

**SA NATIONAL SCHOOLS SCHOOL SPORT NATIONAL CHAMPIONSHIP  
MANUAL**



**A PROGRAMME OF THE DEPARTMENTS OF SPORT AND RECREATION  
AND BASIC EDUCATION**

## **ABBREVIATIONS**

1. ASA	Athletics South Africa
2. BSA	Basketball South Africa
3. CdM	Chef de Mission
4. CHESSA	Chess South Africa
5. CSA	Cricket South Africa
6. DEAFSA	Deaf Sport Federation of South Africa
7. DSR	Department of Sports and Recreation
8. DBE	Department of Basic Education
9. JSA	Jukskei South Africa
10. SAHF	South Africa Hockey Federation
11. NF	National Federation
12. JNTT	National Organizing Committee
13. NSA	Netball South Africa
14. PAS	Provincial Academies of Sport
15. PF	Provincial Federation
16. IG	Indigenous Games
17. PTM	Provincial Team Management
18. SAGF	South African Gymnastics Federation
19. SAFA	South African Football Association
20. SAID	South African Institute for Drugs Free Sport
21. SASAII	South African Sport for the Intellectually Impaired
22. SARU	South African Rugby Union
23. SASAPD	South African Sports Association for Physical Disabled
24. SASCOC	South African Sport Confederation and Olympic Committee
25. SATTB	South African Table Tennis Board
26. SRSA	Sports and Recreation South Africa
27. SSA	Swimming South Africa
28. TSA	Tennis South Africa
29. VSA	Volleyball South Africa

## DEFINITIONS

1. **SA School Sport National Championship**, is a National multi-sports competition aimed at promoting school sport among learners within the school environment
2. **Host Province / City**, the province or city awarded to host the **SA School Sport National Championship** for that year.
3. **Technical Official**, personnel designated to officiate during the **School Sport National Championship**.
4. **National Organizing Committee**, [JNTT], personnel persons designated to ensure that organizational arrangements are met to ensure that the championship deliver the event as expected
5. **Local Organizing Committee Sport Technical Committee [LOCSTC]**, personnel appointed by the sport codes and disability sport structure to ensure that all technical requirements are met to ensure that the championship deliver the event as expected
6. **Code Competition Manager, a person who is** designated to ensure that the respective code competitions technical rules, regulations and program are applied in accordance with the National/International standards during the competition period of the championship

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## **SECTION A: GENERAL RULES AND REGULATIONS**

### **1. INTRODUCTION**

The historic gathering of school learners for the South African School Sport National Championship took place in the City of Tshwane, Gauteng from 10 – 15 December 2012, to showcase their talent and skills which marked a new era for South African Sport, the birth of the “**Future Stars**”.

The SA School Sport National Championship are presented (as a sound mechanism geared) to producing future world-class sports stars, and as a programme that is set to revive the fading sporting spirit and culture among young people. It is through these championships that aspiring school learners of South Africa from all nine political provinces are afforded an opportunity to participate in a multi-coded event and to showcase their talent and sporting skills.

In recognition of the need for a holistic, sustainable and integrated sport development programme that seeks to nurture talent, Sport and Recreation South Africa as the major funder in partnership with the Department of Basic Education, Provincial Departments of Sport and Recreation, Provincial Departments of Basic Education, National Sport Federations and Schools Sport Code Structures as well as the other public institutions and the private sector have embarked on a process of ensuring proper development and implementation of the programme. Fundamental to the programme is the linkage and integration with programmes of the Provincial Academies of Sport. Furthermore, the core to the development and implementation of the championship has been to ensure full integration of sports for athletes with disabilities and sports in general.

## **2. ORGANIZATION OF THE CHAMPIONSHIPS**

- a) The organization of the SA School Sport National Championship is awarded by the SRSA through JNTT to the host province and city.
- b) The National Organizing Committee (JNTT) for the SA Schools Sport Championship shall be responsible for the technical, material preparation, the organization of all sporting and cultural events on the programme of the championship.
- c) The Headquarters of the JNTT shall be located in the SRSA offices.
- d) The JNTT shall take full responsibility of coordination for accommodation, meals, refreshments, facilities, equipment and all other related functions for athletes, coaches, managers and officials during the championship. This will be done in accordance with accreditation information.
- e) Accommodation will be reserved for competitors and their accompanying officials. The championship accommodation will be opened on the day of the opening ceremony of the championship. Teams will depart on the following day after the closing ceremony.

## **3. COMPLAINTS, PROTESTS, DISPUTES, APPEALS AND DISCIPLINE**

### **3.1. Operational Processes**

- a) The spirit of the Olympic Charter shall govern the organization of the SA School Sport National Championship.
- b) JNTT, shall by virtue of its being the Supreme Authority of the Games, be empowered to settle all non-technical disputes on close corporation with the EJNTT and LOC Sport Technical Committee.
- c) The Protests and Appeals Committee set up by JNTT on its behalf for supervision of the conduct of the SA School Sport National Championship may disqualify any competitor who violates the set rules and regulations and shall forfeit all the rights and prizes won earlier or even expel the sport code or the entire provincial team from the championship including the accommodation reserved for the sport code or province if their behavior is deemed to be putting the championship in danger/risks.

- d) Should the provincial team in which the competitor is a member be found guilty of connivance to such violation, the team represented by the competitor shall be disqualified from the sports in question.
- e) A non refundable fee of R 1000 is payable by the complainant for lodging each complaint or protest. All appeals are to be submitted in writing, by Chef de Mission or Deputy Chef de Mission in writing to the Chairperson of the JNTT within one (1) hours after the ruling on the complaint handled by the disciplinary committee.
- f) The Sports Code Protests Committee shall settle all disputes relating to Sports Rules.
- g) Each National School Sport Code Committee in partnership with National Sport Code Federation must submit in writing two months prior to the championship the names of members of the Code Sport Protest (3 member each) Committee to the JNTT.
- h) SA School Sport National Championship Appeals Committee (3 members appointed by the JNTT), this committee shall settle all non-technical disputes relating to the Games.
- i) The SA School Sport National Championship Appeals Committee (3 members appointed by the JNTT) is the final authoritative body of the SA School Sport National Championship.

### **3.2. Appeal procedures**

An appeal may be heard only if there are sufficient grounds for appeal; these may be described as follows:

- a) The Sport Code Specific Committee was biased or perceived to be biased against the individual or team
- b) New information has become available since the original protest/interpretation decision which has a significant bearing on the decision
- c) The Sport Code Specific Committee's decision was beyond its authority



### **3.3. Sitting of the Appeal Committee**

The Appeals Committee will convene to review the notice of appeal and reason for the appeal and decide if there are sufficient grounds for an appeal. Should there be insufficient ground for appeal; the Committee will inform the Appellant in writing and stating the reasons thereof. Should there be sufficient grounds for an appeal; a hearing shall be held in accordance with the following procedures:

- a) The Appellant and respondent shall be given written notice of the day, time and place of hearing.
- b) A representative may accompany both the appellant and respondent.
- c) The Committee may request that any other individuals participate and give evidence during the hearing.
- d) Not more than one (1) hour after the conclusion of the hearing, the protests and appeals committee shall have the authority to uphold the Protests and Appeals Committee's decision, to reverse the decision and to modify any of the Games results impacted by the decision.
- e) Athletes, coaches, managers and officials at the SA School Sport National Championship will abide by the rules and regulations provided by the JNTT. Provincial Team Management is responsible for athlete conduct and discipline.

## **4. ORGANIZATION OF COMPETITION**

- 4.1. Competitions in the SA Schools Sport National Championship events officially entered on the programme shall be organized pursuant to the rules of the International Sports Federations and National Federation concerned.
- 4.2. National School Sport Code Committee in partnership with their Provincial counterparts shall appoint the Technical Officials for the Championship.
- 4.3. National School Sport Code Committee in partnership with the National Federation concerned shall appoint a Championship Competition Committee of not more than five (5) members who will be responsible among others:

- Event scheduling
- Results system
- Competition protocol and procedures
- Facility requirements
- Equipments requirements
- Final facility inspection and signing off
- Sign-off of provincial standings

## **5. ORGANIZATION OF SPORT EVENT**

- 5.1. An individual event may only be organized in a given sport on condition that at least six (6) competitors from six (6) different provinces undertake to participate in the sport in question.
- 5.2. A team event may only be organized in a given sport on condition that at least six (6) participating teams from six (6) different provinces undertake to participate in the sport under consideration.
- 5.3. Should the number prescribed above not be met, the event in question may be organized outside official competition, **on NON-SCORING BASIS.**

## **6. COMPOSITION OF PROVINCIAL TEAMS**

- 6.1 The guidelines for acceptable team composition and individual code representation shall be 50% participants from the historically disadvantaged sector (blacks). This guideline is applicable to athletes, coaches and team management. In addition, team management shall have fair representation of women and people with disabilities.
- 6.2 The names of the selected teams shall be communicated to the Organizing Committee of the SA School Sport National Championship ten (10) weeks prior to the commencement of the Games.
- 6.3 Provincial team entries should include General Team Management (GTM) for the following portfolios:

<b>POSITION</b>	<b>NO OF PEOPLE</b>	<b>NOTES</b>
<b>Chef de Mission</b>	1	Overall management of the TEAM
<b>Deputy Chef de Mission</b>	2	Assist Chef de Mission One of the two should be a woman
<b>General Managers</b>	5	Assistance to the Chef De Mission on the overall Management of the TEAM Able body [1 person] SASA-II: schools [1 person] SASAPD: schools [1 person] SA DEAF SPORT: schools [1 person] MMH: schools [1 person]
<b>Medical Staff for provision of the championship</b>	22	As per provincial team requirements, includes chief medical doctor and physiotherapists.
<b>Transport Coordinators</b>	5	Oversee all transport logistics for the team. [Each Disability sector will be represented by one person to see to the needs of the Disability Learners]
<b>Accommodation Coordinator</b>	5	Oversee all accommodation logistics for the team. [Each Disability sector will be represented by one person to see to the needs of the Disability Learners]
<b>Meals and refreshments Coordinator</b>	5	Oversee the coordination for all meals and refreshments for the team.
<b>Sign Language Officers</b>	2	Provide sign language services
<b>Qualified classifier 1</b>	3	Assist with the assessment and management of athletes with disabilities [Each Disability sector will be represented by one person to see to the needs of the Disability Learners]
<b>Secretariat</b>	2	Assist with the administration and secretariat of the provincial team.
<b>TOTAL</b>	<b>52</b>	

## **7. SELECTION OF PROVINCIAL TEAM**

- 7.1 Each provincial team shall be selected at the competition agreed upon at the provincial forum. The selection process will start at the lowest level possible i.e. Community, Circuit, Cluster, Region, District and Provincial level. Each province shall present one team per sport code.
- 7.2 All provinces shall establish the Provincial Forum. The Provincial Forum shall be a consultation and coordinating body comprising of all relevant

stakeholders as listed in the Technical Rules and Regulations. The forum shall establish a Team Selection Committee as outlined in the Technical Rules and Regulations.

- 7.3 Each province shall establish a selection committee responsible for the overall monitoring and compliance with set rules.
- 7.4 The committee shall ensure that the selection committee responsible for the overall monitoring and compliance with the set rules.
- 7.5 The committee shall be responsible for managing all protests and appeals related to selection process within the province.
- 7.6 The committee shall be established in accordance with the above principle of representation.
- 7.7 The members of the committee shall be elected through the provincial forums.
- 7.8 The SPORT CODE selection committee shall comprise of:
  - One members nominated by the participating provincial federations.
  - One member nominated by the provincial school sport code
  - One member from each of the sport for athletes with disabilities provided they will participate in that particular sport code.
  - Representative from Provincial Academy of Sports.
- 7.9 The Provincial Joint Task Team [PJTT] shall be responsible for the overall coordination, management and delivery of the team and shall avail all the necessary resources and support for the selection, preparation and delivery of the teams.
- 7.10 The Provincial School Sport Code Committee in partnership with Provincial Sport Federation shall provide all necessary services in preparing the teams
- 7.11 The official Provincial colors must be worn. The Provinces shall register their official colors with the JNTT five (5) months prior the games. In the event that team uniform colors are similar and may cause confusion, the designated “home” team must be prepared to change into an alternate set of uniforms.

## **8. SELECTION OF COACHES**

8.1. The Provincial School Sport Code structure in consultation with the Provincial Sport Federation shall appoint a Provincial Team Coach to lead the Province Team.

## **9. SELECTION OF CODE MANAGERS**

9.1. The Provincial School Sport Code structure shall appoint code managers who are trained and expected to take charge of the team management.

9.2. Managers who have managed teams or athletes at National level are expected to mentor those selected as Team Management.

## **10. ENGAGEMENT OF PRINCIPLES**

10.1. All the provinces have through JNTT and MINMEC committed to participate in the SA School Sport national Championship.

**10.2. Entry by Code** is the confirmation by a province to participate in a given sport event/s and should reach the JNTT not later than **28 August 2014**.

**10.3. Final entry by name** shall be the confirmation by the province to participate in a given sport accompanied by the final list with names of the competitors in the various events of the sport concerned. Final entry by name should reach the JNTT by not later than **17 October 2014**.

10.4. No new entry/ies or any alternation shall be considered once the final entry has been deposited, unless case of illness or injury which must be qualified/supported by the medical certificate.

## **11. PRIZES AND AWARDS**

The SA School Sport National Championship shall award medals for

Winners as follows:

### **11.1. Individual Events**

<b>PLACES</b>	<b>MEDALS</b>	<b>POINTS ALLOCATION</b>
1 <sup>ST</sup>	1 GOLD	3
2 <sup>ND</sup>	1 SILVER	2
3 <sup>RD</sup>	1 BRONZE	1

### **11.2. Team Events**

- Each player or member of team shall be awarded the prizes in accordance with the gold, silver and bronze point's allocation referred to above and in accordance with the placement of his / her team.

### **11.3. Overall Winners Results**

- The overall winning province will be awarded the floating trophy on the basis of total highest points scored as a result of the medals won.

11.4. Medals shall be awarded after each final in a ceremony similar to the Olympic victory ceremony.

## **12. ACCOMMODATION**

- a) The JNTT shall be responsible for provision of all Code Competition Committees, JNTT, Technical Officials and Volunteers on duty during the duration of the National Championship.

## **13. TRANSPORT DURING THE CHAMPIONSHIP**

13.1. Each Province will be responsible to transport all officially appointed Code Competition Committees and Technical Officials members coming from provinces to the SA School Sport National Championship.

13.2. The National School Sport Code Committees in consultation with the National Federations must supply to the JNTT eight weeks before the opening of the championship the list of officially appointed Code Competition Committee members and Technical Officials who will be doing duty at the SA National Schools Championship with their exact addresses and Districts Municipality location in order to make necessary travel arrangements.

## **14. PUBLICATIONS**

- 14.1. The JNTT shall publish in English all documents necessary for the proper conduct of the Games:
- General rules and regulations
  - Technical rules
  - Programme

- Participants' guide
- Media guide
- Medical guide

## **15. MEDICAL SERVICES**

15.1. The National Organizing Committee of the SA Schools Sport National Championship shall provide free medical services during the period of the Championship to members participating in the event. This commitment excludes

- Medical operations/surgery
- Hospitalization
- Medical transportation from local hospital to the patient home hospital
- Physicians services
- Physiotherapy follow-up services
- Follow-up check ups

15.2. For purposes of proper coordination, Physicians, Physiotherapists and or Doctors from Provincial delegations shall work in close cooperation with the JNTT Medical Commission.

## **16. ANTI DOPING CONTROL**

16.1 Test for banned substances shall be administered during the period of the Championship. These control exercises shall be placed under the supervision of the SAIDS.

16.2 All participating athletes shall be subjected to scheduled and/or unscheduled in and out of competition testing during the period leading to and during the Championships. The testing shall be done in consultation with Chef de Mission and the Provincial Government Officials responsible for the provincial teams.

16.3 The result therefore must be communicated to the parties concerned after ensuring that the appropriate procedures have been respected before briefing the media, if need be.

## **17. PROVINCIAL TEAM ATTACHE**

- 17.1. For purpose of proper coordination and liaison with the SA Schools Sport National Championship JNTT, each province shall be allocated an attaché by the JNTT.
- 17.2. The Attaché shall assist the Province on all matters of assistance relating to the competition and work closely with the Chef de Mission
- 17.3. The Attaché shall study in cooperation with the SA School Sport National Championship officials, all problems relating to overall organization and sport competitions on which the views or the effective participation of participating province are required.

## **18. PROTOCOL**

- 18.1. In order to facilitate the welcoming of delegations, each province shall communicate to JNTT, (30) thirty days prior to departure, the following information:
  - The date, time of arrival and the route to be used
  - Number of persons in the contingent, number of buses and cars being used
  - Names of the leader of the delegation and contact details
- 18.2. The JNTT shall publish for the benefit of delegations, a handbook on the opening and closing ceremonies of the championship.
- 18.3. Names, Surnames, designations of VIP` s who will be attending the Championship. This information should be contain in an official letter head and signed by the HOD of the Sport and Education Departments.

## **19. ACCREDITATION**

- 19.1. Accreditation shall be the official verification note by which the JNTT recognizes a participant at the Championship.
- 19.2. Various categories of accreditation shall be created which will afford certain access limitation and allowances in keeping with responsibilities that are to be performed by persons falling within different categories.



19.3. For that purpose, JNTT shall provide person who fall under the categories below with accreditation cards, the color of which will determine the rank and privilege of its bearer.

**CATEGORY A**

- i. Cabinet Minister
- ii. Members of the National Portfolio Committee
- iii. Director General
- iv. MECs
- v. Members of the provincial legislature
- vi. Leaders of delegations (chef de mission)
- vii. Members of SASCO
- viii. Members of National Federations
- ix. Members of National School Sport Structures
- x. Other invited dignitaries
- xi. Executive Mayors
- xii. Local Government Councilors
- xiii. Sponsors

**CATEGORY B**

- i. Accompanying persons of Cabinet Ministers and MEC's
- ii. Senior Government Officials
- iii. CEO's of National Federations
- iv. Presidents of Provincial Federations JNTT
- v. Members of JNTT
- vi. Members of the PJTT

**CATEGORY C**

- i. SA Games Attaches
- ii. Doctors and Medical Personnel
- iii. Members of the Technical Officials
- iv. Safety and Security Personnel

#### **CATEGORY D**

- i. Athletes
- ii. Coaches
- iii. Code Managers
- iv. General Team Manager
- v. Support Staff

#### **CATEGORY E**

Media Professionals (Journalists, Photographers, Cameramen)

#### **CATEGORY F**

Contractors and suppliers

- 19.4. On registration, verification documents, indemnity forms and a medical form (certificate) must be submitted.

### **20. SPONSORSHIPS, COMMERCIAL MARKINGS AND MERCHANDISING**

- 20.1. The SRSA as the principle authority of the Championship through JNTT must be informed on the sponsorship deals entered into by the provinces to ensure that there is no conflict with national sponsorship. The SA School Sport LOGO may only be used with the SRSA approval through JNTT and EJNTT.
- 20.2. Provinces may source sponsorship for provincial activities and competitions but SRSA through JNTT should give consent.
- 20.3. Only manufacture's name or trademark is allowed on competitor's equipment uniform, bags and headgear, also applicable to officials.
- 20.4. Tobacco, brewers and distillers companies' sponsorship is not allowed.
- 20.5. Any kind of commercial mark (name or logo) on all items or equipment shall be in the same form as on products sold to the public.
- 20.6. Competitors equipment may only bear the manufacturers name or trademark in line with NF's rules and commercially available to the public. Should the NF's rules not cover specifications on size, then the corporate mark should cover no more than 10% of the total surface.

- 20.7. Equipment at specific sport competition venues (hurdles, mats, etc) must conform to NF's rules. In general, the equipment may only bear the manufacture's marking.
- 20.8. The provincial team may place non-commercial marks on ceremonial uniforms. Non-commercial marks may take the form of the name of the province complete with the logo of SA School Sport and provincial emblem.
- 20.9. In addition the uniform may bear the name or logo, emblem or name of the garment manufacturer. All representatives from the respective province will be considered part of the Provincial Team, i.e. coaches, managers, and athletes.
- 20.10. The provincial teams will be allowed to present two (2) corporate sponsors per Walk out uniform in addition to the emblem or name of the garment manufacturer. All representatives from the respective province will be considered part of the Provincial Team, i.e. coaches, managers, and athletes.
- 20.11. Corporate sponsors and manufacture's trademarks will be allowed on both the jacket (top) and pants (bottom) of walk out uniform provided they don't exceed 60 mm<sup>2</sup>.
- 20.12. All provincial team clothing shall have the SA School Sport LOGO on the left side of all official clothing for the championship.
- 20.13. Provincial walk out uniforms must be in line to provincial colors.
- 20.14. The total surface area of all manufacturers and or provincial team markings (combines) shall not exceed 120mm<sup>2</sup>.
- 20.15. Provincial teams may negotiate up to two (2) non-conflicting sponsorship packages for team sport bags.
- 20.16. The total size of the sponsors' logo may not exceed a total of 200mm per team bag. Each cooperate name or trademark logo may not exceed 200mm<sup>2</sup>.
- 20.17. Each bag may contain one (1) name or trademark logos or names of the manufacturer.
- 20.18. Competition headgear may only carry the trademark logos or names of the manufacturer

20.19. The SRSA through JNTT will be final authority in approving corporate sponsor name or logo's on equipment, team uniforms, hats and handbags. Provincial teams must request approval of all corporate sponsors, in writing from SRSA, prior to finalizing any corporate sponsorship programs. The SRSA will not unduly withhold such approval, and will grant written approval with two (2) weeks of receipt of the written request, provided no conflict exists between a corporate sponsor of the SA School Sport National Championship and provincial sponsor.

## **21. SANCTIONS**

21.1. Penalties for the violations of SA School Sport National Championship Sponsorship policy will be in accordance with the Goals of SA School Sport. The following procedures will be followed at the National Championship if violations are noted:

- (a) Officiating officials are to enforce the SA School Sport Sponsorship Policy and duly inform the SA School Sport National Championship Marketing and Communication Director should an infraction take place.
- (b) Should the infraction be prior to competition commencing, the athlete will be notified and given an opportunity of complying prior the commencement of competition.

## **22. MEDIA**

22.1. Only SRSA and the JNTT through JNTT may pronounce or make public statements regarding the overall SA School Sport National Championship Program.

22.2. Only the Host Province and / City and JNTT through JNTT may make public statements regarding the organization (logistical preparation) of the championship either than the SRSA.

22.3. National Federations and School Sport Code may only make public statements comments and or pronouncements on their sport specific issues through the JNTT.

- 22.4. Provincial Departments through the PJTT may only make statements comments and or pronouncements on their respective provincial activities and teams through.
- 22.5. Provincial Federations and the School Sport Structures through PJTT may only make public statements, comments and or pronouncements on their respective provincial teams.
- 22.6. Cases not provided for in the General Rules and Regulations shall be settled by the SRSA, JNTT and Chairperson of the JNTT through the Appeal and Protest Committee.

### **23. PENALTY FOR DEFAULTING**

- 23.1. Any province not adhering to the above participation conditions will have that particular code participants/sport code/entire provincial disqualified to participate at the championship.

### **24. ROLE OF PROVINCIAL DEPARTMENTS**

Provincial departments are required to:

- 24.1. Provide elimination competitions that will lead to the selection of best performing school, i.e. present a provincial team as per technical guidelines.
- 24.2. Provide support for all team preparations, including training and departure camps.
- 24.3. Take responsibility for Team presentation, e.g. competition and ceremonial attire.
- 24.4. Provide Provincial teams transport to games, during games and return to province
- 24.5. Provide Provincial teams' accommodation during the Games.
- 24.6. Provide Technical officials transport to the games and return to province.
- 24.7. Ensure registration of all provincial teams representing the province at the championship including participants consent forms.
- 24.8. Adherence to all statutory safety requirements relating to sporting events, transport and related activities that will be undertaken.

24.9. Ensure that all participants have a signed parental consent form, to be submitted to the JNTT.

## **25. ROLE OF THE JOINT NATIONAL TASK TEAM**

The JNTT shall:

25.1. Prepare all competition venues as prescribed by the National Federation.

25.2. Ensure compliance with Safety at Sport and Recreation Acts prescripts are adhered to. In this regard;

- (a) The JNTT will ensure the establishment of a JOC and VOC.
- (b) Ensure that all venues used for competitions have relevant public liability cover in place.
- (c) The JNTT will ensure that medical personnel are on site at all sporting venues that are being used. In cases of emergencies, the medical team will determine the extent and refer individuals to nearby hospitals. An ambulance will be provided for this purpose by the JNTT.
- (d) Participants that have medical aid services will / can be sent to nearby private hospitals.
- (e) Participants that do not have medical aid will be referred to a nearby public hospital.
- (f) Provide logistical support services such as, medical support, security services, and lunch meals during competition days etc

## **26. ROLE OF SPORT CODES**

The programme is delivered as a partnership between school sport codes structures (nationally and provincially) and federations (nationally and provincially). In this regard, provinces vary with regards to the strength or presence of either of these structures in respective provinces, hence the need for a partnership.

### **26.1. National Structures**

- a. The National structures are responsible for determining the strategic direction and purpose of the programme.

- b. The National structures will therefore determine age categories, team sizes and technical rules and regulations that will govern the programme.
- c. The National structures will interact with JNTT through (JNTT) regarding all technical aspects of the programme.
- d. The National structures are responsible for the talent identification and development strategy of talented athletes identified through the programme at the National Competition.

#### **26.2. Structures within the Province (provincial, regional and local structures)**

- a. These structures are responsible for the implementation of the National strategic directives.
- b. Team selection of athletes, managers and coaches, i.e. create competitions to select teams from teams participating in the local leagues so as to compete at district and provincial level where teams will be selected to represent province at national championship. The process includes selection of coaches and managers for the teams. Unless otherwise stated on the maximum numbers allocated or technical rules provided by the respective sport code.
- c. Selection of teams for athletes with disability (LSEN). All teams for athletes with disability are selected teams and NOT school teams.

#### **27. TEAM APPAREL AND COLORS**

- 27.1. All team apparel shall have the SA School Sport LOGO branded on the left side of all apparels.
- 27.2. To ensure uniformity, teams will be awarded provincial colors for their ceremonial or walk out attire.
- 27.3. Competition wear shall be in accordance with Sport Code regulations. Teams must have at least 2 playing kits that have contrasting colors to avoid clashes in colors during competition (inverse dominant colors.)
- 27.4. The JNTT will provide complementary attire to all technical officials as a sign of gratitude. Sport codes will inform technical officials of the

officiating attire that must be used. For instructions on technical officials officiating attire, refer to the respective sport code section.

- 27.5. For any branding other than government coat of arms, sport code (federation or school sport code) all stakeholders must submit a written request to SRSA through JNTT for approval of that sponsorship and the associated branding on promotional material to ensure that there is no conflict of interest.

**28. PERMISSIBLE VERIFICATION DOCUMENTS FOR PLAYERS, TECHNICAL OFFICIALS AND ELIGIBILITY FOR REGISTRATION AND PARTICIPATION ARE:**

- 28.1. Green identity document, Passport (scholars that are not SA citizens are eligible to participate at the finals as long as they are full time scholars in RSA) and certified digital copy of birth certificate plus and affidavit from SAPS signed by the school Principal, Chairperson of the SGB and Team Manager shall be accepted as legitimate document for accreditation of all players.
- 28.2. If a copy, it must bear a recent ID size photo, certified and must be laminated
- 28.3. Only players with valid accreditation and who passed the scrutiny process may play in the competition
- 28.4. If any discrepancies are detected, the Organizing Committee shall act against the offending team and decide the consequences that such a violation will have on the rest of the competition. The Organizing Committee will then forward the file to the Disciplinary Committee
- 28.5. All officiating staff (technical officials, talent selectors, tournament administrators, etc) must be registered by the sport code. Registration forms for this purpose are available on the SRSA website.



**SECTION B: SCHOOL SPORT NATIONAL CHAMPIONSHIP  
SPORT CODE TECHNICAL RULES AND REGULATIONS**

**1. BASKETBALL: Able Body & SASA II**

**1.1. AGE GROUPS**

The following age groups are catered for in the SA Schools Championships:

<b>AGE GROUP</b>	<b>SCHOOL FACE</b>	<b>Born</b>
Under 13	Primary Schools	Born before January 2003
Under 18	High Schools	Born before January 1998
Under 16 (SASA II)	High Schools	Born before January 2000

**1.2. PLAYER IDENTIFICATION DOCUMENT**

- 2Certified copy of Birth Certificate, Unabridged Certificate or Passport with ID photo attached with confirmation of Principal of the school that the photo is of the learner mentioned. NOTE: Applicable to U13 & U16 players ONLY.
- Certified copy of ID document or Passport –. Document to be laminated after the principal has signed and school stamp. NOTE: Only this form of documentation will be accepted for Under 18's
- Provincial and National data base of players will be created so that their identity is captured as they start playing – thus identification is already present and can just be checked at the tournaments
- A team list on the school letterhead with the signatures of the principal and teacher / coach in charge of basketball. The Provincial School Basketball Committee Chairperson and General Secretary to sign off the final Provincial teams to National Championships.
- Players must register on the Basketball SA database.

**1.3. PLAYERS**

- Players must wear ankle socks with their sports shoes.
- The wearing of cycling shorts is prohibited if it is longer than the shorts  
Hair must be neat and tidy with no dangerous objects in the hair.
- Player shirts MUST BE numbered from 00 to 99. The numbers will be plain of a solid color contrasting with the color of the vest and will be 20cm high at the back and 10cm on the front. The numbers will be 2cm wide.
- No player may play in more than one (1) selected team per annum in competitions organized under the auspices of SASBA and Basketball SA. Furthermore no player may play for more than one (1) School team. A player who plays in a school team shall not for the purposes of further competition change teams. Should this clause be contravened, provinces will face the maximum penalty.
- Players must be school going learners
- Should a learner withhold any information regarding her physical condition, medical or otherwise, which could adversely affect her should

an accident (incident) occur at Tournament, the Association, organizers, team management and participants at such a Tournament, shall not be liable for any medical consequences and/or financial implications.

- Girls to play with sports bras if vests are long underarm.

#### **1.4. Technical Teams at SA School National Competitions**

Guidelines for the duties of each official accompanying team:

##### **a. Coach**

- To coach the team to the best of his/her ability
- To give each player equal opportunities
- To select the players for each game
- Must have at least a female assistant or head coach

##### **b. Manager**

- To keep a record of all finances of the players
- To ensure that each player has the correct attire
- To collect and ensure that all indemnity and other forms are handed in and filed
- To ensure that each player has the correct identification
- To have a first aid kit available
- To look after the players at Tournament
- To resolve arising problems during traveling and at tournament.
- Must be GENDER sensitive. E.g. Girls must have a female manager and boys a male manger.

#### **1.5. LEAGUES**

- ALL SCHOOLS are allowed and permitted to register on the leagues.
- All Schools are honor bound to first meet their area, district and provincial Schools Basketball commitments before qualifying to participate in the next level of provincial and national competitions.
- Players in school teams can be selected up until the due date of the team lists for a match of a tournament.
- There is one league structure to qualify for National Tournaments.; SASBA is the entity responsible for such competition. If Schools wish to participate in SASBA activities at any level they should be involved in all programmes related to SASBA.

#### **1.6. PROTOCOL**

- The SASBA Executive Committee will act as mediator in disputes.
- Games will be played according to Official FIBA rules 2014 Play shall take place according to the official rules of FIBA as adopted by Basketball SA and SASBA.

#### **1.7. CODE OF CONDUCT**

The following Code of Conduct will apply:

- Unsportsmanlike conduct or any behavior that could endanger the health, safety or wellbeing of any other attendee will not be allowed.

- b. The use of profanity, abuse or physical threats aimed at any coach, player, official or any other attendee will not be allowed.
- c. Initiate a fight or scuffle with any coach, player, official or any other attendee will not be allowed.
- d. Attend, coach, play or officiate in Schools Basketball whilst under the influence of drugs or alcohol will not be allowed.
- e. Everyone must treat every coach, player, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
- f. Should anyone be found guilty of any of the above transgressions you will face disciplinary hearing which may include but not limited to a suspended sentence or expulsion from all basketball matters

**This Code of Conduct has at its heart SASBA commitment to:**

- Integrity, honesty and transparency
- Service to the school learners of our country,
- The development of sport among our school learners,
- Brotherhood among all South Africans, and
- Accountability to its constituents, the youth, their parents, sponsors and donors.
- The right to enjoy competitive sport in a safe and orderly environment.
- The right to be treated courteously and respectfully.

**1.8. Coaches' Code of Conduct**

- a. Remember that children participate for pleasure and that winning is only part of the fun.
- b. Never ridicule or yell at a child for making a mistake or losing.
- c. Be reasonable in your demands on young players' time, energy and enthusiasm.
- d. Teach your players to follow the rules, not subtle inconsistencies.
- e. Avoid overplaying talented players. The average need and deserve equal time.
- f. Develop team respect for the ability of opponents and for the judgment of officials and opposing coaches.

**1.9. Technical Officials, Table Officials, Team Managers and any Official of Basketball' Code of Conduct**

- a. Compliment and encourage all participants
- b. Be consistent, objective and courteous when making decisions.
- c. Condemn unsporting behavior and promote respect for all opponents.
- d. Emphasize the spirit of the game rather than the errors.
- e. Be a good sport yourself. Actions speak louder than words.
- f. Keep abreast of the latest trends in officiating and knowledge of growth and development of children. Broaden your horizons whenever possible.
- g. Your behavior and comments should be positive and supportive.
- h. Be reliable and punctual at all times.

### **1.10. Players' Code of Conduct**

- a. Play by the rules.
- b. Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- c. Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted.
- d. Work equally hard for yourself and/or your team. Your team's performance will benefit, therefore you will also.
- e. Be a good sport. Applaud all good players whether they are in your team or not.
- f. Treat all players, as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- g. Co-operate with your coach, team mates and opponents. Without them there would be no competition.
- h. Play for the fun of it, and not just to please parents and coaches. Winning is a bonus, not the only goal.

### **1.11. Parents' Code of Conduct**

- a. Remember that children play sport for their enjoyment, not yours.
- b. Encourage children to participate: do not force them to do so
- c. Focus on the child's efforts and performance rather than the winning or losing
- d. Encourage children to participate according to the rules
- e. Never ridicule or yell at a child for making a mistake or losing a game
- f. Remember children learn best by example. Applaud good play by all players
- g. Respect officials' decisions and teach children to do likewise. Never interfere with the game or the officials
- h. Show appreciation to volunteer coaches, officials and administrators. Without them your child could not participate.

### **1.12. TOURNAMENTS**

#### **a. Team Entries**

Team entries must be submitted on the official form and countersigned by the Principal and coach. Any player arriving after the said team has played three matches such player shall not be eligible to participate in the same competition.

#### **b. Replay of Matches**

No match that has been completed may be replayed.

#### **c. Competition**

- Matches shall be played on a round robin basis and in sections.
- In the event of a tie in the log standings:
- During the round robin – the goal average will be taken into consideration.
- During the Schools' Championships a winner must be determined during the match.
- The duration of the matches will be determined by the nature of the competition, the time allocation and the number of teams entered. This will

vary from Tournament to Tournament. The umpires' whistle starts and stops the game.

## **WHEELCHAIR BASKETBALL: RULES OF THE COMPETITION**

### **a. The game**

- Athletes with lower limb physical disability play Wheelchair Basketball in wheelchairs.

### **b. Classification**

- Each athlete is classified according to the member's disability and function ability. This classification is done by the WBSA appointed panel of medical personnel who determines the athlete's classification. Athletes are classified in accordance to severity of disability.
- The classes are assigned as points – 1, 2, 3 & 4 with 0.5 classes between for the exceptional cases which do not fit exactly into one class and the 4.5 category for the player with the least or minimal disability.
- 14 points is the total points of all five players actually playing on court and who are allowed to take the court at a given time.
- More than 14.0 points results in the coach being sanctioned with a technical foul.

### **c. Age categories**

- For the purpose of the SA National School games, athletes who are 19 years of age and under, but limited to a minimum of 12 years of age, may compete in competition

### **d. Competition rules**

- This competition will be officiated in accordance to the 2014 IWBF Current Rules & Regulations, which from time to time may change, determined by the IWBF Executive technical council
- The Official IWBF rules & interpretations can be accessed at <http://www.iwbf.org>

- For the purpose of this competition, the rules are adapted in accordance to WBSA Rules of Completion for U19 Wheelchair Basketball and will comply with:
  - The game will be played in 4 quarters, each consisting of 8 minutes stop time Periods
  - Half time will be 5 minutes and intervals of play two minutes between first and second periods, as well as between third and fourth period and any extra time
  - Should the scores be tied at full time, all extra periods will be played on a Sudden Death playoff – the team first to score, wins
  - Two time outs will be granted in the first half per team and three time outs in the Second half with 1 time out in the Extra Period
  - Size of ball (all girls' games - size 6 ball and all boys games – size 7 ball)
  - Two time outs will be granted in the first half per team and three time outs in the second half, with 1 time out in the Extra Period
  - All athletes will play 1 full quarter each, as this is a development tournament where all athletes will participate in the spirit of the game.
  - All other rules and regulations are in line with WBSA & IWBF Rules of Competition.

**e. Log points will be allocated as follows:**

- Win = 2 points
- Defeat = 1 point
- Forfeit = 0 points
- Where there is two or more teams who qualify with an equal number of log points, position will then be determined by the percentage difference of points for and against

**f. Competition format**

- Determined by the number of teams present and per gender category, Should there be less than 6 provinces in attendance, a round robin format will be played, failing that, two groups of three (3) four (4) teams determine the playing format
- The games will be played in a round robin format in each group in both genders

- At the end of the round robin, the teams placed first and second of group A will play against the teams placed first and second of group B in a crossover playoff  
The losers of the above mentioned crossover will play against each other for position 3 and 4 while the winners will play the finals Position 3 in group A will play position 3 in pool B, this will determine position 5 & 6, and 7 & 8 respectfully

**g. Technical Appeals**

- An appeals committee will be formed by WBSA and will handle all Technical Disputes, with Appeals handled by Basketball SA.

**h. Competition fixtures**

- Final fixtures will be available after team registrations.

**i. Competition attire**

- Each team should be provided with two sets of kit, with one color being significantly darker than the other.
- Two sets of uniform, a light and dark kit, with numbers 4 to 15 back and front.

**j. Technical officials**

- There will be two technical officials allocated per province per gender category.
  - a WBSA graded table official
  - a WBSA graded referee

**k. Team Entry**

- Team entrance should consist of 12 players and 4 management per team, of which 1 management member must be a medical person .

## 2. CHESS: Able Body only

### 2.1. SCOPE

The purpose of this document is to outline the tournament rules as applicable to the 2015. South African National School's Chess Championships

### 2.2. Teams/Age Groups

The official age groups participating at the South African National Schools Championships shall be as follows.

Primary School Teams: U/13 Girls only  
U/13 Open (Mixed)  
Secondary Schools Teams: U/ 15 Girls only  
U/ 15 Open (Mixed)  
U/ 18 Girls only  
U/ 18 Open (Mixed)

### 2.3. Definition of ages

Under 13 – born in or after 2000  
Under 15 – born in or after 1998  
Under 18 – born in or after 1995

### 2.4. Team Composition and Board Order

All teams will comprise of six (6) players plus (1) reserve which mean that the Team total number is seven (7) players. The board order for all teams participating will be fixed in the order they play from round one. Any team found changing the board order will be disqualified for that round.

### 2.5. Reserve Player

The reserve player can be used at anytime during the tournament but will slot in/play at the lowest board (6) and all the players move one board up from board 6. The technical official of that team must inform the Chief Arbiter one hour before the start of the round.

### 2.6. Format

The format for the competition will be Round Robin. The competition will be played over nine (9) rounds. The draws will be published one day before the start of the tournament. The tournament will be played over 5 (Five) days.

### 2.7. Time Control

The time control is 90 minutes per player (90/90) with no increase

### 2.8. Tie Break Systems

The following tiebreak systems in the order given/mentioned below will be used to determine the final positions of the teams;

- a) GAME POINTS ( Total scores of individual players)
- b) DIRECT ENCOUNTER ( The winner of the match between two teams)
- c) MATCH POINTS ( Win, Loss or draw for the team as whole)



## **2.9. General Rules**

- a. The Under 13 /15 &18 age and gender events will be CHESSA rated provided all the names, surnames and date of births are correctly provided.
- b. The playing hall is defined as the physical hall in which play will take place.
- c. The playing venue is defined as the bathrooms, refreshment area and smoking area as well as any other areas defined in the announcements by the chief arbiter.
- d. No player is allowed to leave the playing hall whilst his/her game is in progress without the **arbiter's permission**.
- e. No player will be allowed to consume alcoholic beverages inside the playing venue for the duration of the championship, any player caught drinking any kind of alcoholic beverage or smelling of alcohol will immediately be expelled from the tournament and will not be considered for any further participation
- f. Each provincial team is allowed one manager per team, one coach per team and one technical official per age group.

## **2.10. Arrival Time for Players**

All players traveling to the venue will be allowed 15 minutes grace, all players are required to be seated at least 15 minutes before commencement of the round or as announced by the chief arbiter.

## **2.11. Mobile phones.**

Mobile phones will NOT be allowed inside the playing hall. Any player who brings a mobile phone (or any other unauthorized electronic device) into the playing hall will immediately lose the game by default, please note this applies to spectators as well as officials.

## **2.12. Awarding of titles**

The winning team of the championship will be crowned South African National School champions 2014 and the top three teams in every age & gender team will receive medals.

## **2.13. TECHNICAL RULES / ARBITERS**

- l. The technical officials for the Championship will comprise of the CHIEF ARBITER and floor arbiters to assist. The chief Arbiter must have a minimum National Arbiters accreditation and the floor arbiter's will e required to have a minimum Provincial Arbiters accreditation.
- m. Published pairings and results will only be declared "official" once signed off by the Chief Arbiter; this includes pairings published at the venue.
- n. The Appeals Committee will consist of the chief arbiter and any two officials appointed by the chief arbiter not implicated/ or involved with the appeal, this could include a player with a minimum rating of 1900 and the national code convener/director.
- o. Any player wishing to lodge an appeal against a ruling made by the arbiter must do so; in writing No later than 30 minutes after his/her game has ended. Appeals can only be lodged with the chief arbiter. All other matters will be treated as complaints and will be dealt with by the manager's/tech officials, the appeals committee's finding will be final and binding.

- p. The Championship will be played under the latest official FIDE Laws of Chess at the date of the tournament, a copy of the FIDÉ Laws of Chess will be published in the hall. However, players MUST familiarize themselves with the Laws before the start of the Championships. Ignorance is NOT BLISS!!!
- q. All participants are bound by the Laws of Chess and should behave at all times during the tournaments in accordance with the FIDE statutes and the highest principles of sportsmanship, settling all controversial issues by agreement and in the spirit of FIDE. General complaints will be dealt with by the managers /technical officials and the tournament director and (NOT the arbiters.)
- r. The Chief Arbiter will instruct the players on which side of the board to place the clock. Clocks shall not be moved from the position where it was placed by the arbiters.
- s. Any player, who consistently refuses to abide by the Laws of Chess and/or these tournament rules will be subjected to a disciplinary hearing and may be expelled from the tournament and will not be considered to be part of the team.
- t. The giving, receiving, offering or soliciting of advice, or the consultation of written sources, the tampering with clocks, or any other form of attempt to cheat in a game of chess, will be regarded as a serious violation of chess rules and will be dealt with harshly
- u. Any disabled player who requires the use of an electronic device (e.g. hearing aid) must notify the chief Arbiter before the start of the championships.
- v. A player not able to notate or press the clock (e.g. for religious reasons) MUST inform the Chief arbiter at least 1 hour before the start of a round. The individual must provide a suitable person to perform these duties on his/her behalf. The Chief Arbiter or one of his assistants will then approve such a person and the player may incur a time penalty. IGNORANCE IS NOT BLISS! The onus will be on all players, spectators, visitors and parents to be informed of all rules that apply whether such rules are documented or announced verbally during the event.

### 3. CRICKET: Able and SASAII

#### 3.1. Age categories

- Girls under 18, born in or after 1996 (**winning school**)
- SASA II under 15, born in or after 2000 (**boys only SELECTED TEAM**)
- ABLE-BODIED BOYS U14, Born in or after 2001(**winning school**)

#### 3.2. Competition rules

- a. All matches will be played in the 20/20 format. In the event of rain disruptions the overs may be adjusted in accordance with Internal Playing Conditions. A minimum of 5 overs per side shall constitute a match.
- b. Each bowler may bowl a maximum of 4 overs.
- c. Team with most runs wins.
- d. In event of a tie a super over will be bowled.

- e. Two (2) points for a win and 1 for a no result. Teams that are equal on log are separated by team who won league fixture. If still even run rate measures will be applied.

**3.3. Competition format**

- a. Matches will be played in one competition in the morning and the other in the afternoon.
- b. Teams will play in a league format during the first four days.
- c. On the last day teams may play for places from 1-9.
- d. Because of the uneven number each team will have a bye during the week.

The teams will be seeded as follows:

<b>PROVINCE</b>	<b>SEEDED</b>
Gauteng	1 (3)
Western Cape	2 (5)
Eastern Cape	3 (7)
Kwa-Zulu Natal	4 (6)
Free State	5 (4)
Northern Cape	6 (8)
North West	7 (1)
Mpumalanga	8 (2)
Limpopo	9

**3.4. Technical appeals**

- a. The Appeals Committee shall comprise of the following members: The Tournament Referee, The Umpires Convener, The Tournament Director and the Chairperson of the Local Cricket Organizing Committee.

**3.5. Competition fixture**

- a. All fixtures will be available once teams have registered.

**3.6. Competition attire**

- a. All players will wear white playing pants and shirts. No colored clothing will be permitted.

**3.7. Technical officials**

- a. Each province will provide one (1) qualified umpire for the competition

**4. FOOTBALL: Able body, SASAPD, SASAI, SADF and MMH**

Each participating school shall be responsible for:

- o The behavior of the members of its delegation (officials and players) and any person carrying out duties on its behalf throughout the competition;

- Participating schools agree to comply with Laws of the Game and the Associations Statutes and Regulations.

#### **ARTICLE 1: ELIGIBILITY OF PLAYERS**

- 4.1.** Each school shall take the following provisions into account:
- a. All players shall be bona fide learners attending full time school at the academic institution he/she is representing
  - b. All players must attend the school within the borders of the geo-political Province he/she is representing
  - c. All players shall have been born on or after 01 January ...
    - **Under 13 : 2001**
    - **Under 17 : 1997**
    - **LSEN (MMH): U/19 (BORN 1995)**
    - **SASA-II : U/16 (BORN 1998)**
    - **DEAF : U/19 (BORN 1995)**
    - **SASAPD CP Soccer : U/19 (BORN 1995)**
  - d. Each school shall be responsible for observing these provisions
  - e. Any school found guilty of fielding an ineligible player for whatever reason ( non-compliance with age limit, omission from the list as a potential participant in the match, suspended player but whose name appear on the team list, etc) shall forfeit the match. Victory and or the resultant three points will be awarded to the opposing team.

#### **ARTICLE 2: LIST OF PLAYERS**

- a. Each School that participates in the Competition may nominate 17 players numbered 1- 17. These players must be on the initial list that the school submits to the relevant Organising Committee
- b. The numbers on the back of the shirts shall correspond with the numbers indicated on the official team list, which shall be submitted to the referee before kick off. The list shall show the first names, surname and date of birth or ID number of each player. Only the 17 registered players shall be permitted to take part in the competition
- c. All 17 players shall be named on the players list for the match (11 selected and 6 substitutes). Up to a maximum of three (3) substitutes may take the place of selected players at any time during the match.
- d. No more than 8 people ( 2 officials and 6 substitutes) shall be allowed to sit on the substitutes bench/within the technical area ( demarcated/not)
- e. Before the start of the competition ,all players listed, must prove their identity and age , by producing the following:
- f. SASFA card or the original or certified copy of the Birth Certificate bearing a recent ID size photo. This document **MUST** be laminated
- g. The Team list must be on a school letterhead, the names, surname, DOB, present grade and admission number of the learner, this document **MUST** be signed by the principal of the school, chairperson of the SGB and manager of the team.
- h. Any player who fails to submit this document shall not be allowed to take part in the competition.
- i. If any discrepancies are detected, the Organizing Committee shall act against the offending team and decide the consequences that such a

violation will have on the rest of the competition. The Organizing Committee will then forward the file to the Disciplinary Committee.

- j. Only players with valid accreditation and who passed the scrutiny process may play in the competition.

**ARTICLE 3: MATCHES PLAYED IN ACCORDANCE WITH THE LAWS OF THE GAME**

- a. All matches shall be played in accordance with the laws of the game laid down by the International Football Association Board and published by FIFA
- b. In the case of any discrepancy in the interpretation of the Laws, the English version is authoritative.
- c. Players attire must comply as stipulated by the laws of the game

**ARTICLE 4: DURATION OF MATCHES, EXTRA TIME, DETERMINING THE WINNER BY PENALTY KICKS**

- a. Each match shall comprise of two equal periods, with an interval of not exceeding 5 minutes:

	<b>Boys</b>	<b>Girls</b>
Under 13	20 min	15 min
Under 17	25 min	20 min
LSEN	25 min	15 min

**ARTICLE 5 FIELDS OF PLAY AND FOOTBALLS**

- a. The Organizing Committee shall guarantee that the field of play chosen for the competition complies with the Laws of the Game and with the standards of safety requirements for matches as determined in the Technical Recommendations and Requirements Committee of FIFA. The fields of play are subject to the approval of the Organizing Committee.
- b. The footballs chosen for the competition shall conform with the provisions of the laws of the game and bear one of the following three designations: the official “FIFA APPROVED” logo; the standard official “FIFA INSPECTED” logo or the reference “INTERNATIONAL MATCH BALL STANDARD” or balls Supplied by the OC/sponsor that’s conforms to Law 2.
- c. Footballs for the competition shall be supplied by the teams involved or the Organizing Committee.

**ARTICLE 6: REFEREES, ASSISTANT REFEREES AND FOURTH OFFICIAL**

- a. The match officials for the competition shall be supplied by the participating school/s.
- b. A referee, two assistants and a fourth official (if necessary) shall be appointed for each match in the Competition by the Organizing Committee.
- c. After the match, the referee shall complete and sign a report form, and hand it to the coordinator at the grounds immediately after the match.
- d. On the report form , the referee shall note all occurrences before, during and after the match in as detail as possible, such as:
  - o Misconduct of players, leading to a caution or expulsion.
  - o Unsporting behaviour by officials, supporters or any person acting on behalf of a Provincial Association or school at the match.
  - o any other incidents

## **ARTICLE 7: REGULATIONS GOVERNING SPORTS EQUIPMENT AT THE COMPETITION**

The participating Schools shall undertake to comply with the current FIFA Equipment Regulations. Players and officials are not allowed to visibly display political, religious, commercial or personal messages in any language or form on their playing kit, equipment or body.

## **ARTICLE 8: PROTESTS**

- a. Subject to the following provisions, protests are objections of any kind related to matches in the competition.
- b. Unless otherwise stipulated in this article, protest shall be submitted in writing to the Organizing Committee or Coordinator within 30 minutes of the end of the match.
- c. Protests regarding the eligibility of players for any matches shall be submitted in writing to the Organising committee before the end of the match.
- d. Protests regarding any incidents during matches shall be directed to the referee by the team captain immediately after the disputed incident and before play has restarted.
- e. The protests shall be confirmed in writing to the match commissioner or coordinator, by the Head of Delegation or the team manager, not later than 30 minutes after the match in question.
- f. Protests regarding the state of the pitch, markings, goals, flag posts or footballs shall be made in writing to the referee before the start of the match by the manager of the team, lodging the protest.
- g. No protests may be made against the referee's decision regarding facts connected with play, such decisions being final
- h. If a frivolous or irresponsible protest is lodged, the body responsible may impose a fine.
- i. Protest shall be sent to the Coordinator of the Organizing Committee by the specified deadline, otherwise they will be disregarded.
- j. All protests shall be on the official letterhead of the school signed by the manager of the protesting team and countersigned by the Principal of the school.
- k. All protest shall be accompanied by a fee of R500.00 of which 50% will be refunded should the protest be upheld.

## **ARTICLE 09: CAUTIONS AND SEND OFFS**

- a. Any player sent off/red carded by the referee shall serve an automatic one match suspension. In addition to this the player may also be summoned to appear before a DC.
- b. Any player receiving two (2) yellow cards shall be suspended for one (1) match.
- c. All caution able and send off offences shall be applicable for the duration of the competition.
- d. In addition to 10.1 and 10.2 the Disciplinary Committee shall have the right to impose further penalties on a player(s) concerned should it decide to do so

## **ARTICLE 10: LATE ARRIVALS**

- a. Time shall be respected as stipulated on the fixture. In the event of a team not being present and ready for kick off time, the referee and the opponents shall allow no grace period.
- b. Where the match is not played because of the late of non-arrival of a team, the opponents shall receive a walk-over with full points only and a 3 – 0 result.
- c. In the knock-out stages, where match is not played because of the non-arrival of a team, the opponents shall be awarded A “walk-over”
- d. In addition disciplinary measures can be instituted against the offending team.

## **TECHNICAL RULES**

- a. In Round 1 of the Competition, the competition shall be played on a Round – Robin League system.
- b. Round 2, will be played on a knock-out system.

## **ARTICLE 11: PRELIMINARY STAGE**

- a. In Round 1: Group Stage – Round-Robin league
  - Matches 1 – 36 per respective Age group/division
  - The system of play shall be a league system, each team playing one match against each of the other teams in the group, with three (3) points for a win, two (2) points for a score draw ,one (1) point for draw and zero (0) for a defeat.
- b. Round 2: knock-Out basis. If the scores are level at the end of the match, the taking of penalty kicks, as determined by the Laws of the Game, will be conducted.
- c. Ranking in the group shall be determined as follows:
- d. Greater number of points obtained goal difference.
- e. Greater number of goals scored in all matches.
- f. If two or more teams are equal on the basis of the above three criteria, their rankings shall be determined as follows:
  - greater number of points obtained in all group matches between the teams concerned
  - goal difference resulting from all matches between the teams concerned
  - greater number of goals scored in matches between the teams concerned
  - Results of the corresponding fixture
  - Taking kicks from the penalty spot
- g. The matches in the group stage shall be played in accordance with a schedule drawn up by the Organizing Committee. The schedule for Round 2 will be as follows:
  - Match: Position 8/9: Pos 8 vs Pos 9
  - Match: Position 7/8: Winner pos 8/9 vs Pos 7
  - Match: Position 5/6: Pos Pos 5 vs Pos 6
  - Match: Pos 3/4 : Pos 3 vs Pos 4
  - Match: Pos 1/2 : Pos 1 vs Pos 2

## **ARTICLE 12: MISCELLANEOUS**

- a. The Organizing Committee shall issue any instructions necessitated by special circumstances that might arise. These shall form an integral part of these regulations.
- b. Matters not provided for in these regulations and cases of force major shall be decided by the Organizing Committee. All decisions shall be final.
- c. In the case of any discrepancy in the interpretation of the text of these regulations, the English text shall prevail.

## **CEREBAL PALSY FOOTBALL: 7-A-SIDE: Played under CPISRA Rules**

### **a. Playing Field**

- The dimension of the field markings shall be:
  - Field of play not more than 75m x 55m and not less than 70 x50m.
  - Goal Post 5m x 2m.

### **b. The Ball**

- Comply with FIFA Law.

### **c. Number of Players**

- Each team consists of up to 7 players, one of whom is the goalkeeper.
- A match may not start if either of the teams has fewer than four (4) players.
- Up to three (3) substitutes are permitted by each team in each complete game.
- Football is limited to class C5, C6, C7 and C8 players. Each team must field at least one class C5 or C6 player at all times, or the team will play with one less player.
- Each team can only have a maximum of two (2) class 8 players on the field of play together during any game. If a class 8 player is dismissed, the team can only have a maximum of one (1) class 8 players on the field of play for the remainder of the match.
- CPISRA Sports Manual 10th Edition 2009 Section B - Sports Rules - Football 7-a-side

### **d. Player's Equipment**

- To comply with FIFA law. No crutches are allowed.
- For identification purposes each player must play with a number on the back of his shirt. The player must use this number throughout the competition.
- A goalkeeper wearing No1 can use this number if playing in another position on the





## 5. GYMNASTICS – Individual Teams, not school teams.

### 5.1. Age categories:

- Primary schools: Boys and girls under 14, born in or after 2001. Minimum age of gymnast is 10 years at date of provincial trial.
- High Schools: Boys and girls under 17, born in or after 1998.
- Deaf and/or II: Boys and girls under 15, born in or after 2000.
- Provincial team size: 60 gymnasts, 15 coaches, 1 chaperone, 1 team manager

### 5.2. Competition rules:

#### a. Artistic Gymnastics: 4 individual gymnasts per team.

Age category	Gender	Team size	Competition routine
U/14 Primary School	Boys	4	GymStar2
	Girls	4	GymStar2
U/17 High School	Boys	4	GymStar2
	Girls	4	GymStar2
U/15 II and/or Deaf	Boys	4	GymStar1
	Girls	4	GymStar1

#### b. Aerobic Gymnastics – mixed team: 4 individuals– girls, boys or mixed

Age category	Gender	Team size	Competition routine
U/14 Primary School	Mixed	4	AeroStar3
U/17 High School	Mixed	4	AeroStar2
U/15 II and/or Deaf	Mixed	4	Aerostar1

c. **Rope Skipping – Boys and Girls teams: 4 individual gymnasts per team.**

Age category	Gender	Team size	Competition routine
U/14 Primary School	Boys	4	SkipStar3
	Girls	4	SkipStar3
U/17 High School	Boys	4	SkipStar2
	Girls	4	SkipStar2
U/15 II and/or Deaf	Boys	4	SkipStar1
	Girls	4	SkipStar1

5.3. **GymStar**: Each gymnast performs a floor and 2 skill vault routines. The floor routine is judged out of 10 marks and each skill vault is judged out of 5 marks. The scores of the 3 routines are added together to determine the gymnast's final score.

5.4. **AerobicStar**: Each gymnast performs a floor routine as an individual as well as part of a pair. The individual and pairs competition is run separately.

5.5. **SkipStar**: Each jumper performs a floor and 2 sets of skills. The total of the 3 sections are added together to determine the jumper's final mark.

5.6. **Competition format**

- Each competition consists of 2 rounds.
- The scores from both rounds are added together to determine the gymnast's final score
- The top 8 gymnasts in each competition go through to the final round
- The gymnast's scores are NOT carried over into the final.
- The winner of each competition is the gymnast with the highest score.

5.7. **Technical appeals**

- Appeals regarding bias judging/counting may be lodged in writing, with the competition director, within 30 minutes of the results being released.
- The competition director together with the Head judge will consider the appeal, and release their findings within 2 hours.

### **5.8. Competition attire**

All team members are required to be dressed identically.

- GymStar: leotard and gym shorts. Bare feet
- AerobicStar: leotard and gym shorts (boys), white running or gym shoes
- SkipStar2: leotard and gym shorts OR tight fitting shirt, shorts and running shoes.
- Technical officials: Black or navy blue skirt/long pants, white shirt, black or navy blue shoes. Jacket must match the color of the pants/skirt. Jerseys – white.

## **6. GOALBALL: SASAPD**

### **6.1. Ages 15 – 19 YEARS**

- a. Born on or between these years 1995 and 1999.
- b. Competition will be divided into two groups: male and female.
- c. 6 males, 1 coach, 1 assistant coach, 1 manager (male) = 9 per province.
- d. 6 females, 1 coach, 1 assistant coach, 1 manager (female) = 9 per province.
- e. IBSA Goalball rules (2014 – 2017) will apply as control by SASAPD Goalball Committee.
- f. As in the IBSA rules ALL players must be classified: B1, B2 or B3.
- g. At entering teams, ALL players must have a SASAPD Computer number.
- h. A Round Robin system will be used.

### **6.2. TECHNICAL OFFICIALS**

- a. 2 Referees per province: one male, one female.
- b. 2 Table officials per province: one male, one female.
- c. Total =22

### **6.3. REGULATIONS FOR GOALBALL**

- a) Goal-ball is a game played by two teams of three players with a maximum of three substitutes on each team.
- b) The game is conducted on the floor of a gymnasium/hall with a rectangular court, which is divided into two halves by a centre line.
- c) Goals are erected at either end and the game is played with a bell ball.
- d) The object of the game is for each team to roll the ball across the opponent's goal line while the other team attempts to prevent this from happening.

#### **6.4. COURT, EQUIPMENT AND OFFICIALS**

- a) The court used for goal-ball shall consist of a rectangle 18.00 meters in length and 9.00 meters in width.
- b) All court markings shall be marked visibly (for officials to control the game) and tactile easily for player orientation. All lines shall have a string placed down the centre under the uppermost layer of tape.
- c) Goal-ball posts are 1.30 meters in height and they are to be round while the crossbar has to be rigid.
- d) The ball for the game shall be round and have eight holes and noise bells inside.
- e) All competitors must wear an official game jersey (padded track pants on the knees and hips as well as padded jerseys on the elbows).
- f) Numbers on the jerseys must be from 1 to 9 and permanently affixed both in front and at the back as well.
- g) Eyeshades or blindfolds must be worn by all players on the court and will be checked by the referee before the start of the game.
- h) Each game shall have two referees, four goal/corner judges, a scorer, a timer, a ten seconds timer and a shot recorder.
- i) A game shall be a total of 24 minutes in duration, divided into two equal halves of twelve minutes and at least five minutes break in between the two halves.

### **7. HOCKEY: ABLE BODY ONLY**

#### **7.1. AGE-GROUPS**

U/13 & U/16 Boys and Girls

- Players must have been born in 1999 or 2000 for the U/16 competition and must be the TOP SCHOOL in the Province
- Players must have been born in 2002 or 2003 for the U/13 Competitions and must be the TOP Development School Team (not former model C) in the province

#### **7.2. RULES OF THE GAME**

The tournament will be carried out in accordance with the Rules of the Game of Hockey and the regulations of the FIH. All teams must supply one umpire that must travel with the province

#### **7.3. PARTICIPANTS AND ADVERTISING**

- a. Team managers and coaches are to attend the Managers' meeting
- b. Certified copies of ID documents, OR Passports for scholars that are not SA citizens OR Certified copies of Birth certificates with photographs with School stamp & principal signature & consent forms must be handed in on arrival at the tournament.
- c. Players must have been born in 1999 or 2000 for the u/16 tournament and must be the **TOP SCHOOL IN THE PROVINCE.**

- d. Notification of any amendments to team entries must be entered by the Team manager during registration of teams. After the managers' meeting no further amendments will be accepted.

#### **7.4. CODES OF CONDUCT**

Codes of Conduct are to be adhered to by all concerned. Suspension, or expulsion from the tournament, in breach of these Codes of Conduct or rules, will be determined by the TD, or the Disciplinary Committee. Parents and supporters, in breach of the Codes of Conduct, may be suspended from the grounds by the TD.

#### **7.5. CLOTHING AND COLOURS**

- a. Each team is to register their playing uniform and alternate uniform colors when registering.
- b. Goalkeepers must wear a shirt color different from their own team and that of their opponents. Goalkeepers are required to wear their shirt, or other garments, over any body protectors.
- c. Goalkeepers must wear their number on the front and on the back of their shirts. Field players must display a number on the back on their shirt (in full distinctive figure, not outlined, and not less than 20cm in height).
- d. Goalkeepers may not wear white pads or kickers. Field players may not wear light/white shoes.
- e. Goalkeepers, or any player acting as a goalkeeper, must wear protective headgear at all times during a match, including when defending a penalty stroke. When required to take a penalty stroke, the protective headgear may then be removed.
- f. A player must be properly dressed at all times during a match with shirt tucked in and socks up. Shin guards are compulsory and mouth guards are highly recommended. Shirts or shorts worn under the playing kit must not be visible. Long-sleeved undershirts are not allowed.
- g. Each player's number must remain the same throughout the tournament.
- h. Each team must have an appointed captain, who shall wear a distinctive arm or leg band or ribbon, and who is responsible for the behavior of his team players. The captain can be on the field, or, at particular times in the game, can be a substitute. Upon suspension, the vice-captain replaces the captain.
- i. Substitutes warming up along the field must wear a different color top to the team on the field.
- j. If in the opinion of the TD, the colors of two opposing teams are too similar; one of the teams must change colors or wear bibs. This team will be chosen by the toss of a coin if an amicable settlement is not possible. Playing colors as set out on the Appointment Sheet must be strictly adhered to and may only be changed in consultation with the TD 24 hours before the scheduled game.
- k. If a player sustains an injury which causes bleeding, then that player must leave the pitch immediately and shall not re-enter until the bleeding has ceased and the wound is adequately covered.
- l. Any player injured and taken off the field MUST remain off for 2 minutes. This does not apply to goalkeepers.

- m. Bloodstained clothing must be replaced before re-entering the pitch.
- n. If blood staining to the pitch should occur, then immediate cleaning must take place. During this operation there will be a stoppage of play.
- o. All injuries are to be treated off the field of play, unless a serious injury. Managers may only enter the field if called on by the umpire.
- p. The TD reserves the right to immediately pull off any player who does not conform to any of the above clothing requirements.
- q. Girls may not wear shorts, but may wear skirts.

**7.6. COMPOSITION OF A TEAM**

- a. A maximum of 15 players may be entered by a team, of which 1 must be a goalkeeper. Thus, there is a maximum of 14 field players per team.
- b. Each team must nominate, before every match, the eleven players who will be on the pitch at the commencement of the match, and the manager must hand the starting line-up to the tech. table 10 minutes before the scheduled game starts.
- c. These eleven players can be selected from those players whose names appear on the entry form and who have not been suspended by the TD from playing in the match. Up to 4 more players may sit on the team bench. The suspended player(s) if any, must stay outside the technical area surrounding the field of play during play and rest times
- d. An injury report must be completed by the manager for all injuries, and handed to the TD on completion.
- e. The under 13 category must be a top development team in the province. A selected school team.

**7.7. ARRIVAL AND DEPARTURE**

- a. All teams must arrive the day preceding the start of the Games.
- b. The managers meeting will be held on the day preceding the IPT.
- c. It is compulsory for all managers to attend this meeting.
- d. All teams may depart only after the final match and presentation.

**7.8. FORMAT OF THE TOURNAMENTS**

- a. In each pool/section all teams will play against one another and the following points will be awarded:

<b>Win</b>	<b>Points = 3</b>
<b>Draw</b>	<b>Points = 1</b>
<b>Loss</b>	<b>Points = 0</b>

- b. In each pool/section teams will be ranked according to the number of points each has accumulated in the competition.
- c. If, at the end of the pool/section matches, two teams have the same number of points for any place in the section, these teams will be ranked according to the following criteria, taken sequentially:
  - Number of games won.
  - Goal difference.
  - Goals scored
  - The result of the match between the 2 teams.
  - Penalty strokes

- Should there still remain equality between two teams, then the matter will be settled by a penalty stroke competition between those teams.

### **7.9. DURATION OF MATCHES**

- a. A match shall consist of a regulation time of 2 periods of 25 minutes each for u/16 Age-group & 2 periods of 20 minutes for the u/13 Age-group, separated by an interval of 5 minutes.
- b. In the semi-finals and final only, a penalty shoot-out will determine the winners in the event of a draw.

### **7.10. PENALTY SHOOT-OUT COMPETITION**

- a. Five players from each of the 2 teams, chosen by their respective team managers from the players listed on the team entry form, but excluding any player suspended by the TD, shall take a penalty shoot-out, alternately against one and the same goalkeeper of the other team, unless the latter has been incapacitated and replaced, making a total of 10 penalty shoot-out, 5 for each team.
- b. The players must take the penalty shoot-out in the same sequence as the list of five players nominated and communicated by the team manager to the TD on duty prior to the start of the penalty shoot-out competition.
- c. If during a penalty shoot-out competition, a player (either an attacker or a goal keeper) is suspended, then that player shall not take part in that penalty shoot-out competition and, unless a goalkeeper, cannot be substituted. If an attacker is suspended, either before or after taking the shoot-out, the shoot-out will be counted as a no-goal.
- d. If a goalkeeper is suspended, the replacement may only be from one of the nominated attackers. The player replacing the goalkeeper may continue to take penalty shoot-out, but, when required to defend penalty shoot-out, must wear protective headgear. This player may also wear other approved goalkeeping equipment.
- e. The umpires shall choose the goal to be used and shall toss a coin with the captains to decide which team shall take the first penalty shoot-out.
- f. The team having been awarded the highest number of goals shall be the winner and the competition will cease once any outright winner has been established.
- g. In the event of an equal number of goals having been awarded, another series of penalty shoot-outs shall be started with the same players, subject to incapacitated goalkeepers being replaced, and shall feature "sudden death", which shall mean that the winner shall be the first team to have been awarded one more goal than the opposing team after an equal number of shoot-outs (no minimum) have been taken by each.
- h. If necessary, this "sudden death" series may exceed 10 penalty shoot-outs, five from each team. The sequence does not need to be the same as in the previous series and the team manager has freedom of choice at the time of each shoot-out as to which of the 5 nominated players will take the shoot-out using 5 nominated players per round.
- i. The team whose player has taken the first penalty shoot-out of the first series shall not take the first penalty shoot-out of the "sudden death" series.

- j. The team managers, goalkeepers and nominated shoot-out takers only may enter the pitch during a penalty shoot-out competition. All these persons will remain outside the 25yrd area, unless a player is directed by the umpire to take or defend a penalty shoot-out.
- k. All players not involved in the penalty shoot-out competition must remain beyond the half-way line, and towards the side of the field as directed by the TD.

#### **7.11.TIMEKEEPING**

- a. Timekeeping will be controlled by the technical table officials whose responsibility it will be to signal the end of the periods of regulation time, at half time and full time. However, in the case of an extension of any period of any regulation time to permit the completion of a penalty corner, the umpire will signal the end of the period.
- b. The umpire shall blow a whistle to re-start the game. The umpires will also signal to the technical table officials every stoppage they may order and the subsequent re-start.

#### **7.12.INTERRUPTIONS OF A MATCH**

If the umpires decide to interrupt a match (e.g. because of weather or field of play conditions) that match must be resumed as soon as possible (not necessarily on that pitch or on the same day) under the following conditions:

- a) The match must be completed up to the agreed regulation full time, the score on the resumption being that at the time the interruption took place.
- b) On resumption, rules relating to the substitution of players shall apply as though there had been no interruption to the match.
- c) If the game is abandoned in the first half, it shall be wholly replayed.
- d) If the match is abandoned after 15 minutes in the second half, the score at that time shall be taken as the result. (This only applies if the match cannot be continued because of weather conditions.)
- e) This regulation will be controlled at the discretion of the TD – particularly, according to time constraints.

#### **7.13.FAILURE TO PLAY**

- a. A team, which refuses to play, or to complete a match, shall be considered to have withdrawn from the tournament.
- b. If a team thus withdraws from the tournament, all the matches it has played until then will be considered as not having been played, not only by the withdrawing team, but also by all the teams it played against. The points table shall be corrected accordingly.

#### **7.14.ADMISSION TO THE FIELD OF PLAY**

- a. No-one, except the field players and the umpire properly engaged in a match, may enter the pitch during that match, unless permitted to do so by one of the umpires. The rule is obligatory, even in the event of a player or any umpire becoming incapacitated.
- b. The team officials, and other players registered on the entry form, must remain at the team bench during regulation time, including time



- stoppage, unless the technical officer on duty or umpires, direct otherwise, or when following substitution procedures or providing medical assistance.
- c. The team manager, who is responsible for the conduct of all persons occupying the bench, must sit nearest to the technical table and must be present at all times at the match.
  - d. Vocal communication by team officials and players on the team bench must not in any way be directed at the umpires and players of the opposing team.
  - e. The TD on duty, after warning a team manager of acts of misconduct by a person or persons on that team bench, is empowered, should misconduct continue, to order that person or persons involved, leaving the pitch, and remaining in the team changing room for the remainder of the match.
  - f. Further disciplinary action may be taken by the TD after the match, depending on the circumstances.
  - g. In the event of a player becoming incapacitated and not leaving the field of play, then one of the umpires may stop the match and authorize the team manager, to enter the field to assist and/or remove the player concerned, by the shortest way.
  - h. An umpire may call for the stretcher bearers to enter the field of play if a player cannot, or will not, leave the field. If a stretcher appears on the field, the player must be taken off on it.
  - i. No incapacity treatment is allowed on the field of play.
  - j. The team coach may not enter the pitch at any time, under any circumstances.
  - k. No liquid or other refreshment may be consumed on the field.
  - l. Any player wishing to take refreshments during a match, including time stoppage, must leave the field and is permitted to re-enter, but, not between the 22m lines and back lines. A goalkeeper may re-enter the field adjacent to the goal.
  - m. Team officials and players may leave the field during half time, (may only go to change rooms), only with prior permission of the TO on duty, but, in doing so, players must leave their sticks, and goalkeepers their hand protectors and headgear, at the team bench, and must return not less than two minutes before the match is due to be restarted. Teams not adhering to the return time frame will not be allowed, in future games, to leave the field.

#### **7.15. SUBSTITUTION OF PLAYERS**

- a. Each team is permitted to substitute any player during a match at any time. However, no substitution may be made following the award of a penalty corner and during the play time of this penalty unless the defending goalkeeper is incapacitated and has to leave the field, in which case the replacement may enter the field of play immediately.
- b. A player who is bleeding may be substituted from the bench, and must leave the field of play, during a penalty corner.
- c. The substituted players will be chosen from amongst the players whose names appear on the entry form.

- d. A substituted player may participate in a penalty stroke competition.
- e. Any field player nominated by the team manager to enter as a substitute, having been given a board bearing the number of the player coming off, will go to the vicinity of the centre line of the field of play, not in front, but not more than 3 meters, from the TO's table, and attract the attention of the player to be substituted.
- f. In the case of a field player, the substitution will be carried out under the supervision of the TO on duty, without stoppage of time. In the case of a goalkeeper, the substitution will be supervised by the umpires and the time will be stopped.
- g. The substituted player may not enter the field of play until the player in the same team being substituted, has left it. The board is to be handed to, not thrown down on the ground, the player coming off the field.
- h. When substituted, a player shall go immediately to the team bench.
- i. The team manager of the players concerned is responsible for the proper application of the procedure.
- j. A player, upon being suspended, may not be substituted and may not be used as a substitute during the period of suspension.
- k. Time will not be stopped for substitution, except for the replacement of a goalkeeper or an incapacitated player.
- l. The technical table can delay a player from taking the field, if a player's appearance is not neat and tidy (see #3).

#### **7.16.CARDS**

- a. The TD, umpires of a game and TO, have the authority to issue cards of warning of suspension, temporarily or permanently, to players, team officials, supporters and parents who are guilty of misconduct during or after a match.
- b. Misconduct off the field by a coach, manager or player on the bench may result in a yellow card being issued to the bench, and the captain will be asked to nominate a player to be suspended.
- c. Any player receiving two yellow cards in consecutive matches, or three yellow cards, may be suspended at the TD's discretion.
- d. A red card may result in suspension from a number of games, or expulsion for the remainder of the tournament, subject to the discretion of the TD.

#### **7.17.TOURNAMENT OFFICIALS**

- a. The TD, appointed by SASHOC, shall have, in particular, authority to suspend, for one or more matches, players, team officials and other officials, who, in the opinion of the TD, are guilty of misconduct before, during or after a match, whenever the misconduct occurred. Such suspended person may not enter the field of play or the technical areas surrounding the match(es) of suspension, including during half time, and, in the case of a player, may not be replaced by another player.
- b. In such an event, and when the tournament is over, the TD, team manager of the person concerned, and, in the case of permanent exclusion

- (red card) of a player from the field of play, the umpire involved must send a detailed report on the facts, to SASHOC.
- c. The TD/Umpire Manager shall also appoint the umpires and judges for each match from amongst those previously selected and approved by SASHOC Rules and Technical, to officiate in the tournament.
  - d. A team official of a participating team is not permitted to be a TO of the tournament.
  - e. All teams must supply one umpire per team which will be ratified by SASHOC.

#### **7.18. UNFORESEEN EVENTS**

If circumstances arise which are not provided for in these regulations, they will be determined by the TD.

## **8. JUKSKEI: Able Body Only**

### **8.1. Age Categories**

- Primary School(U14)
- Secondary School (U19)

### **8.2. Teams per Age Category**

#### **a. Players**

- Primary School : 1 Boys Team Per Province (5 players)  
: 1 Girls Team per Province (5 players)
- Secondary School: 1 Boys Team Per Province (5 players)  
: 1 Girls Team Per Province (5 players)

#### **b. Officials**

- Coaches: 1 per team
- Manager: 1 per team
- Technical Official: 2 for the CHAMPIONSHIPS(JSA)

### **8.3. Players eligible for inclusion in participating teams**

- a. Participation in District's Schools league which forms part of the selection process for teams.
- b. Participation in the Provincial's Schools trials for final selection.

### **8.4. Players Verification**

- All participants and officials must be registered with Jukskei South Africa before the commencement of the tournament.

### **8.5. Competition Rules**

- As per Jukskei SA Rules(Approved at 2014 AGM)

### **8.6. Competition Format – Round Robin**

- Day 1: Doubles Competition
- Day 2: Doubles Competition
- Day 3: Trips Competition
- Day 4: Team competition

- Day 5: Team competition

### **8.7. Category Winners**

- Doubles
- Trips
- Team
- Team Overall (Total points scored for doubles, trips and team competition).

### **8.8. Competition Attire**

- Subject to the Rules of Jukskei SA (Approved 2014 AGM).

## **9. KHATI: Able body Only**

### **9.1. Age groups**

- U/13 born in 2002
- U/18 born in 1997

### **9.2. Team Composition**

- Six (6) players per team (3 males and 3 females). No reserves

### **9.3. Playing**

- The Team perform as one Team (males and females)
- Only the Team can sing while playing
- One rope should be used
- Only indigenous songs to be used (no songs with vulgar words may be used)
- The team may display as many styles/variations as they can within the set time frame
- No long pants, tracksuits, spike shoes and hats maybe used as playing kit. Strictly traditional attire allowed.
- No gymnastics movements allowed to be performed
- No coaching during performance

### **9.4. Scoring**

Scoring is out of a total of 10 points based on the following elements:

- Indigenous Song
- Coordination
- Rhythm/Rhymes
- Variations/Style
- Fitness and Flexibility
- Clothing presentation

### **9.5. Duration of Performance**

- 30 minutes for U/18
- 15 minutes for U/13

## **10. KHO-KHO**



This is a running and chasing game enjoyed by males and females of all ages.

### **10.1. Age groups**

- U/14 boys and Girls
- U/18 Boys and girls

### **10.2. Duration of the game**

- A game consists of two innings of 7 minutes each separated by two minutes break.

### **10.3. Equipment**

- a. Attire (clothing that permit free movement, bare feet or studded shoes are not permitted).
- b. 2 x Bibs numbered on back and front.

### **10.4. Players**

- 12 Players per Team

### **10.5. Scoring**

- Player out = 1 point
- Foul = 1 ÷ 2
- Scoring must correspond with the whistle
- Final score = No. of players out – (No. of fouls) ÷ 2
- E.g. Final score = 22 – (9) ÷ 2

## **11.MORABARABA**

### **11.1.Age categories and gender**

- Under 13, born in or after 2001 for both male and female
- Under 18, born in or after 1996 for both male and female

### **11.2.Competition rules**

- All IWF competition rules will apply.
- The playing hall is defined as the physical hall in which play will take place.
- The playing venue is defined as the bathrooms, refreshment area and smoking area as well as any other areas defined in the announcements by

the chief umpire.

- No player is allowed to leave the playing hall whilst his/her game is in progress without the umpire's permission.
- No player will be allowed to smoke or consume alcoholic beverages inside the playing venue for the duration of the championship. Any player caught drinking any kind of alcoholic beverage or smelling of alcohol will immediately be expelled from the tournament and will not be considered for any further participation.
- The time control is 30 minutes per player with no increment

### **11.3. Arrival time for games.**

- All players are required to be seated at least 15 minutes before commencement of the round.

### **11.4. Mobile phones.**

- Mobile phones will NOT be allowed inside the playing hall. Any player who brings a mobile phone (or any other unauthorized electronic device) into the playing hall will immediately lose the game by default.

### **11.5. Awarding of titles**

- The winning team of the championship will be crowned either as the Male or Female National School Champions

### **11.6. Competition format**

- All teams will comprise of eight (8) players per team in total, where half the team consists of males and the other half of the team consists of females, including one (1) manager and one (1) coach per team. Also one (1) technical official per team per province will accompany the respective teams to the National Schools Championships. The technical officials will assist as arbiters during the event.
- Females will only play against females.
- Round Robin System
- Rounds: 8 (eight)

### **11.7. Tie-break systems.**

The standard Morabaraba tie-break system shall be used to determine the final positions/placing of the teams if needed.

### **12.8 Technical appeals and arbiters**

- The umpires for the Championship will comprise of the CHIEF UMPIRE and 9 floor arbiters to assist. The chief Umpire must have a minimum National Umpires accreditation and the floor arbiter's will be required to have a minimum Junior Umpire's accreditation.
- Published pairings and results will only be declared "official" when signed off by the Chief Umpire; this includes pairings published at the venue.
- The Appeals Committee will consist of the chief Umpire and any two officials appointed by the chief Umpire not implicated/ or involved with the appeal.

- Any player wishing to lodge an appeal against a ruling made by the Umpire must do so, in writing, No later than 30 minutes after his/her game has ended. Appeals can only be lodged with the chief Umpire. All other matters will be treated as complaints and will be dealt with by the manager's/tech officials.
- The Chief Umpire will instruct the players which side starts play.
- Any player, who consistently refuses to abide by the any of the rules will be subjected to a disciplinary hearing and may be expelled from the tournament and will not be considered to be part of the team.
- The giving, receiving, offering or soliciting of advice, or the consultation of written sources, or any other form of attempt to cheat, will result in an immediate disqualification of the offending party/parties.
- Any disabled player who requires the use of an electronic device (e.g. hearing aid) must notify the chief Umpire before the start of the Championships.
- A player not able to notate MUST inform the Chief arbiter at least 1 hour before the start of a round. The individual must provide a suitable person to perform these duties on his/her behalf. The Chief Umpire or one of his assistants will then approve such a person.
- The onus will be on all players, spectators, visitors and parents to be informed of all rules that apply whether such rules are documented or announced verbally during the event.

## 12. NETBALL : Able Body, Deaf, MMH and SASAI

### **12.1.Age categories**

- Girls under 14 (able body)
- Girls under 19 (Deaf)
- Girls under 19 (MMH)
- Girls under 16 (SASA-II)

### **12.2.Competition rules**

- All matches shall be played according to the rules of IFNA, NSA, and SA SCHOOLS NETBALL.
- Only registered players who are bone fide learners at a school shall be allowed to play.
- The teams will be the winning teams from each province
- Qualification is only through the school league structure as organized or supported by the code.

### **12.3.Competition format**

- Round robin tournament, where all schools will play against each other and ranked from 1 – 9.

### **12.4.Technical appeals**

- All technical appeals will be managed by the appeals committee formed by SASN.

### **12.5. Team verification procedures**

- Registration and scrutiny of the teams will take place before the end of the first round of matches.
- The Executive Committee will appoint officials for scrutiny. Players must report as a team, each with their own ID or birth certificate with a photo in the left hand top corner and duly stamped by the principal.

### **12.6. Competition attire**

- Players must wear ankle socks with their shoes. No Rugby/Football socks may be worn.
- Girl players may only wear skirts or dresses when playing matches.
- Players may not wear “ski pants” or cycling shorts with their uniform that is longer than the uniform.
- Players are not permitted to wear their playing skirts and tracksuit pants simultaneously.
- The wearing of sandals with playing attire is prohibited.
- Playing positions should be in English. Should Afrikaans be used, one side has to be in English.
- Each player shall have a position displayed.

### **12.7. Technical officials**

- Technical officials will be appointed by Schools Netball.
- Each province should provide 4 technical officials for the tournament.
- There will be total of 36 officials plus 10 executive officials at the tournament

## **13. RUGBY: Able body**

**13.1. Age categories:** Under 16, born in or after 1999

### **13.2. Competition rules**

- As per SARU’s Rugby School Rules
- As per IRB seven-a-side variations.
- As per BokSmart Rugby Medical Regulations.

### **13.3. Competition format**

- Both u/16 Girl and Boy teams participating from all 9 provinces will be competing in the SA Schools Championships in 2015 (Below)
- The nine provinces will be allocated to two pools. Pool A will contain 5 teams and Pool B will contain 4 teams. The top four teams in each pool will play in Cup Quarterfinals.



The number of teams per Province is indicated below:

Province	Number of U16 Boy Teams	Number of U16 Girl Teams
Eastern Cape	1	1
Free State	1	1
Gauteng	1	1
Kwazulu Natal	1	1
Limpopo	1	1
Mpumalanga	1	1
Northern Cape	1	1
North West	1	1
Western Cape	1	1
<b>TOTALS</b>	<b>9</b>	<b>9</b>

#### Boys/Girls Teams Pools

Pool A	Pool B
Western Cape	North West
Free State	Limpopo
Mpumalanga	Eastern Cape
Gauteng	KZN
Northern Cape	

#### 13.4. Competitions and awards

- Cup (winners = Gold , Runners-up = Silver )
- Plate (winner = Bronze)

#### 13.5.Tournament format

##### Pool break down

Pool A	Pool B
A1	B1
A2	B2
A3	B3
A4	B4
A5	

##### a. Day 1: Pool Games

- Pool A teams play 3 matches
- Pool B teams play 2 matches

##### b. Day 2: Last Pool Game and Quarter Finals

- Each school plays final pool game to determine the 1<sup>st</sup>- 4<sup>th</sup> seeded per pool

- Top 8 progress to **Cup Quarter Final** ( 1<sup>st</sup> Pool A vs 4<sup>th</sup> Pool B, 2<sup>nd</sup> Pool A vs 3<sup>rd</sup> Pool B, 3<sup>rd</sup> Pool A vs 2<sup>nd</sup> Pool B and 4<sup>th</sup> Pool A v 1<sup>st</sup> Pool B)
    - 4 Winners will progress to **Cup Semi-Finals**
    - 4 Losers will progress to **Plate Semi-finals**
- c. **Day 3: Semi Finals and Finals**
- **Semi-finals matches**
    - **Cup Semi-Finals**
    - **Plate Semi-finals**
  - **Finals matches**
    - Plate runners-up
    - Plate finals
    - Cup runners-up

Cup Final Pool matches	Cup Quarters	Semi	Finals	
Eastern Cape	1 Cup Quarters	Cup semis runner-up	Cup Finalists winner	Gold medals
Free State	2 Cup Quarters	Cup Semis winner	Cup Finalist Loser	Silver medals
Gauteng	3 Cup Quarters	Cup semis runner-up	Plate finalist winner	Bronze medals
KwaZulu Natal	4 Cup Quarters	Cup Semis winner	Plate finalist Loser	
Limpopo	5 Cup Quarters	cup semis runner-up	Cup 3 <sup>rd</sup> place	
Mpumalanga	6 Cup Quarters	Cup Semis winner	Cup 4 <sup>th</sup> place	
Northern Cape	7 Cup Quarters	cup semis runner-up	Plate 3 <sup>rd</sup> place	
North West	8 Cup Quarters	Cup Semis winner	Plate 4 <sup>th</sup> place	
Western Cape				

**13.6.** Play on the first day of the tournament will consist of matches between teams in the same pool on a round robin basis. No extra time will be played in pool matches.

**a. Points will be awarded for these matches on the following basis:**

- Win : four (4) points
- Draw : two (2) points

- Loss : one (1) point for loss with seven(7) points or less
- Loss : No points for loss of more than seven (7) points
- Try bonus: one (1) point for a team that has scored four (4) or more tries in a match.
- No show : Expelled from the Tournament

**13.7.** If a Team willfully refuses to play, or willfully abandons a Match in progress, without the prior consent of the Match Referee, then, subject to confirmation by the Disputes Committees,

- That Team will be expelled from the Tournament.
- If a Team has been expelled from the Tournament, for whatever reason, then that Team shall be deemed to have been awarded no pool competition table points and to have scored no tries or points in the pool Matches; and for the purposes of determining standings in the pool competition table, all Match results against such Team shall be deemed null and void. This means that all pool competition table points awarded in Matches against the expelled Team and tries and points scored or conceded in Matches against such Team will not be taken into account in determining standings in the pool competition table.

### **13.8. Determining Pool Table Standings**

- Position in the pool competition table shall be determined by competition points as set out above.
- If at the conclusion of the pool stage two Teams are equal on competition points for any position in the pool, such position in the pool competition table will be determined on the result of the Match between the two equal Teams. The Team that won that Match shall be deemed to have finished higher in the pool competition table. If the Match between the two Teams equal on competition points at the end of the pool stage was a draw, then the following process shall be used to determine the placing. The margin of points scored for and against a Team in all pool Matches shall be considered. The Team with the highest positive margin of points shall be ranked higher in the pool competition table.

- If the tie remains unresolved then; the margin of tries scored for and against a Team in all pool Matches shall be considered. The Team with the highest positive margin of tries shall be ranked higher in the pool competition table:
  - If the tie remains unresolved then; The Team that has scored the highest number of points in the pool Matches shall be ranked higher in the pool competition table.
  - If the tie remains unresolved then; The Team that has scored the highest number of tries in the pool Matches shall be ranked higher in the pool competition table
  - If the tie remains unresolved then; the tie will be resolved by the toss of a coin between the Team Managers concerned. If at the end of the pool stage more than two Teams are tied on points then the following process shall be used to determine the placing.
  - The margin of points scored for and against a Team in all pool Matches will be considered. The Team with the highest positive margin of points shall be ranked highest in the pool competition table.
  - if the tie remains then
    - The margin of tries scored for and against a Team in all pool Matches will be considered.
    - The Team with the highest positive margin of tries shall be ranked higher in the pool competition table
    - if the ties remains then,
    - The Teams concerned shall be ranked by reference to the number of points scored in all pool Matches. The Team with the highest number of points scored in the pool Matches shall be ranked higher in the pool competition; if the tie remains unresolved then;
  - The Teams concerned shall be ranked by reference to the number of tries scored in all pool Matches. The Team with the highest number of tries scored in the pool Matches shall be ranked higher in the pool competition table: if the tie remains unresolved then;
  - The tie will be resolved by the toss of a coin between the Team Managers concerned. Following the completion of the pool games, the top four teams will progress to the Cup competition.

- The duration of Matches, other than the final of the Cup, will be seven minutes each half with a two-minute half time interval. The duration of the Cup final will be 10 minutes each half with a three-minute half time interval. The playing (match) time is subject to change pending the sole discretion of the officiating technical official.
- Apart from the willful abandonment of a match and the event of a Match having to be stopped after its commencement under the provisions of the Laws of the Game, then subject to confirmation by the Disputes Committee, the following procedure shall apply:

### **13.9.Pool Matches**

- Where a pool Match has been abandoned either at half-time or at any time in the second half the result and any points and tries scored by each team in the match shall stand.
- Where a pool Match has been abandoned during the first half the result shall be declared a draw.
- Where a pool Match has been declared a draw then for that Match each Team will be awarded two Match points and any points and tries scored will count towards the total points and tries scored by each Team in all their pool matches

### **13.10. Knock Out Matches**

- Where a Match has been abandoned either at half time or at any time in the second half the result shall stand. If both Teams are tied then the Team having scored the most tournament points shall be declared the winner. If this does not produce a winner then a coin toss shall be used to ascertain a winner. However, if one of the Teams participated in a Pool where a Team was expelled, for whatever reason, then the matter will be referred to the Disputes Committee which shall decide the most appropriate method for determining the winner of the tied knock out Match.
- If a Match has been abandoned during the first half the result shall be declared a draw a coin toss shall be used to ascertain the winner. However, if one of the Teams participated in a Pool where a Team was expelled, for whatever reason, then the matter will be referred to the Disputes Committee

which shall decide the most appropriate method for determining the winner of the tied knock out Match.

### **13.11. MAXIMUM NUMBER OF PLAYERS ON THE PLAYING AREA**

A team must have no more than seven players on the playing area.

### **13.12. PLAYERS NOMINATED AS SUBSTITUTES**

- A team may nominate no more than five replacements/substitutes.
- A team can substitute or replace up to five players.

### **13.11. SUBSTITUTED PLAYERS REJOINING THE MATCH**

- If a player is substituted, that player may return and play in that match even to replace an injured player at the sole discretion of the officiating technical official.
- **Exception:** A substituted player may replace a player with a bleeding or open wound.
- Only players, the referee, assistant referees and medically trained persons in order to tend to an injured player may enter the playing area. During the interval coaches, water boys and camera crews may enter the playing area but they must leave it before resumption of play and must not do anything to delay the punctual resumption of play
- The IRB Standard Set of Variations for the Seven-a-Side will be applicable. All infringements at a Kick-Off by the kicking team as specified below will result in a Free Kick at the centre of the half-way line awarded to the non-offending team.
  - Ball not reaching opponents' 10 meter line, unless first played by an opponent;
  - Ball kicked directly into touch;
  - Players of the kicker's team in front of the ball when it is kicked;
  - Ball kicked into in-Goal where it is immediately made dead by the non-kicking team, or the ball becomes dead by crossing the Touch-in-Goal or Dead Ball lines.
- A player sent from the field, under Law 10, will not be permitted to play again until the matter has been dealt with, in accordance with the applicable Tournament Disciplinary rules. **LAW 10: FOUL PLAY**
  - **SANCTIONS Note:** Temporary Suspension: When a player has been temporarily suspended, the player's period of suspension will be two minutes. The suspension time may vary pending the decision of the officiating technical official.

### **13.12. Team Jerseys - Color Clashes**

- Every Endeavour will be made to avoid clashes; however the participating Unions acknowledge that the issue of color clashes between Team Kits normally worn by Participating Unions is of critical importance. Teams must play all matches in the registered jersey/shorts colors. No variations to these will be permitted except in the case of a pre-determined color clash. Where pre-determined color clashes do occur, the alternate colors must be registered. The following rule shall be observed by Participating Unions and the Teams: For all matches where there is a color clash, the team wearing the alternate kit will be determined by coin toss.

#### **13.13. Toss**

The toss to decide who will kick off and to choose ends will take place at half time in the preceding match. The toss shall be conducted by the match referee with the captain and or team manager of each team in attendance. Should one of the captain's not attend the toss at the half time in the preceding match, the captain in attendance will execute his decision, which will be binding.

**13.14. Technical appeals:** Will be managed as per SARU and NOC.

**13.15. Competition fixtures:** Will be availed to managers after all teams have registered.

#### **13.16. Competition attire**

All apparel must be IRB approved.

- Rugby jersey
- Rugby shorts
- Rugby socks
- Gum guard
- Protective head gear (optional)

#### **13.17. Technical officials**

- Provinces will NOT be required to provide technical officials for the tournament. SARU will select and provide officials for the tournament.

## **14. TENNIS: Able body and Wheelchair**

#### **14.1. TEAM COMPOSITION**

- U/13 Boys and Girls (4 boys and 4 girls)
- U/17 Boys and Girls (4 boys and 4 girls).
- Wheelchair U/15 Girls (2 players)
- Wheelchair U/19 Boys (2 players)

#### **14.2. ELIGIBILITY OF PLAYERS**

- For Under 13 all players shall have been born between 01 January 2004 and 31 December 2002
- For Under 17 all players shall have been born between 01 January 2001 and 31 December 1998

#### **14.3. NUMBER OF MATCHES**

- A total of 9 teams will be accepted into the competition. The competition will comprise of two phases. Phase 1 will be a Round Robin Competition, culminating into a cross over and final.

##### **Phase 1 – Round Robin:**

- The 9 teams will be placed into 2 sections, one containing 4 teams and the other 5 teams. The teams will be seeded according to the combined rankings of the players on the TSA rankings; unranked players will be awarded a ranking position of 1000 and placed into the groups as follows:

**Group 1:** 1, 4, 5, & 8

**Group 2:** 2, 3, 6, 7 & 9

##### **Phase 2 – Cross Over Competition to determine 1 - 9:**

- The winning teams from Group 1 will play the 2<sup>nd</sup> placed team from group 2 for position. 1<sup>st</sup> placed team in group 2 will play 2<sup>nd</sup> placed team in group 1. 3<sup>rd</sup> placed team in group 1 will play 4<sup>th</sup> place in group 2 and 3<sup>rd</sup> place in group 2 will play 4<sup>th</sup> place in group 1 and 5<sup>th</sup> placed in group 2 will obtain position 9 automatically.
- The winners then play all the winners and the losers play each other to determine from 1 – 8.

#### **14.4. METHOD OF PLAY**

- Each Match consists of 4 boys' and 4 girls' singles, 2 boys' doubles, 2 girls' doubles and 4 mixed doubles matches.
- The team that has the highest number of points will be the winner of each round Robin section.
- The team that wins the final knock out match in the Red Group will be the winner of the tournament.

#### **14.5. PLAYING RULES**

- Each singles match will be the best of 2 tiebreak sets, with a ten point Match Tie
- Breaker being played in the event of the match reaching one set all (first to 10 and lead by 2). All doubles and mixed doubles matches will be a pro-set,



first team to win 8 games, with a standard 7 point tie-breaker being played if the match reaches 7 games all (first to 7 an lead by 2).

- The warm up period is 5 minutes.
- Maximum rest between matches is 30 minutes or if otherwise determined by the referee.
- 15 minutes prior to the commencement of the first singles matches, each team manager must complete his / her match score-sheet with the names of the singles players in merit order and the doubles and mixed doubles combinations.
- The score sheets must then be exchanged for completion at the start of the match.
- If the number 1 boy and the number 1 girl team up in the mixed doubles, they must play in the number 1 mixed doubles position.
- The number 1 player may not play in the second or third couple of the doubles events but may play in either couple 1 or 2 of mixed doubles.

***The winning team is responsible for returning the score sheets. Both managers must sign the score sheets. All used balls must be returned by each team at the conclusion of each match.***

- Any player not ready to play within 15 minutes of the scheduled time or after the court becomes available will be reported to the Referee who will award the match to the opposing team unless circumstances require another decision.
- The advantage rule will be played in all matches.
- TSA general rules and code of conduct will apply.
- Singles order to remain the same throughout the tournament.
- Coaches may enter and leave the court at change overs and may advise players on change overs only.
- All round robin ties must be completed fully, i.e. all matches within the tie must be completed. If a match / tie are interrupted due to rain or some other reason, the Referee has the right to use other courts or play under lights if deemed necessary by him / her.

#### **14.6.POINTS SYSTEM**

- In the round robin matches each team receives 1 point for a set won. If the match is won in straight sets, a bonus point is awarded.
- A match tie-breaker (singles) will count as a set played. If required for a 3 way tie calculation, the match tie breaker will count as 1 set or 1 game.
- 1 point is awarded for each doubles or mixed doubles won.
- A maximum total of 48 points will therefore be scored for each tie played.
- The team with the most points in the round robin is the section winner.

##### **Method of resolving ties between teams:**

- At the conclusion of the Round Robin phase, teams that are tied on points will be broken as follows:

##### **Two Way Tie:**

- In the event of 2 teams being tied, the head to head result between the two teams when they played in the Round Robin will decide the outcome

### **Three Way Tie:**

- In the event of 3 or more teams being tied on the same number of points the following will be used to break the tie:
- The team with the highest percentage of sets won; If a 3 way tie still exists then;
  - The team with the highest percentage of games won
  - If at any stage during the tie breaker method in point 2, two teams remain after the percentage sets won has been used, then percentage games will be used to break the two way tie. The only time that head to head results are used is if there is only a two way tie from the beginning. Once a 3 way tie exists, the elimination process of percentage sets and then percentage games must be followed.
  - In the event of a tie still remaining after percentage games has been used, then the winner will be decided based on the team that won the most number of matches in the no 1 mixed doubles position.

### **14.7. NOMINATION OF PLAYERS IN MERIT ORDER**

- Managers must nominate their players in merit order at the manager's meeting.
- The managers may not alter the order of the teams' players from day to day.
- This applies to singles only.
- Team managers must submit to each other their respective team's line up for the day prior to the first singles match going on court
- The number 1 player must play in the number 1 doubles match.
- The number 1 player can play in either the number 1 or 2 positions in the mixed doubles match, but if the number 1 boy and number 1 girl form a team, they must play in the number 1 position.

### **14.8. SUBSTITUTION**

- An injured player can forfeit a match, i.e. the singles match, but still play in the doubles and/or mixed doubles. A reserve can replace the injured player for the remainder of the tournament. The reserve moves in at the number 6 position and the rest of the players move up one position.
- In the event of a retirement i.e., 62 31, the remaining games are awarded to the winner of the match for calculation purposes 62 61

### **14.9. APPEAL COMMITTEE**

- The committee shall comprise of 4 people, which will be the tournament Director, Referee and 2 managers of the involved provinces

### **14.10. WHEELCHAIR TENNIS**

- Each province may enter one (1) team of 4 players per team
- Each team will consist of 2 male players and 2 female players, both of whom are U19 years old
- The event will be open to any registered wheelchair tennis player. Quads may participate, but would need to play in the open class for this event.
- Each team may have a Team Manager and a Team Coach
- A Referee will be appointed by TSA to officiate the event

- The singles event will be run in a round robin format and the doubles and mixed as a knock out format.
- Women's Singles, Men's Singles, Women's Doubles, Men's Doubles, and Mixed Doubles draws will be offered.
- All players are required to play the singles, doubles and mixed events
- Players may only enter the doubles or mixed events with a partner from their own province.
- Players are required to play all positional play off matches. Should a player not play a positional play off, for any reason besides medical, this will automatically put the player in last position in that draw.
- All medical withdrawals will need a letter from the medical team
- Matches will be best of 3 tie break sets, but maybe changed at the discussion if the referee should time or weather require.
- The warm up period is 5 minutes.
- Any player not ready to play within 15 minutes of the scheduled time or after the court becomes available will be reported to the Referee who will award the match to the opposing team unless circumstances require another decision.
- Minimum between matches is 30 minutes or if otherwise determined by the referee or
- Should a player withdraw from the singles for any reason, this is an automatic withdrawal from the doubles and mixed draws.
- Players are responsible for calling their own lines and score
- The Referee will make the final decision on court disputes.
- Balls will be used for each match, no new balls will be given for the championship breaker should one be played
- ITF Tennis rules apply for the event with regard to warm up times, toilet breaks, medical and tyre repairs etc.
- Teams will be required to register and sign in on arrival.
- The final draw for the event will be done after sign in.
- The format may be changed by the Referee, and is dependent on number of courts available and on the weather.
- The winning team/ person is responsible for returning the score sheets. Both managers must sign the score sheets.
- All used balls must be returned to the referee at the conclusion of each match.
- Coaches may enter and leave the court at change overs and may advise players on change overs only.
- The score card for team spirit will be presented and discussed at the draw function

#### **14.11. FORMAT OF MATCHES – SINGLES**

- Players will be divided into 3 pools of 6 players per pool (ABC), for both boys and girls singles.
- The ITF International and WTA National Rankings will be used to seed the top 6 players in the girls and the boys' events.
- The top three seeds in both boys and girls events will be placed in one of the three pools (A, B, or C).
- Players ranked 4-6 will be drawn into pools A, B, or C.

- Players from the same province will not be placed in the same pool. Should a player from the same province be drawn into the pool with a team mate, they will be put in the next pool. E.g. If drawn in pool A, will be moved to pool B. The player drawn next will be placed in pool A.
- Players will play out for positions in each of the pools.
- After the positions are known (position 1-6) in each pool, players will be placed in a second play out pool. Players from pool A, B, C who finish in position 1 will play each other, and the same for all other positions.
- All three players finishing in position 1 will play out for medals. Other players will play out for positions. Each position will have a certain point value and count toward the teams final standings.
- To determine the winner, the player winning both matches in the play out group will finish at the top of the group.
- Should there be a three way tie, matches will be counted first, then sets, and then, if needed, games. Players winning the most sets or games will finish in the higher position.

#### **14.12. FORMAT OF MATCHES – DOUBLES AND MIXED**

- The draw will be a knock out format for each of the three doubles draws.
- Players' singles ranking will be combined to determine the teams' doubles rankings.
- Seeding will be done based on the ITF international and WTSA national rankings.
- Seeds will be placed, and other teams will be drawn.
- Positional play offs will be played for each position.

#### **14.13. POINTS SYSTEM& MEDALS**

- Individual medals will be given to individuals finishing in the top 3 positions in the singles, doubles and mixed doubles draws. (Gold, Silver, Bronze).
- The medal position will be determined on the positional finishes in each draw.
- The winning province will be determined by counting up all the points awarded to all team members (7 positions finishes added together - 2 boys singles scores, 2 girls single scores, the boys and girls doubles teams, and 2 mixed teams) to make up the provinces final score.
- One point will be awarded per place – e.g. position 1 = 1 point, position 2 = 2 points.
- The scores for the singles positions must be doubled
  - Example:
  - No 1 Boy – singles position finish 1 = 1 point x 2 = 2
  - No 2 Boy – singles position finish 12 = 12 points x 2 = 24
  - No 1 Girl – singles position finish 4 = 4 points x 2 = 8
  - No 2 Girl – singles position finish 14 = 14 points x 2 = 28
  - Boys doubles – position finish 3 = 3 points
  - Girls Doubles position finish 7 = 7 points
  - No 1 Mixed Doubles – position finish 5 = 5 points
  - No 2 Mixed Doubles – position finish 10 = 10 points

#### **14.14. Total Team points = 87**

- The province with the lowest final team score will win the provincial medal.
- Should there be a tie, the points for team spirit would be added to each team
- Should a tie still exist, the team with the highest singles scores would be placed above the other team.
- At the beginning of the competition each team would be given a card to score the teams on team spirit, etc. These cards would be handed to the referee during the event, and would remain anonymous.
- Each team would be scored by the other provincial teams and the 7 scorecards would be added up for a total team spirit score. Team spirit could be a deciding factor for a team tie.

## 15. TABLE TENNIS: Top School: Able body, SASAPD, SASAI and Deaf

### **15.1.AGE GROUP**

- Able body: Under 13 Boys and Girls
- Able body: Under 17 Boys and Girls
- SASAI: Under 16 boys and Girls
- SASAPD: Under 18 Boys and Girls (TT 1-5 and TT 6-10)
- Deaf: Under 19 Boys and Girls

### **15.2.TEAM COMPOSITION**

- a. Each team shall be selected by the provincial school sport structure and shall consist of minimum of 4 and maximum of 6 players both sexes.
- b. A 9 match card, a team has to win 5 matches to be declared the winners. So in a 5 match card a team has to win 3 matches the remaining matches may not be played if time is tight.
- c. 9 match card – Home team A-B-C-D-E Then Away team U-W-X-Y-Z  
Singles: A vs. U/ B vs. W/ C vs. X/ D vs. Y Doubles match in which E and Z must play for their respective teams. Singles: A vs. W/ B vs. U/ C vs. Y/ D vs. X
- d. Each player must play at least 1 match.

### **15.3.MANAGERS**

- One Manager from each representing school team

### **15.4.COACHES**

- One Coach from each representing school team

### **15.5.COMPETITIONS**

- a. In the first stage of the team event the teams will be divided into two (2) groups, with all teams in a group playing each other (round robin) and the final stage group winner will have playoffs i.e.
- b. The winner of each group will play against each other to determine the 1<sup>st</sup> and 2<sup>nd</sup> places.

- c. The 2<sup>nd</sup> placed teams (runner-up) will play each other for 3<sup>rd</sup> and 4<sup>th</sup> places.
- d. The 3<sup>rd</sup> placed teams from each group will play each other for 5<sup>th</sup> and 6<sup>th</sup> places. The 4<sup>th</sup> placed teams will play for places 7<sup>th</sup> and 8<sup>th</sup>.
- e. Two (2) match points shall be awarded for a win and one (1) for a loss in a played match and zero (0) for a loss in an un-played or unfinished match.
- f. The ranking order shall be determined primarily, by the number of match points gained.
- g. If two (2) or more of the group have gained the same number of match points, their relative positions shall be determined only by the results of the matches between them, by considering successively the number of match points, the ratios of wins to losses first in individual matches (for team events), games and points, as far as is necessary to resolve the order.
- h. If at any stage in the calculations the positions of one or more members of the group have been determined while the others are still equal, the results of matches in which those members took part shall be excluded from any further calculations needed to resolve the equalities in accordance with the procedures of 39.4 and 39.5
- i. If it is not possible to resolve equalities by means of the procedure as specified above, the relative positions shall, be decided by lot.

#### **15.6. Open singles event (knock-out)**

- Seeding will be done according to the SATTB ranking list and results of the team events.
- The players with disabilities will be allowed to compete against the able players.

#### **15.7. PLAYING RULES**

- The tournament will be played as per the laws of table tennis, as formulated by the international table tennis federation's rules for 2003 and the South African Table Board Rules and Regulations.

#### **15.8. MANAGEMENT COMMITTEE**

- Two (2) members of the National School Sport Structure, One (1) referee and One 1 representative member from the National Federation, The members of the National School Sport structure including the referee, who shall act as the conveners.
- This committee will adjudicate in any dispute, which may arise during the tournament. Appeal to the management committee on a ruling by the referee may be made on a question of tournament or match conduct not covered in the laws, such as time or conditions of playing, umpiring, etc. But in no circumstances shall it be made on any question of interpretation of the law.

#### **15.9. DISCIPLINARY COMMITTEE**

- A disciplinary committee consisting of three (3) members who shall be elected at the managers meeting, this shall be held prior to the start of the

tournament. This committee will adjudicate in any breach of disciplinary code not covered by the jurisdiction of the referee.

#### **15.10. RULES AND REGULATIONS**

- SATTB Schools and Disability sectors will form subcommittee with SATTB being the official national games code coordinator
- ITTF/PTT rules will apply as controlled by SATTB
- The competition will run on an inclusion process with the able body table tennis as a step towards promotion of inclusion sport in South Africa
- SATTB and Disability sectors will form subcommittee with SATTB being the official national games code coordinator
- Physically disabled will play class single events and team open
- Intellectually impaired and Deaf will play open single event and team open events
- The venue and equipment will be the same as that of able body

#### **15.11. TECHNICAL OFFICIALS**

##### **a. Umpires**

- One referee and one table controller.
- Six (6) League Umpires per province i.e.  $6 \times 9 = 54$
- One (1) SATTB International Umpire that will be the Referee, 1 Deputy Referee from Schools Table Tennis National Committee, 2 table controllers from School Table Tennis National Committee and 2 classifiers from Disability Sport = Totaling 6 members.
- **TOTAL = 54 + 6 = 60**
- All umpires must have passed the SATTB league Umpires Examination prior to the Games. preference should be given to teachers with the necessary qualifications

#### **15.12. CLOTHING**

- Shorts/Short Skirts; Golf Shirts/T-Shirts [**No white tops**]
- Long pants will be used on request from the tournament referee

## **16. VOLLEYBALL: Top School: Able body and Deaf**

#### **16.1. Age categories**

- Under 13, born in or after 2001
- Under 17, born in or after 1997
- Under 19 (deaf) , born in or after 1995

#### **16.2. Competition rules**

- FIVB rules will apply.

#### **16.3. Competition format**

- a. Schools will be divided into two pools. Pool A will consist of five (5) schools and Pool B will have four (4) schools.
- b. The first two sets of all matches will be played to 25 points with two clear points. The third and deciding set will be played to 15 points, with a two point difference.

- c. There will be no capping.
- d. All pool matches, semi-finals and finals will be played best of three sets for the primary schools and high schools sections. The top two teams in each pool will contest the semi-finals. Winner in each pool will play the runner-up in the other pool.
- e. The first two sets of all matches will be capped at 27 points. A deciding set will be played to 15 points with a 2 point difference. There will be no capping in the deciding set.

#### **16.4. Technical appeals**

- All protests shall be in writing and shall be accompanied by a protest fee of **two hundred rand (R200)** which is non-refundable if the protest is not upheld.

#### **16.5. Competition apparel**

- a. Teams must be uniformly dressed with at least one set of legal numbers on the front and back of playing shirts. The **libero** (player) must be attired according to the FIVB rules.
- b. The numbers on the playing kit should be: front – 15cm and back 30cm.

#### **16.6. Team verification procedures**

- a. All players to present certified copies of their Birth Certificates for primary school players. High school players to present their Green ID book (in the absence of ID book a certified copy of BC with photo)

#### **16.7. Technical officials**

- a. All referees must be dressed in white. An official referee's shirt will be available at a cost.

#### **16.8. EXCLUSIONS**

All matters excluded from this manual shall be lodged to the Games appeals in writing. The appeals committee shall have final decision on the matter.

## **17. SOFTBALL: Able body only**

### **TOURNAMENT RULES**

**Based on the official rulebook will be the ISF Rulebook 2014 – 2017**

#### **17.1. COMPETITION**

##### **a. PLAYERS**

- Not more than Fourteen (14) and no less than Twelve (12) individual players per team shall participate in the tournament.
- Team roster and eligibility of players will be adhered to.



- Players must be bona-fide scholars turning 13 years or 17 years in the year the tournament is held.

b. **VERIFICATION OF BIRTH DATE:**

Team managers must produce documentation to prove that the players are of the correct age. The following documents will only be accepted:

- Certified copy of ID with recent color photograph
- Certified copy of Birth Certificate provided that a recent passport size photograph is attached and is certified by the commissioner of oath.
- Certified copy of passport with recent photograph.
- In all cases where photograph is used the stamp certifying the document must cross the certificate and the photograph.
- Players who do not produce the above identity documents will not be allowed to participate in the tournament.
- All registration documents must be kept with the manager at the fields in case age verification is needed.

**17.2. TEAM ENTRANCE**

- The secretary of SA Schools Softball will call for entries at least three calendar months prior to the tournament.
- The date of entries will be on the official entry forms and the closing date shall be six weeks prior to the tournament.
- No province shall withdraw from the tournament after the closing date of entries.
- All provinces shall fill out a Team Roster Form and register.

**17.3. COMPOSITION OF TEAMS AND TEAM MANAGEMENT** (Guideline)

- A province may enter only one age group team and one gender per division.
- Each team and team's management can consist of the following persons:
  - **Maximum of fourteen (14) players.**
  - **1 x Manager**
  - **Two Coaches (one Head coach and assistant coach)**
  - **1 Umpire**
  - **1 Scorer**
  - **1 Selector/scout.**
- The total per team is 20 persons.
- Team Management shall be dressed in color of the Team whilst in the dugout.
- **EACH PROVINCE SHOULD APPOINT A HEAD OF DELEGATION (Chairperson of Provincial School Softball Committee) AND BE ANNOUNCED AT THE TECHNICAL MANAGERS MEETING WITH THE CONTACT DETAILS.**

**17.4. TEAM UNIFORMS**

- All players participating in his / her team must be uniformed alike. Numbers must be on the back of uniforms and should be **15.2cm (6") in height**. Caps worn must be all alike with the same colour and badge. Caps are

mandatory for BOYS and optional for GIRLS, if worn must be the same in colour. Girls may wear sun visors and comply with the above.

- All GIRL players to play with shorts, no longs will be allowed.
- Coaches and managers must dress in white trousers or white skirts for females and /or colour of the team. White Bermuda type shorts are allowed. No slops or sandals. Socks must be worn with running shoes.
- Undershirts may be worn by any player, it is not mandatory. If they are worn they must be of the same colour and should not be ragged, frayed or slit sleeves on exposed undershirt.
- SHOES – NO Metal or aluminum spikes, studs or cleats may be used.

#### **17.5. EQUIPMENT**

##### **a. BALLS, BATS AND HELMETS**

- The official game ball for tournament is as per approved supplier.
- Primaries will use 11” and High schools = 12”
- BATS - Each team shall supply its own bats and they will be checked by the umpires prior to the start of their first game, and thereafter, if necessary.
- BATTING HELMETS - There shall be a minimum of five batting helmets per team and should all be of the same colour and in good safety condition (padding included) as per the playing rules. The umpires will check all helmets prior to the start of the first game, and thereafter, if necessary.

**NB: ANY EQUIPMENT THAT DOES NOT COMPLY WITH THE RULES WILL BE CONFISCATED AND CAN ONLY BE COLLECTED AFTER THE TOURNAMENT, NO EXCEPTIONS. THE TECHNICAL COMMITTEE WILL NOT BE HELD RESPONSIBLE FOR ANY UNCLAIMED OR LOST EQUIPMENT DURING THE TOURNAMENT.**

#### **17.6. EQUIPMENT ON GROUND**

This shall be the responsibility of the team. Umpires should see that no equipment is left in any way that will obstruct playing of the game or present a hazard to the players or umpires.

#### **17.7. METHOD OF COMPETITION: FORMATION OF SECTIONS (FAST PITCH)**

##### **a. RESOLUTION OF TIES**

A tie shall be resolved by the following, in order, the procedure set out below within round robin section:

- Rank the tied teams by the results of the games among themselves; a winner is placed ahead of the loser
- Rank the tied teams in order of their runs against record in games with themselves; the team with the lowest runs against record is first.
- Rank the tied teams in order of their runs against record in all round robin games; the team with the lowest runs against record if first.

##### **b. DURATION OF GAMES**

- Under 13 boys and girls will last five innings or 1 hour 15 minutes

- Under 17 boys and girls will play seven innings or one and a half hour (1Hour and 30minutes).

c. **COMPLETION OF GAME**

- No new inning may be started if there is 10 minutes or less remaining. (The scorer / s are the official timekeepers).
- Once the new innings has started it must be completed, unless the team second at bat is leading. All games will have to be played to a minimum of 5 innings.

d. **SIX-RUN-RULE for Under 13 games:**

- At schools the “run ahead rule” will be the Six-Run-Rule. When six runs are scored by the batting team, the inning will be over and “side down” called. A team may score more than six runs during an inning in the case of runners on bases when a batter hits a home run. The game continues until time is up.

e. **RUN AHEAD RULE for Under 17 games:**

- After 2 innings with 15 run lead.
- After 3 innings with 10 run lead.
- After 4 innings with 7 run lead.

For both divisions the teams must complete the same number of innings at bat unless the home team leads at the end of the TOP of the “last” inning, the game is called at that point.

f. **TIE BREAKER** (Applicable only to Playoff games)

- If, after the completion of time and ANY number of innings, the score is tied, the following tie breaker will be played to determine the winner;
- Starting with the top of the eighth innings, and each half innings thereafter, the offensive team shall begin its turn at bat with the player who is schedule to bat ninth, in that respective half innings being placed on second base.

g. **LEGAL GAME**

In the case of inclement weather, a game shall be regulation if 4 or more innings have been completed or if the “home team” has scored more runs than the “visiting team” has scored in 4 or more innings.

h. **MAJOR DISRUPTION TO PLAYING SCHEDULE / FIXTURES**

- 🌿 Where there has been a major disruption to the playing schedule / fixture (rain) during the round robin or playoff rounds, the determination of placing and winners of the medals shall be decided by the Schools Softball Executive or Schools Softball Representative. Any rained out game the two teams will share the points; there will be no makeup games.
- 🌿 The following guidelines are for assistance in making such determination:
- 🌿 Every attempt should be made to determine a winner through the playing of games (i.e. complete the round robin matches as a minimum).
- 🌿 If the round robin matches cannot be completed, the placing should be decided on the games actually played. However, consideration should be given to the number of games each team has played.

- 🍀 If any of the playoff games cannot be played or continued due to any circumstances, the following method will be used to determine the placing:
  - No playoff games played: Placing and medal winners will be determined by the final rankings at the completion of the round robin. Rankings to be determined in accordance with the Method of Competition under item No 7 (Resolution of Ties) (ISF 2015 Rule Book, Article 7).
  - Playoff rounds have commenced and cannot be completed:
    - Any game where a team has been defeated and eliminated from the remaining playoff round robin games will be deemed legal.
  - An undefeated team (including round robin and playoff round games) will be declared the winner.
  - In the event of there being more than one undefeated team (including round robin and playoff round games) the winner will be determined in accordance with the Method of Competition under item No 7 (Resolution of Ties).

*i.*     **STARTING LINE-UPS**

- A supply, for the tournament, of official Team Returns / Official Batting Order will be given to the team manager / coach at the technical meeting. Managers / coaches shall submit their teams' line-up to the official scorer / s **at least 20mins before the schedule start of the game.** This shall include the name (**surname first then first name - NO nick names**), uniform number and field position of each player in batting order. Should there be a DP (designated player) he / she should be in the starting line-up. All other players will be considered possible substitutes for the game and written under the section for substitutes with their uniform numbers (players must keep their uniform for the duration of the tournament, makes it better for data/Stats capturing). The plate umpire will distribute the copies as per the Note at the bottom of the Team Return / Official Batting Order. The plate umpire must be advised of all the substitutes being brought into the game, he in turn will notify the official scorer / s.

*j.*     **CHOICE OF INNINGS AND DUGOUT**

- To be decided by the toss of a coin, team first on the fixture / schedule will be entitled to call.
- The “home team” will be assigned to the third base dugout and the “visiting team”, who will bat first, will be assigned to the first base.

*k.*     **USE OF DIAMOND**

- Prior to their first game on a diamond, each team may have a 5 minutes warm-up on the diamond.
- The “home team” shall have last warm-up and shall remain on the diamond for the start of the game.

*l.*     **SMOKING**

No smoking is permitted on the field of play, or in the dugout **at any time by players or coaching staff.**

**m. USE OF CELLULAR PHONES**

- Cellular phones will not be allowed during the game or permitted in the dugout. If used, this will result in the ejection of the Manager / Head Coach listed on the line up card/team return.
- It is not acceptable to post photos of the tournament on social media and commit SSA and or SA Schools.

**n. PROTESTS**

All protests on playing rules must be settled on the playing field. No protests will be considered following the completion of the game, or on a judgment call. Protests on eligibility will be handled through the Protest Committee present at the competition. **An appeal or protest fee of R500-00 (cash) must accompany protest.**

**o. DISCIPLINARY**

- The disciplinary committee shall have the authority to deal with and take the appropriate action against any player or official whose on or off-diamond actions or conduct are reported as being detrimental to the sport of softball.
- Serious violation that warrants an ejection will be dealt with immediately after the game. The ejected player / official shall not take the field for the next game until the matter has been resolved at a disciplinary hearing. **All ejections which are unsportsmanlike like will warrant an immediate one game suspension.**
- Records of all offences will be recorded by the SSA/Schools Disciplinary Committee and will remain in the records of SSA /Schools.
- The player / official shall be permitted to be accompanied by the Team Manager / Administrator to the Disciplinary hearing.

**p. GENERAL**

- The use of "Temporary Runner" will be allowed, if used, the runner may run for the catcher who will be on base with two outs. This is an optional play for the offensive coach. The optional players will be the person batting ninth position at the time.
- No team player or management member will be allowed into the official technical room/s. This area is out of bounds.
- Ball players are warned not to use **STRONG LANGUAGE** and throw their equipment in anger.
- Managers and coaches are not allowed to address the members of the opposition, if it is unsportsmanlike the perpetrator will be ejected from the game and appear at a hearing of SSA.
- Distracting Adornments: No exposed items, including jewellery, judged by the umpire to be distracting to the opposing players may be worn or displayed. The umpire shall require the item to be removed or covered. **NO JEWELLERY at schools level.**

q. **UMPIRES AND SCORER**

- The appointment of the Umpire in Chief and Scorer in Chief for the Schools Softball tournaments will be done by SSA
- Every umpire and scorer officiating must be registered with SSA/School Softball and approved by the SSA Technical Committee to his / her ability and knowledge of the rules.
- All umpires and scorers assigned to the tournament will be allocated to games and will be part of the SSA/School Softball Technical staff and not his/her province or school.
- All duties performed will be carried out in a dignified and sober manner and all irregularities must be reported to the umpire / scorer in chief.
- Official umpires and scorers will all be required to be at the fields an hour before the scheduled game in the morning.
- All officials to report to the Head of Technical when they have to leave the field for other reasons in case they are needed for the game.
- Should an umpire have a bye he / she is requested to change into civvies. Change of clothing must be done in a change room and not in the official technical room / s or in the ball park.
- Team scorers / statisticians are NOT part of the SSA/Schools Technical and therefore will not be allowed into the official technical room / s. This area is out of bounds. Team scorers / statisticians are restricted to the dugout only and may not go onto the field of play.
- All requests for the evaluation or assessment of technical officials should be done in writing and should reach the national schools secretary at least 30 days before the tournament. This list will be forwarded to SSA and proper arrangements will be made for assessments/evaluations.
- **No smoking is permitted whilst on duty for all the officials.**

r. **SELECTORS/SCOUTS**

The tournament selection committee shall be responsible for and in control of all selection duties at the tournament. The scorer in chief **only** will release statistics to the selectors when requested.

s. **AWARDING OF POINTS**

The winning team shall be awarded with 2 points, the losing team, nil and teams that play a draw will get 1 point each. **Rained out games will be 1 point each**, these are games scheduled and did not play. Ruling on games started and not completed will be guided by the ISF rules in terms of legal game or not.

t. **STANDINGS AND LOGS**

Team standings and logs will be displayed on a bulletin board every morning for viewing to the public.

u. **STATISTICS**

- Top Batter and pitching statistics will be done on the round robin competition and not on the playoff games.

- Copies of the statistics on the previous days games will be available at midday each day to team's management via pigeonholes situated in a place of convenience
- All original score sheets and statistics are the property of SSA/Schools Softball and therefore are NOT released to any person / s without permission.

v. **AWARDS:**

- The winners of the championship will be presented with a floating trophy by SSA/Schools Softball.
- Individual gold, silver and bronze medals will be awarded to each player on the Team Roster of the first, second and third place teams

w. **FIXTURES / SCHEDULES**

- The fixtures / schedule of the tournament will be released by SSA/School Softball to the provinces/regions before the Championship.
- Standing achieved by teams at the previous tournament is used as a basis for forming the next tournament grouping.
- Teams, which enter a tournament without a standing, shall be included at the end of the established standings in the order in which their entries are received.

## 18. SWIMMING: Able body, **PARA: S1 – S15**

### 18.1.GENERAL INFORMATION

- a. The Venue for the swimming Competition will be the Province of Gauteng.
- b. SRSA will determine the exact swimming venue with the code
- c. The competition will be run under FINA rules. The One Start rule will apply at the S.A. Schools' Championships. (FINA SW 4)
- d. Please note FINA rule SW 10.8 "No swimmer shall be permitted to use or wear any device or that may aid his/her speed, buoyancy or endurance during a competition (such as power bands or adhesive substances etc.).
- e. Any kind of tape on the body is not permitted unless approved by FINA Sport Medicine Committee.
- f. The Programme of events will be run according to the attached sessions and events. Only **ONE** Relay team **per Province** may be entered.
- g. Eight / ten lanes will be used at the Championships

## 18.2. ENTRIES ADMINISTRATION

- a. Please note that it is not a requirement that competitors be registered with Swimming SA for this competition. It is however imperative that those swimmers who are registered with SSA include their SSA registration number on their entries so that their times are included in the SSA database. Trials / selections have to be organized with the relevant Provincial federation. All times achieved at the Provincial trials **HAVE TO BE** ratified and included on the relevant SSA affiliate's database.
  - i. Trials to select the provincial Schools' team have to take place during the 2015/2016 swimming season viz. May to October 2015. No times achieved during the last season will be accepted.
  - ii. Provincial schools' trials must be technically administered **with** the Provincial federation.
- b. Entries can **ONLY** be submitted electronically via the Team Manager Software. Please contact your closest Provincial Swimming Federation for help in this regard. The gala set up for "Team Manager" will be emailed out by SSA or the host provinces' data processor, as per SSA regulations.
- c. Team entries must be ratified by your **Provincial Departments of Education & Sport & the Provincial federation structure**. Please work closely with the Provincial federation regarding the use of Team Manager as the data processor must e-mail your entries to Swimming SA.
- d. **NO Late Entries** will be accepted. Swimmers omitted from the team entries will not be permitted to swim at the Championships.
- e. The Meet Entry Lists (Psych sheet) will be forwarded to the team manager to check & corrections will be accepted until 20 November 2015 where after no additions to the team will be accepted.
- f. Entry times must be included (for relays as well) otherwise the swimmer or relay team will not be seeded and will swim in the first heat. This includes Para swimmers.
- g. The Province must submit entries. Entries will not be accepted from Regional or District structures. All teams and entries must be ratified by your Provincial Departments of Education & Sport & Provincial federation structure.
- h. Each competitor may enter a **maximum of 4 individual events** as well as relay events. The 4 individual events may be in the swimmer's age group or open events.
- i. Heats and finals will be swum for all events except those noted in the programme where timed finals will be swum.
- j. Only **two swimmers per province** will be eligible for the **finals**.



- k. If a province does not have a swimmer for an event, no entry must be submitted.
- l. Confirmation of entries will be sent to the Provincial Team Manager as soon as possible after all the entries have been received.
- m. Once you have received confirmation, please check to see if all the information is correct (including spelling errors). No “new” swimmers may be entered at the championship, as this constitutes a late entry.

**18.3. RELAYS**

- a. ONLY ONE Relay team per province will be allowed. The final relay names (in order of Swim) will have to be submitted 60 minutes before the start of the session in which the relays take place (FINA Rule BL6.3.6.4).
- b. Teams who do not submit their relay names on time, or who swim in an order other than the specified order will be disqualified.
- c. No relay swimmers may be entered if they do not appear on the database, as this constitutes a late entry.
- d. Names of relay swimmers with their times must be included in the initial entries from provinces.
- e. It is the responsibility of the Provincial chairperson & general manager to check all names appearing on the psych sheets.
- f. Corrections must be made & submitted to the chief recorder by the stipulated time.
- g. Confirmation of relay swimmers must be submitted on the given form at the managers’ meeting.
- h. Final submission of relay swimmers in the correct following order must be submitted one hour prior to the start of the session of that relay event.

**18.4. Age Groups**

- a. The age groups for the championships will be the year of birth.
- b. Please consult the following table for details:

**i. Primary Schools**

11 – 12 Years	13 years
Born 2004, 2003	Born 2002

**iii. High Schools**

14 – 15 years	16 – 17 years
Born in 2001, 2000	Born in 1999, 1998

## **18.5. SUBSTITUTION, WITHDRAWAL AND PROTESTS**

- a. It is mandatory for the Team Managers of the teams to take part in the Team Leaders (Managers) Meeting/s.
- b. Substitutions and withdrawals (scratching) must be handed in 1 hour before the Managers' Meeting.
- c. ONLY the General Provincial Team Manager will be allowed to withdraw or substitute swimmers at the Gala on the prescribed forms.

### **18.5.1. Substitution**

- a. Any entered competitor may be substituted by another entered competitor at the Managers' Meeting.
- b. Substitution means that a swimmer withdraws from an event, and another swimmer takes his / her place.
- c. A swimmer who replaces another swimmer may still only swim 4 events. If a team is found entering a swimmer into a 5th event, the swimmer will be disqualified from that event and will not be allowed to swim any other events including relays.
- d. A replacement swimmer must have been included in the original team list and will therefore appear on the database for the meet.

### **18.5.2. Withdrawal**

- a. Withdrawal (scratching) means the swimmer withdraws from the event and there is no one to take his/her place.
- b. Swimmers or relay teams not wishing to take part in a final in which qualification was earned, shall withdraw within thirty (30) minutes following the preliminaries of the event in which qualification took place.
- c. The Province of any competitor who withdraws from the heats/preliminary rounds after the Managers' Meeting or from the final more than thirty (30) minutes after the preliminaries of the event in which qualification was earned, shall pay the sum of five hundred (500) Rand, in the case of a relay, the sum shall be one thousand (1 000) Rand.
- d. If a team does not have any one entered in an event, they cannot "substitute" a swimmer into the event.
- e. If there is a withdrawal from the team after the entries have been submitted, the replacement must be e-mailed to the Chief Recorder.
- f. If a swimmer is ill and has to withdraw, a medical certificate is required from a doctor.
- g. No replacement swimmers will be permitted at the championship.

### **18.5.3. Qualifying times**

- a. Qualifying times have been set for all events for both primary & high schools taking in to consideration the Swimming SA Age group times
- b. **A province may enter a maximum of THREE swimmers per event that qualify** at the Provincial Championships / Trials.
- c. The Provincial Championships / trials must be administered with the Provincial Federation data processor.
- d. Please adhere to the qualifying times when selecting your team. If a province **does not have any swimmers that qualify**, according to the National times set, the province may enter **ONE** swimmer per event. (Please see the attached table for information).
- e. It is **not imperative for you to enter athletes in every event**. It is essential that provinces use the National qualifying times as a guideline when entering non-qualifiers.

### **18.5.4. Medical Questionnaires.**

Please make sure you have signed medical information from parents or guardians. A list of all your swimmers' medical aid details must be kept with you. There will be first aid available at the venues, but if a child needs to be taken to hospital, the hospital will not admit him/her without the medical aid details. There will be a doctor on standby at the Swimming venue. If swimmers are on medication or have a medical condition, managers must be kept in informed. Please utilize the medical form approved by your Province.

### **18.5.5. Parental Consent Form**

Please contact your provincial Departments of Education & Sport for a parental consent form. Please bring this to the Team Managers' Meeting.

### **18.5.6. Proof of date of birth**

The following documents must be utilized to verify the date of birth for competitors:

⇒ Original I.D. document OR certified copy thereof by a Commissioner of Oaths OR

⇒ Original Passport or certified copy thereof by a Commissioner of Oaths

OR

⇒ Digital birth certificate or certified copy thereof by a Commissioner of Oaths with a RECENT passport sized photograph, stamped by the school principal.

⇒ The school stamp must NOT cover the photograph, but must be visible over the side of the photograph & on the birth certificate.

⇒ No affidavits will be accepted.

⇒ The school stamp, signed only by the principal must also be visible on the I.D. or birth certificate. This is to verify that the athlete attends the said school & the date of birth is correct.

⇒ Team Lists must include the athlete's full name, date of birth & separated into male & female per age group.

⇒ Team lists must be checked by the Provincial Departmental officials prior to the competition.

## **18.6. COMPETITION PROCEDURE AND MEDAL PRESENTATIONS.**

Any Swimmer who misses his / her race will NOT be allowed to make up his / her swim in another event. It is the Team Managers' responsibility to make sure that the swimmers report on time for their races. Swimmers will be asked to report at least 9 races (heats) before their race. Any Swimmer who does not report for his / her medal presentation will not receive his / her medal. If there is a legitimate problem, send a replacement to collect the medal on the swimmer's behalf. All Medalists' must report to the podium in Provincial Attire (Provincial Tracksuit). The medal presentation will last approx. 90 seconds. Anyone appearing in a towel will not be allowed onto the Rostrum and will forfeit his / her medal.

### **18.6.1. Demographic Representation Targets:**

A compulsory 30% transformation target is essential for both athletes & officials. If a **province** has three individual entries, every effort should be made to include a black swimmer (Black African, colored, Indian, Asian) in every event that he / she qualifies for according to the times set. Provinces that have two individual entries or less should attempt to have one black swimmer per event. In an effort to increase access to participation at this level for black swimmers, provinces can select these swimmers for the team if he / she has swum a time that is not slower than 10% of the qualifying time.

The rule of four individual events per swimmer and **four** swimmers per event per province must still be adhered to.

### **18.6.2. Scoring:**

**a. Individual events**

**Two** swimmers only per province will be eligible for **the finals**. If ten lanes are available, scoring will be 10 – 1<sup>st</sup> place, 9 – 2<sup>nd</sup> place, 8 – 3<sup>rd</sup> place, 7 – 4<sup>th</sup> place, 6 – 5<sup>th</sup> place, 5 – 6<sup>th</sup> place, 4 – 7<sup>th</sup> place, 3 – 8<sup>th</sup> place, 2 – 9<sup>th</sup> place & 1 – 10<sup>th</sup> place. If 8 lanes are available, the scoring will start at 8.

**b. Relays:**

The scoring for relays will be double of that of the individual events e.g.

1<sup>st</sup> place – 20, 2<sup>nd</sup> place – 18, 3<sup>rd</sup> place – 16 etc.

**c. Awards**

**Victor & Victrix Ludorum:**

There will be no restriction on the age groups for both primary & high schools e.g. primary schools will not be restricted to Grade 7 learners). If swimmers gain the same number of points, then FINA points will be used to determine the winner.

**Best Performance:**

An additional award will be given for the best performance of the championships, and will be awarded to the male & female swimmers with the highest FINA points. One award will be given to a male swimmer & one for a female swimmer, irrespective of age group and grade.

**18.7. DOPE TESTING**

Drug Testing will be carried out by the S.A. Institute of Drug Free Sport at the Championships. Provinces may utilize their own Drug Testing Consent form that needs to be completed by EVERY competitor taking part in the Championships. In terms of FINA Rule DC4.1 and DC9.1 (d), “the failure or refusal of the competitor to submit to doping control” constitutes a doping offence.

**Therapeutic Usage Exemption Form (TUE).**

⇒Please find the copies of the TUE on the SAIDS website [www.drugfreesport.org.za](http://www.drugfreesport.org.za) that need to be completed by any competitor taking banned or restricted medication. The competitor’s doctor must produce the relevant information required on this form prior to submission to the S.A. Institute of Drug Free Sport for scrutiny. The forms have to be sent to SAIDS **21 days** prior to the event. The onus is on the athlete to prove that he/she needs this medication.

⇒Please refer either to the National Schools’ Aquatics chairperson or the Provincial Swimming Federation if you need any help in this regard. Once the

TUEs have been returned to the athlete, copies must be brought to the Championship. Copies of the forms will have to be handed in at the General Team Managers' Meeting and the originals must be submitted to the DCO if the athlete undergoes testing.

### **18.8. PROTESTS**

Protests need to be done on the prescribed form (will be given at Team Managers' Meeting), accompanied by a R100 deposit. The objection must be submitted in writing and handed to the Referee within 30 minutes of the announcement of the results. If the grounds for the objection are known before the race, it needs to be handed in before the starting signal is given. If the objection is upheld, the R100 will be returned. See FINA rule GR 9.2. & 9.3. If you are not happy with the Referee's decision you may appeal to the Jury of Appeal. The decision of this committee will be final. **ONLY Provincial General Team Managers** may lodge an objection / appeal. **No protests will be accepted from parents or assistant managers & coaches.** Protests must refer to FINA Regulations.

### **18.9. MULTI-DISABILITY/ PARA EVENTS**

⇒ These events will be included in the programme for primary & secondary schools at the National Championships. Trials in provinces should include these events within the main programme for the National Championships. Separate male & female events have been included in the programme. The technical director of the meet may decide to combine all the age groups of the same gender in the heat/s, but the results will be calculated according to their particular age group.

⇒ Please ensure that you are aware of the needs and the accessibility of the facilities when making travel & accommodation arrangements for the swimmers with a disability.

⇒ Please find attached the Layman's guide to classification of swimmers with a disability otherwise known as Para Swimmers. The swimmers with a disability must have a verifiable **classification** in order to compete at the National Championships. Swimmers with disability that can compete are the Visually Impaired, the Deaf, the Physically Disabled and the Intellectually Impaired. According to IPC (International Paralympic Committee) remedial and MMH must compete with able swimmers as there is no classification for these sectors. The Deaf may swim with the able swimmers. In order for the Deaf to compete in Multi Disability events they must have at least a 55 dB loss in the better ear. **0 – 55dB loss in one ear do not qualify.** It is **strictly forbidden** for any competitor to use any kind of hearing aid/s or amplification or external cochlear implant parts during the warm up and competition

⇒ The **Intellectually Impaired** must get their classification verified through SASA-II. At provincial selection all **verified classifications** of swimmers with a disability must be **submitted to the Technical Director.** These classifications must then be submitted with the entry of the swimmers into the multi disability events in the national competition. League galas – It is recommended that

LSEN schools be invited to participate with the mainstream schools at inter-school events.

#### **18.10. MANAGEMENT TEAMS:**

If provinces enter all events with the maximum number of swimmers it is recommended that 4 managers & 4 coaches accompany the teams of 100 athletes or more or 3 coaches & 3 managers for smaller teams. At least one coach must specifically look after the multi-disability (para) athletes

#### **18.11. TECHNICAL OFFICIALS:**

Only Swimming SA accredited, qualified technical officials will be permitted to officiate at the national championships. Technical officials' forms will be sent to provinces for application to officiate at the SA Schools' Championships. The majority of technical officials will be provided by the host province. All applications to officiate will be adjudicated by the national federation with the support of the National Schools' code committee. A maximum of two (2) officials per province will be permitted. The number of technical officials per session per day that is required is 65. The following technical officials are required:

⇒ Referees, starters, clerk of the course, timekeepers, chief time keeper, inspectors of turns, chief inspector of turns, stroke judges, announcer, recorders, chief recorder, control room supervisor. (See FINA SW 2)

#### **18.12. Communication with Provincial Departments of Education & Sport**

It is imperative that all provincial code committees work closely with their relevant Departmental officials. No arrangements for the championships may be carried out by individuals, without the sanctioning of the relevant departments.

#### **18.13. TEAM SIZE GUIDELINES**

##### **a. Athletes:**

- **WC, KZN, GP:** 90 able bodies + 20 disabled = 110 X 3 provinces = 330
- **EC, FS:** 65 + 15 = 80 X 2 = 160
- **Limp, Mpum:** 45 + 10 = 55 X 2 = 110
- **NWP, N. Cape:** 40 + 10 = 50 X 2 = 100

**Total projection: 700 athletes**

##### **b. Management:**

- **WC, KZN, GP:** 4 coaches + 4 managers = 8 X 3 = 24
- **EC, FS:** 3 coaches + 3 managers = 6 X 2 = 12
- **Limp & Mpum:** 2 coaches + 2 managers = 4 X 2 = 8
- **NWP, NC:** 2 coaches + 2 managers = 4 X 2 = 8

**Total projection: 52 management**

c. **Technical Officials:**

**2 per province X 8 = 16    Host Province = 45    Total: 61**

**Please note that the number of management will depend on the provinces. If they have many physically disabled or II athletes they will need more managers.**

**updated: 22 June 2015**





# SA SCHOOLS' SWIMMING

## Qualifying times for 2015 National Events



	Event	Age	QT's	10% deviation of Q time		Event	Age	QT's	10% deviation of Q time
Men	100m Backstroke	11-12	<b>1:21.87</b>	1:30.05	Women	100m Backstroke	11-12	<b>1:21.95</b>	1:30.15
Men	100m Backstroke	13-13	<b>1:15.34</b>	1:22.87	Women	100m Backstroke	13-13	<b>1:18.15</b>	1:25.97
Men	100m Backstroke	14-15	<b>1:12.35</b>	1:19.59	Women	100m Backstroke	14-15	<b>1:15.27</b>	1:22.79
Men	100m Backstroke	16-17	<b>1:07.32</b>	1:14.05	Women	100m Backstroke	16-17	<b>1:14.33</b>	1:21.76
Men	100m Breaststroke	11-12	<b>1:31.26</b>	1:40.39	Women	100m Breaststroke	11-12	<b>1:32.63</b>	1:41.89
Men	100m Breaststroke	13-13	<b>1:24.19</b>	1:32.61	Women	100m Breaststroke	13-13	<b>1:28.35</b>	1:37.18
Men	100m Breaststroke	14-15	<b>1:17.96</b>	1:25.75	Women	100m Breaststroke	14-15	<b>1:25.10</b>	1:33.61
Men	100m Breaststroke	16-17	<b>1:15.22</b>	1:22.74	Women	100m Breaststroke	16-17	<b>1:23.56</b>	1:31.91
Men	100m Butterfly	11-12	<b>1:18.80</b>	1:26.68	Women	100m Butterfly	11-12	<b>1:19.39</b>	1:27.33
Men	100m Butterfly	13-13	<b>1:12.51</b>	1:19.76	Women	100m Butterfly	13-13	<b>1:15.73</b>	1:23.30
Men	100m Butterfly	14-15	<b>1:07.15</b>	1:13.86	Women	100m Butterfly	14-15	<b>1:12.99</b>	1:20.28
Men	100m Butterfly	16-17	<b>1:04.79</b>	1:11.27	Women	100m Butterfly	16-17	<b>1:11.68</b>	1:18.84
Men	100m Freestyle	11-12	<b>1:12.00</b>	1:19.20	Women	100m Freestyle	11-12	<b>1:11.90</b>	1:19.09
Men	100m Freestyle	13-13	<b>1:06.15</b>	1:12.76	Women	100m Freestyle	13-13	<b>1:08.48</b>	1:15.33
Men	100m Freestyle	14-15	<b>1:01.15</b>	1:07.26	Women	100m Freestyle	14-15	<b>1:05.40</b>	1:11.93
Men	100m Freestyle	16-17	<b>58.95</b>	1:04.84	Women	100m Freestyle	16-17	<b>1:04.81</b>	1:11.29
Men	200m Backstroke	11-12	<b>2:58.31</b>	3:16.14	Women	200m Backstroke	11-12	<b>2:56.30</b>	3:13.93
Men	200m Backstroke	13-13	<b>2:43.98</b>	3:00.38	Women	200m Backstroke	13-13	<b>2:48.13</b>	3:04.94
Men	200m Backstroke	14-15	<b>2:31.95</b>	2:47.14	Women	200m Backstroke	14-15	<b>2:41.91</b>	2:58.11
Men	200m Backstroke	16-17	<b>2:26.61</b>	2:41.28	Women	200m Backstroke	16-17	<b>2:39.89</b>	2:55.88
Men	200m Breaststroke	11-12	<b>3:18.27</b>	3:38.09	Women	200m Breaststroke	11-12	<b>3:18.67</b>	3:38.53
Men	200m Breaststroke	13-13	<b>3:02.45</b>	3:20.70	Women	200m Breaststroke	13-13	<b>3:09.49</b>	3:28.43
Men	200m Breaststroke	14-15	<b>2:49.09</b>	3:05.99	Women	200m Breaststroke	14-15	<b>3:02.45</b>	3:20.70
Men	200m Breaststroke	16-17	<b>2:43.29</b>	2:59.62	Women	200m Breaststroke	16-17	<b>3:00.39</b>	3:18.43
Men	200m Freestyle	11-12	<b>3:18.27</b>	3:38.09	Women	200m Freestyle	11-12	<b>2:35.90</b>	2:51.49
Men	200m Freestyle	13-13	<b>2:26.09</b>	2:40.70	Women	200m Freestyle	13-13	<b>2:28.50</b>	2:43.36
Men	200m Freestyle	14-15	<b>2:15.24</b>	2:28.77	Women	200m Freestyle	14-15	<b>2:22.88</b>	2:37.17
Men	200m Freestyle	16-17	<b>2:09.94</b>	2:22.93	Women	200m Freestyle	16-17	<b>2:20.52</b>	2:34.57



## SA SCHOOLS' SWIMMING

### Qualifying times for 2015 National Events



	Event	Age	QT's	10% deviation of Q time		Event	Age	QT's	10% deviation of Q time
Men	200m I.M.	11-12	<b>2:59.05</b>	3:16.95	Women	200m I.M.	11-12	<b>2:57.70</b>	3:15.47
Men	200m I.M.	13-13	<b>2:44.63</b>	3:01.09	Women	200m I.M.	13-13	<b>2:49.37</b>	3:06.30
Men	200m I.M.	14-15	<b>2:32.31</b>	2:47.54	Women	200m I.M.	14-15	<b>2:43.03</b>	2:59.33
Men	200m I.M.	16-17	<b>2:26.90</b>	2:41.59	Women	200m I.M.	16-17	<b>2:41.54</b>	2:57.69
Men	400m Freestyle	11-12	<b>5:37.65</b>	6:02.60	Women	400m Freestyle	11-12	<b>5:28.52</b>	6:01.37
Men	400m Freestyle	13-13	<b>5:10.18</b>	5:41.20	Women	400m Freestyle	13-13	<b>5:12.94</b>	5:44.23
Men	400m Freestyle	14-15	<b>4:46.72</b>	5:15.39	Women	400m Freestyle	14-15	<b>5:01.10</b>	5:31.21
Men	400m Freestyle	16-17	<b>4:36.45</b>	5:04.10	Women	400m Freestyle	16-17	<b>4:46.69</b>	5:15.36
Men	50m Backstroke	11-12	<b>39.97</b>	43.97	Women	50m Backstroke	11-12	<b>40.98</b>	45.08
Men	50m Backstroke	13-13	<b>36.20</b>	39.82	Women	50m Backstroke	13-13	<b>38.29</b>	42.12
Men	50m Backstroke	14-15	<b>33.43</b>	36.78	Women	50m Backstroke	14-15	<b>36.30</b>	39.93
Men	50m Backstroke	16-17	<b>32.68</b>	35.95	Women	50m Backstroke	16-17	<b>35.73</b>	39.30
Men	50m Breaststroke	11-12	<b>43.78</b>	48.15	Women	50m Breaststroke	11-12	<b>45.10</b>	49.61
Men	50m Breaststroke	13-13	<b>39.64</b>	43.60	Women	50m Breaststroke	13-13	<b>42.32</b>	46.55
Men	50m Breaststroke	14-15	<b>36.61</b>	40.28	Women	50m Breaststroke	14-15	<b>40.13</b>	44.14
Men	50m Breaststroke	16-17	<b>35.79</b>	39.37	Women	50m Breaststroke	16-17	<b>39.50</b>	43.45
Men	50m Butterfly	11-12	<b>37.42</b>	41.16	Women	50m Butterfly	11-12	<b>37.83</b>	41.61
Men	50m Butterfly	13-13	<b>33.88</b>	37.27	Women	50m Butterfly	13-13	<b>35.56</b>	39.12
Men	50m Butterfly	14-15	<b>31.29</b>	34.42	Women	50m Butterfly	14-15	<b>32.33</b>	35.56
Men	50m Butterfly	16-17	<b>30.59</b>	33.65	Women	50m Butterfly	16-17	<b>31.34</b>	34.47
Men	50m Freestyle	11-12	<b>34.48</b>	37.93	Women	50m Freestyle	11-12	<b>36.97</b>	40.67
Men	50m Freestyle	13-13	<b>31.17</b>	34.29	Women	50m Freestyle	13-13	<b>33.61</b>	36.97
Men	50m Freestyle	14-15	<b>28.74</b>	31.61	Women	50m Freestyle	14-15	<b>30.49</b>	33.54
Men	50m Freestyle	16-17	<b>28.08</b>	30.89	Women	50m Freestyle	16-17	<b>29.53</b>	32.48

## Schools Para Swimming QT

WR as at 12/04/2015 21:40:12

### 15 - 19 years

		Men	Women
<b>50m Freestyle</b>	S1	1:54.84	1:37.11
	S2	1:45.17	1:37.09
	S3	1:16.68	1:23.52
	S4	1:07.57	1:15.10
	S5	0:57.49	1:04.58
	S6	0:51.43	1:02.59
	S7	0:49.81	0:56.95
	S8	0:45.58	0:54.23
	S9	0:45.23	0:52.27
	S10	0:41.69	0:50.00
	S11	0:45.49	0:55.69
	S12	0:41.38	0:48.42
	S13	0:41.78	0:49.28
	S14	0:44.19	0:49.32
	S15	0:42.23	0:47.07
<b>100m Freestyle</b>	S1	4:04.49	3:30.51
	S2	3:42.68	3:29.72
	S3	2:49.24	2:55.64
	S4	2:28.37	2:46.36
	S5	2:03.10	2:17.97
	S6	1:57.81	2:11.99
	S7	1:48.61	2:02.45
	S8	1:41.29	1:57.58
	S9	1:37.52	1:49.94
	S10	1:31.57	1:48.27
	S11	1:42.01	2:01.12
	S12	1:31.64	1:45.14
	S13	1:31.89	1:45.97
	S14	1:36.39	1:46.79
	S15	1:32.56	1:43.12
<b>50m Backstroke</b>	S1	1:55.72	2:05.91
	S2	1:46.96	1:53.40
	S3	1:15.98	1:39.77
	S4	1:16.88	1:27.28
	S5	1:02.98	1:09.62
	S6	1:03.02	1:11.78
	S7	0:58.61	1:10.27
	S8	0:55.55	1:06.69
	S9	0:53.64	1:00.53
	S10	0:50.15	0:56.92
	S11	0:58.16	1:05.68
	S12	0:50.53	0:57.51
	S13	0:49.63	0:58.70
	S14	0:53.60	0:56.95
	S15	0:49.82	0:56.00

## Schools Para swimming QT

WR as at 12/04/2015 21:40:12

### 14 years and Under Age Group

		Men	Women
<b>50m Freestyle</b>	S1	2:07.60	1:47.90
	S2	1:56.86	1:47.88
	S3	1:25.20	1:32.80
	S4	1:15.08	1:23.44
	S5	1:03.88	1:11.76
	S6	0:57.14	1:09.54
	S7	0:55.34	1:03.28
	S8	0:50.64	1:00.26
	S9	0:50.26	0:58.08
	S10	0:46.32	0:55.56
	S11	0:50.54	1:01.88
	S12	0:45.98	0:53.80
	S13	0:46.42	0:54.76
	S14	0:49.10	0:54.80
	S15	0:46.92	0:52.30
<b>100m Freestyle</b>	S1	4:31.66	3:53.90
	S2	4:07.42	3:53.02
	S3	3:08.04	3:15.16
	S4	2:44.86	3:04.84
	S5	2:16.78	2:33.30
	S6	2:10.90	2:26.66
	S7	2:00.68	2:16.06
	S8	1:52.54	2:10.64
	S9	1:48.36	2:02.16
	S10	1:41.74	2:00.30
	S11	1:53.34	2:14.58
	S12	1:41.82	1:56.82
	S13	1:42.10	1:57.74
	S14	1:47.10	1:58.66
	S15	1:42.84	1:54.58
<b>50m Backstroke</b>	S1	2:08.58	2:19.90
	S2	1:58.84	2:06.00
	S3	1:24.42	1:50.86
	S4	1:25.42	1:36.98
	S5	1:09.98	1:17.36
	S6	1:10.02	1:19.76
	S7	1:05.12	1:18.08
	S8	1:01.72	1:14.10
	S9	0:59.60	1:07.26
	S10	0:55.72	1:03.24
	S11	1:04.62	1:12.98
	S12	0:56.14	1:03.90
	S13	0:55.14	1:05.22
	S14	0:59.56	1:03.28
	S15	0:55.36	1:02.22

<b>100m Backstroke</b>	S1	4:26.89	4:23.72
	S2	3:49.73	4:05.36
	S3	3:19.98	3:54.16
	S4	2:55.19	3:07.04
	S5	2:17.52	2:47.24
	S6	2:12.41	2:32.48
	S7	2:05.14	2:26.83
	S8	1:53.98	2:13.85
	S9	1:51.15	2:04.74
	S10	1:48.02	1:58.62
	S11	2:01.93	2:21.46
	S12	1:46.83	2:01.91
	S13	1:42.55	2:01.12
	S14	1:48.79	1:58.21
	S15	1:45.64	2:00.28
<b>50m Breaststroke</b>	SB1	2:41.89	2:25.98
	SB2	1:41.29	2:04.36
	SB3	1:27.28	1:37.58
	SB4	1:18.19	1:26.49
	SB5	1:15.96	1:18.26
	SB6	1:07.86	1:20.82
	SB7	1:05.03	1:15.73
	SB8	0:56.83	1:05.47
	SB9	0:52.49	1:04.82
	SB11	0:58.41	1:11.84
	SB12	0:54.94	1:03.13
	SB13	0:53.82	1:05.29
	SB14	0:54.52	1:03.32
	SB15	0:50.02	0:59.89
	<b>100m Breaststroke</b>	SB1	6:19.96
SB2		3:58.75	4:57.04
SB3		3:17.87	3:53.37
SB4		2:46.09	3:06.97
SB5		2:44.70	2:48.93
SB6		2:24.31	2:51.92
SB7		2:20.09	2:39.35
SB8		2:00.62	2:18.91
SB9		1:55.24	2:18.47
SB11		2:06.20	2:37.27
SB12		1:55.33	2:16.98
SB13		1:54.44	2:18.82
SB14		2:00.04	2:16.49
SB15		1:48.00	2:10.21

<b>100m Backstroke</b>	S1	4:56.54	4:53.02
	S2	4:15.26	4:32.62
	S3	3:42.20	4:20.18
	S4	3:14.66	3:27.82
	S5	2:32.80	3:05.82
	S6	2:27.12	2:49.42
	S7	2:19.04	2:43.14
	S8	2:06.64	2:28.72
	S9	2:03.50	2:18.60
	S10	2:00.02	2:11.80
	S11	2:15.48	2:37.18
	S12	1:58.70	2:15.46
	S13	1:53.94	2:14.58
	S14	2:00.88	2:11.34
	S15	1:57.38	2:13.64
<b>50m Breaststroke</b>	SB1	2:59.88	2:42.20
	SB2	1:52.54	2:18.18
	SB3	1:36.98	1:48.42
	SB4	1:26.88	1:36.10
	SB5	1:24.40	1:26.96
	SB6	1:15.40	1:29.80
	SB7	1:12.26	1:24.14
	SB8	1:03.14	1:12.74
	SB9	0:58.32	1:12.02
	SB10	1:04.90	1:19.82
	SB11	1:01.04	1:10.14
	SB12	0:59.80	1:12.54
	SB13	1:00.58	1:10.36
	SB14	0:55.58	1:06.54
	<b>100m Breaststroke</b>	SB1	7:02.18
SB2		4:25.28	5:30.04
SB3		3:39.86	4:19.30
SB4		3:04.54	3:27.74
SB5		3:03.00	3:07.70
SB6		2:40.34	3:11.02
SB7		2:35.66	2:57.06
SB8		2:14.02	2:34.34
SB9		2:08.04	2:33.86
SB11		2:20.22	2:54.74
SB12		2:08.14	2:32.20
SB13		2:07.16	2:34.24
SB14		2:13.38	2:31.66
SB15		2:00.00	2:24.68

<b>50m Butterfly</b>	S1	3:32.65	2:43.03
	S2	2:27.08	2:09.92
	S3	1:40.40	1:40.80
	S4	1:12.86	1:41.45
	S5	1:01.16	1:12.92
	S6	0:53.82	1:04.89
	S7	0:53.08	1:00.86
	S8	0:50.47	0:58.81
	S9	0:48.96	0:57.42
	S10	0:45.45	0:51.08
	S11	0:50.42	0:59.85
	S12	0:47.47	0:54.13
	S13	0:44.15	0:54.79
	S14	0:48.76	0:54.29
	S15	0:44.68	0:52.49
<b>100m Butterfly</b>	S5	2:20.02	3:12.10
	S6	2:07.37	2:40.69
	S7	2:02.83	2:24.25
	S8	1:48.81	2:02.76
	S9	1:46.61	2:00.13
	S10	1:40.78	1:55.11
	S11	1:50.02	2:15.31
	S12	1:42.31	1:53.60
	S13	1:38.86	1:58.71
	S14	1:46.16	2:02.63
S15	1:37.02	1:55.24	
<b>200m Ind Medley</b>	SM3	8:06.07	8:53.68
	SM4	6:23.42	8:52.24
	SM5	5:04.06	5:48.17
	SM6	4:45.52	5:31.33
	SM7	4:35.63	5:03.17
	SM8	4:13.66	4:40.80
	SM9	4:00.48	4:26.09
	SM10	3:54.02	4:22.17
	SM11	4:16.32	5:00.44
	SM12	3:55.57	4:26.40
	SM13	3:42.82	4:24.35
	SM14	3:57.37	4:19.52
	SM15	3:41.99	4:17.00

<b>50m Butterfly</b>	S1	3:56.28	3:01.14
	S2	2:43.42	2:24.36
	S3	1:51.56	1:52.00
	S4	1:20.96	1:52.72
	S5	1:07.96	1:21.02
	S6	0:59.80	1:12.10
	S7	0:58.98	1:07.62
	S8	0:56.08	1:05.34
	S9	0:54.40	1:03.80
	S10	0:50.50	0:56.76
	S11	0:56.02	1:06.50
	S12	0:52.74	1:00.14
	S13	0:49.06	1:00.88
	S14	0:54.18	1:00.32
	S15	0:49.64	0:58.32
<b>100m Butterfly</b>	S5	2:35.58	3:33.44
	S6	2:21.52	2:58.54
	S7	2:16.48	2:40.28
	S8	2:00.90	2:16.40
	S9	1:58.46	2:13.48
	S10	1:51.98	2:07.90
	S11	2:02.24	2:30.34
	S12	1:53.68	2:06.22
	S13	1:49.84	2:11.90
	S14	1:57.96	2:16.26
S15	1:47.80	2:08.04	
<b>200m Ind Medley</b>	SM3	9:00.08	9:52.98
	SM4	7:06.02	9:51.38
	SM5	5:37.84	6:26.86
	SM6	5:17.24	6:08.14
	SM7	5:06.26	5:36.86
	SM8	4:41.84	5:12.00
	SM9	4:27.20	4:55.66
	SM10	4:20.02	4:51.30
	SM11	4:44.80	5:33.82
	SM12	4:21.74	4:56.00
	SM13	4:07.58	4:53.72
	SM14	4:23.74	4:48.36
	SM15	4:06.66	4:45.56