

SCSA Zone VI U20 Youth Games

Meet Program

#1 Men 20 & Under 100 LC Meter Freestyle

2014Cana Reg: 51.24 2012 Reynard Wessels-Zam

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

3	Price, Stuart	16	ZIM	1:07.55
4	Mataka, Mapalo	16	ZAM	1:04.38
5	Jones, Keegan	17	ZIM	1:04.63
6	Metjeea, Katleho J	17	LES	2:03.83

Heat 2 of 6 Prelims

1	Hoare, Mark	19	SWAZI	1:03.20
2	Henriques, Alberto	16	ANG	1:01.80
3	Fernandes, Richard	18	ANG	1:00.30
4	Fernandes, Marcio	16	ANG	1:00.20
5	Franciso, Daniel	14	ANG	1:00.20
6	Paulo, Braulio	15	ANG	1:01.20
7	Mamba, Sithembiso	15	SWAZI	1:02.20
8	Dlamini, S'Manga	17	SWAZI	1:03.47

Heat 3 of 6 Prelims

1	Botha, Michael	16	BOTS	59.60
2	Cyprianos, Brendan	16	ZIM	58.82
3	Lofitie-Eaton, Arthur B	16	NAM	58.62
4	Seidler, Philip	16	NAM	57.84
5	Ngwenya, Lebo	18	ZIM	58.04
6	White, Alistair	17	ZIM	58.68
7	Matija, Kitso	16	BOTS	59.38
8	Burnett, Liam	16	ZIM	1:00.09

Heat 4 of 6 Prelims

1	Van der Merwe, Andre	16	BOTS	57.13
2	Lamprecht, Christiaan P	19	NAM	55.54
3	Fakir, Shakil I	16	MOZ	55.08
4	Binedell, Martin	19	RSA	53.03
5	Levy, Brendan R	17	RSA	53.96
6	Skinner, Alexander	16	NAM	55.35
7	Da Costa, Denilson	16	MOZ	56.25
8	Meyer, Matthew M	16	RSA	57.66

Heat 5 of 6 Prelims

1	Diekmann, Jörn	18	NAM	56.90
2	Odendaal, Dayne	17	RSA	55.42
3	Flemming, Nicolai	16	NAM	54.69
4	Waddell, Zane	16	RSA	52.36
5	Van Der Colff, David	17	BOTS	53.81
6	Hunter, Mark M	18	RSA	55.29
7	Burnett, Aiden	17	ZIM	56.05
8	Davids, Tashreeq T	18	RSA	57.36

Heat 6 of 6 Prelims

1	Onorati, Chase	15	ZIM	56.61
2	Lamprecht, Lushano P	17	NAM	55.35
3	Wetzlar, Peter C	17	ZIM	54.03
4	Idensohn, Chad E	18	ZIM	52.34
5	Vorster, Eben	17	RSA	53.52
6	Naidoo, Keanan A	17	RSA	55.22
7	Cyprianos, Andresious	18	ZIM	55.57
8	Gamielidien, Faarez F	17	RSA	57.24

#2 Women 20 & Under 200 LC Meter Freestyle

2014Cana Reg: 2:07.86 2012 Lindsay McLeod-Zam

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

3	Maberly, Katy	15	ZIM	2:43.21
4	Hoskins-Davies, Siobhan	17	ZIM	2:42.11
5	Ebineng, Seabe	17	BOTS	2:42.27

Heat 2 of 4 Prelims

1	Bique, Jannat	17	MOZ	2:32.91
2	Brown, Roxy L	16	ZIM	2:19.26
3	Randle, Samantha C	16	RSA	2:10.72
4	Adelaar, Sonja	16	NAM	2:08.43
5	Naude, Rita	17	RSA	2:10.16
6	Nordengen, Sasha-Lee D	17	RSA	2:14.33
7	Weber, Zuné	13	NAM	2:25.94
8	Gander, Colleen	15	ZAM	2:41.65

Heat 3 of 4 Prelims

1	Doorman, Lorna	16	ZIM	2:30.21
2	Smalley, Molina M	16	NAM	2:14.79
3	Vd Walt, Natasha Z	19	RSA	2:10.71
4	Van Wyk, Megan	17	RSA	2:08.40
5	Le Roux, Carmen	16	RSA	2:09.32
6	Lima, Yara A	19	ANG	2:14.20
7	Cossa, Gisela L	15	MOZ	2:21.61
8	Sakala, Nakawele	17	ZAM	2:35.44

Heat 4 of 4 Prelims

1	Dingiswayo, Cerise	16	ZIM	2:27.81
2	Oberholzer, Zanré	16	NAM	2:14.78
3	Els, Tarryn C	17	RSA	2:10.29
4	Tennant, Tasmin L	15	RSA	2:07.92
5	Whelan, Jessica A	17	RSA	2:08.56
6	Schatz, Kiara	15	NAM	2:12.90
7	Freitas, Maria	17	ANG	2:20.00
8	Lewis, Kasia	14	ZAM	2:34.81

#3 Men 20 & Under 50 LC Meter Breaststroke

2014Cana Reg: 29.32 2008 Chris Langley-Zambia

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

2	Paulo, Braulio	15	ANG	36.20
3	Henriques, Alberto	16	ANG	36.20
4	Naidu, Kumaren	17	ZAM	36.14
5	Franciso, Daniel	14	ANG	36.20
6	Fernandes, Richard	18	ANG	36.20

Heat 2 of 4 Prelims

1	Hoare, Mark	19	SWAZI	34.54
2	Tavares, Jalik L	15	MOZ	33.48
3	Steiner, Kurt	18	ZIM	31.76
4	Axiotis, Alexandros	18	ZAM	30.25
5	Goveia, Ralph	18	ZAM	31.00
6	Odendaal, Dayne	17	RSA	32.66
7	Dlamini, S'Manga	17	SWAZI	34.13
8	Horsley, Colin	17	ZIM	35.77

Heat 3 of 4 Prelims

1	Netsha, Mmelwa	16	ZIM	34.50
2	Davis, Liam	14	ZIM	33.40
3	Gamielidien, Faarez F	17	RSA	31.50
4	Crawford, Brenden G	18	RSA	29.29
5	Davids, Tashreeq T	18	RSA	30.80
6	Vorster, Eben	17	RSA	32.42
7	Chiang, Brandon L	16	ZIM	34.05
8	Van der Merwe, Andre	16	BOTS	34.66

Heat 4 of 4 Prelims

1	Jones, Keegan	17	ZIM	34.28
2	Lofitie-Eaton, Arthur B	16	NAM	32.78
3	Ras, Christoff P	17	RSA	31.43
4	Lawson, James	19	ZIM	29.22
5	Hunter, Mark M	18	RSA	30.61
6	Matija, Kitso	16	BOTS	32.24
7	Poovan, Cole B	14	RSA	33.64
8	Joseph, Gabriel	16	ZIM	34.60

#4 Women 20 & Under 100 LC Meter Breaststroke

2014Cana Reg: 1:12.91 2008 Courtney Mower-Zam

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

1	Naidu, Harleena	13	ZAM	1:38.71
2	Van den Bergh, Sengnet	16	ZIM	1:26.90
3	Smalley, Molina M	16	NAM	1:20.94
4	Whelan, Jessica A	17	RSA	1:17.34
5	Eagles, Mikayla J	14	RSA	1:19.15
6	Imsirovic, Bonita	19	BOTS	1:24.36
7	Johnston, Emily	15	ZIM	1:31.98

Heat 2 of 3 Prelims

1	Hencil, Sydney	17	ZIM	1:36.53
2	Ribeiro, Nayara	15	ANG	1:25.30
3	Van Wyk, Megan	17	RSA	1:19.66
4	Roth, Toni	17	NAM	1:16.74
5	Perrett, Courtney	17	RSA	1:19.03
6	Kamavo, Luindia	16	ANG	1:22.80
7	Stephens, Laurie	17	ZIM	1:27.89

Heat 3 of 3 Prelims

1	Simon, Kristy	15	ZIM	1:34.22
2	Doorman, Lorna	16	ZIM	1:24.91
3	Meiring, Chelsea J	16	RSA	1:19.61
4	Anderson, Erin V	15	RSA	1:12.35
5	Paljk, Tilka	17	ZAM	1:18.37
6	Maphumulo, Ayanda	15	RSA	1:22.57
7	Maruta, Rutendo	15	ZIM	1:26.91
8	Peacocke, Rebecca	16	ZIM	1:39.61

#5 Men 20 & Under 100 LC Meter Backstroke

2014Cana Reg: 56.95 2012 Niel C De Villers-Zam

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

3	White, Alistair	17	ZIM	1:16.79
4	Botha, Michael	16	BOTS	1:09.94
5	Burnett, Liam	16	ZIM	1:11.24

Heat 2 of 4 Prelims

1	Naidu, Kumaren	17	ZAM	1:09.60
2	Cyprianos, Brendan	16	ZIM	1:05.44
3	Wetzlar, Peter C	17	ZIM	1:01.68
4	Van Der Colff, David	17	BOTS	58.79
5	Flemming, Nicolai	16	NAM	1:00.32
6	Ras, Christoff P	17	RSA	1:03.61
7	Fernandes, Marcio	16	ANG	1:09.20

Heat 3 of 4 Prelims

1	Burnett, Aiden	17	ZIM	1:09.45
2	Odendaal, Dayne	17	RSA	1:04.94
3	Axiotis, Alexandros	18	ZAM	1:01.16
4	Binedell, Martin	19	RSA	58.21
5	Idensohn, Chad E	18	ZIM	1:00.07
6	Gamielidien, Faarez F	17	RSA	1:03.26
7	Skinner, Alexander	16	NAM	1:06.15

Heat 4 of 4 Prelims

1	Steyl, Dylan	17	ZIM	1:09.26
2	Naidoo, Keanan A	17	RSA	1:04.69
3	Lamprecht, Christiaan P	19	NAM	1:00.73
4	Waddell, Zane	16	RSA	57.27
5	Lamprecht, Lushano P	17	NAM	58.94
6	Vorster, Eben	17	RSA	1:02.33
7	Mangore, Elton D	19	MOZ	1:05.73
8	Price, Stuart	16	ZIM	1:09.71

SCSA Zone VI U20 Youth Games

Meet Program

#6 Women 20 & Under 100 LC Meter Butterfly

2014Cana Reg: 1:03.43 2012 Rita Naude-Zambia

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
2	Brown, Roxy L	16	ZIM	1:15.21
3	Dixon, Tia	17	RSA	1:07.11
4	Sonnenschein, Jannah	18	MOZ	1:03.59
5	Graham, Kaleigh	18	ZIM	1:05.78
6	Mutangadura, Ratidzo	16	ZIM	1:08.98
7	Mutseriwa, Gamu	16	ZIM	1:18.78

Heat 2 of 3 Prelims

1	Peacocke, Rebecca	16	ZIM	1:30.78
2	Sousa, Catarina	14	ANG	1:14.80
3	Duma, Khwezi	13	RSA	1:06.97
4	Els, Tarryn C	17	RSA	1:03.05
5	Vd Walt, Natasha Z	19	RSA	1:05.15
6	Le Roux, Carmen	16	RSA	1:08.60
7	Ebineng, Seabe	17	BOTS	1:18.78

Heat 3 of 3 Prelims

1	Hencil, Sydney	17	ZIM	1:29.61
2	Smalley, Molina M	16	NAM	1:10.44
3	Reynolds, Jamie H	16	RSA	1:06.70
4	Naude, Rita	17	RSA	1:02.24
5	Adelaar, Sonja	16	NAM	1:05.07
6	Schatz, Kiara	15	NAM	1:07.60
7	Dingiswayo, Cerise	16	ZIM	1:18.17

#7 Men 20 & Under 4x100 LC Meter Freestyle Relay

2014Cana Reg: 3:30.62 2012 South Africa-Zambia

R Wessels-C Reid-C Justus-B Doyle

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	ANG	A	4:05.50
	Fernandes, Marcio 16	Fernandes, Richard 18	
	Paulo, Braulio 15	Henriques, Alberto 16	
2	BOTS	A	3:49.92
	Van der Merwe, Andre 16	Botha, Michael 16	
	Matija, Kitso 16	Van Der Colff, David 17	
3	NAM	A	3:40.93
	Lamprecht, Lushano P 17	Lamprecht, Christiaan P 19	
	Skinner, Alexander 16	Flemming, Nicolai 16	
4	RSA	A	3:35.22
	Waddell, Zane 16	Binedell, Martin 19	
	Crawford, Brenden G 18	Vorster, Eben 17	
5	ZIM	A	3:36.51
	Idensohn, Chad E 18	Wetzlar, Peter C 17	
	Lawson, James 19	Cyprianos, Andresious 18	
6	MOZ	A	3:48.99
	Da Costa, Denilson 16	Fakir, Shakil I 16	
	Tavares, Jalik L 15	Mangore, Elton D 19	
7	ZAM	A	4:05.37
	Goveia, Ralph 18	Axiotis, Alexandros 18	
	Mataka, Mapalo 16	Naidu, Kumaren 17	

#8 Women 20 & Under 4x100 LC Meter Freestyle Relay

2014Cana Reg: 4:02.55 2012 South Africa_Zambia

K Ferreira-E Chelius-K Muller-A Peens

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	ZAM	A	4:34.71
	Paljk, Tilka 17	Lewis, Kasia 14	
	Gander, Colleen 15	Sakala, Nakawele 17	
3	MOZ	A	4:07.08
	Sonnenschein, Jannah 18	Francisco, Sassa M 17	
	Cossa, Gisela L 15	Francisco, Jéssica 17	
4	RSA	A	3:55.95
	Reynolds, Jamie H 16	Vd Walt, Natasha Z 19	
	Naude, Rita 17	Perrett, Courtney 17	
5	NAM	A	4:04.76
	Schatz, Kiara 15	Smalley, Molina M 16	
	Beukes, Godiva G 18	Adelaar, Sonja 16	
6	ZIM	A	4:14.11
	Mutangadura, Ratidzo 16	Brown, Roxy L 16	
	Mutseriwa, Gamu 16	Graham, Kaleigh 18	

#9 Mixed 20 & Under 4x100 LC Meter Medley Relay

2014Cana Reg: 4:02.55 2012 South Africa_Zambia

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	ANG	A	4:45.20
	Sousa, Catarina W14	Cipci, Maria W15	
	Franciso, Daniel M14	Fernandes, Marcio M16	
2	MOZ	A	4:26.25
	Mangore, Elton D M19	Francisco, Jéssica W17	
	Sonnenschein, Jannah W18	Fakir, Shakil I M16	
3	NAM	A	4:13.50
	Oberholzer, Zanré W16	Roth, Toni W17	
	Lamprecht, Lushano P M17	Flemming, Nicolai M16	
4	RSA	A	4:04.18
	Waddell, Zane M16	Anderson, Erin V W15	
	Vorster, Eben M17	Reynolds, Jamie H W16	
5	ZIM	A	4:10.69
	Mutangadura, Ratidzo W16	Lawson, James M19	
	Lee, Robyn W15	Idensohn, Chad E M18	
6	ZAM	A	4:25.09
	Axiotis, Alexandros M18	Paljk, Tilka W17	
	Goveia, Ralph M18	Lewis, Kasia W14	
7	BOTS	A	4:37.74
	Van Der Colff, David M17	Imsirovic, Bonita W19	
	Botha, Michael M16	Ebineng, Seabe W17	

#10 Women 20 & Under 100 LC Meter Freestyle

2014Cana Reg: 58.34 2012 Kayla M Ferreira-Zan

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims				
3	Carter, Naledi	19	LES	1:48.36
4	Peacocke, Rebecca	16	ZIM	1:19.83
5	Mulenga, Mwaba	12	ZAM	1:20.47
Heat 2 of 5 Prelims				
1	Simon, Kristy	15	ZIM	1:13.05
2	Maberly, Katy	15	ZIM	1:11.35
3	Hoskins-Davies, Siobhan	17	ZIM	1:09.64
4	Sakala, Nakawele	17	ZAM	1:09.42
5	Duma, Khwezi	13	RSA	1:09.50
6	Gander, Colleen	15	ZAM	1:11.31
7	Ebineng, Seabe	17	BOTS	1:12.48
8	Johnston, Emily	15	ZIM	1:14.15

Heat 3 of 5 Prelims

1	Freitas, Maria	17	ANG	1:06.80
2	Oberholzer, Zanré	16	NAM	1:02.65
3	Schatz, Kiara	15	NAM	1:01.27
4	Adelaar, Sonja	16	NAM	59.01
5	Els, Tarryn C	17	RSA	59.57
6	Graham, Kaleigh	18	ZIM	1:01.96
7	Weber, Zuné	13	NAM	1:04.66
8	Lewis, Kasia	14	ZAM	1:08.87

Heat 4 of 5 Prelims

1	Cossa, Gisela L	15	MOZ	1:04.82
2	Brown, Roxy L	16	ZIM	1:02.58
3	Tennant, Tasmin L	15	RSA	1:00.95
4	Vd Walt, Natasha Z	19	RSA	58.93
5	Naude, Rita	17	RSA	59.24
6	Meiring, Chelsea J	16	RSA	1:01.45
7	Lima, Yara A	19	ANG	1:02.80
8	Dingiswayo, Cerise	16	ZIM	1:07.75

Heat 5 of 5 Prelims

1	Roth, Toni	17	NAM	1:04.68
2	Smalley, Molina M	16	NAM	1:02.48
3	Whelan, Jessica A	17	RSA	1:00.60
4	Reynolds, Jamie H	16	RSA	58.74
5	Perrett, Courtney	17	RSA	59.04
6	Eagles, Mikayla J	14	RSA	1:01.41
7	Sousa, Catarina	14	ANG	1:02.80
8	Mutseriwa, Gamu	16	ZIM	1:07.58

#11 Men 20 & Under 200 LC Meter Freestyle

2014Cana Reg: 1:53.76 2012 Calvyn Justus-Zambia

R Wessels-C Reid-C Justus-B Doyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
3	Mataka, Mapalo	16	ZAM	2:30.12
4	Paulo, Braulio	15	ANG	2:20.80
5	White, Alistair	17	ZIM	2:27.39
Heat 2 of 4 Prelims				
1	Matija, Kitso	16	BOTS	2:11.95
2	Skinner, Alexander	16	NAM	2:06.26
3	Waddell, Zane	16	RSA	2:00.50
4	Vorster, Eben	17	RSA	1:54.81
5	Meyer, Matthew M	16	RSA	1:58.14
6	Poovan, Cole B	14	RSA	2:04.20
7	Fakir, Shakil I	16	MOZ	2:09.12
Heat 3 of 4 Prelims				
1	Burnett, Liam	16	ZIM	2:10.75
2	Burnett, Aiden	17	ZIM	2:05.68
3	Flemming, Nicolai	16	NAM	2:00.47
4	Levy, Brendan R	17	RSA	1:54.64
5	Odendaal, Dayne	17	RSA	1:56.30
6	Diekmann, Jörn	18	NAM	2:03.63
7	Delomoney, Keown T	16	RSA	2:08.50
8	Steyl, Dylan	17	ZIM	2:15.63
Heat 4 of 4 Prelims				
1	Loftie-Eaton, Arthur B	16	NAM	2:09.98
2	Van der Merwe, Andre	16	BOTS	2:05.49
3	Hunter, Mark M	18	RSA	2:00.32
4	Fernandes, Richard	18	ANG	1:20.80
5	Binedell, Martin	19	RSA	1:56.10
6	Naidoo, Keanan A	17	RSA	2:03.41
7	Seidler, Philip	16	NAM	2:06.78
8	Cyprianos, Brendan	16	ZIM	2:15.45

SCSA Zone VI U20 Youth Games

Meet Program

#12 Women 20 & Under 50 LC Meter Breaststroke

2014Cana Reg: 33.89 2012 Courtnay Mower-Zam

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
2	Peacocke, Rebecca	16	ZIM	45.26
3	Naidu, Harleena	13	ZAM	44.17
4	Hencil, Sydney	17	ZIM	42.34
5	Lekhosa, Lineo	16	LES	44.03
6	Gander, Colleen	15	ZAM	44.60

Heat 2 of 4 Prelims

1	Lewis, Kasia	14	ZAM	40.99
2	Imsirovic, Bonita	19	BOTS	38.24
3	Sonnenschein, Jannah	18	MOZ	35.96
4	Perrett, Courtney	17	RSA	34.09
5	Vd Walt, Natasha Z	19	RSA	34.55
6	Francisco, Jéssica	17	MOZ	37.35
7	Bique, Jannat	17	MOZ	39.06
8	Simon, Kristy	15	ZIM	42.07

Heat 3 of 4 Prelims

1	Stephens, Laurie	17	ZIM	40.26
2	Kamavo, Luindia	16	ANG	38.20
3	Eagles, Mikayla J	14	RSA	35.94
4	Anderson, Erin V	15	RSA	33.85
5	Paljk, Tilka	17	ZAM	34.26
6	Maphumulo, Ayanda	15	RSA	37.01
7	Doorman, Lorna	16	ZIM	38.99
8	Johnston, Emily	15	ZIM	41.54

Heat 4 of 4 Prelims

1	Van den Bergh, Sengnet	16	ZIM	39.75
2	Ribeiro, Nayara	15	ANG	38.20
3	Meiring, Chelsea J	16	RSA	34.77
4	Reynolds, Jamie H	16	RSA	32.90
5	Whelan, Jessica A	17	RSA	34.21
6	Roth, Toni	17	NAM	36.31
7	Maruta, Rutendo	15	ZIM	38.75
8	Sakala, Nakawelee	17	ZAM	41.43

#13 Men 20 & Under 100 LC Meter Breaststroke

2014Cana Reg: 1:04.88 2012 Jarred Crous-Zambia

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
3	Naidu, Kumaren	17	ZAM	1:19.53
4	Paulo, Braulio	15	ANG	1:18.90
5	Henriques, Alberto	16	ANG	1:18.90
6	Dlamini, S'Manga	17	SWAZI	1:21.44

Heat 2 of 4 Prelims

1	Hoare, Mark	19	SWAZI	1:17.75
2	Chiang, Brandon L	16	ZIM	1:15.34
3	Vorster, Eben	17	RSA	1:11.64
4	Hunter, Mark M	18	RSA	1:05.93
5	Davids, Tashreeq T	18	RSA	1:08.45
6	Poovan, Cole B	14	RSA	1:13.10
7	Tavares, Jalik L	15	MOZ	1:16.54
8	Horsley, Colin	17	ZIM	1:18.71

Heat 3 of 4 Prelims

1	Jones, Keegan	17	ZIM	1:17.61
2	Matija, Kitso	16	BOTS	1:14.58
3	Odendaal, Dayne	17	RSA	1:11.47
4	Lawson, James	19	ZIM	1:05.11
5	Ras, Christoff P	17	RSA	1:07.45
6	Steiner, Kurt	18	ZIM	1:13.01
7	Lamprecht, Christiaan P	19	NAM	1:15.81
8	Franciso, Daniel	14	ANG	1:18.30

Heat 4 of 4 Prelims

1	Van der Merwe, Andre	16	BOTS	1:16.96
2	Loftie-Eaton, Arthur B	16	NAM	1:14.37
3	Gamielidien, Faarez F	17	RSA	1:09.27
4	Crawford, Brenden G	18	RSA	1:03.71
5	Axiotis, Alexandros	18	ZAM	1:06.03
6	Davis, Liam	14	ZIM	1:11.65
7	Joseph, Gabriel	16	ZIM	1:15.70
8	Netsha, Mmelwa	16	ZIM	1:18.19

#14 Women 20 & Under 100 LC Meter Backstroke

2014Cana Reg: 1:04.66 2012 Nathania van Niekerk-

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
3	Ribeiro, Nayara	15	ANG	2:55.40
4	Dingiswayo, Cerise	16	ZIM	1:21.51
5	Mutseriwa, Gamu	16	ZIM	1:24.11

Heat 2 of 4 Prelims

1	Ebineng, Seabe	17	BOTS	1:20.73
2	Doorman, Lorna	16	ZIM	1:13.55
3	Dixon, Tia	17	RSA	1:09.02
4	Naude, Rita	17	RSA	1:04.81
5	Roth, Toni	17	NAM	1:07.59
6	Brown, Roxy L	16	ZIM	1:11.01
7	Francisco, Sassa M	17	MOZ	1:15.74

Heat 3 of 4 Prelims

1	Maberly, Katy	15	ZIM	1:17.56
2	Sousa, Catarina	14	ANG	1:13.30
3	Mutangadura, Ratidzo	16	ZIM	1:08.74
4	Lee, Robyn	15	ZIM	1:04.46
5	Reynolds, Jamie H	16	RSA	1:06.49
6	Tennant, Tasmin L	15	RSA	1:09.73
7	Graham, Kaleigh	18	ZIM	1:14.72
8	Hoskins-Davies, Siobhan	17	ZIM	1:21.09

Heat 4 of 4 Prelims

1	Freitas, Maria	17	ANG	1:16.30
2	Smalley, Molina M	16	NAM	1:11.44
3	Van Wyk, Megan	17	RSA	1:08.03
4	Oberholzer, Zané	16	NAM	1:03.36
5	Randle, Samantha C	16	RSA	1:05.95
6	Duma, Khwezi	13	RSA	1:09.27
7	Weber, Zuné	13	NAM	1:14.55
8	Kamavo, Luindia	16	ANG	1:20.90

#15 Men 20 & Under 100 LC Meter Butterfly

2014Cana Reg: 54.88 2012 Niel Watson-Zambia

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1	Davis, Liam	14	ZIM	1:09.30
2	Richter, Gabriel	18	SWAZI	1:05.64
3	Gamielidien, Faarez F	17	RSA	59.91
4	Levy, Brendan R	17	RSA	56.32
5	Odendaal, Dayne	17	RSA	58.18
6	Crawford, Brenden G	18	RSA	1:01.59
7	Franciso, Daniel	14	ANG	1:07.30

Heat 2 of 3 Prelims

1	Burnett, Liam	16	ZIM	1:08.76
2	Tavares, Jalik L	15	MOZ	1:03.51
3	Lamprecht, Lushano P	17	NAM	58.71
4	Goveia, Ralph	18	ZAM	56.16
5	Cyprianos, Andresious	18	ZIM	58.08
6	Diekmann, Jörn	18	NAM	1:00.76
7	Botha, Michael	16	BOTS	1:06.06
8	Flemming, Nicolai	16	NAM	1:11.35

Heat 3 of 3 Prelims

1	Mamba, Sithembiso	15	SWAZI	1:08.31
2	Da Costa, Denilson	16	MOZ	1:03.35
3	Wetzlar, Peter C	17	ZIM	58.20
4	Vorster, Eben	17	RSA	55.82
5	Waddell, Zane	16	RSA	57.47
6	Onorati, Chase	15	ZIM	1:00.70
7	Ngwenya, Lebo	18	ZIM	1:05.80
8	Hoare, Mark	19	SWAZI	1:11.04

#16 Mixed 20 & Under 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	BOTS	A	4:20.67
	Matija, Kitso M16	Ebineng, Seabe W17	
	Imsirovic, Bonita W19	Van der Merwe, Andre M16	
2	ZAM	A	4:07.92
	Goveia, Ralph M18	Paljk, Tilka W17	
	Axiotis, Alexandros M18	Lewis, Kasia W14	
3	ZIM	A	3:50.94
	Wetzlar, Peter C M17	Brown, Roxy L W16	
	Mutangadura, Ratidzo W16	Idensohn, Chad E M18	
4	RSA	A	3:43.06
	Reynolds, Jamie H W16	Vd Walt, Natasha Z W19	
	Waddell, Zane M16	Binedell, Martin M19	
5	NAM	A	3:50.32
	Skinner, Alexander M16	Schatz, Kiara W15	
	Adelaar, Sonja W16	Flemming, Nicolai M16	
6	MOZ	A	3:57.66
	Da Costa, Denilson M16	Francisco, Jéssica W17	
	Fakir, Shakil I M16	Sonnenschein, Jannah W18	
7	ANG	A	4:10.90
	Sousa, Catarina W14	Fernandes, Marcio M16	
	Lima, Yara A W19	Fernandes, Richard M18	

#17 Women 20 & Under 400 LC Meter Freestyle

2014Cana Reg: 4:30.66 2012 Lindsay Mcleod-Zamb

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
1	Dingiswayo, Cerise	16	ZIM	5:21.39
2	Oberholzer, Zané	16	NAM	4:46.19
3	Whelan, Jessica A	17	RSA	4:32.99
4	Le Roux, Carmen	16	RSA	4:26.76
5	Nordengen, Sasha-Lee D	17	RSA	4:27.23
6	Lima, Yara A	19	ANG	4:40.20
7	Freitas, Maria	17	ANG	5:10.20

Heat 2 of 2 Prelims

1	Doorman, Lorna	16	ZIM	5:14.82
2	Smalley, Molina M	16	NAM	4:40.73
3	Randle, Samantha C	16	RSA	4:28.83
4	Tennant, Tasmin L	15	RSA	4:25.85
5	Van Wyk, Megan	17	RSA	4:27.23
6	Adelaar, Sonja	16	NAM	4:35.26
7	Cossa, Gisela L	15	MOZ	5:01.18
8	Ribeiro, Nayara	15	ANG	5:30.28

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#18 Men 20 & Under 50 LC Meter Freestyle

2014Cana Reg: 22.93 2012 Reynard Wessels-Zam

Lane Name Age Team Seed Time

Heat 1 of 6 Prelims

1	Metjeea, Katleho J	17	LES	50.27
2	Mataka, Mapalo	16	ZAM	29.05
3	Dlamini, S'Manga	17	SWAZI	28.55
4	Chiang, Brandon L	16	ZIM	27.97
5	Joseph, Gabriel	16	ZIM	28.47
6	Netsha, Mmelwa	16	ZIM	29.05
7	Price, Stuart	16	ZIM	31.11
8	Malebanye, Monehela	18	LES	58.06

Heat 2 of 6 Prelims

1	Henriques, Alberto	16	ANG	27.80
2	Burnett, Liam	16	ZIM	27.42
3	Paulo, Braulio	15	ANG	27.10
4	Seidler, Philip	16	NAM	26.97
5	Hoare, Mark	19	SWAZI	27.07
6	Jones, Keegan	17	ZIM	27.10
7	Mamba, Sithembiso	15	SWAZI	27.50
8	Fernandes, Marcio	16	ANG	27.80

Heat 3 of 6 Prelims

1	Franciso, Daniel	14	ANG	26.80
2	Diekmann, Jörn	18	NAM	26.62
3	Richter, Gabriel	18	SWAZI	26.47
4	Naidoo, Keanan A	17	RSA	26.09
5	Steiner, Kurt	18	ZIM	26.45
6	Botha, Michael	16	BOTS	26.58
7	Van der Merwe, Andre	16	BOTS	26.78
8	Lofatie-Eaton, Arthur B	16	NAM	26.87

Heat 4 of 6 Prelims

1	Mangore, Elton D	19	MOZ	25.81
2	Levy, Brendan R	17	RSA	25.67
3	Cyprianos, Andresious	18	ZIM	24.98
4	Wetzlar, Peter C	17	ZIM	24.24
5	Flemming, Nicolai	16	NAM	24.82
6	Matija, Kitso	16	BOTS	25.36
7	White, Alistair	17	ZIM	25.72
8	Onorati, Chase	15	ZIM	26.07

Heat 5 of 6 Prelims

1	Hunter, Mark M	18	RSA	25.77
2	Da Costa, Denilson	16	MOZ	25.39
3	Lawson, James	19	ZIM	24.98
4	Waddell, Zane	16	RSA	24.09
5	Binedell, Martin	19	RSA	24.74
6	Vorster, Eben	17	RSA	25.23
7	Lamprecht, Lushano P	17	NAM	25.72
8	Burnett, Aiden	17	ZIM	25.98

Heat 6 of 6 Prelims

1	Davids, Tashreeq T	18	RSA	25.74
2	Skinner, Alexander	16	NAM	25.36
3	Fakir, Shakil I	16	MOZ	24.85
4	Idensohn, Chad E	18	ZIM	23.68
5	Van Der Colff, David	17	BOTS	24.34
6	Crawford, Brenden G	18	RSA	25.14
7	Gamielien, Faarez F	17	RSA	25.69
8	Ngwenya, Lebo	18	ZIM	25.90

#19 Women 20 & Under 50 LC Meter Backstroke

2014Cana Reg: 30.50 2012 Rita Naude-Zambia

Lane Name Age Team Seed Time

Heat 1 of 4 Prelims

2	Gander, Colleen	15	ZAM	40.29
3	Johnston, Emily	15	ZIM	39.50
4	Hoskins-Davies, Siobhan	17	ZIM	36.32
5	Ebineng, Seabe	17	BOTS	36.98
6	Sakala, Nakawele	17	ZAM	39.53

Heat 2 of 4 Prelims

1	Kamavo, Luindia	16	ANG	35.30
2	Francisco, Sassa M	17	MOZ	34.56
3	Van Wyk, Megan	17	RSA	32.98
4	Oberholzer, Zanré	16	NAM	30.22
5	Roth, Toni	17	NAM	31.49
6	Weber, Zuné	13	NAM	34.04
7	Graham, Kaleigh	18	ZIM	35.15
8	Van den Bergh, Sengnet	16	ZIM	35.99

Heat 3 of 4 Prelims

1	Ribeiro, Nayara	15	ANG	35.30
2	Sousa, Catarina	14	ANG	34.20
3	Randle, Samantha C	16	RSA	32.03
4	Reynolds, Jamie H	16	RSA	29.76
5	Dixon, Tia	17	RSA	30.84
6	Doorman, Lorna	16	ZIM	33.93
7	Maberly, Katy	15	ZIM	35.10
8	Lewis, Kasia	14	ZAM	35.95

Heat 4 of 4 Prelims

1	Freitas, Maria	17	ANG	35.20
2	Smalley, Molina M	16	NAM	34.14
3	Mutangadura, Ratidzo	16	ZIM	31.84
4	Naude, Rita	17	RSA	29.75
5	Lee, Robyn	15	ZIM	30.52
6	Duma, Khwezi	13	RSA	33.55
7	Bique, Jannat	17	MOZ	34.56
8	Mutseriwa, Gamu	16	ZIM	35.52

#20 Men 20 & Under 200 LC Meter IM

2014Cana Reg: 2:06.93 2012 Niel De Villiers-Zambi

Lane Name Age Team Seed Time

Heat 1 of 3 Prelims

1	Henriques, Alberto	16	ANG	2:50.40
2	Davis, Liam	14	ZIM	2:29.53
3	Axiotis, Alexandros	18	ZAM	2:14.58
4	Ras, Christoff P	17	RSA	2:11.15
5	Goveia, Ralph	18	ZAM	2:13.90
6	Skinner, Alexander	16	NAM	2:24.97
7	Fernandes, Richard	18	ANG	2:36.00

Heat 2 of 3 Prelims

1	Joseph, Gabriel	16	ZIM	2:46.06
2	Cyprianos, Brendan	16	ZIM	2:25.97
3	Crawford, Brenden G	18	RSA	2:14.08
4	Vorster, Eben	17	RSA	2:07.68
5	Levy, Brendan R	17	RSA	2:13.51
6	Lamprecht, Christiaan P	19	NAM	2:16.36
7	Horsley, Colin	17	ZIM	2:35.79

Heat 3 of 3 Prelims

1	Chiang, Brandon L	16	ZIM	2:42.55
2	Van der Merwe, Andre	16	BOTS	2:25.60
3	Gamielien, Faarez F	17	RSA	2:13.92
4	Hunter, Mark M	18	RSA	2:07.54
5	Odendaal, Dayne	17	RSA	2:11.77
6	Lawson, James	19	ZIM	2:14.61
7	Franciso, Daniel	14	ANG	2:35.00

#21 Women 20 & Under 200 LC Meter Breaststroke

2014Cana Reg: 2:39.21 2008 Courtnet Mower-Zam

Lane Name Age Team Seed Time

Heat 1 of 3 Prelims

2	Johnston, Emily	15	ZIM	3:23.09
3	Kamavo, Luindia	16	ANG	3:00.30
4	Whelan, Jessica A	17	RSA	2:48.85
5	Smalley, Molina M	16	NAM	2:51.73
6	Stephens, Laurie	17	ZIM	3:10.86
7	Hencil, Sydney	17	ZIM	3:36.26

Heat 2 of 3 Prelims

2	Simon, Kristy	15	ZIM	3:16.65
3	Maphumulo, Ayanda	15	RSA	2:59.34
4	Roth, Toni	17	NAM	2:41.14
5	Eagles, Mikayla J	14	RSA	2:51.37
6	Imsirovic, Bonita	19	BOTS	3:06.13
7	Peacocke, Rebecca	16	ZIM	3:31.82

Heat 3 of 3 Prelims

2	Maruta, Rutendo	15	ZIM	3:16.12
3	Paljk, Tilka	17	ZAM	2:58.79
4	Anderson, Erin V	15	RSA	2:38.54
5	Van Wyk, Megan	17	RSA	2:49.52
6	Doorman, Lorna	16	ZIM	3:03.95
7	Naidu, Harleena	13	ZAM	3:24.32

#22 Men 20 & Under 200 LC Meter Backstroke

2014Cana Reg: 2:04.48 2012 Niel De Villiers-Zambi

Lane Name Age Team Seed Time

Heat 1 of 2 Prelims

1	Horsley, Colin	17	ZIM	2:48.41
2	Burnett, Aiden	17	ZIM	2:37.38
3	Meyer, Matthew M	16	RSA	2:15.73
4	Lamprecht, Lushano P	17	NAM	2:05.80
5	Flemming, Nicolai	16	NAM	2:11.11
6	Cyprianos, Brendan	16	ZIM	2:24.07
7	Price, Stuart	16	ZIM	2:42.64

Heat 2 of 2 Prelims

1	Fernandes, Marcio	16	ANG	2:45.00
2	Steyl, Dylan	17	ZIM	2:28.06
3	Vorster, Eben	17	RSA	2:12.85
4	Binedell, Martin	19	RSA	2:03.14
5	Waddell, Zane	16	RSA	2:10.65
6	Odendaal, Dayne	17	RSA	2:20.28
7	Naidu, Kumaren	17	ZAM	2:40.77

#23 Women 20 & Under 50 LC Meter Butterfly

2014Cana Reg: 28.09 2012 Kaylla M Ferreira

Lane Name Age Team Seed Time

Heat 1 of 4 Prelims

3	Peacocke, Rebecca	16	ZIM	40.69
4	Hencil, Sydney	17	ZIM	36.15
5	Johnston, Emily	15	ZIM	37.41
6	Mulenga, Mwaba	12	ZAM	43.63

Heat 2 of 4 Prelims

1	Lewis, Kasia	14	ZAM	34.16
2	Sousa, Catarina	14	ANG	32.40
3	Schatz, Kiara	15	NAM	30.39
4	Vd Walt, Natasha Z	19	RSA	28.87
5	Els, Tarryn C	17	RSA	29.11
6	Meiring, Chelsea J	16	RSA	30.75
7	Van den Bergh, Sengnet	16	ZIM	32.71
8	Paljk, Tilka	17	ZAM	35.75

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Heat 3 (#23 Women 20 & Under 50 LC Meter Butterfly)

1	Duma, Khwezi	13	RSA	33.60
2	Brown, Roxy L	16	ZIM	32.16
3	Mutangadura, Ratidzo	16	ZIM	29.96
4	Adelaar, Sonja	16	NAM	28.84
5	Lee, Robyn	15	ZIM	29.04
6	Perrett, Courtney	17	RSA	30.58
7	Dingiswayo, Cerise	16	ZIM	32.51
8	Hoskins-Davies, Siobhan	17	ZIM	34.75

Heat 4 of 4 Prelims

1	Ebineng, Seabe	17	BOTS	33.36
2	Francisco, Jéssica	17	MOZ	31.11
3	Sonnenschein, Jannah	18	MOZ	29.27
4	Naude, Rita	17	RSA	28.10
5	Reynolds, Jamie H	16	RSA	28.92
6	Graham, Kaleigh	18	ZIM	30.55
7	Smalley, Molina M	16	NAM	32.42
8	Mutseriwa, Gamu	16	ZIM	34.22

#24 Men 20 & Under 4x100 LC Meter Medley Relay**2014Cana Reg: 3:52.87 2012 South Africa-Zambia****D De Villiers-J Crous-R Wessels-B Doyle**

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	ANG	A	4:40.30
	Fernandes, Marcio 16	Henriques, Alberto 16	
	Franciso, Daniel 14	Fernandes, Richard 18	
2	ZAM	A	4:24.60
	Axiotis, Alexandros 18	Naidu, Kumaren 17	
	Goveia, Ralph 18	Mataka, Mapalo 16	
3	NAM	A	4:08.50
	Lamprecht, Christiaan P 19	Loftie-Eaton, Arthur B 16	
	Lamprecht, Lushano P 17	Flemming, Nicolai 16	
4	RSA	A	3:52.05
	Waddell, Zane 16	Hunter, Mark M 18	
	Vorster, Eben 17	Binedell, Martin 19	
5	ZIM	A	3:57.21
	Wetzlar, Peter C 17	Lawson, James 19	
	Cyprianos, Andresious 18	Idensohn, Chad E 18	
6	BOTS	A	4:16.56
	Van Der Colff, David 17	Matija, Kitso 16	
	Botha, Michael 16	Van der Merwe, Andre 16	
7	MOZ	A	4:24.90
	Mangore, Elton D 19	Tavares, Jalik L 15	
	Da Costa, Denilson 16	Fakir, Shakil I 16	

#25 Women 20 & Under 4x50 LC Meter Freestyle Relay**2014Cana Reg: 1:50.00 2012 South Africa-Zambia****K Ferreira-A Peens-K Muller-E Chelius**

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	ZAM	A	2:06.26
	Paljk, Tilka 17	Mulenga, Mwaba 12	
	Lewis, Kasia 14	Sakala, Nakawele 17	
3	ZIM	A	1:55.11
	Lee, Robyn 15	Brown, Roxy L 16	
	Mutangadura, Ratidzo 16	Graham, Kaleigh 18	
4	RSA	A	1:47.88
	Reynolds, Jamie H 16	Vd Walt, Natasha Z 19	
	Meiring, Chelsea J 16	Naude, Rita 17	
5	NAM	A	1:54.06
	Schatz, Kiara 15	Roth, Toni 17	
	Oberholzer, Zanré 16	Adelaar, Sonja 16	
6	MOZ	A	1:56.79
	Francisco, Jéssica 17	Bique, Jannat 17	
	Cossa, Gisela L 15	Sonnenschein, Jannah 18	

#26 Men 20 & Under 400 LC Meter Freestyle**2014Cana Reg: 4:02.57 2012 Christopher Reid-Zam**

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
1	Steyl, Dylan	17	ZIM	4:48.48
2	Delomoney, Keown T	16	RSA	4:26.15
3	Flemming, Nicolai	16	NAM	4:16.09
4	Levy, Brendan R	17	RSA	4:01.23
5	Odendaal, Dayne	17	RSA	4:06.89
6	Diekman, Jörn	18	NAM	4:23.74
7	Burnett, Liam	16	ZIM	4:40.29

Heat 2 of 2 Prelims

1	Burnett, Aiden	17	ZIM	4:45.95
2	Poovan, Cole B	14	RSA	4:26.10
3	Van Der Colff, David	17	BOTS	4:15.91
4	Meyer, Matthew M	16	RSA	3:59.88
5	Vorster, Eben	17	RSA	4:05.78
6	Seidler, Philip	16	NAM	4:23.37
7	Van der Merwe, Andre	16	BOTS	4:29.60
8	Fernandes, Richard	18	ANG	4:50.00

#27 Women 20 & Under 50 LC Meter Freestyle**2014Cana Reg: 27.08 2012 Kayla Ferreira-Zambi**

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims				
3	Lekhotsa, Lineo	16	LES	47.95
4	Stephens, Laurie	17	ZIM	34.78
5	Carter, Naledi	19	LES	45.62
Heat 2 of 6 Prelims				
1	Mulenga, Mwaba	12	ZAM	34.33
2	Gander, Colleen	15	ZAM	32.29
3	Simon, Kristy	15	ZIM	32.14
4	Duma, Khwezi	13	RSA	31.63
5	Maberly, Katy	15	ZIM	31.92
6	Van den Bergh, Sengnet	16	ZIM	32.15
7	Johnston, Emily	15	ZIM	32.48
Heat 3 of 6 Prelims				
1	Sakala, Nakawele	17	ZAM	31.51
2	Bique, Jannat	17	MOZ	31.30
3	Dingiswayo, Cerise	16	ZIM	31.08
4	Freitas, Maria	17	ANG	30.20
5	Ebineng, Seabe	17	BOTS	30.48
6	Lewis, Kasia	14	ZAM	31.21
7	Maruta, Rutendo	15	ZIM	31.38
8	Imsirovic, Bonita	19	BOTS	31.53

Heat 4 of 6 Prelims

1	Weber, Zuné	13	NAM	29.07
2	Graham, Kaleigh	18	ZIM	28.70
3	Lee, Robyn	15	ZIM	28.34
4	Meiring, Chelsea J	16	RSA	26.85
5	Adelaar, Sonja	16	NAM	27.62
6	Brown, Roxy L	16	ZIM	28.64
7	Francisco, Jéssica	17	MOZ	28.90
8	Hoskins-Davies, Siobhan	17	ZIM	30.16

Heat 5 of 6 Prelims

1	Sousa, Catarina	14	ANG	29.03
2	Lima, Yara A	19	ANG	28.70
3	Paljk, Tilka	17	ZAM	28.20
4	Vd Walt, Natasha Z	19	RSA	26.83
5	Perrett, Courtney	17	RSA	27.55
6	Schatz, Kiara	15	NAM	28.49
7	Oberholzer, Zanré	16	NAM	28.88
8	Mutseriwa, Gamu	16	ZIM	29.99

Heat 6 of 6 Prelims

1	Tennant, Tasmin L	15	RSA	29.01
2	Dixon, Tia	17	RSA	28.69
3	Els, Tarryn C	17	RSA	27.98
4	Reynolds, Jamie H	16	RSA	26.78
5	Naude, Rita	17	RSA	27.42
6	Eagles, Mikayla J	14	RSA	28.36
7	Mutangadura, Ratidzo	16	ZIM	28.85
8	Smalley, Molina M	16	NAM	29.12

#28 Men 20 & Under 50 LC Meter Backstroke**2014Cana Reg: 26.70 2012 Niel De Villiers-Zambi**

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
3	White, Alistair	17	ZIM	33.38
4	Burnett, Liam	16	ZIM	32.86
5	Naidu, Kumaren	17	ZAM	33.21
6	Mataka, Mapalo	16	ZAM	35.11
Heat 2 of 4 Prelims				
1	Botha, Michael	16	BOTS	31.49
2	Naidoo, Keanan A	17	RSA	30.33
3	Cyprianos, Andresious	18	ZIM	29.28
4	Idensohn, Chad E	18	ZIM	27.40
5	Flemming, Nicolai	16	NAM	27.97
6	Odendaal, Dayne	17	RSA	29.69
7	Skinner, Alexander	16	NAM	31.02
8	Steyl, Dylan	17	ZIM	32.27
Heat 3 of 4 Prelims				
1	Burnett, Aiden	17	ZIM	31.07
2	Onorati, Chase	15	ZIM	30.10
3	Wetzlar, Peter C	17	ZIM	28.36
4	Binedell, Martin	19	RSA	27.15
5	Lamprecht, Lushano P	17	NAM	27.85
6	Vorster, Eben	17	RSA	29.60
7	Ras, Christoff P	17	RSA	30.74
8	Fernandes, Marcio	16	ANG	31.90
Heat 4 of 4 Prelims				
1	Richter, Gabriel	18	SWAZI	31.04
2	Mangore, Elton D	19	MOZ	29.94
3	Axiotis, Alexandros	18	ZAM	28.24
4	Waddell, Zane	16	RSA	26.49
5	Van Der Colff, David	17	BOTS	27.75
6	Gamielidien, Faarez F	17	RSA	29.52
7	Cyprianos, Brendan	16	ZIM	30.62
8	Price, Stuart	16	ZIM	31.86

#29 Women 20 & Under 200 LC Meter IM**2014Cana Reg: 2:24.04 2012 Lindsay M McLeod-Za**

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
2	Simon, Kristy	15	ZIM	2:55.37
3	Le Roux, Carmen	16	RSA	2:27.97
4	Whelan, Jessica A	17	RSA	2:23.51
5	Anderson, Erin V	15	RSA	2:26.26
6	Doorman, Lorna	16	ZIM	2:45.24
7	Hencil, Sydney	17	ZIM	3:06.83
Heat 2 of 3 Prelims				
1	Johnston, Emily	15	ZIM	3:13.93
2	Sousa, Catarina	14	ANG	2:45.40
3	Roth, Toni	17	NAM	2:27.46
4	Van Wyk, Megan	17	RSA	2:23.24
5	Reynolds, Jamie H	16	RSA	2:25.09
6	Graham, Kaleigh	18	ZIM	2:37.77
7	Lewis, Kasia	14	ZAM	3:00.18

SCSA Zone VI U20 Youth Games

Meet Program

Heat 3 (#29 Women 20 & Under 200 LC Meter IM)

1	Ebineng, Seabe	17	BOTS	3:10.67
2	Cossa, Gisela L	15	MOZ	2:45.40
3	Lee, Robyn	15	ZIM	2:27.36
4	Adelaar, Sonja	16	NAM	2:22.54
5	Randle, Samantha C	16	RSA	2:24.61
6	Smalley, Molina M	16	NAM	2:28.18
7	Maruta, Rutendo	15	ZIM	2:56.78

#30 Men 20 & Under 200 LC Meter Breaststroke

2014Cana Reg: 2:21.51 2012 Jarred Crous-Zambia

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

2	Matija, Kitso	16	BOTS	2:50.87
3	Loftie-Eaton, Arthur B	16	NAM	2:41.73
4	Ras, Christoff P	17	RSA	2:22.19
5	Poovan, Cole B	14	RSA	2:33.51
6	Steiner, Kurt	18	ZIM	2:47.60

Heat 2 of 3 Prelims

2	Joseph, Gabriel	16	ZIM	2:50.76
3	Davis, Liam	14	ZIM	2:33.90
4	Hunter, Mark M	18	RSA	2:19.84
5	Gamielidien, Faarez F	17	RSA	2:27.93
6	Lamprecht, Christiaan P	19	NAM	2:44.88
7	Netsha, Mmelwa	16	ZIM	2:57.88

Heat 3 of 3 Prelims

2	Chiang, Brandon L	16	ZIM	2:50.53
3	Axiotis, Alexandros	18	ZAM	2:33.76
4	Crawford, Brenden G	18	RSA	2:19.12
5	Lawson, James	19	ZIM	2:22.72
6	Delomoney, Keown T	16	RSA	2:44.31
7	Horsley, Colin	17	ZIM	2:51.21

#31 Women 20 & Under 200 LC Meter Backstroke

2014Cana Reg: 2:20.09 2012 Nthania van Niekerk-Z

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

2	Maberly, Katy	15	ZIM	2:52.73
3	Duma, Khwezi	13	RSA	2:29.18
4	Lee, Robyn	15	ZIM	2:20.03
5	Dixon, Tia	17	RSA	2:26.33
6	Brown, Roxy L	16	ZIM	2:34.23
7	Mutseriwa, Gamu	16	ZIM	3:06.23

Heat 2 of 3 Prelims

2	Doorman, Lorna	16	ZIM	2:44.39
3	Tennant, Tasmin L	15	RSA	2:27.57
4	Randle, Samantha C	16	RSA	2:16.94
5	Naude, Rita	17	RSA	2:23.81
6	Mutangadura, Ratidzo	16	ZIM	2:33.87
7	Hoskins-Davies, Siobhan	17	ZIM	2:57.52

Heat 3 of 3 Prelims

1	Naidu, Harleena	13	ZAM	3:17.32
2	Francisco, Sassa M	17	MOZ	2:44.24
3	Roth, Toni	17	NAM	2:27.18
4	Oberholzer, Zanré	16	NAM	2:14.52
5	Van Wyk, Megan	17	RSA	2:21.60
6	Smalley, Molina M	16	NAM	2:33.09
7	Dingiswayo, Cerise	16	ZIM	2:53.27

#32 Men 20 & Under 50 LC Meter Butterfly

2014Cana Reg: 24.58 2012 Reynard Wessels -Zam

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1	Henriques, Alberto	16	ANG	33.20
2	White, Alistair	17	ZIM	32.18
3	Naidu, Kumaren	17	ZAM	31.42
4	Dlamini, S'Manga	17	SWAZI	30.87
5	Van der Merwe, Andre	16	BOTS	31.23
6	Burnett, Liam	16	ZIM	31.71
7	Jones, Keegan	17	ZIM	32.53

Heat 2 of 5 Prelims

1	Burnett, Aiden	17	ZIM	30.25
2	Davis, Liam	14	ZIM	30.15
3	Hoare, Mark	19	SWAZI	29.40
4	Paulo, Braulio	15	ANG	29.30
5	Francisco, Daniel	14	ANG	29.30
6	Dauids, Tashreeq T	18	RSA	29.43
7	Mamba, Sithembiso	15	SWAZI	30.20
8	Mataka, Mapalo	16	ZAM	30.60

Heat 3 of 5 Prelims

1	Botha, Michael	16	BOTS	28.57
2	Richter, Gabriel	18	SWAZI	27.82
3	Cyprianos, Andresious	18	ZIM	26.66
4	Waddell, Zane	16	RSA	25.63
5	Levy, Brendan R	17	RSA	26.25
6	Crawford, Brenden G	18	RSA	26.87
7	Da Costa, Denilson	16	MOZ	28.08
8	Steiner, Kurt	18	ZIM	29.12

Heat 4 of 5 Prelims

1	Tavares, Jalik L	15	MOZ	28.46
2	Onorati, Chase	15	ZIM	27.79
3	Binedell, Martin	19	RSA	26.64
4	Goveia, Ralph	18	ZAM	25.33
5	Wetzlar, Peter C	17	ZIM	26.07
6	Fakir, Shakil I	16	MOZ	26.84
7	Naidoo, Keanan A	17	RSA	28.06
8	Cyprianos, Brendan	16	ZIM	29.10

Heat 5 of 5 Prelims

1	Ngwenya, Lebo	18	ZIM	28.30
2	Lamprecht, Lushano P	17	NAM	27.15
3	Van Der Colff, David	17	BOTS	26.48
4	Idensohn, Chad E	18	ZIM	25.08
5	Vorster, Eben	17	RSA	26.02
6	Odendaal, Dayne	17	RSA	26.83
7	Diekmann, Jörn	18	NAM	27.93
8	Skinner, Alexander	16	NAM	29.02

#33 Women 20 & Under 4x100 LC Meter Medley Relay

2014Cana Reg: 4:28.01 2012 South Africa-Zambia

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

2	ZAM	A	5:28.99
	Paljk, Tilka 17	Naidu, Harleena 13	
	Lewis, Kasia 14	Gander, Colleen 15	
3	MOZ	A	4:34.98
	Francisco, Sassa M 17	Francisco, Jéssica 17	
	Sonnenschein, Jannah 18	Cossa, Gisela L 15	
4	RSA	A	4:18.95
	Naude, Rita 17	Anderson, Erin V 15	
	Els, Tarryn C 17	Reynolds, Jamie H 16	
5	NAM	A	4:26.44
	Oberholzer, Zanré 16	Roth, Toni 17	
	Adelaar, Sonja 16	Schatz, Kiara 15	
6	ZIM	A	4:40.73
	Mutangadura, Ratidzo 16	Doorman, Lorna 16	
	Lee, Robyn 15	Brown, Roxy L 16	

#34 Men 20 & Under 4x50 LC Meter Freestyle Relay

2014Cana Reg: 1:34.32 2012 South Africa-Zambia

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1	ZAM	A	1:50.61
	Goveia, Ralph 18	Axiotis, Alexandros 18	
	Mataka, Mapalo 16	Naidu, Kumaren 17	
2	MOZ	A	1:44.89
	Da Costa, Denilson 16	Mangore, Elton D 19	
	Fakir, Shakil I 16	Tavares, Jalik L 15	
3	NAM	A	1:41.42
	Skinner, Alexander 16	Lamprecht, Lushano P 17	
	Lamprecht, Christiaan P 19	Flemming, Nicolai 16	
4	ZIM	A	1:38.12
	Idensohn, Chad E 18	Lawson, James 19	
	Wetzlar, Peter C 17	Cyprianos, Andresious 18	
5	RSA	A	1:39.20
	Waddell, Zane 16	Binedell, Martin 19	
	Crawford, Brenden G 18	Vorster, Eben 17	
6	BOTS	A	1:43.06
	Matija, Kitso 16	Van der Merwe, Andre 16	
	Botha, Michael 16	Van Der Colff, David 17	
7	ANG	A	1:49.80
	Fernandes, Marcio 16	Fernandes, Richard 18	
	Paulo, Braulio 15	Henriques, Alberto 16	