

SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019

Psych Sheet

#101 Men 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Spoor, St John S	11	NCDST-ET	5:38.92
2 Emond, Jed D	11	NCDST-ET	5:41.58
3 Forrest, Kai A	10	NCDST-ET	5:41.61
4 Mpungose, Art N	10	SGUL-ET	5:43.08
5 Gibson, Sean	11	ACSA-ET	5:45.01
6 De Vos, Juan-dre	11	KALA-JT	5:45.37
7 Linde, El-Jay	11	BLSS-MA	5:51.55
8 Naidoo, Thiren	11	BAYV-ET	5:58.31
9 Nkgapele, Junior M	11	MWU-NG	6:03.76
10 Le Roux, Tiaan	11	KALA-JT	6:07.68
11 Gander, Dylan C	11	AQSA-ET	6:20.10
12 Radley, Henning J	11	NSAD-EZ	6:29.56

#102 Women 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Carmody, Jessica M	11	SGUL-ET	5:18.57
2 Oelofse, Bay-Linn	11	SASOL-FD	5:30.26
3 Matthews, Megan K	11	NCDST-ET	5:34.92
4 Marcelino, Katie	11	SGUL-ET	5:38.17
5 Prinsloo, Cher H	11	KLOO-ET	5:41.07
6 Oosthuizen, Monique	11	BLOT-MA	5:56.79
7 Dixon, Poppy	11	NCDST-ET	6:02.62
8 Banza, Lys L	11	UNIN-MP	6:23.46

#103 Men 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Du Plessis, Kenn R	12	MWU-NG	5:22.73
2 Weenink, Wian J	12	FAAC-FB	5:31.10
3 Maree, Matthew	12	AQSA-ET	5:31.92
4 Du Preez, Ewan	12	USH-UH	5:37.42
5 Eilers, De-Anzo C	12	KALA-JT	5:38.39
6 Remley, Kaden J	12	SGUL-ET	5:39.22
7 Moodley, Kivesh	12	BAYV-ET	5:40.11
8 Terblanche, Eben C	12	CSA-EP	5:51.84

#104 Women 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Forrest, Bailey R	12	NCDST-ET	5:19.43
2 Borrageiro, Nirvana I	12	SGUL-ET	5:20.14
3 Olivier, Rebekah B	12	ACSA-ET	5:24.19
4 Friedenthal, Lucy	12	UNIN-MP	5:24.96
5 Leonard, Mieke	12	MWU-NG	5:25.42
6 Davel, Annabelle E	12	MWU-NG	5:25.45
7 Bruce, Tayla	12	BEAV-ET	5:36.54
8 Rowan, Catherine L	12	SGUL-ET	5:42.13
9 Naude, Jana B	12	USH-UH	5:52.80
10 Andersson, Kate B	12	AQSA-ET	5:58.58
11 Smook, Cara	12	BLNE-MA	6:23.49

#105 Men 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Rankin, Jack K	13	ASA-IL	5:15.59
2 Coetzer, Zander	13	USH-UH	5:24.21

#106 Women 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Brijlal, Sherisha	13	VAC-ET	5:19.77
2 Joubert, Jadyne	13	AZON-ET	5:20.05
3 Cottrell, Kirsten I	13	AZON-ET	5:28.38
4 Jansen Van Vuuren, A	13	CSA-EP	5:31.31
5 Van Der Bijl, Cara	13	BLNE-MA	5:32.73
6 Groenewald, Lara	13	AQU-AD	5:33.04
7 Joubert, Danielle	13	BLNE-MA	5:33.98
8 Kirsten, Gemma	13	BLNE-MA	5:39.18
9 Van Rensburg, Melinc	13	UNIN-MP	5:40.53
10 Henning, Izelle	13	BLNE-MA	5:42.39

11 Hamman, Emma J	13	FAAC-FB	5:56.65
12 Banza, Matundu I	13	UNIN-MP	5:58.18

#107 Men 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Hannay, Dean C	14	MWU-NG	4:56.51
2 Le Gassick, Liam R	14	BLSS-MA	4:59.10
3 Perold, Joshua	14	ASA-IL	5:12.60

#108 Women 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Gous, Caylin	14	FAAC-FB	5:04.89
2 Mulder, Milche	14	UNIN-MP	5:05.42
3 Truter, Alex J	14	BEAV-ET	5:31.97
4 Peters, Reese H	14	PSCP-UM	5:37.38

#109 Men 15-18 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Beukes, Xavier T	15	PISC-ET	4:33.00
2 Heymans, Henk J	17	ASA-IL	4:37.86
3 Smith, Michael G	16	USH-UH	4:43.84
4 Vlassides, Alexi J	17	SGUL-ET	4:45.29
5 Swanepoel, Hanno	17	SASOL-FD	4:47.33
6 de Beer, Aydan	15	WELA-FD	4:48.59
7 Leukes, David J	17	BLSS-MA	4:50.43
8 Joubert, Jeandre'	17	MGSC-UG	4:50.91

#110 Women 15-18 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Lombard, Carmel	15	SEAL-UM	4:51.51
2 De Wet, Megan	15	MWU-NG	5:00.91
3 Branco-Lizen, Emma	15	AQU-AD	5:12.74
4 Huyzer, Megan	15	SGUL-ET	5:19.85
5 Groenewald, Ingrid	17	AQU-AD	5:27.00
6 Bodington, Jemma	18	PSA-ZL	5:44.61

#201 Men 18 & Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Roberts, Joshua S	18	PSCP-UM	2:04.60
2 Swanepoel, Hanno	17	SASOL-FD	2:07.31
3 Heymans, Henk J	17	ASA-IL	2:08.18
4 Beukes, Xavier T	15	PISC-ET	2:08.31
5 Jansen van Vuuren, R	18	AQU-AD	2:10.44
6 Smith, Michael G	16	USH-UH	2:12.88
7 Leukes, David J	17	BLSS-MA	2:13.41
8 Joubert, Jeandre'	17	MGSC-UG	2:14.13
9 Du Plessis, Christiaan	15	MWU-NG	2:14.72
10 Vlassides, Alexi J	17	SGUL-ET	2:15.26
11 Le Gassick, Liam R	14	BLSS-MA	2:15.96
12 Remley, Breydon L	16	SGUL-ET	2:16.06
13 Green, Jarred	17	FAAC-FB	2:16.53
14 Kleynhans, Jan-Ebert	18	GHSK-FB	2:16.86
15 Barker, Cameron D	15	PSCP-UM	2:17.19
16 Joubert, Gary L	17	PSCP-UM	2:17.82
17 Gibson, Nathen	15	ACSA-ET	2:18.07
18 Nieuwoudt, Benjamine	17	BLOT-MA	2:19.09
19 Mellors, David R	17	ASA-IL	2:19.44
20 Sutherland, Eben	14	BULS-MA	2:19.99
21 Davies, Tristan J	13	WELA-FD	2:20.38
22 Van der Walt, Ryno	15	PSA-ZL	2:21.09
23 Hannay, Dean C	14	MWU-NG	2:23.19
24 Nel, Jaden	14	SASOL-FD	2:23.24
25 Coetzer, Zander	13	USH-UH	2:24.45
26 Perold, Joshua	14	ASA-IL	2:25.03
27 van Niekerk, Junior S	14	GHSK-FB	2:25.19
28 Jansen van Vuuren, A	16	BLSS-MA	2:25.69
29 Rankin, Jack K	13	ASA-IL	2:26.72
30 De Beer, Zion	13	MWU-NG	2:27.60
31 Holton, Jaryd	13	ASA-IL	2:28.64

32 Mc Carthy, Taegen J	13	BEAV-ET	2:28.85
33 Brewis, Marais L	14	GHSK-FB	2:30.29
34 Zungu, Bongumusa M	12	UMSH-ET	2:32.83
35 Maree, Matthew	12	AQSA-ET	2:34.42
36 Du Plessis, Kenn R	12	MWU-NG	2:34.68
37 Vorwerk, Channing J	13	PSCP-UM	2:34.89
38 Van Rooyen, Jayden	13	FAAC-FB	2:35.24
39 Janson, Rossouw P	13	NSAD-EZ	2:35.67
40 Weenink, Wian J	12	FAAC-FB	2:35.77
41 Eilers, De-Anzo C	12	KALA-JT	2:36.08
42 Mpungose, Art N	10	SGUL-ET	2:36.42
43 Du Preez, Ewan	12	USH-UH	2:36.89
44 Remley, Kaden J	12	SGUL-ET	2:37.37
45 Hinze, Sven F	13	USH-UH	2:37.57
46 Moodley, Kivesh	12	BAYV-ET	2:41.06
47 Moolman, Heindru	13	MWU-NG	2:41.30
48 Spoor, St John S	11	NCDST-ET	2:41.41
49 Pretorius, Delarey	12	BLOT-MA	2:41.76
50 Gander, Dylan C	11	AQSA-ET	2:43.96
51 De Vos, Juan-dre	11	KALA-JT	2:44.52
52 Gibson, Sean	11	ACSA-ET	2:44.78
53 Linde, El-Jay	11	BLSS-MA	2:45.73
54 Emond, Jed D	11	NCDST-ET	2:46.23
55 Van Viegen, Peter D	11	BLSS-MA	2:47.12
56 Hartmann, Dihandré	10	SASOL-FD	2:47.67
57 Kotze, Derick F	11	BLSS-MA	2:47.96
58 Forrest, Kai A	10	NCDST-ET	2:48.06
59 Kuboni, Mhlengi	11	UMSH-ET	2:48.67
60 Holton, Riley	11	ASA-IL	2:49.11
61 Nkgapele, Junior M	11	MWU-NG	2:49.67
62 Le Roux, Tiaan	11	KALA-JT	2:50.12
63 Strydom, Rogan	12	ASA-IL	2:50.45
64 Radley, Henning J	11	NSAD-EZ	2:50.50
65 Geyser, Jacobus	11	USH-UH	2:50.76
66 Basson, Roald R	11	BLSS-MA	2:50.78
67 Sutcliffe, Ayrton K	12	WSTV-ET	2:50.98
68 September, Dominic J	11	PISC-ET	2:51.23
69 Naidoo, Thiren	11	BAYV-ET	2:51.84
70 Cibane, Zakhe	11	UMSH-ET	2:52.71
71 Van Rensburg, Ernst	11	BLSS-MA	2:53.08
72 Durocher-Yvon, Raph	11	NCDST-ET	2:53.30
73 Cilliers, Christopher J	11	BLSS-MA	2:54.37
74 Naidoo, Shiven	11	BEAV-ET	2:55.77
75 Swanepoel, Michael	11	GTC-MP	2:57.92

#202 Women 18 & Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1 De Wet, Megan	15	MWU-NG	2:19.16
2 Lombard, Carmel	15	SEAL-UM	2:19.64
3 Fourie, Anke	16	LAD-UT	2:23.78
4 Gous, Caylin	14	FAAC-FB	2:23.84
5 Cottrell, Kirsten I	13	AZON-ET	2:24.43
6 Carmody, Jessica M	11	SGUL-ET	2:24.90
7 Bowmaker, Katherine	15	PSCP-UM	2:26.22
8 Branco-Lizen, Emma	15	AQU-AD	2:27.37
9 Olivier, Rebekah B	12	ACSA-ET	2:27.75
10 Geel, Kayleigh S	15	BLSS-MA	2:27.87
11 Peters, Reese H	14	PSCP-UM	2:27.95
12 Irvine, Rachel K	13	SEAL-UM	2:28.13
13 Scorer, Scarlet O	14	MGSC-UG	2:28.97
14 Mulder, Milche	14	UNIN-MP	2:29.64
15 Immelman, Danielle	15	FAAC-FB	2:29.68
16 Cross, Rachel J	13	SGUL-ET	2:30.46
17 Joubert, Tanya A	15	PSCP-UM	2:30.79
18 van der Merwe, Lauri	15	NSA-EZ	2:31.30
19 Botha, Anandi	14	BLNE-MA	2:32.08
20 Groenewald, Lara	13	AQU-AD	2:32.29

SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019

Psych Sheet

#207 ... (Men 18 & Under 50 LC Meter Backstro	77 Govender, Sivash	13	SGUL-ET	44.45	61 Prinsloo, Cher H	11	KLOO-ET	39.64			
12 Van der Walt, Ryno	15	PSA-ZL	32.42	78 Strydom, Rogan	12	ASA-IL	44.50	62 Breytenbach, Aneme	12	PSA-ZL	39.79
13 Kleynhans, Jan-Ebert	18	GHSK-FB	32.50	79 Naidoo, Shiven	11	BEAV-ET	45.64	63 Oelofse, Bay-Linn	11	SASOL-FD	39.80
14 Dooling, Ethan W	17	FAAC-FB	33.04	80 Le Roux, Tiaan	11	KALA-JT	46.83	64 Sivier, Jade	12	ACSA-ET	39.80
15 Green, Jarred	17	FAAC-FB	33.13	#208 Women 18 & Under 50 LC Meter Backstroke				65 Vincent, Amelia	10	BLSS-MA	39.81
16 Cilliers, Jacques	13	BLSS-MA	33.19	Name	Age	Team	Seed Time	66 Rowan, Catherine L	12	SGUL-ET	39.95
17 Du Plessis, Christiaan	15	MWU-NG	33.21	1 Fourie, Anke	16	LAD-UT	34.11	67 Jansen Van Vuuren, A	13	CSA-EP	40.03
18 Brewis, Marais L	14	GHSK-FB	33.21	2 Carmody, Jessica M	11	SGUL-ET	34.31	68 Van Der Merwe, Amy	12	SGUL-ET	40.14
19 Faber, Conrad	14	GHSK-FB	33.31	3 Pillay, Trinity J	15	SGUL-ET	34.61	69 Price, Cailyn	11	AZON-ET	40.28
20 Naude, Stephan	14	BLOT-MA	33.55	4 De Wet, Megan	15	MWU-NG	34.69	70 Smook, Cara	12	BLNE-MA	40.55
21 Zwane, Lehakwe M	14	SASOL-FD	33.58	5 Helmand, Anieke	14	BLOT-MA	34.73	71 Mayoss, Erin L	11	KLOO-ET	40.94
22 Jansen van Vuuren, A	16	BLSS-MA	33.69	6 Botha, Anandi	14	BLNE-MA	34.75	72 Dixon, Poppy	11	NC DST-ET	41.07
23 Nieuwoudt, Benjami	17	BLOT-MA	33.71	7 Daniel, Melanie P	15	AZON-ET	34.83	73 Mohamed, Ilhaam	11	FAAC-FB	41.36
24 Le Roux, Adrian D	14	VALS-FD	33.85	8 Cottrell, Kirsten I	13	AZON-ET	34.90	74 Naude, Jana B	12	USH-UH	42.34
25 Du Toit, Thian	15	BLSS-MA	34.31	9 Henning, Izelle	13	BLNE-MA	34.96	75 Tlali, Warona W	14	BLSS-MA	42.53
26 Booysen, Darian M	16	BLOT-MA	34.34	10 Du Toit, Arista J	14	BLSS-MA	35.17	76 Karpakis, Cayley G	12	BLSS-MA	42.56
27 Davies, Tristan J	13	WELA-FD	34.43	11 Olivier, Rebekah B	12	ACSA-ET	35.23	77 Geel, Angel M	12	NWUC-KK	42.82
28 Bruce, Liam	15	BEAV-ET	34.56	12 Bodington, Jemma	18	PSA-ZL	35.35	78 Forrest, Bailey R	12	NC DST-ET	42.98
29 Nel, Jaden	14	SASOL-FD	34.80	13 Uys, Danika	15	PSA-ZL	35.39	79 Kambanis, Georgia	11	BLSS-MA	43.59
30 Mc Carthy, Taegen J	13	BEAV-ET	34.94	14 Scorer, Scarlet O	14	MGSC-UG	35.75	80 Mansil, Gemma	11	WELA-FD	43.63
31 Moonsamy, Zaid	14	BLSS-MA	35.50	15 Bowmaker, Katherine	15	PSCP-UM	35.78	81 DU Plessis, Charlize	11	SEAL-UM	44.65
32 Coetzer, Zander	13	USH-UH	35.51	16 Mulder, Milche	14	UNIN-MP	35.85	#209 Men 18 & Under 50 LC Meter Backstroke M			
33 Vlassides, Alexi J	17	SGUL-ET	35.53	17 Petzer, Kayci	12	AZON-ET	35.93	Name	Age	Team	Seed Time
34 van Niekerk, Junior S	14	GHSK-FB	35.73	18 Ontong, Danielle C	16	BLSS-MA	36.00	1 Kemp, Brent	14	APEX-SS	33.58
35 Hair, Leith E	13	AZON-ET	35.92	19 van der Merwe, Laur	15	NSA-EZ	36.00	#211 Men 18 & Under 100 LC Meter Butterfly			
36 Moolman, Heindru	13	MWU-NG	36.08	20 Lombard, Carmel	15	SEAL-UM	36.05	Name	Age	Team	Seed Time
37 Hannay, Dean C	14	MWU-NG	36.10	21 Immelman, Danielle	15	FAAC-FB	36.42	1 Jansen van Vuuren, R	18	AQU-AD	1:01.16
38 Pretorius, Delarey	12	BLOT-MA	36.11	22 Borrageiro, Nirvana I	12	SGUL-ET	36.43	2 Roberts, Joshua S	18	PSCP-UM	1:03.02
39 Lancaster, Murray S	12	SEAL-UM	36.44	23 Joubert, Tanya A	15	PSCP-UM	36.66	3 Van der Walt, Ryno	15	PSA-ZL	1:03.20
40 Rankin, Jack K	13	ASA-IL	36.45	24 Cross, Rachel J	13	SGUL-ET	36.69	4 Swanepoel, Hanno	17	SASOL-FD	1:03.68
41 Vorwerk, Channing J	13	PSCP-UM	37.29	25 Baenhoff, Chanel	11	BLSS-MA	36.93	5 Dooling, Ethan W	17	FAAC-FB	1:04.97
42 Mpungose, Art N	10	SGUL-ET	37.34	26 Joubert, Danielle	13	BLNE-MA	36.95	6 Leukes, David J	17	BLSS-MA	1:04.98
43 Maree, Matthew	12	AQSA-ET	37.60	27 Johnson, Kiara	13	NC DST-ET	36.98	7 Barnes, Henru H	17	BLSS-MA	1:05.26
44 Fourie, Heinrich N	12	USH-UH	37.82	28 Graham, Dayna J	13	NC DST-ET	37.05	8 Remley, Breydon L	16	SGUL-ET	1:05.47
45 Hinze, Sven F	13	USH-UH	37.85	29 Stewart, Megan	12	AZON-ET	37.27	9 Xulu, Mhlengi B	16	UMSH-ET	1:06.02
46 Holton, Jaryd	13	ASA-IL	38.01	30 Geel, Kayleigh S	15	BLSS-MA	37.38	10 Beukes, Xavier T	15	PISC-ET	1:06.60
47 Weenink, Wian J	12	FAAC-FB	38.19	31 Walden, Chelsea	15	PSCP-UM	37.39	11 Joubert, Gary L	17	PSCP-UM	1:07.05
48 Harvey, Cameron J	12	AZON-ET	38.45	32 Truter, Alex J	14	BEAV-ET	37.46	12 Heymans, Henk J	17	ASA-IL	1:07.48
49 Van Rooyen, Jayden	13	FAAC-FB	38.51	33 Omar, Manaal	12	SGUL-ET	37.52	13 Barker, Cameron D	15	PSCP-UM	1:07.61
50 De Beer, Zion	13	MWU-NG	38.98	34 Scott, Hannah E	15	BLUO-UG	37.62	14 Du Toit, Thian	15	BLSS-MA	1:07.84
51 Eilers, De-Anzo C	12	KALA-JT	39.15	35 Peters, Reese H	14	PSCP-UM	37.65	15 Moolman, Cobus	15	BULS-MA	1:08.36
52 Naidoo, Ethan R	12	WVAQ-ET	39.20	36 Frank, Gemma	13	ASA-IL	37.83	16 Du Plessis, Christiaan	15	MWU-NG	1:09.56
53 Moodley, Kivesh	12	BAYV-ET	39.32	37 Nortje, Mari	12	BULS-MA	37.99	17 Smith, Michael G	16	USH-UH	1:09.58
54 Landmann, Armand	10	SASOL-FD	39.33	38 Fourie, Kara	14	LAD-UT	38.01	18 Le Gassick, Liam R	14	BLSS-MA	1:09.70
55 Nkgapele, Junior M	11	MWU-NG	39.63	39 Potgieter, Cale	11	BLSS-MA	38.09	19 Gibson, Nathen	15	ACSA-ET	1:09.76
56 Schweitzer, Liam	12	BLOT-MA	39.67	40 Van Rensburg, Melinc	13	UNIN-MP	38.16	20 Green, Jarred	17	FAAC-FB	1:10.25
57 Swart, Tristan N	11	TOTIS-ET	39.73	41 Bates, Lauren A	12	NC DST-ET	38.17	21 Faber, Conrad	14	GHSK-FB	1:10.88
58 September, Dominic J	11	PISC-ET	39.79	42 Naidoo, Keira D	12	SEAL-UM	38.23	22 Mellors, David R	17	ASA-IL	1:11.04
59 Linde, El-Jay	11	BLSS-MA	39.97	43 Leonard, Mieke	12	MWU-NG	38.28	23 van Niekerk, Junior S	14	GHSK-FB	1:11.07
60 Gibson, Sean	11	ACSA-ET	39.99	44 Sates, Caitlyn B	11	SEAL-UM	38.30	24 Zwane, Lehakwe M	14	SASOL-FD	1:13.69
61 Swanepoel, Michael	11	GTC-MP	40.42	45 Brijlal, Sherisha	13	VAC-ET	38.49	25 Bruce, Liam	15	BEAV-ET	1:13.74
62 Radley, Henning J	11	NSAD-EZ	40.51	46 Bruce, Tayla	12	BEAV-ET	38.50	26 Janson, Rossouw P	13	NSAD-EZ	1:14.08
63 Cilliers, Christopher J	11	BLSS-MA	40.56	47 Vorwerk, Alexis M	13	PSCP-UM	38.50	27 Nel, Jaden	14	SASOL-FD	1:15.09
64 Spoors, St John S	11	NC DST-ET	40.59	48 Zwart, Jordan A	13	SEAL-UM	38.50	28 Maree, Matthew	12	AQSA-ET	1:16.50
65 Sutcliffe, Ayrton K	12	WSTV-ET	40.94	49 Van Der Merwe, Anna	12	SEAL-UM	38.52	29 Mpungose, Art N	10	SGUL-ET	1:18.59
66 Kotze, Derick F	11	BLSS-MA	41.22	50 Huyzer, Megan	15	SGUL-ET	38.59	30 Booysen, Darian M	16	BLOT-MA	1:20.01
67 Geyser, Jacobus	11	USH-UH	41.23	51 Marcelino, Katie	11	SGUL-ET	38.59	31 Holton, Jaryd	13	ASA-IL	1:20.52
68 Basson, Roald R	11	BLSS-MA	41.71	52 Irvine, Rachel K	13	SEAL-UM	38.65	32 Harvey, Cameron J	12	AZON-ET	1:20.57
69 Van Viegen, Peter D	11	BLSS-MA	42.53	53 Hamman, Emma J	13	FAAC-FB	38.68	33 Weenink, Wian J	12	FAAC-FB	1:21.90
70 Gander, Dylan C	11	AQSA-ET	42.59	54 Martens, Melissa	13	PSCP-UM	38.78	34 Durocher-Yvon, Raph	11	NC DST-ET	1:21.98
71 Durocher-Yvon, Raph	11	NC DST-ET	42.72	55 Warr, Amber L	12	SEAL-UM	39.05	35 Schweitzer, Liam	12	BLOT-MA	1:23.47
72 De Vos, Juan-dre	11	KALA-JT	42.77	56 Matthews, Megan K	11	NC DST-ET	39.16	36 Du Plessis, Kenn R	12	MWU-NG	1:25.40
73 Forrest, Kai A	10	NC DST-ET	43.51	57 Joubert, Jadyn	13	AZON-ET	39.29	37 Swart, Tristan N	11	TOTIS-ET	1:27.60
74 Van Rensburg, Ernst	11	BLSS-MA	43.64	58 Kirsten, Gemma	13	BLNE-MA	39.31	38 Du Preez, Ewan	12	USH-UH	1:27.69
75 Holton, Riley	11	ASA-IL	43.64	59 Joubert, Elizabeth	14	BULS-MA	39.51	39 Bekker, Bjorn	11	KLOO-ET	1:29.48
76 Emond, Jed D	11	NC DST-ET	43.70	60 Scheepers, Izaan	12	USH-UH	39.55				

SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019

Psych Sheet

#211 ... (Men 18 & Under 100 LC Meter Butterfly)

Name	Age	Team	Seed Time
40 Gander, Dylan C	11	AQSA-ET	1:29.72
41 Hartmann, Dihandré	10	SASOL-FD	1:29.97
42 Sutcliffe, Ayrton K	12	WSTV-ET	1:30.36
43 Forrest, Kai A	10	NCDST-ET	1:30.71
44 Scheepers, Jared	11	ASA-IL	1:31.42
45 Spoor, St John S	11	NCDST-ET	1:32.87
46 Eilers, De-Anzo C	12	KALA-JT	1:33.53
47 Gibson, Sean	11	ACSA-ET	1:35.81
48 Govender, Sivash	13	SGUL-ET	1:39.46

#212 Women 18 & Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time
1 Branco-Lizen, Emma	15	AQU-AD	1:11.78
2 Fourie, Anke	16	LAD-UT	1:11.98
3 Joubert, Tanya A	15	PSCP-UM	1:12.49
4 Ontong, Danielle C	16	BLSS-MA	1:12.52
5 Gous, Caylin	14	FAAC-FB	1:12.53
6 Bodington, Jemma	18	PSA-ZL	1:12.66
7 Daniel, Melanie P	15	AZON-ET	1:15.32
8 Vorster, Johlize	14	SASOL-FD	1:16.15
9 Olivier, Rebekah B	12	ACSA-ET	1:16.69
10 Zwart, Jordan A	13	SEAL-UM	1:18.06
11 Andersson, Kate B	12	AQSA-ET	1:19.06
12 Moss, Emma G	14	ASA-IL	1:19.40
13 Immelman, Danielle	15	FAAC-FB	1:20.23
14 Brijlal, Sherisha	13	VAC-ET	1:20.31
15 Stewart, Megan	12	AZON-ET	1:20.62
16 Borrageiro, Nirvana I	12	SGUL-ET	1:20.67
17 Carmody, Jessica M	11	SGUL-ET	1:20.98
18 Joubert, Danielle	13	BLNE-MA	1:21.14
19 Baenhoff, Chanel	11	BLSS-MA	1:21.83
20 Geel, Kayleigh S	15	BLSS-MA	1:22.24
21 Sates, Caitlyn B	11	SEAL-UM	1:22.98
22 Sivier, Jade	12	ACSA-ET	1:24.39
23 Green, Christy S	13	KLOO-ET	1:24.42
24 Bates, Lauren A	12	NCDST-ET	1:24.57
25 Matthews, Megan K	11	NCDST-ET	1:24.57
26 Friedenthal, Lucy	12	UNIN-MP	1:25.15
27 Tlali, Warona W	14	BLSS-MA	1:25.52
28 Pillay, Trinity J	15	SGUL-ET	1:25.63
29 Forrest, Bailey R	12	NCDST-ET	1:26.11
30 Hamman, Emma J	13	FAAC-FB	1:26.45
31 Rowan, Catherine L	12	SGUL-ET	1:26.47
32 Du Plessis, Bianca	12	AQU-AD	1:26.58
33 Oelofse, Bay-Linn	11	SASOL-FD	1:28.43
34 Groenewald, Lara	13	AQU-AD	1:29.06
35 Dixon, Poppy	11	NCDST-ET	1:29.25
36 Tshikhudo, Mphoentl	11	MWU-NG	1:48.77

#213 Men 13 & Under 4x100 LC Meter Freestyle

Team	Relay	Seed Time
1 USH-UH	A	4:33.79
Hinze, Sven F 13	Coetzer, Zander 13	
Du Preez, Ewan 12	Fourie, Heinrich N 12	
2 BLSS-MA	A	5:01.96

#214 Men 14-18 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 BLSS-MA	A	4:00.50
2 PSCP-UM	A	4:06.93
Barker, Cameron D 15		
Joubert, Gary L 17	Roberts, Joshua S 18	
3 GHSK-FB	A	4:09.61
Faber, Conrad 14	Brewis, Marais L 14	
van Niekerk, Junior S 1	Kleynhans, Jan-Ebert 1	

#215 Women 13 & Under 4x100 LC Meter Freestyle

Team	Relay	Seed Time
1 SGUL-ET	A	4:32.40
Omar, Manaal 12	Cross, Rachel J 13	
Carmody, Jessica M 11		
2 SEAL-UM	A	4:32.83
3 AZON-ET	A	4:39.47
Petzer, Kayci 12	Stewart, Megan 12	
Joubert, Jadyn 13	Cottrell, Kirsten I 13	
4 BLSS-MA	A	4:40.00
5 BLNE-MA	A	4:41.49
Kirsten, Gemma 13	Smook, Cara 12	
Henning, Izelle 13	Joubert, Danielle 13	

#216 Women 14-18 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 PSCP-UM	A	4:25.38
Bowmaker, Katherine I		
Peters, Reese H 14		
2 BLSS-MA	A	4:34.71

#301 Men 18 & Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Swanepoel, Hanno	17	SASOL-FD	56.04
2 Roberts, Joshua S	18	PSCP-UM	56.55
3 Jansen van Vuuren, R	18	AQU-AD	56.91
4 Joubert, Jeandre'	17	MGSC-UG	57.87
5 Leukes, David J	17	BLSS-MA	58.22
6 Du Plessis, Christiaan	15	MWU-NG	58.26
7 Smith, Michael G	16	USH-UH	58.31
8 Landmann, Ramon	15	SASOL-FD	58.67
9 Gibson, Nathen	15	ACSA-ET	58.75
10 Barnes, Henru H	17	BLSS-MA	58.81
11 Heymans, Henk J	17	ASA-IL	59.00
12 Dooling, Ethan W	17	FAAC-FB	59.12
13 Beukes, Xavier T	15	PISC-ET	59.34
14 Remley, Breydon L	16	SGUL-ET	59.83
15 Nieuwoudt, Benjamir	17	BLOT-MA	1:00.41
16 Kleynhans, Jan-Ebert	18	GHSK-FB	1:00.57
17 Van der Walt, Ryno	15	PSA-ZL	1:00.74
18 Govender, Byron N	18	BEAV-ET	1:00.85
19 Faber, Conrad	14	GHSK-FB	1:00.95
20 Xulu, Mhlengi B	16	UMSH-ET	1:01.12
21 Green, Jarred	17	FAAC-FB	1:01.26
22 de Beer, Aydan	15	WELA-FD	1:01.31
23 Barker, Cameron D	15	PSCP-UM	1:01.42
24 Sutherland, Eben	14	BULS-MA	1:01.47
25 Jansen van Vuuren, A	16	BLSS-MA	1:01.73
26 Le Gassick, Liam R	14	BLSS-MA	1:01.74
27 Scholtz, Francois C	16	AQU-AD	1:01.79
28 Booyens, Darian M	16	BLOT-MA	1:01.92
29 Mellors, David R	17	ASA-IL	1:01.93
30 Joubert, Gary L	17	PSCP-UM	1:02.06
31 Vlassides, Alexi J	17	SGUL-ET	1:02.54
32 Van Heerden, Tian	14	SEAL-UM	1:02.63
33 Fourie, Ruben	14	KLOO-ET	1:02.85
34 Naude, Stephan	14	BLOT-MA	1:03.06
35 Nel, Jaden	14	SASOL-FD	1:03.30
36 Du Toit, Thian	15	BLSS-MA	1:03.62
37 van Niekerk, Junior S	14	GHSK-FB	1:03.98
38 Brewis, Marais L	14	GHSK-FB	1:04.11
39 Rankin, Jack K	13	ASA-IL	1:04.89
40 Davies, Tristan J	13	WELA-FD	1:05.28
41 Mc Carthy, Taegen J	13	BEAV-ET	1:05.34
42 Coetzer, Zander	13	USH-UH	1:05.56
43 Zwane, Lehakwe M	14	SASOL-FD	1:05.76
44 Perold, Joshua	14	ASA-IL	1:05.95

45 Hair, Leith E	13	AZON-ET	1:06.16
46 Hannay, Dean C	14	MWU-NG	1:06.26
47 De Beer, Zaryn	13	MWU-NG	1:06.51
48 Holton, Jaiyd	13	ASA-IL	1:07.57
49 Hinze, Sven F	13	USH-UH	1:07.65
50 Van Rooyen, Jayden	13	FAAC-FB	1:08.17
51 Moonsamy, Zaid	14	BLSS-MA	1:08.25
52 Moolman, Heindru	13	MWU-NG	1:08.41
53 Le Roux, Adrian D	14	VALS-FD	1:08.71
54 Fourie, Heinrich N	12	USH-UH	1:09.10
55 Eilers, De-Anzo C	12	KALA-JT	1:09.13
56 Janson, Rossouw P	13	NSAD-EZ	1:09.37
57 Zungu, Bongumusa M	12	UMSH-ET	1:09.59
58 Du Plessis, Kenn R	12	MWU-NG	1:10.07
59 Sutcliffe, Ayrton K	12	WSTV-ET	1:10.15
60 Mpungose, Art N	10	SGUL-ET	1:10.16
61 Maree, Matthew	12	AQSA-ET	1:10.38
62 Lancaster, Murray S	12	SEAL-UM	1:11.02
63 Vorwerk, Channing J	13	PSCP-UM	1:11.05
64 Du Preez, Ewan	12	USH-UH	1:11.48
65 Naidoo, Ethan R	12	WVAQ-ET	1:11.69
66 Moodley, Kivesh	12	BAYV-ET	1:12.20
67 Pretorius, Delarey	12	BLOT-MA	1:12.35
68 Strydom, Rogan	12	ASA-IL	1:12.52
69 Swart, Tristan N	11	TOTIS-ET	1:12.64
70 Weenink, Wian J	12	FAAC-FB	1:13.22
71 Remley, Kaden J	12	SGUL-ET	1:13.45
72 Gibson, Sean	11	ACSA-ET	1:13.58
73 Fisher, Daniel N	12	BLUO-UG	1:14.14
74 Spoor, St John S	11	NCDST-ET	1:14.22
75 Terblanche, Eben C	12	CSA-EP	1:14.29
76 Geysler, Jacobus	11	USH-UH	1:14.82
77 Gander, Dylan C	11	AQSA-ET	1:14.95
78 Scheepers, Jared	11	ASA-IL	1:15.37
79 Hartmann, Dihandré	10	SASOL-FD	1:15.39
80 Landmann, Armand	10	SASOL-FD	1:15.42
81 De Vos, Juan-dre	11	KALA-JT	1:15.72
82 Kotze, Derick F	11	BLSS-MA	1:15.79
83 Emond, Jed D	11	NCDST-ET	1:15.85
84 September, Dominic J	11	PISC-ET	1:16.52
85 Nkgapele, Junior M	11	MWU-NG	1:16.89
86 Linde, El-Jay	11	BLSS-MA	1:17.14
87 Naidoo, Thiren	11	BAYV-ET	1:17.23
88 Van Rensburg, Ernst	11	BLSS-MA	1:17.72
89 Cibane, Zakhe	11	UMSH-ET	1:17.98
90 Van Viegen, Peter D	11	BLSS-MA	1:18.15
91 Le Roux, Tiaan	11	KALA-JT	1:18.46
92 Radley, Henning J	11	NSAD-EZ	1:18.51
93 Naidoo, Shiven	11	BEAV-ET	1:18.52
94 Kuboni, Mhlengi	11	UMSH-ET	1:18.63
95 Forrest, Kai A	10	NCDST-ET	1:18.83
96 Holton, Riley	11	ASA-IL	1:19.00
97 Basson, Roald R	11	BLSS-MA	1:19.39
98 Swanepoel, Michael	11	GTC-MP	1:20.13
99 Durocher-Yvon, Raph	11	NCDST-ET	1:21.28
100 Govender, Sivash	13	SGUL-ET	1:21.35
101 Cilliers, Christopher J	11	BLSS-MA	1:21.43

#302 Women 18 & Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Lombard, Carmel	15	SEAL-UM	1:04.39
2 Immelman, Danielle	15	FAAC-FB	1:04.44
3 Bodington, Jemma	18	PSA-ZL	1:04.66
4 De Wet, Megan	15	MWU-NG	1:04.67
5 Branco-Lizen, Emma	15	AQU-AD	1:05.51
6 Helmand, Anieke	14	BLOT-MA	1:05.67
7 Bowmaker, Katherine	15	PSCP-UM	1:06.03

SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019

Psych Sheet

#313 ... (Men 18 & Under 200 LC Meter IM)

28	Coetzer, Zander	13	USH-UH	2:46.60
29	van Niekerk, Junior S	14	GHSK-FB	2:47.39
30	Booyens, Darian M	16	BLOT-MA	2:48.57
31	Moonsamy, Zaid	14	BLSS-MA	2:49.46
32	Scholtz, Francois C	16	AQU-AD	2:52.07
33	Hair, Leith E	13	AZON-ET	2:52.28
34	Cilliers, Jacques	13	BLSS-MA	2:53.78
35	Le Roux, Adrian D	14	VALS-FD	2:53.90
36	Fourie, Heinrich N	12	USH-UH	2:54.05
37	Schweitzer, Liam	12	BLOT-MA	2:55.22
38	Bekker, Bjorn	11	KLOO-ET	2:56.07
39	Du Plessis, Kenn R	12	MWU-NG	2:56.25
40	Mpongose, Art N	10	SGUL-ET	2:56.92
41	Pretorius, Delarey	12	BLOT-MA	2:57.07
42	Zungu, Bongumusa M	12	UMSH-ET	2:58.38
43	Holton, Jaryd	13	ASA-IL	2:58.91
44	Van Rooyen, Jayden	13	FAAC-FB	2:59.29
45	Moodley, Kivesh	12	BAYV-ET	2:59.48
46	Weenink, Wian J	12	FAAC-FB	3:00.15
47	Gibson, Sean	11	ACSA-ET	3:00.19
48	Lancaster, Murray S	12	SEAL-UM	3:00.66
49	Kotze, Derick F	11	BLSS-MA	3:02.27
50	Harvey, Cameron J	12	AZON-ET	3:02.29
51	Linde, El-Jay	11	BLSS-MA	3:02.59
52	Fisher, Daniel N	12	BLUO-UG	3:04.10
53	Eilers, De-Anzo C	12	KALA-JT	3:04.74
54	Govender, Sivash	13	SGUL-ET	3:04.76
55	Sutcliffe, Ayrton K	12	WSTV-ET	3:05.34
56	Remley, Kaden J	12	SGUL-ET	3:05.57
57	Du Preez, Ewan	12	USH-UH	3:06.36
58	Gander, Dylan C	11	AQSA-ET	3:06.67
59	Basson, Roald R	11	BLSS-MA	3:07.47
60	Swart, Tristan N	11	TOTIS-ET	3:07.47
61	Hartmann, Dihandré	10	SASOL-FD	3:08.20
62	Forrest, Kai A	10	NCST-ET	3:09.03
63	Geyser, Jacobus	11	USH-UH	3:09.06
64	September, Dominic J	11	PISC-ET	3:10.79
65	Van Rensburg, Ernst	11	BLSS-MA	3:12.23
66	Durocher-Yvon, Raph	11	NCST-ET	3:12.77
67	Cilliers, Christopher J	11	BLSS-MA	3:12.88
68	Naidoo, Ethan R	12	WVAQ-ET	3:13.37
69	Swanepoel, Michael	11	GTC-MP	3:16.49
70	Emond, Jed D	11	NCST-ET	3:16.93
71	De Vos, Juan-dre	11	KALA-JT	3:17.14
72	Van Viegen, Peter D	11	BLSS-MA	3:17.29
73	Strydom, Rogan	12	ASA-IL	3:19.16
74	Naidoo, Thiren	11	BAYV-ET	3:19.72
75	Kuboni, Mhlengi	11	UMSH-ET	3:20.43
76	Holton, Riley	11	ASA-IL	3:36.90

#314 Women 18 & Under 200 LC Meter IM

Name	Age	Team	Seed Time
1 De Wet, Megan	15	MWU-NG	2:39.35
2 Gous, Caylin	14	FAAC-FB	2:39.80
3 Ontong, Danielle C	16	BLSS-MA	2:41.09
4 Bowmaker, Katherine	16	PSCP-UM	2:43.80
5 Olivier, Rebekah B	12	ACSA-ET	2:45.42
6 Daniel, Melanie P	15	AZON-ET	2:45.77
7 Branco-Lizen, Emma	15	AQU-AD	2:46.89
8 Fourie, Anke	16	LAD-UT	2:47.02
9 Carmody, Jessica M	11	SGUL-ET	2:47.60
10 Borrageiro, Nirvana L	12	SGUL-ET	2:48.98
11 Martens, Melissa	13	PSCP-UM	2:49.95
12 Huyzer, Megan	15	SGUL-ET	2:50.02
13 Mulder, Milche	14	UNIN-MP	2:50.53

14 Armour, Kaeli-Peace	12	BLSS-MA	2:50.90
15 Joubert, Tanya A	15	PSCP-UM	2:51.03
16 Stewart, Megan	12	AZON-ET	2:52.05
17 Truter, Alex J	14	BEAV-ET	2:52.32
18 Peters, Reese H	14	PSCP-UM	2:53.14
19 Botha, Anandi	14	BLNE-MA	2:53.54
20 Joubert, Danielle	13	BLNE-MA	2:53.58
21 Moss, Emma G	14	ASA-IL	2:53.64
22 Scott, Hannah E	15	BLUO-UG	2:53.79
23 Green, Christy S	13	KLOO-ET	2:54.15
24 van der Merwe, Laur	15	NSA-EZ	2:54.25
25 Joubert, Jadyn	13	AZON-ET	2:56.98
26 Friedenthal, Lucy	12	UNIN-MP	2:57.02
27 Andersson, Kate B	12	AQSA-ET	2:57.48
28 Joubert, Elizabeth	14	BULS-MA	2:57.80
29 Kirsten, Gemma	13	BLNE-MA	2:58.26
30 Hamman, Emma J	13	FAAC-FB	2:58.45
31 Oelofse, Bay-Linn	11	SASOL-FD	2:58.84
32 Zwart, Jordan A	13	SEAL-UM	2:59.25
33 Helmand, Anieke	14	BLOT-MA	2:59.58
34 Sivier, Jade	12	ACSA-ET	3:01.65
35 Bruce, Tayla	12	BEAV-ET	3:01.95
36 Tlali, Warona W	14	BLSS-MA	3:02.08
37 Matthews, Megan K	11	NCST-ET	3:02.17
38 Brijlal, Sherisha	13	VAC-ET	3:03.05
39 Forrest, Bailey R	12	NCST-ET	3:03.22
40 Vorster, Johlyze	14	SASOL-FD	3:03.55
41 Prinsloo, Cher H	11	KLOO-ET	3:04.21
42 Nortje, Mari	12	BULS-MA	3:04.25
43 Warr, Amber L	12	SEAL-UM	3:04.49
44 Leonard, Mieke	12	MWU-NG	3:04.50
45 Sates, Caitlyn B	11	SEAL-UM	3:04.64
46 Graham, Dayna J	13	NCST-ET	3:05.07
47 Oosthuizen, Monique	11	BLOT-MA	3:05.24
48 Vorster, Amber J	12	BLUO-UG	3:05.26
49 Marcelino, Katie	11	SGUL-ET	3:05.27
50 Davel, Annabelle E	12	MWU-NG	3:06.04
51 Mayoss, Erin L	11	KLOO-ET	3:06.22
52 Rowan, Catherine L	12	SGUL-ET	3:06.74
53 Vincent, Amelia	10	BLSS-MA	3:06.83
54 Allchin, Gemma L	11	BLUO-UG	3:07.24
55 Goss, Kelsey	12	ASA-IL	3:07.54
56 Baenhoff, Chanel	11	BLSS-MA	3:07.98
57 Dixon, Poppy	11	NCST-ET	3:08.64
58 Breytenbach, Aneme'	12	PSA-ZL	3:08.68
59 Potgieter, Cale	11	BLSS-MA	3:09.59
60 Omar, Manaal	12	SGUL-ET	3:10.85
61 Van Der Merwe, Anna	12	SEAL-UM	3:12.46
62 Banza, Lys L	11	UNIN-MP	3:14.85
63 Banza, Matundu I	13	UNIN-MP	3:14.87
64 Du Plessis, Bianca	12	AQU-AD	3:14.97
65 Beyers, Erin A	11	UNIN-MP	3:16.50
66 Karpakis, Cayley G	12	BLSS-MA	3:16.66
67 Price, Cailyn	11	AZON-ET	3:17.00
68 Naude, Jana B	12	USH-UH	3:20.82
69 DU Plessis, Charlize	11	SEAL-UM	3:21.22
70 Tshikhudo, Mphoentl	11	MWU-NG	3:23.29
71 Kambanis, Georgia	11	BLSS-MA	3:26.13
72 Robinson, Daena M	11	BLUO-UG	3:26.70

#315 Men 13 & Under 4x50 LC Meter Freestyle R

Team	Relay	Seed Time
1 USH-UH	A	2:03.70
Hinze, Sven F 13	Coetzer, Zander 13	
Du Preez, Ewan 12	Fourie, Heinrich N 12	
2 BLSS-MA	A	2:13.55

#316 Men 14-18 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 BLSS-MA	A	1:48.87
2 GHSK-FB	A	1:54.32
Faber, Conrad 14	van Niekerk, Junior S 1	
Brewis, Marais L 14	Kleynhans, Jan-Ebert 1	
3 PSCP-UM	A	1:54.96
Joubert, Gary L 17		
Barker, Cameron D 15	Roberts, Joshua S 18	

#317 Women 13 & Under 4x50 LC Meter Freestyle R

Team	Relay	Seed Time
1 SGUL-ET	A	2:01.92
Carmody, Jessica M 11	Borrageiro, Nirvana L 1	
Omar, Manaal 12	Cross, Rachel J 13	
2 SEAL-UM	A	2:05.99
3 AZON-ET	A	2:07.23
Petzter, Kayci 12	Stewart, Megan 12	
Joubert, Jadyn 13	Cottrell, Kirsten I 13	
4 BLNE-MA	A	2:09.12
Henning, Izelle 13	Smook, Cara 12	
Kirsten, Gemma 13	Joubert, Danielle 13	
5 BLSS-MA	A	2:10.00

#318 Women 14-18 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 SGUL-ET	A	1:50.35
Pillay, Trinity J 15	Huyzer, Megan 15	
	Asgeir-nielsen, Kaylyn	
2 PSCP-UM	A	2:01.94
	Bowmaker, Katherine 1	
3 BLSS-MA	A	2:04.82

#319 Mixed 13 & Under 4x50 LC Meter Medley R

Team	Relay	Seed Time
1 AZON-ET	A	2:17.88
Petzter, Kayci W12	Hair, Leith E M13	
Harvey, Cameron J M1	Cottrell, Kirsten I W13	
2 FAAC-FB	A	2:21.06
Mohamed, Ilhaam W11	Van Rooyen, Jayden M1	
Hamman, Emma J W13	Weenink, Wian J M12	
3 USH-UH	A	2:30.25
Coetzer, Zander M13	Scheepers, Izaan W12	
Fourie, Heinrich N M1	Naude, Jana B W12	
4 BLSS-MA	A	2:34.19
5 SGUL-ET	A	2:39.38
Cross, Rachel J W13	Omar, Manaal W12	
Remley, Kaden J M12	Govender, Sivash M13	

#320 Mixed 14-18 4x100 LC Meter Medley Relay

Team	Relay	Seed Time
1 SEAL-UM	A	4:31.15
2 FAAC-FB	A	4:45.43
Green, Jarred M17	Gous, Caylin W14	
Dooring, Ethan W M17	Immelman, Danielle W	
3 BLSS-MA	A	4:46.00
4 BULS-MA	A	4:47.00
Sutherland, Eben M14	Moolman, Cobus M15	
Joubert, Elizabeth W14	Nortje, Mari W12	
5 PSCP-UM	A	5:04.01

#401 Men 18 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Jansen van Vuuren, R	18	AQU-AD	25.95
2 Roberts, Joshua S	18	PSCP-UM	26.16
3 Du Plessis, Christiaan	15	MWU-NG	26.18
4 Landmann, Ramon	15	SASOL-FD	26.34
5 Joubert, Jeandre'	17	MGSC-UG	26.35
6 Swanepoel, Hanno	17	SASOL-FD	26.39

SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019**Psych Sheet****#401 ... (Men 18 & Under 50 LC Meter Freestyle)**

7 Leukes, David J	17	BLSS-MA	26.44
8 Gibson, Nathen	15	ACSA-ET	26.49
9 Barnes, Henru H	17	BLSS-MA	26.85
10 Sutherland, Eben	14	BULS-MA	26.86
11 Dooling, Ethan W	17	FAAC-FB	26.86
12 Smith, Michael G	16	USH-UH	27.21
13 MACKAY, Len-Dougla	15	BLNE-MA	27.28
14 Nieuwoudt, Benjamin	17	BLOT-MA	27.29
15 Beukes, Xavier T	15	PISC-ET	27.30
16 Booysen, Darian M	16	BLOT-MA	27.32
17 Jansen van Vuuren, A	16	BLSS-MA	27.34
18 Green, Jarred	17	FAAC-FB	27.39
19 Remley, Breydon L	16	SGUL-ET	27.41
20 Govender, Byron N	18	BEAV-ET	27.46
21 Heymans, Henk J	17	ASA-IL	27.51
22 Xulu, Mhlengi B	16	UMSH-ET	27.83
23 Van der Walt, Ryno	15	PSA-ZL	27.83
24 Fourie, Ruben	14	KLOO-ET	27.84
25 Kleynhans, Jan-Ebert	18	GHSK-FB	27.89
26 Faber, Conrad	14	GHSK-FB	27.92
27 de Beer, Aydan	15	WELA-FD	28.03
28 Le Gassick, Liam R	14	BLSS-MA	28.24
29 Scholtz, Francois C	16	AQU-AD	28.41
30 Nel, Jaden	14	SASOL-FD	28.47
31 Moonsamy, Zaid	14	BLSS-MA	28.52
32 Vlassides, Alexi J	17	SGUL-ET	28.66
33 Zwane, Lehakwe M	14	SASOL-FD	28.87
34 Joubert, Gary L	17	PSCP-UM	28.87
35 Mellors, David R	17	ASA-IL	28.87
36 Du Toit, Thian	15	BLSS-MA	28.90
37 Naude, Stephan	14	BLOT-MA	28.94
38 Barker, Cameron D	15	PSCP-UM	29.09
39 Brewis, Marais L	14	GHSK-FB	29.09
40 Van Heerden, Tian	14	SEAL-UM	29.22
41 Le Roux, Adrian D	14	VALS-FD	29.29
42 van Niekerk, Junior S	14	GHSK-FB	29.42
43 Davies, Tristan J	13	WELA-FD	29.50
44 Mc Carthy, Taegen J	13	BEAV-ET	29.50
45 Knepscheld, HJ	13	BULS-MA	29.57
46 Bruce, Liam	15	BEAV-ET	29.72
47 Coetzer, Zander	13	USH-UH	29.86
48 Rankin, Jack K	13	ASA-IL	30.01
49 Van Rooyen, Jayden	13	FAAC-FB	30.05
50 Moolman, Heindru	13	MWU-NG	30.29
51 Lancaster, Murray S	12	SEAL-UM	30.29
52 Hannay, Dean C	14	MWU-NG	30.38
53 Hinze, Sven F	13	USH-UH	30.39
54 Reddhi, Trevin	14	ACSA-ET	30.48
55 Moodley, Kivesh	12	BAYV-ET	30.68
56 Hair, Leith E	13	AZON-ET	30.91
57 Naidoo, Ethan R	12	WVAQ-ET	31.14
58 Sutcliffe, Ayrton K	12	WSTV-ET	31.21
59 Cilliers, Jacques	13	BLSS-MA	31.30
60 Janson, Rossouw P	13	NSAD-EZ	31.30
61 Fourie, Heinrich N	12	USH-UH	31.36
62 Eilers, De-Anzo C	12	KALA-JT	31.60
63 Mpungose, Art N	10	SGUL-ET	31.69
64 Zungu, Bongumusa M	12	UMSH-ET	31.85
65 Du Preez, Ewan	12	USH-UH	32.09
66 Du Plessis, Kenn R	12	MWU-NG	32.12
67 Holton, Jaryd	13	ASA-IL	32.31
68 Fisher, Daniel N	12	BLUO-UG	32.37
69 Maree, Matthew	12	AQSA-ET	32.43
70 Vorwerk, Channing J	13	PSCP-UM	32.66
71 De Beer, Zion	13	MWU-NG	32.75

72 Landmann, Armand	10	SASOL-FD	32.89
73 Weenink, Wian J	12	FAAC-FB	33.09
74 Swart, Tristan N	11	TOTIS-ET	33.13
75 Radley, Henning J	11	NSAD-EZ	33.32
76 Basson, Roald R	11	BLSS-MA	33.48
77 Geysler, Jacobus	11	USH-UH	33.56
78 Scheepers, Jared	11	ASA-IL	33.85
79 Gibson, Sean	11	ACSA-ET	33.96
80 Kotze, Derick F	11	BLSS-MA	33.97
81 September, Dominic J	11	PISC-ET	34.35
82 Emond, Jed D	11	NC DST-ET	34.48
83 Remley, Kaden J	12	SGUL-ET	34.49
84 Gander, Dylan C	11	AQSA-ET	34.54
85 Schweitzer, Liam	12	BLOT-MA	34.56
86 Spoors, St John S	11	NC DST-ET	34.67
87 De Vos, Juan-dre	11	KALA-JT	34.78
88 Van Rensburg, Ernst	11	BLSS-MA	34.80
89 Kuboni, Mhlengi	11	UMSH-ET	34.82
90 Nkgapele, Junior M	11	MWU-NG	35.04
91 Naidoo, Shiven	11	BEAV-ET	35.09
92 Naidoo, Thiren	11	BAYV-ET	35.28
93 Swanepoel, Michael	11	GTC-MP	35.60
94 Linde, El-Jay	11	BLSS-MA	35.69
95 Le Roux, Tiaan	11	KALA-JT	36.19
96 Cilliers, Christopher J	11	BLSS-MA	36.27
97 Durocher-Yvon, Raph	11	NC DST-ET	36.36
98 Govender, Sivash	13	SGUL-ET	36.55
99 Forrest, Kai A	10	NC DST-ET	36.80
100 Van Viegen, Peter D	11	BLSS-MA	37.08
101 Holton, Riley	11	ASA-IL	37.99

#402 Women 18 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Fourie, Anke	16	LAD-UT	29.37
2 Bodington, Jemma	18	PSA-ZL	29.61
3 Immelman, Danielle	15	FAAC-FB	29.79
4 Daniel, Melanie P	15	AZON-ET	29.87
5 Helmand, Anieke	14	BLOT-MA	29.99
6 Branco-Lizen, Emma	15	AQU-AD	30.11
7 Cottrell, Kirsten I	13	AZON-ET	30.14
8 Nortje, Mari	12	BULS-MA	30.39
9 Groenewald, Ingrid	17	AQU-AD	30.44
10 Asgeir-nielsen, Kayly	17	SGUL-ET	30.49
11 Pillay, Trinity J	15	SGUL-ET	30.52
12 Lombard, Carmel	15	SEAL-UM	30.53
13 Fourie, Kara	14	LAD-UT	30.53
14 Uys, Danika	15	PSA-ZL	30.54
15 Cross, Rachel J	13	SGUL-ET	30.59
16 Botha, Anandi	14	BLNE-MA	30.62
17 Petzer, Kayci	12	AZON-ET	30.64
18 Truter, Alex J	14	BEAV-ET	30.66
19 Van Der Merwe, Izani	15	CSA-EP	30.77
20 Bowmaker, Katherine	15	PSCP-UM	30.97
21 Carmody, Jessica M	11	SGUL-ET	30.98
22 Omar, Manaal	12	SGUL-ET	30.98
23 Joubert, Elizabeth	14	BULS-MA	31.00
24 Frank, Gemma	13	ASA-IL	31.01
25 Ontong, Danielle C	16	BLSS-MA	31.08
26 Scorer, Scarlet O	14	MGSC-UG	31.10
27 Du Toit, Arista J	14	BLSS-MA	31.18
28 Peters, Reese H	14	PSCP-UM	31.22
29 Joubert, Danielle	13	BLNE-MA	31.28
30 Walden, Chelsea	15	PSCP-UM	31.35
31 Geel, Kayleigh S	15	BLSS-MA	31.37
32 Van Rensburg, Melinc	13	UNIN-MP	31.41
33 Johnson, Kiara	13	NC DST-ET	31.55
34 Groenewald, Lara	13	AQU-AD	31.69

35 Irvine, Rachel K	13	SEAL-UM	31.72
36 Mulder, Milche	14	UNIN-MP	31.82
37 van der Merwe, Laur	15	NSA-EZ	31.86
38 Borrageiro, Nirvana I	12	SGUL-ET	31.95
39 Zwart, Jordan A	13	SEAL-UM	31.98
40 Henning, Izelle	13	BLNE-MA	32.03
41 Joubert, Tanya A	15	PSCP-UM	32.06
42 Huyzer, Megan	15	SGUL-ET	32.08
43 Sivier, Jade	12	ACSA-ET	32.08
44 Mayoss, Erin L	11	KLOO-ET	32.19
45 Bates, Lauren A	12	NC DST-ET	32.23
46 Olivier, Rebekah B	12	ACSA-ET	32.24
47 Kirsten, Gemma	13	BLNE-MA	32.41
48 Oelofse, Bay-Linn	11	SASOL-FD	32.45
49 Andersson, Kate B	12	AQSA-ET	32.51
50 Sates, Caitlyn B	11	SEAL-UM	32.58
51 Breytenbach, Aneme'	12	PSA-ZL	32.59
52 Van Der Merwe, Amy	12	SGUL-ET	32.84
53 Van Der Vlugt, Kean	13	ASA-IL	32.87
54 Armour, Kaeli-Peace	12	BLSS-MA	32.88
55 Scheepers, Izaan	12	USH-UH	32.88
56 Terblanche, Emma E	12	PRKA-PS	32.94
57 Hamman, Emma J	13	FAAC-FB	32.97
58 Joubert, Jadyen	13	AZON-ET	33.09
59 Potgieter, Cale	11	BLSS-MA	33.11
60 Vorster, Amber J	12	BLUO-UG	33.13
61 Leonard, Mieke	12	MWU-NG	33.18
62 Naidoo, Keira D	12	SEAL-UM	33.30
63 Matthews, Megan K	11	NC DST-ET	33.40
64 Goss, Kelsey	12	ASA-IL	33.46
65 Van Der Merwe, Ann	12	SEAL-UM	33.56
66 Jansen Van Vuuren, A	13	CSA-EP	33.60
67 Geel, Angel M	12	NWUC-KK	33.67
68 Dixon, Poppy	11	NC DST-ET	33.69
69 Vorwerk, Alexis M	13	PSCP-UM	33.75
70 Banza, Matundu I	13	UNIN-MP	33.87
71 Graham, Dayna J	13	NC DST-ET	33.95
72 Perumal, Elisha L	10	BAYV-ET	34.01
73 Forrest, Bailey R	12	NC DST-ET	34.16
74 Naude, Jana B	12	USH-UH	34.21
75 Warr, Amber L	12	SEAL-UM	34.21
76 Banza, Lys L	11	UNIN-MP	35.00
77 Willoughby, Cassidy	12	SEAL-UM	35.02
78 Vincent, Amelia	10	BLSS-MA	35.06
79 Oosthuizen, Monique	11	BLOT-MA	35.16
80 Allchin, Gemma L	11	BLUO-UG	35.16
81 Brijljal, Sherisha	13	VAC-ET	35.29
82 Du Plessis, Bianca	12	AQU-AD	35.31
83 Marcelino, Katie	11	SGUL-ET	35.59
84 Price, Cailyn	11	AZON-ET	35.76
85 Smook, Cara	12	BLNE-MA	35.99
86 Mohamed, Ilhaam	11	FAAC-FB	36.16
87 Baenhoff, Chanel	11	BLSS-MA	36.39
88 DU Plessis, Charlize	11	SEAL-UM	37.13
89 Karpakis, Cayley G	12	BLSS-MA	37.30
90 Beyers, Erin A	11	UNIN-MP	37.39
91 Mansil, Gemma	11	WELA-FD	37.61
92 Kambanis, Georgia	11	BLSS-MA	38.57

#403 Men 18 & Under 50 LC Meter Freestyle Multi

Name	Age	Team	Seed Time
1 Kemp, Brent	14	APEX-SS	28.32

#405 Men 18 & Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Leukes, David J	17	BLSS-MA	2:45.77
2 Joubert, Jeandre'	17	MGSC-UG	2:48.12

SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019

Psych Sheet

#411 ... (Men 18 & Under 50 LC Meter Butterfly)			
23	Du Toit, Thian	15	BLSS-MA 30.36
24	Nel, Jaden	14	SASOL-FD 30.45
25	Green, Jarred	17	FAAC-FB 30.69
26	Barker, Cameron D	15	PSCP-UM 30.71
27	Jansen van Vuuren, A	16	BLSS-MA 30.73
28	MACKAY, Len-Dougla	15	BLNE-MA 31.10
29	Van Heerden, Tian	14	SEAL-UM 31.22
30	Zwane, Lehakwe M	14	SASOL-FD 31.29
31	Nieuwoudt, Benjami	17	BLOT-MA 31.31
32	Smith, Michael G	16	USH-UH 31.31
33	van Niekerk, Junior S	14	GHSK-FB 31.43
34	de Beer, Aydan	15	WELA-FD 31.50
35	Fourie, Ruben	14	KLOO-ET 31.52
36	Vlassides, Alexi J	17	SGUL-ET 31.61
37	Mellors, David R	17	ASA-IL 31.78
38	Janson, Rossouw P	13	NSAD-EZ 31.79
39	Rankin, Jack K	13	ASA-IL 32.00
40	Bruce, Liam	15	BEAV-ET 32.87
41	Brewis, Marais L	14	GHSK-FB 33.03
42	Knepscheld, HJ	13	BULS-MA 33.36
43	Cilliers, Jacques	13	BLSS-MA 33.71
44	Le Roux, Adrian D	14	VALS-FD 33.75
45	Mc Carthy, Taegen J	13	BEAV-ET 33.85
46	Maree, Matthew	12	AQSA-ET 33.86
47	Lancaster, Murray S	12	SEAL-UM 34.18
48	Hair, Leith E	13	AZON-ET 34.71
49	Schweitzer, Liam	12	BLOT-MA 35.12
50	Mpungose, Art N	10	SGUL-ET 35.24
51	Moonsamy, Zaid	14	BLSS-MA 35.29
52	Harvey, Cameron J	12	AZON-ET 35.33
53	Van Rooyen, Jayden	13	FAAC-FB 35.42
54	Holton, Jaryd	13	ASA-IL 35.58
55	Fourie, Heinrich N	12	USH-UH 35.90
56	Gibson, Sean	11	ACSA-ET 36.12
57	Bekker, Bjorn	11	KLOO-ET 36.14
58	Coetzer, Zander	13	USH-UH 36.15
59	Moolman, Heindru	13	MWU-NG 36.23
60	Vorwerk, Channing J	13	PSCP-UM 36.31
61	Geyser, Jacobus	11	USH-UH 36.34
62	Fisher, Daniel N	12	BLUO-UG 36.43
63	Scheepers, Jared	11	ASA-IL 36.49
64	Du Preez, Ewan	12	USH-UH 36.52
65	Sutcliffe, Ayrton K	12	WSTV-ET 36.58
66	Swart, Tristan N	11	TOTIS-ET 36.61
67	Hartmann, Dihandré	10	SASOL-FD 37.06
68	Eilers, De-Anzo C	12	KALA-JT 37.22
69	Durocher-Yvon, Raph	11	NCDS-ET 37.27
70	Hinze, Sven F	13	USH-UH 37.30
71	Du Plessis, Kenn R	12	MWU-NG 37.70
72	Basson, Roald R	11	BLSS-MA 37.80
73	Weenink, Wian J	12	FAAC-FB 38.11
74	Gander, Dylan C	11	AQSA-ET 39.04
75	Linde, El-Jay	11	BLSS-MA 39.24
76	Cilliers, Christopher J	11	BLSS-MA 39.98
77	Forrest, Kai A	10	NCDS-ET 40.00
78	Radley, Henning J	11	NSAD-EZ 40.17
79	Van Rensburg, Ernst	11	BLSS-MA 40.35
80	Cibane, Zakhe	11	UMSH-ET 40.35
81	Naidoo, Ethan R	12	WVAQ-ET 40.41
82	Spoors, St John S	11	NCDS-ET 40.81
83	Remley, Kaden J	12	SGUL-ET 41.14
84	Kotze, Derick F	11	BLSS-MA 41.28
85	Govender, Sivash	13	SGUL-ET 41.44
86	September, Dominic J	11	PISC-ET 41.86
87	Landmann, Armand	10	SASOL-FD 43.89

88	Van Viegen, Peter D	11	BLSS-MA 46.99
89	De Vos, Juan-dre	11	KALA-JT 47.06
90	Le Roux, Tiaan	11	KALA-JT 47.59
91	Holton, Riley	11	ASA-IL 54.39

#412 Women 18 & Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time
1	Bodington, Jemma	18	PSA-ZL 31.86
2	Fourie, Anke	16	LAD-UT 31.91
3	Daniel, Melanie P	15	AZON-ET 31.99
4	Ontong, Danielle C	16	BLSS-MA 32.08
5	Branco-Lizen, Emma	15	AQU-AD 32.21
6	Gous, Caylin	14	FAAC-FB 32.57
7	Joubert, Tanya A	15	PSCP-UM 32.67
8	Pillay, Trinity J	15	SGUL-ET 33.01
9	Scorer, Scarlet O	14	MGSC-UG 33.08
10	Joubert, Danielle	13	BLNE-MA 33.46
11	Zwart, Jordan A	13	SEAL-UM 33.49
12	Borrageiro, Nirvana I	12	SGUL-ET 33.75
13	Joubert, Elizabeth	14	BULS-MA 34.00
14	Andersson, Kate B	12	AQSA-ET 34.18
15	Tlali, Warona W	14	BLSS-MA 34.27
16	Immelman, Danielle	15	FAAC-FB 34.29
17	Van Der Merwe, Izani	15	CSA-EP 34.45
18	van der Merwe, Laur	15	NSA-EZ 34.46
19	Carmody, Jessica M	11	SGUL-ET 34.51
20	Truter, Alex J	14	BEAV-ET 34.54
21	Huyzer, Megan	15	SGUL-ET 34.60
22	Walden, Chelsea	15	PSCP-UM 34.71
23	Bates, Lauren A	12	NCDS-ET 34.84
24	Petzer, Kayci	12	AZON-ET 34.85
25	Olivier, Rebekah B	12	ACSA-ET 34.94
26	Stewart, Megan	12	AZON-ET 34.96
27	Baenhoff, Chanel	11	BLSS-MA 35.03
28	Nortje, Mari	12	BULS-MA 35.16
29	Geel, Kayleigh S	15	BLSS-MA 35.17
30	Martens, Melissa	13	PSCP-UM 35.19
31	Sates, Caitlyn B	11	SEAL-UM 35.46
32	Du Plessis, Bianca	12	AQU-AD 35.53
33	Groenewald, Lara	13	AQU-AD 35.85
34	Brijlal, Sherisha	13	VAC-ET 36.07
35	Vorwerk, Alexis M	13	PSCP-UM 36.33
36	Botha, Anandi	14	BLNE-MA 36.34
37	Fourie, Kara	14	LAD-UT 36.36
38	Sivier, Jade	12	ACSA-ET 36.56
39	Hamman, Emma J	13	FAAC-FB 36.65
40	Johnson, Kiara	13	NCDS-ET 36.68
41	Graham, Dayna J	13	NCDS-ET 37.01
42	Matthews, Megan K	11	NCDS-ET 37.09
43	Karpakis, Cayley G	12	BLSS-MA 37.17
44	Mayoss, Erin L	11	KLOO-ET 37.35
45	Omar, Manaal	12	SGUL-ET 37.38
46	Oelofse, Bay-Linn	11	SASOL-FD 37.61
47	Helmand, Anieke	14	BLOT-MA 37.67
48	Henning, Izelle	13	BLNE-MA 37.68
49	Breytenbach, Aneme'	12	PSA-ZL 37.73
50	Vorster, Amber J	12	BLUO-UG 37.74
51	Dixon, Poppy	11	NCDS-ET 37.83
52	Van Rensburg, Melinc	13	UNIN-MP 37.97
53	Joubert, Jadyn	13	AZON-ET 38.03
54	Kirsten, Gemma	13	BLNE-MA 38.09
55	Forrest, Bailey R	12	NCDS-ET 38.17
56	Perumal, Elisha L	10	BAYV-ET 38.59
57	Armour, Kaeli-Peace	12	BLSS-MA 38.67
58	Rowan, Catherine L	12	SGUL-ET 38.90
59	Vincent, Amelia	10	BLSS-MA 39.04
60	Goss, Kelsey	12	ASA-IL 39.06

61	Potgieter, Cale	11	BLSS-MA 39.14
62	Allchin, Gemma L	11	BLUO-UG 39.34
63	Geel, Angel M	12	NGUC-KK 40.12
64	Marcelino, Katie	11	SGUL-ET 40.42
65	Van Der Merwe, Ann	12	SEAL-UM 40.57
66	Brijlal, Kirisha	11	VAC-ET 40.58
67	Kambanis, Georgia	11	BLSS-MA 40.91
68	Du Toit, Arista J	14	BLSS-MA 40.92
69	Banza, Lys L	11	UNIN-MP 42.94
70	DU Plessis, Charlize	11	SEAL-UM 43.03
71	Tshikhudo, Mphoentl	11	MWU-NG 43.46
72	Mohamed, Ilhaam	11	FAAC-FB 43.52
73	Naude, Jana B	12	USH-UH 43.54
74	Smook, Cara	12	BLNE-MA 44.33

#415 Men 13 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1	USH-UH	A 2:22.52
	Fourie, Heinrich N 12	Coetzer, Zander 13
	Geyser, Jacobus 11	Hinze, Sven F 13
2	BLSS-MA	A 2:28.07

#416 Men 14-18 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1	BLSS-MA	A 2:00.44
2	PSCP-UM	A 2:07.08
	Roberts, Joshua S 18	Barker, Cameron D 15
	Joubert, Gary L 17	
3	GHSK-FB	A 2:07.43
	Brewis, Marais L 14	Faber, Conrad 14
	Kleynhans, Jan-Ebert 1	van Niekerk, Junior S 1

#417 Women 13 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1	SGUL-ET	A 2:16.31
	Carmody, Jessica M 11	Cross, Rachel J 13
	Borrageiro, Nirvana L	Omar, Manaal 12
2	SEAL-UM	A 2:20.58
3	BLNE-MA	A 2:23.02
	Henning, Izelle 13	Van Der Bijl, Cara 13
	Joubert, Danielle 13	Kirsten, Gemma 13
4	AZON-ET	A 2:25.03
	Cottrell, Kirsten I 13	Petzer, Kayci 12
	Stewart, Megan 12	Joubert, Jadyn 13
5	BLSS-MA	A 2:26.00

#418 Women 14-18 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1	PSCP-UM	A 2:12.57
	Bowmaker, Katherine I	
	Joubert, Tanya A 15	
2	BLSS-MA	A 2:18.01

#419 Mixed 13 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	AZON-ET	A 4:37.13
	Cottrell, Kirsten I W13	Petzer, Kayci W12
	Harvey, Cameron J M1	Hair, Leith E M13
2	USH-UH	A 4:41.04
	Coetzer, Zander M13	Naude, Jana B W12
	Hinze, Sven F M13	Scheepers, Izaan W12
3	FAAC-FB	A 4:53.18
	Mohamed, Ilhaam W11	Weenink, Wian J M12
	Hamman, Emma J W13	Van Rooyen, Jayden M1
4	BLSS-MA	A 4:59.68

#420 Mixed 14-18 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	SEAL-UM	A 3:48.57

SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019**Psych Sheet****#420 ... (Mixed 14-18 4x100 LC Meter Freestyle)**

2	FAAC-FB	A	4:12.73
	Gous, Caylin W14	Green, Jarred M17	
	Immelman, Danielle W	Dooling, Ethan W M17	
3	PSCP-UM	A	4:14.59
4	BLSS-MA	A	4:30.90