

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 17</b>	<b>50 Free</b>						
1	26.68 L	F	Jamie Reynolds	17	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
2*	26.94 L	P	Rachel Stevenson	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
2*	26.94 L	F	Chelsea Meiring	17	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
4	27.13 L	P	Marlies Ross	17	TUKS NT	07/06/2014	Mare Nostrum 2014 Monaco
5	27.61 L	F	Rita Naude	17	RSA	23/05/2014	2nd African Youth Games,Botswana
6	27.65 L	F	Gabriella Nutter	17	MDOL CG	12/03/2015	SA Level 3 National Age Group Champs
7	27.93 L	P	Caitlin Crow	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
8	28.08 L	P	Camryn Wheals	17	TUKS NT	04/12/2014	NTS Championships 2014
9	28.19 L	P	Madri Bester	17	STELL NW	12/03/2015	SA Level 3 National Age Group Champs
10	28.20 L	F	Eliz-Maric Cronje	17	POTC NW	04/12/2014	NWS Championships 2014/2015
11	28.27 L	P	Tia Dixon	17	MATI WP	12/03/2015	SA Level 3 National Age Group Champs
12	28.36 L	P	Tatjana Schoenmaker	17	TUKS NT	11/06/2014	Mare Nostrum 2014 Canet
13	28.44 L	P	Eune Odendaal	17	PSC NT	04/12/2014	NTS Championships 2014
14	28.55 L	P	Catherine Sainsbury	17	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
15*	28.63 L	F	Kristy Kupfer	17	MDOL CG	04/10/2014	CGA Level 2-3 Gala N0 2 2014
15*	28.63 L	F	Peta-Jayne Nel	17	HARL BO	19/03/2015	SA Level 2 Regional Age Group Champs
17	28.68 L	P	Emily Visagie	17	SGUL KZ	17/12/2014	KZN Premier Championships 2014
18*	28.69 L	F	Alison Basel	17	WATR CG	18/12/2014	CGA Open LC Championships 2014
18*	28.69 L	P	Zoe Holder	17	SEAL KZ	17/12/2014	KZN Premier Championships 2014
20	28.77 L	F	Kirah Jackson	17	SASE CG	19/03/2015	SA Level 2 Regional Age Group Champs
21	28.80 L	F	Mia Truter	17	TUKS NT	04/12/2014	NTS Championships 2014
22	28.85 L	P	Mikal Botha	17	TUKS NT	04/12/2014	NTS Championships 2014
23	28.93 L	F	Lemay van Rensburg	17	HREF NW	04/12/2014	NWS Championships 2014/2015
24	28.99 L	P	Tove Van Zyl	17	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
25	29.02 L	P	Ashley Reimers	17	VRY KZ	17/12/2014	KZN Premier Championships 2014
26	29.07 L S	F	Danielle Smit	17	USC BO	07/02/2015	6th A-League Gala 2014
27	29.08 L	F	Caitlyn Boake	17	UNIQ CG	18/12/2014	CGA Open LC Championships 2014
28	29.14 L	P	Cassidy Stockigt	17	FLOD CG	12/03/2015	SA Level 3 National Age Group Champs
29	29.28 L	F	Amé Kleynhans	17	TUKS NT	30/08/2014	Adrian Grafe Memorial Gala
30	29.41 L	F	Jacoba Fourie	17	NWS NW	11/12/2014	SA Schools Swimming Championship
31	29.43 L	P	Monica Boje	17	WPA WP	13/04/2015	Sa National Aquatic Championship 2015
32*	29.44 L	F	Joselyn Brazer	17	WATR CG	19/03/2015	SA Level 2 Regional Age Group Champs
32*	29.44 L	P	Ashleigh Fitzgerald	17	ELEC CG	04/12/2014	NTS Championships 2014
34	29.51 L	F	Kira Baptiste	17	PSC NT	07/11/2014	NTS November 20014 Age Group -
35	29.54 L	P	Kristen Jordan	17	HARL BO	19/03/2015	SA Level 2 Regional Age Group Champs
36	29.55 L	P	Chelsea Mills	17	CADO WP	19/03/2015	SA Level 2 Regional Age Group Champs
37*	29.56 L	P	Megan Hugo	17	FS FS	11/12/2014	SA Schools Swimming Championship
37*	29.56 L	P	Emma Kiely	17	SWD SW	13/04/2015	Sa National Aquatic Championship 2015
39	29.59 L	F	Caylin du Plessis	17	KDOR NW	04/10/2014	NWS Age Group 1 1415
40	29.64 L	P	Carla Nel	17	TUKS NT	04/12/2014	NTS Championships 2014
41	29.67 L	P	Ella Mencil	17	MDOL CG	20/06/2014	IV Trofeo Citta di Pescara
42*	29.79 L	F	Jo-Mari Kleinhans	17	MATI WP	11/10/2014	WPA LC SENIOR LEAGUE 3
42*	29.79 L	P	Tina Bahlmann	17	BCA BO	13/04/2015	Sa National Aquatic Championship 2015
44	29.85 L	F	Nadia Blaauw	17	NWUC NW	04/12/2014	NWS Championships 2014/2015
45	29.90 L	F	Sumari Coetzee	17	TUKS NT	17/10/2014	NTS Oct 2014 Age Group Lev 2+3
46	29.92 L	P	Tyla Goosen	17	WSTV KZ	17/12/2014	KZN Premier Championships 2014
47	29.95 L	P	Shukrallah Honiball	17	TUKS! LP	12/03/2015	SA Level 3 National Age Group Champs
48	30.03 L	P	Sarah Jennings	17	HASC CG	04/12/2014	NTS Championships 2014
49	30.10 L	F	Jessica Wright	17	AQUB EP	31/01/2015	Uitenhage Swimming Club Gala 2015
50*	30.14 L	F	Justine Jagga	17	CADO WP	11/10/2014	WPA LC SENIOR LEAGUE 3
50*	30.14 L	P	Gabriella Bertone	17	STAD CG	19/03/2015	SA Level 2 Regional Age Group Champs
52	30.20 L	P	Bathandwa Dyantyi	17	AQUA BO	12/03/2015	SA Level 3 National Age Group Champs
53	30.25 L	P	Melanie Van Biljon	17	FISH SW	19/03/2015	SA Level 2 Regional Age Group Champs

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
54	30.27	L	F	Antache Reyneke	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
55	30.32	L	F	Mia Nel	17	FAAC NC	05/12/2014 NOCASA Sprints 2014
56	30.33	L	F	Kimberley Swan	17	FSE KZ	08/11/2014 KZN Uthungulu Nov Age Group Gala
57*	30.34	L	F	Janika Pelser	17	NAUDE FS	31/10/2014 FS Schools Gala Proewe 2014
57*	30.34	L	F	Khanya Jack	17	AQUA BO	05/12/2014 NMBA Championships 2014
59	30.35	L	P	Mareli Joubert	17	TUKS NT	04/12/2014 NTS Championships 2014
60*	30.36	L	F	Laura Berzen	17	WATR CG	01/11/2014 CGA Level 2-3 Gala No 3
60*	30.36	L	P	Micaela Gowar	17	AQUB EP	19/03/2015 SA Level 2 Regional Age Group Champs
62	30.43	L	F	Emma Parsons	17	STPS KZ	06/12/2014 KZN Age Group 9 Gala
63	30.44	L	P	Tessa Gough	17	ELEC CG	04/12/2014 NTS Championships 2014
64	30.46	L	F	Ilne Cilliers	17	BLOT FS	17/10/2014 Otters Prestige Gala 2014
65*	30.47	L	P	Anél De Vos	17	TUKS LP	19/03/2015 SA Level 2 Regional Age Group Champs
65*	30.47	L	P	Sally Tarr	17	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
67	30.49	L	F	Paola Schildhauer	17	DDA NT	03/10/2014 Sasol National Championship 2014
68	30.51	L	P	Telana Hugo	17	USC BO	19/03/2015 SA Level 2 Regional Age Group Champs
69	30.55	L	F	Chelsea Van Rensburg	17	TYGE WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
70	30.61	L	F	Jessica Grose	17	STAD CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
71	30.70	L L	F	Marichen Viviers	17	FLOD CG	05/12/2014 EGA Championships Dec 2014
72	30.73	L	F	Nepo Ntsono	17	PEAS EP	31/10/2014 Freda Barnard Gala
73	30.76	L	P	Marleni Kisten	17	BEAV KZ	17/12/2014 KZN Premier Championships 2014
74*	30.78	L	F	Nienke Pretorius	17	BLOT FS	17/10/2014 Otters Prestige Gala 2014
74*	30.78	L	F	Jacqueline Piso	17	FINS MP	04/02/2015 MP EVENING GALA - 4 February 2015
76	30.80	L	F	Lauren Ogg	17	UNI-N MP	04/02/2015 MP EVENING GALA - 4 February 2015
77	30.81	L	F	Jodi Turner	17	ESP ES	05/12/2014 EGA Championships Dec 2014
78	30.88	L	F	Caitlin Sleet	17	MATI WP	11/10/2014 WPA LC SENIOR LEAGUE 3
79	30.94	L	T	Kirstene Grant	17	USH KZ	31/01/2015 Ushaka Championship Gala 2015
80	31.01	L	F	Ingrid Benn	17	DDA NT	26/09/2014 NTS Sep 2014 Age Group Level 0+1
81	31.03	L	P	Gretchen Durr	17	ASA WP	10/12/2014 WP Championships 2014
82*	31.04	L	P	Tyla Fleischer	17	OLDE CG	05/12/2014 EGA Championships Dec 2014
82*	31.04	L	P	Tyla Bassani	17	CRSC CG	05/12/2014 EGA Championships Dec 2014
84	31.05	L	F	Dante Engelbrecht	17	UNI-M MP	23/01/2015 MP Age Group 3 - 23/24 January 2015
85	31.06	L	F	Kirah-Lee van Heerden	17	USC BO	27/11/2014 Buffalo City Championships 2014
86	31.10	L	P	Georgie Trodd	17	SEAL KZ	17/12/2014 KZN Premier Championships 2014
87	31.14	L	F	Anelda Lourens	17	TUKS NT	13/02/2015 NTS Feb 2015 Age Group Lev 2+3
88	31.22	L	F	Hanti Brits	17	EUNIC FS	31/10/2014 FS Schools Gala Proewe 2014
89	31.23	L	F	Suzanne Engelbrecht	17	HARB NW	22/11/2014 NWS Age Group 3 2014/2015
90*	31.30	L	P	Michlene Pedro	17	BOKS ES	19/03/2015 SA Level 2 Regional Age Group Champs
90*	31.30	L	F	Jayne-Sue Vermaas	17	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
92	31.35	L	F	Rebecca Manners-Wood	17	STPS KZ	06/12/2014 KZN Age Group 9 Gala
93	31.38	L	F	Irene Marangellis	17	BLOT FS	17/10/2014 Otters Prestige Gala 2014
94	31.39	L	F	Elzaan Le Roux	17	WELL WP	25/10/2014 WP STRAND MEET
95	31.42	L	F	Danielle Dirksen	17	GREY WP	25/10/2014 WP STRAND MEET
96	31.52	L	F	Nicole Robertson	17	TUKS NT	16/01/2015 NTS Jan 2015 Age Group Combined
97	31.58	L	F	Heidemarie Edeling	17	BLSS FS	17/10/2014 Otters Prestige Gala 2014
98	31.59	L	F	Annelize Mentz	17	PHS LP	17/10/2014 Limpopo Schools Champs October 2014
99	31.73	L	F	Joelle Thevenau	17	SGUL KZ	28/11/2014 KZN TYR Westville Sprints 2014
100	31.75	L	P	Meghan Bartie	17	SOUL ES	05/12/2014 EGA Championships Dec 2014
101	31.78	L	P	Frances Vd Walt	17	MDOL CG	19/03/2015 SA Level 2 Regional Age Group Champs
102*	31.81	L	F	Elzanie Pietersen	17	UNI MP	28/11/2014 KZN TYR Westville Sprints 2014
102*	31.81	L	F	Lauren Barnes	17	BENS ES	31/01/2015 EGA Summer 4
104	31.93	L	F	Celesté Vermeulen	17	LIMSC LP	26/02/2015 Limpopo Province Interprovincial
105	31.97	L	F	Ilke Coetzer	17	KOVS FS	13/09/2014 Seals Gala 13 Sept 2014
106*	32.01	L	F	Gita Pera	17	CADO WP	11/10/2014 WPA LC SENIOR LEAGUE 3
106*	32.01	L	F	Jada Smith	17	AQUA BO	13/02/2015 Buffalo City Aquatics February Age

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
108	32.06	L S	F	Michaela Peinke	17	USC BO 10/01/2015 5th A-League Gala 2014
109	32.07	L	P	Kirsten Vd Lingen	17	HAMM NT 04/12/2014 NTS Championships 2014
110	32.14	L	F	Ellen Van Niekerk	17	WELL WP 18/07/2014 WPA WINTER CHAMPIONSHIPS
111	32.16	L	F	Jessica Burgess	17	ESP ES 25/10/2014 EGA Summer 2_25 Oct 2014
112	32.17	L	F	Kirsty Maritz	17	BOKS ES 25/10/2014 EGA Summer 2_25 Oct 2014
113	32.18	L	F	Marjone Human	17	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
114	32.29	L	F	Chante` Robinson	17	FAAC NC 15/11/2014 Penguin Gala 2014
115	32.30	L	F	Cassidy Muller	17	LAD KZ 07/02/2015 KZN Amajuba District Feb 2015 Age
116	32.38	L	P	Andrea Dries	17	SWIFT ES 05/12/2014 EGA Championships Dec 2014
117	32.43	L	P	Zandalee Bezuidenhout	17	LINR CG 19/03/2015 SA Level 2 Regional Age Group Champs
118	32.54	L	F	Jessica Macaulay	17	FINS MP 28/11/2014 Mpumalanga Championships 2014
119	32.57	L	F	Kayla-Marie Kruger	17	CSC NT 13/09/2014 2014 Speedo Hillcrest Sprint Gala
120	32.63	L	F	Vaishnavi Naidoo	17	BEAV KZ 13/02/2015 KZN Level 1 Provincial Championships
121	32.69	L	F	Melanie Badenhorst	17	KALA NC 23/01/2015 NOCASA Age Group 2 Kathu
122	32.72	L	F	Ashleigh Addison	17	UNI MP 20/09/2014 MP Xerox Sprint Gala - 20 September
123	32.78	L	F	Jessica Wessels	17	SOUL ES 30/08/2014 Adrian Grafe Memorial Gala
124	32.85	L	F	Daniella da Costa	17	NWUC NW 04/12/2014 NWS Championships 2014/2015
125	32.87	L	F	Mariza Odendal	17	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
126	32.93	L	F	Monique-Marzaney Hilbig	17	DORE CG 18/10/2014 CGA Level 1 gala No 2
127	32.98	L	F	Tiffany vd Merwe	17	TUKS NT 15/08/2014 NTS August 20014 Age Group -
128	32.99	L	F	Marlene Reyneke	17	UPTS NC 25/10/2014 Flamingo Gala 2014
129	33.16	L	F	Jeanne-Ami Steenkamp	17	FAAC NC 15/11/2014 Penguin Gala 2014
130	33.34	L	F	Jessica Gouveia	17	PER CG 18/10/2014 CGA Level 1 gala No 2
131	33.40	L	F	Carmen du Plessis	17	HH NW 13/02/2015 NW Schools Swimming Championships
132	33.45	L	F	Rylee Bronkhorst	17	HBV LP 24/10/2014 Mpumalanga Top Schools 2014 High
133	33.48	L	F	Lara Fourie	17	USH KZ 06/12/2014 KZN Uthungulu District Dec Age Group
134	33.58	L	F	Willmarie De Beer	17	LIMSC LP 26/02/2015 Limpopo Province Interprovincial
135	33.68	L	F	Alida Stronkhorst	17	KSC MP 28/11/2014 Mpumalanga Championships 2014
136	33.89	L	F	Esther Jacobs	17	TUKS NT 13/09/2014 2014 Speedo Hillcrest Sprint Gala
137	34.05	L	F	Suzani van der Merwe	17	BLSS FS 17/10/2014 Otters Prestige Gala 2014
138	34.21	L	F	Tamsin Creecy	17	KHS NW 24/10/2014 Mpumalanga Top Schools 2014 High
139	34.26	L	F	Jessica Samuel	17	BOKS ES 30/08/2014 Adrian Grafe Memorial Gala
140*	34.28	L	P	Leah Jacobs	17	SASE CG 27/03/2015 SA Level 1 Regional Age Group Champs
140*	34.28	L	F	Chrisna Opperman	17	UPTS NC 23/01/2015 NOCASA Age Group 2 Upington
142	34.33	L	P	Leah Jacobs	17	SASE CG 05/12/2014 EGA Championships Dec 2014
143	34.53	L	F	Monique Lewis	17	HBV LP 24/10/2014 Mpumalanga Top Schools 2014 High
144	34.71	L	F	Denika Petzer	17	KFSC BO 27/11/2014 Buffalo City Championships 2014
145	34.78	L	F	Sandy Bambie	17	PIRAN BO 17/10/2014 Buffalo City Aquatics October Age Group
146	34.81	L	F	Idelette Nel	17	AQUB EP 22/11/2014 PEA Gala 2014
147	34.84	L	F	Kaylin Horn	17	PSC NT 28/11/2014 2014 The Tshwane Mayoral Gala
148	35.00	L	F	Ashleigh Green	17	NWUC NW 01/11/2014 NWS Age Group 2 1415
149	35.10	L	F	Megan Jooste	17	BLAE CG 18/10/2014 CGA Level 1 gala No 2
150	35.31	L	F	Hannah Livingstone	17	USH KZ 14/02/2015 KZN Uthungulu District Feb 2015 Age
151	35.37	L	F	Wandile Nyathi	17	GDE 06/09/2014 Gauteng Schools Aquatics Trials 2014
152	35.44	L	F	Erin Anthony	17	WSAA WP 11/10/2014 WPA LC SENIOR LEAGUE 3
153	35.45	L	F	Veronique Kock	17	PAQU WP 31/01/2015 WPA LC Senior League 5
154	35.63	L	F	Suzette Steenkamp	17	UPTS NC 05/12/2014 NOCASA Sprints 2014
155	35.72	L	F	Zaakirah Hassan	17	ATLA CG 30/08/2014 Adrian Grafe Memorial Gala
156	35.76	L	F	Caitlyn Van Dyk	17	PSC NT 20/02/2015 NTS Feb 2015 Age Group Level 0+1
157	36.04	L	F	Laura Wafer	17	FSE KZ 04/10/2014 KZN- Uthungulu District October Age
158*	36.47	L	F	Kelly Wilson	17	WSTV KZ 17/12/2014 KZN Premier Championships 2014
158*	36.47	L	F	Tanisha Botha	17	LBHS NW 13/02/2015 NW Schools Swimming Championships
160	36.54	L	F	Maryke Botha	17	LBHS NW 13/02/2015 NW Schools Swimming Championships
161	37.21	L	P	Marthie Kotzè	17	WCSA WP 11/12/2014 SA Schools Swimming Championship

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
162	38.16 L	F	Jordan Smith	17	DDA NT	26/09/2014	NTS Sep 2014 Age Group Level 0+1
163	38.27 L	F	Carmen Booysen	17	DDA NT	28/11/2014	2014 The Tshwane Mayoral Gala
164	38.60 L	F	Tasfiah Dawood	17	ATLA CG	30/08/2014	Adrian Grafe Memorial Gala
165	40.26 L	F	Yolandre van Rooyen	17	BLOT FS	13/09/2014	Seals Gala 13 Sept 2014
166	40.28 L	F	Rumaanah Ayob	17	ATLA CG	30/08/2014	Adrian Grafe Memorial Gala
167	42.68 L	F	Chané Denton	17	POTC NW	01/11/2014	NWS Age Group 2 1415
168	43.56 L	F	Robyn Gardner	17	TLAC NW	01/11/2014	NWS Age Group 2 1415
169	44.28 L	F	Aviwe Jemane	17	WHFC WP	20/02/2015	WP Jack Currie Championships 2015
170	48.15 L	F	Firdaus Alli	17	ATLA CG	18/10/2014	CGA Level 1 gala No 2
171	x1:02.09 L L	F	Larah Binedell	17	KZNA KZ	11/12/2014	SA Schools Swimming Championship
172	1:15.45 L	P	Huda Abrahams	17	VINE WP	19/03/2015	SA Level 2 Regional Age Group Champs
<b>Women 17 100 Free</b>							
1	57.30 L	P	Marlies Ross	17	TUKS LP	17/08/2014	2nd Youth Olympic Games 2014-Nanjing
2	58.74 L	F	Jamie Reynolds	17	SEAL KZ	17/12/2014	KZN Premier Championships 2014
3	58.89 L	S	Rachel Stevenson	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
4	59.26 L	F	Chelsea Meiring	17	SEAL KZ	17/12/2014	KZN Premier Championships 2014
5	59.52 L	P	Camryn Wheals	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
6	59.75 L	F	Rita Naude	17	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
7	59.89 L	S	Kristin Bellingan	17	WPA WP	13/04/2015	Sa National Aquatic Championship 2015
8	1:00.39 L	P	Alison Basel	17	WATR CG	12/03/2015	SA Level 3 National Age Group Champs
9	1:00.85 L	P	Eune Odendaal	17	PSC NT	20/02/2015	Grand Prix Invitation Swimming Meet
10	1:00.92 L	F	Megan van Wyk	17	SGUL KZ	14/02/2015	KZN Age Group Gala 11
11	1:00.98 L	P	Caitlin Crow	17	HASC CG	12/03/2015	SA Level 3 National Age Group Champs
12*	1:00.99 L	P	Kristy Kupfer	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
12*	1:00.99 L	F	Demi Lopes	17	TUKS NT	17/12/2014	KZN Premier Championships 2014
14	1:01.20 L	P	Gabriella Nutter	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
15	1:01.58 L	F	Mikal Botha	17	GDE CG	11/12/2014	SA Schools Swimming Championship
16	1:01.78 L L	F	Lemay van Rensburg	17	NWS NW	13/04/2015	Sa National Aquatic Championship 2015
17*	1:02.19 L	F	Eliz-Maric Cronje	17	PGIM NW	13/02/2015	NW Schools Swimming Championships
17*	1:02.19 L S	F	Emma Kiely	17	ROA SW	07/02/2015	6th A-League Gala 2014
19	1:02.32 L	P	Catherine Sainsbury	17	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
20	1:02.61 L	F	Madri Bester	17	STELL NW	04/12/2014	NWS Championships 2014/2015
21	1:02.72 L	F	Kirah Jackson	17	SASE CG	14/02/2015	CGA Level 2/3 Gala No 4
22	1:02.83 L	F	Danielle Smit	17	USC BO	13/02/2015	Buffalo City Aquatics February Age
23	1:02.98 L	P	Shukrallah Honiball	17	TUKS! LP	12/03/2015	SA Level 3 National Age Group Champs
24	1:03.03 L	P	Cassidy Stockigt	17	FLOD CG	12/03/2015	SA Level 3 National Age Group Champs
25	1:03.04 L	P	Ella Mencil	17	MDOL CG	20/02/2015	Grand Prix Invitation Swimming Meet
26	1:03.09 L	P	Roh-Anne Coetzee	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
27	1:03.10 L	P	Amé Kleynhans	17	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
28	1:03.27 L	P	Monica Boje	17	WPA WP	13/04/2015	Sa National Aquatic Championship 2015
29	1:03.45 L	P	Rebecca Barrow	17	DORE CG	05/12/2014	EGA Championships Dec 2014
30	1:03.67 L	F	Ashleigh Fitzgerald	17	ELEC CG	14/02/2015	CGA Level 2/3 Gala No 4
31	1:03.91 L	F	Kristen Jordan	17	HARL BO	19/03/2015	SA Level 2 Regional Age Group Champs
32*	1:04.02 L	F	Chelsea Mills	17	CADO WP	19/03/2015	SA Level 2 Regional Age Group Champs
32*	1:04.02 L L	F	Joselyn Brazer	17	WATR CG	19/03/2015	SA Level 2 Regional Age Group Champs
34	1:04.06 L	F	Kira Baptiste	17	PSC NT	17/10/2014	NTS Oct 2014 Age Group Lev 2+3
35	1:04.17 L	F	Caylin du Plessis	17	NWUC NW	19/03/2015	SA Level 2 Regional Age Group Champs
36	1:04.54 L	F	Mia Truter	17	TUKS NT	19/09/2014	NTS Sep 2014 Age Group Lev 2+3
37	1:04.64 L	F	Tyla Goosen	17	WSTV KZ	28/11/2014	KZN TYR Westville Sprints 2014
38	1:04.67 L	F	Caitlin Sleet	17	WCSA WP	11/12/2014	SA Schools Swimming Championship
39	1:04.88 L	P	Gabriella Bertone	17	STAD CG	19/03/2015	SA Level 2 Regional Age Group Champs
40	1:04.96 L	P	Nadia Blaauw	17	NWS NW	13/04/2015	Sa National Aquatic Championship 2015
41	1:05.04 L	F	Justine Jagga	17	CADO WP	13/09/2014	WPA LC SENIOR LEAGUE 2
42*	1:05.08 L	F	Jo-Mari Kleinhans	17	MATI WP	10/12/2014	WP Championships 2014

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
42*	1:05.08	L	F	Jodi Turner	17	ESP ES 05/12/2014 EGA Championships Dec 2014
44	1:05.11	L	F	Janika Pelser	17	NAUDE FS 31/10/2014 FS Schools Gala Proewe 2014
45	1:05.17	L	F	Bathandwa Dyantyi	17	AQUA BO 17/10/2014 Buffalo City Aquatics October Age Group
46	1:05.19	L	F	Suezette Steenkamp	17	CLSC WP 19/03/2015 SA Level 2 Regional Age Group Champs
47	1:05.39	L	F	Nepo Ntsono	17	PEAS EP 05/12/2014 NMBA Championships 2014
48	1:05.50	L	F	Caitlyn Boake	17	UNIQ CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
49	1:05.56	L	P	Tina Bahlmann	17	VIKI BO 12/03/2015 SA Level 3 National Age Group Champs
50	1:05.70	L	P	Laura Berzen	17	WATR CG 19/03/2015 SA Level 2 Regional Age Group Champs
51	1:05.71	L	P	Anél De Vos	17	TUKS LP 19/03/2015 SA Level 2 Regional Age Group Champs
52	1:05.73	L	F	Chelsea Van Rensburg	17	TYGE WP 18/07/2014 WPA WINTER CHAMPIONSHIPS
53*	1:05.75	L	F	Tove Van Zyl	17	TUKS NT 07/11/2014 NTS November 20014 Age Group -
53*	1:05.75	L	F	Jacoba Fourie	17	NWS NW 24/10/2014 2014 NTS Sen Inter Prov
55	1:05.82	L	F	Iine Cilliers	17	EUNIC FS 31/10/2014 FS Schools Gala Proewe 2014
56	1:05.89	L L	F	Khanya Jack	17	AQUA BO 27/11/2014 Buffalo City Championships 2014
57	1:06.01	L	P	Mareli Joubert	17	TUKS NT 04/12/2014 NTS Championships 2014
58	1:06.02	L	P	Tessa Gough	17	ELEC CG 04/12/2014 NTS Championships 2014
59	1:06.05	L	F	Jayme-Sue Vermaas	17	NAUDE FS 31/10/2014 FS Schools Gala Proewe 2014
60	1:06.15	L	F	Sumari Coetzee	17	TUKS NT 19/09/2014 NTS Sep 2014 Age Group Lev 2+3
61	1:06.21	L	F	Megan Hugo	17	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
62	1:06.23	L	F	Sarah Jennings	17	HASC CG 16/01/2015 NTS Jan 2015 Age Group Combined
63	1:06.25	L	F	Antache Reyneke	17	NWUC NW 04/12/2014 NWS Championships 2014/2015
64	1:06.27	L	P	Sally Tarr	17	WATR CG 19/03/2015 SA Level 2 Regional Age Group Champs
65	1:06.59	L	F	Dante Engelbrecht	17	UNI MP 28/11/2014 Mpumalanga Championships 2014
66	1:06.92	L	P	Nicole Robertson	17	TUKS NT 04/12/2014 NTS Championships 2014
67*	1:06.95	L	F	Jessica Wright	17	AQUB EP 25/10/2014 3rd A-League Gala 2014
67*	1:06.95	L	F	Chante` Robinson	17	FAAC NC 25/10/2014 Flamingo Gala 2014
67*	1:06.95	L	P	Kimberley Swan	17	FSE KZ 17/12/2014 KZN Premier Championships 2014
70	1:07.03	L	P	Paola Schildhauer	17	DDA NT 19/03/2015 SA Level 2 Regional Age Group Champs
71	1:07.18	L	F	Telana Hugo	17	USC BO 27/11/2014 Buffalo City Championships 2014
72	1:07.37	L	P	Michlene Pedro	17	BOKS ES 19/03/2015 SA Level 2 Regional Age Group Champs
73	1:07.47	L	F	Elzaan Le Roux	17	WELL WP 31/01/2015 WPA LC Senior League 5
74	1:07.51	L	F	Tyla Fleischer	17	OLDE CG 14/02/2015 CGA Level 2/3 Gala No 4
75	1:07.56	L	P	Peta-Jayne Nel	17	HARL BO 19/03/2015 SA Level 2 Regional Age Group Champs
76	1:07.63	L	P	Jessica Burgess	17	ESP ES 19/03/2015 SA Level 2 Regional Age Group Champs
77	1:07.66	L	F	Irene Marangellis	17	BLOT FS 03/12/2014 Mangaung Aquatics Championship 2014
78	1:07.79	L	P	Inge Lombard	17	TUKS NT 04/12/2014 NTS Championships 2014
79	1:07.86	L	F	Lauren Barnes	17	BENS ES 25/10/2014 EGA Summer 2_25 Oct 2014
80*	1:08.04	L	P	Marichen Viviers	17	FLOD CG 19/03/2015 SA Level 2 Regional Age Group Champs
80*	1:08.04	L	F	Micaela Gowar	17	AQUB EP 31/01/2015 Uitenhage Swimming Club Gala 2015
82	1:08.07	L	P	Melanie Van Biljon	17	FISH SW 19/03/2015 SA Level 2 Regional Age Group Champs
83	1:08.11	L	F	Nienke Pretorius	17	BLOT FS 03/10/2014 Sasol National Championship 2014
84	1:08.15	L	P	Siph'esihle Hadebe	17	TUKS! NT 19/03/2015 SA Level 2 Regional Age Group Champs
85	1:08.26	L	P	Tyla Bassani	17	CRSC CG 05/12/2014 EGA Championships Dec 2014
86	1:08.31	L	F	Gita Pera	17	CADO WP 18/07/2014 WPA WINTER CHAMPIONSHIPS
87	1:08.43	L	F	Gretchen Durr	17	ASA WP 13/09/2014 WPA LC SENIOR LEAGUE 2
88	1:08.45	L	P	Georgie Trodd	17	SEAL KZ 17/12/2014 KZN Premier Championships 2014
89	1:08.52	L	F	Emma Parsons	17	STPS KZ 06/12/2014 KZN Age Group 9 Gala
90	1:08.53	L	F	Kirstene Grant	17	USH KZ 14/02/2015 KZN Uthungulu District Feb 2015 Age
91	1:08.77	L	P	Danielle Dirksen	17	GREY WP 10/12/2014 WP Championships 2014
92	1:08.83	L	F	Kirah-Lee van Heerden	17	USC BO 13/02/2015 Buffalo City Aquatics February Age
93	1:08.93	L	F	Kirsty Maritz	17	BOKS ES 25/07/2014 EGA Combined League A 2014
94	1:09.02	L	F	Frances Vd Walt	17	MDOL CG 01/11/2014 CGA Level 2-3 Gala No 3
95	1:09.05	L	F	Ashley Reimers	17	VRY KZ 17/01/2015 KZN Uthungulu District Jan 2015 Age
96	1:09.06	L	F	Michaela Peinke	17	USC BO 23/01/2015 BCA January Age Group Gala 2015

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
97	1:09.52	L	P	Anelda Lourens	17	TUKS NT 04/12/2014 NTS Championships 2014
98	1:09.57	L	P	Danielle Jordaan	17	HILL NT 04/12/2014 NTS Championships 2014
99	1:09.66	L	P	Marleni Kisten	17	KZNA KZ 11/12/2014 SA Schools Swimming Championship
100	1:09.72	L	F	Suzanne Engelbrecht	17	HARB NW 04/12/2014 NWS Championships 2014/2015
101	1:09.74	L	F	Hanti Brits	17	BLSS FS 17/10/2014 Otters Prestige Gala 2014
102	1:09.93	L	F	Julia Trummer	17	DORE CG 15/02/2015 EGA Summer 5 Gala
103	1:09.94	L	F	Mia Nel	17	FAAC NC 05/12/2014 NOCASA Sprints 2014
104	1:10.13	L	P	Jacqueline Piso	17	FINS MP 19/03/2015 SA Level 2 Regional Age Group Champs
105	1:10.22	L	F	Elzanie Pietersen	17	UNI MP 28/11/2014 KZN TYR Westville Sprints 2014
106	1:10.74	L	P	Ingrid Benn	17	DDA NT 04/12/2014 NTS Championships 2014
107	1:10.90	L	F	Melanie Badenhorst	17	KALA NC 23/01/2015 NOCASA Age Group 2 Kathu
108	1:10.91	L	F	Ellen Van Niekerk	17	WELL WP 18/07/2014 WPA WINTER CHAMPIONSHIPS
109	1:11.08	L	F	Jessica Macaulay	17	FINS MP 28/11/2014 Mpumalanga Championships 2014
110	1:11.09	L	F	Cassidy Muller	17	LAD KZ 08/11/2014 KZN Uthukela District Age Group Gala
111	1:11.28	L	F	Vaishnavi Naidoo	17	BEAV KZ 13/02/2015 KZN Level 1 Provincial Championships
112	1:11.41	L	F	Meghan Bartie	17	SOUL ES 15/02/2015 EGA Summer 5 Gala
113*	1:12.03	L	F	Lauren Ogg	17	UNI MP 31/10/2014 MP AGE GROUP 2 - 2014
113*	1:12.03	L	F	Kirsten Vd Lingen	17	HAMM NT 19/09/2014 NTS Sep 2014 Age Group Lev 2+3
115	1:12.24	L	P	Zandalee Bezuidenhout	17	LINR CG 19/03/2015 SA Level 2 Regional Age Group Champs
116	1:12.39	L	F	Kayla-Marie Kruger	17	CSC NT 17/10/2014 NTS Oct 2014 Age Group Lev 2+3
117	1:12.87	L	F	Rylee Bronkhorst	17	PRA MP 28/11/2014 Mpumalanga Championships 2014
118	1:13.16	L	F	Marjone Human	17	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
119	1:13.20	L	F	Rebecca Manners-Wood	17	STPS KZ 06/12/2014 KZN Age Group 9 Gala
120	1:13.53	L	F	Jessica Samuel	17	BOKS ES 25/10/2014 EGA Summer 2_25 Oct 2014
121	1:13.98	L	F	Marlene Reyneke	17	UPTS NC 25/10/2014 Flamingo Gala 2014
122	1:14.00	L	F	Mariza Odendal	17	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
123	1:14.09	L	P	Monique-Marzaney Hilbig	17	DORE CG 05/12/2014 EGA Championships Dec 2014
124*	1:14.10	L	F	Chrisna Opperman	17	UPTS NC 21/11/2014 Upt Gala
124*	1:14.10	L	F	Alida Stronkhorst	17	KSC MP 28/11/2014 Mpumalanga Championships 2014
126	1:14.18	L	P	Leah Jacobs	17	SASE CG 27/03/2015 SA Level 1 Regional Age Group Champs
127	1:14.19	L	F	Daniella da Costa	17	NWUC NW 04/12/2014 NWS Championships 2014/2015
128	1:14.36	L	F	Suzani van der Merwe	17	EUNIC FS 31/10/2014 FS Schools Gala Proewe 2014
129	1:14.53	L	F	Geena Hendricks	17	UWCA WP 13/09/2014 WPA LC SENIOR LEAGUE 2
130	1:14.60	L	P	Andrea Dries	17	SWIFT ES 05/12/2014 EGA Championships Dec 2014
131	1:14.62	L	F	Jessica Wessels	17	SOUL ES 25/10/2014 EGA Summer 2_25 Oct 2014
132	1:14.64	L	F	Jeanne-Ami Steenkamp	17	FAAC NC 05/12/2014 NOCASA Sprints 2014
133	1:15.24	L	F	Carmen du Plessis	17	HH NW 13/02/2015 NW Schools Swimming Championships
134	1:15.71	L	F	Ashleigh Addison	17	UNI MP 20/09/2014 MP Xerox Sprint Gala - 20 September
135	1:16.00	L	F	Tiffany vd Merwe	17	TUKS NT 15/08/2014 NTS August 20014 Age Group -
136	1:16.10	L	P	Leah Jacobs	17	SASE CG 05/12/2014 EGA Championships Dec 2014
137	1:16.86	L	F	Lara Fourie	17	USH KZ 31/01/2015 Ushaka Championship Gala 2015
138	1:17.26	L	F	Erin Anthony	17	WSAA WP 13/09/2014 WPA LC SENIOR LEAGUE 2
139	1:17.38	L	F	Monique Lewis	17	FINS MP 28/11/2014 Mpumalanga Championships 2014
140	1:17.72	L	F	Jessica Gouveia	17	PER CG 14/09/2014 CGA Level 1 gala No 1
141	1:18.11	L	F	Megan Jooste	17	BLAE CG 08/11/2014 CGA Level 1 gala No 3
142	1:18.17	L	F	Esther Jacobs	17	TUKS NT 26/09/2014 NTS Sep 2014 Age Group Level 0+1
143	1:18.31	L	F	Tamsin Creecy	17	UNI MP 31/10/2014 MP AGE GROUP 2 - 2014
144	1:18.69	L	F	Caitlyn Van Dyk	17	PSC NT 16/01/2015 NTS Jan 2015 Age Group Combined
145	1:19.55	L	F	Kaylin Horn	17	PSC NT 07/11/2014 NTS November 20014 Age Group -
146	1:20.12	L	F	Veronique Kock	17	PAQU WP 13/09/2014 WPA LC SENIOR LEAGUE 2
147	1:20.39	L	F	Denika Petzer	17	KFSC BO 27/11/2014 Buffalo City Championships 2014
148	1:21.57	L	F	Zaakirah Hassan	17	ATLA CG 14/09/2014 CGA Level 1 gala No 1
149	1:22.07	L	F	Idelette Nel	17	AQUB EP 22/11/2014 PEA Gala 2014
150	1:22.54	L	P	Kelly Wilson	17	KZNA KZ 13/04/2015 Sa National Aquatic Championship 2015

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
151	1:24.92 L	F	Jordan Smith	17	DYNA NT	10/10/2014	NTS Oct 2014 Age Group Level 0+1
152	1:27.17 L	F	Tanisha Botha	17	LBHS NW	13/02/2015	NW Schools Swimming Championships
153	1:27.87 L	F	Carmen Booyesen	17	DDA NT	28/11/2014	2014 The Tshwane Mayoral Gala
154	1:28.14 L	F	Tasfiah Dawood	17	ATLA CG	14/09/2014	CGA Level 1 gala No 1
155	1:28.36 L	F	Nazreen Cornish	17	HURA WP	13/09/2014	WPA LC SENIOR LEAGUE 2
156	1:29.83 L	F	Marthie Kotzè	17	WHFC WP	20/02/2015	WP Jack Currie Championships 2015
157	1:32.01 L	F	Yolandre van Rooyen	17	BLOT FS	23/08/2014	Kovsies Gala 23 August 2014
158	1:32.14 L	F	Wandile Nyathi	17	SOWE CG	08/11/2014	CGA Level 1 gala No 3
159	1:48.30 L	F	Aviwe Jemane	17	WHFC WP	13/09/2014	WPA LC SENIOR LEAGUE 2
160	1:52.44 L	F	Firdaus Alli	17	ATLA CG	14/09/2014	CGA Level 1 gala No 1
161	2:50.55 L	P	Huda Abrahams	17	VINE WP	19/03/2015	SA Level 2 Regional Age Group Champs
<b>Women 17 200 Free</b>							
1	2:02.92 L	F	Marlies Ross	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
2	2:06.35 L	S	Kristin Bellingan	17	WPA WP	13/04/2015	Sa National Aquatic Championship 2015
3	2:06.47 L	F	Megan van Wyk	17	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
4	2:09.82 L	P	Eune Odendaal	17	PSC NT	20/02/2015	Grand Prix Invitation Swimming Meet
5	2:09.93 L	P	Alison Basel	17	WATR CG	12/03/2015	SA Level 3 National Age Group Champs
6	2:12.01 L	P	Kristy Kupfer	17	MDOL CG	12/03/2015	SA Level 3 National Age Group Champs
7	2:12.20 L	F	Demi Lopes	17	TUKS NT	04/12/2014	NTS Championships 2014
8	2:12.98 L	P	Roh-Anne Coetzee	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
9	2:13.31 L	P	Rachel Stevenson	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
10	2:13.37 L	P	Mikal Botha	17	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
11	2:13.50 L S	F	Emma Kiely	17	ROA SW	07/02/2015	6th A-League Gala 2014
12	2:13.89 L	P	Sasha-Lee Nordengen	17	RSA	10/12/2014	African Union Sports-Region 5 Under 20
13	2:14.19 L	F	Rita Naude	17	TUKS NT	19/09/2014	NTS Sep 2014 Age Group Lev 2+3
14	2:14.68 L	P	Carmen Le Roux	17	RSA	10/12/2014	African Union Sports-Region 5 Under 20
15	2:14.77 L	P	Camryn Wheals	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
16	2:14.84 L	P	Lemay van Rensburg	17	NWS NW	13/04/2015	Sa National Aquatic Championship 2015
17	2:15.61 L	P	Monica Boje	17	WPA WP	13/04/2015	Sa National Aquatic Championship 2015
18	2:16.21 L	F	Emily Visagie	17	SGUL KZ	31/01/2015	Ushaka Championship Gala 2015
19	2:16.25 L	P	Shukrallah Honiball	17	TUKS! LP	12/03/2015	SA Level 3 National Age Group Champs
20	2:16.32 L	F	Kira Baptiste	17	PSC NT	07/11/2014	NTS November 20014 Age Group -
21	2:16.65 L	F	Justine Jagga	17	CADO WP	10/12/2014	WP Championships 2014
22	2:17.39 L	P	Amé Kleynhans	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
23	2:17.54 L	F	Tessa Gough	17	GDE CG	11/12/2014	SA Schools Swimming Championship
24	2:17.81 L	P	Caitlin Crow	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
25	2:17.84 L	P	Ella Mencil	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
26	2:18.06 L	P	Bathandwa Dyantyi	17	AQUA BO	12/03/2015	SA Level 3 National Age Group Champs
27	2:18.54 L	F	Danielle Smit	17	USC BO	19/03/2015	SA Level 2 Regional Age Group Champs
28	2:18.92 L	F	Eliz-Maric Cronje	17	PGIM NW	13/02/2015	NW Schools Swimming Championships
29	2:19.11 L	F	Nadia Blaauw	17	NWS NW	11/12/2014	SA Schools Swimming Championship
30	2:19.22 L	F	Megan Hugo	17	FS FS	11/12/2014	SA Schools Swimming Championship
31	2:19.92 L	F	Sally Tarr	17	WATR CG	19/03/2015	SA Level 2 Regional Age Group Champs
32	2:20.19 L	F	Chelsea Mills	17	CADO WP	19/03/2015	SA Level 2 Regional Age Group Champs
33	2:20.27 L	F	Rebecca Barrow	17	DORE CG	01/11/2014	CGA Level 2-3 Gala No 3
34	2:20.69 L	P	Suzette Steenkamp	17	CLSC WP	19/03/2015	SA Level 2 Regional Age Group Champs
35	2:20.72 L	F	Jo-Mari Kleinhans	17	MATI WP	10/12/2014	WP Championships 2014
36	2:21.03 L	F	Jayne-Sue Vermaas	17	NAUDE FS	31/10/2014	FS Schools Gala Proewe 2014
37	2:21.33 L	P	Ashleigh Fitzgerald	17	ELEC CG	04/12/2014	NTS Championships 2014
38	2:21.78 L	F	Caylin du Plessis	17	KDOR NW	01/11/2014	NWS Age Group 2 1415
39	2:22.05 L	P	Nicole Robertson	17	TUKS NT	04/12/2014	NTS Championships 2014
40	2:22.80 L	F	Siph'esihle Hadebe	17	TUKS NT	04/12/2014	NTS Championships 2014
41	2:22.96 L	F	Sarah Jennings	17	HASC CG	04/12/2014	NTS Championships 2014
42	2:23.06 L	F	Madri Bester	17	STELL NW	04/12/2014	NWS Championships 2014/2015

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
43	2:23.22	L	F	Antache Reyneke	17	NWUC NW	01/11/2014 NWS Age Group 2 1415
44	2:23.25	L	F	Kristen Jordan	17	HARL BO	23/01/2015 BCA January Age Group Gala 2015
45	2:23.37	L	P	Anél De Vos	17	TUKS LP	19/03/2015 SA Level 2 Regional Age Group Champs
46	2:23.83	L	F	Jodi Turner	17	ESP ES	05/12/2014 EGA Championships Dec 2014
47	2:24.02	L	F	Paola Schildhauer	17	DDA NT	04/12/2014 NTS Championships 2014
48	2:24.92	L	F	Khanya Jack	17	AQUA BO	05/12/2014 NMBA Championships 2014
49	2:24.97	L	P	Kirah Jackson	17	GDE CG	11/12/2014 SA Schools Swimming Championship
50	2:25.09	L	F	Joselyn Brazer	17	WATR CG	14/02/2015 CGA Level 2/3 Gala No 4
51	2:25.26	L	F	Lauren Barnes	17	BENS ES	05/12/2014 EGA Championships Dec 2014
52	2:25.40	L	F	Chelsea Van Rensburg	17	TYGE WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
53	2:25.64	L	P	Dante Engelbrecht	17	UNI MP	19/03/2015 SA Level 2 Regional Age Group Champs
54	2:25.95	L	P	Jessica Burgess	17	ESP ES	05/12/2014 EGA Championships Dec 2014
55	2:26.06	L	F	Chante` Robinson	17	NCASA NC	31/01/2015 4 + 1 Inter Provincial Gala 2015
56	2:26.28	L	F	Janika Pelser	17	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
57	2:26.37	L	F	Tyla Bassani	17	CRSC CG	05/12/2014 EGA Championships Dec 2014
58	2:26.94	L	F	Jacoba Fourie	17	NWUC NW	01/11/2014 NWS Age Group 2 1415
59	2:27.18	L	F	Ilne Cilliers	17	EUNIC FS	31/10/2014 FS Schools Gala Proewe 2014
60	2:27.64	L	F	Mia Truter	17	TUKS NT	04/12/2014 NTS Championships 2014
61	2:27.75	L	P	Laura Berzen	17	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
62	2:27.76	L	P	Marichen Viviers	17	FLOD CG	19/03/2015 SA Level 2 Regional Age Group Champs
63	2:28.03	L	P	Tyla Fleischer	17	OLDE CG	05/12/2014 EGA Championships Dec 2014
64	2:28.21	L	F	Gita Pera	17	CADO WP	31/01/2015 WPA LC Senior League 5
65	2:28.90	L	F	Caitlin Sleet	17	MATI WP	25/10/2014 WP STRAND MEET
66	2:29.43	L	F	Mareli Joubert	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
67	2:30.61	L	P	Nepo Ntsono	17	ECA EP	11/12/2014 SA Schools Swimming Championship
68	2:30.81	L	F	Kirstene Grant	17	USH KZ	31/01/2015 Ushaka Championship Gala 2015
69	2:31.15	L	F	Hanti Brits	17	BLSS FS	17/10/2014 Otters Prestige Gala 2014
70	2:31.29	L	F	Kirsty Maritz	17	BOKS ES	21/06/2014 Winter 1
71	2:31.39	L	F	Emma Parsons	17	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
72	2:31.68	L	P	Michlene Pedro	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
73	2:32.65	L	F	Frances Vd Walt	17	MDOL CG	01/11/2014 CGA Level 2-3 Gala No 3
74	2:32.72	L	F	Irene Marangellis	17	BLOT FS	17/10/2014 Otters Prestige Gala 2014
75	2:34.21	L	F	Danielle Dirksen	17	GREY WP	16/08/2014 WPA LC SENIOR LEAGUE 1
76	2:34.78	L	F	Danielle Jordaan	17	HILL NT	07/11/2014 NTS November 20014 Age Group -
77	2:34.97	L	F	Ellen Van Niekerk	17	WELL WP	16/08/2014 WPA LC SENIOR LEAGUE 1
78	2:35.09	L	P	Nienke Pretorius	17	BLOT FS	03/10/2014 Sasol National Championship 2014
79	2:36.34	L	F	Gretchen Durr	17	ASA WP	25/10/2014 WP STRAND MEET
80	2:36.85	L	F	Elzanie Pietersen	17	UNI MP	28/11/2014 KZN TYR Westville Sprints 2014
81	2:37.35	L	F	Kirsten Vd Lingen	17	HAMM NT	15/08/2014 NTS August 20014 Age Group -
82	2:37.42	L	F	Marleni Kisten	17	BEAV KZ	28/11/2014 KZN TYR Westville Sprints 2014
83	2:37.78	L	F	Micaela Gowar	17	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
84	2:38.23	L	F	Vaishnavi Naidoo	17	BEAV KZ	13/02/2015 KZN Level 1 Provincial Championships
85	2:39.47	L	F	Jessica Samuel	17	BOKS ES	27/09/2014 EGA Summer 1
86	2:39.49	L	F	Melanie Van Biljon	17	FISH SW	31/10/2014 Freda Barnard Gala
87	2:39.53	L	F	Jessica Macaulay	17	FINS MP	31/10/2014 MP AGE GROUP 2 - 2014
88	2:39.59	L	F	Anelda Lourens	17	DDA NT	15/08/2014 NTS August 20014 Age Group -
89	2:39.97	L	P	Meghan Bartie	17	SOUL ES	05/12/2014 EGA Championships Dec 2014
90	2:40.40	L	F	Cassidy Muller	17	LAD KZ	06/12/2014 Uthukela District Long Course
91	2:40.72	L	F	Caitlyn Boake	17	UNIQ CG	01/11/2014 CGA Level 2-3 Gala No 3
92	2:41.10	L	F	Melanie Badenhorst	17	KALA NC	23/01/2015 NOCASA Age Group 2 Kathu
93	2:42.55	L	F	Jessica Wessels	17	SOUL ES	21/06/2014 Winter 1
94	2:44.10	L	F	Zandalee Bezuidenhout	17	LINR CG	14/02/2015 CGA Level 2/3 Gala No 4
95	2:45.19	L	F	Geena Hendricks	17	UWCA WP	16/08/2014 WPA LC SENIOR LEAGUE 1
96	2:45.86	L	F	Mariza Odendal	17	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014



## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
97	2:46.29	L	F	Suzani van der Merwe	17	EUNIC FS	31/10/2014 FS Schools Gala Proewe 2014
98	2:46.31	L	P	Leah Jacobs	17	SASE CG	05/12/2014 EGA Championships Dec 2014
99	2:46.81	L	F	Leah Jacobs	17	SASE CG	24/01/2015 CGA Level 1 gala No 4
100	2:47.29	L	F	Suzanne Engelbrecht	17	HH NW	13/02/2015 NW Schools Swimming Championships
101	2:48.00	L	F	Marjone Human	17	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
102	2:48.29	L	F	Jada Smith	17	AQUA BO	23/01/2015 BCA January Age Group Gala 2015
103	2:49.63	L	F	Marlene Reyneke	17	NCASA NC	31/01/2015 4 + 1 Inter Provincial Gala 2015
104	2:51.48	L	F	Caitlyn Van Dyk	17	PSC NT	20/02/2015 NTS Feb 2015 Age Group Level 0+1
105	2:52.52	L	F	Veronique Kock	17	PAQU WP	16/08/2014 WPA LC SENIOR LEAGUE 1
106	2:55.04	L	P	Andrea Dries	17	SWIFT ES	05/12/2014 EGA Championships Dec 2014
107	2:55.46	L	F	Rebecca Manners-Wood	17	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
108	2:55.50	L	F	Tiffany vd Merwe	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
109	2:55.73	L	F	Jeanne-Ami Steenkamp	17	FAAC NC	18/10/2014 NOCASA Age group 1 + Schools trials
110	2:56.72	L	F	Crystal Smith	17	DYNA NT	15/08/2014 NTS August 20014 Age Group -
111	3:03.19	L	F	Chrisna Opperman	17	UPTS NC	21/11/2014 Upt Gala
112	3:03.50	L	F	Kelly Wilson	17	WSTV KZ	17/12/2014 KZN Premier Championships 2014
113	3:05.16	L	F	Kaylin Horn	17	PSC NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
114	3:13.30	L	F	Jordan Smith	17	DYNA NT	10/10/2014 NTS Oct 2014 Age Group Level 0+1
115	3:16.66	L	F	Carmen Booysen	17	DDA NT	28/11/2014 2014 The Tshwane Mayoral Gala
116	3:26.82	L	F	Nazreen Cornish	17	HURA WP	16/08/2014 WPA LC SENIOR LEAGUE 1
117	4:24.10	L	F	Firdaus Alli	17	ATLA CG	18/10/2014 CGA Level 1 gala No 2
118	6:31.60	L	F	Huda Abrahams	17	VINE WP	31/01/2015 WPA LC Senior League 5
<b>Women 17 400 Free</b>							
1	4:18.06	L	F	Marlies Ross	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
2	4:22.58	L	F	Megan van Wyk	17	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
3	4:26.39	L	F	Kristin Bellingan	17	CYBE WP	12/03/2015 SA Level 3 National Age Group Champs
4	4:27.74	L	F	Carmen Le Roux	17	ACSA KZ	17/12/2014 KZN Premier Championships 2014
5	4:29.09	L	F	Sasha-Lee Nordengen	17	ACSA KZ	17/12/2014 KZN Premier Championships 2014
6	4:34.30	L	F	Alison Basel	17	WATR CG	12/03/2015 SA Level 3 National Age Group Champs
7	4:34.42	L	F	Eune Odendaal	17	PSC NT	12/03/2015 SA Level 3 National Age Group Champs
8	4:37.65	L	P	Roh-Anne Coetzee	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
9	4:37.92	L	F	Demi Lopes	17	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
10	4:38.60	L	F	Emma Kiely	17	ROA SW	25/10/2014 3rd A-League Gala 2014
11	4:40.56	L	F	Kristy Kupfer	17	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
12	4:46.73	L	F	Tessa Gough	17	ELEC CG	04/12/2014 NTS Championships 2014
13	4:52.02	L	F	Justine Jagga	17	CADO WP	10/12/2014 WP Championships 2014
14	4:52.04	L	F	Bathandwa Dyantyi	17	AQUA BO	12/03/2015 SA Level 3 National Age Group Champs
15	4:53.43	L	F	Chelsea Mills	17	CADO WP	19/03/2015 SA Level 2 Regional Age Group Champs
16	4:53.56	L	F	Nadia Blaauw	17	NWUC NW	12/03/2015 SA Level 3 National Age Group Champs
17	4:53.92	L	F	Megan Hugo	17	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
18	4:54.00	L	F	Rita Naude	17	TUKS NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
19	4:54.06	L	F	Caitlin Crow	17	HASC CG	12/03/2015 SA Level 3 National Age Group Champs
20	4:54.98	L	F	Ashleigh Fitzgerald	17	ELEC CG	04/12/2014 NTS Championships 2014
21	4:56.76	L	F	Eliz-Maric Cronje	17	POTC NW	04/12/2014 NWS Championships 2014/2015
22	4:57.80	L	F	Nicole Robertson	17	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
23	5:00.60	L	F	Nepo Ntsono	17	PEAS EP	31/10/2014 Freda Barnard Gala
24	5:00.63	L	F	Rachel Stevenson	17	GZSA NT	13/02/2015 NTS Feb 2015 Age Group Lev 2+3
25	5:01.20	L	F	Siph'esihle Hadebe	17	TUKS NT	04/12/2014 NTS Championships 2014
26	5:01.51	L	F	Sally Tarr	17	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
27	5:02.05	L	F	Jayne-Sue Vermaas	17	KOVFS FS	03/12/2014 Mangaung Aquatics Championship 2014
28	5:02.67	L	F	Anél De Vos	17	TUKS LP	19/03/2015 SA Level 2 Regional Age Group Champs
29	5:03.44	L	F	Chante` Robinson	17	NCASA NC	31/01/2015 4 + 1 Inter Provincial Gala 2015
30	5:06.58	L	F	Khanya Jack	17	AQUA BO	05/12/2014 NMBA Championships 2014
31	5:06.66	L	F	Suzette Steenkamp	17	CLSC WP	19/03/2015 SA Level 2 Regional Age Group Champs

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
32	5:07.81	L	F	Gabriella Bertone	17	STAD CG	19/03/2015 SA Level 2 Regional Age Group Champs
33	5:07.82	L	F	Lemay van Rensburg	17	HH NW	13/02/2015 NW Schools Swimming Championships
34	5:07.89	L	F	Sarah Jennings	17	HASC CG	04/12/2014 NTS Championships 2014
35	5:08.27	L	F	Caitlin Sleet	17	MATI WP	11/10/2014 WPA LC SENIOR LEAGUE 3
36	5:08.58	L	F	Gita Pera	17	CADO WP	19/03/2015 SA Level 2 Regional Age Group Champs
37	5:08.71	L	F	Lauren Barnes	17	BENS ES	19/03/2015 SA Level 2 Regional Age Group Champs
38	5:09.51	L	F	Paola Schildhauer	17	DDA NT	19/03/2015 SA Level 2 Regional Age Group Champs
39	5:09.71	L	F	Marichen Viviers	17	FLOD CG	25/10/2014 EGA Summer 2_25 Oct 2014
40	5:12.06	L	F	IIne Cilliers	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
41	5:12.78	L	F	Monica Boje	17	TYGE WP	11/10/2014 WPA LC SENIOR LEAGUE 3
42	5:13.79	L	F	Dante Engelbrecht	17	UNI MP	28/11/2014 Mpumalanga Championships 2014
43	5:13.97	L	F	Jodi Turner	17	ESP ES	19/03/2015 SA Level 2 Regional Age Group Champs
44	5:14.11	L	F	Tyla Bassani	17	CRSC CG	05/12/2014 EGA Championships Dec 2014
45	5:17.12	L	F	Antache Reyneke	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
46	5:18.05	L	F	Jessica Burgess	17	ESP ES	05/12/2014 EGA Championships Dec 2014
47	5:23.31	L	F	Telana Hugo	17	USC BO	23/01/2015 BCA January Age Group Gala 2015
48	5:25.71	L	F	Caitlyn Boake	17	UNIQ CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
49	5:30.42	L	F	Irene Marangellis	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
50	5:32.00	L	F	Madri Bester	17	SHS NW	13/02/2015 NW Schools Swimming Championships
51	5:34.34	L	F	Cassidy Muller	17	LAD KZ	13/12/2014 KZN Amajuba District Dec Age Group
52	5:35.75	L	F	Nienke Pretorius	17	BLOT FS	03/10/2014 Sasol National Championship 2014
53	5:35.99	L	F	Hanti Brits	17	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
54	5:37.78	L	F	Micaela Gowar	17	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
55	5:38.18	L	F	Kirsten Vd Lingen	17	HAMM NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
56	5:38.47	L	F	Kirstene Grant	17	USH KZ	06/12/2014 KZN Uthungulu District Dec Age Group
57	5:40.72	L	F	Jessica Macaulay	17	FINS MP	31/10/2014 MP AGE GROUP 2 - 2014
58	5:42.03	L	F	Geena Hendricks	17	UWCA WP	31/01/2015 WPA LC Senior League 5
59	5:43.42	L	F	Jessica Samuel	17	BOKS ES	25/10/2014 EGA Summer 2_25 Oct 2014
60	5:57.85	L	F	Erin Anthony	17	WSAA WP	11/10/2014 WPA LC SENIOR LEAGUE 3
61	6:01.23	L	F	Elzanie Pietersen	17	UNI MP	03/10/2014 MP Age Group 1 - 2014
62	6:01.87	L	F	Jessica Wessels	17	SOUL ES	25/10/2014 EGA Summer 2_25 Oct 2014
63	6:05.19	L	F	Mariza Odendal	17	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
64	6:06.57	L	F	Marlene Reyneke	17	UPTS NC	15/01/2015 NOCASA Champs 2015
65	6:16.40	L	F	Suzanne Engelbrecht	17	HH NW	13/02/2015 NW Schools Swimming Championships
66	6:20.65	L	F	Carmen du Plessis	17	HH NW	13/02/2015 NW Schools Swimming Championships
67	6:41.40	L	F	Lara Fourie	17	USH KZ	31/01/2015 Ushaka Championship Gala 2015
68	7:15.29	L	F	Laura Wafer	17	FSE KZ	14/02/2015 KZN Uthungulu District Feb 2015 Age
<b>Women 17 800 Free</b>							
1	9:03.33	L	F	Megan van Wyk	17	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
2	9:07.06	L	F	Kristin Bellingan	17	CYBE WP	12/03/2015 SA Level 3 National Age Group Champs
3	9:09.13	L	P	Carmen Le Roux	17	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
4	9:09.45	L	F	Marlies Ross	17	TUKS NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
5	9:13.70	L	F	Sasha-Lee Nordengen	17	ACSA KZ	17/12/2014 KZN Premier Championships 2014
6	9:37.46	L	F	Emma Kiely	17	ROA SW	25/10/2014 3rd A-League Gala 2014
7	10:14.03	L	F	Nicole Robertson	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
8	10:16.45	L	F	Eliz-Maric Cronje	17	POTC NW	04/12/2014 NWS Championships 2014/2015
9	10:17.21	L	F	Anél De Vos	17	TUKS LP	28/11/2014 KZN TYR Westville Sprints 2014
10	10:20.31	L	F	Jayne-Sue Vermaas	17	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
11	10:22.00	L	F	Siph'esihle Hadebe	17	TUKS NT	13/02/2015 NTS Feb 2015 Age Group Lev 2+3
12	10:24.15	L	F	Irene Marangellis	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
13	10:30.50	L	F	Bathandwa Dyantyi	17	AQUA BO	27/11/2014 Buffalo City Championships 2014
14	10:37.15	L	F	Khanya Jack	17	AQUA BO	13/02/2015 Buffalo City Aquatics February Age
15	10:40.01	L	F	Chante` Robinson	17	FAAC NC	15/01/2015 NOCASA Champs 2015
16	10:40.33	L	F	Nadia Blaauw	17	NWUC NW	04/12/2014 NWS Championships 2014/2015

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
17	10:41.16	L	F	Lauren Barnes	17	BENS ES	05/12/2014	EGA Championships Dec 2014
18	10:58.51	L	F	Jacoba Fourie	17	NWUC NW	04/12/2014	NWS Championships 2014/2015
19	10:58.76	L	F	IIne Cilliers	17	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
20	10:58.94	L	F	Caitlin Sleet	17	MATI WP	12/07/2014	WPA WINTER SENIOR LEAGUE 3
21	11:02.34	L	F	Paola Schildhauer	17	DDA NT	17/10/2014	NTS Oct 2014 Age Group Lev 2+3
22	11:07.13	L	F	Jodi Turner	17	ESP ES	05/12/2014	EGA Championships Dec 2014
23	11:08.12	L	F	Marichen Viviers	17	FLOD CG	05/12/2014	EGA Championships Dec 2014
24	11:11.17	L	F	Caylin du Plessis	17	NWUC NW	04/12/2014	NWS Championships 2014/2015
25	11:31.89	L	F	Cassidy Muller	17	LAD KZ	06/12/2014	Uthukela District Long Course
26	11:36.15	L	F	Lemay van Rensburg	17	HREF NW	15/08/2014	NTS August 20014 Age Group -
27	12:17.56	L	F	Nienke Pretorius	17	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
28	12:30.91	L	F	Tiffany vd Merwe	17	TUKS NT	17/10/2014	NTS Oct 2014 Age Group Lev 2+3
29	13:07.43	L	F	Denika Petzer	17	KFSC BO	23/01/2015	BCA January Age Group Gala 2015
30	13:09.91	L	F	Crystal Smith	17	DYNA NT	15/08/2014	NTS August 20014 Age Group -
<b>Women 17 1000 Free</b>								
1	14:43.76	L	O	Monica Boje	17	TYGE WP	15/11/2014	WP Open Water Challenge 1 2014
2	15:04.80	L	O	Gita Pera	17	CADO WP	17/01/2015	WP Open Water Challenge 3
3	16:52.00	L	F	Tyla Bassani	17	CGA CG	24/01/2015	Gauteng Open Water Championships
4	16:55.38	L	O	Sabrina De Gois	17	TYGE WP	17/01/2015	WP Open Water Challenge 3
<b>Women 17 1500 Free</b>								
1	17:11.13	L	F	Carmen Le Roux	17	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
2	18:12.35	L	F	Sasha-Lee Nordengen	17	ACSA KZ	17/12/2014	KZN Premier Championships 2014
3	18:21.67	L	F	Kristin Bellingan	17	CYBE WP	08/11/2014	WPA LC SENIOR LEAGUE 4
4	18:50.80	L	F	Emma Kiely	17	ROA SW	22/11/2014	3rd SWD A-League Gala
5	20:04.20	L	F	Anél De Vos	17	TUKS LP	28/11/2014	Mpumalanga Championships 2014
6	20:25.82	L	F	Annelize Mentz	17	PHS LP	17/10/2014	Limpopo Schools Champs October 2014
7	20:38.92	L	F	Eliz-Maric Cronje	17	POTC NW	04/12/2014	NWS Championships 2014/2015
8	20:53.51	L	F	Lauren Barnes	17	BENS ES	27/09/2014	EGA Summer 1
9	22:01.54	L	F	Cassidy Muller	17	LAD KZ	06/12/2014	Uthukela District Long Course
10	24:48.86	L	F	Denika Petzer	17	KFSC BO	23/01/2015	BCA January Age Group Gala 2015
<b>Women 17 3000 Free</b>								
1	41.50	L	F	Anél De Vos	17	TUKS LP	26/10/2014	Time Fright Heia Safari
2	42.19	L	O	Dulce Brand	17	CGA CG	17/01/2015	Time Freight Lake Heritage Water
3	42.48	L	O	Marichen Viviers	17	CGA CG	17/01/2015	Time Freight Lake Heritage Water
4	48.29	L	O	Ashleigh James	17	CGA CG	01/02/2015	Platinum Mile
5	41:57.00	L	F	Siph'esihle Hadebe	17	TUKS NT	18/10/2014	Sun City Swim
6	42:19.89	L	O	Justine Jagga	17	CADO WP	07/02/2015	WP Open Water Championships
7	43:35.74	L	O	Chelsea Mills	17	WPA WP	07/03/2015	Sa National Aquatic Championship
8	43:43.00	L	O	Jessica Burgess	17	ESP ES	18/10/2014	Sun City Open Water Swim
9	44:17.33	L	O	Monica Boje	17	TYGE WP	17/01/2015	WP Open Water Challenge 3
10	44:32.00	L	O	Khanya Jack	17	AQUA BO	11/01/2015	NMBA Open Water
11	44:53.91	L	O	Gita Pera	17	CADO WP	07/02/2015	WP Open Water Championships
12	45:07.23	L	O	Jodi Turner	17	EGA ES	07/03/2015	Sa National Aquatic Championship
13	45:46.00	L	F	Jayme-Sue Vermaas	17	FS FS	18/01/2015	Free State Open Water Champs 2015
14	45:53.00	L	O	Nepo Ntsono	17	PEAS EP	11/01/2015	NMBA Open Water
15	46:36.00	L	F	Bathandwa Dyantyi	17	BCA BO	18/01/2015	Free State Open Water Champs 2015
16	46:38.00	L	F	IIne Cilliers	17	FS FS	18/01/2015	Free State Open Water Champs 2015
17	46:48.00	L	F	Cassidy Muller	17	LAD KZ	22/11/2014	Capital K 2014
18	47:12.39	L	O	Danielle Dirksen	17	GREY WP	17/01/2015	WP Open Water Challenge 3
19	48:04.09	L	O	Chelsea Van Rensburg	17	TYGE WP	17/01/2015	WP Open Water Challenge 3
20	51:17.00	L	F	Crystal Smith	17	DYNA NT	26/10/2014	Heia Safari 26 Oct 2014
21	54:22.00	L	O	Denika Petzer	17	KFSC BO	11/01/2015	NMBA Open Water
22	54:33.00	L	O	Jessica Samuel	17	BOKS ES	18/10/2014	Sun City Open Water Swim

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr			
<b>Women 17 5000 Free</b>						
1	1:11.27 L	F	Anél De Vos	17	TUKS LP	17/01/2015 Time Fright Heia Safari
2	1:03:20.00 L	F	Carmen Le Roux	17	ACSA KZ	22/11/2014 Capital K 2014
3	1:04:46.83 L	O	Sasha-Lee Nordengen	17	FS FS	07/03/2015 Sa National Aquatic Championship
4	1:11:02.00 L	F	Siph'esihle Hadebe	17	TUKS NT	17/01/2015 Heia Safari 17 Jan 2015
5	1:14:00.08 L	O	Justine Jagga	17	CADO WP	17/01/2015 WP Open Water Challenge 3
6	1:16:30.00 L	F	Megan Hugo	17	FS FS	18/01/2015 Free State Open Water Champs 2015
7	1:18:36.00 L	O	Nepo Ntsono	17	PEAS EP	11/01/2015 NMBA Open Water
8	1:18:40.24 L	O	Gita Pera	17	WPA WP	07/03/2015 Sa National Aquatic Championship
9	1:23:57.89 L	O	Jodi Turner	17	EGA ES	07/03/2015 Sa National Aquatic Championship
10	1:24:50.00 L	F	Cassidy Muller	17	LAD KZ	22/11/2014 Capital K 2014
11	1:31:21.31 L	O	Geena Hendricks	17	WPA WP	07/03/2015 Sa National Aquatic Championship
<b>Women 17 10000 Free</b>						
1	2:08:03.57 L	O	Carmen Le Roux	17	FS FS	07/03/2015 Sa National Aquatic Championship
2	2:08:37.00 L	F	Sasha-Lee Nordengen	17	ACSA KZ	22/11/2014 Capital K 2014
<b>Women 17 50 Back</b>						
1	29.87 L	F	Rita Naude	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
2	30.30 L	F	Jamie Reynolds	17	SEAL KZ	17/12/2014 KZN Premier Championships 2014
3	31.52 L	F	Zoe Holder	17	SEAL KZ	17/12/2014 KZN Premier Championships 2014
4	31.57 L	F	Catherine Sainsbury	17	WSTV KZ	17/12/2014 KZN Premier Championships 2014
5	31.67 L	P	Tia Dixon	17	MATI WP	12/03/2015 SA Level 3 National Age Group Champs
6	31.76 L	F	Alison Basel	17	WATR CG	20/02/2015 Grand Prix Invitation Swimming Meet
7	31.78 L	S	Amé Kleynhans	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
8	31.83 L	F	Marlies Ross	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
9	32.00 L	P	Eliz-Maric Cronje	17	POTC NW	12/03/2015 SA Level 3 National Age Group Champs
10	32.01 L	F	Tina Bahlmann	17	VIKI BO	12/03/2015 SA Level 3 National Age Group Champs
11	32.59 L	P	Madri Bester	17	STELL NW	12/03/2015 SA Level 3 National Age Group Champs
12	32.65 L	P	Carla Nel	17	TUKS NT	20/02/2015 Grand Prix Invitation Swimming Meet
13	32.73 L	F	Kristy Kupfer	17	MDOL CG	18/12/2014 CGA Open LC Championships 2014
14	32.93 L	F	Nadia Blaauw	17	NWS NW	11/12/2014 SA Schools Swimming Championship
15	32.98 L	F	Mikal Botha	17	GDE CG	11/12/2014 SA Schools Swimming Championship
16	33.06 L	P	Demi Lopes	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
17*	33.08 L	F	Kira Baptiste	17	PSC NT	04/12/2014 NTS Championships 2014
17*	33.08 L	P	Caitlyn Boake	17	UNIQ CG	20/02/2015 Grand Prix Invitation Swimming Meet
17*	33.08 L	F	Emma Kiely	17	ROA SW	29/11/2014 SWDA LC Championships
20	33.10 L	P	Roh-Anne Coetzee	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
21	33.23 L	P	Anél De Vos	17	TUKS LP	19/03/2015 SA Level 2 Regional Age Group Champs
22	33.25 L S	F	Telana Hugo	17	USC BO	07/02/2015 6th A-League Gala 2014
23	33.30 L	P	Ella Mencil	17	MDOL CG	20/06/2014 IV Trofeo Citta di Pescara
24	33.67 L	F	Eune Odendaal	17	PSC NT	07/11/2014 NTS November 20014 Age Group -
25	33.72 L	P	Michelle Mitchell	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
26	33.78 L	F	Rebecca Barrow	17	DORE CG	05/12/2014 EGA Championships Dec 2014
27	33.89 L	P	Emily Visagie	17	SGUL KZ	17/12/2014 KZN Premier Championships 2014
28	33.90 L	P	Bathandwa Dyantyi	17	AQUA BO	12/03/2015 SA Level 3 National Age Group Champs
29	33.92 L	P	Camryn Wheals	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
30	33.94 L	F	Danielle Smit	17	USC BO	23/01/2015 BCA January Age Group Gala 2015
31	34.05 L	P	Sally Tarr	17	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
32	34.14 L	P	Lemay van Rensburg	17	HREF NW	12/03/2015 SA Level 3 National Age Group Champs
33	34.24 L	F	Tove Van Zyl	17	GDE	06/09/2014 Gauteng Schools Aquatics Trials 2014
34	34.28 L	F	Jo-Mari Kleinhans	17	MATI WP	10/12/2014 WP Championships 2014
35	34.44 L	P	Hanti Brits	17	FS FS	11/12/2014 SA Schools Swimming Championship
36	34.48 L	F	Caylin du Plessis	17	OHS NW	13/02/2015 NW Schools Swimming Championships
37	34.60 L	P	Megan van Wyk	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
38	34.79 L	P	Khanya Jack	17	AQUA BO	12/03/2015	SA Level 3 National Age Group Champs
39	34.86 L	F	Sumari Coetzee	17	TUKS NT	19/09/2014	NTS Sep 2014 Age Group Lev 2+3
40	34.89 L	F	Joselyn Brazer	17	WATR CG	18/12/2014	CGA Open LC Championships 2014
41	34.92 L	F	Ashleigh Fitzgerald	17	ELEC CG	15/02/2015	EGA Summer 5 Gala
42	35.15 L	P	Lauren Barnes	17	BENS ES	05/12/2014	EGA Championships Dec 2014
43	35.29 L	P	Suezette Steenkamp	17	CLSC WP	19/03/2015	SA Level 2 Regional Age Group Champs
44	35.36 L	P	Jessica Burgess	17	ESP ES	19/03/2015	SA Level 2 Regional Age Group Champs
45	35.44 L	F	Megan Hugo	17	BLNE FS	16/08/2014	Neptune Aquatics Sprint gala 2014
46	35.47 L	P	Peta-Jayne Nel	17	HARL BO	19/03/2015	SA Level 2 Regional Age Group Champs
47	35.48 L	F	Jessica Wright	17	AQUB EP	08/11/2014	4th A-League Gala 2014
48	35.64 L	F	Inge Lombard	17	TUKS NT	04/12/2014	NTS Championships 2014
49	35.75 L	F	Kirah-Lee van Heerden	17	USC BO	27/11/2014	Buffalo City Championships 2014
50*	35.83 L	F	Celesté Vermeulen	17	PHS LP	17/10/2014	Limpopo Schools Champs October 2014
50*	35.83 L	F	Mia Nel	17	FAAC NC	05/12/2014	NOCASA Sprints 2014
52	35.87 L	F	Kimberley Swan	17	FSE KZ	04/10/2014	KZN- Uthungulu District October Age
53	35.88 L	F	Chante` Robinson	17	FAAC NC	15/01/2015	NOCASA Champs 2015
54	35.90 L	F	Justine Jagga	17	CADO WP	08/11/2014	WPA LC SENIOR LEAGUE 4
55	36.14 L	F	Michlene Pedro	17	BOKS ES	30/08/2014	Adrian Grafe Memorial Gala
56	36.17 L	F	Marleni Kisten	17	BEAV KZ	28/11/2014	KZN TYR Westville Sprints 2014
57	36.23 L	P	Micaela Gowar	17	AQUB EP	19/03/2015	SA Level 2 Regional Age Group Champs
58	36.29 L	F	Elzanie Pietersen	17	AA CG	24/10/2014	Mpumalanga Top Schools 2014 High
59	36.35 L	F	Jodi Turner	17	ESP ES	08/11/2014	EGA Summer 3
60	36.43 L L	F	Marichen Viviers	17	FLOD CG	05/12/2014	EGA Championships Dec 2014
61	36.46 L	F	Dante Engelbrecht	17	UNI MP	21/02/2015	MP Age Group 5 - 21 February 2015
62	36.47 L	F	Iine Cilliers	17	BLOT FS	06/09/2014	Kovsies Gala 2
63	36.48 L	P	Kirsty Maritz	17	BOKS ES	05/12/2014	EGA Championships Dec 2014
64	36.56 L	P	Tyla Bassani	17	CRSC CG	05/12/2014	EGA Championships Dec 2014
65	36.78 L	F	Mariza Odendal	17	BLNE FS	26/02/2015	FSA Liga 6
66	36.89 L	F	Ashley Reimers	17	VRY KZ	17/01/2015	KZN Uthungulu District Jan 2015 Age
67	36.99 L	F	Annelize Mentz	17	PHS LP	17/10/2014	Limpopo Schools Champs October 2014
68	37.00 L	P	Antache Reyneke	17	NWS NW	11/12/2014	SA Schools Swimming Championship
69*	37.04 L	F	Rylee Bronkhorst	17	PRA MP	07/02/2015	KZN Amajuba District Feb 2015 Age
69*	37.04 L	F	Tyla Fleischer	17	GDE	06/09/2014	Gauteng Schools Aquatics Trials 2014
71	37.21 L	P	Kirah Jackson	17	SASE CG	19/03/2015	SA Level 2 Regional Age Group Champs
72	37.27 L	F	Caitlin Sleet	17	MATI WP	25/10/2014	WP STRAND MEET
73	37.30 L	F	Kirsten Vd Lingen	17	HAMM NT	04/12/2014	NTS Championships 2014
74	37.32 L	F	Shukrallah Honiball	17	TUKS LP	28/11/2014	Mpumalanga Championships 2014
75	37.68 L	F	Jacqueline Piso	17	FINS MP	07/02/2015	MP Age Group 4 - 7 February 2015
76	37.79 L	F	Janika Pelser	17	KOVS FS	23/08/2014	Kovsies Gala 23 August 2014
77	38.05 L	F	Jada Smith	17	AQUA BO	27/11/2014	Buffalo City Championships 2014
78	38.25 L	P	Sarah Jennings	17	HASC CG	19/03/2015	SA Level 2 Regional Age Group Champs
79	38.35 L	F	Anelda Lourens	17	TUKS NT	04/12/2014	NTS Championships 2014
80	38.50 L	F	Jayme-Sue Vermaas	17	KOVS FS	06/09/2014	Kovsies Gala 2
81	38.51 L	F	Marjone Human	17	BLNE FS	26/02/2015	FSA Liga 6
82	38.53 L	F	Irene Marangellis	17	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
83	38.79 L	F	Frances Vd Walt	17	MDOL CG	01/11/2014	CGA Level 2-3 Gala No 3
84	38.82 L	F	Ashleigh Smart	17	ROB MP	25/02/2015	Inter High School Gala - 25 February
85	38.90 L	F	Melanie Van Biljon	17	FISH SW	29/11/2014	SWDA LC Championships
86	38.92 L	F	Suzanne Engelbrecht	17	HH NW	13/02/2015	NW Schools Swimming Championships
87*	39.12 L	F	Danielle Dirksen	17	GREY WP	25/10/2014	WP STRAND MEET
87*	39.12 L	F	Mia Truter	17	TUKS NT	19/09/2014	NTS Sep 2014 Age Group Lev 2+3
89	39.22 L	F	Ingrid Benn	17	DDA NT	07/11/2014	NTS November 20014 Age Group -
90	39.47 L	F	Chelsea Mills	17	CADO WP	12/07/2014	WPA WINTER SENIOR LEAGUE 3
91	39.54 L	F	Nienke Pretorius	17	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
92	40.05 L	F	Mareli Joubert	17	TUKS NT	13/09/2014 2014 Speedo Hillcrest Sprint Gala
93	40.23 L	F	Geena Hendricks	17	UWCA WP	25/10/2014 WP STRAND MEET
94	40.28 L	F	Hannah Livingstone	17	USH KZ	14/02/2015 KZN Uthungulu District Feb 2015 Age
95	40.32 L	F	Monique Lewis	17	FINS MP	28/11/2014 Mpumalanga Championships 2014
96	40.42 L	F	Monique-Marzaney Hilbig	17	DORE CG	18/10/2014 CGA Level 1 gala No 2
97	40.47 L	F	Andrea Dries	17	SWIFT ES	30/08/2014 Adrian Grafe Memorial Gala
98	40.52 L	F	Kaylin Horn	17	PSC NT	07/11/2014 NTS November 20014 Age Group -
99	40.72 L	F	Liané Erasmus	17	RTBHS NW	13/02/2015 NW Schools Swimming Championships
100	40.86 L	F	Jeanne-Ami Steenkamp	17	FAAC NC	25/10/2014 Flamingo Gala 2014
101	40.87 L	P	Leah Jacobs	17	SASE CG	05/12/2014 EGA Championships Dec 2014
102	41.09 L	F	Jessica Wessels	17	SOUL ES	30/08/2014 Adrian Grafe Memorial Gala
103	41.12 L	F	Lara Fourie	17	USH KZ	31/01/2015 Ushaka Championship Gala 2015
104	41.43 L	P	Leah Jacobs	17	SASE CG	27/03/2015 SA Level 1 Regional Age Group Champs
105	42.23 L	F	Marlene Reyneke	17	UPTS NC	15/01/2015 NOCASA Champs 2015
106	42.37 L	F	Jessica Samuel	17	BOKS ES	30/08/2014 Adrian Grafe Memorial Gala
107	42.43 L	F	Ashleigh Green	17	NWUC NW	24/01/2015 NWS Age Group 4 1415
108	42.70 L S	P	Meghan Bartie	17	SOUL ES	03/10/2014 Sasol National Championship 2014
109	43.07 L	F	Chrisna Opperman	17	UPTS NC	23/01/2015 NOCASA Age Group 2 Upington
110	43.19 L	F	Denika Petzer	17	KFSC BO	13/02/2015 Buffalo City Aquatics February Age
111	43.48 L	F	Melanie Badenhorst	17	KALA NC	23/01/2015 NOCASA Age Group 2 Kathu
112	43.66 L	F	Megan Jooste	17	BLAE CG	18/10/2014 CGA Level 1 gala No 2
113	43.71 L	F	Esther Jacobs	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
114	44.00 L	F	Tanisha Botha	17	LBHS NW	13/02/2015 NW Schools Swimming Championships
115	44.03 L	F	Maryke Botha	17	LBHS NW	13/02/2015 NW Schools Swimming Championships
116	44.72 L	F	Kelly Wilson	17	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
117	44.82 L	F	Zaakirah Hassan	17	ATLA CG	30/08/2014 Adrian Grafe Memorial Gala
118	45.35 L	F	Veronique Kock	17	PAQU WP	08/11/2014 WPA LC SENIOR LEAGUE 4
119*	45.63 L	F	Jessica Gouveia	17	PER CG	18/10/2014 CGA Level 1 gala No 2
119*	45.63 L	F	Jordan Smith	17	DYNA NT	07/11/2014 NTS November 20014 Age Group -
121	47.57 L	F	Marthie Kotzè	17	WHFC WP	20/02/2015 WP Jack Currie Championships 2015
122	48.16 L	F	Yolandre van Rooyen	17	BLOT FS	23/08/2014 Kovsies Gala 23 August 2014
123	48.18 L	F	Caitlyn Van Dyk	17	PSC NT	15/08/2014 NTS August 20014 Age Group -
124	48.35 L	F	Tasfayah Dawood	17	ATLA CG	30/08/2014 Adrian Grafe Memorial Gala
125	49.78 L	F	Carmen Booysen	17	DDA NT	15/08/2014 NTS August 20014 Age Group -
126	49.80 L	F	Jhenéle Pieterse	17	HH NW	13/02/2015 NW Schools Swimming Championships
127	49.97 L	P	Huda Abrahams	17	VINE WP	19/03/2015 SA Level 2 Regional Age Group Champs
128	50.72 L	F	Nazreen Cornish	17	HURA WP	08/11/2014 WPA LC SENIOR LEAGUE 4
129	51.92 L	F	Rumaanah Ayob	17	ATLA CG	30/08/2014 Adrian Grafe Memorial Gala
130	59.69 L	F	Firdaus Alli	17	ATLA CG	18/10/2014 CGA Level 1 gala No 2
<b>Women 17 100 Back</b>						
1	1:04.53 L	F	Rita Naude	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
2	1:06.13 L	F	Jamie Reynolds	17	SEAL KZ	12/03/2015 SA Level 3 National Age Group Champs
3	1:06.36 L	F	Alison Basel	17	WATR CG	12/03/2015 SA Level 3 National Age Group Champs
4	1:06.57 L	F	Catherine Sainsbury	17	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
5	1:07.17 L	F	Megan van Wyk	17	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
6	1:07.63 L	P	Marlies Ross	17	TUKS NT	14/06/2014 2014 Mare Nostrum Barcelona
7	1:07.64 L	F	Tia Dixon	17	MATI WP	12/03/2015 SA Level 3 National Age Group Champs
8	1:08.62 L	P	Roh-Anne Coetzee	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
9*	1:08.86 L	F	Kristy Kupfer	17	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
9*	1:08.86 L	F	Caila Davids	17	CRSC CG	12/03/2015 SA Level 3 National Age Group Champs
11	1:09.37 L	F	Emma Kiely	17	ROA SW	29/11/2014 SWDA LC Championships
12	1:09.40 L	P	Eliz-Maric Cronje	17	POTC NW	12/03/2015 SA Level 3 National Age Group Champs
13	1:09.60 L	F	Kira Baptiste	17	PSC NT	04/12/2014 NTS Championships 2014
14	1:09.63 L	P	Amé Kleynhans	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
15	1:09.82 L	P	Mikal Botha	17	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
16	1:09.86 L	P	Monica Boje	17	TYGE WP	12/03/2015 SA Level 3 National Age Group Champs
17	1:10.28 L	P	Carla Nel	17	TUKS NT	17/12/2014 KZN Premier Championships 2014
18	1:10.36 L	P	Demi Lopes	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
19	1:10.38 L	P	Nadia Blaauw	17	NWUC NW	12/03/2015 SA Level 3 National Age Group Champs
20	1:10.74 L	P	Tina Bahlmann	17	VIKI BO	17/12/2014 KZN Premier Championships 2014
21	1:10.84 L L	F	Eune Odendaal	17	PSC NT	12/03/2015 SA Level 3 National Age Group Champs
22	1:11.00 L	P	Anél De Vos	17	TUKS LP	19/03/2015 SA Level 2 Regional Age Group Champs
23	1:11.05 L	P	Ella Mencil	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
24	1:11.30 L	P	Madri Bester	17	STELL NW	12/03/2015 SA Level 3 National Age Group Champs
25	1:11.37 L	P	Michelle Mitchell	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
26	1:11.87 L	P	Ashleigh Fitzgerald	17	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs
27	1:12.07 L	F	Jo-Mari Kleinhans	17	MATI WP	10/12/2014 WP Championships 2014
28	1:12.29 L S	F	Telana Hugo	17	USC BO	07/02/2015 6th A-League Gala 2014
29	1:12.75 L	P	Bathandwa Dyantyi	17	AQUA BO	12/03/2015 SA Level 3 National Age Group Champs
30	1:12.83 L	F	Siph'esihle Hadebe	17	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
31	1:13.50 L	P	Sally Tarr	17	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
32	1:14.20 L	P	Caitlyn Boake	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
33*	1:14.39 L	P	Lemay van Rensburg	17	NWS NW	13/04/2015 Sa National Aquatic Championship 2015
33*	1:14.39 L	P	Lauren Barnes	17	BENS ES	19/03/2015 SA Level 2 Regional Age Group Champs
35	1:14.42 L	P	Danielle Smit	17	BCA BO	13/04/2015 Sa National Aquatic Championship 2015
36	1:14.45 L	F	Hanti Brits	17	FS FS	11/12/2014 SA Schools Swimming Championship
37	1:14.99 L	P	Gabriella Bertone	17	STAD CG	19/03/2015 SA Level 2 Regional Age Group Champs
38	1:15.90 L	P	Jessica Burgess	17	ESP ES	19/03/2015 SA Level 2 Regional Age Group Champs
39	1:15.95 L	F	Rebecca Barrow	17	DORE CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
40	1:16.05 L	F	Chelsea Van Rensburg	17	TYGE WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
41	1:16.30 L	F	Inge Lombard	17	TUKS NT	13/02/2015 NTS Feb 2015 Age Group Lev 2+3
42	1:16.69 L	F	Justine Jagga	17	CADO WP	14/06/2014 WPA SC SENIOR LEAGUE 2 -
43	1:16.83 L	F	Sumari Coetzee	17	TUKS NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
44	1:17.02 L	F	Gretchen Durr	17	ASA WP	10/12/2014 WP Championships 2014
45	1:17.31 L	F	Mignon Swanepoel	17	TUKS NT	15/08/2014 NTS August 2014 Age Group -
46	1:17.55 L	F	Iine Cilliers	17	BLOT FS	20/09/2014 Neptune Volvo Open Gala
47	1:17.61 L	P	Marleni Kisten	17	BEAV KZ	17/12/2014 KZN Premier Championships 2014
48	1:17.78 L	F	Megan Hugo	17	BLNE FS	17/10/2014 Otters Prestige Gala 2014
49	1:18.28 L	F	Chante` Robinson	17	NCASA NC	08/11/2014 NFSA Four Provinces Interprovincial 8
50	1:18.42 L	P	Tyla Fleischer	17	OLDE CG	05/12/2014 EGA Championships Dec 2014
51	1:18.52 L	F	Antache Reyneke	17	NWS NW	08/11/2014 NFSA Four Provinces Interprovincial 8
52	1:18.85 L	F	Joselyn Brazier	17	WATR CG	18/12/2014 CGA Open LC Championships 2014
53	1:19.02 L	F	Joelle Thevenau	17	SGUL KZ	28/11/2014 KZN TYR Westville Sprints 2014
54	1:19.13 L	F	Dante Engelbrecht	17	UNI-M MP	14/02/2015 CGA Level 2/3 Gala No 4
55	1:19.31 L	P	Kirah Jackson	17	SASE CG	19/03/2015 SA Level 2 Regional Age Group Champs
56	1:19.34 L	P	Nicole Robertson	17	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
57	1:19.43 L	P	Michlene Pedro	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
58	1:19.56 L	F	Mia Nel	17	FAAC NC	05/12/2014 NOCASA Sprints 2014
59	1:19.78 L	F	Jessica Wright	17	AQUB EP	25/10/2014 3rd A-League Gala 2014
60	1:19.82 L	P	Kirsty Maritz	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
61	1:20.12 L L	F	Marichen Viviers	17	FLOD CG	05/12/2014 EGA Championships Dec 2014
62	1:20.19 L	P	Tyla Bassani	17	CRSC CG	05/12/2014 EGA Championships Dec 2014
63	1:20.54 L	F	Micaela Gowar	17	EP EP	17/01/2015 Inter-Provincial Gala 2015
64	1:20.60 L	F	Jodi Turner	17	ESP ES	03/10/2014 Sasol National Championship 2014
65	1:20.80 L	F	Jayne-Sue Vermaas	17	NAUDE FS	31/10/2014 FS Schools Gala Proewe 2014
66*	1:20.87 L	F	Danielle Dirksen	17	GREY WP	25/10/2014 WP STRAND MEET
66*	1:20.87 L	F	Annelize Mentz	17	EAGA LP	28/11/2014 KZN TYR Westville Sprints 2014
68	1:21.70 L	F	Vaishnavi Naidoo	17	BEAV KZ	13/02/2015 KZN Level 1 Provincial Championships

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
69	1:21.76	L	F	Jacoba Fourie	17	NWS NW	08/11/2014 NFSA Four Provinces Interprovincial 8
70	1:22.68	L	F	Rylee Bronkhorst	17	PRA MP	07/02/2015 KZN Amajuba District Feb 2015 Age
71	1:22.94	L	F	Nepo Ntsono	17	PEAS EP	31/10/2014 Freda Barnard Gala
72	1:22.97	L	F	Mariza Odendal	17	BLNE FS	26/02/2015 FSA Liga 6
73	1:23.16	L	P	Nienke Pretorius	17	BLOT FS	12/03/2015 SA Level 3 National Age Group Champs
74	1:23.41	L	F	Elzanie Pietersen	17	UNI MP	28/11/2014 Mpumalanga Championships 2014
75	1:23.45	L	F	Irene Marangellis	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
76	1:23.71	L	F	Anelda Lourens	17	DDA NT	15/08/2014 NTS August 20014 Age Group -
77	1:25.63	L	F	Kirsten Vd Lingen	17	HAMM NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
78	1:25.70	L	F	Marjone Human	17	BLNE FS	20/09/2014 Neptune Volvo Open Gala
79	1:25.83	L	F	Jada Smith	17	AQUA BO	31/10/2014 Buffalo City November Age Group Gala
80	1:26.44	L	F	Ellen Van Niekerk	17	WELL WP	16/08/2014 WPA LC SENIOR LEAGUE 1
81	1:27.54	L	F	Ingrid Benn	17	DDA NT	26/09/2014 NTS Sep 2014 Age Group Level 0+1
82	1:27.81	L	F	Kaylin Horn	17	PSC NT	28/11/2014 2014 The Tshwane Mayoral Gala
83	1:28.53	L	F	Geena Hendricks	17	UWCA WP	16/08/2014 WPA LC SENIOR LEAGUE 1
84	1:28.64	L	P	Leah Jacobs	17	SASE CG	05/12/2014 EGA Championships Dec 2014
85	1:28.92	L	F	Ashleigh Smart	17	UNI-U MP	23/01/2015 MP Age Group 3 - 23/24 January 2015
86	1:30.51	L	F	Marlene Reyneke	17	UPTS NC	15/01/2015 NOCASA Champs 2015
87	1:30.58	L	F	Monique-Marzaney Hilbig	17	DORE CG	18/10/2014 CGA Level 1 gala No 2
88	1:33.51	L	F	Jeanne-Ami Steenkamp	17	FAAC NC	15/11/2014 Penguin Gala 2014
89	1:33.74	L	F	Lara Fourie	17	USH KZ	06/12/2014 KZN Uthungulu District Dec Age Group
90	1:34.11	L	P	Andrea Dries	17	SWIFT ES	05/12/2014 EGA Championships Dec 2014
91	1:35.41	L	P	Jessica Samuel	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
92	1:37.81	L	F	Jessica Gouveia	17	PER CG	18/10/2014 CGA Level 1 gala No 2
93	1:39.42	L	F	Kelly Wilson	17	WSTV KZ	17/12/2014 KZN Premier Championships 2014
94	1:42.11	L	F	Zaakirah Hassan	17	ATLA CG	18/10/2014 CGA Level 1 gala No 2
95	1:43.68	L	F	Jordan Smith	17	DYNA NT	10/10/2014 NTS Oct 2014 Age Group Level 0+1
96	1:44.01	L	F	Carmen Booysen	17	DDA NT	28/11/2014 2014 The Tshwane Mayoral Gala
97	1:47.70	L	F	Yolandre van Rooyen	17	BLOT FS	13/09/2014 Seals Gala 13 Sept 2014
98	1:54.56	L	F	Nazreen Cornish	17	HURA WP	16/08/2014 WPA LC SENIOR LEAGUE 1
99	3:18.46	L	F	Huda Abrahams	17	VINE WP	25/10/2014 WP STRAND MEET
<b>Women 17 200 Back</b>							
1	2:19.73	L	F	Megan van Wyk	17	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
2	2:24.15	L	F	Kristin Bellingan	17	CYBE WP	10/12/2014 WP Championships 2014
3	2:24.26	L	F	Alison Basel	17	WATR CG	18/12/2014 CGA Open LC Championships 2014
4	2:25.86	L	F	Tia Dixon	17	MATI WP	12/03/2015 SA Level 3 National Age Group Champs
5	2:26.46	L	S	Roh-Anne Coetzee	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
6	2:26.62	L	P	Catherine Sainsbury	17	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
7	2:27.14	L	F	Emma Kiely	17	ROA SW	25/10/2014 3rd A-League Gala 2014
8	2:27.88	L	F	Marlies Ross	17	TUKS NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
9	2:28.05	L	F	Monica Boje	17	TYGE WP	12/03/2015 SA Level 3 National Age Group Champs
10	2:28.92	L	P	Rita Naude	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
11	2:29.47	L	P	Mikal Botha	17	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
12	2:30.35	L	P	Caila Davids	17	CRSC CG	12/03/2015 SA Level 3 National Age Group Champs
13	2:31.00	L	F	Nadia Blaauw	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
14	2:31.18	L	P	Kristy Kupfer	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
15	2:31.26	L	P	Ella Mencil	17	MDOL CG	20/02/2015 Grand Prix Invitation Swimming Meet
16	2:31.53	L	F	Kira Baptiste	17	PSC NT	04/12/2014 NTS Championships 2014
17	2:31.62	L	P	Demi Lopes	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
18	2:32.29	L	F	Eliz-Maric Cronje	17	POTC NW	04/12/2014 NWS Championships 2014/2015
19	2:32.39	L	P	Eune Odendaal	17	PSC NT	20/02/2015 Grand Prix Invitation Swimming Meet
20	2:32.52	L	P	Bathandwa Dyantyi	17	BCA BO	13/04/2015 Sa National Aquatic Championship 2015
21	2:34.74	L	P	Carla Nel	17	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
22	2:34.78	L	P	Ashleigh Fitzgerald	17	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs



## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
23	2:36.18 L	P	Elin Podéus	17	NKK ZZ	13/02/2015 SSA GRAND PRIX #1 -
24	2:36.65 L S	F	Telana Hugo	17	USC BO	07/02/2015 6th A-League Gala 2014
25	2:37.62 L	F	Rebecca Barrow	17	DORE CG	25/10/2014 EGA Summer 2_25 Oct 2014
26	2:39.14 L	F	Jo-Mari Kleinhans	17	MATI WP	11/10/2014 WPA LC SENIOR LEAGUE 3
27	2:39.17 L	P	Anél De Vos	17	LP LP	13/04/2015 Sa National Aquatic Championship 2015
28	2:40.09 L	P	Sally Tarr	17	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
29	2:40.34 L	P	Lauren Barnes	17	BENS ES	05/12/2014 EGA Championships Dec 2014
30	2:41.25 L	F	Madri Bester	17	NWS NW	11/12/2014 SA Schools Swimming Championship
31	2:41.56 L	P	Gabriella Bertone	17	STAD CG	19/03/2015 SA Level 2 Regional Age Group Champs
32	2:42.43 L	P	Amé Kleynhans	17	GDE CG	11/12/2014 SA Schools Swimming Championship
33	2:44.13 L	F	Jacoba Fourie	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
34	2:45.14 L S	F	Danielle Smit	17	USC BO	10/01/2015 5th A-League Gala 2014
35	2:45.28 L	P	Jessica Burgess	17	ESP ES	05/12/2014 EGA Championships Dec 2014
36	2:45.31 L	P	Nicole Robertson	17	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
37	2:46.69 L	F	Tyla Bassani	17	CRSC CG	05/12/2014 EGA Championships Dec 2014
38	2:46.94 L	F	Megan Hugo	17	BLSS FS	08/11/2014 Seal Supersport Gala 2014
39	2:47.54 L	F	Dante Engelbrecht	17	UNI MP	28/11/2014 Mpumalanga Championships 2014
40	2:47.92 L	F	Iine Cilliers	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
41	2:48.21 L	F	Chante` Robinson	17	FAAC NC	05/12/2014 NOCASA Sprints 2014
42	2:48.92 L	F	Lemay van Rensburg	17	HREF NW	04/12/2014 NWS Championships 2014/2015
43	2:48.93 L	F	Annelize Mentz	17	EAGA LP	28/11/2014 Mpumalanga Championships 2014
44	2:49.80 L	F	Hanti Brits	17	EUNIC FS	31/10/2014 FS Schools Gala Proewe 2014
45	2:49.82 L	F	Caylin du Plessis	17	KDOR NW	01/11/2014 NWS Age Group 2 1415
46	2:51.20 L S	F	Jodi Turner	17	ESP ES	03/10/2014 Sasol National Championship 2014
47	2:51.35 L	F	Marleni Kisten	17	BEAV KZ	28/11/2014 KZN TYR Westville Sprints 2014
48	2:54.51 L	P	Kirsty Maritz	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
49	2:55.47 L	F	Marichen Viviers	17	FLOD CG	25/10/2014 EGA Summer 2_25 Oct 2014
50	2:55.50 L	F	Vaishnavi Naidoo	17	BEAV KZ	13/02/2015 KZN Level 1 Provincial Championships
51	2:58.55 L	F	Jayme-Sue Vermaas	17	KOVFS FS	06/09/2014 Kovsies Gala 2
52	2:59.76 L	F	Jada Smith	17	AQUA BO	13/02/2015 Buffalo City Aquatics February Age
53	3:00.28 L	P	Michlene Pedro	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
54	3:01.94 L	F	Rylee Bronkhorst	17	PRA MP	28/11/2014 KZN TYR Westville Sprints 2014
55	3:04.40 L	F	Mariza Odendal	17	BLNE FS	26/02/2015 FSA Liga 6
56	3:04.88 L	F	Chelsea Mills	17	CADO WP	11/10/2014 WPA LC SENIOR LEAGUE 3
57	3:09.09 L	F	Nienke Pretorius	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
58	3:09.30 L	F	Kirsten Vd Lingen	17	HAMM NT	16/01/2015 NTS Jan 2015 Age Group Combined
59	3:11.32 L	F	Kaylin Horn	17	PSC NT	28/11/2014 2014 The Tshwane Mayoral Gala
60	3:14.87 L	F	Crystal Smith	17	DYNA NT	15/08/2014 NTS August 20014 Age Group -
61	3:17.47 L	F	Marlene Reyneke	17	UPTS NC	21/11/2014 Upt Gala
62	3:40.17 L	F	Zaakirah Hassan	17	ATLA CG	14/09/2014 CGA Level 1 gala No 1
<b>Women 17 50 Breast</b>						
1	32.43 L	S	Tatjana Schoenmaker	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
2	33.60 L	F	Jamie Reynolds	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
3	33.83 L	F	Chelsea Meiring	17	SEAL KZ	12/03/2015 SA Level 3 National Age Group Champs
4	34.11 L	P	Emily Visagie	17	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
5	34.20 L	F	Marlies Ross	17	TUKS NT	27/06/2014 19 Trofeo Cit ta di Rosinni
6	34.61 L	P	Tove Van Zyl	17	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
7	35.13 L	P	Cayla Saaiman	17	TUKS NT	04/12/2014 NTS Championships 2014
8	35.42 L	P	Caila Davids	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
9	35.57 L	F	Nienke Pretorius	17	FS FS	11/12/2014 SA Schools Swimming Championship
10	35.71 L	F	Ashleigh Fitzgerald	17	ELEC CG	04/12/2014 NTS Championships 2014
11	35.74 L	P	Cassidy Stockigt	17	FLOD CG	12/03/2015 SA Level 3 National Age Group Champs
12	35.99 L	F	Justine Jagga	17	CADO WP	10/12/2014 WP Championships 2014
13	36.56 L	F	Gabriella Nutter	17	GDE CG	11/12/2014 SA Schools Swimming Championship

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
14	36.74	L	F	Mignon Swanepoel	17	TUKS	NT 04/12/2014 NTS Championships 2014
15	36.97	L	P	Mikal Botha	17	TUKS	NT 04/12/2014 NTS Championships 2014
16	36.99	L	P	Ashley Reimers	17	VRY	KZ 04/12/2014 NTS Championships 2014
17	37.17	L	F	Kristen Jordan	17	BCA	BO 17/01/2015 Inter-Provincial Gala 2015
18	37.23	L	P	Caitlyn Boake	17	UNIQ	CG 18/12/2014 CGA Open LC Championships 2014
19	37.24	L	F	Tessa Gough	17	GDE	CG 11/12/2014 SA Schools Swimming Championship
20	37.38	L	F	Danielle Smit	17	BCA	BO 17/01/2015 Inter-Provincial Gala 2015
21	37.42	L	F	Michlene Pedro	17	BOKS	ES 05/12/2014 EGA Championships Dec 2014
22	37.47	L	F	Eliz-Maric Cronje	17	POTC	NW 01/11/2014 NWS Age Group 2 1415
23*	37.50	L	P	Khanya Jack	17	AQUA	BO 12/03/2015 SA Level 3 National Age Group Champs
23*	37.50	L	F	Caylin du Plessis	17	NWUC	NW 04/12/2014 NWS Championships 2014/2015
25	37.52	L	P	Kira Baptiste	17	PSC	NT 04/12/2014 NTS Championships 2014
26	37.60	L	P	Julia Trummer	17	DORE	CG 18/12/2014 CGA Open LC Championships 2014
27	37.61	L	F	Inge Lombard	17	TUKS!	NT 19/03/2015 SA Level 2 Regional Age Group Champs
28	37.65	L	P	Lemay van Rensburg	17	HREF	NW 12/03/2015 SA Level 3 National Age Group Champs
29	37.75	L	P	Caitlin Crow	17	HASC	CG 12/03/2015 SA Level 3 National Age Group Champs
30	37.81	L	P	Tyla Goosen	17	WSTV	KZ 17/12/2014 KZN Premier Championships 2014
31	38.03	L	F	Mia Truter	17	TUKS!	NT 19/03/2015 SA Level 2 Regional Age Group Champs
32	38.12	L	F	Iine Cilliers	17	FS	FS 11/12/2014 SA Schools Swimming Championship
33	38.13	L	P	Suezette Steenkamp	17	CLSC	WP 19/03/2015 SA Level 2 Regional Age Group Champs
34	38.40	L	F	Jada Smith	17	AQUA	BO 19/03/2015 SA Level 2 Regional Age Group Champs
35	38.56	L	P	Gretchen Durr	17	ASA	WP 10/12/2014 WP Championships 2014
36	38.59	L	F	Tyla Fleischer	17	GDE	06/09/2014 Gauteng Schools Aquatics Trials 2014
37	38.61	L	F	Nadia Blaauw	17	NWUC	NW 04/12/2014 NWS Championships 2014/2015
38	38.64	L	F	Irene Marangellis	17	BLOT	FS 03/12/2014 Mangaung Aquatics Championship 2014
39	38.84	L	F	Joelle Thevenau	17	KZNA	KZ 11/12/2014 SA Schools Swimming Championship
40	38.86	L	F	Gita Pera	17	CADO	WP 16/08/2014 WPA LC SENIOR LEAGUE 1
41	38.89	L	F	Georgie Trodd	17	SEAL	KZ 28/11/2014 KZN TYR Westville Sprints 2014
42	38.97	L	F	Marleni Kisten	17	BEAV	KZ 19/03/2015 SA Level 2 Regional Age Group Champs
43	39.01	L	P	Tina Bahlmann	17	VIKI	BO 12/03/2015 SA Level 3 National Age Group Champs
44	39.10	L	F	Nepo Ntsono	17	PEAS	EP 05/12/2014 NMBA Championships 2014
45	39.93	L	F	Kirsty Maritz	17	BOKS	ES 21/06/2014 Winter 1
46	39.99	L	F	Shukrallah Honiball	17	LIMSC	LP 26/02/2015 Limpopo Province Interprovincial
47	40.02	L	F	Jacoba Fourie	17	NWUC	NW 01/11/2014 NWS Age Group 2 1415
48	40.08	L	F	Chante` Robinson	17	FAAC	NC 25/10/2014 Flamingo Gala 2014
49	40.18	L	F	Suzanne Engelbrecht	17	HARB	NW 04/12/2014 NWS Championships 2014/2015
50	40.42	L	P	Joselyn Brazer	17	WATR	CG 19/03/2015 SA Level 2 Regional Age Group Champs
51	40.45	L	F	Melanie Van Biljon	17	FISH	SW 29/11/2014 SWDA LC Championships
52*	40.58	L	F	Kristy Kupfer	17	MDOL	CG 30/08/2014 Adrian Grafe Memorial Gala
52*	40.58	L	F	Michaela Peinke	17	USC	BO 13/02/2015 Buffalo City Aquatics February Age
54	40.66	L	F	Marjone Human	17	BLNE	FS 03/12/2014 Mangaung Aquatics Championship 2014
55	41.05	L	F	Emma Kiely	17	ROA	SW 18/10/2014 1st A League Gala
56	41.09	L	F	Anél De Vos	17	LIMSC	LP 26/02/2015 Limpopo Province Interprovincial
57	41.11	L	F	Jessica Samuel	17	GDE	06/09/2014 Gauteng Schools Aquatics Trials 2014
58*	41.39	L	F	Annelize Mentz	17	LIMSC	LP 26/02/2015 Limpopo Province Interprovincial
58*	41.39	L	P	Jessica Burgess	17	ESP	ES 05/12/2014 EGA Championships Dec 2014
60	41.43	L	F	Frances Vd Walt	17	GDE	06/09/2014 Gauteng Schools Aquatics Trials 2014
61	41.45	L	F	Caitlin Sleet	17	MATI	WP 25/10/2014 WP STRAND MEET
62	41.56	L	F	Antache Reyneke	17	NWUC	NW 01/11/2014 NWS Age Group 2 1415
63	41.58	L	F	Andrea Dries	17	SWIFT	ES 27/09/2014 EGA Summer 1
64	41.64	L	F	Alida Stronkhorst	17	KSC	MP 28/11/2014 Mpumalanga Championships 2014
65	41.72	L	F	Jessica Wright	17	AQUB	EP 31/01/2015 Uitenhage Swimming Club Gala 2015
66	41.92	L	F	Celesté Vermeulen	17	LIMSC	LP 26/02/2015 Limpopo Province Interprovincial
67	42.01	L	F	Megan Hugo	17	BLNE	FS 03/12/2014 Mangaung Aquatics Championship 2014

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
68	42.02	L	P	Leah Jacobs	17	SASE	CG 05/12/2014 EGA Championships Dec 2014
69	42.23	L	F	Veronique Kock	17	PAQU	WP 14/02/2015 Knysna Dragons Night Gala
70	42.27	L	F	Kirstene Grant	17	USH	KZ 17/01/2015 KZN Age Group Gala 10
71	42.62	L	F	Jessica Macaulay	17	BLNE	FS 25/02/2015 Inter High School Gala - 25 February
72*	42.70	L	F	Kayla-Marie Kruger	17	CSC	NT 13/09/2014 2014 Speedo Hillcrest Sprint Gala
72*	42.70	L	F	Hanti Brits	17	BLSS	FS 03/12/2014 Mangaung Aquatics Championship 2014
74	42.72	L	F	Sarah Jennings	17	HASC	CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
75	42.82	L	F	Heidemarie Edeling	17	BLSS	FS 23/09/2014 FSA Liga 1
76	42.83	L	F	Ashleigh Smart	17	ROB	MP 25/02/2015 Inter High School Gala - 25 February
77	42.95	L	F	Leah Jacobs	17	SASE	CG 08/11/2014 CGA Level 1 gala No 3
78	43.00	L	P	Jessica Gouveia	17	PER	CG 05/12/2014 EGA Championships Dec 2014
79	43.09	L	F	Jessica Wessels	17	SOUL	ES 30/08/2014 Adrian Grafe Memorial Gala
80	43.18	L	P	Meghan Bartie	17	SOUL	ES 05/12/2014 EGA Championships Dec 2014
81	43.21	L	F	Ingrid Benn	17	DDA	NT 13/09/2014 2014 Speedo Hillcrest Sprint Gala
82	43.24	L	F	Daniella da Costa	17	NWUC	NW 04/12/2014 NWS Championships 2014/2015
83	43.28	L	F	Tiffany vd Merwe	17	TUKS	NT 16/01/2015 NTS Jan 2015 Age Group Combined
84	43.47	L	F	Ashleigh Addison	17	ROB	MP 25/02/2015 Inter High School Gala - 25 February
85	43.60	L	F	Ellen Van Niekerk	17	WELL	WP 16/08/2014 WPA LC SENIOR LEAGUE 1
86	43.62	L	F	Esther Jacobs	17	TUKS	NT 28/11/2014 2014 The Tshwane Mayoral Gala
87*	43.66	L	F	Mareli Joubert	17	TUKS	NT 13/09/2014 2014 Speedo Hillcrest Sprint Gala
87*	43.66	L	F	Rebecca Manners-Wood	17	STPS	KZ 06/12/2014 KZN Age Group 9 Gala
89	43.67	L S	F	Micaela Gowar	17	AQUB	EP 10/01/2015 5th A-League Gala 2014
90	43.73	L	F	Chrisna Opperman	17	UPTS	NC 21/11/2014 Upt Gala
91	43.78	L	F	Mariza Odendal	17	BLNE	FS 03/12/2014 Mangaung Aquatics Championship 2014
92	43.94	L	F	Kaylin Horn	17	PSC	NT 28/11/2014 2014 The Tshwane Mayoral Gala
93	44.23	L	P	Zandalee Bezuidenhout	17	LINR	CG 19/03/2015 SA Level 2 Regional Age Group Champs
94	44.81	L	F	Marlene Reyneke	17	UPTS	NC 25/10/2014 Flamingo Gala 2014
95	44.94	L	P	Lauren Barnes	17	BENS	ES 05/12/2014 EGA Championships Dec 2014
96	45.06	L	F	Zaakirah Hassan	17	ATLA	CG 14/09/2014 CGA Level 1 gala No 1
97	45.11	L	F	Jacquelene Piso	17	FINS	MP 28/11/2014 KZN TYR Westville Sprints 2014
98	45.45	L	P	Caitlyn Van Dyk	17	PSC	NT 04/12/2014 NTS Championships 2014
99	45.56	L	F	Megan Jooste	17	BLAE	CG 14/09/2014 CGA Level 1 gala No 1
100	46.89	L	F	Ashleigh Green	17	NWUC	NW 24/01/2015 NWS Age Group 4 1415
101	46.94	L	F	Jodi Turner	17	ESP	ES 27/09/2014 EGA Summer 1
102	47.44	L	P	Wandile Nyathi	17	SOWE	CG 05/12/2014 EGA Championships Dec 2014
103	47.49	L	F	Melanie Badenhorst	17	KALA	NC 23/01/2015 NOCASA Age Group 2 Kathu
104*	47.52	L	F	Geena Hendricks	17	UWCA	WP 16/08/2014 WPA LC SENIOR LEAGUE 1
104*	47.52	L	F	Sabrina Baretta	17	PENP	MP 31/10/2014 MP AGE GROUP 2 - 2014
106*	47.54	L	F	Laura Wafer	17	FSE	KZ 04/10/2014 KZN- Uthungulu District October Age
106*	47.54	L	P	Monique-Marzaney Hilbig	17	DORE	CG 05/12/2014 EGA Championships Dec 2014
108	47.85	L	F	Chané Denton	17	POTC	NW 01/11/2014 NWS Age Group 2 1415
109	48.28	L	F	Dante Engelbrecht	17	UNI	MP 20/09/2014 MP Xerox Sprint Gala - 20 September
110	48.95	L	F	Denika Petzer	17	KFSC	BO 27/11/2014 Buffalo City Championships 2014
111	49.28	L	F	Sandy Bambie	17	PIRAN	BO 17/10/2014 Buffalo City Aquatics October Age Group
112	49.45	L	F	Nazreen Cornish	17	HURA	WP 16/08/2014 WPA LC SENIOR LEAGUE 1
113	50.11	L	F	Kelly Wilson	17	WSTV	KZ 28/11/2014 KZN TYR Westville Sprints 2014
114	50.33	L	F	Monique Lewis	17	FINS	MP 28/11/2014 Mpumalanga Championships 2014
115	50.44	L	F	Lara Fourie	17	USH	KZ 06/12/2014 KZN Uthungulu District Dec Age Group
116	50.62	L	F	Tanisha Botha	17	LBHS	NW 13/02/2015 NW Schools Swimming Championships
117	50.90	L	F	Idelette Nel	17	AQUB	EP 25/10/2014 3rd A-League Gala 2014
118	51.18	L	F	Jayne-Sue Vermaas	17	KOVS	FS 23/09/2014 FSA Liga 1
119	51.90	L	F	Rumaanah Ayob	17	ATLA	CG 30/08/2014 Adrian Grafe Memorial Gala
120	52.06	L	F	Tasfiah Dawood	17	ATLA	CG 30/08/2014 Adrian Grafe Memorial Gala
121	52.41	L	F	Yolandre van Rooyen	17	BLOT	FS 23/08/2014 Kovsies Gala 23 August 2014

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
122	52.96 L	F	Aviwe Jemane	17	WHFC WP	20/02/2015	WP Jack Currie Championships 2015
123	56.26 L	F	Carmen Booysen	17	DDA NT	28/11/2014	2014 The Tshwane Mayoral Gala
124	56.37 L	F	Marthie Kotzè	17	WHFC WP	31/01/2015	WPA LC Senior League 5
125	57.16 L	F	Firdaus Alli	17	ATLA CG	08/11/2014	CGA Level 1 gala No 3
126	1:03.51 L	F	Jhenéle Pieterse	17	HH NW	13/02/2015	NW Schools Swimming Championships
127	1:42.46 L	P	Huda Abrahams	17	VINE WP	19/03/2015	SA Level 2 Regional Age Group Champs
<b>Women 17 100 Breast</b>							
1	1:08.85 L	F	Tatjana Schoenmaker	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
2	1:11.80 L	S	Emily Visagie	17	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
3	1:13.01 L	F	Marlies Ross	17	TUKS NT	20/06/2014	IV Trofeo Cittta di Pescara
4	1:15.51 L	P	Cayla Saaiman	17	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
5	1:15.86 L	P	Caila Davids	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
6	1:16.56 L	P	Tove Van Zyl	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
7	1:16.82 L	F	Justine Jagga	17	CADO WP	10/12/2014	WP Championships 2014
8	1:17.20 L	P	Chelsea Meiring	17	RSA	10/12/2014	African Union Sports-Region 5 Under 20
9	1:18.05 L	F	Ashleigh Fitzgerald	17	ELEC CG	12/03/2015	SA Level 3 National Age Group Champs
10	1:18.15 L	P	Nienke Pretorius	17	FS FS	11/12/2014	SA Schools Swimming Championship
11	1:18.66 L	P	Megan van Wyk	17	RSA	10/12/2014	African Union Sports-Region 5 Under 20
12	1:18.98 L	F	Cassidy Stockigt	17	FLOD CG	12/03/2015	SA Level 3 National Age Group Champs
13	1:20.00 L	F	Tyla Goosen	17	WSTV KZ	28/11/2014	KZN TYR Westville Sprints 2014
14	1:20.65 L	P	Mignon Swanepoel	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
15	1:20.69 L	F	Caitlyn Boake	17	UNIQ CG	18/12/2014	CGA Open LC Championships 2014
16	1:20.92 L	F	Kira Baptiste	17	PSC NT	04/12/2014	NTS Championships 2014
17	1:21.23 L	F	Demi Lopes	17	TUKS NT	04/12/2014	NTS Championships 2014
18	1:21.43 L	P	Michlene Pedro	17	BOKS ES	05/12/2014	EGA Championships Dec 2014
19	1:21.57 L	F	Danielle Jordaan	17	HILL NT	19/03/2015	SA Level 2 Regional Age Group Champs
20	1:21.97 L	F	Eliz-Maric Cronje	17	NWS NW	08/11/2014	NFSA Four Provinces Interprovincial 8
21*	1:22.06 L	F	Inge Lombard	17	TUKS NT	04/12/2014	NTS Championships 2014
21*	1:22.06 L	F	Tessa Gough	17	ELEC CG	04/12/2014	NTS Championships 2014
23	1:22.62 L	F	Joelle Thevenau	17	SGUL KZ	14/02/2015	KZN Age Group Gala 11
24	1:23.12 L	P	Marleni Kisten	17	BEAV KZ	17/12/2014	KZN Premier Championships 2014
25	1:23.16 L	F	Shukrallah Honiball	17	LP LP	13/09/2014	Highveld Inter-Provincial Gala 2014
26	1:23.54 L	F	Jada Smith	17	AQUA BO	19/03/2015	SA Level 2 Regional Age Group Champs
27	1:23.65 L	F	Nadia Blaauw	17	NWUC NW	04/12/2014	NWS Championships 2014/2015
28	1:23.69 L	F	Caylin du Plessis	17	OHS NW	13/02/2015	NW Schools Swimming Championships
29	1:23.71 L	P	Suzette Steenkamp	17	CLSC WP	19/03/2015	SA Level 2 Regional Age Group Champs
30	1:23.88 L	P	Julia Trummer	17	DORE CG	19/03/2015	SA Level 2 Regional Age Group Champs
31	1:23.92 L	F	Gretchen Durr	17	ASA WP	19/03/2015	SA Level 2 Regional Age Group Champs
32	1:24.09 L	P	Tyla Fleischer	17	OLDE CG	19/03/2015	SA Level 2 Regional Age Group Champs
33	1:24.32 L	F	Danielle Smit	17	USC BO	27/11/2014	Buffalo City Championships 2014
34	1:24.33 L	F	Irene Marangellis	17	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
35	1:24.63 L	F	IIne Cilliers	17	FS FS	11/12/2014	SA Schools Swimming Championship
36	1:24.66 L	F	Kirsty Maritz	17	BOKS ES	05/12/2014	EGA Championships Dec 2014
37	1:24.70 L S	F	Khanya Jack	17	AQUA BO	10/01/2015	5th A-League Gala 2014
38	1:24.95 L	P	Gabriella Nutter	17	GDE CG	11/12/2014	SA Schools Swimming Championship
39	1:25.28 L	F	Kristy Kupfer	17	MDOL CG	01/11/2014	CGA Level 2-3 Gala No 3
40	1:25.34 L	P	Ashley Reimers	17	VRY KZ	04/12/2014	NTS Championships 2014
41	1:25.45 L	F	Kristen Jordan	17	BCA BO	17/01/2015	Inter-Provincial Gala 2015
42	1:25.70 L	P	Georgie Trodd	17	SEAL KZ	17/12/2014	KZN Premier Championships 2014
43	1:25.96 L	F	Gita Pera	17	CADO WP	13/09/2014	WPA LC SENIOR LEAGUE 2
44	1:26.13 L	F	Lemay van Rensburg	17	HREF NW	04/12/2014	NWS Championships 2014/2015
45	1:26.52 L	F	Annelize Mentz	17	EAGA LP	28/11/2014	Mpumalanga Championships 2014
46	1:26.65 L	F	Chante` Robinson	17	FAAC NC	15/11/2014	Penguin Gala 2014
47	1:26.98 L	F	Joselyn Brazier	17	WATR CG	14/02/2015	CGA Level 2/3 Gala No 4

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
48	1:28.17 L	F	Nepo Ntsono	17	PEAS EP	05/12/2014 NMBA Championships 2014
49	1:28.57 L S	F	Michaela Peinke	17	USC BO	10/01/2015 5th A-League Gala 2014
50	1:28.81 L	F	Emma Kiely	17	ROA SW	18/10/2014 1st A League Gala
51	1:28.89 L	P	Jessica Burgess	17	ESP ES	05/12/2014 EGA Championships Dec 2014
52	1:29.11 L	F	Antache Reyneke	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
53	1:29.24 L	F	Jacoba Fourie	17	NWS NW	13/09/2014 Highveld Inter-Provincial Gala 2014
54	1:29.36 L	F	Frances Vd Walt	17	MDOL CG	01/11/2014 CGA Level 2-3 Gala No 3
55	1:29.48 L	P	Jessica Samuel	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
56	1:29.49 L	F	Chelsea Mills	17	CADO WP	25/10/2014 WP STRAND MEET
57	1:29.50 L	F	Caitlin Sleet	17	MATI WP	25/10/2014 WP STRAND MEET
58	1:30.32 L	F	Zenobia Van Heerden	17	CADO WP	31/01/2015 WPA LC Senior League 5
59	1:31.06 L	F	Melanie Van Biljon	17	FISH SW	29/11/2014 SWDA LC Championships
60	1:31.51 L	F	Leah Jacobs	17	SASE CG	08/11/2014 CGA Level 1 gala No 3
61	1:31.90 L	F	Marjone Human	17	BLNE FS	26/02/2015 FSA Liga 6
62	1:32.32 L	F	Suzanne Engelbrecht	17	HARB NW	04/12/2014 NWS Championships 2014/2015
63	1:32.53 L	F	Ellen Van Niekerk	17	WELL WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
64	1:33.02 L	F	Jessica Grose	17	STAD CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
65	1:33.25 L	F	Carmen du Plessis	17	HH NW	13/02/2015 NW Schools Swimming Championships
66	1:33.58 L	P	Leah Jacobs	17	SASE CG	05/12/2014 EGA Championships Dec 2014
67	1:33.86 L	F	Veronique Kock	17	PAQU WP	31/01/2015 WPA LC Senior League 5
68	1:33.90 L	F	Andrea Dries	17	SWIFT ES	27/09/2014 EGA Summer 1
69	1:34.10 L	F	Paola Schildhauer	17	DDA NT	03/10/2014 Sasol National Championship 2014
70	1:34.55 L	F	Kaylin Horn	17	PSC NT	07/11/2014 NTS November 20014 Age Group -
71	1:35.04 L	F	Hanti Brits	17	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
72	1:35.33 L	F	Ilke Coetzer	17	KOVS FS	13/09/2014 Seals Gala 13 Sept 2014
73	1:35.64 L	F	Jessica Macaulay	17	FINS MP	03/10/2014 MP Age Group 1 - 2014
74	1:35.81 L	F	Alida Stronkhorst	17	KSC MP	28/11/2014 KZN TYR Westville Sprints 2014
75	1:35.88 L	F	Ingrid Benn	17	DDA NT	07/11/2014 NTS November 20014 Age Group -
76	1:36.45 L	F	Marlene Reyneke	17	UPTS NC	15/01/2015 NOCASA Champs 2015
77	1:36.56 L	F	Danielle Dirksen	17	GREY WP	13/09/2014 WPA LC SENIOR LEAGUE 2
78	1:36.64 L	F	Megan Jooste	17	BLAE CG	08/11/2014 CGA Level 1 gala No 3
79	1:36.96 L	F	Daniella da Costa	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
80	1:36.99 L	F	Ashleigh Smart	17	UNI MP	20/09/2014 MP Xerox Sprint Gala - 20 September
81	1:37.16 L	P	Jessica Gouveia	17	PER CG	05/12/2014 EGA Championships Dec 2014
82	1:37.30 L	F	Tiffany vd Merwe	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
83	1:37.38 L	F	Jodi Turner	17	ESP ES	08/11/2014 EGA Summer 3
84	1:37.41 L	F	Meghan Bartie	17	SOUL ES	27/09/2014 EGA Summer 1
85	1:37.89 L	F	Zandalee Bezuidenhout	17	LINR CG	14/09/2014 CGA Level 1 gala No 1
86	1:38.48 L	F	Jessica Wessels	17	SOUL ES	21/06/2014 Winter 1
87	1:40.17 L	F	Caitlyn Van Dyk	17	PSC NT	16/01/2015 NTS Jan 2015 Age Group Combined
88	1:40.47 L	F	Chrisna Opperman	17	UPTS NC	21/11/2014 Upt Gala
89	1:42.13 L	F	Ashleigh Addison	17	UNI MP	20/09/2014 MP Xerox Sprint Gala - 20 September
90	1:42.38 L	F	Melanie Badenhorst	17	KALA NC	23/01/2015 NOCASA Age Group 2 Kathu
91	1:44.57 L	F	Geena Hendricks	17	UWCA WP	25/10/2014 WP STRAND MEET
92	1:46.62 L	F	Ashleigh Green	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
93	1:46.96 L	F	Zaakirah Hassan	17	ATLA CG	14/09/2014 CGA Level 1 gala No 1
94	1:49.92 L	F	Wandile Nyathi	17	SOWE CG	08/11/2014 CGA Level 1 gala No 3
95	1:51.65 L	F	Kelly Wilson	17	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
96	1:54.21 L	F	Nazreen Cornish	17	HURA WP	13/09/2014 WPA LC SENIOR LEAGUE 2
97	1:55.32 L	F	Tasfiyah Dawood	17	ATLA CG	14/09/2014 CGA Level 1 gala No 1
98	2:00.41 L	F	Yolandre van Rooyen	17	BLOT FS	13/09/2014 Seals Gala 13 Sept 2014
99	2:04.85 L	F	Carmen Booysen	17	DDA NT	07/11/2014 NTS November 20014 Age Group -
100	2:08.17 L	F	Firdaus Alli	17	ATLA CG	08/11/2014 CGA Level 1 gala No 3

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 17</b>	<b>200 Breast</b>						
1	2:29.23 L	F	Tatjana Schoenmaker	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
2	2:33.58 L	F	Emily Visagie	17	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
3	2:38.12 L	F	Cayla Saaiman	17	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
4	2:40.20 L	F	Caila Davids	17	CRSC CG	12/03/2015	SA Level 3 National Age Group Champs
5	2:42.24 L	F	Marlies Ross	17	TUKS NT	07/11/2014	NTS November 20014 Age Group -
6	2:44.92 L	F	Justine Jagga	17	CADO WP	10/12/2014	WP Championships 2014
7	2:45.02 L	F	Megan van Wyk	17	RSA	10/12/2014	African Union Sports-Region 5 Under 20
8	2:49.67 L	P	Roh-Anne Coetzee	17	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
9	2:52.24 L	F	Ashleigh Fitzgerald	17	ELEC CG	04/12/2014	NTS Championships 2014
10	2:54.78 L	P	Mignon Swanepoel	17	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
11	2:55.18 L	F	Nienke Pretorius	17	FS FS	11/12/2014	SA Schools Swimming Championship
12	2:56.80 L	F	Kira Baptiste	17	PSC NT	13/02/2015	NTS Feb 2015 Age Group Lev 2+3
13	2:56.91 L	F	Danielle Jordaan	17	HILL NT	04/12/2014	NTS Championships 2014
14	2:58.67 L	F	Joelle Thevenau	17	KZNA KZ	11/12/2014	SA Schools Swimming Championship
15	2:58.81 L	F	Eliz-Maric Cronje	17	PGIM NW	13/02/2015	NW Schools Swimming Championships
16	2:59.11 L S	P	Marleni Kisten	17	BEAV KZ	17/12/2014	KZN Premier Championships 2014
17	3:00.10 L	F	Michlene Pedro	17	BOKS ES	19/03/2015	SA Level 2 Regional Age Group Champs
18	3:00.28 L	P	Tessa Gough	17	ELEC CG	04/12/2014	NTS Championships 2014
19	3:01.07 L	F	Kirsty Maritz	17	BOKS ES	05/12/2014	EGA Championships Dec 2014
20	3:01.76 L	F	Nadia Blaauw	17	NWUC NW	04/12/2014	NWS Championships 2014/2015
21	3:02.13 L	P	Suzette Steenkamp	17	CLSC WP	19/03/2015	SA Level 2 Regional Age Group Champs
22	3:03.52 L	F	Inge Lombard	17	TUKS NT	04/12/2014	NTS Championships 2014
23	3:03.55 L	P	Annelize Mentz	17	LIMSC LP	11/12/2014	SA Schools Swimming Championship
24	3:04.26 L	F	Jada Smith	17	AQUA BO	19/03/2015	SA Level 2 Regional Age Group Champs
25	3:04.84 L	F	Lemay van Rensburg	17	HREF NW	04/12/2014	NWS Championships 2014/2015
26	3:04.88 L	F	Irene Marangellis	17	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
27	3:05.84 L	F	Julia Trummer	17	DORE CG	04/10/2014	CGA Level 2-3 Gala N0 2 2014
28	3:06.06 L	F	Danielle Smit	17	USC BO	27/11/2014	Buffalo City Championships 2014
29	3:06.43 L	F	Chelsea Mills	17	CADO WP	19/03/2015	SA Level 2 Regional Age Group Champs
30	3:07.62 L	F	Gita Pera	17	CADO WP	10/12/2014	WP Championships 2014
31	3:07.97 L	P	Cassidy Stockigt	17	FLOD CG	05/12/2014	EGA Championships Dec 2014
32	3:08.88 L	P	Joselyn Brazer	17	WATR CG	18/12/2014	CGA Open LC Championships 2014
33	3:09.46 L	F	Chante` Robinson	17	FAAC NC	05/12/2014	NOCASA Sprints 2014
34	3:09.62 L	P	Tyla Fleischer	17	OLDE CG	05/12/2014	EGA Championships Dec 2014
35	3:10.13 L	P	Caitlyn Boake	17	UNIQ CG	18/12/2014	CGA Open LC Championships 2014
36	3:10.40 L	F	Jacoba Fourie	17	NWUC NW	01/11/2014	NWS Age Group 2 1415
37	3:10.50 L	F	Jessica Burgess	17	ESP ES	05/12/2014	EGA Championships Dec 2014
38	3:11.15 L	F	Khanya Jack	17	AQUA BO	31/10/2014	Buffalo City November Age Group Gala
39	3:11.32 L	F	IIne Cilliers	17	EUNIC FS	31/10/2014	FS Schools Gala Proewe 2014
40	3:13.91 L	F	Michaela Peinke	17	USC BO	23/01/2015	BCA January Age Group Gala 2015
41	3:15.00 L	F	Jessica Samuel	17	BOKS ES	15/02/2015	EGA Summer 5 Gala
42	3:15.39 L	F	Frances Vd Walt	17	MDOL CG	01/11/2014	CGA Level 2-3 Gala No 3
43	3:16.06 L	P	Ashley Reimers	17	VRY KZ	04/12/2014	NTS Championships 2014
44	3:16.39 L	F	Mia Truter	17	TUKS NT	13/02/2015	NTS Feb 2015 Age Group Lev 2+3
45	3:21.52 L	F	Jessica Macaulay	17	FINS MP	31/10/2014	MP AGE GROUP 2 - 2014
46	3:23.30 L	F	Carmen du Plessis	17	HH NW	13/02/2015	NW Schools Swimming Championships
47	3:24.41 L	F	Marjone Human	17	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
48	3:25.08 L	F	Jodi Turner	17	ESP ES	03/10/2014	Sasol National Championship 2014
49	3:25.71 L	F	Kaylin Horn	17	PSC NT	28/11/2014	2014 The Tshwane Mayoral Gala
50	3:25.95 L	P	Leah Jacobs	17	SASE CG	05/12/2014	EGA Championships Dec 2014
51	3:28.49 L	F	Marlene Reyneke	17	UPTS NC	21/11/2014	Upt Gala
52	3:29.62 L	F	Veronique Kock	17	PAQU WP	08/11/2014	WPA LC SENIOR LEAGUE 4
53	3:29.63 L	F	Kirstene Grant	17	USH KZ	14/02/2015	KZN Uthungulu District Feb 2015 Age

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
54	3:30.08	L	F	Andrea Dries	17	SWIFT ES	25/10/2014 EGA Summer 2_25 Oct 2014
55	3:30.28	L	F	Kayla-Marie Kruger	17	CSC NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
56	3:31.65	L	F	Jessica Wessels	17	SOUL ES	25/10/2014 EGA Summer 2_25 Oct 2014
57	3:31.91	L	P	Leah Jacobs	17	SASE CG	27/03/2015 SA Level 1 Regional Age Group Champs
58	3:32.02	L	P	Meghan Bartie	17	SOUL ES	03/10/2014 Sasol National Championship 2014
59	3:33.96	L	F	Daniella da Costa	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
60	3:36.91	L	P	Jessica Gouveia	17	PER CG	05/12/2014 EGA Championships Dec 2014
61	3:41.09	L	F	Megan Jooste	17	BLAE CG	18/10/2014 CGA Level 1 gala No 2
62	3:56.30	L	F	Zaakirah Hassan	17	ATLA CG	18/10/2014 CGA Level 1 gala No 2
63	3:59.15	L	F	Caitlyn Van Dyk	17	PSC NT	15/08/2014 NTS August 20014 Age Group -
64	4:11.97	L	F	Nazreen Cornish	17	HURA WP	08/11/2014 WPA LC SENIOR LEAGUE 4
65	4:42.00	L	F	Firdaus Alli	17	ATLA CG	18/10/2014 CGA Level 1 gala No 2
<b>Women 17 50 Fly</b>							
1	28.02	L	F	Rita Naude	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
2	28.64	L	F	Jamie Reynolds	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
3	29.01	L	P	Camryn Wheals	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
4	29.53	L	S	Tove Van Zyl	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
5	29.54	L	F	Zoe Holder	17	SEAL KZ	17/12/2014 KZN Premier Championships 2014
6	29.56	L	P	Marlies Ross	17	TUKS NT	11/06/2014 Mare Nostrum 2014 Canet
7	29.83	L	F	Rachel Stevenson	17	GZSA NT	12/03/2015 SA Level 3 National Age Group Champs
8	29.89	L	F	Demi Lopes	17	TUKS NT	17/12/2014 KZN Premier Championships 2014
9	29.96	L	P	Emily Visagie	17	SGUL KZ	17/12/2014 KZN Premier Championships 2014
10	30.16	L	F	Cayla Saaiman	17	TUKS NT	04/12/2014 NTS Championships 2014
11	30.21	L	P	Michelle Mitchell	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
12	30.24	L	P	Chelsea Meiring	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
13	30.32	L	F	Peta-Jayne Nel	17	HARL BO	19/03/2015 SA Level 2 Regional Age Group Champs
14	30.60	L	P	Monica Boje	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
15	30.71	L	F	Eune Odendaal	17	PSC NT	07/11/2014 NTS November 20014 Age Group -
16	30.77	L	F	Kirah Jackson	17	GDE CG	11/12/2014 SA Schools Swimming Championship
17	30.79	L	F	Tina Bahlmann	17	VIKI BO	27/11/2014 Buffalo City Championships 2014
18	30.87	L	F	Larah Binedell	17	KZNA KZ	11/12/2014 SA Schools Swimming Championship
19	31.07	L	F	Kristen Jordan	17	HARL BO	27/11/2014 Buffalo City Championships 2014
20	31.14	L	F	Hanti Brits	17	FS FS	11/12/2014 SA Schools Swimming Championship
21	31.16	L	P	Khanya Jack	17	AQUA BO	12/03/2015 SA Level 3 National Age Group Champs
22	31.18	L	F	Amé Kleynhans	17	GDE CG	11/12/2014 SA Schools Swimming Championship
23	31.24	L	F	Danielle Smit	17	USC BO	19/03/2015 SA Level 2 Regional Age Group Champs
24	31.26	L	F	Caylin du Plessis	17	NWUC NW	19/03/2015 SA Level 2 Regional Age Group Champs
25	31.35	L	F	Caila Davids	17	CRSC CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
26	31.48	L	F	Eliz-Maric Cronje	17	POTC NW	22/11/2014 NWS Age Group 3 2014/2015
27	31.52	L	F	Nepo Ntsono	17	PEAS EP	31/10/2014 Freda Barnard Gala
28	31.56	L	P	Jo-Mari Kleinhans	17	MATI WP	10/12/2014 WP Championships 2014
29	31.69	L	P	Lemay van Rensburg	17	HREF NW	12/03/2015 SA Level 3 National Age Group Champs
30	31.71	L	P	Tatjana Schoenmaker	17	RSA	23/05/2014 2nd African Youth Games,Botswana
31	31.85	L	P	Kristy Kupfer	17	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
32	31.90	L	P	Ashleigh Fitzgerald	17	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs
33	31.95	L	P	Micaela Gowar	17	AQUB EP	19/03/2015 SA Level 2 Regional Age Group Champs
34	31.96	L	F	Ashley Reimers	17	VRY KZ	17/12/2014 KZN Premier Championships 2014
35	32.04	L	F	Catherine Sainsbury	17	WSTV KZ	17/12/2014 KZN Premier Championships 2014
36	32.16	L	F	Kimberley Swan	17	FSE KZ	06/12/2014 Uthukela District Long Course
37*	32.25	L	P	Siph'esihle Hadebe	17	TUKS NT	04/12/2014 NTS Championships 2014
37*	32.25	L	F	Suzanne Engelbrecht	17	NWS NW	11/12/2014 SA Schools Swimming Championship
39	32.28	L	P	Anél De Vos	17	TUKS LP	19/03/2015 SA Level 2 Regional Age Group Champs
40	32.30	L	P	Carla Nel	17	TUKS NT	20/02/2015 Grand Prix Invitation Swimming Meet
41	32.32	L	P	Caitlin Crow	17	HASC CG	12/03/2015 SA Level 3 National Age Group Champs

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
42	32.48 L	P	Cassidy Stockigt	17	FLOD CG	12/03/2015 SA Level 3 National Age Group Champs
43	32.60 L	F	Mikal Botha	17	GDE	06/09/2014 Gauteng Schools Aquatics Trials 2014
44	32.78 L	F	Nienke Pretorius	17	BLOT FS	03/10/2014 Sasol National Championship 2014
45*	32.90 L	F	Madri Bester	17	STELL NW	01/11/2014 NWS Age Group 2 1415
45*	32.90 L	F	Frances Vd Walt	17	MDOL CG	19/03/2015 SA Level 2 Regional Age Group Champs
47*	32.91 L	F	Caitlin Sleet	17	WCSA WP	11/12/2014 SA Schools Swimming Championship
47*	32.91 L	F	Janika Pelser	17	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
49	32.95 L	F	Mia Truter	17	TUKS NT	15/08/2014 NTS August 20014 Age Group -
50	32.98 L	F	Kira Baptiste	17	PSC NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
51	32.99 L	F	Kirah-Lee van Heerden	17	USC BO	31/01/2015 Uitenhage Swimming Club Gala 2015
52	33.10 L	F	Tessa Gough	17	GDE	06/09/2014 Gauteng Schools Aquatics Trials 2014
53	33.12 L	F	Shukrallah Honiball	17	LIMSC LP	26/02/2015 Limpopo Province Interprovincial
54	33.13 L	F	Marleni Kisten	17	BEAV KZ	17/12/2014 KZN Premier Championships 2014
55*	33.18 L	F	Justine Jagga	17	CADO WP	13/09/2014 WPA LC SENIOR LEAGUE 2
55*	33.18 L	P	Mareli Joubert	17	TUKS NT	04/12/2014 NTS Championships 2014
57	33.39 L	F	Elzaan Le Roux	17	WELL WP	31/01/2015 WPA LC Senior League 5
58	33.47 L	P	Marichen Viviers	17	FLOD CG	05/12/2014 EGA Championships Dec 2014
59	33.58 L	P	Bathandwa Dyantyi	17	AQUA BO	12/03/2015 SA Level 3 National Age Group Champs
60	33.73 L	F	Cassidy Muller	17	LAD KZ	08/11/2014 KZN Uthukela District Age Group Gala
61	33.75 L	P	Georgie Trodd	17	SEAL KZ	17/12/2014 KZN Premier Championships 2014
62	33.78 L	F	Lauren Ogg	17	UPC MP	24/10/2014 Mpumalanga Top Schools 2014 High
63	33.95 L	F	Irene Marangellis	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
64*	34.00 L	F	Dante Engelbrecht	17	UNI-M MP	23/01/2015 MP Age Group 3 - 23/24 January 2015
64*	34.00 L	F	Sumari Coetzee	17	TUKS NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
66	34.01 L	P	Paola Schildhauer	17	DDA NT	03/10/2014 Sasol National Championship 2014
67	34.08 L	F	Antache Reyneke	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
68	34.10 L	F	Jessica Wright	17	AQUB EP	25/10/2014 3rd A-League Gala 2014
69	34.23 L	P	Jessica Burgess	17	ESP ES	05/12/2014 EGA Championships Dec 2014
70	34.24 L	F	Celesté Vermeulen	17	LIMSC LP	26/02/2015 Limpopo Province Interprovincial
71	34.33 L	F	Gita Pera	17	CADO WP	13/09/2014 WPA LC SENIOR LEAGUE 2
72	34.38 L	F	Gretchen Durr	17	ASA WP	13/09/2014 WPA LC SENIOR LEAGUE 2
73	34.44 L	F	Nadia Blaauw	17	NWUC NW	24/01/2015 NWS Age Group 4 1415
74	34.57 L	F	Emma Kiely	17	ROA SW	18/10/2014 1st A League Gala
75	34.62 L	F	Chelsea Van Rensburg	17	TYGE WP	13/09/2014 WPA LC SENIOR LEAGUE 2
76	34.68 L	F	Suzette Steenkamp	17	UPTS NC	05/12/2014 NOCASA Sprints 2014
77	34.70 L	F	Megan Hugo	17	BLNE FS	16/08/2014 Neptune Aquatics Sprint gala 2014
78	34.75 L	F	Jacoba Fourie	17	NWUC NW	01/11/2014 NWS Age Group 2 1415
79	34.77 L	F	Jessica Grose	17	STAD CG	04/10/2014 CGA Level 2-3 Gala No 2 2014
80	34.81 L	F	Tyla Bassani	17	CRSC CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
81	34.84 L	F	Julia Trummer	17	DORE CG	15/02/2015 EGA Summer 5 Gala
82	34.99 L	F	Jayme-Sue Vermaas	17	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
83	35.07 L	F	Telana Hugo	17	USC BO	23/01/2015 BCA January Age Group Gala 2015
84	35.15 L	F	Heidemarie Edeling	17	BLSS FS	13/09/2014 Seals Gala 13 Sept 2014
85*	35.16 L	P	Sarah Jennings	17	HASC CG	19/03/2015 SA Level 2 Regional Age Group Champs
85*	35.16 L	F	Monique-Marzaney Hilbig	17	DORE CG	08/11/2014 CGA Level 1 gala No 3
87	35.30 L	P	Zandalee Bezuidenhout	17	LINR CG	19/03/2015 SA Level 2 Regional Age Group Champs
88	35.32 L	F	Ashleigh Addison	17	ROB MP	25/02/2015 Inter High School Gala - 25 February
89	35.37 L	F	Meghan Bartie	17	SOUL ES	27/09/2014 EGA Summer 1
90	35.46 L	F	Michlene Pedro	17	BOKS ES	30/08/2014 Adrian Grafe Memorial Gala
91	35.54 L	F	Danielle Dirksen	17	GREY WP	25/10/2014 WP STRAND MEET
92	35.72 L	P	Kirsten Vd Lingen	17	HAMM NT	04/12/2014 NTS Championships 2014
93	35.74 L	F	Ilne Cilliers	17	BLOT FS	13/09/2014 Seals Gala 13 Sept 2014
94	35.99 L	F	Andrea Dries	17	SWIFT ES	27/09/2014 EGA Summer 1
95	36.01 L	F	Willmarie De Beer	17	LIMSC LP	26/02/2015 Limpopo Province Interprovincial



## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
96	36.19 L	F	Rylee Bronkhorst	17	PRA MP	28/11/2014	KZN TYR Westville Sprints 2014
97	36.35 L	F	Kirstene Grant	17	USH KZ	31/01/2015	Ushaka Championship Gala 2015
98	36.47 L	F	Kirsty Maritz	17	BOKS ES	21/06/2014	Winter 1
99	36.58 L	F	Joselyn Brazier	17	WATR CG	04/10/2014	CGA Level 2-3 Gala N0 2 2014
100	36.59 L	F	Jodi Turner	17	ESP ES	03/10/2014	Sasol National Championship 2014
101	36.64 L	F	Ingrid Benn	17	DDA NT	30/08/2014	Adrian Grafe Memorial Gala
102	36.65 L	P	Lauren Barnes	17	BENS ES	05/12/2014	EGA Championships Dec 2014
103	36.75 L	F	Ilke Coetzer	17	KOVS FS	13/09/2014	Seals Gala 13 Sept 2014
104	37.03 L	F	Tiffany vd Merwe	17	TUKS NT	15/08/2014	NTS August 20014 Age Group -
105	37.24 L	F	Chelsea Mills	17	CADO WP	13/09/2014	WPA LC SENIOR LEAGUE 2
106	37.33 L	F	Nicole Robertson	17	TUKS NT	16/01/2015	NTS Jan 2015 Age Group Combined
107	37.53 L	F	Rebecca Manners-Wood	17	STPS KZ	28/11/2014	KZN TYR Westville Sprints 2014
108	37.55 L	F	Elzanie Pietersen	17	AA CG	24/10/2014	Mpumalanga Top Schools 2014 High
109	37.64 L	P	Leah Jacobs	17	SASE CG	05/12/2014	EGA Championships Dec 2014
110	37.87 L	F	Ellen Van Niekerk	17	WELL WP	13/09/2014	WPA LC SENIOR LEAGUE 2
111	37.98 L	F	Daniella da Costa	17	NWUC NW	04/12/2014	NWS Championships 2014/2015
112	38.08 L	F	Esther Jacobs	17	TUKS NT	28/11/2014	2014 The Tshwane Mayoral Gala
113	38.19 L	F	Jada Smith	17	AQUA BO	27/11/2014	Buffalo City Championships 2014
114	38.28 L	F	Chante` Robinson	17	FAAC NC	25/10/2014	Flamingo Gala 2014
115	38.30 L	F	Marlene Reyneke	17	UPTS NC	15/01/2015	NOCASA Champs 2015
116	38.32 L	F	Chrisna Opperman	17	UPTS NC	21/11/2014	Upt Gala
117	38.37 L	F	Melanie Van Biljon	17	FISH SW	29/11/2014	SWDA LC Championships
118	38.62 L	F	Alida Stronkhorst	17	KSC MP	28/11/2014	KZN TYR Westville Sprints 2014
119	38.63 L	F	Vaishnavi Naidoo	17	BEAV KZ	28/11/2014	KZN TYR Westville Sprints 2014
120	38.64 L	F	Liané Erasmus	17	RTBHS NW	13/02/2015	NW Schools Swimming Championships
121	38.65 L	F	Jessica Samuel	17	BOKS ES	25/10/2014	EGA Summer 2_25 Oct 2014
122	38.69 L	F	Tamsin Creecy	17	UNI MP	31/10/2014	MP AGE GROUP 2 - 2014
123	38.80 L	F	Mariza Odendal	17	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
124	38.81 L	F	Geena Hendricks	17	UWCA WP	13/09/2014	WPA LC SENIOR LEAGUE 2
125	39.71 L	F	Suzani van der Merwe	17	BLSS FS	13/09/2014	Seals Gala 13 Sept 2014
126	40.22 L	F	Jordan Smith	17	DYNA NT	07/11/2014	NTS November 20014 Age Group -
127*	40.26 L	F	Hannah Livingstone	17	USH KZ	14/02/2015	KZN Uthungulu District Feb 2015 Age
127*	40.26 L	F	Melanie Badenhorst	17	KALA NC	23/01/2015	NOCASA Age Group 2 Kathu
129	40.64 L	F	Marjone Human	17	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
130	40.95 L	F	Carmen du Plessis	17	HH NW	13/02/2015	NW Schools Swimming Championships
131	41.05 L	F	Erin Anthony	17	WSAA WP	13/09/2014	WPA LC SENIOR LEAGUE 2
132	41.51 L	F	Jessica Wessels	17	SOUL ES	30/08/2014	Adrian Grafe Memorial Gala
133	41.54 L	F	Jessica Gouveia	17	PER CG	14/09/2014	CGA Level 1 gala No 1
134	41.63 L	F	Megan Jooste	17	BLAE CG	08/11/2014	CGA Level 1 gala No 3
135	41.77 L	F	Annelize Mentz	17	LIMSC LP	26/02/2015	Limpopo Province Interprovincial
136	43.84 L	F	Veronique Kock	17	PAQU WP	13/09/2014	WPA LC SENIOR LEAGUE 2
137	44.19 L	F	Zaakirah Hassan	17	ATLA CG	30/08/2014	Adrian Grafe Memorial Gala
138	44.60 L	F	Nazreen Cornish	17	HURA WP	13/09/2014	WPA LC SENIOR LEAGUE 2
139	45.67 L	F	Kelly Wilson	17	WSTV KZ	28/11/2014	KZN TYR Westville Sprints 2014
140	48.36 L	F	Carmen Booyesen	17	DDA NT	28/11/2014	2014 The Tshwane Mayoral Gala
141	50.10 L	F	Wandile Nyathi	17	SOWE CG	08/11/2014	CGA Level 1 gala No 3
142	51.42 L	F	Caitlyn Van Dyk	17	PSC NT	10/10/2014	NTS Oct 2014 Age Group Level 0+1
143	1:09.42 L	F	Firdaus Alli	17	ATLA CG	08/11/2014	CGA Level 1 gala No 3
144	1:39.78 L	F	Huda Abrahams	17	VINE WP	19/03/2015	SA Level 2 Regional Age Group Champs
<b>Women 17 100 Fly</b>							
1	1:01.75 L	F	Rita Naude	17	RSA	10/12/2014	African Union Sports-Region 5 Under 20
2	1:03.51 L	F	Elin Podéus	17	NKK ZZ	13/02/2015	SSA GRAND PRIX #1 -
3	1:04.38 L	F	Marlies Ross	17	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
4	1:05.05 L	P	Jamie Reynolds	17	RSA	10/12/2014	African Union Sports-Region 5 Under 20

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	1:05.15	L	S	Monica Boje	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
6	1:05.26	L	S	Michelle Mitchell	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
7	1:05.40	L	F	Cayla Saaiman	17	TUKS NT	10/12/2014 WP Championships 2014
8	1:06.23	L	P	Demi Lopes	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
9	1:06.30	L S	F	Carmen Le Roux	17	ACSA KZ	17/12/2014 KZN Premier Championships 2014
10	1:06.39	L	P	Kristin Bellingan	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
11	1:06.63	L	P	Tove Van Zyl	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
12	1:06.73	L	F	Khanya Jack	17	AQUA BO	12/03/2015 SA Level 3 National Age Group Champs
13	1:06.74	L	P	Camryn Wheals	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
14	1:07.75	L	F	Alison Basel	17	WATR CG	18/12/2014 CGA Open LC Championships 2014
15	1:07.97	L	P	Eune Odendaal	17	PSC NT	20/02/2015 Grand Prix Invitation Swimming Meet
16	1:08.21	L	P	Tia Dixon	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
17	1:08.39	L	F	Roh-Anne Coetzee	17	STAD CG	18/12/2014 CGA Open LC Championships 2014
18	1:08.58	L S	F	Tina Bahlmann	17	VIKI BO	17/12/2014 KZN Premier Championships 2014
19	1:08.60	L	F	Megan van Wyk	17	SGUL KZ	17/01/2015 KZN Age Group Gala 10
20	1:09.71	L	F	Larah Binedell	17	KZNA KZ	11/12/2014 SA Schools Swimming Championship
21	1:10.03	L	F	Amé Kleynhans	17	TUKS NT	04/12/2014 NTS Championships 2014
22	1:10.15	L	F	Nepo Ntsono	17	PEAS EP	05/12/2014 NMBA Championships 2014
23	1:10.18	L	P	Tessa Gough	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
24	1:10.41	L	F	Shukrallah Honiball	17	TUKS LP	28/11/2014 KZN TYR Westville Sprints 2014
25	1:10.84	L	F	Eliz-Maric Cronje	17	PGIM NW	13/02/2015 NW Schools Swimming Championships
26	1:11.38	L	P	Jo-Mari Kleinhans	17	MATI WP	10/12/2014 WP Championships 2014
27	1:11.52	L	F	Peta-Jayne Nel	17	HARL BO	27/11/2014 Buffalo City Championships 2014
28	1:11.53	L	F	Justine Jagga	17	CADO WP	10/12/2014 WP Championships 2014
29	1:11.64	L	F	Caylin du Plessis	17	OHS NW	13/02/2015 NW Schools Swimming Championships
30	1:11.85	L	F	Siph'esihle Hadebe	17	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
31	1:12.76	L S	P	Catherine Sainsbury	17	WSTV KZ	17/12/2014 KZN Premier Championships 2014
32	1:13.35	L	F	Kristy Kupfer	17	MDOL CG	01/11/2014 CGA Level 2-3 Gala No 3
33	1:13.64	L	F	Kirah Jackson	17	SASE CG	19/03/2015 SA Level 2 Regional Age Group Champs
34	1:13.79	L S	P	Marleni Kisten	17	BEAV KZ	17/12/2014 KZN Premier Championships 2014
35	1:14.73	L	P	Carla Nel	17	TUKS NT	04/12/2014 NTS Championships 2014
36	1:15.01	L	F	Danielle Smit	17	USC BO	23/01/2015 BCA January Age Group Gala 2015
37	1:15.13	L	F	Anél De Vos	17	TUKS LP	28/11/2014 Mpumalanga Championships 2014
38	1:15.23	L	F	Lemay van Rensburg	17	HREF NW	04/12/2014 NWS Championships 2014/2015
39	1:15.68	L	F	Jayme-Sue Vermaas	17	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
40	1:16.00	L	F	Kristen Jordan	17	HARL BO	27/11/2014 Buffalo City Championships 2014
41	1:16.10	L	F	Caitlyn Boake	17	UNIQ CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
42	1:16.26	L	P	Marichen Viviers	17	FLOD CG	19/03/2015 SA Level 2 Regional Age Group Champs
43	1:16.71	L	F	Micaela Gowar	17	EP EP	17/01/2015 Inter-Provincial Gala 2015
44	1:16.77	L	F	Kimberley Swan	17	FSE KZ	06/12/2014 Uthukela District Long Course
45	1:17.77	L	F	Irene Marangellis	17	BLOT FS	20/09/2014 Neptune Volvo Open Gala
46	1:18.32	L	F	Sarah Jennings	17	HASC CG	04/12/2014 NTS Championships 2014
47	1:18.44	L	F	Mareli Joubert	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
48	1:18.74	L	F	Frances Vd Walt	17	MDOL CG	01/11/2014 CGA Level 2-3 Gala No 3
49	1:18.99	L	P	Tyla Bassani	17	CRSC CG	05/12/2014 EGA Championships Dec 2014
50	1:19.20	L	F	Cassidy Muller	17	LAD KZ	13/12/2014 KZN Amajuba District Dec Age Group
51	1:19.45	L	F	Madri Bester	17	STELL NW	04/12/2014 NWS Championships 2014/2015
52	1:20.16	L	F	Caitlin Sleet	17	MATI WP	11/10/2014 WPA LC SENIOR LEAGUE 3
53	1:20.27	L	P	Chelsea Mills	17	CADO WP	10/12/2014 WP Championships 2014
54	1:20.72	L	F	Nadia Blaauw	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
55	1:21.02	L	F	Antache Reyneke	17	NWUC NW	01/11/2014 NWS Age Group 2 1415
56	1:21.80	L	P	Jessica Burgess	17	ESP ES	05/12/2014 EGA Championships Dec 2014
57	1:21.88	L	F	Michlene Pedro	17	BOKS ES	27/09/2014 EGA Summer 1
58	1:22.19	L	F	Hanti Brits	17	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	1:22.81	L	P	Mia Truter	17	TUKS NT	04/12/2014 NTS Championships 2014
60	1:24.27	L	F	Lauren Barnes	17	BENS ES	27/09/2014 EGA Summer 1
61	1:24.35	L	F	Kirstene Grant	17	USH KZ	31/01/2015 Ushaka Championship Gala 2015
62	1:24.47	L	F	Emma Kiely	17	ROA SW	18/10/2014 1st A League Gala
63	1:24.94	L	F	Suzette Steenkamp	17	UPTS NC	25/10/2014 Flamingo Gala 2014
64	1:25.22	L	F	Nienke Pretorius	17	BLOT FS	17/10/2014 Otters Prestige Gala 2014
65	1:25.70	L	P	Monique-Marzaney Hilbig	17	DORE CG	05/12/2014 EGA Championships Dec 2014
66	1:26.10	L	F	Gita Pera	17	CADO WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
67	1:26.68	L	F	IIne Cilliers	17	BLOT FS	17/10/2014 Otters Prestige Gala 2014
68	1:26.69	L	F	Jodi Turner	17	ESP ES	27/09/2014 EGA Summer 1
69	1:28.03	L	F	Suzanne Engelbrecht	17	HARB NW	04/12/2014 NWS Championships 2014/2015
70	1:28.44	L	F	Marlene Reyneke	17	UPTS NC	15/01/2015 NOCASA Champs 2015
71	1:29.05	L	F	Zandalee Bezuidenhout	17	LINR CG	14/02/2015 CGA Level 2/3 Gala No 4
72	1:30.30	L	F	Rylee Bronkhorst	17	PRA MP	28/11/2014 Mpumalanga Championships 2014
73	1:33.50	L	F	Meghan Bartie	17	SOUL ES	21/06/2014 Winter 1
74	1:43.99	L	F	Tiffany vd Merwe	17	TUKS NT	15/08/2014 NTS August 20014 Age Group -
75	1:50.66	L	F	Kelly Wilson	17	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
<b>Women 17 200 Fly</b>							
1	2:19.27	L	F	Carmen Le Roux	17	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
2	2:21.36	L	F	Kristin Bellingan	17	CYBE WP	13/02/2015 SSA GRAND PRIX #1 -
3	2:23.73	L	P	Monica Boje	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
4	2:24.26	L	F	Michelle Mitchell	17	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
5	2:27.53	L	F	Marlies Ross	17	TUKS NT	07/11/2014 NTS November 20014 Age Group -
6	2:28.60	L	S	Demi Lopes	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
7	2:31.80	L	F	Roh-Anne Coetzee	17	STAD CG	18/12/2014 CGA Open LC Championships 2014
8	2:34.39	L	F	Justine Jagga	17	CADO WP	10/12/2014 WP Championships 2014
9	2:35.88	L	F	Khanya Jack	17	AQUA BO	12/03/2015 SA Level 3 National Age Group Champs
10	2:39.86	L	F	Nepo Ntsono	17	PEAS EP	25/10/2014 3rd A-League Gala 2014
11	2:41.32	L	F	Tina Bahlmann	17	VIKI BO	31/10/2014 Buffalo City November Age Group Gala
12	2:41.61	L	F	Siph'esihle Hadebe	17	TUKS NT	15/08/2014 NTS August 20014 Age Group -
13	2:43.67	L	F	Rita Naude	17	TUKS NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
14	2:51.09	L	F	Tyla Bassani	17	CRSC CG	05/12/2014 EGA Championships Dec 2014
15	2:53.24	L	F	Peta-Jayne Nel	17	HARL BO	13/02/2015 Buffalo City Aquatics February Age
16	3:01.55	L	F	Caylin du Plessis	17	OHS NW	13/02/2015 NW Schools Swimming Championships
17	3:04.24	L	F	Irene Marangellis	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
18	3:12.13	L	F	Cassidy Muller	17	LAD KZ	06/12/2014 Uthukela District Long Course
19	3:15.31	L	F	Nienke Pretorius	17	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
<b>Women 17 200 IM</b>							
1	2:15.17	L	P	Marlies Ross	17	RSA	24/07/2014 Commonwealth Games Swimming
2	2:21.18	L	F	Megan van Wyk	17	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
3	2:22.64	L	F	Emily Visagie	17	SGUL KZ	17/12/2014 KZN Premier Championships 2014
4	2:22.91	L	F	Tatjana Schoenmaker	17	RSA	23/05/2014 2nd African Youth Games,Botswana
5	2:25.00	L	S	Roh-Anne Coetzee	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
6	2:25.17	L	P	Caila Davids	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
7	2:25.64	L	S	Alison Basel	17	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
8	2:26.98	L	F	Cayla Saaiman	17	TUKS NT	10/12/2014 WP Championships 2014
9	2:27.13	L	S	Demi Lopes	17	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
10	2:28.28	L	P	Jamie Reynolds	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
11	2:28.99	L	P	Carmen Le Roux	17	RSA	10/12/2014 African Union Sports-Region 5 Under 20
12	2:29.56	L	F	Rita Naude	17	NTS NT	24/10/2014 2014 NTS Sen Inter Prov
13	2:29.94	L	P	Monica Boje	17	TYGE WP	12/03/2015 SA Level 3 National Age Group Champs
14	2:31.42	L	F	Emma Kiely	17	ROA SW	29/11/2014 SWDA LC Championships
15	2:31.49	L	P	Mikal Botha	17	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
16	2:31.76	L	F	Justine Jagga	17	CADO WP	13/02/2015 SSA GRAND PRIX #1 -

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
17	2:32.30	L	P	Kristy Kupfer	17	MDOL	CG 12/03/2015 SA Level 3 National Age Group Champs
18	2:32.94	L	P	Tove Van Zyl	17	TUKS	NT 12/03/2015 SA Level 3 National Age Group Champs
19	2:32.95	L	P	Ashleigh Fitzgerald	17	ELEC	CG 12/03/2015 SA Level 3 National Age Group Champs
20	2:33.09	L	P	Tessa Gough	17	ELEC	CG 04/12/2014 NTS Championships 2014
21	2:33.19	L	P	Shukrallah Honiball	17	LP	LP 13/04/2015 Sa National Aquatic Championship 2015
22	2:33.36	L	P	Rachel Stevenson	17	GZSA	NT 12/03/2015 SA Level 3 National Age Group Champs
23	2:33.67	L	P	Eune Odendaal	17	PSC	NT 12/03/2015 SA Level 3 National Age Group Champs
24	2:33.73	L	F	Kira Baptiste	17	PSC	NT 04/12/2014 NTS Championships 2014
25	2:34.26	L	F	Eliz-Maric Cronje	17	NWS	NW 31/01/2015 4 + 1 Inter Provincial Gala 2015
26	2:36.06	L	F	Kristin Bellingan	17	CYBE	WP 08/11/2014 WPA LC SENIOR LEAGUE 4
27	2:36.12	L	P	Lemay van Rensburg	17	NWS	NW 13/04/2015 Sa National Aquatic Championship 2015
28	2:36.63	L	P	Khanya Jack	17	AQUA	BO 12/03/2015 SA Level 3 National Age Group Champs
29	2:37.97	L	F	Nadia Blaauw	17	NWUC	NW 04/12/2014 NWS Championships 2014/2015
30	2:38.83	L	P	Caitlin Crow	17	HASC	CG 12/03/2015 SA Level 3 National Age Group Champs
31	2:38.88	L	P	Danielle Smit	17	BCA	BO 13/04/2015 Sa National Aquatic Championship 2015
32	2:38.91	L	F	Bathandwa Dyantyi	17	AQUA	BO 23/01/2015 BCA January Age Group Gala 2015
33	2:38.92	L	F	Chelsea Meiring	17	SEAL	KZ 28/11/2014 KZN TYR Westville Sprints 2014
34	2:39.03	L	P	Siph'esihle Hadebe	17	TUKS	NT 04/12/2014 NTS Championships 2014
35	2:39.12	L	F	Camryn Wheals	17	TUKS	NT 19/09/2014 NTS Sep 2014 Age Group Lev 2+3
36	2:40.16	L	P	Larah Binedell	17	KZNA	KZ 11/12/2014 SA Schools Swimming Championship
37	2:40.44	L	F	Tina Bahlmann	17	VIKI	BO 31/10/2014 Buffalo City November Age Group Gala
38	2:41.05	L	P	Anél De Vos	17	TUKS	LP 19/03/2015 SA Level 2 Regional Age Group Champs
39	2:41.16	L	P	Nepo Ntsono	17	PEAS	EP 16/07/2014 IAG Championships & Summer Open
40	2:41.63	L	F	Tia Dixon	17	MATI	WP 13/02/2015 NTS Feb 2015 Age Group Lev 2+3
41	2:42.00	L	P	Sally Tarr	17	WATR	CG 19/03/2015 SA Level 2 Regional Age Group Champs
42	2:42.45	L	P	Mignon Swanepoel	17	TUKS	NT 04/12/2014 NTS Championships 2014
43	2:43.05	L	P	Caylin du Plessis	17	NWUC	NW 19/03/2015 SA Level 2 Regional Age Group Champs
44	2:43.22	L	P	Gabriella Bertone	17	STAD	CG 19/03/2015 SA Level 2 Regional Age Group Champs
45	2:43.70	L	F	Chelsea Mills	17	CADO	WP 19/03/2015 SA Level 2 Regional Age Group Champs
46	2:43.78	L	F	Jo-Mari Kleinhans	17	MATI	WP 29/11/2014 WP STRAND MEET - DISTANCE
47	2:44.22	L	F	Caitlin Sleet	17	MATI	WP 29/11/2014 WP STRAND MEET - DISTANCE
48	2:44.72	L	P	Suzette Steenkamp	17	CLSC	WP 19/03/2015 SA Level 2 Regional Age Group Champs
49	2:44.76	L	F	Michlene Pedro	17	BOKS	ES 19/03/2015 SA Level 2 Regional Age Group Champs
50	2:44.85	L	P	Sarah Jennings	17	HASC	CG 04/12/2014 NTS Championships 2014
51	2:45.08	L	P	Marleni Kisten	17	BEAV	KZ 17/12/2014 KZN Premier Championships 2014
52	2:45.15	L	F	Iine Cilliers	17	BLOT	FS 03/12/2014 Mangaung Aquatics Championship 2014
53	2:45.43	L	F	Amé Kleynhans	17	TUKS	NT 30/08/2014 Adrian Grafe Memorial Gala
54	2:45.56	L	P	Caitlyn Boake	17	UNIQ	CG 18/12/2014 CGA Open LC Championships 2014
55	2:45.60	L	F	Carla Nel	17	TUKS	NT 19/09/2014 NTS Sep 2014 Age Group Lev 2+3
56	2:45.62	L	F	Jessica Burgess	17	ESP	ES 31/01/2015 EGA Summer 4
57	2:45.64	L	F	Rebecca Barrow	17	DORE	CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
58	2:45.83	L	F	Kristen Jordan	17	HARL	BO 23/01/2015 BCA January Age Group Gala 2015
59	2:45.94	L	P	Georgie Trodd	17	SEAL	KZ 17/12/2014 KZN Premier Championships 2014
60	2:45.96	L	F	Ella Mencil	17	MDOL	CG 20/06/2014 IV Trofeo Citta di Pescara
61	2:46.15	L	F	Joelle Thevenau	17	SGUL	KZ 06/12/2014 KZN Age Group 9 Gala
62	2:46.36	L	P	Inge Lombard	17	TUKS!	NT 19/03/2015 SA Level 2 Regional Age Group Champs
63	2:46.65	L	F	Celesté Vermeulen	17	PHS	LP 17/10/2014 Limpopo Schools Champs October 2014
64	2:46.88	L	P	Paola Schildhauer	17	DDA	NT 19/03/2015 SA Level 2 Regional Age Group Champs
65	2:47.04	L	F	Julia Trummer	17	DORE	CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
66	2:47.69	L	P	Danielle Jordaen	17	HILL	NT 19/03/2015 SA Level 2 Regional Age Group Champs
67	2:47.70	L	F	Chante` Robinson	17	FAAC	NC 25/10/2014 Flamingo Gala 2014
68	2:47.76	L	F	Tyla Bassani	17	CRSC	CG 05/12/2014 EGA Championships Dec 2014
69	2:47.86	L	F	Irene Marangellis	17	EUNIC	FS 31/10/2014 FS Schools Gala Proewe 2014
70	2:48.36	L	P	Lauren Barnes	17	BENS	ES 19/03/2015 SA Level 2 Regional Age Group Champs

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
71	2:48.71 L	F	Annelize Mentz	17	PHS LP	17/10/2014 Limpopo Schools Champs October 2014
72	2:49.03 L	F	Gita Pera	17	CADO WP	10/12/2014 WP Championships 2014
73	2:49.04 L	P	Joselyn Brazzer	17	WATR CG	18/12/2014 CGA Open LC Championships 2014
74	2:49.22 L	F	Hanti Brits	17	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
75	2:49.43 L	F	Jayme-Sue Vermaas	17	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
76	2:49.55 L	F	Tyla Fleischer	17	OLDE CG	01/11/2014 CGA Level 2-3 Gala No 3
77	2:49.59 L	F	Madri Bester	17	STELL NW	04/12/2014 NWS Championships 2014/2015
78	2:50.19 L	F	Antache Reyneke	17	NWUC NW	01/11/2014 NWS Age Group 2 1415
79	2:50.50 L	F	Gretchen Durr	17	ASA WP	29/11/2014 WP STRAND MEET - DISTANCE
80	2:50.75 L	F	Nicole Robertson	17	TUKS NT	16/01/2015 NTS Jan 2015 Age Group Combined
81	2:50.84 L	P	Kirah Jackson	17	SASE CG	19/03/2015 SA Level 2 Regional Age Group Champs
82	2:50.90 L	F	Danielle Dirksen	17	GREY WP	10/12/2014 WP Championships 2014
83	2:50.97 L	F	Nienke Pretorius	17	BLOT FS	23/09/2014 FSA Liga 1
84	2:51.09 L	F	Mia Truter	17	TUKS NT	13/02/2015 NTS Feb 2015 Age Group Lev 2+3
85	2:51.13 L	F	Megan Hugo	17	SASOL FS	31/10/2014 FS Schools Gala Proewe 2014
86	2:51.47 L	F	Marichen Viviers	17	FLOD CG	25/10/2014 EGA Summer 2_25 Oct 2014
87	2:51.66 L	F	Gabriella Nutter	17	MDOL CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
88	2:52.00 L	F	Frances Vd Walt	17	MDOL CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
89	2:52.21 L	F	Jacoba Fourie	17	NWUC NW	01/11/2014 NWS Age Group 2 1415
90	2:52.81 L	F	Elzaan Le Roux	17	WELL WP	29/11/2014 WP STRAND MEET - DISTANCE
91	2:53.25 L	F	Mareli Joubert	17	TUKS NT	15/08/2014 NTS August 20014 Age Group -
92	2:53.79 L	P	Kirsty Maritz	17	BOKS ES	05/12/2014 EGA Championships Dec 2014
93	2:54.04 L	F	Telana Hugo	17	USC BO	31/10/2014 Buffalo City November Age Group Gala
94	2:54.61 L	P	Laura Berzen	17	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
95	2:55.45 L	P	Micaela Gowar	17	AQUB EP	19/03/2015 SA Level 2 Regional Age Group Champs
96	2:55.51 L	F	Ellen Van Niekerk	17	WELL WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
97	2:55.59 L	F	Ashley Reimers	17	VRY KZ	31/01/2015 Ushaka Championship Gala 2015
98	2:56.17 L	P	Jodi Turner	17	ESP ES	05/12/2014 EGA Championships Dec 2014
99	2:56.28 L	F	Cassidy Stockigt	17	FLOD CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
100	2:57.11 L	F	Jessica Wright	17	AQUB EP	08/11/2014 4th A-League Gala 2014
101	2:57.63 L	F	Dante Engelbrecht	17	KHS NW	24/10/2014 Mpumalanga Top Schools 2014 High
102	2:58.75 L	F	Cassidy Muller	17	LAD KZ	13/12/2014 KZN Amajuba District Dec Age Group
103	2:59.63 L	F	Kirstene Grant	17	USH KZ	31/01/2015 Ushaka Championship Gala 2015
104	2:59.77 L	P	Jada Smith	17	AQUA BO	19/03/2015 SA Level 2 Regional Age Group Champs
105	2:59.89 L	F	Emma Parsons	17	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
106	3:00.79 L	F	Jessica Grose	17	STAD CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
107	3:00.82 L	F	Marlene Reyneke	17	UPTS NC	15/01/2015 NOCASA Champs 2015
108	3:01.16 L	F	Jacquelene Piso	17	FINS MP	23/01/2015 MP Age Group 3 - 23/24 January 2015
109	3:01.54 L	F	Jessica Macaulay	17	BLNE FS	25/02/2015 Inter High School Gala - 25 February
110	3:02.38 L	F	Kayla-Marie Kruger	17	CSC NT	13/09/2014 2014 Speedo Hillcrest Sprint Gala
111	3:02.55 L	F	Anelda Lourens	17	DDA NT	15/08/2014 NTS August 20014 Age Group -
112	3:04.10 L	F	Lauren Ogg	17	UPC MP	24/10/2014 Mpumalanga Top Schools 2014 High
113	3:04.62 L	P	Leah Jacobs	17	SASE CG	05/12/2014 EGA Championships Dec 2014
114	3:04.87 L	F	Kirsten Vd Lingen	17	HAMM NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
115	3:05.59 L	F	Jessica Samuel	17	BOKS ES	25/10/2014 EGA Summer 2_25 Oct 2014
116	3:06.20 L	F	Rylee Bronkhorst	17	PRA MP	28/11/2014 KZN TYR Westville Sprints 2014
117	3:06.29 L	F	Mariza Odendal	17	BLNE FS	26/02/2015 FSA Liga 6
118	3:06.59 L	F	Michaela Peinke	17	USC BO	31/01/2015 Uitenhage Swimming Club Gala 2015
119	3:06.96 L	F	Leah Jacobs	17	SASE CG	08/11/2014 CGA Level 1 gala No 3
120	3:06.98 L	F	Melanie Van Biljon	17	FISH SW	31/10/2014 Freda Barnard Gala
121	3:07.77 L	F	Daniella da Costa	17	NWUC NW	04/12/2014 NWS Championships 2014/2015
122	3:09.44 L	F	Kimberley Swan	17	FSE KZ	08/11/2014 KZN Uthungulu Nov Age Group Gala
123	3:09.90 L	F	Geena Hendricks	17	UWCA WP	31/01/2015 WPA LC Senior League 5
124	3:10.33 L	P	Meghan Bartie	17	SOUL ES	05/12/2014 EGA Championships Dec 2014

## Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
125	3:10.34	L	F	Jessica Wessels	17	SOUL ES 21/06/2014 Winter 1
126	3:10.97	L	F	Suzanne Engelbrecht	17	HARB NW 04/12/2014 NWS Championships 2014/2015
127	3:11.52	L	F	Zandalee Bezuidenhout	17	LINR CG 14/09/2014 CGA Level 1 gala No 1
128	3:11.55	L	F	Elzanie Pietersen	17	UNI MP 03/10/2014 MP Age Group 1 - 2014
129	3:12.88	L S	F	Kirah-Lee van Heerden	17	USC BO 10/01/2015 5th A-League Gala 2014
130	3:13.81	L	F	Andrea Dries	17	SWIFT ES 25/10/2014 EGA Summer 2_25 Oct 2014
131	3:14.01	L	F	Kaylin Horn	17	PSC NT 28/11/2014 2014 The Tshwane Mayoral Gala
132	3:14.32	L	F	Ashleigh Addison	17	UNI MP 31/10/2014 MP AGE GROUP 2 - 2014
133	3:16.07	L	F	Chrisna Opperman	17	UPTS NC 15/01/2015 NOCASA Champs 2015
134	3:16.50	L	F	Esther Jacobs	17	TUKS NT 26/09/2014 NTS Sep 2014 Age Group Level 0+1
135	3:16.80	L	F	Mia Nel	17	FAAC NC 15/01/2015 NOCASA Champs 2015
136	3:17.49	L	F	Veronique Kock	17	PAQU WP 29/11/2014 WP STRAND MEET - DISTANCE
137	3:18.00	L	F	Marjone Human	17	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
138	3:20.20	L	F	Monique-Marzaney Hilbig	17	DORE CG 08/11/2014 CGA Level 1 gala No 3
139	3:20.44	L	F	Rebecca Manners-Wood	17	STPS KZ 28/11/2014 KZN TYR Westville Sprints 2014
140	3:20.76	L	F	Tiffany vd Merwe	17	TUKS NT 15/08/2014 NTS August 20014 Age Group -
141	3:24.87	L	F	Caitlyn Van Dyk	17	PSC NT 16/01/2015 NTS Jan 2015 Age Group Combined
142	3:26.58	L	F	Ashleigh Green	17	NWUC NW 01/11/2014 NWS Age Group 2 1415
143	3:33.89	L	F	Jeanne-Ami Steenkamp	17	FAAC NC 23/01/2015 NOCASA Age Group 2 Kimberley
144	3:35.27	L	F	Denika Petzer	17	KFSC BO 13/02/2015 Buffalo City Aquatics February Age
145	3:35.88	L	F	Kelly Wilson	17	WSTV KZ 28/11/2014 KZN TYR Westville Sprints 2014
146	3:36.47	L	F	Lara Fourie	17	USH KZ 06/12/2014 KZN Uthungulu District Dec Age Group
147	3:39.31	L	F	Zaakirah Hassan	17	ATLA CG 30/08/2014 Adrian Grafe Memorial Gala
148	3:42.99	L	F	Nazreen Cornish	17	HURA WP 08/11/2014 WPA LC SENIOR LEAGUE 4
149	3:46.65	L	F	Idelette Nel	17	AQUB EP 22/11/2014 PEA Gala 2014
150	3:52.73	L	F	Carmen Booysen	17	DDA NT 26/09/2014 NTS Sep 2014 Age Group Level 0+1
151	4:00.26	L	F	Yolandre van Rooyen	17	BLOT FS 13/09/2014 Seals Gala 13 Sept 2014
152	7:00.87	L	F	Huda Abrahams	17	VINE WP 08/11/2014 WPA LC SENIOR LEAGUE 4
<b>Women 17 400 IM</b>						
1	4:48.51	L	F	Marlies Ross	17	TUKS NT 20/06/2014 IV Trofeo Citta di Pescara
2	4:57.33	L	F	Megan van Wyk	17	SGUL KZ 12/03/2015 SA Level 3 National Age Group Champs
3	5:00.52	L	F	Carmen Le Roux	17	ACSA KZ 17/12/2014 KZN Premier Championships 2014
4	5:05.82	L	F	Roh-Anne Coetzee	17	CGA CG 13/04/2015 Sa National Aquatic Championship 2015
5	5:11.90	L	F	Demi Lopes	17	TUKS NT 17/12/2014 KZN Premier Championships 2014
6	5:21.07	L	F	Justine Jagga	17	CADO WP 10/12/2014 WP Championships 2014
7	5:21.89	L	F	Shukrallah Honiball	17	TUKS! LP 12/03/2015 SA Level 3 National Age Group Champs
8	5:27.27	L	F	Kristin Bellingan	17	CYBE WP 14/06/2014 WPA SC SENIOR LEAGUE 2 -
9	5:33.18	L	F	Tessa Gough	17	ELEC CG 04/12/2014 NTS Championships 2014
10	5:35.24	L	F	Eliz-Maric Cronje	17	PGIM NW 13/02/2015 NW Schools Swimming Championships
11	5:35.25	L	F	Bathandwa Dyantyi	17	AQUA BO 12/03/2015 SA Level 3 National Age Group Champs
12	5:35.75	L	F	Khanya Jack	17	AQUA BO 12/03/2015 SA Level 3 National Age Group Champs
13	5:39.47	L	F	Mikal Botha	17	TUKS NT 13/02/2015 NTS Feb 2015 Age Group Lev 2+3
14	5:42.53	L	F	Anél De Vos	17	TUKS LP 28/11/2014 Mpumalanga Championships 2014
15	5:57.18	L	F	Danielle Jordaan	17	HILL NT 16/01/2015 NTS Jan 2015 Age Group Combined
16	5:59.96	L	F	Jessica Burgess	17	ESP ES 05/12/2014 EGA Championships Dec 2014
17	6:05.80	L	F	Chelsea Mills	17	CADO WP 14/06/2014 WPA SC SENIOR LEAGUE 2 -
18	6:11.39	L	F	Antache Reyneke	17	NWUC NW 04/12/2014 NWS Championships 2014/2015
19	6:23.14	L	F	Nienke Pretorius	17	BLOT FS 03/12/2014 Mangaung Aquatics Championship 2014
20	6:24.06	L	F	Irene Marangellis	17	BLOT FS 03/12/2014 Mangaung Aquatics Championship 2014
21	6:27.44	L	F	Cassidy Muller	17	LAD KZ 06/12/2014 Uthukela District Long Course
22	6:58.58	L	F	Tiffany vd Merwe	17	TUKS NT 17/10/2014 NTS Oct 2014 Age Group Lev 2+3
23	7:31.00	L	F	Denika Petzer	17	KFSC BO 13/02/2015 Buffalo City Aquatics February Age