

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
Women 18 - 18 50 Free							
1	26.15	L S	F	Inge Weidemann	18	WCA WCA	08/04/2019 Sa National Aquatic Championship 2019
2	27.31	L	P	Catherine Royden-Turner	18	RSA	28/09/2018 Fina -Swimming World Cup 2018
3	27.45	L	F	Lesley Blignaut	18	RSA	10/09/2018 13th African Swimming Champs
4	27.50	L S	P	Jade Nesor	18	AGB JHB	08/04/2019 Sa National Aquatic Championship 2019
5	27.65	L S	P	Kiara Noades	18	AGC FSH	08/04/2019 Sa National Aquatic Championship 2019
6	27.93	L S	P	Ilinde Du Plessis	18	AGC FSH	08/04/2019 Sa National Aquatic Championship 2019
7	28.07	L S	P	Marine Nortje	18	SGUL ETH	10/07/2018 TYR PRESTIGE CHAMPIONSHIPS
8	28.12	L S	P	Jana Coetzé	18	NWS	08/04/2019 Sa National Aquatic Championship 2019
9	28.16	L S	F	Talea Claassens	18	TUKS FSH	07/12/2018 NTS Championships 2018
10	28.65	L S	F	Amber Waddell	18	BLSS MAN	27/11/2018 FS Champs
11	28.67	L	F	Hannah Kiely	18	CLSC WCD	13/10/2018 Winelands SL 3
12*	28.68	L	P	Abigail Meder	18	TYGE CPT	05/12/2018 Western Cape Summer Championships
12*	28.68	L	P	Amber McConnachie	18	AFIN JHB	20/03/2019 SA National JNR Age Group Champs
14	28.69	L	P	Carla Antonopoulos	18	TYGE CPT	05/12/2018 Western Cape Summer Championships
15	28.78	L S	P	Sariska Terblanche	18	ECA BUF	08/04/2019 Sa National Aquatic Championship 2019
16	28.88	L S	P	Emma Tarr	18	AGB JHB	08/04/2019 Sa National Aquatic Championship 2019
17	28.89	L	P	Sophie Rodseth	18	SAAW CPT	05/12/2018 Western Cape Summer Championships
18	28.95	L	P	Erin Graham	18	MDOL JHB	20/03/2019 SA National JNR Age Group Champs
19	28.96	L	F	Chloe Velde	18	USC BUF	01/02/2019 BCA Long Course Championships
20	28.99	L	F	Payton Horton	18	TWSA NMA	22/06/2018 PEA Winter Gala 2018
21	29.15	L	F	Jenna- Laine Fuller	18	AFIN JHB	28/03/2019 SA Level 3 Regional Age Group
22	29.19	L	P	Cailin Joubert	18	MATI CED	05/12/2018 Western Cape Summer Championships
23	29.23	L	F	Kayla Holtshausen	18	TWSA NMA	04/10/2018 Aquabear Invitational Meet
24	29.26	L	P	Kristen Kleynhans	18	TUKS FSH	28/03/2019 SA Level 3 Regional Age Group
25	29.30	L S	P	Tessa Wartnaby	18	KZNA ETH	08/04/2019 Sa National Aquatic Championship 2019
26	29.34	L	P	Laura Turpin	18	TUKS FSH	07/12/2018 NTS Championships 2018
27	29.37	L	F	Jemma Bodington	TR	PSA ZLD	28/03/2019 SA Level 3 Regional Age Group
28	29.51	L	F	Tatum Peyerl	18	MDOL JHB	15/09/2018 Adrian Grafe Speedo Sprint Meet 2018
29	29.57	L	P	Kayla McLoughlin	18	SAAW CPT	05/12/2018 Western Cape Summer Championships
30	29.58	L S	F	Michelle Coetzer	18	BLNE MAN	27/11/2018 FS Champs
31	29.60	L	P	Lindelize Bester	18	INFA NMA	04/10/2018 Aquabear Invitational Meet
32	29.64	L	P	Calynn Smith	18	PSC FSH	28/03/2019 SA Level 3 Regional Age Group
33	29.65	L	F	Jenna Whiting	18	SOUL EKU	15/09/2018 Adrian Grafe Speedo Sprint Meet 2018
34	29.72	L S	P	Reedah Shaw	18	AGC FSH	08/04/2019 Sa National Aquatic Championship 2019
35	29.84	L S	P	Jade Simons	18	ECA BUF	08/04/2019 Sa National Aquatic Championship 2019
36	29.86	L S	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018 FS Champs
37*	29.90	L	P	Eleanor Bennett	18	TUKS FSH	07/12/2018 NTS Championships 2018
37*	29.90	L	P	Robyn Marais	18	TYGE CPT	05/12/2018 Western Cape Summer Championships
39	29.91	L	P	Jade Miller	18	MATI CED	20/03/2019 SA National JNR Age Group Champs
40	29.98	L	P	Savanna Sommerville	18	GZSA FSH	28/03/2019 SA Level 3 Regional Age Group
41	30.01	L L	F	Sarah Gledhill	18	CRSC JHB	06/12/2018 CGA Championships 2018
42	30.06	L	P	Erika Esterhuizen	18	WSTV ETH	20/03/2019 SA National JNR Age Group Champs
43	30.08	L	F	Alicia Enslin	18	TUKS FSH	08/09/2018 2018 Hillcrest Sprint Gala13&O
44	30.25	L L	F	Erica Moolman	18	OMS FS	21/02/2019 Inter High 2019
45	30.32	L	P	Nicole De Beer	18	BENS EKU	20/03/2019 SA National JNR Age Group Champs
46	30.39	L	F	Carmen De Clerck	18	PSC FSH	11/01/2019 NTS January 2019 Age Group Gala
47	30.43	L	P	San-Mari Du Plessis	18	RFA FSH	15/06/2018 Rossini Swim Cup
48	30.49	L S	P	Dante Duke	18	CSC FSH	25/06/2018 Sasol National Championship 2018
49*	30.50	L	P	Michelle Kretzschmar	18	BLUO UGD	20/03/2019 SA National JNR Age Group Champs
49*	30.50	L L	F	Kiara Barnes	18	TYGE CPT	22/06/2018 PEA Winter Gala 2018
51	30.61	L	F	Georgina Haler	18	WATR JHB	22/09/2018 CGA SANJ/Level 3 Gala No 1
52	30.65	L	F	Talitha Vd Walt	18	CUDU CPT	28/03/2019 SA Level 3 Regional Age Group
53*	30.66	L	P	Tarryn Campbell	18	CRSC JHB	06/12/2018 CGA Championships 2018
53*	30.66	L	F	Hannah Ledingham	18	NWUC KKD	06/12/2018 NWS Championships 2018/2019
53*	30.66	L	P	Raquel Correia	18	CRSC JHB	20/03/2019 SA National JNR Age Group Champs
56	30.67	L	P	Nishaat Davids	18	MANT CPT	04/10/2018 Aquabear Invitational Meet
57	30.69	L	F	Samantha Van Veyeren	18	TUKS FSH	28/09/2018 NTS September 2018 Age Group Gala
58	30.83	L	P	Georgy Turner	18	MDOL JHB	20/03/2019 SA National JNR Age Group Champs

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	Time	P/F/S	Name	Age/Yr				
59	30.91 L	F	Emma Huxtable	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship	
60	31.04 L	F	Shania Richardson	18	HASC JHB	22/09/2018	CGA SANJ/Level 3 Gala No 1	
61	31.43 L	P	Corlia Botha	18	HILL TSH	28/03/2019	SA Level 3 Regional Age Group	
62	31.49 L	F	Hannah Schimper	18	AZON ETH	24/08/2018	KZN Beavers Winter LC Champs 2018	
63	31.62 L S	F	Marine Smuts	BR	BLOT MAN	27/11/2018	FS Champs	
64	31.82 L	F	Deané Toerien	18	TASC MPD	30/11/2018	Limpopo Champs	
65	31.97 L	F	Sarah Brand	18	ASA ILD	26/01/2019	Ushaka Championship Gala 2019	
66	32.01 L	F	Jeanne Joubert	18	NHS MP	20/02/2019	Inter High School Gala - 20 February	
67	32.40 L	F	Megan Vorster	18	BLSS MAN	03/11/2018	Fezile Dabi Inter District Gala 2018	
68	32.67 L	F	Johane Fourie	18	SGA MAN	16/03/2019	Level 1 2019 BFN	
69	32.98 L S	P	Lindie Meyer	18	NWUC KKD	25/06/2018	Sasol National Championship 2018	
70	33.10 L	F	Jenelle De Jonge	18	HMER MPD	16/10/2018	Limpopo Top 10 - High Schools	
71	33.19 L	F	Hannah Jamieson	18	PAC TSH	08/09/2018	2018 Hillcrest Sprint Gala13&O	
72	33.33 L	F	Arleen Moorcroft	18	BLMA CPT	25/01/2019	CTMA/TYR Qualifying Gala #3	
73	33.45 L	F	Alice Voigt	18	UPC MPD	20/02/2019	Inter High School Gala - 20 February	
74	33.57 L	F	Eloise Van Tonder	18	UPC MPD	26/10/2018	Top Schools - High School 28 October	
75	33.84 L	F	Angeleah Moss	18	NWUC KKD	27/10/2018	NWS Age Group 1 1819	
76	34.16 L	F	Ceilidh Ferguson	18	UPC MPD	26/10/2018	Top Schools - High School 28 October	
77	34.48 L	F	Jenna McNally	18	FSE UHD	10/11/2018	KCDA November Age Group Gala 2018	
78	36.01 L	P	Paige Ching	18	ESTR EKU	07/12/2018	EGA Championships 2018	
79	38.58 L	F	Simone' Mare	18	USH UHD	26/01/2019	Ushaka Championship Gala 2019	
80	39.68 L	F	Kaitlyn Steyn	18	PENC MP	26/10/2018	Top Schools - High School 28 October	
81	40.39 L	F	Shannon Coetzer	18	HARL BUF	04/10/2018	Aquabear Invitational Meet	
82	40.44 L	F	Vallerie Dessels	JN	BLOT MAN	16/03/2019	Level 1 2019 BFN	
83	43.40 L	F	Ane Swart	18	CUR MPD	26/10/2018	Top Schools - High School 28 October	
84	43.76 L	F	Mariska Dercksen	18	ESS EZD	26/10/2018	Top Schools - High School 28 October	
85	44.67 L	F	Jenna Jagers	18	MANT CPT	25/01/2019	CTMA/TYR Qualifying Gala #3	
86	47.25 L	F	Claudina Zeca	18	PENC MP	26/10/2018	Top Schools - High School 28 October	
87	47.38 L	F	Virone Mongwe	18	SOSH TSH	02/11/2018	NTS Nov 2018 Age Group Gala	
88	49.84 L	F	Charleen Van Rooyen	18	ESS EZD	26/10/2018	Top Schools - High School 28 October	
89	50.58 L	F	Lindelihle Mhlambo	AN	ASC ILD	07/09/2018	eThekwini Action Swimming Champs	
90	1:10.20 L	F	Temoso Monareng	18	ESS EZD	30/11/2018	Mpumalanga Championships 2018	
Women 18 - 18 100 Free								
1	57.44 L	P	Inge Weidemann	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019	
2	59.03 L	P	Kiara Noades	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019	
3	59.65 L	F	Lesley Blignaut	18	RSA	10/09/2018	13th African Swimming Champs	
4	1:00.13 L	F	Marine Nortje	18	SGUL ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS	
5	1:00.22 L	F	Ilinde Du Plessis	18	TUKS TSH	20/03/2019	SA National JNR Age Group Champs	
6	1:00.45 L	F	Abigail Meder	18	TYGE CPT	22/06/2018	PEA Winter Gala 2018	
7	1:00.46 L S	F	Sariska Terblanche	18	USC BUF	08/02/2019	5th A League	
8	1:00.85 L	P	Jade Neser	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
9	1:01.29 L	F	Emma Tarr	18	WATR JHB	26/10/2018	NTS Prestige Gala 2018	
10	1:01.34 L	F	Catherine Royden-Turner	18	SEAL UMD	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS	
11	1:01.40 L	P	Carla Antonopoulos	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	
12	1:01.73 L	P	Alicia Enslin	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019	
13	1:01.92 L	P	Amber McConnachie	18	AFIN JHB	20/03/2019	SA National JNR Age Group Champs	
14	1:02.04 L	F	Jana Coetzé	18	PCS KKD	01/03/2019	NW School Championships 2019	
15	1:02.12 L	P	Talea Claassens	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019	
16	1:02.15 L	F	Kelly Fairon	18	WATR JHB	26/10/2018	NTS Prestige Gala 2018	
17	1:02.25 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018	
18	1:02.81 L L	F	Cailin Joubert	18	MATI CED	05/12/2018	Western Cape Summer Championships	
19	1:03.10 L	P	Erin Graham	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
20	1:03.18 L	P	Chloe Velde	18	USC BUF	20/03/2019	SA National JNR Age Group Champs	
21	1:03.60 L	F	Amber Waddell	18	BLSS MAN	13/10/2018	SEALS	
22	1:03.87 L	P	Georgina Haler	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs	
23	1:04.08 L	P	Kiara Barnes	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	
24	1:04.09 L	P	Jade Miller	18	MATI CED	20/03/2019	SA National JNR Age Group Champs	
25	1:04.15 L	F	Jemma Bodington	TR	PSA ZLD	28/03/2019	SA Level 3 Regional Age Group	
26	1:04.17 L	F	Kristen Kleynhans	18	GAUT	02/03/2019	Gauteng Schools Chamionships	

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
27	1:04.33 L	P	Kayla McLoughlin	18	SAAW CPT	22/02/2019	2019 Grand Prix Invitational Swimming
28	1:04.52 L	F	Michelle Coetzer	18	ECA BUF	10/12/2018	SA Schools Swimming Championship
29	1:04.56 L	F	Sabrina Favini	18	WATR JHB	24/11/2018	CGA Level 3/SANJ Gala No 3
30	1:04.62 L	F	Jenna- Laine Fuller	18	AFIN JHB	06/12/2018	CGA Championships 2018
31	1:04.64 L	P	Eleanor Bennett	18	TUKS TSH	28/03/2019	SA Level 3 Regional Age Group
32	1:04.84 L	F	Laura Turpin	18	TUKS TSH	28/09/2018	NTS September 2018 Age Group Gala
33	1:04.94 L	P	Sophie Rodseth	18	SAAW CPT	05/12/2018	Western Cape Summer Championships
34	1:05.02 L	P	Erika Esterhuizen	18	WSTV ETH	20/03/2019	SA National JNR Age Group Champs
35	1:05.29 L L	F	Lindelize Bester	18	INFA NMA	30/11/2018	NMBA Championships 2018
36	1:05.35 L	F	Jenna Whiting	18	SOUL ECU	29/09/2018	EGA Summer 1 Soncini Games Trials
37	1:05.40 L	P	Jade Simons	18	ECA BUF	08/04/2019	Sa National Aquatic Championship 2019
38	1:05.49 L	P	Tessa Wartnaby	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019
39	1:05.98 L	F	Calynn Smith	18	PSC TSH	28/09/2018	NTS September 2018 Age Group Gala
40	1:06.13 L	P	Nicole De Beer	18	BENS ECU	20/03/2019	SA National JNR Age Group Champs
41	1:06.16 L	P	Robyn Marais	18	TYGE CPT	05/12/2018	Western Cape Summer Championships
42	1:06.22 L	P	Savanna Sommerville	18	GZSA TSH	28/03/2019	SA Level 3 Regional Age Group
43	1:06.24 L	F	Corlia Botha	18	HILL TSH	15/02/2019	NTS February 2019 Age Group Gala
44	1:06.34 L	P	Amy Vernes	18	SGUL ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
45	1:06.54 L	P	Talitha Vd Walt	18	CUDU CPT	28/03/2019	SA Level 3 Regional Age Group
46	1:06.73 L	F	Carmen De Clerck	18	PSC TSH	11/01/2019	NTS January 2019 Age Group Gala
47	1:06.74 L	P	Georgy Turner	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs
48	1:06.99 L	P	Nishaat Davids	18	MANT CPT	05/12/2018	Western Cape Summer Championships
49	1:07.02 L	P	Raquel Correia	18	CRSC JHB	20/03/2019	SA National JNR Age Group Champs
50	1:07.25 L	F	Hannah Schimper	18	AZON ETH	20/10/2018	eThekwini Age Group 7
51	1:07.34 L S	F	Dante Duke	18	CSC TSH	25/06/2018	Sasol National Championship 2018
52	1:07.48 L S	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018	FS Champs
53	1:07.72 L	F	Hannah Ledingham	18	NWUC KKD	06/12/2018	NWS Championships 2018/2019
54	1:08.05 L	P	Jordan Bosman	18	CYBE CPT	05/12/2018	Western Cape Summer Championships
55	1:08.15 L	P	San-Mari Du Plessis	18	PAC TSH	15/06/2018	Rossini Swim Cup
56	1:08.57 L S	F	Marine Smuts	BR	BLOT MAN	27/11/2018	FS Champs
57	1:08.74 L	P	Tarryn Campbell	18	CRSC JHB	28/03/2019	SA Level 3 Regional Age Group
58	1:09.31 L	P	Sarah Gledhill	18	CRSC JHB	06/12/2018	CGA Championships 2018
59	1:10.28 L	F	Shania Richardson	18	HASC JHB	22/09/2018	CGA SANJ/Level 3 Gala No 1
60	1:10.46 L	F	Hannah Jamieson	18	PAC TSH	28/09/2018	NTS September 2018 Age Group Gala
61	1:11.04 L S	F	Megan Vorster	18	BLSS MAN	27/11/2018	FS Champs
62	1:12.56 L	F	Arleen Moorcroft	18	BLMA CPT	02/11/2018	37th Freda Barnard Gala Invitational
63	1:12.65 L	F	Angeleah Moss	18	NWUC KKD	27/10/2018	NWS Age Group 1 1819
64	1:13.59 L S	F	Lindie Meyer	18	NWUC KKD	25/06/2018	Sasol National Championship 2018
65	1:14.24 L	P	Sage Cawse	18	AQUB NMA	04/10/2018	Aquabear Invitational Meet
66	1:14.42 L	F	Alice Voigt	18	UPC MPD	20/02/2019	Inter High School Gala - 20 February
67	1:14.83 L	F	Jaime Bossenger	18	PAQU CED	15/09/2018	Winelands SL 2
68	1:15.71 L	F	Johane Fourie	18	SGA MAN	16/03/2019	Level 1 2019 BFN
69	1:16.53 L	P	Paige Ching	18	ESTR ECU	07/12/2018	EGA Championships 2018
70	1:17.17 L	F	Jenelle De Jonge	18	HMER MPD	16/10/2018	Limpopo Top 10 - High Schools
71	1:22.99 L	P	Simone' Mare	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship
72	1:28.24 L	P	Vallerie Dessels	18	GREY CPT	21/02/2019	Inter High 2019
73	1:30.38 L	F	Shannon Coetzer	18	HARL BUF	04/10/2018	Aquabear Invitational Meet
74	1:45.98 L	F	Jenna Jagers	18	MANT CPT	28/03/2019	SA Level 3 Regional Age Group
75	1:47.87 L	F	Mariska Dercksen	18	ESS EZD	30/11/2018	Mpumalanga Championships 2018
76	2:01.44 L	F	Lindelihle Mhlambo	AN	ASC ILD	07/09/2018	eThekwini Action Swimming Champs
77	2:07.24 L	F	Charleen Van Rooyen	18	ESS EZD	30/11/2018	Mpumalanga Championships 2018
78	2:48.97 L	F	Temoso Monareng	18	ESS EZD	02/03/2019	MP AGE GROUP 6 - 2 MARCH 2019

Women 18 - 18 200 Free

1	2:06.80 L	F	Kiara Noades	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
2	2:06.93 L	F	Abigail Meder	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019
3	2:08.57 L	F	Carla Antonopoulos	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019
4	2:08.70 L	P	Inge Weidemann	18	RSA	08/12/2018	AUSC -Region 5 Under 20 YTH Games
5	2:09.26 L	P	Ilinde Du Plessis	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
6	2:10.52 L	F	Emma Wallis	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs

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	Time	P/F/S	Name	Age/Yr			
7	2:12.50 L	P	Sabrina Favini	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
8	2:13.52 L	P	Kelly Fairon	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
9	2:13.59 L	P	Kiara Barnes	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs
10	2:13.85 L	F	Marine Nortje	18	SGUL ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
11	2:14.82 L	F	Sariska Terblanche	18	USC BUF	25/01/2019	BCA January Age Group Gala 2019
12	2:15.45 L	P	Lauren Forsyth	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019
13	2:15.60 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018
14	2:15.73 L	P	Emma Tarr	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
15	2:15.76 L	P	Samantha Van Veyeren	18	TUKS TSH	20/03/2019	SA National JNR Age Group Champs
16	2:16.42 L	P	Talea Claassens	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
17	2:16.53 L	F	Lesley Blignaut	18	TUKS TSH	26/10/2018	NTS Prestige Gala 2018
18	2:16.55 L	F	Jesica Smit	18	CSC TSH	28/09/2018	NTS September 2018 Age Group Gala
19	2:16.89 L	P	Amber McConnachie	18	AFIN JHB	20/03/2019	SA National JNR Age Group Champs
20	2:18.10 L	P	Catherine Royden-Turner	18	SEAL UMD	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
21	2:18.45 L	P	Kayla McLoughlin	18	SAAW CPT	20/03/2019	SA National JNR Age Group Champs
22	2:20.28 L	F	Cailin Joubert	18	MATI CED	05/12/2018	Western Cape Summer Championships
23	2:22.18 L S	F	Amber Waddell	18	BLSS MAN	27/11/2018	FS Champs
24	2:22.23 L	F	Corlia Botha	18	HILL TSH	15/02/2019	NTS February 2019 Age Group Gala
25	2:22.40 L	F	Kristen Kleynhans	18	NTSOR TSH	01/02/2019	NTS Invitational Gala 2019
26	2:22.63 L	F	Georgina Haler	18	WATR JHB	19/01/2019	CGA Last Chance Level 3-SANJ gala
27	2:22.72 L	F	Jade Simons	18	PEAS NMA	30/11/2018	NMBA Championships 2018
28	2:23.10 L	F	Talitha Vd Walt	18	CUDU CPT	28/03/2019	SA Level 3 Regional Age Group
29	2:23.64 L	F	Sophie Rodseth	18	SAAW CPT	05/12/2018	Western Cape Summer Championships
30	2:24.19 L	F	Erin Graham	18	MDOL JHB	19/01/2019	CGA Last Chance Level 3-SANJ gala
31	2:24.48 L	F	Laura Turpin	18	TUKS TSH	22/06/2018	Treviso Swim Cup
32	2:24.78 L	F	Robyn Marais	18	TYGE CPT	05/12/2018	Western Cape Summer Championships
33	2:25.45 L	F	Jemma Bodington	TR	PSA ZLD	28/03/2019	SA Level 3 Regional Age Group
34	2:25.50 L S	P	Eleanor Bennett	18	TUKS TSH	07/12/2018	NTS Championships 2018
35	2:25.52 L	F	Nishaat Davids	18	MANT CPT	04/10/2018	Aquabear Invitational Meet
36	2:25.55 L	F	Keren Welgemoed	18	DBSC SDD	29/09/2018	EGA Summer 1 Soncini Games Trials
37	2:26.91 L	F	Alicia Enslin	18	NTSBL TSH	01/02/2019	NTS Invitational Gala 2019
38	2:27.81 L	P	Tarryn Campbell	18	CRSC JHB	28/03/2019	SA Level 3 Regional Age Group
39	2:27.89 L	P	Michelle Coetzer	18	ECA BUF	10/12/2018	SA Schools Swimming Championship
40	2:28.15 L	P	Calynn Smith	18	PSC TSH	28/03/2019	SA Level 3 Regional Age Group
41	2:28.39 L	F	Nicole De Beer	18	BENS EKU	07/12/2018	EGA Championships 2018
42	2:28.40 L	F	Jade Miller	18	SASE JHB	06/12/2018	CGA Championships 2018
43	2:29.03 L S	F	Marine Smuts	BR	BLOT MAN	27/11/2018	FS Champs
44	2:30.67 L	F	Savanna Sommerville	18	GZSA TSH	11/01/2019	NTS January 2019 Age Group Gala
45	2:31.95 L	F	Jenna- Laine Fuller	18	AFIN JHB	29/09/2018	EGA Summer 1 Soncini Games Trials
46	2:32.15 L	F	Hannah Schimper	18	AZON ETH	21/07/2018	eThekwini Age Group Gala 4
47	2:32.56 L	F	Shania Richardson	18	HASC JHB	19/01/2019	CGA Last Chance Level 3-SANJ gala
48	2:32.89 L	P	Dante Duke	18	CSC TSH	25/06/2018	Sasol National Championship 2018
49	2:33.44 L S	F	Megan Vorster	18	BLSS MAN	27/11/2018	FS Champs
50	2:34.03 L	F	Jana Coetzé	18	RBOT NW	06/12/2018	NWS Championships 2018/2019
51	2:42.30 L	F	Hannah Jamieson	18	PAC TSH	28/09/2018	NTS September 2018 Age Group Gala
52	2:44.16 L	P	Lindie Meyer	18	NWUC KKD	25/06/2018	Sasol National Championship 2018
53	2:44.84 L	F	Arleen Moorcroft	18	BLMA CPT	16/02/2019	CTMA L2&L3 CHAMPS
54	2:54.84 L	F	Johane Fourie	18	SGA MAN	16/03/2019	Level 1 2019 BFN
55	3:12.28 L	F	Simone' Mare	18	KZN ETH	18/03/2019	2019 SASAPD National Championships
56	3:21.78 L	F	Vallerie Dessels	JN	BLOT MAN	16/03/2019	Level 1 2019 BFN
57	4:05.72 L	P	Mariska Dercksen	18	ESS EZD	30/11/2018	Mpumalanga Championships 2018

Women 18 - 18 400 Free

1	4:20.29 L	F	Abigail Meder	18	TYGE CPT	05/12/2018	Western Cape Summer Championships
2	4:22.84 L	F	Kiara Noades	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
3	4:28.11 L	F	Carla Antonopoulos	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019
4	4:34.53 L	F	Emma Wallis	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
5	4:35.77 L	F	Kiara Barnes	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs
6	4:41.55 L	F	Sabrina Favini	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
7	4:43.62 L	F	Sariska Terblanche	18	USC BUF	20/03/2019	SA National JNR Age Group Champs

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
8	4:50.33 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018	
9	4:55.08 L	F	Kayla McLoughlin	18	SAAW CPT	05/12/2018	Western Cape Summer Championships	
10	5:07.40 L	F	Talitha Vd Walt	18	CUDU CPT	05/12/2018	Western Cape Summer Championships	
11	5:08.20 L	F	Sophie Rodseth	18	CTMA WP	12/01/2019	BCA Inter District Gala 2019	
12	5:11.72 L	F	Marine Smuts	BR	BLOT MAN	27/11/2018	FS Champs	
13	5:16.69 L	F	Nicole De Beer	18	BENS EKU	07/12/2018	EGA Championships 2018	
14	5:22.31 L	F	Michelle Coetzer	18	BLNE MAN	27/11/2018	FS Champs	
15	5:22.52 L	F	Megan Vorster	18	BLSS MAN	27/11/2018	FS Champs	
16	5:42.00 L	F	Jemma Bodington	TR	PSA ZLD	28/03/2019	SA Level 3 Regional Age Group	
17	5:44.74 L	F	Jana Coetzé	18	RBOT NW	27/10/2018	NWS Age Group 1 1819	
18	6:03.93 L	F	Lindie Meyer	18	NWUC KKD	06/12/2018	NWS Championships 2018/2019	
19	6:22.71 L	F	Paige Ching	18	ESTR EKU	03/11/2018	EGA Summer 3 03.11.2018	
20	9:28.69 L	F	Lindelihle Mhlambo	AN	ASC 4LD	07/09/2018	eThekwin Action Swimming Champs	
Women 18 - 18 500 Free								
1	12:52.62 L	O	Carla Antonopoulos	18	TYGE CPT	16/12/2018	Open Water Swimming Challenge	
2	19:45.47 L	O	Robyn Marais	18	TYGE CPT	16/12/2018	Open Water Swimming Challenge	
Women 18 - 18 800 Free								
1	9:00.71 L	F	Abigail Meder	18	SGUL ETH	22/02/2019	2019 Grand Prix Invitational Swimming	
2	9:10.92 L	F	Carla Antonopoulos	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	
3	9:28.02 L	F	Michee Van Rooyen	18	PSC FSH	28/09/2018	NTS September 2018 Age Group Gala	
4	9:30.31 L	F	Emma Wallis	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
5	9:32.64 L	F	Kiara Barnes	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	
6	9:45.10 L	F	Sariska Terblanche	18	USC BUF	20/03/2019	SA National JNR Age Group Champs	
7	10:26.69 L	F	Kayla McLoughlin	18	SAAW CPT	10/11/2018	Winelands SL 4	
8	10:39.79 L	F	Keren Welgemoed	18	DBSC SDD	13/10/2018	EGA Summer 2 2018	
9	10:50.15 L	F	Nicole De Beer	18	BENS EKU	07/12/2018	EGA Championships 2018	
10	10:56.50 L	F	Marine Smuts	BR	BLOT MAN	27/11/2018	FS Champs	
11	11:03.88 L	F	Talitha Vd Walt	18	CUDU CPT	04/10/2018	Aquabear Invitational Meet	
12	12:10.64 L	F	Jaime Bossenger	18	PAQU CED	10/11/2018	Winelands SL 4	
Women 18 - 18 1000 Free								
1	13:49.03 L	O	Kiara Barnes	18	TYGE CPT	16/12/2018	Open Water Swimming Challenge	
2	14:43.85 L	O	Robyn Marais	18	TYGE CPT	16/12/2018	Open Water Swimming Challenge	
3	21:27.55 L	O	Carla Antonopoulos	18	TYGE CPT	16/12/2018	Open Water Swimming Challenge	
4	22:30.08 L	O	Ganaan Hattas	18	MARL CPT	16/12/2018	Open Water Swimming Challenge	
Women 18 - 18 1500 Free								
1	17:15.59 L S	F	Abigail Meder	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019	
2	17:44.82 L S	F	Carla Antonopoulos	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019	
3	18:25.37 L	F	Kiara Barnes	18	TYGE CPT	22/06/2018	PEA Winter Gala 2018	
4	20:45.23 L	F	Talitha Vd Walt	18	CUDU CPT	05/12/2018	Western Cape Summer Championships	
Women 18 - 18 3000 Free								
1	47.43 L	F	Marine Smuts	BR	BLOT MAN	12/01/2019	Kovsie Aquatics Open Water 2019	
2	48.40 L	F	Megan Vorster	18	BLSS MAN	12/01/2019	Kovsie Aquatics Open Water 2019	
3	39:56.00 L	F	Kelly Fairon	18	WATR JHB	20/10/2018	Dis-Chem Sun City Swim	
4	47:14.00 L	O	Frances Herholdt	18	ROA EDD	28/10/2018	EC Swim Series OWS 2 2018	
5	48:00.60 L	O	Michell Strydom	18	BEST NMA	25/11/2018	EC Swim Series OWS 3 2018	
Women 18 - 18 5000 Free								
1	1:02:03.36 L	O	Abigail Meder	18	KZN ETH	02/03/2019	SA National Aquatic Championship 2019	
2	1:04:00.00 L	O	Carla Antonopoulos	18	TYGE CPT	16/12/2018	Open Water Swimming Challenge	
3	1:05:57.32 L	O	Kiara Barnes	18	WCA WCA	02/03/2019	SA National Aquatic Championship 2019	
4	1:10:19.84 L	O	Kelly Fairon	18	AG	02/03/2019	SA National Aquatic Championship 2019	
5	1:20:24.00 L	O	Reedah Shaw	18	PAQU CED	16/12/2018	Open Water Swimming Challenge	
Women 18 - 18 7500 Free								
1	1:39:39.80 L	F	Carla Antonopoulos	18	TYGE CPT	06/09/2018	World Junior OWS Champs	
Women 18 - 18 10000 Free								
1	2:01:55.10 L	F	Abigail Meder	18	ACSA ETH	06/09/2018	World Junior OWS Champs	
2	2:14:01.25 L	O	Kiara Barnes	18	WCA WCA	02/03/2019	SA National Aquatic Championship 2019	

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
3	2:17:04.40 L	O	Carla Antonopoulos	18	TYGE CPT	05/01/2019	2019 Grand Prix Invitation Swimming
Women 18 - 18 50 Back							
1	30.32 L	F	Hannah Kiely	18	RSA	10/09/2018	13th African Swimming Champs
2	30.80 L	P	Kiara Noades	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
3	31.04 L	P	Inge Weidemann	18	RSA	08/12/2018	AUSC -Region 5 Under 20 YTH Games
4	31.24 L	F	Catherine Royden-Turner	18	SEAL UMD	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
5	31.42 L	F	Ilinde Du Plessis	18	TUKS TSH	20/03/2019	SA National JNR Age Group Champs
6	31.45 L	F	Emma Tarr	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
7*	31.47 L	F	Alicia Enslin	18	TUKS TSH	20/03/2019	SA National JNR Age Group Champs
7*	31.47 L	F	Chloe Velde	18	USC BUF	20/03/2019	SA National JNR Age Group Champs
9	31.51 L	F	Jana Coetzé	18	MPS NGD	10/12/2018	SA Schools Swimming Championship
10	31.56 L	P	Talea Claassens	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
11	32.12 L	P	Tessa Wartnaby	18	WSTV ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
12	32.36 L L	F	Abigail Meder	18	TYGE CPT	22/06/2018	PEA Winter Gala 2018
13	32.48 L	F	Sarah Gledhill	18	CRSC JHB	06/12/2018	CGA Championships 2018
14	32.61 L	P	Erika Esterhuizen	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019
15*	32.69 L	F	Amber McConnachie	18	ECA BUF	10/12/2018	SA Schools Swimming Championship
15*	32.69 L	P	Jade Nesor	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019
17	33.05 L	F	Lesley Blignaut	18	TUKS TSH	07/12/2018	NTS Championships 2018
18	33.27 L	P	Michelle Kretzschmar	18	BLUO UGD	20/03/2019	SA National JNR Age Group Champs
19	33.39 L	P	Georgy Turner	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs
20	33.42 L	P	Kayla Holtshausen	18	TWSA NMA	04/10/2018	Aquabear Invitational Meet
21	33.43 L	P	Raquel Correia	18	CRSC JHB	20/03/2019	SA National JNR Age Group Champs
22	33.66 L	P	Georgina Haler	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
23	33.74 L	F	Samantha Van Veyeren	18	TUKS TSH	28/09/2018	NTS September 2018 Age Group Gala
24	33.83 L	F	Kayla McLoughlin	18	SAAW CPT	04/10/2018	Aquabear Invitational Meet
25	33.86 L	P	Jordan Bosman	18	CYBE CPT	05/12/2018	Western Cape Summer Championships
26	34.17 L	F	Nicole De Beer	18	BENS EKU	07/12/2018	EGA Championships 2018
27	34.25 L	P	Savanna Sommerville	18	GZSA TSH	28/03/2019	SA Level 3 Regional Age Group
28	34.62 L S	F	Amber Waddell	18	BLSS MAN	27/11/2018	FS Champs
29	34.77 L	P	Jenna- Laine Fuller	18	AFIN JHB	28/03/2019	SA Level 3 Regional Age Group
30	34.87 L	F	Corlia Botha	18	HILL TSH	08/09/2018	2018 Hillcrest Sprint Gala13&O
31	34.89 L	F	Shania Richardson	18	HASC JHB	24/11/2018	CGA Level 3/SANJ Gala No 3
32	34.96 L S	F	Sariska Terblanche	18	USC BUF	08/02/2019	5th A League
33	34.99 L	F	Tatum Peyerl	18	MDOL JHB	15/09/2018	Adrian Grafe Speedo Sprint Meet 2018
34	35.35 L	P	Jemma Bodington	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship
35	35.38 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018
36	35.63 L L	F	Megan Vorster	18	OMS FS	21/02/2019	Inter High 2019
37	36.04 L	P	Robyn Marais	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs
38	36.05 L	F	Amy Vernes	18	SGUL ETH	26/05/2018	eThekwini Age Group Gala 1
39	36.13 L S	F	Erica Moolman	BR	BLOT MAN	27/11/2018	FS Champs
40	36.46 L S	F	Marine Smuts	BR	BLOT MAN	27/11/2018	FS Champs
41	36.49 L	P	Sophie Rodseth	18	SAAW CPT	05/12/2018	Western Cape Summer Championships
42	36.68 L	F	Calynn Smith	18	PSC TSH	28/09/2018	NTS September 2018 Age Group Gala
43	36.96 L	F	Elsie Botha	18	HBV MPD	16/10/2018	Limpopo Top 10 - High Schools
44	37.40 L	F	Hannah Ledingham	18	NWUC KKD	06/12/2018	NWS Championships 2018/2019
45	37.42 L S	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018	FS Champs
46	37.43 L	F	Deané Toerien	18	TASC MPD	15/09/2018	Limpopo Age Group 3
47	37.75 L	P	Jenna Whiting	18	SOUL EKU	07/12/2018	EGA Championships 2018
48	38.32 L	F	Tarryn Campbell	18	CRSC JHB	06/12/2018	CGA Championships 2018
49	38.52 L	F	Jenna McNally	18	FSE UHD	10/11/2018	KCDA November Age Group Gala 2018
50	38.56 L	F	Marine Nortje	18	SGUL ETH	29/09/2018	eThekwini Age Group Gala 6
51	38.71 L S	F	Michelle Coetzer	18	BLNE MAN	27/11/2018	FS Champs
52	39.57 L	F	Talitha Vd Walt	18	CUDU CPT	10/11/2018	Winelands SL 4
53	39.82 L	F	Hannah Jamieson	18	PAC TSH	08/09/2018	2018 Hillcrest Sprint Gala13&O
54	41.58 L	F	Arleen Moorcroft	18	BLMA CPT	16/02/2019	CTMA L2&L3 CHAMPS
55	41.86 L	F	Jaime Bossenger	18	PAQU CED	10/11/2018	Winelands SL 4
56	42.01 L	F	Eloise Van Tonder	18	UPC MPD	26/10/2018	Top Schools - High School 28 October
57	42.69 L	F	Lindie Meyer	18	NWUC KKD	06/12/2018	NWS Championships 2018/2019

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
58	43.40 L	F	Paige Ching	18	ESTR EKU	15/09/2018	Adrian Grafe Speedo Sprint Meet 2018
59	44.22 L	F	Alice Voigt	18	UPC MPD	26/10/2018	Top Schools - High School 28 October
60	44.46 L	P	Vallerie Dessels	18	GREY CPT	21/02/2019	Inter High 2019
61	44.99 L	F	Simone' Mare	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship
62	46.06 L	F	Ceilidh Ferguson	18	UPC MPD	26/10/2018	Top Schools - High School 28 October
63	48.30 L	F	Jenna Jagers	18	MANT CPT	28/03/2019	SA Level 3 Regional Age Group
64	49.14 L	F	Kaitlyn Steyn	18	PENC MP	20/02/2019	Inter High School Gala - 20 February
65	51.14 L	F	Ane Swart	18	CUR MPD	26/10/2018	Top Schools - High School 28 October
66	55.77 L	P	Charleen Van Rooyen	18	MPS NGD	10/12/2018	SA Schools Swimming Championship
67	58.01 L	F	Mariska Dercksen	18	ESS EZD	15/09/2018	MP Xerox Sprint Gala - 15 September
68	1:01.50 L	F	Virone Mongwe	18	SOSH TSH	30/11/2018	2018 The Tshwane Mayoral Gala
69	1:26.70 L	F	Temoso Monareng	18	ESS EZD	30/11/2018	Mpumalanga Championships 2018
Women 18 - 18 100 Back							
1	1:04.53 L	F	Hannah Kiely	18	RSA	10/09/2018	13th African Swimming Champs
2	1:05.55 L	F	Iilinde Du Plessis	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
3	1:05.94 L	F	Kiara Noades	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
4	1:06.18 L	F	Alicia Enslin	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
5	1:06.73 L	F	Emma Tarr	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
6	1:07.55 L	F	Abigail Meder	18	TYGE CPT	22/06/2018	PEA Winter Gala 2018
7	1:07.78 L	P	Talea Claassens	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
8	1:08.21 L S	F	Catherine Royden-Turner	18	SEAL UMD	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
9	1:08.37 L	P	Kelly Fairon	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
10	1:09.61 L	P	Amber McConnachie	18	ECA BUF	08/04/2019	Sa National Aquatic Championship 2019
11	1:09.82 L	P	Chloe Velde	18	USC BUF	20/03/2019	SA National JNR Age Group Champs
12	1:09.88 L	F	Jana Coetzé	18	MPS NGD	10/12/2018	SA Schools Swimming Championship
13	1:10.11 L	P	Georgina Haler	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
14	1:10.25 L	P	Jade Nesor	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
15	1:10.50 L	P	Tessa Wartnaby	18	WSTV ETH	20/03/2019	SA National JNR Age Group Champs
16	1:10.65 L	P	Michelle Kretzschmar	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019
17	1:11.09 L	P	Sabrina Favini	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019
18	1:11.25 L	P	Sariska Terblanche	18	ECA BUF	08/04/2019	Sa National Aquatic Championship 2019
19	1:11.32 L	P	Erika Esterhuizen	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019
20	1:11.34 L	F	Nicole De Beer	18	BENS EKU	07/12/2018	EGA Championships 2018
21	1:11.46 L	P	Samantha Van Veyeren	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
22	1:11.71 L	P	Raquel Correia	18	CRSC JHB	20/03/2019	SA National JNR Age Group Champs
23	1:12.16 L	P	Kiara Barnes	18	TYGE CPT	22/02/2019	2019 Grand Prix Invitational Swimming
24	1:12.31 L	F	Kayla Holtshausen	18	TWSA NMA	04/10/2018	Aquabear Invitational Meet
25	1:13.85 L	F	Jordan Bosman	18	CYBE CPT	05/12/2018	Western Cape Summer Championships
26	1:14.01 L	F	Savanna Sommerville	18	GZSA TSH	11/01/2019	NTS January 2019 Age Group Gala
27	1:14.44 L	P	Kayla McLoughlin	18	SAAW CPT	04/10/2018	Aquabear Invitational Meet
28	1:15.04 L	P	Georgy Turner	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs
29	1:15.12 L	P	Robyn Marais	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs
30	1:15.23 L	F	Lesley Bignaut	18	TUKS TSH	15/02/2019	NTS February 2019 Age Group Gala
31	1:15.97 L	F	Jenna- Laine Fuller	18	AFIN JHB	23/02/2019	EGA Summer 5 23-24.02.2019
32	1:16.08 L	P	Shania Richardson	18	HASC JHB	28/03/2019	SA Level 3 Regional Age Group
33	1:16.47 L S	P	Kristen Kleynhans	18	TUKS TSH	07/12/2018	NTS Championships 2018
34	1:16.92 L	P	Corlia Botha	18	HILL TSH	28/03/2019	SA Level 3 Regional Age Group
35	1:17.21 L	F	Sarah Gledhill	18	CRSC JHB	06/12/2018	CGA Championships 2018
36	1:17.38 L	F	Marine Smuts	BR	BLOT MAN	27/11/2018	FS Champs
37	1:18.10 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018
38	1:18.75 L	F	Jeanri Buys	18	SAAW CPT	25/01/2019	CTMA/TYR Qualifying Gala #3
39	1:19.45 L	P	Amy Vernes	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship
40	1:19.75 L	F	Keren Welgemoed	18	DBSC SDD	13/10/2018	EGA Summer 2 2018
41	1:20.27 L	F	Carmen De Clerck	18	PSC TSH	11/01/2019	NTS January 2019 Age Group Gala
42	1:20.37 L	F	Calynn Smith	18	PSC TSH	28/09/2018	NTS September 2018 Age Group Gala
43	1:21.35 L	F	Megan Vorster	18	BLSS MAN	27/11/2018	FS Champs
44	1:21.91 L	F	Michelle Coetzer	18	BLNE MAN	27/11/2018	FS Champs
45	1:21.92 L	F	Elizabeth Pretorius	AR	BLOT MAN	19/10/2018	Otters Prestige Gala
46	1:22.02 L	F	Elsie Botha	18	HBV MPD	16/10/2018	Limpopo Top 10 - High Schools

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time		P/F/S	Name	Age/Yr			
47	1:22.45	L	F	Hannah Ledingham	18	NWUC	KKD	06/12/2018 NWS Championships 2018/2019
48	1:22.73	L	F	Deané Toerien	18	TASC	MPD	30/11/2018 Limpopo Champs
49	1:22.99	L	F	Talitha Vd Walt	18	CUDU	CPT	04/10/2018 Aquabear Invitational Meet
50	1:23.31	L	F	Erin Graham	18	MDOL	JHB	19/01/2019 CGA Last Chance Level 3-SANJ gala
51	1:23.61	L	F	Jemma Bodington	TR	PSA	ZLD	28/03/2019 SA Level 3 Regional Age Group
52	1:23.74	L	F	Angeleah Moss	18	NWUC	KKD	27/10/2018 NWS Age Group 1 1819
53	1:25.00	L	F	Hannah Jamieson	18	PAC	TSH	28/09/2018 NTS September 2018 Age Group Gala
54	1:25.56	L	F	Arleen Moorcroft	18	BLMA	CPT	16/02/2019 CTMA L2&L3 CHAMPS
55	1:28.92	L	P	Paige Ching	18	ESTR	EKU	07/12/2018 EGA Championships 2018
56	1:29.11	L	F	Jenna McNally	18	FSE	UHD	10/11/2018 KCDA November Age Group Gala 2018
57	1:34.87	L	F	Eloise Van Tonder	18	UPC	MPD	20/02/2019 Inter High School Gala - 20 February
58	1:36.91	L	F	Lindie Meyer	18	PCS	KKD	01/03/2019 NW School Championships 2019
59	1:39.94	L	P	Simone' Mare	TR	KZNS	ETH	10/12/2018 SA Schools Swimming Championship
60	1:43.68	L	P	Vallerie Dessels	18	GREY	CPT	21/02/2019 Inter High 2019
61	1:46.15	L	F	Shannon Coetzer	18	HARL	BUF	04/10/2018 Aquabear Invitational Meet
62	2:00.73	L	F	Jenna Jagers	18	MANT	CPT	05/12/2018 Western Cape Summer Championships
63	2:13.84	L	F	Mariska Dercksen	18	ESS	EZD	28/09/2018 MP AGE GROUP 1 - 28-29
64	2:13.91	L	F	Charleen Van Rooyen	18	ESS	EZD	12/10/2018 MP AGE GROUP 2 - 12-13 OCTOBER
Women 18 - 18 200 Back								
1	2:19.93	L	P	Kiara Noades	18	AGC	TSH	08/04/2019 Sa National Aquatic Championship 2019
2	2:22.01	L	F	Hannah Kiely	18	RSA		10/09/2018 13th African Swimming Champs
3	2:22.40	L	P	Abigail Meder	18	SGUL	ETH	22/02/2019 2019 Grand Prix Invitational Swimming
4	2:22.42	L S	F	Alicia Enslin	18	TUKS	TSH	20/03/2019 SA National JNR Age Group Champs
5	2:25.05	L	F	Talea Claassens	18	AGC	TSH	08/04/2019 Sa National Aquatic Championship 2019
6	2:25.50	L S	F	Emma Tarr	18	WATR	JHB	20/03/2019 SA National JNR Age Group Champs
7	2:25.87	L S	F	Emma Wallis	18	WATR	JHB	20/03/2019 SA National JNR Age Group Champs
8	2:28.13	L S	P	Kelly Fairon	18	WATR	JHB	20/03/2019 SA National JNR Age Group Champs
9	2:28.41	L	F	Catherine Royden-Turner	18	SEAL	UMD	10/07/2018 TYR PRESTIGE CHAMPIONSHIPS
10	2:29.85	L S	P	Kiara Barnes	18	TYGE	CPT	20/03/2019 SA National JNR Age Group Champs
11	2:29.95	L S	P	Carla Antonopoulos	18	TYGE	CPT	20/03/2019 SA National JNR Age Group Champs
12	2:30.11	L S	P	Georgina Haler	18	WATR	JHB	20/03/2019 SA National JNR Age Group Champs
13	2:30.58	L	P	Samantha Van Veyeren	18	AGC	TSH	08/04/2019 Sa National Aquatic Championship 2019
14	2:32.55	L	F	Chloe Velde	18	USC	BUF	01/02/2019 BCA Long Course Championships
15	2:35.90	L S	P	Michelle Kretzschmar	18	BLUO	UGD	20/03/2019 SA National JNR Age Group Champs
16	2:36.99	L S	P	Amber McConnachie	18	AFIN	JHB	20/03/2019 SA National JNR Age Group Champs
17	2:37.81	L	F	Nicole De Beer	18	BENS	EKU	17/11/2018 EGA Summer 3L 17.11.2018
18	2:39.29	L	F	Robyn Marais	18	TYGE	CPT	05/12/2018 Western Cape Summer Championships
19	2:39.39	L	F	Kayla McLoughlin	18	SAAW	CPT	04/10/2018 Aquabear Invitational Meet
20	2:39.72	L	F	Jana Coetzé	18	RBOT	NW	06/12/2018 NWS Championships 2018/2019
21	2:39.73	L	P	Tessa Wartnaby	18	KZNS	ETH	08/04/2019 SA National Aquatic Championship 2019
22	2:44.17	L S	P	Georgy Turner	18	MDOL	JHB	20/03/2019 SA National JNR Age Group Champs
23	2:45.19	L	F	Corlia Botha	18	HILL	TSH	02/11/2018 NTS Nov 2018 Age Group Gala
24	2:45.21	L	F	Jordan Bosman	18	CYBE	CPT	05/12/2018 Western Cape Summer Championships
25	2:45.32	L	F	Kristen Kleynhans	18	NTSOR	TSH	01/02/2019 NTS Invitational Gala 2019
26	2:45.72	L S	F	Erica Moolman	BR	BLOT	MAN	27/11/2018 FS Champs
27	2:46.22	L	F	Savanna Sommerville	18	GZSA	TSH	11/01/2019 NTS January 2019 Age Group Gala
28	2:46.43	L	P	Shania Richardson	18	HASC	JHB	28/03/2019 SA Level 3 Regional Age Group
29	2:46.85	L S	F	Marine Smuts	BR	BLOT	MAN	27/11/2018 FS Champs
30	2:48.88	L	F	Payton Horton	18	TWSA	NMA	22/06/2018 PEA Winter Gala 2018
31	2:54.63	L	F	Amy Vernes	TR	KZNS	ETH	10/12/2018 SA Schools Swimming Championship
32	2:54.77	L	F	Angeleah Moss	18	NWUC	KKD	10/11/2018 NWS Age Group 2 1819
33	3:03.91	L	F	Megan Vorster	18	OMS	FS	21/02/2019 Inter High 2019
34	3:06.85	L	F	Arleen Moorcroft	18	BLMA	CPT	16/02/2019 CTMA L2&L3 CHAMPS
35	4:55.82	L	F	Mariska Dercksen	18	ESS	EZD	12/10/2018 MP AGE GROUP 2 - 12-13 OCTOBER
Women 18 - 18 50 Breast								
1	33.10	L	F	Jade Simons	18	RSA		10/09/2018 13th African Swimming Champs
2	33.65	L	P	Jade Neser	18	AGB	JHB	08/04/2019 Sa National Aquatic Championship 2019
3	33.86	L	F	Lindelize Bester	18	INFA	NMA	04/10/2018 Aquabear Invitational Meet

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
4	34.28 L	F	Reedah Shaw	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
5	34.35 L	F	Tatum Peyerl	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs
6	34.95 L	F	Emma Huxtable	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship
7	35.05 L	F	Erin Graham	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs
8	35.37 L	P	Emma Wallis	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
9	35.57 L	F	Eleanor Bennett	18	TUKS TSH	28/03/2019	SA Level 3 Regional Age Group
10	35.58 L	F	Jenna- Laine Fuller	18	AFIN JHB	28/03/2019	SA Level 3 Regional Age Group
11	35.68 L	P	Samantha Van Veyeren	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019
12	35.77 L	P	Sabrina Favini	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
13	35.85 L	F	Lesley Bignaut	18	TUKS TSH	15/02/2019	NTS February 2019 Age Group Gala
14	36.03 L	F	Jenna Whiting	18	SOUL EKU	15/09/2018	Adrian Grafe Speedo Sprint Meet 2018
15	36.04 L	F	Tracy-Lee Young	18	WATR JHB	24/11/2018	CGA Level 3/SANJ Gala No 3
16	36.08 L	F	Leigh Hudson	18	WATR JHB	26/10/2018	NTS Prestige Gala 2018
17	36.26 L	F	Tarryn Campbell	18	CRSC JHB	28/03/2019	SA Level 3 Regional Age Group
18	36.34 L	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018	FS Champs
19	36.72 L	F	Sarah Brand	18	ASA ILD	29/09/2018	eThekwini Age Group Gala 6
20	36.94 L	P	Laura Turpin	18	TUKS TSH	15/06/2018	Rossini Swim Cup
21	37.15 L	F	Hannah Ledingham	18	NWUC KKD	06/12/2018	NWS Championships 2018/2019
22	37.48 L	F	Deané Toerien	18	TASC MPD	30/11/2018	Limpopo Champs
23	37.94 L	F	Nishaat Davids	18	MANT CPT	04/10/2018	Aquabear Invitational Meet
24	38.19 L	F	Georgina Haler	18	WATR JHB	19/01/2019	CGA Last Chance Level 3-SANJ gala
25	38.42 L	F	Sarah Gledhill	18	CRSC JHB	06/12/2018	CGA Championships 2018
26	38.51 L	F	Jana Coetzé	18	RBOT NW	06/12/2018	NWS Championships 2018/2019
27	38.88 L	F	Shania Richardson	18	HASC JHB	24/11/2018	CGA Level 3/SANJ Gala No 3
28	39.08 L	P	Robyn Marais	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs
29	39.14 L S	F	Sage Cawse	18	AQUB NMA	08/02/2019	5th A League
30	39.60 L	F	Amber McConnachie	18	HUD BUF	09/11/2018	ECA SA School Trials and Age Group
31	39.89 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018
32	40.11 L	F	Alicia Enslin	18	TUKS TSH	08/09/2018	2018 Hillcrest Sprint Gala13&O
33	40.38 L	F	Hannah Schimper	18	AZON ETH	20/10/2018	eThekwini Age Group 7
34	40.44 L	F	San-Mari Du Plessis	18	PAC TSH	22/06/2018	Treviso Swim Cup
35	40.82 L	F	Savanna Sommerville	18	GZSA TSH	02/11/2018	NTS Nov 2018 Age Group Gala
36	41.09 L	P	Amy Vernes	18	SGUL ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
37*	41.14 L	P	Nicole De Beer	18	BENS EKU	07/12/2018	EGA Championships 2018
37*	41.14 L	F	Erica Moolman	18	OMS FS	21/02/2019	Inter High 2019
39	41.27 L	P	Dante Duke	18	CSC TSH	25/06/2018	Sasol National Championship 2018
40	41.80 L	F	Kayla Holtshausen	18	TWSA NMA	30/11/2018	NMBA Championships 2018
41	42.05 L	F	Kalynn Smith	18	PSC TSH	08/09/2018	2018 Hillcrest Sprint Gala13&O
42	42.22 L	F	Paige Ching	18	ESTR EKU	03/11/2018	EGA Summer 3 03.11.2018
43	42.31 L	F	Jenna-Marie Lee	18	MCS NGD	01/03/2019	NW School Championships 2019
44	43.77 L	P	Raquel Correia	18	CRSC JHB	20/03/2019	SA National JNR Age Group Champs
45	43.87 L	F	Jemma Bodington	TR	PSA ZLD	28/03/2019	SA Level 3 Regional Age Group
46	44.25 L	F	Megan Vorster	18	BLSS MAN	27/11/2018	FS Champs
47	44.83 L	F	Hannah Jamieson	18	PAC TSH	08/09/2018	2018 Hillcrest Sprint Gala13&O
48	45.30 L	F	Eloise Van Tonder	18	UPC MPD	26/10/2018	Top Schools - High School 28 October
49	45.41 L	F	Arleen Moorcroft	18	BLMA CPT	02/11/2018	37th Freda Barnard Gala Invitational
50	45.53 L	F	Alice Voigt	18	UPC MPD	26/10/2018	Top Schools - High School 28 October
51	46.18 L	F	Alida Du Preez	18	PHS CCD	16/10/2018	Limpopo Top 10 - High Schools
52	46.63 L	F	Carla Broodryk	IR	ROB MP	20/02/2019	Inter High School Gala - 20 February
53	47.00 L	P	Talitha Vd Walt	18	CUDU CPT	04/10/2018	Aquabear Invitational Meet
54	47.43 L	F	Jenelle De Jonge	18	HMER MPD	16/10/2018	Limpopo Top 10 - High Schools
55	47.59 L	F	Ceilidh Ferguson	18	UPC MPD	26/10/2018	Top Schools - High School 28 October
56	48.83 L	F	Claudina Zeca	18	PENC MP	20/02/2019	Inter High School Gala - 20 February
57	49.38 L	F	Lindie Meyer	18	NWUC KKD	10/11/2018	NWS Age Group 2 1819
58	52.14 L	P	Shannon Coetzer	18	HARL BUF	04/10/2018	Aquabear Invitational Meet
59	54.16 L	F	Ane Swart	18	CUR MPD	26/10/2018	Top Schools - High School 28 October
60	55.36 L	F	Virone Mongwe	18	SOSH TSH	02/11/2018	NTS Nov 2018 Age Group Gala
61	56.88 L	P	Mariska Dercksen	18	MPS NGD	10/12/2018	SA Schools Swimming Championship
62	57.30 L	P	Jenna Jagers	18	MANT CPT	28/03/2019	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
63	58.60 L	F	Kaitlyn Steyn	18	PENC MP	26/10/2018	Top Schools - High School 28 October
64	1:00.63 L	F	Simone' Mare	18	KZN ETH	18/03/2019	2019 SASAPD National Championships
65	1:01.26 L	F	Vallerie Dessels	JN	BLOT MAN	16/03/2019	Level 1 2019 BFN
66	1:02.40 L	F	Charleen Van Rooyen	18	ESS EZD	02/03/2019	MP AGE GROUP 6 - 2 MARCH 2019
67	1:08.59 L	F	Lindelihle Mhlambo	AN	ASC ILD	07/09/2018	eThekwini Action Swimming Champs
68	1:52.83 L	F	Temoso Monareng	18	ESS EZD	30/11/2018	Mpumalanga Championships 2018
Women 18 - 18 100 Breast							
1	1:12.19 L	F	Jade Simons	18	RSA	10/09/2018	13th African Swimming Champs
2	1:14.99 L	F	Reedah Shaw	18	AGC FSH	08/04/2019	Sa National Aquatic Championship 2019
3	1:15.37 L	F	Tatum Peyerl	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs
4	1:15.52 L	P	Jade Nesor	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019
5	1:16.00 L	F	Lindelize Bester	18	INFA NMA	30/11/2018	NMBA Championships 2018
6	1:16.15 L	P	Emma Wallis	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019
7	1:16.81 L	F	Erin Graham	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs
8	1:17.00 L	P	Jeanri Buys	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019
9	1:17.05 L	F	Samantha Van Veyeren	18	NTSBL FSH	01/02/2019	NTS Invitational Gala 2019
10	1:17.10 L	F	Tracy-Lee Young	18	WATR JHB	24/11/2018	CGA Level 3/SANJ Gala No 3
11	1:17.56 L	P	Sabrina Favini	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
12	1:18.61 L	F	Jenna- Laine Fuller	18	AFIN JHB	28/03/2019	SA Level 3 Regional Age Group
13	1:18.65 L	F	Emma Huxtable	18	PSCP UMD	24/08/2018	KZN Beavers Winter LC Champs 2018
14	1:18.81 L	F	Eleanor Bennett	18	TUKS FSH	28/03/2019	SA Level 3 Regional Age Group
15	1:19.55 L	P	Kelly Fairon	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs
16	1:20.08 L	F	Leigh Hudson	18	WATR JHB	26/10/2018	NTS Prestige Gala 2018
17	1:20.29 L	F	Jenna Whiting	18	SOUL EKU	29/09/2018	EGA Summer 1 Soncini Games Trials
18	1:21.12 L	F	Sarah Brand	18	ASA ILD	07/09/2018	eThekwini Action Swimming Champs
19	1:21.26 L S	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018	FS Champs
20	1:21.73 L	F	Laura Turpin	18	TUKS FSH	28/09/2018	NTS September 2018 Age Group Gala
21	1:22.09 L	F	Tarryn Campbell	18	CRSC JHB	06/12/2018	CGA Championships 2018
22	1:22.16 L	P	Jade Miller	18	MATI CED	20/03/2019	SA National JNR Age Group Champs
23	1:23.76 L	F	Robyn Marais	18	TYGE CPT	05/12/2018	Western Cape Summer Championships
24	1:23.99 L	F	Georgina Haler	18	WATR JHB	19/01/2019	CGA Last Chance Level 3-SANJ gala
25	1:24.22 L	F	Sarah Gledhill	18	CRSC JHB	06/12/2018	CGA Championships 2018
26	1:24.46 L	F	Hannah Ledingham	18	NCASA NGD	03/11/2018	Fezile Dabi Inter District Gala 2018
27	1:24.73 L	F	Nishaat Davids	18	MANT CPT	04/10/2018	Aquabear Invitational Meet
28	1:25.35 L	F	Deané Toerien	18	HBV MPD	16/10/2018	Limpopo Top 10 - High Schools
29	1:25.73 L	F	Jana Coetzé	18	RBOT NW	06/12/2018	NWS Championships 2018/2019
30	1:26.54 L	P	Hannah Schimper	18	AZON ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS
31	1:26.76 L	P	Shania Richardson	18	HASC JHB	28/03/2019	SA Level 3 Regional Age Group
32	1:27.01 L	F	San-Mari Du Plessis	18	PAC FSH	22/06/2018	Treviso Swim Cup
33	1:27.36 L S	F	Sage Cawse	18	AQUB NMA	08/02/2019	5th A League
34	1:27.78 L	F	Lesley Blignaut	18	TUKS FSH	15/02/2019	NTS February 2019 Age Group Gala
35	1:29.19 L	P	Amy Vernes	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship
36	1:29.58 L	F	Keren Welgemoed	18	DBSC SDD	29/09/2018	EGA Summer 1 Soncini Games Trials
37	1:29.80 L	F	Jenna-Marie Lee	18	NWUC KKD	27/10/2018	NWS Age Group 1 1819
38	1:30.57 L	P	Paige Ching	18	ESTR EKU	07/12/2018	EGA Championships 2018
39	1:30.98 L	F	Erica Moolman	BR	BLOT MAN	06/10/2018	Neptune Open Gala
40	1:31.93 L S	P	Dante Duke	18	CSC FSH	25/06/2018	Sasol National Championship 2018
41	1:37.60 L S	F	Megan Vorster	18	BLSS MAN	27/11/2018	FS Champs
42	1:41.26 L	F	Arleen Moorcroft	18	BLMA CPT	02/11/2018	37th Freda Barnard Gala Invitational
43	1:47.08 L	F	Alida Du Preez	18	PHS CCD	16/10/2018	Limpopo Top 10 - High Schools
44	1:54.38 L	F	Shannon Coetzer	18	HARL BUF	04/10/2018	Aquabear Invitational Meet
45	2:07.11 L	F	Jenna Jagers	18	MANT CPT	28/03/2019	SA Level 3 Regional Age Group
46	2:07.75 L	F	Mariska Dercksen	18	MPS NGD	10/12/2018	SA Schools Swimming Championship
47	2:17.48 L	F	Virone Mongwe	18	SOSH FSH	02/11/2018	NTS Nov 2018 Age Group Gala
48	2:33.99 L	F	Charleen Van Rooyen	18	ESS EZD	28/09/2018	MP AGE GROUP 1 - 28-29
49	2:41.82 L	F	Lindelihle Mhlambo	AN	ASC ILD	07/09/2018	eThekwini Action Swimming Champs
Women 18 - 18 200 Breast							
1	2:42.02 L	F	Emma Wallis	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
2	2:44.22 L	F	Jeanri Buys	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019	
3	2:45.95 L	P	Tatum Peyerl	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
4	2:46.26 L	P	Reedah Shaw	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019	
5	2:46.32 L	F	Jade Simons	18	PEAS NMA	30/11/2018	NMBA Championships 2018	
6	2:46.99 L S	F	Kelly Fairon	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs	
7	2:47.05 L	P	Sabrina Favini	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
8	2:47.42 L	F	Tracy-Lee Young	18	WATR JHB	24/11/2018	CGA Level 3/SANJ Gala No 3	
9	2:48.49 L	P	Samantha Van Veyeren	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019	
10	2:48.60 L	F	Leigh Hudson	18	WATR JHB	26/10/2018	NTS Prestige Gala 2018	
11	2:52.03 L	P	Erin Graham	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
12	2:52.08 L	F	Jenna- Laine Fuller	18	AFIN JHB	28/03/2019	SA Level 3 Regional Age Group	
13	2:52.65 L	F	Jesica Smit	18	CSC TSH	28/09/2018	NTS September 2018 Age Group Gala	
14	2:53.05 L	F	Lindelize Bester	18	INFA NMA	04/10/2018	Aquabear Invitational Meet	
15	2:53.66 L S	P	Sarah Brand	18	ASA ILD	20/03/2019	SA National JNR Age Group Champs	
16	2:57.39 L	P	Eleanor Bennett	18	TUKS TSH	07/12/2018	NTS Championships 2018	
17	2:57.46 L	F	Jenna Whiting	18	SOUL EKV	07/12/2018	EGA Championships 2018	
18	2:57.62 L	F	Laura Turpin	18	TUKS TSH	15/06/2018	Rossini Swim Cup	
19	2:57.82 L	F	Tarryn Campbell	18	CRSC JHB	28/03/2019	SA Level 3 Regional Age Group	
20	2:58.66 L	F	Emma Huxtable	18	PSCP UMD	24/08/2018	KZN Beavers Winter LC Champs 2018	
21	3:02.87 L S	P	Jade Miller	18	MATI CED	20/03/2019	SA National JNR Age Group Champs	
22	3:03.75 L	F	Hannah Ledingham	18	NWUC KKD	06/12/2018	NWS Championships 2018/2019	
23	3:09.64 L	F	Nishaat Davids	18	MANT CPT	04/10/2018	Aquabear Invitational Meet	
24	3:14.59 L	F	Deané Toerien	18	TASC MPD	30/11/2018	Limpopo Champs	
25	3:15.02 L	F	Georgina Haler	18	WATR JHB	24/11/2018	CGA Level 3/SANJ Gala No 3	
26	3:15.76 L	F	Paige Ching	18	ESTR EKV	07/12/2018	EGA Championships 2018	
27	3:16.77 L	F	San-Mari Du Plessis	18	RFA TSH	15/06/2018	Rossini Swim Cup	
28	3:19.07 L	F	Erica Moolman	18	OMS FS	21/02/2019	Inter High 2019	
29	3:32.16 L S	F	Megan Vorster	18	BLSS MAN	27/11/2018	FS Champs	
30	4:58.13 L	F	Virone Mongwe	18	SOSH TSH	30/11/2018	2018 The Tshwane Mayoral Gala	
31	5:04.96 L	F	Mariska Dercksen	18	ESS EZD	28/09/2018	MP AGE GROUP 1 - 28-29	
32	6:09.27 L	F	Lindelihle Mhlambo	AN	ASC ILD	07/09/2018	eThekwi Action Swimming Champs	
33	7:28.23 L	F	Charleen Van Rooyen	18	ESS EZD	12/10/2018	MP AGE GROUP 2 - 12-13 OCTOBER	
Women 18 - 18 50 Fly								
1	27.73 L	F	Inge Weidemann	18	RSA	08/12/2018	AUSC -Region 5 Under 20 YTH Games	
2	28.83 L	F	Jana Coetzé	18	MPS NGD	10/12/2018	SA Schools Swimming Championship	
3	28.95 L	F	Lesley Blignaut	18	TUKS TSH	22/02/2019	2019 Grand Prix Invitational Swimming	
4	29.07 L	P	Jeanri Buys	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019	
5	29.60 L	P	Ilinde Du Plessis	18	TUKS TSH	20/03/2019	SA National JNR Age Group Champs	
6	29.69 L	P	Jade Naser	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
7	29.83 L	P	Emma Tarr	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
8	29.89 L	P	Tatum Peyerl	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
9	29.91 L	P	Kiara Noades	18	MATI CED	05/12/2018	Western Cape Summer Championships	
10	29.96 L	F	Talea Claassens	18	TUKS TSH	07/12/2018	NTS Championships 2018	
11	30.08 L	P	Lauren Forsyth	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019	
12	30.58 L	F	Jesica Smit	18	CSC TSH	02/11/2018	NTS Nov 2018 Age Group Gala	
13	30.69 L	F	Kayla McLoughlin	18	SAAW CPT	04/10/2018	Aquabear Invitational Meet	
14*	30.96 L	P	Georgy Turner	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs	
14*	30.96 L	P	Alicia Enslin	18	AGC TSH	08/04/2019	Sa National Aquatic Championship 2019	
16*	31.09 L	P	Marine Nortje	18	SGUL ETH	22/02/2019	2019 Grand Prix Invitational Swimming	
16*	31.09 L	P	Chloe Velde	18	ECA BUF	08/04/2019	Sa National Aquatic Championship 2019	
18	31.19 L S	F	Amber Waddell	18	BLSS MAN	27/11/2018	FS Champs	
19	31.25 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018	
20	31.27 L	F	Amber McConnachie	18	BCA BUF	12/01/2019	BCA Inter District Gala 2019	
21	31.40 L	F	Michelle Coetzer	18	ECA BUF	10/12/2018	SA Schools Swimming Championship	
22	31.42 L	F	Sabrina Favini	18	WATR JHB	24/11/2018	CGA Level 3/SANJ Gala No 3	
23	31.54 L	F	Sarah Gledhill	18	CRSC JHB	06/12/2018	CGA Championships 2018	
24	31.86 L	P	Jemma Bodington	TR	KZNS ETH	10/12/2018	SA Schools Swimming Championship	
25	31.97 L	F	Kayla Holtshausen	18	TWSA NMA	04/10/2018	Aquabear Invitational Meet	
26	32.00 L	P	Robyn Marais	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
27	32.52 L	F	Talitha Vd Walt	18	CUDU CPT	28/03/2019	SA Level 3 Regional	Age Group
28	32.55 L	P	Samantha Van Veyeren	18	TUKS FSH	07/12/2018	NTS Championships 2018	
29	32.83 L	F	Carmen De Clerck	18	PSC FSH	11/01/2019	NTS January 2019 Age Group Gala	
30	32.86 L	F	Emma Huxtable	18	PSCP UMD	24/08/2018	KZN Beavers Winter LC Champs 2018	
31	32.87 L	F	Jade Simons	18	PEAS NMA	22/06/2018	PEA Winter Gala 2018	
32	32.92 L	F	Hannah Ledingham	18	NWUC KKD	06/12/2018	NWS Championships 2018/2019	
33	32.93 L S	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018	FS Champs	
34	33.02 L	F	Kiara Barnes	18	TYGE CPT	22/06/2018	PEA Winter Gala 2018	
35	33.24 L S	F	Erica Moolman	BR	BLOT MAN	27/11/2018	FS Champs	
36	33.59 L	P	Hannah Schimper	18	AZON ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS	
37	33.68 L	P	Nishaat Davids	18	MANT CPT	04/10/2018	Aquabear Invitational Meet	
38	34.06 L	P	Tarryn Campbell	18	CRSC JHB	28/03/2019	SA Level 3 Regional	Age Group
39	34.27 L	P	Raquel Correia	18	CRSC JHB	20/03/2019	SA National JNR Age Group Champs	
40	34.36 L	F	Jeanne Joubert	18	NHS MP	20/02/2019	Inter High School Gala - 20 February	
41	34.37 L	F	San-Mari Du Plessis	18	PAC FSH	22/06/2018	Treviso Swim Cup	
42	34.42 L	F	Arleen Moorcroft	18	BLMA CPT	02/11/2018	37th Freda Barnard Gala Invitational	
43	34.48 L	P	Eleanor Bennett	18	TUKS FSH	28/03/2019	SA Level 3 Regional	Age Group
44	34.55 L	F	Deané Toerien	18	TASC MPD	30/11/2018	Limpopo Champs	
45	34.82 L	P	Laura Turpin	18	TUKS FSH	15/06/2018	Rossini Swim Cup	
46	35.11 L	F	Megan Vorster	18	BLSS MAN	07/09/2018	Bull-Sharks	
47	35.30 L	F	Calynn Smith	18	PSC FSH	08/09/2018	2018 Hillcrest Sprint Gala13&O	
48	35.34 L	F	Dante Duke	18	CSC FSH	25/06/2018	Sasol National Championship 2018	
49	35.37 L	F	Corlia Botha	18	HILL FSH	08/09/2018	2018 Hillcrest Sprint Gala13&O	
50	35.44 L	F	Jenna Whiting	18	SOUL EKU	13/10/2018	EGA Summer 2 2018	
51	35.89 L	F	Nicole De Beer	18	BENS EKU	15/09/2018	Adrian Grafe Speedo Sprint Meet 2018	
52	36.14 L	F	Sarah Brand	18	ASA HLD	26/01/2019	Ushaka Championship Gala 2019	
53	36.36 L	F	Jordan Bosman	18	CYBE CPT	15/09/2018	Winelands SL 2	
54	37.39 L	P	Paige Ching	18	ESTR EKU	07/12/2018	EGA Championships 2018	
55	37.79 L	F	Alice Voigt	18	UPC MPD	20/02/2019	Inter High School Gala - 20 February	
56	39.23 L	P	Lindie Meyer	18	NWUC KKD	25/06/2018	Sasol National Championship 2018	
57	39.43 L	F	Hannah Jamieson	18	PAC FSH	08/09/2018	2018 Hillcrest Sprint Gala13&O	
58	41.73 L	F	Carla Broodryk	IR	ROB MP	20/02/2019	Inter High School Gala - 20 February	
59	41.85 L	F	Ceilidh Ferguson	18	UPC MPD	26/10/2018	Top Schools - High School 28 October	
60	45.53 L	F	Simone' Mare	18	USH JHD	16/02/2019	KCDA February Age Group Gala	
61	49.29 L	F	Ane Swart	18	CUR MPD	20/02/2019	Inter High School Gala - 20 February	
62	49.53 L	F	Vallerie Dessels	JN	BLOT MAN	16/03/2019	Level 1 2019 BFN	
63	1:03.97 L	F	Virone Mongwe	18	SOSH FSH	02/11/2018	NTS Nov 2018 Age Group Gala	
64	1:06.40 L	F	Mariska Dercksen	18	ESS EZD	12/10/2018	MP AGE GROUP 2 - 12-13 OCTOBER	
65	1:24.59 L	F	Lindelihle Mhlambo	AN	ASC HLD	07/09/2018	eThekwini Action Swimming Champs	
Women 18 - 18 100 Fly								
1	1:03.04 L	F	Inge Weidemann	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019	
2	1:04.99 L	F	Tatum Peyerl	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
3	1:05.30 L	F	Jana Coetzé	18	MPS NGD	10/12/2018	SA Schools Swimming Championship	
4	1:05.44 L S	F	Emma Tarr	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs	
5	1:05.98 L S	F	Ilinde Du Plessis	18	TUKS FSH	20/03/2019	SA National JNR Age Group Champs	
6	1:06.21 L	P	Carla Antonopoulos	18	TYGE CPT	05/12/2018	Western Cape Summer Championships	
7	1:06.53 L	P	Lesley Blignaut	18	AGC FSH	08/04/2019	Sa National Aquatic Championship 2019	
8	1:06.79 L	P	Jeanri Buys	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019	
9	1:06.87 L	P	Lauren Forsyth	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019	
10	1:07.30 L S	P	Marine Nortje	18	SGUL ETH	10/07/2018	TYR PRESTIGE CHAMPIONSHIPS	
11	1:08.54 L	F	Hannah Kiely	18	CLSC WCD	13/10/2018	Winelands SL 3	
12	1:08.88 L S	P	Alicia Enslin	18	TUKS FSH	20/03/2019	SA National JNR Age Group Champs	
13	1:09.42 L	F	Kiara Noades	18	MATI CED	13/10/2018	Winelands SL 3	
14	1:09.84 L	F	Kayla McLoughlin	18	SAAW CPT	04/10/2018	Aquabear Invitational Meet	
15	1:10.05 L	F	Samantha Van Veyeren	18	TUKS FSH	07/12/2018	NTS Championships 2018	
16	1:10.78 L S	P	Georgy Turner	18	MDOL JHB	20/03/2019	SA National JNR Age Group Champs	
17	1:11.50 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018	
18	1:12.33 L S	F	Amber Waddell	18	BLSS MAN	27/11/2018	FS Champs	
19	1:12.66 L	F	Jemma Bodington	TR	PSA ZLD	10/11/2018	KCDA November Age Group Gala 2018	

Individual Top Times

Times since: 01-May-18 Times until: 30-Apr-19
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
20	1:13.17 L	F	Talitha Vd Walt	18	CUDU CPT	28/03/2019	SA Level 3 Regional	Age Group
21	1:14.11 L	F	Carmen De Clerck	18	PSC FSH	11/01/2019	NTS January 2019	Age Group Gala
22	1:14.54 L S	F	Michelle Coetzer	18	BLNE MAN	27/11/2018	FS Champs	
23	1:14.67 L	F	Kiara Barnes	18	TYGE CPT	22/06/2018	PEA Winter Gala 2018	
24	1:15.76 L S	F	Erica Moolman	BR	BLOT MAN	27/11/2018	FS Champs	
25	1:16.33 L S	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018	FS Champs	
26	1:17.04 L	F	Sarah Gledhill	18	CRSC JHB	06/12/2018	CGA Championships 2018	
27	1:21.67 L	F	Arleen Moorcroft	18	BLMA CPT	16/02/2019	CTMA L2&L3 CHAMPS	
28	1:29.97 L	F	Megan Vorster	18	BLSS MAN	03/11/2018	Fezile Dabi Inter District	Gala 2018
29	1:30.97 L	F	Deané Toerien	18	HBV MPD	16/10/2018	Limpopo Top 10 - High Schools	
30	1:31.79 L	P	Paige Ching	18	ESTR EKU	07/12/2018	EGA Championships 2018	
31	1:50.76 L	F	Simone' Mare	18	KZN ETH	18/03/2019	2019 SASAPD National Championships	
32	2:42.27 L	F	Mariska Dercksen	18	ESS EZD	30/11/2018	Mpumalanga Championships 2018	
33	3:04.66 L	F	Lindelihle Mhlambo	AN	ASC HLD	07/09/2018	eThekweni Action Swimming Champs	
Women 18 - 18 200 Fly								
1	2:21.15 L	F	Carla Antonopoulos	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	
2	2:27.87 L	P	Lauren Forsyth	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019	
3	2:37.35 L	F	Samantha Van Veyeren	18	NTSBL FSH	01/02/2019	NTS Invitational Gala 2019	
4	2:47.92 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018	
5	3:02.17 L	F	Erica Moolman	18	OMS FS	21/02/2019	Inter High 2019	
6	3:15.98 L	F	Jemma Bodington	TR	PSA ZLD	30/11/2018	Mpumalanga Championships 2018	
7	3:17.26 L	F	Arleen Moorcroft	18	BLMA CPT	02/11/2018	37th Freda Barnard Gala Invitational	
Women 18 - 18 200 IM								
1	2:22.46 L S	F	Emma Wallis	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
2	2:26.75 L	F	Emma Tarr	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs	
3	2:28.22 L	P	Kelly Fairon	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs	
4	2:28.48 L S	P	Alicia Enslin	18	AGC FSH	08/04/2019	Sa National Aquatic Championship 2019	
5	2:28.71 L	F	Carla Antonopoulos	18	TYGE CPT	05/12/2018	Western Cape Summer Championships	
6	2:30.46 L S	P	Jeanri Buys	18	WCA WCA	08/04/2019	Sa National Aquatic Championship 2019	
7	2:30.59 L S	P	Samantha Van Veyeren	18	AGC FSH	08/04/2019	Sa National Aquatic Championship 2019	
8	2:30.78 L S	P	Talea Claassens	18	AGC FSH	08/04/2019	Sa National Aquatic Championship 2019	
9	2:31.34 L	F	Tatum Peyerl	18	MDOL JHB	15/02/2019	NTS February 2019 Age Group Gala	
10	2:31.79 L	F	Jessica Smit	18	CSC FSH	28/09/2018	NTS September 2018 Age Group Gala	
11	2:32.21 L S	P	Sabrina Favini	18	AGB JHB	08/04/2019	Sa National Aquatic Championship 2019	
12	2:32.38 L	P	Kiara Barnes	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	
13	2:34.07 L	P	Georgina Haler	18	WATR JHB	20/03/2019	SA National JNR Age Group Champs	
14	2:34.34 L	F	Lindelize Bester	18	INFA NMA	04/10/2018	Aquabear Invitational Meet	
15	2:34.35 L	F	Amber McConnachie	18	HUD BUF	09/11/2018	ECA SA School Trials and Age Group	
16	2:34.65 L	F	Jana Coetzé	18	PCS KKD	01/03/2019	NW School Championships 2019	
17	2:34.93 L	F	Ilinde Du Plessis	18	TUKS FSH	24/11/2018	CGA Level 3/SANJ Gala No 3	
18	2:34.97 L	F	Jade Nesor	18	WATR JHB	02/02/2019	CGA Level 2 Last Chance Gala	
19	2:36.16 L	F	Kayla McLoughlin	18	SAAW CPT	05/12/2018	Western Cape Summer Championships	
20	2:37.46 L S	P	Lauren Forsyth	18	KZNA ETH	08/04/2019	Sa National Aquatic Championship 2019	
21	2:37.92 L	F	Lesley Blignaut	18	TUKS FSH	15/02/2019	NTS February 2019 Age Group Gala	
22	2:38.28 L	F	Chloe Velde	18	USC BUF	01/02/2019	BCA Long Course Championships	
23	2:38.48 L	P	Robyn Marais	18	TYGE CPT	20/03/2019	SA National JNR Age Group Champs	
24	2:38.68 L S	P	Reedah Shaw	18	AGC FSH	08/04/2019	Sa National Aquatic Championship 2019	
25	2:39.15 L	F	Payton Horton	18	TWSA NMA	22/06/2018	PEA Winter Gala 2018	
26	2:39.32 L	F	Leigh Hudson	18	WATR JHB	26/10/2018	NTS Prestige Gala 2018	
27	2:40.00 L	F	Jade Simons	18	PEAS NMA	04/10/2018	Aquabear Invitational Meet	
28	2:40.04 L	F	Amber Waddell	18	BLSS MAN	19/10/2018	Otters Prestige Gala	
29	2:40.07 L	P	Jade Miller	18	MATI CED	20/03/2019	SA National JNR Age Group Champs	
30	2:40.21 L	F	Jenna- Laine Fuller	18	AFIN JHB	28/03/2019	SA Level 3 Regional	Age Group
31	2:42.99 L	P	Laura Turpin	18	TUKS FSH	15/06/2018	Rossini Swim Cup	
32	2:43.21 L	F	Amy Vernes	18	SGUL ETH	21/07/2018	eThekweni	Age Group Gala 4
33	2:43.44 L	F	Cailin Joubert	18	MATI CED	05/12/2018	Western Cape Summer Championships	
34	2:44.29 L	F	Sarah Brand	18	ASA HLD	07/09/2018	eThekweni Action Swimming Champs	
35	2:45.69 L	F	Tracy-Lee Young	18	WATR JHB	24/11/2018	CGA Level 3/SANJ Gala No 3	

Individual Top Times

Times since: 01-May-18 **Times until: 30-Apr-19**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
36	2:46.50	L	F	Nicole De Beer	18	BENS EKU	29/09/2018 EGA Summer 1 Soncini Games Trials
37	2:46.56	L	P	Savanna Sommerville	18	GZSA FSH	28/03/2019 SA Level 3 Regional Age Group
38	2:46.95	L	F	Jordan Bosman	18	CYBE CPT	05/12/2018 Western Cape Summer Championships
39	2:47.04	L S	P	Tessa Wartnaby	18	WSTV ETH	10/07/2018 TYR PRESTIGE CHAMPIONSHIPS
40	2:47.05	L	F	Elizabeth Pretorius	AR	BLOT MAN	27/11/2018 FS Champs
41	2:47.44	L	F	Tarryn Campbell	18	ECA BUF	10/12/2018 SA Schools Swimming Championship
42	2:48.05	L S	P	Hannah Schimper	18	AZON ETH	10/07/2018 TYR PRESTIGE CHAMPIONSHIPS
43	2:48.59	L	F	Kristen Kleynhans	18	TUKS FSH	28/09/2018 NTS September 2018 Age Group Gala
44	2:49.83	L	F	Carmen De Clerck	18	PSC FSH	11/01/2019 NTS January 2019 Age Group Gala
45	2:49.88	L	F	Erika Esterhuizen	18	WSTV ETH	16/02/2019 eThekwini Age Group Gala 10 & 11
46	2:49.92	L	F	Talitha Vd Walt	18	CUDU CPT	10/11/2018 Winelands SL 4
47	2:50.06	L	F	Sariska Terblanche	18	USC BUF	09/11/2018 ECA SA School Trials and Age Group
48	2:50.41	L	F	Keren Welgemoed	18	DBSC SDD	29/09/2018 EGA Summer 1 Soncini Games Trials
49	2:50.94	L	F	Hannah Ledingham	18	NWUC KKD	06/12/2018 NWS Championships 2018/2019
50	2:51.08	L	F	Jenna Pearse	18	DRGN JHB	19/01/2019 CGA Last Chance Level 3-SANJ gala
51	2:51.80	L	P	Jenna Whiting	18	SOUL EKU	07/12/2018 EGA Championships 2018
52	2:51.93	L	F	Emma Huxtable	18	PSCP UMD	24/08/2018 KZN Beavers Winter LC Champs 2018
53	2:52.32	L	F	Eleanor Bennett	18	TUKS FSH	28/09/2018 NTS September 2018 Age Group Gala
54	2:53.00	L	F	Georgy Turner	18	MDOL JHB	22/09/2018 CGA SANJ/Level 3 Gala No 1
55	2:53.74	L	F	Corlia Botha	18	HILL FSH	08/09/2018 2018 Hillcrest Sprint Gala13&O
56	2:53.86	L	F	Michelle Coetzer	18	BLNE MAN	27/11/2018 FS Champs
57	2:54.19	L	F	Megan Vorster	18	BLSS MAN	27/11/2018 FS Champs
58	2:56.26	L	F	Marine Smuts	BR	BLOT MAN	07/09/2018 Bull-Sharks
59	2:56.54	L	F	Sarah Gledhill	18	CRSC JHB	27/10/2018 CGA Level 3 SANJ Gala No 2
60	2:56.64	L	F	Calynn Smith	18	PSC FSH	08/09/2018 2018 Hillcrest Sprint Gala13&O
61	2:57.26	L	F	Dante Duke	18	CSC FSH	25/06/2018 Sasol National Championship 2018
62	2:59.09	L	F	Marine Nortje	18	SGUL ETH	16/02/2019 eThekwini Age Group Gala 10 & 11
63	3:02.03	L	F	Deané Toerien	18	TASC MPD	27/10/2018 Limpopo Age Group 4
64	3:02.15	L	F	Jemma Bodington	TR	PSA ZLD	26/01/2019 Ushaka Championship Gala 2019
65	3:03.33	L S	F	Sage Cawse	18	AQUB NMA	08/02/2019 5th A League
66	3:05.24	L	P	Paige Ching	18	ESTR EKU	07/12/2018 EGA Championships 2018
67	3:05.36	L	F	Hannah Jamieson	18	PAC FSH	08/09/2018 2018 Hillcrest Sprint Gala13&O
68	3:06.16	L	F	Arleen Moorcroft	18	BLMA CPT	02/11/2018 37th Freda Barnard Gala Invitational
69	3:18.10	L	F	Lindie Meyer	18	NWUC KKD	25/06/2018 Sasol National Championship 2018
70	3:19.30	L	F	Alice Voigt	18	UPC MPD	26/10/2018 Top Schools - High School 28 October
71	3:23.20	L	F	Jaime Bossenger	18	PAQU CED	10/11/2018 Winelands SL 4
72	3:56.98	L	F	Simone' Mare	18	KZN ETH	18/03/2019 2019 SASAPD National Championships
73	4:05.71	L	F	Vallerie Dessels	JN	BLOT MAN	16/03/2019 Level 1 2019 BFN
74	4:47.11	L	F	Mariska Dercksen	18	ESS EZD	30/11/2018 Mpumalanga Championships 2018
75	5:15.34	L	F	Virone Mongwe	18	SOSH FSH	16/03/2019 Aquatics Gauteng Level 1
76	5:20.31	L	F	Lindelihle Mhlambo	AN	ASC ILD	07/09/2018 eThekwini Action Swimming Champs
Women 18 - 18 400 IM							
1	5:04.03	L	F	Emma Wallis	18	AGB JHB	08/04/2019 Sa National Aquatic Championship 2019
2	5:06.64	L	F	Carla Antonopoulos	18	TYGE CPT	20/03/2019 SA National JNR Age Group Champs
3	5:11.24	L	P	Alicia Enslin	18	AGC FSH	08/04/2019 Sa National Aquatic Championship 2019
4	5:15.65	L	F	Samantha Van Veyeren	18	AGC FSH	08/04/2019 Sa National Aquatic Championship 2019
5	5:15.91	L	F	Kiara Barnes	18	TYGE CPT	20/03/2019 SA National JNR Age Group Champs
6	5:26.24	L	F	Kiara Noades	18	MATI CED	15/09/2018 Winelands SL 2
7	5:26.30	L	F	Sabrina Favini	18	WATR JHB	20/03/2019 SA National JNR Age Group Champs
8	5:32.03	L	F	Kayla McLoughlin	18	SAAW CPT	05/12/2018 Western Cape Summer Championships
9	5:44.99	L	F	Robyn Marais	18	TYGE CPT	25/01/2019 CTMA/TYR Qualifying Gala #3
10	5:57.09	L	F	Jenna- Laine Fuller	18	AFIN JHB	27/10/2018 CGA Level 3 SANJ Gala No 2
11	6:03.46	L	F	Nicole De Beer	18	BENS EKU	03/11/2018 EGA Summer 3 03.11.2018
12	6:06.98	L	F	Jordan Bosman	18	CYBE CPT	15/09/2018 Winelands SL 2