

**SELECTION CRITERIA, 10th FINA WORLD WOMEN'S JUNIOR WATER POLO CHAMPIONSHIPS  
2013 (20 & U)****VOLOS (GRE) FROM AUGUST 18 - 24, 2013****1. Eligibility**

- 1.1. Only athletes registered with and in good standing with SSA will be considered for selection.
- 1.2. Selected athletes must be in possession of a valid South African passport and have chosen South Africa as their Sport Nationality.
- 1.3. Members selected to the team must abide by the SSA Code of Conduct as appended to the SSA Constitution and agree to and sign the SSA Athlete / Official Agreement for the 10th **FINA World Women's Junior Water Polo Championships 2013**.
- 1.4. To be eligible for selection an athlete must participate at the SSA National Water Polo Championships (Official South African 10th FINA World Women's Junior Water Polo Championships 2013 Trials) that will take place in Port Elizabeth from 10 to 13 April 2013.
- 1.5. **Athletes must be available to travel to and compete at the 10th FINA World Women's Junior Water Polo Championships 2013, Volos, Greece from 18 - 24 August 2013.**
- 1.6. All **athletes must be available for the full duration of the pre 10th FINA World Women's Junior Water Polo Championships 2013, camp**, which is tentatively scheduled for mid-July 2012 (exact dates and venues to be confirmed once logistical arrangements have been finalized).
- 1.7. Team selection will be in accordance with the SSA Transformation Policy in relation to demographic and gender equity where applicable.
- 1.8. The SSA Executive Committee reserves the right to amend these criteria and circulate such amended criteria.
- 1.9. The final team selection is subject to approval by the SSA Executive Committee.

**2. Funding**

- 2.1. This tour will be partially subsidized.

**3. Criteria**

- 3.1. The selected squad will be required to attend all the training camps.
- 3.2. Should a position in the team become available due to the injury or withdrawal of an athlete, after the team announcement, the Water Polo Selection Committee may consider



an athlete from the selected squad on the basis of their overall commitment and attendance at the training camps.

### **3.3. Conditions of Selection**

- 3.3.1. Athletes will be invited to attend squad training camps starting March 2013.
- 3.3.2. To be eligible for selection, athletes must attend at least 80% of the squad training camps. The Team Coach will submit an evaluation document on swimming fitness and strength evaluation. This evaluation will be conducted at each camp to evaluate the levels of the athletes. This evaluation will form part of the final selection for each team member. ( See Training Camps and Fitness Testing below)
- 3.3.3. Each team member must attend all training camps after the final team has been selected.
- 3.3.4. Pass fitness/flexibility tests at training camps.
- 3.3.5. Athletes may be cut from the group if the weekly fitness test results are not satisfactory, and after training camps if progress or attitude is not up to standard. This is at the discretion of SSA after submission from the coach.
- 3.3.6. The selectors, will make the final selection of athletes to compete as follows:
  - 3.3.6.1. Work Ethic
  - 3.3.6.2. Physical competitive readiness and physical suitability
- 3.3.7. Overseas based athletes are required to:
  - 3.3.7.1. Submit swim tests weekly
  - 3.3.7.2. Submit swim program with times every two weeks
  - 3.3.7.3. Their Coach to submit progress report every second month

## **4. Tests**

- 4.1. For athletes to be considered for selection for the final team, they need to ensure that they complete swimming tests on a weekly basis and submit a record of same to SSA and the Team Coach.
- 4.2. A further two tests consisting of any of tests one to five will be conducted by the coach at the camps. Tests one to five is attached hereto as Annexure A.
- 4.3. Test one will start the sequence of the tests as determined by the National Head Coach, thereafter followed by tests two, three, four and five.
- 4.4. Should a athlete for any reason not submit a swim test as per the defined submission **date, a "Did Not Submit (DNS) will be recorded;**
- 4.5. Test results must be submitted in the attached excel format only.



5 **Training Camps**

5.7 Training Camps are Compulsory for Squad and Team Members

5.8 **Squad**

5.8.1 March 2013

5.9 **Team**

5.9.1 May 2013

5.9.2 June 2013

5.9.3 July 2013

