

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16	50 Free						
1	25.93 L	F	Erin Gallagher	16	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
2	27.77 L	P	Caitlin Lewington	16	STAD CG	20/06/2014	IV Trofeo Citta di Pescara
3	27.83 L	F	Jamie Edwards	16	ELEC CG	04/12/2014	NTS Championships 2014
4	27.90 L	P	Nastasiya Vrey	16	PSC NT	04/12/2014	NTS Championships 2014
5	27.95 L	F	Tatum Tarpey	16	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
6	27.99 L	F	Marne Groenewald	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
7	28.28 L	F	Linda Groenewald	16	BLOT FS	12/03/2015	SA Level 3 National Age Group Champs
8	28.33 L	F	Leam Strydom	16	ACSA KZ	12/03/2015	SA Level 3 National Age Group Champs
9	28.38 L	P	Hannah McLean-Leonard	16	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
10	28.40 L	S	Nicola MacDonald	16	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
11	28.46 L	F	Courtney Van Biljon	16	TUKS NT	04/12/2014	NTS Championships 2014
12	28.62 L	F	Sanchia Booth	16	PEAS EP	19/03/2015	SA Level 2 Regional Age Group Champs
13	28.72 L	S	Kristina Rogge	16	AZON KZ	12/03/2015	SA Level 3 National Age Group Champs
14	28.85 L	P	Nathania Van Niekerk	16	MDOL CG	18/12/2014	CGA Open LC Championships 2014
15	28.87 L	P	Regan Saunders	16	UNIQ CG	18/12/2014	CGA Open LC Championships 2014
16	28.88 L	F	Roxanne Brown	16	RSA	10/12/2014	African Union Sports-Region 5 Under 20
17	28.99 L	F	Marne' Meier	16	PAC NT	19/03/2015	SA Level 2 Regional Age Group Champs
18	29.07 L	P	Kirsten Reeves	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
19	29.10 L	P	Bianca Gray	16	FS FS	13/04/2015	Sa National Aquatic Championship 2015
20*	29.14 L	P	Johanna Van Niekerk	16	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
20*	29.14 L L	F	Leigh-Anne Behrens	16	CRSC CG	05/12/2014	EGA Championships Dec 2014
22	29.18 L	F	Marne Frylinck	16	KOVS FS	03/12/2014	Mangaung Aquatics Championship 2014
23	29.20 L	P	Julie-Ann Wagner	16	ELEC CG	12/03/2015	SA Level 3 National Age Group Champs
24	29.28 L	F	Anna Cocks	16	VIKI BO	17/12/2014	KZN Premier Championships 2014
25	29.32 L	F	Jessé de Kock	16	FS FS	11/12/2014	SA Schools Swimming Championship
26	29.36 L L	F	Kristen Davis	16	KLOO KZ	03/10/2014	Sasol National Championship 2014
27	29.38 L	F	Danëlle Joubert	16	WELL WP	10/12/2014	WP Championships 2014
28*	29.43 L	F	Roseline Loubser	16	BARR WP	10/12/2014	WP Championships 2014
28*	29.43 L	F	Savannah Barman	16	BOKS ES	05/12/2014	EGA Championships Dec 2014
30	29.49 L	F	Ianthé vd Westhuizen	16	STAD CG	01/11/2014	CGA Level 2-3 Gala No 3
31	29.51 L	P	Samantha Whelan	16	STAD CG	12/03/2015	SA Level 3 National Age Group Champs
32	29.52 L	F	Peta Venter	16	PWAC NW	01/11/2014	NWS Age Group 2 1415
33	29.54 L	P	Caroux De Lange	16	WSAA WP	12/03/2015	SA Level 3 National Age Group Champs
34	29.59 L	F	Aimee Mittermayer-Madureir	16	FSE KZ	31/01/2015	Ushaka Championship Gala 2015
35	29.60 L	F	Nicole Dooling	16	BLOT FS	03/10/2014	Sasol National Championship 2014
36	29.62 L	P	Megan Botha	16	MDOL CG	19/03/2015	SA Level 2 Regional Age Group Champs
37	29.66 L	F	Jamie Gardiner	16	SASE CG	18/12/2014	CGA Open LC Championships 2014
38	29.70 L	P	Ashleigh Riley	16	SOUL ES	19/03/2015	SA Level 2 Regional Age Group Champs
39*	29.77 L	F	Jordyn Irvine	16	TUKS NT	07/11/2014	NTS November 20014 Age Group -
39*	29.77 L	P	Kiyana Bartleson	16	TUKS NT	04/12/2014	NTS Championships 2014
41	29.80 L	P	Demi Joseph	16	STAD CG	18/12/2014	CGA Open LC Championships 2014
42	29.81 L	F	Yvonne Du Plessis	16	SWDA SW	17/01/2015	Inter-Provincial Gala 2015
43*	29.91 L	F	Emily Van Niekerk	16	SEDI VT	08/11/2014	NFSA Four Provinces Interprovincial 8
43*	29.91 L	F	Lisa Delpoit	16	FAAC NC	14/02/2015	Nocasa Age Group 4 2015 Kimberley
45	29.94 L	F	Nicola De Pinto	16	CYBE WP	31/01/2015	WPA LC Senior League 5
46*	29.99 L	P	Alice' Maritz	16	UPTS NC	12/03/2015	SA Level 3 National Age Group Champs
46*	29.99 L	P	Erin Anderson	16	STAD CG	20/06/2014	IV Trofeo Citta di Pescara
48	30.00 L	F	Daniela Passoni	16	MDOL CG	31/01/2015	EGA Summer 4
49	30.04 L	F	Lauren-Mae McBlain	16	ASA WP	11/10/2014	WPA LC SENIOR LEAGUE 3
50	30.06 L	P	Danè Meier	16	WPA WP	13/04/2015	Sa National Aquatic Championship 2015
51	30.07 L	F	Sulé Vd Merwe	16	LIMSC LP	26/02/2015	Limpopo Province Interprovincial
52*	30.14 L	F	Kyra Vivian	16	UNIQ CG	20/09/2014	CGA Level 2-3 Gala No 1 2014
52*	30.14 L	P	Benita Loedolff	16	PSC NT	04/12/2014	NTS Championships 2014

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	Time	P/F/S	Name	Age/Yr		
52*	30.14 L	F	Maria Heymans	16	VICT ES	05/12/2014 EGA Championships Dec 2014
55	30.17 L	F	Thalia Bothma	16	FISH SW	29/11/2014 SWDA LC Championships
56	30.20 L	P	Luca Van Greunen	16	WSTV KZ	17/12/2014 KZN Premier Championships 2014
57	30.25 L	P	Amarah Rangraze	16	ATLA CG	05/12/2014 EGA Championships Dec 2014
58*	30.26 L	F	Gretchen Bekker	16	HBV LP	17/10/2014 Limpopo Schools Champs October 2014
58*	30.26 L	F	Nicole Heap	16	CRSC CG	05/12/2014 EGA Championships Dec 2014
60	30.29 L	P	Tara Wheeler	16	STPS KZ	17/12/2014 KZN Premier Championships 2014
61	30.39 L	F	Megan Short	16	MP MP	11/12/2014 SA Schools Swimming Championship
62*	30.40 L	F	Jordin Brett	16	SWIFT ES	25/10/2014 EGA Summer 2_25 Oct 2014
62*	30.40 L	P	Melissa Carney	16	DDA NT	19/03/2015 SA Level 2 Regional Age Group Champs
64	30.41 L	F	Elizabeth Rautenbach	16	HBV LP	24/10/2014 Mpumalanga Top Schools 2014 High
65	30.48 L	F	Michaela Vermaak	16	WSAA WP	17/10/2014 Limpopo Schools Champs October 2014
66	30.49 L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
67	30.56 L	F	Nasha Van Rensburg	16	TYGE WP	11/10/2014 WPA LC SENIOR LEAGUE 3
68	30.58 L	F	Emma Howard	16	STPS KZ	19/03/2015 SA Level 2 Regional Age Group Champs
69*	30.64 L	F	Jonatha Marais	16	GREY WP	11/10/2014 WPA LC SENIOR LEAGUE 3
69*	30.64 L	F	Zahra Ayyoub	16	VINE WP	11/10/2014 WPA LC SENIOR LEAGUE 3
71	30.68 L	F	Izell Vd Westhuizen	16	ROA SW	18/10/2014 1st A League Gala
72	30.70 L	F	Joane Kuun	16	FISH SW	21/02/2015 SWD 6th A-League
73*	30.71 L	F	Brigitte Muller	16	BEST EP	05/12/2014 NMBA Championships 2014
73*	30.71 L	F	Mizan Viljoen	16	NAUDE FS	31/10/2014 FS Schools Gala Proewe 2014
75	30.80 L	F	Anne Marais	16	FISH SW	18/10/2014 1st A League Gala
76	30.82 L	F	Nadia de Kock	16	USC BO	27/11/2014 Buffalo City Championships 2014
77	30.83 L	F	Shaunagh Le Sur	16	STPS KZ	06/12/2014 KZN Age Group 9 Gala
78	30.84 L	F	Mariette Kemp	16	HILL NT	07/11/2014 NTS November 20014 Age Group -
79	30.85 L	F	Mariëtte Brand	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
80	30.92 L	F	Aimee Salter	16	ROA SW	15/11/2014 2nd SWD A League Gala
81	30.95 L	F	Harriet van Jaarsveld	16	BLSS FS	17/10/2014 Otters Prestige Gala 2014
82	30.98 L	P	Olivia Hudson	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
83*	30.99 L	F	Clarissa Hansen	16	NWS NW	08/11/2014 NFSA Four Provinces Interprovincial 8
83*	30.99 L	F	Annabel Rood	16	AA CG	24/10/2014 Mpumalanga Top Schools 2014 High
85	31.06 L	P	Lissa Fourie	16	FISH SW	12/03/2015 SA Level 3 National Age Group Champs
86	31.07 L	F	Kelly Ebing	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
87	31.08 L	F	Marilie Terblanche	16	ROA SW	08/02/2015 SWDA 5th A League Gala
88	31.12 L	F	Michelle Van der Sande	16	DDA NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
89*	31.13 L	F	Megan Dateline	16	ELEC CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
89*	31.13 L S	F	Amy Mardon	16	AQUB EP	07/02/2015 6th A-League Gala 2014
91	31.14 L	F	Annette Rabe	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
92	31.16 L	F	Tyla Loubser	16	WELA NF	22/11/2014 Welkom League Gala 2 2014
93	31.18 L	F	Amy Keech	16	BEST EP	05/12/2014 NMBA Championships 2014
94	31.21 L	F	Vanessa Van der Merwe	16	NEWS KZ	07/02/2015 KZN Amajuba District Feb 2015 Age
95	31.31 L	F	Kendra Underwood	16	KNYS SW	18/10/2014 1st A League Gala
96	31.33 L	P	Keara Bothma	16	ESP ES	27/03/2015 SA Level 1 Regional Age Group Champs
97	31.36 L	P	Willa Roux	16	WHFC WP	20/02/2015 WP Jack Currie Championships 2015
98	31.47 L	F	Elizabeth Murray	16	PEAS EP	25/10/2014 3rd A-League Gala 2014
99*	31.50 L	F	Georgia-Mai Ng-Yu-Tin	16	STPS KZ	17/01/2015 KZN Age Group Gala 10
99*	31.50 L	F	Victoria Griffiths	16	UNIQ CG	27/03/2015 SA Level 1 Regional Age Group Champs
101	31.53 L	P	Ayesha Valli	16	ATLA CG	27/03/2015 SA Level 1 Regional Age Group Champs
102	31.60 L	F	Jena Harrison	16	UNI MP	27/03/2015 SA Level 1 Regional Age Group Champs
103	31.70 L	F	Cherne Midgley	16	FLOD CG	27/03/2015 SA Level 1 Regional Age Group Champs
104	31.73 L	P	Chris-Mari Lombaard	16	BARR WP	19/03/2015 SA Level 2 Regional Age Group Champs
105	31.77 L	F	Carine THEUNISSEN	16	BLNE FS	17/10/2014 Otters Prestige Gala 2014
106	31.78 L	F	Simranjit Kaur	16	WATR CG	01/11/2014 CGA Level 2-3 Gala No 3
107	31.80 L	F	Annemey Louw	16	LIMSC LP	26/02/2015 Limpopo Province Interprovincial

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108	31.82 L	F	Meggan Barnard	16	FISH SW	29/11/2014 SWDA LC Championships
109	31.84 L	F	Rachel McCondochie	16	FSE KZ	27/03/2015 SA Level 1 Regional Age Group Champs
110	31.86 L	F	Cailin Gouws	16	EUNIC FS	31/10/2014 FS Schools Gala Proewe 2014
111	31.91 L	F	Bryony Treagus	16	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
112	31.93 L	F	Lauren Jones	16	STAD CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
113	31.94 L	F	Savannah Mitchell	16	ESP ES	08/11/2014 EGA Summer 3
114	31.98 L	F	Sheray Pretorius	16	CSC NT	13/09/2014 2014 Speedo Hillcrest Sprint Gala
115	32.00 L	F	Kayra Humphries	16	HWBA LP	17/10/2014 Limpopo Schools Champs October 2014
116*	32.01 L	F	Swadhiya Maharaj	16	BAYV KZ	17/01/2015 KZN Age Group Gala 10
116*	32.01 L	F	Lize Terblanchè	16	ASA WP	20/02/2015 WP Jack Currie Championships 2015
118	32.03 L	F	Natasha Lavis	16	ONY ES	30/08/2014 Adrian Grafe Memorial Gala
119	32.04 L	F	Melissa Kotze	16	TTNS VT	31/01/2015 EGA Summer 4
120	32.14 L	F	Pier Veller	16	ASA WP	11/10/2014 WPA LC SENIOR LEAGUE 3
121	32.16 L	F	Christie Despotakis	16	ONY ES	25/10/2014 EGA Summer 2_25 Oct 2014
122*	32.17 L	F	Minenhle Nkosi	16	USH KZ	31/01/2015 Ushaka Championship Gala 2015
122*	32.17 L	F	Danél Wentzel	16	POTC NW	22/11/2014 NWS Age Group 3 2014/2015
124*	32.19 L	F	Katelin Hagemann	16	LAD KZ	06/12/2014 Uthukela District Long Course
124*	32.19 L	F	Rabia Shaw	16	PAQU WP	20/02/2015 WP Jack Currie Championships 2015
126	32.20 L	F	Skye Sheerin	16	ESP ES	31/01/2015 EGA Summer 4
127*	32.26 L	F	Kalinka Venter	16	AQUB EP	08/11/2014 4th A-League Gala 2014
127*	32.26 L	F	Ashleigh Judd	16	VIKI BO	05/12/2014 NMBA Championships 2014
129*	32.28 L	F	Brigitte Sturgeon	16	HREF NW	22/11/2014 NWS Age Group 3 2014/2015
129*	32.28 L	F	Amy Tebbit	16	MDOL CG	21/02/2015 CGA Level 1 Year End gala
131	32.37 L	F	Anneli Zietsman	16	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
132	32.44 L L	F	Stacey Pye	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
133	32.46 L	P	Claire Berzen	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
134	32.58 L	F	Charne Viljoen	16	KOVS FS	13/09/2014 Seals Gala 13 Sept 2014
135	32.71 L	F	Bonita Roos	16	USH KZ	06/12/2014 KZN Uthungulu District Dec Age Group
136	32.75 L	P	Dessire van Staden	16	KSC MP	27/03/2015 SA Level 1 Regional Age Group Champs
137	32.77 L	F	Ashleigh vd Merwe	16	PEAS EP	08/11/2014 4th A-League Gala 2014
138	32.79 L L	F	Cherel Nel	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
139	32.94 L	F	Rethe-Mari Lategan	16	UPTS NC	15/01/2015 NOCASA Champs 2015
140	33.09 L	F	Nikita Thompson	16	HBV LP	17/10/2014 Limpopo Schools Champs October 2014
141	33.12 L	P	Samantha Adams	16	STAD CG	05/12/2014 EGA Championships Dec 2014
142	33.22 L	F	Lenè Fontini	16	ASA WP	25/10/2014 WP STRAND MEET
143	33.45 L	F	Nicola Farrell	16	OLDE CG	18/10/2014 CGA Level 1 gala No 2
144	33.50 L	F	Alani Ferreira	16	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
145	33.53 L	F	Nikita Rambrij	16	BEAV KZ	28/11/2014 KZN TYR Westville Sprints 2014
146	33.57 L	F	Reyavaksha Govender	16	KLOO KZ	28/11/2014 KZN TYR Westville Sprints 2014
147	33.61 L	F	Simone Wentzel	16	DDA NT	10/10/2014 NTS Oct 2014 Age Group Level 0+1
148	33.65 L	F	Carol-Ann Lowe	16	MDOL CG	30/08/2014 Adrian Grafe Memorial Gala
149	33.77 L	P	Madison Martin	16	SWIFT ES	27/03/2015 SA Level 1 Regional Age Group Champs
150	33.83 L	F	Daleen Jv Rensburg	16	RBUR NW	04/12/2014 NWS Championships 2014/2015
151*	33.84 L	F	Lizelle Human	16	CYBE WP	11/10/2014 WPA LC SENIOR LEAGUE 3
151*	33.84 L	F	Marinel Wegman	16	TYGE WP	11/10/2014 WPA LC SENIOR LEAGUE 3
153	33.87 L	P	Annemi Nell	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
154*	33.96 L	F	Denita-Sue Pieterse	16	BLUO KZ	17/01/2015 KZN Age Group Gala 10
154*	33.96 L	F	Megan Bailey	16	SWAG NW	20/02/2015 NTS Feb 2015 Age Group Level 0+1
156	34.00 L	F	Ammaarah Abrahams	16	CADO WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
157	34.13 L	F	Kyra Hempel	16	HILL NT	20/02/2015 NTS Feb 2015 Age Group Level 0+1
158	34.15 L	F	Karma Davis-Hannibal	16	QUEST NT	13/09/2014 2014 Speedo Hillcrest Sprint Gala
159	34.17 L	P	Kate Tonkin	16	BENS ES	27/03/2015 SA Level 1 Regional Age Group Champs
160	34.18 L	F	Bianca Coetzee	16	PAC NT	10/10/2014 NTS Oct 2014 Age Group Level 0+1
161	34.30 L	F	Amie Emery	16	IPS NW	13/02/2015 NW Schools Swimming Championships

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162	34.31 L	F	Robyn-Nuske Godsil	16	PAC NT	10/10/2014	NTS Oct 2014 Age Group Level 0+1
163	34.43 L	F	Anmarie Schutte	16	HBV LP	17/10/2014	Limpopo Schools Champs October 2014
164	34.45 L	F	Nicola Geldenhuys	16	UNI MP	20/09/2014	MP Xerox Sprint Gala - 20 September
165	34.70 L	F	Lene' De Lange	16	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
166	34.74 L	F	Klara Dreyer	16	FSE KZ	14/02/2015	KZN Uthungulu District Feb 2015 Age
167	34.78 L	F	Linmarie Troskie	16	UITE EP	21/02/2015	SWD 6th A-League
168	34.87 L	F	Kendall Haslehurst	16	BENS ES	31/01/2015	EGA Summer 4
169	34.91 L	F	Danielle Boshoff	16	CLSC WP	31/01/2015	WPA LC Senior League 5
170	35.11 L	F	Annika Narsai	16	LENA CG	21/02/2015	CGA Level 1 Year End gala
171	35.16 L	F	Kerryn Swart	16	BENS ES	08/11/2014	EGA Summer 3
172	35.24 L	F	Lize Beukes	16	NWUC NW	04/12/2014	NWS Championships 2014/2015
173	35.31 L	F	Therine Beukes	16	KOVS FS	13/09/2014	Seals Gala 13 Sept 2014
174	35.36 L	F	Anize vd Vyver	16	HARB NW	04/12/2014	NWS Championships 2014/2015
175	35.66 L	F	Berna Jannasch	16	SASOL FS	03/10/2014	Sasol National Championship 2014
176	35.67 L	F	Lilani Barnard	16	FISH SW	29/11/2014	SWDA LC Championships
177	36.02 L	F	Carlin Geel	16	KDOR NW	22/11/2014	NWS Age Group 3 2014/2015
178	36.03 L	F	Sheryl-Anne Grobler	16	NEWS KZ	28/11/2014	KZN TYR Westville Sprints 2014
179	36.27 L	F	Melissa Sparks	16	DORE CG	18/10/2014	CGA Level 1 gala No 2
180	36.30 L S	F	Jessica Kemp	16	UITE EP	10/01/2015	5th A-League Gala 2014
181	36.38 L	F	Amanda Erasmus	16	VINE WP	31/01/2015	WPA LC Senior League 5
182	36.56 L	F	Lize-Mari Burger	16	PRKA NC	15/01/2015	NOCASA Champs 2015
183	36.67 L	F	Jacqueline Morton	16	PGHS NW	13/02/2015	NW Schools Swimming Championships
184	36.71 L	F	Kaydene Wilson	16	SUPE CG	31/01/2015	EGA Summer 4
185	37.23 L	F	Simone' Visser	16	FAAC NC	25/10/2014	Flamingo Gala 2014
186*	37.54 L	P	Emma Roach	16	HARL BO	19/03/2015	SA Level 2 Regional Age Group Champs
186*	37.54 L	F	Shannon Gardner	16	TLAC NW	01/11/2014	NWS Age Group 2 1415
188	37.69 L	F	Cornel Leach	16	LYD MP	21/02/2015	MP Age Group 5 - 21 February 2015
189	38.17 L	F	Claudia Costa	16	NWUC NW	01/11/2014	NWS Age Group 2 1415
190	38.29 L	F	Grishka Naicker	16	ASA KZ	14/02/2015	KZN Level 0 Championships 2015
191	38.38 L	F	Carike Broodryk	16	HBV LP	24/10/2014	Mpumalanga Top Schools 2014 High
192	38.61 L	F	Jemma Salvage	16	SHS NF	03/02/2015	NFS INTER HIGH SCHOOL
193	38.83 L	F	Chara Glynos	16	GHSK NC	19/02/2015	Inter-CBC Swimming Gala
194	38.89 L	F	Courtney Mallett	16	CSC NT	10/10/2014	NTS Oct 2014 Age Group Level 0+1
195	38.92 L	F	Johané vd Merwe	16	JASK NC	06/02/2015	NOCASA Age Group 3 Kimberley
196	39.33 L	F	Hannah Sarakinsky	16	MDOL CG	24/01/2015	CGA Level 1 gala No 4
197	39.39 L	F	Bongekile Sabeka	16	GDE CG	11/12/2014	SA Schools Swimming Championship
198	39.51 L	F	Anri Kasselmann	16	VALS NF	15/11/2014	Valsrivier League Gala 3
199	40.47 L	F	Tamara Brand	16	HH NW	13/02/2015	NW Schools Swimming Championships
200	40.78 L	F	Jaene Cilliers	16	RTBHS NW	13/02/2015	NW Schools Swimming Championships
201	42.93 L	F	Nadine Esterhuizen	16	LAD KZ	06/12/2014	Uthukela District Long Course
202	46.05 L	F	Nokuzola Gumbi	16	UMLA KZ	14/02/2015	KZN Level 0 Championships 2015
203	47.63 L	F	Sthabiso Mthethwa	16	USH KZ	08/11/2014	KZN Uthungulu Nov Age Group Gala
204	55.10 L S	F	Danielle Smith	16	KZNA KZ	11/12/2014	SA Schools Swimming Championship
205	58.43 L S	F	Shannon De Souza	16	KZNA KZ	11/12/2014	SA Schools Swimming Championship
Women 16 100 Free							
1	55.86 L	S	Erin Gallagher	16	RSA	24/07/2014	Commonwealth Games Swimming
2	59.11 L	F	Nathania Van Niekerk	16	MDOL CG	18/12/2014	CGA Open LC Championships 2014
3	1:00.13 L	F	Marne Groenewald	16	WATR CG	12/03/2015	SA Level 3 National Age Group Champs
4	1:00.25 L	F	Tatum Tarpey	16	SGUL KZ	17/12/2014	KZN Premier Championships 2014
5	1:00.44 L	F	Leam Strydom	16	ACSA KZ	28/11/2014	KZN TYR Westville Sprints 2014
6	1:00.75 L	P	Caitlin Lewington	16	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
7	1:01.02 L	P	Josephine Holm	16	KVIK ZZ	13/02/2015	SSA GRAND PRIX #1 -
8	1:01.07 L	P	Hannah McLean-Leonard	16	KLOO KZ	20/02/2015	Grand Prix Invitation Swimming Meet
9	1:01.33 L	F	Linda Groenewald	16	BLOT FS	23/09/2014	FSA Liga 1

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10	1:01.43 L	F	Ianthé vd Westhuizen	16	RSA	23/05/2014 2nd African Youth Games,Botswana
11	1:01.52 L	P	Nastasiya Vrey	16	PSC NT	04/12/2014 NTS Championships 2014
12	1:01.62 L	F	Savannah Barman	16	BOKS ES	05/12/2014 EGA Championships Dec 2014
13	1:01.82 L	F	Nicola MacDonald	16	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
14	1:01.93 L	P	Jamie Edwards	16	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs
15	1:02.21 L L	F	Nasha Van Rensburg	16	TYGE WP	12/03/2015 SA Level 3 National Age Group Champs
16	1:02.23 L	F	Roseline Loubser	16	BARR WP	10/12/2014 WP Championships 2014
17	1:02.30 L	P	Regan Saunders	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
18	1:02.35 L	P	Marne Frylinck	16	KOVS FS	12/03/2015 SA Level 3 National Age Group Champs
19	1:02.53 L L	F	Sulé Vd Merwe	16	EAGA LP	12/03/2015 SA Level 3 National Age Group Champs
20	1:02.56 L	F	Bianca Gray	16	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
21	1:02.81 L	P	Kirsten Reeves	16	WATR CG	12/03/2015 SA Level 3 National Age Group Champs
22	1:02.89 L S	F	Danielle Smith	16	MGSC KZ	17/12/2014 KZN Premier Championships 2014
23	1:02.93 L	P	Courtney Macfarlane	16	WATR CG	12/03/2015 SA Level 3 National Age Group Champs
24	1:02.98 L	F	Courtney Van Biljon	16	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
25	1:03.02 L	F	Erin Anderson	16	STAD CG	14/02/2015 CGA Level 2/3 Gala No 4
26	1:03.14 L	F	Roxanne Brown	16	WSTV KZ	17/12/2014 KZN Premier Championships 2014
27	1:03.40 L	P	Leigh-Anne Behrens	16	CRSC CG	19/03/2015 SA Level 2 Regional Age Group Champs
28	1:03.42 L	F	Nicole Dooling	16	BLOT FS	03/10/2014 Sasol National Championship 2014
29	1:03.43 L	P	Julie-Ann Wagner	16	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs
30	1:03.46 L	F	Danëlle Joubert	16	WELL WP	10/12/2014 WP Championships 2014
31	1:03.59 L	F	Sanchia Booth	16	PEAS EP	19/03/2015 SA Level 2 Regional Age Group Champs
32	1:03.84 L	F	Kristen Davis	16	KLOO KZ	28/11/2014 KZN TYR Westville Sprints 2014
33*	1:03.88 L	F	Jamie Gardiner	16	SASE CG	19/03/2015 SA Level 2 Regional Age Group Champs
33*	1:03.88 L	F	Nicola De Pinto	16	CYBE WP	10/12/2014 WP Championships 2014
33*	1:03.88 L	P	Ashleigh Riley	16	SOUL ES	19/03/2015 SA Level 2 Regional Age Group Champs
36	1:03.90 L	P	Danè Meier	16	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
37	1:04.01 L S	P	Kiyana Bartleson	16	TUKS NT	17/12/2014 KZN Premier Championships 2014
38	1:04.19 L	F	Kristina Rogge	16	AZON KZ	28/11/2014 KZN TYR Westville Sprints 2014
39	1:04.20 L	P	Jessé de Kock	16	BLSS FS	19/03/2015 SA Level 2 Regional Age Group Champs
40	1:04.35 L	F	Megan Botha	16	MDOL CG	14/02/2015 CGA Level 2/3 Gala No 4
41	1:04.39 L	F	Alice' Maritz	16	NCASA NC	31/01/2015 4 + 1 Inter Provincial Gala 2015
42	1:04.61 L	F	Peta Venter	16	PWAC NW	04/10/2014 NWS Age Group 1 1415
43	1:04.63 L	P	Alida De Jager	16	BLNE FS	19/03/2015 SA Level 2 Regional Age Group Champs
44	1:04.65 L	F	Shannon De Souza	16	ACSA KZ	17/12/2014 KZN Premier Championships 2014
45	1:04.66 L	P	Daniela Passoni	16	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
46	1:04.72 L	F	Brigitte Muller	16	ECA EP	11/12/2014 SA Schools Swimming Championship
47	1:04.74 L	F	Yvonne Du Plessis	16	SWDA SW	17/01/2015 Inter-Provincial Gala 2015
48	1:04.76 L	P	Demi Joseph	16	STAD CG	20/06/2014 IV Trofeo Citta di Pescara
49	1:04.80 L	F	Anna Cocks	16	VIKI BO	23/01/2015 BCA January Age Group Gala 2015
50	1:05.00 L	F	Nikita Bauristhene	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
51	1:05.55 L	P	Kyra Vivian	16	UNIQ CG	18/12/2014 CGA Open LC Championships 2014
52	1:05.88 L	F	Lisa Delpport	16	FAAC NC	05/12/2014 NOCASA Sprints 2014
53	1:05.94 L	F	Jordyn Irvine	16	TUKS NT	07/11/2014 NTS November 20014 Age Group -
54	1:06.09 L	P	Melissa Carney	16	DDA NT	19/03/2015 SA Level 2 Regional Age Group Champs
55	1:06.13 L	F	Emily Van Niekerk	16	SEDI VT	08/11/2014 NFSA Four Provinces Interprovincial 8
56	1:06.14 L	P	Marne' Meier	16	PAC NT	19/03/2015 SA Level 2 Regional Age Group Champs
57	1:06.23 L	P	Sheray Pretorius	16	CSC NT	19/03/2015 SA Level 2 Regional Age Group Champs
58	1:06.47 L	F	Mariëtte Brand	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
59	1:06.48 L	F	Samantha Whelan	16	STAD CG	01/11/2014 CGA Level 2-3 Gala No 3
60	1:06.56 L	F	Megan Short	16	MP MP	11/12/2014 SA Schools Swimming Championship
61	1:06.64 L	P	Annabel Rood	16	UNI MP	19/03/2015 SA Level 2 Regional Age Group Champs
62	1:06.73 L	F	Elizabeth Rautenbach	16	UNI MP	28/11/2014 Mpumalanga Championships 2014
63	1:06.75 L	F	Joane Kuun	16	FISH SW	19/03/2015 SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
64	1:06.79	L	P	Lissa Fourie	16	FISH SW	12/03/2015 SA Level 3 National Age Group Champs
65	1:06.90	L	P	Nicole Heap	16	CRSC CG	19/03/2015 SA Level 2 Regional Age Group Champs
66	1:06.94	L	F	Lauren-Mae McBlain	16	ASA WP	13/09/2014 WPA LC SENIOR LEAGUE 2
67	1:07.04	L	P	Michelle Van der Sande	16	DDA NT	04/12/2014 NTS Championships 2014
68	1:07.15	L	P	Benita Loedolff	16	PSC NT	04/12/2014 NTS Championships 2014
69	1:07.18	L L	F	Gretchen Bekker	16	LIMSC LP	11/12/2014 SA Schools Swimming Championship
70	1:07.33	L	F	Aimee Mittermayer-Madureir	16	FSE KZ	31/01/2015 Ushaka Championship Gala 2015
71	1:07.38	L	F	Jonatha Marais	16	GREY WP	13/09/2014 WPA LC SENIOR LEAGUE 2
72	1:07.40	L	P	Olivia Hudson	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
73	1:07.64	L	F	Megan Dateline	16	ELEC CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
74	1:07.68	L	P	Amarah Rangraze	16	ATLA CG	19/03/2015 SA Level 2 Regional Age Group Champs
75	1:07.69	L	F	Mizan Viljoen	16	NAUDE FS	31/10/2014 FS Schools Gala Proewe 2014
76	1:07.71	L	F	Tara Wheeler	16	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
77	1:07.72	L	F	Shaunagh Le Sur	16	STPS KZ	19/03/2015 SA Level 2 Regional Age Group Champs
78	1:08.01	L	F	Maria Heymans	16	VICT ES	25/10/2014 EGA Summer 2_25 Oct 2014
79	1:08.04	L	F	Emma Howard	16	STPS KZ	19/03/2015 SA Level 2 Regional Age Group Champs
80	1:08.06	L	F	Simranjit Kaur	16	WATR CG	14/02/2015 CGA Level 2/3 Gala No 4
81	1:08.07	L	P	Jordin Brett	16	SWIFT ES	19/03/2015 SA Level 2 Regional Age Group Champs
82	1:08.18	L	P	Pier Veller	16	ASA WP	19/03/2015 SA Level 2 Regional Age Group Champs
83	1:08.25	L	F	Willa Roux	16	WHFC WP	20/02/2015 WP Jack Currie Championships 2015
84	1:08.28	L	F	Harriet van Jaarsveld	16	BLSS FS	17/10/2014 Otters Prestige Gala 2014
85*	1:08.32	L S	F	Amy Mardon	16	AQUB EP	07/02/2015 6th A-League Gala 2014
85*	1:08.32	L	F	Cherne Midgley	16	FLOD CG	27/03/2015 SA Level 1 Regional Age Group Champs
87*	1:08.44	L	P	Chris-Mari Lombaard	16	BARR WP	10/12/2014 WP Championships 2014
87*	1:08.44	L	F	Johanna Van Niekerk	16	PAC NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
89	1:08.60	L	P	Ayesha Valli	16	ATLA CG	27/03/2015 SA Level 1 Regional Age Group Champs
90	1:08.73	L	F	Caroux De Lange	16	WSAA WP	25/10/2014 WP STRAND MEET
91	1:08.89	L	P	Georgina-Mai Ng-Yu-Tin	16	KZNA KZ	11/12/2014 SA Schools Swimming Championship
92	1:09.18	L	F	Bryony Treagus	16	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
93	1:09.25	L	F	Kerryn Henning	16	PER CG	14/09/2014 CGA Level 1 gala No 1
94	1:09.27	L	P	Savannah Mitchell	16	ESP ES	05/12/2014 EGA Championships Dec 2014
95	1:09.31	L	F	Rabia Shaw	16	PAQU WP	20/02/2015 WP Jack Currie Championships 2015
96	1:09.32	L	F	Nadia de Kock	16	USC BO	23/01/2015 BCA January Age Group Gala 2015
97	1:09.43	L	P	Keara Bothma	16	ESP ES	27/03/2015 SA Level 1 Regional Age Group Champs
98	1:09.47	L	F	Nicola Farrell	16	OLDE CG	08/11/2014 CGA Level 1 gala No 3
99	1:09.50	L	F	Cherel Nel	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
100	1:09.60	L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
101	1:09.63	L	F	Mariette Kemp	16	HILL NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
102	1:09.66	L	F	Clarissa Hansen	16	NWUC NW	04/12/2014 NWS Championships 2014/2015
103	1:09.83	L	F	Tyla Loubser	16	WELA NF	03/12/2014 Mangaung Aquatics Championship 2014
104	1:09.92	L	P	Stacey Pye	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
105	1:10.04	L	F	Kelly Ebing	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
106	1:10.15	L	F	Natasha Lavis	16	ONY ES	25/10/2014 EGA Summer 2_25 Oct 2014
107	1:10.33	L	F	Jena Harrison	16	UNI MP	27/03/2015 SA Level 1 Regional Age Group Champs
108	1:10.34	L	F	Cailin Gouws	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
109	1:10.35	L	F	Elizabeth Murray	16	PEAS EP	25/10/2014 3rd A-League Gala 2014
110	1:10.43	L	F	Charne Viljoen	16	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
111	1:10.49	L	F	Victoria Griffiths	16	UNIQ CG	08/11/2014 CGA Level 1 gala No 3
112	1:10.53	L	F	Claire Berzen	16	WATR CG	01/11/2014 CGA Level 2-3 Gala No 3
113	1:10.60	L	P	Samantha Adams	16	STAD CG	05/12/2014 EGA Championships Dec 2014
114	1:11.06	L	P	Skye Sheerin	16	ESP ES	05/12/2014 EGA Championships Dec 2014
115	1:11.20	L	P	Annette Rabe	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
116*	1:11.24	L	F	Melissa Kotze	16	TTNS VT	03/10/2014 Sasol National Championship 2014
116*	1:11.24	L	F	Marinel Wegman	16	TYGE WP	27/03/2015 SA Level 1 Regional Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
118	1:11.34	L	F	Alani Ferreira	16	KZNA KZ 13/04/2015 Sa National Aquatic Championship 2015
119	1:11.36	L	F	Vanessa Van der Merwe	16	NEWS KZ 28/11/2014 KZN TYR Westville Sprints 2014
120	1:11.39	L	F	Michaela Vermaak	16	LP LP 13/09/2014 Highveld Inter-Provincial Gala 2014
121	1:11.44	L	F	Danél Wentzel	16	POTC NW 04/12/2014 NWS Championships 2014/2015
122	1:11.54	L	F	Lenè Fontini	16	ASA WP 25/10/2014 WP STRAND MEET
123	1:11.63	L	P	Simone Wentzel	16	DDA NT 27/03/2015 SA Level 1 Regional Age Group Champs
124	1:12.05	L	F	Anneli Zietsman	16	AQUB EP 31/01/2015 Uitenhage Swimming Club Gala 2015
125	1:12.30	L	F	Lauren Jones	16	STAD CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
126	1:12.35	L	F	Anne Marais	16	FISH SW 31/10/2014 Freda Barnard Gala
127	1:12.45	L	F	Kalinka Venter	16	AQUB EP 25/10/2014 3rd A-League Gala 2014
128	1:12.47	L	F	Reyavaksha Govender	16	KLOO KZ 27/03/2015 SA Level 1 Regional Age Group Champs
129	1:12.53	L	F	Zahra Ayyoub	16	VINE WP 25/10/2014 WP STRAND MEET
130	1:12.61	L	P	Amy Tebbit	16	MDOL CG 27/03/2015 SA Level 1 Regional Age Group Champs
131	1:12.87	L	P	Swadhiya Maharaj	16	BAYV KZ 27/03/2015 SA Level 1 Regional Age Group Champs
132	1:12.94	L	F	Christie Despotakis	16	ONY ES 25/10/2014 EGA Summer 2_25 Oct 2014
133	1:12.99	L	F	Katelin Hagemann	16	LAD KZ 06/12/2014 Uthukela District Long Course
134	1:13.37	L	F	Ammaarah Abrahams	16	CADO WP 18/07/2014 WPA WINTER CHAMPIONSHIPS
135	1:13.45	L	P	Kyra Hempel	16	HILL NT 27/03/2015 SA Level 1 Regional Age Group Champs
136	1:13.58	L	F	Rethe-Mari Lategan	16	UPTS NC 15/01/2015 NOCASA Champs 2015
137	1:13.67	L	F	Lize Terblanchè	16	ASA WP 25/10/2014 WP STRAND MEET
138	1:13.71	L	F	Dessire van Staden	16	KSC MP 23/01/2015 MP Age Group 3 - 23/24 January 2015
139	1:13.76	L	F	Ashleigh Judd	16	VIKI BO 13/02/2015 Buffalo City Aquatics February Age
140	1:14.22	L	P	Annemi Nell	16	PRA MP 27/03/2015 SA Level 1 Regional Age Group Champs
141	1:14.41	L	F	Toni Geddes	16	DDA NT 16/01/2015 NTS Jan 2015 Age Group Combined
142	1:14.45	L	F	Ashleigh vd Merwe	16	PEAS EP 22/11/2014 PEA Gala 2014
143	1:14.46	L	F	Meggan Barnard	16	FISH SW 29/11/2014 SWDA LC Championships
144	1:14.62	L	F	Kerryn Swart	16	BENS ES 15/02/2015 EGA Summer 5 Gala
145	1:14.65	L	F	Bonita Roos	16	USH KZ 08/11/2014 KZN Uthungulu Nov Age Group Gala
146	1:14.76	L	F	Bianca Coetzee	16	PAC NT 28/11/2014 2014 The Tshwane Mayoral Gala
147	1:14.88	L	P	Rachel McCondochie	16	FSE KZ 27/03/2015 SA Level 1 Regional Age Group Champs
148	1:14.89	L	F	Anuskha Van Dyk	16	PLAY WP 14/06/2014 WPA SC SENIOR LEAGUE 2 -
149	1:14.98	L	F	Sheryl-Anne Grobler	16	NEWS KZ 28/11/2014 KZN TYR Westville Sprints 2014
150	1:15.27	L	F	Brigitte Sturgeon	16	HREF NW 04/12/2014 NWS Championships 2014/2015
151	1:15.66	L	F	Aimee Salter	16	ROA SW 18/10/2014 1st A League Gala
152	1:15.79	L	P	Kate Tonkin	16	BENS ES 27/03/2015 SA Level 1 Regional Age Group Champs
153	1:15.81	L	F	Minenhle Nkosi	16	USH KZ 31/01/2015 Ushaka Championship Gala 2015
154	1:15.90	L	P	Megan Bailey	16	SWAG NW 27/03/2015 SA Level 1 Regional Age Group Champs
155	1:15.96	L	F	Lene' De Lange	16	BLNE FS 20/09/2014 Neptune Volvo Open Gala
156	1:16.08	L	P	Lizelle Human	16	CYBE WP 20/02/2015 WP Jack Currie Championships 2015
157	1:17.14	L	P	Daleen Jv Rensburg	16	RBUR NW 27/03/2015 SA Level 1 Regional Age Group Champs
158	1:17.20	L	F	Kaydene Wilson	16	SUPE CG 14/09/2014 CGA Level 1 gala No 1
159	1:17.60	L	P	Madison Martin	16	SWIFT ES 05/12/2014 EGA Championships Dec 2014
160	1:17.70	L	F	Carlin Geel	16	KDOR NW 22/11/2014 NWS Age Group 3 2014/2015
161	1:18.20	L	F	Robyn-Nuske Godsil	16	PAC NT 10/10/2014 NTS Oct 2014 Age Group Level 0+1
162	1:18.36	L	F	Danielle Boshoff	16	CLSC WP 31/01/2015 WPA LC Senior League 5
163	1:18.63	L	F	Amanda Erasmus	16	VINE WP 25/10/2014 WP STRAND MEET
164	1:19.03	L	F	Klara Dreyer	16	FSE KZ 14/02/2015 KZN Uthungulu District Feb 2015 Age
165	1:19.13	L	F	Amie Emery	16	IPS NW 13/02/2015 NW Schools Swimming Championships
166	1:19.37	L	F	Berna Jannasch	16	SASOL FS 03/10/2014 Sasol National Championship 2014
167	1:19.90	L	F	Melissa Sparks	16	DORE CG 25/10/2014 EGA Summer 2_25 Oct 2014
168	1:20.22	L	F	Kendall Haslehurst	16	BENS ES 08/11/2014 EGA Summer 3
169	1:20.61	L	F	Therine Beukes	16	KOVFS FS 17/10/2014 Otters Prestige Gala 2014
170	1:20.76	L	F	Lize-Mari Burger	16	PRKA NC 25/10/2014 Flamingo Gala 2014
171	1:20.87	L	F	Anize vd Vyver	16	HARB NW 04/12/2014 NWS Championships 2014/2015

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
172	1:21.73	L	F	Lilani Barnard	16	FISH SW	29/11/2014 SWDA LC Championships
173	1:22.00	L	F	Simone' Visser	16	FAAC NC	25/10/2014 Flamingo Gala 2014
174	1:22.51	L	F	Annika Narsai	16	LENA CG	21/02/2015 CGA Level 1 Year End gala
175	1:22.72	L	F	Linmarie Troskie	16	UITE EP	21/02/2015 SWD 6th A-League
176	1:24.13	L	P	Emma Roach	16	HARL BO	19/03/2015 SA Level 2 Regional Age Group Champs
177	1:24.41	L	F	Cherie Rampersadh	16	BEAV KZ	28/11/2014 KZN TYR Westville Sprints 2014
178	1:26.59	L	F	Courtney Mallett	16	CSC NT	07/11/2014 NTS November 20014 Age Group -
179	1:26.60	L	F	Bongekile Sabeka	16	GDE CG	11/12/2014 SA Schools Swimming Championship
180	1:27.49	L	F	Jemma Salvage	16	STAND FS	31/10/2014 FS Schools Gala Proewe 2014
181	1:27.89	L	F	Grishka Naicker	16	ASA KZ	14/02/2015 KZN Level 0 Championships 2015
182*	1:29.59	L	F	Cornel Leach	16	LYD MP	21/02/2015 MP Age Group 5 - 21 February 2015
182*	1:29.59	L	F	Sonja Venter	16	WELA NF	20/09/2014 Neptune Volvo Open Gala
184	1:30.45	L	F	Hannah Sarakinsky	16	MDOL CG	14/09/2014 CGA Level 1 gala No 1
185	1:30.82	L	F	Anri Kasselmann	16	VALS NF	09/01/2015 Club Championships 2015
186	1:32.39	L	F	Shannon Gardner	16	TLAC NW	22/11/2014 NWS Age Group 3 2014/2015
187	1:32.49	L	F	Carike Broodryk	16	WDG MP	28/11/2014 KZN TYR Westville Sprints 2014
188	1:33.67	L	F	Jessica Kemp	16	UITE EP	31/01/2015 Uitenhage Swimming Club Gala 2015
189	1:36.13	L	F	Jaene Cilliers	16	RTBHS NW	13/02/2015 NW Schools Swimming Championships
190	1:36.61	L	F	Chara Glynos	16	GHSK NC	05/12/2014 NOCASA Sprints 2014
191	1:38.00	L	F	Jelena Djordjevic	16	SWIFT ES	25/07/2014 EGA Combined League A 2014
192	1:38.31	L	F	Tamara Brand	16	HH NW	13/02/2015 NW Schools Swimming Championships
193	1:39.08	L	F	Nadine Esterhuizen	16	LAD KZ	06/12/2014 Uthukela District Long Course
194	1:46.53	L	F	Sthabiso Mthethwa	16	USH KZ	08/11/2014 KZN Uthungulu Nov Age Group Gala
195	2:02.72	L	F	Nokuzola Gumbi	16	UMLA KZ	14/02/2015 KZN Level 0 Championships 2015
196	2:04.38	L	F	Nokuthula Simelane	16	KWAM KZ	14/02/2015 KZN Level 0 Championships 2015
Women 16 200 Free							
1	2:02.72	L	F	Erin Gallagher	16	SGUL KZ	13/02/2015 SSA GRAND PRIX #1 -
2	2:06.72	L	F	Nathania Van Niekerk	16	MDOL CG	18/12/2014 CGA Open LC Championships 2014
3	2:07.89	L S	F	Tatum Tarpey	16	SGUL KZ	17/12/2014 KZN Premier Championships 2014
4	2:09.05	L	S	Ianthé vd Westhuizen	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
5	2:09.85	L	F	Savannah Barman	16	BOKS ES	12/03/2015 SA Level 3 National Age Group Champs
6	2:10.03	L	S	Caitlin Lewington	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
7	2:10.28	L S	F	Samantha Randle	16	TUKS NT	17/12/2014 KZN Premier Championships 2014
8	2:11.13	L	F	Sulé Vd Merwe	16	LIMSC LP	11/12/2014 SA Schools Swimming Championship
9	2:11.56	L	P	Leam Strydom	16	ACSA KZ	12/03/2015 SA Level 3 National Age Group Champs
10	2:11.65	L	P	Danielle Smith	16	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
11	2:12.31	L	P	Marne Frylinck	16	KOVS FS	12/03/2015 SA Level 3 National Age Group Champs
12	2:12.54	L	F	Roseline Loubser	16	BARR WP	10/12/2014 WP Championships 2014
13	2:13.34	L	P	Regan Saunders	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
14	2:14.31	L	P	Nasha Van Rensburg	16	TYGE WP	13/02/2015 SSA GRAND PRIX #1 -
15	2:15.16	L	F	Bianca Gray	16	FS FS	11/12/2014 SA Schools Swimming Championship
16	2:15.28	L	P	Courtney Macfarlane	16	WATR CG	12/03/2015 SA Level 3 National Age Group Champs
17	2:15.69	L	P	Kiyana Bartleson	16	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
18	2:15.70	L	P	Jamie Edwards	16	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs
19	2:16.06	L	P	Demi Joseph	16	STAD CG	20/02/2015 Grand Prix Invitation Swimming Meet
20	2:16.12	L	F	Danè Meier	16	TYGE WP	19/03/2015 SA Level 2 Regional Age Group Champs
21	2:16.45	L	F	Nastasiya Vrey	16	PSC NT	07/11/2014 NTS November 20014 Age Group -
22	2:16.81	L	P	Linda Groenewald	16	BLOT FS	12/03/2015 SA Level 3 National Age Group Champs
23	2:16.85	L	P	Kyra Vivian	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
24	2:16.87	L	P	Nicola MacDonald	16	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
25	2:17.04	L	F	Shannon De Souza	16	KZNA KZ	11/12/2014 SA Schools Swimming Championship
26	2:17.53	L	P	Julie-Ann Wagner	16	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs
27	2:17.73	L	F	Alida De Jager	16	BLNE FS	19/03/2015 SA Level 2 Regional Age Group Champs
28	2:17.98	L	F	Brigitte Muller	16	BEST EP	25/10/2014 3rd A-League Gala 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
29	2:18.21	L	F	Danèlle Joubert	16	WELL	WP 31/01/2015 WPA LC Senior League 5
30	2:18.44	L	F	Jamie Gardiner	16	SASE	CG 19/03/2015 SA Level 2 Regional Age Group Champs
31	2:18.83	L	F	Megan Botha	16	MDOL	CG 19/03/2015 SA Level 2 Regional Age Group Champs
32	2:19.01	L	F	Kristen Davis	16	KLOO	KZ 17/12/2014 KZN Premier Championships 2014
33	2:19.04	L	F	Ashleigh Riley	16	SOUL	ES 19/03/2015 SA Level 2 Regional Age Group Champs
34	2:20.21	L	P	Nicole Dooling	16	BLOT	FS 12/03/2015 SA Level 3 National Age Group Champs
35	2:20.25	L	F	Hannah McLean-Leonard	16	KLOO	KZ 03/10/2014 Sasol National Championship 2014
36	2:20.37	L	F	Nikita Bauristhene	16	WSTV	KZ 28/11/2014 KZN TYR Westville Sprints 2014
37	2:21.27	L	F	Jessé de Kock	16	EUNIC	FS 31/10/2014 FS Schools Gala Proewe 2014
38	2:21.39	L	F	Roxanne Brown	16	RSA	10/12/2014 African Union Sports-Region 5 Under 20
39	2:21.40	L	F	Marne Groenewald	16	WATR	CG 01/11/2014 CGA Level 2-3 Gala No 3
40	2:22.47	L	P	Anna Cocks	16	VIKI	BO 17/12/2014 KZN Premier Championships 2014
41	2:22.70	L	F	Nicola De Pinto	16	CYBE	WP 16/08/2014 WPA LC SENIOR LEAGUE 1
42	2:23.15	L	P	Joane Kuun	16	FISH	SW 19/03/2015 SA Level 2 Regional Age Group Champs
43	2:23.22	L	F	Melissa Carney	16	DDA	NT 19/03/2015 SA Level 2 Regional Age Group Champs
44	2:23.37	L	P	Leigh-Anne Behrens	16	CRSC	CG 19/03/2015 SA Level 2 Regional Age Group Champs
45	2:23.70	L	P	Samantha Whelan	16	STAD	CG 12/03/2015 SA Level 3 National Age Group Champs
46	2:24.07	L	P	Charne De Jager	16	TUKS!	NT 19/03/2015 SA Level 2 Regional Age Group Champs
47	2:24.32	L	P	Sheray Pretorius	16	CSC	NT 19/03/2015 SA Level 2 Regional Age Group Champs
48	2:24.80	L	F	Alice' Maritz	16	UPTS	NC 05/12/2014 NOCASA Sprints 2014
49	2:24.90	L	P	Olivia Hudson	16	WATR	CG 18/12/2014 CGA Open LC Championships 2014
50	2:25.00	L	F	Annabel Rood	16	UNI	MP 19/03/2015 SA Level 2 Regional Age Group Champs
51	2:25.28	L	F	Mariëtte Brand	16	SWAR	WP 27/03/2015 SA Level 1 Regional Age Group Champs
52	2:26.62	L	P	Amy Mardon	16	AQUB	EP 19/03/2015 SA Level 2 Regional Age Group Champs
53	2:26.82	L	F	Rabia Shaw	16	PAQU	WP 20/02/2015 WP Jack Currie Championships 2015
54	2:27.36	L	P	Emily Van Niekerk	16	ELGW	VT 03/10/2014 Sasol National Championship 2014
55	2:27.37	L	P	Caroux De Lange	16	WSAA	WP 10/12/2014 WP Championships 2014
56	2:27.58	L	F	Mizan Viljoen	16	KOVS	FS 03/12/2014 Mangaung Aquatics Championship 2014
57	2:28.07	L	F	Jonatha Marais	16	GREY	WP 16/08/2014 WPA LC SENIOR LEAGUE 1
58	2:28.43	L	P	Courtney Van Biljon	16	TUKS!	NT 19/03/2015 SA Level 2 Regional Age Group Champs
59	2:28.57	L	F	Harriet van Jaarsveld	16	BLSS	FS 17/10/2014 Otters Prestige Gala 2014
60	2:28.82	L	P	Michelle Van der Sande	16	DDA	NT 04/12/2014 NTS Championships 2014
61	2:28.85	L	F	Nadia de Kock	16	USC	BO 27/11/2014 Buffalo City Championships 2014
62	2:29.83	L	F	Kristina Rogge	16	AZON	KZ 28/11/2014 KZN TYR Westville Sprints 2014
63	2:30.12	L	F	Lisa Delpport	16	FAAC	NC 05/12/2014 NOCASA Sprints 2014
64	2:30.18	L	F	Megan Dateline	16	ELEC	CG 14/02/2015 CGA Level 2/3 Gala No 4
65	2:30.43	L	F	Simranjit Kaur	16	WATR	CG 01/11/2014 CGA Level 2-3 Gala No 3
66	2:30.44	L	F	Megan Short	16	WAV	MP 28/11/2014 KZN TYR Westville Sprints 2014
67	2:30.79	L	P	Claire Berzen	16	WATR	CG 18/12/2014 CGA Open LC Championships 2014
68	2:31.04	L	F	Ayesha Valli	16	ATLA	CG 27/03/2015 SA Level 1 Regional Age Group Champs
69	2:31.25	L	F	Georgina-Mai Ng-Yu-Tin	16	STPS	KZ 17/01/2015 KZN Age Group Gala 10
70	2:32.57	L	F	Lenè Fontini	16	ASA	WP 25/10/2014 WP STRAND MEET
71	2:32.61	L	F	Carine THEUNISSEN	16	BLNE	FS 03/12/2014 Mangaung Aquatics Championship 2014
72	2:32.87	L	P	Nicole Heap	16	CRSC	CG 05/12/2014 EGA Championships Dec 2014
73	2:32.89	L	F	Benita Loedolff	16	PSC	NT 15/08/2014 NTS August 20014 Age Group -
74*	2:32.94	L	F	Bryony Treagus	16	AQUB	EP 31/01/2015 Uitenhage Swimming Club Gala 2015
74*	2:32.94	L	P	Gretchen Bekker	16	TASC	LP 19/03/2015 SA Level 2 Regional Age Group Champs
76	2:33.08	L	F	Charne Viljoen	16	KOVS	FS 17/10/2014 Otters Prestige Gala 2014
77	2:33.21	L	P	Samantha Adams	16	STAD	CG 05/12/2014 EGA Championships Dec 2014
78	2:33.52	L	P	Lauren Jones	16	STAD	CG 12/03/2015 SA Level 3 National Age Group Champs
79	2:33.57	L	F	Tyla Loubser	16	WELA	NF 03/12/2014 Mangaung Aquatics Championship 2014
80	2:33.69	L	F	Chris-Mari Lombaard	16	BARR	WP 31/10/2014 Freda Barnard Gala
81	2:33.83	L	P	Savannah Mitchell	16	ESP	ES 05/12/2014 EGA Championships Dec 2014
82	2:34.27	L	P	Cherne Midgley	16	FLOD	CG 27/03/2015 SA Level 1 Regional Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
83	2:34.56	L	F	Elizabeth Rautenbach	16	UNI MP 28/11/2014 Mpumalanga Championships 2014
84	2:34.59	L	P	Cherel Nel	16	PRA MP 27/03/2015 SA Level 1 Regional Age Group Champs
85	2:34.72	L	F	Marinel Wegman	16	TYGE WP 27/03/2015 SA Level 1 Regional Age Group Champs
86	2:35.07	L	F	Stacey Pye	16	MDOL CG 27/03/2015 SA Level 1 Regional Age Group Champs
87	2:35.20	L	P	Amarah Rangraze	16	ATLA CG 05/12/2014 EGA Championships Dec 2014
88	2:35.55	L	P	Natasha Lavis	16	ONY ES 27/03/2015 SA Level 1 Regional Age Group Champs
89	2:35.70	L	F	Pier Veller	16	ASA WP 18/07/2014 WPA WINTER CHAMPIONSHIPS
90	2:35.72	L	P	Kerryn Henning	16	PER CG 19/03/2015 SA Level 2 Regional Age Group Champs
91	2:36.63	L	F	Clarissa Hansen	16	NWUC NW 04/12/2014 NWS Championships 2014/2015
92	2:37.25	L	F	Nikita Rambrij	16	BEAV KZ 28/11/2014 KZN TYR Westville Sprints 2014
93	2:38.33	L	F	Swadhiya Maharaj	16	BAYV KZ 13/02/2015 KZN Level 1 Provincial Championships
94	2:38.78	L	F	Annette Rabe	16	PRA MP 27/03/2015 SA Level 1 Regional Age Group Champs
95	2:39.01	L	F	Reyavaksha Govender	16	KLOO KZ 13/02/2015 KZN Level 1 Provincial Championships
96	2:39.02	L	F	Cailin Gouws	16	BLOT FS 03/12/2014 Mangaung Aquatics Championship 2014
97	2:39.83	L	F	Annemi Nell	16	PRA MP 27/03/2015 SA Level 1 Regional Age Group Champs
98	2:40.07	L	F	Alani Ferreira	16	SEAL KZ 17/12/2014 KZN Premier Championships 2014
99	2:40.36	L	F	Willa Roux	16	WHFC WP 25/10/2014 WP STRAND MEET
100	2:40.57	L	P	Denita-Sue Pieterse	16	BLUO KZ 19/03/2015 SA Level 2 Regional Age Group Champs
101	2:41.58	L	P	Kyra Hempel	16	HILL NT 27/03/2015 SA Level 1 Regional Age Group Champs
102	2:41.93	L	P	Keara Bothma	16	ESP ES 05/12/2014 EGA Championships Dec 2014
103	2:42.09	L	P	Melissa Kotze	16	TTNS VT 03/10/2014 Sasol National Championship 2014
104	2:42.59	L	P	Maria Heymans	16	VICT ES 05/12/2014 EGA Championships Dec 2014
105	2:42.61	L	F	Skye Sheerin	16	ESP ES 27/09/2014 EGA Summer 1
106	2:42.63	L	F	Jordin Brett	16	SWIFT ES 27/09/2014 EGA Summer 1
107	2:42.82	L	F	Sheryl-Anne Grobler	16	NEWS KZ 06/12/2014 Uthukela District Long Course
108	2:42.91	L	F	Ammaarah Abrahams	16	ASA WP 25/10/2014 WP STRAND MEET
109	2:43.47	L	F	Nicola Farrell	16	OLDE CG 24/01/2015 CGA Level 1 gala No 4
110	2:43.70	L	F	Dané Wentzel	16	POTC NW 04/12/2014 NWS Championships 2014/2015
111	2:44.90	L	F	Katelin Hagemann	16	LAD KZ 06/12/2014 Uthukela District Long Course
112	2:45.88	L	F	Megan Bailey	16	STCON NW 13/02/2015 NW Schools Swimming Championships
113	2:47.72	L	F	Karma Davis-Hannibal	16	QUEST NT 16/01/2015 NTS Jan 2015 Age Group Combined
114	2:48.55	L	F	Carlin Geel	16	KDOR NW 04/12/2014 NWS Championships 2014/2015
115	2:48.98	L	F	Lizelle Human	16	CYBE WP 20/02/2015 WP Jack Currie Championships 2015
116	2:49.51	L	F	Brigitte Sturgeon	16	HH NW 13/02/2015 NW Schools Swimming Championships
117	2:49.58	L	F	Aimee Salter	16	ROA SW 18/10/2014 1st A League Gala
118	2:49.60	L	F	Anneli Zietsman	16	AQUB EP 31/01/2015 Uitenhage Swimming Club Gala 2015
119	2:50.68	L	F	Marne' Meier	16	PAC NT 17/10/2014 NTS Oct 2014 Age Group Lev 2+3
120	2:50.75	L	F	Anuskha Van Dyk	16	PLAY WP 14/06/2014 WPA SC SENIOR LEAGUE 2 -
121	2:51.01	L	F	Ashleigh Judd	16	VIKI BO 27/11/2014 Buffalo City Championships 2014
122	2:51.03	L	F	Bianca Coetzee	16	PAC NT 07/11/2014 NTS November 20014 Age Group -
123	2:52.08	L	F	Amy Tebbit	16	MDOL CG 18/10/2014 CGA Level 1 gala No 2
124	2:52.14	L	F	Cecelia VAn Zyl	16	FINS MP 31/10/2014 MP AGE GROUP 2 - 2014
125	2:53.17	L	F	Simone Wentzel	16	DDA NT 07/11/2014 NTS November 20014 Age Group -
126	2:53.50	L	F	Lene' De Lange	16	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
127	2:53.65	L	P	Kerryn Swart	16	BENS ES 05/12/2014 EGA Championships Dec 2014
128	2:54.15	L	F	Amanda Erasmus	16	VINE WP 16/08/2014 WPA LC SENIOR LEAGUE 1
129	2:54.47	L	P	Kaydene Wilson	16	SUPE CG 05/12/2014 EGA Championships Dec 2014
130	2:56.24	L	F	Daleen Jv Rensburg	16	RBUR NW 04/12/2014 NWS Championships 2014/2015
131	2:59.55	L	F	Minenhle Nkosi	16	USH KZ 31/01/2015 Ushaka Championship Gala 2015
132	3:00.96	L	F	Therine Beukes	16	KOVS FS 08/11/2014 Seal Supersport Gala 2014
133	3:01.49	L	F	Melissa Sparks	16	DORE CG 24/01/2015 CGA Level 1 gala No 4
134	3:02.90	L	P	Madison Martin	16	SWIFT ES 05/12/2014 EGA Championships Dec 2014
135	3:03.52	L	P	Kendall Haslehurst	16	BENS ES 05/12/2014 EGA Championships Dec 2014
136	3:05.74	L	F	Lize-Mari Burger	16	PRKA NC 15/01/2015 NOCASA Champs 2015

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
137	3:05.88	L	F	Robyn-Nuske Godsil	16	PAC NT	15/08/2014 NTS August 20014 Age Group -
138	3:05.89	L	F	Simone' Visser	16	FAAC NC	05/12/2014 NOCASA Sprints 2014
139	3:06.66	L	F	Annika Narsai	16	LENA CG	24/01/2015 CGA Level 1 gala No 4
140	3:07.63	L	F	Rethe-Mari Lategan	16	UPTS NC	23/01/2015 NOCASA Age Group 2 Upington
141	3:09.97	L	F	Cornel Leach	16	LYD MP	21/02/2015 MP Age Group 5 - 21 February 2015
142	3:10.01	L	P	Bongekile Sabeka	16	MDOL CG	18/12/2014 CGA Open LC Championships 2014
143	3:10.20	L	F	Courtney Mallett	16	CSC NT	07/11/2014 NTS November 20014 Age Group -
144	3:12.76	L	F	Anri Kasselmann	16	NFS NF	31/01/2015 4 + 1 Inter Provincial Gala 2015
145	3:19.08	L	F	Emma Roach	16	HARL BO	27/11/2014 Buffalo City Championships 2014
146	3:26.68	L	F	Hannah Sarakinsky	16	MDOL CG	24/01/2015 CGA Level 1 gala No 4
Women 16 400 Free							
1	4:20.09	L	F	Erin Gallagher	16	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
2	4:28.01	L	F	Nathania Van Niekerk	16	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
3	4:28.51	L	F	Samantha Randle	16	RSA	23/05/2014 2nd African Youth Games,Botswana
4	4:31.48	L	F	Sulé Vd Merwe	16	EAGA LP	12/03/2015 SA Level 3 National Age Group Champs
5	4:31.80	L	F	Savannah Barman	16	BOKS ES	12/03/2015 SA Level 3 National Age Group Champs
6	4:33.41	L	P	Josephine Holm	16	KVIK ZZ	13/02/2015 SSA GRAND PRIX #1 -
7	4:33.86	L	F	Marne Frylinck	16	KOVS FS	12/03/2015 SA Level 3 National Age Group Champs
8	4:34.73	L	P	Caitlin Lewington	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
9	4:34.76	L	F	Ianthé vd Westhuizen	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
10	4:35.14	L	F	Danielle Smith	16	MGSC KZ	12/03/2015 SA Level 3 National Age Group Champs
11	4:37.82	L	P	Erin Anderson	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
12	4:38.75	L	P	Regan Saunders	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
13	4:39.35	L	F	Courtney Macfarlane	16	WATR CG	12/03/2015 SA Level 3 National Age Group Champs
14	4:39.91	L	P	Nasha Van Rensburg	16	TYGE WP	13/02/2015 SSA GRAND PRIX #1 -
15	4:42.63	L	F	Kiyana Bartleson	16	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
16	4:43.34	L	F	Danè Meier	16	TYGE WP	19/03/2015 SA Level 2 Regional Age Group Champs
17	4:46.20	L	P	Shannon De Souza	16	ACSA KZ	17/12/2014 KZN Premier Championships 2014
18	4:47.12	L	F	Brigitte Muller	16	BEST EP	05/12/2014 NMBA Championships 2014
19	4:47.94	L	P	Kyra Vivian	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
20	4:51.20	L	F	Alida De Jager	16	NAUDE FS	31/10/2014 FS Schools Gala Proewe 2014
21	4:54.01	L	F	Nicola MacDonald	16	SGUL KZ	14/02/2015 KZN Age Group Gala 11
22	4:55.58	L	F	Jamie Gardiner	16	SASE CG	19/03/2015 SA Level 2 Regional Age Group Champs
23	4:55.76	L	P	Kristen Davis	16	KLOO KZ	17/12/2014 KZN Premier Championships 2014
24	4:57.41	L	F	Nicola De Pinto	16	CYBE WP	25/10/2014 WP STRAND MEET
25	4:58.05	L	F	Danèlle Joubert	16	WELL WP	19/03/2015 SA Level 2 Regional Age Group Champs
26	4:58.22	L	F	Demi Joseph	16	STAD CG	20/06/2014 IV Trofeo Citta di Pescara
27	4:58.81	L	F	Ashleigh Riley	16	SOUL ES	19/03/2015 SA Level 2 Regional Age Group Champs
28	4:59.41	L	F	Sheray Pretorius	16	CSC NT	04/12/2014 NTS Championships 2014
29	5:00.13	L	F	Hannah McLean-Leonard	16	KLOO KZ	03/10/2014 Sasol National Championship 2014
30	5:00.20	L	F	Jessé de Kock	16	BLSS FS	17/10/2014 Otters Prestige Gala 2014
31	5:02.24	L	F	Melissa Carney	16	DDA NT	19/03/2015 SA Level 2 Regional Age Group Champs
32	5:02.30	L	F	Linda Groenewald	16	BLOT FS	17/10/2014 Otters Prestige Gala 2014
33	5:02.38	L	F	Megan Botha	16	MDOL CG	14/02/2015 CGA Level 2/3 Gala No 4
34	5:02.76	L	F	Amy Mardon	16	AQUB EP	05/12/2014 NMBA Championships 2014
35	5:03.82	L	F	Charne De Jager	16	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
36	5:04.03	L	F	Jonatha Marais	16	GREY WP	11/10/2014 WPA LC SENIOR LEAGUE 3
37	5:06.28	L	F	Nicole Dooling	16	BLOT FS	03/10/2014 Sasol National Championship 2014
38	5:08.30	L	F	Michelle Van der Sande	16	DDA NT	04/12/2014 NTS Championships 2014
39	5:10.85	L	F	Kristina Rogge	16	AZON KZ	28/11/2014 KZN TYR Westville Sprints 2014
40	5:11.63	L	F	Alice' Maritz	16	UPTS NC	15/01/2015 NOCASA Champs 2015
41	5:13.63	L	F	Samantha Whelan	16	STAD CG	14/02/2015 CGA Level 2/3 Gala No 4
42	5:15.39	L	F	Rabia Shaw	16	PAQU WP	20/02/2015 WP Jack Currie Championships 2015
43	5:16.16	L	F	Mizan Viljoen	16	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
44	5:17.97 L	F	Leigh-Anne Behrens	16	CRSC CG	14/02/2015	CGA Level 2/3 Gala No 4
45	5:19.18 L	F	Annabel Rood	16	UNI MP	31/10/2014	MP AGE GROUP 2 - 2014
46	5:19.24 L	F	Megan Short	16	WAV MP	28/11/2014	KZN TYR Westville Sprints 2014
47	5:20.62 L	F	Nadia de Kock	16	USC BO	27/11/2014	Buffalo City Championships 2014
48	5:20.74 L	F	Harriet van Jaarsveld	16	BLSS FS	17/10/2014	Otters Prestige Gala 2014
49	5:21.70 L	F	Tyla Loubser	16	WELA NF	03/12/2014	Mangaung Aquatics Championship 2014
50	5:23.60 L	F	Benita Loedolff	16	PSC NT	17/10/2014	NTS Oct 2014 Age Group Lev 2+3
51	5:23.71 L	F	Charne Viljoen	16	KOVFS FS	03/12/2014	Mangaung Aquatics Championship 2014
52	5:24.21 L	F	Lenè Fontini	16	ASA WP	25/10/2014	WP STRAND MEET
53	5:24.22 L	F	Chris-Mari Lombaard	16	BARR WP	31/10/2014	Freda Barnard Gala
54	5:24.51 L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
55	5:24.61 L	F	Megan Dateline	16	ELEC CG	14/02/2015	CGA Level 2/3 Gala No 4
56	5:25.60 L	F	Ayesha Valli	16	ATLA CG	01/11/2014	CGA Level 2-3 Gala No 3
57	5:27.02 L	F	Yvonne Du Plessis	16	FISH SW	31/10/2014	Freda Barnard Gala
58	5:27.77 L	F	Samantha Adams	16	STAD CG	05/12/2014	EGA Championships Dec 2014
59	5:27.99 L	F	Kerryn Henning	16	PER CG	19/03/2015	SA Level 2 Regional Age Group Champs
60	5:29.49 L S	F	Georgia-Mai Ng-Yu-Tin	16	KZNA KZ	11/12/2014	SA Schools Swimming Championship
61	5:31.74 L	F	Natasha Lavis	16	ONY ES	05/12/2014	EGA Championships Dec 2014
62	5:33.02 L	F	Nicole Heap	16	CRSC CG	14/02/2015	CGA Level 2/3 Gala No 4
63	5:34.46 L	F	Lauren Jones	16	STAD CG	20/09/2014	CGA Level 2-3 Gala No 1 2014
64	5:34.64 L	F	Zahra Ayyoub	16	VINE WP	11/10/2014	WPA LC SENIOR LEAGUE 3
65	5:35.96 L	F	Marinel Wegman	16	TYGE WP	11/10/2014	WPA LC SENIOR LEAGUE 3
66	5:36.60 L	F	Mariëtte Brand	16	SWAR WP	11/10/2014	WPA LC SENIOR LEAGUE 3
67	5:37.55 L	F	Elizabeth Rautenbach	16	UNI MP	28/11/2014	KZN TYR Westville Sprints 2014
68	5:37.66 L	F	Cailin Gouws	16	BLOT FS	17/10/2014	Otters Prestige Gala 2014
69	5:39.53 L	F	Maria Heymans	16	VICT ES	25/10/2014	EGA Summer 2_25 Oct 2014
70	5:39.90 L	F	Marilie Terblanche	16	ROA SW	14/02/2015	Knysna Dragons Night Gala
71	5:40.07 L	F	Cherne Midgley	16	FLOD CG	25/10/2014	EGA Summer 2_25 Oct 2014
72	5:40.25 L	F	Sheryl-Anne Grobler	16	NEWS KZ	28/11/2014	KZN TYR Westville Sprints 2014
73	5:41.19 L	F	Aimee Salter	16	ROA SW	18/10/2014	1st A League Gala
74	5:43.11 L	F	Melissa Kotze	16	TTNS VT	03/10/2014	Sasol National Championship 2014
75	5:46.23 L	F	Clarissa Hansen	16	NWUC NW	04/10/2014	NWS Age Group 1 1415
76	5:47.53 L	F	Cherel Nel	16	PRA MP	28/11/2014	Mpumalanga Championships 2014
77	5:51.63 L	F	Amy Tebbit	16	MDOL CG	25/10/2014	EGA Summer 2_25 Oct 2014
78	5:53.99 L	F	Amarah Rangraze	16	ATLA CG	20/09/2014	CGA Level 2-3 Gala No 1 2014
79	5:58.70 L	F	Swadhiya Maharaj	16	BAYV KZ	14/02/2015	KZN Age Group Gala 11
80	5:59.62 L	F	Reyavaksha Govender	16	KLOO KZ	03/10/2014	Sasol National Championship 2014
81	6:00.03 L	F	Annemi Nell	16	PRA MP	28/11/2014	KZN TYR Westville Sprints 2014
82	6:00.39 L	F	Carlin Geel	16	KDOR NW	04/12/2014	NWS Championships 2014/2015
83	x6:04.53 L S	F	Minenhle Nkosi	16	KZNA KZ	11/12/2014	SA Schools Swimming Championship
84	6:07.75 L	F	Cecelia VAn Zyl	16	FINS MP	28/11/2014	Mpumalanga Championships 2014
85	6:09.10 L	F	Brigitte Sturgeon	16	HREF NW	04/12/2014	NWS Championships 2014/2015
86	6:13.40 L	F	Keara Bothma	16	ESP ES	15/02/2015	EGA Summer 5 Gala
87	6:31.02 L	F	Kerryn Swart	16	BENS ES	05/12/2014	EGA Championships Dec 2014
88	6:31.35 L	F	Lize-Mari Burger	16	PRKA NC	15/01/2015	NOCASA Champs 2015
89	6:39.75 L	F	Daleen Jv Rensburg	16	BSA NW	13/02/2015	NW Schools Swimming Championships
90	6:43.43 L	F	Rachel McCondochie	16	FSE KZ	14/02/2015	KZN Uthungulu District Feb 2015 Age
91	6:51.53 L	F	Anri Kasselmann	16	NFS NF	31/01/2015	4 + 1 Inter Provincial Gala 2015
Women 16 800 Free							
1	9:13.81 L	F	Samantha Randle	16	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
2	9:20.58 L	F	Savannah Barman	16	BOKS ES	12/03/2015	SA Level 3 National Age Group Champs
3	9:26.44 L	F	Ianthé vd Westhuizen	16	TUKS NT	20/06/2014	IV Trofeo Cittta di Pescara
4	9:27.48 L	F	Sulé Vd Merwe	16	EAGA LP	28/11/2014	Mpumalanga Championships 2014
5	9:31.16 L	P	Caitlin Lewington	16	CGA CG	13/04/2015	Sa National Aquatic Championship 2015

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
6	9:32.70 L	F	Marne Frylinck	16	KOVS FS	12/03/2015	SA Level 3 National Age Group Champs
7	9:34.15 L	F	Nasha Van Rensburg	16	TYGE WP	12/03/2015	SA Level 3 National Age Group Champs
8	9:36.04 L	F	Danielle Smith	16	MGSC KZ	28/11/2014	KZN TYR Westville Sprints 2014
9	9:42.16 L	F	Shannon De Souza	16	ACSA KZ	17/12/2014	KZN Premier Championships 2014
10	9:48.36 L	F	Brigitte Muller	16	BEST EP	05/12/2014	NMBA Championships 2014
11	9:49.98 L	F	Courtney Macfarlane	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
12	9:50.94 L	F	Regan Saunders	16	UNIQ CG	05/12/2014	EGA Championships Dec 2014
13	10:06.04 L	F	Kyra Vivian	16	UNIQ CG	05/12/2014	EGA Championships Dec 2014
14	10:06.44 L	F	Kristen Davis	16	KLOO KZ	17/12/2014	KZN Premier Championships 2014
15	10:09.44 L	F	Alida De Jager	16	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
16	10:13.69 L	F	Demi Joseph	16	STAD CG	04/10/2014	CGA Level 2-3 Gala N0 2 2014
17	10:25.00 L S	F	Hannah McLean-Leonard	16	KLOO KZ	03/10/2014	Sasol National Championship 2014
18	10:37.26 L	F	Amy Mardon	16	AQUB EP	25/10/2014	3rd A-League Gala 2014
19	10:50.72 L	F	Linda Groenewald	16	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
20	10:51.23 L	F	Samantha Adams	16	STAD CG	05/12/2014	EGA Championships Dec 2014
21	10:53.66 L	F	Sheray Pretorius	16	CSC NT	19/09/2014	NTS Sep 2014 Age Group Lev 2+3
22	10:57.56 L	F	Annabel Rood	16	UNI MP	31/10/2014	MP AGE GROUP 2 - 2014
23	11:04.86 L	F	Harriet van Jaarsveld	16	BLSS FS	03/12/2014	Mangaung Aquatics Championship 2014
24	11:08.06 L	F	Ayesha Valli	16	ATLA CG	05/12/2014	EGA Championships Dec 2014
25	11:10.91 L	F	Jordyn Irvine	16	TUKS NT	07/11/2014	NTS November 20014 Age Group -
26	11:13.69 L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
27	11:17.02 L	F	Tyla Loubser	16	WELA NF	03/12/2014	Mangaung Aquatics Championship 2014
28	11:18.32 L	F	Kerryn Henning	16	PER CG	04/10/2014	CGA Level 2-3 Gala N0 2 2014
29	11:24.79 L	F	Alice' Maritz	16	UPTS NC	15/01/2015	NOCASA Champs 2015
30	11:27.50 L	F	Nikita Rambrij	16	BEAV KZ	17/01/2015	KZN Age Group Gala 10
31	11:46.63 L	F	Aimee Salter	16	ROA SW	29/11/2014	SWDA LC Championships
32	11:53.37 L	F	Natasha Lavis	16	ONY ES	05/12/2014	EGA Championships Dec 2014
33	11:56.30 L	F	Katelin Hagemann	16	LAD KZ	06/12/2014	Uthukela District Long Course
34	11:57.91 L	F	Sheryl-Anne Grobler	16	NEWS KZ	28/11/2014	KZN TYR Westville Sprints 2014
35	12:03.85 L	F	Marilie Terblanche	16	ROA SW	15/11/2014	2nd SWD A League Gala
36	12:20.70 L	F	Cailin Gouws	16	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
37	12:32.72 L S	F	Reyavaksha Govender	16	KLOO KZ	03/10/2014	Sasol National Championship 2014
38	12:35.08 L	F	Bonita Roos	16	USH KZ	17/01/2015	KZN Uthungulu District Jan 2015 Age
39	12:35.37 L	F	Carlin Geel	16	KDOR NW	04/12/2014	NWS Championships 2014/2015
40	12:40.61 L	F	Keara Bothma	16	ESP ES	08/11/2014	EGA Summer 3
41	12:41.77 L	F	Cecelia VAN Zyl	16	FINS MP	28/11/2014	KZN TYR Westville Sprints 2014
42	15:25.10 L	F	Nadine Esterhuizen	16	LAD KZ	08/11/2014	KZN Uthukela District Age Group Gala
43	15:36.86 L	F	Anri Kasselmann	16	VALS NF	15/11/2014	Valsrivier League Gala 3
Women 16 1000 Free							
1	14:00.00 L	F	Savannah Barman	16	EGA ES	24/01/2015	Gauteng Open Water Championships
2	14:17.70 L	O	Jonatha Marais	16	GREY WP	06/12/2014	WP Open Water Challenge 2 2014
3	14:27.31 L	O	Nasha Van Rensburg	16	TYGE WP	07/02/2015	WP Open Water Championships
4	15:19.00 L	F	Leigh-Anne Behrens	16	CGA CG	24/01/2015	Gauteng Open Water Championships
5	16:11.00 L	O	Amy Keech	16	BEST EP	08/02/2015	NMBA Open Water
Women 16 1500 Free							
1	18:15.65 L	P	Nasha Van Rensburg	16	WPA WP	13/04/2015	Sa National Aquatic Championship 2015
2	18:55.50 L	F	Brigitte Muller	16	BEST EP	05/12/2014	NMBA Championships 2014
3	19:12.22 L	F	Savannah Barman	16	BOKS ES	27/09/2014	EGA Summer 1
4	19:59.72 L	F	Kristen Davis	16	KLOO KZ	03/10/2014	Sasol National Championship 2014
5	20:52.06 L	F	Samantha Adams	16	STAD CG	20/09/2014	CGA Level 2-3 Gala No 1 2014
6	21:01.82 L	F	Melissa Carney	16	FAAC NC	15/01/2015	NOCASA Champs 2015
7	23:02.53 L	F	Cherne Midgley	16	FLOD CG	20/09/2014	CGA Level 2-3 Gala No 1 2014
8	23:11.97 L	F	Sheryl-Anne Grobler	16	NEWS KZ	06/12/2014	Uthukela District Long Course
9	23:16.04 L	F	Natasha Lavis	16	ONY ES	27/09/2014	EGA Summer 1

Individual Top Times

Times since: 01-May-14

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	Time	P/F/S	Name	Age/Yr			
10	23:43.43 L	F	Carlin Geel	16	KDOR NW	01/11/2014	NWS Age Group 2 1415
11	23:58.46 L	F	Maria Heymans	16	VICT ES	27/09/2014	EGA Summer 1
12	24:09.71 L	F	Katelin Hagemann	16	LAD KZ	06/12/2014	Uthukela District Long Course
13	24:38.78 L	F	Cecelia VAn Zyl	16	FINS MP	28/11/2014	Mpumalanga Championships 2014
14	31:08.65 L	F	Anri Kasselmann	16	VALS NF	09/01/2015	Club Championships 2015
Women 16 3000 Free							
1	40.16 L	O	Ayesha Valli	16	CGA CG	17/01/2015	Time Freight Lake Heritage Water
2	42.17 L	O	Cherne Midgley	16	CGA CG	17/01/2015	Time Freight Lake Heritage Water
3	42.45 L	O	Samantha Adams	16	CGA CG	11/01/2015	Time Freight Swim Challenge
4	38:13.91 L	O	Savannah Barman	16	EGA ES	07/03/2015	Sa National Aquatic Championship
5	39:35.00 L	F	Shannon De Souza	16	ACSA KZ	02/11/2014	Lake Eland Mile
6	39:39.68 L	O	Brigitte Muller	16	EP EP	07/03/2015	Sa National Aquatic Championship
7	41:26.66 L	O	Amy Mardon	16	EP EP	07/03/2015	Sa National Aquatic Championship
8	41:59.00 L	F	Nikita Bauristhene	16	WSTV KZ	22/11/2014	Capital K 2014
9	42:54.47 L	O	Nasha Van Rensburg	16	TYGE WP	17/01/2015	WP Open Water Challenge 3
10	43:27.03 L	F	Jordyn Irvine	16	TUKS NT	01/02/2015	Buffelspoort Mile
11	43:42.23 L	O	Sheray Pretorius	16	NTS NT	07/03/2015	Sa National Aquatic Championship
12	44:43.22 L	O	Carine THEUNISSEN	16	FS FS	07/03/2015	Sa National Aquatic Championship
13	45:24.27 L	O	Jonatha Marais	16	GREY WP	17/01/2015	WP Open Water Challenge 3
14	45:32.77 L	O	Georgia-Mai Ng-Yu-Tin	16	FS FS	07/03/2015	Sa National Aquatic Championship
15	46:02.00 L	F	Tyla Loubser	16	FS FS	18/01/2015	Free State Open Water Champs 2015
16	46:02.83 L	O	Rabia Shaw	16	PAQU WP	17/01/2015	WP Open Water Challenge 3
17	46:57.00 L	O	Carlin Geel	16	KDOR NW	17/01/2015	Time Freight Lake Heritage Water
18	47:17.68 L	O	Amy Keech	16	EP EP	07/03/2015	Sa National Aquatic Championship
19	47:21.20 L	O	Lenè Fontini	16	ASA WP	17/01/2015	WP Open Water Challenge 3
20	47:59.97 L	O	Kyra Hempel	16	NTS NT	07/03/2015	Sa National Aquatic Championship
21	48:17.00 L	F	Mizan Viljoen	16	FS FS	18/01/2015	Free State Open Water Champs 2015
22	49:15.00 L	F	Sheryl-Anne Grobler	16	NEWS KZ	22/11/2014	Capital K 2014
23	50:06.34 L	F	Karma Davis-Hannibal	16	QUEST NT	01/02/2015	Buffelspoort Mile
Women 16 5000 Free							
1	1:14.59 L	O	Samantha Adams	16	CGA CG	17/01/2015	Time Freight Lake Heritage Water
2	1:06:09.97 L	O	Savannah Barman	16	EGA ES	07/03/2015	Sa National Aquatic Championship
3	1:07:31.35 L	O	Marne Frylinck	16	FS FS	07/03/2015	Sa National Aquatic Championship
4	1:07:44.24 L	O	Brigitte Muller	16	EP EP	07/03/2015	Sa National Aquatic Championship
5	1:07:50.00 L	F	Shannon De Souza	16	ACSA KZ	02/11/2014	Lake Eland Mile
6	1:10:55.33 L	O	Alida De Jager	16	FS FS	07/03/2015	Sa National Aquatic Championship
7	1:11:11.15 L	O	Amy Mardon	16	EP EP	07/03/2015	Sa National Aquatic Championship
8	1:11:53.00 L	F	Kristen Davis	16	KLOO KZ	22/11/2014	Capital K 2014
9	1:14:12.00 L	F	Nikita Bauristhene	16	WSTV KZ	22/11/2014	Capital K 2014
10	1:14:27.43 L	O	Nasha Van Rensburg	16	TYGE WP	15/11/2014	WP Open Water Challenge 1 2014
11	1:14:51.06 L	O	Rabia Shaw	16	PAQU WP	17/01/2015	WP Open Water Challenge 3
12	1:18:20.44 L	O	Georgia-Mai Ng-Yu-Tin	16	FS FS	07/03/2015	Sa National Aquatic Championship
13	1:21:56.00 L	F	Sheryl-Anne Grobler	16	NEWS KZ	22/11/2014	Capital K 2014
14	1:26:50.00 L	F	Kyra Hempel	16	NTS NT	24/01/2015	Gauteng Open Water Championships
Women 16 7500 Free							
1	2:32:19.53 L	O	Rabia Shaw	16	PAQU WP	06/12/2014	WP Open Water Challenge 2 2014
Women 16 10000 Free							
1	2:37:41.00 L	O	Amy Mardon	16	AQUB EP	08/02/2015	NMBA Open Water
2	3:02:29.48 L	O	Rabia Shaw	16	PAQU WP	06/12/2014	WP Open Water Challenge 2 2014
Women 16 50 Back							
1	29.94 L	F	Erin Gallagher	16	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
2	30.08 L	F	Nathania Van Niekerk	16	MDOL CG	12/03/2015	SA Level 3 National Age Group Champs
3	31.22 L	F	Roseline Loubser	16	BARR WP	12/03/2015	SA Level 3 National Age Group Champs

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
4	31.80 L	F	Samantha Randle	16	RSA	23/05/2014	2nd African Youth Games,Botswana
5	31.82 L	P	Courtney Macfarlane	16	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
6	31.92 L	F	Tatum Tarpey	16	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
7	31.94 L	F	Demi Joseph	16	STAD CG	20/02/2015	Grand Prix Invitation Swimming Meet
8	32.06 L	F	Marne Groenewald	16	WATR CG	12/03/2015	SA Level 3 National Age Group Champs
9	32.17 L	F	Leam Strydom	16	ACSA KZ	12/03/2015	SA Level 3 National Age Group Champs
10	32.38 L	F	Caitlin Lewington	16	STAD CG	18/12/2014	CGA Open LC Championships 2014
11	32.57 L S	F	Nicole Dooling	16	BLOT FS	03/10/2014	Sasol National Championship 2014
12	32.72 L	P	Hannah McLean-Leonard	16	KLOO KZ	17/12/2014	KZN Premier Championships 2014
13	32.87 L	F	Bianca Gray	16	FS FS	11/12/2014	SA Schools Swimming Championship
14	32.88 L	P	Alice' Maritz	16	UPTS NC	12/03/2015	SA Level 3 National Age Group Champs
15	33.01 L	P	Julie-Ann Wagner	16	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
16	33.04 L	F	Linda Groenewald	16	BLOT FS	16/08/2014	Neptune Aquatics Sprint gala 2014
17	33.23 L	P	Danielle Smith	16	MGSC KZ	17/12/2014	KZN Premier Championships 2014
18	33.44 L	F	Nastasiya Vrey	16	PSC NT	04/12/2014	NTS Championships 2014
19	33.53 L	F	Savannah Barman	16	BOKS ES	05/12/2014	EGA Championships Dec 2014
20	33.66 L	P	Johanna Van Niekerk	16	NTS NT	13/04/2015	Sa National Aquatic Championship 2015
21	33.73 L	F	Yvonne Du Plessis	16	SWDA SW	17/01/2015	Inter-Provincial Gala 2015
22	33.81 L	F	Jamie Edwards	16	ELEC CG	04/12/2014	NTS Championships 2014
23	33.83 L	F	Sanchia Booth	16	PEAS EP	19/03/2015	SA Level 2 Regional Age Group Champs
24	33.88 L	P	Nicola MacDonald	16	SGUL KZ	17/12/2014	KZN Premier Championships 2014
25	33.89 L	F	Jordyn Irvine	16	TUKS NT	07/11/2014	NTS November 20014 Age Group -
26	33.90 L	F	Emma Howard	16	KZNA KZ	11/12/2014	SA Schools Swimming Championship
27	33.91 L	P	Tara Wheeler	16	STPS KZ	19/03/2015	SA Level 2 Regional Age Group Champs
28	33.94 L	F	Carla Combrinck	16	VRY KZ	19/03/2015	SA Level 2 Regional Age Group Champs
29*	33.97 L	P	Lissa Fourie	16	FISH SW	12/03/2015	SA Level 3 National Age Group Champs
29*	33.97 L	P	Lauren-Mae McBlain	16	ASA! WP	12/03/2015	SA Level 3 National Age Group Champs
31	34.01 L	F	Ashleigh Riley	16	SOUL ES	19/03/2015	SA Level 2 Regional Age Group Champs
32	34.07 L	F	Sulé Vd Merwe	16	LIMSC LP	26/02/2015	Limpopo Province Interprovincial
33	34.12 L	P	Roxanne Brown	16	WSTV KZ	17/12/2014	KZN Premier Championships 2014
34	34.15 L	P	Tyla Loubser	16	WELA NF	19/03/2015	SA Level 2 Regional Age Group Champs
35	34.31 L	F	Nicole Heap	16	CRSC CG	19/03/2015	SA Level 2 Regional Age Group Champs
36	34.39 L	F	Aimee Mittermayer-Madureir	16	FSE KZ	08/11/2014	KZN Uthungulu Nov Age Group Gala
37	34.45 L	F	Luca Van Greunen	16	WSTV KZ	28/11/2014	KZN TYR Westville Sprints 2014
38	34.48 L	F	Sheray Pretorius	16	CSC NT	19/03/2015	SA Level 2 Regional Age Group Champs
39	34.50 L	P	Caroux De Lange	16	WSAA WP	12/03/2015	SA Level 3 National Age Group Champs
40	34.60 L	P	Megan Botha	16	MDOL CG	19/03/2015	SA Level 2 Regional Age Group Champs
41*	34.80 L	P	Kiyana Bartleson	16	TUKS NT	12/03/2015	SA Level 3 National Age Group Champs
41*	34.80 L	F	Marne Frylinck	16	KOVS FS	06/09/2014	Kovsies Gala 2
41*	34.80 L	F	Jessé de Kock	16	BLSS FS	19/03/2015	SA Level 2 Regional Age Group Champs
44	34.81 L	F	Skye Sheerin	16	ESP ES	05/12/2014	EGA Championships Dec 2014
45*	34.84 L	F	Nasha Van Rensburg	16	TYGE WP	12/07/2014	WPA WINTER SENIOR LEAGUE 3
45*	34.84 L	P	Regan Saunders	16	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
47	34.95 L	P	Pier Veller	16	ASA WP	19/03/2015	SA Level 2 Regional Age Group Champs
48	34.97 L	P	Robin Chapman	16	SWAR WP	27/03/2015	SA Level 1 Regional Age Group Champs
49	35.09 L	F	Danëlle Joubert	16	WELL WP	19/03/2015	SA Level 2 Regional Age Group Champs
50	35.12 L	F	Simranjit Kaur	16	WATR CG	19/03/2015	SA Level 2 Regional Age Group Champs
51	35.18 L	P	Leigh-Anne Behrens	16	CRSC CG	19/03/2015	SA Level 2 Regional Age Group Champs
52	35.34 L	P	Charne De Jager	16	TUKS! NT	19/03/2015	SA Level 2 Regional Age Group Champs
53	35.54 L	F	Thalia Bothma	16	FISH SW	29/11/2014	SWDA LC Championships
54	35.58 L	P	Kerryn Henning	16	PER CG	05/12/2014	EGA Championships Dec 2014
55	35.59 L	P	Anna Cocks	16	VIKI BO	17/12/2014	KZN Premier Championships 2014
56*	35.63 L	F	Brigitte Muller	16	BEST EP	25/10/2014	3rd A-League Gala 2014
56*	35.63 L	F	Claire Berzen	16	WATR CG	19/03/2015	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
58	35.69 L	F	Samantha Whelan	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
59	35.72 L	F	Chris-Mari Lombaard	16	BARR WP	10/12/2014 WP Championships 2014
60	35.77 L	F	Annabel Rood	16	UNI MP	31/10/2014 MP AGE GROUP 2 - 2014
61	35.81 L	P	Melissa Carney	16	DDA NT	19/03/2015 SA Level 2 Regional Age Group Champs
62	35.85 L	F	Bonita Roos	16	USH KZ	06/12/2014 KZN Uthungulu District Dec Age Group
63	35.89 L	F	Ianthé vd Westhuizen	16	STAD CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
64	35.90 L	P	Kirsten Reeves	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
65	36.05 L	F	Kelly Ebing	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
66	36.07 L	P	Keara Bothma	16	ESP ES	27/03/2015 SA Level 1 Regional Age Group Champs
67	36.16 L S	P	Kristen Davis	16	KLOO KZ	03/10/2014 Sasol National Championship 2014
68	36.24 L	F	Clarissa Hansen	16	NWUC NW	04/12/2014 NWS Championships 2014/2015
69	36.28 L	F	Gretchen Bekker	16	HBV LP	17/10/2014 Limpopo Schools Champs October 2014
70	36.33 L	F	Vanessa Van der Merwe	16	NEWS KZ	28/11/2014 KZN TYR Westville Sprints 2014
71	36.34 L	F	Peta Venter	16	PWAC NW	13/09/2014 2014 Speedo Hillcrest Sprint Gala
72	36.56 L	P	Amarah Rangraze	16	ATLA CG	05/12/2014 EGA Championships Dec 2014
73	36.67 L	P	Nicola De Pinto	16	CYBE WP	10/12/2014 WP Championships 2014
74*	36.71 L	F	Izell Vd Westhuizen	16	ROA SW	18/10/2014 1st A League Gala
74*	36.71 L	F	Mariëtte Brand	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
76	36.73 L	F	Benita Loedolff	16	PSC NT	15/08/2014 NTS August 20014 Age Group -
77	36.80 L	F	Elizabeth Rautenbach	16	UNI MP	28/11/2014 Mpumalanga Championships 2014
78	36.92 L	F	Marinel Wegman	16	TYGE WP	25/10/2014 WP STRAND MEET
79	36.96 L	P	Marne' Meier	16	PAC NT	19/03/2015 SA Level 2 Regional Age Group Champs
80	36.98 L	F	Amy Tebbit	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
81*	36.99 L	P	Shaunagh Le Sur	16	STPS KZ	17/12/2014 KZN Premier Championships 2014
81*	36.99 L	F	Courtney Van Biljon	16	TUKS NT	16/01/2015 NTS Jan 2015 Age Group Combined
83	37.01 L	F	Kayra Humphries	16	HWBA LP	17/10/2014 Limpopo Schools Champs October 2014
84	37.21 L	F	Savannah Mitchell	16	ESP ES	30/08/2014 Adrian Grafe Memorial Gala
85	37.22 L	F	Joane Kuun	16	FISH SW	21/02/2015 SWD 6th A-League
86	37.24 L	F	Cherne Midgley	16	FLOD CG	25/10/2014 EGA Summer 2_25 Oct 2014
87	37.31 L	F	Minenhle Nkosi	16	USH KZ	31/01/2015 Ushaka Championship Gala 2015
88	37.41 L	F	Melissa Kotze	16	TTNS VT	30/08/2014 Adrian Grafe Memorial Gala
89	37.44 L	F	Ammaarah Abrahams	16	ASA WP	10/12/2014 WP Championships 2014
90	37.46 L	F	Anne Marais	16	FISH SW	31/10/2014 Freda Barnard Gala
91	37.54 L	F	Maria Heymans	16	VICT ES	30/08/2014 Adrian Grafe Memorial Gala
92	37.57 L	F	Charne Viljoen	16	KOVS FS	23/08/2014 Kovsies Gala 23 August 2014
93	37.69 L	F	Lisa Delpport	16	FAAC NC	15/01/2015 NOCASA Champs 2015
94*	37.71 L	P	Jamie Gardiner	16	SASE CG	19/03/2015 SA Level 2 Regional Age Group Champs
94*	37.71 L	F	Bryony Treagus	16	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
96	37.76 L	P	Daniela Passoni	16	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
97	37.80 L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
98	37.81 L	F	Megan Dateline	16	ELEC CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
99	37.82 L	F	Jena Harrison	16	UNI MP	27/03/2015 SA Level 1 Regional Age Group Champs
100	37.83 L	F	Cailin Gouws	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
101	37.86 L	F	Zahra Ayyoub	16	VINE WP	25/10/2014 WP STRAND MEET
102	37.94 L	F	Mizan Viljoen	16	KOVS FS	23/08/2014 Kovsies Gala 23 August 2014
103	38.03 L	F	Anneli Zietsman	16	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
104	38.05 L	F	Anuskha Van Dyk	16	PLAY WP	12/07/2014 WPA WINTER SENIOR LEAGUE 3
105	38.07 L	F	Carine THEUNISSEN	16	BLNE FS	16/08/2014 Neptune Aquatics Sprint gala 2014
106	38.12 L	F	Nadia de Kock	16	USC BO	27/11/2014 Buffalo City Championships 2014
107	38.17 L	F	Megan Bailey	16	SWAG NW	27/03/2015 SA Level 1 Regional Age Group Champs
108	38.23 L	F	Elizabeth Murray	16	PEAS EP	08/11/2014 4th A-League Gala 2014
109	38.33 L	F	Michaela Vermaak	16	WSAA WP	17/10/2014 Limpopo Schools Champs October 2014
110	38.34 L	F	Stacey Pye	16	MDOL CG	15/02/2015 EGA Summer 5 Gala
111	38.47 L	F	Annette Rabe	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
112	38.59 L	F	Amy Mardon	16	AQUB EP	22/11/2014	PEA Gala 2014
113	38.60 L L	F	Simone Wentzel	16	DDA NT	27/03/2015	SA Level 1 Regional Age Group Champs
114	38.66 L	F	Michelle Van der Sande	16	PSC NT	15/08/2014	NTS August 20014 Age Group -
115	38.73 L	F	Swadhiya Maharaj	16	BAYV KZ	28/11/2014	KZN TYR Westville Sprints 2014
116	38.93 L	F	Harriet van Jaarsveld	16	BLSS FS	03/12/2014	Mangaung Aquatics Championship 2014
117	39.10 L	F	Kerryn Swart	16	BENS ES	08/11/2014	EGA Summer 3
118	39.12 L	P	Samantha Adams	16	STAD CG	05/12/2014	EGA Championships Dec 2014
119	39.25 L	P	Denita-Sue Pieterse	16	BLUO KZ	19/03/2015	SA Level 2 Regional Age Group Champs
120	39.35 L	F	Christie Despotakis	16	ONY ES	25/10/2014	EGA Summer 2_25 Oct 2014
121	39.43 L	F	Aimee Salter	16	ROA SW	18/10/2014	1st A League Gala
122*	39.50 L	F	Bianca Coetzee	16	PAC NT	10/10/2014	NTS Oct 2014 Age Group Level 0+1
122*	39.50 L	F	Kalinka Venter	16	AQUB EP	25/10/2014	3rd A-League Gala 2014
124	39.53 L	F	Katelin Hagemann	16	LAD KZ	17/01/2015	KZN Uthukela District Jan 2015 Age
125	39.58 L	F	Reyavaksha Govender	16	KLOO KZ	28/11/2014	KZN TYR Westville Sprints 2014
126	39.67 L	F	Jordin Brett	16	SWIFT ES	30/08/2014	Adrian Grafe Memorial Gala
127	39.82 L	F	Alani Ferreira	16	SEAL KZ	17/12/2014	KZN Premier Championships 2014
128	39.83 L	P	Ayesha Valli	16	ATLA CG	27/03/2015	SA Level 1 Regional Age Group Champs
129	39.84 L	F	Rachel McCondochie	16	FSE KZ	04/10/2014	KZN- Uthungulu District October Age
130	40.33 L	F	Lize-Mari Burger	16	PRKA NC	18/10/2014	NOCASA Age group 1 + Schools trials
131	40.37 L	F	Georgia-Mai Ng-Yu-Tin	16	STPS KZ	28/11/2014	KZN TYR Westville Sprints 2014
132	40.52 L	F	Lizelle Human	16	CYBE WP	20/02/2015	WP Jack Currie Championships 2015
133	40.55 L	F	Toni Geddes	16	DDA NT	16/01/2015	NTS Jan 2015 Age Group Combined
134	40.59 L	P	Madison Martin	16	SWIFT ES	27/03/2015	SA Level 1 Regional Age Group Champs
135	40.61 L	F	Anize vd Vyver	16	HH NW	13/02/2015	NW Schools Swimming Championships
136	40.73 L	F	Karma Davis-Hannibal	16	QUEST NT	13/09/2014	2014 Speedo Hillcrest Sprint Gala
137	40.87 L	F	Nicola Farrell	16	OLDE CG	18/10/2014	CGA Level 1 gala No 2
138	41.03 L	F	Danél Wentzel	16	POTC NW	04/12/2014	NWS Championships 2014/2015
139	41.05 L	F	Meggan Barnard	16	FISH SW	29/11/2014	SWDA LC Championships
140	41.26 L	F	Rabia Shaw	16	PAQU WP	12/07/2014	WPA WINTER SENIOR LEAGUE 3
141	41.49 L	P	Kate Tonkin	16	BENS ES	05/12/2014	EGA Championships Dec 2014
142	41.56 L	F	Robyn-Nuske Godsil	16	PAC NT	10/10/2014	NTS Oct 2014 Age Group Level 0+1
143	41.89 L	F	Carlin Geel	16	KDOR NW	04/12/2014	NWS Championships 2014/2015
144	41.96 L	F	Daleen Jv Rensburg	16	RBUR NW	04/12/2014	NWS Championships 2014/2015
145	42.16 L	F	Annika Narsai	16	LENA CG	21/02/2015	CGA Level 1 Year End gala
146	42.26 L	F	Lilani Barnard	16	FISH SW	29/11/2014	SWDA LC Championships
147	42.34 L	F	Brigitte Sturgeon	16	HREF NW	04/12/2014	NWS Championships 2014/2015
148	42.50 L	F	Ashleigh Judd	16	VIKI BO	27/11/2014	Buffalo City Championships 2014
149	42.51 L	F	Amanda Erasmus	16	VINE WP	12/07/2014	WPA WINTER SENIOR LEAGUE 3
150	42.57 L	F	Cherel Nel	16	PRA MP	28/11/2014	Mpumalanga Championships 2014
151	42.75 L	F	Willa Roux	16	WHFC WP	25/10/2014	WP STRAND MEET
152	42.77 L	F	Ashleigh vd Merwe	16	PEAS EP	22/11/2014	PEA Gala 2014
153	43.08 L	F	Cecelia VAn Zyl	16	BLNE FS	25/02/2015	Inter High School Gala - 25 February
154	43.18 L	F	Jessica Kemp	16	UITE EP	22/11/2014	PEA Gala 2014
155	43.27 L	F	Linmarie Troskie	16	UITE EP	21/02/2015	SWD 6th A-League
156	43.62 L	F	Nicola Geldenhuys	16	UNI MP	20/09/2014	MP Xerox Sprint Gala - 20 September
157	43.68 L	F	Lene' De Lange	16	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
158	44.13 L	F	Shannon Gardner	16	TLAC NW	04/12/2014	NWS Championships 2014/2015
159	44.49 L	F	Simone' Visser	16	FAAC NC	25/10/2014	Flamingo Gala 2014
160	44.80 L	P	Kendall Haslehurst	16	BENS ES	05/12/2014	EGA Championships Dec 2014
161	45.37 L	F	Melissa Sparks	16	DORE CG	18/10/2014	CGA Level 1 gala No 2
162	45.87 L	F	Kaydene Wilson	16	SUPE CG	18/10/2014	CGA Level 1 gala No 2
163	45.91 L	F	Jemma Salvage	16	SHS NF	03/02/2015	NFS INTER HIGH SCHOOL
164	45.94 L	F	Lize Beukes	16	NWUC NW	01/11/2014	NWS Age Group 2 1415
165	46.03 L	F	Klara Dreyer	16	FSE KZ	14/02/2015	KZN Uthungulu District Feb 2015 Age

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
166	46.20 L	F	Cherie Rampersadh	16	BEAV KZ	28/11/2014 KZN TYR Westville Sprints 2014
167	46.72 L	F	Carike Broodryk	16	WDG MP	07/02/2015 MP Age Group 4 - 7 February 2015
168	46.74 L S	F	Berna Jannasch	16	SASOL FS	03/10/2014 Sasol National Championship 2014
169	47.67 L	P	Bongekile Sabeka	16	MDOL CG	19/03/2015 SA Level 2 Regional Age Group Champs
170	47.93 L	F	Emma Roach	16	ECA EP	11/12/2014 SA Schools Swimming Championship
171	48.49 L	F	Rethe-Mari Lategan	16	UPTS NC	23/01/2015 NOCASA Age Group 2 Upington
172	48.58 L	F	Anri Kasselmann	16	VALS NF	15/11/2014 Valsrivier League Gala 3
173	50.24 L	F	Tamara Brand	16	HH NW	13/02/2015 NW Schools Swimming Championships
174	55.86 L	F	Grishka Naicker	16	ASA KZ	14/02/2015 KZN Level 0 Championships 2015
175	56.97 L	F	Cornel Leach	16	LYD MP	21/02/2015 MP Age Group 5 - 21 February 2015
176	1:01.54 L	F	Emily Hubbard	16	PHS LP	17/10/2014 Limpopo Schools Champs October 2014
177	1:15.99 L	F	Nokuzola Gumbi	16	UMLA KZ	14/02/2015 KZN Level 0 Championships 2015
178	1:17.48 L S	F	Megan Short	16	MP MP	11/12/2014 SA Schools Swimming Championship
Women 16 100 Back						
1	1:02.72 L	F	Nathania Van Niekerk	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
2	1:04.98 L	F	Erin Gallagher	16	SGUL KZ	17/12/2014 KZN Premier Championships 2014
3	1:06.35 L	F	Samantha Randle	16	RSA	23/05/2014 2nd African Youth Games,Botswana
4	1:06.63 L	F	Roseline Loubser	16	BARR WP	12/03/2015 SA Level 3 National Age Group Champs
5	1:07.33 L	F	Tatum Tarpey	16	SGUL KZ	17/12/2014 KZN Premier Championships 2014
6	1:07.56 L	P	Courtney Macfarlane	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
7	1:07.58 L	S	Demi Joseph	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
8	1:07.59 L	F	Marne Groenewald	16	WATR CG	12/03/2015 SA Level 3 National Age Group Champs
9	1:07.65 L	P	Leam Strydom	16	ACSA KZ	12/03/2015 SA Level 3 National Age Group Champs
10	1:09.01 L	F	Nicole Dooling	16	BLOT FS	03/10/2014 Sasol National Championship 2014
11	1:09.25 L	P	Hannah McLean-Leonard	16	KLOO KZ	12/03/2015 SA Level 3 National Age Group Champs
12	1:09.26 L	P	Danielle Smith	16	MGSC KZ	12/03/2015 SA Level 3 National Age Group Champs
13	1:09.29 L	P	Julie-Ann Wagner	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
14	1:09.43 L	P	Sulé Vd Merwe	16	EAGA LP	12/03/2015 SA Level 3 National Age Group Champs
15*	1:09.46 L	P	Bianca Gray	16	FS FS	11/12/2014 SA Schools Swimming Championship
15*	1:09.46 L	P	Alice' Maritz	16	UPTS NC	12/03/2015 SA Level 3 National Age Group Champs
17	1:09.49 L	P	Caitlin Lewington	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
18	1:10.01 L	P	Nasha Van Rensburg	16	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
19	1:11.08 L	F	Savannah Barman	16	BOKS ES	05/12/2014 EGA Championships Dec 2014
20	1:11.48 L	P	Lauren-Mae McBlain	16	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
21	1:11.72 L	F	Lissa Fourie	16	FISH SW	29/11/2014 SWDA LC Championships
22	1:11.88 L	F	Sanchia Booth	16	PEAS EP	19/03/2015 SA Level 2 Regional Age Group Champs
23	1:12.04 L	F	Regan Saunders	16	UNIQ CG	18/12/2014 CGA Open LC Championships 2014
24	1:12.09 L	P	Nastasiya Vrey	16	PSC NT	04/12/2014 NTS Championships 2014
25	1:12.22 L	P	Shannon De Souza	16	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
26	1:12.37 L	F	Pier Veller	16	ASA WP	19/03/2015 SA Level 2 Regional Age Group Champs
27	1:12.54 L	F	Linda Groenewald	16	BLOT FS	17/10/2014 Otters Prestige Gala 2014
28	1:12.99 L	F	Emma Howard	16	STPS KZ	19/03/2015 SA Level 2 Regional Age Group Champs
29	1:13.06 L	P	Kiyana Bartleson	16	TUKS NT	17/12/2014 KZN Premier Championships 2014
30	1:13.27 L	P	Roxanne Brown	16	RSA	10/12/2014 African Union Sports-Region 5 Under 20
31	1:13.44 L	F	Danèlle Joubert	16	PLAY WP	14/06/2014 WPA SC SENIOR LEAGUE 2 -
32	1:13.55 L	F	Marne Frylinck	16	KOVS FS	20/09/2014 Neptune Volvo Open Gala
33	1:13.73 L	F	Kyra Vivian	16	UNIQ CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
34	1:13.74 L	P	Jamie Edwards	16	ELEC CG	04/12/2014 NTS Championships 2014
35	1:13.81 L	P	Erin Anderson	16	STAD CG	20/06/2014 IV Trofeo Citta di Pescara
36	1:13.85 L	F	Tyla Loubser	16	WELA NF	19/03/2015 SA Level 2 Regional Age Group Champs
37	1:14.20 L	P	Jonatha Marais	16	GREY WP	10/12/2014 WP Championships 2014
38	1:14.31 L	P	Nicola MacDonald	16	SGUL KZ	17/12/2014 KZN Premier Championships 2014
39	1:14.48 L	F	Tara Wheeler	16	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
40	1:14.52 L	P	Benita Loedolff	16	PSC NT	04/12/2014 NTS Championships 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
41	1:14.63 L	P	Sheray Pretorius	16	CSC NT	04/12/2014 NTS Championships 2014
42	1:14.80 L	P	Simranjit Kaur	16	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
43	1:14.88 L	F	Jessé de Kock	16	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
44	1:15.38 L	P	Johanna Van Niekerk	16	PAC NT	12/03/2015 SA Level 3 National Age Group Champs
45	1:15.50 L	P	Charme De Jager	16	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
46	1:15.51 L	P	Caroux De Lange	16	WSAA WP	10/12/2014 WP Championships 2014
47	1:15.54 L	P	Ashleigh Riley	16	SOUL ES	19/03/2015 SA Level 2 Regional Age Group Champs
48	1:15.82 L	P	Chris-Mari Lombaard	16	BARR WP	10/12/2014 WP Championships 2014
49	1:16.34 L	P	Megan Botha	16	MDOL CG	18/12/2014 CGA Open LC Championships 2014
50	1:16.44 L	P	Kirsten Reeves	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
51	1:16.57 L	F	Yvonne Du Plessis	16	SWDA SW	17/01/2015 Inter-Provincial Gala 2015
52	1:16.67 L	F	Claire Berzen	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
53	1:16.75 L	P	Annabel Rood	16	UNI MP	19/03/2015 SA Level 2 Regional Age Group Champs
54	1:16.83 L	P	Nicole Heap	16	CRSC CG	19/03/2015 SA Level 2 Regional Age Group Champs
55	1:16.84 L	F	Skye Sheerin	16	ESP ES	31/01/2015 EGA Summer 4
56	1:16.86 L	P	Kerryn Henning	16	PER CG	05/12/2014 EGA Championships Dec 2014
57	1:16.89 L	F	Kristen Davis	16	KLOO KZ	28/11/2014 KZN TYR Westville Sprints 2014
58	1:17.06 L	P	Marinel Wegman	16	TYGE WP	10/12/2014 WP Championships 2014
59	1:17.31 L	F	Joane Kuun	16	FISH SW	19/03/2015 SA Level 2 Regional Age Group Champs
60	1:17.38 L	F	Melissa Carney	16	FAAC NC	15/01/2015 NOCASA Champs 2015
61	1:17.69 L	F	Thalia Bothma	16	FISH SW	29/11/2014 SWDA LC Championships
62	1:18.16 L	F	Robin Chapman	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
63	1:18.18 L	F	Carla Combrinck	16	VRY KZ	06/12/2014 Uthukela District Long Course
64	1:18.51 L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
65	1:18.67 L	F	Brigitte Muller	16	BEST EP	25/10/2014 3rd A-League Gala 2014
66	1:18.78 L	F	Clarissa Hansen	16	NWS NW	08/11/2014 NFSA Four Provinces Interprovincial 8
67	1:19.40 L	F	Amy Tebbit	16	MDOL CG	24/01/2015 CGA Level 1 gala No 4
68	1:19.43 L	P	Anna Cocks	16	VIKI BO	17/12/2014 KZN Premier Championships 2014
69	1:19.76 L	P	Savannah Mitchell	16	ESP ES	19/03/2015 SA Level 2 Regional Age Group Champs
70	1:20.17 L	F	Danè Meier	16	TYGE WP	16/08/2014 WPA LC SENIOR LEAGUE 1
71	1:20.22 L	F	Emily Van Niekerk	16	SEDI VT	08/11/2014 NFSA Four Provinces Interprovincial 8
72	1:20.32 L S	F	Amy Mardon	16	AQUB EP	10/01/2015 5th A-League Gala 2014
73	1:20.44 L	F	Maria Heymans	16	VICT ES	05/12/2014 EGA Championships Dec 2014
74	1:20.64 L	F	Melissa Kotze	16	TTNS VT	31/01/2015 EGA Summer 4
75	1:20.72 L	F	Mariëtte Brand	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
76	1:20.86 L	F	Harriet van Jaarsveld	16	BLSS FS	17/10/2014 Otters Prestige Gala 2014
77	1:20.93 L	F	Amarah Rangraze	16	ATLA CG	31/01/2015 EGA Summer 4
78	1:21.19 L	F	Kristina Rogge	16	AZON KZ	17/01/2015 KZN Age Group Gala 10
79	1:21.43 L	P	Keara Bothma	16	ESP ES	27/03/2015 SA Level 1 Regional Age Group Champs
80	1:21.53 L	F	Elizabeth Rautenbach	16	UNI MP	28/11/2014 KZN TYR Westville Sprints 2014
81	1:21.60 L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
82	1:21.87 L	F	Charne Viljoen	16	KOVS FS	17/10/2014 Otters Prestige Gala 2014
83	1:21.94 L	F	Bonita Roos	16	USH KZ	06/12/2014 KZN Uthungulu District Dec Age Group
84	1:22.08 L	P	Shaunagh Le Sur	16	STPS KZ	17/12/2014 KZN Premier Championships 2014
85	1:22.12 L	F	Lenè Fontini	16	ASA WP	16/08/2014 WPA LC SENIOR LEAGUE 1
86	1:22.14 L	F	Megan Dateline	16	ELEC CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
87	1:22.20 L	F	Lauren Jones	16	STAD CG	14/02/2015 CGA Level 2/3 Gala No 4
88	1:22.29 L	P	Rabia Shaw	16	PAQU WP	20/02/2015 WP Jack Currie Championships 2015
89	1:22.30 L	F	Cailin Gouws	16	BLOT FS	17/10/2014 Otters Prestige Gala 2014
90	1:22.46 L	F	Vanessa Van der Merwe	16	NEWS KZ	06/12/2014 Uthukela District Long Course
91	1:22.74 L	F	Anuskha Van Dyk	16	PLAY WP	14/06/2014 WPA SC SENIOR LEAGUE 2 -
92	1:22.98 L	F	Ammaarah Abrahams	16	CADO WP	14/06/2014 WPA SC SENIOR LEAGUE 2 -
93	1:23.03 L	F	Cherne Midgley	16	FLOD CG	27/03/2015 SA Level 1 Regional Age Group Champs
94	1:23.36 L	F	Bryony Treagus	16	AQUB EP	25/10/2014 3rd A-League Gala 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
95	1:23.39	L	F	Gretchen Bekker	16	LP LP	24/10/2014 2014 NTS Sen Inter Prov
96	1:23.82	L	F	Elizabeth Murray	16	PEAS EP	25/10/2014 3rd A-League Gala 2014
97	1:23.88	L	P	Samantha Adams	16	STAD CG	05/12/2014 EGA Championships Dec 2014
98	1:24.11	L	F	Megan Bailey	16	SWAG NW	27/03/2015 SA Level 1 Regional Age Group Champs
99	1:24.50	L	F	Alani Ferreira	16	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
100	1:24.69	L	F	Nicola Farrell	16	OLDE CG	18/10/2014 CGA Level 1 gala No 2
101	1:25.09	L	F	Simone Wentzel	16	DDA NT	27/03/2015 SA Level 1 Regional Age Group Champs
102	1:25.35	L	F	Kerryn Swart	16	BENS ES	08/11/2014 EGA Summer 3
103	1:25.72	L	F	Bianca Coetzee	16	PAC NT	28/11/2014 2014 The Tshwane Mayoral Gala
104	1:26.63	L	F	Michaela Vermaak	16	LP LP	13/09/2014 Highveld Inter-Provincial Gala 2014
105	1:26.68	L	F	Anne Marais	16	FISH SW	31/10/2014 Freda Barnard Gala
106	1:26.71	L	F	Swadhiya Maharaj	16	BAYV KZ	27/03/2015 SA Level 1 Regional Age Group Champs
107	1:26.75	L	F	Ayesha Valli	16	ATLA CG	18/10/2014 CGA Level 1 gala No 2
108	1:26.77	L	F	Aimee Salter	16	ROA SW	18/10/2014 1st A League Gala
109	1:27.03	L	F	Lize-Mari Burger	16	PRKA NC	15/01/2015 NOCASA Champs 2015
110	1:27.04	L	F	Reyavaksha Govender	16	KLOO KZ	28/11/2014 KZN TYR Westville Sprints 2014
111	1:27.13	L	F	Minenhle Nkosi	16	USH KZ	31/01/2015 Ushaka Championship Gala 2015
112	1:27.44	L	F	Mizan Viljoen	16	KOVS FS	13/09/2014 Seals Gala 13 Sept 2014
113	1:27.47	L	F	Amanda Erasmus	16	VINE WP	16/08/2014 WPA LC SENIOR LEAGUE 1
114	1:28.10	L	F	Annette Rabe	16	PRA MP	28/11/2014 KZN TYR Westville Sprints 2014
115	1:28.41	L	F	Jena Harrison	16	UNI-M MP	23/01/2015 MP Age Group 3 - 23/24 January 2015
116	1:29.48	L	F	Brigitte Sturgeon	16	HREF NW	04/12/2014 NWS Championships 2014/2015
117	1:30.28	L S	F	Anneli Zietsman	16	AQUB EP	10/01/2015 5th A-League Gala 2014
118	1:30.50	L	F	Rachel McCondochie	16	FSE KZ	04/10/2014 KZN- Uthungulu District October Age
119	1:30.61	L	P	Madison Martin	16	SWIFT ES	05/12/2014 EGA Championships Dec 2014
120	1:31.04	L	F	Carlin Geel	16	KDOR NW	04/12/2014 NWS Championships 2014/2015
121	1:32.15	L	F	Cherel Nel	16	PRA MP	28/11/2014 KZN TYR Westville Sprints 2014
122	1:32.76	L	F	Daleen Jv Rensburg	16	RBUR NW	04/12/2014 NWS Championships 2014/2015
123	1:33.08	L	F	Kendall Haslehurst	16	BENS ES	31/01/2015 EGA Summer 4
124	1:33.31	L	F	Katelin Hagemann	16	LAD KZ	08/11/2014 KZN Uthukela District Age Group Gala
125	1:34.36	L	F	Anmarie Schutte	16	LP LP	24/10/2014 2014 NTS Sen Inter Prov
126	1:34.80	L	F	Annika Narsai	16	LENA CG	31/01/2015 EGA Summer 4
127	1:35.85	L	F	Nicola Geldenhuys	16	UNI MP	20/09/2014 MP Xerox Sprint Gala - 20 September
128	1:37.06	L	P	Kate Tonkin	16	BENS ES	05/12/2014 EGA Championships Dec 2014
129	1:37.59	L	F	Melissa Sparks	16	DORE CG	24/01/2015 CGA Level 1 gala No 4
130	1:38.01	L	F	Jessica Kemp	16	UITE EP	22/11/2014 PEA Gala 2014
131	1:38.45	L	F	Willa Roux	16	WHFC WP	25/10/2014 WP STRAND MEET
132	1:41.30	L	F	Simone' Visser	16	FAAC NC	05/12/2014 NOCASA Sprints 2014
133	1:44.73	L	F	Hannah Sarakinsky	16	MDOL CG	24/01/2015 CGA Level 1 gala No 4
134	1:45.03	L	F	Bongekile Sabeka	16	MDOL CG	18/12/2014 CGA Open LC Championships 2014
135	1:47.60	L	F	Sonja Venter	16	WELA NF	20/09/2014 Neptune Volvo Open Gala
136	1:49.76	L	F	Carike Broodryk	16	WDG MP	28/11/2014 KZN TYR Westville Sprints 2014
137	1:50.27	L	P	Emma Roach	16	BCA BO	13/04/2015 Sa National Aquatic Championship 2015
138	2:07.21	L	F	Tamara Brand	16	HH NW	13/02/2015 NW Schools Swimming Championships
Women 16 200 Back							
1	2:12.95	L	F	Nathania Van Niekerk	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
2	2:17.25	L	F	Samantha Randle	16	TUKS NT	11/06/2014 Mare Nostrum 2014 Canet
3	2:23.95	L	F	Roseline Loubser	16	BARR WP	12/03/2015 SA Level 3 National Age Group Champs
4	2:24.50	L	P	Courtney Macfarlane	16	WATR CG	20/02/2015 Grand Prix Invitation Swimming Meet
5	2:24.87	L	F	Demi Joseph	16	STAD CG	20/02/2015 Grand Prix Invitation Swimming Meet
6	2:25.81	L	P	Leam Strydom	16	ACSA KZ	20/02/2015 Grand Prix Invitation Swimming Meet
7	2:26.24	L	P	Bianca Gray	16	FS FS	13/04/2015 Sa National Aquatic Championship 2015
8	2:26.71	L	P	Danielle Smith	16	MGSC KZ	12/03/2015 SA Level 3 National Age Group Champs
9	2:27.08	L	F	Tatum Tarpey	16	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
10	2:27.62	L	P	Sulé Vd Merwe	16	EAGA LP	12/03/2015 SA Level 3 National Age Group Champs
11	2:28.82	L	P	Nicole Dooling	16	BLOT FS	12/03/2015 SA Level 3 National Age Group Champs
12	2:28.85	L	P	Nasha Van Rensburg	16	TYGE WP	13/02/2015 SSA GRAND PRIX #1 -
13	2:29.20	L	F	Caitlin Lewington	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
14	2:29.36	L	F	Shannon De Souza	16	ACSA KZ	14/02/2015 KZN Age Group Gala 11
15	2:29.84	L	P	Regan Saunders	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
16	2:30.55	L	P	Julie-Ann Wagner	16	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs
17	2:30.59	L	P	Marne Frylinck	16	KOVFS	12/03/2015 SA Level 3 National Age Group Champs
18	2:31.51	L	P	Savannah Barman	16	BOKS ES	20/02/2015 Grand Prix Invitation Swimming Meet
19	2:33.18	L	P	Alice' Maritz	16	UPTS NC	12/03/2015 SA Level 3 National Age Group Champs
20	2:34.33	L	F	Kiyana Bartleson	16	TUKS NT	17/12/2014 KZN Premier Championships 2014
21	2:35.33	L	F	Lauren-Mae McBlain	16	ASA WP	10/12/2014 WP Championships 2014
22	2:37.21	L	F	Lissa Fourie	16	FISH SW	08/02/2015 SWDA 5th A League Gala
23	2:37.28	L	F	Sanchia Booth	16	PEAS EP	19/03/2015 SA Level 2 Regional Age Group Champs
24	2:38.14	L	F	Emma Howard	16	STPS KZ	14/02/2015 KZN Age Group Gala 11
25	2:38.22	L	P	Charne De Jager	16	TUKS! NT	19/03/2015 SA Level 2 Regional Age Group Champs
26	2:38.49	L	P	Nastasiya Vrey	16	PSC NT	12/03/2015 SA Level 3 National Age Group Champs
27	2:39.28	L	F	Danèlle Joubert	16	PLAY WP	12/07/2014 WPA WINTER SENIOR LEAGUE 3
28	2:39.48	L	F	Pier Veller	16	ASA WP	19/03/2015 SA Level 2 Regional Age Group Champs
29	2:39.99	L	F	Claire Berzen	16	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
30	2:40.46	L	F	Jonatha Marais	16	GREY WP	10/12/2014 WP Championships 2014
31	2:40.91	L	F	Roxanne Brown	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
32	2:42.57	L	F	Marinel Wegman	16	TYGE WP	27/03/2015 SA Level 1 Regional Age Group Champs
33	2:42.96	L	P	Melissa Carney	16	DDA NT	19/03/2015 SA Level 2 Regional Age Group Champs
34	2:43.25	L	F	Linda Groenewald	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
35	2:43.27	L	F	Tyla Loubser	16	WELA NF	03/12/2014 Mangaung Aquatics Championship 2014
36	2:43.28	L	F	Kristen Davis	16	KLOO KZ	17/12/2014 KZN Premier Championships 2014
37*	2:43.58	L	F	Simranjit Kaur	16	WATR CG	19/03/2015 SA Level 2 Regional Age Group Champs
37*	2:43.58	L	P	Chris-Mari Lombaard	16	BARR WP	10/12/2014 WP Championships 2014
39	2:44.25	L	F	Benita Loedolff	16	PSC NT	07/11/2014 NTS November 20014 Age Group -
40	2:45.49	L	F	Kerryn Henning	16	PER CG	14/09/2014 CGA Level 1 gala No 1
41	2:46.06	L	F	Megan Botha	16	MDOL CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
42	2:46.27	L	P	Sheray Pretorius	16	CSC NT	04/12/2014 NTS Championships 2014
43	2:46.29	L	P	Ashleigh Riley	16	SOUL ES	19/03/2015 SA Level 2 Regional Age Group Champs
44	2:46.44	L S	F	Hannah McLean-Leonard	16	KLOO KZ	03/10/2014 Sasol National Championship 2014
45	2:47.63	L	F	Jessé de Kock	16	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
46	2:49.09	L	F	Annabel Rood	16	UNI MP	21/02/2015 MP Age Group 5 - 21 February 2015
47	2:49.45	L	P	Tara Wheeler	16	STPS KZ	17/12/2014 KZN Premier Championships 2014
48	2:50.01	L	F	Zahra Ayyoub	16	VINE WP	11/10/2014 WPA LC SENIOR LEAGUE 3
49	2:50.14	L	P	Skye Sheerin	16	ESP ES	05/12/2014 EGA Championships Dec 2014
50	2:50.62	L	F	Robin Chapman	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
51	2:50.79	L	F	Amy Tebbit	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
52	2:50.99	L	F	Keara Bothma	16	ESP ES	27/03/2015 SA Level 1 Regional Age Group Champs
53	2:51.99	L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
54	2:53.11	L	P	Ammaarah Abrahams	16	ASA WP	19/03/2015 SA Level 2 Regional Age Group Champs
55	2:53.30	L	F	Savannah Mitchell	16	ESP ES	15/02/2015 EGA Summer 5 Gala
56	2:54.17	L	F	Charne Viljoen	16	KOVFS	06/09/2014 Kovsies Gala 2
57	2:54.24	L	P	Melissa Kotze	16	TTNS VT	05/12/2014 EGA Championships Dec 2014
58	2:54.41	L	F	Clarissa Hansen	16	NWUC NW	04/12/2014 NWS Championships 2014/2015
59	2:55.31	L	F	Harriet van Jaarsveld	16	BLSS FS	08/11/2014 Seal Supersport Gala 2014
60	2:55.43	L	F	Vanessa Van der Merwe	16	NEWS KZ	06/12/2014 Uthukela District Long Course
61	2:55.50	L	F	Cherne Midgley	16	FLOD CG	27/03/2015 SA Level 1 Regional Age Group Champs
62	2:56.60	L	F	Maria Heymans	16	VICT ES	14/02/2015 KZN Age Group Gala 11
63	2:57.20	L	P	Samantha Adams	16	STAD CG	05/12/2014 EGA Championships Dec 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
64	2:59.16 L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
65	3:01.61 L	P	Kerryn Swart	16	BENS ES	05/12/2014	EGA Championships Dec 2014
66	3:02.28 L	F	Bonita Roos	16	USH KZ	06/12/2014	KZN Uthungulu District Dec Age Group
67	3:03.84 L	F	Swadhiya Maharaj	16	BAYV KZ	14/02/2015	KZN Age Group Gala 11
68	3:04.80 L	F	Carla Combrinck	16	VRY KZ	06/12/2014	Uthukela District Long Course
69	3:06.18 L	F	Aimee Salter	16	ROA SW	18/10/2014	1st A League Gala
70	3:06.24 L	P	Shaunagh Le Sur	16	STPS KZ	17/12/2014	KZN Premier Championships 2014
71	3:06.32 L	F	Lize-Mari Burger	16	PRKA NC	05/12/2014	NOCASA Sprints 2014
72	3:11.85 L	F	Lizelle Human	16	CYBE WP	11/10/2014	WPA LC SENIOR LEAGUE 3
73	3:11.97 L	F	Simone Wentzel	16	DDA NT	07/11/2014	NTS November 20014 Age Group -
74	3:13.72 L	F	Brigitte Sturgeon	16	HREF NW	04/12/2014	NWS Championships 2014/2015
75	3:16.14 L	F	Amanda Erasmus	16	VINE WP	12/07/2014	WPA WINTER SENIOR LEAGUE 3
76	3:20.80 L	P	Madison Martin	16	SWIFT ES	05/12/2014	EGA Championships Dec 2014
77	3:30.30 L	P	Kendall Haslehurst	16	BENS ES	05/12/2014	EGA Championships Dec 2014
Women 16 50 Breast							
1	33.57 L	F	Kirsten Reeves	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
2	33.58 L	F	Maria Heymans	16	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
3	33.98 L	P	Erin Anderson	16	RSA	10/12/2014	African Union Sports-Region 5 Under 20
4	34.62 L	P	Caroux De Lange	16	WSAA WP	12/03/2015	SA Level 3 National Age Group Champs
5	34.70 L	F	Marne Groenewald	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
6	34.78 L	P	Johanna Van Niekerk	16	PAC NT	12/03/2015	SA Level 3 National Age Group Champs
7	35.28 L	F	Kristina Rogge	16	AZON KZ	12/03/2015	SA Level 3 National Age Group Champs
8	35.75 L	P	Samantha Whelan	16	STAD CG	12/03/2015	SA Level 3 National Age Group Champs
9	36.24 L	F	Jamie Edwards	16	ELEC CG	04/12/2014	NTS Championships 2014
10	36.26 L	F	Peta Venter	16	PWAC NW	01/11/2014	NWS Age Group 2 1415
11	36.66 L	F	Lauren Jones	16	STAD CG	18/12/2014	CGA Open LC Championships 2014
12	36.73 L	F	Roseline Loubser	16	BARR WP	10/12/2014	WP Championships 2014
13	36.91 L	P	Ammaarah Abrahams	16	ASA WP	10/12/2014	WP Championships 2014
14	36.93 L	P	Nastasiya Vrey	16	PSC NT	04/12/2014	NTS Championships 2014
15	37.00 L	P	Hannah McLean-Leonard	16	KLOO KZ	12/03/2015	SA Level 3 National Age Group Champs
16	37.02 L	F	Elizabeth Rautenbach	16	UNI MP	28/11/2014	KZN TYR Westville Sprints 2014
17	37.07 L	P	Anna Cocks	16	VIKI BO	17/12/2014	KZN Premier Championships 2014
18	x37.45 L	P	Zahra Ayyoub	16	WCSA WP	11/12/2014	SA Schools Swimming Championship
19	37.59 L	F	Daniela Passoni	16	MDOL CG	30/08/2014	Adrian Grafe Memorial Gala
20*	37.62 L	F	Michelle Van der Sande	16	DDA NT	19/03/2015	SA Level 2 Regional Age Group Champs
20*	37.62 L	P	Nicola De Pinto	16	CYBE WP	10/12/2014	WP Championships 2014
22	37.69 L	F	Olivia Hudson	16	WATR CG	19/03/2015	SA Level 2 Regional Age Group Champs
23	37.71 L	F	Savannah Mitchell	16	ESP ES	27/09/2014	EGA Summer 1
24	37.77 L	F	Sanchia Booth	16	PEAS EP	19/03/2015	SA Level 2 Regional Age Group Champs
25	37.90 L	F	Tatum Tarpey	16	SGUL KZ	28/11/2014	KZN TYR Westville Sprints 2014
26	37.99 L	F	Nadia de Kock	16	USC BO	27/11/2014	Buffalo City Championships 2014
27	38.29 L	F	Marne Frylinck	16	KOVS FS	23/08/2014	Kovsies Gala 23 August 2014
28	38.34 L	F	Harriet van Jaarsveld	16	BLSS FS	03/12/2014	Mangaung Aquatics Championship 2014
29	38.44 L	F	Amarah Rangraze	16	ATLA CG	19/03/2015	SA Level 2 Regional Age Group Champs
30	38.60 L	P	Jordin Brett	16	SWIFT ES	19/03/2015	SA Level 2 Regional Age Group Champs
31	38.63 L	F	Annemey Louw	16	EAGA LP	19/03/2015	SA Level 2 Regional Age Group Champs
32	38.88 L	F	Marilie Terblanche	16	ROA SW	31/10/2014	Freda Barnard Gala
33	38.96 L	F	Kristen Davis	16	KLOO KZ	03/10/2014	Sasol National Championship 2014
34	38.97 L	F	Leigh-Anne Behrens	16	CRSC CG	19/03/2015	SA Level 2 Regional Age Group Champs
35	39.09 L	F	Nicole Dooling	16	BLOT FS	03/10/2014	Sasol National Championship 2014
36	39.10 L	F	Ianthé vd Westhuizen	16	STAD CG	04/10/2014	CGA Level 2-3 Gala N0 2 2014
37	39.17 L	F	Jamie Gardiner	16	SASE CG	18/12/2014	CGA Open LC Championships 2014
38	39.20 L	F	Danél Wentzel	16	PGIM NW	13/02/2015	NW Schools Swimming Championships
39	39.46 L	P	Michaela Vermaak	16	EAGA LP	12/03/2015	SA Level 3 National Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
40	39.48	L	F	Anne Marais	16	FISH SW	31/10/2014 Freda Barnard Gala
41	39.57	L	F	Kyra Vivian	16	UNIQU CG	18/12/2014 CGA Open LC Championships 2014
42	39.60	L	P	Denita-Sue Pieterse	16	BLUO KZ	19/03/2015 SA Level 2 Regional Age Group Champs
43	39.68	L	F	Natasha Lavis	16	ONY ES	27/03/2015 SA Level 1 Regional Age Group Champs
44	39.73	L	F	Linda Groenewald	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
45	39.86	L	P	Marne' Meier	16	PAC NT	04/12/2014 NTS Championships 2014
46	39.98	L	F	Amy Mardon	16	AQUB EP	22/11/2014 PEA Gala 2014
47	40.14	L	F	Lisa Delpont	16	FAAC NC	25/10/2014 Flamingo Gala 2014
48	40.26	L	F	Swadhiya Maharaj	16	BAYV KZ	17/01/2015 KZN Age Group Gala 10
49	40.27	L	F	Lene' De Lange	16	EUNIC FS	31/10/2014 FS Schools Gala Proewe 2014
50	40.28	L	F	Kendra Underwood	16	KNYS SW	22/11/2014 PEA Gala 2014
51	40.50	L	F	Jonatha Marais	16	GREY WP	16/08/2014 WPA LC SENIOR LEAGUE 1
52	40.56	L	F	Brigitte Sturgeon	16	HREF NW	04/12/2014 NWS Championships 2014/2015
53	40.72	L	F	Clarissa Hansen	16	NWUC NW	04/12/2014 NWS Championships 2014/2015
54	40.78	L	F	Emma Howard	16	STPS KZ	17/01/2015 KZN Age Group Gala 10
55	40.86	L	F	Regan Saunders	16	UNIQU CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
56	40.94	L	P	Gretchen Bekker	16	TASC LP	19/03/2015 SA Level 2 Regional Age Group Champs
57	41.06	L	F	Nasha Van Rensburg	16	TYGE WP	31/01/2015 WPA LC Senior League 5
58	41.07	L	F	Alani Ferreira	16	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
59	41.15	L	F	Ashleigh vd Merwe	16	PEAS EP	08/11/2014 4th A-League Gala 2014
60	41.28	L	F	Ashleigh Judd	16	VIKI BO	27/11/2014 Buffalo City Championships 2014
61	41.37	L	F	Chloë Davids	16	UWCA WP	31/01/2015 WPA LC Senior League 5
62	41.41	L	P	Nicole Heap	16	CRSC CG	05/12/2014 EGA Championships Dec 2014
63	41.44	L	F	Mariette Kemp	16	HILL NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
64	41.48	L	F	Lize Terblanchè	16	ASA WP	20/02/2015 WP Jack Currie Championships 2015
65	41.63	L	F	Carine THEUNISSEN	16	NAUDE FS	31/10/2014 FS Schools Gala Proewe 2014
66*	41.71	L	P	Alice' Maritz	16	UPTS NC	12/03/2015 SA Level 3 National Age Group Champs
66*	41.71	L	P	Ashleigh Riley	16	SOUL ES	05/12/2014 EGA Championships Dec 2014
68	41.79	L	F	Amanda Erasmus	16	VINE WP	27/03/2015 SA Level 1 Regional Age Group Champs
69	41.81	L	F	Skye Sheerin	16	ESP ES	27/09/2014 EGA Summer 1
70	41.83	L	F	Ayesha Valli	16	ATLA CG	27/03/2015 SA Level 1 Regional Age Group Champs
71	41.90	L	F	Carla Combrinck	16	VRY KZ	06/12/2014 Uthukela District Long Course
72	42.00	L	F	Annemi Nell	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
73	42.05	L	F	Nicola Farrell	16	OLDE CG	27/03/2015 SA Level 1 Regional Age Group Champs
74	42.06	L	F	Savannah Barman	16	BOKS ES	27/09/2014 EGA Summer 1
75	42.07	L	F	Stacey Pye	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
76	42.14	L	F	Tyla Loubser	16	WELA NF	03/12/2014 Mangaung Aquatics Championship 2014
77	42.16	L	F	Yvonne Du Plessis	16	FISH SW	29/11/2014 SWDA LC Championships
78	42.24	L	F	Rabia Shaw	16	PAQU WP	25/10/2014 WP STRAND MEET
79	42.54	L	F	Megan Botha	16	MDOL CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
80	42.81	L	F	Mariëtte Brand	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
81	42.82	L	F	Sulé Vd Merwe	16	LIMSC LP	26/02/2015 Limpopo Province Interprovincial
82	42.86	L	F	Jade Clarke	16	UITE EP	08/11/2014 4th A-League Gala 2014
83	43.28	L	F	Kelly Ebing	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
84	43.31	L	F	Megan Dateline	16	ELEC CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
85	43.59	L	F	Jena Harrison	16	UNI MP	27/03/2015 SA Level 1 Regional Age Group Champs
86	43.71	L	F	Annabel Rood	16	AA CG	24/10/2014 Mpumalanga Top Schools 2014 High
87	43.73	L	F	Benita Loedolff	16	PSC NT	19/09/2014 NTS Sep 2014 Age Group Lev 2+3
88	43.99	L	F	Kyra Hempel	16	HILL NT	28/11/2014 2014 The Tshwane Mayoral Gala
89	44.05	L	F	Reyavaksha Govender	16	KLOO KZ	13/02/2015 KZN Level 1 Provincial Championships
90	44.17	L	F	Lize Beukes	16	NWUC NW	04/12/2014 NWS Championships 2014/2015
91	44.18	L	F	Nikita Rambrij	16	BEAV KZ	28/11/2014 KZN TYR Westville Sprints 2014
92	44.20	L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
93	44.21	L	F	Klara Dreyer	16	FSE KZ	17/01/2015 KZN Uthungulu District Jan 2015 Age

Individual Top Times

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
94	44.32 L	F	Annette Rabe	16	PRA MP	27/03/2015	SA Level 1 Regional Age Group Champs
95	44.63 L	F	Mizan Viljoen	16	KOVS FS	23/08/2014	Kovsies Gala 23 August 2014
96	44.78 L	F	Kalinka Venter	16	AQUB EP	22/11/2014	PEA Gala 2014
97	44.92 L	F	Amy Tebbit	16	MDOL CG	08/11/2014	CGA Level 1 gala No 3
98	45.04 L	F	Lissa Fourie	16	FISH SW	22/11/2014	3rd SWD A-League Gala
99	45.06 L	F	Victoria Griffiths	16	UNIQ CG	08/11/2014	CGA Level 1 gala No 3
100	45.13 L	F	Charne Viljoen	16	KOVS FS	03/12/2014	Mangaung Aquatics Championship 2014
101	45.26 L	P	Madison Martin	16	SWIFT ES	27/03/2015	SA Level 1 Regional Age Group Champs
102	45.28 L	P	Kaydene Wilson	16	SUPE CG	05/12/2014	EGA Championships Dec 2014
103	45.62 L	F	Jessé de Kock	16	BLSS FS	03/12/2014	Mangaung Aquatics Championship 2014
104	45.65 L	P	Kate Tonkin	16	BENS ES	05/12/2014	EGA Championships Dec 2014
105	45.78 L	F	Courtney Mallett	16	CSC NT	20/02/2015	NTS Feb 2015 Age Group Level 0+1
106	46.20 L	F	Rachel McCondochie	16	FSE KZ	08/11/2014	KZN Uthungulu Nov Age Group Gala
107	46.32 L	F	Carike Broodryk	16	WDG MP	28/11/2014	KZN TYR Westville Sprints 2014
108	46.41 L	F	Megan Short	16	WAV MP	28/11/2014	KZN TYR Westville Sprints 2014
109	46.66 L	F	Cailin Gouws	16	BLOT FS	03/12/2014	Mangaung Aquatics Championship 2014
110	46.69 L	F	Karma Davis-Hannibal	16	QUEST NT	13/09/2014	2014 Speedo Hillcrest Sprint Gala
111	46.83 L	F	Thalia Bothma	16	FISH SW	15/11/2014	2nd SWD A League Gala
112	46.86 L	F	Marinel Wegman	16	TYGE WP	16/08/2014	WPA LC SENIOR LEAGUE 1
113	47.28 L	F	Bianca Coetzee	16	PAC NT	13/09/2014	2014 Speedo Hillcrest Sprint Gala
114*	47.36 L	P	Daleen Jv Rensburg	16	RBUR NW	27/03/2015	SA Level 1 Regional Age Group Champs
114*	47.36 L	F	Claudia Costa	16	NWUC NW	24/01/2015	NWS Age Group 4 1415
116	47.38 L	F	Melissa Kotze	16	TTNS VT	27/09/2014	EGA Summer 1
117	47.66 L	F	Carlin Geel	16	KDOR NW	22/11/2014	NWS Age Group 3 2014/2015
118	47.81 L	F	Samantha Adams	16	STAD CG	21/06/2014	Winter 1
119	47.82 L	P	Emma Roach	16	ECA EP	11/12/2014	SA Schools Swimming Championship
120	47.86 L	F	Grishka Naicker	16	ASA KZ	14/02/2015	KZN Level 0 Championships 2015
121	48.14 L	P	Bongekile Sabeka	16	MDOL CG	18/12/2014	CGA Open LC Championships 2014
122*	48.36 L	F	Nicola Geldenhuys	16	UNI MP	20/09/2014	MP Xerox Sprint Gala - 20 September
122*	48.36 L	F	Anize vd Vyver	16	HARB NW	22/11/2014	NWS Age Group 3 2014/2015
124	49.53 L	F	Melissa Sparks	16	DORE CG	27/09/2014	EGA Summer 1
125	49.55 L	P	Keara Bothma	16	ESP ES	05/12/2014	EGA Championships Dec 2014
126	50.06 L	F	Cherel Nel	16	PRA MP	28/11/2014	Mpumalanga Championships 2014
127	51.37 L	F	Cornel Leach	16	LYD MP	21/02/2015	MP Age Group 5 - 21 February 2015
128	52.14 L	F	Berna Jannasch	16	SASOL FS	03/10/2014	Sasol National Championship 2014
129	52.44 L	F	Lize-Mari Burger	16	PRKA NC	05/12/2014	NOCASA Sprints 2014
130	52.52 L	F	Jaene Cilliers	16	RTBHS NW	13/02/2015	NW Schools Swimming Championships
131	52.61 L	F	Chara Glynos	16	GHSK NC	19/02/2015	Inter-CBC Swimming Gala
132	53.44 L	F	Simone Wentzel	16	DDA NT	10/10/2014	NTS Oct 2014 Age Group Level 0+1
133	54.65 L	F	Hannah Sarakinsky	16	MDOL CG	14/09/2014	CGA Level 1 gala No 1
134	55.18 L	F	Anri Kasselmann	16	VALS NF	09/01/2015	Club Championships 2015
135	55.47 L	F	Jelena Djordjevic	16	SWIFT ES	25/07/2014	EGA Combined League A 2014
136	55.48 L	F	Kerryn Swart	16	BENS ES	27/09/2014	EGA Summer 1
137	55.65 L	F	Johané vd Merwe	16	JASK NC	06/02/2015	NOCASA Age Group 3 Kimberley
138	1:02.00 L	F	Nadine Esterhuizen	16	LAD KZ	08/11/2014	KZN Uthukela District Age Group Gala
139	1:14.44 L	F	Sthabiso Mthethwa	16	USH KZ	31/01/2015	Ushaka Championship Gala 2015
Women 16 100 Breast							
1	1:12.43 L	F	Erin Anderson	16	RSA	10/12/2014	African Union Sports-Region 5 Under 20
2	1:12.91 L	F	Maria Heymans	16	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
3	1:13.15 L	F	Kirsten Reeves	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
4	1:15.03 L	F	Johanna Van Niekerk	16	GDE CG	11/12/2014	SA Schools Swimming Championship
5	1:18.03 L	F	Marne Groenewald	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
6	1:18.04 L	F	Kristina Rogge	16	AZON KZ	12/03/2015	SA Level 3 National Age Group Champs
7	1:18.17 L	F	Lauren Jones	16	STAD CG	05/12/2014	EGA Championships Dec 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
8	1:18.82	L	P	Anna Cocks	16	VIKI BO 17/12/2014 KZN Premier Championships 2014
9	1:19.12	L	F	Daniela Passoni	16	MDOL CG 12/03/2015 SA Level 3 National Age Group Champs
10	1:19.39	L	F	Roseline Loubser	16	BARR WP 10/12/2014 WP Championships 2014
11	1:20.04	L	F	Marne Frylinck	16	FS FS 11/12/2014 SA Schools Swimming Championship
12	1:20.29	L	F	Caroux De Lange	16	WSAA WP 25/10/2014 WP STRAND MEET
13	1:20.62	L	F	Nastasiya Vrey	16	PSC NT 15/08/2014 NTS August 20014 Age Group -
14	1:21.17	L	P	Samantha Whelan	16	STAD CG 18/12/2014 CGA Open LC Championships 2014
15	1:21.29	L	F	Elizabeth Rautenbach	16	UNI MP 31/10/2014 MP AGE GROUP 2 - 2014
16	1:21.53	L	P	Ammaarah Abrahams	16	ASA WP 19/03/2015 SA Level 2 Regional Age Group Champs
17	1:21.73	L	F	Tatum Tarpey	16	SGUL KZ 28/11/2014 KZN TYR Westville Sprints 2014
18	1:21.93	L	F	Michelle Van der Sande	16	DDA NT 19/03/2015 SA Level 2 Regional Age Group Champs
19	1:22.59	L	F	Sanchia Booth	16	PEAS EP 19/03/2015 SA Level 2 Regional Age Group Champs
20	1:22.86	L	F	Annemey Louw	16	EAGA LP 13/02/2015 NTS Feb 2015 Age Group Lev 2+3
21*	1:23.62	L	F	Michaela Vermaak	16	WSAA WP 17/10/2014 Limpopo Schools Champs October 2014
21*	1:23.62	L	P	Kyra Vivian	16	CGA CG 13/04/2015 Sa National Aquatic Championship 2015
23	1:23.67	L	F	Harriet van Jaarsveld	16	BLSS FS 17/10/2014 Otters Prestige Gala 2014
24	1:23.95	L	F	Hannah McLean-Leonard	16	KLOO KZ 03/10/2014 Sasol National Championship 2014
25	1:23.98	L	F	Savannah Mitchell	16	ESP ES 05/12/2014 EGA Championships Dec 2014
26	1:24.04	L	F	Nadia de Kock	16	USC BO 27/11/2014 Buffalo City Championships 2014
27	1:24.18	L	P	Jamie Edwards	16	ELEC CG 04/12/2014 NTS Championships 2014
28	1:24.46	L	F	Ianthé vd Westhuizen	16	STAD CG 04/10/2014 CGA Level 2-3 Gala N0 2 2014
29	1:24.93	L	F	Olivia Hudson	16	WATR CG 18/12/2014 CGA Open LC Championships 2014
30	1:25.26	L	F	Gretchen Bekker	16	HBV LP 17/10/2014 Limpopo Schools Champs October 2014
31	1:25.47	L	F	Amy Mardon	16	AQUB EP 19/03/2015 SA Level 2 Regional Age Group Champs
32	1:25.53	L	F	Nikita Bauristhene	16	WSTV KZ 28/11/2014 KZN TYR Westville Sprints 2014
33	1:25.70	L	F	Amarah Rangraze	16	ATLA CG 19/03/2015 SA Level 2 Regional Age Group Champs
34	1:25.83	L	F	Jamie Gardiner	16	SASE CG 18/12/2014 CGA Open LC Championships 2014
35	1:26.04	L	P	Leigh-Anne Behrens	16	CRSC CG 19/03/2015 SA Level 2 Regional Age Group Champs
36	1:26.19	L	P	Regan Saunders	16	CGA CG 13/04/2015 Sa National Aquatic Championship 2015
37	1:26.29	L	F	Jordin Brett	16	SWIFT ES 27/09/2014 EGA Summer 1
38	1:26.34	L	P	Marne' Meier	16	PAC NT 19/03/2015 SA Level 2 Regional Age Group Champs
39	1:27.07	L	F	Kristen Davis	16	KLOO KZ 03/10/2014 Sasol National Championship 2014
40	1:27.27	L	F	Linda Groenewald	16	BLOT FS 13/09/2014 Seals Gala 13 Sept 2014
41	1:27.28	L	F	Marilie Terblanche	16	ROA SW 15/11/2014 2nd SWD A League Gala
42	1:27.61	L	F	Nicole Dooling	16	BLOT FS 03/10/2014 Sasol National Championship 2014
43	1:27.75	L	F	Lisa Delpport	16	NCASA NC 08/11/2014 NFSA Four Provinces Interprovincial 8
44	1:27.87	L	F	Zahra Ayyoub	16	VINE WP 31/01/2015 WPA LC Senior League 5
45	1:28.07	L	P	Denita-Sue Pieterse	16	BLUO KZ 19/03/2015 SA Level 2 Regional Age Group Champs
46	1:28.73	L	F	Chloë Davids	16	UWCA WP 31/01/2015 WPA LC Senior League 5
47	1:29.00	L	F	Peta Venter	16	NWS NW 24/10/2014 2014 NTS Sen Inter Prov
48	1:29.09	L	F	Emily Van Niekerk	16	SEDI VT 08/11/2014 NFSA Four Provinces Interprovincial 8
49	1:29.45	L	F	Alani Ferreira	16	KZNA KZ 13/04/2015 Sa National Aquatic Championship 2015
50	1:29.49	L	F	Lene' De Lange	16	EUNIC FS 31/10/2014 FS Schools Gala Proewe 2014
51	1:29.59	L	F	Swadhiya Maharaj	16	BAYV KZ 13/02/2015 KZN Level 1 Provincial Championships
52	1:29.79	L	F	Danél Wentzel	16	PGIM NW 13/02/2015 NW Schools Swimming Championships
53	1:29.90	L	F	Natasha Lavis	16	ONY ES 27/03/2015 SA Level 1 Regional Age Group Champs
54	1:30.08	L	F	Amanda Erasmus	16	VINE WP 31/01/2015 WPA LC Senior League 5
55	1:30.25	L	F	Clarissa Hansen	16	NWUC NW 04/12/2014 NWS Championships 2014/2015
56	1:30.30	L	F	Danè Meier	16	TYGE WP 13/09/2014 WPA LC SENIOR LEAGUE 2
57	1:30.31	L	F	Melissa Carney	16	FAAC NC 06/09/2014 Kovsies Gala 2
58	1:30.38	L	F	Nicola Farrell	16	OLDE CG 27/03/2015 SA Level 1 Regional Age Group Champs
59	1:30.63	L	F	Skye Sheerin	16	ESP ES 08/11/2014 EGA Summer 3
60	1:30.75	L	F	Kendra Underwood	16	KNYS SW 10/01/2015 SWD 4th A League Gala
61	1:31.12	L	F	Rabia Shaw	16	PAQU WP 20/02/2015 WP Jack Currie Championships 2015

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
62*	1:31.13	L	F	Benita Loedolff	16	PSC NT	04/12/2014 NTS Championships 2014
62*	1:31.13	L	P	Savannah Barman	16	BOKS ES	05/12/2014 EGA Championships Dec 2014
64	1:31.62	L	F	Lize Terblanchè	16	ASA WP	20/02/2015 WP Jack Currie Championships 2015
65	1:31.95	L	F	Alida De Jager	16	BLNE FS	16/08/2014 Neptune Aquatics Sprint gala 2014
66	1:32.20	L	F	Jonatha Marais	16	GREY WP	13/09/2014 WPA LC SENIOR LEAGUE 2
67	1:32.28	L	F	Demi Joseph	16	STAD CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
68	1:32.36	L	F	Annemi Nell	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
69	1:32.49	L	F	Ashleigh Judd	16	VIKI BO	27/11/2014 Buffalo City Championships 2014
70	1:32.52	L	F	Tyla Loubser	16	NFS NF	08/11/2014 NFSA Four Provinces Interprovincial 8
71	1:32.59	L	F	Brigitte Sturgeon	16	HREF NW	04/10/2014 NWS Age Group 1 1415
72	1:32.81	L	F	Nasha Van Rensburg	16	TYGE WP	14/06/2014 WPA SC SENIOR LEAGUE 2 -
73	1:32.83	L	F	Lauren-Mae McBlain	16	ASA WP	13/09/2014 WPA LC SENIOR LEAGUE 2
74	1:32.96	L	F	Anne Marais	16	FISH SW	31/10/2014 Freda Barnard Gala
75	1:33.45	L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
76	1:33.66	L	F	Ashleigh vd Merwe	16	PEAS EP	05/12/2014 NMBA Championships 2014
77	1:34.13	L	P	Nicole Heap	16	CRSC CG	05/12/2014 EGA Championships Dec 2014
78	1:34.92	L	F	Megan Botha	16	MDOL CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
79	1:35.30	L	F	Kerryn Henning	16	PER CG	01/11/2014 CGA Level 2-3 Gala No 3
80	1:35.41	L	F	Annabel Rood	16	UNI MP	20/09/2014 MP Xerox Sprint Gala - 20 September
81	1:35.46	L	F	Kyra Hempel	16	HILL NT	28/11/2014 2014 The Tshwane Mayoral Gala
82	1:35.71	L	F	Klara Dreyer	16	FSE KZ	14/02/2015 KZN Uthungulu District Feb 2015 Age
83	1:36.07	L	F	Reyavaksha Govender	16	KLOO KZ	13/02/2015 KZN Level 1 Provincial Championships
84	1:36.14	L	F	Ayesha Valli	16	ATLA CG	08/11/2014 CGA Level 1 gala No 3
85	1:36.16	L	F	Charne Viljoen	16	KOVS FS	17/10/2014 Otters Prestige Gala 2014
86	1:36.41	L	F	Jade Clarke	16	UITE EP	08/11/2014 4th A-League Gala 2014
87	1:37.20	L	F	Amy Keech	16	BEST EP	05/12/2014 NMBA Championships 2014
88	1:38.57	L	F	Kalinka Venter	16	AQUB EP	22/11/2014 PEA Gala 2014
89	1:38.58	L	F	Rachel McCondochie	16	FSE KZ	31/01/2015 Ushaka Championship Gala 2015
90	1:38.75	L	F	Jena Harrison	16	UNI MP	28/11/2014 Mpumalanga Championships 2014
91	1:39.10	L	F	Samantha Adams	16	STAD CG	21/06/2014 Winter 1
92	1:39.40	L	F	Chris-Mari Lombaard	16	BARR WP	13/09/2014 WPA LC SENIOR LEAGUE 2
93	1:40.12	L	F	Mizan Viljoen	16	KOVS FS	13/09/2014 Seals Gala 13 Sept 2014
94	1:40.14	L	F	Mariëtte Brand	16	SWAR WP	13/09/2014 WPA LC SENIOR LEAGUE 2
95	1:40.20	L	F	Courtney Mallett	16	CSC NT	16/01/2015 NTS Jan 2015 Age Group Combined
96	1:40.39	L	F	Lize Beukes	16	NWUC NW	04/12/2014 NWS Championships 2014/2015
97	1:41.15	L	P	Madison Martin	16	SWIFT ES	27/03/2015 SA Level 1 Regional Age Group Champs
98	1:41.48	L	F	Anmarie Schutte	16	HBV LP	17/10/2014 Limpopo Schools Champs October 2014
99	1:42.20	L	F	Jessé de Kock	16	BLSS FS	16/08/2014 Neptune Aquatics Sprint gala 2014
100	1:42.47	L	F	Annette Rabe	16	PRA MP	28/11/2014 Mpumalanga Championships 2014
101	1:42.59	L	F	Carike Broodryk	16	WDG MP	28/11/2014 KZN TYR Westville Sprints 2014
102	1:42.74	L	P	Kate Tonkin	16	BENS ES	05/12/2014 EGA Championships Dec 2014
103	1:42.81	L	F	Kaydene Wilson	16	SUPE CG	14/09/2014 CGA Level 1 gala No 1
104	1:42.86	L	F	Marinel Wegman	16	TYGE WP	13/09/2014 WPA LC SENIOR LEAGUE 2
105	1:42.93	L	F	Cailin Gouws	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
106	1:43.96	L	F	Melissa Kotze	16	SEDI VT	08/11/2014 NFSA Four Provinces Interprovincial 8
107	1:44.05	L	F	Carlin Geel	16	KDOR NW	04/12/2014 NWS Championships 2014/2015
108	1:44.56	L	F	Bianca Coetzee	16	PAC NT	15/08/2014 NTS August 20014 Age Group -
109	1:46.02	L	P	Emma Roach	16	HARL BO	19/03/2015 SA Level 2 Regional Age Group Champs
110	1:47.26	L	F	Melissa Sparks	16	DORE CG	08/11/2014 CGA Level 1 gala No 3
111	1:47.46	L	F	Daleen Jv Rensburg	16	BSA NW	13/02/2015 NW Schools Swimming Championships
112	1:47.77	L	F	Cherie Rampersadh	16	BEAV KZ	28/11/2014 KZN TYR Westville Sprints 2014
113	1:47.87	L	F	Keara Bothma	16	ESP ES	27/09/2014 EGA Summer 1
114	1:48.16	L	P	Bongekile Sabeka	16	GDE CG	11/12/2014 SA Schools Swimming Championship
115	1:48.71	L	F	Grishka Naicker	16	ASA KZ	14/02/2015 KZN Level 0 Championships 2015

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
116	1:54.13	L	F	Willa Roux	16	WHFC WP	13/09/2014 WPA LC SENIOR LEAGUE 2
117	1:54.88	L	F	Berna Jannasch	16	NFS NF	08/11/2014 NFSA Four Provinces Interprovincial 8
118	1:56.94	L	F	Jaene Cilliers	16	RTBHS NW	13/02/2015 NW Schools Swimming Championships
119	1:59.49	L	F	Johané vd Merwe	16	JASK NC	06/02/2015 NOCASA Age Group 3 Kimberley
120	2:01.66	L	F	Chara Glynos	16	GHSK NC	05/12/2014 NOCASA Sprints 2014
121	2:27.32	L	F	Nadine Esterhuizen	16	LAD KZ	06/12/2014 Uthukela District Long Course
Women 16 200 Breast							
1	2:37.30	L	F	Erin Anderson	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
2	2:41.58	L	F	Maria Heymans	16	SGUL KZ	12/03/2015 SA Level 3 National Age Group Champs
3	2:43.58	L	F	Johanna Van Niekerk	16	PAC NT	04/12/2014 NTS Championships 2014
4	2:43.92	L	F	Kirsten Reeves	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
5	2:46.07	L	F	Lauren Jones	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
6	2:47.10	L	F	Marne Frylinck	16	KOVS FS	12/03/2015 SA Level 3 National Age Group Champs
7	2:49.69	L	F	Marne Groenewald	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
8	2:52.87	L	F	Elizabeth Rautenbach	16	UNI MP	31/10/2014 MP AGE GROUP 2 - 2014
9	2:53.44	L	F	Daniela Passoni	16	MDOL CG	16/01/2015 NTS Jan 2015 Age Group Combined
10	2:54.39	L	F	Kyra Vivian	16	GDE CG	11/12/2014 SA Schools Swimming Championship
11	2:55.16	L	F	Ammaarah Abrahams	16	ASA WP	19/03/2015 SA Level 2 Regional Age Group Champs
12	2:56.92	L	P	Anna Cocks	16	VIKI BO	12/03/2015 SA Level 3 National Age Group Champs
13	2:57.23	L	F	Nastasiya Vrey	16	PSC NT	04/12/2014 NTS Championships 2014
14	2:57.93	L	F	Samantha Whelan	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
15	2:58.01	L	F	Amy Mardon	16	AQUB EP	19/03/2015 SA Level 2 Regional Age Group Champs
16	2:58.17	L	F	Kristina Rogge	16	AZON KZ	12/03/2015 SA Level 3 National Age Group Champs
17	2:59.52	L	F	Michelle Van der Sande	16	DDA NT	19/03/2015 SA Level 2 Regional Age Group Champs
18	3:00.17	L	F	Nadia de Kock	16	USC BO	27/11/2014 Buffalo City Championships 2014
19	3:02.47	L	F	Annemey Louw	16	EAGA LP	13/02/2015 NTS Feb 2015 Age Group Lev 2+3
20	3:03.03	L	F	Ianthé vd Westhuizen	16	STAD CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
21	3:03.57	L	F	Caroux De Lange	16	WCSA WP	11/12/2014 SA Schools Swimming Championship
22	3:03.92	L	F	Gretchen Bekker	16	HBV LP	17/10/2014 Limpopo Schools Champs October 2014
23	3:05.07	L	F	Kristen Davis	16	KLOO KZ	03/10/2014 Sasol National Championship 2014
24	3:05.32	L S	F	Danielle Smith	16	MGSC KZ	17/12/2014 KZN Premier Championships 2014
25	3:05.49	L	F	Courtney Macfarlane	16	WATR CG	01/11/2014 CGA Level 2-3 Gala No 3
26	3:05.59	L	F	Harriet van Jaarsveld	16	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
27	3:05.90	L	F	Savannah Mitchell	16	ESP ES	25/10/2014 EGA Summer 2_25 Oct 2014
28	3:07.77	L	F	Jamie Gardiner	16	SASE CG	01/11/2014 CGA Level 2-3 Gala No 3
29	3:08.09	L	P	Hannah McLean-Leonard	16	KLOO KZ	03/10/2014 Sasol National Championship 2014
30	3:08.80	L	F	Nasha Van Rensburg	16	TYGE WP	08/11/2014 WPA LC SENIOR LEAGUE 4
31	3:08.99	L	P	Olivia Hudson	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
32	3:09.74	L	F	Linda Groenewald	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
33	3:12.79	L	F	Zahra Ayyoub	16	VINE WP	31/01/2015 WPA LC Senior League 5
34	3:13.06	L	F	Jordin Brett	16	SWIFT ES	25/10/2014 EGA Summer 2_25 Oct 2014
35	3:15.25	L	F	Chloë Davids	16	UWCA WP	31/01/2015 WPA LC Senior League 5
36	3:15.26	L	P	Natasha Lavis	16	ONY ES	27/03/2015 SA Level 1 Regional Age Group Champs
37	3:15.31	L	F	Denita-Sue Pieterse	16	BLUO KZ	19/03/2015 SA Level 2 Regional Age Group Champs
38	3:15.80	L	F	Marilie Terblanche	16	ROA SW	29/11/2014 SWDA LC Championships
39	3:16.52	L	F	Amanda Erasmus	16	VINE WP	27/03/2015 SA Level 1 Regional Age Group Champs
40	3:17.03	L	F	Brigitte Sturgeon	16	HREF NW	04/12/2014 NWS Championships 2014/2015
41	3:17.04	L	P	Nikita Rambrij	16	KZNA KZ	11/12/2014 SA Schools Swimming Championship
42	3:18.08	L	P	Swadhiya Maharaj	16	BAYV KZ	27/03/2015 SA Level 1 Regional Age Group Champs
43	3:18.45	L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
44	3:18.63	L	F	Danél Wentzel	16	PGIM NW	13/02/2015 NW Schools Swimming Championships
45	3:18.74	L	F	Ashleigh Judd	16	VIKI BO	13/02/2015 Buffalo City Aquatics February Age
46	3:18.90	L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
47	3:19.27	L	P	Kyra Hempel	16	HILL NT	27/03/2015 SA Level 1 Regional Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
48	3:21.61 L	F	Demi Joseph	16	STAD CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
49	3:22.23 L	F	Lene' De Lange	16	BLNE FS	20/09/2014 Neptune Volvo Open Gala
50	3:22.90 L	F	Clarissa Hansen	16	NWUC NW	01/11/2014 NWS Age Group 2 1415
51	3:24.11 L	P	Annemi Nell	16	PRA MP	27/03/2015 SA Level 1 Regional Age Group Champs
52	3:25.09 L	F	Lize Terblanchè	16	ASA WP	12/07/2014 WPA WINTER SENIOR LEAGUE 3
53	3:28.34 L	F	Savannah Barman	16	BOKS ES	25/10/2014 EGA Summer 2_25 Oct 2014
54	3:29.05 L	F	Amarah Rangraze	16	ATLA CG	15/02/2015 EGA Summer 5 Gala
55	3:29.07 L	F	Melissa Carney	16	FAAC NC	05/12/2014 NOCASA Sprints 2014
56	3:29.50 L	F	Rabia Shaw	16	PAQU WP	08/11/2014 WPA LC SENIOR LEAGUE 4
57	3:33.21 L	F	Stacey Pye	16	MDOL CG	15/02/2015 EGA Summer 5 Gala
58	3:34.07 L	F	Reyavaksha Govender	16	KLOO KZ	03/10/2014 Sasol National Championship 2014
59	3:34.51 L	F	Anne Marais	16	FISH SW	18/10/2014 1st A League Gala
60	3:36.62 L	F	Rachel McCondochie	16	FSE KZ	27/03/2015 SA Level 1 Regional Age Group Champs
61	3:36.80 L	F	Anmarie Schutte	16	HBV LP	17/10/2014 Limpopo Schools Champs October 2014
62	3:36.93 L	F	Karma Davis-Hannibal	16	QUEST NT	16/01/2015 NTS Jan 2015 Age Group Combined
63	3:38.64 L	F	Courtney Mallett	16	CSC NT	16/01/2015 NTS Jan 2015 Age Group Combined
64	3:41.03 L	F	Kaydene Wilson	16	SUPE CG	24/01/2015 CGA Level 1 gala No 4
65	3:41.99 L	F	Tyla Loubser	16	WELA NF	20/09/2014 Neptune Volvo Open Gala
66	3:45.94 L	P	Madison Martin	16	SWIFT ES	05/12/2014 EGA Championships Dec 2014
67	3:51.00 L	F	Emma Roach	16	HARL BO	23/01/2015 BCA January Age Group Gala 2015
68	3:52.02 L	F	Carike Broodryk	16	WDG MP	28/11/2014 KZN TYR Westville Sprints 2014
69	3:52.45 L	P	Bongekile Sabeka	16	MDOL CG	18/12/2014 CGA Open LC Championships 2014
70	3:53.45 L	F	Anize vd Vyver	16	HH NW	13/02/2015 NW Schools Swimming Championships
71	3:55.74 L	F	Daleen Jv Rensburg	16	RBUR NW	01/11/2014 NWS Age Group 2 1415
72	3:56.69 L	F	Claudia Costa	16	NWUC NW	24/01/2015 NWS Age Group 4 1415
73	4:00.41 L	F	Melissa Sparks	16	DORE CG	18/10/2014 CGA Level 1 gala No 2
74	4:32.83 L	F	Sonja Venter	16	WELA NF	20/09/2014 Neptune Volvo Open Gala
Women 16 50 Fly						
1	28.11 L	P	Erin Gallagher	16	SGUL KZ	17/12/2014 KZN Premier Championships 2014
2	28.26 L	F	Hannah McLean-Leonard	16	KLOO KZ	12/03/2015 SA Level 3 National Age Group Champs
3	29.69 L	P	Courtney Van Biljon	16	TUKS NT	04/12/2014 NTS Championships 2014
4	29.72 L	F	Nathania Van Niekerk	16	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
5	29.75 L	P	Leam Strydom	16	ACSA KZ	20/02/2015 Grand Prix Invitation Swimming Meet
6	29.79 L	F	Ianthé vd Westhuizen	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
7	30.01 L	P	Kristen Davis	16	KLOO KZ	20/02/2015 Grand Prix Invitation Swimming Meet
8	30.02 L	F	Lauren-Mae McBlain	16	ASA! WP	12/03/2015 SA Level 3 National Age Group Champs
9	30.28 L	P	Johanna Van Niekerk	16	NTS NT	13/04/2015 Sa National Aquatic Championship 2015
10	30.33 L	P	Tatum Tarpey	16	SGUL KZ	17/12/2014 KZN Premier Championships 2014
11	30.50 L	F	Luca Van Greunen	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
12	30.66 L	P	Linda Groenewald	16	FS FS	13/04/2015 Sa National Aquatic Championship 2015
13	30.67 L	P	Demi Joseph	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
14	30.81 L	F	Kirsten Reeves	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
15	30.84 L	F	Kyra Vivian	16	UNIQ CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
16	31.03 L	F	Marne Groenewald	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
17	31.08 L	F	Marne Frylinck	16	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
18	31.14 L	P	Alice' Maritz	16	UPTS NC	12/03/2015 SA Level 3 National Age Group Champs
19	31.18 L	F	Bianca Gray	16	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
20	31.36 L	F	Savannah Barman	16	BOKS ES	05/12/2014 EGA Championships Dec 2014
21	31.51 L	P	Nicola MacDonald	16	SGUL KZ	20/02/2015 Grand Prix Invitation Swimming Meet
22	31.53 L	F	Danielle Smith	16	MGSC KZ	28/11/2014 KZN TYR Westville Sprints 2014
23	31.60 L	F	Caroux De Lange	16	WCSA WP	11/12/2014 SA Schools Swimming Championship
24	31.62 L	F	Sheray Pretorius	16	CSC NT	04/12/2014 NTS Championships 2014
25	31.67 L	F	Jordin Brett	16	SWIFT ES	25/10/2014 EGA Summer 2_25 Oct 2014
26	31.75 L	P	Jamie Edwards	16	ELEC CG	12/03/2015 SA Level 3 National Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
27	31.84 L	F	Aimee Mittermayer-Madureir	16	FSE KZ	31/01/2015 Ushaka Championship Gala 2015
28	31.91 L	F	Sulé Vd Merwe	16	PHS LP	17/10/2014 Limpopo Schools Champs October 2014
29	32.01 L	P	Marne' Meier	16	PAC NT	19/03/2015 SA Level 2 Regional Age Group Champs
30	32.05 L	F	Kendra Underwood	16	KNYS SW	18/10/2014 1st A League Gala
31*	32.06 L	F	Shannon De Souza	16	ACSA KZ	17/12/2014 KZN Premier Championships 2014
31*	32.06 L	F	Mizan Viljoen	16	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
33	32.09 L	P	Nastasiya Vrey	16	PSC NT	04/12/2014 NTS Championships 2014
34	32.11 L	F	Jamie Gardiner	16	SASE CG	18/12/2014 CGA Open LC Championships 2014
35	32.13 L	F	Erin Anderson	16	STAD CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
36	32.17 L	F	Jessé de Kock	16	FS FS	11/12/2014 SA Schools Swimming Championship
37	32.19 L	P	Daniela Passoni	16	MDOL CG	12/03/2015 SA Level 3 National Age Group Champs
38*	32.25 L	F	Danè Meier	16	TYGE WP	19/03/2015 SA Level 2 Regional Age Group Champs
38*	32.25 L	F	Kristina Rogge	16	AZON KZ	17/12/2014 KZN Premier Championships 2014
40	32.29 L	P	Michaela Vermaak	16	EAGA LP	12/03/2015 SA Level 3 National Age Group Champs
41	32.30 L	F	Roxanne Brown	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
42*	32.40 L	F	Roseline Loubser	16	BARR WP	31/10/2014 Freda Barnard Gala
42*	32.40 L	F	Leigh-Anne Behrens	16	CRSC CG	19/03/2015 SA Level 2 Regional Age Group Champs
44	32.44 L	F	Amarah Rangraze	16	ATLA CG	05/12/2014 EGA Championships Dec 2014
45	32.45 L	F	Nicole Dooling	16	BLOT FS	03/10/2014 Sasol National Championship 2014
46	32.48 L	F	Maria Heymans	16	VICT ES	14/02/2015 KZN Age Group Gala 11
47	32.53 L	F	Gretchen Bekker	16	TASC LP	23/01/2015 MP Age Group 3 - 23/24 January 2015
48	32.57 L	P	Samantha Whelan	16	STAD CG	12/03/2015 SA Level 3 National Age Group Champs
49	32.62 L	F	Ashleigh Riley	16	SOUL ES	31/01/2015 EGA Summer 4
50	32.80 L	F	Anna Cocks	16	VIKI BO	27/11/2014 Buffalo City Championships 2014
51*	32.85 L	F	Brigitte Muller	16	BEST EP	25/10/2014 3rd A-League Gala 2014
51*	32.85 L	F	Lisa Delpont	16	FAAC NC	05/12/2014 NOCASA Sprints 2014
53	33.05 L	F	Regan Saunders	16	UNIQ CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
54	33.06 L	F	Elizabeth Rautenbach	16	BLNE FS	25/02/2015 Inter High School Gala - 25 February
55	33.13 L	F	Nikita Bauristhene	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
56	33.24 L	F	Lissa Fourie	16	FISH SW	08/02/2015 SWDA 5th A League Gala
57	33.27 L	F	Savannah Mitchell	16	ESP ES	30/08/2014 Adrian Grafe Memorial Gala
58	33.36 L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
59	33.37 L	F	Marilie Terblanche	16	ROA SW	29/11/2014 SWDA LC Championships
60	33.42 L	P	Benita Loedolff	16	PSC NT	04/12/2014 NTS Championships 2014
61	33.50 L	F	Mariette Kemp	16	HILL NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
62	33.60 L	F	Carine THEUNISSEN	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
63	33.67 L	F	Lize Terblanchè	16	ASA WP	20/02/2015 WP Jack Currie Championships 2015
64	33.78 L	F	Tara Wheeler	16	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
65	33.80 L	F	Cherne Midgley	16	FLOD CG	31/01/2015 EGA Summer 4
66	33.83 L	F	Shaunagh Le Sur	16	STPS KZ	19/03/2015 SA Level 2 Regional Age Group Champs
67	33.94 L	F	Mariëtte Brand	16	SWAR WP	27/03/2015 SA Level 1 Regional Age Group Champs
68	33.95 L	F	Nicola De Pinto	16	CYBE WP	13/09/2014 WPA LC SENIOR LEAGUE 2
69*	33.96 L	P	Megan Botha	16	MDOL CG	18/12/2014 CGA Open LC Championships 2014
69*	33.96 L	F	Harriet van Jaarsveld	16	BLSS FS	03/12/2014 Mangaung Aquatics Championship 2014
71	33.98 L	F	Emma Howard	16	STPS KZ	19/03/2015 SA Level 2 Regional Age Group Champs
72	34.08 L	F	Izell Vd Westhuizen	16	ROA SW	18/10/2014 1st A League Gala
73	34.09 L	F	Swadhiya Maharaj	16	BAYV KZ	28/11/2014 KZN TYR Westville Sprints 2014
74	34.24 L	F	Claire Berzen	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
75	34.26 L	F	Kelly Ebing	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
76	34.37 L	P	Danèlle Joubert	16	WELL WP	19/03/2015 SA Level 2 Regional Age Group Champs
77	34.41 L	F	Victoria Griffiths	16	UNIQ CG	27/03/2015 SA Level 1 Regional Age Group Champs
78	34.57 L	P	Lauren Jones	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
79	34.85 L	P	Michelle Van der Sande	16	DDA NT	04/12/2014 NTS Championships 2014
80	34.86 L	F	Marinel Wegman	16	TYGE WP	27/03/2015 SA Level 1 Regional Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
81	34.88 L	F	Annabel Rood	16	BLNE FS	25/02/2015 Inter High School Gala - 25 February
82	34.94 L	F	Simranjit Kaur	16	WATR CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
83	34.96 L	F	Brigitte Sturgeon	16	HREF NW	22/11/2014 NWS Age Group 3 2014/2015
84	34.98 L	F	Bryony Treagus	16	AQUB EP	25/10/2014 3rd A-League Gala 2014
85	35.03 L	F	Kiyana Bartleson	16	TUKS NT	13/09/2014 2014 Speedo Hillcrest Sprint Gala
86	35.08 L	F	Georgia-Mai Ng-Yu-Tin	16	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
87	35.17 L	F	Pier Veller	16	ASA WP	13/09/2014 WPA LC SENIOR LEAGUE 2
88	35.18 L	F	Jena Harrison	16	UNI MP	27/03/2015 SA Level 1 Regional Age Group Champs
89	35.36 L	F	Anne Marais	16	FISH SW	31/10/2014 Freda Barnard Gala
90	35.41 L	P	Skye Sheerin	16	ESP ES	05/12/2014 EGA Championships Dec 2014
91	35.45 L	P	Kerryn Henning	16	PER CG	05/12/2014 EGA Championships Dec 2014
92	35.49 L	F	Rabia Shaw	16	PAQU WP	13/09/2014 WPA LC SENIOR LEAGUE 2
93	35.53 L	F	Tyla Loubser	16	WELA NF	03/02/2015 NFS INTER HIGH SCHOOL
94	35.59 L	F	Cailin Gouws	16	BLOT FS	13/09/2014 Seals Gala 13 Sept 2014
95	35.61 L	P	Melissa Kotze	16	TTNS VT	05/12/2014 EGA Championships Dec 2014
96	35.77 L	F	Karma Davis-Hannibal	16	QUEST NT	13/09/2014 2014 Speedo Hillcrest Sprint Gala
97	35.93 L	F	Nikita Thompson	16	HBV LP	17/10/2014 Limpopo Schools Champs October 2014
98	35.95 L	F	Charne Viljoen	16	KOVS FS	13/09/2014 Seals Gala 13 Sept 2014
99	36.00 L S	F	Kalinka Venter	16	AQUB EP	10/01/2015 5th A-League Gala 2014
100	36.09 L	F	Megan Dateline	16	ELEC CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
101	36.26 L	F	Carlin Geel	16	KDOR NW	04/12/2014 NWS Championships 2014/2015
102	36.37 L	F	Christie Despotakis	16	ONY ES	25/10/2014 EGA Summer 2_25 Oct 2014
103	36.48 L	F	Meggan Barnard	16	FISH SW	29/11/2014 SWDA LC Championships
104	36.58 L	F	Simone Wentzel	16	DDA NT	28/11/2014 2014 The Tshwane Mayoral Gala
105	36.68 L	F	Clarissa Hansen	16	NWUC NW	04/12/2014 NWS Championships 2014/2015
106	37.03 L	F	Toni Geddes	16	DDA NT	16/01/2015 NTS Jan 2015 Age Group Combined
107	37.41 L	F	Chloë Davids	16	UWCA WP	13/09/2014 WPA LC SENIOR LEAGUE 2
108	37.49 L	F	Kayra Humphries	16	LIMSC LP	26/02/2015 Limpopo Province Interprovincial
109	37.60 L	F	Megan Short	16	WAV MP	28/11/2014 Mpumalanga Championships 2014
110	37.76 L	P	Samantha Adams	16	STAD CG	05/12/2014 EGA Championships Dec 2014
111	37.77 L	F	Reyavaksha Govender	16	KLOO KZ	28/11/2014 KZN TYR Westville Sprints 2014
112*	38.14 L	F	Kate Tonkin	16	BENS ES	15/02/2015 EGA Summer 5 Gala
112*	38.14 L	P	Stacey Pye	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
114	38.17 L	F	Alani Ferreira	16	SEAL KZ	17/12/2014 KZN Premier Championships 2014
115	38.25 L	F	Anneli Zietsman	16	AQUB EP	31/01/2015 Uitenhage Swimming Club Gala 2015
116	38.44 L	F	Lenè Fontini	16	ASA WP	25/10/2014 WP STRAND MEET
117	38.50 L	F	Ammaarah Abrahams	16	ASA WP	25/10/2014 WP STRAND MEET
118	38.54 L	P	Amy Tebbit	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
119	38.63 L	F	Willa Roux	16	WHFC WP	20/02/2015 WP Jack Currie Championships 2015
120	38.72 L	F	Natasha Lavis	16	ONY ES	30/08/2014 Adrian Grafe Memorial Gala
121	38.74 L	F	Danél Wentzel	16	POTC NW	22/11/2014 NWS Age Group 3 2014/2015
122	38.89 L	F	Carol-Ann Lowe	16	MDOL CG	30/08/2014 Adrian Grafe Memorial Gala
123	39.11 L	F	Annemey Louw	16	LIMSC LP	26/02/2015 Limpopo Province Interprovincial
124	39.12 L	F	Bianca Coetzee	16	PAC NT	28/11/2014 2014 The Tshwane Mayoral Gala
125	39.16 L	P	Anmarie Schutte	16	PENG LP	27/03/2015 SA Level 1 Regional Age Group Champs
126	39.30 L	P	Kerryn Swart	16	BENS ES	05/12/2014 EGA Championships Dec 2014
127	39.44 L	F	Sheryl-Anne Grobler	16	NEWS KZ	06/12/2014 Uthukela District Long Course
128	39.57 L	P	Nicola Farrell	16	OLDE CG	05/12/2014 EGA Championships Dec 2014
129	39.60 L	F	Rachel McCondochie	16	FSE KZ	06/12/2014 KZN Uthungulu District Dec Age Group
130	39.61 L	F	Rethe-Mari Lategan	16	UPTS NC	15/01/2015 NOCASA Champs 2015
131	39.71 L	F	Megan Bailey	16	SWAG NW	22/11/2014 NWS Age Group 3 2014/2015
132	39.86 L	F	Robyn-Nuske Godsil	16	PAC NT	10/10/2014 NTS Oct 2014 Age Group Level 0+1
133	40.09 L	F	Simone' Visser	16	FAAC NC	05/12/2014 NOCASA Sprints 2014
134	40.11 L	F	Danielle Boshoff	16	CLSC WP	20/02/2015 WP Jack Currie Championships 2015

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
135	40.29 L	P	Keara Bothma	16	ESP ES	05/12/2014	EGA Championships Dec 2014
136	40.33 L	F	Klara Dreyer	16	FSE KZ	17/01/2015	KZN Uthungulu District Jan 2015 Age
137	40.84 L	F	Amanda Erasmus	16	VINE WP	13/09/2014	WPA LC SENIOR LEAGUE 2
138	41.32 L	F	Carike Broodryk	16	WDG MP	07/02/2015	MP Age Group 4 - 7 February 2015
139	41.48 L	F	Cherel Nel	16	PRA MP	03/10/2014	MP Age Group 1 - 2014
140	41.63 L	F	Bianca Pretorius	16	BLNE FS	25/02/2015	Inter High School Gala - 25 February
141	41.84 L	F	Anize vd Vyver	16	HH NW	13/02/2015	NW Schools Swimming Championships
142	41.85 L	F	Daleen Jv Rensburg	16	RBUR NW	04/12/2014	NWS Championships 2014/2015
143	41.88 L	F	Ashleigh Judd	16	VIKI BO	27/11/2014	Buffalo City Championships 2014
144	41.96 L	F	Ayesha Valli	16	ATLA CG	14/09/2014	CGA Level 1 gala No 1
145	42.08 L	F	Cecelia VAn Zyl	16	BLNE FS	25/02/2015	Inter High School Gala - 25 February
146	42.17 L	F	Madison Martin	16	SWIFT ES	27/09/2014	EGA Summer 1
147	42.40 L	F	Nicola Geldenhuys	16	UNI MP	20/09/2014	MP Xerox Sprint Gala - 20 September
148	42.64 L	F	Lene' De Lange	16	BLNE FS	03/12/2014	Mangaung Aquatics Championship 2014
149	43.17 L	F	Berna Jannasch	16	SASOL FS	03/10/2014	Sasol National Championship 2014
150	43.50 L	F	Annika Narsai	16	LENA CG	31/01/2015	EGA Summer 4
151	43.54 L	F	Cherie Rampersadh	16	BEAV KZ	28/11/2014	KZN TYR Westville Sprints 2014
152	44.78 L	F	Jacqueline Morton	16	PGHS NW	13/02/2015	NW Schools Swimming Championships
153	46.03 L	F	Therine Beukes	16	KOVS FS	13/09/2014	Seals Gala 13 Sept 2014
154	46.18 L	F	Jemma Salvage	16	SHS NF	03/02/2015	NFS INTER HIGH SCHOOL
155	47.27 L	F	Jaene Cilliers	16	RTBHS NW	13/02/2015	NW Schools Swimming Championships
156	47.92 L	F	Jelena Djordjevic	16	SWIFT ES	25/07/2014	EGA Combined League A 2014
157	49.15 L	F	Bongekile Sabeka	16	MDOL CG	19/03/2015	SA Level 2 Regional Age Group Champs
158	50.72 L	F	Lize-Mari Burger	16	PRKA NC	15/01/2015	NOCASA Champs 2015
159	54.69 L	F	Anri Kasselmann	16	VALS NF	09/01/2015	Club Championships 2015
160	1:03.79 L	F	Sthabiso Mthethwa	16	USH KZ	08/11/2014	KZN Uthungulu Nov Age Group Gala
Women 16 100 Fly							
1	1:01.82 L	F	Erin Gallagher	16	SGUL KZ	12/03/2015	SA Level 3 National Age Group Champs
2	1:03.57 L	F	Hannah McLean-Leonard	16	KLOO KZ	12/03/2015	SA Level 3 National Age Group Champs
3*	1:04.08 L	S	Leam Strydom	16	KZNA KZ	13/04/2015	Sa National Aquatic Championship 2015
3*	1:04.08 L	F	Nathania Van Niekerk	16	MDOL CG	18/12/2014	CGA Open LC Championships 2014
5	1:05.15 L	F	Ianthé vd Westhuizen	16	STAD CG	18/12/2014	CGA Open LC Championships 2014
6	1:05.90 L	F	Kristen Davis	16	KLOO KZ	17/12/2014	KZN Premier Championships 2014
7	1:07.25 L	F	Sulé Vd Merwe	16	EAGA LP	12/03/2015	SA Level 3 National Age Group Champs
8	1:07.36 L	F	Lauren-Mae McBlain	16	ASA WP	10/12/2014	WP Championships 2014
9	1:07.84 L	P	Erin Anderson	16	STAD CG	20/02/2015	Grand Prix Invitation Swimming Meet
10	1:07.98 L	P	Kyra Vivian	16	CGA CG	13/04/2015	Sa National Aquatic Championship 2015
11	1:08.58 L	F	Savannah Barman	16	BOKS ES	05/12/2014	EGA Championships Dec 2014
12	1:09.30 L	P	Demi Joseph	16	STAD CG	20/02/2015	Grand Prix Invitation Swimming Meet
13	1:09.46 L	F	Marne Frylinck	16	FS FS	11/12/2014	SA Schools Swimming Championship
14	1:09.80 L	P	Alice' Maritz	16	NCASA NC	13/04/2015	Sa National Aquatic Championship 2015
15	1:10.00 L	F	Courtney Van Biljon	16	TUKS! NT	19/03/2015	SA Level 2 Regional Age Group Champs
16	1:10.01 L	F	Tatum Tarpey	16	SGUL KZ	28/11/2014	KZN TYR Westville Sprints 2014
17	1:10.15 L	F	Linda Groenewald	16	BLOT FS	17/10/2014	Otters Prestige Gala 2014
18	1:10.27 L	F	Danè Meier	16	TYGE WP	31/01/2015	WPA LC Senior League 5
19	1:10.44 L	F	Shannon De Souza	16	ACSA KZ	17/01/2015	KZN Age Group Gala 10
20	1:10.96 L	F	Michaela Vermaak	16	EAGA LP	21/02/2015	MP Age Group 5 - 21 February 2015
21	1:11.20 L	P	Danielle Smith	16	KZNA KZ	11/12/2014	SA Schools Swimming Championship
22	1:11.32 L	F	Marne Groenewald	16	WATR CG	18/12/2014	CGA Open LC Championships 2014
23	1:12.08 L	P	Nasha Van Rensburg	16	TYGE WP	10/12/2014	WP Championships 2014
24	1:12.13 L	P	Jamie Gardiner	16	SASE CG	18/12/2014	CGA Open LC Championships 2014
25	1:12.87 L	F	Regan Saunders	16	UNIQ CG	18/12/2014	CGA Open LC Championships 2014
26	1:13.35 L	F	Sheray Pretorius	16	CSC NT	04/12/2014	NTS Championships 2014
27	1:13.36 L	F	Jessé de Kock	16	FS FS	11/12/2014	SA Schools Swimming Championship

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
28	1:13.49	L S	P	Samantha Randle	16	TUKS NT 17/12/2014 KZN Premier Championships 2014
29	1:13.53	L	F	Kendra Underwood	16	SWDA SW 17/01/2015 Inter-Provincial Gala 2015
30	1:13.56	L	F	Roseline Loubser	16	BARR WP 31/10/2014 Freda Barnard Gala
31	1:14.40	L	F	Alida De Jager	16	BLNE FS 20/09/2014 Neptune Volvo Open Gala
32	1:14.67	L	F	Mizan Viljoen	16	KOVS FS 03/12/2014 Mangaung Aquatics Championship 2014
33	1:14.71	L	F	Jordin Brett	16	SWIFT ES 19/03/2015 SA Level 2 Regional Age Group Champs
34	1:14.91	L	F	Savannah Mitchell	16	ESP ES 19/03/2015 SA Level 2 Regional Age Group Champs
35	1:15.13	L	F	Elizabeth Rautenbach	16	UNI MP 28/11/2014 Mpumalanga Championships 2014
36	1:15.52	L	F	Nikita Bauristhene	16	WSTV KZ 28/11/2014 KZN TYR Westville Sprints 2014
37	1:15.65	L	P	Roxanne Brown	16	RSA 10/12/2014 African Union Sports-Region 5 Under 20
38	1:15.83	L	F	Megan Botha	16	MDOL CG 14/02/2015 CGA Level 2/3 Gala No 4
39	1:16.27	L	F	Daniela Passoni	16	MDOL CG 16/01/2015 NTS Jan 2015 Age Group Combined
40	1:16.46	L	F	Samantha Whelan	16	STAD CG 14/02/2015 CGA Level 2/3 Gala No 4
41	1:16.54	L	F	Carine THEUNISSEN	16	BLNE FS 21/10/2014 Liga 3 FSA 2014
42	1:16.76	L S	F	Nicole Dooling	16	BLOT FS 03/10/2014 Sasol National Championship 2014
43	1:16.77	L	F	Amarah Rangraze	16	ATLA CG 19/03/2015 SA Level 2 Regional Age Group Champs
44	1:17.58	L	F	Cherne Midgley	16	FLOD CG 27/03/2015 SA Level 1 Regional Age Group Champs
45	1:17.92	L	F	Rabia Shaw	16	PAQU WP 31/01/2015 WPA LC Senior League 5
46	1:17.96	L	F	Olivia Hudson	16	WATR CG 18/12/2014 CGA Open LC Championships 2014
47	1:18.45	L	F	Gretchen Bekker	16	TASC LP 23/01/2015 MP Age Group 3 - 23/24 January 2015
48	1:18.47	L	F	Brigitte Muller	16	BEST EP 08/11/2014 4th A-League Gala 2014
49	1:19.25	L	F	Charne Viljoen	16	KOVS FS 17/10/2014 Otters Prestige Gala 2014
50	1:19.69	L	F	Harriet van Jaarsveld	16	BLSS FS 20/09/2014 Neptune Volvo Open Gala
51	1:19.80	L	F	Leigh-Anne Behrens	16	CRSC CG 14/02/2015 CGA Level 2/3 Gala No 4
52	1:19.94	L	F	Aimee Mittermayer-Madureir	16	FSE KZ 06/12/2014 KZN Uthungulu District Dec Age Group
53	1:20.04	L	F	Benita Loedolff	16	PSC NT 17/10/2014 NTS Oct 2014 Age Group Lev 2+3
54	1:20.12	L	F	Kelly Ebing	16	WSTV KZ 28/11/2014 KZN TYR Westville Sprints 2014
55	1:20.13	L	F	Lize Terblanchè	16	ASA WP 20/02/2015 WP Jack Currie Championships 2015
56	1:20.20	L	F	Simone Wentzel	16	DDA NT 27/03/2015 SA Level 1 Regional Age Group Champs
57	1:20.29	L	F	Lenè Fontini	16	ASA WP 25/10/2014 WP STRAND MEET
58	1:20.52	L	F	Swadhiya Maharaj	16	BAYV KZ 17/01/2015 KZN Age Group Gala 10
59	1:21.06	L	F	Lauren Jones	16	STAD CG 01/11/2014 CGA Level 2-3 Gala No 3
60	1:21.16	L	F	Mariette Kemp	16	HILL NT 17/10/2014 NTS Oct 2014 Age Group Lev 2+3
61	1:21.89	L	F	Emma Howard	16	STPS KZ 17/01/2015 KZN Age Group Gala 10
62	1:22.51	L	F	Lisa Delport	16	FAAC NC 05/12/2014 NOCASA Sprints 2014
63	1:22.98	L	F	Emily Van Niekerk	16	SEDI VT 08/11/2014 NFSA Four Provinces Interprovincial 8
64	1:23.02	L	F	Karma Davis-Hannibal	16	QUEST NT 16/01/2015 NTS Jan 2015 Age Group Combined
65	1:24.12	L	P	Skye Sheerin	16	ESP ES 05/12/2014 EGA Championships Dec 2014
66	1:24.66	L	F	Melissa Kotze	16	SEDI VT 08/11/2014 NFSA Four Provinces Interprovincial 8
67	1:25.28	L	F	Carlin Geel	16	KDOR NW 04/12/2014 NWS Championships 2014/2015
68	1:26.02	L	F	Brigitte Sturgeon	16	HREF NW 04/12/2014 NWS Championships 2014/2015
69	1:27.01	L	F	Alani Ferreira	16	KZNA KZ 13/04/2015 Sa National Aquatic Championship 2015
70	1:27.66	L	P	Natasha Lavis	16	ONY ES 05/12/2014 EGA Championships Dec 2014
71	1:28.49	L	F	Maria Heymans	16	VICT ES 27/09/2014 EGA Summer 1
72	1:30.43	L	F	Rachel McCondochie	16	FSE KZ 27/03/2015 SA Level 1 Regional Age Group Champs
73	1:31.63	L S	F	Reyavaksha Govender	16	KLOO KZ 03/10/2014 Sasol National Championship 2014
74	1:32.85	L	F	Keara Bothma	16	ESP ES 08/11/2014 EGA Summer 3
75	1:33.15	L	F	Stacey Pye	16	MDOL CG 27/09/2014 EGA Summer 1
76	1:36.60	L	F	Sheryl-Anne Grobler	16	NEWS KZ 06/12/2014 Uthukela District Long Course
77	1:37.74	L	F	Simone' Visser	16	FAAC NC 05/12/2014 NOCASA Sprints 2014
78	1:49.88	L	F	Carike Broodryk	16	WDG MP 23/01/2015 MP Age Group 3 - 23/24 January 2015
79	2:02.09	L	F	Bongekile Sabeka	16	MDOL CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
80	2:04.37	L	F	Lize-Mari Burger	16	PRKA NC 05/12/2014 NOCASA Sprints 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16 200 Fly							
1	2:20.80	L	S	Leam Strydom	16	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
2	2:24.72	L	F	Ianthé vd Westhuizen	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
3	2:25.66	L	F	Sulé Vd Merwe	16	EAGA LP	12/03/2015 SA Level 3 National Age Group Champs
4	2:28.92	L	F	Kristen Davis	16	KLOO KZ	17/12/2014 KZN Premier Championships 2014
5	2:29.46	L	S	Erin Anderson	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
6	2:29.69	L	S	Kyra Vivian	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
7	2:31.26	L	F	Samantha Randle	16	TUKS NT	07/11/2014 NTS November 20014 Age Group -
8	2:33.06	L	F	Nasha Van Rensburg	16	TYGE WP	25/10/2014 WP STRAND MEET
9	2:33.14	L	F	Michaela Vermaak	16	WSAA WP	17/10/2014 Limpopo Schools Champs October 2014
10	2:33.60	L	F	Shannon De Souza	16	ACSA KZ	17/12/2014 KZN Premier Championships 2014
11	2:35.59	L	F	Lauren-Mae McBlain	16	ASA! WP	12/03/2015 SA Level 3 National Age Group Champs
12	2:36.07	L	F	Nathania Van Niekerk	16	MDOL CG	16/01/2015 NTS Jan 2015 Age Group Combined
13	2:37.54	L	F	Demi Joseph	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
14	2:40.71	L	F	Danè Meier	16	TYGE WP	25/10/2014 WP STRAND MEET
15	2:48.17	L	F	Hannah McLean-Leonard	16	KLOO KZ	03/10/2014 Sasol National Championship 2014
16	2:54.85	L	F	Linda Groenewald	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
17	2:55.55	L	F	Rabia Shaw	16	PAQU WP	16/08/2014 WPA LC SENIOR LEAGUE 1
18	2:58.08	L	F	Mizan Viljoen	16	KOVS FS	03/12/2014 Mangaung Aquatics Championship 2014
19	2:58.51	L	F	Carine THEUNISEN	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
20	2:58.85	L	F	Alida De Jager	16	BLNE FS	03/12/2014 Mangaung Aquatics Championship 2014
21	3:00.93	L	F	Savannah Mitchell	16	ESP ES	08/11/2014 EGA Summer 3
22	3:11.18	L	F	Karma Davis-Hannibal	16	QUEST NT	16/01/2015 NTS Jan 2015 Age Group Combined
23	3:14.65	L	F	Carlin Geel	16	STCON NW	13/02/2015 NW Schools Swimming Championships
Women 16 200 IM							
1	2:21.79	L	F	Nathania Van Niekerk	16	MDOL CG	18/12/2014 CGA Open LC Championships 2014
2	2:23.54	L	F	Erin Anderson	16	STAD CG	20/02/2015 Grand Prix Invitation Swimming Meet
3	2:25.38	L	F	Samantha Randle	16	TUKS NT	12/03/2015 SA Level 3 National Age Group Champs
4	2:27.48	L	P	Danielle Smith	16	MGSC KZ	12/03/2015 SA Level 3 National Age Group Champs
5	2:27.60	L	F	Marne Frylinck	16	KOVS FS	12/03/2015 SA Level 3 National Age Group Champs
6	2:27.95	L	S	Courtney Macfarlane	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
7	2:28.56	L	F	Ianthé vd Westhuizen	16	STAD CG	18/12/2014 CGA Open LC Championships 2014
8	2:30.08	L	F	Sulé Vd Merwe	16	LIMSC LP	11/12/2014 SA Schools Swimming Championship
9	2:30.13	L	F	Roseline Loubser	16	BARR WP	10/12/2014 WP Championships 2014
10	2:30.19	L	F	Hannah McLean-Leonard	16	KLOO KZ	12/03/2015 SA Level 3 National Age Group Champs
11	2:30.37	L	P	Kirsten Reeves	16	WATR CG	20/02/2015 Grand Prix Invitation Swimming Meet
12	2:30.55	L	F	Marne Groenewald	16	WATR CG	18/12/2014 CGA Open LC Championships 2014
13	2:32.04	L	P	Nasha Van Rensburg	16	WPA WP	13/04/2015 Sa National Aquatic Championship 2015
14	2:32.37	L	P	Savannah Barman	16	BOKS ES	12/03/2015 SA Level 3 National Age Group Champs
15	2:32.58	L	P	Demi Joseph	16	STAD CG	20/02/2015 Grand Prix Invitation Swimming Meet
16	2:32.75	L	P	Jamie Edwards	16	ELEC CG	04/12/2014 NTS Championships 2014
17	2:32.77	L	P	Regan Saunders	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
18	2:32.78	L	P	Kyra Vivian	16	CGA CG	13/04/2015 Sa National Aquatic Championship 2015
19	2:33.66	L	F	Kristen Davis	16	KLOO KZ	28/11/2014 KZN TYR Westville Sprints 2014
20	2:33.83	L	F	Shannon De Souza	16	ACSA KZ	17/12/2014 KZN Premier Championships 2014
21	2:33.84	L	F	Tatum Tarpey	16	SGUL KZ	28/11/2014 KZN TYR Westville Sprints 2014
22	2:34.04	L	F	Caitlin Lewington	16	STAD CG	14/02/2015 CGA Level 2/3 Gala No 4
23	2:34.58	L	F	Bianca Gray	16	BLSS FS	03/02/2015 Liga 4 FSA 2015
24	2:36.74	L	F	Elizabeth Rautenbach	16	UNI MP	31/10/2014 MP AGE GROUP 2 - 2014
25	2:36.88	L	P	Lauren-Mae McBlain	16	ASA! WP	12/03/2015 SA Level 3 National Age Group Champs
26	2:37.10	L	F	Linda Groenewald	16	BLOT FS	13/09/2014 Seals Gala 13 Sept 2014
27	2:37.45	L S	F	Nicole Dooling	16	BLOT FS	03/10/2014 Sasol National Championship 2014
28	2:37.83	L	P	Alice' Maritz	16	UPTS NC	12/03/2015 SA Level 3 National Age Group Champs
29	2:37.92	L	P	Anna Cocks	16	VIKI BO	12/03/2015 SA Level 3 National Age Group Champs

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
30	2:38.32	L	F	Danè Meier	16	TYGE WP 19/03/2015 SA Level 2 Regional Age Group Champs
31	2:39.00	L	P	Julie-Ann Wagner	16	ELEC CG 12/03/2015 SA Level 3 National Age Group Champs
32	2:39.19	L	P	Nastasiya Vrey	16	GDE CG 11/12/2014 SA Schools Swimming Championship
33	2:39.42	L	F	Nikita Bauristhene	16	WSTV KZ 28/11/2014 KZN TYR Westville Sprints 2014
34	2:39.46	L	F	Jamie Gardiner	16	SASE CG 19/03/2015 SA Level 2 Regional Age Group Champs
35	2:39.51	L	P	Kiyana Bartleson	16	TUKS NT 04/12/2014 NTS Championships 2014
36	2:40.34	L	P	Samantha Whelan	16	STAD CG 12/03/2015 SA Level 3 National Age Group Champs
37	2:40.38	L	F	Amy Mardon	16	AQUB EP 19/03/2015 SA Level 2 Regional Age Group Champs
38	2:40.44	L	P	Caroux De Lange	16	WSAA WP 12/03/2015 SA Level 3 National Age Group Champs
39	2:40.57	L	P	Maria Heymans	16	SGUL KZ 12/03/2015 SA Level 3 National Age Group Champs
40	2:40.75	L	P	Sheray Pretorius	16	CSC NT 04/12/2014 NTS Championships 2014
41	2:41.79	L	P	Nicola De Pinto	16	CYBE WP 10/12/2014 WP Championships 2014
42	2:41.91	L	P	Brigitte Muller	16	ECA EP 11/12/2014 SA Schools Swimming Championship
43	2:42.43	L	P	Daniela Passoni	16	MDOL CG 12/03/2015 SA Level 3 National Age Group Champs
44	2:42.59	L	F	Alida De Jager	16	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
45	2:43.17	L	F	Ashleigh Riley	16	SOUL ES 30/08/2014 Adrian Grafe Memorial Gala
46	2:43.21	L	P	Lauren Jones	16	STAD CG 12/03/2015 SA Level 3 National Age Group Champs
47	2:43.65	L	F	Danèlle Joubert	16	PLAY WP 18/07/2014 WPA WINTER CHAMPIONSHIPS
48	2:44.73	L	P	Benita Loedolff	16	PSC NT 04/12/2014 NTS Championships 2014
49	2:44.79	L	F	Savannah Mitchell	16	ESP ES 25/10/2014 EGA Summer 2_25 Oct 2014
50	2:44.94	L	F	Melissa Carney	16	FAAC NC 15/01/2015 NOCASA Champs 2015
51	2:45.24	L	F	Kristina Rogge	16	AZON KZ 14/02/2015 KZN Age Group Gala 11
52	2:45.83	L	F	Emma Howard	16	STPS KZ 14/02/2015 KZN Age Group Gala 11
53	2:46.24	L	F	Megan Botha	16	MDOL CG 31/01/2015 EGA Summer 4
54	2:46.27	L	P	Michaela Vermaak	16	EAGA LP 12/03/2015 SA Level 3 National Age Group Champs
55	2:46.40	L	P	Lissa Fourie	16	FISH SW 12/03/2015 SA Level 3 National Age Group Champs
56	2:46.96	L	P	Leigh-Anne Behrens	16	CRSC CG 19/03/2015 SA Level 2 Regional Age Group Champs
57	2:47.02	L	P	Charne De Jager	16	TUKS! NT 19/03/2015 SA Level 2 Regional Age Group Champs
58	2:47.07	L	F	Ammaarah Abrahams	16	ASA WP 19/03/2015 SA Level 2 Regional Age Group Champs
59	2:47.73	L	F	Lisa Delpport	16	FAAC NC 06/02/2015 NOCASA Age Group 3 Kimberley
60	2:47.84	L S	F	Sanchia Booth	16	PEAS EP 10/01/2015 5th A-League Gala 2014
61	2:48.03	L	F	Marinel Wegman	16	TYGE WP 27/03/2015 SA Level 1 Regional Age Group Champs
62	2:48.12	L	P	Olivia Hudson	16	WATR CG 18/12/2014 CGA Open LC Championships 2014
63	2:48.26	L	F	Michelle Van der Sande	16	DDA NT 19/03/2015 SA Level 2 Regional Age Group Champs
64	2:48.65	L	P	Annemey Louw	16	EAGA LP 19/03/2015 SA Level 2 Regional Age Group Champs
65	2:48.79	L	P	Courtney Van Biljon	16	TUKS! NT 19/03/2015 SA Level 2 Regional Age Group Champs
66	2:48.85	L	F	Annabel Rood	16	BLNE FS 25/02/2015 Inter High School Gala - 25 February
67	2:49.41	L	F	Harriet van Jaarsveld	16	BLSS FS 03/12/2014 Mangaung Aquatics Championship 2014
68	2:49.73	L	F	Jessé de Kock	16	BLSS FS 16/08/2014 Neptune Aquatics Sprint gala 2014
69	2:49.84	L	F	Kendra Underwood	16	KNYS SW 10/01/2015 SWD 4th A League Gala
70	2:50.12	L	F	Simranjit Kaur	16	WATR CG 14/02/2015 CGA Level 2/3 Gala No 4
71	2:50.96	L	F	Jonatha Marais	16	GREY WP 29/11/2014 WP STRAND MEET - DISTANCE
72	2:51.00	L	F	Mariëtte Brand	16	SWAR WP 27/03/2015 SA Level 1 Regional Age Group Champs
73	2:51.13	L	F	Nicola MacDonald	16	SGUL KZ 28/11/2014 KZN TYR Westville Sprints 2014
74	2:51.28	L	F	Peta Venter	16	PWAC NW 04/10/2014 NWS Age Group 1 1415
75	2:51.31	L	F	Claire Berzen	16	WATR CG 01/11/2014 CGA Level 2-3 Gala No 3
76	2:51.36	L	F	Lenè Fontini	16	ASA WP 08/11/2014 WPA LC SENIOR LEAGUE 4
77	2:51.38	L	F	Carine THEUNISSEN	16	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
78	2:51.56	L	F	Nadia de Kock	16	USC BO 31/10/2014 Buffalo City November Age Group Gala
79	2:51.64	L	F	Zahra Ayyoub	16	VINE WP 29/11/2014 WP STRAND MEET - DISTANCE
80	2:51.69	L	F	Megan Dateline	16	ELEC CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
81	2:52.42	L	F	Gretchen Bekker	16	TASC LP 28/11/2014 KZN TYR Westville Sprints 2014
82	2:52.52	L	F	Thalia Bothma	16	FISH SW 29/11/2014 SWDA LC Championships
83	2:52.71	L	F	Tyla Loubser	16	NFS NF 31/01/2015 4 + 1 Inter Provincial Gala 2015

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
84	2:52.76 L	F	Kelly Ebing	16	WSTV KZ	28/11/2014 KZN TYR Westville Sprints 2014
85	2:53.45 L	P	Rabia Shaw	16	PAQU WP	20/02/2015 WP Jack Currie Championships 2015
86	2:53.60 L	F	Charne Viljoen	16	KOVS FS	13/09/2014 Seals Gala 13 Sept 2014
87	2:53.67 L	F	Nicola Farrell	16	OLDE CG	08/11/2014 CGA Level 1 gala No 3
88	2:53.85 L	F	Alani Ferreira	16	KZNA KZ	13/04/2015 Sa National Aquatic Championship 2015
89	2:53.96 L	F	Joane Kuun	16	FISH SW	14/02/2015 Knysna Dragons Night Gala
90	2:54.05 L	F	Skye Sheerin	16	ESP ES	31/01/2015 EGA Summer 4
91	2:54.17 L	P	Cherne Midgley	16	FLOD CG	27/03/2015 SA Level 1 Regional Age Group Champs
92	2:54.40 L	F	Johanna Van Niekerk	16	PAC NT	15/08/2014 NTS August 20014 Age Group -
93	2:54.79 L	F	Mizan Viljoen	16	KOVS FS	06/09/2014 Kovsies Gala 2
94	2:55.00 L	P	Nicole Heap	16	CRSC CG	05/12/2014 EGA Championships Dec 2014
95	2:55.02 L	F	Victoria Griffiths	16	UNIQ CG	24/01/2015 CGA Level 1 gala No 4
96	2:55.03 L	F	Jordin Brett	16	SWIFT ES	25/10/2014 EGA Summer 2_25 Oct 2014
97	2:55.30 L	F	Chris-Mari Lombaard	16	BARR WP	31/10/2014 Freda Barnard Gala
98	2:55.32 L	F	Kerryn Henning	16	PER CG	01/11/2014 CGA Level 2-3 Gala No 3
99	2:56.07 L	F	Pier Veller	16	ASA WP	18/07/2014 WPA WINTER CHAMPIONSHIPS
100	2:56.45 L	F	Denita-Sue Pieterse	16	BLUO KZ	07/03/2015 North Durban Swim Academy Gala
101	2:56.55 L	F	Amarah Rangraze	16	ATLA CG	20/09/2014 CGA Level 2-3 Gala No 1 2014
102	2:57.45 L	F	Caitlin Bosma	16	MDOL CG	04/10/2014 CGA Level 2-3 Gala N0 2 2014
103	2:58.39 L	F	Georgia-Mai Ng-Yu-Tin	16	STPS KZ	06/12/2014 KZN Age Group 9 Gala
104	2:58.79 L	F	Mariette Kemp	16	HILL NT	17/10/2014 NTS Oct 2014 Age Group Lev 2+3
105	2:59.04 L	F	Yvonne Du Plessis	16	FISH SW	31/10/2014 Freda Barnard Gala
106	2:59.14 L	F	Samantha Adams	16	STAD CG	21/06/2014 Winter 1
107	2:59.60 L	F	Marilie Terblanche	16	ROA SW	31/10/2014 Freda Barnard Gala
108	2:59.74 L	F	Izell Vd Westhuizen	16	ROA SW	18/10/2014 1st A League Gala
109	3:00.02 L	F	Aimee Mittermayer-Madureir	16	FSE KZ	08/11/2014 KZN Uthungulu Nov Age Group Gala
110	3:01.17 L	F	Karma Davis-Hannibal	16	QUEST NT	13/09/2014 2014 Speedo Hillcrest Sprint Gala
111	3:01.40 L	P	Stacey Pye	16	MDOL CG	27/03/2015 SA Level 1 Regional Age Group Champs
112	3:01.49 L	F	Chloë Davids	16	UWCA WP	08/11/2014 WPA LC SENIOR LEAGUE 4
113	3:02.24 L	P	Ayesha Valli	16	ATLA CG	05/12/2014 EGA Championships Dec 2014
114	3:02.30 L	F	Reyavaksha Govender	16	KLOO KZ	27/03/2015 SA Level 1 Regional Age Group Champs
115	3:02.42 L	F	Lize Terblanchè	16	ASA WP	29/11/2014 WP STRAND MEET - DISTANCE
116	3:02.57 L	F	Swadhiya Maharaj	16	BAYV KZ	27/03/2015 SA Level 1 Regional Age Group Champs
117	3:02.99 L	F	Cailin Gouws	16	BLOT FS	03/12/2014 Mangaung Aquatics Championship 2014
118	3:03.05 L	F	Jena Harrison	16	UNI MP	27/03/2015 SA Level 1 Regional Age Group Champs
119	3:03.37 L	F	Brigitte Sturgeon	16	HREF NW	22/11/2014 NWS Age Group 3 2014/2015
120	3:03.75 L	F	Carla Combrinck	16	VRY KZ	06/12/2014 Uthukela District Long Course
121	3:03.94 L	F	Clarissa Hansen	16	NWUC NW	01/11/2014 NWS Age Group 2 1415
122	3:04.29 L	P	Melissa Kotze	16	TTNS VT	05/12/2014 EGA Championships Dec 2014
123	3:04.33 L	F	Danél Wentzel	16	PGIM NW	13/02/2015 NW Schools Swimming Championships
124	3:04.43 L	F	Anne Marais	16	FISH SW	31/10/2014 Freda Barnard Gala
125	3:04.73 L	P	Natasha Lavis	16	ONY ES	05/12/2014 EGA Championships Dec 2014
126	3:08.72 L	F	Keara Bothma	16	ESP ES	25/10/2014 EGA Summer 2_25 Oct 2014
127	3:08.89 L	F	Aimee Salter	16	ROA SW	15/11/2014 2nd SWD A League Gala
128	3:09.12 L	F	Kyra Hempel	16	HILL NT	27/03/2015 SA Level 1 Regional Age Group Champs
129	3:10.18 L	F	Elizabeth Murray	16	PEAS EP	25/10/2014 3rd A-League Gala 2014
130	3:10.37 L	F	Shaunagh Le Sur	16	STPS KZ	28/11/2014 KZN TYR Westville Sprints 2014
131	3:10.54 L	F	Carlin Geel	16	KDOR NW	01/11/2014 NWS Age Group 2 1415
132	3:11.44 L	F	Marne' Meier	16	PAC NT	16/01/2015 NTS Jan 2015 Age Group Combined
133	3:11.52 L	F	Amanda Erasmus	16	VINE WP	12/07/2014 WPA WINTER SENIOR LEAGUE 3
134	3:12.35 L	F	Megan Short	16	KHS NW	24/10/2014 Mpumalanga Top Schools 2014 High
135	3:12.72 L	F	Katelin Hagemann	16	LAD KZ	06/12/2014 Uthukela District Long Course
136	3:15.45 L	F	Simone Wentzel	16	DDA NT	28/11/2014 2014 The Tshwane Mayoral Gala
137	3:15.69 L	F	Kalinka Venter	16	AQUB EP	08/11/2014 4th A-League Gala 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
138	3:16.03	L	F	Amy Tebbit	16	MDOL CG 14/09/2014 CGA Level 1 gala No 1
139	3:16.63	L	F	Lizelle Human	16	CYBE WP 08/11/2014 WPA LC SENIOR LEAGUE 4
140	3:17.58	L	F	Megan Bailey	16	SWAG NW 01/11/2014 NWS Age Group 2 1415
141	3:18.17	L	F	Lene' De Lange	16	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
142	3:19.03	L	F	Minenhle Nkosi	16	USH KZ 31/01/2015 Ushaka Championship Gala 2015
143	3:19.10	L	F	Bonita Roos	16	USH KZ 06/12/2014 KZN Uthungulu District Dec Age Group
144	3:21.05	L	F	Kaydene Wilson	16	SUPE CG 08/11/2014 CGA Level 1 gala No 3
145	3:22.28	L	F	Ashleigh Judd	16	VIKI BO 31/10/2014 Buffalo City November Age Group Gala
146	3:23.60	L	F	Cecelia VAn Zyl	16	FINS MP 28/11/2014 Mpumalanga Championships 2014
147	3:23.97	L	F	Kerryn Swart	16	BENS ES 25/10/2014 EGA Summer 2_25 Oct 2014
148	3:24.97	L	F	Rachel McCondochie	16	FSE KZ 04/10/2014 KZN- Uthungulu District October Age
149	3:26.40	L	F	Rethe-Mari Lategan	16	UPTS NC 23/01/2015 NOCASA Age Group 2 Upington
150	3:27.17	L	F	Vanessa Van der Merwe	16	NEWS KZ 04/10/2014 KZN - Amajuba District October Age
151	3:29.06	L	F	Anneli Zietsman	16	AQUB EP 08/11/2014 4th A-League Gala 2014
152	3:29.12	L	F	Klara Dreyer	16	FSE KZ 06/12/2014 KZN Uthungulu District Dec Age Group
153	3:30.30	L	F	Daleen Jv Rensburg	16	RBUR NW 04/12/2014 NWS Championships 2014/2015
154	3:30.88	L	F	Madison Martin	16	SWIFT ES 25/10/2014 EGA Summer 2_25 Oct 2014
155	3:31.68	L	F	Lize-Mari Burger	16	PRKA NC 25/10/2014 Flamingo Gala 2014
156	3:33.25	L	F	Sheryl-Anne Grobler	16	NEWS KZ 04/10/2014 KZN - Amajuba District October Age
157	3:34.06	L	F	Bongekile Sabeka	16	MDOL CG 18/12/2014 CGA Open LC Championships 2014
158	3:34.16	L	F	Melissa Sparks	16	DORE CG 08/11/2014 CGA Level 1 gala No 3
159	3:35.26	L S	F	Berna Jannasch	16	SASOL FS 03/10/2014 Sasol National Championship 2014
160	3:44.74	L	F	Courtney Mallett	16	CSC NT 10/10/2014 NTS Oct 2014 Age Group Level 0+1
161	3:45.45	L S	F	Jade Clarke	16	UITE EP 10/01/2015 5th A-League Gala 2014
162	3:49.14	L	F	Claudia Costa	16	NWUC NW 01/11/2014 NWS Age Group 2 1415
163	3:52.25	L	F	Anri Kasselmann	16	NFS NF 31/01/2015 4 + 1 Inter Provincial Gala 2015
164	4:52.77	L	F	Sthabiso Mthethwa	16	USH KZ 08/11/2014 KZN Uthungulu Nov Age Group Gala
Women 16 400 IM						
1	5:02.07	L	F	Samantha Randle	16	TUKS NT 17/12/2014 KZN Premier Championships 2014
2	5:04.63	L	P	Erin Anderson	16	STAD CG 20/02/2015 Grand Prix Invitation Swimming Meet
3	5:10.27	L	F	Nathania Van Niekerk	16	MDOL CG 12/03/2015 SA Level 3 National Age Group Champs
4	5:12.72	L	F	Danielle Smith	16	MGSC KZ 12/03/2015 SA Level 3 National Age Group Champs
5	5:13.04	L	F	Marne Frylinck	16	KOVS FS 12/03/2015 SA Level 3 National Age Group Champs
6	5:15.52	L	P	Courtney Macfarlane	16	WATR CG 20/02/2015 Grand Prix Invitation Swimming Meet
7	5:16.12	L	F	Sulé Vd Merwe	16	EAGA LP 12/03/2015 SA Level 3 National Age Group Champs
8	5:16.40	L	F	Ianthé vd Westhuizen	16	STAD CG 18/12/2014 CGA Open LC Championships 2014
9	5:18.92	L	P	Regan Saunders	16	CGA CG 13/04/2015 Sa National Aquatic Championship 2015
10	5:20.49	L	P	Kyra Vivian	16	CGA CG 13/04/2015 Sa National Aquatic Championship 2015
11	5:20.75	L	F	Savannah Barman	16	BOKS ES 12/03/2015 SA Level 3 National Age Group Champs
12	5:24.50	L	P	Shannon De Souza	16	ACSA KZ 17/12/2014 KZN Premier Championships 2014
13	5:27.41	L	F	Roseline Loubser	16	BARR WP 14/06/2014 WPA SC SENIOR LEAGUE 2 -
14	5:27.82	L	F	Kristen Davis	16	KLOO KZ 28/11/2014 KZN TYR Westville Sprints 2014
15	5:28.19	L	F	Demi Joseph	16	STAD CG 18/12/2014 CGA Open LC Championships 2014
16	5:30.20	L	F	Nasha Van Rensburg	16	TYGE WP 13/09/2014 WPA LC SENIOR LEAGUE 2
17	5:39.13	L	F	Alice' Maritz	16	UPTS NC 12/03/2015 SA Level 3 National Age Group Champs
18	5:48.03	L	F	Nicole Dooling	16	BLOT FS 03/10/2014 Sasol National Championship 2014
19	5:49.49	L	F	Alida De Jager	16	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014
20	5:49.82	L	F	Linda Groenewald	16	BLOT FS 03/12/2014 Mangaung Aquatics Championship 2014
21	5:50.76	L	F	Danëlle Joubert	16	PLAY WP 13/09/2014 WPA LC SENIOR LEAGUE 2
22	5:53.05	L S	F	Amy Mardon	16	AQUB EP 10/01/2015 5th A-League Gala 2014
23	5:53.57	L	F	Hannah McLean-Leonard	16	KLOO KZ 03/10/2014 Sasol National Championship 2014
24	5:53.66	L	F	Lauren Jones	16	STAD CG 18/12/2014 CGA Open LC Championships 2014
25	6:02.45	L	F	Jamie Gardiner	16	SASE CG 20/09/2014 CGA Level 2-3 Gala No 1 2014
26	6:05.15	L	F	Carine THEUNISSEN	16	BLNE FS 03/12/2014 Mangaung Aquatics Championship 2014

Individual Top Times

Times since: 01-May-14

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
27	6:05.51 L	F	Jonatha Marais	16	GREY WP	13/09/2014	WPA LC SENIOR LEAGUE 2	
28	6:24.51 L	F	Rabia Shaw	16	PAQU WP	14/06/2014	WPA SC SENIOR LEAGUE 2 -	
29	6:56.35 L	F	Amanda Erasmus	16	VINE WP	13/09/2014	WPA LC SENIOR LEAGUE 2	
30	6:56.58 L	F	Sheryl-Anne Grobler	16	NEWS KZ	06/12/2014	Uthukela District Long Course	
31	7:31.07 L	F	Lize-Mari Burger	16	PRKA NC	15/01/2015	NOCASA Champs 2015	