

Team Entries - All Events

**Action Swim Academy-ET**

**1 Gibson, Nathen - Male - Age: 15 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:18.07	#207 Men 18&U 50 Back Prelims	31.78
#211 Men 18&U 100 Fly Prelims	1:09.76	#301 Men 18&U 100 Free Prelims	58.75
#309 Men 18&U 100 Back Prelims	1:12.26	#401 Men 18&U 50 Free Prelims	26.49
#411 Men 18&U 50 Fly Prelims	29.62		

**2 Gibson, Sean - Male - Age: 11 - Ind/Rel: 12 / 0**

#101 Men 11&U 400 Free	5:45.01	#201 Men 18&U 200 Free Prelims	2:44.78
#205 Men 18&U 100 Breast Prelims	1:34.30	#207 Men 18&U 50 Back Prelims	39.99
#211 Men 18&U 100 Fly Prelims	1:35.81	#301 Men 18&U 100 Free Prelims	1:13.58
#305 Men 18&U 50 Breast Prelims	42.52	#309 Men 18&U 100 Back Prelims	1:28.43
#313 Men 18&U 200 IM Prelims	3:00.19	#401 Men 18&U 50 Free Prelims	33.96
#405 Men 18&U 200 Breast Prelims	3:26.50	#411 Men 18&U 50 Fly Prelims	36.12

**3 Olivier, Rebekah B - Female - Age: 12 - Ind/Rel: 10 / 0**

#104 Women 12 400 Free	5:24.19	#202 Women 18&U 200 Free Prelims	2:27.75
#208 Women 18&U 50 Back Prelims	35.23	#212 Women 18&U 100 Fly Prelims	1:16.69
#302 Women 18&U 100 Free Prelims	1:10.42	#310 Women 18&U 100 Back Prelims	1:16.01
#314 Women 18&U 200 IM Prelims	2:45.42	#402 Women 18&U 50 Free Prelims	32.24
#410 Women 18&U 200 Back Prelims	2:42.70	#412 Women 18&U 50 Fly Prelims	34.94

**4 Reddhi, Trevin - Male - Age: 14 - Ind/Rel: 4 / 0**

#205 Men 18&U 100 Breast Prelims	1:22.65	#305 Men 18&U 50 Breast Prelims	38.07
#401 Men 18&U 50 Free Prelims	30.48	#405 Men 18&U 200 Breast Prelims	2:57.66

**5 Sivier, Jade - Female - Age: 12 - Ind/Rel: 7 / 0**

#208 Women 18&U 50 Back Prelims	39.80	#212 Women 18&U 100 Fly Prelims	1:24.39
#302 Women 18&U 100 Free Prelims	1:11.42	#310 Women 18&U 100 Back Prelims	1:23.07
#314 Women 18&U 200 IM Prelims	3:01.65	#402 Women 18&U 50 Free Prelims	32.08
#412 Women 18&U 50 Fly Prelims	36.56		

**Action Swim Academy-ET Total Individual Entries: 40 - Total Relays: 0**

**Team Entries - All Events**

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**Apex H20-SS**

**1 Kemp, Brent - Male - Age: 14 - Ind/Rel: 4 / 0**

#209 Men 18&U 50 Back Prelims	33.58	#303 Men 18&U 100 Free Prelims	1:03.59
#311 Men 18&U 100 Back Prelims	1:15.77	#403 Men 18&U 50 Free Prelims	28.32

**Apex H20-SS Total Individual Entries: 4 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Aqua Adrenalin-AD****1 Branco-Lizen, Emma - Female - Age: 15 - Ind/Rel: 7 / 0**

#110 Women 15-18 400 Free	5:12.74	#202 Women 18&U 200 Free Prelims	2:27.37
#212 Women 18&U 100 Fly Prelims	1:11.78	#302 Women 18&U 100 Free Prelims	1:05.51
#314 Women 18&U 200 IM Prelims	2:46.89	#402 Women 18&U 50 Free Prelims	30.11
#412 Women 18&U 50 Fly Prelims	32.21		

**2 Du Plessis, Bianca - Female - Age: 12 - Ind/Rel: 6 / 0**

#202 Women 18&U 200 Free Prelims	2:44.80	#212 Women 18&U 100 Fly Prelims	1:26.58
#302 Women 18&U 100 Free Prelims	1:15.30	#314 Women 18&U 200 IM Prelims	3:14.97
#402 Women 18&U 50 Free Prelims	35.31	#412 Women 18&U 50 Fly Prelims	35.53

**3 Groenewald, Ingrid - Female - Age: 17 - Ind/Rel: 4 / 0**

#110 Women 15-18 400 Free	5:27.00	#202 Women 18&U 200 Free Prelims	2:32.92
#302 Women 18&U 100 Free Prelims	1:06.35	#402 Women 18&U 50 Free Prelims	30.44

**4 Groenewald, Lara - Female - Age: 13 - Ind/Rel: 6 / 0**

#106 Women 13 400 Free	5:33.04	#202 Women 18&U 200 Free Prelims	2:32.29
#212 Women 18&U 100 Fly Prelims	1:29.06	#302 Women 18&U 100 Free Prelims	1:09.70
#402 Women 18&U 50 Free Prelims	31.69	#412 Women 18&U 50 Fly Prelims	35.85

**5 Jansen van Vuuren, Ruan - Male - Age: 18 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:10.44	#205 Men 18&U 100 Breast Prelims	1:15.98
#211 Men 18&U 100 Fly Prelims	1:01.16	#301 Men 18&U 100 Free Prelims	56.91
#313 Men 18&U 200 IM Prelims	2:25.73	#401 Men 18&U 50 Free Prelims	25.95
#411 Men 18&U 50 Fly Prelims	27.71		

**6 Scholtz, Francois C - Male - Age: 16 - Ind/Rel: 4 / 0**

#205 Men 18&U 100 Breast Prelims	1:31.93	#301 Men 18&U 100 Free Prelims	1:01.79
#313 Men 18&U 200 IM Prelims	2:52.07	#401 Men 18&U 50 Free Prelims	28.41

**Aqua Adrenalin-AD Total Individual Entries: 34 - Total Relays: 0**

Team Entries - All Events

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**Aqua Swimming Academy-ET**

**1 Andersson, Kate B - Female - Age: 12 - Ind/Rel: 7 / 0**

#104 Women 12 400 Free	5:58.58	#202 Women 18&U 200 Free Prelims	2:39.28
#212 Women 18&U 100 Fly Prelims	1:19.06	#302 Women 18&U 100 Free Prelims	1:10.98
#314 Women 18&U 200 IM Prelims	2:57.48	#402 Women 18&U 50 Free Prelims	32.51
#412 Women 18&U 50 Fly Prelims	34.18		

**2 Gander, Dylan C - Male - Age: 11 - Ind/Rel: 12 / 0**

#101 Men 11&U 400 Free	6:20.10	#201 Men 18&U 200 Free Prelims	2:43.96
#205 Men 18&U 100 Breast Prelims	1:44.03	#207 Men 18&U 50 Back Prelims	42.59
#211 Men 18&U 100 Fly Prelims	1:29.72	#301 Men 18&U 100 Free Prelims	1:14.95
#305 Men 18&U 50 Breast Prelims	47.93	#309 Men 18&U 100 Back Prelims	1:27.17
#313 Men 18&U 200 IM Prelims	3:06.67	#401 Men 18&U 50 Free Prelims	34.54
#409 Men 18&U 200 Back Prelims	3:03.77	#411 Men 18&U 50 Fly Prelims	39.04

**3 Maree, Matthew - Male - Age: 12 - Ind/Rel: 9 / 0**

#103 Men 12 400 Free	5:31.92	#201 Men 18&U 200 Free Prelims	2:34.42
#207 Men 18&U 50 Back Prelims	37.60	#211 Men 18&U 100 Fly Prelims	1:16.50
#301 Men 18&U 100 Free Prelims	1:10.38	#309 Men 18&U 100 Back Prelims	1:23.52
#401 Men 18&U 50 Free Prelims	32.43	#409 Men 18&U 200 Back Prelims	2:56.65
#411 Men 18&U 50 Fly Prelims	33.86		

**Aqua Swimming Academy-ET Total Individual Entries: 28 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Aquazone Swim Club-ET****1 Cottrell, Kirsten I - Female - Age: 13 - Ind/Rel: 8 / 5**

#106 Women 13 400 Free	5:28.38	#202 Women 18&U 200 Free Prelims	2:24.43
#208 Women 18&U 50 Back Prelims	34.90	#215 Women 13&U 4x100 Free Relay (4)	4:39.47
#302 Women 18&U 100 Free Prelims	1:06.52	#306 Women 18&U 50 Breast Prelims	41.43
#310 Women 18&U 100 Back Prelims	1:14.79	#317 Women 13&U 4x50 Free Relay (4)	2:07.23
#319 Mixed 13&U 4x50 Medley Relay (4)	2:17.88	#402 Women 18&U 50 Free Prelims	30.14
#410 Women 18&U 200 Back Prelims	2:47.50	#417 Women 13&U 4x50 Medley Relay (1)	2:25.03
#419 Mixed 13&U 4x100 Free Relay (1)	4:37.13		

**2 Daniel, Melanie P - Female - Age: 15 - Ind/Rel: 9 / 0**

#206 Women 18&U 100 Breast Prelims	1:24.78	#208 Women 18&U 50 Back Prelims	34.83
#212 Women 18&U 100 Fly Prelims	1:15.32	#302 Women 18&U 100 Free Prelims	1:06.03
#306 Women 18&U 50 Breast Prelims	37.87	#314 Women 18&U 200 IM Prelims	2:45.77
#402 Women 18&U 50 Free Prelims	29.87	#406 Women 18&U 200 Breast Prelims	3:09.73
#412 Women 18&U 50 Fly Prelims	31.99		

**3 Hair, Leith E - Male - Age: 13 - Ind/Rel: 8 / 2**

#205 Men 18&U 100 Breast Prelims	1:21.84	#207 Men 18&U 50 Back Prelims	35.92
#301 Men 18&U 100 Free Prelims	1:06.16	#305 Men 18&U 50 Breast Prelims	36.48
#313 Men 18&U 200 IM Prelims	2:52.28	#319 Mixed 13&U 4x50 Medley Relay (2)	2:17.88
#401 Men 18&U 50 Free Prelims	30.91	#405 Men 18&U 200 Breast Prelims	3:03.31
#411 Men 18&U 50 Fly Prelims	34.71	#419 Mixed 13&U 4x100 Free Relay (4)	4:37.13

**4 Harvey, Cameron J - Male - Age: 12 - Ind/Rel: 6 / 2**

#207 Men 18&U 50 Back Prelims	38.45	#211 Men 18&U 100 Fly Prelims	1:20.57
#309 Men 18&U 100 Back Prelims	1:22.65	#313 Men 18&U 200 IM Prelims	3:02.29
#319 Mixed 13&U 4x50 Medley Relay (3)	2:17.88	#409 Men 18&U 200 Back Prelims	3:02.08
#411 Men 18&U 50 Fly Prelims	35.33	#419 Mixed 13&U 4x100 Free Relay (3)	4:37.13

**5 Joubert, Jady N - Female - Age: 13 - Ind/Rel: 9 / 3**

#106 Women 13 400 Free	5:20.05	#202 Women 18&U 200 Free Prelims	2:33.50
#208 Women 18&U 50 Back Prelims	39.29	#215 Women 13&U 4x100 Free Relay (3)	4:39.47
#302 Women 18&U 100 Free Prelims	1:10.80	#310 Women 18&U 100 Back Prelims	1:25.78
#314 Women 18&U 200 IM Prelims	2:56.98	#317 Women 13&U 4x50 Free Relay (3)	2:07.23
#402 Women 18&U 50 Free Prelims	33.09	#410 Women 18&U 200 Back Prelims	2:58.17
#412 Women 18&U 50 Fly Prelims	38.03	#417 Women 13&U 4x50 Medley Relay (4)	2:25.03

**6 Petzer, Kayci - Female - Age: 12 - Ind/Rel: 7 / 5**

#202 Women 18&U 200 Free Prelims	2:36.78	#208 Women 18&U 50 Back Prelims	35.93
#215 Women 13&U 4x100 Free Relay (1)	4:39.47	#302 Women 18&U 100 Free Prelims	1:09.70
#310 Women 18&U 100 Back Prelims	1:18.90	#317 Women 13&U 4x50 Free Relay (1)	2:07.23
#319 Mixed 13&U 4x50 Medley Relay (1)	2:17.88	#402 Women 18&U 50 Free Prelims	30.64
#410 Women 18&U 200 Back Prelims	2:50.99	#412 Women 18&U 50 Fly Prelims	34.85
#417 Women 13&U 4x50 Medley Relay (2)	2:25.03	#419 Mixed 13&U 4x100 Free Relay (2)	4:37.13

**7 Price, Cailyn - Female - Age: 11 - Ind/Rel: 5 / 0**

#208 Women 18&U 50 Back Prelims	40.28	#302 Women 18&U 100 Free Prelims	1:22.61
#314 Women 18&U 200 IM Prelims	3:17.00	#402 Women 18&U 50 Free Prelims	35.76
#410 Women 18&U 200 Back Prelims	3:03.57		

**8 Stewart, Megan - Female - Age: 12 - Ind/Rel: 9 / 3**

#206 Women 18&U 100 Breast Prelims	1:30.11	#208 Women 18&U 50 Back Prelims	37.27
#212 Women 18&U 100 Fly Prelims	1:20.62	#215 Women 13&U 4x100 Free Relay (2)	4:39.47
#306 Women 18&U 50 Breast Prelims	42.44	#310 Women 18&U 100 Back Prelims	1:19.30
#314 Women 18&U 200 IM Prelims	2:52.05	#317 Women 13&U 4x50 Free Relay (2)	2:07.23
#406 Women 18&U 200 Breast Prelims	3:13.14	#410 Women 18&U 200 Back Prelims	2:48.67
#412 Women 18&U 50 Fly Prelims	34.96	#417 Women 13&U 4x50 Medley Relay (3)	2:25.03

**Aquazone Swim Club-ET Total Individual Entries: 61 - Total Relays: 0**

**Team Entries - All Events**

**Ashton Swimming Academy-IL**

**1 Frank, Gemma - Female - Age: 13 - Ind/Rel: 6 / 0**

#206 Women 18&U 100 Breast Prelims	1:27.54	#208 Women 18&U 50 Back Prelims	37.83
#302 Women 18&U 100 Free Prelims	1:07.89	#306 Women 18&U 50 Breast Prelims	40.08
#402 Women 18&U 50 Free Prelims	31.01	#406 Women 18&U 200 Breast Prelims	3:15.41

**2 Goss, Kelsey - Female - Age: 12 - Ind/Rel: 6 / 0**

#206 Women 18&U 100 Breast Prelims	1:36.56	#302 Women 18&U 100 Free Prelims	1:14.39
#306 Women 18&U 50 Breast Prelims	44.16	#314 Women 18&U 200 IM Prelims	3:07.54
#402 Women 18&U 50 Free Prelims	33.46	#412 Women 18&U 50 Fly Prelims	39.06

**3 Heymans, Henk J - Male - Age: 17 - Ind/Rel: 11 / 0**

#109 Men 15-18 400 Free	4:37.86	#201 Men 18&U 200 Free Prelims	2:08.18
#207 Men 18&U 50 Back Prelims	30.39	#211 Men 18&U 100 Fly Prelims	1:07.48
#301 Men 18&U 100 Free Prelims	59.00	#305 Men 18&U 50 Breast Prelims	36.73
#309 Men 18&U 100 Back Prelims	1:05.21	#313 Men 18&U 200 IM Prelims	2:32.89
#401 Men 18&U 50 Free Prelims	27.51	#409 Men 18&U 200 Back Prelims	2:30.51
#411 Men 18&U 50 Fly Prelims	29.85		

**4 Holton, Jaryd - Male - Age: 13 - Ind/Rel: 9 / 0**

#201 Men 18&U 200 Free Prelims	2:28.64	#207 Men 18&U 50 Back Prelims	38.01
#211 Men 18&U 100 Fly Prelims	1:20.52	#301 Men 18&U 100 Free Prelims	1:07.57
#305 Men 18&U 50 Breast Prelims	41.39	#313 Men 18&U 200 IM Prelims	2:58.91
#401 Men 18&U 50 Free Prelims	32.31	#405 Men 18&U 200 Breast Prelims	3:28.94
#411 Men 18&U 50 Fly Prelims	35.58		

**5 Holton, Riley - Male - Age: 11 - Ind/Rel: 11 / 0**

#201 Men 18&U 200 Free Prelims	2:49.11	#205 Men 18&U 100 Breast Prelims	1:55.42
#207 Men 18&U 50 Back Prelims	43.64	#301 Men 18&U 100 Free Prelims	1:19.00
#305 Men 18&U 50 Breast Prelims	54.82	#309 Men 18&U 100 Back Prelims	1:28.70
#313 Men 18&U 200 IM Prelims	3:36.90	#401 Men 18&U 50 Free Prelims	37.99
#405 Men 18&U 200 Breast Prelims	4:14.20	#409 Men 18&U 200 Back Prelims	3:11.69
#411 Men 18&U 50 Fly Prelims	54.39		

**6 Mellors, David R - Male - Age: 17 - Ind/Rel: 5 / 0**

#201 Men 18&U 200 Free Prelims	2:19.44	#211 Men 18&U 100 Fly Prelims	1:11.04
#301 Men 18&U 100 Free Prelims	1:01.93	#401 Men 18&U 50 Free Prelims	28.87
#411 Men 18&U 50 Fly Prelims	31.78		

**7 Moss, Emma G - Female - Age: 14 - Ind/Rel: 5 / 0**

#206 Women 18&U 100 Breast Prelims	1:26.96	#212 Women 18&U 100 Fly Prelims	1:19.40
#306 Women 18&U 50 Breast Prelims	39.51	#314 Women 18&U 200 IM Prelims	2:53.64
#406 Women 18&U 200 Breast Prelims	3:11.29		

**8 Perold, Joshua - Male - Age: 14 - Ind/Rel: 6 / 0**

#107 Men 14 400 Free	5:12.60	#201 Men 18&U 200 Free Prelims	2:25.03
#205 Men 18&U 100 Breast Prelims	1:23.24	#301 Men 18&U 100 Free Prelims	1:05.95
#313 Men 18&U 200 IM Prelims	2:42.19	#405 Men 18&U 200 Breast Prelims	2:57.02

**9 Rankin, Jack K - Male - Age: 13 - Ind/Rel: 7 / 0**

#105 Men 13 400 Free	5:15.59	#201 Men 18&U 200 Free Prelims	2:26.72
#207 Men 18&U 50 Back Prelims	36.45	#301 Men 18&U 100 Free Prelims	1:04.89
#309 Men 18&U 100 Back Prelims	1:18.45	#401 Men 18&U 50 Free Prelims	30.01
#411 Men 18&U 50 Fly Prelims	32.00		

**10 Scheepers, Jared - Male - Age: 11 - Ind/Rel: 6 / 0**

#205 Men 18&U 100 Breast Prelims	1:41.07	#211 Men 18&U 100 Fly Prelims	1:31.42
#301 Men 18&U 100 Free Prelims	1:15.37	#305 Men 18&U 50 Breast Prelims	46.60
#401 Men 18&U 50 Free Prelims	33.85	#411 Men 18&U 50 Fly Prelims	36.49

Team Entries - All Events

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**Ashton Swimming Academy-IL**

**11 Strydom, Rogan - Male - Age: 12 - Ind/Rel: 6 / 0**

#201 Men 18&U 200 Free Prelims	2:50.45	#205 Men 18&U 100 Breast Prelims	1:43.30
#207 Men 18&U 50 Back Prelims	44.50	#301 Men 18&U 100 Free Prelims	1:12.52
#305 Men 18&U 50 Breast Prelims	48.11	#313 Men 18&U 200 IM Prelims	3:19.16

**12 Van Der Vlugt, Kean - Female - Age: 13 - Ind/Rel: 4 / 0**

#206 Women 18&U 100 Breast Prelims	1:31.08	#302 Women 18&U 100 Free Prelims	1:13.11
#306 Women 18&U 50 Breast Prelims	41.76	#402 Women 18&U 50 Free Prelims	32.87

**Ashton Swimming Academy-IL Total Individual Entries: 82 - Total Relays: 0**

Team Entries - All Events

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**Bayview Swimming Club-ET**

**1 Moodley, Kivesh - Male - Age: 12 - Ind/Rel: 8 / 0**

#103 Men 12 400 Free	5:40.11	#201 Men 18&U 200 Free Prelims	2:41.06
#207 Men 18&U 50 Back Prelims	39.32	#301 Men 18&U 100 Free Prelims	1:12.20
#309 Men 18&U 100 Back Prelims	1:23.33	#313 Men 18&U 200 IM Prelims	2:59.48
#401 Men 18&U 50 Free Prelims	30.68	#409 Men 18&U 200 Back Prelims	3:05.67

**2 Naidoo, Thiren - Male - Age: 11 - Ind/Rel: 8 / 0**

#101 Men 11&U 400 Free	5:58.31	#201 Men 18&U 200 Free Prelims	2:51.84
#205 Men 18&U 100 Breast Prelims	1:39.30	#301 Men 18&U 100 Free Prelims	1:17.23
#305 Men 18&U 50 Breast Prelims	46.81	#313 Men 18&U 200 IM Prelims	3:19.72
#401 Men 18&U 50 Free Prelims	35.28	#405 Men 18&U 200 Breast Prelims	3:32.40

**3 Perumal, Elisha L - Female - Age: 10 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	3:01.70	#206 Women 18&U 100 Breast Prelims	1:42.22
#302 Women 18&U 100 Free Prelims	1:18.42	#306 Women 18&U 50 Breast Prelims	44.92
#402 Women 18&U 50 Free Prelims	34.01	#406 Women 18&U 200 Breast Prelims	3:38.35
#412 Women 18&U 50 Fly Prelims	38.59		

**Bayview Swimming Club-ET Total Individual Entries: 23 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Beavers Swim Club-ET****1 Bruce, Liam - Male - Age: 15 - Ind/Rel: 8 / 0**

#207 Men 18&U 50 Back Prelims	34.56	#211 Men 18&U 100 Fly Prelims	1:13.74
#305 Men 18&U 50 Breast Prelims	37.00	#309 Men 18&U 100 Back Prelims	1:10.44
#313 Men 18&U 200 IM Prelims	2:36.45	#401 Men 18&U 50 Free Prelims	29.72
#409 Men 18&U 200 Back Prelims	2:33.89	#411 Men 18&U 50 Fly Prelims	32.87

**2 Bruce, Tayla - Female - Age: 12 - Ind/Rel: 9 / 0**

#104 Women 12 400 Free	5:36.54	#202 Women 18&U 200 Free Prelims	2:36.84
#206 Women 18&U 100 Breast Prelims	1:32.67	#208 Women 18&U 50 Back Prelims	38.50
#302 Women 18&U 100 Free Prelims	1:15.05	#310 Women 18&U 100 Back Prelims	1:22.14
#314 Women 18&U 200 IM Prelims	3:01.95	#406 Women 18&U 200 Breast Prelims	3:14.35
#410 Women 18&U 200 Back Prelims	2:53.17		

**3 Govender, Byron N - Male - Age: 18 - Ind/Rel: 3 / 0**

#301 Men 18&U 100 Free Prelims	1:00.85	#401 Men 18&U 50 Free Prelims	27.46
#411 Men 18&U 50 Fly Prelims	29.56		

**4 Mc Carthy, Taegen J - Male - Age: 13 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:28.85	#207 Men 18&U 50 Back Prelims	34.94
#301 Men 18&U 100 Free Prelims	1:05.34	#305 Men 18&U 50 Breast Prelims	42.12
#309 Men 18&U 100 Back Prelims	1:21.08	#401 Men 18&U 50 Free Prelims	29.50
#409 Men 18&U 200 Back Prelims	2:49.23	#411 Men 18&U 50 Fly Prelims	33.85

**5 Naidoo, Shiven - Male - Age: 11 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:55.77	#205 Men 18&U 100 Breast Prelims	1:44.45
#207 Men 18&U 50 Back Prelims	45.64	#301 Men 18&U 100 Free Prelims	1:18.52
#305 Men 18&U 50 Breast Prelims	46.72	#401 Men 18&U 50 Free Prelims	35.09
#405 Men 18&U 200 Breast Prelims	3:37.79		

**6 Truter, Alex J - Female - Age: 14 - Ind/Rel: 10 / 0**

#108 Women 14 400 Free	5:31.97	#202 Women 18&U 200 Free Prelims	2:32.77
#206 Women 18&U 100 Breast Prelims	1:27.72	#208 Women 18&U 50 Back Prelims	37.46
#302 Women 18&U 100 Free Prelims	1:08.38	#306 Women 18&U 50 Breast Prelims	39.60
#314 Women 18&U 200 IM Prelims	2:52.32	#402 Women 18&U 50 Free Prelims	30.66
#406 Women 18&U 200 Breast Prelims	3:09.27	#412 Women 18&U 50 Fly Prelims	34.54

**Beavers Swim Club-ET Total Individual Entries: 45 - Total Relays: 0**

Team Entries - All Events

**Bloemfontein Otters-MA**

**1 Booysen, Darian M - Male - Age: 16 - Ind/Rel: 7 / 0**

#207 Men 18&U 50 Back Prelims	34.34	#211 Men 18&U 100 Fly Prelims	1:20.01
#301 Men 18&U 100 Free Prelims	1:01.92	#305 Men 18&U 50 Breast Prelims	36.19
#313 Men 18&U 200 IM Prelims	2:48.57	#401 Men 18&U 50 Free Prelims	27.32
#411 Men 18&U 50 Fly Prelims	29.67		

**2 Helmand, Anieke - Female - Age: 14 - Ind/Rel: 9 / 0**

#206 Women 18&U 100 Breast Prelims	1:30.22	#208 Women 18&U 50 Back Prelims	34.73
#302 Women 18&U 100 Free Prelims	1:05.67	#306 Women 18&U 50 Breast Prelims	40.41
#310 Women 18&U 100 Back Prelims	1:16.17	#314 Women 18&U 200 IM Prelims	2:59.58
#402 Women 18&U 50 Free Prelims	29.99	#410 Women 18&U 200 Back Prelims	2:48.66
#412 Women 18&U 50 Fly Prelims	37.67		

**3 Naude, Stephan - Male - Age: 14 - Ind/Rel: 6 / 0**

#205 Men 18&U 100 Breast Prelims	1:24.42	#207 Men 18&U 50 Back Prelims	33.55
#301 Men 18&U 100 Free Prelims	1:03.06	#305 Men 18&U 50 Breast Prelims	36.38
#309 Men 18&U 100 Back Prelims	1:15.21	#401 Men 18&U 50 Free Prelims	28.94

**4 Nieuwoudt, Benjamin - Male - Age: 17 - Ind/Rel: 9 / 0**

#201 Men 18&U 200 Free Prelims	2:19.09	#205 Men 18&U 100 Breast Prelims	1:18.00
#207 Men 18&U 50 Back Prelims	33.71	#301 Men 18&U 100 Free Prelims	1:00.41
#305 Men 18&U 50 Breast Prelims	34.71	#309 Men 18&U 100 Back Prelims	1:15.46
#401 Men 18&U 50 Free Prelims	27.29	#405 Men 18&U 200 Breast Prelims	3:01.33
#411 Men 18&U 50 Fly Prelims	31.31		

**5 Oosthuizen, Monique - Female - Age: 11 - Ind/Rel: 8 / 0**

#102 Women 11&U 400 Free	5:56.79	#202 Women 18&U 200 Free Prelims	2:48.95
#206 Women 18&U 100 Breast Prelims	1:28.72	#302 Women 18&U 100 Free Prelims	1:16.82
#306 Women 18&U 50 Breast Prelims	40.94	#314 Women 18&U 200 IM Prelims	3:05.24
#402 Women 18&U 50 Free Prelims	35.16	#406 Women 18&U 200 Breast Prelims	3:14.19

**6 Pretorius, Delarey - Male - Age: 12 - Ind/Rel: 5 / 0**

#201 Men 18&U 200 Free Prelims	2:41.76	#207 Men 18&U 50 Back Prelims	36.11
#301 Men 18&U 100 Free Prelims	1:12.35	#309 Men 18&U 100 Back Prelims	1:22.84
#313 Men 18&U 200 IM Prelims	2:57.07		

**7 Schweitzer, Liam - Male - Age: 12 - Ind/Rel: 8 / 0**

#207 Men 18&U 50 Back Prelims	39.67	#211 Men 18&U 100 Fly Prelims	1:23.47
#305 Men 18&U 50 Breast Prelims	43.10	#309 Men 18&U 100 Back Prelims	1:22.54
#313 Men 18&U 200 IM Prelims	2:55.22	#401 Men 18&U 50 Free Prelims	34.56
#409 Men 18&U 200 Back Prelims	2:54.55	#411 Men 18&U 50 Fly Prelims	35.12

**Bloemfontein Otters-MA Total Individual Entries: 52 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Bloemfontein Seals-MA****1 Armour, Kaeli-Peace - Female - Age: 12 - Ind/Rel: 6 / 0**

#302 Women 18&U 100 Free Prelims	1:08.15	#310 Women 18&U 100 Back Prelims	1:20.14
#314 Women 18&U 200 IM Prelims	2:50.90	#402 Women 18&U 50 Free Prelims	32.88
#410 Women 18&U 200 Back Prelims	2:53.67	#412 Women 18&U 50 Fly Prelims	38.67

**2 Baenhoff, Chanel - Female - Age: 11 - Ind/Rel: 9 / 0**

#202 Women 18&U 200 Free Prelims	3:02.04	#208 Women 18&U 50 Back Prelims	36.93
#212 Women 18&U 100 Fly Prelims	1:21.83	#302 Women 18&U 100 Free Prelims	1:18.23
#310 Women 18&U 100 Back Prelims	1:20.19	#314 Women 18&U 200 IM Prelims	3:07.98
#402 Women 18&U 50 Free Prelims	36.39	#410 Women 18&U 200 Back Prelims	3:10.23
#412 Women 18&U 50 Fly Prelims	35.03		

**3 Barnes, Henru H - Male - Age: 17 - Ind/Rel: 8 / 0**

#205 Men 18&U 100 Breast Prelims	1:15.47	#211 Men 18&U 100 Fly Prelims	1:05.26
#301 Men 18&U 100 Free Prelims	58.81	#309 Men 18&U 100 Back Prelims	1:09.01
#313 Men 18&U 200 IM Prelims	2:27.85	#401 Men 18&U 50 Free Prelims	26.85
#409 Men 18&U 200 Back Prelims	2:32.47	#411 Men 18&U 50 Fly Prelims	27.89

**4 Basson, Roald R - Male - Age: 11 - Ind/Rel: 11 / 0**

#201 Men 18&U 200 Free Prelims	2:50.78	#205 Men 18&U 100 Breast Prelims	1:36.74
#207 Men 18&U 50 Back Prelims	41.71	#301 Men 18&U 100 Free Prelims	1:19.39
#305 Men 18&U 50 Breast Prelims	43.54	#309 Men 18&U 100 Back Prelims	1:29.39
#313 Men 18&U 200 IM Prelims	3:07.47	#401 Men 18&U 50 Free Prelims	33.48
#405 Men 18&U 200 Breast Prelims	3:37.98	#409 Men 18&U 200 Back Prelims	3:08.80
#411 Men 18&U 50 Fly Prelims	37.80		

**5 Cilliers, Christopher J - Male - Age: 11 - Ind/Rel: 11 / 0**

#201 Men 18&U 200 Free Prelims	2:54.37	#205 Men 18&U 100 Breast Prelims	1:38.15
#207 Men 18&U 50 Back Prelims	40.56	#301 Men 18&U 100 Free Prelims	1:21.43
#305 Men 18&U 50 Breast Prelims	44.41	#309 Men 18&U 100 Back Prelims	1:32.11
#313 Men 18&U 200 IM Prelims	3:12.88	#401 Men 18&U 50 Free Prelims	36.27
#405 Men 18&U 200 Breast Prelims	3:40.26	#409 Men 18&U 200 Back Prelims	3:09.08
#411 Men 18&U 50 Fly Prelims	39.98		

**6 Cilliers, Jacques - Male - Age: 13 - Ind/Rel: 8 / 0**

#205 Men 18&U 100 Breast Prelims	1:30.33	#207 Men 18&U 50 Back Prelims	33.19
#305 Men 18&U 50 Breast Prelims	38.02	#309 Men 18&U 100 Back Prelims	1:12.66
#313 Men 18&U 200 IM Prelims	2:53.78	#401 Men 18&U 50 Free Prelims	31.30
#409 Men 18&U 200 Back Prelims	2:43.94	#411 Men 18&U 50 Fly Prelims	33.71

**7 Du Toit, Arista J - Female - Age: 14 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:33.55	#208 Women 18&U 50 Back Prelims	35.17
#302 Women 18&U 100 Free Prelims	1:09.10	#306 Women 18&U 50 Breast Prelims	49.77
#310 Women 18&U 100 Back Prelims	1:21.70	#402 Women 18&U 50 Free Prelims	31.18
#412 Women 18&U 50 Fly Prelims	40.92		

**8 Du Toit, Thian - Male - Age: 15 - Ind/Rel: 8 / 0**

#205 Men 18&U 100 Breast Prelims	1:22.05	#207 Men 18&U 50 Back Prelims	34.31
#211 Men 18&U 100 Fly Prelims	1:07.84	#301 Men 18&U 100 Free Prelims	1:03.62
#305 Men 18&U 50 Breast Prelims	36.30	#313 Men 18&U 200 IM Prelims	2:39.13
#401 Men 18&U 50 Free Prelims	28.90	#411 Men 18&U 50 Fly Prelims	30.36

**9 Geel, Kayleigh S - Female - Age: 15 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:27.87	#208 Women 18&U 50 Back Prelims	37.38
#212 Women 18&U 100 Fly Prelims	1:22.24	#302 Women 18&U 100 Free Prelims	1:06.58
#310 Women 18&U 100 Back Prelims	1:20.44	#402 Women 18&U 50 Free Prelims	31.37
#412 Women 18&U 50 Fly Prelims	35.17		

**Team Entries - All Events**

**Bloemfontein Seals-MA**

**10 Jansen van Vuuren, Andries J - Male - Age: 16 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:25.69	#207 Men 18&U 50 Back Prelims	33.69
#301 Men 18&U 100 Free Prelims	1:01.73	#305 Men 18&U 50 Breast Prelims	35.19
#309 Men 18&U 100 Back Prelims	1:14.09	#401 Men 18&U 50 Free Prelims	27.34
#409 Men 18&U 200 Back Prelims	2:44.41	#411 Men 18&U 50 Fly Prelims	30.73

**11 Kambanis, Georgia - Female - Age: 11 - Ind/Rel: 7 / 0**

#206 Women 18&U 100 Breast Prelims	1:32.65	#208 Women 18&U 50 Back Prelims	43.59
#306 Women 18&U 50 Breast Prelims	41.49	#314 Women 18&U 200 IM Prelims	3:26.13
#402 Women 18&U 50 Free Prelims	38.57	#406 Women 18&U 200 Breast Prelims	3:27.41
#412 Women 18&U 50 Fly Prelims	40.91		

**12 Karpakis, Cayley G - Female - Age: 12 - Ind/Rel: 8 / 0**

#206 Women 18&U 100 Breast Prelims	1:36.83	#208 Women 18&U 50 Back Prelims	42.56
#306 Women 18&U 50 Breast Prelims	43.59	#310 Women 18&U 100 Back Prelims	1:30.88
#314 Women 18&U 200 IM Prelims	3:16.66	#402 Women 18&U 50 Free Prelims	37.30
#406 Women 18&U 200 Breast Prelims	3:25.40	#412 Women 18&U 50 Fly Prelims	37.17

**13 Kotze, Derick F - Male - Age: 11 - Ind/Rel: 11 / 0**

#201 Men 18&U 200 Free Prelims	2:47.96	#205 Men 18&U 100 Breast Prelims	1:36.93
#207 Men 18&U 50 Back Prelims	41.22	#301 Men 18&U 100 Free Prelims	1:15.79
#305 Men 18&U 50 Breast Prelims	44.26	#309 Men 18&U 100 Back Prelims	1:28.03
#313 Men 18&U 200 IM Prelims	3:02.27	#401 Men 18&U 50 Free Prelims	33.97
#405 Men 18&U 200 Breast Prelims	3:37.35	#409 Men 18&U 200 Back Prelims	3:10.09
#411 Men 18&U 50 Fly Prelims	41.28		

**14 Le Gassick, Liam R - Male - Age: 14 - Ind/Rel: 13 / 0**

#107 Men 14 400 Free	4:59.10	#201 Men 18&U 200 Free Prelims	2:15.96
#205 Men 18&U 100 Breast Prelims	1:24.69	#207 Men 18&U 50 Back Prelims	32.10
#211 Men 18&U 100 Fly Prelims	1:09.70	#301 Men 18&U 100 Free Prelims	1:01.74
#305 Men 18&U 50 Breast Prelims	37.20	#309 Men 18&U 100 Back Prelims	1:11.38
#313 Men 18&U 200 IM Prelims	2:32.17	#401 Men 18&U 50 Free Prelims	28.24
#405 Men 18&U 200 Breast Prelims	3:05.69	#409 Men 18&U 200 Back Prelims	2:36.82
#411 Men 18&U 50 Fly Prelims	30.26		

**15 Leukes, David J - Male - Age: 17 - Ind/Rel: 13 / 0**

#109 Men 15-18 400 Free	4:50.43	#201 Men 18&U 200 Free Prelims	2:13.41
#205 Men 18&U 100 Breast Prelims	1:14.37	#207 Men 18&U 50 Back Prelims	30.22
#211 Men 18&U 100 Fly Prelims	1:04.98	#301 Men 18&U 100 Free Prelims	58.22
#305 Men 18&U 50 Breast Prelims	33.11	#309 Men 18&U 100 Back Prelims	1:05.84
#313 Men 18&U 200 IM Prelims	2:25.38	#401 Men 18&U 50 Free Prelims	26.44
#405 Men 18&U 200 Breast Prelims	2:45.77	#409 Men 18&U 200 Back Prelims	2:27.95
#411 Men 18&U 50 Fly Prelims	28.50		

**16 Linde, El-Jay - Male - Age: 11 - Ind/Rel: 10 / 0**

#101 Men 11&U 400 Free	5:51.55	#201 Men 18&U 200 Free Prelims	2:45.73
#205 Men 18&U 100 Breast Prelims	1:44.88	#207 Men 18&U 50 Back Prelims	39.97
#301 Men 18&U 100 Free Prelims	1:17.14	#309 Men 18&U 100 Back Prelims	1:24.13
#313 Men 18&U 200 IM Prelims	3:02.59	#401 Men 18&U 50 Free Prelims	35.69
#409 Men 18&U 200 Back Prelims	2:55.97	#411 Men 18&U 50 Fly Prelims	39.24

**17 Moonsamy, Zaid - Male - Age: 14 - Ind/Rel: 8 / 0**

#205 Men 18&U 100 Breast Prelims	1:19.97	#207 Men 18&U 50 Back Prelims	35.50
#301 Men 18&U 100 Free Prelims	1:08.25	#305 Men 18&U 50 Breast Prelims	35.15
#313 Men 18&U 200 IM Prelims	2:49.46	#401 Men 18&U 50 Free Prelims	28.52
#405 Men 18&U 200 Breast Prelims	3:04.04	#411 Men 18&U 50 Fly Prelims	35.29

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Bloemfontein Seals-MA****18 Ontong, Danielle C - Female - Age: 16 - Ind/Rel: 10 / 0**

#206 Women 18&U 100 Breast Prelims	1:24.20	#208 Women 18&U 50 Back Prelims	36.00
#212 Women 18&U 100 Fly Prelims	1:12.52	#302 Women 18&U 100 Free Prelims	1:07.34
#306 Women 18&U 50 Breast Prelims	38.81	#310 Women 18&U 100 Back Prelims	1:16.08
#314 Women 18&U 200 IM Prelims	2:41.09	#402 Women 18&U 50 Free Prelims	31.08
#406 Women 18&U 200 Breast Prelims	3:06.41	#412 Women 18&U 50 Fly Prelims	32.08

**19 Potgieter, Cale - Female - Age: 11 - Ind/Rel: 10 / 0**

#202 Women 18&U 200 Free Prelims	2:51.09	#206 Women 18&U 100 Breast Prelims	1:40.25
#208 Women 18&U 50 Back Prelims	38.09	#302 Women 18&U 100 Free Prelims	1:16.27
#306 Women 18&U 50 Breast Prelims	44.03	#310 Women 18&U 100 Back Prelims	1:25.76
#314 Women 18&U 200 IM Prelims	3:09.59	#402 Women 18&U 50 Free Prelims	33.11
#410 Women 18&U 200 Back Prelims	3:00.19	#412 Women 18&U 50 Fly Prelims	39.14

**20 Tlali, Warona W - Female - Age: 14 - Ind/Rel: 8 / 0**

#206 Women 18&U 100 Breast Prelims	1:28.55	#208 Women 18&U 50 Back Prelims	42.53
#212 Women 18&U 100 Fly Prelims	1:25.52	#302 Women 18&U 100 Free Prelims	1:11.69
#306 Women 18&U 50 Breast Prelims	39.39	#314 Women 18&U 200 IM Prelims	3:02.08
#406 Women 18&U 200 Breast Prelims	3:31.15	#412 Women 18&U 50 Fly Prelims	34.27

**21 Van Rensburg, Ernst - Male - Age: 11 - Ind/Rel: 9 / 0**

#201 Men 18&U 200 Free Prelims	2:53.08	#205 Men 18&U 100 Breast Prelims	1:34.56
#207 Men 18&U 50 Back Prelims	43.64	#301 Men 18&U 100 Free Prelims	1:17.72
#305 Men 18&U 50 Breast Prelims	43.11	#313 Men 18&U 200 IM Prelims	3:12.23
#401 Men 18&U 50 Free Prelims	34.80	#405 Men 18&U 200 Breast Prelims	3:20.94
#411 Men 18&U 50 Fly Prelims	40.35		

**22 Van Viegen, Peter D - Male - Age: 11 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:47.12	#207 Men 18&U 50 Back Prelims	42.53
#301 Men 18&U 100 Free Prelims	1:18.15	#309 Men 18&U 100 Back Prelims	1:28.83
#313 Men 18&U 200 IM Prelims	3:17.29	#401 Men 18&U 50 Free Prelims	37.08
#409 Men 18&U 200 Back Prelims	3:08.45	#411 Men 18&U 50 Fly Prelims	46.99

**23 Vincent, Amelia - Female - Age: 10 - Ind/Rel: 11 / 0**

#202 Women 18&U 200 Free Prelims	2:49.20	#206 Women 18&U 100 Breast Prelims	1:38.67
#208 Women 18&U 50 Back Prelims	39.81	#302 Women 18&U 100 Free Prelims	1:16.24
#306 Women 18&U 50 Breast Prelims	45.97	#310 Women 18&U 100 Back Prelims	1:29.27
#314 Women 18&U 200 IM Prelims	3:06.83	#402 Women 18&U 50 Free Prelims	35.06
#406 Women 18&U 200 Breast Prelims	3:27.67	#410 Women 18&U 200 Back Prelims	3:13.84
#412 Women 18&U 50 Fly Prelims	39.04		

**Bloemfontein Seals-MA Total Individual Entries: 209 - Total Relays: 0**

Team Entries - All Events

Blue Ocean Aquatics-UG

1 Allchin, Gemma L - Female - Age: 11 - Ind/Rel: 6 / 0

#206 Women 18&U 100 Breast Prelims	1:29.69	#306 Women 18&U 50 Breast Prelims	41.23
#314 Women 18&U 200 IM Prelims	3:07.24	#402 Women 18&U 50 Free Prelims	35.16
#406 Women 18&U 200 Breast Prelims	3:11.28	#412 Women 18&U 50 Fly Prelims	39.34

2 Fisher, Daniel N - Male - Age: 12 - Ind/Rel: 7 / 0

#205 Men 18&U 100 Breast Prelims	1:27.41	#301 Men 18&U 100 Free Prelims	1:14.14
#305 Men 18&U 50 Breast Prelims	38.88	#313 Men 18&U 200 IM Prelims	3:04.10
#401 Men 18&U 50 Free Prelims	32.37	#405 Men 18&U 200 Breast Prelims	3:17.48
#411 Men 18&U 50 Fly Prelims	36.43		

3 Robinson, Daena M - Female - Age: 11 - Ind/Rel: 5 / 0

#206 Women 18&U 100 Breast Prelims	1:34.19	#302 Women 18&U 100 Free Prelims	1:24.16
#306 Women 18&U 50 Breast Prelims	41.34	#314 Women 18&U 200 IM Prelims	3:26.70
#406 Women 18&U 200 Breast Prelims	3:42.42		

4 Scott, Hannah E - Female - Age: 15 - Ind/Rel: 5 / 0

#206 Women 18&U 100 Breast Prelims	1:31.32	#208 Women 18&U 50 Back Prelims	37.62
#310 Women 18&U 100 Back Prelims	1:13.78	#314 Women 18&U 200 IM Prelims	2:53.79
#410 Women 18&U 200 Back Prelims	2:44.88		

5 Vorster, Amber J - Female - Age: 12 - Ind/Rel: 8 / 0

#202 Women 18&U 200 Free Prelims	2:38.53	#206 Women 18&U 100 Breast Prelims	1:31.39
#302 Women 18&U 100 Free Prelims	1:11.88	#306 Women 18&U 50 Breast Prelims	41.93
#314 Women 18&U 200 IM Prelims	3:05.26	#402 Women 18&U 50 Free Prelims	33.13
#406 Women 18&U 200 Breast Prelims	3:16.49	#412 Women 18&U 50 Fly Prelims	37.74

Blue Ocean Aquatics-UG Total Individual Entries: 31 - Total Relays: 0

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Bull Sharks-MA****1 Joubert, Elizabeth - Female - Age: 14 - Ind/Rel: 8 / 1**

#206 Women 18&U 100 Breast Prelims	1:24.87	#208 Women 18&U 50 Back Prelims	39.51
#302 Women 18&U 100 Free Prelims	1:08.48	#306 Women 18&U 50 Breast Prelims	37.96
#314 Women 18&U 200 IM Prelims	2:57.80	#320 Mixed 14-18 4x100 Medley Relay (3	4:47.00
#402 Women 18&U 50 Free Prelims	31.00	#406 Women 18&U 200 Breast Prelims	3:09.95
#412 Women 18&U 50 Fly Prelims	34.00		

**2 Knepscheld, HJ - Male - Age: 13 - Ind/Rel: 5 / 0**

#205 Men 18&U 100 Breast Prelims	1:25.49	#305 Men 18&U 50 Breast Prelims	38.39
#401 Men 18&U 50 Free Prelims	29.57	#405 Men 18&U 200 Breast Prelims	3:08.40
#411 Men 18&U 50 Fly Prelims	33.36		

**3 Moolman, Cobus - Male - Age: 15 - Ind/Rel: 6 / 1**

#205 Men 18&U 100 Breast Prelims	1:14.17	#211 Men 18&U 100 Fly Prelims	1:08.36
#305 Men 18&U 50 Breast Prelims	33.34	#313 Men 18&U 200 IM Prelims	2:35.04
#320 Mixed 14-18 4x100 Medley Relay (2	4:47.00	#405 Men 18&U 200 Breast Prelims	3:02.31
#411 Men 18&U 50 Fly Prelims	28.98		

**4 Nortje, Mari - Female - Age: 12 - Ind/Rel: 8 / 1**

#206 Women 18&U 100 Breast Prelims	1:32.83	#208 Women 18&U 50 Back Prelims	37.99
#306 Women 18&U 50 Breast Prelims	40.65	#310 Women 18&U 100 Back Prelims	1:27.77
#314 Women 18&U 200 IM Prelims	3:04.25	#320 Mixed 14-18 4x100 Medley Relay (4	4:47.00
#402 Women 18&U 50 Free Prelims	30.39	#406 Women 18&U 200 Breast Prelims	3:24.58
#412 Women 18&U 50 Fly Prelims	35.16		

**5 Sutherland, Eben - Male - Age: 14 - Ind/Rel: 6 / 1**

#201 Men 18&U 200 Free Prelims	2:19.99	#207 Men 18&U 50 Back Prelims	32.30
#301 Men 18&U 100 Free Prelims	1:01.47	#309 Men 18&U 100 Back Prelims	1:14.69
#320 Mixed 14-18 4x100 Medley Relay (1	4:47.00	#401 Men 18&U 50 Free Prelims	26.86
#411 Men 18&U 50 Fly Prelims	30.24		

**Bull Sharks-MA Total Individual Entries: 33 - Total Relays: 0**

Team Entries - All Events

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**Curro Swimming Academy-EP**

**1 Jansen Van Vuuren, Ashley - Female - Age: 13 - Ind/Rel: 6 / 0**

#106 Women 13 400 Free	5:31.31	#202 Women 18&U 200 Free Prelims	2:36.18
#208 Women 18&U 50 Back Prelims	40.03	#302 Women 18&U 100 Free Prelims	1:12.16
#402 Women 18&U 50 Free Prelims	33.60	#410 Women 18&U 200 Back Prelims	2:57.78

**2 Terblanche, Eben C - Male - Age: 12 - Ind/Rel: 5 / 0**

#103 Men 12 400 Free	5:51.84	#205 Men 18&U 100 Breast Prelims	1:32.27
#301 Men 18&U 100 Free Prelims	1:14.29	#305 Men 18&U 50 Breast Prelims	46.01
#405 Men 18&U 200 Breast Prelims	3:18.59		

**3 Van Der Merwe, Izani - Female - Age: 15 - Ind/Rel: 5 / 0**

#206 Women 18&U 100 Breast Prelims	1:23.64	#306 Women 18&U 50 Breast Prelims	36.15
#402 Women 18&U 50 Free Prelims	30.77	#406 Women 18&U 200 Breast Prelims	3:11.33
#412 Women 18&U 50 Fly Prelims	34.45		

**Curro Swimming Academy-EP Total Individual Entries: 16 - Total Relays: 0**



**Team Entries - All Events**

**Flamingo Aquatic Academy-FB**

**1 Dooling, Ethan W - Male - Age: 17 - Ind/Rel: 7 / 2**

#207 Men 18&U 50 Back Prelims	33.04	#211 Men 18&U 100 Fly Prelims	1:04.97
#301 Men 18&U 100 Free Prelims	59.12	#305 Men 18&U 50 Breast Prelims	35.50
#313 Men 18&U 200 IM Prelims	2:32.90	#320 Mixed 14-18 4x100 Medley Relay (3)	4:45.43
#401 Men 18&U 50 Free Prelims	26.86	#411 Men 18&U 50 Fly Prelims	28.36
#420 Mixed 14-18 4x100 Free Relay (4)	4:12.73		

**2 Gous, Caylin - Female - Age: 14 - Ind/Rel: 10 / 2**

#108 Women 14 400 Free	5:04.89	#202 Women 18&U 200 Free Prelims	2:23.84
#206 Women 18&U 100 Breast Prelims	1:24.74	#212 Women 18&U 100 Fly Prelims	1:12.53
#306 Women 18&U 50 Breast Prelims	39.69	#310 Women 18&U 100 Back Prelims	1:14.76
#314 Women 18&U 200 IM Prelims	2:39.80	#320 Mixed 14-18 4x100 Medley Relay (2)	4:45.43
#406 Women 18&U 200 Breast Prelims	3:01.86	#410 Women 18&U 200 Back Prelims	2:42.35
#412 Women 18&U 50 Fly Prelims	32.57	#420 Mixed 14-18 4x100 Free Relay (1)	4:12.73

**3 Green, Jarred - Male - Age: 17 - Ind/Rel: 10 / 2**

#201 Men 18&U 200 Free Prelims	2:16.53	#207 Men 18&U 50 Back Prelims	33.13
#211 Men 18&U 100 Fly Prelims	1:10.25	#301 Men 18&U 100 Free Prelims	1:01.26
#305 Men 18&U 50 Breast Prelims	37.19	#309 Men 18&U 100 Back Prelims	1:11.28
#313 Men 18&U 200 IM Prelims	2:34.58	#320 Mixed 14-18 4x100 Medley Relay (1)	4:45.43
#401 Men 18&U 50 Free Prelims	27.39	#409 Men 18&U 200 Back Prelims	2:34.29
#411 Men 18&U 50 Fly Prelims	30.69	#420 Mixed 14-18 4x100 Free Relay (2)	4:12.73

**4 Hamman, Emma J - Female - Age: 13 - Ind/Rel: 11 / 2**

#106 Women 13 400 Free	5:56.65	#206 Women 18&U 100 Breast Prelims	1:30.72
#208 Women 18&U 50 Back Prelims	38.68	#212 Women 18&U 100 Fly Prelims	1:26.45
#306 Women 18&U 50 Breast Prelims	43.80	#310 Women 18&U 100 Back Prelims	1:20.88
#314 Women 18&U 200 IM Prelims	2:58.45	#319 Mixed 13&U 4x50 Medley Relay (3)	2:21.06
#402 Women 18&U 50 Free Prelims	32.97	#406 Women 18&U 200 Breast Prelims	3:13.15
#410 Women 18&U 200 Back Prelims	2:57.74	#412 Women 18&U 50 Fly Prelims	36.65
#419 Mixed 13&U 4x100 Free Relay (3)	4:53.18		

**5 Immelman, Danielle - Female - Age: 15 - Ind/Rel: 7 / 2**

#202 Women 18&U 200 Free Prelims	2:29.68	#208 Women 18&U 50 Back Prelims	36.42
#212 Women 18&U 100 Fly Prelims	1:20.23	#302 Women 18&U 100 Free Prelims	1:04.44
#310 Women 18&U 100 Back Prelims	1:21.86	#320 Mixed 14-18 4x100 Medley Relay (4)	4:45.43
#402 Women 18&U 50 Free Prelims	29.79	#412 Women 18&U 50 Fly Prelims	34.29
#420 Mixed 14-18 4x100 Free Relay (3)	4:12.73		

**6 Mohamed, Ilhaam - Female - Age: 11 - Ind/Rel: 8 / 2**

#202 Women 18&U 200 Free Prelims	2:57.75	#208 Women 18&U 50 Back Prelims	41.36
#302 Women 18&U 100 Free Prelims	1:19.43	#306 Women 18&U 50 Breast Prelims	47.65
#310 Women 18&U 100 Back Prelims	1:30.04	#319 Mixed 13&U 4x50 Medley Relay (1)	2:21.06
#402 Women 18&U 50 Free Prelims	36.16	#410 Women 18&U 200 Back Prelims	3:10.77
#412 Women 18&U 50 Fly Prelims	43.52	#419 Mixed 13&U 4x100 Free Relay (1)	4:53.18

**7 Van Rooyen, Jayden - Male - Age: 13 - Ind/Rel: 8 / 2**

#201 Men 18&U 200 Free Prelims	2:35.24	#205 Men 18&U 100 Breast Prelims	1:29.29
#207 Men 18&U 50 Back Prelims	38.51	#301 Men 18&U 100 Free Prelims	1:08.17
#305 Men 18&U 50 Breast Prelims	39.27	#313 Men 18&U 200 IM Prelims	2:59.29
#319 Mixed 13&U 4x50 Medley Relay (2)	2:21.06	#401 Men 18&U 50 Free Prelims	30.05
#411 Men 18&U 50 Fly Prelims	35.42	#419 Mixed 13&U 4x100 Free Relay (4)	4:53.18

Team Entries - All Events

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**Flamingo Aquatic Academy-FB**

**8 Weenink, Wian J - Male - Age: 12 - Ind/Rel: 10 / 2**

#103 Men 12 400 Free	5:31.10	#201 Men 18&U 200 Free Prelims	2:35.77
#207 Men 18&U 50 Back Prelims	38.19	#211 Men 18&U 100 Fly Prelims	1:21.90
#301 Men 18&U 100 Free Prelims	1:13.22	#309 Men 18&U 100 Back Prelims	1:22.11
#313 Men 18&U 200 IM Prelims	3:00.15	#319 Mixed 13&U 4x50 Medley Relay (4)	2:21.06
#401 Men 18&U 50 Free Prelims	33.09	#409 Men 18&U 200 Back Prelims	2:53.52
#411 Men 18&U 50 Fly Prelims	38.11	#419 Mixed 13&U 4x100 Free Relay (2)	4:53.18

**Flamingo Aquatic Academy-FB Total Individual Entries: 71 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Good Hope Swem Kimberley-FB****1 Brewis, Marais L - Male - Age: 14 - Ind/Rel: 7 / 3**

#201 Men 18&U 200 Free Prelims	2:30.29	#207 Men 18&U 50 Back Prelims	33.21
#214 Men 14-18 4x100 Free Relay (2)	4:09.61	#301 Men 18&U 100 Free Prelims	1:04.11
#309 Men 18&U 100 Back Prelims	1:14.36	#316 Men 14-18 4x50 Free Relay (3)	1:54.32
#401 Men 18&U 50 Free Prelims	29.09	#409 Men 18&U 200 Back Prelims	2:50.50
#411 Men 18&U 50 Fly Prelims	33.03	#416 Men 14-18 4x50 Medley Relay (1)	2:07.43

**2 Faber, Conrad - Male - Age: 14 - Ind/Rel: 8 / 3**

#205 Men 18&U 100 Breast Prelims	1:21.52	#207 Men 18&U 50 Back Prelims	33.31
#211 Men 18&U 100 Fly Prelims	1:10.88	#214 Men 14-18 4x100 Free Relay (1)	4:09.61
#301 Men 18&U 100 Free Prelims	1:00.95	#305 Men 18&U 50 Breast Prelims	35.27
#313 Men 18&U 200 IM Prelims	2:40.12	#316 Men 14-18 4x50 Free Relay (1)	1:54.32
#401 Men 18&U 50 Free Prelims	27.92	#411 Men 18&U 50 Fly Prelims	29.93
#416 Men 14-18 4x50 Medley Relay (2)	2:07.43		

**3 Kleynhans, Jan-Ebert - Male - Age: 18 - Ind/Rel: 8 / 3**

#201 Men 18&U 200 Free Prelims	2:16.86	#207 Men 18&U 50 Back Prelims	32.50
#214 Men 14-18 4x100 Free Relay (4)	4:09.61	#301 Men 18&U 100 Free Prelims	1:00.57
#305 Men 18&U 50 Breast Prelims	40.90	#313 Men 18&U 200 IM Prelims	2:33.36
#316 Men 14-18 4x50 Free Relay (4)	1:54.32	#401 Men 18&U 50 Free Prelims	27.89
#409 Men 18&U 200 Back Prelims	2:34.64	#411 Men 18&U 50 Fly Prelims	29.53
#416 Men 14-18 4x50 Medley Relay (3)	2:07.43		

**4 van Niekerk, Junior S - Male - Age: 14 - Ind/Rel: 8 / 3**

#201 Men 18&U 200 Free Prelims	2:25.19	#207 Men 18&U 50 Back Prelims	35.73
#211 Men 18&U 100 Fly Prelims	1:11.07	#214 Men 14-18 4x100 Free Relay (3)	4:09.61
#301 Men 18&U 100 Free Prelims	1:03.98	#305 Men 18&U 50 Breast Prelims	40.85
#313 Men 18&U 200 IM Prelims	2:47.39	#316 Men 14-18 4x50 Free Relay (2)	1:54.32
#401 Men 18&U 50 Free Prelims	29.42	#411 Men 18&U 50 Fly Prelims	31.43
#416 Men 14-18 4x50 Medley Relay (4)	2:07.43		

**Good Hope Swem Kimberley-FB Total Individual Entries: 31 - Total Relays: 0**

Team Entries - All Events

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**Guppie Tigers Swimming Club-MP**

**1 Swanepoel, Michael - Male - Age: 11 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:57.92	#205 Men 18&U 100 Breast Prelims	1:45.37
#207 Men 18&U 50 Back Prelims	40.42	#301 Men 18&U 100 Free Prelims	1:20.13
#309 Men 18&U 100 Back Prelims	1:27.73	#313 Men 18&U 200 IM Prelims	3:16.49
#401 Men 18&U 50 Free Prelims	35.60	#409 Men 18&U 200 Back Prelims	3:08.11

**Guppie Tigers Swimming Club-MP Total Individual Entries: 8 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Kalahari Swemklub-JT****1 De Vos, Juan-dre - Male - Age: 11 - Ind/Rel: 10 / 0**

#101 Men 11&U 400 Free	5:45.37	#201 Men 18&U 200 Free Prelims	2:44.52
#205 Men 18&U 100 Breast Prelims	1:40.76	#207 Men 18&U 50 Back Prelims	42.77
#301 Men 18&U 100 Free Prelims	1:15.72	#305 Men 18&U 50 Breast Prelims	47.82
#313 Men 18&U 200 IM Prelims	3:17.14	#401 Men 18&U 50 Free Prelims	34.78
#405 Men 18&U 200 Breast Prelims	3:38.92	#411 Men 18&U 50 Fly Prelims	47.06

**2 Eilers, De-Anzo C - Male - Age: 12 - Ind/Rel: 10 / 0**

#103 Men 12 400 Free	5:38.39	#201 Men 18&U 200 Free Prelims	2:36.08
#207 Men 18&U 50 Back Prelims	39.15	#211 Men 18&U 100 Fly Prelims	1:33.53
#301 Men 18&U 100 Free Prelims	1:09.13	#305 Men 18&U 50 Breast Prelims	45.88
#309 Men 18&U 100 Back Prelims	1:29.40	#313 Men 18&U 200 IM Prelims	3:04.74
#401 Men 18&U 50 Free Prelims	31.60	#411 Men 18&U 50 Fly Prelims	37.22

**3 Le Roux, Tiaan - Male - Age: 11 - Ind/Rel: 10 / 0**

#101 Men 11&U 400 Free	6:07.68	#201 Men 18&U 200 Free Prelims	2:50.12
#205 Men 18&U 100 Breast Prelims	1:49.36	#207 Men 18&U 50 Back Prelims	46.83
#301 Men 18&U 100 Free Prelims	1:18.46	#305 Men 18&U 50 Breast Prelims	51.20
#309 Men 18&U 100 Back Prelims	1:36.56	#401 Men 18&U 50 Free Prelims	36.19
#405 Men 18&U 200 Breast Prelims	3:47.46	#411 Men 18&U 50 Fly Prelims	47.59

**Kalahari Swemklub-JT Total Individual Entries: 30 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Kloof Asc-ET****1 Bekker, Bjorn - Male - Age: 11 - Ind/Rel: 6 / 0**

#205 Men 18&U 100 Breast Prelims	1:27.24	#211 Men 18&U 100 Fly Prelims	1:29.48
#305 Men 18&U 50 Breast Prelims	40.52	#313 Men 18&U 200 IM Prelims	2:56.07
#405 Men 18&U 200 Breast Prelims	3:10.06	#411 Men 18&U 50 Fly Prelims	36.14

**2 Fourie, Ruben - Male - Age: 14 - Ind/Rel: 6 / 0**

#205 Men 18&U 100 Breast Prelims	1:21.51	#301 Men 18&U 100 Free Prelims	1:02.85
#305 Men 18&U 50 Breast Prelims	35.20	#313 Men 18&U 200 IM Prelims	2:45.38
#401 Men 18&U 50 Free Prelims	27.84	#411 Men 18&U 50 Fly Prelims	31.52

**3 Green, Christy S - Female - Age: 13 - Ind/Rel: 8 / 0**

#202 Women 18&U 200 Free Prelims	2:36.18	#206 Women 18&U 100 Breast Prelims	1:29.34
#212 Women 18&U 100 Fly Prelims	1:24.42	#302 Women 18&U 100 Free Prelims	1:11.78
#306 Women 18&U 50 Breast Prelims	41.12	#310 Women 18&U 100 Back Prelims	1:33.77
#314 Women 18&U 200 IM Prelims	2:54.15	#406 Women 18&U 200 Breast Prelims	3:08.34

**4 Mayoss, Erin L - Female - Age: 11 - Ind/Rel: 8 / 0**

#202 Women 18&U 200 Free Prelims	2:38.62	#206 Women 18&U 100 Breast Prelims	1:37.61
#208 Women 18&U 50 Back Prelims	40.94	#302 Women 18&U 100 Free Prelims	1:11.54
#306 Women 18&U 50 Breast Prelims	45.69	#314 Women 18&U 200 IM Prelims	3:06.22
#402 Women 18&U 50 Free Prelims	32.19	#412 Women 18&U 50 Fly Prelims	37.35

**5 Prinsloo, Cher H - Female - Age: 11 - Ind/Rel: 9 / 0**

#102 Women 11&U 400 Free	5:41.07	#202 Women 18&U 200 Free Prelims	2:44.01
#206 Women 18&U 100 Breast Prelims	1:38.55	#208 Women 18&U 50 Back Prelims	39.64
#302 Women 18&U 100 Free Prelims	1:13.32	#310 Women 18&U 100 Back Prelims	1:22.84
#314 Women 18&U 200 IM Prelims	3:04.21	#406 Women 18&U 200 Breast Prelims	3:29.94
#410 Women 18&U 200 Back Prelims	3:00.41		

**Kloof Asc-ET Total Individual Entries: 37 - Total Relays: 0**

Team Entries - All Events

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**Ladysmith Marlins Swimming Clu-UT**

**1 Fourie, Anke - Female - Age: 16 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:23.78	#208 Women 18&U 50 Back Prelims	34.11
#212 Women 18&U 100 Fly Prelims	1:11.98	#302 Women 18&U 100 Free Prelims	1:06.24
#314 Women 18&U 200 IM Prelims	2:47.02	#402 Women 18&U 50 Free Prelims	29.37
#412 Women 18&U 50 Fly Prelims	31.91		

**2 Fourie, Kara - Female - Age: 14 - Ind/Rel: 4 / 0**

#208 Women 18&U 50 Back Prelims	38.01	#302 Women 18&U 100 Free Prelims	1:08.56
#402 Women 18&U 50 Free Prelims	30.53	#412 Women 18&U 50 Fly Prelims	36.36

**Ladysmith Marlins Swimming Clu-UT Total Individual Entries: 11 - Total Relays: 0**

Team Entries - All Events

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**Margate Swimming Club-UG**

**1 Joubert, Jeandre' - Male - Age: 17 - Ind/Rel: 11 / 0**

#109 Men 15-18 400 Free	4:50.91	#201 Men 18&U 200 Free Prelims	2:14.13
#205 Men 18&U 100 Breast Prelims	1:12.49	#207 Men 18&U 50 Back Prelims	31.53
#301 Men 18&U 100 Free Prelims	57.87	#305 Men 18&U 50 Breast Prelims	33.07
#309 Men 18&U 100 Back Prelims	1:09.39	#313 Men 18&U 200 IM Prelims	2:30.05
#401 Men 18&U 50 Free Prelims	26.35	#405 Men 18&U 200 Breast Prelims	2:48.12
#409 Men 18&U 200 Back Prelims	2:30.67		

**2 Scorer, Scarlet O - Female - Age: 14 - Ind/Rel: 6 / 0**

#202 Women 18&U 200 Free Prelims	2:28.97	#208 Women 18&U 50 Back Prelims	35.75
#306 Women 18&U 50 Breast Prelims	43.51	#310 Women 18&U 100 Back Prelims	1:18.63
#402 Women 18&U 50 Free Prelims	31.10	#412 Women 18&U 50 Fly Prelims	33.08

**Margate Swimming Club-UG Total Individual Entries: 17 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Midwit Uniswim-NG****1 Davel, Annabelle E - Female - Age: 12 - Ind/Rel: 7 / 0**

#104 Women 12 400 Free	5:25.45	#202 Women 18&U 200 Free Prelims	2:38.80
#206 Women 18&U 100 Breast Prelims	1:37.94	#302 Women 18&U 100 Free Prelims	1:14.60
#306 Women 18&U 50 Breast Prelims	45.90	#314 Women 18&U 200 IM Prelims	3:06.04
#406 Women 18&U 200 Breast Prelims	3:27.48		

**2 De Beer, Zion - Male - Age: 13 - Ind/Rel: 6 / 0**

#201 Men 18&U 200 Free Prelims	2:27.60	#207 Men 18&U 50 Back Prelims	38.98
#301 Men 18&U 100 Free Prelims	1:06.51	#309 Men 18&U 100 Back Prelims	1:21.13
#401 Men 18&U 50 Free Prelims	32.75	#409 Men 18&U 200 Back Prelims	2:58.18

**3 De Wet, Megan - Female - Age: 15 - Ind/Rel: 7 / 0**

#110 Women 15-18 400 Free	5:00.91	#202 Women 18&U 200 Free Prelims	2:19.16
#208 Women 18&U 50 Back Prelims	34.69	#302 Women 18&U 100 Free Prelims	1:04.67
#310 Women 18&U 100 Back Prelims	1:12.79	#314 Women 18&U 200 IM Prelims	2:39.35
#410 Women 18&U 200 Back Prelims	2:36.05		

**4 Du Plessis, Christiaan - Male - Age: 15 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:14.72	#207 Men 18&U 50 Back Prelims	33.21
#211 Men 18&U 100 Fly Prelims	1:09.56	#301 Men 18&U 100 Free Prelims	58.26
#309 Men 18&U 100 Back Prelims	1:13.82	#401 Men 18&U 50 Free Prelims	26.18
#411 Men 18&U 50 Fly Prelims	29.00		

**5 Du Plessis, Kenn R - Male - Age: 12 - Ind/Rel: 7 / 0**

#103 Men 12 400 Free	5:22.73	#201 Men 18&U 200 Free Prelims	2:34.68
#211 Men 18&U 100 Fly Prelims	1:25.40	#301 Men 18&U 100 Free Prelims	1:10.07
#313 Men 18&U 200 IM Prelims	2:56.25	#401 Men 18&U 50 Free Prelims	32.12
#411 Men 18&U 50 Fly Prelims	37.70		

**6 Hannay, Dean C - Male - Age: 14 - Ind/Rel: 7 / 0**

#107 Men 14 400 Free	4:56.51	#201 Men 18&U 200 Free Prelims	2:23.19
#207 Men 18&U 50 Back Prelims	36.10	#301 Men 18&U 100 Free Prelims	1:06.26
#309 Men 18&U 100 Back Prelims	1:19.66	#401 Men 18&U 50 Free Prelims	30.38
#409 Men 18&U 200 Back Prelims	2:42.73		

**7 Leonard, Mieke - Female - Age: 12 - Ind/Rel: 8 / 0**

#104 Women 12 400 Free	5:25.42	#202 Women 18&U 200 Free Prelims	2:34.87
#208 Women 18&U 50 Back Prelims	38.28	#302 Women 18&U 100 Free Prelims	1:12.38
#310 Women 18&U 100 Back Prelims	1:23.21	#314 Women 18&U 200 IM Prelims	3:04.50
#402 Women 18&U 50 Free Prelims	33.18	#410 Women 18&U 200 Back Prelims	2:56.23

**8 Moolman, Heindru - Male - Age: 13 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:41.30	#207 Men 18&U 50 Back Prelims	36.08
#301 Men 18&U 100 Free Prelims	1:08.41	#309 Men 18&U 100 Back Prelims	1:19.36
#401 Men 18&U 50 Free Prelims	30.29	#409 Men 18&U 200 Back Prelims	2:54.90
#411 Men 18&U 50 Fly Prelims	36.23		

**9 Nkgapele, Junior M - Male - Age: 11 - Ind/Rel: 7 / 0**

#101 Men 11&U 400 Free	6:03.76	#201 Men 18&U 200 Free Prelims	2:49.67
#207 Men 18&U 50 Back Prelims	39.63	#301 Men 18&U 100 Free Prelims	1:16.89
#309 Men 18&U 100 Back Prelims	1:28.27	#401 Men 18&U 50 Free Prelims	35.04
#409 Men 18&U 200 Back Prelims	3:13.67		

**10 Tshikhudo, Mphoentle M - Female - Age: 11 - Ind/Rel: 6 / 0**

#206 Women 18&U 100 Breast Prelims	1:39.92	#212 Women 18&U 100 Fly Prelims	1:48.77
#306 Women 18&U 50 Breast Prelims	44.04	#314 Women 18&U 200 IM Prelims	3:23.29
#406 Women 18&U 200 Breast Prelims	3:32.84	#412 Women 18&U 50 Fly Prelims	43.46

**Midwit Uniswim-NG Total Individual Entries: 69 - Total Relays: 0**

Team Entries - All Events

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**Nelspruit Swimming Academy Dev-EZ**

**1 Janson, Rossouw P - Male - Age: 13 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:35.67	#205 Men 18&U 100 Breast Prelims	1:37.23
#211 Men 18&U 100 Fly Prelims	1:14.08	#301 Men 18&U 100 Free Prelims	1:09.37
#305 Men 18&U 50 Breast Prelims	42.43	#401 Men 18&U 50 Free Prelims	31.30
#411 Men 18&U 50 Fly Prelims	31.79		

**2 Radley, Henning J - Male - Age: 11 - Ind/Rel: 8 / 0**

#101 Men 11&U 400 Free	6:29.56	#201 Men 18&U 200 Free Prelims	2:50.50
#207 Men 18&U 50 Back Prelims	40.51	#301 Men 18&U 100 Free Prelims	1:18.51
#309 Men 18&U 100 Back Prelims	1:28.59	#401 Men 18&U 50 Free Prelims	33.32
#409 Men 18&U 200 Back Prelims	3:16.98	#411 Men 18&U 50 Fly Prelims	40.17

**Nelspruit Swimming Academy Dev-EZ Total Individual Entries: 15 - Total Relays: 0**

Team Entries - All Events

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**Nelspruit Swimming Academy-EZ**

1 van der Merwe, Laura - Female - Age: 15 - Ind/Rel: 8 / 0

#202 Women 18&U 200 Free Prelims	2:31.30	#208 Women 18&U 50 Back Prelims	36.00
#302 Women 18&U 100 Free Prelims	1:09.70	#310 Women 18&U 100 Back Prelims	1:15.69
#314 Women 18&U 200 IM Prelims	2:54.25	#402 Women 18&U 50 Free Prelims	31.86
#410 Women 18&U 200 Back Prelims	2:42.95	#412 Women 18&U 50 Fly Prelims	34.46

**Nelspruit Swimming Academy-EZ Total Individual Entries: 8 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Neptune's Aquatics-MA****1 Botha, Anandi - Female - Age: 14 - Ind/Rel: 9 / 0**

#202 Women 18&U 200 Free Prelims	2:32.08	#208 Women 18&U 50 Back Prelims	34.75
#302 Women 18&U 100 Free Prelims	1:07.97	#306 Women 18&U 50 Breast Prelims	45.00
#310 Women 18&U 100 Back Prelims	1:16.42	#314 Women 18&U 200 IM Prelims	2:53.54
#402 Women 18&U 50 Free Prelims	30.62	#410 Women 18&U 200 Back Prelims	2:43.14
#412 Women 18&U 50 Fly Prelims	36.34		

**2 Henning, Izelle - Female - Age: 13 - Ind/Rel: 9 / 3**

#106 Women 13 400 Free	5:42.39	#202 Women 18&U 200 Free Prelims	2:39.14
#208 Women 18&U 50 Back Prelims	34.96	#215 Women 13&U 4x100 Free Relay (3)	4:41.49
#302 Women 18&U 100 Free Prelims	1:11.16	#306 Women 18&U 50 Breast Prelims	47.00
#310 Women 18&U 100 Back Prelims	1:16.19	#317 Women 13&U 4x50 Free Relay (1)	2:09.12
#402 Women 18&U 50 Free Prelims	32.03	#410 Women 18&U 200 Back Prelims	2:53.59
#412 Women 18&U 50 Fly Prelims	37.68	#417 Women 13&U 4x50 Medley Relay (1)	2:23.02

**3 Joubert, Danielle - Female - Age: 13 - Ind/Rel: 13 / 3**

#106 Women 13 400 Free	5:33.98	#202 Women 18&U 200 Free Prelims	2:33.46
#206 Women 18&U 100 Breast Prelims	1:30.09	#208 Women 18&U 50 Back Prelims	36.95
#212 Women 18&U 100 Fly Prelims	1:21.14	#215 Women 13&U 4x100 Free Relay (4)	4:41.49
#302 Women 18&U 100 Free Prelims	1:09.10	#306 Women 18&U 50 Breast Prelims	40.36
#310 Women 18&U 100 Back Prelims	1:23.10	#314 Women 18&U 200 IM Prelims	2:53.58
#317 Women 13&U 4x50 Free Relay (4)	2:09.12	#402 Women 18&U 50 Free Prelims	31.28
#406 Women 18&U 200 Breast Prelims	3:17.07	#410 Women 18&U 200 Back Prelims	2:59.78
#412 Women 18&U 50 Fly Prelims	33.46	#417 Women 13&U 4x50 Medley Relay (3)	2:23.02

**4 Kirsten, Gemma - Female - Age: 13 - Ind/Rel: 10 / 3**

#106 Women 13 400 Free	5:39.18	#202 Women 18&U 200 Free Prelims	2:33.94
#208 Women 18&U 50 Back Prelims	39.31	#215 Women 13&U 4x100 Free Relay (1)	4:41.49
#302 Women 18&U 100 Free Prelims	1:11.94	#306 Women 18&U 50 Breast Prelims	43.43
#310 Women 18&U 100 Back Prelims	1:23.01	#314 Women 18&U 200 IM Prelims	2:58.26
#317 Women 13&U 4x50 Free Relay (3)	2:09.12	#402 Women 18&U 50 Free Prelims	32.41
#410 Women 18&U 200 Back Prelims	2:54.72	#412 Women 18&U 50 Fly Prelims	38.09
#417 Women 13&U 4x50 Medley Relay (4)	2:23.02		

**5 MACKAY, Len-Douglas - Male - Age: 15 - Ind/Rel: 4 / 0**

#401 Men 18&U 50 Free Prelims	27.28	#405 Men 18&U 200 Breast Prelims	3:10.59
#409 Men 18&U 200 Back Prelims	2:32.20	#411 Men 18&U 50 Fly Prelims	31.10

**6 Smook, Cara - Female - Age: 12 - Ind/Rel: 8 / 2**

#104 Women 12 400 Free	6:23.49	#202 Women 18&U 200 Free Prelims	2:58.87
#208 Women 18&U 50 Back Prelims	40.55	#215 Women 13&U 4x100 Free Relay (2)	4:41.49
#306 Women 18&U 50 Breast Prelims	47.10	#310 Women 18&U 100 Back Prelims	1:23.39
#317 Women 13&U 4x50 Free Relay (2)	2:09.12	#402 Women 18&U 50 Free Prelims	35.99
#410 Women 18&U 200 Back Prelims	3:06.48	#412 Women 18&U 50 Fly Prelims	44.33

**7 Van Der Bijl, Cara - Female - Age: 13 - Ind/Rel: 1 / 1**

#106 Women 13 400 Free	5:32.73	#417 Women 13&U 4x50 Medley Relay (2)	2:23.02
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**Neptune's Aquatics-MA Total Individual Entries: 54 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****North Coast Dolphins Swim Team-ET****1 Bates, Lauren A - Female - Age: 12 - Ind/Rel: 6 / 0**

#208 Women 18&U 50 Back Prelims	38.17	#212 Women 18&U 100 Fly Prelims	1:24.57
#302 Women 18&U 100 Free Prelims	1:15.51	#310 Women 18&U 100 Back Prelims	1:22.92
#402 Women 18&U 50 Free Prelims	32.23	#412 Women 18&U 50 Fly Prelims	34.84

**2 Dixon, Poppy - Female - Age: 11 - Ind/Rel: 11 / 0**

#102 Women 11&U 400 Free	6:02.62	#202 Women 18&U 200 Free Prelims	2:47.53
#206 Women 18&U 100 Breast Prelims	1:41.97	#208 Women 18&U 50 Back Prelims	41.07
#212 Women 18&U 100 Fly Prelims	1:29.25	#302 Women 18&U 100 Free Prelims	1:13.10
#306 Women 18&U 50 Breast Prelims	49.55	#310 Women 18&U 100 Back Prelims	1:23.33
#314 Women 18&U 200 IM Prelims	3:08.64	#402 Women 18&U 50 Free Prelims	33.69
#412 Women 18&U 50 Fly Prelims	37.83		

**3 Durocher-Yvon, Raphael B - Male - Age: 11 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:53.30	#207 Men 18&U 50 Back Prelims	42.72
#211 Men 18&U 100 Fly Prelims	1:21.98	#301 Men 18&U 100 Free Prelims	1:21.28
#305 Men 18&U 50 Breast Prelims	50.80	#313 Men 18&U 200 IM Prelims	3:12.77
#401 Men 18&U 50 Free Prelims	36.36	#411 Men 18&U 50 Fly Prelims	37.27

**4 Emond, Jed D - Male - Age: 11 - Ind/Rel: 9 / 0**

#101 Men 11&U 400 Free	5:41.58	#201 Men 18&U 200 Free Prelims	2:46.23
#205 Men 18&U 100 Breast Prelims	1:48.02	#207 Men 18&U 50 Back Prelims	43.70
#301 Men 18&U 100 Free Prelims	1:15.85	#305 Men 18&U 50 Breast Prelims	48.45
#309 Men 18&U 100 Back Prelims	1:31.32	#313 Men 18&U 200 IM Prelims	3:16.93
#401 Men 18&U 50 Free Prelims	34.48		

**5 Forrest, Bailey R - Female - Age: 12 - Ind/Rel: 11 / 0**

#104 Women 12 400 Free	5:19.43	#202 Women 18&U 200 Free Prelims	2:35.27
#206 Women 18&U 100 Breast Prelims	1:40.07	#208 Women 18&U 50 Back Prelims	42.98
#212 Women 18&U 100 Fly Prelims	1:26.11	#302 Women 18&U 100 Free Prelims	1:11.75
#306 Women 18&U 50 Breast Prelims	46.82	#314 Women 18&U 200 IM Prelims	3:03.22
#402 Women 18&U 50 Free Prelims	34.16	#406 Women 18&U 200 Breast Prelims	3:34.21
#412 Women 18&U 50 Fly Prelims	38.17		

**6 Forrest, Kai A - Male - Age: 10 - Ind/Rel: 10 / 0**

#101 Men 11&U 400 Free	5:41.61	#201 Men 18&U 200 Free Prelims	2:48.06
#207 Men 18&U 50 Back Prelims	43.51	#211 Men 18&U 100 Fly Prelims	1:30.71
#301 Men 18&U 100 Free Prelims	1:18.83	#305 Men 18&U 50 Breast Prelims	53.35
#309 Men 18&U 100 Back Prelims	1:32.17	#313 Men 18&U 200 IM Prelims	3:09.03
#401 Men 18&U 50 Free Prelims	36.80	#411 Men 18&U 50 Fly Prelims	40.00

**7 Graham, Dayna J - Female - Age: 13 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:41.10	#208 Women 18&U 50 Back Prelims	37.05
#302 Women 18&U 100 Free Prelims	1:15.16	#310 Women 18&U 100 Back Prelims	1:19.66
#314 Women 18&U 200 IM Prelims	3:05.07	#402 Women 18&U 50 Free Prelims	33.95
#412 Women 18&U 50 Fly Prelims	37.01		

**8 Johnson, Kiara - Female - Age: 13 - Ind/Rel: 5 / 0**

#208 Women 18&U 50 Back Prelims	36.98	#302 Women 18&U 100 Free Prelims	1:10.13
#310 Women 18&U 100 Back Prelims	1:22.74	#402 Women 18&U 50 Free Prelims	31.55
#412 Women 18&U 50 Fly Prelims	36.68		

**9 Matthews, Megan K - Female - Age: 11 - Ind/Rel: 10 / 0**

#102 Women 11&U 400 Free	5:34.92	#202 Women 18&U 200 Free Prelims	2:36.09
#208 Women 18&U 50 Back Prelims	39.16	#212 Women 18&U 100 Fly Prelims	1:24.57
#302 Women 18&U 100 Free Prelims	1:11.57	#310 Women 18&U 100 Back Prelims	1:22.76
#314 Women 18&U 200 IM Prelims	3:02.17	#402 Women 18&U 50 Free Prelims	33.40
#410 Women 18&U 200 Back Prelims	2:57.03	#412 Women 18&U 50 Fly Prelims	37.09

Team Entries - All Events

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**North Coast Dolphins Swim Team-ET**

**10 Spoons, St John S - Male - Age: 11 - Ind/Rel: 11 / 0**

#101 Men 11&U 400 Free	5:38.92	#201 Men 18&U 200 Free Prelims	2:41.41
#205 Men 18&U 100 Breast Prelims	1:40.85	#207 Men 18&U 50 Back Prelims	40.59
#211 Men 18&U 100 Fly Prelims	1:32.87	#301 Men 18&U 100 Free Prelims	1:14.22
#305 Men 18&U 50 Breast Prelims	45.74	#309 Men 18&U 100 Back Prelims	1:30.43
#401 Men 18&U 50 Free Prelims	34.67	#405 Men 18&U 200 Breast Prelims	3:30.88
#411 Men 18&U 50 Fly Prelims	40.81		

**North Coast Dolphins Swim Team-ET Total Individual Entries: 88 - Total Relays: 0**

Team Entries - All Events

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**North West University Swim Clu-KK**

**1 Geel, Angel M - Female - Age: 12 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:48.79	#206 Women 18&U 100 Breast Prelims	1:36.79
#208 Women 18&U 50 Back Prelims	42.82	#302 Women 18&U 100 Free Prelims	1:14.42
#402 Women 18&U 50 Free Prelims	33.67	#406 Women 18&U 200 Breast Prelims	3:28.70
#412 Women 18&U 50 Fly Prelims	40.12		

**North West University Swim Clu-KK Total Individual Entries: 7 - Total Relays: 0**

**Team Entries - All Events**

**Penguins Swimming Club-UM**

**1 Barker, Cameron D - Male - Age: 15 - Ind/Rel: 9 / 3**

#201 Men 18&U 200 Free Prelims	2:17.19	#205 Men 18&U 100 Breast Prelims	1:17.50
#211 Men 18&U 100 Fly Prelims	1:07.61	#214 Men 14-18 4x100 Free Relay (1)	4:06.93
#301 Men 18&U 100 Free Prelims	1:01.42	#305 Men 18&U 50 Breast Prelims	35.01
#313 Men 18&U 200 IM Prelims	2:34.10	#316 Men 14-18 4x50 Free Relay (3)	1:54.96
#401 Men 18&U 50 Free Prelims	29.09	#405 Men 18&U 200 Breast Prelims	2:50.63
#411 Men 18&U 50 Fly Prelims	30.71	#416 Men 14-18 4x50 Medley Relay (2)	2:07.08

**2 Bowmaker, Katherine R - Female - Age: 15 - Ind/Rel: 8 / 3**

#202 Women 18&U 200 Free Prelims	2:26.22	#206 Women 18&U 100 Breast Prelims	1:30.44
#208 Women 18&U 50 Back Prelims	35.78	#216 Women 14-18 4x100 Free Relay (1)	4:25.38
#302 Women 18&U 100 Free Prelims	1:06.03	#310 Women 18&U 100 Back Prelims	1:14.72
#314 Women 18&U 200 IM Prelims	2:43.80	#318 Women 14-18 4x50 Free Relay (2)	2:01.94
#402 Women 18&U 50 Free Prelims	30.97	#410 Women 18&U 200 Back Prelims	2:42.57
#418 Women 14-18 4x50 Medley Relay (1)	2:12.57		

**3 Joubert, Gary L - Male - Age: 17 - Ind/Rel: 8 / 3**

#201 Men 18&U 200 Free Prelims	2:17.82	#205 Men 18&U 100 Breast Prelims	1:21.98
#211 Men 18&U 100 Fly Prelims	1:07.05	#214 Men 14-18 4x100 Free Relay (3)	4:06.93
#301 Men 18&U 100 Free Prelims	1:02.06	#305 Men 18&U 50 Breast Prelims	36.67
#313 Men 18&U 200 IM Prelims	2:33.08	#316 Men 14-18 4x50 Free Relay (1)	1:54.96
#401 Men 18&U 50 Free Prelims	28.87	#411 Men 18&U 50 Fly Prelims	30.13
#416 Men 14-18 4x50 Medley Relay (3)	2:07.08		

**4 Joubert, Tanya A - Female - Age: 15 - Ind/Rel: 8 / 1**

#202 Women 18&U 200 Free Prelims	2:30.79	#208 Women 18&U 50 Back Prelims	36.66
#212 Women 18&U 100 Fly Prelims	1:12.49	#310 Women 18&U 100 Back Prelims	1:17.88
#314 Women 18&U 200 IM Prelims	2:51.03	#402 Women 18&U 50 Free Prelims	32.06
#410 Women 18&U 200 Back Prelims	2:42.67	#412 Women 18&U 50 Fly Prelims	32.67
#418 Women 14-18 4x50 Medley Relay (3)	2:12.57		

**5 Martens, Melissa - Female - Age: 13 - Ind/Rel: 10 / 0**

#202 Women 18&U 200 Free Prelims	2:36.87	#206 Women 18&U 100 Breast Prelims	1:28.12
#208 Women 18&U 50 Back Prelims	38.78	#302 Women 18&U 100 Free Prelims	1:10.00
#306 Women 18&U 50 Breast Prelims	40.32	#310 Women 18&U 100 Back Prelims	1:18.54
#314 Women 18&U 200 IM Prelims	2:49.95	#406 Women 18&U 200 Breast Prelims	3:08.68
#410 Women 18&U 200 Back Prelims	2:51.06	#412 Women 18&U 50 Fly Prelims	35.19

**6 Peters, Reese H - Female - Age: 14 - Ind/Rel: 10 / 1**

#108 Women 14 400 Free	5:37.38	#202 Women 18&U 200 Free Prelims	2:27.95
#206 Women 18&U 100 Breast Prelims	1:28.46	#208 Women 18&U 50 Back Prelims	37.65
#216 Women 14-18 4x100 Free Relay (3)	4:25.38	#302 Women 18&U 100 Free Prelims	1:08.47
#306 Women 18&U 50 Breast Prelims	40.74	#310 Women 18&U 100 Back Prelims	1:17.95
#314 Women 18&U 200 IM Prelims	2:53.14	#402 Women 18&U 50 Free Prelims	31.22
#410 Women 18&U 200 Back Prelims	3:08.43		

**7 Roberts, Joshua S - Male - Age: 18 - Ind/Rel: 8 / 3**

#201 Men 18&U 200 Free Prelims	2:04.60	#205 Men 18&U 100 Breast Prelims	1:11.95
#211 Men 18&U 100 Fly Prelims	1:03.02	#214 Men 14-18 4x100 Free Relay (4)	4:06.93
#301 Men 18&U 100 Free Prelims	56.55	#305 Men 18&U 50 Breast Prelims	32.99
#313 Men 18&U 200 IM Prelims	2:22.92	#316 Men 14-18 4x50 Free Relay (4)	1:54.96
#401 Men 18&U 50 Free Prelims	26.16	#411 Men 18&U 50 Fly Prelims	28.51
#416 Men 14-18 4x50 Medley Relay (1)	2:07.08		

**8 Vorwerk, Alexis M - Female - Age: 13 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:45.53	#208 Women 18&U 50 Back Prelims	38.50
#302 Women 18&U 100 Free Prelims	1:13.93	#310 Women 18&U 100 Back Prelims	1:23.05
#402 Women 18&U 50 Free Prelims	33.75	#410 Women 18&U 200 Back Prelims	2:55.32
#412 Women 18&U 50 Fly Prelims	36.33		



Team Entries - All Events

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**Penguins Swimming Club-UM**

**9 Vorwerk, Channing J - Male - Age: 13 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:34.89	#207 Men 18&U 50 Back Prelims	37.29
#301 Men 18&U 100 Free Prelims	1:11.05	#309 Men 18&U 100 Back Prelims	1:19.84
#401 Men 18&U 50 Free Prelims	32.66	#409 Men 18&U 200 Back Prelims	2:50.25
#411 Men 18&U 50 Fly Prelims	36.31		

**10 Walden, Chelsea - Female - Age: 15 - Ind/Rel: 6 / 0**

#206 Women 18&U 100 Breast Prelims	1:23.93	#208 Women 18&U 50 Back Prelims	37.39
#306 Women 18&U 50 Breast Prelims	37.39	#402 Women 18&U 50 Free Prelims	31.35
#406 Women 18&U 200 Breast Prelims	3:06.55	#412 Women 18&U 50 Fly Prelims	34.71

**Penguins Swimming Club-UM Total Individual Entries: 81 - Total Relays: 0**

Team Entries - All Events

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**Pisces Asc-ET**

**1 Beukes, Xavier T - Male - Age: 15 - Ind/Rel: 11 / 0**

#109 Men 15-18 400 Free	4:33.00	#201 Men 18&U 200 Free Prelims	2:08.31
#205 Men 18&U 100 Breast Prelims	1:22.31	#207 Men 18&U 50 Back Prelims	32.36
#211 Men 18&U 100 Fly Prelims	1:06.60	#301 Men 18&U 100 Free Prelims	59.34
#309 Men 18&U 100 Back Prelims	1:08.54	#313 Men 18&U 200 IM Prelims	2:26.00
#401 Men 18&U 50 Free Prelims	27.30	#405 Men 18&U 200 Breast Prelims	3:00.70
#411 Men 18&U 50 Fly Prelims	29.63		

**2 September, Dominic J - Male - Age: 11 - Ind/Rel: 11 / 0**

#201 Men 18&U 200 Free Prelims	2:51.23	#205 Men 18&U 100 Breast Prelims	1:41.83
#207 Men 18&U 50 Back Prelims	39.79	#301 Men 18&U 100 Free Prelims	1:16.52
#305 Men 18&U 50 Breast Prelims	46.08	#309 Men 18&U 100 Back Prelims	1:28.92
#313 Men 18&U 200 IM Prelims	3:10.79	#401 Men 18&U 50 Free Prelims	34.35
#405 Men 18&U 200 Breast Prelims	3:38.16	#409 Men 18&U 200 Back Prelims	3:05.40
#411 Men 18&U 50 Fly Prelims	41.86		

**Pisces Asc-ET Total Individual Entries: 22 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Pongola Swimming Academy-ZL****1 Bodington, Jemma - Female - Age: 18 - Ind/Rel: 9 / 0**

#110 Women 15-18 400 Free	5:44.61	#202 Women 18&U 200 Free Prelims	2:34.77
#208 Women 18&U 50 Back Prelims	35.35	#212 Women 18&U 100 Fly Prelims	1:12.66
#302 Women 18&U 100 Free Prelims	1:04.66	#306 Women 18&U 50 Breast Prelims	45.08
#310 Women 18&U 100 Back Prelims	1:24.86	#402 Women 18&U 50 Free Prelims	29.61
#412 Women 18&U 50 Fly Prelims	31.86		

**2 Breytenbach, Aneme' - Female - Age: 12 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:50.52	#208 Women 18&U 50 Back Prelims	39.79
#302 Women 18&U 100 Free Prelims	1:12.68	#310 Women 18&U 100 Back Prelims	1:26.05
#314 Women 18&U 200 IM Prelims	3:08.68	#402 Women 18&U 50 Free Prelims	32.59
#412 Women 18&U 50 Fly Prelims	37.73		

**3 Uys, Danika - Female - Age: 15 - Ind/Rel: 4 / 0**

#208 Women 18&U 50 Back Prelims	35.39	#302 Women 18&U 100 Free Prelims	1:06.91
#306 Women 18&U 50 Breast Prelims	42.16	#402 Women 18&U 50 Free Prelims	30.54

**4 Van der Walt, Ryno - Male - Age: 15 - Ind/Rel: 10 / 0**

#201 Men 18&U 200 Free Prelims	2:21.09	#205 Men 18&U 100 Breast Prelims	1:24.80
#207 Men 18&U 50 Back Prelims	32.42	#211 Men 18&U 100 Fly Prelims	1:03.20
#301 Men 18&U 100 Free Prelims	1:00.74	#305 Men 18&U 50 Breast Prelims	38.68
#309 Men 18&U 100 Back Prelims	1:17.42	#313 Men 18&U 200 IM Prelims	2:34.21
#401 Men 18&U 50 Free Prelims	27.83	#411 Men 18&U 50 Fly Prelims	29.42

**Pongola Swimming Academy-ZL Total Individual Entries: 30 - Total Relays: 0**

Team Entries - All Events

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**Prieska Aquatics-PS**

**1 Terblanche, Emma E - Female - Age: 12 - Ind/Rel: 6 / 0**

#202 Women 18&U 200 Free Prelims	2:39.44	#206 Women 18&U 100 Breast Prelims	1:31.93
#302 Women 18&U 100 Free Prelims	1:11.03	#306 Women 18&U 50 Breast Prelims	42.41
#402 Women 18&U 50 Free Prelims	32.94	#406 Women 18&U 200 Breast Prelims	3:22.55

**Prieska Aquatics-PS Total Individual Entries: 6 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Sasolburg Swemklub-FD****1 Hartmann, Dihandr  - Male - Age: 10 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:47.67	#205 Men 18&U 100 Breast Prelims	1:42.72
#211 Men 18&U 100 Fly Prelims	1:29.97	#301 Men 18&U 100 Free Prelims	1:15.39
#309 Men 18&U 100 Back Prelims	1:28.15	#313 Men 18&U 200 IM Prelims	3:08.20
#409 Men 18&U 200 Back Prelims	3:08.33	#411 Men 18&U 50 Fly Prelims	37.06

**2 Landmann, Armand - Male - Age: 10 - Ind/Rel: 9 / 0**

#205 Men 18&U 100 Breast Prelims	1:49.38	#207 Men 18&U 50 Back Prelims	39.33
#301 Men 18&U 100 Free Prelims	1:15.42	#305 Men 18&U 50 Breast Prelims	48.48
#309 Men 18&U 100 Back Prelims	1:26.63	#401 Men 18&U 50 Free Prelims	32.89
#405 Men 18&U 200 Breast Prelims	4:04.37	#409 Men 18&U 200 Back Prelims	NT
#411 Men 18&U 50 Fly Prelims	43.89		

**3 Landmann, Ramon - Male - Age: 15 - Ind/Rel: 7 / 0**

#205 Men 18&U 100 Breast Prelims	1:22.64	#207 Men 18&U 50 Back Prelims	30.36
#301 Men 18&U 100 Free Prelims	58.67	#309 Men 18&U 100 Back Prelims	1:06.11
#401 Men 18&U 50 Free Prelims	26.34	#409 Men 18&U 200 Back Prelims	2:27.05
#411 Men 18&U 50 Fly Prelims	28.85		

**4 Nel, Jaden - Male - Age: 14 - Ind/Rel: 10 / 0**

#201 Men 18&U 200 Free Prelims	2:23.24	#205 Men 18&U 100 Breast Prelims	1:20.59
#207 Men 18&U 50 Back Prelims	34.80	#211 Men 18&U 100 Fly Prelims	1:15.09
#301 Men 18&U 100 Free Prelims	1:03.30	#305 Men 18&U 50 Breast Prelims	35.67
#309 Men 18&U 100 Back Prelims	1:17.05	#313 Men 18&U 200 IM Prelims	2:42.97
#401 Men 18&U 50 Free Prelims	28.47	#411 Men 18&U 50 Fly Prelims	30.45

**5 Oelofse, Bay-Linn - Female - Age: 11 - Ind/Rel: 13 / 0**

#102 Women 11&U 400 Free	5:30.26	#202 Women 18&U 200 Free Prelims	2:34.09
#206 Women 18&U 100 Breast Prelims	1:31.30	#208 Women 18&U 50 Back Prelims	39.80
#212 Women 18&U 100 Fly Prelims	1:28.43	#302 Women 18&U 100 Free Prelims	1:11.02
#306 Women 18&U 50 Breast Prelims	42.12	#310 Women 18&U 100 Back Prelims	1:23.40
#314 Women 18&U 200 IM Prelims	2:58.84	#402 Women 18&U 50 Free Prelims	32.45
#406 Women 18&U 200 Breast Prelims	3:16.63	#410 Women 18&U 200 Back Prelims	2:58.52
#412 Women 18&U 50 Fly Prelims	37.61		

**6 Swanepoel, Hanno - Male - Age: 17 - Ind/Rel: 8 / 0**

#109 Men 15-18 400 Free	4:47.33	#201 Men 18&U 200 Free Prelims	2:07.31
#211 Men 18&U 100 Fly Prelims	1:03.68	#301 Men 18&U 100 Free Prelims	56.04
#305 Men 18&U 50 Breast Prelims	34.53	#313 Men 18&U 200 IM Prelims	2:29.09
#401 Men 18&U 50 Free Prelims	26.39	#411 Men 18&U 50 Fly Prelims	28.33

**7 Vorster, Johlize - Female - Age: 14 - Ind/Rel: 4 / 0**

#206 Women 18&U 100 Breast Prelims	1:39.63	#212 Women 18&U 100 Fly Prelims	1:16.15
#310 Women 18&U 100 Back Prelims	1:29.67	#314 Women 18&U 200 IM Prelims	3:03.55

**8 Zwane, Lehakwe M - Male - Age: 14 - Ind/Rel: 8 / 0**

#205 Men 18&U 100 Breast Prelims	1:15.83	#207 Men 18&U 50 Back Prelims	33.58
#211 Men 18&U 100 Fly Prelims	1:13.69	#301 Men 18&U 100 Free Prelims	1:05.76
#305 Men 18&U 50 Breast Prelims	34.19	#401 Men 18&U 50 Free Prelims	28.87
#405 Men 18&U 200 Breast Prelims	2:52.12	#411 Men 18&U 50 Fly Prelims	31.29

**Sasolburg Swemklub-FD Total Individual Entries: 67 - Total Relays: 0**

**Team Entries - All Events**

**Seagulls SC-ET**

**1 Asgeir-nielsen, Kaylyn - Female - Age: 17 - Ind/Rel: 3 / 1**

#302 Women 18&U 100 Free Prelims	1:06.91	#306 Women 18&U 50 Breast Prelims	42.74
#318 Women 14-18 4x50 Free Relay (4)	1:50.35	#402 Women 18&U 50 Free Prelims	30.49

**2 Borrageiro, Nirvana L - Female - Age: 12 - Ind/Rel: 11 / 2**

#104 Women 12 400 Free	5:20.14	#202 Women 18&U 200 Free Prelims	2:34.15
#208 Women 18&U 50 Back Prelims	36.43	#212 Women 18&U 100 Fly Prelims	1:20.67
#302 Women 18&U 100 Free Prelims	1:09.70	#306 Women 18&U 50 Breast Prelims	41.69
#310 Women 18&U 100 Back Prelims	1:16.27	#314 Women 18&U 200 IM Prelims	2:48.98
#317 Women 13&U 4x50 Free Relay (2)	2:01.92	#402 Women 18&U 50 Free Prelims	31.95
#410 Women 18&U 200 Back Prelims	2:48.05	#412 Women 18&U 50 Fly Prelims	33.75
#417 Women 13&U 4x50 Medley Relay (3)	2:16.31		

**3 Carmody, Jessica M - Female - Age: 11 - Ind/Rel: 10 / 3**

#102 Women 11&U 400 Free	5:18.57	#202 Women 18&U 200 Free Prelims	2:24.90
#208 Women 18&U 50 Back Prelims	34.31	#212 Women 18&U 100 Fly Prelims	1:20.98
#215 Women 13&U 4x100 Free Relay (3)	4:32.40	#302 Women 18&U 100 Free Prelims	1:10.90
#310 Women 18&U 100 Back Prelims	1:20.19	#314 Women 18&U 200 IM Prelims	2:47.60
#317 Women 13&U 4x50 Free Relay (1)	2:01.92	#402 Women 18&U 50 Free Prelims	30.98
#410 Women 18&U 200 Back Prelims	2:46.43	#412 Women 18&U 50 Fly Prelims	34.51
#417 Women 13&U 4x50 Medley Relay (1)	2:16.31		

**4 Cross, Rachel J - Female - Age: 13 - Ind/Rel: 8 / 4**

#202 Women 18&U 200 Free Prelims	2:30.46	#206 Women 18&U 100 Breast Prelims	1:25.33
#208 Women 18&U 50 Back Prelims	36.69	#215 Women 13&U 4x100 Free Relay (2)	4:32.40
#302 Women 18&U 100 Free Prelims	1:11.18	#306 Women 18&U 50 Breast Prelims	39.62
#310 Women 18&U 100 Back Prelims	1:18.01	#317 Women 13&U 4x50 Free Relay (4)	2:01.92
#319 Mixed 13&U 4x50 Medley Relay (1)	2:39.38	#402 Women 18&U 50 Free Prelims	30.59
#406 Women 18&U 200 Breast Prelims	3:06.51	#417 Women 13&U 4x50 Medley Relay (2)	2:16.31

**5 Govender, Sivash - Male - Age: 13 - Ind/Rel: 9 / 1**

#205 Men 18&U 100 Breast Prelims	1:26.39	#207 Men 18&U 50 Back Prelims	44.45
#211 Men 18&U 100 Fly Prelims	1:39.46	#301 Men 18&U 100 Free Prelims	1:21.35
#305 Men 18&U 50 Breast Prelims	38.98	#313 Men 18&U 200 IM Prelims	3:04.76
#319 Mixed 13&U 4x50 Medley Relay (4)	2:39.38	#401 Men 18&U 50 Free Prelims	36.55
#405 Men 18&U 200 Breast Prelims	3:09.00	#411 Men 18&U 50 Fly Prelims	41.44

**6 Huyzer, Megan - Female - Age: 15 - Ind/Rel: 9 / 1**

#110 Women 15-18 400 Free	5:19.85	#206 Women 18&U 100 Breast Prelims	1:23.48
#208 Women 18&U 50 Back Prelims	38.59	#302 Women 18&U 100 Free Prelims	1:09.57
#306 Women 18&U 50 Breast Prelims	37.95	#314 Women 18&U 200 IM Prelims	2:50.02
#318 Women 14-18 4x50 Free Relay (2)	1:50.35	#402 Women 18&U 50 Free Prelims	32.08
#406 Women 18&U 200 Breast Prelims	3:02.22	#412 Women 18&U 50 Fly Prelims	34.60

**7 Marcelino, Katie - Female - Age: 11 - Ind/Rel: 9 / 0**

#102 Women 11&U 400 Free	5:38.17	#202 Women 18&U 200 Free Prelims	2:44.44
#208 Women 18&U 50 Back Prelims	38.59	#302 Women 18&U 100 Free Prelims	1:17.37
#310 Women 18&U 100 Back Prelims	1:23.11	#314 Women 18&U 200 IM Prelims	3:05.27
#402 Women 18&U 50 Free Prelims	35.59	#410 Women 18&U 200 Back Prelims	2:55.98
#412 Women 18&U 50 Fly Prelims	40.42		

**8 Mpungose, Art N - Male - Age: 10 - Ind/Rel: 13 / 0**

#101 Men 11&U 400 Free	5:43.08	#201 Men 18&U 200 Free Prelims	2:36.42
#205 Men 18&U 100 Breast Prelims	1:33.66	#207 Men 18&U 50 Back Prelims	37.34
#211 Men 18&U 100 Fly Prelims	1:18.59	#301 Men 18&U 100 Free Prelims	1:10.16
#305 Men 18&U 50 Breast Prelims	42.32	#309 Men 18&U 100 Back Prelims	1:20.97
#313 Men 18&U 200 IM Prelims	2:56.92	#401 Men 18&U 50 Free Prelims	31.69
#405 Men 18&U 200 Breast Prelims	3:22.85	#409 Men 18&U 200 Back Prelims	2:53.65
#411 Men 18&U 50 Fly Prelims	35.24		

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Seagulls SC-ET****9 Omar, Manaal - Female - Age: 12 - Ind/Rel: 8 / 4**

#202 Women 18&U 200 Free Prelims	2:38.76	#208 Women 18&U 50 Back Prelims	37.52
#215 Women 13&U 4x100 Free Relay (1)	4:32.40	#302 Women 18&U 100 Free Prelims	1:10.25
#306 Women 18&U 50 Breast Prelims	45.00	#310 Women 18&U 100 Back Prelims	1:24.89
#314 Women 18&U 200 IM Prelims	3:10.85	#317 Women 13&U 4x50 Free Relay (3)	2:01.92
#319 Mixed 13&U 4x50 Medley Relay (2)	2:39.38	#402 Women 18&U 50 Free Prelims	30.98
#412 Women 18&U 50 Fly Prelims	37.38	#417 Women 13&U 4x50 Medley Relay (4)	2:16.31

**10 Pillay, Trinity J - Female - Age: 15 - Ind/Rel: 8 / 1**

#206 Women 18&U 100 Breast Prelims	1:28.61	#208 Women 18&U 50 Back Prelims	34.61
#212 Women 18&U 100 Fly Prelims	1:25.63	#302 Women 18&U 100 Free Prelims	1:07.59
#306 Women 18&U 50 Breast Prelims	40.72	#310 Women 18&U 100 Back Prelims	1:14.29
#318 Women 14-18 4x50 Free Relay (1)	1:50.35	#402 Women 18&U 50 Free Prelims	30.52
#412 Women 18&U 50 Fly Prelims	33.01		

**11 Remley, Breydon L - Male - Age: 16 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:16.06	#207 Men 18&U 50 Back Prelims	30.04
#211 Men 18&U 100 Fly Prelims	1:05.47	#301 Men 18&U 100 Free Prelims	59.83
#309 Men 18&U 100 Back Prelims	1:06.13	#401 Men 18&U 50 Free Prelims	27.41
#409 Men 18&U 200 Back Prelims	2:27.35	#411 Men 18&U 50 Fly Prelims	29.54

**12 Remley, Kaden J - Male - Age: 12 - Ind/Rel: 8 / 1**

#103 Men 12 400 Free	5:39.22	#201 Men 18&U 200 Free Prelims	2:37.37
#205 Men 18&U 100 Breast Prelims	1:38.74	#301 Men 18&U 100 Free Prelims	1:13.45
#305 Men 18&U 50 Breast Prelims	46.41	#313 Men 18&U 200 IM Prelims	3:05.57
#319 Mixed 13&U 4x50 Medley Relay (3)	2:39.38	#401 Men 18&U 50 Free Prelims	34.49
#411 Men 18&U 50 Fly Prelims	41.14		

**13 Rowan, Catherine L - Female - Age: 12 - Ind/Rel: 9 / 0**

#104 Women 12 400 Free	5:42.13	#202 Women 18&U 200 Free Prelims	2:40.05
#208 Women 18&U 50 Back Prelims	39.95	#212 Women 18&U 100 Fly Prelims	1:26.47
#302 Women 18&U 100 Free Prelims	1:13.91	#306 Women 18&U 50 Breast Prelims	47.95
#314 Women 18&U 200 IM Prelims	3:06.74	#410 Women 18&U 200 Back Prelims	3:16.34
#412 Women 18&U 50 Fly Prelims	38.90		

**14 Van Der Merwe, Amy L - Female - Age: 12 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	2:44.19	#206 Women 18&U 100 Breast Prelims	1:42.45
#208 Women 18&U 50 Back Prelims	40.14	#302 Women 18&U 100 Free Prelims	1:12.21
#306 Women 18&U 50 Breast Prelims	47.09	#310 Women 18&U 100 Back Prelims	1:26.94
#402 Women 18&U 50 Free Prelims	32.84		

**15 Vlassides, Alexi J - Male - Age: 17 - Ind/Rel: 11 / 0**

#109 Men 15-18 400 Free	4:45.29	#201 Men 18&U 200 Free Prelims	2:15.26
#205 Men 18&U 100 Breast Prelims	1:21.50	#207 Men 18&U 50 Back Prelims	35.53
#301 Men 18&U 100 Free Prelims	1:02.54	#305 Men 18&U 50 Breast Prelims	36.51
#309 Men 18&U 100 Back Prelims	1:13.87	#313 Men 18&U 200 IM Prelims	2:32.15
#401 Men 18&U 50 Free Prelims	28.66	#409 Men 18&U 200 Back Prelims	2:33.12
#411 Men 18&U 50 Fly Prelims	31.61		

**Seagulls SC-ET Total Individual Entries: 131 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019

## Team Entries - All Events

## Seals Asc-UM

## 1 DU Plessis, Charlize - Female - Age: 11 - Ind/Rel: 7 / 0

#206 Women 18&U 100 Breast Prelims	1:33.85	#208 Women 18&U 50 Back Prelims	44.65
#306 Women 18&U 50 Breast Prelims	42.43	#314 Women 18&U 200 IM Prelims	3:21.22
#402 Women 18&U 50 Free Prelims	37.13	#406 Women 18&U 200 Breast Prelims	3:22.18
#412 Women 18&U 50 Fly Prelims	43.03		

## 2 Irvine, Rachel K - Female - Age: 13 - Ind/Rel: 6 / 0

#202 Women 18&U 200 Free Prelims	2:28.13	#208 Women 18&U 50 Back Prelims	38.65
#302 Women 18&U 100 Free Prelims	1:08.64	#310 Women 18&U 100 Back Prelims	1:19.73
#402 Women 18&U 50 Free Prelims	31.72	#410 Women 18&U 200 Back Prelims	2:55.34

## 3 Lancaster, Murray S - Male - Age: 12 - Ind/Rel: 7 / 0

#205 Men 18&U 100 Breast Prelims	1:33.80	#207 Men 18&U 50 Back Prelims	36.44
#301 Men 18&U 100 Free Prelims	1:11.02	#309 Men 18&U 100 Back Prelims	1:20.47
#313 Men 18&U 200 IM Prelims	3:00.66	#401 Men 18&U 50 Free Prelims	30.29
#411 Men 18&U 50 Fly Prelims	34.18		

## 4 Lombard, Carmel - Female - Age: 15 - Ind/Rel: 7 / 0

#110 Women 15-18 400 Free	4:51.51	#202 Women 18&U 200 Free Prelims	2:19.64
#208 Women 18&U 50 Back Prelims	36.05	#302 Women 18&U 100 Free Prelims	1:04.39
#310 Women 18&U 100 Back Prelims	1:15.67	#402 Women 18&U 50 Free Prelims	30.53
#410 Women 18&U 200 Back Prelims	2:38.42		

## 5 Naidoo, Keira D - Female - Age: 12 - Ind/Rel: 5 / 0

#202 Women 18&U 200 Free Prelims	2:40.35	#208 Women 18&U 50 Back Prelims	38.23
#302 Women 18&U 100 Free Prelims	1:13.32	#310 Women 18&U 100 Back Prelims	1:25.11
#402 Women 18&U 50 Free Prelims	33.30		

## 6 Sates, Caitlyn B - Female - Age: 11 - Ind/Rel: 10 / 0

#202 Women 18&U 200 Free Prelims	2:39.51	#206 Women 18&U 100 Breast Prelims	1:31.99
#208 Women 18&U 50 Back Prelims	38.30	#212 Women 18&U 100 Fly Prelims	1:22.98
#302 Women 18&U 100 Free Prelims	1:11.84	#306 Women 18&U 50 Breast Prelims	43.05
#310 Women 18&U 100 Back Prelims	1:22.74	#314 Women 18&U 200 IM Prelims	3:04.64
#402 Women 18&U 50 Free Prelims	32.58	#412 Women 18&U 50 Fly Prelims	35.46

## 7 Van Der Merwe, Annalene - Female - Age: 12 - Ind/Rel: 8 / 0

#202 Women 18&U 200 Free Prelims	2:43.71	#208 Women 18&U 50 Back Prelims	38.52
#302 Women 18&U 100 Free Prelims	1:10.92	#310 Women 18&U 100 Back Prelims	1:23.08
#314 Women 18&U 200 IM Prelims	3:12.46	#402 Women 18&U 50 Free Prelims	33.56
#410 Women 18&U 200 Back Prelims	2:58.33	#412 Women 18&U 50 Fly Prelims	40.57

## 8 Van Heerden, Tian - Male - Age: 14 - Ind/Rel: 5 / 0

#205 Men 18&U 100 Breast Prelims	1:18.82	#301 Men 18&U 100 Free Prelims	1:02.63
#305 Men 18&U 50 Breast Prelims	35.18	#401 Men 18&U 50 Free Prelims	29.22
#411 Men 18&U 50 Fly Prelims	31.22		

## 9 Warr, Amber L - Female - Age: 12 - Ind/Rel: 8 / 0

#202 Women 18&U 200 Free Prelims	2:41.59	#206 Women 18&U 100 Breast Prelims	1:37.69
#208 Women 18&U 50 Back Prelims	39.05	#302 Women 18&U 100 Free Prelims	1:12.26
#310 Women 18&U 100 Back Prelims	1:21.45	#314 Women 18&U 200 IM Prelims	3:04.49
#402 Women 18&U 50 Free Prelims	34.21	#410 Women 18&U 200 Back Prelims	2:52.47

## 10 Willoughby, Cassidy - Female - Age: 12 - Ind/Rel: 5 / 0

#206 Women 18&U 100 Breast Prelims	1:35.08	#302 Women 18&U 100 Free Prelims	1:16.63
#306 Women 18&U 50 Breast Prelims	44.80	#402 Women 18&U 50 Free Prelims	35.02
#406 Women 18&U 200 Breast Prelims	3:28.45		



Team Entries - All Events

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**Seals Asc-UM**

11 Zwart, Jordan A - Female - Age: 13 - Ind/Rel: 6 / 0

#208 Women 18&U 50 Back Prelims	38.50	#212 Women 18&U 100 Fly Prelims	1:18.06
#302 Women 18&U 100 Free Prelims	1:09.80	#314 Women 18&U 200 IM Prelims	2:59.25
#402 Women 18&U 50 Free Prelims	31.98	#412 Women 18&U 50 Fly Prelims	33.49

**Seals Asc-UM Total Individual Entries: 74 - Total Relays: 0**

Team Entries - All Events

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**Toti Titans Swimming Club-ET**

**1 Swart, Tristan N - Male - Age: 11 - Ind/Rel: 8 / 0**

#207 Men 18&U 50 Back Prelims	39.73	#211 Men 18&U 100 Fly Prelims	1:27.60
#301 Men 18&U 100 Free Prelims	1:12.64	#305 Men 18&U 50 Breast Prelims	49.40
#309 Men 18&U 100 Back Prelims	1:26.89	#313 Men 18&U 200 IM Prelims	3:07.47
#401 Men 18&U 50 Free Prelims	33.13	#411 Men 18&U 50 Fly Prelims	36.61
<b>Toti Titans Swimming Club-ET Total Individual Entries: 8 - Total Relays: 0</b>			

Team Entries - All Events

**Umlazi Sharks Aquatic Club-ET**

**1 Cibane, Zakhe - Male - Age: 11 - Ind/Rel: 6 / 0**

#201 Men 18&U 200 Free Prelims	2:52.71	#205 Men 18&U 100 Breast Prelims	1:40.65
#301 Men 18&U 100 Free Prelims	1:17.98	#305 Men 18&U 50 Breast Prelims	49.38
#405 Men 18&U 200 Breast Prelims	3:45.30	#411 Men 18&U 50 Fly Prelims	40.35

**2 Kuboni, Mhlengi - Male - Age: 11 - Ind/Rel: 6 / 0**

#201 Men 18&U 200 Free Prelims	2:48.67	#205 Men 18&U 100 Breast Prelims	1:42.15
#301 Men 18&U 100 Free Prelims	1:18.63	#305 Men 18&U 50 Breast Prelims	46.27
#313 Men 18&U 200 IM Prelims	3:20.43	#401 Men 18&U 50 Free Prelims	34.82

**3 Xulu, Mhlengi B - Male - Age: 16 - Ind/Rel: 6 / 0**

#205 Men 18&U 100 Breast Prelims	1:23.48	#211 Men 18&U 100 Fly Prelims	1:06.02
#301 Men 18&U 100 Free Prelims	1:01.12	#313 Men 18&U 200 IM Prelims	2:36.63
#401 Men 18&U 50 Free Prelims	27.83	#411 Men 18&U 50 Fly Prelims	30.21

**4 Zungu, Bongumusa M - Male - Age: 12 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:32.83	#205 Men 18&U 100 Breast Prelims	1:32.35
#301 Men 18&U 100 Free Prelims	1:09.59	#305 Men 18&U 50 Breast Prelims	43.18
#313 Men 18&U 200 IM Prelims	2:58.38	#401 Men 18&U 50 Free Prelims	31.85
#405 Men 18&U 200 Breast Prelims	3:23.57		

**Umlazi Sharks Aquatic Club-ET Total Individual Entries: 25 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Uniswim-MP****1 Banza, Matundu I - Female - Age: 13 - Ind/Rel: 7 / 0**

#106 Women 13 400 Free	5:58.18	#202 Women 18&U 200 Free Prelims	2:44.03
#206 Women 18&U 100 Breast Prelims	1:25.04	#306 Women 18&U 50 Breast Prelims	39.12
#314 Women 18&U 200 IM Prelims	3:14.87	#402 Women 18&U 50 Free Prelims	33.87
#406 Women 18&U 200 Breast Prelims	3:09.46		

**2 Banza, Lys L - Female - Age: 11 - Ind/Rel: 9 / 0**

#102 Women 11&U 400 Free	6:23.46	#202 Women 18&U 200 Free Prelims	2:49.26
#206 Women 18&U 100 Breast Prelims	1:35.70	#302 Women 18&U 100 Free Prelims	1:18.97
#306 Women 18&U 50 Breast Prelims	41.83	#314 Women 18&U 200 IM Prelims	3:14.85
#402 Women 18&U 50 Free Prelims	35.00	#406 Women 18&U 200 Breast Prelims	3:27.56
#412 Women 18&U 50 Fly Prelims	42.94		

**3 Beyers, Erin A - Female - Age: 11 - Ind/Rel: 7 / 0**

#202 Women 18&U 200 Free Prelims	3:01.13	#206 Women 18&U 100 Breast Prelims	1:36.42
#302 Women 18&U 100 Free Prelims	1:23.42	#306 Women 18&U 50 Breast Prelims	45.36
#314 Women 18&U 200 IM Prelims	3:16.50	#402 Women 18&U 50 Free Prelims	37.39
#406 Women 18&U 200 Breast Prelims	3:32.13		

**4 Friedenthal, Lucy - Female - Age: 12 - Ind/Rel: 7 / 0**

#104 Women 12 400 Free	5:24.96	#202 Women 18&U 200 Free Prelims	2:33.39
#206 Women 18&U 100 Breast Prelims	1:31.67	#212 Women 18&U 100 Fly Prelims	1:25.15
#306 Women 18&U 50 Breast Prelims	40.31	#314 Women 18&U 200 IM Prelims	2:57.02
#406 Women 18&U 200 Breast Prelims	3:17.74		

**5 Mulder, Milche - Female - Age: 14 - Ind/Rel: 8 / 0**

#108 Women 14 400 Free	5:05.42	#202 Women 18&U 200 Free Prelims	2:29.64
#208 Women 18&U 50 Back Prelims	35.85	#302 Women 18&U 100 Free Prelims	1:07.80
#310 Women 18&U 100 Back Prelims	1:18.10	#314 Women 18&U 200 IM Prelims	2:50.53
#402 Women 18&U 50 Free Prelims	31.82	#410 Women 18&U 200 Back Prelims	2:49.23

**6 Van Rensburg, Melindie - Female - Age: 13 - Ind/Rel: 8 / 0**

#106 Women 13 400 Free	5:40.53	#202 Women 18&U 200 Free Prelims	2:42.72
#208 Women 18&U 50 Back Prelims	38.16	#302 Women 18&U 100 Free Prelims	1:09.78
#310 Women 18&U 100 Back Prelims	1:22.40	#402 Women 18&U 50 Free Prelims	31.41
#410 Women 18&U 200 Back Prelims	2:55.12	#412 Women 18&U 50 Fly Prelims	37.97

**Uniswim-MP Total Individual Entries: 46 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2019-FS - 28/03/2019 to 31/03/2019****Team Entries - All Events****Ushaka Swimming Club-UH****1 Coetzer, Zander - Male - Age: 13 - Ind/Rel: 10 / 5**

#105 Men 13 400 Free	5:24.21
#205 Men 18&U 100 Breast Prelims	1:25.44
#213 Men 13&U 4x100 Free Relay (2)	4:33.79
#305 Men 18&U 50 Breast Prelims	37.97
#315 Men 13&U 4x50 Free Relay (2)	2:03.70
#401 Men 18&U 50 Free Prelims	29.86
#411 Men 18&U 50 Fly Prelims	36.15
#419 Mixed 13&U 4x100 Free Relay (1)	4:41.04

#201 Men 18&U 200 Free Prelims	2:24.45
#207 Men 18&U 50 Back Prelims	35.51
#301 Men 18&U 100 Free Prelims	1:05.56
#313 Men 18&U 200 IM Prelims	2:46.60
#319 Mixed 13&U 4x50 Medley Relay (1)	2:30.25
#405 Men 18&U 200 Breast Prelims	3:02.79
#415 Men 13&U 4x50 Medley Relay (2)	2:22.52

**2 Du Preez, Ewan - Male - Age: 12 - Ind/Rel: 9 / 2**

#103 Men 12 400 Free	5:37.42
#205 Men 18&U 100 Breast Prelims	1:45.19
#213 Men 13&U 4x100 Free Relay (3)	4:33.79
#305 Men 18&U 50 Breast Prelims	44.98
#315 Men 13&U 4x50 Free Relay (3)	2:03.70
#411 Men 18&U 50 Fly Prelims	36.52

#201 Men 18&U 200 Free Prelims	2:36.89
#211 Men 18&U 100 Fly Prelims	1:27.69
#301 Men 18&U 100 Free Prelims	1:11.48
#313 Men 18&U 200 IM Prelims	3:06.36
#401 Men 18&U 50 Free Prelims	32.09

**3 Fourie, Heinrich N - Male - Age: 12 - Ind/Rel: 7 / 4**

#207 Men 18&U 50 Back Prelims	37.82
#301 Men 18&U 100 Free Prelims	1:09.10
#309 Men 18&U 100 Back Prelims	1:24.30
#315 Men 13&U 4x50 Free Relay (4)	2:03.70
#401 Men 18&U 50 Free Prelims	31.36
#415 Men 13&U 4x50 Medley Relay (1)	2:22.52

#213 Men 13&U 4x100 Free Relay (4)	4:33.79
#305 Men 18&U 50 Breast Prelims	40.92
#313 Men 18&U 200 IM Prelims	2:54.05
#319 Mixed 13&U 4x50 Medley Relay (3)	2:30.25
#411 Men 18&U 50 Fly Prelims	35.90

**4 Geyser, Jacobus - Male - Age: 11 - Ind/Rel: 9 / 1**

#201 Men 18&U 200 Free Prelims	2:50.76
#207 Men 18&U 50 Back Prelims	41.23
#305 Men 18&U 50 Breast Prelims	45.85
#313 Men 18&U 200 IM Prelims	3:09.06
#411 Men 18&U 50 Fly Prelims	36.34

#205 Men 18&U 100 Breast Prelims	1:41.70
#301 Men 18&U 100 Free Prelims	1:14.82
#309 Men 18&U 100 Back Prelims	1:30.70
#401 Men 18&U 50 Free Prelims	33.56
#415 Men 13&U 4x50 Medley Relay (3)	2:22.52

**5 Hinze, Sven F - Male - Age: 13 - Ind/Rel: 8 / 4**

#201 Men 18&U 200 Free Prelims	2:37.57
#207 Men 18&U 50 Back Prelims	37.85
#301 Men 18&U 100 Free Prelims	1:07.65
#309 Men 18&U 100 Back Prelims	1:20.36
#401 Men 18&U 50 Free Prelims	30.39
#415 Men 13&U 4x50 Medley Relay (4)	2:22.52

#205 Men 18&U 100 Breast Prelims	1:30.62
#213 Men 13&U 4x100 Free Relay (1)	4:33.79
#305 Men 18&U 50 Breast Prelims	40.23
#315 Men 13&U 4x50 Free Relay (1)	2:03.70
#411 Men 18&U 50 Fly Prelims	37.30
#419 Mixed 13&U 4x100 Free Relay (3)	4:41.04

**6 Naude, Jana B - Female - Age: 12 - Ind/Rel: 8 / 2**

#104 Women 12 400 Free	5:52.80
#208 Women 18&U 50 Back Prelims	42.34
#306 Women 18&U 50 Breast Prelims	49.28
#319 Mixed 13&U 4x50 Medley Relay (4)	2:30.25
#412 Women 18&U 50 Fly Prelims	43.54

#202 Women 18&U 200 Free Prelims	2:48.02
#302 Women 18&U 100 Free Prelims	1:13.22
#314 Women 18&U 200 IM Prelims	3:20.82
#402 Women 18&U 50 Free Prelims	34.21
#419 Mixed 13&U 4x100 Free Relay (2)	4:41.04

**7 Scheepers, Izaan - Female - Age: 12 - Ind/Rel: 7 / 2**

#202 Women 18&U 200 Free Prelims	2:56.62
#208 Women 18&U 50 Back Prelims	39.55
#306 Women 18&U 50 Breast Prelims	44.63
#319 Mixed 13&U 4x50 Medley Relay (2)	2:30.25
#419 Mixed 13&U 4x100 Free Relay (4)	4:41.04

#206 Women 18&U 100 Breast Prelims	1:41.59
#302 Women 18&U 100 Free Prelims	1:14.62
#310 Women 18&U 100 Back Prelims	1:27.73
#402 Women 18&U 50 Free Prelims	32.88

Team Entries - All Events

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**Ushaka Swimming Club-UH**

**8 Smith, Michael G - Male - Age: 16 - Ind/Rel: 12 / 0**

#109 Men 15-18 400 Free	4:43.84	#201 Men 18&U 200 Free Prelims	2:12.88
#205 Men 18&U 100 Breast Prelims	1:24.61	#207 Men 18&U 50 Back Prelims	32.42
#211 Men 18&U 100 Fly Prelims	1:09.58	#301 Men 18&U 100 Free Prelims	58.31
#305 Men 18&U 50 Breast Prelims	38.53	#309 Men 18&U 100 Back Prelims	1:10.53
#313 Men 18&U 200 IM Prelims	2:33.10	#401 Men 18&U 50 Free Prelims	27.21
#409 Men 18&U 200 Back Prelims	2:29.63	#411 Men 18&U 50 Fly Prelims	31.31

**Ushaka Swimming Club-UH Total Individual Entries: 70 - Total Relays: 0**

Team Entries - All Events

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**Valsrivier Swimming Club-FD**

**1 Le Roux, Adrian D - Male - Age: 14 - Ind/Rel: 8 / 0**

#205 Men 18&U 100 Breast Prelims	1:19.73	#207 Men 18&U 50 Back Prelims	33.85
#301 Men 18&U 100 Free Prelims	1:08.71	#305 Men 18&U 50 Breast Prelims	35.12
#313 Men 18&U 200 IM Prelims	2:53.90	#401 Men 18&U 50 Free Prelims	29.29
#405 Men 18&U 200 Breast Prelims	3:01.85	#411 Men 18&U 50 Fly Prelims	33.75

**Valsrivier Swimming Club-FD Total Individual Entries: 8 - Total Relays: 0**

Team Entries - All Events

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**Verulam Aquatic Club-ET**

**1 Brijlal, Kirisha - Female - Age: 11 - Ind/Rel: 3 / 0**

#206 Women 18&U 100 Breast Prelims	1:41.47	#406 Women 18&U 200 Breast Prelims	3:37.52
#412 Women 18&U 50 Fly Prelims	40.58		

**2 Brijlal, Sherisha - Female - Age: 13 - Ind/Rel: 10 / 0**

#106 Women 13 400 Free	5:19.77	#202 Women 18&U 200 Free Prelims	2:32.69
#208 Women 18&U 50 Back Prelims	38.49	#212 Women 18&U 100 Fly Prelims	1:20.31
#302 Women 18&U 100 Free Prelims	1:11.46	#310 Women 18&U 100 Back Prelims	1:20.54
#314 Women 18&U 200 IM Prelims	3:03.05	#402 Women 18&U 50 Free Prelims	35.29
#410 Women 18&U 200 Back Prelims	2:50.17	#412 Women 18&U 50 Fly Prelims	36.07

**Verulam Aquatic Club-ET Total Individual Entries: 13 - Total Relays: 0**



Team Entries - All Events

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**Vryheid Swimming Club-ZL**

1 Richards, Zoe M - Female - Age: 13 - Ind/Rel: 2 / 0

#206 Women 18&U 100 Breast Prelims 1:30.04 #306 Women 18&U 50 Breast Prelims 40.58

**Vryheid Swimming Club-ZL Total Individual Entries: 2 - Total Relays: 0**

Team Entries - All Events

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**Welkom Aquatics-FD**

**1 Davies, Tristan J - Male - Age: 13 - Ind/Rel: 7 / 0**

#201 Men 18&U 200 Free Prelims	2:20.38	#207 Men 18&U 50 Back Prelims	34.43
#301 Men 18&U 100 Free Prelims	1:05.28	#309 Men 18&U 100 Back Prelims	1:13.21
#313 Men 18&U 200 IM Prelims	2:40.20	#401 Men 18&U 50 Free Prelims	29.50
#409 Men 18&U 200 Back Prelims	2:39.35		

**2 de Beer, Aydan - Male - Age: 15 - Ind/Rel: 8 / 0**

#109 Men 15-18 400 Free	4:48.59	#207 Men 18&U 50 Back Prelims	32.15
#301 Men 18&U 100 Free Prelims	1:01.31	#309 Men 18&U 100 Back Prelims	1:08.66
#313 Men 18&U 200 IM Prelims	2:34.17	#401 Men 18&U 50 Free Prelims	28.03
#409 Men 18&U 200 Back Prelims	2:29.88	#411 Men 18&U 50 Fly Prelims	31.50

**3 Mansil, Gemma - Female - Age: 11 - Ind/Rel: 8 / 0**

#206 Women 18&U 100 Breast Prelims	1:41.29	#208 Women 18&U 50 Back Prelims	43.63
#302 Women 18&U 100 Free Prelims	1:19.10	#306 Women 18&U 50 Breast Prelims	47.48
#310 Women 18&U 100 Back Prelims	1:28.89	#402 Women 18&U 50 Free Prelims	37.61
#406 Women 18&U 200 Breast Prelims	3:35.71	#410 Women 18&U 200 Back Prelims	3:06.56

**Welkom Aquatics-FD Total Individual Entries: 23 - Total Relays: 0**

Team Entries - All Events

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**Westville Swimming Club-ET**

**1 Sutcliffe, Ayrton K - Male - Age: 12 - Ind/Rel: 8 / 0**

#201 Men 18&U 200 Free Prelims	2:50.98	#207 Men 18&U 50 Back Prelims	40.94
#211 Men 18&U 100 Fly Prelims	1:30.36	#301 Men 18&U 100 Free Prelims	1:10.15
#305 Men 18&U 50 Breast Prelims	46.31	#313 Men 18&U 200 IM Prelims	3:05.34
#401 Men 18&U 50 Free Prelims	31.21	#411 Men 18&U 50 Fly Prelims	36.58

**Westville Swimming Club-ET Total Individual Entries: 8 - Total Relays: 0**

Team Entries - All Events

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**Woodview Aquatics-ET**

**1 Naidoo, Ethan R - Male - Age: 12 - Ind/Rel: 8 / 0**

#205 Men 18&U 100 Breast Prelims	1:33.50	#207 Men 18&U 50 Back Prelims	39.20
#301 Men 18&U 100 Free Prelims	1:11.69	#305 Men 18&U 50 Breast Prelims	41.85
#313 Men 18&U 200 IM Prelims	3:13.37	#401 Men 18&U 50 Free Prelims	31.14
#405 Men 18&U 200 Breast Prelims	3:23.09	#411 Men 18&U 50 Fly Prelims	40.41

**Woodview Aquatics-ET Total Individual Entries: 8 - Total Relays: 0**