

**SWIMMING CRITERIA FOR 2016 OLYMPIC GAMES****RIO DE JANEIRO, BRAZIL 05 - 21 AUGUST 2016**

These criteria must be read in conjunction with published SASCOC Policy and General Selection Criteria and Aquatics Selection Criteria.

**1. Eligibility**

- 1.1. Only athletes registered with and in good standing with SSA will be considered for selection.
- 1.2. To be eligible for selection a athlete must participate at the SA National Swimming Championships (official Olympic Games Swimming Trials) that will take place in Durban from 10 - 16 April 2016.
- 1.3. All athletes must be available for relay selection.
- 1.4. Athletes must be available to travel to and compete at the Rio 2016 Olympic Games from 05 – 21 August 2016.
- 1.5. Selected athletes must be in possession of a valid South African passport (expiry date March 2017) and have chosen South Africa as their Sport Nationality.
- 1.6. The SSA Executive and SASCOC reserve the right to amend these criteria and circulate such amended criteria.
- 1.7. The final team selection is subject to approval by SASCOC.
- 1.8. All athletes must be available for the full duration of the pre-Olympic Training Camp which is tentatively scheduled for mid-July 2016 (exact dates and venues to be confirmed once logistical arrangements have been finalized).

**2. Individual Events**

- 2.1. The first and second placed athletes in the final of an Olympic individual event at the South African National Championships 2016 will be considered for selection, only if they achieve an “A” qualifying time in that event.
- 2.2. Should one or both of the first two placed finalists not achieve an “A” qualifying time, then a athlete or athletes with the fastest “A” times in either a heat or a semi-final of that event will be considered provided they swim in the final of that event.
- 2.3. No “FINA Invitational” qualifying times will be considered for any Olympic individual event.



### 3. Relays

#### 3.1. 4 x 100m and 4 x 200m Men Freestyle Relays

- 3.1.1. All athletes achieving “A” qualifying times in the 100m and 200m freestyle final at the trials, will be considered for selection.
- 3.1.2. Athletes achieving “FINA Invitational” qualifying times in the final may also be considered for selection.
- 3.1.3. Time trails will be held at SA Nationals, to achieve a World Top 16 Ranked time for FINA Consideration.
- 3.1.4. The final team will only be selected after intensive training with regard to take-over reaction times and matters relating to team-spirit build up

3.2. The other relays, viz. the men’s 4 x 100m medley, the women’s 4 x 100m free, women’s 4 x 200m free and the women’s 4 x 100m medley, will only be considered if the best times from the relevant finals added together are faster than 5th place in the final at the 2015 FINA World Championships.

SSA will make an application to FINA to participate should any of the above mentioned relay team’s times be sufficiently fast enough to warrant participation at the Olympics.

## **QUALIFYING “A” TIME STANDARDS FOR SELECTION FOR 2016 OLYMPIC GAMES**



Men's Standard		Women's Standard
A – 2 Entries		A – 2 Entries
22,27	<b>50 m Freestyle</b>	25,28
48.99	<b>100 m Freestyle</b>	54.43
1.47.97	<b>200 m Freestyle</b>	1.58,96
3.50,44	<b>400 m Freestyle</b>	4.09.08
	<b>800 m Freestyle</b>	8.33.97
15.14,77	<b>1500 m Freestyle</b>	
54,36	<b>100 m Backstroke</b>	1.00.25
1.58.22	<b>200 m Backstroke</b>	2.10.60
1.00,57	<b>100 m Breaststroke</b>	1.07.85
2.11,66	<b>200 m Breaststroke</b>	2.26.94
52,36	<b>100 m Butterfly</b>	58.74
1.56.97	<b>200 m Butterfly</b>	2.09.33
2.00,28	<b>200 m Ind. Medley</b>	2.14,26
4.16.71	<b>400 m Ind. Medley</b>	4.43.46