

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women Open - 50 Free							
1	25.79	L	F	Karin Prinsloo	26	RSA	06/09/2015 11th All African Games-Brazzaville 2015
2	25.97	L	F	Tayla Lovemore	21	KZNA ETH	10/04/2016 Sa National Aquatic Championship 2016
3	26.10	L	F	Jessica Ashley-Cooper	23	WPA CPT	10/04/2016 Sa National Aquatic Championship 2016
4	26.20	L	P	Lotta Nevalainen	21	NCS FBD	03/12/2015 2015 AT& T Winter National Cha
5	26.38	L	F	Trudi Maree	27	MATI CED	04/12/2015 WP SUMMER CHAMPS
6	26.40	L	F	Emma Chelius	19	WPA CPT	10/04/2016 Sa National Aquatic Championship 2016
7	26.41	L	P	Lehesta Kemp	26	PSC FSH	03/12/2015 NTS Championships 2015
8	26.81	L	F	Vanessa Mohr	21	TUKS FSH	03/12/2015 NTS Championships 2015
9	26.85	L	F	Peggy De Villiers	22	ASA WP	17/08/2015 World Deaf Swimming Champs 2015
10	27.09	L	F	Natasha Vd Walt	20	CGA JHB	10/04/2016 Sa National Aquatic Championship 2016
11	27.12	L	F	Courtney Perrett	19	KZNA ETH	10/04/2016 Sa National Aquatic Championship 2016
12	27.13	L	F	Sabrina Kaszechki	19	SASE JHB	06/02/2016 CGA Level 2/3 Last Chance Gala
13	27.51	L	F	Anika Kruger	20	MATI CED	04/12/2015 WP SUMMER CHAMPS
14	27.53	L	P	Johanna Els	19	KOVS MAN	06/11/2015 Fina -Mastbank Swimming World Cup
15	27.69	L L	F	Carmel Billson	23	KZNA ETH	10/04/2016 Sa National Aquatic Championship 2016
16	27.70	L	P	Danica McWilliam	20	CGA JHB	10/04/2016 Sa National Aquatic Championship 2016
17	27.89	L S	F	Kyna Pereira	20	KLOO ETH	29/06/2015 Sasol National Championship 2015
18*	27.91	L L	F	Megan Scott	24	ONYX ECU	03/12/2015 EGA Championships 2015
18*	27.91	L L	F	Odile Dauvellier	22	NTS FSH	10/04/2016 Sa National Aquatic Championship 2016
20*	28.02	L	F	Thilde Victor	34	VICT ECU	05/09/2015 Speedo Hillcrest Sprint Gala
20*	28.02	L	T	Edith Ottermann	49	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
22	28.05	L	P	Michelle Nieuwstad	22	WPA CPT	10/04/2016 Sa National Aquatic Championship 2016
23	28.06	L	F	Tilka Paljk	19	USC BUF	06/05/2015 2015 Cana Zone IV Swimming
24	28.08	L S	F	Jessica MacDonald	19	SGUL ETH	07/07/2015 KZN SPEEDO PRESTIGE
25	28.15	L	F	Seonaid Leech	20	STAD JHB	05/12/2015 Vita-thion CGA Champs
26*	28.19	L	F	Louisa De Jongh	20	MATI CED	04/12/2015 WP SUMMER CHAMPS
26*	28.19	L S	F	Lauren Bezuidenhout	26	KLOO ETH	29/06/2015 Sasol National Championship 2015
28	28.21	L	F	Caitlin Kat	23	MATI CED	04/12/2015 WP SUMMER CHAMPS
29	28.26	L S	F	Sylvia Van Tromp	37	TTNS SDD	29/06/2015 Sasol National Championship 2015
30	28.28	L	P	Tarryn Els	19	NMA NMA	10/04/2016 Sa National Aquatic Championship 2016
31	28.31	L	F	Tamlyn Price	21	AQUB NMA	26/06/2015 PEA Winter Gala 2015
32	28.33	L	F	Tracy Gous	40	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
33*	28.35	L	F	Beatrix Malan	20	MATI CED	04/12/2015 WP SUMMER CHAMPS
33*	28.35	L	T	Lezandre Wolmarans	29	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
35	28.36	L	P	Vicky Van der Merwe	20	TUKS FSH	03/12/2015 NTS Championships 2015
36	28.40	L	F	Pamela Hendry	24	MATI CED	10/10/2015 WP SENIOR LEAGUE SUMMER 3
37	28.49	L	F	Tanya Abrie	20	WATR JHB	05/12/2015 Vita-thion CGA Champs
38	28.55	L	F	Tara-Lynn Nicholas	20	SEAL UMD	29/05/2015 2015 TEXAS SENIOR CIRCUIT LONG
39	28.62	L	F	Zandi Loots	24	NMMU NMA	03/10/2015 Aquabear Invitational Meet
40	28.65	L	P	Megan Hesse	21	PAC FSH	03/12/2015 NTS Championships 2015
41	28.66	L	F	Tazlin Birch	26	AMAK BO	16/03/2016 SAMS 32nd LC Champs @ Durban
42	28.75	L	F	Perry-Ann Cadiz	40	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
43	28.77	L	F	Samantha Blaauw	20	NWUC KKD	03/12/2015 NWS Championships 2015/2016
44	28.78	L	F	Lauren Billson	21	MATI CED	04/12/2015 NMBA Championships 2015
45	28.89	L S	P	Anna-Lotte Retief	AR	BLOT MAN	07/07/2015 KZN SPEEDO PRESTIGE
46*	28.90	L	F	Nikita Hodgson	21	KLOO ETH	16/12/2015 KZN Speedo Provincial Championships
46*	28.90	L	P	Dawn Schutte	19	SGUL ETH	18/03/2016 SA Level 3 National Age Group Champs
48	28.95	L	P	Bernitia Hess	20	PAQU CED	04/12/2015 WP SUMMER CHAMPS
49	28.97	L	P	Kelly Gunnell	22	MDOL JHB	09/01/2016 2016 Grand Prix Invitation Swimming
50	28.99	L	P	Vidette Coetzee	26	TUKS FSH	03/12/2015 NTS Championships 2015
51	29.22	L	F	Angela Marlton	32	AZON ETH	10/10/2015 Waterborn Invitational
52	29.23	L S	F	Carmen Wessels	AR	BLOT MAN	26/10/2015 FSA Championship 2015
53	29.31	L	F	Michele Esterhuizen	43	HIGH ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
54	29.32	L	F	Kelly McCann	22	AZON ETH	01/08/2015 KZN Age Group Gala 1
55	29.38	L	F	Cassie Shear	20	MDOL JHB	21/11/2015 CGA Level 2/3 Gala No 3
56	29.39	L	F	Claire Rolt	34	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
57	29.41	L	F	Jaki Fagan	41	PHOE ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
58	29.43	L	F	Jessica Whelan	19	STAD JHB	23/01/2016 CGA Level 2-3 gala No 4

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Number of Top Times: All

Show Long Course Only

Time	P/F/S	Name	Age/Yr				
59	29.45 L	F	Michelle Wessels	AR	BLOT MAN	16/10/2015	Otters Prestige Gala 2015
60	29.50 L L	F	Sally Ralfe	42	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
61	29.54 L	F	Antonelle Saporta	35	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
62*	29.55 L	F	Nicole Lewis	20	FINS EZD	27/11/2015	Mpumalanga Championships 2015
62*	29.55 L	P	Caitlin Truter	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
64	29.56 L	F	Kelli-Ann Moulton	37	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
65	29.59 L	F	Cornell Loubser	21	VVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
66	29.65 L	F	Chantel Blignaut	FR	BLOT MAN	11/02/2016	LEA GUE GALA
67	29.69 L	F	Kirstyn Fourie	19	MATI CED	04/12/2015	NMBA Championships 2015
68*	29.75 L	P	Phillippa Manners-Wood	19	MATI CED	16/12/2015	KZN Speedo Provincial Championships
68*	29.75 L	F	Ingrid Coetzee	19	GREY CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
70	29.77 L S	P	Annezell Van Staden	20	TUKS FSH	07/07/2015	KZN SPEEDO PRESTIGE
71	29.89 L S	P	Tarryn Holmes	20	UNIQ JHB	07/07/2015	KZN SPEEDO PRESTIGE
72	29.90 L L	F	Kathryn Nurse	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
73	29.99 L	F	Megan Skidmore	23	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
74	x30.02 L	F	Lara Wantenaar	35	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
75	30.05 L	F	Juanine Schaanic	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
76	30.07 L	F	Norelle Engela	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
77	30.11 L S	F	Jessica De Beer	21	FLOD JHB	29/06/2015	Sasol National Championship 2015
78	30.17 L	F	Sarah Jorgensen	19	NMMU NMA	26/06/2015	PEA Winter Gala 2015
79	30.25 L S	F	Brie Parker	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
80	30.36 L S	F	Megan Hugo	19	BLSS MAN	26/10/2015	FSA Championship 2015
81	30.38 L	F	Amy Barnes	19	TYGE CPT	03/10/2015	Aquabear Invitational Meet
82	30.46 L	F	Barbara Fraatz	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
83	30.53 L	P	Rebecca Haines	19	CADO CPT	04/12/2015	WP SUMMER CHAMPS
84	30.56 L	F	Cecilia Stanford	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
85	30.58 L	F	Jess-Keir Neely	19	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
86	30.67 L	F	Suné Breed	19	LIMSC LP	16/10/2015	Limpopo HS Topskole 2015
87	30.73 L	F	Joanne Vreenegoor	34	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
88	30.85 L	P	Michaela Van Niekerk	19	VINE CPT	04/12/2015	WP SUMMER CHAMPS
89	30.88 L L	F	Phillipa Bishop	33	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
90	30.89 L	F	Christelle Kriel	21	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
91	30.91 L	F	Micaela Gerling	22	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
92	30.95 L	F	Tasmynne Roe	23	SGUL ETH	01/08/2015	KZN Age Group Gala 1
93*	31.00 L	F	Esmari Theart	20	KOVS MAN	26/09/2015	Super Sport Seals Gala 2015
93*	31.00 L	F	Marli Jacobs	21	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
95	31.01 L	F	Erika Scheepers	32	BEST NMA	03/10/2015	Aquabear Invitational Meet
96*	31.08 L	F	Marcelle Strauss	51	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
96*	31.08 L L	F	Sanderina Kruger	66	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
98	31.12 L	F	Nina Finch	19	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
99	31.21 L	P	Licinda Kleynhans	19	TUKS FSH	03/12/2015	NTS Championships 2015
100	31.22 L	F	Claire Harrington	29	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
101	31.29 L	F	Leigh Gannon	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
102	31.39 L	F	Kelsey Heatlie	20	BENS ECU	17/10/2015	EGA Summer 2_17 Oct 2015
103	31.56 L	F	Shireen Sapiro	25	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
104	31.57 L	F	Shannon Austin	23	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
105	31.58 L	F	Shirley Carey	41	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
106	31.61 L	F	Amy Fraser	20	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
107	31.69 L	F	Anna Lennox	19	EAGA LP	19/09/2015	Limpopo Age Group 3
108	31.73 L	F	Yvonne Smith	GR	BLOT MAN	12/09/2015	Otters Charity Gala
109	31.82 L	T	Heather Campbell	60	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
110	32.01 L	F	Natalie Goedhals	31	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
111	32.06 L	F	Genna Greevelink	21	PEAS NMA	26/06/2015	PEA Winter Gala 2015
112	32.08 L	F	Zoli de Kock	31	POTC KKD	03/12/2015	NWS Championships 2015/2016
113	32.14 L L	F	Annemarie Dressler	52	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
114	32.19 L	F	Karen Kennedy	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	32.26 L	F	Wendy Cook	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
116	32.31 L	F	Kelly Jamieson	28	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
117	32.32 L	P	Emily Gray	24	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships

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Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
118	32.38 L	F	Lindsay Passmore	34	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
119	32.42 L	F	Adua Galassi	46	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
120	32.45 L	F	Gail McCarney	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
121	32.46 L	F	Amanda Robertson	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
122	32.61 L	F	Kerry Hains	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
123	32.63 L	T	Patricia Reen	59	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
124	32.73 L	F	Cecilia Avis	45	POTC KKD	21/11/2015	NWS Age Group 3 2015/2016	
125	32.77 L	F	Shelly-Ann King	21	SEAL UMD	28/08/2015	KZN Beavers Winter LongCourse	
126	32.87 L	F	Chantel Smith	22	BLSS MAN	26/09/2015	Super Sport Seals Gala 2015	
127	32.88 L	F	Delwen Henderson	28	AQUB NMA	03/10/2015	Aquabear Invitational Meet	
128	32.94 L	F	Kim Carey	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
129	32.97 L	F	Martinette Du Toit	23	UPTS ZMD	04/02/2016	Nocasa Age Group 5 UPT 2015	
130	33.05 L	F	Annette Thatcher	64	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
131	33.06 L	F	Kaylee Nancarrow	20	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
132	33.10 L	F	Carol Mason	52	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
133	33.15 L L	F	Bianca Troup	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
134	33.59 L	F	Marguerite Young	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
135	33.67 L	F	Kim Thomas	44	AQUA BUF	05/12/2015	Amajuba Distr 2015 Long Course	
136	33.69 L L	F	Natalie Ogden	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
137	33.86 L	F	Marissa Rollnick	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
138	33.94 L	F	Caren Strydom	48	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
139	34.00 L	F	Ash-Leigh Robson	20	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
140	34.03 L	F	Rae Clerieheew	43	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
141	34.13 L	F	Lesley Lee	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
142	34.19 L L	F	Loraine Hicks	39	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
143	34.22 L	F	Marchelle Moolman	41	POTC KKD	03/12/2015	NWS Championships 2015/2016	
144	34.31 L	F	Deborah McHardy	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
145	34.36 L	F	Vivian Routledge	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
146*	34.37 L	F	Kelly McWilliam	37	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
146*	34.37 L	F	Janetha Lion-Cachet	61	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
148	34.40 L L	F	Denise Bosman	57	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
149	34.54 L S	P	Jessica Vd Merwe	19	FLOD JHB	29/06/2015	Sasol National Championship 2015	
150	34.79 L	F	Deidre Van Biljon	43	VICT ECU	26/09/2015	EGA Summer 1	
151	34.86 L	F	Janine Van Deventer	39	PRKA PSD	13/11/2015	Nocasa Age Group 2 KBY 2015	
152	34.88 L	F	Maritza Snyders	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
153	35.35 L	F	Sonet Smit	39	NCASA FBD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
154	35.38 L	F	Jayde Grimmer	24	AMAK BO	26/11/2015	Buffalo City Championships 2015	
155*	35.39 L L	F	Jane Last	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
155*	35.39 L	F	Anne Jones	70	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
157	35.40 L	F	Hasinrina Boulter	32	WATR JHB	10/10/2015	Waterborn Invitational	
158	35.42 L L	F	Nina Pearse	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
159	35.45 L	F	Janine Welgemoed	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
160	35.54 L L	F	Maryann Davie	59	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
161	35.59 L	F	Tezna Abrahams	20	CADO CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
162	35.89 L	F	Morag Bromfield	63	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
163	35.93 L	F	Marijke Kosteljik	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
164	35.94 L	F	Eurika Scholtz	42	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
165	36.12 L	F	Moneque Roos	32	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
166	36.24 L	F	Catrina Mackenzie	60	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
167	36.27 L L	F	Maria Fuchs	52	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
168	36.41 L	F	Jeannette Clark	55	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
169	36.61 L	F	Helena Delport	31	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
170	36.69 L	F	Elizabeth Craig	71	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
171	36.71 L	F	Mary Brimble	61	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
172	36.72 L	F	Deborah Bradley	48	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
173	37.02 L	F	Nicolette Struwig	43	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
174	37.13 L L	F	Christine Donnelly	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
175	37.16 L	F	Terry Thompson	53	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
176	37.19 L L	F	Maureen Mons	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	

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177	37.22 L	F	Peta Harrison	56	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
178	37.23 L L	F	Colleen Bailey	61	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
179	37.25 L	F	Phillipina De Klerk	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
180	37.28 L	F	Linda Crawford	66	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
181	37.53 L	F	Elaine Alder	58	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
182	37.76 L	F	Zarina Patel	45	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
183	37.78 L	F	Alexandra Steyn	44	KEIK NMD	21/11/2015	NWS Age Group 3 2015/2016	
184	38.07 L	F	Dawn Ledbitter	22	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
185	38.15 L	F	Salomé Smit	42	POTC KKD	21/11/2015	NWS Age Group 3 2015/2016	
186	38.35 L	P	Lize-Marie Naude	20	CARN ECU	03/12/2015	EGA Championships 2015	
187	x39.60 L	P	Bronwyn Ramathula	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
188	39.62 L	F	Juanita Boucher	44	POTC KKD	03/12/2015	NWS Championships 2015/2016	
189	39.76 L	F	Reinette Harington	63	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
190	39.82 L	F	Holly Barnes	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
191	40.05 L L	F	Jacqueline Hayselden	60	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
192	40.12 L	F	Therese Russell	68	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
193	40.20 L L	F	Susan Skidmore	47	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
194	40.26 L	F	Monnette Fourie	48	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
195	40.32 L	F	Rosemary Clark	67	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
196	40.38 L	F	Jane Meaker	68	ETSM ECU	16/03/2016	SAMS 32nd LC Champs @ Durban	
197	40.44 L L	F	Karen Veaudry	42	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
198	40.84 L	F	Judith Collins	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
199	x41.00 L	P	Melisa van Bosch	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
200	41.00 L L	F	Jennifer Ireland	65	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
201	41.01 L	F	Terry-Ann Matley	58	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
202	41.03 L L	F	Elsje vd Berg	59	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
203	41.34 L	F	Dawn Du Rand	57	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
204	41.94 L	F	Joan Schiever	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
205	41.99 L L	F	Elizabeth Marais	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
206	42.22 L	F	Anita Louw	58	VIKI BO	06/11/2015	BCA November Age Group Gala	
207	42.53 L	F	Tracy McKay	46	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
208	42.59 L	F	Angelika Sandri	65	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
209	42.96 L	F	Songo Mfikili	23	HARL BUF	06/11/2015	BCA November Age Group Gala	
210	43.30 L	F	Martini Coetzee	45	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
211	43.45 L	F	Helen Lawless	66	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
212	43.64 L	F	Jane Hulley	73	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
213	43.80 L	F	Santa Van Jaarsveld	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
214	44.11 L	F	Shanei Nel	28	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
215	44.34 L	F	Dawn Rode	57	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
216	44.53 L	F	Amanda Cook	42	KEIK NMD	21/11/2015	NWS Age Group 3 2015/2016	
217	45.55 L	F	Claire Murray	25	BEAV ETH	28/08/2015	KZN Beavers Winter LongCourse	
218	45.74 L	F	Marie Breitenbach	63	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
219	45.80 L	F	Marilyn Adan	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
220	46.48 L	F	Donnée Dixon	25	ASA CPT	06/02/2016	WP JACK CURRIE CHAMPS	
221	46.86 L	F	Barbara Pedersen	64	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
222	47.02 L	F	Joyce Fyfe	69	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
223	47.04 L L	F	Nina-Marie Watson	51	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
224	47.42 L	F	Susan Robinson	58	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
225	47.50 L L	F	Merle Angelos	71	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
226	48.03 L	F	Bronwen Griffiths	61	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
227	48.50 L	F	Mercia Ferreira	67	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
228	48.58 L	F	Irene Burger	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
229	49.40 L	F	Therese Dixon	43	AMAK BO	12/02/2016	BCA February Age Group Gala 2016	
230	49.47 L	F	Hesta Moller	57	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
231	50.27 L S	F	Rentia Oosthuizen	24	PEAS NMA	16/01/2016	NMBA 5th A-League Gala 2014	
232	50.60 L	F	Adri Visser	28	STAD JHB	05/12/2015	Vita-thion CGA Champs	
233	53.72 L	F	Beth Nothing	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
234	54.25 L	F	Cheryl Arbuthnot	57	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
235	57.12 L L	F	Ingrid Vorwerk Marren	64	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
236	57.22 L	F	Florence Burbidge	52	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
237	59.42 L	F	Jean Dick	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
238	1:02.17 L	F	Tiffany Pereira	20	CRSC JHB	19/09/2015	CGA Level 2/3 Gala No 1	
239	1:03.90 L L	F	Kirsten Marriott	19	BEST NMA	26/06/2015	PEA Winter Gala 2015	
240	1:08.26 L	F	Margaret Nell	61	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
241	1:12.07 L	F	Wendy Saunders	80	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
242	1:15.05 L	F	Eugenie McLachlan	76	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
243	1:35.17 L	F	Patricia Ings	47	ACSA ETH	27/11/2015	KZN TYR Westville Sprints 2015	
244	1:43.21 L L	F	René Allner	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
245	1:43.81 L L	F	Alison McBey	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
246	1:53.31 L L	F	Kim Foster	56	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
247	2:15.80 L L	F	Jacqueline Russell	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
248	2:24.26 L L	F	Janet Whittal	55	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
249	2:28.49 L L	F	Diane Hughes	69	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
Women Open - 100 Free								
1	55.69 L	F	Karin Prinsloo	26	RSA	06/09/2015	11th All African Games-Brazzaville 2015	
2	56.87 L	P	Lotta Nevalainen	21	NCS FBD	03/12/2015	2015 AT& T Winter National Cha	
3	56.98 L	F	Tayla Lovemore	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
4	57.81 L	F	Jessica Ashley-Cooper	23	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
5	57.87 L	F	Lehesta Kemp	26	PSC FSH	03/12/2015	NTS Championships 2015	
6*	58.43 L	F	Trudi Maree	27	MATI CED	04/12/2015	WP SUMMER CHAMPS	
6*	58.43 L	P	Emma Chelius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
8	58.44 L	F	Anika Kruger	20	MATI CED	04/12/2015	WP SUMMER CHAMPS	
9	58.66 L	S	Natasha Vd Walt	20	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
10	59.05 L	F	Peggy De Villiers	22	ASA WP	17/08/2015	World Deaf Swimming Champs 2015	
11	59.20 L	P	Courtney Perrett	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
12	59.29 L	F	Rene' Warnes	24	SGUL ETH	27/11/2015	KZN TYR Westville Sprints 2015	
13	59.52 L	F	Vanessa Mohr	21	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015	
14	59.58 L	P	Carmel Billson	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
15	59.68 L	F	Marne Erasmus	20	RSA ZZ	04/07/2015	28th Summer Universiade	
16	59.70 L	P	Sabrina Kaszeczki	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
17	59.73 L	F	Louisa De Jongh	20	MATI CED	04/12/2015	WP SUMMER CHAMPS	
18	59.80 L	P	Jessica Whelan	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
19	59.87 L	F	Danica McWilliam	20	WATR JHB	05/12/2015	Vita-thion CGA Champs	
20	1:00.05 L	F	Caitlin Kat	23	MATI CED	04/12/2015	WP SUMMER CHAMPS	
21	1:00.20 L S	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015	
22	1:00.72 L	F	Tarryn Els	19	PEAS NMA	21/11/2015	NMBA 4th A-League Gala 2015	
23	1:00.94 L	F	Justine Macfarlane	20	WATR JHB	04/07/2015	Pescara Naiadi Swim Cup	
24	1:00.96 L	P	Johanna Els	19	FS MAN	10/04/2016	Sa National Aquatic Championship 2016	
25	1:01.17 L	F	Jessica MacDonald	19	SGUL ETH	15/08/2015	KZN Age Group Gala 2	
26	1:01.54 L	P	Dawn Schutte	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
27	1:01.66 L	P	Michelle Nieuwstad	22	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
28	1:01.76 L	F	Megan Scott	24	ONYX EKU	03/12/2015	EGA Championships 2015	
29	1:01.78 L	P	Lauren Billson	21	MATI CED	26/02/2016	2016 Grand Prix Invitation Swimming	
30	1:01.81 L	F	Samantha Blaauw	20	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala	
31	1:01.86 L	P	Seonaid Leech	20	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
32*	1:01.90 L	P	Tanya Abrie	20	WATR JHB	05/12/2015	Vita-thion CGA Champs	
32*	1:01.90 L S	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
34	1:02.14 L	F	Thilde Victor	34	EGA EKU	24/09/2015	NTS Invitational Gala 2015	
35	1:02.19 L	P	Vicky Van der Merwe	20	TUKS FSH	03/12/2015	NTS Championships 2015	
36	1:02.50 L	P	Brie Parker	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
37	1:02.54 L	F	Lezandre Wolmarans	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
38	1:02.60 L	F	Zandi Loots	24	NMMU NMA	03/10/2015	Aquabear Invitational Meet	
39	1:02.62 L L	F	Pamela Hendry	24	MATI CED	15/08/2015	WP SENIOR LEAGUE SUMMER 1	
40	1:02.78 L	P	Kelly Gunnell	22	MDOL JHB	09/01/2016	2016 Grand Prix Invitation Swimming	
41	1:03.10 L S	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
42	1:03.20 L	F	Cornell Loubser	21	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016	
43	1:03.36 L S	F	Sylvia Van Tromp	37	TTNS SDD	29/06/2015	Sasol National Championship 2015	
44	1:03.50 L	F	Tracy Gous	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
45	1:03.56	L	F	Tilka Paljk	19	USC BUF	06/05/2015 2015 Cana Zone IV Swimming
46	1:03.59	L	F	Bernitia Hess	20	PAQU CED	12/09/2015 WP SENIOR LEAGUE SUMMER 2
47	1:03.63	L	F	Annezell Van Staden	20	TUKS FSH	07/07/2015 KZN SPEEDO PRESTIGE
48	1:03.65	L S	F	Michelle Wessels	AR	BLOT MAN	26/10/2015 FSA Championship 2015
49	1:03.81	L	F	Kathryn Nurse	36	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
50	1:03.89	L	F	Perry-Ann Cadiz	40	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
51	1:04.07	L	F	Cassie Shear	20	MDOL JHB	31/10/2015 CGA Level 2/3 gala No 2
52	1:04.29	L	F	Kelly McCann	22	AZON ETH	12/09/2015 KZN Age Group 3 Gala
53	1:04.30	L	F	Nikita Hodgson	21	KLOO ETH	12/09/2015 KZN Age Group 3 Gala
54	1:04.39	L	F	Nicole Lewis	20	FINS EZD	27/11/2015 Mpumalanga Championships 2015
55	1:04.42	L	F	Megan Albertyn	42	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
56	1:04.56	L	F	Michele Esterhuizen	43	HIGH ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
57	1:04.65	L	P	Megan Hesse	21	PAC FSH	03/12/2015 NTS Championships 2015
58	1:05.06	L	F	Sally Ralfe	42	HIGH ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
59	1:05.23	L S	F	Jessica De Beer	21	FLOD JHB	29/06/2015 Sasol National Championship 2015
60	1:05.31	L	F	Edith Ottermann	49	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
61	1:05.46	L	F	Jaki Fagan	41	PHOE ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
62	1:05.47	L	F	Antonelle Saporta	35	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
63	1:05.72	L	F	Kirsten Marriott	19	BEST NMA	15/08/2015 1st A-League Gala 2015
64	1:05.74	L	F	Rebecca Haines	19	CADO CPT	12/09/2015 WP SENIOR LEAGUE SUMMER 2
65	1:05.75	L	F	Shannon Austin	23	UWCA CPT	12/09/2015 WP SENIOR LEAGUE SUMMER 2
66	1:05.82	L	F	Tazlin Birch	26	AMAK BO	16/03/2016 SAMS 32nd LC Champs @ Durban
67	1:05.88	L	F	Jennifer Leppan	20	TUKS FSH	18/09/2015 NTS September Age Group Gala 2015
68	1:06.11	L	F	Licinda Kleynhans	19	NWUC KKD	05/02/2016 NTS February Age Group 2016 Level
69	1:06.12	L	F	Kelli-Ann Moulton	37	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
70	1:06.23	L	F	Caitlin Truter	19	TYGE CPT	12/09/2015 WP SENIOR LEAGUE SUMMER 2
71	1:06.35	L	F	Renelda Scholtz	19	SWAR WCD	12/09/2015 WP SENIOR LEAGUE SUMMER 2
72	1:06.46	L	F	Romy-Simone Altmann	32	WAHO JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
73	x1:06.48	L	F	Lara Wantenaar	35	PHOE ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
74	1:06.56	L	F	Sarah Jorgensen	19	NMMU NMA	26/06/2015 PEA Winter Gala 2015
75	1:06.59	L	F	Maxine Koller	26	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
76	1:06.66	L	F	Amy Barnes	19	TYGE CPT	12/09/2015 WP SENIOR LEAGUE SUMMER 2
77	1:06.76	L S	F	Johanna Els	19	KOVS MAN	26/10/2015 FSA Championship 2015
78	1:06.99	L S	F	Megan Hugo	19	BLSS MAN	26/10/2015 FSA Championship 2015
79	1:07.01	L	F	Ingrid Coetzee	19	GREY CPT	12/09/2015 WP SENIOR LEAGUE SUMMER 2
80	1:07.20	L	F	Phillippa Manners-Wood	19	MATI CED	16/12/2015 KZN Speedo Provincial Championships
81	1:07.25	L	F	Cecilia Stanford	54	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
82	1:07.34	L S	F	Christelle Kriel	21	NSA EZD	16/12/2015 KZN Speedo Provincial Championships
83	1:07.36	L	F	Erika Scheepers	32	BEST NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
84	1:07.52	L	F	Juanine Schaanic	45	HIGH ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
85	1:07.80	L	P	Tarryn Holmes	20	UNIQ JHB	07/07/2015 KZN SPEEDO PRESTIGE
86	1:07.89	L	F	Norelle Engela	43	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
87	1:07.93	L S	F	Kirstyn Fourie	19	MATI CED	16/01/2016 NMBA 5th A-League Gala 2014
88	1:08.07	L L	F	Tarryn Stanford	29	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
89	1:08.13	L	F	Barbara Fraatz	50	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
90	1:08.44	L	F	Marli Jacobs	21	MATI CED	12/09/2015 WP SENIOR LEAGUE SUMMER 2
91	1:08.62	L	F	Natalie Goedhals	31	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
92	1:08.85	L L	F	Marcelle Strauss	51	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
93*	1:08.88	L S	F	Emily Gray	24	TUKS FSH	16/12/2015 KZN Speedo Provincial Championships
93*	1:08.88	L	F	Michaela Van Niekerk	19	VINE CPT	12/09/2015 WP SENIOR LEAGUE SUMMER 2
95	1:08.92	L	F	Esmari Theart	20	KOVS MAN	22/08/2015 Kovsie Aquatics Gala 1
96	1:08.99	L	F	Shireen Sapiro	25	KZNA ETH	10/04/2016 Sa National Aquatic Championship 2016
97	1:09.17	L	F	Samantha Hunter	29	PHOE ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
98	1:09.33	L S	F	Yvonne Smith	GR	BLOT MAN	26/10/2015 FSA Championship 2015
99	1:09.34	L L	F	Sanderina Kruger	66	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
100	1:09.38	L	F	Delwen Henderson	28	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
101	1:09.63	L	F	Heather Campbell	60	EACS ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
102	1:10.26	L	P	Kelsey Heatlie	20	STAD JHB	05/12/2015 Vita-thion CGA Champs
103	1:10.70	L	F	Bianca Troup	42	PHOE ETH	16/03/2016 SAMS 32nd LC Champs @ Durban

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	Time	P/F/S	Name	Age/Yr				
104	1:11.24	L	F	Debra Scott	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
105	1:11.30	L	F	Julia Anderson	19	CADO CPT	20/02/2016	WP Summer Qualifying Gala 2
106	1:11.45	L	F	Amanda Robertson	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
107	1:11.58	L	F	Adua Galassi	46	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
108	1:11.61	L	F	Gail McCarney	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
109	1:11.71	L	F	Kim Carey	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
110	1:12.10	L	F	Carina Hambloch	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
111	1:12.43	L	F	Karen Kennedy	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
112	1:12.50	L	F	Shirley Carey	41	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
113	1:12.79	L	F	Carol Mason	52	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
114	1:12.94	L	F	Joanne Vreenegoor	34	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	1:13.31	L	F	Natalie Ogden	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
116	1:13.36	L	F	Amy Fraser	20	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
117	1:13.45	L	F	Lindsay Passmore	34	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
118	1:13.48	L	F	Kerry Hains	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
119	1:13.91	L	F	Denise Bosman	57	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
120	1:14.15	L	F	Kaylee Nancarrow	20	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
121	1:14.43	L	F	Ash-Leigh Robson	20	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
122	1:14.64	L	F	Rae Cleriehw	43	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
123	1:14.79	L L	F	Heleen Coetzee	26	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
124	1:14.96	L	F	Patricia Reen	59	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
125	1:15.27	L	F	Caren Strydom	48	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
126	1:15.40	L	F	Martinette Du Toit	23	UPTS ZMD	04/02/2016	Nocasa Age Group 5 UPT 2015
127	1:15.44	L	F	Ingrid Landman	48	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
128	1:15.96	L	F	Kim Foster	56	COEL FSH	03/12/2015	NTS Championships 2015
129	1:16.01	L	F	Maritza Snyders	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
130	1:16.28	L	F	Jessica Vd Merwe	19	FLOD JHB	17/10/2015	EGA Summer 2_17 Oct 2015
131	1:16.54	L	F	Lisa Du Plessis	44	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
132	1:16.77	L	F	Janetha Lion-Cachet	61	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
133	1:17.06	L	F	Alison McBey	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
134	1:17.98	L	F	Ronel Wallis	44	WATR JHB	10/10/2015	Waterborn Invitational
135	1:18.35	L	F	Marissa Rollnick	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
136	1:18.66	L	F	Vivian Routledge	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
137	1:19.21	L	F	Lesley Lee	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
138	1:19.55	L	F	Marijke Kostelijk	55	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
139	1:19.81	L	F	Marchelle Moolman	41	POTC KKD	03/12/2015	NWS Championships 2015/2016
140	1:20.22	L	F	Marieke Bouwer	52	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
141	1:20.36	L	F	Moneque Roos	32	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
142	1:20.73	L	F	Judith Brewis	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
143	1:20.83	L	P	Deidre Van Biljon	43	VICT EKU	03/12/2015	EGA Championships 2015
144	1:21.14	L	F	Phillipina De Klerk	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
145	1:21.37	L	F	Nina Pearse	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
146	1:21.39	L	F	Maureen Mons	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
147	1:21.50	L	F	Peta Harrison	56	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
148	1:21.52	L	P	Cornelia Fowler	35	KLOO ETH	07/07/2015	KZN SPEEDO PRESTIGE
149	1:21.54	L	F	Mary Brimble	61	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
150	1:22.01	L	F	Janine Van Deventer	39	PRKA PSD	13/11/2015	Nocasa Age Group 2 KBY 2015
151	1:22.92	L	F	Tezna Abrahams	20	CADO CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
152	1:23.36	L	F	Morag Bromfield	63	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
153	1:23.99	L	F	Helena Delpont	31	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
154	1:24.12	L	F	Terry Thompson	53	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
155	1:24.26	L	F	Anne Jones	70	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
156	1:24.63	L	F	Sonet Smit	39	PRKA PSD	07/01/2016	NOCASA Champs 2016
157	1:25.33	L	F	Linda Crawford	66	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
158	1:25.48	L	F	Eurika Scholtz	42	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
159	1:26.03	L	F	Dawn Ledbitter	22	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
160	1:26.46	L	F	Christine Donnelly	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
161	1:27.39	L	P	Lize-Marie Naude	20	CARN EKU	03/12/2015	EGA Championships 2015
162	1:27.50	L L	F	Elizabeth Craig	71	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
163	1:28.01 L	F	Deborah Bradley	48	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
164	x1:28.88 L	P	Bronwyn Ramathula	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
165	1:29.17 L	F	Holly Barnes	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
166	1:29.90 L	F	Jane Meaker	68	ETSM EKV	16/03/2016	SAMS 32nd LC Champs @ Durban
167	1:30.36 L	F	Monica Hefer	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
168	1:30.67 L	F	Dawn Du Rand	57	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
169	1:30.85 L	F	Jacqueline Hayselden	60	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
170	1:30.95 L	F	Reinette Harington	63	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
171	1:31.24 L	F	Judith Collins	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
172	x1:31.49 L	P	Melisa van Bosch	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
173	1:32.83 L L	F	Denise Collignon	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
174	1:33.40 L L	F	Carole Bridges	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
175	1:33.78 L	F	Rosemary Clark	67	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
176	1:34.42 L L	F	Elsje vd Berg	59	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
177	1:35.82 L	F	Therese Russell	68	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
178	1:36.00 L	F	Angelika Sandri	65	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
179	1:36.03 L	F	Tracy McKay	46	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
180	1:36.18 L	F	Anita Louw	58	VIKI BO	26/02/2016	BCA 2ND February Age Group Gala
181	1:36.72 L	F	Susan Leuner	77	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
182	1:38.96 L	F	Donnée Dixon	25	ASA ETH	12/09/2015	WP SENIOR LEAGUE SUMMER 2
183	1:39.95 L	F	Elizabeth Marais	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
184	1:40.13 L	F	Helen Lawless	66	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
185	1:40.89 L	F	Martini Coetzee	45	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
186	1:41.36 L	F	Tania prentice	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
187	1:42.76 L	F	Jane Hulley	73	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
188	1:42.98 L	F	Dawn Rode	57	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
189	1:43.40 L	F	Songo Mfikili	23	HARL BUF	26/11/2015	Buffalo City Championships 2015
190	1:44.04 L L	F	Gillian Tregenna	74	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
191	1:45.70 L	F	Susan Robinson	58	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
192	1:45.92 L	F	Bronwen Griffiths	61	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
193	1:46.37 L	F	Joyce Fyfe	69	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
194	1:47.27 L	F	Marcilla Russell	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
195	1:47.99 L	F	Mercia Ferreira	67	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
196	1:49.35 L	F	Irene Burger	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
197	1:49.60 L	F	Marie Breitenbach	63	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
198	1:50.05 L	F	Adri Visser	28	STAD JHB	05/12/2015	Vita-thion CGA Champs
199	1:51.56 L	F	Barbara Pedersen	64	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
200	1:52.14 L	F	Hesta Moller	57	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
201	1:53.04 L S	F	Claire Murray	25	BEAV ETH	16/12/2015	KZN Speedo Provincial Championships
202	1:53.23 L	F	Rentia Oosthuizen	24	PEAS NMA	04/12/2015	NMBA Championships 2015
203	1:54.87 L	F	Beth Nothing	26	TRIDE ETH	27/11/2015	KZN TYR Westville Sprints 2015
204	1:55.03 L	F	Marilyn Adan	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
205	1:56.12 L	F	Merle Angelos	71	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
206	1:59.06 L	F	Patricia Hanson	78	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
207	2:00.95 L	F	Winifred Gray	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
208	2:04.10 L L	F	Odile Dauvellier	22	TUKS FSH	03/12/2015	NTS Championships 2015
209	2:06.06 L	F	Florence Burbidge	52	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
210	2:12.83 L	F	Jean Dick	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
211	2:36.05 L	F	Margaret Nell	61	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
212	2:38.40 L	F	Tiffany Pereira	20	CRSC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
213	2:48.54 L	F	Wendy Saunders	80	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
214	3:08.17 L	F	Patricia Ings	47	ACSA ETH	27/11/2015	KZN TYR Westville Sprints 2015
Women Open - 200 Free							
1	1:59.86 L	F	Karin Prinsloo	26	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
2	2:04.40 L	F	Caitlin Kat	23	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
3	2:05.16 L S	F	Rene' Warnes	24	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
4	2:06.41 L L	F	Jessica Whelan	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
5	2:06.45 L S	F	Michelle Weber	19	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
6	2:06.64 L	P	Danica McWilliam	20	WATR JHB	19/02/2016	2016 Grand Prix Invitation Swimming

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
7	2:08.23	L	P	Louisa De Jongh	20	MATI	GED 19/02/2016 2016 Grand Prix Invitation Swimming
8	2:08.99	L	F	Kirsty Mc Lauchlan	22	RSA	ZZ 04/07/2015 28th Summer Universiade
9	2:09.37	L	F	Natasha Vd Walt	20	WATR	JHB 10/10/2015 Waterborn Invitational
10	2:10.08	L	P	Carmel Billson	23	KZNA	ETH 10/04/2016 Sa National Aquatic Championship 2016
11	2:10.15	L	P	Tarryn Els	19	PEAS	NMA 19/02/2016 2016 Grand Prix Invitation Swimming
12	2:10.26	L	F	Justine Macfarlane	20	WATR	JHB 04/07/2015 Pescara Naiadi Swim Cup
13	2:10.82	L	F	Ronel Wallis	44	WATR	JHB 10/10/2015 Waterborn Invitational
14	2:11.93	L	F	Peggy De Villiers	22	ASA	WP 17/08/2015 World Deaf Swimming Champs 2015
15	2:13.76	L	F	Kelly Gunnell	22	MDOL	JHB 09/01/2016 2016 Grand Prix Invitation Swimming
16	2:13.88	L	F	Kyna Pereira	20	KLOO	ETH 29/06/2015 Sasol National Championship 2015
17	2:14.44	L	F	Lehesta Kemp	26	PSC	FSH 16/10/2015 NTS October Age Group 2015 Level 2+3
18	2:14.84	L S	F	Anna-Lotte Retief	AR	BLOT	MAN 26/10/2015 FSA Championship 2015
19	2:15.12	L	F	Jessica MacDonald	19	SGUL	ETH 27/02/2016 KZN NDSA Gala 2016
20	2:15.98	L	F	Amy Barnes	19	TYGE	CPT 04/12/2015 WP SUMMER CHAMPS
21	2:16.24	L	P	Michelle Nieuwstad	22	WPA	CPT 10/04/2016 Sa National Aquatic Championship 2016
22	2:16.75	L	P	Dawn Schutte	19	KZNA	ETH 10/04/2016 Sa National Aquatic Championship 2016
23	2:17.08	L	F	Pamela Hendry	24	MATI	GED 15/08/2015 WP SENIOR LEAGUE SUMMER 1
24	2:17.70	L	P	Seonaid Leech	20	STAD	JHB 05/12/2015 Vita-thion CGA Champs
25	2:17.86	L	P	Tanya Abrie	20	WATR	JHB 05/02/2016 2016 Grand Prix Invitation Swimming
26	2:17.92	L	P	Emma Kinghorn	19	MATI	GED 07/07/2015 KZN SPEEDO PRESTIGE
27	2:18.58	L	F	Tarryn Stanford	29	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
28	2:19.16	L S	F	Carmen Wessels	AR	BLOT	MAN 26/10/2015 FSA Championship 2015
29	2:19.59	L	F	Bernitia Hess	20	PAQU	GED 04/12/2015 WP SUMMER CHAMPS
30	2:19.76	L	F	Kirsten Marriott	19	BEST	NMA 15/08/2015 1st A-League Gala 2015
31	2:20.12	L	F	Vicky Van der Merwe	20	TUKS	FSH 03/12/2015 NTS Championships 2015
32	2:20.21	L	P	Caitlin Truter	19	ASA	CPT 18/03/2016 SA Level 3 National Age Group Champs
33	2:20.28	L	P	Cornell Loubser	21	NWS	BPD 10/04/2016 Sa National Aquatic Championship 2016
34	2:21.33	L	F	Kathryn Nurse	36	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
35	2:21.35	L	F	Sarah-Ann Bouwer	21	TUKS	FSH 18/09/2015 NTS September Age Group Gala 2015
36	2:22.04	L	F	Samantha Blaauw	20	NWUC	KKD 03/12/2015 NWS Championships 2015/2016
37	2:22.07	L S	F	Michelle Wessels	AR	BLOT	MAN 26/10/2015 FSA Championship 2015
38	2:22.69	L	F	Sarah Jorgensen	19	NMMU	NMA 03/10/2015 Aquabear Invitational Meet
39	2:23.29	L	F	Tracy Gous	40	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
40	2:23.55	L	F	Lezandre Wolmarans	29	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
41	2:24.13	L	P	Jessica De Beer	21	FLOD	JHB 05/12/2015 Vita-thion CGA Champs
42	2:24.54	L	P	Annezell Van Staden	20	TUKS	FSH 03/12/2015 NTS Championships 2015
43	2:24.84	L	F	Antonelle Saporta	35	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
44*	2:24.94	L S	F	Johanna Els	19	KOVS	MAN 26/10/2015 FSA Championship 2015
44*	2:24.94	L S	F	Johanna Els	19	KOVS	MAN 26/10/2015 FSA Championship 2015
46	2:25.88	L	F	Claire Rolt	34	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
47	2:26.13	L	F	Brie Parker	19	SEAL	UMD 07/07/2015 KZN SPEEDO PRESTIGE
48	x2:26.16	L	F	Lara Wantenaar	35	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
49	2:26.25	L	F	Simone White	36	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
50	2:26.31	L	F	Nikita Hodgson	21	KLOO	ETH 01/08/2015 KZN Age Group Gala 1
51	2:26.88	L	F	Romy-Simone Altmann	32	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
52	2:27.23	L S	F	Megan Hugo	19	BLSS	MAN 26/10/2015 FSA Championship 2015
53	2:27.47	L	P	Christelle Kriel	21	MP	EZD 10/04/2016 Sa National Aquatic Championship 2016
54	2:27.58	L	F	Maxine Koller	26	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
55	2:27.89	L	F	Ingrid Coetzee	19	GREY	CPT 15/08/2015 WP SENIOR LEAGUE SUMMER 1
56	2:27.90	L	F	Kelsey Heatlie	20	BENS	EKU 26/09/2015 EGA Summer 1
57	2:28.55	L	F	Sally Ralfe	42	HIGH	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
58	2:28.73	L	F	Jennifer Leppan	20	TUKS	FSH 18/09/2015 NTS September Age Group Gala 2015
59	2:29.23	L	F	Zoli de Kock	31	POTC	KKD 03/12/2015 NWS Championships 2015/2016
60	2:29.64	L	F	Carina Hambloch	36	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
61	2:29.84	L	F	Kelli-Ann Moulton	37	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
62	2:29.86	L	F	Diane Coetzee	60	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
63	2:30.24	L	F	Debra Nortje	47	HIGH	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
64	2:30.36	L	F	Julia Anderson	19	CADO	CPT 20/02/2016 WP Summer Qualifying Gala 2
65	2:30.63	L	F	Tanya Osborne	43	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15

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Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
66	2:30.66	L	F	Norelle Engela	43	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
67	2:31.18	L	F	Bridget Van Breda	41	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
68	2:31.27	L	F	Delwen Henderson	28	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
69*	2:31.28	L S	F	Yvonne Smith	GR	BLOT	MAN	26/10/2015	FSA Championship 2015
69*	2:31.28	L	F	Esmari Theart	20	KOVS	MAN	26/09/2015	Super Sport Seals Gala 2015
71	2:31.82	L	F	Micaela Gerling	22	TUKS	FSH	18/09/2015	NTS September Age Group Gala 2015
72	2:32.32	L	F	Simone Webb	36	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
73	2:32.63	L	F	Michelle Pistorius	23	NWS	BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016
74	2:33.09	L	F	Gail McCarney	56	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
75	2:33.44	L	F	Barbara Fraatz	50	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
76	2:33.51	L	F	Natalie Goedhals	31	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
77	2:34.31	L	F	Heather Campbell	60	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
78	2:34.88	L	P	Kirsten Coetzee	19	AZON	ETH	07/07/2015	KZN SPEEDO PRESTIGE
79	2:34.91	L	F	Kim Carey	46	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
80	2:35.89	L	F	Nicole Lewis	20	MP	EZD	24/09/2015	NTS Invitational Gala 2015
81	2:36.34	L	F	Jaki Fagan	41	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
82	2:36.62	L	F	Denise Bosman	57	BEST	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
83	2:37.44	L	F	Samantha Hunter	29	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
84	2:38.73	L	F	Karen Kennedy	49	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
85	2:39.09	L	F	Phillippa Manners-Wood	19	MATI	GED	15/08/2015	WP SENIOR LEAGUE SUMMER 1
86	2:40.85	L	F	Jean Degenaar	56	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
87	2:41.47	L	F	Adua Galassi	46	WATR	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
88	2:41.56	L	F	Carol Mason	52	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
89	2:41.75	L	F	Natalie Ogden	40	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
90	2:42.07	L	F	Debra Scott	53	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
91	2:43.93	L	F	Rae Cleriehw	43	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
92	2:45.20	L	F	Kerry Hains	42	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
93	2:46.55	L	F	Jessica Vd Merwe	19	FLOD	JHB	29/06/2015	Sasol National Championship 2015
94	2:47.09	L	F	Amy Fraser	20	NEWS	ADJ	05/12/2015	Amajuba Distr 2015 Long Course
95	2:47.15	L	F	Ash-Leigh Robson	20	WATR	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
96	2:48.81	L	F	Kelly-Ann vd Toorn	42	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
97	2:48.83	L	F	Caren Strydom	48	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
98	2:48.93	L	F	Lynne Callanan	51	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
99	2:50.86	L	F	Patricia Reen	59	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
100	2:52.60	L	F	Lindsay Passmore	34	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
101	2:52.97	L	F	Marieke Bouwer	52	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
102	2:54.31	L	F	Maureen Mons	64	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
103	2:54.47	L	F	Maryann Davie	59	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
104	2:55.08	L	F	Judith Brewis	61	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
105	2:55.10	L	P	Cornelia Fowler	35	KLOO	ETH	07/07/2015	KZN SPEEDO PRESTIGE
106	2:55.42	L	F	Vivian Routledge	58	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
107	2:58.28	L	F	Mary Brimble	61	DOLP	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
108	2:59.77	L	F	Jeannette Clark	55	DOLP	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
109	2:59.89	L	F	Marissa Rollnick	64	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
110	3:02.06	L	F	Martinette Du Toit	23	UPTS	ZMD	07/01/2016	NOCASA Champs 2016
111	3:02.37	L	F	Marijke Kostelijk	55	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
112	3:02.82	L	F	Deborah McHardy	50	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
113	3:03.47	L	F	Deidre Van Biljon	43	VICT	EKU	26/09/2015	EGA Summer 1
114	3:04.12	L	F	Peta Harrison	56	HIGH	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	3:04.40	L	F	Anne Jones	70	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
116	3:06.54	L	F	Marchelle Moolman	41	POTC	KKD	03/12/2015	NWS Championships 2015/2016
117	3:08.46	L	F	Terry Thompson	53	HIGH	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
118	3:10.34	L	F	Linda Crawford	66	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
119	3:11.70	L	F	Nina Pearse	41	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
120	3:12.63	L	F	Jane Meaker	68	ETSM	EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
121	3:17.35	L	F	Helena Delpport	31	FLOD	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
122	3:21.28	L	F	Dawn Du Rand	57	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
123	3:21.50	L	F	Carole Bridges	53	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
124	3:22.11	L	P	Lize-Marie Naude	20	CARN	EKU	03/12/2015	EGA Championships 2015

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
125	3:22.72	L	F	Bronwyn Ramathula	26	BEAV	ETH 16/12/2015 KZN Speedo Provincial Championships
126	3:24.05	L	F	Susan Leuner	77	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
127	3:27.19	L	F	Rosemary Clark	67	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
128	3:29.61	L	F	Melisa van Bosch	24	NDSA	ETH 16/12/2015 KZN Speedo Provincial Championships
129	3:33.00	L	F	Donnée Dixon	25	ASA	ETH 15/08/2015 WP SENIOR LEAGUE SUMMER 1
130	3:35.98	L	F	Tracy McKay	46	SGUL	ETH 06/11/2015 ACTION SWIM CHAMPIONSHIPS 2015
131	3:40.83	L	F	Jane Hulley	73	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
132	3:40.84	L	F	Tania prentice	51	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
133	3:41.90	L	F	Elsje vd Berg	59	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
134	3:42.73	L	F	Angelika Sandri	65	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
135	3:43.69	L	F	Susan Robinson	58	HIGH	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
136	3:48.80	L	F	Martini Coetzee	45	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
137	3:50.84	L	F	Dawn Rode	57	HIGH	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
138	3:52.00	L	P	Adri Visser	28	STAD	JHB 05/12/2015 Vita-thion CGA Champs
139	3:53.68	L	F	Bronwen Griffiths	61	HIGH	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
140	3:53.99	L	F	Isabella McLaren	66	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
141	3:55.51	L	F	Elizabeth Lordan	74	FLOD	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
142	3:59.10	L	F	Joyce Fyfe	69	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
143	3:59.22	L	F	Marcilla Russell	47	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
144	4:01.35	L	F	Beth Nothling	26	TRIDE	ETH 01/08/2015 KZN Age Group Gala 1
145	4:05.17	L	F	Barbara Pedersen	64	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
146	4:05.30	L	F	Mercia Ferreira	67	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
147	4:08.15	L	F	Irene Burger	70	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
148	4:14.09	L	F	Rentia Oosthuizen	24	PEAS	NMA 04/12/2015 NMBA Championships 2015
149	4:16.51	L	F	Janet Whittal	55	AMAK	BO 16/03/2016 SAMS 32nd LC Champs @ Durban
150	4:24.46	L	F	Patricia Hanson	78	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
151	4:36.28	L	F	Ingrid Vorwerk Marren	64	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
152	5:33.68	L	F	Margaret Nell	61	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
Women Open - 400 Free							
1	4:17.27	L	P	Karin Prinsloo	26	TUKS	TSH 02/11/2015 Fina -Mastbank Swimming World Cup
2	4:17.51	L	F	Michelle Weber	19	KZNA	ETH 26/06/2015 Treviso Swim Cup
3	4:20.19	L	F	Caitlin Kat	23	WPA	CPT 10/04/2016 Sa National Aquatic Championship 2016
4	4:23.75	L	F	Jessica Whelan	19	CGA	JHB 10/04/2016 Sa National Aquatic Championship 2016
5	4:36.04	L	F	Kyna Pereira	20	KLOO	ETH 29/06/2015 Sasol National Championship 2015
6	4:37.66	L	F	Louisa De Jongh	20	MATI	GED 04/12/2015 WP SUMMER CHAMPS
7	4:40.34	L	F	Amy Barnes	19	TYGE	CPT 04/12/2015 WP SUMMER CHAMPS
8	4:43.27	L	F	Taryn Els	19	PEAS	NMA 26/06/2015 PEA Winter Gala 2015
9	4:45.74	L	F	Shannon Austin	23	UWCA	CPT 10/10/2015 WP SENIOR LEAGUE SUMMER 3
10	4:47.07	L	F	Carmel Billson	23	ACSA	ETH 06/11/2015 ACTION SWIM CHAMPIONSHIPS 2015
11	4:50.98	L	F	Carmen Wessels	AR	BLOT	MAN 26/10/2015 FSA Championship 2015
12	4:51.97	L	F	Caitlin Truter	19	ASA	CPT 04/12/2015 WP SUMMER CHAMPS
13	4:52.26	L	P	Emma Kinghorn	19	MATI	GED 07/07/2015 KZN SPEEDO PRESTIGE
14	4:53.10	L	P	Tanya Abrie	20	WATR	JHB 05/02/2016 2016 Grand Prix Invitation Swimming
15	4:54.37	L	F	Anna-Lotte Retief	AR	BLOT	MAN 26/10/2015 FSA Championship 2015
16	4:54.83	L	F	Kirsten Marriott	19	BEST	NMA 26/06/2015 PEA Winter Gala 2015
17	4:56.30	L	F	Michelle Wessels	AR	BLOT	MAN 26/10/2015 FSA Championship 2015
18	4:59.37	L	F	Megan Albertyn	42	COEL	TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
19	4:59.90	L	F	Jessica De Beer	21	FLOD	JHB 29/06/2015 Sasol National Championship 2015
20	5:00.12	L	F	Emily Gray	24	TUKS	TSH 18/09/2015 NTS September Age Group Gala 2015
21	5:01.24	L	F	Claire Harrington	29	DOLP	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
22	5:01.39	L	F	Bernitia Hess	20	PAQU	GED 10/10/2015 WP SENIOR LEAGUE SUMMER 3
23	5:02.08	L	F	Kathryn Nurse	36	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
24	5:03.27	L	F	Cornell Loubser	21	NWUC	KKD 03/12/2015 NWS Championships 2015/2016
25	5:11.58	L	F	Megan Hugo	19	BLSS	MAN 26/10/2015 FSA Championship 2015
26	5:12.26	L	F	Tracy Gous	40	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
27	5:15.51	L	F	Romy-Simone Altmann	32	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
28	5:16.37	L	F	Phillipa Bishop	33	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
29	5:18.62	L	F	Gail McCarney	56	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
30	5:19.03	L	P	Kirsten Coetzee	19	AZON	ETH 07/07/2015 KZN SPEEDO PRESTIGE

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
31	5:19.21 L	F	Kelsey Heatlie	20	STAD JHB	05/12/2015	Vita-thion CGA Champs
32	5:20.83 L	F	Delwen Henderson	28	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
33	x5:21.79 L	F	Lara Wantenaar	35	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
34	5:22.57 L	F	Diane Coetzee	60	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
35	5:22.91 L	F	Micaela Gerling	22	TUKS TSH	18/09/2015	NTS September Age Group Gala 2015
36	5:23.56 L	F	Simone Webb	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
37	5:25.35 L	F	Julia Anderson	19	CADO CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
38	5:25.55 L	F	Sally Ralfe	42	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
39	5:26.30 L	F	Kim Carey	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
40	5:26.57 L	F	Annemarie Dressler	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
41	5:26.60 L	F	Annezell Van Staden	20	TUKS TSH	21/08/2015	NTS August Combined Age Group # 2 -
42	5:26.85 L	F	Amanda Koegelenberg	38	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
43	5:27.57 L	F	Esmari Theart	20	KOVS MAN	22/08/2015	Kovsie Aquatics Gala 1
44	5:29.89 L	F	Zoli de Kock	31	POTC KKD	21/11/2015	NWS Age Group 3 2015/2016
45	5:29.98 L	F	Karen Kennedy	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
46	5:30.51 L	F	Denise Bosman	57	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
47	5:31.75 L	F	Natalie Goedhals	31	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
48	5:31.93 L	F	Marcelle Strauss	51	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
49	5:32.64 L	F	Yvonne Smith	GR	BLOT MAN	16/10/2015	Otters Prestige Gala 2015
50	5:41.47 L	F	Heleen Coetzee	26	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
51	5:42.11 L	F	Carol Mason	52	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
52	5:42.83 L	F	Rae Cleriehew	43	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
53	5:47.77 L	F	Justine Johnson	39	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
54	5:48.61 L	F	Lynne Callanan	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
55	5:50.31 L	F	Adua Galassi	46	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
56	5:53.46 L	F	Jessica Vd Merwe	19	FLOD JHB	29/06/2015	Sasol National Championship 2015
57	5:55.63 L	F	Amanda Robertson	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
58	5:56.08 L	P	Cornelia Fowler	35	KLOO ETH	07/07/2015	KZN SPEEDO PRESTIGE
59	5:57.06 L	F	Kerry Hains	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
60	6:03.16 L	F	Ash-Leigh Robson	20	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
61	6:03.58 L	F	Ronel Wallis	44	WATR JHB	10/10/2015	Waterborn Invitational
62	6:04.26 L	F	Maritza Snyders	19	BEAV ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
63	6:04.43 L	F	Ingrid Landman	48	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
64	6:04.55 L	F	Caren Strydom	48	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
65	6:05.54 L	F	Maureen Mons	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
66	6:11.39 L	F	Debra Scott	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
67	6:11.60 L	F	Alison McBey	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
68	6:12.54 L	F	Judith Brewis	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
69	6:17.16 L	F	Angela Finlay	41	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
70	6:18.22 L	F	Patricia Reen	59	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
71	6:18.36 L	F	Kelly Jamieson	28	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
72	6:18.62 L	F	Jeannette Clark	55	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
73	6:22.85 L	F	Mary Brimble	61	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
74	6:29.34 L	F	Carolyn van Niekerk	43	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
75	6:31.05 L	F	Maryann Davie	59	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
76	6:34.64 L	F	Marissa Rollnick	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
77	6:36.11 L	F	Nina Naude	43	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
78	6:38.81 L	F	Peta Harrison	56	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
79	6:40.45 L	F	Anne Jones	70	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
80	6:44.27 L	F	Nadia Strydom	25	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
81	6:48.21 L	F	Martinette Du Toit	23	UPTS ZMD	07/01/2016	NOCASA Champs 2016
82	6:51.12 L	F	Beverley Shuttleworth	68	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
83	6:54.94 L	F	Jane Meaker	68	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
84	6:56.20 L	F	Monica Hefer	47	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
85	6:56.99 L	F	Holly Barnes	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
86	6:58.38 L	F	Dawn Du Rand	57	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
87	7:02.53 L	F	Carole Bridges	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
88	7:21.30 L	F	Rosemary Clark	67	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
89	7:21.33 L	F	Monnette Fourie	48	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
90	7:34.49 L	F	Melisa van Bosch	24	NDSA ETH	23/01/2016	eThekweni Age Group Gala	7
91	7:36.29 L	F	Elsje vd Berg	59	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
92	7:38.68 L	F	René Allner	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
93	7:38.94 L	F	Tania prentice	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
94	7:40.28 L	F	Ethelwyn Van Niekerk	68	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
95	7:46.42 L	F	Lize-Marie Naude	20	CARN EKU	29/06/2015	Sasol National Championship 2015	
96	7:48.91 L	F	Susan Robinson	58	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
97	7:51.56 L	F	Jane Hulley	73	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
98	8:03.23 L	F	Elizabeth Lordan	74	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
99	8:13.01 L	F	Martini Coetzee	45	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
100	8:34.28 L	F	Dawn Rode	57	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
101	8:39.80 L	F	Isabella McLaren	66	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
102	8:56.93 L	F	Janet Whittal	55	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
103	8:58.81 L	F	Winifred Gray	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
104	9:14.20 L	F	Patricia Hanson	78	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
105	9:36.87 L	F	Florence Burbidge	52	AMAK BO	12/02/2016	BCA February Age Group Gala 2016	
106	9:51.41 L	F	Ingrid Vorwerk Marren	64	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
107	10:44.81 L	O	Melanie Wagner	43	MANT CPT	13/12/2015	WP Open Water Challenge 2	
108	11:24.90 L	F	Margaret Nell	61	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
109	x12:44.71 L	O	Taryn Russ	40	TYGE CPT	13/12/2015	WP Open Water Challenge 2	
110	13:58.15 L	O	Janine Johnson	44	MANT CPT	17/01/2016	WP Open Water Challenge 3	
Women Open - 500 Free								
1	12:40.22 L	O	Melanie Wagner	43	MANT CPT	30/01/2016	WP Open Water Champs 2016	
Women Open - 800 Free								
1	8:57.50 L	F	Michelle Weber	19	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships	
2	8:58.68 L	F	Jessica Whelan	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
3	8:59.64 L	F	Caitlin Kat	23	MATI CED	19/02/2016	2016 Grand Prix Invitation Swimming	
4	9:26.41 L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015	
5	9:33.92 L	F	Shannon Austin	23	UWCA CPT	26/02/2016	2016 Grand Prix Invitation Swimming	
6	9:37.59 L	F	Amy Barnes	19	TYGE CPT	04/12/2015	WP SUMMER CHAMPS	
7	10:08.10 L	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
8	x10:10.53 L	F	Kirsten Marriott	19	BEST NMA	21/11/2015	NMBA 4th A-League Gala 2015	
9	10:15.04 L	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
10	10:16.55 L	F	Megan Albertyn	42	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
11	10:26.41 L	F	Tanya Abrie	20	WATR JHB	31/10/2015	CGA Level 2/3 gala No 2	
12	10:32.13 L	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
13	10:33.69 L	F	Jessica De Beer	21	FLOD JHB	16/10/2015	NTS October Age Group 2015 Level 2+3	
14	10:34.23 L	F	Claire Harrington	29	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
15	10:36.29 L	F	Samantha Blaauw	20	NWUC KKD	03/12/2015	NWS Championships 2015/2016	
16	10:42.03 L	F	Erika Scheepers	32	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
17	10:49.70 L	F	Tracy Gous	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
18	10:51.48 L	F	Phillipa Bishop	33	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
19	10:53.67 L	F	Kelsey Heatlie	20	BENS EKU	02/10/2015	Easterns Long Distance Gala #2	
20	10:59.23 L	F	Claire Amner	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
21	11:00.23 L	F	Gail McCarney	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
22	11:00.35 L	F	Zoli de Kock	31	POTC KKD	03/12/2015	NWS Championships 2015/2016	
23	11:04.54 L	F	Kim Carey	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
24	11:04.77 L	F	Diane Coetzee	60	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
25	11:08.39 L	F	Denise Bosman	57	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
26	11:10.27 L	F	Delwen Henderson	28	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
27	x11:12.69 L	F	Rebecca Newman	23	BEST NMA	21/11/2015	NMBA 4th A-League Gala 2015	
28	11:14.65 L	F	Natalie Goedhals	31	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
29	11:18.17 L	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015	
30	11:18.78 L	F	Simone Webb	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
31	11:21.80 L	F	Karen Kennedy	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
32	11:22.41 L	F	Debra Nortje	47	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
33	11:29.97 L	F	Tanya Osborne	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
34	11:39.12 L	F	Rae Cleriehw	43	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
35	11:40.94 L	F	Carol Mason	52	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
36	11:44.19 L	F	Marcelle Strauss	51	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
37	11:58.48 L	F	Heleen Coetzee	26	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
38	11:59.55 L	F	Justine Johnson	39	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
39	12:00.89 L	F	Natalie Ogden	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
40	12:13.90 L	F	Sandra Dorlas	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
41	12:14.81 L	F	Amy Fraser	20	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
42	12:23.98 L	F	Anneke Boshoff	43	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
43	12:31.41 L	F	Maryann Davie	59	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
44	12:33.23 L	F	Maureen Mons	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
45	12:35.32 L	F	Maria Fuchs	52	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
46	12:35.54 L	F	Kim Foster	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
47	12:40.78 L	F	Ingrid Landman	48	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
48	12:50.37 L	F	Cornelia Fowler	35	KLOO ETH	07/07/2015	KZN SPEEDO PRESTIGE
49	12:54.86 L	F	Angela Finlay	41	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
50	12:57.72 L	F	Mary Brimble	61	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
51	13:17.19 L	F	Carolyn van Niekerk	43	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
52	13:25.96 L	F	Nina Naude	43	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
53	13:33.50 L	F	Marissa Rollnick	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
54	13:36.49 L	F	Nadia Strydom	25	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
55	13:52.69 L	F	Beverley Shuttleworth	68	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
56	13:53.12 L	F	Anne Jones	70	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
57	13:53.68 L	F	Jennifer Ireland	65	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
58	13:59.63 L	F	Annette Thatcher	64	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
59	14:01.43 L	F	Holly Barnes	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
60	14:06.76 L	F	Jane Meaker	68	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
61	14:07.22 L	F	Dawn Du Rand	57	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
62	14:16.88 L	F	Carole Bridges	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
63	14:28.29 L	F	Reinette Harington	63	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
64	14:48.18 L	F	Judith Collins	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
65	15:20.32 L	F	Monnette Fourie	48	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
66	15:22.84 L	F	Melisa van Bosch	24	NDSA ETH	24/10/2015	eThekwin Age Group Gala 5
67	15:38.42 L	F	René Allner	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
68	15:39.72 L	F	Ethelwyn Van Niekerk	68	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
69	15:44.44 L	F	Tania prentice	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
70	16:07.74 L	F	Susan Robinson	58	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
71	16:31.15 L	F	Jane Hulley	73	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
72	16:32.26 L	F	Elizabeth Lordan	74	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
73	16:47.73 L	F	Gillian Tregenna	74	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
74	17:07.82 L	F	Dawn Rode	57	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
75	17:27.28 L	F	Martini Coetzee	45	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
76	17:32.94 L	F	Jeanne Loxton	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
77	17:33.69 L	F	Mercia Ferreira	67	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
78	17:43.12 L	F	Dawn Rottanburg	57	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
79	18:02.97 L	F	Janet Whittal	55	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
80	18:32.81 L	F	Barbara Pedersen	64	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
81	18:51.46 L	F	Marilyn Adan	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
82	18:51.83 L	F	Florence Burbidge	52	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
83	18:52.35 L	F	Patricia Hanson	78	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
84	19:09.92 L	F	Diane Hughes	69	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
85	19:22.83 L	F	Ingrid Vorwerk Marren	64	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
86	22:21.56 L	F	Margaret Nell	61	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban

Women Open - 1000 Free

1	13:26.50 L	O	Amy Barnes	19	TYGE CPT	30/01/2016	WP Open Water Champs 2016
2	13:37.92 L	O	Alexandra Quenet	20	MATI CED	15/11/2015	WP Open Water Challenge 1
3	16:56.00 L	O	Charlene Palmer	36	AQUB NMA	17/01/2016	NMBA EC Swim Series 3
4	17:38.01 L	O	Taryn Russ	40	TYGE CPT	13/12/2015	WP Open Water Challenge 2
5	18:30.52 L	O	Samantha Hucke	33	GREY CPT	30/01/2016	WP Open Water Champs 2016
6	19:32.00 L	O	Jana Grobler	51	TYGE CPT	13/12/2015	WP Open Water Challenge 2

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	Time	P/F/S	Name	Age/Yr				
7	19:35.88 L	O	Mariè Du Toit	58	CPTW CPT	30/01/2016	WP Open Water Champs 2016	
8	22:13.58 L	O	Petru Marais	47	ASA CPT	13/12/2015	WP Open Water Challenge 2	
9	23:21.25 L	O	Lindsay De Kock	58	WINE CED	30/01/2016	WP Open Water Champs 2016	
10	23:55.70 L	O	Lee-Ann vd Merwe	45	PEAS NMA	01/11/2015	NMBA EC Swim Series 1	
Women Open - 1500 Free								
1	18:15.98 L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015	
2	18:24.50 L	F	Amy Barnes	19	TYGE CPT	04/12/2015	WP SUMMER CHAMPS	
3	18:39.84 L	F	Jessica Whelan	19	STAD JHB	21/08/2015	NTS August Combined Age Group # 2 -	
4	19:16.70 L	F	Kirsten Marriott	19	BEST NMA	21/11/2015	NMBA 4th A-League Gala 2015	
5	20:47.65 L	F	Lauren Bezuidenhout	26	KLOO ETH	29/06/2015	Sasol National Championship 2015	
6	21:12.48 L	F	Rebecca Newman	23	BEST NMA	04/12/2015	NMBA Championships 2015	
7	23:04.73 L	F	Nikita Hodgson	21	KLOO ETH	29/06/2015	Sasol National Championship 2015	
8	24:36.68 L	F	Amy Fraser	20	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course	
9	27:20.25 L	F	Nadia Strydom	25	NWUC KKD	31/10/2015	NWS Age Group 2 1516	
10	37:40.40 L	F	Florence Burbidge	52	AMAK BO	12/02/2016	BCA February Age Group Gala 2016	
Women Open - 3000 Free								
1	43.13 L	O	Jessica De Beer	21	FLOD JHB	24/10/2015	Sun City Swim	
2	45.32 L	F	Megan Albertyn	42	NTS FSH	30/01/2016	Gauteng Open Water Champs	
3	46.24 L	F	Annemarie Dressler	52	NTS FSH	30/01/2016	Gauteng Open Water Champs	
4	48.26 L	F	Kirsty Hyslop	20	NTS FSH	30/01/2016	Gauteng Open Water Champs	
5	50.00 L	F	Samantha Hillier	20	CGA JHB	30/01/2016	Gauteng Open Water Champs	
6	55.02 L	F	Marissa Rollnick	64	CGA JHB	30/01/2016	Gauteng Open Water Champs	
7	1:03.01 L	F	Linda Griffiths	43	CGA JHB	30/01/2016	Gauteng Open Water Champs	
8	39:17.55 L	O	Tarryn Stanford	29	CPTW CPT	30/01/2016	WP Open Water Champs 2016	
9	39:20.62 L	O	Mari Rabie	29	MATI CED	30/01/2016	WP Open Water Champs 2016	
10	39:23.00 L	O	Kirsten Marriott	19	BEST NMA	07/02/2016	NMBA Open Water Champs (Round 4)	
11	42:27.73 L	O	Nina Nicholas	23	MATI CED	13/12/2015	WP Open Water Challenge 2	
12	42:38.00 L	O	Erika Scheepers	32	BEST NMA	07/02/2016	NMBA Open Water Champs (Round 4)	
13	42:42.91 L	O	Amy Barnes	19	TYGE CPT	17/01/2016	WP Open Water Challenge 3	
14	43:08.00 L	O	Rebecca Newman	23	BEST NMA	07/02/2016	NMBA Open Water Champs (Round 4)	
15	44:26.00 L	O	Denise Bosman	57	BEST NMA	07/02/2016	NMBA Open Water Champs (Round 4)	
16	45:24.00 L	F	Claire Rolt	34	TRAZ FSH	24/10/2015	Dischem Sun City Swim	
17	46:24.00 L	F	Neressa Houtman	42	TUKS FSH	24/10/2015	Dischem Sun City Swim	
18	48:10.19 L	O	Tiemke Rijpstra	38	QUIC CPT	30/01/2016	WP Open Water Champs 2016	
19	49:01.00 L	F	Amanda Koegelenberg	38	ACSA ETH	01/11/2015	Lake Eland Mile	
20	49:28.49 L	O	Jean Degenaar	56	CPTW CPT	13/12/2015	WP Open Water Challenge 2	
21	50:09.41 L	O	Claire Harrington	29	DOLP CPT	17/01/2016	WP Open Water Challenge 3	
22	53:59.84 L	O	Claire Amner	42	CPTW CPT	15/11/2015	WP Open Water Challenge 1	
23	57:20.00 L	O	Elizabeth Craig	71	BEST NMA	07/02/2016	NMBA Open Water Champs (Round 4)	
24	59:39.00 L	F	Amy Fraser	20	NEWS ADJ	22/11/2015	KZN Open Water Championships 2015	
25	1:02:20.44 L	O	Mariè Du Toit	58	CPTW CPT	15/11/2015	WP Open Water Challenge 1	
26	1:09:34.67 L	O	Lindsay De Kock	58	WINE CED	30/01/2016	WP Open Water Champs 2016	
27	1:13:13.00 L	F	Katherine Boast	41	SEAL UMD	22/11/2015	KZN Open Water Championships 2015	
28	1:14:04.00 L	F	Dawn Rode	57	ACSA ETH	01/11/2015	Lake Eland Mile	
Women Open - 5000 Free								
1	1:19.22 L	F	Jessica De Beer	21	CGA JHB	30/01/2016	Gauteng Open Water Champs	
2	1:23.30 L	F	Kirsty Hyslop	20	NTS FSH	30/01/2016	Gauteng Open Water Champs	
3	1:03:55.73 L	O	Michelle Weber	19	KZNA ETH	05/03/2016	Sa National Aquatic Championship	
4	1:07:19.88 L	O	Amy Barnes	19	WPA CPT	05/03/2016	Sa National Aquatic Championship	
5	1:07:44.06 L	O	Kirsten Marriott	19	LP LP	05/03/2016	Sa National Aquatic Championship	
6	1:11:07.66 L	O	Shannon Austin	23	UWCA CPT	30/01/2016	WP Open Water Champs 2016	
7	1:13:56.68 L	O	Tarryn Stanford	29	CPTW CPT	17/01/2016	WP Open Water Challenge 3	
8	1:14:17.45 L	O	Rebecca Newman	23	LP LP	05/03/2016	Sa National Aquatic Championship	
9	1:15:22.34 L	O	Nina Finch	19	WPA CPT	05/03/2016	Sa National Aquatic Championship	
10	1:20:22.00 L	O	Chantel Smith	22	KOVS MAN	05/02/2016	Free State Open Water 2016	
11	1:26:46.07 L	O	Claire Amner	42	CPTW CPT	30/01/2016	WP Open Water Champs 2016	
12	1:28:04.70 L	O	Kim Carey	46	CPTW CPT	30/01/2016	WP Open Water Champs 2016	
13	1:37:35.55 L	O	Anke Engelbrecht	23	UWCA CPT	30/01/2016	WP Open Water Champs 2016	

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	Time	P/F/S	Name	Age/Yr					
14	2:08:43.00	L	F	Katherine Boast	41	SEAL	UMD	22/11/2015	KZN Open Water Championships 2015
15	2:12:35.55	L	O	Lindsay De Kock	58	WINE	GED	30/01/2016	WP Open Water Champs 2016
16	2:15:01.00	L	F	Pauline Bowman-Edgar	65	HIGH	ETH	22/11/2015	KZN Open Water Championships 2015
Women Open - 7500 Free									
1	2:39.07	L	F	Jorika van Schalkwyk	45	NTS	TSH	30/01/2016	Gauteng Open Water Champs
Women Open - 10000 Free									
1	1:59:28.70	L	O	Michelle Weber	19	SGUL	ETH	24/07/2015	16th Fina OWS Champs -Kazan
2	2:19:40.21	L	O	Amy Barnes	19	WPA	CPT	05/03/2016	Sa National Aquatic Championship
3	2:19:41.00	L	O	Shannon Austin	23	UWCA	CPT	30/01/2016	WP Open Water Champs 2016
4	2:44:33.24	L	O	Kim Carey	46	CPTW	CPT	17/01/2016	WP Open Water Challenge 3
5	2:49:03.00	L	O	Rebecca Newman	23	BEST	NMA	01/11/2015	NMBA EC Swim Series 1
Women Open - 50 Back									
1	30.41	L	F	Jessica Ashley-Cooper	23	UWCA	CPT	04/12/2015	WP SUMMER CHAMPS
2	30.90	L	P	Lehesta Kemp	26	PSC	TSH	03/12/2015	NTS Championships 2015
3	31.03	L	P	Tayla Lovemore	21	KZNA	ETH	10/04/2016	Sa National Aquatic Championship 2016
4	31.31	L	F	Beatrix Malan	20	MATI	GED	04/12/2015	WP SUMMER CHAMPS
5	31.52	L	F	Dawn Schutte	19	SGUL	ETH	18/03/2016	SA Level 3 National Age Group Champs
6	31.68	L	F	Tamlyn Price	21	AQUB	NMA	26/06/2015	PEA Winter Gala 2015
7	31.87	L	P	Odile Dauvellier	22	NTS	TSH	10/04/2016	Sa National Aquatic Championship 2016
8	31.88	L	F	Johanna Els	19	KOVS	MAN	16/12/2015	KZN Speedo Provincial Championships
9	31.93	L	P	Anika Kruger	20	MATI	GED	26/02/2016	2016 Grand Prix Invitation Swimming
10	32.10	L	F	Sabrina Kaszechki	19	SASE	JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
11	32.16	L	P	Seonaid Leech	20	STAD	JHB	05/12/2015	Vita-thion CGA Champs
12	32.17	L	P	Michelle Pistorius	23	NWS	BPD	10/04/2016	Sa National Aquatic Championship 2016
13	32.29	L	P	Michelle Nieuwstad	22	WPA	CPT	10/04/2016	Sa National Aquatic Championship 2016
14	32.43	L	P	Emma Chelius	19	MATI	GED	07/07/2015	KZN SPEEDO PRESTIGE
15	32.53	L	F	Kyna Pereira	20	KLOO	ETH	29/06/2015	Sasol National Championship 2015
16	32.71	L	F	Tasmynne Roe	23	SGUL	ETH	07/07/2015	KZN SPEEDO PRESTIGE
17	32.87	L	P	Jessica MacDonald	19	SGUL	ETH	07/07/2015	KZN SPEEDO PRESTIGE
18	32.92	L	F	Brie Parker	19	SEAL	UMD	16/12/2015	KZN Speedo Provincial Championships
19	33.00	L S	F	Zandi Loots	24	NMMU	NMA	16/01/2016	NMBA 5th A-League Gala 2014
20	33.03	L	F	Lauren Bezuidenhout	26	KLOO	ETH	29/06/2015	Sasol National Championship 2015
21	33.15	L	F	Tarryn Els	19	PEAS	NMA	03/10/2015	Aquabear Invitational Meet
22	33.21	L	F	Samantha Blaauw	20	NWS	BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016
23	33.30	L	F	Anna-Lotte Retief	AR	BLOT	MAN	07/07/2015	KZN SPEEDO PRESTIGE
24	33.32	L	P	Marli Jacobs	21	MATI	GED	04/12/2015	WP SUMMER CHAMPS
25	33.42	L	P	Annezell Van Staden	20	TUKS	TSH	03/12/2015	NTS Championships 2015
26	33.49	L	F	Romy-Simone Altmann	32	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
27*	33.85	L S	F	Carmen Wessels	AR	BLOT	MAN	26/10/2015	FSA Championship 2015
27*	33.85	L	F	Caitlin Kat	23	MATI	GED	07/11/2015	WP SENIOR LEAGUE SUMMER 4
29	33.89	L	F	Perry-Ann Cadiz	40	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
30	33.97	L	F	Jessica Whelan	19	STAD	JHB	23/01/2016	CGA Level 2-3 gala No 4
31	34.13	L L	F	Tarryn Stanford	29	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
32	34.24	L	F	Tazlin Birch	26	AMAK	BO	16/03/2016	SAMS 32nd LC Champs @ Durban
33	34.38	L	F	Amy Barnes	19	TYGE	CPT	03/10/2015	Aquabear Invitational Meet
34	34.44	L S	F	Michelle Wessels	AR	BLOT	MAN	26/10/2015	FSA Championship 2015
35	34.56	L S	F	Johanna Els	19	KOVS	MAN	26/10/2015	FSA Championship 2015
36*	34.59	L	P	Shireen Sapiro	25	SGUL	ETH	16/12/2015	KZN Speedo Provincial Championships
36*	34.59	L	F	Norelle Engela	43	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
38	34.93	L	P	Jessica De Beer	21	FLOD	JHB	03/12/2015	EGA Championships 2015
39	35.07	L	F	Kelsey Heatlie	20	BENS	EKU	29/08/2015	Adrian Grafe Memorial Gala
40	35.25	L	P	Kirsten Coetzee	19	AZON	ETH	07/07/2015	KZN SPEEDO PRESTIGE
41	35.53	L	F	Leandi Toerien	19	TASC	LP	16/10/2015	Limpopo HS Topskole 2015
42	35.63	L S	F	Megan Hugo	19	BLSS	MAN	26/10/2015	FSA Championship 2015
43	35.89	L	F	Nicole Lewis	20	FINS	EZD	27/11/2015	Mpumalanga Championships 2015
44	35.90	L	F	Thilde Victor	34	VICT	EKU	29/08/2015	Adrian Grafe Memorial Gala
45	36.10	L	F	Megan Skidmore	23	AMAK	BO	16/03/2016	SAMS 32nd LC Champs @ Durban
46	36.42	L	F	Diane Coetzee	60	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban

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Time	P/F/S	Name	Age/Yr
47	36.47 L	F Kelli-Ann Moulton	37 AQUB NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
48	36.55 L	F Christelle Kriel	21 MP EZD 10/04/2016 Sa National Aquatic Championship 2016
49	36.63 L	F Kelly Jamieson	28 PHOE ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
50	36.65 L	F Shirley Carey	41 HIGH ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
51	36.85 L	F Michele Esterhuizen	43 NSA EZD 27/11/2015 Mpumalanga Championships 2015
52	36.89 L L	F Samantha Hunter	29 PHOE ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
53	37.27 L	F Phillippa Manners-Wood	19 MATI CED 27/11/2015 KZN TYR Westville Sprints 2015
54	37.39 L	F Sarah Jorgensen	19 NMMU NMA 17/10/2015 NMBA 3rd A-League Gala 2015
55	37.52 L	F Kelly McWilliam	37 WAHO JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
56	37.55 L	F Heather Campbell	60 EACS ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
57	37.58 L	F Minnie-Lize Olivier	36 FLOD JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
58	37.76 L	F Katherine Bihl	46 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
59*	38.09 L L	F Natalie Goedhals	31 AQUB NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
59*	38.09 L L	F Joanne Vreenegoor	34 COEL TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
61	38.18 L L	F Lara Wantenaar	35 PHOE ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
62	38.35 L	F Marguerite Young	42 AQUB NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
63	38.44 L S	F Yvonne Smith	GR BLOT MAN 26/10/2015 FSA Championship 2015
64	38.61 L	F Morag Bromfield	63 EACS ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
65	38.62 L	F Edith Ottermann	49 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
66	38.63 L	F Courtney Musson	21 AQUB NMA 29/08/2015 Nedbank Madibaz swim meet 2015
67	38.64 L	F Andrea Hector	45 WATR JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
68	38.65 L L	F Barbara Fraatz	50 COEL TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
69	38.78 L	F Jean Degenaar	56 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
70	38.86 L	F Debra Scott	53 WAHO JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
71	38.88 L	F Simone Webb	36 EACS ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
72	39.19 L	F Leigh Gannon	42 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
73	39.54 L	F Lisa Du Plessis	44 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
74	39.56 L	F Oriane Nieuwoudt	19 LIMSC LP 16/10/2015 Limpopo HS Topskole 2015
75	39.58 L	F Delwen Henderson	28 AQUB NMA 03/10/2015 Aquabear Invitational Meet
76	39.97 L	F Anneke Boshoff	43 COEL TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
77	40.02 L	F Juanine Schaanic	45 HIGH ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
78	40.12 L	P Jessica Vd Merwe	19 FLOD JHB 29/06/2015 Sasol National Championship 2015
79	40.15 L	F Chantel Smith	22 BLSS MAN 26/09/2015 Super Sport Seals Gala 2015
80	40.41 L	F Sandra Dorlas	49 COEL TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
81	40.46 L	F Martinette Du Toit	23 NCASA FBD 30/01/2016 4 + 1 Inter Provincial Gala 2016
82	40.50 L	F Amy Fraser	20 NEWS ADJ 05/12/2015 Amajuba Distr 2015 Long Course
83	40.66 L	F Sanderina Kruger	66 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
84	40.80 L	F Kaylee Nancarrow	20 AMAK BO 16/03/2016 SAMS 32nd LC Champs @ Durban
85	40.87 L	F Cecilia Avis	45 POTC KKD 03/12/2015 NWS Championships 2015/2016
86	41.61 L	F Deborah Bradley	48 DOLP CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
87	41.62 L	F Shelly-Ann King	21 SEAL UMD 28/08/2015 KZN Beavers Winter LongCourse
88	41.96 L	F Ingrid Landman	48 COEL TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
89	41.97 L	F Janine Welgemoed	54 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
90	42.07 L	P Maritza Snyders	19 KZNA ETH 10/04/2016 Sa National Aquatic Championship 2016
91	42.37 L	F Elaine Alder	58 WAHO JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
92	42.47 L	F Vivian Routledge	58 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
93	42.49 L	F Colleen Bailey	61 EACS ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
94	42.65 L	F Aletta Steenkamp	29 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
95	42.88 L	F Judith Brewis	61 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
96	42.95 L	F Reinette Harington	63 AQUB NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
97	43.36 L	F Sonet Smit	39 PRKA PSD 07/01/2016 NOCASA Champs 2016
98	43.45 L	F Alison McBey	45 HIGH ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
99	43.89 L	F Kim Thomas	44 AQUA BUF 05/12/2015 Amajuba Distr 2015 Long Course
100	44.26 L	F Lindsay Passmore	34 COEL TSH 16/03/2016 SAMS 32nd LC Champs @ Durban
101	44.63 L	F Nina Pearse	41 PHOE ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
102	44.99 L L	F Elizabeth Craig	71 BEST NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
103	45.14 L	F Marchelle Moolman	41 NWS BPD 30/01/2016 4 + 1 Inter Provincial Gala 2016
104	45.21 L	P Deidre Van Biljon	43 VICT EKV 03/12/2015 EGA Championships 2015
105	45.30 L	F Dawn Ledbitter	22 COEL TSH 16/03/2016 SAMS 32nd LC Champs @ Durban

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	Time	P/F/S	Name	Age/Yr				
106	45.43 L	F	Beverley Shuttleworth	68	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
107	45.89 L	F	Marijke Kostelijk	55	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
108	46.17 L	F	Zarina Patel	45	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
109	46.30 L	F	Marli Venter	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
110	46.46 L	F	Nicolette Struwig	43	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
111	46.47 L	F	René Allner	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
112	46.87 L	F	Janine Van Deventer	39	PRKA PSD	13/11/2015	Nocasa Age Group 2 KBY 2015	
113	46.91 L	F	Linda Crawford	66	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
114	47.35 L	F	Helena Delport	31	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
115	48.07 L	F	Jacqueline Hayselden	60	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
116	48.23 L	F	Cornelia Fowler	35	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
117	48.68 L	F	Susan Breslin	69	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
118	48.75 L	F	Therese Russell	68	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
119	48.77 L	F	Susan Skidmore	47	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
120*	48.78 L	F	Judith Collins	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
120*	48.78 L	F	Christine Donnelly	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
122	48.87 L	F	Peta Harrison	56	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
123	49.51 L	F	Holly Barnes	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
124	51.04 L	P	Lize-Marie Naude	20	CARN ECU	03/12/2015	EGA Championships 2015	
125	51.66 L L	F	Natalie Ogden	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
126	52.28 L	F	Merle Angelos	71	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
127	52.35 L	F	Marilyn Adan	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
128	52.37 L	F	Joyce Fyfe	69	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
129	x52.64 L	P	Bronwyn Ramathula	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
130	52.69 L	F	Jane Meaker	68	ETSM ECU	16/03/2016	SAMS 32nd LC Champs @ Durban	
131	53.27 L	F	Songo Mfikili	23	HARL BUF	06/11/2015	BCA November Age Group Gala	
132	53.94 L	F	Donnée Dixon	25	ASA CPT	06/02/2016	WP JACK CURRIE CHAMPS	
133	54.39 L	F	Maretha Heymans	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
134	54.47 L	P	Beth Nothling	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
135	54.76 L L	F	Irene Burger	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
136	x54.87 L	P	Melisa van Bosch	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
137	55.34 L	F	Helena Olivier	50	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
138	55.86 L	F	Marie Breitenbach	63	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
139	55.96 L	F	Claire Murray	25	BEAV ETH	28/08/2015	KZN Beavers Winter LongCourse	
140	56.42 L	P	Tracy McKay	46	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
141	57.46 L	F	Rentia Oosthuizen	24	PEAS NMA	06/11/2015	Freda Barnard Gala 34	
142	57.88 L	F	Dawn Rode	57	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
143	59.16 L	F	Nina-Marie Watson	51	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
144	1:01.81 L	F	Isabella McLaren	66	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
145	1:02.30 L	F	Bronwen Griffiths	61	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
146	1:02.31 L	F	Mercia Ferreira	67	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
147	1:03.77 L	F	Hesta Moller	57	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
148	1:05.79 L	F	Carol vd Walt	67	ETSM ECU	16/03/2016	SAMS 32nd LC Champs @ Durban	
149	1:06.59 L	F	Doreth Kruger	34	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
150	1:10.60 L L	F	Louisa De Jongh	20	MATI CED	04/12/2015	WP SUMMER CHAMPS	
151	1:12.43 L	F	Wendy Muir	74	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
152	1:17.15 L L	F	Eugenie McLachlan	76	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
153	1:18.80 L	F	Tiffany Pereira	20	CRSC JHB	19/09/2015	CGA Level 2/3 Gala No 1	
154	1:19.93 L	F	Patricia Hanson	78	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
155	1:21.22 L	F	Patricia Ings	47	ACSA ETH	27/11/2015	KZN TYR Westville Sprints 2015	
156	1:22.58 L L	F	Annette Thatcher	64	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
157	1:29.47 L	F	Wendy Saunders	80	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
158	1:59.28 L L	F	Maryann Davie	59	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
159	2:30.49 L L	F	Susan Leuner	77	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
160	3:15.93 L L	F	Jean Dick	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
Women Open - 100 Back								
1	1:02.21 L	F	Jessica Ashley-Cooper	23	UWCA CPT	19/02/2016	2016 Grand Prix Invitation Swimming	
2	1:02.53 L	F	Karin Prinsloo	26	RSA	06/09/2015	11th All African Games-Brazzaville 2015	
3	1:05.58 L	P	Tayla Lovemore	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
4	1:06.30 L	F	Johanna Els	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
5	1:06.54 L L	F	Beatrix Malan	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
6	1:06.82 L	F	Lehesta Kemp	26	PSC TSH	18/09/2015	NTS September Age Group Gala 2015
7	1:07.25 L	P	Odile Dauvellier	22	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016
8	1:07.49 L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015
9	1:07.69 L	P	Dawn Schutte	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
10	1:08.60 L	F	Anika Kruger	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
11	1:08.70 L	F	Tamlyn Price	21	AQUB NMA	26/06/2015	PEA Winter Gala 2015
12	1:08.73 L	P	Michelle Pistorius	23	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
13	1:08.95 L	P	Michelle Nieuwstad	22	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
14	1:09.67 L	F	Justine Macfarlane	20	WATR JHB	26/06/2015	Modulo Treviso Cup
15	1:10.18 L S	P	Tasmynne Roe	23	SGUL ETH	07/07/2015	KZN SPEEDO PRESTIGE
16	1:10.24 L	P	Marli Jacobs	21	MATI CED	04/12/2015	WP SUMMER CHAMPS
17	1:10.80 L	F	Zandi Loots	24	NMMU NMA	03/10/2015	Aquabear Invitational Meet
18	1:10.96 L	F	Sarah-Ann Bouwer	21	TUKS TSH	18/09/2015	NTS September Age Group Gala 2015
19	1:11.00 L	F	Tarryn Stanford	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
20	1:11.06 L	F	Sabrina Kaszechki	19	SASE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
21	1:11.13 L	P	Brie Parker	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
22	1:11.36 L	F	Jessica MacDonald	19	SGUL ETH	27/02/2016	KZN NDSA Gala 2016
23	1:11.71 L	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015
24	1:11.87 L	F	Shireen Sapiro	25	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
25	1:12.14 L	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
26	1:12.15 L	F	Samantha Blaauw	20	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
27	1:12.40 L	F	Amy Barnes	19	TYGE CPT	03/10/2015	Aquabear Invitational Meet
28	1:12.51 L	F	Caitlin Kat	23	MATI CED	15/08/2015	WP SENIOR LEAGUE SUMMER 1
29	1:12.55 L	F	Romy-Simone Altmann	32	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
30	1:12.90 L	P	Seonaid Leech	20	STAD JHB	05/12/2015	Vita-thion CGA Champs
31	1:12.95 L	F	Kelly McCann	22	AZON ETH	12/09/2015	KZN Age Group 3 Gala
32	1:13.19 L	F	Kelsey Heatlie	20	EGA EKU	24/09/2015	NTS Invitational Gala 2015
33	1:14.06 L	F	Jessica De Beer	21	FLOD JHB	29/06/2015	Sasol National Championship 2015
34	1:14.17 L	F	Tarryn Els	19	PEAS NMA	29/08/2015	Nedbank Madibaz swim meet 2015
35	1:14.47 L	F	Johanna Els	19	KOVS MAN	26/10/2015	FSA Championship 2015
36	1:14.53 L	F	Annezell Van Staden	20	TUKS TSH	15/01/2016	NTS January Age Group 2016 Level 2+3
37	1:14.95 L	F	Carina Hambloch	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
38	1:15.16 L	F	Perry-Ann Cadiz	40	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
39	1:15.56 L	F	Jennifer Leppan	20	TUKS TSH	18/09/2015	NTS September Age Group Gala 2015
40	1:15.79 L	F	Lauren Billson	21	MATI CED	26/06/2015	PEA Winter Gala 2015
41	1:15.85 L	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
42	1:16.31 L	F	Licinda Kleynhans	19	TUKS TSH	24/09/2015	NTS Invitational Gala 2015
43	1:16.40 L	F	Christelle Kriel	21	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
44	1:16.61 L	F	Elize Botha	19	HSFM LP	16/10/2015	Limpopo Schools Champs October 2015
45	1:16.91 L	F	Emily Gray	24	TUKS TSH	16/12/2015	KZN Speedo Provincial Championships
46	1:17.52 L	F	Nicole Lewis	20	FINS EZD	27/11/2015	Mpumalanga Championships 2015
47	1:17.57 L	F	Ingrid Coetzee	19	GREY CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
48	1:17.88 L	F	Megan Hugo	19	BLSS MAN	26/10/2015	FSA Championship 2015
49	1:18.17 L	F	Esmari Theart	20	KOVS MAN	22/08/2015	Kovsie Aquatics Gala 1
50	1:18.22 L	F	Norelle Engela	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
51	1:18.52 L	F	Annemarie Dressler	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
52	1:19.80 L	F	Diane Coetzee	60	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
53	1:20.69 L	F	Samantha Hunter	29	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
54	1:21.71 L	F	Kirsten Marriott	19	BEST NMA	21/11/2015	NMBA 4th A-League Gala 2015
55	1:21.78 L	F	Kelli-Ann Moulton	37	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
56	1:22.14 L	F	Simone Webb	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
57	1:22.51 L	F	Phillippa Manners-Wood	19	MATI CED	20/02/2016	WP Summer Qualifying Gala 2
58	1:22.69 L	F	Rebecca Newman	23	BEST NMA	29/08/2015	Nedbank Madibaz swim meet 2015
59	1:23.06 L	F	Kelly Jamieson	28	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
60	1:23.26 L	F	Shirley Carey	41	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
61	1:23.72 L	F	Heather Campbell	60	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
62	1:23.87 L	F	Kelly McWilliam	37	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
63	1:24.48 L	F	Michele Esterhuizen	43	NSA EZD	19/09/2015	MP Xerox Sprint Gala - 19 September
64	1:24.50 L	F	Katherine Bihl	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
65	1:25.13 L	F	Jean Degenaar	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
66*	1:25.69 L	F	Minnie-Lize Olivier	36	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
66*	1:25.69 L	F	Marguerite Young	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
68	1:26.15 L	F	Juanine Schaanick	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
69	1:26.30 L	F	Andrea Hector	45	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
70	1:26.48 L	F	Anneke Boshoff	43	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
71	1:26.54 L	F	Debra Scott	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
72	1:26.78 L	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015
73	1:28.42 L	F	Sandra Dorlas	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
74	1:28.55 L	F	Maryann Davie	59	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
75	1:28.64 L	F	Natalie Ogden	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
76	1:28.69 L	F	Morag Bromfield	63	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
77	1:29.98 L	F	Ronel Wallis	44	WATR JHB	10/10/2015	Waterborn Invitational
78	1:30.89 L	F	Amy Fraser	20	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
79	1:31.36 L	F	Maritza Snyders	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
80	1:31.44 L	F	Ingrid Landman	48	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
81	1:31.97 L	F	Judith Brewis	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
82	1:32.68 L	F	Sanderina Kruger	66	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
83	1:32.80 L	F	Martinette Du Toit	23	UPTS ZMD	07/01/2016	NOCASA Champs 2016
84	1:35.36 L	F	Janine Welgemoed	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
85	1:36.19 L	F	Elaine Alder	58	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
86	1:38.01 L	F	Reinette Harington	63	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
87	1:39.44 L	F	Deborah McHardy	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
88	1:39.61 L	P	Deidre Van Biljon	43	VICT EKU	29/06/2015	Sasol National Championship 2015
89	1:40.40 L	F	Kim Foster	56	COEL TSH	03/12/2015	NTS Championships 2015
90	1:40.43 L	F	Colleen Bailey	61	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
91	1:40.72 L	F	Nina Pearse	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
92	1:41.91 L	F	Dawn Ledbitter	22	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
93	1:45.30 L	F	Cornelia Fowler	35	KLOO ETH	16/12/2015	KZN Speedo Provincial Championships
94	1:46.51 L	F	Donnée Dixon	25	ASA CPT	12/02/2016	Paarl Night Invitational Gala
95	1:46.69 L	F	Jacqueline Hayselden	60	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
96	1:46.96 L	F	Marli Venter	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
97	1:47.81 L	F	Therese Russell	68	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
98	1:49.97 L	F	Pam Reynecke	61	CSCM TSH	03/12/2015	NTS Championships 2015
99	1:54.44 L	P	Lize-Marie Naude	20	CARN EKU	03/12/2015	EGA Championships 2015
100	1:54.70 L	F	René Allner	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
101	x1:55.82 L	P	Bronwyn Ramathula	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
102	1:55.83 L	F	Susan Leuner	77	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
103	x1:55.89 L	P	Melisa van Bosch	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
104	1:57.51 L	F	Ethelwyn Van Niekerk	68	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
105	1:57.71 L	F	Tracy McKay	46	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
106	1:58.66 L	F	Irene Burger	70	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
107	2:00.24 L	F	Maretha Heymans	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
108	2:00.97 L	F	Merle Angelos	71	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
109	2:01.90 L	F	Claire Murray	25	BEAV ETH	01/08/2015	KZN Age Group Gala 1
110	2:03.05 L	F	Marilyn Adan	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
111	2:04.89 L	F	Songo Mfikili	23	HARL BUF	26/11/2015	Buffalo City Championships 2015
112	2:05.46 L	F	Joyce Fyfe	69	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
113	2:05.81 L	F	Rentia Oosthuizen	24	PEAS NMA	04/12/2015	NMBA Championships 2015
114	2:06.29 L	F	Tania prentice	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	2:16.78 L	F	Bronwen Griffiths	61	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
116	2:23.33 L	F	Carol vd Walt	67	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
117	2:23.73 L	F	Florence Burbidge	52	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
118	2:38.00 L	F	Diane Hughes	69	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
119	2:40.11 L	F	Winifred Gray	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
120	2:49.85 L	F	Patricia Ings	47	ACSA ETH	16/12/2015	KZN Speedo Provincial Championships
121	2:52.08 L	F	Wendy Muir	74	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
122	3:19.71 L	F	Eugenie McLachlan	76	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
Women Open - 200 Back								
1	2:14.31 L	F	Karin Prinsloo	26	RSA	06/09/2015	11th All African Games-Brazzaville 2015	
2	2:18.39 L	T	Hannah Kastigar	20	ASC SD	03/12/2015	Time Trials - 2015 AT& T Winter Nats	
3	2:23.04 L	F	Jessica Ashley-Cooper	23	UWCA CPT	04/12/2015	WP SUMMER CHAMPS	
4	2:26.83 L	F	Beatrix Malan	20	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
5	2:27.20 L	F	Louisa De Jongh	20	MATI CED	04/12/2015	WP SUMMER CHAMPS	
6	2:27.43 L S	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015	
7	2:30.19 L	F	Amy Barnes	19	TYGE CPT	03/10/2015	Aquabear Invitational Meet	
8	2:30.41 L	P	Dawn Schutte	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
9	2:31.08 L	F	Tarryn Stanford	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
10	2:34.72 L	P	Michelle Nieuwstad	22	MATI CED	26/02/2016	2016 Grand Prix Invitation Swimming	
11	2:35.52 L	F	Samantha Blaauw	20	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
12	2:35.54 L	F	Sarah-Ann Bouwer	21	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015	
13	2:36.83 L	F	Tamlyn Price	21	AQUB NMA	26/06/2015	PEA Winter Gala 2015	
14	2:36.93 L	F	Seonaid Leech	20	STAD JHB	29/06/2015	Eliminatoria Assoluti	
15	2:36.96 L S	F	Zandi Loots	24	NMMU NMA	16/01/2016	NMBA 5th A-League Gala 2014	
16	2:37.34 L S	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
17	2:37.60 L	P	Brie Parker	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships	
18	2:38.79 L	F	Michelle Pistorius	23	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
19	2:39.43 L S	F	Jessica De Beer	21	FLOD JHB	29/06/2015	Sasol National Championship 2015	
20	2:39.61 L	F	Tarryn Els	19	PEAS NMA	26/06/2015	PEA Winter Gala 2015	
21	2:40.59 L S	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
22	2:40.83 L S	F	Annezell Van Staden	20	TUKS FSH	03/12/2015	NTS Championships 2015	
23*	2:41.63 L S	F	Johanna Els	19	KOVS MAN	26/10/2015	FSA Championship 2015	
23*	2:41.63 L S	F	Johanna Els	19	KOVS MAN	26/10/2015	FSA Championship 2015	
25	2:41.78 L	F	Kelsey Heatlie	20	BENS EKU	26/09/2015	EGA Summer 1	
26	2:42.20 L	F	Romy-Simone Altmann	32	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
27	2:42.44 L S	F	Christelle Kriel	21	NSA EZD	16/12/2015	KZN Speedo Provincial Championships	
28	2:42.67 L	F	Carina Hambloch	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
29	2:44.34 L	F	Esmari Theart	20	KOVS MAN	26/09/2015	Super Sport Seals Gala 2015	
30	2:47.57 L S	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
31	2:47.61 L	F	Rebecca Newman	23	BEST NMA	04/12/2015	NMBA Championships 2015	
32	2:47.64 L	P	Kirsten Coetzee	19	AZON ETH	07/07/2015	KZN SPEEDO PRESTIGE	
33	2:47.67 L	F	Simone White	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
34	2:47.85 L	F	Annemarie Dressler	52	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
35	2:48.02 L	F	Perry-Ann Cadiz	40	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
36	2:48.24 L	F	Jennifer Leppan	20	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015	
37	2:49.25 L	F	Ingrid Coetzee	19	GREY CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
38	2:52.82 L	F	Megan Hugo	19	BLSS MAN	26/09/2015	Super Sport Seals Gala 2015	
39	2:52.86 L S	F	Nikita Hodgson	21	KLOO ETH	29/06/2015	Sasol National Championship 2015	
40	2:52.92 L	F	Samantha Hunter	29	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
41	2:55.32 L	F	Diane Coetzee	60	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
42	2:55.54 L	F	Norelle Engela	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
43	2:55.83 L	F	Simone Webb	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
44	2:56.26 L	F	Shannon Austin	23	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
45	2:59.57 L	F	Megan Albertyn	42	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
46	2:59.71 L	F	Kathryn Nurse	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
47	3:01.53 L	F	Kelly McWilliam	37	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
48	3:04.59 L	F	Jean Degenaar	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
49	3:08.41 L	F	Katherine Bihl	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
50	3:08.56 L	F	Maryann Davie	59	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
51	3:08.63 L	F	Anneke Boshoff	43	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
52	3:09.89 L	F	Sandra Dorlas	49	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
53	3:10.94 L S	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015	
54	3:13.30 L	F	Natalie Ogden	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
55	3:14.60 L	F	Debra Scott	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
56	3:15.53 L	F	Morag Bromfield	63	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
57	3:17.52 L	F	Judith Brewis	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
58	3:18.11	L	F	Loraine Hicks	39	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
59	3:20.07	L	F	Ingrid Landman	48	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
60	3:22.91	L	F	Caren Strydom	48	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
61	3:25.07	L	F	Janine Welgemoed	54	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
62	3:25.55	L	F	Martinette Du Toit	23	UPTS	ZMD	04/12/2015	NOCASA Sprints 2015
63	3:34.78	L	F	Elaine Alder	58	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
64	3:36.65	L	F	Nadia Strydom	25	NWUC	KKD	31/10/2015	NWS Age Group 2 1516
65	3:36.74	L	F	Deidre Van Biljon	43	VICT	EKU	03/12/2015	EGA Championships 2015
66	3:40.17	L	F	Colleen Bailey	61	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
67	3:40.50	L	F	Cornelia Fowler	35	KLOO	ETH	27/11/2015	KZN TYR Westville Sprints 2015
68	3:52.95	L	F	René Allner	42	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
69	3:55.41	L	F	Therese Russell	68	DOLP	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
70	4:05.89	L	F	Marli Venter	50	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
71	4:07.71	L	F	Ethelwyn Van Niekerk	68	FLOD	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
72	4:16.12	L	F	Tracy McKay	46	SGUL	ETH	27/11/2015	KZN TYR Westville Sprints 2015
73	4:16.51	L	F	Merle Angelos	71	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
74	4:18.55	L	F	Irene Burger	70	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
75	4:24.16	L	F	Tania prentice	51	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
76	4:27.24	L	F	Maretha Heymans	59	HIGH	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
77	4:37.42	L	F	Songo Mfikili	23	HARL	BUF	26/11/2015	Buffalo City Championships 2015
78	4:42.74	L	F	Joyce Fyfe	69	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
79	4:48.13	L	F	Marilyn Adan	64	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
80	5:06.73	L	F	Carol vd Walt	67	ETSM	EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
81	5:14.35	L	F	Ingrid Vorwerk Marren	64	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
82	6:17.71	L	F	Wendy Muir	74	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
Women Open - 50 Breast									
1	31.65	L	F	Tara-Lynn Nicholas	20	RSA	ZZ	04/07/2015	28th Summer Universiade
2	32.07	L	P	Taryn Mackenzie	22	CGA	JHB	10/04/2016	Sa National Aquatic Championship 2016
3	32.22	L	P	Franko Jonker	23	NTS	FSH	10/04/2016	Sa National Aquatic Championship 2016
4	32.85	L	F	Kelly Gunnell	22	RSA		06/09/2015	11th All African Games-Brazzaville 2015
5	33.68	L	S	Claire Rolt	34	NTS	FSH	10/04/2016	Sa National Aquatic Championship 2016
6	33.83	L	F	Tilka Paljk	19	NTS	FSH	10/04/2016	Sa National Aquatic Championship 2016
7	34.12	L	F	Justine Macfarlane	20	WATR	JHB	26/06/2015	Modulo Treviso Cup
8	34.31	L	F	Nikita Hodgson	21	KLOO	ETH	16/12/2015	KZN Speedo Provincial Championships
9	34.48	L	P	Courtney Perrett	19	KZNA	ETH	10/04/2016	Sa National Aquatic Championship 2016
10	34.53	L	P	Johanna Els	19	KOVS	MAN	06/11/2015	Fina -Mastbank Swimming World Cup
11	34.56	L	F	Cassie Shear	20	MDOL	JHB	05/12/2015	Vita-thion CGA Champs
12	34.73	L	F	Vidette Coetzee	26	TUKS	FSH	18/09/2015	NTS September Age Group Gala 2015
13	34.82	L	F	Michelle Wessels	AR	BLOT	MAN	26/10/2015	FSA Championship 2015
14*	34.90	L	F	Kelly McCann	22	AZON	ETH	01/08/2015	KZN Age Group Gala 1
14*	34.90	L	P	Caitlin Truter	19	WPA	CPT	10/04/2016	Sa National Aquatic Championship 2016
16	35.05	L	P	Jessica Whelan	19	CGA	JHB	10/04/2016	Sa National Aquatic Championship 2016
17	35.12	L	P	Bernitia Hess	20	PAQU	GED	04/12/2015	WP SUMMER CHAMPS
18	35.56	L	F	Pamela Hendry	24	MATI	GED	30/10/2015	WP SUMMER QUALIFY GALA 1
19	35.59	L	P	Tasmynne Roe	23	SGUL	ETH	07/07/2015	KZN SPEEDO PRESTIGE
20*	35.66	L	F	Natalie Maritz	20	TUKS	FSH	20/11/2015	NTS November Age Group 2015 Level
20*	35.66	L	F	Carmen Wessels	23	FLOD	JHB	10/10/2015	Waterborn Invitational
22	35.82	L	F	Brie Parker	19	SEAL	UMD	27/11/2015	KZN TYR Westville Sprints 2015
23	35.90	L	F	Kirstyn Fourie	19	MATI	GED	04/12/2015	NMBA Championships 2015
24	35.92	L	P	Michaela Diaz	19	TUKS	FSH	03/12/2015	NTS Championships 2015
25	35.96	L	F	Danica McWilliam	20	WATR	JHB	05/12/2015	Vita-thion CGA Champs
26	36.15	L	P	Michelle Nieuwstad	22	WPA	CPT	10/04/2016	Sa National Aquatic Championship 2016
27	36.46	L	F	Sarah Jorgensen	19	NMMU	NMA	04/12/2015	NMBA Championships 2015
28	36.51	L	F	Jessica De Beer	21	FLOD	JHB	29/06/2015	Sasol National Championship 2015
29	36.61	L	F	Angela Mariton	32	AZON	ETH	10/10/2015	Waterborn Invitational
30	36.66	L	F	Natasha Vd Walt	20	WATR	JHB	10/10/2015	Waterborn Invitational
31	37.21	L	F	Wendy Cook	45	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
32	37.27	L	F	Thilde Victor	34	VICT	EKU	05/09/2015	Speedo Hillcrest Sprint Gala
33	37.35	L	F	Genna Greevelink	21	PEAS	NMA	26/06/2015	PEA Winter Gala 2015

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
34	37.66 L	F	Licinda Kleynhans	19	NWUC KKD	05/02/2016	NTS February Age Group 2016 Level
35	37.70 L	F	Melene Klinck	20	KOVS MAN	19/09/2015	Neptune Volvo Spring Gala 2015
36	37.91 L	P	Megan Hesse	21	PAC TSH	03/12/2015	NTS Championships 2015
37	38.15 L	F	Sally Ralfe	42	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
38	38.18 L	F	Blair Neely	24	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
39	38.56 L	F	Anna Lennox	19	EAGA LP	27/11/2015	Limpopo Champs 27-29 November 2015
40	38.61 L	F	Tarryn Els	19	PEAS NMA	29/08/2015	Nedbank Madibaz swim meet 2015
41	38.90 L	F	Johanna Els	19	KOVS MAN	26/10/2015	FSA Championship 2015
42	39.06 L	F	Kelsey Heatlie	20	BENS EKV	31/10/2015	CGA Level 2/3 gala No 2
43	39.23 L	P	Phillippa Manners-Wood	19	MATI CED	16/12/2015	KZN Speedo Provincial Championships
44	39.27 L	F	Tanya Abrie	20	WATR JHB	19/09/2015	CGA Level 2/3 Gala No 1
45	39.61 L	F	Caitlin Kat	23	MATI CED	15/08/2015	WP SENIOR LEAGUE SUMMER 1
46	39.72 L	F	Andrea Hector	45	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
47	39.80 L	F	Bridget Van Breda	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
48	39.81 L	F	Megan Skidmore	23	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
49	39.88 L	F	Annemarie Dressler	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
50	40.01 L	F	Michele Esterhuizen	43	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
51	40.24 L	F	Aletta Steenkamp	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
52	40.59 L	P	Tarryn Holmes	20	UNIQ JHB	07/07/2015	KZN SPEEDO PRESTIGE
53	40.81 L	F	Nicole Lewis	20	FINS EZD	16/10/2015	Uniswim Spar Summer Gala
54	40.82 L	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015
55	41.17 L	F	Leandi Toerien	19	TASC LP	16/10/2015	Limpopo HS Topskole 2015
56	41.43 L	F	Katherine Bihl	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
57	41.49 L	P	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015
58	41.84 L	F	Edith Ottermann	49	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
59	42.09 L	F	Minnie-Lize Olivier	36	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
60	42.28 L	F	Julia Anderson	19	CADO CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
61	42.35 L	F	Zoli de Kock	31	POTC KKD	03/12/2015	NWS Championships 2015/2016
62	42.36 L	P	Jessica Vd Merwe	19	FLOD JHB	29/06/2015	Sasol National Championship 2015
63*	42.38 L	F	Claire Amner	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
63*	42.38 L	F	Terry-Ann Matley	58	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
65	42.44 L	F	Ingrid Coetzee	19	GREY CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
66	42.47 L	F	Lisa Du Plessis	44	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
67	42.67 L	F	Marguerite Young	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
68	42.93 L	F	Carol Mason	52	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
69	42.94 L	F	Lynne Callanan	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
70	43.01 L	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015
71*	43.05 L	F	Deborah Bradley	48	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
71*	43.05 L	F	Eurika Scholtz	42	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
73	43.09 L	F	Ash-Leigh Robson	20	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
74	43.11 L	F	Moneque Roos	32	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
75	43.74 L	F	Leigh Gannon	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
76	44.54 L	F	Shelly-Ann King	21	SEAL UMD	28/08/2015	KZN Beavers Winter LongCourse
77	44.84 L	F	Ruth Smith	52	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
78	44.86 L	F	Courtney Musson	21	AQUB NMA	29/08/2015	Nedbank Madibaz swim meet 2015
79	44.94 L	P	Maritza Snyders	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
80	45.26 L	F	Kelly Jamieson	28	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
81	45.27 L	F	Annette Thatcher	64	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
82	45.58 L	F	Jane Last	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
83	45.80 L	F	Amy Fraser	20	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
84	46.05 L	F	Tezna Abrahams	20	CADO CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
85	46.28 L	F	Terry Thompson	53	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
86	46.29 L	F	Marijke Kostelijk	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
87	46.34 L	F	Kim Thomas	44	AQUA BUF	05/12/2015	Amajuba Distr 2015 Long Course
88	46.36 L	F	Kerry Hains	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
89	46.53 L	F	Deborah McHardy	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
90	46.64 L	F	Vivian Routledge	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
91	46.68 L	F	Justine Johnson	39	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
92	46.89 L	F	Dawn Ledbitter	22	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
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	Time	P/F/S	Name	Age/Yr			
93	46.90 L	F	Sonet Smit	39	PRKA PSD	07/01/2016	NOCASA Champs 2016
94	47.03 L	F	Carolyn van Niekerk	43	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
95	47.32 L	F	Kaylee Nancarrow	20	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
96	47.99 L	F	Beverley Shuttleworth	68	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
97	48.04 L	F	Janine Van Deventer	39	PRKA PSD	13/11/2015	Nocasa Age Group 2 KBY 2015
98	48.10 L	F	Joan Schiever	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
99	48.46 L	F	Elaine Alder	58	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
100	48.57 L	F	Helena Olivier	50	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
101	48.61 L	F	Catrina Mackenzie	60	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
102	48.86 L	F	Marchelle Moolman	41	POTC KKD	03/12/2015	NWS Championships 2015/2016
103	48.92 L	P	Deidre Van Biljon	43	VICT EKU	03/12/2015	EGA Championships 2015
104	49.10 L	F	Christine Donnelly	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
105	49.18 L	F	Cecilia Avis	45	POTC KKD	03/12/2015	NWS Championships 2015/2016
106	49.44 L	F	Martinette Du Toit	23	NCASA FBD	30/01/2016	4 + 1 Inter Provincial Gala 2016
107	49.47 L	F	Nina Pearse	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
108	49.62 L	F	Nicolette Struwig	43	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
109	50.07 L	F	Barbara Berridge	64	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
110*	50.18 L	F	Cornelia Fowler	35	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
110*	50.18 L	F	Susan Skidmore	47	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
112	50.63 L	F	Heather Goldstein	60	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
113	50.83 L	F	Michelle Bloxham	55	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
114	51.32 L	F	Jacqueline Russell	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	51.35 L	F	Alexandra Steyn	44	KEIK NMD	03/12/2015	NWS Championships 2015/2016
116	51.91 L	F	Anne Jones	70	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
117	52.23 L	F	Phillipina De Klerk	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
118	52.31 L	F	Lesley Lee	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
119	52.58 L	F	René Allner	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
120	53.31 L	F	Santa Van Jaarsveld	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
121	53.53 L	F	Jeanne Loxton	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
122	53.64 L	F	Maretha Heymans	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
123	54.23 L	F	Angelika Sandri	65	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
124	54.87 L	F	Therese Russell	68	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
125	56.14 L	F	Dawn Du Rand	57	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
126	56.87 L	F	Lynda Benjamin	65	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
127	57.10 L	F	Marie Breitenbach	63	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
128	57.17 L	F	Gillian Tregenna	74	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
129	57.29 L	F	Claire Murray	25	BEAV ETH	28/08/2015	KZN Beavers Winter LongCourse
130	57.31 L	F	Elizabeth Marais	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
131	57.60 L	F	Rentia Oosthuizen	24	PEAS NMA	06/11/2015	Freda Barnard Gala 34
132	57.65 L	F	Melisa van Bosch	24	NDSA ETH	27/11/2015	KZN TYR Westville Sprints 2015
133	58.30 L	F	Hesta Moller	57	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
134	58.53 L	F	Nina-Marie Watson	51	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
135	59.75 L	F	Helen Lawless	66	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
136	59.94 L	F	Bronwyn Ramathula	26	BEAV ETH	27/11/2015	KZN TYR Westville Sprints 2015
137	1:00.89 L	F	Lize-Marie Naude	20	CARN EKU	26/09/2015	EGA Summer 1
138	1:00.92 L	F	Anita Louw	58	VIKI BO	06/11/2015	BCA November Age Group Gala
139	1:02.19 L	F	Martini Coetzee	45	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
140	1:02.36 L	F	Mercia Ferreira	67	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
141	1:02.64 L	F	Elizabeth Lordan	74	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
142	1:03.07 L	F	Cheryl Arbuthnot	57	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
143	1:03.69 L	F	Therese Dixon	43	AMAK BO	12/02/2016	BCA February Age Group Gala 2016
144	1:06.86 L	F	Jane Hulley	73	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
145	1:06.96 L	F	Donnée Dixon	25	ASA CPT	06/02/2016	WP JACK CURRIE CHAMPS
146	1:08.92 L	F	Merle Angelos	71	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
147	1:10.72 L	F	Shanei Nel	28	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
148	1:13.13 L	F	Elizabeth Ledbitter	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
149	1:13.60 L	P	Tracy McKay	46	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
150	1:15.12 L	F	Eugenie McLachlan	76	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
151	1:16.20 L	F	Diane Hughes	69	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
152	1:17.59 L	F	Jean Dick	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
153	1:18.46 L	F	Patricia Hanson	78	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
154	1:28.70 L	F	Wendy Muir	74	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
155	1:32.30 L	F	Patricia Ings	47	ACSA ETH	27/11/2015	KZN TYR Westville Sprints 2015	
156	1:33.13 L	F	Tiffany Pereira	20	CRSC JHB	19/09/2015	CGA Level 2/3 Gala No 1	
157	1:39.65 L	F	Wendy Saunders	80	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
Women Open - 100 Breast								
1	1:08.30 L	P	Franco Jonker	23	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
2	1:08.48 L	P	Tara-Lynn Nicholas	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
3	1:10.11 L	S	Taryn Mackenzie	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
4	1:11.55 L	F	Kelly Gunnell	22	MDOL JHB	11/12/2015	Amsterdam Swim Cup 2015	
5	1:12.40 L	P	Justine Macfarlane	20	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
6	1:14.55 L	F	Claire Rolt	34	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
7	1:14.76 L	P	Johanna Els	19	KOVS MAN	06/11/2015	Fina -Mastbank Swimming World Cup	
8	1:15.73 L	P	Hannah Kastigar	20	ASC SD	06/08/2015	2015 phillips 66 National Championships	
9	1:16.11 L	P	Courtney Perrett	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
10	1:16.52 L	P	Nikita Hodgson	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
11	1:16.57 L	F	Tilka Paljk	19	TUKS FSH	03/12/2015	NTS Championships 2015	
12	1:17.20 L	P	Brie Parker	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
13	1:17.25 L	F	Caitlin Truter	19	ASA CPT	04/12/2015	WP SUMMER CHAMPS	
14	1:17.37 L	F	Bernitia Hess	20	PAQU CED	04/12/2015	WP SUMMER CHAMPS	
15	1:17.70 L	F	Cassie Shear	20	MDOL JHB	05/12/2015	Vita-thion CGA Champs	
16	1:17.73 L S	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
17	1:17.90 L	F	Sarah Jorgensen	19	NMMU NMA	04/12/2015	NMBA Championships 2015	
18	1:18.07 L S	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
19	1:18.40 L	P	Jessica De Beer	21	FLOD JHB	03/12/2015	EGA Championships 2015	
20	1:18.85 L	P	Natalie Maritz	20	TUKS FSH	03/12/2015	NTS Championships 2015	
21	1:18.99 L	F	Jessica Whelan	19	STAD JHB	23/01/2016	CGA Level 2-3 gala No 4	
22	1:19.06 L	F	Michaela Diaz	19	TUKS FSH	03/12/2015	NTS Championships 2015	
23	1:19.17 L	F	Tasmynne Roe	23	SGUL ETH	07/07/2015	KZN SPEEDO PRESTIGE	
24	1:20.96 L	F	Michelle Nieuwstad	22	MATI CED	04/12/2015	WP SUMMER CHAMPS	
25	1:21.71 L	P	Licinda Kleynhans	19	TUKS FSH	03/12/2015	NTS Championships 2015	
26	1:22.14 L	P	Kirstyn Fourie	19	MATI CED	26/02/2016	2016 Grand Prix Invitation Swimming	
27	1:22.78 L	F	Genna Greevelink	21	PEAS NMA	26/06/2015	PEA Winter Gala 2015	
28	1:23.16 L	F	Mia Russell	40	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
29	1:23.23 L	F	Danielle Masters	19	TUKS FSH	16/10/2015	NTS October Age Group 2015 Level 2+3	
30*	1:23.29 L	F	Caitlin Kat	23	MATI CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2	
30*	1:23.29 L	F	Vidette Coetzee	26	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015	
32	1:23.38 L	F	Tarryn Els	19	PEAS NMA	26/06/2015	PEA Winter Gala 2015	
33	1:23.40 L	F	Wendy Cook	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
34	1:23.55 L	F	Anna Lennox	19	EAGA LP	31/10/2015	Limpopo Age Group 4	
35	1:23.93 L	F	Sally Ralfe	42	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
36	1:24.55 L	F	Kelsey Heatlie	20	EGA EKU	24/09/2015	NTS Invitational Gala 2015	
37	1:25.18 L	F	Thilde Victor	34	VICT EKU	26/09/2015	EGA Summer 1	
38	1:25.61 L	F	Debra Nortje	47	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
39	1:25.76 L	F	Claire Harrington	29	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
40	1:26.64 L	F	Shannon Austin	23	UWCA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2	
41	1:27.01 L S	P	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015	
42	1:27.03 L	F	Renelda Scholtz	19	SWAR WCD	12/09/2015	WP SENIOR LEAGUE SUMMER 2	
43	1:27.10 L	F	Bridget Van Breda	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
44	1:27.40 L S	F	Johanna Els	19	KOVS MAN	26/10/2015	FSA Championship 2015	
45	1:27.84 L	F	Tanya Abrie	20	WATR JHB	19/09/2015	CGA Level 2/3 Gala No 1	
46	1:28.05 L	F	Nicole Lewis	20	FINS EZD	27/11/2015	Mpumalanga Championships 2015	
47	1:28.30 L	F	Phillippa Manners-Wood	19	MATI CED	27/11/2015	KZN TYR Westville Sprints 2015	
48	1:28.40 L	F	Megan Hesse	21	PAC FSH	20/11/2015	NTS November Age Group 2015 Level	
49	1:28.68 L	F	Andrea Hector	45	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
50	1:28.72 L	F	Katherine Bihl	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
51	1:28.83 L	F	Annemarie Dressler	52	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
52	1:29.72 L	F	Chantel Smith	22	BLSS MAN	26/09/2015	Super Sport Seals Gala 2015	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
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	Time	P/F/S	Name	Age/Yr				
53	1:30.04 L	F	Anna-Lotte Retief	AR	BLOT MAN	16/10/2015	Otters Prestige Gala 2015	
54	1:30.15 L	F	Julia Anderson	19	CADO CPT	20/02/2016	WP Summer Qualifying Gala 2	
55	1:31.20 L	F	Michele Esterhuizen	43	NSA EZD	02/10/2015	MP AGE GROUP 1 - OCTOBER 2015	
56	1:31.28 L	F	Samantha Blaauw	20	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala	
57	1:31.87 L	F	Claire Amner	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
58	1:31.99 L	F	Aletta Steenkamp	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
59	1:32.85 L	F	Shelly-Ann King	21	SEAL UMD	28/08/2015	KZN Beavers Winter LongCourse	
60	1:33.21 L	F	Lynne Callanan	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
61	1:33.47 L	F	Megan Skidmore	23	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
62	1:33.48 L	F	Yvonne Smith	GR	BLOT MAN	12/09/2015	Otters Charity Gala	
63	1:33.56 L S	F	Jessica Vd Merwe	19	FLOD JHB	29/06/2015	Sasol National Championship 2015	
64	1:34.40 L	F	Minnie-Lize Olivier	36	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
65	1:35.01 L	F	Moneque Roos	32	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
66	1:35.48 L	F	Deborah Bradley	48	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
67	1:36.81 L	F	Lisa Du Plessis	44	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
68	1:36.92 L	F	Christelle Kriel	21	NSA EZD	02/10/2015	MP AGE GROUP 1 - OCTOBER 2015	
69	1:36.94 L	F	Marguerite Young	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
70	1:37.87 L	F	Terry-Ann Matley	58	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
71	1:37.92 L	F	Kelly Jamieson	28	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
72	1:39.00 L	F	Nina Naude	43	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
73	1:39.36 L	P	Maritza Snyders	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
74	1:39.55 L	F	Eurika Scholtz	42	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
75	1:41.49 L	F	Annette Thatcher	64	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
76	1:41.60 L	F	Amy Fraser	20	NEWS ADJ	30/01/2016	Newcastle Elite Championships	
77	1:41.88 L	F	Jane Last	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
78	1:42.40 L	F	Tezna Abrahams	20	CADO CPT	30/10/2015	WP SUMMER QUALIFY GALA 1	
79	1:42.77 L	F	Marijke Kosteljik	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
80	1:42.83 L	F	Carolyn van Niekerk	43	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
81	1:43.36 L	F	Terry Thompson	53	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
82	1:43.51 L	F	Ruth Smith	52	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
83	1:44.76 L	F	Joan Schiever	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
84	1:44.90 L	F	Elaine Alder	58	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
85	1:46.18 L	F	Deidre Van Biljon	43	VICT EKV	26/09/2015	EGA Summer 1	
86	1:46.39 L	F	Jennifer Ireland	65	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
87	1:46.69 L	F	Christine Donnelly	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
88	1:47.46 L	P	Cornelia Fowler	35	KLOO ETH	07/07/2015	KZN SPEEDO PRESTIGE	
89	1:48.03 L	F	Mariëke Bouwer	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
90	1:50.35 L	F	Janine Van Deventer	39	PRKA PSD	28/11/2015	Nocasa Age Group 3 KBY 2015	
91	1:50.56 L	F	Susan Skidmore	47	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
92	1:50.68 L	F	Marchelle Moolman	41	POTC KKD	03/12/2015	NWS Championships 2015/2016	
93	1:51.08 L	F	Martinette Du Toit	23	UPTS ZMD	07/01/2016	NOCASA Champs 2016	
94	1:51.32 L	F	Beverly Shuttleworth	68	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
95	1:51.39 L	F	Catrina Mackenzie	60	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
96	1:51.86 L	F	Helena Olivier	50	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
97	1:52.63 L	F	Kaylee Nancarrow	20	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
98	1:52.77 L	F	Barbara Berridge	64	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
99	1:54.22 L	F	Alexandra Steyn	44	KEIK NMD	21/11/2015	NWS Age Group 3 2015/2016	
100	1:54.90 L	F	Jacqueline Russell	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
101	1:55.24 L	F	Heather Goldstein	60	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
102	1:56.38 L	F	Santa Van Jaarsveld	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
103	1:57.64 L	F	Jeanne Loxton	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
104	1:58.34 L	F	Loraine Hicks	39	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
105	1:59.98 L	F	Angelika Sandri	65	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
106	2:00.89 L	F	Maretha Heymans	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
107	2:03.23 L	F	Rentia Oosthuizen	24	PEAS NMA	04/12/2015	NMBA Championships 2015	
108	2:03.98 L	F	Pam Reynecke	61	CSCM TSH	03/12/2015	NTS Championships 2015	
109	2:04.72 L	F	Claire Murray	25	BEAV ETH	16/12/2015	KZN Speedo Provincial Championships	
110	2:05.44 L	F	Melisa van Bosch	24	NDSA ETH	27/11/2015	KZN TYR Westville Sprints 2015	
111	2:07.93 L	F	Lynda Benjamin	65	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
112	2:09.31 L	F	Lize-Marie Naude	20	CARN EKU	26/09/2015	EGA Summer 1
113	2:09.60 L	F	Marcilla Russell	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
114	2:09.91 L	F	Janet Whittal	55	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
115	2:11.64 L	F	Gillian Tregenna	74	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
116	2:12.64 L	F	Elizabeth Marais	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
117	2:15.30 L	F	Bronwyn Ramathula	26	BEAV ETH	24/10/2015	eThekwini Age Group Gala 5
118	2:16.53 L	F	Isabella McLaren	66	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
119	2:22.93 L	F	Donnée Dixon	25	ASA ETH	12/09/2015	WP SENIOR LEAGUE SUMMER 2
120	2:23.62 L	F	Elizabeth Lordan	74	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
121	2:32.38 L	P	Beth Nothling	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
122	2:35.85 L	F	Ingrid Vorwerk Marren	64	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
123	2:43.99 L	F	Merle Angelos	71	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
124	2:48.64 L	F	Jean Dick	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
125	2:50.73 L	F	Eugenie McLachlan	76	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
126	2:58.19 L	F	Diane Hughes	69	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
127	2:59.02 L	F	Patricia Hanson	78	COEL FSH	03/12/2015	NTS Championships 2015
128	3:10.66 L	F	Tracy McKay	46	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
129	3:14.96 L	F	Patricia Ings	47	ACSA ETH	16/12/2015	KZN Speedo Provincial Championships
130	3:26.54 L	F	Wendy Muir	74	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
131	4:05.86 L	F	Wendy Saunders	80	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
Women Open - 200 Breast							
1	2:28.70 L	S	Franco Jonker	23	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
2	2:31.52 L	F	Kelly Gunnell	22	RSA	06/09/2015	11th All African Games-Brazzaville 2015
3	2:32.62 L	F	Taryn Mackenzie	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
4	2:35.31 L	S	Tara-Lynn Nicholas	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
5	2:35.58 L	F	Kirsty Mc Lauchlan	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
6	2:36.28 L	F	Justine Macfarlane	20	WATR JHB	04/07/2015	Pescara Naiadi Swim Cup
7	2:44.90 L	F	Claire Rolt	34	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
8	2:46.48 L	P	Caitlin Truter	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
9	2:47.83 L	P	Nikita Hodgson	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
10	2:47.96 L S	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
11	2:49.26 L	F	Cassie Shear	20	MDOL JHB	19/09/2015	CGA Level 2/3 Gala No 1
12	2:49.44 L S	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
13	2:50.48 L	F	Sarah Jorgensen	19	NMMU NMA	04/12/2015	NMBA Championships 2015
14	2:50.61 L	F	Brie Parker	19	SEAL UMD	27/11/2015	KZN TYR Westville Sprints 2015
15	2:51.11 L	F	Bernita Hess	20	PAQU CED	04/12/2015	WP SUMMER CHAMPS
16	2:51.65 L	F	Jessica De Beer	21	FLOD JHB	05/12/2015	Vita-thion CGA Champs
17	2:51.74 L	P	Tilka Pajk	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
18	2:52.53 L S	F	Michaela Diaz	19	TUKS FSH	03/12/2015	NTS Championships 2015
19	2:57.35 L	F	Danielle Masters	19	TUKS FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
20	2:58.70 L	P	Kirsten Coetzee	19	AZON ETH	07/07/2015	KZN SPEEDO PRESTIGE
21	3:00.20 L	P	Licinda Kleynhans	19	NWUC KKD	18/03/2016	SA Level 3 National Age Group Champs
22	3:00.67 L	F	Michelle Nieuwstad	22	MATI CED	04/12/2015	WP SUMMER CHAMPS
23	3:00.77 L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015
24	3:01.15 L	F	Kelsey Heatlie	20	EGA EKU	24/09/2015	NTS Invitational Gala 2015
25	3:04.71 L	F	Debra Nortje	47	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
26	3:08.19 L	F	Bridget Van Breda	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
27	3:08.47 L	F	Wendy Cook	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
28	3:14.15 L	F	Annemarie Dressler	52	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
29	3:15.04 L	F	Julia Anderson	19	CADO CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
30	3:15.36 L	F	Claire Amner	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
31	3:16.39 L	P	Jessica Vd Merwe	19	FLOD JHB	29/06/2015	Sasol National Championship 2015
32	3:16.58 L S	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015
33	3:18.58 L	F	Katherine Bihl	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
34	3:21.31 L	F	Samantha Blaauw	20	NWUC KKD	03/12/2015	NWS Championships 2015/2016
35	3:22.17 L	F	Michele Esterhuizen	43	NSA EZD	02/10/2015	MP AGE GROUP 1 - OCTOBER 2015
36	3:22.39 L	F	Andrea Hector	45	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
37	3:25.96 L	F	Christelle Kriel	21	NSA EZD	27/11/2015	Mpumalanga Championships 2015
38	3:29.35 L S	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
39	3:30.88 L	F	Aletta Steenkamp	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
40	3:33.37 L	F	Moneque Roos	32	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
41	3:43.55 L	F	Terry-Ann Matley	58	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
42	3:44.32 L	F	Jane Last	55	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
43	3:45.37 L	F	Annette Thatcher	64	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
44	3:45.40 L	F	Carolyn van Niekerk	43	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
45	3:45.47 L	F	Jennifer Ireland	65	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
46	3:46.08 L	F	Maria Fuchs	52	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
47	3:48.32 L	F	Terry Thompson	53	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
48	3:50.31 L	F	Deidre Van Biljon	43	VICT ECU	03/12/2015	EGA Championships 2015
49	3:50.60 L	F	Joan Schiever	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
50	3:50.89 L	F	Dawn Ledbitter	22	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
51	3:53.58 L	F	Ruth Smith	52	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
52	3:56.95 L	F	Susan Skidmore	47	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
53	3:57.30 L	F	Christine Donnelly	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
54	3:59.25 L	F	Beverley Shuttleworth	68	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
55	3:59.58 L	F	Cornelia Fowler	35	KLOO ETH	16/12/2015	KZN Speedo Provincial Championships
56	4:04.08 L	F	Michelle Bloxham	55	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
57	4:08.65 L	F	Heather Goldstein	60	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
58	4:09.93 L	F	Santa Van Jaarsveld	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
59	4:10.12 L	F	Barbara Berridge	64	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
60	4:13.74 L	F	Rentia Oosthuizen	24	PEAS NMA	04/12/2015	NMBA Championships 2015
61	4:15.36 L	F	Loraine Hicks	39	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
62	4:18.41 L	F	Maretha Heymans	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
63	4:19.90 L	F	Melisa van Bosch	24	NDSA ETH	16/12/2015	KZN Speedo Provincial Championships
64	4:31.68 L	F	Marcilla Russell	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
65	4:32.77 L	F	Janet Whittall	55	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
66	4:42.30 L	F	Claire Murray	25	BEAV ETH	14/11/2015	eThekweni Age Group Gala 6
67	4:43.83 L	F	Lynda Benjamin	65	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
68	4:46.79 L	F	Gillian Tregenna	74	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
69	5:05.45 L	F	Elizabeth Lordan	74	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
70	5:38.64 L	F	Ingrid Vorwerk Marren	64	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
71	6:11.10 L	F	Jean Dick	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
72	6:25.53 L	F	Diane Hughes	69	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
73	7:20.19 L	F	Wendy Muir	74	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
74	8:52.08 L	F	Wendy Saunders	80	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
Women Open - 50 Fly							
1	26.39 L	F	Vanessa Mohr	21	RSA	06/09/2015	11th All African Games-Brazzaville 2015
2	27.13 L	F	Marne Erasmus	20	RSA ZZ	04/07/2015	28th Summer Universiade
3	27.16 L	F	Jessica Ashley-Cooper	23	UWCA CPT	26/02/2016	2016 Grand Prix Invitation Swimming
4	28.28 L	F	Peggy De Villiers	22	ASA WP	17/08/2015	World Deaf Swimming Champs 2015
5	28.55 L	F	Lehesta Kemp	26	PSC FSH	03/12/2015	NTS Championships 2015
6	28.67 L	F	Emma Chelius	19	MATI CED	16/12/2015	KZN Speedo Provincial Championships
7	28.94 L	F	Odile Dauvellier	22	TUKS FSH	26/02/2016	2016 Grand Prix Invitation Swimming
8	28.98 L	F	Rene' Warnes	24	SGUL ETH	15/08/2015	KZN Age Group Gala 2
9	29.03 L	F	Megan Hesse	21	PAC FSH	03/12/2015	NTS Championships 2015
10	29.09 L	P	Tayla Lovemore	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
11	29.23 L	F	Tarryn Els	19	PEAS NMA	05/02/2016	2016 Grand Prix Invitation Swimming
12	29.37 L	F	Natasha Vd Walt	20	WATR JHB	10/10/2015	Waterborn Invitational
13	29.45 L	P	Chanelle Van Wyk	26	CYBE CPT	04/12/2015	WP SUMMER CHAMPS
14	29.48 L	P	Danica McWilliam	20	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
15	29.50 L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015
16	29.68 L	F	Megan Scott	24	NOYX ECU	03/12/2015	EGA Championships 2015
17	29.83 L	F	Marli Jacobs	21	MATI CED	04/12/2015	WP SUMMER CHAMPS
18	29.86 L	F	Jessica MacDonald	19	SGUL ETH	07/07/2015	KZN SPEEDO PRESTIGE
19*	29.93 L	F	Tracy Gous	40	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
19*	29.93 L	F	Tazlin Birch	26	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
21	29.99 L	F	Kirstyn Fourie	19	MATI CED	04/12/2015	NMBA Championships 2015
22	30.02 L	F	Cornell Loubser	21	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
23	30.11 L	F	Courtney Perrett	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
24	30.14 L	F	Johanna Els	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
25	30.18 L	F	Anna-Lotte Retief	AR	BLOT MAN	04/12/2015	WP SUMMER CHAMPS
26	30.21 L	F	Thilde Victor	34	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
27	30.45 L	F	Jessica Whelan	19	STAD JHB	05/12/2015	Vita-thion CGA Champs
28	30.54 L	F	Bernitia Hess	20	PAQU CED	04/12/2015	WP SUMMER CHAMPS
29	30.68 L	F	Trudi Maree	27	MATI CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2
30	30.83 L	P	Caitlin Kat	23	MATI CED	19/02/2016	2016 Grand Prix Invitation Swimming
31	30.89 L	F	Tamlyn Price	21	AQUB NMA	26/06/2015	PEA Winter Gala 2015
32	30.93 L	F	Michelle Wessels	23	FLOD JHB	10/10/2015	Waterborn Invitational
33	30.96 L	P	Michelle Pistorius	23	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
34	31.00 L	P	Emma Kinghorn	19	MATI CED	07/07/2015	KZN SPEEDO PRESTIGE
35	31.01 L	P	Louisa De Jongh	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
36	31.04 L	F	Samantha Blaauw	20	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016
37	31.06 L S	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
38	31.12 L	P	Tasmynne Roe	23	SGUL ETH	07/07/2015	KZN SPEEDO PRESTIGE
39*	31.14 L	F	Carmel Billson	23	ACSA ETH	15/08/2015	KZN Age Group Gala 2
39*	31.14 L	F	Chantel Blignaut	FR	BLOT MAN	12/09/2015	Otters Charity Gala
41	31.29 L	F	Pamela Hendry	24	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
42	31.42 L	F	Edith Ottermann	49	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
43	31.43 L	F	Lauren Billson	21	MATI CED	04/12/2015	NMBA Championships 2015
44	31.54 L	F	Michele Esterhuizen	43	NSA EZD	20/02/2016	MP Age Group 5 - 20 February 2016
45	31.56 L	F	Antonelle Saporta	35	AQUB NMA	26/06/2015	PEA Winter Gala 2015
46	31.74 L	P	Vicky Van der Merwe	20	TUKS TSH	03/12/2015	NTS Championships 2015
47	31.77 L	F	Megan Skidmore	23	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
48	31.91 L	F	Sarah Jorgensen	19	NMMU NMA	03/10/2015	Aquabeer Invitational Meet
49	31.99 L	F	Claire Rolt	34	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
50	32.01 L	P	Caitlin Truter	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
51	32.04 L	P	Licinda Kleynhans	19	TUKS TSH	03/12/2015	NTS Championships 2015
52	32.05 L	P	Tarryn Holmes	20	UNIQU JHB	07/07/2015	KZN SPEEDO PRESTIGE
53	32.13 L	F	Nicole Lewis	20	FINS EZD	27/11/2015	Mpumalanga Championships 2015
54	32.14 L	F	Angela Marlton	32	AZON ETH	10/10/2015	Waterborn Invitational
55	32.15 L	F	Simone White	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
56	32.16 L	F	Lezandre Wolmarans	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
57	32.40 L	F	Lauren Bezuidenhout	26	KLOO ETH	29/06/2015	Sasol National Championship 2015
58	32.41 L	P	Kirsten Coetzee	19	AZON ETH	07/07/2015	KZN SPEEDO PRESTIGE
59	32.58 L	F	Seonaid Leech	20	STAD JHB	21/11/2015	CGA Level 2/3 Gala No 3
60	32.66 L	F	Ingrid Coetzee	19	GREY CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
61	32.78 L S	F	Johanna Els	19	KOVS MAN	26/10/2015	FSA Championship 2015
62*	32.82 L	F	Tanya Abrie	20	WATR JHB	31/10/2015	CGA Level 2/3 gala No 2
62*	32.82 L	F	Maxine Koller	26	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
62*	32.82 L	F	Erika Scheepers	32	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
65	33.01 L	F	Jaki Fagan	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
66	33.29 L	F	Christelle Kriel	21	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
67	33.30 L	F	Renelda Scholtz	19	SWAR WCD	12/09/2015	WP SENIOR LEAGUE SUMMER 2
68	33.38 L	F	Delwen Henderson	28	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
69*	33.45 L	F	Zoli de Kock	31	POTC KKD	03/12/2015	NWS Championships 2015/2016
69*	33.45 L	F	Tanya Osborne	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
71	33.58 L	F	Joanne Vreenegoor	34	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
72	33.63 L	P	Jessica De Beer	21	FLOD JHB	29/06/2015	Sasol National Championship 2015
73	33.64 L	P	Brie Parker	19	SEAL UMD	07/07/2015	KZN SPEEDO PRESTIGE
74	33.75 L	F	Kelli-Ann Moulton	37	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
75	33.78 L	F	Melene Klinck	20	KOVS MAN	19/09/2015	Neptune Volvo Spring Gala 2015
76	33.97 L	F	Suné Breed	19	LIMSC LP	16/10/2015	Limpopo HS Topskole 2015
77	33.98 L	F	Shannon Austin	23	UWCA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
78	34.01 L	F	Tilka Paljk	19	USC BUF	06/05/2015	2015 Cana Zone IV Swimming
79	34.19 L	F	Barbara Fraatz	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
80	34.38 L	F	Michaela Van Niekerk	19	VINE CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
81	34.50 L	F	Phillipa Bishop	33	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
82	34.61 L	P	Nikita Hodgson	21	KLOO ETH	29/06/2015	Sasol National Championship 2015
83	34.62 L	F	Yvonne Smith	GR	BLOT MAN	12/09/2015	Otters Charity Gala
84	34.85 L	F	Aletta Steenkamp	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
85	35.00 L	F	Heather Campbell	60	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
86	35.33 L	F	Wendy Cook	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
87	35.68 L	F	Gail McCarney	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
88	35.75 L	F	Kim Foster	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
89	35.84 L	F	Courtney Musson	21	AQUB NMA	29/08/2015	Nedbank Madibaz swim meet 2015
90	35.91 L	F	Michaela Diaz	19	TUKS TSH	20/11/2015	NTS November Age Group 2015 Level
91	36.08 L	P	Kelsey Heatlie	20	STAD JHB	05/12/2015	Vita-thion CGA Champs
92	36.14 L	F	Hasinrina Boulter	32	WATR JHB	10/10/2015	Waterborn Invitational
93	36.36 L	F	Leigh Gannon	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
94	36.41 L	F	Amanda Robertson	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
95	36.44 L	F	Shirley Carey	41	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
96	36.45 L	F	Karen Kennedy	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
97	36.50 L	F	Patricia Reen	59	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
98	36.56 L	F	Kerry Hains	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
99	36.58 L	F	Amy Fraser	20	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
100	36.62 L	F	Minnie-Lize Olivier	36	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
101*	36.96 L	F	Lynne Callanan	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
101*	36.96 L	F	Kelly McWilliam	37	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
103	37.73 L	F	Kaylee Nancarrow	20	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
104	37.79 L	F	Julia Anderson	19	CADO CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
105	37.95 L	F	Megan Hugo	19	BLSS MAN	19/09/2015	Neptune Volvo Spring Gala 2015
106	38.11 L	F	Sanderina Kruger	66	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
107	38.39 L	F	Lisa Du Plessis	44	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
108	38.88 L	F	Maritza Snyders	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
109	39.82 L	F	Martinette Du Toit	23	UPTS ZMD	04/12/2015	NOCASA Sprints 2015
110	40.26 L	F	Jane Last	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
111	41.60 L	F	Elizabeth Craig	71	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
112	41.71 L	F	Lesley Lee	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
113	42.25 L	F	Janetha Lion-Cachet	61	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
114	42.72 L	F	Morag Bromfield	63	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	42.73 L	F	Alexandra Steyn	44	KEIK NMD	21/11/2015	NWS Age Group 3 2015/2016
116	43.08 L	F	Mary Brimble	61	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
117	43.79 L	F	Janine Welgemoed	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
118	44.58 L	F	Zarina Patel	45	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
119	45.46 L	F	Nicolette Struwig	43	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
120	45.82 L	F	Lize-Marie Naude	20	CARN ECU	30/01/2016	EGA Summer 4
121	46.03 L	F	Monica Hefer	47	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
122	47.17 L	F	Linda Crawford	66	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
123	47.52 L	F	Colleen Bailey	61	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
124	48.80 L	F	Deidre Van Biljon	43	VICT ECU	26/09/2015	EGA Summer 1
125	48.84 L	F	Judith Collins	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
126	49.40 L	F	Catrina Mackenzie	60	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
127	49.50 L	F	Jacqueline Hayselden	60	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
128	51.09 L	F	Rosemary Clark	67	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
129	51.40 L	F	Helena Delport	31	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
130	51.42 L	F	Songo Mfikili	23	HARL BUF	26/11/2015	Buffalo City Championships 2015
131	51.62 L	P	Adri Visser	28	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
132	51.89 L	F	Phillipina De Klerk	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
133	52.10 L	F	Donn�e Dixon	25	ASA ETH	12/09/2015	WP SENIOR LEAGUE SUMMER 2
134	x53.02 L	P	Melisa van Bosch	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
135	53.90 L	F	Helen Lawless	66	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
136	54.11 L	F	Jeanne Loxton	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
137	56.41 L	F	Rentia Oosthuizen	24	PEAS NMA	04/12/2015	NMBA Championships 2015
138	57.99 L	F	Angelika Sandri	65	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
139	58.27 L	F	Barbara Pedersen	64	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
140	58.33 L	F	Bronwyn Ramathula	26	BEAV ETH	28/08/2015	KZN Beavers Winter LongCourse

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
141	58.49 L	F	Dawn Rottanburg	57	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
142	1:02.73 L	F	Gillian Tregenna	74	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
143	1:04.26 L	F	Tracy McKay	46	SGUL ETH	14/11/2015	eThekweni Age Group Gala 6
144	1:05.80 L	F	Cheryl Arbuthnot	57	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
145	1:10.64 L	F	Claire Murray	25	BEAV ETH	14/11/2015	eThekweni Age Group Gala 6
146	1:21.78 L	F	Winifred Gray	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
Women Open - 100 Fly							
1	59.92 L	F	Marne Erasmus	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
2	1:00.21 L	F	Vanessa Mohr	21	TUKS TSH	26/02/2016	2016 Grand Prix Invitation Swimming
3	1:01.11 L	S	Jessica Ashley-Cooper	23	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
4	1:01.48 L	F	Rene' Warnes	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
5	1:01.84 L	S	Tayla Lovemore	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
6	1:03.69 L	F	Peggy De Villiers	22	ASA WP	17/08/2015	World Deaf Swimming Champs 2015
7	1:04.17 L	F	Tarryn Els	19	PEAS NMA	19/02/2016	2016 Grand Prix Invitation Swimming
8	1:04.29 L	S	Marli Jacobs	21	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
9	1:04.43 L	S	Odile Dauvellier	22	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016
10	1:04.99 L	S	Emma Chelius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
11	1:05.09 L	S	Caitlin Kat	23	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
12	1:06.14 L S	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015
13	1:06.39 L S	P	Megan Hesse	21	PAC TSH	03/12/2015	NTS Championships 2015
14	1:06.60 L	F	Louisa De Jongh	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
15	1:06.64 L	F	Lehesta Kemp	26	PSC TSH	16/10/2015	NTS October Age Group 2015 Level 2+3
16	1:06.87 L	F	Pamela Hendry	24	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
17	1:07.40 L	F	Cornell Loubser	21	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
18	1:07.49 L S	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015
19	1:07.64 L	F	Kirstyn Fourie	19	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
20	1:07.66 L	F	Natasha Vd Walt	20	WATR JHB	26/06/2015	Modulo Treviso Cup
21	1:07.96 L	F	Lauren Billson	21	MATI CED	04/12/2015	NMBA Championships 2015
22	1:08.45 L	F	Bernitia Hess	20	PAQU CED	04/12/2015	WP SUMMER CHAMPS
23	1:08.47 L	F	Chantel Blignaut	FR	BLOT MAN	25/02/2016	LEAGUE GALA 3
24	1:09.75 L	F	Danica McWilliam	20	WATR JHB	26/06/2015	Modulo Treviso Cup
25	1:10.84 L	F	Tazlin Birch	26	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
26	1:11.10 L	F	Samantha Blaauw	20	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
27	1:11.16 L	F	Kathryn Nurse	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
28	1:11.78 L S	P	Emma Kinghorn	19	MATI CED	07/07/2015	KZN SPEEDO PRESTIGE
29	1:11.81 L S	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
30	1:12.16 L S	F	Tarryn Holmes	20	UNIQ JHB	07/07/2015	KZN SPEEDO PRESTIGE
31	1:12.53 L S	P	Licinda Kleynhans	19	TUKS TSH	03/12/2015	NTS Championships 2015
32	1:12.60 L	F	Antonelle Saporta	35	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
33	1:12.64 L	F	Michele Esterhuizen	43	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
34	1:12.76 L	F	Jess-Keir Neely	19	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
35	1:12.89 L	P	Caitlin Truter	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
36	1:13.01 L	F	Cecilia Stanford	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
37	1:13.89 L S	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
38	1:14.48 L	F	Thilde Victor	34	VICT EKU	03/12/2015	EGA Championships 2015
39	1:14.90 L	F	Vicky Van der Merwe	20	TUKS TSH	27/11/2015	KZN TYR Westville Sprints 2015
40	1:14.94 L S	F	Brie Parker	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
41	1:14.99 L	F	Shannon Austin	23	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
42	1:15.09 L	F	Nina Finch	19	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
43	1:15.11 L	F	Simone White	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
44	1:15.22 L	F	Bianca Troup	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
45	1:15.95 L	F	Erika Scheepers	32	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
46	1:16.21 L	F	Nicole Lewis	20	FINS EZD	27/11/2015	Mpumalanga Championships 2015
47	1:16.42 L	F	Maxine Koller	26	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
48	1:16.57 L	F	Tanya Osborne	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
49	1:17.06 L	F	Delwen Henderson	28	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
50	1:17.16 L	F	Christelle Kriel	21	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
51	1:20.07 L	F	Barbara Fraatz	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
52	1:20.23 L	F	Mia Russell	40	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
53	1:22.05	L	F	Yvonne Smith	GR	BLOT MAN	16/10/2015	Otters Prestige Gala 2015
54	1:22.78	L	F	Jean Degenaar	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
55	1:24.65	L	F	Kim Foster	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
56	1:25.79	L	F	Sandra Dorlas	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
57	1:29.03	L	F	Justine Johnson	39	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
58	1:29.90	L	F	Joanne Vreenegoor	34	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
59	1:31.02	L	F	Hasinrina Boulter	32	WATR JHB	10/10/2015	Waterborn Invitational
60	1:35.62	L	F	Maritza Snyders	19	BEAV ETH	28/08/2015	KZN Beavers Winter LongCourse
61	1:39.36	L	F	Alison McBey	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
62	1:40.29	L	F	Maria Fuchs	52	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
63	1:41.77	L	F	Tezna Abrahams	20	CADO CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
64	1:41.78	L	F	Jennifer Ireland	65	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
65	1:45.62	L	F	Janetha Lion-Cachet	61	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
66	1:53.29	L	F	Donnée Dixon	25	ASA CPT	12/02/2016	Paarl Night Invitational Gala
67	1:56.06	L	F	Adri Visser	28	STAD JHB	05/12/2015	Vita-thion CGA Champs
68	1:56.47	L	F	Colleen Bailey	61	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
69	1:57.19	L	F	Elizabeth Craig	71	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
70	2:00.22	L	F	Helen Lawless	66	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
71	2:00.46	L	F	Rosemary Clark	67	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
72	2:03.38	L	F	Heather Goldstein	60	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
73	2:03.54	L	F	Melisa van Bosch	24	NDSA ETH	28/08/2015	KZN Beavers Winter LongCourse
74	2:03.74	L	F	Ruth Smith	52	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
75	2:06.55	L	F	Rentia Oosthuizen	24	PEAS NMA	04/12/2015	NMBA Championships 2015
76	2:11.04	L	F	Dawn Rottanburg	57	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
77	3:05.73	L	F	Winifred Gray	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
Women Open - 200 Fly								
1	2:12.96	L	F	Rene' Warnes	24	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
2	2:15.19	L	P	Hannah Kastigar	20	ASC SD	06/08/2015	2015 phillips 66 National Championships
3	2:19.85	L	F	Tarryn Els	19	PEAS NMA	05/02/2016	2016 Grand Prix Invitation Swimming
4	2:22.13	L	S	Marli Jacobs	21	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
5	2:24.78	L	S	Caitlin Kat	23	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
6	2:25.90	L	F	Vanessa Mohr	21	TUKS TSH	03/12/2015	NTS Championships 2015
7	2:32.55	L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015
8	2:32.93	L	S	Cornell Loubser	21	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
9	2:34.11	L	F	Bernitia Hess	20	PAQU CED	15/08/2015	WP SENIOR LEAGUE SUMMER 1
10	2:42.72	L	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015
11	2:48.65	L	F	Zoli de Kock	31	POTC KKD	03/12/2015	NWS Championships 2015/2016
12	2:51.21	L	F	Bianca Troup	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
13	2:53.69	L	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
14	2:55.88	L	F	Cecilia Stanford	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
15	3:02.30	L	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
16	3:16.81	L	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015
17	3:17.22	L	F	Kim Foster	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
18	3:18.57	L	F	Sandra Dorlas	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
19	3:30.72	L	F	Joanne Vreenegoor	34	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
20	3:42.58	L	F	Hasinrina Boulter	32	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
21	3:50.25	L	F	Maria Fuchs	52	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
22	3:55.26	L	F	Angela Finlay	41	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
23	4:02.53	L	F	Donnée Dixon	25	ASA CPT	20/02/2016	WP Summer Qualifying Gala 2
24	4:05.58	L	F	Linda Crawford	66	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
25	4:30.07	L	F	Carole Bridges	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
26	4:36.84	L	F	Elizabeth Craig	71	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
27	4:52.52	L	F	Dawn Rottanburg	57	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
Women Open - 200 IM								
1	2:18.49	L	P	Hannah Kastigar	20	ASC SD	06/08/2015	2015 phillips 66 National Championships
2	2:18.98	L	F	Rene' Warnes	24	RSA	06/09/2015	11th All African Games-Brazzaville 2015
3	2:19.29	L	S	Kirsty Mc Lauchlan	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
4	2:21.81	L	S	Johanna Els	19	FS MAN	10/04/2016	Sa National Aquatic Championship 2016

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	2:22.77 L	F	Jessica Whelan	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
6	2:25.09 L	F	Jessica Ashley-Cooper	23	UWCA CPT	04/12/2015	WP SUMMER CHAMPS
7	2:25.84 L	F	Caitlin Kat	23	MATI CED	04/12/2015	WP SUMMER CHAMPS
8	2:28.37 L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015
9	2:28.42 L	P	Brie Parker	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
10	2:29.57 L	F	Tarryn Els	19	PEAS NMA	03/10/2015	Aquabear Invitational Meet
11	2:31.37 L	F	Lauren Billson	21	MATI CED	04/12/2015	NMBA Championships 2015
12	2:31.46 L	F	Danica McWilliam	20	WATR JHB	04/07/2015	Pescara Naiadi Swim Cup
13	2:31.66 L	F	Bernitia Hess	20	PAQU CED	04/12/2015	WP SUMMER CHAMPS
14	2:31.88 L	F	Michelle Weber	19	SGUL ETH	27/11/2015	KZN TYR Westville Sprints 2015
15	2:33.08 L	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
16	2:33.44 L	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
17	2:33.67 L	F	Jessica MacDonald	19	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse
18	2:33.76 L S	P	Tasmynne Roe	23	SGUL ETH	07/07/2015	KZN SPEEDO PRESTIGE
19	2:33.81 L S	F	Emma Kinghorn	19	MATI CED	07/07/2015	KZN SPEEDO PRESTIGE
20	2:34.38 L	P	Amy Barnes	19	TYGE CPT	04/12/2015	WP SUMMER CHAMPS
21	2:34.80 L	F	Johanna Els	19	KOVS MAN	05/02/2016	LEAGUE GALA
22	2:35.47 L	F	Kelly McCann	22	AZON ETH	01/08/2015	KZN Age Group Gala 1
23	2:35.56 L	P	Licinda Kleynhans	19	NWUC KKD	18/03/2016	SA Level 3 National Age Group Champs
24	2:36.15 L	P	Caitlin Truter	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
25	2:36.39 L	F	Tarryn Stanford	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
26	2:36.56 L	F	Chantel Blignaut	FR	BLOT MAN	11/02/2016	LEA GUE GALA
27	2:37.09 L	F	Samantha Blaauw	20	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016
28	2:38.10 L	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015
29	2:38.38 L	F	Jessica De Beer	21	FLOD JHB	05/12/2015	Vita-thion CGA Champs
30	2:38.66 L	F	Seonaid Leech	20	STAD JHB	29/06/2015	Eliminatoria Assoluti
31	2:39.65 L	P	Nikita Hodgson	21	KLOO ETH	16/12/2015	KZN Speedo Provincial Championships
32	2:40.02 L	P	Michaela Van Niekerk	19	VINE CPT	04/12/2015	WP SUMMER CHAMPS
33	2:40.38 L	P	Tanya Abrie	20	WATR JHB	05/12/2015	Vita-thion CGA Champs
34	2:41.49 L	F	Lezandre Wolmarans	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
35	2:41.84 L	F	Claire Harrington	29	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
36	2:42.29 L	F	Cecilia Stanford	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
37	2:43.07 L	F	Sarah Jorgensen	19	NMMU NMA	03/10/2015	Aquabear Invitational Meet
38	2:43.87 L	F	Carina Hambloch	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
39	2:44.03 L	F	Antonelle Saporta	35	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
40	2:44.99 L	F	Tazlin Birch	26	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
41	2:45.28 L	F	Bridget Van Breda	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
42	2:45.45 L	F	Tamlyn Price	21	AQUB NMA	26/06/2015	PEA Winter Gala 2015
43	2:45.47 L	F	Cornell Loubser	21	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
44	2:46.46 L	F	Simone White	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
45	2:47.01 L	F	Erika Scheepers	32	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
46	2:47.07 L	F	Christelle Kriel	21	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
47	2:47.28 L	F	Tilka Paljk	19	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
48	2:47.83 L	F	Dawn Schutte	19	SGUL ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
49	2:48.71 L	F	Michele Esterhuizen	43	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
50	2:49.28 L	F	Natalie Maritz	20	TUKS FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
51	2:49.37 L	F	Kelsey Heatlie	20	BENS EKU	29/08/2015	Adrian Grafe Memorial Gala
52	2:49.57 L	F	Zoli de Kock	31	POTC KKD	03/12/2015	NWS Championships 2015/2016
53	2:49.86 L	F	Anna Lennox	19	EAGA LP	27/11/2015	Limpopo Champs 27-29 November 2015
54	2:50.64 L	F	Megan Albertyn	42	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
55	2:51.57 L	F	Tanya Osborne	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
56	2:53.49 L	F	Claire Amner	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
57	2:53.52 L	F	Bianca Troup	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
58	2:53.67 L	F	Michaela Diaz	19	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
59	x2:53.68 L	F	Lara Wantenaar	35	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
60	2:53.80 L	F	Debra Nortje	47	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
61	2:54.13 L	F	Sabrina Kaszechki	19	SASE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
62	2:55.28 L	F	Phillippa Manners-Wood	19	MATI CED	07/11/2015	WP SENIOR LEAGUE SUMMER 4
63	2:56.10 L	F	Jaki Fagan	41	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
64	2:57.16 L	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015
65	2:58.14 L	F	Leandi Toerien	19	TASC LP	16/10/2015	Limpopo HS Topskole 2015
66	2:58.16 L	F	Natalie Goedhals	31	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
67	2:58.20 L	F	Mia Russell	40	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
68	2:58.23 L	F	Phillipa Bishop	33	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
69	2:58.37 L	F	Suné Breed	19	LIMSC LP	16/10/2015	Limpopo HS Topskole 2015
70	2:58.48 L	F	Barbara Fraatz	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
71	3:00.11 L	F	Samantha Hunter	29	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
72	3:00.58 L	F	Annezell Van Staden	20	TUKS TSH	14/08/2015	NTS August Combined Age Group Gala
73	3:01.21 L	F	Jean Degenaar	56	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
74	3:02.19 L	F	Megan Hugo	19	BLSS MAN	19/09/2015	Neptune Volvo Spring Gala 2015
75	3:05.58 L	F	Joanne Vreenegoor	34	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
76	3:06.21 L	F	Jessica Vd Merwe	19	FLOD JHB	17/10/2015	EGA Summer 2_17 Oct 2015
77	3:08.66 L	F	Justine Johnson	39	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
78	3:09.59 L	F	Kelly McWilliam	37	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
79	3:09.69 L	F	Kim Carey	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
80	3:11.39 L	F	Maritza Snyders	19	BEAV ETH	27/11/2015	KZN TYR Westville Sprints 2015
81	3:11.73 L	F	Rebecca Newman	23	BEST NMA	29/08/2015	Nedbank Madibaz swim meet 2015
82	3:15.12 L	F	Vivian Routledge	58	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
83	3:15.71 L	F	Marieke Bouwer	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
84*	3:16.43 L	F	Denise Bosman	57	BEST NMA	03/10/2015	Aquabear Invitational Meet
84*	3:16.43 L	F	Kim Foster	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
86	3:18.63 L	F	Maryann Davie	59	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
87	3:18.79 L	F	Hasinrina Boulter	32	WATR JHB	10/10/2015	Waterborn Invitational
88	3:19.53 L	F	Alison McBey	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
89	3:21.62 L	F	Maria Fuchs	52	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
90	3:22.73 L	F	Marguerite Young	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
91	3:23.20 L	F	Angela Finlay	41	BEST NMA	03/10/2015	Aquabear Invitational Meet
92	3:23.37 L	F	Ronel Wallis	44	WATR JHB	10/10/2015	Waterborn Invitational
93	3:24.40 L	F	Maureen Mons	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
94	3:26.88 L	F	Annette Thatcher	64	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
95	3:28.41 L	F	Janine Welgemoed	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
96	3:28.51 L	F	Lorraine Hicks	39	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
97	3:28.67 L	F	Jennifer Ireland	65	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
98	3:30.06 L	F	Janetha Lion-Cachet	61	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
99	3:30.91 L	F	Cornelia Fowler	35	KLOO ETH	16/12/2015	KZN Speedo Provincial Championships
100	3:32.56 L	F	Carolyn van Niekerk	43	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
101	3:32.64 L	F	Tezna Abrahams	20	CADO CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
102	3:32.81 L	F	Jane Last	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
103	3:40.82 L	F	Elizabeth Craig	71	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
104	3:43.77 L	F	Monica Hefer	47	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
105	3:52.56 L	F	Denise Collignon	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
106	x3:53.29 L	P	Melisa van Bosch	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
107	3:53.81 L	F	Jacqueline Hayselden	60	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
108	3:58.72 L	F	Donnée Dixon	25	ASA CPT	06/02/2016	WP JACK CURRIE CHAMPS
109	3:58.93 L	F	Carole Bridges	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
110	4:02.81 L	F	Helen Lawless	66	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
111	4:06.65 L	F	Joan Schiever	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
112	4:08.66 L	F	Ethelwyn Van Niekerk	68	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
113	4:08.88 L	F	Bronwyn Ramathula	26	BEAV ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
114	4:09.23 L	F	Heather Goldstein	60	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	4:11.82 L	F	Rentia Oosthuizen	24	PEAS NMA	04/12/2015	NMBA Championships 2015
116	4:12.03 L	F	Helena Delpont	31	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
117	4:20.42 L	P	Lize-Marie Naude	20	CARN EKV	29/06/2015	Sasol National Championship 2015
118	4:29.05 L	F	Gillian Tregenna	74	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
119	4:33.75 L	F	Songo Mfikili	23	HARL BUF	26/11/2015	Buffalo City Championships 2015
120	4:36.19 L	F	Marcilla Russell	47	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
121	4:37.09 L	F	Adri Visser	28	STAD JHB	05/12/2015	Vita-thion CGA Champs
122	4:58.92 L	F	Tracy McKay	46	SGUL ETH	23/01/2016	eThekwi Age Group Gala 7

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
123	5:22.89 L	F	Florence Burbidge	52	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
124	5:54.62 L	F	Diane Hughes	69	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
125	6:33.86 L	F	Patricia Ings	47	ACSA ETH	16/12/2015	KZN Speedo Provincial Championships	
Women Open - 400 IM								
1	4:49.38 L	P	Hannah Kastigar	20	ASC SD	03/12/2015	2015 AT& T Winter National Cha	
2	4:53.92 L	F	Rene' Warnes	24	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships	
3	4:53.98 L	F	Kirsty Mc Lauchlan	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
4	4:58.44 L	F	Jessica Whelan	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
5	5:01.03 L	F	Johanna Els	19	FS MAN	10/04/2016	Sa National Aquatic Championship 2016	
6	5:12.53 L	F	Caitlin Kat	23	MATI CED	04/12/2015	WP SUMMER CHAMPS	
7	5:16.68 L	F	Kyna Pereira	20	KLOO ETH	29/06/2015	Sasol National Championship 2015	
8	5:23.82 L	F	Amy Barnes	19	TYGE CPT	04/12/2015	WP SUMMER CHAMPS	
9	5:25.90 L	F	Tarryn Els	19	PEAS NMA	26/06/2015	PEA Winter Gala 2015	
10	5:29.41 L	F	Michelle Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
11	5:29.73 L	F	Tarryn Stanford	29	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
12	5:29.98 L	F	Carmen Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
13	5:33.19 L	F	Bernitia Hess	20	PAQU CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2	
14	5:39.86 L	F	Shannon Austin	23	UWCA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2	
15	5:41.65 L	F	Anna-Lotte Retief	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
16	5:51.88 L	F	Cecilia Stanford	54	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
17	5:54.10 L	F	Zoli de Kock	31	POTC KKD	03/12/2015	NWS Championships 2015/2016	
18	5:57.74 L	F	Cornell Loubser	21	NWUC KKD	31/10/2015	NWS Age Group 2 1516	
19	5:57.91 L	F	Simone White	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
20	6:00.03 L	F	Jessica De Beer	21	FLOD JHB	29/06/2015	Sasol National Championship 2015	
21	6:00.12 L	F	Samantha Blaauw	20	NWUC KKD	03/12/2015	NWS Championships 2015/2016	
22	6:01.40 L	F	Bridget Van Breda	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
23	6:02.14 L	F	Bianca Troup	42	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
24	6:05.51 L	F	Michaela Van Niekerk	19	VINE CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2	
25	6:05.55 L	F	Kathryn Nurse	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
26	6:05.67 L	F	Carina Hambloch	36	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
27	6:08.11 L	F	Claire Amner	42	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
28	6:11.27 L	F	Tanya Osborne	43	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
29	6:23.13 L	F	Yvonne Smith	GR	BLOT MAN	26/10/2015	FSA Championship 2015	
30	6:35.22 L	F	Phillipa Bishop	33	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
31	6:43.20 L	F	Justine Johnson	39	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
32	6:54.00 L	F	Marieke Bouwer	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
33	6:54.53 L	F	Denise Bosman	57	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
34	7:00.82 L	F	Kim Foster	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
35	7:06.84 L	F	Alison McBey	45	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
36	7:16.85 L	F	Angela Finlay	41	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
37	7:17.08 L	F	Hasinrina Boulter	32	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
38	7:19.37 L	F	Maureen Mons	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
39	7:22.54 L	F	Jennifer Ireland	65	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
40	7:37.95 L	F	Loraine Hicks	39	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
41	8:00.70 L	F	Elizabeth Craig	71	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
42	8:04.72 L	F	Denise Collignon	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
43	8:22.00 L	F	Carole Bridges	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
44	8:26.02 L	F	Donnée Dixon	25	ASA CPT	20/02/2016	WP Summer Qualifying Gala 2	
45	8:35.18 L	F	Marissa Rollnick	64	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
46	8:35.43 L	F	Ruth Smith	52	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
47	8:44.89 L	F	Heather Goldstein	60	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
48	8:46.77 L	F	Ethelwyn Van Niekerk	68	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
49	10:23.11 L	F	Dawn Rottanburg	57	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
Men 50 Free								
1	21.87 L	F	Bradley Tandy	24	SEAL UMD	03/12/2015	2015 AT& T Winter National	
2	22.22 L	F	Chad Le Clos	24	SGUL ETH	06/11/2015	Fina -Mastbank Swimming World Cup	
3	22.26 L	P	Douglas Erasmus	26	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016	
4	22.28 L	F	Roland Schoeman	35	TUKS TSH	06/08/2015	2015 phillips 66 National Championships	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
5	22.77 L	F	Caydon Muller	20	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup	
6	22.79 L	F	Luke Pendock	22	RSA ZZ	04/07/2015	28th Summer Universiade	
7	22.88 L	S	Timothy Squires	24	ASC SD	03/12/2015	2015 AT& T Winter National Cha	
8	22.90 L	P	Ryan Coetzee	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
9	22.92 L	F	Reynard Wessels	21	FS MAN	10/04/2016	Sa National Aquatic Championship 2016	
10*	22.98 L	F	Clayton Jimmie	20	RSA	06/09/2015	11th All African Games-Brazzaville 2015	
10*	22.98 L	S	Brett Walsh	22	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
12	23.23 L	S	Armand Maritz	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
13	23.37 L	S	Simon Pheasant	24	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016	
14	23.44 L	F	Byron Doyle	22	TUKS FSH	03/12/2015	NTS Championships 2015	
15	23.55 L	F	Nico Meyer	24	MDOL JHB	26/02/2016	2016 Grand Prix Invitation Swimming	
16	23.57 L	S	Alaric Basson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016	
17	23.60 L	P	Devon Brown	23	SGUL ETH	11/12/2015	Amsterdam Swim Cup 2015	
18	23.62 L	F	Tyrone Skea	28	ONYX EKU	22/01/2016	2016 Victorian Open Championships	
19	23.64 L	T	Marshall Seedorff	26	ASC SD	03/12/2015	Time Trials - 2015 AT& T Winter Nats	
20	23.67 L	P	Craig Emslie	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
21	23.70 L	P	Calvyn Justus	20	SGUL ETH	02/11/2015	Fina -Mastbank Swimming World Cup	
22	23.73 L	F	Giulio Zorzi	27	TUKS FSH	03/12/2015	NTS Championships 2015	
23	23.79 L	F	Jarryd Hoole	20	VIKI BO	16/12/2015	KZN Speedo Provincial Championships	
24	23.82 L	P	Jacques Van Wyk	23	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup	
25	23.87 L	F	Gerard Naus	24	FAAC FBD	24/10/2015	Flamingo Gala 2015	
26	23.90 L	P	Gerhard Zandberg	33	TUKS FSH	03/12/2015	NTS Championships 2015	
27*	23.91 L	P	Peter Wetzlar	19	WSTV ETH	13/06/2015	XXXIIIeme Int de Natation de	
27*	23.91 L S	P	Chad Idensohn	19	SEAL UMD	07/07/2015	KZN SPEEDO PRESTIGE	
29	23.97 L	S	Joshua Barry	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
30	24.00 L	F	Eben Vorster	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships	
31*	24.01 L	F	Matthew Bowers	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS	
31*	24.01 L	F	Richard Ellis	28	WATR JHB	10/10/2015	Waterborn Invitational	
33	24.02 L	F	Christopher King	30	VINE CPT	04/12/2015	WP SUMMER CHAMPS	
34	24.06 L	F	Martin Binedell	20	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015	
35	24.08 L S	P	Daniel Ronaldson	19	WSTV ETH	07/07/2015	KZN SPEEDO PRESTIGE	
36*	24.10 L L	F	Bryce Pendock	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
36*	24.10 L	P	Joshua Walters	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
38*	24.17 L S	F	Damen Pheiffer	21	MDOL JHB	07/07/2015	KZN SPEEDO PRESTIGE	
38*	24.17 L	P	Marno Langeveldt	22	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
40	24.18 L	F	Lee Geeson	21	WSTV ETH	16/12/2015	KZN Speedo Provincial Championships	
41	24.24 L	F	Alard Basson	20	NMMU NMA	05/02/2016	2016 Grand Prix Invitation Swimming	
42*	24.29 L	F	Heinrich Schoeman	26	WATR JHB	10/10/2015	Waterborn Invitational	
42*	24.29 L	P	Doron BENJAMIN	24	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
44	24.35 L L	F	Bradley Reen	39	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
45	24.37 L	F	Gareth Wilhelm	20	CYBE CPT	04/12/2015	WP SUMMER CHAMPS	
46	24.41 L L	F	Connor Phillips	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
47	24.43 L	F	Nicolaas Deacon	21	TUKS FSH	03/12/2015	NTS Championships 2015	
48	24.44 L	F	Willem Scheepers	29	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala	
49	24.45 L	P	Johan Lourens	20	TUKS FSH	03/12/2015	NTS Championships 2015	
50	24.48 L	F	Keanu Silent	19	UWCA CPT	05/02/2016	2016 Grand Prix Invitation Swimming	
51	24.50 L	P	Vincent Delagey	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
52	24.52 L	P	Pieter Loubser	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
53	24.54 L	P	David Van Der Colff	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
54*	24.57 L S	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015	
54*	24.57 L L	F	Dean Coetzee	31	BOKS EKU	03/12/2015	EGA Championships 2015	
56	24.68 L	F	Kyle Baxter	24	WATR JHB	10/10/2015	Waterborn Invitational	
57	24.71 L	F	Reynier Pretorius	21	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships	
58	24.74 L	F	Henrico Harris	20	MATI CED	04/12/2015	WP SUMMER CHAMPS	
59	24.75 L	F	Mel Stronkhorst	24	KSC EZD	27/11/2015	Mpumalanga Championships 2015	
60	24.76 L	P	Liam Fourie	21	MATI CED	04/12/2015	WP SUMMER CHAMPS	
61	24.82 L	P	Raul Henney	20	FS MAN	10/04/2016	Sa National Aquatic Championship 2016	
62	24.89 L L	F	Timothy Simpson	21	HASC JHB	05/12/2015	Vita-thion CGA Champs	
63	25.02 L	F	Bryan Gray	19	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
64	25.12 L	F	Ockert Maritz	19	SS LP	19/09/2015	Limpopo Age Group 3
65	25.13 L	F	Jacobus Olivier	21	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
66	25.18 L	F	Shaun De Villiers	23	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
67	25.25 L	P	Francois Rossouw	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
68	25.26 L	F	Luke Isemonger	21	SGUL ETH	03/10/2015	KZN Age Group 4
69	25.29 L	P	Bradley Van Staden	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
70	25.31 L	F	Warrick Gems	19	STAD JHB	23/01/2016	CGA Level 2-3 gala No 4
71*	25.34 L	F	Brenden Crawford	20	STAD JHB	29/06/2015	Eliminatoria Assoluti
71*	25.34 L	P	Dagyn Davis-Hannibal	19	QUEST FSH	03/12/2015	NTS Championships 2015
73*	25.36 L	F	Ralph Goveia	20	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
73*	25.36 L	P	Kyle Morris	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
75	25.39 L	F	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS
76	25.40 L	F	Hardus Louw	21	POTC KKD	31/10/2015	NWS Age Group 2 1516
77	25.43 L	F	Mark Roach	19	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
78	25.44 L	F	Wiehann Kock	21	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
79	25.45 L	P	Pierre Theron	20	KOVS MAN	06/11/2015	Fina -Mastbank Swimming World Cup
80	25.47 L L	F	Ryno Markgraaff	41	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
81	25.49 L	F	Calvin Price	23	AQUB NMA	15/08/2015	1st A-League Gala 2015
82	25.50 L	P	Michael Jones	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
83	25.53 L	F	Brent Szurdoki	19	WATR JHB	23/01/2016	CGA Level 2-3 gala No 4
84	25.57 L	T	Bradley Schultz	23	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
85	25.58 L	F	Willem Steyn	19	EGA EKU	24/09/2015	NTS Invitational Gala 2015
86	25.62 L	F	Gregory Kotze	19	PEAS NMA	03/10/2015	Aquabear Invitational Meet
87	25.64 L	F	Roberto Marchi	19	HASC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
88	25.70 L	P	Michael Bowers	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
89	25.71 L	P	Apiwe Nkumbi	24	SUPE JHB	05/12/2015	Vita-thion CGA Champs
90	25.72 L	F	Bryan Tattersson	51	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
91	25.74 L	P	Johann Minnaar	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
92*	25.77 L	P	Jamie Jackson	20	NMMU NMA	03/10/2015	Aquabear Invitational Meet
92*	25.77 L	P	Trad Louw	20	ONYX EKU	03/12/2015	EGA Championships 2015
92*	25.77 L	P	Moegamat Davids	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
95	25.79 L	P	Jarred Stigant	19	WSAA CPT	04/12/2015	WP SUMMER CHAMPS
96	25.80 L	F	Philip Opperman	20	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
97*	25.81 L	F	Wayne Jones	21	BEST NMA	04/12/2015	NMBA Championships 2015
97*	25.81 L	P	Dylan van Pletzen	19	VIKI BO	16/12/2015	KZN Speedo Provincial Championships
99	25.84 L	P	Alexander Finney	22	WSAA CPT	04/12/2015	WP SUMMER CHAMPS
100	25.86 L	P	Armin Oberholster	19	WPA CPT	18/03/2016	SA Level 3 National Age Group Champs
101	25.90 L	F	Simon Thirsk	37	ELEC JHB	05/12/2015	Vita-thion CGA Champs
102	25.94 L	F	Christopher McGlynn	20	ACSA ETH	01/08/2015	KZN Age Group Gala 1
103*	25.98 L	F	Irfaan Essof	19	ATLA JHB	31/10/2015	CGA Level 2/3 gala No 2
103*	25.98 L	F	Blaine Kruger	20	USC BUF	26/11/2015	Buffalo City Championships 2015
105*	26.00 L	F	Quintin Van Staden	23	UWCA CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
105*	26.00 L	F	Paul Fryer	42	WATR JHB	10/10/2015	Waterborn Invitational
107*	26.02 L	P	Flavio Ferreri	20	TUKS FSH	09/01/2016	2016 Grand Prix Invitation Swimming
107*	26.02 L	P	Arno Pelsner	20	VINE CPT	04/12/2015	WP SUMMER CHAMPS
107*	26.02 L	F	Andrew Campbell	28	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
110	26.03 L	F	James Crowder	20	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
111	26.09 L	T	Harald Ruck	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
112	26.16 L	F	George Williams	19	ONYX EKU	03/12/2015	EGA Championships 2015
113	26.17 L	F	Ludick Nel	21	NWUC KKD	31/10/2015	NWS Age Group 2 1516
114	26.18 L	F	Edward Johannisen	21	NMMU NMA	26/06/2015	PEA Winter Gala 2015
115*	26.19 L	P	Brandon Beck	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
115*	26.19 L	P	Edwin Jeppe	24	CADO CPT	26/02/2016	2016 Grand Prix Invitation Swimming
117	26.20 L	F	Logan Duffy	20	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
118	26.21 L	P	Connor Leone	19	TUKS FSH	03/12/2015	NTS Championships 2015
119	26.22 L	F	Dimitri Kalamoudacos	22	WSTV ETH	27/11/2015	KZN TYR Westville Sprints 2015
120	26.27 L	F	Donn Stewart	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
121	26.31 L	F	Andre Steynberg	59	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
122*	26.33 L	P	Joshua Mills	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
122*	26.33 L	P	Taariq Hassiem	27	CADO CPT	04/12/2015	WP SUMMER CHAMPS
124	26.39 L	F	Harald Kruger	48	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
125*	26.40 L	F	Jacobus Gloak	23	HILL FSH	21/08/2015	NTS August Combined Age Group # 2 -
125*	26.40 L	F	Thomas Hansford	23	NMMU NMA	26/06/2015	PEA Winter Gala 2015
127	26.43 L	P	Stephanus Roodt	19	MATI CED	26/02/2016	2016 Grand Prix Invitation Swimming
128	26.45 L	P	Jayson Van der Walt	19	TUKS FSH	03/12/2015	NTS Championships 2015
129*	26.48 L	F	Anrich Kleynhans	22	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
129*	26.48 L	F	Werner Neitz	22	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
131	26.49 L S	F	Joshua Joubert	21	BLSS MAN	26/10/2015	FSA Championship 2015
132	26.56 L	F	Challis Wright	24	MDOL JHB	23/01/2016	CGA Level 2-3 gala No 4
133	26.57 L	P	Sphephelo Ntaka	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
134	26.61 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	05/12/2015	Amajuba Distr 2015 Long Course
135	26.62 L S	F	Ross Kincaid	19	KLOO ETH	29/06/2015	Sasol National Championship 2015
136	26.64 L	P	Johann Adriaanse	24	MATI CED	04/12/2015	WP SUMMER CHAMPS
137	26.65 L	F	Gert van Heerden	20	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
138*	26.74 L	P	Keenan George	19	MANT CPT	03/10/2015	Aquabear Invitational Meet
138*	26.74 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
140	26.77 L	P	Aiden Carvalho	19	STAD JHB	05/12/2015	Vita-thion CGA Champs
141	26.80 L	F	Byran Titus	22	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
142	26.86 L	F	Varish Ramautar	20	NEWS ADJ	28/08/2015	KZN Beavers Winter LongCourse
143	26.93 L	F	Brendon de Beer	20	MATL KKD	16/01/2016	NWS Age Group 4 1516
144	26.97 L	F	Dawid van Niekerk	20	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
145*	27.02 L	F	Cameron Fraser	19	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
145*	27.02 L	T	Hendrik Herbst	23	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
147*	27.11 L	F	Craig Groenewald	37	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
147*	27.11 L	F	Neil Steenkamp	38	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
149	27.15 L S	P	Rudolf Visser	19	CYBE CPT	07/07/2015	KZN SPEEDO PRESTIGE
150	27.19 L L	F	Jacques Pieters	43	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
151	27.21 L	P	Petrus Van Niekerk	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
152	27.23 L	P	Marceleno Thomas	20	SUPE JHB	05/12/2015	Vita-thion CGA Champs
153	27.24 L	F	Jacob Louw	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
154	27.25 L S	P	Marco' Smit	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
155*	27.28 L	F	Deon Johnstone	19	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
155*	27.28 L	F	Trevor du Plessis	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
157	27.33 L	P	Johandre Delpont	19	ESP EKU	03/12/2015	EGA Championships 2015
158	27.35 L	F	Nicolaas Karsten	25	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
159	27.36 L	F	Jared Burger	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
160	27.38 L L	F	Gary Albertyn	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
161	27.39 L	F	Lain Schutte	40	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
162*	27.47 L	F	Kent Field	19	MDOL JHB	07/11/2015	EGA Summer 3
162*	27.47 L	P	Johannes Van Coller	20	TUKS FSH	03/12/2015	NTS Championships 2015
164*	27.55 L	F	Wade Dannhauser	23	SGUL ETH	01/08/2015	KZN Age Group Gala 1
164*	27.55 L	F	Jean - Michel Alves	20	AEC JHB	17/10/2015	EGA Summer 2_17 Oct 2015
166	27.63 L	F	Achmat Hassiem	33	CADO CPT	04/12/2015	WP SUMMER CHAMPS
167	27.70 L L	F	Lwazi Deyi	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
168	27.74 L	T	Kevin Richards	52	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
169	27.77 L	P	Murray Bailes	34	PEAS NMA	03/10/2015	Aquabear Invitational Meet
170	27.81 L	P	Ethan Paulse	20	ASA CPT	04/12/2015	WP SUMMER CHAMPS
171	27.85 L	F	Andrin Linggi	22	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
172	28.00 L	F	Scott Gilchrist	38	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
173	28.04 L	F	Stephanus Steenekamp	19	DBSC SDD	26/09/2015	EGA Summer 1
174	28.06 L	F	Eric Nilsson	30	CSA EZD	27/11/2015	Mpumalanga Championships 2015
175	28.20 L	F	Avron Manchest	20	XSAQ CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
176	28.23 L	F	Trevor Morgan	56	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
177	28.25 L	F	Tyrone Clark	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
178	28.29 L	F	Aaron Putz	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
179	28.30 L S	P	Ntandoyenkosi Nxumalo	20	UMSH ETH	07/07/2015	KZN SPEEDO PRESTIGE
180	28.33 L	F	Hendrik Tryhou	39	CSA EZD	27/11/2015	Mpumalanga Championships 2015
181	28.34 L	F	Peter-John Duffy	46	AQUB NMA	03/10/2015	Aquabear Invitational Meet

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
182	28.41 L L	F	Timothy Shead	63	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
183	28.42 L	F	Jaundre Olivier	19	FAAC FBD	24/10/2015	Flamingo Gala 2015	
184	28.46 L	F	Grantham Manchest	24	XSAQ CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
185	28.52 L	F	Sean Pieterse	19	ISSC NMD	03/12/2015	NWS Championships 2015/2016	
186	28.56 L	F	Jan Pieterse	26	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
187	28.57 L	F	Barry Serfontein	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
188	28.59 L	F	Nkosinolwazi Mbatha	19	USH UJD	30/01/2016	Ushaka Championship Gala 2016	
189	28.80 L	F	Guy Mottram	49	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
190	28.87 L L	F	Gary Bradshaw	46	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
191	28.88 L	F	Mark Albertyn	45	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
192	28.89 L	F	Markus Burri	19	AQUB NMA	06/02/2016	Uitenhage Swimming Club Gala 2016	
193*	28.92 L	F	Alexander Haberstroh	37	TUKS TSH	18/09/2015	NTS September Age Group Gala 2015	
193*	28.92 L	F	Gregory Hough	43	AQUB NMA	03/10/2015	Aquabear Invitational Meet	
193*	28.92 L	F	André Alberts	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
196	28.93 L	F	Nigel Hendricks	57	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
197	29.00 L	F	Paul Stevenson	59	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
198*	29.03 L	F	Trevor Wright	31	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
198*	29.03 L S	P	Bongani Sillo	19	UMSH ETH	07/07/2015	KZN SPEEDO PRESTIGE	
200	29.05 L	F	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016	
201	29.07 L	F	Andrè Roothman	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
202	29.17 L	F	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
203	29.18 L	F	Gomolemo Khomo	20	TUKS TSH	20/11/2015	NTS November Age Group 2015 Level	
204*	29.19 L	F	Brendan Bromfield	50	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
204*	29.19 L	F	Terence Downes	67	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
206	29.23 L	F	Ebert Kleynhans	45	GHSK FBD	17/10/2015	NOCASA Age group 1 2015 KBY	
207	29.33 L L	F	Warren Aken	33	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
208	29.35 L	F	Nigel Cones	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
209	29.38 L	F	Clive Webb	43	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
210	29.40 L	F	Emile Levin	40	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
211	29.41 L L	F	Nicholas Orton	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
212	29.42 L	F	Salvatore Siviero	43	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
213	29.53 L	F	Mikyle Le Roux	19	LIMSC LP	16/10/2015	Limpopo HS Topskole 2015	
214	29.59 L	F	David Baker	28	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
215	29.64 L L	F	Francois Grobler	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
216	29.66 L L	F	Denis Rheeder	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
217	29.68 L	F	Rihan Landman	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
218	29.72 L	F	Jan Williams	46	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
219	29.73 L	F	Ernst van Gessellen	29	KEIK NMD	31/10/2015	NWS Age Group 2 1516	
220*	29.75 L	F	Vincent Frenz	26	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1	
220*	29.75 L	F	Peter Williams	47	WATR JHB	10/10/2015	Waterborn Invitational	
222	29.82 L	F	Mswane Tsabedze	19	MATL KKD	03/12/2015	NWS Championships 2015/2016	
223	29.94 L	F	Johan Snr Viljoen	47	UNI-M NGD	20/02/2016	MP Age Group 5 - 20 February 2016	
224	29.98 L	F	Sithokoza Zondi	21	WSTV ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015	
225*	30.03 L	F	Pieter Coetze	43	RBOT BPD	03/12/2015	NWS Championships 2015/2016	
225*	30.03 L	F	Royden Tustin	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
227	30.10 L	F	William Paxton	42	USH UJD	16/01/2016	Uthungulu District Age Group Gala	
228*	30.18 L	F	Grozelle Stoltz	34	CSA EZD	27/11/2015	Mpumalanga Championships 2015	
228*	30.18 L	F	Andre Nel	41	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
230	30.24 L	F	Craig Gnesin	39	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
231	30.32 L	F	Michael Winfield	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
232	30.36 L	F	Anton Allner	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
233	30.39 L	F	Aston Wilson	20	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala	
234	30.42 L	F	Charl Parkin	47	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016	
235	30.51 L	F	Leonardo Manelli	34	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
236	30.66 L S	P	David Coates	37	NDSA ETH	07/07/2015	KZN SPEEDO PRESTIGE	
237	30.69 L	F	Mark Goad	39	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
238	30.77 L	F	Bruce Rankin	52	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
239	30.80 L	F	Brett Mason	25	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
240	30.83 L	F	Sergio Carmona	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
241	30.88	L	F	Keith Gordon-Davis	55	ETSM	EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
242	30.91	L	F	Hendrik Theron	44	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
243	30.92	L	F	Derek Morris	58	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
244	30.99	L L	F	Guy Harker	60	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
245	31.01	L	F	Paul Alcock	55	HIGH	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
246	31.05	L	F	Alan Searle	41	BEST	NMA	06/11/2015 Freda Barnard Gala 34
247	31.15	L L	F	Glenn Steyn	55	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
248	31.17	L L	F	Frederik Liebenberg	52	BLMA	CPT	26/06/2015 PEA Winter Gala 2015
249	31.20	L	F	Louis(SNR) Venter	45	KALA	JTD	17/10/2015 NOCASA Age group 1 2015 KTU
250	31.24	L	F	Gerhard Van Rooijen	66	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
251	31.39	L	F	Robert Crowther	47	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
252	31.56	L	F	Douglas Wilson	68	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
253	31.57	L	F	Colin Hepburn	49	CYBE	CPT	03/10/2015 Aquabear Invitational Meet
254	31.61	L L	F	Peter Bennetto	62	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
255	31.65	L L	F	Raymond Baker	58	HIGH	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
256	31.66	L S	P	Maxmillian Carbonell Taylor	20	HREF	BPD	29/06/2015 Sasol National Championship 2015
257	31.70	L	F	Richard Joubert	46	CSA	EZD	27/11/2015 Mpumalanga Championships 2015
258	32.02	L L	F	James Gittings	56	PHOE	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
259	32.03	L	F	Andre' Maritz	39	GHSK	FBD	24/10/2015 Flamingo Gala 2015
260*	32.04	L	F	Sean Lindsay	41	TLAC	BPD	16/01/2016 NWS Age Group 4 1516
260*	32.04	L	F	Sandile Shezi	19	PISC	ETH	03/10/2015 KZN Age Group 4
262	32.05	L L	F	Douglas Howieson	63	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
263	32.08	L	F	Valentino Vergotine	28	XSAQ	CPT	04/12/2015 WP SUMMER CHAMPS
264	32.10	L L	F	Frederik Carstens	45	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
265	32.21	L	F	Johan Brand	55	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
266	32.30	L	F	Cornelis Uitenweerde	51	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
267	32.43	L L	F	Mahmud Adam	54	HIGH	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
268*	32.48	L	F	Benjamin Paine	49	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
268*	32.48	L	F	Michael Proome	30	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
270	32.51	L	F	Pierre Burger	49	NCASA	FBD	30/01/2016 4 + 1 Inter Provincial Gala 2016
271	32.57	L L	F	Roderick Holshausen	57	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
272	32.61	L	F	Francois Coetzee	46	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
273	32.65	L L	F	Craig Stanton	47	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
274	32.68	L	P	Sean O'Neil	31	KZNA	ETH	10/04/2016 Sa National Aquatic Championship 2016
275	32.75	L L	F	Wolfgang Fechter	54	HIGH	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
276*	33.22	L	F	Carl Theunissen	42	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
276*	33.22	L	F	Christoffel Grobler	51	AQUB	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
278	33.28	L	F	Kenneth Pattinson	51	AQUB	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
279*	33.32	L L	F	Najen Naidoo	35	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
279*	33.32	L	F	Michael Bolstridge	66	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
281	33.37	L	F	David Williams	28	KZNA	ETH	10/04/2016 Sa National Aquatic Championship 2016
282	33.38	L	F	Desmond Stieger	73	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
283	33.40	L L	F	Anthony Baker	59	HIGH	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
284	33.41	L	F	Stephen Angelos	47	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
285	33.44	L	F	Hylton Heggie	25	NDSA	ETH	03/10/2015 KZN Age Group 4
286	33.57	L L	F	Francis Searle	66	BEST	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
287*	33.65	L	F	Zimele Mhlanga	23	UMSH	ETH	28/08/2015 KZN Beavers Winter LongCourse
287*	33.65	L	F	James Hughes	72	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
289	33.77	L	F	David Blaauw	46	MATL	KKD	31/10/2015 NWS Age Group 2 1516
290	33.79	L	F	Petrus Van Dijk	60	ETSM	EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
291	34.34	L	F	Jean Du Toit	68	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
292	34.36	L	F	Matthew Longden	40	PHOE	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
293	34.46	L	F	Matthew Vreenegoor	35	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
294	34.57	L	F	Odirile Sesmoka	23	KOVS	MAN	16/10/2015 Otters Prestige Gala 2015
295	34.59	L	F	Guy Wilson	69	AQUB	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
296	34.63	L	F	Moses Malatji	23	CGA	JHB	10/04/2016 Sa National Aquatic Championship 2016
297	34.68	L	F	John Beneke	43	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
298	34.99	L	F	Brian Gordon-Davis	63	ETSM	EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
299	35.01	L	F	Derek Fyfe	75	COEL	FSH	16/03/2016 SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
300*	35.14 L	F	David Jaas	19	MATL KKD	31/10/2015	NWS Age Group 2 1516
300*	35.14 L	F	Ralph West	55	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
302	35.17 L	F	Allen Morrison	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
303	35.40 L	F	Derek vd Merwe	38	TLAC BPD	03/12/2015	NWS Championships 2015/2016
304	35.50 L	F	Mufaro Jonasi	24	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
305*	35.69 L L	F	Bjorn Selmer-Olsen	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
305*	35.69 L L	F	Willem Olivier	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
307	35.82 L	F	Pieter Bell	25	WHFC CED	06/02/2016	WP JACK CURRIE CHAMPS
308	35.84 L	F	Carel van Heerden	65	WAHO JHB	10/10/2015	Waterborn Invitational
309	35.85 L	F	Colin Gordon-Davis	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
310	36.07 L	P	Stephanus Coetzee	28	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
311	36.39 L	F	Jacob Bornman	25	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
312	36.43 L	F	J Davel	48	KALA JTD	17/10/2015	NOCASA Age group 1 2015 KTU
313	36.50 L	F	Brian Saunders	72	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
314	36.65 L	F	Graham Robinson	66	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
315	36.66 L	F	David de Beer	53	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
316	36.72 L L	F	Guy Keeling	62	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
317*	36.73 L	F	Peter Lundy	30	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse
317*	36.73 L S	F	Jacques Le Roux	40	AQUB NMA	13/02/2016	6th A-League Gala 2015
319	36.76 L	F	Wade Van Rensburg	41	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
320	36.79 L	F	Colin Whittal	59	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
321	37.25 L	F	Karl Hebbelmann	28	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse
322	37.33 L	F	Hercules Weideman	21	FISH EDD	13/02/2016	EDEN 6th A-League Gala
323	37.34 L	F	Jacobus Burger	66	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
324	37.35 L	F	Michael Pryke	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
325	37.49 L	F	Sarel Corrie	58	NCASA FBD	30/01/2016	4 + 1 Inter Provincial Gala 2016
326	37.76 L	F	Johan Muller	45	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
327	37.78 L	F	Johannes Hugo	26	MATI CED	06/02/2016	WP JACK CURRIE CHAMPS
328	38.32 L	F	Winton Myers	71	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
329	38.40 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016
330	38.41 L	F	Ntokozo Hlatshwayo	23	FSE UHD	16/01/2016	Uthungulu District Age Group Gala
331	39.07 L	F	Daniel Vile	63	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
332	39.38 L	F	Brody Eddie	21	PISC ETH	03/10/2015	KZN Age Group 4
333	39.48 L L	F	David McLachlan	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
334	39.87 L	F	Anton Harrop-Allin	70	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
335	40.84 L	F	James Saunders	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
336	40.94 L	F	Michael Cameron	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
337	41.20 L	F	Michael Townsend	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
338	42.02 L	F	Gifh Bongani	19	KWHA NGD	27/11/2015	Mpumalanga Championships 2015
339	42.08 L	P	Hendrik Vd Merwe	25	TUKS TSH	03/12/2015	NTS Championships 2015
340	43.62 L	F	Bernard Parkin	71	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
341	43.79 L	F	John Garson	77	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
342	44.89 L	F	Wilhelm Lineveldt	72	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
343	45.24 L	F	Wilhelmus Felix	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
344	46.20 L	F	Huge Braithwaite	74	AMAK BO	12/02/2016	BCA February Age Group Gala 2016
345	46.80 L	F	Bryan Jennings	70	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
346	48.28 L	F	Matthys Walters	47	BARR CPT	06/11/2015	Freda Barnard Gala 34
347	48.94 L	F	Josef Hillstrom	71	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
348	52.18 L	F	Peter Hutchings	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
349	56.85 L	F	Nkanyiso Masinga	27	WATR JHB	31/10/2015	CGA Level 2/3 gala No 2
350	1:05.15 L L	F	Arnold Beukes	85	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
351	1:11.62 L	P	Quinton Harris	34	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
352	1:18.25 L	F	Jean-Claude Oberholzer	19	EST EZD	19/09/2015	MP Xerox Sprint Gala - 19 September
353	1:20.63 L	F	Hendrik Park	83	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
354	1:26.91 L	F	Johann Romer	85	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
355	1:46.92 L	F	Tamane Sekgoane	19	KAH FDD	02/02/2016	NFS INTER HIGH SCHOOL
356	2:01.17 L L	F	Russel Wolpe	78	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
Men	100 Free						
1	48.16 L	F	Chad Le Clos	24	SGUL ETH	11/08/2015	Fina World Cup Moscow 2015

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
2	49.29 L	F	Clayton Jimmie	20	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
3	49.54 L	P	Douglas Erasmus	26	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
4	49.60 L	F	Roland Schoeman	35	TUKS FSH	06/08/2015	2015 phillips 66 National Championships
5	49.63 L	F	Caydon Muller	20	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup
6	49.88 L	F	Calvyn Justus	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
7	50.21 L	F	Devon Brown	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
8	50.44 L	F	Ryan Coetzee	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
9	50.50 L	S	Bradley Tandy	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
10	50.57 L	T	Timothy Squires	24	ASC SD	03/12/2015	Time Trials - 2015 AT& T Winter Nats
11	50.69 L	S	Brett Walsh	22	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
12	51.03 L	F	Christopher Reid	20	AQUB NMA	06/08/2015	2015 phillips 66 National Championships
13	51.14 L	F	Reynard Wessels	21	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
14	51.16 L	P	Craig Emslie	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
15	51.35 L	P	Armand Maritz	19	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup
16	51.41 L	P	Simon Pheasant	24	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
17	51.47 L	P	Tyrone Skea	28	ONYX EKU	22/01/2016	2016 Victorian Open Championships
18	51.75 L	P	Eben Vorster	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
19	51.88 L	P	Jacques Van Wyk	23	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup
20	51.90 L	F	Nico Meyer	24	MDOL JHB	26/02/2016	2016 Grand Prix Invitation Swimming
21	52.04 L	F	Alaric Basson	20	NMMU NMA	04/12/2015	NMBA Championships 2015
22	52.05 L	F	Byron Doyle	22	TUKS FSH	03/12/2015	NTS Championships 2015
23	52.20 L	P	Damen Pheiffer	21	MDOL JHB	07/07/2015	KZN SPEEDO PRESTIGE
24	52.21 L	F	Daniel Ronaldson	19	WSTV ETH	07/07/2015	KZN SPEEDO PRESTIGE
25	52.39 L L	F	Johan Lourens	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
26	52.43 L	P	Ruan Ras	19	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup
27	52.46 L	P	Jarryd Hoole	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
28	52.48 L	F	Willem du Plessis	19	BLSS MAN	07/07/2015	KZN SPEEDO PRESTIGE
29	52.51 L	P	Peter Wetzlar	19	WSTV ETH	13/06/2015	XXXIIIeme Int de Natation de
30*	52.53 L	F	Richard Ellis	28	WATR JHB	10/10/2015	Waterborn Invitational
30*	52.53 L L	F	Joshua Barry	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
32	52.54 L	P	Joshua Walters	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
33	52.64 L	P	Martin Binedell	20	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships
34	52.70 L	F	Christopher King	30	VINE CPT	04/12/2015	WP SUMMER CHAMPS
35	52.74 L	P	Jacobus Jv Rensburg	21	TUKS FSH	05/02/2016	2016 Grand Prix Invitation Swimming
36	52.84 L L	F	Matthew Bowers	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
37	52.89 L L	F	Alard Basson	20	NMMU NMA	03/10/2015	Aquabear Invitational Meet
38*	52.91 L	P	Reynier Pretorius	21	KOVS MAN	06/11/2015	Fina -Mastbank Swimming World Cup
38*	52.91 L	P	Keanu Silent	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
40	52.93 L	P	Nicolaas Deacon	21	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
41	53.02 L	F	Liam Fourie	21	MATI CED	04/12/2015	WP SUMMER CHAMPS
42	53.08 L	F	Willem Scheepers	29	NWUC KKD	03/12/2015	NWS Championships 2015/2016
43	53.13 L	P	Gareth Wilhelm	20	CYBE CPT	04/12/2015	WP SUMMER CHAMPS
44	53.21 L L	F	Connor Phillips	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
45	53.50 L	P	Henrico Harris	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
46	53.57 L	P	Doron BENJAMIN	24	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
47	53.65 L	P	Bryce Pendock	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
48	53.71 L	P	Raul Henney	JN	BLOT MAN	26/02/2016	2016 Grand Prix Invitation Swimming
49*	53.72 L	P	Dayne Odendaal	19	RSA	25/08/2015	5th FINA World Junior Swimming
49*	53.72 L	P	Lee Geeson	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
51	53.74 L S	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
52	53.78 L	F	Chad Idensohn	19	SEAL JMD	07/07/2015	KZN SPEEDO PRESTIGE
53	53.79 L L	F	Bradley Reen	39	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
54	53.91 L	P	Francois Rossouw	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
55	53.98 L	F	Brent Szurdoki	19	WATR JHB	26/06/2015	Modulo Treviso Cup
56	54.02 L	P	Vincent Delagey	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
57*	54.16 L	P	Brandon Norman	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
57*	54.16 L	P	Pieter Loubser	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
59	54.25 L	F	Gerard Naus	24	FAAC FBD	13/11/2015	Nocasa Age Group 2 KBY 2015
60*	54.33 L	F	David De Villiers	23	TUKS FSH	04/12/2015	WP SUMMER CHAMPS

Individual Top Times

Times since: 01-May-15

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Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
60*	54.33 L	F	Jarred Crous	19	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
62	54.63 L	P	Connor Leone	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
63	54.70 L	P	Dean Coetzee	31	BOKS EKU	05/02/2016	2016 Grand Prix Invitation Swimming
64	54.73 L	F	Timothy Simpson	21	HASC JHB	05/12/2015	Vita-thion CGA Champs
65	54.75 L	P	Jan vd Merwe	22	TUKS FSH	03/12/2015	NTS Championships 2015
66	54.78 L	P	Armin Oberholster	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
67	55.08 L	P	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS
68	55.17 L	F	Blaine Kruger	20	USC BUF	26/06/2015	PEA Winter Gala 2015
69	55.20 L	F	James Lawson	21	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
70	55.24 L	F	Shaun De Villiers	23	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
71	55.28 L	P	Damian Mullen	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
72	55.35 L	F	Neil Fair	19	CSC FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
73	55.38 L	F	Michael Bowers	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
74	55.40 L	F	Brenden Crawford	20	STAD JHB	05/12/2015	Vita-thion CGA Champs
75	55.46 L	P	Johann Minnaar	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
76	55.47 L	F	Ockert Maritz	19	SS LP	31/10/2015	Limpopo Age Group 4
77	55.55 L L	F	Bradley Van Staden	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
78	55.56 L	F	Warrick Gems	19	STAD JHB	23/01/2016	CGA Level 2-3 gala No 4
79	55.58 L	F	Gerhard Zandberg	33	TUKS FSH	14/08/2015	NTS August Combined Age Group Gala
80	55.69 L	P	Kyle Morris	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
81*	55.91 L	P	Flavio Ferreri	20	TUKS FSH	05/02/2016	2016 Grand Prix Invitation Swimming
81*	55.91 L	F	Trad Louw	20	ONYX EKU	03/12/2015	EGA Championships 2015
83	55.96 L	F	Mel Stronkhorst	24	KSC EZD	27/11/2015	Mpumalanga Championships 2015
84	56.00 L	P	Roberto Marchi	19	HASC JHB	05/12/2015	Vita-thion CGA Champs
85	56.16 L	P	Gregory Kotze	19	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
86	56.18 L	P	Marco Smit	19	KNA ETH	10/04/2016	Sa National Aquatic Championship 2016
87	56.21 L L	F	Wayne Jones	21	BEST NMA	12/09/2015	NMBA 2nd A-League Gala 2015
88	56.26 L	P	Dagyn Davis-Hannibal	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
89	56.33 L	P	Jarred Stigant	19	WSAA CPT	04/12/2015	WP SUMMER CHAMPS
90	56.37 L	F	Philip Opperman	20	TUKS FSH	10/10/2015	Waterborn Invitational
91	56.51 L	F	Ryno Markgraaff	41	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
92*	56.52 L	P	Brandon Beck	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
92*	56.52 L	P	Moegamat Davids	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
94	56.56 L	F	Byron Lockett	25	BEST NMA	26/06/2015	PEA Winter Gala 2015
95	56.57 L	P	Jayson Van der Walt	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
96	56.58 L	P	Mark Roach	19	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
97	56.60 L	F	Cheyne Fisher	26	SGUL ETH	15/08/2015	KZN Age Group Gala 2
98	56.66 L	P	Stephanus Roodt	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
99	56.74 L	P	Joshua Mills	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
100	56.76 L	P	Arno Pelser	20	VINE CPT	04/12/2015	WP SUMMER CHAMPS
101	56.77 L	F	Edward Johannisen	21	NMMU NMA	03/10/2015	Aquabear Invitational Meet
102	56.80 L	P	Willem Steyn	19	EGA EKU	10/04/2016	Sa National Aquatic Championship 2016
103	56.85 L	F	George Williams	19	ONYX EKU	03/12/2015	EGA Championships 2015
104	56.91 L	F	Neal Crawford	31	AEC JHB	23/01/2016	CGA Level 2-3 gala No 4
105	57.11 L	P	Marno Langeveldt	22	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships
106	57.14 L	F	Bradley Schultz	23	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
107	57.15 L	F	Heinrich Schoeman	26	WATR JHB	10/10/2015	Waterborn Invitational
108	57.18 L	F	Ross Kincaid	19	KLOO ETH	28/08/2015	KZN Beavers Winter LongCourse
109	57.35 L S	F	Michael Jones	23	SEAL UMD	29/06/2015	Sasol National Championship 2015
110	57.38 L	F	Achmat Hassiem	33	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
111	57.48 L	P	Sphephelo Ntaka	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
112*	57.63 L	F	Apiwe Nkumbi	24	SUPE JHB	17/10/2015	EGA Summer 2_17 Oct 2015
112*	57.63 L	F	Irfaan Essof	19	ATLA JHB	31/10/2015	CGA Level 2/3 gala No 2
114	57.84 L	F	Pierre Theron	20	KOVS MAN	16/10/2015	Otters Prestige Gala 2015
115	58.02 L	F	Andrew Campbell	28	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
116	58.04 L	P	Taariq Hassiem	27	CADO CPT	04/12/2015	WP SUMMER CHAMPS
117	58.05 L	F	Jean - Michel Alves	20	AEC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
118	58.09 L	F	Ludick Nel	21	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
119	58.30 L	P	Simon Thirsk	37	ELEC JHB	07/07/2015	KZN SPEEDO PRESTIGE

Individual Top Times

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Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
120	58.41 L	P	Rudolf Visser	19	CYBE CPT	07/07/2015	KZN SPEEDO PRESTIGE
121*	58.45 L	F	Duncan Bonney	23	VINE CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
121*	58.45 L	F	Craig Groenewald	37	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
123	58.47 L	F	Joshua Finch	21	UWCA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
124	58.53 L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016
125	58.58 L	F	Varish Ramautar	20	NEWS ADJ	28/08/2015	KZN Beavers Winter LongCourse
126	58.63 L	P	Tevin Du Toit	19	ACSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
127*	58.77 L	F	Gert van Heerden	20	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
127*	58.77 L	F	Harald Kruger	48	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
129	58.80 L	F	Alexander Finney	22	WSAA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
130	58.83 L	F	Donn Stewart	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
131	58.93 L	P	Jacobus Gloak	23	HILL TSH	03/12/2015	NTS Championships 2015
132	58.94 L	P	Dylan van Pletzen	19	VIKI BO	03/10/2015	Aquabear Invitational Meet
133	58.96 L	F	Paul Fryer	42	WATR JHB	10/10/2015	Waterborn Invitational
134	59.03 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	05/12/2015	Amajuba Distr 2015 Long Course
135	59.18 L	P	Deon Johnstone	19	SUPE JHB	05/12/2015	Vita-thion CGA Champs
136	59.19 L	F	Gary Albertyn	47	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
137	59.27 L	P	Aiden Carvalho	19	STAD JHB	05/12/2015	Vita-thion CGA Champs
138	59.36 L	P	Johannes Van Coller	20	TUKS TSH	03/12/2015	NTS Championships 2015
139	59.38 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
140	59.43 L	F	Werner Neitz	22	MATI CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2
141	59.51 L	F	Harald Ruck	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
142	59.54 L	P	Edwin Jeppe	24	CADO CPT	26/02/2016	2016 Grand Prix Invitation Swimming
143	59.76 L	F	Andre Steynberg	59	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
144	59.89 L	F	Bryan Tattersson	51	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
145	1:00.01 L	F	Hendrik Herbst	23	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
146	1:00.17 L	F	Ethan Paulse	20	ASA ETH	12/09/2015	WP SENIOR LEAGUE SUMMER 2
147	1:00.20 L	P	Keenan George	19	MANT CPT	03/10/2015	Aquabear Invitational Meet
148	1:00.22 L	P	Petrus Van Niekerk	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
149	1:00.78 L	F	Neil Steenkamp	38	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
150	1:00.89 L	F	Kent Field	19	MDOL JHB	07/11/2015	EGA Summer 3
151	1:01.26 L	F	Graham Adams	19	MATI CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2
152*	1:01.29 L	P	Johandre Delpont	19	ESP EKV	03/12/2015	EGA Championships 2015
152*	1:01.29 L	F	Jared Burger	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
154	1:01.36 L	F	Kevin Richards	52	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
155	1:01.40 L	F	Lain Schutte	40	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
156	1:01.60 L	P	Marceleno Thomas	20	SUPE JHB	05/12/2015	Vita-thion CGA Champs
157	1:01.65 L L	F	Trevor du Plessis	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
158	1:01.67 L S	F	Aaron Putz	19	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
159	1:01.96 L	F	Brendon de Beer	20	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
160	1:02.19 L	F	Hendrik Tryhou	39	CSA EZD	06/02/2016	MP Age Group 4 - 6 February 2016
161	1:02.27 L	F	Cornelius Van Niekerk	23	UWCA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
162	1:02.43 L	F	Jacques Pieters	43	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
163	1:02.55 L S	F	Markus Burri	19	AQUB NMA	13/02/2016	6th A-League Gala 2015
164	1:02.82 L	F	Rowan Wittels	41	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
165	1:02.92 L	F	Bongani Sillo	19	UMSH ETH	12/09/2015	KZN Age Group 3 Gala
166	1:02.97 L	F	Nkosinolwazi Mbatha	19	USH UJD	30/01/2016	Ushaka Championship Gala 2016
167	1:02.99 L	F	Nicolaas Karsten	25	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
168	1:03.14 L	F	Maurits Marnewick	22	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
169	1:03.31 L	F	Scott Gilchrist	38	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
170	1:03.38 L	F	Rihan Landman	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
171	1:03.68 L	F	Peter-John Duffy	46	AQUB NMA	03/10/2015	Aquabear Invitational Meet
172	1:03.70 L	F	Eric Nilsson	30	CSA EZD	27/11/2015	Mpumalanga Championships 2015
173	1:03.72 L	F	James Gittings	56	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
174	1:03.80 L	F	Grantham Manchest	24	XSAQ CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
175	1:04.36 L	F	Shaun Bouwer	27	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
176*	1:04.51 L	F	Ntandoyenkosi Nxumalo	20	UMSH ETH	27/11/2015	KZN TYR Westville Sprints 2015
176*	1:04.51 L	F	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
178	1:04.63 L	F	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016

Individual Top Times

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Times until: 30-Apr-16

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	Time	P/F/S	Name	Age/Yr					
179	1:04.67	L	F	Alexander Haberstroh	37	TUKS	F	18/09/2015	NTS September Age Group Gala 2015
180	1:04.72	L	F	Paul Stevenson	59	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
181	1:04.78	L	F	Kevin Waller	28	CADO	CPT	04/12/2015	WP SUMMER CHAMPS
182	1:05.08	L	F	Sean Pietersen	19	ISSC	NMD	03/12/2015	NWS Championships 2015/2016
183	1:05.10	L	F	Guy Mottram	49	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
184	1:05.12	L	F	William Paxton	42	USH	UHD	16/01/2016	Uthungulu District Age Group Gala
185	1:05.19	L	F	Nigel Cones	61	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
186	1:05.40	L	F	Johannes Venter	28	COEL	F	16/03/2016	SAMS 32nd LC Champs @ Durban
187	1:05.53	L	F	Brendan Bromfield	50	HIGH	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
188*	1:05.54	L	F	Gary Bradshaw	46	WATR	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
188*	1:05.54	L	F	Andrè Roothman	61	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
190	1:05.87	L	F	Terence Downes	67	COEL	F	16/03/2016	SAMS 32nd LC Champs @ Durban
191	1:06.11	L L	F	Mark Albertyn	45	COEL	F	16/03/2016	SAMS 32nd LC Champs @ Durban
192	1:06.20	L	F	Vincent Frenz	26	MATI	GED	20/02/2016	WP Summer Qualifying Gala 2
193	1:06.24	L	F	Trevor Morgan	56	COEL	F	16/03/2016	SAMS 32nd LC Champs @ Durban
194	1:06.27	L	F	Jan Pieterse	26	FLOD	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
195	1:06.29	L	F	Nigel Hendricks	57	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
196	1:06.38	L	F	Cameron Fraser	19	NEWS	ADJ	05/12/2015	Amajuba Distr 2015 Long Course
197	1:06.40	L S	F	Stephanus Steenekamp	19	DBSC	SDD	29/06/2015	Sasol National Championship 2015
198	1:06.41	L	F	Grozelle Stoltz	34	CSA	EZD	27/11/2015	Mpumalanga Championships 2015
199	1:06.42	L	F	Gregory Hough	43	AQUB	NMA	26/06/2015	PEA Winter Gala 2015
200	1:06.46	L	F	Mswane Tsabedze	19	MATL	KKD	03/12/2015	NWS Championships 2015/2016
201	1:06.57	L	P	David Coates	37	NDSA	ETH	07/07/2015	KZN SPEEDO PRESTIGE
202	1:06.66	L	F	Gomolemo Khomo	20	TUKS	F	20/11/2015	NTS November Age Group 2015 Level
203	1:06.87	L	F	Clive Webb	43	DOLP	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
204	1:07.07	L	F	Tyrone Clark	44	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
205	1:07.34	L	F	Nicholas Orton	52	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
206	1:07.37	L	F	Francois Grobler	47	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
207	1:07.44	L	F	Royden Tustin	53	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
208	1:07.51	L	F	Sithokoza Zondi	21	WSTV	ETH	27/11/2015	KZN TYR Westville Sprints 2015
209	1:07.93	L	F	Mark Goad	39	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
210	1:07.96	L	F	Arthur Tamsen	46	COEL	F	03/12/2015	NTS Championships 2015
211	1:08.21	L	F	Sergio Carmona	44	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
212	1:08.22	L	F	Rodney Westgate	43	AMAK	BO	26/02/2016	BCA 2ND February Age Group Gala
213	1:08.26	L	F	David Baker	28	HIGH	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
214	1:08.28	L L	F	Denis Rheeder	51	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
215	1:08.51	L S	F	Alan Searle	41	BEST	NMA	13/02/2016	6th A-League Gala 2015
216	1:08.55	L	F	Richard Joubert	46	CSA	EZD	27/11/2015	Mpumalanga Championships 2015
217	1:08.57	L	F	Aston Wilson	20	SUPE	JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
218	1:08.58	L	F	Andre Nel	41	WATR	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
219	1:09.23	L	F	Frederik Liebenberg	52	BLMA	CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
220	1:09.38	L	F	Leonardo Manelli	34	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
221	1:09.42	L L	F	Logan Duffy	20	MATI	GED	15/08/2015	WP SENIOR LEAGUE SUMMER 1
222	1:09.50	L	F	Emile Levin	40	COEL	F	16/03/2016	SAMS 32nd LC Champs @ Durban
223	1:09.66	L	F	Brett Mason	25	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
224	1:09.67	L	F	Glenn Steyn	55	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
225	1:09.78	L	F	Valentino Vergotine	28	XSAQ	CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
226	1:09.87	L	F	Warren Aken	33	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
227	1:10.00	L	F	Douglas Howieson	63	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
228	1:10.38	L	F	Louis(SNR) Venter	45	NCASA	FBD	07/11/2015	Fezile Dabi Inter Provincial Gala
229	1:10.92	L	F	Ebert Kleynhans	45	GHSK	FBD	21/11/2015	Penguin Aquatics gala 2015
230*	1:11.02	L	F	Bruce Rankin	52	COEL	F	16/03/2016	SAMS 32nd LC Champs @ Durban
230*	1:11.02	L	F	Michael Winfield	61	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
232	1:11.11	L	F	Johan Snr Viljoen	47	UNI-M	NGD	06/02/2016	MP Age Group 4 - 6 February 2016
233	1:11.16	L	F	Gerhard Van Rooijen	66	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
234	1:11.23	L	F	Michael Swartz	23	SRAY	BUF	12/02/2016	BCA February Age Group Gala 2016
235	1:11.37	L	F	Maxmillian Carbonell Taylor	20	HREF	BPD	03/12/2015	NWS Championships 2015/2016
236	1:11.49	L	F	Anton Allner	51	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
237	1:11.77	L	F	David Williams	28	KZNA	ETH	10/04/2016	Sa National Aquatic Championship 2016

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
238	1:11.81	L L	F	Roderick Holshausen	57	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
239	1:12.12	L	F	Trevor Wright	31	MATL	KKD	21/11/2015 NWS Age Group 3 2015/2016
240	1:12.18	L L	F	Bryan Barker	42	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
241	1:12.22	L S	F	Sandile Shezi	19	PISC	ETH	16/12/2015 KZN Speedo Provincial Championships
242	1:12.25	L	F	Charl Parkin	47	AQUB	NMA	03/10/2015 Aquabear Invitational Meet
243	1:12.27	L	F	Frederik Carstens	45	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
244	1:12.34	L	F	Peter Williams	47	WATR	JHB	10/10/2015 Waterborn Invitational
245	1:12.42	L	F	Phillipe Van Der Leeuw	43	WATR	JHB	10/10/2015 Waterborn Invitational
246	1:12.85	L L	F	Francois Coetzee	46	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
247	1:12.90	L	F	Colin Hepburn	49	CYBE	CPT	03/10/2015 Aquabear Invitational Meet
248	1:13.23	L	F	Paul Alcock	55	HIGH	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
249	1:13.77	L	F	Raymond Baker	58	HIGH	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
250	1:14.00	L	F	Carl Theunissen	42	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
251	1:14.13	L	F	Guy Harker	60	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
252	1:14.40	L	F	Andre' Maritz	39	NCASA	FBD	07/11/2015 Fezile Dabi Inter Provincial Gala
253	1:14.60	L	F	Stephen Angelos	47	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
254	1:14.61	L	F	Michael Bolstridge	66	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
255	1:14.62	L	F	Johan Brand	55	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
256	1:14.87	L	F	Keith Gordon-Davis	55	ETSM	EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
257	1:15.03	L	F	Peter Bennetto	62	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
258	1:15.85	L	F	Michael Proome	30	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
259	1:15.87	L	F	Pierre Burger	49	KALA	JTD	07/01/2016 NOCASA Champs 2016
260	1:15.90	L	F	Zimele Mhlanga	23	UMSH	ETH	23/01/2016 eThekweni Age Group Gala 7
261	1:16.16	L	F	Francis Searle	66	BEST	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
262	1:16.69	L	F	Desmond Stieger	73	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
263	1:17.16	L	F	Moses Malatji	23	CGA	JHB	10/04/2016 Sa National Aquatic Championship 2016
264	1:17.17	L	F	Douglas Wilson	68	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
265	1:17.26	L	F	Matthew Longden	40	PHOE	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
266	1:17.48	L	F	Petrus Van Dijk	60	ETSM	EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
267	1:17.63	L	F	Cornelis Uitenweerde	51	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
268	1:17.91	L	F	Sean O'Neil	31	NDSA	ETH	12/09/2015 KZN Age Group 3 Gala
269	1:17.97	L	F	Wilhelmus Felix	60	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
270	1:18.17	L	F	Pieter Bell	25	WHFC	GED	12/09/2015 WP SENIOR LEAGUE SUMMER 2
271	1:18.20	L L	F	Benjamin Paine	49	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
272	1:18.28	L	F	Francois du Toit	49	COEL	TSH	03/12/2015 NTS Championships 2015
273	1:18.31	L	F	John Beneke	43	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
274	1:19.23	L	F	Hylton Heggie	25	NDSA	ETH	06/11/2015 ACTION SWIM CHAMPIONSHIPS 2015
275	1:19.27	L	F	Robert Crowther	47	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
276	1:19.39	L	F	Brian Gordon-Davis	63	ETSM	EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
277*	1:19.46	L	F	Cornelis Brink	65	FLOD	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
277*	1:19.46	L	F	James Hughes	72	EACS	ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
279	1:19.51	L S	F	David Blaauw	46	MATL	KKD	29/06/2015 Sasol National Championship 2015
280	1:19.65	L	F	Brian Saunders	72	AQUB	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
281	1:20.61	L	F	Peter Lundy	30	SGUL	ETH	27/11/2015 KZN TYR Westville Sprints 2015
282	1:20.63	L	F	Jean Du Toit	68	CPTW	CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
283	1:22.82	L	F	Hercules Weideman	21	FISH	EDD	13/02/2016 EDEN 6th A-League Gala
284	1:23.00	L	F	Michael Pryke	65	WAHO	JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
285	1:23.07	L	F	Wade Van Rensburg	41	AQUB	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
286*	1:23.51	L S	F	David Jaas	19	MATL	KKD	29/06/2015 Sasol National Championship 2015
286*	1:23.51	L	F	Odirile Sesmoka	23	KOV5	MAN	16/10/2015 Otters Prestige Gala 2015
288	1:23.52	L	F	Ralph West	55	AQUB	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
289	1:24.39	L	F	Brody Eddie	21	PISC	ETH	15/08/2015 KZN Age Group Gala 2
290	1:24.43	L L	F	Guy Keeling	62	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
291	1:24.44	L S	F	Jacques Le Roux	40	AQUB	NMA	13/02/2016 6th A-League Gala 2015
292	1:24.55	L	F	Derek vd Merwe	38	TLAC	BPD	10/10/2015 NWS Age Group 1 1516
293	1:24.56	L	P	Stephanus Coetzee	28	WPA	CPT	10/04/2016 Sa National Aquatic Championship 2016
294	1:24.84	L	F	Jacobus Burger	66	COEL	TSH	16/03/2016 SAMS 32nd LC Champs @ Durban
295	1:25.16	L	F	Guy Wilson	69	AQUB	NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
296	1:25.32	L	F	Derek Fyfe	75	COEL	TSH	03/12/2015 NTS Championships 2015

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
297	1:26.73 L	F	Bjorn Selmer-Olsen	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
298	1:27.07 L	F	David de Beer	53	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
299	1:28.02 L	F	William Villet	44	FAAC FBD	23/01/2016	NOCASA Age group 4 2015-2016 KBY
300	1:28.69 L	F	Carel van Heerden	65	WAHO JHB	10/10/2015	Waterborn Invitational
301	1:28.72 L	F	Daniel Vile	63	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
302	1:29.38 L	F	Sarel Corrie	58	UPTS ZMD	07/01/2016	NOCASA Champs 2016
303	1:30.71 L	F	Colin Gordon-Davis	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
304	1:32.33 L S	F	Karl Hebbelmann	28	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
305	1:32.88 L	F	Hendrik Vd Merwe	25	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
306	1:33.00 L	F	Johannes Hugo	26	MATI CED	06/02/2016	WP JACK CURRIE CHAMPS
307	1:36.78 L	F	Charles Merritt	67	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
308	1:38.04 L	F	Gifh Bongani	19	KWHA NGD	27/11/2015	Mpumalanga Championships 2015
309	1:38.93 L	F	James Saunders	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
310	1:40.02 L	F	Ntokozo Hlatshwayo	23	FSE UHD	05/12/2015	Amajuba Distr 2015 Long Course
311	1:40.91 L L	F	Arnold Beukes	85	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
312	1:44.95 L	F	Anthony Barson	67	AMAK BO	26/11/2015	Buffalo City Championships 2015
313	1:45.09 L	F	Michael Cameron	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
314	1:46.47 L	F	Matthys Walters	47	BARR CPT	06/11/2015	Freda Barnard Gala 34
315	1:48.08 L	F	Bryan Jennings	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
316	1:48.35 L	F	John Garson	77	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
317	1:48.79 L	F	James Stewart	73	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
318	1:49.11 L	F	Josef Hillstrom	71	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
319	1:59.91 L	F	Peter Hutchings	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
320	2:13.72 L	F	Richard Townsend	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
321	2:18.38 L	F	Nkanyiso Masinga	27	WATR JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
322	2:20.97 L	F	Huge Braithwaite	74	AMAK BO	12/02/2016	BCA February Age Group Gala 2016
323	2:49.61 L	F	Neville Muir	77	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
324	2:49.72 L	F	Hendrik Park	83	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
Men	200 Free						
1	1:46.10 L	F	Chad Le Clos	24	RSA	24/07/2015	16th FINA World Championship Kazan
2	1:46.85 L	F	Devon Brown	23	RSA	24/07/2015	16th FINA World Championship Kazan
3	1:48.80 L	S	Sebastien Rousseau	25	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
4	1:49.58 L	F	Calvyn Justus	20	RSA	06/09/2015	11th All African Games-Brazzaville 2015
5	1:50.07 L	F	Dylan Bosch	22	WATR JHB	12/07/2015	Speedo Sectionals
6	1:51.09 L	F	Ruan Ras	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
7	1:52.56 L	P	Caydon Muller	20	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup
8	1:53.03 L	F	Brent Szurdoki	19	WATR JHB	10/10/2015	Waterborn Invitational
9	1:53.19 L	F	Christopher Reid	20	AQUB NMA	22/11/2015	Georgia Tech Long Course Open
10	1:53.33 L	P	Daniel Ronaldson	19	WSTV ETH	13/06/2015	XXXIleme Int de Natation de
11	1:53.77 L	P	Daniel Marais	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
12	1:53.96 L	F	Eben Vorster	19	KOVS MAN	18/03/2016	SA Level 3 National Age Group Champs
13	1:54.34 L	P	Ayrton Sweeney	22	SGUL ETH	11/12/2015	Amsterdam Swim Cup 2015
14*	1:54.51 L	F	Damen Pheiffer	21	MDOL JHB	07/07/2015	KZN SPEEDO PRESTIGE
14*	1:54.51 L	P	Tyrone Skea	28	ONYX EKU	22/01/2016	2016 Victorian Open Championships
16	1:54.98 L	F	Joshua Barry	20	ACSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
17	1:54.99 L	F	Dayne Odendaal	19	RSA ZZ	04/07/2015	28th Summer Universiade
18	1:55.23 L	P	Jacobus Jv Rensburg	21	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup
19	1:55.43 L	P	Byron Doyle	22	TUKS FSH	03/12/2015	NTS Championships 2015
20	1:55.68 L	S	Simon Pheasant	24	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
21	1:56.12 L	P	Alard Basson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
22	1:56.15 L	S	Johan Lourens	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
23	1:56.20 L S	F	Reynier Pretorius	21	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
24	1:56.79 L	P	Liam Fourie	21	MATI CED	26/02/2016	2016 Grand Prix Invitation Swimming
25	1:57.11 L	P	Nicolaas Deacon	21	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
26	1:57.33 L	F	Reynard Wessels	AR	BLOT MAN	04/12/2015	WP SUMMER CHAMPS
27	1:57.54 L	P	Rudolf Visser	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
28	1:57.56 L	P	Connor Leone	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
29	1:57.89 L	P	Matthew Bowers	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
30*	1:58.64 L	P	Jacques Van Wyk	23	TUKS FSH	03/12/2015	NTS Championships 2015

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
30*	1:58.64 L	P	Nico Meyer	24	MDOL JHB	03/12/2015	NTS Championships 2015
32	1:59.01 L	P	Alaric Basson	20	NMMU NMA	19/02/2016	2016 Grand Prix Invitation Swimming
33	1:59.26 L	F	Christopher McGlynn	20	ACSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
34	1:59.27 L	P	Christopher King	30	VINE CPT	26/02/2016	2016 Grand Prix Invitation Swimming
35	1:59.70 L	P	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS
36	2:00.25 L	P	Flavio Ferreri	20	TUKS FSH	05/02/2016	2016 Grand Prix Invitation Swimming
37	2:00.33 L	F	Neil Fair	19	CSC FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
38	2:00.46 L	P	Stephanus Roodt	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
39	2:00.52 L	P	Keanu Silent	19	UWCA CPT	05/02/2016	2016 Grand Prix Invitation Swimming
40*	2:01.04 L S	P	Martin Binedell	20	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships
40*	2:01.04 L	P	Connor Phillips	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
42	2:01.37 L	P	Wayne Jones	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
43	2:01.49 L	P	Gareth Wilhelm	20	CYBE CPT	04/12/2015	WP SUMMER CHAMPS
44	2:01.62 L S	F	Marco' Smit	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
45	2:01.82 L	P	Tevin Du Toit	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
46	2:02.13 L	F	Bradley Reen	39	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
47	2:02.23 L	P	Vincent Delagey	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
48	2:02.35 L	P	Pierre Theron	20	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
49	2:02.43 L	P	Damian Mullen	19	WATR JHB	07/07/2015	KZN SPEEDO PRESTIGE
50	2:02.93 L	P	Armin Oberholster	19	WPA CPT	18/03/2016	SA Level 3 National Age Group Champs
51	2:02.98 L	F	Joshua Mills	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
52	2:03.66 L	P	Jayson Van der Walt	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
53	2:04.42 L	F	Dean Coetzee	31	EGA EKU	24/09/2015	NTS Invitational Gala 2015
54	2:04.67 L	P	Kyle Morris	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
55	2:04.82 L	F	Willem Scheepers	29	NWUC KKD	03/12/2015	NWS Championships 2015/2016
56	2:05.26 L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
57	2:05.31 L	P	Arno Pelser	20	VINE CPT	04/12/2015	WP SUMMER CHAMPS
58	2:05.68 L	F	Gregory Kotze	19	PEAS NMA	26/06/2015	PEA Winter Gala 2015
59	2:05.71 L	F	Shaun De Villiers	23	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
60	2:06.68 L	P	Bradley Van Staden	19	SEAL UMD	07/07/2015	KZN SPEEDO PRESTIGE
61	2:07.17 L	F	Richard Ellis	28	WATR JHB	23/01/2016	CGA Level 2-3 gala No 4
62	2:07.31 L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016
63	2:07.32 L	F	Gerhard Zandberg	33	TUKS FSH	14/08/2015	NTS August Combined Age Group Gala
64	2:07.39 L	F	Neal Crawford	31	AEC JHB	23/01/2016	CGA Level 2-3 gala No 4
65	2:07.47 L	F	Ockert Maritz	19	SS LP	19/09/2015	Limpopo Age Group 3
66	2:07.92 L	F	Mel Stronkhorst	24	MP EZD	24/09/2015	NTS Invitational Gala 2015
67	2:07.98 L	F	Ryno Markgraaff	41	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
68	2:08.13 L	P	Roberto Marchi	19	HASC JHB	05/12/2015	Vita-thion CGA Champs
69	2:09.11 L	P	Michael Jones	23	SEAL UMD	07/07/2015	KZN SPEEDO PRESTIGE
70	2:09.33 L	P	Craig Groenewald	37	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
71	2:10.08 L	F	Jean - Michel Alves	20	AEC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
72	2:10.15 L	P	Sphephelo Ntaka	19	UMSH ETH	07/07/2015	KZN SPEEDO PRESTIGE
73	2:10.33 L	F	Ross Kincaid	19	KLOO ETH	01/08/2015	KZN Age Group Gala 1
74	2:10.57 L	P	Johannes Van Coller	20	TUKS FSH	03/12/2015	NTS Championships 2015
75*	2:10.93 L	F	Timothy Simpson	21	HASC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
75*	2:10.93 L	P	Wade Dannhauser	23	SGUL ETH	07/07/2015	KZN SPEEDO PRESTIGE
77	2:11.81 L	P	Challis Wright	24	MDOL JHB	05/12/2015	Vita-thion CGA Champs
78	2:12.55 L	F	Jan vd Merwe	22	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
79	2:12.66 L	F	Deon Johnstone	19	SUPE JHB	30/01/2016	EGA Summer 4
80	2:12.90 L	F	Wiehann Kock	21	NWUC KKD	31/10/2015	NWS Age Group 2 1516
81	2:12.98 L	F	Dagyn Davis-Hannibal	19	QUEST FSH	14/08/2015	NTS August Combined Age Group Gala
82*	2:13.72 L	F	Pieter Du Preez	19	BLSS MAN	16/10/2015	Otters Prestige Gala 2015
82*	2:13.72 L	F	Gary Albertyn	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
84	2:13.83 L	P	Apiwe Nkumbi	24	SUPE JHB	05/12/2015	Vita-thion CGA Champs
85	2:14.12 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	30/01/2016	Newcastle Elite Championships
86	2:14.97 L	P	Ethan Paulse	20	ASA CPT	04/12/2015	WP SUMMER CHAMPS
87	2:15.52 L	F	Andrew Campbell	28	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
88	2:16.63 L	F	Cornelius Van Niekerk	23	UWCA CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
89	2:17.51 L	P	Irfaan Essof	19	ATLA JHB	05/12/2015	Vita-thion CGA Champs

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
90	2:17.80	L	F	Rowan Wittels	41	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
91	2:18.48	L	F	Donn Stewart	35	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
92	2:18.96	L	P	Keenan George	19	MANT	CPT 04/12/2015 WP SUMMER CHAMPS
93	2:19.01	L	P	Johandre Delpont	19	ESP	EKU 29/06/2015 Sasol National Championship 2015
94	2:19.09	L	F	Aaron Putz	19	SGUL	ETH 16/12/2015 KZN Speedo Provincial Championships
95	2:20.21	L	F	Bryce Pendock	20	MATI	CED 15/08/2015 WP SENIOR LEAGUE SUMMER 1
96	2:20.60	L	F	Lain Schutte	40	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
97	2:20.89	L	F	Kevin Waller	28	CADO	CPT 04/12/2015 WP SUMMER CHAMPS
98	2:20.99	L	F	Neil Steenkamp	38	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
99*	2:21.48	L	F	Markus Burri	19	AQUB	NMA 06/02/2016 Uitenhage Swimming Club Gala 2016
99*	2:21.48	L	F	Edwin Jeppe	24	CADO	CPT 15/08/2015 WP SENIOR LEAGUE SUMMER 1
101	2:22.25	L	F	William Paxton	42	USH	UHD 16/01/2016 Uthungulu District Age Group Gala
102	2:22.65	L	F	Peter-John Duffy	46	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
103	2:22.77	L	F	Jacques Pieters	43	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
104	2:23.35	L	F	Hendrik Tryhou	39	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
105*	2:23.43	L	F	Jean Pretorius	19	CUDU	CPT 04/12/2015 WP SUMMER CHAMPS
105*	2:23.43	L	P	Raymond de Freitas	26	MP	EZD 10/04/2016 Sa National Aquatic Championship 2016
107	2:24.07	L	F	Joel Finn	55	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
108	2:24.17	L	F	Trevor du Plessis	45	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
109	2:24.58	L	F	Eric Nilsson	30	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
110	2:24.83	L	F	Willem Steyn	19	ONYX	EKU 26/09/2015 EGA Summer 1
111	2:25.02	L	F	Jared Burger	20	USC	BUF 04/12/2015 NMBA Championships 2015
112	2:27.08	L	F	Frederik Liebenberg	52	BLMA	CPT 26/06/2015 PEA Winter Gala 2015
113	2:27.27	L	F	Bongani Sillo	19	UMSH	ETH 28/08/2015 KZN Beavers Winter LongCourse
114	2:27.54	L	P	David Coates	37	NDSA	ETH 07/07/2015 KZN SPEEDO PRESTIGE
115	2:27.69	L	F	Shaun Bouwer	27	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
116	2:27.90	L	F	Andrew Johnson	44	DORE	JHB 10/10/2015 Waterborn Invitational
117	2:28.26	L	F	Guy Mottram	49	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
118	2:28.27	L	F	Paul Stevenson	59	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
119	2:28.38	L	F	Royden Tustin	53	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
120	2:28.61	L	F	Francois Grobler	47	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
121	2:28.93	L	F	Grozelle Stoltz	34	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
122	2:31.37	L	F	Grantham Manchest	24	XSAQ	CPT 15/08/2015 WP SENIOR LEAGUE SUMMER 1
123	2:31.51	L	F	Valentino Vergotine	28	XSAQ	CPT 04/12/2015 WP SUMMER CHAMPS
124	2:32.03	L	F	Terence Downes	67	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
125	2:32.45	L	F	Clive Webb	43	DOLP	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
126	2:32.48	L	F	Mswane Tsabedze	19	MATL	KKD 03/12/2015 NWS Championships 2015/2016
127	2:32.80	L	F	Barry Serfontein	42	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
128	2:32.92	L	F	Andr�e Roothman	61	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
129	2:34.33	L	F	Roderick Holshausen	57	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
130	2:34.36	L	F	Gary Bradshaw	46	WATR	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
131	2:34.52	L	F	Sergio Carmona	44	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
132	2:34.62	L	F	Douglas Howieson	63	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
133	2:34.65	L	F	Alexander Haberstroh	37	TUKS	FSH 16/10/2015 NTS October Age Group 2015 Level 2+3
134	2:34.88	L	F	Brendan Bromfield	50	HIGH	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
135	2:37.58	L	F	Alan Searle	41	BEST	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
136	2:37.70	L	F	Maxmillian Carbonell Taylor	20	HREF	BPD 03/12/2015 NWS Championships 2015/2016
137	2:37.82	L	F	Gomolemo Khomo	20	TUKS	FSH 15/01/2016 NTS January Age Group 2016 Level 2+3
138	2:38.21	L	F	Nkosinolwazi Mbatha	19	USH	UHD 16/01/2016 Uthungulu District Age Group Gala
139	2:39.52	L	F	Sean Pietersen	19	ISSC	NMD 05/02/2016 NW Schools Swimming Championships
140	2:39.59	L	F	Mark Goad	39	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
141	2:40.36	L	F	Richard Joubert	46	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
142	2:40.39	L	F	Brett Mason	25	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
143	2:40.44	L	F	Denis Rheeder	51	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
144	2:41.34	L	F	Marceleno Thomas	20	SUPE	JHB 19/09/2015 CGA Level 2/3 Gala No 1
145	2:42.38	L	F	Bryan Barker	42	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
146	2:42.61	L	F	Johannes Venter	28	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
147	2:43.26	L	F	Mark Albertyn	45	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
148	2:43.42	L	F	Cornelis Uitenweerde	51	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
149	2:44.05	L	F	Sandile Shezi	19	PISC ETH	03/10/2015 KZN Age Group 4
150	2:44.41	L	F	Andre Nel	41	WATR JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
151	2:44.97	L	F	Leonardo Manelli	34	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
152	2:45.05	L	P	Stephanus Steenekamp	19	DBSC SDD	29/06/2015 Sasol National Championship 2015
153	2:45.94	L	F	Gerhard Van Rooijen	66	EACS ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
154	2:45.99	L	F	Guy Harker	60	WAHO JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
155	2:46.11	L	F	Pieter Bell	25	WHFC CED	20/02/2016 WP Summer Qualifying Gala 2
156	2:46.22	L	F	Jan Pieterse	26	FLOD JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
157	2:46.54	L	F	Anton Allner	51	PHOE ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
158	2:46.63	L	F	Hendrik Jv Rensburg	55	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
159	2:47.19	L	F	Carl Theunissen	42	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
160	2:48.12	L	F	Phillipe Van Der Leeuw	43	WATR JHB	10/10/2015 Waterborn Invitational
161	2:48.72	L	F	Shane Skidmore	47	AMAK BO	16/03/2016 SAMS 32nd LC Champs @ Durban
162	2:48.74	L	F	Ebert Kleynhans	45	GHSK FBD	28/11/2015 Nocasa Age Group 3 KBY 2015
163	2:48.83	L	F	Bruce Rankin	52	TLAC BPD	03/12/2015 NWS Championships 2015/2016
164	2:49.68	L	F	Michael Bolstridge	66	EACS ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
165	2:50.26	L	F	Wolfgang Fechter	54	HIGH ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
166	2:50.47	L	F	Michael Winfield	61	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
167	2:51.11	L	F	Aston Wilson	20	SUPE JHB	19/09/2015 CGA Level 2/3 Gala No 1
168	2:51.20	L	F	Frederik Carstens	45	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
169	2:51.43	L	F	Trevor Wright	31	MATL KKD	16/01/2016 NWS Age Group 4 1516
170	2:51.93	L	F	Glenn Steyn	55	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
171	2:53.10	L	F	Pierre Burger	49	KALA JTD	07/01/2016 NOCASA Champs 2016
172	2:53.14	L	F	Johan Brand	55	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
173	2:53.64	L	F	Kenneth Pattinson	51	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
174	2:55.21	L	F	Stephen Angelos	47	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
175	2:55.70	L	F	Louis(SNR) Venter	45	KALA JTD	28/11/2015 Nocasa Age Group 3 KTU 2015
176	2:56.72	L	F	Peter Bennetto	62	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
177	2:56.76	L	F	Zimele Mhlanga	23	UMSH ETH	03/10/2015 KZN Age Group 4
178	2:57.70	L	F	Francis Searle	66	BEST NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
179	2:57.74	L	F	John Beneke	43	WAHO JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
180	2:59.59	L	F	Selwyn Sundelowitz	65	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
181	3:00.91	L	F	Petrus Van Dijk	60	ETSM EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
182	3:01.00	L	F	Derek Fyfe	75	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
183	3:01.91	L	F	Desmond Stieger	73	EACS ETH	16/03/2016 SAMS 32nd LC Champs @ Durban
184	3:03.32	L	F	Wade Van Rensburg	41	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
185	3:04.17	L	F	Peter Lundy	30	SGUL ETH	06/11/2015 ACTION SWIM CHAMPIONSHIPS 2015
186	3:04.39	L	F	Hylton Heggie	25	NDSA ETH	06/11/2015 ACTION SWIM CHAMPIONSHIPS 2015
187	3:05.20	L	F	Brian Gordon-Davis	63	ETSM EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
188	3:05.45	L	F	Douglas Wilson	68	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
189	3:05.48	L	F	Brian Saunders	72	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
190	3:06.93	L	F	George Rowan	65	FLOD JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
191	3:06.96	L	F	Sean Lindsay	41	TLAC BPD	16/01/2016 NWS Age Group 4 1516
192	3:09.42	L	F	Mark Hodges	62	CPTW CPT	16/03/2016 SAMS 32nd LC Champs @ Durban
193	3:10.14	L	F	Sean O'Neil	31	NDSA ETH	16/12/2015 KZN Speedo Provincial Championships
194	3:11.56	L	F	Damian Smith	48	WATR JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
195	3:12.87	L	F	Ralph West	55	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
196	3:12.93	L	F	Hercules Weideman	21	FISH EDD	13/02/2016 EDEN 6th A-League Gala
197	3:14.35	L	F	Stephanus Coetzee	28	ASA ETH	15/08/2015 WP SENIOR LEAGUE SUMMER 1
198	3:15.31	L	F	David Blaauw	46	MATL KKD	31/10/2015 NWS Age Group 2 1516
199	3:15.62	L	F	William Villet	44	FAAC FBD	23/01/2016 NOCASA Age group 4 2015-2016 KBY
200	3:17.19	L	F	Jacobus Burger	66	COEL FSH	16/03/2016 SAMS 32nd LC Champs @ Durban
201	3:19.43	L	F	Guy Wilson	69	AQUB NMA	16/03/2016 SAMS 32nd LC Champs @ Durban
202	3:26.54	L	F	Sarel Corrie	58	UPTS ZMD	07/01/2016 NOCASA Champs 2016
203	3:26.83	L	F	Brody Eddie	21	PISC ETH	03/10/2015 KZN Age Group 4
204	3:28.10	L	F	Winton Myers	71	WAHO JHB	16/03/2016 SAMS 32nd LC Champs @ Durban
205	3:34.19	L	F	Daniel Vile	63	ETSM EKU	16/03/2016 SAMS 32nd LC Champs @ Durban
206	3:34.23	L	F	Hendrik Vd Merwe	25	TUKS FSH	05/02/2016 NTS February Age Group 2016 Level
207	3:53.79	L	F	Anthony Barson	67	AMAK BO	26/11/2015 Buffalo City Championships 2015

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
208	3:53.92 L	F	James Saunders	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
209	3:57.07 L	F	James Stewart	73	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban	
210	4:08.91 L	F	Russel Wolpe	78	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
211	4:15.06 L	F	Josef Hillstrom	71	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
212	4:15.67 L	F	Ntokozi Hlatshwayo	23	FSE UJD	05/12/2015	Amajuba Distr 2015 Long Course	
213	4:40.78 L	F	John Garson	77	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
214	4:50.07 L	F	Peter Hutchings	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
215	4:53.86 L	F	Richard Townsend	50	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
216	5:36.36 L	F	Arnold Beukes	85	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
217	7:25.81 L	F	Hendrik Park	83	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
218	7:45.93 L	F	Kenneth Hanna	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
Men 400 Free								
1	3:47.96 L	F	Devon Brown	23	SGUL ETH	13/06/2015	XXXIlele Int de Natation de	
2	3:52.34 L	F	Brent Szurdoki	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
3	3:59.23 L	F	Calvyn Justus	20	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships	
4	3:59.91 L	P	Ruan Ras	19	TUKS TSH	02/11/2015	Fina -Mastbank Swimming World Cup	
5	4:01.27 L	F	Daniel Marais	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
6	4:04.91 L	F	Eben Vorster	19	KOV5 MAN	18/03/2016	SA Level 3 National Age Group Champs	
7	4:04.98 L	F	Dayne Odendaal	19	RSA ZZ	04/07/2015	28th Summer Universiade	
8	4:05.64 L	F	Chad Ho	25	ACSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015	
9	4:05.90 L	F	Reynier Pretorius	21	KOV5 MAN	16/12/2015	KZN Speedo Provincial Championships	
10	4:06.07 L	F	Christopher McGlynn	20	ACSA ETH	07/07/2015	KZN SPEEDO PRESTIGE	
11	4:10.10 L	P	Joshua Barry	20	ACSA ETH	07/07/2015	KZN SPEEDO PRESTIGE	
12*	4:11.37 L	P	Jacobus Jv Rensburg	21	TUKS TSH	05/02/2016	2016 Grand Prix Invitation Swimming	
12*	4:11.37 L	F	Liam Fourie	21	MATI CED	04/12/2015	WP SUMMER CHAMPS	
14	4:13.94 L	F	Marco' Smit	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
15	4:14.53 L	F	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS	
16	4:14.86 L	F	Alard Basson	20	NMMU NMA	04/12/2015	NMBA Championships 2015	
17	4:14.99 L	F	Flavio Ferreri	20	TUKS TSH	05/02/2016	2016 Grand Prix Invitation Swimming	
18	4:16.38 L	F	Neil Fair	19	CSC TSH	16/10/2015	NTS October Age Group 2015 Level 2+3	
19	4:16.86 L	P	Connor Leone	19	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016	
20	4:17.94 L	P	Stephanus Roodt	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
21	4:18.97 L	F	Johan Lourens	20	TUKS TSH	03/12/2015	NTS Championships 2015	
22	4:20.04 L	F	Byron Lockett	25	BEST NMA	26/06/2015	PEA Winter Gala 2015	
23	4:21.20 L	F	Edward Johannisen	21	NMMU NMA	26/06/2015	PEA Winter Gala 2015	
24	4:21.31 L	F	Gregory Kotze	19	PEAS NMA	03/10/2015	Aquabear Invitational Meet	
25	4:23.40 L S	F	David Van Der Colff	19	TUKS TSH	10/12/2015	11th BSSA Nationals	
26	4:25.95 L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015	
27	4:27.46 L	F	Joshua Mills	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS	
28	4:27.83 L	F	Bradley Reen	39	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
29	4:29.16 L	F	Gary Albertyn	47	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
30	4:29.93 L	F	Damian Mullen	19	WATR JHB	21/11/2015	CGA Level 2/3 Gala No 3	
31	4:31.79 L	F	Reynard Wessels	AR	BLOT MAN	22/08/2015	Kovsie Aquatics Gala 1	
32*	4:32.14 L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016	
32*	4:32.14 L	F	Pierre Theron	20	KOV5 MAN	22/08/2015	Kovsie Aquatics Gala 1	
34	4:32.51 L	F	Keanu Silent	19	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
35	4:32.73 L	P	Rudolf Visser	19	CYBE CPT	07/07/2015	KZN SPEEDO PRESTIGE	
36	4:34.29 L	F	Blaine Kruger	20	USC BUF	26/11/2015	Buffalo City Championships 2015	
37	4:38.00 L	F	Johannes Van Coller	20	TUKS TSH	03/12/2015	NTS Championships 2015	
38	4:39.66 L	F	Michael Jones	23	SEAL UMD	29/06/2015	Sasol National Championship 2015	
39	4:44.32 L	F	Wayne Jones	21	BEST NMA	21/11/2015	NMBA 4th A-League Gala 2015	
40	4:45.89 L	F	Gerard Naus	24	FAAC FBD	07/01/2016	NOCASA Champs 2016	
41	4:46.02 L	F	Timothy Simpson	21	HASC JHB	21/11/2015	CGA Level 2/3 Gala No 3	
42	4:47.69 L	F	Aaron Putz	19	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse	
43	4:48.56 L	F	Pieter Du Preez	19	BLSS MAN	26/10/2015	FSA Championship 2015	
44	4:50.03 L	F	Craig Groenewald	37	STAD JHB	05/12/2015	Vita-thion CGA Champs	
45	4:50.94 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	05/12/2015	Amajuba Distr 2015 Long Course	
46	4:51.75 L	F	Dagyn Davis-Hannibal	19	QUEST TSH	21/08/2015	NTS August Combined Age Group # 2 -	
47	4:57.27 L	F	Kevin Richards	52	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
48	4:58.34	L	F	Deon Johnstone	19	SUPE	JHB	17/10/2015	EGA Summer 2_17 Oct 2015
49	5:00.64	L	F	Apiwe Nkumbi	24	SUPE	JHB	17/10/2015	EGA Summer 2_17 Oct 2015
50	5:03.14	L	F	Rowan Wittels	41	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
51	5:03.41	L	F	Joel Finn	55	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
52	5:04.82	L	F	Peter-John Duffy	46	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
53	5:09.92	L	F	Frederik Liebenberg	52	BLMA	CPT	26/06/2015	PEA Winter Gala 2015
54	5:11.88	L	P	David Coates	37	NDSA	ETH	07/07/2015	KZN SPEEDO PRESTIGE
55	5:15.04	L	F	Neil Steenkamp	38	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
56	5:16.50	L	F	Paul Stevenson	59	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
57	5:17.51	L	F	Gert van Heerden	20	KOVS	MAN	22/08/2015	Kovsie Aquatics Gala 1
58	5:17.89	L	F	Hendrik Tryhou	39	CSA	EZD	27/11/2015	Mpumalanga Championships 2015
59	5:20.12	L	F	Francois Grobler	47	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
60	5:21.03	L	F	Clive Webb	43	DOLP	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
61	5:21.05	L	F	Johandre Delport	19	ESP	EKU	29/06/2015	Sasol National Championship 2015
62	5:21.56	L	F	Jared Burger	20	USC	BUF	26/11/2015	Buffalo City Championships 2015
63	5:22.34	L	F	Eric Nilsson	30	CSA	EZD	27/11/2015	Mpumalanga Championships 2015
64	5:24.79	L	F	Hendrik Herbst	23	MATI	GED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
65	5:26.18	L	F	Roderick Holshausen	57	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
66	5:26.34	L	F	Royden Tustin	53	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
67	5:26.77	L	F	Andrew Johnson	44	DORE	JHB	10/10/2015	Waterborn Invitational
68	5:30.54	L	F	Grozelle Stoltz	34	CSA	EZD	27/11/2015	Mpumalanga Championships 2015
69	5:32.16	L	F	Valentino Vergotine	28	XSAQ	CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3
70	5:32.70	L	F	Glenn Hickling	54	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
71	5:33.59	L	F	Douglas Howieson	63	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
72	5:35.01	L	F	Maxmillian Carbonell Taylor	20	HREF	BPD	21/11/2015	NWS Age Group 3 2015/2016
73	5:37.15	L	F	Sergio Carmona	44	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
74	5:38.96	L	F	Terence Downes	67	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
75	5:39.27	L	F	Johann Pretorius	52	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
76	5:40.42	L	F	Alan Searle	41	BEST	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
77	5:44.13	L	F	Mswane Tsabedze	19	MATL	KKD	03/12/2015	NWS Championships 2015/2016
78	5:44.61	L	F	Pieter Bell	25	WHFC	GED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
79	5:49.61	L	F	Alexander Haberstroh	37	TUKS	FSH	20/11/2015	NTS November Age Group 2015 Level
80	5:53.55	L	F	Kerry Skidmore	49	AMAK	BO	16/03/2016	SAMS 32nd LC Champs @ Durban
81	5:56.16	L	F	Richard Joubert	46	CSA	EZD	27/11/2015	Mpumalanga Championships 2015
82	5:57.81	L	F	Hendrik Jv Rensburg	55	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
83	5:59.89	L	F	Phillipe Van Der Leeuw	43	WATR	JHB	10/10/2015	Waterborn Invitational
84	5:59.90	L	F	Sandile Shezi	19	PISC	ETH	12/09/2015	KZN Age Group 3 Gala
85	6:01.23	L	F	Guy Harker	60	WAHO	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
86	6:01.72	L	F	Brendan Bromfield	50	HIGH	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
87	6:03.14	L	F	Jan Pieterse	26	FLOD	JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
88	6:06.59	L	F	Leonardo Manelli	34	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
89	6:07.85	L	F	Gerhard Van Rooijen	66	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
90	6:08.23	L	F	Robert Hatherly	64	BEST	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
91	6:08.94	L	F	Mark Goad	39	EACS	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
92	6:10.44	L	F	Selwyn Sundelowitz	65	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
93	6:12.44	L	F	Jaundre Olivier	19	FAAC	FBD	24/10/2015	Flamingo Gala 2015
94	6:13.23	L	F	Shane Skidmore	47	AMAK	BO	16/03/2016	SAMS 32nd LC Champs @ Durban
95	6:13.24	L	F	Glenn Steyn	55	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
96	6:18.95	L	F	Pierre Burger	49	KALA	JTD	07/01/2016	NOCASA Champs 2016
97	6:19.54	L	F	Ebert Kleynhans	45	GHSK	FBD	28/11/2015	Nocasa Age Group 3 KBY 2015
98	6:20.54	L	F	Mahmud Adam	54	HIGH	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
99	6:29.58	L	F	Gordon Greaves	49	PHOE	ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
100	6:30.45	L	F	Wade Van Rensburg	41	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
101	6:32.87	L	F	Derek Fyfe	75	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
102	6:37.95	L	F	Peter Bennetto	62	CPTW	CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
103	6:38.79	L	F	Moses Malatji	23	MDOL	JHB	19/09/2015	CGA Level 2/3 Gala No 1
104	6:39.76	L	F	Brian Gordon-Davis	63	ETSM	EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
105	6:40.54	L	F	Stephen Angelos	47	COEL	FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
106	6:40.68	L	F	Ralph West	55	AQUB	NMA	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
107	6:40.72	L	F	Brian Saunders	72	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
108	6:45.70	L	F	Hylton Heggie	25	NDSA ETH	23/01/2016	eThekwini Age Group Gala 7
109	6:48.77	L	F	Desmond Stieger	73	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
110	6:53.57	L	F	Damian Smith	48	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
111	6:57.08	L	F	Stefanus De Jager	46	WATR JHB	10/10/2015	Waterborn Invitational
112	7:00.60	L	F	Sean O'Neil	31	NDSA ETH	12/09/2015	KZN Age Group 3 Gala
113	7:04.20	L	F	Jacobus Burger	66	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
114	7:04.29	L	F	George Rowan	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
115	7:07.70	L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016
116	7:12.59	L	F	Hendrik Venter	41	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
117	7:14.14	L	F	Johan Muller	45	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
118	7:16.45	L	F	Roy Lotkin	57	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
119	7:19.78	L	F	Colin Whittal	59	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
120	7:21.98	L	F	Daniel Vile	63	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
121	7:22.50	L	F	Sarel Corrie	58	UPTS ZMD	07/01/2016	NOCASA Champs 2016
122	7:33.44	L	F	Bjorn Selmer-Olsen	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
123	7:41.29	L	F	Hercules Weideman	21	FISH EDD	06/11/2015	Freda Barnard Gala 34
124	7:55.35	L	F	James Stewart	73	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
125	8:08.45	L	O	Keenan George	19	MANT CPT	17/01/2016	WP Open Water Challenge 3
126	8:10.55	L	F	Anthony Barson	67	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
127	8:26.57	L	F	Russel Wolpe	78	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
128	8:27.67	L	F	Bryan Jennings	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
129	9:04.25	L	F	Charles Merritt	67	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
130	9:16.43	L	O	Wayne Forbes	43	MATI CED	13/12/2015	WP Open Water Challenge 2
131	10:10.99	L	F	Richard Townsend	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
132	10:37.97	L	O	Gregory Smuts	45	BLMA CPT	15/11/2015	WP Open Water Challenge 1
133	11:28.80	L	F	Arnold Beukes	85	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
134	12:05.81	L	F	Peter Hutchings	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
135	14:39.22	L	F	Hendrik Park	83	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
136	16:26.92	L	F	Kenneth Hanna	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
Men 800 Free								
1	7:58.35	L	F	Devon Brown	23	SGUL ETH	10/06/2015	XXXVI Cuitat de Barcelona
2	8:07.18	L	F	Brent Szurdoki	19	RSA	06/09/2015	11th All African Games-Brazzaville 2015
3	8:27.81	L	F	Chad Ho	25	ACSA ETH	15/08/2015	KZN Age Group Gala 2
4	8:36.03	L	F	Christopher McGlynn	20	ACSA ETH	15/08/2015	KZN Age Group Gala 2
5	8:50.45	L	F	Stephanus Roodt	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
6	9:02.29	L	F	Marco' Smit	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
7	9:05.89	L	F	Abdul-Malick Railoun	23	ASA ETH	30/10/2015	WP SUMMER QUALIFY GALA 1
8	9:19.64	L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
9	9:21.97	L	F	Gary Albertyn	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
10	9:33.80	L	F	Johan Lourens	20	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
11	9:34.67	L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016
12	9:46.35	L	F	Bradley Reen	39	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
13	9:55.08	L	F	Johannes Van Coller	20	TUKS FSH	29/06/2015	Sasol National Championship 2015
14	9:57.14	L	F	Anrich Kleynhans	22	TUKS FSH	05/02/2016	NTS February Age Group 2016 Level
15	10:02.05	L	F	Dean Coetzee	31	BOKS EKU	04/09/2015	Easterns Long Distance Gala #1
16	10:03.65	L	F	Aaron Putz	19	SGUL ETH	15/08/2015	KZN Age Group Gala 2
17	10:04.92	L	F	Andries van Oort	28	NWUC KKD	03/12/2015	NWS Championships 2015/2016
18	10:06.42	L	F	Graeme Fiser	50	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
19	10:08.14	L	F	Kevin Richards	52	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
20	10:08.92	L	F	Gerard Naus	24	FAAC FBD	07/01/2016	NOCASA Champs 2016
21	10:14.23	L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	30/01/2016	Newcastle Elite Championships
22	10:27.60	L	F	Peter-John Duffy	46	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
23	10:36.99	L	F	Frederik Liebenberg	52	BLMA CPT	07/11/2015	WP SENIOR LEAGUE SUMMER 4
24	10:39.79	L	F	Maurits Marnewick	22	NWUC KKD	03/12/2015	NWS Championships 2015/2016
25	10:58.34	L	F	Royden Tustin	53	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
26	11:02.46	L	F	Paul Stevenson	59	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
27	11:06.40	L	F	Francois Grobler	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
28	11:12.94	L	F	Roderick Holshausen	57	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15

Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
29	11:13.93	L	F	Hendrik Tryhou	39	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
30	11:19.34	L	F	Eric Nilsson	30	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
31	11:26.54	L	F	Maxmillian Carbonell Taylor	20	HREF	BPD 03/12/2015 NWS Championships 2015/2016
32	11:27.99	L	F	Grozelle Stoltz	34	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
33	11:32.36	L	F	Douglas Howieson	63	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
34	11:37.99	L	F	Glenn Hickling	54	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
35	11:47.70	L	F	Alan Searle	41	BEST	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
36	11:49.22	L	F	Johann Pretorius	52	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
37	12:02.61	L	F	Bryan Barker	42	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
38	12:03.94	L	F	Kerry Skidmore	49	AMAK	BO 16/03/2016 SAMS 32nd LC Champs @ Durban
39	12:17.98	L	F	Tyrel van Reenen	34	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
40	12:26.05	L	F	Richard Joubert	46	CSA	EZD 27/11/2015 Mpumalanga Championships 2015
41	12:26.80	L	F	Guy Harker	60	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
42	12:29.07	L	F	Mswane Tsabedze	19	MATL	KKD 21/11/2015 NWS Age Group 3 2015/2016
43	12:32.80	L	F	Alexander Haberstroh	37	TUKS	FSH 20/11/2015 NTS November Age Group 2015 Level
44	12:54.18	L	F	David Arbuthnot	62	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
45	12:57.56	L	F	Pieter Bell	25	WHFC	GED 30/10/2015 WP SUMMER QUALIFY GALA 1
46	12:57.66	L	F	Gerhard Van Rooijen	66	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
47	12:58.60	L	F	Carl Theunissen	42	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
48	13:05.67	L	F	Francois Coetzee	46	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
49	13:05.79	L	F	Wade Van Rensburg	41	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
50	13:15.19	L	F	Franco van Lingen	66	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
51	13:16.15	L	F	Gordon Greaves	49	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
52	13:26.68	L	F	Shane Skidmore	47	AMAK	BO 16/03/2016 SAMS 32nd LC Champs @ Durban
53	13:32.86	L	F	Derek Fyfe	75	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
54	13:40.40	L	F	Ralph West	55	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
55	13:48.73	L	F	Anthony Baker	59	HIGH	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
56	13:56.99	L	F	Brian Gordon-Davis	63	ETSM	EKU 16/03/2016 SAMS 32nd LC Champs @ Durban
57	13:58.59	L	F	Christo Fourie	49	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
58	14:00.04	L	F	Stephen Angelos	47	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
59	14:01.85	L	F	Brian Saunders	72	AQUB	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
60	14:24.23	L	F	Desmond Stieger	73	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
61	14:35.97	L	F	William Villet	44	FAAC	FBD 07/01/2016 NOCASA Champs 2016
62	14:41.75	L	F	George Rowan	65	FLOD	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
63	14:42.29	L	F	Abel Schoeman	54	FLOD	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
64	14:49.68	L	F	Roy Lotkin	57	WATR	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
65	14:53.90	L	F	Daniel Vile	63	ETSM	EKU 16/03/2016 SAMS 32nd LC Champs @ Durban
66	15:03.53	L	F	Jacobus Burger	66	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
67	15:38.36	L	F	Sarel Corrie	58	UPTS	ZMD 07/01/2016 NOCASA Champs 2016
68	16:06.30	L	F	Bjorn Selmer-Olsen	64	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
69	16:27.43	L	F	James Stewart	73	ETSM	EKU 16/03/2016 SAMS 32nd LC Champs @ Durban
70	16:58.04	L	F	Anthony Barson	67	AMAK	BO 16/03/2016 SAMS 32nd LC Champs @ Durban
71	17:11.35	L	F	Colin Whittal	59	AMAK	BO 16/03/2016 SAMS 32nd LC Champs @ Durban
72	17:26.04	L	F	Bryan Jennings	70	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
73	17:31.31	L	F	Russel Wolpe	78	PHOE	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
74	19:35.45	L	F	Charles Merritt	67	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
75	20:59.87	L	F	Richard Townsend	50	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
76	23:25.19	L	F	Arnold Beukes	85	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
77	26:33.68	L	F	Hendrik Park	83	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
78	32:22.62	L	F	Kenneth Hanna	80	WAHO	JHB 16/03/2016 SAMS 32nd LC Champs @ Durban
79	32:57.74	L	F	Neville Muir	77	COEL	FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
Men	1000 Free						
1	12:47.03	L	O	Nicholas Quenet	19	MATI	GED 15/11/2015 WP Open Water Challenge 1
2	13:33.54	L	O	Anthony Pearse	47	VINE	CPT 30/01/2016 WP Open Water Champs 2016
3	13:51.09	L	O	Frederik Liebenberg	52	BLMA	CPT 30/01/2016 WP Open Water Champs 2016
4	15:37.30	L	O	Hendrik Kruger	56	CPTW	CPT 30/01/2016 WP Open Water Champs 2016
5	15:42.30	L	O	Clive Giles	44	QUIC	CPT 30/01/2016 WP Open Water Champs 2016
6	15:46.50	L	O	Valentino Vergotine	28	XSAQ	CPT 15/11/2015 WP Open Water Challenge 1
7	15:49.09	L	O	Grantham Manchest	24	XSAQ	CPT 30/01/2016 WP Open Water Champs 2016

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
8	15:58.31 L	O	Keenan George	19	MANT CPT	17/01/2016	WP Open Water Challenge 3
9	16:00.07 L	O	Phillip Dempster	46	VINE CPT	15/11/2015	WP Open Water Challenge 1
10	16:24.45 L	O	Clive Webb	43	DOLP CPT	13/12/2015	WP Open Water Challenge 2
11	16:35.57 L	O	Avron Manchest	20	XSAQ CPT	15/11/2015	WP Open Water Challenge 1
12	20:11.40 L	O	Stanford Slabbert	57	BEST NMA	01/11/2015	NMBA EC Swim Series 1
13	22:09.00 L	O	Kevin Rafferty	47	AQUB NMA	17/01/2016	NMBA EC Swim Series 3
Men 1500 Free							
1	15:15.40 L	F	Brent Szurdoki	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
2	15:53.09 L	P	Daniel Marais	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
3	16:11.16 L	F	Chad Ho	25	ACSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
4	16:18.17 L	F	Rudolf Visser	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
5	16:42.10 L	F	Daniel Ronaldson	19	WSTV ETH	14/11/2015	eThekweni Age Group Gala 6
6	17:00.60 L	P	Stephanus Roodt	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
7	17:08.27 L	F	Marco' Smit	19	SEAL UMD	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
8	17:18.71 L	F	Abdul-Malick Railoun	23	ASA ETH	30/10/2015	WP SUMMER QUALIFY GALA 1
9	17:18.97 L	F	Neil Fair	19	CSC FSH	20/11/2015	NTS November Age Group 2015 Level
10	17:29.16 L	F	Flavio Ferreri	20	TUKS FSH	03/12/2015	NTS Championships 2015
11	17:43.70 L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
12	18:05.43 L	P	Craig Groenewald	37	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
13	18:45.59 L	F	Reynard Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
14	18:45.71 L	F	Reino von Wielligh	23	NWUC KKD	31/10/2015	NWS Age Group 2 1516
15	19:04.16 L	F	Timothy Simpson	21	HASC JHB	31/10/2015	CGA Level 2/3 gala No 2
16	19:29.92 L	F	Gerard Naus	24	FAAC FBD	28/11/2015	Nocasa Age Group 3 KBY 2015
17	19:36.52 L	F	Andries van Oort	28	NWUC KKD	03/12/2015	NWS Championships 2015/2016
18	19:49.54 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	06/02/2016	Uthukela District February Age Group
19	20:12.83 L	F	Frederik Liebenberg	52	BLMA CPT	26/06/2015	PEA Winter Gala 2015
20	20:45.81 L	F	Maurits Marnewick	22	NWUC KKD	03/12/2015	NWS Championships 2015/2016
21	21:42.05 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016
22	21:47.28 L	F	Hendrik Tryhou	39	CSA EZD	27/11/2015	Mpumalanga Championships 2015
23	21:57.63 L	F	Eric Nilsson	30	CSA EZD	27/11/2015	Mpumalanga Championships 2015
24	22:00.14 L	F	Grozelle Stoltz	34	CSA EZD	27/11/2015	Mpumalanga Championships 2015
25	22:19.44 L	F	Nkosinolwazi Mbatha	19	USH UJD	06/02/2016	uThungulu District February Age Group
26	24:15.67 L	F	Richard Joubert	46	CSA EZD	27/11/2015	Mpumalanga Championships 2015
27	24:32.82 L	F	Pieter Bell	25	WHFC CED	07/11/2015	WP SENIOR LEAGUE SUMMER 4
28	28:11.23 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016
29	29:18.57 L	F	Sarel Corrie	58	UPTS ZMD	07/01/2016	NOCASA Champs 2016
Men 3000 Free							
1	40.01 L	F	Gary Albertyn	47	NTS FSH	30/01/2016	Gauteng Open Water Champs
2	41.03 L	O	Craig Groenewald	37	STAD JHB	24/10/2015	Sun City Swim
3	44.29 L	F	Henry Bentley	20	NTS FSH	30/01/2016	Gauteng Open Water Champs
4	44.58 L	O	Kelvin Steyn	25	WAHO JHB	24/10/2015	Sun City Swim
5	45.18 L	O	Owen Sheftz	39	WAHO JHB	24/10/2015	Sun City Swim
6	46.44 L	F	Owen Sheftz	39	CGA JHB	30/01/2016	Gauteng Open Water Champs
7	51.12 L	F	Johann Pretorius	52	NTS FSH	30/01/2016	Gauteng Open Water Champs
8	55.14 L	F	Neil Pretorius	44	CGA JHB	30/01/2016	Gauteng Open Water Champs
9	55.37 L	F	Michael Houtman	52	NTS FSH	30/01/2016	Gauteng Open Water Champs
10	34:58.00 L	F	Chad Ho	25	ACSA ETH	01/11/2015	Lake Eland Mile
11	38:38.91 L	O	Rudolf Visser	19	CYBE CPT	30/01/2016	WP Open Water Champs 2016
12	38:50.34 L	O	Stephanus Roodt	19	MATI CED	30/01/2016	WP Open Water Champs 2016
13	39:34.00 L	O	Raul Henney	JN	BLOT MAN	05/02/2016	Free State Open Water 2016
14	39:57.40 L	O	Anthony Pearse	47	WPA CPT	05/03/2016	Sa National Aquatic Championship
15	40:23.15 L	O	Juan-Jacques Van der Hoogen	21	KZNA ETH	05/03/2016	Sa National Aquatic Championship
16	41:35.00 L	O	Peter-John Duffy	46	AQUB NMA	14/02/2016	NMBA Open Water Champs (Round 5)
17	42:19.50 L	O	Brendon Pienaar	35	WPA CPT	05/03/2016	Sa National Aquatic Championship
18	42:37.30 L	O	Frederik Liebenberg	52	BLMA CPT	30/01/2016	WP Open Water Champs 2016
19	45:18.63 L	O	Phillip Dempster	46	VINE CPT	15/11/2015	WP Open Water Challenge 1
20	45:21.05 L	O	Duncan Bonney	23	VINE CPT	15/11/2015	WP Open Water Challenge 1
21	45:22.25 L	O	Paul Stevenson	59	WPA CPT	05/03/2016	Sa National Aquatic Championship

Individual Top Times

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Times until: 30-Apr-16

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
22	45:28.55	L	O	Quintin Van Staden	23	UWCA CPT	30/01/2016	WP Open Water Champs 2016
23	45:50.00	L	O	Jared Burger	20	USC BUF	07/02/2016	NMBA Open Water Champs (Round 4)
24	46:00.15	L	O	Maxmillian Carbonell Taylor	20	NWS BPD	05/03/2016	Sa National Aquatic Championship
25	46:27.69	L	O	Kurt Van Staden	20	UWCA CPT	30/01/2016	WP Open Water Champs 2016
26	46:48.97	L	O	Clive Webb	43	WPA CPT	05/03/2016	Sa National Aquatic Championship
27	47:57.19	L	O	Hendrik Kruger	56	CPTW CPT	30/01/2016	WP Open Water Champs 2016
28	49:17.34	L	O	Valentino Vergotine	28	XSAQ CPT	13/12/2015	WP Open Water Challenge 2
29	49:19.02	L	O	Grantham Manchest	24	XSAQ CPT	30/01/2016	WP Open Water Champs 2016
30	50:22.84	L	O	Clive Giles	44	QUIC CPT	30/01/2016	WP Open Water Champs 2016
31	54:14.00	L	O	Gregory Tucker	48	TWSA NMA	17/01/2016	NMBA EC Swim Series 3
32	57:08.00	L	O	Ralph West	55	AQUB NMA	07/02/2016	NMBA Open Water Champs (Round 4)
33	57:16.00	L	O	Stanford Slabbert	57	BEST NMA	07/02/2016	NMBA Open Water Champs (Round 4)
34	58:08.16	L	O	Neil Steenkamp	38	CPTW CPT	13/12/2015	WP Open Water Challenge 2
35	1:00:57.00	L	F	Leslie Hademan	72	ACSA ETH	01/11/2015	Lake Eland Mile
36	1:07:29.00	L	F	Gerhard Van Rooijen	66	KZNO ETH	22/11/2015	KZN Open Water Championships 2015
Men 5000 Free								
1	1:01.16	L	O	Nicolaos Manoussakis	22	MDOL JHB	29/11/2015	Heia Safari Challenge 2
2	1:09.21	L	F	Craig Groenewald	37	CGA JHB	30/01/2016	Gauteng Open Water Champs
3	1:13.58	L	F	Henry Bentley	20	NTS FSH	30/01/2016	Gauteng Open Water Champs
4	1:20.17	L	O	Kelvin Steyn	25	WAHO JHB	29/11/2015	Heia Safari Challenge 2
5	55:17.60	L	O	Chad Ho	25	ACSA ETH	24/07/2015	16th Fina OWS Champs -Kazan
6	55:26.01	L	F	Daniel Marais	23	SGUL ETH	17/10/2015	Campionato Italiano Assoluto
7	58:45.40	L	O	Rudolf Visser	19	WPA CPT	05/03/2016	Sa National Aquatic Championship
8	58:49.63	L	O	Abdul-Malick Railoun	23	WPA CPT	05/03/2016	Sa National Aquatic Championship
9	1:04:44.00	L	F	Marco' Smit	19	SEAL UMD	22/11/2015	KZN Open Water Championships 2015
10	1:04:59.90	L	O	Stephanus Roodt	19	WPA CPT	05/03/2016	Sa National Aquatic Championship
11	1:05:20.47	L	O	Reino von Wielligh	23	NWS BPD	05/03/2016	Sa National Aquatic Championship
12	1:07:45.00	L	O	Pierre Theron	20	KOVS MAN	05/02/2016	Free State Open Water 2016
13	1:08:43.00	L	F	Gary Albertyn	47	COEL FSH	23/01/2016	Lake Heritage Water Festival
14	1:09:51.87	L	O	Keanu Silent	19	UWCA CPT	30/01/2016	WP Open Water Champs 2016
15	1:10:09.90	L	O	Juan-Jacques Van der Hoogen	21	KZNA ETH	05/03/2016	Sa National Aquatic Championship
16	1:10:26.14	L	O	Anthony Pearse	47	VINE CPT	17/01/2016	WP Open Water Challenge 3
17	1:12:50.00	L	O	Wayne Jones	21	BEST NMA	15/11/2015	NMBA EC Swim Series 2
18	1:22:13.00	L	F	Maxmillian Carbonell Taylor	20	HREF BPD	23/01/2016	Lake Heritage Water Festival
19	1:22:41.99	L	O	Paul Stevenson	59	CPTW CPT	15/11/2015	WP Open Water Challenge 1
20	1:22:43.00	L	O	Jared Burger	20	USC BUF	14/02/2016	NMBA Open Water Champs (Round 5)
21	1:24:08.47	L	O	Valentino Vergotine	28	XSAQ CPT	17/01/2016	WP Open Water Challenge 3
22	1:26:32.37	L	O	Phillip Dempster	46	VINE CPT	30/01/2016	WP Open Water Champs 2016
23	1:26:49.91	L	O	Sean Woodley	40	TYGE CPT	17/01/2016	WP Open Water Challenge 3
24	1:31:18.00	L	O	Wade Van Rensburg	41	AQUB NMA	07/02/2016	NMBA Open Water Champs (Round 4)
25	1:40:07.00	L	O	Stanford Slabbert	57	BEST NMA	14/02/2016	NMBA Open Water Champs (Round 5)
Men 7500 Free								
1	2:16.16	L	F	Lefteri Papadopoulos	44	NTS FSH	30/01/2016	Gauteng Open Water Champs
2	2:11:39.54	L	O	Sean Woodley	40	TYGE CPT	30/01/2016	WP Open Water Champs 2016
Men 10000 Free								
1	1:57.03	L	F	Troy Prinsloo	30	KZNA ETH	30/01/2016	Gauteng Open Water Champs
2	2:06.56	L	F	Nicolaos Manoussakis	22	CGA JHB	30/01/2016	Gauteng Open Water Champs
3	2:16.27	L	F	Reino von Wielligh	23	NW BPD	30/01/2016	Gauteng Open Water Champs
4	2:25.47	L	F	Tyron Venter	30	CGA JHB	30/01/2016	Gauteng Open Water Champs
5	2:54.40	L	F	Kelvin Steyn	25	CGA JHB	30/01/2016	Gauteng Open Water Champs
6	1:50:47.90	L	O	Chad Ho	25	ACSA ETH	24/07/2015	16th Fina OWS Champs -Kazan
7	1:54:19.00	L	F	Daniel Marais	23	SGUL ETH	17/10/2015	Campionato Italiano Assoluto
8	1:57:03.00	L	F	Hercules Prinsloo	30	SGUL ETH	30/01/2016	Gauteng Open Water Championships
9	1:59:59.61	L	O	Rudolf Visser	19	WPA CPT	05/03/2016	Sa National Aquatic Championship
10	2:03:35.39	L	O	Abdul-Malick Railoun	23	WPA CPT	05/03/2016	Sa National Aquatic Championship
11	2:53:41.94	L	O	Paul Stevenson	59	CPTW CPT	15/11/2015	WP Open Water Challenge 1
Men 50 Back								
1	25.58	L	F	Jacques Van Wyk	23	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
2	25.83 L	F	Richard Ellis	28	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
3	25.97 L	F	Christopher Reid	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
4	26.09 L	F	David De Villiers	23	RSA ZZ	04/07/2015	28th Summer Universiade
5	26.52 L	F	Gerhard Zandberg	33	TUKS FSH	03/12/2015	NTS Championships 2015
6	26.55 L	P	Calvyn Justus	20	SGUL ETH	09/01/2016	2016 Grand Prix Invitation Swimming
7	26.87 L	F	Marno Langeveldt	22	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships
8	26.88 L	F	David Van Der Colff	19	TUKS FSH	03/08/2015	Fina World Champs Kazan Russia 2015
9	26.89 L	F	Martin Binedell	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
10*	26.95 L L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
10*	26.95 L	P	Willem Scheepers	29	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
12	26.98 L	F	Jarryd Hoole	20	VIKI BO	16/12/2015	KZN Speedo Provincial Championships
13	27.05 L	P	Clayton Jimmie	20	SGUL ETH	06/11/2015	Fina -Mastbank Swimming World Cup
14	27.33 L	P	Joshua Walters	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
15	27.52 L	P	Neil Fair	19	RSA	07/09/2015	V Commonwealth Youth Games
16	27.55 L	F	Christopher King	30	VINE CPT	04/12/2015	WP SUMMER CHAMPS
17	27.58 L	P	Liam Fourie	21	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
18	27.62 L	P	Shaun De Villiers	23	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships
19	27.69 L	F	Ockert Maritz	19	SS LP	27/11/2015	Limpopo Champs 27-29 November 2015
20	27.75 L	F	Reynier Pretorius	21	KOVs MAN	16/12/2015	KZN Speedo Provincial Championships
21	27.85 L	S	Damian Mullen	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
22	27.97 L	F	Pieter Loubser	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
23	28.05 L	P	Simon Thirsk	37	ELEC JHB	07/07/2015	KZN SPEEDO PRESTIGE
24	28.07 L	F	Willem du Plessis	19	BLSS MAN	07/07/2015	KZN SPEEDO PRESTIGE
25	28.10 L	F	Wayne Jones	21	BEST NMA	04/12/2015	NMBA Championships 2015
26	28.18 L	F	Stephanus De Kock	20	TUKS FSH	05/02/2016	2016 Grand Prix Invitation Swimming
27	28.19 L	S	Johan Lourens	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
28	28.25 L L	F	Chad Idensohn	19	SEAL UMD	07/07/2015	KZN SPEEDO PRESTIGE
29	28.36 L	P	Peter Wetzlar	19	WSTV ETH	10/06/2015	XXXVI Cuitat de Barcelona
30	28.46 L	F	Jacobus Olivier	21	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
31	28.47 L	F	Joshua Finch	21	UWCA CPT	20/02/2016	WP Summer Qualifying Gala 2
32	28.50 L	F	Mel Stronkhorst	24	KSC EZD	09/01/2016	2016 Grand Prix Invitation Swimming
33	28.54 L	P	Keanu Silent	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
34	28.80 L	F	Dayne Odendaal	19	SGUL ETH	15/08/2015	KZN Age Group Gala 2
35	28.85 L	F	Ruan Ras	19	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
36	28.89 L	P	Dagyn Davis-Hannibal	19	QUES FSH	18/03/2016	SA Level 3 National Age Group Champs
37	29.00 L	F	Blaine Kruger	20	USC BUF	26/06/2015	PEA Winter Gala 2015
38	29.02 L	P	Vincent Delagey	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
39	29.16 L	P	Armin Oberholster	19	WPA CPT	18/03/2016	SA Level 3 National Age Group Champs
40	29.17 L	P	Arno Pelsler	20	VINE CPT	26/02/2016	2016 Grand Prix Invitation Swimming
41	29.18 L	F	Gregory Kahn	45	AQUB NMA	04/12/2015	NMBA Championships 2015
42	29.22 L	F	Mark Roach	19	HARL BUF	14/08/2015	Fourth World Deaf Championship 2015
43	29.27 L S	F	Reynard Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
44	29.28 L	P	Gregory Kotze	19	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
45	29.29 L	F	Neal Crawford	31	AEC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
46	29.43 L	P	Eben Vorster	19	KOVs MAN	07/07/2015	KZN SPEEDO PRESTIGE
47	29.70 L	F	Harald Ruck	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
48	29.84 L	P	Brandon Beck	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
49	29.89 L	F	Bradley Van Staden	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
50	29.92 L	F	Dimitri Kalamoudacos	22	WSTV ETH	27/11/2015	KZN TYR Westville Sprints 2015
51	29.95 L	P	Dylan van Pletzen	19	VIKI BO	03/10/2015	Aquabear Invitational Meet
52	30.06 L	P	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS
53	30.07 L	P	Dean Coetzee	31	BOKS EKU	03/12/2015	EGA Championships 2015
54	30.13 L S	F	Alard Basson	20	NMMU NMA	16/01/2016	NMBA 5th A-League Gala 2014
55	30.30 L	P	Trad Louw	20	ONYX EKU	03/12/2015	EGA Championships 2015
56	30.36 L	F	Joshua Barry	20	ACSA ETH	15/08/2015	KZN Age Group Gala 2
57	30.38 L	P	Edward Johannisen	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
58	30.39 L	F	Bryce Pendock	20	MATI CED	07/11/2015	WP SENIOR LEAGUE SUMMER 4
59	30.43 L	P	Armand Maritz	19	TUKS FSH	03/12/2015	NTS Championships 2015
60	30.61 L	F	Wiehann Kock	21	NWUC KKD	31/10/2015	NWS Age Group 2 1516

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	Time	P/F/S	Name	Age/Yr			
61	30.66 L	F	Andre Steynberg	59	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
62	30.72 L	F	Sphephelo Ntaka	19	RSA	06/05/2015	2015 Cana Zone IV Swimming
63	30.86 L	F	Jacobus Gloak	23	HILL TSH	14/08/2015	NTS August Combined Age Group Gala
64	30.87 L	F	Anrich Kleynhans	22	TUKS TSH	18/09/2015	NTS September Age Group Gala 2015
65	31.09 L	F	Hardus Louw	21	POTC KKD	31/10/2015	NWS Age Group 2 1516
66	31.21 L	P	Jamie Jackson	20	NMMU NMA	03/10/2015	Aquabear Invitational Meet
67	31.23 L	F	Lain Schutte	40	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
68	31.41 L	P	Jarred Stigant	19	WSAA CPT	04/12/2015	WP SUMMER CHAMPS
69	31.49 L	F	Pieter Du Preez	19	BLSS MAN	26/09/2015	Super Sport Seals Gala 2015
70	31.65 L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016
71	32.01 L	P	Edwin Jeppe	24	CADO CPT	26/02/2016	2016 Grand Prix Invitation Swimming
72	32.11 L	P	Ross Kincaid	19	KLOO ETH	29/06/2015	Sasol National Championship 2015
73	32.54 L	F	Achmat Hassiem	33	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
74	32.77 L	F	Jacques Pieters	43	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
75	32.79 L	F	Ruan Breed	19	LIMSC LP	16/10/2015	Limpopo HS Topskole 2015
76	32.82 L	P	Jean - Michel Alves	20	AEC JHB	05/12/2015	Vita-thion CGA Champs
77	33.00 L L	F	Kevin Richards	52	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
78	33.06 L	F	James Gittings	56	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
79	33.08 L	F	Aaron Putz	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
80	33.21 L	F	Trevor Morgan	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
81	33.31 L	F	Mark Albertyn	45	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
82	33.44 L	F	Hendrik Tryhou	39	CSA EZD	27/11/2015	Mpumalanga Championships 2015
83	33.47 L	F	Johandre Delpont	19	ESP EKU	23/10/2015	EGA League A 2015
84	33.58 L	F	Keenan George	19	MANT CPT	20/02/2016	WP Summer Qualifying Gala 2
85	33.61 L	F	Sean Pietersen	19	ISSC NMD	03/12/2015	NWS Championships 2015/2016
86	33.66 L	F	Shaun Bouwer	27	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
87	33.71 L	F	Challis Wright	24	MDOL JHB	23/01/2016	CGA Level 2-3 gala No 4
88	33.80 L L	F	Nicholas Orton	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
89	33.82 L	F	Tevin Du Toit	19	ACSA ETH	15/08/2015	KZN Age Group Gala 2
90	33.87 L	F	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
91	33.89 L	F	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
92	33.95 L	F	Trevor du Plessis	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
93	34.35 L	P	Johannes Van Coller	20	TUKS TSH	29/06/2015	Sasol National Championship 2015
94	34.51 L	F	Michael Winfield	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
95	34.55 L	P	Ethan Pause	20	ASA CPT	04/12/2015	WP SUMMER CHAMPS
96	34.98 L	F	Guy Mottram	49	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
97	35.01 L	F	Trevor Wright	31	MATL KKD	03/12/2015	NWS Championships 2015/2016
98	35.18 L	F	Barry Serfontein	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
99*	35.27 L	F	Marceleno Thomas	20	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
99*	35.27 L	P	David Coates	37	NDSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
101	35.32 L	F	Salvatore Siviero	43	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
102	35.49 L	F	Markus Burri	19	AQUB NMA	06/02/2016	Uitenhage Swimming Club Gala 2016
103	35.68 L	F	Jaundre Olivier	19	FAAC FBD	24/10/2015	Flamingo Gala 2015
104	35.78 L	F	William Paxton	42	USH UJD	16/01/2016	Uthungulu District Age Group Gala
105	35.90 L	P	Juan-Jacques Van der Hoogen	21	LAD UJD	07/07/2015	KZN SPEEDO PRESTIGE
106	36.01 L	F	Eric Nilsson	30	CSA EZD	27/11/2015	Mpumalanga Championships 2015
107	36.06 L	F	Gert van Heerden	20	KOVS MAN	12/09/2015	Otters Charity Gala
108	36.20 L	F	Grantham Manchest	24	XSAQ CPT	07/11/2015	WP SENIOR LEAGUE SUMMER 4
109*	36.30 L	P	Stephanus Steenekamp	19	DBSC SDD	29/06/2015	Sasol National Championship 2015
109*	36.30 L	F	Mswane Tsabedze	19	MATL KKD	20/02/2016	NWS District Development
111	36.49 L	F	Vincent Frenz	26	MATI CED	20/02/2016	WP Summer Qualifying Gala 2
112	36.74 L L	F	Tyrel van Reenen	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
113	36.83 L	F	Nicholas Reen	61	AQUB NMA	03/10/2015	Aquabear Invitational Meet
114	36.96 L	F	Craig Gnesin	39	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
115	37.06 L	F	Alexander Haberstroh	37	TUKS TSH	16/10/2015	NTS October Age Group 2015 Level 2+3
116	37.21 L	F	David Baker	28	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
117	37.48 L	F	Valentino Vergotine	28	XSAQ CPT	04/12/2015	WP SUMMER CHAMPS
118	37.52 L L	F	Andre Nel	41	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
119	37.58 L	F	Keith Gordon-Davis	55	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban

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	Time	P/F/S	Name	Age/Yr				
120	37.86 L	F	Douglas Wilson	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
121	37.98 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016	
122	38.08 L	F	Bruce Rankin	52	TLAC BPD	03/12/2015	NWS Championships 2015/2016	
123	38.10 L	F	Bongani Sillo	19	UMSH ETH	24/10/2015	eThekwini Age Group Gala 5	
124	38.11 L	F	Nigel Hendricks	57	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
125	38.23 L	P	Charl Parkin	47	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016	
126	38.43 L L	F	Terence Downes	67	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
127	38.44 L	F	Anton Allner	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
128	38.55 L	F	Frederik Liebenberg	52	BLMA CPT	26/06/2015	PEA Winter Gala 2015	
129	38.74 L	F	Jan Williams	46	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
130	38.77 L	F	Ntandoyenkosi Nxumalo	20	UMSH ETH	24/10/2015	eThekwini Age Group Gala 5	
131	39.00 L	F	James Hughes	72	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
132	39.35 L	F	Pieter Coetze	43	RBOT BPD	03/12/2015	NWS Championships 2015/2016	
133	39.40 L L	F	Mahmud Adam	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
134	39.72 L	F	Guy Wilson	69	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
135	40.15 L	F	Kenneth Pattinson	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
136	40.21 L	F	Alan Searle	41	BEST NMA	06/11/2015	Freda Barnard Gala 34	
137	40.45 L	F	Francis Searle	66	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
138	40.49 L	F	Ebert Kleynhans	45	GHSK FBD	07/01/2016	NOCASA Champs 2016	
139	40.95 L	F	Paul Alcock	55	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
140	41.14 L	F	Christo Fourie	49	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
141	41.39 L	F	David Blaauw	46	MATL KKD	03/12/2015	NWS Championships 2015/2016	
142	41.52 L	F	Frederik Carstens	45	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
143	41.70 L	F	Allen Morrison	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
144	41.75 L	F	Michael Proome	30	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
145	41.93 L	F	Christoffel Grobler	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
146	42.01 L	F	Petrus Van Dijk	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban	
147	42.34 L	F	Aston Wilson	20	SUPE JHB	17/10/2015	EGA Summer 2_17 Oct 2015	
148	42.40 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016	
149	42.43 L	F	Gomolemo Khomo	20	TUKS FSH	14/08/2015	NTS August Combined Age Group Gala	
150	42.62 L	F	Sandile Shezi	19	PISC ETH	15/08/2015	KZN Age Group Gala 2	
151	42.85 L	F	David Williams	28	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
152	42.94 L L	F	Francois Coetzee	46	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
153	43.14 L	P	Moses Malatji	23	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
154	43.28 L	F	Richard Maynard	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
155	43.51 L	F	Mufaro Jonasi	24	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
156	43.63 L	F	Peter Bennetto	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
157	43.94 L	F	Johan Brand	55	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
158*	44.38 L	F	Cornelis Brink	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
158*	44.38 L	F	Robert Crowther	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
160	44.96 L	F	Jacques Le Roux	40	AQUB NMA	29/08/2015	Nedbank Madibaz swim meet 2015	
161*	45.11 L	F	David Jaas	19	MATL KKD	31/10/2015	NWS Age Group 2 1516	
161*	45.11 L	P	Sean O'Neil	31	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
163	45.67 L	F	Hercules Weideman	21	FISH EDD	13/02/2016	EDEN 6th A-League Gala	
164	45.84 L	F	Johan Muller	45	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
165	45.89 L	F	Gordon Greaves	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
166	46.07 L	F	Brody Eddie	21	PISC ETH	15/08/2015	KZN Age Group Gala 2	
167	46.99 L	F	Michael Cameron	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
168	47.47 L	F	Ralph West	55	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
169	48.04 L	F	James Saunders	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
170	48.63 L	F	Colin Whittal	59	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
171	49.02 L	F	Winton Myers	71	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
172	49.28 L	F	Bernard Parkin	71	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
173	49.48 L	F	Karl Hebbelmann	28	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse	
174	49.74 L	F	Sarel Corrie	58	NCASA FBD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
175	49.77 L	F	Peter Lundy	30	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse	
176	49.79 L	F	Johannes Hugo	26	MATI CED	06/02/2016	WP JACK CURRIE CHAMPS	
177	50.90 L	F	Hylton Heggie	25	NDSA ETH	24/10/2015	eThekwini Age Group Gala 5	
178	52.48 L L	F	Jacobus Burger	66	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
179	53.38 L	F	Josef Hillstrom	71	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
180	53.67 L L	F	John Garson	77	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
181	55.02 L	P	Stephanus Coetzee	28	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
182	55.70 L	F	Gifth Bongani	19	KWHA NGD	27/11/2015	Mpumalanga Championships 2015
183	56.18 L	F	David de Beer	53	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
184	57.45 L	F	Matthys Walters	47	BARR CPT	06/11/2015	Freda Barnard Gala 34
185	1:00.41 L	F	Wilhelm Lineveldt	72	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
186	1:03.42 L	F	William Cordell	78	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
187	1:04.73 L	F	Nkanyiso Masinga	27	WATR JHB	21/11/2015	CGA Level 2/3 Gala No 3
188	1:06.15 L	F	Quinton Harris	34	FSE UHD	06/02/2016	uThungulu District February Age Group
189	1:09.59 L	F	Peter Hutchings	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
190	1:27.69 L L	F	Hendrik Jv Rensburg	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
191	1:43.19 L	F	Neville Muir	77	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
192	1:56.67 L	F	Johann Romer	85	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
Men 100 Back							
1	53.12 L	P	Christopher Reid	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
2	55.57 L	F	Calvyn Justus	20	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
3	55.83 L	F	Richard Ellis	28	RSA	06/09/2015	11th All African Games-Brazzaville 2015
4*	55.84 L	F	David De Villiers	23	RSA	06/09/2015	11th All African Games-Brazzaville 2015
4*	55.84 L	P	Jacques Van Wyk	23	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016
6	56.02 L	P	Chad Le Clos	24	SGUL ETH	10/06/2015	XXXVI Cuitat de Barcelona
7*	57.04 L	P	Martin Binedell	20	TUKS TSH	16/12/2015	KZN Speedo Provincial Championships
7*	57.04 L	F	Devon Brown	23	KZNA ETH	26/06/2015	Treviso Swim Cup
9	57.40 L	P	Neil Fair	19	RSA	07/09/2015	V Commonwealth Youth Games
10	57.41 L	F	Clayton Jimmie	20	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
11	57.69 L	F	Liam Fourie	21	MATI CED	04/12/2015	WP SUMMER CHAMPS
12	57.74 L	F	David Van Der Colff	19	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016
13	57.85 L	P	Johannes Du Rand	33	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016
14	58.16 L	S	Willem Scheepers	29	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
15	58.18 L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
16	58.27 L	F	Gerhard Zandberg	33	TUKS TSH	03/12/2015	NTS Championships 2015
17	58.33 L	F	Marno Langeveldt	22	TUKS TSH	16/12/2015	KZN Speedo Provincial Championships
18	58.67 L	F	Christopher King	30	VINE CPT	04/12/2015	WP SUMMER CHAMPS
19	59.05 L	P	Brandon Norman	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
20	59.07 L L	F	Joshua Walters	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
21	59.11 L	S	Jarryd Hoole	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
22	59.13 L	F	Damian Mullen	19	WATR JHB	05/12/2015	Vita-thion CGA Champs
23	59.45 L	P	Reynier Pretorius	21	KOVS MAN	06/11/2015	Fina -Mastbank Swimming World Cup
24	59.52 L	F	Brent Szurdoki	19	WATR JHB	04/07/2015	Pescara Naiadi Swim Cup
25	1:00.04 L S	F	Willem du Plessis	19	BLSS MAN	07/07/2015	KZN SPEEDO PRESTIGE
26	1:00.26 L	F	Wayne Jones	21	BEST NMA	04/12/2015	NMBA Championships 2015
27	1:00.40 L	P	Dayne Odendaal	19	RSA	25/08/2015	5th FINA World Junior Swimming
28	1:00.42 L	P	Arno Pelser	20	VINE CPT	04/12/2015	WP SUMMER CHAMPS
29	1:01.04 L	P	Doron BENJAMIN	24	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
30	1:01.29 L	P	Stephanus De Kock	20	TUKS TSH	04/12/2015	WP SUMMER CHAMPS
31	1:01.50 L	F	Jacobus Olivier	21	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
32	1:01.54 L	F	Francois Rossouw	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
33	1:01.71 L	P	Dagyn Davis-Hannibal	19	QUES TSH	18/03/2016	SA Level 3 National Age Group Champs
34	1:01.85 L S	P	Simon Thirsk	37	ELEC JHB	07/07/2015	KZN SPEEDO PRESTIGE
35	1:01.87 L L	F	Pieter Loubser	20	MATI CED	04/12/2015	WP SUMMER CHAMPS
36	1:01.92 L	P	Gregory Kotze	19	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
37	1:01.94 L	P	Keanu Silent	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
38	1:02.26 L	F	Peter Wetzlar	19	WSTV ETH	05/02/2016	2016 Grand Prix Invitation Swimming
39	1:02.27 L	F	Ruan Ras	19	TUKS TSH	20/11/2015	NTS November Age Group 2015 Level
40	1:02.35 L	P	Jesse Nielsen	21	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
41	1:02.55 L	F	Eben Vorster	19	KOVS MAN	16/10/2015	Otters Prestige Gala 2015
42	1:02.59 L	F	Ockert Maritz	19	SS LP	31/10/2015	Limpopo Age Group 4
43	1:02.68 L	P	Joshua Finch	21	UWCA CPT	26/02/2016	2016 Grand Prix Invitation Swimming
44	1:02.76 L	F	Shaun De Villiers	23	TUKS TSH	20/11/2015	NTS November Age Group 2015 Level

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
45	1:03.04	L	F	Blaine Kruger	20	USC BUF	26/06/2015	PEA Winter Gala 2015
46	1:03.57	L	F	Johan Lourens	20	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
47	1:03.72	L	F	Alard Basson	20	NMMU NMA	04/12/2015	NMBA Championships 2015
48	1:03.86	L	F	Vincent Delagey	22	AEC JHB	05/12/2015	Vita-thion CGA Champs
49	1:04.00	L	P	Giulio Zorzi	27	TUKS FSH	03/12/2015	NTS Championships 2015
50	1:04.14	L	P	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS
51	1:04.25	L	F	Neal Crawford	31	AEC JHB	23/01/2016	CGA Level 2-3 gala No 4
52	1:04.28	L	F	Reynard Wessels	AR	BLOT MAN	16/10/2015	Otters Prestige Gala 2015
53	1:04.32	L	F	Dimitri Kalamoudacos	22	WSTV ETH	27/11/2015	KZN TYR Westville Sprints 2015
54*	1:04.41	L	F	Nico Meyer	24	MDOL JHB	30/01/2016	EGA Summer 4
54*	1:04.41	L	P	Michael Bowers	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
56	1:04.49	L	P	Brandon Beck	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
57	1:04.70	L	F	Mel Stronkhorst	24	KSC EZD	27/11/2015	Mpumalanga Championships 2015
58	1:05.08	L	F	Bradley Van Staden	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
59	1:05.49	L	P	Jarred Stigant	19	WSAA CPT	04/12/2015	WP SUMMER CHAMPS
60	1:05.58	L	F	Alexander Finney	22	WSAA CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
61	1:06.82	L	F	Kyle Morris	19	LINR JHB	21/11/2015	CGA Level 2/3 Gala No 3
62	1:07.27	L	P	Petrus Van Niekerk	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
63	1:07.35	L	P	Sphephelo Ntaka	19	UMSH ETH	05/02/2016	2016 Grand Prix Invitation Swimming
64	1:07.67	L L	F	Edward Johannisen	21	NMMU NMA	04/12/2015	NMBA Championships 2015
65	1:07.76	L	F	Harald Ruck	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
66	1:07.82	L S	F	Rudolf Visser	19	CYBE CPT	07/07/2015	KZN SPEEDO PRESTIGE
67	1:08.33	L	F	Tevin Du Toit	19	ACSA ETH	16/12/2015	KZN Speedo Provincial Championships
68	1:08.35	L	P	Jacobus Gloak	23	HILL FSH	03/12/2015	NTS Championships 2015
69	1:08.47	L	F	Reino von Wielligh	23	WVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
70	1:08.86	L	F	Andre Steynberg	59	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
71	1:09.21	L	F	Dean Coetzee	31	BOKS EKU	30/01/2016	EGA Summer 4
72	1:09.28	L	F	Achmat Hassiem	33	CADO CPT	04/12/2015	WP SUMMER CHAMPS
73	1:09.34	L	F	Andrew Campbell	28	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
74	1:09.50	L	F	Craig Groenewald	37	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
75	1:09.71	L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
76	1:10.12	L	F	Chad Ho	25	ACSA ETH	14/11/2015	eThekweni Age Group Gala 6
77	1:10.70	L	P	Ross Kincaid	19	KLOO ETH	29/06/2015	Sasol National Championship 2015
78	1:10.75	L	F	Lain Schutte	40	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
79	1:11.21	L	F	Wade Dannhauser	23	SGUL ETH	01/08/2015	KZN Age Group Gala 1
80	1:11.39	L	F	Aaron Putz	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
81	1:11.66	L	F	Challis Wright	24	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
82	1:11.97	L	F	Timothy Shead	63	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
83	1:12.07	L	P	Jean - Michel Alves	20	AEC JHB	05/12/2015	Vita-thion CGA Champs
84	1:12.56	L	F	Edwin Jeppe	24	CADO CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
85	1:12.57	L	P	Johandre Delpont	19	ESP EKU	03/12/2015	EGA Championships 2015
86	1:12.63	L	P	Keenan George	19	MANT CPT	04/12/2015	WP SUMMER CHAMPS
87	1:13.12	L	F	Harald Kruger	48	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
88	1:13.30	L	F	James Gittings	56	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
89	1:13.57	L	F	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
90	1:13.92	L	F	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
91	1:14.60	L S	P	David Coates	37	NDSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
92	1:14.81	L	F	Hendrik Herbst	23	MATI CED	13/07/2015	IPC Swimming World Champs 2015
93	1:15.00	L	F	Shaun Bouwer	27	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
94	1:15.46	L	F	Jacques Pieters	43	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
95	1:15.54	L	F	Trevor Morgan	56	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
96	1:15.91	L	F	Ethan Paulse	20	ASA CPT	04/12/2015	WP SUMMER CHAMPS
97	1:16.06	L	F	Hendrik Tryhou	39	CSA EZD	27/11/2015	Mpumalanga Championships 2015
98	1:16.19	L	P	Marceleno Thomas	20	SUPE JHB	05/12/2015	Vita-thion CGA Champs
99	1:16.55	L	F	Deon Johnstone	19	SUPE JHB	17/10/2015	EGA Summer 2_17 Oct 2015
100	1:17.55	L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	05/12/2015	Amajuba Distr 2015 Long Course
101	1:17.75	L	F	Trevor du Plessis	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
102	1:18.73	L	F	William Paxton	42	USH UJD	16/01/2016	Uthungulu District Age Group Gala
103	1:18.85	L	F	Nicholas Orton	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
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	Time	P/F/S	Name	Age/Yr			
104	1:19.03 L	F	Gert van Heerden	20	KOVS MAN	19/09/2015	Neptune Volvo Spring Gala 2015
105	1:19.85 L	F	Sean Pietersen	19	ISSC NMD	05/02/2016	NW Schools Swimming Championships
106	1:20.35 L	P	Frederik Liebenberg	52	BLMA CPT	04/12/2015	WP SUMMER CHAMPS
107	1:20.53 L	F	Terence Downes	67	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
108	1:20.54 L	F	Kevin Waller	28	CADO CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
109	1:20.78 L	F	Barry Serfontein	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
110	1:21.41 L	F	Valentino Vergotine	28	XSAQ CPT	04/12/2015	WP SUMMER CHAMPS
111	1:21.50 L	F	Michael Winfield	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
112	1:21.53 L	F	Grantham Manchest	24	XSAQ CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
113	1:21.89 L	F	Alexander Haberstroh	37	TUKS TSH	16/10/2015	NTS October Age Group 2015 Level 2+3
114	1:22.20 L	F	Mswane Tsabedze	19	MATL KKD	03/12/2015	NWS Championships 2015/2016
115	1:22.45 L	F	Arthur Tamsen	46	COEL TSH	03/12/2015	NTS Championships 2015
116	1:23.01 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	10/10/2015	NWS Age Group 1 1516
117	1:23.69 L	P	Stephanus Steenekamp	19	DBSC SDD	29/06/2015	Sasol National Championship 2015
118	1:24.03 L	F	Bruce Rankin	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
119	1:25.62 L	F	Craig Gnesin	39	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
120	1:26.48 L	F	Douglas Howieson	63	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
121	1:26.79 L	F	Mahmud Adam	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
122	1:27.06 L	F	Ntandoyenkosi Nxumalo	20	UMSH ETH	12/09/2015	KZN Age Group 3 Gala
123	1:27.14 L	F	Craig Stanton	47	COEL TSH	03/12/2015	NTS Championships 2015
124	1:27.24 L	F	Anton Allner	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
125	1:28.47 L	F	James Hughes	72	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
126	1:28.61 L	F	Guy Wilson	69	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
127	1:29.67 L	F	Keith Gordon-Davis	55	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
128	1:30.30 L	F	Francis Searle	66	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
129	1:31.41 L	F	Phillipe Van Der Leeuw	43	WATR JHB	10/10/2015	Waterborn Invitational
130	1:31.87 L	F	Jan Williams	46	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
131	1:32.54 L	F	Moses Malatji	23	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
132	1:32.58 L	F	David Blaauw	46	MATL KKD	03/12/2015	NWS Championships 2015/2016
133	1:32.75 L	P	David Williams	28	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
134	1:33.90 L S	F	Alan Searle	41	BEST NMA	13/02/2016	6th A-League Gala 2015
135	1:34.41 L	F	Douglas Wilson	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
136	1:35.11 L	F	Paul Alcock	55	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
137	1:36.94 L	F	Sandile Shezi	19	PISC ETH	14/11/2015	eThekweni Age Group Gala 6
138	1:37.09 L S	F	Jacques Le Roux	40	AQUB NMA	13/02/2016	6th A-League Gala 2015
139	1:37.11 L	F	Derek Fyfe	75	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
140	1:37.15 L	F	Pieter Bell	25	WHFC CED	06/02/2016	WP JACK CURRIE CHAMPS
141	1:37.81 L	F	Richard Maynard	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
142	1:38.18 L	F	Guy Harker	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
143	1:38.91 L	F	Cornelis Brink	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
144	1:40.26 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016
145	1:40.60 L	F	Kenneth Pattinson	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
146	1:40.80 L	P	David Jaas	19	MATL KKD	29/06/2015	Sasol National Championship 2015
147	1:41.40 L	F	Sean O'Neil	31	NDSA ETH	16/12/2015	KZN Speedo Provincial Championships
148	1:45.84 L	F	Hercules Weideman	21	FISH EDD	17/10/2015	EDEN 1st A-League Gala
149	1:46.46 L	F	Robert Crowther	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
150	1:46.49 L	F	Karl Hebbelmann	28	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse
151	1:46.70 L	F	Johan Muller	45	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
152	x1:48.36 L	P	Peter Lundy	30	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
153	1:50.01 L	F	Michael Cameron	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
154	1:52.42 L	F	James Saunders	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
155	1:54.60 L	F	Winton Myers	71	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
156	1:57.09 L	F	James Stewart	73	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
157	1:57.50 L	F	Gifth Bongani	19	KWHA NGD	27/11/2015	Mpumalanga Championships 2015
158	2:00.14 L	F	Josef Hillstrom	71	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
159	2:01.05 L	F	Jacobus Burger	66	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
160	2:04.59 L	F	Bernard Parkin	71	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
161	2:08.31 L	F	Stephanus Coetzee	28	ASA ETH	15/08/2015	WP SENIOR LEAGUE SUMMER 1
162	2:11.34 L	F	Sarel Corrie	58	UPTS ZMD	07/01/2016	NOCASA Champs 2016

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
163	2:21.05 L	F	John Garson	77	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
164	3:57.02 L	F	Neville Muir	77	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
165	4:46.21 L	F	Johann Romer	85	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
Men	200 Back							
1	1:57.81 L	F	Chad Le Clos	24	SGUL ETH	15/08/2015	Fina -Airwave Swimming World Cup	
2	1:58.31 L	S	Christopher Reid	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016	
3	2:00.15 L	S	Martin Binedell	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
4	2:02.10 L	S	Neil Fair	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
5	2:02.32 L	F	Richard Ellis	28	RSA	06/09/2015	11th All African Games-Brazzaville 2015	
6	2:04.25 L	P	Michael Meyer	23	MDOL JHB	06/11/2015	Fina -Mastbank Swimming World Cup	
7	2:04.33 L	F	Ruan Ras	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
8	2:05.08 L	F	Liam Fourie	21	MATI CED	04/12/2015	WP SUMMER CHAMPS	
9	2:05.23 L	F	Brent Szurdoki	19	WATR JHB	05/02/2016	2016 Grand Prix Invitation Swimming	
10	2:06.84 L	F	Devon Brown	23	SGUL ETH	09/01/2016	2016 Grand Prix Invitation Swimming	
11	2:07.15 L	S	David Van Der Colff	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016	
12	2:07.42 L	F	David De Villiers	23	TUKS FSH	04/12/2015	WP SUMMER CHAMPS	
13	2:08.11 L	S	Brandon Norman	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	
14	2:09.67 L	S	Reynier Pretorius	21	FS MAN	10/04/2016	Sa National Aquatic Championship 2016	
15	2:09.97 L	P	Wayne Jones	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016	
16	2:10.46 L S	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015	
17	2:11.38 L	P	Arno Pelsler	20	VINE CPT	04/12/2015	WP SUMMER CHAMPS	
18	2:11.77 L	F	Christopher King	30	VINE CPT	20/02/2016	WP Summer Qualifying Gala 2	
19	2:11.80 L	F	Damian Mullen	19	WATR JHB	10/10/2015	Waterborn Invitational	
20	2:12.47 L	F	Willem du Plessis	19	BLSS MAN	07/07/2015	KZN SPEEDO PRESTIGE	
21	2:14.38 L	F	Gregory Kotze	19	PEAS NMA	03/10/2015	Aquabear Invitational Meet	
22	2:16.02 L	P	Stephanus De Kock	20	TUKS FSH	04/12/2015	WP SUMMER CHAMPS	
23	2:17.43 L	F	Willem Scheepers	29	NWUC KKD	03/12/2015	NWS Championships 2015/2016	
24	2:18.30 L	F	Neal Crawford	31	AEC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala	
25	2:19.24 L	F	Gerhard Zandberg	33	TUKS FSH	21/08/2015	NTS August Combined Age Group # 2 -	
26	2:19.90 L	P	Dagyn Davis-Hannibal	19	QUES FSH	18/03/2016	SA Level 3 National Age Group Champs	
27	2:21.71 L	F	Simon Thirsk	37	ELEC JHB	21/11/2015	CGA Level 2/3 Gala No 3	
28	2:21.75 L	F	Rudolf Visser	19	CYBE CPT	07/07/2015	KZN SPEEDO PRESTIGE	
29	2:22.16 L	F	John Ellis	25	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
30	2:22.26 L	F	Ockert Maritz	19	SS LP	19/09/2015	Limpopo Age Group 3	
31	2:27.97 L	P	Byran Titus	22	UWCA CPT	04/12/2015	WP SUMMER CHAMPS	
32	2:29.06 L	P	Sphephelo Ntaka	19	UMSH ETH	07/07/2015	KZN SPEEDO PRESTIGE	
33	2:30.16 L	F	Keanu Silent	19	UWCA CPT	30/10/2015	WP SUMMER QUALIFY GALA 1	
34	2:30.93 L	F	Wiehann Kock	21	NWUC KKD	31/10/2015	NWS Age Group 2 1516	
35	2:31.84 L	F	Abdul-Malick Railoun	23	ASA ETH	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
36	2:33.43 L S	F	Reynard Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015	
37	2:33.50 L	F	Gary Albertyn	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
38	2:33.65 L S	F	Aaron Putz	19	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships	
39	2:34.50 L	F	Moegamat Davids	20	UWCA CPT	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
40	2:37.05 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015	
41	2:37.81 L	F	Jean - Michel Alves	20	AEC JHB	05/12/2015	Vita-thion CGA Champs	
42	2:40.19 L	F	Timothy Shead	63	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
43	2:40.27 L	F	Andre Steynberg	59	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
44	2:42.00 L	F	Johandre Delpont	19	ESP ECU	07/02/2016	EGA Summer 5 Gala	
45	2:42.64 L	F	James Gittings	56	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
46	2:45.11 L	F	Jean Pretorius	19	CUDU CPT	20/02/2016	WP Summer Qualifying Gala 2	
47	2:49.08 L	F	David Coates	37	NDSA ETH	15/08/2015	KZN Age Group Gala 2	
48	2:50.73 L	F	Ethan Paulse	20	ASA ETH	10/10/2015	WP SENIOR LEAGUE SUMMER 3	
49	2:51.62 L	F	Hardus Louw	21	POTC KKD	21/11/2015	NWS Age Group 3 2015/2016	
50	2:51.64 L	F	Frederik Liebenberg	52	BLMA CPT	26/06/2015	PEA Winter Gala 2015	
51	2:52.40 L	F	Trevor Morgan	56	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
52	2:53.36 L	F	Marceleno Thomas	20	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala	
53	2:54.37 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016	
54	2:56.03 L	F	Raymond de Freitas	26	NSA EZD	06/02/2016	MP Age Group 4 - 6 February 2016	
55	2:59.06 L	F	Barry Serfontein	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

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 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56	2:59.98 L	F	Mswane Tsabedze	19	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
57	3:00.15 L	F	Terence Downes	67	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
58	3:01.13 L S	F	Stephanus Steenekamp	19	DBSC SDD	29/06/2015	Sasol National Championship 2015
59	3:03.90 L	F	Michael Winfield	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
60	3:06.41 L	F	Mahmud Adam	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
61	3:07.65 L	F	Bruce Rankin	52	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
62	3:09.17 L	F	Phillipe Van Der Leeuw	43	WATR JHB	10/10/2015	Waterborn Invitational
63	3:10.91 L	F	Tyrel van Reenen	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
64	3:11.58 L	F	James Hughes	72	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
65	3:12.14 L	F	Craig Stanton	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
66	3:12.16 L	F	Glenn Hickling	54	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
67	3:14.21 L	F	Trevor Wright	31	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
68	3:14.78 L	F	Alexander Haberstroh	37	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
69	3:15.70 L	F	Guy Wilson	69	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
70	3:17.44 L	F	Craig Gnesin	39	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
71	3:24.75 L	F	Francis Searle	66	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
72	3:25.21 L S	F	Sandile Shezi	19	PISC ETH	16/12/2015	KZN Speedo Provincial Championships
73	3:26.87 L	F	Douglas Wilson	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
74	3:27.24 L	F	Bryn Jevon	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
75	3:30.61 L	F	Keith Gordon-Davis	55	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
76	3:31.37 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016
77	3:34.75 L	F	Selwyn Sundelowitz	65	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
78	3:35.26 L	F	Richard Maynard	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
79	3:38.98 L	F	Colin Gordon-Davis	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
80	3:43.99 L	F	Wolfgang Fechter	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
81	3:46.32 L	F	Derek Fyfe	75	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
82	3:54.02 L	F	Mervyn Miller	63	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
83	4:05.30 L	F	James Stewart	73	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
84	4:07.83 L	F	James Saunders	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
85	4:09.51 L	F	Winton Myers	71	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
86	4:25.95 L	F	Michael Cameron	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
87	4:29.45 L	F	Josef Hillstrom	71	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
88	4:30.85 L	F	Sarel Corrie	58	UPTS ZMD	04/12/2015	NOCASA Sprints 2015
89	5:20.09 L	F	Anton Harrop-Allin	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
90	5:35.29 L	F	John Garson	77	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
91	7:37.82 L	F	Kenneth Hanna	80	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
Men	50 Breast						
1	26.62 L	P	Cameron Vd Burgh	27	TUKS FSH	24/07/2015	16th FINA World Championship Kazan
2	27.45 L	F	Giulio Zorzi	27	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup
3	27.48 L	P	Jarred Crous	19	TUKS FSH	26/02/2016	2016 Grand Prix Invitation Swimming
4	27.94 L	F	Marko Visser	27	RSA ZZ	04/07/2015	28th Summer Universiade
5	28.53 L	P	Craig Emslie	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
6	28.60 L	P	Pierre Theron	20	KOVS MAN	02/11/2015	Fina -Mastbank Swimming World Cup
7	28.69 L	P	Alaric Basson	20	RSA	06/09/2015	11th All African Games-Brazzaville 2015
8	28.75 L	F	Jared Pike	25	SODO JHB	07/09/2015	2015 FL Southern Zone South
9	28.92 L	P	Brenden Crawford	20	STAD JHB	05/12/2015	Vita-thion CGA Champs
10	29.22 L	P	Jamie Jackson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
11	29.36 L	F	Dirk Lambrechts	24	TUKS FSH	03/12/2015	NTS Championships 2015
12	29.50 L	F	Richard Ellis	28	WATR JHB	10/10/2015	Waterborn Invitational
13	29.56 L	F	James Lawson	21	TUKS FSH	03/12/2015	NTS Championships 2015
14	29.76 L	F	Ayrton Sweeney	22	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
15	29.77 L	F	Kyle Baxter	24	WATR JHB	10/10/2015	Waterborn Invitational
16	29.83 L	P	Nico Meyer	24	MDOL JHB	03/12/2015	NTS Championships 2015
17	29.88 L	F	Stephanus De Kock	20	TUKS FSH	04/12/2015	WP SUMMER CHAMPS
18	29.89 L	P	Cheyne Fisher	26	SGUL ETH	05/02/2016	2016 Grand Prix Invitation Swimming
19	29.90 L	F	Alard Basson	20	NMMU NMA	04/12/2015	NMBA Championships 2015
20*	29.97 L	P	Alexandros Axiotis	20	TUKS FSH	03/12/2015	NTS Championships 2015
20*	29.97 L	S	Lee Geeson	21	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
22	29.99 L	P	Ralph Goveia	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016

Individual Top Times

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Time	P/F/S	Name	Age/Yr
23	30.03 L	F Kevin Paul	24 SGUL ETH 13/06/2015 XXXIlele Int de Natation de
24	30.05 L	F Bryce Pendock	20 MATI CED 04/12/2015 WP SUMMER CHAMPS
25	30.12 L	F Mel Stronkhorst	24 KSC EZD 09/01/2016 2016 Grand Prix Invitation Swimming
26	30.18 L	P Willem Steyn	19 EGA ECU 10/04/2016 Sa National Aquatic Championship 2016
27	30.23 L	F Moegamat Davids	20 UWCA CPT 04/12/2015 WP SUMMER CHAMPS
28	30.38 L	P Matthew Bowers	20 CADO CPT 04/12/2015 WP SUMMER CHAMPS
29	30.41 L	F Calvin Price	23 AQUB NMA 15/08/2015 1st A-League Gala 2015
30	30.47 L	P Benjamin Sack	19 WPA CPT 10/04/2016 Sa National Aquatic Championship 2016
31	30.52 L	P Jesse Nielsen	21 CGA JHB 10/04/2016 Sa National Aquatic Championship 2016
32	30.62 L	P Eben Vorster	19 KOVS MAN 16/12/2015 KZN Speedo Provincial Championships
33*	30.65 L	P Michael Jones	23 SEAL UMD 16/12/2015 KZN Speedo Provincial Championships
33*	30.65 L	F Philip Opperman	20 TUKS FSH 20/11/2015 NTS November Age Group 2015 Level
35	30.75 L	P Dylan van Pletzen	19 VIKI BO 18/03/2016 SA Level 3 National Age Group Champs
36	30.78 L	F David De Villiers	23 TUKS FSH 20/11/2015 NTS November Age Group 2015 Level
37	30.85 L	T Kyle Morris	19 LINR JHB 13/02/2016 CGA Level 1 Last Chance gala
38	30.87 L	P Joshua Barry	20 ACSA ETH 16/12/2015 KZN Speedo Provincial Championships
39	30.99 L	P Edward Johannisen	21 NMA NMA 10/04/2016 Sa National Aquatic Championship 2016
40*	31.00 L	P Wade Dannhauser	23 SGUL ETH 26/02/2016 2016 Grand Prix Invitation Swimming
40*	31.00 L	F Heinrich Schoeman	26 WATR JHB 10/10/2015 Waterborn Invitational
42	31.01 L	P Anrich Kleynhans	22 TUKS FSH 03/12/2015 NTS Championships 2015
43	31.04 L	F Armand Maritz	19 TUKS FSH 20/11/2015 NTS November Age Group 2015 Level
44	31.05 L	F Gregory Kotze	19 PEAS NMA 03/10/2015 Aquabear Invitational Meet
45	31.10 L	P Taariq Hassiem	27 CADO CPT 04/12/2015 WP SUMMER CHAMPS
46	31.17 L	F Reynard Wessels	AR BLOT MAN 22/08/2015 Kvsie Aquatics Gala 1
47	31.23 L	P Tevin Du Toit	19 KZNA ETH 10/04/2016 Sa National Aquatic Championship 2016
48	31.25 L	F Damian Mullen	19 WATR JHB 05/12/2015 Vita-thion CGA Champs
49	31.31 L	P Michael Bowers	20 CADO CPT 26/02/2016 2016 Grand Prix Invitation Swimming
50	31.41 L	F Jarred Stigant	19 WSAA CPT 04/12/2015 WP SUMMER CHAMPS
51	31.42 L	F Jarryd Hoole	20 VIKI BO 03/10/2015 Aquabear Invitational Meet
52	31.61 L	P Alexander Finney	22 WSAA CPT 04/12/2015 WP SUMMER CHAMPS
53	31.79 L	F Willem Scheepers	29 NWS BPD 30/01/2016 4 + 1 Inter Provincial Gala 2016
54	31.84 L	P Timothy Simpson	21 HASC JHB 05/12/2015 Vita-thion CGA Champs
55	31.92 L	F Anthony Shuttleworth	40 HIGH ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
56	31.94 L	P Dayne Odendaal	19 SGUL ETH 16/12/2015 KZN Speedo Provincial Championships
57	31.95 L	F Keanu Silent	19 UWCA CPT 05/12/2015 Vita-thion CGA Champs
58	31.96 L	F Charl Crous	25 KLOO ETH 29/06/2015 Sasol National Championship 2015
59	32.01 L	P Neil Fair	19 NTS FSH 10/04/2016 Sa National Aquatic Championship 2016
60	32.13 L	P Apiwe Nkumbi	24 SUPE JHB 05/12/2015 Vita-thion CGA Champs
61	32.16 L	P Liam Fourie	21 MATI CED 04/12/2015 WP SUMMER CHAMPS
62	32.23 L	P Graham Adams	19 MATI CED 06/11/2015 Fina -Mastbank Swimming World Cup
63	32.29 L	F Sergio dos Santos	21 NWUC KKD 31/10/2015 NWS Age Group 2 1516
64	32.40 L	F Gert van Heerden	20 FS MAN 10/04/2016 Sa National Aquatic Championship 2016
65	32.58 L	P Johann Adriaanse	24 MATI CED 04/12/2015 WP SUMMER CHAMPS
66	32.79 L	F Sphephelo Ntaka	19 RSA 06/05/2015 2015 Cana Zone IV Swimming
67	32.81 L	F Logan Duffy	20 MATI CED 15/08/2015 WP SENIOR LEAGUE SUMMER 1
68	32.86 L	F Roberto Marchi	19 HASC JHB 05/12/2015 Vita-thion CGA Champs
69	32.96 L	P Dagyn Davis-Hannibal	19 QUEST FSH 03/12/2015 NTS Championships 2015
70	32.99 L	F Marno Langeveldt	22 TUKS FSH 05/02/2016 NTS February Age Group 2016 Level
71	33.17 L	F Hardus Louw	21 POTC KKD 31/10/2015 NWS Age Group 2 1516
72	33.23 L	F Ross Kincaid	19 KLOO ETH 28/08/2015 KZN Beavers Winter LongCourse
73	33.41 L	F Thomas Hansford	23 NMMU NMA 26/06/2015 PEA Winter Gala 2015
74*	33.46 L	P Cornelius Van Niekerk	23 UWCA CPT 29/06/2015 Sasol National Championship 2015
74*	33.46 L	F Bradley Van Staden	19 SEAL UMD 29/06/2015 Sasol National Championship 2015
76	33.47 L	F Harald Kruger	48 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
77	33.48 L	F Graeme Fiser	50 CPTW CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
78	33.50 L	F Deon Johnstone	19 SUPE JHB 21/11/2015 CGA Level 2/3 Gala No 3
79	33.73 L	F Ockert Maritz	19 SS LP 27/11/2015 Limpopo Champs 27-29 November 2015
80	33.77 L	F Mpendulo Nondumo	30 RPAC ECU 03/12/2015 EGA Championships 2015
81	33.80 L	P Joshua Mills	20 CADO CPT 04/12/2015 WP SUMMER CHAMPS

Individual Top Times

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Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
82	33.87 L	F	Reynier Pretorius	21	KOVS MAN	04/12/2015	NOCASA Sprints 2015
83	33.93 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
84	34.03 L	F	Lwazi Deyi	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
85	34.16 L	P	Armin Oberholster	19	WPA CPT	18/03/2016	SA Level 3 National Age Group Champs
86	34.21 L	F	Heinrich Steenkamp	19	LIMSC LP	16/10/2015	Limpopo HS Topskole 2015
87	34.22 L	F	Challis Wright	24	MDOL JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
88	34.23 L	P	Ntandoyenkosi Nxumalo	20	UMSH ETH	07/07/2015	KZN SPEEDO PRESTIGE
89*	34.26 L	P	Jacobus Olivier	21	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
89*	34.26 L	F	Bradley Schultz	23	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
91	34.35 L	F	Timothy Shead	63	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
92	34.46 L	F	Kent Field	19	MDOL JHB	19/09/2015	CGA Level 2/3 Gala No 1
93	34.72 L	F	Johan Lourens	20	TUKS TSH	20/11/2015	NTS November Age Group 2015 Level
94	34.82 L	P	Aaron Putz	19	SGUL ETH	05/02/2016	2016 Grand Prix Invitation Swimming
95	34.85 L	F	Reino von Wielligh	23	NWUC KKD	31/10/2015	NWS Age Group 2 1516
96	35.08 L	F	Varish Ramautar	20	NEWS ADJ	30/01/2016	Newcastle Elite Championships
97	35.11 L	F	Dean Coetzee	31	BOKS EKU	21/11/2015	CGA Level 2/3 Gala No 3
98	35.25 L	F	Brendon de Beer	20	MATL KKD	03/12/2015	NWS Championships 2015/2016
99	35.32 L	F	Craig Groenewald	37	STAD JHB	05/12/2015	Vita-thion CGA Champs
100	35.49 L	F	Ludick Nel	21	NWUC KKD	03/12/2015	NWS Championships 2015/2016
101	35.96 L	F	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
102	36.19 L	F	Simon Thirsk	37	ELEC JHB	21/11/2015	CGA Level 2/3 Gala No 3
103	36.27 L	F	Nicolaas Karsten	25	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
104	36.28 L	F	Warren Aken	33	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
105	36.29 L	F	Oliver Gilbert	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
106	36.50 L	F	Nkosinolwazi Mbatha	19	USH UJD	30/01/2016	Ushaka Championship Gala 2016
107	36.52 L	F	Wayne Jones	21	BEST NMA	12/09/2015	NMBA 2nd A-League Gala 2015
108	36.66 L	F	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
109	36.85 L	F	Mark Albertyn	45	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
110	36.86 L	F	Sean Pietersen	19	ISSC NMD	03/12/2015	NWS Championships 2015/2016
111	36.93 L	F	André Alberts	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
112*	36.94 L	F	Johannes Van Coller	20	TUKS TSH	29/06/2015	Sasol National Championship 2015
112*	36.94 L	F	Andrin Linggi	22	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
114	37.13 L	F	Grantham Manchest	24	XSAQ CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
115	37.22 L	F	Murray Bailes	34	PEAS NMA	04/12/2015	NMBA Championships 2015
116	37.23 L	F	Vincent Frenz	26	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
117	37.40 L	F	Johannes Venter	28	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
118	37.43 L	F	Alexander Haberstroh	37	TUKS TSH	16/10/2015	NTS October Age Group 2015 Level 2+3
119	37.52 L	F	Marceleno Thomas	20	SUPE JHB	21/11/2015	CGA Level 2/3 Gala No 3
120	37.62 L	F	Mufaro Jonasi	24	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
121	37.68 L	F	Quintin Van Staden	23	UWCA CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
122	37.70 L	F	Robert Hatherly	64	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
123	37.92 L	F	Johandre Delport	19	ESP EKU	31/10/2015	CGA Level 2/3 gala No 2
124	37.97 L	F	Anthony Baker	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
125	38.10 L	F	Gary Bradshaw	46	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
126	38.27 L	F	Clive Webb	43	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
127	38.34 L	F	Msizi Silangwe	19	UMLA ETH	10/05/2015	Kwazulu Natal High School Trials
128	38.36 L	F	Gomolemo Khomo	20	TUKS TSH	05/09/2015	Speedo Hillcrest Sprint Gala
129	38.38 L	F	Michael Swartz	23	SRAY BUF	12/02/2016	BCA February Age Group Gala 2016
130	38.47 L	F	Wolfgang Fechter	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
131	38.57 L	F	Joel Finn	55	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
132	38.58 L	F	Cameron Fraser	19	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
133	38.73 L	F	Eric Nilsson	30	CSA EZD	27/11/2015	Mpumalanga Championships 2015
134	38.75 L	F	Nigel Hendricks	57	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
135	38.83 L	P	Bongani Sillo	19	UMSH ETH	07/07/2015	KZN SPEEDO PRESTIGE
136	38.97 L	F	Jared Burger	20	USC BUF	04/12/2015	NMBA Championships 2015
137	39.14 L	F	Hendrik Theron	44	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
138	39.23 L	F	Derek Morris	58	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
139	39.34 L	F	Mikyle Le Roux	19	LIMSC LP	16/10/2015	Limpopo HS Topskole 2015
140	39.50 L	P	David Coates	37	NDSA ETH	07/07/2015	KZN SPEEDO PRESTIGE

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
141	39.66 L	F	Brendan Bromfield	50	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
142	39.74 L	F	Pieter Coetze	43	RBOT BPD	03/12/2015	NWS Championships 2015/2016	
143	39.76 L	F	Najen Naidoo	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
144	39.88 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	05/12/2015	Amajuba Distr 2015 Long Course	
145	40.12 L	F	Grozelle Stoltz	34	CSA EZD	27/11/2015	Mpumalanga Championships 2015	
146	40.18 L	F	Maxmillian Carbonell Taylor	20	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
147	40.20 L	F	Mahmud Adam	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
148	40.28 L	F	Andre Nel	41	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
149	40.36 L	F	Denis Rheeder	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
150	40.45 L	F	Trevor Wright	31	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
151	40.52 L	F	Pierre Burger	49	KALA JTD	04/12/2015	NOCASA Sprints 2015	
152	40.54 L	F	Cornelis Uitenweerde	51	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
153	40.60 L	F	Brett Mason	25	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
154	40.69 L	F	Valentino Vergotine	28	XSAQ CPT	04/12/2015	WP SUMMER CHAMPS	
155	40.86 L	F	James Foster	56	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
156	41.09 L	F	Ebert Kleynhans	45	GHSK FBD	07/01/2016	NOCASA Champs 2016	
157	41.20 L	F	Michael Proome	30	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
158	41.45 L	F	Matthew Longden	40	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
159	41.56 L	F	David Jaas	19	MATL KKD	31/10/2015	NWS Age Group 2 1516	
160	41.62 L	F	David Baker	28	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
161	41.69 L	F	Christo Fourie	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
162	41.77 L	F	Raymond Baker	58	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
163	41.90 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016	
164	41.95 L	F	Damian Smith	48	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
165	42.16 L	F	Carel van Heerden	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
166	42.24 L	F	Jacob Bornman	25	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
167	42.25 L	F	Mswane Tsabedze	19	MATL KKD	03/12/2015	NWS Championships 2015/2016	
168	42.27 L	F	Aston Wilson	20	SUPE JHB	21/11/2015	CGA Level 2/3 Gala No 3	
169	42.59 L	F	Francois Coetzee	46	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
170	42.65 L	F	Nicholas Orton	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
171	42.68 L	F	Matthew Vreenegoor	35	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
172	42.83 L	F	Andre' Maritz	39	GHSK FBD	04/12/2015	NOCASA Sprints 2015	
173	42.84 L	P	Stephanus Steenekamp	19	DBSC SDD	29/06/2015	Sasol National Championship 2015	
174	42.90 L	F	Leonardo Manelli	34	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
175	42.98 L	F	Frederik Liebenberg	52	BLMA CPT	26/06/2015	PEA Winter Gala 2015	
176	43.14 L	F	Benjamin Paine	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
177	43.29 L	F	Jean Du Toit	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
178	43.38 L	F	Bruce Rankin	52	TLAC BPD	03/12/2015	NWS Championships 2015/2016	
179	43.73 L	F	Carl Theunissen	42	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
180	43.74 L	F	Gordon Greaves	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
181	43.98 L	F	Hylton Heggie	25	NDSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015	
182	44.34 L	F	Bryan Barker	42	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
183	44.68 L	F	Willem Olivier	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
184	44.79 L	F	Alan Searle	41	BEST NMA	06/11/2015	Freda Barnard Gala 34	
185	45.20 L	F	Mark Hodges	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
186	45.32 L	F	David Blaauw	46	MATL KKD	10/10/2015	NWS Age Group 1 1516	
187	45.36 L	F	Ntokozo Hlatshwayo	23	FSE UJD	16/01/2016	Uthungulu District Age Group Gala	
188	45.38 L	F	Johannes Hugo	26	MATI CED	06/02/2016	WP JACK CURRIE CHAMPS	
189	45.39 L	F	Wade Van Rensburg	41	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
190	45.52 L	F	Hendrik Venter	41	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
191	45.95 L	F	Mervyn Miller	63	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
192	45.96 L	F	Petrus Van Dijk	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban	
193	46.03 L	F	Guy Keeling	62	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
194	46.22 L	P	Hendrik Vd Merwe	25	TUKS TSH	03/12/2015	NTS Championships 2015	
195	46.56 L	F	Colin Gordon-Davis	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban	
196	46.83 L	P	Sean O'Neil	31	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
197	47.32 L	F	David Williams	28	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
198	47.62 L	P	Karl Hebbelmann	28	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships	
199	47.75 L	F	Moses Malatji	23	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016	

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
200	48.20 L	F	Peter Bennetto	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
201	48.29 L	F	Huibert Phielix	73	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
202	49.14 L	F	Anton Harrop-Allin	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
203	49.99 L	F	Graham Robinson	66	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
204	51.00 L	F	Michael Pryke	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
205	51.54 L	F	Robert Crowther	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
206	52.76 L	F	Anthony Barson	67	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
207	53.19 L	F	Hercules Weideman	21	FISH EDD	16/01/2016	Eden 4th A League Gala
208	53.82 L	F	William Cordell	78	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
209	54.90 L	F	Gifth Bongani	19	KWHA NGD	27/11/2015	Mpumalanga Championships 2015
210	55.37 L	F	Johan Muller	45	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
211	55.44 L	F	Jacques Le Roux	40	AQUB NMA	17/10/2015	NMBA 3rd A-League Gala 2015
212	55.60 L	F	David de Beer	53	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
213	55.75 L	F	Russel Wolpe	78	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
214	57.79 L	F	Daniel Vile	63	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
215	57.95 L	F	Matthys Walters	47	BARR CPT	06/11/2015	Freda Barnard Gala 34
216	58.94 L	F	Michael Cameron	79	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
217	1:00.17 L	F	Stephanus Coetzee	28	ASA CPT	04/12/2015	WP SUMMER CHAMPS
218	1:00.78 L	F	Bernard Parkin	71	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
219	1:06.83 L	F	Sarel Corrie	58	UPTS ZMD	04/12/2015	NOCASA Sprints 2015
220	1:15.85 L	F	Quinton Harris	34	FSE UJD	28/11/2015	KZN uThungulu District Dec Age Group
221	1:21.92 L	F	Nkanyiso Masinga	27	WATR JHB	23/01/2016	CGA Level 2-3 gala No 4
222	1:26.71 L	F	Johann Romer	85	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
223	1:46.01 L	F	Neville Muir	77	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
Men	100 Breast						
1	58.49 L	S	Cameron Vd Burgh	27	TUKS FSH	24/07/2015	16th FINA World Championship Kazan
2	1:00.88 L	S	Jarred Crous	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
3	1:02.30 L	S	Craig Emslie	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
4	1:02.37 L	F	Giulio Zorzi	27	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
5	1:02.50 L	F	Jared Pike	25	SODO JHB	07/09/2015	2015 FL Southern Zone South
6	1:02.64 L	F	Marko Visser	27	RSA ZZ	04/07/2015	28th Summer Universiade
7	1:02.88 L	F	Alaric Basson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
8	1:03.38 L	F	Ayrton Sweeney	22	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
9	1:04.12 L	P	Pierre Theron	20	KOVS MAN	02/11/2015	Fina -Mastbank Swimming World Cup
10	1:04.36 L	F	Brenden Crawford	20	STAD JHB	29/06/2015	Eliminatoria Assoluti
11	1:04.54 L	P	Alard Basson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
12	1:04.77 L	S	Cheyne Fisher	26	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
13	1:04.89 L	S	Edward Johannisen	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
14	1:05.10 L	F	Kevin Paul	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
15	1:05.11 L	P	James Lawson	21	TUKS FSH	03/12/2015	NTS Championships 2015
16	1:05.26 L	S	Nico Meyer	24	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
17	1:05.79 L	T	James Sheehan	38	PSC FSH	03/12/2015	Time Trials - 2015 AT& T Winter Nats
18	1:05.86 L	P	Michael Jones	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
19	1:05.90 L	P	Dylan van Pletzen	19	VIKI BO	18/03/2016	SA Level 3 National Age Group Champs
20*	1:05.93 L	F	Jamie Jackson	20	NMMU NMA	09/01/2016	2016 Grand Prix Invitation Swimming
20*	1:05.93 L	P	Alexandros Axiotis	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
22	1:06.42 L	F	David De Villiers	23	TUKS FSH	04/12/2015	WP SUMMER CHAMPS
23	1:06.81 L	P	Dirk Lambrechts	24	TUKS FSH	03/12/2015	NTS Championships 2015
24	1:06.86 L	P	Moegamat Davids	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
25	1:06.87 L	F	Philip Opperman	20	TUKS FSH	04/12/2015	WP SUMMER CHAMPS
26	1:07.08 L	P	Benjamin Sack	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
27	1:07.33 L	F	Luke Isemonger	21	SGUL ETH	24/10/2015	eThekwiini Age Group Gala 5
28	1:07.41 L	P	Wade Dannhauser	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
29	1:07.59 L	P	Kyle Morris	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
30	1:07.76 L	P	Neil Fair	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
31	1:08.06 L	P	Tevin Du Toit	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
32	1:08.16 L	P	Jesse Nielsen	21	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
33	1:08.20 L	P	Joshua Finch	21	UWCA CPT	26/02/2016	2016 Grand Prix Invitation Swimming
34	1:08.26 L	F	Caydon Muller	20	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
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	Time	P/F/S	Name	Age/Yr			
35	1:08.29	L	P	Dayne Odendaal	19	SGUL	ETH 16/12/2015 KZN Speedo Provincial Championships
36	1:08.43	L	P	Willem Steyn	19	EGA	EKU 10/04/2016 Sa National Aquatic Championship 2016
37	1:08.51	L	P	Christoff Ras	19	LP	LP 10/04/2016 Sa National Aquatic Championship 2016
38	1:08.66	L	F	Anrich Kleynhans	22	TUKS	FSH 03/12/2015 NTS Championships 2015
39*	1:08.74	L	F	Kyle Baxter	24	WATR	JHB 10/10/2015 Waterborn Invitational
39*	1:08.74	L	F	Eben Vorster	19	KOVS	MAN 26/09/2015 Super Sport Seals Gala 2015
41	1:08.79	L	P	Graham Adams	19	MATI	GED 02/11/2015 Fina -Mastbank Swimming World Cup
42	1:08.85	L	F	Gregory Kotze	19	PEAS	NMA 03/10/2015 Aquabear Invitational Meet
43	1:09.06	L	F	Damian Mullen	19	WATR	JHB 31/10/2015 CGA Level 2/3 gala No 2
44	1:09.16	L	F	Mel Stronkhorst	24	KSC	EZD 27/11/2015 Mpumalanga Championships 2015
45	1:09.49	L	F	Calvin Price	23	AQUB	NMA 15/08/2015 1st A-League Gala 2015
46	1:09.68	L	F	Jacques Van Wyk	23	TUKS	FSH 20/11/2015 NTS November Age Group 2015 Level
47	1:09.82	L	P	Bryce Pendock	20	WPA	CPT 10/04/2016 Sa National Aquatic Championship 2016
48	1:09.92	L	F	Alexander Finney	22	WSAA	CPT 10/10/2015 Waterborn Invitational
49	1:09.99	L	F	Joshua Barry	20	ACSA	ETH 12/09/2015 KZN Age Group 3 Gala
50	1:10.28	L S	F	Charl Crous	25	KLOO	ETH 29/06/2015 Sasol National Championship 2015
51	1:10.47	L	F	James Crowder	20	MATI	GED 12/09/2015 WP SENIOR LEAGUE SUMMER 2
52	1:11.69	L	F	Graeme Fiser	50	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
53	1:11.83	L	P	Sphephelo Ntaka	19	KZNA	ETH 10/04/2016 Sa National Aquatic Championship 2016
54	1:11.86	L S	F	David Van Der Colff	19	TUKS	FSH 10/12/2015 11th BSSA Nationals
55	1:11.99	L	F	Willem Scheepers	29	NWUC	KKD 03/12/2015 NWS Championships 2015/2016
56	1:12.33	L	F	Craig Groenewald	37	CGA	JHB 10/04/2016 Sa National Aquatic Championship 2016
57*	1:12.64	L	F	Lee Geeson	21	WSTV	ETH 23/01/2016 eThekweni Age Group Gala 7
57*	1:12.64	L	F	Gert van Heerden	20	FS	MAN 10/04/2016 Sa National Aquatic Championship 2016
59	1:12.77	L	F	Gareth Wilhelm	20	CYBE	CPT 12/09/2015 WP SENIOR LEAGUE SUMMER 2
60	1:12.86	L	F	Ross Kincaid	19	KLOO	ETH 28/08/2015 KZN Beavers Winter LongCourse
61	1:12.93	L S	F	Reynard Wessels	AR	BLOT	MAN 26/10/2015 FSA Championship 2015
62	1:13.12	L	F	Johann Adriaanse	24	MATI	GED 04/12/2015 WP SUMMER CHAMPS
63	1:14.26	L	P	Taariq Hassiem	27	CADO	CPT 04/12/2015 WP SUMMER CHAMPS
64	1:14.35	L	P	Brandon Beck	19	WPA	CPT 10/04/2016 Sa National Aquatic Championship 2016
65	1:14.75	L	P	Rudolf Visser	19	CYBE	CPT 07/07/2015 KZN SPEEDO PRESTIGE
66	1:14.79	L	F	Duncan Bonney	23	VINE	CPT 12/09/2015 WP SENIOR LEAGUE SUMMER 2
67	1:14.82	L	F	Challis Wright	24	CGA	JHB 10/04/2016 Sa National Aquatic Championship 2016
68	1:14.93	L	P	Dagyn Davis-Hannibal	19	QUEST	FSH 03/12/2015 NTS Championships 2015
69	1:14.94	L	F	Aaron Putz	19	SGUL	ETH 16/12/2015 KZN Speedo Provincial Championships
70	1:15.01	L	F	Timothy Simpson	21	HASC	JHB 21/11/2015 CGA Level 2/3 Gala No 3
71	1:15.25	L	F	Ockert Maritz	19	SS	LP 27/11/2015 Limpopo Champs 27-29 November 2015
72	1:15.31	L	F	Cornelius Van Niekerk	23	UWCA	CPT 30/10/2015 WP SUMMER QUALIFY GALA 1
73	1:15.48	L	F	Lwazi Deyi	34	EACS	ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
74	1:15.60	L	F	Jean - Michel Alves	20	AEC	JHB 10/10/2015 Waterborn Invitational
75	1:15.70	L	F	Pieter Du Preez	19	BLSS	MAN 04/12/2015 NOCASA Sprints 2015
76	1:15.74	L	F	Deon Johnstone	19	SUPE	JHB 21/11/2015 CGA Level 2/3 Gala No 3
77	1:15.81	L S	F	Bradley Van Staden	19	SEAL	UMD 29/06/2015 Sasol National Championship 2015
78	1:15.93	L	P	Matthew Coetzee	21	AZON	ETH 07/07/2015 KZN SPEEDO PRESTIGE
79	1:16.05	L	F	Reino von Wielligh	23	WVAQ	ETH 07/11/2015 Fezile Dabi Inter Provincial Gala
80	1:16.07	L	F	Timothy Shead	63	CPTW	CPT 16/03/2016 SAMS 32nd LC Champs @ Durban
81	1:16.60	L	P	Roberto Marchi	19	HASC	JHB 05/12/2015 Vita-thion CGA Champs
82	1:17.05	L	F	Keanu Silent	19	UWCA	CPT 12/09/2015 WP SENIOR LEAGUE SUMMER 2
83	1:17.20	L	P	Ntandoyenkosi Nxumalo	20	UMSH	ETH 07/07/2015 KZN SPEEDO PRESTIGE
84	1:18.44	L	P	Mpendulo Nondumo	30	RPAC	EKU 03/12/2015 EGA Championships 2015
85	1:19.63	L	F	Varish Ramautar	20	NEWS	ADJ 05/12/2015 Amajuba Distr 2015 Long Course
86	1:20.07	L S	P	Marco' Smit	19	SEAL	UMD 29/06/2015 Sasol National Championship 2015
87	1:20.24	L	F	Joshua Mills	20	CADO	CPT 12/09/2015 WP SENIOR LEAGUE SUMMER 2
88	1:20.83	L S	F	Johannes Van Coller	20	TUKS	FSH 29/06/2015 Sasol National Championship 2015
89	1:20.90	L	F	Jean Pretorius	19	WPA	CPT 10/04/2016 Sa National Aquatic Championship 2016
90	1:21.34	L	F	Raymond de Freitas	26	MP	EZD 10/04/2016 Sa National Aquatic Championship 2016
91	1:21.40	L	F	Apiwe Nkumbi	24	SUPE	JHB 31/10/2015 CGA Level 2/3 gala No 2
92	1:21.46	L	F	Ludick Nel	21	NWUC	KKD 21/11/2015 NWS Age Group 3 2015/2016
93	1:21.96	L	F	Robert Hatherly	64	BEST	NMA 16/03/2016 SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
94	1:22.23 L	F	Wayne Jones	21	BEST NMA	12/09/2015	NMBA 2nd A-League Gala 2015
95	1:22.33 L	F	Joel Finn	55	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
96	1:22.62 L	F	Grantham Manchest	24	XSAQ CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
97	1:23.27 L	F	Vincent Frenz	26	MATI CED	20/02/2016	WP Summer Qualifying Gala 2
98	1:23.35 L	F	Dawid van Niekerk	20	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
99	1:23.47 L	F	Oliver Gilbert	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
100	1:23.58 L	F	Nkosinolwazi Mbatha	19	USH UHD	06/02/2016	uThungulu District February Age Group
101	1:23.69 L	F	Msizi Silangwe	19	UMLA ETH	10/05/2015	Kwazulu Natal High School Trials
102	1:24.05 L	F	Sithokoza Zondi	21	WSTV ETH	27/11/2015	KZN TYR Westville Sprints 2015
103	1:24.94 L	F	Sean Pietersen	19	ISSC NMD	03/12/2015	NWS Championships 2015/2016
104	1:25.53 L	F	André Alberts	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
105	1:25.69 L	F	Mufaro Jonasi	24	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
106	1:25.73 L	F	Clive Webb	43	DOLP CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
107	1:26.19 L	F	Alexander Haberstroh	37	TUKS TSH	16/10/2015	NTS October Age Group 2015 Level 2+3
108	1:26.28 L	F	Valentino Vergotine	28	XSAQ CPT	04/12/2015	WP SUMMER CHAMPS
109	1:26.29 L	P	Ethan Paulse	20	ASA CPT	04/12/2015	WP SUMMER CHAMPS
110	1:26.95 L	P	Bongani Sillo	19	UMSH ETH	07/07/2015	KZN SPEEDO PRESTIGE
111	1:27.06 L	F	Cornelis Uitenweerde	51	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
112	1:27.14 L S	F	Johandre Delpont	19	ESP EKU	29/06/2015	Sasol National Championship 2015
113	1:27.18 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016
114	1:27.28 L	F	Nigel Hendricks	57	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
115	1:28.38 L	F	Hendrik Theron	44	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
116	1:28.70 L	F	Craig Stanton	47	COEL TSH	03/12/2015	NTS Championships 2015
117	1:29.15 L	F	Anthony Baker	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
118	1:29.43 L	F	Shane Skidmore	47	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
119	1:29.55 L	F	Tyrel van Reenen	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
120	1:30.20 L	F	Gomolemo Khomo	20	TUKS TSH	18/09/2015	NTS September Age Group Gala 2015
121	1:30.71 L	F	Sandile Shezi	19	PISC ETH	16/12/2015	KZN Speedo Provincial Championships
122	1:32.06 L	F	Cameron Fraser	19	NEWS ADJ	30/01/2016	Newcastle Elite Championships
123	1:32.22 L	F	William Villet	44	FAAC FBD	13/02/2016	NOCASA Age Group 6 Kimberley
124*	1:32.59 L	F	Mswane Tsabedze	19	MATL KKD	03/12/2015	NWS Championships 2015/2016
124*	1:32.59 L	F	Andre Nel	41	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
126*	1:32.97 L	F	Mahmud Adam	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
126*	1:32.97 L	F	Johann Pretorius	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
128	1:33.15 L	F	Najen Naidoo	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
129	1:33.40 L	F	Brett Mason	25	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
130	1:33.58 L	F	Trevor Wright	31	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
131	1:34.37 L	F	David Jaas	19	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
132	1:35.00 L	F	Damian Smith	48	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
133	1:35.97 L	F	Frederik Liebenberg	52	BLMA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
134	1:36.02 L	F	Carel van Heerden	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
135	1:36.09 L	F	Hendrik Herbst	23	MATI CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2
136	1:37.02 L	F	Andre' Maritz	39	GHSK FBD	04/12/2015	NOCASA Sprints 2015
137	1:37.19 L	F	James Foster	56	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
138	1:37.24 L	F	Francois du Toit	49	COEL TSH	03/12/2015	NTS Championships 2015
139	1:37.35 L	F	Jean Du Toit	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
140	1:37.71 L	F	Aston Wilson	20	SUPE JHB	21/11/2015	CGA Level 2/3 Gala No 3
141	1:38.34 L	F	Matthew Longden	40	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
142	1:38.83 L	F	Gordon Greaves	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
143	1:39.03 L	F	Jacob Bornman	25	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
144	1:39.05 L	F	Francois Coetzee	46	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
145	1:39.07 L	F	Jeremia Bezuidenhout	47	COEL TSH	03/12/2015	NTS Championships 2015
146	1:39.87 L	F	Hylton Heggie	25	NDSA ETH	23/01/2016	eThekweni Age Group Gala 7
147	1:40.13 L	F	Christo Fourie	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
148	1:40.82 L	F	Christoffel Grobler	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
149	1:40.85 L	F	Willem Olivier	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
150	1:41.55 L	F	Zimele Mhlanga	23	UMSH ETH	23/01/2016	eThekweni Age Group Gala 7
151	1:41.58 L	F	David Blaauw	46	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
152	1:41.85 L	F	Matthew Vreenegoor	35	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
153	1:43.57 L S	F	Alan Searle	41	BEST NMA	13/02/2016	6th A-League Gala 2015
154	1:43.65 L	F	Odirile Sesmoka	23	KOV5 MAN	16/10/2015	Otters Prestige Gala 2015
155	1:45.43 L	F	Hendrik Venter	41	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
156	1:45.82 L	F	Abel Schoeman	54	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
157	1:46.28 L	F	Sean O'Neil	31	NDSA ETH	28/08/2015	KZN Beavers Winter LongCourse
158	1:46.35 L	F	Mark Hodges	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
159	1:47.23 L	F	Johannes Hugo	26	MATI CED	06/02/2016	WP JACK CURRIE CHAMPS
160	1:47.38 L	F	Karl Hebbelmann	28	SGUL ETH	28/08/2015	KZN Beavers Winter LongCourse
161	1:47.89 L	F	Ntokozo Hlatshwayo	23	FSE UJD	16/01/2016	Uthungulu District Age Group Gala
162	1:47.92 L	F	Hendrik Vd Merwe	25	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
163	1:48.67 L	F	Mervyn Miller	63	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
164	1:49.47 L	F	Michael Townsend	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
165	1:49.65 L	F	David Williams	28	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
166	1:52.02 L	F	Huibert Phielix	73	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
167	1:52.50 L	F	David McLachlan	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
168	1:58.05 L	F	Brody Eddie	21	PISC ETH	15/08/2015	KZN Age Group Gala 2
169	2:04.31 L	F	Anthony Barson	67	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
170	2:05.36 L	F	Hercules Weideman	21	FISH EDD	06/11/2015	Freda Barnard Gala 34
171	2:07.54 L	F	Anton Harrop-Allin	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
172	2:14.75 L	P	Stephanus Coetzee	28	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
173	2:19.35 L	F	William Cordell	78	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
174	2:22.38 L	F	Russel Wolpe	78	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
175	2:25.98 L	F	Bryan Jennings	70	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
176	2:27.97 L	F	Richard Townsend	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
177	2:28.25 L	F	Sarel Corrie	58	UPTS ZMD	28/11/2015	Nocasa Age Group 3 UPT 2015
178	2:31.99 L	F	Gifth Bongani	19	KWHA NGD	27/11/2015	Mpumalanga Championships 2015
179	3:06.88 L	F	Sarel Theron	82	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
180	3:25.48 L	F	Johann Romer	85	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
Men	200 Breast						
1	2:10.13 L	F	Cameron Vd Burgh	27	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
2	2:11.65 L	F	Jarred Crous	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
3	2:13.38 L	S	Ayrton Sweeney	22	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
4	2:16.12 L	S	Alaric Basson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
5	2:17.58 L S	F	Pierre Theron	20	KOV5 MAN	16/12/2015	KZN Speedo Provincial Championships
6	2:20.04 L	F	Jared Pike	25	SODO JHB	07/09/2015	2015 FL Southern Zone South
7	2:20.39 L	S	Edward Johannisen	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
8	2:20.66 L	F	Brenden Crawford	20	STAD JHB	29/06/2015	Eliminatoria Assoluti
9	2:22.54 L	F	Dylan van Pletzen	19	VIKI BO	18/03/2016	SA Level 3 National Age Group Champs
10	2:23.97 L S	F	Kevin Paul	24	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
11	2:24.56 L S	F	Cheyne Fisher	26	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
12	2:25.02 L	P	Michael Jones	23	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
13	2:26.31 L	P	Christoff Ras	19	EAGA LP	18/03/2016	SA Level 3 National Age Group Champs
14	2:26.37 L	F	Neil Fair	19	CSC FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
15	2:28.07 L S	F	Wade Dannhauser	23	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
16	2:28.36 L	P	Graham Adams	19	MATI CED	02/11/2015	Fina -Mastbank Swimming World Cup
17	2:28.70 L	P	Benjamin Sack	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
18	2:28.77 L	P	Rudolf Visser	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
19	2:29.72 L	F	Luke Isemonger	21	SGUL ETH	03/10/2015	KZN Age Group 4
20	2:29.92 L	P	Tevin Du Toit	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
21	2:30.38 L	F	Damian Mullen	19	WATR JHB	31/10/2015	CGA Level 2/3 gala No 2
22	2:32.86 L	F	Eben Vorster	19	KOV5 MAN	07/07/2015	KZN SPEEDO PRESTIGE
23	2:34.12 L	P	Willem Steyn	19	EGA EKU	10/04/2016	Sa National Aquatic Championship 2016
24	2:34.38 L	F	Gregory Kotze	19	PEAS NMA	03/10/2015	Aquabear Invitational Meet
25	2:35.83 L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
26	2:37.44 L	F	Sergio dos Santos	21	NWUC KKD	31/10/2015	NWS Age Group 2 1516
27	2:38.79 L	P	Joshua Finch	21	UWCA CPT	26/02/2016	2016 Grand Prix Invitation Swimming
28	2:39.53 L	F	Graeme Fiser	50	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
29	2:40.31 L	F	Phutiane Molepo	25	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
30	2:40.74 L S	P	James Lawson	21	TUKS FSH	03/12/2015	NTS Championships 2015

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
31	2:40.87 L	F	Mel Stronkhorst	24	MP EZD	24/09/2015	NTS Invitational Gala 2015
32	2:41.62 L	F	Anrich Kleynhans	22	TUKS FSH	05/02/2016	NTS February Age Group 2016 Level
33	2:41.79 L	P	Matthew Coetzee	21	AZON ETH	07/07/2015	KZN SPEEDO PRESTIGE
34	2:42.80 L	F	Sphephelo Ntaka	19	UMSH ETH	14/11/2015	eThekweni Age Group Gala 6
35	2:42.94 L	F	Ross Kincaid	19	KLOO ETH	01/08/2015	KZN Age Group Gala 1
36	2:43.52 L	F	Alexander Finney	22	WSAA CPT	10/10/2015	Waterborn Invitational
37	2:44.13 L	F	Cornelius Van Niekerk	23	UWCA CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
38	2:44.75 L	P	Jesse Nielsen	21	MDOL JHB	05/12/2015	Vita-thion CGA Champs
39	2:46.64 L	F	Lwazi Deyi	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
40	2:47.73 L	F	Aaron Putz	19	SGUL ETH	01/08/2015	KZN Age Group Gala 1
41	2:47.85 L S	F	Reynard Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
42	2:49.34 L	P	Johann Adriaanse	24	MATI CED	04/12/2015	WP SUMMER CHAMPS
43	2:49.95 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
44	2:52.74 L	F	Deon Johnstone	19	SUPE JHB	21/11/2015	CGA Level 2/3 Gala No 3
45	2:53.22 L	F	Timothy Shead	63	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
46	2:53.37 L	F	Wayne Jones	21	BEST NMA	12/09/2015	NMBA 2nd A-League Gala 2015
47	2:54.64 L S	F	Gert van Heerden	20	KOVS MAN	26/10/2015	FSA Championship 2015
48	2:55.00 L	F	Ntandoyenkosi Nxumalo	20	UMSH ETH	03/10/2015	KZN Age Group 4
49	2:55.90 L	F	Logan Duffy	20	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
50	2:58.70 L	P	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
51	3:00.07 L	P	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
52	3:00.96 L	F	Joel Finn	55	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
53	3:04.29 L	F	Robert Hatherly	64	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
54	3:04.78 L	F	Cornelis Uitenweerde	51	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
55	3:12.20 L	F	Sandile Shezi	19	PISC ETH	03/10/2015	KZN Age Group 4
56	3:12.42 L	F	Oliver Gilbert	46	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
57	3:12.91 L	F	Michael Swartz	23	SRAY BUF	12/02/2016	BCA February Age Group Gala 2016
58	3:13.21 L	F	Sean Pietersen	19	ISSC NMD	05/02/2016	NW Schools Swimming Championships
59	3:13.22 L	F	Alexander Haberstroh	37	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
60	3:14.40 L	F	Peter-John Duffy	46	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
61	3:14.78 L	F	Grozelle Stoltz	34	CSA EZD	27/11/2015	Mpumalanga Championships 2015
62	3:15.49 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016
63	3:15.74 L	F	Tyrel van Reenen	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
64	3:16.68 L	F	André Alberts	49	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
65	3:17.76 L	P	David Coates	37	NDSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
66	3:18.94 L	F	Craig Stanton	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
67	3:19.45 L	F	Wolfgang Fechter	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
68	3:20.44 L	F	Hendrik Theron	44	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
69	3:20.89 L	F	Frederik Liebenberg	52	BLMA CPT	26/06/2015	PEA Winter Gala 2015
70	3:21.63 L	F	Mufaro Jonasi	24	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
71	3:24.33 L	F	William Villet	44	FAAC FBD	13/02/2016	NOCASA Age Group 6 Kimberley
72	3:25.72 L	F	Murray Bailes	34	PEAS NMA	06/02/2016	Uitenhage Swimming Club Gala 2016
73	3:27.65 L	F	Najen Naidoo	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
74	3:27.91 L	F	Gomolemo Khomo	20	TUKS FSH	05/02/2016	NTS February Age Group 2016 Level
75	3:29.74 L	P	Mswane Tsabedze	19	MATL KKD	29/06/2015	Sasol National Championship 2015
76	3:32.41 L	F	David Jaas	19	MATL KKD	31/10/2015	NWS Age Group 2 1516
77	3:33.44 L	F	Johann Pretorius	52	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
78	3:33.60 L	F	Damian Smith	48	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
79	3:33.95 L	F	Willem Olivier	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
80	3:34.64 L	F	Anthony Baker	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
81	3:35.06 L	F	Mahmud Adam	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
82	3:35.78 L	F	Craig Gnesin	39	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
83	3:38.98 L	F	Hendrik Jv Rensburg	55	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
84	3:39.70 L	F	Carel van Heerden	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
85	3:42.59 L	F	Jean Du Toit	68	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
86	3:43.27 L	F	Christoffel Grobler	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
87	3:43.62 L	F	Gordon Greaves	49	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
88	3:44.81 L	F	David Blaauw	46	MATL KKD	03/12/2015	NWS Championships 2015/2016
89	3:46.18 L	F	Franco van Lingen	66	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
90	3:51.39 L	F	Abel Schoeman	54	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
91	3:55.24 L	F	Mark Hodges	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
92	3:55.78 L	F	Sean O'Neil	31	NDSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
93	4:00.66 L	F	Stephanus Steenekamp	19	DBSC SDD	17/10/2015	EGA Summer 2_17 Oct 2015
94	4:05.08 L	F	Hylton Heggie	25	NDSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
95	4:05.43 L	F	David McLachlan	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
96	4:07.18 L	F	Johannes Hugo	26	MATI CED	07/11/2015	WP SENIOR LEAGUE SUMMER 4
97	4:08.81 L	F	Michael Townsend	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
98	4:12.69 L	F	Mervyn Miller	63	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
99	4:21.85 L	F	Hendrik Venter	41	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
100	4:22.35 L	F	Huibert Phielix	73	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
101	4:30.00 L	F	Anthony Barson	67	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
102	4:43.98 L	F	Graham Robinson	66	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
103	4:49.80 L	F	Anton Harrop-Allin	70	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
104	4:56.75 L	F	Russel Wolpe	78	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
105	4:57.05 L	F	William Cordell	78	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
106	5:19.63 L	F	Sarel Corrie	58	UPTS ZMD	04/12/2015	NOCASA Sprints 2015
107	7:17.42 L	F	Sarel Theron	82	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
108	7:21.70 L	F	Johann Romer	85	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
Men	25000 Free						
1	5:20:47.20 L	O	Nicolaos Manoussakis	22	MDOL JHB	24/07/2015	16th Fina OWS Champs -Kazan
Men	50 Fly						
1	23.23 L	F	Chad Le Clos	24	SGUL ETH	15/08/2015	Fina -Airwave Swimming World Cup
2	24.21 L	F	Brett Walsh	22	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
3	24.30 L	F	Nico Meyer	24	RSA ZZ	04/07/2015	28th Summer Universiade
4	24.31 L	F	Reynard Wessels	21	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
5	24.36 L	F	Clayton Jimmie	20	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
6	24.37 L	F	Johannes Du Rand	33	TUKS TSH	06/11/2015	Fina -Mastbank Swimming World Cup
7	24.39 L	P	Jan vd Merwe	22	TUKS TSH	06/11/2015	Fina -Mastbank Swimming World Cup
8	24.49 L	P	Douglas Erasmus	26	TUKS TSH	02/11/2015	Fina -Mastbank Swimming World Cup
9	24.52 L	S	Willem Scheepers	29	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
10	24.61 L	P	Ryan Coetzee	20	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016
11	24.71 L	S	Ralph Goveia	20	NTS TSH	10/04/2016	Sa National Aquatic Championship 2016
12	24.80 L	P	Giulio Zorzi	27	TUKS TSH	02/11/2015	Fina -Mastbank Swimming World Cup
13	24.85 L	F	Bradley Tandy	24	SEAL JMD	22/05/2015	2015 AZ CACTUS CLASSIC-SEMI
14	24.88 L	P	Alard Basson	20	RSA	06/09/2015	11th All African Games-Brazzaville 2015
15	24.95 L	S	Jarryd Hoole	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
16	25.11 L	F	Peter Wetzlar	19	WSTV ETH	13/06/2015	XXXIIIeme Int de Natation de
17	25.15 L	F	Eben Vorster	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
18*	25.31 L	P	Armand Maritz	19	TUKS TSH	02/11/2015	Fina -Mastbank Swimming World Cup
18*	25.31 L	P	Calvyn Justus	20	SGUL ETH	09/01/2016	2016 Grand Prix Invitation Swimming
20	25.32 L	F	Cameron Vd Burgh	27	TUKS TSH	26/02/2016	2016 Grand Prix Invitation Swimming
21	25.36 L	P	Daniel Ronaldson	19	WSTV ETH	10/06/2015	XXXVI Cuitat de Barcelona
22	25.38 L	P	Marko Visser	27	TUKS TSH	03/12/2015	NTS Championships 2015
23	25.40 L	F	Matthew Bowers	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
24	25.43 L	F	Shaun De Villiers	23	TUKS TSH	16/12/2015	KZN Speedo Provincial Championships
25	25.46 L	F	Caydon Muller	20	TUKS TSH	03/12/2015	NTS Championships 2015
26	25.48 L	F	Gareth Wilhelm	20	CYBE CPT	04/12/2015	WP SUMMER CHAMPS
27	25.52 L	S	Connor Phillips	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
28	25.56 L S	F	Alaric Basson	20	NMMU NMA	16/01/2016	NMBA 5th A-League Gala 2014
29	25.57 L	S	Jacques Van Wyk	23	TUKS TSH	03/12/2015	NTS Championships 2015
30	25.59 L	F	Joshua Walters	19	ACSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
31	25.83 L	S	Tyrone Skea	28	EGA ECU	10/04/2016	Sa National Aquatic Championship 2016
32	25.89 L	F	Vincent Delagey	22	AEC JHB	05/12/2015	Vita-thion CGA Champs
33	25.93 L	P	Stephanus De Kock	20	TUKS TSH	04/12/2015	WP SUMMER CHAMPS
34	26.02 L	F	Robin Raven	20	TUKS TSH	05/02/2016	2016 Grand Prix Invitation Swimming
35*	26.07 L	P	Nicolaas Deacon	21	TUKS TSH	03/12/2015	NTS Championships 2015
35*	26.07 L	P	Francois Rossouw	19	MATI CED	04/12/2015	WP SUMMER CHAMPS

Individual Top Times

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Time	P/F/S	Name	Age/Yr
35*	26.07 L	P Raul Henney	JN BLOT MAN 26/02/2016 2016 Grand Prix Invitation Swimming
38	26.09 L	F Willem du Plessis	19 BLSS MAN 07/07/2015 KZN SPEEDO PRESTIGE
39	26.30 L	F Ruan Ras	19 TUKS FSH 20/11/2015 NTS November Age Group 2015 Level
40	26.38 L	F Johann Minnaar	20 MATI CED 04/12/2015 WP SUMMER CHAMPS
41	26.39 L	P David Van Der Colff	19 TUKS FSH 07/09/2015 V Commonwealth Youth Games
42*	26.41 L	F Alexander Finney	22 WSAA CPT 10/10/2015 Waterborn Invitational
42*	26.41 L	F Bryce Pendock	20 MATI CED 04/12/2015 WP SUMMER CHAMPS
44	26.46 L	F Marno Langeveldt	22 TUKS FSH 16/12/2015 KZN Speedo Provincial Championships
45	26.51 L	F Damen Pheiffer	21 MDOL JHB 07/07/2015 KZN SPEEDO PRESTIGE
46	26.59 L	P Armin Oberholster	19 WPA CPT 18/03/2016 SA Level 3 National Age Group Champs
47	26.63 L	F Dayne Odendaal	19 SGUL ETH 15/08/2015 KZN Age Group Gala 2
48	26.67 L	F Byron Doyle	22 TUKS FSH 18/09/2015 NTS September Age Group Gala 2015
49	26.75 L	F Jarred Crous	19 TUKS FSH 20/11/2015 NTS November Age Group 2015 Level
50*	26.76 L	P Mel Stronkhorst	24 KSC EZD 09/01/2016 2016 Grand Prix Invitation Swimming
50*	26.76 L	P Damian Mullen	19 WATR JHB 07/07/2015 KZN SPEEDO PRESTIGE
52	26.77 L	F Brenden Crawford	20 STAD JHB 31/10/2015 CGA Level 2/3 gala No 2
53	26.79 L	F Edward Johannisen	21 NMMU NMA 03/10/2015 Aquabear Invitational Meet
54*	26.80 L	F Charl Crous	25 KLOO ETH 29/06/2015 Sasol National Championship 2015
54*	26.80 L	F Mark Roach	19 HARL BUF 14/08/2015 Fourth World Deaf Championship 2015
56	26.82 L	F Jamie Jackson	20 NMMU NMA 04/12/2015 NMBA Championships 2015
57	26.84 L	P Joshua Finch	21 UWCA CPT 26/02/2016 2016 Grand Prix Invitation Swimming
58	26.85 L	F Heinrich Schoeman	26 WATR JHB 10/10/2015 Waterborn Invitational
59	26.93 L	F Joshua Barry	20 ACSA ETH 16/12/2015 KZN Speedo Provincial Championships
60*	26.97 L	P Connor Leone	19 TUKS FSH 03/12/2015 NTS Championships 2015
60*	26.97 L	F Michael Bowers	20 CADO CPT 04/12/2015 WP SUMMER CHAMPS
62	27.03 L	F Blaine Kruger	20 USC BUF 26/06/2015 PEA Winter Gala 2015
63	27.11 L	F Juan Pienaar	29 MATI CED 30/10/2015 WP SUMMER QUALIFY GALA 1
64	27.19 L	F James Crowder	20 MATI CED 12/09/2015 WP SENIOR LEAGUE SUMMER 2
65*	27.20 L	F Keanu Silent	19 UWCA CPT 05/12/2015 Vita-thion CGA Champs
65*	27.20 L	F Warrick Gems	19 STAD JHB 23/01/2016 CGA Level 2-3 gala No 4
67	27.21 L	F Roberto Marchi	19 HASC JHB 06/02/2016 CGA Level 2/3 Last Chance Gala
68	27.23 L	F Reynier Pretorius	21 KOVS MAN 12/09/2015 Otters Charity Gala
69	27.25 L	F Apiwe Nkumbi	24 SUPE JHB 05/12/2015 Vita-thion CGA Champs
70	27.29 L	F Ockert Maritz	19 SS LP 27/11/2015 Limpopo Champs 27-29 November 2015
71	27.36 L	F James Lawson	21 TUKS FSH 20/11/2015 NTS November Age Group 2015 Level
72	27.39 L	P Trad Louw	20 ONYX EKU 03/12/2015 EGA Championships 2015
73	27.43 L	F Bradley Van Staden	19 SEAL UMD 16/12/2015 KZN Speedo Provincial Championships
74	27.45 L	F Achmat Hassiem	33 WPA CPT 10/04/2016 Sa National Aquatic Championship 2016
75	27.46 L	F Sphephelo Ntaka	19 RSA 06/05/2015 2015 Cana Zone IV Swimming
76	27.47 L	F Bradley Schultz	23 RFA FSH 18/09/2015 NTS September Age Group Gala 2015
77	27.50 L	F Timothy Simpson	21 HASC JHB 19/09/2015 CGA Level 2/3 Gala No 1
78	27.56 L	F Dean Coetzee	31 BOKS EKU 21/11/2015 CGA Level 2/3 Gala No 3
79	27.61 L	F Irfaan Essof	19 ATLA JHB 06/02/2016 CGA Level 2/3 Last Chance Gala
80	27.63 L	P Jarred Stigant	19 WSAA CPT 04/12/2015 WP SUMMER CHAMPS
81	27.64 L	P Rudolf Visser	19 CYBE CPT 07/07/2015 KZN SPEEDO PRESTIGE
82	27.66 L	P Jacobus Olivier	21 SEAL UMD 16/12/2015 KZN Speedo Provincial Championships
83	27.69 L	F Thomas Hansford	23 NMMU NMA 29/08/2015 Nedbank Madibaz swim meet 2015
84	27.71 L	F Pieter Du Preez	19 BLSS MAN 04/12/2015 NOCASA Sprints 2015
85*	27.78 L	P Henrico Harris	20 MATI CED 04/12/2015 WP SUMMER CHAMPS
85*	27.78 L	F Bradley Reen	39 AQUUB NMA 16/03/2016 SAMS 32nd LC Champs @ Durban
85*	27.78 L	F Ryno Markgraaff	41 COEL FSH 16/03/2016 SAMS 32nd LC Champs @ Durban
88*	27.79 L	F Simon Thirsk	37 ELEC JHB 05/12/2015 Vita-thion CGA Champs
88*	27.79 L	P Dylan van Pletzen	19 VIKI BO 18/03/2016 SA Level 3 National Age Group Champs
90	27.89 L	F Heinrich Steenkamp	19 LIMSC LP 16/10/2015 Limpopo HS Topskole 2015
91*	27.90 L S	F Joshua Joubert	21 BLSS MAN 26/10/2015 FSA Championship 2015
91*	27.90 L	P Jayson Van der Walt	19 TUKS FSH 03/12/2015 NTS Championships 2015
91*	27.90 L	F Bryan Tatterson	51 EACS ETH 16/03/2016 SAMS 32nd LC Champs @ Durban
94	27.94 L	P Neil Fair	19 CSC FSH 09/01/2016 2016 Grand Prix Invitation Swimming
95	27.96 L	F Varish Ramautar	20 NEWS ADJ 28/08/2015 KZN Beavers Winter LongCourse

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	Time	P/F/S	Name	Age/Yr			
96	28.10 L	F	Wayne Jones	21	BEST NMA	12/09/2015	NMBA 2nd A-League Gala 2015
97*	28.11 L	P	Pierre Theron	20	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
97*	28.11 L	F	Harald Ruck	50	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
99	28.18 L	P	Johann Adriaanse	24	MATI CED	04/12/2015	WP SUMMER CHAMPS
100*	28.22 L	F	Willem Steyn	19	ONYX EKU	19/09/2015	CGA Level 2/3 Gala No 1
100*	28.22 L	P	Marco' Smit	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
102	28.26 L	F	Duncan Bonney	23	VINE CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
103	28.32 L	F	Kyle Morris	19	LINR JHB	17/10/2015	EGA Summer 2_17 Oct 2015
104	28.34 L	P	Joshua Mills	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
105	28.39 L	F	Werner Neitz	22	MATI CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2
106	28.40 L	P	Byran Titus	22	UWCA CPT	04/12/2015	WP SUMMER CHAMPS
107	28.46 L	F	Gert van Heerden	20	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
108*	28.51 L	P	Jacobus Gloak	23	HILL FSH	03/12/2015	NTS Championships 2015
108*	28.51 L	P	Moegamat Davids	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
110*	28.54 L	P	Dagyn Davis-Hannibal	19	QUEST FSH	05/02/2016	2016 Grand Prix Invitation Swimming
110*	28.54 L	F	George Williams	19	ONYX EKU	03/12/2015	EGA Championships 2015
112	28.55 L	P	Keenan George	19	MANT CPT	03/10/2015	Aquabear Invitational Meet
113	28.64 L	P	Brandon Beck	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
114	28.69 L	F	Donn Stewart	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	28.72 L	P	Jean - Michel Alves	20	AEC JHB	05/12/2015	Vita-thion CGA Champs
116*	28.74 L	P	Taariq Hassiem	27	CADO CPT	04/12/2015	WP SUMMER CHAMPS
116*	28.74 L	F	Andrew Campbell	28	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
118	28.78 L	P	Arno Pelser	20	VINE CPT	04/12/2015	WP SUMMER CHAMPS
119*	28.81 L	F	Ethan Pause	20	ASA CPT	04/12/2015	WP SUMMER CHAMPS
119*	28.81 L	F	Rowan Wittels	41	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
121	28.84 L	F	Benjamin Sack	19	ASA CPT	20/02/2016	WP Summer Qualifying Gala 2
122	28.85 L	P	Tevin Du Toit	19	ACSA ETH	16/12/2015	KZN Speedo Provincial Championships
123	28.88 L	F	Neal Crawford	31	AEC JHB	30/01/2016	EGA Summer 4
124	28.93 L S	F	Markus Burri	19	AQUB NMA	13/02/2016	6th A-League Gala 2015
125	28.94 L	F	Marceleno Thomas	20	SUPE JHB	30/01/2016	EGA Summer 4
126	28.97 L	F	Challis Wright	24	MDOL JHB	23/01/2016	CGA Level 2-3 gala No 4
127	28.98 L	F	Nicolaas Karsten	25	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
128	29.07 L	F	Gregory Kotze	19	PEAS NMA	29/08/2015	Nedbank Madibaz swim meet 2015
129	29.15 L	F	Kent Field	19	MDOL JHB	19/09/2015	CGA Level 2/3 Gala No 1
130	29.31 L	F	Hardus Louw	21	POTC KKD	21/11/2015	NWS Age Group 3 2015/2016
131	29.34 L	F	Craig Groenewald	37	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
132	29.37 L	P	Johannes Van Coller	20	TUKS FSH	03/12/2015	NTS Championships 2015
133	29.39 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	05/12/2015	Amajuba Distr 2015 Long Course
134	29.40 L	P	Wade Dannhauser	23	SGUL ETH	07/07/2015	KZN SPEEDO PRESTIGE
135	29.50 L	F	Deon Johnstone	19	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
136	29.55 L	F	Neil Steenkamp	38	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
137	29.58 L	P	Michael Jones	23	SEAL UMD	29/06/2015	Sasol National Championship 2015
138	29.61 L	F	Jacob Louw	36	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
139*	29.66 L	F	Eric Nilsson	30	CSA EZD	27/11/2015	Mpumalanga Championships 2015
139*	29.66 L	F	Anrich Kleynhans	22	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
141	29.68 L	P	Ross Kincaid	19	KLOO ETH	29/06/2015	Sasol National Championship 2015
142	29.78 L	F	Edwin Jeppe	24	CADO CPT	20/02/2016	WP Summer Qualifying Gala 2
143	29.83 L	F	Andrin Linggi	22	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
144	29.86 L	F	Cameron Fraser	19	NEWS ADJ	05/12/2015	Amajuba Distr 2015 Long Course
145	29.92 L	F	Trevor du Plessis	45	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
146	29.97 L	F	Rihan Landman	41	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
147	30.11 L	F	Harald Kruger	48	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
148	30.19 L	F	Hendrik Tryhou	39	CSA EZD	06/02/2016	MP Age Group 4 - 6 February 2016
149*	30.21 L	F	Brendon de Beer	20	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
149*	30.21 L	F	Gary Bradshaw	46	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
149*	30.21 L	F	Mark Albertyn	45	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
152	30.22 L	F	Cornelius Van Niekerk	23	UWCA CPT	06/11/2015	Freda Barnard Gala 34
153	30.39 L	F	Gomolemo Khomo	20	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
154	30.42 L	P	Jared Burger	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016

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	Time	P/F/S	Name	Age/Yr				
155	30.51 L	F	Nigel Cones	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
156	30.60 L	F	Maurits Marnewick	22	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016	
157	30.62 L	F	Sean Pietersen	19	ISSC NMD	16/01/2016	NWS Age Group 4 1516	
158	30.66 L	F	Scott Gilchrist	38	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
159	30.69 L	P	Matthew Coetzee	21	AZON ETH	07/07/2015	KZN SPEEDO PRESTIGE	
160	30.71 L	F	Alexander Haberstroh	37	TUKS TSH	18/09/2015	NTS September Age Group Gala 2015	
161	30.85 L	F	Kevin Waller	28	CADO CPT	30/10/2015	WP SUMMER QUALIFY GALA 1	
162	30.89 L	F	Andrè Roothman	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
163	30.92 L	F	Graeme Fiser	50	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
164	31.05 L	F	Trevor Morgan	56	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
165	31.23 L	P	Murray Bailes	34	PEAS NMA	03/10/2015	Aquabear Invitational Meet	
166	31.24 L	P	Aaron Putz	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
167	31.34 L	F	Jacques Pieters	43	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
168	31.35 L	F	James Gittings	56	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
169	31.36 L	F	Grantham Manchest	24	XSAQ CPT	30/10/2015	WP SUMMER QUALIFY GALA 1	
170*	31.45 L	F	Gregory Hough	43	AQUB NMA	26/06/2015	PEA Winter Gala 2015	
170*	31.45 L	F	Barry Serfontein	42	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
170*	31.45 L	F	Kevin Richards	52	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban	
173	31.55 L	P	David Coates	37	NDSA ETH	07/07/2015	KZN SPEEDO PRESTIGE	
174	31.58 L	P	Johandre Delport	19	ESP EKU	03/12/2015	EGA Championships 2015	
175	31.60 L	F	Nicholas Orton	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
176	31.62 L	F	Bongani Sillo	19	UMSH ETH	15/08/2015	KZN Age Group Gala 2	
177	31.64 L	F	Nkosinolwazi Mbatha	19	USH UJD	06/02/2016	uThungulu District February Age Group	
178	31.67 L	F	Warren Aken	33	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
179	31.90 L	F	Jaundre Olivier	19	FAAC FBD	24/10/2015	Flamingo Gala 2015	
180	32.16 L	F	Msizi Silangwe	19	UMLA ETH	10/05/2015	Kwazulu Natal High School Trials	
181	32.21 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016	
182	32.50 L	P	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016	
183	32.81 L	F	Brendan Bromfield	50	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
184	32.98 L	P	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016	
185	33.03 L	F	André Alberts	49	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
186	33.08 L	F	Trevor Wright	31	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016	
187	33.30 L	F	Ntandoyenkosi Nxumalo	20	UMSH ETH	27/11/2015	KZN TYR Westville Sprints 2015	
188	33.34 L	F	Tyrone Clark	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
189	33.36 L	F	Ebert Kleynhans	45	GHSK FBD	04/12/2015	NOCASA Sprints 2015	
190	33.40 L	F	Mswane Tsabedze	19	MATL KKD	16/01/2016	NWS Age Group 4 1516	
191	33.42 L	F	Mark Goad	39	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
192	33.43 L	F	Vincent Frenz	26	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1	
193	33.49 L	F	Peter-John Duffy	46	AQUB NMA	03/10/2015	Aquabear Invitational Meet	
194	33.65 L	F	Roderick Holshausen	57	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
195	33.69 L	F	Emile Levin	40	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
196	33.80 L	F	Alan Searle	41	BEST NMA	06/11/2015	Freda Barnard Gala 34	
197	33.99 L	F	Denis Rheeder	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
198	34.13 L	F	Sergio Carmona	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
199	34.34 L	F	Jan Williams	46	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
200	34.46 L	F	Frederik Liebenberg	52	BLMA CPT	26/06/2015	PEA Winter Gala 2015	
201	34.48 L	F	Jan Pieterse	26	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	
202	34.60 L	P	David Williams	28	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
203	34.86 L	F	David Arbutnot	62	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban	
204	34.87 L	F	Nicholas Reen	61	AQUB NMA	03/10/2015	Aquabear Invitational Meet	
205	34.88 L	F	Valentino Vergotine	28	XSAQ CPT	04/12/2015	WP SUMMER CHAMPS	
206	34.90 L	F	Keith Gordon-Davis	55	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban	
207	34.93 L	F	Paul Stevenson	59	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban	
208	35.35 L	F	Najen Naidoo	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban	
209	35.76 L	F	Andre' Maritz	39	GHSK FBD	13/02/2016	NOCASA Age Group 6 Kimberley	
210	35.80 L	F	Kerry Skidmore	49	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban	
211	36.02 L	F	Pieter Bell	25	WHFC CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2	
212	36.47 L	P	Sean O'Neil	31	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016	
213	36.72 L	F	Wilhelmus Felix	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban	

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
214	36.82 L	F	Anton Allner	51	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
215*	37.12 L	F	Hylton Heggie	25	NDSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
215*	37.12 L	F	Bryn Jevon	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
217	37.19 L	F	Aston Wilson	20	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
218	37.55 L	F	Bruce Rankin	52	TLAC BPD	03/12/2015	NWS Championships 2015/2016
219	37.78 L	F	Brian Gordon-Davis	63	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
220	38.17 L	F	David Jaas	19	MATL KKD	21/11/2015	NWS Age Group 3 2015/2016
221	38.32 L	F	Hercules Weideman	21	FISH EDD	13/02/2016	EDEN 6th A-League Gala
222	38.89 L	F	Zimele Mhlanga	23	UMSH ETH	14/11/2015	eThekweni Age Group Gala 6
223	38.96 L	F	Peter Lundy	30	SGUL ETH	15/08/2015	KZN Age Group Gala 2
224	39.66 L	F	Richard Maynard	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
225	39.71 L	F	Bryan Barker	42	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
226	39.79 L	F	Matthew Vreenegoor	35	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
227	40.01 L	F	Johannes Hugo	26	MATI CED	12/09/2015	WP SENIOR LEAGUE SUMMER 2
228	40.25 L	P	Moses Malatji	23	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
229	40.50 L	F	John Beneke	43	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
230	40.68 L	F	Sandile Shezi	19	PISC ETH	15/08/2015	KZN Age Group Gala 2
231	40.71 L	F	David Blaauw	46	MATL KKD	10/10/2015	NWS Age Group 1 1516
232	41.38 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016
233	41.50 L	F	Selwyn Sundelowitz	65	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
234	41.70 L	P	Stephanus Steenekamp	19	DBSC SDD	29/06/2015	Sasol National Championship 2015
235	41.73 L	F	Colin Gordon-Davis	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
236	42.27 L	F	Glenn Steyn	55	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
237	42.30 L	F	Petrus Van Dijk	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
238	42.39 L	F	Desmond Stieger	73	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
239	42.73 L	F	Brody Eddie	21	PISC ETH	15/08/2015	KZN Age Group Gala 2
240	42.88 L	F	Sarel Corrie	58	UPTS ZMD	04/02/2016	Nocasa Age Group 5 UPT 2015
241	43.10 L	F	Jacques Le Roux	40	AQUB NMA	29/08/2015	Nedbank Madibaz swim meet 2015
242	43.11 L	F	Carel van Heerden	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
243	43.31 L	F	Mufaro Jonasi	24	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
244	43.74 L	F	Stephen Angelos	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
245	44.21 L	F	Christoffel Grobler	51	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
246	44.42 L	F	Michael Pryke	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
247	46.87 L	F	Graham Robinson	66	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
248	47.68 L	F	Bjorn Selmer-Olsen	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
249	49.83 L	F	Stephanus Coetzee	28	ASA ETH	12/09/2015	WP SENIOR LEAGUE SUMMER 2
250	50.57 L	F	Gifth Bongani	19	KWHA NGD	27/11/2015	Wpumalanga Championships 2015
251	50.60 L	F	Ntokozo Hlatshwayo	23	FSE UJD	05/12/2015	Amajuba Distr 2015 Long Course
252	51.53 L	F	Colin Whittal	59	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
253	52.86 L	F	Robert Crowther	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
254	57.16 L	F	Matthys Walters	47	BARR CPT	06/11/2015	Freda Barnard Gala 34
255	1:03.63 L	F	William Cordell	78	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
Men	100 Fly						
1	50.56 L	F	Chad Le Clos	24	RSA	24/07/2015	16th FINA World Championship Kazan
2	53.00 L	F	Dylan Bosch	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
3	53.21 L	F	Ryan Coetzee	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
4	53.49 L	F	Nico Meyer	24	RSA ZZ	04/07/2015	28th Summer Universiade
5	53.57 L	F	Brett Walsh	22	SEAL UMD	22/11/2015	GEORIGA TECH LONG COURSE
6	53.96 L	P	Johannes Du Rand	33	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup
7	54.20 L S	F	Clayton Jimmie	20	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
8	54.22 L S	P	Eben Vorster	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
9	54.54 L	F	Alard Basson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
10	54.76 L	F	Ralph Goveia	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
11	54.97 L	S	Giulio Zorzi	27	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
12	55.19 L	F	Daniel Ronaldson	19	WSTV ETH	28/08/2015	KZN Beavers Winter LongCourse
13	55.32 L	P	Reynard Wessels	21	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
14	55.43 L	F	Devon Brown	23	SGUL ETH	27/11/2015	KZN TYR Westville Sprints 2015
15	55.44 L	F	Michael Meyer	23	MDOL JHB	26/07/2015	2015 AZ Swimming LS Senior
16	55.48 L	P	Jan vd Merwe	22	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup

Individual Top Times

Times since: 01-May-15

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Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
17	55.70 L	T	Luis Soto Ramirez	23	ITES US	03/12/2015	Time Trials - 2015 AT& T Winter Nats
18	55.83 L S	F	Shaun De Villiers	23	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships
19	55.94 L	S	Jarryd Hoole	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
20	56.19 L	F	Douglas Erasmus	26	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
21	56.20 L	P	Willem Scheepers	29	NWS BPD	10/04/2016	Sa National Aquatic Championship 2016
22	56.37 L	P	Jacobus Jv Rensburg	21	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup
23	56.42 L	P	Johann Minnaar	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
24	56.43 L	P	Tyrone Skea	28	ONYX EKU	22/01/2016	2016 Victorian Open Championships
25	56.45 L	S	Connor Phillips	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
26	56.46 L	P	Dayne Odendaal	19	RSA	25/08/2015	5th FINA World Junior Swimming
27	56.67 L	S	Joshua Walters	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
28	56.72 L	P	Peter Wetzlar	19	WSTV ETH	13/06/2015	XXXIIIeme Int de Natation de
29	56.73 L	F	Matthew Bowers	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
30	56.78 L	F	Jacques Van Wyk	23	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
31	56.81 L	F	Gareth Wilhelm	20	CYBE CPT	04/12/2015	WP SUMMER CHAMPS
32	57.22 L	F	Robin Raven	20	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
33	57.45 L	P	Armand Maritz	19	TUKS FSH	06/11/2015	Fina -Mastbank Swimming World Cup
34	57.73 L	F	Martin Binedell	20	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
35	57.82 L	F	Caydon Muller	20	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
36	58.16 L	P	Nicolaas Deacon	21	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
37	58.18 L	P	Francois Rossouw	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
38	58.23 L S	F	Alaric Basson	20	NMMU NMA	16/01/2016	NMBA 5th A-League Gala 2014
39	58.29 L	P	Stephanus De Kock	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
40	58.31 L	F	Rudolf Visser	19	CYBE CPT	26/02/2016	2016 Grand Prix Invitation Swiiming
41	58.39 L	P	Michael Bowers	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
42	58.41 L	F	Brent Szurdoki	19	WATR JHB	05/12/2015	Vita-thion CGA Champs
43	58.48 L S	P	Byron Doyle	22	TUKS FSH	03/12/2015	NTS Championships 2015
44	58.52 L S	F	Marco' Smit	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
45	58.67 L	F	Ruan Ras	19	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
46*	58.76 L	F	Thomas Hansford	23	NMMU NMA	03/10/2015	Aquabear Invitational Meet
46*	58.76 L S	P	Johan Lourens	20	TUKS FSH	03/12/2015	NTS Championships 2015
48	58.82 L	P	Armin Oberholster	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
49	58.91 L	F	Joshua Barry	20	ACSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
50	58.96 L	P	Raul Henney	JN	BLOT MAN	26/02/2016	2016 Grand Prix Invitation Swiiming
51	59.22 L	F	Neil Fair	19	CSC FSH	05/02/2016	NTS February Age Group 2016 Level
52	59.23 L	P	Damian Mullen	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
53	59.26 L	F	Trad Louw	20	ONYX EKU	03/12/2015	EGA Championships 2015
54	59.62 L	F	Jarred Crous	19	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
55	59.73 L	F	James Lawson	21	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
56*	59.76 L	F	Brandon Beck	19	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
56*	59.76 L	P	Wayne Jones	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
58	59.77 L	F	Vincent Delagey	22	AEC JHB	05/12/2015	Vita-thion CGA Champs
59	59.87 L S	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
60*	1:00.01 L	F	Edward Johannisen	21	NMMU NMA	03/10/2015	Aquabear Invitational Meet
60*	1:00.01 L S	P	Connor Leone	19	TUKS FSH	03/12/2015	NTS Championships 2015
62	1:00.27 L	P	Jayson Van der Walt	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
63	1:00.28 L	P	Bradley Van Staden	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
64	1:00.44 L	P	Achmat Hassiem	33	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
65	1:00.49 L	F	Warrick Gems	19	STAD JHB	23/01/2016	CGA Level 2-3 gala No 4
66	1:00.67 L	P	Sphephelo Ntaka	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
67	1:00.81 L	F	Christopher McGlynn	20	ACSA ETH	01/08/2015	KZN Age Group Gala 1
68	1:01.42 L	P	Keanu Silent	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
69	1:01.50 L	P	Jamie Jackson	20	NMMU NMA	03/10/2015	Aquabear Invitational Meet
70	1:01.61 L	F	James Crowder	20	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
71	1:01.71 L	P	Dylan van Pletzen	19	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
72	1:01.98 L	F	Juan Pienaar	29	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
73	1:01.99 L	P	Roberto Marchi	19	HASC JHB	05/12/2015	Vita-thion CGA Champs
74	1:02.08 L	F	Blaine Kruger	20	USC BUF	26/06/2015	PEA Winter Gala 2015
75	1:02.10 L	P	Tevin Du Toit	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
76	1:02.17 L S	P	Simon Thirsk	37	ELEC JHB	07/07/2015	KZN SPEEDO PRESTIGE
77	1:02.21 L	P	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS
78	1:02.29 L	P	Jarred Stigant	19	WSAA CPT	04/12/2015	WP SUMMER CHAMPS
79	1:02.41 L	F	Alexander Finney	22	WSAA CPT	20/02/2016	WP Summer Qualifying Gala 2
80	1:02.83 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
81	1:02.86 L	F	Ockert Maritz	19	SS LP	27/11/2015	Limpopo Champs 27-29 November 2015
82	1:02.91 L	F	Reino von Wielligh	23	VVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
83	1:02.98 L	F	Marno Langeveldt	22	TUKS FSH	05/02/2016	NTS February Age Group 2016 Level
84	1:03.06 L	F	Sergio dos Santos	21	NWUC KKD	31/10/2015	NWS Age Group 2 1516
85	1:03.71 L	F	Gregory Kotze	19	PEAS NMA	29/08/2015	Nedbank Madibaz swim meet 2015
86	1:03.72 L S	F	Joshua Joubert	21	BLSS MAN	26/10/2015	FSA Championship 2015
87	1:03.80 L	F	Bradley Schultz	23	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
88	1:03.97 L	F	Bradley Reen	39	AQUB NMA	26/06/2015	PEA Winter Gala 2015
89	1:03.98 L	F	Kyle Morris	19	LINR JHB	31/10/2015	CGA Level 2/3 gala No 2
90	1:04.02 L	F	Jean - Michel Alves	20	AEC JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
91	1:04.14 L	F	Bryan Tatterson	51	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
92	1:04.39 L	F	Markus Burri	19	AQUB NMA	06/02/2016	Uitenhage Swimming Club Gala 2016
93	1:04.80 L	F	Ludick Nel	21	VVAQ ETH	07/11/2015	Fezile Dabi Inter Provincial Gala
94	1:05.14 L	F	Henrico Harris	20	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
95	1:05.45 L	F	Anthony Shuttleworth	40	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
96	1:05.66 L	P	Timothy Simpson	21	HASC JHB	05/12/2015	Vita-thion CGA Champs
97	1:05.78 L	F	Andre Steynberg	59	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
98	1:05.79 L	P	Ethan Paulse	20	ASA CPT	04/12/2015	WP SUMMER CHAMPS
99	1:05.95 L	F	Varish Ramautar	20	NEWS ADJ	30/01/2016	Newcastle Elite Championships
100	1:06.00 L	F	Apiwe Nkumbi	24	SUPE JHB	19/09/2015	CGA Level 2/3 Gala No 1
101	1:06.45 L	F	Cornelius Van Niekerk	23	UWCA CPT	06/11/2015	Freda Barnard Gala 34
102	1:06.83 L	F	Keenan George	19	MANT CPT	20/02/2016	WP Summer Qualifying Gala 2
103	1:06.85 L	F	Rowan Wittels	41	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
104	1:07.05 L	F	Irfaan Essof	19	ATLA JHB	31/10/2015	CGA Level 2/3 gala No 2
105	1:07.06 L	P	Craig Groenewald	37	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
106	1:07.26 L	F	Deon Johnstone	19	SUPE JHB	21/11/2015	CGA Level 2/3 Gala No 3
107	1:07.94 L S	F	Dagyn Davis-Hannibal	19	QUEST FSH	29/06/2015	Sasol National Championship 2015
108	1:08.64 L	F	Scott Gilchrist	38	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
109	1:09.20 L	F	Jared Burger	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
110	1:10.20 L S	F	Johannes Van Coller	20	TUKS FSH	29/06/2015	Sasol National Championship 2015
111	1:10.27 L S	F	Michael Jones	23	SEAL UMD	29/06/2015	Sasol National Championship 2015
112	1:10.52 L S	F	Ross Kincaid	19	KLOO ETH	29/06/2015	Sasol National Championship 2015
113	1:10.86 L	P	Aaron Putz	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
114	1:11.02 L	F	James Gittings	56	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
115	1:11.04 L	F	David Coates	37	NDSA ETH	01/08/2015	KZN Age Group Gala 1
116	1:11.40 L	F	Nkosinolwazi Mbatha	19	USH UHD	30/01/2016	Ushaka Championship Gala 2016
117	1:11.64 L	F	Willem Steyn	19	ONYX EKU	07/02/2016	EGA Summer 5 Gala
118	1:12.38 L	F	Gary Bradshaw	46	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
119	1:12.47 L	F	Andrè Roothman	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
120	1:12.80 L	F	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
121	1:13.18 L	F	Gregory Hough	43	AQUB NMA	26/06/2015	PEA Winter Gala 2015
122	1:13.62 L	F	Neil Steenkamp	38	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
123	1:13.81 L	F	Marceleno Thomas	20	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
124	1:14.52 L	F	Roderick Holshausen	57	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
125	1:15.09 L	F	Vincent Frenz	26	MATI CED	10/10/2015	WP SENIOR LEAGUE SUMMER 3
126	1:15.38 L S	P	Gomolemo Khomo	20	TUKS FSH	03/12/2015	NTS Championships 2015
127	1:15.45 L	F	Valentino Vergotine	28	XSAQ CPT	04/12/2015	WP SUMMER CHAMPS
128	1:16.92 L	F	Shaun Boucher	27	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
129	1:17.43 L	P	Frederik Liebenberg	52	BLMA CPT	04/12/2015	WP SUMMER CHAMPS
130	1:17.90 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016
131	1:18.63 L	F	Andrin Linggi	22	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
132	1:19.02 L	F	Nigel Cones	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
133	1:19.31 L S	F	Johandre Delpont	19	ESP EKU	29/06/2015	Sasol National Championship 2015
134	1:19.57 L	F	Alexander Haberstroh	37	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
135	1:20.65 L	F	Tyrel van Reenen	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
136	1:22.34 L	F	Mel Stronkhorst	24	KSC EZD	06/02/2016	MP Age Group 4 - 6 February 2016
137	1:24.77 L	F	Denis Rheeder	51	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
138	1:24.88 L	F	David Williams	28	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
139	1:25.12 L S	F	Alan Searle	41	BEST NMA	13/02/2016	6th A-League Gala 2015
140	1:25.51 L	F	Tyrone Clark	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
141	1:28.41 L S	F	Mswane Tsabedze	19	MATL KKD	29/06/2015	Sasol National Championship 2015
142*	1:28.47 L	F	Hylton Heggie	25	NDSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
142*	1:28.47 L	F	Glenn Hickling	54	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
144	1:29.06 L	F	Jan Williams	46	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
145	1:30.54 L	F	Pieter Bell	25	WHFC CED	06/02/2016	WP JACK CURRIE CHAMPS
146	1:31.98 L	F	David Arbuthnot	62	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
147	1:33.59 L	F	Najen Naidoo	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
148	1:35.16 L	F	Sean O'Neil	31	NDSA ETH	27/11/2015	KZN TYR Westville Sprints 2015
149	1:35.82 L	F	Wilhelmus Felix	60	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
150	1:36.24 L	F	Bryn Jevon	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
151	1:37.25 L	F	Peter Lundy	30	SGUL ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
152	1:38.90 L	F	Kerry Skidmore	49	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
153	1:42.75 L	F	David Jaas	19	MATL KKD	31/10/2015	NWS Age Group 2 1516
154	1:45.56 L S	F	David Blaauw	46	MATL KKD	29/06/2015	Sasol National Championship 2015
155	1:46.62 L	F	Bryan Barker	42	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
156	1:47.14 L	F	David McLachlan	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
157	1:48.68 L	F	George Rowan	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
158	1:50.59 L	F	Carel van Heerden	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
159	1:54.32 L	F	Mark Hodges	62	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
160	1:55.73 L	F	Hercules Weideman	21	FISH EDD	06/11/2015	Freda Barnard Gala 34
161	2:01.90 L	F	Sarel Corrie	58	UPTS ZMD	07/01/2016	NOCASA Champs 2016
162	2:31.54 L	F	William Cordell	78	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
Men 200 Fly							
1	1:53.68 L	F	Chad Le Clos	24	RSA	24/07/2015	16th FINA World Championship Kazan
2	1:56.29 L	F	Sebastien Rousseau	25	RSA	24/07/2015	16th FINA World Championship Kazan
3	1:58.18 L	F	Dylan Bosch	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
4	1:58.87 L	F	Devon Brown	23	RSA	06/09/2015	11th All African Games-Brazzaville 2015
5	1:59.92 L	F	Michael Meyer	23	MDOL JHB	06/11/2015	Fina -Mastbank Swimming World Cup
6	1:59.95 L	P	Eben Vorster	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
7	2:01.35 L	F	Daniel Ronaldson	19	WSTV ETH	13/06/2015	XXXIlele Int de Natation de
8	2:01.90 L	F	Dayne Odendaal	19	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
9	2:02.02 L	F	Alard Basson	20	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
10	2:02.22 L	P	Luis Soto Ramirez	23	ITES US	03/12/2015	2015 AT& T Winter National Cha
11	2:04.24 L	P	Jan vd Merwe	22	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup
12	2:04.45 L	F	Rudolf Visser	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
13	2:05.09 L	P	Shaun De Villiers	23	TUKS FSH	16/12/2015	KZN Speedo Provincial Championships
14	2:08.12 L	P	Jacobus Jv Rensburg	21	TUKS FSH	02/11/2015	Fina -Mastbank Swimming World Cup
15	2:08.79 L	F	Ruan Ras	19	TUKS FSH	03/12/2015	NTS Championships 2015
16	2:10.20 L	S	Damian Mullen	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
17	2:10.47 L	P	Johann Minnaar	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
18	2:10.57 L	P	Robin Raven	20	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
19	2:10.67 L	F	Marco' Smit	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
20	2:10.93 L	F	Alaric Basson	20	NMMU NMA	03/10/2015	Aquabear Invitational Meet
21	2:11.76 L	F	Wayne Jones	21	BEST NMA	03/10/2015	Aquabear Invitational Meet
22	2:12.01 L	F	Chad Ho	25	ACSA ETH	10/10/2015	Waterborn Invitational
23	2:13.00 L	F	Joshua Barry	20	ACSA ETH	12/09/2015	KZN Age Group 3 Gala
24	2:13.36 L	F	Neil Fair	19	CSC FSH	10/10/2015	Waterborn Invitational
25	2:13.67 L	F	Michael Bowers	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
26	2:15.15 L	F	Gareth Wilhelm	20	CYBE CPT	04/12/2015	WP SUMMER CHAMPS
27	2:18.03 L	F	Byron Lockett	25	BEST NMA	26/06/2015	PEA Winter Gala 2015
28	2:18.27 L	P	Jayson Van der Walt	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
29	2:18.70 L	F	Brandon Beck	19	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
30	2:21.93 L	F	Sphephelo Ntaka	19	UMSH ETH	24/10/2015	eThekweni Age Group Gala 5

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
31	2:22.11 L	F	Nicolaas Deacon	21	TUKS FSH	14/08/2015	NTS August Combined Age Group Gala
32	2:22.65 L	P	Trad Louw	20	ONYX EKU	03/12/2015	EGA Championships 2015
33	2:22.75 L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016
34	2:26.55 L	F	Tevin Du Toit	19	ACSA ETH	23/01/2016	eThekwini Age Group Gala 7
35	2:28.85 L	F	Liam Fourie	21	MATI CED	15/08/2015	WP SENIOR LEAGUE SUMMER 1
36	2:29.08 L	F	Phutiane Molepo	25	TUKS FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
37	2:33.94 L S	F	Markus Burri	19	AQUB NMA	13/02/2016	6th A-League Gala 2015
38	2:35.52 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
39	2:37.01 L	F	Cornelius Van Niekerk	23	UWCA CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
40	2:41.59 L	F	Deon Johnstone	19	SUPE JHB	06/02/2016	CGA Level 2/3 Last Chance Gala
41	2:44.46 L	F	David Coates	37	NDSA ETH	12/09/2015	KZN Age Group 3 Gala
42	2:55.15 L	F	Maxmillian Carbonell Taylor	20	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016
43	2:56.46 L	F	Jared Burger	20	USC BUF	22/01/2016	BCA January Age Group Gala 2016
44	2:57.40 L	F	Nkosinlwazi Mbatha	19	USH UHD	30/01/2016	Ushaka Championship Gala 2016
45	2:58.86 L	F	Frederik Liebenberg	52	BLMA CPT	15/08/2015	WP SENIOR LEAGUE SUMMER 1
46	3:15.78 L	F	Alexander Haberstroh	37	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
47	3:27.23 L	F	Craig Stanton	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
48	3:27.38 L	F	David Arbuthnot	62	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
49	3:40.89 L	F	Kerry Skidmore	49	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
50	3:42.37 L	F	Robert Hatherly	64	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
51	3:46.08 L	F	David McLachlan	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
52	3:47.80 L	F	Bryn Jevon	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
53	4:49.21 L	F	Michael Townsend	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
54	5:03.02 L	F	Roy Lotkin	57	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
Men 200 IM							
1	2:00.59 L	F	Chad Le Clos	24	SGUL ETH	13/06/2015	XXXIIIeme Int de Natation de
2	2:01.21 L	S	Sebastien Rousseau	25	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
3	2:01.24 L	F	Dylan Bosch	22	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
4	2:01.63 L	F	Michael Meyer	23	MDOL JHB	02/11/2015	Fina -Mastbank Swimming World Cup
5	2:01.71 L	F	Devon Brown	23	RSA	06/09/2015	11th All African Games-Brazzaville 2015
6	2:03.39 L	F	Ayrton Sweeney	22	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
7	2:03.60 L	F	Eben Vorster	19	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
8	2:03.65 L	F	Christopher Reid	20	AQUB NMA	06/08/2015	2015 phillips 66 National Championships
9	2:04.02 L	S	Neil Fair	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
10	2:06.20 L	F	Dayne Odendaal	19	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
11	2:06.26 L	S	Damian Mullen	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
12	2:07.55 L	F	Daniel Ronaldson	19	WSTV ETH	28/08/2015	KZN Beavers Winter LongCourse
13	2:08.37 L	F	Brent Szurdoki	19	WATR JHB	05/12/2015	Vita-thion CGA Champs
14	2:08.85 L	F	Ruan Ras	19	TUKS FSH	03/12/2015	NTS Championships 2015
15	2:09.66 L	S	Joshua Barry	20	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
16	2:10.27 L	F	Liam Fourie	21	MATI CED	07/11/2015	WP SENIOR LEAGUE SUMMER 4
17	2:10.40 L	S	Rudolf Visser	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
18	2:10.55 L	F	Christoff Ras	19	EAGA LP	18/03/2016	SA Level 3 National Age Group Champs
19	2:10.61 L	F	Alaric Basson	20	NMMU NMA	04/12/2015	NMBA Championships 2015
20	2:11.03 L	P	Jacobus Jv Rensburg	21	TUKS FSH	05/02/2016	2016 Grand Prix Invitation Swimming
21	2:11.61 L	F	Martin Binedell	20	SGUL ETH	23/01/2016	eThekwini Age Group Gala 7
22	2:13.21 L	F	Ralph Goveia	20	TUKS FSH	03/12/2015	NTS Championships 2015
23*	2:13.31 L	F	Shaun De Villiers	23	TUKS FSH	03/12/2015	NTS Championships 2015
23*	2:13.31 L	F	Pierre Theron	20	KOVS MAN	16/12/2015	KZN Speedo Provincial Championships
25	2:13.55 L	F	Gregory Kotze	19	PEAS NMA	03/10/2015	Aquabear Invitational Meet
26	2:14.07 L	P	Dylan van Pletzen	19	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
27	2:14.21 L	F	Robin Raven	20	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
28	2:14.52 L	P	Tevin Du Toit	19	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
29	2:14.92 L	P	Edward Johannisen	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
30	2:15.14 L	F	Abdul-Malick Railoun	23	ASA CPT	04/12/2015	WP SUMMER CHAMPS
31	2:15.64 L	F	Wayne Jones	21	BEST NMA	03/10/2015	Aquabear Invitational Meet
32	2:15.78 L	F	Kevin Paul	24	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
33	2:15.89 L S	F	Alard Basson	20	NMMU NMA	16/01/2016	NMBA 5th A-League Gala 2014
34	2:16.06 L	P	Jesse Nielsen	21	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
35	2:16.11 L	F	Nico Meyer	24	MDOL JHB	21/11/2015	CGA Level 2/3 Gala No 3
36	2:16.53 L	P	Brenden Crawford	20	STAD JHB	05/12/2015	Vita-thion CGA Champs
37	2:16.63 L	F	Reynard Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
38	2:16.80 L	P	Graham Adams	19	MATI CED	02/11/2015	Fina -Mastbank Swimming World Cup
39	2:17.27 L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
40	2:17.57 L	P	Armin Oberholster	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
41	2:17.81 L	P	Michael Bowers	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
42	2:17.95 L	F	Reynier Pretorius	21	KOVS MAN	19/09/2015	Neptune Volvo Spring Gala 2015
43	2:18.19 L	F	Mark Roach	19	HARL BUF	14/08/2015	Fourth World Deaf Championship 2015
44	2:18.80 L	F	Thomas Hansford	23	NMMU NMA	03/10/2015	Aquabear Invitational Meet
45	2:19.56 L	F	Joshua Finch	21	UWCA CPT	20/02/2016	WP Summer Qualifying Gala 2
46	2:19.68 L	F	Alexandros Axiotis	20	TUKS FSH	18/09/2015	NTS September Age Group Gala 2015
47	2:19.76 L	P	Bradley Van Staden	19	SEAL UMD	16/12/2015	KZN Speedo Provincial Championships
48	2:20.52 L	F	Richard Ellis	28	WATR JHB	23/01/2016	CGA Level 2-3 gala No 4
49	2:21.03 L	F	Jamie Jackson	20	NMMU NMA	04/12/2015	NMBA Championships 2015
50	2:21.11 L	F	Marco' Smit	19	SEAL UMD	29/06/2015	Sasol National Championship 2015
51	2:21.21 L	P	Jayson Van der Walt	19	TUKS FSH	03/12/2015	NTS Championships 2015
52	2:21.34 L	F	Kyle Morris	19	LINR JHB	21/11/2015	CGA Level 2/3 Gala No 3
53	2:21.75 L	P	Dagyn Davis-Hannibal	19	QUES FSH	18/03/2016	SA Level 3 National Age Group Champs
54	2:21.93 L	P	Anrich Kleynhans	22	TUKS FSH	03/12/2015	NTS Championships 2015
55	2:21.97 L	F	Keanu Silent	19	UWCA CPT	20/02/2016	WP Summer Qualifying Gala 2
56	2:22.09 L	F	Armand Maritz	19	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
57	2:22.26 L	P	Moegamat Davids	20	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
58	2:22.58 L	F	Sphephelo Ntaka	19	UMSH ETH	28/08/2015	KZN Beavers Winter LongCourse
59	2:23.25 L	P	Jarred Stigant	19	WSAA CPT	04/12/2015	WP SUMMER CHAMPS
60	2:23.27 L	F	Willem Scheepers	29	NWUC KKD	03/12/2015	NWS Championships 2015/2016
61	2:23.34 L	F	Johan Lourens	20	TUKS FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
62	2:23.67 L	F	Ockert Maritz	19	SS LP	27/11/2015	Limpopo Champs 27-29 November 2015
63	2:23.72 L	F	Luke Isemonger	21	SGUL ETH	03/10/2015	KZN Age Group 4
64	2:24.05 L	F	Trad Louw	20	ONYX EKU	03/12/2015	EGA Championships 2015
65	2:24.13 L	P	Joshua Mills	20	CADO CPT	04/12/2015	WP SUMMER CHAMPS
66	2:24.35 L	F	Michael Jones	23	SEAL UMD	29/06/2015	Sasol National Championship 2015
67	2:24.48 L	F	Alexander Finney	22	WSAA CPT	10/10/2015	Waterborn Invitational
68	2:24.59 L	F	Willem Steyn	19	ONYX EKU	19/09/2015	CGA Level 2/3 Gala No 1
69	2:24.78 L	F	Warrick Gems	19	STAD JHB	23/01/2016	CGA Level 2-3 gala No 4
70	2:24.96 L	F	Bradley Reen	39	AQUB NMA	03/10/2015	Aquabear Invitational Meet
71	2:25.02 L	F	Ross Kincaid	19	KLOO ETH	28/08/2015	KZN Beavers Winter LongCourse
72	2:25.46 L	F	Challis Wright	24	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
73	2:25.49 L	F	Arno Pelsner	20	VINE CPT	07/11/2015	WP SENIOR LEAGUE SUMMER 4
74	2:25.63 L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016
75	2:27.17 L	F	Phutiane Molepo	25	TUKS FSH	16/10/2015	NTS October Age Group 2015 Level 2+3
76	2:27.78 L	F	Timothy Simpson	21	HASC JHB	31/10/2015	CGA Level 2/3 gala No 2
77	2:27.98 L	F	Aaron Putz	19	SGUL ETH	16/12/2015	KZN Speedo Provincial Championships
78	2:28.24 L	F	Ryno Markgraaff	41	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
79	2:28.33 L	F	Gert van Heerden	20	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
80	2:28.36 L	F	Gary Albertyn	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
81	2:28.64 L	F	Simon Thirsk	37	ELEC JHB	21/11/2015	CGA Level 2/3 Gala No 3
82	2:28.90 L	P	Stephanus Roodt	19	MATI CED	04/12/2015	WP SUMMER CHAMPS
83	2:29.26 L	P	Johannes Van Collier	20	TUKS FSH	03/12/2015	NTS Championships 2015
84	2:30.38 L	F	Dean Coetzee	31	BOKS EKU	30/01/2016	EGA Summer 4
85	2:30.94 L	P	Johann Adriaanse	24	MATI CED	04/12/2015	WP SUMMER CHAMPS
86	2:31.86 L	F	Pieter Du Preez	19	BLSS MAN	04/12/2015	NOCASA Sprints 2015
87	2:33.17 L	F	Andries van Oort	28	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
88	2:33.40 L	F	Harald Kruger	48	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
89	2:33.78 L	F	Deon Johnstone	19	SUPE JHB	17/10/2015	EGA Summer 2_17 Oct 2015
90	2:33.84 L	F	Jean Pretorius	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
91	2:33.98 L	F	Wade Dannhauser	23	SGUL ETH	01/08/2015	KZN Age Group Gala 1
92	2:34.45 L	F	Roberto Marchi	19	HASC JHB	19/09/2015	CGA Level 2/3 Gala No 1
93	2:34.80 L	F	Craig Groenewald	37	STAD JHB	05/12/2015	Vita-thion CGA Champs

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
94	2:34.94 L	F	Kent Field	19	MDOL JHB	19/09/2015	CGA Level 2/3 Gala No 1
95	2:36.16 L	F	Lain Schutte	40	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
96	2:36.39 L	F	Apiwe Nkumbi	24	SUPE JHB	19/09/2015	CGA Level 2/3 Gala No 1
97	2:36.66 L	F	Ethan Paulse	20	ASA ETH	07/11/2015	WP SENIOR LEAGUE SUMMER 4
98	2:36.92 L	P	Irfaan Essof	19	ATLA JHB	05/12/2015	Vita-thion CGA Champs
99	2:37.04 L	F	Scott Gilchrist	38	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
100	2:38.52 L	F	Timothy Shead	63	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
101	2:38.61 L	F	Dawid van Niekerk	20	NWUC KKD	21/11/2015	NWS Age Group 3 2015/2016
102	2:38.62 L	F	Bradley Schultz	23	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
103	2:38.94 L	F	Raymond de Freitas	26	MP EZD	10/04/2016	Sa National Aquatic Championship 2016
104	2:39.70 L	F	Kevin Richards	52	AQUB NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
105	2:40.91 L	F	Edwin Jeppe	24	CADO CPT	07/11/2015	WP SENIOR LEAGUE SUMMER 4
106	2:41.26 L	F	Vincent Frenz	26	MATI CED	07/11/2015	WP SENIOR LEAGUE SUMMER 4
107	2:41.40 L	P	Jared Burger	20	BCA BUF	10/04/2016	Sa National Aquatic Championship 2016
108	2:41.87 L	F	Nkosinolwazi Mbatha	19	USH UHD	30/01/2016	Ushaka Championship Gala 2016
109	2:42.64 L	F	Bongani Sillo	19	UMSH ETH	03/10/2015	KZN Age Group 4
110	2:42.65 L	F	Juan-Jacques Van der Hoogen	21	LAD UTD	05/12/2015	Amajuba Distr 2015 Long Course
111	2:43.72 L	P	Johandre Delpont	19	ESP EKU	29/06/2015	Sasol National Championship 2015
112	2:43.92 L S	P	David Coates	37	NDSA ETH	07/07/2015	KZN SPEEDO PRESTIGE
113	2:45.13 L	F	Grantham Manchest	24	XSAQ CPT	07/11/2015	WP SENIOR LEAGUE SUMMER 4
114	2:45.35 L	F	Graeme Fiser	50	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
115	2:46.01 L	F	Ntandoyenkosi Nxumalo	20	UMSH ETH	05/02/2016	eThekweni Age Group 8 Gala
116	2:46.45 L	P	Frederik Liebenberg	52	BLMA CPT	04/12/2015	WP SUMMER CHAMPS
117	2:48.83 L	F	Peter-John Duffy	46	AQUB NMA	03/10/2015	Aquabear Invitational Meet
118	2:49.09 L	F	Guy Mottram	49	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
119	2:50.53 L	F	Valentino Vergotine	28	XSAQ CPT	07/11/2015	WP SENIOR LEAGUE SUMMER 4
120	2:50.56 L	F	Marceleno Thomas	20	SUPE JHB	31/10/2015	CGA Level 2/3 gala No 2
121	2:52.15 L	F	Nigel Cones	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
122	2:52.26 L	F	Maxmillian Carbonell Taylor	20	NWS BPD	30/01/2016	4 + 1 Inter Provincial Gala 2016
123	2:53.80 L	F	Sean Pietersen	19	ISSC NMD	16/01/2016	NWS Age Group 4 1516
124	2:54.00 L	F	Andrè Roothman	61	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
125	2:54.08 L	F	Alexander Haberstroh	37	TUKS TSH	16/10/2015	NTS October Age Group 2015 Level 2+3
126	2:54.34 L	F	Keenan George	19	MANT CPT	03/10/2015	Aquabear Invitational Meet
127	2:55.34 L	F	Mswane Tsabedze	19	MATL KKD	20/02/2016	NWS District Development
128	2:56.59 L	F	Tyrone Clark	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
129	2:58.33 L	F	Francois Grobler	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
130	3:01.43 L	F	Sergio Carmona	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
131	3:02.83 L	F	Glenn Hickling	54	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
132	3:03.94 L	F	Craig Stanton	47	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
133	3:06.20 L S	F	Alan Searle	41	BEST NMA	16/01/2016	NMBA 5th A-League Gala 2014
134	3:07.03 L	F	Gomolemo Khomo	20	TUKS TSH	21/08/2015	NTS August Combined Age Group # 2 -
135	3:08.71 L	F	Hendrik Jv Rensburg	55	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
136	3:09.26 L	P	David Williams	28	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
137	3:10.54 L	F	Craig Gnesin	39	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
138	3:12.10 L	F	Sandile Shezi	19	PISC ETH	03/10/2015	KZN Age Group 4
139	3:12.11 L	F	Wolfgang Fechter	54	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
140	3:12.57 L	F	Najen Naidoo	35	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
141	3:15.33 L	F	Shane Skidmore	47	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
142	3:16.96 L	F	Jan Williams	46	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
143	3:17.82 L	F	Bryn Jevon	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
144	3:19.81 L	F	David Arbutnot	62	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
145	3:19.88 L	F	Aston Wilson	20	SUPE JHB	17/10/2015	EGA Summer 2_17 Oct 2015
146	3:20.53 L	F	William Villet	44	FAAC FBD	07/01/2016	NOCASA Champs 2016
147	3:22.19 L	F	Johann Pretorius	52	COEL TSH	16/03/2016	SAMS 32nd LC Champs @ Durban
148	3:22.45 L	F	Sean O'Neil	31	NDSA ETH	03/10/2015	KZN Age Group 4
149	3:22.85 L	F	Trevor Wright	31	MATL KKD	16/01/2016	NWS Age Group 4 1516
150	3:25.59 L	P	Moses Malatji	23	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
151	3:25.70 L	F	Pieter Bell	25	WHFC CED	06/02/2016	WP JACK CURRIE CHAMPS
152	3:26.17 L	F	Anthony Baker	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 **Times until: 30-Apr-16**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
153	3:28.48 L	F	Franco van Lingen	66	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
154	3:28.61 L	F	Roy Lotkin	57	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
155	3:28.83 L	F	Hylton Heggie	25	NDSA ETH	06/11/2015	ACTION SWIM CHAMPIONSHIPS 2015
156	3:30.63 L	F	Willem Olivier	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
157	3:34.35 L	F	David McLachlan	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
158	3:35.19 L	F	David Blaauw	46	MATL KKD	03/12/2015	NWS Championships 2015/2016
159	3:36.84 L	F	James Hughes	72	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
160	3:40.94 L	F	Richard Maynard	67	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
161	3:46.61 L	F	Johannes Hugo	26	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
162	3:48.39 L	F	Hercules Weideman	21	FISH EDD	17/10/2015	EDEN 1st A-League Gala
163	3:49.51 L	F	George Rowan	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
164	3:50.03 L	F	Colin Gordon-Davis	60	ETSM EKU	16/03/2016	SAMS 32nd LC Champs @ Durban
165	3:52.59 L	F	Carel van Heerden	65	WAHO JHB	10/10/2015	Waterborn Invitational
166	4:00.51 L	F	Hendrik Venter	41	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
167	4:12.23 L	F	Stephanus Coetzee	28	ASA CPT	04/12/2015	WP SUMMER CHAMPS
168	4:14.08 L	F	Matthys Walters	47	BARR CPT	06/11/2015	Freda Barnard Gala 34
169	4:16.97 L	F	Sarel Corrie	58	UPTS ZMD	28/11/2015	Nocasa Age Group 3 UPT 2015
170	4:17.63 L	F	Bjorn Selmer-Olsen	64	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
171	4:22.00 L	F	Winton Myers	71	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
172	4:25.84 L	F	Graham Robinson	66	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
173	4:55.52 L	F	Gifth Bongani	19	KWHA NGD	27/11/2015	Mpumalanga Championships 2015
174	5:13.17 L	F	Bernard Parkin	71	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
Men 400 IM							
1	4:14.75 L	F	Sebastien Rousseau	25	KZNA ETH	10/04/2016	Sa National Aquatic Championship 2016
2	4:15.71 L	F	Michael Meyer	23	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
3	4:21.83 L	F	Ayrton Sweeney	22	RSA	06/09/2015	11th All African Games-Brazzaville 2015
4	4:25.30 L	F	Neil Fair	19	NTS FSH	10/04/2016	Sa National Aquatic Championship 2016
5	4:25.77 L	F	Eben Vorster	19	FS MAN	10/04/2016	Sa National Aquatic Championship 2016
6	4:31.27 L	F	Damian Mullen	19	CGA JHB	10/04/2016	Sa National Aquatic Championship 2016
7	4:33.24 L	F	Rudolf Visser	19	WPA CPT	10/04/2016	Sa National Aquatic Championship 2016
8	4:36.59 L	F	Brent Szurdoki	19	WATR JHB	10/10/2015	Waterborn Invitational
9	4:37.40 L	F	Liam Fourie	21	MATI CED	04/12/2015	WP SUMMER CHAMPS
10	4:39.02 L	F	Christoff Ras	19	LP LP	10/04/2016	Sa National Aquatic Championship 2016
11	4:40.62 L	F	Ruan Ras	19	TUKS FSH	03/12/2015	NTS Championships 2015
12	4:42.32 L	F	Jacobus Jv Rensburg	21	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
13	4:45.00 L	F	Brenden Crawford	20	STAD JHB	29/06/2015	Eliminatoria Assoluti
14	4:48.22 L	F	Gregory Kotze	19	PEAS NMA	03/10/2015	Aquabear Invitational Meet
15	4:50.19 L	P	Edward Johannisen	21	NMA NMA	10/04/2016	Sa National Aquatic Championship 2016
16	4:52.87 L	F	Graham Adams	19	MATI CED	02/11/2015	Fina -Mastbank Swimming World Cup
17	4:53.68 L	F	Tevin Du Toit	19	ACSA ETH	16/12/2015	KZN Speedo Provincial Championships
18	5:06.45 L	F	Charl Crous	25	KLOO ETH	29/06/2015	Sasol National Championship 2015
19	5:08.00 L	F	Brandon Beck	19	MATI CED	30/10/2015	WP SUMMER QUALIFY GALA 1
20	5:09.61 L	F	Reynard Wessels	AR	BLOT MAN	26/10/2015	FSA Championship 2015
21	5:09.82 L	F	Reino von Wielligh	23	NWUC KKD	03/12/2015	NWS Championships 2015/2016
22	5:10.26 L	F	Sphephelo Ntaka	19	UMSH ETH	15/08/2015	KZN Age Group Gala 2
23	5:14.07 L	F	Phutiane Molepo	25	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
24	5:19.61 L	P	Aaron Putz	19	SGUL ETH	05/02/2016	2016 Grand Prix Invitation Swimming
25	5:28.95 L	F	Cornelius Van Niekerk	23	UWCA CPT	12/09/2015	WP SENIOR LEAGUE SUMMER 2
26	5:34.30 L	F	Andries van Oort	28	NWUC KKD	31/10/2015	NWS Age Group 2 1516
27	5:34.56 L	F	Johannes Van Coller	20	TUKS FSH	29/06/2015	Sasol National Championship 2015
28	5:34.92 L	F	Pieter Du Preez	19	BLSS MAN	26/10/2015	FSA Championship 2015
29	5:37.57 L	F	Ockert Maritz	19	SS LP	19/09/2015	Limpopo Age Group 3
30	5:46.65 L	F	Deon Johnstone	19	SUPE JHB	31/10/2015	CGA Level 2/3 gala No 2
31	5:48.11 L	F	Dawid van Niekerk	20	NWUC KKD	31/10/2015	NWS Age Group 2 1516
32	5:54.53 L	F	Jared Burger	20	USC BUF	22/01/2016	BCA January Age Group Gala 2016
33	5:55.46 L	F	Frederik Liebenberg	52	BLMA CPT	30/10/2015	WP SUMMER QUALIFY GALA 1
34	6:08.19 L	F	Maxmillian Carbonell Taylor	20	HREF BPD	03/12/2015	NWS Championships 2015/2016
35	6:20.53 L	F	Johandre Delport	19	ESP EKU	29/06/2015	Sasol National Championship 2015
36	6:23.80 L	F	Tyrel van Reenen	34	EACS ETH	16/03/2016	SAMS 32nd LC Champs @ Durban

Individual Top Times

Times since: 01-May-15 Times until: 30-Apr-16
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
37	6:28.89 L	F	Craig Stanton	47	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
38	6:29.96 L	F	Alexander Haberstroh	37	TUKS FSH	20/11/2015	NTS November Age Group 2015 Level
39	6:35.72 L	F	Francois Grobler	47	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
40	6:45.64 L	F	Robert Hatherly	64	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
41	6:50.33 L	F	Tyrone Clark	44	PHOE ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
42	7:01.67 L	F	Hendrik Jv Rensburg	55	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
43	7:02.86 L	F	Alan Searle	41	BEST NMA	16/03/2016	SAMS 32nd LC Champs @ Durban
44	7:06.65 L	F	Bryn Jevon	53	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
45	7:06.80 L	F	David Arbuthnot	62	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
46	7:20.67 L	F	Kerry Skidmore	49	AMAK BO	16/03/2016	SAMS 32nd LC Champs @ Durban
47	7:21.73 L	F	Willem Olivier	52	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
48	7:29.68 L	F	Roy Lotkin	57	WATR JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
49	7:35.94 L	F	Anthony Baker	59	HIGH ETH	16/03/2016	SAMS 32nd LC Champs @ Durban
50	7:37.81 L	F	Selwyn Sundelowitz	65	COEL FSH	16/03/2016	SAMS 32nd LC Champs @ Durban
51	7:51.15 L	F	David McLachlan	78	CPTW CPT	16/03/2016	SAMS 32nd LC Champs @ Durban
52	7:57.20 L	F	George Rowan	65	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
53	8:04.77 L	F	Abel Schoeman	54	FLOD JHB	16/03/2016	SAMS 32nd LC Champs @ Durban
54	8:12.61 L	F	Carel van Heerden	65	WAHO JHB	16/03/2016	SAMS 32nd LC Champs @ Durban