

South African Open Water Swimming Calendar 2018 - 2019

SSA Approved Open Water Swimming Events

*Times recorded at these events will be regarded as 2019 SANAT OWS QT, subject to published criteria of Affiliate / District

**Recreational events are offered at all of these competitions - contact the respective Race Director for information thereof

Affiliate	Race Date	Race	Venue	Events	Contact	Telephone	Website
October							
Mpumalanga	2018/10/14	MPS Lowmed Open Water 1	Longmere Dam, White River	5km & 3km	LowMed	083 236 8208	https://lowmed.co.za/blog/
Eastern Cape Aquatics	2018/10/14	E Cape Swim Series 1	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	https://www.zsports.co.za/ecswim
North West	2018/10/20	Diskem Sun City Mile	Sun City Resort	3km	In Motion Event Management	033 341 0790	https://www.midmarmile.co.za/seeding-events/
Eastern Cape Aquatics	2018/10/28	E Cape Swim Series 2	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	https://www.zsports.co.za/ecswim
Central Gauteng Aquatics	2018/10/28	Aqua Athlete Challenge 1	Cradle Moon, Muldersdrift	3km	Red Hub Events	084 453 8880	https://www.redhub-events.com
November							
Mpumalanga	2018/11/04	MPS Lowmed Open Water 2	Longmere Dam, White River	10km & 5km & 3km	LowMed	083 236 8208	https://lowmed.co.za/blog/
Central Gauteng Aquatics	2018/11/11	CGA OWS 1	Stoke City, Midrand	10km & 5km	Theresa Aronson	082 446 8190	www.facebook.com/CGA-Open-Water-Swimming
Central Gauteng Aquatics	2018/11/25	Cradle Moon Challenge	Cradle Moon, Muldersdrift	3km	In Motion Event Management	033 341 0790	https://www.midmarmile.co.za/seeding-events/
Eastern Cape Aquatics	2018/11/25	E Cape Swim Series 3	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	https://www.zsports.co.za/ecswim
December							
Kwa Zulu Natal	2018/12/01	KZNA OWS Championships	Midmar Dam, Howick	10km, 5km	Penguins ASC	072 729 6559	http://www.penguinssc.co.za/
Kwa Zulu Natal	2018/12/02	KZNA OWS Championships	Midmar Dam, Howick	3km	Penguins ASC	072 729 6559	http://www.penguinssc.co.za/
Western Cape Aquatics	2018/12/16	Lamond Open Water Swim	Lamond Wine Estate, Gaansbaai	3km	Scuttle Events	079 717 6732	https://scuttle.co.za/scuttle-events/open-water-swim/
Western Cape Aquatics	2018/12/16	OWS Boschendal Challenge	Boschendal Wine Estate	3km, 5km & 10km	Irma Come'	021 380 6600	
January							
SSA / Mpumalanga	2019/01/05	Grand Prix Open Water	Longmere Dam, White River	10km	SSA	SSA via Affiliate	www.swimsa.org
SSA / Mpumalanga	2019/01/06	Grand Prix Open Water	Longmere Dam, White River	5km	SSA	SSA via Affiliate	www.swimsa.org
Free State Aquatics	2019/01/12	Kovsies Open Water 2019	Maselspoort Resort, Bloemfontein	5km	Marco Markgraaf	082 491 0081	TBC
Free State Aquatics	2019/01/13	Kovsies Open Water 2019	Maselspoort Resort, Bloemfontein	3km	Marco Markgraaf	082 491 0081	TBC
Eastern Gauteng Aquatics	2019/01/13	Ebotsie Mile	Rynfield Dam, Benoni	3km	Willie Vorster	082 563 9283	http://www.easterngautengaquatics.co.za
Eastern Cape Aquatics	2019/01/13	E Cape Swim Series 4	Marina Martinique, Jbay	10km, 7.5km, 5km & 3km	Greg Tucker	084 580 8276	https://www.zsports.co.za/ecswim
Central Gauteng Aquatics	2019/01/19	Lake Heritage Water Festival	Cradle Moon, Muldersdrift	5km	In Motion Event Management	033 341 0790	https://www.midmarmile.co.za/seeding-events/
Mpumalanga	2019/01/20	MPS Lowmed Open Water 3	Longmere Dam, White River	5km & 3km	LowMed	083 236 8208	https://lowmed.co.za/blog/
Central Gauteng Aquatics	2019/01/20	Lake Heritage Water Festival	Cradle Moon, Muldersdrift	3km	In Motion Event Management	033 341 0790	https://www.midmarmile.co.za/seeding-events/
Aquatics Gauteng	2019/01/26	Gauteng Challenge	Homestead Dam, Benoni	10km, 5km	Willie Vorster	082 563 9283	http://www.easterngautengaquatics.co.za
Eastern Cape Aquatics	2019/01/26	E Cape OWS Championships	Marina Martinique, Jbay	10km & 3km	Greg Tucker	084 580 8276	https://www.zsports.co.za/ecswim
Aquatics Gauteng	2019/01/27	Gauteng Challenge	Homestead Dam, Benoni	3km	Willie Vorster	082 563 9283	http://www.easterngautengaquatics.co.za
Eastern Cape Aquatics	2019/01/27	E Cape OWS Championships	Marina Martinique, Jbay	5km & 4 x 1.25 Relay	Greg Tucker	084 580 8276	https://www.zsports.co.za/ecswim
February							
Mpumalanga	2019/02/03	MPS Lowmed Open Water 4	Witbank Dam	5km & 3km	LowMed	083 236 8208	https://lowmed.co.za/blog/
Western Cape Aquatics	2019/02/03	Western Cape OWS Championships	Benguela Cove, Hermanus	10km, 5km & 3km	Anwar Rinquest	082 770 8627	https://www.facebook.com/WCapeAquatics/
North West	2019/02/03	Platinum Mile	Buffelspoort Resort, Magaliesburg	3km & Mile (1,6km)	Di Williamson	083 254 3628	https://www.facebook.com/PlatinumMileSwim/
Kwa Zulu Natal	2019/02/11	aQuella Midmar Mile	Midmar Dam, Howick	5km International Invitation	In Motion Event Management	033 341 0790	https://www.midmarmile.co.za/
CANA	2019/02/17	CANA Zone IV OWS Championships	Windhoek, Namibia	5km, 3km & 4 x 1.25	SSA	SSA via Affiliate	www.swimsa.org
Eastern Gauteng Aquatics	2019/01/17	Bennies Mile	Germiston Lake	3km	TBC		
Western Cape Aquatics	2019/02/17	Sanlam Cape Mile	Gabouw Dam, Grabouw	1 Mile	Stilwater Sports	082 991 0045	http://www.stilwatersports.com/event/cape-mile/
Free State	2019/02/26	Sterkfontien	Sterkfontien Dam	3km	Willie Vorster	082 563 9283	http://www.sterkfonteinsswim.co.za/
March							
SSA / E Cape Aquatics	2019/03/02	SA National OWS Championships	Marina Martinique, Jbay	10km, 3km & 4 x 1.25km Relay	SSA	SSA via Affiliate	www.swimsa.org
SSA / E Cape Aquatics	2019/03/03	SA National OWS Championships	Marina Martinique, Jbay	5km	SSA	SSA via Affiliate	www.swimsa.org
Central Gauteng Aquatics	2018/03/13	Aqua Athlete Challenge 2	Cradle Moon, Muldersdrift	5km & 3km	Red Hub Events	084 453 8880	
April							
Central Gauteng Aquatics	2018/03/28	Aqua Athlete Challenge 3	Cradle Moon, Muldersdrift	5km & 3km	Red Hub Events	084 453 8880	