



National Swimming Squads 2019

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1. BACKGROUND

In view of the principles inherent in the model for Long Term Participant Development (LTPD), as well as the stringent requirements for selection of athletes and teams to major events under the Jurisdiction of SASCO, we have aligned our strategies with the LTPD Model and SASCO's strategic thrusts in this regard. Critical to this alignment process is to focus on support and development of swimming talent for the 2022 Commonwealth Games and 2020 Olympics.

To achieve this, SSA has developed a squad system with the objective to increase our pool of talent for the future, with various levels of support, dependant on available resources.

Note that while some athletes may receive support largely based on their world ranking, others might not receive the same extent of support. This means that some of the squad activities might be fully funded, partially subsidized or self-funded.

2. OBJECTIVES

- 2.1. To identify athletes that will deliver medal winning performances at senior international competitions and at the 2020 Olympic Games;
- 2.2. To facilitate support services to identified South African based athletes;
- 2.3. To ensure exposure to international participation to increase the pool of elite level athletes, with a view to enhancing performances; and
- 2.4. To ensure the future makeup of our teams is representative of the demographics of the country.

3. KEY INDICATORS

- 3.1. The number of semi-finals and finals achieved at major international competitions (Olympic Games and World Championships);
- 3.2. The number of swimmers appearing in the World rankings.

4. SSA NATIONAL SWIMMING SQUADS

- 4.1. Elite Senior Squad
- 4.2. Senior Squad
- 4.3. Elite Youth Squad
- 4.4. Senior Youth Squad
- 4.5. Junior Youth Squad
- 4.6. Elite Junior Squad
- 4.7. Junior Squad

5. SELECTION CRITERIA FOR SQUADS:

- 5.1. Selection will be based on Olympic events only, and squads will be selected on the 2019 SSA Junior Nationals and Senior Nationals results. .

6. ELITE SENIOR SQUAD

6.1. Selection criteria: SA Nationals

- 6.1.1. Any swimmer who has achieved the FINA “A” Qualification Time Standard in Olympic events, at the SA National Aquatic Championships.

6.2. Focus Areas

- 6.2.1. Training Camps
- 6.2.2. 2019 FINA World Championships Korea
- 6.2.3. 2019 All Africa Games Morocco
- 6.2.4. 2019 Swim meets Mare Nostrum
- 6.2.5. 2019 World University Games Italy
- 6.2.6. 2019 FINA World Cup series

7. SENIOR SQUAD

7.1. Selection criteria: SA Nationals

- 7.1.1. The first and second placed swimmer in the final of an Olympic individual event at the SA National Aquatic Championships;
- 7.1.2. Any swimmer who has achieved the FINA “B” Qualification Time Standard in an Olympic event in a final at the SA National Aquatic Championships;
- 7.1.3. Relay team members: the third and fourth placed swimmer in the final of the 100 and 200 freestyle events at the SA National Aquatic Championship; and
- 7.1.4. Any black swimmer who has achieved an “A” final in an Olympic event at SA National Aquatic Championships.

7.2. Focus Areas

- 7.2.1. Training Camps
- 7.2.2. 2019 FINA World Championships Korea
- 7.2.3. 2019 All Africa Games Morocco
- 7.2.4. 2019 Swim meets Mare Nostrum
- 7.2.5. 2019 World University Games Italy
- 7.2.6. 2019 FINA World Cup series

8. Elite Youth Squad – Year of birth: 2001 - 2004

8.1. Selection criteria: SA Juniors & SA Nationals

- 8.1.1. FINA Points System: 800 points or more in and Olympic event;
- 8.1.2. Females and males born in 2001 - 2004;
- 8.1.3. Discretionary inclusion by High Performance Department.

8.2. Focus Areas

- 8.2.1. Training Camps
- 8.2.2. 2019 FINA World Junior Championships Hungary
- 8.2.3. 2019 All Africa Games
- 8.2.4. 2019 Swim meets Mare Nostrum
- 8.2.5. 2019 CANA Junior Africa Championships Tunisia
- 8.2.6. 2019 FINA World Cup series

9. Senior Youth Squad – Year of birth: 2001 – 2002 (17 & 18 years)

9.1. Selection criteria: SA Juniors & SA Nationals

- 9.1.1. Year of birth: 2001 - 2002
- 9.1.2. FINA Points System: 700 or more points but less than 800 points in an Olympic Event
- 9.1.3. Discretionary inclusion by High Performance Department;
- 9.1.4. Any black swimmer who has achieved an “A” final in an Olympic event at SA National Aquatic Championships or SA National Junior Age Group Championships.

9.2. Focus Areas

- 9.2.1. National training camps;
- 9.2.2. Identified Senior and Junior International Competitions which could include
- 9.2.3. FINA World Junior Championships, All Africa Games and CANA Junior Africa Championships.
- 9.2.4. Youth team tour overseas – June / July 2019

10. Junior Youth Squad – Year of birth: 2003 – 2004 (15 & 16 years)

10.1. Selection criteria: SA Juniors & SA Nationals

- 10.1.1. Year of birth: 2003 - 2004

- 10.1.2. FINA Points System: Male 650 or more points but less than 800 points in an Olympic Event, Females 680 or more points but less than 800 points;
- 10.1.3. Discretionary inclusion by High Performance Department;
- 10.1.4. Any black swimmer who has achieved an “A” final in an Olympic event at SA National Aquatic Championships or SA National Junior Age Group Championships.

10.2. Focus Areas

- 10.2.1. National training camps;
- 10.2.2. Identified Senior and Junior International Competitions which could include
- 10.2.3. FINA World Junior Championships, All Africa Games and CANA Junior Africa Championships.
- 10.2.4. Team tour overseas – June / July 2019

11. Elite Junior Squad – Year of birth: 2005 – 2007 (12, 13 & 14 years)

11.1. Selection Criteria: SA Juniors

- 11.1.1. Year of birth: 2005 – 2007
- 11.1.2. FINA Points System: 700 or more points in an Olympic Event
- 11.1.3. Discretionary inclusion by High Performance Department;
- 11.1.4. Any black swimmer who has achieved a top ranking within a specified age criteria.

11.2. Focus Areas

- 11.2.1. National training camp;
- 11.2.2. Junior Continental Competition;
- 11.2.3. Junior team to Europe – June / July 2019

12. Junior Squad – Year of birth: 2005 – 2007 (12, 13 & 14 years)

12.1. Selection criteria: SA Juniors

- 12.1.1. Three categories based on year of birth: 2005/ 2006/ 2007
- 12.1.2. FINA Points System, the following points in an Olympic Event:

YOB	FEMALE	MALE
2005	≥630 but >700	≥500 but >700
2006	≥600 but >700	≥550 but >700
2007	≥580 but >700	≥500 but >700

12.1.3. Discretionary inclusion by High Performance Department;

12.1.4. Any black swimmer who has achieved a top ranking within a specified age criteria.

12.2. Focus areas

12.2.1. National training camp;

12.2.2. Junior Continental Competition;

12.2.3. Junior team to Europe – June / July 2019

FINA Time standard

Elite Youth – 800 points

Men

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
22.52	50.53	1.49.87	3.57.06	8.07.03	15.38.27	55.85	2.00.56	1.01.54	2.16.45	53.66	2.00.12	2.02.80	4.22.66

Woman

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
25.49	55.70	2.01.70	4.14.71	8.42.22	16.36.94	1.02.58	2.13.63	1.09.08	2.29.85	59.76	2.11.21	2.15.85	4.46.92

Senior Youth – 700 points – 2001 & 2002 (17 & 18 yrs)

Men

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
23.54	52.83	1.54.87	4.07.85	8.29.12	16.29.80	58.39	2.06.04	1.04.34	2.22.66	56.10	2.05.58	2.08.39	4.34.62

Woman

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
26.65	58.23	2.07.24	4.26.31	9.05.99	17.22.00	1.05.43	2.19.72	1.12.22	2.36.67	1.02.48	2.17.18	2.22.04	4.59.98

Junior Youth

Men – 650 points – 2003 & 2004 (15 & 16 yrs)

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
24.13	54.15	1.57.75	4.14.05	8.41.93	16.45.51	59.85	2.09.20	1.05.95	2.26.22	57.51	2.08.72	2.11.60	4.41.49

Woman – 680 Points – 2003 & 2004 (15 & 16 yrs)

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
26.91	58.80	2.08.47	4.28.89	9.11.29	17.32.44	1.06.07	2.21.07	1.12.92	2.38.19	1.03.09	2.18.52	2.23.42	5.02.90

Elite Juniors – 700 points

Men

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
23.54	52.83	1.54.87	4.07.85	8.29.12	16.29.80	58.39	2.06.04	1.04.34	2.22.66	56.10	2.05.58	2.08.39	4.34.62

Woman

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
26.65	58.23	2.07.24	4.26.31	9.05.99	17.22.00	1.05.43	2.19.72	1.12.22	2.36.67	1.02.48	2.17.18	2.22.04	4.59.98

Juniors

Men – 570 points (2005) – 14 yrs

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
25.21	56.57	2.03.01	4.25.42	9.05.29	17.30.51	1.02.53	2.14.98	1.08.90	2.32.77	1.00.08	2.14.48	2.17.49	4.54.08

Men – 550 points (2006) – 13 yrs

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
25.52	57.25	2.04.49	4.28.60	9.11.82	17.43.09	1.03.28	2.16.60	1.09.72	2.34.60	1.00.80	2.16.10	2.19.13	4.57.61

Men – 500 points (2007) – 12 yrs

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
26.34	59.10	2.08.51	4.37.27	9.29.63	18.17.41	1.05.32	2.21.01	1.11.97	2.39.59	1.02.76	2.20.49	2.23.63	5.07.21

Woman – 630 points (2005) – 14 yrs

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
27.61	1.00.31	2.11.79	4.35.83	9.25.50	17.59.57	1.07.77	2.24.71	1.14.80	2.42.27	1.04.71	2.22.09	2.27.11	5.10.71

Woman – 600 points (2006) – 13 yrs

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
28.06	1.01.30	2.13.95	4.40.35	9.34.78	18.17.27	1.08.88	2.27.08	1.16.03	2.44.93	1.05.77	2.24.42	2.29.53	5.15.80

Woman – 580 points (2007) – 12 yrs

50 Fr	100Fr	200Fr	400Fr	800Fr	1500Fr	100Ba	200Ba	100Br	200Br	100Bu	200Bu	200IM	400IM
28.38	1.02.00	2.15.47	4.43.54	9.41.31	18.29.74	1.09.66	2.28.76	1.16.89	2.46.80	1.06.52	2.26.06	2.31.23	5.19.39