

Individual Top Times

Times since: 01-May-21 Times until: 30-Apr-22
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16 - 16 50 Free							
1	27.20	L	F	Tori Voke	16	VIKI BUF	28/05/2021 Grand Prix No 4 Durban May 2021
2	27.36	L	F	Rachel Groepes	16	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
3	27.52	L	F	Ane' Meier	16	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
4	27.62	L	F	Eryn Casey	16	ACSA ETH	17/12/2021 2021 KZNA Premier Provincial
5	27.63	L	F	Olivia Kruger	16	GAUT	26/03/2022 SA Schools Swimming Championship
6	27.72	L	F	Morgan Cope	16	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
7	27.74	L	F	Tazmyn Robson	16	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
8	27.89	L	F	Robyn Aaron	16	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
9	28.02	L	F	Corne van Schalkwyk	16	AA JHB	05/11/2021 NTS Prestige Gala 2021
10	28.11	L	F	Caitlin Rademakers	16	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
11	28.23	L	F	Carmia Hartman	16	RFA FSH	15/12/2021 NTS Championships 2021
12	28.31	L	P	Christine Wessels	16	TUKS FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet
13	28.34	L	F	Zoe Terblanche	16	RFA FSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
14	28.42	L	P	Mikaela Goelst	16	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
15	28.50	L	F	Emma Terblanche	AR	BLOT MAN	17/12/2021 2021 KZNA Premier Provincial
16	28.54	L	F	Scarlett Nichol	16	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
17	28.58	L	P	Nicola Hartman	16	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
18	28.60	L S	F	Liya Venter	16	BLMA CPT	07/12/2021 Western Cape LC-A Championship 2021
19*	28.62	L	F	Amy Muller	16	TUKS FSH	15/12/2021 NTS Championships 2021
19*	28.62	L	F	Jemma van der Merwe	16	CSC FSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
21*	28.66	L	F	Alexia Delicado	16	NWS	26/03/2022 SA Schools Swimming Championship
21*	28.66	L	F	Emma Peacock	16	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- NT
23	28.67	L	F	Georgia Carstens	16	TUKS FSH	28/01/2022 NTS February Age Group 15 & Over
24	28.70	L	P	Callan Lötter	16	TUKS FSH	15/12/2021 NTS Championships 2021
25	28.72	L	F	Ennes Zietsman	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
26	28.78	L	F	Manaal Omar	16	KZNS ET	26/03/2022 SA Schools Swimming Championship
27	28.79	L	F	Cara Ralfe	16	SEAL UMD	17/12/2021 2021 KZNA Premier Provincial
28	28.88	L	F	Grace De Jongh	16	GSA CPT	30/10/2021 CANA Virtual Swimming Championships
29	28.93	L	F	Meredith O'Tool	16	WELA FDD	25/02/2022 Neptune last chance gala
30*	29.04	L	F	Jodi Dos Santos	16	UNI EZD	03/12/2021 Mpumalanga Championships 2021
30*	29.04	L	F	Calista Mentz	16	PAC FSH	15/12/2021 NTS Championships 2021
32	29.06	L	F	Tiara Finnis	16	RSA	14/04/2022 CANA Zone IV
33	29.10	L	P	Chloe Gershuny	16	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
34	29.13	L	F	Amber Lewis	16	KZNS ET	26/03/2022 SA Schools Swimming Championship
35	29.15	L	P	Annette Greyling	16	CRSC JHB	18/02/2022 2022 Grand Prix 2 Invitational Meet
36*	29.17	L	F	Isabelle Barrow	16	AA JHB	29/03/2022 SA Regional Aquatic Champs 2022- NT
36*	29.17	L	F	Keila Manthe	16	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
36*	29.17	L	F	Lara De Beer	16	BENS EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT
39	29.19	L	P	Juliet Walsh	16	SAAW CPT	18/02/2022 2022 Grand Prix 2 Invitational Meet
40	29.26	L	F	Lara Groenewald	16	AQU ADJ	03/12/2021 WSC & Seals Summer LC Champs 2021
41	29.29	L	F	Amber Olsen	16	RSA	14/04/2022 CANA Zone IV
42	29.36	L	F	Nicola Harcus	16	INFA NMA	20/11/2021 2nd A League Gala 2021
43	29.41	L	F	Taylin Alberts	16	TRAZ FSH	28/01/2022 NTS February Age Group 15 & Over
44	29.43	L	P	Kiara Johnson	16	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group
45	29.44	L	P	Samantha Lowman	16	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
46	29.45	L	F	Jana Naude	16	STSC UHD	20/11/2021 KCDA November Age Group Gala 2021
47	29.46	L	F	Josi Arnold	16	HARL BUF	17/03/2022 SA Level 3 Regional Age Group
48	29.47	L	P	Payton Brink	16	WCA CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
49	29.49	L	P	Hayley McHarg	16	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
50	29.54	L	F	Alexandra Caldwell	16	RAV EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT
51	29.57	L	F	Teegan Pio	16	PEAS NMA	29/03/2022 SA Regional SNR & JNR Champs WCA
52	29.60	L	F	Catherine de Boucherville	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
53	29.61	L	P	Kirsten Storm	16	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
54	29.68	L	F	Jayda Collett	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
55	29.70	L	F	Michaela Dal Medico	16	TUKS FSH	05/11/2021 NTS Prestige Gala 2021
56	29.71	L	P	Tayla Haslam	16	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
57	29.79	L	F	Ninah Wedderburn	16	BLTA NMA	12/11/2021 PEA Winter Gala Take 2
58	29.87	L	P	Melindie Van Rensburg	16	UNI EZD	03/12/2021 Mpumalanga Championships 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
59	29.91 L	F	Caitlin Ruane	16	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
60	29.97 L	P	Kimberly Ingwe	16	RAV EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
61*	29.99 L	F	Miche Johns	16	BLSS MAN	29/01/2022	EDA Age Group Gala 4
61*	29.99 L	F	Cara Van Der Bijl	16	BLNE MAN	03/09/2021	Mangaung Winter Champs
63	30.01 L	F	Emma Hamman	16	FAAC FB	05/02/2022	NCASA Sprints Gala 2022
64	30.04 L	P	Eleni Zigiriadis	16	TUKS FSH	15/12/2021	NTS Championships 2021
65	30.08 L	F	Melissa Martens	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial
66	30.13 L	P	Ava Rathner	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
67	30.15 L	P	Jade-Ann Le Roux	16	AA JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
68	30.18 L	F	Jodi Wilson	16	BLTA NMA	16/10/2021	1st A League Gala 2021
69	30.20 L	F	Nirvana Borrageiro	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial
70	30.23 L	F	Jenny Zhang	16	EAGA CCD	12/02/2022	Limpopo Champs
71	30.28 L	P	Rachel Smith	16	MDOL EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
72	30.34 L S	P	Dieu-Dene Van Jaarsveld	16	WATR JHB	07/12/2021	Western Cape LC-A Championship 2021
73*	30.51 L S	P	Danielle Heyes	16	GSA CPT	07/12/2021	Western Cape LC-A Championship 2021
73*	30.51 L S	F	Amy Robson-Garth	16	SOUL EKU	09/12/2021	EGA Summer Champs 2021
75	30.55 L	F	Jozi Nupen	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
76	30.56 L	F	Rachel Guymmer	16	DRGN EKU	02/10/2021	EGA Summer 2
77*	30.62 L	F	Symóne Steyn	16	TLAC BPD	17/03/2022	SA Level 3 Regional Age Group
77*	30.62 L	F	Amber Landskron	16	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
79*	30.67 L	P	Emma Beyers	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
79*	30.67 L	P	Nawaal Mia	16	MDOL EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet
81	30.74 L	P	Morgan Pharoah	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
82	30.75 L	F	Danielle Joubert	16	BLNE MAN	08/12/2021	Free State Champs 2021
83	30.85 L	P	Imogen Rushton	16	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group
84	30.91 L	F	Jadyn-Lee Joubert	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial
85*	30.95 L	F	Skye Da Fonseca-Hattingh	16	RFA FSH	10/12/2021	2021 The Tshwane Mayoral Gala
85*	30.95 L	F	Chloe Vd Merwe	16	ASAC CPT	17/03/2022	SA Level 3 Regional Age Group
87	30.96 L	F	Georgia Stone	16	INFA NMA	16/10/2021	1st A League Gala 2021
88	30.99 L	F	Roslyn Joseph	16	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
89	31.03 L	F	Lucy Friedenthal	16	NHS EZD	11/02/2022	MP SA SCHOOLS TRIALS 11-12
90	31.05 L	P	Cara Harradine	16	PAC FSH	15/12/2021	NTS Championships 2021
91	31.06 L	F	Kate Meyburgh	16	INFA NMA	16/10/2021	1st A League Gala 2021
92	31.07 L	F	Thea Vd Toorn	16	CYBE CPT	19/02/2022	CTA QUALIFYING MEET 6 -
93	31.10 L	F	Aidon Naidoo	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial
94	31.14 L	P	Janke Fourie	16	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
95	31.17 L	F	Nina Pretorius	16	CSC FSH	22/10/2021	NTS October Level 1-3 Age Group
96	31.18 L	F	Tenieka Greyling	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships
97	31.32 L S	P	Jada Coetzee	16	FISH EDD	07/12/2021	Western Cape LC-A Championship 2021
98	31.35 L	F	Carike Kok	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
99	31.38 L	P	Christina Sauerman	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
100*	31.40 L	F	Heike-Louise Hechter	16	BLSS MAN	23/10/2021	Otters Prestige Gala 2021
100*	31.40 L	F	Mareen van der Merwe	16	RFA FSH	18/02/2022	NTS Combined February Age Group
102*	31.45 L	F	Marguerite Naude	16	AFIN JHB	22/10/2021	NTS October Level 1-3 Age Group
102*	31.45 L	F	Alexia Michalopoulos	16	RFA FSH	18/02/2022	NTS Combined February Age Group
104	31.47 L	F	Abigail Powell	16	ROA EDD	19/11/2021	Eden LC Champs 2021
105*	31.48 L	P	Anje Van Papendorp	16	TUKS FSH	15/12/2021	NTS Championships 2021
105*	31.48 L	F	Isabella Reynolds	16	ELEC JHB	03/12/2021	CGA LC Summer Champs - Level3+
105*	31.48 L	F	Paige Mills	16	DRGN EKU	28/01/2022	EGA Last Chance Gala
108	31.50 L	F	Annè Sabbagha	16	PAQU CED	08/10/2021	40th Freda Barnard Invitational Gala
109	31.51 L	F	Zane Bruyns	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
110	31.52 L S	P	Sara Daniels	16	AACTA CPT	07/12/2021	Western Cape LC-A Championship 2021
111	31.56 L	P	Laranya Naidoo	16	WSTV ETH	17/03/2022	SA Level 3 Regional Age Group
112	31.64 L	F	Michelle Jack	16	TUKS FSH	08/10/2021	NTS October Combined Age Group
113	31.66 L	F	Gemma Kirsten	16	BLNE MAN	17/03/2022	SA Level 3 Regional Age Group
114	31.78 L	F	Ashley Jansen van Vuuren	16	CSA EZD	03/12/2021	Mpumalanga Championships 2021
115	31.82 L	F	Jordan Zwart	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial
116	31.88 L	F	Kaela Viljoen	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
117	31.89 L	F	Mia Nortjè	16	CYBE CPT	29/03/2022	SA Regional SNR & JNR Champs WCA

Individual Top Times

Times since: 01-May-21
Number of Top Times: All

Times until: 30-Apr-22
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118	31.91	L	F	Petro Marié Fourie	16	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
119	31.97	L	F	Jamie Hains	16	INFA NMA	10/12/2021 NMBA Championships 2021
120	32.07	L	F	Larique Joubert	16	TASC MPD	06/11/2021 Limpopo Age Group 5
121	32.11	L	P	Ninke Griffioen	16	FISH EDD	17/03/2022 SA Level 3 Regional Age Group
122*	32.15	L	F	Caitlin Rossouw	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
122*	32.15	L	F	San-Mari Van der Walt	16	DDA TSH	08/10/2021 NTS October Combined Age Group
124*	32.19	L S	P	Busisiwe Mogadima	16	SOUL EKU	09/12/2021 EGA Summer Champs 2021
124*	32.19	L	F	Rachael Dart	16	SRAY BUF	18/03/2022 SA Level 2 Regional Age Group Champs
124*	32.19	L	F	Erin Kisten	16	MDOL EKU	18/02/2022 EGA Lets Race 2022
127	32.22	L	P	Isabella Van der Walt	16	QSAW CED	22/03/2022 SA Level 2 Regional Age Group
128*	32.24	L	F	Kiana Engelbrecht	16	SASOL FDD	17/03/2022 SA Level 3 Regional Age Group
128*	32.24	L	F	Rachel Van Tooren	16	AAS JHB	03/12/2021 CGA LC Summer Champs - Level3+
130	32.38	L	F	Elza De Kock	16	AGAQ OBD	19/02/2022 CTA QUALIFYING MEET 6 -
131*	32.39	L	F	Calista Mackenzie	16	ELRAS WBD	06/11/2021 Limpopo Age Group 5
131*	32.39	L	F	Chara Green	16	AAS JHB	03/12/2021 CGA LC Summer Champs - Level3+
133	32.40	L	F	Madison Meyer	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
134	32.44	L	F	Charlize De Villiers	16	PRKA PS	05/02/2022 NCASA Sprints Gala 2022
135	32.48	L	F	Alicia Kleingeld	16	ZASC TSH	10/12/2021 2021 The Tshwane Mayoral Gala
136*	32.53	L	F	Adelia Schonken	16	SS MPD	06/11/2021 Limpopo Age Group 5
136*	32.53	L	F	Alexis Vorwerk	16	SEAL UMD	30/10/2021 CANA Virtual Swimming Championships
138	32.56	L	F	Karla Vogel	16	RFA TSH	10/12/2021 2021 The Tshwane Mayoral Gala
139*	32.58	L	P	Julia Griffioen	16	NWS	26/03/2022 SA Schools Swimming Championship
139*	32.58	L	F	Shaina Adriaan	16	TYGE CPT	22/03/2022 SA Level 2 Regional Age Group
141	32.63	L	P	Thinica Mc Anda	16	BLSS MAN	08/12/2021 Free State Champs 2021
142	32.71	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	22/10/2021 EGA Summer 3
143	32.79	L	F	Courtney Smith	16	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
144	32.80	L	F	Caitlin Smit	16	CSC TSH	10/12/2021 2021 The Tshwane Mayoral Gala
145	32.89	L	F	Emma Lauf	16	MDOL EKU	02/10/2021 EGA Summer 2
146	32.91	L	F	Keira Booth	16	SS MPD	06/11/2021 Limpopo Age Group 5
147	32.95	L	F	Erin Braun	16	DRGN EKU	28/01/2022 EGA Last Chance Gala
148	33.01	L	F	Luané Engelbrecht	16	TUKS TSH	10/12/2021 2021 The Tshwane Mayoral Gala
149	33.03	L	F	Ashleigh Witney	16	PGAC EKU	22/10/2021 EGA Summer 3
150	33.07	L	F	Nikola Roux	16	TRAZ TSH	10/12/2021 2021 The Tshwane Mayoral Gala
151	33.18	L	F	Caitlyn Gomes	16	ISSC NMD	17/03/2022 SA Level 3 Regional Age Group
152	33.25	L	F	Emma Wintermeyer	16	CRSC JHB	28/01/2022 NTS February Age Group 15 & Over
153	33.28	L	P	Morgan Ehmke	16	GSA CPT	22/03/2022 SA Level 2 Regional Age Group
154	33.40	L	F	Awande Mlangeni	16	ONYX EKU	06/11/2021 OR TAMBO Soncini 2021
155	33.43	L	F	Yedidah Theron	16	ROA EDD	25/02/2022 Infinity Gala
156	33.46	L	F	Tamika Anderson	16	TUKS TSH	08/10/2021 NTS October Combined Age Group
157	33.51	L	F	Lesedi Thunzi	16	HARL BUF	10/12/2021 BCA Long Course Championships 2021
158	33.52	L	P	Lariska Naude	16	WELA FDD	08/12/2021 Free State Champs 2021
159	33.56	L S	P	Caitlin De Freitas	16	DRGN EKU	09/12/2021 EGA Summer Champs 2021
160	33.68	L	F	Elizma Huyser	16	FISH EDD	19/11/2021 Eden LC Champs 2021
161	33.71	L	F	Tharien Venter	16	BLUO UGD	30/10/2021 CANA Virtual Swimming Championships
162	33.74	L	F	Chloe Diedericks-Boudouris	16	CRSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
163	33.78	L	F	Saffron Tweedie	16	PEAS NMA	10/12/2021 NMBA Championships 2021
164	34.03	L	F	Sasha Naidoo	16	VINE CPT	22/03/2022 SA Level 2 Regional Age Group
165	34.05	L	F	Skyla Schroll	16	NWUC KKD	16/10/2021 NWS Age Group 1&2
166	34.09	L	F	Victoria Baigent	16	ESTR EKU	22/10/2021 EGA Summer 3
167	34.13	L	F	Isabel Swart	16	CUDU CPT	30/10/2021 CANA Virtual Swimming Championships
168	34.19	L	F	Kimberley Howes	16	HARB BPD	08/12/2021 NWS Championships 2020/2021
169	34.27	L	F	Kaylin Visser	16	BLSS MAN	28/10/2021 Neptune Prestige Gala
170	34.30	L	F	Zoe Stock	16	MDOL EKU	22/10/2021 EGA Summer 3
171	34.40	L	F	Kaitlyn Immelman	16	ESP EKU	04/09/2021 EGA Adrian Grafe Gala 2021
172	34.46	L	F	Anika Rabie	16	SEAL UMD	30/10/2021 CANA Virtual Swimming Championships
173	34.57	L	F	Nicole Bantom	16	SSISA CPT	04/12/2021 CTA Qualifying Meet
174	34.58	L	F	Kayla Viljoen	16	AACTA CPT	19/02/2022 CTA QUALIFYING MEET 6 -
175	34.70	L	F	Xandri Botha	16	UNI EZD	03/12/2021 Mpumalanga Championships 2021
176	34.77	L	P	Maria Burger	16	KALA	22/03/2022 SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
177	34.81	L	F	Cayla Visser	16	BLSS MAN	28/10/2021 Neptune Prestige Gala
178	34.82	L	F	Bianca Kleingeld	16	ZASC FSH	08/10/2021 NTS October Combined Age Group
179	34.84	L	F	Anna Pretorius	16	AGAQ OBD	19/02/2022 CTA QUALIFYING MEET 6 -
180	34.85	L	F	Samantha Mouton	16	HARL BUF	10/12/2021 BCA Long Course Championships 2021
181	35.00	L	P	Lize-Mari Geldenhuys	16	CLSC WCD	22/03/2022 SA Level 2 Regional Age Group
182*	35.10	L	F	Caitlyn Martin	16	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
182*	35.10	L	F	Mari Kemp	16	SWAR WCD	16/10/2021 Winelands SL 3
184	35.13	L	F	Zodea Jacobie	16	SUPE JHB	03/12/2021 CGA LC Summer Champs - Level 2
185	35.15	L	F	Erin Anders	16	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
186*	35.23	L	F	Bea Calitz	16	BLNE MAN	28/10/2021 Neptune Prestige Gala
186*	35.23	L	F	Oabilwe Sesoko	16	RAV EKU	07/01/2022 2022 Grand Prix Invitation Swimming
188	35.44	L	F	Karla De Beer	16	QSAW CED	13/11/2021 Winelands SL Final
189	35.47	L	F	Emma Van Der Westhuysen	16	FISH EDD	19/11/2021 Eden LC Champs 2021
190	35.49	L	F	Jade Westley	16	H2O EKU	22/10/2021 EGA Summer 3
191	35.52	L	F	Celine Hamman	QR	PSA ZLD	04/12/2021 Stingrays Swim Club Championships
192	35.55	L	F	Josephine Liebenberg	16	LALE CED	13/11/2021 Winelands SL Final
193	35.76	L	F	Amy Marks	16	ELEC JHB	06/11/2021 OR TAMBO Soncini 2021
194	35.96	L S	P	Talisa Rademeyer	16	SWIFT EKU	09/12/2021 EGA Summer Champs 2021
195	35.97	L	F	Mesha-Lee Iveson	16	PRIO NMA	19/02/2022 EC Provincial Schools Gala
196	36.02	L	F	Simone Nel	16	SS MPD	16/10/2021 Limpopo Age Group 4
197	36.05	L	F	Olwethu Ndlovu	16	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
198	36.16	L	F	Aimee Blackler	16	ESTR EKU	22/10/2021 EGA Summer 3
199	36.23	L	F	Atiyah Valli	16	ATLA JHB	06/11/2021 OR TAMBO Soncini 2021
200	36.37	L	F	Amarah Koeberg	16	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
201	36.84	L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022 Limpopo Champs
202	36.85	L	F	Tylor Nel	16	SS MPD	16/10/2021 Limpopo Age Group 4
203	37.23	L	F	Caroli Rossouw	16	KALA	08/12/2021 Champs 2021
204	37.38	L	F	Yamahlabi Radebe	16	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
205	37.51	L	F	Mia Limbach	16	SS MPD	16/10/2021 Limpopo Age Group 4
206	37.55	L	F	Anika Van Der Bank	16	UPSK	06/11/2021 Upington Age Group 2
207	37.85	L	F	Shirley Mlotshwa	16	ATTE FSH	10/12/2021 2021 The Tshwane Mayoral Gala
208	37.86	L	F	Rhea Mothichund	16	OTTO ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
209	38.07	L	F	Johara Sheik	16	AQSC UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
210	38.47	L	F	Michiela Herbst	16	MSC NGD	21/01/2022 MP AGE GROUP 4 GALA 21 - 22
211	38.66	L	F	Cianna Schwind	16	THEO NMA	19/02/2022 EC Provincial Schools Gala
212	38.72	L	F	Bianca Taljaard	16	PRA NGD	03/12/2021 Mpumalanga Championships 2021
213	38.76	L	F	Johane Fourie	16	UPSK	05/02/2022 NCASA Sprints Gala 2022
214	39.40	L	F	Ane Blom	16	CUR EZD	05/11/2021 MP TOP SCHOOLS HIGH SCHOOLS 5
215	39.46	L	F	Saffron Brown	16	DSGA NMA	19/02/2022 EC Provincial Schools Gala
216	39.52	L	F	Leigh Jonkers	16	SRAY BUF	18/03/2022 SA Level 2 Regional Age Group Champs
217	39.70	L	F	Dheashna Govender	16	PHOE JHB	03/12/2021 WSC & Seals Summer LC Champs 2021
218	40.08	L	F	Michaela Mentos	16	H2O EKU	06/03/2022 SSA Regional Level 1 Championships
219	40.41	L	F	Nombuso Mente	16	SOWE JHB	17/10/2021 2021 AG Swim Stars Champs & OR
220	41.88	L	F	Amy De Bruyn	16	CUR EZD	05/11/2021 MP TOP SCHOOLS HIGH SCHOOLS 5
221	42.60	L	F	Reitumetse Phalakatsela	16	ATTE FSH	06/03/2022 SSA Regional Level 1 Championships
222	42.97	L	F	Bianca Beukes	16	SOUL EKU	02/10/2021 EGA Summer 2
223	46.52	L	F	Ayanda JNR Metsing	16	SOWE JHB	17/10/2021 2021 AG Swim Stars Champs & OR
224	48.56	L	F	Nachke Van Der Walt	16	FROS MAN	28/10/2021 Neptune Prestige Gala
225	48.71	L S	P	Adillah Kelly	16	RPAC EKU	09/12/2021 EGA Summer Champs 2021
Women 16 - 16 100 Free							
1	58.36	L	F	Corne van Schalkwyk	16	AA JHB	05/11/2021 NTS Prestige Gala 2021
2	58.56	L	P	Tazmyn Robson	16	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
3	59.25	L	F	Rachel Groepes	16	SAAW CPT	07/12/2021 Western Cape LC-A Championship 2021
4	59.47	L	P	Tori Voke	16	VIKI BUF	28/05/2021 Grand Prix No 4 Durban May 2021
5	59.49	L	P	Ane' Meier	16	PAC FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet
6	59.96	L	F	Olivia Kruger	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
7	1:00.32	L	P	Eryn Casey	16	ACSA ETH	30/03/2022 SA Regional Aquatic JNR-Senior
8	1:00.98	L	P	Carmia Hartman	16	RFA FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet
9	1:01.04	L	P	Christine Wessels	16	TUKS FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
10	1:01.20	L	P	Caitlin Rademakers	16	INFA NMA	18/02/2022	2022 Grand Prix 2 Invitational Meet
11	1:01.33	L	F	Morgan Cope	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
12	1:01.39	L	F	Georgia Carstens	16	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
13	1:01.45	L	F	Emma Terblanche	AR	BLOT MAN	08/12/2021	Free State Champs 2021
14	1:01.54	L	F	Callan Lötter	16	TUKS FSH	15/12/2021	NTS Championships 2021
15	1:01.68	L	P	Mikaela Goelst	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
16	1:01.70	L	F	Amy Muller	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
17	1:01.78	L	P	Liya Venter	16	BLMA CPT	07/12/2021	Western Cape LC-A Championship 2021
18	1:01.81	L	P	Nicola Hartman	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
19	1:01.93	L	F	Calista Mentz	16	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
20	1:02.18	L	P	Payton Brink	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
21	1:02.24	L	F	Jemma van der Merwe	16	CSC FSH	18/02/2022	NTS Combined February Age Group
22	1:02.43	L	F	Keila Manthe	16	TUKS FSH	15/12/2021	NTS Championships 2021
23	1:02.45	L	F	Ennes Zietsman	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
24	1:02.47	L	P	Grace De Jongh	16	GSA CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet
25	1:02.81	L	F	Alexia Delicado	16	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior
26	1:02.98	L	F	Manaal Omar	16	KZNS ET	26/03/2022	SA Schools Swimming Championship
27	1:03.06	L	F	Jana Naude	16	STSC UHD	17/03/2022	SA Level 3 Regional Age Group
28	1:03.08	L	F	Scarlett Nichol	16	ACSA ETH	17/12/2021	2021 KZNA Premier Provincial
29	1:03.09	L	F	Teegan Pio	16	PEAS NMA	29/03/2022	SA Regional SNR & JNR Champs WCA
30	1:03.24	L	F	Alexandra Caldwell	16	RAV EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
31	1:03.30	L	P	Juliet Walsh	16	SAAW CPT	07/12/2021	Western Cape LC-A Championship 2021
32	1:03.39	L	F	Meredith O'Tool	16	WELA FDD	19/02/2022	Bull-Sharks Gala
33	1:03.40	L	F	Robyn Aaron	16	WSTV ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
34*	1:03.57	L	F	Nicola Marcus	16	INFA NMA	20/11/2021	2nd A League Gala 2021
34*	1:03.57	L	F	Amber Lewis	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
36	1:03.58	L	F	Jozzi Nupen	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
37	1:03.59	L	F	Jodi Dos Santos	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
38	1:03.88	L	F	Emma Peacock	16	WATR JHB	03/12/2021	CGA LC Summer Champs - Level3+
39*	1:03.93	L	F	Lara De Beer	16	BENS EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
39*	1:03.93	L	F	Tayla Haslam	16	KLOO ETH	17/12/2021	2021 KZNA Premier Provincial
41	1:04.02	L	P	Mischa King	16	GSA CPT	07/12/2021	Western Cape LC-A Championship 2021
42	1:04.05	L	F	Zoe Terblanche	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
43	1:04.06	L	F	Jade-Ann Le Roux	16	AA JHB	05/11/2021	NTS Prestige Gala 2021
44	1:04.22	L	F	Amber Olsen	16	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
45	1:04.35	L	F	Tiara Finnis	16	INFA NMA	12/11/2021	PEA Winter Gala Take 2
46	1:04.43	L	P	Dieu-Dene Van Jaarsveld	16	WATR JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet
47	1:04.44	L	F	Melissa Martens	16	SEAL UMD	30/03/2022	SA Regional Aquatic JNR-Senior
48	1:04.50	L	F	Cara Ralfe	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
49	1:04.52	L	F	Jenny Zhang	16	EAGA CCD	12/02/2022	Limpopo Champs
50	1:04.55	L	F	Lara Groenewald	16	AQU ADJ	03/12/2021	WSC & Seals Summer LC Champs 2021
51*	1:04.61	L	P	Hayley McHarg	16	WATR JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet
51*	1:04.61	L	F	Melindie Van Rensburg	16	UNI EZD	29/10/2021	CANA Virtual Swimming Championships
53	1:04.64	L	P	Taylin Alberts	16	TRAZ FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet
54	1:04.77	L	F	Kiara Johnson	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
55	1:04.96	L	F	Demi Jacobs	16	TUKS FSH	15/12/2021	NTS Championships 2021
56	1:05.10	L	P	Chloe Gershuny	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
57	1:05.20	L	F	Rachel Guymer	16	DRGN EKU	09/12/2021	EGA Summer Champs 2021
58	1:05.21	L	P	Kirsten Storm	16	WATR JHB	07/12/2021	Western Cape LC-A Championship 2021
59	1:05.24	L	P	Rachel Smith	16	MDOL EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet
60	1:05.26	L	F	Cara Van Der Bijl	16	BLNE MAN	08/12/2021	Free State Champs 2021
61	1:05.36	L	F	Josi Arnold	16	HARL BUF	17/03/2022	SA Level 3 Regional Age Group
62	1:05.39	L	F	Miche Johns	16	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior
63	1:05.50	L	F	Danielle Joubert	16	BLNE MAN	08/12/2021	Free State Champs 2021
64	1:05.54	L	P	Ava Rathner	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
65	1:05.55	L	P	Caitlin Ruane	16	TUKS FSH	15/12/2021	NTS Championships 2021
66	1:05.72	L	F	Michaela Dal Medico	16	TUKS FSH	08/10/2021	NTS October Combined Age Group
67	1:05.75	L	F	Nirvana Borrageiro	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial
68	1:06.00	L	P	Kimberly Ingwe	16	RAV EKU	09/12/2021	EGA Summer Champs 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
69	1:06.03	L	F	Georgia Stone	16	INFA NMA	10/12/2021	NMBA Championships 2021
70	1:06.13	L	F	Jadyn-Lee Joubert	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial
71	1:06.23	L	F	Carike Kok	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
72	1:06.31	L	F	Abigail Powell	16	ROA EDD	19/11/2021	Eden LC Champs 2021
73	1:06.37	L	F	Catherine de Boucherville	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
74	1:06.39	L	P	Jayda Collett	16	TUKS FSH	15/12/2021	NTS Championships 2021
75	1:06.45	L	P	Amy Robson-Garth	16	SOUL EKU	09/12/2021	EGA Summer Champs 2021
76	1:06.46	L	F	Grace Daly	16	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
77	1:06.60	L	F	Roslyn Joseph	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
78	1:06.69	L	F	Morgan Pharoah	16	TUKS FSH	08/10/2021	NTS October Combined Age Group
79	1:06.70	L	F	Jodi Wilson	16	BLTA NMA	20/11/2021	2nd A League Gala 2021
80	1:06.81	L	P	Annette Greyling	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
81	1:06.87	L	F	Lucy Friedenthal	16	UNI EZD	29/10/2021	CANA Virtual Swimming Championships
82	1:07.13	L	P	Janke Fourie	16	PAC FSH	15/12/2021	NTS Championships 2021
83	1:07.18	L	F	Ninah Wedderburn	16	BLTA NMA	29/01/2022	3rd A League Gala 2022
84	1:07.21	L	F	Symón Steyn	16	TLAC BPD	08/12/2021	NWS Championships 2020/2021
85	1:07.34	L	P	Petro Marié Fourie	16	FISH EDD	17/03/2022	SA Level 3 Regional Age Group
86	1:07.40	L	P	Eleni Zigiariadis	16	TUKS FSH	15/12/2021	NTS Championships 2021
87	1:07.54	L	F	Marguerite Naude	16	AFIN JHB	22/10/2021	NTS October Level 1-3 Age Group
88	1:07.74	L	F	Kate Meyburgh	16	INFA NMA	17/03/2022	SA Level 3 Regional Age Group
89	1:07.86	L	F	Skye Da Fonseca-Hattingh	16	RFA FSH	10/12/2021	2021 The Tshwane Mayoral Gala
90	1:07.88	L	F	Heike-Louise Hechter	16	BLSS MAN	08/12/2021	Free State Champs 2021
91	1:07.98	L	P	Nawaal Mia	16	MDOL EKU	09/12/2021	EGA Summer Champs 2021
92	1:07.99	L	F	Michelle Jack	16	TUKS FSH	08/10/2021	NTS October Combined Age Group
93	1:08.01	L	P	Imogen Rushton	16	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group
94	1:08.06	L	F	Jada Coetzee	16	FISH EDD	19/11/2021	Eden LC Champs 2021
95	1:08.09	L	F	Cara Harradine	16	PAC FSH	22/10/2021	NTS October Level 1-3 Age Group
96	1:08.18	L	F	Jordan Zwart	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
97	1:08.19	L	F	Babette Van Rooyen	16	SAAW CPT	30/10/2021	CANA Virtual Swimming Championships
98	1:08.31	L	F	Calista Mackenzie	16	ELRAS WBD	16/10/2021	Limpopo Age Group 4
99	1:08.35	L	P	Ashley Jansen van Vuuren	16	CSA EZD	03/12/2021	Mpumalanga Championships 2021
100	1:08.57	L	F	Christina Sauerma	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
101	1:08.93	L	P	Ninke Griffioen	16	FISH EDD	17/03/2022	SA Level 3 Regional Age Group
102*	1:09.02	L	F	Teniek Greyling	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships
102*	1:09.02	L	P	Amber Landskron	16	TUKS FSH	15/12/2021	NTS Championships 2021
104	1:09.13	L	F	Emma Hamman	16	FAAC FB	23/10/2021	Otters Prestige Gala 2021
105	1:09.33	L	F	Gemma Kirsten	16	BLNE MAN	23/10/2021	Otters Prestige Gala 2021
106	1:09.46	L	P	Nina Pretorius	16	CSC FSH	15/12/2021	NTS Championships 2021
107	1:09.55	L	F	Zelmarie Levin	16	ETTN EKU	09/12/2021	EGA Summer Champs 2021
108	1:09.57	L	P	Laranya Naidoo	16	WSTV ETH	17/03/2022	SA Level 3 Regional Age Group
109	1:09.59	L	F	Anje Van Papendorp	16	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
110	1:09.63	L	F	Kaela Viljoen	16	CRSC JHB	28/01/2022	NTS February Age Group 15 & Over
111*	1:09.70	L	F	Jamie Hains	16	INFA NMA	10/12/2021	NMBA Championships 2021
111*	1:09.70	L	F	Zane Bruyns	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
113	1:09.72	L	F	Anmi Esbach	16	RFA FSH	17/09/2021	NTS Age group September Level 2+3
114	1:09.82	L	F	Kiana Engelbrecht	16	SASOL FDD	08/12/2021	Free State Champs 2021
115	1:09.92	L	P	Courtney Smith	16	TYGE CPT	07/12/2021	Western Cape LC-A Championship 2021
116	1:10.01	L	P	Chloe Vd Merwe	16	ASAC CPT	17/03/2022	SA Level 3 Regional Age Group
117	1:10.19	L	F	Catherine Rowan	16	SGUL ETH	30/10/2021	CANA Virtual Swimming Championships
118	1:10.20	L	P	Mienke Herbst	16	SAAW CPT	07/12/2021	Western Cape LC-A Championship 2021
119	1:10.34	L	F	Sara Daniels	16	AACTA CPT	19/02/2022	CTA QUALIFYING MEET 6 -
120	1:10.37	L	F	Ami Pirie	16	QUIC CPT	30/10/2021	CANA Virtual Swimming Championships
121	1:10.45	L	P	Danielle Heyes	16	GSA CPT	07/12/2021	Western Cape LC-A Championship 2021
122	1:10.52	L	P	Annè Sabbagha	16	PAQU CED	17/03/2022	SA Level 3 Regional Age Group
123	1:10.58	L	P	Thea Vd Toorn	16	CYBE CPT	17/03/2022	SA Level 3 Regional Age Group
124*	1:10.67	L	F	Larique Joubert	16	TASC MPD	12/02/2022	Limpopo Champs
124*	1:10.67	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	28/01/2022	EGA Last Chance Gala
126	1:10.69	L	F	Alexis Vorwerk	16	SEAL UMD	30/10/2021	CANA Virtual Swimming Championships
127	1:10.76	L	F	Karla Vogel	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
128	1:10.82	L	F	Caitlin Rossouw	16	SEAL	UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
129*	1:11.18	L	F	Mia Nortjè	16	CYBE	CPT	19/02/2022	CTA QUALIFYING MEET 6 -
129*	1:11.18	L	F	Luané Engelbrecht	16	TUKS	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
131	1:11.30	L	F	Thinica Mc Anda	16	BLSS	MAN	08/12/2021	Free State Champs 2021
132	1:11.43	L	F	Paige Mills	16	DRGN	EKU	28/01/2022	EGA Last Chance Gala
133	1:11.63	L	P	Chara Green	16	AAS	JHB	03/12/2021	CGA LC Summer Champs - Level3+
134	1:11.68	L	F	Ashleigh Witney	16	PGAC	EKU	28/01/2022	EGA Last Chance Gala
135	1:11.82	L	F	Emma Lauf	16	MDOL	EKU	18/09/2021	EGA Summer 1
136	1:11.84	L	F	Isabella Van der Walt	16	QSAW	CED	22/03/2022	SA Level 2 Regional Age Group
137*	1:11.88	L	F	Caitlin Smit	16	CSC	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
137*	1:11.88	L	P	Somikazi Qwemesha	16	CYBE	CPT	22/03/2022	SA Level 2 Regional Age Group
139	1:12.03	L	P	Erin Kisten	16	MDOL	EKU	09/12/2021	EGA Summer Champs 2021
140	1:12.16	L	F	Lesedi Thunzi	16	HARL	BUF	10/12/2021	BCA Long Course Championships 2021
141	1:12.22	L	F	Charlize De Villiers	16	PRKA	PS	05/02/2022	NCASA Sprints Gala 2022
142	1:12.39	L	F	Alexia Michalopoulos	16	RFA	FSH	22/10/2021	NTS October Level 1-3 Age Group
143*	1:12.49	L	F	Anika Rabie	16	SEAL	UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
143*	1:12.49	L	F	Awande Mlangeni	16	ONYX	EKU	06/11/2021	OR TAMBO Soncini 2021
145	1:12.52	L	P	Emma Wintermeyer	16	CRSC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
146	1:12.59	L	F	Nikola Roux	16	TRAZ	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
147	1:12.66	L	F	Rachael Dart	16	SRAY	BUF	18/03/2022	SA Level 2 Regional Age Group Champs
148	1:12.68	L	P	Yedidah Theron	16	ROA	EDD	17/03/2022	SA Level 3 Regional Age Group
149	1:13.03	L	P	Caitlin De Freitas	16	DRGN	EKU	09/12/2021	EGA Summer Champs 2021
150	1:13.06	L	P	Morgan Ehmke	16	GSA	CPT	22/03/2022	SA Level 2 Regional Age Group
151	1:13.17	L	F	Erin Braun	16	DRGN	EKU	28/01/2022	EGA Last Chance Gala
152	1:13.24	L	F	Julia Griffioen	16	HARB	BPD	16/10/2021	NWS Age Group 1&2
153	1:13.37	L	F	Shaina Adriaan	16	TYGE	CPT	22/03/2022	SA Level 2 Regional Age Group
154	1:13.53	L	P	Tharien Venter	16	BLUO	UGD	11/03/2022	SA Level 2 Regional Age Group
155	1:13.55	L	F	Oabilwe Sesoko	16	RAV	EKU	18/09/2021	EGA Summer 1
156	1:13.61	L	F	Awande Mdlalose	16	CSC	FSH	22/10/2021	NTS October Level 1-3 Age Group
157	1:13.71	L	F	Nurul-Huda Samaai	16	MARL	CPT	30/10/2021	CANA Virtual Swimming Championships
158	1:13.73	L	P	Zoe Stock	16	MDOL	EKU	09/12/2021	EGA Summer Champs 2021
159	1:14.00	L	F	Alicia Kleingeld	16	ZASC	FSH	22/10/2021	NTS October Level 1-3 Age Group
160	1:14.48	L	P	Lize-Mari Geldenhuys	16	CLSC	WCD	22/03/2022	SA Level 2 Regional Age Group
161	1:14.53	L	F	Mareen van der Merwe	16	TUKS	FSH	17/10/2021	2021 AG Swim Stars Champs & OR
162	1:14.57	L	P	Keira De Aveiro	16	AA	JHB	03/12/2021	CGA LC Summer Champs - Level3+
163	1:15.05	L	F	Kimberley Howes	16	HARB	BPD	08/12/2021	NWS Championships 2020/2021
164	1:15.06	L	F	Isabel Swart	16	CUDU	CPT	30/10/2021	CANA Virtual Swimming Championships
165	1:15.26	L	P	Chloe Diedericks-Boudouris	16	CRSC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
166	1:15.38	L	F	Dina Jansen van Rensburg	16	SASOL	FDD	13/11/2021	NWS Age Group 3 2021/22
167	1:15.56	L	F	Kaylin Visser	16	BLSS	MAN	23/10/2021	Otters Prestige Gala 2021
168	1:15.82	L	F	Elizma Huyser	16	FISH	EDD	19/11/2021	Eden LC Champs 2021
169	1:15.93	L	F	Adelia Schonken	16	SS	MPD	12/02/2022	Limpopo Champs
170	1:16.19	L	P	Sasha Naidoo	16	VINE	CPT	22/03/2022	SA Level 2 Regional Age Group
171	1:16.28	L	F	Lariska Naude	16	WELA	FDD	22/03/2022	SA Level 2 Regional Age Group Champs
172*	1:16.30	L	P	Erin Anders	16	MARL	CPT	17/03/2022	SA Level 3 Regional Age Group
172*	1:16.30	L	F	San-Mari Van der Walt	16	DDA	FSH	14/01/2022	NTS January 2022 Combined Age Group
174	1:16.31	L	F	Saffron Tweedie	16	PEAS	NMA	10/12/2021	NMBA Championships 2021
175	1:16.37	L	F	Caitlyn Martin	16	TUKS	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
176	1:16.38	L	F	Skyla Schroll	16	NWUC	KKD	02/10/2021	Frank Gray Memorial Championships
177	1:16.71	L	P	Busisiwe Mogadima	16	SOUL	EKU	09/12/2021	EGA Summer Champs 2021
178	1:16.80	L	F	Anna Victor	16	UNI	EZD	15/10/2021	MP AGE GROUP 2 - 15-16 October
179	1:17.04	L	F	Caitlyn Gomes	16	ISSC	NMD	13/11/2021	NWS Age Group 3 2021/22
180	1:17.24	L	P	Mari Kemp	16	SWAR	WCD	17/03/2022	SA Level 3 Regional Age Group
181	1:17.37	L	F	Amy Marks	16	ELEC	JHB	17/10/2021	2021 AG Swim Stars Champs & OR
182	1:17.59	L	F	Zodea Jacobie	16	SUPE	JHB	03/12/2021	CGA LC Summer Champs - Level 2
183	1:17.71	L	F	Talisa Rademeyer	16	SWIFT	EKU	28/01/2022	EGA Last Chance Gala
184	1:17.77	L	P	Mia Neilson	16	WATR	JHB	03/12/2021	CGA LC Summer Champs - Level3+
185	1:17.84	L	P	Kayleigh De Jong	16	CUDU	CPT	22/03/2022	SA Level 2 Regional Age Group
186	1:18.13	L	F	Karla De Beer	16	QSAW	CED	13/11/2021	Winelands SL Final

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
187	1:18.20	L	P	Jade Westley	16	H2O EKU	09/12/2021 EGA Summer Champs 2021
188	1:18.24	L	P	Xandri Botha	16	UNI EZD	03/12/2021 Mpumalanga Championships 2021
189	1:18.34	L	F	Caroli Rossouw	16	KALA	08/12/2021 Champs 2021
190	1:18.73	L	P	Anna Pretorius	16	AGAQ OBD	22/03/2022 SA Level 2 Regional Age Group
191	1:18.88	L	F	Madison Meyer	16	ESP EKU	18/09/2021 EGA Summer 1
192	1:19.06	L	F	Aimee Blackler	16	ESTR EKU	28/01/2022 EGA Last Chance Gala
193	1:19.11	L	F	Maria Burger	16	KALA	08/12/2021 Champs 2021
194	1:19.15	L	F	Cayla Visser	16	BLSS MAN	28/01/2022 New Year Heidedal Gala
195	1:19.26	L	F	Kayla Viljoen	16	AACTA CPT	19/02/2022 CTA QUALIFYING MEET 6 -
196	1:19.77	L	F	Olwethu Ndlovu	16	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
197	1:19.96	L	F	Keira Booth	16	SS MPD	06/11/2021 Limpopo Age Group 5
198	1:20.05	L	F	Bea Calitz	16	BLNE MAN	28/10/2021 Neptune Prestige Gala
199	1:20.53	L	F	Emma Van Der Westhuysen	16	FISH EDD	19/11/2021 Eden LC Champs 2021
200	1:20.63	L	F	Atiyyah Valli	16	ATLA JHB	06/11/2021 OR TAMBO Soncini 2021
201	1:20.82	L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022 Limpopo Champs
202	1:21.34	L	F	Kaitlyn Immelman	16	ESP EKU	06/03/2022 SSA Regional Level 1 Championships
203	1:21.62	L	F	Bianca Kleingeld	16	ZASC FSH	10/12/2021 2021 The Tshwane Mayoral Gala
204	1:21.95	L	F	Victoria Baigent	16	ESTR EKU	18/02/2022 EGA Lets Race 2022
205	1:22.34	L	F	Simone Nel	16	SS MPD	16/10/2021 Limpopo Age Group 4
206	1:22.68	L	F	Amarah Koeberg	16	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
207	1:23.28	L	P	Anika Van Der Bank	16	UPSK	22/03/2022 SA Level 2 Regional Age Group Champs
208	1:24.32	L	F	Michiela Herbst	16	MSC NGD	21/01/2022 MP AGE GROUP 4 GALA 21 - 22
209	1:24.67	L	F	Tylor Nel	16	SS MPD	16/10/2021 Limpopo Age Group 4
210	1:24.71	L	F	Yamahlubi Radebe	16	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
211	1:24.89	L	F	Josephine Liebenberg	16	LALE CED	13/11/2021 Winelands SL Final
212	1:25.07	L	F	Celine Hamman	QR	PSA ZLD	04/12/2021 Stingrays Swim Club Championships
213	1:25.72	L	F	Mia Limbach	16	SS MPD	16/10/2021 Limpopo Age Group 4
214	1:26.68	L	F	Johane Fourie	16	UPSK	08/12/2021 Champs 2021
215	1:29.22	L	F	Rhea Mothichund	16	OTTO ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
216	1:29.66	L	F	Leigh Jonkers	16	SRAY BUF	10/12/2021 BCA Long Course Championships 2021
217	1:30.06	L	F	Shirley Mlotshwa	16	ATTE FSH	10/12/2021 2021 The Tshwane Mayoral Gala
218	1:30.30	L	F	Johara Sheik	16	AQSC UMD	30/10/2021 CANA Virtual Swimming Championships
219	1:30.47	L	F	Dheashna Govender	16	PHOE JHB	03/12/2021 WSC & Seals Summer LC Champs 2021
220	1:32.93	L	P	Bianca Taljaard	16	PRA NGD	03/12/2021 Mpumalanga Championships 2021
221	1:33.33	L	F	Michaela Mentos	16	H2O EKU	06/03/2022 SSA Regional Level 1 Championships
222	1:37.86	L	F	Mihlali Fokazi	16	BLMA CPT	19/02/2022 CTA QUALIFYING MEET 6 -
223	1:39.26	L	F	Bianca Beukes	16	SOUL EKU	06/03/2022 SSA Regional Level 1 Championships
224	1:45.18	L	F	Reitumetse Phalakatsela	16	ATTE FSH	06/03/2022 SSA Regional Level 1 Championships
Women 16 - 16 200 Free							
1	2:05.94	L	F	Tazmyn Robson	16	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
2	2:05.95	L	F	Corne van Schalkwyk	16	AA JHB	05/11/2021 NTS Prestige Gala 2021
3	2:06.38	L	F	Callan Lötter	16	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
4	2:11.48	L	F	Rachel Groepes	16	SAAW CPT	07/12/2021 Western Cape LC-A Championship 2021
5	2:11.72	L S	F	Georgia Carstens	16	TUKS FSH	15/12/2021 NTS Championships 2021
6	2:12.43	L	P	Christine Wessels	16	TUKS FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet
7	2:13.72	L	F	Caitlin Rademakers	16	INFA NMA	25/02/2022 Infinity Gala
8	2:14.85	L	F	Alexandra Caldwell	16	RAV EKU	05/11/2021 NTS Prestige Gala 2021
9	2:14.96	L	F	Samantha Lowman	16	SWIM1 JHB	28/05/2021 Grand Prix No 4 Durban May 2021
10	2:15.24	L	F	Liya Venter	16	BLMA CPT	07/12/2021 Western Cape LC-A Championship 2021
11	2:15.44	L	P	Mischa King	16	GSA CPT	07/12/2021 Western Cape LC-A Championship 2021
12	2:15.47	L	P	Eryn Casey	16	ACSA ETH	18/02/2022 2022 Grand Prix 2 Invitational Meet
13	2:16.03	L	P	Emma Terblanche	AR	BLOT MAN	08/12/2021 Free State Champs 2021
14	2:16.30	L	F	Teegan Pio	16	PEAS NMA	29/03/2022 SA Regional SNR & JNR Champs WCA
15	2:16.93	L	P	Hayley McHarg	16	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
16	2:17.05	L	F	Jemma van der Merwe	16	CSC FSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
17	2:17.67	L	F	Keila Manthe	16	TUKS FSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
18	2:17.69	L	F	Jenny Zhang	16	LP CCD	26/03/2022 SA Schools Swimming Championship
19	2:17.89	L	F	Tiara Finnis	16	RSA	14/04/2022 CANA Zone IV
20	2:18.63	L	F	Rachel Smith	16	MDOL EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
21	2:18.67	L	F	Calista Mentz	16	PAC	FSH	22/10/2021	NTS October Level 1-3 Age Group
22	2:18.75	L	P	Melissa Martens	16	SEAL	UMD	18/02/2022	2022 Grand Prix 2 Invitational Meet
23	2:19.11	L	F	Rachel Guymer	16	RSA		14/04/2022	CANA Zone IV
24	2:19.36	L	P	Dieu-Dene Van Jaarsveld	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
25	2:19.76	L	F	Ane' Meier	16	PAC	FSH	05/11/2021	NTS Prestige Gala 2021
26	2:19.97	L	P	Jana Naude	16	STSC	UHD	17/03/2022	SA Level 3 Regional Age Group
27	2:20.30	L	F	Nicola Harcus	16	INFA	NMA	20/11/2021	2nd A League Gala 2021
28	2:20.35	L	P	Grace De Jongh	16	GSA	CPT	07/12/2021	Western Cape LC-A Championship 2021
29	2:20.37	L	F	Jodi Dos Santos	16	UNI	EZD	17/12/2021	2021 KZNA Premier Provincial
30	2:20.46	L	F	Cara Ralfe	16	SEAL	UMD	30/10/2021	CANA Virtual Swimming Championships
31	2:21.24	L S	P	Morgan Pharoah	16	TUKS	FSH	15/12/2021	NTS Championships 2021
32	2:21.28	L	F	Mikaela Goelst	16	SEAL	UMD	29/10/2021	CANA Virtual Swimming Championships
33	2:21.49	L	F	Miche Johns	16	BLSS	MAN	30/03/2022	SA Regional Aquatic JNR-Senior
34	2:21.95	L	F	Alexia Delicado	16	POTC	KKD	08/12/2021	NWS Championships 2020/2021
35	2:21.97	L	F	Jadyn-Lee Joubert	16	AZON	ETH	30/03/2022	SA Regional Aquatic JNR-Senior
36	2:22.07	L	P	Lara De Beer	16	BENS	EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
37	2:22.53	L	P	Babette Van Rooyen	16	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 2021
38	2:22.67	L	F	Chloe Gershuny	16	VINE	CPT	30/10/2021	CANA Virtual Swimming Championships
39	2:22.95	L	F	Georgia Stone	16	INFA	NMA	12/11/2021	PEA Winter Gala Take 2
40	2:23.24	L	F	Kimberly Ingwe	16	RAV	EKU	18/02/2022	EGA Lets Race 2022
41	2:23.48	L	F	Nicola Hartman	16	RFA	FSH	22/10/2021	NTS October Level 1-3 Age Group
42	2:23.54	L	F	Cara Van Der Bijl	16	BLNE	MAN	28/10/2021	Neptune Prestige Gala
43	2:23.69	L	P	Juliet Walsh	16	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 2021
44	2:24.11	L	F	Carmia Hartman	16	RFA	FSH	22/10/2021	NTS October Level 1-3 Age Group
45	2:24.23	L	F	Jozi Nupen	16	CRSC	JHB	28/01/2022	NTS February Age Group 15 & Over
46	2:25.22	L	F	Lara Groenewald	16	AQU	ADJ	17/03/2022	SA Level 3 Regional Age Group
47	2:25.33	L	F	Meredith O'Tool	16	WELA	FDD	19/02/2022	Bull-Sharks Gala
48	2:25.53	L	F	Amber Olsen	16	TUKS	FSH	07/01/2022	2022 Grand Prix Invitation Swimming
49	2:25.74	L	F	Abigail Powell	16	ROA	EDD	19/11/2021	Eden LC Champs 2021
50	2:25.97	L	F	Lucy Friedenthal	16	UNI	EZD	29/10/2021	CANA Virtual Swimming Championships
51	2:26.03	L	F	Michaela Dal Medico	16	TUKS	FSH	08/10/2021	NTS October Combined Age Group
52	2:26.15	L	F	Carrike Kok	16	TUKS	FSH	18/02/2022	NTS Combined February Age Group
53	2:26.38	L	F	Demi Jacobs	16	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
54	2:26.44	L	F	Kate Meyburgh	16	INFA	NMA	10/12/2021	NMBA Championships 2021
55	2:26.62	L	F	Cara Harradine	16	WSS	FDD	25/02/2022	Gauteng Schools Championships 2022
56*	2:27.03	L	F	Amber Lewis	16	SEAL	UMD	29/01/2022	EDA Age Group Gala 4
56*	2:27.03	L	P	Taylin Alberts	16	TRAZ	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
58	2:27.06	L	F	Danielle Joubert	16	BLNE	MAN	08/10/2021	Super Seals Prestige Gala
59	2:27.35	L	F	Melindie Van Rensburg	16	UNI	EZD	03/12/2021	Mpumalanga Championships 2021
60	2:28.34	L	F	Christina Sauerman	16	SEAL	UMD	17/03/2022	SA Level 3 Regional Age Group
61	2:28.77	L	F	Kiara Johnson	16	SEAL	UMD	30/10/2021	CANA Virtual Swimming Championships
62	2:28.88	L	F	Jodi Wilson	16	BLTA	NMA	10/12/2021	NMBA Championships 2021
63	2:28.96	L	P	Mia Nortjè	16	CYBE	CPT	07/12/2021	Western Cape LC-A Championship 2021
64	2:29.14	L	P	Zelmarie Levin	16	ETTN	EKU	09/12/2021	EGA Summer Champs 2021
65	2:29.43	L	F	Ashley Jansen van Vuuren	16	CSA	EZD	29/10/2021	CANA Virtual Swimming Championships
66	2:29.90	L	F	Calista Mackenzie	16	ELRAS	WBD	16/10/2021	Limpopo Age Group 4
67	2:29.93	L	P	Petro Marié Fourie	16	FISH	EDD	17/03/2022	SA Level 3 Regional Age Group
68	2:30.75	L	P	Jada Coetzee	16	FISH	EDD	07/12/2021	Western Cape LC-A Championship 2021
69	2:30.91	L	F	Nawaal Mia	16	MDOL	EKU	28/01/2022	EGA Last Chance Gala
70	2:31.04	L	P	Courtney Smith	16	TYGE	CPT	07/12/2021	Western Cape LC-A Championship 2021
71	2:31.10	L	F	Josi Arnold	16	HARL	BUF	17/03/2022	SA Level 3 Regional Age Group
72	2:31.28	L	P	Mienke Herbst	16	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 2021
73	2:31.82	L	P	Heike-Louise Hechter	16	BLSS	MAN	08/12/2021	Free State Champs 2021
74	2:32.03	L	P	Laranya Naidoo	16	WSTV	ETH	17/03/2022	SA Level 3 Regional Age Group
75	2:32.26	L	F	Jamie Hains	16	INFA	NMA	10/12/2021	NMBA Championships 2021
76	2:32.79	L	F	Skye Da Fonseca-Hattingh	16	RFA	FSH	17/09/2021	NTS Age group September Level 2+3
77	2:33.14	L	F	Zane Bruyns	16	RFA	FSH	22/10/2021	NTS October Level 1-3 Age Group
78	2:33.56	L	F	Ashley Freel	16	TUKS	FSH	18/02/2022	NTS Combined February Age Group
79	2:33.58	L	F	Imogen Rushton	16	PSCP	UMD	11/03/2022	SA Level 2 Regional Age Group

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
80	2:33.60	L	F	Thea Vd Toorn	16	CYBE CPT	19/02/2022	CTA QUALIFYING MEET 6 -
81	2:33.62	L	F	Gemma Kirsten	16	BLNE MAN	23/10/2021	Otters Prestige Gala 2021
82	2:33.85	L	F	Jayda Collett	16	TUKS FSH	08/10/2021	NTS October Combined Age Group
83	2:34.29	L	F	Catherine Rowan	16	SGUL ETH	30/10/2021	CANA Virtual Swimming Championships
84	2:34.47	L	F	Anmi Esbach	16	RFA FSH	17/09/2021	NTS Age group September Level 2+3
85*	2:34.79	L	F	Kiana Engelbrecht	16	SASOL FDD	28/01/2022	New Year Heidedal Gala
85*	2:34.79	L	P	Ashleigh Witney	16	PGAC EKU	09/12/2021	EGA Summer Champs 2021
87	2:35.28	L	P	Anika Rabie	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
88	2:35.38	L	F	Ninke Griffioen	16	FISH EDD	25/02/2022	Infinity Gala
89	2:35.52	L	F	Emma Wintermeyer	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
90	2:35.64	L	F	Roslyn Joseph	16	TUKS FSH	18/02/2022	NTS Combined February Age Group
91	2:36.01	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	18/02/2022	EGA Lets Race 2022
92	2:36.13	L	P	Yedidah Theron	16	ROA EDD	17/03/2022	SA Level 3 Regional Age Group
93	2:36.28	L	F	Luané Engelbrecht	16	TUKS FSH	18/02/2022	NTS Combined February Age Group
94	2:36.35	L	F	Michelle Jack	16	TUKS FSH	08/10/2021	NTS October Combined Age Group
95	2:36.53	L	P	Alexis Vorwerk	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
96	2:38.40	L	F	Somikazi Qwemesha	16	CYBE CPT	22/03/2022	SA Level 2 Regional Age Group
97	2:39.40	L	F	Shaina Adriaan	16	TYGE CPT	22/03/2022	SA Level 2 Regional Age Group
98	2:39.76	L	P	Symóne Steyn	16	TLAC BPD	08/12/2021	NWS Championships 2020/2021
99	2:39.77	L	P	Tharien Venter	16	BLUO UGD	11/03/2022	SA Level 2 Regional Age Group
100	2:40.01	L	F	Nikola Roux	16	TRAZ FSH	10/12/2021	2021 The Tshwane Mayoral Gala
101	2:40.62	L	F	San-Mari Van der Walt	16	DDA FSH	22/10/2021	NTS October Level 1-3 Age Group
102	2:40.72	L	F	Morgan Ehmke	16	GSA CPT	22/03/2022	SA Level 2 Regional Age Group
103	2:40.82	L	F	Karla Vogel	16	RFA FSH	18/02/2022	NTS Combined February Age Group
104	2:40.85	L	F	Kimberley Howes	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships
105	2:40.97	L	P	Caitlin De Freitas	16	DRGN EKU	09/12/2021	EGA Summer Champs 2021
106	2:41.64	L	F	Thinica Mc Anda	16	BLSS MAN	08/12/2021	Free State Champs 2021
107	2:41.96	L	F	Zoe Stock	16	MDOL EKU	28/01/2022	EGA Last Chance Gala
108	2:42.29	L	F	Lize-Mari Geldenhuys	16	CLSC WCD	22/03/2022	SA Level 2 Regional Age Group
109	2:43.00	L	P	Keira De Aveiro	16	AA JHB	03/12/2021	CGA LC Summer Champs - Level3+
110	2:44.07	L	F	Alexia Michalopoulos	16	RFA FSH	10/12/2021	2021 The Tshwane Mayoral Gala
111	2:44.37	L	F	Paige Mills	16	DRGN EKU	28/01/2022	EGA Last Chance Gala
112	2:44.67	L	P	Erin Kisten	16	MDOL EKU	09/12/2021	EGA Summer Champs 2021
113	2:45.01	L	F	Caitlyn Martin	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
114	2:45.06	L	P	Chloe Diedericks-Boudouris	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
115	2:45.09	L	F	Kayleigh De Jong	16	CUDU CPT	22/03/2022	SA Level 2 Regional Age Group
116	2:45.12	L	F	Awande Mlangeni	16	ONYX EKU	17/10/2021	2021 AG Swim Stars Champs & OR
117	2:45.41	L	F	Sara Daniels	16	AACTA CPT	19/02/2022	CTA QUALIFYING MEET 6 -
118	2:45.44	L	P	Chara Green	16	AAS JHB	03/12/2021	CGA LC Summer Champs - Level3+
119	2:45.45	L	P	Cayla Visser	16	BLSS MAN	08/12/2021	Free State Champs 2021
120	2:45.69	L	F	Amy Marks	16	ELEC JHB	17/10/2021	2021 AG Swim Stars Champs & OR
121	2:46.23	L	F	Mareen van der Merwe	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
122	2:47.07	L	F	Saffron Tweedie	16	PEAS NMA	18/03/2022	SA Level 2 Regional Age Group Champs
123	2:47.38	L	F	Elza De Kock	16	AGAQ OBD	19/02/2022	CTA QUALIFYING MEET 6 -
124*	2:48.05	L	P	Erin Anders	16	MARL CPT	17/03/2022	SA Level 3 Regional Age Group
124*	2:48.05	L	F	Awande Mdlalose	16	CSC FSH	22/10/2021	NTS October Level 1-3 Age Group
126	2:48.13	L	P	Mari Kemp	16	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group
127	2:48.57	L	F	Lesedi Thunzi	16	HARL BUF	10/12/2021	BCA Long Course Championships 2021
128	2:49.21	L	P	Talisa Rademeyer	16	SWIFT EKU	09/12/2021	EGA Summer Champs 2021
129	2:50.29	L	F	Alicia Kleingeld	16	ZASC FSH	08/10/2021	NTS October Combined Age Group
130*	2:51.67	L	F	Maria Burger	16	KALA	08/12/2021	Champs 2021
130*	2:51.67	L	F	Aimee Blackler	16	ESTR EKU	18/02/2022	EGA Lets Race 2022
132	2:51.82	L	P	Sasha Naidoo	16	VINE CPT	22/03/2022	SA Level 2 Regional Age Group
133	2:52.35	L	F	Xandri Botha	16	UNI EZD	29/10/2021	CANA Virtual Swimming Championships
134	2:52.88	L	F	Lariska Naude	16	WELA FDD	22/03/2022	SA Level 2 Regional Age Group Champs
135	2:53.82	L	F	Erin Braun	16	DRGN EKU	28/01/2022	EGA Last Chance Gala
136	2:53.89	L	P	Skyla Schroll	16	NWUC KKD	08/12/2021	NWS Championships 2020/2021
137	2:54.03	L	F	Julia Griffioen	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships
138	2:54.15	L	F	Caroli Rossouw	16	KALA	08/12/2021	Champs 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
139	2:54.68	L	F	Madison Meyer	16	ESP EKU	12/11/2021	EGA Summer 4
140	2:54.96	L	F	Oabilwe Sesoko	16	RAV EKU	28/01/2022	EGA Last Chance Gala
141	2:55.26	L	F	Dina Van Rensburg	16	SASOL FDD	11/02/2022	NW Last Chance
142	2:55.38	L	F	Jasmine Erasmus	16	NWUC KKD	08/12/2021	NWS Championships 2020/2021
143	2:56.01	L	F	Charlize De Villiers	16	PRKA PS	08/12/2021	Champs 2021
144	2:57.40	L	F	Kayla Viljoen	16	AACTA CPT	19/02/2022	CTA QUALIFYING MEET 6 -
145	2:58.02	L	P	Jade Westley	16	H2O EKU	09/12/2021	EGA Summer Champs 2021
146	2:58.10	L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022	Limpopo Champs
147	3:00.44	L	F	Kaitlyn Immelman	16	ESP EKU	06/03/2022	SSA Regional Level 1 Championships
148	3:01.19	L	F	Bea Calitz	16	BLNE MAN	28/10/2021	Neptune Prestige Gala
149	3:03.75	L	F	Victoria Baigent	16	ESTR EKU	12/11/2021	EGA Summer 4
150	3:03.88	L	P	Busisiwe Mogadima	16	SOUL EKU	09/12/2021	EGA Summer Champs 2021
151	3:05.19	L	F	Olwethu Ndlovu	16	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
152	3:05.30	L	F	Anika Van Der Bank	16	UPSK	08/12/2021	Champs 2021
153	3:10.40	L	F	Bianca Kleingeld	16	ZASC TSH	22/10/2021	NTS October Level 1-3 Age Group
154	3:18.59	L	F	Johane Fourie	16	UPSK	08/12/2021	Champs 2021
155	3:21.28	L	F	Johara Sheik	16	AQSC UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
156	3:24.73	L	F	Dheashna Govender	16	PHOE ETH	29/01/2022	EDA Age Group Gala 4
157	3:29.10	L	F	Bianca Taljaard	16	PRA NGD	05/03/2022	SSA LEVEL 1 PROVINCIAL SWIM 2022
158	3:30.11	L	F	Shirley Mlotshwa	16	ATTE TSH	06/11/2021	OR TAMBO Soncini 2021
159	4:51.19	L	F	Reitumetse Phalakatsela	16	ATTE TSH	10/12/2021	2021 The Tshwane Mayoral Gala
Women 16 - 16 400 Free								
1	4:26.85	L S	F	Callan Lötter	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	4:27.56	L S	F	Tazmyn Robson	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
3	4:30.30	L	F	Corne van Schalkwyk	16	AA JHB	05/11/2021	NTS Prestige Gala 2021
4	4:39.80	L S	F	Georgia Carstens	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	4:42.95	L S	F	Christine Wessels	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
6	4:43.87	L	P	Mischa King	16	GSA CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet
7	4:45.22	L S	F	Ane' Meier	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
8	4:45.61	L	P	Samantha Lowman	16	SWIM1 JHB	28/05/2021	Grand Prix No 4 Durban May 2021
9	4:46.07	L	P	Alexandra Caldwell	16	RAV EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet
10	4:46.38	L	F	Caitlin Rademakers	16	INFA NMA	10/12/2021	NMBA Championships 2021
11	4:47.52	L S	F	Rachel Groepes	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
12	4:48.31	L S	F	Scarlett Nichol	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
13	4:48.43	L	F	Tiara Finnis	16	INFA NMA	12/11/2021	PEA Winter Gala Take 2
14	4:51.62	L	F	Melissa Martens	16	SEAL UMD	30/03/2022	SA Regional Aquatic JNR-Senior
15	4:52.92	L	F	Teegan Pio	16	PEAS NMA	29/03/2022	SA Regional SNR & JNR Champs WCA
16	4:53.40	L	F	Miche Johns	16	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior
17	4:53.67	L S	P	Tayla Haslam	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
18	4:54.09	L	F	Keila Manthe	16	TUKS TSH	15/12/2021	NTS Championships 2021
19	4:54.69	L	F	Michaela Dal Medico	16	TUKS TSH	05/11/2021	NTS Prestige Gala 2021
20	4:54.98	L	F	Emma Terblanche	AR	BLOT MAN	08/12/2021	Free State Champs 2021
21	4:55.20	L	P	Rachel Smith	16	MDOL EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet
22	4:55.22	L	F	Babette Van Rooyen	16	SAAW CPT	07/12/2021	Western Cape LC-A Championship 2021
23	4:55.95	L	F	Eryn Casey	16	ACSA ETH	29/01/2022	EDA Age Group Gala 4
24	4:56.52	L	F	Jana Naude	16	STSC UHD	17/12/2021	2021 KZNA Premier Provincial
25	4:57.15	L S	F	Hayley McHarg	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
26	4:57.24	L	F	Calista Mentz	16	PAC TSH	22/10/2021	NTS October Level 1-3 Age Group
27	4:57.47	L	F	Jadyn-Lee Joubert	16	AZON ETH	30/03/2022	SA Regional Aquatic JNR-Senior
28	4:58.69	L	F	Grace De Jongh	16	GSA CPT	07/12/2021	Western Cape LC-A Championship 2021
29	4:59.22	L	F	Dieu-Dene Van Jaarsveld	16	WATR JHB	07/12/2021	Western Cape LC-A Championship 2021
30	4:59.50	L	F	Jenny Zhang	16	EAGA CCD	06/11/2021	Limpopo Age Group 5
31	5:00.60	L	F	Amy Muller	16	TUKS TSH	24/09/2021	NTS Age Group September SANJ+
32	5:00.91	L	F	Jozi Nupen	16	CRSC JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
33	5:02.33	L	F	Lucy Friedenthal	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
34	5:04.47	L	F	Rachel Guymmer	16	RSA	14/04/2022	CANA Zone IV
35	5:05.11	L	F	Cara Van Der Bijl	16	BLNE MAN	29/03/2022	SA Regional SNR & JNR Champs WCA
36	5:07.78	L	F	Kimberly Ingwe	16	RAV EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
37	5:07.82	L	F	Mia Nortjè	16	CYBE CPT	29/03/2022	SA Regional SNR & JNR Champs WCA

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
38	5:10.41	L	F	Danielle Joubert	16	BLNE MAN	08/12/2021	Free State Champs 2021
39	5:10.58	L	F	Lara Groenewald	16	AQU ADJ	03/12/2021	WSC & Seals Summer LC Champs 2021
40	5:11.20	L	F	Demi Jacobs	16	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
41	5:12.88	L	F	Lara De Beer	16	BENS ECU	09/12/2021	EGA Summer Champs 2021
42	5:16.32	L	F	Mienke Herbst	16	SAAW CPT	07/12/2021	Western Cape LC-A Championship 2021
43	5:16.48	L	F	Christina Sauerman	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial
44	5:18.57	L	F	Amber Olsen	16	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
45	5:19.14	L	F	Catherine Rowan	16	SGUL ETH	17/03/2022	SA Level 3 Regional Age Group
46	5:19.34	L	F	Kate Meyburgh	16	INFA NMA	25/02/2022	Infinity Gala
47	5:19.39	L	F	Carike Kok	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
48	5:19.79	L	F	Jodi Wilson	16	BLTA NMA	16/10/2021	1st A League Gala 2021
49	5:20.25	L S	F	Courtney Smith	16	TYGE CPT	30/10/2021	CANA Virtual Swimming Championships
50	5:21.60	L	F	Zelmarie Levin	16	ETTN ECU	09/12/2021	EGA Summer Champs 2021
51	5:23.31	L	F	Meredit O'Tool	16	WELA FDD	16/10/2021	NWS Age Group 1&2
52	5:25.96	L	F	Petro Marié Fourie	16	FISH EDD	17/03/2022	SA Level 3 Regional Age Group
53	5:27.85	L	F	Luané Engelbrecht	16	TUKS FSH	18/02/2022	NTS Combined February Age Group
54	5:29.84	L	F	Anmi Esbach	16	RFA FSH	18/02/2022	NTS Combined February Age Group
55	5:32.94	L	F	Ashley Jansen van Vuuren	16	CSA EZD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 2021
56	5:33.13	L	F	Jada Coetzee	16	FISH EDD	29/01/2022	EDEN 4th A-League Gala 2022
57	5:33.81	L	F	Kiana Engelbrecht	16	SASOL FDD	17/03/2022	SA Level 3 Regional Age Group
58	5:34.88	L	F	Lesedi Thunzi	16	HARL BUF	27/11/2021	BCA November Age Group Gala 2021
59	5:36.35	L	F	Anika Rabie	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
60	5:36.67	L	F	San-Mari Van der Walt	16	DDA FSH	22/10/2021	NTS October Level 1-3 Age Group
61	5:38.32	L	F	Skye Da Fonseca-Hattingh	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
62	5:38.47	L	F	Jayda Collett	16	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
63	5:39.03	L	F	Adelia Schonken	16	SS MPD	06/11/2021	Limpopo Age Group 5
64	5:39.25	L	F	Roslyn Joseph	16	TUKS FSH	22/10/2021	NTS October Level 1-3 Age Group
65	5:39.44	L	F	Ashleigh Witney	16	PGAC ECU	28/01/2022	EGA Last Chance Gala
66	5:41.18	L	F	Tharien Venter	16	BLUO UGD	30/10/2021	CANA Virtual Swimming Championships
67	5:42.02	L	F	Gemma Kirsten	16	BLNE MAN	03/09/2021	Mangaung Winter Champs
68	5:47.37	L	F	Lize-Mari Geldenhuys	16	CLSC WCD	19/02/2022	Swartland Invitational #2 2022
69	5:47.72	L	F	Yedidah Theron	16	ROJ EDD	19/11/2021	Eden LC Champs 2021
70	5:49.04	L	F	Cayla Visser	16	BLSS MAN	28/10/2021	Neptune Prestige Gala
71	5:49.27	L	F	Kayleigh De Jong	16	CUDU CPT	19/02/2022	CTA QUALIFYING MEET 6 -
72	5:49.62	L	F	Ninke Griffioen	16	FISH EDD	19/11/2021	Eden LC Champs 2021
73	5:49.74	L	F	Caitlyn Martin	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
74	5:50.05	L	F	Kimberley Howes	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships
75	5:51.50	L	F	Aidon Naidoo	16	AZON ETH	12/06/2021	Curro Age Group Gala 1
76	5:52.95	L	F	Somikazi Qwemesha	16	WCA CPT	26/03/2022	SA Schools Swimming Championship
77	5:54.78	L	F	Josi Arnold	16	HARL BUF	10/12/2021	BCA Long Course Championships 2021
78	5:58.02	L S	F	Isabel Swart	16	CUDU CPT	30/10/2021	CANA Virtual Swimming Championships
79	5:59.10	L	F	Mareen van der Merwe	16	RFA FSH	14/01/2022	NTS January 2022 Combined Age Group
80	6:00.77	L	F	Mari Kemp	16	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group
81	6:01.93	L	F	Elza De Kock	16	AGAQ OBD	12/11/2021	Swartland Invitational Gala 2021
82	6:05.28	L	F	Talisa Rademeyer	16	SWIFT ECU	04/09/2021	EGA Adrian Grafe Gala 2021
83	6:05.87	L	F	Sasha Naidoo	16	VINE CPT	19/02/2022	CTA QUALIFYING MEET 6 -
84	6:08.48	L	F	Awande Mlangeni	16	ONYX ECU	02/10/2021	EGA Summer 2
85	6:12.03	L	F	Thinica Mc Anda	16	BLSS MAN	02/10/2021	Frank Gray Memorial Championships
86	6:12.99	L	F	Julia Griffioen	16	HARB BPD	17/03/2022	SA Level 3 Regional Age Group
87	6:13.70	L	F	Emma Lauf	16	MDOL ECU	04/09/2021	EGA Adrian Grafe Gala 2021
88	6:16.88	L	F	Elizma Huyser	16	FISH EDD	12/02/2022	EDEN 5th A-League Gala 2022
89	6:27.87	L	F	Charlize De Villiers	16	PRKA PS	08/12/2021	Champs 2021
90	6:30.98	L	F	Anika Van Der Bank	16	UPSK	08/12/2021	Champs 2021
91	6:33.64	L	F	Madison Meyer	16	ESP ECU	04/09/2021	EGA Adrian Grafe Gala 2021
92	6:37.23	L	F	Alicia Kleingeld	16	ZASC FSH	28/01/2022	NTS February Age Group 15 & Over
93	7:08.63	L	F	Johane Fourie	16	UPSK	08/12/2021	Champs 2021
94	7:10.30	L	F	Bianca Kleingeld	16	ZASC FSH	28/01/2022	NTS February Age Group 15 & Over
Women 16 - 16 800 Free								
1	9:14.39	L S	F	Callan Lötter	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
2	9:30.76 L	F	Tazmyn Robson	16	TUKS FSH	05/11/2021	NTS Prestige Gala 2021	
3	9:32.29 L	F	Georgia Carstens	16	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet	
4	9:37.80 L S	F	Mischa King	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
5	10:01.97 L	F	Tiara Finnis	16	RSA	11/10/2021	14th Africa Junior Swimming	
6	10:06.63 L	F	Babette Van Rooyen	16	SAAW CPT	07/12/2021	Western Cape LC-A Championship 2021	
7	10:07.50 L	F	Rachel Smith	16	MDOL EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet	
8	10:11.34 L	F	Keila Manthe	16	TUKS FSH	15/12/2021	NTS Championships 2021	
9	10:13.58 L	F	Teegan Pio	16	PEAS NMA	29/03/2022	SA Regional SNR & JNR Champs WCA	
10	10:16.09 L	F	Jadyn-Lee Joubert	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial	
11	10:19.82 L	F	Jana Naude	16	STSC UHD	17/12/2021	2021 KZNA Premier Provincial	
12	10:20.65 L	F	Amy Muller	16	TUKS FSH	24/09/2021	NTS Age Group September SANJ+	
13	10:28.02 L	F	Lucy Friedenthal	16	UNI EZD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 2021	
14	10:52.05 L	F	Cara Van Der Bijl	16	BLNE MAN	28/10/2021	Neptune Prestige Gala	
15	10:57.13 L	F	Courtney Smith	16	TYGE CPT	06/11/2021	CTA Qualifying Meet 4 - Long Distances	
16	11:00.58 L	F	Catherine Rowan	16	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial	
17	11:06.13 L	F	Danielle Joubert	16	BLNE MAN	28/10/2021	Neptune Prestige Gala	
18	11:07.75 L	F	Ashley Jansen van Vuuren	16	CSA EZD	03/12/2021	Mpumalanga Championships 2021	
19	11:08.11 L	F	Meredith O'Tool	16	WELA FDD	08/12/2021	Free State Champs 2021	
20	11:12.32 L	F	Emma Hamman	16	FAAC FB	08/12/2021	Champs 2021	
21	11:26.74 L	F	Gemma Kirsten	16	BLNE MAN	03/09/2021	Mangaung Winter Champs	
22	11:30.94 L	F	Oabilwe Sesoko	16	RAV EKU	22/10/2021	EGA Summer 3	
23	11:59.76 L	F	Kiana Engelbrecht	16	SASOL FDD	28/10/2021	Neptune Prestige Gala	
24	12:00.27 L	F	Kimberley Howes	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships	
25	12:07.10 L	F	San-Mari Van der Walt	16	DDA FSH	28/01/2022	NTS February Age Group 15 & Over	
26	12:13.16 L	F	Cayla Visser	16	BLSS MAN	28/10/2021	Neptune Prestige Gala	
27	12:22.50 L	F	Caitlyn Martin	16	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over	
28	12:28.84 L	F	Yedidah Theron	16	ROJ EDD	30/10/2021	CANA Virtual Swimming Championships	
29	12:54.47 L	F	Thinica Mc Anda	16	BLSS MAN	28/10/2021	Neptune Prestige Gala	
30	13:18.54 L	F	Julia Griffioen	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships	
31	13:43.78 L	F	Anika Van Der Bank	16	UPSK	19/11/2021	Age Group 3 - Upington 2021	
32	15:04.18 L	F	Johane Fourie	16	UPSK	15/01/2022	Age Group 5 - Upington	
Women 16 - 16 1000 Free								
1	15:33.00 L	O	Josephine Liebenberg	16	LALE CED	25/09/2021	CWD OWS - Quaggaskloof	
Women 16 - 16 1500 Free								
1	18:02.02 L	F	Callan Lötter	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
2	18:31.66 L	F	Mischa King	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
3	19:02.17 L	F	Tiara Finnis	16	INFA NMA	12/11/2021	PEA Winter Gala Take 2	
4	19:32.61 L S	F	Rachel Smith	16	MDOL EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT	
5	19:36.79 L	F	Keila Manthe	16	TUKS FSH	15/12/2021	NTS Championships 2021	
6	19:55.04 L S	F	Jadyn-Lee Joubert	16	AZON ETH	30/03/2022	SA Regional Aquatic JNR-Senior	
7	20:06.22 L	F	Lucy Friedenthal	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021	
8	20:27.30 L	F	Miche Johns	16	BLNE MAN	28/10/2021	Neptune Prestige Gala	
9	20:27.71 L S	F	Chloe Gershuny	16	VINE CPT	30/10/2021	CANA Virtual Swimming Championships	
10	20:44.25 L	F	Michaela Dal Medico	16	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over	
11	21:45.36 L	F	Catherine Rowan	16	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial	
12	21:47.95 L	F	Ashley Jansen van Vuuren	16	CSA EZD	04/02/2022	MP AGE GROUP 5 GALA 4-5	
13	22:29.83 L	F	Nicola Hartman	16	RFA FSH	14/01/2022	NTS January 2022 Combined Age Group	
14	23:01.07 L	F	Skye Da Fonseca-Hattingh	16	RFA FSH	14/01/2022	NTS January 2022 Combined Age Group	
15	23:15.78 L	F	Kimberley Howes	16	HARB BPD	16/10/2021	NWS Age Group 1&2	
16	23:34.75 L	F	Carmia Hartman	16	RFA FSH	14/01/2022	NTS January 2022 Combined Age Group	
17	25:22.50 L	F	Thinica Mc Anda	16	BLSS MAN	08/10/2021	Super Seals Prestige Gala	
Women 16 - 16 3000 Free								
1	40.41 L	F	Ashley Ebing	16	WSTV ETH	11/12/2021	KZNA Open Water Cahmps	
2	43.13 L	F	Jadyn-Lee Joubert	16	AZON ETH	11/12/2021	KZNA Open Water Cahmps	
3	51.31 L	F	Anika Rabie	16	SEALE ETH	11/12/2021	KZNA Open Water Cahmps	
4	1:02.17 L	F	Amarah Koeberg	16	WSTV ETH	11/12/2021	KZNA Open Water Cahmps	
5	38:42.00 L	O	Caitlin Rademakers	16	INFA NMA	07/11/2021	EC Swim Series OWS 3 2021	
6	39:07.00 L	F	Callan Lötter	16	TUKS FSH	22/01/2022	Lake Heritage Water Festival	

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
7	40:49.63	L	O	Babette Van Rooyen	16	WCA	CPT 04/03/2022 SA National OWS Championship 2022
8	41:13.18	L	O	Tiara Finnis	16	ECA	NMA 04/03/2022 SA National OWS Championship 2022
9	41:16.09	L	O	Miche Johns	16	FSA	FS 04/03/2022 SA National OWS Championship 2022
10	41:18.09	L	O	Michaela Dal Medico	16	AGC	FSH 04/03/2022 SA National OWS Championship 2022
11	42:01.65	L	F	Corne van Schalkwyk	16	AA	JHB 13/11/2021 AG Grand Prix Open Water Series #2
12	42:09.31	L	O	Keila Manthe	16	AGC	FSH 04/03/2022 SA National OWS Championship 2022
13	42:16.42	L	O	Lucy Friedenthal	16	MPA	EZD 04/03/2022 SA National OWS Championship 2022
14	42:24.00	L	F	Amber Olsen	16	TUKS	FSH 31/10/2021 Mpumalanga Open Water 2
15	45:31.01	L	O	Chloe Gershuny	16	WCA	CPT 04/03/2022 SA National OWS Championship 2022
16	46:24.00	L	O	Rebecca Nolan	16	SAAW	CPT 29/01/2022 WCA Open Water Swimming
17	46:34.75	L	O	Catherine Rowan	16	KZNA	ETH 04/03/2022 SA National OWS Championship 2022
18	46:43.27	L	O	Ashley Jansen van Vuuren	16	MPA	EZD 04/03/2022 SA National OWS Championship 2022
19	49:45.00	L	F	Kiana Engelbrecht	16	SASOL	FDD 16/01/2022 Bennies Mile 2022
20	51:13.47	L	F	Carike Kok	16	TUKS	FSH 13/11/2021 AG Grand Prix Open Water Series #2
21	51:46.56	L	F	Luané Engelbrecht	16	TUKS	FSH 13/11/2021 AG Grand Prix Open Water Series #2
22	52:10.00	L	O	Lesedi Thunzi	16	HARL	BUF 24/10/2021 EC Swim Series OWS 2 2021
23	52:44.53	L	O	Courtney Smith	16	TYGE	CPT 24/10/2021 CTA Harbour to Harbour OWS
24	53:31.51	L	O	Abigail Powell	16	ROA	EDD 27/12/2021 Knysna Lagoon OW Swim
25	55:20.11	L	O	Yedidah Theron	16	ROA	EDD 27/12/2021 Knysna Lagoon OW Swim
26	1:00:06.96	L	F	Kimberley Howes	16	MDOL	EKU 13/11/2021 AG Grand Prix Open Water Series #2
Women 16 - 16 5000 Free							
1	1:09.13	L	F	Ashley Ebing	16	WSTV	ETH 11/12/2021 KZNA Open Water Cahmps
2	1:14.00	L	F	Jadyn-Lee Joubert	16	ACSA	ETH 14/11/2021 KZNA 10km Open Water Championships
3	1:23.42	L	F	Catherine Rowan	16	SGUL	ETH 09/01/2022 The Swim Series, Round 4
4	1:03:12.90	L	O	Callan Lötter	16	AGC	FSH 04/03/2022 SA National OWS Championship 2022
5	1:05:28.25	L	O	Caitlin Rademakers	16	ECA	NMA 04/03/2022 SA National OWS Championship 2022
6	1:07:02.64	L	O	Corne van Schalkwyk	16	AGB	JHB 04/03/2022 SA National OWS Championship 2022
7	1:10:24.41	L	O	Babette Van Rooyen	16	WCA	CPT 04/03/2022 SA National OWS Championship 2022
8	1:10:38.00	L	O	Amber Olsen	16	AGC	FSH 04/03/2022 SA National OWS Championship 2022
9	1:11:21.62	L	O	Lucy Friedenthal	16	MPA	EZD 04/03/2022 SA National OWS Championship 2022
10	1:11:45.70	L	O	Tiara Finnis	16	ECA	NMA 04/03/2022 SA National OWS Championship 2022
11	1:12:37.94	L	O	Keila Manthe	16	AGC	FSH 04/03/2022 SA National OWS Championship 2022
12	1:16:26.26	L	O	Chloe Gershuny	16	WCA	CPT 04/03/2022 SA National OWS Championship 2022
13	1:26:36.00	L	O	Ashley Jansen van Vuuren	16	CSA	EZD 17/10/2021 AGE GROUP 2 - OPEN WATER SWIM
Women 16 - 16 7500 Free							
1	1:54.44	L	F	Jadyn-Lee Joubert	16	AZON	ETH 11/12/2021 KZNA Open Water Cahmps
2	1:36:57.11	L	O	Callan Lötter	16	AGC	FSH 04/03/2022 SA National OWS Championship 2022
3	1:42:06.06	L	O	Corne van Schalkwyk	16	AGB	JHB 04/03/2022 SA National OWS Championship 2022
Women 16 - 16 50 Back							
1	31.12	L	F	Robyn Aaron	16	WSTV	ETH 17/12/2021 2021 KZNA Premier Provincial
2	31.18	L	F	Grace De Jongh	16	WCA	CPT 26/03/2022 SA Schools Swimming Championship
3	31.38	L	F	Christine Wessels	16	TUKS	FSH 05/11/2021 NTS Prestige Gala 2021
4	31.58	L S	F	Scarlett Nichol	16	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ
5	31.73	L S	F	Ennes Zietsman	16	AGC	FSH 06/04/2022 SA National Aquatic SNR-JNR Champ
6	31.75	L	P	Rachel Groepes	16	SAAW	CPT 07/12/2021 Western Cape LC-A Championship 2021
7	31.91	L S	F	Tori Voke	16	ECA	NMA 06/04/2022 SA National Aquatic SNR-JNR Champ
8	31.92	L	F	Ashley Ebing	16	WSTV	ETH 17/12/2021 2021 KZNA Premier Provincial
9	31.98	L S	F	Chloe Gershuny	16	WCA	CPT 06/04/2022 SA National Aquatic SNR-JNR Champ
10	31.99	L	F	Isabelle Barrow	16	AA	JHB 29/03/2022 SA Regional Aquatic Champs 2022- NT
11	32.25	L	F	Liya Venter	16	BLMA	CPT 07/12/2021 Western Cape LC-A Championship 2021
12	32.28	L	F	Ane' Meier	16	PAC	FSH 15/12/2021 NTS Championships 2021
13	32.43	L	P	Ava Rathner	16	SAAW	CPT 07/12/2021 Western Cape LC-A Championship 2021
14	32.56	L	F	Olivia Kruger	16	ELEC	JHB 29/03/2022 SA Regional Aquatic Champs 2022- NT
15	32.60	L S	P	Kaela Viljoen	16	AGB	JHB 06/04/2022 SA National Aquatic SNR-JNR Champ
16	32.69	L	F	Alexia Delicado	16	NWS	26/03/2022 SA Schools Swimming Championship
17	32.83	L	F	Amber Olsen	16	TUKS	FSH 29/03/2022 SA Regional Aquatic Champs 2022- NT
18	32.91	L	F	Jade-Ann Le Roux	16	AA	JHB 05/11/2021 NTS Prestige Gala 2021
19	32.97	L	F	Annette Greyling	16	CRSC	JHB 29/03/2022 SA Regional Aquatic Champs 2022- NT

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
20	33.18 L	F	Taylin Alberts	16	TRAZ	FSH	15/12/2021 NTS Championships 2021
21*	33.20 L	F	Dieu-Dene Van Jaarsveld	16	WATR	JHB	07/12/2021 Western Cape LC-A Championship 2021
21*	33.20 L	P	Nina Pretorius	16	CSC	FSH	15/12/2021 NTS Championships 2021
23*	33.22 L	P	Callan Lötter	16	TUKS	FSH	15/12/2021 NTS Championships 2021
23*	33.22 L S	P	Payton Brink	16	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
25	33.38 L	F	Lara De Beer	16	BENS	EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT
26	33.46 L S	P	Hayley McHarg	16	AGB	JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
27	33.49 L S	P	Amy Muller	16	AGC	FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
28	33.52 L	P	Nawaal Mia	16	MDOL	EKU	18/02/2022 2022 Grand Prix 2 Invitational Meet
29	33.53 L	F	Georgia Carstens	16	TUKS	FSH	05/11/2021 NTS Prestige Gala 2021
30*	33.55 L S	P	Morgan Cope	16	WCA	CPT	06/04/2022 SA National Aquatic SNR-JNR Champ
30*	33.55 L S	P	Caitlin Ruane	16	AGC	FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
32	33.76 L	P	Kiara Johnson	16	SEAL	UMD	17/03/2022 SA Level 3 Regional Age Group
33	33.77 L	F	Kimberly Ingwe	16	RAV	EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT
34*	34.06 L	F	Jenny Zhang	16	EAGA	CCD	06/11/2021 Limpopo Age Group 5
34*	34.06 L	P	Babette Van Rooyen	16	SAAW	CPT	07/12/2021 Western Cape LC-A Championship 2021
36	34.11 L	F	Melissa Martens	16	SEAL	UMD	30/03/2022 SA Regional Aquatic JNR-Senior
37	34.17 L	F	Gemma Kirsten	16	BLNE	MAN	28/10/2021 Neptune Prestige Gala
38	34.25 L	F	Tayla Haslam	16	KLOO	ETH	17/12/2021 2021 KZNA Premier Provincial
39	34.29 L	F	Jozi Nupen	16	CRSC	JHB	29/03/2022 SA Regional Aquatic Champs 2022- NT
40	34.38 L	P	Jada Coetzee	16	FISH	EDD	07/12/2021 Western Cape LC-A Championship 2021
41	34.39 L	P	Demi Jacobs	16	TUKS	FSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
42	34.47 L	F	Georgia Stone	16	INFA	NMA	10/12/2021 NMBA Championships 2021
43	34.50 L	P	Calista Mentz	16	PAC	FSH	15/12/2021 NTS Championships 2021
44	34.53 L	P	Jana Naude	16	STSC	UHD	17/03/2022 SA Level 3 Regional Age Group
45	34.54 L	F	Robyn Hough	16	CTA	CPT	15/01/2022 EDEN INTER DISTRICT PRESTIGE
46	34.66 L	P	Janke Fourie	16	PAC	FSH	15/12/2021 NTS Championships 2021
47	34.67 L	F	Lesedi Thunzi	16	BCA	BUF	15/01/2022 EDEN INTER DISTRICT PRESTIGE
48	34.68 L	F	Eryn Casey	16	ACSA	ETH	17/12/2021 2021 KZNA Premier Provincial
49	34.95 L	P	Emma Peacock	16	WATR	JHB	29/03/2022 SA Regional Aquatic Champs 2022- NT
50	34.99 L	F	Nirvana Borrageiro	16	AZON	ETH	30/03/2022 SA Regional Aquatic JNR-Senior
51	35.00 L	F	Mikaela Goelst	16	SEAL	UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
52	35.01 L S	P	Rachel Guymer	16	DRGN	EKU	09/12/2021 EGA Summer Champs 2021
53	35.03 L	F	Miche Johns	16	BLNE	MAN	08/10/2021 Super Seals Prestige Gala
54	35.06 L	F	Michelle Jack	16	TUKS	FSH	08/10/2021 NTS October Combined Age Group
55	35.09 L	F	Ruby Dixon	16	ASA	ILD	29/01/2022 EDA Age Group Gala 4
56	35.16 L	F	Cara Van Der Bijl	16	BLNE	MAN	08/12/2021 Free State Champs 2021
57	35.29 L	F	Cara Harradine	16	PAC	FSH	15/12/2021 NTS Championships 2021
58	35.39 L	F	Chloe Vd Merwe	16	ASAC	CPT	17/03/2022 SA Level 3 Regional Age Group
59	35.50 L	F	Mareen van der Merwe	16	RFA	FSH	18/02/2022 NTS Combined February Age Group
60	35.51 L	F	Jayda Collett	16	TUKS	FSH	08/10/2021 NTS October Combined Age Group
61	35.57 L	F	Catherine de Boucherville	16	WSS	FDD	25/02/2022 Gauteng Schools Championships 2022
62	35.58 L	P	Keila Manthe	16	TUKS	FSH	15/12/2021 NTS Championships 2021
63	35.61 L	P	Lucy Friedenthal	16	UNI	EZD	03/12/2021 Mpumalanga Championships 2021
64	35.71 L	F	Madison Meyer	16	ESP	EKU	04/09/2021 EGA Adrian Grafe Gala 2021
65	35.73 L	F	Tenieka Greyling	16	HARB	BPD	02/10/2021 Frank Gray Memorial Championships
66	35.76 L	P	Melindie Van Rensburg	16	UNI	EZD	03/12/2021 Mpumalanga Championships 2021
67	35.94 L	F	Aidon Naidoo	16	AZON	ETH	17/12/2021 2021 KZNA Premier Provincial
68*	36.03 L	F	Kate Meyburgh	16	INFA	NMA	17/03/2022 SA Level 3 Regional Age Group
68*	36.03 L	F	Petro Marié Fourie	16	FISH	EDD	08/10/2021 40th Freda Barnard Invitational Gala
70	36.06 L	F	Alexia Michalopoulos	16	WSS	FDD	25/02/2022 Gauteng Schools Championships 2022
71	36.18 L	F	Anje Van Papendorp	16	TUKS	FSH	22/10/2021 NTS October Level 1-3 Age Group
72	36.19 L	F	Jodi Dos Santos	16	NHS	EZD	05/11/2021 MP TOP SCHOOLS HIGH SCHOOLS 5
73	36.26 L	F	Emma Hamman	16	FAAC	FB	08/12/2021 Champs 2021
74	36.39 L	F	Amy Robson-Garth	16	SOUL	EKU	22/10/2021 EGA Summer 3
75	36.50 L	F	Courtney Smith	16	TYGE	CPT	08/10/2021 40th Freda Barnard Invitational Gala
76	36.51 L	F	Danielle Heyes	16	GSA	CPT	30/10/2021 CANA Virtual Swimming Championships
77	36.66 L	F	Ninke Griffioen	16	FISH	EDD	17/03/2022 SA Level 3 Regional Age Group
78	36.68 L	F	Danielle Joubert	16	BLNE	MAN	08/12/2021 Free State Champs 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
79	36.71	L	F	Anmi Esbach	16	RFA TSH	17/09/2021 NTS Age group September Level 2+3
80	36.77	L	F	Symóne Steyn	16	TLAC BPD	08/12/2021 NWS Championships 2020/2021
81	37.05	L	P	Alexis Vorwerk	16	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group
82	37.08	L	F	Skye Da Fonseca-Hattingh	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
83	37.10	L	P	Heike-Louise Hechter	16	BLSS MAN	08/12/2021 Free State Champs 2021
84	37.18	L	F	Mia Nortjè	16	CYBE CPT	29/03/2022 SA Regional SNR & JNR Champs WCA
85	37.21	L	P	Caitlyn Gomes	16	ISSC NMD	17/03/2022 SA Level 3 Regional Age Group
86	37.25	L	F	Rachel Smith	16	MDOL EKU	04/09/2021 EGA Adrian Grafe Gala 2021
87	37.26	L	F	Zoe Stock	16	MDOL EKU	18/09/2021 EGA Summer 1
88	37.29	L	F	Tamika Anderson	16	TUKS TSH	08/10/2021 NTS October Combined Age Group
89	37.35	L	F	Jordan Zwart	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
90	37.39	L	F	Nurul-Huda Samaai	16	MARL CPT	30/10/2021 CANA Virtual Swimming Championships
91	37.40	L	F	Adelia Schonken	16	SS MPD	06/11/2021 Limpopo Age Group 5
92	37.41	L	F	Nikola Roux	16	TRAZ TSH	10/12/2021 2021 The Tshwane Mayoral Gala
93	37.63	L	P	Lize-Mari Geldenhuys	16	CLSC WCD	22/03/2022 SA Level 2 Regional Age Group
94*	37.74	L	F	Eleni Zigiriadis	16	TUKS TSH	08/10/2021 NTS October Combined Age Group
94*	37.74	L	P	Shaina Adriaan	16	TYGE CPT	22/03/2022 SA Level 2 Regional Age Group
96	37.84	L	F	Karla De Beer	16	QSAW CED	13/11/2021 Winelands SL Final
97	37.89	L	F	Thinica Mc Anda	16	BLSS MAN	08/12/2021 Free State Champs 2021
98	37.96	L	F	Samantha Mouton	16	HARL BUF	10/12/2021 BCA Long Course Championships 2021
99	37.97	L	F	Ashley Jansen van Vuuren	16	CSA EZD	15/10/2021 MP AGE GROUP 2 - 15-16 October
100	38.00	L	F	Elza De Kock	16	AGAQ OBD	12/11/2021 Swartland Invitational Gala 2021
101	38.13	L	F	Carike Kok	16	TUKS TSH	10/12/2021 2021 The Tshwane Mayoral Gala
102	38.26	L	F	Jamie Hains	16	INFA NMA	10/12/2021 NMBA Championships 2021
103	38.30	L	F	Caitlyn Martin	16	TUKS TSH	10/12/2021 2021 The Tshwane Mayoral Gala
104	38.33	L	F	Zane Bruyns	16	RFA TSH	22/10/2021 NTS October Level 1-3 Age Group
105	38.53	L	F	Mia Neilson	16	WATR JHB	03/12/2021 CGA LC Summer Champs - Level3+
106	38.63	L	F	Erin Braun	16	DRGN EKU	28/01/2022 EGA Last Chance Gala
107	38.64	L	F	Anika Rabie	16	SEAL UMD	30/10/2021 CANA Virtual Swimming Championships
108	38.71	L	F	Chara Green	16	AAS JHB	03/12/2021 CGA LC Summer Champs - Level3+
109	38.80	L	F	Awande Mlangeni	16	ONYX EKU	06/11/2021 OR TAMBO Soncini 2021
110*	38.92	L	F	Annè Sabbagha	16	PAQU CED	08/10/2021 40th Freda Barnard Invitational Gala
110*	38.92	L	F	Caitlin Rossouw	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
112	39.01	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	22/10/2021 EGA Summer 3
113	39.07	L	F	Tharien Venter	16	BLUO UGD	30/10/2021 CANA Virtual Swimming Championships
114	39.34	L	P	Imogen Rushton	16	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group
115	39.46	L S	P	Ashleigh Witney	16	PGAC EKU	09/12/2021 EGA Summer Champs 2021
116	39.60	L	F	San-Mari Van der Walt	16	DDA TSH	14/01/2022 NTS January 2022 Combined Age Group
117	39.68	L	F	Catherine Rowan	16	SGUL ETH	30/10/2021 CANA Virtual Swimming Championships
118	39.74	L	F	Talisa Rademeyer	16	SWIFT EKU	18/09/2021 EGA Summer 1
119	40.01	L S	P	Paige Mills	16	DRGN EKU	09/12/2021 EGA Summer Champs 2021
120	40.05	L	F	Emma Wintermeyer	16	CRSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
121	40.13	L	F	Marguerite Naude	16	AFIN JHB	22/10/2021 NTS October Level 1-3 Age Group
122	40.15	L S	P	Aimee Blackler	16	ESTR EKU	09/12/2021 EGA Summer Champs 2021
123	40.20	L	P	Kiana Engelbrecht	16	SASOL FDD	08/12/2021 Free State Champs 2021
124	40.43	L	F	Kimberley Howes	16	HARB BPD	08/12/2021 NWS Championships 2020/2021
125	40.48	L S	P	Zelmarie Levin	16	ETTN EKU	09/12/2021 EGA Summer Champs 2021
126	40.49	L	F	Sasha Naidoo	16	VINE CPT	22/03/2022 SA Level 2 Regional Age Group
127	40.53	L	F	Caitlin De Freitas	16	DRGN EKU	28/01/2022 EGA Last Chance Gala
128*	40.54	L	F	Leigh Jonkers	16	SRAY BUF	18/03/2022 SA Level 2 Regional Age Group Champs
128*	40.54	L	F	Celine Hamman	QR	PSA ZLD	04/12/2021 Stingrays Swim Club Championships
130	40.68	L	F	Saffron Tweedie	16	PEAS NMA	18/03/2022 SA Level 2 Regional Age Group Champs
131	41.15	L	F	Skyla Schroll	16	NWUC KKD	16/10/2021 NWS Age Group 1&2
132	41.18	L S	P	Busisiwe Mogadima	16	SOUL EKU	09/12/2021 EGA Summer Champs 2021
133	41.24	L	F	Yedidah Theron	16	ROA EDD	25/02/2022 Infinity Gala
134*	41.50	L	F	Alicia Kleingeld	16	ZASC TSH	18/02/2022 NTS Combined February Age Group
134*	41.50	L	F	Caroli Rossouw	16	KALA	13/11/2021 Kalahari Classic Gala 2021
136	41.51	L	F	Victoria Baigent	16	ESTR EKU	22/10/2021 EGA Summer 3
137	41.52	L	F	Elizma Huyser	16	FISH EDD	12/02/2022 EDEN 5th A-League Gala 2022

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
138	41.55	L	F	Kaitlyn Immelman	16	ESP	EKU	04/09/2021	EGA Adrian Grafe Gala 2021
139	41.80	L	F	Kayleigh De Jong	16	CUDU	CPT	19/02/2022	CTA QUALIFYING MEET 6 -
140	41.81	L	F	Isabella Van der Walt	16	QSAW	GED	19/02/2022	Swartland Invitational #2 2022
141	41.91	L	P	Morgan Ehmke	16	GSA	CPT	22/03/2022	SA Level 2 Regional Age Group
142	41.99	L	F	Charlize De Villiers	16	PRKA	PS	08/12/2021	Champs 2021
143	42.31	L	F	Ankia Uys	LR	PSA	ZLD	05/03/2022	KCDA Level 2 Champs 2022
144	42.93	L	F	Emma Beyers	16	PENC	EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
145	43.40	L	F	Demi Plath	16	NHS	EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
146	43.45	L	F	Bea Calitz	16	BLNE	MAN	28/10/2021	Neptune Prestige Gala
147	43.46	L	F	Simone Nel	16	SS	MPD	16/10/2021	Limpopo Age Group 4
148	43.51	L	F	Atiyah Valli	16	ATLA	JHB	17/10/2021	2021 AG Swim Stars Champs & OR
149	43.54	L	F	Erin Anders	16	MARL	CPT	08/10/2021	40th Freda Barnard Invitational Gala
150	43.62	L	F	Anika Van Der Bank	16	UPSK		08/12/2021	Champs 2021
151	44.11	L S	P	Jade Westley	16	H2O	EKU	09/12/2021	EGA Summer Champs 2021
152	44.23	L	F	Maria Burger	16	KALA		08/12/2021	Champs 2021
153	44.34	L	F	Amy Marks	16	ELEC	JHB	06/11/2021	OR TAMBO Soncini 2021
154	44.38	L	F	Josephine Liebenberg	16	LALE	GED	13/11/2021	Winelands SL Final
155	44.83	L	F	Xandri Botha	16	UNI	EZD	29/10/2021	CANA Virtual Swimming Championships
156	45.09	L	F	Amarah Koeberg	16	WSTV	ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
157	45.19	L	F	Tylor Nel	16	SS	MPD	12/02/2022	Limpopo Champs
158	45.22	L	F	Yamahubi Radebe	16	AWSC	JHB	03/12/2021	CGA LC Summer Champs - Level 2
159	45.86	L	F	Olwethu Ndlovu	16	UMSH	ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
160	46.45	L	F	Stella Morton	16	DSGA	NMA	19/02/2022	EC Provincial Schools Gala
161	46.79	L	F	Bianca Kleingeld	16	ZASC	FSH	17/09/2021	NTS Age group September Level 2+3
162	46.89	L	F	Emma Van Der Westhuysen	16	FISH	EDD	30/10/2021	CANA Virtual Swimming Championships
163	47.23	L	F	Mia Limbach	16	SS	MPD	16/10/2021	Limpopo Age Group 4
164	47.59	L	F	Johara Sheik	16	AQSC	UMD	30/10/2021	CANA Virtual Swimming Championships
165	48.80	L	F	Michaela Mentos	16	H2O	EKU	18/02/2022	EGA Lets Race 2022
166	50.41	L	F	Johane Fourie	16	UPSK		21/01/2022	Flamingo Gala 2022
167	50.86	L	F	Saffron Brown	16	DSGA	NMA	19/02/2022	EC Provincial Schools Gala
168	51.97	L S	P	Bianca Beukes	16	SOUL	EKU	09/12/2021	EGA Summer Champs 2021
169	52.03	L	P	Nachke Van Der Walt	16	FROS	MAN	08/12/2021	Free State Champs 2021
170	53.95	L	F	Dheashna Govender	16	PHOE	JHB	03/12/2021	WSC & Seals Summer LC Champs 2021
Women 16 - 16 100 Back									
1	1:06.72	L	F	Callan Lötter	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	1:06.83	L	F	Ashley Ebing	16	WSTV	ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
3	1:07.23	L	F	Rachel Groepes	16	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 2021
4	1:07.76	L	F	Robyn Aaron	16	WSTV	ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
5	1:07.91	L	F	Christine Wessels	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
6	1:08.60	L S	F	Ane' Meier	16	PAC	FSH	15/12/2021	NTS Championships 2021
7	1:09.00	L	F	Scarlett Nichol	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
8	1:09.05	L S	F	Liya Venter	16	BLMA	CPT	30/10/2021	CANA Virtual Swimming Championships
9	1:09.31	L	P	Ennes Zietsman	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
10	1:09.46	L	P	Grace De Jongh	16	GSA	CPT	07/12/2021	Western Cape LC-A Championship 2021
11	1:09.57	L	F	Georgia Carstens	16	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
12	1:09.84	L	P	Tori Voke	16	ECA	NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
13	1:09.89	L	P	Chloe Gershuny	16	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
14	1:09.95	L	P	Kaela Viljoen	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
15	1:10.59	L	F	Amber Olsen	16	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
16	1:10.63	L	F	Zoe Terblanche	16	RFA	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
17	1:10.67	L	F	Olivia Kruger	16	ELEC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
18	1:10.93	L	P	Ava Rathner	16	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
19	1:11.27	L	P	Hayley McHarg	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
20	1:11.50	L S	P	Nina Pretorius	16	CSC	FSH	15/12/2021	NTS Championships 2021
21	1:11.61	L	F	Alexia Delicado	16	POTC	KKD	30/03/2022	SA Regional Aquatic JNR-Senior
22	1:11.69	L	F	Robyn Hough	16	PEAS	NMA	12/11/2021	PEA Winter Gala Take 2
23	1:11.84	L	F	Kimberly Ingwe	16	RAV	EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
24	1:11.87	L	P	Dieu-Dene Van Jaarsveld	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
25	1:12.01	L	P	Tayla Haslam	16	KLOO	ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
26	1:12.16	L	F	Nawaal Mia	16	MDOL EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT
27	1:12.29	L	F	Jenny Zhang	16	EAGA CCD	06/11/2021 Limpopo Age Group 5
28	1:12.38	L	F	Annette Greyling	16	CRSC JHB	29/03/2022 SA Regional Aquatic Champs 2022- NT
29	1:12.57	L	F	Melissa Martens	16	SEAL UMD	30/03/2022 SA Regional Aquatic JNR-Senior
30	1:12.64	L	P	Michaela Dal Medico	16	AGC TSH	06/04/2022 SA National Aquatic SNR-JNR Champ
31	1:12.70	L	P	Babette Van Rooyen	16	SAAW CPT	07/12/2021 Western Cape LC-A Championship 2021
32	1:12.87	L	P	Kirsten Storm	16	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
33	1:12.95	L	F	Demi Jacobs	16	TUKS TSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
34	1:13.00	L	F	Jade-Ann Le Roux	16	AA JHB	05/11/2021 NTS Prestige Gala 2021
35	1:13.01	L	F	Lara De Beer	16	BENS EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT
36	1:13.27	L	F	Georgia Stone	16	INFA NMA	10/12/2021 NMBA Championships 2021
37	1:13.45	L	F	Jozi Nupen	16	CRSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
38	1:13.58	L	P	Taylin Alberts	16	TRAZ TSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
39	1:13.62	L	F	Calista Mentz	16	PAC TSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
40	1:13.80	L	F	Kiara Johnson	16	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group
41	1:13.81	L	F	Samantha Lowman	16	AA JHB	05/11/2021 NTS Prestige Gala 2021
42	1:13.87	L	P	Caitlin Ruane	16	TUKS TSH	18/02/2022 2022 Grand Prix 2 Invitational Meet
43	1:14.22	L	F	Jana Naude	16	STSC UHD	17/03/2022 SA Level 3 Regional Age Group
44	1:14.35	L	P	Payton Brink	16	VINE CPT	07/12/2021 Western Cape LC-A Championship 2021
45	1:14.73	L	F	Emma Peacock	16	WATR JHB	29/03/2022 SA Regional Aquatic Champs 2022- NT
46	1:14.77	L	P	Keila Manthe	16	TUKS TSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
47	1:14.88	L	F	Nirvana Borrageiro	16	AZON ETH	30/03/2022 SA Regional Aquatic JNR-Senior
48	1:14.96	L S	P	Janke Fourie	16	PAC TSH	15/12/2021 NTS Championships 2021
49	1:15.36	L	F	Petro Marié Fourie	16	FISH EDD	17/03/2022 SA Level 3 Regional Age Group
50	1:15.50	L	F	Jodi Dos Santos	16	UNI EZD	03/12/2021 Mpumalanga Championships 2021
51	1:15.52	L	P	Miche Johns	16	BLSS MAN	30/03/2022 SA Regional Aquatic JNR-Senior
52	1:15.80	L	F	Kate Meyburgh	16	INFA NMA	17/03/2022 SA Level 3 Regional Age Group
53	1:15.87	L	F	Cara Van Der Bijl	16	BLNE MAN	29/03/2022 SA Regional SNR & JNR Champs WCA
54	1:15.91	L	F	Tiara Finnis	16	RSA	14/04/2022 CANA Zone IV
55	1:15.95	L	P	Rachel Smith	16	MDOL EKU	29/03/2022 SA Regional Aquatic Champs 2022- NT
56	1:15.99	L	P	Mikaela Goelst	16	KZNA ETH	06/04/2022 SA National Aquatic SNR-JNR Champ
57	1:16.13	L	F	Ashley Freel	16	TUKS TSH	18/02/2022 NTS Combined February Age Group
58	1:16.23	L	F	Chloe Vd Merwe	16	ASAC CPT	17/03/2022 SA Level 3 Regional Age Group
59	1:16.75	L	F	Catherine de Boucherville	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
60	1:16.77	L	F	Jada Coetzee	16	FISH EDD	17/03/2022 SA Level 3 Regional Age Group
61	1:16.84	L S	F	Mischa King	16	GSA CPT	30/10/2021 CANA Virtual Swimming Championships
62	1:17.01	L	P	Thea Vd Toorn	16	CYBE CPT	17/03/2022 SA Level 3 Regional Age Group
63	1:17.33	L	F	Gemma Kirsten	16	BLNE MAN	23/10/2021 Otters Prestige Gala 2021
64	1:17.46	L	P	Courtney Smith	16	TYGE CPT	07/12/2021 Western Cape LC-A Championship 2021
65	1:17.63	L	F	Livia Bisschops	16	AA JHB	03/12/2021 CGA LC Summer Champs - Level3+
66	1:17.83	L	F	Rachel Guymmer	16	DRGN EKU	28/01/2022 EGA Last Chance Gala
67	1:17.86	L	F	Anmi Esbach	16	RFA TSH	18/02/2022 NTS Combined February Age Group
68	1:18.00	L	F	Emma Hamman	16	FAAC FB	23/10/2021 Otters Prestige Gala 2021
69	1:18.04	L	F	Lesedi Thunzi	16	BCA BUF	15/01/2022 EDEN INTER DISTRICT PRESTIGE
70	1:18.14	L	F	Eryn Casey	16	ACSA ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
71*	1:18.44	L S	F	Danielle Heyes	16	GSA CPT	30/10/2021 CANA Virtual Swimming Championships
71*	1:18.44	L	P	Ninke Griffioen	16	FISH EDD	17/03/2022 SA Level 3 Regional Age Group
73	1:18.72	L	F	Zoe Stock	16	MDOL EKU	09/12/2021 EGA Summer Champs 2021
74	1:18.78	L	F	Cara Harradine	16	WSS FDD	25/02/2022 Gauteng Schools Championships 2022
75	1:18.82	L	F	Lucy Friedenthal	16	UNI EZD	29/10/2021 CANA Virtual Swimming Championships
76	1:19.13	L	F	Mia Neilson	16	WATR JHB	03/12/2021 CGA LC Summer Champs - Level3+
77	1:19.22	L	F	Teniek Greyling	16	HARB BPD	02/10/2021 Frank Gray Memorial Championships
78	1:19.34	L	F	Jayda Collett	16	TUKS TSH	08/10/2021 NTS October Combined Age Group
79	1:19.56	L	F	Aidon Naidoo	16	AZON ETH	17/12/2021 2021 KZNA Premier Provincial
80	1:19.78	L	F	Danielle Joubert	16	BLNE MAN	08/10/2021 Super Seals Prestige Gala
81	1:19.98	L	P	Alexis Vorwerk	16	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group
82	1:19.99	L	F	Michelle Jack	16	TUKS TSH	08/10/2021 NTS October Combined Age Group
83	1:20.00	L	P	Chloe Diedericks-Boudouris	16	CRSC JHB	03/12/2021 CGA LC Summer Champs - Level3+
84	1:20.08	L	F	Symón Steyn	16	TLAC BPD	08/12/2021 NWS Championships 2020/2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
85	1:20.15	L	F	Heike-Louise Hechter	16	BLSS MAN	08/10/2021	Super Seals Prestige Gala
86	1:20.29	L S	P	Anje Van Papendorp	16	TUKS FSH	15/12/2021	NTS Championships 2021
87	1:20.31	L	F	Jordan Zwart	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
88	1:20.53	L	F	Nikola Roux	16	TRAZ FSH	10/12/2021	2021 The Tshwane Mayoral Gala
89	1:20.74	L	F	Skye Da Fonseca-Hattingh	16	RFA FSH	10/12/2021	2021 The Tshwane Mayoral Gala
90	1:20.77	L	P	Ashley Jansen van Vuuren	16	MPA EZD	26/03/2022	SA Schools Swimming Championship
91	1:20.81	L	F	Tamika Anderson	16	TUKS FSH	08/10/2021	NTS October Combined Age Group
92	1:20.82	L	F	Melindie Van Rensburg	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
93	1:21.06	L S	F	Nurul-Huda Samaai	16	MARL CPT	30/10/2021	CANA Virtual Swimming Championships
94	1:21.14	L S	F	Ami Pirie	16	QUIC CPT	30/10/2021	CANA Virtual Swimming Championships
95	1:21.37	L	P	Sarah West	16	QUIC CPT	07/12/2021	Western Cape LC-A Championship 2021
96	1:21.61	L	P	Elza De Kock	16	AGAQ OBD	17/03/2022	SA Level 3 Regional Age Group
97	1:21.74	L	F	Zane Bruyns	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
98	1:22.66	L	P	Anika Rabie	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
99	1:22.73	L S	P	Eleni Zigiariadis	16	TUKS FSH	15/12/2021	NTS Championships 2021
100	1:22.79	L	F	Ninah Wedderburn	16	BLTA NMA	25/02/2022	Infinity Gala
101	1:22.88	L	F	Lize-Mari Geldenhuys	16	CLSC WCD	22/03/2022	SA Level 2 Regional Age Group
102	1:23.14	L	F	Alexia Michalopoulos	16	RFA FSH	10/12/2021	2021 The Tshwane Mayoral Gala
103	1:23.18	L	F	Samantha Mouton	16	HARL BUF	10/12/2021	BCA Long Course Championships 2021
104	1:23.29	L	P	Thinica Mc Anda	16	BLSS MAN	08/12/2021	Free State Champs 2021
105	1:23.30	L	F	Mareen van der Merwe	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
106	1:23.36	L	F	Carike Kok	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
107	1:23.37	L	F	Dina Van Rensburg	16	SASOL FDD	11/02/2022	NW Last Chance
108	1:23.42	L	P	Cayla Visser	16	BLSS MAN	08/12/2021	Free State Champs 2021
109	1:23.49	L	F	Jemma van der Merwe	16	CSC FSH	17/09/2021	NTS Age group September Level 2+3
110	1:23.66	L	P	Ashleigh Witney	16	PGAC EKU	09/12/2021	EGA Summer Champs 2021
111	1:23.95	L	F	Shaina Adriaan	16	TYGE CPT	22/03/2022	SA Level 2 Regional Age Group
112	1:24.18	L	F	Catherine Rowan	16	SGUL ETH	30/10/2021	CANA Virtual Swimming Championships
113	1:24.69	L	F	Caitlyn Martin	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
114	1:24.77	L	F	Caitlin Rossouw	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
115	1:24.93	L	P	Keira De Aveiro	16	AA JHB	03/12/2021	CGA LC Summer Champs - Level3+
116*	1:25.01	L	F	Talisa Rademeyer	16	SWIFT EKU	28/01/2022	EGA Last Chance Gala
116*	1:25.01	L	F	Madison Meyer	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
118	1:25.23	L	F	Emma Wintermeyer	16	CRSC JHB	28/01/2022	NTS February Age Group 15 & Over
119	1:25.29	L	F	Karla De Beer	16	QSAW CED	13/11/2021	Winelands SL Final
120	1:25.47	L	P	Sara Daniels	16	AACTA CPT	07/12/2021	Western Cape LC-A Championship 2021
121	1:25.49	L	F	Anna Pretorius	16	AGAQ OBD	22/03/2022	SA Level 2 Regional Age Group
122	1:25.89	L	F	Awande Mdialose	16	CSC FSH	22/10/2021	NTS October Level 1-3 Age Group
123	1:25.94	L	F	Tharien Venter	16	BLUO UGD	11/03/2022	SA Level 2 Regional Age Group
124	1:26.15	L	P	Kimberley Howes	16	HARB BPD	08/12/2021	NWS Championships 2020/2021
125	1:26.49	L	P	Erin Anders	16	MARL CPT	17/03/2022	SA Level 3 Regional Age Group
126	1:26.51	L	F	Imogen Rushton	16	PSCP UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
127	1:26.63	L	F	Aimee Blackler	16	ESTR EKU	18/02/2022	EGA Lets Race 2022
128*	1:27.16	L	F	Caitlyn Gomes	16	ISSC NMD	08/12/2021	NWS Championships 2020/2021
128*	1:27.16	L	F	Kaylin Visser	16	BLSS MAN	08/10/2021	Super Seals Prestige Gala
130	1:27.29	L	P	Caitlin De Freitas	16	DRGN EKU	09/12/2021	EGA Summer Champs 2021
131	1:27.41	L	P	Chara Green	16	AAS JHB	03/12/2021	CGA LC Summer Champs - Level3+
132	1:27.56	L	F	San-Mari Van der Walt	16	DDA FSH	14/01/2022	NTS January 2022 Combined Age Group
133	1:28.39	L	F	Zelmarie Levin	16	ETTN EKU	02/10/2021	EGA Summer 2
134	1:28.40	L	F	Saffron Tweedie	16	PEAS NMA	18/03/2022	SA Level 2 Regional Age Group Champs
135	1:28.64	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	28/01/2022	EGA Last Chance Gala
136	1:28.97	L	F	Erin Braun	16	DRGN EKU	28/01/2022	EGA Last Chance Gala
137	1:29.06	L	F	Yedidah Theron	16	ROA EDD	25/02/2022	Infinity Gala
138	1:29.32	L	P	Kiana Engelbrecht	16	SASOL FDD	08/12/2021	Free State Champs 2021
139	1:29.49	L	F	Skyla Schroll	16	NWUC KKD	02/10/2021	Frank Gray Memorial Championships
140	1:29.77	L	F	Kayleigh De Jong	16	CUDU CPT	22/03/2022	SA Level 2 Regional Age Group
141	1:29.85	L	F	Adelia Schonken	16	SS MPD	12/02/2022	Limpopo Champs
142	1:29.88	L	F	Caroli Rossouw	16	KALA	08/12/2021	Champs 2021
143	1:30.18	L	P	Julia Griffioen	16	HARB BPD	17/03/2022	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
144	1:31.01	L	F	Luané Engelbrecht	16	TUKS	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
145	1:31.57	L	P	Sasha Naidoo	16	VINE	CPT	22/03/2022	SA Level 2 Regional Age Group
146	1:31.68	L	F	Leigh Jonkers	16	PRIO	NMA	19/02/2022	EC Provincial Schools Gala
147	1:32.72	L	F	Anna Victor	16	UNI	EZD	15/10/2021	MP AGE GROUP 2 - 15-16 October
148	1:32.75	L	P	Morgan Ehmke	16	GSA	CPT	22/03/2022	SA Level 2 Regional Age Group
149	1:34.20	L	P	Busisiwe Mogadima	16	SOUL	EKU	09/12/2021	EGA Summer Champs 2021
150	1:34.50	L	F	Anika Van Der Bank	16	UPSK		22/03/2022	SA Level 2 Regional Age Group Champs
151	1:35.22	L	P	Bea Calitz	16	BLNE	MAN	08/12/2021	Free State Champs 2021
152	1:35.45	L	P	Jade Westley	16	H2O	EKU	09/12/2021	EGA Summer Champs 2021
153	1:35.76	L	F	Amy Marks	16	ELEC	JHB	06/11/2021	OR TAMBO Soncini 2021
154	1:36.53	L	F	Awande Mlangeni	16	ONYX	EKU	17/10/2021	2021 AG Swim Stars Champs & OR
155	1:36.86	L	F	Alicia Kleingeld	16	ZASC	FSH	22/10/2021	NTS October Level 1-3 Age Group
156	1:38.13	L	F	Charlize De Villiers	16	PRKA	PS	05/02/2022	NCASA Sprints Gala 2022
157	1:38.96	L	P	Lariska Naude	16	WELA	FDD	08/12/2021	Free State Champs 2021
158	1:39.22	L	F	Simone Nel	16	SS	MPD	16/10/2021	Limpopo Age Group 4
159	1:39.56	L	F	Olwethu Ndlovu	16	UMSH	ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
160	1:40.94	L	F	Yamahlabi Radebe	16	AWSC	JHB	03/12/2021	CGA LC Summer Champs - Level 2
161	1:41.02	L	F	Celine Hamman	QR	PSA	ZLD	04/12/2021	Stingrays Swim Club Championships
162	1:42.51	L	F	Bianca Kleingeld	16	ZASC	FSH	22/10/2021	NTS October Level 1-3 Age Group
163	1:43.09	L	F	Tylor Nel	16	SS	MPD	12/02/2022	Limpopo Champs
164	1:48.23	L	F	Johara Sheik	16	AQSC	UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
165	1:50.56	L	F	Michaela Mentos	16	H2O	EKU	06/03/2022	SSA Regional Level 1 Championships
166	1:52.28	L	F	Johane Fourie	16	UPSK		21/01/2022	Flamingo Gala 2022
167	2:06.69	L	F	Bianca Beukes	16	SOUL	EKU	06/03/2022	SSA Regional Level 1 Championships
Women 16 - 16 200 Back									
1	2:23.07	L	F	Callan Lötter	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	2:25.44	L	F	Ashley Ebing	16	WSTV	ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
3	2:25.74	L	F	Rachel Groepes	16	SAAW	CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet
4	2:32.18	L	F	Kaela Viljoen	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
5	2:32.39	L	F	Dieu-Dene Van Jaarsveld	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
6	2:32.53	L	F	Tori Voke	16	VIKI	BUF	10/12/2021	BCA Long Course Championships 2021
7	2:33.07	L	F	Chloe Gershuny	16	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
8	2:33.68	L	P	Hayley McHarg	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
9	2:33.79	L S	F	Amber Olsen	16	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
10	2:33.94	L	F	Ruby Dixon	16	ASA	ILD	29/01/2022	EDA Age Group Gala 4
11	2:33.95	L	F	Jade-Ann Le Roux	16	AA	JHB	05/11/2021	NTS Prestige Gala 2021
12	2:34.25	L	F	Jenny Zhang	16	EAGA	CCD	06/11/2021	Limpopo Age Group 5
13	2:34.63	L	P	Samantha Lowman	16	SWIM1	JHB	28/05/2021	Grand Prix No 4 Durban May 2021
14	2:35.06	L	F	Liya Venter	16	BLMA	CPT	08/10/2021	40th Freda Barnard Invitational Gala
15	2:35.41	L	F	Calista Mentz	16	PAC	FSH	15/12/2021	NTS Championships 2021
16	2:35.47	L	F	Demi Jacobs	16	TUKS	FSH	22/10/2021	NTS October Level 1-3 Age Group
17	2:35.50	L	F	Olivia Kruger	16	ELEC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
18	2:35.86	L	F	Christine Wessels	16	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
19	2:36.20	L	F	Tazmyn Robson	16	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
20	2:36.25	L	F	Robyn Hough	16	PEAS	NMA	20/11/2021	2nd A League Gala 2021
21	2:36.78	L	P	Grace De Jongh	16	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
22	2:36.93	L S	F	Melissa Martens	16	SEAL	UMD	30/03/2022	SA Regional Aquatic JNR-Senior
23	2:37.09	L	P	Ava Rathner	16	SAAW	CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet
24	2:37.24	L	F	Tayla Haslam	16	KLOO	ETH	17/12/2021	2021 KZNA Premier Provincial
25	2:37.49	L S	F	Kimberly Ingwe	16	RAV	EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
26	2:37.68	L	P	Caitlin Ruane	16	TUKS	FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet
27	2:39.15	L S	F	Miche Johns	16	BLSS	MAN	30/03/2022	SA Regional Aquatic JNR-Senior
28	2:39.93	L	P	Nawaal Mia	16	MDOL	EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet
29	2:40.34	L	F	Jozzi Nupen	16	CRSC	JHB	28/01/2022	NTS February Age Group 15 & Over
30	2:40.92	L	P	Rachel Smith	16	MDOL	EKU	18/02/2022	2022 Grand Prix 2 Invitational Meet
31*	2:41.53	L	F	Keila Manthe	16	TUKS	FSH	22/10/2021	NTS October Level 1-3 Age Group
31*	2:41.53	L S	F	Babette Van Rooyen	16	SAAW	CPT	30/10/2021	CANA Virtual Swimming Championships
33	2:42.13	L	P	Nina Pretorius	16	CSC	FSH	15/12/2021	NTS Championships 2021
34	2:43.09	L	P	Mischa King	16	WCA	CPT	06/04/2022	SA National Aquatic SNR-JNR Champ

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
35	2:43.57	L S	P	Annette Greyling	16	CRSC	JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
36	2:43.95	L	F	Lara De Beer	16	BENS	EKU	09/12/2021	EGA Summer Champs 2021
37	2:44.04	L S	P	Janke Fourie	16	PAC	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
38	2:44.82	L	F	Nirvana Borrageiro	16	AZON	ETH	17/12/2021	2021 KZNA Premier Provincial
39	2:45.57	L	F	Jana Naude	16	STSC	UHD	17/03/2022	SA Level 3 Regional Age Group
40	2:46.82	L	F	Petro Marié Fourie	16	FISH	EDD	17/03/2022	SA Level 3 Regional Age Group
41	2:46.89	L	F	Michaela Dal Medico	16	TUKS	FSH	08/10/2021	NTS October Combined Age Group
42	2:46.94	L	F	Lucy Friedenthal	16	UNI	EZD	01/10/2021	MP AGE GROUP 1 1-2 OCTOBER 2021
43	2:46.98	L	F	Cara Harradine	16	PAC	FSH	15/12/2021	NTS Championships 2021
44	2:47.39	L	F	Emma Hamman	16	FAAC	FB	05/02/2022	NCASA Sprints Gala 2022
45	2:47.51	L	F	Gemma Kirsten	16	BLNE	MAN	03/09/2021	Mangaung Winter Champs
46	2:47.70	L	F	Zoe Stock	16	MDOL	EKU	28/01/2022	EGA Last Chance Gala
47	2:48.13	L	F	Jada Coetzee	16	WCA	CPT	26/03/2022	SA Schools Swimming Championship
48	2:48.36	L	F	Chloe Vd Merwe	16	ASAC	CPT	17/03/2022	SA Level 3 Regional Age Group
49	2:48.82	L	F	Rachel Guymer	16	DRGN	EKU	12/11/2021	EGA Summer 4
50	2:49.24	L	F	Lesedi Thunzi	16	HARL	BUF	27/11/2021	BCA November Age Group Gala 2021
51	2:49.36	L	F	Ashley Freel	16	TUKS	FSH	18/02/2022	NTS Combined February Age Group
52	2:49.47	L	F	Kate Meyburgh	16	INFA	NMA	25/02/2022	Infinity Gala
53	2:49.71	L	F	Tenieka Greyling	16	HARB	BPD	02/10/2021	Frank Gray Memorial Championships
54	2:50.51	L S	F	Danielle Joubert	16	BLNE	MAN	29/03/2022	SA Regional SNR & JNR Champs WCA
55	2:50.70	L	F	Cara Van Der Bijl	16	BLNE	MAN	28/10/2021	Neptune Prestige Gala
56	2:50.72	L	F	Ninke Griffioen	16	FISH	EDD	17/03/2022	SA Level 3 Regional Age Group
57	2:51.29	L	F	Mia Neilson	16	WATR	JHB	03/12/2021	CGA LC Summer Champs - Level3+
58	2:51.67	L	F	Aidon Naidoo	16	AZON	ETH	17/12/2021	2021 KZNA Premier Provincial
59	2:52.82	L	F	Catherine de Boucherville	16	JSA	JHB	28/01/2022	NTS February Age Group 15 & Over
60	2:53.90	L S	F	Sarah West	16	QUIC	CPT	29/03/2022	SA Regional SNR & JNR Champs WCA
61	2:54.26	L	P	Courtney Smith	16	TYGE	CPT	07/12/2021	Western Cape LC-A Championship 2021
62	2:54.64	L	F	Skye Da Fonseca-Hattingh	16	RFA	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
63	2:54.85	L	F	Nikola Roux	16	TRAZ	FSH	08/10/2021	NTS October Combined Age Group
64	2:56.08	L	F	Alexis Vorwerk	16	SEAL	UMD	30/10/2021	CANA Virtual Swimming Championships
65	2:56.10	L S	F	Ami Pirie	16	QUIC	CPT	30/10/2021	CANA Virtual Swimming Championships
66	2:56.65	L	F	Jayda Collett	16	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
67	2:56.71	L	F	Caitlyn Martin	16	TUKS	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
68*	2:57.34	L	F	Lize-Mari Geldenhuys	16	CLSC	WCD	22/03/2022	SA Level 2 Regional Age Group
68*	2:57.34	L	F	Mia Nortjè	16	CYBE	CPT	06/11/2021	CTA Qualifying Meet 4 - Long Distances
70	2:57.39	L	F	Tamika Anderson	16	TUKS	FSH	08/10/2021	NTS October Combined Age Group
71	2:57.85	L	F	Ashley Jansen van Vuuren	16	CSA	EZD	03/12/2021	Mpumalanga Championships 2021
72	2:58.13	L	F	Ashleigh Witney	16	PGAC	EKU	12/11/2021	EGA Summer 4
73	2:58.34	L	F	Kimberley Howes	16	HARB	BPD	02/10/2021	Frank Gray Memorial Championships
74	2:58.85	L	F	Anmi Esbach	16	RFA	FSH	17/09/2021	NTS Age group September Level 2+3
75	2:58.93	L	P	Elza De Kock	16	AGAQ	QBD	17/03/2022	SA Level 3 Regional Age Group
76	2:59.09	L	F	Sohini Pillay	16	ELEC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
77	2:59.51	L	F	Cayla Visser	16	BLSS	MAN	28/10/2021	Neptune Prestige Gala
78	2:59.84	L S	F	Nurul-Huda Samaai	16	MARL	CPT	30/10/2021	CANA Virtual Swimming Championships
79	2:59.87	L	F	San-Mari Van der Walt	16	DDA	FSH	22/10/2021	NTS October Level 1-3 Age Group
80	3:00.00	L	F	Tharien Venter	16	BLUO	UGD	11/03/2022	SA Level 2 Regional Age Group
81	3:01.24	L	F	Imogen Rushton	16	PSCP	UMD	11/03/2022	SA Level 2 Regional Age Group
82	3:01.86	L	F	Talisa Rademeyer	16	SWIFT	EKU	28/01/2022	EGA Last Chance Gala
83	3:02.36	L	F	Madison Meyer	16	ESP	EKU	12/11/2021	EGA Summer 4
84	3:02.93	L	F	Keira De Aveiro	16	AA	JHB	03/12/2021	CGA LC Summer Champs - Level3+
85	3:03.40	L S	P	Thinica Mc Anda	16	BLSS	MAN	08/12/2021	Free State Champs 2021
86	3:04.75	L	F	Aimee Blackler	16	ESTR	EKU	18/02/2022	EGA Lets Race 2022
87	3:05.56	L	P	Emma Wintermeyer	16	CRSC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
88	3:06.22	L	P	Erin Anders	16	MARL	CPT	17/03/2022	SA Level 3 Regional Age Group
89	3:06.42	L	F	Jamie-Lee Van Den Heever	16	BAS	EKU	12/11/2021	EGA Summer 4
90	3:07.72	L	F	Dina Van Rensburg	16	SASOL	FDD	11/02/2022	NW Last Chance
91	3:09.54	L	F	Yedidah Theron	16	ROA	EDD	25/02/2022	Infinity Gala
92	3:09.78	L	F	Mareen van der Merwe	16	RFA	FSH	14/01/2022	NTS January 2022 Combined Age Group
93	3:10.25	L	F	Awande Mlangeni	16	ONYX	EKU	28/01/2022	EGA Last Chance Gala

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
94	3:12.23	L	F	Skyla Schroll	16	NWUC KKD	02/10/2021	Frank Gray Memorial Championships
95	3:12.25	L	F	Kayleigh De Jong	16	CUDU CPT	19/02/2022	CTA QUALIFYING MEET 6 -
96	3:15.93	L	F	Dina Jansen van Rensburg	16	SASOL FDD	13/11/2021	NWS Age Group 3 2021/22
97	3:17.15	L	F	Sasha Naidoo	16	VINE CPT	19/02/2022	CTA QUALIFYING MEET 6 -
98	3:17.48	L S	F	Isabel Swart	16	CUDU CPT	30/10/2021	CANA Virtual Swimming Championships
99	3:21.79	L	F	Leigh Jonkers	16	SRAY BUF	18/03/2022	SA Level 2 Regional Age Group Champs
100	3:22.40	L	F	Anika Van Der Bank	16	UPSK	08/12/2021	Champs 2021
101	3:23.01	L	P	Jade Westley	16	H2O EKU	09/12/2021	EGA Summer Champs 2021
102	3:27.66	L	F	Morgan Ehmke	16	GSA CPT	08/10/2021	40th Freda Barnard Invitational Gala
103	3:57.89	L	F	Johane Fourie	16	UPSK	05/02/2022	NCASA Sprints Gala 2022
Women 16 - 16 50 Breast								
1	33.04	L	F	Morgan Cope	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
2	33.25	L	P	Morgan Cope	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
3	33.37	L	F	Georgia Carstens	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
4	33.74	L	F	Carmia Hartman	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	33.86	L	F	Caitlin Ruane	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
6	33.91	L	P	Mikaela Goelst	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
7	34.07	L	F	Amy Robson-Garth	16	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
8	34.11	L	F	Nicola Hartman	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
9	34.65	L	F	Kirsten Storm	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
10	34.85	L S	F	Amy Muller	16	TUKS FSH	15/12/2021	NTS Championships 2021
11	34.92	L	P	Emma Terblanche	AR	BLOT MAN	08/12/2021	Free State Champs 2021
12	35.04	L S	F	Zoe Terblanche	16	RFA FSH	15/12/2021	NTS Championships 2021
13	35.05	L S	F	Michaela Dal Medico	16	TUKS FSH	15/12/2021	NTS Championships 2021
14	35.21	L	F	Cara Ralfe	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
15	35.56	L	F	Grace Daly	16	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
16	35.84	L	F	Caitlin Rademakers	16	INFA NMA	12/11/2021	PEA Winter Gala Take 2
17	35.90	L	F	Annette Greyling	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
18	35.96	L	F	Ashley Ebing	16	WSTV ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
19	36.23	L	P	Samantha Lowman	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
20*	36.39	L	F	Morgan Pharoah	16	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
20*	36.39	L	P	Emma Lauf	16	MDOL EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
22	36.44	L	F	Amber Landskron	16	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
23	36.45	L	P	Olivia Kruger	16	ELEC JHB	03/12/2021	CGA LC Summer Champs - Level3+
24	36.54	L	P	Isabelle Barrow	16	AA JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet
25	36.60	L	F	Amber Olsen	16	RSA	14/04/2022	CANA Zone IV
26	36.66	L	F	Calista Mentz	16	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
27	36.84	L	F	Isabella Reynolds	16	ELEC JHB	03/12/2021	CGA LC Summer Champs - Level3+
28	36.91	L	F	Annè Sabbagha	16	PAQU CED	07/12/2021	Western Cape LC-A Championship 2021
29	36.98	L	F	Lucy Friedenthal	16	UNI EZD	29/03/2022	SA Regional Aquatic Champs 2022- NT
30	37.05	L	P	Lara De Beer	16	BENS EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
31	37.67	L	F	Calista Mackenzie	16	ELRAS WBD	12/02/2022	Limpopo Champs
32	37.71	L	F	Mia Nortjè	16	CYBE CPT	07/12/2021	Western Cape LC-A Championship 2021
33	37.80	L	F	Janke Fourie	16	PAC FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
34*	37.82	L	F	Melissa Martens	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
34*	37.82	L	F	Cara Van Der Bijl	16	BLNE MAN	28/10/2021	Neptune Prestige Gala
36	37.99	L S	P	Ane' Meier	16	PAC FSH	15/12/2021	NTS Championships 2021
37	38.12	L	F	Eleni Zigiariadis	16	TUKS FSH	17/09/2021	NTS Age group September Level 2+3
38	38.35	L	F	Jane Lewis	16	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial
39*	38.39	L S	P	Anje Van Papendorp	16	TUKS FSH	15/12/2021	NTS Championships 2021
39*	38.39	L	P	Jade-Ann Le Roux	16	AA JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
41	38.61	L	P	Grace De Jongh	16	WCA CPT	26/03/2022	SA Schools Swimming Championship
42	38.67	L	F	Ninah Wedderburn	16	BLTA NMA	17/03/2022	SA Level 3 Regional Age Group
43	38.83	L	F	Nirvana Borrageiro	16	AZON ETH	30/03/2022	SA Regional Aquatic JNR-Senior
44	38.91	L	F	Sarah West	16	QUIC CPT	07/12/2021	Western Cape LC-A Championship 2021
45	39.22	L	F	Juliet Walsh	16	SAAW CPT	30/10/2021	CANA Virtual Swimming Championships
46	39.24	L	F	Sharne Steele	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
47	39.34	L	P	Demi Jacobs	16	TUKS FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
48	39.35	L	P	Sara Daniels	16	AACTA CPT	07/12/2021	Western Cape LC-A Championship 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
49	39.53	L	F	Erin Kisten	16	MDOL	EKU 18/02/2022 EGA Lets Race 2022
50	39.55	L	F	Petro Marié Fourie	16	FISH	EDD 17/03/2022 SA Level 3 Regional Age Group
51	39.56	L	F	Miche Johns	16	BLNE	MAN 28/10/2021 Neptune Prestige Gala
52	39.58	L	F	Larique Joubert	16	LP	CCD 26/03/2022 SA Schools Swimming Championship
53	39.61	L	F	Zelmarie Levin	16	ETTN	EKU 09/12/2021 EGA Summer Champs 2021
54	39.63	L	F	Julia Griffioen	16	HARB	BPD 17/03/2022 SA Level 3 Regional Age Group
55	39.76	L	F	Josi Arnold	16	HARL	BUF 17/03/2022 SA Level 3 Regional Age Group
56	39.78	L	F	Rachel Van Tooren	16	AAS	JHB 03/12/2021 CGA LC Summer Champs - Level3+
57*	39.81	L	F	Symóné Steyn	16	TLAC	BPD 08/12/2021 NWS Championships 2020/2021
57*	39.81	L	F	Zoë Josephs	16	ASAW	CED 13/11/2021 Winelands SL Final
59	39.93	L	P	Mienke Herbst	16	SAAW	CPT 07/12/2021 Western Cape LC-A Championship 2021
60	39.98	L	F	Emma Hamman	16	FAAC	FB 05/02/2022 NCASA Sprints Gala 2022
61	40.14	L	F	Rachel Guymer	16	RSA	14/04/2022 CANA Zone IV
62	40.16	L	F	Nurul-Huda Samaai	16	MARL	CPT 17/03/2022 SA Level 3 Regional Age Group
63	40.29	L	F	Charlize De Villiers	16	PRKA	PS 17/03/2022 SA Level 3 Regional Age Group
64	40.33	L	P	Thinica Mc Anda	16	BLSS	MAN 08/12/2021 Free State Champs 2021
65	40.39	L	P	Danielle Heyes	16	GSA	CPT 07/12/2021 Western Cape LC-A Championship 2021
66*	40.70	L	F	Heike-Louise Hechter	16	BLSS	MAN 08/12/2021 Free State Champs 2021
66*	40.70	L	P	Danielle Joubert	16	BLNE	MAN 29/03/2022 SA Regional SNR & JNR Champs WCA
68	40.86	L	F	Tayla Haslam	16	KLOO	ETH 02/10/2021 Frank Gray Memorial Championships
69	40.91	L	F	Carike Kok	16	TUKS	FSH 10/12/2021 2021 The Tshwane Mayoral Gala
70	40.93	L	F	Karla Vogel	16	RFA	FSH 10/12/2021 2021 The Tshwane Mayoral Gala
71	41.08	L	F	Zoe Padbury	16	SEAL	UMD 17/12/2021 2021 KZNA Premier Provincial
72	41.26	L	F	Anika Rabie	16	SEAL	UMD 03/12/2021 WSC & Seals Summer LC Champs 2021
73	41.32	L	F	Jodi Dos Santos	16	NHS	EZD 05/11/2021 MP TOP SCHOOLS HIGH SCHOOLS 5
74	41.62	L	P	Elza De Kock	16	AGAQ	QBD 17/03/2022 SA Level 3 Regional Age Group
75	41.63	L	F	Kayla Viljoen	16	AACTA	CPT 19/02/2022 CTA QUALIFYING MEET 6 -
76	41.75	L	F	Teniek Greyling	16	HARB	BPD 02/10/2021 Frank Gray Memorial Championships
77	41.78	L	F	Melindie Van Rensburg	16	UNI	EZD 03/12/2021 Mpumalanga Championships 2021
78	41.92	L	F	Somikazi Qwemesha	16	CYBE	CPT 22/03/2022 SA Level 2 Regional Age Group
79	42.03	L	F	Rachael Dart	16	SRAY	BUF 18/03/2022 SA Level 2 Regional Age Group Champs
80	42.04	L	P	Paige Mills	16	DRGN	EKU 09/12/2021 EGA Summer Champs 2021
81	42.06	L	F	Caitlin Smit	16	CSC	FSH 10/12/2021 2021 The Tshwane Mayoral Gala
82*	42.16	L	F	Liya Venter	16	BLMA	CPT 30/10/2021 CANA Virtual Swimming Championships
82*	42.16	L	F	Chara Green	16	AAS	JHB 03/12/2021 CGA LC Summer Champs - Level3+
84	42.20	L	F	Christina Sauerman	16	SEAL	UMD 17/12/2021 2021 KZNA Premier Provincial
85	42.31	L	P	Zoe Stock	16	MDOL	EKU 09/12/2021 EGA Summer Champs 2021
86	42.32	L	F	Keila Manthe	16	TUKS	FSH 24/09/2021 NTS Age Group September SANJ+
87	42.39	L	F	Jada Coetzee	16	FISH	EDD 19/11/2021 Eden LC Champs 2021
88	42.44	L	F	Skyla Schroll	16	NWUC	KKD 08/12/2021 NWS Championships 2020/2021
89	42.46	L	F	Kate Meyburgh	16	INFA	NMA 10/12/2021 NMBA Championships 2021
90*	42.86	L	F	Alicia Kleingeld	16	ZASC	FSH 10/12/2021 2021 The Tshwane Mayoral Gala
90*	42.86	L	F	Abigail Powell	16	ROA	EDD 19/11/2021 Eden LC Champs 2021
92	42.97	L	F	Madison Meyer	16	ESP	EKU 12/11/2021 EGA Summer 4
93	43.16	L	P	Jasmine Erasmus	16	NWUC	KKD 08/12/2021 NWS Championships 2020/2021
94	43.30	L	F	Celine Hamman	QR	PSA	ZLD 04/12/2021 Stingrays Swim Club Championships
95	43.36	L	F	Nicole Bantom	16	SSISA	CPT 30/10/2021 CANA Virtual Swimming Championships
96	43.71	L	F	Kaylin Visser	16	BLSS	MAN 28/10/2021 Neptune Prestige Gala
97	43.81	L	F	Caitlin Rossouw	16	SEAL	UMD 03/12/2021 WSC & Seals Summer LC Champs 2021
98	44.09	L	F	Jamie Hains	16	INFA	NMA 10/12/2021 NMBA Championships 2021
99	44.18	L	F	Luané Engelbrecht	16	TUKS	FSH 10/12/2021 2021 The Tshwane Mayoral Gala
100	44.20	L	P	Ashleigh Witney	16	PGAC	EKU 09/12/2021 EGA Summer Champs 2021
101	44.50	L	P	Ashley Jansen van Vuuren	16	CSA	EZD 03/12/2021 Mpumalanga Championships 2021
102	44.54	L	P	Shaina Adriaan	16	TYGE	CPT 22/03/2022 SA Level 2 Regional Age Group
103	44.60	L	P	Mari Kemp	16	SWAR	WCD 17/03/2022 SA Level 3 Regional Age Group
104	44.69	L	P	Yedidah Theron	16	ROA	EDD 17/03/2022 SA Level 3 Regional Age Group
105	45.07	L	F	Marguerite Naude	16	AFIN	JHB 22/10/2021 NTS October Level 1-3 Age Group
106	45.10	L	P	Mia Neilson	16	WATR	JHB 03/12/2021 CGA LC Summer Champs - Level3+
107	45.18	L	P	Gemma Kirsten	16	BLNE	MAN 17/03/2022 SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
108	45.19 L	F	Anika Van Der Bank	16	UPSK	22/03/2022	SA Level 2 Regional Age Group Champs
109	45.34 L	F	Jamie-Lee Van Den Heever	16	BAS EKV	12/11/2021	EGA Summer 4
110	45.51 L	F	Victoria Baigent	16	ESTR EKV	12/11/2021	EGA Summer 4
111	45.56 L	F	Busisiwe Mogadima	16	SOUL EKV	09/12/2021	EGA Summer Champs 2021
112	45.61 L	F	Erin Anders	16	MARL CPT	08/10/2021	40th Freda Barnard Invitational Gala
113	45.78 L	F	Awande Mlangeni	16	ONYX EKV	17/10/2021	2021 AG Swim Stars Champs & OR
114	45.85 L	F	Adelia Schonken	16	SS MPD	16/10/2021	Limpopo Age Group 4
115	46.06 L	F	Anmi Esbach	16	RFA TSH	14/01/2022	NTS January 2022 Combined Age Group
116	46.18 L	F	Saffron Tweedie	16	PEAS NMA	10/12/2021	NMBA Championships 2021
117	46.46 L	F	Leigh Jonkers	16	BCA BUF	15/01/2022	EDEN INTER DISTRICT PRESTIGE
118	46.49 L	P	Aimee Blackler	16	ESTR EKV	09/12/2021	EGA Summer Champs 2021
119	46.56 L	F	Kaitlyn Immelman	16	ESP EKV	06/03/2022	SSA Regional Level 1 Championships
120	46.60 L	F	Bianca Kleingeld	16	ZASC TSH	22/10/2021	NTS October Level 1-3 Age Group
121	46.63 L	F	Emma Van Der Westhuysen	16	FISH EDD	19/11/2021	Eden LC Champs 2021
122	46.68 L	F	Mareen van der Merwe	16	TUKS TSH	17/10/2021	2021 AG Swim Stars Champs & OR
123	46.92 L	F	Emma Beyers	16	PENC EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
124	47.02 L	F	Michiela Herbst	16	MSC NGD	21/01/2022	MP AGE GROUP 4 GALA 21 - 22
125	47.30 L	F	Demi Plath	16	NHS EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
126	47.37 L	F	Kimberley Howes	16	HARB BPD	16/10/2021	NWS Age Group 1&2
127	47.65 L	P	Jade Westley	16	H2O EKV	09/12/2021	EGA Summer Champs 2021
128	47.67 L	P	Bea Calitz	16	BLNE MAN	08/12/2021	Free State Champs 2021
129	47.80 L	F	Tharien Venter	16	BLUO UGD	11/03/2022	SA Level 2 Regional Age Group
130	47.81 L	F	Alexia Michalopoulos	16	RFA TSH	08/10/2021	NTS October Combined Age Group
131	47.83 L	F	Shirley Mlotshwa	16	ATTE TSH	18/02/2022	NTS Combined February Age Group
132	47.86 L	F	Olwethu Ndlovu	16	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
133	48.14 L	F	Tylor Nel	16	SS MPD	16/10/2021	Limpopo Age Group 4
134	48.28 L	F	Caitlin De Freitas	16	DRGN EKV	28/01/2022	EGA Last Chance Gala
135	48.31 L	F	Isabel Swart	16	CUDU CPT	30/10/2021	CANA Virtual Swimming Championships
136	48.60 L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022	Limpopo Champs
137	48.68 L	F	Amarah Koeberg	16	WSTV ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
138	48.85 L	F	Josephine Liebenberg	16	LALE CED	13/11/2021	Winelands SL Final
139	49.04 L	F	Nombuso Mente	16	SOWE JHB	17/10/2021	2021 AG Swim Stars Champs & OR
140	49.60 L	F	Kayleigh De Jong	16	CUDU CPT	19/02/2022	CTA QUALIFYING MEET 6 -
141	49.77 L	P	Talisa Rademeyer	16	SWIFT EKV	09/12/2021	EGA Summer Champs 2021
142	50.04 L	F	Atiyah Valli	16	ATLA JHB	17/10/2021	2021 AG Swim Stars Champs & OR
143	50.15 L	P	Sasha Naidoo	16	VINE CPT	22/03/2022	SA Level 2 Regional Age Group
144	50.28 L	F	Dheashna Govender	16	PHOE JHB	03/12/2021	WSC & Seals Summer LC Champs 2021
145	50.54 L	F	Simone Nel	16	SS MPD	12/02/2022	Limpopo Champs
146	50.65 L	F	Maria Burger	16	KALA	13/11/2021	Kalahari Classic Gala 2021
147	50.95 L	F	Amy Marks	16	ELEC JHB	06/11/2021	OR TAMBO Soncini 2021
148	51.43 L	F	Emily Van Eeden	16	WOAQ CED	13/11/2021	Winelands SL Final
149	51.57 L	F	Xandri Botha	16	UNI EZD	29/10/2021	CANA Virtual Swimming Championships
150	51.89 L	F	Mesha-Lee Iveson	16	PRIO NMA	19/02/2022	EC Provincial Schools Gala
151	52.11 L	F	Morgan Ehmke	16	GSA CPT	08/10/2021	40th Freda Barnard Invitational Gala
152	52.34 L	F	Bianca Taljaard	16	PRA NGD	05/03/2022	SSA LEVEL 1 PROVINCIAL SWIM 2022
153	52.69 L	F	Saffron Brown	16	DSGA NMA	19/02/2022	EC Provincial Schools Gala
154	53.46 L	F	Amy De Bruyn	16	CUR EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
155	53.69 L	F	Ayanda JNR Metsing	16	SOWE JHB	17/10/2021	2021 AG Swim Stars Champs & OR
156	53.98 L	F	Michaela Mentos	16	H2O EKV	06/03/2022	SSA Regional Level 1 Championships
157	54.24 L	F	Johane Fourie	16	UPSK	21/01/2022	Flamingo Gala 2022
158	55.74 L	P	Nachke Van Der Walt	16	FROS MAN	08/12/2021	Free State Champs 2021
159	56.06 L	F	Caroli Rossouw	16	KALA	13/11/2021	Kalahari Classic Gala 2021
160	56.63 L	F	Laxmini Patel	16	WOAQ CED	13/11/2021	Winelands SL Final
161	59.98 L	F	Reitumetse Phalakatsela	16	ATTE TSH	06/03/2022	SSA Regional Level 1 Championships
162	1:04.51 L	F	Bianca Beukes	16	SOUL EKV	28/01/2022	EGA Last Chance Gala
Women 16 - 16 100 Breast							
1	1:13.14 L	F	Georgia Carstens	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	1:13.45 L	F	Morgan Cope	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
3	1:14.65 L	F	Mikaela Goelst	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
4	1:15.21	L	F	Carmia Hartman	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	1:15.48	L	F	Amy Robson-Garth	16	AGA	EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
6	1:16.21	L	F	Nicola Hartman	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
7	1:16.44	L	P	Zoe Terblanche	16	RFA	FSH	15/12/2021	NTS Championships 2021
8	1:16.56	L	F	Michaela Dal Medico	16	TUKS	FSH	28/05/2021	Grand Prix No 4 Durban May 2021
9	1:16.63	L	P	Kirsten Storm	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
10	1:16.84	L	P	Isabelle Barrow	16	AA	JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet
11	1:17.30	L	P	Cara Ralfe	16	SEAL	UMD	28/05/2021	Grand Prix No 4 Durban May 2021
12	1:17.33	L	P	Caitlin Ruane	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
13	1:17.54	L	F	Emma Terblanche	AR	BLOT	MAN	08/10/2021	Super Seals Prestige Gala
14	1:18.08	L	F	Morgan Pharoah	16	TUKS	FSH	05/11/2021	NTS Prestige Gala 2021
15	1:18.19	L	F	Amy Muller	16	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
16	1:18.68	L	F	Caitlin Rademakers	16	INFA	NMA	12/11/2021	PEA Winter Gala Take 2
17	1:18.88	L	F	Ashley Ebing	16	WSTV	ETH	17/12/2021	2021 KZNA Premier Provincial
18	1:19.51	L	P	Samantha Lowman	16	AA	JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet
19	1:19.60	L	F	Annette Greyling	16	CRSC	JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
20	1:20.37	L	F	Amber Landskron	16	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
21	1:20.82	L	P	Lara De Beer	16	BENS	EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
22	1:21.04	L	F	Amber Olsen	16	RSA		14/04/2022	CANA Zone IV
23	1:21.84	L	F	Mia Nortjè	16	CYBE	CPT	07/12/2021	Western Cape LC-A Championship 2021
24	1:22.19	L	F	Jane Lewis	16	SGUL	ETH	30/10/2021	CANA Virtual Swimming Championships
25	1:22.57	L	F	Annè Sabbagha	16	PAQU	GED	13/11/2021	Winelands SL Final
26	1:22.62	L	F	Isabella Reynolds	16	ELEC	JHB	03/12/2021	CGA LC Summer Champs - Level3+
27	1:23.06	L	P	Lucy Friedenthal	16	UNI	EZD	29/03/2022	SA Regional Aquatic Champs 2022- NT
28	1:23.29	L	F	Demi Jacobs	16	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
29	1:23.55	L	F	Robyn Hough	16	CTA	CPT	15/01/2022	EDEN INTER DISTRICT PRESTIGE
30	1:23.66	L	F	Janke Fourie	16	PAC	FSH	22/10/2021	NTS October Level 1-3 Age Group
31	1:23.77	L	P	Anje Van Papendorp	16	TUKS	FSH	15/12/2021	NTS Championships 2021
32	1:23.89	L	F	Livia Bisschops	16	AA	JHB	03/12/2021	CGA LC Summer Champs - Level3+
33	1:24.28	L	P	Melissa Martens	16	SEAL	UMD	18/02/2022	2022 Grand Prix 2 Invitational Meet
34	1:24.38	L	F	Ninah Wedderburn	16	BLTA	NMA	25/02/2022	Infinity Gala
35	1:24.69	L	F	Cara Van Der Bijl	16	BLNE	MAN	23/10/2021	Otters Prestige Gala 2021
36	1:25.08	L	F	Emma Lauf	16	WSS	FDD	25/02/2022	Gauteng Schools Championships 2022
37	1:25.24	L	F	Sarah West	16	QUIC	CPT	29/03/2022	SA Regional SNR & JNR Champs WCA
38	1:25.70	L	F	Juliet Walsh	16	SAAW	CPT	30/10/2021	CANA Virtual Swimming Championships
39	1:26.00	L	F	Calista Mackenzie	16	ELRAS	WBD	12/02/2022	Limpopo Champs
40	1:26.12	L	F	Grace Daly	16	TUKS	FSH	28/01/2022	NTS February Age Group 15 & Over
41	1:26.60	L	F	Nurul-Huda Samaai	16	MARL	CPT	17/03/2022	SA Level 3 Regional Age Group
42	1:26.61	L	P	Zelmarie Levin	16	ETTN	EKU	09/12/2021	EGA Summer Champs 2021
43	1:27.00	L	F	Rachel Van Tooren	16	AAS	JHB	03/12/2021	CGA LC Summer Champs - Level3+
44	1:27.05	L	F	Sharne Steele	16	WSS	FDD	25/02/2022	Gauteng Schools Championships 2022
45	1:27.13	L	F	Mienke Herbst	16	SAAW	CPT	29/03/2022	SA Regional SNR & JNR Champs WCA
46	1:27.32	L	F	Zoë Josephs	16	ASAW	GED	04/12/2021	CTA Qualifying Meet
47	1:27.35	L	F	Petro Marié Fourie	16	FISH	EDD	17/03/2022	SA Level 3 Regional Age Group
48	1:27.64	L	F	Heike-Louise Hechter	16	BLSS	MAN	08/12/2021	Free State Champs 2021
49	1:28.11	L	F	Tayla Haslam	16	KLOO	ETH	02/10/2021	Frank Gray Memorial Championships
50	1:28.35	L	P	Danielle Heyes	16	GSA	CPT	07/12/2021	Western Cape LC-A Championship 2021
51	1:28.46	L	F	Carike Kok	16	TUKS	FSH	10/12/2021	2021 The Tshwane Mayoral Gala
52	1:28.69	L	F	Nirvana Borrageiro	16	AZON	ETH	17/12/2021	2021 KZNA Premier Provincial
53	1:28.70	L	P	Kaylin Visser	16	BLSS	MAN	08/12/2021	Free State Champs 2021
54	1:28.77	L	F	Eleni Zigiriadis	16	TUKS	FSH	17/09/2021	NTS Age group September Level 2+3
55*	1:28.91	L	F	Meredith O'Tool	16	WELA	FDD	08/12/2021	Free State Champs 2021
55*	1:28.91	L	F	Julia Griffioen	16	HARB	BPD	16/10/2021	NWS Age Group 1&2
57	1:28.96	L	F	Chloe Vd Merwe	16	ASAC	CPT	17/03/2022	SA Level 3 Regional Age Group
58	1:29.13	L	F	Jemma van der Merwe	16	CSC	FSH	08/10/2021	NTS October Combined Age Group
59	1:29.37	L	F	Kate Meyburgh	16	INFA	NMA	25/02/2022	Infinity Gala
60	1:29.40	L	F	Sara Daniels	16	AACTA	CPT	12/11/2021	Swartland Invitational Gala 2021
61	1:29.44	L	F	Miche Johns	16	BLNE	MAN	06/11/2021	Heidedal Gala
62*	1:29.50	L	F	Charllize De Villiers	16	PRKA	PS	05/02/2022	NCASA Sprints Gala 2022

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
62*	1:29.50	L	F	Emma Hamman	16	FAAC FB	08/12/2021 Champs 2021
64	1:30.25	L	P	Larique Joubert	16	LP CCD	26/03/2022 SA Schools Swimming Championship
65	1:30.59	L	F	Erin Kisten	16	MDOL EKU	28/01/2022 EGA Last Chance Gala
66	1:30.72	L	F	Symóne Steyn	16	TLAC BPD	08/12/2021 NWS Championships 2020/2021
67	1:30.88	L	F	Karla Vogel	16	RFA TSH	10/12/2021 2021 The Tshwane Mayoral Gala
68	1:30.97	L	F	Nicole Bantom	16	SSISA CPT	04/12/2021 CTA Qualifying Meet
69	1:31.39	L	F	Jayda Collett	16	TUKS TSH	08/10/2021 NTS October Combined Age Group
70	1:31.71	L	F	Keila Manthe	16	TUKS TSH	22/10/2021 NTS October Level 1-3 Age Group
71	1:31.94	L	P	Zoe Stock	16	MDOL EKU	09/12/2021 EGA Summer Champs 2021
72	1:32.09	L	F	Roslyn Joseph	16	TUKS TSH	10/12/2021 2021 The Tshwane Mayoral Gala
73	1:32.56	L	F	Anika Rabie	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
74	1:32.67	L	F	Josi Arnold	16	HARL BUF	27/11/2021 BCA November Age Group Gala 2021
75	1:32.70	L	F	Caitlin Smit	16	CSC TSH	10/12/2021 2021 The Tshwane Mayoral Gala
76	1:32.83	L	P	Elza De Kock	16	AGAQ OBD	17/03/2022 SA Level 3 Regional Age Group
77	1:32.97	L	F	Alexandra Caldwell	16	RAV EKU	18/09/2021 EGA Summer 1
78	1:33.25	L	F	Thinica Mc Anda	16	BLSS MAN	08/12/2021 Free State Champs 2021
79	1:33.41	L	F	Courtney Smith	16	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
80	1:33.65	L	F	Ami Pirie	16	QUIC CPT	30/10/2021 CANA Virtual Swimming Championships
81	1:33.88	L	F	Abigail Powell	16	ROA EDD	19/11/2021 Eden LC Champs 2021
82	1:34.12	L	F	Skyla Schroll	16	NWUC KKD	17/03/2022 SA Level 3 Regional Age Group
83	1:34.20	L	P	Jasmine Erasmus	16	NWUC KKD	17/03/2022 SA Level 3 Regional Age Group
84	1:34.36	L	F	Christina Sauerman	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
85	1:35.18	L	F	Somikazi Qwemesha	16	CYBE CPT	22/03/2022 SA Level 2 Regional Age Group
86	1:35.25	L	F	Kayla Viljoen	16	AACTA CPT	19/02/2022 CTA QUALIFYING MEET 6 -
87	1:35.29	L	F	Madison Meyer	16	ESP EKU	22/10/2021 EGA Summer 3
88	1:35.35	L	F	Luané Engelbrecht	16	TUKS TSH	10/12/2021 2021 The Tshwane Mayoral Gala
89	1:36.18	L	F	Jamie Hains	16	INFA NMA	10/12/2021 NMBA Championships 2021
90	1:36.53	L	F	Catherine Rowan	16	SGUL ETH	17/12/2021 2021 KZNA Premier Provincial
91	1:36.69	L	P	Ashleigh Witney	16	PGAC EKU	09/12/2021 EGA Summer Champs 2021
92	1:36.75	L	P	Paige Mills	16	DRGN EKU	09/12/2021 EGA Summer Champs 2021
93*	1:36.83	L	F	Zodea Jacobie	16	SUPE JHB	03/12/2021 CGA LC Summer Champs - Level 2
93*	1:36.83	L	P	Erin Anders	16	MARL CPT	17/03/2022 SA Level 3 Regional Age Group
95	1:36.89	L	P	Gemma Kirsten	16	BLNE MAN	17/03/2022 SA Level 3 Regional Age Group
96	1:37.84	L	F	Imogen Rushton	16	PSCP UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
97	1:38.00	L	F	Caitlin Rossouw	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
98	1:38.04	L	F	Mari Kemp	16	SWAR WCD	12/11/2021 Swartland Invitational Gala 2021
99*	1:38.14	L	F	Aimee Blackler	16	ESTR EKU	18/02/2022 EGA Lets Race 2022
99*	1:38.14	L	F	Rachael Dart	16	SRAY BUF	18/03/2022 SA Level 2 Regional Age Group Champs
101	1:38.26	L	F	Alicia Kleingeld	16	ZASC TSH	22/10/2021 NTS October Level 1-3 Age Group
102	1:38.66	L	F	Awande Mlangeni	16	ONYX EKU	28/01/2022 EGA Last Chance Gala
103	1:39.31	L	F	Shaina Adriaan	16	TYGE CPT	22/03/2022 SA Level 2 Regional Age Group
104	1:40.71	L	F	Dina Van Rensburg	16	SASOL FDD	11/02/2022 NW Last Chance
105	1:41.20	L	F	Emma Van Der Westhuysen	16	FISH EDD	19/11/2021 Eden LC Champs 2021
106	1:41.33	L	F	Leigh Jonkers	16	BCA BUF	15/01/2022 EDEN INTER DISTRICT PRESTIGE
107	1:41.60	L	F	Cayla Visser	16	BLSS MAN	08/10/2021 Super Seals Prestige Gala
108	1:41.61	L	F	Anika Van Der Bank	16	UPSK	22/03/2022 SA Level 2 Regional Age Group Champs
109	1:41.87	L	F	Kaitlyn Immelman	16	ESP EKU	06/03/2022 SSA Regional Level 1 Championships
110	1:41.97	L	F	Dina Jansen van Rensburg	16	SASOL FDD	13/11/2021 NWS Age Group 3 2021/22
111	1:42.00	L	F	Yamahlubi Radebe	16	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
112	1:42.33	L	F	Keira Booth	16	SS MPD	06/11/2021 Limpopo Age Group 5
113	1:42.68	L	F	Bianca Kleingeld	16	ZASC TSH	10/12/2021 2021 The Tshwane Mayoral Gala
114	1:42.90	L	F	Adelia Schonken	16	SS MPD	16/10/2021 Limpopo Age Group 4
115	1:43.41	L	P	Busisiwe Mogadima	16	SOUL EKU	09/12/2021 EGA Summer Champs 2021
116	1:43.54	L	F	Saffron Tweedie	16	PEAS NMA	10/12/2021 NMBA Championships 2021
117	1:43.62	L	F	Celine Hamman	QR	PSA ZLD	05/03/2022 KCDA Level 2 Champs 2022
118	1:43.83	L	F	Michiela Herbst	16	MSC NGD	21/01/2022 MP AGE GROUP 4 GALA 21 - 22
119	1:44.16	L	F	San-Mari Van der Walt	16	DDA TSH	08/10/2021 NTS October Combined Age Group
120	1:44.64	L	F	Anna Victor	16	UNI EZD	15/10/2021 MP AGE GROUP 2 - 15-16 October
121	1:45.08	L	F	Mareen van der Merwe	16	TUKS TSH	17/10/2021 2021 AG Swim Stars Champs & OR

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
122	1:45.43 L	P	Jade Westley	16	H2O EKU	09/12/2021	EGA Summer Champs 2021
123	1:45.50 L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022	Limpopo Champs
124	1:45.75 L	F	Victoria Baigent	16	ESTR EKU	22/10/2021	EGA Summer 3
125	1:46.06 L	F	Alexia Michalopoulos	16	RFA TSH	17/09/2021	NTS Age group September Level 2+3
126	1:46.22 L	P	Anna Pretorius	16	AGAQ OBD	22/03/2022	SA Level 2 Regional Age Group
127	1:47.33 L	P	Talisa Rademeyer	16	SWIFT EKU	09/12/2021	EGA Summer Champs 2021
128	1:48.43 L	F	Shirley Mlotshwa	16	ATTE TSH	06/11/2021	OR TAMBO Soncini 2021
129	1:48.62 L	F	Olwethu Ndlovu	16	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
130	1:50.18 L	F	Bianca Taljaard	16	PRA NGD	05/03/2022	SSA LEVEL 1 PROVINCIAL SWIM 2022
131	1:51.46 L	F	Bea Calitz	16	BLNE MAN	08/12/2021	Free State Champs 2021
132	1:51.48 L	F	Sasha Naidoo	16	VINE CPT	19/02/2022	CTA QUALIFYING MEET 6 -
133	1:51.64 L	F	Maria Burger	16	KALA	08/12/2021	Champs 2021
134	1:52.03 L	F	Emily Van Eeden	16	WOAQ CED	13/11/2021	Winelands SL Final
135	1:52.11 L	F	Amarah Koeberg	16	WSTV ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
136	1:52.29 L	F	Atiyyah Valli	16	ATLA JHB	17/10/2021	2021 AG Swim Stars Champs & OR
137	1:52.89 L	F	Awande Mdlalose	16	CSC TSH	17/09/2021	NTS Age group September Level 2+3
138	1:53.60 L	F	Dheashna Govender	16	PHOE JHB	03/12/2021	WSC & Seals Summer LC Champs 2021
139	1:55.15 L	F	Michaela Mentos	16	H2O EKU	18/02/2022	EGA Lets Race 2022
140	1:59.97 L	F	Mihlali Fokazi	16	BLMA CPT	19/02/2022	CTA QUALIFYING MEET 6 -
141	2:00.00 L	F	Mesha-Lee Iveson	16	PRIO NMA	19/02/2022	EC Provincial Schools Gala
142	2:03.16 L	F	Ayanda JNR Metsing	16	SOWE JHB	17/10/2021	2021 AG Swim Stars Champs & OR
143	2:04.91 L	F	Johane Fourie	16	UPSK	05/02/2022	NCASA Sprints Gala 2022
144	2:10.53 L	P	Nachke Van Der Walt	16	FROS MAN	08/12/2021	Free State Champs 2021
Women 16 - 16 200 Breast							
1	2:41.21 L	F	Georgia Carstens	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
2	2:42.83 L	F	Michaela Dal Medico	16	TUKS TSH	15/12/2021	NTS Championships 2021
3	2:43.13 L	F	Kirsten Storm	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
4	2:43.19 L	F	Morgan Pharoah	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	2:45.79 L	F	Morgan Cope	16	GSA CPT	07/12/2021	Western Cape LC-A Championship 2021
6	2:46.60 L	F	Amy Robson-Garth	16	AGA EKU	06/04/2022	SA National Aquatic SNR-JNR Champ
7	2:48.56 L	F	Caitlin Ruane	16	TUKS TSH	15/12/2021	NTS Championships 2021
8	2:49.21 L	F	Mikaela Goelst	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
9	2:49.72 L	P	Carmia Hartman	16	RFA TSH	18/02/2022	2022 Grand Prix 2 Invitational Meet
10	2:49.94 L	F	Cara Ralfe	16	SEAL UMD	28/05/2021	Grand Prix No 4 Durban May 2021
11	2:50.10 L S	F	Isabelle Barrow	16	AA JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
12	2:50.20 L	F	Zoe Terblanche	16	RFA TSH	15/12/2021	NTS Championships 2021
13	2:50.97 L	P	Nicola Hartman	16	RFA TSH	18/02/2022	2022 Grand Prix 2 Invitational Meet
14	2:51.04 L	F	Samantha Lowman	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
15	2:52.62 L	F	Caitlin Rademakers	16	INFA NMA	10/12/2021	NMBA Championships 2021
16	2:52.73 L S	F	Emma Terblanche	AR	BLOT MAN	08/12/2021	Free State Champs 2021
17	2:53.44 L	F	Mia Nortjè	16	CYBE CPT	07/12/2021	Western Cape LC-A Championship 2021
18	2:55.09 L	P	Robyn Hough	16	ECA NMA	06/04/2022	SA National Aquatic SNR-JNR Champ
19	2:55.74 L S	F	Lara De Beer	16	BENS EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
20	2:57.52 L	F	Demi Jacobs	16	TUKS TSH	18/02/2022	NTS Combined February Age Group
21	2:57.66 L S	F	Grace Daly	16	TUKS TSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
22	2:58.44 L	P	Ashley Ebing	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
23	2:59.08 L	P	Amber Landskron	16	TUKS TSH	15/12/2021	NTS Championships 2021
24	2:59.11 L	P	Anje Van Papendorp	16	TUKS TSH	15/12/2021	NTS Championships 2021
25	2:59.77 L	F	Amber Olsen	16	RSA	14/04/2022	CANA Zone IV
26	3:00.22 L	P	Annette Greyling	16	CRSC JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet
27	3:00.68 L S	F	Sarah West	16	QUIC CPT	29/03/2022	SA Regional SNR & JNR Champs WCA
28	3:01.50 L	F	Annè Sabbagha	16	PAQU CED	13/11/2021	Winelands SL Final
29	3:02.65 L	F	Emma Hamman	16	FAAC FB	08/12/2021	Champs 2021
30	3:02.99 L	F	Zelmarie Levin	16	TUKS TSH	18/02/2022	NTS Combined February Age Group
31	3:03.02 L	F	Lucy Friedenthal	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
32	3:03.50 L	F	Emma Lauf	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
33	3:03.54 L	F	Isabella Reynolds	16	ELEC JHB	18/02/2022	NTS Combined February Age Group
34	3:03.84 L	P	Melissa Martens	16	SEAL UMD	18/02/2022	2022 Grand Prix 2 Invitational Meet
35	3:04.37 L	P	Janke Fourie	16	PAC TSH	15/12/2021	NTS Championships 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
36	3:05.22	L S	F	Kaylin Visser	16	BLSS MAN	08/12/2021 Free State Champs 2021
37	3:05.35	L	F	Mienke Herbst	16	SAAW CPT	30/10/2021 CANA Virtual Swimming Championships
38	3:05.80	L	P	Juliet Walsh	16	SAAW CPT	07/12/2021 Western Cape LC-A Championship 2021
39	3:08.24	L	F	Zoë Josephs	16	ASAW CED	04/12/2021 CTA Qualifying Meet
40	3:09.93	L	F	Nurul-Huda Samaai	16	MARL CPT	17/03/2022 SA Level 3 Regional Age Group
41	3:09.96	L	F	Cara Van Der Bijl	16	BLNE MAN	28/10/2021 Neptune Prestige Gala
42	3:10.13	L	F	Carike Kok	16	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
43	3:10.23	L	F	Rachel Van Tooren	16	AAS JHB	03/12/2021 CGA LC Summer Champs - Level3+
44	3:10.32	L	F	Ninah Wedderburn	16	BLTA NMA	17/03/2022 SA Level 3 Regional Age Group
45	3:10.40	L	F	Petro Marié Fourie	16	FISH EDD	17/03/2022 SA Level 3 Regional Age Group
46	3:12.04	L	F	Zoe Padbury	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
47	3:12.44	L	F	Jane Lewis	16	SGUL ETH	29/01/2022 EDA Age Group Gala 4
48	3:13.57	L	F	Jenny Zhang	16	EAGA CCD	16/10/2021 Limpopo Age Group 4
49	3:13.70	L	F	Calista Mackenzie	16	ELRAS WBD	12/02/2022 Limpopo Champs
50	3:13.79	L	F	Courtney Smith	16	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
51	3:14.56	L	F	Charlize De Villiers	16	PRKA PS	17/03/2022 SA Level 3 Regional Age Group
52	3:16.01	L	F	Jemma van der Merwe	16	CSC FSH	17/09/2021 NTS Age group September Level 2+3
53	3:16.38	L	F	Karla Vogel	16	RFA FSH	10/12/2021 2021 The Tshwane Mayoral Gala
54	3:16.69	L	F	Larique Joubert	16	TASC MPD	16/10/2021 Limpopo Age Group 4
55	3:16.78	L S	F	Heike-Louise Hechter	16	BLSS MAN	08/12/2021 Free State Champs 2021
56	3:17.51	L	F	Erin Kisten	16	MDOL EKU	18/02/2022 EGA Lets Race 2022
57	3:17.83	L	F	Caitlin Smit	16	CSC FSH	10/12/2021 2021 The Tshwane Mayoral Gala
58	3:17.91	L	F	Chloe Vd Merwe	16	ASAC CPT	30/10/2021 CANA Virtual Swimming Championships
59	3:18.62	L	F	Julia Griffioen	16	HARB BPD	17/03/2022 SA Level 3 Regional Age Group
60	3:19.24	L	F	Luané Engelbrecht	16	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
61	3:19.72	L	F	Abigail Powell	16	ROA EDD	19/11/2021 Eden LC Champs 2021
62	3:20.45	L S	F	Zoe Stock	16	MDOL EKU	09/12/2021 EGA Summer Champs 2021
63	3:20.86	L	F	Ami Pirie	16	QUIC CPT	30/10/2021 CANA Virtual Swimming Championships
64	3:20.92	L	F	Roslyn Joseph	16	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
65	3:21.39	L	F	Christina Sauerman	16	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group
66	3:23.42	L S	F	Skylla Schroll	16	NWUC KKD	08/12/2021 NWS Championships 2020/2021
67	3:23.76	L	F	Anika Rabie	16	SEAL UMD	17/03/2022 SA Level 3 Regional Age Group
68	3:24.79	L	F	Sara Daniels	16	AACTA CPT	19/02/2022 CTA QUALIFYING MEET 6 -
69	3:24.81	L	F	Nicole Bantom	16	SSISA CPT	30/10/2021 CANA Virtual Swimming Championships
70	3:25.41	L	P	Elza De Kock	16	AGAQ OBD	17/03/2022 SA Level 3 Regional Age Group
71	3:27.42	L	F	Jasmine Erasmus	16	NWUC KKD	17/03/2022 SA Level 3 Regional Age Group
72	3:28.78	L	F	Erin Anders	16	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
73	3:32.08	L	P	Mari Kemp	16	SWAR WCD	17/03/2022 SA Level 3 Regional Age Group
74	3:32.62	L	F	Thinica Mc Anda	16	BLSS MAN	28/10/2021 Neptune Prestige Gala
75	3:33.26	L	F	Mia Neilson	16	WATR JHB	03/12/2021 CGA LC Summer Champs - Level3+
76	3:34.03	L	F	Kayla Viljoen	16	AACTA CPT	19/02/2022 CTA QUALIFYING MEET 6 -
77	3:34.63	L	F	Aimee Blackler	16	ESTR EKU	18/02/2022 EGA Lets Race 2022
78	3:35.85	L	F	Yedidah Theron	16	ROA EDD	12/02/2022 EDEN 5th A-League Gala 2022
79	3:37.28	L	F	Adelia Schonken	16	SS MPD	06/11/2021 Limpopo Age Group 5
80	3:37.31	L	F	Cayla Visser	16	BLSS MAN	28/10/2021 Neptune Prestige Gala
81	3:37.42	L	F	Leigh Jonkers	16	PRIO NMA	19/02/2022 EC Provincial Schools Gala
82	3:37.97	L	F	Anika Van Der Bank	16	UPSK	08/12/2021 Champs 2021
83	3:39.52	L	F	Alicia Kleingeld	16	ZASC FSH	22/10/2021 NTS October Level 1-3 Age Group
84	3:40.21	L	F	Bianca Kleingeld	16	ZASC FSH	22/10/2021 NTS October Level 1-3 Age Group
85	3:48.00	L S	P	Jade Westley	16	H2O EKU	09/12/2021 EGA Summer Champs 2021
86	3:49.85	L	F	Awande Mlangeni	16	ONYX EKU	28/01/2022 EGA Last Chance Gala
87	3:49.99	L	F	Emma Van Der Westhuysen	16	FISH EDD	30/10/2021 CANA Virtual Swimming Championships
88	3:51.62	L	F	Isabel Swart	16	CUDU CPT	30/10/2021 CANA Virtual Swimming Championships
89	3:53.67	L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022 Limpopo Champs
90	3:55.34	L	F	Shirley Mlotshwa	16	ATTE FSH	10/12/2021 2021 The Tshwane Mayoral Gala
91	3:57.23	L S	P	Busisiwe Mogadima	16	SOUL EKU	09/12/2021 EGA Summer Champs 2021
92	3:57.48	L	F	Maria Burger	16	KALA	08/12/2021 Champs 2021
93	4:02.23	L	F	Dheashna Govender	16	PHOE JHB	03/12/2021 WSC & Seals Summer LC Champs 2021
94	4:06.28	L	F	Nombuso Mente	16	SOWE JHB	17/10/2021 2021 AG Swim Stars Champs & OR

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
95	4:09.73 L	F	Mareen van der Merwe	16	RFA TSH	14/01/2022	NTS January 2022 Combined Age Group	
96	4:20.96 L	F	Ayanda JNR Metsing	16	SOWE JHB	17/10/2021	2021 AG Swim Stars Champs & OR	
Women 16 - 16 50 Fly								
1	28.78 L	F	Ane' Meier	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
2	28.82 L	F	Rachel Groepes	16	RSA	11/10/2021	14th Africa Junior Swimming	
3	29.08 L	F	Amy Muller	16	TUKS TSH	15/12/2021	NTS Championships 2021	
4	29.32 L	F	Scarlett Nichol	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
5	29.39 L	F	Christine Wessels	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
6	29.61 L	F	Tazmyn Robson	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
7	29.65 L	F	Robyn Aaron	16	WSTV ETH	03/12/2021	WSC & Seals Summer LC Champs 2021	
8	29.79 L	F	Morgan Cope	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
9	29.84 L S	F	Liya Venter	16	BLMA CPT	30/10/2021	CANA Virtual Swimming Championships	
10	29.98 L	F	Taylin Alberts	16	TRAZ TSH	15/12/2021	NTS Championships 2021	
11	30.01 L	P	Tayla Haslam	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ	
12	30.07 L	F	Zoe Terblanche	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022	
13	30.12 L	F	Carmia Hartman	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022	
14	30.13 L	F	Alexia Delicado	16	POTC KKD	30/03/2022	SA Regional Aquatic JNR-Senior	
15	30.20 L	P	Jodi Dos Santos	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021	
16	30.23 L	P	Calista Mentz	16	PAC TSH	29/03/2022	SA Regional Aquatic Champs 2022- NT	
17	30.25 L	F	Georgia Carstens	16	TUKS TSH	24/09/2021	NTS Age Group September SANJ+	
18	30.29 L	P	Corne van Schalkwyk	16	AA JHB	03/12/2021	CGA LC Summer Champs - Level3+	
19	30.44 L	F	Payton Brink	16	VINE CPT	07/12/2021	Western Cape LC-A Championship 2021	
20	30.49 L	F	Danielle Joubert	16	BLNE MAN	08/12/2021	Free State Champs 2021	
21	30.67 L	P	Nirvana Borrageiro	16	AZON ETH	30/03/2022	SA Regional Aquatic JNR-Senior	
22	30.68 L	F	Juliet Walsh	16	SAAW CPT	07/12/2021	Western Cape LC-A Championship 2021	
23	30.75 L	P	Alexandra Caldwell	16	RAV EKU	09/12/2021	EGA Summer Champs 2021	
24	30.76 L	F	Emma Peacock	16	WATR JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT	
25	30.89 L	F	Grace De Jongh	16	GSA CPT	07/12/2021	Western Cape LC-A Championship 2021	
26	30.96 L	F	Eryn Casey	16	ACSA ETH	30/03/2022	SA Regional Aquatic JNR-Senior	
27	30.97 L	P	Isabelle Barrow	16	AA JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet	
28	30.99 L	F	Kimberly Ingwe	16	RAV EKU	28/01/2022	EGA Last Chance Gala	
29	31.03 L	F	Meredith O'Tool	16	WELA LLD	30/03/2022	SA Regional Aquatic JNR-Senior	
30	31.10 L	P	Kirsten Storm	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ	
31	31.15 L	F	Amber Lewis	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group	
32	31.21 L	F	Ennes Zietsman	16	PSC TSH	28/01/2022	NTS February Age Group 15 & Over	
33	31.40 L	P	Chloe Gershuny	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ	
34	31.47 L	F	Jozi Nupen	16	CRSC JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT	
35	31.51 L	P	Samantha Lowman	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ	
36	31.52 L	P	Kaela Viljoen	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ	
37*	31.54 L	F	Cara Ralfe	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial	
37*	31.54 L	P	Jade-Ann Le Roux	16	AA JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT	
39	31.57 L	F	Tori Voke	16	VIKI BUF	10/12/2021	BCA Long Course Championships 2021	
40	31.64 L	F	Josi Arnold	16	HARL BUF	17/03/2022	SA Level 3 Regional Age Group	
41	31.76 L	F	Thea Vd Toorn	16	CYBE CPT	17/03/2022	SA Level 3 Regional Age Group	
42	31.77 L	F	Jane Lewis	16	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial	
43	31.79 L	P	Annette Greyling	16	CRSC JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT	
44	31.81 L	P	Ava Rathner	16	SAAW CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet	
45	31.85 L	F	Caitlin Ruane	16	TUKS TSH	15/12/2021	NTS Championships 2021	
46	31.86 L	F	Teegan Pio	16	PEAS NMA	10/12/2021	NMBA Championships 2021	
47	31.91 L	P	Hayley McHarg	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ	
48	31.93 L	F	Caitlin Rademakers	16	INFA NMA	25/02/2022	Infinity Gala	
49	32.01 L	F	Nicola Harcus	16	INFA NMA	20/11/2021	2nd A League Gala 2021	
50	32.21 L	F	Emma Hamman	16	FAAC FB	05/02/2022	NCASA Sprints Gala 2022	
51	32.27 L	P	Michaela Dal Medico	16	AGC TSH	06/04/2022	SA National Aquatic SNR-JNR Champ	
52	32.28 L	P	Cara Van Der Bijl	16	BLNE MAN	08/12/2021	Free State Champs 2021	
53	32.31 L	F	Keila Manthe	16	TUKS TSH	22/10/2021	NTS October Level 1-3 Age Group	
54	32.32 L	F	Nicola Hartman	16	RFA TSH	08/10/2021	NTS October Combined Age Group	
55	32.37 L	F	Nawaal Mia	16	MDOL EKU	09/12/2021	EGA Summer Champs 2021	
56	32.40 L	F	Jana Naude	16	STSC UHD	11/12/2021	KCDA December 2021 Age Group Gala	

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
57	32.46 L	F	Ruby Dixon	16	ASA ILD	29/01/2022	EDA Age Group Gala 4
58	32.59 L	P	Demi Jacobs	16	TUKS FSH	15/12/2021	NTS Championships 2021
59	32.72 L	F	Rachel Guymer	16	RSA	14/04/2022	CANA Zone IV
60	32.76 L	P	Mikaela Goelst	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
61	32.81 L	F	Symóne Steyn	16	NWS	26/03/2022	SA Schools Swimming Championship
62	32.92 L	F	Jemma van der Merwe	16	CSC FSH	17/09/2021	NTS Age group September Level 2+3
63	32.94 L	P	Mischa King	16	GSA CPT	07/12/2021	Western Cape LC-A Championship 2021
64	33.03 L	F	Aidon Naidoo	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial
65*	33.04 L	F	Melissa Martens	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
65*	33.04 L	F	Jordan Zwart	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial
67	33.05 L	F	Eleni Zigiriadis	16	TUKS FSH	17/09/2021	NTS Age group September Level 2+3
68	33.08 L	F	Laranya Naidoo	16	WSTV ETH	17/03/2022	SA Level 3 Regional Age Group
69	33.09 L	F	Miche Johns	16	BLSS MAN	30/03/2022	SA Regional Aquatic JNR-Senior
70	33.19 L	P	Emma Beyers	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
71	33.21 L	F	Melindie Van Rensburg	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
72	33.33 L	F	Caitlyn Gomes	16	ISSC NMD	17/03/2022	SA Level 3 Regional Age Group
73	33.34 L	F	Elza De Kock	16	AGAQ OBD	17/03/2022	SA Level 3 Regional Age Group
74	33.56 L	F	Thinica Mc Anda	16	BLSS MAN	08/10/2021	Super Seals Prestige Gala
75	33.58 L	F	Skye Da Fonseca-Hattingh	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
76*	33.63 L	P	Lara De Beer	16	BENS EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
76*	33.63 L	F	Amy Robson-Garth	16	SOUL EKU	09/12/2021	EGA Summer Champs 2021
78	33.90 L	F	Marguerite Naude	16	AFIN JHB	22/10/2021	NTS October Level 1-3 Age Group
79	33.99 L	F	Petro Marié Fourie	16	FISH EDD	19/11/2021	Eden LC Champs 2021
80	34.05 L	F	Isabella Reynolds	16	ELEC JHB	03/12/2021	CGA LC Summer Champs - Level3+
81	34.06 L	F	Madison Meyer	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022
82	34.07 L	F	Roslyn Joseph	16	TUKS FSH	10/12/2021	2021 The Tshwane Mayoral Gala
83	34.12 L	F	Caitlin Rossouw	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
84	34.22 L	F	Nurul-Huda Samaai	16	MARL CPT	12/11/2021	Swartland Invitational Gala 2021
85	34.26 L	F	Lara Groenewald	16	AQU ADJ	03/12/2021	WSC & Seals Summer LC Champs 2021
86*	34.43 L	F	Kate Meyburgh	16	INFA NMA	17/03/2022	SA Level 3 Regional Age Group
86*	34.43 L	F	Carike Kok	16	TUKS FSH	28/01/2022	NTS February Age Group 15 & Over
88	34.50 L	F	Catherine Rowan	16	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial
89	34.51 L	P	Jada Coetzee	16	FISH EDD	07/12/2021	Western Cape LC-A Championship 2021
90	34.53 L	F	Heike-Louise Hechter	16	BLSS MAN	08/10/2021	Super Seals Prestige Gala
91	34.54 L	P	Sara Daniels	16	AACTA CPT	07/12/2021	Western Cape LC-A Championship 2021
92	34.59 L	P	Kaylin Visser	16	BLSS MAN	08/12/2021	Free State Champs 2021
93	34.60 L	P	Chara Green	16	AAS JHB	03/12/2021	CGA LC Summer Champs - Level3+
94	34.68 L	F	Sarah West	16	QAIC CPT	29/03/2022	SA Regional SNR & JNR Champs WCA
95	34.69 L	F	Ninah Wedderburn	16	BLTA NMA	17/03/2022	SA Level 3 Regional Age Group
96	34.70 L	P	Nina Pretorius	16	CSC FSH	15/12/2021	NTS Championships 2021
97	34.85 L	F	Celine Hamman	QR	PSA ZLD	04/12/2021	Stingrays Swim Club Championships
98	35.04 L	P	Jayda Collett	16	TUKS FSH	15/12/2021	NTS Championships 2021
99	35.16 L	F	Jodi Wilson	16	BLTA NMA	20/11/2021	2nd A League Gala 2021
100	35.21 L	F	Alexia Michalopoulos	16	RFA FSH	18/02/2022	NTS Combined February Age Group
101	35.23 L	F	Michelle Jack	16	TUKS FSH	17/09/2021	NTS Age group September Level 2+3
102	35.26 L	F	Anmi Esbach	16	RFA FSH	18/02/2022	NTS Combined February Age Group
103	35.40 L	F	Rachael Dart	16	SRAY BUF	18/03/2022	SA Level 2 Regional Age Group Champs
104	35.51 L	F	Tenieka Greyling	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships
105	35.56 L	F	Charlize De Villiers	16	PRKA PS	05/02/2022	NCASA Sprints Gala 2022
106	35.58 L	P	Annè Sabbagha	16	PAQU CED	07/12/2021	Western Cape LC-A Championship 2021
107	35.63 L	F	Calista Mackenzie	16	ELRAS WBD	16/10/2021	Limpopo Age Group 4
108	35.69 L	F	Lucy Friedenthal	16	NHS EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
109*	35.72 L	F	Mia Nortjè	16	CYBE CPT	29/03/2022	SA Regional SNR & JNR Champs WCA
109*	35.72 L	F	Zane Bruyns	16	RFA FSH	22/10/2021	NTS October Level 1-3 Age Group
111*	35.74 L	F	Amber Olsen	16	TUKS FSH	07/01/2022	2022 Grand Prix Invitation Swimming
111*	35.74 L	F	Gemma Kirsten	16	BLNE MAN	28/10/2021	Neptune Prestige Gala
113	36.11 L	F	Ashleigh Witney	16	PGAC EKU	28/01/2022	EGA Last Chance Gala
114	36.23 L	F	Somikazi Qwemesha	16	CYBE CPT	22/03/2022	SA Level 2 Regional Age Group
115	36.34 L	F	Karla Vogel	16	RFA FSH	10/12/2021	2021 The Tshwane Mayoral Gala

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
116	36.38	L	F	Larique Joubert	16	TASC MPD	12/02/2022 Limpopo Champs
117	36.39	L	F	Sasha Naidoo	16	VINE CPT	22/03/2022 SA Level 2 Regional Age Group
118	36.46	L	F	Alexis Vorwerk	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
119	36.54	L	P	Kiana Engelbrecht	16	SASOL FDD	08/12/2021 Free State Champs 2021
120	36.80	L	F	Karla De Beer	16	QSAW CED	13/11/2021 Winelands SL Final
121	36.84	L	P	Isabella Van der Walt	16	QSAW CED	22/03/2022 SA Level 2 Regional Age Group
122	36.87	L	F	Zodea Jacobie	16	SUPE JHB	03/12/2021 CGA LC Summer Champs - Level 2
123*	36.99	L	P	Erin Kisten	16	MDOL EKU	09/12/2021 EGA Summer Champs 2021
123*	36.99	L	P	Ashley Jansen van Vuuren	16	CSA EZD	03/12/2021 Mpumalanga Championships 2021
125	37.08	L	F	Yedidah Theron	16	ROA EDD	25/02/2022 Infinity Gala
126	37.19	L	F	Busisiwe Mogadima	16	SOUL EKU	02/10/2021 EGA Summer 2
127	37.21	L	F	Oabilwe Sesoko	16	RAV EKU	07/01/2022 2022 Grand Prix Invitation Swimming
128	37.24	L	P	Shaina Adriaan	16	TYGE CPT	22/03/2022 SA Level 2 Regional Age Group
129	37.54	L S	F	Nicole Bantom	16	SSISA CPT	30/10/2021 CANA Virtual Swimming Championships
130	37.68	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	28/01/2022 EGA Last Chance Gala
131	37.76	L	F	Julia Griffioen	16	HARB BPD	16/10/2021 NWS Age Group 1&2
132	38.23	L	F	San-Mari Van der Walt	16	DDA TSH	14/01/2022 NTS January 2022 Combined Age Group
133	38.30	L	F	Luané Engelbrecht	16	TUKS TSH	17/10/2021 2021 AG Swim Stars Champs & OR
134	38.42	L	F	Awande Mlangeni	16	ONYX EKU	04/09/2021 EGA Adrian Grafe Gala 2021
135	38.43	L	F	Emma Lauf	16	MDOL EKU	12/11/2021 EGA Summer 4
136	38.45	L	F	Mareen van der Merwe	16	TUKS TSH	17/10/2021 2021 AG Swim Stars Champs & OR
137	38.63	L	P	Imogen Rushton	16	PSCP UMD	11/03/2022 SA Level 2 Regional Age Group
138	38.68	L	F	Talisa Rademeyer	16	SWIFT EKU	28/01/2022 EGA Last Chance Gala
139*	38.70	L	F	Zoe Stock	16	MDOL EKU	28/01/2022 EGA Last Chance Gala
139*	38.70	L	F	Maria Burger	16	KALA	08/12/2021 Champs 2021
141	38.97	L	F	Paige Mills	16	DRGN EKU	28/01/2022 EGA Last Chance Gala
142	39.01	L	F	Lariska Naude	16	WELA FDD	22/03/2022 SA Level 2 Regional Age Group Champs
143	39.05	L S	F	Isabel Swart	16	CUDU CPT	30/10/2021 CANA Virtual Swimming Championships
144*	39.08	L	F	Caitlin De Freitas	16	DRGN EKU	28/01/2022 EGA Last Chance Gala
144*	39.08	L	F	Skyla Schroll	16	NWUC KKD	02/10/2021 Frank Gray Memorial Championships
146	39.25	L	F	Erin Braun	16	DRGN EKU	02/10/2021 EGA Summer 2
147	39.38	L	F	Olwethu Ndlovu	16	UMSH ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
148	39.55	L	F	Elizma Huyser	16	FISH EDD	30/10/2021 CANA Virtual Swimming Championships
149	39.75	L	P	Aimee Blackler	16	ESTR EKU	09/12/2021 EGA Summer Champs 2021
150	39.79	L	F	Anika Van Der Bank	16	UPSK	08/12/2021 Champs 2021
151	40.21	L	F	Awande Mdlalose	16	CSC TSH	28/01/2022 NTS February Age Group 15 & Over
152	41.13	L	F	Kimberley Howes	16	HARB BPD	08/12/2021 NWS Championships 2020/2021
153	41.20	L	F	Ninke Griffioen	16	FISH EDD	19/11/2021 Eden LC Champs 2021
154	41.64	L	F	Caitlyn Martin	16	TUKS TSH	10/12/2021 2021 The Tshwane Mayoral Gala
155	41.91	L	F	Keira Booth	16	SS MPD	06/11/2021 Limpopo Age Group 5
156	41.99	L	F	Xandri Botha	16	UNI EZD	29/10/2021 CANA Virtual Swimming Championships
157	42.05	L	F	Simone Nel	16	SS MPD	12/02/2022 Limpopo Champs
158	42.34	L	F	Adelia Schonken	16	SS MPD	12/02/2022 Limpopo Champs
159	42.55	L	F	Stella Morton	16	DSGA NMA	19/02/2022 EC Provincial Schools Gala
160	42.72	L	F	Mari Kemp	16	SWAR WCD	19/02/2022 Swartland Invitational #2 2022
161	42.88	L	P	Jade Westley	16	H2O EKU	09/12/2021 EGA Summer Champs 2021
162	43.09	L	F	Erin Anders	16	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
163	43.15	L	F	Amy Marks	16	ELEC JHB	17/10/2021 2021 AG Swim Stars Champs & OR
164	44.11	L	F	Kaitlyn Immelman	16	ESP EKU	04/09/2021 EGA Adrian Grafe Gala 2021
165	44.77	L	P	Kayleigh De Jong	16	CUDU CPT	22/03/2022 SA Level 2 Regional Age Group
166	45.14	L	F	Nombuso Mente	16	SOWE JHB	17/10/2021 2021 AG Swim Stars Champs & OR
167	45.43	L	F	Johane Fourie	16	UPSK	08/12/2021 Champs 2021
168	45.45	L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022 Limpopo Champs
169	45.80	L	F	Rhea Mothichund	16	OTTO ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
170	45.97	L	F	Laxmini Patel	16	WOAQ CED	13/11/2021 Winelands SL Final
171	46.31	L	F	Yamahlabi Radebe	16	AWSC JHB	03/12/2021 CGA LC Summer Champs - Level 2
172	46.63	L	F	Alicia Kleingeld	16	ZASC TSH	08/10/2021 NTS October Combined Age Group
173	47.09	L	F	Johara Sheik	16	AQSC UMD	30/10/2021 CANA Virtual Swimming Championships
174	47.57	L	F	Bianca Kleingeld	16	ZASC TSH	08/10/2021 NTS October Combined Age Group

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
175	47.64 L	F	Tylor Nel	16	SS MPD	12/02/2022	Limpopo Champs
176	48.35 L	P	Bea Calitz	16	BLNE MAN	08/12/2021	Free State Champs 2021
177	48.62 L	F	Dheashna Govender	16	PHOE ETH	29/01/2022	EDA Age Group Gala 4
178	49.69 L	P	Nachke Van Der Walt	16	FROS MAN	08/12/2021	Free State Champs 2021
179	52.69 L	F	Ayanda JNR Metsing	16	SOWE JHB	17/10/2021	2021 AG Swim Stars Champs & OR
180	58.62 L	P	Bianca Beukes	16	SOUL EKU	09/12/2021	EGA Summer Champs 2021
Women 16 - 16 100 Fly							
1	1:03.44 L	F	Tazmyn Robson	16	GAUT	26/03/2022	SA Schools Swimming Championship
2	1:03.91 L	F	Ane' Meier	16	PAC FSH	15/12/2021	NTS Championships 2021
3	1:04.78 L	P	Christine Wessels	16	TUKS FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet
4	1:05.27 L	P	Scarlett Nichol	16	AGC FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
5	1:05.72 L	F	Payton Brink	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
6*	1:06.00 L	F	Georgia Carstens	16	TUKS FSH	24/09/2021	NTS Age Group September SANJ+
6*	1:06.00 L	P	Amy Muller	16	TUKS FSH	15/12/2021	NTS Championships 2021
8	1:07.33 L	F	Rachel Groepes	16	RSA	11/10/2021	14th Africa Junior Swimming
9	1:07.65 L	F	Jodi Dos Santos	16	UNI EZD	17/12/2021	2021 KZNA Premier Provincial
10	1:07.77 L	P	Tayla Haslam	16	KLOO ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet
11	1:07.82 L	F	Michaela Dal Medico	16	TUKS FSH	05/11/2021	NTS Prestige Gala 2021
12	1:07.91 L	F	Robyn Aaron	16	KZNA ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
13	1:08.17 L S	F	Kirsten Storm	16	WATR JHB	07/12/2021	Western Cape LC-A Championship 2021
14	1:08.38 L	F	Corne van Schalkwyk	16	AA JHB	05/11/2021	NTS Prestige Gala 2021
15	1:08.56 L S	F	Alexandra Caldwell	16	RAV EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
16	1:08.85 L	F	Liya Venter	16	BLMA CPT	08/10/2021	40th Freda Barnard Invitational Gala
17	1:08.93 L	P	Nirvana Borrageiro	16	AZON ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet
18	1:09.22 L	F	Jozi Nupen	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
19	1:09.48 L S	F	Alexia Delicado	16	POTC KKD	08/12/2021	NWS Championships 2020/2021
20	1:09.73 L S	F	Kimberly Ingwe	16	RAV EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
21	1:09.89 L	P	Taylin Alberts	16	TRAZ FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet
22	1:10.12 L	P	Chloe Gershuny	16	WCA CPT	06/04/2022	SA National Aquatic SNR-JNR Champ
23	1:10.13 L S	F	Teegan Pio	16	PEAS NMA	29/03/2022	SA Regional SNR & JNR Champs WCA
24	1:10.18 L	P	Juliet Walsh	16	SAAW CPT	18/02/2022	2022 Grand Prix 2 Invitational Meet
25	1:10.81 L	F	Jane Lewis	16	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial
26	1:10.85 L	P	Hayley McHarg	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
27	1:11.45 L S	P	Jemma van der Merwe	16	CSC FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
28	1:11.48 L S	F	Danielle Joubert	16	BLNE MAN	29/03/2022	SA Regional SNR & JNR Champs WCA
29	1:11.63 L S	F	Meredith O'Tool	16	WELA LLD	30/03/2022	SA Regional Aquatic JNR-Senior
30	1:12.06 L	F	Miche Johns	16	BLNE MAN	23/10/2021	Otters Prestige Gala 2021
31	1:12.16 L	F	Cara Ralfe	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial
32	1:12.25 L S	P	Rachel Smith	16	MDOL EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
33	1:12.41 L	P	Kaela Viljoen	16	AGB JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
34	1:12.62 L	F	Demi Jacobs	16	TUKS FSH	18/02/2022	NTS Combined February Age Group
35*	1:12.75 L	F	Emma Peacock	16	WATR JHB	28/01/2022	NTS February Age Group 15 & Over
35*	1:12.75 L	F	Mischa King	16	GSA CPT	30/10/2021	CANA Virtual Swimming Championships
37	1:12.89 L	F	Cara Van Der Bijl	16	BLNE MAN	23/10/2021	Otters Prestige Gala 2021
38	1:13.83 L	F	Rachel Guymer	16	RSA	14/04/2022	CANA Zone IV
39	1:14.06 L	F	Laranya Naidoo	16	WSTV ETH	17/03/2022	SA Level 3 Regional Age Group
40	1:14.47 L	F	Emma Hamman	16	FAAC FB	25/02/2022	Neptune last chance gala
41	1:14.58 L	F	Josi Arnold	16	HARL BUF	25/02/2022	Infinity Gala
42	1:14.69 L	F	Eryn Casey	16	ACSA ETH	17/12/2021	2021 KZNA Premier Provincial
43	1:14.80 L	F	Aidon Naidoo	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial
44	1:15.04 L	P	Keila Manthe	16	TUKS FSH	15/12/2021	NTS Championships 2021
45	1:15.06 L	F	Jenny Zhang	16	EAGA CCD	16/10/2021	Limpopo Age Group 4
46	1:15.37 L	F	Jana Naude	16	STSC UHD	17/03/2022	SA Level 3 Regional Age Group
47	1:15.52 L	F	Calista Mentz	16	PAC FSH	24/09/2021	NTS Age Group September SANJ+
48	1:15.83 L	F	Mikaela Goelst	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
49	1:15.87 L	F	Jordan Zwart	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial
50	1:15.96 L	F	Catherine Rowan	16	SGUL ETH	17/12/2021	2021 KZNA Premier Provincial
51	1:16.78 L	F	Melindie Van Rensburg	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021
52	1:17.47 L	F	Nawaal Mia	16	MDOL EKU	22/10/2021	EGA Summer 3

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
53	1:18.14	L S	P	Mia Nortjè	16	CYBE CPT	07/12/2021 Western Cape LC-A Championship 2021
54	1:18.26	L	P	Marguerite Naude	16	AFIN JHB	03/12/2021 CGA LC Summer Champs - Level3+
55	1:18.94	L	F	Roslyn Joseph	16	TUKS FSH	10/12/2021 2021 The Tshwane Mayoral Gala
56	1:18.99	L S	F	Sarah West	16	QUIC CPT	07/12/2021 Western Cape LC-A Championship 2021
57	1:19.63	L	F	Carike Kok	16	TUKS FSH	18/02/2022 NTS Combined February Age Group
58	1:20.14	L	F	Eleni Zigiriadis	16	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
59	1:20.28	L	F	Sara Daniels	16	AACTA CPT	12/11/2021 Swartland Invitational Gala 2021
60	1:20.36	L	F	Emma Beyers	16	UNI EZD	03/12/2021 Mpumalanga Championships 2021
61	1:20.40	L	F	Nurul-Huda Samaai	16	MARL CPT	08/10/2021 40th Freda Barnard Invitational Gala
62	1:21.11	L	F	Skye Da Fonseca-Hattingh	16	RFA FSH	18/02/2022 NTS Combined February Age Group
63	1:22.49	L	F	Yedidah Theron	16	ROA EDD	17/03/2022 SA Level 3 Regional Age Group
64	1:22.73	L S	P	Thinica Mc Anda	16	BLSS MAN	08/12/2021 Free State Champs 2021
65	1:22.98	L	F	Ninah Wedderburn	16	BLTA NMA	16/10/2021 1st A League Gala 2021
66	1:23.04	L	F	Gemma Kirsten	16	BLNE MAN	28/10/2021 Neptune Prestige Gala
67	1:24.48	L	F	Caitlin Rossouw	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
68	1:24.57	L	F	Calista Mackenzie	16	ELRAS WBD	12/02/2022 Limpopo Champs
69	1:24.69	L	F	Charlize De Villiers	16	PRKA PS	05/02/2022 NCASA Sprints Gala 2022
70	1:25.23	L	F	Larique Joubert	16	TASC MPD	12/02/2022 Limpopo Champs
71	1:25.40	L	F	Chara Green	16	AAS JHB	03/12/2021 CGA LC Summer Champs - Level3+
72	1:25.50	L	F	Ashleigh Witney	16	PGAC EKU	28/01/2022 EGA Last Chance Gala
73	1:25.77	L	F	Courtney Smith	16	TYGE CPT	08/10/2021 40th Freda Barnard Invitational Gala
74	1:26.33	L S	P	Caitlyn Gomes	16	ISSC NMD	08/12/2021 NWS Championships 2020/2021
75	1:26.42	L	F	Kaylin Visser	16	BLSS MAN	28/01/2022 New Year Heidedal Gala
76	1:26.45	L	F	Oabilwe Sesoko	16	RAV EKU	22/10/2021 EGA Summer 3
77	1:26.59	L	F	San-Mari Van der Walt	16	DDA FSH	17/09/2021 NTS Age group September Level 2+3
78	1:26.88	L	F	Jada Coetzee	16	FISH EDD	12/02/2022 EDEN 5th A-League Gala 2022
79	1:27.28	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	12/11/2021 EGA Summer 4
80	1:27.38	L	F	Madison Meyer	16	ESP EKU	22/10/2021 EGA Summer 3
81	1:27.65	L	F	Elza De Kock	16	AGAQ OBD	17/03/2022 SA Level 3 Regional Age Group
82	1:27.67	L	F	Luané Engelbrecht	16	TUKS FSH	22/10/2021 NTS October Level 1-3 Age Group
83	1:29.45	L	F	Zoe Stock	16	MDOL EKU	28/01/2022 EGA Last Chance Gala
84	1:29.78	L	F	Karla Vogel	16	RFA FSH	10/12/2021 2021 The Tshwane Mayoral Gala
85	1:30.20	L	F	Ashley Jansen van Vuuren	16	CSA EZD	03/12/2021 Mpumalanga Championships 2021
86	1:30.57	L	F	Talisa Rademeyer	16	SWIFT EKU	28/01/2022 EGA Last Chance Gala
87	1:30.70	L	F	Sasha Naidoo	16	VINE CPT	19/02/2022 CTA QUALIFYING MEET 6 -
88	1:31.62	L	F	Kiana Engelbrecht	16	SASOL FDD	28/01/2022 New Year Heidedal Gala
89	1:32.70	L	F	Lucy Friedenthal	16	UNI EZD	21/01/2022 MP AGE GROUP 4 GALA 21 - 22
90	1:34.15	L	F	Rachael Dart	16	BCA BUF	15/01/2022 EDEN INTER DISTRICT PRESTIGE
91	1:35.58	L S	F	Kimberley Howes	16	HARB BPD	08/12/2021 NWS Championships 2020/2021
92	1:36.29	L	F	Cayla Visser	16	BLSS MAN	08/10/2021 Super Seals Prestige Gala
93	1:37.75	L	F	Anika Van Der Bank	16	UPSK	22/03/2022 SA Level 2 Regional Age Group Champs
94	1:48.62	L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022 Limpopo Champs
95	2:01.82	L	F	Johane Fourie	16	UPSK	19/02/2022 Age Group 6 & SA Schools Select - Upt
Women 16 - 16 200 Fly							
1	2:19.61	L S	F	Tazmyn Robson	16	AGC FSH	06/04/2022 SA National Aquatic SNR-JNR Champ
2	2:31.29	L	P	Scarlett Nichol	16	TUKS FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet
3	2:38.54	L	F	Teegan Pio	16	PEAS NMA	08/10/2021 40th Freda Barnard Invitational Gala
4	2:41.08	L S	F	Chloe Gershuny	16	VINE CPT	30/10/2021 CANA Virtual Swimming Championships
5	2:44.70	L	F	Kimberly Ingwe	16	RAV EKU	09/12/2021 EGA Summer Champs 2021
6	2:48.58	L	F	Jozi Nupen	16	CRSC JHB	29/03/2022 SA Regional Aquatic Champs 2022- NT
7	2:51.48	L	F	Mia Nortjè	16	CYBE CPT	29/03/2022 SA Regional SNR & JNR Champs WCA
8	2:53.72	L	F	Tiara Finnis	16	RSA	14/04/2022 CANA Zone IV
9	2:54.25	L	F	Juliet Walsh	16	SAAW CPT	07/12/2021 Western Cape LC-A Championship 2021
10	2:56.83	L	F	Danielle Joubert	16	BLNE MAN	08/12/2021 Free State Champs 2021
11	3:28.04	L	F	Charlize De Villiers	16	PRKA PS	08/12/2021 Champs 2021
12	3:43.72	L	F	Anika Van Der Bank	16	UPSK	08/12/2021 Champs 2021
Women 16 - 16 200 IM							
1	2:23.36	L	P	Georgia Carstens	16	TUKS FSH	18/02/2022 2022 Grand Prix 2 Invitational Meet

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
2	2:24.78	L	F	Michaela Dal Medico	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
3	2:28.11	L	F	Callan Lötter	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
4	2:28.62	L	F	Kirsten Storm	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
5	2:29.11	L	F	Ane' Meier	16	PAC	FSH	15/12/2021	NTS Championships 2021
6	2:30.11	L	F	Christine Wessels	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
7	2:30.65	L	F	Samantha Lowman	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
8	2:30.67	L	P	Amy Muller	16	TUKS	FSH	28/05/2021	Grand Prix No 4 Durban May 2021
9	2:31.19	L	F	Ashley Ebing	16	WSTV	ETH	17/12/2021	2021 KZNA Premier Provincial
10	2:31.51	L	F	Cara Ralfe	16	SEAL	UMD	17/12/2021	2021 KZNA Premier Provincial
11	2:32.09	L	P	Rachel Groepes	16	SAAW	CPT	07/12/2021	Western Cape LC-A Championship 2021
12	2:32.34	L	F	Corne van Schalkwyk	16	AA	JHB	03/12/2021	CGA LC Summer Champs - Level3+
13	2:32.57	L	P	Morgan Pharoah	16	AGC	FSH	06/04/2022	SA National Aquatic SNR-JNR Champ
14	2:33.40	L	F	Olivia Kruger	16	ELEC	JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
15	2:34.11	L	F	Tazmyn Robson	16	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
16	2:34.44	L	F	Robyn Hough	16	PEAS	NMA	12/11/2021	PEA Winter Gala Take 2
17	2:34.81	L	F	Melissa Martens	16	SEAL	UMD	30/03/2022	SA Regional Aquatic JNR-Senior
18	2:34.93	L	P	Tayla Haslam	16	KLOO	ETH	18/02/2022	2022 Grand Prix 2 Invitational Meet
19	2:35.23	L	F	Calista Mentz	16	PAC	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
20	2:35.50	L	F	Kimberly Ingwe	16	RAV	EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
21	2:36.28	L	P	Mikaela Goelst	16	KZNA	ETH	06/04/2022	SA National Aquatic SNR-JNR Champ
22	2:36.56	L	P	Hayley McHarg	16	AGB	JHB	06/04/2022	SA National Aquatic SNR-JNR Champ
23	2:36.74	L	F	Jane Lewis	16	SGUL	ETH	17/12/2021	2021 KZNA Premier Provincial
24	2:36.85	L	F	Nicola Harcus	16	INFA	NMA	20/11/2021	2nd A League Gala 2021
25	2:37.33	L	F	Dieu-Dene Van Jaarsveld	16	WATR	JHB	07/12/2021	Western Cape LC-A Championship 2021
26	2:37.56	L	F	Demi Jacobs	16	TUKS	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
27	2:37.64	L	P	Alexandra Caldwell	16	RAV	EKU	09/12/2021	EGA Summer Champs 2021
28	2:37.73	L	F	Liya Venter	16	BLMA	CPT	07/12/2021	Western Cape LC-A Championship 2021
29	2:37.99	L	F	Rachel Smith	16	MDOL	EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
30	2:38.30	L	P	Zoe Terblanche	16	RFA	FSH	18/02/2022	2022 Grand Prix 2 Invitational Meet
31	2:39.19	L	P	Jade-Ann Le Roux	16	AA	JHB	18/02/2022	2022 Grand Prix 2 Invitational Meet
32	2:39.23	L	F	Caitlin Ruane	16	TUKS	FSH	08/10/2021	NTS October Combined Age Group
33	2:39.58	L	F	Jenny Zhang	16	EAGA	CCD	06/11/2021	Limpopo Age Group 5
34	2:39.67	L	F	Nirvana Borrageiro	16	AZON	ETH	30/03/2022	SA Regional Aquatic JNR-Senior
35	2:39.89	L	F	Miche Johns	16	BLSS	MAN	30/03/2022	SA Regional Aquatic JNR-Senior
36	2:40.48	L	P	Lara De Beer	16	BENS	EKU	29/03/2022	SA Regional Aquatic Champs 2022- NT
37	2:40.71	L	F	Payton Brink	16	VINE	CPT	30/10/2021	CANA Virtual Swimming Championships
38	2:40.94	L	F	Meredith O'Tool	16	WELA	FDD	13/11/2021	NWS Age Group 3 2021/22
39	2:41.00	L	F	Keila Manthe	16	TUKS	FSH	24/09/2021	NTS Age Group September SANJ+
40	2:41.01	L	F	Caitlin Rademakers	16	INFA	NMA	20/11/2021	2nd A League Gala 2021
41	2:41.75	L	P	Alexia Delicado	16	POTC	KKD	08/12/2021	NWS Championships 2020/2021
42	2:41.77	L	P	Jozi Nupen	16	CRSC	JHB	29/03/2022	SA Regional Aquatic Champs 2022- NT
43	2:42.06	L	F	Carmia Hartman	16	RFA	FSH	08/10/2021	NTS October Combined Age Group
44	2:42.43	L	P	Mischa King	16	GSA	CPT	28/05/2021	Grand Prix No 4 Durban May 2021
45	2:42.84	L	F	Jodi Dos Santos	16	NHS	EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
46	2:43.10	L	P	Jemma van der Merwe	16	CSC	FSH	29/03/2022	SA Regional Aquatic Champs 2022- NT
47*	2:43.78	L	F	Chloe Gershuny	16	VINE	CPT	30/10/2021	CANA Virtual Swimming Championships
47*	2:43.78	L	F	Tiara Finnis	16	INFA	NMA	29/03/2022	SA Regional SNR & JNR Champs WCA
49	2:43.82	L	F	Amy Robson-Garth	16	SOUL	EKU	09/12/2021	EGA Summer Champs 2021
50	2:44.36	L	F	Ennes Zietsman	16	PSC	FSH	18/02/2022	NTS Combined February Age Group
51	2:44.52	L	F	Danielle Joubert	16	BLNE	MAN	08/12/2021	Free State Champs 2021
52	2:44.54	L	F	Cara Van Der Bijl	16	BLNE	MAN	08/12/2021	Free State Champs 2021
53	2:44.58	L	F	Rachel Guymer	16	RSA		14/04/2022	CANA Zone IV
54	2:45.21	L	F	Lucy Friedenthal	16	NHS	EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
55	2:45.32	L	F	Jana Naude	16	STSC	UHD	17/12/2021	2021 KZNA Premier Provincial
56	2:45.75	L	F	Teegan Pio	16	PEAS	NMA	08/10/2021	40th Freda Barnard Invitational Gala
57	2:45.87	L	F	Emma Hamman	16	FAAC	FB	05/02/2022	NCASA Sprints Gala 2022
58	2:46.54	L	F	Sarah West	16	QUIC	CPT	29/03/2022	SA Regional SNR & JNR Champs WCA
59	2:47.00	L	P	Amber Olsen	16	TUKS	FSH	15/12/2021	NTS Championships 2021
60	2:47.05	L	F	Tori Voke	16	VIKI	BUF	27/11/2021	BCA November Age Group Gala 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
61	2:47.20	L	F	Kate Meyburgh	16	INFA NMA	17/03/2022	SA Level 3 Regional	Age Group
62	2:47.57	L	F	Isabella Reynolds	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022	
63	2:48.08	L	P	Mia Nortjè	16	CYBE CPT	07/12/2021	Western Cape LC-A Championship 2021	
64	2:48.21	L	F	Melindie Van Rensburg	16	UNI EZD	03/12/2021	Mpumalanga Championships 2021	
65	2:48.39	L	F	Georgia Stone	16	INFA NMA	10/12/2021	NMBA Championships 2021	
66	2:48.56	L	F	Emma Terblanche	AR	BLOT MAN	23/10/2021	Otters Prestige Gala 2021	
67	2:48.94	L	F	Mienke Herbst	16	SAAW CPT	30/10/2021	CANA Virtual Swimming Championships	
68	2:48.95	L	P	Nawaal Mia	16	MDOL EKU	09/12/2021	EGA Summer Champs 2021	
69	2:49.40	L	F	Annette Greyling	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+	
70	2:49.47	L	P	Courtney Smith	16	TYGE CPT	07/12/2021	Western Cape LC-A Championship 2021	
71	2:49.62	L	F	Elza De Kock	16	AGAQ OBD	17/03/2022	SA Level 3 Regional	Age Group
72	2:49.69	L	F	Josi Arnold	16	HARL BUF	17/03/2022	SA Level 3 Regional	Age Group
73	2:49.99	L	F	Tenieka Greyling	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships	
74*	2:50.15	L	F	Jodi Wilson	16	BLTA NMA	10/12/2021	NMBA Championships 2021	
74*	2:50.15	L	F	Amber Lewis	16	KZNS ET	26/03/2022	SA Schools Swimming Championship	
76	2:50.52	L	F	Zelmarie Levin	16	ETTN EKU	09/12/2021	EGA Summer Champs 2021	
77	2:50.96	L	F	Annè Sabbagha	16	PAQU CED	17/03/2022	SA Level 3 Regional	Age Group
78	2:51.18	L	F	Amber Landskron	16	TUKS TSH	24/09/2021	NTS Age Group September SANJ+	
79	2:51.28	L	P	Petro Marié Fourie	16	FISH EDD	17/03/2022	SA Level 3 Regional	Age Group
80	2:51.33	L	F	Anje Van Papendorp	16	TUKS TSH	24/09/2021	NTS Age Group September SANJ+	
81	2:52.37	L	F	Sharne Steele	16	WSS FDD	25/02/2022	Gauteng Schools Championships 2022	
82	2:53.06	L	F	Roslyn Joseph	16	TUKS TSH	22/10/2021	NTS October Level 1-3 Age Group	
83	2:53.43	L	F	Jada Coetzee	16	FISH EDD	19/11/2021	Eden LC Champs 2021	
84	2:53.75	L	F	Zoe Padbury	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021	
85	2:53.82	L	F	Heike-Louise Hechter	16	BLSS MAN	08/12/2021	Free State Champs 2021	
86	2:53.95	L	P	Taylin Alberts	16	TRAZ TSH	15/12/2021	NTS Championships 2021	
87	2:54.09	L	F	Jordan Zwart	16	SEAL UMD	17/12/2021	2021 KZNA Premier Provincial	
88	2:54.29	L	F	Carike Kok	16	TUKS TSH	22/10/2021	NTS October Level 1-3 Age Group	
89	2:54.39	L	F	Aidon Naidoo	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial	
90	2:54.42	L	F	Jayda Collett	16	TUKS TSH	17/09/2021	NTS Age group September Level 2+3	
91	2:54.52	L	F	Larique Joubert	16	TASC MPD	16/10/2021	Limpopo Age Group 4	
92	2:55.00	L	F	Jadyn-Lee Joubert	16	AZON ETH	17/12/2021	2021 KZNA Premier Provincial	
93	2:55.30	L	F	Eleni Zigiariadis	16	TUKS TSH	22/10/2021	NTS October Level 1-3 Age Group	
94	2:55.41	L	F	Ninah Wedderburn	16	BLTA NMA	16/10/2021	1st A League Gala 2021	
95	2:55.72	L	P	Thea Vd Toorn	16	CYBE CPT	17/03/2022	SA Level 3 Regional	Age Group
96	2:55.83	L	F	Gemma Kirsten	16	BLNE MAN	28/10/2021	Neptune Prestige Gala	
97	2:55.90	L	F	Nina Pretorius	16	CSC TSH	08/10/2021	NTS October Combined Age Group	
98	2:55.93	L	F	Thinica Mc Anda	16	BLSS MAN	08/12/2021	Free State Champs 2021	
99	2:56.17	L	F	Ami Pirie	16	QUIC CPT	30/10/2021	CANA Virtual Swimming Championships	
100	2:56.31	L	F	Emma Peacock	16	WATR JHB	28/01/2022	NTS February Age Group 15 & Over	
101	2:56.37	L	F	Kaylin Visser	16	BLSS MAN	06/11/2021	Heidedal Gala	
102	2:56.44	L	F	Skye Da Fonseca-Hattingh	16	RFA TSH	17/09/2021	NTS Age group September Level 2+3	
103	2:56.69	L	F	Emma Lauf	16	MDOL EKU	12/11/2021	EGA Summer 4	
104	2:56.71	L	F	Emma Beyers	16	PENC EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5	
105	2:57.19	L	P	Calista Mackenzie	16	LP CCD	26/03/2022	SA Schools Swimming Championship	
106	2:57.35	L	F	Karla Vogel	16	RFA TSH	22/10/2021	NTS October Level 1-3 Age Group	
107	2:57.51	L	P	Zoe Stock	16	MDOL EKU	09/12/2021	EGA Summer Champs 2021	
108	2:57.76	L	F	Ashleigh Witney	16	PGAC EKU	28/01/2022	EGA Last Chance Gala	
109	2:58.03	L	F	Ashley Freel	16	TUKS TSH	18/02/2022	NTS Combined February Age Group	
110	2:58.22	L	F	Nurul-Huda Samaai	16	MARL CPT	12/11/2021	Swartland Invitational Gala 2021	
111	2:58.30	L	F	Zoë Josephs	16	ASAW CED	16/10/2021	Winelands SL 4	
112	2:58.83	L	F	Marguerite Naude	16	AFIN JHB	22/10/2021	NTS October Level 1-3 Age Group	
113	2:59.10	L	F	Ashley Jansen van Vuuren	16	CUR EZD	11/02/2022	MP SA SCHOOLS TRIALS 11-12	
114	2:59.91	L	F	Lesedi Thunzi	16	BCA BUF	15/01/2022	EDEN INTER DISTRICT PRESTIGE	
115	3:00.55	L	P	Yedidah Theron	16	ROA EDD	17/03/2022	SA Level 3 Regional	Age Group
116	3:00.74	L	F	San-Mari Van der Walt	16	DDA TSH	22/10/2021	NTS October Level 1-3 Age Group	
117	3:00.80	L	P	Catherine Rowan	16	SGUL ETH	17/03/2022	SA Level 3 Regional	Age Group
118	3:01.07	L	F	Nicole Bantom	16	SSISA CPT	30/10/2021	CANA Virtual Swimming Championships	
119	3:01.80	L	F	Cara Harradine	16	PAC TSH	17/09/2021	NTS Age group September Level 2+3	

Individual Top Times

Times since: 01-May-21
 Number of Top Times: All

Times until: 30-Apr-22
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
120	3:01.86	L	F	Kiara Johnson	16	SEAL UMD	30/10/2021	CANA Virtual Swimming Championships
121	3:01.95	L	F	Erin Kisten	16	MDOL EKU	09/12/2021	EGA Summer Champs 2021
122*	3:02.05	L	F	Imogen Rushton	16	PSCP UMD	11/03/2022	SA Level 2 Regional Age Group
122*	3:02.05	L	F	Rachel Van Tooren	16	AAS JHB	03/12/2021	CGA LC Summer Champs - Level3+
124	3:02.15	L	F	Sara Daniels	16	AACTA CPT	19/02/2022	CTA QUALIFYING MEET 6 -
125	3:02.48	L	F	Symón Steyn	16	TLAC BPD	16/10/2021	NWS Age Group 1&2
126	3:02.73	L	F	Madison Meyer	16	ESP EKU	12/11/2021	EGA Summer 4
127	3:03.04	L	F	Zane Bruyns	16	RFA TSH	22/10/2021	NTS October Level 1-3 Age Group
128	3:03.05	L	P	Shaina Adriaan	16	TYGE CPT	22/03/2022	SA Level 2 Regional Age Group
129	3:03.12	L	P	Anika Rabie	16	SEAL UMD	17/03/2022	SA Level 3 Regional Age Group
130	3:03.29	L	F	Cayla Visser	16	BLSS MAN	28/10/2021	Neptune Prestige Gala
131	3:03.32	L	F	Michelle Jack	16	TUKS TSH	18/02/2022	NTS Combined February Age Group
132	3:03.82	L	P	Somikazi Qwemesha	16	CYBE CPT	22/03/2022	SA Level 2 Regional Age Group
133	3:04.45	L	F	Luané Engelbrecht	16	TUKS TSH	06/11/2021	OR TAMBO Soncini 2021
134	3:04.72	L	F	Jamie-Lee Van Den Heever	16	BAS EKU	12/11/2021	EGA Summer 4
135	3:04.74	L	F	Alexis Vorwerk	16	SEAL UMD	03/12/2021	WSC & Seals Summer LC Champs 2021
136	3:04.97	L	F	Ninke Griffioen	16	FISH EDD	25/02/2022	Infinity Gala
137	3:05.45	L	F	Chara Green	16	AAS JHB	03/12/2021	CGA LC Summer Champs - Level3+
138	3:06.36	L	F	Isabella Van der Walt	16	QSAW CED	22/03/2022	SA Level 2 Regional Age Group
139	3:06.48	L	F	Anmi Esbach	16	RFA TSH	22/10/2021	NTS October Level 1-3 Age Group
140	3:08.24	L	P	Charlize De Villiers	16	PRKA PS	17/03/2022	SA Level 3 Regional Age Group
141	3:08.27	L	F	Mia Neilson	16	WATR JHB	03/12/2021	CGA LC Summer Champs - Level3+
142	3:08.88	L	F	Nikola Roux	16	TRAZ TSH	08/10/2021	NTS October Combined Age Group
143	3:09.34	L	P	Caitlin De Freitas	16	DRGN EKU	09/12/2021	EGA Summer Champs 2021
144	3:09.91	L	P	Aimee Blackler	16	ESTR EKU	09/12/2021	EGA Summer Champs 2021
145	3:10.94	L	F	Anna Pretorius	16	AGAQ OBD	22/03/2022	SA Level 2 Regional Age Group
146	3:11.18	L	P	Talisa Rademeyer	16	SWIFT EKU	09/12/2021	EGA Summer Champs 2021
147	3:11.37	L	F	Dina Van Rensburg	16	SASOL FDD	11/02/2022	NW Last Chance
148*	3:12.18	L	F	Kimberley Howes	16	HARB BPD	02/10/2021	Frank Gray Memorial Championships
148*	3:12.18	L	F	Awande Mlangeni	16	ONYX EKU	17/10/2021	2021 AG Swim Stars Champs & OR
150	3:13.16	L	F	Keira De Aveiro	16	AA JHB	03/12/2021	CGA LC Summer Champs - Level3+
151	3:13.65	L	F	Mareen van der Merwe	16	RFA TSH	22/10/2021	NTS October Level 1-3 Age Group
152	3:14.05	L	F	Alexia Michalopoulos	16	RFA TSH	22/10/2021	NTS October Level 1-3 Age Group
153	3:14.66	L	P	Sasha Naidoo	16	VINE CPT	22/03/2022	SA Level 2 Regional Age Group
154	3:15.16	L	P	Mari Kemp	16	SWAR WCD	17/03/2022	SA Level 3 Regional Age Group
155	3:15.36	L	F	Saffron Tweedie	16	PEAS NMA	18/03/2022	SA Level 2 Regional Age Group Champs
156	3:15.57	L	F	Julia Griffioen	16	HARB BPD	28/01/2022	NTS February Age Group 15 & Over
157	3:15.59	L	F	Dina Jansen van Rensburg	16	SASOL FDD	13/11/2021	NWS Age Group 3 2021/22
158	3:15.83	L	F	Adelia Schonken	16	SS MPD	16/10/2021	Limpopo Age Group 4
159	3:15.99	L	F	Chloe Diedericks-Boudouris	16	CRSC JHB	03/12/2021	CGA LC Summer Champs - Level3+
160	3:16.30	L	P	Kayleigh De Jong	16	CUDU CPT	22/03/2022	SA Level 2 Regional Age Group
161	3:16.69	L	F	Skyla Schroll	16	NWUC KKD	02/10/2021	Frank Gray Memorial Championships
162	3:16.91	L	F	Caitlyn Martin	16	TUKS TSH	18/02/2022	NTS Combined February Age Group
163	3:17.02	L	F	Caitlin Smit	16	CSC TSH	10/12/2021	2021 The Tshwane Mayoral Gala
164	3:17.31	L	F	Morgan Ehmke	16	GSA CPT	08/10/2021	40th Freda Barnard Invitational Gala
165	3:17.36	L	P	Paige Mills	16	DRGN EKU	09/12/2021	EGA Summer Champs 2021
166	3:17.46	L	F	Karla De Beer	16	QSAW CED	13/11/2021	Winelands SL Final
167	3:18.15	L	F	Erin Braun	16	DRGN EKU	18/09/2021	EGA Summer 1
168	3:18.44	L	F	Keira Booth	16	SS MPD	06/11/2021	Limpopo Age Group 5
169	3:19.24	L	F	Anika Van Der Bank	16	UPSK	08/12/2021	Champs 2021
170	3:19.38	L	F	Xandri Botha	16	NHS EZD	05/11/2021	MP TOP SCHOOLS HIGH SCHOOLS 5
171	3:19.84	L	P	Jasmine Erasmus	16	NWUC KKD	17/03/2022	SA Level 3 Regional Age Group
172	3:20.69	L	F	Zodea Jacobie	16	SUPE JHB	03/12/2021	CGA LC Summer Champs - Level 2
173	3:20.71	L	F	Oabilwe Sesoko	16	RAV EKU	28/01/2022	EGA Last Chance Gala
174	3:20.87	L	F	Leigh Jonkers	16	BCA BUF	15/01/2022	EDEN INTER DISTRICT PRESTIGE
175	3:21.09	L	F	Erin Anders	16	MARL CPT	08/10/2021	40th Freda Barnard Invitational Gala
176	3:21.76	L	F	Olwethu Ndlovu	16	UMSH ETH	03/12/2021	WSC & Seals Summer LC Champs 2021
177	3:22.56	L	F	Caitlyn Gomes	16	ISSC NMD	13/11/2021	NWS Age Group 3 2021/22
178	3:22.68	L	P	Jade Westley	16	H2O EKU	09/12/2021	EGA Summer Champs 2021

Individual Top Times

Times since: 01-May-21 **Times until: 30-Apr-22**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
179	3:23.22	L	F	Maria Burger	16	KALA	08/12/2021 Champs 2021
180	3:25.15	L	F	Lize-Mari Geldenhuys	16	CLSC WCD	19/02/2022 Swartland Invitational #2 2022
181	3:26.20	L	F	Victoria Baigent	16	ESTR EKU	12/11/2021 EGA Summer 4
182	3:27.22	L	F	Alicia Kleingeld	16	ZASC TSH	08/10/2021 NTS October Combined Age Group
183	3:28.34	L	F	Celine Hamman	QR	PSA ZLD	04/12/2021 Stingrays Swim Club Championships
184	3:29.17	L	F	Micaela Schoeman	16	ELRAS WBD	12/02/2022 Limpopo Champs
185	3:29.67	L	F	Kiana Engelbrecht	16	SASOL FDD	02/10/2021 Frank Gray Memorial Championships
186	3:30.11	L	P	Busisiwe Mogadima	16	SOUL EKU	09/12/2021 EGA Summer Champs 2021
187	3:33.24	L	F	Kaitlyn Immelman	16	ESP EKU	06/03/2022 SSA Regional Level 1 Championships
188	3:33.27	L	F	Caroli Rossouw	16	KALA	08/12/2021 Champs 2021
189	3:34.47	L	F	Bianca Kleingeld	16	ZASC TSH	08/10/2021 NTS October Combined Age Group
190	3:39.48	L	F	Amarah Koeberg	16	WSTV ETH	03/12/2021 WSC & Seals Summer LC Champs 2021
191	3:41.68	L	F	Emily Van Eeden	16	WOAQ CED	13/11/2021 Winelands SL Final
192	3:50.26	L	F	Lariska Naude	16	WELA FDD	23/10/2021 Otters Prestige Gala 2021
193	3:50.54	L	F	Ankia Uys	LR	PSA ZLD	15/01/2022 KCDA January 2022 Age Group Gala
194	3:51.18	L	F	Johane Fourie	16	UPSK	05/02/2022 NCASA Sprints Gala 2022
195	3:54.32	L	F	Nombuso Mente	16	SOWE JHB	17/10/2021 2021 AG Swim Stars Champs & OR
196	3:56.99	L	F	Dheashna Govender	16	PHOE JHB	03/12/2021 WSC & Seals Summer LC Champs 2021
197	3:58.79	L	F	Emma Van Der Westhuysen	16	FISH EDD	08/10/2021 40th Freda Barnard Invitational Gala
198	4:04.94	L	F	Michaela Mentos	16	H2O EKU	28/01/2022 EGA Last Chance Gala
199	4:37.81	L	F	Bianca Beukes	16	SOUL EKU	28/01/2022 EGA Last Chance Gala
Women 16 - 16 400 IM							
1	5:08.55	L	F	Michaela Dal Medico	16	AGC TSH	06/04/2022 SA National Aquatic SNR-JNR Champ
2	5:11.00	L	F	Georgia Carstens	16	AGC TSH	06/04/2022 SA National Aquatic SNR-JNR Champ
3	5:19.49	L	F	Samantha Lowman	16	AGB JHB	06/04/2022 SA National Aquatic SNR-JNR Champ
4	5:20.73	L	F	Morgan Pharoah	16	AGC TSH	06/04/2022 SA National Aquatic SNR-JNR Champ
5	5:23.38	L	F	Ashley Ebing	16	WSTV ETH	17/12/2021 2021 KZNA Premier Provincial
6	5:25.12	L	F	Cara Ralfe	16	SEAL UMD	17/12/2021 2021 KZNA Premier Provincial
7	5:28.86	L	F	Ane' Meier	16	PAC TSH	24/09/2021 NTS Age Group September SANJ+
8	5:33.08	L	P	Robyn Hough	16	ECA NMA	06/04/2022 SA National Aquatic SNR-JNR Champ
9	5:35.46	L	F	Mikaela Goelst	16	SEAL UMD	03/12/2021 WSC & Seals Summer LC Champs 2021
10	5:39.21	L	F	Calista Mentz	16	PAC TSH	24/09/2021 NTS Age Group September SANJ+
11	5:45.07	L	F	Demi Jacobs	16	TUKS TSH	28/01/2022 NTS February Age Group 15 & Over
12	5:45.59	L	F	Mia Nortjè	16	CYBE CPT	07/12/2021 Western Cape LC-A Championship 2021
13	5:46.86	L	F	Babette Van Rooyen	16	SAAW CPT	07/12/2021 Western Cape LC-A Championship 2021
14	5:47.40	L	F	Jemma van der Merwe	16	CSC TSH	29/03/2022 SA Regional Aquatic Champs 2022- NT
15	5:49.54	L	F	Miche Johns	16	BLNE MAN	28/10/2021 Neptune Prestige Gala
16	5:52.39	L	F	Emma Hamman	16	FAAC FB	18/02/2022 2022 Grand Prix 2 Invitational Meet
17	5:53.30	L	F	Sarah West	16	QUIC CPT	07/12/2021 Western Cape LC-A Championship 2021
18	5:58.19	L	F	Mienke Herbst	16	SAAW CPT	30/10/2021 CANA Virtual Swimming Championships
19	5:58.38	L	F	Courtney Smith	16	TYGE CPT	30/10/2021 CANA Virtual Swimming Championships
20	5:58.40	L	F	Zoe Terblanche	16	RFA TSH	28/01/2022 NTS February Age Group 15 & Over
21	5:58.45	L	F	Jenny Zhang	16	EAGA CCD	12/02/2022 Limpopo Champs
22	5:59.12	L	F	Lucy Friedenthal	16	NHS EZD	11/02/2022 MP SA SCHOOLS TRIALS 11-12
23	6:17.47	L	F	Nicola Hartman	16	RFA TSH	14/01/2022 NTS January 2022 Combined Age Group
24	6:20.22	L	F	Ashleigh Witney	16	PGAC EKU	09/12/2021 EGA Summer Champs 2021
25	6:20.35	L	F	Carmia Hartman	16	RFA TSH	14/01/2022 NTS January 2022 Combined Age Group
26	6:28.75	L	F	San-Mari Van der Walt	16	DDA TSH	08/10/2021 NTS October Combined Age Group
27	6:39.16	L	F	Anmi Esbach	16	RFA TSH	14/01/2022 NTS January 2022 Combined Age Group
28	6:48.53	L	F	Skye Da Fonseca-Hattingh	16	RFA TSH	14/01/2022 NTS January 2022 Combined Age Group
29	6:58.35	L	F	Madison Meyer	16	ESP EKU	22/10/2021 EGA Summer 3
30	7:11.60	L	F	Anika Van Der Bank	16	UPSK	08/12/2021 Champs 2021
31	7:23.73	L	F	Kiana Engelbrecht	16	SASOL FDD	16/10/2021 NWS Age Group 1&2