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28 July 2016

TO: ALL PROVINCIAL PRESIDENTS CC: **ALL PROVINCIAL SECRETARIES**

Dear Provincial Presidents

RE: 2017 NATIONAL AND REGIONAL SWIMMING RULES

The 2017 SSA Age Group Competitions have been restructured as follows:

Level 1 Age Group

- Provincial based competition, inter district, swimmers will represent clubs or schools
- **Qualifying Times** No Qualifying Time required Level 2 or higher Qualifying Time, will be the disqualification time from being able to participate
- Registration Requirements

All School registered swimmers will be eligible All LTS and recreational swimmers eg Level 0 (Registration Code 3R)

- Swimmers may qualify at this competition to compete at the 2017 Level 2 Age Group Regional Competition, provided they achieve the Level 2 Qualifying time for their age group.
- Age Groups will be 10/u, 11, 12, 13, 14, 15&16, 17 and over

Level 2 Regional Age Group - the previous Level 1 Level 3 Regional Age Group - the previous Level 2 S A National Junior Age Group – the previous Level 3

- Swimmers may only participate at one of the Level 2/Level3/S A National Junior Age Group Competitions.
- The rules for the above Age Groups will be the same as previous years.