

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|----------------------------|---------|-------|----------------------|--------|----------|------------|----------------------------------|
| Women 14-14 50 Free | | | | | | | |
| 1 | 26.14 S | F | Olivia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 27.22 S | F | Kirsten de Goede | 14 | SGUL ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 3 | 27.54 S | P | Rebecca Meder | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 4 | 27.84 S | P | Georgia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 5 | 28.32 S | F | Alida Van der Merwe | 14 | BLOT MAN | 25/02/2017 | Duel in The Pool - Pool B |
| 6 | 28.48 S | F | Kelly Crous | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 7 | 28.57 S | P | Jana Botha | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 8 | 28.72 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 9 | 28.74 S | P | Trisha Pollicutte | 14 | FISH EDD | 25/08/2016 | Sa Short Course Swimming Cham |
| 10 | 28.75 S | F | Alexia Velde | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 11 | 28.89 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 12 | 29.01 S | P | Megan Shepherd | 14 | ELEC JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 13* | 29.10 S | F | Nicole Viljoen | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 13* | 29.10 S | F | Zoe Phillips | 14 | SODO JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 15 | 29.29 S | F | Honey Osrin | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 16 | 29.30 S | P | Paige Brombacher | 14 | SEAL UMD | 25/08/2016 | Sa Short Course Swimming Cham |
| 17 | 29.31 S | F | Madison Malherbe | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 18 | 29.39 S | F | Zania Pieters | 14 | PAC TSH | 25/02/2017 | Duel in The Pool - Pool A |
| 19 | 29.45 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 20 | 29.46 S | F | Paige Mauer | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 21 | 29.54 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 22 | 29.56 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 23* | 29.60 S | F | Gina Miller | 14 | SASE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 23* | 29.60 S | F | Brooke Aylward | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C |
| 25* | 29.61 S | F | Lana Janson | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 25* | 29.61 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 27 | 29.62 S | F | Nichola Greyling | 14 | HREF BPD | 24/09/2016 | NWS Short Course Championship |
| 28* | 29.63 S | F | Kate Meyer | 14 | VIKI BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 28* | 29.63 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 30 | 29.72 S | F | Lauren Coetsier | 14 | PSC TSH | 25/06/2016 | Arena Dual Meet Competition |
| 31 | 29.77 S | F | Mika Van Zyl | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 32 | 29.83 S | F | Kirsten Ahrends | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 33 | 29.87 S | F | Jenna Seymour-Smith | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 34 | 29.89 S | F | Jeanne Blaisse | 14 | PLAY CED | 15/07/2016 | Western Cape Winter SC Champic |
| 35 | 29.93 S | F | Kayleigh Adamson | 14 | PSC TSH | 25/02/2017 | Duel in The Pool - Pool B |
| 36 | 30.00 S | F | Stephanie Houtman | 14 | TUKSB LP | 25/02/2017 | Duel in The Pool - Pool A |
| 37 | 30.01 S | F | Camika Li Searle | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 38* | 30.09 S | F | Kendra Du Toit | 14 | SOUL ECU | 25/02/2017 | Duel in The Pool - Pool B |
| 38* | 30.09 S | F | Lara Van Niekerk | 14 | PAC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 38* | 30.09 S | F | Ruth Neale | 14 | LINR JHB | 29/07/2016 | CGA Senior Short Course Open 21 |
| 41 | 30.12 S | F | Michaela De Villiers | 14 | VINE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 42 | 30.35 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 43 | 30.39 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 44* | 30.40 S | P | Courtney Repinz | 14 | AQUB NMA | 25/08/2016 | Sa Short Course Swimming Cham |
| 44* | 30.40 S | F | Jenna Van Niekerk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 46 | 30.41 S | F | Mila Rezac | 14 | NDSA ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 47 | 30.44 S | F | Brookelyn Harvey | 14 | AZON ETH | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 48 | 30.45 S | F | Kaylyn Leach | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 49 | 30.55 S | F | Marnel Jv Rensburg | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 50 | 30.57 S | F | Marjean Kupfer | 14 | MDOL JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 51 | 30.58 S | F | Catherine Phillips | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 52 | 30.59 S | P | Kaitlyn Albertyn | 14 | TUKS TSH | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 53 | 30.64 S | F | Jany Schnetler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 54 | 30.68 S | F | Amy Potgieter | 14 | WAV MPD | 23/07/2016 | MP Winter SC - July 2016 |
| 55 | 30.73 S | F | Sophie Liversage | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 56* | 30.77 S | F | Leila Choriapopoulos | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 56* | 30.77 S | F | Paige Forster | 14 | SEAL UMD | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 58 | 30.81 S | F | Abigail Calitz | 14 | MATI CED | 15/07/2016 | Western Cape Winter SC Champic |

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Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| Time | P/F/S | Name | Age/Yr | | | | |
|------|---------|------|---------------------|----|----------|------------|-----------------------------------|
| 59 | 30.86 S | F | Laura Gilardi | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 60 | 30.90 S | F | Carla Lichtblau | 14 | ONYX EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 61 | 30.91 S | F | Anke Fourie | 14 | LAD UTD | 04/11/2016 | Zululand District Short Course Ch |
| 62 | 30.95 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 63 | 30.98 S | F | Zanli Klopper | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 64* | 31.01 S | F | Jenna Bradshaw | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 64* | 31.01 S | F | Camryn Lowman | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 66 | 31.06 S | F | Regan Hudson | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 67 | 31.07 S | F | Nina Ehrich | 14 | DDA TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1 |
| 68 | 31.11 S | F | Minke Brits | 14 | GZSA TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 69 | 31.27 S | F | Hannah Szapira | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 70 | 31.30 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 71 | 31.41 S | F | Caitlin Goosen | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 72 | 31.46 S | P | Micaela Pinto | 14 | BOKS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 73 | 31.51 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 74 | 31.52 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 75 | 31.54 S | F | Julia Procommenos | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 20 |
| 76 | 31.58 S | F | Breannyn Jones | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 77 | 31.64 S | F | Eva Steffensen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 78* | 31.74 S | F | Louisa Siebel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 78* | 31.74 S | F | Kayleigh Reed | 14 | AZON ETH | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 80 | 31.78 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 81 | 31.81 S | F | Lillian Dixon | 14 | WESTH | 12/06/2016 | Australian Crawl A Grade Short Cc |
| 82 | 31.90 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 83 | 31.91 S | F | Susanna Wessels | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 84 | 31.96 S | F | Inge Steyn | 14 | VICT EKU | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 85 | 32.03 S | F | Rachel Moreira | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 86 | 32.04 S | F | Megan Clouston | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 87 | 32.07 S | F | Jamie-Lee Cullen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 88 | 32.10 S | F | Emma Johnson | 14 | AA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 89 | 32.11 S | F | Bernice Laboff | 14 | LSKP WB | 05/11/2016 | Limpopo LS Topskole 2016 |
| 90 | 32.14 S | F | Gabriella Diedloff | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 91 | 32.15 S | F | Jana Hayman | 14 | PAQU CED | 15/07/2016 | Western Cape Winter SC Champic |
| 92 | 32.19 S | P | Caitlin Geldenhuys | 14 | BENS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 93 | 32.20 S | F | Kerri-Lyn Claase | 14 | ESP EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 94 | 32.25 S | F | Melri Van Schoor | 14 | USH UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 95 | 32.27 S | F | Shaylee Anderson | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 96* | 32.31 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 96* | 32.31 S | F | Siona Maistrellis | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 98 | 32.33 S | F | Lamees Khan | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 99 | 32.34 S | F | Omolemo Makombe | 14 | AA JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 100 | 32.37 S | F | Danika Uys | FR | PSA ZLD | 24/09/2016 | Fish Eagles Short Course Champi |
| 101 | 32.39 S | F | Sumari Naude | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 102 | 32.41 S | F | Caitlin Elliott | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 103 | 32.43 S | P | Kiara Geldenhuys | 14 | BENS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 104* | 32.48 S | F | Sian Albertyn | 14 | USC BUF | 23/09/2016 | Future Stars Aquanova Shortcous |
| 104* | 32.48 S | F | Chevonne Sevenster | 14 | FINS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 106 | 32.54 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 107 | 32.55 S | F | Mieke Muller | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 108 | 32.57 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 109 | 32.58 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 110 | 32.59 S | F | Jaime Kruger | 14 | CADO CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 111 | 32.62 S | F | Minya Geysler | 14 | USH UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 112 | 32.73 S | F | Carla Mouton | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 113 | 32.77 S | F | Julia-Rose Platt | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 114 | 32.80 S | F | Larizza Funk | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 115 | 32.81 S | F | Kiana Linklater | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 116* | 33.02 S | F | Charayne Moore | 14 | PSCB TSH | 25/02/2017 | Duel in The Pool - Pool B |
| 116* | 33.02 S | F | Megan De Wet | 14 | MPS NW | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |

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Times since: 01-May-16

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| Time | P/F/S | Name | Age/Yr | | | |
|------|---------|------|---------------------|----|-----------|---|
| 118 | 33.07 S | F | Tayla Vos | 14 | LIMSC LP | 14/10/2016 Limpopo HS Topskole 2016 |
| 119 | 33.10 S | F | Skye Tucker | 14 | ELEC JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 120 | 33.11 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 NWS Short Course Championship |
| 121* | 33.13 S | F | Erica Sibande | 14 | UNI-N EZD | 23/07/2016 MP Winter SC - July 2016 |
| 121* | 33.13 S | F | Elisna Nel | 14 | RBOT BPD | 24/09/2016 NWS Short Course Championship |
| 123 | 33.18 S | F | Marushka Geysler | 14 | ELRAS LP | 13/08/2016 Limpopo Age Group 2 |
| 124 | 33.27 S | F | Anika Schmidt | 14 | SS LP | 17/09/2016 Limpopo Age Group 17 Septembe |
| 125 | 33.35 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/10/2016 KZN Seagulls Winter Short Course |
| 126 | 33.36 S | F | Sian Redelinghuys | 14 | STA | 29/10/2016 MP TOP SCHOOLS Senior 29 Oct |
| 127 | 33.40 S | F | Anine Hugo | 14 | PAQU CED | 15/07/2016 Western Cape Winter SC Champic |
| 128 | 33.42 S | F | Courtney Jordaan | 14 | ELEC JHB | 12/06/2016 CGA Winter Gala No 1 |
| 129 | 33.47 S | F | Rachel Dube | 14 | BLMA CPT | 15/07/2016 Western Cape Winter SC Champic |
| 130 | 33.51 S | F | Riley Cawse | 14 | CADO CPT | 15/07/2016 Western Cape Winter SC Champic |
| 131 | 33.54 S | F | Christy-Anne Peers | 14 | ELEC JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 132 | 33.56 S | F | Celeste Jonck | 14 | HARL BUF | 21/10/2016 BCA Short Course Championships |
| 133* | 33.65 S | F | Clarissa Liebenberg | 14 | NWUC KKD | 24/09/2016 NWS Short Course Championship |
| 133* | 33.65 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 KZN Seagulls Winter Short Course |
| 135 | 33.68 S | F | Tasmyn King | 14 | AA JHB | 09/07/2016 EGA Winter 2 _09July 2016 |
| 136 | 33.70 S | F | Nerissa Fourie | 14 | AQU ADJ | 04/11/2016 Zululand District Short Course Chz |
| 137 | 33.76 S | F | Joné Geyer | 14 | LIMSC LP | 14/10/2016 Limpopo HS Topskole 2016 |
| 138 | 33.78 S | F | Tarin Goslin | 14 | LINR JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 139 | 33.81 S | F | Fathima Moola | 14 | SRAY BUF | 23/09/2016 Future Stars Aquanova Shortcous |
| 140 | 33.98 S | F | Amika Compaan | 14 | USC BUF | 19/08/2016 Ultimate Swim Club Short Course |
| 141 | 34.02 S | F | Miné Maritz | 14 | TKS SKD | 12/11/2016 Limpopo Age Group 12 November |
| 142 | 34.14 S | F | Marla Naudé | 14 | ASA CPT | 25/06/2016 Western Cape Qualifying Gala 1 |
| 143 | 34.15 S | F | Chanel Lindeque | 14 | LSJM SK | 05/11/2016 Limpopo LS Topskole 2016 |
| 144 | 34.16 S | F | Michelle Steenekamp | 14 | LINR JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 145 | 34.17 S | F | Caley Kent-Brown | 14 | SRAY BUF | 21/10/2016 BCA Short Course Championships |
| 146 | 34.29 S | F | Joy Njoroge | 14 | ELEC JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 147 | 34.33 S | F | Alicia Smit | 14 | FSE UJD | 24/09/2016 Fish Eagles Short Course Champi |
| 148 | 34.40 S | F | Chloë Altmann | 14 | VINE CPT | 11/03/2017 Western Cape Level 1 Champions |
| 149 | 34.42 S | F | Courtney Kleiner | 14 | FSE UJD | 04/11/2016 Zululand District Short Course Chz |
| 150 | 34.47 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 NWS Level 1 2017 |
| 151 | 34.49 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 152 | 34.51 S | F | Lianka Grobler | 14 | AQU ADJ | 04/11/2016 Zululand District Short Course Chz |
| 153 | 34.52 S | F | Yumna Kharva | 14 | MDOL JHB | 06/10/2016 KZN Seagulls Winter Short Course |
| 154 | 34.64 S | F | Elizabeth Ballack | 14 | MDOL JHB | 09/07/2016 EGA Winter 2 _09July 2016 |
| 155 | 34.77 S | F | Isabella Kleynhans | 14 | LIMSC LP | 14/10/2016 Limpopo HS Topskole 2016 |
| 156 | 34.78 S | F | Leah Goodman | 14 | CADO CPT | 25/06/2016 Western Cape Qualifying Gala 1 |
| 157* | 34.82 S | F | Tanika Rother | 14 | BOKS ECU | 09/07/2016 EGA Winter 2 _09July 2016 |
| 157* | 34.82 S | F | Micheline Chetty | 14 | STAD JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 159 | 34.85 S | F | Christelle Kruger | 14 | FISH EDD | 18/06/2016 Eden 2nd SC Gala 2016 |
| 160 | 34.97 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 Future Stars Aquanova Shortcous |
| 161 | 35.02 S | F | Izanne Van Schoor | 14 | LIMSC LP | 14/10/2016 Limpopo HS Topskole 2016 |
| 162 | 35.03 S | F | Anika Bezuidenhout | 14 | LSPHA MP | 05/11/2016 Limpopo LS Topskole 2016 |
| 163* | 35.33 S | F | Lenika Nel | 14 | LIMSC LP | 14/10/2016 Limpopo HS Topskole 2016 |
| 163* | 35.33 S | F | Jenna Borrett | 14 | FISH EDD | 23/07/2016 Eden 3rd SC Gala 2016 |
| 165 | 35.36 S | P | Chanell Landman | 14 | AA JHB | 23/07/2016 EKURHULENI Winter Champs 20 |
| 166 | 35.44 S | F | Miceh Kriel | 14 | HILL TSH | 05/08/2016 NTS Junior Short Course Champs |
| 167 | 35.46 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 168 | 35.54 S | F | Catherine Smit | 14 | FISH EDD | 13/09/2016 Royal Swimming Academy Gala |
| 169 | 35.55 S | F | Cayla Johnson | 14 | UWCA CPT | 15/07/2016 Western Cape Winter SC Champic |
| 170 | 35.89 S | F | Kate Rolfe | 14 | TYGE CPT | 25/06/2016 Western Cape Qualifying Gala 1 |
| 171 | 36.05 S | F | Abigail De Jager | 14 | LPTBO CC | 05/11/2016 Limpopo LS Topskole 2016 |
| 172 | 36.11 S | F | Chrisme Grobler | 14 | AQU ADJ | 04/11/2016 Zululand District Short Course Chz |
| 173 | 36.16 S | F | Cameron Meintjies | 14 | DUN UJD | 04/11/2016 Zululand District Short Course Chz |
| 174 | 36.23 S | F | Charlotte Kelly | 14 | LINR JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 175 | 36.25 S | F | Dudzile Dodovu | 14 | MATL KKD | 11/03/2017 NWS Level 1 2017 |
| 176 | 36.26 S | F | Jomari De Beer | 14 | SS LP | 13/08/2016 Limpopo Age Group 2 |

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|-----------------------------|-----------|-------|----------------------|--------|-----------|------------|------------------------------------|
| 177* | 36.50 S | F | Nadia Ariefdien | 14 | MANT CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 177* | 36.50 S | F | Tawananyasha Makudo | 14 | ISSA NW | 12/11/2016 | NW Summer Games 2016 (KKD N |
| 179 | 36.65 S | F | Jani Nel | 14 | CSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 180 | 36.71 S | F | Tshegofatso Legote | 14 | BON JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 181* | 36.78 S | F | Reani Smit | 14 | CSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 181* | 36.78 S | F | Rahael Weatherhead | 14 | RFA FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 183 | 36.91 S | F | Emma Johannessen | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 184 | 36.97 S | P | Qhawekazi Moepya | 14 | SWIFT EKU | 23/07/2016 | EKURHULENI Winter Champs 20- |
| 185 | 37.36 S | F | Naafiah Ebrahim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 186* | 37.39 S | F | Kierra Theunissen | 14 | SODO JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 186* | 37.39 S | F | Judi Smith | 14 | UWCA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 188 | 37.80 S | F | Mia Jardim | 14 | SOUL EKU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 189* | 37.84 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 189* | 37.84 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 191 | 38.28 S | F | Sanchia Nienaber | 14 | HARL BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 192 | 38.43 S | F | Jada Geldenhuys | 14 | MANT CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 193 | 39.04 S | F | Paula Van Zyl | 14 | NEWS ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 194 | 39.33 S | P | Viearn Green | 14 | RPAC EKU | 23/07/2016 | EKURHULENI Winter Champs 20- |
| 195 | 39.60 S | F | Naadirah Karim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 196 | 39.67 S | F | Brinley Botha | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 197 | 39.75 S | F | Hayley-Kay Buys | 14 | UNIC MP | 05/11/2016 | Limpopo LS Topskole 2016 |
| 198 | 39.81 S | F | Ammaarah Cachalia | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 199 | 40.19 S | F | Danel Appelgryn | 14 | SWAG KKD | 24/09/2016 | NWS Short Course Championship |
| 200 | 40.44 S | F | Dineo Nkopane | 14 | MITCH CC | 05/11/2016 | Limpopo LS Topskole 2016 |
| 201 | 41.26 S | F | Samara Doyle | 14 | HASC JHB | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 202 | 41.60 S | F | Jordyn Hendricks | 14 | STAD JHB | 16/10/2016 | Level 1 Junior Series 16 Oct 2016 |
| 203 | 42.04 S | F | Victoria Wankya | 14 | NSA EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 204 | 42.30 S | F | Hailie Van Niekerk | 14 | LSER WBD | 05/11/2016 | Limpopo LS Topskole 2016 |
| 205 | 42.35 S | F | Kelsey-Lee Meiring | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 206 | 43.63 S | F | Tamlin Basson | 14 | WEST CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 207 | 48.63 S | P | Xivono Chauke | 14 | ESP EKU | 23/07/2016 | EKURHULENI Winter Champs 20- |
| 208 | 48.72 S | F | Tessa Kock | 14 | BSA BPD | 11/03/2017 | NWS Level 1 2017 |
| 209 | 56.22 S | F | Gene Prinsloo | 14 | ESS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 210 | 1:00.82 S | F | Leeto Mthobi | 14 | FIELD NW | 14/10/2016 | NW Summer Games 2016 (Bojana |
| 211 | 1:02.05 S | F | Remofilwe Didimalang | 14 | KPS NW | 12/11/2016 | NW Summer Games 2016 (KKD N |
| 212 | 1:08.54 S | F | Veronica Prinsloo | 14 | ESS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| Women 14-14 100 Free | | | | | | | |
| 1 | 57.77 S | P | Olivia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 58.80 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 3 | 59.22 S | P | Rebecca Meder | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 4 | 1:00.29 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 5 | 1:01.05 S | P | Georgia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 6 | 1:01.59 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 7 | 1:01.60 S | F | Alexia Velde | 14 | AQUA BUF | 21/10/2016 | BCA Short Course Championships |
| 8 | 1:01.70 S | P | Jana Botha | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 9 | 1:02.07 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 10 | 1:02.10 S | F | Taylor Pharoah | 14 | WSAA CPT | 25/11/2016 | Swim Squads - 19th Invitational M |
| 11 | 1:02.28 S | F | Trisha Pollicutte | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN |
| 12 | 1:02.43 S | F | Megan Shepherd | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 2l |
| 13 | 1:02.69 S | F | Kelly Crous | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 14 | 1:02.87 S | P | Tori Oliver | 14 | ACSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 15 | 1:02.93 S | P | Zoe Phillips | 14 | SODO JHB | 23/07/2016 | EKURHULENI Winter Champs 20- |
| 16 | 1:03.52 S | F | Madison Malherbe | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 17 | 1:03.59 S | F | Kaitlyn Albertyn | 14 | TUKSB LP | 25/02/2017 | Duel in The Pool - Pool A |
| 18 | 1:03.73 S | F | Kayleigh Adamson | 14 | PSC FSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 19 | 1:04.10 S | F | Paige Mauer | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 20 | 1:04.13 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 21 | 1:04.41 S | F | Lauren Coetser | 14 | PSC FSH | 25/02/2017 | Duel in The Pool - Pool B |
| 22 | 1:04.48 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| Time | P/F/S | Name | Age/Yr | | | |
|------|-----------|------|----------------------|----|----------|---|
| 23 | 1:04.54 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 KZN Seagulls Winter Short Course |
| 24 | 1:04.82 S | F | Mika Van Zyl | 14 | WATR JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 25 | 1:04.85 S | F | Catherine Phillips | 14 | ELEC JHB | 25/06/2016 Arena Dual Meet Competition |
| 26 | 1:04.91 S | F | Brooke Aylward | 14 | SEAL UMD | 05/06/2016 KZN Seals Winter Gala 1 2016 |
| 27 | 1:05.10 S | F | Lara Van Niekerk | 14 | PAC TSH | 29/07/2016 CGA Senior Short Course Open 20 |
| 28 | 1:05.23 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 KZN Seagulls Winter Short Course |
| 29 | 1:05.27 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 NWS Short Course Championship |
| 30 | 1:05.37 S | F | Jenna Van Niekerk | 14 | WATR JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 31 | 1:05.66 S | F | Kendra Du Toit | 14 | SOUL ECU | 06/10/2016 KZN Seagulls Winter Short Course |
| 32 | 1:05.86 S | F | Stephanie Houtman | 14 | TUKS TSH | 05/08/2016 NTS Junior Short Course Champs |
| 33 | 1:05.88 S | F | Nichola Greyling | 14 | HREF BPD | 24/09/2016 NWS Short Course Championship |
| 34 | 1:05.89 S | P | Mila Rezac | 14 | NDSA ETH | 25/08/2016 Sa Short Course Swimming Cham |
| 35 | 1:05.98 S | F | Kate Meyer | 14 | VIKI BUF | 09/09/2016 BCA September Shortcourse Gala |
| 36 | 1:06.01 S | F | Lana Janson | 14 | TYGE CPT | 21/05/2016 WC Metro Winelands Winter Gala |
| 37 | 1:06.34 S | F | Abigail Calitz | 14 | MATI CED | 15/07/2016 Western Cape Winter SC Champic |
| 38 | 1:06.40 S | F | Jenna Seymour-Smith | 14 | BOKS ECU | 25/02/2017 Duel in The Pool - Pool A |
| 39 | 1:06.42 S | F | Nicole Viljoen | 14 | MP | 20/08/2016 Small Districts Championship Gala |
| 40 | 1:06.44 S | F | Paige Brombacher | 14 | SEAL UMD | 12/11/2016 UMGUNGUNDLOVU DISTRICT C |
| 41 | 1:06.46 S | F | Jeanne Blaisse | 14 | PLAY CED | 25/06/2016 Western Cape Qualifying Gala 1 |
| 42 | 1:06.47 S | F | Amy Potgieter | 14 | MP | 20/08/2016 Small Districts Championship Gala |
| 43 | 1:06.57 S | F | Ruth Neale | 14 | LINR JHB | 29/07/2016 CGA Senior Short Course Open 20 |
| 44 | 1:06.81 S | P | Courtney Repinz | 14 | AQUB NMA | 25/08/2016 Sa Short Course Swimming Cham |
| 45 | 1:07.07 S | F | Demi- Lee Carlisle | 14 | FLOD JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 46 | 1:07.35 S | F | Paige Forster | 14 | SEAL UMD | 17/09/2016 UMGUNGUNDLOVU DISTRICT C |
| 47 | 1:07.36 S | F | Zania Pieters | 14 | PAC TSH | 05/08/2016 NTS Junior Short Course Champs |
| 48* | 1:07.47 S | F | Kirsten Ahrends | 14 | TYGE CPT | 15/07/2016 Western Cape Winter SC Champic |
| 48* | 1:07.47 S | F | Camika Li Searle | 14 | CRSC JHB | 06/10/2016 KZN Seagulls Winter Short Course |
| 48* | 1:07.47 S | F | Marnel Jv Rensburg | 14 | PAC TSH | 25/02/2017 Duel in The Pool - Pool A |
| 51 | 1:07.53 S | F | Alida Van der Merwe | 14 | BLOT MAN | 25/02/2017 Duel in The Pool - Pool B |
| 52 | 1:07.71 S | P | Pascale Oberholzer | 14 | MDOL JHB | 23/07/2016 EKURHULENI Winter Champs 20 |
| 53 | 1:07.76 S | F | Camryn Lowman | 14 | ELEC JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 54* | 1:07.90 S | F | Marushka Geysler | 14 | LP LP | 20/08/2016 Small Districts Championship Gala |
| 54* | 1:07.90 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 56 | 1:08.03 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 KZN Seagulls Winter Short Course |
| 57* | 1:08.12 S | F | Kaylyn Leach | 14 | BOKS ECU | 06/10/2016 KZN Seagulls Winter Short Course |
| 57* | 1:08.12 S | F | Carla Lichtblau | 14 | ONYX ECU | 06/10/2016 KZN Seagulls Winter Short Course |
| 59 | 1:08.13 S | F | Laura Gilardi | 14 | CRSC JHB | 06/10/2016 KZN Seagulls Winter Short Course |
| 60 | 1:08.23 S | F | Lillian Dixon | 14 | WESTH | 12/06/2016 Australian Crawl A Grade Short Cc |
| 61 | 1:08.28 S | F | Susanna Wessels | 14 | TUKS TSH | 05/08/2016 NTS Junior Short Course Champs |
| 62 | 1:08.38 S | F | Jany Schnetler | 14 | AQU ADJ | 06/10/2016 KZN Seagulls Winter Short Course |
| 63 | 1:08.41 S | F | Sune' De wit | 14 | MGSC UGD | 13/08/2016 NTS Senior Short Course Champs |
| 64 | 1:08.48 S | F | Zanli Klopper | 14 | MDOL JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 65 | 1:08.67 S | F | Louisa Siebel | 14 | WSAA CPT | 15/07/2016 Western Cape Winter SC Champic |
| 66* | 1:09.11 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 NWS Short Course Championship |
| 66* | 1:09.11 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 KZN Seagulls Winter Short Course |
| 68 | 1:09.14 S | F | Marjean Kupfer | 14 | MDOL JHB | 05/08/2016 NTS Junior Short Course Champs |
| 69 | 1:09.15 S | F | Shaylee Anderson | 14 | TUKS TSH | 05/08/2016 NTS Junior Short Course Champs |
| 70 | 1:09.17 S | F | Micaela Pinto | 14 | BOKS ECU | 06/08/2016 EGA Winter 3 |
| 71 | 1:09.48 S | F | Inge Steyn | 14 | VICT ECU | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 72 | 1:09.56 S | F | Gabriella Diedloff | 14 | ELEC JHB | 12/06/2016 CGA Winter Gala No 1 |
| 73 | 1:09.65 S | F | Michaela De Villiers | 14 | VINE CPT | 25/06/2016 Western Cape Qualifying Gala 1 |
| 74 | 1:09.70 S | F | Sophie Liversage | 14 | SEAL UMD | 17/09/2016 UMGUNGUNDLOVU DISTRICT C |
| 75 | 1:09.71 S | F | Anke Fourie | 14 | LAD UTD | 04/11/2016 Zululand District Short Course Cha |
| 76 | 1:09.77 S | F | Hannah Szapira | 14 | ASA CPT | 15/07/2016 Western Cape Winter SC Champic |
| 77 | 1:09.79 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 78 | 1:09.83 S | F | Leila Choriapopoulos | 14 | WATR JHB | 13/08/2016 Aquatics Gauteng JNR SC Champ |
| 79 | 1:09.85 S | F | Milla Nel | 14 | CSA EZZ | 23/07/2016 MP Winter SC - July 2016 |
| 80 | 1:09.97 S | F | Minke Brits | 14 | GZSA TSH | 05/08/2016 NTS Junior Short Course Champs |
| 81 | 1:10.23 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 KZN Seagulls Winter Short Course |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|-----------|-------|------------------------|--------|-----------|------------|---|
| 82 | 1:10.51 S | F | Rachel Moreira | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 83 | 1:10.55 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 84 | 1:10.69 S | F | Julia Proccommos | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 2016 |
| 85 | 1:10.76 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 86 | 1:10.81 S | F | Elisna Nel | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 87 | 1:11.06 S | F | Breannyn Jones | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 88 | 1:11.10 S | F | Kerri-Lyn Claase | 14 | ESP EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 89 | 1:11.20 S | F | Regan Hudson | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 90 | 1:11.23 S | F | Kayleigh Reed | 14 | AZON ETH | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 91 | 1:11.31 S | F | Jana Hayman | 14 | PAQU CED | 15/07/2016 | Western Cape Winter SC Championship |
| 92 | 1:11.35 S | F | Anine Hugo | 14 | PAQU CED | 15/07/2016 | Western Cape Winter SC Championship |
| 93 | 1:11.39 S | F | Carmel Lombard | 14 | SDD SD | 20/08/2016 | Small Districts Championship Gala |
| 94 | 1:11.45 S | P | Kiara Geldenhuys | 14 | BENS EKU | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 95 | 1:11.50 S | F | Anika Schmidt | 14 | SS LP | 04/02/2017 | Limpopo Shamu Sprint Feb2017 |
| 96 | 1:11.54 S | F | Erica Sibande | 14 | UNI-N EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 97 | 1:11.62 S | F | Megan Clouston | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 98* | 1:11.63 S | F | Danika Uys | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Championship |
| 98* | 1:11.63 S | F | Caitlin Goosen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 100 | 1:11.67 S | F | Nina Ehrich | 14 | DDA TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 101 | 1:11.74 S | F | Sian Albertyn | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 102 | 1:11.77 S | F | Bernice Laboff | 14 | LSKP WB | 05/11/2016 | Limpopo LS Topskole 2016 |
| 103 | 1:11.92 S | F | Charayne Moore | 14 | PSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 104 | 1:11.99 S | P | Tegan Malherbe | 14 | BLAE JHB | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 105 | 1:12.30 S | F | Chevonne Sevenster | 14 | FINS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 106 | 1:12.32 S | F | Melri Van Schoor | 14 | USH UHD | 24/09/2016 | Fish Eagles Short Course Championship |
| 107 | 1:12.63 S | F | Caitlin Geldenhuys | 14 | BENS EKU | 06/08/2016 | EGA Winter 3 |
| 108 | 1:12.66 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 109 | 1:12.72 S | F | Jamie-Lee Cullen | 14 | GTC EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 110 | 1:12.88 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 111 | 1:12.92 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 | NWS Short Course Championship |
| 112 | 1:12.97 S | F | Siona Maistrellis | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 113 | 1:13.15 S | F | Olivia Pacheco Sanchez | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 114* | 1:13.19 S | F | Kiana Linklater | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 114* | 1:13.19 S | F | Emma Johnson | 14 | AA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 116 | 1:13.38 S | F | Courtney Jordaan | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 117 | 1:13.47 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 118 | 1:13.54 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 119 | 1:13.75 S | F | Sanchia Poovan | 14 | USC BUF | 21/10/2016 | BCA Short Course Championships |
| 120 | 1:13.80 S | F | Jana Roux | 14 | MATI CED | 15/07/2016 | Western Cape Winter SC Championship |
| 121* | 1:13.88 S | F | Ashleigh Le Roux | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 121* | 1:13.88 S | F | Caitlin Elliott | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 123 | 1:14.05 S | F | Sumari Naude | 14 | CSA EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 124 | 1:14.21 S | F | Omolemo Makombe | 14 | AA JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 125 | 1:14.23 S | F | Julia-Rose Platt | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 126 | 1:14.25 S | F | Sian Redelinghuys | 14 | UNI-M NGD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 127 | 1:14.28 S | F | Janel Du Toit | 14 | PAC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 128 | 1:14.34 S | F | Tarin Goslin | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 129 | 1:14.42 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 130 | 1:14.48 S | F | Pippa Sparg | 14 | HARL BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 131 | 1:14.89 S | F | Collette Barnor | 14 | TUKS TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1-2 |
| 132 | 1:14.90 S | F | Amy Crafford | 14 | PSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 133 | 1:14.95 S | F | Larizza Funk | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 134 | 1:14.97 S | F | Elisabeth Surguladze | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 135* | 1:15.02 S | F | Lianka Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 135* | 1:15.02 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 137 | 1:15.04 S | F | Rachel Dube | 14 | BLMA CPT | 15/07/2016 | Western Cape Winter SC Championship |
| 138 | 1:15.11 S | F | Christelle Kruger | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 139 | 1:15.21 S | F | Minya Geyser | 14 | USH UHD | 24/09/2016 | Fish Eagles Short Course Championship |
| 140* | 1:15.44 S | F | Celeste Jonck | 14 | HARL BUF | 21/10/2016 | BCA Short Course Championships |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|-----------|-------|---------------------|--------|-----------|------------|------------------------------------|
| 140* | 1:15.44 S | F | Mieke Muller | 14 | TUKS FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 142 | 1:15.75 S | F | Lamees Khan | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 143 | 1:15.78 S | F | Anna McQueen | 14 | AQWO CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 144 | 1:15.86 S | F | Amika Compaan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 145 | 1:16.19 S | F | Nerissa Fourie | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 146 | 1:16.27 S | F | Megan De Wet | 14 | UNI-M NGD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 147 | 1:16.31 S | P | Tanika Rother | 14 | BOKS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 148 | 1:16.36 S | F | Izanne Van Schoor | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 149 | 1:16.43 S | F | Mia Jardim | 14 | SOUL EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 150 | 1:16.44 S | F | Caley Kent-Brown | 14 | SRAY BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 151 | 1:16.47 S | F | Jenna Borrett | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 152* | 1:16.85 S | F | Michelle Steenekamp | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 152* | 1:16.85 S | F | Kayla Calitz | 14 | SOUL EKU | 18/06/2016 | EGA Winter 1 Gala |
| 154 | 1:16.89 S | F | Chanell Landman | 14 | AA JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 155 | 1:16.90 S | F | Elizabeth Ballack | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 156 | 1:17.23 S | F | Skye Tucker | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 157 | 1:17.32 S | F | Jaime Kruger | 14 | CADO CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 158 | 1:17.44 S | F | Carla Prinsloo | 14 | TUKS FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 159 | 1:17.45 S | F | Christy-Anne Peers | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 160 | 1:17.58 S | F | Leanne Rademeyer | 14 | PSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 161 | 1:17.68 S | F | Tayla Vos | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 162* | 1:18.11 S | F | Chanel Lindeque | 14 | LSJM SK | 05/11/2016 | Limpopo LS Topskole 2016 |
| 162* | 1:18.11 S | F | Micheline Chetty | 14 | STAD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 164 | 1:18.15 S | F | Chrisme Grobler | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 165 | 1:18.43 S | F | Cayla Johnson | 14 | UWCA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 166 | 1:18.46 S | F | Yumna Kharva | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 167 | 1:18.59 S | F | Joné Geyer | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 168 | 1:18.60 S | F | Cameron Meintjies | 14 | DUN UZD | 04/11/2016 | Zululand District Short Course Cha |
| 169 | 1:18.83 S | F | Minka Liebenberg | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 170 | 1:18.92 S | F | Olivia Bastick | 14 | CYBE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 171 | 1:19.22 S | F | Fathima Moola | 14 | SRAY BUF | 23/09/2016 | Future Stars Aquanova Shortcouse |
| 172 | 1:19.33 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 173 | 1:19.46 S | F | Nadine Hough | 14 | DDA FSH | 18/06/2016 | EGA Winter 1 Gala |
| 174 | 1:19.83 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 175 | 1:19.96 S | F | Reani Smit | 14 | CSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 176 | 1:20.45 S | F | Sune Terblanche | HR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 177 | 1:20.66 S | F | Courtney Kleiner | 14 | FSE UHD | 04/11/2016 | Zululand District Short Course Cha |
| 178* | 1:20.94 S | F | Lu-Ann Viljoen | 14 | WOAQ CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 178* | 1:20.94 S | F | Judi Smith | 14 | UWCA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 180 | 1:21.09 S | F | Jani Nel | 14 | CSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 181 | 1:21.21 S | F | Megan Daniel | 14 | TKSS WBD | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 182 | 1:21.39 S | F | Jomari De Beer | 14 | SS LP | 13/08/2016 | Limpopo Age Group 2 |
| 183 | 1:21.56 S | F | Nicke Van Rensburg | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 184 | 1:21.81 S | F | Charlotte Kelly | 14 | LINR JHB | 06/08/2016 | EGA Winter 3 |
| 185 | 1:22.15 S | F | Lenika Nel | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 186 | 1:22.24 S | F | Catherine Smit | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| 187 | 1:22.43 S | F | Joy Njoroge | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 188 | 1:22.53 S | F | Minali Morar | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 189 | 1:22.70 S | F | Ndivhuwo Lishivha | 14 | ESTR EKU | 06/08/2016 | EGA Winter 3 |
| 190 | 1:22.76 S | F | Naafiah Ebrahim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 191 | 1:23.19 S | F | Cleo Raubenheimer | 14 | MARL CPT | 11/02/2017 | Western Cape JL Gala 9A |
| 192 | 1:23.23 S | F | Rahael Weatherhead | 14 | RFA FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 193 | 1:23.98 S | F | Holly Kilian | 14 | DORE JHB | 06/08/2016 | EGA Winter 3 |
| 194 | 1:24.15 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcouse |
| 195 | 1:24.67 S | F | Nadia Ariefdien | 14 | MANT CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 196 | 1:24.69 S | F | Leandi Campher | 14 | LAD UTD | 04/11/2016 | Zululand District Short Course Cha |
| 197 | 1:25.07 S | F | Imaan Brown | 14 | MARL CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 198 | 1:25.15 S | F | Tshegofatso Legote | 14 | BON JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 199 | 1:25.71 S | F | Milena Pellizzon | 14 | BLAC EKU | 18/06/2016 | EGA Winter 1 Gala |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----------------------------|-----------|-------|----------------------|--------|-----------|------------|------------------------------------|
| 200 | 1:26.09 S | F | Alicia Smit | 14 | FSE UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 201 | 1:26.24 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 202 | 1:26.47 S | F | Dudzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 203* | 1:27.13 S | F | Jada Geldenhuys | 14 | MANT CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 203* | 1:27.13 S | F | Emma Johannessen | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 205 | 1:27.34 S | F | Samara Doyle | 14 | HASC JHB | 27/01/2017 | NTS Jan 2017 Age Group Level 1 |
| 206 | 1:27.90 S | F | Iman Abrahams | 14 | MANT CPT | 11/02/2017 | Western Cape JL Gala 9A |
| 207 | 1:28.41 S | F | Brinley Botha | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 208 | 1:29.86 S | F | Paula Van Zyl | 14 | NEWS ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 209 | 1:29.99 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 210 | 1:30.79 S | F | Naadirah Karim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 211 | 1:30.93 S | F | Kierra Theunissen | 14 | SODO JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 212 | 1:33.06 S | F | Hailie Van Niekerk | 14 | LSER WBD | 05/11/2016 | Limpopo LS Topskole 2016 |
| 213 | 1:33.08 S | P | Qhawekazi Moepya | 14 | SWIFT EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 214 | 1:33.10 S | F | Viearn Green | 14 | RPAC EKU | 06/08/2016 | EGA Winter 3 |
| 215 | 1:33.17 S | F | Megan Vd Merwe | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 216 | 1:36.27 S | F | Ammaarah Cachalia | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 217 | 1:43.99 S | F | Tamlin Basson | 14 | WEST CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 218 | 1:46.17 S | F | Victoria Wankya | 14 | NSA EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 219 | 2:01.65 S | P | Xivono Chauke | 14 | ESP EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 220 | 2:29.26 S | F | Gene Prinsloo | 14 | ESS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| Women 14-14 200 Free | | | | | | | |
| 1 | 2:04.06 S | F | Rebecca Meder | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 2:07.07 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 3 | 2:08.89 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 4 | 2:09.62 S | F | Olivia Nel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champi |
| 5 | 2:12.56 S | F | Taylor Pharoah | 14 | WSAA CPT | 25/11/2016 | Swim Squads - 19th Invitational M |
| 6 | 2:13.21 S | P | Georgia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 7 | 2:13.40 S | F | Kelly Crous | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 8 | 2:13.50 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 9 | 2:14.20 S | P | Tori Oliver | 14 | ACSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 10 | 2:15.63 S | F | Stephanie Houtman | 14 | TUKSB LP | 25/02/2017 | Duel in The Pool - Pool A |
| 11 | 2:15.67 S | F | Megan Shepherd | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 12 | 2:16.81 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 13 | 2:17.50 S | F | Honey Osrin | 14 | ASA CPT | 15/07/2016 | Western Cape Winter SC Champi |
| 14 | 2:17.91 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 15 | 2:17.96 S | F | Madison Malherbe | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 16 | 2:18.25 S | F | Zoe Phillips | 14 | SODO JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 17 | 2:18.32 S | F | Kaitlyn Albertyn | 14 | TUKS! TS | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 18 | 2:18.98 S | F | Jana Botha | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champi |
| 19 | 2:19.10 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 20 | 2:19.84 S | F | Alexia Velde | 14 | AQUA BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 21 | 2:20.25 S | F | Paige Mauer | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 22 | 2:20.69 S | P | Mila Rezac | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 23 | 2:21.56 S | F | Lana Janson | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 24 | 2:22.25 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 25 | 2:22.78 S | F | Brooke Aylward | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 26 | 2:24.15 S | F | Jenna Van Niekerk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 27 | 2:24.22 S | P | Demi- Lee Carlisle | 14 | FLOD JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 28 | 2:24.58 S | F | Kayleigh Adamson | 14 | PSC TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 29 | 2:24.73 S | F | Trisha Pollicutte | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 30 | 2:24.74 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 31* | 2:24.81 S | F | Paige Forster | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 31* | 2:24.81 S | F | Jenna Seymour-Smith | 14 | BOKS EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 33 | 2:25.49 S | F | Anaïs Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 34 | 2:25.57 S | F | Kaylyn Leach | 14 | BOKS EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 35 | 2:25.81 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 36 | 2:25.98 S | F | Paige Brombacher | 14 | SEAL UMD | 15/10/2016 | UMGUNGUNDLOVU DISTRICT C |
| 37 | 2:26.23 S | F | Catherine Phillips | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|----|-----------|-------|---------------------|--------|----------|------------|------------------------------------|
| 38 | 2:28.06 S | F | Louisa Siebel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 39 | 2:28.11 S | F | Abigail Calitz | 14 | MATI CED | 15/07/2016 | Western Cape Winter SC Champic |
| 40 | 2:28.76 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 41 | 2:28.77 S | F | Shaylee Anderson | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 42 | 2:29.36 S | F | Amidre Snyman | 14 | BLOT MAN | 25/02/2017 | Duel in The Pool - Pool B |
| 43 | 2:29.39 S | F | Marushka Geysler | 14 | ELRAS LP | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 44 | 2:29.67 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 45 | 2:29.89 S | F | Alia Goedvolk | 14 | TRAZ TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 46 | 2:30.23 S | F | Jany Schnetler | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 47 | 2:30.66 S | F | Marnel Jv Rensburg | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 48 | 2:31.19 S | F | Carla Lichtblau | 14 | ONYX ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 49 | 2:31.21 S | F | Carli Venter | 14 | RBOT BPD | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 50 | 2:31.30 S | F | Johanna Freers | 14 | CADO CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 51 | 2:31.88 S | F | Leila Choriapoulos | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 52 | 2:31.89 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 53 | 2:32.20 S | F | Chloe Van Driel | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 54 | 2:32.30 S | F | Jenna Bradshaw | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 55 | 2:32.67 S | F | Sarah Allardice | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 56 | 2:32.69 S | F | Kerri-Lyn Claase | 14 | ESP ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 57 | 2:32.71 S | F | Laura Gilardi | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 58 | 2:32.73 S | F | Camika Li Searle | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 59 | 2:33.76 S | F | Camryn Lowman | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 60 | 2:33.95 S | F | Charleze Van Staden | 14 | PSC TSH | 25/02/2017 | Duel in The Pool - Pool B |
| 61 | 2:34.26 S | F | Zanli Klopper | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 62 | 2:34.31 S | F | Melri Van Schoor | 14 | USH UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 63 | 2:34.37 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 64 | 2:34.46 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 65 | 2:34.67 S | F | Inge Steyn | 14 | VICT ECU | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 66 | 2:34.93 S | F | Susanna Wessels | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 67 | 2:35.27 S | F | Anke Fourie | 14 | LAD UTD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 68 | 2:35.62 S | F | Gabriella Diedloff | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 69 | 2:35.77 S | F | Courtney Jordaan | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 70 | 2:35.87 S | F | Kendra Du Toit | 14 | SOUL ECU | 18/06/2016 | EGA Winter 1 Gala |
| 71 | 2:37.47 S | F | Hannah Szapira | 14 | ASA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 72 | 2:37.49 S | F | Emma Johnson | 14 | AA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 73 | 2:38.31 S | F | Sanchia Poovan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 74 | 2:38.50 S | F | Bernice Laboff | 14 | TKSS WBD | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 75 | 2:38.68 S | F | Kirsten Ahrends | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 76 | 2:38.73 S | F | Regan Hudson | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 77 | 2:38.76 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 78 | 2:38.84 S | F | Megan Clouston | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 79 | 2:39.83 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 80 | 2:40.30 S | F | Jana Roux | 14 | MATI CED | 15/07/2016 | Western Cape Winter SC Champic |
| 81 | 2:40.92 S | F | Sophie Liversage | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 82 | 2:41.14 S | F | Ashleigh Le Roux | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 83 | 2:41.15 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 84 | 2:41.80 S | F | Charayne Moore | 14 | PSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 85 | 2:42.75 S | F | Mieke Muller | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 86 | 2:43.03 S | F | Nerissa Fourie | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 87 | 2:43.15 S | F | Omolemo Makombe | 14 | AA JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 88 | 2:43.42 S | F | Anna McQueen | 14 | AQWO CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 89 | 2:43.43 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 90 | 2:43.66 S | F | Leah Goodman | 14 | CADO CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 91 | 2:44.31 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 92 | 2:44.36 S | F | Christelle Kruger | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| 93 | 2:45.78 S | F | Pippa Sparg | 14 | HARL BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 94 | 2:46.25 S | F | Amika Compaan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 95 | 2:46.38 S | F | Julia-Rose Platt | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 96 | 2:46.59 S | F | Lianka Grobler | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----------------------------|-----------|-------|-----------------------|--------|----------|------------|------------------------------------|
| 97 | 2:46.72 S | F | Tarin Goslin | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 98 | 2:47.52 S | F | Chrisme Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 99 | 2:48.08 S | F | Marla Naudè | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 100 | 2:48.35 S | F | Anika Schmidt | 14 | SS LP | 17/09/2016 | Limpopo Age Group 17 Septembe |
| 101 | 2:48.52 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 102 | 2:48.94 S | F | Lamees Khan | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 103 | 2:49.88 S | F | Phomolo Mabote | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 104 | 2:50.58 S | F | Caley Kent-Brown | 14 | SRAY BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 105 | 2:50.61 S | F | Olivia Bastick | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 106 | 2:50.90 S | F | Courtney Kleiner | 14 | FSE UJD | 04/11/2016 | Zululand District Short Course Cha |
| 107 | 2:52.25 S | F | Danika Uys | FR | PSA ZLD | 24/09/2016 | Fish Eagles Short Course Champi |
| 108 | 2:53.61 S | F | Yumna Kharva | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 109 | 2:53.78 S | F | Collette Barnor | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 110 | 2:54.01 S | F | Michelle Steenekamp | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 111 | 2:54.26 S | F | Caitlin Elliott | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 112 | 2:54.69 S | F | Christy-Anne Peers | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 113 | 2:56.24 S | F | Micheline Chetty | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 114 | 2:57.57 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 115 | 2:59.71 S | F | Emma Johannessen | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 116 | 3:00.01 S | F | Judi Smith | 14 | UWCA CPT | 15/07/2016 | Western Cape Winter SC Champi |
| 117 | 3:01.10 S | F | Catherine Smit | 14 | FISH EDD | 04/06/2016 | Eden 1st SC Gala 2016 |
| 118 | 3:01.41 S | F | Skye Tucker | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 119 | 3:01.56 S | F | Nadine Hough | 14 | DDA TSH | 18/06/2016 | EGA Winter 1 Gala |
| 120 | 3:01.58 S | F | Kate Rolfe | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 121 | 3:03.01 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 122 | 3:03.98 S | F | Berdine Jacobsz | FR | PSA ZLD | 24/09/2016 | Fish Eagles Short Course Champi |
| 123 | 3:05.25 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 124 | 3:06.70 S | F | Duduzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 125* | 3:09.04 S | F | Celina Isaacs | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 125* | 3:09.04 S | F | Tshegofatso Legote | 14 | BON JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 127 | 3:10.42 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 128 | 3:11.17 S | F | Alicia Smit | 14 | FSE UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 129 | 3:25.58 S | F | Kierra Theunissen | 14 | SODO JHB | 12/06/2016 | CGA Winter Gala No 1 |
| Women 14-14 400 Free | | | | | | | |
| 1 | 4:18.21 S | F | Rebecca Meder | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 4:22.79 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 3 | 4:32.42 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 4 | 4:33.99 S | F | Honey Osrin | 14 | ASA CPT | 15/07/2016 | Western Cape Winter SC Champi |
| 5 | 4:38.65 S | F | Taylor Pharaoh | 14 | WSAA CPT | 25/11/2016 | Swim Squads - 19th Invitational M |
| 6 | 4:39.08 S | F | Kelly Crous | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 7 | 4:43.10 S | P | Tori Oliver | 14 | ACSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 8 | 4:43.78 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 9 | 4:51.34 S | F | Madison Malherbe | 14 | AQUA BUF | 21/10/2016 | BCA Short Course Championships |
| 10 | 4:52.12 S | F | Trisha Pollicutte | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN |
| 11 | 4:52.13 S | F | Alexia Velde | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 12 | 4:53.96 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 13 | 4:54.07 S | F | Mila Rezac | 14 | NDSA ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 14 | 4:56.53 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 15 | 4:56.87 S | F | Anaïs Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 16 | 4:59.27 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 17 | 5:00.67 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 18 | 5:02.41 S | F | Stephanie Houtman | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 19 | 5:02.54 S | F | Brooke Aylward | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 20 | 5:03.12 S | F | Kaylee Silen | 14 | AZON ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 21 | 5:03.32 S | F | Alia Goedvolk | 14 | TRAZ TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 22 | 5:03.46 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 23 | 5:04.76 S | F | Abigail Calitz | 14 | MATI CED | 15/07/2016 | Western Cape Winter SC Champi |
| 24 | 5:05.92 S | F | Jenna Seymour-Smith | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 25 | 5:07.23 S | F | Kaylyn Leach | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------------------------------|------------|-------|----------------------|--------|----------|------------|----------------------------------|
| 26 | 5:08.05 S | F | Louisa Siebel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 27 | 5:09.58 S | P | Demi- Lee Carlisle | 14 | FLOD JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 28 | 5:11.13 S | F | Kayleigh Adamson | 14 | PSC TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 29 | 5:11.46 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 30 | 5:14.06 S | F | Shaylee Anderson | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 31 | 5:16.82 S | F | Marushka Geysler | 14 | ELRAS LP | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 32 | 5:20.84 S | F | Sune' De wit | 14 | MGSC UGD | 23/07/2016 | UGU Age Group Gala 1 23.07.201 |
| 33 | 5:25.53 S | F | Marnel Jv Rensburg | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 34 | 5:26.07 S | F | Jany Schnetler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 35 | 5:27.98 S | F | Kerri-Lyn Claase | 14 | ESP ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 36 | 5:28.71 S | F | Anke Fourie | 14 | LAD UTD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 37 | 5:32.08 S | F | Carla Lichtblau | 14 | ONYX ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 38 | 5:36.43 S | F | Tegan Malherbe | 14 | BLAE JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 39 | 5:38.47 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 40 | 5:40.74 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 41 | 5:40.98 S | F | Kayleigh Reed | 14 | AZON ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 42 | 5:43.59 S | F | Christelle Kruger | 14 | FISH EDD | 18/06/2016 | Eden 2nd SC Gala 2016 |
| 43 | 5:44.73 S | F | Anna McQueen | 14 | AQWO CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 44 | 5:49.86 S | F | Chrisme Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 45 | 5:50.36 S | F | Caitlin Goosen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 46 | 5:52.67 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 47 | 5:52.70 S | F | Lianka Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 48 | 5:52.77 S | F | Caitlin Geldenhuys | 14 | BENS ECU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 49 | 6:00.26 S | F | Amika Compaan | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 50 | 6:05.37 S | F | Kayla Calitz | 14 | SOUL ECU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 51 | 6:13.94 S | F | Chanell Landman | 14 | AA JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 52 | 6:41.80 S | F | Micheline Chetty | 14 | STAD JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 53 | 7:05.71 S | F | Emily Openshaw | 14 | AQUA BUF | 09/09/2016 | BCA September Shortcourse Gala |
| Women 14-14 800 Free | | | | | | | |
| 1 | 8:59.45 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 2 | 9:22.66 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 3 | 9:46.12 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 4 | 10:05.48 S | F | Madison Malherbe | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 5 | 10:08.15 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 6 | 10:12.03 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 7 | 10:27.66 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 8 | 10:32.08 S | F | Abigail Calitz | 14 | MATI CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 9 | 10:32.37 S | F | Trisha Pollicutte | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 10 | 10:32.74 S | F | Alia Goedvolk | 14 | TRAZ TSH | 13/08/2016 | NTS Senior Short Course Champs |
| Women 14-14 1500 Free | | | | | | | |
| 1 | 20:35.64 S | F | Trisha Pollicutte | 14 | FISH EDD | 18/06/2016 | Eden 2nd SC Gala 2016 |
| 2 | 24:27.86 S | F | Christelle Kruger | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| Women 14-14 50 Back | | | | | | | |
| 1 | 29.40 S | F | Olivia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 30.58 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 3 | 30.91 S | P | Kelly Crous | 14 | SGUL ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 4 | 30.93 S | F | Alexia Velde | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 5 | 31.08 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 6 | 31.50 S | F | Zoe Phillips | 14 | TUKSA NT | 25/02/2017 | Duel in The Pool - Pool A |
| 7 | 31.94 S | P | Georgia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 8 | 32.00 S | P | Jeanne Blaisse | 14 | PLAY CED | 25/08/2016 | Sa Short Course Swimming Cham |
| 9 | 32.35 S | P | Trisha Pollicutte | 14 | FISH EDD | 25/08/2016 | Sa Short Course Swimming Cham |
| 10 | 32.62 S | P | Lara Van Niekerk | 14 | PAC TSH | 25/08/2016 | Sa Short Course Swimming Cham |
| 11 | 32.95 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 12 | 32.97 S | P | Marae Waldron | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 13 | 33.02 S | F | Nina Madden | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 14 | 33.05 S | F | Reese Harradine | 14 | PAC TSH | 25/02/2017 | Duel in The Pool - Pool A |
| 15 | 33.50 S | F | Megan Shepherd | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 20 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|---------|-------|----------------------|--------|-----------|------------|------------------------------------|
| 16 | 33.78 S | F | Nicole Viljoen | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 17 | 33.88 S | P | Courtney Repinz | 14 | AQUB NMA | 25/08/2016 | Sa Short Course Swimming Cham |
| 18 | 33.92 S | F | Mika Van Zyl | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 19 | 34.01 S | F | Paige Forster | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT G |
| 20 | 34.29 S | F | Michaela De Villiers | 14 | VINE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 21 | 34.32 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 22 | 34.52 S | F | Brooke Aylward | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 23 | 34.59 S | F | Kaylyn Leach | 14 | BOKS EKU | 06/08/2016 | EGA Winter 3 |
| 24 | 34.66 S | F | Anaïs Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 25 | 34.67 S | F | Madison Malherbe | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 26 | 34.68 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 27 | 34.83 S | F | Gabriella Diedloff | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 28 | 34.87 S | F | Hannah Szapira | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 29 | 34.90 S | F | Jenna Van Niekerk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 30 | 35.05 S | F | Taylor Pharoah | 14 | WSAA CPT | 21/10/2016 | Hamilton Aquatics Short Course |
| 31 | 35.06 S | F | Anika Schmidt | 14 | SS LP | 04/02/2017 | Limpopo Shamu Sprint Feb2017 |
| 32 | 35.07 S | P | Kaitlyn Albertyn | 14 | TUKS TSH | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 33 | 35.11 S | F | Elisna Nel | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 34 | 35.16 S | F | Pascale Oberholzer | 14 | MDOL JHB | 25/02/2017 | Duel in The Pool - Pool B |
| 35 | 35.19 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 36 | 35.32 S | F | Paige Mauer | 14 | USC BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 37 | 35.33 S | F | Ashleigh Le Roux | 14 | CSC TSH | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 38 | 35.51 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 39 | 35.57 S | F | Leila Choriapopoulos | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 40 | 35.71 S | F | Jany Schnetler | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 41* | 35.76 S | F | Camika Li Searle | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 41* | 35.76 S | F | Jayne Van Wyk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 43 | 35.78 S | F | Tasmyn King | 14 | AA JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 44 | 35.83 S | F | Inge Steyn | 14 | VICT EKU | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 45 | 35.89 S | F | Julia Procommenos | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 2f |
| 46 | 35.96 S | F | Zanli Klopper | 14 | MDOL JHB | 06/08/2016 | EGA Winter 3 |
| 47 | 36.04 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 48 | 36.13 S | F | Kate Meyer | 14 | VIKI BUF | 16/07/2016 | BCA July Short Course Gala 2016 |
| 49 | 36.30 S | F | Micaela Pinto | 14 | BOKS EKU | 06/08/2016 | EGA Winter 3 |
| 50 | 36.32 S | F | Milla Nel | 14 | CSA EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 51 | 36.37 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 52 | 36.41 S | F | Nina Ehrich | 14 | DDA TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 53 | 36.52 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 | NWS Short Course Championship |
| 54 | 36.64 S | F | Paige Brombacher | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT G |
| 55 | 36.67 S | F | Lillian Dixon | 14 | WESTH | 12/06/2016 | Australian Crawl A Grade Short Cc |
| 56 | 36.82 S | F | Nichola Greyling | 14 | HREF BPD | 24/09/2016 | NWS Short Course Championship |
| 57 | 36.85 S | F | Amy Potgieter | 14 | WAV EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 58 | 36.86 S | F | Caitlin Goosen | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 59 | 36.98 S | P | Emma Johnson | 14 | AA JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 60 | 37.02 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 61 | 37.03 S | F | Megan Clouston | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 62 | 37.06 S | F | Courtney Jordaan | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 63 | 37.19 S | F | Jenna Seymour-Smith | 14 | BOKS EKU | 25/06/2016 | Arena Dual Meet Competition |
| 64 | 37.20 S | F | Anke Fourie | 14 | LAD UTD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 65 | 37.33 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 66 | 37.38 S | F | Carla Lichtblau | 14 | ONYX EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 67 | 37.47 S | F | Erica Sibande | 14 | UNI-N EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 68* | 37.52 S | F | Kayleigh Adamson | 14 | PSC TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 68* | 37.52 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 70 | 37.57 S | F | Kendra Du Toit | 14 | SOUL EKU | 25/02/2017 | Duel in The Pool - Pool B |
| 71 | 37.64 S | F | Clarissa Liebenberg | 14 | NWUC KKD | 24/09/2016 | NWS Short Course Championship |
| 72 | 37.65 S | F | Marushka Geysler | 14 | ELRAS LP | 04/02/2017 | Limpopo Shamu Sprint Feb2017 |
| 73 | 37.66 S | F | Carla Mouton | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 74* | 37.71 S | F | Kerri-Lyn Claase | 14 | ESP EKU | 06/10/2016 | KZN Seagulls Winter Short Course |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|---------|-------|------------------------|--------|----------|------------|------------------------------------|
| 74* | 37.71 S | F | Marnel Jv Rensburg | 14 | DYNA FSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 76 | 37.73 S | F | Caitlin Elliott | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 77 | 37.86 S | F | Sian Redelinghuys | 14 | STA | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 78 | 37.87 S | F | Laura Gilardi | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 79 | 37.89 S | P | Caitlin Geldenhuys | 14 | BENS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 80 | 37.97 S | F | Amika Compaan | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 81 | 38.41 S | P | Tanika Rother | 14 | BOKS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 82 | 38.49 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 83* | 38.61 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 83* | 38.61 S | F | Megan De Wet | 14 | MPS NW | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 85 | 38.72 S | F | Celeste Jonck | 14 | HARL BUF | 21/10/2016 | BCA Short Course Championships |
| 86 | 38.77 S | F | Julia-Rose Platt | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 87 | 38.81 S | F | Eva Steffensen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 88 | 38.89 S | F | Carmel Lombard | 14 | TTNS SDD | 06/08/2016 | EGA Winter 3 |
| 89 | 38.91 S | F | Christy-Anne Peers | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 90 | 38.92 S | F | Sian Albertyn | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 91 | 38.93 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 92* | 39.20 S | F | Olivia Pacheco Sanchez | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 92* | 39.20 S | F | Megan Daniel | 14 | TKSS WBD | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 94 | 39.37 S | P | Kayla Calitz | 14 | SOUL ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 95 | 39.40 S | F | Chevonne Sevenster | 14 | FINS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 96 | 39.46 S | F | Kiana Linklater | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 97 | 39.55 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 98 | 39.61 S | F | Sumari Naude | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 99 | 39.64 S | F | Nicke Van Rensburg | 14 | TYGC CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 100 | 39.77 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 101* | 39.79 S | F | Nerissa Fourie | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 101* | 39.79 S | F | Joy Njoroge | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 103 | 39.95 S | F | Micheline Chetty | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 104 | 40.30 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 105 | 40.32 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 106 | 40.76 S | F | Jamie-Lee Cullen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 107 | 40.83 S | F | Sophie Liversage | 14 | SEAL UMD | 19/06/2016 | eThekweni Seals Winter Gala 2 20 |
| 108 | 40.98 S | F | Charlotte Kelly | 14 | LINR JHB | 06/08/2016 | EGA Winter 3 |
| 109 | 41.19 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 110 | 41.21 S | F | Rachel Moreira | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 111 | 41.78 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 112 | 41.79 S | F | Miné Maritz | 14 | TKS SKD | 12/11/2016 | Limpopo Age Group 12 November |
| 113 | 42.18 S | P | Mia Jardim | 14 | SOUL ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 114 | 42.22 S | F | Catherine Smit | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| 115 | 42.50 S | F | Elizabeth Ballack | 14 | MDOL JHB | 06/08/2016 | EGA Winter 3 |
| 116 | 42.77 S | F | Breannyn Jones | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 117 | 42.78 S | F | Berdine Jacobsz | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 118 | 42.93 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 119 | 43.08 S | P | Rahael Weatherhead | 14 | RFA FSH | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 120 | 43.24 S | F | Lu-Ann Viljoen | 14 | WOAQ CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 121 | 43.30 S | F | Elisabeth Surguladze | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 122 | 43.32 S | F | Cayla Johnson | 14 | UWCA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 123 | 43.40 S | F | Chanell Landman | 14 | AA JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 124 | 43.41 S | F | Berenique Naude | 14 | LSJM SK | 05/11/2016 | Limpopo LS Topskole 2016 |
| 125 | 43.59 S | F | Milena Pellizzon | 14 | BLAC ECU | 18/06/2016 | EGA Winter 1 Gala |
| 126 | 43.69 S | F | Fathima Moola | 14 | SRAY BUF | 21/10/2016 | BCA Short Course Championships |
| 127 | 44.45 S | F | Abigail De Jager | 14 | LPTBO CC | 05/11/2016 | Limpopo LS Topskole 2016 |
| 128 | 44.84 S | F | Hayley-Kay Buys | 14 | UNIC MP | 05/11/2016 | Limpopo LS Topskole 2016 |
| 129 | 45.13 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 130 | 45.27 S | F | Jomari De Beer | 14 | SS LP | 13/08/2016 | Limpopo Age Group 2 |
| 131 | 45.43 S | F | Ndivhuwo Lishivha | 14 | ESTR ECU | 06/08/2016 | EGA Winter 3 |
| 132 | 45.57 S | F | Tawananyasha Makudo | 14 | ISSA NW | 12/11/2016 | NW Summer Games 2016 (KKD N |
| 133 | 45.68 S | F | Nadia Ariefdien | 14 | MANT CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----------------------------|-----------|-------|-----------------------|--------|-----------|------------|------------------------------------|
| 134 | 45.69 S | F | Jada Geldenhuys | 14 | MANT CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 135 | 45.84 S | F | Ammaarah Cachalia | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 136 | 46.53 S | F | Dudzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 137 | 46.82 S | P | Qhawekazi Moepya | 14 | SWIFT ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 138 | 47.79 S | F | Paula Van Zyl | 14 | NEWS ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 139 | 48.70 S | F | Brinley Botha | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 140 | 48.77 S | F | Tshegofatso Legote | 14 | BON JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 141 | 48.92 S | F | Danel Appelgryn | 14 | SWAG KKD | 24/09/2016 | NWS Short Course Championship |
| 142 | 51.31 S | F | Kelsey-Lee Meiring | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 143 | 51.36 S | F | Gizelle van Jaarsveld | 14 | HARB BPD | 24/09/2016 | NWS Short Course Championship |
| 144 | 51.92 S | F | Adel  De Bruyn | 14 | LSER WBD | 05/11/2016 | Limpopo LS Topskole 2016 |
| 145 | 56.13 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 146 | 59.43 S | F | Boitumelo Shikwane | 14 | MITCH CC | 05/11/2016 | Limpopo LS Topskole 2016 |
| 147 | 1:06.45 S | F | Leeto Mothobi | 14 | FIELD NW | 14/10/2016 | NW Summer Games 2016 (Bojana |
| 148 | 1:09.87 S | F | Tessa Kock | 14 | BSA BPD | 11/03/2017 | NWS Level 1 2017 |
| 149 | 1:20.05 S | F | Gene Prinsloo | 14 | ESS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| Women 14-14 100 Back | | | | | | | |
| 1 | 1:02.83 S | P | Olivia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 1:05.85 S | P | Kelly Crous | 14 | SGUL ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 3 | 1:05.96 S | F | Honey Osrin | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 4 | 1:06.26 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 5 | 1:06.94 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 6 | 1:07.21 S | P | Zoe Phillips | 14 | SODO JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 7 | 1:07.32 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 8 | 1:07.42 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 9 | 1:07.46 S | F | Alexia Velde | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 10 | 1:07.55 S | P | Jana Botha | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 11 | 1:08.19 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 12 | 1:08.42 S | P | Jeanne Blaisse | 14 | PLAY CED | 25/08/2016 | Sa Short Course Swimming Cham |
| 13 | 1:08.46 S | P | Georgia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 14 | 1:09.58 S | P | Jaime Storm | 14 | BEAV ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 15 | 1:10.56 S | F | Trisha Pollicutte | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN |
| 16 | 1:10.61 S | P | Megan Shepherd | 14 | ELEC JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 17 | 1:11.25 S | F | Tailyn Seyffert | 14 | BLOT MAN | 25/02/2017 | Duel in The Pool - Pool B |
| 18 | 1:11.62 S | F | Mika Van Zyl | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 19 | 1:11.74 S | F | Reese Harradine | 14 | PAC TSH | 25/02/2017 | Duel in The Pool - Pool A |
| 20 | 1:12.21 S | F | Jenna Van Niekerk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 21 | 1:12.35 S | F | Nicole Viljoen | 14 | MP | 20/08/2016 | Small Districts Championship Gala |
| 22 | 1:12.71 S | P | Marae Waldron | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 23 | 1:13.50 S | F | Ana s Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 24 | 1:14.02 S | F | Kaitlyn Albertyn | 14 | TUKS! FS | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 25 | 1:14.37 S | F | Paige Forster | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT G |
| 26 | 1:14.52 S | P | Courtney Repinz | 14 | AQUB NMA | 25/08/2016 | Sa Short Course Swimming Cham |
| 27 | 1:14.59 S | F | Paige Mauer | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 28 | 1:14.61 S | F | Louisa Siebel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 29 | 1:14.71 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 30 | 1:14.74 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 31 | 1:14.83 S | F | Kaylyn Leach | 14 | BOKS ECU | 25/06/2016 | Arena Dual Meet Competition |
| 32 | 1:15.19 S | F | Marjean Kupfer | 14 | MDOL JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 33 | 1:15.25 S | F | Pascale Oberholzer | 14 | MDOL JHB | 25/02/2017 | Duel in The Pool - Pool B |
| 34 | 1:15.49 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 35 | 1:15.57 S | F | Jany Schnetler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 36 | 1:15.87 S | F | Zanli Klopper | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 37 | 1:15.89 S | F | Inge Steyn | 14 | EGA ECU | 20/08/2016 | Small Districts Championship Gala |
| 38 | 1:15.98 S | F | Kieryn Letley | 14 | EGA ECU | 20/08/2016 | Small Districts Championship Gala |
| 39 | 1:16.16 S | F | Madison Malherbe | 14 | AQUA BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 40 | 1:17.18 S | F | Leila Choriapopoulos | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 41* | 1:17.28 S | F | Jayne Van Wyk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 41* | 1:17.28 S | F | Micaela Pinto | 14 | EGA ECU | 20/08/2016 | Small Districts Championship Gala |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|-----------|-------|----------------------|--------|-----------|------------|------------------------------------|
| 43 | 1:17.31 S | F | Catherine Phillips | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 44 | 1:17.61 S | F | Hannah Szapira | 14 | ASA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 45 | 1:17.67 S | F | Nichola Greyling | 14 | HREF BPD | 24/09/2016 | NWS Short Course Championship |
| 46 | 1:17.75 S | F | Lana Janson | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 47 | 1:17.97 S | F | Ilanka Combrink | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 48 | 1:18.06 S | F | Brooke Aylward | 14 | SEAL UMD | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 49 | 1:18.08 S | F | Michaela De Villiers | 14 | VINE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 50 | 1:18.15 S | F | Kirsten Ahrends | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 51 | 1:18.23 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 52 | 1:18.46 S | F | Anika Schmidt | 14 | LP LP | 20/08/2016 | Small Districts Championship Gala |
| 53 | 1:18.50 S | F | Gabriella Diedloff | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 54 | 1:18.91 S | F | Julia Procommenos | 14 | ELEC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 55 | 1:18.98 S | F | Jenna Bradshaw | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 56 | 1:19.22 S | F | Paige Brombacher | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C |
| 57 | 1:19.25 S | F | Courtney Jordaan | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 58 | 1:19.41 S | F | Amy Potgieter | 14 | MP | 20/08/2016 | Small Districts Championship Gala |
| 59 | 1:19.44 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 | NWS Short Course Championship |
| 60 | 1:19.52 S | F | Milla Nel | 14 | CSA EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 61 | 1:19.61 S | F | Lillian Dixon | 14 | WESTH | 25/06/2016 | 2016 Commercial A Grade Short C |
| 62 | 1:19.68 S | F | Kayleigh Adamson | 14 | PSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 63* | 1:19.82 S | F | Marushka Geyser | 14 | ELRAS LP | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 63* | 1:19.82 S | F | Marnel Jv Rensburg | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 65 | 1:19.85 S | F | Sune' De wit | 14 | AZON ETH | 28/01/2017 | UGU 4 Age Group Gala |
| 66 | 1:19.90 S | F | Elisna Nel | 14 | NWS | 20/08/2016 | Small Districts Championship Gala |
| 67 | 1:20.08 S | F | Anine Hugo | 14 | PAQU CED | 15/07/2016 | Western Cape Winter SC Champic |
| 68 | 1:20.13 S | F | Megan Clouston | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 69 | 1:20.29 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 70 | 1:20.41 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 71 | 1:20.46 S | F | Carmel Lombard | 14 | SDD SD | 20/08/2016 | Small Districts Championship Gala |
| 72 | 1:20.48 S | F | Janel Du Toit | 14 | PAC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 73* | 1:20.51 S | F | Lamees Khan | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 73* | 1:20.51 S | F | Erica Sibande | 14 | UNI-N EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 75 | 1:20.83 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 76 | 1:20.95 S | F | Nina Ehrich | 14 | DDA TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 77 | 1:20.98 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 78 | 1:21.30 S | F | Kendra Du Toit | 14 | SOUL EKU | 25/02/2017 | Duel in The Pool - Pool B |
| 79 | 1:21.44 S | F | Jana Hayman | 14 | PAQU CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 80 | 1:21.54 S | F | Emma Johnson | 14 | AA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 81 | 1:21.75 S | F | Minya Geyser | 14 | USH UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 82 | 1:21.87 S | F | Sian Redelinghuys | 14 | UNI-M NGD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 83 | 1:22.11 S | F | Kerri-Lyn Claase | 14 | ESP EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 84 | 1:22.26 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 85 | 1:22.35 S | F | Jenna Seymour-Smith | 14 | BOKS EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 86 | 1:22.41 S | F | Amika Compaan | 14 | USC BUF | 21/10/2016 | BCA Short Course Championships |
| 87 | 1:22.47 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 88 | 1:22.59 S | F | Caitlin Goosen | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 89 | 1:22.66 S | F | Kayla Calitz | 14 | SOUL EKU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 90 | 1:22.85 S | F | Siona Maistrellis | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 91 | 1:23.07 S | F | Carla Prinsloo | 14 | TUKS TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 92 | 1:23.24 S | F | Kiana Linklater | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 93 | 1:23.25 S | F | Caitlin Geldenhuys | 14 | BENS EKU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 94 | 1:23.33 S | F | Julia-Rose Platt | 14 | HASC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 95 | 1:23.64 S | F | Carla Lichtblau | 14 | ONYX EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 96 | 1:23.73 S | F | Tanika Rother | 14 | BOKS EKU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 97 | 1:23.75 S | F | Charayne Moore | 14 | PSCB TSH | 25/02/2017 | Duel in The Pool - Pool B |
| 98 | 1:23.87 S | F | Regan Hudson | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 99 | 1:24.00 S | F | Jana Roux | 14 | MATI CED | 15/07/2016 | Western Cape Winter SC Champic |
| 100 | 1:24.32 S | F | Nerissa Fourie | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 101 | 1:24.51 S | F | Cameron Meintjies | 14 | DUN UJD | 04/11/2016 | Zululand District Short Course Cha |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----------------------------|-----------|-------|-----------------------|--------|-----------|------------|------------------------------------|
| 102 | 1:24.53 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 103 | 1:24.57 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 104 | 1:25.14 S | F | Sian Albertyn | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 105 | 1:25.41 S | F | Yumna Kharva | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 106 | 1:25.52 S | F | Elizabeth Ballack | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 107* | 1:25.76 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 107* | 1:25.76 S | F | Jaime Kruger | 14 | CADO CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 109 | 1:25.88 S | F | Christy-Anne Peers | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 110 | 1:25.94 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 111 | 1:26.09 S | F | Camryn Lowman | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 112 | 1:26.10 S | F | Caitlin Elliott | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 113 | 1:26.20 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 114 | 1:26.50 S | F | Clarissa Liebenberg | 14 | NWUC KKD | 24/09/2016 | NWS Short Course Championship |
| 115 | 1:26.54 S | F | Anna McQueen | 14 | AQWO CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 116 | 1:26.91 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 117 | 1:27.35 S | F | Sanchia Poovan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 118 | 1:27.50 S | F | Micheline Chetty | 14 | STAD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 119 | 1:27.58 S | F | Kayleigh Reed | 14 | AZON ETH | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 120 | 1:27.60 S | F | Danika Uys | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 121 | 1:28.02 S | F | Cayla Johnson | 14 | UWCA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 122 | 1:28.32 S | F | Catherine Smit | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| 123 | 1:28.52 S | F | Megan Daniel | 14 | TKSS WBD | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 124 | 1:28.72 S | F | Megan De Wet | 14 | UNI-M NGD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 125 | 1:28.90 S | F | Mia Jardim | 14 | SOUL EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 126 | 1:29.13 S | F | Joy Njoroge | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 127 | 1:29.58 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 128 | 1:30.37 S | F | Jani Nel | 14 | CSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 129 | 1:30.54 S | F | Charlotte Kelly | 14 | LINR JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 130 | 1:30.60 S | F | Berdine Jacobsz | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 131 | 1:31.00 S | F | Olivia Bastick | 14 | CYBE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 132 | 1:32.03 S | F | Minka Liebenberg | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 133 | 1:32.48 S | F | Tarin Goslin | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 134 | 1:32.90 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 135 | 1:33.15 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 136 | 1:33.23 S | F | Breannyn Jones | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 137 | 1:33.33 S | F | Phomolo Mabote | 14 | TUKS FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 138 | 1:33.36 S | F | Reani Smit | 14 | CSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 139 | 1:33.44 S | P | Rahael Weatherhead | 14 | RFA FSH | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 140 | 1:33.57 S | F | Kate Rolfe | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 141 | 1:33.58 S | F | Chrisme Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 142 | 1:33.60 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 143 | 1:34.90 S | F | Judi Smith | 14 | UWCA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 144 | 1:36.27 S | F | Chanell Landman | 14 | AA JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 145 | 1:36.59 S | F | Jomari De Beer | 14 | SS LP | 13/08/2016 | Limpopo Age Group 2 |
| 146 | 1:37.27 S | F | Ammaarah Cachalia | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 147 | 1:37.40 S | F | Leandi Campher | 14 | LAD JTD | 04/11/2016 | Zululand District Short Course Cha |
| 148 | 1:38.15 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 149 | 1:39.08 S | F | Emma Johannessen | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 150 | 1:39.94 S | F | Naadirah Karim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 151 | 1:40.04 S | F | Naafiah Ebrahim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 152 | 1:42.00 S | F | Duduzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 153 | 1:42.83 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 154 | 1:44.16 S | F | Tshegofatso Legote | 14 | BON JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 155 | 1:45.83 S | F | Paula Van Zyl | 14 | NEWS ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 156 | 1:46.98 S | F | Nadia Ariefdien | 14 | MANT CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 157 | 1:50.22 S | P | Qhawekazi Moepya | 14 | SWIFT EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 158 | 1:50.60 S | F | Samara Doyle | 14 | HASC JHB | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| Women 14-14 200 Back | | | | | | | |
| 1 | 2:19.57 S | F | Honey Osrin | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|----|-----------|-------|----------------------|--------|-----------|------------|----------------------------------|
| 2 | 2:20.35 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 3 | 2:22.09 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 4 | 2:24.08 S | P | Kelly Crous | 14 | SGUL ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 5 | 2:25.04 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 6 | 2:25.97 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 7 | 2:26.15 S | F | Alexia Velde | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 8 | 2:26.74 S | P | Zoe Phillips | 14 | SODO JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 9 | 2:28.64 S | P | Jaime Storm | 14 | BEAV ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 10 | 2:33.53 S | F | Mika Van Zyl | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 11 | 2:35.44 S | F | Jana Botha | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 12 | 2:35.72 S | F | Jeanne Blaisse | 14 | PLAY CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 13 | 2:36.02 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 14 | 2:36.83 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 15 | 2:36.88 S | F | Jenna Van Niekerk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 16 | 2:37.63 S | F | Trisha Pollicutte | 14 | FISH EDD | 18/06/2016 | Eden 2nd SC Gala 2016 |
| 17 | 2:39.05 S | F | Louisa Siebel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 18 | 2:39.40 S | F | Kaylyn Leach | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 19 | 2:39.50 S | F | Madison Malherbe | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 20 | 2:41.03 S | F | Jany Schnetler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 21 | 2:42.02 S | F | Paige Forster | 14 | SEAL UMD | 15/10/2016 | UMGUNGUNDLOVU DISTRICT C |
| 22 | 2:43.09 S | F | Kate Meyer | 14 | VIKI BUF | 21/10/2016 | BCA Short Course Championships |
| 23 | 2:43.90 S | F | Leila Choriapopoulos | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 24 | 2:44.24 S | F | Marjean Kupfer | 14 | MDOL JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 25 | 2:46.00 S | F | Kirsten Ahrends | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 26 | 2:46.02 S | F | Marushka Geysler | 14 | ELRAS LP | 17/09/2016 | Limpopo Age Group 17 Septembe |
| 27 | 2:46.10 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 28 | 2:46.45 S | F | Jayne Van Wyk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 29 | 2:47.20 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 30 | 2:47.72 S | F | Demi- Lee Carlisle | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 31 | 2:47.93 S | F | Hannah Szapira | 14 | ASA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 32 | 2:47.96 S | F | Zanli Klopper | 14 | MDOL JHB | 06/08/2016 | EGA Winter 3 |
| 33 | 2:48.17 S | F | Carli Venter | 14 | RBOT BPD | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 34 | 2:48.19 S | F | Ashleigh Le Roux | 14 | CSC TSH | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 35 | 2:49.34 S | F | Emma Johnson | 14 | AA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 36 | 2:49.58 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 37 | 2:49.80 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 38 | 2:50.50 S | F | Gabriella Diedloff | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 39 | 2:50.80 S | F | Jenna Seymour-Smith | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 40 | 2:51.13 S | F | Sune' De wit | 14 | AZON ETH | 12/11/2016 | UGU AGE GROUP GALA 12.11.20 |
| 41 | 2:51.16 S | F | Marnel Jv Rensburg | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 42 | 2:51.44 S | F | Anika Schmidt | 14 | SS LP | 04/02/2017 | Limpopo Shamu Sprint Feb2017 |
| 43 | 2:52.06 S | F | Carmel Lombard | 14 | TTNS SDD | 06/08/2016 | EGA Winter 3 |
| 44 | 2:52.09 S | F | Megan Clouston | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 45 | 2:52.34 S | F | Janel Du Toit | 14 | PAC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 46 | 2:52.62 S | F | Jana Hayman | 14 | PAQU CED | 15/07/2016 | Western Cape Winter SC Champic |
| 47 | 2:52.63 S | F | Kerri-Lyn Claase | 14 | ESP ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 48 | 2:53.07 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 49 | 2:56.94 S | F | Siona Maistrellis | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 50 | 2:57.41 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 51 | 2:57.79 S | F | Kendra Du Toit | 14 | SOUL ECU | 06/08/2016 | EGA Winter 3 |
| 52 | 2:58.04 S | F | Amika Compaan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 53 | 2:58.46 S | F | Christy-Anne Peers | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 54 | 2:58.88 S | F | Jana Roux | 14 | MATI CED | 15/07/2016 | Western Cape Winter SC Champic |
| 55 | 3:00.94 S | F | Caitlin Geldenhuys | 14 | BENS ECU | 06/08/2016 | EGA Winter 3 |
| 56 | 3:00.95 S | F | Bupe Ruele | 14 | UNIQU JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 57 | 3:01.95 S | F | Lamees Khan | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 58 | 3:02.96 S | F | Julia-Rose Platt | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 59 | 3:02.97 S | F | Yumna Kharva | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 60 | 3:04.51 S | F | Carla Lichtblau | 14 | ONYX ECU | 06/10/2016 | KZN Seagulls Winter Short Course |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------------------------------|-----------|-------|-----------------------|--------|----------|------------|------------------------------------|
| 61 | 3:06.67 S | F | Sanchia Poovan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 62 | 3:07.41 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 63 | 3:08.10 S | F | Kiana Linklater | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 64 | 3:08.80 S | F | Alia Goedvolk | 14 | TRAZ TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 65 | 3:10.43 S | F | Mia Jardim | 14 | SOUL ECU | 06/08/2016 | EGA Winter 3 |
| 66 | 3:11.21 S | F | Chrisme Grobler | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 67 | 3:11.23 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 68 | 3:13.29 S | F | Carla Prinsloo | 14 | TUKS TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 69 | 3:15.34 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 70 | 3:19.22 S | F | Micheline Chetty | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 71 | 3:19.30 S | F | Miné Maritz | 14 | TKS SKD | 12/11/2016 | Limpopo Age Group 12 November |
| 72 | 3:19.54 S | F | Catherine Smit | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| 73 | 3:29.55 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/08/2016 | EGA Winter 3 |
| 74 | 3:29.69 S | F | Emma Johannessen | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 75 | 3:35.25 S | F | Ammaarah Cachalia | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 76 | 3:36.67 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| Women 14-14 50 Breast | | | | | | | |
| 1 | 33.25 S | S | Rebecca Meder | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 33.41 S | S | Lara Van Niekerk | 14 | PAC TSH | 25/08/2016 | Sa Short Course Swimming Cham |
| 3 | 34.85 S | F | Kirsten de Goede | 14 | SGUL ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 4 | 35.40 S | P | Paige Brombacher | 14 | SEAL JMD | 25/08/2016 | Sa Short Course Swimming Cham |
| 5* | 36.02 S | F | Zania Pieters | 14 | PAC TSH | 25/06/2016 | Arena Dual Meet Competition |
| 5* | 36.02 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 7 | 36.10 S | F | Kate Meyer | 14 | VIKI BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 8 | 36.22 S | F | Camryn Lowman | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 9 | 36.34 S | F | Laura Gilardi | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 10 | 36.59 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 11 | 36.60 S | F | Trisha Pollicutte | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN |
| 12 | 37.46 S | F | Carla Mouton | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 13 | 37.47 S | F | Anaïs Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 14* | 37.52 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 14* | 37.52 S | F | Alexia Velde | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 16 | 37.56 S | F | Kaylyn Leach | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 17 | 37.70 S | F | Lana Janson | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 18 | 37.71 S | F | Kelly Crous | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 19 | 38.09 S | F | Kendra Du Toit | 14 | SOUL ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 20 | 38.14 S | F | Susanna Wessels | 14 | TUKSA NT | 25/02/2017 | Duel in The Pool - Pool A |
| 21 | 38.28 S | F | Julia Procommenos | 14 | ELEC JHB | 25/02/2017 | Duel in The Pool - Pool A |
| 22 | 38.65 S | F | Regan Hudson | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 23 | 38.81 S | F | Kayleigh Adamson | 14 | PSC TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 24 | 38.82 S | F | Camika Li Searle | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 25 | 38.94 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 26 | 39.29 S | F | Kaylee Silen | 14 | AZON ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 27 | 39.31 S | F | Nichola Greyling | 14 | HREF BPD | 24/09/2016 | NWS Short Course Championship |
| 28 | 39.56 S | F | Bernice Laboff | 14 | LSKP WB | 05/11/2016 | Limpopo LS Topskole 2016 |
| 29 | 39.59 S | F | Nicole Viljoen | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 30 | 40.16 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 31 | 40.30 S | F | Sian Albertyn | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 32 | 40.57 S | F | Sune' De wit | 14 | MGSC UGD | 23/07/2016 | UGU Age Group Gala 1 23.07.201 |
| 33 | 40.62 S | F | Nina Ehrich | 14 | DDA TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 34 | 40.67 S | F | Pippa Sparg | 14 | HARL BUF | 21/10/2016 | BCA Short Course Championships |
| 35 | 40.99 S | F | Kiana Linklater | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 36 | 41.02 S | F | Clarissa Liebenberg | 14 | NWUC KKD | 24/09/2016 | NWS Short Course Championship |
| 37 | 41.13 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 38 | 41.19 S | F | Tanika Rother | 14 | BOKS ECU | 25/02/2017 | Duel in The Pool - Pool A |
| 39 | 41.32 S | F | Elisna Nel | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 40 | 41.34 S | F | Paige Mauer | 14 | USC BUF | 21/10/2016 | BCA Short Course Championships |
| 41 | 41.49 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 42 | 41.61 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|---------|-------|-----------------------|--------|-----------|------------|------------------------------------|
| 43 | 41.63 S | F | Jamie-Lee Cullen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 44 | 41.64 S | F | Brooke Aylward | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 45 | 41.82 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 46 | 41.84 S | F | Rachel Moreira | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 47 | 41.93 S | P | Pascale Oberholzer | 14 | MDOL JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 48 | 41.95 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 49 | 42.00 S | F | Eva Steffensen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 50 | 42.01 S | F | Tayla Vos | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 51 | 42.04 S | P | Tasmyn King | 14 | AA JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 52 | 42.12 S | F | Sumari Naude | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 53 | 42.14 S | F | Charayne Moore | 14 | PSC TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1 |
| 54 | 42.18 S | F | Gabriella Diedloff | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 55 | 42.19 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 56 | 42.33 S | F | Anke Fourie | 14 | LAD UTD | 04/11/2016 | Zululand District Short Course Cha |
| 57 | 42.62 S | F | Jenna Seymour-Smith | 14 | BOKS EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 58 | 42.84 S | F | Sian Redelinghuys | 14 | STA | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 59 | 42.85 S | F | Marushka Geysler | 14 | ELRAS LP | 17/09/2016 | Limpopo Age Group 17 Septembe |
| 60 | 42.88 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 | NWS Short Course Championship |
| 61 | 43.01 S | F | Jaime Kruger | 14 | CADO CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 62 | 43.10 S | F | Carla Lichtblau | 14 | ONYX EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 63 | 43.13 S | F | Ruth Neale | 14 | LINR JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 64 | 43.22 S | F | Sarah Allardice | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 65 | 43.29 S | P | Emma Johnson | 14 | AA JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 66 | 43.65 S | F | Kerri-Lyn Claase | 14 | ESP EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 67 | 43.76 S | F | Megan Clouston | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 68 | 43.91 S | F | Sanchia Nienaber | 14 | HARL BUF | 23/09/2016 | Future Stars Aquanova Shortcous |
| 69 | 43.95 S | F | Micaela Pinto | 14 | BOKS EKU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 70 | 44.07 S | F | Kayla Olivier | 14 | LSTZN MP | 05/11/2016 | Limpopo LS Topskole 2016 |
| 71 | 44.25 S | F | Caley Kent-Brown | 14 | SRAY BUF | 23/09/2016 | Future Stars Aquanova Shortcous |
| 72 | 44.37 S | F | Carlin Schabort | 14 | LSWBA WB | 05/11/2016 | Limpopo LS Topskole 2016 |
| 73 | 44.43 S | F | Anika Schmidt | 14 | SS LP | 17/09/2016 | Limpopo Age Group 17 Septembe |
| 74 | 44.46 S | F | Courtney Kleiner | 14 | FSE UHD | 04/11/2016 | Zululand District Short Course Cha |
| 75 | 44.48 S | F | Tarin Goslin | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 76* | 44.49 S | F | Kayleigh Reed | 14 | AZON ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 76* | 44.49 S | F | Erica Sibande | 14 | UNI-N EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 78 | 44.68 S | F | Anika Bezuidenhout | 14 | LSPHA MP | 05/11/2016 | Limpopo LS Topskole 2016 |
| 79 | 44.72 S | F | Breannyn Jones | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 80 | 44.86 S | F | Leah Goodman | 14 | CADO CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 81 | 44.87 S | F | Zanli Klopper | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 82 | 44.91 S | P | Kayla Calitz | 14 | SOUL EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 83 | 45.02 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 84 | 45.03 S | F | Amika Compaan | 14 | USC BUF | 21/10/2016 | BCA Short Course Championships |
| 85 | 45.36 S | F | Elizabeth Ballack | 14 | MDOL JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 86 | 45.41 S | F | Caitlin Goosen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 87 | 45.51 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 88 | 45.62 S | F | Megan De Wet | 14 | MPS NW | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 89 | 45.84 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcous |
| 90 | 46.06 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 91 | 46.16 S | F | Celina Isaacs | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 92 | 46.23 S | F | Megan Daniel | 14 | TKSS WBD | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 93 | 46.24 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 94 | 46.28 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 95 | 46.59 S | F | Sophie Liversage | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 96 | 46.71 S | F | Joy Njoroge | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 97 | 46.76 S | F | Micheline Chetty | 14 | STAD JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 98* | 46.92 S | F | Olivia Bastick | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 98* | 46.92 S | F | Christelle Kruger | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTE |
| 100 | 46.93 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 101 | 46.97 S | F | Celeste Jonck | 14 | HARL BUF | 21/10/2016 | BCA Short Course Championships |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-------------------------------|-----------|-------|---------------------|--------|-----------|------------|---|
| 102 | 47.01 S | F | Berenique Naude | 14 | LSJM SK | 05/11/2016 | Limpopo LS Topskole 2016 |
| 103 | 47.09 S | P | Kiara Geldenhuys | 14 | BENS EKU | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 104 | 47.17 S | F | Catherine Smit | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 105 | 47.22 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 106 | 47.26 S | F | Skye Tucker | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 107 | 47.30 S | F | Cleo Raubenheimer | 14 | MARL CPT | 11/02/2017 | Western Cape JL Gala 9A |
| 108 | 47.49 S | F | Emma Johannessen | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 109 | 47.56 S | F | Cayla Johnson | 14 | UWCA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 110* | 47.74 S | F | Victoria Wankya | 14 | NSA EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 110* | 47.74 S | F | Lianka Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 112 | 48.19 S | P | Qhawekazi Moepya | 14 | SWIFT EKU | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 113 | 48.34 S | F | Jenna Borrett | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 114 | 48.93 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 115 | 49.01 S | F | Samara Doyle | 14 | HASC JHB | 27/01/2017 | NTS Jan 2017 Age Group Level 1 |
| 116 | 49.53 S | F | Jamryn Hendricks | 14 | STAD JHB | 16/10/2016 | Level 1 Junior Series 16 Oct 2016 |
| 117 | 49.69 S | F | Tshegofatso Legote | 14 | BON JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 118 | 49.83 S | F | Tiana Caldeira | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 119 | 49.86 S | F | Imaan Brown | 14 | MARL CPT | 11/02/2017 | Western Cape JL Gala 9A |
| 120 | 49.89 S | F | Mia Jardim | 14 | SOUL EKU | 25/06/2016 | Arena Dual Meet Competition |
| 121 | 50.23 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 122 | 50.54 S | F | Chanell Landman | 14 | AA JHB | 09/07/2016 | EGA Winter 2_09July 2016 |
| 123 | 50.83 S | F | Jomari De Beer | 14 | SS LP | 13/08/2016 | Limpopo Age Group 2 |
| 124 | 51.34 S | F | Duduzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 125 | 51.52 S | F | Marla Naudè | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 126 | 52.41 S | F | Dineo Nkopane | 14 | MITCH CC | 05/11/2016 | Limpopo LS Topskole 2016 |
| 127 | 52.53 S | F | Jada Geldenhuys | 14 | MANT CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 128 | 52.72 S | F | Michelle Steenekamp | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 129 | 52.80 S | F | Paula Van Zyl | 14 | NEWS ADJ | 04/11/2016 | Zululand District Short Course Championship |
| 130 | 53.09 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 131 | 53.29 S | F | Ammaarah Cachalia | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 132 | 53.43 S | F | Iman Abrahams | 14 | MANT CPT | 11/02/2017 | Western Cape JL Gala 9A |
| 133 | 56.93 S | F | Tawananyasha Makudo | 14 | ISSA NW | 12/11/2016 | NW Summer Games 2016 (KKD NWS) |
| 134 | 58.44 S | F | Danel Appelgryn | 14 | SWAG KKD | 24/09/2016 | NWS Short Course Championship |
| 135 | 58.53 S | F | Courtney Penrose | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 136 | 58.66 S | F | Tamlin Basson | 14 | WEST CPT | 11/03/2017 | Western Cape Level 1 Championship |
| 137 | 1:00.39 S | P | Xivono Chauke | 14 | ESP EKU | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 138 | 1:01.04 S | F | Brinley Botha | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 139 | 1:04.52 S | F | Yvonne Claassens | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 140 | 1:15.08 S | F | Leeto Mthobi | 14 | FIELD NW | 14/10/2016 | NW Summer Games 2016 (Bojana) |
| Women 14-14 100 Breast | | | | | | | |
| 1 | 1:11.62 S | S | Lara Van Niekerk | 14 | PAC FSH | 25/08/2016 | Sa Short Course Swimming Championship |
| 2 | 1:16.39 S | F | Zania Pieters | 14 | PAC FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 3 | 1:16.48 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Championship |
| 4 | 1:16.65 S | F | Taylor Pharoah | 14 | WSAA CPT | 25/11/2016 | Swim Squads - 19th Invitational Meet |
| 5 | 1:16.96 S | F | Tailyn Seyffert | 14 | BLOT MAN | 25/02/2017 | Duel in The Pool - Pool B |
| 6 | 1:17.79 S | F | Kate Meyer | 14 | VIKI BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 7 | 1:17.91 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 8 | 1:18.42 S | F | Camryn Lowman | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 9 | 1:19.40 S | P | Jana Botha | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Championship |
| 10 | 1:19.83 S | F | Laura Gilardi | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 11 | 1:19.92 S | P | Paige Brombacher | 14 | SEAL UMD | 25/08/2016 | Sa Short Course Swimming Championship |
| 12 | 1:20.25 S | P | Trisha Pollicutte | 14 | FISH EDD | 25/08/2016 | Sa Short Course Swimming Championship |
| 13 | 1:20.51 S | F | Kieryn Letley | 14 | DYNA FSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 14 | 1:22.75 S | F | Anaïs Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 15 | 1:22.93 S | F | Kayleigh Adamson | 14 | PSC FSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 16 | 1:22.94 S | F | Regan Hudson | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 17 | 1:23.37 S | F | Kaylyn Leach | 14 | BOKS EKU | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 18 | 1:23.40 S | F | Mieke Muller | 14 | TUKS FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 19 | 1:23.51 S | F | Bernice Laboff | 14 | LP LP | 20/08/2016 | Small Districts Championship Gala |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|-----------|-------|------------------------|--------|----------|------------|--------------------------------------|
| 20 | 1:24.08 S | F | Alexia Velde | 14 | AQUA BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 21 | 1:24.12 S | F | Kendra Du Toit | 14 | EGA EKU | 20/08/2016 | Small Districts Championship Gala |
| 22 | 1:24.24 S | F | Camika Li Searle | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 23 | 1:24.29 S | F | Susanna Wessels | 14 | TUKS FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 24 | 1:24.37 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 25 | 1:24.51 S | F | Carla Mouton | 14 | MP | 20/08/2016 | Small Districts Championship Gala |
| 26 | 1:24.76 S | F | Julia Procommenos | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 2016 |
| 27 | 1:24.99 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 28 | 1:25.06 S | F | Nichola Greyling | 14 | NWS | 20/08/2016 | Small Districts Championship Gala |
| 29 | 1:25.09 S | F | Siona Maistrellis | 14 | CSC FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 30 | 1:25.15 S | F | Minke Brits | 14 | GZSA FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 31 | 1:25.35 S | F | Jayne Van Wyk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 32 | 1:26.23 S | F | Stephanie Houtman | 14 | TUKS FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 33 | 1:26.77 S | F | Johanna Freers | 14 | CADO CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 34 | 1:26.79 S | F | Lana Janson | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 35 | 1:27.04 S | F | Nicole Viljoen | 14 | MP | 20/08/2016 | Small Districts Championship Gala |
| 36 | 1:27.13 S | F | Sune' De wit | 14 | MGSC UGD | 13/08/2016 | NTS Senior Short Course Champs |
| 37 | 1:27.28 S | F | Megan Shepherd | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 38 | 1:27.44 S | F | Sian Albertyn | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 39 | 1:27.56 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 40 | 1:27.65 S | F | Gabriella Diedloff | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 41 | 1:28.05 S | F | Larizza Funk | 14 | TUKS FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 42 | 1:28.25 S | F | Anine Hugo | 14 | PAQU CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 43 | 1:28.40 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 44 | 1:28.87 S | F | Madison Malherbe | 14 | AQUA BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 45 | 1:28.91 S | F | Ilanka Combrink | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 46 | 1:28.94 S | F | Rachel Moreira | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 47 | 1:29.27 S | F | Nina Ehrich | 14 | DDA FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 48 | 1:29.36 S | F | Brookelyn Harvey | 14 | AZON ETH | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 49 | 1:29.47 S | F | Pippa Sparg | 14 | HARL BUF | 21/10/2016 | BCA Short Course Championships |
| 50 | 1:30.31 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 51 | 1:30.37 S | F | Paige Mauer | 14 | USC BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 52 | 1:30.75 S | F | Jamie-Lee Cullen | 14 | GTC EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 53 | 1:30.93 S | F | Sumari Naude | 14 | MP | 20/08/2016 | Small Districts Championship Gala |
| 54 | 1:31.13 S | F | Pascale Oberholzer | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 55 | 1:31.36 S | F | Brooke Aylward | 14 | SEAL UMD | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 56 | 1:31.50 S | F | Chloe Van Driel | 14 | ELEC JHB | 25/06/2016 | Arena Dual Meet Competition |
| 57 | 1:31.71 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 58 | 1:31.82 S | F | Charayne Moore | 14 | PSC FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 59 | 1:32.18 S | F | Olivia Pacheco Sanchez | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 60 | 1:32.45 S | F | Jenna Seymour-Smith | 14 | BOKS EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 61 | 1:32.51 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 62 | 1:32.92 S | F | Carla Lichtblau | 14 | ONYX EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 63 | 1:33.02 S | F | Zanli Klopper | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 64 | 1:33.20 S | F | Elisabeth Surguladze | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 65 | 1:33.23 S | F | Hayley Zeller | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 66 | 1:33.44 S | F | Amika Compaan | 14 | USC BUF | 21/10/2016 | BCA Short Course Championships |
| 67 | 1:33.75 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 68 | 1:33.99 S | P | Kayla Calitz | 14 | SOUL EKU | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 69 | 1:34.25 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 70* | 1:34.62 S | F | Amy Crafford | 14 | PSC FSH | 05/08/2016 | NTS Junior Short Course Champs |
| 70* | 1:34.62 S | F | Megan Clouston | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |
| 72 | 1:34.64 S | P | Kerri-Lyn Claase | 14 | ESP EKU | 23/07/2016 | EKURHULENI Winter Champs 2016 |
| 73 | 1:34.77 S | F | Chevonne Sevenster | 14 | FINS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 74 | 1:34.98 S | F | Elisna Nel | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 75 | 1:35.06 S | F | Sanchia Nienaber | 14 | HARL BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 76 | 1:35.19 S | F | Clarissa Liebenberg | 14 | NWUC KKD | 24/09/2016 | NWS Short Course Championship |
| 77 | 1:35.23 S | F | Leanne Rademeyer | 14 | PSC FSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1 |
| 78 | 1:35.99 S | F | Tarin Goslin | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Championship |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| Time | P/F/S | Name | Age/Yr | | | | |
|------|-----------|------|-----------------------|----|-----------|------------|------------------------------------|
| 79 | 1:36.01 S | F | Anika Schmidt | 14 | SS LP | 13/08/2016 | Limpopo Age Group 2 |
| 80 | 1:36.07 S | F | Emma Johnson | 14 | AA JHB | 18/06/2016 | EGA Winter 1 Gala |
| 81 | 1:36.08 S | F | Tanika Rother | 14 | BOKS EKU | 18/06/2016 | EGA Winter 1 Gala |
| 82 | 1:36.18 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 83 | 1:36.23 S | F | Danika Uys | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 84 | 1:36.56 S | F | Melri Van Schoor | 14 | USH UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 85 | 1:36.58 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 | NWS Short Course Championship |
| 86 | 1:36.88 S | F | Sian Redelinghuys | 14 | UNI-M NGD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 87 | 1:37.14 S | F | Marushka Geysler | 14 | ELRAS LP | 04/02/2017 | Limpopo Shamu Sprint Feb2017 |
| 88 | 1:37.33 S | F | Sanchia Poovan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 89 | 1:37.41 S | F | Olivia Bastick | 14 | CYBE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 90 | 1:37.54 S | F | Anke Fourie | 14 | LAD UJD | 04/11/2016 | Zululand District Short Course Cha |
| 91 | 1:38.04 S | F | Alicia Smit | 14 | FSE UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 92 | 1:38.18 S | F | Caley Kent-Brown | 14 | SRAY BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 93 | 1:38.65 S | F | Megan De Wet | 14 | UNI-M NGD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 94 | 1:38.66 S | F | Courtney Kleiner | 14 | FSE UJD | 24/09/2016 | Fish Eagles Short Course Champi |
| 95 | 1:38.84 S | F | Erica Sibande | 14 | UNI-N EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 96 | 1:39.65 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 97 | 1:39.74 S | P | Kiara Geldenhuys | 14 | BENS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 98 | 1:39.76 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 99 | 1:40.38 S | P | Tegan Malherbe | 14 | BLAE JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 100 | 1:40.65 S | F | Breannyn Jones | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 101 | 1:40.71 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 102 | 1:40.87 S | F | Joy Njoroge | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 103 | 1:40.89 S | F | Leandi Campher | 14 | LAD UJD | 04/11/2016 | Zululand District Short Course Cha |
| 104 | 1:41.40 S | F | Lamees Khan | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 105 | 1:41.47 S | F | Celina Isaacs | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 106 | 1:42.00 S | F | Cameron Meintjies | 14 | DUN UJD | 04/11/2016 | Zululand District Short Course Cha |
| 107 | 1:42.05 S | F | Christelle Kruger | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| 108 | 1:42.60 S | F | Berdine Jacobsz | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 109 | 1:42.66 S | F | Sune Terblanche | HR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 110 | 1:42.98 S | F | Bupe Ruele | 14 | UNIQ JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 111 | 1:43.85 S | F | Carmel Lombard | 14 | SDD SD | 20/08/2016 | Small Districts Championship Gala |
| 112 | 1:43.91 S | P | Micheline Chetty | 14 | STAD JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 113 | 1:43.93 S | F | Rachel Dube | 14 | BLMA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 114 | 1:44.05 S | F | Nicke Van Rensburg | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 115 | 1:44.12 S | F | Naafiah Ebrahim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 116 | 1:44.30 S | F | Milena Pellizzon | 14 | BLAC EKU | 18/06/2016 | EGA Winter 1 Gala |
| 117 | 1:44.40 S | F | Emily Openshaw | 14 | AQUA BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 118 | 1:45.25 S | F | Skye Tucker | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 119 | 1:46.19 S | F | Lianka Grobler | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 120 | 1:46.38 S | F | Chloè Altmann | 14 | VINE CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 121 | 1:46.40 S | F | Jani Nel | 14 | CSC TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 122 | 1:47.01 S | F | Mia Jardim | 14 | SOUL EKU | 25/06/2016 | Arena Dual Meet Competition |
| 123 | 1:47.39 S | F | Charlotte Kelly | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 124 | 1:47.45 S | F | Elizabeth Ballack | 14 | MDOL JHB | 06/08/2016 | EGA Winter 3 |
| 125 | 1:47.64 S | F | Victoria Wankya | 14 | NSA EZD | 23/07/2016 | MP Winter SC - July 2016 |
| 126 | 1:47.78 S | F | Tshogofatso Legote | 14 | BON JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 127 | 1:48.62 S | F | Amé Van Wyk | 14 | SDD SD | 20/08/2016 | Small Districts Championship Gala |
| 128* | 1:48.69 S | F | Chanell Landman | 14 | AA JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 128* | 1:48.69 S | F | Lu-Ann Viljoen | 14 | WOAQ CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 130 | 1:48.75 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 131 | 1:48.88 S | F | Miceh Kriel | 14 | HILL TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 132 | 1:49.05 S | F | Janaan Allen | 14 | MARL CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 133 | 1:49.39 S | F | Qhawekazi Moepya | 14 | SWIFT EKU | 18/06/2016 | EGA Winter 1 Gala |
| 134 | 1:50.10 S | F | Dudzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 135 | 1:50.41 S | F | Naadirah Karim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 136 | 1:52.42 S | F | Cleo Raubenheimer | 14 | MARL CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 137 | 1:52.59 S | F | Emma Johannessen | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-------------------------------|-----------|-------|-----------------------|--------|----------|------------|------------------------------------|
| 138 | 1:53.62 S | F | Catherine Smit | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 139 | 1:55.12 S | F | Ammaarah Cachalia | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 140 | 1:55.66 S | F | Jomari De Beer | 14 | SS LP | 27/08/2016 | LP Shamu Sprint SC |
| 141 | 1:57.43 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 142 | 2:00.18 S | F | Imaan Brown | 14 | MARL CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 143 | 2:09.50 S | F | Tamlin Basson | 14 | WEST CPT | 11/03/2017 | Western Cape Level 1 Champions |
| Women 14-14 200 Breast | | | | | | | |
| 1 | 2:34.67 S | F | Rebecca Meder | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 2:36.81 S | F | Lara Van Niekerk | 14 | PAC TSH | 25/08/2016 | Sa Short Course Swimming Cham |
| 3 | 2:44.17 S | F | Taylor Pharoah | 14 | WSAA CPT | 25/11/2016 | Swim Squads - 19th Invitational M |
| 4 | 2:47.09 S | F | Kate Meyer | 14 | VIKI BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 5 | 2:49.89 S | F | Paige Brombacher | 14 | SEAL UMD | 15/10/2016 | UMGUNGUNDLOVU DISTRICT C |
| 6 | 2:50.08 S | F | Zania Pieters | 14 | PAC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 7 | 2:51.14 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 8 | 2:51.53 S | F | Camryn Lowman | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 9 | 2:55.18 S | F | Alexia Velde | 14 | AQUA BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 10 | 2:55.37 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 11 | 2:55.72 S | F | Jana Botha | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 12 | 2:56.47 S | F | Sune' De wit | 14 | AZON ETH | 28/01/2017 | UGU 4 Age Group Gala |
| 13 | 2:57.40 S | F | Mieke Muller | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 14 | 2:58.87 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 15 | 2:59.04 S | F | Trisha Pollicutte | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 16 | 2:59.33 S | F | Laura Gilardi | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 17 | 3:01.22 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 18 | 3:02.17 S | F | Camika Li Searle | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 19 | 3:03.06 S | F | Kayleigh Adamson | 14 | PSC TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 20 | 3:03.88 S | F | Susanna Wessels | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 21 | 3:04.65 S | F | Kaylyn Leach | 14 | BOKS EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 22 | 3:06.19 S | F | Julia Procommenos | 14 | ELEC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 23 | 3:08.38 S | F | Siona Maistrellis | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 24 | 3:08.83 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 25 | 3:08.89 S | F | Sian Albertyn | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 26 | 3:09.44 S | F | Pippa Sparg | 14 | HARL BUF | 21/10/2016 | BCA Short Course Championships |
| 27 | 3:10.44 S | F | Bernice Laboff | 14 | TKSS WBD | 17/09/2016 | Limpopo Age Group 17 Septembe |
| 28 | 3:11.50 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 29 | 3:12.75 S | F | Anine Hugo | 14 | PAQU CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 30 | 3:14.79 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 31 | 3:15.33 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 32 | 3:17.89 S | F | Carli Venter | 14 | RBOT BPD | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 33 | 3:18.57 S | F | Larizza Funk | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 34 | 3:20.14 S | F | Carla Lichtblau | 14 | ONYX EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 35 | 3:20.33 S | F | Kayla Calitz | 14 | Soul Eku | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 36 | 3:21.65 S | F | Sanchia Poovan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 37 | 3:23.50 S | F | Megan Clouston | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 38 | 3:26.08 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 39 | 3:26.17 S | F | Charayne Moore | 14 | PSC TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 40 | 3:26.73 S | F | Amika Compaan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 41 | 3:27.09 S | F | Leandi Campher | 14 | LAD UTD | 04/11/2016 | Zululand District Short Course Cha |
| 42 | 3:27.84 S | F | Anika Schmidt | 14 | SS LP | 13/08/2016 | Limpopo Age Group 2 |
| 43 | 3:28.30 S | F | Courtney Kleiner | 14 | FSE UJD | 04/11/2016 | Zululand District Short Course Cha |
| 44 | 3:29.15 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 45 | 3:29.18 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 46 | 3:29.70 S | F | Caley Kent-Brown | 14 | SRAY BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 47 | 3:30.39 S | F | Olivia Bastick | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 48 | 3:30.90 S | F | Tarin Goslin | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 49 | 3:34.85 S | F | Christelle Kruger | 14 | FISH EDD | 18/06/2016 | Eden 2nd SC Gala 2016 |
| 50 | 3:35.55 S | F | Nicke Van Rensburg | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 51 | 3:36.26 S | F | Berdine Jacobsz | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 52 | 3:39.21 S | F | Celina Isaacs | 14 | CYBE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|---------------------------|-----------|-------|----------------------|--------|-----------|------------|-----------------------------------|
| 53 | 3:39.84 S | F | Lianka Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 54 | 3:41.33 S | F | Kiara Geldenhuys | 14 | BENS EKU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 55 | 3:45.30 S | F | Micheline Chetty | 14 | STAD JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 56 | 3:52.57 S | F | Naadirah Karim | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 57 | 3:55.91 S | F | Qhawekazi Moepya | 14 | SWIFT EKU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 58 | 4:04.31 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 59 | 4:12.07 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| Women 14-14 50 Fly | | | | | | | |
| 1 | 29.32 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 2 | 30.70 S | F | Rebecca Meder | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 3 | 30.79 S | F | Alexia Velde | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 4 | 30.92 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 5 | 30.96 S | P | Kelly Crous | 14 | SGUL ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 6* | 31.03 S | P | Zoe Phillips | 14 | SODO JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 6* | 31.03 S | P | Olivia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 8 | 31.09 S | F | Trisha Pollicutte | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN |
| 9 | 31.71 S | F | Kayleigh Adamson | 14 | PSC TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 10 | 31.73 S | F | Lara Van Niekerk | 14 | PAC TSH | 29/07/2016 | CGA Senior Short Course Open 20 |
| 11 | 31.77 S | F | Honey Osrin | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 12 | 32.02 S | P | Marae Waldron | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 13 | 32.19 S | F | Megan Shepherd | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 20 |
| 14 | 32.27 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 15 | 32.30 S | F | Paige Mauer | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 16 | 32.33 S | F | Anke Fourie | 14 | LAD UTD | 04/11/2016 | Zululand District Short Course Ch |
| 17 | 32.39 S | P | Mila Rezac | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 18 | 32.47 S | F | Mika Van Zyl | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 19 | 32.53 S | F | Carla Lichtblau | 14 | ONYX EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 20 | 32.55 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 21 | 32.86 S | F | Marjean Kupfer | 14 | MDOL JHB | 25/02/2017 | Duel in The Pool - Pool B |
| 22* | 32.97 S | F | Ruth Neale | 14 | LINR JHB | 29/07/2016 | CGA Senior Short Course Open 20 |
| 22* | 32.97 S | F | Hannah Szapira | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 24 | 32.98 S | F | Brooke Aylward | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C |
| 25 | 33.00 S | F | Zania Pieters | 14 | PAC TSH | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 26 | 33.03 S | F | Jessica Grobler | 14 | STAD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 27 | 33.20 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 28 | 33.26 S | F | Kate Meyer | 14 | VIKI BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 29 | 33.38 S | F | Paige Brombacher | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C |
| 30 | 33.44 S | F | Madison Malherbe | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 31 | 33.66 S | F | Lana Janson | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 32 | 33.69 S | F | Michaela De Villiers | 14 | VINE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 33 | 33.71 S | F | Kendra Du Toit | 14 | SOUL EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 34 | 33.72 S | F | Kirsten Ahrends | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 35 | 33.73 S | P | Nichola Greyling | 14 | HREF BPD | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 36 | 33.91 S | F | Paige Forster | 14 | SEAL UMD | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 37 | 34.07 S | F | Marnel Jv Rensburg | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 38 | 34.14 S | F | Lauren Coetser | 14 | PSC TSH | 25/06/2016 | Arena Dual Meet Competition |
| 39 | 34.24 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 40 | 34.27 S | F | Elisna Nel | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 41 | 34.29 S | F | Nicole Viljoen | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 42* | 34.43 S | F | Micaela Pinto | 14 | BOKS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 42* | 34.43 S | F | Carla Mouton | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 44 | 34.49 S | F | Eva Steffensen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 45 | 34.60 S | F | Kaylyn Leach | 14 | BOKS EKU | 06/08/2016 | EGA Winter 3 |
| 46 | 34.63 S | F | Nina Madden | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 47 | 34.64 S | F | Jana Botha | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 48 | 34.77 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 | NWS Short Course Championship |
| 49 | 35.02 S | F | Amy Potgieter | 14 | WAV MPD | 23/07/2016 | MP Winter SC - July 2016 |
| 50 | 35.05 S | F | Camryn Lowman | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 51 | 35.13 S | F | Camika Li Searle | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|---------|-------|-----------------------|--------|-----------|------------|------------------------------------|
| 52 | 35.21 S | F | Gina Miller | 14 | SASE JHB | 25/02/2017 | Duel in The Pool - Pool B |
| 53 | 35.25 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 54 | 35.39 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 55 | 35.61 S | F | Julia Procommenos | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 20 |
| 56 | 35.68 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 57 | 35.73 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 58 | 35.92 S | F | Bernice Laboff | 14 | TKSS WBD | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 59 | 36.01 S | F | Emma Johnson | 14 | AA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 60 | 36.02 S | F | Anine Hugo | 14 | PAQU CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 61 | 36.49 S | F | Sian Albertyn | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 62 | 36.72 S | F | Marushka Geysler | 14 | ELRAS LP | 13/08/2016 | Limpopo Age Group 2 |
| 63 | 36.95 S | F | Leila Choriapopoulos | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 64 | 37.22 S | P | Kayla Calitz | 14 | SOUL ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 65 | 37.24 S | F | Nina Ehrich | 14 | DDA TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 66 | 37.25 S | F | Jenna Seymour-Smith | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 67 | 37.35 S | F | Caitlin Goosen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 68 | 37.37 S | F | Kayleigh Reed | 14 | AZON ETH | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 69 | 37.41 S | F | Megan Clouston | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 70* | 37.45 S | F | Amidre Snyman | 14 | BLOT MAN | 25/02/2017 | Duel in The Pool - Pool B |
| 70* | 37.45 S | F | Zanli Klopper | 14 | MDOL JHB | 06/08/2016 | EGA Winter 3 |
| 72 | 37.61 S | F | Collette Barnor | 14 | TUKS TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 73 | 37.73 S | F | Sumari Naude | 14 | CUR MPD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 74 | 37.78 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 75 | 37.85 S | F | Skye Tucker | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 76 | 37.88 S | F | Bupe Ruele | 14 | UNIQU JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 77 | 37.93 S | F | Shelby Pentz | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 78 | 37.94 S | F | Fathima Moola | 14 | SRAY BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 79 | 37.97 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 80 | 38.01 S | F | Jarrike Stapelberg | 14 | LSPHA MP | 05/11/2016 | Limpopo LS Topskole 2016 |
| 81 | 38.12 S | F | Jamie-Lee Cullen | 14 | UPP EZD | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 82 | 38.24 S | F | Chanel Lindeque | 14 | LSJM SK | 05/11/2016 | Limpopo LS Topskole 2016 |
| 83 | 38.28 S | F | Caitlin Elliott | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 84 | 38.34 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 85 | 38.54 S | F | Miné Maritz | 14 | TKS SKD | 12/11/2016 | Limpopo Age Group 12 November |
| 86 | 38.84 S | F | Jana Hayman | 14 | PAQU CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 87 | 38.95 S | F | Megan De Wet | 14 | MPS NW | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 88 | 38.97 S | F | Berdine Jacobsz | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 89 | 39.01 S | F | Amika Compaan | 14 | USC BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 90 | 39.11 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 91* | 39.12 S | F | Tawananyasha Makudo | 14 | ISSA NW | 12/11/2016 | NW Summer Games 2016 (KKD N |
| 91* | 39.12 S | F | Anika Schmidt | 14 | SS LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 93 | 39.13 S | F | Calista Beyleveld | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 94 | 39.56 S | F | Tanika Rother | 14 | BOKS ECU | 18/06/2016 | EGA Winter 1 Gala |
| 95 | 39.57 S | F | Tarin Goslin | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 96 | 39.59 S | F | Kerri-Lyn Claase | 14 | ESP ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 97 | 39.76 S | F | Clarissa Liebenberg | 14 | NWUC KKD | 24/09/2016 | NWS Short Course Championship |
| 98 | 39.83 S | F | Yumna Kharva | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 99 | 39.93 S | F | Charlotte Kelly | 14 | LINR JHB | 06/08/2016 | EGA Winter 3 |
| 100 | 40.05 S | F | Micheline Chetty | 14 | STAD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 101 | 40.10 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 102 | 40.19 S | F | Cayla Johnson | 14 | UWCA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 103 | 40.38 S | F | Rachel Moreira | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 104 | 40.59 S | F | Elizabeth Ballack | 14 | MDOL JHB | 06/08/2016 | EGA Winter 3 |
| 105 | 40.65 S | F | Chanell Landman | 14 | AA JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 106* | 41.03 S | F | Carmel Lombard | 14 | TTNS SDD | 06/08/2016 | EGA Winter 3 |
| 106* | 41.03 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcourse |
| 108 | 41.24 S | F | Sian Redelinghuys | 14 | STA | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 109 | 41.26 S | F | Caitlin Geldenhuys | 14 | BENS ECU | 06/08/2016 | EGA Winter 3 |
| 110 | 41.93 S | P | Mia Jardim | 14 | SOUL ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|----------------------------|-----------|-------|-----------------------|--------|-----------|------------|------------------------------------|
| 111 | 41.94 S | F | Catherine Smit | 14 | FISH EDD | 03/09/2016 | Royal Swimming Academy Gala |
| 112 | 41.98 S | P | Kiara Geldenhuys | 14 | BENS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 113 | 42.17 S | F | Nicole Mogajane | 14 | ISSC NMD | 24/09/2016 | NWS Short Course Championship |
| 114 | 42.73 S | F | Megan Daniel | 14 | LSWBA WB | 05/11/2016 | Limpopo LS Topskole 2016 |
| 115 | 42.76 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/08/2016 | EGA Winter 3 |
| 116 | 43.08 S | F | Duduzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 117 | 43.20 S | F | Jordan Bresler | 14 | FLOD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 118 | 43.82 S | F | Chrisme Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 119 | 45.71 S | P | Rahael Weatherhead | 14 | RFA TSH | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 120 | 46.08 S | F | Emma Johannessen | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 121 | 46.27 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship |
| 122 | 46.78 S | P | Qhawekazi Moepya | 14 | SWIFT ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 123 | 47.84 S | F | Jomari De Beer | 14 | LSTZN MP | 05/11/2016 | Limpopo LS Topskole 2016 |
| 124 | 48.07 S | F | Reani Smit | 14 | CSC TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 125 | 48.78 S | F | Nadine Hough | 14 | DDA TSH | 18/06/2016 | EGA Winter 1 Gala |
| 126 | 49.10 S | F | Gizelle van Jaarsveld | 14 | HARB BPD | 24/09/2016 | NWS Short Course Championship |
| 127 | 50.14 S | F | Tshegofatso Legote | 14 | BON JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 128 | 50.31 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 129 | 52.30 S | F | Brinley Botha | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 130 | 52.66 S | F | Jordyn Hendricks | 14 | STAD JHB | 16/10/2016 | Level 1 Junior Series 16 Oct 2016 |
| 131 | 53.64 S | F | Megan Vd Merwe | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 132 | 54.14 S | F | Tamlin Basson | 14 | WEST CPT | 11/03/2017 | Western Cape Level 1 Champions |
| 133 | 58.00 S | F | Viearn Green | 14 | RPAC ECU | 06/08/2016 | EGA Winter 3 |
| Women 14-14 100 Fly | | | | | | | |
| 1 | 1:05.04 S | P | Kirsten de Goede | 14 | SGUL ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 2 | 1:07.02 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 3 | 1:07.47 S | F | Kelly Crous | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 4 | 1:08.51 S | P | Trisha Pollicutte | 14 | FISH EDD | 25/08/2016 | Sa Short Course Swimming Cham |
| 5 | 1:09.04 S | P | Tori Oliver | 14 | ACSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 6 | 1:09.10 S | F | Zoe Phillips | 14 | SODO JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 7 | 1:10.16 S | F | Alexia Velde | 14 | AQUA BUF | 21/10/2016 | BCA Short Course Championships |
| 8 | 1:10.60 S | F | Mila Rezac | 14 | NDSA ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 9 | 1:11.48 S | P | Marae Waldron | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 10 | 1:11.66 S | F | Honey Osrin | 14 | ASA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 11 | 1:11.81 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 12 | 1:11.95 S | F | Megan Shepherd | 14 | ELEC JHB | 29/07/2016 | CGA Senior Short Course Open 2l |
| 13 | 1:12.27 S | F | Paige Mauer | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 14 | 1:12.52 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 15 | 1:13.10 S | F | Paige Brombacher | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C |
| 16 | 1:13.34 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 17 | 1:13.49 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 18 | 1:13.50 S | F | Kendra Du Toit | 14 | SOU ECU | 25/02/2017 | Duel in The Pool - Pool B |
| 19 | 1:13.80 S | F | Carla Lichtblau | 14 | EGA ECU | 20/08/2016 | Small Districts Championship Gala |
| 20 | 1:14.18 S | F | Brooke Aylward | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C |
| 21 | 1:14.47 S | F | Madison Malherbe | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 22 | 1:14.68 S | F | Elisna Nel | 14 | NWS | 20/08/2016 | Small Districts Championship Gala |
| 23 | 1:14.70 S | F | Marjean Kupfer | 14 | MDOL JHB | 25/06/2016 | Arena Dual Meet Competition |
| 24 | 1:15.00 S | F | Kayleigh Adamson | 14 | PSC TSH | 25/02/2017 | Duel in The Pool - Pool B |
| 25 | 1:15.27 S | F | Kirsten Ahrends | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 26 | 1:15.59 S | F | Sophie Liversage | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C |
| 27 | 1:15.94 S | F | Jessica Grobler | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 28 | 1:16.75 S | F | Anke Fourie | 14 | LAD UTD | 04/11/2016 | Zululand District Short Course Cha |
| 29 | 1:16.86 S | F | Ruth Neale | 14 | LINR JHB | 29/07/2016 | CGA Senior Short Course Open 2l |
| 30 | 1:16.95 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 31 | 1:18.06 S | F | Kaylyn Leach | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 32 | 1:18.25 S | F | Lana Janson | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 33 | 1:18.42 S | F | Taylor Pharoah | 14 | WSAA CPT | 21/10/2016 | Hamilton Aquatics Short Course |
| 34 | 1:18.78 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 35 | 1:19.02 S | P | Nichola Greyling | 14 | HREF BPD | 23/07/2016 | EKURHULENI Winter Champs 20 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|----------------------------|-----------|-------|----------------------|--------|-----------|------------|------------------------------------|
| 36 | 1:19.32 S | F | Camryn Lowman | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 37 | 1:19.71 S | F | Jana Botha | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 38 | 1:19.93 S | F | Marnel Jv Rensburg | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 39 | 1:21.33 S | F | Eva Steffensen | 14 | MP | 20/08/2016 | Small Districts Championship Gala |
| 40 | 1:22.33 S | P | Micaela Pinto | 14 | BOKS ECU | 23/07/2016 | EKURHULENI Winter Champs 201 |
| 41 | 1:23.56 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 42 | 1:24.01 S | F | Mahdiya Pattel | 14 | WSTV ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 43 | 1:24.19 S | F | Amy Potgieter | 14 | MP | 20/08/2016 | Small Districts Championship Gala |
| 44 | 1:25.12 S | F | Kayla Calitz | 14 | SOUL ECU | 25/06/2016 | Arena Dual Meet Competition |
| 45 | 1:25.82 S | F | Jenna Seymour-Smith | 14 | BOKS ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 46 | 1:26.05 S | F | Isabella Spies | 14 | NWS | 20/08/2016 | Small Districts Championship Gala |
| 47 | 1:26.08 S | F | Bernice Laboff | 14 | TKSS WBD | 29/10/2016 | Limpopo Age Group 29 October 20 |
| 48 | 1:26.49 S | F | Shaylee Anderson | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 49 | 1:26.87 S | F | Angelica Liebenberg | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 50 | 1:26.89 S | F | Collette Barnor | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 51 | 1:27.25 S | F | Sian Albertyn | 14 | USC BUF | 06/10/2016 | KZN Seagulls Winter Short Course |
| 52 | 1:27.52 S | F | Danika Uys | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 53 | 1:27.76 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 54 | 1:29.16 S | F | Tanika Rother | 14 | BOKS ECU | 25/02/2017 | Duel in The Pool - Pool A |
| 55 | 1:30.86 S | F | Cayla Johnson | 14 | UWCA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 56 | 1:30.95 S | F | Nina Ehrich | 14 | DDA TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1- |
| 57 | 1:31.57 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 58 | 1:31.65 S | F | Anika Schmidt | 14 | SS LP | 27/08/2016 | LP Shamu Sprint SC |
| 59 | 1:31.72 S | F | Christelle Kruger | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 60 | 1:32.03 S | F | Tegan Malherbe | 14 | BLAE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 61 | 1:34.14 S | F | Kerri-Lyn Claase | 14 | ESP ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 62 | 1:35.36 S | F | Tarin Goslin | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 63 | 1:37.34 S | F | Fathima Moola | 14 | SRAY BUF | 21/10/2016 | BCA Short Course Championships |
| 64 | 1:37.61 S | F | Megan De Wet | 14 | UNI-M NGD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 65 | 1:38.26 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 66 | 1:38.52 S | F | Elizabeth Ballack | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 67 | 1:39.14 S | F | Duduzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS Level 1 2017 |
| 68 | 1:39.25 S | F | Skye Tucker | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 69 | 1:41.09 S | F | Charlotte Kelly | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 70 | 1:41.36 S | F | Amé Van Wyk | 14 | SDD SD | 20/08/2016 | Small Districts Championship Gala |
| 71 | 1:44.84 S | F | Chrisme Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| Women 14-14 200 Fly | | | | | | | |
| 1 | 2:22.23 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 2 | 2:25.52 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 3 | 2:32.53 S | P | Tori Oliver | 14 | ACSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 4 | 2:40.81 S | F | Zoe Phillips | 14 | SODO JHB | 06/08/2016 | EGA Winter 3 |
| 5 | 2:44.01 S | F | Anaïs Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 6 | 2:53.56 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course |
| 7 | 2:55.95 S | F | Brookelyn Harvey | 14 | AZON ETH | 05/06/2016 | KZN Seals Winter Gala 1 2016 |
| 8 | 3:00.41 S | F | Carla Lichtblau | 14 | ONYX ECU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 9 | 3:12.48 S | F | Micaela Pinto | 14 | BOKS ECU | 06/08/2016 | EGA Winter 3 |
| Women 14-14 100 IM | | | | | | | |
| 1 | 1:06.39 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 2 | 1:06.45 S | P | Kirsten de Goede | 14 | SGUL ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 3 | 1:08.95 S | F | Lara Van Niekerk | 14 | PAC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 4 | 1:09.81 S | F | Jana Botha | 14 | TYGE CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 5 | 1:10.13 S | P | Megan Shepherd | 14 | ELEC JHB | 25/08/2016 | Sa Short Course Swimming Cham |
| 6 | 1:10.19 S | F | Olivia Nel | 14 | WSAA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 7 | 1:10.66 S | P | Trisha Pollicutte | 14 | FISH EDD | 25/08/2016 | Sa Short Course Swimming Cham |
| 8 | 1:10.77 S | P | Kelly Crous | 14 | SGUL ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 9 | 1:11.26 S | P | Georgia Nel | 14 | WSAA CPT | 25/08/2016 | Sa Short Course Swimming Cham |
| 10 | 1:11.59 S | F | Gina Miller | 14 | SASE JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 11 | 1:12.45 S | P | Zoe Phillips | 14 | SODO JHB | 25/08/2016 | Sa Short Course Swimming Cham |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|-----------|-------|------------------------|--------|----------|------------|------------------------------------|
| 12 | 1:13.06 S | F | Nina Madden | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 13 | 1:14.05 S | F | Kate Meyer | 14 | VIKI BUF | 19/08/2016 | Ultimate Swim Club Short Course |
| 14 | 1:14.06 S | P | Marae Waldron | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 15 | 1:14.59 S | F | Carli Venter | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 16 | 1:14.87 S | F | Jeanne Blaisse | 14 | PLAY CED | 15/07/2016 | Western Cape Winter SC Champic |
| 17 | 1:15.01 S | F | Kieryn Letley | 14 | DYNA TSH | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 18 | 1:15.36 S | P | Mila Rezac | 14 | NDSA ETH | 25/08/2016 | Sa Short Course Swimming Cham |
| 19 | 1:15.40 S | F | Paige Mauer | 14 | USC BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 20 | 1:15.81 S | F | Mika Van Zyl | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 21 | 1:15.98 S | F | Jessica Grobler | 14 | STAD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 22 | 1:16.03 S | F | Nichola Greyling | 14 | HREF BPD | 24/09/2016 | NWS Short Course Championship |
| 23 | 1:16.18 S | F | Camryn Lowman | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 24 | 1:16.29 S | F | Kaylee Silen | 14 | AZON ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 25 | 1:16.36 S | P | Courtney Repinz | 14 | AQUB NMA | 25/08/2016 | Sa Short Course Swimming Cham |
| 26 | 1:16.47 S | F | Jayne Van Wyk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 27 | 1:16.76 S | F | Hayley Zeller | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 28 | 1:16.81 S | F | Regan Hudson | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 29 | 1:16.85 S | F | Susanna Wessels | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 30 | 1:17.42 S | F | Zania Pieters | 14 | PAC TSH | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 31 | 1:17.52 S | F | Jenna Van Niekerk | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 32 | 1:17.88 S | F | Anke Fourie | 14 | LAD UTD | 04/11/2016 | Zululand District Short Course Cha |
| 33 | 1:18.10 S | F | Gabriella Diedloff | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 34 | 1:18.24 S | F | Inge Steyn | 14 | VICT ECU | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 35 | 1:18.48 S | F | Jany Schnetler | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha |
| 36 | 1:18.75 S | P | Kaylyn Leach | 14 | BOKS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 37 | 1:18.78 S | F | Elisna Nel | 14 | RBOT BPD | 24/09/2016 | NWS Short Course Championship |
| 38 | 1:18.98 S | P | Ruth Neale | 14 | LINR JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 39 | 1:19.18 S | F | Pascale Oberholzer | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 40 | 1:19.44 S | F | Danika Uys | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha |
| 41 | 1:19.95 S | F | Leila Choriapopoulos | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 42 | 1:20.40 S | F | Zanli Klopper | 14 | MDOL JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 43 | 1:20.42 S | F | Siona Maistrellis | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 44 | 1:20.99 S | F | Olivia Pacheco Sanchez | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 45 | 1:21.20 S | F | Caitlin Goosen | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 46 | 1:21.25 S | F | Tasmyn King | 14 | AA JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 47 | 1:21.30 S | P | Jenna Seymour-Smith | 14 | BOKS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 48 | 1:21.48 S | P | Kerri-Lyn Claase | 14 | ESP ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 49 | 1:21.50 S | F | Carla Lichtblau | 14 | ONYX ECU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 50 | 1:21.64 S | F | Gabriela Scrooby | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 51 | 1:21.70 S | P | Micaela Pinto | 14 | BOKS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 52 | 1:21.77 S | F | Isabella Spies | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 53 | 1:22.28 S | F | Marinet vd Walt | 14 | RBUR BPD | 24/09/2016 | NWS Short Course Championship |
| 54 | 1:22.34 S | P | Emma Johnson | 14 | AA JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 55 | 1:22.38 S | F | Sophie Liversage | 14 | SEAL UMD | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 56 | 1:22.40 S | F | Lillian Dixon | 14 | WESTH | 25/06/2016 | 2016 Commercial A Grade Short C |
| 57* | 1:22.55 S | F | Larizza Funk | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 57* | 1:22.55 S | F | Megan Clouston | 14 | CRSC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 59 | 1:22.90 S | F | Sinelithemba Mbatha | 14 | PWAC BPD | 24/09/2016 | NWS Short Course Championship |
| 60 | 1:23.53 S | F | Pippa Sparg | 14 | HARL BUF | 09/09/2016 | BCA September Shortcourse Gala |
| 61 | 1:23.56 S | F | Melri Van Schoor | 14 | USH UHD | 24/09/2016 | Fish Eagles Short Course Champi |
| 62 | 1:24.12 S | P | Caitlin Geldenhuys | 14 | BENS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 63 | 1:24.29 S | F | Shaylee Anderson | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 64 | 1:24.41 S | F | Kayleigh Reed | 14 | AZON ETH | 19/06/2016 | eThekwini Seals Winter Gala 2 20 |
| 65 | 1:24.42 S | F | Clarissa Liebenberg | 14 | NWUC KKD | 24/09/2016 | NWS Short Course Championship |
| 66 | 1:24.49 S | F | Hannah Dean | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 67 | 1:24.73 S | P | Kiara Geldenhuys | 14 | BENS ECU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 68 | 1:25.04 S | F | Sydney Watts | 14 | WATR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ |
| 69 | 1:25.26 S | F | Tanika Rother | 14 | BOKS ECU | 09/07/2016 | EGA Winter 2 _09July 2016 |
| 70 | 1:25.47 S | F | Tegan Malherbe | 14 | BLAE JHB | 09/07/2016 | EGA Winter 2 _09July 2016 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|---------------------------|-----------|-------|-----------------------|--------|-----------|------------|------------------------------------|--|
| 71 | 1:25.54 S | F | Kiana Linklater | 14 | PER JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 72 | 1:25.62 S | F | Amika Compaan | 14 | USC BUF | 21/10/2016 | BCA Short Course Championships | |
| 73 | 1:25.89 S | F | Elisabeth Surguladze | 14 | HASC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 74 | 1:26.08 S | F | Christy-Anne Peers | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 75 | 1:26.29 S | F | Joy Njoroge | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 76 | 1:26.39 S | F | Tarin Goslin | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 77 | 1:26.41 S | F | Minya Geysler | 14 | USH UJD | 24/09/2016 | Fish Eagles Short Course Champi | |
| 78 | 1:26.81 S | F | Caitlin Elliott | 14 | USC BUF | 09/09/2016 | BCA September Shortcourse Gala | |
| 79 | 1:27.03 S | F | Sanchia Poovan | 14 | USC BUF | 19/08/2016 | Ultimate Swim Club Short Course | |
| 80 | 1:27.78 S | F | Sune Terblanche | HR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha | |
| 81 | 1:28.38 S | F | Micheline Chetty | 14 | STAD JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 82 | 1:28.41 S | P | Mia Jardim | 14 | SOUL ECU | 23/07/2016 | EKURHULENI Winter Champs 20 | |
| 83 | 1:28.54 S | F | Courtney Kleiner | 14 | FSE UJD | 04/11/2016 | Zululand District Short Course Cha | |
| 84 | 1:28.60 S | F | Ashleigh Le Roux | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs | |
| 85 | 1:29.28 S | F | Charlotte Kelly | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 86 | 1:29.34 S | F | Bupe Ruele | 14 | LINQ JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 87 | 1:29.55 S | F | Breannyn Jones | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 88 | 1:30.10 S | F | Chanell Landman | 14 | AA JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 89 | 1:30.43 S | F | Cameron Meintjies | 14 | DUN UJD | 04/11/2016 | Zululand District Short Course Cha | |
| 90 | 1:30.52 S | F | Leandi Campher | 14 | LAD UJD | 04/11/2016 | Zululand District Short Course Cha | |
| 91 | 1:30.83 S | F | Berdine Jacobsz | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Cha | |
| 92 | 1:30.97 S | F | Christelle Kruger | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN | |
| 93 | 1:31.07 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 94 | 1:31.34 S | F | Nerissa Fourie | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Cha | |
| 95 | 1:32.42 S | F | Alicia Smit | 14 | FSE UJD | 24/09/2016 | Fish Eagles Short Course Champi | |
| 96 | 1:32.66 S | F | Skye Tucker | 14 | ELEC JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 97 | 1:33.32 S | F | Michelle Steenekamp | 14 | LINR JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 98 | 1:33.50 S | F | Emily Openshaw | 14 | AQUA BUF | 19/08/2016 | Ultimate Swim Club Short Course | |
| 99 | 1:35.07 S | F | Rahael Weatherhead | 14 | RFA TSH | 05/08/2016 | NTS Junior Short Course Champs | |
| 100 | 1:36.80 S | F | Nicole Mogajane | 14 | ISSC NMD | 24/09/2016 | NWS Short Course Championship | |
| 101 | 1:39.51 S | F | Miceh Kriel | 14 | HILL TSH | 05/08/2016 | NTS Junior Short Course Champs | |
| 102 | 1:41.49 S | F | Tshegofatso Legote | 14 | BON JHB | 13/08/2016 | Aquatics Gauteng JNR SC Champ | |
| 103 | 1:42.52 S | P | Qhawekazi Moepya | 14 | SWIFT ECU | 23/07/2016 | EKURHULENI Winter Champs 20 | |
| 104 | 1:43.89 S | F | Ina-Mari Palm | 14 | POTC KKD | 24/09/2016 | NWS Short Course Championship | |
| 105 | 1:47.68 S | F | Jordyn Hendricks | 14 | STAD JHB | 16/10/2016 | Level 1 Junior Series 16 Oct 2016 | |
| Women 14-14 200 IM | | | | | | | | |
| 1 | 2:16.52 S | F | Rebecca Meder | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham | |
| 2 | 2:22.12 S | F | Kirsten de Goede | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 3 | 2:23.36 S | F | Gina Miller | 14 | SASE JHB | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 4 | 2:26.25 S | F | Kelly Crous | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 5 | 2:27.81 S | F | Honey Osrin | 14 | ASA CPT | 25/06/2016 | Western Cape Qualifying Gala 1 | |
| 6 | 2:28.43 S | P | Jana Botha | 14 | TYGE CPT | 25/08/2016 | Sa Short Course Swimming Cham | |
| 7 | 2:29.42 S | F | Lara Van Niekerk | 14 | PAC TSH | 05/08/2016 | NTS Junior Short Course Champs | |
| 8 | 2:30.75 S | P | Megan Shepherd | 14 | ELEC JHB | 25/08/2016 | Sa Short Course Swimming Cham | |
| 9 | 2:30.98 S | F | Taylor Pharoah | 14 | WSAA CPT | 25/11/2016 | Swim Squads - 19th Invitational M | |
| 10 | 2:31.11 S | F | Olivia Nel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champic | |
| 11 | 2:32.57 S | F | Trisha Pollicutte | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN | |
| 12 | 2:32.88 S | F | Alexia Velde | 14 | AQUA BUF | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 13* | 2:33.38 S | F | Paige Brombacher | 14 | SEAL UMD | 12/11/2016 | UMGUNGUNDLOVU DISTRICT C | |
| 13* | 2:33.38 S | F | Kerryn Herbst | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 15 | 2:34.29 S | F | Georgia Nel | 14 | WSAA CPT | 15/07/2016 | Western Cape Winter SC Champic | |
| 16 | 2:34.41 S | F | Nina Madden | 14 | CRSC JHB | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 17 | 2:35.02 S | P | Zoe Phillips | 14 | SODO JHB | 25/08/2016 | Sa Short Course Swimming Cham | |
| 18 | 2:36.06 S | F | Anais Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 19 | 2:36.29 S | F | Mila Rezac | 14 | NDSA ETH | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 20 | 2:36.38 S | F | Kieryn Letley | 14 | DYNA TSH | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 21 | 2:37.26 S | F | Courtney Laros | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course | |
| 22 | 2:37.74 S | F | Brooke Aylward | 14 | SEAL UMD | 17/09/2016 | UMGUNGUNDLOVU DISTRICT C | |
| 23 | 2:38.55 S | F | Kaitlyn Albertyn | 14 | TUKSB LP | 25/02/2017 | Duel in The Pool - Pool A | |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| Time | P/F/S | Name | Age/Yr |
|------|-----------|------------------------|--|
| 24 | 2:40.25 S | F Madison Malherbe | 14 AQUA BUF 23/09/2016 Future Stars Aquanova Shortcourse |
| 25 | 2:40.63 S | F Kaylyn Leach | 14 BOKS EKU 06/10/2016 KZN Seagulls Winter Short Course |
| 26 | 2:41.53 S | F Paige Mauer | 14 USC BUF 21/10/2016 BCA Short Course Championships |
| 27 | 2:42.54 S | F Lana Janson | 14 TYGE CPT 21/05/2016 WC Metro Winelands Winter Gala |
| 28 | 2:42.95 S | F Rochelle Rijnsburger | 14 CYBE CPT 06/10/2016 KZN Seagulls Winter Short Course |
| 29 | 2:43.03 S | F Jessica Grobler | 14 STAD JHB 25/02/2017 Duel in The Pool - Pool A |
| 30 | 2:43.29 S | F Nicole Viljoen | 14 CUR MPD 29/10/2016 MP TOP SCHOOLS Senior 29 Oct |
| 31 | 2:43.78 S | F Kate Meyer | 14 VIKI BUF 09/09/2016 BCA September Shortcourse Gala |
| 32 | 2:44.14 S | F Kendra Du Toit | 14 SOUL EKU 06/10/2016 KZN Seagulls Winter Short Course |
| 33 | 2:44.19 S | F Stephanie Houtman | 14 TUKS TSH 05/08/2016 NTS Junior Short Course Champs |
| 34 | 2:44.54 S | F Zania Pieters | 14 PAC TSH 25/02/2017 Duel in The Pool - Pool A |
| 35 | 2:44.66 S | F Kirsten Ahrends | 14 TYGE CPT 15/07/2016 Western Cape Winter SC Champic |
| 36 | 2:44.84 S | F Kayleigh Adamson | 14 PSC TSH 06/10/2016 KZN Seagulls Winter Short Course |
| 37 | 2:44.97 S | F Julia Proccommos | 14 ELEC JHB 06/10/2016 KZN Seagulls Winter Short Course |
| 38 | 2:46.33 S | F Ilanka Combrink | 14 TYGE CPT 21/05/2016 WC Metro Winelands Winter Gala |
| 39 | 2:46.49 S | P Demi- Lee Carlisle | 14 FLOD JHB 25/08/2016 Sa Short Course Swimming Cham |
| 40 | 2:46.50 S | F Sune' De wit | 14 MGSC UGD 13/08/2016 NTS Senior Short Course Champs |
| 41 | 2:46.95 S | F Carla Lichtblau | 14 ONYX EKU 06/10/2016 KZN Seagulls Winter Short Course |
| 42 | 2:48.11 S | F Nichola Greyling | 14 NWS 20/08/2016 Small Districts Championship Gala |
| 43 | 2:48.13 S | F Ruth Neale | 14 LINR JHB 23/07/2016 EKURHULENI Winter Champs 20 |
| 44 | 2:48.21 S | F Louisa Siebel | 14 WSAA CPT 25/06/2016 Western Cape Qualifying Gala 1 |
| 45 | 2:48.64 S | F Kerri-Lyn Claase | 14 ESP EKU 06/10/2016 KZN Seagulls Winter Short Course |
| 46 | 2:48.72 S | F Camryn Lowman | 14 ELEC JHB 12/06/2016 CGA Winter Gala No 1 |
| 47 | 2:48.88 S | F Paige Forster | 14 SEAL UMD 15/10/2016 UMGUNGUNDLOVU DISTRICT C |
| 48 | 2:49.04 S | F Marjean Kupfer | 14 MDOL JHB 05/08/2016 NTS Junior Short Course Champs |
| 49 | 2:49.28 S | F Bernice Laboff | 14 LSKP WB 05/11/2016 Limpopo LS Topskole 2016 |
| 50 | 2:49.45 S | F Jenna Seymour-Smith | 14 BOKS EKU 06/10/2016 KZN Seagulls Winter Short Course |
| 51 | 2:50.10 S | F Lauren Coetser | 14 PSC TSH 25/02/2017 Duel in The Pool - Pool B |
| 52 | 2:50.13 S | F Hannah Szapira | 14 ASA CPT 15/07/2016 Western Cape Winter SC Champic |
| 53 | 2:50.39 S | F Susanna Wessels | 14 TUKS TSH 05/08/2016 NTS Junior Short Course Champs |
| 54 | 2:50.58 S | F Pascale Oberholzer | 14 MDOL JHB 06/10/2016 KZN Seagulls Winter Short Course |
| 55 | 2:50.59 S | F Johanna Freers | 14 CADO CPT 25/06/2016 Western Cape Qualifying Gala 1 |
| 56 | 2:50.75 S | F Hayley Zeller | 14 ELEC JHB 25/02/2017 Duel in The Pool - Pool A |
| 57 | 2:50.88 S | F Jany Schnetler | 14 AQU ADJ 06/10/2016 KZN Seagulls Winter Short Course |
| 58 | 2:51.10 S | F Abigail Calitz | 14 MATI CED 25/06/2016 Western Cape Qualifying Gala 1 |
| 59 | 2:51.80 S | F Inge Steyn | 14 EGA EKU 20/08/2016 Small Districts Championship Gala |
| 60 | 2:51.94 S | F Shelby Pentz | 14 DBSC SDD 06/10/2016 KZN Seagulls Winter Short Course |
| 61 | 2:52.44 S | F Elisna Nel | 14 NWS 20/08/2016 Small Districts Championship Gala |
| 62 | 2:52.48 S | F Catherine Phillips | 14 ELEC JHB 12/06/2016 CGA Winter Gala No 1 |
| 63 | 2:52.96 S | F Angelica Liebenberg | 14 SGUL ETH 06/10/2016 KZN Seagulls Winter Short Course |
| 64 | 2:53.01 S | F Camika Li Searle | 14 CRSC JHB 06/10/2016 KZN Seagulls Winter Short Course |
| 65 | 2:53.40 S | F Mieke Muller | 14 TUKS TSH 05/08/2016 NTS Junior Short Course Champs |
| 66 | 2:53.62 S | F Sian Albertyn | 14 USC BUF 06/10/2016 KZN Seagulls Winter Short Course |
| 67 | 2:54.00 S | F Jamie-Lee Cullen | 14 UPP EZD 29/10/2016 MP TOP SCHOOLS Senior 29 Oct |
| 68 | 2:54.35 S | F Mahdiya Pattel | 14 WSTV ETH 06/10/2016 KZN Seagulls Winter Short Course |
| 69 | 2:54.67 S | F Anine Hugo | 14 PAQU CED 25/06/2016 Western Cape Qualifying Gala 1 |
| 70 | 2:55.00 S | F Gabriella Diedloff | 14 ELEC JHB 12/06/2016 CGA Winter Gala No 1 |
| 71 | 2:55.29 S | F Eva Steffensen | 14 UPP EZD 29/10/2016 MP TOP SCHOOLS Senior 29 Oct |
| 72 | 2:55.44 S | F Sumari Naude | 14 CUR MPD 29/10/2016 MP TOP SCHOOLS Senior 29 Oct |
| 73 | 2:55.65 S | P Micaela Pinto | 14 BOKS EKU 23/07/2016 EKURHULENI Winter Champs 20 |
| 74 | 2:55.77 S | F Megan Clouston | 14 CRSC JHB 06/10/2016 KZN Seagulls Winter Short Course |
| 75 | 2:55.84 S | F Emma Johnson | 14 AA JHB 06/10/2016 KZN Seagulls Winter Short Course |
| 76 | 2:56.61 S | F Siona Maistrellis | 14 CSC TSH 05/08/2016 NTS Junior Short Course Champs |
| 77 | 2:56.76 S | F Carla Mouton | 14 CUR MPD 29/10/2016 MP TOP SCHOOLS Senior 29 Oct |
| 78 | 2:57.09 S | F Marnel Jv Rensburg | 14 DYNA TSH 06/10/2016 KZN Seagulls Winter Short Course |
| 79 | 2:57.18 S | F Megan De Wet | 14 MPS NW 29/10/2016 MP TOP SCHOOLS Senior 29 Oct |
| 80 | 2:57.97 S | F Erica Sibande | 14 MP 20/08/2016 Small Districts Championship Gala |
| 81 | 2:57.99 S | F Leah Goodman | 14 CADO CPT 25/06/2016 Western Cape Qualifying Gala 1 |
| 82 | 2:58.46 S | F Sarah Allardice | 14 CYBE CPT 25/06/2016 Western Cape Qualifying Gala 1 |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|-----------|-------|-----------------------|--------|----------|------------|-----------------------------------|
| 83 | 2:58.83 S | F | Rachel Moreira | 14 | SGUL ETH | 06/10/2016 | KZN Seagulls Winter Short Course |
| 84 | 2:58.88 S | F | Melri Van Schoor | 14 | USH UHD | 24/09/2016 | Fish Eagles Short Course Champi |
| 85 | 3:00.88 S | F | Chevonne Sevenster | 14 | FINS EZD | 06/08/2016 | MP Winter SC 6 Aug - 2016 |
| 86 | 3:00.99 S | F | Sian Redelinghuys | 14 | STA | 29/10/2016 | MP TOP SCHOOLS Senior 29 Oct |
| 87 | 3:01.66 S | F | Anika Schmidt | 14 | SS LP | 27/08/2016 | LP Shamu Sprint SC |
| 88 | 3:02.42 S | F | Caitlin Goosen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 89 | 3:02.90 S | F | Bupe Ruele | 14 | UNIQ JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 90 | 3:02.94 S | F | Tarin Goslin | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 91 | 3:03.35 S | P | Tegan Malherbe | 14 | BLAE JHB | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 92 | 3:03.48 S | F | Charayne Moore | 14 | PSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 93 | 3:03.89 S | F | Olivia Bastick | 14 | CYBE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 94 | 3:03.91 S | F | Monique Nieuwenhuizen | 14 | LINR JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 95 | 3:04.90 S | F | Amika Compaan | 14 | USC BUF | 16/07/2016 | BCA July Short Course Gala 2016 |
| 96 | 3:04.92 S | F | Courtney Jordaan | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 97 | 3:04.97 S | F | Kayla Calitz | 14 | SOUL EKU | 18/06/2016 | EGA Winter 1 Gala |
| 98 | 3:06.40 S | F | Sanchia Poovan | 14 | USC BUF | 21/10/2016 | BCA Short Course Championships |
| 99 | 3:06.68 S | F | Janel Du Toit | 14 | PAC TSH | 25/06/2016 | Arena Dual Meet Competition |
| 100 | 3:06.69 S | P | Caitlin Geldenhuys | 14 | BENS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 101 | 3:07.57 S | F | Jana Hayman | 14 | PAQU CED | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 102 | 3:08.13 S | F | Rachel Dube | 14 | BLMA CPT | 15/07/2016 | Western Cape Winter SC Champic |
| 103 | 3:08.87 S | F | Julie Trodd | 14 | STPS UMD | 15/10/2016 | UMGUNGUNDLOVU DISTRICT G |
| 104 | 3:09.37 S | P | Kiara Geldenhuys | 14 | BENS EKU | 23/07/2016 | EKURHULENI Winter Champs 20 |
| 105 | 3:09.97 S | F | Larizza Funk | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 106 | 3:11.50 S | F | Celeste Jonck | 14 | HARL BUF | 21/10/2016 | BCA Short Course Championships |
| 107 | 3:11.58 S | F | Christelle Kruger | 14 | FISH EDD | 09/09/2016 | EDEN SC CHAMPS 9/10 SEPTEN |
| 108 | 3:11.68 S | F | Mia Jardim | 14 | SOUL EKU | 06/10/2016 | KZN Seagulls Winter Short Course |
| 109 | 3:12.11 S | F | Christy-Anne Peers | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 110 | 3:12.54 S | F | Ashleigh Le Roux | 14 | CSC TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 111 | 3:13.18 S | F | Miné Maritz | 14 | TKS SKD | 12/11/2016 | Limpopo Age Group 12 November |
| 112 | 3:13.60 S | F | Tanika Rother | 14 | BOKS EKU | 18/06/2016 | EGA Winter 1 Gala |
| 113 | 3:14.02 S | F | Phomolo Mabote | 14 | TUKS TSH | 05/08/2016 | NTS Junior Short Course Champs |
| 114 | 3:14.25 S | F | Nerissa Fourie | 14 | AQU ADJ | 04/11/2016 | Zululand District Short Course Ch |
| 115 | 3:14.41 S | F | Lianka Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 116 | 3:14.92 S | F | Omolemo Makombe | 14 | AA JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 117 | 3:15.91 S | F | Collette Barnor | 14 | TUKS TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1 |
| 118 | 3:15.95 S | F | Caley Kent-Brown | 14 | SRAY BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 119 | 3:16.46 S | F | Jaime Kruger | 14 | CADO CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 120 | 3:16.58 S | F | Chrisme Grobler | 14 | AQU ADJ | 06/10/2016 | KZN Seagulls Winter Short Course |
| 121 | 3:16.78 S | F | Lamees Khan | 14 | ATLA JHB | 05/08/2016 | NTS Junior Short Course Champs |
| 122 | 3:16.81 S | F | Micheline Chetty | 14 | STAD JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 123 | 3:16.91 S | F | Emily Openshaw | 14 | AQUA BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 124 | 3:17.24 S | F | Joy Njoroge | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 125 | 3:17.61 S | F | Nicke Van Rensburg | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 126 | 3:19.63 S | F | Yumna Kharva | 14 | MDOL JHB | 06/10/2016 | KZN Seagulls Winter Short Course |
| 127 | 3:19.88 S | F | Amé Van Wyk | 14 | DBSC SDD | 06/10/2016 | KZN Seagulls Winter Short Course |
| 128 | 3:20.35 S | F | Catherine Smit | 14 | FISH EDD | 23/07/2016 | Eden 3rd SC Gala 2016 |
| 129 | 3:20.48 S | F | Berdine Jacobsz | FR | PSA ZLD | 04/11/2016 | Zululand District Short Course Ch |
| 130 | 3:21.34 S | F | Anika Bezuidenhout | 14 | LSPHA MP | 05/11/2016 | Limpopo LS Topskole 2016 |
| 131 | 3:21.39 S | F | Fathima Moola | 14 | SRAY BUF | 23/09/2016 | Future Stars Aquanova Shortcours |
| 132 | 3:21.99 S | F | Minka Liebenberg | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 133 | 3:24.45 S | F | Nicole Mogajane | 14 | ISSC NMD | 11/03/2017 | NWS Level 1 2017 |
| 134 | 3:24.77 S | F | Joné Geyer | 14 | LIMSC LP | 14/10/2016 | Limpopo HS Topskole 2016 |
| 135 | 3:25.93 S | F | Charlotte Kelly | 14 | LINR JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 136 | 3:27.12 S | F | Carla Prinsloo | 14 | TUKS TSH | 27/01/2017 | NTS Jan 2017 Age Group Level 1 |
| 137 | 3:27.31 S | F | Courtney Kleiner | 14 | FSE UHD | 24/09/2016 | Fish Eagles Short Course Champi |
| 138 | 3:28.13 S | F | Skye Tucker | 14 | ELEC JHB | 12/06/2016 | CGA Winter Gala No 1 |
| 139 | 3:29.14 S | F | Emma Johannessen | 14 | TYGE CPT | 21/05/2016 | WC Metro Winelands Winter Gala |
| 140 | 3:29.16 S | F | Kate Rolfe | 14 | TYGE CPT | 25/06/2016 | Western Cape Qualifying Gala 1 |
| 141 | 3:30.04 S | F | Tasmiyah Fakir | 14 | ATLA JHB | 06/10/2016 | KZN Seagulls Winter Short Course |

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Short Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|---------------------------|-----------|-------|----------------------|--------|-----------|------------|--------------|------------|---------------------|
| 142 | 3:33.34 S | F | Cleo Raubenheimer | 14 | MARL CPT | 11/02/2017 | Western Cape | JL Gala | 9A |
| 143 | 3:34.24 S | F | Megan Daniel | 14 | TKSS WBD | 12/11/2016 | Limpopo | Age Group | 12 November |
| 144 | 3:35.71 S | F | Tshegofatso Legote | 14 | BON JHB | 06/10/2016 | KZN | Seagulls | Winter Short Course |
| 145 | 3:36.30 S | F | Jomari De Beer | 14 | SS LP | 27/08/2016 | LP | Shamu | Sprint SC |
| 146 | 3:36.43 S | F | Celina Isaacs | 14 | CYBE CPT | 25/06/2016 | Western Cape | Qualifying | Gala 1 |
| 147 | 3:38.81 S | F | Dudzile Dodovu | 14 | MATL KKD | 11/03/2017 | NWS | Level 1 | 2017 |
| 148 | 3:39.49 S | F | Nadine Hough | 14 | DDA TSH | 18/06/2016 | EGA | Winter 1 | Gala |
| 149 | 3:40.16 S | F | Milena Pellizzon | 14 | BLAC EKU | 18/06/2016 | EGA | Winter 1 | Gala |
| 150 | 3:44.12 S | F | Imaan Brown | 14 | MARL CPT | 11/02/2017 | Western Cape | JL Gala | 9A |
| 151 | 3:44.80 S | F | Nadia Ariefdien | 14 | MANT CPT | 25/06/2016 | Western Cape | Qualifying | Gala 1 |
| 152 | 3:45.85 S | F | Ammaarah Cachalia | 14 | LINR JHB | 06/10/2016 | KZN | Seagulls | Winter Short Course |
| 153 | 3:46.19 S | F | Naadirah Karim | 14 | ATLA JHB | 05/08/2016 | NTS | Junior | Short Course Champs |
| 154 | 3:48.96 S | P | Qhawekazi Moepya | 14 | SWIFT EKU | 23/07/2016 | EKURHULENI | Winter | Champs 20 |
| 155 | 4:01.07 S | F | Brinley Botha | 14 | SGUL ETH | 06/10/2016 | KZN | Seagulls | Winter Short Course |
| 156 | 4:21.87 S | F | Victoria Wankya | 14 | NSA EZD | 23/07/2016 | MP | Winter SC | - July 2016 |
| 157 | 4:34.67 S | F | Tamlin Basson | 14 | WEST CPT | 11/02/2017 | Western Cape | JL Gala | 9A |
| Women 14-14 400 IM | | | | | | | | | |
| 1 | 4:47.87 S | F | Rebecca Meder | 14 | TYGE CPT | 15/07/2016 | Western Cape | Winter | SC Champic |
| 2 | 5:09.36 S | F | Honey Osrin | 14 | ASA CPT | 15/07/2016 | Western Cape | Winter | SC Champic |
| 3 | 5:28.94 S | F | Anaïs Wentzel | 14 | CYBE CPT | 06/10/2016 | KZN | Seagulls | Winter Short Course |
| 4 | 5:30.97 S | F | Alexia Velde | 14 | AQUA BUF | 23/09/2016 | Future Stars | Aquanova | Shortcours |
| 5 | 5:34.66 S | F | Jana Botha | 14 | TYGE CPT | 15/07/2016 | Western Cape | Winter | SC Champic |
| 6 | 5:41.20 S | F | Rochelle Rijnsburger | 14 | CYBE CPT | 06/10/2016 | KZN | Seagulls | Winter Short Course |
| 7 | 5:50.01 S | F | Pascale Oberholzer | 14 | MDOL JHB | 06/10/2016 | KZN | Seagulls | Winter Short Course |