
RECORDS SA-Short Course
SC Meters-Women

50 Free	24.72	19-Dec-07	RSA	Lize Mari Reteif-International-Vladimir Swimming
100 Free	53.93	16-Jul-15	SGUL ETH	Erin P. Gallagher at Sa Short Course Swimming Champs (25m) PMI
200 Free	1:56.78	7-Apr-02	RSA	Helene K Muller World SC Championships
400 Free	4:03.50	9-Apr-08	SGUL KZ	Melissa J. Corfe at 9th Fina Swimming World Championship 2008
800 Free	8:22.05	4-Nov-11	RSA	JESSICA E. PENGELLY at Fina Arena Swimming World Cup Singa
1500 Free	16:11.24	14-Jul-10	RSA	Jessica E Pengelly-At The Australian Short Course
50 Back	26.89	6-Nov-09	PASC NT	Chanelle Van Wyk at Fina Arena World Cup-Moscow
100 Back	56.56	17-Nov-09	PASC NT	Chanelle Van Wyk at Fina Arena World Cup-Berlin
200 Back	2:05.01	21-Nov-09	MDOL CG	Mandy LOOTS at Fina Arena World Cup-Singapore
50 Breast	30.60	26-Sep-99	ATOTI KZ	Penny Heyns Seagulls SC Championships
100 Breast	1:05.36	9-Apr-08	TUKS NT	SUZAAN VAN BILJON at 9th Fina Swimming World Championship
200 Breast	2:18.73	9-Apr-08	TUKS NT	SUZAAN VAN BILJON at 9th Fina Swimming World Championship
50 Fly	25.90	23-Nov-07	TUKS NT	LIZE-MARI RETIEF at Fina Arena World Cup 2007-Belo Horiz
100 Fly	56.52	19-Dec-07	TUKS NT	Lize Mari Reteif-International-Vladimir Swimming
200 Fly	2:04.24	21-Nov-09	MDOL CG	Mandy LOOTS at Fina Arena World Cup-Singapore
100 IM	1:00.86	16-Oct-09	MDOL CG	Mandy LOOTS at Fina Arena World Cup-Durban
200 IM	2:07.54	10-Nov-09	PISC KZ	Kathryn A. Meaklim at Fina Arena World Cup Stockholm
400 IM	4:22.88	21-Nov-09	PISC KZ	Kathryn A. Meaklim at Fina Arena World Cup-Singapore
200 Free Relay	1:43.63	8-Sep-05	DOLC CG	Dolphins Swimming Club L Roets, M Scott, A Loots, C Archibald
400 Free Relay	3:45.27	8-Sep-05	RSA	RSA- M Corfe, LM Retief, J Pengelly, K Meaklim at SC World Cha
800 Free Relay	8:06.94	30-Sep-05	SSA	SSA Relay Squad L Vorster, L Roets, K Van Heerden, C Lategan
400 Medley Relay	4:00.73	11-Apr-09	RSA	RSA- M Corfe, S. v Bilj, M Loots, LM Retief at SC World Champs 1

RECORDS SA-Short Course
SC Meters-Men

50 Free	20.30	7-Aug-09	TUKS	ROLAND M. SCHOEMAN at Telkom SA Short Course Champions
100 Free	46.00	10-Nov-09	PASC	LYNDON FERNS at Fina Arena World Cup Stockholm
200 Free	1:40.89	14-Nov-09	RSA	Darian R. Townsend at Fina Arena World Cup-Berlin
400 Free	3:37.91	7-Aug-13	RSA	Myles Brown at Fina Swimming World Cup Eindhoven 2013
800 Free	7:44.10	25-Mar-00	RSA	Ryk F Neethling NCAA Div 1 Men Minneapolis
1500 Free	14:30.54	7-Aug-13	RSA	Myles Brown at FINA Swimming World Cup 2013 Eindhoven
50 Back	22.85	11-Nov-09	RSA	Gerhard ZANDBERG at Fina World Cup Berlin 2009
100 Back	50.00	10-Nov-09	RSA	George DU RAND at Fina Arena World Cup Stockholm
200 Back	1:47.08	6-Nov-09	RSA	George DU RAND at Fina Arena World Cup-Moscow
50 Breast	25.25	17-Nov-09	RSA	CAMERON VD BURGH at Fina Arena World Cup-Berlin
100 Breast	55.61	17-Nov-09	RSA	CAMERON VD BURGH at Fina Arena World Cup-Berlin
200 Breast	2:02.56	17-Nov-09	RSA	Neil R. Versfeld at Fina Arena World Cup-Berlin
50 Fly	21.87	14-Nov-09	RSA	ROLAND M. SCHOEMAN at Fina Arena World Cup-Berlin
100 Fly	48.56	29-Sep-14	SGUL KZ	Chad G. Le Clos at Fina -Mastbank Swimming World Cup 2014 Hor
200 Fly	1:48.56	5-Nov-13	RSA	Chad G. Le Clos at FINA Swimming World Cup 2013 Singapore
100 IM	51.05	14-Nov-09	RSA	Gerhard ZANDBERG at Fina Arena World Cup-Berlin
200 IM	1:51.55	17-Nov-09	RSA	Darian R. Townsend at Fina Arena World Cup-Berlin
400 IM	3:59.23	9-Nov-13	RSA	Chad G. Le Clos at FINA Swimming World Cup 2013 Tokyo
200 Free Relay	1:28.27	8-Aug-10	TUKS	R Schoeman-G Zandberg-N Meyer-W Bosman-Sa S/Course PMBG
400 Free Relay	3:19.09	15-Aug-13	SGUL	D Brown:L Pendock:C Justus:C Crous-At PMBG
800 Free Relay	7:18.94	8-Oct-04	RSA	RSA J Basson, F Postma, H Prinsloo, J Du Rand World SC Champs
400 Medley Relay	3:35.77	10-Aug-09	PLAY	RSA-SA Short Course-Pmbg- Van Rensburg, Conrad ,VD Burgh, Ca