



Sasol National Winter Swimming Championships

PO Box 1551 Sasolburg 1947
Telephone / Facsimile: 086 500 1177 Mobile: 082 781 5523
Email: mwhlbar@mweb.co.za

Dear Friends

Sasol National Winter Swimming Championships 27th June to 2nd July, 2016.

This will be our 45th Sasol National Winter Championships!!!
It is once again our privilege to invite you to participate in the Sasol National Winter Club Swimming Championships which is being held in Sasolburg.

The seeding remains the same with the fastest thirty times being circle seeded.

Please Note:

- > The age groups being swum at these Winter Champs are 9 & under, 10, 11, 12, 13, 14, 15, 16 and 17 & over.
- > The relays will be swum as follows: 10 & under, 11-12, 13-14, 15-16 and 17 & over.
- > Event 110 and 111, being the ladder relays for female and male, will be swum in this order: 10&u, 11-12, 13-14 and 15-16.
- > The junior trophy will be contested up and including the age of 16 years and the senior trophy will be from 17 years and upwards.
- > All events will be swum as heats in the morning and finals in the afternoon. Only the long distances : 1500m free, 400m free, 800m free, 400m fly and the 400m IM will be swum as timed finals.

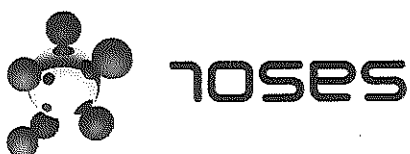
We would like to suggest that participating clubs once again become responsible for manning a lane. Please also let us know which other duties your officials are willing to perform. We would very much appreciate it if you would encourage your parents to assist with officiating as it is in the best interest of all our swimmers that the gala is well manned. Please fill in the attached Officials List and return it with your entries.

Officials will be required to wear white tops and navy slacks on Thursday and Saturday.

The organisers are not responsible for arranging accommodation, but we will try to be of assistance where possible. Attached is an advice note on accommodation.

Attached, please find the rules of the gala, a programme, entry form and the events file will be on the following website in due course : www.winterchamps.co.za. Please read the rules carefully to prevent confusion.

Please fill in the entry forms by swimmers names and not by event. Submit swimmers Christian names in place of initials. Entries must preferably be e-mailed as per Team Manager 7 or per the official entry form. Please note: it is of utmost importance that the same event number is used as on the programme. The organisers will not be held responsible if incorrect event numbers are submitted.



Since certain restrictions with reference to advertising have been laid down by our sponsor, participating clubs are requested to consult the organising committee should they wish to advertise or sell anything at the pool. All swimmers and spectators automatically gives permission to use any photos for marketing purposes.

There will be no Managers Meeting held as all relative information will be in the Managers parcel. This will be handed out at the main gate on Monday morning. The march past will be held on Thursday 30th June, at 13h00. Finals will commence straight after the march past. Please come prepared. However, the starting time might change, due to the finishing time of the welcome ceremony.

Owing to the fact that the gala will be run under FINA rules, drug testing can be expected. Certificates for all medication must be submitted on the first day of the gala. Ten (10) lanes will be used and a One Start Rule will apply for the duration of the gala.

Please note: As per Swimming South Africa, swimmers must be registered two weeks prior to these championships. Please do not enter unregistered swimmers!

Closing date for entries is Friday 17th June 2016 and rule 9 will be strictly applied.

Please mail entries or fax hard copies to: Linda Barnard, Winter Championships, Fax no 0865001177 or e-mail to: mwhihbar@mweb.co.za. Cheques to be made out to: Sasol Winter Championships. Direct deposits can be made into the following account: Sasol Winter Championships, Absa Bank Sasolburg, Account No. 4049499947, Branch Code: 632005. A copy of the deposit slip, clearly marked with the club name and "entry fees" should be faxed to Linda Barnard, Fax No. 086 500 1177.

Cash Prizes will be awarded again this year to the clubs scoring the most points in the Senior and Junior sections as follows:

Juniors:	1st Prize : R3 000.00	Seniors:	1st Prize : R3 000.00
	2nd Prize: R2 000.00		2nd Prize: R2 000.00
	3rd Prize: R1 500.00		3rd Prize: R1 500.00

Individual prizes will be awarded as follows:

Juniors:	1st Prize: R100.00	Seniors:	1st Prize: R200.00
	2nd Prize: R 75.00		2nd Prize: R100.00
	3rd Prize: R 50.00		3rd Prize: R 50.00

The qualifying time for the Men 1500m Freestyle event will be 20:00.00 and Men 800m Freestyle will be 10:00:00. The Ladies 1500m Freestyle will be 22:00.00 and the Ladies 800m Freestyle will be 11:00:00. Swimmers who do not submit times for these two events, will not be permitted to swim.

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Sasol National Winter Swimming Championships

Secretary

Linda Barnard

Yours in Swimming

We are looking forward to seeing all our friends in Sasolburg again this year!!!

Following website : www.winterchamps.co.za

All information regarding the event as well as the revised program is available on the

your representatives by Wednesday at the recording office.

to thank them for their hard work and dedication. Kindly hand in the names of

Our Sponsors host a Thursday night informal function, to all the Coaches and Team Managers

Saturday relays must be handed in at the office on the Friday by 12h00.

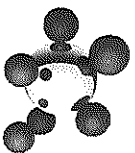
available at the gala and in your Manager's parcels. However, the Relay Forms for the

Forms will be accepted after 12h00 on the day. Forms for details of relay events will be

name and order, must be handed in by 12h00 on the day of the event. Please note : No Relay

late entries. Please enter relay teams on the original entry form. All relay completed relay forms with

Please do not forget to enter your relay teams. Relays will not be re-seeded in order to accommodate



SASOL



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Sasol National Winter Swimming Championships from 27th June to 2nd

July 2016 at the Penny Heyns Swimming Pool, Sasolburg

Rules:

1. The age of the swimmer shall be taken as his/her age on 27th June, 2016 for junior events.
2. Morning sessions start at 09h00 and the start of the afternoon session will be announced as soon as the morning heats has been finalised. All Team Managers to please ensure that swimmers report timeously as we are running against time.
3. The Championships shall be contested on an inter-club basis.
Points shall be awarded as follows: 12 10 9 8 7 6 5 4 3 2 with 10 bonus points for swimmers setting a new record. Bonus points will be awarded for records established in both the morning and afternoon events. Double points shall be awarded for "A" relay teams. Medals will be awarded to swimmers placed first, second and third in all events, including relay events.
4. A floating trophy will be awarded to the club scoring the highest number of points (aggregate) and floating trophies will also be awarded to teams scoring the most points in both the junior and senior section.
5. Swimmers may only enter in his/her own age.
6. Entry fees are as follows: R30.00 registration per swimmer, plus R35.00 per individual event and R70.00 per team event. Entry fees must be submitted with entries. Cheques to be made payable to Sasol Winter Championships. No refund will be made in the case of scratchings or in the event of incorrectly entering swimmers who have not qualified for the 800m and 1500m Freestyle events. Direct deposits can be made to: Sasol Winter Championships, Absa Bank Sasolburg, Account No. 4049499947, Branch Code: 632005.
7. Clubs may enter two relay teams per event. Both teams will score points as set out in rule 3 above. Swimmers of a younger age group may participate in an older age group. Combined teams will not be allowed to take part in relay events. Please note that Events 110 & 111 (Ladder Relays) will be swum in ages: 10 & under, 11-12, 13-14 & 15-16.
8. Names and/or changes for relay teams to be submitted by 12h00 on the day of the relay.





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9. The closing date for entries is Friday 17th June 2016. Late entries for both individual and relay events will only be accepted the previous day, provided there are lanes available. The entry fee for all late entries will be R30.00 for swimmers not already registered plus R80.00 per event and R140.00 for relay events. The No Show penalty for the morning heats has been scrapped but a no show in the afternoon final will be penalised with R200.00.
10. Junior Swimmers in Senior Events:
Junior swimmers are not eligible to come into consideration for the Senior Aggregate Trophies. Points scored in senior events by juniors will be transferred to the junior section.
All long distance events marked 12 & over will be broken up into two age groups – 12-16 and 17 & over.
11. A responsible club official must certify that swimmers are entered in the correct age group. The swimmers best recorded time for the 2015/2016 swimming season must also be submitted.
12. a. Only the team manager may notify the organisers of scratching.
b. Scratching will only be accepted on the official scratching forms provided.
c. Scratching after the start of finals: R200.00 fine will be levied.
d. Scratching from the afternoon final events, to be handed in to the office 30 minutes after the posting of the results for the particular race. A penalty of R200.00 will be levied for a No Show in the Finals.
e. A medical certificate or other reason acceptable to the Appeal Committee appointed by the Organising Committee, will overrule paragraphs c and d mentioned above.
13. Please note that there are qualifying times for the 800m and 1500m Freestyle events. Swimmers who do not submit times will not be permitted to swim in these two events. No refund of entry fees will be given.
14. In case of a dispute, the decision of the referee and the organising committee will be final. No video camera recording of an event will be permitted to be used in the case of an appeal against a disqualification.
15. All swimmers must be registered two weeks prior to the championships. SSA registration numbers are required.
16. Heat pumps will be left on during the tournament.
All events will be circle seeded in the heats, but will be contested in Age Groups in the finals.



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Entries to be submitted to

Mrs Linda Barnard
Sasol Winter Championships
P O Box 1277
Sasolburg 1947

086 500 1177
082 781 5523
mwhlhbar@mweb.co.za

Fax
Cell No
E-mail

17. **Please note:** The pool area, grand stand and cloakrooms are smoke free areas. However behind the officials, up on the grass bank smoking is permitted.
18. Due to the fact that we accept late entries and scratching, programs will be available at the entrance for R20-00 for the morning program and R20-00 for the finals program.
19. Due to technology all results will be available on *Meetmobile* immediately.





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Entry Fees:
 Registration Fee per Swimmer R30.00
 Individual Events R35.00

Certified True and Correct: _____
 Authorised Club / Association Official

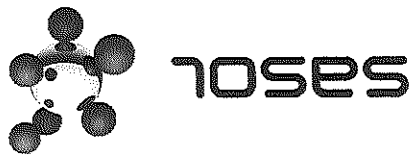
Registration Fee
 Amount Due R30.00

Date	Event No.	Event Description	Time	Fee

Surname _____
 Club name _____
 SSA Reg. No. _____
 Address _____

 FIRST Name _____
 Province _____
 Date of Birth _____
 Tel. No. _____

Sasol National Winter Swimming Championships
Penny Heyns Pool Sasolburg: 27 June 2016 to 2 July 2016





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Please return this form together with your entries.
 Thank you for your support

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Name	Preferred Duty	Qualified Yes/ No												

Name Of Club: _____
 Officials List

Sasol National Winter Swimming Championships



Accommodation List

School Hostels:
 *Technical High School Sasolburg
 *William Loubser Hostel
 *Sasolburg High School
 Fakkel School

Mr Matthysen 016 976 8224
 Mr Venter 016 976 5679
 Mrs Elize d Toit 073 333 5953
 Mr van der Merwe 016 976 8950
 Or Mr Nel

Hotels :
 *Indaba Hotel
 *Emerald Casino & Safari Resort
 (App. 15km from Sasolburg)
 *Riverside Sun
 (App. 10km from Sasolburg)
 *Riviera International
 (App. 27km from Sasolburg)
Other:
 Abrahamstrust (Chalets & Park Homes)
 (Also Caravan Park)
 Sasolburg Technical College
 (Guest Flats)
 *Tropicana – Selfcatering

Sasolburg 016 971 2222
 Sasolburg 016 976 0829
 Vanderbijlpark 016 932 1466/7

Guest Houses:
 *Casa Mia
 *Caesars Guesthouse
 *Eikeaan
 *Kantikani
 *Loesthof
 *Morari
 Villa Verde
 Mignon's B & B
 Pavilion Inn
 Vaal View Lodge
 Waters Edge (Approx. 50 kms)
 Hlasekani (Approx. 50 kms)
 Rose Lodge (Approx. 50 kms)
 Anchor Creek (Approx. 50 kms)
 Sasolburg 016 976 7125
 Sasolburg 016 976 6333
 Sasolburg 016 976 3941
 Sasolburg 016 976 4890
 Sasolburg 016 976 1715
 Sasolburg 016 976 2912
 Sasolburg 016 976 3498
 Sasolburg 016 976 6334/0825682063
 Vaalpark 016 971 2790
 Vaalpark 016 971 1418
 Deneyville 016 371 1217
 Deneyville 016 371 1305
 Deneyville 016 371 1401
 Deneyville 016 371 2029

Note: The Last 5 Guest Houses are on the banks of the Vaaldam.

*Good accommodation / reasonable tariff.

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Monday 27 June 2016		Thursday 30 June 2016							
101	Ladies	12 & Over	1500m	Freestyle	401	Ladies	All	100m	Backstroke
102	Men	12 & Over	1500m	Freestyle	402	Men	All	100m	Backstroke
103	Ladies	All	50m	Butterfly	403	Ladies	All	200m	Breaststroke
104	Men	All	50m	Butterfly	404	Men	All	200m	Breaststroke
105	Ladies	All	200m	Freestyle	405	Men	12 & Over	400m	Ind Medley
106	Men	All	200m	Freestyle	406	Ladies	13 - 14 Yrs	4 x 50m	IM Relay
107	Ladies	12 & Over	400m	Ind Medley	407	Men	13 - 14 Yrs	4 x 50m	IM Relay
108	Ladies	11-12 Yrs	4 x 50m	IM Relay	408	Ladies	11 - 12 Yrs	4 x 50m	Free Relay
109	Men	11-12 Yrs	4 x 50m	IM Relay	409	Men	11 - 12 Yrs	4 x 50m	Free Relay
110	Ladies	16 & U	4 x 50m	Ladder Relay					
111	Men	16 & U	4 x 50m	Ladder Relay					
Tuesday 28 June 2016		Friday 1 July 2016							
201	Ladies	12 & Over	400m	Freestyle	501	Ladies	All	200m	Backstroke
202	Men	12 & Over	400m	Freestyle	502	Men	All	200m	Backstroke
203	Ladies	All	50m	Backstroke	503	Ladies	All	50m	Freestyle
204	Men	All	50m	Backstroke	504	Men	All	50m	Freestyle
205	Ladies	All	200m	Ind Medley	505	Ladies	All	100m	Breaststroke
206	Men	All	200m	Ind Medley	506	Men	All	100m	Breaststroke
207	Ladies	15-16 Yrs	4 x 50m	Free Relay	507	Ladies	13-14 Yrs	4 x 50m	Free Relay
208	Men	15-16 Yrs	4 x 50m	Free Relay	508	Men	13-14 Yrs	4 x 50m	Free Relay
209	Ladies	17 & O	4 x 50m	IM Relay	509	Ladies	10 & U	4 x 50m	IM Relay
510	Men	10 & U	4 x 50m	IM Relay					
Wednesday 29 June 2016		Saturday 2 July 2016							
301	Ladies	12 & Over	800m	Freestyle	601	Ladies	All	100m	Freestyle
302	Men	12 & Over	800m	Freestyle	602	Men	All	100m	Freestyle
303	Ladies	All	50m	Breaststroke	603	Ladies	All	100m	Butterfly
304	Men	All	50m	Breaststroke	604	Men	All	100m	Butterfly
305	Ladies	All	200m	Butterfly	605	Ladies	17 & O	4 x 50m	Free Relay
306	Men	All	200m	Butterfly	606	Men	17 & O	4 x 50m	Free Relay
307	Ladies	10 & U	4 x 50m	Free Relay	607	Ladies	15-16 Yrs	4 x 50m	IM Relay
308	Men	10 & U	4 x 50m	Free Relay	608	Men	15-16 Yrs	4 x 50m	IM Relay
309	Men	17 & O	4 x 50m	IM Relay					

Programme



SASOL