jessica S. Liss at National Age Group Championships 2009	
	14-14	50 Free	26.50	11-Jul-17	SAAW- CPT	Olivia Nel at TYR PRESTIGE CHAMPIONSHIPS 2017
100 Free		58.02	10-Dec-13	SGUL- KZ	Erin P. Gallagher at KZN PREMIER CHAMPS 2013	
200 Free		2:02.94	3-Apr-17	WCA- CP	Rebecca A. Meder at Sa National Aquatic Championship 2017 Durb-	
400 Free		4:15.83	18-Mar-11	ACSA- KZ	Michelle Weber-Telkom Sa Level 3 2011 Durban	
800 Free		8:44.72	16-Aug-11	ACSA- KZ	Michelle Weber at 3rd Fina World Junior Swimming Championship	
1500 Free		16:27.14	16-Aug-11	ACSA- KZ	Michelle Weber at 3rd Fina World Junior Swimming Championship	
50 Back		29.81	18-Dec-14	WATR- CG	Mariella G. Venter at CGA Open LC Championships 2014	
100 Back		1:03.21	26-Aug-13	WATR- CG	Nathania Van Niekerk at 4th FINA World Junior Swimming Champs	
200 Back		2:13.00	26-Aug-13	WATR- CG	Nathania Van Niekerk at 4th FINA World Junior Swimming Champs	
50 Breast		33.03	10-Apr-16	WPA- CP	Hanim Abrahams at Sa National Aquatic Championship 2016 Durba	
100 Breast		1:10.37	8-Jan-97		Sarah Poewe	
200 Breast		2:32.41	8-Jan-97		Sarah Poewe	
50 Fly		27.73	8-Jul-09	DDA- NT	VANESSA MOHR at KZN SPEEDO PRESTIGE 2009	
100 Fly		1:01.04	3-Apr-17	NTS- TS	Dune Coetzee at Sa National Aquatic Championship 2017 Durban	
200 Fly		2:14.14	3-Apr-17	NTS- TS	Dune Coetzee at Sa National Aquatic Championship 2017 Durban	
200 IM		2:16.24	3-Apr-17	WCA- CP	Rebecca A. Meder at Sa National Aquatic Championship 2017 Durb-	
400 IM		4:48.49	3-Apr-17	WCA- CP	Rebecca A. Meder at Sa National Aquatic Championship 2017 Durb-	
15-15		50 Free	26.13	20-Mar-03	TUKS- NT	Lauren Roets at Telkom SA National Prestige
		100 Free	55.86	24-Jul-14	RSA	Erin P. Gallagher at Commonwealth Games Swimming Championsh
		200 Free	2:03.51	28-Mar-17	RSA	Dune Coetzee at African Junior Swimming Championship
	400 Free	4:15.91	16-Apr-12	KZNA- KZ	Michelle Weber at Sa National Aquatic Championship 2012 Durban	
	800 Free	8:44.10	16-Apr-12	KZNA- KZ	Michelle Weber at Sa National Aquatic Championship 2012 Durban	
	1500 Free	16:43.73	13-Dec-11	ACSA- KZ	Michelle Weber at Aquelle KZN Provincial Open Championships	
	50 Back	28.88	25-Aug-15	RSA	Mariella G. Venter at 5th FINA World Junior Swimming Champs-Si	
	100 Back	1:01.86	11-Dec-15	WATR- JH	Mariella G. Venter at Amsterdam Swim Cup 2015	
	200 Back	2:14.46	7-Apr-14	CGA- CG	Nathania Van Niekerk at Sa National Aquatic Championship 2014 D	
	50 Breast	32.59	11-Apr-11	KZNA- KZ	Tara Nicholas at Telkom Sa National Aquatic Champs 2011 PE	
	100 Breast	1:10.09	23-Aug-17	RSA	Hanim Abrahams at 6th FINA World Junior Swimming Champs-US.	
	200 Breast	2:31.31	13-Apr-15	EP- EP	Kaylee Corbett at- Sa Nationals Champs 2015 Durban	
	50 Fly	26.91	29-Jan-11	TUKS- NT	Vanessa Mohr-Sa Invitation Champs PE	
	100 Fly	59.72	13-Sep-10	RSA	Vanessa Mohr-at the 10th Africa Swimming Champs 2010	
	200 Fly	2:14.74	4-Apr-05	WPA- WP	Chanelle Van Wyk at Telkom SA National Aquatic Championships	
	200 IM	2:16.46	10-Apr-07	WPA- WP	Jessica Pengelly At Telkom Sa National Championship 2007	
	400 IM	4:43.76	10-Apr-07	MATI- WP	JESSICA E. PENGELLY at Telkom SA National Championships 20	
	16-16	50 Free	25.82	7-Sep-15	RSA	Erin P. Gallagher at V Commonwealth Youth Games
		100 Free	55.61	7-Sep-15	RSA	Erin P. Gallagher at V Commonwealth Youth Games
		200 Free	2:02.06	7-Apr-14	NTS- NT	MARLIES ROSS at Sa National Aquatic Championship 2014 Durba
400 Free		4:13.92	25-Mar-07	VINE- WP	Wendy Trott-12th Fina World Champs	
800 Free		8:31.53	23-Mar-07	VINE- WP	Wendy Trott-12th Fina World Champs	
1500 Free		16:41.36	25-Aug-06	VINE- WP	WENDY A. TROTT at 1st Fina World YouthSwimming Championsl	
50 Back		29.12	4-Jun-16	WATR- JH	Mariella G. Venter at 2016 Mare Nostrum Barcelona	
100 Back		1:00.97	10-Apr-16	CGA- JH	Mariella G. Venter at Sa National Aquatic Championship 2016 Durb	
200 Back		2:11.99	10-Apr-16	CGA- JH	Mariella G. Venter at Sa National Aquatic Championship 2016 Durb	
50 Breast		32.27	10-Apr-16	NMA- NM	Kaylene Corbett at Sa National Aquatic Championship 2016 Durban	

RECORDS SA Age Group

16-16	100 Breast	1:09.30	25-Aug-99	RSA	Sarah Poewe at Pan Pacific Championships	
	200 Breast	2:25.90	25-Aug-99	RSA	Sarah Poewe at Pan Pacific Championships	
	50 Fly	26.68	11-Apr-11	NTS- NT	VANESSA MOHR at Telkom Sa National Aquatic Champs 2011 PE	
	100 Fly	58.66	24-Jul-11	RSA	VANESSA MOHR at 14th Fina World Championships 2011-Shangh	
	200 Fly	2:13.92	14-Mar-06	TUKS- NT	Keri SHAW at Telkom SA Level 3 Age Group Championships2006	
	200 IM	2:15.17	24-Jul-14	RSA	MARLIES ROSS at Commonwealth Games Swimming Championsl	
	400 IM	4:41.35	1-Apr-08	WPA- WP	JESSICA E. PENGELLY at Telkom SA National Aquatic Champion	
17-17	50 Free	26.34	16-Apr-12	NTS- NT	VANESSA MOHR at Sa National Aquatic Championship 2012 Durt	
	100 Free	56.30	10-Apr-16	KZNA- ET	Erin P. Gallagher at Sa National Aquatic Championship 2016 Durba	
	200 Free	2:02.92	16-Apr-15	NTS- NT	MARLIES ROSS-at Sa National Champs Durban 2015	
	400 Free	4:11.84	7-Dec-07	VINE- WP	WENDY A. TROTT at WP Sasko Championships	
	800 Free	8:34.67	21-Aug-07	RSA- ZZ	WENDY A. TROTT at International Swim Meet 2007-Japan	
	1500 Free	16:31.09	7-Dec-07	VINE- WP	WENDY A. TROTT at WP Sasko Championships	
	50 Back	29.04	3-Apr-17	CGA- JH	Mariella G. Venter at Sa National Aquatic Championship 2017 Durb	
	100 Back	1:01.16	17-Mar-17	WATR- JH	Mariella G. Venter at SA National JNR Age Group Champs 2017-KZ	
	200 Back	2:11.33	10-Apr-16	CGA- JH	Nathania Van Niekerk at Sa National Aquatic Championship 2016 D	
	50 Breast	31.58	4-Feb-00	WPA- WP	Sarah Poewe at Telkom SA National Aquatic Championships	
	100 Breast	1:07.48	16-Sep-00	RSA	Sarah Poewe at 2000 Olympic Games	
	200 Breast	2:25.39	15-Mar-06	RSA	SUZAAN VAN BILJON at Commonwealth Games 2006	
	50 Fly	26.53	16-Apr-12	NTS- NT	VANESSA MOHR at Sa National Aquatic Championship 2012 Durt	
	100 Fly	59.17	21-Aug-07	RSA- ZZ	Keri SHAW at International Swim Meet 2007-Japan	
	200 Fly	2:11.44	21-Aug-07	RSA- ZZ	Keri SHAW at International Swim Meet 2007-Japan	
	200 IM	2:14.00	14-Apr-09	WPA- WP	JESSICA E. PENGELLYTelkom SA National Aquatic Championsh	
	400 IM	4:41.04	10-Aug-08	RSA- ZZ	JESSICA E. PENGELLY at Olympic Games Beijing 2008	
	18-18	50 Free	25.64	15-Mar-06	RSA	LAUREN ROETS at Commonwealth Games 2006
		100 Free	55.46	16-Jul-17	RSA	Erin P. Gallagher at 17th Fina World Champs Budapest 2017
		200 Free	2:01.46	1-Apr-08	WPA- WP	WENDY A. TROTT at Telkom SA National Aquatic Championships
400 Free		4:08.38	10-Aug-08	RSA- ZZ	WENDY A. TROTT at Olympic Games Beijing 2008	
800 Free		8:26.21	10-Aug-08	RSA- ZZ	WENDY A. TROTT at Olympic Games Beijing 2008	
1500 Free		16:15.58	1-Apr-08	WPA- WP	WENDY A. TROTT at Telkom SA National Aquatic Championships	
50 Back		29.59	17-Mar-17	SGUL- ET	Erin P. Gallagher at SA National JNR Age Group Champs 2017-KZ	
100 Back		1:02.63	11-Apr-11	WPA- WP	JESSICA L. ASHLEY-COOPER at Telkom Sa National Aquatic Ch	
200 Back		2:13.58	15-Dec-04	SGUL- KZ	Melissa J Corfe at KZN Level 2-3 Provincial Championships	
50 Breast		31.50	29-Mar-01	WPA- WP	Sarah Poewe at Telkom SA National Aquatic Championships	
100 Breast		1:08.02	29-Mar-01	WPA- WP	Sarah Poewe at Telkom SA National Aquatic Championships	
200 Breast		2:26.36	17-Aug-06	RSA	SUZAAN VAN BILJON at Pan Pacific Swimming Championship	
50 Fly		27.01	15-Mar-13	TUKS- NT	VANESSA MOHR at SA Level 3 National Age Group Champs 2013	
100 Fly		59.35	7-Apr-14	BORD- BO	MARNE ERASMUS at Sa National Aquatic Championship 2014 Du	
200 Fly		2:11.19	13-Dec-07	PISC- KZ	Kathryn A. Meaklim at KZN Provincial Championships 2007	
200 IM		2:15.66	26-Jul-09	RSA- ZZ	JESSICA E. PENGELLY at 13th FINA World Championships 2009	
400 IM		4:40.98	7-Jun-08	PISC- KZ	Kathryn A. Meaklim at Sette Colli-Rome 2008	

RECORDS SA Age Group

LC Meters-Men

10 & U	50 Free	29.20	12-Dec-03	HARL- BO	Joshua Kriel-at KZN Champs
	100 Free	1:02.96	26-Jan-07	DDA- NT	Joshua P Dannhauser-Nts 2007 Jan Age Group-2007
	200 Free	1:59.29	28-Feb-14	AQUA- BO	Mohamed W. Abdrabbou at BO-2nd February Age Group Gala 2014
	400 Free	4:54.59	11-Jul-03	DOLC- CG	Michael J Meyer at KZN Durban Prestige
	50 Back	33.93	2-Sep-17	VICT- EKU	Cristopher Strydom at Adrian Grafe Sprint Gala 2017
	100 Back	1:14.35	7-Dec-12	BARR- WP	Luan Grobbelaar at WP Champs 2012
	200 Back	2:38.86	17-Dec-14	SGUL- KZ	Luca D. Holtzhausen at KZN Premier Championships 2014
	50 Breast	36.91	17-Dec-14	SGUL- KZ	Luca D. Holtzhausen at KZN Premier Championships 2014
	100 Breast	1:20.14	20-Sep-14	SGUL- KZ	Luca D. Holtzhausen at KZN Speedo Junior Winter Championships
	200 Breast	2:52.39	17-Dec-14	SGUL- KZ	Luca D. Holtzhausen at KZN Premier Championships 2014
	50 Fly	32.21	2-Nov-15	PEAS- NM	Henco vd mERWE at WP Mean Sprint Gala
	100 Fly	1:12.44	21-Mar-02	KPFAL- KZ	Eddie Delpont at Telkom SA National Prestige
	200 IM	2:36.54	17-Dec-14	SGUL- KZ	Luca D. Holtzhausen at KZN Premier Championships 2014
	11-11	50 Free	27.01	15-Dec-04	HARL- BO
100 Free		59.28	15-Dec-04	HARL- BO	Joshua Kriel at KZN Level 2-3 Provincial Championships
200 Free		2:09.81	13-Mar-14	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201-
400 Free		4:36.52	16-Dec-15	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
50 Back		31.52	16-Dec-15	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
100 Back		1:07.71	13-Mar-14	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201-
200 Back		2:23.26	7-Dec-07	KASA- EP	Christopher P. Reid at WP Sasko Championships
50 Breast		34.27	13-Mar-14	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201-
100 Breast		1:13.30	16-Dec-15	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
200 Breast		2:39.90	16-Dec-15	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
50 Fly		30.05	15-Dec-04	HARL- BO	Joshua Kriel at KZN Level 2-3 Provincial Championships
100 Fly		1:06.50	17-Mar-14	SGUL- ET	Luca D. Holtzhausen at Sa Level 3 CT
200 IM		2:24.06	13-Mar-14	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201-
12-12		50 Free	26.20	17-Mar-00	RAU- CG
	100 Free	56.34	13-Dec-16	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
	200 Free	2:04.32	12-Mar-15	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201:
	400 Free	4:20.00	12-Mar-15	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201:
	800 Free	9:14.81	27-Jul-13	ACSA- KZ	Luke Erwee at KZN Age Group Gala 2
	1500 Free	17:36.58	27-Jun-16	TUKS- TS	Zander J. Landman at Sasol National Championship 2016
	50 Back	29.12	13-Dec-16	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
	100 Back	1:03.07	13-Dec-16	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
	200 Back	2:18.41	2-Sep-16	SGUL- ET	Luca D. Holtzhausen at KZN Beavers Winter LongCourse Champio
	50 Breast	32.75	12-Mar-15	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201:
	100 Breast	1:10.71	24-Jul-13	VINE- WP	Cameron K. Matthews at ASA National Championships (Age Group
	200 Breast	2:30.92	13-Dec-16	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
	50 Fly	28.00	3-Apr-09	CGA- CG	Mathys C Goosen-SA Nationals B Open
	100 Fly	1:01.67	13-Dec-16	SGUL- ET	Luca D. Holtzhausen at KZN Speedo Provincial Championships 201
	200 Fly	2:18.43	16-Jan-03	TYGR- WP	Anton Duvenhage-WP jack Currie Champs
	200 IM	2:16.43	12-Mar-15	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201:
	400 IM	4:46.24	12-Mar-15	BARR- WP	Luan E. Grobbelaar at SA Level 3 National Age Group Champs 201:
	13-13	50 Free	24.69	1-Dec-11	RSA
100 Free		53.89	1-Dec-11	RSA	Kyle Van Niekerk at 9th AFRICA JUNIOR SWIMMING CHAMPIC
200 Free		1:58.34	15-Mar-13	WATR- CG	Jarryd L. Baxter at SA Level 3 National Age Group Champs 2013-K
400 Free		4:10.50	15-Mar-13	WATR- CG	Jarryd L. Baxter at SA Level 3 National Age Group Champs 2013-K
800 Free		8:43.65	10-Apr-16	NTS- TS	Ruan Breytenbach at Sa National Aquatic Championship 2016 Durb
1500 Free		16:40.81	29-Mar-04	KLOO- KZ	Chad Ho at Telkom SA Prestige Age Group
50 Back		28.75	16-Mar-12	BLSS- FS	Zane Waddell at SA Nationals PE 2012
100 Back		1:01.51	17-Oct-15	RSA	Luan E. Grobbelaar at African Junior Swimming Championship Cai

RECORDS SA Age Group

13-13	200 Back	2:10.19	11-Dec-09	KASA- EP	Christopher P. Reid at WP Sasko Championships
	50 Breast	31.58	15-Mar-13	SGUL- KZ	Gareth R. Kemp at SA Level 3 National Age Group Champs 2013-K
	100 Breast	1:07.79	30-Jul-14	ASA- WP	Cameron K. Matthews at BRITISH GAS ASA NATIONAL AGE GF
	200 Breast	2:25.97	* 30-Jul-14	HAM	Cameron K. Matthews at ASA National Championships (Age Group
	200 Breast	2:25.97	* 30-Jul-14	ASA- WP	Cameron K. Matthews at BRITISH GAS ASA NATIONAL AGE GF
	50 Fly	26.46	18-Mar-05	BISH- CG	Kristopher P Matulovich at Telkom SA Level 3 Age Group Champic
	100 Fly	58.58	12-Mar-10	WATR- CG	Mathys C Goosen-Telkom Level 3 East London 2010
	200 Fly	2:08.69	18-Mar-16	HILL- TS	Ruan Breytenbach at SA Level 3 National Age Group Champs 2016-
	200 IM	2:10.49	17-Oct-15	RSA	Luan E. Grobbelaar at African Junior Swimming Championship Cai
	400 IM	4:39.08	26-Feb-16	CUDU- CP	Luan E. Grobbelaar at 2016 Grand Prix Invitation Swimming Meet-C
14-14	50 Free	24.11	28-Mar-09	HART- GW	Morne Kemp-Telkom Sa Nat Level 1 Cape Town
	100 Free	52.91	4-Jan-98		Byron Jeffers
	200 Free	1:55.06	11-Dec-12	WATR- CG	Kyle Van Niekerk at aQuelle KZN Provincial Championships
	400 Free	4:01.84	13-Mar-14	WATR- CG	Jarryd L. Baxter at SA Level 3 National Age Group Champs 2014 -C
	800 Free	8:25.20	3-Apr-17	WCA- CP	Dylan Wright at Sa National Aquatic Championship 2017 Durban
	1500 Free	16:07.02	13-Mar-14	WATR- CG	Jarryd L. Baxter at SA Level 3 National Age Group Champs 2014 -C
	50 Back	27.50	15-Mar-13	BLSS- FS	ZANE WADDELL at SA Level 3 National Age Group Champs 2013
	100 Back	59.21	15-Mar-13	BLSS- FS	ZANE WADDELL at SA Level 3 National Age Group Champs 2013
	200 Back	2:08.41	4-Jan-98		Byron Jeffers
	50 Breast	30.37	18-Mar-16	BLOT- MA	Joshua Hamilton at SA Level 3 National Age Group Champs 2016-P
	100 Breast	1:06.05	4-Feb-17	CUDU- CP	Luan E. Grobbelaar at 2017 Grand Prix Invitation Swimming Meet-I
	200 Breast	2:20.74	30-Sep-16	CUDU- CP	Luan E. Grobbelaar at Aquabear Invitational Meet
	50 Fly	25.65	15-Mar-13	BLSS- FS	ZANE WADDELL at SA Level 3 National Age Group Champs 2013
	100 Fly	57.32	11-Dec-12	WATR- CG	Kyle Van Niekerk at aQuelle KZN Provincial Championships
	200 Fly	2:05.97	3-Apr-17	NTS- TS	Ruan Breytenbach at Sa National Aquatic Championship 2017 Durb
	200 IM	2:06.97	4-Feb-17	CUDU- CP	Luan E. Grobbelaar at 2017 Grand Prix Invitation Swimming Meet-I
	400 IM	4:30.54	4-Feb-17	CUDU- CP	Luan E. Grobbelaar at 2017 Grand Prix Invitation Swimming Meet-I
15-15	50 Free	23.63	16-Dec-08	KLOO- KZ	Brett H. Walsh at KZN Provincial Championships008
	100 Free	52.10	5-Dec-13	WATR- CG	Kyle Van Niekerk at CGA Open Champs
	200 Free	1:51.91	12-Mar-15	WATR- CG	Jarryd L. Baxter at SA Level 3 National Age Group Champs 2015-P
	400 Free	3:58.09	14-Apr-14	WATR- CG	Jarryd L. Baxter at 2014 GHSA Australian Age & MC Championship
	800 Free	8:14.61	10-Dec-13	ACSA- KZ	Matthew M. Meyer at KZN PREMIER CHAMPS 2013
	1500 Free	15:38.06	9-Jul-13	ACSA- KZ	Matthew M. Meyer at KZN PREMIER CHAMPS 2013
	50 Back	26.49	10-Dec-13	BLSS- FS	ZANE WADDELL at KZN PREMIER CHAMPS 2013
	100 Back	57.83	24-Jul-05	DOLC- CG	Garth V Tune at RSA 11th Fina World Swimming Championships
	200 Back	2:06.32	11-Apr-11	EP- EP	Christopher P. Reid at Telkom Sa National Aquatic Champs 2011 PE
	50 Breast	28.46	18-Mar-16	ASA- CP	Michael J. Houlie at SA Level 3 National Age Group Champs 2016-
	100 Breast	1:03.22	10-Apr-16	WPA- CP	Michael J. Houlie at Sa National Aquatic Championship 2016 Durba
	200 Breast	2:18.18	13-Dec-14	ONYX- ES	Bryce Skea at 2014 McDonalds Queensland Championships
	50 Fly	25.24	16-Dec-08	PSA- LP	Heinrich Alberts at KZN Provincial Championships008
	100 Fly	55.73	16-Dec-08	PSA- LP	Heinrich Alberts at KZN Provincial Championships008
	200 Fly	2:05.19	28-Mar-17	RSA	Ruan Breytenbach at African Junior Swimming Championship
	200 IM	2:05.89	12-Mar-15	WATR- CG	Jarryd L. Baxter at SA Level 3 National Age Group Champs 2015-P
	400 IM	4:24.17	23-Aug-17	RSA	Luan E. Grobbelaar at 6th FINA World Junior Swimming Champs-U
16-16	50 Free	23.06	15-Dec-09	KLOO- KZ	Brett H. Walsh at The Swim Shop KZN Provincial Championships
	100 Free	51.01	12-Mar-15	BLSS- FS	ZANE WADDELL at SA Level 3 National Age Group Champs 2015
	200 Free	1:51.71	6-Dec-13	TUKS- NT	Joshua Steyn at NTS Championships 2013
	400 Free	3:54.95	25-Aug-15	RSA	Jarryd L. Baxter at 5th FINA World Junior Swimming Champs-Sing
	800 Free	8:07.19	17-Jan-15	ACSA- KZ	Matthew M. Meyer at KZN Age Group Gala 10
	1500 Free	15:33.28	7-Dec-07	MATI- WP	HEERDEN HERMAN at WP Sasko Championships
	50 Back	26.42	12-Mar-15	BLSS- FS	ZANE WADDELL at SA Level 3 National Age Group Champs 2015
	100 Back	56.67	14-Aug-10	RSA- KZ	Murray McDougall-Youth OlympicGames Singapore 2010
	200 Back	2:03.78	16-Apr-12	KZNA- KZ	Martin Binedell at Sa National Aquatic Championship 2012 Durban

RECORDS SA Age Group

16-16	50 Breast	28.09	17-Mar-17	ASA- CP	Michael J. Houlie at SA National JNR Age Group Champs 2017-KZ	
	100 Breast	1:01.84	24-Feb-17	ASA- CP	Michael J. Houlie at 2017 Grand Prix Invitation Swimming Meet-CT	
	200 Breast	2:17.36	24-Feb-17	ASA- CP	Michael J. Houlie at 2017 Grand Prix Invitation Swimming Meet-CT	
	50 Fly	24.44	12-Mar-15	BLSS- FS	ZANE WADDELL at SA Level 3 National Age Group Champs 2015	
	100 Fly	54.45	6-Dec-13	TUKS- NT	Joshua Steyn at NTS Championships 2013	
	200 Fly	2:00.69	30-Jun-07	VINE- WP	SEBASTIEN D. ROUSSEAU at Matie Strand Gala	
	200 IM	2:04.09	15-Oct-08	RSA- ZZ	Joshua Steyn at JNR Champs-Lusaka	
	400 IM	4:23.80	25-Aug-06	PISC- KZ	Riaan H. Schoeman at 1st Fina World YouthSwimming Championsh	
17-17	50 Free	22.85	7-Sep-15	RSA	ZANE WADDELL at V Commonwealth Youth Games	
	100 Free	50.58	16-Dec-15	BLSS- MA	ZANE WADDELL at KZN Speedo Provincial Championships 2015	
	200 Free	1:48.83	15-Dec-09	SGUL- KZ	Chad G. Le Clos at The Swim Shop KZN Provincial Championships	
	400 Free	3:52.28	15-Dec-09	SGUL- KZ	Chad G. Le Clos at The Swim Shop KZN Provincial Championships	
	800 Free	7:56.19	16-Dec-15	ACSA- ET	Matthew M. Meyer at KZN Speedo Provincial Championships 2015	
	1500 Free	15:16.76	26-Feb-16	ACSA- ET	Matthew M. Meyer at 2016 Grand Prix Invitation Swimming Meet-C'	
	50 Back	25.94	7-Sep-15	RSA	ZANE WADDELL at V Commonwealth Youth Games	
	100 Back	56.10	15-Dec-09	SGUL- KZ	Chad G. Le Clos at The Swim Shop KZN Provincial Championships	
	200 Back	2:00.80	26-Aug-13	AQUB- EP	Christopher P. Reid at 4th FINA World Junior Swimming Champs-D	
	50 Breast	28.11	23-Aug-17	RSA	Michael J. Houlie at 6th FINA World Junior Swimming Champs-US	
	100 Breast	1:01.49	23-Aug-17	RSA	Michael J. Houlie at 6th FINA World Junior Swimming Champs-US	
	200 Breast	2:14.54	11-Jun-14	CSC- NT	Jarred C. Crous at Mare Nostrum 2014 Canet	
	50 Fly	23.96	15-Dec-09	SGUL- KZ	Chad G. Le Clos at The Swim Shop KZN Provincial Championships	
	100 Fly	52.98	15-Dec-09	SGUL- KZ	Chad G. Le Clos at The Swim Shop KZN Provincial Championships	
	200 Fly	1:56.90	26-Jul-09	RSA- ZZ	Chad G. Le Clos at 13th FINA World Championships 2009 - Rome (
	200 IM	1:59.81	15-Dec-09	SGUL- KZ	Chad G. Le Clos at The Swim Shop KZN Provincial Championships	
	400 IM	4:15.25	15-Dec-09	SGUL- KZ	Chad G. Le Clos at The Swim Shop KZN Provincial Championships	
	18-18	50 Free	22.79	15-Apr-13	FS- FS	Reynard Wessels at Sa National Aquatic Championship 2013 PE
		100 Free	49.98	26-Aug-13	TUKS- NT	Caydon Muller at 4th FINA World Junior Swimming Champs-Dubai
		200 Free	1:49.56	18-Apr-06	CGA- CG	JEAN BASSON at Telkom SA National Aquatic Championships 200
400 Free		3:49.86	11-Dec-09	MATI- WP	HEERDEN HERMAN at WP Sasko Championships	
800 Free		7:57.32	14-Apr-09	WPA- WP	Herman Heerden at Telkom Sa National Champs Durban 2009	
1500 Free		15:03.99	11-Dec-09	MATI- WP	HEERDEN HERMAN at WP Sasko Championships	
50 Back		25.39	26-Jul-09	RSA- ZZ	Charl S. Van Zyl at 13th FINA World Championships 2009 - Rome (
100 Back		54.67	26-Jul-09	RSA- ZZ	Charl S. Van Zyl at Fina World Championships	
200 Back		1:59.77	17-Aug-14	AQUB- EP	Christopher P. Reid at 2nd Youth Olympic Games 2014-Nanjing	
50 Breast		27.49	25-Mar-07	NTS- NT	CAMERON VD BURGH at 12th Fina World Championships 2007	
100 Breast		1:01.73	10-Apr-07	NTS- NT	CAMERON VD BURGH at Telkom Sa National Championships 200	
200 Breast		2:14.42	12-Dec-03	KPFA- KZ	Neil R Versfeld at KZN Championships	
50 Fly		23.81	26-Aug-13	TUKS- NT	Ryan Coetzee at 4th FINA World Junior Swimming Champs-Dubai	
100 Fly		53.31	14-Aug-10	RSA- ZZ	Chad Le Clos at Youth Games Singapore 2010	
200 Fly		1:54.51	26-Jul-09	RSA- ZZ	SEBASTIEN D. ROUSSEAU at 13th FINA World Championships 2	
200 IM		2:00.68	14-Aug-10	RSA- ZZ	Chad Le Clos at Youth Games Singapore 2010	
400 IM		4:13.25	14-Oct-10	RSA- ZZ	Chad Le Clos at Youth Games Singapore 2010	