

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16-16 50 Free							
1	26.46	L	F	Inge Weidemann	16	WCA CPT	03/04/2017 Sa National Aquatic Championship
2	26.94	L	F	Alice Vd Merwe	16	WELL CED	24/02/2017 2017 Grand Prix Invitation Swiimin
3	27.03	L	F	Toni Rafferty	16	NMA NMA	03/04/2017 Sa National Aquatic Championship
4	27.15	L	F	Marine Nortje	16	SGUL ETH	13/12/2016 KZN Speedo Provincial Champion
5	27.19	L	F	Kiara Noades	16	RSA	28/03/2017 African Junior Swimming Champio
6	27.50	L	F	Hannah Kiely	16	CLSC WCD	24/02/2017 2017 Grand Prix Invitation Swiimin
7	27.70	L	S	Jana Coetzé	16	RBOT BPD	17/03/2017 SA National JNR Age Group Charr
8	27.77	L	S	Amber Waddell	16	BLSS MAN	17/03/2017 SA National JNR Age Group Charr
9	27.95	L	P	Lize-Mari De Beer	16	CGA JHB	03/04/2017 Sa National Aquatic Championship
10	27.98	L	F	Nora Segurolo	16	WATR JHB	01/10/2016 Waterborn Invitational 2016
11	28.15	L	P	Talea Claassens	16	NTS FSH	03/04/2017 Sa National Aquatic Championship
12	28.28	L	F	Amy Stanford	16	NTS FSH	22/10/2016 VIII Gala Golfinhos Sprint
13	28.31	L	F	Erin Jarvis	16	AQUB NMA	23/03/2017 SA Level 3 Regional Age Group C
14	28.40	L	F	Skye Munro	16	NSA EZD	25/11/2016 Mpumalanga Championships 2016
15	28.41	L	P	Ilinde Du Plessis	16	NTS FSH	03/04/2017 Sa National Aquatic Championship
16	28.43	L	F	Celine Thevenau	16	SGUL ETH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
17	28.44	L	P	Erin Hartzenberg	16	TYGE CPT	17/03/2017 SA National JNR Age Group Charr
18	28.55	L	F	Sabrina Favini	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
19	28.63	L	F	Sara Russell	16	USC BUF	10/02/2017 BCA February Age Group Gala 20
20	28.68	L	F	Erika Esterhuizen	16	WSTV ETH	02/09/2016 KZN Beavers Winter LongCourse
21	28.71	L S	F	Payton Horton	16	TWSA NMA	14/01/2017 5th A League Gala 2017
22*	28.78	L	P	Emma Tarr	16	WATR JHB	17/03/2017 SA National JNR Age Group Charr
22*	28.78	L	S	Samantha Van Veyeren	16	TUKS FSH	07/12/2016 NTS Championships 2016
24	28.84	L	F	Chloe Velde	16	AQUA BUF	21/01/2017 2017 Grand Prix Invitation Swimm
25	28.85	L	F	Sophie Rodseth	16	VINE CPT	18/11/2016 Western Cape Summer QF2
26	28.86	L	P	Abigail Meder	16	TYGE CPT	17/03/2017 SA National JNR Age Group Charr
27	28.87	L	P	Constantina Pietersen	16	ACSA ETH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
28	28.88	L	P	Kara Vermaak	16	TUKS FSH	17/03/2017 SA National JNR Age Group Charr
29	28.98	L	F	Kayla Holtshausen	16	TWSA NMA	19/08/2016 Nedbank Madibaz Swim Meet
30	29.02	L	F	Lauren Hope	16	TUKS FSH	07/12/2016 NTS Championships 2016
31	29.06	L	F	Jordan-Jenna Rolfe	16	WATR JHB	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
32*	29.17	L	P	Sariska Terblanche	16	HARL BUF	17/03/2017 SA National JNR Age Group Charr
32*	29.17	L	F	Erin Graham	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
34	29.20	L	F	Aerin Nortier	16	FLOD JHB	08/12/2016 EGA Championships 2016
35	29.24	L	F	Jenna Whiting	16	SOUL EKU	15/10/2016 EGA Summer 2_15 Oct 2016
36	29.25	L	P	Tatum Peyerl	16	MDOL JHB	17/03/2017 SA National JNR Age Group Charr
37	29.27	L	P	Jessica Beukes	16	RSA	14/12/2016 African Union Sports-Region 5 Un
38	29.28	L	F	Katherine Burnett	16	NDSA ETH	13/12/2016 KZN Speedo Provincial Champion
39	29.38	L	F	Amber McConnachie	16	AQUA BUF	02/12/2016 BCA Championships 2016
40	29.42	L	F	Tharien vd Walt	16	FAAC FBD	22/10/2016 Flamingo Gala 2016
41*	29.44	L S	F	Luné Vd Westhuizen	16	FISH EDD	14/01/2017 5th A League Gala 2017
41*	29.44	L	P	Jessica Schrader	16	SASE JHB	17/03/2017 SA National JNR Age Group Charr
43	29.46	L	F	Sarah Gledhill	16	CRSC JHB	16/12/2016 Vita-thion CGA Open LC Champs
44	29.48	L	P	Amy Vernes	16	SGUL ETH	23/03/2017 SA Level 3 Regional Age Group C
45	29.52	L	P	Kristen Edwards	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
46	29.59	L	P	Eden Cronje	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
47	29.60	L	F	Joey Carolissen	16	MATI CED	15/10/2016 Western Cape Summer 3
48	29.62	L	P	Michelle Coetzer	16	FSS FS	10/04/2017 SA Schools Swimming Champions
49	29.65	L	F	Sianne Downes	16	MDOL JHB	28/01/2017 CGA Level 3-SANJ Last Chance g
50	29.66	L	F	Xandri Fourie	16	BLOT MAN	30/11/2016 FS CHAMPS
51	29.67	L	F	Lauren Strydom	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
52	29.69	L	P	Hannah Altmann	16	WCA CPT	03/04/2017 Sa National Aquatic Championship
53	29.78	L	P	Isabelle Boles	16	WATR JHB	17/03/2017 SA National JNR Age Group Charr
54	29.81	L	P	Sune Van Jaarsveld	16	TUKS FSH	07/12/2016 NTS Championships 2016
55	29.85	L	P	Georgina Haler	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
56*	29.91	L	F	Ashleigh Munks	16	BOKS EKU	08/12/2016 EGA Championships 2016
56*	29.91	L	F	Carla Antonopoulos	16	TYGE CPT	15/10/2016 Western Cape Summer 3
58	29.92	L	F	Yanah Gerber	16	INFA NMA	19/08/2016 Nedbank Madibaz Swim Meet

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Time	P/F/S	Name	Age/Yr				
59	29.94 L	P	Tanna Baker	16	TUKS FSH	07/12/2016	NTS Championships 2016
60	29.95 L	P	Kelly Seymour	16	USC BUF	17/03/2017	SA National JNR Age Group Charn
61	29.99 L	P	Leigh Hudson	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
62	30.01 L	P	Hannah Jones	16	SEAL UMD	13/12/2016	KZN Speedo Provincial Champion
63	30.02 L	P	Robyn Marais	16	TYGE CPT	23/03/2017	SA Level 3 Regional Age Group C
64*	30.03 L	F	Kelly Hall	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
64*	30.03 L	F	Jenna- Laine Fuller	16	AFIN JHB	23/03/2017	SA Level 3 Regional Age Group Ci
66*	30.05 L	P	Kristen Kleynhans	16	TUKS FSH	07/12/2016	NTS Championships 2016
66*	30.05 L	P	Zantia BAINBRIDGE	16	ELEC JHB	16/12/2016	Vita-thion CGA Open LC Champs
68	30.07 L	F	Marguerite Van Jaarsveld	16	BLOT MAN	07/10/2016	Otters Prestige Gala
69	30.09 L	F	Chloe Longwitz	16	WATR JHB	17/09/2016	CGA Level 3/SANJ Gala No 1
70	30.15 L	F	Jemma Bodington	FR	PSA ZLD	28/01/2017	Ushaka Championship Gala 2017
71	30.16 L	F	Anlizè Vermeulen	16	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C
72	30.18 L	F	Kyla Russell	16	TRIDE ETH	02/09/2016	KZN Beavers Winter LongCourse
73	30.20 L	F	Robin Terblanche	16	CSC FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
74*	30.24 L	F	Lene Boshoff	16	BLOT MAN	07/10/2016	Otters Prestige Gala
74*	30.24 L	P	Michelle Kretzschmar	16	KZNA ETH	03/04/2017	Sa National Aquatic Championship
76	30.25 L	P	Mieke De Villiers	16	INFA NMA	17/03/2017	SA National JNR Age Group Charn
77*	30.29 L	F	Janine Van Heerden	16	DDA FSH	03/02/2017	NTS Feb 2017 Age Group Level 3
77*	30.29 L	F	Christelle Leeuw	16	BARR CPT	15/10/2016	Western Cape Summer 3
79	30.30 L	P	Nola De Jongh	16	ASA CPT	01/12/2016	Western Cape Summer Champion
80	30.35 L	P	Jodi Wright	16	WSAA CPT	01/12/2016	Western Cape Summer Champion
81	30.37 L	P	Kelly Fairon	16	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
82	30.39 L	F	Alexia-Marie Duarte	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
83	30.41 L	P	Carli Wagner	16	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
84	30.43 L	F	Marine Smuts	16	BLOT MAN	30/11/2016	FS CHAMPS
85*	30.56 L	P	Kayla McLoughlin	16	ASA CPT	17/03/2017	SA National JNR Age Group Charn
85*	30.56 L	F	Erica Moolman	16	BLOT MAN	30/11/2016	FS CHAMPS
87*	30.58 L	P	Kiara Barnes	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
87*	30.58 L	P	Savannah Sheerin	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group Ci
89	30.67 L	F	Reagan Chidrawi	16	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci
90	30.70 L	P	Raquel Correia	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
91	30.73 L	F	Amy Bellairs	16	TWSA NMA	02/12/2016	NMBA Championships 2016
92	30.75 L	P	Robyn McMillan	16	ASA CPT	01/12/2016	Western Cape Summer Champion
93*	30.77 L	F	Tasneem Kharva	16	MDOL JHB	31/03/2017	SA Level 2 Regional Age Group Ci
93*	30.77 L	F	Nadine Kemp	16	BLNE MAN	02/09/2016	Kovsie Aquatics Gala 2
93*	30.77 L	F	Chane Stiglingh	16	DDA FSH	02/12/2016	2016 The Tshwane Mayoral Gala
93*	30.77 L	P	Mikayla Holland	16	FLOD JHB	16/12/2016	Vita-thion CGA Open LC Champs
97	30.78 L	F	Chloe Schroeder	16	VIKI BUF	02/12/2016	BCA Championships 2016
98*	30.79 L	F	Nicole De Beer	16	BENS EKU	08/12/2016	EGA Championships 2016
98*	30.79 L	F	Hannah Jamieson	16	PAC FSH	02/12/2016	2016 The Tshwane Mayoral Gala
98*	30.79 L	P	Emma Huxtable	16	STPS UMD	13/12/2016	KZN Speedo Provincial Champion
98*	30.79 L	F	Leeann Masson	16	SEAL UMD	25/11/2016	KZN TYR Westville Sprints 2016
102	30.80 L	F	Michaela van Schaik	16	PWAC BPD	26/11/2016	NWS Age Group 3 2016/2017
103*	30.83 L	P	Georgy Turner	16	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
103*	30.83 L	F	Sigrid Aadnesgaard	16	STPS UMD	02/09/2016	KZN Beavers Winter LongCourse
105	30.85 L S	F	Callan Nel	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
106	30.88 L	F	Mia Moolman	16	OCTO MAN	16/02/2017	Inter High 2017
107	30.89 L	P	Jessica Reimers	16	SEAL UMD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
108	30.90 L	F	Cornelia Reyneke	16	UPTS ZMD	21/01/2017	4 + 1 Gala Trials Upington
109	30.94 L	F	Lindelize Bester	16	BEST NMA	19/08/2016	Nedbank Madibaz Swim Meet
110	30.95 L	F	Corlia Botha	16	HILL FSH	23/09/2016	NTS September 2016 Age Group L
111	30.97 L S	F	Laura Turpin	16	TUKS FSH	27/06/2016	Sasol National Championship 2016
112	30.99 L	F	Natasja Fourie	16	CSC FSH	18/11/2016	NTS November 2016 Age Group L
113	31.04 L	P	Hannah Schimper	16	AZON ETH	13/12/2016	KZN Speedo Provincial Champion
114*	31.06 L	F	Shannon Linklater	16	PER JHB	31/03/2017	SA Level 2 Regional Age Group Ci
114*	31.06 L	F	Deané Toerien	16	TASC LP	25/11/2016	Limpopo Champs 25-27 Novembe
116	31.08 L	F	Kyla Blakemore	16	ACSA ETH	18/02/2017	Ethekwini Age Group Gala 10
117	31.09 L	F	Carmen De Clerck	16	DDA FSH	03/02/2017	NTS Feb 2017 Age Group Level 3

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Time	P/F/S	Name	Age/Yr					
118	31.12 L	F	Nishaat Davids	16	MANT CPT	23/03/2017	SA Level 3 Regional	Age Group C
119	31.16 L	F	Jade Grobbelaar	16	PEAS NMA	02/12/2016	NMBA Championships 2016	
120	31.18 L	F	Zoë Bredenkamp	16	MANT CPT	23/03/2017	SA Level 3 Regional	Age Group C
121	31.21 L	P	Tyla Panzera	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs	
122	31.22 L	P	Elizabeth Pretorius	16	BLOT MAN	05/07/2016	TYR PRESTIGE CHAMPIONSHIP	
123	31.23 L	F	Kayler Hulett	16	ASA ILD	23/03/2017	SA Level 2 Regional	Age Group C
124	31.26 L	P	Jamie Lotter	16	BON JHB	31/03/2017	SA Level 2 Regional	Age Group C
125	31.35 L	F	Sheree Brandt	16	USC BUF	10/02/2017	BCA February	Age Group Gala 20
126	31.39 L	F	Sarena Wolff	16	PEPPS CC	27/01/2017	Limpopo School	Championships
127	31.40 L	F	Emma Ditcham	16	PEC EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM	
128	31.41 L	F	Hannah Varyawa	16	LAD UTD	25/11/2016	KZN TYR Westville	Sprints 2016
129	31.44 L	P	Calynn Smith	16	PSC TSH	31/03/2017	SA Level 2 Regional	Age Group C
130	31.48 L	F	Mya Phillips	16	NTS TSH	07/10/2016	NTS Invitational	Gala 2016
131	31.50 L	F	Megan Vorster	16	BLNE MAN	30/11/2016	FS CHAMPS	
132	31.52 L	F	Tanika Smuts	16	BARR CPT	04/11/2016	Freda Barnard	Gala 35
133	31.56 L	F	Jenna-Marie Lee	16	NWS	07/10/2016	NTS Invitational	Gala 2016
134*	31.62 L	F	Sage Cawse	16	DSG	09/12/2016	EC Aquatics Schools	Trials Gala
134*	31.62 L	P	Jade Simons	16	RSA	14/12/2016	African Union Sports-Region 5 Un	
136	31.67 L	P	Tarryn Campbell	16	CRSC JHB	16/12/2016	Vita-thion CGA Open LC Champs	
137	31.71 L	P	Mikayla Frara	16	TUKS TSH	31/03/2017	SA Level 2 Regional	Age Group C
138	31.72 L	F	Kristen McIntyre	16	USC BUF	02/12/2016	BCA Championships 2016	
139	31.74 L	F	Kelly McGorian	16	ESTR ECU	18/02/2017	EGA Summer 5	Gala
140*	31.76 L	F	Keren Welgemoed	16	DBSC SDD	21/01/2017	EGA Summer 4	
140*	31.76 L S	F	Meghan Armon	16	SEAL UMD	27/06/2016	Sasol National	Championship 2016
142	31.78 L	F	Brooklyn Milne	16	ASA ILD	02/09/2016	KZN Beavers	Winter LongCourse
143	31.81 L	F	Samantha Mc Nicol	16	PER JHB	15/10/2016	CGA Level 2	gala No 2
144	31.91 L	F	Nicola Sequeira	16	FLOD JHB	14/01/2017	CGA Level 2	Gala No 4 14 Jan 20
145	31.94 L	F	Abigael Grobler	16	FISH EDD	23/03/2017	SA Level 2 Regional	Age Group C
146	31.97 L	F	Elsie Botha	16	SS LP	25/11/2016	Limpopo Champs	25-27 Novembe
147	32.07 L	P	Sarah Brand	16	ASA ILD	13/12/2016	KZN Speedo	Provincial Champion
148	32.10 L	F	Shanel Dashwood	16	STPS UMD	02/09/2016	KZN Beavers	Winter LongCourse
149	32.12 L	F	Dehanke van Rensburg	16	HREF BPD	15/10/2016	NWS Age Group 1	1617
150*	32.15 L	F	Katia Turchino	16	BLOT MAN	02/09/2016	Kovsie Aquatics	Gala 2
150*	32.15 L	F	Caitlin Mc Cann	16	AFIN JHB	15/10/2016	CGA Level 2	gala No 2
152	32.16 L	P	Storm Ryder	16	ESP ECU	08/12/2016	EGA Championships	2016
153	32.18 L	F	Rulandi Viljoen	16	NCASA	05/11/2016	Fezile Dabi	Inter Provincial Gala
154	32.24 L	F	Jaime Bossenger	16	PAQU CED	23/03/2017	SA Level 3 Regional	Age Group C
155	32.28 L	F	Talitha Vd Walt	16	QUIC CPT	23/03/2017	SA Level 3 Regional	Age Group C
156	32.30 L	F	Amy Pienaar	16	BLNE MAN	17/09/2016	Otters Charity	Gala
157	32.32 L	P	Martha Johanna Visser	16	SHS FDD	16/02/2017	Inter High	2017
158	32.37 L	F	Jade Borrett	16	FISH EDD	28/01/2017	Eden 5th A	League Gala
159*	32.43 L	P	Lauren Vos	16	CRSC JHB	31/03/2017	SA Level 2 Regional	Age Group C
159*	32.43 L	F	Mia Benade	16	UPTS ZMD	11/11/2016	Age group 2	2016 Upington
161	32.49 L	F	Jenna Hirsch	16	WATR JHB	15/10/2016	CGA Level 2	gala No 2
162	32.54 L	P	Eden Peterkin	16	CRSC JHB	23/03/2017	SA Level 3 Regional	Age Group C
163	32.56 L	F	Hannah Butters	16	CSC TSH	23/09/2016	NTS September	2016 Age Group 1
164	32.59 L	F	Emlynn Spogter	16	PIRAN BUF	27/01/2017	BCA 2nd January	Age Group Gala
165	32.64 L	P	Kaylee Tolmay	16	BLAE JHB	16/12/2016	Vita-thion CGA Open LC Champs	
166	32.67 L	F	Tal Arnon	16	UPTS ZMD	21/01/2017	4 + 1 Gala	Trials Upington
167*	32.81 L	F	Hilda Du Toit	16	WOAQ CED	15/10/2016	Western Cape	Summer 3
167*	32.81 L	P	Cathrine Oelschig	16	CSC TSH	31/03/2017	SA Level 2 Regional	Age Group C
169	32.90 L	F	Sumarie Roodt	16	FSE UJD	28/01/2017	Ushaka	Championship Gala 2017
170	32.94 L	F	Tamryn Ann Palani	16	PISC ETH	24/02/2017	KZN Speedo	Level 2 Provincial Ct
171	33.05 L	F	Holly Naude	16	ALBA NMA	15/10/2016	3rd A	League Gala 2016
172	33.06 L	P	Nicolette Galbraith	16	DORE JHB	31/03/2017	SA Level 2 Regional	Age Group C
173	33.11 L	F	Lara Weir	16	TUKS TSH	02/12/2016	2016 The Tshwane	Mayoral Gala
174	33.14 L	F	Jessica Leicester	16	CSA EZD	17/09/2016	MP Xerox	Sprint Gala - 17 Septem
175	33.16 L	F	Kyra Gilfillan	16	UNI EZD	17/09/2016	MP Xerox	Sprint Gala - 17 Septem
176	33.22 L	F	Michaela Cilliers	16	RBOT BPD	29/10/2016	NWS Age Group 2	1617

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177	33.33 L	F	Kianne Coltman	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
178	33.36 L	F	Angeleah Moss	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
179	33.37 L	F	Wilmien Schutte	16	TVIK WBD	03/09/2016	2016 Speedo Hillcrest Sprint Gala
180	33.41 L	F	Savanna Sommerville	16	DDA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
181	33.55 L	F	Xia Venter	16	BULT MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
182	33.56 L	F	Lené du Plessis	16	VALS FDD	14/01/2017	Fezile Dabi Age Group Gala
183	33.57 L	F	Shria Reddy	16	BAYV ETH	02/09/2016	KZN Beavers Winter LongCourse
184*	33.58 L	F	Lara Featherstone	16	VINE CPT	15/10/2016	Western Cape Summer 3
184*	33.58 L	P	Emugene Botha	16	PSC TSH	31/03/2017	SA Level 2 Regional Age Group C
186	33.63 L	F	Talulah Manyanga-Tshika	16	PEC EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
187	33.64 L	F	Samara Mendes	16	STA	28/10/2016	Top Schools - High School 28 Oct
188	33.69 L S	P	Bernedette Van Vuuren	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
189*	33.86 L	F	Arleen Moorcroft	16	BLMA CPT	18/11/2016	Western Cape Summer QF2
189*	33.86 L	P	Anna-Mart Botes	16	CLSC WCD	03/02/2017	Western Cape Jack Currie Champ
191	33.89 L	F	Avisha Sewpersad	16	OTTO ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
192	33.91 L	F	Lindie Meyer	16	PGIM KKD	03/02/2017	NW Schools Swimming Champion
193	33.98 L	P	Daniela Venturi	16	VICT ECU	08/12/2016	EGA Championships 2016
194	34.08 L	F	Chanéle Maritz	16	TKS SKD	27/01/2017	Limpopo School Championships
195	34.14 L	F	Anika Smit	16	PRKA PSD	23/03/2017	SA Level 2 Regional Age Group C
196	34.25 L	F	Alida Jacobs	16	BULS MAN	17/09/2016	Otters Charity Gala
197	34.34 L	F	Tatjana Kleine	16	CSC TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
198	34.39 L	F	Ilse Coetzee	16	BLSS MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
199	34.53 L	F	Sonique Spangenberg	16	ORA	09/12/2016	NCASA Sprints 2016
200	34.55 L	F	Nicola Kruger	16	POTC KKD	26/11/2016	NWS Age Group 3 2016/2017
201	34.73 L	F	Shannon Martins	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
202	34.81 L	F	Sunè Conradie	16	WOAQ CED	18/02/2017	Western Cape Qualify Gala 3
203	34.85 L	F	Shanay Gouws	16	SHS FDD	30/01/2017	NFS INTER HIGH SCHOOL CHAN
204	35.05 L	F	Barbara-Anne De Bruin	16	GHSK FBD	10/02/2017	NCASA Age Group 5 KBY 2017
205	35.11 L	F	Marion Colan	16	BEAV ETH	02/09/2016	KZN Beavers Winter LongCourse
206	35.13 L	F	Caitlin Davies	16	MDOL JHB	10/09/2016	Adrian Grafe Memorial Gala 2016
207	35.21 L	F	Leigh-Ann Avis	16	TKS SKD	30/01/2017	NFS INTER HIGH SCHOOL CHAN
208	35.24 L	F	Tasmiyyah Moola	16	SRAY BUF	23/03/2017	SA Level 3 Regional Age Group C
209	35.42 L	F	Carla Broodryk	16	WDG EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
210	35.44 L	F	Savannah Hooker	16	UPC MP	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
211	35.50 L	F	Lexine Price	16	TLAC BPD	08/12/2016	NWS Championships 2016/2017
212	35.56 L	F	Melissa Bauermeister	16	HH BPD	03/02/2017	NW Schools Swimming Champion
213	35.67 L	F	Teagan Forbes	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
214	35.79 L	F	Jodi Carpenter	16	HVSP NW	03/02/2017	NW Schools Swimming Champion
215	35.80 L	F	Alice Voigt	16	UNI-N EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septerr
216	35.96 L	F	Sarah Tough	16	CADO CPT	15/10/2016	Western Cape Summer 3
217	36.23 L	F	Zarreen Khan	16	PGHS KKD	03/02/2017	NW Schools Swimming Champion
218	36.37 L	F	Chantelle Walker	16	PSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
219	36.44 L	F	Dominique Graaf	16	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
220	36.46 L	F	Taylor Smith	16	SWIFT ECU	10/09/2016	Adrian Grafe Memorial Gala 2016
221	36.51 L	F	Chantenique Barnard	16	KALA JTD	22/10/2016	Flamingo Gala 2016
222	36.74 L	F	Marlé Van Wyk	16	FISH EDD	19/11/2016	EDEN 3rd A-League Gala 2016
223	37.15 L	F	Nicolise Du Toit	16	BLSS MAN	30/11/2016	FS CHAMPS
224	37.36 L	F	Daleen Laurence	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
225	37.54 L	F	Simune Matthee	16	DMA EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septerr
226	37.60 L S	P	Conny Kruger	16	TTNS SDD	27/06/2016	Sasol National Championship 2016
227	37.92 L	P	Shivani Nana	16	ATLA JHB	31/03/2017	SA Level 2 Regional Age Group C
228	37.97 L	F	Inge Wessels	16	UPTS ZMD	11/11/2016	Age group 2 2016 Upington
229	38.70 L	F	Aimeè Arendse	16	MANT CPT	18/11/2016	Western Cape Summer QF2
230	39.61 L	P	Simone Mare	16	KZNA ETH	10/04/2017	SA Schools Swimming Champions
231	41.04 L	F	Nandipha Ndlovu	16	LVH EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
232	41.17 L	F	Annelie Nel	16	RTBHS BPD	03/02/2017	NW Schools Swimming Champion
233	41.70 L	F	Khenan Bronkhorst	16	FIELD NW	03/02/2017	NW Schools Swimming Champion
234	42.85 L	F	Taylor Thompson	16	TLAC BPD	15/10/2016	NWS Age Group 1 1617
235	44.59 L	F	Ané Swart	16	ROB MP	03/02/2017	MP Age Group 4 - 3 & 4 February

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	46.77 L	F	Jenna Jagers	16	MANT CPT	01/12/2016	Western Cape Summer Champion
237	47.58 L	F	Virone Mongwe	16	SOSH TSH	11/03/2017	SA Level 1 Provincial Age Group Ch
238	51.60 L	F	Thodine Joubert	16	FSE UHD	28/01/2017	Ushaka Championship Gala 2017
239	1:08.28 L	F	Jade Hubbard	16	ESS EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
Women 16-16 100 Free							
1	57.65 L	S	Inge Weidemann	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
2	58.69 L	F	Toni Rafferty	16	AQUB NMA	17/03/2017	SA National JNR Age Group Charr
3	58.82 L	F	Marine Nortje	16	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
4	59.01 L	F	Alice Vd Merwe	16	WELL CED	24/02/2017	2017 Grand Prix Invitation Swiimin
5	59.27 L	P	Kiara Noades	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
6	59.62 L	F	Lize-Mari De Beer	16	MDOL JHB	17/03/2017	SA National JNR Age Group Charr
7*	1:00.45 L	P	Abigail Meder	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
7*	1:00.45 L	P	Nora Segurolo	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
9	1:00.55 L	F	Kara Vermaak	16	TUKS TSH	17/03/2017	SA National JNR Age Group Charr
10	1:00.69 L	P	Hannah Kiely	16	CLSC WCD	17/03/2017	SA National JNR Age Group Charr
11	1:00.77 L	P	Sariska Terblanche	16	BCA BUF	03/04/2017	Sa National Aquatic Championship
12	1:01.13 L	F	Ilinde Du Plessis	16	DBSC SDD	05/11/2016	EGA Summer 3
13	1:01.30 L	P	Amber Waddell	16	FS MAN	03/04/2017	Sa National Aquatic Championship
14	1:01.33 L	P	Talea Claassens	16	TUKS TSH	17/03/2017	SA National JNR Age Group Charr
15	1:01.40 L	P	Emma Tarr	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
16	1:01.58 L S	F	Celine Thevenau	16	SGUL ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
17	1:01.68 L S	F	Jordan-Jenna Rolfe	16	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
18	1:01.69 L	F	Payton Horton	16	TWSA NMA	30/09/2016	Aquabear Invitational Meet
19	1:01.80 L	F	Erin Jarvis	16	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
20	1:01.84 L	P	Jessica Smit	16	CSC TSH	17/03/2017	SA National JNR Age Group Charr
21	1:01.93 L	P	Jana Coetzé	16	RBOT BPD	17/03/2017	SA National JNR Age Group Charr
22	1:02.11 L	P	Erin Hartzenberg	16	TYGE CPT	17/03/2017	SA National JNR Age Group Charr
23	1:02.20 L	P	Amy Stanford	16	NTS TSH	03/04/2017	Sa National Aquatic Championship
24	1:02.34 L	P	Carla Antonopoulos	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
25	1:02.36 L	F	Jessica Beukes	16	PEAS NMA	19/08/2016	Nedbank Madibaz Swim Meet
26	1:02.44 L	F	Skye Munro	16	NSA EZD	25/11/2016	Mpumalanga Championships 2016
27	1:02.63 L S	P	Sabrina Favini	16	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
28	1:02.84 L	P	Kayla Holtshausen	16	TWSA NMA	30/09/2016	Aquabear Invitational Meet
29	1:02.91 L	F	Chloe Velde	16	AQUA BUF	10/02/2017	BCA February Age Group Gala 20
30	1:02.95 L	F	Carmen De Clerck	16	DDA TSH	23/03/2017	SA Level 3 Regional Age Group Ci
31	1:03.05 L	F	Sara Russell	16	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
32	1:03.11 L	F	Samantha Van Veyeren	16	TUKS TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
33	1:03.16 L	P	Sophie Rodseth	16	VINE CPT	01/12/2016	Western Cape Summer Champion
34	1:03.17 L S	F	Hannah Jones	16	SEAL UMD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
35	1:03.19 L	P	Amber McConnachie	16	AQUA BUF	17/03/2017	SA National JNR Age Group Charr
36	1:03.23 L	P	Constantina Pietersen	16	ACSA ETH	17/03/2017	SA National JNR Age Group Charr
37	1:03.36 L	P	Lauren Strydom	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
38	1:03.47 L	P	Joey Carolissen	16	MATI CED	01/12/2016	Western Cape Summer Champion
39	1:03.55 L	P	Kelly Hall	16	SGUL ETH	17/03/2017	SA National JNR Age Group Charr
40	1:03.58 L	F	Katherine Burnett	16	NDSA ETH	23/03/2017	SA Level 3 Regional Age Group C
41	1:03.66 L	P	Kiara Barnes	16	TYGE CPT	17/03/2017	SA National JNR Age Group Charr
42*	1:03.68 L	F	Jordyn Minifie	16	UNI EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
42*	1:03.68 L	F	Jenna Whiting	16	SOUL ECU	08/12/2016	EGA Championships 2016
44	1:03.73 L	F	Ashleigh Munks	16	BOKS ECU	08/12/2016	EGA Championships 2016
45	1:03.80 L	F	Tharien vd Walt	16	FAAC FBD	09/12/2016	NCASA Sprints 2016
46	1:03.81 L	P	Kyla Blakemore	16	KZNA ETH	03/04/2017	Sa National Aquatic Championship
47	1:03.95 L	P	Aerin Nortier	16	FLOD JHB	08/12/2016	EGA Championships 2016
48	1:03.99 L	F	Isabelle Boles	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
49	1:04.01 L S	F	Luné Vd Westhuizen	16	FISH EDD	14/01/2017	5th A League Gala 2017
50	1:04.04 L	P	Lauren Hope	16	TUKS TSH	07/12/2016	NTS Championships 2016
51	1:04.08 L	P	Jessica Schrader	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
52	1:04.09 L	P	Sarah Gledhill	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
53	1:04.19 L	P	Georgina Haler	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
54	1:04.43 L	P	Kristen Kleynhans	16	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
55	1:04.47 L	P	Nadine Kemp	16	OCTO MAN	16/02/2017	Inter High 2017
56	1:04.53 L S	P	Kirsten Crous	16	AZON ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
57	1:04.55 L	F	Erika Esterhuizen	16	WSTV ETH	02/09/2016	KZN Beavers Winter LongCourse
58	1:04.71 L	F	Xandri Fourie	16	BLOT MAN	23/03/2017	SA Level 3 Regional Age Group C
59	1:04.72 L	F	Kristen Edwards	16	STAD JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
60	1:04.74 L	P	Hannah Altmann	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
61*	1:04.78 L S	P	Marguerite Van Jaarsveld	16	BLOT MAN	13/12/2016	KZN Speedo Provincial Champion
61*	1:04.78 L	P	Kayla McLoughlin	16	ASA CPT	24/02/2017	2017 Grand Prix Invitation Swiimin
63	1:04.88 L	P	Sune Van Jaarsveld	16	TUKS FSH	17/03/2017	SA National JNR Age Group Cham
64	1:05.06 L	P	Amy Vernes	16	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C
65	1:05.07 L	F	Anlizè Vermeulen	16	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C
66	1:05.13 L	F	Chloe Longwitz	16	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
67	1:05.14 L	P	Robyn Marais	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
68	1:05.18 L	F	Zantia BAINBRIDGE	16	ELEC JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
69*	1:05.31 L S	P	Kelly Fairon	16	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
69*	1:05.31 L	F	Tayla Sinclair	16	STAD JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
71	1:05.49 L	F	Kyla Russell	16	TRIDE ETH	25/11/2016	KZN TYR Westville Sprints 2016
72	1:05.55 L	P	Janine Van Heerden	16	DDA FSH	23/03/2017	SA Level 3 Regional Age Group Ci
73	1:05.63 L	P	Robyn McMillan	16	ASA CPT	01/12/2016	Western Cape Summer Champion
74	1:05.73 L	P	Tanika Smuts	16	BARR CPT	01/12/2016	Western Cape Summer Champion
75	1:05.84 L S	P	Stephanie Tennant	16	ACSA ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
76	1:05.94 L	F	Savannah Sheerin	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group Ci
77	1:06.03 L	F	Tyla Panzera	16	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
78	1:06.11 L	P	Jemma Bodington	FR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Ci
79	1:06.13 L	F	Michelle Kretzschmar	16	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016
80	1:06.14 L	P	Leigh Hudson	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
81	1:06.16 L S	F	Mieke De Villiers	16	INFA NMA	14/01/2017	5th A League Gala 2017
82	1:06.23 L	P	Keren Welgemoed	16	DBSC SDD	23/03/2017	SA Level 3 Regional Age Group C
83	1:06.42 L	F	Lindelize Bester	16	BEST NMA	04/02/2017	Uitenhage Swimming Club Gala 2016
84	1:06.52 L	F	Chane Stiglingh	16	DDA FSH	02/12/2016	2016 The Tshwane Mayoral Gala
85	1:06.58 L	F	Michaela van Schaik	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
86	1:06.60 L	F	Jessica Reimers	16	SEAL UMD	13/12/2016	KZN Speedo Provincial Champion
87	1:06.69 L	P	Laura Turpin	16	TUKS FSH	07/12/2016	NTS Championships 2016
88	1:06.73 L	P	Carli Wagner	16	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
89	1:06.76 L	F	Courtney Pretorius	16	PER JHB	24/09/2016	CGA Level 2 gala No 1
90	1:06.80 L	F	Alexia-Marie Duarte	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
91	1:06.82 L	F	Yanah Gerber	16	INFA NMA	13/08/2016	1st A League 2016
92	1:06.84 L	F	Lene Boshoff	16	BLOT MAN	19/08/2016	Kovsie Aquatics Gala 1
93	1:06.88 L	F	Kelly Seymour	16	USC BUF	01/10/2016	Waterborn Invitational 2016
94	1:06.91 L	F	Marine Smuts	16	BLOT MAN	28/10/2016	Neptune Open Gala
95	1:07.01 L	F	Corlia Botha	16	HILL FSH	03/02/2017	NTS Feb 2017 Age Group Level 3
96	1:07.08 L	F	Michelle Coetzer	16	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group Ci
97	1:07.14 L	F	Hannah Jamieson	16	PAC FSH	02/12/2016	2016 The Tshwane Mayoral Gala
98	1:07.19 L	F	Erin Graham	16	STAD JHB	29/10/2016	CGA Level 3/SANJ Gala No 2
99	1:07.20 L	F	Jade Simons	16	PEAS NMA	24/06/2016	PEA Winter Gala 2016
100	1:07.21 L	P	Nola De Jongh	16	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
101	1:07.24 L	P	Georgy Turner	16	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
102	1:07.29 L	F	Nicole De Beer	16	BENS EKU	08/12/2016	EGA Championships 2016
103	1:07.39 L	F	Eden Cronje	16	STAD JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
104	1:07.48 L	P	Mikayla Holland	16	FLOD JHB	31/03/2017	SA Level 2 Regional Age Group Ci
105	1:07.61 L	F	Jodi Wright	16	WSAA CPT	17/09/2016	Western Cape Summer 2
106	1:07.62 L	F	Hannah Schimper	16	AZON ETH	23/03/2017	SA Level 3 Regional Age Group C
107	1:07.73 L	F	Natasja Fourie	16	CSC FSH	18/11/2016	NTS November 2016 Age Group L
108	1:07.77 L	F	Meghan Armon	16	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
109	1:07.81 L	P	Tarryn Campbell	16	CRSC JHB	16/12/2016	Vita-thion CGA Open LC Champs
110	1:07.85 L	F	Emma Wilson-Moore	16	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
111	1:07.93 L	F	Londi Busse	16	SEAL UMD	25/11/2016	KZN TYR Westville Sprints 2016
112	1:07.96 L	F	Michell Strydom	16	BEST NMA	19/08/2016	Nedbank Madibaz Swim Meet
113	1:08.07 L	F	Lauren Vos	16	CRSC JHB	31/03/2017	SA Level 2 Regional Age Group Ci

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr					
114*	1:08.19 L	F	Zoë Bredenkamp	16	MANT CPT	23/03/2017	SA Level 3 Regional Age Group C	
114*	1:08.19 L S	P	Tanna Baker	16	TUKS FSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP	
116	1:08.20 L	F	Dehanke van Rensburg	16	WSAA CPT	18/02/2017	NWS District Development Champ	
117	1:08.25 L	F	Katia Turchino	16	BLOT MAN	30/11/2016	FS CHAMPS	
118	1:08.33 L	P	Nishaat Davids	16	MANT CPT	01/12/2016	Western Cape Summer Champion	
119	1:08.54 L	P	Nicola Sequeira	16	FLOD JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
120	1:08.55 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017	
121	1:08.56 L	P	Mya Phillips	16	SODO JHB	08/12/2016	EGA Championships 2016	
122	1:08.59 L S	F	Carrey-Lynn Legge	16	WATR JHB	27/06/2016	Sasol National Championship 2016	
123	1:08.67 L	F	Kianne Coltman	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3	
124	1:08.73 L	F	Jenna-Marie Lee	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017	
125	1:08.74 L	P	Sarah Brand	16	ASA ILD	13/12/2016	KZN Speedo Provincial Champion	
126	1:08.98 L	P	Raquel Correia	16	CGA JHB	03/04/2017	Sa National Aquatic Championship	
127	1:09.12 L	P	Reagan Chidrawi	16	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
128	1:09.16 L	F	Sigrid Aadnesgaard	16	STPS UMD	25/11/2016	SA TYR Westville Sprints 2016	
129	1:09.36 L	F	Mia Moolman	16	BULS MAN	30/11/2016	FS CHAMPS	
130	1:09.51 L	F	Hannah Butters	16	CSC FSH	23/09/2016	NTS September 2016 Age Group I	
131	1:09.75 L	F	Elizabeth Van Straten	16	DDA FSH	25/11/2016	NTS November 2016 Age Group C	
132	1:09.84 L	F	Kayler Hulett	16	ASA ILD	24/02/2017	KZN Speedo Level 2 Provincial Cf	
133	1:09.91 L	F	Amy Bellairs	16	TWSA NMA	19/08/2016	Nedbank Madibaz Swim Meet	
134	1:09.94 L	F	Jaime Bossenger	16	PAQU CED	18/02/2017	Western Cape Qualify Gala 3	
135	1:09.98 L	P	Stamatina Piagalas	16	UNIQ JHB	08/12/2016	EGA Championships 2016	
136*	1:10.21 L	P	Hilda Du Toit	16	WOAQ CED	03/02/2017	Western Cape Jack Currie Champ	
136*	1:10.21 L	P	Michaela Cilliers	16	RBOT BPD	31/03/2017	SA Level 2 Regional Age Group Ci	
138	1:10.25 L	F	Lara Featherstone	16	VINE CPT	17/09/2016	Western Cape Summer 2	
139	1:10.28 L	F	Sheree Brandt	16	USC BUF	10/02/2017	BCA February Age Group Gala 20	
140	1:10.33 L	F	Tasneem Kharva	16	MDOL JHB	18/02/2017	EGA Summer 5 Gala	
141	1:10.34 L	F	Jeanne Joubert	16	CSA EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem	
142	1:10.40 L	F	Elsie Botha	16	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe	
143	1:10.48 L	F	Chloe Schroeder	16	VIKI BUF	13/01/2017	BCA January Age Group Gala 201	
144	1:10.51 L	F	Abigael Grobler	16	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C	
145	1:10.54 L	F	Calynn Smith	16	PSC FSH	18/11/2016	NTS November 2016 Age Group L	
146	1:10.73 L	F	Elizabeth Pretorius	16	BLOT MAN	30/11/2016	FS CHAMPS	
147	1:10.76 L	F	Jenna- Laine Fuller	16	AFIN JHB	03/02/2017	NTS Feb 2017 Age Group Level 3	
148	1:10.77 L	F	Sage Cawse	16	AQUB NMA	23/03/2017	SA Level 2 Regional Age Group Ci	
149	1:10.82 L	P	Shannon Linklater	16	PER JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
150	1:10.85 L	F	Jenna Hirsch	16	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day	
151*	1:10.86 L	P	Megan Vorster	16	BLNE MAN	13/12/2016	KZN Speedo Provincial Champion	
151*	1:10.86 L	F	Talitha Vd Walt	16	QUIC CPT	23/03/2017	SA Level 3 Regional Age Group C	
153	1:10.87 L	F	Brooklyn Milne	16	ASA ILD	02/09/2016	KZN Beavers Winter LongCourse	
154	1:11.26 L	P	Savanna Sommerville	16	DDA FSH	31/03/2017	SA Level 2 Regional Age Group Ci	
155	1:11.29 L	P	Jamie Lotter	16	BON JHB	31/03/2017	SA Level 2 Regional Age Group Ci	
156	1:11.31 L	F	Rulandi Viljoen	16	RBOT BPD	15/10/2016	NWS Age Group 1 1617	
157	1:11.33 L	F	Tracy-Lee Young	16	WATR JHB	01/10/2016	Waterborn Invitational 2016	
158	1:11.43 L	F	Lara Weir	16	TUKS FSH	11/03/2017	SA Level 1 Provincl Age Group Ch	
159*	1:11.54 L	F	Caitlin Mc Cann	16	AFIN JHB	24/09/2016	EGA Summer 1	
159*	1:11.54 L	F	Emma Huxtable	16	STPS UMD	03/07/2016	eThekwini Age Group Gala 3	
161	1:11.79 L	P	Kelly McGorian	16	ESTR ECU	08/12/2016	EGA Championships 2016	
162	1:11.87 L	P	Cathrine Oelschig	16	CSC FSH	31/03/2017	SA Level 2 Regional Age Group Ci	
163	1:11.88 L	F	Lauren Goodwin	16	QUIC CPT	17/09/2016	Western Cape Summer 2	
164	1:12.06 L	F	Eden Peterkin	16	CRSC JHB	29/10/2016	CGA Level 3/SANJ Gala No 2	
165	1:12.17 L	P	Mikayla Frara	16	TUKS FSH	31/03/2017	SA Level 2 Regional Age Group Ci	
166	1:12.30 L	P	Storm Ryder	16	ESP ECU	08/12/2016	EGA Championships 2016	
167	1:12.56 L	F	Deané Toerien	16	LP LP	07/10/2016	NTS Invitational Gala 2016	
168	1:12.67 L	F	Samantha Mc Nicol	16	PER JHB	05/11/2016	CGA Level 2 Gala No 3	
169	1:12.75 L	F	Emlynn Spogter	16	PIRAN BUF	27/01/2017	BCA 2nd January Age Group Gala	
170	1:13.01 L	F	Mia Benade	16	UPTS ZMD	14/10/2016	Age Group 1 2016 Upington	
171	1:13.27 L	P	Emugene Botha	16	PSC FSH	31/03/2017	SA Level 2 Regional Age Group Ci	
172	1:13.29 L	F	Katherine Van der Merwe	16	SHS FDD	16/02/2017	Inter High 2017	

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
173	1:13.45 L	P	Avisha Sewpersad	16	OTTO ETH	23/03/2017	SA Level 2 Regional Age Group Ci
174	1:13.62 L	F	Angeleah Moss	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
175	1:13.63 L	F	Lindie Meyer	16	PGIM KKD	03/02/2017	NW Schools Swimming Champion
176	1:13.92 L S	F	Shanay Gouws	16	SASOL FDD	27/06/2016	Sasol National Championship 2016
177	1:13.98 L	F	Fatima Mohamed	16	ATLA JHB	24/09/2016	CGA Level 2 gala No 1
178	1:14.46 L	F	Sarena Wolff	16	PEPPS CC	27/01/2017	Limpopo School Championships
179*	1:14.59 L	F	Shanel Dashwood	16	STPS UMD	02/09/2016	KZN Beavers Winter LongCourse
179*	1:14.59 L	F	Tal Arnon	16	UPTS ZMD	21/01/2017	4 + 1 Gala Trials Upington
181	1:14.81 L	F	Nicolette Galbraith	16	DORE JHB	05/11/2016	CGA Level 2 Gala No 3
182	1:14.88 L	F	Jade Borrett	16	FISH EDD	28/01/2017	Eden 5th A League Gala
183	1:14.93 L	F	Anna-Mart Botes	16	CLSC WCD	18/02/2017	Western Cape Qualify Gala 3
184	1:14.98 L	F	Lené du Plessis	16	VALS FDD	14/01/2017	Fezile Dabi Age Group Gala
185	1:15.01 L	P	Kaylee Tolmay	16	BLAE JHB	16/12/2016	Vita-thion CGA Open LC Champs
186	1:15.02 L	F	Sonique Spangenberg	16	ORA	09/12/2016	NCASA Sprints 2016
187	1:15.16 L	P	Sumarie Roodt	16	FSE UHD	23/03/2017	SA Level 2 Regional Age Group Ci
188	1:15.73 L	F	Anika Smit	16	PRKA PSD	14/10/2016	MP AGE GROUP 2 - 2016
189	1:15.93 L	F	Shannon Martins	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
190	1:16.16 L	F	Shria Reddy	16	BAYV ETH	25/11/2016	KZN TYR Westville Sprints 2016
191	1:16.34 L	F	Holly Naude	16	ALBA NMA	15/10/2016	3rd A League Gala 2016
192	1:16.39 L	F	Alida Jacobs	16	BULS MAN	04/02/2017	SUPER SPORT LEAGUE GALA 2
193	1:16.52 L S	P	Bernedette Van Vuuren	16	SEAL UMD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
194	1:16.54 L	F	Barbara-Anne De Bruin	16	GHSK FBD	09/12/2016	NCASA Sprints 2016
195	1:16.58 L	F	Teagan Forbes	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
196	1:16.83 L	F	Nicola Kruger	16	POTC KKD	08/12/2016	NWS Championships 2016/2017
197	1:17.40 L	F	Chanéle Maritz	16	TKS SKD	27/01/2017	Limpopo School Championships
198	1:17.42 L	F	Sunè Conradie	16	WOAQ CED	18/02/2017	Western Cape Qualify Gala 3
199	1:17.46 L	F	Jessica Leicester	16	CSA EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
200	1:17.61 L	F	Daniela Venturi	16	VICT EKU	24/09/2016	EGA Summer 1
201	1:18.04 L	F	Sarah Tough	16	CADO CPT	17/09/2016	Western Cape Summer 2
202	1:18.39 L	F	Caitlin Davies	16	MDOL JHB	05/02/2017	CGA Level 2 last chance gala Day
203	1:19.22 L	F	Chantenique Barnard	16	KALA JTD	22/10/2016	Flamingo Gala 2016
204	1:20.21 L	F	Samara Mendes	16	UNI-N EZD	14/10/2016	MP AGE GROUP 2 - 2016
205	1:20.37 L	F	Talulah Manyanga-Tshika	16	PEC EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
206	1:20.84 L	F	Alice Voigt	16	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016
207	1:20.98 L	F	Chantelle Walker	16	PSC TSH	18/11/2016	NTS November 2016 Age Group L
208	1:21.41 L	F	Ilse Coetzee	16	BLSS MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
209	1:21.59 L	F	Marion Colan	16	BEAV ETH	02/09/2016	KZN Beavers Winter LongCourse
210	1:21.95 L	F	Tasmiyyah Moola	16	SRAY BUF	10/02/2017	BCA February Age Group Gala 20
211	1:22.56 L	F	Daleen Laurence	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
212	1:23.50 L	F	Lexine Price	16	TLAC BPD	08/12/2016	NWS Championships 2016/2017
213	1:23.57 L	F	Taylor Smith	16	SWIFT EKU	24/09/2016	EGA Summer 1
214	1:24.25 L	F	Marlé Van Wyk	16	FISH EDD	19/11/2016	EDEN 3rd A-League Gala 2016
215	1:24.49 L	F	Carla Broodryk	16	WDG EZD	25/11/2016	Mpumalanga Championships 2016
216	1:25.09 L	F	Dominique Graaf	16	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
217	1:26.93 L	F	Simone Mare	16	KZNA ETH	10/04/2017	SA Schools Swimming Champions
218	1:27.95 L	F	Nicolise Du Toit	16	BLSS MAN	04/02/2017	SUPER SPORT LEAGUE GALA 2
219	1:28.73 L	F	Simune Matthee	16	DMA EZD	03/02/2017	MP Age Group 4 - 3 & 4 February
220	1:30.32 L	F	Conny Kruger	16	TTNS SDD	05/11/2016	EGA Summer 3
221	1:32.74 L	F	Aimeë Arendse	16	MANT CPT	18/11/2016	Western Cape Summer QF2
222	1:34.46 L	F	Shivani Nana	16	ATLA JHB	05/02/2017	CGA Level 2 last chance gala Day
223	1:41.23 L	F	Khenan Bronkhorst	16	FIELD NW	03/02/2017	NW Schools Swimming Champion
224	1:41.46 L	F	Nandipha Ndlovu	16	LVH EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
225	1:45.22 L	F	Bronwynne Lekay	16	FISH EDD	04/11/2016	Freda Barnard Gala 35
226	1:45.51 L	F	Ané Swart	16	ROB MP	03/02/2017	MP Age Group 4 - 3 & 4 February
227	2:02.51 L	F	Jenna Jagers	16	MANT CPT	17/09/2016	Western Cape Summer 2
228	2:09.84 L	F	Virone Mongwe	16	SOSH TSH	18/11/2016	NTS November 2016 Age Group L
Women 16-16 200 Free							
1	2:05.89 L	S	Jenna Pearse	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
2	2:06.29 L	F	Kiara Noades	16	MATI CED	17/03/2017	SA National JNR Age Group Cham

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	2:06.97	L	F	Lize-Mari De Beer	16	MDOL	JHB 17/03/2017 SA National JNR Age Group Charr
4	2:07.35	L	P	Abigail Meder	16	TYGE	CPT 17/03/2017 SA National JNR Age Group Charr
5	2:07.37	L	F	Inge Weidemann	16	MATI	GED 01/12/2016 Western Cape Summer Champion
6	2:08.11	L	F	Alice Vd Merwe	16	WELL	GED 17/03/2017 SA National JNR Age Group Charr
7	2:09.48	L	P	Emma Wallis	16	CGA	JHB 03/04/2017 Sa National Aquatic Championship
8	2:09.65	L	P	Jordan-Jenna Rolfe	16	WATR	JHB 17/03/2017 SA National JNR Age Group Charr
9	2:10.21	L	P	Marine Nortje	16	SGUL	ETH 17/03/2017 SA National JNR Age Group Charr
10	2:11.15	L	F	Emma Tarr	16	WATR	JHB 17/03/2017 SA National JNR Age Group Charr
11	2:11.56	L	P	Sariska Terblanche	16	HARL	BUF 17/03/2017 SA National JNR Age Group Charr
12	2:12.23	L	P	Jessica Beukes	16	RSA	14/12/2016 African Union Sports-Region 5 Un
13	2:12.36	L	P	Nora Segurolo	16	WATR	JHB 17/03/2017 SA National JNR Age Group Charr
14	2:12.38	L	P	Ilinde Du Plessis	16	NTS	FSH 03/04/2017 Sa National Aquatic Championship
15	2:12.52	L	P	Kara Vermaak	16	TUKS	FSH 17/03/2017 SA National JNR Age Group Charr
16	2:12.56	L	F	Carla Antonopoulos	16	TYGE	CPT 01/12/2016 Western Cape Summer Champion
17	2:13.12	L	F	Payton Horton	16	TWSA	NMA 30/09/2016 Aquabear Invitational Meet
18	2:13.18	L	F	Jordyn Minifie	16	UNI-N	EZD 25/11/2016 Mpumalanga Championships 2016
19	2:13.26	L	P	Kiara Barnes	16	TYGE	CPT 01/12/2016 Western Cape Summer Champion
20	2:14.56	L	F	Toni Rafferty	16	AQUB	NMA 19/08/2016 Nedbank Madibaz Swim Meet
21	2:14.82	L	P	Amber Waddell	16	BLSS	MAN 17/03/2017 SA National JNR Age Group Charr
22	2:15.12	L	F	Carmen De Clerck	16	DDA	FSH 23/03/2017 SA Level 3 Regional Age Group Ci
23	2:15.50	L	P	Constantina Pietersen	16	ACSA	ETH 17/03/2017 SA National JNR Age Group Charr
24	2:16.02	L	P	Talea Claassens	16	TUKS	FSH 17/03/2017 SA National JNR Age Group Charr
25	2:16.15	L	P	Tatum Peyerl	16	MDOL	JHB 17/03/2017 SA National JNR Age Group Charr
26	2:16.22	L	F	Isabelle Boles	16	WATR	JHB 16/12/2016 Vita-thion CGA Open LC Champs
27	2:16.24	L	P	Sophie Rodseth	16	VINE	CPT 01/12/2016 Western Cape Summer Champion
28	2:16.28	L	F	Sabrina Favini	16	WATR	JHB 16/12/2016 Vita-thion CGA Open LC Champs
29*	2:16.29	L	P	Amber McConnachie	16	AQUA	BUF 17/03/2017 SA National JNR Age Group Charr
29*	2:16.29	L	P	Lauren Strydom	16	WATR	JHB 17/03/2017 SA National JNR Age Group Charr
31	2:16.54	L	P	Stephanie Tennant	16	ACSA	ETH 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
32	2:17.13	L	F	Amy Stanford	16	PAC	FSH 23/09/2016 NTS September 2016 Age Group I
33	2:18.17	L	F	Georgina Haler	16	WATR	JHB 16/12/2016 Vita-thion CGA Open LC Champs
34	2:18.26	L	F	Chloe Velde	16	AQUA	BUF 24/06/2016 PEA Winter Gala 2016
35	2:18.34	L	P	Kyla Blakemore	16	KZNA	ETH 03/04/2017 Sa National Aquatic Championship
36	2:18.84	L	P	Hannah Jones	16	SEAL	UMD 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
37	2:18.87	L	P	Erin Graham	16	STAD	JHB 17/03/2017 SA National JNR Age Group Charr
38	2:18.99	L	P	Mieke De Villiers	16	INFA	NMA 17/03/2017 SA National JNR Age Group Charr
39	2:19.42	L	F	Kayla Holtshausen	16	TWSA	NMA 30/09/2016 Aquabear Invitational Meet
40	2:20.00	L	P	Joey Carolissen	16	MATI	GED 01/12/2016 Western Cape Summer Champion
41	2:20.15	L	F	Ashleigh Munks	16	BOKS	EKU 23/03/2017 SA Level 3 Regional Age Group Ci
42	2:20.44	L	P	Kayla McLoughlin	16	ASA	CPT 17/03/2017 SA National JNR Age Group Charr
43	2:20.67	L	F	Nadine Kemp	16	OCTO	MAN 16/02/2017 Inter High 2017
44	2:20.76	L	P	Erin Hartzenberg	16	TYGE	CPT 01/12/2016 Western Cape Summer Champion
45	2:20.82	L	F	Sara Russell	16	USC	BUF 23/03/2017 SA Level 3 Regional Age Group C
46	2:21.00	L	F	Robyn Marais	16	TYGE	CPT 23/03/2017 SA Level 3 Regional Age Group C
47	2:21.37	L	F	Tharien vd Walt	16	NCASA	28/01/2017 4 + 1 Inter District Gala 2017
48	2:21.43	L	P	Jessica Schrader	16	CGA	JHB 03/04/2017 Sa National Aquatic Championship
49	2:21.64	L	F	Katherine Burnett	16	NDSA	ETH 23/03/2017 SA Level 3 Regional Age Group C
50	2:21.91	L	P	Tanna Baker	16	TUKS	FSH 17/03/2017 SA National JNR Age Group Charr
51	2:21.97	L	F	Samantha Van Veyeren	16	TUKS	FSH 03/02/2017 NTS Feb 2017 Age Group Level 3
52	2:22.05	L	F	Jenna Whiting	16	NWS	07/10/2016 NTS Invitational Gala 2016
53	2:22.96	L	F	Kyla Russell	16	TRIDE	ETH 02/09/2016 KZN Beavers Winter LongCourse
54	2:23.05	L	F	Sianne Downes	16	MDOL	JHB 28/01/2017 CGA Level 3-SANJ Last Chance g
55	2:23.07	L	P	Kristen Kleynhans	16	TUKS	FSH 23/03/2017 SA Level 3 Regional Age Group Ci
56	2:23.28	L	P	Zantia BAINBRIDGE	16	ELEC	JHB 16/12/2016 Vita-thion CGA Open LC Champs
57	2:23.33	L	F	Jessica Reimers	16	SEAL	UMD 27/06/2016 Sasol National Championship 201
58	2:23.39	L	P	Robyn McMillan	16	ASA	CPT 01/12/2016 Western Cape Summer Champion
59	2:23.60	L	P	Sarah Gledhill	16	CRSC	JHB 23/03/2017 SA Level 3 Regional Age Group Ci
60	2:24.06	L	F	Kristen Edwards	16	GDE	17/02/2017 Gauteng Schools Swimming Trials
61	2:24.60	L	P	Marguerite Van Jaarsveld	16	BLOT	MAN 13/12/2016 KZN Speedo Provincial Champion

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
62	2:24.69 L	P Nola De Jongh	16 ASA CPT 01/12/2016 Western Cape Summer Champion
63	2:24.89 L	F Lindelize Bester	16 BEST NMA 04/02/2017 Uitenhage Swimming Club Gala 2016
64	2:25.03 L	P Keren Welgemoed	16 DBSC SDD 23/03/2017 SA Level 3 Regional Age Group C
65	2:25.26 L	P Amy Vernes	16 SGUL ETH 23/03/2017 SA Level 3 Regional Age Group C
66	2:25.46 L	P Hannah Altmann	16 VINE CPT 01/12/2016 Western Cape Summer Champion
67	2:25.72 L	P Tarryn Campbell	16 CRSC JHB 16/12/2016 Vita-thion CGA Open LC Champs
68	2:25.98 L	F Jana Coetzé	16 RBOT BPD 08/12/2016 NWS Championships 2016/2017
69	2:26.36 L	F Corlia Botha	16 HILL TSH 21/10/2016 NTS October 2016 Age Group Gala
70	2:26.48 L	P Carli Wagner	16 ELEC JHB 23/03/2017 SA Level 3 Regional Age Group C
71	2:26.65 L S	P Sarah Brand	16 ASA ILD 13/12/2016 KZN Speedo Provincial Champion
72	2:26.66 L	F Montana Swart	16 ACSA ETH 04/11/2016 KZN Action Swimming Champs 2016
73	2:26.89 L	F Skye Munro	16 NSA EZD 25/11/2016 Mpumalanga Championships 2016
74	2:26.90 L	F Erika Esterhuizen	16 WSTV ETH 02/09/2016 KZN Beavers Winter LongCourse
75	2:26.92 L	F Chloe Longwitz	16 WATR JHB 03/12/2016 CGA Level 3/SANJ Gala No 3
76	2:27.22 L	P Anlizè Vermeulen	16 FISH EDD 23/03/2017 SA Level 3 Regional Age Group C
77	2:27.37 L	F Carrey-Lynn Legge	16 WATR JHB 15/10/2016 CGA Level 2 gala No 2
78	2:27.38 L	P Janine Van Heerden	16 DDA TSH 07/12/2016 NTS Championships 2016
79	2:27.56 L	F Jenna-Marie Lee	16 NWUC KKD 08/12/2016 NWS Championships 2016/2017
80	2:27.76 L	F Tanika Smuts	16 BARR CPT 04/11/2016 Freda Barnard Gala 35
81	2:27.98 L	F Chane Stiglingh	16 DDA TSH 02/12/2016 2016 The Tshwane Mayoral Gala
82	2:28.01 L	F Michell Strydom	16 NICOH 09/12/2016 EC Aquatics Schools Trials Gala
83	2:28.10 L	F Marine Smuts	16 BLOT MAN 01/10/2016 Seals Gala
84	2:28.12 L	P Jade Grobbelaar	16 PEAS NMA 23/03/2017 SA Level 3 Regional Age Group C
85	2:28.16 L	F Nishaat Davids	16 MANT CPT 18/02/2017 Western Cape Qualify Gala 3
86	2:28.21 L	P Tyla Panzera	16 WATR JHB 16/12/2016 Vita-thion CGA Open LC Champs
87	2:28.25 L	P Mya Phillips	16 SODO JHB 08/12/2016 EGA Championships 2016
88	2:28.36 L	F Courtney Pretorius	16 PER JHB 23/03/2017 SA Level 3 Regional Age Group C
89	2:28.74 L	P Aerin Nortier	16 FLOD JHB 08/12/2016 EGA Championships 2016
90	2:28.94 L	F Kelly Hall	16 SGUL ETH 18/02/2017 Ethekwini Age Group Gala 10
91	2:29.07 L	F Londi Busse	16 SEAL UMD 25/11/2016 KZN TYR Westville Sprints 2016
92	2:29.27 L	F Xandri Fourie	16 BLOT MAN 30/11/2016 FS CHAMPS
93	2:29.50 L	F Katia Turchino	16 SHS FDD 16/02/2017 Inter High 2017
94	2:29.78 L	P Laura Turpin	16 TUKS TSH 07/12/2016 NTS Championships 2016
95	2:30.22 L	F Elizabeth Van Straten	16 DDA TSH 03/02/2017 NTS Feb 2017 Age Group Level 3
96	2:30.44 L	F Jade Simons	16 PEAS NMA 30/09/2016 Aquabear Invitational Meet
97	2:30.51 L	F Alexia-Marie Duarte	16 NWUC KKD 08/12/2016 NWS Championships 2016/2017
98	2:30.58 L	P Raquel Correia	16 CRSC JHB 17/03/2017 SA National JNR Age Group Champs
99*	2:30.95 L	F Megan Vorster	16 BLNE MAN 28/10/2016 Neptune Open Gala
99*	2:30.95 L	F Tracy-Lee Young	16 WATR JHB 01/10/2016 Waterborn Invitational 2016
101	2:31.11 L	F Meghan Armon	16 SEAL UMD 24/02/2017 KZN Speedo Level 2 Provincial Champs
102	2:31.23 L	F Jemma Bodington	FR PSA ZLD 23/03/2017 SA Level 2 Regional Age Group C
103	2:31.30 L	F Nicole De Beer	16 BENS EKU 31/03/2017 SA Level 2 Regional Age Group C
104	2:31.40 L	F Michelle Coetzer	16 BLNE MAN 30/11/2016 FS CHAMPS
105	2:31.64 L	F Lene Boshoff	16 BLOT MAN 07/10/2016 Otters Prestige Gala
106	2:31.67 L	F Michaela van Schaik	16 PWAC BPD 08/12/2016 NWS Championships 2016/2017
107	2:31.73 L	F Natasja Fourie	16 CSC TSH 18/11/2016 NTS November 2016 Age Group L
108	2:32.12 L	F Chloe Schroeder	16 VIKI BUF 02/12/2016 BCA Championships 2016
109	2:32.64 L	F Kianne Coltman	16 WATR JHB 28/01/2017 CGA Level 3-SANJ Last Chance g
110	2:32.99 L	F Reagan Chidrawi	16 ELEC JHB 31/03/2017 SA Level 2 Regional Age Group C
111	2:33.03 L	F Cornelia Reyneke	16 UPTS ZMD 05/01/2017 NCASA Champs 2017
112	2:33.25 L	F Hannah Schimper	16 AZON ETH 06/08/2016 eThekweni Age Group Gala 4
113	2:33.65 L	F Martha Johanna Visser	16 SHS FDD 16/02/2017 Inter High 2017
114	2:33.71 L	F Zoë Bredenkamp	16 MANT CPT 23/03/2017 SA Level 2 Regional Age Group C
115	2:34.69 L	F Hannah Butters	16 CSC TSH 21/10/2016 NTS October 2016 Age Group Gala
116	2:35.06 L	F Emma Wilson-Moore	16 USC BUF 27/01/2017 BCA 2nd January Age Group Gala
117	2:35.35 L	F Sheree Brandt	16 USC BUF 27/01/2017 BCA 2nd January Age Group Gala
118	2:35.55 L	F Jenna Hirsch	16 WATR JHB 15/10/2016 CGA Level 2 gala No 2
119	2:35.58 L	F Talitha Vd Walt	16 QUIC CPT 23/03/2017 SA Level 3 Regional Age Group C
120	2:35.64 L	F Hannah Varyawa	16 LAD UTD 25/11/2016 KZN TYR Westville Sprints 2016

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
121	2:35.74 L	P Mikayla Holland	16 FLOD JHB 31/03/2017 SA Level 2 Regional Age Group Ci
122	2:36.07 L	P Stamatina Piagalis	16 UNIQ JHB 08/12/2016 EGA Championships 2016
123	2:36.54 L	F Jenna- Laine Fuller	16 AFIN JHB 15/10/2016 CGA Level 2 gala No 2
124	2:36.66 L	F Lara Featherstone	16 VINE CPT 20/08/2016 Western Cape Summer 1
125	2:36.90 L	P Eden Peterkin	16 CRSC JHB 23/03/2017 SA Level 3 Regional Age Group Ci
126	2:37.12 L	P Shanay Gouws	16 SASOL FDD 27/06/2016 Sasol National Championship 2016
127	2:37.13 L	F Jodi Wright	16 WSAA CPT 20/08/2016 Western Cape Summer 1
128	2:37.20 L	F Jaime Bossenger	16 PAQU CED 18/11/2016 Western Cape Summer QF2
129	2:37.35 L	F Georgy Turner	16 MDOL JHB 28/01/2017 CGA Level 3-SANJ Last Chance g
130	2:37.43 L	F Calynn Smith	16 PSC TSH 16/09/2016 NTS September 2016 Age Group C
131	2:37.68 L	F Rulandi Viljoen	16 RBOT BPD 08/12/2016 NWS Championships 2016/2017
132	2:37.84 L	F Elsie Botha	16 SS LP 25/11/2016 Limpopo Champs 25-27 Novembe
133	2:38.24 L	F Caitlin Mc Cann	16 AFIN JHB 15/10/2016 CGA Level 2 gala No 2
134	2:38.62 L	P Lauren Vos	16 CRSC JHB 31/03/2017 SA Level 2 Regional Age Group Ci
135	2:38.90 L	F Brooklyn Milne	16 ASA ILD 22/10/2016 eThekwini Age Group Gala 7
136	2:39.11 L	P Tasneem Kharva	16 MDOL JHB 31/03/2017 SA Level 2 Regional Age Group Ci
137	2:39.14 L	F Jeanne Joubert	16 CSA EZD 14/10/2016 MP AGE GROUP 2 - 2016
138	2:39.17 L	P Kayler Hulett	16 ASA ILD 23/03/2017 SA Level 2 Regional Age Group Ci
139	2:39.54 L	F Tamryn Ann Palani	16 PISC ETH 24/02/2017 KZN Speedo Level 2 Provincial Cf
140	2:40.38 L	P Cathrine Oelschig	16 CSC TSH 31/03/2017 SA Level 2 Regional Age Group Ci
141	2:40.60 L	F Storm Ryder	16 ESP EKU 24/09/2016 EGA Summer 1
142	2:40.79 L	F Amy Bellairs	16 TWSA NMA 13/08/2016 1st A League 2016
143	2:41.53 L	P Shannon Linklater	16 PER JHB 31/03/2017 SA Level 2 Regional Age Group Ci
144	2:41.77 L	F Tal Arnon	16 UPTS ZMD 05/01/2017 NCASA Champs 2017
145	2:42.04 L	F Emugene Botha	16 PSC TSH 02/12/2016 2016 The Tshwane Mayoral Gala
146	2:42.07 L	P Avie Lotter	16 BON JHB 31/03/2017 SA Level 2 Regional Age Group Ci
147	2:42.72 L	F Avisha Sewpersad	16 OTTO ETH 06/08/2016 eThekwini Age Group Gala 4
148	2:43.91 L	F Samantha Mc Nicol	16 PER JHB 15/10/2016 CGA Level 2 gala No 2
149	2:45.41 L	F Angeleah Moss	16 NWUC KKD 29/10/2016 NWS Age Group 2 1617
150*	2:45.43 L	P Kelly McGorian	16 ESTR EKU 08/12/2016 EGA Championships 2016
150*	2:45.43 L	F Jenna Stevenson	16 QUIC CPT 20/08/2016 Western Cape Summer 1
152	2:45.46 L	P Nicolette Galbraith	16 DORE JHB 08/12/2016 EGA Championships 2016
153	2:45.65 L	F Mia Benade	16 UPTS ZMD 11/11/2016 Age group 2 2016 Upington
154	2:45.81 L	F Sigrid Aadnesgaard	16 STPS UMD 02/09/2016 KZN Beavers Winter LongCourse
155*	2:45.95 L	F Anna-Mart Botes	16 CLSC WCD 18/02/2017 Western Cape Qualify Gala 3
155*	2:45.95 L	F Lindie Meyer	16 NWUC KKD 08/12/2016 NWS Championships 2016/2017
157	2:46.62 L	F Kristen McIntyre	16 USC BUF 02/12/2016 BCA Championships 2016
158	2:48.43 L	F Lauren Goodwin	16 QUIC CPT 20/08/2016 Western Cape Summer 1
159	2:48.44 L	P Bernedette Van Vuuren	16 SEAL UMD 27/06/2016 Sasol National Championship 2016
160	2:48.79 L	F Michaela Cilliers	16 RBOT BPD 08/12/2016 NWS Championships 2016/2017
161	2:49.74 L	F Chantenique Barnard	16 KALA JTD 21/01/2017 4 + 1 Gala Trials Kathu
162	2:49.92 L	F Lené du Plessis	16 VALS FDD 14/01/2017 Fezile Dabi Age Group Gala
163	2:50.13 L	F Teagan Forbes	16 PWAC BPD 08/12/2016 NWS Championships 2016/2017
164	2:50.84 L	F Sonique Spangenberg	16 ORA 09/12/2016 NCASA Sprints 2016
165	2:52.65 L	F Caitlin Davies	16 MDOL JHB 18/02/2017 CGA Level 2 last chance gala day
166	2:53.52 L	F Arleen Moorcroft	16 BLMA CPT 18/02/2017 Western Cape Qualify Gala 3
167	2:54.65 L	F Shria Reddy	16 BAYV ETH 06/08/2016 eThekwini Age Group Gala 4
168	2:56.12 L	F Nicola Kruger	16 POTC KKD 08/12/2016 NWS Championships 2016/2017
169	2:57.25 L	F Anika Smit	16 PRKA PSD 05/01/2017 NCASA Champs 2017
170	3:01.00 L	F Lara Weir	16 TUKS TSH 18/11/2016 NTS November 2016 Age Group L
171	3:01.28 L	F Chantelle Walker	16 PSC TSH 02/12/2016 2016 The Tshwane Mayoral Gala
172	3:03.93 L	F Leigh-Ann Avis	16 SHS FDD 16/02/2017 Inter High 2017
173	3:04.88 L	F Daleen Laurence	16 QUIC CPT 01/12/2016 Western Cape Summer Champion
174	3:05.76 L	F Talulah Manyanga-Tshika	16 PEC EZD 11/03/2017 2017 SSA LEVEL 1 SWIMMING M
175	3:08.27 L	F Tasmiyyah Moola	16 SRAY BUF 10/02/2017 BCA February Age Group Gala 20
176	3:08.72 L	F Dominique Graaf	16 STDOM FDD 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
177	3:14.46 L	F Taylor Smith	16 SWIFT EKU 24/09/2016 EGA Summer 1
178	3:23.35 L	F Inge Wessels	16 UPTS ZMD 11/11/2016 Age group 2 2016 Upington

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16-16 400 Free							
1	4:24.99	L	P	Jordan-Jenna Rolfe	16	CGA JHB	03/04/2017 Sa National Aquatic Championship
2	4:25.26	L	P	Abigail Meder	16	WCA CPT	03/04/2017 Sa National Aquatic Championship
3	4:25.64	L	F	Kiara Noades	16	RSA	28/03/2017 African Junior Swimming Championship
4	4:28.45	L	P	Jenna Pearse	16	CGA JHB	03/04/2017 Sa National Aquatic Championship
5	4:28.47	L	F	Lize-Mari De Beer	16	MDOL JHB	17/03/2017 SA National JNR Age Group Championship
6	4:32.95	L	P	Jordyn Minifie	16	MP EZD	03/04/2017 Sa National Aquatic Championship
7	4:33.44	L	F	Kiara Barnes	16	TYGE CPT	17/03/2017 SA National JNR Age Group Championship
8	4:33.93	L	F	Emma Wallis	16	WATR JHB	17/03/2017 SA National JNR Age Group Championship
9	4:35.15	L	F	Carla Antonopoulos	16	TYGE CPT	17/03/2017 SA National JNR Age Group Championship
10	4:35.96	L	F	Nora Segurolo	16	WATR JHB	17/03/2017 SA National JNR Age Group Championship
11	4:36.44	L	F	Jessica Beukes	16	PEAS NMA	19/08/2016 Nedbank Madibaz Swim Meet
12	4:37.66	L	F	Ilinde Du Plessis	16	TUKS FSH	17/03/2017 SA National JNR Age Group Championship
13	4:38.12	L	F	Sariska Terblanche	16	HARL BUF	17/03/2017 SA National JNR Age Group Championship
14	4:38.59	L	F	Inge Weidemann	16	MATI CED	01/12/2016 Western Cape Summer Championship
15	4:42.61	L	F	Marine Nortje	16	SGUL ETH	17/03/2017 SA National JNR Age Group Championship
16	4:42.83	L	F	Payton Horton	16	TWSA NMA	02/12/2016 NMBA Championships 2016
17	4:44.66	L	F	Carmen De Clerck	16	DDA FSH	23/03/2017 SA Level 3 Regional Age Group Championship
18	4:44.75	L	F	Chloe Velde	16	AQUA BUF	10/02/2017 BCA February Age Group Gala 2016
19	4:45.15	L	F	Kara Vermaak	16	NWS	07/10/2016 NTS Invitational Gala 2016
20	4:45.71	L	F	Stephanie Tennant	16	ACSA ETH	11/06/2016 EThekweni Age Group Gala 2
21	4:46.83	L	F	Hannah Jones	16	SEAL UMD	13/12/2016 KZN Speedo Provincial Championship
22	4:46.98	L	F	Georgina Haler	16	WATR JHB	17/03/2017 SA National JNR Age Group Championship
23	4:47.08	L	F	Jesica Smit	16	CSC FSH	17/03/2017 SA National JNR Age Group Championship
24	4:48.70	L	F	Mieke De Villiers	16	INFA NMA	17/03/2017 SA National JNR Age Group Championship
25	4:50.22	L	F	Sabrina Favini	16	WATR JHB	01/10/2016 Waterborn Invitational 2016
26	4:50.99	L	F	Kyla Russell	16	TRIDE ETH	02/09/2016 KZN Beavers Winter LongCourse
27	4:51.03	L	F	Amber McConnachie	16	AQUA BUF	17/03/2017 SA National JNR Age Group Championship
28	4:51.42	L	F	Isabelle Boles	16	WATR JHB	01/10/2016 Waterborn Invitational 2016
29	4:51.73	L	F	Sophie Rodseth	16	VINE CPT	01/12/2016 Western Cape Summer Championship
30	4:53.11	L	P	Amber Waddell	16	FS MAN	03/04/2017 Sa National Aquatic Championship
31	4:54.89	L	F	Hannah Kiely	16	FISH EDD	26/11/2016 Eden LC Champs 2016
32	4:57.05	L	F	Ashleigh Munks	16	BOKS EKU	23/03/2017 SA Level 3 Regional Age Group Championship
33	4:57.50	L	F	Joey Carolissen	16	RSA	16/02/2017 2017 Cana Zone IV Swimming Championship
34	4:58.43	L	F	Robyn Marais	16	TYGE CPT	23/03/2017 SA Level 3 Regional Age Group Championship
35	4:59.51	L	P	Talea Claassens	16	TUKS FSH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
36	5:00.14	L	F	Kayla Holtshausen	16	TWSA NMA	13/08/2016 1st A League 2016
37	5:00.29	L	F	Nadine Kemp	16	OCTO MAN	16/02/2017 Inter High 2017
38	5:00.64	L	F	Kayla McLoughlin	16	ASA CPT	01/12/2016 Western Cape Summer Championship
39	5:02.63	L	F	Lauren Strydom	16	WATR JHB	03/12/2016 CGA Level 3/SANJ Gala No 3
40	5:02.73	L	F	Tyla Panzera	16	WATR JHB	01/10/2016 Waterborn Invitational 2016
41	5:03.55	L	F	Keren Welgemoed	16	DBSC SDD	18/02/2017 EGA Summer 5 Gala
42	5:03.57	L	F	Tanna Baker	16	TUKS FSH	07/12/2016 NTS Championships 2016
43	5:03.86	L	P	Jessica Reimers	16	SEAL UMD	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
44	5:07.43	L	P	Marine Smuts	16	BLOT MAN	13/12/2016 KZN Speedo Provincial Championship
45	5:08.06	L	F	Robyn McMillan	16	ASA CPT	23/03/2017 SA Level 3 Regional Age Group Championship
46	5:08.14	L	F	Nola De Jongh	16	ASA CPT	23/03/2017 SA Level 3 Regional Age Group Championship
47	5:08.72	L	F	Sarah Gledhill	16	CRSC JHB	23/03/2017 SA Level 3 Regional Age Group Championship
48	5:11.29	L	F	Michell Strydom	16	NICOH	09/12/2016 EC Aquatics Schools Trials Gala
49	5:11.60	L	F	Jessica Schrader	16	SASE JHB	16/12/2016 Vita-thion CGA Open LC Champs
50	5:12.29	L	F	Dehanke van Rensburg	16	HREF BPD	15/10/2016 NWS Age Group 1 1617
51	5:13.51	L	F	Kelly Hall	16	ACSA ETH	03/07/2016 eThekweni Age Group Gala 3
52	5:14.07	L	F	Corlia Botha	16	HILL FSH	07/12/2016 NTS Championships 2016
53	5:15.34	L	F	Jana Coetzé	16	RTBHS BPD	03/02/2017 NW Schools Swimming Championship
54	5:15.74	L	F	Chloe Longwitz	16	WATR JHB	03/12/2016 CGA Level 3/SANJ Gala No 3
55	5:15.91	L	F	Courtney Pretorius	16	PER JHB	08/12/2016 EGA Championships 2016
56	5:16.01	L	F	Jade Grobbelaar	16	PEAS NMA	19/08/2016 Nedbank Madibaz Swim Meet
57	5:17.54	L	F	Kristen McIntyre	16	USC BUF	02/12/2016 BCA Championships 2016
58	5:18.32	L	F	Hannah Schimper	16	AZON ETH	02/09/2016 KZN Beavers Winter LongCourse

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	5:18.71 L	F	Nishaat Davids	16	MANT CPT	30/09/2016	Aquabear Invitational Meet
60	5:18.75 L	F	Jenna-Marie Lee	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
61	5:18.99 L	F	Gillian van Eyssen	16	ACSA ETH	17/09/2016	eThekwini Age Group Gala 6
62	5:19.99 L	F	Toni Rafferty	16	AQUB NMA	09/09/2016	2nd A League 2016
63	5:20.91 L	F	Skye Munro	16	NSA EZD	30/09/2016	Uniswim Spar Summer Gala
64	5:21.75 L	F	Kristen Kleynhans	16	NWS	07/10/2016	NTS Invitational Gala 2016
65	5:22.52 L	F	Mya Phillips	16	NTS TSH	07/10/2016	NTS Invitational Gala 2016
66	5:22.61 L	F	Rulandi Viljoen	16	RBOT BPD	08/12/2016	NWS Championships 2016/2017
67	5:23.95 L	F	Xandri Fourie	16	BLOT MAN	30/11/2016	FS CHAMPS
68	5:24.25 L	F	Nicole De Beer	16	BENS ECU	02/09/2016	EGA Long Distance Gala # 1
69	5:24.66 L	F	Lindelize Bester	16	BEST NMA	24/06/2016	PEA Winter Gala 2016
70	5:24.86 L	F	Tharien vd Walt	16	FAAC FBD	22/10/2016	Flamingo Gala 2016
71	5:25.52 L	F	Alexia-Marie Duarte	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
72	5:26.25 L	F	Callan Nel	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
73	5:27.47 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017
74	5:27.50 L	F	Katia Turchino	16	BLOT MAN	04/02/2017	SUPER SPORT LEAGUE GALA 2
75	5:28.81 L	F	Michaela van Schaik	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
76	5:28.95 L	F	Laura Turpin	16	NWS	07/10/2016	NTS Invitational Gala 2016
77	5:30.40 L	F	Jaime Bossenger	16	PAQU CED	03/02/2017	Western Cape Jack Currie Champ
78	5:30.50 L	F	Shanay Gouws	16	SASOL FDD	27/06/2016	Sasol National Championship 2016
79	5:30.60 L	F	Anlizè Vermeulen	16	FISH EDD	04/11/2016	Freda Barnard Gala 35
80	5:32.12 L	F	Savannah Sheerin	16	ESP ECU	02/09/2016	EGA Long Distance Gala # 1
81	5:33.38 L	F	Megan Vorster	16	BLNE MAN	30/11/2016	FS CHAMPS
82	5:36.36 L	F	Tamryn Ann Palani	16	PISC ETH	24/02/2017	KZN Speedo Level 2 Provincial Ct
83	5:40.71 L	F	Hilda Du Toit	16	WOAQ CED	15/10/2016	Western Cape Summer 3
84	5:44.60 L	F	Jemma Bodington	FR	PSA ZLD	28/01/2017	Ushaka Championship Gala 2017
85	5:47.14 L	F	Avisha Sewpersad	16	OTTO ETH	18/02/2017	eThekwini Age Group Gala 10
86	5:47.27 L	F	Michelle Coetzer	16	BLNE MAN	30/11/2016	FS CHAMPS
87	5:47.29 L	F	Elsie Botha	16	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
88	5:52.94 L	F	Chantenique Barnard	16	KALA JTD	05/01/2017	NCASA Champs 2017
89	5:55.05 L	P	Emugene Botha	16	PSC TSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
90	5:57.91 L	F	Abigael Grobler	16	FISH EDD	22/10/2016	EDEN 2nd A-League Gala 2016
91	5:58.10 L	F	Storm Ryder	16	ESP ECU	02/09/2016	EGA Long Distance Gala # 1
92	6:01.03 L	F	Katherine Van der Merwe	16	SHS FDD	16/02/2017	Inter High 2017
93	6:02.28 L	P	Bernedette Van Vuuren	16	SEAL UMD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
94	6:03.10 L	F	Lindie Meyer	16	PGIM KKD	03/02/2017	NW Schools Swimming Champion
95	6:06.56 L	F	Talitha Vd Walt	16	QUIC CPT	15/10/2016	Western Cape Summer 3
96	6:06.89 L	F	Anna-Mart Botes	16	CLSC WCD	15/10/2016	Western Cape Summer 3
97	6:07.25 L	F	Teagan Forbes	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
98	6:07.38 L	F	Michaela Cilliers	16	RTBHS BPD	03/02/2017	NW Schools Swimming Champion
99	6:11.26 L	F	Kelly McGorian	16	ESTR ECU	18/02/2017	EGA Summer 5 Gala
100	6:11.84 L	F	Anika Smit	16	PRKA PSD	22/10/2016	Flamingo Gala 2016
101	6:15.43 L	F	Tal Arnon	16	UPTS ZMD	21/01/2017	4 + 1 Gala Trials Upington
102	6:17.36 L	F	Nicola Kruger	16	POTC KKD	26/11/2016	NWS Age Group 3 2016/2017
103	6:41.09 L	F	Barbara-Anne De Bruin	16	GHSK FBD	22/10/2016	Flamingo Gala 2016
104	6:41.59 L	F	Deané Toerien	16	EAGA CCD	27/01/2017	Limpopo School Championships
105	6:50.90 L	F	Tasmiyyah Moola	16	SRAY BUF	02/12/2016	BCA Championships 2016
106	6:51.84 L	F	Lexine Price	16	TLAC BPD	08/12/2016	NWS Championships 2016/2017

Women 16-16 800 Free

1	8:58.46 L	F	Abigail Meder	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
2	9:07.70 L	F	Jordan-Jenna Rolfe	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
3	9:21.27 L	F	Emma Wallis	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
4	9:22.28 L	F	Kiara Noades	16	MATI CED	12/11/2016	Western Cape Summer 4
5	9:23.68 L	F	Carla Antonopoulos	16	TYGE CPT	17/03/2017	SA National JNR Age Group Charr
6	9:24.22 L	P	Jenna Pearse	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
7	9:25.98 L	F	Jordyn Minifie	16	UNIN EZD	17/03/2017	SA National JNR Age Group Charr
8	9:30.30 L	F	Kiara Barnes	16	TYGE CPT	17/03/2017	SA National JNR Age Group Charr
9	9:45.90 L	F	Isabelle Boles	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
10	9:45.97 L	F	Jessica Beukes	16	PEAS NMA	09/09/2016	2nd A League 2016

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
11	9:46.05	L	F	Sabrina Favini	16	WATR	JHB 16/12/2016 Vita-thion CGA Open LC Champs
12	9:49.42	L	F	Sariska Terblanche	16	HARL	BUF 17/03/2017 SA National JNR Age Group Chan
13	9:49.58	L	F	Payton Horton	16	TWSA	NMA 17/03/2017 SA National JNR Age Group Chan
14	9:58.63	L	F	Nora Seguroola	16	WATR	JHB 17/09/2016 CGA Level 3/SANJ Gala No 1
15	10:01.79	L	F	Samantha Van Veyeren	16	NWS	07/10/2016 NTS Invitational Gala 2016
16	10:08.48	L	F	Joey Carolissen	16	RSA	16/02/2017 2017 Cana Zone IV Swimming Ch.
17	10:16.88	L	F	Chloe Velde	16	AQUA	BUF 05/11/2016 BCA Nov Age Group Gala 2016
18	10:17.53	L	F	Amber McConnachie	16	AQUA	BUF 10/02/2017 BCA February Age Group Gala 20
19	10:20.27	L	F	Sophie Rodseth	16	VINE	CPT 01/12/2016 Western Cape Summer Champion
20	10:24.84	L	F	Erica Moolman	16	BLOT	MAN 30/11/2016 FS CHAMPS
21	10:27.92	L	F	Nadine Kemp	16	BLNE	MAN 30/11/2016 FS CHAMPS
22	10:30.86	L	F	Carmen De Clerck	16	DDA	FSH 23/09/2016 NTS September 2016 Age Group I
23	10:35.34	L	F	Ashleigh Munks	16	BOKS	EKU 08/12/2016 EGA Championships 2016
24	10:37.61	L	F	Robyn Marais	16	TYGE	CPT 01/12/2016 Western Cape Summer Champion
25	10:40.14	L	F	Tyla Panzera	16	WATR	JHB 16/12/2016 Vita-thion CGA Open LC Champs
26	10:43.93	L	F	Marine Smuts	16	BLOT	MAN 30/11/2016 FS CHAMPS
27	10:45.61	L	F	Georgina Haler	16	WATR	JHB 28/01/2017 CGA Level 3-SANJ Last Chance g
28	10:56.17	L	F	Dehanke van Rensburg	16	NWS	07/10/2016 NTS Invitational Gala 2016
29	10:56.93	L	F	Kristen Kleynhans	16	TUKS	FSH 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
30	11:00.45	L	F	Megan Vorster	16	BLNE	MAN 30/11/2016 FS CHAMPS
31	11:06.00	L	F	Courtney Pretorius	16	PER	JHB 02/09/2016 EGA Long Distance Gala # 1
32	11:17.13	L	F	Tatjana Kleine	16	CSC	FSH 23/09/2016 NTS September 2016 Age Group I
33	11:19.76	L	F	Chloe Longwitz	16	WATR	JHB 28/01/2017 CGA Level 3-SANJ Last Chance g
34	11:26.69	L	F	Jenna-Marie Lee	16	NWUC	KKD 08/12/2016 NWS Championships 2016/2017
35	11:28.12	L	F	Hilda Du Toit	16	WOAQ	CED 18/11/2016 Western Cape Summer QF2
36	11:28.15	L	F	Katia Turchino	16	BLOT	MAN 30/11/2016 FS CHAMPS
37	11:28.47	L	F	Rulandi Viljoen	16	RBOT	BPD 08/12/2016 NWS Championships 2016/2017
38	11:30.41	L	F	Shanay Gouws	16	SASOL	FDD 27/06/2016 Sasol National Championship 2016
39	11:35.33	L	F	Savannah Sheerin	16	ESP	EKU 02/09/2016 EGA Long Distance Gala # 1
40	11:35.44	L	F	Sheree Brandt	16	USC	BUF 13/01/2017 BCA January Age Group Gala 201
41	11:37.72	L	F	Alexia-Marie Duarte	16	NWUC	KKD 08/12/2016 NWS Championships 2016/2017
42	11:56.28	L	F	Jeanne Joubert	16	CSA	EZD 14/10/2016 MP AGE GROUP 2 - 2016
43	12:02.97	L	F	Cornelia Reyneke	16	UPTS	ZMD 25/11/2016 NCASA Age Group 3 Upington 201
44	12:35.82	L	F	Chantenique Barnard	16	KALA	JTD 05/01/2017 NCASA Champs 2017
45	12:40.27	L	F	Teagan Forbes	16	PWAC	BPD 08/12/2016 NWS Championships 2016/2017
46	12:55.52	L	F	Nicola Kruger	16	POTC	KKD 26/11/2016 NWS Age Group 3 2016/2017
47	13:04.16	L	F	Storm Ryder	16	ESP	EKU 02/09/2016 EGA Long Distance Gala # 1
48	14:22.65	L	F	Tasmiyyah Moola	16	SRAY	BUF 02/12/2016 BCA Championships 2016

Women 16-16 1500 Free

1	17:08.15	L	F	Abigail Meder	16	WCA	CPT 03/04/2017 Sa National Aquatic Championship
2	17:29.61	L	F	Jordan-Jenna Rolfe	16	CGA	JHB 03/04/2017 Sa National Aquatic Championship
3	17:53.63	L	P	Kiara Barnes	16	WCA	CPT 03/04/2017 Sa National Aquatic Championship
4	17:59.62	L	P	Carla Antonopoulos	16	WCA	CPT 03/04/2017 Sa National Aquatic Championship
5	18:29.31	L	F	Jessica Beukes	16	PEAS	NMA 11/11/2016 4th A League Gala 2016
6	18:38.67	L	F	Jordyn Minifie	16	UNI-N	EZD 25/11/2016 Mpumalanga Championships 2016
7	19:04.40	L	F	Payton Horton	16	TWSA	NMA 11/11/2016 4th A League Gala 2016
8	19:35.44	L	F	Sariska Terblanche	16	HARL	BUF 27/01/2017 BCA 2nd January Age Group Gala
9	19:36.27	L	F	Alice Vd Merwe	16	WELL	CED 12/11/2016 Western Cape Summer 4
10	19:38.06	L	F	Joey Carolissen	16	MATI	CED 12/11/2016 Western Cape Summer 4
11	20:02.38	L	F	Amber McConnachie	16	AQUA	BUF 27/01/2017 BCA 2nd January Age Group Gala
12	20:03.40	L	F	Isabelle Boles	16	WATR	JHB 17/09/2016 CGA Level 3/SANJ Gala No 1
13	20:14.85	L	F	Sophie Rodseth	16	VINE	CPT 03/02/2017 Western Cape 1500 Gala 2017
14	20:29.57	L	F	Chloe Velde	16	AQUA	BUF 27/01/2017 BCA 2nd January Age Group Gala
15	20:37.18	L	F	Keren Welgemoed	16	DBSC	SDD 02/09/2016 EGA Long Distance Gala # 1
16	20:44.56	L	F	Erin Jarvis	16	AQUB	NMA 11/11/2016 4th A League Gala 2016
17	20:46.67	L	F	Nadine Kemp	16	BLNE	MAN 02/09/2016 Kovsie Aquatics Gala 2
18	20:53.17	L	F	Michell Strydom	16	BEST	NMA 11/11/2016 4th A League Gala 2016
19	20:54.92	L	F	Marine Smuts	16	BLOT	MAN 02/09/2016 Kovsie Aquatics Gala 2
20	21:24.72	L	F	Elizabeth Van Straten	16	DDA	FSH 25/11/2016 NTS November 2016 Age Group C

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
21	21:30.72 L	F	Tatjana Kleine	16	CSC FSH	23/09/2016	NTS September 2016 Age Group I
22	21:44.87 L	F	Shanay Gouws	16	SASOL FDD	27/06/2016	Sasol National Championship 2016
23	22:06.98 L	F	Rulandi Viljoen	16	RBOT BPD	29/10/2016	NWS Age Group 2 1617
24	22:21.88 L	F	Jaime Bossenger	16	PAQU CED	03/02/2017	Western Cape 1500 Gala 2017
25	22:47.24 L	F	Jenna-Marie Lee	16	NWUC KKD	29/10/2016	NWS Age Group 2 1617
26	23:38.90 L	F	Chantenique Barnard	16	KALA JTD	05/01/2017	NCASA Champs 2017
27	25:28.53 L	F	Katelyn Van Antwerp	16	INFA NMA	11/11/2016	4th A League Gala 2016
28	26:37.23 L	F	Tal Arnon	16	UPTS ZMD	25/11/2016	NCASA Age Group 3 Upington 2016
Women 16-16 50 Back							
1	30.42 L	F	Kiara Noades	16	MATI CED	17/03/2017	SA National JNR Age Group Champion
2	30.57 L	F	Hannah Kiely	16	CLSC WCD	17/03/2017	SA National JNR Age Group Champion
3	30.67 L	F	Amy Stanford	16	NTS FSH	22/10/2016	VIII Gala Golfinhos Sprint
4	30.68 L	F	Inge Weidemann	16	MATI CED	17/03/2017	SA National JNR Age Group Champion
5	30.81 L	S	Chloe Velde	16	BCA BUF	03/04/2017	Sa National Aquatic Championship
6	31.07 L	P	Celine Thevenau	16	SGUL ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
7	31.10 L	F	Emma Tarr	16	WATR JHB	17/03/2017	SA National JNR Age Group Champion
8	31.32 L	F	Sianne Downes	16	MDOL JHB	17/03/2017	SA National JNR Age Group Champion
9*	31.44 L	P	Ilinde Du Plessis	16	NTS FSH	03/04/2017	Sa National Aquatic Championship
9*	31.44 L	F	Jessica Beukes	16	RSA	28/03/2017	African Junior Swimming Championship
11	31.74 L	P	Nora Segurolo	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
12	31.83 L	P	Jana Coetzé	16	NWS	03/04/2017	Sa National Aquatic Championship
13	31.99 L	F	Kyla Blakemore	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
14	32.11 L	F	Erin Jarvis	16	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
15	32.14 L	F	Constantina Pietersen	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
16	32.32 L	F	Sarah Gledhill	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group C
17	32.33 L	P	Talea Claassens	16	NTS FSH	03/04/2017	Sa National Aquatic Championship
18	32.47 L	F	Erin Hartszenberg	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
19	32.65 L	F	Luné Vd Westhuizen	16	FISH EDD	26/11/2016	Eden LC Champs 2016
20	32.85 L	F	Abigail Meder	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
21*	32.90 L	F	Erika Esterhuizen	16	WSTV ETH	02/09/2016	KZN Beavers Winter LongCourse
21*	32.90 L	F	Jade Grobbelaar	16	PEAS NMA	02/12/2016	NMBA Championships 2016
23	33.21 L	F	Skye Munro	16	NSA EZD	25/11/2016	Mpumalanga Championships 2016
24	33.23 L	F	Kayla Holtshausen	16	TWSA NMA	30/09/2016	Aquabear Invitational Meet
25*	33.25 L	P	Alice Vd Merwe	16	WELL CED	17/03/2017	SA National JNR Age Group Champion
25*	33.25 L	F	Raquel Correia	16	CRSC JHB	16/12/2016	Vita-thion CGA Open LC Champs
27	33.34 L	F	Kelly Fairon	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
28	33.40 L	F	Callan Nel	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
29	33.47 L	P	Lauren Strydom	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
30	33.50 L	P	Kayla McLoughlin	16	ASA CPT	24/02/2017	2017 Grand Prix Invitation Swimming
31	33.57 L	P	Carli Wagner	16	ELEC JHB	07/12/2016	NTS Championships 2016
32*	33.64 L	P	Georgy Turner	16	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group C
32*	33.64 L	F	Amber Waddell	16	BLSS MAN	02/09/2016	Kovsie Aquatics Gala 2
34	33.65 L	F	Sabrina Favini	16	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
35	33.71 L	P	Samantha Van Veyeren	16	TUKS FSH	07/12/2016	NTS Championships 2016
36	33.77 L	F	Christelle Leeuw	16	BARR CPT	01/12/2016	Western Cape Summer Champion
37	33.78 L	F	Michelle Kretzschmar	16	BLUO UGD	13/12/2016	KZN Speedo Provincial Champion
38	33.80 L	F	Sara Russell	16	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
39	33.84 L	F	Amber McConnachie	16	AQUA BUF	05/11/2016	BCA Nov Age Group Gala 2016
40	33.93 L	F	Ashleigh Munks	16	BOKS ECU	23/03/2017	SA Level 3 Regional Age Group C
41	33.94 L	F	Robin Terblanche	16	CSC FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
42	34.00 L	F	Zantia BAINBRIDGE	16	ELEC JHB	16/12/2016	Vita-thion CGA Open LC Champs
43	34.01 L	F	Gillian van Eyssen	16	ACSA ETH	04/11/2016	KZN Action Swimming Champs 2016
44	34.08 L	P	Kelly Hall	16	SGUL ETH	17/03/2017	SA National JNR Age Group Champion
45*	34.15 L	P	Amy Vernes	16	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C
45*	34.15 L	F	Toni Rafferty	16	AQUB NMA	02/12/2016	NMBA Championships 2016
47	34.17 L	P	Marine Nortje	16	KZNA ETH	03/04/2017	Sa National Aquatic Championship
48	34.21 L	F	Yanah Gerber	16	INFA NMA	13/08/2016	1st A League 2016
49	34.22 L	P	Georgina Haler	16	WATR JHB	17/03/2017	SA National JNR Age Group Champion
50	34.24 L	P	Jessica Schrader	16	SASE JHB	17/03/2017	SA National JNR Age Group Champion

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
51	34.29 L	F	Jordyn Minifie	16	UNI EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
52	34.31 L	F	Erica Moolman	16	BLOT MAN	23/03/2017	SA Level 3 Regional Age Group C
53	34.54 L	P	Sariska Terblanche	16	ECA ETH	10/04/2017	SA Schools Swimming Champions
54	34.55 L	P	Kyla Russell	16	TRIDE ETH	13/12/2016	KZN Speedo Provincial Champion
55	34.57 L	P	Leeann Masson	16	KZNA ETH	10/04/2017	SA Schools Swimming Champions
56	34.68 L	P	Corlia Botha	16	HILL TSH	23/03/2017	SA Level 3 Regional Age Group Cl
57	34.71 L	F	Jordan-Jenna Rolfe	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
58	34.93 L	F	Robyn McMillan	16	ASA CPT	01/12/2016	Western Cape Summer Champion
59	34.96 L	F	Hannah Varyawa	16	LAD UTD	25/11/2016	KZN TYR Westville Sprints 2016
60	34.97 L	P	Marine Smuts	16	BLOT MAN	13/12/2016	KZN Speedo Provincial Champion
61	35.03 L	P	Kiara Barnes	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
62	35.09 L	P	Courtney Pretorius	16	PER JHB	23/03/2017	SA Level 3 Regional Age Group Cl
63	35.17 L	P	Marguerite Van Jaarsveld	16	BLOT MAN	13/12/2016	KZN Speedo Provincial Champion
64	35.19 L	F	Xandri Fourie	16	BLOT MAN	30/11/2016	FS CHAMPS
65	35.28 L	F	Katherine Burnett	16	NDSA ETH	23/03/2017	SA Level 3 Regional Age Group C
66	35.40 L	P	Deané Toerien	16	TASC LP	23/03/2017	SA Level 3 Regional Age Group Cl
67	35.52 L	P	Nadine Kemp	16	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
68	35.58 L	F	Nicole De Beer	16	BENS ECU	31/03/2017	SA Level 2 Regional Age Group Cl
69	35.64 L	P	Savanna Sommerville	16	DDA TSH	31/03/2017	SA Level 2 Regional Age Group Cl
70*	35.69 L	F	Tharien vd Walt	16	FAAC FBD	09/12/2016	NCASA Sprints 2016
70*	35.69 L	F	Janine Van Heerden	16	DDA TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
72	35.73 L	F	Mieke De Villiers	16	INFA NMA	04/02/2017	Uitenhage Swimming Club Gala 20
73*	35.78 L	P	Kristen Kleynhans	16	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Cl
73*	35.78 L	F	Sune Van Jaarsveld	16	TUKS TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
75	35.87 L	P	Savannah Sheerin	16	ESP ECU	31/03/2017	SA Level 2 Regional Age Group Cl
76	35.90 L	F	Emma Ditcham	16	PEC EZD	24/02/2017	MPUMALANGA SCHOOL SWIMM
77	35.91 L	F	Leigh Hudson	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
78	35.94 L	F	Meghan Armon	16	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
79	35.96 L	F	Tanika Smuts	16	BARR CPT	04/11/2016	Freda Barnard Gala 35
80	36.02 L	F	Elmé Genis	16	EAGA CCD	27/01/2017	Limpopo School Championships
81	36.04 L	F	Lene Boshoff	16	BLOT MAN	02/09/2016	Kovsie Aquatics Gala 2
82	36.05 L	F	Martha Johanna Visser	16	SHS FDD	16/02/2017	Inter High 2017
83	36.15 L	F	Emma Wilson-Moore	16	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
84	36.19 L	F	Zoë Bredenkamp	16	CYBE CPT	21/01/2017	WCSEA - Western Cape Schools
85	36.28 L	P	Elizabeth Pretorius	16	BLOT MAN	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
86	36.40 L	F	Jenna Whiting	16	SOUL ECU	10/09/2016	Adrian Grafe Memorial Gala 2016
87	36.42 L	F	Samantha Mc Nicol	16	PER JHB	15/10/2016	CGA Level 2 gala No 2
88	36.47 L	F	Jemma Bodington	FR	PSA ZLD	28/01/2017	Ushaka Championship Gala 2017
89	36.48 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017
90	36.51 L	F	Abigail Grobler	16	FISH EDD	23/03/2017	SA Level 2 Regional Age Group Cl
91	36.54 L	P	Jenna- Laine Fuller	16	AFIN JHB	23/03/2017	SA Level 3 Regional Age Group Cl
92	36.61 L	P	Kristen Edwards	16	STAD JHB	16/12/2016	Vita-thion CGA Open LC Champs
93	36.63 L	F	Michaela Cilliers	16	RBOT BPD	31/03/2017	SA Level 2 Regional Age Group Cl
94	36.65 L	F	Chloe Schroeder	16	VIKI BUF	02/12/2016	BCA Championships 2016
95	36.66 L	P	Lindelize Bester	16	BEST NMA	30/09/2016	Aquabear Invitational Meet
96	36.77 L	P	Hannah Schimper	16	AZON ETH	13/12/2016	KZN Speedo Provincial Champion
97	36.78 L	F	Dehanke van Rensburg	16	WSAA CPT	18/02/2017	NWS District Development Champ
98	36.79 L	F	Nicola Sequeira	16	FLOD JHB	15/10/2016	CGA Level 2 gala No 2
99	36.93 L	F	Laura Turpin	16	TUKS TSH	27/06/2016	Sasol National Championship 201
100	37.03 L	F	Hilda Du Toit	16	WOAQ CED	12/11/2016	Western Cape Summer 4
101	37.05 L	P	Tyla Panzera	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
102	37.08 L	P	Storm Ryder	16	ESP ECU	08/12/2016	EGA Championships 2016
103	37.24 L	F	Elsie Botha	16	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
104	37.30 L	P	Reagan Chidrawi	16	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Cl
105	37.39 L	F	Shanel Dashwood	16	STPS UMD	02/09/2016	KZN Beavers Winter LongCourse
106	37.43 L	F	Jaime Bossenger	16	PAQU CED	03/02/2017	Western Cape Jack Currie Champ
107	37.47 L	P	Michelle Coetzer	16	BLNE MAN	13/12/2016	KZN Speedo Provincial Champion
108	37.50 L	F	Keren Welgemoed	16	DBSC SDD	27/06/2016	Sasol National Championship 201
109	37.70 L	F	Anlizè Vermeulen	16	FISH EDD	04/11/2016	Freda Barnard Gala 35

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
110	37.76	L	F	Bernedette Van Vuuren	16	SEAL	UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
111	37.81	L	F	Alexia-Marie Duarte	16	PGHS	KKD	03/02/2017	NW Schools Swimming Champion
112	37.91	L	F	Jeanne Joubert	16	CSA	EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septerr
113	37.93	L	F	Sarah Brand	16	ASA	ILD	25/11/2016	KZN TYR Westville Sprints 2016
114	37.95	L	F	Katia Turchino	16	BLOT	MAN	02/09/2016	Kovsie Aquatics Gala 2
115*	37.98	L	F	Anna-Mart Botes	16	CLSC	WCD	23/03/2017	SA Level 2 Regional Age Group Ci
115*	37.98	L	P	Calynn Smith	16	PSC	TSH	31/03/2017	SA Level 2 Regional Age Group Ci
117	38.00	L	F	Sheree Brandt	16	USC	BUF	02/12/2016	BCA Championships 2016
118	38.07	L	P	Nicolette Galbraith	16	DORE	JHB	08/12/2016	EGA Championships 2016
119	38.11	L	P	Stamatina Piagalis	16	UNIQ	JHB	08/12/2016	EGA Championships 2016
120	38.14	L	P	Chloe Longwitz	16	WATR	JHB	23/03/2017	SA Level 3 Regional Age Group Ci
121	38.15	L	F	Sarena Wolff	16	PEPPS	CC	27/01/2017	Limpopo School Championships
122*	38.22	L	P	Lauren Vos	16	CRSC	JHB	31/03/2017	SA Level 2 Regional Age Group Ci
122*	38.22	L	P	Nishaat Davids	16	MANT	CPT	30/09/2016	Aquabear Invitational Meet
124	38.25	L	F	Hannah Butters	16	CSC	TSH	23/09/2016	NTS September 2016 Age Group I
125	38.40	L	F	Hannah Jamieson	16	PAC	TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
126	38.41	L	F	Caitlin Mc Cann	16	AFIN	JHB	15/10/2016	CGA Level 2 gala No 2
127	38.42	L	P	Cathrine Oelschig	16	CSC	TSH	31/03/2017	SA Level 2 Regional Age Group Ci
128	38.44	L	F	Shannon Linklater	16	PER	JHB	05/02/2017	CGA Level 2 last chance gala Day
129	38.47	L	F	Michaela van Schaik	16	PWAC	BPD	08/12/2016	NWS Championships 2016/2017
130	38.51	L	P	Mikayla Frara	16	TUKS	TSH	31/03/2017	SA Level 2 Regional Age Group Ci
131	38.53	L	F	Mia Benade	16	UPTS	ZMD	14/10/2016	Age Group 1 2016 Upington
132	38.63	L	F	Jenna Hirsch	16	WATR	JHB	15/10/2016	CGA Level 2 gala No 2
133	38.76	L	P	Jamie Lotter	16	BON	JHB	31/03/2017	SA Level 2 Regional Age Group Ci
134	38.86	L	F	Sigrid Aadnesgaard	16	STPS	UMD	25/11/2016	KZN TYR Westville Sprints 2016
135	38.87	L	P	Nola De Jongh	16	ASA	CPT	01/12/2016	Western Cape Summer Champion
136	38.93	L	F	Barbara-Anne De Bruin	16	GHSK	FBD	22/10/2016	Flamingo Gala 2016
137*	38.97	L	P	Nicola Kruger	16	POTC	KKD	31/03/2017	SA Level 2 Regional Age Group Ci
137*	38.97	L	F	Kristen McIntyre	16	USC	BUF	02/12/2016	BCA Championships 2016
139	39.03	L	F	Angeleah Moss	16	NWUC	KKD	08/12/2016	NWS Championships 2016/2017
140	39.17	L	F	Mikayla Holland	16	FLOD	JHB	15/10/2016	CGA Level 2 gala No 2
141*	39.34	L	F	Rulandi Viljoen	16	RTBHS	BPD	03/02/2017	NW Schools Swimming Champion
141*	39.34	L	F	Mia Moolman	16	BULS	MAN	17/09/2016	Otters Charity Gala
143	39.57	L	P	Mya Phillips	16	SODO	JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
144	39.72	L	P	Sage Cawse	16	AQUB	NMA	30/09/2016	Aquabear Invitational Meet
145	39.89	L	F	Tasneem Kharva	16	MDOL	JHB	05/02/2017	CGA Level 2 last chance gala Day
146	39.93	L	F	Sonique Spangenberg	16	ORA		09/12/2016	NCASA Sprints 2016
147	39.95	L	F	Megan Vorster	16	BLNE	MAN	30/11/2016	FS CHAMPS
148*	39.98	L	F	Teagan Forbes	16	PWC	CED	03/02/2017	NW Schools Swimming Champion
148*	39.98	L	F	Wilmiën Schutte	16	TVIK	WBD	03/09/2016	2016 Speedo Hillcrest Sprint Gala
150	40.15	L	F	Jenna-Marie Lee	16	NWUC	KKD	08/12/2016	NWS Championships 2016/2017
151	40.16	L	F	Lené du Plessis	16	VALS	FDD	14/01/2017	Fezile Dabi Age Group Gala
152	40.22	L	F	Tal Arnon	16	UPTS	ZMD	11/11/2016	Age group 2 2016 Upington
153	40.23	L	P	Kelly McGorian	16	ESTR	EKU	08/12/2016	EGA Championships 2016
154	40.44	L	F	Carla Broodryk	16	WDG	MPD	21/01/2017	MP Age Group 3 - 21 January 201
155	40.61	L	F	Tamryn Ann Palani	16	PISC	ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
156	40.67	L	F	Amy Bellairs	16	TWSA	NMA	15/10/2016	3rd A League Gala 2016
157	40.68	L	P	Shannon Martins	16	AA	JHB	23/03/2017	SA Level 3 Regional Age Group Ci
158	40.94	L	P	Kaylee Tolmay	16	BLAE	JHB	16/12/2016	Vita-thion CGA Open LC Champs
159	41.09	L	F	Sumarie Roodt	16	FSE	UHD	28/01/2017	Ushaka Championship Gala 2017
160	41.26	L	F	Xia Venter	16	BULT	MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
161	41.38	L	F	Chantelle Walker	16	PSC	TSH	02/12/2016	2016 The Tshwane Mayoral Gala
162	41.40	L	F	Holly Naude	16	ALBA	NMA	15/10/2016	3rd A League Gala 2016
163	41.55	L	F	Caitlin Davies	16	MDOL	JHB	10/09/2016	Adrian Grafe Memorial Gala 2016
164	41.60	L	P	Daniela Venturi	16	VICT	EKU	08/12/2016	EGA Championships 2016
165	41.65	L	F	Samara Mendes	16	UNI-N	EZD	14/10/2016	MP AGE GROUP 2 - 2016
166	41.67	L	P	Taylor Smith	16	SWIFT	EKU	08/12/2016	EGA Championships 2016
167	41.81	L	F	Emlynn Spogter	16	PIRAN	BUF	13/01/2017	BCA January Age Group Gala 201
168	41.97	L	F	Ilse Coetzee	16	BLSS	MAN	02/09/2016	Kovsie Aquatics Gala 2

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
169	41.98 L	F	Shria Reddy	16	BAYV	ETH	25/11/2016 KZN TYR Westville Sprints 2016
170	42.18 L	F	Marion Colan	16	BEAV	ETH	02/09/2016 KZN Beavers Winter LongCourse
171	42.25 L	F	Denille Smith	16	PIRAN	BUF	13/01/2017 BCA January Age Group Gala 201
172	42.26 L	P	Lindie Meyer	16	NWUC	KKD	31/03/2017 SA Level 2 Regional Age Group Ci
173	42.31 L	P	Shanay Gouws	16	SASOL	FDD	27/06/2016 Sasol National Championship 201
174	42.32 L	F	Kyra Gilfillan	16	UNI-N	EZD	14/10/2016 MP AGE GROUP 2 - 2016
175	42.38 L	F	Tasmiyyah Moola	16	SRAY	BUF	02/12/2016 BCA Championships 2016
176	42.55 L	F	Anika Smit	16	PRKA	PSD	09/12/2016 NCASA Sprints 2016
177	42.70 L	F	Emugene Botha	16	PSC	TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala
178	42.90 L	F	Chanélle Maritz	16	TKS	SKD	27/01/2017 Limpopo School Championships
179	43.04 L	F	Zarreen Khan	16	PGHS	KKD	03/02/2017 NW Schools Swimming Champion
180	43.42 L	F	Dominique Graaf	16	STDOM	FDD	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
181	43.76 L	F	Avisha Sewpersad	16	OTTO	ETH	24/02/2017 KZN Speedo Level 2 Provincial Ct
182	43.77 L	F	Nicolise Du Toit	16	BLSS	MAN	30/11/2016 FS CHAMPS
183	45.02 L	F	Alice Voigt	16	UNI-N	EZD	25/11/2016 Mpumalanga Championships 2016
184	45.53 L	F	Leigh-Ann Avis	16	TKS	SKD	30/01/2017 NFS INTER HIGH SCHOOL CHAN
185	46.74 L	F	Chantenique Barnard	16	KALA	JTD	05/01/2017 NCASA Champs 2017
186	47.85 L	F	Alida Jacobs	16	BULS	MAN	17/09/2016 Otters Charity Gala
187	48.00 L	P	Daleen Laurence	16	WCA	CPT	03/04/2017 Sa National Aquatic Championship
188	48.63 L	F	Simone Mare	16	KZNA	ETH	10/04/2017 SA Schools Swimming Champions
189	48.95 L	F	Simune Matthee	16	DMA	EZD	03/02/2017 MP Age Group 4 - 3 & 4 February
190	49.86 L	F	Ané Swart	16	ROB	MP	03/02/2017 MP Age Group 4 - 3 & 4 February
191	49.91 L	P	Shivani Nana	16	ATLA	JHB	08/12/2016 EGA Championships 2016
192	51.18 L	F	Annelie Nel	16	RTBHS	BPD	03/02/2017 NW Schools Swimming Champion
193	51.25 L	P	Jenna Jagers	16	MANT	CPT	23/03/2017 SA Level 3 Regional Age Group C
194	1:02.48 L	F	Thodine Joubert	16	FSE	UHD	28/01/2017 Ushaka Championship Gala 2017
195	1:28.71 L	F	Jade Hubbard	16	ESS	EZD	17/09/2016 MP Xerox Sprint Gala - 17 Septem
Women 16-16 100 Back							
1	1:04.70 L	P	Kiara Noades	16	RSA		28/03/2017 African Junior Swimming Champio
2	1:05.27 L	F	Hannah Kiely	16	WCA	CPT	03/04/2017 Sa National Aquatic Championship
3	1:05.69 L	F	Emma Tarr	16	WATR	JHB	17/03/2017 SA National JNR Age Group Charr
4	1:06.04 L	F	Celine Thevenau	16	SGUL	ETH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
5	1:06.53 L	F	Amy Stanford	16	NWS		07/10/2016 NTS Invitational Gala 2016
6	1:06.58 L	P	Ilinde Du Plessis	16	TUKS	TSH	17/03/2017 SA National JNR Age Group Charr
7	1:07.03 L	F	Chloe Velde	16	AQUA	BUF	17/03/2017 SA National JNR Age Group Charr
8	1:07.14 L	F	Jessica Beukes	16	PEAS	NMA	02/12/2016 NMBA Championships 2016
9	1:07.88 L	P	Sianne Downes	16	CGA	JHB	03/04/2017 Sa National Aquatic Championship
10	1:08.20 L	F	Nora Segurolo	16	WATR	JHB	17/03/2017 SA National JNR Age Group Charr
11	1:08.38 L	F	Constantina Pietersen	16	ACSA	ETH	17/03/2017 SA National JNR Age Group Charr
12	1:08.52 L	F	Abigail Meder	16	TYGE	CPT	17/03/2017 SA National JNR Age Group Charr
13	1:08.60 L	F	Jesica Smit	16	CSC	TSH	17/03/2017 SA National JNR Age Group Charr
14	1:08.95 L	F	Kyla Blakemore	16	ACSA	ETH	06/08/2016 eThekwinini Age Group Gala 4
15	1:09.42 L	P	Talea Claassens	16	TUKS	TSH	17/03/2017 SA National JNR Age Group Charr
16	1:09.45 L	P	Inge Weidemann	16	MATI	CED	01/12/2016 Western Cape Summer Champion
17	1:09.63 L	P	Jana Coetzé	16	RBOT	BPD	17/03/2017 SA National JNR Age Group Charr
18	1:10.19 L	F	Samantha Van Veyeren	16	NTS	TSH	22/10/2016 VIII Gala Golfinhos Sprint
19	1:10.44 L	P	Callan Nel	16	SEAL	UMD	17/03/2017 SA National JNR Age Group Charr
20	1:10.61 L	F	Kayla Holtshausen	16	TWSA	NMA	30/09/2016 Aquabear Invitational Meet
21	1:10.63 L	P	Lauren Strydom	16	WATR	JHB	17/03/2017 SA National JNR Age Group Charr
22	1:10.85 L	P	Erin Hartzenberg	16	WCA	CPT	03/04/2017 Sa National Aquatic Championship
23	1:10.89 L	F	Erin Jarvis	16	AQUB	NMA	23/03/2017 SA Level 3 Regional Age Group C
24	1:10.97 L	F	Lize-Mari De Beer	16	MDOL	JHB	16/12/2016 Vita-thion CGA Open LC Champs
25	1:11.13 L	P	Kiara Barnes	16	TYGE	CPT	17/03/2017 SA National JNR Age Group Charr
26	1:11.20 L	P	Jordan-Jenna Rolfe	16	WATR	JHB	17/03/2017 SA National JNR Age Group Charr
27	1:11.27 L	P	Michelle Kretzschmar	16	BLUO	UGD	04/02/2017 2017 Grand Prix Invitation Swimm
28	1:11.36 L	F	Luné Vd Westhuizen	16	FISH	EDD	11/11/2016 4th A League Gala 2016
29	1:11.38 L	P	Kayla McLoughlin	16	ASA	CPT	17/03/2017 SA National JNR Age Group Charr
30	1:11.40 L	P	Kelly Fairon	16	WATR	JHB	16/12/2016 Vita-thion CGA Open LC Champs
31	1:11.62 L	F	Erika Esterhuizen	16	WSTV	ETH	02/09/2016 KZN Beavers Winter LongCourse

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
32	1:11.65 L	F	Raquel Correia	16	CRSC JHB	16/12/2016	Vita-thion CGA Open LC Champs
33	1:11.80 L	P	Sariska Terblanche	16	BCA BUF	03/04/2017	Sa National Aquatic Championship
34	1:11.98 L	P	Kelly Hall	16	SGUL ETH	17/03/2017	SA National JNR Age Group Cham
35	1:12.02 L	P	Amber McConnachie	16	BCA BUF	03/04/2017	Sa National Aquatic Championship
36	1:12.28 L	F	Sabrina Favini	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
37	1:12.56 L	F	Robin Terblanche	16	CSC TSH	23/09/2016	NTS September 2016 Age Group I
38	1:12.66 L	F	Gillian van Eyssen	16	ACSA ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
39	1:12.77 L	P	Carli Wagner	16	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
40	1:12.80 L	F	Skye Munro	16	NSA EZD	25/11/2016	Mpumalanga Championships 2016
41	1:12.92 L	F	Jordyn Minifie	16	UNI EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
42	1:13.05 L	P	Alice Vd Merwe	16	WELL CED	01/12/2016	Western Cape Summer Champion
43	1:13.09 L	F	Erica Moolman	16	OCTO MAN	16/02/2017	Inter High 2017
44	1:13.21 L	F	Kyla Russell	16	TRIDE ETH	25/11/2016	KZN TYR Westville Sprints 2016
45	1:13.30 L	P	Sarah Gledhill	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
46	1:13.33 L	F	Ashleigh Munks	16	BOKS EKU	08/12/2016	EGA Championships 2016
47	1:13.53 L	F	Yanah Gerber	16	INFA NMA	19/08/2016	Nedbank Madibaz Swim Meet
48	1:13.73 L	P	Amber Waddell	16	BLSS MAN	17/03/2017	SA National JNR Age Group Cham
49	1:13.80 L	F	Jade Grobbelaar	16	PEAS NMA	02/12/2016	NMBA Championships 2016
50	1:14.17 L	P	Georgy Turner	16	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group Ci
51	1:14.23 L	P	Jessica Schrader	16	SASE JHB	17/03/2017	SA National JNR Age Group Cham
52	1:14.33 L	P	Robyn Marais	16	TYGE CPT	23/03/2017	SA Level 3 Regional Age Group C
53	1:14.40 L	F	Georgina Haler	16	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
54	1:14.41 L	P	Corlia Botha	16	HILL TSH	23/03/2017	SA Level 3 Regional Age Group Ci
55	1:14.69 L	P	Marine Nortje	16	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
56	1:14.72 L	F	Sara Russell	16	USC BUF	13/01/2017	BCA January Age Group Gala 201
57	1:14.83 L S	F	Mieke De Villiers	16	INFA NMA	10/02/2017	6th A League Gala 2017
58	1:15.06 L	P	Tessa Wartnaby	16	AZON ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
59	1:15.20 L	P	Robyn McMillan	16	ASA CPT	23/03/2017	SA Level 3 Regional Age Group C
60	1:15.25 L	F	Nicole De Beer	16	BENS EKU	31/03/2017	SA Level 2 Regional Age Group Ci
61	1:15.31 L	F	Tanika Smuts	16	BARR CPT	18/02/2017	Western Cape Qualify Gala 3
62	1:16.07 L	F	Amy Vernes	16	SGUL ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
63	1:16.09 L	P	Kristen Kleynhans	16	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
64*	1:16.11 L	F	Emma Wilson-Moore	16	USC BUF	23/03/2017	SA Level 2 Regional Age Group Ci
64*	1:16.11 L	P	Marine Smuts	16	BLOT MAN	13/12/2016	KZN Speedo Provincial Champion
66	1:16.54 L	F	Tayla Sinclair	16	STAD JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
67	1:16.94 L	F	Tharien vd Walt	16	FAAC FBD	09/12/2016	NCASA Sprints 2016
68	1:16.98 L	F	Zantia BAINBRIDGE	16	ELEC JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
69	1:17.00 L	F	Leeann Masson	16	SEAL UMD	25/11/2016	KZN TYR Westville Sprints 2016
70	1:17.05 L	F	Marguerite Van Jaarsveld	16	BLOT MAN	30/11/2016	FS CHAMPS
71	1:17.30 L	F	Lene Boshoff	16	BLOT MAN	30/11/2016	FS CHAMPS
72	1:17.33 L	P	Courtney Pretorius	16	PER JHB	23/03/2017	SA Level 3 Regional Age Group Ci
73	1:17.38 L	P	Lindelize Bester	16	BEST NMA	30/09/2016	Aquabear Invitational Meet
74	1:17.41 L	F	Christelle Leeuw	16	BARR CPT	18/11/2016	Western Cape Summer QF2
75	1:17.42 L	F	Janine Van Heerden	16	DDA TSH	21/10/2016	NTS October 2016 Age Group Gal
76	1:17.43 L	F	Leigh Hudson	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
77	1:17.53 L	F	Xandri Fourie	16	BLOT MAN	30/11/2016	FS CHAMPS
78	1:17.62 L	F	Katherine Burnett	16	NDSA ETH	23/03/2017	SA Level 3 Regional Age Group C
79	1:18.27 L	P	Savanna Sommerville	16	DDA TSH	31/03/2017	SA Level 2 Regional Age Group Ci
80	1:18.40 L	F	Meghan Armon	16	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
81	1:18.42 L	F	Jodi Wright	16	WSAA CPT	20/08/2016	Western Cape Summer 1
82	1:18.48 L	P	Kirsten Crous	16	AZON ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
83	1:18.73 L	F	Savannah Sheerin	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group Ci
84	1:18.81 L	P	Nadine Kemp	16	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
85	1:19.06 L	F	Anna-Mart Botes	16	CLSC WCD	23/03/2017	SA Level 2 Regional Age Group Ci
86	1:19.23 L	F	Hannah Varyawa	16	LAD UTD	25/11/2016	KZN TYR Westville Sprints 2016
87	1:19.28 L	F	Sarah Brand	16	ASA ILD	25/11/2016	KZN TYR Westville Sprints 2016
88	1:19.42 L	F	Calynn Smith	16	PSC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
89	1:19.43 L	F	Storm Ryder	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group Ci
90	1:19.46 L	F	Chloe Longwitz	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
91	1:19.49	L	F	Elmé Genis	16	EAGA CCD	27/01/2017 Limpopo School Championships
92	1:19.69	L	F	Carmen De Clerck	16	DDA FSH	21/10/2016 NTS October 2016 Age Group Gal
93	1:19.87	L	F	Londi Busse	16	SEAL UMD	25/11/2016 KZN TYR Westville Sprints 2016
94	1:19.97	L	F	Elizabeth Van Straten	16	DDA FSH	25/11/2016 NTS November 2016 Age Group C
95	1:20.11	L	F	Abigael Grobler	16	FISH EDD	23/03/2017 SA Level 3 Regional Age Group C
96	1:20.20	L	P	Elizabeth Pretorius	16	BLOT MAN	17/03/2017 SA National JNR Age Group Charr
97	1:20.34	L	F	Laura Turpin	16	TUKS FSH	21/10/2016 NTS October 2016 Age Group Gal
98	1:20.37	L	F	Jenna- Laine Fuller	16	AFIN JHB	15/10/2016 CGA Level 2 gala No 2
99	1:20.41	L	F	Elsie Botha	16	SS LP	25/11/2016 Limpopo Champs 25-27 Novembe
100	1:20.43	L	P	Deané Toerien	16	TASC LP	23/03/2017 SA Level 3 Regional Age Group Ci
101	1:20.63	L	F	Kristen Edwards	16	STAD JHB	21/01/2017 CGA Level 3 - SANJ Last Chance
102	1:20.69	L	F	Cornelia Reyneke	16	UPTS ZMD	09/12/2016 NCASA Sprints 2016
103	1:20.75	L	F	Dehanke van Rensburg	16	HREF BPD	15/10/2016 NWS Age Group 1 1617
104	1:20.79	L	F	Zoë Bredenkamp	16	MANT CPT	23/03/2017 SA Level 3 Regional Age Group C
105	1:20.94	L	P	Jaime Bossenger	16	PAQU CED	03/02/2017 Western Cape Jack Currie Champ
106	1:21.13	L	F	Hannah Schimper	16	AZON ETH	06/08/2016 eThekwini Age Group Gala 4
107	1:21.48	L	F	Alexia-Marie Duarte	16	NWUC KKD	08/12/2016 NWS Championships 2016/2017
108	1:21.65	L	F	Lara Featherstone	16	VINE CPT	20/08/2016 Western Cape Summer 1
109	1:21.95	L	F	Hilda Du Toit	16	WOAQ CED	18/11/2016 Western Cape Summer QF2
110	1:22.09	L	P	Eden Peterkin	16	CRSC JHB	16/12/2016 Vita-thion CGA Open LC Champs
111	1:22.20	L	P	Michaela Cilliers	16	RBOT BPD	31/03/2017 SA Level 2 Regional Age Group Ci
112	1:22.27	L	P	Tyla Panzera	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
113	1:22.32	L	F	Natasja Fourie	16	CSC FSH	23/09/2016 NTS September 2016 Age Group I
114	1:22.43	L	F	Keren Welgemoed	16	DBSC SDD	21/01/2017 EGA Summer 4
115	1:22.44	L	P	Stamatina Piagalas	16	UNIQ JHB	08/12/2016 EGA Championships 2016
116	1:22.73	L	P	Jamie Lotter	16	BON JHB	31/03/2017 SA Level 2 Regional Age Group Ci
117	1:22.74	L	F	Michaela van Schaik	16	PWAC BPD	08/12/2016 NWS Championships 2016/2017
118	1:22.82	L	P	Jenna Whiting	16	SOUL EKU	08/12/2016 EGA Championships 2016
119	1:23.05	L	P	Lauren Vos	16	CRSC JHB	31/03/2017 SA Level 2 Regional Age Group Ci
120	1:23.21	L	F	Angeleah Moss	16	FPHS KKD	03/02/2017 NW Schools Swimming Champion
121	1:23.23	L	F	Nicola Sequeira	16	FLOD JHB	18/02/2017 CGA Level 2 last chance gala day
122	1:23.59	L	F	Katia Turchino	16	BLOT MAN	19/08/2016 Kovsie Aquatics Gala 1
123	1:23.63	L	F	Sheree Brandt	16	USC BUF	02/12/2016 BCA Championships 2016
124	1:23.78	L	F	Kristen McIntyre	16	USC BUF	02/12/2016 BCA Championships 2016
125	1:23.88	L	P	Nicolette Galbraith	16	DORE JHB	08/12/2016 EGA Championships 2016
126	1:23.94	L	F	Sarena Wolff	16	PEPPS CC	27/01/2017 Limpopo School Championships
127	1:23.98	L	F	Hannah Butters	16	CSC FSH	21/10/2016 NTS October 2016 Age Group Gal
128	1:23.99	L	P	Megan Vorster	16	BLNE MAN	13/12/2016 KZN Speedo Provincial Champion
129	1:24.04	L	F	Carrey-Lynn Legge	16	WATR JHB	15/10/2016 CGA Level 2 gala No 2
130	1:24.07	L	F	Caitlin Mc Cann	16	AFIN JHB	15/10/2016 CGA Level 2 gala No 2
131	1:24.31	L	F	Rulandi Viljoen	16	RBOT BPD	08/12/2016 NWS Championships 2016/2017
132*	1:24.42	L	F	Nola De Jongh	16	ASA CPT	20/08/2016 Western Cape Summer 1
132*	1:24.42	L	P	Shannon Linklater	16	PER JHB	31/03/2017 SA Level 2 Regional Age Group Ci
134	1:24.46	L	F	Anlizè Vermeulen	16	FISH EDD	04/11/2016 Freda Barnard Gala 35
135	1:24.59	L	F	Mia Moolman	16	BLOT MAN	27/06/2016 Sasol National Championship 2016
136	1:24.61	L	P	Jemma Bodington	FR	PSA ZLD	23/03/2017 SA Level 2 Regional Age Group Ci
137	1:24.74	L	P	Mya Phillips	16	SODO JHB	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
138	1:24.81	L	F	Nicola Kruger	16	POTC KKD	08/12/2016 NWS Championships 2016/2017
139	1:24.84	L	F	Erin Graham	16	STAD JHB	29/10/2016 CGA Level 3/SANJ Gala No 2
140	1:24.99	L	F	Sigrid Aadnesgaard	16	STPS UMD	25/11/2016 KZN TYR Westville Sprints 2016
141	1:25.10	L	F	Lauren Goodwin	16	QUIC CPT	20/08/2016 Western Cape Summer 1
142	1:25.22	L	P	Mikayla Frara	16	TUKS FSH	31/03/2017 SA Level 2 Regional Age Group Ci
143	1:25.48	L	F	Martha Johanna Visser	16	BLOT MAN	04/02/2017 SUPER SPORT LEAGUE GALA 2
144	1:25.52	L	F	Bernedette Van Vuuren	16	SEAL UMD	27/06/2016 Sasol National Championship 2016
145	1:25.54	L	F	Michelle Coetzer	16	BLNE MAN	30/11/2016 FS CHAMPS
146	1:25.73	L	F	Jenna-Marie Lee	16	NWUC KKD	08/12/2016 NWS Championships 2016/2017
147	1:25.96	L	F	Sonique Spangenberg	16	ORA	09/12/2016 NCASA Sprints 2016
148	1:25.98	L	F	Barbara-Anne De Bruin	16	NCASA	28/01/2017 4 + 1 Inter District Gala 2017
149	1:26.53	L	P	Mikayla Holland	16	FLOD JHB	31/03/2017 SA Level 2 Regional Age Group Ci

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
150	1:27.21	L	F	Samantha Mc Nicol	16	PER	JHB 15/10/2016 CGA Level 2 gala No 2
151	1:27.27	L	P	Kaylee Tolmay	16	BLAE	JHB 31/03/2017 SA Level 2 Regional Age Group Cl
152	1:27.65	L	F	Jenna Stevenson	16	QUIC	CPT 20/08/2016 Western Cape Summer 1
153	1:27.70	L	F	Katherine Van der Merwe	16	SHS	FDD 16/02/2017 Inter High 2017
154	1:27.84	L	F	Chantelle Walker	16	PSC	TSH 02/12/2016 2016 The Tshwane Mayoral Gala
155	1:28.18	L	F	Carla Broodryk	16	ROB	MP 24/02/2017 MPUMALANGA SCHOOL SWIMM
156	1:28.58	L	F	Daniela Venturi	16	VICT	EKU 15/10/2016 EGA Summer 2_15 Oct 2016
157	1:28.93	L	F	Anika Smit	16	PRKA	PSD 22/10/2016 Flamingo Gala 2016
158	1:29.12	L	P	Talitha Vd Walt	16	QUIC	CPT 03/02/2017 Western Cape Jack Currie Champ
159	1:29.52	L	F	Teagan Forbes	16	PWAC	BPD 08/12/2016 NWS Championships 2016/2017
160	1:30.01	L	F	Lené du Plessis	16	VALS	FDD 14/01/2017 Fezile Dabi Age Group Gala
161	1:30.13	L	F	Arleen Moorcroft	16	BLMA	CPT 18/11/2016 Western Cape Summer QF2
162	1:30.46	L	P	Shannon Martins	16	AA	JHB 23/03/2017 SA Level 3 Regional Age Group Cl
163	1:30.51	L	F	Kayler Hulett	16	ASA	ILD 14/01/2017 Ethekwini Age Group 9
164	1:31.93	L	F	Chanéle Maritz	16	TKS	SKD 27/01/2017 Limpopo School Championships
165	1:32.07	L	F	Caitlin Davies	16	MDOL	JHB 18/02/2017 CGA Level 2 last chance gala day
166	1:32.24	L	F	Taylor Smith	16	SWIFT	EKU 21/01/2017 EGA Summer 4
167	1:32.50	L	P	Shanay Gouws	16	SASOL	FDD 27/06/2016 Sasol National Championship 2016
168	1:32.82	L	F	Emugene Botha	16	PSC	TSH 02/12/2016 2016 The Tshwane Mayoral Gala
169	1:34.73	L	F	Shria Reddy	16	BAYV	ETH 06/08/2016 eThekwini Age Group Gala 4
170	1:36.44	L	F	Avisha Sewpersad	16	OTTO	ETH 25/11/2016 KZN TYR Westville Sprints 2016
171	1:38.69	L	F	Ilse Coetzee	16	BLSS	MAN 11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
172	1:39.05	L	F	Kelly McGorian	16	ESTR	EKU 05/11/2016 EGA Summer 3
173	1:39.19	L	F	Lexine Price	16	TLAC	BPD 08/12/2016 NWS Championships 2016/2017
174	1:40.22	L	P	Daleen Laurence	16	WCA	CPT 03/04/2017 Sa National Aquatic Championship
175	1:40.41	L	F	Lara Weir	16	TUKS	TSH 16/09/2016 NTS September 2016 Age Group
176	1:43.26	L	F	Nicolise Du Toit	16	BLSS	MAN 04/02/2017 SUPER SPORT LEAGUE GALA 2
177	1:56.08	L	F	Jenna Jagers	16	MANT	CPT 18/02/2017 Western Cape Qualify Gala 3
178	1:59.67	L	F	Simone Mare	16	USH	UHD 29/10/2016 Uthungulu District November 2016
Women 16-16 200 Back							
1	2:17.99	L	F	Kiara Noades	16	WCA	CPT 03/04/2017 Sa National Aquatic Championship
2	2:21.16	L	S	Abigail Meder	16	WCA	CPT 03/04/2017 Sa National Aquatic Championship
3	2:22.46	L	F	Emma Tarr	16	WATR	JHB 17/03/2017 SA National JNR Age Group Cham
4	2:23.26	L	P	Jessica Beukes	16	RSA	28/03/2017 African Junior Swimming Champio
5	2:23.53	L	F	Hannah Kiely	16	CLSC	WCD 17/03/2017 SA National JNR Age Group Cham
6	2:23.88	L	P	Nora Segurolo	16	CGA	JHB 03/04/2017 Sa National Aquatic Championship
7	2:25.86	L	P	Celine Thevenau	16	SGUL	ETH 05/07/2016 TYR PRESTIGE CHAMPIONSHIP
8	2:26.06	L	P	Ilinde Du Plessis	16	TUKS	TSH 17/03/2017 SA National JNR Age Group Cham
9	2:26.61	L	F	Lize-Mari De Beer	16	MDOL	JHB 17/03/2017 SA National JNR Age Group Cham
10	2:27.43	L	S	Kyla Blakemore	16	KZNA	ETH 03/04/2017 Sa National Aquatic Championship
11	2:27.77	L	P	Sianne Downes	16	MDOL	JHB 04/02/2017 2017 Grand Prix Invitation Swimm
12	2:28.49	L	F	Constantina Pietersen	16	ACSA	ETH 13/12/2016 KZN Speedo Provincial Champion
13	2:29.10	L	F	Chloe Velde	16	AQUA	BUF 02/12/2016 BCA Championships 2016
14	2:29.29	L	F	Emma Wallis	16	WATR	JHB 17/03/2017 SA National JNR Age Group Cham
15	2:29.53	L	P	Jordan-Jenna Rolfe	16	WATR	JHB 17/03/2017 SA National JNR Age Group Cham
16	2:29.58	L	P	Samantha Van Veyeren	16	NTS	TSH 03/04/2017 Sa National Aquatic Championship
17	2:29.69	L	F	Kiara Barnes	16	TYGE	CPT 17/03/2017 SA National JNR Age Group Cham
18	2:29.77	L	F	Amy Stanford	16	PAC	TSH 01/10/2016 Waterborn Invitational 2016
19	2:30.18	L	F	Carla Antonopoulos	16	TYGE	CPT 01/12/2016 Western Cape Summer Champion
20	2:30.55	L	P	Talea Claassens	16	NTS	TSH 03/04/2017 Sa National Aquatic Championship
21	2:30.76	L	F	Sabrina Favini	16	WATR	JHB 03/12/2016 CGA Level 3/SANJ Gala No 3
22	2:30.96	L	F	Lauren Strydom	16	WATR	JHB 16/12/2016 Vita-thion CGA Open LC Champs
23	2:34.07	L	P	Kayla McLoughlin	16	ASA	CPT 01/12/2016 Western Cape Summer Champion
24	2:34.14	L	F	Michelle Kretzschmar	16	BLUO	UGD 02/09/2016 KZN Beavers Winter LongCourse
25	2:34.78	L	F	Kayla Holtshausen	16	TWSA	NMA 30/09/2016 Aquabear Invitational Meet
26	2:35.22	L	F	Jana Coetzé	16	RBOT	BPD 29/10/2016 NWS Age Group 2 1617
27	2:35.37	L	F	Inge Weidemann	16	MATI	GED 15/10/2016 Western Cape Summer 3
28	2:36.06	L	F	Jordyn Minifie	16	PEC	EZD 24/02/2017 MPUMALANGA SCHOOL SWIMM
29	2:36.29	L	P	Erin Hartzenberg	16	TYGE	CPT 17/03/2017 SA National JNR Age Group Cham

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
30	2:36.33 L	F	Kelly Fairon	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
31	2:36.80 L	P	Amber McConnachie	16	BCA BUF	03/04/2017	Sa National Aquatic Championship
32	2:36.86 L	F	Kyla Russell	16	TRIDE ETH	02/09/2016	KZN Beavers Winter LongCourse
33	2:37.33 L	F	Gillian van Eyssen	16	ACSA ETH	02/09/2016	KZN Beavers Winter LongCourse
34	2:38.11 L	P	Callan Nel	16	KZNA ETH	03/04/2017	Sa National Aquatic Championship
35	2:38.60 L	F	Raquel Correia	16	CRSC JHB	17/09/2016	CGA Level 3/SANJ Gala No 1
36	2:38.62 L	P	Kelly Hall	16	SGUL ETH	17/03/2017	SA National JNR Age Group Cham
37	2:39.19 L	F	Isabelle Boles	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
38	2:39.26 L	F	Ashleigh Munks	16	BOKS EKU	08/12/2016	EGA Championships 2016
39	2:39.31 L	P	Jessica Schrader	16	SASE JHB	16/12/2016	Vita-thion CGA Open LC Champs
40	2:39.57 L	F	Robin Terblanche	16	CSC TSH	23/09/2016	NTS September 2016 Age Group I
41	2:39.69 L	F	Robyn Marais	16	TYGE CPT	23/03/2017	SA Level 3 Regional Age Group C
42	2:40.08 L	P	Carli Wagner	16	ELEC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
43	2:40.25 L	P	Erica Moolman	16	BLOT MAN	23/03/2017	SA Level 3 Regional Age Group C
44	2:41.20 L	F	Marine Nortje	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
45	2:41.38 L	F	Robyn McMillan	16	ASA CPT	01/12/2016	Western Cape Summer Champion
46	2:42.08 L	F	Corlia Botha	16	HILL TSH	23/03/2017	SA Level 3 Regional Age Group Ci
47	2:42.57 L S	F	Marine Smuts	16	BLOT MAN	30/11/2016	FS CHAMPS
48	2:42.71 L	P	Erin Jarvis	16	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
49	2:42.85 L	F	Sara Russell	16	USC BUF	02/12/2016	BCA Championships 2016
50	2:44.00 L	F	Georgina Haler	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
51	2:44.36 L	F	Nicole De Beer	16	BENS EKU	31/03/2017	SA Level 2 Regional Age Group Ci
52	2:44.60 L	F	Jade Grobbelaar	16	PEAS NMA	30/09/2016	Aquabear Invitational Meet
53	2:45.27 L	F	Chloe Longwitz	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
54	2:45.67 L	P	Zantia BAINBRIDGE	16	ELEC JHB	16/12/2016	Vita-thion CGA Open LC Champs
55	2:45.72 L	P	Kirsten Crous	16	AZON ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
56	2:45.95 L	F	Amber Waddell	16	BLSS MAN	01/10/2016	Seals Gala
57	2:46.39 L	F	Elizabeth Van Straten	16	DDA TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
58	2:46.63 L	F	Kristen Kleynhans	16	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
59	2:46.94 L	F	Courtney Pretorius	16	PER JHB	24/09/2016	CGA Level 2 gala No 1
60	2:46.95 L	F	Skye Munro	16	NSA EZD	30/09/2016	Uniswim Spar Summer Gala
61	2:47.64 L	P	Lene Boshoff	16	BLOT MAN	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
62	2:47.65 L	F	Emma Wilson-Moore	16	USC BUF	02/12/2016	BCA Championships 2016
63	2:48.14 L	F	Nadine Kemp	16	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
64	2:48.50 L	F	Savannah Sheerin	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group Ci
65	2:48.79 L	P	Tanika Smuts	16	BARR CPT	23/03/2017	SA Level 3 Regional Age Group C
66	2:49.90 L	F	Janine Van Heerden	16	DDA TSH	18/11/2016	NTS November 2016 Age Group L
67	2:50.49 L S	F	Xandri Fourie	16	BLOT MAN	30/11/2016	FS CHAMPS
68	2:50.86 L	F	Tharien vd Walt	16	NCASA	28/01/2017	4 + 1 Inter District Gala 2017
69	2:51.15 L	F	Anna-Mart Botes	16	CLSC WCD	23/03/2017	SA Level 2 Regional Age Group Ci
70	2:51.74 L	F	Keren Welgemoed	16	DBSC SDD	05/11/2016	EGA Summer 3
71	2:52.19 L	F	Hilda Du Toit	16	WOAQ CED	03/02/2017	Western Cape Jack Currie Champ
72	2:52.35 L	F	Kianne Coltman	16	WATR JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
73	2:52.95 L	F	Stamatina Piagalas	16	UNIQU JHB	08/12/2016	EGA Championships 2016
74	2:54.22 L	F	Jaime Bossenger	16	PAQU CED	23/03/2017	SA Level 3 Regional Age Group C
75	2:54.37 L	P	Jamie Lotter	16	BON JHB	31/03/2017	SA Level 2 Regional Age Group Ci
76	2:54.59 L	F	Hannah Varyawa	16	LAD JTD	25/11/2016	KZN TYR Westville Sprints 2016
77*	2:54.72 L	F	Amy Vernes	16	SGUL ETH	17/09/2016	eThekwini Age Group Gala 6
77*	2:54.72 L S	F	Meghan Armon	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
79	2:54.79 L	P	Storm Ryder	16	ESP EKU	08/12/2016	EGA Championships 2016
80	2:55.39 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017
81	2:56.02 L	F	Elsie Botha	16	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
82	2:56.20 L	F	Nicolette Galbraith	16	DORE JHB	05/11/2016	CGA Level 2 Gala No 3
83	2:56.57 L	F	Jenna- Laine Fuller	16	AFIN JHB	05/11/2016	CGA Level 2 Gala No 3
84	2:56.75 L	F	Lara Featherstone	16	VINE CPT	15/10/2016	Western Cape Summer 3
85	2:57.44 L	P	Megan Vorster	16	BLNE MAN	13/12/2016	KZN Speedo Provincial Champion
86	2:58.16 L	F	Angeleah Moss	16	NWS	07/10/2016	NTS Invitational Gala 2016
87	2:59.72 L	F	Rulandi Viljoen	16	RBOT BPD	08/12/2016	NWS Championships 2016/2017
88	2:59.76 L	F	Sheree Brandt	16	USC BUF	02/12/2016	BCA Championships 2016

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
89	3:02.41 L	F	Sonique Spangenberg	16	ORA	09/12/2016	NCASA Sprints 2016
90	3:03.22 L	F	Caitlin Mc Cann	16	AFIN JHB	05/11/2016	CGA Level 2 Gala No 3
91	3:03.67 L	F	Bernedette Van Vuuren	16	SEAL UMD	24/02/2017	KZN Speedo Level 2 Provincial Cf
92	3:04.59 L	P	Calynn Smith	16	PSC FSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
93	3:05.05 L	F	Nicola Kruger	16	POTC KKD	08/12/2016	NWS Championships 2016/2017
94	3:05.47 L S	F	Michelle Coetzer	16	BLNE MAN	30/11/2016	FS CHAMPS
95	3:07.06 L	F	Michaela Cilliers	16	RTBHS BPD	03/02/2017	NW Schools Swimming Champion
96	3:07.42 L	F	Arleen Moorcroft	16	BLMA CPT	03/02/2017	Western Cape Jack Currie Champ
97	3:08.63 L	F	Katherine Van der Merwe	16	SHS FDD	16/02/2017	Inter High 2017
98	3:10.22 L S	P	Shanay Gouws	16	SASOL FDD	27/06/2016	Sasol National Championship 2016
99	3:10.81 L	F	Chantelle Walker	16	PSC FSH	18/11/2016	NTS November 2016 Age Group L
100	3:10.98 L	F	Samantha Mc Nicol	16	PER JHB	05/11/2016	CGA Level 2 Gala No 3
101	3:11.44 L	F	Tasneem Kharva	16	MDOL JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
102	3:12.13 L	F	Mia Benade	16	UPTS ZMD	11/11/2016	Age group 2 2016 Upington
103	3:13.14 L	F	Barbara-Anne De Bruin	16	GHSK FBD	09/12/2016	NCASA Sprints 2016
104	3:13.74 L	F	Teagan Forbes	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
105	3:14.07 L	F	Sigrid Aadnesgaard	16	STPS UMD	03/07/2016	eThekwini Age Group Gala 3
106	3:15.79 L	F	Caitlin Davies	16	MDOL JHB	24/09/2016	CGA Level 2 gala No 1
107	3:17.82 L	F	Taylor Smith	16	SWIFT EKU	18/02/2017	EGA Summer 5 Gala
108	3:18.56 L	F	Anika Smit	16	PRKA PSD	05/01/2017	NCASA Champs 2017
109	3:20.71 L	F	Emugene Botha	16	PSC FSH	18/11/2016	NTS November 2016 Age Group L
110	3:28.45 L	F	Shria Reddy	16	BAYV ETH	03/07/2016	eThekwini Age Group Gala 3
111	3:30.51 L	F	Leigh-Ann Avis	16	SHS FDD	16/02/2017	Inter High 2017
112	3:34.46 L	F	Ilse Coetzee	16	SHS FDD	16/02/2017	Inter High 2017
113	3:35.88 L	F	Lexine Price	16	TLAC BPD	08/12/2016	NWS Championships 2016/2017
Women 16-16 50 Breast							
1	33.64 L	F	Jade Simons	16	RSA	28/03/2017	African Junior Swimming Champio
2	33.75 L	F	Samantha Van Veyeren	16	TUKS FSH	17/03/2017	SA National JNR Age Group Charr
3	33.87 L	F	Hannah Altmann	16	VINE CPT	18/11/2016	Western Cape Summer QF2
4	34.10 L	F	Tatum Peyerl	16	MDOL JHB	17/03/2017	SA National JNR Age Group Charr
5	34.11 L	F	Sabrina Favini	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
6	34.36 L	P	Hannah Kiely	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
7	34.78 L	P	Leigh Hudson	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
8*	34.99 L	F	Emma Wallis	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
8*	34.99 L	F	Jenna Whiting	16	SOUL EKU	08/12/2016	EGA Championships 2016
10*	35.19 L	F	Tracy-Lee Young	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
10*	35.19 L	F	Emma Huxtable	16	STPS UMD	03/07/2016	eThekwini Age Group Gala 3
12	35.20 L	P	Erin Graham	16	STAD JHB	17/03/2017	SA National JNR Age Group Charr
13	35.30 L	P	Elizabeth Pretorius	16	SHS FDD	16/02/2017	Inter High 2017
14*	35.56 L	P	Kara Vermaak	16	TUKS FSH	17/03/2017	SA National JNR Age Group Charr
14*	35.56 L	F	Sune Van Jaarsveld	16	NTS FSH	22/10/2016	VIII Gala Golfinhos Sprint
16	35.61 L	P	Lindelize Bester	16	NMA NMA	03/04/2017	Sa National Aquatic Championship
17	35.63 L	P	Tarryn Campbell	16	CRSC JHB	17/03/2017	SA National JNR Age Group Charr
18	35.98 L	F	Kelly Fairon	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
19	36.01 L	F	Montana Swart	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
20	36.03 L	P	Tanna Baker	16	TUKS FSH	17/03/2017	SA National JNR Age Group Charr
21	36.54 L S	F	Kelly Seymour	16	USC BUF	10/02/2017	6th A League Gala 2017
22	36.76 L	P	Georgina Haler	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
23	36.77 L	F	Constantina Pietersen	16	ACSA ETH	04/11/2016	KZN Action Swimming Champs 20
24	36.82 L	F	Sianne Downes	16	MDOL JHB	16/12/2016	Vita-thion CGA Open LC Champs
25*	37.19 L	F	Deané Toerien	16	TASC LP	25/11/2016	Limpopo Champs 25-27 Novembe
25*	37.19 L	F	Chloe Velde	16	AQUA BUF	10/02/2017	BCA February Age Group Gala 20
27	37.24 L	P	Mieke De Villiers	16	INFA NMA	17/03/2017	SA National JNR Age Group Charr
28	37.35 L	P	Kelly Hall	16	SGUL ETH	17/03/2017	SA National JNR Age Group Charr
29	37.39 L	F	Amy Bellairs	16	TWSA NMA	24/06/2016	PEA Winter Gala 2016
30	37.69 L	F	Sarah Brand	16	ASA ILD	25/11/2016	KZN TYR Westville Sprints 2016
31	37.75 L	F	Sarah Gledhill	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Ci
32	37.80 L	F	Marine Nortje	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
33	37.88 L	F	Eden Peterkin	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Ci

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
34	37.89 L	P	Laura Turpin	16	TUKS FSH	07/12/2016	NTS Championships 2016
35	38.30 L	F	Erika Esterhuizen	16	WSTV ETH	02/09/2016	KZN Beavers Winter LongCourse
36	38.33 L	F	Anlizè Vermeulen	16	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C
37	38.35 L	F	Sage Cawse	16	AQUB NMA	11/11/2016	4th A League Gala 2016
38	38.36 L	F	Jenna- Laine Fuller	16	AFIN JHB	23/03/2017	SA Level 3 Regional Age Group C
39	38.41 L	F	Jordyn Minifie	16	PEC EZD	28/10/2016	Top Schools - High School 28 Oct
40	38.42 L	P	Alice Vd Merwe	16	WELL CED	01/12/2016	Western Cape Summer Champion
41	38.46 L	P	Hannah Jones	16	SEAL UMD	13/12/2016	KZN Speedo Provincial Champion
42	38.51 L	P	Robyn Marais	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
43	38.54 L	F	Jana Coetzé	16	RBOT BPD	08/12/2016	NWS Championships 2016/2017
44	38.55 L	F	Sheree Brandt	16	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
45	38.58 L	F	Jessica Reimers	16	SEAL UMD	13/12/2016	KZN Speedo Provincial Champion
46	38.61 L	P	Isabelle Boles	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
47	38.74 L	F	Robin Terblanche	16	CSC FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
48	39.24 L	F	Amy Vernes	16	SGUL ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
49	39.29 L	F	Amber McConnachie	16	BCA BUF	07/01/2017	EDEN INTERPROVINCIAL 2017
50	39.46 L	P	Eden Cronje	16	STAD JHB	16/12/2016	Vita-thion CGA Open LC Champs
51	39.47 L	F	Erica Moolman	16	BLOT MAN	17/09/2016	Otters Charity Gala
52	39.50 L	F	Callan Nel	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
53	39.54 L	F	Anika Smit	16	PRKA PSD	09/12/2016	NCASA Sprints 2016
54	39.63 L	P	Hannah Schimper	16	AZON ETH	13/12/2016	KZN Speedo Provincial Champion
55	39.67 L	F	Jenna-Marie Lee	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
56	39.86 L	F	Skye Munro	16	ESS EZD	28/10/2016	Top Schools - High School 28 Oct
57	40.12 L	P	Gillian van Eyssen	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
58	40.30 L	F	Hannah Jamieson	16	PAC FSH	31/03/2017	SA Level 2 Regional Age Group C
59	40.33 L	F	Amy Stanford	16	PAC FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
60	40.35 L	P	Nishaat Davids	16	MANT CPT	30/09/2016	Aquabear Invitational Meet
61*	40.39 L	P	Georgy Turner	16	MDOL JHB	23/03/2017	SA Level 3 Regional Age Group C
61*	40.39 L	F	Sigrid Aadnesgaard	16	STPS UMD	02/09/2016	KZN Beavers Winter LongCourse
63	40.42 L	F	Savannah Sheerin	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group C
64	40.59 L	F	Tanika Smuts	16	BARR CPT	04/11/2016	Freda Barnard Gala 35
65	40.73 L	F	Storm Ryder	16	ESP EKU	08/12/2016	EGA Championships 2016
66	40.78 L	F	Alexia-Marie Duarte	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
67	40.87 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017
68	40.92 L	F	Katia Turchino	16	BLOT MAN	30/11/2016	FS CHAMPS
69	40.96 L	F	Kayler Hulett	16	ASA ILD	23/03/2017	SA Level 2 Regional Age Group C
70	41.01 L	F	Abigael Grobler	16	FISH EDD	23/03/2017	SA Level 2 Regional Age Group C
71	41.03 L	P	Mikayla Holland	16	FLOD JHB	31/03/2017	SA Level 2 Regional Age Group C
72	41.08 L	P	Zantia BAINBRIDGE	16	ELEC JHB	16/12/2016	Vita-thion CGA Open LC Champs
73	41.10 L	F	Savanna Sommerville	16	DDA FSH	02/12/2016	2016 The Tshwane Mayoral Gala
74	41.14 L	F	Nola De Jongh	16	ASA CPT	18/11/2016	Western Cape Summer QF2
75	41.32 L	F	Nicola Sequeira	16	FLOD JHB	31/03/2017	SA Level 2 Regional Age Group C
76	41.66 L	F	Michaela van Schaik	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
77	41.69 L	F	Kayla Holtshausen	16	TWSA NMA	11/11/2016	4th A League Gala 2016
78	41.70 L	F	Nadine Kemp	16	BLNE MAN	17/09/2016	Otters Charity Gala
79	41.73 L	F	Tamryn Ann Palani	16	PISC ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf
80	42.01 L	F	Avisha Sewpersad	16	OTTO ETH	23/03/2017	SA Level 2 Regional Age Group C
81*	42.02 L	P	Lene Boshoff	16	BLOT MAN	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
81*	42.02 L	F	Jessica Beukes	16	PEAS NMA	09/09/2016	2nd A League 2016
83	42.11 L	F	Amy Pienaar	16	BLNE MAN	17/09/2016	Otters Charity Gala
84	42.17 L	F	Brooklyn Milne	16	ASA CPT	03/07/2016	eThekwini Age Group Gala 3
85*	42.23 L	F	Kyla Russell	16	TRIDE ETH	03/07/2016	eThekwini Age Group Gala 3
85*	42.23 L	F	Meghan Armon	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
87	42.49 L	P	Daniela Venturi	16	VICT EKU	08/12/2016	EGA Championships 2016
88	42.59 L	F	Chloe Schroeder	16	VIKI BUF	02/12/2016	BCA Championships 2016
89	42.68 L	F	Kyra Gilfillan	16	UNI-N EZD	14/10/2016	MP AGE GROUP 2 - 2016
90	42.70 L	P	Calynn Smith	16	PSC FSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
91*	42.89 L	P	Mia Moolman	16	BLOT MAN	27/06/2016	Sasol National Championship 2016
91*	42.89 L	F	Shivani Nana	16	ATLA JHB	18/02/2017	CGA Level 2 last chance gala day

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
93	42.97 L	F	Sarena Wolff	16	PEPPS CC	27/01/2017	Limpopo School Championships
94	42.99 L	P	Jemma Bodington	FR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Ci
95	43.10 L	F	Alida Jacobs	16	BULS MAN	17/09/2016	Otters Charity Gala
96	43.24 L	F	Mia Benade	16	UPTS ZMD	11/11/2016	Age group 2 2016 Upington
97	43.28 L	F	Jade Louw	16	FSE UJD	28/01/2017	Ushaka Championship Gala 2017
98	43.40 L	F	Tasmiyyah Moola	16	SRAY BUF	10/02/2017	BCA February Age Group Gala 20
99	43.51 L	F	Grayce Stubbs	16	L2C BPD	03/02/2017	NW Schools Swimming Champion
100	43.59 L	F	Marine Smuts	16	BLOT MAN	19/08/2016	Kovsie Aquatics Gala 1
101	43.82 L	F	Sarah Tough	16	CADO CPT	20/08/2016	Western Cape Summer 1
102	44.03 L	F	Tatjana Kleine	16	CSC TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
103*	44.07 L	F	Jodi Wright	16	WSAA CPT	20/08/2016	Western Cape Summer 1
103*	44.07 L	F	Chanélle Maritz	16	TKS SKD	27/01/2017	Limpopo School Championships
105	44.32 L	F	Shria Reddy	16	BAYV ETH	14/01/2017	Ethekwini Age Group 9
106	44.48 L	F	Caitlin Mc Cann	16	AFIN JHB	05/11/2016	CGA Level 2 Gala No 3
107	44.69 L	F	Fatima Mohamed	16	ATLA JHB	24/09/2016	CGA Level 2 gala No 1
108	44.79 L	P	Megan Vorster	16	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group Ci
109	44.92 L	F	Marion Colan	16	BEAV ETH	02/09/2016	KZN Beavers Winter LongCourse
110	45.10 L	F	Caitlin Davies	16	MDOL JHB	18/02/2017	CGA Level 2 last chance gala day
111	45.12 L	F	Dehanke van Rensburg	16	HREF BPD	15/10/2016	NWS Age Group 1 1617
112	45.13 L	F	Tasneem Kharva	16	MDOL JHB	18/02/2017	EGA Summer 5 Gala
113	45.22 L	F	Alice Voigt	16	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016
114	45.24 L	F	Emugene Botha	16	PSC TSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
115	45.53 L	F	Jade Borrett	16	FISH EDD	28/01/2017	Eden 5th A League Gala
116	45.66 L	P	Nicole De Beer	16	BENS EKU	08/12/2016	EGA Championships 2016
117	45.91 L	P	Anna-Mart Botes	16	CLSC WCD	03/02/2017	Western Cape Jack Currie Champ
118	46.13 L	F	Sumarie Roodt	16	FSE UJD	14/01/2017	Uthungulu District January Age Gr
119	46.38 L	P	Jamie Lotter	16	BON JHB	16/12/2016	Vita-thion CGA Open LC Champs
120	46.43 L	F	Kelly McGorian	16	ESTR EKU	10/09/2016	Adrian Grafe Memorial Gala 2016
121	46.55 L	F	Carla Broodryk	16	WDG EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
122*	47.18 L	P	Bernedette Van Vuuren	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
122*	47.18 L	F	Samara Mendes	16	STA	28/10/2016	Top Schools - High School 28 Oct
124	47.30 L	P	Kaylee Tolmay	16	BLAE JHB	16/12/2016	Vita-thion CGA Open LC Champs
125	47.39 L	F	Zoë Bredenkamp	16	MANT CPT	20/08/2016	Western Cape Summer 1
126	47.43 L	F	Aimeë Arendse	16	MANT CPT	18/02/2017	Western Cape Qualify Gala 3
127	47.50 L	F	Sonique Spangenberg	16	ORA	09/12/2016	NCASA Sprints 2016
128	47.62 L	F	Nicola Kruger	16	POTC KKD	15/10/2016	NWS Age Group 1 1617
129	47.74 L	F	Dominique Graaf	16	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
130	47.90 L	F	Michaela Cilliers	16	RBOT BPD	08/12/2016	NWS Championships 2016/2017
131	47.93 L	P	Taylor Smith	16	SWIFT EKU	08/12/2016	EGA Championships 2016
132	48.10 L	F	Michelle Coetzer	16	BLNE MAN	30/11/2016	FS CHAMPS
133	48.41 L	F	Zarreen Khan	16	PGHS KKD	03/02/2017	NW Schools Swimming Champion
134	48.67 L	F	Chantenique Barnard	16	KALA JTD	22/10/2016	Flamingo Gala 2016
135	48.75 L	F	Elsie Botha	16	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
136	48.85 L	P	Shannon Martins	16	AA JHB	23/03/2017	SA Level 3 Regional Age Group Ci
137	49.10 L	F	Wilmiën Schutte	16	TVIK WBD	03/09/2016	2016 Speedo Hillcrest Sprint Gala
138	49.15 L	F	Nicola du Plooy	16	RTBHS BPD	03/02/2017	NW Schools Swimming Champion
139	49.23 L	F	Rulandi Viljoen	16	RBOT BPD	08/12/2016	NWS Championships 2016/2017
140	49.26 L	F	Chantelle Walker	16	PSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
141	49.69 L	F	Marlé Van Wyk	16	FISH EDD	22/10/2016	EDEN 2nd A-League Gala 2016
142	49.77 L	F	Barbara-Anne De Bruin	16	GHSK FBD	14/10/2016	MP AGE GROUP 2 - 2016
143	49.79 L	P	Shanay Gouws	16	SASOL FDD	27/06/2016	Sasol National Championship 2016
144	49.87 L	F	Holly Naude	16	ALBA NMA	15/10/2016	3rd A League Gala 2016
145	50.01 L	P	Conny Kruger	16	TTNS SDD	27/06/2016	Sasol National Championship 2016
146	50.44 L	F	Teagan Forbes	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
147	50.47 L	F	Sunè Conradie	16	WOAQ CED	18/02/2017	Western Cape Qualify Gala 3
148	50.55 L	F	Talitha Vd Walt	16	QUIC CPT	20/08/2016	Western Cape Summer 1
149	50.63 L	F	Inge Wessels	16	UPTS ZMD	11/11/2016	Age group 2 2016 Upington
150	50.81 L	F	Lindie Meyer	16	NWUC KKD	29/10/2016	NWS Age Group 2 1617
151	51.66 L	F	Bronwynne Lekay	16	FISH EDD	04/11/2016	Freda Barnard Gala 35

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
152	53.43 L	F	Leigh-Ann Avis	16	TKS SKD	30/01/2017	NFS INTER HIGH SCHOOL CHAM
153	54.12 L	F	Simune Matthee	16	DMA EZD	03/02/2017	MP Age Group 4 - 3 & 4 February
154	55.25 L	F	Talulah Manyanga-Tshika	16	PEC EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
155	56.08 L	F	Simone Mare	16	USH UJD	29/10/2016	Uthungulu District November 2016
156	57.06 L	P	Jenna Jagers	16	MANT CPT	23/03/2017	SA Level 3 Regional Age Group C
157	57.46 L	F	Nicolise Du Toit	16	BLSS MAN	30/11/2016	FS CHAMPS
158	57.59 L	F	Khenan Bronkhorst	16	FIELD NW	03/02/2017	NW Schools Swimming Champion
159	57.64 L	F	Ané Swart	16	ROB MP	03/02/2017	MP Age Group 4 - 3 & 4 February
160	57.98 L	F	Virone Mongwe	16	SOSH TSH	02/12/2016	2016 The Tshwane Mayoral Gala
Women 16-16 100 Breast							
1	1:13.53 L	F	Samantha Van Veyeren	16	TUKS TSH	07/12/2016	NTS Championships 2016
2	1:14.12 L	F	Tatum Peyerl	16	MDOL JHB	17/03/2017	SA National JNR Age Group Cham
3	1:14.56 L	F	Jade Simons	16	RSA	28/03/2017	African Junior Swimming Champio
4	1:14.59 L	F	Sabrina Favini	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
5	1:14.92 L	S	Tracy-Lee Young	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
6	1:15.23 L	F	Hannah Altmann	16	VINE CPT	17/03/2017	SA National JNR Age Group Cham
7	1:15.51 L	F	Emma Wallis	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
8	1:15.98 L	P	Hannah Kiely	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
9	1:16.48 L	P	Lindelize Bester	16	NMA NMA	03/04/2017	Sa National Aquatic Championship
10	1:17.15 L	F	Leigh Hudson	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
11	1:17.47 L	P	Emma Huxtable	16	STPS UMD	13/12/2016	KZN Speedo Provincial Champion
12	1:17.54 L	F	Kara Vermaak	16	TUKS TSH	17/03/2017	SA National JNR Age Group Cham
13	1:17.65 L	F	Sune Van Jaarsveld	16	TUKS TSH	07/12/2016	NTS Championships 2016
14	1:17.90 L	F	Tanna Baker	16	TUKS TSH	17/03/2017	SA National JNR Age Group Cham
15	1:18.55 L	P	Elizabeth Pretorius	16	SHS FDD	16/02/2017	Inter High 2017
16	1:18.65 L	F	Erin Graham	16	STAD JHB	17/03/2017	SA National JNR Age Group Cham
17	1:18.85 L	P	Georgina Haler	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
18	1:19.01 L	F	Montana Swart	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
19	1:19.12 L	F	Kelly Fairon	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
20	1:19.16 L	F	Tarryn Campbell	16	CRSC JHB	13/12/2016	KZN Speedo Provincial Champion
21	1:19.18 L	P	Jenna Whiting	16	SOUL EKU	17/03/2017	SA National JNR Age Group Cham
22	1:19.63 L	P	Sianne Downes	16	MDOL JHB	21/01/2017	2017 Grand Prix Invitation Swimm
23	1:19.72 L	F	Mieke De Villiers	16	INFA NMA	17/03/2017	SA National JNR Age Group Cham
24	1:19.86 L	P	Jordyn Minifie	16	MP EZD	03/04/2017	Sa National Aquatic Championship
25	1:20.34 L	F	Jessica Smit	16	CSC TSH	16/12/2016	Vita-thion CGA Open LC Champs
26	1:20.64 L	P	Kelly Hall	16	SGUL ETH	17/03/2017	SA National JNR Age Group Cham
27	1:21.45 L	F	Sarah Brand	16	ASA ILD	23/03/2017	SA Level 3 Regional Age Group C
28	1:21.91 L	P	Kelly Seymour	16	USC BUF	17/03/2017	SA National JNR Age Group Cham
29	1:22.39 L	F	Kiara Noades	16	MATI CED	17/09/2016	Western Cape Summer 2
30	1:22.68 L	F	Laura Turpin	16	TUKS TSH	07/12/2016	NTS Championships 2016
31	1:22.87 L	F	Chloe Velde	16	HHPS	09/12/2016	EC Aquatics Schools Trials Gala
32*	1:23.36 L	F	Eden Peterkin	16	CRSC JHB	16/12/2016	Vita-thion CGA Open LC Champs
32*	1:23.36 L	F	Jessica Reimers	16	SEAL UMD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
34	1:23.53 L	F	Amy Bellairs	16	TWSA NMA	24/06/2016	PEA Winter Gala 2016
35	1:23.80 L	F	Robyn Marais	16	TYGE CPT	23/03/2017	SA Level 3 Regional Age Group C
36	1:24.11 L	F	Hannah Jones	16	SEAL UMD	13/12/2016	KZN Speedo Provincial Champion
37	1:24.42 L	F	Anlizè Vermeulen	16	FISH EDD	26/11/2016	Eden LC Champs 2016
38	1:25.20 L	F	Hannah Schimper	16	AZON ETH	25/11/2016	KZN TYR Westville Sprints 2016
39	1:25.26 L	P	Jenna- Laine Fuller	16	AFIN JHB	23/03/2017	SA Level 3 Regional Age Group Ci
40*	1:25.78 L	F	Deané Toerien	16	TASC LP	25/11/2016	Limpopo Champs 25-27 Novembe
40*	1:25.78 L	F	Amber McConnachie	16	AQUA BUF	10/02/2017	BCA February Age Group Gala 20
42	1:26.17 L	F	Sheree Brandt	16	USC BUF	23/03/2017	SA Level 3 Regional Age Group C
43	1:26.33 L	F	Sage Cawse	16	AQUB NMA	30/09/2016	Aquabear Invitational Meet
44	1:26.54 L	F	Elmé Genis	16	EAGA CCD	27/01/2017	Limpopo School Championships
45	1:27.00 L	F	Carmen De Clerck	16	DDA TSH	21/10/2016	NTS October 2016 Age Group Gal
46	1:27.08 L	F	Amy Vernes	16	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C
47	1:27.25 L	F	Jenna-Marie Lee	16	NWS	05/11/2016	Fezile Dabi Inter Provincial Gala
48	1:27.27 L	F	Erica Moolman	16	BLOT MAN	02/09/2016	Kovsie Aquatics Gala 2
49	1:27.34 L	F	Gillian van Eyssen	16	ACSA ETH	02/09/2016	KZN Beavers Winter LongCourse

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
50	1:27.53	L	F	Anika Smit	16	PRKA PSD	22/10/2016 Flamingo Gala 2016
51	1:27.69	L	F	Nishaat Davids	16	MANT CPT	18/02/2017 Western Cape Qualify Gala 3
52	1:27.74	L	F	Robin Terblanche	16	CSC TSH	23/09/2016 NTS September 2016 Age Group I
53	1:27.90	L	F	Jana Coetzé	16	RTBHS BPD	03/02/2017 NW Schools Swimming Champion
54	1:28.13	L	F	Katherine Burnett	16	NDSA ETH	06/08/2016 eThekwini Age Group Gala 4
55	1:28.21	L	P	Eden Cronje	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
56	1:28.42	L	F	Amy Stanford	16	PAC TSH	23/09/2016 NTS September 2016 Age Group I
57	1:28.55	L	F	Skye Munro	16	NSA EZD	30/09/2016 Uniswim Spar Summer Gala
58	1:28.76	L S	F	Callan Nel	16	SEAL UMD	27/06/2016 Sasol National Championship 2016
59	1:28.92	L	F	Erin Hartzenberg	16	RSA	16/02/2017 2017 Cana Zone IV Swimming Ch
60	1:29.05	L	F	Calynn Smith	16	PSC TSH	31/03/2017 SA Level 2 Regional Age Group Ci
61	1:29.37	L	F	Hannah Butters	16	CSC TSH	03/02/2017 NTS Feb 2017 Age Group Level 3
62	1:29.47	L	P	Georgy Turner	16	MDOL JHB	23/03/2017 SA Level 3 Regional Age Group Ci
63	1:30.11	L	F	Hannah Jamieson	16	PAC TSH	31/03/2017 SA Level 2 Regional Age Group Ci
64	1:30.46	L	P	Storm Ryder	16	ESP EKU	31/03/2017 SA Level 2 Regional Age Group Ci
65	1:30.57	L	P	Savanna Sommerville	16	DDA TSH	31/03/2017 SA Level 2 Regional Age Group Ci
66	1:30.67	L	F	Keren Welgemoed	16	DBSC SDD	21/01/2017 EGA Summer 4
67	1:30.86	L	F	Katia Turchino	16	SHS FDD	16/02/2017 Inter High 2017
68	1:31.13	L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017 NCASA Champs 2017
69	1:31.21	L	F	Amy Pienaar	16	BLNE MAN	17/09/2016 Otters Charity Gala
70	1:31.25	L	F	Nadine Kemp	16	BLNE MAN	30/11/2016 FS CHAMPS
71	1:31.50	L	F	Inge Weidemann	16	MATI CED	17/09/2016 Western Cape Summer 2
72	1:31.53	L	P	Savannah Sheerin	16	ESP EKU	31/03/2017 SA Level 2 Regional Age Group Ci
73	1:31.58	L	F	Kyla Russell	16	TRIDE ETH	11/06/2016 EThekwini Age Group Gala 2
74	1:31.99	L	P	Mikayla Holland	16	FLOD JHB	16/12/2016 Vita-thion CGA Open LC Champs
75	1:32.25	L	F	Tanika Smuts	16	BARR CPT	04/11/2016 Freda Barnard Gala 35
76	1:32.50	L	F	Kayler Hulett	16	ASA ILD	23/03/2017 SA Level 2 Regional Age Group Ci
77	1:32.69	L	F	Sarah Gledhill	16	CRSC JHB	29/10/2016 CGA Level 3/SANJ Gala No 2
78	1:32.83	L	F	Tamryn Ann Palani	16	PISC ETH	06/08/2016 eThekwini Age Group Gala 4
79	1:33.25	L	F	Chloe Schroeder	16	VIKI BUF	02/12/2016 BCA Championships 2016
80	1:33.61	L	F	Brooklyn Milne	16	ASA ILD	02/09/2016 KZN Beavers Winter LongCourse
81	1:34.04	L	P	Shivani Nana	16	ATLA JHB	31/03/2017 SA Level 2 Regional Age Group Ci
82	1:34.15	L	F	Avisha Sewpersad	16	OTTO ETH	23/03/2017 SA Level 2 Regional Age Group Ci
83	1:34.42	L	F	Natasja Fourie	16	CSC TSH	23/09/2016 NTS September 2016 Age Group I
84	1:34.58	L	F	Martha Johanna Visser	16	BLOT MAN	02/09/2016 Kovsie Aquatics Gala 2
85	1:34.77	L	F	Abigael Grobler	16	FISH EDD	23/03/2017 SA Level 2 Regional Age Group Ci
86	1:34.94	L	F	Michaela van Schaik	16	PWAC BPD	08/12/2016 NWS Championships 2016/2017
87	1:35.08	L	F	Kyra Gilfillan	16	UNI EZD	17/09/2016 MP Xerox Sprint Gala - 17 Septerr
88	1:35.32	L	P	Daniela Venturi	16	VICT EKU	08/12/2016 EGA Championships 2016
89	1:36.22	L	F	Raquel Correia	16	CRSC JHB	29/10/2016 CGA Level 3/SANJ Gala No 2
90	1:36.31	L	F	Tasneem Kharva	16	MDOL JHB	05/11/2016 CGA Level 2 Gala No 3
91	1:37.00	L	F	Marine Smuts	16	BLOT MAN	28/10/2016 Neptune Open Gala
92	1:37.10	L	F	Jade Louw	16	FSE UHD	29/10/2016 Uthungulu District November 2016
93	1:37.23	L	F	Shannon Linklater	16	PER JHB	05/02/2017 CGA Level 2 last chance gala Day
94	1:37.27	L	F	Anna-Mart Botes	16	CLSC WCD	18/02/2017 Western Cape Qualify Gala 3
95	1:37.71	L	F	Alida Jacobs	16	BULS MAN	04/02/2017 SUPER SPORT LEAGUE GALA 2
96	1:38.33	L	F	Grayce Stubbs	16	TLAC BPD	15/10/2016 NWS Age Group 1 1617
97	1:38.61	L	F	Chanéle Maritz	16	TKS SKD	27/01/2017 Limpopo School Championships
98	1:38.66	L	F	Shria Reddy	16	BAYV ETH	18/02/2017 Ethekwini Age Group Gala 10
99	1:39.07	L	F	Mia Moolman	16	BULS MAN	17/09/2016 Otters Charity Gala
100	1:39.40	L	F	Marion Colan	16	BEAV ETH	02/09/2016 KZN Beavers Winter LongCourse
101	1:39.79	L	F	Tasmiyyah Moola	16	SRAY BUF	23/03/2017 SA Level 3 Regional Age Group C
102	1:40.16	L	F	Emugene Botha	16	PSC TSH	02/12/2016 2016 The Tshwane Mayoral Gala
103	1:40.35	L	P	Kelly McGorian	16	ESTR EKU	08/12/2016 EGA Championships 2016
104	1:40.70	L	F	Jodi Wright	16	WSAA CPT	17/09/2016 Western Cape Summer 2
105	1:40.92	L	F	Megan Vorster	16	BLNE MAN	02/09/2016 Kovsie Aquatics Gala 2
106	1:41.33	L	F	Caitlin Davies	16	MDOL JHB	24/09/2016 CGA Level 2 gala No 1
107	1:41.49	L	F	Jade Borrett	16	FISH EDD	28/01/2017 Eden 5th A League Gala
108	1:41.53	L	F	Jemma Bodington	FR	PSA ZLD	29/10/2016 Uthungulu District November 2016

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
109	1:41.76 L	P	Michaela Cilliers	16	RBOT BPD	31/03/2017	SA Level 2 Regional Age Group Ci
110	1:42.39 L	F	Sonique Spangenberg	16	ORA	09/12/2016	NCASA Sprints 2016
111	1:43.54 L	F	Tal Arnon	16	UPTS ZMD	21/01/2017	4 + 1 Gala Trials Upington
112	1:44.21 L	F	Elsie Botha	16	SS LP	25/11/2016	Limpopo Champs 25-27 Novembe
113	1:44.31 L	F	Taylor Smith	16	SWIFT EKV	24/09/2016	EGA Summer 1
114	1:44.64 L	F	Lara Weir	16	TUKS TSH	02/12/2016	2016 The Tshwane Mayoral Gala
115	1:44.99 L	F	Nicola Kruger	16	POTC KKD	26/11/2016	NWS Age Group 3 2016/2017
116	1:45.01 L S	P	Benedette Van Vuuren	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
117	1:45.94 L	F	Alice Voigt	16	UNI-N EZD	25/11/2016	Mpumalanga Championships 2016
118	1:46.48 L S	P	Shanay Gouws	16	SASOL FDD	27/06/2016	Sasol National Championship 2016
119	1:46.58 L	F	Carla Broodryk	16	WDG EZD	25/11/2016	Mpumalanga Championships 2016
120	1:46.64 L	F	Chantenique Barnard	16	KALA JTD	22/10/2016	Flamingo Gala 2016
121	1:46.67 L	F	Dominique Graaf	16	STDOM FDD	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
122	1:46.90 L	F	Aimee Arendse	16	MANT CPT	18/11/2016	Western Cape Summer QF2
123	1:47.90 L	P	Kaylee Tolmay	16	BLAE JHB	16/12/2016	Vita-thion CGA Open LC Champs
124	1:48.54 L	F	Barbara-Anne De Bruin	16	NCASA	28/01/2017	4 + 1 Inter District Gala 2017
125	1:49.06 L	F	Teagan Forbes	16	PWAC BPD	26/11/2016	NWS Age Group 3 2016/2017
126	1:49.61 L	F	Melissa Bauermeister	16	HH BPD	03/02/2017	NW Schools Swimming Champion
127	1:49.80 L	F	Chantelle Walker	16	PSC TSH	02/12/2016	2016 The Tshwane Mayoral Gala
128	1:50.57 L	F	Sunè Conradie	16	WOAQ CED	18/02/2017	Western Cape Qualify Gala 3
129	1:51.17 L S	P	Conny Kruger	16	TTNS SDD	27/06/2016	Sasol National Championship 2016
130	1:52.65 L	F	Marlé Van Wyk	16	FISH EDD	22/10/2016	EDEN 2nd A-League Gala 2016
131	1:54.27 L	F	Shannon Martins	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
132	1:58.71 L	F	Bronwynne Lekay	16	FISH EDD	04/11/2016	Freda Barnard Gala 35
133	2:00.70 L	F	Ané Swart	16	ROB MP	03/02/2017	MP Age Group 4 - 3 & 4 February
134	2:03.75 L	F	Talulah Manyanga-Tshika	16	PEC EZD	11/03/2017	2017 SSA LEVEL 1 SWIMMING M
135	2:11.71 L	F	Jenna Jagers	16	MANT CPT	18/02/2017	Western Cape Qualify Gala 3
136	2:17.56 L	F	Khenan Bronkhorst	16	FIELD NW	03/02/2017	NW Schools Swimming Champion
137	2:18.28 L	F	Simone Mare	16	USH JHD	29/10/2016	Uthungulu District November 2016
138	2:19.77 L	F	Nicolise Du Toit	16	BLSS MAN	11/03/2017	LEVEL 1 INTRA PROVINCIAL GA
Women 16-16 200 Breast							
1	2:37.73 L	F	Sabrina Favini	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
2	2:38.75 L	S	Tracy-Lee Young	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
3	2:39.35 L	S	Emma Wallis	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
4	2:40.63 L S	F	Samantha Van Veyeren	16	TUKS TSH	07/12/2016	NTS Championships 2016
5	2:44.04 L	P	Tatum Peyeri	16	MDOL JHB	17/03/2017	SA National JNR Age Group Cham
6	2:44.06 L	F	Jade Simons	16	RSA	28/03/2017	African Junior Swimming Champio
7	2:45.06 L	F	Kara Vermaak	16	TUKS TSH	17/03/2017	SA National JNR Age Group Cham
8	2:47.54 L	F	Hannah Kiely	16	CLSC WCD	18/02/2017	Western Cape Qualify Gala 3
9	2:47.87 L	P	Kelly Fairon	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
10	2:48.09 L	F	Jordyn Minifie	16	MP EZD	10/04/2017	SA Schools Swimming Champions
11	2:48.30 L	F	Hannah Altmann	16	VINE CPT	17/03/2017	SA National JNR Age Group Cham
12	2:48.80 L	F	Tanna Baker	16	GDE	10/04/2017	SA Schools Swimming Champions
13	2:49.35 L	F	Leigh Hudson	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
14	2:49.52 L	P	Lindelize Bester	16	NMA NMA	03/04/2017	Sa National Aquatic Championship
15	2:49.89 L	P	Sianne Downes	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
16	2:49.94 L S	F	Sune Van Jaarsveld	16	TUKS TSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
17	2:51.99 L	F	Mieke De Villiers	16	INFA NMA	17/03/2017	SA National JNR Age Group Cham
18	2:52.26 L	F	Montana Swart	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
19	2:53.05 L	F	Elizabeth Pretorius	16	SHS FDD	16/02/2017	Inter High 2017
20	2:53.57 L	F	Jesica Smit	16	CSC TSH	16/12/2016	Vita-thion CGA Open LC Champs
21	2:53.63 L	F	Tarryn Campbell	16	CRSC JHB	13/12/2016	KZN Speedo Provincial Champion
22	2:54.21 L	F	Emma Huxtable	16	STPS UMD	13/12/2016	KZN Speedo Provincial Champion
23	2:55.18 L	F	Kelly Seymour	16	USC BUF	02/12/2016	BCA Championships 2016
24	2:55.47 L	P	Georgina Haler	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
25	2:56.59 L	P	Jenna Whiting	16	SOUL EKV	17/03/2017	SA National JNR Age Group Cham
26	2:57.38 L	F	Erin Graham	16	STAD JHB	16/12/2016	Vita-thion CGA Open LC Champs
27	2:58.41 L	P	Kelly Hall	16	SGUL ETH	13/12/2016	KZN Speedo Provincial Champion
28	2:59.86 L	F	Isabelle Boles	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
29	3:00.36	L	F	Sarah Brand	16	ASA ILD	23/03/2017	SA Level 3 Regional	Age Group C
30	3:00.67	L S	F	Laura Turpin	16	TUKS TSH	07/12/2016	NTS Championships 2016	
31	3:01.90	L	F	Amber McConnachie	16	AQUA BUF	27/01/2017	BCA 2nd January Age Group Gala	
32	3:02.19	L S	F	Hannah Jones	16	SEAL UMD	05/07/2016	TYR PRESTIGE CHAMPIONSHIP	
33	3:02.23	L	F	Jessica Reimers	16	SEAL UMD	27/06/2016	Sasol National Championship 2016	
34	3:03.21	L	F	Eden Peterkin	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Cl	
35	3:03.51	L	F	Jenna- Laine Fuller	16	AFIN JHB	23/03/2017	SA Level 3 Regional Age Group Cl	
36	3:04.43	L	F	Chloe Velde	16	AQUA BUF	24/06/2016	PEA Winter Gala 2016	
37	3:05.41	L	F	Sheree Brandt	16	USC BUF	13/01/2017	BCA January Age Group Gala 2017	
38	3:05.76	L	F	Amy Bellairs	16	TWSA NMA	30/09/2016	Aquabear Invitational Meet	
39	3:06.83	L	F	Anlizè Vermeulen	16	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C	
40	3:08.09	L	F	Sage Cawse	16	AQUB NMA	11/11/2016	4th A League Gala 2016	
41	3:08.62	L S	F	Jordan-Jenna Rolfe	16	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP	
42	3:08.68	L	F	Alice Vd Merwe	16	WELL CED	12/11/2016	Western Cape Summer 4	
43	3:09.65	L	F	Hannah Schimper	16	AZON ETH	23/03/2017	SA Level 3 Regional Age Group C	
44	3:10.38	L	F	Jenna-Marie Lee	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017	
45	3:11.24	L	F	Anika Smit	16	PRKA PSD	09/12/2016	NCASA Sprints 2016	
46	3:11.50	L	F	Deané Toerien	16	TASC LP	23/03/2017	SA Level 3 Regional Age Group Cl	
47	3:11.76	L	F	Hannah Jamieson	16	PAC TSH	02/12/2016	2016 The Tshwane Mayoral Gala	
48	3:12.75	L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017	
49	3:13.99	L	F	Skye Munro	16	NSA EZD	25/11/2016	Mpumalanga Championships 2016	
50	3:14.54	L	F	Carrey-Lynn Legge	16	WATR JHB	15/10/2016	CGA Level 2 gala No 2	
51	3:14.76	L	F	Tamryn Ann Palani	16	PISC ETH	24/02/2017	KZN Speedo Level 2 Provincial Cf	
52	3:18.51	L	F	Brooklyn Milne	16	ASA ILD	22/10/2016	eThekwini Age Group Gala 7	
53	3:18.68	L	F	Chloe Schroeder	16	VIKI BUF	02/12/2016	BCA Championships 2016	
54	3:19.41	L	F	Nicola Sequeira	16	FLOD JHB	31/03/2017	SA Level 2 Regional Age Group Cl	
55	3:20.15	L	F	Nadine Kemp	16	BLNE MAN	27/06/2016	Sasol National Championship 2016	
56	3:22.12	L	F	Anna-Mart Botes	16	CLSC WCD	23/03/2017	SA Level 2 Regional Age Group Cl	
57	3:23.23	L	F	Avisha Sewpersad	16	OTTO ETH	23/03/2017	SA Level 2 Regional Age Group Cl	
58	3:23.82	L	F	Abigael Grobler	16	FISH EDD	23/03/2017	SA Level 2 Regional Age Group Cl	
59	3:24.62	L	F	Tanika Smuts	16	BARR CPT	04/11/2016	Freda Barnard Gala 35	
60	3:27.57	L	F	Mikayla Holland	16	FLOD JHB	15/10/2016	CGA Level 2 gala No 2	
61	3:29.19	L	P	Shivani Nana	16	ATLA JHB	31/03/2017	SA Level 2 Regional Age Group Cl	
62	3:29.44	L	P	Daniela Venturi	16	VICT ECU	08/12/2016	EGA Championships 2016	
63	3:30.00	L	F	Emugene Botha	16	PSC TSH	16/09/2016	NTS September 2016 Age Group C	
64	3:30.70	L	P	Storm Ryder	16	ESP ECU	08/12/2016	EGA Championships 2016	
65	3:32.03	L	F	Jodi Wright	16	CYBE CPT	21/01/2017	WCSSA - Western Cape Schools	
66	3:34.87	L	F	Tal Arnon	16	UPTS ZMD	05/01/2017	NCASA Champs 2017	
67	3:34.99	L	F	Caitlin Davies	16	MDOL JHB	15/10/2016	CGA Level 2 gala No 2	
68	3:35.79	L	F	Sonique Spangenberg	16	ORA	09/12/2016	NCASA Sprints 2016	
69	3:36.39	L	F	Tasmiyyah Moola	16	SRAY BUF	02/12/2016	BCA Championships 2016	
70	3:37.83	L	F	Megan Vorster	16	OCTO MAN	16/02/2017	Inter High 2017	
71	3:44.74	L	F	Shria Reddy	16	BAYV ETH	02/09/2016	KZN Beavers Winter LongCourse	
72	3:45.67	L	P	Bernedette Van Vuuren	16	SEAL UMD	27/06/2016	Sasol National Championship 2016	
73	3:46.89	L	F	Michaela Cilliers	16	RBOT BPD	08/12/2016	NWS Championships 2016/2017	
74	3:48.61	L	F	Nicola Kruger	16	POTC KKD	08/12/2016	NWS Championships 2016/2017	
75	3:49.08	L	F	Shanay Gouws	16	SASOL FDD	27/06/2016	Sasol National Championship 2016	
76	3:50.12	L	F	Jamie Lotter	16	BON JHB	15/10/2016	CGA Level 2 gala No 2	
Women 16-16 50 Fly									
1	28.59	L	F	Inge Weidemann	16	MATI CED	01/12/2016	Western Cape Summer Champion	
2	28.96	L	F	Jana Coetzé	16	RBOT BPD	17/03/2017	SA National JNR Age Group Charr	
3	29.16	L	F	Toni Rafferty	16	AQUB NMA	30/09/2016	Aquabear Invitational Meet	
4	29.27	L	F	Alice Vd Merwe	16	WELL CED	24/02/2017	2017 Grand Prix Invitation Swiimin	
5	29.44	L	F	Kiara Noades	16	MATI CED	01/12/2016	Western Cape Summer Champion	
6	29.74	L	F	Erin Hartzenberg	16	TYGE CPT	17/03/2017	SA National JNR Age Group Charr	
7	29.90	L	F	Tatum Peyerl	16	MDOL JHB	17/03/2017	SA National JNR Age Group Charr	
8	29.96	L	F	Emma Tarr	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr	
9	30.00	L	P	Ilinde Du Plessis	16	TUKS TSH	07/12/2016	NTS Championships 2016	
10	30.02	L	F	Skye Munro	16	NSA EZD	25/11/2016	Mpumalanga Championships 2016	

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
11	30.06 L	F	Amy Stanford	16	PAC FSH	01/10/2016	Waterborn Invitational 2016
12	30.19 L	F	Lauren Hope	16	TUKS FSH	07/12/2016	NTS Championships 2016
13	30.37 L	F	Kyla Blakemore	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
14	30.50 L	F	Chloe Velde	16	HHPS	09/12/2016	EC Aquatics Schools Trials Gala
15	30.52 L	F	Nora Segurolo	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
16	30.56 L	P	Constantina Pietersen	16	ACSA ETH	17/03/2017	SA National JNR Age Group Charr
17	30.57 L	F	Lauren Strydom	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
18	30.60 L	F	Samantha Van Veyeren	16	NTS FSH	22/10/2016	VIII Gala Golfinhos Sprint
19	30.61 L	F	Marine Nortje	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
20	30.86 L	F	Luné Vd Westhuizen	16	FISH EDD	26/11/2016	Eden LC Champs 2016
21	30.91 L	P	Callan Nel	16	SEAL UMD	17/03/2017	SA National JNR Age Group Charr
22	31.13 L	F	Sarah Gledhill	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Cl
23	31.14 L	P	Talea Claassens	16	TUKS FSH	17/03/2017	SA National JNR Age Group Charr
24	31.24 L	F	Sabrina Favini	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
25	31.42 L	S	Eden Peterkin	16	CRSC JHB	16/12/2016	Vita-thion CGA Open LC Champs
26	31.45 L	P	Amber Waddell	16	FS MAN	03/04/2017	Sa National Aquatic Championship
27	31.46 L	F	Payton Horton	16	TWSA NMA	02/12/2016	NMBA Championships 2016
28	31.47 L	F	Leigh Hudson	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
29	31.50 L	P	Sianne Downes	16	MDOL JHB	17/03/2017	SA National JNR Age Group Charr
30	31.51 L	P	Hannah Kiely	16	FISH EDD	30/09/2016	Aquabear Invitational Meet
31	31.54 L	F	Alexia-Marie Duarte	16	NWUC KKD	23/03/2017	SA Level 3 Regional Age Group Cl
32*	31.55 L	F	Tharien vd Walt	16	FAAC FBD	09/12/2016	NCASA Sprints 2016
32*	31.55 L	P	Kayla McLoughlin	16	ASA CPT	17/03/2017	SA National JNR Age Group Charr
34	31.64 L	F	Jordan-Jenna Rolfe	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
35	31.72 L	P	Jessica Schrader	16	SASE JHB	17/03/2017	SA National JNR Age Group Charr
36*	31.74 L	F	Jessica Beukes	16	PEAS NMA	19/08/2016	Nedbank Madibaz Swim Meet
36*	31.74 L	P	Kara Vermaak	16	TUKS FSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
38	31.79 L	F	Lize-Mari De Beer	16	MDOL JHB	29/10/2016	CGA Level 3/SANJ Gala No 2
39	31.82 L	F	Georgy Turner	16	MDOL JHB	08/12/2016	EGA Championships 2016
40	31.85 L	F	Kelly Fairon	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
41	31.87 L	P	Christelle Leeuw	16	BARR CPT	01/12/2016	Western Cape Summer Champion
42	31.93 L	F	Carla Antonopoulos	16	TYGE CPT	17/09/2016	Western Cape Summer 2
43	31.97 L	F	Jenna Whiting	16	SOUL EKU	08/12/2016	EGA Championships 2016
44*	32.00 L	F	Michelle Coetzer	16	BLNE MAN	23/03/2017	SA Level 2 Regional Age Group Cl
44*	32.00 L	P	Celine Thevenau	16	SGUL ETH	17/03/2017	SA National JNR Age Group Charr
46	32.02 L	P	Kirsten Crous	16	AZON ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
47	32.03 L	F	Marguerite Van Jaarsveld	16	BLOT MAN	30/11/2016	FS CHAMPS
48	32.04 L	P	Aerin Nortier	16	FLOD JHB	08/12/2016	EGA Championships 2016
49	32.06 L S	P	Erin Jarvis	16	AQUB NMA	30/09/2016	Aquabear Invitational Meet
50	32.07 L	P	Amber McConnachie	16	AQUA BUF	17/03/2017	SA National JNR Age Group Charr
51	32.08 L	F	Katherine Burnett	16	NDSA ETH	23/03/2017	SA Level 3 Regional Age Group C
52	32.23 L	F	Kelly Hall	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
53	32.31 L	P	Leeann Masson	16	KZNA ETH	10/04/2017	SA Schools Swimming Champions
54	32.39 L	F	Abigail Meder	16	TYGE CPT	17/09/2016	Western Cape Summer 2
55	32.44 L	F	Kayla Holtshausen	16	TWSA NMA	24/06/2016	PEA Winter Gala 2016
56	32.45 L	P	Isabelle Boles	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
57	32.46 L	F	Mia Moolman	16	BULS MAN	30/11/2016	FS CHAMPS
58	32.47 L	P	Jodi Wright	16	WSAA CPT	01/12/2016	Western Cape Summer Champion
59	32.50 L	F	Robin Terblanche	16	CSC FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
60	32.57 L	F	Sune Van Jaarsveld	16	TUKS FSH	03/09/2016	2016 Speedo Hillcrest Sprint Gala
61	32.59 L	F	Erika Esterhuizen	16	WSTV ETH	02/09/2016	KZN Beavers Winter LongCourse
62	32.60 L	F	Jemma Bodington	FR	PSA ZLD	23/03/2017	SA Level 2 Regional Age Group Cl
63	32.61 L	P	Mya Phillips	16	SODO JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
64	32.63 L	F	Robyn Marais	16	TYGE CPT	23/03/2017	SA Level 3 Regional Age Group C
65	32.64 L	F	Xandri Fourie	16	BLOT MAN	30/11/2016	FS CHAMPS
66	32.65 L	F	Kelly Seymour	16	USC BUF	01/10/2016	Waterborn Invitational 2016
67	32.77 L	F	Tyla Panzera	16	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
68*	32.83 L	F	Emma Huxtable	16	STPS UMD	06/08/2016	eThekwini Age Group Gala 4
68*	32.83 L	F	Jordyn Minifie	16	PEC EZD	28/10/2016	Top Schools - High School 28 Oct

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
70	32.84 L	P	Savannah Sheerin	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group Ci
71	33.00 L	F	Carmen De Clerck	16	DDA TSH	21/10/2016	NTS October 2016 Age Group Gal
72	33.02 L	P	Gillian van Eyssen	16	ACSA ETH	13/12/2016	KZN Speedo Provincial Champion
73	33.06 L	F	Tayla Sinclair	16	STAD JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
74	33.08 L	F	Erica Moolman	16	BLOT MAN	23/03/2017	SA Level 3 Regional Age Group C
75	33.11 L	F	Joey Carollissen	16	MATI CED	17/09/2016	Western Cape Summer 2
76	33.14 L	F	Elizabeth Pretorius	16	BLOT MAN	30/11/2016	FS CHAMPS
77	33.15 L	F	Lindelize Bester	16	BEST NMA	13/08/2016	1st A League 2016
78	33.21 L	P	Amy Vernes	16	SGUL ETH	23/03/2017	SA Level 3 Regional Age Group C
79	33.23 L	F	Nadine Kemp	16	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
80	33.25 L	P	Tanna Baker	16	TUKS TSH	17/03/2017	SA National JNR Age Group Cham
81	33.29 L	F	Dehanke van Rensburg	16	HREF BPD	15/10/2016	NWS Age Group 1 1617
82	33.30 L	P	Amy Bellairs	16	TWAS NMA	30/09/2016	Aquabear Invitational Meet
83	33.37 L	F	Nicola Sequeira	16	FLOD JHB	24/09/2016	CGA Level 2 gala No 1
84	33.39 L	F	Sara Russell	16	USC BUF	05/11/2016	BCA Nov Age Group Gala 2016
85	33.49 L	F	Michelle Kretzschmar	16	BLUO UGD	25/11/2016	KZN TYR Westville Sprints 2016
86	33.64 L	F	Lene Boshoff	16	BLOT MAN	28/10/2016	Neptune Open Gala
87	33.73 L	F	Courtney Pretorius	16	PER JHB	24/09/2016	CGA Level 2 gala No 1
88	33.79 L	P	Kristen Kleynhans	16	TUKS TSH	23/03/2017	SA Level 3 Regional Age Group Ci
89	33.81 L	P	Tarryn Campbell	16	CRSC JHB	17/03/2017	SA National JNR Age Group Cham
90	33.87 L	F	Kristen McIntyre	16	USC BUF	02/12/2016	BCA Championships 2016
91	33.89 L	F	Jade Grobbelaar	16	PEAS NMA	11/11/2016	4th A League Gala 2016
92	33.90 L	F	Chane Stiglingh	16	DDA TSH	02/12/2016	2016 The Tshwane Mayoral Gala
93*	33.92 L	F	Chloe Longwitz	16	WATR JHB	21/01/2017	CGA Level 3 - SANJ Last Chance
93*	33.92 L	F	Tanika Smuts	16	BARR CPT	23/03/2017	SA Level 3 Regional Age Group C
95	33.95 L	P	Erin Graham	16	STAD JHB	17/03/2017	SA National JNR Age Group Cham
96	33.97 L	F	Jeanne Joubert	16	CSA EZD	17/09/2016	MP Xerox Sprint Gala - 17 Septem
97	34.00 L	F	Kayler Hulett	16	ASA ILD	23/03/2017	SA Level 2 Regional Age Group Ci
98*	34.04 L	P	Raquel Correia	16	CRSC JHB	17/03/2017	SA National JNR Age Group Cham
98*	34.04 L	F	Hannah Varyawa	16	LAD UTD	25/11/2016	KZN TYR Westville Sprints 2016
100*	34.06 L	F	Mikayla Frara	16	TUKS TSH	31/03/2017	SA Level 2 Regional Age Group Ci
100*	34.06 L	F	Hannah Schimper	16	AZON ETH	23/03/2017	SA Level 3 Regional Age Group C
102	34.14 L	F	Montana Swart	16	ACSA ETH	04/11/2016	KZN Action Swimming Champs 20
103	34.15 L	P	Hannah Altmann	16	VINE CPT	17/03/2017	SA National JNR Age Group Cham
104	34.17 L	P	Reagan Chidrawi	16	ELEC JHB	31/03/2017	SA Level 2 Regional Age Group Ci
105	34.21 L	F	Marine Smuts	16	BLOT MAN	19/08/2016	Kovsie Aquatics Gala 1
106	34.23 L	F	Lara Featherstone	16	VINE CPT	17/09/2016	Western Cape Summer 2
107	34.27 L	F	Kristen Edwards	16	GDE	17/02/2017	Gauteng Schools Swimming Trials
108	34.33 L	P	Sarah Brand	16	ASA ILD	13/12/2016	KZN Speedo Provincial Champion
109	34.37 L	P	Kaylee Tolmay	16	BLAE JHB	31/03/2017	SA Level 2 Regional Age Group Ci
110	34.41 L	F	Michaela van Schaik	16	PWAC BPD	08/12/2016	NWS Championships 2016/2017
111	34.44 L	P	Eden Cronje	16	STAD JHB	16/12/2016	Vita-thion CGA Open LC Champs
112	34.46 L	F	Lauren Goodwin	16	QUIC CPT	17/09/2016	Western Cape Summer 2
113*	34.47 L	P	Mieke De Villiers	16	INFA NMA	17/03/2017	SA National JNR Age Group Cham
113*	34.47 L	P	Sophie Rodseth	16	VINE CPT	01/12/2016	Western Cape Summer Champion
115	34.55 L	P	Robyn McMillan	16	ASA CPT	01/12/2016	Western Cape Summer Champion
116	34.62 L	F	Ashleigh Munks	16	BOKS EKU	08/12/2016	EGA Championships 2016
117	34.67 L	P	Deané Toerien	16	TASC LP	23/03/2017	SA Level 3 Regional Age Group Ci
118	34.78 L	F	Jade Louw	16	FSE UHD	28/01/2017	Ushaka Championship Gala 2017
119	34.86 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017
120	34.93 L	P	Storm Ryder	16	ESP EKU	08/12/2016	EGA Championships 2016
121	35.03 L	P	Carli Wagner	16	ELEC JHB	07/12/2016	NTS Championships 2016
122	35.10 L	F	Jenna Hirsch	16	WATR JHB	05/02/2017	CGA Level 2 last chance gala Day
123	35.12 L	F	Kyla Russell	16	TRIDE ETH	11/06/2016	EThekweni Age Group Gala 2
124	35.26 L	P	Calynn Smith	16	PSC TSH	31/03/2017	SA Level 2 Regional Age Group Ci
125	35.29 L	P	Mikayla Holland	16	FLOD JHB	16/12/2016	Vita-thion CGA Open LC Champs
126	35.32 L	F	Jenna- Laine Fuller	16	AFIN JHB	03/02/2017	NTS Feb 2017 Age Group Level 3
127	35.33 L	F	Zoë Bredenkamp	16	MANT CPT	23/03/2017	SA Level 2 Regional Age Group Ci
128	35.41 L	F	Abigael Grobler	16	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
129	35.45	L	F	Keren Welgemoed	16	DBSC SDD	05/11/2016 EGA Summer 3
130	35.50	L	F	Talitha Vd Walt	16	QUIC CPT	23/03/2017 SA Level 2 Regional Age Group Cl
131	35.51	L	F	Rulandi Viljoen	16	RBOT BPD	08/12/2016 NWS Championships 2016/2017
132	35.59	L	P	Savanna Sommerville	16	DDA TSH	31/03/2017 SA Level 2 Regional Age Group Cl
133	35.78	L	F	Corlia Botha	16	HILL TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala
134	35.87	L	F	Emma Wilson-Moore	16	USC BUF	05/11/2016 BCA Nov Age Group Gala 2016
135	35.88	L	F	Fatima Mohamed	16	ATLA JHB	24/09/2016 CGA Level 2 gala No 1
136	35.89	L	F	Jenna-Marie Lee	16	NWUC KKD	08/12/2016 NWS Championships 2016/2017
137	35.92	L	F	Laura Turpin	16	TUKS TSH	21/10/2016 NTS October 2016 Age Group Gal
138*	36.01	L	F	Jessica Leicester	16	CSA EZD	17/09/2016 MP Xerox Sprint Gala - 17 Septem
138*	36.01	L	F	Michell Strydom	16	BEST NMA	15/10/2016 3rd A League Gala 2016
140	36.10	L	F	Mia Benade	16	UPTS ZMD	11/11/2016 Age group 2 2016 Upington
141	36.12	L	P	Anlizè Vermeulen	16	FISH EDD	23/03/2017 SA Level 3 Regional Age Group C
142	36.15	L	P	Nishaat Davids	16	MANT CPT	30/09/2016 Aquabear Invitational Meet
143	36.30	L	P	Nicole De Beer	16	BENS EKU	08/12/2016 EGA Championships 2016
144	36.32	L	F	Chloe Schroeder	16	VIKI BUF	02/12/2016 BCA Championships 2016
145	36.46	L	P	Kelly McGorian	16	ESTR EKU	08/12/2016 EGA Championships 2016
146	36.49	L	P	Jamie Lotter	16	BON JHB	16/12/2016 Vita-thion CGA Open LC Champs
147	36.54	L	P	Tasneem Kharva	16	MDOL JHB	31/03/2017 SA Level 2 Regional Age Group Cl
148	36.55	L	P	Sumarie Roodt	16	FSE UHD	23/03/2017 SA Level 2 Regional Age Group Cl
149	36.56	L	F	Emlynn Spogter	16	PIRAN BUF	27/01/2017 BCA 2nd January Age Group Gala
150	36.65	L	F	Barbara-Anne De Bruin	16	GHSK FBD	18/02/2017 NCASA Age Group 6 KBY 2017
151	37.01	L	F	Daniela Venturi	16	VICT EKU	10/09/2016 Adrian Grafe Memorial Gala 2016
152	37.30	L	F	Marion Colan	16	BEAV ETH	02/09/2016 KZN Beavers Winter LongCourse
153	37.46	L	P	Cathrine Oelschig	16	CSC TSH	31/03/2017 SA Level 2 Regional Age Group Cl
154	37.48	L	F	Megan Vorster	16	BLNE MAN	27/06/2016 Sasol National Championship 201
155	37.52	L	F	Shanel Dashwood	16	STPS UMD	02/09/2016 KZN Beavers Winter LongCourse
156	37.53	L	F	Lara Weir	16	TUKS TSH	02/12/2016 2016 The Tshwane Mayoral Gala
157	37.58	L	F	Angeleah Moss	16	NWUC KKD	08/12/2016 NWS Championships 2016/2017
158	37.60	L	F	Natasja Fourie	16	CSC TSH	23/09/2016 NTS September 2016 Age Group I
159	37.73	L	F	Nicolette Galbraith	16	DORE JHB	10/09/2016 Adrian Grafe Memorial Gala 2016
160	37.76	L	F	Katia Turchino	16	BLOT MAN	30/11/2016 FS CHAMPS
161	38.05	L	F	Sonique Spangenberg	16	ORA	09/12/2016 NCASA Sprints 2016
162	38.20	L	F	Hannah Jamieson	16	PAC TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala
163	38.67	L	F	Holly Naude	16	ALBA NMA	15/10/2016 3rd A League Gala 2016
164	38.76	L	F	Tamryn Ann Palani	16	PISC ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
165*	38.77	L	F	Anika Smit	16	PRKA PSD	05/01/2017 NCASA Champs 2017
165*	38.77	L	F	Wilmien Schutte	16	TVIK WBD	03/09/2016 2016 Speedo Hillcrest Sprint Gala
167	38.86	L	F	Arleen Moorcroft	16	BLMA CPT	18/02/2017 Western Cape Qualify Gala 3
168	38.91	L	F	Caitlin Mc Cann	16	AFIN JHB	24/09/2016 EGA Summer 1
169	38.92	L	P	Bernedette Van Vuuren	16	SEAL UMD	27/06/2016 Sasol National Championship 201
170	39.04	L	F	Sarah Tough	16	CADO CPT	17/09/2016 Western Cape Summer 2
171	39.10	L	F	Samantha Mc Nicol	16	PER JHB	05/11/2016 CGA Level 2 Gala No 3
172	39.18	L	F	Caitlin Davies	16	MDOL JHB	10/09/2016 Adrian Grafe Memorial Gala 2016
173	39.76	L	F	Xia Venter	16	BULT MAN	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
174	39.98	L	F	Shannon Martins	16	CGA JHB	03/04/2017 Sa National Aquatic Championship
175	40.07	L	F	Nicola Kruger	16	POTC KKD	08/12/2016 NWS Championships 2016/2017
176	40.31	L	F	Teagan Forbes	16	PWAC BPD	08/12/2016 NWS Championships 2016/2017
177	40.33	L	F	Savannah Hooker	16	UPC MP	11/03/2017 2017 SSA LEVEL 1 SWIMMING M
178	40.37	L	F	Carla Broodryk	16	WDG EZD	17/09/2016 MP Xerox Sprint Gala - 17 Septem
179	40.51	L	F	Avisha Sewpersad	16	OTTO ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
180	40.76	L	F	Alida Jacobs	16	BULS MAN	17/09/2016 Otters Charity Gala
181	41.07	L	F	Elsie Botha	16	SS LP	25/11/2016 Limpopo Champs 25-27 Novembe
182	41.31	L	F	Michaela Cilliers	16	RBOT BPD	08/12/2016 NWS Championships 2016/2017
183	41.89	L	F	Leigh-Ann Avis	16	TKS SKD	30/01/2017 NFS INTER HIGH SCHOOL CHAI
184	42.13	L	F	Lindie Meyer	16	PGIM KKD	03/02/2017 NW Schools Swimming Champion
185	42.48	L	F	Alice Voigt	16	STA	28/10/2016 Top Schools - High School 28 Oct
186	42.52	L	F	Chantenique Barnard	16	KALA JTD	22/10/2016 Flamingo Gala 2016
187	42.95	L	F	Lené du Plessis	16	VALS FDD	12/11/2016 Fezile Dabi Age Group 12 Nov 20

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
188	43.12 L	F	Denille Smith	16	PIRAN BUF	13/01/2017 BCA January Age Group Gala 201
189	43.51 L	P	Taylor Smith	16	SWIFT EKU	08/12/2016 EGA Championships 2016
190	44.03 L	F	Zarreen Khan	16	PGHS KKD	03/02/2017 NW Schools Swimming Champion
191	44.17 L	F	Jodi Carpenter	16	HVSP NW	03/02/2017 NW Schools Swimming Champion
192	44.76 L	P	Conny Kruger	16	TTNS SDD	27/06/2016 Sasol National Championship 2016
193	45.60 L	F	Jaime Bossenger	16	PAQU CED	17/09/2016 Western Cape Summer 2
194	45.77 L	F	Aimeè Arendse	16	MANT CPT	18/02/2017 Western Cape Qualify Gala 3
195	48.04 L	F	Dominique Graaf	16	STDOM FDD	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
196	48.45 L	F	Lexine Price	16	TLAC BPD	08/12/2016 NWS Championships 2016/2017
197	49.49 L	F	Emugene Botha	16	PSC TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala
198	50.41 L	F	Simone Mare	16	KZNA ETH	10/04/2017 SA Schools Swimming Champions
199	52.80 L	F	Ané Swart	16	ROB MP	03/02/2017 MP Age Group 4 - 3 & 4 February
200	56.48 L	P	Chantelle Walker	16	PSC TSH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
201	58.11 L	F	Bronwynne Lekay	16	FISH EDD	04/11/2016 Freda Barnard Gala 35
202	59.98 L	F	Jenna Jagers	16	MANT CPT	01/12/2016 Western Cape Summer Champion
Women 16-16 100 Fly						
1	1:04.69 L	F	Alice Vd Merwe	16	WELL CED	17/03/2017 SA National JNR Age Group Charr
2	1:05.82 L	P	Jenna Pearse	16	CGA JHB	03/04/2017 Sa National Aquatic Championship
3	1:05.83 L	F	Samantha Van Veyeren	16	NTS TSH	22/10/2016 VIII Gala Golfinhos Sprint
4	1:05.92 L	F	Toni Rafferty	16	AQUB NMA	17/03/2017 SA National JNR Age Group Charr
5*	1:06.49 L	F	Jesica Smit	16	GDE	10/04/2017 SA Schools Swimming Champions
5*	1:06.49 L	F	Jana Coetzé	16	RBOT BPD	08/12/2016 NWS Championships 2016/2017
7	1:06.78 L	F	Tatum Peyerl	16	MDOL JHB	16/12/2016 Vita-thion CGA Open LC Champs
8	1:06.83 L	F	Emma Tarr	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
9	1:07.89 L	P	Carla Antonopoulos	16	TYGE CPT	17/03/2017 SA National JNR Age Group Charr
10	1:07.93 L	F	Kiara Noades	16	MATI CED	15/10/2016 Western Cape Summer 3
11	1:08.15 L	P	Ilinde Du Plessis	16	TUKS TSH	17/03/2017 SA National JNR Age Group Charr
12	1:08.23 L	P	Erin Hartzenberg	16	TYGE CPT	17/03/2017 SA National JNR Age Group Charr
13	1:08.48 L	F	Marine Nortje	16	SGUL ETH	25/11/2016 KZN TYR Westville Sprints 2016
14	1:08.53 L	P	Kyla Blakemore	16	KZNA ETH	03/04/2017 Sa National Aquatic Championship
15	1:08.61 L	P	Lauren Strydom	16	WATR JHB	17/03/2017 SA National JNR Age Group Charr
16	1:08.96 L	F	Jordyn Minifie	16	UNI-N EZD	25/11/2016 Mpumalanga Championships 2016
17	1:09.03 L	P	Jordan-Jenna Rolfe	16	WATR JHB	17/03/2017 SA National JNR Age Group Charr
18	1:09.16 L	F	Skye Munro	16	NSA EZD	25/11/2016 Mpumalanga Championships 2016
19	1:09.35 L	F	Chloe Velde	16	HHPS	09/12/2016 EC Aquatics Schools Trials Gala
20	1:09.43 L	F	Constantina Pietersen	16	ACSA ETH	04/11/2016 KZN Action Swimming Champs 20
21	1:09.47 L S	F	Lauren Hope	16	TUKS TSH	07/12/2016 NTS Championships 2016
22	1:09.72 L	F	Kara Vermaak	16	TUKS TSH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
23	1:10.07 L	F	Sune Van Jaarsveld	16	NTS TSH	22/10/2016 VIII Gala Golfinhos Sprint
24	1:10.14 L	F	Carmen De Clerck	16	DDA TSH	23/03/2017 SA Level 3 Regional Age Group Ci
25	1:10.16 L	P	Payton Horton	16	TWSA NMA	30/09/2016 Aquabear Invitational Meet
26	1:10.42 L	F	Hannah Kiely	16	FISH EDD	26/11/2016 Eden LC Champs 2016
27	1:10.88 L	F	Sarah Gledhill	16	CRSC JHB	23/03/2017 SA Level 3 Regional Age Group Ci
28	1:10.93 L	F	Jessica Beukes	16	BCA BUF	07/01/2017 EDEN INTERPROVINCIAL 2017
29	1:10.96 L	P	Sabrina Favini	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
30	1:10.99 L	F	Mya Phillips	16	SODO JHB	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
31	1:11.26 L	F	Kelly Hall	16	SGUL ETH	22/10/2016 eThekweni Age Group Gala 7
32	1:11.27 L	P	Stephanie Tennant	16	ACSA ETH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
33	1:11.50 L	F	Luné Vd Westhuizen	16	FISH EDD	02/12/2016 NMBA Championships 2016
34	1:11.72 L	F	Kayla Holtshausen	16	TWSA NMA	24/06/2016 PEA Winter Gala 2016
35	1:11.74 L	P	Inge Weidemann	16	MATI CED	01/12/2016 Western Cape Summer Champion
36	1:11.97 L	F	Kelly Fairon	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
37	1:12.36 L	F	Leigh Hudson	16	WATR JHB	16/12/2016 Vita-thion CGA Open LC Champs
38	1:12.45 L	F	Robin Terblanche	16	NWS	07/10/2016 NTS Invitational Gala 2016
39	1:12.58 L	P	Erica Moolman	16	BLOT MAN	23/03/2017 SA Level 3 Regional Age Group C
40	1:12.93 L	F	Georgy Turner	16	MDOL JHB	23/03/2017 SA Level 3 Regional Age Group Ci
41	1:13.41 L	F	Amber McConnachie	16	AQUA BUF	27/01/2017 BCA 2nd January Age Group Gala
42	1:13.62 L	F	Alexia-Marie Duarte	16	NWUC KKD	23/03/2017 SA Level 3 Regional Age Group Ci
43	1:13.67 L	P	Eden Peterkin	16	CRSC JHB	16/12/2016 Vita-thion CGA Open LC Champs

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
44	1:13.86	L	F	Tyla Panzera	16	WATR JHB	21/01/2017 CGA Level 3 - SANJ Last Chance
45	1:13.89	L	F	Aerin Nortier	16	FLOD JHB	23/03/2017 SA Level 3 Regional Age Group Ci
46	1:13.90	L	F	Amy Stanford	16	NWS	07/10/2016 NTS Invitational Gala 2016
47	1:13.93	L	P	Callan Nel	16	SEAL UMD	17/03/2017 SA National JNR Age Group Charr
48	1:14.27	L	F	Talea Claassens	16	NTS FSH	22/10/2016 VIII Gala Golfinhos Sprint
49	1:14.31	L	P	Robyn Marais	16	TYGE CPT	01/12/2016 Western Cape Summer Champion
50	1:14.38	L S	F	Xandri Fourie	16	BLOT MAN	30/11/2016 FS CHAMPS
51	1:14.97	L	P	Kayla McLoughlin	16	ASA CPT	01/12/2016 Western Cape Summer Champion
52	1:15.00	L	F	Amber Waddell	16	BLSS MAN	07/10/2016 Otters Prestige Gala
53*	1:15.01	L	F	Nadine Kemp	16	BLNE MAN	23/03/2017 SA Level 3 Regional Age Group C
53*	1:15.01	L	F	Jodi Wright	16	CYBE CPT	21/01/2017 WCSAA - Western Cape Schools
55	1:15.25	L	P	Elizabeth Pretorius	16	BLOT MAN	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
56	1:15.84	L	P	Jemma Bodington	FR	PSA ZLD	23/03/2017 SA Level 2 Regional Age Group Ci
57	1:16.36	L	F	Hannah Schimper	16	AZON ETH	02/09/2016 KZN Beavers Winter LongCourse
58	1:16.40	L	P	Lindelize Bester	16	BEST NMA	30/09/2016 Aquabear Invitational Meet
59	1:16.50	L	P	Joey Carollissen	16	MATI CED	01/12/2016 Western Cape Summer Champion
60	1:16.55	L	F	Tharien vd Walt	16	FAAC FBD	29/10/2016 Good Hope Swimming Club
61	1:17.17	L	F	Isabelle Boles	16	WATR JHB	03/12/2016 CGA Level 3/SANJ Gala No 3
62	1:17.23	L	P	Eden Cronje	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
63*	1:17.70	L	F	Chane Stiglingh	16	DDA FSH	18/11/2016 NTS November 2016 Age Group L
63*	1:17.70	L	P	Hannah Jones	16	SEAL UMD	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
65	1:18.46	L	F	Jade Grobbelaar	16	PEAS NMA	09/09/2016 2nd A League 2016
66	1:19.52	L	F	Ashleigh Munks	16	BOKS EKU	08/12/2016 EGA Championships 2016
67	1:19.79	L	F	Kristen Edwards	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
68	1:19.91	L	F	Savannah Sheerin	16	ESP EKU	31/03/2017 SA Level 2 Regional Age Group Ci
69	1:20.04	L	F	Jenna Whiting	16	SOUL EKU	15/10/2016 EGA Summer 2_15 Oct 2016
70	1:20.48	L	F	Rulandi Viljoen	16	RBOT BPD	08/12/2016 NWS Championships 2016/2017
71	1:20.64	L	F	Nicola Sequeira	16	FLOD JHB	18/02/2017 CGA Level 2 last chance gala day
72	1:20.72	L	F	Courtney Pretorius	16	PER JHB	03/12/2016 CGA Level 3/SANJ Gala No 3
73	1:21.12	L	F	Michelle Coetzer	16	BLNE MAN	04/02/2017 SUPER SPORT LEAGUE GALA 2
74	1:21.23	L	F	Hannah Varyawa	16	LAD UTD	25/11/2016 KZN TYR Westville Sprints 2016
75	1:21.31	L S	F	Sianne Downes	16	MDOL JHB	16/12/2016 Vita-thion CGA Open LC Champs
76	1:21.84	L	F	Keren Welgemoed	16	DBSC SDD	18/02/2017 EGA Summer 5 Gala
77	1:22.17	L	F	Raquel Correia	16	CRSC JHB	16/12/2016 Vita-thion CGA Open LC Champs
78	1:22.74	L	F	Michaela van Schaik	16	NCASA	05/11/2016 Fezile Dabi Inter Provincial Gala
79	1:22.95	L	F	Martha Johanna Visser	16	BLOT MAN	02/09/2016 Kovsie Aquatics Gala 2
80	1:23.26	L	F	Lara Featherstone	16	VINE CPT	15/10/2016 Western Cape Summer 3
81	1:23.29	L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017 NCASA Champs 2017
82	1:23.37	L	F	Tarryn Campbell	16	CRSC JHB	29/10/2016 CGA Level 3/SANJ Gala No 2
83	1:23.52	L	F	Marine Smuts	16	BLOT MAN	02/09/2016 Kovsie Aquatics Gala 2
84	1:23.54	L	F	Taliitha Vd Walt	16	QUIC CPT	23/03/2017 SA Level 2 Regional Age Group Ci
85	1:24.47	L	F	Barbara-Anne De Bruin	16	GHSK FBD	18/02/2017 NCASA Age Group 6 KBY 2017
86	1:24.64	L	F	Carrey-Lynn Legge	16	WATR JHB	15/10/2016 CGA Level 2 gala No 2
87	1:25.34	L	F	Jenna Hirsch	16	WATR JHB	15/10/2016 CGA Level 2 gala No 2
88	1:25.35	L	F	Jenna- Laine Fuller	16	AFIN JHB	15/10/2016 CGA Level 2 gala No 2
89	1:25.62	L	F	Angeleah Moss	16	NWUC KKD	29/10/2016 NWS Age Group 2 1617
90	1:25.86	L	F	Tanika Smuts	16	BARR CPT	04/11/2016 Freda Barnard Gala 35
91	1:26.41	L	P	Storm Ryder	16	ESP EKU	08/12/2016 EGA Championships 2016
92	1:27.20	L	F	Mia Moolman	16	BLOT MAN	02/09/2016 Kovsie Aquatics Gala 2
93	1:29.32	L	F	Sonique Spangenberg	16	ORA	09/12/2016 NCASA Sprints 2016
94	1:29.44	L	P	Tasneem Kharva	16	MDOL JHB	31/03/2017 SA Level 2 Regional Age Group Ci
95	1:30.09	L	P	Mikayla Holland	16	FLOD JHB	31/03/2017 SA Level 2 Regional Age Group Ci
96	1:31.42	L	F	Abigael Grobler	16	FISH EDD	22/10/2016 EDEN 2nd A-League Gala 2016
97	1:31.60	L	P	Kaylee Tolmay	16	BLAE JHB	31/03/2017 SA Level 2 Regional Age Group Ci
98	1:32.41	L	F	Megan Vorster	16	BLNE MAN	02/09/2016 Kovsie Aquatics Gala 2
99	1:33.43	L	F	Carla Broodryk	16	WDG EZD	25/11/2016 Mpumalanga Championships 2016
100	1:33.58	L S	F	Laura Turpin	16	TUKS FSH	27/06/2016 Sasol National Championship 2016
101	1:33.84	L	F	Marion Colan	16	BEAV ETH	02/09/2016 KZN Beavers Winter LongCourse
102	1:34.93	L	F	Mikayla Frara	16	TUKS FSH	02/12/2016 2016 The Tshwane Mayoral Gala

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
103	1:35.10 L	F	Nicola Kruger	16	POTC KKD	08/12/2016	NWS Championships 2016/2017
104	1:35.22 L	F	Lara Weir	16	TUKS FSH	02/12/2016	2016 The Tshwane Mayoral Gala
105	1:35.40 L	F	Michaela Cilliers	16	RTBHS BPD	03/02/2017	NW Schools Swimming Champion
106	1:38.73 L S	F	Bernedette Van Vuuren	16	SEAL UMD	27/06/2016	Sasol National Championship 2016
107	1:39.15 L	P	Leigh-Ann Avis	16	SHS FDD	16/02/2017	Inter High 2017
108	1:43.79 L	F	Chantenique Barnard	16	KALA JTD	15/10/2016	Age Group 1 2016 Kalaharie
109	1:44.78 L	F	Shanay Gouws	16	NCASA	05/11/2016	Fezile Dabi Inter Provincial Gala
Women 16-16 200 Fly							
1	2:27.66 L	F	Carla Antonopoulos	16	TYGE CPT	17/03/2017	SA National JNR Age Group Cham
2	2:28.13 L	F	Jordyn Minifie	16	UNIN EZD	17/03/2017	SA National JNR Age Group Cham
3	2:28.67 L	F	Jenna Pearse	16	STAD JHB	16/12/2016	Vita-thion CGA Open LC Champs
4	2:37.03 L	F	Alice Vd Merwe	16	WELL CED	20/08/2016	Western Cape Summer 1
5	2:37.89 L	F	Kara Vermaak	16	TUKS FSH	23/09/2016	NTS September 2016 Age Group 1
6	2:38.93 L	F	Erica Moolman	16	OCTO MAN	16/02/2017	Inter High 2017
7	2:40.49 L	F	Samantha Van Veyeren	16	TUKS FSH	07/12/2016	NTS Championships 2016
8	2:41.26 L	P	Sune Van Jaarsveld	16	TUKS FSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
9	2:41.27 L	F	Kayla McLoughlin	16	ASA CPT	20/08/2016	Western Cape Summer 1
10	2:41.74 L	F	Ilinde Du Plessis	16	DBSC SDD	24/09/2016	EGA Summer 1
11	2:41.83 L	F	Marine Nortje	16	ACSA ETH	11/06/2016	EThekwini Age Group Gala 2
12	2:54.26 L	F	Toni Rafferty	16	AQUB NMA	09/09/2016	2nd A League 2016
13	2:56.25 L	F	Elizabeth Pretorius	16	BLOT MAN	30/11/2016	FS CHAMPS
14	2:57.81 L	F	Robyn Marais	16	TYGE CPT	20/08/2016	Western Cape Summer 1
15	3:07.09 L	F	Skye Munro	16	NSA EZD	30/09/2016	Uniswim Spar Summer Gala
16	3:07.83 L	F	Courtney Pretorius	16	PER JHB	27/06/2016	Sasol National Championship 2016
17	3:08.06 L	F	Georgy Turner	16	MDOL JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
18	3:14.06 L	F	Aerin Nortier	16	FLOD JHB	28/01/2017	CGA Level 3-SANJ Last Chance g
19	3:14.58 L	F	Sonique Spangenberg	16	ORA	09/12/2016	NCASA Sprints 2016
20	3:27.62 L	F	Michelle Coetzer	16	OCTO MAN	16/02/2017	Inter High 2017
21	3:47.67 L	F	Leigh-Ann Avis	16	TKS SKD	30/01/2017	NFS INTER HIGH SCHOOL CHAI
Women 16-16 200 IM							
1	2:23.58 L	S	Emma Wallis	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
2	2:24.67 L	F	Hannah Kiely	16	CLSC WCD	17/03/2017	SA National JNR Age Group Cham
3	2:26.34 L	F	Samantha Van Veyeren	16	TUKS FSH	17/03/2017	SA National JNR Age Group Cham
4	2:26.60 L	F	Kiara Noades	16	MATI CED	01/12/2016	Western Cape Summer Champion
5	2:26.68 L	F	Sabrina Favini	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
6	2:27.08 L	F	Tatum Peyerl	16	MDOL JHB	17/03/2017	SA National JNR Age Group Cham
7	2:28.11 L	F	Jesica Smit	16	GDE	10/04/2017	SA Schools Swimming Champions
8	2:28.66 L	F	Kara Vermaak	16	TUKS FSH	17/03/2017	SA National JNR Age Group Cham
9	2:29.12 L	F	Jordyn Minifie	16	PEC EZD	28/10/2016	Top Schools - High School 28 Oct
10	2:29.23 L	P	Alice Vd Merwe	16	WELL CED	17/03/2017	SA National JNR Age Group Cham
11	2:29.31 L	F	Lize-Mari De Beer	16	MDOL JHB	16/12/2016	Vita-thion CGA Open LC Champs
12	2:30.27 L	P	Emma Tarr	16	CGA JHB	03/04/2017	Sa National Aquatic Championship
13	2:31.00 L	P	Sianne Downes	16	MDOL JHB	04/02/2017	2017 Grand Prix Invitation Swimm
14	2:31.40 L	P	Constantina Pietersen	16	ACSA ETH	17/03/2017	SA National JNR Age Group Cham
15	2:32.05 L	F	Jessica Beukes	16	PEAS NMA	19/08/2016	Nedbank Madibaz Swim Meet
16	2:32.98 L	F	Carla Antonopoulos	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
17	2:33.07 L	F	Kelly Fairon	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
18	2:33.09 L	P	Kiara Barnes	16	TYGE CPT	17/03/2017	SA National JNR Age Group Cham
19	2:33.34 L	F	Sune Van Jaarsveld	16	TUKS FSH	07/12/2016	NTS Championships 2016
20	2:33.58 L	F	Jordan-Jenna Rolfe	16	WATR JHB	25/11/2016	KZN TYR Westville Sprints 2016
21	2:33.65 L	P	Georgina Haler	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
22	2:34.25 L	F	Chloe Velde	16	BCA BUF	07/01/2017	EDEN INTERPROVINCIAL 2017
23	2:34.36 L	P	Amber McConnachie	16	AQUA BUF	17/03/2017	SA National JNR Age Group Cham
24	2:34.68 L	P	Tracy-Lee Young	16	WATR JHB	17/03/2017	SA National JNR Age Group Cham
25	2:34.90 L	F	Marine Nortje	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
26	2:35.56 L	F	Kyla Blakemore	16	ACSA ETH	06/08/2016	eThekwini Age Group Gala 4
27	2:35.66 L	F	Toni Rafferty	16	AQUB NMA	19/08/2016	Nedbank Madibaz Swim Meet
28	2:36.33 L	P	Kayla McLoughlin	16	ASA CPT	17/03/2017	SA National JNR Age Group Cham

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
29*	2:36.38 L	F	Lauren Strydom	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
29*	2:36.38 L	F	Kelly Hall	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
31	2:36.40 L	F	Jenna Pearse	16	STAD JHB	29/10/2016	CGA Level 3/SANJ Gala No 2
32	2:36.47 L	F	Jana Coetzé	16	RTBHS BPD	03/02/2017	NW Schools Swimming Champion
33	2:36.65 L	F	Carmen De Clerck	16	DDA TSH	23/03/2017	SA Level 3 Regional Age Group Cl
34	2:36.75 L	P	Lindelize Bester	16	BEST NMA	17/03/2017	SA National JNR Age Group Charr
35	2:36.78 L	F	Erin Jarvis	16	AQUB NMA	23/03/2017	SA Level 3 Regional Age Group C
36	2:37.18 L	F	Nora Segurola	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
37	2:37.19 L	F	Leigh Hudson	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
38	2:37.86 L	F	Inge Weidemann	16	MATI CED	12/11/2016	Western Cape Summer 4
39	2:38.19 L	F	Erica Moolman	16	OCTO MAN	16/02/2017	Inter High 2017
40	2:38.47 L	F	Isabelle Boles	16	WATR JHB	16/12/2016	Vita-thion CGA Open LC Champs
41	2:39.20 L	P	Robyn Marais	16	TYGE CPT	23/03/2017	SA Level 3 Regional Age Group C
42	2:39.28 L	P	Mieke De Villiers	16	INFA NMA	17/03/2017	SA National JNR Age Group Charr
43	2:40.01 L	P	Tanna Baker	16	TUKS TSH	17/03/2017	SA National JNR Age Group Charr
44	2:40.21 L	P	Erin Hartzenberg	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
45	2:40.53 L	F	Payton Horton	16	TWSA NMA	30/09/2016	Aquabear Invitational Meet
46	2:40.56 L	F	Ashleigh Munks	16	BOKS EKU	08/12/2016	EGA Championships 2016
47	2:40.71 L	F	Kyla Russell	16	TRIDE ETH	02/09/2016	KZN Beavers Winter LongCourse
48	2:41.02 L	F	Hannah Jones	16	SEAL UMD	13/12/2016	KZN Speedo Provincial Champion
49	2:41.37 L	F	Kelly Seymour	16	USC BUF	02/12/2016	BCA Championships 2016
50	2:41.38 L	P	Sarah Gledhill	16	CRSC JHB	23/03/2017	SA Level 3 Regional Age Group Cl
51	2:41.58 L	P	Elizabeth Pretorius	16	BLOT MAN	17/03/2017	SA National JNR Age Group Charr
52	2:41.75 L	P	Stephanie Tennant	16	ACSA ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
53	2:41.92 L	P	Ilinde Du Plessis	16	DBSC SDD	27/06/2016	Sasol National Championship 2016
54	2:42.19 L	F	Skye Munro	16	ESS EZD	28/10/2016	Top Schools - High School 28 Oct
55	2:42.22 L	P	Hannah Altmann	16	VINE CPT	01/12/2016	Western Cape Summer Champion
56	2:42.28 L	F	Amy Stanford	16	PAC TSH	23/09/2016	NTS September 2016 Age Group I
57	2:42.35 L	F	Kayla Holtshausen	16	TWSA NMA	24/06/2016	PEA Winter Gala 2016
58	2:42.63 L	P	Talea Claassens	16	TUKS TSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
59	2:42.85 L	F	Celine Thevenau	16	SGUL ETH	25/11/2016	KZN TYR Westville Sprints 2016
60	2:42.99 L	P	Kirsten Crous	16	AZON ETH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
61	2:43.66 L	P	Erin Graham	16	STAD JHB	16/12/2016	Vita-thion CGA Open LC Champs
62	2:43.85 L	F	Erika Esterhuizen	16	WSTV ETH	02/09/2016	KZN Beavers Winter LongCourse
63	2:44.32 L	F	Montana Swart	16	ACSA ETH	04/11/2016	KZN Action Swimming Champs 20
64	2:44.82 L	F	Xandri Fourie	16	BLOT MAN	30/11/2016	FS CHAMPS
65	2:45.27 L	F	Amber Waddell	16	BLSS MAN	01/10/2016	Seals Gala
66	2:45.69 L	P	Katherine Burnett	16	NDSA ETH	23/03/2017	SA Level 3 Regional Age Group C
67	2:45.76 L	P	Jessica Reimers	16	SEAL UMD	13/12/2016	KZN Speedo Provincial Champion
68	2:45.79 L	P	Nadine Kemp	16	BLNE MAN	23/03/2017	SA Level 3 Regional Age Group C
69	2:45.88 L	F	Jenna Whiting	16	SOUL EKU	10/09/2016	Adrian Grafe Memorial Gala 2016
70	2:45.96 L	F	Gillian van Eyssen	16	ACSA ETH	02/09/2016	KZN Beavers Winter LongCourse
71	2:45.99 L	P	Tanika Smuts	16	BARR CPT	01/12/2016	Western Cape Summer Champion
72	2:46.20 L	F	Lauren Hope	16	TUKS TSH	03/02/2017	NTS Feb 2017 Age Group Level 3
73	2:46.39 L	P	Tarryn Campbell	16	CRSC JHB	17/03/2017	SA National JNR Age Group Charr
74	2:47.29 L	P	Savannah Sheerin	16	ESP EKU	31/03/2017	SA Level 2 Regional Age Group Cl
75	2:47.32 L	F	Amy Vernes	16	SGUL ETH	18/02/2017	Ethekwini Age Group Gala 10
76	2:47.45 L	F	Jade Simons	16	PEAS NMA	02/12/2016	NMBA Championships 2016
77	2:47.53 L	F	Londi Busse	16	SEAL UMD	25/11/2016	KZN TYR Westville Sprints 2016
78	2:47.75 L	F	Courtney Pretorius	16	PER JHB	24/09/2016	CGA Level 2 gala No 1
79	2:47.89 L	F	Sara Russell	16	USC BUF	05/11/2016	BCA Nov Age Group Gala 2016
80	2:48.13 L	F	Robyn McMillan	16	ASA CPT	12/11/2016	Western Cape Summer 4
81	2:48.76 L	F	Alexia-Marie Duarte	16	NWUC KKD	08/12/2016	NWS Championships 2016/2017
82	2:49.10 L	F	Chloe Longwitz	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
83	2:49.20 L	F	Anlizè Vermeulen	16	FISH EDD	23/03/2017	SA Level 3 Regional Age Group C
84	2:49.65 L	F	Marine Smuts	16	BLOT MAN	30/11/2016	FS CHAMPS
85	2:49.75 L	F	Tharien vd Walt	16	FAAC FBD	09/12/2016	NCASA Sprints 2016
86	2:49.88 L	F	Keren Welgemoed	16	DBSC SDD	21/01/2017	EGA Summer 4
87	2:50.08 L	P	Laura Turpin	16	TUKS TSH	07/12/2016	NTS Championships 2016

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr			
88	2:50.11 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017 NCASA Champs 2017
89	2:50.24 L	F	Elizabeth Van Straten	16	DDA TSH	03/02/2017 NTS Feb 2017 Age Group Level 3
90	2:50.37 L	P	Georgy Turner	16	MDOL JHB	23/03/2017 SA Level 3 Regional Age Group Cl
91	2:50.43 L	P	Sophie Rodseth	16	VINE CPT	01/12/2016 Western Cape Summer Champion
92	2:50.49 L	F	Sheree Brandt	16	USC BUF	02/12/2016 BCA Championships 2016
93	2:50.69 L	F	Sariska Terblanche	16	HARL BUF	10/02/2017 BCA February Age Group Gala 20
94	2:50.80 L	P	Mya Phillips	16	SODO JHB	08/12/2016 EGA Championships 2016
95	2:51.07 L	F	Hannah Schimper	16	AZON ETH	23/03/2017 SA Level 3 Regional Age Group C
96	2:51.34 L	F	Sarah Brand	16	ASA ILD	02/09/2016 KZN Beavers Winter LongCourse
97	2:51.47 L	P	Carli Wagner	16	ELEC JHB	23/03/2017 SA Level 3 Regional Age Group Cl
98	2:51.49 L	F	Martha Johanna Visser	16	SHS FDD	16/02/2017 Inter High 2017
99	2:51.54 L	P	Corlia Botha	16	HILL TSH	07/12/2016 NTS Championships 2016
100	2:52.00 L	P	Nicole De Beer	16	BENS ECU	31/03/2017 SA Level 2 Regional Age Group Cl
101	2:52.03 L	P	Kristen Edwards	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
102	2:52.06 L	F	Eden Peterkin	16	CRSC JHB	17/09/2016 CGA Level 3/SANJ Gala No 1
103	2:52.19 L	F	Jenna-Marie Lee	16	NWUC KKD	08/12/2016 NWS Championships 2016/2017
104	2:52.39 L S	F	Jade Grobelaar	16	PEAS NMA	14/01/2017 5th A League Gala 2017
105	2:52.83 L	F	Jessica Schrader	16	SASE JHB	29/10/2016 CGA Level 3/SANJ Gala No 2
106*	2:52.97 L	P	Joey Carolissen	16	MATI CED	01/12/2016 Western Cape Summer Champion
106*	2:52.97 L	F	Marguerite Van Jaarsveld	16	BLOT MAN	07/10/2016 Otters Prestige Gala
108	2:53.36 L	F	Aerin Nortier	16	FLOD JHB	29/10/2016 CGA Level 3/SANJ Gala No 2
109	2:53.48 L	F	Meghan Armon	16	SEAL UMD	24/02/2017 KZN Speedo Level 2 Provincial Cf
110	2:53.84 L	F	Nishaat Davids	16	MANT CPT	30/09/2016 Aquabear Invitational Meet
111	2:53.85 L	F	Calynn Smith	16	PSC TSH	31/03/2017 SA Level 2 Regional Age Group Cl
112	2:53.88 L	P	Raquel Correia	16	CRSC JHB	16/12/2016 Vita-thion CGA Open LC Champs
113	2:53.98 L	P	Savanna Sommerville	16	DDA TSH	31/03/2017 SA Level 2 Regional Age Group Cl
114	2:54.05 L	P	Eden Cronje	16	STAD JHB	16/12/2016 Vita-thion CGA Open LC Champs
115	2:54.18 L	F	Emma Huxtable	16	STPS UMD	06/08/2016 eThekwini Age Group Gala 4
116	2:54.41 L	F	Chloe Schroeder	16	VIKI BUF	02/12/2016 BCA Championships 2016
117	2:54.45 L	F	Jenna- Laine Fuller	16	AFIN JHB	05/11/2016 CGA Level 2 Gala No 3
118	2:54.93 L	F	Chane Stiglingh	16	DDA TSH	18/11/2016 NTS November 2016 Age Group L
119	2:55.00 L	P	Nicola Sequeira	16	FLOD JHB	31/03/2017 SA Level 2 Regional Age Group Cl
120	2:55.27 L	P	Kristen Kleynhans	16	TUKS TSH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
121	2:55.44 L	F	Natasja Fourie	16	CSC TSH	18/11/2016 NTS November 2016 Age Group L
122	2:56.14 L	F	Amy Bellairs	16	TWSA NMA	30/09/2016 Aquabear Invitational Meet
123	2:56.16 L	P	Deané Toerien	16	TASC LP	23/03/2017 SA Level 3 Regional Age Group Cl
124	2:56.22 L	F	Nola De Jongh	16	ASA CPT	12/11/2016 Western Cape Summer 4
125	2:56.37 L	F	Abigael Grobler	16	FISH EDD	23/03/2017 SA Level 2 Regional Age Group Cl
126	2:56.74 L	P	Storm Ryder	16	ESP ECU	08/12/2016 EGA Championships 2016
127	2:56.95 L	F	Michelle Coetzer	16	BLNE MAN	23/03/2017 SA Level 2 Regional Age Group Cl
128	2:57.31 L	F	Emma Wilson-Moore	16	USC BUF	13/01/2017 BCA January Age Group Gala 201
129	2:57.49 L	P	Hannah Jamieson	16	PAC TSH	31/03/2017 SA Level 2 Regional Age Group Cl
130	2:57.59 L	P	Stamatina Piagalis	16	UNIQ JHB	08/12/2016 EGA Championships 2016
131	2:58.08 L	F	Michaela van Schaik	16	PWAC BPD	08/12/2016 NWS Championships 2016/2017
132	2:58.11 L	P	Zantia BAINBRIDGE	16	ELEC JHB	16/12/2016 Vita-thion CGA Open LC Champs
133	2:58.24 L	F	Janine Van Heerden	16	DDA TSH	01/10/2016 Waterborn Invitational 2016
134	2:58.42 L	F	Jenna Hirsch	16	WATR JHB	05/02/2017 CGA Level 2 last chance gala Day
135	2:58.64 L	F	Jemma Bodington	FR	PSA ZLD	23/03/2017 SA Level 2 Regional Age Group Cl
136	2:58.69 L	F	Jeanne Joubert	16	CSA EZD	17/09/2016 MP Xerox Sprint Gala - 17 Septerr
137	2:58.79 L	F	Katia Turchino	16	BLOT MAN	30/11/2016 FS CHAMPS
138	2:59.10 L	F	Hannah Butters	16	CSC TSH	03/02/2017 NTS Feb 2017 Age Group Level 3
139	2:59.17 L	F	Mia Moolman	16	OCTO MAN	16/02/2017 Inter High 2017
140	2:59.58 L	F	Lene Boshoff	16	BLOT MAN	30/11/2016 FS CHAMPS
141	2:59.63 L	P	Lauren Vos	16	CRSC JHB	31/03/2017 SA Level 2 Regional Age Group Cl
142*	3:00.14 L	F	Kianne Coltman	16	WATR JHB	03/12/2016 CGA Level 3/SANJ Gala No 3
142*	3:00.14 L	F	Fatima Mohamed	16	ATLA JHB	24/09/2016 CGA Level 2 gala No 1
144	3:00.33 L	P	Mikayla Holland	16	FLOD JHB	16/12/2016 Vita-thion CGA Open LC Champs
145	3:00.34 L	F	Tamryn Ann Palani	16	PISC ETH	24/02/2017 KZN Speedo Level 2 Provincial Cf
146	3:00.66 L	F	Rulandi Viljoen	16	RBOT BPD	08/12/2016 NWS Championships 2016/2017

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
147	3:00.85	L	F	Brooklyn Milne	16	ASA ILD	22/10/2016 eThekwini Age Group Gala 7
148	3:00.89	L	P	Jamie Lotter	16	BON JHB	31/03/2017 SA Level 2 Regional Age Group C
149	3:01.23	L	F	Megan Vorster	16	OCTO MAN	16/02/2017 Inter High 2017
150	3:01.45	L	P	Kayler Hulett	16	ASA ILD	23/03/2017 SA Level 2 Regional Age Group C
151	3:01.75	L	P	Shannon Linklater	16	PER JHB	31/03/2017 SA Level 2 Regional Age Group C
152	3:02.00	L	F	Anika Smit	16	PRKA PSD	23/03/2017 SA Level 3 Regional Age Group C
153	3:02.21	L	F	Sigrid Aadnesgaard	16	STPS UMD	02/09/2016 KZN Beavers Winter LongCourse
154	3:02.54	L	F	Hilda Du Toit	16	WOAQ CED	18/11/2016 Western Cape Summer QF2
155	3:02.98	L	P	Tasneem Kharva	16	MDOL JHB	31/03/2017 SA Level 2 Regional Age Group C
156	3:03.42	L	F	Sonique Spangenberg	16	ORA	09/12/2016 NCASA Sprints 2016
157	3:03.67	L	F	Caitlin Mc Cann	16	AFIN JHB	05/11/2016 CGA Level 2 Gala No 3
158	3:03.93	L	F	Katherine Van der Merwe	16	SHS FDD	16/02/2017 Inter High 2017
159	3:04.29	L	F	Angeleah Moss	16	NWUC KKD	08/12/2016 NWS Championships 2016/2017
160	3:04.80	L	F	Dehanke van Rensburg	16	HREF BPD	15/10/2016 NWS Age Group 1 1617
161	3:04.86	L	F	Kristen McIntyre	16	USC BUF	02/12/2016 BCA Championships 2016
162	3:04.88	L	F	Sage Cawse	16	AQUB NMA	30/09/2016 Aquabear Invitational Meet
163	3:06.00	L	F	Anna-Mart Botes	16	CLSC WCD	03/02/2017 Western Cape Jack Currie Champ
164	3:06.10	L	F	Samantha Mc Nicol	16	PER JHB	05/11/2016 CGA Level 2 Gala No 3
165	3:06.40	L	F	Talitha Vd Walt	16	QUIC CPT	18/02/2017 Western Cape Qualify Gala 3
166	3:07.63	L	F	Elsie Botha	16	SS LP	25/11/2016 Limpopo Champs 25-27 Novembe
167	3:09.63	L	F	Cathrine Oelschig	16	CSC TSH	18/11/2016 NTS November 2016 Age Group L
168	3:09.88	L	F	Mia Benade	16	UPTS ZMD	11/11/2016 Age group 2 2016 Upington
169	3:10.69	L	F	Tatjana Kleine	16	CSC TSH	03/09/2016 2016 Speedo Hillcrest Sprint Gala
170	3:10.82	L	F	Avisha Sewpersad	16	OTTO ETH	24/02/2017 KZN Speedo Level 2 Provincial Ct
171	3:11.18	L	F	Caitlin Davies	16	MDOL JHB	10/09/2016 Adrian Grafe Memorial Gala 2016
172	3:11.36	L	F	Lara Weir	16	TUKS TSH	11/03/2017 SA Level 1 Provincl Age Group Ch
173	3:11.45	L	P	Bernedette Van Vuuren	16	SEAL UMD	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
174	3:11.65	L	P	Mikayla Frara	16	TUKS TSH	05/07/2016 TYR PRESTIGE CHAMPIONSHIP
175	3:12.15	L	F	Nicolette Galbraith	16	DORE JHB	10/09/2016 Adrian Grafe Memorial Gala 2016
176	3:13.39	L	F	Shanel Dashwood	16	STPS UMD	02/09/2016 KZN Beavers Winter LongCourse
177	3:13.62	L	F	Arleen Moorcroft	16	BLMA CPT	18/02/2017 Western Cape Qualify Gala 3
178*	3:13.84	L	F	Jade Borrett	16	FISH EDD	28/01/2017 Eden 5th A League Gala
178*	3:13.84	L	F	Luné Vd Westhuizen	16	FISH EDD	19/11/2016 EDEN 3rd A-League Gala 2016
180	3:14.52	L	F	Daniela Venturi	16	VICT ECU	10/09/2016 Adrian Grafe Memorial Gala 2016
181	3:15.01	L	F	Jaime Bossenger	16	PAQU CED	04/11/2016 Freda Barnard Gala 35
182	3:15.62	L	F	Zoë Bredenkamp	16	MANT CPT	12/11/2016 Western Cape Summer 4
183	3:15.76	L	P	Shanay Gouws	16	SASOL FDD	27/06/2016 Sasol National Championship 2016
184	3:16.04	L	P	Kelly McGorian	16	ESTR ECU	08/12/2016 EGA Championships 2016
185	3:18.67	L	F	Nicola Kruger	16	POTC KKD	08/12/2016 NWS Championships 2016/2017
186	3:18.89	L	F	Michaela Cilliers	16	RBOT BPD	08/12/2016 NWS Championships 2016/2017
187	3:18.95	L	F	Lindie Meyer	16	NWUC KKD	14/01/2017 NWS Age Group 4 1617
188	3:19.73	L	F	Shria Reddy	16	BAYV ETH	22/10/2016 eThekwini Age Group Gala 7
189	3:20.01	L	F	Carla Broodryk	16	ROB MP	24/02/2017 MPUMALANGA SCHOOL SWIMM
190	3:20.10	L	F	Tal Arnon	16	UPTS ZMD	21/01/2017 4 + 1 Gala Trials Upington
191	3:20.40	L	F	Emugene Botha	16	PSC TSH	02/12/2016 2016 The Tshwane Mayoral Gala
192	3:20.42	L	F	Teagan Forbes	16	PWAC BPD	26/11/2016 NWS Age Group 3 2016/2017
193	3:21.29	L	F	Barbara-Anne De Bruin	16	GHSK FBD	14/10/2016 MP AGE GROUP 2 - 2016
194	3:23.84	L	P	Taylor Smith	16	SWIFT ECU	08/12/2016 EGA Championships 2016
195	3:25.73	L	F	Kaylee Tolmay	16	BLAE JHB	24/09/2016 CGA Level 2 gala No 1
196	3:26.19	L	F	Chanténique Barnard	16	KALA JTD	22/10/2016 Flamingo Gala 2016
197	3:26.24	L	F	Chantelle Walker	16	PSC TSH	18/11/2016 NTS November 2016 Age Group L
198	3:26.80	L	F	Shannon Martins	16	AA JHB	23/03/2017 SA Level 3 Regional Age Group C
199	3:29.09	L	F	Tasmiyyah Moola	16	SRAY BUF	05/11/2016 BCA Nov Age Group Gala 2016
200	3:35.35	L	F	Dominique Graaf	16	STDOM FDD	11/03/2017 LEVEL 1 INTRA PROVINCIAL GA
201	3:35.51	L	F	Sunè Conradie	16	WOAQ CED	18/02/2017 Western Cape Qualify Gala 3
202	3:35.64	L	F	Leigh-Ann Avis	16	TKS SKD	30/01/2017 NFS INTER HIGH SCHOOL CHAN
203	3:39.48	L	F	Jade Louw	16	FSE UMD	29/10/2016 Uthungulu District November 2016
204	3:47.71	L	P	Daleen Laurence	16	WCA CPT	03/04/2017 Sa National Aquatic Championship
205	3:58.55	L	F	Nicolise Du Toit	16	BLSS MAN	04/02/2017 SUPER SPORT LEAGUE GALA 2

Individual Top Times

Times since: 01-May-16

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
206	3:59.28 L	P	Shivani Nana	16	ATLA JHB	08/12/2016	EGA Championships 2016
207	4:12.25 L	F	Grayce Stubbs	16	TLAC BPD	15/10/2016	NWS Age Group 1 1617
208	4:20.78 L	F	Simone Mare	16	USH UHD	14/01/2017	Uthungulu District January Age Gr
209	4:23.10 L	F	Bronwynne Lekay	16	FISH EDD	04/11/2016	Freda Barnard Gala 35
210	4:37.09 L	F	Jenna Jagers	16	MANT CPT	12/11/2016	Western Cape Summer 4
Women 16-16 400 IM							
1	5:06.31 L	F	Emma Wallis	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
2	5:10.99 L	P	Jordyn Minifie	16	MP EZD	03/04/2017	Sa National Aquatic Championship
3	5:11.59 L	F	Carla Antonopoulos	16	TYGE CPT	17/03/2017	SA National JNR Age Group Charr
4	5:12.33 L	F	Kiara Noades	16	MATI CED	01/12/2016	Western Cape Summer Champion
5	5:13.56 L	P	Samantha Van Veyeren	16	NTS TSH	03/04/2017	Sa National Aquatic Championship
6	5:14.81 L	F	Sabrina Favini	16	WATR JHB	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
7	5:15.28 L	F	Hannah Kiely	16	CLSC WCD	17/03/2017	SA National JNR Age Group Charr
8	5:15.96 L	P	Kiara Barnes	16	WCA CPT	03/04/2017	Sa National Aquatic Championship
9	5:17.35 L	F	Jordan-Jenna Rolfe	16	WATR JHB	17/03/2017	SA National JNR Age Group Charr
10	5:20.96 L	F	Kara Vermaak	16	TUKS TSH	05/07/2016	TYR PRESTIGE CHAMPIONSHIP
11	5:22.37 L	F	Kelly Fairon	16	WATR JHB	01/10/2016	Waterborn Invitational 2016
12	5:22.55 L	F	Sune Van Jaarsveld	16	TUKS TSH	17/03/2017	SA National JNR Age Group Charr
13	5:27.22 L	F	Jessica Beukes	16	PEAS NMA	02/12/2016	NMBA Championships 2016
14	5:32.44 L	F	Chloe Velde	16	AQUA BUF	27/01/2017	BCA 2nd January Age Group Gala
15	5:33.44 L	F	Kayla McLoughlin	16	ASA CPT	18/02/2017	Western Cape Qualify Gala 3
16	5:34.07 L	F	Kelly Hall	16	SGUL ETH	14/01/2017	Ethekwini Age Group 9
17	5:34.20 L	F	Amber McConnachie	16	AQUA BUF	17/03/2017	SA National JNR Age Group Charr
18	5:37.90 L	F	Lauren Strydom	16	WATR JHB	03/12/2016	CGA Level 3/SANJ Gala No 3
19	5:39.40 L	F	Erica Moolman	16	BLOT MAN	30/11/2016	FS CHAMPS
20	5:43.81 L	F	Sianne Downes	16	MDOL JHB	16/12/2016	Vita-thion CGA Open LC Champs
21	5:48.83 L	F	Ilinde Du Plessis	16	DBSC SDD	27/06/2016	Sasol National Championship 2016
22	5:49.45 L	F	Robyn Marais	16	TYGE CPT	17/09/2016	Western Cape Summer 2
23	5:50.44 L	F	Erin Hartzenberg	16	TYGE CPT	01/12/2016	Western Cape Summer Champion
24	6:02.81 L	F	Jana Coetzé	16	RBOT BPD	08/12/2016	NWS Championships 2016/2017
25	6:05.69 L	F	Ashleigh Munks	16	BOKS EKV	08/12/2016	EGA Championships 2016
26	6:05.74 L	F	Nadine Kemp	16	BLNE MAN	28/10/2016	Neptune Open Gala
27	6:07.10 L	F	Robyn McMillan	16	ASA CPT	17/09/2016	Western Cape Summer 2
28	6:07.81 L	F	Keren Welgemoed	16	DBSC SDD	27/06/2016	Sasol National Championship 2016
29	6:08.58 L	F	Elizabeth Pretorius	16	BLOT MAN	30/11/2016	FS CHAMPS
30	6:12.11 L	F	Courtney Pretorius	16	NTS TSH	07/10/2016	NTS Invitational Gala 2016
31	6:16.96 L	F	Nola De Jongh	16	ASA CPT	17/09/2016	Western Cape Summer 2
32	6:29.38 L	F	Cornelia Reyneke	16	UPTS ZMD	05/01/2017	NCASA Champs 2017
33	6:33.81 L	F	Megan Vorster	16	BLNE MAN	28/10/2016	Neptune Open Gala
34	7:04.53 L	F	Benedette Van Vuuren	16	SEAL UMD	27/06/2016	Sasol National Championship 2016